

Programme

比賽賽程



HONG KONG AMATEUR SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2018-19 Long Course Masters Swimming Competition (Part 2)

二零一八至一九年長池先進游泳比賽第二部份

6 May 2018 (Sun)

二零一八年五月六日(日)

Tung Chung Swimming Pool

東涌游泳池

Subvented by the LCSD



2018-2019 MSLCP2 - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 200 IM	35
2	Women 200 IM	20
3	Men 100 Breaststroke	52
4	Women 100 Breaststroke	35
5	Men 50 Freestyle	84
6	Women 50 Freestyle	57
7	Men 100 Backstroke	58
8	Women 100 Backstroke	28
9	Men 50 Butterfly	83
10	Women 50 Butterfly	49
11	Men 200 Medley Relay	41
12	Women 200 Medley Relay	25
13	Men 50 Breaststroke	77
14	Women 50 Breaststroke	50
15	Men 200 Freestyle	73
16	Women 200 Freestyle	29
17	Men 200 Freestyle Relay	41
18	Women 200 Freestyle Relay	26

Total

863

Entry information by Day		
Day / Session	No. of Entries	Total
A.M.	369	863
P.M.	494	

Long Course Masters Swimming Competition – Part 2
長池先進游泳比賽 – 第二部份

Date: 06-05-2018 (Sunday)

Venue: Tung Chung Swimming Pool 東涌游泳池

Morning Warm up/熱身: 0900 – 0950 Hrs

Morning First Event/開始: 1000 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN				WOMEN	
1	200 M	Individual Medley	個人四式	2	
3	100 M	Breaststroke	蛙泳	4	
5	50 M	Freestyle	自由泳	6	
7	100 M	Backstroke	背泳	8	
Lunch Break 午膳時間					
9	50 M	Butterfly	蝶泳	10	
11	4 x 50 M	Medley Relay	四式接力	12	
13	50 M	Breaststroke	蛙泳	14	
15	200 M	Freestyle	自由泳	16	
17	4 x 50 M	Freestyle Relay	自由接力	18	

二零一八至一九年香港先進游泳比賽系列

比賽規程

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2018-2019 年度先進組別泳員。2018-19 年註冊費為港幣\$100 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 長池比賽：每名泳員可參加不多於 3 項個人項目。 ◇ 短池比賽：每名泳員可參加不多於 3+1 項個人項目。（其中一項必須為二十五米個人項目） ◇ 每項報名費為港幣\$12 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每項報名費為港幣\$20 元正。 <p>支票請劃線，抬頭寫 HKASA。</p>
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於 比賽截止報名 21 日 前辦妥。(以泳總的公佈為準)
項目：	請參閱項目表。 所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 接力名單須於每節開賽前遞交。 ◇ 每次“缺席”的罰款為港幣\$10 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。
線道安排：	◇ 如有需要，不同的年齡及性別亦會安排一起以免剩餘一人作賽。
獎項：	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ *個人項目前八名可分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分 ◇ *接力首八名得分為 18,14, 12, 10, 8, 6, 4, 2。(年齡 18-24 組除外) ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。
規則：	<ul style="list-style-type: none"> ◇ 比賽採用國際泳聯的規則。 ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF”(未能完成比賽)。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。

	<p>◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下：</p> <p><u>第一次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。</p> <p><u>第二次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。</p> <p><u>第三次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。</p> <p><u>違規記錄於一個財政年度清算(由4月1日起至3月31日)</u></p>
上訴：	<p>◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的30分鐘內，連同上訴費港幣\$200元遞交予總裁判。</p> <p>◇ 上訴會交由該比賽之上訴委員會作決定。</p> <p>◇ 若上訴被駁回，已繳費用概不發還。</p>

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2018-19

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ All competitors must be 2018-19 registered masters (MS) swimmers of HKASA (2018-19 Registration Fee: HK\$100 per swimmer) ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2017-18 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKASA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ Each swimmer is limited to no more than 3 individual events for Long Course Competitions ※ Each swimmer is limited to no more than 3+1 individual events for Short Course Competitions (At least ONE 25m individual event is required) ※ HK\$12 per individual event <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ HK\$20 per team per relay event. <p>Paid by cheque. Crossed cheque made payable to 'HKASA'.</p>
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKASA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKASA)
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<ul style="list-style-type: none"> ※ Age is calculated as at 31 December of the year of the competition. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399

Scratches	<ul style="list-style-type: none"> ※ Scratches must be submitted 30 minutes before the scheduled start time of each session. ※ Relay entry form must be submitted before the scheduled start time of each session. ※ A fine of \$10 will be charged for each "no show". Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.
Seeding	<ul style="list-style-type: none"> ※ When necessary, different age will be seeded together so that no one will swim alone.
Awards	<ul style="list-style-type: none"> ※ Medals will be awarded to 1st, 2nd and 3rd places. ※ *Point score for first 8 places respectively (exclude Age 18-24 Group): Individual: 9 7 6 5 4 3 2 1 Relay: 18 14 12 10 8 6 4 2 ※ *Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.
Rules	<ul style="list-style-type: none"> ※ FINA rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish). ※ Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards. ※ Swimmers shall not replace the swimmers on the swimmers list without HKASA's permission, represented clubs will be punished as follows:- <u>First time of violation</u> A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given. <u>Second time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women's relay events will not be given. <u>Third time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events

	<p>during the competition will not be given and respective club shall be suspended from the next competition.</p> <p><i><u>Violation would be counted within one financial year, i.e. (starting from 1st April and ending 31st March)</u></i></p>
<p>Protest</p>	<ul style="list-style-type: none"> ※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※ If the protest is rejected, the fee paid will be forfeited to the HKASA.

* Not apply to Overseas Competitors.

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 1 - 25/3/2018)

MEN 50M FREESTYLE	NAME OF MEET				DATE ACHIEVED
LEE MING	SFC	85-89	0:46.70	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
LEE MING	SFC	80-84	0:41.01	Spring Masters Swimming Championships 2010	06-Mar-10
FU TAI CHUN	KTS	75-79	0:33.94	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
TIN SHEUNG KWAI	NWC	70-74	0:30.07	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
TIN SHEUNG KWAI	KTS	65-69	0:29.72	Annual Long Course Masters Swimming Championships	23-Nov-14
FU TAI CHUN	KTS	60-64	0:27.95	Summer Masters Swimming Championships 1999	19-Jun-99
FU TAI CHUN	KTS	55-59	0:28.02	Spring Masters Swimming Championships 1997	22-Mar-97
RUST STEFAN ROBERT	LRC	50-54	0:25.80	FINA World Masters Championships 2017	17-Aug-17
RUST STEFAN ROBERT	LRC	45-49	0:26.47	FINA World Masters Championships 2014	10-Aug-14
<u>NORTJE, CRAIG ANDREW</u>	<u>CKW</u>	<u>40-44</u>	<u>0:25.42</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
WONG KWOK WAH	SCA	35-39	0:24.80	Summer Masters Swimming Championships 2000	27-May-00
FU WING HARBETH	KTS	30-34	0:24.31	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
KONG CHUN YIN	FWC	25-29	0:24:11	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
CHANG GERRY JIUN YIH	KTS	18-24	0:24:17	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M FREESTYLE	NAME OF MEET				DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	0:52.94	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
OTSUKA YUKO	SGC	75-79	0:42.67	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
WONG JIM	KTS	70-74	0:44.83	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
WANG LI	*WA	65-69	0:37.61	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17
WANG LI	*WA	60-64	0:36.19	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
TSANG NGA WAH	SGC	55-59	0:34.71	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
COGGINS LYNDA ANNE	LRC	50-54	0:30.65	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
COGGINS LYNDA ANNE	LRC	45-49	0:30.59	FINA World Masters Championships 2012	13-Jun-12
KELSEY JANE MACFARLAND	LRC	40-44	0:28.88	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	0:28.65	FINA World Masters Championships 2014	10-Aug-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:28.96	16th FINA World Masters Championships 2015 in Kazan	14-Aug-15
SETO WING YAN	NWC	25-29	0:29.28	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
YUEN SHUK WAI	SFC	18-24	0:28.52	Annual Long Course Masters Swimming Championships	23-Nov-14

MEN 100M FREESTYLE	NAME OF MEET				DATE ACHIEVED
LEE MING	SFC	85-89	1:49.14	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
LEE MING	SFC	80-84	1:38.42	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
TZENG TEH REN	SGC	75-79	1:23.46	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	1:14.18	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
FU TAI CHUN	KTS	65-69	1:08.31	Annual Masters Swimming Championships 2002	31-Aug-02
FU TAI CHUN	KTS	60-64	1:04.39	Spring Masters Swimming Championships 1998	21-Mar-98
MA ETIENNE	YMC	55-59	1:03.62	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
RUST STEFAN ROBERT	LRC	50-54	0:58.29	FINA World Masters Championships 2017	15-Aug-17
RUST STEFAN ROBERT	LRC	45-49	0:59.62	FINA World Masters Championships 2014	10-Aug-14
WOODRING DOUGLAS	CPS	40-44	0:58.99	Annual Masters Swimming Championships 2005	27-Aug-05
NORTJE CRAIG ANDREW	VRC	35-39	0:56.13	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
BEAHAN, GRANT KENNETH	BSC	30-34	0:56.01	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
FU WING HARBETH	KTS	25-29	0:54.16	Annual Masters Swimming Championships 2006	26-Aug-06
KONG CHUN YIN	HVA	18-24	0:54.18	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

WOMEN 100M FREESTYLE	NAME OF MEET				DATE ACHIEVED
MAK SUET MAN	SGC	80-84	2:23.43	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
WONG JIM	SFC	75-79	1:58.17	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
WONG JIM	KTS	70-74	1:49:60	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11
SUEN MING CHU	SFC	65-69	1:37.41	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
<u>TSEUNG NGA WAH</u>	<u>SFC</u>	<u>60-64</u>	<u>1:22.04</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
ICHIKI MAMIKO	SGC	55-59	1:20.24	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
COGGINS LYNDA ANNE	LRC	50-54	1:10.99	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
<u>YAMAGUCHI MIKA</u>	<u>PSC</u>	<u>45-49</u>	<u>1:07.73</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
KELSEY JANE MACFARLAND	LRC	40-44	1:01.45	16th FINA World Masters Championships 2015 in Kazan	11-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	1:01.54	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	1:04.36	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NG KA MAN	KTS	25-29	1:02.46	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
NG KA MAN	KTS	18-24	1:02.73	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 1 - 25/3/2018)

MEN 200M FREESTYLE	NAME OF MEET					DATE ACHIEVED
LEE MING	SFC	80-84	3:46.70	2010-11 Long Course Masters Swimming Championships - Part 2		20-Jun-10
YANG YEE ZEI	NWC	75-79	3:38.31	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
POLSON IAN HASTINGS	LRC	70-74	3:07.65	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
CHAN KAM POR	SFC	65-69	2:43.01	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
CAMPBELL JOHN REID	SFC	60-64	2:40.82	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
HO ROBERT YAU CHUNG	LRC	55-59	2:24.07	FINA World Masters Championships 2014		10-Aug-14
JOHNSON ERIC ANDREW	LRC	50-54	2:14.33	FINA World Masters Championships 2014		10-Aug-14
RUST STEFAN	LRC	45-49	2:16.29	FINA World Masters Championships 2014		10-Aug-14
LILJESTROM LENNART PETER	LRC	40-44	2:08.51	FINA World Masters Championships 2017		16-Aug-17
NORTJE CRAIG ANDREW	VRC	35-39	2:05.90	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13
WANG TIMOTHY JONG	LRC	30-34	2:05.11	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
PAUL JONATHAN MATTHEW	HTA	25-29	2:13.77	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13
HUI CHUN HIN	EWS	18-24	2:06.87	2012-13 Long Course Masters Swimming Competition - Part 2		17-Jun-12

WOMEN 200M FREESTYLE	NAME OF MEET					DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	9:35.55	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
KWONG SHUET HING	LTS	75-79	5:36.17	2015-16 Long Course Masters Swimming Competition Part 2		31-May-15
NG YUNG HO	SGC	70-74	4:19.06	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
SUEN MING CHU	SGC	65-69	3:27.53	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
TSEUNG NHA WAH	SFC	60-64	3:12.00	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
TSEUNG NGA WAH	SFC	55-59	3:18.00	2016-17 Long Course Masters Swimming Competition - Part 2		24-Apr-16
COGGINS LYNDA ANNE	LRC	50-54	2:32.26	FINA World Masters Championships 2014		10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:28.14	16th FINA World Masters Championships 2015 in Kazan		12-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:13.70	16th FINA World Masters Championships 2015 in Kazan		12-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	2:13.59	FINA World Masters Championships 2014		10-Aug-14
MORRISON RUTH	LRC	30-34	2:25.29	FINA World Masters Championships 2010		31-Jul-10
NG KA MAN	KTS	25-29	2:18.17	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
LAMB ENEKA MARIE	HIS	18-24	2:16.66	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11

MEN 400M FREESTYLE	NAME OF MEET					DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	8:21.67	2016-17 Long Course Masters Swimming Competition - Part 3		12-Jun-16
POLSON IAN HASTINGS	LRC	70-74	6:57.41	2016-17 Long Course Masters Swimming Competition - Part 3		12-Jun-16
CHAN KAM POR	SFC	65-69	6:00.83	2017-18 Long Course Masters Swimming Competition - Part 3		13-Aug-17
CAMPBELL JOHN REID	SFC	60-64	5:54.18	2016-17 Long Course Masters Swimming Competition - Part 3		12-Jun-16
HO ROBERT YAU CHUNG	LRC	55-59	5:11.90	FINA World Masters Championships 2014		10-Aug-14
MA ETIENNE	YMC	50-54	5:13.38	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11
LETCHER RICHARD ROY	LRC	45-49	4:57.32	2015-16 Long Course Masters Swimming Competition - Part 3		26-Jul-15
LILJESTROM LENNART PETER FREDRIC	LRC	40-44	4:35.39	FINA World Masters Championships 2017		17-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	4:33.35	FINA World Masters Championships 2012		16-Jun-12
CHOW KEVIN TZE HO	SCA	30-34	4:49:42	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11
MATTHEW JOSEPH BELECANECH	CKW	25-29	4:46.11	2017-18 Long Course Masters Swimming Competition - Part 3		13-Aug-17
LI CHUN HONG	HTA	18-24	4:25:08	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11

WOMEN 400M FREESTYLE	NAME OF MEET					DATE ACHIEVED
NG YUNG HO	SGC	70-74	9:10.85	2014-15 Long Course Masters Swimming Competition - Part 3		10-Aug-14
SUEN MING CHU	SGC	65-69	7:13.63	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
SUEN MING CHU	SGC	60-64	7:02.63	Long Course Masters Swimming Competition - Part 3 2011		18-Sep-11
CASTKA GILLIAN HANCER	SFC	55-59	7:07:92	2015-16 Long Course Masters Swimming Competition - Part 3		26-Jul-15
COGGINS LYNDA ANNE	LRC	50-54	5:25.06	16th FINA World Masters Championships 2015 in Kazan		16-Aug-15
PAZOS CHRISTENA MARIA	LRC	45-49	5:30.02	2016-17 Long Course Masters Swimming Competition - Part 3		12-Jun-16
KELSEY JANE MACFARLAND	LRC	40-44	4:44.60	16th FINA World Masters Championships 2015 in Kazan		16-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	4:41.52	FINA World Masters Championships 2014		10-Aug-14
BARNES RUTH	LRC	30-34	5:04.92	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
CARPENTER LINH THUC LUONG	LRC	25-29	5:12.71	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
MAU LOK YAN EUNICE	CUC	18-24	5:06.39	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11

