

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF WORLD AQUATICS)
(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2024-25 Long Course Masters Swimming Competition (Part 2)
二零二四至二五年長池先進游泳比賽第二部份

28 April 2024 (Sun)

二零二四年四月二十八日(日)

Tung Chung Swimming Pool

東涌游泳池

Subvented by the LCSD



2024-2025 MSLCP2 - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 200 IM	50
2	Women 200 IM	17
3	Men 100 Breaststroke	83
4	Women 100 Breaststroke	62
5	Men 50 Freestyle	128
6	Women 50 Freestyle	72
7	Men 100 Backstroke	71
8	Women 100 Backstroke	40
9	Men 200 Freestyle	75
10	Women 200 Freestyle	33
11	Men 50 Butterfly	99
12	Women 50 Butterfly	53
13	Men 4x50 Medley Relay	36
14	Women 4x50 Medley Relay	20
15	Mixed 4x50 Freestyle Relay	27
Total		866

Entry information by Day		
Day / Session	No. of Entries	Total
AM	523	866
PM	343	

Long Course Masters Swimming Competition – Part 2

長池先進游泳比賽 – 第二部份

Date: 28-04-2024 (Sunday)

Venue: Tung Chung Swimming Pool 東涌游泳池

Morning Warm up/熱身: 0900 – 0950 Hrs

Morning First Event/開始: 1000 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN				WOMEN	
1	200 M	Individual Medley	個人四式	2	
3	100 M	Breaststroke	蛙泳	4	
5	50 M	Freestyle	自由泳	6	
7	100 M	Backstroke	背泳	8	
Lunch Break 午膳時間					
9	200 M	Freestyle	自由泳	10	
11	50 M	Butterfly	蝶泳	12	
13	4 x 50 M	Medley Relay	四式接力	14	
15	4 x 50 M	Mixed Freestyle Relay	男女混合自由接力		

二零二四至二五年香港先進游泳比賽系列

比賽規程

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2024-2025 年度先進組別泳員。2024-25 年註冊費為港幣\$100 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 每名泳員可參加不多於 3 項個人項目。 ◇ 每項報名費為港幣\$15 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每位泳員於每項接力項目只能參加一個年齡組別。如泳員參加多於一個年齡組別，該泳員所參與的接力項目成績將會被取消。 ◇ 各隊所有運動員需依照所屬屬會提交的接力表上次序比賽，如運動員沒有依照接力表上的次序比賽，該隊成績將會被取消。 ◇ 每項報名費為港幣\$15 元正。 <p>支票請劃線，抬頭寫 HKGSA。</p>
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於比賽截止報名 21 日前辦妥。(以泳總的公佈為準) *(包括轉會註冊)
項目：	請參閱項目表。 所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
接力：	◇ 接力名單須於 比賽日 12 時前遞交 。
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 每次“缺席”的罰款為港幣\$30 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。
線道安排：	◇ 所有參加者，將不按年齡，而是跟據其提交的報名時間作編組，唯成績將按泳員所屬的組別分別處理。
獎項：	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ *個人項目前八名可分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分 ◇ *接力首八名得分為 18, 14, 12, 10, 8, 6, 4, 2。(年齡 18-24 組除外) ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。
規則：	◇ 比賽採用世界泳聯的規則。

	<ul style="list-style-type: none"> ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF”（未能完成比賽）。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。 ◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下： <ul style="list-style-type: none"> <u>第一次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。 <u>第二次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。 <u>第三次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。 <p style="text-align: center;"><u>違規記錄於一個財政年度清算(由 4 月 1 日起至 3 月 31 日)</u></p>												
<p>工作人員安排：</p>	<ul style="list-style-type: none"> ◇ 各參賽屬會需派出以下工作人員數量： <table border="1" data-bbox="270 885 921 1193" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="padding: 5px;">參賽人數</th> <th style="padding: 5px;">需要提供工作人員數量</th> <th style="padding: 5px;">最多可派出工作人員數量</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">5 至 14 人</td> <td style="padding: 5px;">1</td> <td style="padding: 5px;">4</td> </tr> <tr> <td style="padding: 5px;">15 至 24 人</td> <td style="padding: 5px;">2</td> <td style="padding: 5px;">4</td> </tr> <tr> <td style="padding: 5px;">25 人或以上</td> <td style="padding: 5px;">3</td> <td style="padding: 5px;">4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ◇ 如屬會不能提供所需工作人員數量，有關屬會將於下個比賽被罰停賽一次。 	參賽人數	需要提供工作人員數量	最多可派出工作人員數量	5 至 14 人	1	4	15 至 24 人	2	4	25 人或以上	3	4
參賽人數	需要提供工作人員數量	最多可派出工作人員數量											
5 至 14 人	1	4											
15 至 24 人	2	4											
25 人或以上	3	4											
<p>上訴：</p>	<ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的 30 分鐘內，連同上訴費港幣\$200 元遞交予總裁判。 ◇ 上訴會交由該比賽之上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。 												

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2024-25

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ All competitors must be 2024-25 registered masters (MS) swimmers of HKGSA (2024-25 Registration Fee: HK\$100 per swimmer) ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2024-25 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$15 per individual event <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ Each swimmer is only allowed to participate in one age group of each relay event. If swimmer race in two or more age group relay, concerned team result shall be disqualified. ※ The composition of a relay team must be the same order to the submitted relay form. Any club failed to follow the same order will result in disqualified. ※ HK\$15 per team per relay event. <p>Paid by cheque. Crossed cheque made <u>payable to 'HKGSA'</u>.</p>
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKGSA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKGSA) *(Including Transfer Registration)
Event list	Please see attached event lists. Events will be run as timed finals.

Age Group	<p>※ Age is calculated as at 31 December of the year of the competition.</p> <p>Individual Events</p> <p>※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over</p> <p>Relay Events</p> <p>※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</p>																		
Relay	<p>※ Relay entry form must be submitted before 1200hours on the competition day.</p>																		
Scratches	<p>※ Scratches must be submitted 30 minutes before the scheduled start time of each session.</p> <p>※ A fine of \$30 will be charged for each “no show”. Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.</p>																		
Seeding	<p>※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.</p>																		
Awards	<p>※ Medals will be awarded to 1st, 2nd and 3rd places.</p> <p>※ *Point score for first 8 places respectively (exclude Age 18-24 Group):</p> <table border="1" data-bbox="301 1028 951 1105"> <tr> <td>Individual</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>Relay</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <p>※ *Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.</p>	Individual	9	7	6	5	4	3	2	1	Relay	18	14	12	10	8	6	4	2
Individual	9	7	6	5	4	3	2	1											
Relay	18	14	12	10	8	6	4	2											

<p>Rules</p>	<ul style="list-style-type: none"> ※ World Aquatic rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as “DNF” (Did not Finish). ※ Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards. ※ Swimmers shall not replace the swimmers on the swimmers list without HKASA’s permission, represented clubs will be punished as follows: <ul style="list-style-type: none"> <u>First time of violation</u> A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given. <u>Second time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women’s relay events will not be given. <u>Third time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events during the competition will not be given and respective club shall be suspended from the next competition. <p><u>Violation would be counted within one financial year, i.e. (starting from 1st April and ending 31st March)</u></p>												
<p>Official Arrangement</p>	<ul style="list-style-type: none"> ※ Clubs would need to provide the below number of officials for the competition: <table border="1" data-bbox="298 1377 953 1708"> <thead> <tr> <th>Swimmer(s) attend the competition</th> <th>Minimum Numbers of Official need to provide</th> <th>Maximum Numbers of Official could be provided</th> </tr> </thead> <tbody> <tr> <td>5-14</td> <td>1</td> <td>4</td> </tr> <tr> <td>15-24</td> <td>2</td> <td>4</td> </tr> <tr> <td>25 or more</td> <td>3</td> <td>4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ※ Clubs will be suspended from the next competition if failed to fulfil the requirement. 	Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided	5-14	1	4	15-24	2	4	25 or more	3	4
Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided											
5-14	1	4											
15-24	2	4											
25 or more	3	4											

Protest	<ul style="list-style-type: none">※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200.※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final.※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.
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* Not apply to Overseas Competitors.

Hong Kong Masters Swimming Competition Series 2024-25

Rules & Regulations for Overseas Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2024-2025 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <u>Individual Events</u> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$20.00 per individual event <u>Relay Events</u> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ HK\$30.00 per team per relay event. <p>Paid by cheque ONLY. Crossed cheque made payable to 'HKGSA'.</p>
Closing Date for Entries	1 month before the 1 st date of competition of each meet.
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<ul style="list-style-type: none"> ※ Age is calculated as at 31 December of the year of the competition. <u>Individual Events</u> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over <u>Relay Events</u> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399

Relay	<ul style="list-style-type: none"> ※ Relay entry form must be submitted before 1200hours on the competition day.
Scratches	<ul style="list-style-type: none"> ※ Scratches must be submitted 30 minutes before the scheduled start time of each session. ※ Relay entry form must be submitted before 1200hours on the competition day.
Seeding	<ul style="list-style-type: none"> ※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.
Awards	<ul style="list-style-type: none"> ※ Medals will be awarded to 1st, 2nd and 3rd places. Separate medals will be awarded to overseas swimmers.
Rules	<ul style="list-style-type: none"> ※ World Aquatic rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish).
Protest	<ul style="list-style-type: none"> ※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to World Aquatics Masters Championships – Doha 2024)

MEN 50M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	0:46.70	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15	
LEE MING	SFC	80-84	0:41.01	Spring Masters Swimming Championships 2010	06-Mar-10	
TIN SHEUNG KWAI	NWC	75-79	0:31.30	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23	
TIN SHEUNG KWAI	NWC	70-74	0:30.07	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17	
TIN SHEUNG KWAI	KTS	65-69	0:29.72	Annual Long Course Masters Swimming Championships	23-Nov-14	
FU TAI CHUN	KTS	60-64	0:27.95	Summer Masters Swimming Championships 1999	19-Jun-99	
FU TAI CHUN	KTS	55-59	0:28.02	Spring Masters Swimming Championships 1997	22-Mar-97	
RUST STEFAN ROBERT	LRC	50-54	0:25.80	FINA World Masters Championships 2017	17-Aug-17	
NORTJE CRAIG ANDREW	#FB	45-49	0:26.19	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24	
FU WING HARBETH	KTS	40-44	0:25.15	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23	
SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:24.35	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23	
FU WING HARBETH	KTS	30-34	0:24.31	Annual Long Course Masters Swimming Championships 2011	11-Dec-11	
CHUNG LAI YEUNG	#DB	25-29	0:23.92	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18	
CHANG GERRY JUUN YIH	KTS	18-24	0:24:17	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13	

WOMEN 50M FREESTYLE					NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	85-89	1:08.53	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23	
TAI LI HUA	SFC	80-84	0:43.31	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21	
OTSUKA YUKO	SGC	75-79	0:42.67	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15	
WANG LI	*WA	70-74	0:38.75	Annual Long Course Masters Swimming Championships 2019	01-Dec-19	
TSEUNG NGA WAH	SFC	65-69	0:35.01	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23	
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:33.85	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23	
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:32.17	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	15-Jul-18	
YAMAGUCHI MIKA	*FL	50-54	0:29.35	World Aquatics Masters World Championships 2023 - Kyushu	08-Aug-23	
*KRKALO SHAUNA KATHLEEN	LRC	45-49	0:27.03	World Aquatics Masters Championships 2024 - Doha	29-Feb-24	
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:28.17	Annual Long Course Masters Swimming Championships 2022	27-Nov-22	
YIP WING YAN	DWA	35-39	0:28.10	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23	
ZHANG XIAO TONG ISABELLA	*FL	30-34	0:27.80	World Aquatics Masters World Championships 2023 - Kyushu	08-Aug-23	
MOK HOI MAN SHERON	PSC	25-29	0:27.70	Annual Long Course Masters Swimming Championships 2022	27-Nov-22	
AU HIU PUI	*GW	18-24	0:28.20	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18	

MEN 100M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:49.14	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15	
LEE MING	SFC	80-84	1:38.42	Annual Long Course Masters Swimming Championships 2011	11-Dec-11	
TZENG TEH REN	SGC	75-79	1:23.46	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17	
TSE KWOK PIU	SFC	70-74	1:13.75	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22	
FU TAI CHUN	KTS	65-69	1:08.31	Annual Masters Swimming Championships 2002	31-Aug-02	
MA ETIENNE	YMC			Annual Long Course Masters Swimming Championships 2022	27-Nov-22	
FU TAI CHUN	KTS	60-64	1:04.39	Spring Masters Swimming Championships 1998	21-Mar-98	
MA ETIENNE	YMC	55-59	1:03.62	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12	
RUST STEFAN ROBERT	LRC	50-54	0:58.29	FINA World Masters Championships 2017	15-Aug-17	
NORTJE CRAIG ANDREW	#FB	45-49	0:58.48	Annual Long Course Masters Swimming Championships 2023	03-Dec-23	
O'NEILL DONAL THOMAS	LRC	40-44	0:56.60	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21	
SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:54.66	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23	
BEAHAN, GRANT KENNETH	BSC	30-34	0:56.01	Annual Long Course Masters Swimming Championships 2017	25-Nov-17	
FU WING HARBETH	KTS			Annual Masters Swimming Championships 2006	26-Aug-06	
LEE MAN TIM	HTA	25-29	0:54.16	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23	
KONG CHUN YIN	HVA	18-24	0:54.18	Annual Long Course Masters Swimming Championships 2013	24-Nov-13	

WOMEN 100M FREESTYLE					NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:10.64	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21	
WONG JIM	SFC	75-79	1:54.16	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18	
SUEN MING CHU	SFC	70-74	1:39.80	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18	
TSEUNG NGA WAH	SFC	65-69	1:28.57	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22	
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:17.42	Annual Long Course Masters Swimming Championships 2023	03-Dec-23	
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:14.96	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	14-Jul-18	
YAMAGUCHI MIKA	*FL	50-54	1:05.38	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23	
*KRKALO SHAUNA KATHLEEN	LRC	45-49	1:02.25	World Aquatics Masters Championships – Doha 2024	27-Feb-24	
KELSEY JANE MACFARLAND	LRC	40-44	1:01.45	16th FINA World Masters Championships 2015 in Kazan	11-Aug-15	
KELSEY JANE MACFARLAND	LRC	35-39	1:01.54	FINA World Masters Championships 2014	10-Aug-14	
ZHANG XIAO TONG ISABELLA	*FL	30-34	1:01.79	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23	
MOK HOI MAN SHERON	KTS	25-29	1:01.02	Annual Long Course Masters Swimming Championships 2022	27-Nov-22	
CHAN TSZ CHING	#FL	18-24	1:00.76	Annual Long Course Masters Swimming Championships 2023	03-Dec-23	

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(Update to World Aquatics Masters Championships – Doha 2024)

MEN 200M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	3:46.70	2010-11 Long Course Masters Swimming Championships - Part 2		20-Jun-10
YANG YEE ZEI	NWC	75-79	3:38.31	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
TSE KWOK PIU	SFC	70-74	2:47.81	2021-22 Long Course Masters Swimming Competition - Part 2		09-May-21
MA ETIENNE	YMC	65-69	2:36.59	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
HO ROBERT YAU CHUNG	LRC	60-64	2:32.99	2019-20 Long Course Masters Swimming Competition - Part 2		05-May-19
HO ROBERT YAU CHUNG	LRC	55-59	2:24.07	FINA World Masters Championships 2014		10-Aug-14
JOHNSON ERIC ANDREW	LRC	50-54	2:14.33	FINA World Masters Championships 2014		10-Aug-14
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	2:10.21	FINA World Masters Championships 2019 - Gwangju		14-Aug-19
STAMENOVIC IVAN	LRC	40-44	2:07.89	FINA World Masters Championships 2019 - Gwangju		14-Aug-19
NORTJE CRAIG ANDREW	VRC	35-39	2:05.90	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13
WANG TIMOTHY JONG	LRC	30-34	2:05.11	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	2:05.18	FINA World Masters Championships 2019 - Gwangju		14-Aug-19
HUI CHUN HIN	EWS	18-24	2:06.87	2012-13 Long Course Masters Swimming Competition – Part 2		17-Jun-12

