

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2022-23 Short Course Masters Swimming Competition (Part 1)

二零二二至二三年短池先進游泳比賽第一部份

4 September 2022 (Sun)

二零二二年九月四日(日)

**Shing Mun Valley
Swimming Pool**

城門谷游泳池

Subvented by the LCSD



2022-2023 MSSCP1 - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 200 Breaststroke	57
2	Women 200 Breaststroke	28
3	Men 50 Freestyle	121
4	Women 50 Freestyle	70
5	Men 25 Breaststroke	90
6	Women 25 Breaststroke	41
7	Men 50 Backstroke	69
8	Women 50 Backstroke	43
9	Men 100 IM	98
10	Women 100 IM	59
11	Men 25 Butterfly	140
12	Women 25 Butterfly	79
13	Men 4x25 Medley Relay	53
14	Women 4x25 Medley Relay	27
15	Men 50 Breaststroke	92
16	Women 50 Breaststroke	55
17	Men 100 Freestyle	93
18	Women 100 Freestyle	31
19	Mixed 4x25 Freestyle Relay	41

Total **1287**

Entry information by Day		
Day / Session	No. of Entries	Total
A.M.	519	1287
P.M.	768	

Short Course Masters Swimming Competition – Part 1

短池先進游泳比賽 – 第一部份

Date: 04-09-2022 (Sunday)

Venue: Shing Mun Valley Swimming Pool 城門谷游泳池

Morning Warm up/熱身:	Group A: 0900-0930 Group B: 0935-1005
Morning First Event/開始:	1015 Hrs
Afternoon Warm up/熱身:	Group A: 1300-1330 Group B: 1335-1405
Afternoon First Event/開始:	1415 Hrs

MEN

WOMEN

1	200 M	Breaststroke	蛙泳	2
3	50 M	Freestyle	自由泳	4
5	25 M	Breaststroke	蛙泳	6
7	50 M	Backstroke	背泳	8
Lunch Break 午膳時間				
9	100 M	Individual Medley	個人四式	10
11	25 M	Butterfly	蝶泳	12
13	4 x 25 M	Medley Relay	四式接力	14
15	50 M	Breaststroke	蛙泳	16
17	100 M	Freestyle	自由泳	18
19	4 x 25 M	Mixed Freestyle Relay	男女混合 自由接力	

二零二二至二三年香港先進游泳比賽系列 比賽規程

日期/時間:	請參閱比賽年表及項目表。
地點:	請參閱比賽年表。
報名條件:	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的2022-2023年度先進組別泳員。2022-23 年註冊費為港幣\$100元正。 ◇ 年滿18歲或以上。 ◇ 外隊參賽:所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名:	<ul style="list-style-type: none"> ◇ 必須以報名總表報名, 不正確及未填妥的報名總表, 將不獲受理, 報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 每名泳員可參加不多於3項個人項目。 ◇ 每項報名費為港幣\$15元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿25歲或以上。 ◇ 每位泳員於每項接力項目只能參加一個年齡組別。如泳員參加多於一個年齡組別, 該泳員所參與的接力項目成績將會被取消。 ◇ 各隊所有運動員需依照所屬屬會提交的接力表上次序比賽, 如運動員沒有依照接力表上的次序比賽, 該隊成績將會被取消。 ◇ 每項報名費為港幣\$15元正。 <p>支票請劃線, 抬頭寫HKGSA。</p>
截止報名:	報名須於首日比賽21日前辦妥。(以泳總的公佈為準)
截止註冊:	註冊須於比賽截止報名21日前辦妥。(以泳總的公佈為準) *(包括轉會註冊)
項目:	請參閱項目表。 <u>所有賽事均以時間決定名次, 不設初賽。</u>
年齡組:	<p>年齡以比賽年12月31日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
棄權:	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽30分鐘前遞交。 ◇ 接力名單須於比賽日12 時前遞交。 ◇ 每次“缺席”的罰款為港幣\$30元正。罰款須於下次比賽截止報名前付清, 否則將不獲接受報名。
線道安排:	◇ 所有參加者, 將不按年齡, 而是跟據其提交的報名時間作編組, 唯成績將按泳員所屬的組別分別處理。
獎項:	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ *個人項目前八名可分別獲得9, 7, 6, 5, 4, 3, 2及1分 ◇ *接力首八名得分為18,14, 12, 10, 8, 6, 4, 2。(年齡18-24組除外) ◇ *團體獎項: 男子 / 女子組全場冠、亞及季軍。
規則:	<ul style="list-style-type: none"> ◇ 比賽採用國際泳聯的規則。 ◇ 如參加400m或800m自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程, 裁判有權要求其泳員離開比賽線道, 而其成績會記錄為“DNF”(未能完成比賽)。

	<p>◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成, 其成員均為25歲或以上, 而取得首8名的隊伍將獲得9, 7, 6, 5, 4, 3, 2及1分, 該得分將計算在男子及女子的團體分內。</p> <p>◇ 泳會必須按照接力名單上填寫的運動員出賽, 如被發現有冒認選手或頂包行為, 泳會將被嚴厲處分。詳細罰則如下:</p> <p>第一次違規 有關屬會須就每個違規項目繳交\$1,000罰款, 另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。</p> <p>第二次違規 有關屬會須就每個違規項目繳交\$1,000罰款, 另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。</p> <p>第三次違規 有關屬會須就每個違規項目繳交\$1,000罰款, 另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。</p> <p><u>違規記錄於一個財政年度清算(由4月1日起至3月31日)</u></p>												
<p>工作人員安排:</p>	<p>◇ 各參賽屬會需派出以下工作人員數量:</p> <table border="1" data-bbox="267 711 919 1054"> <thead> <tr> <th>參賽人數</th> <th>需要提供工作人員數量</th> <th>最多可派出工作人員數量</th> </tr> </thead> <tbody> <tr> <td>5至14人</td> <td>1</td> <td>4</td> </tr> <tr> <td>15至24人</td> <td>2</td> <td>4</td> </tr> <tr> <td>25人或以上</td> <td>3</td> <td>4</td> </tr> </tbody> </table> <p>◇ 如屬會不能提供所需工作人員數量, 有關屬會將於下個比賽被罰停賽一次。</p>	參賽人數	需要提供工作人員數量	最多可派出工作人員數量	5至14人	1	4	15至24人	2	4	25人或以上	3	4
參賽人數	需要提供工作人員數量	最多可派出工作人員數量											
5至14人	1	4											
15至24人	2	4											
25人或以上	3	4											
<p>上訴:</p>	<p>◇ 任何上訴須以書面提出, 並須在該項目比賽結果公佈後的30分鐘內, 連同上訴費港幣\$200元遞交予總裁判。</p> <p>◇ 上訴會交由該比賽之上訴委員會作決定。</p> <p>◇ 若上訴被駁回, 已繳費用概不發還。</p>												

*海外參賽者並不適用。

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2021-22 Short Course Masters Swimming Competition - Part 1)

MEN 25M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	90-94	0:25.01	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LEE MING	SFC	85-89	0:21.24	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
FU TAI CHUN	KTS	80-84	0:19.48	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
TAM WING SING	NWC	75-79	0:15.46	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
TIN SHEUNG KWAI	NWC	70-74	0:14.08	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
TIN SHEUNG KWAI	SFC	65-69	0:13.62	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
CHAN KIN YUEN	SFC	60-64	0:13.07	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
WAI CHRIS TAK WING	NWC	55-59	0:13.12	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
WONG KWOK WAH	KHC	50-54	0:11.73	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
RUST STEFAN ROBERT	LRC	45-49	0:12.48	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
NORTJE, CRAIG ANDREW	#FB	40-44	0:11.52	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
FU WING HARBETH	KTS	35-39	0:11.28	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
CHOW SIK HANG	NWC	30-34	0:10.97	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
KONG CHUN YIN	FWC	25-29	0:11.03	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LEUNG KA MAN	HKP	18-24	0:11.60	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14

WOMEN 25M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	80-84	0:18.80	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	SFC	75-79	0:19.23	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
SUEN MING CHU	SFC	70-74	0:18.47	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
BAI XIUFEN	SFC	65-69	0:17.20	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
TSEUNG NGA WAH	SFC	60-64	0:15.11	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:14.12	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
MCCARROLL JESSICA LEE TEMPLE	CKW	50-54	0:14.60	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
YAMAGUCHI, MIKA	PSC	45-49	0:13.81	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
MATSUDA, HITOMI	SFC	40-44	0:13.37	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KELSEY JANE MACFARLAND	LRC	35-39	0:13.89	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
MOK WING YAN	CLT	30-34	0:13.14	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
CHAN YU NING	DLS	25-29	0:13.08	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LAI VIVIAN HIU TUNG	DLS	18-24	0:12.79	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15

MEN 50M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	90-94	0:53.15	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LEE MING	SFC	85-89	0:45.70	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LEE MING	SFC	80-84	0:43.06	Short Course Masters Open Swimming Championships 2010	17-Jan-10
FU TAI CHUN	KTS	75-79	0:34.15	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
<u>TSE KWOK PUI</u>	<u>SFC</u>	<u>70-74</u>	<u>0:32.12</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
FU TAI CHUN	KTS	65-69	0:29.43	Short Course Masters Swimming Championships 2003	15-Feb-03
FU TAI CHUN	KTS	60-64	0:28.63	Short Course Masters Swimming Championships 1997	22-Feb-97
<u>WONG KWOK WAH</u>	<u>KHC</u>	<u>55-59</u>	<u>0:25.67</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
WONG KWOK WAH	KHC	50-54	0:25.42	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
RUST STEFAN ROBERT	LRC	45-49	0:25.64	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
NORTJE, CRAIG ANDREW	#FB	40-44	0:25.17	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
FU WING HARBETH	KTS	35-39	0:24.05	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
FU WING HARBETH	KTS	30-34	0:23.80	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
<u>CHUNG LAI YEUNG</u>	<u>#DB</u>	<u>25-29</u>	<u>0:23.20</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
KONG CHUN YIN	HVA	18-24	0:23.45	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 50M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	80-84	0:45.12	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	SFC	75-79	0:44.41	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
<u>BAN XIUFEN</u>	<u>SFC</u>	<u>70-74</u>	<u>0:40.87</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
BAI XIUFEN	SFC	65-69	0:38.19	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
TSUENG NGA WAH	SFC	60-64	0:35.08	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:32.18	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
COGGINS LYNDA ANNE	LRC	50-54	0:30.30	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
<u>YAMAGUCHI, MIKA</u>	<u>#FL</u>	<u>45-49</u>	<u>0:29.41</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
<u>KRKA LO SHAUNA KATHLEEN</u>	<u>LRC</u>	<u>40-44</u>	<u>0:27.54</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
KELSEY JANE MACFARLAND	LRC	35-39	0:28.62	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
CHANG CHARLOTTE CHI-LOK	#FL	30-34	0:28.53	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
NG KA MAN	KTS	25-29	0:27.85	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
SETO WING YAN	NWC	18-24	0:28.22	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2021-22 Short Course Masters Swimming Competition - Part 1)

MEN 100M FREESTYLE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
LEE MING	SFC	80-84	1:39.86	2010-11 Short Course Masters Swimming Championships - Part 1	16-Oct-10
LAM LIT KWAN	LTS	75-79	1:34.01	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
<u>TSE KWOK PIU</u>	<u>NWC</u>	<u>70-74</u>	<u>1:11.76</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
TSE KWOK PIU	SFC	65-69	1:09.73	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
<u>HO ROBERT YAU CHUNG</u>	<u>LRC</u>	<u>60-64</u>	<u>1:03.67</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
MA ETIENNE	YMC	55-59	1:01.39	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
RUST STEFAN ROBERT	LRC	50-54	0:57.63	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
<u>STAMENOVIC IVAN</u>	<u>LRC</u>	<u>45-49</u>	<u>0:57.32</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
<u>O'NEILL DONAL THOMAS</u>	<u>LRC</u>	<u>40-44</u>	<u>0:54.46</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
NORTJE CRAIG ANDREW	VRC	35-39	0:55.85	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
BEAHAN GRANT KENNETH	BSC	30-34	0:54.17	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KONG CHUN YIN	FWC	25-29	0:53.13	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
WONG SING TSUN DEREK	CUC	18-24	0:53.96	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 100M FREESTYLE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
MAK SUET MAN	SGC	80-84	2:32.06	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
WONG JIM	SFC	75-79	1:53.52	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
SAM CHOI LIN	SFC	70-74	1:48.91	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
SUEN MING CHU	SFC	65-69	1:33.56	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
TSEUNG NGA WAH	SFC	60-64	1:20.88	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:14.61	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
COGGINS LYNDA ANNE	LRC	50-54	1:08.59	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
<u>YAMAGUCHI MIKA</u>	<u>#FL</u>	<u>45-49</u>	<u>1:04.90</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
<u>KRKALO SHAUNA KATHLEEN</u>	<u>LRC</u>	<u>40-44</u>	<u>1:02.37</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
KELSEY JANE MACFARLAND	LRC	35-39	1:01.44	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
CARPENTER LINH THUC LUONG	LRC	30-34	1:03.42	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
<u>VAINIUS THERESE ELLEN</u>	<u>LRC</u>	<u>25-29</u>	<u>1:01.80</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
MAU LOK YAN EUNICE	CUC	18-24	1:01.93	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

MEN 200M FREESTYLE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
YIM KAM WING	NWC	80-84	3:47.42	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
LEE MING	SFC	75-79	3:29.45	Short Course Masters Open Swimming Championships 2007	4-Mar-07
FU TAI CHUN	KTS	70-74	2:49.62	Short Course Masters Open Swimming Championships 2008	1-Mar-08
CAMPBELL JOHN REID	SFC	65-69	2:32.98	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
HO ROBERT YAU CHUNG	LRC	60-64	2:27.89	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
MA ETIENNE	YMC	55-59	2:19.34	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
MA ETIENNE	YMC	50-54	2:19.05	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	2:08.25	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
MCKINLAY CALUM JOHN	HIS	40-44	2:04.25	Short Course Masters Open Swimming Championships 2008	1-Mar-08
CAGGIO, ANTONINO	NWC	35-39	2:01.74	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
CHOW KEVIN TZE HO	SCA	30-34	2:06.50	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LAU CHUN LEUNG JOHNNY	KHC	25-29	1:58.61	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
LUI CHUN YIN	DLS	18-24	1:59.50	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15

WOMEN 200M FREESTYLE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
MAK SUET MAN	SGC	80-84	5:11.28	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
WONG JIM	SFC	75-79	4:44.82	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
SUEN MING CHU	SFC	70-74	3:33.59	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
SUEN MING CHU	SGC	65-69	3:18.38	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
SUEN MING CHU	SCA	60-64	3:12.88	Short Course Masters Open Swimming Championships 2008	1-Mar-08
KIRKWOOD, TAIN MHAIRA	LRC	55-59	2:45.79	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDA ANNE	LRC	50-54	2:33.29	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
YAMAGUCHI, MIKA	PSC	45-49	2:28.46	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
KELSEY JANE MACFARLAND	LRC	40-44	2:14.12	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
KELSEY JANE MACFARLAND	LRC	35-39	2:12.81	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
CARPENTER LINH THUC LUONG	LRC	30-34	2:20.77	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
NG KA MAN	KTS	25-29	2:16.19	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
CHOW SIN HANG	KTS	18-24	2:19.51	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2021-22 Short Course Masters Swimming Competition - Part 1)

MEN 25M BACKSTROKE		NAME OF MEET			DATE ACHIEVED
FU TAI CHUN	SFC	80-84	0:24.48	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
FU TAI CHUN	KTS	75-79	0:20.32	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
TIN SHEUNG KWAI	NWC	70-74	0:17.13	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
TIN SHEUNG KWAI	KTS	65-69	0:16.43	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
CHAN KIN YUEN	KTS	60-64	0:16.42	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
HO ROBERT YAU CHUNG	LRC	55-59	0:15.76	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
XIE JIANGHONG	SFC	50-54	0:14.85	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
RUST STEFAN ROBERT	LRC	45-49	0:14.84	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
NORTJE, CRAIG ANDREW	#FB	40-44	0:14.15	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LAM YAU SUN DICKSON	#DB	35-39	0:13.29	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LAM YAU SUN DICKSON	#DB	30-34	0:13.34	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LEE MAN TIM	HTA	25-29	0:12.96	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
CHEUNG YAU MING	#DB	18-24	0:12.46	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19

WOMEN 25M BACKSTROKE		NAME OF MEET			DATE ACHIEVED
TAI LI HUA	SFC	80-84	0:24.02	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	SFC	75-79	0:26.44	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	KTS	70-74	0:24.58	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
BAI XIUFEN	SFC	65-69	0:19.49	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
TSEUNG NGA WAH	SFC	60-64	0:20.35	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LEUNG WAI FAN	KTS	55-59	0:17.86	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDA ANNE	LRC	50-54	0:16.27	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LAKE AMBER ROBYN	LRC	45-49	0:16.31	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
LAKE AMBER ROBYN	LRC	40-44	0:16.08	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
CHEN YANGYANG	LRC	35-39	0:15.71	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHAN WING SUET	CKW	30-34	0:15.12	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
CARPENTER LINH THUC LUONG	LRC	25-29	0:14.97	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
LAM SUET	HKP	18-24	0:15.19	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17

MEN 50M BACKSTROKE		NAME OF MEET			DATE ACHIEVED
MAK HEI CHI	SGC	80-84	0:57.47	Short Course Masters Open Swimming Championships 2009	18-Jan-09
LAM LIT KWAN	LTS	75-79	0:48.18	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
FU TAI CHUN	KTS	70-74	0:42.19	Short Course Masters Open Swimming Championships 2007	4-Mar-07
LEE SHE KWOK	SFC	65-69	0:43.61	Short Course Masters Swimming Championships 2004	15-Feb-04
NGAI WING FOOK	KTS	60-64	0:35.84	Short Course Masters Swimming Championships 2003	15-Feb-03
HO ROBERT YAU CHUNG	LRC	55-59	0:33.42	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
JOHNSON ERIC ANDREW	LRC	50-54	0:31.06	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
JOHNSON ERIC ANDREW	LRC	45-49	0:30.51	Short Course Masters Open Swimming Championships 2009	18-Jan-09
<u>O'NEILL DONAL THOMAS</u>	<u>LRC</u>	<u>40-44</u>	<u>0:27.54</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
<u>LAM YAU SUN DICKSON</u>	<u>#DB</u>	<u>35-39</u>	<u>0:28.05</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
LAM YAU SUN DICKSON	#DB	30-34	0:28.15	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
KONG CHUN YIN	FWC	25-29	0:28.64	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
LEUNG WING KEI	CUC	18-24	0:27.55	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11

WOMEN 50M BACKSTROKE		NAME OF MEET			DATE ACHIEVED
<u>WONG JIM</u>	<u>SFC</u>	<u>80-84</u>	<u>1:03.64</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
WONG JIM	SFC	75-79	0:58.66	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
<u>BAN XIUFEN</u>	<u>SFC</u>	<u>70-74</u>	<u>0:43.96</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
<u>LO LAI YING</u>	<u>SFC</u>	<u>65-69</u>	<u>0:48.47</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
<u>TSEUNG NGA WAH</u>	<u>SFC</u>	<u>60-64</u>	<u>0:44.48</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:43.10	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
COGGINS LYNDA ANNE	LRC	50-54	0:35.04	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LAKE AMBER ROBYN	LRC	45-49	0:34.31	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
TAM ALISON MAI LING	#FL	40-44	0:33.75	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
KELSEY JANE MACFARLAND	LRC	35-39	0:33.53	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.19	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
CHAN KA KA / SETO WING YAN	HKP/NWC	25-29	0:33.63	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
FONG SIN YI	KTS	18-24	0:32.59	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2021-22 Short Course Masters Swimming Competition - Part 1)