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LONG COURSE

(Update to Long Course Masters Swimming Competition Part 1 - 25/3/2018)

MEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	16:56.67	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
POLSON IAN HASTINGS	LRC	70-74	14:07.92	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
CHAN KAM POR	SFC	65-69	12:39.07	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CAMPBELL, JOHN REID	SFC	60-64	12:25.78	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
<u>SAKA TOSHIYUKI</u>	<u>SGC</u>	<u>55-59</u>	<u>10:38.21</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
SAKA TOSHIYUKI	SGC	50-54	10:41.17	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
<u>LILJESTROM LENNART, PETER FREDRIC</u>	<u>LRC</u>	<u>45-49</u>	<u>9:47.75</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
LILJESTROM LENNART, PETER FREDIC	LRC	40-44	9:30.23	FINA World Masters Championships 2017	14-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	9:28.64	FINA World Masters Championships 2012	10-Jun-12
WANG TIMOTHY JONG	LRC	30-34	9:43.41	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG HO LONG	NWC	25-29	10:19.48	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TSE HON TING	LWS	18-24	8:53.89	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

WOMEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEUNG MABEL YUEN YING	SFC	75-79	21:40.55	2017-18 Long Course Masters Swimming Competition Part 1	26-Mar-17
<u>SUEN MING CHU</u>	<u>SFC</u>	<u>70-74</u>	<u>16:02.36</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
SUEN MING CHU	SFC	65-69	13:11.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
SUEN MING CHU	SGC	60-64	14:45.72	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>12:32.89</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
COGGINS LYNDA ANNE	LRC	50-54	11:48.01	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KWOH DICK YUEN MARY	FFA	45-49	10:54.55	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KELSEY JANE MACFARLAND	LRC	40-44	9:42.82	16th FINA World Masters Championships 2015 in Kazan	10-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	9:48.87	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	10:53.53	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
CARPENTER LINH THUC LUONG	LRC	25-29	10:50.58	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
LAU SZE WING	HTA	18-24	10:22.03	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

MEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
MAK HEI CHI	SGC	85-89	1:05.35	2012-13 Long Course Masters Swimming Competition - Part 3	19-Aug-12
CHEUNG TSAN	SFC	80-84	0:56.40	Annual Long Course Masters Swimming Championships	23-Nov-14
TZENG TEH REN	SGC	75-79	0:43.53	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
<u>TIN SHEUNG KWAI</u>	<u>NWC</u>	<u>70-74</u>	<u>0:38.52</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
TIN SHEUNG KWAI	SFC	65-69	0:35.70	FINA World Masters Championships 2014	10-Aug-14
WONG KEUNG LAP	KRS	60-64	0:34.93	Annual Masters Swimming Championships 1997	13-Sep-97
HO ROBERT YAU CHUNG	LRC	55-59	0:32.57	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	0:30.97	FINA World Masters Championships 2017	20-Aug-17
SAKA TAIHEI	SGC	45-49	0:30.37	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
LILJESTROM LENNART PETER FREDRIC	LRC	40-44	0:32.00	FINA World Masters Championships 2017	18-Aug-17
NORTJE CRAIG ANDREW	VRC	35-39	0:30.38	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
BRADFORD LORD DILY	HMA	30-34	0:29.89	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SIU WAI WAN DEREK	KHC	25-29	0:29.76	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
KONG CHUN YIN	HVA	18-24	0:28.97	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	1:09.10	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
WONG JIM	SFC	75-79	0:55.07	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
WONG JIM	KTS	70-74	0:54.72	Annual Long Course Masters Swimming Championships	23-Nov-14
CHENG MIN	SFC	65-69	0:50.29	Spring Masters Swimming Championships 2006	25-Mar-06
LO LAI YING	NWC	60-64	0:48.32	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TSEUNG NGA WAH	SFC	55-59	0:45:08	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
COGGINS LYNDA ANNE	LRC	50-54	0:35.58	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
LAKE AMBER ROBYN	LRC	45-49	0:35.08	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
LAKE AMBER ROBYN	LRC	40-44	0:35.33	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	0:34.04	Annual Long Course Masters Swimming Championships	23-Nov-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.81	FINA World Masters Championships 2014	10-Aug-14
CARPENTER LINH THUC LUONG	LRC	25-29	0:33.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG YEE CHING	SLA	18-24	0:33.45	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

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(Update to Long Course Masters Swimming Competition Part 1 - 25/3/2018)

MEN 100M BACKSTROKE	NAME OF MEET					DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	2:21.27	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
LAM LIT KWAN	SFC	75-79	1:56.76	2016-17 Long Course Masters Swimming Competition Part 2		24-Apr-16
LAM LIT KWAN	SFC	70-74	1:49.12	2015-16 Long Course Masters Swimming Competition Part 2		31-May-15
TIN SHEUNG KWAI	SFC	65-69	1:23.65	FINA World Masters Championships 2014		10-Aug-14
CHAN KAM POR	SFC	60-64	1:30.98	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13
HO ROBERT YAU CHUNG	LRC	55-59	1:11.73	FINA World Masters Championships 2014		10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	1:08.09	FINA World Masters Championships 2017		19-Aug-17
RUST STEFAN ROBERT	LRC	45-49	1:10.24	2016-17 Long Course Masters Swimming Competition Part 2		24-Apr-16
LILJESTROM LENNART PETER FREDRIC	LRC	40-44	1:10.98	16th FINA World Masters Championships 2015 in Kazan		15-Aug-15
NORTJE CRAIG ANDREW	VRC	35-39	1:06.66	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
SUN FAT YEE DAVID	FWC	30-34	1:09.95	2012-13 Long Course Masters Swimming Competition - Part 2		17-Jun-12
WANG HU	*WA	25-29	1:06.32	2010-11 Long Course Masters Swimming Championships - Part 2		20-Jun-10
CHOI DERRICK CHRISTOPHER	LRC	18-24	1:02.10	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13

WOMEN 100M BACKSTROKE	NAME OF MEET					DATE ACHIEVED
WONG JIM	SFC	75-79	2:13.75	2016-17 Long Course Masters Swimming Competition Part 2		24-Apr-16
WONG JIM	KTS	70-74	2:12.88	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11
SUEN MING CHU	SFC	65-69	1:53.27	2016-17 Long Course Masters Swimming Competition Part 2		24-Apr-16
LO LAI YUNG	NWC	60-64	1:45.15	2015-16 Long Course Masters Swimming Competition Part 2		31-May-15
BAI XIUFEN	*WA	55-59	1:36.84	2010-11 Long Course Masters Swimming Championships - Part 2		20-Jun-10
COGGINS LYNDA ANNE	LRC	50-54	1:17.38	16th FINA World Masters Championships 2015 in Kazan		15-Aug-15
LAKE AMBER ROBYN	LRC	45-49	1:19.43	FINA World Masters Championships 2017		19-Aug-17
KELSEY JANE MACFARLAND	LRC	40-44	1:13.75	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	1:14.06	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
CARPENTER LINH THUC LUONG	LRC	30-34	1:11.37	16th FINA World Masters Championships 2015 in Kazan		15-Aug-15
CARPENTER LINH THUC LUONG	LRC	25-29	1:14.07	FINA World Masters Championships 2012		15-Jun-12
LAMB ENEKA MARIE	HIS	18-24	1:11.36	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11

MEN 50M BREASTSTROKE	NAME OF MEET					DATE ACHIEVED
LEE MING	SFC	85-89	1:06.71	Annual Long Course Masters Swimming Championships 2017		25-Nov-17
CHAN KAM	SFC	80-84	0:54.52	Annual Masters Swimming Championships 2009		18-Oct-09
FU TAI CHUN	KTS	75-79	0:49.01	2012-13 Long Course Masters Swimming Competition - Part 2		17-Jun-12
<u>TIN SHEUNG KWAI</u>	<u>NWC</u>	<u>70-74</u>	<u>0:42.33</u>	<u>2017-18 Long Course Masters Swimming Competition Part 1</u>		<u>25-Mar-18</u>
YONG KHIN SYN	SFC	65-69	0:37.84	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
FU TAI CHUN	KTS	60-64	0:36.61	Annual Masters Swimming Championships 1998		12-Sep-98
WONG LUN KWOK	SFC	55-59	0:35.10	Annual Masters Swimming Championships 2002		31-Aug-02
WAN LAP SUN	FWC	50-54	0:34.83	2015-16 Long Course Masters Swimming Competition Part 1		20-Mar-16
<u>COOPER, KENNETH ALLEN</u>	<u>PSC</u>	<u>45-49</u>	<u>0:32.70</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>		<u>25-Mar-18</u>
WAN LAP SUN	FWC	40-44	0:33.00	Spring Masters Swimming Championships 2006		25-Mar-06
<u>LO JONATHAN KA YAN</u>	<u>LRC</u>	<u>35-39</u>	<u>0:31.56</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>		<u>25-Mar-18</u>
WAN LAP SUN	KTS	30-34	0:31.11	Summer Masters Swimming Championships 1998		13-Jun-98
GLASSMAN ZACHARY	LRC	25-29	0:30.66	2011-12 Long Course Masters Swimming Competition - Part 1		04-Mar-12
YUEN MARCUS	PSC	18-24	0:30.47	2017-18 Long Course Masters Swimming Competition - Part 3		13-Aug-17

WOMEN 50M BREASTSTROKE	NAME OF MEET					DATE ACHIEVED
HO PO YEE	LTS	80-84	1:24.02	2016-17 Long Course Masters Swimming Competition - Part 3		12-Jun-16
OTSUKA TUKO	SGC	75-79	0:56.26	2014-15 Long Course Masters Swimming Competition - Part 1		22-Mar-15
WONG JIM	KTS	70-74	0:56.59	2011-12 Long Course Masters Swimming Competition - Part 1		04-Mar-12
<u>LEUNG WONG YIN HAR HAYLEY</u>	<u>SGC</u>	<u>65-69</u>	<u>0:50.56</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>		<u>25-Mar-18</u>
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	0:47.46	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
LEUNG WAI FAN	KTS	55-59	0:38.73	2017-18 Long Course Masters Swimming Competition - Part 2		14-May-17
LEUNG WAI FAN	KTS	50-54	0:37.63	Annual Long Course Masters Swimming Championships 2015		20-Dec-15
LEUNG WAI FAN	KTS	45-49	0:39.03	Annual Masters Swimming Championships 2007		21-Jul-07
LEUNG WAI FAN	KTS	40-44	0:38.79	Spring Masters Swimming Championships 2004		13-Mar-04
NG KAM FUNG	SFC	35-39	0:34.71	Summer Masters Swimming Championships 2000		27-May-00
BARNES RUTH	LRC	30-34	0:35.23	Annual Masters Swimming Championships 2013		24-Nov-13
LEE WAI SZE	NWC	25-29	0:36.34	2016-17 Long Course Masters Swimming Competition - Part 1		26-Mar-17
LI TSZ YIU	HFS	18-24	0:35.53	Annual Masters Swimming Championships 2013		24-Nov-13

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(Update to Long Course Masters Swimming Competition Part 1 - 25/3/2018)

MEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:42.22	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
MAK HEI CHI	SGC	80-84	2:08.90	Annual Masters Swimming Championships 2008	06-Sep-08
CHAN KAM	SFC	75-79	1:55.28	Summer Masters Swimming Championships 2005	04-Jun-05
TIN SHEUNG KWAI	NWC	70-74	1:44.53	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17
CHAN KAM POR	SFC	65-69	1:26.42	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
CHAN KAM POR	SGC	60-64	1:24.95	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12
CHAN KAM POR	*HN	55-59	1:21.91	Summer Masters Swimming Championships 2008	14-Jun-08
CHAN KAM POR	KTS	50-54	1:17.66	Annual Masters Swimming Championships 2002	31-Aug-02
OROURKE GERARD	LRC	45-49	1:16.02	FINA World Masters Championships 2012	11-Jun-12
WAN LAP SUN	FWC	40-44	1:15.87	Winter Masters Swimming Championships 2008	22-Nov-08
WAN LAP SUN	FWC	35-39	1:14.78		09-Oct-02
JACOBS DAMIAN KARL	LRC	30-34	1:14.34	FINA World Masters Championships 2014	10-Aug-14
LUK WING KIN ANDY	KHC	25-29	1:10.16	Annual Long Course Masters Swimming Championships	23-Nov-14
YUEN MARCUS	PSC	18-24	1:08.54	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17

WOMEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	2:44.43	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
WONG JIM	SFC	75-79	2:09.00	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
WONG JIM	KTS	70-74	2:08.80	2012-13 Long Course Masters Swimming Competition - Part 3	19-Aug-12
SUEN MING CHU	KTS	65-69	1:51.76	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
SUEN MING CHU	SCA	60-64	1:46.35	Annual Masters Swimming Championships 2008	06-Sep-08
KAM WAI FONG	KTS	55-59	1:46.01	Summer Masters Swimming Championships 2005	04-Jun-05
COGGINS LYNDA ANNE	LRC	50-54	1:29.58	Annual Long Course Masters Swimming Championships	23-Nov-14
WONG FUNG YEE	KTS	45-49	1:26.75	Summer Masters Swimming Championships 2009	06-Jun-09
LEUNG WAI FAN	KTS	40-44	1:27.30	Spring Masters Swimming Championships 2002	16-Mar-02
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:20.17	FINA World Masters Championships 2012	11-Jun-12
BARNES RUTH	LRC	30-34	1:18.68	FINA World Masters Championships 2012	11-Jun-12
LIU KA LEI	KTS	25-29	1:22.65	Spring Masters Swimming Championships 2010	06-Mar-10
KONG YVETTE MAN YI	SCA	18-24	1:13.79	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14

MEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	5:10.49	Masters Long Course Swimming Competition Part 1	26-Jan-14
LAM LIT KWAN	LTS	75-79	4:33.83	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
<u>TIN SHEUNG KWAI</u>	<u>NWC</u>	<u>70-74</u>	<u>3:55.70</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
<u>CHAN KAM POR</u>	<u>SFC</u>	<u>65-69</u>	<u>3:19.33</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
CHAN KAM POR	SGC	60-64	3:07.34	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	55-59	2:59.17	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	50-54	2:50.25	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	45-49	2:49.64	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
<u>STAMENOVIC, IVAN</u>	<u>LRC</u>	<u>40-44</u>	<u>3:02.25</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
<u>LO JONATHAN KA YAN</u>	<u>LRC</u>	<u>35-39</u>	<u>2:47.70</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
VENDT ERIK KARL	LRC	30-34	2:42.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
GLASSMAN ZACHARY	LRC	25-29	2:23.47	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
<u>YUEN MARCUS</u>	<u>PSC</u>	<u>18-24</u>	<u>2:38.14</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>

WOMEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG SUI YING	SFC	80-84	9:51.71	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
OTSUKA YUKO	SGC	75-79	4:39.40	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
<u>SUEN MING CHU</u>	<u>SFC</u>	<u>70-74</u>	<u>4:01.57</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
SUEN MING CHU	SGC	65-69	3:58.01	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
SUEN MING CHU	SCA	60-64	3:54.41	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>3:31.49</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
COGGINS LYNDA ANNE	LRC	50-54	3:09.55	FINA World Masters Championships 2014	10-Aug-14
COGGINS LYNDA ANNE	LRC	45-49	3:14.74	FINA World Masters Championships 2012	15-Jun-12
LAKE AMBER ROBYN	LRC	40-44	3:31.46	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
NEEDHAM SUZANNE HEIZER	LRC	35-39	2:56.78	FINA World Masters Championships 2012	15-Jun-12
MORRISON RUTH	LRC	30-34	2:53.80	FINA World Masters Championships 2010	31-Jul-10
LIU KA LEI	KTS	25-29	3:05.17	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
PANG HIU KWAN	JHC	18-24	3:13.71	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12

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MEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:11.44	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
MAK HEI CHI	SGC	80-84	0:58.81	Winter Masters Swimming Championships 2008	22-Nov-08
LEE CHE KWOK	SFC	75-79	0:53.57	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
FU TAI CHUN	KTS	70-74	0:37.28	Spring Masters Swimming Championships 2007	24-Mar-07
FU TAI CHUN	KTS	65-69	0:33.66	Annual Masters Swimming Championships 2002	31-Aug-02
FU TAI CHUN	KTS	60-64	0:30.60	Summer Masters Swimming Championships 1999	19-Jun-99
HO ROBERT YAU CHUNG	LRC	55-59	0:30.04	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
WONG KWOK WAH	KHC	50-54	0:27.94	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WOODRING DOUGLAS	BSC	45-49	0:27.47	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
WOODRING DOUGLAS	CPS	40-44	0:27.75	Annual Masters Swimming Championships 2006	26-Aug-06
NORTJE CRAIG ANDREW	CKW	35-39	0:26.70	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
BEAHAN, GRANT KENNETH	BSC	30-34	0:26.54	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:26.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
KONG CHUN YIN	CUC	18-24	0:26.49	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	1:00.33	2016-17 Long Course Masters Swimming Competition - Part 2	24-Apr-16
WONG JIM	KTS	70-74	0:54:44	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11
SUEN MING CHU	SGC	65-69	0:45.64	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
WANG LI	*WA	60-64	0:40.88	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
TSEUNG NGA WAH	SFC	55-59	0:40.98	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
LEE TANYA DIANE	PSC	50-54	0:33.74	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
PAZOS CHRISTENA MARIA	LRC	45-49	0:32.96	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
KELSEY JANE MACFARLAND	LRC	40-44	0:33.10	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
KELSEY JANE MACFARLAND	LRC	35-39	0:32.49	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
CHAN WING SUET	CKW	30-34	0:31.26	2016-17 Long Course Masters Swimming Competition - Part 2	24-Apr-16
NG KA MAN	KTS	25-29	0:29.30	Annual Long Course Masters Swimming Championships	23-Nov-14
WONG YEE CHING	SGC	18-24	0:30.27	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

MEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	2:35.84	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
LAW KWAI FONG	SFC	75-79	2:13.21	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
WONG TAT CHOI	SFC	70-74	2:16.70	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
YONG KHIN SYN	SFC	65-69	1:41.99	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
YONG KHIN SYN	KTS	60-64	1:30.85	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KOO YU FAT MARCUS	FFA	55-59	1:11.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
JOHNSON ERIC ANDREW	LRC	50-54	1:04.49	FINA World Masters Championships 2014	10-Aug-14
SAKA TAIHEI	SGC	45-49	1:00.90	2013-14 Long Course Masters Swimming Competition - Part 1	04-Mar-12
<u>NORTJE, CRAIG ANDREW</u>	<u>CKW</u>	<u>40-44</u>	<u>1:00.36</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
CRAIG ANDREW NORTJE	VRC	35-39	0:59.58	FINA World Masters Championships 2014	10-Aug-14
<u>BEAHAN, GRANT KENNETH</u>	<u>BSC</u>	<u>30-34</u>	<u>0:58.66</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
WANG TIMOTHY JONG	LRC	25-29	0:59.57	FINA World Masters Championships 2012	13-Jun-12
TSANG RONNIE	SFC	18-24	1:03.24	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15

WOMEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
<u>SUEN MING CHU</u>	<u>SFC</u>	<u>70-74</u>	<u>1:56.01</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
SUEN MING CHU	SGC	65-69	1:48.29	Masters Long Course Swimming Competition Part 1	26-Jan-14
SUEN MING CHU	SCA	60-64	1:49.51	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>1:31.44</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
LEE TANYA DIANE	PSC	50-54	1:18.52	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
PAZOS CHRISTENA MARIA	LRC	45-49	1:12.50	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	1:13.55	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	1:13.49	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
<u>CHAN WING SUET</u>	<u>LRC</u>	<u>30-34</u>	<u>1:11.93</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
CHAN WING SUET	LRC	25-29	1:08.66	FINA World Masters Championships 2014	10-Aug-14
MAU LOK YAN EUNICE	CUC	18-24	1:13.91	Masters Long Course Swimming Competition Part 1	26-Jan-14

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 1 - 25/3/2018)

MEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
LAW KWAI FONG	SFC	80-84	5:10.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WONG SHIU MING	SFC	75-79	4:24.87	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	3:38.48	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
<u>CHAN KAM POR</u>	<u>SFC</u>	<u>65-69</u>	<u>3:04.42</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
CHAN KAM POR	KTS	60-64	3:01.62	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SAKA TOSHIYUKI	SGC	55-59	2:45.82	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CHAN KAM POR	KTS	50-54	2:26.14	Summer Masters Swimming Championships 2004	12-Jun-04
SAKA TAIHEI	SGC	45-49	2:23.04	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
<u>NORTJE, CRAIG ANDREW</u>	<u>CKW</u>	<u>40-44</u>	<u>2:24.19</u>	<u>2017-18 Long Course Masters Swimming Competition - Part 1</u>	<u>25-Mar-18</u>
NORTJE CRAIG ANDREW	VRC	35-39	2:20.07	FINA World Masters Championships 2014	10-Aug-14
JACOBS DAMIAN CHARLES	LRC	30-34	2:25.69	FINA World Masters Championships 2014	10-Aug-14
GLASSMAN ZACHARY	LRC	25-29	2:13.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
WONG SING TSUM DEREK	CUC	18-24	2:21.50	Annual Long Course Masters Swimming Champions 2013	24-Nov-13

WOMEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	5:35.17	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG JIM	SFC	75-79	4:49.42	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
WONG JIM	KTS	70-74	4:27.31	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
SUEN MING CHU	SGC	65-69	3:47.99	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
SUEN MING CHU	SCA	60-64	3:37.27	Winter Masters Swimming Championships 2007	27-Jan-08
ICHIKI MAMIKO	SGC	55-59	3:24.42	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
COGGINS LYNDA ANNE	LRC	50-54	2:55.65	FINA World Masters Championships 2014	10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:46.91	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:41.17	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	2:37.75	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
BARNES RUTH	LRC	30-34	2:43.55	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
CHAN WING SUET	LRC	25-29	2:36.59	FINA World Masters Championships 2014	10-Aug-14
SETO WING YAN	NWC	18-24	2:42.87	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:23.05	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SWORD FISH CLUB	SFC	280+	2:27.16	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
SWORD FISH CLUB	SFC	240+	2:05.53	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
SEA GREEN SWIMMING & LIFE SAVING CLUB	SGC	200+	1:52.52	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
LADIES' RECREATION CLUB	LRC	160+	1:41.91	FINA World Masters Championships 2017	18-Aug-17
LADIES' RECREATION CLUB	LRC	120+	1:44.88	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KWAN HUNG SWIMMING CLUB	KHC	100+	1:41.92	Annual Long Course Masters Swimming Championships 2016	18-Dec-16

WOMEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:08.62	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17
<u>SWORD FISH CLUB</u>	<u>SFC</u>	<u>240+</u>	<u>2:35.65</u>	<u>2017-18 Long Course Masters Swimming Competition Part 1</u>	<u>25-Mar-18</u>
LADIES' RECREATION CLUB	LRC	200+	2:12.67	FINA World Masters Championships 2012	14-Jun-12
LADIES' RECREATION CLUB	LRC	160+	1:58.32	16th FINA World Masters Championships 2015 in Kazan	14-Aug-15
LADIES' RECREATION CLUB	LRC	120+	1:55.57	FINA World Masters Championships 2012	14-Jun-12
KWUN TONG SWIMMING CLUB	KTS	100+	2:02.27	Winter Masters Swimming Championships 1995	09-Dec-95

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 1 - 25/3/2018)

MEN 4 X 50M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:30.63	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SWORD FISH CLUB	SFC	280+	2:40.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SWORD FISH CLUB	SFC	240+	2:19.80	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
THE HONG KONG JOCKEY CLUB	HJC	200+	2:03.19	Winter Masters Swimming Championships 1993	11-Dec-93
YMCA OF HONG KONG	YMC	160+	1:53.94	Summer Masters Swimming Championships 1996	22-Jun-96
KWAN HUNG SWIMMING CLUB	KHC	120+	1:56.00	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17
YMCA OF HONG KONG	YMC	100+	1:51.11	Spring Masters Swimming Championships 1999	20-Mar-99

WOMEN 4 X 50M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:21.30	1st Asian Masters Swimming Championships 1996	14-Sep-96
<u>SWORD FISH CLUB</u>	<u>SFC</u>	<u>240+</u>	<u>2:48.90</u>	<u>2017-18 Long Course Masters Swimming Competition Part 1</u>	<u>25-Mar-18</u>
LADIES' RECREATION CLUB	LRC	200+	2:32.48	2016-17 Long Course Master Swimming Competition - Part 2	24-Apr-16
LADIES' RECREATION CLUB	LRC	160+	2:10.35	Annual Masters Swimming Championships 1994	17-Sep-94
LADIES' RECREATION CLUB	LRC	120+	2:10.92	FINA World Masters Championships 2012	14-Jun-12
NEW WATER POLO CLUB	NWC	100+	2:23.81	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17

MIXED 4 X 50M FREESTYLE RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	2:42.24	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
LADIES' RECREATION CLUB	LRC	240+	2:16.41	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
LADIES' RECREATION CLUB	LRC	200+	1:55.82	FINA World Masters Championships 2017	18-Aug-17
LADIES' RECREATION CLUB	LRC	160+	1:52.54	FINA World Masters Championships 2017	18-Aug-17
LADIES' RECREATION CLUB	LRC	120+	1:51.40	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
NEW WATER POLO CLUB	NWC	100+	1:51.20	Annual Long Course Masters Swimming Championships 2017	25-Nov-17

Long Course Masters Swimming Competition Part 2

Reject List as at 2-5-2018

No.	Name	Event	Club	Remarks
1	Chen Yangyang	6, 10	KCD	No Reg.
2	Simon Gareth Holiday	15	PSC	No Reg.

**2018-19 Long Course Masters Swimming Comp P2 - 06-May-18
Psych Sheet**

Event 1 Men 200 LC Meter IM

18-24 MS: 2:21.50
 25-29 MS: 2:13.80
 30-34 MS: 2:25.69
 35-39 MS: 2:20.07
 40-44 MS: 2:24.19
 45-49 MS: 2:23.04
 50-54 MS: 2:26.14
 55-59 MS: 2:45.82
 60-64 MS: 3:01.62
 65-69 MS: 3:04.42

	ID#	Name	Age	Team	Seed Time
18-24					
1	16830 IAM	Yip, Ming Hei	22	YMCA OF Hong Kong	2:28.00
2	27803 B	Fan, Ka Ming	19	Current Club Ltd	2:48.51
3	35718 IAZ	Wong, Hon Leung	24	Tuen Mun S.T.	3:20.00
25-29					
1	40849 ICO	Soutoul, David Vincent Otr	27	Pacific	2:25.00
2	29833 IAZ	Chow, Chun Pui	27	Sea Green	2:50.00
30-34					
1	00100	Cheung, Siu Laam	30	Current Club Ltd	3:15.00
35-39					
1	01948 #ICZ	Tang, Ho Yuen	36	Diocesan School	3:10.00
2	40841 IAX	Tsang, Kwok Tung	39	Diocesan School	3:10.00
3	27133 #IAZ	Poon, Man Chun	37	Wong Tai Sin	4:02.50
40-44					
1	16451	Cheng, Ngai Bun	40	Kwun Tong	3:00.00
2	24603 IAZ	Hung, Ka Ming	43	YMCA OF Hong Kong	3:10.00
45-49					
1	34619 P	Liljestroem Lennart, Peter	45	LRC	2:28.18
2	27451 IAZ	Yip, Kin Man Stephen	48	Kwun Tong	3:05.00
3	28518 IAZ	Yau, Wo Fung	46	Kwun Tong	3:10.00
4	35711 IAX	Wong, Fuk Kei	49	Sword Fish Club	3:50.00
50-54					
1	35313 IAZ	Pong, Chiu Yee Dario	50	LRC	2:52.97
2	26594 IAZ	Ching, Wai Kin	54	Sword Fish Club	3:58.00
3	27869 IAZ	Lee, Kam Cheong	54	Sword Fish Club	4:00.00
4	38991 IAZ	Tong, Wing Kin	52	City East	4:09.00
55-59					
1	05191	Koo, Yu Fat Marcus	56	Flying Fish	2:48.00
2	26250 IAZ	Lau, Cho Tak	55	Lai Tsun	3:06.00
3	06336	Tse, Siu Kin	56	Sword Fish Club	3:20.00
4	32108 IAX	Chan, Kiu	56	Sword Fish Club	3:40.00
60-64					
1	06176	Wong, Kung Wan	62	Sea Green	2:50.00
2	24640 ICO	Campbell, John Reid	63	Sword Fish Club	3:20.00
3	06237	Mok, Chu Piu	61	Lai Tsun	3:28.00
4	15527	Zhou, Hao	60	Happy Valley	3:50.00
5	04500	Cheung, Ip Chor	63	Sword Fish Club	4:24.00
65-69					
1	33115 IAX	Ng, Kan Sing	65	Sword Fish Club	3:36.00
2	22182 IAZ	Ngai, Yin Leung	69	Sword Fish Club	4:33.00
3	11563	Lee, Kwok Hung	65	Sword Fish Club	4:40.00

2018-19 Long Course Masters Swimming Comp P2 - 06-May-18

Psych Sheet

65-69... (Event 1 Men 200 LC Meter IM)

4	06243 #	Koo, Choi Fat	68	Wong Tai Sin	4:45.19
70-74					
1	06274	Wong, Yau Chuen	72	Sword Fish Club	5:17.00
75-79					
1	28522 IAX	Wong, Tat Choi	77	Sword Fish Club	5:18.00
80-84					
1	15490	Law, Kwai Fong	82	Sword Fish Club	5:20.00

Event 2 Women 200 LC Meter IM

18-24 MS:	2:42.87
25-29 MS:	2:36.59
30-34 MS:	2:43.55
35-39 MS:	2:37.75
40-44 MS:	2:41.17
45-49 MS:	2:46.91
50-54 MS:	2:55.65
55-59 MS:	3:24.42
60-64 MS:	3:37.27
65-69 MS:	3:47.99

