

Programme

比賽賽程



HONG KONG AMATEUR SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2019-20 Short Course Masters Swimming Competition (Part 2)

二零一九至二零年短池先進游泳比賽第二部份

19 January 2020 (Sun)

二零二零年一月十九日(日)

Shing Mun Valley Swimming Pool

城門谷游泳池

Subvented by the LCSD



2019-2020 MSSCP2 - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 50 Freestyle	111
2	Women 50 Freestyle	48
3	Men 100 Breaststroke	69
4	Women 100 Breaststroke	39
5	Men 25 Freestyle	119
6	Women 25 Freestyle	69
7	Men 50 Butterfly	96
8	Women 50 Butterfly	42
9	Men 25 Backstroke	86
10	Women 25 Backstroke	55
11	Men 4x25 Freestyle Relay	45
12	Women 4x25 Freestyle Relay	21
13	Men 50 Breaststroke	105
14	Women 50 Breaststroke	48
15	Men 200 Freestyle	68
16	Women 200 Freestyle	23
17	Mixed 4x25 Medley Relay	35

Total **1079**

Entry information by Day		
Day / Session	No. of Entries	Total
A.M.	593	1079
P.M.	486	

Short Course Masters Swimming Competition – Part 2

短池先進游泳比賽 – 第二部份

Date: 19-01-2020 (Sunday) **Venue:** Shing Mun Valley

Swimming Pool 城門谷游泳池

Morning Warm up/熱身: 0900 – 0950 Hrs

Morning First Event/開始: 1000 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN				WOMEN	
1	50 M	Freestyle	自由泳	2	
3	100 M	Breaststroke	蛙泳	4	
5	25 M	Freestyle	自由泳	6	
7	50 M	Butterfly	蝶泳	8	

Lunch Break 午膳時間

9	25 M	Backstroke	背泳	10	
11	4 x 25 M	Freestyle Relay	自由接力	12	
13	50 M	Breaststroke	蛙泳	14	
15	200 M	Freestyle	自由泳	16	
17	4 x 25 M	Mixed Medley Relay	男女混合四式 接力		

二零一九至二零年香港先進游泳比賽系列
比賽規程

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2019-2020 年度先進組別泳員。2019-20 年註冊費為港幣\$100 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 長池比賽：每名泳員可參加不多於 3 項個人項目。 ◇ 短池比賽：每名泳員可參加不多於 3 項個人項目。 ◇ 每項報名費為港幣\$15 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每位泳員於每項接力項目只能參加一個年齡組別。如泳員參加多於一個年齡組別，該泳員所參與的接力項目成績將會被取消。 ◇ 各隊所有運動員需依照所屬屬會提交的接力表上次序比賽，如運動員沒有依照接力表上的次序比賽，該隊成績將會被取消。 ◇ 每項報名費為港幣\$15 元正。 <p>支票請劃線，抬頭寫 HKASA。</p>
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於比賽截止報名 21 日前辦妥。(以泳總的公佈為準)
項目：	請參閱項目表。所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 接力名單須於比賽日 12 時前遞交。 ◇ 每次“缺席”的罰款為港幣\$30 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。
線道安排：	<ul style="list-style-type: none"> ◇ 如有需要，不同的年齡及性別亦會安排一起以免剩餘一人作賽。

獎項：	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ 前八名可分別獲得分數 (年齡 18-24 組除外): <table border="1" data-bbox="379 192 1161 293" style="margin-left: 20px;"> <tr> <td style="padding: 2px;">個人項目</td> <td style="padding: 2px;">9</td> <td style="padding: 2px;">7</td> <td style="padding: 2px;">6</td> <td style="padding: 2px;">5</td> <td style="padding: 2px;">4</td> <td style="padding: 2px;">3</td> <td style="padding: 2px;">2</td> <td style="padding: 2px;">1</td> </tr> <tr> <td style="padding: 2px;">接力</td> <td style="padding: 2px;">18</td> <td style="padding: 2px;">14</td> <td style="padding: 2px;">12</td> <td style="padding: 2px;">10</td> <td style="padding: 2px;">8</td> <td style="padding: 2px;">6</td> <td style="padding: 2px;">4</td> <td style="padding: 2px;">2</td> </tr> </table> ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。 	個人項目	9	7	6	5	4	3	2	1	接力	18	14	12	10	8	6	4	2
個人項目	9	7	6	5	4	3	2	1											
接力	18	14	12	10	8	6	4	2											
規則：	<ul style="list-style-type: none"> ◇ 比賽採用國際泳聯的規則。 ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF” (未能完成比賽)。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。 ◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下： <p>第一次違規</p> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。 <p>第二次違規</p> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。 <p>第三次違規</p> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。 <p>違規記錄於一個財政年度清算(由 4 月 1 日起至 3 月 31 日)</p> 																		
上訴：	<ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的 30 分鐘內，連同上訴費港幣\$200 元遞交予總裁判。 ◇ 上訴會交由該比賽之上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。 																		

