

# HONG KONG CHINA SWIMMING ASSOCIATION

To : Affiliated clubs

15 July, 2022

## **HKGSA Swimming Teacher's Certificate Courses 2022-2023**

Three HKGSA Swimming Teacher's Certificate Courses are now open for application. Ten ( 10 ) classroom lecture sessions and Five ( 5 ) practical water sessions of 2 hours each will be conducted at the \*OH and \*KGV. Class A will start from 30 October 2022 until 13 December 2022, Class B will start from 5 February 2023 until 14 March 2023 and Class C will start from 19 March 2023 until 2 May 2023. Timetables of the sessions are enclosed for your reference. It is subject to change depending on venue availability. **Please note language used is Chinese.**

Those who are interested must submit their applications **IN PERSON** to the HKGSA office at Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon (telephone number - 25728594) no later than **5:00 p.m. on 2 September 2022 (Friday)** . All applicants must take the **water test** at \*SMV swimming pool, Tsuen Wan on **25 September 2022 (Sunday) at 6:00pm.** OH, KGV and SMV swimming pools have fully implemented the Vaccine Pass arrangement following the requirement launched by the government.

Pre-requisite qualification as stipulated in the course Common Syllabus are as follows: -

- 1) Age 18 or over. (Age is calculated as of 2 September 2022)
- 2) Equivalent to Hong Kong Education standard F.3 or above.
  - 2.1) Applicants who do not possess the formal qualifications required but are age 35 or above may be granted exemption from the general admission requirements provided that:
    - 2.1.1) They are able to show by acceptable evidence that they have relevant working experience in the sports for 10 years or more; and
    - 2.1.2) Being recommended to attend the course by the Hong Kong Swimming Coaches Association.
- 3) Able to swim 100m Individual Medley.

Applicants must provide a current **PASSPORT PHOTO, ORIGINAL** and **PHOTOCOPIES** of the required documents along with the application form i.e. original and copy of HKID card; original and copy of school certificate.

Swimming ability demonstrated in the water test will be a weighted factor in accepting your application to the certificate course. Priority of acceptance will be given to those who are holders of HKGSA Swimming Officials Certificate and those with signed recommendation from HKGSA affiliated clubs who are actively engaged in HKGSA's activities.

A crossed cheque of **HK\$ 300** for Registration and Test fee made payable to “**HKGSA**” must be submitted to HKGSA office together with application form and requested documents. Upon successful application to the course, the Course fee (includes a copy of the course Common Syllabus) of **HK\$ 5500** shall be paid by crossed cheque made payable to the “**HKGSA**”. **FEES PAID ARE NOT REFUNDABLE IN ANY CASE.**

The Swimming Teacher's Certificate will be issued after completion of the course ( 80% attendance or above is required ) and successful completion of the written examination.

Note: The course syllabus is subject to change with or without prior notice.

\*KGV - King George V School, 2 Tin Kwong Road, Kowloon.

\*OH – Lecture Theatre, 2<sup>nd</sup> floor, Olympic House, No. 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong.

\*SMVSP – Shing Mun Valley Swimming Pool, 21 Shing Mun Road, Tsuen Wan, N. T.

Education Program

c.c. President / Hon. Secretary / Hon. Treasurer / Asst. Hon. Secretaries

**HKGSA SWIMMING TEACHER'S CERTIFICATE COURSE 2022-2023**

**APPLICATION FORM**

NAME : ( ENGLISH ) \_\_\_\_\_ ( CHINESE ) \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ AGE : \_\_\_\_ SEX : \_\_\_\_ HK I.D. CARD NO. \_\_\_\_\_

ADDRESS : ( IN ENGLISH ) \_\_\_\_\_

\_\_\_\_\_

( IN CHINESE ) \_\_\_\_\_

CONTACT TEL : \_\_\_\_\_ E MAIL: \_\_\_\_\_

EMERGENCY PERSON: \_\_\_\_\_ EMERGENCY CONTACT: \_\_\_\_\_

EDUCATION : \_\_\_\_\_

ANY CERTIFICATE ISSUED BY HKGSA OR OTHER ORGANISATION : ( copy required )

TEACHING / COACHING EXPERIENCE IN SWIMMING IF ANY : ( with date and period )

PLEASE INDICATE YOUR PREFERENCE OF CLASS A or B or C. THE FINAL DECISION FOR CLASS ASSIGNMENT IS AT THE TOTAL DISCRETION OF HKGSA. (  CLASS A /  CLASS B /  CLASS C /  ANY CLASS OF A , B OR C )

I WILL COMPLY WITH THE VACCINE PASS ARRANGEMENT LAUNCHED BY THE GOVERNMENT.

