

# Hong Kong Swimming Point Score 2017-18 (LC)

## Men

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	21.73	48.08	1:45.35	3:46.35	7:49.60	15:01.62	24.77	53.60	1:56.63
99	1.01	21.95	48.56	1:46.40	3:48.61	7:54.30	15:10.64	25.02	54.14	1:57.80
98	1.02	22.16	49.04	1:47.46	3:50.88	7:58.99	15:19.65	25.27	54.67	1:58.96
97	1.03	22.38	49.52	1:48.51	3:53.14	8:03.69	15:28.67	25.51	55.21	2:00.13
96	1.04	22.60	50.00	1:49.56	3:55.40	8:08.38	15:37.68	25.76	55.74	2:01.30
95	1.05	22.82	50.48	1:50.62	3:57.67	8:13.08	15:46.70	26.01	56.28	2:02.46
94	1.06	23.03	50.96	1:51.67	3:59.93	8:17.78	15:55.72	26.26	56.82	2:03.63
93	1.07	23.25	51.45	1:52.72	4:02.19	8:22.47	16:04.73	26.50	57.35	2:04.79
92	1.08	23.47	51.93	1:53.78	4:04.46	8:27.17	16:13.75	26.75	57.89	2:05.96
91	1.09	23.69	52.41	1:54.83	4:06.72	8:31.86	16:22.77	27.00	58.42	2:07.13
90	1.10	23.90	52.89	1:55.89	4:08.99	8:36.56	16:31.78	27.25	58.96	2:08.29
89	1.11	24.12	53.37	1:56.94	4:11.25	8:41.26	16:40.80	27.49	59.50	2:09.46
88	1.12	24.34	53.85	1:57.99	4:13.51	8:45.95	16:49.81	27.74	1:00.03	2:10.63
87	1.13	24.55	54.33	1:59.05	4:15.78	8:50.65	16:58.83	27.99	1:00.57	2:11.79
86	1.14	24.77	54.81	2:00.10	4:18.04	8:55.34	17:07.85	28.24	1:01.10	2:12.96
85	1.15	24.99	55.29	2:01.15	4:20.30	9:00.04	17:16.86	28.49	1:01.64	2:14.12
84	1.16	25.21	55.77	2:02.21	4:22.57	9:04.74	17:25.88	28.73	1:02.18	2:15.29
83	1.17	25.42	56.25	2:03.26	4:24.83	9:09.43	17:34.90	28.98	1:02.71	2:16.46
82	1.18	25.64	56.73	2:04.31	4:27.09	9:14.13	17:43.91	29.23	1:03.25	2:17.62
81	1.19	25.86	57.22	2:05.37	4:29.36	9:18.82	17:52.93	29.48	1:03.78	2:18.79
80	1.20	26.08	57.70	2:06.42	4:31.62	9:23.52	18:01.94	29.72	1:04.32	2:19.96
79	1.21	26.29	58.18	2:07.47	4:33.88	9:28.22	18:10.96	29.97	1:04.86	2:21.12
78	1.22	26.51	58.66	2:08.53	4:36.15	9:32.91	18:19.98	30.22	1:05.39	2:22.29
77	1.23	26.73	59.14	2:09.58	4:38.41	9:37.61	18:28.99	30.47	1:05.93	2:23.45
76	1.24	26.95	59.62	2:10.63	4:40.67	9:42.30	18:38.01	30.71	1:06.46	2:24.62
75	1.25	27.16	1:00.10	2:11.69	4:42.94	9:47.00	18:47.03	30.96	1:07.00	2:25.79
74	1.26	27.38	1:00.58	2:12.74	4:45.20	9:51.70	18:56.04	31.21	1:07.54	2:26.95
73	1.27	27.60	1:01.06	2:13.79	4:47.46	9:56.39	19:05.06	31.46	1:08.07	2:28.12
72	1.28	27.81	1:01.54	2:14.85	4:49.73	10:01.09	19:14.07	31.71	1:08.61	2:29.29
71	1.29	28.03	1:02.02	2:15.90	4:51.99	10:05.78	19:23.09	31.95	1:09.14	2:30.45
70	1.30	28.25	1:02.50	2:16.96	4:54.26	10:10.48	19:32.11	32.20	1:09.68	2:31.62
69	1.31	28.47	1:02.98	2:18.01	4:56.52	10:15.18	19:41.12	32.45	1:10.22	2:32.79
68	1.32	28.68	1:03.47	2:19.06	4:58.78	10:19.87	19:50.14	32.70	1:10.75	2:33.95
67	1.33	28.90	1:03.95	2:20.12	5:01.05	10:24.57	19:59.15	32.94	1:11.29	2:35.12
66	1.34	29.12	1:04.43	2:21.17	5:03.31	10:29.26	20:08.17	33.19	1:11.82	2:36.28
65	1.35	29.34	1:04.91	2:22.22	5:05.57	10:33.96	20:17.19	33.44	1:12.36	2:37.45
64	1.36	29.55	1:05.39	2:23.28	5:07.84	10:38.66	20:26.20	33.69	1:12.90	2:38.62
63	1.37	29.77	1:05.87	2:24.33	5:10.10	10:43.35	20:35.22	33.93	1:13.43	2:39.78
62	1.38	29.99	1:06.35	2:25.38	5:12.36	10:48.05	20:44.24	34.18	1:13.97	2:40.95
61	1.39	30.20	1:06.83	2:26.44	5:14.63	10:52.74	20:53.25	34.43	1:14.50	2:42.12
60	1.40	30.42	1:07.31	2:27.49	5:16.89	10:57.44	21:02.27	34.68	1:15.04	2:43.28
59	1.41	30.64	1:07.79	2:28.54	5:19.15	11:02.14	21:11.28	34.93	1:15.58	2:44.45
58	1.42	30.86	1:08.27	2:29.60	5:21.42	11:06.83	21:20.30	35.17	1:16.11	2:45.61
57	1.43	31.07	1:08.75	2:30.65	5:23.68	11:11.53	21:29.32	35.42	1:16.65	2:46.78
56	1.44	31.29	1:09.24	2:31.70	5:25.94	11:16.22	21:38.33	35.67	1:17.18	2:47.95
55	1.45	31.51	1:09.72	2:32.76	5:28.21	11:20.92	21:47.35	35.92	1:17.72	2:49.11
54	1.46	31.73	1:10.20	2:33.81	5:30.47	11:25.62	21:56.37	36.16	1:18.26	2:50.28
53	1.47	31.94	1:10.68	2:34.86	5:32.73	11:30.31	22:05.38	36.41	1:18.79	2:51.45