	ID#	Name	Age	Team	Seed Time
25-29					
1	01262	Mau, Lok Yan Eunice	25	Current Club Ltd	2:37.66
2	40936 IAZ	Chan, Po Yan	28	New Water Polo	4:20.00
30-34					
1	00754 #IAZ	Yam, Shu Jun	31	Current Club Ltd	4:25.00
35-39					
1	38430 #ICO	Millson, Nicole Elizabeth	35	Hong Kong Footba	3:05.00
40-44					
1	40853 IAO	Tam, Alison Mai Ling	40	Pacific	3:00.00
2	36785 IAZ	Inglis, Alexandra Sinead	43	LRC	4:15.00
3	40675 IAON	James, Georgina Frances	43	LRC	4:15.00
45-49					
1	22434 IAZ	Lee, Tak Mui	48	Lai Tsun	NT
50-54					
1	29752 IAZ	Chow, Yee Heung Liza	54	Lai Tsun	3:40.00
2	06337	Tse, Yee Wah	52	YMCA OF Hong Kong	4:10.00
55-59					
1	16533	Wong, Shun Ying	59	Sea Green	3:30.00
60-64					
1	06214 IAZN	Lui, Yuen Mei Mitra	61	Sword Fish Club	4:50.00
2	23957 IAX	Yeung, Tun Lim Lily	61	Sword Fish Club	5:10.00
3	06127	Lau, Wai Lin	62	New Water Polo	5:20.00
65-69					
1	06147	Leung Wong, Yin Har Hayl	66	Sea Green	3:30.00
70-74					
1	02365	Chow, So Kam	73	Kwun Tong	3:30.00
2	06357	Suen, Ming Chu	70	Sword Fish Club	3:52.00
3	30506 IAX	Li, Hoi Ying	70	Sword Fish Club	5:30.00
4	08936	Leong, Kuai Heng	72	New Water Polo	6:56.85
75-79					
1	05241	Ng, Yung Ho	75	Sea Green	3:50.00

**2018-19 Long Course Masters Swimming Comp P2 - 06-May-18
Psych Sheet**

Event 3 Men 100 LC Meter Breaststroke

18-24 MS: 1:08.54
 25-29 MS: 1:10.16
 30-34 MS: 1:14.34
 35-39 MS: 1:14.78
 40-44 MS: 1:15.87
 45-49 MS: 1:16.02
 50-54 MS: 1:17.66
 55-59 MS: 1:21.91
 60-64 MS: 1:24.95
 65-69 MS: 1:26.42

ID#	Name	Age	Team	Seed Time
18-24... (Event 3 Men 100 LC Meter Breaststroke)				
1	25490 IAZ	Lip, Kin Kwan	23 New Water Polo	1:19.00
2	08003 B	Lam, Chun Kit	23 Tuen Mun	1:19.42
3	27803 B	Fan, Ka Ming	19 Current Club Ltd	1:26.86
25-29				
1	02591	Luk, Wing Kin Andy	29 Kwan Hung	1:07.38
2	01018	Tam, Wing Chung	26 Kwun Tong	1:15.00
3	02766 IBZ	Ma, Siu Chun Jason	27 Flying Fish	1:25.00
30-34				
1	00095	Wan, Tsz Pat	31 Current Club Ltd	1:21.37
35-39				
1	08964	Yeung, Wai Kam William	35 Happy Valley	1:40.00
2	40834 IAZ	Chang, His Tse JosephJere	39 Diocesan School	1:50.00
3	38433 IAZ	Chi, Siu Kei	35 Sea Green	1:50.00
4	03796 ICZ	Chan, Pui Kei	37 New Water Polo	3:00.00
40-44				
1	24603 IAZ	Hung, Ka Ming	43 YMCA OF Hong Kong	1:35.00
2	16451	Cheng, Ngai Bun	40 Kwun Tong	1:40.00
3	40837 IAZ	Lau, Wai Kin Kelvin	43 Diocesan School	1:55.00
4	40860 IAZ	Cheng, Cho Chuen	40 Sword Fish Club	1:58.00
45-49				
1	38128	Cooper, Kenneth Allen	49 Pacific	1:10.00
2	25112 IAO	Cheung Alexander, Howart	47 LRC	1:21.00
3	28518 IAZ	Yau, Wo Fung	46 Kwun Tong	1:28.00
4	20243 IAZ	Lo, Moon Kei	48 Sea Green	1:50.00
5	26317 IAZN	Tung, Shang Wei Timothy	48 Kwun Tong	2:28.00
6	04184	Woo, Siu Ming William	47 Sword Fish Club	2:30.00
50-54				
1	18856 IAZ	Au, Mun Shing	53 Sword Fish Club	1:22.00
2	38991 IAZ	Tong, Wing Kin	52 City East	1:42.00
3	27869 IAZ	Lee, Kam Cheong	54 Sword Fish Club	1:46.00
4	40836 IAZ	Ho, Kwok Chung Anthony	53 Diocesan School	2:00.00
5	40845 IAZ	Pang, Wai Man Billy	53 Diocesan School	2:00.00
6	40839 IAZ	Leung, Wing Hang Michae	53 Diocesan School	2:05.00
55-59				
1	32108 IAX	Chan, Kiu	56 Sword Fish Club	1:36.00
2	26176 IAX	Ho, Chung Man	55 Lai Tsun	1:40.00
3	37048 IAZ	Cheung, Wai Chuen Jimmy	55 Sword Fish Club	1:48.00
4	25226 IAZ	Choi, Tai Wing	57 Sword Fish Club	1:55.00
5	20247 ICX	Wai, Chris Tak Wing	58 New Water Polo	2:59.00

2018-19 Long Course Masters Swimming Comp P2 - 06-May-18**Psych Sheet****60-64... (Event 3 Men 100 LC Meter Breaststroke)**

1	36553 #IAO	Inglis, Peter	64	Hong Kong Footba	1:28.00
2	06176	Wong, Kung Wan	62	Sea Green	1:30.00
3	06281	Fung, Kam Tai	63	Sword Fish Club	1:38.00
4	15527	Zhou, Hao	60	Happy Valley	1:40.00
5	35236 IAZ	Chan, Pui Ming Sunny	64	Sword Fish Club	1:50.00
65-69					
1	06382	Chan, Kam Por	66	Sword Fish Club	1:28.00
2	30201 IAZ	Fan, Yat Ping	66	New Water Polo	1:38.00
3	04504	Yura, Tadami	66	Sword Fish Club	1:38.00
4	14035	Wong, Shing Kuen	65	Lai Tsun	1:45.00
5	06243 #	Koo, Choi Fat	68	Wong Tai Sin	1:52.33
6	11563	Lee, Kwok Hung	65	Sword Fish Club	1:54.00
7	22182 IAZ	Ngai, Yin Leung	69	Sword Fish Club	2:06.00
8	23123 IAZ	Poon, Wai	66	Sword Fish Club	2:15.00
70-74					
1	06383	Dew, Yuk Kwei	71	Kwun Tong	1:43.00
2	24246 IAX	Yip, Chi Shing	73	Sword Fish Club	1:46.00
3	10274	Lau, Chun Nung	72	Lai Tsun	1:50.00
75-79					
1	27135 IAX	Lam, Lit Kwan	77	Lai Tsun	2:02.00
80-84					
1	23925 IAZ	Ho, Shui Kong	83	Sword Fish Club	2:30.00
2	17832 IAX	Chan, Sau	81	Sword Fish Club	3:10.00
85-89					
1	06238	Lee, Ming	88	Sword Fish Club	2:40.00

Event 4 Women 100 LC Meter Breaststroke

18-24 MS:	1:13.79
25-29 MS:	1:22.65
30-34 MS:	1:18.68
35-39 MS:	1:20.17
40-44 MS:	1:27.30
45-49 MS:	1:26.75
50-54 MS:	1:29.58
55-59 MS:	1:46.01
60-64 MS:	1:46.35
65-69 MS:	1:51.76

	ID#	Name	Age	Team	Seed Time
18-24					
1	20104 IAZ	Koo, Man Yan	19	Kwun Tong	1:30.00
2	31023 IAZ	Cheung, Ka Yu	21	New Water Polo	1:45.00
25-29					
1	01262	Mau, Lok Yan Eunice	25	Current Club Ltd	1:22.85
2	28004 IAZ	Kwan, Ka Wan	25	Happy Valley	1:42.00
30-34					
1	03947	Chan, Pui Yan	34	Marlins	1:40.00
2	13384 ICZ	Lee, May Sze Mei	31	New Water Polo	2:15.00
35-39					
1	08977	Ho, Yee Yun Rosalind	39	Current Club Ltd	1:43.37
2	39979 IAZ	Lam, Ling Wai Jessica	39	Lai Tsun	1:53.41
3	06732 IAZ	Chan, Sin Jon Kimmy	39	Sword Fish Club	2:00.00
4	40743 IAZ	Chiu, Hoi Yung	35	Lai Tsun	NT

2018-19 Long Course Masters Swimming Comp P2 - 06-May-18**Psych Sheet****40-44... (Event 4 Women 100 LC Meter Breaststroke)**

1	33036 ICO	Coleman, Claire Michelle	40 Pacific	1:32.00
45-49				
1	35772 IAX	Ban, Xianhai	46 New Water Polo	1:45.00
2	36840 IAZ	Chung, Ching Han Anna	46 Sea Green	1:50.00
3	06349	Ip, Oi Wa Wendy	46 Sword Fish Club	1:59.00
50-54				
1	39092 I	Chan, Chok Wa	51 Sword Fish Club	1:33.00
2	23588 IAZ	Lee, Ying Chi	50 Happy Valley	1:50.00
3	16303	Rana, Naomi	52 LRC	1:52.99
4	38289 IAZ	Ng, Wai Lin Angie	54 Sword Fish Club	2:10.00
55-59				
1	26049 IAZ	Kirkwood, Tain Mhaira	55 LRC	1:36.74
2	06983	Lo, Wai Fong	59 Sword Fish Club	1:48.00
3	31755 IAZ	Woo, Wing Fong Cinderell	59 Lai Tsun	1:58.00
4	16533	Wong, Shun Ying	59 Sea Green	2:00.00
5	34668 IAZ	Tang, Pik Ha	58 New Water Polo	2:07.00
6	24216 IAZ	Li, Chuk Ping	56 Sword Fish Club	2:16.00
7	20001 IAZ	Leung, Siu Ling	58 Kwun Tong	2:16.00
60-64				
1	14020	Poon, Wai Fun	61 Sea Green	1:50.00
2	02711 #	Fok, Wai Fung	60 Wong Tai Sin	1:58.27
3	23957 IAX	Yeung, Tun Lim Lily	61 Sword Fish Club	2:10.00
4	06127	Lau, Wai Lin	62 New Water Polo	2:30.00
65-69				
1	06147	Leung Wong, Yin Har Hayl	66 Sea Green	1:50.00
2	39357	Mak, Sok Iun	68 Sword Fish Club	1:55.00
70-74				
1	30506 IAX	Li, Hoi Ying	70 Sword Fish Club	2:10.00
2	08936	Leong, Kuai Heng	72 New Water Polo	3:16.52
75-79				
1	05241	Ng, Yung Ho	75 Sea Green	2:20.00
85-89				
1	06375	Chan, Wai Kiang	85 Kwun Tong	2:50.00

Event 5 Men 50 LC Meter Freestyle

18-24 MS:	24.17
25-29 MS:	24.11
30-34 MS:	24.31
35-39 MS:	24.80
40-44 MS:	25.42
45-49 MS:	26.47
50-54 MS:	25.80
55-59 MS:	28.02
60-64 MS:	27.95
65-69 MS:	29.72

	ID#	Name	Age	Team	Seed Time
18-24					
1	08003 B	Lam, Chun Kit	23	Tuen Mun	29.65
2	35718 IAZ	Wong, Hon Leung	24	Tuen Mun S.T.	36.41
3	16830 IAM	Yip, Ming Hei	22	YMCA OF Hong Kong	NT
25-29					
1	09333 #IBZ	Wong, Yui Hong	26	Flying Fish	26.00
2	05854 IAZ	Cho, Wai Ching	27	Flying Fish	27.00

2018-19 Long Course Masters Swimming Comp P2 - 06-May-18

Psych Sheet

25-29... (Event 5 Men 50 LC Meter Freestyle)

3	01038 IBZ	Leung, Tsz Chun	29	Diocesan School	27.00
4	02766 IBZ	Ma, Siu Chun Jason	27	Flying Fish	28.00
5	40935 IAZ	Tang, Joshua Cho Yu	28	Sword Fish Club	29.00
6	08215 IBZ	Chan, Chin Lung	29	Sword Fish Club	30.00
7	38437 IAZ	Poon, Yat Lam	27	Sword Fish Club	32.00
8	25589 IAZ	Ng, Kai Chung	28	Kwun Tong	35.00
30-34					
1	00095	Wan, Tsz Pat	31	Current Club Ltd	27.47
2	05990 #IAZ	Ho, Ka Chun	32	New Water Polo	28.00
3	09143 ICZ	Chow, Wang Kei	34	New Water Polo	29.00
4	02809 IAZ	Wong, Chi Kin Bioni	30	Sword Fish Club	30.00
5	40843 IAZ	Lo, Kin Ngok	34	Diocesan School	31.00
6	37619 IAZ	Cheung, Kin Chun	33	New Water Polo	31.00
7	23298 #IAZ	Li, Cheuk Bun	33	Wong Tai Sin	33.00
8	00100	Cheung, Siu Laam	30	Current Club Ltd	46.00
35-39					
1	12903	Chan, Tat Ho	38	New Water Polo	27.00
2	37058 #ICO	O'Brien, David Ian	35	Hong Kong Footba	27.50
3	39981 IAZ	Mui, Ho Chuen	38	Sword Fish Club	28.00
4	26592 IAZ	Ma, Kai Hong	35	Current Club Ltd	28.69
5	33516 IAZ	Cheung, Kin Sang	38	New Water Polo	33.00
6	03796 ICZ	Chan, Pui Kei	37	New Water Polo	59.00
40-44					
1	40846 IAZ	Cheung, Chin Ho	43	Diocesan School	28.00
2	34315 #IAZ	Yip, Chi Yan Christopher	43	Diocesan School	28.00
3	37739 #IAZ	Mi, Hau Fung	41	Current Club Ltd	29.70
4	40844 IAZ	Lee, Hoi Wang Gary	44	Diocesan School	30.00
5	16451	Cheng, Ngai Bun	40	Kwun Tong	31.00
6	38958 #IAZ	Lai, Yiu Kuen	43	Current Club Ltd	31.34
7	40835 IAZ	Leung, Wing Hong Alvin	44	Diocesan School	33.00
8	40860 IAZ	Cheng, Cho Chuen	40	Sword Fish Club	39.00
45-49					
1	37693 IAO	Sieh, Tien Yu	49	Kwun Tong	27.05
2	35237 #ICW	Lam, Veng Vai	45	Current Club Ltd	28.96
3	27451 IAZ	Yip, Kin Man Stephen	48	Kwun Tong	29.00
4	25112 IAO	Cheung Alexander, Howart	47	LRC	29.83
5	36962 IAZ	Leung, Yung Yu	46	Kwun Tong	31.00
6	40633 IAON	Adams, Anthony Hayward	48	Pacific	38.00
7	04184	Woo, Siu Ming William	47	Sword Fish Club	1:04.00
50-54					
1	04166	Rust, Stefan Robert	51	LRC	25.81
2	40840 IAZ	Ng, Ka Yiu	54	Diocesan School	32.00
3	22433 #IAZ	Lui, Man Pong	53	New Water Polo	32.00
4	23587 IAZ	Au, Wing Sum	51	New Water Polo	33.00
5	06175	Lo, King Man	51	Sea Green	34.00
6	38127 IAZ	Leung, Cheung Wai Ricky	50	Sword Fish Club	38.00
7	35238 #IAZ	Yuen, Chak Hay	50	Current Club Ltd	38.48
8	37732 IAZ	Chou, Man Keung	54	Sword Fish Club	39.00
9	40836 IAZ	Ho, Kwok Chung Anthony	53	Diocesan School	40.00
10	38991 IAZ	Tong, Wing Kin	52	City East	40.00
11	08901	Koh, Kee Haw	50	Sword Fish Club	40.00
55-59					
1	15528	Tsui, Tak Shing Dominic	56	Pacific	30.75
2	17893 IAZ	Chan, Man Tin	59	Lai Tsun	34.00