WOMEN 200M FREESTYLE					NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	9:35.55	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
WONG JIM	SFC	75-79	4:51.46	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
SUEN MING CHU	SFC	70-74	3:36.37	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
SUEN MING CHU	SGC	65-69	3:27.53	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
*KIRKWOOD TAIN MHAIRA	LRC	60-64	2:55.64	World Aquatics Masters Championships – Doha 2024		03-Mar-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	2:50.45	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
COGGINS LYNDA ANNE	LRC	50-54	2:32.26	FINA World Masters Championships 2014		10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:28.14	16th FINA World Masters Championships 2015 in Kazan		12-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:13.70	16th FINA World Masters Championships 2015 in Kazan		12-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	2:13.59	FINA World Masters Championships 2014		10-Aug-14
ZHANG XIAO TONG ISABELLA	*FL	30-34	2:23.47	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
MOK HOI MAN SHERON	NWC	25-29	2:16.55	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
LAMB ENEKA MARIE	HIS	18-24	2:16.66	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11

MEN 400M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	8:21.67	2016-17 Long Course Masters Swimming Competitoin - Part 3		12-Jun-16
CHAN KAM POR	SFC	70-74	6:25.09	2022-23 Long Course Masters Swimming Competition - Part 3		12-Jun-22
CHAN KAM POR	SFC	65-69	6:00.83	2017-18 Long Course Masters Swimming Competitoin - Part 3		13-Aug-17
HO ROBERT YAU CHUNG	LRC	60-64	5:24.54	FINA World Masters Championships 2019 - Gwangju		18-Aug-19
*LANZONE FRANCESCO	BSC	55-59	5:11.47	World Aquatics Masters Championships – Doha 2024		28-Feb-24
LETCHER, RICHARD ROY	LRC	50-54	5:02.73	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	4:31.75	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		12-Jul-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	4:35.39	FINA World Masters Championships 2017		17-Aug-17
CAGGIO ANTONINO	LRC	35-39	4:29.74	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
LEE, YEUNG DARWIN	FWC	30-34	4:46.54	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	4:32.86	FINA World Masters Championships 2019 - Gwangju		18-Aug-19
LI CHUN HONG	HTA	18-24	4:25.08	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11

WOMEN 400M FREESTYLE					NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	7:46.69	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
SUEN MING CHU	SGC	65-69	7:13.63	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
*KIRKWOOD TAIN MHAIRA	LRC	60-64	6:05.89	World Aquatics Masters Championships – Doha 2024		28-Feb-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	6:02.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	5:25.06	16th FINA World Masters Championships 2015 in Kazan		16-Aug-15
COLEY ALLISON LEIGH	#FL	45-49	5:24.04	2021-22 Long Course Masters Swimming Competition - Part 3		20-Jun-21
KELSEY JANE MACFARLAND	LRC	40-44	4:44.60	16th FINA World Masters Championships 2015 in Kazan		16-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	4:41.52	FINA World Masters Championships 2014		10-Aug-14
BARNES RUTH	LRC	30-34	5:04.92	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
CARPENTER LINH THUC LUONG	LRC	25-29	5:12.71	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
MAU LOK YAN EUNICE	CUC	18-24	5:06.39	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11

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MEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
POLSON IAN HASTINGS	LRC	75-79	16:05.75	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
CHAN KAM POR	SFC	70-74	13:28.85	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	12:19.01	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
HO ROBERT YAU CHUNG	LRC	60-64	11:32.69	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
*LANZONE FRANCESCO	BSC	55-59	10:34.14	World Aquatics Masters Championships – Doha 2024	26-Feb-24
LI KAI YIEN ARTHUR ALBERT	#FB	50-54	10:19.44	World Aquatics Masters World Championships 2023 - Kyushu	05-Aug-23
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	9:28.79	FINA World Masters Championships 2019 - Gwangju	12-Aug-19
LILJESTROEM LENNART PETER FREDRIC	LRC	40-44	9:30.23	FINA World Masters Championships 2017	14-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	9:28.64	FINA World Masters Championships 2012	10-Jun-12
WANG TIMOTHY JONG	LRC	30-34	9:43.41	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
YUEN MARCUS	LRC	25-29	10:07.05	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
TSE HON TING	LWS	18-24	8:53.89	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

WOMEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	75-79	17:34.92	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
SUEN MING CHU	SFC	70-74	16:02.36	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SFC	65-69	13:11.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
CASTKA GILLIAN HANCER	SFC	60-64	14:45.69	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
KIRKWOOD TAIN MHAIRA	LRC	55-59	12:32.89	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	11:48.01	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KWOH DICK YUEN MARY	FFA	45-49	10:54.55	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KELSEY JANE MACFARLAND	LRC	40-44	9:42.82	16th FINA World Masters Championships 2015 in Kazan	10-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	9:48.87	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	10:53.53	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
CARPENTER LINH THUC LUONG	LRC	25-29	10:50.58	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
LAU SZE WING	HTA	18-24	10:22.03	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

MEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
LEE SHE KWOK	SFC	85-89	0:57.83	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHEUNG TSAN	SFC	80-84	0:56.40	Annual Long Course Masters Swimming Championships	23-Nov-14
TIN SHEUNG KWAI	NWC	75-79	0:38.96	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
TIN SHEUNG KWAI	NWC	70-74	0:37.82	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
TIN SHEUNG KWAI	SFC	65-69	0:35.70	FINA World Masters Championships 2014	10-Aug-14
HO ROBERT YAU CHUNG	LRC	60-64	0:33.94	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	0:32.57	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	0:30.97	FINA World Masters Championships 2017	20-Aug-17
SAKA TAIHEI	SGC	45-49	0:30.37	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
*O'NEILL DONAL THOMAS	LRC	40-44	0:28.69	World Aquatics Masters Championships – Doha 2024	01-Mar-24
NORTJE CRAIG ANDREW	VRC	35-39	0:30.38	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
LAM YAU SUN DICKSON	#DB	30-34	0:29.77	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
LAU SHIU YUE	#DB	25-29	0:27.65	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHEUNG YAU MING	#DB	18-24	0:28.26	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	85-89	1:46.02	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
MAK SUET MAN	SFC	80-84	0:53.45	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
WONG JIM	SFC	75-79	0:55.07	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
BAI XINFEN	SFC	70-74	0:44.75	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
BAI XINFEN	SFC	65-69	0:42.89	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
NG YEE MAN	SFC	60-64	0:45.62	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
LAI SHUI NIN INGRID	YMC	55-59	0:41.05	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
COGGINS LYNDA ANNE	LRC	50-54	0:35.58	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
TAM LAI LING ALISON	*FL	45-49	0:34.75	World Aquatics Masters World Championships 2023 - Kyushu	11-Aug-23
TAM MAI LING ALISON	#FL	40-44	0:34.40	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
KELSEY JANE MACFARLAND	LRC	35-39	0:34.04	Annual Long Course Masters Swimming Championships	23-Nov-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.81	FINA World Masters Championships 2014	10-Aug-14
MAK HOI MAN SHERON	#FB	25-29	0:31.91	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
AU HIU PUI	*GW	18-24	0:31.58	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

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MEN 100M BACKSTROKE					NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	2:21.27	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
LIU WING CHIU	*TM	75-79	1:52.21	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
TIN SHEUNG KWAI	NWC	70-74	1:35.27	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
HO ROBERT YAU CHUNG	LRC	65-69	1:18.71	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
HO ROBERT YAU CHUNG	LRC	60-64	1:13.98	FINA World Masters Championships 2019 - Gwangju		17-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	1:11.73	FINA World Masters Championships 2014		10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	1:08.09	FINA World Masters Championships 2017		19-Aug-17
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	1:09.39	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		13-Jul-18
*O' NEILL DONAL THOMAS	LRC	40-44	1:01.05	World Aquatics Masters Championships 2024 - Doha		28-Feb-24
NORTJE CRAIG ANDREW	VRC	35-39	1:06.66	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
LAM YAU SUN DICKSON	#DB	30-34	1:07.94	2019-20 Long Course Masters Swimming Competition - Part 2		05-May-19
CHEUNG YAU MING	#DB	25-29	1:02.70	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
CHOI DERRICK CHRISTOPHER	LRC	18-24	1:02.10	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13

WOMEN 100M BACKSTROKE					NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:13.75	2016-17 Long Course Masters Swimming Competition Part 2		24-Apr-16
BAI XIUFEN	SFC	70-74	1:40.55	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
LO LAI YUNG	NWC	65-69	1:50.32	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
NG YEE MAN	NWC	60-64	1:43.42	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
LAI SHUI NIN INGRID	YMC	55-59	1:32.18	World Aquatics Masters World Championships 2023 - Kyushu		10-Aug-23
COGGINS LYNDA ANNE	LRC	50-54	1:17.38	16th FINA World Masters Championships 2015 in Kazan		15-Aug-15
TAM ALISON MAI LING	#FL	45-49	1:15.99	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
KELSEY JANE MACFARLAND	LRC	40-44	1:13.75	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	1:14.06	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
CARPENTER LINH THUC LUONG	LRC	30-34	1:11.37	16th FINA World Masters Championships 2015 in Kazan		15-Aug-15
MOK HOI MAN SHERON	NWC	25-29	1:13.30	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
LAMB ENEKA MARIE	HIS	18-24	1:11.36	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11

MEN 50M BREASTSTROKE					NAME OF MEET	DATE ACHIEVED
CHI LIEH YUNG	SFC	85-89	1:02.32	Annual Long Course Masters Swimming Championships 2019		01-Dec-19
CHAN KAM	SFC	80-84	0:54.52	Annual Masters Swimming Championships 2009		18-Oct-09
TIN SHEUNG KWAI	NWC	75-79	0:41.67	2023-24 Long Course Masters Swimming Competition - Part 3		18-Jun-23
TIN SHEUNG KWAI	NWC	70-74	0:39.27	2019-20 Long Course Masters Swimming Competition - Part 2		05-May-19
YONG KHIN SYN	SFC	65-69	0:37.84	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
FU TAI CHUN	KTS	60-64	0:36.61	Annual Masters Swimming Championships 1998		12-Sep-98
WONG LUN KWOK	SFC	55-59	0:35.10	Annual Masters Swimming Championships 2002		31-Aug-02
SIEH TIEN YU	KTS	50-54	0:34.48	2018-19 Long Course Masters Swimming Competition - Part 1		24-Mar-19
COOPER KENNETH ALLEN	PSC	45-49	0:32.70	2017-18 Long Course Masters Swimming Competition - Part 1		25-Mar-18
WAN LAP SUN	FWC	40-44	0:33.00	Spring Masters Swimming Championships 2006		25-Mar-06
LO JONATHAN KA YAN	LRC	35-39	0:31.14	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		14-Jul-18
WAN LAP SUN	KTS	30-34	0:31.11	Summer Masters Swimming Championships 1998		13-Jun-98
GLASSMAN ZACHARY	LRC	25-29	0:30.66	2011-12 Long Course Masters Swimming Competition - Part 1		04-Mar-12
CHEUNG CHI KIT NICHOLAS	WDS	18-24	0:28.53	Annual Long Course Masters Swimming Championships 2023		03-Dec-23

WOMEN 50M BREASTSTROKE					NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	85-89	2:23.87	Annual Long Course Masters Swimming Championships 2019		01-Dec-19
TAI LI HUA	SFC	80-84	0:52.77	Annual Long Course Masters Swimming Championships 2019		01-Dec-19
OTSUKA TUKO	SGC	75-79	0:56.26	2014-15 Long Course Masters Swimming Competition - Part 1		22-Mar-15
SUEN MING CHU	SFC	70-74	0:53.36	2018-19 Long Course Masters Swimming Competition - Part 3		24-Jun-18
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:50.56	2017-18 Long Course Masters Swimming Competition - Part 1		25-Mar-18
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:46.97	Annual Long Course Masters Swimming Championships 2023		03-Dec-23
LEUNG WAI FAN	KTS	55-59	0:38.73	2017-18 Long Course Masters Swimming Competition - Part 2		14-May-17
LEUNG WAI FAN	KTS	50-54	0:37.63	Annual Long Course Masters Swimming Championships 2015		20-Dec-15
*KRKALO SHAUNA KATHLEEN	LRC	45-49	0:33.82	World Aquatics Masters Championships 2024 - Doha		28-Feb-24
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:34.74	2022-23 Long Course Masters Swimming Competition - Part 3		12-Jun-22
NG KAM FUNG	SFC	35-39	0:34.71	Summer Masters Swimming Championships 2000		27-May-00
BARNES RUTH	LRC	30-34	0:35.23	Annual Masters Swimming Championships 2013		24-Nov-13
IP RAINBOW	FFA	25-29	0:36.06	2022-23 Long Course Masters Swimming Competition - Part 3		12-Jun-22
LI TSZ YIU	HFS	18-24	0:35.53	Annual Masters Swimming Championships 2013		24-Nov-13

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MEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:42.22	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
MAK HEI CHI	SGC	80-84	2:08.90	Annual Masters Swimming Championships 2008	06-Sep-08
WONG CHIU SHUN	SFC	75-79	1:52.09	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
YONG KHIN SYN	SFC	70-74	1:34.27	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHAN KAM POR	SFC	65-69	1:26.42	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
KOO YU FAT MARCUS	FFA	60-64	1:24.69	2022-23 Long Course Masters Swimming Competition – Part 3	12-Jun-22
CHAN KAM POR	*HN	55-59	1:21.91	Summer Masters Swimming Championships 2008	14-Jun-08
WATT KAM SHING MICHAEL	*FL			World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23
COOPER KENNETH ALLEN	#FL	50-54	1:13.66	FINA World Masters Championships 2019 - Gwangju	13-Aug-19
COOPER KENNETH ALLEN	PSC	45-49	1:15.29	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
FONG LIK SUN	#FB	40-44	1:10.45	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
LO JONATHAN KA YAN	LRC	35-39	1:10.50	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	15-Jul-18
KWOK HO TIN	NWC	30-34	1:09.75	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHEUNG KAM KWAN RONALD	LRC	25-29	1:07.53	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23
CHEUNG CHI KIT NICHOLAS	WDS	18-24	1:03.39	Annual Long Course Masters Swimming Championships 2023	03-Dec-23

WOMEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:31.67	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
SUEN MING CHU	SFC	75-79	2:02.61	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
SUEN MING CHU	SFC	70-74	1:53.65	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SUEN MING CHU	KTS	65-69	1:51.76	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:39.76	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:35.97	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
<u>*YAMAGUCHI MIKA</u>	<u>*FL</u>	<u>50-54</u>	<u>1:27.99</u>	<u>World Aquatics Masters Championships – Doha 2024</u>	<u>27-Feb-24</u>
<u>*KRKALO SHAUNA KATHLEEN</u>	<u>LRC</u>	<u>45-49</u>	<u>1:19.77</u>	<u>World Aquatics Masters Championships – Doha 2024</u>	<u>27-Feb-24</u>
KRKALO SHAUNA KATHLEEN	LRC	40-44	1:21.23	2022-23 Long Course Masters Swimming Competition – Part 3	12-Jun-22
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:20.17	FINA World Masters Championships 2012	11-Jun-12
BARNES RUTH	LRC	30-34	1:18.68	FINA World Masters Championships 2012	11-Jun-12
LIU KA LEI	KTS	25-29	1:22.65	Spring Masters Swimming Championships 2010	06-Mar-10
KONG YVETTE MAN YI	SCA	18-24	1:13.79	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14

MEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	5:10.49	Masters Long Course Swimming Competition Part 1	26-Jan-14
LAU CHUN NUNG	LTS	75-79	4:33.83	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	70-74	3:34.76	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	3:19.33	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SGC	60-64	3:07.34	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	55-59	2:59.17	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	50-54	2:50.25	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	45-49	2:49.64	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
FONG LIK SUN	#FB	40-44	2:38.70	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
LUK WING KIN ANDY	KHC	35-39	2:38.67	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24
LUK WING KIN ANDY	KHC	30-34	2:36.71	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
GLASSMAN ZACHARY	LRC	25-29	2:23.47	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
CHEUNG CHI KIT NICHOLAS	WDS	18-24	2:19.39	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24

WOMEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	5:53.00	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
OTSUKA YUKO	SGC	75-79	4:39.40	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	4:01.57	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	3:58.01	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
SUEN MING CHU	SCA	60-64	3:54.41	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:31.49	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	3:09.55	FINA World Masters Championships 2014	10-Aug-14
COGGINS LYNDA ANNE	LRC	45-49	3:14.74	FINA World Masters Championships 2012	15-Jun-12
CHEUNG MAN YIU	SGC	40-44	3:19.49	World Aquatics Masters World Championships 2023 - Kyushu	10-Aug-23
NEEDHAM SUZANNE HEIZER	LRC	35-39	2:56.78	FINA World Masters Championships 2012	15-Jun-12
<u>*HUGHES CHRISTINE VIRGINIA</u>	<u>LRC</u>	<u>30-34</u>	<u>2:52.97</u>	<u>World Aquatics Masters Championships – Doha 2024</u>	<u>02-Mar-24</u>
LIU KA LEI	KTS	25-29	3:05.17	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
PANG HIU KWAN	JHC	18-24	3:13.71	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12

HONG KONG MASTERS SWIMMING RECORDS

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(Update to World Aquatics Masters Championships – Doha 2024)

MEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
YIM KAM WING	SFC	85-89	1:10.42	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
MAK HEI CHI	SGC	80-84	0:58.81	Winter Masters Swimming Championships 2008	22-Nov-08
TIN SHEUNG KWAI	NWC	75-79	0:41.68	Annual Masters Swimming Championships 2022	27-Nov-22
CHAN KAM POR	SFC	70-74	0:36.76	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
HO ROBERT YAU CHUNG	LRC	65-69	0:33.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
FU TAI CHUN	KTS	60-64	0:30.60	Summer Masters Swimming Championships 1999	19-Jun-99
HO ROBERT YAU CHUNG	LRC	55-59	0:30.04	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
WONG KWOK WAH	KHC	50-54	0:27.94	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WOODRING DOUGLAS	BSC	45-49	0:27.47	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NORTJE CRAIG ANDREW	#FL	40-44	0:26.85	FINA World Masters Championship 2019 - Gwangju	14-Aug-19
SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:26.46	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23
BEAHAN GRANT KENNETH	BSC	30-34	0:26.54	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:26.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHEUNG YAU MING	#DB	18-24	0:26.27	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

WOMEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	75-79	0:52.07	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
SUEN MING CHU	SFC	70-74	0:48.26	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
TSEUNG NGA WAH	SFC	65-69	0:41.78	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:37.47	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:36.39	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LEE TANYA DIANE	PSC	50-54	0:32.53	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	13-Jul-18
*KRKALO SHAUNA KATHLEEN	LRC	45-49	0:29.02	World Aquatics Masters Championships – Doha 2024	03-Mar-24
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:30.39	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
YIP WING YAN	DWA	35-39	0:30.58	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
ZHANG XIAO TONG ISABELLA	*FL	30-34	0:30.25	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23
NG KA MAN	KTS	25-29	0:29.30	Annual Long Course Masters Swimming Championships	23-Nov-14
CHAN TSZ CHING	*FL	18-24	0:29.61	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23

MEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	2:35.84	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
CHAN SHING CHI	LTS	75-79	2:02.41	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN SHING CHI	LTS	70-74	1:56.24	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
MA ETIENNE	YMC	65-69	1:32.97	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24
HO ROBERT YAU CHUNG	LRC	60-64	1:15.51	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
KOO YU FAT MARCUS	FFA	55-59	1:11.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
JOHNSON ERIC ANDREW	LRC	50-54	1:04.49	FINA World Masters Championships 2014	10-Aug-14
SAKA TAIHEI	SGC	45-49	1:00.90	2013-14 Long Course Masters Swimming Competition - Part 1	04-Mar-12
*O'NEILL DONAL THOMAS	LRC	40-44	0:59.06	World Aquatics Masters Championships 2024 - Doha	29-Feb-24
CRAIG ANDREW NORTJE	VRC	35-39	0:59.58	FINA World Masters Championships 2014	10-Aug-14
BEAHAN GRANT KENNETH	BSC	30-34	0:58.66	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHEUNG YAU MING	#DB	25-29	0:58.94	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHEUNG YAU MING	#DB	18-24	0:59.53	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	1:56.01	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	1:48.29	Masters Long Course Swimming Competition Part 1	26-Jan-14
*KIRKWOOD TAIN MHAIRA	LRC	60-64	1:36.26	World Aquatics Masters Championships – Doha 2024	29-Feb-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:31.44	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEE TANYA DIANE	PSC	50-54	1:14.85	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	16-Jul-18
PAZOS CHRISTENA MARIA	LRC	45-49	1:12.50	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	1:13.55	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	1:13.49	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
*HUGHES CHRISTINE VIRGINIA	LRC	30-34	1:10.18	World Aquatics Masters Championships – Doha 2024	29-Feb-24
CHAN WING SUET	LRC	25-29	1:08.66	FINA World Masters Championships 2014	10-Aug-14
CHAN TSZ CHING	*FL	18-24	1:07.41	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24

HONG KONG MASTERS SWIMMING RECORDS

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(Update to World Aquatics Masters Championships – Doha 2024)

MEN 200M INDIVIDUAL MEDLEY

				NAME OF MEET	DATE ACHIEVED
LAW KWAI FONG	SFC	80-84	5:10.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WONG CHIU SHUN	SFC	75-79	4:03.11	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHAN KAM POR	SFC	70-74	3:17.13	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
CHAN KAM POR	SFC	65-69	3:04.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
KOO YU FAT MARCUS	FFA	60-64	2:49.64	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
SAKA TOSHIYUKI	SGC	55-59	2:45.82	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CHAN KAM POR	KTS	50-54	2:26.14	Summer Masters Swimming Championships 2004	12-Jun-04
SAKA TAIHEI	SGC	45-49	2:23.04	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
*FONG LIK SUN	#FB	40-44	2:17.83	World Aquatics Masters Championships – Doha 2024	29-Feb-24
NORTJE CRAIG ANDREW	VRC	35-39	2:20.07	FINA World Masters Championships 2014	10-Aug-14
JACOBS DAMIAN CHARLES	LRC	30-34	2:25.69	FINA World Masters Championships 2014	10-Aug-14
GLASSMAN ZACHARY	LRC	25-29	2:13.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
WONG SING TSUM DEREK	CUC	18-24	2:21.50	Annual Long Course Masters Swimming Champions 2013	24-Nov-13

WOMEN 200M INDIVIDUAL MEDLEY

				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	5:35.17	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
SUEN MING CHU	SFC	75-79	4:06.12	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
SUEN MING CHU	SFC	70-74	3:49.34	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
SUEN MING CHU	SGC	65-69	3:47.99	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
KIRKWOOD TAIN MHAIRA	LRC	60-64	3:25.62	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:16.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	2:55.65	FINA World Masters Championships 2014	10-Aug-14
TAM MEI LING ALISON	*FL	45-49	2:45.26	World Aquatics Masters World Championships 2023 - Kyushu	08-Aug-23
KELSEY JANE MACFARLAND	LRC	40-44	2:41.17	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	2:37.75	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
*HUGHES CHRISTINE VIRGINIA	LRC	30-34	2:37.93	World Aquatics Masters Championships – Doha 2024	29-Feb-24
CHAN WING SUET	LRC	25-29	2:36.59	FINA World Masters Championships 2014	10-Aug-14
CHARTER ROBYN JUDY	SFC	18-24	2:42.84	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

MEN 4 X 50M FREESTYLE RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:09.80	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
*NEW WATER POLO CLUB	NWC	280+	2:13.41	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24
SWORD FISH CLUB	SFC	240+	2:02.09	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SEA GREEN SWIMMING & LIFE SAVING CLUB	SGC	200+	1:52.52	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
HONG KONG FOOTBALL CLUB	#FB	160+	1:40.73	World Aquatics Masters World Championships 2023 - Kyushu	05-Aug-23
NEW WATER POLO CLUB	NWC	120+	1:40.03	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:36.96	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 4 X 50M FREESTYLE RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	2:42.61	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
SWORD FISH CLUB	SFC	240+	2:34.06	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	2:12.67	FINA World Masters Championships 2012	14-Jun-12
FASTLANE SWIMMING	*FL	160+	1:54.74	World Aquatics Masters World Championships 2023 - Kyushu	09-Aug-23
LADIES' RECREATION CLUB	LRC	120+	1:55.57	FINA World Masters Championships 2012	14-Jun-12
HONG KONG FLYING FISH ATHLETIC ASSOCIATION	FFA	100+	1:58.55	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22

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(Update to World Aquatics Masters Championships – Doha 2024)

MEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:30.63	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SWORD FISH CLUB	SFC	280+	2:36.85	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
SWORD FISH CLUB	SFC	240+	2:19.80	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
THE HONG KONG JOCKEY CLUB	HJC	200+	2:03.19	Winter Masters Swimming Championships 1993	11-Dec-93
YMCA OF HONG KONG	YMC	160+	1:53.94	Summer Masters Swimming Championships 1996	22-Jun-96
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	120+	1:54.76	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:49.32	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
WOMEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:21.30	1st Asian Masters Swimming Championships 1996	14-Sep-96
SWORD FISH CLUB	SFC	240+	2:48.90	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:32.48	2016-17 Long Course Master Swimming Competition - Part 2	24-Apr-16
LADIES' RECREATION CLUB	LRC	160+	2:10.35	Annual Masters Swimming Championships 1994	17-Sep-94
LADIES' RECREATION CLUB	LRC	120+	2:10.92	FINA World Masters Championships 2012	14-Jun-12
NEW WATER POLO CLUB	NWC	100+	2:19.21	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
MIXED 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:38.22	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SWORD FISH CLUB	SFC	280+	2:25.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
SWORD FISH CLUB	SFC	240+	2:15.69	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	1:55.82	FINA World Masters Championships 2017	18-Aug-17
FASTLANE SWIMMING	*FL	160+	1:46.49	World Aquatics Masters World Championships 2023 - Kyushu	09-Aug-23
FASTLANE SWIMMING CO. LTD	#FL	120+	1:48.72	FINA World Masters Championships 2019 - Gwangju	19-Aug-19
NEW WATER POLO CLUB	NWC	100+	1:51.20	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
MIXED 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	4:35.50	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
SWORD FISH CLUB	SFC	280+	2:47.88	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
SWORD FISH CLUB	SFC	240+	2:49.16	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
FASTLANE SWIMMING	*FL	200+	2:20.04	World Aquatics Masters World Championships 2023 - Kyushu	09-Aug-23
FASTLANE SWIMMING	*FL	160+	2:00.48	World Aquatics Masters World Championships 2023 - Kyushu	09-Aug-23
LADIES' RECREATION CLUB	LRC	120+	2:05.95	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
HONG KONG FLYING FISH ATHLETIC ASSOCIATION	FFA	100+	2:11.65	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22

2024-2025 Long Course Masters Swimming Competition (Part 2)**Reject List**

No.	Name	Event	Club	Remarks
1	Bittl James	9	LRC	No 100m Record
2	Ma Choi	11	SYS	No Reg
3	Kwok Yam Yung	11	YMC	No Reg
4	Sjoholm Ingrid Christina	2	#FB	No 100m Record

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

Event 1 Men 200 LC Meter IM

- 18-24 MSR: 2:21.50
- 25-29 MSR: 2:13.80
- 30-34 MSR: 2:25.69
- 35-39 MSR: 2:20.07
- 40-44 MSR: 2:17.83
- 45-49 MSR: 2:23.04
- 50-54 MSR: 2:26.14
- 55-59 MSR: 2:45.82
- 60-64 MSR: 2:49.64
- 65-69 MSR: 3:04.42

	ID#	Name	Age	Team	Seed Time
18-24					
1	25611 #B	Chu, Kin Shing	20	Creative Youth	2:40.53
2	28567 #IAZ	Tam, Wang Yin	24	Eastern Winter	3:30.00
3	30966 #B	Ng, Yat Hei	19	Eastern Winter	3:30.00
25-29					
1	15423 IAZ	Cheung, Yau Ming	27	Diocesan School	2:15.27
2	16830 IAM	Yip, Ming Hei	28	New Water Polo	2:45.00
3	08003 B	Lam, Chun Kit	29	Tuen Mun	2:45.00
4	42362 IAZ	Leung, Kung Ming	28	YMCA OF Hong Kong	3:15.00
5	08404 IAZ	Yeung, Sze Chai	28	Crest Ray	3:30.00
35-39					
1	00385	Cheng, Pong Man Reuben	35	Flying Fish	2:50.00
2	00104	Lo, Shek Pui	35	HK Football Club	2:50.50
3	52309 @^IM	Shi, Liang	39	Flying Dragon	2:55.00
4	02591	Luk, Wing Kin Andy	35	Kwan Hung	3:00.00
5	00444	Lam, Yau Sun Dickson	39	Diocesan School	3:30.00
6	00099 IAZ	Wong, Cheuk Wai	36	New Water Polo	3:30.00
40-44					
1	05179 ICZ	Wan, Chun Pong Michael	40	Fastlane Swimming	2:50.50
2	03796 ICZ	Chan, Pui Kei	43	New Water Polo	3:00.00
3	12176 ICZ	Ng, Siu Yu	42	Sword Fish Club	3:08.00
4	49027 IAZ	Ng, Fung Kei	44	Sword Fish Club	3:25.00
5	05155	Chan, Albert Kam Ming	43	Diocesan School	3:40.00
6	48158 IAZ	Lee, Sung Hai Hysan	40	Diocesan School	3:45.00
7	01948 ICZ	Tang, Ho Yuen	42	Diocesan School	3:45.00
45-49					
1	27471 ICO	Nortje, Craig Andrew	46	HK Football Club	2:22.00
2	24603 IAZ	Hung, Ka Ming	49	YMCA OF Hong Kong	3:20.00
3	05160	Chan, Ka Wo	47	Diocesan School	3:45.00
4	40841 IAX	Tsang, Kwok Tung	45	Diocesan School	3:45.00
50-54					
1	30710 IAZ	Lai, Kin Sun	54	Flying Fish	3:05.00
2	27451 IAZ	Yip, Kin Man Stephen	54	Kwun Tong	3:05.12
3	25592 IAZ	Cheung, Wai Kei	52	Flying Fish	3:05.70
4	26053 IAZ	Wong, Yee Keung	53	Flying Fish	3:15.00
5	26821 IAZ	Chan, Kwok Chi	53	Sword Fish Club	3:20.00
6	06338 IAZ	Wong, Ka Fai	50	Sword Fish Club	3:20.00
7	52710 IAZN	Yip, Kai Kut Kenneth	50	Hilltop	3:45.00
55-59					
1	41548 IAZ	Ip, Ka Keung Patrick	56	HK Football Club	3:05.00
2	05139	Lin, Fulong	57	Flying Fish	3:42.74