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
52	1.48	32.16	1:11.16	2:35.92	5:35.00	11:35.01	22:14.40	36.66	1:19.33	2:52.61
51	1.49	32.38	1:11.64	2:36.97	5:37.26	11:39.70	22:23.41	36.91	1:19.86	2:53.78
50	1.50	32.60	1:12.12	2:38.03	5:39.53	11:44.40	22:32.43	37.16	1:20.40	2:54.95
49	1.51	32.81	1:12.60	2:39.08	5:41.79	11:49.10	22:41.45	37.40	1:20.94	2:56.11
48	1.52	33.03	1:13.08	2:40.13	5:44.05	11:53.79	22:50.46	37.65	1:21.47	2:57.28
47	1.53	33.25	1:13.56	2:41.19	5:46.32	11:58.49	22:59.48	37.90	1:22.01	2:58.44
46	1.54	33.46	1:14.04	2:42.24	5:48.58	12:03.18	23:08.49	38.15	1:22.54	2:59.61
45	1.55	33.68	1:14.52	2:43.29	5:50.84	12:07.88	23:17.51	38.39	1:23.08	3:00.78
44	1.56	33.90	1:15.00	2:44.35	5:53.11	12:12.58	23:26.53	38.64	1:23.62	3:01.94
43	1.57	34.12	1:15.49	2:45.40	5:55.37	12:17.27	23:35.54	38.89	1:24.15	3:03.11
42	1.58	34.33	1:15.97	2:46.45	5:57.63	12:21.97	23:44.56	39.14	1:24.69	3:04.28
41	1.59	34.55	1:16.45	2:47.51	5:59.90	12:26.66	23:53.58	39.38	1:25.22	3:05.44
40	1.60	34.77	1:16.93	2:48.56	6:02.16	12:31.36	24:02.59	39.63	1:25.76	3:06.61
39	1.61	34.99	1:17.41	2:49.61	6:04.42	12:36.06	24:11.61	39.88	1:26.30	3:07.77
38	1.62	35.20	1:17.89	2:50.67	6:06.69	12:40.75	24:20.62	40.13	1:26.83	3:08.94
37	1.63	35.42	1:18.37	2:51.72	6:08.95	12:45.45	24:29.64	40.38	1:27.37	3:10.11
36	1.64	35.64	1:18.85	2:52.77	6:11.21	12:50.14	24:38.66	40.62	1:27.90	3:11.27
35	1.65	35.85	1:19.33	2:53.83	6:13.48	12:54.84	24:47.67	40.87	1:28.44	3:12.44
34	1.66	36.07	1:19.81	2:54.88	6:15.74	12:59.54	24:56.69	41.12	1:28.98	3:13.61
33	1.67	36.29	1:20.29	2:55.93	6:18.00	13:04.23	25:05.71	41.37	1:29.51	3:14.77
32	1.68	36.51	1:20.77	2:56.99	6:20.27	13:08.93	25:14.72	41.61	1:30.05	3:15.94
31	1.69	36.72	1:21.26	2:58.04	6:22.53	13:13.62	25:23.74	41.86	1:30.58	3:17.10
30	1.70	36.94	1:21.74	2:59.10	6:24.80	13:18.32	25:32.75	42.11	1:31.12	3:18.27
29	1.71	37.16	1:22.22	3:00.15	6:27.06	13:23.02	25:41.77	42.36	1:31.66	3:19.44
28	1.72	37.38	1:22.70	3:01.20	6:29.32	13:27.71	25:50.79	42.60	1:32.19	3:20.60
27	1.73	37.59	1:23.18	3:02.26	6:31.59	13:32.41	25:59.80	42.85	1:32.73	3:21.77
26	1.74	37.81	1:23.66	3:03.31	6:33.85	13:37.10	26:08.82	43.10	1:33.26	3:22.94
25	1.75	38.03	1:24.14	3:04.36	6:36.11	13:41.80	26:17.84	43.35	1:33.80	3:24.10
24	1.76	38.24	1:24.62	3:05.42	6:38.38	13:46.50	26:26.85	43.60	1:34.34	3:25.27
23	1.77	38.46	1:25.10	3:06.47	6:40.64	13:51.19	26:35.87	43.84	1:34.87	3:26.44
22	1.78	38.68	1:25.58	3:07.52	6:42.90	13:55.89	26:44.88	44.09	1:35.41	3:27.60
21	1.79	38.90	1:26.06	3:08.58	6:45.17	14:00.58	26:53.90	44.34	1:35.94	3:28.77
20	1.80	39.11	1:26.54	3:09.63	6:47.43	14:05.28	27:02.92	44.59	1:36.48	3:29.93
19	1.81	39.33	1:27.02	3:10.68	6:49.69	14:09.98	27:11.93	44.83	1:37.02	3:31.10
18	1.82	39.55	1:27.51	3:11.74	6:51.96	14:14.67	27:20.95	45.08	1:37.55	3:32.27
17	1.83	39.77	1:27.99	3:12.79	6:54.22	14:19.37	27:29.96	45.33	1:38.09	3:33.43
16	1.84	39.98	1:28.47	3:13.84	6:56.48	14:24.06	27:38.98	45.58	1:38.62	3:34.60
15	1.85	40.20	1:28.95	3:14.90	6:58.75	14:28.76	27:48.00	45.82	1:39.16	3:35.77
14	1.86	40.42	1:29.43	3:15.95	7:01.01	14:33.46	27:57.01	46.07	1:39.70	3:36.93
13	1.87	40.64	1:29.91	3:17.00	7:03.27	14:38.15	28:06.03	46.32	1:40.23	3:38.10
12	1.88	40.85	1:30.39	3:18.06	7:05.54	14:42.85	28:15.05	46.57	1:40.77	3:39.26
11	1.89	41.07	1:30.87	3:19.11	7:07.80	14:47.54	28:24.06	46.82	1:41.30	3:40.43
10	1.90	41.29	1:31.35	3:20.17	7:10.07	14:52.24	28:33.08	47.06	1:41.84	3:41.60
9	1.91	41.50	1:31.83	3:21.22	7:12.33	14:56.94	28:42.09	47.31	1:42.38	3:42.76
8	1.92	41.72	1:32.31	3:22.27	7:14.59	15:01.63	28:51.11	47.56	1:42.91	3:43.93
7	1.93	41.94	1:32.79	3:23.33	7:16.86	15:06.33	29:00.13	47.81	1:43.45	3:45.10
6	1.94	42.16	1:33.28	3:24.38	7:19.12	15:11.02	29:09.14	48.05	1:43.98	3:46.26
5	1.95	42.37	1:33.76	3:25.43	7:21.38	15:15.72	29:18.16	48.30	1:44.52	3:47.43
4	1.96	42.59	1:34.24	3:26.49	7:23.65	15:20.42	29:27.18	48.55	1:45.06	3:48.59
3	1.97	42.81	1:34.72	3:27.54	7:25.91	15:25.11	29:36.19	48.80	1:45.59	3:49.76
2	1.98	43.03	1:35.20	3:28.59	7:28.17	15:29.81	29:45.21	49.04	1:46.13	3:50.93
1	1.99	43.24	1:35.68	3:29.65	7:30.44	15:34.50	29:54.22	49.29	1:46.66	3:52.09