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55-59... (Event 5 Men 50 LC Meter Freestyle)

3	07802	Chau, Kam Tim	58	Sea Green	34.00
4	28339 IAZ	Yim, Chi Yiu	58	New Water Polo	35.00
5	32108 IAX	Chan, Kiu	56	Sword Fish Club	35.00
6	37048 IAZ	Cheung, Wai Chuen Jimmy	55	Sword Fish Club	36.00
7	29485 IAZ	Tang, Cheuk Wa	58	Kwun Tong	36.00
8	41007 IAZ	So, Man Sing	57	Sea Green	38.00
9	20636 IAZ	Pang, Seung Chiu	59	Lai Tsun	39.00
10	19324 IAZ	Lau, Chun Ching	55	Kwun Tong	41.00

60-64

1	05071	Choi, Tony	60	LRC	32.78
2	06184	Ng, Pak Chiu	64	Sea Green	35.00
3	19327 IAZ	Yu, Kwok Chuen	63	Sword Fish Club	37.00
4	40705 IAZ	Lai, Chung Fat Paulus	62	Wong Tai Sin	59.21

65-69

1	06268	Tse, Kwok Piu	67	Sword Fish Club	32.00
2	06398	Cho, Wai Sun	65	Kwun Tong	33.00
3	06389	Chan, Hong Wah	65	New Water Polo	36.00
4	23123 IAZ	Poon, Wai	66	Sword Fish Club	41.00

70-74

1	23297 IAZ	Chan, Shing Chi	70	Lai Tsun	36.00
2	03845	Tin, Sheung Kwai	71	New Water Polo	42.00
3	09171	Chan, Ying Chi	72	Sword Fish Club	43.00
4	24246 IAX	Yip, Chi Shing	73	Sword Fish Club	46.00

75-79

1	10279	Wong, Shiu Ming	76	Sword Fish Club	48.00
2	28522 IAX	Wong, Tat Choi	77	Sword Fish Club	48.00
3	38301 IAX	Cheung, Hao Yen	75	Lai Tsun	54.00

80-84

1	06399	Fu, Tai Chun	81	Kwun Tong	41.00
2	05407	Lee, She Kwok	80	Sword Fish Club	44.00
3	15490	Law, Kwai Fong	82	Sword Fish Club	53.00
4	02987	Cheung, Tsan	84	Sword Fish Club	54.00
5	17964 IAZ	Kan, Ping Chu	80	Sea Green	55.00
6	23925 IAZ	Ho, Shui Kong	83	Sword Fish Club	1:12.00

85-89

1	06238	Lee, Ming	88	Sword Fish Club	51.00
2	31988 IAO	Wilson, John Simon	86	New Water Polo	1:10.00

Event 6 Women 50 LC Meter Freestyle

18-24 MS:	28.52
25-29 MS:	29.28
30-34 MS:	28.96
35-39 MS:	28.65
40-44 MS:	28.88
45-49 MS:	30.59
50-54 MS:	30.65
55-59 MS:	34.71
60-64 MS:	36.19
65-69 MS:	37.61

	ID#	Name	Age	Team	Seed Time
18-24					
1	20104 IAZ	Koo, Man Yan	19	Kwun Tong	29.00
2	31023 IAZ	Cheung, Ka Yu	21	New Water Polo	35.00
3	29848 IAZ	Bok, Kei Man	23	New Water Polo	38.00

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25-29... (Event 6 Women 50 LC Meter Freestyle)

1	02455 IAZ	Yu, Hoi Yung April	27 Pacific	32.00
2	01943	Lo, Sau Ping	26 New Water Polo	32.00
3	01923 IBZ	Wong, Suet Yiu	27 Sea Lion	35.00
4	40936 IAZ	Chan, Po Yan	28 New Water Polo	48.00
5	05636 B	Chan, Yau Shan Zoe	27 Current Club Ltd	50.00

30-34

1	01666 #IBZ	Chan, Wing Suet	32 Hong Kong Footba	29.50
2	00777 IBZ	Tse, Yu Ting	32 New Water Polo	34.01
3	00754 #IAZ	Yam, Shu Jun	31 Current Club Ltd	34.66
4	03947	Chan, Pui Yan	34 Marlins	35.00
5	40851 IAZ	Mak, Chung Kiu Joanna	32 Pacific	42.00
6	39980 IAZ	Yau, Lik Man	31 Sword Fish Club	45.00
7	13384 ICZ	Lee, May Sze Mei	31 New Water Polo	54.00

35-39

1	12901	Tang, Chun Yan Jenny	38 New Water Polo	29.00
2	38430 #ICO	Millson, Nicole Elizabeth	35 Hong Kong Footba	31.00
3	40632 ICO	Baaklini, Cynthia	38 Pacific	34.00
4	08977	Ho, Yee Yun Rosalind	39 Current Club Ltd	34.02
5	26803 IAZ	Yung, Hoi Ying	38 New Water Polo	39.00
6	39774 IAZ	Ng, Shui Yung	38 Sea Green	48.00
7	06732 IAZ	Chan, Sin Jon Kimmy	39 Sword Fish Club	50.00
8	40743 IAZ	Chiu, Hoi Yung	35 Lai Tsun	NT

40-44

1	33036 ICO	Coleman, Claire Michelle	40 Pacific	31.50
2	03526	Ho, Yee Ling Elaine	40 New Water Polo	33.00
3	40702 IAX	Kar, Ka	41 New Water Polo	34.00
4	36434 #IAZ	Lam, Wing Yan Jada	44 Pacific	34.00
5	36517 #IAZ	Li, Ho Suet	42 Current Club Ltd	40.88
6	40675 IAON	James, Georgina Frances	43 LRC	45.00

45-49

1	33517 #IAO	Yamaguchi, Mika	46 Pacific	31.00
2	35322 ICO	Baxter, Jill Moran	47 LRC	35.79
3	38302 IAZ	Cheung, Man Ling Melody	46 Lai Tsun	37.00
4	39310 IAZ	Au-Yeung, Sze	45 Lai Tsun	39.00
5	36431 P	Buchta, Katrin	48 Sword Fish Club	41.83
6	38299 ICO	McMahon, Nicole Kirsty	46 LRC	43.00
7	36840 IAZ	Chung, Ching Han Anna	46 Sea Green	50.00
8	36994 IAZ	Li, Suk Kuen	49 Tuen Mun S.T.	56.05

50-54

1	23323 IAZ	Tam, Choi Ping Scalene	53 New Water Polo	37.00
2	40907 IAZ	Lai, Shui Nin Ingrid	51 YMCA OF Hong Kong	38.00
3	37623 IAZ	Au, Wing Sze Grace	50 Sword Fish Club	43.00
4	16303	Rana, Naomi	52 LRC	44.79
5	37012 IAZ	Lun, Yau Chun Nara	50 New Water Polo	50.00

55-59

1	32025 IAZ	Sin, Lai Wan Vicky	58 Kwun Tong	43.00
2	06983	Lo, Wai Fong	59 Sword Fish Club	47.00
3	36225 IAX	Li, Wai Kam	56 Sea Green	50.00
4	20001 IAZ	Leung, Siu Ling	58 Kwun Tong	50.00

60-64

1	19290 IAX	Tseung, Nga Wah	61 Sword Fish Club	37.00
2	03503	Castka, Gillian Hancer	62 Sword Fish Club	39.00
3	06214 IAZN	Lui, Yuen Mei Mitra	61 Sword Fish Club	46.00

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65-69... (Event 6 Women 50 LC Meter Freestyle)

1	05412	Chu, Lui Kwong	67	Sword Fish Club	50.00
70-74					
1	06357	Suen, Ming Chu	70	Sword Fish Club	42.00
2	32571 IAZ	Chan, Pui Yee	74	Sword Fish Club	54.00
3	08936	Leong, Kuai Heng	72	New Water Polo	1:07.00
75-79					
1	06374	Wong, Jim	77	Sword Fish Club	48.00
2	05241	Ng, Yung Ho	75	Sea Green	1:00.00
80-84					
1	06144	Mak, Suet Man	81	Sea Green	2:10.00
85-89					
1	06375	Chan, Wai Kiang	85	Kwun Tong	1:10.00

Event 7 Men 100 LC Meter Backstroke

18-24 MS: 1:02.10

25-29 MS: 1:06.32

30-34 MS: 1:09.95

35-39 MS: 1:06.66

40-44 MS: 1:10.98

45-49 MS: 1:10.24

50-54 MS: 1:08.09

55-59 MS: 1:11.73

60-64 MS: 1:30.98

65-69 MS: 1:23.65

	ID#	Name	Age	Team	Seed Time
18-24					
1	27803 B	Fan, Ka Ming	19	Current Club Ltd	1:16.58
2	08003 B	Lam, Chun Kit	23	Tuen Mun	1:33.19
25-29					
1	06092	Ng, Yan Ho	28	New Water Polo	1:06.00
2	40849 ICO	Soutoul, David Vincent Otr	27	Pacific	1:10.00
3	05854 IAZ	Cho, Wai Ching	27	Flying Fish	1:20.00
4	02766 IBZ	Ma, Siu Chun Jason	27	Flying Fish	1:25.00
5	08215 IBZ	Chan, Chin Lung	29	Sword Fish Club	1:38.00
6	29833 IAZ	Chow, Chun Pui	27	Sea Green	1:40.00
30-34					
1	09143 ICZ	Chow, Wang Kei	34	New Water Polo	1:30.00
2	02809 IAZ	Wong, Chi Kin Bioni	30	Sword Fish Club	1:38.00
35-39					
1	11544	Fan, Yiu Wing	37	Flying Fish	1:25.00
2	01948 #ICZ	Tang, Ho Yuen	36	Diocesan School	1:30.00
3	03796 ICZ	Chan, Pui Kei	37	New Water Polo	1:30.00
4	40841 IAX	Tsang, Kwok Tung	39	Diocesan School	2:00.00
5	27133 #IAZ	Poon, Man Chun	37	Wong Tai Sin	NT
40-44					
1	27471 #ICO	Nortje, Craig Andrew	40	Hong Kong Footba	1:10.00
2	05160	Chan, Ka Wo	41	Diocesan School	1:20.00
3	36554 #ICO	Wolfers, Lachlan Robert	44	Hong Kong Footba	1:25.00
4	24603 IAZ	Hung, Ka Ming	43	YMCA OF Hong Kong	1:30.00
5	37739 #IAZ	Mi, Hau Fung	41	Current Club Ltd	1:40.00
45-49					
1	34619 P	Liljestroem Lennart, Peter	45	LRC	1:12.00
2	37693 IAO	Sieh, Tien Yu	49	Kwun Tong	1:15.00

2018-19 Long Course Masters Swimming Comp P2 - 06-May-18**Psych Sheet****45-49... (Event 7 Men 100 LC Meter Backstroke)**

3	06711	Leung, Tsz Kin	46 New Water Polo	1:18.00
4	27451 IAZ	Yip, Kin Man Stephen	48 Kwun Tong	1:20.00
5	28518 IAZ	Yau, Wo Fung	46 Kwun Tong	1:30.00
50-54				
1	04166	Rust, Stefan Robert	51 LRC	1:08.09
2	22433 #IAZ	Lui, Man Pong	53 New Water Polo	1:35.00
3	29472 IAZN	Choi, Kwok Man Tony	52 Sword Fish Club	1:45.00
4	40840 IAZ	Ng, Ka Yiu	54 Diocesan School	1:55.00
5	26594 IAZ	Ching, Wai Kin	54 Sword Fish Club	2:15.00
6	08901	Koh, Kee Haw	50 Sword Fish Club	2:30.00
55-59				
1	06336	Tse, Siu Kin	56 Sword Fish Club	1:25.00
2	26250 IAZ	Lau, Cho Tak	55 Lai Tsun	1:30.00
3	19324 IAZ	Lau, Chun Ching	55 Kwun Tong	1:50.00
4	07802	Chau, Kam Tim	58 Sea Green	1:58.00
5	25226 IAZ	Choi, Tai Wing	57 Sword Fish Club	2:10.00
6	20247 ICX	Wai, Chris Tak Wing	58 New Water Polo	2:58.00
7	17893 IAZ	Chan, Man Tin	59 Lai Tsun	NT
60-64				
1	06237	Mok, Chu Piu	61 Lai Tsun	1:30.00
2	15527	Zhou, Hao	60 Happy Valley	1:45.00
3	06388	Lau, Man Kin	64 Sword Fish Club	1:45.00
4	06187	Kan, Kai Kwong	63 Sea Green	1:50.00
5	04500	Cheung, Ip Chor	63 Sword Fish Club	2:00.00
6	19327 IAZ	Yu, Kwok Chuen	63 Sword Fish Club	2:07.00
7	35236 IAZ	Chan, Pui Ming Sunny	64 Sword Fish Club	2:30.00
65-69				
1	20634 IAZ	Wu, Shu Sun	68 New Water Polo	1:40.00
2	06382	Chan, Kam Por	66 Sword Fish Club	1:40.00
3	06389	Chan, Hong Wah	65 New Water Polo	2:08.00
4	11563	Lee, Kwok Hung	65 Sword Fish Club	2:20.00
5	22182 IAZ	Ngai, Yin Leung	69 Sword Fish Club	2:24.00
6	23123 IAZ	Poon, Wai	66 Sword Fish Club	2:24.00
7	06242 #	Lau, Heung Wing	69 Wong Tai Sin	2:28.00
70-74				
1	03845	Tin, Sheung Kwai	71 New Water Polo	1:35.00
2	40518 IAZ	Liu, Wing Chiu	70 Tuen Mun	1:45.00
3	06274	Wong, Yau Chuen	72 Sword Fish Club	2:21.00
75-79				
1	10279	Wong, Shiu Ming	76 Sword Fish Club	1:50.00
80-84				
1	17832 IAX	Chan, Sau	81 Sword Fish Club	2:40.00
2	02987	Cheung, Tsan	84 Sword Fish Club	2:40.00

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Event 8 Women 100 LC Meter Backstroke

18-24 MS: 1:11.36
 25-29 MS: 1:14.07
 30-34 MS: 1:11.37
 35-39 MS: 1:14.06
 40-44 MS: 1:13.75
 45-49 MS: 1:19.43
 50-54 MS: 1:17.38
 55-59 MS: 1:36.84
 60-64 MS: 1:45.15
 65-69 MS: 1:53.27

