

Hong Kong Swimming Point Score 2016 - 17 (LC)

Men

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	21.73	48.08	1:45.35	3:46.35	7:49.75	15:01.62	24.77	53.60	1:56.63
99	1.01	21.95	48.56	1:46.40	3:48.61	7:54.45	15:10.64	25.02	54.14	1:57.80
98	1.02	22.16	49.04	1:47.46	3:50.88	7:59.15	15:19.65	25.27	54.67	1:58.96
97	1.03	22.38	49.52	1:48.51	3:53.14	8:03.84	15:28.67	25.51	55.21	2:00.13
96	1.04	22.60	50.00	1:49.56	3:55.40	8:08.54	15:37.68	25.76	55.74	2:01.30
95	1.05	22.82	50.48	1:50.62	3:57.67	8:13.24	15:46.70	26.01	56.28	2:02.46
94	1.06	23.03	50.96	1:51.67	3:59.93	8:17.93	15:55.72	26.26	56.82	2:03.63
93	1.07	23.25	51.45	1:52.72	4:02.19	8:22.63	16:04.73	26.50	57.35	2:04.79
92	1.08	23.47	51.93	1:53.78	4:04.46	8:27.33	16:13.75	26.75	57.89	2:05.96
91	1.09	23.69	52.41	1:54.83	4:06.72	8:32.03	16:22.77	27.00	58.42	2:07.13
90	1.10	23.90	52.89	1:55.89	4:08.99	8:36.73	16:31.78	27.25	58.96	2:08.29
89	1.11	24.12	53.37	1:56.94	4:11.25	8:41.42	16:40.80	27.49	59.50	2:09.46
88	1.12	24.34	53.85	1:57.99	4:13.51	8:46.12	16:49.81	27.74	1:00.03	2:10.63
87	1.13	24.55	54.33	1:59.05	4:15.78	8:50.82	16:58.83	27.99	1:00.57	2:11.79
86	1.14	24.77	54.81	2:00.10	4:18.04	8:55.52	17:07.85	28.24	1:01.10	2:12.96
85	1.15	24.99	55.29	2:01.15	4:20.30	9:00.21	17:16.86	28.49	1:01.64	2:14.12
84	1.16	25.21	55.77	2:02.21	4:22.57	9:04.91	17:25.88	28.73	1:02.18	2:15.29
83	1.17	25.42	56.25	2:03.26	4:24.83	9:09.61	17:34.90	28.98	1:02.71	2:16.46
82	1.18	25.64	56.73	2:04.31	4:27.09	9:14.31	17:43.91	29.23	1:03.25	2:17.62
81	1.19	25.86	57.22	2:05.37	4:29.36	9:19.00	17:52.93	29.48	1:03.78	2:18.79
80	1.20	26.08	57.70	2:06.42	4:31.62	9:23.70	18:01.94	29.72	1:04.32	2:19.96
79	1.21	26.29	58.18	2:07.47	4:33.88	9:28.40	18:10.96	29.97	1:04.86	2:21.12
78	1.22	26.51	58.66	2:08.53	4:36.15	9:33.10	18:19.98	30.22	1:05.39	2:22.29
77	1.23	26.73	59.14	2:09.58	4:38.41	9:37.79	18:28.99	30.47	1:05.93	2:23.45
76	1.24	26.95	59.62	2:10.63	4:40.67	9:42.49	18:38.01	30.71	1:06.46	2:24.62
75	1.25	27.16	1:00.10	2:11.69	4:42.94	9:47.19	18:47.03	30.96	1:07.00	2:25.79
74	1.26	27.38	1:00.58	2:12.74	4:45.20	9:51.89	18:56.04	31.21	1:07.54	2:26.95
73	1.27	27.60	1:01.06	2:13.79	4:47.46	9:56.58	19:05.06	31.46	1:08.07	2:28.12
72	1.28	27.81	1:01.54	2:14.85	4:49.73	10:01.28	19:14.07	31.71	1:08.61	2:29.29
71	1.29	28.03	1:02.02	2:15.90	4:51.99	10:05.98	19:23.09	31.95	1:09.14	2:30.45
70	1.30	28.25	1:02.50	2:16.96	4:54.26	10:10.68	19:32.11	32.20	1:09.68	2:31.62
69	1.31	28.47	1:02.98	2:18.01	4:56.52	10:15.37	19:41.12	32.45	1:10.22	2:32.79
68	1.32	28.68	1:03.47	2:19.06	4:58.78	10:20.07	19:50.14	32.70	1:10.75	2:33.95
67	1.33	28.90	1:03.95	2:20.12	5:01.05	10:24.77	19:59.15	32.94	1:11.29	2:35.12
66	1.34	29.12	1:04.43	2:21.17	5:03.31	10:29.47	20:08.17	33.19	1:11.82	2:36.28
65	1.35	29.34	1:04.91	2:22.22	5:05.57	10:34.16	20:17.19	33.44	1:12.36	2:37.45
64	1.36	29.55	1:05.39	2:23.28	5:07.84	10:38.86	20:26.20	33.69	1:12.90	2:38.62
63	1.37	29.77	1:05.87	2:24.33	5:10.10	10:43.56	20:35.22	33.93	1:13.43	2:39.78
62	1.38	29.99	1:06.35	2:25.38	5:12.36	10:48.26	20:44.24	34.18	1:13.97	2:40.95
61	1.39	30.20	1:06.83	2:26.44	5:14.63	10:52.95	20:53.25	34.43	1:14.50	2:42.12
60	1.40	30.42	1:07.31	2:27.49	5:16.89	10:57.65	21:02.27	34.68	1:15.04	2:43.28
59	1.41	30.64	1:07.79	2:28.54	5:19.15	11:02.35	21:11.28	34.93	1:15.58	2:44.45
58	1.42	30.86	1:08.27	2:29.60	5:21.42	11:07.05	21:20.30	35.17	1:16.11	2:45.61
57	1.43	31.07	1:08.75	2:30.65	5:23.68	11:11.74	21:29.32	35.42	1:16.65	2:46.78
56	1.44	31.29	1:09.24	2:31.70	5:25.94	11:16.44	21:38.33	35.67	1:17.18	2:47.95
55	1.45	31.51	1:09.72	2:32.76	5:28.21	11:21.14	21:47.35	35.92	1:17.72	2:49.11
54	1.46	31.73	1:10.20	2:33.81	5:30.47	11:25.84	21:56.37	36.16	1:18.26	2:50.28
53	1.47	31.94	1:10.68	2:34.86	5:32.73	11:30.53	22:05.38	36.41	1:18.79	2:51.45