# Hong Kong Swimming Point Score 2017-18 (LC)

## Men

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	27.33	59.73	2:10.40	23.27	51.30	1:55.34	1:58.29	4:12.97
99	1.01	27.60	1:00.33	2:11.70	23.50	51.81	1:56.49	1:59.47	4:15.50
98	1.02	27.88	1:00.92	2:13.01	23.74	52.33	1:57.65	2:00.66	4:18.03
97	1.03	28.15	1:01.52	2:14.31	23.97	52.84	1:58.80	2:01.84	4:20.56
96	1.04	28.42	1:02.12	2:15.62	24.20	53.35	1:59.95	2:03.02	4:23.09
95	1.05	28.70	1:02.72	2:16.92	24.43	53.87	2:01.11	2:04.20	4:25.62
94	1.06	28.97	1:03.31	2:18.22	24.67	54.38	2:02.26	2:05.39	4:28.15
93	1.07	29.24	1:03.91	2:19.53	24.90	54.89	2:03.41	2:06.57	4:30.68
92	1.08	29.52	1:04.51	2:20.83	25.13	55.40	2:04.57	2:07.75	4:33.21
91	1.09	29.79	1:05.11	2:22.14	25.36	55.92	2:05.72	2:08.94	4:35.74
90	1.10	30.06	1:05.70	2:23.44	25.60	56.43	2:06.87	2:10.12	4:38.27
89	1.11	30.34	1:06.30	2:24.74	25.83	56.94	2:08.03	2:11.30	4:40.80
88	1.12	30.61	1:06.90	2:26.05	26.06	57.46	2:09.18	2:12.48	4:43.33
87	1.13	30.88	1:07.49	2:27.35	26.30	57.97	2:10.33	2:13.67	4:45.86
86	1.14	31.16	1:08.09	2:28.66	26.53	58.48	2:11.49	2:14.85	4:48.39
85	1.15	31.43	1:08.69	2:29.96	26.76	59.00	2:12.64	2:16.03	4:50.92
84	1.16	31.70	1:09.29	2:31.26	26.99	59.51	2:13.79	2:17.22	4:53.45
83	1.17	31.98	1:09.88	2:32.57	27.23	1:00.02	2:14.95	2:18.40	4:55.97
82	1.18	32.25	1:10.48	2:33.87	27.46	1:00.53	2:16.10	2:19.58	4:58.50
81	1.19	32.52	1:11.08	2:35.18	27.69	1:01.05	2:17.25	2:20.77	5:01.03
80	1.20	32.80	1:11.68	2:36.48	27.92	1:01.56	2:18.41	2:21.95	5:03.56
79	1.21	33.07	1:12.27	2:37.78	28.16	1:02.07	2:19.56	2:23.13	5:06.09
78	1.22	33.34	1:12.87	2:39.09	28.39	1:02.59	2:20.71	2:24.31	5:08.62
77	1.23	33.62	1:13.47	2:40.39	28.62	1:03.10	2:21.87	2:25.50	5:11.15
76	1.24	33.89	1:14.07	2:41.70	28.85	1:03.61	2:23.02	2:26.68	5:13.68
75	1.25	34.16	1:14.66	2:43.00	29.09	1:04.13	2:24.18	2:27.86	5:16.21
74	1.26	34.44	1:15.26	2:44.30	29.32	1:04.64	2:25.33	2:29.05	5:18.74
73	1.27	34.71	1:15.86	2:45.61	29.55	1:05.15	2:26.48	2:30.23	5:21.27
72	1.28	34.98	1:16.45	2:46.91	29.79	1:05.66	2:27.64	2:31.41	5:23.80
71	1.29	35.26	1:17.05	2:48.22	30.02	1:06.18	2:28.79	2:32.59	5:26.33
70	1.30	35.53	1:17.65	2:49.52	30.25	1:06.69	2:29.94	2:33.78	5:28.86
69	1.31	35.80	1:18.25	2:50.82	30.48	1:07.20	2:31.10	2:34.96	5:31.39
68	1.32	36.08	1:18.84	2:52.13	30.72	1:07.72	2:32.25	2:36.14	5:33.92
67	1.33	36.35	1:19.44	2:53.43	30.95	1:08.23	2:33.40	2:37.33	5:36.45
66	1.34	36.62	1:20.04	2:54.74	31.18	1:08.74	2:34.56	2:38.51	5:38.98
65	1.35	36.90	1:20.64	2:56.04	31.41	1:09.26	2:35.71	2:39.69	5:41.51
64	1.36	37.17	1:21.23	2:57.34	31.65	1:09.77	2:36.86	2:40.87	5:44.04
63	1.37	37.44	1:21.83	2:58.65	31.88	1:10.28	2:38.02	2:42.06	5:46.57
62	1.38	37.72	1:22.43	2:59.95	32.11	1:10.79	2:39.17	2:43.24	5:49.10
61	1.39	37.99	1:23.02	3:01.26	32.35	1:11.31	2:40.32	2:44.42	5:51.63
60	1.40	38.26	1:23.62	3:02.56	32.58	1:11.82	2:41.48	2:45.61	5:54.16
59	1.41	38.54	1:24.22	3:03.86	32.81	1:12.33	2:42.63	2:46.79	5:56.69
58	1.42	38.81	1:24.82	3:05.17	33.04	1:12.85	2:43.78	2:47.97	5:59.22
57	1.43	39.08	1:25.41	3:06.47	33.28	1:13.36	2:44.94	2:49.15	6:01.75
56	1.44	39.36	1:26.01	3:07.78	33.51	1:13.87	2:46.09	2:50.34	6:04.28
55	1.45	39.63	1:26.61	3:09.08	33.74	1:14.39	2:47.24	2:51.52	6:06.81
54	1.46	39.90	1:27.21	3:10.38	33.97	1:14.90	2:48.40	2:52.70	6:09.34
53	1.47	40.18	1:27.80	3:11.69	34.21	1:15.41	2:49.55	2:53.89	6:11.87

