

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF WORLD AQUATICS)
(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

Hong Kong Open Swimming Championships 2025
二零二五年香港公開游泳錦標賽

15 - 17 August 2025 (Fri - Sun)
二零二五年八月十五至十七日(星期五至日)

Victoria Park Swimming Pool
維多利亞公園游泳池

Address: 1 Hing Fat Street, Causeway Bay, Hong Kong
香港銅鑼灣興發街一號



Subvented by: LCSD



Hong Kong Open Swimming Championship 2025
Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
39	Mixed 4x100 Medley Relay	12
1	Women 1500 Freestyle	16
40	Mixed 4x100 Freestyle Relay	10
2	Men 1500 Freestyle	52
3	Women 200 Freestyle	41
4	Men 100 Freestyle	48
5	Women 100 Breaststroke	45
6	Men 50 Breaststroke	65
7	Women 100 Butterfly	32
8	Men 400 IM	37
9	Women 50 Backstroke	32
10	Men 100 Backstroke	49
11	Women 200 IM	29
12	Men 200 Butterfly	26
13	Women 50 Freestyle	41
14	Men 400 Freestyle	40
15	Women 200 Backstroke	20
16	Men 200 Breaststroke	49
17	Women 800 Freestyle	21
18	Men 4x100 Medley Relay	12
19	Women 4x100 Medley Relay	8
20	Men 50 Butterfly	38
21	Women 100 Freestyle	33
22	Men 200 Freestyle	46
23	Women 50 Breaststroke	37
24	Men 100 Breaststroke	48
25	Women 400 IM	16
26	Men 100 Butterfly	41
27	Women 100 Backstroke	43
28	Men 50 Backstroke	44
29	Women 200 Butterfly	15
30	Men 200 IM	43
31	Women 400 Freestyle	29
32	Men 50 Freestyle	60
33	Women 200 Breaststroke	42
34	Men 200 Backstroke	37
35	Women 50 Butterfly	45
36	Men 800 Freestyle	23
37	Women 4x100 Freestyle Relay	8
38	Men 4x100 Freestyle Relay	11

1344

Entry information by day	
Day / Session	No. of Entries
Day 1	90
Day 2	595
Day 3	659

1344

Event List for Hong Kong Open Swimming Championships 2025

二零二五年香港公開游泳錦標賽 - 項目表

Venue 場地: Victoria Park Swimming Pool

Date 日期: 15-17 August 2025 (星期五至日)

維多利亞公園游泳池

Day 1 第一日						
Warmup:	1700 - 1745 hours		Start:	1800 hours		
Women 女	Event 項目					Men 男
	QT				QT	
39	04:54.00	Mixed Medley Relay 混合四式接力	4x100M			
1	19:20.00	Freestyle 自由泳	1500M			
40	04:33.07	Mixed Freestyle Relay 混合自由接力	4x100M			
			1500M	Freestyle 自由泳	18:20.31	2
Day 2 第二日						
AM Warmup:	0800 - 0845 hours		Start:	0900 hours		
PM Warmup:	1430 - 1515 hours		Start:	1530 hours		
Women 女	Event 項目					Men 男
3	02:19.97	Freestyle 自由泳	200M			
			100M	Freestyle 自由泳	00:55.38	4
5	01:23.48	Breaststroke 蛙泳	100M			
			50M	Breaststroke 蛙泳	00:32.66	6
7	01:13.26	Butterfly 蝶泳	100M			
			400M	Ind. Medley 個人四式	05:19.19	8
9	00:33.77	Backstroke 背泳	50M			
			100M	Backstroke 背泳	01:07.39	10
11	02:38.84	Ind. Medley 個人四式	200M			
			200M	Butterfly 蝶泳	02:25.98	12
13	00:28.83	Freestyle 自由泳	50M			
			400M	Freestyle 自由泳	04:34.03	14
15	02:37.67	Backstroke 背泳	200M			
			200M	Breaststroke 蛙泳	02:41.90	16
17	09:50.29	Freestyle 自由泳	800M			
19	04:54.00	Medley Relay 四式接力	4x100M	Medley Relay 四式接力	04:26.84	18

Day 3 第三日

AM Warmup:	0800 - 0845 hours	Start:	0900 hours			
PM Warmup:	1430 - 1515 hours	Start:	1530 hours			
Women 女		Event 項目				Men 男
			50M	Butterfly 蝶泳	00:28.10	20
21	01:02.90	Freestyle 自由泳	100M			
			200M	Freestyle 自由泳	02:08.25	22
23	00:37.66	Breaststroke 蛙泳	50M			
			100M	Breaststroke 蛙泳	01:11.64	24
25	05:38.68	Ind. Medley 個人四式	400M			
			100M	Butterfly 蝶泳	01:04.75	26
27	01:15.80	Backstroke 背泳	100M			
			50M	Backstroke 背泳	00:30.58	28
29	02:31.17	Butterfly 蝶泳	200M			
			200M	Ind. Medley 個人四式	02:24.55	30
31	04:52.07	Freestyle 自由泳	400M			
			50M	Freestyle 自由泳	00:25.97	32
33	03:02.68	Breaststroke 蛙泳	200M			
			200M	Backstroke 背泳	02:28.79	34
35	00:32.16	Butterfly 蝶泳	50M			
			800M	Freestyle 自由泳	09:00.00	36
37	04:33.07	Free Relay 自由泳接力	4x100M	Free Relay 自由泳接力	03:57.79	38

截止註冊日期

CLOSING DATE FOR REGISTRATION: **4 July 2025 (1700 hours)**

截止報名日期

CLOSING DATE FOR ENTRIES: **25 July 2025 (1700 hours)**

二零二五年香港公開游泳錦標賽

外隊比賽章程

日期：	第一日 - 15/08/2025 (五) 第二日 - 16/08/2025 (六) 第三日 - 17/08/2025 (日)
	熱身：1700-1745 熱身：0800-0845 熱身：0800-0845 比賽開始：1800 比賽開始：0900 比賽開始：0900 熱身：1430-1515 熱身：1430-1515 比賽開始：1530 比賽開始：1530
地點：	維多利亞公園游泳池
報名條件：	✧ 所有參賽者必須為該國總會 2025-2026 年度游泳組別的正式註冊泳員。
報名：	✧ 請填妥意向表格及報名總表。報名時必須提交報名總表。(請參詳附件) ✧ 報名資料須填寫泳員比賽成績，未填寫泳員比賽成績的報名將不獲受理。 ✧ 13 歲或以上的泳員方可參加 800 米及 1500 自由泳項目。 <u>個人項目</u> ✧ 每名泳員可參加不多於四項個人項目。 <u>接力項目</u> ✧ 各團體 / 國家只可派一隊參加每項接力。 如泳員在比賽前或比賽後被發現參加多於指定數量，本會將取消該泳員最後一項的項目或成績。
註冊費用：	個人註冊：每人註冊費為港幣三百元正。 所有費用應在首天比賽或之前支付。
截止提交參賽意願表：	二零二五年七月四日 (星期五) (1700 小時)
截止報名：	二零二五年七月二十五日 (星期五) (1700 小時)
項目表及參賽標準：	請參閱附頁的項目表 (附有達標時間)。
獎項：	個人獎項： 1. 每項的首三名將分別獲頒發獎牌。 2. 最佳泳員獎：頒發給在香港得分表(請參閱附頁)中達到最高分(計算至小數後兩位)的男子 / 女子泳員。 (如得分相同，優勝將由下一個最高得分的參賽項目來定奪。)

規則：	<ul style="list-style-type: none"> ◇ 比賽將採用世界泳聯規則。 ◇ 所有 800 米，1500 米自由泳及混合接力以時間定名次。 ◇ 800 米及 1500 米自由泳項目以時間定名次，報名時間最快的首八名泳員將安排於下午作賽，其餘泳員則於上午作賽。 ◇ 除 800 米及 1500 米自由泳以外的項目，次天與第三天賽事上午與下午的項目次序相同，上午為初賽，下午為決賽。 ◇ 泳員須於初賽達到標準時間方可參加決賽賽事。 ◇ 如初賽項目之參賽人數 / 隊伍少於八人 / 隊，各泳員及隊伍將直入決賽。 ◇ 每個外來團隊 / 國家最多只可以有兩位泳員進入決賽。 ◇ 所有外來團隊 / 國家最多只可以有三位泳員進入決賽。 ◇ 後備泳員 (初賽第九及第十名) 在決賽召集時，應向召集處報到。如欲棄權，必須於指定時間內遞交棄權表格。 ◇ 接力名單須於每節開賽三十分鐘前遞交。 ◇ 所有初賽棄權須於首天比賽一日(工作天)前中午十二時或之前遞交。 ◇ 決賽之棄權表格須於每項初賽成績公佈後三十分鐘內遞交。
上訴：	<ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項目比賽後三十分鐘內，連同上訴費港幣\$300 元遞交予總裁判。 ◇ 上訴會交由上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。

計分表

名次	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
團體及個人	11	7	6	5	4	3	2	1
接力	22	14	12	10	8	6	4	2

HONG KONG OPEN SWIMMING CHAMPIONSHIPS 2025

Master Information for Overseas Teams

Date	<u>Day 1 - 15/08/2025 (Fri)</u> Warm Up: 1700-1745 Start: 1800	<u>Day 2 - 16/08/2025 (Sat)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1430-1515 Start: 1530	<u>Day 3 - 17/08/2025 (Sun)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1430-1515 Start: 1530
Venue	Victoria Park Swimming Pool		
Entry Conditions	❖ All competitors & Teams must be registered swimmers 2025-2026 of their respective National Swimming Federation.		
Entries	<ul style="list-style-type: none"> ❖ Please complete the attached Preliminary form and Master Entry Form. Entries must be submitted along with master entry forms (see attachment). ❖ Entry time must be submitted. Entry without entry time will not be accepted. ❖ Swimmers who enroll in 800m and 1500m freestyle must be age 13 or above. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ❖ Each swimmer is limited to no more than 4 individual events. <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ❖ Each team / country is limited to 1 team in each event. <p>In case of any swimmer entering number of events in excess of the entry quota, HKGSA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time.</p>		
Fees	Registration fee will be HK\$300 per person. Entry fees shall be paid on or before the start of first day competition.		
Closing Date for Preliminary Entry Form	<u>(Fri) 4 July 2025 (1700 hrs)</u>		
Closing Date for Entries	<u>(Fri) 25 July 2025 (1700 hrs)</u>		
Event list / Qualifying Standards	Please see attached event list (With Qualifying Time)		
Awards	<p>Individual Awards for Swimmers:</p> <ul style="list-style-type: none"> i) Medals will be awarded to first three places in each event. ii) Awards for Outstanding Swimmers (Overall Boy/Overall Girl) <ul style="list-style-type: none"> - Awarded to swimmers scoring the highest point (calculated to 2 decimal places) on the HK Point score table during the Championships. <p>In case of a tie, the winner will be determined by the second highest scored event obtained.</p>		
Rules	<ul style="list-style-type: none"> ❖ World Aquatics rules will apply. ❖ 800m, 1500m Free & Mixed Relay is Timed-final. ❖ Time Final format will be applied to 800m and 1500m Free events, slow heats will be in the morning while the fastest heat will take place in the afternoon session. 		

	<ul style="list-style-type: none"> ❖ The morning and the afternoon sessions of the second and third day of the competition (apart from 800m and 1500m Free) are in the same event order. Morning session of the competition is for preliminary, afternoon session will be finals. ❖ Swimmers must meet the qualifying time during the heats in order to enter the final. ❖ Events with 8 or less swimmers/teams will proceed to straight final in the afternoon session. ❖ The maximum No. of swimmers in the final should not be more than 2 for each overseas team / country. ❖ The total No. of swimmers from overseas team / country in each final will be capped at 3. ❖ Reserve swimmers/teams in the final list (9th & 10th place in the morning session) of respective final events shall report to the marshal in final. Scratch is required. ❖ Relay Name List must be submitted 30 minutes before the scheduled start time of each session. ❖ All Scratch for heats must be submitted on or before 1200 noon one working day before the first event day. ❖ Scratch for Final shall be made within 30 minutes following the announcement of each prelim result.
Protest	<ul style="list-style-type: none"> ❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with an appeal fee of HK\$300. ❖ Protest will be forward to the Appeal Board of such competition for decision. ❖ If the protest is rejected, fee paid will be forfeited to HKGSA.

POINT SCORING

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Club & Individual	11	7	6	5	4	3	2	1
Relay	22	14	12	10	8	6	4	2

二零二五年香港公開游泳錦標賽

比賽章程 (本地適用)

日期：	<u>第一日 - 15/08/2025 (五)</u> <u>第二日 - 16/08/2025 (六)</u> <u>第三日 - 17/08/2025 (日)</u> 熱身：1700-1745 熱身：0800-0845 熱身：0800-0845 比賽開始：1800 比賽開始：0900 比賽開始：0900 熱身：1430-1515 熱身：1430-1515 比賽開始：1530 比賽開始：1530
地點：	維多利亞公園游泳池
報名條件：	<ul style="list-style-type: none">✧ 所有參賽者必須為游泳總會正式註冊的 2025-2026 年度(SW 組別)泳員，並於比賽截止報名前廿一日註冊。✧ 錦標賽參賽資格規則適用。✧ 泳員須達到標準時間方可參加比賽。✧ 首次報名參與公開游泳錦標賽而未能提交本會舉辦認可游泳賽事的成績證明，必須以該項的達標時間報名。
報名：	<ul style="list-style-type: none">✧ 不正確及未達標泳員的報名資料，將不獲受理，報名費概不發還。✧ 截止後的報名將不獲受理。✧ 13 歲或以上的泳員方可參加 800 米及 1500 自由泳項目。 <p><u>本地組個人項目</u></p> <ul style="list-style-type: none">✧ 每名泳員可參加不多於四項個人項目。✧ 如泳員在比賽前或比賽後被發現參加多於指定數量，本會將取消該泳員最後一項的項目或成績。✧ *每項報名費為港幣\$15 元正。✧ 所有以達標時間(“QT”)報名的項目一律為港幣\$15+港幣\$40，即港幣\$55 元正。 <p><u>本地組屬會接力項目</u></p> <ul style="list-style-type: none">✧ 每個屬會只可派一隊參加每項接力。✧ *每項報名費為港幣\$15 元正。✧ 所有以達標時間(“QT”)報名的項目一律為港幣\$15+港幣\$40，即港幣\$55 元正。 <p>*支票請劃線，抬頭寫 'HKGSA'。</p>
截止註冊：	二零二五年七月四日 (星期五) (1700 小時)
截止報名：	二零二五年七月二十五日 (星期五) (1700 小時)
項目及參賽標準：	請參閱項目表 (附達標時間)。

規則：	<ul style="list-style-type: none"> ◇ 所有 800 米、1500 米自由泳及混合接力以時間定名次。 ◇ 800 米及 1500 米自由泳項目以時間定名次，報名時間最快的首八名泳員將安排於下午作賽，其餘泳員則於上午作賽。 ◇ 除 800 米及 1500 米自以外的項目，次天與第三天賽事上午與下午的項目次序相同，上午為初賽，下午為決賽。 ◇ 八個或少於八個泳員報名的項目於下午舉行。 ◇ 進入決賽的達標泳員/泳隊以決賽成績再排名次。 ◇ 無論如何，進入決賽的泳員/泳隊所獲之最後名次必比沒有進入決賽者為高。 ◇ 合資格進入下午決賽的第九及第十名後備泳員/泳隊須於下午決賽前到召集處報到。如欲棄權，必須於指定時間內遞交棄權表格。 ◇ 比賽將採用世界泳聯及泳總規則。 ◇ 上午成績未能達到參賽標準之泳員/屬會將不獲計分，其屬會/團體將被扣三分。 ◇ 在決賽項目中，成績未能達到參賽標準之泳員將不獲獎牌，其個人/屬會/團體不會被扣分。(直入決賽項目例外。) ◇ 屬會於接力項目未能達到參賽標準，將每項被扣六分。(初賽已達標例外) ◇ 沒有遞交棄權表格而「缺席」比賽者，其個人及屬會/團體將被扣三分。 ◇ 接力名單須於每節開賽三十分鐘前遞交。 ◇ 所有初賽棄權須於首天比賽一日(工作天)前中午十二時或之前遞交。 ◇ 決賽棄權須於每項初賽成績公佈後三十分鐘內遞交。 ◇ 泳員申請分段時間紀錄須於每節開賽前 30 分鐘遞交申請表連同港幣\$300元正予總裁判。任何情況下，所繳費用概不發還。 ◇ 運動員轉會：轉會競賽運動員在成功轉會日起一年內代表新屬會參與所有計分的比賽中所得的分數(不論個人或接力項目)將不會被計算至新屬會的團體總分。 ◇ 每項初賽「缺席」的罰款為港幣\$120 元正。 ◇ 每項決賽「缺席」的罰款為港幣\$120 元正。 ◇ 不達標項目的每項罰款為港幣\$120 元正。
獎項及計分方法：	<p><u>團體獎項：</u></p> <ul style="list-style-type: none"> ◇ 團體總冠軍、亞軍及季軍 ◇ 男、女子團體總冠軍、亞軍、季軍 <p><u>個人獎項：</u></p> <ol style="list-style-type: none"> 1. 個人項目首三名將獲發獎牌。 2. <u>最高積分獎</u> <ul style="list-style-type: none"> ◇ 男、女泳員各一名。 ◇ 最高積分獎頒發給是次比賽中得最高積分者，積分計算方法見附表。 ◇ 如得分相同，優勝將以金、銀、銅牌數量來定奪。(接力項目除外) 如得分仍相同，則以其所破紀錄計算：香港紀錄得 5 分，大會紀錄 3 分。 2. <u>最佳男、女子泳員獎</u> <ul style="list-style-type: none"> ◇ 頒發給在香港長池得分表中達到最高分(計至小數後兩個位)的泳員。(如得分相同，優勝將以下一個最高得分的參賽項目來定奪。) ◇ 破香港紀錄的本地泳員獲頒發特別獎。

上訴：	<ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項目比賽後三十分鐘內，連同上訴費港幣\$300元正遞交予總裁判。 ◇ 上訴交由該比賽之上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。
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計分表

名次	1	2	3	4	5	6	7	8
個人/團體	11	7	6	5	4	3	2	1
接力	22	14	12	10	8	6	4	2

HONG KONG OPEN SWIMMING CHAMPIONSHIPS 2025

Rules & Regulations (Local)

Date	<u>Day 1 - 15/08/2025 (Fri)</u> Warm Up: 1700-1745 Start: 1800	<u>Day 2 - 16/08/2025 (Sat)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1430-1515 Start: 1530	<u>Day 3 - 17/08/2025 (Sun)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1430-1515 Start: 1530
Venue	Victoria Park Swimming Pool		
Entry Conditions	<ul style="list-style-type: none"> ❖ All competitors must be 2025-2026 registered swimmers (SW) of HKGSA and register to HKGSA at least 21 days prior to the closing date of entries. ❖ Championship Eligibility rule applies. ❖ Swimmers should reach qualifying standard. ❖ For all new entries for any event entered with no proven result, qualify time for individual event shall be used as entry time. 		
Entries	<ul style="list-style-type: none"> ❖ Entries must be submitted with HKGSA master entry forms & fees. Incomplete / Incorrect information will be rejected and fees paid will not be refunded. ❖ Late entries will not be accepted. ❖ Swimmers who enroll in 800m and 1500m freestyle must be age 13 or above. <p style="text-align: center;"><u>Local Individual Events</u></p> <ul style="list-style-type: none"> ❖ Each swimmer is limited to no more than 4 individual events. ❖ In case of any swimmer entering number of events in excess of the entry quota, HKGSA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time. ❖ *HK\$15 per individual event. ❖ * HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time ("QT") entry. <p style="text-align: center;"><u>Local Club Relay Events</u></p> <ul style="list-style-type: none"> ❖ Each club may enter one team in each relay event. ❖ *HK\$15 per team per relay event. ❖ HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time ("QT") entry. <p>*Paid by cheque. Crossed cheque made payable to 'HKGSA'.</p>		
Closing Date for Registration	<u>(Fri) 4 July 2025 (1700 hrs)</u>	Closing Date for Entries	<u>(Fri) 25 July 2025 (1700 hrs)</u>
Event list / Qualifying Standards	Please see attached event list. (With Qualifying Time)		
Rules	<ul style="list-style-type: none"> ❖ 800m, 1500m Free & Mixed Relay is Timed-final. ❖ Time Final format will be applied to 800m/1500m events, slow heats will be in the morning while the fastest heat will take place in the afternoon session. 		

- ❖ The morning and the afternoon sessions of the second and third day of the competition (apart from 800m & 1500m Free) are in the same event order. Morning session of the competition is for preliminary, afternoon session will be finals.
- ❖ Events with 8 or less swimmers will proceed to the afternoon session.
- ❖ Rank according to the results gained in the morning session.
- ❖ Swimmers entered final (first eight qualified swimmers in the morning session) will rank according to the results gained in the afternoon final session.
- ❖ Anyhow, swimmers who entered Finals will rank higher than swimmers who did not enter the Finals.
- ❖ Reserve swimmers in the final list (9th & 10th place in the morning session) shall report to the marshalling area before the start of each respective event. **Scratch is required.**
- ❖ Name list of the Finals will announce shortly after the morning session.
- ❖ World Aquatics and HKGSA rules apply.
- ❖ Swimmers who fail to reach the respective qualifying times in the morning session will not be counted for points regardless of placing. Three points will be deducted from their respective club/team points in each case.
- ❖ Swimmers not meeting the qualifying times in the Finals will not be awarded medals. No Individual/Club/team points will be deducted. (Except Straight Final Events)
- ❖ Six points will be deducted in each case when clubs fail to reach the respective qualifying times in relay events. (Except those qualified in the morning)
- ❖ Three points will be deducted from individual/clubs'/teams' total score for each "no show".
- ❖ Name list with registration number of Relay must be submitted 30 minutes before the scheduled start time of each session.
- ❖ **All Scratch for heats must be submitted on or before 1200 noon one working day before the first event day.**
- ❖ A competitor or team not wishing to take part in final in which qualification was earned shall withdraw within 30 minutes following the announcement of **each prelim result.**
- ❖ Application for Split Time Record: swimmers who apply for split time record should submit application form with application fee of **HK\$300** to the Referee 30 minutes before the start of each session. Fee paid will not be refunded in any case.
- ❖ Swimmers' Club Transfer: Upon compliance with rules in relation to Registration of Club Transfer under Registration of Athletes, the requesting Athlete (as defined therein) can after the 1 month suspension period represent the new club in any meets but no point will be counted towards the new club's total scores for

	<p>any event (whether individual or relay event) for 1 years from the first effective day of the completed Club Transfer.</p> <ul style="list-style-type: none"> ❖ <u>A fine of \$120 will be charged for each “no show” of heats.</u> ❖ <u>A fine of \$120 will be charged for each “no show” of finals.</u> ❖ A fine of \$120 will be charged for each “not qualified”.
Awards and Calculation of Points	<p>The following awards will be awarded:</p> <ul style="list-style-type: none"> ❖ Awards for Clubs / Teams: <ul style="list-style-type: none"> -Overall Champion, 1st runners up and 2nd runners up. -Overall Men & Women Champion, 1st runners up and 2nd runners up. ❖ Awards for Swimmers: <ul style="list-style-type: none"> - Medals will be awarded to 1st, 2nd and 3rd places. ❖ Awards for High Point Winners: (Overall Boy/Overall Girl) <ul style="list-style-type: none"> - High point winner trophies will be awarded to those swimmers accumulating the highest points in their events using the point score set out below. - In case of a tie, the winner will be determined by the no. of the medals (Relay events excluded) obtained in the following sequences i.e. gold, silver and bronze and finally the no. of records obtained with the following scoring method: HK Record: 5 Points, Meet Record: 3 Points. ❖ Awards for Outstanding Swimmers: (Overall Boy/Overall Girl) <ul style="list-style-type: none"> - Awarded to swimmers scoring the highest point (calculated to 2 decimal places) on the HK Point score table during the Championships. - In case of a tie, the winner will be determined by the second highest scored event obtained. ❖ Special awards will be presented to swimmers who break Hong Kong records.
Protest	<ul style="list-style-type: none"> ❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with an appeal fee of HK\$300. ❖ Protest will be forward to the Appeal Board of such competition for decision. ❖ If the protest is rejected, fee paid will be forfeited.

POINT SCORING

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Club & Individual	11	7	6	5	4	3	2	1
Relay	22	14	12	10	8	6	4	2

熱身安全守則

運動員及教練必須於所有本會舉辦之游泳比賽中，遵守以下熱身安全守則：

普通熱身安全守則

由熱身時間開始至熱身完結前十五分鐘期間，以下普通熱身安全守則將會執行：

- 1) 所有泳道只開放用作一般熱身之用。
- 2) 泳員只能以腳入水方式落水。
- 3) 泳員只能以循環游泳方式熱身，不可以從跳台或泳池邊起跳。
- 4) 泳員於熱身後須儘快離開泳道以讓其他泳員能有充足時間進行熱身。泳員更不可於泳池內逗留或嬉戲。
- 5) 泳員須於起點及終點兩旁離開泳池，當泳員穿越泳道時應於泳線下越過並應儘速離開水面，不得潛泳。

衝刺及起跳熱身安全守則

由熱身完結前十五分鐘至熱身完結期間，以下衝刺及起跳熱身安全守則將會執行：

- 1) 一般情況下，最外圍四條泳道(左右各兩)將開放用作起跳及衝刺練習。其他泳道仍只用作普通熱身之用。以一個標準泳池作舉例，泳道 0,1 及 8,9 將開放予泳員用作衝刺及起跳練習。
- 2) 泳員必須於練習完畢後儘速離開。
- 3) 長池安排: 衝刺泳道將劃分為兩部份,由起點起計二十五米及由終點起計十五米。
- 4) 短池安排: 衝刺泳道用作予泳員於指定時段及泳道從跳台或水中起跳。泳員只能以單向方式前進。泳員必須於教練監察下作衝刺及起跳練習。
- 5) 進行背泳練習之泳員須留意沒有其他泳員於跳台上同時準備起跳。如有背泳泳員準備起跳，等候中泳員不應踏上跳台。

除以上守則以外，泳員須留意及遵守大會或總裁判現場有關熱身時段安排之宣佈。

教練應注意以下事項:

只有泳總註冊教練方能於熱身時間期間在池面逗留，並須佩戴泳總註冊教練證於當眼處。總裁判及泳總職員將於熱身期間進行檢查，未能出示泳總註冊教練證之人仕將不能於池面逗留並須立即離開。未合符註冊資格的教練可申請進入池面許可證。

- 1) 佩戴泳總註冊教練證於當眼處。
- 2) 指導泳員遵守安全指引及熱身注意事項。
- 3) 於泳員熱身期間積極監察其安全及活動。
- 4) 盡量與泳員保持良好溝通。

WARM UP RULES

The following general pool procedures for the **MAIN COMPETITION POOL** must be observed throughout the warm up sessions in every HKGSA swimming competition:

GENERAL Warm-up procedure

From the beginning to 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) All lanes can be used for general warm-up.
- 2) Swimmers must enter the pool feet first. NO DIVING is allowed.
- 3) Lap Swimming only.
- 4) Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers to have adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 5) Swimmers are recommended to cross lanes at the side of Starting or Turning End. They should swim under water when crossing the lane and should break to the surface as soon as possible.

