

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF WORLD AQUATICS)
(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2024-25 Short Course Masters Swimming Competition (Part 1)

二零二四至二五年短池先進游泳比賽第一部份

22 September 2024 (Sun)

二零二四年九月二十二日(日)

**Shing Mun Valley
Swimming Pool**

城門谷游泳池

Subvented by the LCSD



2024-2025 MSSCP1 - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 200 Breaststroke	59
2	Women 200 Breaststroke	29
3	Men 50 Freestyle	138
4	Women 50 Freestyle	84
5	Men 25 Breaststroke	115
6	Women 25 Breaststroke	69
7	Men 50 Backstroke	71
8	Women 50 Backstroke	59
9	Men 100 IM	144
10	Women 100 IM	82
11	Men 25 Butterfly	145
12	Women 25 Butterfly	86
13	Men 4x25 Medley Relay	57
14	Women 4x25 Medley Relay	38
15	Men 50 Breaststroke	108
16	Women 50 Breaststroke	58
17	Men 100 Freestyle	99
18	Women 100 Freestyle	47
19	Mixed 4x25 Freestyle Relay	47

Total **1535**

Entry information by Day		
Day / Session	No. of Entries	Total
A.M.	624	1535
P.M.	911	

Short Course Masters Swimming Competition – Part 1

短池先進游泳比賽 – 第一部份

Date: 22-09-2024 (Sunday)

Venue: Shing Mun Valley Swimming Pool 城門谷游泳池

Morning Warm up/熱身: 0900 – 0950 Hrs

Morning First Event/開始: 1000 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN				WOMEN
1	200 M	Breaststroke	蛙泳	2
3	50 M	Freestyle	自由泳	4
5	25 M	Breaststroke	蛙泳	6
7	50 M	Backstroke	背泳	8
Lunch Break 午膳時間				
9	100 M	Individual Medley	個人四式	10
11	25 M	Butterfly	蝶泳	12
13	4 x 25 M	Medley Relay	四式接力	14
15	50 M	Breaststroke	蛙泳	16
17	100 M	Freestyle	自由泳	18
19	4 x 25 M	Mixed Freestyle Relay	男女混合 自由接力	

二零二四至二五年香港先進游泳比賽系列

比賽規程

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2024-2025 年度先進組別泳員。2024-25 年註冊費為港幣\$100 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 每名泳員可參加不多於 3 項個人項目。 ◇ 每項報名費為港幣\$15 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每位泳員於每項接力項目只能參加一個年齡組別。如泳員參加多於一個年齡組別，該泳員所參與的接力項目成績將會被取消。 ◇ 各隊所有運動員需依照所屬屬會提交的接力表上次序比賽，如運動員沒有依照接力表上的次序比賽，該隊成績將會被取消。 ◇ 每項報名費為港幣\$15 元正。 <p>支票請劃線，抬頭寫 HKGSA。</p>
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於比賽截止報名 21 日前辦妥。(以泳總的公佈為準) *(包括轉會註冊)
項目：	請參閱項目表。 所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
接力：	◇ 接力名單須於 比賽日 12 時前遞交 。
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 每次“缺席”的罰款為港幣\$30 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。
線道安排：	◇ 所有參加者，將不按年齡，而是跟據其提交的報名時間作編組，唯成績將按泳員所屬的組別分別處理。
獎項：	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ *個人項目前八名可分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分 ◇ *接力首八名得分為 18, 14, 12, 10, 8, 6, 4, 2。(年齡 18-24 組除外) ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。
規則：	◇ 比賽採用世界泳聯的規則。

	<ul style="list-style-type: none"> ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF”（未能完成比賽）。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。 ◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下： <ul style="list-style-type: none"> <u>第一次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。 <u>第二次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。 <u>第三次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。 <p style="text-align: center;"><u>違規記錄於一個財政年度清算(由 4 月 1 日起至 3 月 31 日)</u></p>												
<p>工作人員安排：</p>	<ul style="list-style-type: none"> ◇ 各參賽屬會需派出以下工作人員數量： <table border="1" data-bbox="270 885 919 1193" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="padding: 5px;">參賽人數</th> <th style="padding: 5px;">需要提供工作人員數量</th> <th style="padding: 5px;">最多可派出工作人員數量</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">5 至 14 人</td> <td style="padding: 5px;">1</td> <td style="padding: 5px;">4</td> </tr> <tr> <td style="padding: 5px;">15 至 24 人</td> <td style="padding: 5px;">2</td> <td style="padding: 5px;">4</td> </tr> <tr> <td style="padding: 5px;">25 人或以上</td> <td style="padding: 5px;">3</td> <td style="padding: 5px;">4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ◇ 如屬會不能提供所需工作人員數量，有關屬會將於下個比賽被罰停賽一次。 	參賽人數	需要提供工作人員數量	最多可派出工作人員數量	5 至 14 人	1	4	15 至 24 人	2	4	25 人或以上	3	4
參賽人數	需要提供工作人員數量	最多可派出工作人員數量											
5 至 14 人	1	4											
15 至 24 人	2	4											
25 人或以上	3	4											
<p>上訴：</p>	<ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的 30 分鐘內，連同上訴費港幣\$200 元遞交予總裁判。 ◇ 上訴會交由該比賽之上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。 												

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2024-25

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ All competitors must be 2024-25 registered masters (MS) swimmers of HKGSA (2024-25 Registration Fee: HK\$100 per swimmer) ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2024-25 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$15 per individual event <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ Each swimmer is only allowed to participate in one age group of each relay event. If swimmer race in two or more age group relay, concerned team result shall be disqualified. ※ The composition of a relay team must be the same order to the submitted relay form. Any club failed to follow the same order will result in disqualified. ※ HK\$15 per team per relay event. <p>Paid by cheque. Crossed cheque made payable to 'HKGSA'.</p>
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKGSA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKGSA) *(Including Transfer Registration)
Event list	Please see attached event lists. Events will be run as timed finals.

Age Group	<p>※ Age is calculated as at 31 December of the year of the competition.</p> <p>Individual Events</p> <p>※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over</p> <p>Relay Events</p> <p>※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</p>																		
Relay	<p>※ Relay entry form must be submitted before 1200hours on the competition day.</p>																		
Scratches	<p>※ Scratches must be submitted 30 minutes before the scheduled start time of each session.</p> <p>※ A fine of \$30 will be charged for each “no show”. Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.</p>																		
Seeding	<p>※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.</p>																		
Awards	<p>※ Medals will be awarded to 1st, 2nd and 3rd places.</p> <p>※ *Point score for first 8 places respectively (exclude Age 18-24 Group):</p> <table border="1" data-bbox="301 1028 951 1105"> <tr> <td>Individual</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>Relay</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <p>※ *Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.</p>	Individual	9	7	6	5	4	3	2	1	Relay	18	14	12	10	8	6	4	2
Individual	9	7	6	5	4	3	2	1											
Relay	18	14	12	10	8	6	4	2											

<p>Rules</p>	<p> ※ World Aquatic rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as “DNF” (Did not Finish). ※ Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards. ※ Swimmers shall not replace the swimmers on the swimmers list without HKASA’s permission, represented clubs will be punished as follows: <u>First time of violation</u> A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given. <u>Second time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women’s relay events will not be given. <u>Third time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events during the competition will not be given and respective club shall be suspended from the next competition. <u>Violation would be counted within one financial year, i.e. (starting from 1st April and ending 31st March)</u> </p>												
<p>Official Arrangement</p>	<p> ※ Clubs would need to provide the below number of officials for the competition: </p> <table border="1" data-bbox="298 1377 951 1708"> <thead> <tr> <th>Swimmer(s) attend the competition</th> <th>Minimum Numbers of Official need to provide</th> <th>Maximum Numbers of Official could be provided</th> </tr> </thead> <tbody> <tr> <td>5-14</td> <td>1</td> <td>4</td> </tr> <tr> <td>15-24</td> <td>2</td> <td>4</td> </tr> <tr> <td>25 or more</td> <td>3</td> <td>4</td> </tr> </tbody> </table> <p> ※ Clubs will be suspended from the next competition if failed to fulfil the requirement. </p>	Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided	5-14	1	4	15-24	2	4	25 or more	3	4
Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided											
5-14	1	4											
15-24	2	4											
25 or more	3	4											

Protest	<ul style="list-style-type: none">※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200.※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final.※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.
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* Not apply to Overseas Competitors.

Hong Kong Masters Swimming Competition Series 2024-25

Rules & Regulations for Overseas Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2024-2025 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <u>Individual Events</u> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$20.00 per individual event <u>Relay Events</u> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ HK\$30.00 per team per relay event. <p>Paid by cheque ONLY. Crossed cheque made payable to 'HKGSA'.</p>
Closing Date for Entries	1 month before the 1 st date of competition of each meet.
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<ul style="list-style-type: none"> ※ Age is calculated as at 31 December of the year of the competition. <u>Individual Events</u> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over <u>Relay Events</u> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399

Relay	<ul style="list-style-type: none"> ※ Relay entry form must be submitted before 1200hours on the competition day.
Scratches	<ul style="list-style-type: none"> ※ Scratches must be submitted 30 minutes before the scheduled start time of each session. ※ Relay entry form must be submitted before 1200hours on the competition day.
Seeding	<ul style="list-style-type: none"> ※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.
Awards	<ul style="list-style-type: none"> ※ Medals will be awarded to 1st, 2nd and 3rd places. Separate medals will be awarded to overseas swimmers.
Rules	<ul style="list-style-type: none"> ※ World Aquatic rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish).
Protest	<ul style="list-style-type: none"> ※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2023-24 Short Course Masters Swimming Competition - Part 2)

MEN 25M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	90-94	0:25.01	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LEE SHE KWOK	SFC	85-89	0:20.91	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
FU TAI CHUN	KTS	80-84	0:19.48	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
TAM WING SING	NWC	75-79	0:15.46	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
TIN SHEUNG KWAI	NWC	70-74	0:14.08	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
TIN SHEUNG KWAI	SFC	65-69	0:13.62	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
CHAN KIN YUEN	SFC	60-64	0:13.07	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
WAI CHRIS TAK WING	NWC	55-59	0:13.12	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
WONG KWOK WAH	KHC	50-54	0:11.73	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
*NORTJE CRAIG ANDREW	#FB	45-49	0:12.08	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
NORTJE CRAIG ANDREW	#FB	40-44	0:11.52	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
POON DERRICK GENE-MING	*FL	35-39	0:11.19	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
CHOW SIK HANG	NWC	30-34	0:10.97	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHENG HEI MAN	#DB	25-29	0:10.70	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
*CHUI YU HIN	PSC	18-24	0:11.33	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24

WOMEN 25M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	80-84	0:18.80	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	SFC	75-79	0:19.23	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
BAI XIUFEN	SFC	70-74	0:17.91	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
TSEUNG NGA WAH	SFC	65-69	0:15.96	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:14.74	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:14.12	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
YAMAGUCHI MIKA	#FL	50-54	0:13.51	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
*KRKALO SHAUNA KATHLEEN	LRC	45-49	0:12.43	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
MATSUDA, HITOMI	SFC	40-44	0:13.37	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LAU HOK LAM	PSC	35-39	0:13.60	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
MOK WING YAN	CLT	30-34	0:13.14	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
*MOK HOI MAN SHERON	NWC	25-29	0:12.78	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
*CHAN TSZ CHING	*FL	18-24	0:12.73	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24

MEN 50M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	90-94	0:53.15	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LEE MING	SFC	85-89	0:45.70	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LEE MING	SFC	80-84	0:43.06	Short Course Masters Open Swimming Championships 2010	17-Jan-10
FU TAI CHUN	KTS	75-79	0:34.15	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
TSE KWOK PUI	SFC	70-74	0:32.12	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
FU TAI CHUN	KTS	65-69	0:29.43	Short Course Masters Swimming Championships 2003	15-Feb-03
*NG WAI FUNG	SFC	60-64	0:28.37	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
WONG KWOK WAH	KHC	55-59	0:25.67	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
WONG KWOK WAH	KHC	50-54	0:25.42	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
RUST STEFAN ROBERT	LRC	45-49	0:25.64	2015-16 Short Course Masters Swimming Competition - Part 1	01-Nov-15
FU WING HARBETH	KTS	40-44	0:24.50	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
*SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:23.79	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
FU WING HARBETH	KTS	30-34	0:23.80	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
CHUNG LAI YEUNG	#DB	25-29	0:23.20	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
KONG CHUN YIN	HVA	18-24	0:23.45	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 50M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	85-89	1:07.96	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
TAI LI HUA	SFC	80-84	0:45.12	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	SFC	75-79	0:44.41	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
BAI XIUFEN	SFC	70-74	0:40.08	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
TSEUNG NGA WAH	SFC	65-69	0:34.64	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:32.72	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
*LAI SHUI NIN INGRID	YMC	55-59	0:32.08	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
*YAMAGUCHI MIKA	*FL	50-54	0:28.83	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:27.28	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:27.54	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
YIP WING YAN	DWA	35-39	0:27.70	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
ZHANG XIAO TONG ISABELLA	*FL	30-34	0:27.03	Hong Kong Age Group Short Course Swimming Championships	28-May-23
*MOK HOI MAN SHERON	NWC	25-29	0:27.04	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
*CHAN TSZ CHING	*FL	18-24	0:27.01	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2023-24 Short Course Masters Swimming Competition - Part 2)

MEN 100M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
LING WANG YAM	WDS	85-89	2:12.57	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
LEE MING	SFC	80-84	1:39.86	2010-11 Short Course Masters Swimming Championships - Part 1	16-Oct-10
LAM LIT KWAN	LTS	75-79	1:34.01	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
TSE KWOK PIU	NWC	70-74	1:11.04	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
MA ETIENNE	SFC	65-69	1:06.03	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
HO ROBERT YAU CHUNG	LRC	60-64	1:03.67	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
MA ETIENNE	YMC	55-59	1:01.39	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
RUST STEFAN ROBERT	LRC	50-54	0:57.63	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
NORTJE CRAIG ANDREW	#FB	45-49	0:57.04	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
O'NEILL DONAL THOMAS	LRC	40-44	0:54.46	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:52.96	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
BEAHAN GRANT KENNETH	BSC	30-34	0:54.17	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEE MAN TIM	HTA	25-29	0:52.91	Hong Kong Age Group Short Course Swimming Championships	27-May-23
WONG SING TSUN DEREK	CUC	18-24	0:53.96	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 100M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	85-89	2:37.90	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
LEUNG MABEL YUEN YING	SFC	80-84	2:21.37	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
WONG JIM	SFC	75-79	1:53.52	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
SAM CHOI LIN	SFC	70-74	1:48.91	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
TSEUNG NGA WAH	SFC	65-69	1:24.13	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
KIRKWOOD TAIN MHAIRA	SFC	60-64	1:15.74	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:14.61	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YAMAGUCHI MIKA	#FL	50-54	1:04.56	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
YAMAGUCHI MIKA	#FL	45-49	1:04.90	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
KRKALO SHAUNA KATHLEEN	LRC	40-44	1:02.37	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
KELSEY JANE MACFARLAND	LRC	35-39	1:01.44	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
ZHANG XIAO TONG ISABELLA	*FL	30-34	1:00.06	Hong Kong Age Group Short Course Swimming Championships	27-May-23
MOK HOI MAN SHERON	NWC	25-29	1:00.33	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
MAU LOK YAN EUNICE	CUC	18-24	1:01.93	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

MEN 200M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
YIM KAM WING	NWC	80-84	3:47.42	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
LEE MING	SFC	75-79	3:29.45	Short Course Masters Open Swimming Championships 2007	04-Mar-07
*TSE KWOK PIU	SFC	70-74	2:48.99	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
MA ETIENNE	YMC	65-69	2:30.72	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
HO ROBERT YAU CHUNG	LRC	60-64	2:27.89	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
MA ETIENNE	YMC	55-59	2:19.34	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
MA ETIENNE	YMC	50-54	2:19.05	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
*STAMENOVIC IVAN	LRC	45-49	2:07.85	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
*FONG LIK SUN	#FB	40-44	2:03.75	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
*SMIT MARCEL PIETER ARNOLD	*FL	35-39	1:59.11	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
CHOW KEVIN TZE HO	SCA	30-34	2:06.50	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LAU CHUN LEUNG JOHNNY	KHC	25-29	1:58.61	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
LUI CHUN YIN	DLS	18-24	1:59.50	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15

WOMEN 200M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	80-84	5:11.28	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
*SUEN MING CHU	SFC	75-79	3:55.54	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
SUEN MING CHU	SFC	70-74	3:33.59	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
*TSEUNG NGA WAH	SGC	65-69	3:17.42	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
*KIRKWOOD TAIN MHAIRA	LRC	60-64	2:51.60	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	2:45.79	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDIA ANNE	LRC	50-54	2:33.29	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
*KRKALO SHAUNA KATHLEEN	PSC	45-49	2:21.00	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
KELSEY JANE MACFARLAND	LRC	40-44	2:14.12	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
KELSEY JANE MACFARLAND	LRC	35-39	2:12.81	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
*HUGHES CHRISTINE VIRGINIA	LRC	30-34	2:18.63	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
MOK HOI MAN SHERON	NWC	25-29	2:11.92	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
CHOW SIN HANG	KTS	18-24	2:19.51	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2023-24 Short Course Masters Swimming Competition - Part 2)

MEN 25M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
FU TAI CHUN	SFC	80-84	0:24.48	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
*TANG SHAN	SFC	75-79	0:19.81	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
TIN SHEUNG KWAI	NWC	70-74	0:17.13	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
TIN SHEUNG KWAI	KTS	65-69	0:16.43	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
CHAN KIN YUEN	KTS	60-64	0:16.42	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
HO ROBERT YAU CHUNG	LRC	55-59	0:15.76	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
XIE JIANGHONG	SFC	50-54	0:14.85	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
RUST STEFAN ROBERT	LRC	45-49	0:14.84	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
NORTJE, CRAIG ANDREW	#FB	40-44	0:14.15	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LAM YAU SUN DICKSON	#DB	35-39	0:13.26	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
*CHUNG LAI YEUNG	#DB	30-34	0:12.90	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
CHEUNG YAU MING	#DB	25-29	0:11.98	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
CHEUNG YAU MING	#DB	18-24	0:12.46	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19

WOMEN 25M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	80-84	0:24.02	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	SFC	75-79	0:26.44	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	KTS	70-74	0:24.58	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
BAI XIUFEN	SFC	65-69	0:19.49	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
*LEUNG VERA	*FL	60-64	0:19.37	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
LEUNG WAI FAN	KTS	55-59	0:17.86	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDA ANNE	LRC	50-54	0:16.27	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
*TAM ALISON MAI LING	*FL	45-49	0:16.14	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
LAKE AMBER ROBYN	LRC	40-44	0:16.08	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
CHEN YANGYANG	LRC	35-39	0:15.71	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHAN WING SUET	CKW	30-34	0:15.12	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
*MOK HOI MAN SHERON	NWC	25-29	0:14.80	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
LAM SUET	HKP	18-24	0:15.19	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17

MEN 50M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	85-89	1:09.13	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
MAK HEI CHI	SGC	80-84	0:57.47	Short Course Masters Open Swimming Championships 2009	18-Jan-09
LAM LIT KWAN	LTS	75-79	0:48.18	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
FU TAI CHUN	KTS	70-74	0:42.19	Short Course Masters Open Swimming Championships 2007	04-Mar-07
WONG CHEUK YIN	FWC	65-69	0:39.06	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
NGAI WING FOOK	KTS	60-64	0:35.84	Short Course Masters Swimming Championships 2003	15-Feb-03
HO ROBERT YAU CHUNG	LRC	55-59	0:33.42	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
JOHNSON ERIC ANDREW	LRC	50-54	0:31.06	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
JOHNSON ERIC ANDREW	LRC	45-49	0:30.51	Short Course Masters Open Swimming Championships 2009	18-Jan-09
O'NEILL DONAL THOMAS	LRC	40-44	0:27.54	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LAM YAU SUN DICKSON	#DB	35-39	0:28.05	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LAM YAU SUN DICKSON	#DB	30-34	0:28.15	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LEE MAN TIM	HTA	25-29	0:27.00	Hong Kong Age Group Short Course Swimming Championships	28-May-23
LEUNG WING KEI	CUC	18-24	0:27.55	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11

WOMEN 50M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	85-89	1:40.83	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
WONG JIM	SFC	80-84	1:03.64	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
WONG JIM	SFC	75-79	0:58.66	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
BAN XIUFEN	SFC	70-74	0:43.96	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LO LAI YING	SFC	65-69	0:48.47	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
NG YEE MAN	SFC	60-64	0:42.43	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
LAI SHUI NIN INGRID	YMC	55-59	0:40.46	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
COGGINS LYNDA ANNE	LRC	50-54	0:35.04	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LAKE AMBER ROBYN	LRC	45-49	0:34.31	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
TAM ALISON MAI LING	#FL	40-44	0:33.27	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
TSANG TING YAN TANIA	LRC	35-39	0:33.43	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
CARPENTER LINHN THUC LUONG	LRC	30-34	0:32.19	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
MOK HOI MAN SHERON	NWC	25-29	0:30.94	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
FONG SIN YI	KTS	18-24	0:32.59	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12

HONG KONG MASTERS SWIMMING RECORDS

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(Update to 2023-24 Short Course Masters Swimming Competition - Part 2)

MEN 25M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
HO SHUI ON	KRS	85-89	0:25.42	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
HO SHUI ON	KRS	80-84	0:25.64	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
TIN SHEUNG KWAI	NWC	75-79	0:18.88	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
TIN SHEUNG KWAI	NWC	70-74	0:17.28	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHAN KAM POR	SFC	65-69	0:16.85	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
NG WAI FUNG	SFC	60-64	0:16.00	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
WATT KAM SING MICHAEL	*FL	55-59	0:15.51	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
WATT KAM SING MICHAEL	KTC	50-54	0:15.09	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
WAN LAP SUN	FWC	45-49	0:14.68	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
LEUNG SIU KIN PHILIP	LTS	40-44	0:13.97	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
POON DERRICK GENE-MING	*FL	35-39	0:13.76	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
WONG CHUN YAN	HTA	30-34	0:13.55	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YUEN MARCUS	LRC	25-29	0:13.27	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
CHEUNG CHI KIT NICHOLAS	WDS	18-24	0:12.89	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23