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2019-20

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<p>※All competitors must be 2019-20 registered masters (MS) swimmers of HKASA (2019-20 Registration Fee: HK\$100 per swimmer)</p> <p>※Age 18 or above.</p> <p>※<u>Overseas Teams: All Overseas competitors must be 2019-20 registered masters swimmers of their respective National Swimming Federation.</u></p>
Entries	<p>※Entries must be submitted with HKASA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded.</p> <p><u>Individual Events</u></p> <p>※Each swimmer is limited to no more than 3 individual events for Long Course Competitions</p> <p>※Each swimmer is limited to no more than 3 individual events for Short Course Competitions</p> <p>※HK\$15 per individual event</p> <p><u>Relay Events</u></p> <p>※Relays will be run on a club basis.</p> <p>※Each club may enter no more than one team in one age group of each relay event.</p> <p>※All swimmers must be aged 25 or above.</p> <p>※Each swimmer is only allowed to participate in one age group of each relay event. If swimmer race in two or more age group relay, concerned team result shall be disqualified.</p> <p>※The composition of a relay team must be the same order to the submitted relay form. Any club failed to follow the same order will result in disqualified.</p> <p>※HK\$15 per team per relay event.</p> <p>Paid by cheque. Crossed cheque made payable to 'HKASA'.</p>
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKASA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKASA)
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<p>※Age is calculated as at 31 December of the year of the competition.</p> <p><u>Individual Events</u></p> <p>※18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over</p> <p><u>Relay Events</u></p> <p>※100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</p>

Scratches	<p>※Scratches must be submitted 30 minutes before the scheduled start time of each session.</p> <p>※Relay entry form must be submitted before 1200hours of each competition.</p> <p>※A fine of \$30 will be charged for each “no show”. Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.</p>																		
Seeding	<p>※When necessary, different age will be seeded together so that no one will swim alone.</p>																		
Awards	<p>※Medals will be awarded to 1st, 2nd and 3rd places.</p> <p>※*Point score for first 8 places respectively (exclude Age 18-24 Group):</p> <table border="1" data-bbox="376 577 1158 678"> <tr> <td>Individual</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>Relay</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <p>※*Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.</p>	Individual	9	7	6	5	4	3	2	1	Relay	18	14	12	10	8	6	4	2
Individual	9	7	6	5	4	3	2	1											
Relay	18	14	12	10	8	6	4	2											
Rules	<p>※FINA rules will be applied.</p> <p>※Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Event. Their results will be recorded as “DNF” (Did not Finish).</p> <p>※Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards.</p> <p>※Swimmers shall not replace the swimmers on the swimmers list without HKASA’s permission, represented clubs will be punished as follows:</p> <p><u>First time of violation</u></p> <p>※A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given.</p> <p><u>Second time of violation</u></p> <p>※A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women’s relay events will not be given.</p> <p><u>Third time of violation</u></p> <p>※A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events during the competition will not be given and respective club shall be suspended from the next competition.</p> <p>Violation would be counted within one financial year (i.e. starting from 1st April and ending 31st March)</p>																		

Protest	<ul style="list-style-type: none">※Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200.※Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final.※If the protest is rejected, the fee paid will be forfeited to the HKASA.
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HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2019-20 Short Course Masters Swimming Competition - Part 1)

MEN 25M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	0:21.24	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
FU TAI CHUN	KTS	80-84	0:19.48	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
TAM WING SING	NWC	75-79	0:15.46	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
TIN SHEUNG KWAI	NWC	70-74	0:14.08	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
TIN SHEUNG KWAI	SFC	65-69	0:13.62	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
CHAN KIN YUEN	SFC	60-64	0:13.07	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
WAI CHRIS TAK WING	NWC	55-59	0:13.12	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
WONG KWOK WAH	KHC	50-54	0:11.73	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
RUST STEFAN ROBERT	LRC	45-49	0:12.48	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
NORTJE, CRAIG ANDREW	#FB	40-44	0:11.52	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
FU WING HARBETH	KTS	35-39	0:11.28	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
FU WING HARBETH	KTS	30-34	0:11.08	2010-11 Short Course Masters Swimming Competition - Part 2	30-Jan-11
KONG CHUN YIN	FWC	25-29	0:11.03	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LEUNG KA MAN	HKP	18-24	0:11.60	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14

