

2025-26 Swimming Technique Improvement Scheme (Phase I) Timetable:

District	Course Code	Venue	Day	Time	Co-organizer
	MHSP135B	Morrison Hill Swimming Pool	Every Mon, Wed & Fri	1800-1900	Hoi Tin Athletic Association Ltd
	MHSP135C			1900-2000	Happy Valley Athletic Association Ltd
	MHSP135D			2000-2100	
	MHSP24A		Every Tue, Thu	1800-1900	Happy Valley Athletic Association Ltd
	MHSP24B			1800-1900	Hoi Tin Athletic Association Ltd
	MHSP24C			1900-2000	
	SYSSP135A	Sun Yat Sen Memorial Park Swimming Pool	Every Mon, Wed & Fri	1700-1800	Pacific Swimming Club
	SYSSP135B			1800-1900	
	SYSSP24A		Every Tue, Thu	1700-1800	
	SYSSP24B			1800-1900	
	WCSP135A	Wan Chai Swimming Pool (Classes will be changed to Morrison Hill Swimming Pool or Victoria Park Swimming Pool during the closure of Wan Chai Swimming Pool)	Every Mon, Wed & Fri	1700-1800	Win Tin Swimming Club
	WCSP135B			1700-1800	Pacific Swimming Club
	WCSP135C1			1700-1800	Hoi Tin Athletic Association Ltd
	WCSP135C2			1800-1900	
	WCSP135D			1800-1900	Pacific Swimming Club
	WCSP24A		Every Tue, Thu	1700-1800	Win Tin Swimming Club
	WCSP24B			1700-1800	Pacific Swimming Club
	WCSP24C			1800-1900	Hoi Tin Athletic Association Ltd
	WCSP24D			1800-1900	Pacific Swimming Club
	VPSP135A			Victoria Park Swimming Pool (Classes will be changed to Morrison Hill Swimming Pool during the closure of Wan Chai Swimming Pool)	Every Mon, Wed & Fri
	VPSP135B	1800-1900	Happy Valley Athletic Association Ltd		
	VPSP24A	Every Tue, Thu	1800-1900		Chi Pui Swimming Club Ltd
	VPSP24B		1800-1900		Happy Valley Athletic Association Ltd

Coaches are appointed by HKGSA affiliated clubs. HKGSA has the final decision on any amendment to the above information. The information of the training course may be changed at any time whenever necessary.

2025-26 Swimming Technique Improvement Scheme (Phase I) Timetable:

District	Course Code	Venue	Day	Time	Co-organizer	
KLN	KPSP135A	Kowloon Park Swimming Pool (Classes will be changed to Tai Wan Shan Swimming Pool or Sham Shui Po Park Swimming Pool during the closure of Kowloon Park Swimming Pool)	Every Mon, Wed & Fri	1800-1900	Win Tin Swimming Club	
	KPSP135B			1900-2000	Kwun Tong Swimming Club	
	KPSP135C			2000-2100		
	KPSP24A		Every Tue, Thu	1800-1900	Win Tin Swimming Club	
	KPSP24B			1900-2000	Kwun Tong Swimming Club	
	KPSP24C			2000-2100		
	LCKPSP135A	Lai Chi Kok Park Swimming Pool (Classes will be changed to Lei Cheng Uk Swimming Pool or Sham Shui Po Swimming Pool during the closure of Lai Chi Kok Park Swimming Pool)	Every Mon, Wed & Fri	1800-1900	Eastern Winter Swimming Association Ltd	
	LCKPSP135B			1800-1900		
	LCKPSP135C			1900-2000		
	LCKPSP135D			1900-2000		
	LCKPSP24A		Every Tue, Thu	1800-1900		
	LCKPSP24B			1800-1900		
	LCKPSP24C			1900-2000		
	LCKPSP24D			1900-2000		
	LCKPSP15		Every Mon & Fri	1800-1900		Hong Kong Dali Swimming Club
	LCKPSP234		Every Tue, Wed & Thu	1900-2000		
	KTSP135A	Kwun Tong Swimming Pool (Classes will be changed to Hin Tin Swimming Pool during the closure of Kwun Tong Swimming Pool)	Every Mon, Wed & Fri	1800-1900	Kwun Tong Swimming Club	
	KTSP135B			1800-1900		
	KTSP135C			1900-2000	Hong Kong Dali Swimming Club	
	KTSP24A		Every Tue, Thu	1800-1900	Kwun Tong Swimming Club	
	KTSP24B			1800-1900		
KTSP24C	1900-2000			Hong Kong Dali Swimming Club		

Coaches are appointed by HKGSA affiliated clubs. HKGSA has the final decision on any amendment to the above information.

The information of the training course may be changed at any time whenever necessary.