MEN 25M BREASTSTROKE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
HO SHUI ON	KRS	80-84	0:25.64	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LAM LIT KWAN	LTS	75-79	0:18.93	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
TIN SHEUNG KWAI	NWC	70-74	0:17.28	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
CHAN KAM POR	SFC	65-69	0:16.85	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
TANG KON LEONG	SFC	60-64	0:16.29	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
CHAN KAM POR	SGC	55-59	0:16.35	2010-11 Short Course Masters Swimming Championships - Part 1	16-Oct-10
WATT KAM SING MICHAEL	KTC	50-54	0:15.09	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
WAN LAP SUN	FWC	45-49	0:14.68	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
LEUNG SIU KIN PHILIP	LTS	40-44	0:13.97	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
LO JONATHAN KA YAN	FWC	35-39	0:14.11	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
WONG CHUN YAN	HTA	30-34	0:13.55	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
<u>YUEN MARCUS</u>	<u>LRC</u>	<u>25-29</u>	<u>0:13.27</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
YUEN MARCUS	PSC	18-24	0:13.30	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17

WOMEN 25M BREASTSTROKE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
<u>TAI LI HUA</u>	<u>SFC</u>	<u>80-84</u>	<u>0:24.09</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
TAI LI HUA	LTS	75-79	0:22.48	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
WONG JIM	SFC	70-74	0:24.24	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:22.60	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
<u>TSANG NGA WAH</u>	<u>SFC</u>	<u>60-64</u>	<u>0:21.03</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
<u>CHOW YEE HEUNG LIZA</u>	<u>LTS</u>	<u>55-59</u>	<u>0:21.39</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
LEUNG WAI FAN	KTS	50-54	0:17.63	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
YAMAGUCHI MIKA	SFC	45-49	0:17.66	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
YAMAGUCHI MIKA	SFC	40-44	0:18.04	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
YAU LOK LAM VAN	RSC	35-39	0:16.60	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
TU PUI YEE	HKP	30-34	0:16.31	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
<u>LI TSZ YU</u>	<u>NWC</u>	<u>25-29</u>	<u>0:15.75</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
LITSZ YU	HFS	18-24	0:16.84	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

MEN 50M BREASTSTROKE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
LEE MING	SFC	90-94	1:21.29	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHI LIEH YUNG	SFC	85-89	1:01.03	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHAM KAM	SFC	80-84	0:53.46	Short Course Masters Open Swimming Championships 2009	18-Jan-09
FU TAI CHUN	KTS	75-79	0:50.79	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
YONG KHIN SYN	SFC	70-74	0:40.23	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
YONG KHIN SYN	SFC	65-69	0:37.04	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
FU TAI CHUN	KTS	60-64	0:36.15	Short Course Masters Swimming Championships 1997	22-Feb-97
FU TAI CHUN	KTS	55-59	0:34.52	Short Course Masters Swimming Championships 1993	6-Feb-93
SIEH TIEN YU	KTS	50-54	0:33.32	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
YEW SING MING KELVIN	SFC	45-49	0:30.99	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
IMAL RYOSUKE	PSC	40-44	0:28.91	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LO JONATHAN KA YAN	LRC	35-39	0:30.71	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
WONG CHUN YAN	HTA	30-34	0:29.76	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LAM CHEUK YIN	FWC	25-29	0:29.15	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG HO KIU	#RF	18-24	0:29.16	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20

WOMEN 50M BREASTSTROKE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
CHAN WAI KIANG	KTS	80-84	1:13.70	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
WONG JIM	SFC	75-79	0:59.17	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
WONG JIM	KTS	70-74	0:55.21	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:49.83	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	0:49.06	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
LEUNG WAI FAN	KTS	55-59	0:38.71	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
LEUNG WAI FAN	KTS	50-54	0:37.68	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
YAMAGUCHI MIKA	#FL	45-49	0:38.42	Japan Masters Sprint 2019	30-Nov-19
<u>KRKA LO SHAUNA KATHLEEN</u>	<u>LRC</u>	<u>40-44</u>	<u>0:34.87</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
PANG WAN YIU SNOWIE VERONICA	FWC	35-39	0:37.14	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LIU KA LEI	KTS	30-34	0:35.44	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LEE WAI SZE	NWC	25-29	0:35.73	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
<u>IP RAINBOW</u>	<u>FFA</u>	<u>18-24</u>	<u>0:34.80</u>	<u>2021-22 Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2021-22 Short Course Masters Swimming Competition - Part 1)

MEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:35.25	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
CHAN KAM	SFC	80-84	2:19.76	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
LAM LIT KWAN	LTS	75-79	2:04.65	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
YONG KHIN SYN	SFC	70-74	1:32.18	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHAN KAM POR	SFC	65-69	1:23.71	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
CHAN KAM POR	SGC	60-64	1:23.13	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
KOO YU FAT MARCUS	FFA	55-59	1:21.76	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
WATT KAM SING MICHAEL	KTS	50-54	1:15.62	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
YEW SING MING KELVIN	SFC	45-49	1:08.66	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
IMAL RYOSUKE	PSC	40-44	1:03.04	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LO JONATHAN KA YAN	LRC	35-39	1:07.97	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KWOK HO TIN	NWC	30-34	1:05.84	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LAM CHEUK YIN	FWC	25-29	1:05.86	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
YUEN MARCUS	PSC	18-24	1:04.89	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17

WOMEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:12.86	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
SUEN MING CHU	SFC	70-74	1:53.64	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	1:50.27	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	1:44.12	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
KIRKWOOD, TAIN MHAIRA	LRC	55-59	1:31.00	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDA ANNE	LRC	50-54	1:25.41	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
YAMAGUCHI MIKA	PSC	45-49	1:27.19	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
MATSUDA, HITOMI	SFC	40-44	1:17.56	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LIU KA LEI	KTS	35-39	1:19.36	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
MORRISON RUTH	LRC	30-34	1:19.10	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LIU KA LEI	KTS	25-29	1:20.71	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
PANG HIU KWAN	JHC	18-24	1:24.52	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14

MEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG YUEN YING	KRS	85-89	8:35.75	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
CHAN KAM	SFC	80-84	4:43.82	Short Course Masters Open Swimming Championships 2009	18-Jan-09
MAK HEI CHI	SGC	75-79	4:01.31	Short Course Masters Swimming Championships 2005	6-Mar-05
YONG KHIN SYN	SFC	70-74	3:29.88	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
CHAN KAM POR	SFC	65-69	3:09.33	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHAN KAM POR	KTS	60-64	3:08.93	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
KOO YU FAT MARCUS	FFA	55-59	2:56.23	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
SIEH TIEN YU	KTS	50-54	2:43.57	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
WAN LAP SUN	FWC	45-49	2:49.84	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
FONG LIK SUN	#FB	40-44	2:30.19	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LO JONATHAN KA YAN	LRC	35-39	2:34.06	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
KWOK HO TIN	NWC	30-34	2:26.54	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YUEN MARCUS	LRC	25-29	2:25.14	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YUEN MARCUS	PSC	18-24	2:25.93	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

WOMEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	5:03.90	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
SUEN, MING CHU	SFC	70-74	4:02.83	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	3:59.49	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	3:48.33	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
KIRKWOOD TAIN MHAIRA	KTS	55-59	3:26.68	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
COGGINS LYNDA ANNE	LRC	50-54	3:12.28	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
COGGINS LYNDA ANNE	LRC	45-49	3:11.08	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
CHEUNG MAN YIU	SGC	40-44	3:16.78	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
CHEUNG MAN YIU	SGC	35-39	3:24.76	2011-12 Short Course Masters Swimming Competition - Part 1	21-Sep-14
MORRISON RUTH	LRC	30-34	2:58.22	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
LEE WAI SZE	NWC	25-29	2:49.49	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
MOK KA KA JANIS	#FL	18-24	2:53.53	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2021-22 Short Course Masters Swimming Competition - Part 1)

MEN 25M BUTTERFLY

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
YIM KAM WING	NWC	80-84	0:20.99	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
FU TAI CHUN	KTS	75-79	0:20.14	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LECKIE STUART	LRC	70-74	0:16.31	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
CHAN KAM POR	SFC	65-69	0:15.41	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
HO ROBERT YAU CHUNG	LRC	60-64	0:14.48	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
WONG KWOK WAH	KHC	55-59	0:12.59	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
TSANG YI MING	SMC	50-54	0:12.80	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
SIEH TIEN YU	KTS	45-49	0:13.01	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEWIS GARETH RHYS	LRC	40-44	0:12.40	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
NORTJE CRAIG ANDREW	CKW	35-39	0:12.39	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
LO JONATHAN KA YAN	LRC	35-39	0:12.39	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
BEAHAN GRANT KENNETH	BSC	30-34	0:12.01	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KONG CHUN YIN	FWC	25-29	0:11.99	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
KONG CHUN YIN	HVA	18-24	0:11.89	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 25M BUTTERFLY

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
TAI LI HUA	SFC	80-84	0:25.47	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
WONG JIM	SFC	75-79	0:24.48	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
SUEN MING CHU	SFC	70-74	0:20.34	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LO LAI YING	NWC	65-69	0:21.07	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
TSEUNG NGA WAH	SFC	60-64	0:17.48	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
KIRKWOOD TAIN MHAIRS	LRC	55-59	0:15.98	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LEUNG WAI FAN	KTS	50-54	0:15.36	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
PAZOS CHRISTENA MARIA	LRC	45-49	0:14.90	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
TAM ALISON MAI LING	#FL	40-44	0:14.84	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YAU LOK LAM VAN	RSC	35-39	0:14.37	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHAN WING SUET	CKW	30-34	0:13.87	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEE WAI SZE	NWC	25-29	0:14.44	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
IP RAINBOW	FFA	18-24	0:13.82	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21

MEN 50M BUTTERFLY

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
MAK HEI CHI	SGC	80-84	0:58.69	Short Course Masters Open Swimming Championships 2007	4-Mar-07
MAK HEI CHI	SGC	75-79	0:55.19	Short Course Masters Swimming Championships 2005	6-Mar-05
YIM KAM WING	CRS	70-74	0:40.69	Short Course Masters Swimming Championships 2003	15-Feb-03
FU TAI CHUN	KTS	65-69	0:33.04	Short Course Masters Swimming Championships 2003	15-Feb-03
HO ROBERT YAU CHUNG	LRC	60-64	0:31.69	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
FU TAI CHUN	KTS	55-59	0:29.97	Short Course Masters Swimming Championships 1993	6-Feb-93
SIEH TIEN YU	KTS	50-54	0:28.61	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
YEW SING MING KELVIN	SFC	45-49	0:27.89	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
NORTJE, CRAIG ANDREW	#FB	40-44	0:27.08	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
NORTJE CRAIG ANDREW	VRC	35-39	0:26.94	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
WANG TIMOTHY JONG	LRC	30-34	0:25.93	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
LEE MAN TIM	HTA	25-29	0:25.60	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LUI CHUN YIN	DLS	18-24	0:26.29	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15

WOMEN 50M BUTTERFLY

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
WONG JIM	SFC	75-79	0:59.89	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
SUEN MING CHU	SFC	70-74	0:47.96	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
SUEN MING CHU	SFC	65-69	0:46.85	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
TSEUNG NGA WAH	SFC	60-64	0:42.42	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:37.05	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
LEE TANYA DIANE	PSC	50-54	0:33.24	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
PAZOS CHRISTENA MARIA	LRC	45-49	0:33.08	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
TAM ALISON MAI LING	PSC	40-44	0:32.64	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
CHEN YANGYANG	LRC	35-39	0:32.28	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHAN WING SUET	CKW	30-34	0:30.53	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
NG KA MAN	SFC	25-29	0:28.88	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LAM SUET	HKP	18-24	0:30.91	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2021-22 Short Course Masters Swimming Competition - Part 1)

MEN 100M INDIVIDUAL MEDLEY

					NAME OF MEET	DATE ACHIEVED
YIM KAM WING	NWC	80-84	1:58.33	2013-14	Short Course Masters Swimming Competition - Part 1	22-Sep-13
CHEUNG TSAN	SFC	75-79	1:41.33		Short Course Masters Swimming Championships 2004	15-Feb-04
TIN SHEUNG KWAI	NWC	70-74	1:25.49	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHAN KAM POR	SFC	65-69	1:18.72	2016-17	Short Course Masters Swimming Competition - Part 2	26-Feb-17
FU TAI CHUN	KTS	60-64	1:16.19		Short Course Masters Swimming Championships 2000	12-Feb-00
KOO YU FAT MARCUS	FFA	55-59	1:13.19	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
JOHNSON ERIC ANDREW	LRC	50-54	1:07.05	2011-12	Short Course Masters Swimming Competition - Part 1	12-Nov-11
YEW SHING MING KELVIN	SFC	45-49	1:06.31	2017-18	Short Course Masters Swimming Competition - Part 2	28-Jan-18
IMAL RYOSUKE	PSC	40-44	0:59.78	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
LO JONATHAN KA YAN	LRC	35-39	1:02.62	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
YAN HO CHUN	NWC	30-34	1:01.12	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
KONG CHUN YIN	FWC	25-29	0:59.29	2014-15	Short Course Masters Swimming Competition - Part 2	25-Jan-15
CHEUNG YAU MING	#DB	18-24	0:57.30	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19

WOMEN 100M INDIVIDUAL MEDLEY

					NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:09.67	2015-16	Short Course Masters Swimming Competition - Part 2	24-Jan-16
SUEN MING CHU	SFC	70-74	1:46.53	2017-18	Short Course Masters Swimming Competition - Part 2	28-Jan-18
SUEN MING CHU	SFC	65-69	1:41.95	2013-14	Short Course Masters Swimming Competition - Part 2	2-Mar-14
TSEUNG NGA WAH	SFC	60-64	1:33.28	2017-18	Short Course Masters Swimming Competition - Part 2	28-Jan-18
POON WAI FUN	SGC	55-59	1:20.27	2014-15	Short Course Masters Swimming Competition - Part 2	25-Jan-15
LEE TANYA DIANE	PSC	50-54	1:15.67	2014-15	Short Course Masters Swimming Competition - Part 2	25-Jan-15
<u>YAMAGUCHI MIKA</u>	<u>#FL</u>	<u>45-49</u>	<u>1:14.24</u>	<u>2021-22</u>	<u>Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
MATSUDA, HITOMI	SFC	40-44	1:11.54	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
KELSEY JANE MACFARLAND	LRC	35-39	1:13.09	2011-12	Short Course Masters Swimming Competition - Part 1	12-Nov-11
CHAN WING SUET	CKW	30-34	1:11.96	2016-17	Short Course Masters Swimming Competition - Part 1	18-Sep-16
NG KA MAN	KTS	25-29	1:08.89	2014-15	Short Course Masters Swimming Competition - Part 2	25-Jan-15
AU HIU PUI	*GW	18-24	1:07.92	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19

MEN 4 X 25M FREESTYLE RELAY

					NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	1:25.15	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
NEW WATER POLO CLUB	NWC	280+	1:00.84	2017-18	Short Course Masters Swimming Competition - Part 2	28-Jan-18
SWORD FISH CLUB	SFC	240+	0:54.51	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
DIK WING ASSOCIATION	DWA	200+	0:51.80	2017-18	Short Course Masters Swimming Competition - Part 2	28-Jan-18
LADIES' RECREATION CLUB	LRC	160+	0:46.94	2017-18	Short Course Masters Swimming Competition - Part 2	28-Jan-18
NEW WATER POLO CLUB	NWC	120+	0:45.52	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
NEW WATER POLO CLUB	NWC	100+	0:45.42	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17

WOMEN 4 X 25M FREESTYLE RELAY

					NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	1:11.72	2019-20	Short Course Masters Swimming Competition - Part 2	19-Jan-20
SWORD FISH CLUB	SFC	240+	1:06.99	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
KWUN TONG SWIMMING CLUB	KTS	200+	1:01.27	2016-17	Short Course Masters Swimming Competition - Part 1	18-Sep-16
LADIES' RECREATION CLUB	LRC	160+	0:55.11	2013-14	Short Course Masters Swimming Competition - Part 2	2-Mar-14
LADIES' RECREATION CLUB	LRC	120+	0:54.30	2012-13	Short Course Masters Swimming Competition - Part 2	27-Jan-13
NEW WATER POLO CLUB	NWC	100+	0:54.79	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17

MEN 4 X 25M MEDLEY RELAY

					NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	1:47.23	2014-15	Short Course Masters Swimming Competition - Part 1	21-Sep-14
SWORD FISH CLUB	SFC	280+	1:11.02	2017-18	Short Course Masters Swimming Competition - Part 2	28-Jan-18
SWORD FISH CLUB	SFC	240+	1:02.52	2013-14	Short Course Masters Swimming Competition - Part 1	22-Sep-13
FIRE SERVICES	FWC	200+	0:57.73	2013-14	Short Course Masters Swimming Competition - Part 2	2-Mar-14
LADIES' RECREATION CLUB	LRC	160+	0:54.39	2017-18	Short Course Masters Swimming Competition - Part 2	28-Jan-18
NEW WATER POLO CLUB	NWC	120+	0:50.84	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
<u>DIOCESAN SCHOOL OLD BOYS' ASSOCIATION</u>	<u>#DB</u>	<u>100+</u>	<u>0:49.78</u>	<u>2021-22</u>	<u>Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>

WOMEN 4 X 25M MEDLEY RELAY

					NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	1:41.68	2019-20	Short Course Masters Swimming Competition - Part 1	22-Sep-19
<u>SWORD FISH CLUB</u>	<u>SFC</u>	<u>240+</u>	<u>1:16.20</u>	<u>2021-22</u>	<u>Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
LADIES' RECREATION CLUB	LRC	200+	1:07.31	2015-16	Short Course Masters Swimming Competition - Part 2	24-Jan-16
LADIES' RECREATION CLUB	LRC	160+	1:02.16	2013-14	Short Course Masters Swimming Competition - Part 2	2-Mar-14
<u>LADIES' RECREATION CLUB</u>	<u>LRC</u>	<u>120+</u>	<u>1:00.50</u>	<u>2021-22</u>	<u>Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
NEW WATER POLO CLUB	NWC	100+	1:02.35	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17

MIXED 4 X 25M FREESTYLE RELAY

					NAME OF MEET	DATE ACHIEVED
<u>SWORD FISH CLUB</u>	<u>SFC</u>	<u>320+</u>	<u>1:31.09</u>	<u>2021-22</u>	<u>Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
<u>SWORD FISH CLUB</u>	<u>SFC</u>	<u>280+</u>	<u>1:09.36</u>	<u>2021-22</u>	<u>Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
SWORD FISH CLUB	SFC	240+	1:00.03	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
SWORD FISH CLUB	SFC	200+	0:56.81	2015-16	Short Course Masters Swimming Competition - Part 1	1-Nov-15
FASTLANE SWIMMING CO LIMITED	#FL	160+	0:51.28	2019-20	Short Course Masters Swimming Competition - Part 1	22-Sep-19
<u>LADIES' RECREATION CLUB</u>	<u>LRC</u>	<u>120+</u>	<u>0:49.14</u>	<u>2021-22</u>	<u>Short Course Masters Swimming Competition - Part 1</u>	<u>26-Sep-21</u>
NEW WATER POLO CLUB	NWC	100+	0:48.19	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17

2022-2023 Short Course Masters Swimming Competition (Part 1)**Reject List**

No.	Name	Event	Club	Remarks
1	Chu Shui Yi	7,9	SGC	No Reg
2	Ma Siu Chun Jason	3,5,7	FFA	No Reg
3	So Pak Hin Nico	9	FFA	No Reg
4	Rupert Puels	17	#FB	More than limited entries