Sprint and Start practice Warm-up procedure

From 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) In general, the outermost lane(s) should be used for race starts and sprint purpose, the remaining lanes for general warm-up. For instance, for a standard pool, lanes 0,1 and 8, 9 would be reserved as Sprints Lanes for swimmers to have race starts and sprint practice.
- 2) Swimmers must leave the sprint lanes immediately after practice.
- 3) In 50m pool, sprints lanes will be split into two ends, 25m from the Starting end and 15m from the turning end of the pool.
- 4) In 25m pool, sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- 5) Backstrokers should ensure that they are not starting at the same time while a swimmer is on the block. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

In addition to the procedures above please be aware of announcements to determine lane usage throughout the meet, as usage may vary at the discretion of the Referee.

Coaches are responsible for the following:

Only Registered Coaches of HKGSA are allowed to stay at the pool deck during warm-up time. Registered Coaches are required to wear the Coach Registration Card conspicuously when staying at the pool deck during warm up session. They should process and present the Coach Registration Card to the Referee and designated HKGSA staff for validation. Those who fail to process and present the Coach Registration Card will **not** be permitted to stay at the pool deck. Pool deck entry application is available for coaches who are not eligible to register with HKGSA.

- 1) Wearing the Coach Registration Card conspicuously.
- 2) Instructing swimmers regarding safety guidelines and warm-up procedures.
- 3) Actively supervising their swimmers throughout the warm-up sessions.
- 4) Maintaining as much contact with their swimmers as possible.

Hong Kong Swimming Point Score 2025 (LC)

Men

Score	%	Freestyle						Backstroke		
		<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>400m</u>	<u>800m</u>	<u>1500m</u>	<u>50m</u>	<u>100m</u>	<u>200m</u>
100	1.00	21.47	47.32	1:44.62	3:43.58	7:42.55	14:53.48	24.60	53.02	1:54.88
99	1.01	21.68	47.79	1:45.67	3:45.82	7:47.18	15:02.41	24.85	53.55	1:56.03
98	1.02	21.90	48.27	1:46.71	3:48.05	7:51.80	15:11.35	25.09	54.08	1:57.18
97	1.03	22.11	48.74	1:47.76	3:50.29	7:56.43	15:20.28	25.34	54.61	1:58.33
96	1.04	22.33	49.21	1:48.80	3:52.52	8:01.05	15:29.22	25.58	55.14	1:59.48
95	1.05	22.54	49.69	1:49.85	3:54.76	8:05.68	15:38.15	25.83	55.67	2:00.62
94	1.06	22.76	50.16	1:50.90	3:56.99	8:10.30	15:47.09	26.08	56.20	2:01.77
93	1.07	22.97	50.63	1:51.94	3:59.23	8:14.93	15:56.02	26.32	56.73	2:02.92
92	1.08	23.19	51.11	1:52.99	4:01.47	8:19.55	16:04.96	26.57	57.26	2:04.07
91	1.09	23.40	51.58	1:54.04	4:03.70	8:24.18	16:13.89	26.81	57.79	2:05.22
90	1.10	23.62	52.05	1:55.08	4:05.94	8:28.81	16:22.83	27.06	58.32	2:06.37
89	1.11	23.83	52.53	1:56.13	4:08.17	8:33.43	16:31.76	27.31	58.85	2:07.52
88	1.12	24.05	53.00	1:57.17	4:10.41	8:38.06	16:40.70	27.55	59.38	2:08.67
87	1.13	24.26	53.47	1:58.22	4:12.65	8:42.68	16:49.63	27.80	59.91	2:09.81
86	1.14	24.48	53.94	1:59.27	4:14.88	8:47.31	16:58.57	28.04	1:00.44	2:10.96
85	1.15	24.69	54.42	2:00.31	4:17.12	8:51.93	17:07.50	28.29	1:00.97	2:12.11
84	1.16	24.91	54.89	2:01.36	4:19.35	8:56.56	17:16.44	28.54	1:01.50	2:13.26
83	1.17	25.12	55.36	2:02.41	4:21.59	9:01.18	17:25.37	28.78	1:02.03	2:14.41
82	1.18	25.33	55.84	2:03.45	4:23.82	9:05.81	17:34.31	29.03	1:02.56	2:15.56
81	1.19	25.55	56.31	2:04.50	4:26.06	9:10.43	17:43.24	29.27	1:03.09	2:16.71
80	1.20	25.76	56.78	2:05.54	4:28.30	9:15.06	17:52.18	29.52	1:03.62	2:17.86
79	1.21	25.98	57.26	2:06.59	4:30.53	9:19.69	18:01.11	29.77	1:04.15	2:19.00
78	1.22	26.19	57.73	2:07.64	4:32.77	9:24.31	18:10.05	30.01	1:04.68	2:20.15
77	1.23	26.41	58.20	2:08.68	4:35.00	9:28.94	18:18.98	30.26	1:05.21	2:21.30
76	1.24	26.62	58.68	2:09.73	4:37.24	9:33.56	18:27.92	30.50	1:05.74	2:22.45
75	1.25	26.84	59.15	2:10.78	4:39.48	9:38.19	18:36.85	30.75	1:06.28	2:23.60
74	1.26	27.05	59.62	2:11.82	4:41.71	9:42.81	18:45.78	31.00	1:06.81	2:24.75
73	1.27	27.27	1:00.10	2:12.87	4:43.95	9:47.44	18:54.72	31.24	1:07.34	2:25.90
72	1.28	27.48	1:00.57	2:13.91	4:46.18	9:52.06	19:03.65	31.49	1:07.87	2:27.05
71	1.29	27.70	1:01.04	2:14.96	4:48.42	9:56.69	19:12.59	31.73	1:08.40	2:28.20
70	1.30	27.91	1:01.52	2:16.01	4:50.65	10:01.32	19:21.52	31.98	1:08.93	2:29.34
69	1.31	28.13	1:01.99	2:17.05	4:52.89	10:05.94	19:30.46	32.23	1:09.46	2:30.49
68	1.32	28.34	1:02.46	2:18.10	4:55.13	10:10.57	19:39.39	32.47	1:09.99	2:31.64
67	1.33	28.56	1:02.94	2:19.14	4:57.36	10:15.19	19:48.33	32.72	1:10.52	2:32.79
66	1.34	28.77	1:03.41	2:20.19	4:59.60	10:19.82	19:57.26	32.96	1:11.05	2:33.94
65	1.35	28.98	1:03.88	2:21.24	5:01.83	10:24.44	20:06.20	33.21	1:11.58	2:35.09
64	1.36	29.20	1:04.36	2:22.28	5:04.07	10:29.07	20:15.13	33.46	1:12.11	2:36.24
63	1.37	29.41	1:04.83	2:23.33	5:06.30	10:33.69	20:24.07	33.70	1:12.64	2:37.39
62	1.38	29.63	1:05.30	2:24.38	5:08.54	10:38.32	20:33.00	33.95	1:13.17	2:38.53
61	1.39	29.84	1:05.77	2:25.42	5:10.78	10:42.94	20:41.94	34.19	1:13.70	2:39.68
60	1.40	30.06	1:06.25	2:26.47	5:13.01	10:47.57	20:50.87	34.44	1:14.23	2:40.83
59	1.41	30.27	1:06.72	2:27.51	5:15.25	10:52.20	20:59.81	34.69	1:14.76	2:41.98
58	1.42	30.49	1:07.19	2:28.56	5:17.48	10:56.82	21:08.74	34.93	1:15.29	2:43.13
57	1.43	30.70	1:07.67	2:29.61	5:19.72	11:01.45	21:17.68	35.18	1:15.82	2:44.28
56	1.44	30.92	1:08.14	2:30.65	5:21.96	11:06.07	21:26.61	35.42	1:16.35	2:45.43
55	1.45	31.13	1:08.61	2:31.70	5:24.19	11:10.70	21:35.55	35.67	1:16.88	2:46.58
54	1.46	31.35	1:09.09	2:32.75	5:26.43	11:15.32	21:44.48	35.92	1:17.41	2:47.72
53	1.47	31.56	1:09.56	2:33.79	5:28.66	11:19.95	21:53.42	36.16	1:17.94	2:48.87

Hong Kong Swimming Point Score 2025 (LC)

Men

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	26.71	58.51	2:07.37	23.06	51.07	1:54.43	1:56.66	4:11.70
99	1.01	26.98	59.10	2:08.64	23.29	51.58	1:55.57	1:57.83	4:14.22
98	1.02	27.24	59.68	2:09.92	23.52	52.09	1:56.72	1:58.99	4:16.73
97	1.03	27.51	1:00.27	2:11.19	23.75	52.60	1:57.86	2:00.16	4:19.25
96	1.04	27.78	1:00.85	2:12.46	23.98	53.11	1:59.01	2:01.33	4:21.77
95	1.05	28.05	1:01.44	2:13.74	24.21	53.62	2:00.15	2:02.49	4:24.29
94	1.06	28.31	1:02.02	2:15.01	24.44	54.13	2:01.30	2:03.66	4:26.80
93	1.07	28.58	1:02.61	2:16.29	24.67	54.64	2:02.44	2:04.83	4:29.32
92	1.08	28.85	1:03.19	2:17.56	24.90	55.16	2:03.58	2:05.99	4:31.84
91	1.09	29.11	1:03.78	2:18.83	25.14	55.67	2:04.73	2:07.16	4:34.35
90	1.10	29.38	1:04.36	2:20.11	25.37	56.18	2:05.87	2:08.33	4:36.87
89	1.11	29.65	1:04.95	2:21.38	25.60	56.69	2:07.02	2:09.49	4:39.39
88	1.12	29.92	1:05.53	2:22.65	25.83	57.20	2:08.16	2:10.66	4:41.90
87	1.13	30.18	1:06.12	2:23.93	26.06	57.71	2:09.31	2:11.83	4:44.42
86	1.14	30.45	1:06.70	2:25.20	26.29	58.22	2:10.45	2:12.99	4:46.94
85	1.15	30.72	1:07.29	2:26.48	26.52	58.73	2:11.59	2:14.16	4:49.46
84	1.16	30.98	1:07.87	2:27.75	26.75	59.24	2:12.74	2:15.33	4:51.97
83	1.17	31.25	1:08.46	2:29.02	26.98	59.75	2:13.88	2:16.49	4:54.49
82	1.18	31.52	1:09.04	2:30.30	27.21	1:00.26	2:15.03	2:17.66	4:57.01
81	1.19	31.78	1:09.63	2:31.57	27.44	1:00.77	2:16.17	2:18.83	4:59.52
80	1.20	32.05	1:10.21	2:32.84	27.67	1:01.28	2:17.32	2:19.99	5:02.04
79	1.21	32.32	1:10.80	2:34.12	27.90	1:01.79	2:18.46	2:21.16	5:04.56
78	1.22	32.59	1:11.38	2:35.39	28.13	1:02.31	2:19.60	2:22.33	5:07.07
77	1.23	32.85	1:11.97	2:36.67	28.36	1:02.82	2:20.75	2:23.49	5:09.59
76	1.24	33.12	1:12.55	2:37.94	28.59	1:03.33	2:21.89	2:24.66	5:12.11
75	1.25	33.39	1:13.14	2:39.21	28.83	1:03.84	2:23.04	2:25.82	5:14.63
74	1.26	33.65	1:13.72	2:40.49	29.06	1:04.35	2:24.18	2:26.99	5:17.14
73	1.27	33.92	1:14.31	2:41.76	29.29	1:04.86	2:25.33	2:28.16	5:19.66
72	1.28	34.19	1:14.89	2:43.03	29.52	1:05.37	2:26.47	2:29.32	5:22.18
71	1.29	34.46	1:15.48	2:44.31	29.75	1:05.88	2:27.61	2:30.49	5:24.69
70	1.30	34.72	1:16.06	2:45.58	29.98	1:06.39	2:28.76	2:31.66	5:27.21
69	1.31	34.99	1:16.65	2:46.85	30.21	1:06.90	2:29.90	2:32.82	5:29.73
68	1.32	35.26	1:17.23	2:48.13	30.44	1:07.41	2:31.05	2:33.99	5:32.24
67	1.33	35.52	1:17.82	2:49.40	30.67	1:07.92	2:32.19	2:35.16	5:34.76
66	1.34	35.79	1:18.40	2:50.68	30.90	1:08.43	2:33.34	2:36.32	5:37.28
65	1.35	36.06	1:18.99	2:51.95	31.13	1:08.94	2:34.48	2:37.49	5:39.80
64	1.36	36.33	1:19.57	2:53.22	31.36	1:09.46	2:35.62	2:38.66	5:42.31
63	1.37	36.59	1:20.16	2:54.50	31.59	1:09.97	2:36.77	2:39.82	5:44.83
62	1.38	36.86	1:20.74	2:55.77	31.82	1:10.48	2:37.91	2:40.99	5:47.35
61	1.39	37.13	1:21.33	2:57.04	32.05	1:10.99	2:39.06	2:42.16	5:49.86
60	1.40	37.39	1:21.91	2:58.32	32.28	1:11.50	2:40.20	2:43.32	5:52.38
59	1.41	37.66	1:22.50	2:59.59	32.51	1:12.01	2:41.35	2:44.49	5:54.90
58	1.42	37.93	1:23.08	3:00.87	32.75	1:12.52	2:42.49	2:45.66	5:57.41
57	1.43	38.20	1:23.67	3:02.14	32.98	1:13.03	2:43.63	2:46.82	5:59.93
56	1.44	38.46	1:24.25	3:03.41	33.21	1:13.54	2:44.78	2:47.99	6:02.45
55	1.45	38.73	1:24.84	3:04.69	33.44	1:14.05	2:45.92	2:49.16	6:04.97
54	1.46	39.00	1:25.42	3:05.96	33.67	1:14.56	2:47.07	2:50.32	6:07.48
53	1.47	39.26	1:26.01	3:07.23	33.90	1:15.07	2:48.21	2:51.49	6:10.00

Hong Kong Swimming Point Score 2025 (LC)

Women

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	23.96	51.92	1:53.36	4:00.59	8:19.34	15:57.67	27.27	58.68	2:06.31
99	1.01	24.20	52.44	1:54.49	4:03.00	8:24.33	16:07.25	27.54	59.27	2:07.57
98	1.02	24.44	52.96	1:55.63	4:05.40	8:29.33	16:16.82	27.82	59.85	2:08.84
97	1.03	24.68	53.48	1:56.76	4:07.81	8:34.32	16:26.40	28.09	1:00.44	2:10.10
96	1.04	24.92	54.00	1:57.89	4:10.21	8:39.31	16:35.98	28.36	1:01.03	2:11.36
95	1.05	25.16	54.52	1:59.03	4:12.62	8:44.31	16:45.55	28.63	1:01.61	2:12.63
94	1.06	25.40	55.04	2:00.16	4:15.03	8:49.30	16:55.13	28.91	1:02.20	2:13.89
93	1.07	25.64	55.55	2:01.30	4:17.43	8:54.29	17:04.71	29.18	1:02.79	2:15.15
92	1.08	25.88	56.07	2:02.43	4:19.84	8:59.29	17:14.28	29.45	1:03.37	2:16.41
91	1.09	26.12	56.59	2:03.56	4:22.24	9:04.28	17:23.86	29.72	1:03.96	2:17.68
90	1.10	26.36	57.11	2:04.70	4:24.65	9:09.27	17:33.44	30.00	1:04.55	2:18.94
89	1.11	26.60	57.63	2:05.83	4:27.05	9:14.27	17:43.01	30.27	1:05.13	2:20.20
88	1.12	26.84	58.15	2:06.96	4:29.46	9:19.26	17:52.59	30.54	1:05.72	2:21.47
87	1.13	27.07	58.67	2:08.10	4:31.87	9:24.25	18:02.17	30.82	1:06.31	2:22.73
86	1.14	27.31	59.19	2:09.23	4:34.27	9:29.25	18:11.74	31.09	1:06.90	2:23.99
85	1.15	27.55	59.71	2:10.36	4:36.68	9:34.24	18:21.32	31.36	1:07.48	2:25.26
84	1.16	27.79	1:00.23	2:11.50	4:39.08	9:39.23	18:30.90	31.63	1:08.07	2:26.52
83	1.17	28.03	1:00.75	2:12.63	4:41.49	9:44.23	18:40.47	31.91	1:08.66	2:27.78
82	1.18	28.27	1:01.27	2:13.76	4:43.90	9:49.22	18:50.05	32.18	1:09.24	2:29.05
81	1.19	28.51	1:01.78	2:14.90	4:46.30	9:54.21	18:59.63	32.45	1:09.83	2:30.31
80	1.20	28.75	1:02.30	2:16.03	4:48.71	9:59.21	19:09.20	32.72	1:10.42	2:31.57
79	1.21	28.99	1:02.82	2:17.17	4:51.11	10:04.20	19:18.78	33.00	1:11.00	2:32.84
78	1.22	29.23	1:03.34	2:18.30	4:53.52	10:09.19	19:28.36	33.27	1:11.59	2:34.10
77	1.23	29.47	1:03.86	2:19.43	4:55.93	10:14.19	19:37.93	33.54	1:12.18	2:35.36
76	1.24	29.71	1:04.38	2:20.57	4:58.33	10:19.18	19:47.51	33.81	1:12.76	2:36.62
75	1.25	29.95	1:04.90	2:21.70	5:00.74	10:24.18	19:57.09	34.09	1:13.35	2:37.89
74	1.26	30.19	1:05.42	2:22.83	5:03.14	10:29.17	20:06.66	34.36	1:13.94	2:39.15
73	1.27	30.43	1:05.94	2:23.97	5:05.55	10:34.16	20:16.24	34.63	1:14.52	2:40.41
72	1.28	30.67	1:06.46	2:25.10	5:07.96	10:39.16	20:25.82	34.91	1:15.11	2:41.68
71	1.29	30.91	1:06.98	2:26.23	5:10.36	10:44.15	20:35.39	35.18	1:15.70	2:42.94
70	1.30	31.15	1:07.50	2:27.37	5:12.77	10:49.14	20:44.97	35.45	1:16.28	2:44.20
69	1.31	31.39	1:08.02	2:28.50	5:15.17	10:54.14	20:54.55	35.72	1:16.87	2:45.47
68	1.32	31.63	1:08.53	2:29.64	5:17.58	10:59.13	21:04.12	36.00	1:17.46	2:46.73
67	1.33	31.87	1:09.05	2:30.77	5:19.98	11:04.12	21:13.70	36.27	1:18.04	2:47.99
66	1.34	32.11	1:09.57	2:31.90	5:22.39	11:09.12	21:23.28	36.54	1:18.63	2:49.26
65	1.35	32.35	1:10.09	2:33.04	5:24.80	11:14.11	21:32.85	36.81	1:19.22	2:50.52
64	1.36	32.59	1:10.61	2:34.17	5:27.20	11:19.10	21:42.43	37.09	1:19.80	2:51.78
63	1.37	32.83	1:11.13	2:35.30	5:29.61	11:24.10	21:52.01	37.36	1:20.39	2:53.04
62	1.38	33.06	1:11.65	2:36.44	5:32.01	11:29.09	22:01.58	37.63	1:20.98	2:54.31
61	1.39	33.30	1:12.17	2:37.57	5:34.42	11:34.08	22:11.16	37.91	1:21.57	2:55.57
60	1.40	33.54	1:12.69	2:38.70	5:36.83	11:39.08	22:20.74	38.18	1:22.15	2:56.83
59	1.41	33.78	1:13.21	2:39.84	5:39.23	11:44.07	22:30.31	38.45	1:22.74	2:58.10
58	1.42	34.02	1:13.73	2:40.97	5:41.64	11:49.06	22:39.89	38.72	1:23.33	2:59.36
57	1.43	34.26	1:14.25	2:42.10	5:44.04	11:54.06	22:49.47	39.00	1:23.91	3:00.62
56	1.44	34.50	1:14.76	2:43.24	5:46.45	11:59.05	22:59.04	39.27	1:24.50	3:01.89
55	1.45	34.74	1:15.28	2:44.37	5:48.86	12:04.04	23:08.62	39.54	1:25.09	3:03.15
54	1.46	34.98	1:15.80	2:45.51	5:51.26	12:09.04	23:18.20	39.81	1:25.67	3:04.41
53	1.47	35.22	1:16.32	2:46.64	5:53.67	12:14.03	23:27.77	40.09	1:26.26	3:05.68

Hong Kong Swimming Point Score 2025 (LC)

Women

Score	%	Breaststroke			Butterfly			Ind Medley	
		<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>200m</u>	<u>400m</u>
100	1.00	29.68	1:04.81	2:21.72	25.34	56.31	2:04.75	2:08.60	4:33.80
99	1.01	29.98	1:05.46	2:23.14	25.59	56.87	2:06.00	2:09.89	4:36.54
98	1.02	30.27	1:06.11	2:24.55	25.85	57.44	2:07.25	2:11.17	4:39.28
97	1.03	30.57	1:06.75	2:25.97	26.10	58.00	2:08.49	2:12.46	4:42.01
96	1.04	30.87	1:07.40	2:27.39	26.35	58.56	2:09.74	2:13.74	4:44.75
95	1.05	31.16	1:08.05	2:28.81	26.61	59.13	2:10.99	2:15.03	4:47.49
94	1.06	31.46	1:08.70	2:30.22	26.86	59.69	2:12.24	2:16.32	4:50.23
93	1.07	31.76	1:09.35	2:31.64	27.11	1:00.25	2:13.48	2:17.60	4:52.97
92	1.08	32.05	1:09.99	2:33.06	27.37	1:00.81	2:14.73	2:18.89	4:55.70
91	1.09	32.35	1:10.64	2:34.47	27.62	1:01.38	2:15.98	2:20.17	4:58.44
90	1.10	32.65	1:11.29	2:35.89	27.87	1:01.94	2:17.22	2:21.46	5:01.18
89	1.11	32.94	1:11.94	2:37.31	28.13	1:02.50	2:18.47	2:22.75	5:03.92
88	1.12	33.24	1:12.59	2:38.73	28.38	1:03.07	2:19.72	2:24.03	5:06.66
87	1.13	33.54	1:13.24	2:40.14	28.63	1:03.63	2:20.97	2:25.32	5:09.39
86	1.14	33.84	1:13.88	2:41.56	28.89	1:04.19	2:22.22	2:26.60	5:12.13
85	1.15	34.13	1:14.53	2:42.98	29.14	1:04.76	2:23.46	2:27.89	5:14.87
84	1.16	34.43	1:15.18	2:44.40	29.39	1:05.32	2:24.71	2:29.18	5:17.61
83	1.17	34.73	1:15.83	2:45.81	29.65	1:05.88	2:25.96	2:30.46	5:20.35
82	1.18	35.02	1:16.48	2:47.23	29.90	1:06.45	2:27.21	2:31.75	5:23.08
81	1.19	35.32	1:17.12	2:48.65	30.15	1:07.01	2:28.45	2:33.03	5:25.82
80	1.20	35.62	1:17.77	2:50.06	30.41	1:07.57	2:29.70	2:34.32	5:28.56
79	1.21	35.91	1:18.42	2:51.48	30.66	1:08.14	2:30.95	2:35.61	5:31.30
78	1.22	36.21	1:19.07	2:52.90	30.91	1:08.70	2:32.20	2:36.89	5:34.04
77	1.23	36.51	1:19.72	2:54.32	31.17	1:09.26	2:33.44	2:38.18	5:36.77
76	1.24	36.80	1:20.36	2:55.73	31.42	1:09.82	2:34.69	2:39.46	5:39.51
75	1.25	37.10	1:21.01	2:57.15	31.68	1:10.39	2:35.94	2:40.75	5:42.25
74	1.26	37.40	1:21.66	2:58.57	31.93	1:10.95	2:37.19	2:42.04	5:44.99
73	1.27	37.69	1:22.31	2:59.98	32.18	1:11.51	2:38.43	2:43.32	5:47.73
72	1.28	37.99	1:22.96	3:01.40	32.44	1:12.08	2:39.68	2:44.61	5:50.46
71	1.29	38.29	1:23.60	3:02.82	32.69	1:12.64	2:40.93	2:45.89	5:53.20
70	1.30	38.58	1:24.25	3:04.24	32.94	1:13.20	2:42.18	2:47.18	5:55.94
69	1.31	38.88	1:24.90	3:05.65	33.20	1:13.77	2:43.42	2:48.47	5:58.68
68	1.32	39.18	1:25.55	3:07.07	33.45	1:14.33	2:44.67	2:49.75	6:01.42
67	1.33	39.47	1:26.20	3:08.49	33.70	1:14.89	2:45.92	2:51.04	6:04.15
66	1.34	39.77	1:26.85	3:09.90	33.96	1:15.46	2:47.17	2:52.32	6:06.89
65	1.35	40.07	1:27.49	3:11.32	34.21	1:16.02	2:48.41	2:53.61	6:09.63
64	1.36	40.36	1:28.14	3:12.74	34.46	1:16.58	2:49.66	2:54.90	6:12.37
63	1.37	40.66	1:28.79	3:14.16	34.72	1:17.14	2:50.91	2:56.18	6:15.11
62	1.38	40.96	1:29.44	3:15.57	34.97	1:17.71	2:52.16	2:57.47	6:17.84
61	1.39	41.26	1:30.09	3:16.99	35.22	1:18.27	2:53.40	2:58.75	6:20.58
60	1.40	41.55	1:30.73	3:18.41	35.48	1:18.83	2:54.65	3:00.04	6:23.32
59	1.41	41.85	1:31.38	3:19.83	35.73	1:19.40	2:55.90	3:01.33	6:26.06
58	1.42	42.15	1:32.03	3:21.24	35.98	1:19.96	2:57.15	3:02.61	6:28.80
57	1.43	42.44	1:32.68	3:22.66	36.24	1:20.52	2:58.39	3:03.90	6:31.53
56	1.44	42.74	1:33.33	3:24.08	36.49	1:21.09	2:59.64	3:05.18	6:34.27
55	1.45	43.04	1:33.97	3:25.49	36.74	1:21.65	3:00.89	3:06.47	6:37.01
54	1.46	43.33	1:34.62	3:26.91	37.00	1:22.21	3:02.14	3:07.76	6:39.75
53	1.47	43.63	1:35.27	3:28.33	37.25	1:22.78	3:03.38	3:09.04	6:42.49