WOMEN 25M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	80-84	0:24.09	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
TAI LI HUA	LTS	75-79	0:22.48	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
WONG JIM	SFC	70-74	0:24.24	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:22.60	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
TSANG NGA WAH	SFC	60-64	0:21.03	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LEE WAI YEE STELLA	HFS	55-59	0:21.00	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
LEUNG WAI FAN	KTS	50-54	0:17.63	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
YAMAGUCHI MIKA	SFC	45-49	0:17.66	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
YAMAGUCHI MIKA	SFC	40-44	0:18.04	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
YAU LOK LAM VAN	RSC	35-39	0:16.60	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
TU PUI YEE	HKP	30-34	0:16.31	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LI TSZ YU	NWC	25-29	0:15.75	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LI TSZ YU	HFS	18-24	0:16.84	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

MEN 50M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	90-94	1:21.29	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHI LIEH YUNG	SFC	85-89	1:01.03	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHAM KAM	SFC	80-84	0:53.46	Short Course Masters Open Swimming Championships 2009	18-Jan-09
*TIN SHEUNG KWAI	NWC	75-79	0:42.52	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
YONG KHIN SYN	SFC	70-74	0:40.23	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
YONG KHIN SYN	SFC	65-69	0:37.04	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
FU TAI CHUN	KTS	60-64	0:36.15	Short Course Masters Swimming Championships 1997	22-Feb-97
WATT KAM SING MICHAEL	*FL	55-59	0:34.39	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
SIEH TIEN YU	KTS	50-54	0:33.32	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
YEW SING MING KELVIN	SFC	45-49	0:30.99	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
IMAI, RYOSUKE	PSC	40-44	0:28.91	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LO JONATHAN KA YAN	LRC	35-39	0:30.71	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
WONG CHUN YAN	HTA	30-34	0:29.76	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LAM CHEUK YIN	FWC	25-29	0:29.15	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHEUNG CHI KIT NICHOLAS	WDS	18-24	0:28.11	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23

WOMEN 50M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
HO PO YEE	WDS	85-89	1:41.84	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
WONG JIM	SFC	80-84	1:04.76	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
SUEN MING CHU	SFC	75-79	0:57.54	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
LEUNG WONG YIN HAR HAYLEY	SGC	70-74	0:55.19	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:49.83	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEUNG WAI FAN	KTS	60-64	0:39.01	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
LEUNG WAI FAN	KTS	55-59	0:38.71	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
LEUNG WAI FAN	KTS	50-54	0:37.68	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:33.86	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:34.87	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
PANG WAN YIU SNOWIE VERONIC	FWC	35-39	0:37.14	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LIU KA LEI	KTS	30-34	0:35.44	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LEE WAI SZE	NWC	25-29	0:35.73	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
IP RAINBOW	FFA	18-24	0:34.80	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2023-24 Short Course Masters Swimming Competition - Part 2)

MEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:35.25	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
CHAN KAM	SFC	80-84	2:19.76	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
WONG CHIU SHUN	SFC	75-79	1:52.16	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
CHAN KAM POR	SFC	70-74	1:31.45	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
CHAN KAM POR	SFC	65-69	1:23.71	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
CHAN KAM POR	SGC	60-64	1:23.13	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
*WATT KAM SING MICHAEL	*FL	55-59	1:18.20	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
WATT KAM SING MICHAEL	KTS	50-54	1:15.62	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
YEW SING MING KELVIN	SFC	45-49	1:08.66	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
IMAI, RYOSUKE	PSC	40-44	1:03.04	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KWOK HO TIN	NWC	35-39	1:07.79	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
KWOK HO TIN	NWC	30-34	1:05.84	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LAM CHEUK YIN	FWC	25-29	1:05.86	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
*CHEUNG CHI KIT NICHOLAS	WDS	18-24	1:01.05	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24

WOMEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:12.86	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
SUEN MING CHU	SFC	70-74	1:53.64	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	1:50.27	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
*KIRKWOOD TAIN MHAIRA	LRC	60-64	1:37.39	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:31.00	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDA ANNE	LRC	50-54	1:25.41	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
*KRKALO SHAUNA KATHLEEN	LRC	45-49	1:15.81	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
MATSUDA HITOMI	SFC	40-44	1:17.56	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LIU KA LEI	KTS	35-39	1:19.36	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
MORRISON RUTH	LRC	30-34	1:19.10	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LIU KA LEI	KTS	25-29	1:20.71	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
HO CHEUK WAI	DWA	18-24	1:22.13	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23

MEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG YUEN YING	KRS	85-89	8:26.57	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
CHAN KAM	SFC	80-84	4:43.82	Short Course Masters Open Swimming Championships 2009	18-Jan-09
MAK HEI CHI	SGC	75-79	4:01.31	Short Course Masters Swimming Championships 2005	06-Mar-05
CHAN KAM POR	SFC	70-74	3:29.53	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
CHAN KAM POR	SFC	65-69	3:09.33	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KOO YU FAT MARCUS	FFA	60-64	3:00.95	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
AU MUN SHING	SFC	55-59	2:56.00	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
SIEH TIEN YU	KTS	50-54	2:43.57	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
JONES SIMON	LRC	45-49	2:44.84	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
FONG LIK SUN	#FB	40-44	2:30.19	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LO JONATHAN KA YAN	LRC	35-39	2:34.06	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
KWOK HO TIN	NWC	30-34	2:26.54	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YUEN MARCUS	LRC	25-29	2:25.14	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
CHEUNG CHI KIT NICHOLAS	WDS	18-24	2:17.08	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23

WOMEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	5:03.90	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
SUEN, MING CHU	SFC	70-74	4:02.83	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	3:59.49	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	3:48.33	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
KIRKWOOD TAIN MHAIRA	KTS	55-59	3:26.68	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
COGGINS LYNDA ANNE	LRC	50-54	3:12.28	2015-16 Short Course Masters Swimming Competition - Part 1	01-Nov-15
COGGINS LYNDA ANNE	LRC	45-49	3:11.08	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
CHEUNG MAN YIU	SGC	40-44	3:14.03	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
CHEUNG MAN YIU	SGC	35-39	3:24.76	2011-12 Short Course Masters Swimming Competition - Part 1	21-Sep-14
HUGHES CHRISTINE VIRGINIA	LRC	30-34	2:53.75	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
LEE WAI SZE	NWC	25-29	2:49.49	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
MOK KA KA JANIS	#FL	18-24	2:53.53	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2023-24 Short Course Masters Swimming Competition - Part 2)

MEN 25M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
YIM KAM WING	NWC	80-84	0:20.99	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
TIN SHEUNG KWAI	NWC	75-79	0:16.49	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
LECKIE STUART	LRC			2015-16 Short Course Masters Swimming Competition - Part 1	01-Nov-15
CHO WAI SUN	*FL	70-74	0:16.31	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
INGLIS PETER	#FB	65-69	0:15.38	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
HO ROBERT YAU CHUNG	LRC	60-64	0:14.48	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
WONG KWOK WAH	KHC	55-59	0:12.59	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
TSANG YI MING	SMC	50-54	0:12.80	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
NORTJE CRAIG ANDREW	#FB	45-49	0:12.65	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
LEWIS GARETH RHYS	LRC	40-44	0:12.40	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YAN HO CHUN	#DB	35-39	0:11.90	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
BEAHAN GRANT KENNETH	BSC	30-34	0:12.01	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KONG CHUN YIN	FWC	25-29	0:11.99	2015-16 Short Course Masters Swimming Competition - Part 1	01-Nov-15
KONG CHUN YIN	HVA	18-24	0:11.89	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 25M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
TAILI HUA	SFC	80-84	0:25.47	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
SUEN MING CHU	SFC	75-79	0:22.23	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
SUEN MING CHU	SFC	70-74	0:20.34	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
TSEUNG NGA WAH	SFC	65-69	0:17.31	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:15.47	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:15.59	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
YAMAGUCHI MIKA	#FL	50-54	0:14.54	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
PAZOS CHRISTENA MARIA	LRC	45-49	0:14.90	2015-16 Short Course Masters Swimming Competition - Part 1	01-Nov-15
TAM ALISON MAI LING	#FL	40-44	0:14.84	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YIP WING YAN	DWA	35-39	0:13.80	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
CHAN WING SUET	CKW			2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
YIP WING YAN	DWA	30-34	0:13.87	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
LI WING YAN	THS	25-29	0:13.80	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
IP RAINBOW	FFA	18-24	0:13.82	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21

MEN 50M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
MAK HEI CHI	SGC	80-84	0:58.69	Short Course Masters Open Swimming Championships 2007	04-Mar-07
*TIN SHEUNG KWAI	NWC	75-79	0:46.76	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
CHAN KAM POR	SFC	70-74	0:37.48	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
FU TAI CHUN	KTS	65-69	0:33.04	Short Course Masters Swimming Championships 2003	15-Feb-03
HO ROBERT YAU CHUNG	LRC	60-64	0:31.69	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
FU TAI CHUN	KTS	55-59	0:29.97	Short Course Masters Swimming Championships 1993	06-Feb-93
SIEH TIEN YU	KTS	50-54	0:28.61	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
YEW SING MING KELVIN	SFC	45-49	0:27.89	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
O'NEILL DONAL THOMAS	LRC	40-44	0:26.40	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
*SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:26.47	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
WANG TIMOTHY JONG	LRC	30-34	0:25.93	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
LEE MAN TIM	HTA	25-29	0:25.38	Hong Kong Age Group Short Course Swimming Championships	27-May-23
LUI CHUN YIN	DLS	18-24	0:26.29	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15

WOMEN 50M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
*SUEN MING CHU	SFC	75-79	0:52.81	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
SUEN MING CHU	SFC	70-74	0:47.96	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
TSEUNG NGA WAH	SFC	65-69	0:42.59	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:35.69	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:37.05	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
*YAMAGUCHI MIKA	*FL	50-54	0:32.36	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:29.99	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
TAM ALISON MAI LING	PSC	40-44	0:32.64	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
*YIP WING YAN	DWA	35-39	0:30.39	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
CHAN WING SUET	CKW	30-34	0:30.53	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
NG KA MAN	SFC	25-29	0:28.88	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
*CHAN TSZ CHING	*FL	18-24	0:28.88	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2023-24 Short Course Masters Swimming Competition - Part 2)

MEN 100M INDIVIDUAL MEDLEY

				NAME OF MEET	DATE ACHIEVED
YIM KAM WING	NWC	80-84	1:58.33	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
CHEUNG TSAN	SFC	75-79	1:41.33	Short Course Masters Swimming Championships 2004	15-Feb-04
TIN SHEUNG KWAI	NWC	70-74	1:25.49	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHAN KAM POR	SFC	65-69	1:18.72	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
KOO YU FAT MARCUS	FFA	60-64	1:15.43	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
KOO YU FAT MARCUS	FFA	55-59	1:13.19	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
JOHNSON ERIC ANDREW	LRC	50-54	1:07.05	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
NORTJE CRAIG ANDREW	#FB	45-49	1:04.92	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
IMAI, RYOSUKE	PSC	40-44	0:59.78	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
SMIT MARCEL PIETER ARNOLD	*FL	35-39	1:02.22	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
YAN HO CHUN	NWC	30-34	1:01.12	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHEUNG YAU MING	#DB	25-29	0:58.17	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
CHEUNG YAU MING	#DB	18-24	0:57.30	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19

WOMEN 100M INDIVIDUAL MEDLEY

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:21.31	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
SUEN MING CHU	SFC	75-79	1:53.60	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
SUEN MING CHU	SFC	70-74	1:46.53	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
SUEN MING CHU	SFC	65-69	1:41.95	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:29.45	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
POON WAI FUN	SGC	55-59	1:20.27	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
YAMAGUCHI MIKA	*FL	50-54	1:13.03	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
KRKALO SHAUNA KATHLEEN	LRC	45-49	1:10.31	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
MATSUDA HITOMI	SFC	40-44	1:11.54	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KELSEY JANE MACFARLAND	LRC	35-39	1:13.09	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
ZHANG XIAO TONG ISABELLA	*FL	30-34	1:09.47	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
MOK HOI MAN SHERON	NWC	25-29	1:08.67	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
AU HIU PUI	*GW	18-24	1:07.92	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19

MEN 4 X 25M FREESTYLE RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	1:24.17	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
*SWORD FISH CLUB	SFC	280+	1:00.69	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
SWORD FISH CLUB	SFC	240+	0:54.51	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
FASTLANE SWIMMING	#FL	200+	0:51.47	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
LADIES' RECREATION CLUB	LRC	160+	0:46.94	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
*DIOCESAN SCHOOL OLD BOYS' ASSOCIATION	#DB	120+	0:44.07	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
DIOCESAN SCHOOL OLD BOYS' ASSOCIATION	#DB	100+	0:44.62	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23

WOMEN 4 X 25M FREESTYLE RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	1:11.72	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
SWORD FISH CLUB	SFC	240+	1:06.99	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
*FASTLANE SWIMMING	*FL	200+	1:01.20	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
LADIES' RECREATION CLUB	LRC	160+	0:55.11	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
*LADIES' RECREATION CLUB	LRC	120+	0:53.26	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
NEW WATER POLO CLUB	NWC	100+	0:54.79	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

MEN 4 X 25M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	1:42.53	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
SWORD FISH CLUB	SFC	280+	1:10.13	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
SWORD FISH CLUB	SFC	240+	1:02.52	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
HONG KONG FOOTBALL CLUB	#FB	200+	0:57.55	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
LADIES' RECREATION CLUB	LRC	160+	0:54.39	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
DIOCESAN SCHOOL OLD BOYS' ASSOCIATION	#DB	120+	0:49.39	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
DIOCESAN SCHOOL OLD BOYS' ASSOCIATION	#DB	100+	0:49.78	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21

WOMEN 4 X 25M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	1:41.68	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
SWORD FISH CLUB	SFC	240+	1:16.20	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LADIES' RECREATION CLUB	LRC	200+	1:07.31	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
LADIES' RECREATION CLUB	LRC	160+	1:02.16	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
LADIES' RECREATION CLUB	LRC	120+	0:59.65	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
NEW WATER POLO CLUB	NWC	100+	1:02.35	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

MIXED 4 X 25M FREESTYLE RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	1:31.09	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
SWORD FISH CLUB	SFC	280+	1:08.26	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
SWORD FISH CLUB	SFC	240+	1:00.03	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
FASTLANE SWIMMING	#FL	200+	0:55.25	2022-23 Short Course Masters Swimming Competition - Part 1	04-Sep-22
FASTLANE SWIMMING	#FL	160+	0:51.28	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
FASTLANE SWIMMING	*FL	120+	0:48.57	2023-24 Short Course Masters Swimming Competition - Part 1	17-Sep-23
NEW WATER POLO CLUB	NWC	100+	0:48.19	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

MIXED 4 X 25M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	1:46.78	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
SWORD FISH CLUB	SFC	280+	1:13.69	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
SWORD FISH CLUB	SFC	240+	1:07.08	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23
*LADIES' RECREATION CLUB	SFC	200+	0:59.27	2023-24 Short Course Masters Swimming Competition - Part 2	28-Jan-24
LADIES' RECREATION CLUB	LRC	160+	0:55.70	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23

*: Pending for Masters Swimming Committee's Ratification

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2023-24 Short Course Masters Swimming Competition - Part 2)

<u>*HONG KONG FOOTBALL CLUB</u>	<u>#FB</u>	<u>120+</u>	<u>0:56.06</u>	<u>2023-24 Short Course Masters Swimming Competition - Part 2</u>	<u>28-Jan-24</u>
TOLO HARBOUR SWIMMING TRAINING SOCIETY	THS	100+	0:56.20	2022-23 Short Course Masters Swimming Competition - Part 2	11-Feb-23

2024-2025 Short Course Masters Swimming Competition (Part 1)**Reject List**

No.	Name	Event	Club	Remarks
1	Mak Ho Yan	2	EWS	No Reg
2	Tsui Sau Woon Beatrice	16, 18	FFA	Registered by HTA 23-24
3	Lee E Way Yvonne	18	KTC	More Than Limited Entries
4	Cheung Ting Fan	3, 5	KTS	No Reg
5	Yeung Hiu Wa	4, 8	SFC	No Reg
6	Ma Mya Mya Kyu	4, 18	SFC	No Reg
7	Huang Ying	4, 8, 12	SFC	No Reg
8	Zhuo Enqi	2, 4, 12	*TM	No Reg
9	Miao Chenglin	3, 11	*TM	No Reg
10	Tong Hui Yan	2	#CR	Record slower than QT
11	Lau Yat Fung	9	#DB	More Than Limited Entries

24-25 Master SC Swi Comp P1 - 22/09/2024

Psych Sheet

Event 1 Men 200 SC Meter Breaststroke

18-24 MSR: 2:17.08

25-29 MSR: 2:25.14

30-34 MSR: 2:26.54

35-39 MSR: 2:34.06

40-44 MSR: 2:30.19

45-49 MSR: 2:44.84

50-54 MSR: 2:43.57

55-59 MSR: 2:56.00

60-64 MSR: 3:00.95

65-69 MSR: 3:09.33

	ID#	Name	Age	Team	Seed Time
18-24					
1	24279 IAZ	Au, Chung Yin	24	Kwun Tong	2:40.00
2	24053 B	Po, Hin Hang	21	Kwan Hung	2:50.00
3	40782 IAZ	Chan, Ho Long	19	Current Club Ltd	2:51.49
4	53273 @^IM	Yang, Weicong	20	New Water Polo	3:20.00
5	53260 @^IM	Zhang, Nuo	20	New Water Polo	3:20.00
25-29					
1	53844 ICX	Wang, Yuehan	26	New Water Polo	2:50.00
2	13568 B	Choi, Yi Fai Sutton	27	Diocesan School	3:00.00
3	15390 B	Lau, Yat Fung	25	Diocesan School	3:00.00
4	23835 IAZ	Cheuk, Long Hin	26	Juan Hua Club	3:25.63
5	42362 IAZ	Leung, Kung Ming	28	YMCA OF Hong Kong	3:29.00
6	15423 IAZ	Cheung, Yau Ming	27	Diocesan School	3:30.00
30-34					
1	05577 IBZ	Yuen, Marcus	30	LRC	2:25.14
2	03978 #	Lau, Chun Sing	32	Eastern Winter	2:37.33
3	10221 IBZ	Tam, Ka Ho Ricky	33	Hong Kong Police	3:03.00
35-39					
1	02591	Luk, Wing Kin Andy	35	Kwan Hung	2:30.00
2	01539 IBZ	Lee, Yeung Darwin	35	Fire Services	2:45.00
3	39190 IAZ	Lee, Ka Lun	35	New Water Polo	3:00.00
4	52309 @^IM	Shi, Liang	39	Flying Dragon	3:04.75
5	00444	Lam, Yau Sun Dickson	39	Diocesan School	3:30.00
40-44					
1	06960 ICZ	Lau, Yan Kid	40	Fire Services	2:50.00
2	44298 IAZ	Tong, Lik Lam	40	Pacific	2:50.00
3	05155	Chan, Albert Kam Ming	43	Diocesan School	3:45.00
45-49					
1	17961 ICO	Jones, Simon	48	LRC	2:44.84
2	53312 IAZ	Tang, Tin Lok Stephen	48	Win Tin	3:10.00
3	24603 IAZ	Hung, Ka Ming	49	YMCA OF Hong Kong	3:40.00
4	40834 IAZ	Chang, Hsi Tse JosephJeremy	45	Diocesan School	3:43.00
5	05160	Chan, Ka Wo	47	Diocesan School	3:45.00
6	40841 IAX	Tsang, Kwok Tung	45	Diocesan School	3:45.00
50-54					
1	25592 IAZ	Cheung, Wai Kei	52	Flying Fish	3:06.35
2	26317 IAZN	Tung, Shang Wei Timothy	54	Kwun Tong	3:14.46
3	47461 #IAZ	Tse, Ka Fai	50	Crest Ray	3:45.00
4	27459 IAZ	Lui, Wing Tak Victor	50	Diocesan School	3:45.00
55-59					
1	32253 IAZ	Watt, Kam Sing Michael	57	Fastlane Swimming	2:48.00

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55-59... (Event 1 Men 200 SC Meter Breaststroke)

2	18856 IAZ	Au, Mun Shing	59	Sword Fish Club	3:02.00
3	05139	Lin, Fulong	57	Flying Fish	3:30.00
4	53581 IAO	Shi, Bertram Emil	58	Fastlane Swimming	3:40.00
5	38291 IAZ	Liu, Chun Sing	58	Sword Fish Club	3:45.00
6	35711 IAX	Wong, Fuk Kei	55	Sword Fish Club	3:45.00

60-64

1	05191	Koo, Yu Fat Marcus	62	Flying Fish	3:05.00
2	50511 @^IM	Ye, Huanliang	61	Sword Fish Club	3:30.00
3	40592 IAZ	Fo, Pui Keung	60	Hong Kong Police	3:37.95
4	32108 IAX	Chan, Kiu	62	Sword Fish Club	3:50.00
5	50782 @IAX	Pang, Shu Ming	63	Sea Green	3:50.00
6	10135 #IAZ	Mo, Kim Fung Bosco	60	Diocesan School	4:00.00
7	43199	Chen, Zhong Qiu	62	Sword Fish Club	4:00.00
8	25226 IAZ	Choi, Tai Wing	63	Sword Fish Club	4:00.00

65-69

1	49915 @IAX	Tai, Yu Chung	66	New Water Polo	3:40.00
2	06176	Wong, Kung Wan	68	Sea Green	3:50.00
3	36725 IAZ	Yau, Wai	65	Sea Green	3:50.00

70-74

1	50503 @^IM	Feng, Bingkun	73	Sword Fish Club	3:35.00
2	04504 IAO	Yura, Tadami	72	Sword Fish Club	3:50.00
3	25228 IAZ	Chan, Fai Ming	70	Lai Tsun	4:00.00
4	06388	Lau, Man Kin	70	Sword Fish Club	4:00.00
5	11563	Lee, Kwok Hung	71	Sword Fish Club	4:00.00
6	06192	Chu, Shui Yi	73	Sea Green	4:00.00
7	06243	Koo, Choi Fat	74	Wong Tai Sin	4:00.00