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

Event 1 Men 200 SC Meter Breaststroke

- 18-24 MSR: 2:25.93
- 25-29 MSR: 2:25.14
- 30-34 MSR: 2:26.54
- 35-39 MSR: 2:34.06
- 40-44 MSR: 2:30.19
- 45-49 MSR: 2:49.84
- 50-54 MSR: 2:43.57
- 55-59 MSR: 2:56.23
- 60-64 MSR: 3:08.93
- 65-69 MSR: 3:09.33

	ID#	Name	Age	Team	Seed Time
18-24					
1	24279 IAZ	Au, Chung Yin	22	Kwun Tong	2:30.00
2	27205 P	Chan, Yan Shing	20	Current Club Ltd	2:50.00
3	28567 #IAZ	Tam, Wang Yin	22	New Water Polo	2:50.00
4	27803 B	Fan, Ka Ming	23	Current Club Ltd	3:20.00
25-29					
1	19810 IAZ	Lau, Ka Chun	26	Hong Kong Police	2:50.00
2	40333 IAZ	Lam, Pak Lai	25	Flying Fish	3:00.00
3	10083 IAZ	Chan, Chun Yin Wilson	28	Hong Kong Police	3:08.10
4	47043 IAZ	Lam, Pak Lun	28	Flying Fish	3:30.00
30-34					
1	01539 IBZ	Lee, Yeung Darwin	33	Fire Services	2:30.00
2	02591	Luk, Wing Kin Andy	33	Kwan Hung	2:32.00
3	14526 IBZ	Ho, Chun Sum Samuel	33	New Water Polo	2:50.00
4	04877 IBZ	Ng, Yu Ting	31	Sword Fish Club	3:04.12
5	23960 IAZ	Kong, Ka Wai	34	Kwun Tong	3:10.00
6	06886 B	Li, Chin Long	32	Eastern Winter	3:15.00
7	04048 IBZ	Cheung, Siu Long	31	Hong Kong Police	3:28.15
35-39					
1	24266 IAZ	Ma, Ling Ho Herwin	39	Hong Kong Police	3:15.00
2	38303 IAZ	Ng, Ho Yin	37	Sun Yip	3:55.00
3	41147 IAZ	Mok, Lai Yeung Jason	38	Diocesan School	4:48.00
40-44					
1	01465 ICZ	Chiang, Filomeno	40	Hong Kong Police	3:15.00
2	16451	Cheng, Ngai Bun	44	Kwun Tong	3:20.00
3	45574 IAZ	Ng, Siu Kwong	40	Sword Fish Club	3:30.00
4	46808 IAZ	Leung, Wang Chi	43	Current Club Ltd	3:50.00
5	23119 IAZ	Chan, Ying Tsung Bosco	41	Sword Fish Club	3:50.00
6	18880 IAZ	Chan, Ho Wai Howard	41	Sun Yip	4:00.00
7	40834 IAZ	Chang, Hsi Tse JosephJeremy	43	Diocesan School	4:48.00
8	01948 ICZ	Tang, Ho Yuen	40	Diocesan School	4:48.00
45-49					
1	46388 @ICO	Grimes, Ryan Edward	45	LRC	3:00.00
2	24603 IAZ	Hung, Ka Ming	47	YMCA OF Hong Kong	3:20.00
3	28849 IAZ	Chan, Chun Kuen	47	Sword Fish Club	3:25.00
4	47461 IAZ	Tse, Ka Fai	48	New Water Polo	3:50.00
5	05160	Chan, Ka Wo	45	Diocesan School	4:48.00
50-54					
1	25592 IAZ	Cheung, Wai Kei	50	Flying Fish	3:05.00
2	27868 IAZ	Chan, Chi Wah Ringo	50	Sword Fish Club	3:20.00
3	26317 IAZN	Tung, Shang Wei Timothy	52	Kwun Tong	3:30.00

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

50-54... (Event 1 Men 200 SC Meter Breaststroke)

4	15166	Leung, Chi Keung	50	Sun Yip	3:55.00
5	35711 IAX	Wong, Fuk Kei	53	Sword Fish Club	4:00.00
55-59					
1	04989	Wan, Lap Sun	56	Fire Services	2:38.00
2	33085 IAZ	Pang, Yu Man Manson	56	Fire Services	2:40.00
3	18856 IAZ	Au, Mun Shing	57	Sword Fish Club	3:30.00
4	40592 IAZ	Fo, Pui Keung	58	Hong Kong Police	3:45.01
5	27869 IAZ	Lee, Kam Cheong	58	Sword Fish Club	3:50.00
6	38291 IAZ	Liu, Chun Sing	56	Sword Fish Club	3:59.00
60-64					
1	05191	Koo, Yu Fat Marcus	60	Flying Fish	3:00.00
2	32108 IAX	Chan, Kiu	60	Sword Fish Club	3:50.00
3	25226 IAZ	Choi, Tai Wing	61	Sword Fish Club	3:55.00
4	45930 IAZ	Lo, Wing Kwong	61	Sun Yip	3:58.00
5	07802	Chau, Kam Tim	62	Sea Green	4:00.00
65-69					
1	06176	Wong, Kung Wan	66	Sea Green	4:00.00
2	11563	Lee, Kwok Hung	69	Sword Fish Club	4:08.00
3	25228 IAZ	Chan, Fai Ming	68	Lai Tsun	4:15.00
70-74					
1	06243	Koo, Choi Fat	72	Wong Tai Sin	4:10.00
2	22182 IAZ	Ngai, Yin Leung	73	Sword Fish Club	4:50.00
75-79					
1	09891	Wong, Chiu Shun	75	Sword Fish Club	4:20.00
2	14029	Ieong, Vun Fai	76	Sword Fish Club	5:00.00
3	44793 IAZ	Iu, Pui To	75	Diocesan School	5:30.00
80-84					
1	06270	Lam, Luk Kan	81	Sword Fish Club	6:00.00
85-89					
1	16471	Wong, Yuen Ying	86	Kornhill	8:35.75

Event 2 Women 200 SC Meter Breaststroke

18-24 MSR:	2:53.53
25-29 MSR:	2:49.49
30-34 MSR:	2:58.22
35-39 MSR:	3:24.76
40-44 MSR:	3:16.78
45-49 MSR:	3:11.08
50-54 MSR:	3:12.28
55-59 MSR:	3:26.68
60-64 MSR:	3:48.33
65-69 MSR:	3:59.49

	ID#	Name	Age	Team	Seed Time
18-24					
1	23688 IAZ	Mok, Ka Ka Janis	22	Fastlane Swimming	3:10.00
25-29					
1	04543 IAZ	Ng, Chui Wa	28	Hong Kong Police	3:40.00
2	31023 IAZ	Cheung, Ka Yu	25	New Water Polo	4:01.00
30-34					
1	06577 IBZ	Leung, Wei Yan	32	Sword Fish Club	3:35.00
2	46294 ICX	Lin, Shengzhu	34	New Water Polo	4:00.00
35-39					
1	30316 IAZ	Ng, Yee Lam	37	Hong Kong Police	3:51.83

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

40-44... (Event 2 Women 200 SC Meter Breaststroke)

1	06304 ICZ	Cheung, Man Yiu	43	Sea Green	3:50.00
2	30072 ICW	Chao, Man Chi	43	New Water Polo	3:59.00
3	39979 IAZ	Lam, Ling Wai Jessica	43	Lai Tsun	4:00.00
4	34679 IAZ	Lam, Kai Yan	41	Sea Green	4:00.00
45-49					
1	46181 IAZ	Ng, Yan Yan Bandy	46	Tung Sing	3:40.00
2	33017 IAZ	Ngan, Oi Sze	45	Sword Fish Club	4:00.00
50-54					
1	23588 IAZ	Lee, Ying Chi	54	Tung Sing	3:35.00
2	43063 @IAO	Wong, Rose	52	LRC	3:55.00
3	35772 IAX	Ban, Xianhai	50	New Water Polo	4:00.00
4	06349	Ip, Oi Wa Wendy	50	Sword Fish Club	4:00.00
5	44304 IAX	Choi, Shan Shan	50	Sword Fish Club	4:40.00
55-59					
1	38289 IAZ	Ng, Wai Lin Angie	58	Sword Fish Club	4:00.00
2	36267 IAZ	Yau, Sin Man	56	Hong Kong Police	4:15.00
3	29505 IAZ	Lai, Wai Man	57	New Water Polo	4:20.00
4	12233	Hung, Isabel	56	Sword Fish Club	4:30.00
60-64					
1	24216 IAZ	Li, Chuk Ping	60	Sword Fish Club	4:10.00
2	02711	Fok, Wai Fung	64	Wong Tai Sin	4:30.00
3	21006 IAZ	Chan, Kin Ming Carrie	60	Sword Fish Club	4:40.00
65-69					
1	06127	Lau, Wai Lin	66	New Water Polo	5:00.00
2	23957 IAX	Yeung, Tun Lim Lily	65	Sword Fish Club	5:00.00
70-74					
1	06147	Leung Wong, Yin Har Hayley	70	Sea Green	5:00.00
75-79					
1	08936	Leong, Kuai Heng	76	New Water Polo	6:07.43

Event 3 Men 50 SC Meter Freestyle

18-24 MSR:	23.45
25-29 MSR:	23.20
30-34 MSR:	23.80
35-39 MSR:	24.05
40-44 MSR:	25.17
45-49 MSR:	25.64
50-54 MSR:	25.42
55-59 MSR:	25.67
60-64 MSR:	28.63
65-69 MSR:	29.43

	ID#	Name	Age	Team	Seed Time
18-24					
1	19383 B	Lee, Man Kit	23	Kwan Hung	25.00
2	28567 #IAZ	Tam, Wang Yin	22	New Water Polo	27.00
3	27205 P	Chan, Yan Shing	20	Current Club Ltd	28.00
4	23103 IAZ	Chaw, Pak Hong	21	HK Sportworld	30.00
5	26861 B	Cheng, Nok Him	21	HK Sportworld	30.00
6	25440 @P	Cheng, Tsz Kin	21	HK Sportworld	30.00
7	20081 IAZ	Cheng, Tze Yau	22	HK Sportworld	30.00
8	26867 B	Lau, Chun Yin	20	HK Sportworld	30.00
9	25284 B	Leung, Shing Hin	19	HK Sportworld	30.00
10	22222 B	Wong, Cheuk Hei	22	HK Sportworld	30.00

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18-24... (Event 3 Men 50 SC Meter Freestyle)

11	27803 B	Fan, Ka Ming	23	Current Club Ltd	33.39
12	22816 IAZ	Cheung, Tsz Nok	19	Dik Wing	NT
13	49025 @IAO	Wang, Anson Anren	20	Pacific	NT

25-29

1	09964 IAZ	Lau, Chak Lam Nicholas	27	Diocesan School	26.00
2	20156 IAZ	Ng, Ming Hin Kenniz	28	Fire Services	26.00
3	05296 B	Hui, Chun Hin	29	New Water Polo	27.00
4	12001 IB	Li, Chung Yin	29	Hong Kong Police	27.16
5	10341 IAZ	Yuen, Ting Hin	25	Hong Kong Police	28.50
6	46301 IAZ	Lai, Siu In	29	New Water Polo	35.00
7	48637 IAZ	Leung, Shu Wing	29	New Water Polo	35.00
8	21343 IAZ	Yu, Man Hin	26	Sea Green	NT

30-34

1	03667 IBZ	Wong, Sai Man Sherman	33	New Water Polo	26.00
2	05004 B	Leung, Ka Ming	31	Hong Kong Police	26.50
3	45952 IAZ	Lau, Pak Ka	32	Hong Kong Police	26.60
4	27874 IAZ	Chan, Cheuk Man	34	New Water Polo	26.80
5	01433	Tai, Hilary Francis	32	Diocesan School	27.00
6	01784 B	Tso, Hiu Fung	31	Diocesan School	27.00
7	29833 IAZ	Chow, Chun Pui	31	Fire Services	27.00
8	47580 @IAO	Poon, Derrick Gene-ming	34	Fastlane Swimming	28.00
9	06602 IBZ	Yam, Chi Ching	33	Fire Services	28.00
10	07114 IBZ	Cheng, Shing Cho	31	New Water Polo	28.00
11	32343 IAZ	Tsang, Ka Lok	34	Hong Kong Police	29.99
12	10686	Chan, Ching	31	Golden Dolphin	30.00
13	10683 IBZ	Lee, Tsun Sang	30	Golden Dolphin	30.00
14	48029 IAZ	Lee, Ka Hung	32	Hong Kong Police	31.95
15	49009 @ICON	Vitale, Lucas Maxime	33	Kwun Tong	32.00
16	09735 IBZ	Cheung, Tin Yau	31	New Water Polo	32.00
17	41150 IAZ	Poon, Chun Yat	30	New Water Polo	35.00

35-39

1	24266 IAZ	Ma, Ling Ho Herwin	39	Hong Kong Police	27.50
2	00234 IBZ	Lau, Tsun Ting	35	Kwun Tong	28.00
3	41147 IAZ	Mok, Lai Yeung Jason	38	Diocesan School	29.00
4	46504 @IAO	Coe, Jason George	38	Fastlane Swimming	29.80
5	03713 IBZ	Tang, Chee Kit	36	Diocesan School	30.00
6	49018 @ICO	Alkemade, Frank Rogier	35	Kwun Tong	30.00
7	49017 @ICO	McInnes, Christopher Peter	37	Kwun Tong	30.00
8	09165	Cheung, Siu Fung	39	Lai Tsun	30.00
9	48932 IAZ	Wong, Chun Lam Arnold	38	Pacific	30.00
10	11587	Ng, Yu Hon	39	Sea Green	30.00
11	48158 IAZ	Lee, Sung Hai Hysan	38	Diocesan School	32.00
12	23298 IAZ	Li, Cheuk Bun	37	Wong Tai Sin	32.00

40-44

1	01591 ICZ	Fu, Wing Harbeth	42	Kwun Tong	24.50
2	04238	Woo, Chun Kuen Douglas	44	LRC	25.84
3	30237 IAO	Pao, Tommy Watari	40	LRC	28.71
4	40107 IAZ	Chan, Falcon	43	Lai Tsun	30.00
5	40841 IAX	Tsang, Kwok Tung	43	Diocesan School	32.00
6	16451	Cheng, Ngai Bun	44	Kwun Tong	32.00
7	18880 IAZ	Chan, Ho Wai Howard	41	Sun Yip	35.00
8	46808 IAZ	Leung, Wang Chi	43	Current Club Ltd	41.78
9	38035 IAZ	Mok, Kin Fan	42	Tolo Harbour	45.00
10	38121 IAZ	Cheung, Chi Yan Clifford	42	Sea Green	NT

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45-49... (Event 3 Men 50 SC Meter Freestyle)

1	40846 IAZ	Cheung, Chin Ho	47 Diocesan School	27.80
2	46474 @ICO	Dynon, James Francis	46 LRC	28.00
3	46388 @ICO	Grimes, Ryan Edward	45 LRC	28.00
4	02366	Li, Ka Wing	48 Kwun Tong	29.00
5	37032 IAZ	Wu, Kai Wing	46 Wong Tai Sin	29.00
6	06316	Chan, Sze Tat	47 Hong Kong Police	29.82
7	05160	Chan, Ka Wo	45 Diocesan School	30.00
8	04991 IAZ	Tang, King Man Alvin	45 Fire Services	30.00
9	42737 IAZ	So, Ma Loi	46 Sword Fish Club	30.00
10	26077 IAZ	Tsui, Chun Wai	45 Hong Kong Police	30.29
11	40844 IAZ	Lee, Hoi Wang Gary	48 Diocesan School	32.00
12	48665 IAZ	Law, Kwai Sun	47 New Water Polo	33.70
13	40835 IAZ	Leung, Wing Hong Alvin	48 Diocesan School	34.00
14	48939 IAZ	Ho, Lik Shan	48 Pacific	NT

50-54

1	27451 IAZ	Yip, Kin Man Stephen	52 Kwun Tong	29.00
2	06711	Leung, Tsz Kin	50 New Water Polo	30.10
3	27470 IAZ	Chan, Tin Hung	54 Hong Kong Police	31.81
4	17701 IAZ	Lee, Chor Fu	53 Wong Tai Sin	34.00
5	43158 IAZ	Chan, Tin Lung	53 Lai Tsun	35.00
6	38127 IAZ	Leung, Cheung Wai Ricky	54 Sword Fish Club	36.00
7	48948 @IAX	Lam, Tak Chi	51 Sword Fish Club	40.00

55-59

1	06205	Cheung, Man Kwong	55 Fire Services	30.00
2	22433 IAZ	Lui, Man Pong	57 New Water Polo	35.00
3	26261 IAZ	Tsun, Chung Wa Jode	58 Hong Kong Police	35.76
4	46973 IAZ	Leung, Wai Ming	56 New Water Polo	36.00
5	37048 IAZ	Cheung, Wai Chuen Jimmy	59 Sword Fish Club	36.00
6	39982 IAZ	Chow, Wing Chun	58 Sword Fish Club	36.00
7	40861 IAZ	Cheung, Chi Ming Rover	59 Sword Fish Club	37.00
8	27869 IAZ	Lee, Kam Cheong	58 Sword Fish Club	38.00
9	40840 IAZ	Ng, Ka Yiu Karl	58 Diocesan School	40.00
10	44868 IAZ	Leung, Cheong Chau Stephen	57 Diocesan School	47.00
11	48938 IAZ	Ng, Kim Hung Justin	57 Pacific	NT

60-64

1	06256	Chan, Kwong Peter	61 Sea Green	30.00
2	05071	Choi, Tony	64 LRC	33.25
3	21367 IAX	So, Man Kit	61 New Water Polo	35.00
4	41007 IAZ	So, Man Sing	61 Sea Green	35.00
5	32108 IAX	Chan, Kiu	60 Sword Fish Club	36.00
6	28339 IAZ	Yim, Chi Yiu	62 New Water Polo	40.00
7	20636 IAZ	Pang, Seung Chiu	63 Lai Tsun	42.00
8	44359 IAZ	Lee, Chi Wai	63 Kornhill	52.24

65-69

1	06398	Cho, Wai Sun	69 Fastlane Swimming	34.00
2	33115 IAX	Ng, Kan Sing	69 Sword Fish Club	34.00
3	06389	Chan, Hong Wah	69 New Water Polo	39.00
4	11563	Lee, Kwok Hung	69 Sword Fish Club	42.00
5	41739 IAZ	Ng, Chin Wing	67 Sea Green	50.00
6	06184	Ng, Pak Chiu	68 Sea Green	50.00
7	40705 IAZ	Lai, Chung Fat Paulus	66 Wong Tai Sin	1:36.00

70-74

1	06268	Tse, Kwok Piu	71 Sword Fish Club	33.00
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70-74... (Event 3 Men 50 SC Meter Freestyle)

2	41729 IAZ	Ko, Leung Hung Alex	70	Diocesan School	37.00
3	05917	Yong, Khin Syn	73	Sword Fish Club	38.00
4	23297 IAZ	Chan, Shing Chi	74	Lai Tsun	40.00
5	44756 IAZ	Lo, Che Hung	74	Lai Tsun	42.00
6	45624 IAZ	Mok, Hin Ming	72	Lai Tsun	45.00
7	23123 IAZ	Poon, Wai	70	Sword Fish Club	45.00
8	06129	Wu, Pak Yin	72	Sword Fish Club	50.00

75-79

1	09171	Chan, Ying Chi	76	Sword Fish Club	49.00
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80-84

1	28522 IAX	Wong, Tat Choi	81	Sword Fish Club	48.00
2	05407	Lee, She Kwok	84	Sword Fish Club	49.00
3	23959 IAZ	Chiu, Chin Hung	82	Kornhill	1:01.68

85-89

1	15490	Law, Kwai Fong	86	Sword Fish Club	1:02.00
2	17832 IAX	Chan, Sau	85	Sword Fish Club	1:05.00