HONG KONG SWIMMING RECORDS

Listed Date: 14th August 2025

HONG KONG LONG COURSE RECORDS

MEN'S EVENTS

*50 Free	21.82 HO Ian Yentou, SCA	World Aquatics Championships – Singapore Jul 11 – 3 Aug, 2025
100 Free	49.15 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 2, May. 29-30, 2021
200 Free	1:47.46 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
400 Free	3:50.53 CHEUK Ming Ho, CPS	64 th Festival of Sport LC Time Trial II, Apr 18, 2021
800 Free	8:03.41 CHEUK Ming Ho, CPS	Hong Kong National Olympic Time Trial, Mar 21, 2021
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.00 LAU Shiu Yue, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
*100 Back	55.51 KWAN Hayden, PSC	2025 FISU World University Games Summer – Rhine-Ruhr, Jul. 17-26, 2025
200 Back	2:00.22 KWAN Hayden, PSC	2024 Tyr Pro Swim Series, San Antonio, TX, Apr 10-13, 2024
*50 Breast	27.64 MAK Sai Ting Adam, HTA	2025 FISU World University Games Summer – Rhine-Ruhr, Jul. 17-26, 2025
*100 Breast	1:00.50 CHEUNG Chi Kit Nicholas, WTS	2025 FISU World University Games Summer – Rhine-Ruhr, Jul. 17-26, 2025
*200 Breast	2:10.53 MAK Sai Ting Adam, HTA	2025 FISU World University Games Summer – Rhine-Ruhr, Jul. 17-26, 2025
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	53.38 NG Cheuk Yin, TPS	Div.1 AG LC Swim Comp. Part 3, Jun. 25-26, 2022
200 Fly	2:00.43 LIM Nicholas Owen Zhaoguang, LRC	62 nd FOS – LC Time Trial, April 13-14, 2019
200 IM	2:01.37 TO Kenneth King Him, LWS	29 th Summer Universiade, Aug 19-30, 2017
400 IM	4:26.54 WHITTINGTON, Peter Harry, DLS	Thailand Age Group Swimming Championships 2023, Apr 6-11, 2023
*4x100 MR	3:41.71 Hong Kong Team KWAN Hayden, CHEUNG Chi Kit Nicholas, NG Cheuk Yin, HO Siu Lun 55.81 1:56.66 2:51.08	2025 FISU World University Games Summer – Rhine-Ruhr, Jul. 17-26, 2025
4x100 FR	3:21.22 Hong Kong Team LUM Ching Tat, NG Chun Nam Derick, CHEUNG Kin Tat Kent, WONG Kai Wai David 50.88 1:40.70 2:31.65	5 th East Asian Games, Dec 8, 2009
4x200 FR	7:27.16 Hong Kong Team CHEUNG Kin Tat Kent, NG Chun Nam Derick, LUM Ching Tat, WONG Kai Wai David 1:52.46 3:43.70 5:35.08	5 th East Asian Games, Dec 6, 2009

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 14th August 2025

HONG KONG LONG COURSE RECORDS

WOMEN'S EVENTS

50 Free	24.30 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Budapest, Oct 20-22, 2023
^A 100 Free	52.02 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Berlin, Oct 6-8, 2023
^A 200 Free	1:53.92 HAUGHEY Siobhan Bernadette, SCA	Tokyo 2020 Olympic Games, July 23 – August 8, 2021
400 Free	4:05.30 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Berlin, Oct 6-8, 2023
800 Free	8:39.93 HAUGHEY Siobhan Bernadette, SCA	Paris 2024 OG – Hong Kong LC Swimming Invitational Trial I, May 11-12, 2024
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	27.98 AU Hoi Shun Stephanie, DWA	Mare Nostrum 2019 – Monaco, Jun 8-9, 2019
100 Back	1:00.22 AU Hoi Shun Stephanie, DWA	FINA Swimming World Cup – Singapore, Aug 15-17, 2019
200 Back	2:09.33 LAU Yin Yan Claudia, DLS	Div.1 AG LC Swim Comp. Part 3, Jul. 2-3, 2016
50 Breast	30.36 HAUGHEY Siobhan Bernadette, SCA	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
100 Breast	1:05.92 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Athens, Oct 13-15, 2023
200 Breast	2:27.96 KONG Yvette Man Yi, SCA	World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024
50 Fly	26.55 TAM Hoi Lam, CUC	Edinburgh International Swim Meet, Mar 11-13, 2016
100 Fly	58.12 HAUGHEY Siobhan Bernadette, SCA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
200 Fly	2:10.63 YEUNG Hoi Ching, TPS	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
200 IM	2:12.10 HAUGHEY Siobhan Bernadette, SCA	HK Open Swimming Champ 2024, Jul 12-14, 2024
400 IM	4:48.58 CHENG Chloe, PSC	2017 Arena Pro Swim Series - Santa Clara, USA, June 1-4, 2017
4x100 MR	4:01.72 Hong Kong Team AU Hoi Shun Stephanie, HAUGHEY Siobhan Bernadette, KAN Cheuk Tung Natalie, TAM Hoi Lam 1:00.74 2:06.77 3:06.66	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
4x100 FR	3:39.10 Hong Kong Team CHENG Camille Lily Mei, HAUGHEY Siobhan Bernadette, TAM Hoi Lam, AU Hoi Shun Stephanie 56.11 1:48.03 2:43.69	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
4x200 FR	8:02.42 Hong Kong Team CHENG Chloe, HAUGHEY Siobhan Bernadette, CHENG Camille Lily Mei, AU Hoi Shun Stephanie 2:03.19 3:57.40 5:59.86	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023

*: Pending for Swimming Committee's Ratification ^AAsian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 14th August 2025

HONG KONG LONG COURSE RECORDS

MIXED'S EVENTS

4x100 FR 3:31.13 Hong Kong Team World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024
LAU Shiu Yue, HO Ian Yentou, CHENG Camille Lily Mei, TAM Hoi Lam
52.24 1:40.90 2:35.61

4x100 MR 3:50.22 Hong Kong Team 18th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
AU Hoi Shun Stephanie, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, CHENG Camille Lily Mei
1:00.52 2:01.15 2:54.90

HONG KONG SWIMMING RECORDS

Listed Date: 14th August 2025

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

MEN'S EVENTS

50 Free	23.65	NG Chun Nam Derick, WTS	Australian Age Swim. Champ., Apr 07,2010
100 Free	51.24	NG Chun Nam Derick, WTS	HK Age Group LC SW Championships 2009-10, Oct. 24,2009
200 Free	1:52.59	Cheuk Ming Ho, CPS	17 th ISF Gymnasiade - Swimming, May 2-9 2018
400 Free	3:57.77	CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
800 Free	8:18.64	Wang Yi Shun, CPS	Hong Kong Open Swimming Championships 2023, Aug 18-20, 2023
1500 Free	16:00.66	CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
50 Back	26.81	NG Cheuk Yin TPS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
100 Back	57.73	HO Siu Lun, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
200 Back	2:07.52	NG Cheuk Yin, TPS	HK Open Swimming Champ 2018, Aug. 10-12,2018
50 Breast	28.83	TSUI Yik Ki, PSC	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
100 Breast	1:03.01	MAK Sai Ting Adam, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Breast	2:14.41	MAK Sai Ting Adam, HTA	65 th Festival of Sport LC Time Trial, Apr 23, 2022
50 Fly	24.74	NG Cheuk Yin, TPS	61 st FOS – LC SW Time Trial, Apr 14-15 2018
100 Fly	54.42	NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:01.23	LAU Kin Hei James, HTA	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
200 IM	2:05.10	LAU Kin Hei James, HTA	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
400 IM	4:32.42	WHITTINGTON Peter Harry, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
4x100 MR	3:56.66	HTA HAN Pak Kiu, LAU Ka Long, CHUNG Hei Chit, LAU Kin Hei James	HK Open Swimming Champ 2024, Jul 12-14, 2024
4x100 FR	3:36.50	HTA LAU Kin Hei James, CHAN Leong To, CHUNG Hei Chit, HAN Pak Kiu	HK Open Swimming Champ 2024, Jul 12-14, 2024
4x200 FR	7:58.33	Hong Kong Team CHAN Wai Ching Adrian, HAN Pak Kiu, LAM Wai Lok, LAU Chor Tik	59 th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 14th August 2025

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

WOMEN'S EVENTS

50 Free	25.03 LI Sum Yiu, WDA	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
200 Free	1:59.77 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17, 2007
800 Free	8:50.21 AU Hoi Shun Stephanie, *DW	3 rd H.K. Int' Open Swimming Champ, Aug 31, 2007
1500 Free	16:58.79 Anderson Charlotte Kiki, HIS	2014 Scottish Gas National AG Swim Champ, Jun 25-29, 2014
*50 Back	29.12 CHAN Tsz Yu Ashley, HTA	68th Festival of Sport LC Time Trial, Apr 12-13, 2025
100 Back	1:03.30 CHEUNG Sum Yuet Cindy, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Back	2:16.10 CHEUNG Sum Yuet Cindy, TPS	HK Age Group LC SW Championships 2021-22, Nov 5-7, 2021
*50 Breast	31.91 MAN Wui Kiu, CPS	60th MILO / MAS Malaysia Invitational Age Group Swimming Championships 2025, Feb 20-23, 2025
*100 Breast	1:09.38 MAN Wui Kiu, CPS	68th Festival of Sport LC Time Trial, Apr 12-13, 2025
*200 Breast	2:30.74 GAO Jialian Candice, CPS	Div.1 AG LC Swim Comp. Part 1, Jun. 28-29, 2025
50 Fly	27.45 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	1:00.54 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
200 Fly	2:14.06 MOK Sze Ki, HVA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
200 IM	2:13.35 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
4x100 MR	4:19.55 Hong Kong Team FUNG Suet Ying Chloe, CHENG Chloe, LAU Ping Yi Audrey, TSE On Ching	2 nd Youth Games of the People's Republic of China, Aug 8-18, 2019
4x100 FR	3:51.08 Hong Kong Team LI Sum Yiu, MATHIS Mya Lynn, MAN Wui Kiu, LI Yuqing	11th Asian Age Group Championships, Feb 26-29, 2024
*4x200 FR	8:30.78 Hong Kong Team SUM Yi Man, CHAN Yi Lok, WONG Sze Laam Serena, YAN Ellie	60th MILO / MAS Malaysia Invitational Age Group Swimming Championships 2025, Feb 20-23, 2025

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 14th August 2025

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 10 & UNDER EVENTS

50 Free	29.13 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
100 Free	1:02.87 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
*200 Free	2:15.30 HSIEH Kyrus Shing Hin, TPS	Singapore Swim Series II, Feb 14-16, 2024
50 Back	32.10 HSIEH Kurtis Yi Hon, TPS	Singapore Swim Series I. Jan 12-14, 2024
*100 Back	1:08.91 HSIEH Kyrus Shing Hin, TPS	Div.1 AG LC Swim Comp. Part 1, Jun. 28-29, 2025
50 Breast	36.43 TAM Ka Ming, HVA	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
100 Breast	1:18.73 TAM Ka Ming, *CY	HKSSF Inter-Area Primary Swim Comp., Nov 29, 2008
50 Fly	31.15 HO Siu Lun, DLS	HKSSF Inter-Area Primary Swim Comp, Nov 22, 2014
100 Fly	1:09.82 CHAN Yin Chun, HTA	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
200 IM	2:31.15 HSIEH Kurtis Yi Hon, TPS	Singapore Swim Series I. Jan 12-14, 2024

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 10 & UNDER EVENTS

50 Free	28.50 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 1, May 25, 2008
100 Free	1:02.44 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 2, Jun. 29, 2008
200 Free	2:16.52 LOK Hoi Man, WTS	HK Age Group LC SW Championships 2011-12, Nov. 5,2011
50 Back	33.49 MA Wing Yu, *WA	HK Age Group LC SW Championships 2015-16, Nov. 6-8,2015
100 Back	1:11.95 CHENG Jessica Chloe, TPS	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
50 Breast	35.23 Lam Chelsie, DLS	3 rd All Hong Kong Inter-Area Primary Schools Swimming Competition 2018-2019, 8 June, 2019
100 Breast	1:15.44 HO Kang Ni Chloe, HTA	HK Age Group LC SW Championships 2023-24, Oct. 6-7,29,2023
50 Fly	30.56 LEE Si Yao Peony, TPS	2 nd All Hong Kong Inter-Area Primary Schools Swimming Competition 2017-2018, 9 June, 2018
100 Fly	1:09.78 LAU Ping Yi Audrey, HTA	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
200 IM	2:32.15 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul. 27, 2008

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 14th August 2025

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 11 – 12 YEARS EVENTS

50 Free	25.59 LI Sing Hoi, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	56.38 SUN Maokun, KCD	All Hong Kong Inter-Area Primary Schools Swimming Competition, Jun 14, 2024
200 Free	2:01.34 SUN Maokun, KCD	Div.1 AG LC Swim Comp. Part 1, Jun. 29-30, 2024
400 Free	4:16.08 Han Pak Kiu, HTA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
800 Free	8:56.44 SUN Mao Kun, KCD	Div.1 AG LC Swim Comp. Part 1, Jun. 29-30, 2024
50 Back	29.28 CHAN Tsz Kwan, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct 18, 2019
100 Back	1:03.24 CHEN Zheng Xuan Jason, HTA	HKSSF Div. 1 Inter-School Swim. Comp., Oct 18, 2024
200 Back	2:16.66 CHEN Zheng Xuan Jason, HTA	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
50 Breast	30.86 TAM Ka Ming, *CY	HKSSF Div. 1 Inter-School Swim. Comp, Oct 14, 2010
100 Breast	1:09.05 LAU Kin Hei James, HTA	HK Open Swimming Championships 2021, Aug. 6-8, 2021
200 Breast	2:30.15 WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp, 28 Oct, 2015
50 Fly	27.23 CHAN Wai Ching Adrian, WTS	HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
100 Fly	1:00.08 LAU Kin Hei James, HTA	Hong Kong Long Course Swimming Time Trial IV, June 20, 2021
200 Fly	2:13.93 LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
200 IM	2:15.50 LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.80 HAUGHEY Siobhan Bernadette, SCA	HKSSF Div 1 Inter-School Swim. Comp, Oct 14, 2010
100 Free	57.77 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
200 Free	2:06.55 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
400 Free	4:28.03 NAM Carmen, TPS	7 th Asian Swimming Champ, Mar. 07, 2006
800 Free	9:26.98 CHAN Pui Ka, WDA	HK Open Swimming Champ 2024, Jul 12-14, 2024
50 Back	30.39 CHAN Tsz Yu Ashley, HTA	59 th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024
100 Back	1:04.98 CHAN Tsz Yu Ashley, HTA	59 th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024
200 Back	2:21.61 HO Tin Wing, HTA	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
50 Breast	33.54 GAO Jialian, CPS	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
100 Breast	1:12.78 YIP Tsz-wa, DLS	HKSSF Div. 1 Inter-School Swim Comp., Oct 15, 2003
200 Breast	2:35.62 MA Hei-tung, DLS	LI FOS-Olympic Time Trial II, Apr 20, 2008
50 Fly	28.87 LAI Chu Yi, WTS	7 th HK Open Swimming Champ., Sep 4, 2011
100 Fly	1:02.95 MOK Sze Ki, HVA	HK Open Swimming Champ 2019, Aug 9-11, 2019
200 Fly	2:18.68 MOK Sze Ki, HVA	Div. 1 AG LC Swim Comp. Part 1, Jul 13-14, 2019
200 IM	2:21.79 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul 25, 2010

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 14th August 2025

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 13 – 14 YEARS EVENTS

50 Free 24.18 LAU Kin Hei James, HTA
100 Free 52.62 LAU Kin Hei James, HTA
200 Free 1:55.46 LAU Kin Hei James, HTA
400 Free 4:06.61 CHAN Wai Ching Adrian, HTA
800 Free 8:34.52 CHAN Wai Ching Adrian, HTA
1500 Free 16:14.23 CHEUK Ming Ho, CPS

50 Back 27.12 HO Siu Lun, DLS
100 Back 58.17 HO Siu Lun, DLS
200 Back 2:09.86 YUK Shing Chi, PSC

50 Breast 29.08 TSUI Yik Ki, PSC
100 Breast 1:04.82 LAU Chor Tik, WTS
200 Breast 2:18.11 WONG Benson, DLS

50 Fly 24.90 LAU Kin Hei James, HTA
100 Fly 55.07 LAU Kin Hei James, HTA
200 Fly 2:01.23 LAU Kin Hei James, HTA

200 IM 2:05.10 LAU Kin Hei James, HTA
400 IM 4:34.49 LAU Kin Hei James, HTA

HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
HK Age Group LC SW Championships 2023-24, Oct. 6-7, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
60th FOS – LC Time Trial, Apr.15-16, 2017

HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017

HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
Paris 2024 OG – Hong Kong LC Swimming Invitational Trial I, May 11-12, 2024
HK Open Swimming Champ 2017, July 28-30, 2017

Div. 1 AG LC Swim Comp. Part 2, Jun 18, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
World Junior Swimming Championships – Netanya, Sep 4-9, 2023

66th Festival of Sport LC Time Trial, Apr 15-16, 2023
HK Age Group LC SW Championships 2023-24, Oct. 6-7, 2023

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 13 – 14 YEARS EVENTS

***50 Free 25.44 LI Sum Yiu, WDA**
100 Free 55.92 LI Sum Yiu, WDA
200 Free 2:02.00 CHENG Chloe, PSC
400 Free 4:19.32 CHENG Chloe, PSC
800 Free 8:56.31 HO Wai Nam, WTS
1500 Free 17:17.68 NAM Carmen, TPS

***50 Back 29.12 CHAN Tsz Yu Ashley, HTA**
***100 Back 1:03.66 CHAN Tsz Yu Ashley, HTA**
200 Back 2:17.61 LAU Yin Yan Claudia, DLS

***50 Breast 32.11 YUNG Tsz Ching, HTA**
100 Breast 1:09.84 MAN Wui Kiu, CPS
***200 Breast 2:30.74 GAO Jialian Candice, CPS**

50 Fly 27.45 LAU Ping Yi Audrey, HTA
100 Fly 1:00.54 LAU Ping Yi Audrey, HTA
200 Fly 2:14.96 LAU Ping Yi Audrey, HTA

200 IM 2:18.44 HAUGHEY Siobhan Bernadette, SCA
***400 IM 4:55.26 GAO Jialian Candice, CPS**

National LC Swimming Trial - 67th FOS, Apr 13-14, 2024
11th Asian Age Group Championships, Feb 26-29, 2024
HKSSF Div. 1 Inter-School Swim. Comp., Oct 25, 2019
Div. 1 AG LC Swim Comp. Part 3, Sep. 21-22, 2019
Thailand Age Group Swimming Championships 2017
World Champ 2007 – Melbourne, Mar 26, 2007

68th Festival of Sport LC Time Trial, Apr 12-13, 2025
Div.1 AG LC Swim Comp. Part 2, Jul 27, 2025
Hong Kong Open Champ. 07, Sep 2007

68th Festival of Sport LC Time Trial, Apr 12-13, 2025
HK Open Swimming Champ 2024, Jul 12-14, 2024
Div.1 AG LC Swim Comp. Part 1, Jun. 28-29, 2025

HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019

Australian Age Championships, Apr 9-14, 2012
Div.1 AG LC Swim Comp. Part 1, Jun. 28-29, 2025

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 14th August 2025

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 15 – 17 YEARS EVENTS

50 Free	22.99 LUM Ching Tat Jeffrey, HFS	8 th Asian Swimming Champ., Nov 28, 2009
100 Free	50.48 LUM Ching Tat Jeffrey, HFS	1 st Asian Youth Games, Jul 06, 2009
200 Free	1:50.11 CHEUK Ming Ho, CPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
400 Free	3:53.05 CHEUK Ming Ho, CPS	62 nd FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.27 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 19,2018
100 Back	57.38 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
200 Back	2:05.82 NG Cheuk Yin, TPS	7 th Hong Kong Games, May 18-19, 2019
*50 Breast	27.76 TSUI Yik Ki, PSC	67 th MILO/MAS MALAYSIA OPEN SWIMMING CHAMPIONSHIPS 2025, April 24-27, 2025
100 Breast	1:00.95 MAK Sai Ting Adam, HTA	11 th Asian Age Group Championships, Feb 26-29, 2024
200 Breast	2:11.20 MAK Sai Ting Adam, HTA	11 th Asian Age Group Championships, Feb 26-29, 2024
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:02.70 LIM Nicholas Owen Zhaoguang, LRC	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
*200 IM	2:04.94 MAK Sai Ting Adam, HTA	HK Open Swimming Champ 2024, Jul 12-14, 2024
400 IM	4:26.78 WHITTINGTON, Peter Harry, DLS	Hong Kong National Olympic Time Trial, Mar 21, 2021

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 15 – 17 YEARS EVENTS

50 Free	25.03 LI Sum Yiu, WDA	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31,2013
200 Free	1:59.66 HAUGHEY Siobhan Bernadette, SCA	Incheon 2014 Asian Games, Sep 20-26,2014
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
800 Free	8:41.66 AU Hoi Shun Stephanie, *DW	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	28.83 CHEUNG Sum Yuet Cindy, TPS	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Back	1:01.57 CHEUNG Sum Yuet Cindy, TPS	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
200 Back	2:10.35 CHEUNG Sum Yuet Cindy, TPS	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
50 Breast	31.82 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 6, 2009
100 Breast	1:08.43 KONG Yvette Man Yi, SCA	8 th Asian Swimming Champ., Nov 27, 2009
200 Breast	2:31.65 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 9, 2009
50 Fly	26.98 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Fly	58.89 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
200 Fly	2:10.63 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
200 IM	2:13.07 HAUGHEY Siobhan Bernadette, SCA	16 th FINA World Championships – Kazan 2015, Aug 2,2015
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

Hong Kong Open Swimming Championships 2025**Reject List**

No.	Name	Event	Club	Remarks
1	Chan Nathan	20	DWA	Wrong Information of Past Competition
2	Chen Eric Q	32	HIS	More Than Limited Entries
3	Yau Cheuk Hin	12	KTS	Wrong Information of Past Competition
4	Ho Chiu Man Rachel	35	KHC	More Than Limited Entries
5	An Chengcheng	21	KHC	Have Swimming Record
6	Ng Sze Kwan	35	KTC	Invalid Swimming Record
7	Fong Sin Ka	17	LFS	Wrong Information of Past Competition
8	Li Louis Ka Wo	4	PSC	Entry time slower than Champ QT
9	Man Harmony Valentina	7	PSC	Wrong Event
10	Lee Cheston	32	PSC	Wrong Event
11	Li Elizabeth	15	SCA	Invalid Swimming Record
12	Li Elizabeth	27	SCA	Invalid Swimming Record
13	HIS	18	HIS	No Entry Time
14	HIS	19	HIS	No Entry Time
15	HIS	37	HIS	No Entry Time
16	HIS	38	HIS	No Entry Time
17	HIS	39	HIS	No Entry Time
18	HIS	40	HIS	No Entry Time
19	Hsieh Kurtis Yi Hon	22	TPS	Have Swimming Record
20	Hao Merlynn	35	TPS	Wrong Information of Past Competition
21	Yeung Cheuk Yiu	9	TPS	Entry time slower than Champ QT
22	Leung Evelyn YI	7	TPS	Wrong Information of Past Competition
23	Chan Pak Yu	4	TPS	Wrong Event
24	Chan Pak Yu	8	TPS	Wrong Event
25	Chan Pak Yu	22	TPS	Wrong Event
26	Chan Pak Yu	32	TPS	Wrong Event
27	Wan Siu Chun	16	TPS	Have Swimming Record
28	Leung Lok Hei	9	*CU	Wrong Time
29	Leung Tsz Yin	11	*CU	Wrong Time

* Please submit re-entry form no later than 12p.m on 14 August 2025

Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025

Meet Program - Day 1

Event 39 Mixed 4x100 LC Meter Medley Relay

HKR: 3:50.22 **Hong Kong Team**
 MR: 3:56.05 **Hoi Tin Athletic Association**
 4:54.00 **QT Qualifying Time**

Meet Qualifying: 4:54.00

Lane	Team	Relay	Seed Time
Heat 1 of 2 Timed Finals			
3	Hong Kong Island Stingrays	A	4:54.00 QT
4	Kwun Tong Swimming Club	A	4:26.16 QT
5	Hong Kong Sportworld Assn	A	4:34.45 QT
Heat 2 of 2 Timed Finals			
0	Happy Valley Athletic Assn	A	4:23.15 QT
1	White Dolphin Sport Assn	A	4:17.19 QT
2	South China Athletic Assn	A	4:11.20 QT
3	Pacific Swimming Club	A	4:06.81 QT
4	Hoi Tin Athletic Assn Ltd	A	3:56.05 QT
5	Chi Pui Swimming Club Ltd	A	4:05.26 QT
6	Win Tin Swimming Club	A	4:08.71 QT
7	Dik Wing Association Limited	A	4:16.32 QT
8	Keung Sung Swimming Club	A	4:22.04 QT

Event 1 Women 1500 LC Meter Freestyle

HKR: 16:51.05 **HO Nam Wai, WTS**
 JR: 16:58.79
 WCA: 16:24.56
 WCB: 16:59.02
 MR: 17:07.72 **NIP Tsz Yin, EWS**
 19:20.00 **QT Qualifying Time**

Meet Qualifying: 19:20.00

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals					
2	40426 B	Fong, Sin Ka	14	Long Fame	18:15.89 QT
3	45628 IAZ	Chan, Pui Ka	13	White Dolphin	17:58.44 QT
4	38628 IAZ	Ho, So Wai	17	Hoi Tin	17:37.39 QT
5	29902 B	Lam, Cheuk Ue Natalie	21	Happy Valley	17:38.67 QT
6	31301 IAZ	To, Wing Yan	19	Happy Valley	18:02.29 QT
7	41875 IAZ	Li, Hei Man	14	Sword Fish Club	19:20.00 QT
Heat 2 of 2 Timed Finals					
0	44386	Li, Yu Qing	15	Win Tin	17:33.35 QT
1	40963 IAZ	Chung, Wing Yee Sessie	14	Hoi Tin	17:24.48 QT
2	38627 IAZ	Ho, So Yu	17	Hoi Tin	17:18.74 QT
3	18545 IAZ	Lam, Pac Tung Nikita	25	Happy Valley	17:05.77 QT
4	19207 B	Nip, Tsz Yin	25	Eastern Winter	16:40.76 QT
5	36944 B	Chan, Yi Lok	15	Win Tin	17:00.39 QT
6	32098 B	Ma, Tsz Tsing Ashley	17	Hoi Tin	17:07.65 QT
7	31657 IAZ	Chan, Lok Mei	17	Hoi Tin	17:22.44 QT
8	37874 IAZ	Choi, Hiu Ying	15	Hoi Tin	17:28.66 QT
9	38394 B	Yeung, Tin Wing	14	Hoi Tin	17:35.53 QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025