75-79

1	44793 IAZ	Iu, Pui To	77	Diocesan School	4:00.00
2	10274	Lau, Chun Nung	78	Lai Tsun	4:00.00
3	22182 IAZ	Ngai, Yin Leung	75	Sword Fish Club	4:00.00

Event 2 Women 200 SC Meter Breaststroke

18-24 MSR:	2:53.53
25-29 MSR:	2:49.49
30-34 MSR:	2:53.75
35-39 MSR:	3:24.76
40-44 MSR:	3:14.03
45-49 MSR:	3:11.08
50-54 MSR:	3:12.28
55-59 MSR:	3:26.68
60-64 MSR:	3:48.33
65-69 MSR:	3:59.49

ID#	Name	Age	Team	Seed Time
18-24				
1	31444 IAX	Tang, Hiu Tung	23 Pacific	3:18.46
2	53262 @^IM	Tang, Xiao	20 New Water Polo	3:30.00
25-29				
1	11418 P	Chan, Yuan Ting Janet	29 Fastlane Swimming	3:10.00
30-34				
1	52066 @^IM	Liang, Biyu	30 New Water Polo	3:40.00
35-39				
1	43489 @IAXN	Wehl Kwok, Hiu Chin June	38 LRC	3:25.00
2	46294 ICX	Lin, Shengzhu	36 New Water Polo	3:40.00
3	30316 IAZ	Ng, Yee Lam	39 Hong Kong Police	3:58.47

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40-44... (Event 2 Women 200 SC Meter Breaststroke)

1	47582 @IAX	Dong, Lei	42	South China	1:52.16
2	45041 IAZ	Fung, Cheuk Ching Candy	42	Hoi Fung	3:35.93
3	49329 @IAO	Ng, Carmen C M	40	Pacific	3:40.00
4	52816 IAZ	Leung, Siu Wan	43	Kornhill	3:55.00

45-49

1	06304 ICZ	Cheung, Man Yiu	45	Sea Green	3:30.00
2	30072 ICW	Chao, Man Chi	45	New Water Polo	3:39.89

50-54

1	27128 IAZ	Lau, Yan Yan	50	Flying Fish	3:48.40
2	45917 #@^IM	Huang, Caifang	50	New Water Polo	3:55.00
3	44304 IAX	Choi, Shan Shan	52	Sword Fish Club	3:55.00
4	06349	Ip, Oi Wa Wendy	52	Sword Fish Club	3:55.00
5	49204 IAZ	Cheng, Wai Man	53	Sea Green	3:55.00

55-59

1	23588 IAZ	Lee, Ying Chi	56	Tung Sing	3:55.00
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60-64

1	26049 IAZ	Kirkwood, Tain Mhaira	61	LRC	3:55.00
2	22428 IAZ	Lau, Yuk Lin Rocky	62	Sea Green	3:58.00
3	34668 IAZ	Tang, Pik Ha	64	New Water Polo	4:10.00
4	45187 IAX	Chan, On Mei	61	Sword Fish Club	4:10.00

65-69

1	49914 @IAXB	Ng, Yee Man	65	New Water Polo	3:40.00
2	23957 IAX	Yeung, Tun Lim Lily	67	Sword Fish Club	4:10.00
3	16533	Wong, Shun Ying	65	Sea Green	4:10.00
4	02711	Fok, Wai Fung	66	Wong Tai Sin	4:10.00

70-74

1	06150	Ho, Po Chu	73	South China	4:10.00
2	06147	Leung Wong, Yin Har Hayley	72	Sea Green	4:10.00

Event 3 Men 50 SC Meter Freestyle

18-24 MSR:	23.45
25-29 MSR:	23.20
30-34 MSR:	23.80
35-39 MSR:	23.79
40-44 MSR:	24.50
45-49 MSR:	25.64
50-54 MSR:	25.42
55-59 MSR:	25.67
60-64 MSR:	28.37
65-69 MSR:	29.43

ID#	Name	Age	Team	Seed Time
18-24				
1	20289 IAZ	22	Diocesan School	24.00
2	20968 B	23	Diocesan School	25.00
3	24576 IAZ	22	Diocesan School	25.00
4	30966 #B	19	Eastern Winter	25.00
5	24279 IAZ	24	Kwun Tong	25.00
6	22276 B	23	Sword Fish Club	25.25
7	22816 IAZ	21	Dik Wing	25.30
8	48045 IAZ	21	Kwun Tong	26.00
9	27411 IAZ	20	Sword Fish Club	26.00
10	25611 #B	20	Creative Youth	27.00
11	41976 IAZ	19	Creative Youth	27.00

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18-24... (Event 3 Men 50 SC Meter Freestyle)

12	32318 P	Li, Ho Yin	20 Creative Youth	27.00
13	40140 #IAZ	Li, Wing Yin	20 Creative Youth	27.00
14	54339 @IM	Yang, Xipeng	23 Sword Fish Club	27.00
15	19311 B	Tang, Ngo Chi	23 Win Tin	27.00
16	37171 IAZ	Wong, Wai Cheung	19 Current Club Ltd	28.01
17	31893 IAZ	Wong, Ka Ho Marco	23 Tung Sing	29.90
18	24827 IAZ	Li, Ernest	22 Golden Dolphin	35.00
19	27885 B	Ma, Chi Tak	21 Lpg Sports Limited	NT

25-29

1	26181 IAZ	Tsoi, Tsz Chun Jason	29 Fire Services	25.00
2	09964 IAZ	Lau, Chak Lam Nicholas	29 Diocesan School	26.00
3	15390 B	Lau, Yat Fung	25 Diocesan School	26.00
4	52161 @^IM	Wu, Zi Feng	25 New Water Polo	26.00
5	19210 B	Hung, Siu Ching Dickson	25 Sword Fish Club	27.00
6	23835 IAZ	Cheuk, Long Hin	26 Juan Hua Club	27.89
7	05617 B	Kan, Tsz Chung	29 Diocesan School	29.00
8	53925 @IM	Zhu, Yuchen	28 Sword Fish Club	29.00
9	50506 @^IM	Li, Gui	28 Sword Fish Club	45.00
10	15815	Lo, Ting Kin	28 Sea Green	NT

30-34

1	02113	Cheah, Geoffrey Robin	34 LRC	22.55
2	00749 B	Cheng, Ka Ki Kelvin	32 Kwan Hung	24.80
3	11447 IBZ	Fung, King Hong	33 Fire Services	25.00
4	04959 IBZ	Ma, Chi Wang Damien	30 Hong Kong Police	26.00
5	01728	Cheung, Wai Lun William	33 Diocesan School	28.00
6	51779 @ICX	Lin, Hang	31 South China	28.75
7	52515 IAZ	Leung, Kit Chung	31 Hong Kong Police	29.59
8	48637 IAZ	Leung, Shu Wing	31 New Water Polo	35.00
9	54336 IC0	Le, Bourgeois Antoine Ma	31 Sword Fish Club	36.00
10	43822 IAZ	Wong, Lu Yeung	34 Flying Fish	38.00
11	05854 IAZ	Cho, Wai Ching	33 Flying Fish	NT

35-39

1	51101 @ICO	Smit, Marcel Pieter Arnold	37 Fastlane Swimming	23.70
2	47580 #@IAO	Poon, Derrick Gene-ming	36 Kwan Hung	24.55
3	04187 IBZ	Fan, Kin Pong	38 Fire Services	25.00
4	22420 IAZ	Chan, Chi Ming	38 Kwun Tong	26.00
5	51511 @ICO	Bitterly, Thomas Bradford	38 New Water Polo	26.12
6	06602 IBZ	Yam, Chi Ching	35 Fire Services	27.00
7	50188 @^P	Chu, Yuan Hun	35 Fastlane Swimming	28.00
8	03713 IBZ	Tang, Chee Kit	38 Diocesan School	29.00
9	48667 @IRO	Wong, Dominic Clayton Joe	36 Fastlane Swimming	31.00
10	00115 IBZ	Lin, Wei Hung Kelvin	35 Diocesan School	33.00
11	32424 IAZ	Law, Tin Yiu	39 Hong Kong Police	34.00
12	32471 IAZ	Lam, Yu Fung Issac	37 Hong Kong Police	35.00

40-44

1	01591 ICZ	Fu, Wing Harbeth	44 Kwun Tong	24.50
2	06960 ICZ	Lau, Yan Kid	40 Fire Services	26.00
3	01645 ICZ	Alley, Thomas Gordon	41 HK Football Club	26.50
4	24266 IAZ	Ma, Ling Ho Herwin	41 Hong Kong Police	28.00
5	41147 IAZ	Mok, Lai Yeung Jason	40 Diocesan School	29.00
6	42708 IAZ	Tang, Wing Chung Jonathan	42 Hoi Fung	29.32
7	42024 IAZ	Tang, Cheuk Hang	40 Current Club Ltd	29.50
8	09165	Cheung, Siu Fung	41 Lai Tsun	29.50
9	38121 IAZ	Cheung, Chi Yan Clifford	44 Sea Green	30.00

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40-44... (Event 3 Men 50 SC Meter Freestyle)

10	11587	Ng, Yu Hon	41	Sea Green	30.00
11	12873	Wan, Ka Fai	42	Sea Green	30.00
12	08964 #IAZ	Yeung, Wai Kam William	41	Tung Sing	30.00
13	53861 IAZ	Wong, Yu Ching Eugene	44	St. Joseph's Col	31.00
14	54383 IAX	Sun, Fei	40	Fastlane Swimming	35.00
15	03793 ICZ	Po, Tik San	42	New Water Polo	35.00
16	48856 @IAO	Gallearachie, Jeewantha Madu	40	Fastlane Swimming	38.00
17	40927 IAZ	Chu, Chun Sing	41	Golden Dolphin	39.00
18	53110 @^IM	Liang, Ge	43	Sword Fish Club	40.00
19	33415 IAZ	Chung, Michael Wai Kit	43	Tai PO	NT

45-49

1	49497 @ICO	Macceod, Andrew Ian	45	LRC	26.86
2	28849 IAZ	Chan, Chun Kuen	49	Sword Fish Club	30.00
3	37032 IAZ	Wu, Kai Wing	48	Wong Tai Sin	30.00
4	40841 IAX	Tsang, Kwok Tung	45	Diocesan School	31.00
5	40107 IAZ	Chan, Falcon	45	Lai Tsun	31.00
6	49543 IAZ	Mak, Darryl Kar Lun	46	Diocesan School	32.00
7	39987 @^P	Chu, Tong Man	48	Sword Fish Club	32.00
8	09895	Li, Kai Ming Kasu	46	Diocesan School	34.00
9	05144 IAZ	Tse, Chun Hei	45	Flying Fish	35.00
10	42028 #IAZ	Hung, Wai Kit	45	Flying Fish	NT

50-54

1	51107 @^P	Huang, Ying Tsang	54	Fastlane Swimming	28.00
2	39203 IAX	Lau, Hang	50	Sword Fish Club	28.00
3	31887 #IAZ	Ho, Michael Chak Sing	51	Tung Sing	28.03
4	02366	Li, Ka Wing	50	Kwun Tong	29.00
5	27451 IAZ	Yip, Kin Man Stephen	54	Kwun Tong	29.00
6	27868 IAZ	Chan, Chi Wah Ringo	52	Sword Fish Club	31.00
7	26821 IAZ	Chan, Kwok Chi	53	Sword Fish Club	31.00
8	40835 IAZ	Leung, Wing Hong Alvin	50	Diocesan School	34.00
9	49443 IAZN	Siu, Cheuk Kuen	52	Sword Fish Club	36.00
10	43200 @^IM	Li, Run Ke	54	Sword Fish Club	38.00
11	50404 @IAO	Livotto, Andrea	50	Fastlane Swimming	41.00
12	04184	Woo, Siu Ming William	53	Sword Fish Club	48.00
13	47461 #IAZ	Tse, Ka Fai	50	Crest Ray	NT
14	34769 IAZ	Tsang, Wing Hung	54	Flying Fish	NT

55-59

1	54197 IAZ	Wong, Yu Hon Johan	56	Kowloon Tong Club	25.67
2	54387 @IM	Chen, Xueyong	57	Sword Fish Club	32.00
3	42202	Rong, Kangwen	57	Sword Fish Club	32.00
4	53271 @^IM	Chen, Weizhong	55	New Water Polo	35.00
5	05139	Lin, Fulong	57	Flying Fish	36.94
6	42364 IAZ	Lau, Yip Kwong Francis	55	Diocesan School	38.00
7	50990 IAZ	Lo, Andrew On Yuet	59	LRC	38.55
8	06205	Cheung, Man Kwong	57	Fire Services	NT

60-64

1	50495 @^IM	Zhou, Liang	60	Sword Fish Club	29.00
2	15528	Tsui, Tak Shing Dominic	62	Fastlane Swimming	33.00
3	50485 #@^IM	Chen, Shuquan	61	New Water Polo	33.00
4	46092 @IAO	Munro, Gavin Malcolm	64	LRC	33.53
5	40861 IAZ	Cheung, Chi Ming Rover	61	Sword Fish Club	37.00
6	52148 @^IM	Li, Bingkun	63	Sword Fish Club	38.00
7	28339 IAZ	Yim, Chi Yiu	64	New Water Polo	39.00
8	39982 IAZ	Chow, Wing Chun	60	Sword Fish Club	40.00

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60-64... (Event 3 Men 50 SC Meter Freestyle)

9	41426 IAZ	Tang, Yu Hang Francis	63	Tung Sing	53.00
65-69					
1	05071	Choi, Tony	66	LRC	31.34
2	50662 @^P	Zong, Cheng	66	Sword Fish Club	32.00
3	14555 @IAX	Tang, Kon Leong	68	Sword Fish Club	33.00
4	17956 #IAZ	Chau, Kim Fai	67	Hong Kong Police	38.00
5	53918 @IM	Liu, Zhaohe	65	Sword Fish Club	38.00
6	06281	Fung, Kam Tai	69	Sword Fish Club	39.00
7	17954 IAX	Cheung, Oi Kwan	66	New Water Polo	40.00
8	52766 IAO	Dundon, Christopher John	66	LRC	41.66
9	20636 IAZ	Pang, Seung Chiu	65	Lai Tsun	44.00
10	44359 IAZ	Lee, Chi Wai	65	Kornhill	53.34
70-74					
1	06268	Tse, Kwok Piu	73	Sword Fish Club	33.00
2	06398	Cho, Wai Sun	71	Fastlane Swimming	33.30
3	41729 IAZ	Ko, Leung Hung Alex	72	Diocesan School	40.00
4	06389	Chan, Hong Wah	71	New Water Polo	40.00
5	52549 IAZ	Lam, Tak On	70	Sword Fish Club	40.00
6	06184	Ng, Pak Chiu	70	Sea Green	50.00
7	11563	Lee, Kwok Hung	71	Sword Fish Club	55.00
8	23123 IAZ	Poon, Wai	72	Sword Fish Club	55.00
75-79					
1	51227 @^IM	Liang, Shuntian	75	Sword Fish Club	32.00
2	23297 IAZ	Chan, Shing Chi	76	Lai Tsun	40.00
3	44756 IAZ	Lo, Che Hung	76	Lai Tsun	40.00
4	49541 @IAXN	Yang, Victor	79	Diocesan School	46.00
5	14029	Ieong, Vun Fai	78	Sword Fish Club	1:00.00
80-84					
1	27458 IAZ	Tsui, Yau Ho	80	Sword Fish Club	1:00.00
85-89					
1	05407	Lee, She Kwok	86	Sword Fish Club	54.00
2	15490	Law, Kwai Fong	88	Sword Fish Club	1:03.00

Event 4 Women 50 SC Meter Freestyle

18-24 MSR:	27.01
25-29 MSR:	27.04
30-34 MSR:	27.03
35-39 MSR:	27.70
40-44 MSR:	27.54
45-49 MSR:	27.28
50-54 MSR:	28.83
55-59 MSR:	32.08
60-64 MSR:	32.72
65-69 MSR:	34.64

	ID#	Name	Age	Team	Seed Time
18-24					
1	28694 B	Cheuk, Yuet Ying Phoebe	20	Sword Fish Club	28.81
2	41455 IAZ	Chan, Wing Yan	18	CYM	30.00
3	28242 IAZ	Hang, Kwan Tung Ruby	22	Dik Wing	30.80
4	25461 B	Wong, Tsz Wan	21	Compass	31.87
5	29466 IAZ	Hung, Yi Yan	23	New Water Polo	31.98
6	24746 B	Ho, Pui Chi	20	Sword Fish Club	32.00
7	54392 @P	Kininmonth, Victoria	20	Fastlane Swimming	32.50
8	49847 IAZ	Li, Ka Yu Karen	22	Pacific	34.00

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18-24... (Event 4 Women 50 SC Meter Freestyle)

9	54016 IAZ	Cheng, Hoi Man	19	Sword Fish Club	34.00
10	54382 IAZ	Chan, Yin Tsz	19	Lai Tsun	36.00
25-29					
1	11864 B	Chow, Tsz Hei	27	Crest Ray	27.00
2	09959 IAZ	Mok, Hoi Man Sheron	29	New Water Polo	28.00
3	49513 IAZ	To, Yan Wing	28	Crest Ray	33.00
4	23179 IAZ	Chan, Jessica	27	Fastlane Swimming	33.00
5	52699 @^IM	Liang, Yimin	27	Sword Fish Club	33.00
6	43597 @^IM	Su, Wenting	28	Sword Fish Club	35.00
7	22604 IAZ	Ng, Yuen Ying	25	Kwan Hung	1:00.00
30-34					
1	01262	Mau, Lok Yan Eunice	31	Current Club Ltd	28.55
2	15442 #IBZ	Cheong, Ka Ching	30	Kwan Hung	31.50
3	54337 ICO	Liu, LiYuan	31	Sword Fish Club	33.00
4	05347	Chui, Kit Man	34	Hong Kong Police	33.28
5	54108 IAZ	Ng, Esther Ching Hay	30	Fastlane Swimming	40.00
35-39					
1	02131	Tsang, Ting Yan Tania	38	LRC	30.18
2	54353 IAXN	Yeh, Grace Judy	39	Fastlane Swimming	32.50
3	01513 IAZ	Ngai, Sze Long	36	Hong Kong Police	33.97
4	43489 @IAXN	Wehl Kwok, Hiu Chin June	38	LRC	34.68
5	30316 IAZ	Ng, Yee Lam	39	Hong Kong Police	37.84
6	13384 ICZ	Lee, May Sze Mei	37	New Water Polo	48.00
7	48188 IAZ	Tang, Ho Tung Kathy	39	Csu	1:00.00
40-44					
1	38440 ICO	Eichelberger, Melissa Ann	41	Fastlane Swimming	28.77
2	49329 @IAO	Ng, Carmen C M	40	Pacific	32.00
3	52180 IAZ	Leung, Man Kee	40	Fastlane Swimming	32.84
4	53256 @^IM	Deng, Weina	41	New Water Polo	37.00
5	47561 IAZ	Leung, Tin Ho	40	Flying Fish	41.00
6	51099 IAZ	Wong, Jane Tsin	40	Fastlane Swimming	41.35
45-49					
1	40853 @IAO	Tam, Alison Mai Ling	46	Fastlane Swimming	31.00
2	50484 #@^IM	Ling, Yunying	45	New Water Polo	35.00
3	06315	Chan, Sui Yee	48	LRC	38.55
4	48028 IAZ	Chan, Wing Yi Winnie	49	Hong Kong Police	40.38
50-54					
1	33517 IAO	Yamaguchi, Mika	52	Fastlane Swimming	28.83
2	50110 IAZ	Chow, Yin Wei Nora	52	New Water Polo	36.00
3	09870 @ICO	Chong, Yin Szu Adeline	54	Fastlane Swimming	36.27
4	54335 @IM	Zou, Xiaohui	53	Sword Fish Club	42.00
5	47040 @IAX	Zou, Shengling	53	Tung Sing	44.00
6	44641 IAZ	Chan, Suk Yin	52	Sword Fish Club	53.00
7	52270 IAZ	Choi, Tak Ming	51	Pacific	55.00
8	36034 IAZ	Kwok, Kin Yee	51	Flying Fish	NT
55-59					
1	37062 IAZ	Lee, E Way Yvonne	58	Kowloon Tong Club	38.54
2	26254 IAX	Ng, Kong Ching	59	New Water Polo	40.00
3	43102 ICO	Roberts, Tonya Leanne	56	LRC	40.55
4	16303	Rana, Naomi	58	LRC	42.27
5	53014 IAZ	Koo, Wai Man Anne	57	Fastlane Swimming	42.50
6	36045 IAZN	Hsu, Ava	57	LRC	43.58
7	53267 IAZ	Leung, Hoi Lun Helen	58	New Water Polo	52.00
8	52884 IAZ	Tsang, Fung Chu	56	Pacific	55.00

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Psych Sheet

55-59... (Event 4 Women 50 SC Meter Freestyle)

9	52711 IAZ	Liu, Chi Yan Christine	58 Hilltop	1:15.00
10	35801 IAZ	Ho, Yuk Yi Carol	55 Flying Fish	NT
60-64				
1	43595	Ao, Wai Lan	62 Sword Fish Club	39.00
2	41423 IAZ	Chiu, Pauline	62 Tung Sing	39.00
3	51788 @^IM	Li, Yueying	61 Sword Fish Club	44.00
4	31750 IAZ	Cheung, Lai Ying Anita	61 Lai Tsun	48.00
5	05043	Wong, Kim Lan Ada	64 Flying Fish	51.64
6	20640 IAZ	Wong, Fung Yee	64 Sword Fish Club	58.00
7	54332 @IM	Guo, Yuping	60 New Water Polo	58.29
8	54331 @IM	Cao, Yuqin	60 New Water Polo	1:01.04
65-69				
1	52109 @^IM	Wang, Yan	68 Sword Fish Club	35.05
2	03503	Castka, Gillian Hancer	68 Sword Fish Club	41.00
3	51786 @^IM	Chen, Junying	66 Sword Fish Club	42.00
4	54367 ^@IM	Qiu, Xiuqun	68 Sword Fish Club	42.00
5	06355	Lo, Lai Yung	69 New Water Polo	45.00
6	07474 IAZ	Shing, Mei San	68 South China	48.37
7	06127	Lau, Wai Lin	68 New Water Polo	1:00.00
8	23957 IAX	Yeung, Tun Lim Lily	67 Sword Fish Club	1:05.00
70-74				
1	22852 ICX	Bai, Xiufen	73 Sword Fish Club	38.00
2	50480 @^ICX	Lam, Lai Mui	73 Sword Fish Club	48.00
3	46236 #IAZ	Fok, Miu Han	71 New Water Polo	54.27
75-79				
1	39991 IAS	Sam, Choi Lin	76 Sword Fish Club	50.00
2	06357	Suen, Ming Chu	76 Sword Fish Club	50.00
3	17480 IAZ	Chow, Pui Han Angela	78 Lai Tsun	59.00
80-84				
1	32571 IAZ	Chan, Pui Yee	80 Sword Fish Club	1:00.00
2	06372 IAZ	Leung, Mabel Yuen Ying	82 Sword Fish Club	1:02.00
3	13262	Kwong, Shuet Hing	84 Wong Tai Sin	1:12.20
85-89				
1	38059 IAX	Tai, Li Hua	85 Sword Fish Club	49.00
2	06144	Mak, Suet Man	87 Sea Green	1:15.00