	ID#	Name	Age	Team	Seed Time
18-24...	(Event 8 Women 100 LC Meter Backstroke)				
1	24951 IAZ	Yam, Bo Yee	19	Kwun Tong	1:20.00
25-29					
1	01943	Lo, Sau Ping	26	New Water Polo	1:30.00
2	04916	Seto, Wing Yan	28	New Water Polo	1:30.00
3	28004 IAZ	Kwan, Ka Wan	25	Happy Valley	1:38.00
4	01262	Mau, Lok Yan Eunice	25	Current Club Ltd	1:50.00
30-34					
1	13384 ICZ	Lee, May Sze Mei	31	New Water Polo	2:10.00
35-39					
1	12901	Tang, Chun Yan Jenny	38	New Water Polo	1:20.00
2	38430 #ICO	Millson, Nicole Elizabeth	35	Hong Kong Footba	1:25.00
3	08977	Ho, Yee Yun Rosalind	39	Current Club Ltd	1:50.00
40-44					
1	40702 IAX	Kar, Ka	41	New Water Polo	1:28.00
2	40853 IAO	Tam, Alison Mai Ling	40	Pacific	1:30.00
3	06315	Chan, Sui Yee	42	LRC	1:38.71
4	36785 IAZ	Inglis, Alexandra Sinead	43	LRC	2:30.00
45-49					
1	35772 IAX	Ban, Xianhai	46	New Water Polo	2:00.00
50-54					
1	29752 IAZ	Chow, Yee Heung Liza	54	Lai Tsun	1:34.99
2	06337	Tse, Yee Wah	52	YMCA OF Hong Kong	1:55.00
55-59					
1	06113	Dudok Van Heel, Jane	57	LRC	1:51.25
2	32025 IAZ	Sin, Lai Wan Vicky	58	Kwun Tong	2:00.00
3	20001 IAZ	Leung, Siu Ling	58	Kwun Tong	2:10.00
60-64					
1	19290 IAX	Tseung, Nga Wah	61	Sword Fish Club	1:50.00
2	23957 IAX	Yeung, Tun Lim Lily	61	Sword Fish Club	2:20.00
3	02711 #	Fok, Wai Fung	60	Wong Tai Sin	2:35.00
65-69					
1	06147	Leung Wong, Yin Har Hayl	66	Sea Green	1:45.00
2	07432	Leung, May Kam	66	Tuen Mun S.T.	4:21.30
3	07440	Yip, Lai Kuen	67	Lai Tsun	NT
70-74					
1	32571 IAZ	Chan, Pui Yee	74	Sword Fish Club	2:20.00
2	17480 IAZ	Chow, Pui Han Angela	72	Lai Tsun	NT
80-84					
1	06144	Mak, Suet Man	81	Sea Green	2:40.00

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Event 9 Men 50 LC Meter Butterfly

18-24 MS:	26.49
25-29 MS:	26.21
30-34 MS:	26.54
35-39 MS:	26.70
40-44 MS:	27.75
45-49 MS:	27.47
50-54 MS:	27.94
55-59 MS:	30.04
60-64 MS:	30.60
65-69 MS:	33.66

	ID#	Name	Age	Team	Seed Time
18-24...	(Event 9 Men 50 LC Meter Butterfly)				
1	25490 IAZ	Lip, Kin Kwan	23	New Water Polo	29.00
2	35851 IAZ	Chow, Yin Leung	24	Happy Valley	30.00
3	35718 IAZ	Wong, Hon Leung	24	Tuen Mun S.T.	41.35
25-29					
1	03667 IBZ	Wong, Sai Man Sherman	29	New Water Polo	26.00
2	06092	Ng, Yan Ho	28	New Water Polo	27.00
3	01018	Tam, Wing Chung	26	Kwun Tong	27.00
4	14158 IAZ	Li, Hok Yee Terence	25	Flying Fish	27.50
5	09333 #IBZ	Wong, Yui Hong	26	Flying Fish	29.00
6	05854 IAZ	Cho, Wai Ching	27	Flying Fish	30.00
7	12285 IAZ	Chan, Chun Kit	27	Flying Fish	30.00
8	03377 #B	Cheng, Ka Chun	26	Diocesan School	31.00
9	11213 IBZ	Yuen, Wai Hang	29	Kwun Tong	32.00
10	00529 B	Wong, Lok Sum	25	Kwun Tong	33.00
11	39190 IAZ	Lee, Ka Lun	29	New Water Polo	34.00
12	08215 IBZ	Chan, Chin Lung	29	Sword Fish Club	34.00
13	33387 #IAO	Wu, Kenneth Yee Lok	27	Sword Fish Club	34.00
14	38437 IAZ	Poon, Yat Lam	27	Sword Fish Club	39.00
30-34					
1	03716 ICZ	Yan, Ho Chun	33	New Water Polo	26.00
2	00091	Chan, Lok Yan	34	Current Club Ltd	28.69
3	27874 #IAZ	Chan, Cheuk Man	30	New Water Polo	29.00
4	02087	Chan, Chuk On	32	Diocesan School	32.00
5	26045	Lui, Ming Chun Pierre	34	Kwun Tong	32.00
6	09143 ICZ	Chow, Wang Kei	34	New Water Polo	34.00
7	02809 IAZ	Wong, Chi Kin Bioni	30	Sword Fish Club	34.00
8	23298 #IAZ	Li, Cheuk Bun	33	Wong Tai Sin	36.00
9	00100	Cheung, Siu Laam	30	Current Club Ltd	48.00
35-39					
1	11544	Fan, Yiu Wing	37	Flying Fish	29.00
2	37058 #ICO	O'Brien, David Ian	35	Hong Kong Footba	29.25
3	39981 IAZ	Mui, Ho Chuen	38	Sword Fish Club	31.00
4	10317	Ng, Ka Wing	38	Diocesan School	33.00
5	40558 IAZ	Law, Sai Wo	39	Tolo Harbour	36.16
6	08964	Yeung, Wai Kam William	35	Happy Valley	38.00
7	33516 IAZ	Cheung, Kin Sang	38	New Water Polo	38.00
8	23119 IAZ	Chan, Ying Tsung Bosco	37	Sword Fish Club	55.00
40-44					
1	27471 #ICO	Nortje, Craig Andrew	40	Hong Kong Footba	28.00
2	25114 ICO	Barry, Matthieu Marie	44	LRC	31.53

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40-44... (Event 9 Men 50 LC Meter Butterfly)

3	02366	Li, Ka Wing	44 Kwun Tong	33.00
4	37739 #IAZ	Mi, Hau Fung	41 Current Club Ltd	33.95
5	36554 #ICO	Wolfers, Lachlan Robert	44 Hong Kong Footba	35.50
6	37781 #IAZ	Lo, Kar Lai Gary	40 New Water Polo	36.00
7	40847 IAZ	Chan, Wing To	44 Diocesan School	40.00
8	38958 #IAZ	Lai, Yiu Kuen	43 Current Club Ltd	48.00
9	36839 ICO	Yap, Kok Wei	43 Sea Green	49.00

45-49

1	38128	Cooper, Kenneth Allen	49 Pacific	21.00
2	37693 IAO	Sieh, Tien Yu	49 Kwun Tong	28.00
3	06711	Leung, Tsz Kin	46 New Water Polo	29.80
4	33179 #IAX	Chu, Lui	46 Hong Kong Footba	31.00
5	21008 #IAZ	Cheung, Chun Kwan Mich	45 Wong Tai Sin	32.00
6	35237 #ICW	Lam, Veng Vai	45 Current Club Ltd	33.43
7	30710 IAZ	Lai, Kin Sun	48 Flying Fish	34.00
8	30803 ICO	Perry JR, James Arthur	45 LRC	34.00
9	36962 IAZ	Leung, Yung Yu	46 Kwun Tong	35.00
10	35711 IAX	Wong, Fuk Kei	49 Sword Fish Club	47.00
11	38451 #IAZ	Chong, Ming Hing	46 Current Club Ltd	48.00

50-54

1	04166	Rust, Stefan Robert	51 LRC	29.53
2	35313 IAZ	Pong, Chiu Yee Dario	50 LRC	34.00
3	06175	Lo, King Man	51 Sea Green	34.00
4	39982 IAZ	Chow, Wing Chun	54 Sword Fish Club	38.00
5	29472 IAZN	Choi, Kwok Man Tony	52 Sword Fish Club	45.00
6	35238 #IAZ	Yuen, Chak Hay	50 Current Club Ltd	46.09
7	37732 IAZ	Chou, Man Keung	54 Sword Fish Club	49.00
8	38127 IAZ	Leung, Cheung Wai Ricky	50 Sword Fish Club	59.00

55-59

1	05191	Koo, Yu Fat Marcus	56 Flying Fish	31.00
2	26250 IAZ	Lau, Cho Tak	55 Lai Tsun	35.00
3	06247 #	So, Kam Shing	57 Wong Tai Sin	35.00
4	15528	Tsui, Tak Shing Dominic	56 Pacific	35.50
5	06256	Chan, Kwong Peter	57 Sea Green	38.00
6	07802	Chau, Kam Tim	58 Sea Green	38.00
7	41007 IAZ	So, Man Sing	57 Sea Green	42.00
8	21548 IAZ	Ku, Chi Ming John	59 Lai Tsun	43.23

60-64

1	06184	Ng, Pak Chiu	64 Sea Green	36.00
2	06785	Leung, Chun Yi	61 New Water Polo	45.00
3	06187	Kan, Kai Kwong	63 Sea Green	45.00
4	06176	Wong, Kung Wan	62 Sea Green	49.00
5	25228 IAZ	Chan, Fai Ming	64 Lai Tsun	53.00

65-69

1	33115 IAX	Ng, Kan Sing	65 Sword Fish Club	36.00
2	06398	Cho, Wai Sun	65 Kwun Tong	36.00

70-74

1	03845	Tin, Sheung Kwai	71 New Water Polo	37.11
2	23297 IAZ	Chan, Shing Chi	70 Lai Tsun	48.00
3	09171	Chan, Ying Chi	72 Sword Fish Club	54.00

80-84

1	05407	Lee, She Kwok	80 Sword Fish Club	1:12.00
2	15490	Law, Kwai Fong	82 Sword Fish Club	1:16.00
3	02987	Cheung, Tsan	84 Sword Fish Club	1:18.00

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Event 10 Women 50 LC Meter Butterfly

18-24 MS:	30.27
25-29 MS:	29.30
30-34 MS:	31.26
35-39 MS:	32.49
40-44 MS:	33.10
45-49 MS:	32.96
50-54 MS:	33.74
55-59 MS:	40.98
60-64 MS:	40.88
65-69 MS:	45.64

	ID#	Name	Age	Team	Seed Time
25-29... (Event 10 Women 50 LC Meter Butterfly)					
1	01929 #IBZ	Ng, Ka Man	29	New Water Polo	29.00
2	38126 IAZ	Lee, Wai Sze	29	New Water Polo	34.00
3	02455 IAZ	Yu, Hoi Yung April	27	Pacific	35.00
4	01923 IBZ	Wong, Suet Yiu	27	Sea Lion	35.00
5	05636 B	Chan, Yau Shan Zoe	27	Current Club Ltd	35.08
6	28004 IAZ	Kwan, Ka Wan	25	Happy Valley	40.00
7	26889 IAZ	Chan, Hei Ting	26	Sword Fish Club	48.00
8	38294 IAZ	Chan, Lok Yung	25	Sword Fish Club	48.00
9	37050 IAZ	Yung, Shuk Lai Celia	25	Sword Fish Club	52.00
30-34					
1	01666 #IBZ	Chan, Wing Suet	32	Hong Kong Footba	31.00
2	00754 #IAZ	Yam, Shu Jun	31	Current Club Ltd	38.11
3	38292 IAZ	Chan, Hoi Ki	34	Sword Fish Club	49.00
35-39					
1	35222 ICO	Lloyd, Halani Frances	39	LRC	33.52
2	40632 ICO	Baaklini, Cynthia	38	Pacific	40.00
40-44					
1	33036 ICO	Coleman, Claire Michelle	40	Pacific	34.50
2	40702 IAX	Kar, Ka	41	New Water Polo	39.00
3	36434 #IAZ	Lam, Wing Yan Jada	44	Pacific	40.00
4	36517 #IAZ	Li, Ho Suet	42	Current Club Ltd	50.00
45-49					
1	33517 #IAO	Yamaguchi, Mika	46	Pacific	35.00
2	27463 IAX	Chen, Yugen	47	New Water Polo	45.00
3	38302 IAZ	Cheung, Man Ling Melody	46	Lai Tsun	46.00
4	35969 IAX	Wang, Ying Lian	46	Happy Valley	48.00
5	16535	Yuen, Yuk Kuen	46	Sea Green	50.00
6	35772 IAX	Ban, Xianhai	46	New Water Polo	52.00
7	06349	Ip, Oi Wa Wendy	46	Sword Fish Club	1:00.00
8	40912 IAZ	Ng, Yee Ling	47	Tolo Harbour	1:10.00
50-54					
1	32334 #IAON	Mccarroll, Jessica Lee Ter	53	Hong Kong Footba	36.00
2	06352	Liang, Wei Qiong	53	Sword Fish Club	38.00
3	29752 IAZ	Chow, Yee Heung Liza	54	Lai Tsun	39.99
4	33977 IAZ	Ann, Karin	51	LRC	40.00
5	16303	Rana, Naomi	52	LRC	49.41
6	36045 IAZN	Hsu, Ava	51	LRC	55.00
7	26254 IAX	Ng, Kong Ching	53	New Water Polo	55.00
8	23323 IAZ	Tam, Choi Ping Scalene	53	New Water Polo	57.00
9	37012 IAZ	Lun, Yau Chun Nara	50	New Water Polo	58.00

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50-54... (Event 10 Women 50 LC Meter Butterfly)

10	38289 IAZ	Ng, Wai Lin Angie	54	Sword Fish Club	59.00
11	23588 IAZ	Lee, Ying Chi	50	Happy Valley	1:00.00
55-59					
1	26049 IAZ	Kirkwood, Tain Mhaira	55	LRC	37.31
2	36225 IAX	Li, Wai Kam	56	Sea Green	55.00
3	16533	Wong, Shun Ying	59	Sea Green	1:00.00
60-64					
1	19290 IAX	Tseung, Nga Wah	61	Sword Fish Club	45.00
2	03503	Castka, Gillian Hancer	62	Sword Fish Club	51.00
3	06355	Lo, Lai Yung	63	New Water Polo	52.00
4	14020	Poon, Wai Fun	61	Sea Green	55.00
5	06214 IAZN	Lui, Yuen Mei Mitra	61	Sword Fish Club	57.00
6	25237 IAZ	Yu, Chi Seung	60	New Water Polo	1:10.00
65-69					
1	39357	Mak, Sok Iun	68	Sword Fish Club	52.00
2	05412	Chu, Lui Kwong	67	Sword Fish Club	1:05.00
70-74					
1	02365	Chow, So Kam	73	Kwun Tong	1:20.00

Event 11 Men 200 LC Meter Medley Relay

100-119 MS:	1:51.11
120-159 MS:	1:56.00
160-199 MS:	1:53.94
200-239 MS:	2:03.19
240-279 MS:	2:19.80
280-319 MS:	2:40.94
320-359 MS:	3:30.63