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

55-59... (Event 1 Men 200 LC Meter IM)

3	22433 IAZ	Lui, Man Pong	59	New Water Polo	3:45.00
4	44678 IAZ	Hung, Tin Wai Robert	58	Pacific	3:45.00
5	38127 IAZ	Leung, Cheung Wai Ricky	56	Sword Fish Club	3:45.00

60-64

1	50514 @^IM	Ye, Jinkun	62	Sword Fish Club	3:35.00
2	32108 IAX	Chan, Kiu	62	Sword Fish Club	3:50.00
3	21023 IAZ	Ho, Kwong Ngai Eric	61	Sword Fish Club	3:50.00
4	27869 IAZ	Lee, Kam Cheong	60	Sword Fish Club	4:00.00

65-69

1	03215 #IAZ	Leung, Yiu Chuen	66	Tung Sing	3:32.00
2	06239	Chan, King Yuen	69	Lai Tsun	3:45.00
3	43205 #	Zhou, Jin Jia	69	New Water Polo	3:50.00
4	15527	Zhou, Hao	66	Tung Sing	3:59.00
5	48753 IAX	Fung, Sik Tong	68	Sea Green	4:00.00
6	06187	Kan, Kai Kwong	69	Sea Green	4:00.00
7	06176	Wong, Kung Wan	68	Sea Green	4:00.00

70-74

1	11563	Lee, Kwok Hung	71	Sword Fish Club	4:00.00
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75-79

1	22182 IAZ	Ngai, Yin Leung	75	Sword Fish Club	4:00.00
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Event 2 Women 200 LC Meter IM

18-24 MSR:	2:42.84
25-29 MSR:	2:36.59
30-34 MSR:	2:37.93
35-39 MSR:	2:37.75
40-44 MSR:	2:41.17
45-49 MSR:	2:45.26
50-54 MSR:	2:55.65
55-59 MSR:	3:16.65
60-64 MSR:	3:25.62
65-69 MSR:	3:47.99

	ID#	Name	Age	Team	Seed Time
18-24					
1	31444 IAX	Tang, Hiu Tung	23	Pacific	2:51.75
2	20969 IAZ	Lui, Wing Lam	22	Kwun Tong	3:01.06
25-29					
1	49513 IAZ	To, Yan Wing	28	Crest Ray	3:40.00
30-34					
1	52066 @^IM	Liang, Biyu	30	New Water Polo	3:40.00
35-39					
1	00288 IBZ	Yip, Wing Yan	36	Dik Wing	2:39.50
40-44					
1	47561 IAZ	Leung, Tin Ho	40	Flying Fish	3:40.00
45-49					
1	51120 IAZ	Yee, Hoi Yan	47	Flying Fish	3:25.00
2	36785 IAZ	Inglis, Alexandra Sinead	49	LRC	3:44.42
50-54					
1	31395 IAZ	Chan, Pui Ling	54	Flying Fish	3:55.00
2	06349	Ip, Oi Wa Wendy	52	Sword Fish Club	3:55.00
3	45917 #@^IM	Huang, Caifang	50	New Water Polo	4:10.00
55-59					
1	06337	Tse, Yee Wah	58	YMCA OF Hong Kong	3:55.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

60-64... (Event 2 Women 200 LC Meter IM)

1	51472 @IM	Pang, Yunxiao	60	New Water Polo	3:48.00
65-69					
1	49914 @IAXB	Ng, Yee Man	65	New Water Polo	3:40.00
2	16533	Wong, Shun Ying	65	Sea Green	4:10.00
70-74					
1	39357 @^P	Mak, Sok Iun	74	Sword Fish Club	4:10.00
75-79					
1	06357	Suen, Ming Chu	76	Sword Fish Club	4:10.00

Event 3 Men 100 LC Meter Breaststroke

18-24 MSR:	1:03.39
25-29 MSR:	1:07.53
30-34 MSR:	1:09.75
35-39 MSR:	1:10.50
40-44 MSR:	1:10.45
45-49 MSR:	1:15.29
50-54 MSR:	1:13.66
55-59 MSR:	1:21.91
60-64 MSR:	1:24.69
65-69 MSR:	1:26.42

	ID#	Name	Age	Team	Seed Time
18-24					
1	30694 #IAZ	Cheung, Chi Kit Nicholas	19	Wong Tai Sin	1:03.00
2	32363 IAZ	Wong, Tsz Shing	19	Dik Wing	1:10.50
3	24279 IAZ	Au, Chung Yin	24	Kwun Tong	1:15.00
4	53260 @^IM	Zhang, Nuo	20	New Water Polo	1:20.00
5	27205 P	Chan, Yan Shing	22	Current Club Ltd	1:20.44
6	40140 #IAZ	Li, Wing Yin	20	Creative Youth	1:50.00
25-29					
1	08003 B	Lam, Chun Kit	29	Tuen Mun	1:30.00
2	15815	Lo, Ting Kin	28	Sea Green	1:39.00
3	08404 IAZ	Yeung, Sze Chai	28	Crest Ray	1:50.00
30-34					
1	03978 #	Lau, Chun Sing	32	Eastern Winter	1:12.53
2	04637 IBZ	Kwan, Yui Hang	31	Current Club Ltd	1:25.00
3	04877 IBZ	Ng, Yu Ting	33	Sword Fish Club	1:25.00
4	07741 B	Cheng, Ho Yin	30	Sea Green	1:28.00
5	53272 @^IM	Xu, Rui	34	New Water Polo	1:50.00
6	53264 @^IM	Zhou, Jialin	34	New Water Polo	1:50.00
35-39					
1	02591	Luk, Wing Kin Andy	35	Kwan Hung	1:11.00
2	00385	Cheng, Pong Man Reuben	35	Flying Fish	1:18.00
3	42367 IAO	Chow, Chun Yin	38	Diocesan School	1:30.00
4	52309 @^IM	Shi, Liang	39	Flying Dragon	1:30.00
5	09136 IAZ	Tsang, Chun Kin	36	New Water Polo	1:44.00
6	49812 IAZ	Kam, Lik Hang Leonard	37	New Water Polo	1:50.00
40-44					
1	48666 @ICO	Upman, David Ross	40	Fastlane Swimming	1:16.00
2	00091	Chan, Lok Yan	40	New Water Polo	1:20.00
3	05155	Chan, Albert Kam Ming	43	Diocesan School	1:27.14
4	44298 IAZ	Tong, Lik Lam	40	Pacific	1:30.00
5	41147 IAZ	Mok, Lai Yeung Jason	40	Diocesan School	1:32.00
6	03796 ICZ	Chan, Pui Kei	43	New Water Polo	1:33.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

40-44... (Event 3 Men 100 LC Meter Breaststroke)

7	52285 IAO	Lung, Donald Andrew	42	Diocesan School	1:45.00
8	53109 @^IM	Wu, Xugui	41	Sword Fish Club	1:46.00
9	23119 IAZ	Chan, Ying Tsung Bosco	43	Sword Fish Club	1:49.00
10	03793 ICZ	Po, Tik San	42	New Water Polo	1:50.00
11	45574 IAZ	Ng, Siu Kwong	42	Sword Fish Club	1:50.00

45-49

1	40834 IAZ	Chang, Hsi Tse JosephJeremy	45	Diocesan School	1:23.00
2	05160	Chan, Ka Wo	47	Diocesan School	1:27.14
3	11569	Wong, Lok Shun	47	Flying Fish	1:30.00
4	51192 IAZ	Lo, Yui Man	47	Flying Fish	1:40.00
5	16467	Chak, Pui Ching	46	Wong Tai Sin	1:50.00
6	42737 IAZ	So, Ma Loi	48	Sword Fish Club	1:58.00
7	51531 #IAZ	Tang, Min	49	Fastlane Swimming	2:05.00

50-54

1	25592 IAZ	Cheung, Wai Kei	52	Flying Fish	1:26.78
2	27459 IAZ	Lui, Wing Tak Victor	50	Diocesan School	1:30.00
3	26317 IAZN	Tung, Shang Wei Timothy	54	Kwun Tong	1:35.00
4	27868 IAZ	Chan, Chi Wah Ringo	52	Sword Fish Club	1:40.00
5	21008 IAZ	Cheung, Chun Kwan Michael	51	Wong Tai Sin	1:40.00
6	40835 IAZ	Leung, Wing Hong Alvin	50	Diocesan School	1:45.00
7	04184	Woo, Siu Ming William	53	Sword Fish Club	1:59.00

55-59

1	32253 IAZ	Watt, Kam Sing Michael	57	Fastlane Swimming	1:21.50
2	42217	Wu, Lewen	59	Sword Fish Club	1:29.00
3	18856 IAZ	Au, Mun Shing	59	Sword Fish Club	1:30.00
4	42364 IAZ	Lau, Yip Kwong Francis	55	Diocesan School	1:40.00
5	53271 @^IM	Chen, Weizhong	55	New Water Polo	1:45.00
6	32285 IAZ	Chan, Chong Kai Stephen	56	Diocesan School	1:50.00
7	35711 IAX	Wong, Fuk Kei	55	Sword Fish Club	1:51.00
8	40839 IAZ	Leung, Wing Hang Michael	59	Diocesan School	1:55.00

60-64

1	05191	Koo, Yu Fat Marcus	62	Flying Fish	1:25.00
2	45930 #IAZ	Lo, Wing Kwong	63	Tung Sing	1:40.00
3	52308 @^IM	Liang, Chen	63	Flying Dragon	1:41.00
4	50511 @^IM	Ye, Huanliang	61	Sword Fish Club	1:43.00
5	50782 @IAX	Pang, Shu Ming	63	Sea Green	1:48.00
6	40840 IAZ	Ng, Ka Yiu Karl	60	Diocesan School	1:50.00
7	32108 IAX	Chan, Kiu	62	Sword Fish Club	1:50.00
8	40861 IAZ	Cheung, Chi Ming Rover	61	Sword Fish Club	1:55.00
9	25226 IAZ	Choi, Tai Wing	63	Sword Fish Club	1:55.00
10	39982 IAZ	Chow, Wing Chun	60	Sword Fish Club	1:55.00

65-69

1	43205 #	Zhou, Jin Jia	69	New Water Polo	1:35.00
2	53276 @^IM	Liu, Mingzheng	67	New Water Polo	1:40.00
3	06281	Fung, Kam Tai	69	Sword Fish Club	1:42.00
4	52302 @^IM	He, Jiaming	67	New Water Polo	1:43.00
5	06176	Wong, Kung Wan	68	Sea Green	1:49.00
6	44359 IAZ	Lee, Chi Wai	65	Kornhill	2:20.00

70-74

1	06382	Chan, Kam Por	72	Sword Fish Club	1:40.00
2	06243	Koo, Choi Fat	74	Wong Tai Sin	1:46.67
3	50503 @^IM	Feng, Bingkun	73	Sword Fish Club	1:48.00
4	10252	Chow, Eugene	73	Diocesan School	2:00.00
5	06192	Chu, Shui Yi	73	Sea Green	2:00.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

70-74... (Event 3 Men 100 LC Meter Breaststroke)

6	11563	Lee, Kwok Hung	71	Sword Fish Club	2:10.00
75-79					
1	10274	Lau, Chun Nung	78	Lai Tsun	2:10.00
2	22182 IAZ	Ngai, Yin Leung	75	Sword Fish Club	2:14.00
3	44788 IAZ	Chui, Hong Sheung	75	Diocesan School	2:20.00
4	14029	Ieong, Vun Fai	78	Sword Fish Club	2:20.00
80-84					
1	06270	Lam, Luk Kan	83	Sword Fish Club	2:10.00
2	23959 IAZ	Chiu, Chin Hung	84	Kornhill	2:20.00
85-89					
1	17832 IAX	Chan, Sau	87	Sword Fish Club	2:20.00

Event 4 Women 100 LC Meter Breaststroke

- 18-24 MSR: 1:13.79
- 25-29 MSR: 1:22.65
- 30-34 MSR: 1:18.68
- 35-39 MSR: 1:20.17
- 40-44 MSR: 1:21.23
- 45-49 MSR: 1:19.77
- 50-54 MSR: 1:27.99
- 55-59 MSR: 1:53.97
- 60-64 MSR: 1:39.76
- 65-69 MSR: 1:51.76

	ID#	Name	Age	Team	Seed Time
18-24					
1	28694 B	Cheuk, Yuet Ying Phoebe	20	Sword Fish Club	1:15.05
2	23105 IAZ	Ho, Cheuk Wai	23	Dik Wing	1:22.13
3	31206 B	Wong, Hor Kiu	19	Sword Fish Club	1:23.00
4	31444 IAX	Tang, Hiu Tung	23	Pacific	1:27.64
5	37318 IAO	Chio, Yi Lan	21	Dik Wing	1:28.61
6	53262 @^IM	Tang, Xiao	20	New Water Polo	1:30.00
7	30970 B	Tam, Wing Yan	20	Keung Sung	NT
25-29					
1	26980 IAZ	Wong, Suet Wing	25	Dik Wing	1:29.50
30-34					
1	52066 @^IM	Liang, Biyu	30	New Water Polo	2:00.00
35-39					
1	00288 IBZ	Yip, Wing Yan	36	Dik Wing	1:22.50
2	43489 @IAXN	Wehl Kwok, Hiu Chin June	38	LRC	1:42.26
3	13384 ICZ	Lee, May Sze Mei	37	New Water Polo	2:05.00
40-44					
1	53256 @^IM	Deng, Weina	41	New Water Polo	37.00
2	49329 @IAO	Ng, Carmen C M	40	Pacific	1:40.00
3	51099 IAZ	Wong, Jane Tsin	40	Fastlane Swimming	2:00.00
4	52215 @^P	Li, Yunfen	42	New Water Polo	2:00.00
5	50515 IAZ	Cheung, Hiu Yan	42	Sword Fish Club	2:00.00
45-49					
1	46247 @IAO	Krkalo, Shauna Kathleen	46	LRC	1:15.81
2	40853 @IAO	Tam, Alison Mai Ling	46	Fastlane Swimming	1:32.00
3	06304 ICZ	Cheung, Man Yiu	45	Sea Green	1:35.00
4	30072 ICW	Chao, Man Chi	45	New Water Polo	1:37.00
5	43157 @ICO	Lee, Chew Ling	47	LRC	1:49.00
50-54					
1	35969 IAX	Wang, Ying Lian	52	Tung Sing	1:50.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

50-54... (Event 4 Women 100 LC Meter Breaststroke)

2	31395 IAZ	Chan, Pui Ling	54 Flying Fish	1:55.00
3	06349	Ip, Oi Wa Wendy	52 Sword Fish Club	1:55.00
4	50110 IAZ	Chow, Yin Wei Nora	52 New Water Polo	1:55.00
5	45917 #@^IM	Huang, Caifang	50 New Water Polo	1:58.00
6	49204 IAZ	Cheng, Wai Man	53 Sea Green	1:58.00
7	53268 IAX	Ou, Huarong	52 New Water Polo	2:00.00
8	44304 IAX	Choi, Shan Shan	52 Sword Fish Club	2:00.00
9	43063 @IAO	Wong, Rose	54 LRC	2:05.30
10	52996 IAX	Shum, Yim	53 Current Club Ltd	2:15.00