Event 5 Men 25 SC Meter Breaststroke

18-24 MSR:	12.89
25-29 MSR:	13.27
30-34 MSR:	13.55
35-39 MSR:	13.76
40-44 MSR:	13.97
45-49 MSR:	14.68
50-54 MSR:	15.09
55-59 MSR:	15.51
60-64 MSR:	16.00
65-69 MSR:	16.85

	ID#	Name	Age	Team	Seed Time
18-24					
1	24279 IAZ	Au, Chung Yin	24	Kwun Tong	14.00
2	30694 #IAZ	Cheung, Chi Kit Nicholas	19	Wong Tai Sin	14.00
3	15351 IAZ	Chang, Jaw Ting	23	Pacific	17.00
4	24053 B	Po, Hin Hang	21	Kwan Hung	18.69
5	40782 IAZ	Chan, Ho Long	19	Current Club Ltd	19.00

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Psych Sheet

25-29... (Event 5 Men 25 SC Meter Breaststroke)

1	10096 B	Ko, Ka Chun	28	Kwan Hung	13.50
2	15390 B	Lau, Yat Fung	25	Diocesan School	14.00
3	26181 IAZ	Tsoi, Tsz Chun Jason	29	Fire Services	15.00
4	05617 B	Kan, Tsz Chung	29	Diocesan School	17.00
5	15815	Lo, Ting Kin	28	Sea Green	NT

30-34

1	01728	Cheung, Wai Lun William	33	Diocesan School	13.00
2	05577 IBZ	Yuen, Marcus	30	LRC	13.27
3	10221 IBZ	Tam, Ka Ho Ricky	33	Hong Kong Police	16.00
4	05854 IAZ	Cho, Wai Ching	33	Flying Fish	18.00

35-39

1	47580 #@IAO	Poon, Derrick Gene-ming	36	Kwan Hung	13.76
2	42367 IAO	Chow, Chun Yin	38	Diocesan School	14.00
3	03716 ICZ	Yan, Ho Chun	39	Diocesan School	14.00
4	04187 IBZ	Fan, Kin Pong	38	Fire Services	14.00
5	00314 IBZ	Mok, Hon Hei	36	Hong Kong Police	14.50
6	01539 IBZ	Lee, Yeung Darwin	35	Fire Services	15.00
7	06602 IBZ	Yam, Chi Ching	35	Fire Services	16.00
8	27469 IAX	Lam, Kin Wang	39	Hong Kong Police	16.71
9	32424 IAZ	Law, Tin Yiu	39	Hong Kong Police	17.31
10	50486 @^IM	Liao, Qi	38	Sword Fish Club	20.00
11	23298 IAZ	Li, Cheuk Bun	39	Wong Tai Sin	25.00
12	54319 IAZ	Mak, Chi Wai	37	Win Tin	25.00

40-44

1	03096	Chan Samuel, Stephen Chi Chu	43	Kowloon Tong Club	13.97
2	48856 @IAO	Gallearchie, Jeewantha Madu	40	Fastlane Swimming	16.00
3	24266 IAZ	Ma, Ling Ho Herwin	41	Hong Kong Police	16.00
4	41147 IAZ	Mok, Lai Yeung Jason	40	Diocesan School	17.00
5	42708 IAZ	Tang, Wing Chung Jonathan	42	Hoi Fung	17.25
6	50012 @IAO	Griffiths, Evan Paul	44	Fastlane Swimming	18.00
7	11587	Ng, Yu Hon	41	Sea Green	18.00
8	08964 #IAZ	Yeung, Wai Kam William	41	Tung Sing	18.00
9	52285 IAO	Lung, Donald Andrew	42	Diocesan School	19.00
10	40927 IAZ	Chu, Chun Sing	41	Golden Dolphin	20.00
11	50090 @IAO	Motoyama, Taichiro	44	Pacific	20.00
12	33415 IAZ	Chung, Michael Wai Kit	43	Tai PO	NT

45-49

1	51764 IAZ	Leung, Hang Fai Henry	45	Kowloon Tong Club	13.97
2	06154	Leung, Siu Kin Philip	49	Lai Tsun	15.00
3	05160	Chan, Ka Wo	47	Diocesan School	16.00
4	40834 IAZ	Chang, Hsi Tse JosephJeremy	45	Diocesan School	17.00
5	11569	Wong, Lok Shun	47	Flying Fish	17.00
6	43604 @^IM	Long, Zhisheng	45	Sword Fish Club	17.00
7	53312 IAZ	Tang, Tin Lok Stephen	48	Win Tin	17.00
8	54380 IAZN	Luk, Kalam	47	Diocesan School	19.00
9	52516 IAZ	Tang, Ka Lun	46	Hong Kong Police	20.00
10	05144 IAZ	Tse, Chun Hei	45	Flying Fish	NT

50-54

1	25592 IAZ	Cheung, Wai Kei	52	Flying Fish	16.69
2	21008 IAZ	Cheung, Chun Kwan Michael	51	Wong Tai Sin	17.00
3	27459 IAZ	Lui, Wing Tak Victor	50	Diocesan School	18.00
4	26053 IAZ	Wong, Yee Keung	53	Flying Fish	18.00
5	26317 IAZN	Tung, Shang Wei Timothy	54	Kwun Tong	18.00

24-25 Master SC Swi Comp P1 - 22/09/2024

Psych Sheet

50-54... (Event 5 Men 25 SC Meter Breaststroke)

6	23497 IAZ	Au Yeung, Wai Kit	50 Kwun Tong	18.50
7	03372	Lau, Allan	51 Sword Fish Club	19.97
8	06338 IAZ	Wong, Ka Fai	50 Sword Fish Club	19.97
9	19343 IAZ	Leung, Wan Hung Andy	50 Hong Kong Police	20.00
10	04184	Woo, Siu Ming William	53 Sword Fish Club	26.00
11	34769 IAZ	Tsang, Wing Hung	54 Flying Fish	NT

55-59

1	32253 IAZ	Watt, Kam Sing Michael	57 Fastlane Swimming	15.50
2	35309 IAZ	Ko, Ping Sum Samuel	58 Kowloon Tong Club	16.27
3	18856 IAZ	Au, Mun Shing	59 Sword Fish Club	17.00
4	42364 IAZ	Lau, Yip Kwong Francis	55 Diocesan School	19.00
5	53916 IAZ	Ma, Kwok Leung	59 Sword Fish Club	19.97
6	40839 IAZ	Leung, Wing Hang Michael	59 Diocesan School	20.00
7	44678 IAZ	Hung, Tin Wai Robert	58 Pacific	20.12
8	21736 IAM	Lo, Lai Tou	56 Sword Fish Club	21.00
9	35711 IAX	Wong, Fuk Kei	55 Sword Fish Club	23.00
10	06175	Lo, King Man	57 Sea Green	25.00
11	53923 @IM	Wen, Bin	55 Sword Fish Club	1:00.00
12	06205	Cheung, Man Kwong	57 Fire Services	NT

60-64

1	43529 IAX	Ng, Wai Fung	61 Sword Fish Club	17.00
2	40592 IAZ	Fo, Pui Keung	60 Hong Kong Police	18.26
3	15528	Tsui, Tak Shing Dominic	62 Fastlane Swimming	20.00
4	39982 IAZ	Chow, Wing Chun	60 Sword Fish Club	20.00
5	40840 IAZ	Ng, Ka Yiu Karl	60 Diocesan School	22.00
6	52074 @^IM	Huang, Minyue	61 New Water Polo	22.00
7	31475 IAZ	Kwan, Chi Yin	63 New Water Polo	22.00
8	40861 IAZ	Cheung, Chi Ming Rover	61 Sword Fish Club	23.00
9	25226 IAZ	Choi, Tai Wing	63 Sword Fish Club	23.00
10	50782 @IAX	Pang, Shu Ming	63 Sea Green	23.00
11	43199	Chen, Zhong Qiu	62 Sword Fish Club	24.00
12	52223 @^IM	Li, Jianlin	64 New Water Polo	25.00
13	52148 @^IM	Li, Bingkun	63 Sword Fish Club	27.00
14	41426 IAZ	Tang, Yu Hang Francis	63 Tung Sing	28.00
15	10135 #IAZ	Mo, Kim Fung Bosco	60 Diocesan School	30.00
16	27131 IAZ	Cheung, Shiu Cheong	64 Lpg Sports Limited	NT

65-69

1	06281	Fung, Kam Tai	69 Sword Fish Club	22.00
2	06176	Wong, Kung Wan	68 Sea Green	22.00
3	36725 IAZ	Yau, Wai	65 Sea Green	25.00
4	44359 IAZ	Lee, Chi Wai	65 Kornhill	27.35

70-74

1	06398	Cho, Wai Sun	71 Fastlane Swimming	18.00
2	36553 IAO	Inglis, Peter	70 HK Football Club	19.00
3	20634 IAZ	Wu, Shu Sun	74 New Water Polo	20.00
4	41729 IAZ	Ko, Leung Hung Alex	72 Diocesan School	22.00
5	04504 IAO	Yura, Tadami	72 Sword Fish Club	22.00
6	06389	Chan, Hong Wah	71 New Water Polo	24.00
7	54115 IAZ	Wong, Kwok Ming	72 Hong Kong Police	25.00
8	14035	Wong, Shing Kuen	71 Lai Tsun	25.00
9	23123 IAZ	Poon, Wai	72 Sword Fish Club	25.00
10	19292 IAX	Leung, Fu Keung	70 Sea Green	25.00
11	51797 @^IM	Kong, Fanqiang	72 New Water Polo	30.00
12	23290 IAZ	Chan, Hon Kit	70 Flying Fish	NT

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Psych Sheet

75-79... (Event 5 Men 25 SC Meter Breaststroke)

1	42260 P	He, Xi Nian	75	Sword Fish Club	20.00
2	03845	Tin, Sheung Kwai	77	New Water Polo	22.00
3	44788 IAZ	Chui, Hong Sheung	75	Diocesan School	24.00
4	44756 IAZ	Lo, Che Hung	76	Lai Tsun	25.00
5	05917	Yong, Khin Syn	75	Sword Fish Club	25.00
6	49541 @IAXN	Yang, Victor	79	Diocesan School	27.00
7	44793 IAZ	Iu, Pui To	77	Diocesan School	30.00
8	10274	Lau, Chun Nung	78	Lai Tsun	30.00
9	14029	Ieong, Vun Fai	78	Sword Fish Club	56.00

80-84

1	06270	Lam, Luk Kan	83	Sword Fish Club	28.00
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85-89

1	05407	Lee, She Kwok	86	Sword Fish Club	26.00
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90-94

1	38060 IAZ	Chi, Lieh Yung	90	Sword Fish Club	1:10.00
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Event 6 Women 25 SC Meter Breaststroke

18-24 MSR:	16.84
25-29 MSR:	15.75
30-34 MSR:	16.31
35-39 MSR:	16.60
40-44 MSR:	18.04
45-49 MSR:	17.66
50-54 MSR:	17.63
55-59 MSR:	21.00
60-64 MSR:	21.03
65-69 MSR:	22.60

	ID#	Name	Age	Team	Seed Time
18-24					
1	37318 IAO	Chio, Yi Lan	21	Dik Wing	16.80
2	28694 B	Cheuk, Yuet Ying Phoebe	20	Sword Fish Club	17.00
3	54392 @P	Kininmonth, Victoria	20	Fastlane Swimming	20.00
4	41455 IAZ	Chan, Wing Yan	18	CYM	20.00
5	49847 IAZ	Li, Ka Yu Karen	22	Pacific	20.00
6	29466 IAZ	Hung, Yi Yan	23	New Water Polo	21.00
7	54382 IAZ	Chan, Yin Tsz	19	Lai Tsun	30.00
25-29					
1	11418 P	Chan, Yuan Ting Janet	29	Fastlane Swimming	17.00
2	53922 @IM	Wen, Shanhui	26	Sword Fish Club	28.00
30-34					
1	08238 #B	Li, Tsz Yu	30	Fastlane Swimming	16.80
2	15442 #IBZ	Cheong, Ka Ching	30	Kwan Hung	18.50
35-39					
1	01683	Lam, Ka Yuk Ellen	37	Sword Fish Club	19.00
2	43489 @IAXN	Wehl Kwok, Hiu Chin June	38	LRC	19.83
3	00412	Tsui, Po Kei	36	Hong Kong Police	20.23
4	53921 IAZ	Ho, Hu Kar	36	Sword Fish Club	32.00
40-44					
1	51909 IAZ	Lo, Man Tack Diana	43	Kowloon Tong Club	18.04
2	32602 IAZ	Tam, Yik Man	40	Kowloon Tong Club	18.04
3	38440 ICO	Eichelberger, Melissa Ann	41	Fastlane Swimming	19.50
4	51099 IAZ	Wong, Jane Tsin	40	Fastlane Swimming	27.00
5	52276 @^IM	Huang, Lingyin	43	Sword Fish Club	28.00

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Psych Sheet

45-49... (Event 6 Women 25 SC Meter Breaststroke)

1	46247 @IAO	Krkalo, Shauna Kathleen	46 LRC	15.55
2	30072 ICW	Chao, Man Chi	45 New Water Polo	19.74
3	50484 #@^IM	Ling, Yunying	45 New Water Polo	22.00
4	06315	Chan, Sui Yee	48 LRC	22.55
5	06209	Lam, Yuet Tung	48 Hong Kong Police	24.26
6	49121 #IAZ	So, Chin Wing	45 New Water Polo	30.00
7	53270 @^IM	Xie, Lexian	47 New Water Polo	30.00
8	31534 IAZ	Mo, Wing Yee	48 Wong Tai Sin	35.00

50-54

1	33517 IAO	Yamaguchi, Mika	52 Fastlane Swimming	17.66
2	44304 IAX	Choi, Shan Shan	52 Sword Fish Club	25.00
3	53265 @^IM	Tan, Wenjing	51 New Water Polo	26.00
4	43063 @IAO	Wong, Rose	54 LRC	26.28
5	45917 #@^IM	Huang, Caifang	50 New Water Polo	28.00
6	53924 @IM	Yang, Suqiong	53 Sword Fish Club	32.00
7	52270 IAZ	Choi, Tak Ming	51 Pacific	35.00
8	36034 IAZ	Kwok, Kin Yee	51 Flying Fish	NT

55-59

1	40907 IAZ	Lai, Shui Nin Ingrid	57 YMCA OF Hong Kong	21.00
2	16303	Rana, Naomi	58 LRC	21.81
3	23588 IAZ	Lee, Ying Chi	56 Tung Sing	22.00
4	50492 @^IM	Guo, Liyan	59 Sword Fish Club	23.00
5	43102 ICO	Roberts, Tonya Leanne	56 LRC	23.55
6	53267 IAZ	Leung, Hoi Lun Helen	58 New Water Polo	28.00
7	54330 @IM	Li, JianHong	58 New Water Polo	33.00
8	52884 IAZ	Tsang, Fung Chu	56 Pacific	35.00
9	41911 IAZN	Ng, Kit Man Joanna	59 New Water Polo	39.00

60-64

1	43595	Ao, Wai Lan	62 Sword Fish Club	19.00
2	50490 @^IM	Liang, Yanling	60 Sword Fish Club	24.00
3	30804 IAON	Yue, Roberta May-wan	61 LRC	25.91
4	51532 IAZ	Shek, Yuk Ching Peggy	60 South China	26.35
5	51787 @^IM	Li, Weiwei	63 Sword Fish Club	27.00
6	54388 @IM	Liang, Jing	64 Sword Fish Club	27.00
7	41423 IAZ	Chiu, Pauline	62 Tung Sing	27.00
8	52150 @^IM	Li, Huili	64 Sword Fish Club	28.00
9	45187 IAX	Chan, On Mei	61 Sword Fish Club	30.00
10	22428 IAZ	Lau, Yuk Lin Rocky	62 Sea Green	32.00
11	54331 @IM	Cao, Yuqin	60 New Water Polo	36.00
12	54332 @IM	Guo, Yuping	60 New Water Polo	37.00
13	54390 @IM	Liang, Lingyi	63 New Water Polo	40.00

65-69

1	52283 @^IM	Li, Weihua	68 Sword Fish Club	20.00
2	53928 @IM	Huang, Cifang	69 Sword Fish Club	24.00
3	54338 @IM	Peng, Shuyan	65 Sword Fish Club	27.00
4	02711	Fok, Wai Fung	66 Wong Tai Sin	27.10
5	49428 IAX	Leong, Sao Fan	67 New Water Polo	27.20
6	51785 @^IM	Li, Yuemei	68 Sword Fish Club	28.00

70-74

1	06147	Leung Wong, Yin Har Hayley	72 Sea Green	29.00
2	06213	Mo, Mei Ling	70 Wong Tai Sin	31.00
3	06150	Ho, Po Chu	73 South China	NT

24-25 Master SC Swi Comp P1 - 22/09/2024

Psych Sheet

75-79... (Event 6 Women 25 SC Meter Breaststroke)

1	06357	Suen, Ming Chu	76	Sword Fish Club	30.00
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80-84

1	06374	Wong, Jim	83	Sword Fish Club	32.00
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Event 7 Men 50 SC Meter Backstroke

18-24 MSR: 27.55

25-29 MSR: 27.00

30-34 MSR: 28.15

35-39 MSR: 28.05

40-44 MSR: 27.54

45-49 MSR: 30.51

50-54 MSR: 31.06

55-59 MSR: 33.42

60-64 MSR: 35.84

65-69 MSR: 39.06

	ID#	Name	Age	Team	Seed Time
18-24					
1	20968 B	Ho, Sze Ming	23	Diocesan School	29.00
2	22276 B	Chong, Michael Yat Tsun	23	Sword Fish Club	29.64
3	24576 IAZ	Tsang, Long Kiu	22	Diocesan School	30.00
4	48045 IAZ	Lo, Tsz Wang	21	Kwun Tong	30.50
5	45854 IAZ	Cheng, Wing Ka	19	Current Club Ltd	39.60
6	40782 IAZ	Chan, Ho Long	19	Current Club Ltd	40.00
25-29					
1	15423 IAZ	Cheung, Yau Ming	27	Diocesan School	26.00
2	19210 B	Hung, Siu Ching Dickson	25	Sword Fish Club	32.00
3	26574 IAZ	Kwan, Leong Chun	29	Sword Fish Club	50.00
4	08404 IAZ	Yeung, Sze Chai	28	Crest Ray	NT
30-34					
1	02113	Ceah, Geoffrey Robin	34	LRC	28.55
2	06886 B	Li, Chin Long	34	Eastern Winter	32.17
3	01728	Cheung, Wai Lun William	33	Diocesan School	35.00
4	05854 IAZ	Cho, Wai Ching	33	Flying Fish	NT
35-39					
1	00444	Lam, Yau Sun Dickson	39	Diocesan School	29.00
2	03713 IBZ	Tang, Chee Kit	38	Diocesan School	35.00
3	00115 IBZ	Lin, Wei Hung Kelvin	35	Diocesan School	40.00
4	51883 IAZ	Liu, Kwok Wing	37	Hoi Fung	43.25
40-44					
1	46248 @ICO	O' Neill, Donal Thomas	44	LRC	27.54
2	01645 ICZ	Alley, Thomas Gordon	41	HK Football Club	31.00
3	37785 IAON	Koljonen, Paul Aarne	43	Diocesan School	35.00
4	40843 IAZ	Lo, Kin Ngok	40	Diocesan School	36.00
5	09165	Cheung, Siu Fung	41	Lai Tsun	37.00
6	42024 IAZ	Tang, Cheuk Hang	40	Current Club Ltd	40.00
7	01948 ICZ	Tang, Ho Yuen	42	Diocesan School	42.00
8	49027 IAZ	Ng, Fung Kei	44	Sword Fish Club	42.00
9	05155	Chan, Albert Kam Ming	43	Diocesan School	45.00
10	03793 ICZ	Po, Tik San	42	New Water Polo	45.00
11	43657 IAO	Lam, Dennis Saihong	44	Diocesan School	46.00
45-49					
1	28849 IAZ	Chan, Chun Kuen	49	Sword Fish Club	40.00
2	40841 IAX	Tsang, Kwok Tung	45	Diocesan School	42.00

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Psych Sheet

45-49... (Event 7 Men 50 SC Meter Backstroke)