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
52	1.48	32.16	1:11.16	2:35.92	5:35.00	11:35.23	22:14.40	36.66	1:19.33	2:52.61
51	1.49	32.38	1:11.64	2:36.97	5:37.26	11:39.93	22:23.41	36.91	1:19.86	2:53.78
50	1.50	32.60	1:12.12	2:38.03	5:39.53	11:44.63	22:32.43	37.16	1:20.40	2:54.95
49	1.51	32.81	1:12.60	2:39.08	5:41.79	11:49.32	22:41.45	37.40	1:20.94	2:56.11
48	1.52	33.03	1:13.08	2:40.13	5:44.05	11:54.02	22:50.46	37.65	1:21.47	2:57.28
47	1.53	33.25	1:13.56	2:41.19	5:46.32	11:58.72	22:59.48	37.90	1:22.01	2:58.44
46	1.54	33.46	1:14.04	2:42.24	5:48.58	12:03.42	23:08.49	38.15	1:22.54	2:59.61
45	1.55	33.68	1:14.52	2:43.29	5:50.84	12:08.11	23:17.51	38.39	1:23.08	3:00.78
44	1.56	33.90	1:15.00	2:44.35	5:53.11	12:12.81	23:26.53	38.64	1:23.62	3:01.94
43	1.57	34.12	1:15.49	2:45.40	5:55.37	12:17.51	23:35.54	38.89	1:24.15	3:03.11
42	1.58	34.33	1:15.97	2:46.45	5:57.63	12:22.21	23:44.56	39.14	1:24.69	3:04.28
41	1.59	34.55	1:16.45	2:47.51	5:59.90	12:26.90	23:53.58	39.38	1:25.22	3:05.44
40	1.60	34.77	1:16.93	2:48.56	6:02.16	12:31.60	24:02.59	39.63	1:25.76	3:06.61
39	1.61	34.99	1:17.41	2:49.61	6:04.42	12:36.30	24:11.61	39.88	1:26.30	3:07.77
38	1.62	35.20	1:17.89	2:50.67	6:06.69	12:41.00	24:20.62	40.13	1:26.83	3:08.94
37	1.63	35.42	1:18.37	2:51.72	6:08.95	12:45.69	24:29.64	40.38	1:27.37	3:10.11
36	1.64	35.64	1:18.85	2:52.77	6:11.21	12:50.39	24:38.66	40.62	1:27.90	3:11.27
35	1.65	35.85	1:19.33	2:53.83	6:13.48	12:55.09	24:47.67	40.87	1:28.44	3:12.44
34	1.66	36.07	1:19.81	2:54.88	6:15.74	12:59.79	24:56.69	41.12	1:28.98	3:13.61
33	1.67	36.29	1:20.29	2:55.93	6:18.00	13:04.48	25:05.71	41.37	1:29.51	3:14.77
32	1.68	36.51	1:20.77	2:56.99	6:20.27	13:09.18	25:14.72	41.61	1:30.05	3:15.94
31	1.69	36.72	1:21.26	2:58.04	6:22.53	13:13.88	25:23.74	41.86	1:30.58	3:17.10
30	1.70	36.94	1:21.74	2:59.10	6:24.80	13:18.58	25:32.75	42.11	1:31.12	3:18.27
29	1.71	37.16	1:22.22	3:00.15	6:27.06	13:23.27	25:41.77	42.36	1:31.66	3:19.44
28	1.72	37.38	1:22.70	3:01.20	6:29.32	13:27.97	25:50.79	42.60	1:32.19	3:20.60
27	1.73	37.59	1:23.18	3:02.26	6:31.59	13:32.67	25:59.80	42.85	1:32.73	3:21.77
26	1.74	37.81	1:23.66	3:03.31	6:33.85	13:37.37	26:08.82	43.10	1:33.26	3:22.94
25	1.75	38.03	1:24.14	3:04.36	6:36.11	13:42.06	26:17.84	43.35	1:33.80	3:24.10
24	1.76	38.24	1:24.62	3:05.42	6:38.38	13:46.76	26:26.85	43.60	1:34.34	3:25.27
23	1.77	38.46	1:25.10	3:06.47	6:40.64	13:51.46	26:35.87	43.84	1:34.87	3:26.44
22	1.78	38.68	1:25.58	3:07.52	6:42.90	13:56.16	26:44.88	44.09	1:35.41	3:27.60
21	1.79	38.90	1:26.06	3:08.58	6:45.17	14:00.85	26:53.90	44.34	1:35.94	3:28.77
20	1.80	39.11	1:26.54	3:09.63	6:47.43	14:05.55	27:02.92	44.59	1:36.48	3:29.93
19	1.81	39.33	1:27.02	3:10.68	6:49.69	14:10.25	27:11.93	44.83	1:37.02	3:31.10
18	1.82	39.55	1:27.51	3:11.74	6:51.96	14:14.95	27:20.95	45.08	1:37.55	3:32.27
17	1.83	39.77	1:27.99	3:12.79	6:54.22	14:19.64	27:29.96	45.33	1:38.09	3:33.43
16	1.84	39.98	1:28.47	3:13.84	6:56.48	14:24.34	27:38.98	45.58	1:38.62	3:34.60
15	1.85	40.20	1:28.95	3:14.90	6:58.75	14:29.04	27:48.00	45.82	1:39.16	3:35.77
14	1.86	40.42	1:29.43	3:15.95	7:01.01	14:33.74	27:57.01	46.07	1:39.70	3:36.93
13	1.87	40.64	1:29.91	3:17.00	7:03.27	14:38.43	28:06.03	46.32	1:40.23	3:38.10
12	1.88	40.85	1:30.39	3:18.06	7:05.54	14:43.13	28:15.05	46.57	1:40.77	3:39.26
11	1.89	41.07	1:30.87	3:19.11	7:07.80	14:47.83	28:24.06	46.82	1:41.30	3:40.43
10	1.90	41.29	1:31.35	3:20.17	7:10.07	14:52.53	28:33.08	47.06	1:41.84	3:41.60
9	1.91	41.50	1:31.83	3:21.22	7:12.33	14:57.22	28:42.09	47.31	1:42.38	3:42.76
8	1.92	41.72	1:32.31	3:22.27	7:14.59	15:01.92	28:51.11	47.56	1:42.91	3:43.93
7	1.93	41.94	1:32.79	3:23.33	7:16.86	15:06.62	29:00.13	47.81	1:43.45	3:45.10
6	1.94	42.16	1:33.28	3:24.38	7:19.12	15:11.32	29:09.14	48.05	1:43.98	3:46.26
5	1.95	42.37	1:33.76	3:25.43	7:21.38	15:16.01	29:18.16	48.30	1:44.52	3:47.43
4	1.96	42.59	1:34.24	3:26.49	7:23.65	15:20.71	29:27.18	48.55	1:45.06	3:48.59
3	1.97	42.81	1:34.72	3:27.54	7:25.91	15:25.41	29:36.19	48.80	1:45.59	3:49.76
2	1.98	43.03	1:35.20	3:28.59	7:28.17	15:30.11	29:45.21	49.04	1:46.13	3:50.93
1	1.99	43.24	1:35.68	3:29.65	7:30.44	15:34.80	29:54.22	49.29	1:46.66	3:52.09

