

# HONG KONG AGE GROUP DIVING CHAMPIONSHIPS 2025

## *Rules & Regulations*

(Organized by Hong Kong China Swimming Association & Subvented by Leisure and Cultural Services Department)

Date :	13 – 14 December 2025 (Saturday to Sunday)		
Time :	08:00-22:00 (13 December 2025) Competition 08:00-20:00 (14 December 2025) Competition		
Venue :	Kowloon Park Swimming Pool – Diving Pool		
Entry Conditions :	<ul style="list-style-type: none"> <li>✧ All competitors must be 2025-2026 registered athletes of Diving Discipline (DV) of HKGSA and register before the registration deadline.</li> </ul>		
Entries :	<ul style="list-style-type: none"> <li>✧ HK\$ 30 per diver per individual and synchronized event. (Paid by cheque only. Crossed cheque made payable to “HKGSA”).</li> <li>✧ The coach is entirely responsible for the accuracy of the age group of divers indicated in the entry form.</li> <li>✧ Incomplete / Incorrect information will be rejected and fees will not be refunded.</li> <li>✧ Late entries will not be accepted.</li> <li>✧ Statement of Dives (“SD”) must be submitted in one original.</li> <li>✧ Coach is entirely responsible for the accuracy of the information indicated in the SD. Any late, incomplete or incorrect SD of any part will not be accepted. Once there is any incorrectness or discrepancy found in any part of the submitted SD, it will be returned to the Club. The Club must return the corrected SD with HK\$ 100 crossed cheque for each dive sheets within 24 hours (based on working days); otherwise deems withdrawal.</li> <li>✧ For Dives Amendments, must submit the final dive sheet with HK\$ 100 crossed cheque for each dive sheets to HKGSA on or before the Dives Amendment Deadline, otherwise deems withdrawal.</li> </ul>		
Closing Date for Entries:	14 November 2025	(Friday)	17:00
Closing Date for Statement of Dives:	26 November 2025	(Wednesday)	17:00
Closing Date for Dives Amendment:	8 December 2025	(Monday)	12:00
Random Draw:	19 November 2025	(Wednesday)	17:00
	<p>The draw will be held at HKGSA Office. Each participating Club can have one representative to attend the draw. HKGSA will do the draw on behalf of any Club without representative and the draw result will not be announced individually.</p>		

Age Group:	<p>◇ All divers remain qualified from the 1<sup>st</sup> of January to midnight of the following 31<sup>st</sup> December in the year of competition.</p> <ul style="list-style-type: none"> <li>• Group Open – 19 &amp; above</li> <li>• Group A – 16, 17 &amp; 18</li> <li>• Group B – 14 &amp; 15</li> <li>• Group C – 12 &amp; 13</li> <li>• Group D – 8, 9, 10 &amp; 11</li> </ul>
Event list:	<p>◇ Event List Information as below.  ◇ World Aquatics Age Group competition format will apply in Group A, B, C &amp; Open  ◇ HKGSA competition format will apply in Group D</p>
Rules :	<p>◇ Divers will be allowed to co-operating with different divers from affiliation clubs (“cross – clubs”) for synchronized diving.  ◇ World Aquatics rules (1<sup>st</sup> January 2025) &amp; HKGSA diving rules will apply.</p>
Awards :	<p>◇ Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place.</p>
Scratches:	<p>◇ Scratch form must be submitted 30 minutes before the scheduled start time of each session.  ◇ A fine of \$30 will be charged for “no show” of each event. Fine payment should be settled by the competition day. Otherwise, the entry of the concerned diver(s) will not be accepted.</p>
Protest:	<p>◇ Any protest shall be made in writing to the Arbitration Committee within 30 minutes following the end of all events with the protest form and an appeal fee of HK\$200.  ◇ Protest will be forward to the Arbitration Committee (Members including Arbitrator, Meet Director or/and Referee) of such competition for decision.  ◇ If the protest is rejected, fee paid will be forfeited to the HKGSA.</p>

Event List Information

	Events	Competition Format		
		Dives with limit of degree of difficulty.	Dives without limit of degree of difficulty.	Total degree of difficulty shall not exceed.
<b>1</b>	<b>Boy Group Open</b>			
	1 meter Springboard / 3 meter Springboard / Platform		6	
<b>2</b>	<b>Girl Group Open</b>			
	1 meter Springboard / 3 meter Springboard / Platform		5	
<b>3</b>	<b>Boy Group Open Synchronized Diving</b>			
	3 meter Springboard / 10 meter Platform	2	4	2.0 for first and second dives
<b>4</b>	<b>Girl Group Open Synchronized Diving</b>			
	3 meter Springboard / 10 meter Platform	2	3	2.0 for first and second dives
<b>5</b>	<b>Boy Group A</b>			
	1 meter Springboard	5	5	9.0
	3 meter Springboard	5	5	9.5
	Platform	4	5	7.6
<b>6</b>	<b>Girl Group A</b>			
	1 meter Springboard	5	4	9.0
	3 meter Springboard	5	4	9.5
	Platform	4	4	7.6
<b>7</b>	<b>Boy Group B</b>			
	1 meter Springboard	5	4	9.0
	3 meter Springboard	5	4	9.5
	Platform	4	4	7.6
<b>8</b>	<b>Girl Group B</b>			
	1 meter Springboard	5	3	9.0
	3 meter Springboard	5	3	9.5
	Platform	4	3	7.6
<b>9</b>	<b>Boy Group C</b>			
	1 meter Springboard	5	3	9.0
	3 meter Springboard	5	3	9.5
	Platform	4	3	7.6
<b>10</b>	<b>Girl Group C</b>			
	1 meter Springboard	5	2	9.0
	3 meter Springboard	5	2	9.5
	Platform	4	2	7.6

11	<b>Boy Group D</b>			
	1 meter Springboard	3	2	5.4
	Dives with limit of DD: 3 dives each selected from different groups Dives without limit of DD: 2 dives each selected from different groups, no dive of the same number shall be repeated from Dives of limit of DD At least adopt 3 different dive groups			
12	<b>Girl Group D</b>			
	1 meter Springboard	3	2	5.4
	Dives with limit of DD: 3 dives each selected from different groups Dives without limit of DD: 2 dives each selected from different groups, no dive of the same number shall be repeated from Dives of limit of DD At least adopt 3 different dive groups			
13	<b>Boy Group A \ B Combine Synchronized Diving</b>			
	3 meter Springboard	2	3	2.0 for first and second dives
14	<b>Girl Group A \ B Combine Synchronized Diving</b>			
	3 meter Springboard	2	3	2.0 for first and second dives

\*Degree of difficulty (DD)

The competition format of Group D: at least adopt 3 different dive groups

If there are any changes and dispute arises, decision from the HKGSA will be final.