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
52	1.48	40.45	1:28.40	3:12.99	34.44	1:15.92	2:50.70	2:55.07	6:14.40
51	1.49	40.72	1:29.00	3:14.30	34.67	1:16.44	2:51.86	2:56.25	6:16.93
50	1.50	41.00	1:29.60	3:15.60	34.91	1:16.95	2:53.01	2:57.44	6:19.46
49	1.51	41.27	1:30.19	3:16.90	35.14	1:17.46	2:54.16	2:58.62	6:21.98
48	1.52	41.54	1:30.79	3:18.21	35.37	1:17.98	2:55.32	2:59.80	6:24.51
47	1.53	41.81	1:31.39	3:19.51	35.60	1:18.49	2:56.47	3:00.98	6:27.04
46	1.54	42.09	1:31.98	3:20.82	35.84	1:19.00	2:57.62	3:02.17	6:29.57
45	1.55	42.36	1:32.58	3:22.12	36.07	1:19.52	2:58.78	3:03.35	6:32.10
44	1.56	42.63	1:33.18	3:23.42	36.30	1:20.03	2:59.93	3:04.53	6:34.63
43	1.57	42.91	1:33.78	3:24.73	36.53	1:20.54	3:01.08	3:05.72	6:37.16
42	1.58	43.18	1:34.37	3:26.03	36.77	1:21.05	3:02.24	3:06.90	6:39.69
41	1.59	43.45	1:34.97	3:27.34	37.00	1:21.57	3:03.39	3:08.08	6:42.22
40	1.60	43.73	1:35.57	3:28.64	37.23	1:22.08	3:04.54	3:09.26	6:44.75
39	1.61	44.00	1:36.17	3:29.94	37.46	1:22.59	3:05.70	3:10.45	6:47.28
38	1.62	44.27	1:36.76	3:31.25	37.70	1:23.11	3:06.85	3:11.63	6:49.81
37	1.63	44.55	1:37.36	3:32.55	37.93	1:23.62	3:08.00	3:12.81	6:52.34
36	1.64	44.82	1:37.96	3:33.86	38.16	1:24.13	3:09.16	3:14.00	6:54.87
35	1.65	45.09	1:38.55	3:35.16	38.40	1:24.65	3:10.31	3:15.18	6:57.40
34	1.66	45.37	1:39.15	3:36.46	38.63	1:25.16	3:11.46	3:16.36	6:59.93
33	1.67	45.64	1:39.75	3:37.77	38.86	1:25.67	3:12.62	3:17.54	7:02.46
32	1.68	45.91	1:40.35	3:39.07	39.09	1:26.18	3:13.77	3:18.73	7:04.99
31	1.69	46.19	1:40.94	3:40.38	39.33	1:26.70	3:14.92	3:19.91	7:07.52
30	1.70	46.46	1:41.54	3:41.68	39.56	1:27.21	3:16.08	3:21.09	7:10.05
29	1.71	46.73	1:42.14	3:42.98	39.79	1:27.72	3:17.23	3:22.28	7:12.58
28	1.72	47.01	1:42.74	3:44.29	40.02	1:28.24	3:18.38	3:23.46	7:15.11
27	1.73	47.28	1:43.33	3:45.59	40.26	1:28.75	3:19.54	3:24.64	7:17.64
26	1.74	47.55	1:43.93	3:46.90	40.49	1:29.26	3:20.69	3:25.82	7:20.17
25	1.75	47.83	1:44.53	3:48.20	40.72	1:29.78	3:21.85	3:27.01	7:22.70
24	1.76	48.10	1:45.12	3:49.50	40.96	1:30.29	3:23.00	3:28.19	7:25.23
23	1.77	48.37	1:45.72	3:50.81	41.19	1:30.80	3:24.15	3:29.37	7:27.76
22	1.78	48.65	1:46.32	3:52.11	41.42	1:31.31	3:25.31	3:30.56	7:30.29
21	1.79	48.92	1:46.92	3:53.42	41.65	1:31.83	3:26.46	3:31.74	7:32.82
20	1.80	49.19	1:47.51	3:54.72	41.89	1:32.34	3:27.61	3:32.92	7:35.35
19	1.81	49.47	1:48.11	3:56.02	42.12	1:32.85	3:28.77	3:34.10	7:37.88
18	1.82	49.74	1:48.71	3:57.33	42.35	1:33.37	3:29.92	3:35.29	7:40.41
17	1.83	50.01	1:49.31	3:58.63	42.58	1:33.88	3:31.07	3:36.47	7:42.94
16	1.84	50.29	1:49.90	3:59.94	42.82	1:34.39	3:32.23	3:37.65	7:45.46
15	1.85	50.56	1:50.50	4:01.24	43.05	1:34.91	3:33.38	3:38.84	7:47.99
14	1.86	50.83	1:51.10	4:02.54	43.28	1:35.42	3:34.53	3:40.02	7:50.52
13	1.87	51.11	1:51.70	4:03.85	43.51	1:35.93	3:35.69	3:41.20	7:53.05
12	1.88	51.38	1:52.29	4:05.15	43.75	1:36.44	3:36.84	3:42.39	7:55.58
11	1.89	51.65	1:52.89	4:06.46	43.98	1:36.96	3:37.99	3:43.57	7:58.11
10	1.90	51.93	1:53.49	4:07.76	44.21	1:37.47	3:39.15	3:44.75	8:00.64
9	1.91	52.20	1:54.08	4:09.06	44.45	1:37.98	3:40.30	3:45.93	8:03.17
8	1.92	52.47	1:54.68	4:10.37	44.68	1:38.50	3:41.45	3:47.12	8:05.70
7	1.93	52.75	1:55.28	4:11.67	44.91	1:39.01	3:42.61	3:48.30	8:08.23
6	1.94	53.02	1:55.88	4:12.98	45.14	1:39.52	3:43.76	3:49.48	8:10.76
5	1.95	53.29	1:56.47	4:14.28	45.38	1:40.04	3:44.91	3:50.67	8:13.29
4	1.96	53.57	1:57.07	4:15.58	45.61	1:40.55	3:46.07	3:51.85	8:15.82
3	1.97	53.84	1:57.67	4:16.89	45.84	1:41.06	3:47.22	3:53.03	8:18.35
2	1.98	54.11	1:58.27	4:18.19	46.07	1:41.57	3:48.37	3:54.21	8:20.88
1	1.99	54.39	1:58.86	4:19.50	46.31	1:42.09	3:49.53	3:55.40	8:23.41