Hong Kong Swimming Point Score 2016 - 17 (LC)

Men

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	27.33	59.92	2:10.76	23.27	51.49	1:55.34	1:58.59	4:13.49
99	1.01	27.60	1:00.52	2:12.07	23.50	52.00	1:56.49	1:59.78	4:16.02
98	1.02	27.88	1:01.12	2:13.38	23.74	52.52	1:57.65	2:00.96	4:18.56
97	1.03	28.15	1:01.72	2:14.68	23.97	53.03	1:58.80	2:02.15	4:21.09
96	1.04	28.42	1:02.32	2:15.99	24.20	53.55	1:59.95	2:03.33	4:23.63
95	1.05	28.70	1:02.92	2:17.30	24.43	54.06	2:01.11	2:04.52	4:26.16
94	1.06	28.97	1:03.52	2:18.61	24.67	54.58	2:02.26	2:05.71	4:28.70
93	1.07	29.24	1:04.11	2:19.91	24.90	55.09	2:03.41	2:06.89	4:31.23
92	1.08	29.52	1:04.71	2:21.22	25.13	55.61	2:04.57	2:08.08	4:33.77
91	1.09	29.79	1:05.31	2:22.53	25.36	56.12	2:05.72	2:09.26	4:36.30
90	1.10	30.06	1:05.91	2:23.84	25.60	56.64	2:06.87	2:10.45	4:38.84
89	1.11	30.34	1:06.51	2:25.14	25.83	57.15	2:08.03	2:11.63	4:41.37
88	1.12	30.61	1:07.11	2:26.45	26.06	57.67	2:09.18	2:12.82	4:43.91
87	1.13	30.88	1:07.71	2:27.76	26.30	58.18	2:10.33	2:14.01	4:46.44
86	1.14	31.16	1:08.31	2:29.07	26.53	58.70	2:11.49	2:15.19	4:48.98
85	1.15	31.43	1:08.91	2:30.37	26.76	59.21	2:12.64	2:16.38	4:51.51
84	1.16	31.70	1:09.51	2:31.68	26.99	59.73	2:13.79	2:17.56	4:54.05
83	1.17	31.98	1:10.11	2:32.99	27.23	1:00.24	2:14.95	2:18.75	4:56.58
82	1.18	32.25	1:10.71	2:34.30	27.46	1:00.76	2:16.10	2:19.94	4:59.12
81	1.19	32.52	1:11.30	2:35.60	27.69	1:01.27	2:17.25	2:21.12	5:01.65
80	1.20	32.80	1:11.90	2:36.91	27.92	1:01.79	2:18.41	2:22.31	5:04.19
79	1.21	33.07	1:12.50	2:38.22	28.16	1:02.30	2:19.56	2:23.49	5:06.72
78	1.22	33.34	1:13.10	2:39.53	28.39	1:02.82	2:20.71	2:24.68	5:09.26
77	1.23	33.62	1:13.70	2:40.83	28.62	1:03.33	2:21.87	2:25.87	5:11.79
76	1.24	33.89	1:14.30	2:42.14	28.85	1:03.85	2:23.02	2:27.05	5:14.33
75	1.25	34.16	1:14.90	2:43.45	29.09	1:04.36	2:24.18	2:28.24	5:16.86
74	1.26	34.44	1:15.50	2:44.76	29.32	1:04.88	2:25.33	2:29.42	5:19.40
73	1.27	34.71	1:16.10	2:46.07	29.55	1:05.39	2:26.48	2:30.61	5:21.93
72	1.28	34.98	1:16.70	2:47.37	29.79	1:05.91	2:27.64	2:31.80	5:24.47
71	1.29	35.26	1:17.30	2:48.68	30.02	1:06.42	2:28.79	2:32.98	5:27.00
70	1.30	35.53	1:17.90	2:49.99	30.25	1:06.94	2:29.94	2:34.17	5:29.54
69	1.31	35.80	1:18.50	2:51.30	30.48	1:07.45	2:31.10	2:35.35	5:32.07
68	1.32	36.08	1:19.09	2:52.60	30.72	1:07.97	2:32.25	2:36.54	5:34.61
67	1.33	36.35	1:19.69	2:53.91	30.95	1:08.48	2:33.40	2:37.72	5:37.14
66	1.34	36.62	1:20.29	2:55.22	31.18	1:09.00	2:34.56	2:38.91	5:39.68
65	1.35	36.90	1:20.89	2:56.53	31.41	1:09.51	2:35.71	2:40.10	5:42.21
64	1.36	37.17	1:21.49	2:57.83	31.65	1:10.03	2:36.86	2:41.28	5:44.75
63	1.37	37.44	1:22.09	2:59.14	31.88	1:10.54	2:38.02	2:42.47	5:47.28
62	1.38	37.72	1:22.69	3:00.45	32.11	1:11.06	2:39.17	2:43.65	5:49.82
61	1.39	37.99	1:23.29	3:01.76	32.35	1:11.57	2:40.32	2:44.84	5:52.35
60	1.40	38.26	1:23.89	3:03.06	32.58	1:12.09	2:41.48	2:46.03	5:54.89
59	1.41	38.54	1:24.49	3:04.37	32.81	1:12.60	2:42.63	2:47.21	5:57.42
58	1.42	38.81	1:25.09	3:05.68	33.04	1:13.12	2:43.78	2:48.40	5:59.96
57	1.43	39.08	1:25.69	3:06.99	33.28	1:13.63	2:44.94	2:49.58	6:02.49
56	1.44	39.36	1:26.28	3:08.29	33.51	1:14.15	2:46.09	2:50.77	6:05.03
55	1.45	39.63	1:26.88	3:09.60	33.74	1:14.66	2:47.24	2:51.96	6:07.56
54	1.46	39.90	1:27.48	3:10.91	33.97	1:15.18	2:48.40	2:53.14	6:10.10
53	1.47	40.18	1:28.08	3:12.22	34.21	1:15.69	2:49.55	2:54.33	6:12.63