55-59

1	26254 IAX	Ng, Kong Ching	59 New Water Polo	1:40.00
2	51515 @IM	Zhu, Hongying	56 Flying Dragon	1:47.00
3	16303	Rana, Naomi	58 LRC	1:52.99
4	50492 @^IM	Guo, Liyan	59 Sword Fish Club	1:55.00
5	44303 IAZ	Lam, Man Lai	58 Sword Fish Club	2:15.00
6	43102 ICO	Roberts, Tonya Leanne	56 LRC	2:15.00

60-64

1	53259 @^IM	Ling, Xiaoli	60 New Water Polo	1:00.00
2	53258 @^P	Liu, Cuiwei	62 New Water Polo	1:00.00
3	22428 IAZ	Lau, Yuk Lin Rocky	62 Sea Green	1:58.00
4	50490 @^IM	Liang, Yanling	60 Sword Fish Club	2:00.00
5	34668 IAZ	Tang, Pik Ha	64 New Water Polo	2:07.00
6	51788 @^IM	Li, Yueying	61 Sword Fish Club	2:10.00
7	24216 IAZ	Li, Chuk Ping	62 Sword Fish Club	2:12.00
8	05043	Wong, Kim Lan Ada	64 Flying Fish	2:15.00
9	38289 IAZ	Ng, Wai Lin Angie	60 Sword Fish Club	2:15.00
10	45187 IAX	Chan, On Mei	61 Sword Fish Club	2:21.00
11	38460 IAZ	Tang, Kit Fong Yvonne	60 New Water Polo	2:30.00

65-69

1	02711	Fok, Wai Fung	66 Wong Tai Sin	2:15.00
2	49428 IAX	Leong, Sao Fan	67 New Water Polo	2:20.00
3	14007	Ho, Yuk Ling	67 Tung Sing	2:20.00
4	06127	Lau, Wai Lin	68 New Water Polo	2:30.00
5	23957 IAX	Yeung, Tun Lim Lily	67 Sword Fish Club	2:30.00
6	16533	Wong, Shun Ying	65 Sea Green	2:30.00

70-74

1	50480 @^ICX	Lam, Lai Mui	73 Sword Fish Club	2:10.00
2	53274 @^IM	Ren, Xumei	71 New Water Polo	2:30.00
3	39357 @^P	Mak, Sok Iun	74 Sword Fish Club	2:30.00

75-79

1	06357	Suen, Ming Chu	76 Sword Fish Club	2:10.00
2	02365	Chow, So Kam	79 Kwun Tong	2:30.00
3	06212	Lo, Yeuk Shuen	75 Wong Tai Sin	2:30.00

80-84

1	32571 IAZ	Chan, Pui Yee	80 Sword Fish Club	2:30.00
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24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

Event 5 Men 50 LC Meter Freestyle

18-24 MSR:	24.17
25-29 MSR:	23.92
30-34 MSR:	24.31
35-39 MSR:	24.35
40-44 MSR:	25.15
45-49 MSR:	26.19
50-54 MSR:	25.80
55-59 MSR:	28.02
60-64 MSR:	27.95
65-69 MSR:	29.72

	ID#	Name	Age	Team	Seed Time
18-24... (Event 5 Men 50 LC Meter Freestyle)					
1	22816 IAZ	Cheung, Tsz Nok	21	Dik Wing	25.85
2	53273 @^IM	Yang, Weicong	20	New Water Polo	26.00
3	53228 @^IM	Hou, Pu	22	Sword Fish Club	26.00
4	27411 IAZ	Siu, Ka Hang	20	Sword Fish Club	26.05
5	22276 B	Chong, Michael Yat Tsun	23	Sword Fish Club	26.14
6	40140 #IAZ	Li, Wing Yin	20	Creative Youth	26.54
7	24827 IAZ	Li, Ernest	22	Golden Dolphin	26.59
8	32363 IAZ	Wong, Tsz Shing	19	Dik Wing	26.77
9	32318 P	Li, Ho Yin	20	Creative Youth	27.03
10	30694 #IAZ	Cheung, Chi Kit Nicholas	19	Wong Tai Sin	28.00
11	50181 @^ICO	Zheng, Jiale	20	Kwun Tong	30.00
12	40144 IAZ	Tai, Tsz Chung	19	Creative Youth	30.01
13	28567 #IAZ	Tam, Wang Yin	24	Eastern Winter	35.00
14	30966 #B	Ng, Yat Hei	19	Eastern Winter	35.00
15	28413 B	Kwong, Shue Hei	24	Tung Sing	44.00
25-29					
1	15815	Lo, Ting Kin	28	Sea Green	27.00
2	42362 IAZ	Leung, Kung Ming	28	YMCA OF Hong Kong	29.00
3	26574 IAZ	Kwan, Leong Chun	29	Sword Fish Club	37.00
30-34					
1	04637 IBZ	Kwan, Yui Hang	31	Current Club Ltd	24.94
2	53257 @^IM	Qin, Minglei	30	New Water Polo	30.00
3	03312 IAZ	Li, Yun Sing	34	Diocesan School	32.00
4	52752 @ICO	Hardy-Lachance, Thierry	32	Fastlane Swimming	34.00
5	12389 B	Li, Chun Ting	32	Eastern Winter	35.00
6	53272 @^IM	Xu, Rui	34	New Water Polo	35.00
7	51281 IAZ	Hui, Ka Yin	31	Lai Tsun	36.00
8	53264 @^IM	Zhou, Jialin	34	New Water Polo	38.00
9	52204 IAZ	Chan, Tsz Ming	32	Pacific	NT
35-39					
1	47580 #@IAO	Poon, Derrick Gene-ming	36	Kwan Hung	25.50
2	22420 IAZ	Chan, Chi Ming	38	Kwun Tong	27.00
3	00104	Lo, Shek Pui	35	HK Football Club	28.00
4	42367 IAO	Chow, Chun Yin	38	Diocesan School	30.00
5	03713 IBZ	Tang, Chee Kit	38	Diocesan School	30.00
6	50188 @^P	Chu, Yuan Hun	35	Fastlane Swimming	30.00
7	23298 IAZ	Li, Cheuk Bun	39	Wong Tai Sin	30.00
8	48667 @IRO	Wong, Dominic Clayton Joe	36	Fastlane Swimming	31.00
9	09136 IAZ	Tsang, Chun Kin	36	New Water Polo	38.00
10	49812 IAZ	Kam, Lik Hang Leonard	37	New Water Polo	50.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

35-39... (Event 5 Men 50 LC Meter Freestyle)

11	49926 IAZ	Au, Siu Ting	35	Crest Ray	NT
12	52976 IAZ	Kwong, Wai Hoo	39	Crest Ray	NT
13	52765 @ICO	Bittl, James Francis	38	LRC	NT

40-44

1	46248 @ICO	O' Neill, Donal Thomas	44	LRC	26.20
2	50091 @P	Ang, Zhing Vehn	42	Fastlane Swimming	27.00
3	49498 @IAO	Dunwoody, Ross William	43	LRC	27.77
4	12176 ICZ	Ng, Siu Yu	42	Sword Fish Club	29.00
5	41147 IAZ	Mok, Lai Yeung Jason	40	Diocesan School	30.00
6	48856 @IAO	Gallearchie, Jeewantha Madu	40	Fastlane Swimming	30.00
7	47525 #IAZ	Wu, Wing Fung	43	Golden Dolphin	35.00
8	03793 ICZ	Po, Tik San	42	New Water Polo	35.00
9	45574 IAZ	Ng, Siu Kwong	42	Sword Fish Club	35.00
10	40927 IAZ	Chu, Chun Sing	41	Golden Dolphin	38.00
11	23119 IAZ	Chan, Ying Tsung Bosco	43	Sword Fish Club	46.00

45-49

1	49497 @ICO	Macceod, Andrew Ian	45	LRC	26.58
2	11569	Wong, Lok Shun	47	Flying Fish	30.00
3	52883 IAZ	Lo, Fu Fui Frankie	49	Win Tin	31.99
4	42737 IAZ	So, Ma Loi	48	Sword Fish Club	32.00
5	53312 IAZ	Tang, Tin Lok Stephen	48	Win Tin	33.50
6	51531 #IAX	Tang, Min	49	Fastlane Swimming	36.00
7	40923 IAZ	Yip, Kam Wing	47	Sea Green	40.00
8	29261 IAZ	Lai, Ka Wai	46	Tuen Mun	NT

50-54

1	10264 #IAO	Faiola, Jeff Alan	53	Island Stingrays	26.49
2	39203 IAX	Lau, Hang	50	Sword Fish Club	28.00
3	02366	Li, Ka Wing	50	Kwun Tong	29.00
4	27451 IAZ	Yip, Kin Man Stephen	54	Kwun Tong	29.00
5	06711	Leung, Tsz Kin	52	New Water Polo	30.03
6	27459 IAZ	Lui, Wing Tak Victor	50	Diocesan School	32.00
7	21814 ICO	Mattoli, Enrico Andrea	54	LRC	33.66
8	40835 IAZ	Leung, Wing Hong Alvin	50	Diocesan School	34.00
9	21008 IAZ	Cheung, Chun Kwan Michael	51	Wong Tai Sin	34.00
10	26821 IAZ	Chan, Kwok Chi	53	Sword Fish Club	37.05
11	03372	Lau, Allan	51	Sword Fish Club	37.05
12	06338 IAZ	Wong, Ka Fai	50	Sword Fish Club	37.05
13	04184	Woo, Siu Ming William	53	Sword Fish Club	45.00
14	52710 IAZN	Yip, Kai Kut Kenneth	50	Hilltop	50.00
15	47461 #IAZ	Tse, Ka Fai	50	Crest Ray	NT

55-59

1	43144	Xiao, Donghong	58	New Water Polo	31.00
2	22433 IAZ	Lui, Man Pong	59	New Water Polo	32.00
3	42202	Rong, Kangwen	57	Sword Fish Club	33.00
4	42217	Wu, Lewen	59	Sword Fish Club	33.00
5	44678 IAZ	Hung, Tin Wai Robert	58	Pacific	33.44
6	53271 @^IM	Chen, Weizhong	55	New Water Polo	35.00
7	43158 IAZ	Chan, Tin Lung	55	Lai Tsun	36.00
8	32285 IAZ	Chan, Chong Kai Stephen	56	Diocesan School	38.00
9	45582 @IAO	Reeve, Blair	56	LRC	38.06
10	42364 IAZ	Lau, Yip Kwong Francis	55	Diocesan School	40.00
11	40839 IAZ	Leung, Wing Hang Michael	59	Diocesan School	42.00
12	35711 IAX	Wong, Fuk Kei	55	Sword Fish Club	44.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

60-64... (Event 5 Men 50 LC Meter Freestyle)

1	50485 #^IM	Chen, Shuquan	61 New Water Polo	33.00
2	52308 @^IM	Liang, Chen	63 Flying Dragon	35.00
3	45198 IAZN	Lam, Tsz Kiu Goldie	62 New Water Polo	35.00
4	41007 IAZ	So, Man Sing	63 Sea Green	35.00
5	37048 IAZ	Cheung, Wai Chuen Jimmy	61 Sword Fish Club	36.00
6	40861 IAZ	Cheung, Chi Ming Rover	61 Sword Fish Club	37.00
7	39982 IAZ	Chow, Wing Chun	60 Sword Fish Club	37.00
8	32108 IAX	Chan, Kiu	62 Sword Fish Club	38.00
9	27869 IAZ	Lee, Kam Cheong	60 Sword Fish Club	38.00
10	52148 @^IM	Li, Bingkun	63 Sword Fish Club	50.00
11	41426 IAZ	Tang, Yu Hang Francis	63 Tung Sing	52.00
12	25226 IAZ	Choi, Tai Wing	63 Sword Fish Club	55.00

65-69

1	42191	Lin, Haichao	67 Sword Fish Club	33.00
2	06281	Fung, Kam Tai	69 Sword Fish Club	39.00
3	53276 @^IM	Liu, Mingzheng	67 New Water Polo	40.00
4	52766 IAO	Dundon, Christopher John	66 LRC	41.66
5	52225 @^IM	Chen, Shengyou	68 New Water Polo	43.00
6	50493 #^IM	Kong, Lingxiong	65 New Water Polo	45.00
7	19327 IAZ	Yu, Kwok Chuen	69 Sword Fish Club	48.00
8	45199 #IAZ	Fok, Siu Por	66 New Water Polo	50.00
9	50436 IAZ	Lam, Tak Choi	69 Tung Sing	50.00
10	44359 IAZ	Lee, Chi Wai	65 Kornhill	50.94
11	43598 #^IM	Chen, Weicai	67 New Water Polo	53.00
12	40705 IAZ	Lai, Chung Fat Paulus	68 Wong Tai Sin	1:01.00

70-74

1	06268	Tse, Kwok Piu	73 Sword Fish Club	32.00
2	51797 @^IM	Kong, Fanqiang	72 New Water Polo	38.00
3	06389	Chan, Hong Wah	71 New Water Polo	39.00
4	53341 @^IM	Lu, Zhuoying	70 New Water Polo	40.00
5	52549 IAZ	Lam, Tak On	70 Sword Fish Club	40.00
6	10252	Chow, Eugene	73 Diocesan School	50.00
7	53229 @^IM	Xie, Yongheng	74 Sword Fish Club	54.00
8	11563	Lee, Kwok Hung	71 Sword Fish Club	55.00

75-79

1	51227 @^IM	Liang, Shuntian	75 Sword Fish Club	32.00
2	03845	Tin, Sheung Kwai	77 New Water Polo	32.14
3	44756 IAZ	Lo, Che Hung	76 Lai Tsun	40.00
4	23289 IAX	Chan, Chi Chung	76 Lai Tsun	58.00
5	14029	Ieong, Vun Fai	78 Sword Fish Club	1:00.00

80-84

1	38301 IAX	Cheung, Hao Yen	81 Lai Tsun	54.00
2	53325 IAX	Tang, Siu Chuen	82 Kwun Tong	1:00.00
3	23959 IAZ	Chiu, Chin Hung	84 Kornhill	1:06.94

85-89

1	05407	Lee, She Kwok	86 Sword Fish Club	54.00
2	15490	Law, Kwai Fong	88 Sword Fish Club	1:05.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

Event 6 Women 50 LC Meter Freestyle

18-24 MSR:	28.20
25-29 MSR:	27.70
30-34 MSR:	27.80
35-39 MSR:	28.10
40-44 MSR:	28.17
45-49 MSR:	27.03
50-54 MSR:	29.35
55-59 MSR:	32.17
60-64 MSR:	33.85
65-69 MSR:	35.01