WOMEN 25M FREESTYLE				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	0:24.36	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
WONG JIM	SFC	75-79	0:19.23	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
SUEN MING CHU	SFC	70-74	0:18.47	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
SUEN MING CHU	SFC	65-69	0:19.53	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
TSEUNG NGA WAH	SFC	60-64	0:15.11	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:14.12	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
MCCARROLL JESSICA LEE TEMPLE	CKW	50-54	0:14.60	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
YAMAGUCHI, MIKA	PSC	45-49	0:13.81	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
MATSUDA, HITOMI	SFC	40-44	0:13.37	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KELSEY JANE MACFARLAND	LRC	35-39	0:13.89	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
MOK WING YAN	CLT	30-34	0:13.14	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
CHAN YU NING	DLS	25-29	0:13.08	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LAI VIVIAN HIU TUNG	DLS	18-24	0:12.79	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15

MEN 50M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	0:45.70	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LEE MING	SFC	80-84	0:43.06	Short Course Masters Open Swimming Championships 2010	17-Jan-10
FU TAI CHUN	KTS	75-79	0:34.15	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
TIN SHEUNG KWAI	NWC	70-74	0:32.20	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
FU TAI CHUN	KTS	65-69	0:29.43	Short Course Masters Swimming Championships 2003	15-Feb-03
FU TAI CHUN	KTS	60-64	0:28.63	Short Course Masters Swimming Championships 1997	22-Feb-97
FU TAI CHUN	KTS	55-59	0:27.12	Short Course Masters Swimming Championships 1993	06-Feb-93
WONG KWOK WAH	KHC	50-54	0:25.42	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
RUST STEFAN ROBERT	LRC	45-49	0:25.64	2015-16 Short Course Masters Swimming Competition - Part 1	01-Nov-15
NORTJE, CRAIG ANDREW	#FB	40-44	0:25.17	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
FU WING HARBETH	KTS	35-39	0:24.05	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
FU WING HARBETH	KTS	30-34	0:23.80	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
KONG CHUN YIN	FWC	25-29	0:23.74	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
KONG CHUN YIN	HVA	18-24	0:23.45	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 50M FREESTYLE				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	0:54.99	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
WONG JIM	SFC	75-79	0:44.41	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
SUEN MING CHU	SFC	70-74	0:42.18	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
SUEN MING CHU	SFC	65-69	0:41.15	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
TSEUNG NGA WAH	SFC	60-64	0:35.08	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:32.18	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
COGGINS LYNDA ANNE	LRC	50-54	0:30.30	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
YAMAGUCHI, MIKA	PSC	45-49	0:29.88	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KELSEY JANE MACFARLAND	LRC	40-44	0:28.79	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
KELSEY JANE MACFARLAND	LRC	35-39	0:28.62	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
JOHNSON MELISSA ANN	PSC	30-34	0:28.73	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
NG KA MAN	KTS	25-29	0:27.85	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
SETO WING YAN	NWC	18-24	0:28.22	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2019-20 Short Course Masters Swimming Competition - Part 1)