3	54381 IAZ	Siu, Wai Jung Justin	47	Diocesan School	45.00
4	24603 IAZ	Hung, Ka Ming	49	YMCA OF Hong Kong	45.00
5	43604 @^IM	Long, Zhisheng	45	Sword Fish Club	46.00
6	42028 #IAZ	Hung, Wai Kit	45	Flying Fish	NT
50-54					
1	27451 IAZ	Yip, Kin Man Stephen	54	Kwun Tong	36.00
2	06711	Leung, Tsz Kin	52	New Water Polo	36.45
3	45485 IAZN	Choy, Wilson	52	Diocesan School	40.00
55-59					
1	41548 IAZ	Ip, Ka Keung Patrick	56	HK Football Club	40.00
2	05139	Lin, Fulong	57	Flying Fish	41.92
3	52275 @^IM	Shan, Jinzhi	56	Sword Fish Club	46.00
4	35711 IAX	Wong, Fuk Kei	55	Sword Fish Club	55.00
5	06205	Cheung, Man Kwong	57	Fire Services	NT
60-64					
1	50482 @^IM	Chen, Heqiang	61	Sword Fish Club	41.00
2	46092 @IAO	Munro, Gavin Malcolm	64	LRC	43.97
3	40840 IAZ	Ng, Ka Yiu Karl	60	Diocesan School	50.00
4	43199	Chen, Zhong Qiu	62	Sword Fish Club	50.00
5	39982 IAZ	Chow, Wing Chun	60	Sword Fish Club	50.00
6	10135 #IAZ	Mo, Kim Fung Bosco	60	Diocesan School	55.00
7	25226 IAZ	Choi, Tai Wing	63	Sword Fish Club	55.00
65-69					
1	17956 #IAZ	Chau, Kim Fai	67	Hong Kong Police	40.00
2	42191	Lin, Haichao	67	Sword Fish Club	41.00
3	53106 @^IM	Huang, Xiaogang	65	Sword Fish Club	42.00
4	03215 #IAZ	Leung, Yiu Chuen	66	Tung Sing	43.13
5	06281	Fung, Kam Tai	69	Sword Fish Club	48.00
6	06187	Kan, Kai Kwong	69	Sea Green	1:00.00
7	06201	Wong, Cheuk Yin	68	Fire Services	NT
8	49915 @IAX	Tai, Yu Chung	66	New Water Polo	NT
70-74					
1	51797 @^IM	Kong, Fanqiang	72	New Water Polo	35.00
2	06398	Cho, Wai Sun	71	Fastlane Swimming	45.00
3	37684 IAZ	Mok, Yun Cheung	74	Sword Fish Club	46.00
4	52549 IAZ	Lam, Tak On	70	Sword Fish Club	47.00
5	20634 IAZ	Wu, Shu Sun	74	New Water Polo	50.00
6	06388	Lau, Man Kin	70	Sword Fish Club	50.00
7	38699 IAZ	Tse, Siu Hei	74	Kornhill	55.28
8	23123 IAZ	Poon, Wai	72	Sword Fish Club	1:10.00
9	11563	Lee, Kwok Hung	71	Sword Fish Club	1:20.00
75-79					
1	22182 IAZ	Ngai, Yin Leung	75	Sword Fish Club	58.59
80-84					
1	27458 IAZ	Tsui, Yau Ho	80	Sword Fish Club	1:00.00
2	38301 IAX	Cheung, Hao Yen	81	Lai Tsun	1:11.00
85-89					
1	05407	Lee, She Kwok	86	Sword Fish Club	1:02.00

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Psych Sheet

Event 8 Women 50 SC Meter Backstroke

18-24 MSR:	32.59
25-29 MSR:	30.94
30-34 MSR:	32.19
35-39 MSR:	33.43
40-44 MSR:	33.27
45-49 MSR:	34.31
50-54 MSR:	35.04
55-59 MSR:	40.46
60-64 MSR:	42.43
65-69 MSR:	48.47

ID#	Name	Age	Team	Seed Time
18-24... (Event 8 Women 50 SC Meter Backstroke)				
1	24746 B	Ho, Pui Chi	20 Sword Fish Club	29.00
2	23105 IAZ	Ho, Cheuk Wai	23 Dik Wing	36.80
3	41455 IAZ	Chan, Wing Yan	18 CYM	38.00
4	25461 B	Wong, Tsz Wan	21 Compass	38.25
5	20969 IAZ	Lui, Wing Lam	22 Kwun Tong	40.00
25-29				
1	18028 B	Leung, Ho Ching	25 Fastlane Swimming	35.00
2	26980 IAZ	Wong, Suet Wing	25 Dik Wing	38.80
3	23179 IAZ	Chan, Jessica	27 Fastlane Swimming	40.16
4	50379 @^ICO	Kuai, Wen	25 Kwun Tong	41.00
5	22604 IAZ	Ng, Yuen Ying	25 Kwan Hung	1:00.00
30-34				
1	05347	Chui, Kit Man	34 Hong Kong Police	39.66
2	54108 IAZ	Ng, Esther Ching Hay	30 Fastlane Swimming	50.00
3	40936 IAZ	Chan, Po Yan	34 New Water Polo	58.00
4	49514 IAZ	Tong, Hiu Yan	30 Crest Ray	NT
35-39				
1	02131	Tsang, Ting Yan Tania	38 LRC	33.43
2	01683	Lam, Ka Yuk Ellen	37 Sword Fish Club	37.00
3	54353 IAXN	Yeh, Grace Judy	39 Fastlane Swimming	42.00
4	13384 ICZ	Lee, May Sze Mei	37 New Water Polo	58.00
40-44				
1	52816 IAZ	Leung, Siu Wan	43 Kornhill	50.44
2	34701 IAZ	Au, Hoi Ying	41 Flying Fish	1:02.15
45-49				
1	40853 @IAO	Tam, Alison Mai Ling	46 Fastlane Swimming	35.00
2	51120 IAZ	Yee, Hoi Yan	47 Flying Fish	39.00
3	06315	Chan, Sui Yee	48 LRC	43.58
50-54				
1	09870 @ICO	Chong, Yin Szu Adeline	54 Fastlane Swimming	42.00
2	47040 @IAX	Zou, Shengling	53 Tung Sing	54.00
3	35772 IAX	Ban, Xianhai	52 New Water Polo	55.00
4	45917 #@^IM	Huang, Caifang	50 New Water Polo	55.00
5	44641 IAZ	Chan, Suk Yin	52 Sword Fish Club	59.00
55-59				
1	40907 IAZ	Lai, Shui Nin Ingrid	57 YMCA OF Hong Kong	41.00
2	50492 @^IM	Guo, Liyan	59 Sword Fish Club	45.00
3	26254 IAX	Ng, Kong Ching	59 New Water Polo	48.00
4	37062 IAZ	Lee, E Way Yvonne	58 Kowloon Tong Club	50.20
5	53014 IAZ	Koo, Wai Man Anne	57 Fastlane Swimming	55.00

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55-59... (Event 8 Women 50 SC Meter Backstroke)

6	06337	Tse, Yee Wah	58	YMCA OF Hong Kong	55.00
7	53267 IAZ	Leung, Hoi Lun Helen	58	New Water Polo	56.00
8	35801 IAZ	Ho, Yuk Yi Carol	55	Flying Fish	NT

60-64

1	29752 IAZ	Chow, Yee Heung Liza	60	Lai Tsun	45.00
2	50490 @^IM	Liang, Yanling	60	Sword Fish Club	47.00
3	30804 IAON	Yue, Roberta May-wan	61	LRC	49.66
4	51788 @^IM	Li, Yueying	61	Sword Fish Club	50.00
5	51532 IAZ	Shek, Yuk Ching Peggy	60	South China	1:01.18
6	20640 IAZ	Wong, Fung Yee	64	Sword Fish Club	1:10.00

65-69

1	52299 @^IM	Wang, Jungang	66	New Water Polo	33.00
2	52109 @^IM	Wang, Yan	68	Sword Fish Club	44.05
3	51786 @^IM	Chen, Junying	66	Sword Fish Club	50.00
4	06355	Lo, Lai Yung	69	New Water Polo	55.00
5	23957 IAX	Yeung, Tun Lim Lily	67	Sword Fish Club	1:05.00
6	06127	Lau, Wai Lin	68	New Water Polo	1:10.00

70-74

1	22852 ICX	Bai, Xiufen	73	Sword Fish Club	44.00
2	52146 @^IM	Li, Lianzhi	72	Sword Fish Club	56.00
3	50480 @^ICX	Lam, Lai Mui	73	Sword Fish Club	59.00
4	06150	Ho, Po Chu	73	South China	1:13.27

75-79

1	39991 IAS	Sam, Choi Lin	76	Sword Fish Club	59.00
2	17480 IAZ	Chow, Pui Han Angela	78	Lai Tsun	1:12.00
3	08936	Leong, Kuai Heng	78	New Water Polo	1:25.18

80-84

1	32571 IAZ	Chan, Pui Yee	80	Sword Fish Club	1:20.00
2	06372 IAZ	Leung, Mabel Yuen Ying	82	Sword Fish Club	1:25.00
3	13262	Kwong, Shuet Hing	84	Wong Tai Sin	1:43.08

85-89

1	06144	Mak, Suet Man	87	Sea Green	1:18.00
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Event 9 Men 100 SC Meter IM

18-24 MSR:	57.30
25-29 MSR:	58.17
30-34 MSR:	1:01.12
35-39 MSR:	1:02.22
40-44 MSR:	59.78
45-49 MSR:	1:04.92
50-54 MSR:	1:07.05
55-59 MSR:	1:13.19
60-64 MSR:	1:15.43
65-69 MSR:	1:18.72

ID#	Name	Age	Team	Seed Time
18-24				
1	20968 B	23	Diocesan School	1:05.00
2	19430 B	22	Diocesan School	1:05.00
3	20934 B	24	Diocesan School	1:05.00
4	27411 IAZ	20	Sword Fish Club	1:07.00
5	32363 IAZ	19	Dik Wing	1:08.00
6	30966 #B	19	Eastern Winter	1:10.00
7	28567 #IAZ	24	Eastern Winter	1:10.00
8	54339 @IM	23	Sword Fish Club	1:10.00

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18-24... (Event 9 Men 100 SC Meter IM)

9	30694 #IAZ	Cheung, Chi Kit Nicholas	19 Wong Tai Sin	1:10.00
10	53273 @^IM	Yang, Weicong	20 New Water Polo	1:15.00
11	53260 @^IM	Zhang, Nuo	20 New Water Polo	1:15.00
12	15351 IAZ	Chang, Jaw Ting	23 Pacific	1:15.00
13	34058 B	Chow, Hong-Yo Sandy	20 Pacific	1:15.00
14	18027 B	Leung, Lok Hang	24 Pacific	1:15.00
15	53917 @IM	Cai, Hong	24 Sword Fish Club	1:17.00
16	24827 IAZ	Li, Ernest	22 Golden Dolphin	1:20.00
17	45854 IAZ	Cheng, Wing Ka	19 Current Club Ltd	1:25.70
18	50181 @^ICO	Zheng, Jiale	20 Kwun Tong	1:30.00
19	27889 #B	Tsoi, Siu Lun	22 Lpg Sports Limited	1:45.00

25-29

1	15423 IAZ	Cheung, Yau Ming	27 Diocesan School	58.00
2	04579 IAO	Cheng, Chris	27 HK Football Club	1:01.00
3	09964 IAZ	Lau, Chak Lam Nicholas	29 Diocesan School	1:06.00
4	15262 B	Cheng, Yuan Andrew	27 Kwun Tong	1:10.00
5	13568 B	Choi, Yi Fai Sutton	27 Diocesan School	1:20.00
6	19210 B	Hung, Siu Ching Dickson	25 Sword Fish Club	1:20.00
7	42362 IAZ	Leung, Kung Ming	28 YMCA OF Hong Kong	1:20.00
8	40333 IAZ	Lam, Pak Lai	27 Flying Fish	1:25.00
9	18591 B	Ching, Yuk Tsun	25 Dik Wing	1:25.80
10	53844 ICX	Wang, Yuehan	26 New Water Polo	1:30.00
11	08404 IAZ	Yeung, Sze Chai	28 Crest Ray	1:45.00
12	50506 @^IM	Li, Gui	28 Sword Fish Club	1:45.00

30-34

1	42728 P	Febo, Christopher Vincenzo	31 Sword Fish Club	1:04.00
2	06886 B	Li, Chin Long	34 Eastern Winter	1:10.00
3	14158 #IAZ	Li, Hok Yee Terence	31 Eastern Winter	1:10.00
4	52515 IAZ	Leung, Kit Chung	31 Hong Kong Police	1:10.00
5	43276 ICO	Gattegno, Julien	32 Fastlane Swimming	1:12.00
6	50444 @ICO	Watanabe, Yuhei	31 Fastlane Swimming	1:12.00
7	53101 @ICO	Palmerston, Jeremiah Bradley	33 Fastlane Swimming	1:18.25
8	03312 IAZ	Li, Yun Sing	34 Diocesan School	1:20.00

35-39

1	51101 @ICO	Smit, Marcel Pieter Arnold	37 Fastlane Swimming	1:02.00
2	02591	Luk, Wing Kin Andy	35 Kwan Hung	1:05.00
3	00444	Lam, Yau Sun Dickson	39 Diocesan School	1:10.00
4	01621 IBZ	So, Man Hon	36 Fastlane Swimming	1:10.00
5	00385	Cheng, Pong Man Reuben	35 Flying Fish	1:13.00
6	44302 ICO	Boas, Michael Joel	39 Fastlane Swimming	1:15.00
7	52309 @^IM	Shi, Liang	39 Flying Dragon	1:15.00
8	03713 IBZ	Tang, Chee Kit	38 Diocesan School	1:20.00
9	50188 @^P	Chu, Yuan Hun	35 Fastlane Swimming	1:20.00
10	53239 IAO	Cheng, Anthony Kwok Bo	37 Jockey Club	1:20.00
11	52980 IAZ	Ma, Sau Him Sean	38 New Water Polo	1:20.00
12	00104	Lo, Shek Pui	35 HK Football Club	1:20.50
13	48667 @IRO	Wong, Dominic Clayton Joe	36 Fastlane Swimming	1:25.00
14	19334 IAZ	Lee, Chun Lim Michael	39 Hong Kong Police	1:25.00
15	51883 IAZ	Liu, Kwok Wing	37 Hoi Fung	1:25.34
16	50486 @^IM	Liao, Qi	38 Sword Fish Club	1:27.00
17	32471 IAZ	Lam, Yu Fung Issac	37 Hong Kong Police	1:35.00
18	00115 IBZ	Lin, Wei Hung Kelvin	35 Diocesan School	1:40.00
19	52508 IAZ	Yuen, Chun Yiu Curtis	38 South China	1:45.00
20	42848 P	Li, Yuhui	35 Sword Fish Club	1:45.00

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35-39... (Event 9 Men 100 SC Meter IM)

21	50508 @^IM	Zhong, Zhiming	39	Sword Fish Club	1:45.00
40-44					
1	46248 @ICO	O' Neill, Donal Thomas	44	LRC	1:00.83
2	44769 ICO	Sharp, Braedon	41	HK Football Club	1:05.00
3	01591 ICZ	Fu, Wing Harbeth	44	Kwun Tong	1:06.00
4	00091	Chan, Lok Yan	40	New Water Polo	1:10.00
5	12873	Wan, Ka Fai	42	Sea Green	1:10.00
6	41147 IAZ	Mok, Lai Yeung Jason	40	Diocesan School	1:20.00
7	11544 #	Fan, Yiu Wing	43	St. Joseph's Col	1:20.00
8	48856 @IAO	Gallearachie, Jeewantha Madu	40	Fastlane Swimming	1:20.00
9	05179 ICZ	Wan, Chun Pong Michael	40	Fastlane Swimming	1:20.50
10	46504 @IAO	Coe, Jason George	40	Fastlane Swimming	1:22.00
11	50090 @IAO	Motoyama, Taichiro	44	Pacific	1:25.00
12	49027 IAZ	Ng, Fung Kei	44	Sword Fish Club	1:26.00
13	30399 IAZ	Lam, Shu Wing	41	Flying Fish	1:28.00
14	37785 IAON	Koljonen, Paul Aarne	43	Diocesan School	1:30.00
15	40843 IAZ	Lo, Kin Ngok	40	Diocesan School	1:30.00
16	52800 IAZ	Lam, Kun Lei	42	Juan Hua Club	1:30.00
17	05155	Chan, Albert Kam Ming	43	Diocesan School	1:35.00
18	43657 IAO	Lam, Dennis Saihong	44	Diocesan School	1:40.00
19	48158 IAZ	Lee, Sung Hai Hysan	40	Diocesan School	1:40.00
20	09453 ICZ	Law, Wai Ho	42	Tai PO	1:45.00
21	53110 @^IM	Liang, Ge	43	Sword Fish Club	2:00.00
45-49					
1	05253 ICZ	Sun, Fat Yee David	45	Fire Services	1:05.00
2	04238	Woo, Chun Kuen Douglas	46	LRC	1:05.55
3	49497 @ICO	Maceod, Andrew Ian	45	LRC	1:09.69
4	26790 ICO	Green, Malcolm John	48	Chi Kin	1:13.27
5	11569	Wong, Lok Shun	47	Flying Fish	1:21.00
6	46505 IAZ	Chang, Lambert Jen Hsiung	49	Fastlane Swimming	1:25.00
7	40107 IAZ	Chan, Falcon	45	Lai Tsun	1:30.00
8	51531 #IAX	Tang, Min	49	Fastlane Swimming	1:35.00
9	51192 IAZ	Lo, Yui Man	47	Flying Fish	1:38.00
10	41887 IAZ	Woo, Cheuk Yiu Jeffrey	49	YMCA OF Hong Kong	1:40.00
11	52883 IAZ	Lo, Fu Fui Frankie	49	Win Tin	1:45.00
12	44666 IAZ	Ma, Choi	46	Sun Yip	2:04.81
13	54386 IAZ	Ho, Chi Chung William	48	Flying Fish	NT
50-54					
1	27451 IAZ	Yip, Kin Man Stephen	54	Kwun Tong	1:18.00
2	25592 IAZ	Cheung, Wai Kei	52	Flying Fish	1:18.21
3	30710 IAZ	Lai, Kin Sun	54	Flying Fish	1:19.00
4	06310	Chan, Fung Sun	51	Kwun Tong	1:19.00
5	48285 IAZ	Wan, Hong Yin Edmund	53	HK Football Club	1:20.00
6	51342 @ICO	Koh, Mun Hoe Terry	54	Fastlane Swimming	1:20.00
7	26821 IAZ	Chan, Kwok Chi	53	Sword Fish Club	1:22.00
8	03372	Lau, Allan	51	Sword Fish Club	1:22.00
9	06338 IAZ	Wong, Ka Fai	50	Sword Fish Club	1:22.00
10	26053 IAZ	Wong, Yee Keung	53	Flying Fish	1:28.00
11	24606 IAZ	Tsang, Hin Lap	53	Flying Fish	1:30.00
12	05280	Chung, Hung Fai	52	Fire Services	1:45.00
13	15166 #	Leung, Chi Keung	52	Tung Sing	1:48.00
55-59					
1	42202	Rong, Kangwen	57	Sword Fish Club	1:28.00
2	52275 @^IM	Shan, Jinzhi	56	Sword Fish Club	1:28.00

24-25 Master SC Swi Comp P1 - 22/09/2024

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55-59... (Event 9 Men 100 SC Meter IM)

3	41548 IAZ	Ip, Ka Keung Patrick	56	HK Football Club	1:30.00
4	13992	Yim, Chung Chee	59	YMCA OF Hong Kong	1:35.00
5	40839 IAZ	Leung, Wing Hang Michael	59	Diocesan School	1:40.00
6	44678 IAZ	Hung, Tin Wai Robert	58	Pacific	1:40.53
7	53581 IAO	Shi, Bertram Emil	58	Fastlane Swimming	1:45.00
8	42365 IAX	Kwan, Man Fai	55	Diocesan School	1:58.00
9	17701 IAZ	Lee, Chor Fu	55	Wong Tai Sin	2:00.00

60-64

1	05191	Koo, Yu Fat Marcus	62	Flying Fish	1:15.00
2	43529 IAX	Ng, Wai Fung	61	Sword Fish Club	1:17.00
3	24256 IAW	Lok, Wai Man	61	New Water Polo	1:40.00
4	26594 IAZ	Ching, Wai Kin	60	Sword Fish Club	1:41.00
5	32108 IAX	Chan, Kiu	62	Sword Fish Club	1:46.00
6	40840 IAZ	Ng, Ka Yiu Karl	60	Diocesan School	1:50.00
7	51956 @IM	Bai, Xiang	62	New Water Polo	1:55.00
8	07802	Chau, Kam Tim	64	Sea Green	1:59.00

65-69

1	06331 ICZ	Ma, Etienne	67	YMCA OF Hong Kong	1:20.00
2	53106 @^IM	Huang, Xiaogang	65	Sword Fish Club	1:25.00
3	03215 #IAZ	Leung, Yiu Chuen	66	Tung Sing	1:25.88
4	42191	Lin, Haichao	67	Sword Fish Club	1:27.00
5	17954 IAX	Cheung, Oi Kwan	66	New Water Polo	1:40.00
6	06187	Kan, Kai Kwong	69	Sea Green	1:50.00
7	06202	Lau, Kim Wah	65	Fire Services	2:00.00
8	06201	Wong, Cheuk Yin	68	Fire Services	2:00.00

70-74

1	50503 @^IM	Feng, Bingkun	73	Sword Fish Club	1:24.00
2	06382	Chan, Kam Por	72	Sword Fish Club	1:35.00
3	21729 IAX	Chan, Ping Chiu	73	New Water Polo	2:00.00
4	06243	Koo, Choi Fat	74	Wong Tai Sin	2:00.00
5	06192	Chu, Shui Yi	73	Sea Green	2:15.00

75-79

1	51227 @^IM	Liang, Shuntian	75	Sword Fish Club	1:22.00
2	22182 IAZ	Ngai, Yin Leung	75	Sword Fish Club	2:12.00
3	06242	Lau, Heung Wing	75	Wong Tai Sin	2:15.00
4	44788 IAZ	Chui, Hong Sheung	75	Diocesan School	2:20.00
5	40518 IAZ	Liu, Wing Chiu	76	Tuen Mun	2:25.00
6	47053 IAZN	Chan, Victor	78	Diocesan School	2:30.00

80-84

1	38301 IAX	Cheung, Hao Yen	81	Lai Tsun	2:15.00
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24-25 Master SC Swi Comp P1 - 22/09/2024

Psych Sheet

Event 10 Women 100 SC Meter IM

- 18-24 MSR: 1:07.92
- 25-29 MSR: 1:08.67
- 30-34 MSR: 1:09.47
- 35-39 MSR: 1:13.09
- 40-44 MSR: 1:11.54
- 45-49 MSR: 1:10.31
- 50-54 MSR: 1:13.03
- 55-59 MSR: 1:20.27
- 60-64 MSR: 1:29.45
- 65-69 MSR: 1:41.95