SWIMMING CLUB'S RECOMMENDATION LETTER :

( Reasons to support the applicant to this course )

Club Head's signature : \_\_\_\_\_ Club chop : \_\_\_\_\_ Date : \_\_\_\_\_

Name in block : \_\_\_\_\_

## HKGSA SWIMMING TEACHER'S CERTIFICATE COURSE 2022-2023

| DATE             | TIME  | VENUE | CONTENT    | LECTURER |
|------------------|-------|-------|------------|----------|
| 25/09/2022 (Sun) | 18:00 | SMVSP | Water Test | YKT      |

### CLASS A

| DATE                 | TIME                     | VENUE                | CONTENT                   | LECTURER |
|----------------------|--------------------------|----------------------|---------------------------|----------|
| 30/10/2022 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Mechanics)       | AYSL     |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Freestyle)       | FM       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Freestyle)     | FM       |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 13/11/2022 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Physiology)      | YWP      |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Breaststroke)    | FM       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Breaststroke)  | FM       |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 20/11/2022 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Butterfly)       | FWT      |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Management)      | FY       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Butterfly)     | FWT      |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 27/11/2022 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Backstroke)      | FWT      |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Teaching Method) | FY       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Backstroke)    | FWT      |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 04/12/2022 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Swimming Rules)  | STPH     |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Teaching Method) | FY       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Water Safety)  | FY       |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 13/12/2022 (Tue)     | 19:00-21:00              | OH (Lecture Theatre) | Examination               | YKT      |

### CLASS B

| DATE                 | TIME                     | VENUE                | CONTENT                   | LECTURER |
|----------------------|--------------------------|----------------------|---------------------------|----------|
| 05/02/2023 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Mechanics)       | AYSL     |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Freestyle)       | FM       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Freestyle)     | FM       |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 12/02/2023 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Physiology)      | YWP      |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Breaststroke)    | FM       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Breaststroke)  | FM       |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 19/02/2023 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Butterfly)       | FWT      |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Management)      | FY       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Butterfly)     | FWT      |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 26/02/2023 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Backstroke)      | FWT      |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Teaching Method) | FY       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Backstroke)    | FWT      |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 05/03/2023 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Swimming Rules)  | STPH     |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Teaching Method) | FY       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Water Safety)  | FY       |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 14/03/2023 (Tue)     | 19:00-21:00              | OH (Lecture Theatre) | Examination               | YKT      |

### CLASS C

| DATE                 | TIME                     | VENUE                | CONTENT                   | LECTURER |
|----------------------|--------------------------|----------------------|---------------------------|----------|
| 19/03/2023 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Mechanics)       | AYSL     |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Freestyle)       | FM       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Freestyle)     | FM       |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 26/03/2023 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Physiology)      | YWP      |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Breaststroke)    | FM       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Breaststroke)  | FM       |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 02/04/2023 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Butterfly)       | FWT      |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Management)      | FY       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Butterfly)     | FWT      |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 09/04/2023 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Backstroke)      | FWT      |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Teaching Method) | FY       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Backstroke)    | FWT      |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 23/04/2023 (Sun)     | 08:30-10:30              | OH (Lecture Theatre) | Lecture (Swimming Rules)  | STPH     |
|                      | 10:30-12:30              | OH (Lecture Theatre) | Lecture (Teaching Method) | FY       |
|                      | 15:30-16:30 (1-50)       | King George V School | Practical (Water Safety)  | FY       |
| 16:30-17:30 (51-100) | 25 M Outdoor Heated Pool |                      |                           |          |
| 02/05/2023 (Tue)     | 19:00-21:00              | OH (Lecture Theatre) | Examination               | YKT      |

10-12 Mar 2023 Age Group Short Course Champ, 15-16 Apr 2023 Festival of Sports

Please bring your own swimming cap, kickboard and pullbuoy during the practical session. 自備游泳用具(泳帽, 浮板及夾腳浮泡)

King George V School, 2 Tin Kwong Road Kowloon (Argyle Street → Tin Kwong Road → Sheung Kin Street)

英皇佐治五世學校, 九龍何文田天光道2號 (亞皆老街 → 天光道 → 常健街)

OH – Olympic House (Lecture Theatre), Stadium Path, 1, So Kon Po, Causeway Bay, Hong Kong. 香港銅鑼灣掃桿埔奧運大樓(政府大球場隔鄰)

SMVSP – Shing Mun Valley Swimming Pool, 21 Shing Mun Road, Tsuen Wan, N. T. 城門谷游泳池, 新界荃灣城門道21號