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
52	1.48	40.45	1:28.68	3:13.52	34.44	1:16.21	2:50.70	2:55.51	6:15.17
51	1.49	40.72	1:29.28	3:14.83	34.67	1:16.72	2:51.86	2:56.70	6:17.70
50	1.50	41.00	1:29.88	3:16.14	34.91	1:17.24	2:53.01	2:57.89	6:20.24
49	1.51	41.27	1:30.48	3:17.45	35.14	1:17.75	2:54.16	2:59.07	6:22.77
48	1.52	41.54	1:31.08	3:18.76	35.37	1:18.26	2:55.32	3:00.26	6:25.30
47	1.53	41.81	1:31.68	3:20.06	35.60	1:18.78	2:56.47	3:01.44	6:27.84
46	1.54	42.09	1:32.28	3:21.37	35.84	1:19.29	2:57.62	3:02.63	6:30.37
45	1.55	42.36	1:32.88	3:22.68	36.07	1:19.81	2:58.78	3:03.81	6:32.91
44	1.56	42.63	1:33.48	3:23.99	36.30	1:20.32	2:59.93	3:05.00	6:35.44
43	1.57	42.91	1:34.07	3:25.29	36.53	1:20.84	3:01.08	3:06.19	6:37.98
42	1.58	43.18	1:34.67	3:26.60	36.77	1:21.35	3:02.24	3:07.37	6:40.51
41	1.59	43.45	1:35.27	3:27.91	37.00	1:21.87	3:03.39	3:08.56	6:43.05
40	1.60	43.73	1:35.87	3:29.22	37.23	1:22.38	3:04.54	3:09.74	6:45.58
39	1.61	44.00	1:36.47	3:30.52	37.46	1:22.90	3:05.70	3:10.93	6:48.12
38	1.62	44.27	1:37.07	3:31.83	37.70	1:23.41	3:06.85	3:12.12	6:50.65
37	1.63	44.55	1:37.67	3:33.14	37.93	1:23.93	3:08.00	3:13.30	6:53.19
36	1.64	44.82	1:38.27	3:34.45	38.16	1:24.44	3:09.16	3:14.49	6:55.72
35	1.65	45.09	1:38.87	3:35.75	38.40	1:24.96	3:10.31	3:15.67	6:58.26
34	1.66	45.37	1:39.47	3:37.06	38.63	1:25.47	3:11.46	3:16.86	7:00.79
33	1.67	45.64	1:40.07	3:38.37	38.86	1:25.99	3:12.62	3:18.05	7:03.33
32	1.68	45.91	1:40.67	3:39.68	39.09	1:26.50	3:13.77	3:19.23	7:05.86
31	1.69	46.19	1:41.26	3:40.98	39.33	1:27.02	3:14.92	3:20.42	7:08.40
30	1.70	46.46	1:41.86	3:42.29	39.56	1:27.53	3:16.08	3:21.60	7:10.93
29	1.71	46.73	1:42.46	3:43.60	39.79	1:28.05	3:17.23	3:22.79	7:13.47
28	1.72	47.01	1:43.06	3:44.91	40.02	1:28.56	3:18.38	3:23.97	7:16.00
27	1.73	47.28	1:43.66	3:46.21	40.26	1:29.08	3:19.54	3:25.16	7:18.54
26	1.74	47.55	1:44.26	3:47.52	40.49	1:29.59	3:20.69	3:26.35	7:21.07
25	1.75	47.83	1:44.86	3:48.83	40.72	1:30.11	3:21.85	3:27.53	7:23.61
24	1.76	48.10	1:45.46	3:50.14	40.96	1:30.62	3:23.00	3:28.72	7:26.14
23	1.77	48.37	1:46.06	3:51.45	41.19	1:31.14	3:24.15	3:29.90	7:28.68
22	1.78	48.65	1:46.66	3:52.75	41.42	1:31.65	3:25.31	3:31.09	7:31.21
21	1.79	48.92	1:47.26	3:54.06	41.65	1:32.17	3:26.46	3:32.28	7:33.75
20	1.80	49.19	1:47.86	3:55.37	41.89	1:32.68	3:27.61	3:33.46	7:36.28
19	1.81	49.47	1:48.46	3:56.68	42.12	1:33.20	3:28.77	3:34.65	7:38.82
18	1.82	49.74	1:49.05	3:57.98	42.35	1:33.71	3:29.92	3:35.83	7:41.35
17	1.83	50.01	1:49.65	3:59.29	42.58	1:34.23	3:31.07	3:37.02	7:43.89
16	1.84	50.29	1:50.25	4:00.60	42.82	1:34.74	3:32.23	3:38.21	7:46.42
15	1.85	50.56	1:50.85	4:01.91	43.05	1:35.26	3:33.38	3:39.39	7:48.96
14	1.86	50.83	1:51.45	4:03.21	43.28	1:35.77	3:34.53	3:40.58	7:51.49
13	1.87	51.11	1:52.05	4:04.52	43.51	1:36.29	3:35.69	3:41.76	7:54.03
12	1.88	51.38	1:52.65	4:05.83	43.75	1:36.80	3:36.84	3:42.95	7:56.56
11	1.89	51.65	1:53.25	4:07.14	43.98	1:37.32	3:37.99	3:44.14	7:59.10
10	1.90	51.93	1:53.85	4:08.44	44.21	1:37.83	3:39.15	3:45.32	8:01.63
9	1.91	52.20	1:54.45	4:09.75	44.45	1:38.35	3:40.30	3:46.51	8:04.17
8	1.92	52.47	1:55.05	4:11.06	44.68	1:38.86	3:41.45	3:47.69	8:06.70
7	1.93	52.75	1:55.65	4:12.37	44.91	1:39.38	3:42.61	3:48.88	8:09.24
6	1.94	53.02	1:56.24	4:13.67	45.14	1:39.89	3:43.76	3:50.06	8:11.77
5	1.95	53.29	1:56.84	4:14.98	45.38	1:40.41	3:44.91	3:51.25	8:14.31
4	1.96	53.57	1:57.44	4:16.29	45.61	1:40.92	3:46.07	3:52.44	8:16.84
3	1.97	53.84	1:58.04	4:17.60	45.84	1:41.44	3:47.22	3:53.62	8:19.38
2	1.98	54.11	1:58.64	4:18.90	46.07	1:41.95	3:48.37	3:54.81	8:21.91
1	1.99	54.39	1:59.24	4:20.21	46.31	1:42.47	3:49.53	3:55.99	8:24.45

Hong Kong Swimming Point Score 2016 - 17 (LC)