Meet Program - Day 1

Event 40 Mixed 4x100 LC Meter Freestyle Relay

HKR: 3:31.13 Hong Kong Team
 MR: 3:37.67 Hoi Tin Athletic Association
 4:33.07 QT Qualifying Time

Meet Qualifying: 4:33.07

Lane	Team	Relay	Seed Time
Heat 1 of 1 Timed Finals			
0	Kwun Tong Swimming Club	A	4:33.07 QT
1	Tuen Mun Swimming Associat	A	4:11.25 QT
2	South China Athletic Assn	A	3:56.45 QT
3	Chi Pui Swimming Club Ltd	A	3:42.98 QT
4	Hoi Tin Athletic Assn Ltd	A	3:41.38 QT
5	Win Tin Swimming Club	A	3:42.64 QT
6	Pacific Swimming Club	A	3:48.54 QT
7	White Dolphin Sport Assn	A	3:59.03 QT
8	Hong Kong Island Stingrays	A	4:33.07 QT
9	Sea Lion Aqua Club Limited	A	4:33.07 QT

Event 2 Men 1500 LC Meter Freestyle

HKR: 15:38.76 CHEUK Ming Ho, CPS
 JR: 16:00.66
 WCA: 15:01.89
 WCB: 15:33.46
 MR: 15:21.60 HAO Yun, CHN
 18:20.31 QT Qualifying Time

Meet Qualifying: 18:20.31

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 6 Timed Finals					
3	46068 B	Akande, Asher Oloruntoba	15	Win Tin	18:20.31 QT
4	39328 IAZ	Yau, Shing Ho	18	Compass	18:20.31 QT
5	50683 @IAZ	Leng, Chon Kuo	13	Kowloon City	18:20.31 QT
Heat 2 of 6 Timed Finals					
0	46435 B	Chong, Cheuk Yin	13	Tai PO	18:16.60 QT
1	44269 #B	Sum, Wai Chong	13	Hoi Tin	18:11.05 QT
2	43164 B	Lee, Pak Kiu	15	Dik Wing	18:05.11 QT
3	40111 B	Wong, Yik Man Mike	14	South China	17:58.71 QT
4	35804 IAZ	Tong, Ching Wa	19	Pacific	17:45.28 QT
5	46984 IAZ	Wong, Pak Wai	15	Pacific	17:57.16 QT
6	35347 #IAZ	Leung, Chak Wai Adrian	16	Pacific	18:01.39 QT
7	43393 IAZ	Lam, Cheuk Hang	13	Hoi Tin	18:07.28 QT
8	46806 IAZ	Yao, Wei Hao	16	Hoi Tin	18:15.19 QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025**Meet Program - Day 1****Heat 3 Timed Finals... (Event 2 Men 1500 LC Meter Freestyle)**

0	46564 IAZ	Hon, Man Sing	13 Hoi Tin	17:40.98	QT
1	39576 #B	Chan, Pak Yu	14 Chi Pui	17:38.54	QT
2	40460 IAZ	Zhao, Oscar	15 Hoi Tin	17:30.79	QT
3	44966 IAZ	Kwok, Long Yin Elden	13 Chi Pui	17:28.29	QT
4	40882 B	Lee, Chung Hei Aiden	14 Hoi Tin	17:17.54	QT
5	43427 IAZ	Lam, Kayden	13 Chi Pui	17:19.59	QT
6		Hung, Chien-Yu	15 Chinese Taipei	17:30.00	QT
7	42625 B	He, Yu Hao	14 Chi Pui	17:37.73	QT
8	42051 B	Chung, Jose Tian Lang	14 Win Tin	17:39.03	QT
9	43394 IAZ	Lam, Cheuk Yin	13 Hoi Tin	17:42.10	QT

Heat 4 of 6 Timed Finals

0	35258 B	Cheung, Man Ho	14 Sea Lion	17:11.78	QT
1	42571 IAZ	Li, Yue Kun	13 Hoi Tin	17:10.09	QT
2	38725 B	Hong, Yan Shek	15 Pacific	17:07.04	QT
3	42008 B	Law, Tsz Lok	13 Win Tin	17:00.19	QT
4	39571 IAZ	Cheung, Chi Daniel	16 Sun Yip	16:58.77	QT
5	43918 @IAZ	Chui, Ue Haang	14 White Dolphin	16:59.40	QT
6	43919 IAZ	Chui, Hoi Haang	17 White Dolphin	17:03.88	QT
7	47679 B	Tsui, Ka Hei	14 Sun Yip	17:09.96	QT
8	44603 IAZ	Yam, Jasper Pak Yin	16 South China	17:11.70	QT
9	40757 IAZ	To, Hiu Fung	15 Hoi Tin	17:13.85	QT

Heat 5 of 6 Timed Finals

0	38496 IAZ	Lam, Lang Kai	16 Chi Pui	16:49.56	QT
1	39574 B	Lau, Yi Fung	15 Sun Yip	16:39.44	QT
2		Liao, Wu-Kuang	14 Chinese Taipei	16:35.00	QT
3	40104 B	Cheung, Yung	14 White Dolphin	16:30.09	QT
4	45472 B	Yeung, Tsz Ho	13 HK Sportworld	16:24.88	QT
5	39573 B	Lee, Chak Fung Jaiden	16 Hoi Tin	16:26.01	QT
6	48286 IAZ	Muller, Ethan	17 South China	16:33.91	QT
7	32095 B	Lau, Chor Tik	15 Win Tin	16:35.09	QT
8	03439 IAZ	Sin, Chin Ting Keith	30 South China	16:46.82	QT
9	36895 B	Lo, Kei Hon Andre	16 Hoi Tin	16:50.73	QT

Heat 6 of 6 Timed Finals

0	22961 B	Chan, Tsun Hin	20 White Dolphin	16:21.28	QT
1	48418 #IAZ	Liao, Zitong	15 Chi Pui	16:16.17	QT
2	29043 B	Tsang, Lok Hei	21 Sun Yip	15:53.05	QT
3	33922 P	So, Kwun Wa	17 White Dolphin	15:41.16	QT
4	29257 B	He, Shing Ip	19 Chi Pui	15:20.20	QT
5	48237 IAZ	Wang, Yi Shun	17 Chi Pui	15:22.38	QT
6	29884 B	Kwong, Jacob Yat Nam	18 Win Tin	15:45.78	QT
7	37663 IAZ	Yan, Kyle	16 Hoi Tin	16:11.94	QT
8	35931 B	Lam, Marcus Pak Hei	15 Win Tin	16:17.87	QT
9	50769 #@^ICX	Sun, Maokun	13 Win Tin	16:21.49	QT



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Meet Program

Event 3 Women 200 LC Meter Freestyle

HKR: 1:53.92 HAUGHEY Siobhan Bernadette,SCA

JR: 1:59.77

WCA: 1:58.23

WCB: 2:02.37

MR: 1:56.47

HAUGHEY Siobhan Bernadette

SCA

2:19.97 QT Qualifying Time

Meet Qualifying: 2:19.97

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3		Liu, Zi-Chuan	11	Chinese Taipei	2:19.97 QT
4	46200 IAZ	Kwong, Hoi Yee Phoebe	12	Tai PO	2:19.35 QT
5	47250 IAZ	Fong, Wing Tung	11	Long Fame	2:19.97 QT
Heat 2 of 5 Prelims					
1	47484 IAZ	Bao, Sum Yi Lucinda	13	Win Tin	2:18.34 QT
2	42912 IAZ	Tse, Lai Yiu	15	White Dolphin	2:15.28 QT
3		Phang, Jovanka P	14	Indonesia	2:14.44 QT
4	40824 P	Robertson, Claire Mei	17	Island Stingrays	2:12.99 QT
5	41234 B	Chan, Jacaranda Yik Naam	12	Hoi Tin	2:13.10 QT
6	45986 IAZ	Wong, Cheuk Ying Siena	13	Win Tin	2:14.53 QT
7	42704 @P	Krkalo, Mila Sofia	14	Island Stingrays	2:15.35 QT
8	47272 IAZ	Man, Harmony Valentina	13	Pacific	2:19.23 QT
Heat 3 of 5 Prelims					
0	44674 B	Wan, Ching Yiu Iris	13	Tai PO	2:11.68 QT
1	37874 IAZ	Choi, Hiu Ying	15	Hoi Tin	2:08.38 QT
2	38217 IAZ	Yan, Ellie	15	Hoi Tin	2:06.32 QT
3	35932 B	Wong, Sze Laam Serena	15	Win Tin	2:04.23 QT
4	44386	Li, Yu Qing	15	Win Tin	2:00.92 QT
5	40949 #B	Sum, Yi Man	14	Hoi Tin	2:02.85 QT
6		Wei, Tsu-Ning	16	Chinese Taipei	2:05.50 QT
7	37875 B	Chan, Yuk Yan	16	Hoi Tin	2:07.49 QT
8	36011 B	Law, Hang Ue Anastasia	19	Hoi Tin	2:10.69 QT
9	45531 #IAZ	Zhong, Sin Yiu	13	Marlins	2:12.87 QT
Heat 4 of 5 Prelims					
0	44554 B	Lee, Wing Sze	15	Hoi Tin	2:11.57 QT
1		Liu, Jia-Yin	14	Chinese Taipei	2:08.00 QT
2	18545 IAZ	Lam, Pac Tung Nikita	25	Happy Valley	2:06.08 QT
3		Chen, Szu-An	24	Chinese Taipei	2:04.00 QT
4	32098 B	Ma, Tsz Tsing Ashley	17	Hoi Tin	2:00.92 QT
5	31841 IAZ	Ng, Lai Wa	19	Hoi Tin	2:02.07 QT
6		Chang, Xi-Xuan	18	Chinese Taipei	2:05.00 QT
7	45628 IAZ	Chan, Pui Ka	13	White Dolphin	2:07.26 QT
8	38394 B	Yeung, Tin Wing	14	Hoi Tin	2:09.97 QT
9	42458 IAZ	Hon, Tsz Tung	15	Hoi Tin	2:11.77 QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025**Meet Program****Heat 5 Prelims... (Event 3 Women 200 LC Meter Freestyle)**

0		Patrice, Euginia Fauzi	14	Indonesia	2:10.88	QT
1	39531 B	Lee, Hoi Lam	15	Win Tin	2:07.56	QT
2	39706 B	Yip, Tsz Laam	15	White Dolphin	2:05.65	QT
3	29449 B	Leung, Wing Tsun Rachel	18	Win Tin	2:03.35	QT
4	42490	Wang, Xin Tong	16	Win Tin	2:00.06	QT
5	42134 IAZN	Tang, Kai Ting	15	Hoi Tin	2:01.88	QT
6	31657 IAZ	Chan, Lok Mei	17	Hoi Tin	2:04.70	QT
7		Liao, Yi-Ching	17	Chinese Taipei	2:07.00	QT
8	23856 B	Leung, Ka Ching	21	Hoi Tin	2:08.92	QT
9	33979 IAZ	Liu, Hei Yu	15	White Dolphin	2:11.72	QT

Event 4 Men 100 LC Meter Freestyle

HKR: 49.15 CHEUK Ming Ho, CPS

JR: 51.24

WCA: 48.34

WCB: 50.03

MR: 49.33

TO Kenneth King Him, LWS

55.38 QT Qualifying Time

Meet Qualifying: 55.38

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
1	37746 @P	Qiu, Junhao	16	Island Stingrays	55.38	QT
2	39042 B	Cheung, Cheuk Fan	15	North District	55.38	QT
3	36457 B	Wong, Kaden Lok Fung	16	Hoi Tin	55.38	QT
4	30192 B	Whittington, Peter Harry	21	Dali Swimming Club	55.38	QT
5	56618 IAO	Tsang, Finlay Chi Yin	18	South China	55.38	QT
6	37574 P	Chen, Eric Q	16	Island Stingrays	55.38	QT
7	41692 P	Hong, Eric Mingze	16	Island Stingrays	55.38	QT
8		Samosir, Michael Xander	14	Indonesia	55.38	QT
Heat 2 of 5 Prelims						
0		Chau, Hou Cheng	17	Macau	55.24	QT
1		Wardhana, Mika K	17	Indonesia	54.82	QT
2		Chan, Hou Wa	16	Macau	54.54	QT
3		Wang, Hsueh-Kuan	21	Chinese Taipei	53.53	QT
4	37757 B	Cheng, Pak Ho	17	HK Sportworld	53.19	QT
5	34490 B	Chen, Yuxuan	16	Chi Pui	53.36	QT
6	44981 @^P	Abou Ghannam, Karl	18	South China	53.85	QT
7	45426 IAZ	Ng, Dik Him	16	Superstar	54.77	QT
8		Lan, Wen Li	17	Chinese Taipei	55.00	QT
9		Ip, Cheok Him	16	Macau	55.38	QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025

Meet Program

Heat 3 Prelims... (Event 4 Men 100 LC Meter Freestyle)

0		Wu, Jhao-Ci	15	Chinese Taipei	52.47	QT
1	33435 IAZ	Siu, To	19	Dali Swimming Club	51.88	QT
2	35022 IAZ	Ip, Ali	18	Tai PO	51.48	QT
3	36913 IAZ	Cheng, Cheuk Chi George	17	Dali Swimming Club	51.03	QT
4		Wang, Kuan-Hung	23	Chinese Taipei	49.80	QT
5	49455 IAZ	Cai, Qi Hong	18	Chi Pui	50.14	QT
6	36085 B	Hui, Yik Kiu	17	Chi Pui	51.37	QT
7	32042 IAZ	Lee, Jia Jun Jody George	19	South China	51.74	QT
8		Jhnag, You-Wei	16	Chinese Taipei	51.99	QT
9	33608 IAZN	Wan, Chun Lim	19	Pacific	53.13	QT

Heat 4 of 5 Prelims

0	36157 IAZ	Loo, Tsz Chung Berry	17	Dik Wing	52.46	QT
1	42311 IAZ	Yu, Chi Lung	17	Pacific	51.77	QT
2	35258 B	Cheung, Man Ho	14	Sea Lion	51.45	QT
3	32248 B	Li, Sing Hoi	20	Win Tin	50.25	QT
4	30499 IAO	Chan, Nathan	22	Dik Wing	49.20	QT
5	35292 P	Yu, Dongqi	17	Hoi Tin	49.84	QT
6	21248 B	Lau, Ping Chi	22	Hoi Tin	51.07	QT
7	31077 B	Lo, Man Kit	21	Sword Fish Club	51.73	QT
8	37083 P	Kwan, Nicholas	17	Tai PO	51.98	QT
9		Ng, Chi Hin	19	Macau	52.98	QT

Heat 5 of 5 Prelims

0	43212 B	Tsang, Pak Kiu	15	Sun Yip	52.40	QT
1	30733 B	Lai, King Wo	18	Win Tin	51.74	QT
2		Lin, Yi-Cheng	17	Chinese Taipei	51.40	QT
3	22824 IAZ	Wong, Lok Kan	21	Hoi Tin	50.15	QT
4	25254 B	Ho, Siu Lun	21	Dali Swimming Club	49.00	QT
5	06697 B	Koo, Ralph Yat Ho	27	Hoi Tin	49.84	QT
6		Septionus, Samuel M	17	Indonesia	51.03	QT
7	41900 B	Han, Pak Kiu	15	Hoi Tin	51.65	QT
8	35393 B	Law, Lok Hei	18	Win Tin	51.91	QT
9		Hsiao, Yung-Chi	24	Chinese Taipei	52.80	QT

Event 5 Women 100 LC Meter Breaststroke

HKR:	1:05.92	HAUGHEY Siobhan Bernadette,SCA
JR:	1:09.38	
WCA:	1:06.87	
WCB:	1:09.21	
MR:	1:08.66	LIN Pei Wun, TPE
	1:23.48	QT Qualifying Time

Meet Qualifying: 1:23.48

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
2	56625 IAZ	Chen, Yim Claire	15	Chi Pui	1:23.48 QT
3	47157 IAZ	Wong, Pui Yiu	12	Tuen Mun	1:23.31 QT
4	47579 @P	Furuta, Lia	14	Island Stingrays	1:22.34 QT
5	43397 IAZ	Lan, Jacey Laura	13	Jockey Club	1:22.57 QT
6	45709 IAZ	Chan, Anna Brontie	13	Jockey Club	1:23.48 QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025**Meet Program****Heat 2 Prelims... (Event 5 Women 100 LC Meter Breaststroke)**

0	45764 B	Kong, Tsz Ching	13	Dik Wing	1:21.34	QT
1	43672 P	Yung, Tsz Zeon	11	Hoi Tin	1:20.56	QT
2	46244 B	Li, Man Wai Mavis	11	HK Sportworld	1:19.91	QT
3	39484 #IAZ	Ho, Taylor Lei	15	Jockey Club	1:19.18	QT
4	43574 P	Au, Tsz Yu Chloe	14	Hoi Tin	1:18.67	QT
5	47072 #IAZ	Foo, Hoi Yu	14	Tai PO	1:18.76	QT
6	49708 B	Chan, Wing Vanessa	11	Tai PO	1:19.23	QT
7	48850 B	Lam, Tsz Kei	12	Tai PO	1:20.37	QT
8	48170 IAZ	Choi, Hei Yi	13	Tai PO	1:21.23	QT
9	39904 #IAZ	Ho, Tess Lauren	17	Jockey Club	1:22.28	QT

Heat 3 of 5 Prelims

0	43778 IAZ	Lee, Rianne	14	White Dolphin	1:16.81	QT
1		Wei, Yu-Syuan	16	Chinese Taipei	1:16.00	QT
2		Wu, Pei Yun	16	Chinese Taipei	1:14.57	QT
3	46308 IAZ	So, Hei Shun	14	Kwun Tong	1:12.18	QT
4	48950 P	Gao, Jialian Candice	13	Chi Pui	1:10.83	QT
5		Li, Jia-Shiun	18	Chinese Taipei	1:11.72	QT
6		Liu, Pin-Chen	16	Chinese Taipei	1:13.00	QT
7	46320 @ICO	Bennett, Alyvia Paige	17	Island Stingrays	1:15.68	QT
8		Kuok, Karis Hei Cheng	12	Macau	1:16.49	QT
9	46111 B	Chau, Pak Yu	13	Tai PO	1:18.37	QT

Heat 4 of 5 Prelims

0	48490 B	Yang, Tsz Yu	13	Tai PO	1:16.81	QT
1	48559 IAZ	Yeung, Ho Yuet	13	Hoi Ngai	1:15.95	QT
2	50134 IAZN	Wu, Melody	16	South China	1:14.21	QT
3		Hsieh, Pei-Chia	18	Chinese Taipei	1:12.00	QT
4	33742 IAZ	Lam, Chelsie	17	Dali Swimming Club	1:09.49	QT
5	39592 IAZ	Sng, Yan Megan	20	Dik Wing	1:11.41	QT
6	38528 B	Lam, Tsz Ying	14	Hoi Tin	1:12.90	QT
7	39149 IAZ	Xing, Yina	14	Happy Valley	1:15.55	QT
8	44742 IAZ	Ho, Michelle Yan Sin	13	White Dolphin	1:16.10	QT
9	46253 #@P	Lutz, Gabriella Chelsea	14	Win Tin	1:18.13	QT

Heat 5 of 5 Prelims

0	48088 IAZ	Wang, Ching Yee	12	Happy Valley	1:16.56	QT
1	41015 B	Yao, Megan Samantha	15	South China	1:15.82	QT
2	34467 B	Chan, Tsz Ching	19	Sea Lion	1:14.08	QT
3	51952 IAZN	Shi, Ziwen	15	Flying Dragon	1:11.82	QT
4	29060 IAZ	Lam, Hoi Kiu	21	Hoi Tin	1:08.32	QT
5	38411 B	Yung, Tsz Ching	14	Hoi Tin	1:10.94	QT
6	38297 IAX	Cheung, Hau Wing	17	Lai WA	1:12.53	QT
7		Liu, Xin-Yu	13	Chinese Taipei	1:15.00	QT
8	43099 IAZ	Ng, Hoi Ching	16	Win Tin	1:16.02	QT
9		Karamoy, Eunike Aluna	13	Indonesia	1:16.82	QT



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Meet Program

Event 6 Men 50 LC Meter Breaststroke

HKR: 27.64 MAK Sai Ting Adam, HTA
 JR: 28.83
 WCA: 27.33
 WCB: 28.29
 MR: 28.15 CHAO Man Hou, MAC
 32.66 QT Qualifying Time

Meet Qualifying: 32.66

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 7 Prelims					
2		Fok, Cheng Tong	13	Macau	32.66 QT
3	56618 IAO	Tsang, Finlay Chi Yin	18	South China	32.66 QT
4	37574 P	Chen, Eric Q	16	Island Stingrays	32.66 QT
5	43478 P	Mok, Jun Yan	16	LRC	32.66 QT
6	54976 IAZ	Lee, Chun Ho	20	Winner	32.66 QT
Heat 2 of 7 Prelims					
0	47073 @IAX	Yuen, Sze Chai Spenser	13	Winner	32.61 QT
1	39425 B	Tang, Tsz Hei	14	Juan Hua Club	32.58 QT
2	46151 #IAZ	Yang, Rui Xuan Ethan	15	Hoi Tin	32.28 QT
3	53242 IAZ	Lau, Chi Hang Ian	16	Selective	32.02 QT
4	46259 IAZ	Tang, Chun Fan	17	Superstar	31.95 QT
5	43281 IAZ	Chan, Chak Alfred	14	HK Sportworld	32.00 QT
6	46409 IAZ	Wang, Zi Ran	15	Island Stingrays	32.22 QT
7		Huang, Bo-Ruei	15	Chinese Taipei	32.58 QT
8		Laksmana, Matteo	13	Indonesia	32.59 QT
9	51826 B	Yang, Hon Kwan	12	HK Sportworld	32.66 QT
Heat 3 of 7 Prelims					
0	32426 IAZ	Lam, Tsz Yeung YY	17	Dik Wing	31.60 QT
1	44687 #B	Fung, Jeffrey	16	HK Sportworld	31.44 QT
2	37181 IAZ	Yu, Ming Hei	17	Pacific	31.33 QT
3	44981 @^P	Abou Ghannam, Karl	18	South China	31.22 QT
4	39500 IAZ	Lau, Tin Long	16	Kwun Tong	31.07 QT
5	45634 IAZ	Chan, Cheuk Hin	16	Marlins	31.21 QT
6	41592 B	Hui, Hon Anson	18	Win Tin	31.29 QT
7	40739 IAZ	Yu, Tsz Hei	15	White Dolphin	31.37 QT
8	31214 IAZ	Yip, Joshua	18	South China	31.59 QT
9	39933 B	Chan, Leong Medwin	15	HK Sportworld	31.70 QT
Heat 4 of 7 Prelims					
0	41023 B	Wan, Ho Long	17	Pacific	31.03 QT
1	46396 IAZ	Yang, Zi Le	16	Tai PO	30.72 QT
2	32099 B	Ng, Wai Ting	17	Win Tin	30.64 QT
3	48707 #@IAX	Wong, Kwan Ngai Johnny	13	Tai PO	30.44 QT
4	49934 IAZ	Wang, Cloud	15	South China	30.35 QT
5		Huang, Pin-Ruei	16	Chinese Taipei	30.38 QT
6		Chen, You-Jia	15	Chinese Taipei	30.50 QT
7		Lin, Tzu-Yuan	17	Chinese Taipei	30.67 QT
8	34714 B	Chan, Chi Kit Javen	16	Win Tin	30.94 QT
9	38206 IAZ	Cheung, Pang Cho	18	Kwun Tong	31.04 QT



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Meet Program

Heat 5 Prelims... (Event 6 Men 50 LC Meter Breaststroke)

0	45922 ICX	Fu, Enze	16	Chi Pui	29.99	QT
1	25050 B	Kung, Lok Sum	21	Tai PO	29.65	QT
2		Wu, Ruei Yu	16	Chinese Taipei	29.00	QT
3	32095 B	Lau, Chor Tik	15	Win Tin	28.57	QT
4	25379 B	Mak, Sai Ting Adam	19	Hoi Tin	27.98	QT
5		Chao, Man Hou	29	Macau	28.36	QT
6		Shih, Shu-Wei	17	Chinese Taipei	28.80	QT
7		Wang Tsai, Cheng-Chih	16	Chinese Taipei	29.50	QT
8	39328 IAZ	Yau, Shing Ho	18	Compass	29.87	QT
9	36805 B	Chan, Leong To	15	Hoi Tin	30.10	QT

Heat 6 of 7 Prelims

0	33109 B	Seeto, Shun Yin	19	Keung Sung	29.92	QT
1	40651 P	Leung, Tsz Ming	15	White Dolphin	29.65	QT
2	33495 IAZ	Wan, Siu Chun	20	Tai PO	28.87	QT
3		Chang, Chaio-I	18	Chinese Taipei	28.50	QT
4	22413 IAZ	Lee, Shing Yan	22	Hoi Tin	27.63	QT
5	28535 B	Law, Tsz Hin	22	Hoi Tin	28.11	QT
6	32738 IAZ	Man, Ho Him	19	Lai WA	28.74	QT
7	29849 B	Yeung, Cheuk Hay Hayden	19	Chi Pui	29.42	QT
8	36592 B	Lau, Ka Long	16	Hoi Tin	29.80	QT
9	29306 B	Cheng, Hoi Kei	20	White Dolphin	30.02	QT

Heat 7 of 7 Prelims

0	41024 B	Li, Matthew	17	HK Sportworld	29.92	QT
1	32214 B	Wong, Sum Lam	17	White Dolphin	29.61	QT
2	31822 B	Lau, Ming Yui	19	Lai WA	28.82	QT
3	29699 IAZ	Fong, Ka Yu	23	White Dolphin	28.45	QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	20	Win Tin	27.46	QT
5		Wu, Yu-Chia	17	Chinese Taipei	28.00	QT
6	36314 IAZ	Mok, Long Sum	16	Lai WA	28.68	QT
7		Li, Yun Che	15	Chinese Taipei	29.00	QT
8	33716 B	Chan, Ngai Cheung	20	Tuen Mun	29.68	QT
9	56474 IAZN	Chan, Cheuk Ting	10	White Dolphin	30.02	QT

Event 7 Women 100 LC Meter Butterfly

HKR:	58.12	HAUGHEY Siobhan Bernadette,SCA
JR:	1:00.54	
WCA:	58.33	
WCB:	1:00.37	
MR:	58.89	YEUNG Hoi Ching, TPS
	1:13.26	QT Qualifying Time

Meet Qualifying: 1:13.26

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
3	31707 #B	Tung, Sze Mang	17	Chi Pui	1:13.26 QT
4	41016 @IAX	An, Chengcheng	14	Kwan Hung	1:13.26 QT
5	41671 IAZ	Ma, Wai Yan	17	Csu	1:13.26 QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025**Meet Program****Heat 2 Prelims... (Event 7 Women 100 LC Meter Butterfly)**