Event 4 Women 50 SC Meter Freestyle

18-24 MSR: 28.22

25-29 MSR: 27.85

30-34 MSR: 28.53

35-39 MSR: 28.62

40-44 MSR: 27.54

45-49 MSR: 29.41

50-54 MSR: 30.30

55-59 MSR: 32.18

60-64 MSR: 35.08

65-69 MSR: 38.19

	ID#	Name	Age	Team	Seed Time
18-24					
1	18028 B	Leung, Ho Ching	23	Fastlane Swimming	28.50
2	24756 B	Yu, Wing Tung	19	Kwun Tong	29.00
3	27376 IAZ	Lee, Wai Ki	22	Kwan Hung	30.00
4	46326 IAZ	Kwok, Yu Yan	23	New Water Polo	40.00
5	23105 #IAZ	Ho, Cheuk Wai	21	Dik Wing	NT
6	26980 IAZ	Wong, Suet Wing	23	Dik Wing	NT
25-29					
1	08238 B	Li, Tsz Yu	28	New Water Polo	29.00
2	12361 B	Fok, Sen Yin Stephanie	25	Flying Fish	30.00
3	11797 B	Ip, Rainbow	25	Flying Fish	30.00
4	29564 IAZ	Ng, Wai Ying Megan	26	Flying Fish	30.00
5	15442 IBZ	Cheong, Ka Ching	28	Fastlane Swimming	30.50
6	05722 B	Lam, Hoi Ying	28	Hong Kong Police	33.00
7	07072 B	Luk, Wing Man	29	New Water Polo	35.00
8	11399 IAZ	Wan, Tsz Ching Elizabeth	28	New Water Polo	35.00
9	47460 IAZ	Mak, Cheuk Lam	27	New Water Polo	45.00
30-34					
1	17382 #IAZ	Tsui, Man Hei	31	New Water Polo	29.00
2	44667 IAO	Chang, Charlotte Chi-lok	33	Fastlane Swimming	29.50
3	02489 IB	Lai, Vivian Hiu Tung	30	Kwan Hung	30.00
4	02137 IB	Wong, Carolyn Lai Yiu	31	LRC	30.64
5	39995 IAS	Cheong, Sut Ieng	30	Sword Fish Club	32.00
6	01513 IAZ	Ngai, Sze Long	34	Hong Kong Police	33.41
7	08325	Li, Yan Yung	30	New Water Polo	35.00

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30-34... (Event 4 Women 50 SC Meter Freestyle)

8	00288 IBZ	Yip, Wing Yan	34 Dik Wing	NT
35-39				
1	03070	Tu, Pui Yee	38 Hong Kong Police	30.97
2	02131	Tsang, Ting Yan Tania	36 LRC	31.02
3	01624 #IBZ	Wong, Yin Yue Olivia	35 Lai Tsun	35.00
4	30316 IAZ	Ng, Yee Lam	37 Hong Kong Police	35.24
5	09168	Wong, Wing Shan	39 Hong Kong Police	36.50
6	13384 ICZ	Lee, May Sze Mei	35 New Water Polo	55.00
40-44				
1	46247 @IAO	Krkalo, Shauna Kathleen	44 LRC	27.54
2	25238 IAZ	Yip, Po Man	42 New Water Polo	45.00
3	34679 IAZ	Lam, Kai Yan	41 Sea Green	50.00
4	06304 ICZ	Cheung, Man Yiu	43 Sea Green	55.00
5	48935 IAZ	Ngai, Chi Yung	41 Pacific	NT
45-49				
1	07784 #IAZ	Tang, Mei Yin	45 Kwun Tong	30.00
2	48048 @ICX	Zeng, Yuling	46 Sword Fish Club	34.00
3	04986	Pun, Kok Ching	49 Fire Services	35.00
4	48028 IAZ	Chan, Wing Yi Winnie	47 Hong Kong Police	38.50
5	36961 IAZ	Tung, Fung	45 Kwun Tong	50.00
6	46181 IAZ	Ng, Yan Yan Bandy	46 Tung Sing	1:00.00
7	48201 IAZ	Poon, Nga Yi	49 Tolo Harbour	1:15.00
8	48941 IAZ	Lam, Wai Kei Vicky	45 Pacific	NT
9	48942 IAZ	Wong, Wing Sze Sesy	46 Pacific	NT
50-54				
1	33517 IAO	Yamaguchi, Mika	50 Fastlane Swimming	29.18
2	47040 @IAX	Zou, Shengling	51 Tung Sing	42.00
3	43063 @IAO	Wong, Rose	52 LRC	52.07
4	44641 IAZ	Chan, Suk Yin	50 Sword Fish Club	59.00
5	48943 IAZ	Lui, Chit Ying Wendy	52 Pacific	NT
55-59				
1	40907 IAZ	Lai, Shui Nin Ingrid	55 YMCA OF Hong Kong	34.00
2	26254 IAX	Ng, Kong Ching	57 New Water Polo	40.00
3	16303	Rana, Naomi	56 LRC	43.50
4	48634 IAZ	Cheung, Wing Yee	56 New Water Polo	46.00
5	31750 IAZ	Cheung, Lai Ying Anita	59 Lai Tsun	47.00
6	36045 IAZN	Hsu, Ava	55 LRC	50.00
7	44303 IAZ	Lam, Man Lai	56 Sword Fish Club	59.00
60-64				
1	41423 IAZ	Chiu, Pauline	60 Tung Sing	41.00
2	20640 IAZ	Wong, Fung Yee	62 Sword Fish Club	49.00
3	17891 IAZ	Chan, Siu Ying	61 Sword Fish Club	58.00
4	21006 IAZ	Chan, Kin Ming Carrie	60 Sword Fish Club	1:00.00
65-69				
1	03503	Castka, Gillian Hancer	66 Sword Fish Club	40.00
2	06356 IAZN	Lo Yeung, Sau Han	69 Kwun Tong	52.00
3	46236 IAZ	Fok, Miu Han	69 Juan Hua Club	54.39
4	06213	Mo, Mei Ling	68 Wong Tai Sin	55.00
5	23957 IAX	Yeung, Tun Lim Lily	65 Sword Fish Club	1:05.00
70-74				
1	07440	Yip, Lai Kuen	71 Lai Tsun	1:05.00
75-79				
1	17480 IAZ	Chow, Pui Han Angela	76 Lai Tsun	1:10.00
2	08936	Leong, Kuai Heng	76 New Water Polo	1:25.00

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80-84... (Event 4 Women 50 SC Meter Freestyle)

1	06372 IAZ	Leung, Mabel Yuen Ying	80	Sword Fish Club	55.00
2	13262	Kwong, Shuet Hing	82	Wong Tai Sin	1:12.20

85-89

1	06144	Mak, Suet Man	85	Sea Green	1:00.00
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Event 5 Men 25 SC Meter Breaststroke

18-24 MSR:	13.30
25-29 MSR:	13.27
30-34 MSR:	13.55
35-39 MSR:	14.11
40-44 MSR:	13.97
45-49 MSR:	14.68
50-54 MSR:	15.09
55-59 MSR:	16.35
60-64 MSR:	16.29
65-69 MSR:	16.85

	ID#	Name	Age	Team	Seed Time
18-24					
1	27205 P	Chan, Yan Shing	20	Current Club Ltd	15.00
2	19383 B	Lee, Man Kit	23	Kwan Hung	15.00
3	26423 B	Wong, Tsz Lun	18	Current Club Ltd	16.00
4	17477 IAZ	Cheung, Chung Yan	24	New Water Polo	20.00
5	27226 IAZ	Tang, Tsun Long	20	HK Sportworld	27.00
6	23081 IAZ	Loo, Chun Hei	24	Dik Wing	NT
7	49025 @IAO	Wang, Anson Anren	20	Pacific	NT
25-29					
1	05577 IBZ	Yuen, Marcus	28	LRC	13.27
2	33918 IAZ	Chan, Ming Hin	27	Hong Kong Police	15.00
3	05642 IBZ	Lok, Ho Chun	28	Hong Kong Police	15.00
4	10083 IAZ	Chan, Chun Yin Wilson	28	Hong Kong Police	16.00
30-34					
1	00314 IBZ	Mok, Hon Hei	34	Hong Kong Police	14.50
2	41694 IAZ	Tang, Toa	31	Hong Kong Police	15.38
3	47580 @IAO	Poon, Derrick Gene-ming	34	Fastlane Swimming	18.00
4	04877 IBZ	Ng, Yu Ting	31	Sword Fish Club	18.00
5	23960 IAZ	Kong, Ka Wai	34	Kwun Tong	22.00
6	49013 @ICO	Chen, Michael Timothy	32	Kwun Tong	30.00
7	48940 IAZ	Ku, Kin Shing	33	Pacific	NT
8	48937 IAZ	Yiu, Long Hin	32	Pacific	NT
35-39					
1	42367 IAO	Chow, Chun Yin	36	Diocesan School	14.00
2	05145	Lo, Jonathan Ka Yan	39	LRC	14.11
3	24266 IAZ	Ma, Ling Ho Herwin	39	Hong Kong Police	15.49
4	27469 IAX	Lam, Kin Wang	37	Hong Kong Police	16.00
5	11587	Ng, Yu Hon	39	Sea Green	18.00
6	08964 IAZ	Yeung, Wai Kam William	39	Sun Yip	18.00
7	41147 IAZ	Mok, Lai Yeung Jason	38	Diocesan School	19.00
8	48856 @IAO	Gallearachie, Jeewantha Madu	38	Fastlane Swimming	20.00
40-44					
1	12863	Yuen, Kai Lai	42	Fire Services	14.00
2	07458	Yu, Ka Kui	44	Fire Services	16.00
3	01465 ICZ	Chiang, Filomeno	40	Hong Kong Police	16.00
4	24965 IAZ	Leung, Yuk Ki	42	Hong Kong Police	17.62

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40-44... (Event 5 Men 25 SC Meter Breaststroke)

5	16451	Cheng, Ngai Bun	44 Kwun Tong	18.00
6	08969	Yan, Ka Chun	43 New Water Polo	18.10
7	40834 IAZ	Chang, Hsi Tse JosephJeremy	43 Diocesan School	19.00
8	01948 ICZ	Tang, Ho Yuen	40 Diocesan School	20.00
9	03793 ICZ	Po, Tik San	40 New Water Polo	20.00
10	18880 IAZ	Chan, Ho Wai Howard	41 Sun Yip	20.00
11	38035 IAZ	Mok, Kin Fan	42 Tolo Harbour	25.00
12	23119 IAZ	Chan, Ying Tsung Bosco	41 Sword Fish Club	29.00

45-49

1	21008 IAZ	Cheung, Chun Kwan Michael	49 Wong Tai Sin	15.00
2	05160	Chan, Ka Wo	45 Diocesan School	17.00
3	11569	Wong, Lok Shun	45 Flying Fish	18.00
4	40846 IAZ	Cheung, Chin Ho	47 Diocesan School	18.80
5	46505 IAZ	Chang, Lambert Jen Hsiung	47 Fastlane Swimming	19.00
6	23497 IAZ	Au Yeung, Wai Kit	48 Kwun Tong	19.00
7	46388 @ICO	Grimes, Ryan Edward	45 LRC	20.00
8	40844 IAZ	Lee, Hoi Wang Gary	48 Diocesan School	21.00
9	40835 IAZ	Leung, Wing Hong Alvin	48 Diocesan School	21.00
10	17961 ICO	Jones, Simon	46 LRC	21.00

50-54

1	25592 IAZ	Cheung, Wai Kei	50 Flying Fish	17.00
2	26317 IAZN	Tung, Shang Wei Timothy	52 Kwun Tong	18.00
3	27470 IAZ	Chan, Tin Hung	54 Hong Kong Police	19.00
4	42364 IAZ	Lau, Yip Kwong Francis	53 Diocesan School	20.00
5	47524 IAZ	Lai, Chi Wing Barry	53 Diocesan School	22.00
6	21736 IAM	Lo, Lai Tou	54 Sword Fish Club	23.00
7	35711 IAX	Wong, Fuk Kei	53 Sword Fish Club	27.00

55-59

1	04989	Wan, Lap Sun	56 Fire Services	15.00
2	06205	Cheung, Man Kwong	55 Fire Services	16.00
3	33085 IAZ	Pang, Yu Man Manson	56 Fire Services	17.00
4	26176 IAX	Ho, Chung Man	59 Lai Tsun	18.00
5	18856 IAZ	Au, Mun Shing	57 Sword Fish Club	19.00
6	46973 IAZ	Leung, Wai Ming	56 New Water Polo	20.00
7	37048 IAZ	Cheung, Wai Chuen Jimmy	59 Sword Fish Club	20.00
8	27869 IAZ	Lee, Kam Cheong	58 Sword Fish Club	20.00
9	40839 IAZ	Leung, Wing Hang Michael	57 Diocesan School	21.00
10	40592 IAZ	Fo, Pui Keung	58 Hong Kong Police	21.01
11	26261 IAZ	Tsun, Chung Wa Jode	58 Hong Kong Police	22.00
12	48938 IAZ	Ng, Kim Hung Justin	57 Pacific	NT

60-64

1	04988	Cheung, Chi Kwong	64 Fire Services	16.00
2	45930 IAZ	Lo, Wing Kwong	61 Sun Yip	17.64
3	27468 IAZ	Tsang, Man Wai Herman	63 Hong Kong Police	24.00
4	44359 IAZ	Lee, Chi Wai	63 Kornhill	24.48
5	32108 IAX	Chan, Kiu	60 Sword Fish Club	25.00
6	41426 IAZ	Tang, Yu Hang Francis	61 Tung Sing	27.00

65-69

1	06176	Wong, Kung Wan	66 Sea Green	20.00
2	25228 IAZ	Chan, Fai Ming	68 Lai Tsun	22.00
3	06389	Chan, Hong Wah	69 New Water Polo	24.00
4	14035	Wong, Shing Kuen	69 Lai Tsun	28.00
5	19292 IAX	Leung, Fu Keung	68 Sea Green	28.00

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Psych Sheet

70-74... (Event 5 Men 25 SC Meter Breaststroke)

1	06382	Chan, Kam Por	70	Sword Fish Club	19.00
2	20634 IAZ	Wu, Shu Sun	72	New Water Polo	20.00
3	05917	Yong, Khin Syn	73	Sword Fish Club	21.00
4	44788 IAZ	Chui, Hong Sheung	73	Diocesan School	23.00
5	06129	Wu, Pak Yin	72	Sword Fish Club	26.00
6	23123 IAZ	Poon, Wai	70	Sword Fish Club	30.00

75-79

1	03845	Tin, Sheung Kwai	75	New Water Polo	19.90
2	14029	Ieong, Vun Fai	76	Sword Fish Club	25.00

80-84

1	23959 IAZ	Chiu, Chin Hung	82	Kornhill	27.65
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85-89

1	23927 IAZ	Ho, Shui On	86	Kornhill	26.50
2	15490	Law, Kwai Fong	86	Sword Fish Club	28.00

Event 6 Women 25 SC Meter Breaststroke

18-24 MSR:	16.84
25-29 MSR:	15.75
30-34 MSR:	16.31
35-39 MSR:	16.60
40-44 MSR:	18.04
45-49 MSR:	17.66
50-54 MSR:	17.63
55-59 MSR:	21.39
60-64 MSR:	21.03
65-69 MSR:	22.60

	ID#	Name	Age	Team	Seed Time
18-24					
1	27376 IAZ	Lee, Wai Ki	22	Kwan Hung	20.00
25-29					
1	08238 B	Li, Tsz Yu	28	New Water Polo	15.50
2	11797 B	Ip, Rainbow	25	Flying Fish	18.00
3	29564 IAZ	Ng, Wai Ying Megan	26	Flying Fish	18.00
4	00462 B	Ng, Chi Wing	28	New Water Polo	19.00
5	05722 B	Lam, Hoi Ying	28	Hong Kong Police	20.00
6	31023 IAZ	Cheung, Ka Yu	25	New Water Polo	25.01
30-34					
1	01552 IBZ	Lai, Hiu Ling	33	New Water Polo	19.10
2	01441	Yeung, Hiu Ching Judy	31	New Water Polo	20.00
3	09254 IBZ	Li, Tat Yan	31	Kwun Tong	22.00
4	48639 @IAZ	Kong, Chui Shan	31	New Water Polo	30.00
5	48936 IAZ	Chan, Ka Wan	34	Pacific	NT
35-39					
1	03070	Tu, Pui Yee	38	Hong Kong Police	19.00
2	00777 IBZ	Tse, Yu Ting	36	New Water Polo	20.20
3	47561 IAZ	Leung, Tin Ho	38	Flying Fish	23.00
40-44					
1	49008 IAZ	Lau, Wing Yue	42	Kwun Tong	24.00
2	39979 IAZ	Lam, Ling Wai Jessica	43	Lai Tsun	24.00
3	30072 ICW	Chao, Man Chi	43	New Water Polo	30.00
45-49					
1	04986	Pun, Kok Ching	49	Fire Services	18.00
2	06209	Lam, Yuet Tung	46	Hong Kong Police	25.00

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

45-49... (Event 6 Women 25 SC Meter Breaststroke)

3	36961 IAZ	Tung, Fung	45	Kwun Tong	30.00
4	46181 IAZ	Ng, Yan Yan Bandy	46	Tung Sing	30.00

50-54

1	47040 @IAZ	Zou, Shengling	51	Tung Sing	24.00
2	06349	Ip, Oi Wa Wendy	50	Sword Fish Club	25.00
3	44304 IAX	Choi, Shan Shan	50	Sword Fish Club	28.00

55-59

1	29752 IAZ	Chow, Yee Heung Liza	58	Lai Tsun	22.00
2	36267 IAZ	Yau, Sin Man	56	Hong Kong Police	22.24
3	48594 IAX	Wong, Lo Fung	58	Sword Fish Club	26.00
4	29505 IAZ	Lai, Wai Man	57	New Water Polo	27.00
5	38460 IAZ	Tang, Kit Fong Yvonne	58	New Water Polo	30.00
6	44303 IAZ	Lam, Man Lai	56	Sword Fish Club	32.00

60-64

1	17891 IAZ	Chan, Siu Ying	61	Sword Fish Club	28.00
2	41423 IAZ	Chiu, Pauline	60	Tung Sing	28.00
3	02711	Fok, Wai Fung	64	Wong Tai Sin	30.00
4	24216 IAZ	Li, Chuk Ping	60	Sword Fish Club	32.00

65-69

1	14007	Ho, Yuk Ling	65	Tung Sing	29.00
2	06213	Mo, Mei Ling	68	Wong Tai Sin	32.00
3	06127	Lau, Wai Lin	66	New Water Polo	35.00

70-74

1	06147	Leung Wong, Yin Har Hayley	70	Sea Green	50.00
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75-79

1	08936	Leong, Kuai Heng	76	New Water Polo	38.00
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80-84

1	06374	Wong, Jim	81	Sword Fish Club	28.00
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Event 7 Men 50 SC Meter Backstroke

18-24 MSR:	27.55
25-29 MSR:	28.64
30-34 MSR:	28.15
35-39 MSR:	28.05
40-44 MSR:	27.54
45-49 MSR:	30.51
50-54 MSR:	31.06
55-59 MSR:	33.42
60-64 MSR:	35.84
65-69 MSR:	43.61

	ID#	Name	Age	Team	Seed Time
18-24					
1	20081 IAZ	Cheng, Tze Yau	22	HK Sportworld	35.00
2	26867 B	Lau, Chun Yin	20	HK Sportworld	35.00
3	26423 B	Wong, Tsz Lun	18	Current Club Ltd	36.00
4	27803 B	Fan, Ka Ming	23	Current Club Ltd	37.65
25-29					
1	19810 IAZ	Lau, Ka Chun	26	Hong Kong Police	31.50
2	14158 #IAZ	Li, Hok Yee Terence	29	Fire Services	32.00
3	12001 IB	Li, Chung Yin	29	Hong Kong Police	32.50
4	10341 IAZ	Yuen, Ting Hin	25	Hong Kong Police	32.50
5	47043 IAZ	Lam, Pak Lun	28	Flying Fish	35.00
6	05567 B	Yeung, Sze Hon	29	Flying Fish	35.00
7	48637 IAZ	Leung, Shu Wing	29	New Water Polo	50.00