ID#	Name	Age	Team	Seed Time
18-24... (Event 10 Women 100 SC Meter IM)				
1	21953 B	Chan, Tsz Ching	24 Fastlane Swimming	1:04.00
2	23105 IAZ	Ho, Cheuk Wai	23 Dik Wing	1:11.80
3	31444 IAX	Tang, Hiu Tung	23 Pacific	1:14.23
4	37318 IAO	Chio, Yi Lan	21 Dik Wing	1:18.80
5	28242 IAZ	Hang, Kwan Tung Ruby	22 Dik Wing	1:18.80
6	20969 IAZ	Lui, Wing Lam	22 Kwun Tong	1:20.00
7	53920 @IM	Lan, Yan	20 Sword Fish Club	1:20.00
8	49847 IAZ	Li, Ka Yu Karen	22 Pacific	1:25.00
9	25461 B	Wong, Tsz Wan	21 Compass	1:30.00
10	41134 IAZ	Heo, Jeong Min	19 Current Club Ltd	1:30.00
11	53262 @^IM	Tang, Xiao	20 New Water Polo	1:35.00
25-29				
1	52769 @^ICO	Chou, Lou-Salome Yuan Nico	27 HK Football Club	1:18.00
2	26980 IAZ	Wong, Suet Wing	25 Dik Wing	1:18.80
3	21036 IAX	Po, Wing Sze	28 Pacific	1:25.00
4	52699 @^IM	Liang, Yimin	27 Sword Fish Club	1:25.00
5	23179 IAZ	Chan, Jessica	27 Fastlane Swimming	1:30.00
6	18350 #IAZ	Lam, Nga Yin Eunice	28 Fastlane Swimming	1:30.00
7	50379 @^ICO	Kuai, Wen	25 Kwun Tong	1:34.00
8	29564 IAZ	Ng, Wai Ying Megan	28 Flying Fish	1:40.00
30-34				
1	50922 @ICO	Hughes, Christine Virginia	33 LRC	1:10.55
2	01262	Mau, Lok Yan Eunice	31 Current Club Ltd	1:15.00
3	06608 B	Shek, Yan Sin	31 New Water Polo	1:30.00
4	49514 IAZ	Tong, Hiu Yan	30 Crest Ray	1:55.00
5	40936 IAZ	Chan, Po Yan	34 New Water Polo	1:58.00
35-39				
1	00288 IBZ	Yip, Wing Yan	36 Dik Wing	1:09.80
2	02685 ICZ	Master, Farah Jimmy	39 HK Football Club	1:10.00
3	26745 ICX	Chen, Yangyang	39 LRC	1:13.50
4	42212	Lu, Wanjun	38 Sword Fish Club	1:27.00
5	14023	Wu, Pui Yan Natalie	39 Hong Kong Police	1:31.36
6	02647 IBZ	Lee, Pui Ka	35 Wong Tai Sin	1:40.00
7	53100 IAX	Wong, Sze Kei	35 Fastlane Swimming	1:45.00
8	48188 IAZ	Tang, Ho Tung Kathy	39 Csu	2:30.00
40-44				
1	01625 #ICZ	Wu, Ka Wing	42 HK Football Club	1:18.00
2	42712 IAZ	Chan, Hiu Ying	40 Real Kinetic	1:30.00
3	44676 IAZ	Lam, Sze Wai Jacqueline	44 Jockey Club	1:36.00
4	45041 IAZ	Fung, Cheuk Ching Candy	42 Hoi Fung	1:36.98

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40-44... (Event 10 Women 100 SC Meter IM)

5	47582 @IAX	Dong, Lei	42 South China	1:41.62
6	47561 IAZ	Leung, Tin Ho	40 Flying Fish	1:42.00
7	52180 IAZ	Leung, Man Kee	40 Fastlane Swimming	1:45.00
8	50247 IAZ	Lo, Ching Yin Esther	42 Jockey Club	1:45.00
9	52215 @^P	Li, Yunfen	42 New Water Polo	2:00.00
10	34701 IAZ	Au, Hoi Ying	41 Flying Fish	2:02.00
11	50515 IAZ	Cheung, Hiu Yan	42 Sword Fish Club	2:05.00

45-49

1	40853 @IAO	Tam, Alison Mai Ling	46 Fastlane Swimming	1:15.00
2	42192 @^IM	Chen, Yunlin	48 Sword Fish Club	1:24.00
3	49442 IAZ	Chan, Yuk Man Phoebe	45 Sword Fish Club	1:25.00
4	51120 IAZ	Yee, Hoi Yan	47 Flying Fish	1:28.00
5	35765 IAZ	Wong, See Ming	46 Hong Kong Police	1:35.00
6	51676 @^IM	Li, Fan	48 Sword Fish Club	1:40.00
7	54366 B	Li, Qing	45 Sword Fish Club	2:00.00
8	47583 @IAX	Wei, Yan	46 South China	2:10.00

50-54

1	27128 IAZ	Lau, Yan Yan	50 Flying Fish	1:42.29
2	38302 IAZ	Cheung, Man Ling Melody	52 Lai Tsun	1:45.00
3	35772 IAX	Ban, Xianhai	52 New Water Polo	1:50.00
4	47040 @IAX	Zou, Shengling	53 Tung Sing	1:53.00
5	31395 IAZ	Chan, Pui Ling	54 Flying Fish	1:53.67
6	40937 #IAZ	Leung, Wai Fan Fanny	54 South China	2:15.00

55-59

1	16303	Rana, Naomi	58 LRC	1:47.76
2	49429 #IAZ	Choy, Yee Ling Elina Elain	55 Fastlane Swimming	1:55.00
3	06337	Tse, Yee Wah	58 YMCA OF Hong Kong	2:05.00
4	43226 IAZ	Yuen, Lai Ping Anna	58 South China	2:10.00

60-64

1	51787 @^IM	Li, Weiwei	63 Sword Fish Club	1:42.00
2	05190	Ho, Wan Sai Rita	62 Flying Fish	1:42.81
3	44442 IAZ	Lai, Fang Ha Shirley	64 Jockey Club	1:45.00
4	29752 IAZ	Chow, Yee Heung Liza	60 Lai Tsun	1:45.00
5	05043	Wong, Kim Lan Ada	64 Flying Fish	2:10.00
6	38289 IAZ	Ng, Wai Lin Angie	60 Sword Fish Club	2:10.00
7	51532 IAZ	Shek, Yuk Ching Peggy	60 South China	2:12.60
8	34668 IAZ	Tang, Pik Ha	64 New Water Polo	2:20.00

65-69

1	49914 @IAXB	Ng, Yee Man	65 New Water Polo	1:30.00
2	52109 @^IM	Wang, Yan	68 Sword Fish Club	1:40.00
3	54338 @IM	Peng, Shuyan	65 Sword Fish Club	1:43.00
4	19290 IAX	Tseung, Nga Wah	67 Sword Fish Club	1:50.00
5	52299 @^IM	Wang, Jungang	66 New Water Polo	2:10.00
6	07474 IAZ	Shing, Mei San	68 South China	2:15.00
7	16533	Wong, Shun Ying	65 Sea Green	2:25.00

70-74

1	52146 @^IM	Li, Lianzhi	72 Sword Fish Club	2:00.00
2	46236 #IAZ	Fok, Miu Han	71 New Water Polo	2:20.00
3	39357 @^P	Mak, Sok Iun	74 Sword Fish Club	2:25.00

75-79

1	06357	Suen, Ming Chu	76 Sword Fish Club	2:00.00
2	08936	Leong, Kuai Heng	78 New Water Polo	2:25.00
3	06212	Lo, Yeuk Shuen	75 Wong Tai Sin	2:25.00

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Event 11 Men 25 SC Meter Butterfly

- 18-24 MSR: 11.89
- 25-29 MSR: 11.99
- 30-34 MSR: 12.01
- 35-39 MSR: 11.90
- 40-44 MSR: 12.40
- 45-49 MSR: 12.65
- 50-54 MSR: 12.80
- 55-59 MSR: 12.59
- 60-64 MSR: 14.48
- 65-69 MSR: 15.38

ID#	Name	Age	Team	Seed Time
18-24... (Event 11 Men 25 SC Meter Butterfly)				
1	30966 #B	Ng, Yat Hei	19 Eastern Winter	12.00
2	19430 B	Mok, Yik Long	22 Diocesan School	12.50
3	20934 B	Tang, Ho Chuen	24 Diocesan School	12.50
4	24576 IAZ	Tsang, Long Kiu	22 Diocesan School	12.50
5	22276 B	Chong, Michael Yat Tsun	23 Sword Fish Club	12.50
6	27411 IAZ	Siu, Ka Hang	20 Sword Fish Club	13.00
7	37171 IAZ	Wong, Wai Cheung	19 Current Club Ltd	14.00
8	15351 IAZ	Chang, Jaw Ting	23 Pacific	15.00
9	34058 B	Chow, Hong-Yo Sandy	20 Pacific	15.00
10	18027 B	Leung, Lok Hang	24 Pacific	15.00
11	24827 IAZ	Li, Ernest	22 Golden Dolphin	25.00
12	36376 IAZ	Lam, Chi Ho	21 Lpg Sports Limited	NT
25-29				
1	09964 IAZ	Lau, Chak Lam Nicholas	29 Diocesan School	12.50
2	52161 @^IM	Wu, Zi Feng	25 New Water Polo	13.00
3	23695 IAZ	Lee, Michael Le Jin	29 Current Club Ltd	14.00
4	53844 ICX	Wang, Yuehan	26 New Water Polo	15.00
5	54401 ICX	Gao, Zhi Tao	25 Tung Sing	20.00
6	26574 IAZ	Kwan, Leong Chun	29 Sword Fish Club	23.00
7	50506 @^IM	Li, Gui	28 Sword Fish Club	35.00
8	08404 IAZ	Yeung, Sze Chai	28 Crest Ray	NT
30-34				
1	03312 IAZ	Li, Yun Sing	34 Diocesan School	13.00
2	14158 #IAZ	Li, Hok Yee Terence	31 Eastern Winter	13.00
3	00749 B	Cheng, Ka Ki Kelvin	32 Kwan Hung	13.50
4	51779 @ICX	Lin, Hang	31 South China	13.87
5	04637 IBZ	Kwan, Yui Hang	31 Current Club Ltd	14.00
6	43822 IAZ	Wong, Lu Yeung	34 Flying Fish	17.00
7	54336 IC0	Le, Bourgeois Antoine Ma	31 Sword Fish Club	17.00
8	40635 IAO	Yu, Lok Kwan	30 Crest Ray	NT
35-39				
1	03716 ICZ	Yan, Ho Chun	39 Diocesan School	12.00
2	42367 IAO	Chow, Chun Yin	38 Diocesan School	12.50
3	27874 IAZ	Chan, Cheuk Man	36 New Water Polo	13.00
4	44302 ICO	Boas, Michael Joel	39 Fastlane Swimming	14.00
5	01621 IBZ	So, Man Hon	36 Fastlane Swimming	14.00
6	50488 @^IM	Huang, Ziwei	35 Sword Fish Club	14.00
7	51511 @ICO	Bitterly, Thomas Bradford	38 New Water Polo	14.50
8	23298 IAZ	Li, Cheuk Bun	39 Wong Tai Sin	15.00
9	00104	Lo, Shek Pui	35 HK Football Club	16.00

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35-39... (Event 11 Men 25 SC Meter Butterfly)

10	00314 IBZ	Mok, Hon Hei	36	Hong Kong Police	16.00
11	22420 IAZ	Chan, Chi Ming	38	Kwun Tong	17.00
12	42848 P	Li, Yuhui	35	Sword Fish Club	30.00
13	50508 @^IM	Zhong, Zhiming	39	Sword Fish Club	30.00
14	52508 IAZ	Yuen, Chun Yiu Curtis	38	South China	NT

40-44

1	46248 @ICO	O' Neill, Donal Thomas	44	LRC	12.47
2	00091	Chan, Lok Yan	40	New Water Polo	13.00
3	11544 #	Fan, Yiu Wing	43	St. Joseph's Col	14.00
4	12275	Wong, Yat Tung	44	Fire Services	14.00
5	40843 IAZ	Lo, Kin Ngok	40	Diocesan School	15.00
6	44769 ICO	Sharp, Braedon	41	HK Football Club	15.00
7	02029 IAZ	Wong, King Fung Kelvin	40	St. Joseph's Col	15.00
8	03095	Lau, Ko Chun	42	Hong Kong Police	15.04
9	10317	Ng, Ka Wing	44	Diocesan School	16.00
10	46504 @IAO	Coe, Jason George	40	Fastlane Swimming	16.00
11	05179 ICZ	Wan, Chun Pong Michael	40	Fastlane Swimming	16.00
12	11587	Ng, Yu Hon	41	Sea Green	16.00
13	40927 IAZ	Chu, Chun Sing	41	Golden Dolphin	18.00
14	54383 IAX	Sun, Fei	40	Fastlane Swimming	19.00
15	52800 IAZ	Lam, Kun Lei	42	Juan Hua Club	19.00
16	50090 @IAO	Motoyama, Taichiro	44	Pacific	20.00
17	53110 @^IM	Liang, Ge	43	Sword Fish Club	20.00

45-49

1	49497 @ICO	Macceod, Andrew Ian	45	LRC	13.36
2	04238	Woo, Chun Kuen Douglas	46	LRC	13.60
3	26790 ICO	Green, Malcolm John	48	Chi Kin	14.46
4	05253 ICZ	Sun, Fat Yee David	45	Fire Services	15.00
5	54380 IAZN	Luk, Kalam	47	Diocesan School	16.00
6	46505 IAZ	Chang, Lambert Jen Hsiung	49	Fastlane Swimming	16.00
7	06154	Leung, Siu Kin Philip	49	Lai Tsun	16.00
8	37032 IAZ	Wu, Kai Wing	48	Wong Tai Sin	16.00
9	51192 IAZ	Lo, Yui Man	47	Flying Fish	17.00
10	52516 IAZ	Tang, Ka Lun	46	Hong Kong Police	17.00
11	52883 IAZ	Lo, Fu Fui Frankie	49	Win Tin	17.00
12	16451	Cheng, Ngai Bun	46	Kwun Tong	19.00
13	51531 #IAX	Tang, Min	49	Fastlane Swimming	20.00
14	37781 IAZ	Lo, Kar Lai Gary	46	New Water Polo	20.00
15	53115 IAZ	Wu, Kwok Chiu	45	Pacific	20.00
16	41887 IAZ	Woo, Cheuk Yiu Jeffrey	49	YMCA OF Hong Kong	22.00
17	44666 IAZ	Ma, Choi	46	Sun Yip	27.46
18	26077 IAZ	Tsui, Chun Wai	47	Hong Kong Police	NT

50-54

1	39203 IAX	Lau, Hang	50	Sword Fish Club	13.00
2	51342 @ICO	Koh, Mun Hoe Terry	54	Fastlane Swimming	15.00
3	06310	Chan, Fung Sun	51	Kwun Tong	15.00
4	02366	Li, Ka Wing	50	Kwun Tong	15.00
5	06711	Leung, Tsz Kin	52	New Water Polo	15.01
6	27868 IAZ	Chan, Chi Wah Ringo	52	Sword Fish Club	16.00
7	19343 IAZ	Leung, Wan Hung Andy	50	Hong Kong Police	16.25
8	26053 IAZ	Wong, Yee Keung	53	Flying Fish	16.75
9	23497 IAZ	Au Yeung, Wai Kit	50	Kwun Tong	17.00
10	21008 IAZ	Cheung, Chun Kwan Michael	51	Wong Tai Sin	18.00
11	40835 IAZ	Leung, Wing Hong Alvin	50	Diocesan School	19.00

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50-54... (Event 11 Men 25 SC Meter Butterfly)

12	26821 IAZ	Chan, Kwok Chi	53	Sword Fish Club	19.97
13	03372	Lau, Allan	51	Sword Fish Club	19.97
14	49443 IAZN	Siu, Cheuk Kuen	52	Sword Fish Club	19.97
15	06338 IAZ	Wong, Ka Fai	50	Sword Fish Club	19.97
16	45485 IAZN	Choy, Wilson	52	Diocesan School	20.00
17	24606 IAZ	Tsang, Hin Lap	53	Flying Fish	20.00
18	35312 IAZ	Lee, Kin Man	50	Pacific	20.00
19	15166 #	Leung, Chi Keung	52	Tung Sing	20.00
20	05280	Chung, Hung Fai	52	Fire Services	NT

55-59

1	13992	Yim, Chung Chee	59	YMCA OF Hong Kong	17.00
2	17701 IAZ	Lee, Chor Fu	55	Wong Tai Sin	18.30
3	44678 IAZ	Hung, Tin Wai Robert	58	Pacific	18.43
4	53271 @^IM	Chen, Weizhong	55	New Water Polo	19.00
5	53916 IAZ	Ma, Kwok Leung	59	Sword Fish Club	19.97
6	53303 IAZ	Au, Kwok Wai	56	Kwun Tong	20.00
7	42365 IAX	Kwan, Man Fai	55	Diocesan School	21.00
8	06175	Lo, King Man	57	Sea Green	25.00
9	19345 #IAZ	Kwok, Yam Yung	59	YMCA OF Hong Kong	NT

60-64

1	50495 @^IM	Zhou, Liang	60	Sword Fish Club	13.00
2	05191	Koo, Yu Fat Marcus	62	Flying Fish	15.00
3	50485 #@^IM	Chen, Shuquan	61	New Water Polo	16.00
4	24256 IAW	Lok, Wai Man	61	New Water Polo	17.00
5	45930 #IAZ	Lo, Wing Kwong	63	Tung Sing	17.00
6	15528	Tsui, Tak Shing Dominic	62	Fastlane Swimming	17.50
7	26594 IAZ	Ching, Wai Kin	60	Sword Fish Club	17.78
8	37048 IAZ	Cheung, Wai Chuen Jimmy	61	Sword Fish Club	19.00
9	26261 IAZ	Tsun, Chung Wa Jode	60	Hong Kong Police	19.67
10	06256	Chan, Kwong Peter	63	Sea Green	20.00
11	07802	Chau, Kam Tim	64	Sea Green	22.00
12	54401 IAZ	Lam, Shing Cheong	64	Wong Tai Sin	25.00
13	32108 IAX	Chan, Kiu	62	Sword Fish Club	26.00
14	52999 IAZ	Lau, Kim Cheong	61	Fire Services	NT

65-69

1	03215 #IAZ	Leung, Yiu Chuen	66	Tung Sing	16.00
2	42191	Lin, Haichao	67	Sword Fish Club	17.00
3	17956 #IAZ	Chau, Kim Fai	67	Hong Kong Police	19.00
4	53106 @^IM	Huang, Xiaogang	65	Sword Fish Club	19.00
5	06785	Leung, Chun Yi	67	New Water Polo	22.00
6	06187	Kan, Kai Kwong	69	Sea Green	25.00
7	34768 IAW	Chan, Man Lang	67	Flying Fish	NT
8	06202	Lau, Kim Wah	65	Fire Services	NT
9	06201	Wong, Cheuk Yin	68	Fire Services	NT

70-74

1	36553 IAO	Inglis, Peter	70	HK Football Club	16.00
2	06388	Lau, Man Kin	70	Sword Fish Club	20.00
3	41729 IAZ	Ko, Leung Hung Alex	72	Diocesan School	22.00
4	06389	Chan, Hong Wah	71	New Water Polo	24.00
5	06184	Ng, Pak Chiu	70	Sea Green	24.00
6	52549 IAZ	Lam, Tak On	70	Sword Fish Club	25.00
7	19292 IAX	Leung, Fu Keung	70	Sea Green	25.00
8	51797 @^IM	Kong, Fanqiang	72	New Water Polo	35.00

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75-79... (Event 11 Men 25 SC Meter Butterfly)

1	51227 @^IM	Liang, Shuntian	75	Sword Fish Club	18.00
2	42260 P	He, Xi Nian	75	Sword Fish Club	19.00
3	03845	Tin, Sheung Kwai	77	New Water Polo	20.00
4	44756 IAZ	Lo, Che Hung	76	Lai Tsun	22.00
5	47053 IAZN	Chan, Victor	78	Diocesan School	35.00
6	23297 IAZ	Chan, Shing Chi	76	Lai Tsun	52.00

80-84

1	06270	Lam, Luk Kan	83	Sword Fish Club	30.00
2	38301 IAX	Cheung, Hao Yen	81	Lai Tsun	NT

Event 12 Women 25 SC Meter Butterfly

18-24 MSR: 13.82

25-29 MSR: 13.80

30-34 MSR: 13.87

35-39 MSR: 13.80

40-44 MSR: 14.84

45-49 MSR: 14.90

50-54 MSR: 14.54

55-59 MSR: 15.59

60-64 MSR: 15.47

65-69 MSR: 17.31

	ID#	Name	Age	Team	Seed Time
18-24					
1	21953 B	Chan, Tsz Ching	24	Fastlane Swimming	12.90
2	53262 @^IM	Tang, Xiao	20	New Water Polo	16.00
3	28242 IAZ	Hang, Kwan Tung Ruby	22	Dik Wing	16.80
4	20969 IAZ	Lui, Wing Lam	22	Kwun Tong	18.00
5	41134 IAZ	Heo, Jeong Min	19	Current Club Ltd	22.00
6	32413 B	Tso, Yi Wun	20	Current Club Ltd	22.00
25-29					
1	18028 B	Leung, Ho Ching	25	Fastlane Swimming	15.00
2	43597 @^IM	Su, Wenting	28	Sword Fish Club	16.00
3	29564 IAZ	Ng, Wai Ying Megan	28	Flying Fish	17.00
4	52699 @^IM	Liang, Yimin	27	Sword Fish Club	18.00
5	18350 #IAZ	Lam, Nga Yin Eunice	28	Fastlane Swimming	20.00
6	52696 @ICX	Wen, Zhibin	26	Tung Sing	21.00
7	11864 B	Chow, Tsz Hei	27	Crest Ray	NT
8	49513 IAZ	To, Yan Wing	28	Crest Ray	NT
30-34					
1	08238 #B	Li, Tsz Yu	30	Fastlane Swimming	15.50
2	50922 @ICO	Hughes, Christine Virginia	33	LRC	15.55
3	05769 B	Kot, Chung Ling	30	Hong Kong Police	17.00
4	38653 IAZ	Sin, Wai Ting	30	Golden Dolphin	20.00
5	52066 @^IM	Liang, Biyu	30	New Water Polo	20.00
6	40936 IAZ	Chan, Po Yan	34	New Water Polo	23.00
35-39					
1	02685 ICZ	Master, Farah Jimmy	39	HK Football Club	14.00
2	01683	Lam, Ka Yuk Ellen	37	Sword Fish Club	14.00
3	02131	Tsang, Ting Yan Tania	38	LRC	14.22
4	26745 ICX	Chen, Yangyang	39	LRC	14.92
5	00085	Yu, Pei En Priscilla	35	Current Club Ltd	16.00
6	42212	Lu, Wanjun	38	Sword Fish Club	16.00
7	49524 @IAO	Lau, Maggie Y	37	Flying Fish	18.00