Women

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	24.54	53.18	1:55.50	4:04.84	8:22.83	16:05.62	27.48	59.26	2:07.84
99	1.01	24.79	53.71	1:56.65	4:07.29	8:27.86	16:15.28	27.75	59.85	2:09.12
98	1.02	25.03	54.24	1:57.81	4:09.74	8:32.89	16:24.93	28.03	1:00.45	2:10.40
97	1.03	25.28	54.78	1:58.96	4:12.19	8:37.91	16:34.59	28.30	1:01.04	2:11.68
96	1.04	25.52	55.31	2:00.12	4:14.63	8:42.94	16:44.24	28.58	1:01.63	2:12.95
95	1.05	25.77	55.84	2:01.27	4:17.08	8:47.97	16:53.90	28.85	1:02.22	2:14.23
94	1.06	26.01	56.37	2:02.43	4:19.53	8:53.00	17:03.56	29.13	1:02.82	2:15.51
93	1.07	26.26	56.90	2:03.58	4:21.98	8:58.03	17:13.21	29.40	1:03.41	2:16.79
92	1.08	26.50	57.43	2:04.74	4:24.43	9:03.06	17:22.87	29.68	1:04.00	2:18.07
91	1.09	26.75	57.97	2:05.90	4:26.88	9:08.08	17:32.53	29.95	1:04.59	2:19.35
90	1.10	26.99	58.50	2:07.05	4:29.32	9:13.11	17:42.18	30.23	1:05.19	2:20.62
89	1.11	27.24	59.03	2:08.21	4:31.77	9:18.14	17:51.84	30.50	1:05.78	2:21.90
88	1.12	27.48	59.56	2:09.36	4:34.22	9:23.17	18:01.49	30.78	1:06.37	2:23.18
87	1.13	27.73	1:00.09	2:10.51	4:36.67	9:28.20	18:11.15	31.05	1:06.96	2:24.46
86	1.14	27.98	1:00.63	2:11.67	4:39.12	9:33.23	18:20.81	31.33	1:07.56	2:25.74
85	1.15	28.22	1:01.16	2:12.83	4:41.57	9:38.25	18:30.46	31.60	1:08.15	2:27.02
84	1.16	28.47	1:01.69	2:13.98	4:44.01	9:43.28	18:40.12	31.88	1:08.74	2:28.29
83	1.17	28.71	1:02.22	2:15.14	4:46.46	9:48.31	18:49.78	32.15	1:09.33	2:29.57
82	1.18	28.96	1:02.75	2:16.29	4:48.91	9:53.34	18:59.43	32.43	1:09.93	2:30.85
81	1.19	29.20	1:03.28	2:17.45	4:51.36	9:58.37	19:09.09	32.70	1:10.52	2:32.13
80	1.20	29.45	1:03.82	2:18.60	4:53.81	10:03.40	19:18.74	32.98	1:11.11	2:33.41
79	1.21	29.69	1:04.35	2:19.76	4:56.26	10:08.42	19:28.40	33.25	1:11.70	2:34.69
78	1.22	29.94	1:04.88	2:20.91	4:58.70	10:13.45	19:38.06	33.53	1:12.30	2:35.96
77	1.23	30.18	1:05.41	2:22.07	5:01.15	10:18.48	19:47.71	33.80	1:12.89	2:37.24
76	1.24	30.43	1:05.94	2:23.22	5:03.60	10:23.51	19:57.37	34.08	1:13.48	2:38.52
75	1.25	30.68	1:06.48	2:24.38	5:06.05	10:28.54	20:07.03	34.35	1:14.08	2:39.80
74	1.26	30.92	1:07.01	2:25.53	5:08.50	10:33.57	20:16.68	34.62	1:14.67	2:41.08
73	1.27	31.17	1:07.54	2:26.69	5:10.95	10:38.59	20:26.34	34.90	1:15.26	2:42.36
72	1.28	31.41	1:08.07	2:27.84	5:13.40	10:43.62	20:35.99	35.17	1:15.85	2:43.64
71	1.29	31.66	1:08.60	2:29.00	5:15.84	10:48.65	20:45.65	35.45	1:16.45	2:44.91
70	1.30	31.90	1:09.13	2:30.15	5:18.29	10:53.68	20:55.31	35.72	1:17.04	2:46.19
69	1.31	32.15	1:09.67	2:31.31	5:20.74	10:58.71	21:04.96	36.00	1:17.63	2:47.47
68	1.32	32.39	1:10.20	2:32.46	5:23.19	11:03.74	21:14.62	36.27	1:18.22	2:48.75
67	1.33	32.64	1:10.73	2:33.62	5:25.64	11:08.76	21:24.27	36.55	1:18.82	2:50.03
66	1.34	32.88	1:11.26	2:34.77	5:28.09	11:13.79	21:33.93	36.82	1:19.41	2:51.31
65	1.35	33.13	1:11.79	2:35.93	5:30.53	11:18.82	21:43.59	37.10	1:20.00	2:52.58
64	1.36	33.37	1:12.32	2:37.08	5:32.98	11:23.85	21:53.24	37.37	1:20.59	2:53.86
63	1.37	33.62	1:12.86	2:38.24	5:35.43	11:28.88	22:02.90	37.65	1:21.19	2:55.14
62	1.38	33.87	1:13.39	2:39.39	5:37.88	11:33.91	22:12.56	37.92	1:21.78	2:56.42
61	1.39	34.11	1:13.92	2:40.55	5:40.33	11:38.93	22:22.21	38.20	1:22.37	2:57.70
60	1.40	34.36	1:14.45	2:41.70	5:42.78	11:43.96	22:31.87	38.47	1:22.96	2:58.98
59	1.41	34.60	1:14.98	2:42.86	5:45.22	11:48.99	22:41.52	38.75	1:23.56	3:00.25
58	1.42	34.85	1:15.52	2:44.01	5:47.67	11:54.02	22:51.18	39.02	1:24.15	3:01.53
57	1.43	35.09	1:16.05	2:45.17	5:50.12	11:59.05	23:00.84	39.30	1:24.74	3:02.81
56	1.44	35.34	1:16.58	2:46.32	5:52.57	12:04.08	23:10.49	39.57	1:25.33	3:04.09
55	1.45	35.58	1:17.11	2:47.48	5:55.02	12:09.10	23:20.15	39.85	1:25.93	3:05.37
54	1.46	35.83	1:17.64	2:48.63	5:57.47	12:14.13	23:29.81	40.12	1:26.52	3:06.65
53	1.47	36.07	1:18.17	2:49.79	5:59.91	12:19.16	23:39.46	40.40	1:27.11	3:07.92