	Team	Relay	Seed Time
100-119			
1	Kwan Hung Swimming Club	M100 A	1:52.00
2	HK Flying Fish Athletic Club	M100 A	NT
3	New Water Polo Club	M100 A	NT
4	Sword Fish Club	M100 A	NT
5	Diocesan School Old Boys	M100 A	NT
6	Kwun Tong Swimming Club	M100 A	NT
120-159			
1	Current Club Ltd	M120 A	NT
2	HK Flying Fish Athletic Club	M120 A	NT
3	Ladies' Recreation Club	M120 A	NT
4	New Water Polo Club	M120 A	NT
5	Sword Fish Club	M120 A	NT
6	Diocesan School Old Boys	M120 A	NT
7	Kwun Tong Swimming Club	M120 A	NT
160-199			
1	Current Club Ltd	M160 A	NT
2	Ladies' Recreation Club	M160 A	NT
3	New Water Polo Club	M160 A	NT
4	Pacific Swimming Club	M160 A	NT
5	Sword Fish Club	M160 A	NT
6	Sea Green Swimming & Diving	M160 A	NT
7	Wong Tai Sin District L.S.	M160 A	NT
8	Diocesan School Old Boys	M160 A	NT
9	Hong Kong Football Club	M160 A	NT
10	Kwun Tong Swimming Club	M160 A	NT

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200-239... (Event 11 Men 200 LC Meter Medley Relay)

1	Lai Tsun Swimming Soci	M200	A	2:40.00
2	Ladies' Recreation Club	M200	A	NT
3	New Water Polo Club	M200	A	NT
4	Pacific Swimming Club	M200	A	NT
5	Sword Fish Club	M200	A	NT
6	Sea Green Swimming &	M200	A	NT
7	Diocesan School Old Boy	M200	A	NT
8	Hong Kong Football Club	M200	A	NT
9	Kwun Tong Swimming Cl	M200	A	NT

240-279

1	Lai Tsun Swimming Soci	M240	A	2:46.00
2	New Water Polo Club	M240	A	NT
3	Sword Fish Club	M240	A	NT
4	Sea Green Swimming &	M240	A	NT
5	Wong Tai Sin District L.	M240	A	NT

280-319

1	Lai Tsun Swimming Soci	M280	A	3:13.00
2	New Water Polo Club	M280	A	NT
3	Sword Fish Club	M280	A	NT

320-359

1	Sword Fish Club	M320	A	NT
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Event 12 Women 200 LC Meter Medley Relay

100-119 MS:	2:23.81
120-159 MS:	2:10.92
160-199 MS:	2:10.35
200-239 MS:	2:32.48
240-279 MS:	2:48.90
280-319 MS:	3:21.30

	Team	Relay	Seed Time
100-119			
1	New Water Polo Club	W100 A	NT
2	Sword Fish Club	W100 A	NT
120-159			
1	Current Club Ltd	W120 A	NT
2	New Water Polo Club	W120 A	NT
3	Pacific Swimming Club	W120 A	NT
4	Sword Fish Club	W120 A	NT
160-199			
1	Lai Tsun Swimming Soci	W160 A	3:08.00
2	Ladies' Recreation Club	W160 A	NT
3	New Water Polo Club	W160 A	NT
4	Pacific Swimming Club	W160 A	NT
5	Sword Fish Club	W160 A	NT
6	Sea Green Swimming &	W160 A	NT
200-239			
1	Lai Tsun Swimming Soci	W200 A	3:13.00
2	Ladies' Recreation Club	W200 A	NT
3	New Water Polo Club	W200 A	NT
4	Sword Fish Club	W200 A	NT
5	Sea Green Swimming &	W200 A	NT
6	Kwun Tong Swimming Cl	W200 A	NT

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240-279... (Event 12 Women 200 LC Meter Medley Relay)

1	Lai Tsun Swimming Soci	W240	A	3:30.00
2	New Water Polo Club	W240	A	NT
3	Sword Fish Club	W240	A	NT
4	Sea Green Swimming &	W240	A	NT
5	Wong Tai Sin District L.	SW240	A	NT
6	Kwun Tong Swimming C	W240	A	NT

280-319

1	Sword Fish Club	W280	A	NT
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Event 13 Men 50 LC Meter Breaststroke

18-24 MS: 30.47

25-29 MS: 30.66

30-34 MS: 31.11

35-39 MS: 31.56

40-44 MS: 33.00

45-49 MS: 32.70

50-54 MS: 34.83

55-59 MS: 35.10

60-64 MS: 36.61

65-69 MS: 37.84

	ID#	Name	Age	Team	Seed Time
18-24					
1	25490 IAZ	Lip, Kin Kwan	23	New Water Polo	34.00
25-29					
1	02591	Luk, Wing Kin Andy	29	Kwan Hung	31.23
2	01728	Cheung, Wai Lun William	27	Diocesan School	33.00
3	01018	Tam, Wing Chung	26	Kwun Tong	34.00
4	12285 IAZ	Chan, Chun Kit	27	Flying Fish	35.00
5	12294 IBZ	Chung, Fu Shing	27	Flying Fish	35.00
6	00529 B	Wong, Lok Sum	25	Kwun Tong	35.00
7	39190 IAZ	Lee, Ka Lun	29	New Water Polo	40.00
8	25589 IAZ	Ng, Kai Chung	28	Kwun Tong	40.00
9	33387 #IAO	Wu, Kenneth Yee Lok	27	Sword Fish Club	41.00
30-34					
1	03716 ICZ	Yan, Ho Chun	33	New Water Polo	31.00
2	00091	Chan, Lok Yan	34	Current Club Ltd	32.14
3	27874 #IAZ	Chan, Cheuk Man	30	New Water Polo	35.00
4	01326 IBZ	Cheng, Yuen Henry	30	Kwun Tong	35.00
5	23960 IAZ	Kong, Ka Wai	30	Kwun Tong	38.00
6	05990 #IAZ	Ho, Ka Chun	32	New Water Polo	40.00
7	27873 #IAZ	Ko, King Hei	30	New Water Polo	40.00
8	26045	Lui, Ming Chun Pierre	34	Kwun Tong	40.00
9	00603	Hui, Ting Yiu	33	Sword Fish Club	49.00
35-39					
1	39588 #IAZ	Lo, Ho Wai Joe	38	Diocesan School	35.00
2	10317	Ng, Ka Wing	38	Diocesan School	40.00
3	40834 IAZ	Chang, His Tse Joseph	39	Diocesan School	43.00
4	23119 IAZ	Chan, Ying Tsung Bosco	37	Sword Fish Club	48.00
5	38433 IAZ	Chi, Siu Kei	35	Sea Green	50.00
6	26592 IAZ	Ma, Kai Hong	35	Current Club Ltd	52.00
40-44					
1	06154	Leung, Siu Kin Philip	43	Lai Tsun	34.00
2	05160	Chan, Ka Wo	41	Diocesan School	35.00

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40-44... (Event 13 Men 50 LC Meter Breaststroke)

3	40847 IAZ	Chan, Wing To	44	Diocesan School	37.00
4	38958 #IAZ	Lai, Yiu Kuen	43	Current Club Ltd	39.52
5	40844 IAZ	Lee, Hoi Wang Gary	44	Diocesan School	41.00
6	40835 IAZ	Leung, Wing Hong Alvin	44	Diocesan School	45.00
7	36839 ICO	Yap, Kok Wei	43	Sea Green	52.00
8	05395 #IAZ	Lo, Hoi Pang	42	Wong Tai Sin	NT
45-49					
1	38128	Cooper, Kenneth Allen	49	Pacific	33.50
2	21008 #IAZ	Cheung, Chun Kwan Mich	45	Wong Tai Sin	37.00
3	33179 #IAX	Chu, Lui	46	Hong Kong Footba	37.50
4	26317 IAZN	Tung, Shang Wei Timothy	48	Kwun Tong	39.00
5	36962 IAZ	Leung, Yung Yu	46	Kwun Tong	39.00
6	30803 ICO	Perry JR, James Arthur	45	LRC	41.30
7	38451 #IAZ	Chong, Ming Hing	46	Current Club Ltd	47.97
8	04184	Woo, Siu Ming William	47	Sword Fish Club	1:12.00
50-54					
1	18856 IAZ	Au, Mun Shing	53	Sword Fish Club	36.00
2	21736 IAM	Lo, Lai Tou	50	Sword Fish Club	39.00
3	40939 IAZ	Fung, Chi Wai	54	New Water Polo	40.00
4	40839 IAZ	Leung, Wing Hang Michae	53	Diocesan School	44.00
5	22433 #IAZ	Lui, Man Pong	53	New Water Polo	46.00
6	39982 IAZ	Chow, Wing Chun	54	Sword Fish Club	50.00
7	35238 #IAZ	Yuen, Chak Hay	50	Current Club Ltd	52.00
55-59					
1	06256	Chan, Kwong Peter	57	Sea Green	42.00
2	17893 IAZ	Chan, Man Tin	59	Lai Tsun	45.00
3	36183 #IAO	McCarroll, Adrian James	55	Hong Kong Footba	45.00
4	37048 IAZ	Cheung, Wai Chuen Jimmy	55	Sword Fish Club	46.00
5	20247 ICX	Wai, Chris Tak Wing	58	New Water Polo	50.00
6	28339 IAZ	Yim, Chi Yiu	58	New Water Polo	55.00
7	25226 IAZ	Choi, Tai Wing	57	Sword Fish Club	55.00
8	18872 #IAZ	Chan, Kin Chung	57	Wong Tai Sin	NT
60-64					
1	36553 #IAO	Inglis, Peter	64	Hong Kong Footba	39.50
2	06281	Fung, Kam Tai	63	Sword Fish Club	43.00
3	25228 IAZ	Chan, Fai Ming	64	Lai Tsun	49.00
4	35236 IAZ	Chan, Pui Ming Sunny	64	Sword Fish Club	51.00
5	40705 IAZ	Lai, Chung Fat Paulus	62	Wong Tai Sin	1:17.20
65-69					
1	06398	Cho, Wai Sun	65	Kwun Tong	43.00
2	14035	Wong, Shing Kuen	65	Lai Tsun	45.00
3	30201 IAZ	Fan, Yat Ping	66	New Water Polo	45.00
4	04504	Yura, Tadami	66	Sword Fish Club	45.00
5	06243 #	Koo, Choi Fat	68	Wong Tai Sin	48.00
6	06125	Wong, Kwong Mo	66	New Water Polo	56.00
70-74					
1	06383	Dew, Yuk Kwei	71	Kwun Tong	46.00
2	10274	Lau, Chun Nung	72	Lai Tsun	47.00
3	24246 IAX	Yip, Chi Shing	73	Sword Fish Club	54.00
75-79					
1	27135 IAX	Lam, Lit Kwan	77	Lai Tsun	52.00
2	06379	Kwong, Chi Hung	78	Sword Fish Club	1:20.00
80-84					
1	06246 #	Ling, Wang Yam	81	Wong Tai Sin	54.84

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80-84... (Event 13 Men 50 LC Meter Breaststroke)

2	05407	Lee, She Kwok	80	Sword Fish Club	55.00
3	17964 IAZ	Kan, Ping Chu	80	Sea Green	1:00.00
4	23925 IAZ	Ho, Shui Kong	83	Sword Fish Club	1:16.00

85-89

1	06238	Lee, Ming	88	Sword Fish Club	1:07.00
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Event 14 Women 50 LC Meter Breaststroke

18-24 MS:	35.53
25-29 MS:	36.34
30-34 MS:	35.23
35-39 MS:	34.71
40-44 MS:	38.79
45-49 MS:	39.03
50-54 MS:	37.63
55-59 MS:	38.73
60-64 MS:	47.46
65-69 MS:	50.56

	ID#	Name	Age	Team	Seed Time
18-24					
1	20104 IAZ	Koo, Man Yan	19	Kwun Tong	39.00
25-29					
1	38126 IAZ	Lee, Wai Sze	29	New Water Polo	40.00
2	01923 IBZ	Wong, Suet Yiu	27	Sea Lion	41.00
3	05636 B	Chan, Yau Shan Zoe	27	Current Club Ltd	45.67
4	26889 IAZ	Chan, Hei Ting	26	Sword Fish Club	55.00
5	38294 IAZ	Chan, Lok Yung	25	Sword Fish Club	55.00
6	40936 IAZ	Chan, Po Yan	28	New Water Polo	1:07.00
30-34					
1	01666 #IBZ	Chan, Wing Suet	32	Hong Kong Footba	40.00
2	00777 IBZ	Tse, Yu Ting	32	New Water Polo	42.03
3	38292 IAZ	Chan, Hoi Ki	34	Sword Fish Club	49.00
4	39980 IAZ	Yau, Lik Man	31	Sword Fish Club	54.00
35-39					
1	35222 ICO	Lloyd, Halani Frances	39	LRC	41.69
2	40632 ICO	Baaklini, Cynthia	38	Pacific	45.00
3	39979 IAZ	Lam, Ling Wai Jessica	39	Lai Tsun	49.40
4	26803 IAZ	Yung, Hoi Ying	38	New Water Polo	50.00
5	39774 IAZ	Ng, Shui Yung	38	Sea Green	50.00
6	40743 IAZ	Chiu, Hoi Yung	35	Lai Tsun	NT
40-44					
1	40853 IAO	Tam, Alison Mai Ling	40	Pacific	45.00
2	36517 #IAZ	Li, Ho Suet	42	Current Club Ltd	54.12
3	24275 IAZ	Wong, Siu Man Rickie	44	New Water Polo	1:00.00
4	38362 IAZ	Cheng, Siu Lai	41	Kwun Tong	1:05.00
5	31534 #IAZ	Mo, Wing Yee	42	Wong Tai Sin	1:08.00
45-49					
1	36431 P	Buchta, Katrin	48	Sword Fish Club	48.83
2	16535	Yuen, Yuk Kuen	46	Sea Green	50.00
3	35969 IAX	Wang, Ying Lian	46	Happy Valley	52.00
4	22434 IAZ	Lee, Tak Mui	48	Lai Tsun	53.00
5	06349	Ip, Oi Wa Wendy	46	Sword Fish Club	55.00
50-54					
1	39092 I	Chan, Chok Wa	51	Sword Fish Club	41.00
2	37623 IAZ	Au, Wing Sze Grace	50	Sword Fish Club	55.00

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50-54... (Event 14 Women 50 LC Meter Breaststroke)

3	26254 IAX	Ng, Kong Ching	53	New Water Polo	57.00
4	38289 IAZ	Ng, Wai Lin Angie	54	Sword Fish Club	58.00
5	37012 IAZ	Lun, Yau Chun Nara	50	New Water Polo	1:00.00
6	38261 IAZ	Li, Suk Yee	50	Tuen Mun S.T.	1:10.35
55-59					
1	06353	Leung, Wai Fan	56	Kwun Tong	39.00
2	06983	Lo, Wai Fong	59	Sword Fish Club	50.00
3	32025 IAZ	Sin, Lai Wan Vicky	58	Kwun Tong	53.00
4	34668 IAZ	Tang, Pik Ha	58	New Water Polo	55.55
60-64					
1	14020	Poon, Wai Fun	61	Sea Green	50.00
2	02711 #	Fok, Wai Fung	60	Wong Tai Sin	52.38
3	06355	Lo, Lai Yung	63	New Water Polo	1:05.00
4	06127	Lau, Wai Lin	62	New Water Polo	1:10.00
65-69					
1	39357	Mak, Sok Iun	68	Sword Fish Club	55.00
2	38462 IAZN	Shum, Shuk Wah Nora	66	Sword Fish Club	56.00
3	06212 #	Lo, Yeuk Shuen	69	Wong Tai Sin	1:12.00
4	07432	Leung, May Kam	66	Tuen Mun S.T.	1:17.00
70-74					
1	30506 IAX	Li, Hoi Ying	70	Sword Fish Club	1:06.00
2	32571 IAZ	Chan, Pui Yee	74	Sword Fish Club	1:10.00
3	02365	Chow, So Kam	73	Kwun Tong	1:15.00
4	06156	Wong, May Chu	70	Tuen Mun S.T.	1:20.30
75-79					
1	06218 #	Sin, Lai Kwan	78	Wong Tai Sin	1:28.00