0	41017 IAZ	Ho, Chiu Man Rachel	14	Kwan Hung	1:13.26	QT
1	37601 B	Cheung, Hoi Man	17	Winner	1:07.67	QT
2	38537 B	Chung, Wing Sum Hazel	16	HK Sportworld	1:05.01	QT
3		Lin, Tsu-Yun	15	Chinese Taipei	1:03.50	QT
4	35932 B	Wong, Sze Laam Serena	15	Win Tin	1:01.06	QT
5	31301 IAZ	To, Wing Yan	19	Happy Valley	1:02.96	QT
6	36827 IAZ	Wong, Anthea Ching Wun	22	Island Stingrays	1:03.74	QT
7	38714 IAZ	Au, Hoi Sin	17	Kwun Tong	1:05.72	QT
8	38967 B	Gao, Elva	15	Hoi Tin	1:09.95	QT

Heat 3 of 4 Prelims

0	46070 #IAZN	Lee, Long Ching Sunshine	12	Pacific	1:12.18	QT
1	51429 #IAZ	Hao, Merlynn	12	Tai PO	1:07.40	QT
2	45411 #B	Ding, Tian	13	Happy Valley	1:04.69	QT
3	28108 B	Seeto, Wai Ching	20	Keung Sung	1:03.22	QT
4	29449 B	Leung, Wing Tsun Rachel	18	Win Tin	1:00.68	QT
5	32326 B	Mok, Sze Ki	18	Hoi Tin	1:02.12	QT
6	42151 IAZ	Lai, Cheuk Ling Maris	13	Happy Valley	1:03.58	QT
7	38028 B	Leung, Evelyn Yi	16	Tai PO	1:05.56	QT
8	40096 IAZ	Lee, Ho Ching	15	Keung Sung	1:08.89	QT
9	55502 @IM	Lin, Jiaqin	13	Pacific	1:13.26	QT

Heat 4 of 4 Prelims

0	43249 B	Chan, Hiu Laam	17	Tuen Mun	1:12.10	QT
1	42912 IAZ	Tse, Lai Yiu	15	White Dolphin	1:06.76	QT
2	44988 @P	Koh, Li Wen Ashley	17	South China	1:04.40	QT
3	53037 @^ICX	Sun, Qimiao	14	Chi Pui	1:03.14	QT
4	20540 IAZ	Kan, Cheuk Tung Natalie	23	Hoi Tin	59.55	QT
5		Hung, Yu-Shan	17	Chinese Taipei	1:01.70	QT
6		Wang, Min-Zhi	16	Chinese Taipei	1:03.50	QT
7	45894 #IAZ	Yu, Kok Yiu Khloe	14	Kwun Tong	1:05.22	QT
8	45571 B	Chan, Hei Ching	13	Hoi Ngai	1:08.12	QT
9	51789 #@P	Hao, Ailynn	10	Tai PO	1:13.26	QT



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Meet Program

Event 8 Men 400 LC Meter IM

HKR: 4:26.54

WHITTINGTON, Peter Harry, DLS

JR: 4:32.42

WCA: 4:17.48

WCB: 4:26.49

MR: 4:15.86

WANG Hsing Hao, TPE

5:19.19

QT Qualifying Time

Meet Qualifying: 5:19.19

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
1	43393 IAZ	Lam, Cheuk Hang	13	Hoi Tin	5:19.19 QT
2	48157 B	Yiu, Chi Him	14	Win Tin	5:14.30 QT
3	45225 IAZ	Leung, Evan Kam Yin	14	Tai PO	5:12.92 QT
4	40111 B	Wong, Yik Man Mike	14	South China	5:10.61 QT
5	47416 IAZ	Yip, Wing Hang	13	Chi Pui	5:12.70 QT
6	43394 IAZ	Lam, Cheuk Yin	13	Hoi Tin	5:13.07 QT
7		Sun, Chong Ian	14	Macau	5:17.86 QT
Heat 2 of 4 Prelims					
0	46806 IAZ	Yao, Wei Hao	16	Hoi Tin	5:10.17 QT
1		Fok, Cheng Tong	13	Macau	5:08.00 QT
2	44966 IAZ	Kwok, Long Yin Elden	13	Chi Pui	5:05.28 QT
3	44144 B	Leung, Kai Lok Kyle	15	Chi Pui	5:03.15 QT
4	40882 B	Lee, Chung Hei Aiden	14	Hoi Tin	4:53.65 QT
5	39576 #B	Chan, Pak Yu	14	Chi Pui	5:02.13 QT
6	48681 #IAZ	Ho, James On	15	Island Stingrays	5:03.88 QT
7	35347 #IAZ	Leung, Chak Wai Adrian	16	Pacific	5:05.92 QT
8	33829 IAO	Ko, Harry Hing	17	South China	5:09.08 QT
9	44269 #B	Sum, Wai Chong	13	Hoi Tin	5:10.44 QT
Heat 3 of 4 Prelims					
0	38725 B	Hong, Yan Shek	15	Pacific	4:50.93 QT
1	36895 B	Lo, Kei Hon Andre	16	Hoi Tin	4:44.72 QT
2	39277 B	Fung, Ho Chun	17	Chi Pui	4:40.86 QT
3	38539 B	Chan, Wah Royce	17	HK Sportworld	4:35.05 QT
4	36547 IAZ	Wong, Yik Yan Sean	18	South China	4:27.03 QT
5	29043 B	Tsang, Lok Hei	21	Sun Yip	4:29.73 QT
6	29884 B	Kwong, Jacob Yat Nam	18	Win Tin	4:38.74 QT
7	44135 B	So, Chun Hei	16	Kwun Tong	4:42.41 QT
8	33608 IAZN	Wan, Chun Lim	19	Pacific	4:48.64 QT
9	38496 IAZ	Lam, Lang Kai	16	Chi Pui	4:52.22 QT



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Meet Program

Heat 4 Prelims... (Event 8 Men 400 LC Meter IM)

0	40460 IAZ	Zhao, Oscar	15	Hoi Tin	4:49.29	QT
1	40879 IAZ	Chen, Zheng Xuan Jason	13	Hoi Tin	4:42.68	QT
2		Wu, Zhen-Xiang	16	Chinese Taipei	4:40.00	QT
3	40455 IAZ	Lam, Wai Lok	16	Sun Yip	4:32.86	QT
4		Fu, Kun-Ming	20	Chinese Taipei	4:26.94	QT
5	30192 B	Whittington, Peter Harry	21	Dali Swimming Club	4:28.46	QT
6	34506 B	Yu, Shing Hin	17	Win Tin	4:37.10	QT
7	41422 B	Yick, Sum Kiu	15	Sea Lion	4:42.22	QT
8	35145 IAZ	Liu, Siu Fung	17	Chi Pui	4:47.00	QT
9	44353 IAZ	Leung, Cheuk Hong	14	Hoi Tin	4:51.17	QT

Event 9 Women 50 LC Meter Backstroke

HKR:	27.98	AU Hoi Shun Stephanie, DWA
JR:	29.12	
WCA:	28.22	
WCB:	29.21	
MR:	28.49	AU Hoi Shun Stephanie, DWA
	33.77	QT Qualifying Time

Meet Qualifying: 33.77

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
3	41017 IAZ	Ho, Chiu Man Rachel	14	Kwan Hung	33.77	QT
4	42705 P	Krkalo, Eva Katarina	16	Island Stingrays	33.53	QT
5	47547 #IAZ	Yeung, Cheuk Yiu	13	Tai PO	33.77	QT
Heat 2 of 4 Prelims						
0	46111 B	Chau, Pak Yu	13	Tai PO	32.93	QT
1	41421 IAZ	Leung, Wing Tung	14	Sea Lion	31.40	QT
2		Cheng, Yen-Yun	15	Chinese Taipei	30.50	QT
3	36936 IAZ	Ho, Pui Yan	15	Win Tin	29.76	QT
4		Wu, Yi-En	20	Chinese Taipei	29.00	QT
5	28897 IAZ	Loo, Tsz Ki Cherrie	21	Dik Wing	29.43	QT
6	36963 IAZ	Chan, Mei Yan	16	Tai PO	30.11	QT
7	47577 @ICX	Lin, Kunyi	15	Esf	31.07	QT
8	43817 IAZ	Kwok, Hoi Ching	14	Tai PO	32.26	QT
Heat 3 of 4 Prelims						
0	40602 P	Kwon, Sowon	16	Island Stingrays	32.88	QT
1	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	13	Jockey Club	31.35	QT
2		Wei, Tsu-Ning	16	Chinese Taipei	30.30	QT
3	33947 #IAZ	Chan, Hin Yau	18	HK Sportworld	29.65	QT
4		Li, Pei-Hsuan	18	Chinese Taipei	29.00	QT
5	38813 IAZN	Wong, Yuen Ching	15	Hoi Tin	29.37	QT
6	46124 IAZ	Mathis, Kayla J	14	Tai PO	30.11	QT
7	54556 ICX	Liu, Yu Han	16	Chi Pui	30.68	QT
8	41265 B	Li, Elizabeth	15	South China	31.83	QT
9	40117 IAZ	Chan, Kalila	14	South China	33.17	QT



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Meet Program

Heat 4 Prelims... (Event 9 Women 50 LC Meter Backstroke)

0	46287 @P	Lu, Chang	14	South China	32.60	QT
1	37038 IAZ	Chan, Yin Yan	17	Hoi Tin	31.07	QT
2	35345 B	Ho, Tin Wing	15	Hoi Tin	30.21	QT
3	25098 B	Fung, Suet Ying Chloe	20	Kowloon Tong Club	29.53	QT
4	36321 B	Cheung, Sum Yuet Cindy	19	Tai PO	27.79	QT
5	35455 B	Poon, Lok Yan	17	Chi Pui	29.01	QT
6	33764 IAZ	Tai, Yung Ching Emmy	17	Dik Wing	30.08	QT
7	35752 B	Li, Cheuk Yiu	15	Hoi Tin	30.57	QT
8	37596 P	Sandeen, Audrey Elizabeth	17	Island Stingrays	31.42	QT
9	46175 IAZ	Tang, Sum Wing Gladys	12	Dik Wing	32.96	QT

Event 10 Men 100 LC Meter Backstroke

HKR:	55.51	KWAN Hayden, PSC
JR:	57.73	
WCA:	53.94	
WCB:	55.83	
MR:	54.54	CHUANG Mu Lun, TPE

1:07.39 QT Qualifying Time

Meet Qualifying: 1:07.39

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
0		Han, Hsin-Jui	13	Chinese Taipei	1:07.00	QT
1	44456 IAZ	Wijono, Colin	15	South China	1:06.49	QT
2	54295 #B	Yeung, Cheuk Hong Matthew	11	Dali Swimming Club	1:05.96	QT
3	50693 IAZ	Chong, Chi Chian Nicholas	15	South China	1:05.92	QT
4	50162 IAZ	Kim, Yo Hann	14	Chi Pui	1:05.71	QT
5		Ng, Mou Tong	14	Macau	1:05.74	QT
6	43631 IAZ	Yip, Long Hei	17	Dali Swimming Club	1:05.96	QT
7	46119 B	Hsieh, Kurtis Yi Hon	12	Tai PO	1:06.28	QT
8	44682 IAZ	Wan, Wui Bun	13	Pacific	1:06.93	QT
Heat 2 of 5 Prelims						
0	30198 B	Lam, Cheuk Fung	18	Tai PO	1:04.71	QT
1	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	1:04.44	QT
2	34715 B	Chan, Chi Ho Steven	16	Win Tin	1:03.47	QT
3	40881 IAZN	Ray-smith, Henry Joseph Evel	14	Hoi Tin	1:02.94	QT
4	43427 IAZ	Lam, Kayden	13	Chi Pui	1:02.70	QT
5	49384 IAZ	Li, Louis Ka Wo	15	Pacific	1:02.74	QT
6	32457 B	Lau, Chi To	18	Happy Valley	1:03.46	QT
7	46985 IAZ	Wong, Chung Kok Helge	14	Pacific	1:03.73	QT
8		So, Chi Hin	16	Macau	1:04.51	QT
9	39332 B	Wu, Yik Hei	15	HK Sportworld	1:05.34	QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025**Meet Program****Heat 3 Prelims... (Event 10 Men 100 LC Meter Backstroke)**

0	41163 IAZ	Chan, Tsz Hin	17	Tai PO	1:02.27	QT
1	36791 IAZ	Fong, Tsz Long Jose	16	Dik Wing	59.49	QT
2	36737 B	Chan, Wang Hei Terence	19	Tai PO	58.10	QT
3	41900 B	Han, Pak Kiu	15	Hoi Tin	56.86	QT
4	27239 B	Chan, Sheung Kwan	23	Keung Sung	55.68	QT
5		Wu, Liang-Yun	18	Chinese Taipei	56.00	QT
6	37686 B	Chang, Hok Hin	17	Tai PO	57.44	QT
7	22824 IAZ	Wong, Lok Kan	21	Hoi Tin	58.79	QT
8	41268 IAZ	Tan, Pak Hei Brian	15	Dik Wing	1:01.44	QT
9		Chan, Hou Wa	16	Macau	1:02.36	QT

Heat 4 of 5 Prelims

0	37746 @P	Qiu, Junhao	16	Island Stingrays	1:02.22	QT
1	37159 IAZ	Andiappan, Ethan Siddha Hsu	16	LRC	59.25	QT
2	40104 B	Cheung, Yung	14	White Dolphin	57.67	QT
3	36914 IAZ	Cheng, Cheuk Kin Jake	17	Dali Swimming Club	56.43	QT
4	12117 IAZ	Lau, Shiu Yue	28	Hoi Tin	55.25	QT
5	36902 IAO	Kwan, Hayden	22	Pacific	55.90	QT
6	34048 IAZ	Wong, Pok Lam	18	Hoi Tin	57.23	QT
7	17709 B	Whittington, Ryan Michael	24	South China	58.57	QT
8	41457 IAZ	Leung, Hoi Chun	16	Kwun Tong	1:00.53	QT
9	42311 IAZ	Yu, Chi Lung	17	Pacific	1:02.35	QT

Heat 5 of 5 Prelims

0	40752 IAZ	Xu, Steven	15	Kwun Tong	1:01.67	QT
1		Septionus, Samuel M	17	Indonesia	59.04	QT
2	33504 IAZ	Leung, Lok Hei	20	North Sports	57.65	QT
3	22533 IAZ	Ng, Cheuk Yin	22	Tai PO	56.30	QT
4	35292 P	Yu, Dongqi	17	Hoi Tin	53.11	QT
5	28636 B	Chan, Tsz Chiu	22	Keung Sung	55.76	QT
6	29545 IAZN	Cheung, Cheuk To	19	Tai PO	57.03	QT
7		Wu, Jhao-Ci	15	Chinese Taipei	58.50	QT
8	39071 B	Luk, Man Him	16	Win Tin	1:00.36	QT
9	33758 IAZ	Leung, Tsz Wo	17	Hoi Tin	1:02.28	QT



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Meet Program

Event 11 Women 200 LC Meter IM

HKR: 2:12.10 HAUGHEY Siobhan Bernadette, SCA

JR: 2:13.35

WCA: 2:12.83

WCB: 2:17.48

MR: 2:13.56 ZHANG Si Shi, CHN

2:38.84 QT Qualifying Time

Meet Qualifying: 2:38.84

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
0	40824 P	Robertson, Claire Mei	17	Island Stingrays	2:38.63 QT
1	46001 #IAZ	Mak, Tsz Wing	11	Pacific	2:33.59 QT
2	42458 IAZ	Hon, Tsz Tung	15	Hoi Tin	2:27.39 QT
3	43137 IAZ	Yiu, Sum Yin	14	Win Tin	2:23.89 QT
4		Chen, Szu-An	24	Chinese Taipei	2:18.50 QT
5		Ho, Hung-Yi	17	Chinese Taipei	2:20.00 QT
6		Lin, Tsu-Yun	15	Chinese Taipei	2:25.00 QT
7		Karamoy, Eunike Aluna	13	Indonesia	2:31.08 QT
8	50341 IAZ	Hu, Xinyue	12	Hoi Tin	2:35.59 QT
Heat 2 of 3 Prelims					
0	41016 @IAX	An, Chengcheng	14	Kwan Hung	2:36.71 QT
1	48850 B	Lam, Tsz Kei	12	Tai PO	2:33.27 QT
2	38537 B	Chung, Wing Sum Hazel	16	HK Sportworld	2:27.37 QT
3	39706 B	Yip, Tsz Laam	15	White Dolphin	2:23.21 QT
4	31841 IAZ	Ng, Lai Wa	19	Hoi Tin	2:14.99 QT
5	38411 B	Yung, Tsz Ching	14	Hoi Tin	2:19.60 QT
6	29117 IAZ	Wong, Po Yin	20	Hoi Tin	2:24.17 QT
7	45558 IAZ	Wan, Pisces	14	Dali Swimming Club	2:30.53 QT
8		Wei, Yu-Syuan	16	Chinese Taipei	2:35.00 QT
9	51429 #IAZ	Hao, Merlynn	12	Tai PO	2:38.84 QT
Heat 3 of 3 Prelims					
0	41485 IAZ	Tang, Lok Yin	13	Happy Valley	2:35.72 QT
1		Kuok, Karis Hei Cheng	12	Macau	2:31.72 QT
2	38967 B	Gao, Elva	15	Hoi Tin	2:27.36 QT
3	51952 IAZN	Shi, Ziwen	15	Flying Dragon	2:22.27 QT
4	29060 IAZ	Lam, Hoi Kiu	21	Hoi Tin	2:14.32 QT
5	48950 P	Gao, Jialian Candice	13	Chi Pui	2:19.17 QT
6		Cheang, Weng Chi	19	Macau	2:23.98 QT
7	41875 IAZ	Li, Hei Man	14	Sword Fish Club	2:29.60 QT
8	43660 B	Chong, Ailis Ho Qiu	13	Hoi Tin	2:34.13 QT
9	51789 #@P	Hao, Ailynn	10	Tai PO	2:38.84 QT



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Meet Program

Event 12 Men 200 LC Meter Butterfly

HKR: 2:00.43

LIM Nicholas Owen Zhaoguang,

LRC

JR: 2:01.23

WCA: 1:56.51

WCB: 2:00.59

MR: 1:57.67

WANG Kuan Hung, TPE

2:25.98 QT Qualifying Time

Meet Qualifying: 2:25.98

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
1	44142 #IAZ	Yau, Cheuk Hin	13	Kwun Tong	2:15.83 QT
2	06697 B	Koo, Ralph Yat Ho	27	Hoi Tin	2:09.69 QT
3	41723 IAZ	Fong, Yik Yuen	17	Hoi Tin	2:06.56 QT
4		Kang, Jiun-Kai	18	Chinese Taipei	2:02.00 QT
5		Wang, Hsueh-Kuan	21	Chinese Taipei	2:04.41 QT
6	35931 B	Lam, Marcus Pak Hei	15	Win Tin	2:08.26 QT
7	43245 B	Wong, Pak Dick	14	Tuen Mun	2:14.38 QT
8	43174 B	Lam, Chun Hin	14	Sun Yip	2:23.02 QT
Heat 2 of 3 Prelims					
0	39576 #B	Chan, Pak Yu	14	Chi Pui	2:25.98 QT
1	43109 B	Law, Sai Lai	14	Sun Yip	2:14.50 QT
2	28236 B	Lau, Yiu Yeung Jamie	19	Win Tin	2:09.37 QT
3	41422 B	Yick, Sum Kiu	15	Sea Lion	2:06.07 QT
4	33935 B	Yau, Pak Ho	17	Chi Pui	2:01.08 QT
5	29884 B	Kwong, Jacob Yat Nam	18	Win Tin	2:03.47 QT
6		He, You-Wei	16	Chinese Taipei	2:08.00 QT
7	42549 B	Kirk, Ian James	17	Lai WA	2:14.18 QT
8	46985 IAZ	Wong, Chung Kok Helge	14	Pacific	2:19.40 QT
Heat 3 of 3 Prelims					
0	44445 #IAZ	Chan, Tsz Hin	13	Tai PO	2:23.71 QT
1	45627 IAZ	Cheung, Ting Chun	13	Hoi Ngai	2:14.43 QT
2	22961 B	Chan, Tsun Hin	20	White Dolphin	2:08.39 QT
3	38701 B	Chung, Hei Chit	16	Hoi Tin	2:04.68 QT
4	33755 IAZ	Lau, Kin Hei James	16	Hoi Tin	1:59.73 QT
5		Li, Jie-Siou	19	Chinese Taipei	2:03.00 QT
6	49179 @ICX	Zhu, Xiuping	16	Pacific	2:06.58 QT
7	39573 B	Lee, Chak Fung Jaiden	16	Hoi Tin	2:10.41 QT
8	42571 IAZ	Li, Yue Kun	13	Hoi Tin	2:16.13 QT



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Meet Program

Event 13 Women 50 LC Meter Freestyle

HKR: 24.30 HAUGHEY Siobhan Bernadette,SCA

JR: 25.03

WCA: 24.86

WCB: 25.73

MR: 25.03

LI Sum Yiu, WDA

28.83 QT Qualifying Time

Meet Qualifying: 28.83

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3		Liu, Zi-Chuan	11	Chinese Taipei	28.83 QT
4	39904 #IAZ	Ho, Tess Lauren	17	Jockey Club	28.83 QT
5	40096 IAZ	Lee, Ho Ching	15	Keung Sung	28.83 QT
Heat 2 of 5 Prelims					
1	20540 IAZ	Kan, Cheuk Tung Natalie	23	Hoi Tin	28.83 QT
2	39484 #IAZ	Ho, Taylor Lei	15	Jockey Club	28.67 QT
3		Cheng, Yen-Yun	15	Chinese Taipei	28.50 QT
4	42705 P	Krkalo, Eva Katarina	16	Island Stingrays	28.47 QT
5	38528 B	Lam, Tsz Ying	14	Hoi Tin	28.49 QT
6	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	13	Jockey Club	28.65 QT
7	36859 B	Hung, Cheuk Yi	17	Sha Mei 318	28.83 QT
8	38535 B	Chan, Jiselle	15	Pacific	28.83 QT
Heat 3 of 5 Prelims					
0		Wang, Min-Zhi	16	Chinese Taipei	28.20 QT
1	44674 B	Wan, Ching Yiu Iris	13	Tai PO	27.93 QT
2	09959 IAZ	Mok, Hoi Man Sheron	29	Pacific	27.26 QT
3	33764 IAZ	Tai, Yung Ching Emmy	17	Dik Wing	26.90 QT
4	40949 #B	Sum, Yi Man	14	Hoi Tin	26.08 QT
5	36011 B	Law, Hang Ue Anastasia	19	Hoi Tin	26.70 QT
6	46253 #@P	Lutz, Gabriella Chelsea	14	Win Tin	26.98 QT
7		Yeh, Jhih-An	16	Chinese Taipei	27.50 QT
8		Kuok, Hei Cheng	19	Macau	28.06 QT
9	43574 P	Au, Tsz Yu Chloe	14	Hoi Tin	28.34 QT
Heat 4 of 5 Prelims					
0	46320 @ICO	Bennett, Alyvia Paige	17	Island Stingrays	28.18 QT
1	40602 P	Kwon, Sowon	16	Island Stingrays	27.70 QT
2	33979 IAZ	Liu, Hei Yu	15	White Dolphin	27.12 QT
3	28108 B	Seeto, Wai Ching	20	Keung Sung	26.88 QT
4		Li, Pei-Hsuan	18	Chinese Taipei	26.00 QT
5	38029 B	Leung, Evita Yan	14	Tai PO	26.59 QT
6		Phang, Jovanka P	14	Indonesia	26.95 QT
7	37875 B	Chan, Yuk Yan	16	Hoi Tin	27.29 QT
8	35798 IAZ	Wong, Hin Yan	15	Hoi Tin	28.06 QT
9	43778 IAZ	Lee, Rianne	14	White Dolphin	28.28 QT



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Meet Program

Heat 5 Prelims... (Event 13 Women 50 LC Meter Freestyle)

0	46175 IAZ	Tang, Sum Wing Gladys	12	Dik Wing	28.15	QT
1	25101 B	Ng, Sze Kwan	19	Kowloon Tong Club	27.52	QT
2		Liao, Yi-Ching	17	Chinese Taipei	27.00	QT
3	38422 B	Wang, Long Yee	16	Happy Valley	26.82	QT
4	35455 B	Poon, Lok Yan	17	Chi Pui	25.90	QT
5	39432 IAZ	Leung, Sze Ki Safira	15	Marlins	26.34	QT
6	28897 IAZ	Loo, Tsz Ki Cherrie	21	Dik Wing	26.90	QT
7	46145 B	Lam, Ching Yee	13	Tai PO	27.27	QT
8	25098 B	Fung, Suet Ying Chloe	20	Kowloon Tong Club	27.97	QT
9	37596 P	Sandeen, Audrey Elizabeth	17	Island Stingrays	28.24	QT

Event 14 Men 400 LC Meter Freestyle

HKR: 3:50.53 CHEUK Ming Ho, CPS

JR: 3:57.77

WCA: 3:48.15

WCB: 3:56.14

MR: 3:51.23

HAO Yun, CHN

4:34.03 QT Qualifying Time

Meet Qualifying: 4:34.03

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
0	44682 IAZ	Wan, Wui Bun	13	Pacific	4:34.03	QT
1	38734 B	Zhang, Haoyu	16	Win Tin	4:33.00	QT
2	46984 IAZ	Wong, Pak Wai	15	Pacific	4:25.88	QT
3		Hung, Chien-Yu	15	Chinese Taipei	4:25.00	QT
4	40757 IAZ	To, Hiu Fung	15	Hoi Tin	4:23.33	QT
5	48681 #IAZ	Ho, James On	15	Island Stingrays	4:24.81	QT
6	42008 B	Law, Tsz Lok	13	Win Tin	4:25.26	QT
7	42625 B	He, Yu Hao	14	Chi Pui	4:30.18	QT
8	36457 B	Wong, Kaden Lok Fung	16	Hoi Tin	4:34.03	QT
9	50683 @IAX	Leng, Chon Kuo	13	Kowloon City	4:34.03	QT
Heat 2 of 4 Prelims						
0	35804 IAZ	Tong, Ching Wa	19	Pacific	4:18.22	QT
1		Liao, Wu-Kuang	14	Chinese Taipei	4:15.00	QT
2	43919 IAZ	Chui, Hoi Haang	17	White Dolphin	4:13.93	QT
3	48418 #IAZ	Liao, Zitong	15	Chi Pui	4:11.30	QT
4	36157 IAZ	Loo, Tsz Chung Berry	17	Dik Wing	4:10.36	QT
5	22961 B	Chan, Tsun Hin	20	White Dolphin	4:11.01	QT
6	36805 B	Chan, Leong To	15	Hoi Tin	4:12.43	QT
7	35393 B	Law, Lok Hei	18	Win Tin	4:14.52	QT
8	46564 IAZ	Hon, Man Sing	13	Hoi Tin	4:17.64	QT
9	46119 B	Hsieh, Kurtis Yi Hon	12	Tai PO	4:20.14	QT