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

25-29... (Event 7 Men 50 SC Meter Backstroke)

8	17080 IAO	Leung, Kenwin T.H.	29 Dik Wing	NT
9	21343 IAZ	Yu, Man Hin	26 Sea Green	NT

30-34

1	06092 #IAZ	Ng, Yan Ho	32 Hong Kong Police	31.32
2	06886 B	Li, Chin Long	32 Eastern Winter	32.00
3	03667 IBZ	Wong, Sai Man Sherman	33 New Water Polo	33.00
4	04617 IBZ	Leung, King Fung	32 Tung Sing	33.00
5	10683 IBZ	Lee, Tsun Sang	30 Golden Dolphin	34.00
6	10686	Chan, Ching	31 Golden Dolphin	35.00
7	23960 IAZ	Kong, Ka Wai	34 Kwun Tong	38.00
8	48262 IAZ	Quan, Wing Yeung Marwick	32 Sword Fish Club	38.00
9	04604 IBZ	Kwong, Chun Hung	33 Sea Green	NT

35-39

1	00444	Lam, Yau Sun Dickson	37 Diocesan School	28.00
2	05145	Lo, Jonathan Ka Yan	39 LRC	32.07
3	03713 IBZ	Tang, Chee Kit	36 Diocesan School	35.00
4	48932 IAZ	Wong, Chun Lam Arnold	38 Pacific	36.00
5	09165	Cheung, Siu Fung	39 Lai Tsun	40.00

40-44

1	03095	Lau, Ko Chun	40 Hong Kong Police	37.50
2	01948 ICZ	Tang, Ho Yuen	40 Diocesan School	40.00
3	40841 IAX	Tsang, Kwok Tung	43 Diocesan School	42.00
4	23119 IAZ	Chan, Ying Tsung Bosco	41 Sword Fish Club	46.00

45-49

1	04991 IAZ	Tang, King Man Alvin	45 Fire Services	35.00
2	28849 IAZ	Chan, Chun Kuen	47 Sword Fish Club	39.00
3	46474 @ICO	Dynon, James Francis	46 LRC	40.00
4	24603 IAZ	Hung, Ka Ming	47 YMCA OF Hong Kong	40.00
5	48665 IAZ	Law, Kwai Sun	47 New Water Polo	55.00

50-54

1	35313 IAZ	Pong, Chiu Yee Dario	54 LRC	36.69
2	06711	Leung, Tsz Kin	50 New Water Polo	37.10
3	07427	Wong, Ho Ming Edwin	53 Barracuda	38.00
4	27451 IAZ	Yip, Kin Man Stephen	52 Kwun Tong	38.00
5	41548 IAZ	Ip, Ka Keung Patrick	54 Hong Kong Footba	40.00
6	30710 IAZ	Lai, Kin Sun	52 Flying Fish	40.00
7	48948 @IAX	Lam, Tak Chi	51 Sword Fish Club	46.00
8	35711 IAX	Wong, Fuk Kei	53 Sword Fish Club	54.00

55-59

1	21023 IAZ	Ho, Kwong Ngai Eric	59 Sword Fish Club	43.00
2	05139	Lin, Fulong	55 Flying Fish	43.08
3	22433 IAZ	Lui, Man Pong	57 New Water Polo	45.00
4	39982 IAZ	Chow, Wing Chun	58 Sword Fish Club	48.00
5	40840 IAZ	Ng, Ka Yiu Karl	58 Diocesan School	50.00
6	38291 IAZ	Liu, Chun Sing	56 Sword Fish Club	50.00
7	29472 IAZN	Choi, Kwok Man Tony	56 Sword Fish Club	59.00

60-64

1	03215 IAZ	Leung, Yiu Chuen	64 Sun Yip	40.50
2	25226 IAZ	Choi, Tai Wing	61 Sword Fish Club	55.00

65-69

1	06201	Wong, Cheuk Yin	66 Fire Services	35.00
2	28893 IAZ	Au, King Tong	65 Sun Yip	40.50
3	06237	Mok, Chu Piu	65 Lai Tsun	41.00
4	06398	Cho, Wai Sun	69 Fastlane Swimming	44.00

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

65-69... (Event 7 Men 50 SC Meter Backstroke)

5	06388	Lau, Man Kin	68	Sword Fish Club	48.00
6	06187	Kan, Kai Kwong	67	Sea Green	50.00
7	26318	Suen, Chi Wing	68	Sword Fish Club	55.00
8	11563	Lee, Kwok Hung	69	Sword Fish Club	58.00
9	41739 IAZ	Ng, Chin Wing	67	Sea Green	1:00.00

70-74

1	06268	Tse, Kwok Piu	71	Sword Fish Club	44.00
2	20634 IAZ	Wu, Shu Sun	72	New Water Polo	50.00
3	23123 IAZ	Poon, Wai	70	Sword Fish Club	59.00

75-79

1	06274	Wong, Yau Chuen	76	Sword Fish Club	59.00
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80-84

1	05407	Lee, She Kwok	84	Sword Fish Club	1:05.00
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85-89

1	17832 IAX	Chan, Sau	85	Sword Fish Club	1:30.00
2	16471	Wong, Yuen Ying	86	Kornhill	1:36.89

Event 8 Women 50 SC Meter Backstroke

18-24 MSR:	32.59
25-29 MSR:	33.63
30-34 MSR:	32.19
35-39 MSR:	33.53
40-44 MSR:	33.75
45-49 MSR:	34.31
50-54 MSR:	35.04
55-59 MSR:	43.10
60-64 MSR:	44.48
65-69 MSR:	48.47

ID#	Name	Age	Team	Seed Time
18-24				
1	20969 IAZ	Lui, Wing Lam	20 Kwun Tong	36.00
2	24756 B	Yu, Wing Tung	19 Kwun Tong	36.00
3	46326 IAZ	Kwok, Yu Yan	23 New Water Polo	55.00
25-29				
1	12361 B	Fok, Sen Yin Stephanie	25 Flying Fish	35.00
2	04543 IAZ	Ng, Chui Wa	28 Hong Kong Police	36.00
3	05769 B	Kot, Chung Ling	28 Hong Kong Police	37.50
4	04674 IAZ	Lee, Hou Yin Dorothy	29 New Water Polo	40.00
5	06608 B	Shek, Yan Sin	29 New Water Polo	40.00
6	04236 B	Ngan, Tsz Lam	27 Hong Kong Police	42.00
30-34				
1	01513 IAZ	Ngai, Sze Long	34 Hong Kong Police	33.90
2	02489 IB	Lai, Vivian Hiu Tung	30 Kwan Hung	34.00
3	01441	Yeung, Hiu Ching Judy	31 New Water Polo	35.00
4	02137 IB	Wong, Carolyn Lai Yiu	31 LRC	36.72
5	05347	Chui, Kit Man	32 Hong Kong Police	37.89
6	04032 IBZ	Wong, Po Ki	31 New Water Polo	40.00
7	39995 IAS	Cheong, Sut Ieng	30 Sword Fish Club	40.00
8	40936 IAZ	Chan, Po Yan	32 New Water Polo	55.00
35-39				
1	26745 ICX	Chen, Yangyang	37 LRC	34.03
2	02131	Tsang, Ting Yan Tania	36 LRC	35.87
3	13384 ICZ	Lee, May Sze Mei	35 New Water Polo	1:10.00

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

40-44... (Event 8 Women 50 SC Meter Backstroke)

1	40853 @IAO	Tam, Alison Mai Ling	44	Fastlane Swimming	33.75
2	25238 IAZ	Yip, Po Man	42	New Water Polo	50.00

45-49

1	07784 #IAZ	Tang, Mei Yin	45	Kwun Tong	34.00
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50-54

1	40575 IAO	Chan, San Ngah	54	Fastlane Swimming	52.41
2	38295 IAZ	Liu, Wai Fun	52	Barracuda	1:00.00
3	35772 IAX	Ban, Xianhai	50	New Water Polo	1:10.00
4	44641 IAZ	Chan, Suk Yin	50	Sword Fish Club	1:20.00
5	48943 IAZ	Lui, Chit Ying Wendy	52	Pacific	NT

55-59

1	40907 IAZ	Lai, Shui Nin Ingrid	55	YMCA OF Hong Kong	43.00
2	16303	Rana, Naomi	56	LRC	54.46
3	06337	Tse, Yee Wah	56	YMCA OF Hong Kong	55.00
4	12233	Hung, Isabel	56	Sword Fish Club	58.00

60-64

1	20640 IAZ	Wong, Fung Yee	62	Sword Fish Club	1:01.00
2	17891 IAZ	Chan, Siu Ying	61	Sword Fish Club	1:10.00
3	21006 IAZ	Chan, Kin Ming Carrie	60	Sword Fish Club	1:20.00

65-69

1	14007	Ho, Yuk Ling	65	Tung Sing	59.00
2	23957 IAX	Yeung, Tun Lim Lily	65	Sword Fish Club	1:05.00
3	06127	Lau, Wai Lin	66	New Water Polo	1:15.00

70-74

1	07440	Yip, Lai Kuen	71	Lai Tsun	1:13.00
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75-79

1	32571 IAZ	Chan, Pui Yee	78	Sword Fish Club	1:10.00
2	17480 IAZ	Chow, Pui Han Angela	76	Lai Tsun	1:20.00

80-84

1	13262	Kwong, Shuet Hing	82	Wong Tai Sin	1:43.08
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85-89

1	06144	Mak, Suet Man	85	Sea Green	1:00.00
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Event 9 Men 100 SC Meter IM

18-24 MSR:	57.30
25-29 MSR:	59.29
30-34 MSR:	1:01.12
35-39 MSR:	1:02.62
40-44 MSR:	59.78
45-49 MSR:	1:06.31
50-54 MSR:	1:07.05
55-59 MSR:	1:13.19
60-64 MSR:	1:16.19
65-69 MSR:	1:18.72

	ID#	Name	Age	Team	Seed Time
18-24					
1	15390 B	Lau, Yat Fung	23	Diocesan School	1:07.00
2	17477 IAZ	Cheung, Chung Yan	24	New Water Polo	1:30.00
25-29					
1	15262 B	Cheng, Yuan Andrew	25	Kwun Tong	1:04.00
2	42728 P	Febo, Christopher Vincenzo	29	Sword Fish Club	1:05.00
3	40333 IAZ	Lam, Pak Lai	25	Flying Fish	1:07.00
4	14158 #IAZ	Li, Hok Yee Terence	29	Fire Services	1:07.00

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Psych Sheet

25-29... (Event 9 Men 100 SC Meter IM)

5	20156 IAZ	Ng, Ming Hin Kenniz	28 Fire Services	1:07.00
6	24728 IAZ	Chan, Wing Fa	25 Eastern Winter	1:10.00
7	16830 #IAM	Yip, Ming Hei	26 New Water Polo	1:10.00
8	05296 B	Hui, Chun Hin	29 New Water Polo	1:45.00
9	21343 IAZ	Yu, Man Hin	26 Sea Green	NT

30-34

1	39152 ICO	Belecanech, Matthew Joseph	30 Hong Kong Footba	1:05.00
2	02591	Luk, Wing Kin Andy	33 Kwan Hung	1:05.00
3	06092 #IAZ	Ng, Yan Ho	32 Hong Kong Police	1:07.00
4	01772	Pang, Hin Sing	31 Hong Kong Police	1:08.86
5	00104	Lo, Shek Pui	33 Hong Kong Footba	1:10.00
6	00385	Cheng, Pong Man Reuben	33 Flying Fish	1:10.00
7	29833 IAZ	Chow, Chun Pui	31 Fire Services	1:10.00
8	10309 IBZ	Leung, Chin Fung	33 Fire Services	1:10.00
9	01326 IBZ	Cheng, Yuen Henry	34 Kwun Tong	1:10.00
10	04617 IBZ	Leung, King Fung	32 Tung Sing	1:10.00
11	02040	Yei, Tak Sau	33 Flying Fish	1:17.00
12	33387 IAO	Wu, Kenneth Yee Lok	31 Sword Fish Club	1:19.00
13	48933 IAO	Leung, Ryan Chun Hay	33 Pacific	1:20.00
14	48262 IAZ	Quan, Wing Yeung Marwick	32 Sword Fish Club	1:30.00
15	04604 IBZ	Kwong, Chun Hung	33 Sea Green	NT

35-39

1	05145	Lo, Jonathan Ka Yan	39 LRC	1:02.62
2	00444	Lam, Yau Sun Dickson	37 Diocesan School	1:07.00
3	00590 IBZ	Kwok, Ho Tin	35 New Water Polo	1:07.00
4	06960 ICZ	Lau, Yan Kid	38 Fire Services	1:11.00
5	44302 ICO	Boas, Michael Joel	37 Fastlane Swimming	1:15.00
6	05179 #ICZ	Wan, Chun Pong Michael	38 Fastlane Swimming	1:15.00
7	03713 IBZ	Tang, Chee Kit	36 Diocesan School	1:20.00
8	48158 IAZ	Lee, Sung Hai Hysan	38 Diocesan School	1:30.00
9	00093	Tam, Tak Ching	35 Dik Wing	NT
10	02938 IBZ	Wong, Lit Ken	36 Dik Wing	NT

40-44

1	46248 @ICO	O' Neill, Donal Thomas	42 LRC	1:00.83
2	01012 ICZ	Fong, Lik Sun	42 Hong Kong Footba	1:04.00
3	28168 ICO	Jacobs, Damian Charles	42 LRC	1:09.87
4	35790 ICO	Launay, Thomas	43 LRC	1:11.92
5	05253 ICZ	Sun, Fat Yee David	43 Fire Services	1:12.00
6	12176 ICZ	Ng, Siu Yu	40 Sword Fish Club	1:19.00
7	40107 IAZ	Chan, Falcon	43 Lai Tsun	1:22.00
8	47042 IAZ	Ho, Kin Man	41 Sword Fish Club	1:25.00
9	40558 IAZ	Law, Sai Wo	43 Tolo Harbour	1:33.00
10	45574 IAZ	Ng, Siu Kwong	40 Sword Fish Club	1:55.00
11	37781 IAZ	Lo, Kar Lai Gary	44 New Water Polo	2:00.00

45-49

1	37671 @ICO	Stamenovic, Ivan	46 LRC	1:09.12
2	06316	Chan, Sze Tat	47 Hong Kong Police	1:15.00
3	11569	Wong, Lok Shun	45 Flying Fish	1:20.00
4	06310	Chan, Fung Sun	49 Kwun Tong	1:20.00
5	42737 IAZ	So, Ma Loi	46 Sword Fish Club	1:25.00
6	26077 IAZ	Tsui, Chun Wai	45 Hong Kong Police	1:31.08
7	47461 IAZ	Tse, Ka Fai	48 New Water Polo	2:00.00
8	48593 IAZ	Cheng, Wai Leung	45 Sword Fish Club	2:00.00

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

50-54... (Event 9 Men 100 SC Meter IM)

1	35313 IAZ	Pong, Chiu Yee Dario	54 LRC	1:14.14
2	05273	Poon, Ho Keung Danny	52 Flying Fish	1:17.00
3	27451 IAZ	Yip, Kin Man Stephen	52 Kwun Tong	1:18.00
4	25592 IAZ	Cheung, Wai Kei	50 Flying Fish	1:19.00
5	30710 IAZ	Lai, Kin Sun	52 Flying Fish	1:20.00
6	05280	Chung, Hung Fai	50 Fire Services	1:20.00
7	07427	Wong, Ho Ming Edwin	53 Barracuda	1:22.00
8	34692 ICO	Puels, Rupert Edgerton	51 Hong Kong Footba	1:30.00
9	38127 IAZ	Leung, Cheung Wai Ricky	54 Sword Fish Club	1:40.00
10	42085 IAZ	Lee, Hon Lun Philip	50 Sword Fish Club	1:45.00
11	15166	Leung, Chi Keung	50 Sun Yip	1:50.00
12	42365 IAX	Kwan, Man Fai	53 Diocesan School	1:58.00

55-59

1	26176 IAX	Ho, Chung Man	59 Lai Tsun	1:30.00
2	21023 IAZ	Ho, Kwong Ngai Eric	59 Sword Fish Club	1:30.00
3	05139	Lin, Fulong	55 Flying Fish	1:35.00
4	26594 IAZ	Ching, Wai Kin	58 Sword Fish Club	1:41.63
5	22433 IAZ	Lui, Man Pong	57 New Water Polo	1:50.00
6	46973 IAZ	Leung, Wai Ming	56 New Water Polo	2:00.00

60-64

1	05191	Koo, Yu Fat Marcus	60 Flying Fish	1:15.00
2	06256	Chan, Kwong Peter	61 Sea Green	1:20.00
3	06202	Lau, Kim Wah	63 Fire Services	1:25.00
4	03215 IAZ	Leung, Yiu Chuen	64 Sun Yip	1:26.01
5	17725 IAZ	Ng, Yu Hung	64 Sword Fish Club	1:30.00
6	04512	Wong, Shek Ming	62 New Water Polo	2:00.00
7	36725 IAZ	Yau, Wai	63 Sea Green	2:00.00
8	06247	So, Kam Shing	61 Wong Tai Sin	2:00.00

65-69

1	06201	Wong, Cheuk Yin	66 Fire Services	1:20.00
2	06331 ICZ	Ma, Etienne	65 YMCA OF Hong Kong	1:25.00
3	28893 IAZ	Au, King Tong	65 Sun Yip	1:26.00
4	33115 IAX	Ng, Kan Sing	69 Sword Fish Club	1:30.00
5	06237	Mok, Chu Piu	65 Lai Tsun	1:40.00
6	06239	Chan, King Yuen	67 Lai Tsun	1:45.00
7	06388	Lau, Man Kin	68 Sword Fish Club	1:45.00
8	06187	Kan, Kai Kwong	67 Sea Green	2:00.00
9	06176	Wong, Kung Wan	66 Sea Green	2:00.00

70-74

1	06382	Chan, Kam Por	70 Sword Fish Club	1:25.00
2	06243	Koo, Choi Fat	72 Wong Tai Sin	2:00.00
3	22182 IAZ	Ngai, Yin Leung	73 Sword Fish Club	2:12.00
4	06242	Lau, Heung Wing	73 Wong Tai Sin	2:30.00

75-79

1	09891	Wong, Chiu Shun	75 Sword Fish Club	2:00.00
2	06274	Wong, Yau Chuen	76 Sword Fish Club	2:20.00
3	38301 IAX	Cheung, Hao Yen	79 Lai Tsun	NT

80-84

1	28522 IAX	Wong, Tat Choi	81 Sword Fish Club	2:13.00
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2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

Event 10 Women 100 SC Meter IM

18-24 MSR:	1:07.92
25-29 MSR:	1:08.89
30-34 MSR:	1:11.96
35-39 MSR:	1:13.09
40-44 MSR:	1:11.54
45-49 MSR:	1:14.24
50-54 MSR:	1:15.67
55-59 MSR:	1:20.27
60-64 MSR:	1:33.28
65-69 MSR:	1:41.95