	ID#	Name	Age	Team	Seed Time
18-24... (Event 6 Women 50 LC Meter Freestyle)					
1	28694 B	Cheuk, Yuet Ying Phoebe	20	Sword Fish Club	27.75
2	53262 @^IM	Tang, Xiao	20	New Water Polo	29.00
3	31206 B	Wong, Hor Kiu	19	Sword Fish Club	30.00
4	28242 IAZ	Hang, Kwan Tung Ruby	22	Dik Wing	31.62
5	25461 B	Wong, Tsz Wan	21	Compass	32.16
6	37318 IAO	Chio, Yi Lan	21	Dik Wing	32.43
7	30970 B	Tam, Wing Yan	20	Keung Sung	NT
25-29					
1	14069 IAZ	Yuen, Sin Ling	28	Kwun Tong	29.53
2	18350 #IAZ	Lam, Nga Yin Eunice	28	Fastlane Swimming	34.00
3	43533 IAZ	Wong, Yu Tung	26	New Water Polo	1:00.00
4	49513 IAZ	To, Yan Wing	28	Crest Ray	NT
35-39					
1	43489 @IAXN	Wehl Kwok, Hiu Chin June	38	LRC	35.15
2	13384 ICZ	Lee, May Sze Mei	37	New Water Polo	1:30.00
40-44					
1	52180 IAZ	Leung, Man Kee	40	Fastlane Swimming	32.54
2	49329 @IAO	Ng, Carmen C M	40	Pacific	34.00
3	47561 IAZ	Leung, Tin Ho	40	Flying Fish	41.00
4	51099 IAZ	Wong, Jane Tsin	40	Fastlane Swimming	42.00
5	50515 IAZ	Cheung, Hiu Yan	42	Sword Fish Club	44.00
6	52276 @^IM	Huang, Lingyin	43	Sword Fish Club	45.00
7	53256 @^IM	Deng, Weina	41	New Water Polo	50.00
45-49					
1	46247 @IAO	Krkalo, Shauna Kathleen	46	LRC	27.03
2	40853 @IAO	Tam, Alison Mai Ling	46	Fastlane Swimming	32.00
3	30072 ICW	Chao, Man Chi	45	New Water Polo	37.00
4	43157 @ICO	Lee, Chew Ling	47	LRC	37.07
5	06304 ICZ	Cheung, Man Yiu	45	Sea Green	40.00
50-54					
1	28770 IAZ	Cromwell, Nicole Samantha	52	LRC	32.91
2	50110 IAZ	Chow, Yin Wei Nora	52	New Water Polo	35.00
3	09870 @ICO	Chong, Yin Szu Adeline	54	Fastlane Swimming	36.45
4	35969 IAX	Wang, Ying Lian	52	Tung Sing	39.70
5	36431 @^P	Buchta, Katrin	54	Sword Fish Club	40.00
6	47040 @IAX	Zou, Shengling	53	Tung Sing	45.00
7	52996 IAX	Shum, Yim	53	Current Club Ltd	46.61
8	43063 @IAO	Wong, Rose	54	LRC	47.67
9	53268 IAX	Ou, Huarong	52	New Water Polo	50.00
10	44641 IAZ	Chan, Suk Yin	52	Sword Fish Club	51.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

50-54... (Event 6 Women 50 LC Meter Freestyle)

11	49204 IAZ	Cheng, Wai Man	53	Sea Green	52.00
55-59					
1	37062 IAZ	Lee, E Way Yvonne	58	Kowloon Tong Club	32.17
2	53227 @^IM	Lu, Fang	56	Sword Fish Club	37.00
3	49429 #IAZ	Choy, Yee Ling Elina Elain	55	Fastlane Swimming	38.00
4	51515 @IM	Zhu, Hongying	56	Flying Dragon	38.00
5	53261 @^IM	Deng, Yu	56	New Water Polo	38.00
6	26254 IAX	Ng, Kong Ching	59	New Water Polo	40.00
7	16303	Rana, Naomi	58	LRC	43.50
8	36045 IAZN	Hsu, Ava	57	LRC	43.84
9	53014 IAZ	Koo, Wai Man Anne	57	Fastlane Swimming	55.00
10	53267 IAZ	Leung, Hoi Lun Helen	58	New Water Polo	1:00.00
11	41911 IAZN	Ng, Kit Man Joanna	59	New Water Polo	1:03.00
60-64					
1	53259 @^IM	Ling, Xiaoli	60	New Water Polo	30.00
2	53258 @^P	Liu, Cuiwei	62	New Water Polo	30.00
3	26049 IAZ	Kirkwood, Tain Mhaira	61	LRC	32.17
4	43595	Ao, Wai Lan	62	Sword Fish Club	44.00
5	05043	Wong, Kim Lan Ada	64	Flying Fish	49.00
6	22428 IAZ	Lau, Yuk Lin Rocky	62	Sea Green	50.00
7	50893 @^P	Niu, Zili	60	New Water Polo	52.00
8	51788 @^IM	Li, Yueying	61	Sword Fish Club	1:00.00
65-69					
1	52109 @^IM	Wang, Yan	68	Sword Fish Club	35.05
2	03503	Castka, Gillian Hancer	68	Sword Fish Club	41.00
3	53269 IAX	Chiu, Siu Lin	65	New Water Polo	50.00
4	51786 @^IM	Chen, Junying	66	Sword Fish Club	52.00
5	02711	Fok, Wai Fung	66	Wong Tai Sin	53.00
6	06355	Lo, Lai Yung	69	New Water Polo	55.00
7	06127	Lau, Wai Lin	68	New Water Polo	1:00.00
8	23957 IAX	Yeung, Tun Lim Lily	67	Sword Fish Club	1:00.00
9	49428 IAX	Leong, Sao Fan	67	New Water Polo	1:02.00
10	25237 IAZ	Yu, Chi Seung	66	New Water Polo	1:05.00
70-74					
1	53274 @^IM	Ren, Xumei	71	New Water Polo	48.00
2	46236 #IAZ	Fok, Miu Han	71	New Water Polo	55.82
75-79					
1	06212	Lo, Yeuk Shuen	75	Wong Tai Sin	1:10.00
2	02365	Chow, So Kam	79	Kwun Tong	1:20.00
80-84					
1	06372 IAZ	Leung, Mabel Yuen Ying	82	Sword Fish Club	58.00
2	32571 IAZ	Chan, Pui Yee	80	Sword Fish Club	1:00.00
85-89					
1	06144	Mak, Suet Man	87	Sea Green	1:20.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

Event 7 Men 100 LC Meter Backstroke

- 18-24 MSR: 1:02.10
- 25-29 MSR: 1:02.70
- 30-34 MSR: 1:07.94
- 35-39 MSR: 1:06.66
- 40-44 MSR: 1:01.05
- 45-49 MSR: 1:09.39
- 50-54 MSR: 1:08.09
- 55-59 MSR: 1:11.73
- 60-64 MSR: 1:13.98
- 65-69 MSR: 1:18.71

ID#	Name	Age	Team	Seed Time
18-24... (Event 7 Men 100 LC Meter Backstroke)				
1	53273 @^IM	20	New Water Polo	1:15.00
2	50181 @^ICO	20	Kwun Tong	1:20.00
3	25611 #B	20	Creative Youth	1:50.00
25-29				
1	15423 IAZ	27	Diocesan School	1:00.00
2	16830 IAM	28	New Water Polo	1:20.00
3	26574 IAZ	29	Sword Fish Club	1:45.00
4	08003 B	29	Tuen Mun	1:50.00
5	08404 IAZ	28	Crest Ray	1:50.00
30-34				
1	53101 @ICO	33	Fastlane Swimming	1:22.42
35-39				
1	00444	39	Diocesan School	1:08.00
2	03713 IBZ	38	Diocesan School	1:15.00
3	52309 @^IM	39	Flying Dragon	1:15.00
40-44				
1	46248 @ICO	44	LRC	1:01.05
2	49498 @IAO	43	LRC	1:11.78
3	05179 ICZ	40	Fastlane Swimming	1:16.00
4	05155	43	Diocesan School	1:30.00
5	03796 ICZ	43	New Water Polo	1:33.00
6	49027 IAZ	44	Sword Fish Club	1:33.00
7	48158 IAZ	40	Diocesan School	1:40.00
8	01948 ICZ	42	Diocesan School	1:40.42
45-49				
1	27471 ICO	46	HK Football Club	1:10.00
2	05160	47	Diocesan School	1:27.14
3	40841 IAX	45	Diocesan School	1:40.00
4	51531 #IAX	49	Fastlane Swimming	2:05.00
50-54				
1	27451 IAZ	54	Kwun Tong	1:25.00
2	25592 IAZ	52	Flying Fish	1:29.83
3	30710 IAZ	54	Flying Fish	1:30.00
4	26053 IAZ	53	Flying Fish	1:40.00
5	06310	51	Kwun Tong	1:40.00
6	53340 @^IM	51	New Water Polo	1:52.00
7	47461 #IAZ	50	Crest Ray	2:05.00
55-59				
1	41548 IAZ	56	HK Football Club	1:22.00
2	52275 @^IM	56	Sword Fish Club	1:30.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

55-59... (Event 7 Men 100 LC Meter Backstroke)

3	42217	Wu, Lewen	59 Sword Fish Club	1:38.00
4	18856 IAZ	Au, Mun Shing	59 Sword Fish Club	1:40.00
5	05139	Lin, Fulong	57 Flying Fish	1:41.58
6	22433 IAZ	Lui, Man Pong	59 New Water Polo	1:45.00
7	29472 IAZN	Choi, Kwok Man Tony	58 Sword Fish Club	1:54.00
8	35711 IAX	Wong, Fuk Kei	55 Sword Fish Club	2:01.00
9	38127 IAZ	Leung, Cheung Wai Ricky	56 Sword Fish Club	2:05.00

60-64

1	50482 @^IM	Chen, Heqiang	61 Sword Fish Club	1:30.00
2	27460 IAZ	Chan, Ying Chiu Johnson	61 Lai Tsun	1:31.00
3	41007 IAZ	So, Man Sing	63 Sea Green	1:42.00
4	51956 @IM	Bai, Xiang	62 New Water Polo	1:50.30
5	40840 IAZ	Ng, Ka Yiu Karl	60 Diocesan School	1:55.00
6	43199	Chen, Zhong Qiu	62 Sword Fish Club	1:59.00
7	21023 IAZ	Ho, Kwong Ngai Eric	61 Sword Fish Club	1:59.00
8	25226 IAZ	Choi, Tai Wing	63 Sword Fish Club	2:00.00

65-69

1	06281	Fung, Kam Tai	69 Sword Fish Club	1:22.00
2	42191	Lin, Haichao	67 Sword Fish Club	1:34.00
3	53106 @^IM	Huang, Xiaogang	65 Sword Fish Club	1:38.00
4	03215 #IAZ	Leung, Yiu Chuen	66 Tung Sing	1:38.58
5	43205 #	Zhou, Jin Jia	69 New Water Polo	1:50.00
6	50493 #@^IM	Kong, Lingxiong	65 New Water Polo	1:58.00
7	19327 IAZ	Yu, Kwok Chuen	69 Sword Fish Club	2:10.00
8	48753 IAX	Fung, Sik Tong	68 Sea Green	2:20.00
9	06187	Kan, Kai Kwong	69 Sea Green	2:20.00
10	06331 ICZ	Ma, Etienne	67 YMCA OF Hong Kong	2:20.00

70-74

1	53341 @^IM	Lu, Zhuoying	70 New Water Polo	1:40.00
2	06382	Chan, Kam Por	72 Sword Fish Club	1:46.00
3	52549 IAZ	Lam, Tak On	70 Sword Fish Club	1:50.00
4	26318	Suen, Chi Wing	70 Sword Fish Club	1:55.00
5	06192	Chu, Shui Yi	73 Sea Green	1:59.00
6	38699 IAZ	Tse, Siu Hei	74 Kornhill	2:00.00
7	20634 IAZ	Wu, Shu Sun	74 New Water Polo	2:10.00

75-79

1	22182 IAZ	Ngai, Yin Leung	75 Sword Fish Club	2:15.00
2	44788 IAZ	Chui, Hong Sheung	75 Diocesan School	2:20.00
3	40518 IAZ	Liu, Wing Chiu	76 Tuen Mun	2:20.00

80-84

1	53325 IAX	Tang, Siu Chuen	82 Kwun Tong	2:00.00
2	38301 IAX	Cheung, Hao Yen	81 Lai Tsun	2:20.00

85-89

1	05407	Lee, She Kwok	86 Sword Fish Club	2:16.00
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24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

Event 8 Women 100 LC Meter Backstroke

- 18-24 MSR: 1:11.36
- 25-29 MSR: 1:13.30
- 30-34 MSR: 1:11.37
- 35-39 MSR: 1:14.06
- 40-44 MSR: 1:13.75
- 45-49 MSR: 1:15.99
- 50-54 MSR: 1:17.38
- 55-59 MSR: 1:32.18
- 60-64 MSR: 1:43.42
- 65-69 MSR: 1:50.32

ID#	Name	Age	Team	Seed Time
18-24... (Event 8 Women 100 LC Meter Backstroke)				
1	34922 B	Ma, Wing Sum	20 Sword Fish Club	1:20.00
2	20969 IAZ	Lui, Wing Lam	22 Kwun Tong	1:30.00
3	25461 B	Wong, Tsz Wan	21 Compass	2:00.00
4	31444 IAX	Tang, Hiu Tung	23 Pacific	2:00.00
25-29				
1	26980 IAZ	Wong, Suet Wing	25 Dik Wing	1:25.50
2	09959 IAZ	Mok, Hoi Man Sheron	29 New Water Polo	2:00.00
35-39				
1	52770 IAO	Sjoholm, Ingrid Christina	38 HK Football Club	1:17.00
2	13384 ICZ	Lee, May Sze Mei	37 New Water Polo	1:50.00
40-44				
1	52215 @^P	Li, Yunfen	42 New Water Polo	2:00.00
45-49				
1	51120 IAZ	Yee, Hoi Yan	47 Flying Fish	1:35.00
2	36785 IAZ	Inglis, Alexandra Sinead	49 LRC	1:44.89
3	06304 ICZ	Cheung, Man Yiu	45 Sea Green	1:50.00
4	06315	Chan, Sui Yee	48 LRC	2:15.00
50-54				
1	09870 @ICO	Chong, Yin Szu Adeline	54 Fastlane Swimming	1:45.00
2	35772 IAX	Ban, Xianhai	52 New Water Polo	1:50.00
3	36431 @^P	Buchta, Katrin	54 Sword Fish Club	1:50.00
4	45917 #@^IM	Huang, Caifang	50 New Water Polo	2:02.00
5	47040 @IAX	Zou, Shengling	53 Tung Sing	2:05.00
6	44641 IAZ	Chan, Suk Yin	52 Sword Fish Club	2:15.00
55-59				
1	43977	Lin, Zihe	55 New Water Polo	1:30.00
2	37062 IAZ	Lee, E Way Yvonne	58 Kowloon Tong Club	1:36.84
3	51515 @IM	Zhu, Hongying	56 Flying Dragon	1:48.00
4	50492 @^IM	Guo, Liyan	59 Sword Fish Club	2:00.00
5	53267 IAZ	Leung, Hoi Lun Helen	58 New Water Polo	2:05.00
6	06337	Tse, Yee Wah	58 YMCA OF Hong Kong	2:05.00
60-64				
1	26049 IAZ	Kirkwood, Tain Mhaira	61 LRC	1:23.10
2	50490 @^IM	Liang, Yanling	60 Sword Fish Club	1:56.00
3	51787 @^IM	Li, Weiwei	63 Sword Fish Club	2:17.00
4	38289 IAZ	Ng, Wai Lin Angie	60 Sword Fish Club	2:25.00
5	30804 IAON	Yue, Roberta May-wan	61 LRC	2:30.00
65-69				
1	49914 @IAXB	Ng, Yee Man	65 New Water Polo	1:30.00
2	52109 @^IM	Wang, Yan	68 Sword Fish Club	1:40.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

65-69... (Event 8 Women 100 LC Meter Backstroke)

3	06355	Lo, Lai Yung	69	New Water Polo	2:10.00
4	51786 @^IM	Chen, Junying	66	Sword Fish Club	2:10.00
5	14007	Ho, Yuk Ling	67	Tung Sing	2:25.00
6	06127	Lau, Wai Lin	68	New Water Polo	2:30.00
7	23957 IAX	Yeung, Tun Lim Lily	67	Sword Fish Club	2:30.00
70-74					
1	50480 @^ICX	Lam, Lai Mui	73	Sword Fish Club	2:20.00
75-79					
1	06212	Lo, Yeuk Shuen	75	Wong Tai Sin	2:30.00
80-84					
1	32571 IAZ	Chan, Pui Yee	80	Sword Fish Club	2:30.00