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Heat 3 Prelims... (Event 14 Men 400 LC Meter Freestyle)

0	35648 IAZ	Lau, Tsz Pok	17	Pacific	4:09.52	QT
1	37663 IAZ	Yan, Kyle	16	Hoi Tin	4:06.78	QT
2	43212 B	Tsang, Pak Kiu	15	Sun Yip	4:04.09	QT
3	32095 B	Lau, Chor Tik	15	Win Tin	3:59.46	QT
4	29257 B	He, Shing Ip	19	Chi Pui	3:51.05	QT
5	30733 B	Lai, King Wo	18	Win Tin	3:56.62	QT
6	38539 B	Chan, Wah Royce	17	HK Sportworld	4:00.64	QT
7		Lin, Yi-Cheng	17	Chinese Taipei	4:05.80	QT
8	48286 IAZ	Muller, Ethan	17	South China	4:08.58	QT
9		He, You-Wei	16	Chinese Taipei	4:10.00	QT

Heat 4 of 4 Prelims

0	39573 B	Lee, Chak Fung Jaiden	16	Hoi Tin	4:09.15	QT
1	45472 B	Yeung, Tsz Ho	13	HK Sportworld	4:06.25	QT
2		Liu, Chen-Chou	16	Chinese Taipei	4:04.00	QT
3	37083 P	Kwan, Nicholas	17	Tai PO	3:58.69	QT
4	33922 P	So, Kwun Wa	17	White Dolphin	3:49.56	QT
5		Wang, Kuan-Hung	23	Chinese Taipei	3:55.80	QT
6	35022 IAZ	Ip, Ali	18	Tai PO	3:59.65	QT
7		Kuo, Chen	16	Chinese Taipei	4:05.00	QT
8	43918 @IAZ	Chui, Ue Haang	14	White Dolphin	4:08.17	QT
9	50769 #@^ICX	Sun, Maokun	13	Win Tin	4:09.80	QT

Event 15 Women 200 LC Meter Backstroke

HKR: 2:09.33 LAU Yin Yan Claudia, DLS

JR: 2:16.10

WCA: 2:11.08

WCB: 2:15.67

MR: 2:14.66 CHENG Jessica Chloe, PSC

2:37.67 QT Qualifying Time

Meet Qualifying: 2:37.67

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 2 Prelims						
0	47579 @P	Furuta, Lia	14	Island Stingrays	2:33.71	QT
1	47038 IAZ	Kwok, You YoYo	12	Hoi Tin	2:27.91	QT
2	46124 IAZ	Mathis, Kayla J	14	Tai PO	2:22.50	QT
3	39531 B	Lee, Hoi Lam	15	Win Tin	2:20.90	QT
4	36936 IAZ	Ho, Pui Yan	15	Win Tin	2:14.93	QT
5	35345 B	Ho, Tin Wing	15	Hoi Tin	2:18.81	QT
6	36963 IAZ	Chan, Mei Yan	16	Tai PO	2:21.93	QT
7	46145 B	Lam, Ching Yee	13	Tai PO	2:26.37	QT
8	43817 IAZ	Kwok, Hoi Ching	14	Tai PO	2:29.77	QT
9	41017 IAZ	Ho, Chiu Man Rachel	14	Kwan Hung	2:37.67	QT



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0	46200 IAZ	Kwong, Hoi Yee Phoebe	12	Tai PO	2:31.03	QT
1	41265 B	Li, Elizabeth	15	South China	2:27.63	QT
2	38813 IAZN	Wong, Yuen Ching	15	Hoi Tin	2:22.35	QT
3		Chen, Pin-Yun	16	Chinese Taipei	2:20.00	QT
4	36321 B	Cheung, Sum Yuet Cindy	19	Tai PO	2:06.54	QT
5	35752 B	Li, Cheuk Yiu	15	Hoi Tin	2:16.17	QT
6	54556 ICX	Liu, Yu Han	16	Chi Pui	2:20.91	QT
7	33947 #IAZ	Chan, Hin Yau	18	HK Sportworld	2:24.14	QT
8	42704 @P	Krkalo, Mila Sofia	14	Island Stingrays	2:28.85	QT
9	44853 IAZ	Yeung, Gabrielle	14	Pacific	2:37.28	QT

Event 16 Men 200 LC Meter Breaststroke

HKR: 2:10.53 MAK Sai Ting Adam, HTA

JR: 2:14.41

WCA: 2:10.32

WCB: 2:14.88

MR: 2:12.52

WONG Benson, DLS

2:41.90

QT Qualifying Time

Meet Qualifying: 2:41.90

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
0	56778 IAZ	Hung, Barron Ka Leung	14	South China	2:41.90	QT
1	46259 IAZ	Tang, Chun Fan	17	Superstar	2:40.20	QT
2	43756 #B	Chan, Curtis	12	Tai PO	2:39.74	QT
3	42303 B	Mi, Chun Ho	13	Hoi Tin	2:39.27	QT
4	46193 B	Chan, Tsz Long Veslie	13	Tai PO	2:38.44	QT
5	44196 B	Wong, Sze Kwan Quintus	13	Win Tin	2:39.13	QT
6	40739 IAZ	Yu, Tsz Hei	15	White Dolphin	2:39.63	QT
7	46409 IAZ	Wang, Zi Ran	15	Island Stingrays	2:39.87	QT
8	47073 @IAX	Yuen, Sze Chai Spenser	13	Winner	2:41.90	QT
Heat 2 of 5 Prelims						
0	43925 B	Lam, Ka Yeung	14	Pacific	2:34.78	QT
1	02591	Luk, Wing Kin Andy	36	Kwan Hung	2:34.27	QT
2	35347 #IAZ	Leung, Chak Wai Adrian	16	Pacific	2:33.34	QT
3	46189 @IAX	Ayhan, S. Deniz	18	Kowloon City	2:33.00	QT
4	36895 B	Lo, Kei Hon Andre	16	Hoi Tin	2:31.36	QT
5	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	2:31.56	QT
6	38206 IAZ	Cheung, Pang Cho	18	Kwun Tong	2:33.31	QT
7	43578 IAZ	Lam, Tsz Sum Karl	12	Chi Pui	2:34.21	QT
8		Laksmana, Matteo	13	Indonesia	2:34.50	QT
9	44445 #IAZ	Chan, Tsz Hin	13	Tai PO	2:37.68	QT



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Heat 3 Prelims... (Event 16 Men 200 LC Meter Breaststroke)

0	45634 IAZ	Chan, Cheuk Hin	16 Marlins	2:26.20	QT
1	32214 B	Wong, Sum Lam	17 White Dolphin	2:24.44	QT
2	34714 B	Chan, Chi Kit Javen	16 Win Tin	2:20.64	QT
3	36314 IAZ	Mok, Long Sum	16 Lai WA	2:16.85	QT
4	33755 IAZ	Lau, Kin Hei James	16 Hoi Tin	2:13.20	QT
5		Tsai, Yi-Jie	21 Chinese Taipei	2:14.00	QT
6	53036 IAZ	Chen, Kevin	14 Chi Pui	2:18.85	QT
7	33608 IAZN	Wan, Chun Lim	19 Pacific	2:22.76	QT
8		Wu, Ruei Yu	16 Chinese Taipei	2:25.00	QT
9	46984 IAZ	Wong, Pak Wai	15 Pacific	2:31.34	QT

Heat 4 of 5 Prelims

0	44135 B	So, Chun Hei	16 Kwun Tong	2:25.88	QT
1	29849 B	Yeung, Cheuk Hay Hayden	19 Chi Pui	2:24.22	QT
2	33716 B	Chan, Ngai Cheung	20 Tuen Mun	2:20.43	QT
3	36592 B	Lau, Ka Long	16 Hoi Tin	2:16.58	QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	20 Win Tin	2:09.90	QT
5		Tsai, Ruei-Hong	18 Chinese Taipei	2:14.00	QT
6	43816 P	Wu, Yulun	15 Tai PO	2:18.64	QT
7		Huang, Pin-Ruei	16 Chinese Taipei	2:22.68	QT
8		Li, Yun Che	15 Chinese Taipei	2:25.00	QT
9	39500 IAZ	Lau, Tin Long	16 Kwun Tong	2:30.37	QT

Heat 5 of 5 Prelims

0	40879 IAZ	Chen, Zheng Xuan Jason	13 Hoi Tin	2:25.73	QT
1		Chen, You-Jia	15 Chinese Taipei	2:24.00	QT
2	41024 B	Li, Matthew	17 HK Sportworld	2:20.29	QT
3	36085 B	Hui, Yik Kiu	17 Chi Pui	2:14.32	QT
4	25379 B	Mak, Sai Ting Adam	19 Hoi Tin	2:07.32	QT
5		Chang, Chaio-I	18 Chinese Taipei	2:13.50	QT
6	45922 ICX	Fu, Enze	16 Chi Pui	2:17.16	QT
7	39277 B	Fung, Ho Chun	17 Chi Pui	2:21.30	QT
8	33925 B	Wong, Tsz Ming	19 White Dolphin	2:24.83	QT
9	46068 B	Akande, Asher Oloruntoba	15 Win Tin	2:30.05	QT

Event 17 Women 800 LC Meter Freestyle

HKR:	8:39.93	HAUGHEY Siobhan Bernadette,SCA
JR:	8:50.21	
WCA:	8:34.62	
WCB:	8:52.63	
MR:	8:50.21	AU Hoi Shun Stephanie, DWA
	9:50.29	QT Qualifying Time

Meet Qualifying: 9:50.29

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Timed Finals					
3	45531 #IAZ	Zhong, Sin Yiu	13	Marlins	9:48.21 QT
4	31707 #B	Tung, Sze Mang	17	Chi Pui	9:35.05 QT
5	44554 B	Lee, Wing Sze	15	Hoi Tin	9:38.77 QT



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Heat 2 Timed Finals... (Event 17 Women 800 LC Meter Freestyle)

0	40426 B	Fong, Sin Ka	14	Long Fame	9:28.12	QT
1	41234 B	Chan, Jacaranda Yik Naam	12	Hoi Tin	9:16.07	QT
2	37874 IAZ	Choi, Hiu Ying	15	Hoi Tin	9:13.70	QT
3	38394 B	Yeung, Tin Wing	14	Hoi Tin	9:10.58	QT
4	29902 B	Lam, Cheuk Ue Natalie	21	Happy Valley	9:09.39	QT
5	44386	Li, Yu Qing	15	Win Tin	9:09.45	QT
6	40963 IAZ	Chung, Wing Yee Sessie	14	Hoi Tin	9:13.39	QT
7	33742 IAZ	Lam, Chelsie	17	Dali Swimming Club	9:14.41	QT
8	38628 IAZ	Ho, So Wai	17	Hoi Tin	9:19.05	QT
9		Patrice, Euginia Fauzi	14	Indonesia	9:28.77	QT

Fastest Heat Swims in PM Sessions

1	31657 IAZ	Chan, Lok Mei	17	Hoi Tin	9:06.40	QT
2	18545 IAZ	Lam, Pac Tung Nikita	25	Happy Valley	8:55.09	QT
3	31841 IAZ	Ng, Lai Wa	19	Hoi Tin	8:50.76	QT
4	19207 B	Nip, Tsz Yin	25	Eastern Winter	8:40.70	QT
5	42490	Wang, Xin Tong	16	Win Tin	8:41.88	QT
6	32098 B	Ma, Tsz Tsing Ashley	17	Hoi Tin	8:53.44	QT
7	38627 IAZ	Ho, So Yu	17	Hoi Tin	9:03.61	QT
8	45628 IAZ	Chan, Pui Ka	13	White Dolphin	9:07.75	QT

Event 18 Men 4x100 LC Meter Medley Relay

HKR: 3:41.71 Hong Kong Team

JR: 3:56.66

MR: 3:41.94 Chinese Taipei

4:26.84 QT Qualifying Time

Meet Qualifying: 4:26.84

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
2	Kowloon City D. R. & Sports C.	A	4:26.84 QT
3	Chi Pui Swimming Club Ltd	A	4:02.63 QT
4	Pacific Swimming Club	A	3:49.66 QT
5	South China Athletic Assn	A	3:54.15 QT
6	White Dolphin Sport Assn	A	4:07.65 QT
7	Hong Kong Island Stingrays	A	4:26.84 QT
Heat 2 of 2 Prelims			
2	Kwun Tong Swimming Club	A	4:09.96 QT
3	Win Tin Swimming Club	A	3:59.08 QT
4	Hoi Tin Athletic Assn Ltd	A	3:45.58 QT
5	Hong Kong Sportworld Assn	A	3:53.42 QT
6	Sun Yip Swimming Club	A	4:06.46 QT
7	Dali Swimming Club	A	4:26.84 QT



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Event 19 Women 4x100 LC Meter Medley Relay

HKR: 4:01.72 Hong Kong Team
 JR: 4:19.55
 MR: 4:13.33 Hoi Tin Athletic Association
 4:54.00 QT Qualifying Time

Meet Qualifying: 4:54.00

Lane	Team	Relay	Seed Time
Straight Final in PM Sessions			
1	Win Tin Swimming Club	A	4:48.32 QT
2	South China Athletic Assn	A	4:36.42 QT
3	Chi Pui Swimming Club Ltd	A	4:34.29 QT
4	Hoi Tin Athletic Assn Ltd	A	4:20.14 QT
5	Pacific Swimming Club	A	4:29.36 QT
6	Happy Valley Athletic Assn	A	4:34.33 QT
7	White Dolphin Sport Assn	A	4:41.30 QT
8	Hong Kong Island Stingrays	A	4:54.00 QT

Event 20 Men 50 LC Meter Butterfly

HKR: 23.97 NG Cheuk Yin, TPS
 JR: 24.74
 WCA: 23.36
 WCB: 24.18
 MR: 24.28 TO Kenneth King Him, LWS
 28.10 QT Qualifying Time

Meet Qualifying: 28.10

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
1	41692 P	Hong, Eric Mingze	16	Island Stingrays	28.10 QT
2	17157 IAZ	Po, Tak Long	35	Hoi Fung	28.10 QT
3	45797 B	Liu, Ho Lun	11	Long Fame	28.10 QT
4	48707 #@IAX	Wong, Kwan Ngai Johnny	13	Tai PO	27.97 QT
5		Sun, Chong Ian	14	Macau	28.10 QT
6	39279 B	Shum, Chun Hei	15	White Dolphin	28.10 QT
7	37574 P	Chen, Eric Q	16	Island Stingrays	28.10 QT
8	40095 #IAZ	Chow, Ngai Fun	16	Kwun Tong	28.10 QT
Heat 2 of 4 Prelims					
0	46461 IAZ	Chung, Pak Hin	16	Superstar	26.78 QT
1	35666 @IM	Chan, Cheuk Kit	18	Win Tin	26.51 QT
2	36085 B	Hui, Yik Kiu	17	Chi Pui	25.40 QT
3	49455 IAZ	Cai, Qi Hong	18	Chi Pui	24.90 QT
4		Wang, Kuan-Hung	23	Chinese Taipei	24.10 QT
5	28636 B	Chan, Tsz Chiu	22	Keung Sung	24.38 QT
6	49179 @ICX	Zhu, Xiuping	16	Pacific	25.13 QT
7	42549 B	Kirk, Ian James	17	Lai WA	26.00 QT
8	40651 P	Leung, Tsz Ming	15	White Dolphin	26.58 QT
9	43245 B	Wong, Pak Dick	14	Tuen Mun	27.80 QT



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Heat 3 Prelims... (Event 20 Men 50 LC Meter Butterfly)

0	32426 IAZ	Lam, Tsz Yeung YY	17	Dik Wing	26.74	QT
1	33767 IAZ	Lee, Cheston	17	Pacific	26.24	QT
2	44135 B	So, Chun Hei	16	Kwun Tong	25.35	QT
3	32042 IAZ	Lee, Jia Jun Jody George	19	South China	24.79	QT
4	06697 B	Koo, Ralph Yat Ho	27	Hoi Tin	23.93	QT
5	22533 IAZ	Ng, Cheuk Yin	22	Tai PO	24.31	QT
6	33935 B	Yau, Pak Ho	17	Chi Pui	25.03	QT
7	37757 B	Cheng, Pak Ho	17	HK Sportworld	25.87	QT
8	45426 IAZ	Ng, Dik Him	16	Superstar	26.57	QT
9		Ip, Cheok Him	16	Macau	27.31	QT

Heat 4 of 4 Prelims

0	38026 IAZ	Wu, Yik Ham	17	HK Sportworld	26.59	QT
1	38979 B	Kwong, Chun Wai Harvey	17	Tai PO	26.18	QT
2	32463 IAZ	Chan, Austin	19	Dik Wing	25.20	QT
3	38701 B	Chung, Hei Chit	16	Hoi Tin	24.75	QT
4	25254 B	Ho, Siu Lun	21	Dali Swimming Club	23.61	QT
5	30499 IAO	Chan, Nathan	22	Dik Wing	24.29	QT
6		Jhnag, You-Wei	16	Chinese Taipei	25.00	QT
7		Wu, Jhao-Ci	15	Chinese Taipei	25.78	QT
8	41163 IAZ	Chan, Tsz Hin	17	Tai PO	26.52	QT
9	45424 IAZ	Leung, Wai Lok	17	Superstar	27.06	QT

Event 21 Women 100 LC Meter Freestyle

HKR:	52.02	HAUGHEY Siobhan Bernadette,SCA
JR:	54.47	
WCA:	54.25	
WCB:	56.15	
MR:	55.16	LI Sum Yiu, WDA

1:02.90 QT Qualifying Time

Meet Qualifying: 1:02.90

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
3		Liu, Zi-Chuan	11	Chinese Taipei	1:02.90 QT
4	40096 IAZ	Lee, Ho Ching	15	Keung Sung	1:02.90 QT
5	42705 P	Krkalo, Eva Katarina	16	Island Stingrays	1:02.90 QT
Heat 2 of 4 Prelims					
0	41875 IAZ	Li, Hei Man	14	Sword Fish Club	1:02.22 QT
1	35752 B	Li, Cheuk Yiu	15	Hoi Tin	1:00.88 QT
2		Patrice, Euginia Fauzi	14	Indonesia	1:00.00 QT
3	38422 B	Wang, Long Yee	16	Happy Valley	58.89 QT
4		Wei, Tsu-Ning	16	Chinese Taipei	57.50 QT
5	46253 #@P	Lutz, Gabriella Chelsea	14	Win Tin	58.81 QT
6	41234 B	Chan, Jacaranda Yik Naam	12	Hoi Tin	59.06 QT
7	46145 B	Lam, Ching Yee	13	Tai PO	1:00.08 QT
8	40824 P	Robertson, Claire Mei	17	Island Stingrays	1:01.54 QT
9	51429 #IAZ	Hao, Merlynn	12	Tai PO	1:02.90 QT



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Heat 3 Prelims... (Event 21 Women 100 LC Meter Freestyle)

0		Yeh, Jhih-An	16	Chinese Taipei	1:01.99	QT
1		Wang, Min-Zhi	16	Chinese Taipei	1:00.60	QT
2	41016 @IAX	An, Chengcheng	14	Kwan Hung	59.86	QT
3	33979 IAZ	Liu, Hei Yu	15	White Dolphin	58.88	QT
4		Li, Pei-Hsuan	18	Chinese Taipei	57.00	QT
5	37875 B	Chan, Yuk Yan	16	Hoi Tin	58.64	QT
6	09959 IAZ	Mok, Hoi Man Sheron	29	Pacific	59.04	QT
7		Phang, Jovanka P	14	Indonesia	1:00.04	QT
8		Kuok, Hei Cheng	19	Macau	1:01.27	QT
9	36936 IAZ	Ho, Pui Yan	15	Win Tin	1:02.90	QT

Heat 4 of 4 Prelims

0	40602 P	Kwon, Sowon	16	Island Stingrays	1:01.79	QT
1	44674 B	Wan, Ching Yiu Iris	13	Tai PO	1:00.56	QT
2	33764 IAZ	Tai, Yung Ching Emmy	17	Dik Wing	59.32	QT
3	38029 B	Leung, Evita Yan	14	Tai PO	58.84	QT
4	40949 #B	Sum, Yi Man	14	Hoi Tin	56.78	QT
5		Liao, Yi-Ching	17	Chinese Taipei	58.00	QT
6	36011 B	Law, Hang Ue Anastasia	19	Hoi Tin	58.99	QT
7		Liu, Jia-Yin	14	Chinese Taipei	1:00.00	QT
8		Karamoy, Eunike Aluna	13	Indonesia	1:00.88	QT
9	42704 @P	Krkalo, Mila Sofia	14	Island Stingrays	1:02.89	QT

Event 22 Men 200 LC Meter Freestyle

HKR: 1:47.46 CHEUK Ming Ho, CPS

JR: 1:52.59

WCA: 1:46.70

WCB: 1:50.43

MR: 1:50.36 CHEUK Ming Ho, CPS

2:08.25 QT Qualifying Time

Meet Qualifying: 2:08.25

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
2		Hung, Chien-Yu	15	Chinese Taipei	2:08.25	QT
3	41692 P	Hong, Eric Mingze	16	Island Stingrays	2:07.75	QT
4		Fok, Cheng Tong	13	Macau	2:06.62	QT
5	46119 B	Hsieh, Kurtis Yi Hon	12	Tai PO	2:07.02	QT
6	42836 IAZ	Chi, Yu Xi Seann	14	Jockey Club	2:08.25	QT
7	36457 B	Wong, Kaden Lok Fung	16	Hoi Tin	2:08.25	QT



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0	44353 IAZ	Leung, Cheuk Hong	14 Hoi Tin	2:04.80	QT
1	43164 B	Lee, Pak Kiu	15 Dik Wing	2:04.04	QT
2	42571 IAZ	Li, Yue Kun	13 Hoi Tin	2:03.78	QT
3	50162 IAZ	Kim, Yo Hann	14 Chi Pui	2:02.69	QT
4	33791 B	Tang, Kak Shing	16 Tai PO	2:01.53	QT
5	40757 IAZ	To, Hiu Fung	15 Hoi Tin	2:01.56	QT
6	42625 B	He, Yu Hao	14 Chi Pui	2:03.64	QT
7	48681 #IAZ	Ho, James On	15 Island Stingrays	2:03.99	QT
8	38734 B	Zhang, Haoyu	16 Win Tin	2:04.28	QT
9	42008 B	Law, Tsz Lok	13 Win Tin	2:05.31	QT

Heat 3 of 5 Prelims

0	50769 #@^ICX	Sun, Maokun	13 Win Tin	2:00.13	QT
1	42311 IAZ	Yu, Chi Lung	17 Pacific	1:57.06	QT
2		Kuo, Chen	16 Chinese Taipei	1:55.00	QT
3	43212 B	Tsang, Pak Kiu	15 Sun Yip	1:53.32	QT
4	30733 B	Lai, King Wo	18 Win Tin	1:50.63	QT
5	41900 B	Han, Pak Kiu	15 Hoi Tin	1:52.10	QT
6	32248 B	Li, Sing Hoi	20 Win Tin	1:54.21	QT
7	36157 IAZ	Loo, Tsz Chung Berry	17 Dik Wing	1:56.20	QT
8	45472 B	Yeung, Tsz Ho	13 HK Sportworld	1:58.61	QT
9	35258 B	Cheung, Man Ho	14 Sea Lion	2:01.44	QT

Heat 4 of 5 Prelims

0		Lan, Wen Li	17 Chinese Taipei	2:00.00	QT
1	43918 @IAX	Chui, Ue Haang	14 White Dolphin	1:56.94	QT
2	35393 B	Law, Lok Hei	18 Win Tin	1:54.53	QT
3	37083 P	Kwan, Nicholas	17 Tai PO	1:52.60	QT
4	33922 P	So, Kwun Wa	17 White Dolphin	1:49.46	QT
5	38539 B	Chan, Wah Royce	17 HK Sportworld	1:51.51	QT
6		Liu, Chen-Chou	16 Chinese Taipei	1:54.00	QT
7	36805 B	Chan, Leong To	15 Hoi Tin	1:55.85	QT
8	35648 IAZ	Lau, Tsz Pok	17 Pacific	1:58.29	QT
9	46564 IAZ	Hon, Man Sing	13 Hoi Tin	2:01.26	QT

Heat 5 of 5 Prelims

0	40485 B	Lam, Cheuk Ting	15 Chi Pui	1:58.81	QT
1	37663 IAZ	Yan, Kyle	16 Hoi Tin	1:56.40	QT
2	34048 IAZ	Wong, Pok Lam	18 Hoi Tin	1:54.41	QT
3	35022 IAZ	Ip, Ali	18 Tai PO	1:52.32	QT
4	29257 B	He, Shing Ip	19 Chi Pui	1:48.02	QT
5	36913 IAZ	Cheng, Cheuk Chi George	17 Dali Swimming Club	1:51.01	QT
6		Lin, Yi-Cheng	17 Chinese Taipei	1:53.80	QT
7		Wu, Zhen-Xiang	16 Chinese Taipei	1:55.50	QT
8	48286 IAZ	Muller, Ethan	17 South China	1:58.18	QT
9		Chan, Hou Wa	16 Macau	2:00.20	QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025

Meet Program

Event 23 Women 50 LC Meter Breaststroke

HKR: 30.36 HAUGHEY Siobhan Bernadette,SCA

JR: 31.91

WCA: 30.75

WCB: 31.83

MR: 31.41 LIN Pei Wun, TPE

37.66 QT Qualifying Time

Meet Qualifying: 37.66

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
1	39904 #IAZ	Ho, Tess Lauren	17	Jockey Club	37.66 QT
2	49708 B	Chan, Wing Vanessa	11	Tai PO	37.28 QT
3	46244 B	Li, Man Wai Mavis	11	HK Sportworld	36.66 QT
4	37209 B	Kan, Hong Ching Audrey	16	Jockey Club	36.01 QT
5	39484 #IAZ	Ho, Taylor Lei	15	Jockey Club	36.46 QT
6	47157 IAZ	Wong, Pui Yiu	12	Tuen Mun	36.67 QT
7	56625 IAZ	Chen, Yim Claire	15	Chi Pui	37.66 QT
Heat 2 of 4 Prelims					
0	44742 IAZ	Ho, Michelle Yan Sin	13	White Dolphin	35.34 QT
1	38528 B	Lam, Tsz Ying	14	Hoi Tin	34.80 QT
2	41015 B	Yao, Megan Samantha	15	South China	34.09 QT
3	46308 IAZ	So, Hei Shun	14	Kwun Tong	32.99 QT
4	38411 B	Yung, Tsz Ching	14	Hoi Tin	32.11 QT
5		Lin, Pei-Wun	25	Chinese Taipei	32.60 QT
6	50134 IAZN	Wu, Melody	16	South China	33.83 QT
7	34467 B	Chan, Tsz Ching	19	Sea Lion	34.44 QT
8	48490 B	Yang, Tsz Yu	13	Tai PO	34.99 QT
9	46111 B	Chau, Pak Yu	13	Tai PO	35.85 QT
Heat 3 of 4 Prelims					
0		Kuok, Karis Hei Cheng	12	Macau	35.09 QT
1	46253 #@P	Lutz, Gabriella Chelsea	14	Win Tin	34.65 QT
2	54556 ICX	Liu, Yu Han	16	Chi Pui	34.02 QT
3	38297 IAX	Cheung, Hau Wing	17	Lai WA	32.83 QT
4	33742 IAZ	Lam, Chelsie	17	Dali Swimming Club	32.09 QT
5	29139 B	Young, Sze Ki	22	Tai PO	32.55 QT
6	42578 #IAZ	Leung, Yan Yui	16	Dik Wing	33.70 QT
7	40306 IAZ	Chi, Yi Lam	14	Jockey Club	34.43 QT
8	43778 IAZ	Lee, Rianne	14	White Dolphin	34.95 QT
9	42837 IAZ	Kan, Hong Wing Amelia	14	Jockey Club	35.63 QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025**Meet Program****Heat 4 Prelims... (Event 23 Women 50 LC Meter Breaststroke)**