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35-39... (Event 12 Women 25 SC Meter Butterfly)

8	14023	Wu, Pui Yan Natalie	39	Hong Kong Police	18.61
9	00412	Tsui, Po Kei	36	Hong Kong Police	20.00
40-44					
1	38440	ICO	41	Fastlane Swimming	15.77
2	01625	#ICZ	42	HK Football Club	16.00
3	52180	IAZ	40	Fastlane Swimming	18.00
4	42712	IAZ	40	Real Kinetic	18.00
5	47561	IAZ	40	Flying Fish	20.00
6	34701	IAZ	41	Flying Fish	21.61
45-49					
1	46247	@IAO	46	LRC	12.55
2	21005	IAX	46	Kowloon Tong Club	14.84
3	42192	@^IM	48	Sword Fish Club	16.00
4	08977		45	Current Club Ltd	17.00
5	51120	IAZ	47	Flying Fish	17.00
6	50484	#@^IM	45	New Water Polo	18.00
7	54366	B	45	Sword Fish Club	22.00
8	49121	#IAZ	45	New Water Polo	25.00
9	47583	@IAX	46	South China	NT
50-54					
1	52764	@ICO	54	LRC	16.55
2	36434	IAZ	50	Jockey Club	17.01
3	35982	IAZ	52	Lai Tsun	18.00
4	35969	IAX	52	Tung Sing	18.00
5	09870	@ICO	54	Fastlane Swimming	18.33
6	27128	IAZ	50	Flying Fish	19.37
7	53265	@^IM	51	New Water Polo	20.00
8	38302	IAZ	52	Lai Tsun	21.00
9	27463	IAX	53	New Water Polo	22.00
10	31395	IAZ	54	Flying Fish	23.12
11	54335	@IM	53	Sword Fish Club	24.00
12	06349		52	Sword Fish Club	30.00
13	35772	IAX	52	New Water Polo	35.00
55-59					
1	06352		59	Sword Fish Club	19.00
2	26254	IAX	59	New Water Polo	20.00
3	49429	#IAZ	55	Fastlane Swimming	21.00
4	43102	ICO	56	LRC	21.11
5	33084	IAZ	56	New Water Polo	29.00
6	52711	IAZ	58	Hilltop	40.00
7	37062	IAZ	58	Kowloon Tong Club	NT
60-64					
1	26049	IAZ	61	LRC	15.47
2	43595		62	Sword Fish Club	18.00
3	51787	@^IM	63	Sword Fish Club	19.00
4	41423	IAZ	62	Tung Sing	20.00
5	54388	@IM	64	Sword Fish Club	25.00
6	50893	@^P	60	New Water Polo	28.00
7	22428	IAZ	62	Sea Green	30.00
8	38289	IAZ	60	Sword Fish Club	32.00
9	05043		64	Flying Fish	NT
65-69					
1	19290	IAX	67	Sword Fish Club	20.00
2	54185	IAZ	66	Sword Fish Club	21.00

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65-69... (Event 12 Women 25 SC Meter Butterfly)

3	03503	Castka, Gillian Hancer	68	Sword Fish Club	23.00
4	53928 @IM	Huang, Cifang	69	Sword Fish Club	23.00
5	06355	Lo, Lai Yung	69	New Water Polo	25.00
6	16533	Wong, Shun Ying	65	Sea Green	28.00
7	52299 @^IM	Wang, Jungang	66	New Water Polo	30.00
8	25237 IAZ	Yu, Chi Seung	66	New Water Polo	35.00
9	49428 IAX	Leong, Sao Fan	67	New Water Polo	1:02.00

70-74

1	52146 @^IM	Li, Lianzhi	72	Sword Fish Club	27.00
2	39357 @^P	Mak, Sok Iun	74	Sword Fish Club	35.00

75-79

1	08936	Leong, Kuai Heng	78	New Water Polo	46.73
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80-84

1	06372 IAZ	Leung, Mabel Yuen Ying	82	Sword Fish Club	45.00
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Event 13 Men 4x25 SC Meter Medley Relay

100-119 MSR:	49.78
120-159 MSR:	49.39
160-199 MSR:	54.39
200-239 MSR:	57.55
240-279 MSR:	1:02.52
280-319 MSR:	1:10.13
320-359 MSR:	1:42.53

	Team	Relay	Seed Time
100-119			
1	Hong Kong Police Swimming Club	M100 A	59.42
2	Diocesan School Old Boys' Assn	M100 A	NT
120-159			
1	HK Fire Services S. & W. Club	M120 A	55.00
2	Hong Kong Police Swimming Club	M120 A	1:02.39
3	Kwun Tong Swimming Club	M120 A	NT
4	Ladies' Recreation Club	M120 A	NT
5	New Water Polo Club	M120 A	NT
6	Sword Fish Club	M120 A	NT
7	Sea Green Swimming & L.S. Club	M120 A	NT
8	Fastlane Swimming	M120 A	NT
9	Lpg Sports Limited	M120 A	NT
10	Diocesan School Old Boys' Assn	M120 A	NT
11	Hong Kong Football Club	M120 A	NT
160-199			
1	Kowloon Tong Club	M160 A	54.39
2	Hong Kong Police Swimming Club	M160 A	58.77
3	Pacific Swimming Club	M160 A	1:20.00
4	Wong Tai Sin District L.S. S.	M160 A	3:00.00
5	HK Flying Fish Athletic Assn	M160 A	NT
6	Kwun Tong Swimming Club	M160 A	NT
7	Ladies' Recreation Club	M160 A	NT
8	New Water Polo Club	M160 A	NT
9	Sword Fish Club	M160 A	NT
10	Tung Sing Athletic Association	M160 A	NT
11	Fastlane Swimming	M160 A	NT
12	Diocesan School Old Boys' Assn	M160 A	NT
13	Hong Kong Football Club	M160 A	NT

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200-239... (Event 13 Men 4x25 SC Meter Medley Relay)

1	Kowloon Tong Club	M200	A	57.73
2	HK Fire Services S. & W. Club	M200	A	1:00.00
3	Hong Kong Police Swimming	M200	A	1:09.31
4	YMCA OF Hong Kong	M200	A	1:10.00
5	Wong Tai Sin District L.S. S.	M200	A	3:00.00
6	HK Flying Fish Athletic Assn	M200	A	NT
7	Kwun Tong Swimming Club	M200	A	NT
8	Ladies' Recreation Club	M200	A	NT
9	Lai Tsun Swimming Society	M200	A	NT
10	New Water Polo Club	M200	A	NT
11	Sword Fish Club	M200	A	NT
12	Tung Sing Athletic Association	M200	A	NT
13	Fastlane Swimming	M200	A	NT
14	Diocesan School Old Boys' Assn	M200	A	NT
15	Hong Kong Football Club	M200	A	NT

240-279

1	Hong Kong Police Swimming	M240	A	1:10.00
2	Wong Tai Sin District L.S. S.	M240	A	3:00.00
3	Ladies' Recreation Club	M240	A	NT
4	Lai Tsun Swimming Society	M240	A	NT
5	New Water Polo Club	M240	A	NT
6	Sword Fish Club	M240	A	NT
7	Sea Green Swimming & L.S. C	M240	A	NT
8	Fastlane Swimming	M240	A	NT
9	Diocesan School Old Boys' Assn	M240	A	NT

280-319

1	Wong Tai Sin District L.S. S.	M280	A	3:00.00
2	Lai Tsun Swimming Society	M280	A	NT
3	New Water Polo Club	M280	A	NT
4	Sword Fish Club	M280	A	NT
5	Sea Green Swimming & L.S. C	M280	A	NT
6	Diocesan School Old Boys' Assn	M280	A	NT

320-359

1	Sword Fish Club	M320	A	NT
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Event 14 Women 4x25 SC Meter Medley Relay

100-119 MSR:	1:02.35
120-159 MSR:	59.65
160-199 MSR:	1:02.16
200-239 MSR:	1:07.31
240-279 MSR:	1:16.20
280-319 MSR:	1:41.68

	Team	Relay	Seed Time
120-159			
1	Hong Kong Police Swimming	W120 A	1:11.68
2	Pacific Swimming Club	W120 A	1:20.00
3	Ladies' Recreation Club	W120 A	NT
4	New Water Polo Club	W120 A	NT
5	Sword Fish Club	W120 A	NT
6	Fastlane Swimming	W120 A	NT
7	Crest Ray Recreation and Sp	W120 A	NT
8	Hong Kong Football Club	W120 A	NT

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160-199... (Event 14 Women 4x25 SC Meter Medley Relay)

1	Kowloon Tong Club	W160	A	1:02.16
2	Hong Kong Police Swimming	W160	A	1:24.87
3	The Hong Kong Jockey Club	W160	A	1:25.00
4	Pacific Swimming Club	W160	A	1:30.00
5	Current Club Ltd	W160	A	NT
6	HK Flying Fish Athletic Assn	W160	A	NT
7	Ladies' Recreation Club	W160	A	NT
8	Lai Tsun Swimming Society	W160	A	NT
9	New Water Polo Club	W160	A	NT
10	South China Athletic Assn	W160	A	NT
11	Sword Fish Club	W160	A	NT
12	Tung Sing Athletic Association	W160	A	NT
13	Fastlane Swimming	W160	A	NT
14	Hong Kong Football Club	W160	A	NT

200-239

1	Wong Tai Sin District L.S. S.	W200	A	3:00.00
2	Ladies' Recreation Club	W200	A	NT
3	Lai Tsun Swimming Society	W200	A	NT
4	New Water Polo Club	W200	A	NT
5	Sword Fish Club	W200	A	NT
6	Fastlane Swimming	W200	A	NT

240-279

1	Wong Tai Sin District L.S. S.	W240	A	3:00.00
2	HK Flying Fish Athletic Assn	W240	A	NT
3	Ladies' Recreation Club	W240	A	NT
4	Lai Tsun Swimming Society	W240	A	NT
5	New Water Polo Club	W240	A	NT
6	South China Athletic Assn	W240	A	NT
7	Sword Fish Club	W240	A	NT

280-319

1	New Water Polo Club	W280	A	NT
2	Sword Fish Club	W280	A	NT

320-359

1	Sword Fish Club	W320	A	NT
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Event 15 Men 50 SC Meter Breaststroke

18-24 MSR:	28.11
25-29 MSR:	29.15
30-34 MSR:	29.76
35-39 MSR:	30.71
40-44 MSR:	28.91
45-49 MSR:	30.99
50-54 MSR:	33.32
55-59 MSR:	34.39
60-64 MSR:	36.15
65-69 MSR:	37.04

	ID#	Name	Age	Team	Seed Time
18-24					
1	30694 #IAZ	Cheung, Chi Kit Nicholas	19	Wong Tai Sin	29.00
2	20934 B	Tang, Ho Chuen	24	Diocesan School	31.50
3	19430 B	Mok, Yik Long	22	Diocesan School	32.00
4	32363 IAZ	Wong, Tsz Shing	19	Dik Wing	32.80
5	53273 @^IM	Yang, Weicong	20	New Water Polo	33.00

24-25 Master SC Swi Comp P1 - 22/09/2024

Psych Sheet

18-24... (Event 15 Men 50 SC Meter Breaststroke)

6	18027 B	Leung, Lok Hang	24 Pacific	33.00
7	27703 IAZ	Chan, Ming Chi	24 Hong Kong Police	38.32
8	53917 @IM	Cai, Hong	24 Sword Fish Club	40.00
25-29				
1	15481 B	Wong, Ho Kiu	26 RippleFly Swim Ltd	30.00
2	10220 B	Tam, Ka Ming	27 Kwan Hung	31.00
3	18591 B	Ching, Yuk Tsun	25 Dik Wing	31.55
4	26181 IAZ	Tsoi, Tsz Chun Jason	29 Fire Services	32.00
5	13568 B	Choi, Yi Fai Sutton	27 Diocesan School	35.00
30-34				
1	05577 IBZ	Yuen, Marcus	30 LRC	29.83
2	42728 P	Febo, Christopher Vincenzo	31 Sword Fish Club	32.00
3	10221 IBZ	Tam, Ka Ho Ricky	33 Hong Kong Police	33.52
4	33387 IAO	Wu, Kenneth Yee Lok	33 Sword Fish Club	39.00
5	03312 IAZ	Li, Yun Sing	34 Diocesan School	40.00
6	06886 B	Li, Chin Long	34 Eastern Winter	40.00
7	54334 @IM	Li, Liangliang	30 New Water Polo	40.00
35-39				
1	42367 IAO	Chow, Chun Yin	38 Diocesan School	31.00
2	03716 ICZ	Yan, Ho Chun	39 Diocesan School	31.00
3	02591	Luk, Wing Kin Andy	35 Kwan Hung	32.00
4	01539 IBZ	Lee, Yeung Darwin	35 Fire Services	33.00
5	00314 IBZ	Mok, Hon Hei	36 Hong Kong Police	34.00
6	00385	Cheng, Pong Man Reuben	35 Flying Fish	36.00
7	27469 IAX	Lam, Kin Wang	39 Hong Kong Police	37.32
8	50486 @^IM	Liao, Qi	38 Sword Fish Club	42.00
40-44				
1	06960 ICZ	Lau, Yan Kid	40 Fire Services	33.00
2	12275	Wong, Yat Tung	44 Fire Services	33.00
3	48666 @ICO	Upman, David Ross	40 Fastlane Swimming	33.50
4	00091	Chan, Lok Yan	40 New Water Polo	34.00
5	01465 ICZ	Chiang, Filomeno	42 Hong Kong Police	35.00
6	11544 #	Fan, Yiu Wing	43 St. Joseph's Col	36.00
7	02029 IAZ	Wong, King Fung Kelvin	40 St. Joseph's Col	36.00
8	12873	Wan, Ka Fai	42 Sea Green	36.00
9	44298 IAZ	Tong, Lik Lam	40 Pacific	38.00
10	50012 @IAO	Griffiths, Evan Paul	44 Fastlane Swimming	40.00
11	08964 #IAZ	Yeung, Wai Kam William	41 Tung Sing	40.00
12	24965 IAZ	Leung, Yuk Ki	44 Hong Kong Police	40.43
13	52285 IAO	Lung, Donald Andrew	42 Diocesan School	42.00
14	10317	Ng, Ka Wing	44 Diocesan School	42.00
15	03095	Lau, Ko Chun	42 Hong Kong Police	42.73
16	03793 ICZ	Po, Tik San	42 New Water Polo	45.00
45-49				
1	05160	Chan, Ka Wo	47 Diocesan School	36.00
2	06154	Leung, Siu Kin Philip	49 Lai Tsun	36.00
3	26790 ICO	Green, Malcolm John	48 Chi Kin	36.79
4	40834 IAZ	Chang, Hsi Tse JosephJeremy	45 Diocesan School	37.00
5	11569	Wong, Lok Shun	47 Flying Fish	38.00
6	46505 IAZ	Chang, Lambert Jen Hsiung	49 Fastlane Swimming	39.00
7	43604 @^IM	Long, Zhisheng	45 Sword Fish Club	39.00
8	54380 IAZN	Luk, Kalam	47 Diocesan School	40.00
9	32473 IAZ	Chan, Yiu Chung	47 Hong Kong Police	41.15
10	48593 #IAZ	Cheng, Wai Leung	47 Wong Tai Sin	44.00

24-25 Master SC Swi Comp P1 - 22/09/2024

Psych Sheet

45-49... (Event 15 Men 50 SC Meter Breaststroke)

11	53860 IAZ	Chung, Yick Hang	46 St. Joseph's Col	50.00
12	51531 #IAZ	Tang, Min	49 Fastlane Swimming	50.00
13	16451	Cheng, Ngai Bun	46 Kwun Tong	50.00
14	44666 IAZ	Ma, Choi	46 Sun Yip	52.47
15	53115 IAZ	Wu, Kwok Chiu	45 Pacific	1:00.00

50-54

1	27459 IAZ	Lui, Wing Tak Victor	50 Diocesan School	38.00
2	26317 IAZN	Tung, Shang Wei Timothy	54 Kwun Tong	39.00
3	21008 IAZ	Cheung, Chun Kwan Michael	51 Wong Tai Sin	39.00
4	23497 IAZ	Au Yeung, Wai Kit	50 Kwun Tong	40.00
5	40835 IAZ	Leung, Wing Hong Alvin	50 Diocesan School	44.00
6	05280	Chung, Hung Fai	52 Fire Services	NT

55-59

1	32253 IAZ	Watt, Kam Sing Michael	57 Fastlane Swimming	34.50
2	18856 IAZ	Au, Mun Shing	59 Sword Fish Club	36.00
3	42364 IAZ	Lau, Yip Kwong Francis	55 Diocesan School	40.00
4	21736 IAM	Lo, Lai Tou	56 Sword Fish Club	48.00
5	53923 @IM	Wen, Bin	55 Sword Fish Club	1:20.00
6	19345 #IAZ	Kwok, Yam Yung	59 YMCA OF Hong Kong	NT

60-64

1	45930 #IAZ	Lo, Wing Kwong	63 Tung Sing	40.00
2	50511 @^IM	Ye, Huanliang	61 Sword Fish Club	41.00
3	40592 IAZ	Fo, Pui Keung	60 Hong Kong Police	43.58
4	26261 IAZ	Tsun, Chung Wa Jode	60 Hong Kong Police	47.71
5	52074 @^IM	Huang, Minyue	61 New Water Polo	48.00
6	06256	Chan, Kwong Peter	63 Sea Green	48.00
7	50782 @IAZ	Pang, Shu Ming	63 Sea Green	49.00
8	31475 IAZ	Kwan, Chi Yin	63 New Water Polo	50.00
9	52223 @^IM	Li, Jianlin	64 New Water Polo	50.00
10	41426 IAZ	Tang, Yu Hang Francis	63 Tung Sing	55.00
11	54401 IAZ	Lam, Shing Cheong	64 Wong Tai Sin	1:12.00
12	52999 IAZ	Lau, Kim Cheong	61 Fire Services	NT

65-69

1	14555 @IAZ	Tang, Kon Leong	68 Sword Fish Club	40.00
2	50662 @^P	Zong, Cheng	66 Sword Fish Club	40.00
3	19350 IAZ	Leung, Chi Wah	67 Hong Kong Police	47.18
4	06176	Wong, Kung Wan	68 Sea Green	51.00
5	36725 IAZ	Yau, Wai	65 Sea Green	53.00
6	06207	Lau, Kim Man	68 Fire Services	NT
7	49915 @IAZ	Tai, Yu Chung	66 New Water Polo	NT

70-74

1	36553 IAO	Inglis, Peter	70 HK Football Club	42.00
2	20634 IAZ	Wu, Shu Sun	74 New Water Polo	48.00
3	06382	Chan, Kam Por	72 Sword Fish Club	48.00
4	37684 IAZ	Mok, Yun Cheung	74 Sword Fish Club	48.00
5	54115 IAZ	Wong, Kwok Ming	72 Hong Kong Police	50.00
6	06243	Koo, Choi Fat	74 Wong Tai Sin	50.00
7	14035	Wong, Shing Kuen	71 Lai Tsun	58.00

75-79

1	42260 P	He, Xi Nian	75 Sword Fish Club	44.00
2	03845	Tin, Sheung Kwai	77 New Water Polo	50.00
3	05917	Yong, Khin Syn	75 Sword Fish Club	50.00
4	44788 IAZ	Chui, Hong Sheung	75 Diocesan School	58.00
5	49541 @IAXN	Yang, Victor	79 Diocesan School	59.00

24-25 Master SC Swi Comp P1 - 22/09/2024

Psych Sheet

75-79... (Event 15 Men 50 SC Meter Breaststroke)

6	44793 IAZ	Iu, Pui To	77	Diocesan School	1:01.00
7	10274	Lau, Chun Nung	78	Lai Tsun	1:05.00
8	14029	Ieong, Vun Fai	78	Sword Fish Club	1:15.00

80-84

1	06270	Lam, Luk Kan	83	Sword Fish Club	1:10.00
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85-89

1	06246	Ling, Wang Yam	87	Wong Tai Sin	1:12.00
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90-94

1	38060 IAZ	Chi, Lieh Yung	90	Sword Fish Club	2:00.00
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Event 16 Women 50 SC Meter Breaststroke

18-24 MSR: 34.80

25-29 MSR: 35.73

30-34 MSR: 35.44

35-39 MSR: 37.14

40-44 MSR: 34.87

45-49 MSR: 33.86

50-54 MSR: 37.68

55-59 MSR: 38.71

60-64 MSR: 39.01

65-69 MSR: 49.83

	ID#	Name	Age	Team	Seed Time
18-24					
1	28694 B	Cheuk, Yuet Ying Phoebe	20	Sword Fish Club	36.15
2	37318 IAO	Chio, Yi Lan	21	Dik Wing	38.80
3	54016 IAZ	Cheng, Hoi Man	19	Sword Fish Club	40.54
4	54392 @P	Kininmonth, Victoria	20	Fastlane Swimming	41.00
25-29					
1	11418 P	Chan, Yuan Ting Janet	29	Fastlane Swimming	38.00
2	29564 IAZ	Ng, Wai Ying Megan	28	Flying Fish	38.00
3	18028 B	Leung, Ho Ching	25	Fastlane Swimming	40.00
4	53922 @IM	Wen, Shanhui	26	Sword Fish Club	59.00
5	43533 IAZ	Wong, Yu Tung	26	New Water Polo	1:00.00
30-34					
1	08238 #B	Li, Tsz Yu	30	Fastlane Swimming	36.00
2	01262	Mau, Lok Yan Eunice	31	Current Club Ltd	36.41
3	50922 @ICO	Hughes, Christine Virginia	33	LRC	37.84
4	38653 IAZ	Sin, Wai Ting	30	Golden Dolphin	50.00
35-39					
1	00085	Yu, Pei En Priscilla	35	Current Club Ltd	42.24
2	07651 IBZ	Yu, Sze Wai Joyce	36	Hong Kong Police	45.00
3	53100 IAX	Wong, Sze Kei	35	Fastlane Swimming	50.00
4	53240 IAZ	Li, Ka Tung Antonia	36	Jockey Club	54.00
5	13384 ICZ	Lee, May Sze Mei	37	New Water Polo	55.00
6	53921 IAZ	Ho, Hu Kar	36	Sword Fish Club	1:00.00
40-44					
1	53256 @^IM	Deng, Weina	41	New Water Polo	25.00
2	49329 @IAO	Ng, Carmen C M	40	Pacific	41.00
3	45041 IAZ	Fung, Cheuk Ching Candy	42	Hoi Fung	45.25
4	44676 IAZ	Lam, Sze Wai Jacqueline	44	Jockey Club	46.21
5	42712 IAZ	Chan, Hiu Ying	40	Real Kinetic	48.00
6	50515 IAZ	Cheung, Hiu Yan	42	Sword Fish Club	59.00
45-49					
1	30072 ICW	Chao, Man Chi	45	New Water Polo	43.71