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
52	1.48	36.32	1:18.71	2:50.94	6:02.36	12:24.19	23:49.12	40.67	1:27.70	3:09.20
51	1.49	36.56	1:19.24	2:52.10	6:04.81	12:29.22	23:58.77	40.95	1:28.30	3:10.48
50	1.50	36.81	1:19.77	2:53.25	6:07.26	12:34.25	24:08.43	41.22	1:28.89	3:11.76
49	1.51	37.06	1:20.30	2:54.41	6:09.71	12:39.27	24:18.09	41.49	1:29.48	3:13.04
48	1.52	37.30	1:20.83	2:55.56	6:12.16	12:44.30	24:27.74	41.77	1:30.08	3:14.32
47	1.53	37.55	1:21.37	2:56.72	6:14.61	12:49.33	24:37.40	42.04	1:30.67	3:15.60
46	1.54	37.79	1:21.90	2:57.87	6:17.05	12:54.36	24:47.05	42.32	1:31.26	3:16.87
45	1.55	38.04	1:22.43	2:59.03	6:19.50	12:59.39	24:56.71	42.59	1:31.85	3:18.15
44	1.56	38.28	1:22.96	3:00.18	6:21.95	13:04.41	25:06.37	42.87	1:32.45	3:19.43
43	1.57	38.53	1:23.49	3:01.34	6:24.40	13:09.44	25:16.02	43.14	1:33.04	3:20.71
42	1.58	38.77	1:24.02	3:02.49	6:26.85	13:14.47	25:25.68	43.42	1:33.63	3:21.99
41	1.59	39.02	1:24.56	3:03.65	6:29.30	13:19.50	25:35.34	43.69	1:34.22	3:23.27
40	1.60	39.26	1:25.09	3:04.80	6:31.74	13:24.53	25:44.99	43.97	1:34.82	3:24.54
39	1.61	39.51	1:25.62	3:05.96	6:34.19	13:29.56	25:54.65	44.24	1:35.41	3:25.82
38	1.62	39.75	1:26.15	3:07.11	6:36.64	13:34.58	26:04.30	44.52	1:36.00	3:27.10
37	1.63	40.00	1:26.68	3:08.27	6:39.09	13:39.61	26:13.96	44.79	1:36.59	3:28.38
36	1.64	40.25	1:27.22	3:09.42	6:41.54	13:44.64	26:23.62	45.07	1:37.19	3:29.66
35	1.65	40.49	1:27.75	3:10.58	6:43.99	13:49.67	26:33.27	45.34	1:37.78	3:30.94
34	1.66	40.74	1:28.28	3:11.73	6:46.43	13:54.70	26:42.93	45.62	1:38.37	3:32.21
33	1.67	40.98	1:28.81	3:12.89	6:48.88	13:59.73	26:52.59	45.89	1:38.96	3:33.49
32	1.68	41.23	1:29.34	3:14.04	6:51.33	14:04.75	27:02.24	46.17	1:39.56	3:34.77
31	1.69	41.47	1:29.87	3:15.20	6:53.78	14:09.78	27:11.90	46.44	1:40.15	3:36.05
30	1.70	41.72	1:30.41	3:16.35	6:56.23	14:14.81	27:21.55	46.72	1:40.74	3:37.33
29	1.71	41.96	1:30.94	3:17.51	6:58.68	14:19.84	27:31.21	46.99	1:41.33	3:38.61
28	1.72	42.21	1:31.47	3:18.66	7:01.12	14:24.87	27:40.87	47.27	1:41.93	3:39.88
27	1.73	42.45	1:32.00	3:19.82	7:03.57	14:29.90	27:50.52	47.54	1:42.52	3:41.16
26	1.74	42.70	1:32.53	3:20.97	7:06.02	14:34.92	28:00.18	47.82	1:43.11	3:42.44
25	1.75	42.95	1:33.07	3:22.13	7:08.47	14:39.95	28:09.84	48.09	1:43.71	3:43.72
24	1.76	43.19	1:33.60	3:23.28	7:10.92	14:44.98	28:19.49	48.36	1:44.30	3:45.00
23	1.77	43.44	1:34.13	3:24.44	7:13.37	14:50.01	28:29.15	48.64	1:44.89	3:46.28
22	1.78	43.68	1:34.66	3:25.59	7:15.82	14:55.04	28:38.80	48.91	1:45.48	3:47.56
21	1.79	43.93	1:35.19	3:26.75	7:18.26	15:00.07	28:48.46	49.19	1:46.08	3:48.83
20	1.80	44.17	1:35.72	3:27.90	7:20.71	15:05.09	28:58.12	49.46	1:46.67	3:50.11
19	1.81	44.42	1:36.26	3:29.06	7:23.16	15:10.12	29:07.77	49.74	1:47.26	3:51.39
18	1.82	44.66	1:36.79	3:30.21	7:25.61	15:15.15	29:17.43	50.01	1:47.85	3:52.67
17	1.83	44.91	1:37.32	3:31.37	7:28.06	15:20.18	29:27.08	50.29	1:48.45	3:53.95
16	1.84	45.15	1:37.85	3:32.52	7:30.51	15:25.21	29:36.74	50.56	1:49.04	3:55.23
15	1.85	45.40	1:38.38	3:33.68	7:32.95	15:30.24	29:46.40	50.84	1:49.63	3:56.50
14	1.86	45.64	1:38.91	3:34.83	7:35.40	15:35.26	29:56.05	51.11	1:50.22	3:57.78
13	1.87	45.89	1:39.45	3:35.99	7:37.85	15:40.29	30:05.71	51.39	1:50.82	3:59.06
12	1.88	46.14	1:39.98	3:37.14	7:40.30	15:45.32	30:15.37	51.66	1:51.41	4:00.34
11	1.89	46.38	1:40.51	3:38.30	7:42.75	15:50.35	30:25.02	51.94	1:52.00	4:01.62
10	1.90	46.63	1:41.04	3:39.45	7:45.20	15:55.38	30:34.68	52.21	1:52.59	4:02.90
9	1.91	46.87	1:41.57	3:40.61	7:47.64	16:00.41	30:44.33	52.49	1:53.19	4:04.17
8	1.92	47.12	1:42.11	3:41.76	7:50.09	16:05.43	30:53.99	52.76	1:53.78	4:05.45
7	1.93	47.36	1:42.64	3:42.92	7:52.54	16:10.46	31:03.65	53.04	1:54.37	4:06.73
6	1.94	47.61	1:43.17	3:44.07	7:54.99	16:15.49	31:13.30	53.31	1:54.96	4:08.01
5	1.95	47.85	1:43.70	3:45.23	7:57.44	16:20.52	31:22.96	53.59	1:55.56	4:09.29
4	1.96	48.10	1:44.23	3:46.38	7:59.89	16:25.55	31:32.62	53.86	1:56.15	4:10.57
3	1.97	48.34	1:44.76	3:47.54	8:02.33	16:30.58	31:42.27	54.14	1:56.74	4:11.84
2	1.98	48.59	1:45.30	3:48.69	8:04.78	16:35.60	31:51.93	54.41	1:57.33	4:13.12
1	1.99	48.83	1:45.83	3:49.85	8:07.23	16:40.63	32:01.58	54.69	1:57.93	4:14.40