# Hong Kong Swimming Point Score 2017-18 (LC)

## Women

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	24.54	53.18	1:54.98	4:04.84	8:22.59	16:05.62	27.48	59.10	2:06.62
99	1.01	24.79	53.71	1:56.13	4:07.29	8:27.62	16:15.28	27.75	59.69	2:07.89
98	1.02	25.03	54.24	1:57.28	4:09.74	8:32.64	16:24.93	28.03	1:00.28	2:09.15
97	1.03	25.28	54.78	1:58.43	4:12.19	8:37.67	16:34.59	28.30	1:00.87	2:10.42
96	1.04	25.52	55.31	1:59.58	4:14.63	8:42.69	16:44.24	28.58	1:01.46	2:11.68
95	1.05	25.77	55.84	2:00.73	4:17.08	8:47.72	16:53.90	28.85	1:02.05	2:12.95
94	1.06	26.01	56.37	2:01.88	4:19.53	8:52.75	17:03.56	29.13	1:02.65	2:14.22
93	1.07	26.26	56.90	2:03.03	4:21.98	8:57.77	17:13.21	29.40	1:03.24	2:15.48
92	1.08	26.50	57.43	2:04.18	4:24.43	9:02.80	17:22.87	29.68	1:03.83	2:16.75
91	1.09	26.75	57.97	2:05.33	4:26.88	9:07.82	17:32.53	29.95	1:04.42	2:18.02
90	1.10	26.99	58.50	2:06.48	4:29.32	9:12.85	17:42.18	30.23	1:05.01	2:19.28
89	1.11	27.24	59.03	2:07.63	4:31.77	9:17.87	17:51.84	30.50	1:05.60	2:20.55
88	1.12	27.48	59.56	2:08.78	4:34.22	9:22.90	18:01.49	30.78	1:06.19	2:21.81
87	1.13	27.73	1:00.09	2:09.93	4:36.67	9:27.93	18:11.15	31.05	1:06.78	2:23.08
86	1.14	27.98	1:00.63	2:11.08	4:39.12	9:32.95	18:20.81	31.33	1:07.37	2:24.35
85	1.15	28.22	1:01.16	2:12.23	4:41.57	9:37.98	18:30.46	31.60	1:07.97	2:25.61
84	1.16	28.47	1:01.69	2:13.38	4:44.01	9:43.00	18:40.12	31.88	1:08.56	2:26.88
83	1.17	28.71	1:02.22	2:14.53	4:46.46	9:48.03	18:49.78	32.15	1:09.15	2:28.15
82	1.18	28.96	1:02.75	2:15.68	4:48.91	9:53.06	18:59.43	32.43	1:09.74	2:29.41
81	1.19	29.20	1:03.28	2:16.83	4:51.36	9:58.08	19:09.09	32.70	1:10.33	2:30.68
80	1.20	29.45	1:03.82	2:17.98	4:53.81	10:03.11	19:18.74	32.98	1:10.92	2:31.94
79	1.21	29.69	1:04.35	2:19.13	4:56.26	10:08.13	19:28.40	33.25	1:11.51	2:33.21
78	1.22	29.94	1:04.88	2:20.28	4:58.70	10:13.16	19:38.06	33.53	1:12.10	2:34.48
77	1.23	30.18	1:05.41	2:21.43	5:01.15	10:18.19	19:47.71	33.80	1:12.69	2:35.74
76	1.24	30.43	1:05.94	2:22.58	5:03.60	10:23.21	19:57.37	34.08	1:13.28	2:37.01
75	1.25	30.68	1:06.48	2:23.73	5:06.05	10:28.24	20:07.03	34.35	1:13.88	2:38.28
74	1.26	30.92	1:07.01	2:24.87	5:08.50	10:33.26	20:16.68	34.62	1:14.47	2:39.54
73	1.27	31.17	1:07.54	2:26.02	5:10.95	10:38.29	20:26.34	34.90	1:15.06	2:40.81
72	1.28	31.41	1:08.07	2:27.17	5:13.40	10:43.32	20:35.99	35.17	1:15.65	2:42.07
71	1.29	31.66	1:08.60	2:28.32	5:15.84	10:48.34	20:45.65	35.45	1:16.24	2:43.34
70	1.30	31.90	1:09.13	2:29.47	5:18.29	10:53.37	20:55.31	35.72	1:16.83	2:44.61
69	1.31	32.15	1:09.67	2:30.62	5:20.74	10:58.39	21:04.96	36.00	1:17.42	2:45.87
68	1.32	32.39	1:10.20	2:31.77	5:23.19	11:03.42	21:14.62	36.27	1:18.01	2:47.14
67	1.33	32.64	1:10.73	2:32.92	5:25.64	11:08.44	21:24.27	36.55	1:18.60	2:48.40
66	1.34	32.88	1:11.26	2:34.07	5:28.09	11:13.47	21:33.93	36.82	1:19.19	2:49.67
65	1.35	33.13	1:11.79	2:35.22	5:30.53	11:18.50	21:43.59	37.10	1:19.79	2:50.94
64	1.36	33.37	1:12.32	2:36.37	5:32.98	11:23.52	21:53.24	37.37	1:20.38	2:52.20
63	1.37	33.62	1:12.86	2:37.52	5:35.43	11:28.55	22:02.90	37.65	1:20.97	2:53.47
62	1.38	33.87	1:13.39	2:38.67	5:37.88	11:33.57	22:12.56	37.92	1:21.56	2:54.74
61	1.39	34.11	1:13.92	2:39.82	5:40.33	11:38.60	22:22.21	38.20	1:22.15	2:56.00
60	1.40	34.36	1:14.45	2:40.97	5:42.78	11:43.63	22:31.87	38.47	1:22.74	2:57.27
59	1.41	34.60	1:14.98	2:42.12	5:45.22	11:48.65	22:41.52	38.75	1:23.33	2:58.53
58	1.42	34.85	1:15.52	2:43.27	5:47.67	11:53.68	22:51.18	39.02	1:23.92	2:59.80
57	1.43	35.09	1:16.05	2:44.42	5:50.12	11:58.70	23:00.84	39.30	1:24.51	3:01.07
56	1.44	35.34	1:16.58	2:45.57	5:52.57	12:03.73	23:10.49	39.57	1:25.10	3:02.33
55	1.45	35.58	1:17.11	2:46.72	5:55.02	12:08.76	23:20.15	39.85	1:25.70	3:03.60
54	1.46	35.83	1:17.64	2:47.87	5:57.47	12:13.78	23:29.81	40.12	1:26.29	3:04.87
53	1.47	36.07	1:18.17	2:49.02	5:59.91	12:18.81	23:39.46	40.40	1:26.88	3:06.13

