

HKGSA SWIMMING TEACHER'S CERTIFICATE COURSE 2022-2023

DATE	TIME	VENUE	CONTENT	LECTURER
25/09/2022 (Sun)	18:00	SMVSP	Water Test	YKT

CLASS A

DATE	TIME	VENUE	CONTENT	LECTURER
30/10/2022 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Mechanics)	AYSL
	10:30-12:30	OH (Lecture Theatre)	Lecture (Freestyle)	FM
	15:30-16:30 (1-40)	King George V School	Practical (Freestyle)	FM
13/11/2022 (Sun)	16:30-17:30 (41-85)	25 M Outdoor Heated Pool		
	08:30-10:30	OH (Lecture Theatre)	Lecture (Physiology)	YWP
	10:30-12:30	OH (Lecture Theatre)	Lecture (Breaststroke)	FM
20/11/2022 (Sun)	15:30-16:30 (1-40)	King George V School	Practical (Breaststroke)	FM
	16:30-17:30 (41-85)	25 M Outdoor Heated Pool		
	08:30-10:30	OH (Lecture Theatre)	Lecture (Butterfly)	FWT
27/11/2022 (Sun)	10:30-12:30	OH (Lecture Theatre)	Lecture (Management)	FY
	15:30-16:30 (1-40)	King George V School	Practical (Butterfly)	FWT
	16:30-17:30 (41-85)	25 M Outdoor Heated Pool		
04/12/2022 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Backstroke)	FWT
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
	15:30-16:30 (1-40)	King George V School	Practical (Backstroke)	FWT
13/12/2022 (Tue)	16:30-17:30 (41-85)	25 M Outdoor Heated Pool		
	08:30-10:30	OH (Lecture Theatre)	Lecture (Swimming Rules)	STPH
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
13/12/2022 (Tue)	15:30-16:30 (1-40)	King George V School	Practical (Water Safety)	FY
	16:30-17:30 (41-85)	25 M Outdoor Heated Pool		
	19:00-21:00	OH (Lecture Theatre)	Examination	YKT

CLASS B

DATE	TIME	VENUE	CONTENT	LECTURER
05/02/2023 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Mechanics)	AYSL
	10:30-12:30	OH (Lecture Theatre)	Lecture (Freestyle)	FM
	15:30-17:30	King George V School 25 M Outdoor Heated Pool	Practical (Freestyle)	FM
12/02/2023 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Physiology)	YWP
	10:30-12:30	OH (Lecture Theatre)	Lecture (Breaststroke)	FM
	15:30-17:30	King George V School 25 M Outdoor Heated Pool	Practical (Breaststroke)	FM
19/02/2023 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Butterfly)	FWT
	10:30-12:30	OH (Lecture Theatre)	Lecture (Management)	FY
	15:30-17:30	King George V School 25 M Outdoor Heated Pool	Practical (Butterfly)	FWT
26/02/2023 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Backstroke)	FWT
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
	15:30-17:30	King George V School 25 M Outdoor Heated Pool	Practical (Backstroke)	FWT
05/03/2023 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Swimming Rules)	STPH
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
	15:30-17:30	King George V School 25 M Outdoor Heated Pool	Practical (Water Safety)	FY
14/03/2023 (Tue)	19:00-21:00	OH (Lecture Theatre)	Examination	YKT

CLASS C

DATE	TIME	VENUE	CONTENT	LECTURER
19/03/2023 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Mechanics)	AYSL
	10:30-12:30	OH (Lecture Theatre)	Lecture (Freestyle)	FM
	15:30-17:30	King George V School 25 M Outdoor Heated Pool	Practical (Freestyle)	FM
26/03/2023 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Physiology)	YWP
	10:30-12:30	OH (Lecture Theatre)	Lecture (Breaststroke)	FM
	15:30-17:30	King George V School 25 M Outdoor Heated Pool	Practical (Breaststroke)	FM
02/04/2023 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Butterfly)	FWT
	10:30-12:30	OH (Lecture Theatre)	Lecture (Management)	FY
	15:30-17:30	King George V School 25 M Outdoor Heated Pool	Practical (Butterfly)	FWT
09/04/2023 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Backstroke)	FWT
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
	15:30-17:30	King George V School 25 M Outdoor Heated Pool	Practical (Backstroke)	FWT
23/04/2023 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Swimming Rules)	STPH
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
	15:30-17:30	King George V School 25 M Outdoor Heated Pool	Practical (Water Safety)	FY
02/05/2023 (Tue)	19:00-21:00	OH (Lecture Theatre)	Examination	YKT

10-12 Mar 2023 Age Group Short Course Champ , 15-16 Apr 2023 Festival of Sports

Please bring your own swimming cap, kickboard and pullbuoy during the practical session. 自備游泳用具(泳帽, 浮板及夾腳浮泡)

King George V School , 2 Tin Kwong Road Kowloon (Argyle Street→Tin Kwong Road→Sheung Kin Street)

英皇佐治五世學校, 九龍何文田天光道2號 (亞皆老街→天光道→常健街)

OH – Olympic House (Lecture Theatre), Stadium Path, 1, So Kon Po, Causeway Bay, Hong Kong. 香港銅鑼灣掃桿埔奧運大樓(政府大球場隔鄰)

SMVSP – Shing Mun Valley Swimming Pool, 21 Shing Mun Road, Tsuen Wan, N. T. 城門谷游泳池, 新界荃灣城門道21號