	ID#	Name	Age	Team	Seed Time
18-24... (Event 10 Women 100 SC Meter IM)					
1	32521 IAZ	Guillot, Oriane Islay	21	LRC	1:08.58
2	27291 @P	Lau, Sze Wan	19	Kwun Tong	1:14.00
3	20969 IAZ	Lui, Wing Lam	20	Kwun Tong	1:15.00
4	43533 IAZ	Wong, Yu Tung	24	New Water Polo	2:00.00
5	26980 IAZ	Wong, Suet Wing	23	Dik Wing	NT
25-29					
1	11797 B	Ip, Rainbow	25	Flying Fish	1:08.00
2	12361 B	Fok, Sen Yin Stephanie	25	Flying Fish	1:10.00
3	01262	Mau, Lok Yan Eunice	29	Current Club Ltd	1:15.00
4	09413 B	Fang, Ka Ying	27	Eastern Winter	1:18.00
5	08900 IBZ	Lam, Suet	29	Hong Kong Police	1:20.00
6	04543 IAZ	Ng, Chui Wa	28	Hong Kong Police	1:23.00
7	08727 B	Hung Yuen Ching, Moose Culle	26	New Water Polo	2:00.00
8	28004 IAZ	Kwan, Ka Wan	29	Tung Sing	2:00.00
30-34					
1	38126 IAZ	Lee, Wai Sze	33	New Water Polo	1:20.00
2	00313 IBZ	Mok, Hon Ching	33	Hong Kong Police	1:20.72
3	47085 @ICO	Reinfrank, Alkira Lee	30	Barracuda	1:26.00
4	05347	Chui, Kit Man	32	Hong Kong Police	1:26.58
5	06577 IBZ	Leung, Wei Yan	32	Sword Fish Club	1:27.00
6	05740 IB	So, Wing	32	New Water Polo	1:30.00
7	46294 ICX	Lin, Shengzhu	34	New Water Polo	1:45.00
8	40936 IAZ	Chan, Po Yan	32	New Water Polo	1:55.00
35-39					
1	26745 ICX	Chen, Yangyang	37	LRC	1:14.90
2	46104 @ICO	Sheridan, Kaitlyn Rose	35	Fastlane Swimming	1:21.00
3	42712 IAZ	Chan, Hiu Ying	38	Real Kinetic	1:30.00
4	14023	Wu, Pui Yan Natalie	37	Hong Kong Police	1:32.98
40-44					
1	40853 @IAO	Tam, Alison Mai Ling	44	Fastlane Swimming	1:12.75
2	46247 @IAO	Krkalo, Shauna Kathleen	44	LRC	1:13.98
3	48857 @ICO	Giambattista, Danielle	40	Fastlane Swimming	1:36.00
4	44676 IAZ	Lam, Sze Wai Jacqueline	42	Jockey Club	1:40.00
5	19353 IAZ	Poon, Yee Jane	44	Hong Kong Police	1:40.00
6	08977	Ho, Yee Yun Rosalind	43	Current Club Ltd	1:55.00
45-49					
1	48942 IAZ	Wong, Wing Sze Sesy	46	Pacific	NT
50-54					
1	38302 IAZ	Cheung, Man Ling Melody	50	Lai Tsun	1:41.00
2	35969 IAX	Wang, Ying Lian	50	Tung Sing	1:48.00

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

50-54... (Event 10 Women 100 SC Meter IM)

3	31395 IAZ	Chan, Pui Ling	52 Flying Fish	1:50.00
4	47040 @IAZ	Zou, Shengling	51 Tung Sing	1:59.21
5	35772 IAX	Ban, Xianhai	50 New Water Polo	2:00.00
6	27463 IAX	Chen, Yugen	51 New Water Polo	2:00.00
7	40912 IAZ	Ng, Yee Ling	51 Tolo Harbour	2:00.00
8	43063 @IAO	Wong, Rose	52 LRC	2:05.00

55-59

1	26049 IAZ	Kirkwood, Tain Mhaira	59 LRC	1:25.70
2	29752 IAZ	Chow, Yee Heung Liza	58 Lai Tsun	1:39.00
3	26254 IAX	Ng, Kong Ching	57 New Water Polo	1:40.00
4	45187 IAX	Chan, On Mei	59 Sword Fish Club	1:40.00
5	16303	Rana, Naomi	56 LRC	1:47.76
6	12233	Hung, Isabel	56 Sword Fish Club	2:10.00
7	06337	Tse, Yee Wah	56 YMCA OF Hong Kong	2:10.00
8	36045 IAZN	Hsu, Ava	55 LRC	2:15.00
9	41911 IAZN	Ng, Kit Man Joanna	57 New Water Polo	2:57.00

60-64

1	05190	Ho, Wan Sai Rita	60 Flying Fish	1:45.00
2	22428 IAZ	Lau, Yuk Lin Rocky	60 Sea Green	2:00.00
3	16533	Wong, Shun Ying	63 Sea Green	2:18.00

65-69

1	19290 IAX	Tseung, Nga Wah	65 Sword Fish Club	1:55.00
2	06355	Lo, Lai Yung	67 New Water Polo	2:00.00
3	14007	Ho, Yuk Ling	65 Tung Sing	2:00.00

70-74

1	06357	Suen, Ming Chu	74 Sword Fish Club	2:30.00
2	06212	Lo, Yeuk Shuen	73 Wong Tai Sin	3:00.00

75-79

1	02365	Chow, So Kam	77 Kwun Tong	2:10.00
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80-84

1	06372 IAZ	Leung, Mabel Yuen Ying	80 Sword Fish Club	2:43.00
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Event 11 Men 25 SC Meter Butterfly

18-24 MSR: 11.89

25-29 MSR: 11.99

30-34 MSR: 12.01

35-39 MSR: 12.39

40-44 MSR: 12.40

45-49 MSR: 13.01

50-54 MSR: 12.80

55-59 MSR: 12.59

60-64 MSR: 14.48

65-69 MSR: 15.41

	ID#	Name	Age Team	Seed Time
18-24				
1	15390 B	Lau, Yat Fung	23 Diocesan School	14.00
2	32044 IAZ	Yan, Pok Wai	20 Current Club Ltd	15.00
3	47054 IAZ	Ho, Ethan Jordan	20 Diocesan School	16.20
4	23103 IAZ	Chaw, Pak Hong	21 HK Sportworld	35.00
5	26861 B	Cheng, Nok Him	21 HK Sportworld	35.00
6	20081 IAZ	Cheng, Tze Yau	22 HK Sportworld	35.00
7	27226 IAZ	Tang, Tsun Long	20 HK Sportworld	35.00
8	22222 B	Wong, Cheuk Hei	22 HK Sportworld	35.00
9	49025 @IAO	Wang, Anson Anren	20 Pacific	NT

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25-29... (Event 11 Men 25 SC Meter Butterfly)

1	12437 B	Wong, Kai Man	26 New Water Polo	12.00
2	09964 IAZ	Lau, Chak Lam Nicholas	27 Diocesan School	13.00
3	40333 IAZ	Lam, Pak Lai	25 Flying Fish	13.00
4	05642 IBZ	Lok, Ho Chun	28 Hong Kong Police	13.10
5	12001 IB	Li, Chung Yin	29 Hong Kong Police	13.50
6	10341 IAZ	Yuen, Ting Hin	25 Hong Kong Police	13.50
7	04637 #IBZ	Kwan, Yui Hang	29 Current Club Ltd	14.00
8	47043 IAZ	Lam, Pak Lun	28 Flying Fish	14.00
9	20156 IAZ	Ng, Ming Hin Kenniz	28 Fire Services	14.00
10	15815	Lo, Ting Kin	26 Sea Green	15.00
11	46301 IAZ	Lai, Siu In	29 New Water Polo	22.00
12	17080 IAO	Leung, Kenwin T.H.	29 Dik Wing	NT

30-34

1	27874 IAZ	Chan, Cheuk Man	34 New Water Polo	13.00
2	10221 IBZ	Tam, Ka Ho Ricky	31 Hong Kong Police	13.22
3	01772	Pang, Hin Sing	31 Hong Kong Police	13.31
4	06092 #IAZ	Ng, Yan Ho	32 Hong Kong Police	13.40
5	00314 IBZ	Mok, Hon Hei	34 Hong Kong Police	13.49
6	00557 #	Chow, Sik Hang	34 Kwun Tong	13.80
7	01582 IBZ	Siu, Kevin	34 Kwun Tong	13.80
8	01433	Tai, Hilary Francis	32 Diocesan School	14.00
9	01784 B	Tso, Hiu Fung	31 Diocesan School	14.00
10	00104	Lo, Shek Pui	33 Hong Kong Footba	14.00
11	00385	Cheng, Pong Man Reuben	33 Flying Fish	14.00
12	10309 IBZ	Leung, Chin Fung	33 Fire Services	14.00
13	10686	Chan, Ching	31 Golden Dolphin	15.00
14	02040	Yei, Tak Sau	33 Flying Fish	15.00
15	48029 IAZ	Lee, Ka Hung	32 Hong Kong Police	15.00
16	33387 IAO	Wu, Kenneth Yee Lok	31 Sword Fish Club	15.00
17	41150 IAZ	Poon, Chun Yat	30 New Water Polo	22.00
18	49012 IAZ	Cheung, Fu Shiu	30 Kwun Tong	40.00
19	01909 IBZ	Chan, Cheuk Yin	34 Dik Wing	NT
20	10399 IAZ	Tsang, King Keung	30 Dik Wing	NT

35-39

1	00590 IBZ	Kwok, Ho Tin	35 New Water Polo	12.00
2	03716 ICZ	Yan, Ho Chun	37 Diocesan School	12.50
3	44302 ICO	Boas, Michael Joel	37 Fastlane Swimming	13.50
4	00234 IBZ	Lau, Tsun Ting	35 Kwun Tong	13.90
5	42367 IAO	Chow, Chun Yin	36 Diocesan School	14.00
6	04939 ICZ	Li, Tsz Hin	39 Fire Services	14.00
7	22420 IAZ	Chan, Chi Ming	36 Kwun Tong	14.00
8	05179 #ICZ	Wan, Chun Pong Michael	38 Fastlane Swimming	14.50
9	28529 #IAO	Wright, Henry Tomas	35 Barracuda	15.00
10	23298 IAZ	Li, Cheuk Bun	37 Wong Tai Sin	15.00
11	30399 IAZ	Lam, Shu Wing	39 Flying Fish	15.50
12	32424 IAZ	Law, Tin Yiu	37 Hong Kong Police	16.50
13	46504 @IAO	Coe, Jason George	38 Fastlane Swimming	18.00
14	11587	Ng, Yu Hon	39 Sea Green	18.00
15	08964 IAZ	Yeung, Wai Kam William	39 Sun Yip	18.00
16	02938 IBZ	Wong, Lit Ken	36 Dik Wing	NT

40-44

1	12863	Yuen, Kai Lai	42 Fire Services	13.00
2	01591 ICZ	Fu, Wing Harbeth	42 Kwun Tong	13.00

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40-44... (Event 11 Men 25 SC Meter Butterfly)

3	46248 @ICO	O' Neill, Donal Thomas	42 LRC	13.02
4	28168 ICO	Jacobs, Damian Charles	42 LRC	13.35
5	04238	Woo, Chun Kuen Douglas	44 LRC	14.02
6	35790 ICO	Launay, Thomas	43 LRC	14.63
7	29814 IAZ	Ma, Derek Hing Kwok	41 Barracuda	15.00
8	03895 ICZ	Lee, Ka Sing Joe	40 Fire Services	15.00
9	05253 ICZ	Sun, Fat Yee David	43 Fire Services	15.00
10	08969	Yan, Ka Chun	43 New Water Polo	15.40
11	03095	Lau, Ko Chun	40 Hong Kong Police	15.49
12	10317	Ng, Ka Wing	42 Diocesan School	16.00
13	40558 IAZ	Law, Sai Wo	43 Tolo Harbour	16.00
14	40841 IAX	Tsang, Kwok Tung	43 Diocesan School	18.00
15	24607 IAZ	Liu, Wah On	40 New Water Polo	18.00
16	37781 IAZ	Lo, Kar Lai Gary	44 New Water Polo	18.00
17	47042 IAZ	Ho, Kin Man	41 Sword Fish Club	24.00
18	03793 ICZ	Po, Tik San	40 New Water Polo	25.00

45-49

1	06310	Chan, Fung Sun	49 Kwun Tong	13.00
2	37671 @ICO	Stamenovic, Ivan	46 LRC	13.42
3	03372	Lau, Allan	49 Sword Fish Club	14.00
4	06338 IAZ	Wong, Ka Fai	48 Sword Fish Club	14.00
5	02366	Li, Ka Wing	48 Kwun Tong	14.50
6	46246 @IAO	Krkalo, Hrvoje	47 LRC	14.57
7	37032 IAZ	Wu, Kai Wing	46 Wong Tai Sin	15.00
8	40846 IAZ	Cheung, Chin Ho	47 Diocesan School	15.50
9	21008 IAZ	Cheung, Chun Kwan Michael	49 Wong Tai Sin	16.00
10	46505 IAZ	Chang, Lambert Jen Hsiung	47 Fastlane Swimming	16.50
11	19343 IAZ	Leung, Wan Hung Andy	48 Hong Kong Police	17.00
12	47461 IAZ	Tse, Ka Fai	48 New Water Polo	22.00

50-54

1	05273	Poon, Ho Keung Danny	52 Flying Fish	14.50
2	05280	Chung, Hung Fai	50 Fire Services	15.00
3	06395	Cheung, Ting Fan	51 Kwun Tong	15.00
4	26821 IAZ	Chan, Kwok Chi	51 Sword Fish Club	15.00
5	27868 IAZ	Chan, Chi Wah Ringo	50 Sword Fish Club	15.05
6	26053 IAZ	Wong, Yee Keung	51 Flying Fish	15.30
7	47052 IAZ	Tong, Chi Wan	54 Diocesan School	16.00
8	07427	Wong, Ho Ming Edwin	53 Barracuda	16.00
9	34692 ICO	Puels, Rupert Edgerton	51 Hong Kong Footba	17.00
10	42085 IAZ	Lee, Hon Lun Philip	50 Sword Fish Club	18.00
11	46434 IAZ	Tse, Chee Ho Bruce	52 Sword Fish Club	18.00
12	17701 IAZ	Lee, Chor Fu	53 Wong Tai Sin	18.00
13	47524 IAZ	Lai, Chi Wing Barry	53 Diocesan School	20.00
14	41548 IAZ	Ip, Ka Keung Patrick	54 Hong Kong Footba	20.00
15	48592 @IAW	Kwok, Wah Lun	52 Sword Fish Club	20.00
16	15166	Leung, Chi Keung	50 Sun Yip	20.00
17	42365 IAX	Kwan, Man Fai	53 Diocesan School	21.00

55-59

1	21023 IAZ	Ho, Kwong Ngai Eric	59 Sword Fish Club	16.00
2	05139	Lin, Fulong	55 Flying Fish	18.00
3	39982 IAZ	Chow, Wing Chun	58 Sword Fish Club	18.00
4	40861 IAZ	Cheung, Chi Ming Rover	59 Sword Fish Club	21.00
5	40839 IAZ	Leung, Wing Hang Michael	57 Diocesan School	22.00
6	29472 IAZN	Choi, Kwok Man Tony	56 Sword Fish Club	29.00

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60-64... (Event 11 Men 25 SC Meter Butterfly)

1	04988	Cheung, Chi Kwong	64 Fire Services	14.00
2	05191	Koo, Yu Fat Marcus	60 Flying Fish	14.80
3	03215 IAZ	Leung, Yiu Chuen	64 Sun Yip	15.88
4	17725 IAZ	Ng, Yu Hung	64 Sword Fish Club	16.00
5	15528	Tsui, Tak Shing Dominic	60 Fastlane Swimming	16.50
6	06202	Lau, Kim Wah	63 Fire Services	17.00
7	07802	Chau, Kam Tim	62 Sea Green	17.00
8	06247	So, Kam Shing	61 Wong Tai Sin	17.00
9	04512	Wong, Shek Ming	62 New Water Polo	20.00
10	41007 IAZ	So, Man Sing	61 Sea Green	20.00
11	03849	Kwok, Hak Man Johnny	62 Lai Tsun	22.00

65-69

1	06201	Wong, Cheuk Yin	66 Fire Services	15.00
2	06398	Cho, Wai Sun	69 Fastlane Swimming	17.00
3	06388	Lau, Man Kin	68 Sword Fish Club	22.00
4	33115 IAX	Ng, Kan Sing	69 Sword Fish Club	24.00
5	06187	Kan, Kai Kwong	67 Sea Green	25.00
6	06184	Ng, Pak Chiu	68 Sea Green	28.00
7	19292 IAX	Leung, Fu Keung	68 Sea Green	38.00

70-74

1	06382	Chan, Kam Por	70 Sword Fish Club	16.00
2	44756 IAZ	Lo, Che Hung	74 Lai Tsun	22.00
3	45624 IAZ	Mok, Hin Ming	72 Lai Tsun	23.00
4	41729 IAZ	Ko, Leung Hung Alex	70 Diocesan School	25.00
5	23297 IAZ	Chan, Shing Chi	74 Lai Tsun	25.00
6	22182 IAZ	Ngai, Yin Leung	73 Sword Fish Club	26.08
7	21729 IAX	Chan, Ping Chiu	71 New Water Polo	30.00

75-79

1	03845	Tin, Sheung Kwai	75 New Water Polo	20.10
2	09171	Chan, Ying Chi	76 Sword Fish Club	25.00
3	38301 IAX	Cheung, Hao Yen	79 Lai Tsun	NT

80-84

1	06270	Lam, Luk Kan	81 Sword Fish Club	30.00
2	05407	Lee, She Kwok	84 Sword Fish Club	35.00

Event 12 Women 25 SC Meter Butterfly

18-24 MSR:	13.82
25-29 MSR:	14.44
30-34 MSR:	13.87
35-39 MSR:	14.37
40-44 MSR:	14.84
45-49 MSR:	14.90
50-54 MSR:	15.36
55-59 MSR:	15.98
60-64 MSR:	17.48
65-69 MSR:	21.07

	ID#	Name	Age Team	Seed Time
18-24				
1	32521 IAZ	Guillot, Oriane Islay	21 LRC	16.00
2	46326 IAZ	Kwok, Yu Yan	23 New Water Polo	25.00
3	43533 IAZ	Wong, Yu Tung	24 New Water Polo	26.00
4	23105 #IAZ	Ho, Cheuk Wai	21 Dik Wing	NT

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25-29... (Event 12 Women 25 SC Meter Butterfly)

1	04674 IAZ	Lee, Hou Yin Dorothy	29 New Water Polo	13.50
2	08238 B	Li, Tsz Yu	28 New Water Polo	13.50
3	07072 B	Luk, Wing Man	29 New Water Polo	13.50
4	00462 B	Ng, Chi Wing	28 New Water Polo	13.50
5	11399 IAZ	Wan, Tsz Ching Elizabeth	28 New Water Polo	13.50
6	29564 IAZ	Ng, Wai Ying Megan	26 Flying Fish	15.00
7	05769 B	Kot, Chung Ling	28 Hong Kong Police	16.50
8	08727 B	Hung Yuen Ching, Moose Culle	26 New Water Polo	20.00
9	28004 IAZ	Kwan, Ka Wan	29 Tung Sing	20.00
10	47460 IAZ	Mak, Cheuk Lam	27 New Water Polo	25.00