MEN 100M FREESTYLE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
LEE MING	SFC	80-84	1:39.86	2010-11 Short Course Masters Swimming Championships - Part 1	16-Oct-10
LAM LIT KWAN	LTS	75-79	1:34.01	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
TIN SHEUNG KWAI	NWC	70-74	1:16.37	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
TSE KWOK PIU	SFC	65-69	1:09.73	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
HO ROBERT YAU CHUNG	LRC	60-64	1:04.60	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
MA ETIENNE	YMC	55-59	1:01.39	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
RUST STEFAN ROBERT	LRC	50-54	0:57.63	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
RUST STEFAN ROBERT	LRC	45-49	0:58.13	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
STAMENOVIC IVAN	LRC	40-44	0:56.91	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
NORTJE CRAIG ANDREW	VRC	35-39	0:55.85	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
BEAHAN GRANT KENNETH	BSC	30-34	0:54.17	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KONG CHUN YIN	FWC	25-29	0:53.13	2015-16 Short Course Masters Swimming Competition - Part 1	01-Nov-15
WONG SING TSUN DEREK	CUC	18-24	0:53.96	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 100M FREESTYLE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
MAK SUET MAN	SGC	80-84	2:32.06	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
WONG JIM	SFC	75-79	1:53.52	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
SAM CHOI LIN	SFC	70-74	1:48.91	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
SUEN MING CHU	SFC	65-69	1:33.56	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
TSEUNG NGA WAH	SFC	60-64	1:20.88	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:14.61	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
COGGINS LYNDA ANNE	LRC	50-54	1:08.59	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
YAMAGUCHI, MIKA	PSC	45-49	1:06.68	Singapore Masters Short Course Swimming Championships 2018	18-Nov-18
TAM ALISON MAI LING	PSC	40-44	1:05.58	Singapore Masters Short Course Swimming Championships 2018	18-Nov-18
KELSEY JANE MACFARLAND	LRC	35-39	1:01.44	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
CARPENTER LINH THUC LUONG	LRC	30-34	1:03.42	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
SETO WING YAN	NWC	25-29	1:02.35	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
MAU LOK YAN EUNICE	CUC	18-24	1:01.93	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

MEN 200M FREESTYLE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
YIM KAM WING	NWC	80-84	3:47.42	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
LEE MING	SFC	75-79	3:29.45	Short Course Masters Open Swimming Championships 2007	04-Mar-07
FU TAI CHUN	KTS	70-74	2:49.62	Short Course Masters Open Swimming Championships 2008	01-Mar-08
FU TAI CHUN	KTS	65-69	2:36.59	Short Course Masters Swimming Championships 2003	15-Feb-03
HO ROBERT YAU CHUNG	LRC	60-64	2:27.89	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
MA ETIENNE	YMC	55-59	2:19.34	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
MA ETIENNE	YMC	50-54	2:19.05	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	2:08.25	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
MCKINLAY CALUM JOHN	HIS	40-44	2:04.25	Short Course Masters Open Swimming Championships 2008	01-Mar-08
CAGGIO, ANTONINO	NWC	35-39	2:01.74	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
CHOW KEVIN TZE HO	SCA	30-34	2:06.50	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LAU CHUN LEUNG JOHNNY	KHC	25-29	1:58.61	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
LUI CHUN YIN	DLS	18-24	1:59.50	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15

WOMEN 200M FREESTYLE

				<i>NAME OF MEET</i>	<i>DATE ACHIEVED</i>
MAK SUET MAN	SGC	80-84	5:11.28	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
WONG JIM	SFC	75-79	4:44.82	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
SUEN MING CHU	SFC	70-74	3:33.59	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
SUEN MING CHU	SGC	65-69	3:18.38	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
SUEN MING CHU	SCA	60-64	3:12.88	Short Course Masters Open Swimming Championships 2008	01-Mar-08
KIRKWOOD, TAIN MHAIRA	LRC	55-59	2:45.79	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDA ANNE	LRC	50-54	2:33.29	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
YAMAGUCHI, MIKA	PSC	45-49	2:28.46	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
KELSEY JANE MACFARLAND	LRC	40-44	2:14.12	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
KELSEY JANE MACFARLAND	LRC	35-39	2:12.81	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
CARPENTER LINH THUC LUONG	LRC	30-34	2:20.77	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
NG KA MAN	KTS	25-29	2:16.19	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
CHOW SIN HANG	KTS	18-24	2:19.51	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2019-20 Short Course Masters Swimming Competition - Part 1)

MEN 25M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
FU TAI CHUN	SFC	80-84	0:24.48	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
FU TAI CHUN	KTS	75-79	0:20.32	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
TIN SHEUNG KWAI	NWC	70-74	0:17.13	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
TIN SHEUNG KWAI	KTS	65-69	0:16.43	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
CHAN KIN YUEN	KTS	60-64	0:16.42	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
HO ROBERT YAU CHUNG	LRC	55-59	0:15.76	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
XIE JIANGHONG	SFC	50-54	0:14.85	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
RUST STEFAN ROBERT	LRC	45-49	0:14.84	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
NORTJE, CRAIG ANDREW	#FB	40-44	0:14.15	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
NORTJE CRAIG ANDREW	VRC	35-39	0:14.16	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LAM YAU SUN DICKSON	#DB	30-34	0:13.34	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LEE MAN TIM	HTA	25-29	0:12.96	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
CHEUNG YAU MING	#DB	18-24	0:12.46	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19