Event 15 Men 200 LC Meter Freestyle

18-24 MS: 2:06.87
 25-29 MS: 2:13.77
 30-34 MS: 2:05.11
 35-39 MS: 2:05.90
 40-44 MS: 2:08.51
 45-49 MS: 2:16.29
 50-54 MS: 2:14.33
 55-59 MS: 2:24.07
 60-64 MS: 2:40.82
 65-69 MS: 2:43.01

	ID#	Name	Age	Team	Seed Time
18-24					
1	35851 IAZ	Chow, Yin Leung	24	Happy Valley	2:30.00
25-29					
1	02047 #IBZ	Li, Ka Ho	29	LRC	2:10.00
2	40849 ICO	Soutoul, David Vincent Otr	27	Pacific	2:10.00
3	06092	Ng, Yan Ho	28	New Water Polo	2:15.00
4	11213 IBZ	Yuen, Wai Hang	29	Kwun Tong	2:20.00
5	03667 IBZ	Wong, Sai Man Sherman	29	New Water Polo	2:30.00
6	29833 IAZ	Chow, Chun Pui	27	Sea Green	2:30.00
7	33387 #IAO	Wu, Kenneth Yee Lok	27	Sword Fish Club	2:38.00
8	39190 IAZ	Lee, Ka Lun	29	New Water Polo	2:40.00
9	38437 IAZ	Poon, Yat Lam	27	Sword Fish Club	2:55.00
30-34					
1	00095	Wan, Tsz Pat	31	Current Club Ltd	2:17.75
2	34366 #ICO	Maury, Matthieu Bernard	30	Hong Kong Footba	2:20.00

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30-34... (Event 15 Men 200 LC Meter Freestyle)

3	00091	Chan, Lok Yan	34	Current Club Ltd	2:22.59
4	23960 IAZ	Kong, Ka Wai	30	Kwun Tong	2:30.00
5	26045	Lui, Ming Chun Pierre	34	Kwun Tong	2:38.00
6	27873 #IAZ	Ko, King Hei	30	New Water Polo	3:45.00

35-39

1	41151 ICO	Caggio, Antonino	36	New Water Polo	2:18.00
2	39981 IAZ	Mui, Ho Chuen	38	Sword Fish Club	2:35.00
3	27144 IAZ	Chee, Man Heng	36	Happy Valley	2:50.00
4	27133 #IAZ	Poon, Man Chun	37	Wong Tai Sin	2:56.29
5	40841 IAX	Tsang, Kwok Tung	39	Diocesan School	2:59.00
6	38035 IAZ	Mok, Kin Fan	38	Tolo Harbour	3:17.36
7	23119 IAZ	Chan, Ying Tsung Bosco	37	Sword Fish Club	4:00.00

40-44

1	27471 #ICO	Nortje, Craig Andrew	40	Hong Kong Footba	2:08.00
2	25114 ICO	Barry, Matthieu Marie	44	LRC	2:17.55
3	02366	Li, Ka Wing	44	Kwun Tong	2:35.00
4	24861 #IAZ	Chan, Li	44	New Water Polo	2:40.00
5	36554 #ICO	Wolfers, Lachlan Robert	44	Hong Kong Footba	2:40.00
6	31573 ICO	Barnes, Simon Andrew	43	LRC	2:41.01
7	37781 #IAZ	Lo, Kar Lai Gary	40	New Water Polo	3:45.00

45-49

1	34619 P	Liljestroem Lennart, Peter	45	LRC	2:08.51
2	38191 ICO	Baillet, Olivier Pierre Rene	48	Pacific	2:28.00
3	30710 IAZ	Lai, Kin Sun	48	Flying Fish	2:30.00
4	27868 IAZ	Chan, Chi Wah Ringo	46	Sword Fish Club	2:40.00
5	35237 #ICW	Lam, Veng Vai	45	Current Club Ltd	2:46.91
6	35711 IAX	Wong, Fuk Kei	49	Sword Fish Club	3:43.00
7	30803 ICO	Perry JR, James Arthur	45	LRC	3:50.00

50-54

1	34317 IAO	Stuart, Alexander Mair	54	Pacific	2:45.00
2	40941 IAZ	Lam, Siu Tong	51	New Water Polo	2:50.00
3	26594 IAZ	Ching, Wai Kin	54	Sword Fish Club	3:03.00
4	40840 IAZ	Ng, Ka Yiu	54	Diocesan School	3:05.00
5	39982 IAZ	Chow, Wing Chun	54	Sword Fish Club	3:20.00
6	29472 IAZN	Choi, Kwok Man Tony	52	Sword Fish Club	3:25.00
7	40836 IAZ	Ho, Kwok Chung Anthony	53	Diocesan School	3:30.00
8	37732 IAZ	Chou, Man Keung	54	Sword Fish Club	3:35.00
9	38127 IAZ	Leung, Cheung Wai Ricky	50	Sword Fish Club	3:45.00

55-59

1	05191	Koo, Yu Fat Marcus	56	Flying Fish	2:30.00
2	06336	Tse, Siu Kin	56	Sword Fish Club	2:40.00
3	15528	Tsui, Tak Shing Dominic	56	Pacific	2:45.00
4	06256	Chan, Kwong Peter	57	Sea Green	2:45.00
5	36183 #IAO	McCarroll, Adrian James	55	Hong Kong Footba	2:55.00
6	41007 IAZ	So, Man Sing	57	Sea Green	3:00.00
7	29485 IAZ	Tang, Cheuk Wa	58	Kwun Tong	3:16.00
8	13979	Lee, Sing Tim	57	Lai Tsun	3:21.00
9	06247 #	So, Kam Shing	57	Wong Tai Sin	3:30.00
10	36475 #IAZ	Morton, Peter Douglas	55	Hong Kong Footba	3:30.00
11	26176 IAX	Ho, Chung Man	55	Lai Tsun	NT

60-64

1	17956 #IAZ	Chau, Kim Fai	61	Sword Fish Club	2:45.00
2	24640 ICO	Campbell, John Reid	63	Sword Fish Club	3:00.00
3	04500	Cheung, Ip Chor	63	Sword Fish Club	3:15.00

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60-64... (Event 15 Men 200 LC Meter Freestyle)

4	19327 IAZ	Yu, Kwok Chuen	63	Sword Fish Club	3:46.00
5	25228 IAZ	Chan, Fai Ming	64	Lai Tsun	5:30.00

65-69

1	06382	Chan, Kam Por	66	Sword Fish Club	2:46.00
2	33115 IAX	Ng, Kan Sing	65	Sword Fish Club	2:50.00
3	06268	Tse, Kwok Piu	67	Sword Fish Club	2:56.00
4	06389	Chan, Hong Wah	65	New Water Polo	3:59.00
5	06125	Wong, Kwong Mo	66	New Water Polo	3:59.00
6	04504	Yura, Tadami	66	Sword Fish Club	3:59.00

70-74

1	06274	Wong, Yau Chuen	72	Sword Fish Club	4:09.00
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75-79

1	10279	Wong, Shiu Ming	76	Sword Fish Club	4:02.00
2	06379	Kwong, Chi Hung	78	Sword Fish Club	4:10.00
3	28522 IAX	Wong, Tat Choi	77	Sword Fish Club	4:30.00

80-84

1	17832 IAX	Chan, Sau	81	Sword Fish Club	5:10.00
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Event 16 Women 200 LC Meter Freestyle

18-24 MS:	2:16.66
25-29 MS:	2:18.17
30-34 MS:	2:25.29
35-39 MS:	2:13.59
40-44 MS:	2:13.70
45-49 MS:	2:28.14
50-54 MS:	2:32.26
55-59 MS:	3:18.00
60-64 MS:	3:12.00
65-69 MS:	3:27.53

	ID#	Name	Age	Team	Seed Time
18-24					
1	24951 IAZ	Yam, Bo Yee	19	Kwun Tong	2:30.00
25-29					
1	01929 #IBZ	Ng, Ka Man	29	New Water Polo	2:20.00
2	04916	Seto, Wing Yan	28	New Water Polo	2:30.00
3	37050 IAZ	Yung, Shuk Lai Celia	25	Sword Fish Club	3:40.00
30-34					
1	40851 IAZ	Mak, Chung Kiu Joanna	32	Pacific	3:45.00
40-44					
1	36785 IAZ	Inglis, Alexandra Sinead	43	LRC	3:00.00
45-49					
1	33517 #IAO	Yamaguchi, Mika	46	Pacific	2:31.00
2	27463 IAX	Chen, Yugen	47	New Water Polo	2:40.00
3	16535	Yuen, Yuk Kuen	46	Sea Green	2:50.00
4	35322 ICO	Baxter, Jill Moran	47	LRC	3:02.52
5	38302 IAZ	Cheung, Man Ling Melody	46	Lai Tsun	3:06.00
6	36431 P	Buchta, Katrin	48	Sword Fish Club	3:27.19
7	40912 IAZ	Ng, Yee Ling	47	Tolo Harbour	3:30.00
8	35969 IAX	Wang, Ying Lian	46	Happy Valley	3:50.00
9	39310 IAZ	Au-Yeung, Sze	45	Lai Tsun	NT
50-54					
1	32334 #IAON	Mccarroll, Jessica Lee Ter	53	Hong Kong Footba	2:45.00
2	36045 IAZN	Hsu, Ava	51	LRC	3:00.00
3	33977 IAZ	Ann, Karin	51	LRC	3:10.00

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50-54... (Event 16 Women 200 LC Meter Freestyle)

4	23323 IAZ	Tam, Choi Ping Scalene	53	New Water Polo	3:47.00
55-59					
1	26049 IAZ	Kirkwood, Tain Mhaira	55	LRC	2:46.48
2	36225 IAX	Li, Wai Kam	56	Sea Green	2:58.00
3	06113	Dudok Van Heel, Jane	57	LRC	3:10.42
4	31755 IAZ	Woo, Wing Fong Cinderell	59	Lai Tsun	NT
60-64					
1	03503	Castka, Gillian Hancer	62	Sword Fish Club	3:20.00
65-69					
1	06212 #	Lo, Yeuk Shuen	69	Wong Tai Sin	5:12.00
2	07432	Leung, May Kam	66	Tuen Mun S.T.	5:48.00
70-74					
1	06357	Suen, Ming Chu	70	Sword Fish Club	3:26.00
2	06156	Wong, May Chu	70	Tuen Mun S.T.	4:40.27
75-79					
1	06374	Wong, Jim	77	Sword Fish Club	3:56.00

Event 17 Men 200 LC Meter Freestyle Relay

100-119 MS:	1:41.92
120-159 MS:	1:44.88
160-199 MS:	1:41.91
200-239 MS:	1:52.52
240-279 MS:	2:05.53
280-319 MS:	2:27.16
320-359 MS:	3:23.05

	Team	Relay	Seed Time
100-119			
1	Kwan Hung Swimming Club	M100 A	1:42.00
2	HK Flying Fish Athletic Club	M100 A	NT
3	New Water Polo Club	M100 A	NT
4	Sword Fish Club	M100 A	NT
5	Diocesan School Old Boys	M100 A	NT
6	Kwun Tong Swimming Club	M100 A	NT
120-159			
1	Current Club Ltd	M120 A	NT
2	HK Flying Fish Athletic Club	M120 A	NT
3	Ladies' Recreation Club	M120 A	NT
4	New Water Polo Club	M120 A	NT
5	Sword Fish Club	M120 A	NT
6	Diocesan School Old Boys	M120 A	NT
7	Kwun Tong Swimming Club	M120 A	NT
160-199			
1	Current Club Ltd	M160 A	NT
2	Ladies' Recreation Club	M160 A	NT
3	New Water Polo Club	M160 A	NT
4	Pacific Swimming Club	M160 A	NT
5	Sword Fish Club	M160 A	NT
6	Sea Green Swimming & Diving	M160 A	NT
7	Wong Tai Sin District L.S.	M160 A	NT
8	Diocesan School Old Boys	M160 A	NT
9	Hong Kong Football Club	M160 A	NT
10	Kwun Tong Swimming Club	M160 A	NT
200-239			
1	Lai Tsun Swimming Society	M200 A	2:20.00

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200-239... (Event 17 Men 200 LC Meter Freestyle Relay)

2	Ladies' Recreation Club	M200	A	NT
3	New Water Polo Club	M200	A	NT
4	Pacific Swimming Club	M200	A	NT
5	Sword Fish Club	M200	A	NT
6	Sea Green Swimming &	M200	A	NT
7	Diocesan School Old Boy	M200	A	NT
8	Hong Kong Football Club	M200	A	NT
9	Kwun Tong Swimming Club	M200	A	NT

240-279

1	Lai Tsun Swimming Society	M240	A	2:23.00
2	New Water Polo Club	M240	A	NT
3	Sword Fish Club	M240	A	NT
4	Sea Green Swimming &	M240	A	NT
5	Wong Tai Sin District L.S.	M240	A	NT

280-319

1	Lai Tsun Swimming Society	M280	A	3:07.00
2	New Water Polo Club	M280	A	NT
3	Sword Fish Club	M280	A	NT

320-359

1	Sword Fish Club	M320	A	NT
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Event 18 Women 200 LC Meter Freestyle Relay

100-119 MS: 2:02.27

120-159 MS: 1:55.57

160-199 MS: 1:58.32

200-239 MS: 2:12.67

240-279 MS: 2:35.65

280-319 MS: 3:08.62

	Team	Relay	Seed Time
100-119			
1	New Water Polo Club	W100 A	NT
2	Sword Fish Club	W100 A	NT
120-159			
1	Current Club Ltd	W120 A	NT
2	New Water Polo Club	W120 A	NT
3	Pacific Swimming Club	W120 A	NT
4	Sword Fish Club	W120 A	NT
160-199			
1	Lai Tsun Swimming Society	W160 A	2:50.00
2	Ladies' Recreation Club	W160 A	NT
3	New Water Polo Club	W160 A	NT
4	Pacific Swimming Club	W160 A	NT
5	Sword Fish Club	W160 A	NT
6	Sea Green Swimming &	W160 A	NT
200-239			
1	Lai Tsun Swimming Society	W200 A	2:40.00
2	Ladies' Recreation Club	W200 A	NT
3	New Water Polo Club	W200 A	NT
4	Sword Fish Club	W200 A	NT
5	Sea Green Swimming &	W200 A	NT
6	Tuen Mun Swimming Team	W200 A	NT
7	Kwun Tong Swimming Club	W200 A	NT
240-279			
1	Lai Tsun Swimming Society	W240 A	3:03.00

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2	New Water Polo Club	W240	A	NT
3	Sword Fish Club	W240	A	NT
4	Sea Green Swimming &	W240	A	NT
5	Wong Tai Sin District L.	SW240	A	NT
6	Kwun Tong Swimming	CW240	A	NT
280-319				
1	Sword Fish Club	W280	A	NT