30-34

1	08325	Li, Yan Yung	30 New Water Polo	13.50
2	05740 IB	So, Wing	32 New Water Polo	13.50
3	04032 IBZ	Wong, Po Ki	31 New Water Polo	13.50
4	01655 IB	Zhang, Xiao Tong Isabella	33 Fastlane Swimming	14.50
5	38126 IAZ	Lee, Wai Sze	33 New Water Polo	15.00
6	47085 @ICO	Reinfrank, Alkira Lee	30 Barracuda	16.00
7	00085	Yu, Pei En Priscilla	33 Current Club Ltd	16.00
8	03391 IBZ	Chow, Sin Hang	30 Kwan Hung	16.00
9	03730 IBZ	Li, Jamie	30 Kwan Hung	16.00
10	01441	Yeung, Hiu Ching Judy	31 New Water Polo	16.00
11	47086 @ICX	Miao, Amy	33 Barracuda	17.00
12	17382 #IAZ	Tsui, Man Hei	31 New Water Polo	17.00
13	09254 IBZ	Li, Tat Yan	31 Kwun Tong	19.00
14	49015 IAZ	Cheng, Tsz Ying	30 Kwun Tong	20.00
15	40936 IAZ	Chan, Po Yan	32 New Water Polo	25.00
16	48639 @IAX	Kong, Chui Shan	31 New Water Polo	27.00
17	00288 IBZ	Yip, Wing Yan	34 Dik Wing	NT

35-39

1	46104 @ICO	Sheridan, Kaitlyn Rose	35 Fastlane Swimming	16.50
2	14023	Wu, Pui Yan Natalie	37 Hong Kong Police	17.66
3	42712 IAZ	Chan, Hiu Ying	38 Real Kinetic	18.00
4	00777 IBZ	Tse, Yu Ting	36 New Water Polo	19.10
5	47561 IAZ	Leung, Tin Ho	38 Flying Fish	23.00

40-44

1	08977	Ho, Yee Yun Rosalind	43 Current Club Ltd	18.00
2	44676 IAZ	Lam, Sze Wai Jacqueline	42 Jockey Club	19.00
3	19353 IAZ	Poon, Yee Jane	44 Hong Kong Police	19.00
4	48857 @ICO	Giambattista, Danielle	40 Fastlane Swimming	23.00
5	48935 IAZ	Ngai, Chi Yung	41 Pacific	NT

45-49

1	07784 #IAZ	Tang, Mei Yin	45 Kwun Tong	17.00
2	48048 @ICX	Zeng, Yuling	46 Sword Fish Club	17.00
3	36961 IAZ	Tung, Fung	45 Kwun Tong	25.00
4	48941 IAZ	Lam, Wai Kei Vicky	45 Pacific	NT
5	48942 IAZ	Wong, Wing Sze Sesy	46 Pacific	NT

50-54

1	33517 IAO	Yamaguchi, Mika	50 Fastlane Swimming	15.00
2	35982 IAZ	Chang, Wing Man	50 Lai Tsun	17.00
3	38302 IAZ	Cheung, Man Ling Melody	50 Lai Tsun	19.00
4	38295 IAZ	Liu, Wai Fun	52 Barracuda	20.00
5	27463 IAX	Chen, Yugen	51 New Water Polo	21.00
6	35969 IAX	Wang, Ying Lian	50 Tung Sing	24.00

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50-54... (Event 12 Women 25 SC Meter Butterfly)

7	40575 IAO	Chan, San Ngah	54 Fastlane Swimming	24.14
8	31395 IAZ	Chan, Pui Ling	52 Flying Fish	25.00
9	40912 IAZ	Ng, Yee Ling	51 Tolo Harbour	25.00
10	40937 IAZ	Leung, Wai Fan Fanny	52 New Water Polo	26.00
11	37012 IAZ	Lun, Yau Chun Nara	54 New Water Polo	30.00
12	48943 IAZ	Lui, Chit Ying Wendy	52 Pacific	NT

55-59

1	26049 IAZ	Kirkwood, Tain Mhaira	59 LRC	15.81
2	29752 IAZ	Chow, Yee Heung Liza	58 Lai Tsun	18.00
3	26254 IAX	Ng, Kong Ching	57 New Water Polo	20.00
4	23323 IAZ	Tam, Choi Ping Scalene	57 New Water Polo	20.00
5	48634 IAZ	Cheung, Wing Yee	56 New Water Polo	25.00
6	45187 IAX	Chan, On Mei	59 Sword Fish Club	26.00
7	38460 IAZ	Tang, Kit Fong Yvonne	58 New Water Polo	30.00
8	44303 IAZ	Lam, Man Lai	56 Sword Fish Club	34.00

60-64

1	05190	Ho, Wan Sai Rita	60 Flying Fish	20.00
2	16533	Wong, Shun Ying	63 Sea Green	26.00
3	41423 IAZ	Chiu, Pauline	60 Tung Sing	28.00
4	24216 IAZ	Li, Chuk Ping	60 Sword Fish Club	34.00

65-69

1	06355	Lo, Lai Yung	67 New Water Polo	23.00
2	03503	Castka, Gillian Hancer	66 Sword Fish Club	24.00
3	19290 IAX	Tseung, Nga Wah	65 Sword Fish Club	25.00
4	06356 IAZN	Lo Yeung, Sau Han	69 Kwun Tong	26.00

70-74

1	07440	Yip, Lai Kuen	71 Lai Tsun	30.00
2	06357	Suen, Ming Chu	74 Sword Fish Club	30.00

75-79

1	32571 IAZ	Chan, Pui Yee	78 Sword Fish Club	30.00
2	02365	Chow, So Kam	77 Kwun Tong	1:00.00

80-84

1	06372 IAZ	Leung, Mabel Yuen Ying	80 Sword Fish Club	32.00
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Event 13 Men 100 SC Meter Medley Relay

100-119 MSR:	49.78
120-159 MSR:	50.84
160-199 MSR:	54.39
200-239 MSR:	57.73
240-279 MSR:	1:02.52
280-319 MSR:	1:11.02
320-359 MSR:	1:47.23

	Team	Relay	Seed Time
100-119			
1	Hong Kong Police Swimming Club	M100 A	56.42
2	New Water Polo Club	M100 A	NT
3	Diocesan School Old Boys' Assn	M100 A	NT
120-159			
1	Kwan Hung Swimming Club	M120 A	50.00
2	Hong Kong Police Swimming Club	M120 A	56.85
3	HK Fire Services S. & W. Club	M120 A	1:01.00
4	Kwun Tong Swimming Club	M120 A	NT
5	Ladies' Recreation Club	M120 A	NT
6	New Water Polo Club	M120 A	NT

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120-159... (Event 13 Men 100 SC Meter Medley Relay)

7	Pacific Swimming Club	M120	A	NT
8	Sword Fish Club	M120	A	NT
9	Hong Kong Football Club	M120	A	NT
10	Fastlane Swimming	M120	A	NT
11	Diocesan School Old Boys' Assn	M120	A	NT
12	Dik Wing Associaion	M120	A	NT

160-199

1	Hong Kong Police Swimming	M160	A	1:03.60
2	HK Fire Services S. & W. Club	M160	A	1:10.00
3	Wong Tai Sin District L.S. S.	M160	A	1:10.00
4	HK Flying Fish Athletic Assn	M160	A	NT
5	Kwun Tong Swimming Club	M160	A	NT
6	Ladies' Recreation Club	M160	A	NT
7	New Water Polo Club	M160	A	NT
8	Pacific Swimming Club	M160	A	NT
9	Sword Fish Club	M160	A	NT
10	Hong Kong Football Club	M160	A	NT
11	Fastlane Swimming	M160	A	NT
12	Diocesan School Old Boys' Assn	M160	A	NT

200-239

1	Sun Yip Swimming Club	M200	A	1:03.00
2	Hong Kong Police Swimming	M200	A	1:06.93
3	HK Fire Services S. & W. Club	M200	A	1:20.00
4	HK Flying Fish Athletic Assn	M200	A	NT
5	Kwun Tong Swimming Club	M200	A	NT
6	Ladies' Recreation Club	M200	A	NT
7	Lai Tsun Swimming Society	M200	A	NT
8	New Water Polo Club	M200	A	NT
9	Sea Green Swimming & L.S. C	M200	A	NT
10	Sword Fish Club	M200	A	NT
11	Fastlane Swimming	M200	A	NT
12	Diocesan School Old Boys' Assn	M200	A	NT

240-279

1	Hong Kong Police Swimming	M240	A	1:24.63
2	Ladies' Recreation Club	M240	A	NT
3	Lai Tsun Swimming Society	M240	A	NT
4	New Water Polo Club	M240	A	NT
5	Sea Green Swimming & L.S. C	M240	A	NT
6	Sword Fish Club	M240	A	NT
7	Fastlane Swimming	M240	A	NT
8	Diocesan School Old Boys' Assn	M240	A	NT

280-319

1	Wong Tai Sin District L.S. S.	M280	A	2:00.00
2	Lai Tsun Swimming Society	M280	A	NT
3	New Water Polo Club	M280	A	NT
4	Sword Fish Club	M280	A	NT
5	Diocesan School Old Boys' Assn	M280	A	NT

320-359

1	Sword Fish Club	M320	A	NT
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2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

Event 14 Women 100 SC Meter Medley Relay

- 100-119 MSR: 1:02.35
- 120-159 MSR: 1:00.50
- 160-199 MSR: 1:02.16
- 200-239 MSR: 1:07.31
- 240-279 MSR: 1:16.20
- 280-319 MSR: 1:41.68

	Team	Relay	Seed Time
100-119... (Event 14 Women 100 SC Meter Medley Relay)			
1	Hong Kong Police Swimming Club	W100 A	1:10.06
2	New Water Polo Club	W100 A	NT
120-159			
1	Kwan Hung Swimming Club	W120 A	1:00.00
2	Hong Kong Police Swimming Club	W120 A	1:17.70
3	Ladies' Recreation Club	W120 A	NT
4	New Water Polo Club	W120 A	NT
5	Pacific Swimming Club	W120 A	NT
6	Fastlane Swimming	W120 A	NT
160-199			
1	Hong Kong Police Swimming Club	W160 A	1:00.17
2	Kwun Tong Swimming Club	W160 A	NT
3	Ladies' Recreation Club	W160 A	NT
4	New Water Polo Club	W160 A	NT
5	Pacific Swimming Club	W160 A	NT
6	Sword Fish Club	W160 A	NT
7	Fastlane Swimming	W160 A	NT
200-239			
1	Tung Sing Athletic Association	W200 A	1:32.00
2	Ladies' Recreation Club	W200 A	NT
3	Lai Tsun Swimming Society	W200 A	NT
4	New Water Polo Club	W200 A	NT
5	Sword Fish Club	W200 A	NT
240-279			
1	Ladies' Recreation Club	W240 A	NT
2	Lai Tsun Swimming Society	W240 A	NT
3	New Water Polo Club	W240 A	NT
4	Sword Fish Club	W240 A	NT
280-319			
1	Wong Tai Sin District L.S. S.	W280 A	2:30.00
2	Lai Tsun Swimming Society	W280 A	NT
3	Sword Fish Club	W280 A	NT

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Event 15 Men 50 SC Meter Breaststroke

18-24 MSR:	29.16
25-29 MSR:	29.15
30-34 MSR:	29.76
35-39 MSR:	30.71
40-44 MSR:	28.91
45-49 MSR:	30.99
50-54 MSR:	33.32
55-59 MSR:	34.52
60-64 MSR:	36.15
65-69 MSR:	37.04

	ID#	Name	Age	Team	Seed Time
18-24... (Event 15 Men 50 SC Meter Breaststroke)					
1	15390 B	Lau, Yat Fung	23	Diocesan School	31.00
2	25440 @P	Cheng, Tsz Kin	21	HK Sportworld	35.00
3	32044 IAZ	Yan, Pok Wai	20	Current Club Ltd	35.30
4	17477 IAZ	Cheung, Chung Yan	24	New Water Polo	40.00
5	23081 IAZ	Loo, Chun Hei	24	Dik Wing	NT
25-29					
1	05577 IBZ	Yuen, Marcus	28	LRC	30.53
2	42728 P	Febo, Christopher Vincenzo	29	Sword Fish Club	32.00
3	05642 IBZ	Lok, Ho Chun	28	Hong Kong Police	33.12
4	33918 IAZ	Chan, Ming Hin	27	Hong Kong Police	34.46
5	44549 ICX	Zhang, Yage	28	Fastlane Swimming	35.00
6	04637 #IBZ	Kwan, Yui Hang	29	Current Club Ltd	35.00
7	15815	Lo, Ting Kin	26	Sea Green	39.00
30-34					
1	02591	Luk, Wing Kin Andy	33	Kwan Hung	30.00
2	01539 IBZ	Lee, Yeung Darwin	33	Fire Services	31.00
3	10221 IBZ	Tam, Ka Ho Ricky	31	Hong Kong Police	32.27
4	00314 IBZ	Mok, Hon Hei	34	Hong Kong Police	32.96
5	06602 IBZ	Yam, Chi Ching	33	Fire Services	33.00
6	00385	Cheng, Pong Man Reuben	33	Flying Fish	35.00
7	27873 IAZ	Ko, King Hei	34	New Water Polo	35.00
8	01326 IBZ	Cheng, Yuen Henry	34	Kwun Tong	36.00
9	02040	Yei, Tak Sau	33	Flying Fish	38.50
10	10683 IBZ	Lee, Tsun Sang	30	Golden Dolphin	40.00
11	48940 IAZ	Ku, Kin Shing	33	Pacific	NT
12	48937 IAZ	Yiu, Long Hin	32	Pacific	NT
35-39					
1	00590 IBZ	Kwok, Ho Tin	35	New Water Polo	30.05
2	42367 IAO	Chow, Chun Yin	36	Diocesan School	31.00
3	06960 ICZ	Lau, Yan Kid	38	Fire Services	31.00
4	04939 ICZ	Li, Tsz Hin	39	Fire Services	33.00
5	08964 IAZ	Yeung, Wai Kam William	39	Sun Yip	38.00
6	27469 IAX	Lam, Kin Wang	37	Hong Kong Police	39.18
7	48856 @IAO	Gallearchie, Jeewantha Madu	38	Fastlane Swimming	42.50
8	00093	Tam, Tak Ching	35	Dik Wing	NT
40-44					
1	28168 ICO	Jacobs, Damian Charles	42	LRC	33.30
2	01465 ICZ	Chiang, Filomeno	40	Hong Kong Police	34.37
3	35790 ICO	Launay, Thomas	43	LRC	34.64
4	07458	Yu, Ka Kui	44	Fire Services	35.00

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40-44... (Event 15 Men 50 SC Meter Breaststroke)

5	40558 IAZ	Law, Sai Wo	43 Tolo Harbour	38.00
6	10317	Ng, Ka Wing	42 Diocesan School	40.00
7	40834 IAZ	Chang, Hsi Tse JosephJeremy	43 Diocesan School	41.00
8	24965 IAZ	Leung, Yuk Ki	42 Hong Kong Police	41.42
9	45574 IAZ	Ng, Siu Kwong	40 Sword Fish Club	45.00

45-49

1	21008 IAZ	Cheung, Chun Kwan Michael	49 Wong Tai Sin	36.00
2	06316	Chan, Sze Tat	47 Hong Kong Police	37.38
3	23497 IAZ	Au Yeung, Wai Kit	48 Kwun Tong	37.50
4	42737 IAZ	So, Ma Loi	46 Sword Fish Club	38.00
5	46505 IAZ	Chang, Lambert Jen Hsiung	47 Fastlane Swimming	38.50
6	11569	Wong, Lok Shun	45 Flying Fish	39.00
7	40835 IAZ	Leung, Wing Hong Alvin	48 Diocesan School	43.00
8	48593 IAZ	Cheng, Wai Leung	45 Sword Fish Club	45.00

50-54

1	05280	Chung, Hung Fai	50 Fire Services	35.00
2	34692 ICO	Puels, Rupert Edgerton	51 Hong Kong Footba	38.00
3	44871 IAZ	Chan, Chi Leung	51 Fastlane Swimming	38.00
4	05273	Poon, Ho Keung Danny	52 Flying Fish	38.88
5	26053 IAZ	Wong, Yee Keung	51 Flying Fish	39.00
6	26317 IAZN	Tung, Shang Wei Timothy	52 Kwun Tong	39.00
7	06395	Cheung, Ting Fan	51 Kwun Tong	41.00
8	42085 IAZ	Lee, Hon Lun Philip	50 Sword Fish Club	42.00
9	43158 IAZ	Chan, Tin Lung	53 Lai Tsun	43.00
10	21736 IAM	Lo, Lai Tou	54 Sword Fish Club	43.00
11	42364 IAZ	Lau, Yip Kwong Francis	53 Diocesan School	44.00
12	48592 @IAW	Kwok, Wah Lun	52 Sword Fish Club	45.00
13	38127 IAZ	Leung, Cheung Wai Ricky	54 Sword Fish Club	46.00

55-59

1	06205	Cheung, Man Kwong	55 Fire Services	35.00
2	18856 IAZ	Au, Mun Shing	57 Sword Fish Club	39.00
3	19866 IAZ	Wong, Tak Choi Paul	59 Hong Kong Police	43.97
4	40592 IAZ	Fo, Pui Keung	58 Hong Kong Police	45.01
5	26176 IAX	Ho, Chung Man	59 Lai Tsun	46.00
6	40840 IAZ	Ng, Ka Yiu Karl	58 Diocesan School	50.00

60-64

1	04988	Cheung, Chi Kwong	64 Fire Services	35.00
2	06202	Lau, Kim Wah	63 Fire Services	36.00
3	17725 IAZ	Ng, Yu Hung	64 Sword Fish Club	41.00
4	45930 IAZ	Lo, Wing Kwong	61 Sun Yip	41.51
5	26245 IAZ	Choi, Hei Shing	63 Kwun Tong	46.00
6	07802	Chau, Kam Tim	62 Sea Green	46.00
7	25226 IAZ	Choi, Tai Wing	61 Sword Fish Club	50.00
8	36725 IAZ	Yau, Wai	63 Sea Green	50.00
9	41426 IAZ	Tang, Yu Hang Francis	61 Tung Sing	55.00

65-69

1	06207	Lau, Kim Man	66 Fire Services	37.00
2	03847	Cheung, Kwok Yu	66 Sun Yip	40.00
3	19350 IAZ	Leung, Chi Wah	65 Hong Kong Police	46.14
4	14035	Wong, Shing Kuen	69 Lai Tsun	58.00
5	40705 IAZ	Lai, Chung Fat Paulus	66 Wong Tai Sin	2:00.00

70-74

1	05917	Yong, Khin Syn	73 Sword Fish Club	45.00
2	06243	Koo, Choi Fat	72 Wong Tai Sin	49.00

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70-74... (Event 15 Men 50 SC Meter Breaststroke)

3	20634 IAZ	Wu, Shu Sun	72	New Water Polo	50.00
4	44788 IAZ	Chui, Hong Sheung	73	Diocesan School	53.00

75-79

1	03845	Tin, Sheung Kwai	75	New Water Polo	45.10
2	14029	Ieong, Vun Fai	76	Sword Fish Club	50.00
3	09891	Wong, Chiu Shun	75	Sword Fish Club	1:00.00

80-84

1	06270	Lam, Luk Kan	81	Sword Fish Club	1:09.00
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85-89

1	23927 IAZ	Ho, Shui On	86	Kornhill	1:03.91
2	06246	Ling, Wang Yam	85	Wong Tai Sin	1:16.00