Hong Kong Swimming Point Score 2016 - 17 (LC)

Women

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	30.55	1:06.03	2:23.46	25.49	56.65	2:05.84	2:08.92	4:36.05
99	1.01	30.86	1:06.69	2:24.89	25.74	57.22	2:07.10	2:10.21	4:38.81
98	1.02	31.16	1:07.35	2:26.33	26.00	57.78	2:08.36	2:11.50	4:41.57
97	1.03	31.47	1:08.01	2:27.76	26.25	58.35	2:09.62	2:12.79	4:44.33
96	1.04	31.77	1:08.67	2:29.20	26.51	58.92	2:10.87	2:14.08	4:47.09
95	1.05	32.08	1:09.33	2:30.63	26.76	59.48	2:12.13	2:15.37	4:49.85
94	1.06	32.38	1:09.99	2:32.07	27.02	1:00.05	2:13.39	2:16.66	4:52.61
93	1.07	32.69	1:10.65	2:33.50	27.27	1:00.62	2:14.65	2:17.94	4:55.37
92	1.08	32.99	1:11.31	2:34.94	27.53	1:01.18	2:15.91	2:19.23	4:58.13
91	1.09	33.30	1:11.97	2:36.37	27.78	1:01.75	2:17.17	2:20.52	5:00.89
90	1.10	33.61	1:12.63	2:37.81	28.04	1:02.32	2:18.42	2:21.81	5:03.66
89	1.11	33.91	1:13.29	2:39.24	28.29	1:02.88	2:19.68	2:23.10	5:06.42
88	1.12	34.22	1:13.95	2:40.68	28.55	1:03.45	2:20.94	2:24.39	5:09.18
87	1.13	34.52	1:14.61	2:42.11	28.80	1:04.01	2:22.20	2:25.68	5:11.94
86	1.14	34.83	1:15.27	2:43.54	29.06	1:04.58	2:23.46	2:26.97	5:14.70
85	1.15	35.13	1:15.93	2:44.98	29.31	1:05.15	2:24.72	2:28.26	5:17.46
84	1.16	35.44	1:16.59	2:46.41	29.57	1:05.71	2:25.97	2:29.55	5:20.22
83	1.17	35.74	1:17.26	2:47.85	29.82	1:06.28	2:27.23	2:30.84	5:22.98
82	1.18	36.05	1:17.92	2:49.28	30.08	1:06.85	2:28.49	2:32.13	5:25.74
81	1.19	36.35	1:18.58	2:50.72	30.33	1:07.41	2:29.75	2:33.41	5:28.50
80	1.20	36.66	1:19.24	2:52.15	30.59	1:07.98	2:31.01	2:34.70	5:31.26
79	1.21	36.97	1:19.90	2:53.59	30.84	1:08.55	2:32.27	2:35.99	5:34.02
78	1.22	37.27	1:20.56	2:55.02	31.10	1:09.11	2:33.52	2:37.28	5:36.78
77	1.23	37.58	1:21.22	2:56.46	31.35	1:09.68	2:34.78	2:38.57	5:39.54
76	1.24	37.88	1:21.88	2:57.89	31.61	1:10.25	2:36.04	2:39.86	5:42.30
75	1.25	38.19	1:22.54	2:59.33	31.86	1:10.81	2:37.30	2:41.15	5:45.06
74	1.26	38.49	1:23.20	3:00.76	32.12	1:11.38	2:38.56	2:42.44	5:47.82
73	1.27	38.80	1:23.86	3:02.19	32.37	1:11.95	2:39.82	2:43.73	5:50.58
72	1.28	39.10	1:24.52	3:03.63	32.63	1:12.51	2:41.08	2:45.02	5:53.34
71	1.29	39.41	1:25.18	3:05.06	32.88	1:13.08	2:42.33	2:46.31	5:56.10
70	1.30	39.72	1:25.84	3:06.50	33.14	1:13.65	2:43.59	2:47.60	5:58.87
69	1.31	40.02	1:26.50	3:07.93	33.39	1:14.21	2:44.85	2:48.89	6:01.63
68	1.32	40.33	1:27.16	3:09.37	33.65	1:14.78	2:46.11	2:50.17	6:04.39
67	1.33	40.63	1:27.82	3:10.80	33.90	1:15.34	2:47.37	2:51.46	6:07.15
66	1.34	40.94	1:28.48	3:12.24	34.16	1:15.91	2:48.63	2:52.75	6:09.91
65	1.35	41.24	1:29.14	3:13.67	34.41	1:16.48	2:49.88	2:54.04	6:12.67
64	1.36	41.55	1:29.80	3:15.11	34.67	1:17.04	2:51.14	2:55.33	6:15.43
63	1.37	41.85	1:30.46	3:16.54	34.92	1:17.61	2:52.40	2:56.62	6:18.19
62	1.38	42.16	1:31.12	3:17.97	35.18	1:18.18	2:53.66	2:57.91	6:20.95
61	1.39	42.46	1:31.78	3:19.41	35.43	1:18.74	2:54.92	2:59.20	6:23.71
60	1.40	42.77	1:32.44	3:20.84	35.69	1:19.31	2:56.18	3:00.49	6:26.47
59	1.41	43.08	1:33.10	3:22.28	35.94	1:19.88	2:57.43	3:01.78	6:29.23
58	1.42	43.38	1:33.76	3:23.71	36.20	1:20.44	2:58.69	3:03.07	6:31.99
57	1.43	43.69	1:34.42	3:25.15	36.45	1:21.01	2:59.95	3:04.36	6:34.75
56	1.44	43.99	1:35.08	3:26.58	36.71	1:21.58	3:01.21	3:05.64	6:37.51
55	1.45	44.30	1:35.74	3:28.02	36.96	1:22.14	3:02.47	3:06.93	6:40.27
54	1.46	44.60	1:36.40	3:29.45	37.22	1:22.71	3:03.73	3:08.22	6:43.03
53	1.47	44.91	1:37.06	3:30.89	37.47	1:23.28	3:04.98	3:09.51	6:45.79