0		Liu, Xin-Yu	13	Chinese Taipei	35.00	QT
1	48559 IAZ	Yeung, Ho Yuet	13	Hoi Ngai	34.44	QT
2	39149 IAZ	Xing, Yina	14	Happy Valley	33.92	QT
3	39592 IAZ	Sng, Yan Megan	20	Dik Wing	32.60	QT
4	29060 IAZ	Lam, Hoi Kiu	21	Hoi Tin	31.22	QT
5	39432 IAZ	Leung, Sze Ki Safira	15	Marlins	32.12	QT
6		Wu, Pei Yun	16	Chinese Taipei	33.27	QT
7	46320 @ICO	Bennett, Alyvia Paige	17	Island Stingrays	34.24	QT
8		Karamoy, Eunike Aluna	13	Indonesia	34.88	QT
9	43660 B	Chong, Ailis Ho Qiu	13	Hoi Tin	35.52	QT

Event 24 Men 100 LC Meter Breaststroke

HKR: 1:00.50 CHEUNG Chi Kit Nicholas, WTS

JR: 1:03.01

WCA: 59.75

WCB: 1:01.84

MR: 1:01.04

BALANDIN Dmitriy, KAZ

1:11.64 QT Qualifying Time

Meet Qualifying: 1:11.64

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
1	47073 @IAX	Yuen, Sze Chai Spenser	13	Winner	1:11.64	QT
2		Wardhana, Mika K	17	Indonesia	1:11.63	QT
3		Laksmiana, Matteo	13	Indonesia	1:10.77	QT
4	40739 IAZ	Yu, Tsz Hei	15	White Dolphin	1:09.42	QT
5	02591	Luk, Wing Kin Andy	36	Kwan Hung	1:10.74	QT
6	46259 IAZ	Tang, Chun Fan	17	Superstar	1:11.24	QT
7	56618 IAO	Tsang, Finlay Chi Yin	18	South China	1:11.64	QT
8	44445 #IAZ	Chan, Tsz Hin	13	Tai PO	1:11.64	QT
Heat 2 of 5 Prelims						
0	48707 #@IAX	Wong, Kwan Ngai Johnny	13	Tai PO	1:08.63	QT
1	53242 IAZ	Lau, Chi Hang Ian	16	Selective	1:08.41	QT
2	46409 IAZ	Wang, Zi Ran	15	Island Stingrays	1:08.09	QT
3	46396 IAZ	Yang, Zi Le	16	Tai PO	1:07.33	QT
4	34714 B	Chan, Chi Kit Javen	16	Win Tin	1:06.88	QT
5	39277 B	Fung, Ho Chun	17	Chi Pui	1:07.08	QT
6	45634 IAZ	Chan, Cheuk Hin	16	Marlins	1:07.75	QT
7	36826 B	Wan, Tsz Shan Shawn	16	Win Tin	1:08.11	QT
8		Lin, Tzu-Yuan	17	Chinese Taipei	1:08.59	QT
9	44687 #B	Fung, Jeffrey	16	HK Sportworld	1:08.95	QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025**Meet Program****Heat 3 Prelims... (Event 24 Men 100 LC Meter Breaststroke)**

0	25050 B	Kung, Lok Sum	21 Tai PO	1:05.89	QT
1	32214 B	Wong, Sum Lam	17 White Dolphin	1:05.01	QT
2	36592 B	Lau, Ka Long	16 Hoi Tin	1:04.42	QT
3	32095 B	Lau, Chor Tik	15 Win Tin	1:02.12	QT
4	22413 IAZ	Lee, Shing Yan	22 Hoi Tin	1:01.47	QT
5		Wu, Yu-Chia	17 Chinese Taipei	1:01.90	QT
6		Shih, Shu-Wei	17 Chinese Taipei	1:04.00	QT
7		Li, Yun Che	15 Chinese Taipei	1:05.00	QT
8	49934 IAZ	Wang, Cloud	15 South China	1:05.39	QT
9	43816 P	Wu, Yulun	15 Tai PO	1:06.07	QT

Heat 4 of 5 Prelims

0	53036 IAZ	Chen, Kevin	14 Chi Pui	1:05.69	QT
1		Wu, Ruei Yu	16 Chinese Taipei	1:05.00	QT
2	33716 B	Chan, Ngai Cheung	20 Tuen Mun	1:04.41	QT
3	36314 IAZ	Mok, Long Sum	16 Lai WA	1:02.05	QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	20 Win Tin	59.73	QT
5		Chao, Man Hou	29 Macau	1:01.80	QT
6	33495 IAZ	Wan, Siu Chun	20 Tai PO	1:03.86	QT
7	29849 B	Yeung, Cheuk Hay Hayden	19 Chi Pui	1:04.65	QT
8	39328 IAZ	Yau, Shing Ho	18 Compass	1:05.26	QT
9	29306 B	Cheng, Hoi Kei	20 White Dolphin	1:06.05	QT

Heat 5 of 5 Prelims

0		Huang, Pin-Ruei	16 Chinese Taipei	1:05.68	QT
1		Wang Tsai, Cheng-Chih	16 Chinese Taipei	1:05.00	QT
2	31822 B	Lau, Ming Yui	19 Lai WA	1:04.21	QT
3		Chang, Chaio-I	18 Chinese Taipei	1:02.00	QT
4	25379 B	Mak, Sai Ting Adam	19 Hoi Tin	58.88	QT
5	28535 B	Law, Tsz Hin	22 Hoi Tin	1:01.53	QT
6	32738 IAZ	Man, Ho Him	19 Lai WA	1:03.11	QT
7	45922 ICX	Fu, Enze	16 Chi Pui	1:04.43	QT
8	41024 B	Li, Matthew	17 HK Sportworld	1:05.16	QT
9		Chen, You-Jia	15 Chinese Taipei	1:06.00	QT



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Meet Program

Event 25 Women 400 LC Meter IM

HKR: 4:48.58 CHENG Chloe, PSC

JR: 4:51.30

WCA: 4:43.06

WCB: 4:52.97

MR: 4:45.27 ZANG Si Shi, CHN

5:38.68 QT Qualifying Time

Meet Qualifying: 5:38.68

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims					
1		Wei, Yu-Syuan	16	Chinese Taipei	5:35.00 QT
2		Ho, Hung-Yi	17	Chinese Taipei	5:09.00 QT
3	51952 IAZN	Shi, Ziwen	15	Flying Dragon	4:59.73 QT
4	31841 IAZ	Ng, Lai Wa	19	Hoi Tin	4:43.92 QT
5	48950 P	Gao, Jialian Candice	13	Chi Pui	4:55.26 QT
6	38967 B	Gao, Elva	15	Hoi Tin	5:04.66 QT
7	39531 B	Lee, Hoi Lam	15	Win Tin	5:13.43 QT
8	51789 #@P	Hao, Ailynn	10	Tai PO	5:38.68 QT
Heat 2 of 2 Prelims					
1	41485 IAZ	Tang, Lok Yin	13	Happy Valley	5:25.79 QT
2		Cheang, Weng Chi	19	Macau	5:08.23 QT
3	38628 IAZ	Ho, So Wai	17	Hoi Tin	4:58.11 QT
4	42490	Wang, Xin Tong	16	Win Tin	4:42.99 QT
5	32098 B	Ma, Tsz Tsing Ashley	17	Hoi Tin	4:53.55 QT
6	29117 IAZ	Wong, Po Yin	20	Hoi Tin	5:01.83 QT
7		Wei, Tsu-Ning	16	Chinese Taipei	5:10.00 QT
8	48088 IAZ	Wang, Ching Yee	12	Happy Valley	5:38.68 QT

Event 26 Men 100 LC Meter Butterfly

HKR: 53.38 NG Cheuk Yin, TPS

JR: 54.42

WCA: 51.77

WCB: 53.58

MR: 53.45 TRIADY Fauzi Sidiq, IND

1:04.75 QT Qualifying Time

Meet Qualifying: 1:04.75

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3	44981 @^P	Abou Ghannam, Karl	18	South China	1:04.75 QT
4	46985 IAZ	Wong, Chung Kok Helge	14	Pacific	1:03.97 QT
5	43756 #B	Chan, Curtis	12	Tai PO	1:04.75 QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025**Meet Program****Heat 2 Prelims... (Event 26 Men 100 LC Meter Butterfly)**

1		Sun, Chong Ian	14	Macau	1:03.62	QT
2	32426 IAZ	Lam, Tsz Yeung YY	17	Dik Wing	1:03.05	QT
3	44144 B	Leung, Kai Lok Kyle	15	Chi Pui	1:02.41	QT
4		Ip, Cheok Him	16	Macau	1:02.00	QT
5	43009 B	Wong, Ho Long	14	Dik Wing	1:02.37	QT
6	36897 IAZ	Han, Hao	16	Kwun Tong	1:02.63	QT
7	44456 IAZ	Wijono, Colin	15	South China	1:03.05	QT
8		Chau, Hou Cheng	17	Macau	1:03.69	QT

Heat 3 of 5 Prelims

0	43245 B	Wong, Pak Dick	14	Tuen Mun	1:01.89	QT
1		Lan, Wen Li	17	Chinese Taipei	57.90	QT
2		Wang, Hsueh-Kuan	21	Chinese Taipei	55.82	QT
3	32042 IAZ	Lee, Jia Jun Jody George	19	South China	54.34	QT
4	06697 B	Koo, Ralph Yat Ho	27	Hoi Tin	53.20	QT
5		Li, Jie-Siou	19	Chinese Taipei	54.00	QT
6	29545 IAZN	Cheung, Cheuk To	19	Tai PO	55.60	QT
7	42549 B	Kirk, Ian James	17	Lai WA	57.32	QT
8		He, You-Wei	16	Chinese Taipei	59.50	QT
9	45627 IAZ	Cheung, Ting Chun	13	Hoi Ngai	1:01.97	QT

Heat 4 of 5 Prelims

0	43109 B	Law, Sai Lai	14	Sun Yip	1:01.10	QT
1		Jhnag, You-Wei	16	Chinese Taipei	57.50	QT
2	41422 B	Yick, Sum Kiu	15	Sea Lion	55.64	QT
3	33935 B	Yau, Pak Ho	17	Chi Pui	54.33	QT
4	25254 B	Ho, Siu Lun	21	Dali Swimming Club	52.77	QT
5	22533 IAZ	Ng, Cheuk Yin	22	Tai PO	53.92	QT
6	49179 @ICX	Zhu, Xiuping	16	Pacific	54.68	QT
7	32463 IAZ	Chan, Austin	19	Dik Wing	57.03	QT
8	35931 B	Lam, Marcus Pak Hei	15	Win Tin	59.26	QT
9	40460 IAZ	Zhao, Oscar	15	Hoi Tin	1:01.96	QT

Heat 5 of 5 Prelims

0	46461 IAZ	Chung, Pak Hin	16	Superstar	1:00.66	QT
1	37757 B	Cheng, Pak Ho	17	HK Sportworld	57.49	QT
2	36085 B	Hui, Yik Kiu	17	Chi Pui	55.61	QT
3		Kang, Jiun-Kai	18	Chinese Taipei	54.00	QT
4	32248 B	Li, Sing Hoi	20	Win Tin	52.27	QT
5	33755 IAZ	Lau, Kin Hei James	16	Hoi Tin	53.38	QT
6	38701 B	Chung, Hei Chit	16	Hoi Tin	54.46	QT
7	41723 IAZ	Fong, Yik Yuen	17	Hoi Tin	56.06	QT
8	28236 B	Lau, Yiu Yeung Jamie	19	Win Tin	58.98	QT
9	36563 B	Leung, Hok Kiu Jason	16	Sun Yip	1:01.95	QT



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Meet Program

Event 27 Women 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

JR: 1:03.30

WCA: 1:00.46

WCB: 1:02.58

MR: 1:00.81 AU Hoi Shun Stephanie, DWA

1:15.80 QT Qualifying Time

Meet Qualifying: 1:15.80

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3	41017 IAZ	Ho, Chiu Man Rachel	14	Kwan Hung	1:15.80 QT
4	48074 IAZ	Lee, Grace Lok Wan	13	Dik Wing	1:14.89 QT
5	35798 IAZ	Wong, Hin Yan	15	Hoi Tin	1:15.12 QT
Heat 2 of 5 Prelims					
0	47579 @P	Furuta, Lia	14	Island Stingrays	1:14.22 QT
1	51635 B	Sin, Sze Yan Hailey	12	HK Sportworld	1:14.07 QT
2	44853 IAZ	Yeung, Gabrielle	14	Pacific	1:13.79 QT
3	42046 IAZ	Chan, Sze Wing Nicole	15	South China	1:13.47 QT
4	38535 B	Chan, Jiselle	15	Pacific	1:12.59 QT
5	51413 B	Liu, Xiaohui Roanna	11	White Dolphin	1:13.09 QT
6	53025 IAZ	Kan, Ya Hei Tanya	13	South China	1:13.60 QT
7	47547 #IAZ	Yeung, Cheuk Yiu	13	Tai PO	1:13.83 QT
8	40117 IAZ	Chan, Kalila	14	South China	1:14.15 QT
9	49492 B	Au, Wing Cing	11	Tai PO	1:14.68 QT
Heat 3 of 5 Prelims					
0	46287 @P	Lu, Chang	14	South China	1:10.57 QT
1	41265 B	Li, Elizabeth	15	South China	1:09.48 QT
2	35345 B	Ho, Tin Wing	15	Hoi Tin	1:06.47 QT
3		Chen, Pin-Yun	16	Chinese Taipei	1:05.00 QT
4		Wu, Yi-En	20	Chinese Taipei	1:03.00 QT
5	36936 IAZ	Ho, Pui Yan	15	Win Tin	1:04.20 QT
6	36963 IAZ	Chan, Mei Yan	16	Tai PO	1:05.31 QT
7		Cheng, Yen-Yun	15	Chinese Taipei	1:08.50 QT
8	46175 IAZ	Tang, Sum Wing Gladys	12	Dik Wing	1:09.59 QT
9	34005 IAZ	Yuen, Hiu Yu Ashley	15	Hoi Tin	1:12.58 QT
Heat 4 of 5 Prelims					
0	42458 IAZ	Hon, Tsz Tung	15	Hoi Tin	1:10.50 QT
1	43137 IAZ	Yiu, Sum Yin	14	Win Tin	1:09.12 QT
2	37596 P	Sandeen, Audrey Elizabeth	17	Island Stingrays	1:06.46 QT
3	28897 IAZ	Loo, Tsz Ki Cherrie	21	Dik Wing	1:04.97 QT
4	35455 B	Poon, Lok Yan	17	Chi Pui	1:01.76 QT
5	38813 IAZN	Wong, Yuen Ching	15	Hoi Tin	1:03.60 QT
6	46124 IAZ	Mathis, Kayla J	14	Tai PO	1:05.11 QT
7	37038 IAZ	Chan, Yin Yan	17	Hoi Tin	1:08.48 QT
8	43817 IAZ	Kwok, Hoi Ching	14	Tai PO	1:09.56 QT
9	45558 IAZ	Wan, Pisces	14	Dali Swimming Club	1:11.88 QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025**Meet Program****Heat 5 Prelims... (Event 27 Women 100 LC Meter Backstroke)**

0	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	13	Jockey Club	1:10.12	QT
1	47577 @ICX	Lin, Kunyi	15	Esf	1:08.53	QT
2	35752 B	Li, Cheuk Yiu	15	Hoi Tin	1:05.36	QT
3	54556 ICX	Liu, Yu Han	16	Chi Pui	1:04.87	QT
4	36321 B	Cheung, Sum Yuet Cindy	19	Tai PO	58.47	QT
5	25098 B	Fung, Suet Ying Chloe	20	Kowloon Tong Club	1:03.38	QT
6	33947 #IAZ	Chan, Hin Yau	18	HK Sportworld	1:05.07	QT
7	39531 B	Lee, Hoi Lam	15	Win Tin	1:06.55	QT
8	46145 B	Lam, Ching Yee	13	Tai PO	1:09.49	QT
9	42704 @P	Krkalo, Mila Sofia	14	Island Stingrays	1:10.80	QT

Event 28 Men 50 LC Meter Backstroke

HKR:	26.00	LAU Shiu Yue, HTA
JR:	26.81	
WCA:	25.11	
WCB:	25.99	
MR:	25.38	CHUANG Mu Lun, TPE
	30.58	QT Qualifying Time

Meet Qualifying: 30.58

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
3	37574 P	Chen, Eric Q	16	Island Stingrays	30.58	QT
4	47596 B	Ng, Ka Po	13	Sea Lion	30.49	QT
5	21248 B	Lau, Ping Chi	22	Hoi Tin	30.58	QT
6	45797 B	Liu, Ho Lun	11	Long Fame	30.58	QT
Heat 2 of 5 Prelims						
0		Ng, Mou Tong	14	Macau	30.17	QT
1	51867 IAZ	Ng, Tsz Ching	14	Sun Yip	29.94	QT
2	54295 #B	Yeung, Cheuk Hong Matthew	11	Dali Swimming Club	29.78	QT
3	37746 @P	Qiu, Junhao	16	Island Stingrays	29.66	QT
4	49384 IAZ	Li, Louis Ka Wo	15	Pacific	29.11	QT
5	37159 IAZ	Andiappan, Ethan Siddha Hsu	16	LRC	29.24	QT
6		So, Chi Hin	16	Macau	29.68	QT
7	43631 IAZ	Yip, Long Hei	17	Dali Swimming Club	29.78	QT
8		Han, Hsin-Jui	13	Chinese Taipei	30.00	QT
9	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	30.20	QT
Heat 3 of 5 Prelims						
0	33767 IAZ	Lee, Cheston	17	Pacific	28.71	QT
1	41268 IAZ	Tan, Pak Hei Brian	15	Dik Wing	28.02	QT
2	33504 IAZ	Leung, Lok Hei	20	North Sports	26.89	QT
3	36914 IAZ	Cheng, Cheuk Kin Jake	17	Dali Swimming Club	26.29	QT
4	33385 B	Lu, Pat Fan	19	Sun Yip	25.54	QT
5	36913 IAZ	Cheng, Cheuk Chi George	17	Dali Swimming Club	26.14	QT
6		Wu, Jhao-Ci	15	Chinese Taipei	26.59	QT
7	40104 B	Cheung, Yung	14	White Dolphin	27.29	QT
8	39071 B	Luk, Man Him	16	Win Tin	28.23	QT
9	30198 B	Lam, Cheuk Fung	18	Tai PO	29.09	QT



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Meet Program

Heat 4 Prelims... (Event 28 Men 50 LC Meter Backstroke)

0	40881 IAZN	Ray-smith, Henry Joseph Evel	14	Hoi Tin	28.57	QT
1	54442 IAZ	Niu, Zi Rui	16	Kowloon City	27.85	QT
2		Septionus, Samuel M	17	Indonesia	26.77	QT
3	28636 B	Chan, Tsz Chiu	22	Keung Sung	26.27	QT
4	35292 P	Yu, Dongqi	17	Hoi Tin	24.68	QT
5	36737 B	Chan, Wang Hei Terence	19	Tai PO	26.12	QT
6	41163 IAZ	Chan, Tsz Hin	17	Tai PO	26.42	QT
7	36791 IAZ	Fong, Tsz Long Jose	16	Dik Wing	27.17	QT
8	37686 B	Chang, Hok Hin	17	Tai PO	28.17	QT
9	44357 B	Leung, Chun Ho Franky	17	Pacific	29.03	QT

Heat 5 of 5 Prelims

0	33758 IAZ	Leung, Tsz Wo	17	Hoi Tin	28.33	QT
1	15423 IAZ	Cheung, Yau Ming	27	Hoi Tin	27.55	QT
2	34048 IAZ	Wong, Pok Lam	18	Hoi Tin	26.76	QT
3	22533 IAZ	Ng, Cheuk Yin	22	Tai PO	26.17	QT
4	12117 IAZ	Lau, Shiu Yue	28	Hoi Tin	24.56	QT
5		Wu, Liang-Yun	18	Chinese Taipei	25.96	QT
6	27239 B	Chan, Sheung Kwan	23	Keung Sung	26.31	QT
7	32457 B	Lau, Chi To	18	Happy Valley	26.95	QT
8	36852 IAZ	Chau, Houston	15	Tai PO	28.16	QT
9	43427 IAZ	Lam, Kayden	13	Chi Pui	28.97	QT

Event 29 Women 200 LC Meter Butterfly

HKR: 2:10.63 YEUNG Hoi Ching, TPS

JR: 2:14.06

WCA: 2:09.21

WCB: 2:13.73

MR: 2:10.63 YEUNG Hoi Ching, TPS

2:31.17 QT Qualifying Time

Meet Qualifying: 2:31.17

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 2 Prelims						
1	45531 #IAZ	Zhong, Sin Yiu	13	Marlins	2:29.78	QT
2	38537 B	Chung, Wing Sum Hazel	16	HK Sportworld	2:23.78	QT
3	31301 IAZ	To, Wing Yan	19	Happy Valley	2:18.39	QT
4	35932 B	Wong, Sze Laam Serena	15	Win Tin	2:16.02	QT
5	29449 B	Leung, Wing Tsun Rachel	18	Win Tin	2:16.94	QT
6		Hung, Yu-Shan	17	Chinese Taipei	2:20.00	QT
7	40963 IAZ	Chung, Wing Yee Sessie	14	Hoi Tin	2:24.91	QT
Heat 2 of 2 Prelims						
1	44988 @P	Koh, Li Wen Ashley	17	South China	2:25.46	QT
2	31707 #B	Tung, Sze Mang	17	Chi Pui	2:23.21	QT
3	29902 B	Lam, Cheuk Ue Natalie	21	Happy Valley	2:18.00	QT
4	32326 B	Mok, Sze Ki	18	Hoi Tin	2:12.80	QT
5		Lin, Tsu-Yun	15	Chinese Taipei	2:16.90	QT
6	38628 IAZ	Ho, So Wai	17	Hoi Tin	2:19.77	QT
7	28108 B	Seeto, Wai Ching	20	Keung Sung	2:23.93	QT
8	55502 @IM	Lin, Jiaqin	13	Pacific	2:30.14	QT



Hong Kong Open Swimming Championships 2025 - 15/08/2025 to 17/08/2025

Meet Program

Event 30 Men 200 LC Meter IM

HKR: 2:01.37

TO Kenneth King Him, LWS

JR: 2:05.10

WCA: 1:59.05

WCB: 2:03.22

MR: 1:59.44

WANG Hsing Hao, TPE

2:24.55

QT Qualifying Time

Meet Qualifying: 2:24.55

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3	36457 B	Wong, Kaden Lok Fung	16	Hoi Tin	2:24.55 QT
4	33829 IAO	Ko, Harry Hing	17	South China	2:24.10 QT
5	42836 IAZ	Chi, Yu Xi Seann	14	Jockey Club	2:24.55 QT
Heat 2 of 5 Prelims					
0	43245 B	Wong, Pak Dick	14	Tuen Mun	2:23.64 QT
1	44445 #IAZ	Chan, Tsz Hin	13	Tai PO	2:22.00 QT
2		Lin, Tzu-Yuan	17	Chinese Taipei	2:21.67 QT
3	38337 IAZ	Pong, Yik Hang Ryan	16	LRC	2:20.94 QT
4		Fok, Cheng Tong	13	Macau	2:20.42 QT
5	46151 #IAZ	Yang, Rui Xuan Ethan	15	Hoi Tin	2:20.88 QT
6	48681 #IAZ	Ho, James On	15	Island Stingrays	2:21.64 QT
7	44353 IAZ	Leung, Cheuk Hong	14	Hoi Tin	2:21.74 QT
8		Laksmana, Matteo	13	Indonesia	2:22.10 QT
9	43925 B	Lam, Ka Yeung	14	Pacific	2:23.96 QT
Heat 3 of 5 Prelims					
0	34714 B	Chan, Chi Kit Javen	16	Win Tin	2:16.49 QT
1	33608 IAZN	Wan, Chun Lim	19	Pacific	2:13.48 QT
2		Wu, Ruei Yu	16	Chinese Taipei	2:11.00 QT
3		Kuo, Chen	16	Chinese Taipei	2:08.00 QT
4	21248 B	Lau, Ping Chi	22	Hoi Tin	2:00.52 QT
5		Tsai, Ruei-Hong	18	Chinese Taipei	2:05.00 QT
6		Shih, Shu-Wei	17	Chinese Taipei	2:10.00 QT
7	39277 B	Fung, Ho Chun	17	Chi Pui	2:12.53 QT
8	41723 IAZ	Fong, Yik Yuen	17	Hoi Tin	2:15.23 QT
9	36805 B	Chan, Leong To	15	Hoi Tin	2:17.41 QT
Heat 4 of 5 Prelims					
0	40485 B	Lam, Cheuk Ting	15	Chi Pui	2:16.31 QT
1		Wang Tsai, Cheng-Chih	16	Chinese Taipei	2:13.00 QT
2	40455 IAZ	Lam, Wai Lok	16	Sun Yip	2:10.45 QT
3	38539 B	Chan, Wah Royce	17	HK Sportworld	2:06.24 QT
4	25379 B	Mak, Sai Ting Adam	19	Hoi Tin	2:00.44 QT
5	33755 IAZ	Lau, Kin Hei James	16	Hoi Tin	2:04.09 QT
6	33935 B	Yau, Pak Ho	17	Chi Pui	2:09.48 QT
7	36592 B	Lau, Ka Long	16	Hoi Tin	2:11.35 QT
8	45634 IAZ	Chan, Cheuk Hin	16	Marlins	2:15.00 QT
9	36895 B	Lo, Kei Hon Andre	16	Hoi Tin	2:17.41 QT