Event 9 Men 200 LC Meter Freestyle

18-24 MSR:	2:06.87
25-29 MSR:	2:05.18
30-34 MSR:	2:05.11
35-39 MSR:	2:05.90
40-44 MSR:	2:07.89
45-49 MSR:	2:10.21
50-54 MSR:	2:14.33
55-59 MSR:	2:24.07
60-64 MSR:	2:32.99
65-69 MSR:	2:36.59

ID#	Name	Age	Team	Seed Time
18-24				
1	40140 #IAZ	Li, Wing Yin	20 Creative Youth	2:12.29
2	25611 #B	Chu, Kin Shing	20 Creative Youth	2:12.30
3	27205 P	Chan, Yan Shing	22 Current Club Ltd	2:30.00
4	32318 P	Li, Ho Yin	20 Creative Youth	2:32.99
5	22513 IAZ	Tang, Cheuk Yan	24 Kwun Tong	3:00.00
6	22532 #IAZ	Ma, Chun Pong Angus	24 Diocesan School	3:30.00
25-29				
1	23695 IAZ	Lee, Michael Le Jin	29 Current Club Ltd	2:24.52
2	15390 B	Lau, Yat Fung	25 Diocesan School	3:00.00
3	40333 IAZ	Lam, Pak Lai	27 Flying Fish	3:00.00
30-34				
1	43276 ICO	Gattegno, Julien	32 Fastlane Swimming	2:15.00
2	06886 B	Li, Chin Long	34 Eastern Winter	2:15.49
3	33387 IAO	Wu, Kenneth Yee Lok	33 Sword Fish Club	2:34.09
4	47043 IAZ	Lam, Pak Lun	30 Flying Fish	3:00.00
35-39				
1	02591	Luk, Wing Kin Andy	35 Kwan Hung	2:15.00
2	14526 IBZ	Ho, Chun Sum Samuel	35 New Water Polo	2:20.00
3	01621 IBZ	So, Man Hon	36 Fastlane Swimming	2:23.00
4	38441 ICO	Davis, Shane Joseph	38 HK Football Club	2:25.00
5	50188 @^P	Chu, Yuan Hun	35 Fastlane Swimming	2:35.00
6	27874 IAZ	Chan, Cheuk Man	36 New Water Polo	2:40.00
7	00444	Lam, Yau Sun Dickson	39 Diocesan School	3:15.00
40-44				
1	01012 ICZ	Fong, Lik Sun	44 HK Football Club	2:09.00
2	44769 ICO	Sharp, Braedon	41 HK Football Club	2:12.00
3	50091 @P	Ang, Zhing Vehn	42 Fastlane Swimming	2:22.00
4	30399 IAZ	Lam, Shu Wing	41 Flying Fish	2:30.00
5	12176 ICZ	Ng, Siu Yu	42 Sword Fish Club	2:35.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

40-44... (Event 9 Men 200 LC Meter Freestyle)

6	27133 IAZ	Poon, Man Chun	43	Wong Tai Sin	3:03.74
7	10317	Ng, Ka Wing	44	Diocesan School	3:30.00
8	01948 ICZ	Tang, Ho Yuen	42	Diocesan School	3:30.00
45-49					
1	27471 ICO	Nortje, Craig Andrew	46	HK Football Club	2:10.00
2	04238	Woo, Chun Kuen Douglas	46	LRC	2:12.99
3	49497 @ICO	Macceod, Andrew Ian	45	LRC	2:13.79
4	51734 @^ICO	Small, Robert James	45	Fastlane Swimming	2:20.00
5	28849 IAZ	Chan, Chun Kuen	49	Sword Fish Club	2:35.00
6	16451	Cheng, Ngai Bun	46	Kwun Tong	2:43.45
7	24603 IAZ	Hung, Ka Ming	49	YMCA OF Hong Kong	2:50.00
8	51192 IAZ	Lo, Yui Man	47	Flying Fish	3:05.00
9	40841 IAX	Tsang, Kwok Tung	45	Diocesan School	3:30.00
10	41887 IAZ	Woo, Cheuk Yiu Jeffrey	49	YMCA OF Hong Kong	3:30.00
50-54					
1	10264 #IAO	Faiola, Jeff Alan	53	Island Stingrays	2:19.37
2	51473 @IAO	Loh, Yeong Shang	51	Barracuda	2:29.00
3	05273	Poon, Ho Keung Danny	54	Flying Fish	2:35.00
4	27868 IAZ	Chan, Chi Wah Ringo	52	Sword Fish Club	2:40.00
5	02366	Li, Ka Wing	50	Kwun Tong	2:58.99
6	27459 IAZ	Lui, Wing Tak Victor	50	Diocesan School	3:00.00
7	21814 ICO	Mattoli, Enrico Andrea	54	LRC	3:00.47
8	49443 IAZN	Siu, Cheuk Kuen	52	Sword Fish Club	3:10.00
9	47461 #IAZ	Tse, Ka Fai	50	Crest Ray	3:30.00
10	50404 @IAO	Livotto, Andrea	50	Fastlane Swimming	3:30.00
55-59					
1	05138	Lanzzone, Francesco	56	Barracuda	2:28.00
2	42202	Rong, Kangwen	57	Sword Fish Club	2:46.00
3	05139	Lin, Fulong	57	Flying Fish	3:12.65
4	38127 IAZ	Leung, Cheung Wai Ricky	56	Sword Fish Club	3:20.00
5	17701 IAZ	Lee, Chor Fu	55	Wong Tai Sin	3:25.00
6	44678 IAZ	Hung, Tin Wai Robert	58	Pacific	3:30.00
7	29472 IAZN	Choi, Kwok Man Tony	58	Sword Fish Club	3:30.00
8	45582 @IAO	Reeve, Blair	56	LRC	3:30.00
60-64					
1	05191	Koo, Yu Fat Marcus	62	Flying Fish	2:35.00
2	50482 @^IM	Chen, Heqiang	61	Sword Fish Club	2:45.00
3	26594 IAZ	Ching, Wai Kin	60	Sword Fish Club	3:02.00
4	37048 IAZ	Cheung, Wai Chuen Jimmy	61	Sword Fish Club	3:16.00
5	21023 IAZ	Ho, Kwong Ngai Eric	61	Sword Fish Club	3:20.00
6	13979	Lee, Sing Tim	63	Lai Tsun	3:30.00
7	40861 IAZ	Cheung, Chi Ming Rover	61	Sword Fish Club	3:30.00
8	40840 IAZ	Ng, Ka Yiu Karl	60	Diocesan School	3:40.00
9	50511 @^IM	Ye, Huanliang	61	Sword Fish Club	3:40.00
65-69					
1	06239	Chan, King Yuen	69	Lai Tsun	3:28.00
2	52302 @^IM	He, Jiaming	67	New Water Polo	3:30.00
3	52225 @^IM	Chen, Shengyou	68	New Water Polo	3:33.00
4	45199 #IAZ	Fok, Siu Por	66	New Water Polo	3:45.00
5	15527	Zhou, Hao	66	Tung Sing	3:45.00
6	06331 ICZ	Ma, Etienne	67	YMCA OF Hong Kong	3:45.00
70-74					
1	06268	Tse, Kwok Piu	73	Sword Fish Club	2:50.00
2	50503 @^IM	Feng, Bingkun	73	Sword Fish Club	3:30.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

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70-74... (Event 9 Men 200 LC Meter Freestyle)

3 26318 Suen, Chi Wing 70 Sword Fish Club 3:45.00

75-79

1 51227 @^IM Liang, Shuntian 75 Sword Fish Club 2:49.00

Event 10 Women 200 LC Meter Freestyle

18-24 MSR: 2:16.66

25-29 MSR: 2:16.55

30-34 MSR: 2:23.47

35-39 MSR: 2:13.59

40-44 MSR: 2:13.70

45-49 MSR: 2:28.14

50-54 MSR: 2:32.26

55-59 MSR: 2:50.45

60-64 MSR: 2:55.64

65-69 MSR: 3:27.53

	ID#	Name	Age	Team	Seed Time
18-24					
1	23105 IAZ	Ho, Cheuk Wai	23	Dik Wing	2:19.50
2	37318 IAO	Chio, Yi Lan	21	Dik Wing	2:30.50
3	25461 B	Wong, Tsz Wan	21	Compass	3:25.00
25-29					
1	09959 IAZ	Mok, Hoi Man Sheron	29	New Water Polo	2:19.00
2	18350 #IAZ	Lam, Nga Yin Eunice	28	Fastlane Swimming	2:50.00
3	29564 IAZ	Ng, Wai Ying Megan	28	Flying Fish	3:15.00
4	50379 @^ICO	Kuai, Wen	25	Kwun Tong	3:25.00
30-34					
1	50922 @ICO	Hughes, Christine Virginia	33	LRC	2:18.63
2	01262	Mau, Lok Yan Eunice	31	Current Club Ltd	2:32.29
3	01441	Yeung, Hiu Ching Judy	33	New Water Polo	3:25.00
35-39					
1	02685 ICZ	Master, Farah Jimmy	39	HK Football Club	2:20.00
2	47086 @ICX	Miao, Amy	35	Barracuda	3:15.00
3	00085	Yu, Pei En Priscilla	35	Current Club Ltd	3:25.00
40-44					
1	42712 IAZ	Chan, Hiu Ying	40	Real Kinetic	3:12.00
2	50515 IAZ	Cheung, Hiu Yan	42	Sword Fish Club	3:40.00
45-49					
1	49442 IAZ	Chan, Yuk Man Phoebe	45	Sword Fish Club	2:40.00
2	08977	Ho, Yee Yun Rosalind	45	Current Club Ltd	3:21.44
3	06315	Chan, Sui Yee	48	LRC	3:40.00
50-54					
1	52996 IAX	Shum, Yim	53	Current Club Ltd	2:45.00
2	38302 IAZ	Cheung, Man Ling Melody	52	Lai Tsun	3:10.00
3	36431 @^P	Buchta, Katrin	54	Sword Fish Club	3:25.00
4	35969 IAX	Wang, Ying Lian	52	Tung Sing	3:25.70
5	31395 IAZ	Chan, Pui Ling	54	Flying Fish	3:30.00
6	28770 IAZ	Cromwell, Nicole Samantha	52	LRC	3:40.00
7	47040 @IAX	Zou, Shengling	53	Tung Sing	3:50.00
55-59					
1	23323 IAZ	Tam, Choi Ping Scalene	59	New Water Polo	3:40.00
2	36045 IAZN	Hsu, Ava	57	LRC	3:40.00
60-64					
1	43595	Ao, Wai Lan	62	Sword Fish Club	3:30.00
2	41423 IAZ	Chiu, Pauline	62	Tung Sing	3:40.00

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60-64... (Event 10 Women 200 LC Meter Freestyle)

3	45187 IAX	Chan, On Mei	61	Sword Fish Club	3:55.00
65-69					
1	03503	Castka, Gillian Hancer	68	Sword Fish Club	3:30.00
2	19290 IAX	Tseung, Nga Wah	67	Sword Fish Club	3:40.00
80-84					
1	06372 IAZ	Leung, Mabel Yuen Ying	82	Sword Fish Club	4:10.00

Event 11 Men 50 LC Meter Butterfly

18-24 MSR:	26.27
25-29 MSR:	26.21
30-34 MSR:	26.54
35-39 MSR:	26.46
40-44 MSR:	26.85
45-49 MSR:	27.47
50-54 MSR:	27.94
55-59 MSR:	30.04
60-64 MSR:	30.60
65-69 MSR:	33.20

ID#	Name	Age	Team	Seed Time
18-24				
1	22513 IAZ	Tang, Cheuk Yan	24 Kwun Tong	27.00
2	27411 IAZ	Siu, Ka Hang	20 Sword Fish Club	27.05
3	22276 B	Chong, Michael Yat Tsun	23 Sword Fish Club	27.25
4	53228 @^IM	Hou, Pu	22 Sword Fish Club	28.00
5	22816 IAZ	Cheung, Tsz Nok	21 Dik Wing	28.52
6	53260 @^IM	Zhang, Nuo	20 New Water Polo	29.00
7	33975 B	Wong, Hoi Yi Ryan	19 Sword Fish Club	29.04
8	30694 #IAZ	Cheung, Chi Kit Nicholas	19 Wong Tai Sin	30.00
9	53273 @^IM	Yang, Weicong	20 New Water Polo	31.00
10	27205 P	Chan, Yan Shing	22 Current Club Ltd	32.00
11	24827 IAZ	Li, Ernest	22 Golden Dolphin	34.00
12	22532 #IAZ	Ma, Chun Pong Angus	24 Diocesan School	40.00
13	30966 #B	Ng, Yat Hei	19 Eastern Winter	50.00
25-29				
1	04579 IAO	Cheng, Chris	27 HK Football Club	26.50
2	40333 IAZ	Lam, Pak Lai	27 Flying Fish	30.00
3	23695 IAZ	Lee, Michael Le Jin	29 Current Club Ltd	33.23
4	15390 B	Lau, Yat Fung	25 Diocesan School	35.00
5	26574 IAZ	Kwan, Leong Chun	29 Sword Fish Club	45.00
30-34				
1	04637 IBZ	Kwan, Yui Hang	31 Current Club Ltd	27.36
2	02021 IBZ	Chow, Man Ho	34 Kwan Hung	27.75
3	47043 IAZ	Lam, Pak Lun	30 Flying Fish	30.00
4	43276 ICO	Gattegno, Julien	32 Fastlane Swimming	32.00
5	53257 @^IM	Qin, Minglei	30 New Water Polo	33.00
6	33387 IAO	Wu, Kenneth Yee Lok	33 Sword Fish Club	33.00
7	03312 IAZ	Li, Yun Sing	34 Diocesan School	34.00
8	01728	Cheung, Wai Lun William	33 Diocesan School	35.00
9	52752 @ICO	Hardy-Lachance, Thierry	32 Fastlane Swimming	38.00
10	53272 @^IM	Xu, Rui	34 New Water Polo	45.00
11	12389 B	Li, Chun Ting	32 Eastern Winter	50.00
35-39				
1	03667 IBZ	Wong, Sai Man Sherman	35 New Water Polo	28.00
2	01621 IBZ	So, Man Hon	36 Fastlane Swimming	28.00

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35-39... (Event 11 Men 50 LC Meter Butterfly)

3	14527 IBZ	Ho, Chun Ting Timothy	35 New Water Polo	28.20
4	28529 IAO	Wright, Henry Thomas	37 Barracuda	29.00
5	27874 IAZ	Chan, Cheuk Man	36 New Water Polo	29.00
6	03717 IBZ	Yeung, Ka Ho	37 Dik Wing	30.96
7	00385	Cheng, Pong Man Reuben	35 Flying Fish	31.00
8	50188 @^P	Chu, Yuan Hun	35 Fastlane Swimming	33.00
9	23298 IAZ	Li, Cheuk Bun	39 Wong Tai Sin	34.00
10	42367 IAO	Chow, Chun Yin	38 Diocesan School	35.00
11	49926 IAZ	Au, Siu Ting	35 Crest Ray	NT

40-44

1	46248 @ICO	O' Neill, Donal Thomas	44 LRC	26.91
2	44769 ICO	Sharp, Braedon	41 HK Football Club	28.00
3	39981 IAZ	Mui, Ho Chuen	44 Sword Fish Club	30.34
4	48666 @ICO	Upman, David Ross	40 Fastlane Swimming	32.00
5	49498 @IAO	Dunwoody, Ross William	43 LRC	32.18
6	10317	Ng, Ka Wing	44 Diocesan School	35.00
7	49027 IAZ	Ng, Fung Kei	44 Sword Fish Club	39.00
8	03793 ICZ	Po, Tik San	42 New Water Polo	40.00