Event 16 Women 50 SC Meter Breaststroke

18-24 MSR: 34.80

25-29 MSR: 35.73

30-34 MSR: 35.44

35-39 MSR: 37.14

40-44 MSR: 34.87

45-49 MSR: 38.42

50-54 MSR: 37.68

55-59 MSR: 38.71

60-64 MSR: 49.06

65-69 MSR: 49.83

	ID#	Name	Age	Team	Seed Time
18-24					
1	24756 B	Yu, Wing Tung	19	Kwun Tong	38.00
2	20969 IAZ	Lui, Wing Lam	20	Kwun Tong	39.00
3	33951 IAZ	Yip, Tsz Laam	18	Current Club Ltd	45.00
4	43533 IAZ	Wong, Yu Tung	24	New Water Polo	59.00
5	32521 IAZ	Guillot, Oriane Islay	21	LRC	1:00.66
25-29					
1	01262	Mau, Lok Yan Eunice	29	Current Club Ltd	37.18
2	04236 B	Ngan, Tsz Lam	27	Hong Kong Police	46.00
3	08727 B	Hung Yuen Ching, Moose Culle	26	New Water Polo	50.00
4	47460 IAZ	Mak, Cheuk Lam	27	New Water Polo	55.00
5	28004 IAZ	Kwan, Ka Wan	29	Tung Sing	55.00
30-34					
1	00313 IBZ	Mok, Hon Ching	33	Hong Kong Police	38.50
2	03731 IBZ	Li, Joanne	30	Kwan Hung	40.00
3	01552 IBZ	Lai, Hiu Ling	33	New Water Polo	41.90
4	00085	Yu, Pei En Priscilla	33	Current Club Ltd	42.75
5	06577 IBZ	Leung, Wei Yan	32	Sword Fish Club	43.00
6	38431 IAZ	Tsang, Hiu Ching	30	Hong Kong Police	46.79
7	07651 IBZ	Yu, Sze Wai Joyce	34	Hong Kong Police	48.12
8	48936 IAZ	Chan, Ka Wan	34	Pacific	NT
35-39					
1	03070	Tu, Pui Yee	38	Hong Kong Police	41.11
2	00777 IBZ	Tse, Yu Ting	36	New Water Polo	45.10
3	42712 IAZ	Chan, Hiu Ying	38	Real Kinetic	46.00
4	47561 IAZ	Leung, Tin Ho	38	Flying Fish	48.62
5	43489 @IAXN	Wehl Kwok, Hiu Chin June	36	LRC	48.72
40-44					
1	46247 @IAO	Krkalo, Shauna Kathleen	44	LRC	35.55
2	08977	Ho, Yee Yun Rosalind	43	Current Club Ltd	55.00

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40-44... (Event 16 Women 50 SC Meter Breaststroke)

3	30072 ICW	Chao, Man Chi	43	New Water Polo	59.00
45-49					
1	48201 IAZ	Poon, Nga Yi	49	Tolo Harbour	1:10.00
50-54					
1	35969 IAX	Wang, Ying Lian	50	Tung Sing	48.00
2	31395 IAZ	Chan, Pui Ling	52	Flying Fish	49.05
3	06349	Ip, Oi Wa Wendy	50	Sword Fish Club	52.00
4	44304 IAX	Choi, Shan Shan	50	Sword Fish Club	59.00
5	40912 IAZ	Ng, Yee Ling	51	Tolo Harbour	1:00.00
6	37012 IAZ	Lun, Yau Chun Nara	54	New Water Polo	1:05.00
7	40937 IAZ	Leung, Wai Fan Fanny	52	New Water Polo	1:25.00
55-59					
1	48594 IAX	Wong, Lo Fung	58	Sword Fish Club	53.00
2	48634 IAZ	Cheung, Wing Yee	56	New Water Polo	55.00
3	38289 IAZ	Ng, Wai Lin Angie	58	Sword Fish Club	55.00
4	29505 IAZ	Lai, Wai Man	57	New Water Polo	1:05.00
5	38460 IAZ	Tang, Kit Fong Yvonne	58	New Water Polo	1:05.00
6	41911 IAZN	Ng, Kit Man Joanna	57	New Water Polo	1:25.00
60-64					
1	06353	Leung, Wai Fan	60	Kwun Tong	41.00
2	02711	Fok, Wai Fung	64	Wong Tai Sin	58.00
3	20640 IAZ	Wong, Fung Yee	62	Sword Fish Club	1:00.00
4	16533	Wong, Shun Ying	63	Sea Green	1:06.00
65-69					
1	06356 IAZN	Lo Yeung, Sau Han	69	Kwun Tong	57.00
2	06355	Lo, Lai Yung	67	New Water Polo	1:05.00
3	06213	Mo, Mei Ling	68	Wong Tai Sin	1:10.00
70-74					
1	06357	Suen, Ming Chu	74	Sword Fish Club	1:20.00
2	06147	Leung Wong, Yin Har Hayley	70	Sea Green	1:30.00
3	06212	Lo, Yeuk Shuen	73	Wong Tai Sin	1:30.00
75-79					
1	17480 IAZ	Chow, Pui Han Angela	76	Lai Tsun	1:16.00
2	02365	Chow, So Kam	77	Kwun Tong	1:20.00
3	32571 IAZ	Chan, Pui Yee	78	Sword Fish Club	1:20.00
80-84					
1	06374	Wong, Jim	81	Sword Fish Club	1:05.00
85-89					
1	06210	Ho, Po Yee	86	Wong Tai Sin	2:00.00

Event 17 Men 100 SC Meter Freestyle

18-24 MSR:	53.96
25-29 MSR:	53.13
30-34 MSR:	54.17
35-39 MSR:	55.85
40-44 MSR:	54.46
45-49 MSR:	57.32
50-54 MSR:	57.63
55-59 MSR:	1:01.39
60-64 MSR:	1:03.67
65-69 MSR:	1:09.73

ID#	Name	Age	Team	Seed Time
18-24				
1	23103 IAZ	21	HK Sportworld	58.00

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18-24... (Event 17 Men 100 SC Meter Freestyle)

2	25440 @P	Cheng, Tsz Kin	21	HK Sportworld	58.00
3	26867 B	Lau, Chun Yin	20	HK Sportworld	58.00
4	25284 B	Leung, Shing Hin	19	HK Sportworld	58.00
5	22222 B	Wong, Cheuk Hei	22	HK Sportworld	58.00
6	36796 IAZ	Ng, Sheung Man	20	New Water Polo	1:05.00
7	47054 IAZ	Ho, Ethan Jordan	20	Diocesan School	1:35.00
8	22816 IAZ	Cheung, Tsz Nok	19	Dik Wing	NT

25-29

1	05296 B	Hui, Chun Hin	29	New Water Polo	57.00
2	05577 IBZ	Yuen, Marcus	28	LRC	57.92
3	14158 #IAZ	Li, Hok Yee Terence	29	Fire Services	58.00
4	16830 #IAM	Yip, Ming Hei	26	New Water Polo	59.00
5	15815	Lo, Ting Kin	26	Sea Green	59.00
6	24728 IAZ	Chan, Wing Fa	25	Eastern Winter	1:00.00
7	12437 B	Wong, Kai Man	26	New Water Polo	1:00.00
8	48637 IAZ	Leung, Shu Wing	29	New Water Polo	1:25.00
9	46301 IAZ	Lai, Siu In	29	New Water Polo	1:30.00
10	23695 IAZ	Lee, Michael Le Jin	27	Current Club Ltd	1:40.00

30-34

1	02021 IBZ	Chow, Man Ho	32	Kwan Hung	56.65
2	44665 @ICO	Holland, Tyler Michael	34	Fastlane Swimming	57.00
3	29833 IAZ	Chow, Chun Pui	31	Fire Services	58.00
4	14527 IBZ	Ho, Chun Ting Timothy	33	New Water Polo	59.00
5	27874 IAZ	Chan, Cheuk Man	34	New Water Polo	1:00.00
6	48933 IAO	Leung, Ryan Chun Hay	33	Pacific	1:00.00
7	47580 @IAO	Poon, Derrick Gene-ming	34	Fastlane Swimming	1:01.00
8	04048 IBZ	Cheung, Siu Long	31	Hong Kong Police	1:02.12
9	33387 IAO	Wu, Kenneth Yee Lok	31	Sword Fish Club	1:04.09
10	27873 IAZ	Ko, King Hei	34	New Water Polo	1:05.00
11	49009 @ICON	Vitale, Lucas Maxime	33	Kwun Tong	1:25.00
12	10399 IAZ	Tsang, King Keung	30	Dik Wing	NT

35-39

1	06960 ICZ	Lau, Yan Kid	38	Fire Services	57.00
2	22420 IAZ	Chan, Chi Ming	36	Kwun Tong	1:00.00
3	44302 ICO	Boas, Michael Joel	37	Fastlane Swimming	1:03.50
4	28529 #IAO	Wright, Henry Tomas	35	Barracuda	1:05.00
5	05179 #ICZ	Wan, Chun Pong Michael	38	Fastlane Swimming	1:08.00
6	30399 IAZ	Lam, Shu Wing	39	Flying Fish	1:08.00
7	09165	Cheung, Siu Fung	39	Lai Tsun	1:10.00
8	00444	Lam, Yau Sun Dickson	37	Diocesan School	1:15.00
9	49018 @ICO	Alkemade, Frank Rogier	35	Kwun Tong	1:25.00
10	49017 @ICO	McInnes, Christopher Peter	37	Kwun Tong	1:40.00
11	46504 @IAO	Coe, Jason George	38	Fastlane Swimming	2:15.00

40-44

1	46248 @ICO	O' Neill, Donal Thomas	42	LRC	54.46
2	03895 ICZ	Lee, Ka Sing Joe	40	Fire Services	58.00
3	05253 ICZ	Sun, Fat Yee David	43	Fire Services	58.00
4	30237 IAO	Pao, Tommy Watari	40	LRC	59.00
5	04238	Woo, Chun Kuen Douglas	44	LRC	59.27
6	29814 IAZ	Ma, Derek Hing Kwok	41	Barracuda	1:05.00
7	12176 ICZ	Ng, Siu Yu	40	Sword Fish Club	1:05.00
8	40107 IAZ	Chan, Falcon	43	Lai Tsun	1:12.00
9	48858 @IAO	Kwok, Kendrick Wing-kay	40	Fastlane Swimming	1:15.00
10	27133 IAZ	Poon, Man Chun	41	Wong Tai Sin	1:19.16

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

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40-44... (Event 17 Men 100 SC Meter Freestyle)

11	10317	Ng, Ka Wing	42 Diocesan School	1:20.00
12	47042 IAZ	Ho, Kin Man	41 Sword Fish Club	1:20.00
13	38035 IAZ	Mok, Kin Fan	42 Tolo Harbour	1:40.00
14	38121 IAZ	Cheung, Chi Yan Clifford	42 Sea Green	NT
45-49				
1	37671 @ICO	Stamenovic, Ivan	46 LRC	56.91
2	46474 @ICO	Dynon, James Francis	46 LRC	1:00.00
3	06310	Chan, Fung Sun	49 Kwun Tong	1:05.00
4	28849 IAZ	Chan, Chun Kuen	47 Sword Fish Club	1:05.00
5	03372	Lau, Allan	49 Sword Fish Club	1:09.00
6	02366	Li, Ka Wing	48 Kwun Tong	1:10.00
7	06338 IAZ	Wong, Ka Fai	48 Sword Fish Club	1:10.00
8	48665 IAZ	Law, Kwai Sun	47 New Water Polo	1:20.90
9	48939 IAZ	Ho, Lik Shan	48 Pacific	NT
50-54				
1	27868 IAZ	Chan, Chi Wah Ringo	50 Sword Fish Club	1:10.00
2	26821 IAZ	Chan, Kwok Chi	51 Sword Fish Club	1:10.00
3	47052 IAZ	Tong, Chi Wan	54 Diocesan School	1:15.00
4	26053 IAZ	Wong, Yee Keung	51 Flying Fish	1:15.00
5	27470 IAZ	Chan, Tin Hung	54 Hong Kong Police	1:15.50
6	41548 IAZ	Ip, Ka Keung Patrick	54 Hong Kong Footba	1:20.00
7	17701 IAZ	Lee, Chor Fu	53 Wong Tai Sin	1:30.00
55-59				
1	26594 IAZ	Ching, Wai Kin	58 Sword Fish Club	1:19.98
2	40861 IAZ	Cheung, Chi Ming Rover	59 Sword Fish Club	1:30.00
3	37048 IAZ	Cheung, Wai Chuen Jimmy	59 Sword Fish Club	1:30.00
4	29472 IAZN	Choi, Kwok Man Tony	56 Sword Fish Club	1:59.00
5	44868 IAZ	Leung, Cheong Chau Stephen	57 Diocesan School	2:00.00
60-64				
1	15528	Tsui, Tak Shing Dominic	60 Fastlane Swimming	1:10.00
2	06256	Chan, Kwong Peter	61 Sea Green	1:10.00
3	41007 IAZ	So, Man Sing	61 Sea Green	1:25.00
4	05071	Choi, Tony	64 LRC	1:30.00
5	13979	Lee, Sing Tim	61 Lai Tsun	1:30.00
6	44359 IAZ	Lee, Chi Wai	63 Kornhill	1:52.46
65-69				
1	06239	Chan, King Yuen	67 Lai Tsun	1:30.00
2	26318	Suen, Chi Wing	68 Sword Fish Club	1:39.00
3	41739 IAZ	Ng, Chin Wing	67 Sea Green	1:50.00
70-74				
1	06268	Tse, Kwok Piu	71 Sword Fish Club	1:16.00
2	06129	Wu, Pak Yin	72 Sword Fish Club	1:50.00
75-79				
1	06274	Wong, Yau Chuen	76 Sword Fish Club	2:16.00
80-84				
1	23959 IAZ	Chiu, Chin Hung	82 Kornhill	2:00.00
2	28522 IAX	Wong, Tat Choi	81 Sword Fish Club	2:00.00
85-89				
1	15490	Law, Kwai Fong	86 Sword Fish Club	2:30.00
2	17832 IAX	Chan, Sau	85 Sword Fish Club	5:00.00
3	06246	Ling, Wang Yam	85 Wong Tai Sin	NT

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Event 18 Women 100 SC Meter Freestyle

- 18-24 MSR: 1:01.93
- 25-29 MSR: 1:01.80
- 30-34 MSR: 1:03.42
- 35-39 MSR: 1:01.44
- 40-44 MSR: 1:02.37
- 45-49 MSR: 1:04.90
- 50-54 MSR: 1:08.59
- 55-59 MSR: 1:14.61
- 60-64 MSR: 1:20.88
- 65-69 MSR: 1:33.56

	ID#	Name	Age	Team	Seed Time
18-24... (Event 18 Women 100 SC Meter Freestyle)					
1	27291 @P	Lau, Sze Wan	19	Kwun Tong	1:08.00
2	33951 IAZ	Yip, Tsz Laam	18	Current Club Ltd	1:20.00
3	23105 #IAZ	Ho, Cheuk Wai	21	Dik Wing	NT
4	26980 IAZ	Wong, Suet Wing	23	Dik Wing	NT
25-29					
1	09413 B	Fang, Ka Ying	27	Eastern Winter	1:05.00
2	06608 B	Shek, Yan Sin	29	New Water Polo	1:17.00
30-34					
1	01655 IB	Zhang, Xiao Tong Isabella	33	Fastlane Swimming	1:03.50
2	38126 IAZ	Lee, Wai Sze	33	New Water Polo	1:06.00
3	47085 @ICO	Reinfrank, Alkira Lee	30	Barracuda	1:15.00
4	07651 IBZ	Yu, Sze Wai Joyce	34	Hong Kong Police	1:18.65
5	47086 @ICX	Miao, Amy	33	Barracuda	1:20.00
6	01513 IAZ	Ngai, Sze Long	34	Hong Kong Police	1:22.44
7	00288 IBZ	Yip, Wing Yan	34	Dik Wing	NT
35-39					
1	01624 #IBZ	Wong, Yin Yue Olivia	35	Lai Tsun	1:15.00
2	43489 @IAXN	Wehl Kwok, Hiu Chin June	36	LRC	1:23.15
40-44					
1	40853 @IAO	Tam, Alison Mai Ling	44	Fastlane Swimming	1:05.00
45-49					
1	48028 IAZ	Chan, Wing Yi Winnie	47	Hong Kong Police	1:30.00
50-54					
1	33517 IAO	Yamaguchi, Mika	50	Fastlane Swimming	1:04.90
2	38302 IAZ	Cheung, Man Ling Melody	50	Lai Tsun	1:25.00
3	38295 IAZ	Liu, Wai Fun	52	Barracuda	1:36.00
55-59					
1	26049 IAZ	Kirkwood, Tain Mhaira	59	LRC	1:12.91
2	40907 IAZ	Lai, Shui Nin Ingrid	55	YMCA OF Hong Kong	1:20.00
3	23323 IAZ	Tam, Choi Ping Scalene	57	New Water Polo	1:40.00
4	31750 IAZ	Cheung, Lai Ying Anita	59	Lai Tsun	1:44.00
5	36045 IAZN	Hsu, Ava	55	LRC	1:55.00
65-69					
1	03503	Castka, Gillian Hancer	66	Sword Fish Club	1:40.00
2	19290 IAX	Tseung, Nga Wah	65	Sword Fish Club	1:40.00
3	46236 IAZ	Fok, Miu Han	69	Juan Hua Club	1:57.93
70-74					
1	06212	Lo, Yeuk Shuen	73	Wong Tai Sin	2:50.00
80-84					
1	06374	Wong, Jim	81	Sword Fish Club	2:15.00

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22

Psych Sheet

85-89... (Event 18 Women 100 SC Meter Freestyle)

1	06144	Mak, Suet Man	85	Sea Green	2:10.00
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Event 19 Mixed 100 SC Meter Freestyle Relay

100-119 MSR: 48.19

120-159 MSR: 49.14

160-199 MSR: 51.28

200-239 MSR: 56.81

240-279 MSR: 1:00.03

280-319 MSR: 1:09.36

320-359 MSR: 1:31.09

	Team	Relay	Seed Time
X100-119			
1	Hong Kong Police Swimming	X100 A	55.98
2	Current Club Ltd	X100 A	NT
3	HK Flying Fish Athletic Assn	X100 A	NT
4	Kwun Tong Swimming Club	X100 A	NT
5	New Water Polo Club	X100 A	NT
X120-159			
1	Kwan Hung Swimming Club	X120 A	50.00
2	Hong Kong Police Swimming	X120 A	56.03
3	Barracuda Swimming Club	X120 A	NT
4	Kwun Tong Swimming Club	X120 A	NT
5	Ladies' Recreation Club	X120 A	NT
6	New Water Polo Club	X120 A	NT
7	Pacific Swimming Club	X120 A	NT
8	Sword Fish Club	X120 A	NT
9	Fastlane Swimming	X120 A	NT
X160-199			
1	Tung Sing Athletic Associatio	X160 A	1:12.00
2	Hong Kong Police Swimming	X160 A	1:20.00
3	Tolo Harbour Swimming T. S.	X160 A	1:45.00
4	HK Flying Fish Athletic Assn	X160 A	NT
5	Kwun Tong Swimming Club	X160 A	NT
6	Ladies' Recreation Club	X160 A	NT
7	Lai Tsun Swimming Society	X160 A	NT
8	New Water Polo Club	X160 A	NT
9	Pacific Swimming Club	X160 A	NT
10	Sword Fish Club	X160 A	NT
11	Fastlane Swimming	X160 A	NT
X200-239			
1	Hong Kong Police Swimming	X200 A	1:09.69
2	Kwun Tong Swimming Club	X200 A	NT
3	Ladies' Recreation Club	X200 A	NT
4	Lai Tsun Swimming Society	X200 A	NT
5	New Water Polo Club	X200 A	NT
6	Sword Fish Club	X200 A	NT
7	Fastlane Swimming	X200 A	NT
X240-279			
1	Ladies' Recreation Club	X240 A	NT
2	Lai Tsun Swimming Society	X240 A	NT
3	New Water Polo Club	X240 A	NT
4	Sea Green Swimming & L.S. C	X240 A	NT
5	Sword Fish Club	X240 A	NT

2022-23 Short Course Masters Swimming Comp P1 - 04-Sep-22**Psych Sheet****X280-319... (Event 19 Mixed 100 SC Meter Freestyle Relay)**

1	Lai Tsun Swimming Society	X280	A	NT
2	New Water Polo Club	X280	A	NT
3	Sword Fish Club	X280	A	NT
X320-359				
1	Sword Fish Club	X320	A	NT