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Meet Program

Heat 5 Prelims... (Event 30 Men 200 LC Meter IM)

0	38725 B	Hong, Yan Shek	15	Pacific	2:16.03	QT
1	40879 IAZ	Chen, Zheng Xuan Jason	13	Hoi Tin	2:12.98	QT
2	44135 B	So, Chun Hei	16	Kwun Tong	2:10.01	QT
3	36547 IAZ	Wong, Yik Yan Sean	18	South China	2:05.28	QT
4	30192 B	Whittington, Peter Harry	21	Dali Swimming Club	1:58.13	QT
5		Fu, Kun-Ming	20	Chinese Taipei	2:02.77	QT
6		Wu, Zhen-Xiang	16	Chinese Taipei	2:09.00	QT
7	34506 B	Yu, Shing Hin	17	Win Tin	2:11.23	QT
8	35145 IAZ	Liu, Siu Fung	17	Chi Pui	2:13.92	QT
9	29849 B	Yeung, Cheuk Hay Hayden	19	Chi Pui	2:16.80	QT

Event 31 Women 400 LC Meter Freestyle

HKR:	4:05.30	HAUGHEY Siobhan Bernadette,SCA
JR:	4:13.81	
WCA:	4:10.23	
WCB:	4:18.99	
MR:	4:08.64	HAUGHEY Siobhan Bernadette SCA
	4:52.07	QT Qualifying Time

Meet Qualifying: 4:52.07

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
0	46200 IAZ	Kwong, Hoi Yee Phoebe	12	Tai PO	4:52.07 QT
1	51789 #@P	Hao, Ailynn	10	Tai PO	4:52.07 QT
2	42458 IAZ	Hon, Tsz Tung	15	Hoi Tin	4:47.38 QT
3	40824 P	Robertson, Claire Mei	17	Island Stingrays	4:42.86 QT
4	47272 IAZ	Man, Harmony Valentina	13	Pacific	4:41.61 QT
5	45986 IAZ	Wong, Cheuk Ying Siena	13	Win Tin	4:42.64 QT
6	44674 B	Wan, Ching Yiu Iris	13	Tai PO	4:44.86 QT
7	36011 B	Law, Hang Ue Anastasia	19	Hoi Tin	4:51.75 QT
8	47250 IAZ	Fong, Wing Tung	11	Long Fame	4:52.07 QT
Heat 2 of 3 Prelims					
0		Patrice, Euginia Fauzi	14	Indonesia	4:38.10 QT
1	38394 B	Yeung, Tin Wing	14	Hoi Tin	4:27.94 QT
2	19207 B	Nip, Tsz Yin	25	Eastern Winter	4:26.51 QT
3		Chang, Xi-Xuan	18	Chinese Taipei	4:24.00 QT
4	18545 IAZ	Lam, Pac Tung Nikita	25	Happy Valley	4:17.56 QT
5	40949 #B	Sum, Yi Man	14	Hoi Tin	4:20.02 QT
6	38627 IAZ	Ho, So Yu	17	Hoi Tin	4:24.19 QT
7	37874 IAZ	Choi, Hiu Ying	15	Hoi Tin	4:27.45 QT
8	39706 B	Yip, Tsz Laam	15	White Dolphin	4:33.57 QT
9	42134 IAZN	Tang, Kai Ting	15	Hoi Tin	4:39.37 QT



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Heat 3 Prelims... (Event 31 Women 400 LC Meter Freestyle)

0		Liu, Jia-Yin	14	Chinese Taipei	4:34.00	QT
1	41234 B	Chan, Jacaranda Yik Naam	12	Hoi Tin	4:27.63	QT
2	31657 IAZ	Chan, Lok Mei	17	Hoi Tin	4:24.72	QT
3	38217 IAZ	Yan, Ellie	15	Hoi Tin	4:21.98	QT
4	42490	Wang, Xin Tong	16	Win Tin	4:14.38	QT
5		Chen, Szu-An	24	Chinese Taipei	4:18.00	QT
6	44386	Li, Yu Qing	15	Win Tin	4:24.15	QT
7	45628 IAZ	Chan, Pui Ka	13	White Dolphin	4:26.94	QT
8		Liao, Yi-Ching	17	Chinese Taipei	4:31.00	QT
9	40426 B	Fong, Sin Ka	14	Long Fame	4:38.24	QT

Event 32 Men 50 LC Meter Freestyle

HKR:	21.83	HO Ian Yentou, SCA
JR:	23.65	
WCA:	22.05	
WCB:	22.82	
MR:	22.61	TO Kenneth King Him, LWS
	25.97	QT Qualifying Time

Meet Qualifying: 25.97

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims					
0	43478 P	Mok, Jun Yan	16	LRC	25.97 QT
1	39042 B	Cheung, Cheuk Fan	15	North District	25.97 QT
2	48220 IAZ	Mau, Kit Chi	15	Keung Sung	25.97 QT
3	33109 B	Seeto, Shun Yin	19	Keung Sung	25.91 QT
4		Huang, Bo-Ruei	15	Chinese Taipei	25.88 QT
5		Samosir, Michael Xander	14	Indonesia	25.90 QT
6		Ng, Mou Tong	14	Macau	25.97 QT
7	17157 IAZ	Po, Tak Long	35	Hoi Fung	25.97 QT
8	45797 B	Liu, Ho Lun	11	Long Fame	25.97 QT
9	56618 IAO	Tsang, Finlay Chi Yin	18	South China	25.97 QT
Heat 2 of 6 Prelims					
0	54976 IAZ	Lee, Chun Ho	20	Winner	25.82 QT
1	46409 IAZ	Wang, Zi Ran	15	Island Stingrays	25.57 QT
2		Ip, Cheok Him	16	Macau	25.54 QT
3		Chau, Hou Cheng	17	Macau	25.51 QT
4	43281 IAZ	Chan, Chak Alfred	14	HK Sportworld	25.42 QT
5	35900 IAZ	Lee, On Kit	17	North Sports	25.47 QT
6	45424 IAZ	Leung, Wai Lok	17	Superstar	25.52 QT
7	46574 IAZ	Fong, Pak Yin	14	Hoi Tin	25.55 QT
8	49384 IAZ	Li, Louis Ka Wo	15	Pacific	25.59 QT
9	41692 P	Hong, Eric Mingze	16	Island Stingrays	25.84 QT



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0	36852 IAZ	Chau, Houston	15 Tai PO	25.26	QT
1	33505 B	Hung, Chin Long	19 Sha Mei 318	25.03	QT
2	45426 IAZ	Ng, Dik Him	16 Superstar	24.87	QT
3	33791 B	Tang, Kak Shing	16 Tai PO	24.81	QT
4	43212 B	Tsang, Pak Kiu	15 Sun Yip	24.78	QT
5	40651 P	Leung, Tsz Ming	15 White Dolphin	24.79	QT
6	41163 IAZ	Chan, Tsz Hin	17 Tai PO	24.82	QT
7		Lan, Wen Li	17 Chinese Taipei	25.00	QT
8		Huang, Pin-Ruei	16 Chinese Taipei	25.18	QT
9	36000 B	Chan, Chi Chung	19 White Dolphin	25.30	QT

Heat 4 of 6 Prelims

0	38979 B	Kwong, Chun Wai Harvey	17 Tai PO	24.57	QT
1	39279 B	Shum, Chun Hei	15 White Dolphin	24.33	QT
2	36913 IAZ	Cheng, Cheuk Chi George	17 Dali Swimming Club	23.44	QT
3	31077 B	Lo, Man Kit	21 Sword Fish Club	23.28	QT
4		Hsiao, Yung-Chi	24 Chinese Taipei	22.80	QT
5		Septionus, Samuel M	17 Indonesia	23.09	QT
6		Lin, Yi-Cheng	17 Chinese Taipei	23.40	QT
7	30798 IAZ	Yeung, Hei Pui	20 Lai WA	23.90	QT
8	41529 IAZ	Chan, Yat Fung Evan	16 South China	24.48	QT
9	38026 IAZ	Wu, Yik Ham	17 HK Sportworld	24.73	QT

Heat 5 of 6 Prelims

0	44981 @^P	Abou Ghannam, Karl	18 South China	24.52	QT
1	37083 P	Kwan, Nicholas	17 Tai PO	24.10	QT
2	33435 IAZ	Siu, To	19 Dali Swimming Club	23.42	QT
3		Ng, Chi Hin	19 Macau	23.18	QT
4	30499 IAO	Chan, Nathan	22 Dik Wing	22.48	QT
5	22824 IAZ	Wong, Lok Kan	21 Hoi Tin	22.85	QT
6	20763 @IAX	Fok, Chun Wang Anthony	23 Dali Swimming Club	23.33	QT
7	42311 IAZ	Yu, Chi Lung	17 Pacific	23.68	QT
8	37757 B	Cheng, Pak Ho	17 HK Sportworld	24.38	QT
9	39933 B	Chan, Leong Medwin	15 HK Sportworld	24.72	QT

Heat 6 of 6 Prelims

0		Wardhana, Mika K	17 Indonesia	24.50	QT
1	34490 B	Chen, Yuxuan	16 Chi Pui	23.95	QT
2	35258 B	Cheung, Man Ho	14 Sea Lion	23.41	QT
3	32248 B	Li, Sing Hoi	20 Win Tin	23.10	QT
4	25254 B	Ho, Siu Lun	21 Dali Swimming Club	22.31	QT
5	49455 IAZ	Cai, Qi Hong	18 Chi Pui	22.82	QT
6		Wang, Kuan-Hung	23 Chinese Taipei	23.30	QT
7	32042 IAZ	Lee, Jia Jun Jody George	19 South China	23.59	QT
8	50162 IAZ	Kim, Yo Hann	14 Chi Pui	24.34	QT
9	38337 IAZ	Pong, Yik Hang Ryan	16 LRC	24.68	QT



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Meet Program

Event 33 Women 200 LC Meter Breaststroke

HKR: 2:27.96 KONG Yvette Man Yi, SCA

JR: 2:30.74

WCA: 2:25.91

WCB: 2:31.02

MR: 2:32.65 LAM Hoi Kiu, HTA

3:02.68 QT Qualifying Time

Meet Qualifying: 3:02.68

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3	56625 IAZ	Chen, Yim Claire	15	Chi Pui	3:02.68 QT
4	39904 #IAZ	Ho, Tess Lauren	17	Jockey Club	2:58.99 QT
5	48102 @P	Wong, Megan Min Mei	14	South China	3:00.84 QT
Heat 2 of 5 Prelims					
0	39484 #IAZ	Ho, Taylor Lei	15	Jockey Club	2:58.72 QT
1	46244 B	Li, Man Wai Mavis	11	HK Sportworld	2:54.71 QT
2	43397 IAZ	Lan, Jacey Laura	13	Jockey Club	2:54.19 QT
3	45709 IAZ	Chan, Anna Brontie	13	Jockey Club	2:53.62 QT
4	47579 @P	Furuta, Lia	14	Island Stingrays	2:52.99 QT
5	45764 B	Kong, Tsz Ching	13	Dik Wing	2:53.48 QT
6	43672 P	Yung, Tsz Zeon	11	Hoi Tin	2:53.71 QT
7	48367 #@P	Jin, Yunle	11	Chi Pui	2:54.51 QT
8	47072 #IAZ	Foo, Hoi Yu	14	Tai PO	2:57.05 QT
Heat 3 of 5 Prelims					
0	47395 IAZ	Yu, Yik Huen	13	Win Tin	2:49.92 QT
1	48170 IAZ	Choi, Hei Yi	13	Tai PO	2:47.57 QT
2	43137 IAZ	Yiu, Sum Yin	14	Win Tin	2:43.33 QT
3	38537 B	Chung, Wing Sum Hazel	16	HK Sportworld	2:35.98 QT
4	33742 IAZ	Lam, Chelsie	17	Dali Swimming Club	2:31.17 QT
5	38411 B	Yung, Tsz Ching	14	Hoi Tin	2:34.11 QT
6		Hsieh, Pei-Chia	18	Chinese Taipei	2:37.00 QT
7		Wu, Pei Yun	16	Chinese Taipei	2:46.00 QT
8	50341 IAZ	Hu, Xinyue	12	Hoi Tin	2:49.29 QT
9	48490 B	Yang, Tsz Yu	13	Tai PO	2:52.78 QT
Heat 4 of 5 Prelims					
0	43660 B	Chong, Ailis Ho Qiu	13	Hoi Tin	2:49.87 QT
1	46111 B	Chau, Pak Yu	13	Tai PO	2:46.58 QT
2		Kuok, Karis Hei Cheng	12	Macau	2:42.53 QT
3	38528 B	Lam, Tsz Ying	14	Hoi Tin	2:34.75 QT
4	48950 P	Gao, Jialian Candice	13	Chi Pui	2:30.74 QT
5	46308 IAZ	So, Hei Shun	14	Kwun Tong	2:33.25 QT
6	38297 IAX	Cheung, Hau Wing	17	Lai WA	2:36.12 QT
7		Liu, Xin-Yu	13	Chinese Taipei	2:45.00 QT
8		Phang, Jovanka P	14	Indonesia	2:48.55 QT
9	39149 IAZ	Xing, Yina	14	Happy Valley	2:51.69 QT



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Meet Program

Heat 5 Prelims... (Event 33 Women 200 LC Meter Breaststroke)

0	47157 IAZ	Wong, Pui Yiu	12	Tuen Mun	2:49.49	QT
1	50134 IAZN	Wu, Melody	16	South China	2:46.07	QT
2		Wei, Yu-Syuan	16	Chinese Taipei	2:42.00	QT
3		Liu, Pin-Chen	16	Chinese Taipei	2:34.50	QT
4	29060 IAZ	Lam, Hoi Kiu	21	Hoi Tin	2:27.05	QT
5		Li, Jia-Shiun	18	Chinese Taipei	2:31.53	QT
6	34467 B	Chan, Tsz Ching	19	Sea Lion	2:35.98	QT
7	44554 B	Lee, Wing Sze	15	Hoi Tin	2:44.98	QT
8	44742 IAZ	Ho, Michelle Yan Sin	13	White Dolphin	2:47.69	QT
9	52824 @^ICX	Yang, Miao	14	Dik Wing	2:51.46	QT

Event 34 Men 200 LC Meter Backstroke

HKR: 2:00.22 KWAN Hayden, PSC

JR: 2:07.52

WCA: 1:58.07

WCB: 2:02.20

MR: 2:00.70

KWAN Hayden, PSC

2:28.79 QT Qualifying Time

Meet Qualifying: 2:28.79

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
1	25050 B	Kung, Lok Sum	21	Tai PO	2:28.79 QT
2	40122 B	Kor, Pak Yin	14	South China	2:26.78 QT
3		Ng, Mou Tong	14	Macau	2:24.85 QT
4	40882 B	Lee, Chung Hei Aiden	14	Hoi Tin	2:22.18 QT
5	44682 IAZ	Wan, Wui Bun	13	Pacific	2:24.77 QT
6		Han, Hsin-Jui	13	Chinese Taipei	2:25.00 QT
7	30198 B	Lam, Cheuk Fung	18	Tai PO	2:28.79 QT
Heat 2 of 4 Prelims					
0	39084 B	Chan, See Nok Feliz	15	Win Tin	2:18.54 QT
1	43427 IAZ	Lam, Kayden	13	Chi Pui	2:16.47 QT
2	41457 IAZ	Leung, Hoi Chun	16	Kwun Tong	2:13.56 QT
3	33504 IAZ	Leung, Lok Hei	20	North Sports	2:06.98 QT
4	41900 B	Han, Pak Kiu	15	Hoi Tin	2:01.60 QT
5	34048 IAZ	Wong, Pok Lam	18	Hoi Tin	2:06.08 QT
6	17709 B	Whittington, Ryan Michael	24	South China	2:10.08 QT
7	41268 IAZ	Tan, Pak Hei Brian	15	Dik Wing	2:14.39 QT
8	37159 IAZ	Andiappan, Ethan Siddha Hsu	16	LRC	2:17.71 QT
9	39332 B	Wu, Yik Hei	15	HK Sportworld	2:21.82 QT



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Heat 3 Prelims... (Event 34 Men 200 LC Meter Backstroke)

0	40881 IAZN	Ray-smith, Henry Joseph Evel	14	Hoi Tin	2:18.23	QT
1	37746 @P	Qiu, Junhao	16	Island Stingrays	2:15.18	QT
2	40879 IAZ	Chen, Zheng Xuan Jason	13	Hoi Tin	2:11.96	QT
3	33758 IAZ	Leung, Tsz Wo	17	Hoi Tin	2:06.60	QT
4	36902 IAO	Kwan, Hayden	22	Pacific	2:01.04	QT
5	28636 B	Chan, Tsz Chiu	22	Keung Sung	2:05.39	QT
6	36914 IAZ	Cheng, Cheuk Kin Jake	17	Dali Swimming Club	2:08.96	QT
7	40752 IAZ	Xu, Steven	15	Kwun Tong	2:13.89	QT
8	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	2:17.13	QT
9	46119 B	Hsieh, Kurtis Yi Hon	12	Tai PO	2:21.67	QT

Heat 4 of 4 Prelims

0	46985 IAZ	Wong, Chung Kok Helge	14	Pacific	2:17.82	QT
1	34715 B	Chan, Chi Ho Steven	16	Win Tin	2:14.81	QT
2	40455 IAZ	Lam, Wai Lok	16	Sun Yip	2:11.56	QT
3	15423 IAZ	Cheung, Yau Ming	27	Hoi Tin	2:06.15	QT
4	35292 P	Yu, Dongqi	17	Hoi Tin	1:59.87	QT
5	27239 B	Chan, Sheung Kwan	23	Keung Sung	2:05.32	QT
6	40104 B	Cheung, Yung	14	White Dolphin	2:07.01	QT
7	39071 B	Luk, Man Him	16	Win Tin	2:13.74	QT
8	37686 B	Chang, Hok Hin	17	Tai PO	2:16.59	QT
9		So, Chi Hin	16	Macau	2:20.66	QT

Event 35 Women 50 LC Meter Butterfly

HKR: 26.55 TAM Hoi Lam, CUC

JR: 27.45

WCA: 26.23

WCB: 27.15

MR: 26.78

TAO Li, SIN

32.16 QT Qualifying Time

Meet Qualifying: 32.16

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 5 Prelims						
2	41671 IAZ	Ma, Wai Yan	17	Csu	32.16	QT
3	43249 B	Chan, Hiu Laam	17	Tuen Mun	32.14	QT
4	41875 IAZ	Li, Hei Man	14	Sword Fish Club	32.05	QT
5	47577 @ICX	Lin, Kunyi	15	Esf	32.08	QT
6	46320 @ICO	Bennett, Alyvia Paige	17	Island Stingrays	32.16	QT
Heat 2 of 5 Prelims						
0	40602 P	Kwon, Sowon	16	Island Stingrays	31.62	QT
1	42705 P	Krkalo, Eva Katarina	16	Island Stingrays	31.23	QT
2	45411 #B	Ding, Tian	13	Happy Valley	30.93	QT
3	47817 IAZ	Lau, Nga Lok	14	Tai PO	30.76	QT
4	44621 B	Lam, Tsz Ching	12	Tai PO	30.62	QT
5	37601 B	Cheung, Hoi Man	17	Winner	30.75	QT
6	33979 IAZ	Liu, Hei Yu	15	White Dolphin	30.80	QT
7	38028 B	Leung, Evelyn Yi	16	Tai PO	31.03	QT
8	31469 B	Lee, Si Yao Peony	17	South China	31.25	QT
9	37077 B	Lam, Ka Po	19	Dik Wing	31.83	QT



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Meet Program

Heat 3 Prelims... (Event 35 Women 50 LC Meter Butterfly)

0	45571 B	Chan, Hei Ching	13	Hoi Ngai	30.03	QT
1	38714 IAZ	Au, Hoi Sin	17	Kwun Tong	29.45	QT
2		Cheang, Weng Chi	19	Macau	29.03	QT
3	53037 @^ICX	Sun, Qimiao	14	Chi Pui	28.30	QT
4	35932 B	Wong, Sze Laam Serena	15	Win Tin	27.73	QT
5	38813 IAZN	Wong, Yuen Ching	15	Hoi Tin	27.88	QT
6	25098 B	Fung, Suet Ying Chloe	20	Kowloon Tong Club	28.60	QT
7	44988 @P	Koh, Li Wen Ashley	17	South China	29.30	QT
8	45531 #IAZ	Zhong, Sin Yiu	13	Marlins	29.63	QT
9	37596 P	Sandeen, Audrey Elizabeth	17	Island Stingrays	30.62	QT

Heat 4 of 5 Prelims

0	14069 IAZ	Yuen, Sin Ling	28	White Dolphin	29.93	QT
1	40096 IAZ	Lee, Ho Ching	15	Keung Sung	29.40	QT
2	45894 #IAZ	Yu, Kok Yiu Khloe	14	Kwun Tong	28.88	QT
3	36827 IAZ	Wong, Anthea Ching Wun	22	Island Stingrays	28.16	QT
4	05641 IBZ	Chan, Kin Lok	31	Win Tin	27.45	QT
5		Hung, Yu-Shan	17	Chinese Taipei	27.80	QT
6	18783 IAZ	Wong, Wai Nam	23	White Dolphin	28.50	QT
7	39706 B	Yip, Tsz Laam	15	White Dolphin	29.21	QT
8	51429 #IAZ	Hao, Merlynn	12	Tai PO	29.60	QT
9	50701 #IAZ	Pang, Tsz Yeuk Yolanda	13	Chi Pui	30.57	QT

Heat 5 of 5 Prelims

0	46124 IAZ	Mathis, Kayla J	14	Tai PO	29.89	QT
1		Yeh, Jhih-An	16	Chinese Taipei	29.30	QT
2	55502 @IM	Lin, Jiaqin	13	Pacific	28.86	QT
3	35455 B	Poon, Lok Yan	17	Chi Pui	28.14	QT
4	20540 IAZ	Kan, Cheuk Tung Natalie	23	Hoi Tin	27.09	QT
5	29449 B	Leung, Wing Tsun Rachel	18	Win Tin	27.76	QT
6	28108 B	Seeto, Wai Ching	20	Keung Sung	28.45	QT
7	42151 IAZ	Lai, Cheuk Ling Maris	13	Happy Valley	29.11	QT
8		Wang, Min-Zhi	16	Chinese Taipei	29.50	QT
9		Kuok, Hei Cheng	19	Macau	30.24	QT

Event 36 Men 800 LC Meter Freestyle

HKR:	8:03.41	CHEUK Ming Ho, CPS
JR:	8:18.64	
WCA:	7:48.66	
WCB:	8:05.06	
MR:	8:17.00	XIE, Qi-Lin, TPE
	9:00.00	QT Qualifying Time

Meet Qualifying: 9:00.00

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Timed Finals					
2	36157 IAZ	Loo, Tsz Chung Berry	17	Dik Wing	9:00.00 QT
3	22961 B	Chan, Tsun Hin	20	White Dolphin	8:49.42 QT
4	28236 B	Lau, Yiu Yeung Jamie	19	Win Tin	8:44.00 QT
5	35648 IAZ	Lau, Tsz Pok	17	Pacific	8:44.48 QT
6	42008 B	Law, Tsz Lok	13	Win Tin	8:53.13 QT



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Meet Program

Heat 2 Timed Finals... (Event 36 Men 800 LC Meter Freestyle)

0	50769 #@^ICX	Sun, Maokun	13	Win Tin	8:41.92	QT
1	48286 IAZ	Muller, Ethan	17	South China	8:34.67	QT
2	48418 #IAZ	Liao, Zitong	15	Chi Pui	8:32.09	QT
3	41422 B	Yick, Sum Kiu	15	Sea Lion	8:29.93	QT
4		Liu, Chen-Chou	16	Chinese Taipei	8:28.00	QT
5	43918 @IAX	Chui, Ue Haang	14	White Dolphin	8:29.49	QT
6	45472 B	Yeung, Tsz Ho	13	HK Sportworld	8:31.32	QT
7	39573 B	Lee, Chak Fung Jaiden	16	Hoi Tin	8:33.32	QT
8		Liao, Wu-Kuang	14	Chinese Taipei	8:40.00	QT
9	03439 IAZ	Sin, Chin Ting Keith	30	South China	8:43.28	QT

Fastest Heat Swims in PM Sessions

1	37663 IAZ	Yan, Kyle	16	Hoi Tin	8:23.39	QT
2	29043 B	Tsang, Lok Hei	21	Sun Yip	8:20.61	QT
3	30733 B	Lai, King Wo	18	Win Tin	8:14.26	QT
4	33922 P	So, Kwun Wa	17	White Dolphin	7:57.33	QT
5	29257 B	He, Shing Ip	19	Chi Pui	8:06.47	QT
6	29884 B	Kwong, Jacob Yat Nam	18	Win Tin	8:16.49	QT
7	35022 IAZ	Ip, Ali	18	Tai PO	8:21.99	QT
8	35931 B	Lam, Marcus Pak Hei	15	Win Tin	8:25.75	QT

Event 37 Women 4x100 LC Meter Freestyle Relay

HKR: 3:39.10 Hong Kong Team

JR: 3:51.08

MR: 3:43.49 Hong Kong Team

4:33.07 QT Qualifying Time

Meet Qualifying: 4:33.07

Lane	Team	Relay	Seed Time
Straight Final in PM Sessions			
1	South China Athletic Assn	A	4:11.97 QT
2	Pacific Swimming Club	A	4:05.75 QT
3	Hoi Tin Athletic Assn Ltd	A	4:00.42 QT
4	Win Tin Swimming Club	A	3:56.65 QT
5	White Dolphin Sport Assn	A	3:58.14 QT
6	Chi Pui Swimming Club Ltd	A	4:03.87 QT
7	Happy Valley Athletic Assn	A	4:11.81 QT
8	Hong Kong Island Stingrays	A	4:33.07 QT



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Event 38 Men 4x100 LC Meter Freestyle Relay

HKR: 3:21.22 Hong Kong Team

JR: 3:36.50

MR: 3:19.69 Chinese Taipei

3:57.79 QT Qualifying Time

Meet Qualifying: 3:57.79

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
2	Dali Swimming Club	A	3:57.79 QT
3	South China Athletic Assn	A	3:39.14 QT
4	Win Tin Swimming Club	A	3:29.29 QT
5	Chi Pui Swimming Club Ltd	A	3:32.94 QT
6	Sun Yip Swimming Club	A	3:45.26 QT
Heat 2 of 2 Prelims			
2	Kwun Tong Swimming Club	A	3:45.27 QT
3	Hong Kong Sportworld Assn	A	3:33.15 QT
4	Hoi Tin Athletic Assn Ltd	A	3:26.83 QT
5	Pacific Swimming Club	A	3:31.69 QT
6	White Dolphin Sport Assn	A	3:43.46 QT
7	Hong Kong Island Stingrays	A	3:57.79 QT