45-49

1	51734 @^ICO	Small, Robert James	45 Fastlane Swimming	29.00
2	49497 @ICO	Macceod, Andrew Ian	45 LRC	29.22
3	16451	Cheng, Ngai Bun	46 Kwun Tong	38.00
4	41887 IAZ	Woo, Cheuk Yiu Jeffrey	49 YMCA OF Hong Kong	40.00
5	04238	Woo, Chun Kuen Douglas	46 LRC	NT

50-54

1	10264 #IAO	Faiola, Jeff Alan	53 Island Stingrays	29.18
2	39203 IAX	Lau, Hang	50 Sword Fish Club	31.00
3	06711	Leung, Tsz Kin	52 New Water Polo	32.71
4	06310	Chan, Fung Sun	51 Kwun Tong	33.00
5	21008 IAZ	Cheung, Chun Kwan Michael	51 Wong Tai Sin	35.00
6	26053 IAZ	Wong, Yee Keung	53 Flying Fish	37.13
7	02366	Li, Ka Wing	50 Kwun Tong	38.00
8	26821 IAZ	Chan, Kwok Chi	53 Sword Fish Club	38.00
9	03372	Lau, Allan	51 Sword Fish Club	38.00
10	06338 IAZ	Wong, Ka Fai	50 Sword Fish Club	38.00
11	40835 IAZ	Leung, Wing Hong Alvin	50 Diocesan School	44.00

55-59

1	43144	Xiao, Donghong	58 New Water Polo	32.00
2	32253 IAZ	Watt, Kam Sing Michael	57 Fastlane Swimming	33.00
3	41548 IAZ	Ip, Ka Keung Patrick	56 HK Football Club	37.00
4	53271 @^IM	Chen, Weizhong	55 New Water Polo	39.00
5	05138	Lanzone, Francesco	56 Barracuda	40.00
6	53303 IAZ	Au, Kwok Wai	56 Kwun Tong	40.00
7	42202	Rong, Kangwen	57 Sword Fish Club	40.00
8	18856 IAZ	Au, Mun Shing	59 Sword Fish Club	48.00
9	17701 IAZ	Lee, Chor Fu	55 Wong Tai Sin	49.00

60-64

1	05191	Koo, Yu Fat Marcus	62 Flying Fish	33.00
2	50514 @^IM	Ye, Jinkun	62 Sword Fish Club	37.00
3	41007 IAZ	So, Man Sing	63 Sea Green	38.00
4	39982 IAZ	Chow, Wing Chun	60 Sword Fish Club	39.00
5	24256 IAW	Lok, Wai Man	61 New Water Polo	40.00
6	26594 IAZ	Ching, Wai Kin	60 Sword Fish Club	43.34
7	43199	Chen, Zhong Qiu	62 Sword Fish Club	47.00

24-25 LC Master Swimming Competition Part 2 - 28/04/2024

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60-64... (Event 11 Men 50 LC Meter Butterfly)

8	45930 #IAZ	Lo, Wing Kwong	63	Tung Sing	55.00
9	50485 #@^IM	Chen, Shuquan	61	New Water Polo	1:00.00

65-69

1	03215 #IAZ	Leung, Yiu Chuen	66	Tung Sing	37.41
2	42191	Lin, Haichao	67	Sword Fish Club	38.00
3	53106 @^IM	Huang, Xiaogang	65	Sword Fish Club	40.00
4	53276 @^IM	Liu, Mingzheng	67	New Water Polo	49.00
5	06187	Kan, Kai Kwong	69	Sea Green	50.00
6	15527	Zhou, Hao	66	Tung Sing	55.00
7	43598 #@^IM	Chen, Weicai	67	New Water Polo	59.00
8	06331 ICZ	Ma, Etienne	67	YMCA OF Hong Kong	NT

70-74

1	36553 IAO	Inglis, Peter	70	HK Football Club	37.00
2	06382	Chan, Kam Por	72	Sword Fish Club	40.00
3	52549 IAZ	Lam, Tak On	70	Sword Fish Club	44.00
4	06243	Koo, Choi Fat	74	Wong Tai Sin	52.00
5	20634 IAZ	Wu, Shu Sun	74	New Water Polo	55.00
6	10252	Chow, Eugene	73	Diocesan School	1:00.00

75-79

1	51227 @^IM	Liang, Shuntian	75	Sword Fish Club	38.00
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80-84

1	06270	Lam, Luk Kan	83	Sword Fish Club	1:10.00
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85-89

1	05407	Lee, She Kwok	86	Sword Fish Club	1:05.00
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Event 12 Women 50 LC Meter Butterfly

18-24 MSR:	29.61
25-29 MSR:	29.30
30-34 MSR:	30.25
35-39 MSR:	30.58
40-44 MSR:	30.39
45-49 MSR:	29.02
50-54 MSR:	32.53
55-59 MSR:	36.39
60-64 MSR:	37.47
65-69 MSR:	41.78

	ID#	Name	Age	Team	Seed Time
18-24					
1	23105 IAZ	Ho, Cheuk Wai	23	Dik Wing	30.50
2	34922 B	Ma, Wing Sum	20	Sword Fish Club	31.00
3	31206 B	Wong, Hor Kiu	19	Sword Fish Club	33.00
4	28242 IAZ	Hang, Kwan Tung Ruby	22	Dik Wing	36.50
5	30970 B	Tam, Wing Yan	20	Keung Sung	NT
25-29					
1	26980 IAZ	Wong, Suet Wing	25	Dik Wing	34.50
2	29564 IAZ	Ng, Wai Ying Megan	28	Flying Fish	36.00
30-34					
1	01262	Mau, Lok Yan Eunice	31	Current Club Ltd	30.73
2	03730 IBZ	Li, Jamie	32	Kwan Hung	34.00
3	50922 @ICO	Hughes, Christine Virginia	33	LRC	39.00
4	01441	Yeung, Hiu Ching Judy	33	New Water Polo	40.00
5	52066 @^IM	Liang, Biyu	30	New Water Polo	45.00
35-39					
1	00288 IBZ	Yip, Wing Yan	36	Dik Wing	29.50

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35-39... (Event 12 Women 50 LC Meter Butterfly)

2	26745	Chen, Yangyang	39	LRC	32.32
3	49524 @IAO	Lau, Maggie Y	37	Flying Fish	38.00
4	47086 @ICX	Miao, Amy	35	Barracuda	45.00

40-44

1	01625 #ICZ	Wu, Ka Ming	42	HK Football Club	35.00
2	42712 IAZ	Chan, Hiu Ying	40	Real Kinetic	37.00
3	52180 IAZ	Leung, Man Kee	40	Fastlane Swimming	38.99
4	49329 @IAO	Ng, Carmen C M	40	Pacific	40.00
5	52215 @^P	Li, Yunfen	42	New Water Polo	50.00

45-49

1	46247 @IAO	Krkalo, Shauna Kathleen	46	LRC	29.02
2	49442 IAZ	Chan, Yuk Man Phoebe	45	Sword Fish Club	34.18
3	08977	Ho, Yee Yun Rosalind	45	Current Club Ltd	42.11

50-54

1	38302 IAZ	Cheung, Man Ling Melody	52	Lai Tsun	45.00
2	09870 @ICO	Chong, Yin Szu Adeline	54	Fastlane Swimming	50.00

55-59

1	53261 @^IM	Deng, Yu	56	New Water Polo	44.00
2	53227 @^IM	Lu, Fang	56	Sword Fish Club	44.00
3	37062 IAZ	Lee, E Way Yvonne	58	Kowloon Tong Club	47.48
4	16303	Rana, Naomi	58	LRC	49.43
5	26254 IAX	Ng, Kong Ching	59	New Water Polo	50.00
6	43102 ICO	Roberts, Tonya Leanne	56	LRC	51.00
7	49429 #IAZ	Choy, Yee Ling Elina Elain	55	Fastlane Swimming	53.00
8	36045 IAZN	Hsu, Ava	57	LRC	1:03.79

60-64

1	51472 @IM	Pang, Yunxiao	60	New Water Polo	44.00
2	26049 IAZ	Kirkwood, Tain Mhaira	61	LRC	46.00
3	22428 IAZ	Lau, Yuk Lin Rocky	62	Sea Green	55.00
4	50490 @^IM	Liang, Yanling	60	Sword Fish Club	56.00
5	51787 @^IM	Li, Weiwei	63	Sword Fish Club	58.00
6	38289 IAZ	Ng, Wai Lin Angie	60	Sword Fish Club	58.00
7	34668 IAZ	Tang, Pik Ha	64	New Water Polo	59.00
8	45187 IAX	Chan, On Mei	61	Sword Fish Club	1:07.00

65-69

1	49914 @IAXB	Ng, Yee Man	65	New Water Polo	47.00
2	52109 @^IM	Wang, Yan	68	Sword Fish Club	47.00
3	19290 IAX	Tseung, Nga Wah	67	Sword Fish Club	48.00
4	06355	Lo, Lai Yung	69	New Water Polo	55.00
5	03503	Castka, Gillian Hancer	68	Sword Fish Club	55.00
6	25237 IAZ	Yu, Chi Seung	66	New Water Polo	1:15.00
7	16533	Wong, Shun Ying	65	Sea Green	1:18.00

70-74

1	39357 @^P	Mak, Sok Iun	74	Sword Fish Club	1:10.00
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75-79

1	08936	Leong, Kuai Heng	78	New Water Polo	57.00
2	02365	Chow, So Kam	79	Kwun Tong	1:20.00

80-84

1	06372 IAZ	Leung, Mabel Yuen Ying	82	Sword Fish Club	1:26.00
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24-25 LC Master Swimming Competition Part 2 - 28/04/2024

Psych Sheet

Event 13 Men 4x50 LC Meter Medley Relay

- 100-119 MSR: 1:49.32
- 120-159 MSR: 1:54.76
- 160-199 MSR: 1:53.94
- 200-239 MSR: 2:03.19
- 240-279 MSR: 2:19.80
- 280-319 MSR: 2:36.85
- 320-359 MSR: 3:30.63

	Team	Relay	Seed Time
100-119... (Event 13 Men 4x50 LC Meter Medley Relay)			
1	Diocesan School Old Boys' Assn	M100 A	NT
120-159			
1	Ladies' Recreation Club	M120 A	NT
2	New Water Polo Club	M120 A	NT
3	Sword Fish Club	M120 A	NT
4	Fastlane Swimming	M120 A	NT
5	Diocesan School Old Boys' Assn	M120 A	NT
6	Hong Kong Football Club	M120 A	NT
7	Eastern Winter Swimming Assn	M120 A	NT
160-199			
1	HK Flying Fish Athletic Assn	M160 A	NT
2	Ladies' Recreation Club	M160 A	NT
3	Lai Tsun Swimming Society	M160 A	NT
4	New Water Polo Club	M160 A	NT
5	Sword Fish Club	M160 A	NT
6	Fastlane Swimming	M160 A	NT
7	Diocesan School Old Boys' Assn	M160 A	NT
200-239			
1	Wong Tai Sin District L.S. S.	M200 A	2:40.00
2	HK Flying Fish Athletic Assn	M200 A	NT
3	Ladies' Recreation Club	M200 A	NT
4	Lai Tsun Swimming Society	M200 A	NT
5	New Water Polo Club	M200 A	NT
6	Sword Fish Club	M200 A	NT
7	Fastlane Swimming	M200 A	NT
8	Diocesan School Old Boys' Assn	M200 A	NT
9	Hong Kong Football Club	M200 A	NT
240-279			
1	Tung Sing Athletic Association	M240 A	2:45.00
2	Ladies' Recreation Club	M240 A	NT
3	New Water Polo Club	M240 A	NT
4	Sword Fish Club	M240 A	NT
5	Sea Green Swimming & L.S. C	M240 A	NT
6	Diocesan School Old Boys' Assn	M240 A	NT
280-319			
1	Lai Tsun Swimming Society	M280 A	NT
2	New Water Polo Club	M280 A	NT
3	Sword Fish Club	M280 A	NT
4	Sea Green Swimming & L.S. C	M280 A	NT
5	Diocesan School Old Boys' Assn	M280 A	NT
320-359			
1	Sword Fish Club	M320 A	NT

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Psych Sheet

Event 14 Women 4x50 LC Meter Medley Relay

- 100-119 MSR: 2:19.21
- 120-159 MSR: 2:10.92
- 160-199 MSR: 2:10.35
- 200-239 MSR: 2:32.48
- 240-279 MSR: 2:48.90
- 280-319 MSR: 3:21.30

	Team	Relay	Seed Time
100-119... (Event 14 Women 4x50 LC Meter Medley Relay)			
1	New Water Polo Club	W100 A	NT
120-159			
1	Ladies' Recreation Club	W120 A	NT
2	New Water Polo Club	W120 A	NT
3	Sword Fish Club	W120 A	NT
4	Fastlane Swimming	W120 A	NT
160-199			
1	Current Club Ltd	W160 A	NT
2	HK Flying Fish Athletic Assn	W160 A	NT
3	Ladies' Recreation Club	W160 A	NT
4	New Water Polo Club	W160 A	NT
5	Sword Fish Club	W160 A	NT
6	Fastlane Swimming	W160 A	NT
7	Hong Kong Football Club	W160 A	NT
200-239			
1	Ladies' Recreation Club	W200 A	NT
2	New Water Polo Club	W200 A	NT
3	Sword Fish Club	W200 A	NT
240-279			
1	Ladies' Recreation Club	W240 A	NT
2	New Water Polo Club	W240 A	NT
3	Sword Fish Club	W240 A	NT
280-319			
1	New Water Polo Club	W280 A	NT
2	Sword Fish Club	W280 A	NT

Event 15 Mixed 4x50 LC Meter Freestyle Relay

- 100-119 MSR: 1:51.20
- 120-159 MSR: 1:48.72
- 160-199 MSR: 1:46.49
- 200-239 MSR: 1:55.82
- 240-279 MSR: 2:15.69
- 280-319 MSR: 2:25.20
- 320-359 MSR: 3:38.22

	Team	Relay	Seed Time
X120-159			
1	Current Club Ltd	X120 A	NT
2	Ladies' Recreation Club	X120 A	NT
3	New Water Polo Club	X120 A	NT
4	Sword Fish Club	X120 A	NT
5	Fastlane Swimming	X120 A	NT
6	Hong Kong Football Club	X120 A	NT
X160-199			
1	Wong Tai Sin District L.S. S.	X160 A	2:40.00
2	Barracuda Swimming Club	X160 A	NT

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X160-199... (Event 15 Mixed 4x50 LC Meter Freestyle Relay)

3	HK Flying Fish Athletic Assn	X160	A	NT
4	Ladies' Recreation Club	X160	A	NT
5	Lai Tsun Swimming Society	X160	A	NT
6	New Water Polo Club	X160	A	NT
7	Sword Fish Club	X160	A	NT
8	Fastlane Swimming	X160	A	NT

X200-239

1	Tung Sing Athletic Associatio	X200	A	2:28.00
2	HK Flying Fish Athletic Assn	X200	A	NT
3	Ladies' Recreation Club	X200	A	NT
4	New Water Polo Club	X200	A	NT
5	Sword Fish Club	X200	A	NT
6	Fastlane Swimming	X200	A	NT
7	Hong Kong Football Club	X200	A	NT

X240-279

1	Ladies' Recreation Club	X240	A	NT
2	New Water Polo Club	X240	A	NT
3	Sword Fish Club	X240	A	NT

X280-319

1	New Water Polo Club	X280	A	NT
2	Sword Fish Club	X280	A	NT

X320-359

1	Sword Fish Club	X320	A	NT
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