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
52	1.48	36.32	1:18.71	2:50.17	6:02.36	12:23.83	23:49.12	40.67	1:27.47	3:07.40
51	1.49	36.56	1:19.24	2:51.32	6:04.81	12:28.86	23:58.77	40.95	1:28.06	3:08.66
50	1.50	36.81	1:19.77	2:52.47	6:07.26	12:33.89	24:08.43	41.22	1:28.65	3:09.93
49	1.51	37.06	1:20.30	2:53.62	6:09.71	12:38.91	24:18.09	41.49	1:29.24	3:11.20
48	1.52	37.30	1:20.83	2:54.77	6:12.16	12:43.94	24:27.74	41.77	1:29.83	3:12.46
47	1.53	37.55	1:21.37	2:55.92	6:14.61	12:48.96	24:37.40	42.04	1:30.42	3:13.73
46	1.54	37.79	1:21.90	2:57.07	6:17.05	12:53.99	24:47.05	42.32	1:31.01	3:14.99
45	1.55	38.04	1:22.43	2:58.22	6:19.50	12:59.01	24:56.71	42.59	1:31.61	3:16.26
44	1.56	38.28	1:22.96	2:59.37	6:21.95	13:04.04	25:06.37	42.87	1:32.20	3:17.53
43	1.57	38.53	1:23.49	3:00.52	6:24.40	13:09.07	25:16.02	43.14	1:32.79	3:18.79
42	1.58	38.77	1:24.02	3:01.67	6:26.85	13:14.09	25:25.68	43.42	1:33.38	3:20.06
41	1.59	39.02	1:24.56	3:02.82	6:29.30	13:19.12	25:35.34	43.69	1:33.97	3:21.33
40	1.60	39.26	1:25.09	3:03.97	6:31.74	13:24.14	25:44.99	43.97	1:34.56	3:22.59
39	1.61	39.51	1:25.62	3:05.12	6:34.19	13:29.17	25:54.65	44.24	1:35.15	3:23.86
38	1.62	39.75	1:26.15	3:06.27	6:36.64	13:34.20	26:04.30	44.52	1:35.74	3:25.12
37	1.63	40.00	1:26.68	3:07.42	6:39.09	13:39.22	26:13.96	44.79	1:36.33	3:26.39
36	1.64	40.25	1:27.22	3:08.57	6:41.54	13:44.25	26:23.62	45.07	1:36.92	3:27.66
35	1.65	40.49	1:27.75	3:09.72	6:43.99	13:49.27	26:33.27	45.34	1:37.52	3:28.92
34	1.66	40.74	1:28.28	3:10.87	6:46.43	13:54.30	26:42.93	45.62	1:38.11	3:30.19
33	1.67	40.98	1:28.81	3:12.02	6:48.88	13:59.33	26:52.59	45.89	1:38.70	3:31.46
32	1.68	41.23	1:29.34	3:13.17	6:51.33	14:04.35	27:02.24	46.17	1:39.29	3:32.72
31	1.69	41.47	1:29.87	3:14.32	6:53.78	14:09.38	27:11.90	46.44	1:39.88	3:33.99
30	1.70	41.72	1:30.41	3:15.47	6:56.23	14:14.40	27:21.55	46.72	1:40.47	3:35.25
29	1.71	41.96	1:30.94	3:16.62	6:58.68	14:19.43	27:31.21	46.99	1:41.06	3:36.52
28	1.72	42.21	1:31.47	3:17.77	7:01.12	14:24.45	27:40.87	47.27	1:41.65	3:37.79
27	1.73	42.45	1:32.00	3:18.92	7:03.57	14:29.48	27:50.52	47.54	1:42.24	3:39.05
26	1.74	42.70	1:32.53	3:20.07	7:06.02	14:34.51	28:00.18	47.82	1:42.83	3:40.32
25	1.75	42.95	1:33.07	3:21.22	7:08.47	14:39.53	28:09.84	48.09	1:43.43	3:41.59
24	1.76	43.19	1:33.60	3:22.36	7:10.92	14:44.56	28:19.49	48.36	1:44.02	3:42.85
23	1.77	43.44	1:34.13	3:23.51	7:13.37	14:49.58	28:29.15	48.64	1:44.61	3:44.12
22	1.78	43.68	1:34.66	3:24.66	7:15.82	14:54.61	28:38.80	48.91	1:45.20	3:45.38
21	1.79	43.93	1:35.19	3:25.81	7:18.26	14:59.64	28:48.46	49.19	1:45.79	3:46.65
20	1.80	44.17	1:35.72	3:26.96	7:20.71	15:04.66	28:58.12	49.46	1:46.38	3:47.92
19	1.81	44.42	1:36.26	3:28.11	7:23.16	15:09.69	29:07.77	49.74	1:46.97	3:49.18
18	1.82	44.66	1:36.79	3:29.26	7:25.61	15:14.71	29:17.43	50.01	1:47.56	3:50.45
17	1.83	44.91	1:37.32	3:30.41	7:28.06	15:19.74	29:27.08	50.29	1:48.15	3:51.71
16	1.84	45.15	1:37.85	3:31.56	7:30.51	15:24.77	29:36.74	50.56	1:48.74	3:52.98
15	1.85	45.40	1:38.38	3:32.71	7:32.95	15:29.79	29:46.40	50.84	1:49.34	3:54.25
14	1.86	45.64	1:38.91	3:33.86	7:35.40	15:34.82	29:56.05	51.11	1:49.93	3:55.51
13	1.87	45.89	1:39.45	3:35.01	7:37.85	15:39.84	30:05.71	51.39	1:50.52	3:56.78
12	1.88	46.14	1:39.98	3:36.16	7:40.30	15:44.87	30:15.37	51.66	1:51.11	3:58.05
11	1.89	46.38	1:40.51	3:37.31	7:42.75	15:49.90	30:25.02	51.94	1:51.70	3:59.31
10	1.90	46.63	1:41.04	3:38.46	7:45.20	15:54.92	30:34.68	52.21	1:52.29	4:00.58
9	1.91	46.87	1:41.57	3:39.61	7:47.64	15:59.95	30:44.33	52.49	1:52.88	4:01.84
8	1.92	47.12	1:42.11	3:40.76	7:50.09	16:04.97	30:53.99	52.76	1:53.47	4:03.11
7	1.93	47.36	1:42.64	3:41.91	7:52.54	16:10.00	31:03.65	53.04	1:54.06	4:04.38
6	1.94	47.61	1:43.17	3:43.06	7:54.99	16:15.02	31:13.30	53.31	1:54.65	4:05.64
5	1.95	47.85	1:43.70	3:44.21	7:57.44	16:20.05	31:22.96	53.59	1:55.25	4:06.91
4	1.96	48.10	1:44.23	3:45.36	7:59.89	16:25.08	31:32.62	53.86	1:55.84	4:08.18
3	1.97	48.34	1:44.76	3:46.51	8:02.33	16:30.10	31:42.27	54.14	1:56.43	4:09.44
2	1.98	48.59	1:45.30	3:47.66	8:04.78	16:35.13	31:51.93	54.41	1:57.02	4:10.71
1	1.99	48.83	1:45.83	3:48.81	8:07.23	16:40.15	32:01.58	54.69	1:57.61	4:11.97