24-25 Master SC Swi Comp P1 - 22/09/2024

Psych Sheet

45-49... (Event 16 Women 50 SC Meter Breaststroke)

2	35765 IAZ	Wong, See Ming	46 Hong Kong Police	44.09
3	08977	Ho, Yee Yun Rosalind	45 Current Club Ltd	47.09
4	50687 IAZ	Li, Yee Man	46 YMCA OF Hong Kong	48.00
5	53270 @^IM	Xie, Lexian	47 New Water Polo	59.00
6	31534 IAZ	Mo, Wing Yee	48 Wong Tai Sin	1:25.00

50-54

1	50110 IAZ	Chow, Yin Wei Nora	52 New Water Polo	48.00
2	53113 @^IM	Huang, Zhiling	54 Sword Fish Club	49.00
3	35969 IAX	Wang, Ying Lian	52 Tung Sing	49.00
4	27463 IAX	Chen, Yugen	53 New Water Polo	52.00
5	44304 IAX	Choi, Shan Shan	52 Sword Fish Club	55.00
6	06349	Ip, Oi Wa Wendy	52 Sword Fish Club	55.00
7	43063 @IAO	Wong, Rose	54 LRC	57.61
8	40937 #IAZ	Leung, Wai Fan Fanny	54 South China	1:01.43
9	53924 @IM	Yang, Suqiong	53 Sword Fish Club	1:05.00

55-59

1	53926 @IM	Zhang, Runqi	56 Sword Fish Club	48.00
2	36655 IAZ	Wong, Olivia Ka Ying	58 Jockey Club	53.66
3	33084 IAZ	Mau, Chi Chiu Brenda	56 New Water Polo	1:04.00
4	54330 @IM	Li, JianHong	58 New Water Polo	1:09.00

60-64

1	29752 IAZ	Chow, Yee Heung Liza	60 Lai Tsun	46.00
2	34668 IAZ	Tang, Pik Ha	64 New Water Polo	55.00
3	38289 IAZ	Ng, Wai Lin Angie	60 Sword Fish Club	58.00
4	20640 IAZ	Wong, Fung Yee	64 Sword Fish Club	1:10.00

65-69

1	52283 @^IM	Li, Weihua	68 Sword Fish Club	45.00
2	54367 ^@IM	Qiu, Xiuqun	68 Sword Fish Club	48.00
3	54338 @IM	Peng, Shuyan	65 Sword Fish Club	49.00
4	02711	Fok, Wai Fung	66 Wong Tai Sin	59.00

70-74

1	50480 @^ICX	Lam, Lai Mui	73 Sword Fish Club	58.00
2	06147	Leung Wong, Yin Har Hayley	72 Sea Green	1:10.00
3	06213	Mo, Mei Ling	70 Wong Tai Sin	1:10.00
4	39357 @^P	Mak, Sok Iun	74 Sword Fish Club	1:12.00

75-79

1	06212	Lo, Yeuk Shuen	75 Wong Tai Sin	1:30.00
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85-89

1	38059 IAX	Tai, Li Hua	85 Sword Fish Club	1:00.00
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Event 17 Men 100 SC Meter Freestyle

18-24 MSR:	53.96
25-29 MSR:	52.91
30-34 MSR:	54.17
35-39 MSR:	52.96
40-44 MSR:	54.46
45-49 MSR:	57.04
50-54 MSR:	57.63
55-59 MSR:	1:01.39
60-64 MSR:	1:03.67
65-69 MSR:	1:06.03

ID#	Name	Age	Team	Seed Time
18-24				
1	22816 IAZ	Cheung, Tsz Nok	21 Dik Wing	57.80

24-25 Master SC Swi Comp P1 - 22/09/2024

Psych Sheet

18-24... (Event 17 Men 100 SC Meter Freestyle)

2	41976 IAZ	Lau, Hoi Pak	19 Creative Youth	1:00.00
3	32318 P	Li, Ho Yin	20 Creative Youth	1:00.00
4	40140 #IAZ	Li, Wing Yin	20 Creative Youth	1:00.00
5	19311 B	Tang, Ngo Chi	23 Win Tin	1:00.00
6	34058 B	Chow, Hong-Yo Sandy	20 Pacific	1:01.00
7	28567 #IAZ	Tam, Wang Yin	24 Eastern Winter	1:05.00
8	37171 IAZ	Wong, Wai Cheung	19 Current Club Ltd	1:05.95
9	50181 @^ICO	Zheng, Jiale	20 Kwun Tong	1:20.00

25-29

1	18591 B	Ching, Yuk Tsun	25 Dik Wing	57.80
2	15481 B	Wong, Ho Kiu	26 RippleFly Swim Ltd	58.00
3	15262 B	Cheng, Yuan Andrew	27 Kwun Tong	1:00.00
4	40333 IAZ	Lam, Pak Lai	27 Flying Fish	1:05.00
5	23695 IAZ	Lee, Michael Le Jin	29 Current Club Ltd	1:05.81
6	26574 IAZ	Kwan, Leong Chun	29 Sword Fish Club	1:40.00
7	15815	Lo, Ting Kin	28 Sea Green	1:40.00

30-34

1	11447 IBZ	Fung, King Hong	33 Fire Services	55.00
2	02021 IBZ	Chow, Man Ho	34 Kwan Hung	55.46
3	04637 IBZ	Kwan, Yui Hang	31 Current Club Ltd	1:00.14
4	43276 ICO	Gattegno, Julien	32 Fastlane Swimming	1:02.00
5	50444 @ICO	Watanabe, Yuhei	31 Fastlane Swimming	1:03.00
6	53101 @ICO	Palmerston, Jeremiah Bradley	33 Fastlane Swimming	1:03.72
7	51779 @ICX	Lin, Hang	31 South China	1:05.26
8	33387 IAO	Wu, Kenneth Yee Lok	33 Sword Fish Club	1:06.02
9	52515 IAZ	Leung, Kit Chung	31 Hong Kong Police	1:06.38
10	52204 IAZ	Chan, Tsz Ming	32 Pacific	1:08.37
11	54334 @IM	Li, Liangliang	30 New Water Polo	1:30.00

35-39

1	51101 @ICO	Smit, Marcel Pieter Arnold	37 Fastlane Swimming	53.00
2	04187 IBZ	Fan, Kin Pong	38 Fire Services	55.00
3	06602 IBZ	Yam, Chi Ching	35 Fire Services	57.00
4	01621 IBZ	So, Man Hon	36 Fastlane Swimming	58.00
5	51511 @ICO	Bitterly, Thomas Bradford	38 New Water Polo	58.00
6	00464 IA	Paul, Jonathan Matthew	39 Diocesan School	59.00
7	22420 IAZ	Chan, Chi Ming	38 Kwun Tong	1:00.00
8	03667 IBZ	Wong, Sai Man Sherman	35 New Water Polo	1:00.00
9	50188 @^P	Chu, Yuan Hun	35 Fastlane Swimming	1:01.00
10	44302 ICO	Boas, Michael Joel	39 Fastlane Swimming	1:05.00
11	27874 IAZ	Chan, Cheuk Man	36 New Water Polo	1:05.00
12	53239 IAO	Cheng, Anthony Kwok Bo	37 Jockey Club	1:06.00
13	50488 @^IM	Huang, Ziwei	35 Sword Fish Club	1:06.00
14	00104	Lo, Shek Pui	35 HK Football Club	1:10.50
15	48667 @IRO	Wong, Dominic Clayton Joe	36 Fastlane Swimming	1:15.00
16	32471 IAZ	Lam, Yu Fung Issac	37 Hong Kong Police	1:20.00
17	42848 P	Li, Yuhui	35 Sword Fish Club	1:40.00
18	50508 @^IM	Zhong, Zhiming	39 Sword Fish Club	1:40.00

40-44

1	44769 ICO	Sharp, Braedon	41 HK Football Club	57.00
2	01591 ICZ	Fu, Wing Harbeth	44 Kwun Tong	1:00.00
3	46504 @IAO	Coe, Jason George	40 Fastlane Swimming	1:06.00
4	09165	Cheung, Siu Fung	41 Lai Tsun	1:08.00
5	38121 IAZ	Cheung, Chi Yan Clifford	44 Sea Green	1:08.00
6	42708 IAZ	Tang, Wing Chung Jonathan	42 Hoi Fung	1:08.73

24-25 Master SC Swi Comp P1 - 22/09/2024

Psych Sheet

40-44... (Event 17 Men 100 SC Meter Freestyle)

7	42024 IAZ	Tang, Cheuk Hang	40	Current Club Ltd	1:09.72
8	05179 ICZ	Wan, Chun Pong Michael	40	Fastlane Swimming	1:10.50
9	49027 IAZ	Ng, Fung Kei	44	Sword Fish Club	1:19.00
10	48158 IAZ	Lee, Sung Hai Hysan	40	Diocesan School	1:20.00
11	54383 IAX	Sun, Fei	40	Fastlane Swimming	1:20.00
12	27133 IAZ	Poon, Man Chun	43	Wong Tai Sin	1:25.00
13	10317	Ng, Ka Wing	44	Diocesan School	1:30.00
14	48858 @IAO	Kwok, Kendrick Wing-kay	42	Fastlane Swimming	1:30.00

45-49

1	05253 ICZ	Sun, Fat Yee David	45	Fire Services	56.00
2	04238	Woo, Chun Kuen Douglas	46	LRC	58.63
3	53312 IAZ	Tang, Tin Lok Stephen	48	Win Tin	1:03.00
4	28849 IAZ	Chan, Chun Kuen	49	Sword Fish Club	1:06.00
5	39987 @^P	Chu, Tong Man	48	Sword Fish Club	1:11.00
6	16451	Cheng, Ngai Bun	46	Kwun Tong	1:13.00
7	51192 IAZ	Lo, Yui Man	47	Flying Fish	1:19.00
8	37781 IAZ	Lo, Kar Lai Gary	46	New Water Polo	2:00.00

50-54

1	51107 @^P	Huang, Ying Tsang	54	Fastlane Swimming	1:01.00
2	06310	Chan, Fung Sun	51	Kwun Tong	1:08.00
3	02366	Li, Ka Wing	50	Kwun Tong	1:08.00
4	27868 IAZ	Chan, Chi Wah Ringo	52	Sword Fish Club	1:08.00
5	48285 IAZ	Wan, Hong Yin Edmund	53	HK Football Club	1:10.00
6	51342 @ICO	Koh, Mun Hoe Terry	54	Fastlane Swimming	1:15.00
7	24606 IAZ	Tsang, Hin Lap	53	Flying Fish	1:20.00
8	49443 IAZN	Siu, Cheuk Kuen	52	Sword Fish Club	1:25.00
9	43200 @^IM	Li, Run Ke	54	Sword Fish Club	1:28.00
10	50404 @IAO	Livotto, Andrea	50	Fastlane Swimming	1:35.00

55-59

1	54387 @IM	Chen, Xueyong	57	Sword Fish Club	1:12.00
2	27470 IAZ	Chan, Tin Hung	56	Hong Kong Police	1:16.35
3	41548 IAZ	Ip, Ka Keung Patrick	56	HK Football Club	1:20.00
4	53271 @^IM	Chen, Weizhong	55	New Water Polo	1:22.00
5	53581 IAO	Shi, Bertram Emil	58	Fastlane Swimming	1:25.00
6	17701 IAZ	Lee, Chor Fu	55	Wong Tai Sin	1:26.00

60-64

1	50482 @^IM	Chen, Heqiang	61	Sword Fish Club	1:11.00
2	50485 #@^IM	Chen, Shuquan	61	New Water Polo	1:17.00
3	37048 IAZ	Cheung, Wai Chuen Jimmy	61	Sword Fish Club	1:19.00
4	06256	Chan, Kwong Peter	63	Sea Green	1:20.00
5	46092 @IAO	Munro, Gavin Malcolm	64	LRC	1:21.79
6	26594 IAZ	Ching, Wai Kin	60	Sword Fish Club	1:26.00
7	40861 IAZ	Cheung, Chi Ming Rover	61	Sword Fish Club	1:28.00

65-69

1	06331 ICZ	Ma, Etienne	67	YMCA OF Hong Kong	1:08.00
2	05071	Choi, Tony	66	LRC	1:12.98
3	53918 @IM	Liu, Zhaohe	65	Sword Fish Club	1:25.00
4	52766 IAO	Dundon, Christopher John	66	LRC	1:25.55
5	45199 #IAZ	Fok, Siu Por	66	New Water Polo	1:30.00

70-74

1	06268	Tse, Kwok Piu	73	Sword Fish Club	1:16.00
2	26318	Suen, Chi Wing	70	Sword Fish Club	1:45.00

80-84

1	27458 IAZ	Tsui, Yau Ho	80	Sword Fish Club	2:00.00
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24-25 Master SC Swi Comp P1 - 22/09/2024

Psych Sheet

85-89... (Event 17 Men 100 SC Meter Freestyle)

1 15490 Law, Kwai Fong 88 Sword Fish Club 2:15.00

Event 18 Women 100 SC Meter Freestyle

- 18-24 MSR: 1:01.93
- 25-29 MSR: 1:00.33
- 30-34 MSR: 1:00.06
- 35-39 MSR: 1:01.44
- 40-44 MSR: 1:02.37
- 45-49 MSR: 1:04.90
- 50-54 MSR: 1:04.56
- 55-59 MSR: 1:14.61
- 60-64 MSR: 1:15.74
- 65-69 MSR: 1:24.13

	ID#	Name	Age	Team	Seed Time
18-24					
1	21953 B	Chan, Tsz Ching	24	Fastlane Swimming	59.99
2	23105 IAZ	Ho, Cheuk Wai	23	Dik Wing	1:02.80
3	31444 IAX	Tang, Hiu Tung	23	Pacific	1:08.40
4	54016 IAZ	Cheng, Hoi Man	19	Sword Fish Club	1:14.00
5	32413 B	Tso, Yi Wun	20	Current Club Ltd	1:14.44
25-29					
1	26980 IAZ	Wong, Suet Wing	25	Dik Wing	1:06.80
2	09959 IAZ	Mok, Hoi Man Sheron	29	New Water Polo	1:10.00
3	18350 #IAZ	Lam, Nga Yin Eunice	28	Fastlane Swimming	1:20.00
4	20985 IAZ	Kwok, Tung Kwan	28	Sword Fish Club	1:50.00
30-34					
1	03730 IBZ	Li, Jamie	32	Kwan Hung	1:09.99
2	06608 B	Shek, Yan Sin	31	New Water Polo	1:20.00
3	38653 IAZ	Sin, Wai Ting	30	Golden Dolphin	1:22.00
35-39					
1	02685 ICZ	Master, Farah Jimmy	39	HK Football Club	1:01.00
2	00288 IBZ	Yip, Wing Yan	36	Dik Wing	1:01.80
3	07651 IBZ	Yu, Sze Wai Joyce	36	Hong Kong Police	1:17.89
4	42212	Lu, Wanjun	38	Sword Fish Club	1:30.00
5	53100 IAX	Wong, Sze Kei	35	Fastlane Swimming	1:34.00
6	48188 IAZ	Tang, Ho Tung Kathy	39	Csu	1:50.00
40-44					
1	52215 @^P	Li, Yunfen	42	New Water Polo	1:40.00
2	51099 IAZ	Wong, Jane Tsin	40	Fastlane Swimming	1:41.00
45-49					
1	46247 @IAO	Krkalo, Shauna Kathleen	46	LRC	1:02.37
2	49442 IAZ	Chan, Yuk Man Phoebe	45	Sword Fish Club	1:10.00
3	08977	Ho, Yee Yun Rosalind	45	Current Club Ltd	1:23.99
4	51676 @^IM	Li, Fan	48	Sword Fish Club	1:30.00
5	54366 B	Li, Qing	45	Sword Fish Club	1:30.00
6	47583 @IAX	Wei, Yan	46	South China	2:05.00
50-54					
1	33517 IAO	Yamaguchi, Mika	52	Fastlane Swimming	1:04.56
2	52764 @ICO	Schoening Naujoks, Mirjam Be	54	LRC	1:13.55
3	36434 IAZ	Lam, Wing Yan Jada	50	Jockey Club	1:22.00
4	35969 IAX	Wang, Ying Lian	52	Tung Sing	1:31.00
5	31395 IAZ	Chan, Pui Ling	54	Flying Fish	1:33.00
6	52996 IAX	Shum, Yim	53	Current Club Ltd	1:40.00

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50-54... (Event 18 Women 100 SC Meter Freestyle)

7	44641 IAZ	Chan, Suk Yin	52	Sword Fish Club	2:10.00
55-59					
1	40907 IAZ	Lai, Shui Nin Ingrid	57	YMCA OF Hong Kong	1:15.00
2	36045 IAZN	Hsu, Ava	57	LRC	1:39.09
3	43226 IAZ	Yuen, Lai Ping Anna	58	South China	2:05.00
4	35801 IAZ	Ho, Yuk Yi Carol	55	Flying Fish	NT
60-64					
1	50893 @^P	Niu, Zili	60	New Water Polo	1:46.00
2	31750 IAZ	Cheung, Lai Ying Anita	61	Lai Tsun	1:52.00
65-69					
1	49914 @IAXB	Ng, Yee Man	65	New Water Polo	1:25.00
2	03503	Castka, Gillian Hancer	68	Sword Fish Club	1:37.00
3	54367 ^@IM	Qiu, Xiuqun	68	Sword Fish Club	1:50.00
70-74					
1	46236 #IAZ	Fok, Miu Han	71	New Water Polo	2:03.00
75-79					
1	39991 IAS	Sam, Choi Lin	76	Sword Fish Club	1:53.00
2	06212	Lo, Yeuk Shuen	75	Wong Tai Sin	2:20.00
80-84					
1	32571 IAZ	Chan, Pui Yee	80	Sword Fish Club	2:20.00
85-89					
1	06144	Mak, Suet Man	87	Sea Green	2:20.00

Event 19 Mixed 4x25 SC Meter Freestyle Relay

100-119 MSR:	48.19
120-159 MSR:	48.57
160-199 MSR:	51.28
200-239 MSR:	55.25
240-279 MSR:	1:00.03
280-319 MSR:	1:08.26
320-359 MSR:	1:31.09

	Team	Relay	Seed Time
X100-119			
1	Hong Kong Police Swimming	€100 A	55.30
X120-159			
1	Hong Kong Police Swimming	€120 A	51.99
2	Pacific Swimming Club	X120 A	1:10.00
3	Current Club Ltd	X120 A	NT
4	Ladies' Recreation Club	X120 A	NT
5	New Water Polo Club	X120 A	NT
6	South China Athletic Assn	X120 A	NT
7	Sword Fish Club	X120 A	NT
8	Fastlane Swimming	X120 A	NT
9	Crest Ray Recreation and Spo	€120 A	NT
10	Hong Kong Football Club	X120 A	NT
X160-199			
1	Kowloon Tong Club	X160 A	51.28
2	Hong Kong Police Swimming	€160 A	1:01.83
3	Pacific Swimming Club	X160 A	1:10.00
4	Wong Tai Sin District L.S. S.	X160 A	3:00.00
5	HK Flying Fish Athletic Assn	X160 A	NT
6	Ladies' Recreation Club	X160 A	NT
7	Lai Tsun Swimming Society	X160 A	NT
8	New Water Polo Club	X160 A	NT

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X160-199... (Event 19 Mixed 4x25 SC Meter Freestyle Relay)

9	Sword Fish Club	X160 A	NT
10	Tung Sing Athletic Associatio	X160 A	NT
11	Fastlane Swimming	X160 A	NT
12	Hong Kong Football Club	X160 A	NT

X200-239

1	Hong Kong Police Swimming	X200 A	1:00.33
2	YMCA OF Hong Kong	X200 A	1:02.00
3	The Hong Kong Jockey Club	X200 A	2:28.00
4	HK Flying Fish Athletic Assn	X200 A	NT
5	Ladies' Recreation Club	X200 A	NT
6	Lai Tsun Swimming Society	X200 A	NT
7	New Water Polo Club	X200 A	NT
8	South China Athletic Assn	X200 A	NT
9	Sword Fish Club	X200 A	NT
10	Tung Sing Athletic Associatio	X200 A	NT
11	Fastlane Swimming	X200 A	NT
12	Hong Kong Football Club	X200 A	NT

X240-279

1	Wong Tai Sin District L.S. S.	X240 A	3:00.00
2	HK Flying Fish Athletic Assn	X240 A	NT
3	Ladies' Recreation Club	X240 A	NT
4	Lai Tsun Swimming Society	X240 A	NT
5	New Water Polo Club	X240 A	NT
6	Sword Fish Club	X240 A	NT
7	Fastlane Swimming	X240 A	NT

X280-319

1	Wong Tai Sin District L.S. S.	X280 A	3:00.00
2	Lai Tsun Swimming Society	X280 A	NT
3	New Water Polo Club	X280 A	NT
4	Sword Fish Club	X280 A	NT

X320-359

1	Sword Fish Club	X320 A	NT
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