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
52	1.48	45.21	1:37.72	3:32.32	37.73	1:23.84	3:06.24	3:10.80	6:48.55
51	1.49	45.52	1:38.38	3:33.76	37.98	1:24.41	3:07.50	3:12.09	6:51.31
50	1.50	45.83	1:39.05	3:35.19	38.24	1:24.98	3:08.76	3:13.38	6:54.08
49	1.51	46.13	1:39.71	3:36.62	38.49	1:25.54	3:10.02	3:14.67	6:56.84
48	1.52	46.44	1:40.37	3:38.06	38.74	1:26.11	3:11.28	3:15.96	6:59.60
47	1.53	46.74	1:41.03	3:39.49	39.00	1:26.67	3:12.54	3:17.25	7:02.36
46	1.54	47.05	1:41.69	3:40.93	39.25	1:27.24	3:13.79	3:18.54	7:05.12
45	1.55	47.35	1:42.35	3:42.36	39.51	1:27.81	3:15.05	3:19.83	7:07.88
44	1.56	47.66	1:43.01	3:43.80	39.76	1:28.37	3:16.31	3:21.12	7:10.64
43	1.57	47.96	1:43.67	3:45.23	40.02	1:28.94	3:17.57	3:22.40	7:13.40
42	1.58	48.27	1:44.33	3:46.67	40.27	1:29.51	3:18.83	3:23.69	7:16.16
41	1.59	48.57	1:44.99	3:48.10	40.53	1:30.07	3:20.09	3:24.98	7:18.92
40	1.60	48.88	1:45.65	3:49.54	40.78	1:30.64	3:21.34	3:26.27	7:21.68
39	1.61	49.19	1:46.31	3:50.97	41.04	1:31.21	3:22.60	3:27.56	7:24.44
38	1.62	49.49	1:46.97	3:52.41	41.29	1:31.77	3:23.86	3:28.85	7:27.20
37	1.63	49.80	1:47.63	3:53.84	41.55	1:32.34	3:25.12	3:30.14	7:29.96
36	1.64	50.10	1:48.29	3:55.27	41.80	1:32.91	3:26.38	3:31.43	7:32.72
35	1.65	50.41	1:48.95	3:56.71	42.06	1:33.47	3:27.64	3:32.72	7:35.48
34	1.66	50.71	1:49.61	3:58.14	42.31	1:34.04	3:28.89	3:34.01	7:38.24
33	1.67	51.02	1:50.27	3:59.58	42.57	1:34.61	3:30.15	3:35.30	7:41.00
32	1.68	51.32	1:50.93	4:01.01	42.82	1:35.17	3:31.41	3:36.59	7:43.76
31	1.69	51.63	1:51.59	4:02.45	43.08	1:35.74	3:32.67	3:37.87	7:46.52
30	1.70	51.94	1:52.25	4:03.88	43.33	1:36.31	3:33.93	3:39.16	7:49.29
29	1.71	52.24	1:52.91	4:05.32	43.59	1:36.87	3:35.19	3:40.45	7:52.05
28	1.72	52.55	1:53.57	4:06.75	43.84	1:37.44	3:36.44	3:41.74	7:54.81
27	1.73	52.85	1:54.23	4:08.19	44.10	1:38.00	3:37.70	3:43.03	7:57.57
26	1.74	53.16	1:54.89	4:09.62	44.35	1:38.57	3:38.96	3:44.32	8:00.33
25	1.75	53.46	1:55.55	4:11.06	44.61	1:39.14	3:40.22	3:45.61	8:03.09
24	1.76	53.77	1:56.21	4:12.49	44.86	1:39.70	3:41.48	3:46.90	8:05.85
23	1.77	54.07	1:56.87	4:13.92	45.12	1:40.27	3:42.74	3:48.19	8:08.61
22	1.78	54.38	1:57.53	4:15.36	45.37	1:40.84	3:44.00	3:49.48	8:11.37
21	1.79	54.68	1:58.19	4:16.79	45.63	1:41.40	3:45.25	3:50.77	8:14.13
20	1.80	54.99	1:58.85	4:18.23	45.88	1:41.97	3:46.51	3:52.06	8:16.89
19	1.81	55.30	1:59.51	4:19.66	46.14	1:42.54	3:47.77	3:53.35	8:19.65
18	1.82	55.60	2:00.17	4:21.10	46.39	1:43.10	3:49.03	3:54.63	8:22.41
17	1.83	55.91	2:00.83	4:22.53	46.65	1:43.67	3:50.29	3:55.92	8:25.17
16	1.84	56.21	2:01.50	4:23.97	46.90	1:44.24	3:51.55	3:57.21	8:27.93
15	1.85	56.52	2:02.16	4:25.40	47.16	1:44.80	3:52.80	3:58.50	8:30.69
14	1.86	56.82	2:02.82	4:26.84	47.41	1:45.37	3:54.06	3:59.79	8:33.45
13	1.87	57.13	2:03.48	4:28.27	47.67	1:45.94	3:55.32	4:01.08	8:36.21
12	1.88	57.43	2:04.14	4:29.70	47.92	1:46.50	3:56.58	4:02.37	8:38.97
11	1.89	57.74	2:04.80	4:31.14	48.18	1:47.07	3:57.84	4:03.66	8:41.73
10	1.90	58.05	2:05.46	4:32.57	48.43	1:47.64	3:59.10	4:04.95	8:44.50
9	1.91	58.35	2:06.12	4:34.01	48.69	1:48.20	4:00.35	4:06.24	8:47.26
8	1.92	58.66	2:06.78	4:35.44	48.94	1:48.77	4:01.61	4:07.53	8:50.02
7	1.93	58.96	2:07.44	4:36.88	49.20	1:49.33	4:02.87	4:08.82	8:52.78
6	1.94	59.27	2:08.10	4:38.31	49.45	1:49.90	4:04.13	4:10.10	8:55.54
5	1.95	59.57	2:08.76	4:39.75	49.71	1:50.47	4:05.39	4:11.39	8:58.30
4	1.96	59.88	2:09.42	4:41.18	49.96	1:51.03	4:06.65	4:12.68	9:01.06
3	1.97	1:00.18	2:10.08	4:42.62	50.22	1:51.60	4:07.90	4:13.97	9:03.82
2	1.98	1:00.49	2:10.74	4:44.05	50.47	1:52.17	4:09.16	4:15.26	9:06.58
1	1.99	1:00.79	2:11.40	4:45.49	50.73	1:52.73	4:10.42	4:16.55	9:09.34