# Hong Kong Swimming Point Score 2017-18(LC)

## Women

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	30.57	1:05.79	2:22.24	25.49	56.65	2:05.84	2:08.92	4:36.05
99	1.01	30.88	1:06.45	2:23.66	25.74	57.22	2:07.10	2:10.21	4:38.81
98	1.02	31.18	1:07.11	2:25.08	26.00	57.78	2:08.36	2:11.50	4:41.57
97	1.03	31.49	1:07.76	2:26.51	26.25	58.35	2:09.62	2:12.79	4:44.33
96	1.04	31.79	1:08.42	2:27.93	26.51	58.92	2:10.87	2:14.08	4:47.09
95	1.05	32.10	1:09.08	2:29.35	26.76	59.48	2:12.13	2:15.37	4:49.85
94	1.06	32.40	1:09.74	2:30.77	27.02	1:00.05	2:13.39	2:16.66	4:52.61
93	1.07	32.71	1:10.40	2:32.20	27.27	1:00.62	2:14.65	2:17.94	4:55.37
92	1.08	33.02	1:11.05	2:33.62	27.53	1:01.18	2:15.91	2:19.23	4:58.13
91	1.09	33.32	1:11.71	2:35.04	27.78	1:01.75	2:17.17	2:20.52	5:00.89
90	1.10	33.63	1:12.37	2:36.46	28.04	1:02.32	2:18.42	2:21.81	5:03.66
89	1.11	33.93	1:13.03	2:37.89	28.29	1:02.88	2:19.68	2:23.10	5:06.42
88	1.12	34.24	1:13.68	2:39.31	28.55	1:03.45	2:20.94	2:24.39	5:09.18
87	1.13	34.54	1:14.34	2:40.73	28.80	1:04.01	2:22.20	2:25.68	5:11.94
86	1.14	34.85	1:15.00	2:42.15	29.06	1:04.58	2:23.46	2:26.97	5:14.70
85	1.15	35.16	1:15.66	2:43.58	29.31	1:05.15	2:24.72	2:28.26	5:17.46
84	1.16	35.46	1:16.32	2:45.00	29.57	1:05.71	2:25.97	2:29.55	5:20.22
83	1.17	35.77	1:16.97	2:46.42	29.82	1:06.28	2:27.23	2:30.84	5:22.98
82	1.18	36.07	1:17.63	2:47.84	30.08	1:06.85	2:28.49	2:32.13	5:25.74
81	1.19	36.38	1:18.29	2:49.27	30.33	1:07.41	2:29.75	2:33.41	5:28.50
80	1.20	36.68	1:18.95	2:50.69	30.59	1:07.98	2:31.01	2:34.70	5:31.26
79	1.21	36.99	1:19.61	2:52.11	30.84	1:08.55	2:32.27	2:35.99	5:34.02
78	1.22	37.30	1:20.26	2:53.53	31.10	1:09.11	2:33.52	2:37.28	5:36.78
77	1.23	37.60	1:20.92	2:54.96	31.35	1:09.68	2:34.78	2:38.57	5:39.54
76	1.24	37.91	1:21.58	2:56.38	31.61	1:10.25	2:36.04	2:39.86	5:42.30
75	1.25	38.21	1:22.24	2:57.80	31.86	1:10.81	2:37.30	2:41.15	5:45.06
74	1.26	38.52	1:22.90	2:59.22	32.12	1:11.38	2:38.56	2:42.44	5:47.82
73	1.27	38.82	1:23.55	3:00.64	32.37	1:11.95	2:39.82	2:43.73	5:50.58
72	1.28	39.13	1:24.21	3:02.07	32.63	1:12.51	2:41.08	2:45.02	5:53.34
71	1.29	39.44	1:24.87	3:03.49	32.88	1:13.08	2:42.33	2:46.31	5:56.10
70	1.30	39.74	1:25.53	3:04.91	33.14	1:13.65	2:43.59	2:47.60	5:58.87
69	1.31	40.05	1:26.18	3:06.33	33.39	1:14.21	2:44.85	2:48.89	6:01.63
68	1.32	40.35	1:26.84	3:07.76	33.65	1:14.78	2:46.11	2:50.17	6:04.39
67	1.33	40.66	1:27.50	3:09.18	33.90	1:15.34	2:47.37	2:51.46	6:07.15
66	1.34	40.96	1:28.16	3:10.60	34.16	1:15.91	2:48.63	2:52.75	6:09.91
65	1.35	41.27	1:28.82	3:12.02	34.41	1:16.48	2:49.88	2:54.04	6:12.67
64	1.36	41.58	1:29.47	3:13.45	34.67	1:17.04	2:51.14	2:55.33	6:15.43
63	1.37	41.88	1:30.13	3:14.87	34.92	1:17.61	2:52.40	2:56.62	6:18.19
62	1.38	42.19	1:30.79	3:16.29	35.18	1:18.18	2:53.66	2:57.91	6:20.95
61	1.39	42.49	1:31.45	3:17.71	35.43	1:18.74	2:54.92	2:59.20	6:23.71
60	1.40	42.80	1:32.11	3:19.14	35.69	1:19.31	2:56.18	3:00.49	6:26.47
59	1.41	43.10	1:32.76	3:20.56	35.94	1:19.88	2:57.43	3:01.78	6:29.23
58	1.42	43.41	1:33.42	3:21.98	36.20	1:20.44	2:58.69	3:03.07	6:31.99
57	1.43	43.72	1:34.08	3:23.40	36.45	1:21.01	2:59.95	3:04.36	6:34.75
56	1.44	44.02	1:34.74	3:24.83	36.71	1:21.58	3:01.21	3:05.64	6:37.51
55	1.45	44.33	1:35.40	3:26.25	36.96	1:22.14	3:02.47	3:06.93	6:40.27
54	1.46	44.63	1:36.05	3:27.67	37.22	1:22.71	3:03.73	3:08.22	6:43.03
53	1.47	44.94	1:36.71	3:29.09	37.47	1:23.28	3:04.98	3:09.51	6:45.79