2025-26 Swimming Technique Improvement Scheme (Phase I) Timetable:

District	Course Code	Venue	Day	Time	Co-organizer
NT	TMNWSP135	Tuen Mun North West Swimming Pool	Every Mon, Wed & Fri	1800-1900	Juan Hua Club
	TMNWSP45		Every Tue, Thu	1800-1900	
	HTSP135	Hin Tin Swimming Pool (Classes will be changed to Shatin Jockey Club Swimming Pool during the closure of Hin Tin Swimming Pool)	Every Mon, Wed & Fri	1900-2000	Lai Wa Swimming Club
	HTSP24		Every Tue, Thu	1900-2000	
	SMVSP135A	Shing Mun Valley Swimming Pool	Every Mon, Wed & Fri	1800-1900	Eastern Winter Swimming Association Ltd
	SMVSP135B			1800-1900	
	SMVSP135C			1800-1900	Keung Sung Swimming Club Ltd
	SMVSP135D			1800-1900	
	SMVSP24A		Every Tue, Thu	1800-1900	Eastern Winter Swimming Association Ltd
	SMVSP24B			1800-1900	
	SMVSP24C			1800-1900	Keung Sung Swimming Club Ltd
	SMVSP24D			1800-1900	

Coaches are appointed by HKGSA affiliated clubs. HKGSA has the final decision on any amendment to the above information. The information of the training course may be changed at any time whenever necessary.

2025-26 Swimming Technique Improvement Scheme (Phase I) Timetable:

District	Course Code	Venue	Day	Time	Co-organizer
NT	STSP135	Shatin Jockey Club Swimming Pool	Every Mon, Wed & Fri	1800-1900	Current Club Ltd
	STSP24		Every Tue, Thu	1800-1900	
	TCSP135A	Tung Chung Swimming Pool	Every Mon, Wed & Fri	1800-1900	Keung Sung Swimming Club Ltd
	TCSP135B			1900-2000	
	TCSP46A		Every Thu, Sat	1800-1900 (Thu) 1800-1900 (Sat)	
	TCSP46B			1900-2000 (Thu) 1800-1900 (Sat)	
	TKOSP135A	Tseung Kwan O Swimming Pool	Every Mon, Wed & Fri	1800-1900	Chi Pui Swimming Club Ltd
	TKOSP135B			1900-2000	
	TKOSP24A		Every Tue, Thu	1800-1900	
	TKOSP24B			1900-2000	
	YLSP135A	Yuen Long Swimming Pool	Every Mon, Wed & Fri	1600-1700	Sea Lion Aqua Club Ltd
	YLSP135B			1700-1800	
	YLSP135C			1800-1900	
	YLSP135D			1900-2000	
YLSP24A	Every Tue, Thu		1600-1700		
YLSP24B			1700-1800		
YLSP24C			1800-1900		
YLSP24D			1900-2000		

Coaches are appointed by HKGSA affiliated clubs. HKGSA has the final decision on any amendment to the above information
The information of the training course may be changed at any time whenever necessary.

2025-26 Swimming Technique Improvement Scheme (Phase I) Co-organizer Information:

Club	Address	Contact No.
Chi Pui Swimming Club Ltd	27/F, 83 Wan Chai Road, Wan Chai, HK	2572 1088
Current Club Ltd		2163 5800
Hong Kong Dali Swimming Club	Unit N, 10/F, Haribest Industrial Building, 45-47 Au Pui Wan Street, Fo Tan, Shatin, N.T.	3142 7688
Eastern Winter Swimming Association Ltd	RM 505, Blk F, Lok Man Sun Chuen, To Kwa Wan, KLN	9123 8080
Hoi Tin Athletic Association Ltd	27/F, 83 Wan Chai Road, Wan Chai, HK	2572 1088
Happy Valley Athletic Association Ltd	RM 1802, Lucky Centre, 165-171 Wan Chai Road, Wan Chai, HK	2577 0996
Keung Sung Swimming Club Ltd	RM 1301, Block C, Sheung Chui Court, 376 Sha Tsui Road, Tsuen Wan, N.T.	2992 0185
Kwun Tong Swimming Club Ltd	P.O. Box 69666, Kwun Tong Post Office, Kwun Tong, KLN	2347 9601
Lai Wa Swimming Club	Flat 13, Blk 2, 7/F, Goldfield Centre, 1 Sui Wo Road, Fo Tan, N.T.	3460 2909
Pacific Swimming Club	Flat A, 19/F, Lucky Plaza, 315-321 Lockhart Road, Wan Chai, HK	5133 0316
Sea Lion Aqua Club Ltd	Flat A, 1/F, Yee Hong Building, On Chun Lane, Yuen Long, N.T.	2470 0768
Juan Hua Club		9348 6840
Win Tin Swimming Club Ltd	RM 1205, Fortress Tower, 250 King's Road, North Point, HK	2512 2793