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
52	1.48	45.24	1:37.37	3:30.52	37.73	1:23.84	3:06.24	3:10.80	6:48.55
51	1.49	45.55	1:38.03	3:31.94	37.98	1:24.41	3:07.50	3:12.09	6:51.31
50	1.50	45.86	1:38.69	3:33.36	38.24	1:24.98	3:08.76	3:13.38	6:54.08
49	1.51	46.16	1:39.34	3:34.78	38.49	1:25.54	3:10.02	3:14.67	6:56.84
48	1.52	46.47	1:40.00	3:36.20	38.74	1:26.11	3:11.28	3:15.96	6:59.60
47	1.53	46.77	1:40.66	3:37.63	39.00	1:26.67	3:12.54	3:17.25	7:02.36
46	1.54	47.08	1:41.32	3:39.05	39.25	1:27.24	3:13.79	3:18.54	7:05.12
45	1.55	47.38	1:41.97	3:40.47	39.51	1:27.81	3:15.05	3:19.83	7:07.88
44	1.56	47.69	1:42.63	3:41.89	39.76	1:28.37	3:16.31	3:21.12	7:10.64
43	1.57	47.99	1:43.29	3:43.32	40.02	1:28.94	3:17.57	3:22.40	7:13.40
42	1.58	48.30	1:43.95	3:44.74	40.27	1:29.51	3:18.83	3:23.69	7:16.16
41	1.59	48.61	1:44.61	3:46.16	40.53	1:30.07	3:20.09	3:24.98	7:18.92
40	1.60	48.91	1:45.26	3:47.58	40.78	1:30.64	3:21.34	3:26.27	7:21.68
39	1.61	49.22	1:45.92	3:49.01	41.04	1:31.21	3:22.60	3:27.56	7:24.44
38	1.62	49.52	1:46.58	3:50.43	41.29	1:31.77	3:23.86	3:28.85	7:27.20
37	1.63	49.83	1:47.24	3:51.85	41.55	1:32.34	3:25.12	3:30.14	7:29.96
36	1.64	50.13	1:47.90	3:53.27	41.80	1:32.91	3:26.38	3:31.43	7:32.72
35	1.65	50.44	1:48.55	3:54.70	42.06	1:33.47	3:27.64	3:32.72	7:35.48
34	1.66	50.75	1:49.21	3:56.12	42.31	1:34.04	3:28.89	3:34.01	7:38.24
33	1.67	51.05	1:49.87	3:57.54	42.57	1:34.61	3:30.15	3:35.30	7:41.00
32	1.68	51.36	1:50.53	3:58.96	42.82	1:35.17	3:31.41	3:36.59	7:43.76
31	1.69	51.66	1:51.19	4:00.39	43.08	1:35.74	3:32.67	3:37.87	7:46.52
30	1.70	51.97	1:51.84	4:01.81	43.33	1:36.31	3:33.93	3:39.16	7:49.29
29	1.71	52.27	1:52.50	4:03.23	43.59	1:36.87	3:35.19	3:40.45	7:52.05
28	1.72	52.58	1:53.16	4:04.65	43.84	1:37.44	3:36.44	3:41.74	7:54.81
27	1.73	52.89	1:53.82	4:06.08	44.10	1:38.00	3:37.70	3:43.03	7:57.57
26	1.74	53.19	1:54.47	4:07.50	44.35	1:38.57	3:38.96	3:44.32	8:00.33
25	1.75	53.50	1:55.13	4:08.92	44.61	1:39.14	3:40.22	3:45.61	8:03.09
24	1.76	53.80	1:55.79	4:10.34	44.86	1:39.70	3:41.48	3:46.90	8:05.85
23	1.77	54.11	1:56.45	4:11.76	45.12	1:40.27	3:42.74	3:48.19	8:08.61
22	1.78	54.41	1:57.11	4:13.19	45.37	1:40.84	3:44.00	3:49.48	8:11.37
21	1.79	54.72	1:57.76	4:14.61	45.63	1:41.40	3:45.25	3:50.77	8:14.13
20	1.80	55.03	1:58.42	4:16.03	45.88	1:41.97	3:46.51	3:52.06	8:16.89
19	1.81	55.33	1:59.08	4:17.45	46.14	1:42.54	3:47.77	3:53.35	8:19.65
18	1.82	55.64	1:59.74	4:18.88	46.39	1:43.10	3:49.03	3:54.63	8:22.41
17	1.83	55.94	2:00.40	4:20.30	46.65	1:43.67	3:50.29	3:55.92	8:25.17
16	1.84	56.25	2:01.05	4:21.72	46.90	1:44.24	3:51.55	3:57.21	8:27.93
15	1.85	56.55	2:01.71	4:23.14	47.16	1:44.80	3:52.80	3:58.50	8:30.69
14	1.86	56.86	2:02.37	4:24.57	47.41	1:45.37	3:54.06	3:59.79	8:33.45
13	1.87	57.17	2:03.03	4:25.99	47.67	1:45.94	3:55.32	4:01.08	8:36.21
12	1.88	57.47	2:03.69	4:27.41	47.92	1:46.50	3:56.58	4:02.37	8:38.97
11	1.89	57.78	2:04.34	4:28.83	48.18	1:47.07	3:57.84	4:03.66	8:41.73
10	1.90	58.08	2:05.00	4:30.26	48.43	1:47.64	3:59.10	4:04.95	8:44.50
9	1.91	58.39	2:05.66	4:31.68	48.69	1:48.20	4:00.35	4:06.24	8:47.26
8	1.92	58.69	2:06.32	4:33.10	48.94	1:48.77	4:01.61	4:07.53	8:50.02
7	1.93	59.00	2:06.97	4:34.52	49.20	1:49.33	4:02.87	4:08.82	8:52.78
6	1.94	59.31	2:07.63	4:35.95	49.45	1:49.90	4:04.13	4:10.10	8:55.54
5	1.95	59.61	2:08.29	4:37.37	49.71	1:50.47	4:05.39	4:11.39	8:58.30
4	1.96	59.92	2:08.95	4:38.79	49.96	1:51.03	4:06.65	4:12.68	9:01.06
3	1.97	1:00.22	2:09.61	4:40.21	50.22	1:51.60	4:07.90	4:13.97	9:03.82
2	1.98	1:00.53	2:10.26	4:41.64	50.47	1:52.17	4:09.16	4:15.26	9:06.58
1	1.99	1:00.83	2:10.92	4:43.06	50.73	1:52.73	4:10.42	4:16.55	9:09.34