WOMEN 25M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
HO PO YEE	LTS	80-84	0:46.40	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
WONG JIM	SFC	75-79	0:26.59	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
WONG JIM	KTS	70-74	0:24.58	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
SUEN MING CHU	SFC	65-69	0:24.06	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
CHOW KIT BING	SGC	60-64	0:20.81	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
LEUNG WAI FAN	KTS	55-59	0:17.86	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDA ANNE	LRC	50-54	0:16.27	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LAKE AMBER ROBYN	LRC	45-49	0:16.31	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
LAKE AMBER ROBYN	LRC	40-44	0:16.08	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
KELSEY JANE MACFARLAND	LRC	35-39	0:16.00	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
CHAN WING SUET	CKW	30-34	0:15.12	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
CARPENTER LINH THUC LUONG	LRC	25-29	0:14.97	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
LAM SUET	HKP	18-24	0:15.19	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17

MEN 50M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
MAK HEI CHI	SGC	80-84	0:57.47	Short Course Masters Open Swimming Championships 2009	18-Jan-09
LAM LIT KWAN	LTS	75-79	0:48.18	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
FU TAI CHUN	KTS	70-74	0:42.19	Short Course Masters Open Swimming Championships 2007	04-Mar-07
LEE SHE KWOK	SFC	65-69	0:43.61	Short Course Masters Swimming Championships 2004	15-Feb-04
NGAI WING FOOK	KTS	60-64	0:35.84	Short Course Masters Swimming Championships 2003	15-Feb-03
HO ROBERT YAU CHUNG	LRC	55-59	0:33.42	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
JOHNSON ERIC ANDREW	LRC	50-54	0:31.06	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
JOHNSON ERIC ANDREW	LRC	45-49	0:30.51	Short Course Masters Open Swimming Championships 2009	18-Jan-09
ALDERTON ROBERT PAUL	YMC	40-44	0:30.93	Short Course Masters Swimming Championships 2000	12-Feb-00
LIM KENG LIAT	PSG	35-39	0:29.21	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
LAM YAU SUN DICKSON	#DB	30-34	0:28.15	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
KONG CHUN YIN	FWC	25-29	0:28.64	2015-16 Short Course Masters Swimming Competition - Part 1	01-Nov-15
LEUNG WING KEI	CUC	18-24	0:27.55	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11

WOMEN 50M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	80-84	1:34.59	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
WONG JIM	SFC	75-79	0:58.66	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
WONG JIM	KTS	70-74	0:56.19	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
CHENG MIN	SFC	65-69	0:51.14	Short Course Masters Swimming Championships 2006	05-Mar-06
LO LAI YUNG	NWC	60-64	0:46.74	2015-16 Short Course Masters Swimming Competition - Part 1	01-Nov-15
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:43.10	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
COGGINS LYNDA ANNE	LRC	50-54	0:35.04	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LAKE AMBER ROBYN	LRC	45-49	0:34.31	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
TAM ALISON MAI LING	#FL	40-44	0:33.75	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
KELSEY JANE MACFARLAND	LRC	35-39	0:33.53	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
CARPENTER LINHN THUC LUONG	LRC	30-34	0:32.19	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
CHAN KA KA / SETO WING YAN	HKP/NWC	25-29	0:33.63	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
FONG SIN YI	KTS	18-24	0:32.59	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2019-20 Short Course Masters Swimming Competition - Part 1)

MEN 25M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
HO SHUI ON	SFC	80-84	0:25.64	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LAM LIT KWAN	LTS	75-79	0:18.93	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
TIN SHEUNG KWAI	NWC	70-74	0:17.28	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
CHAN KAM POR	SFC	65-69	0:16.85	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
TANG KON LEONG	SFC	60-64	0:16.29	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
CHAN KAM POR	SGC	55-59	0:16.35	2010-11 Short Course Masters Swimming Championships - Part 1	16-Oct-10
WATT KAM SING MICHAEL	KTC	50-54	0:15.09	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
WAN LAP SUN	FWC	45-49	0:14.68	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
LEUNG SIU KIN PHILIP	LTS	40-44	0:13.97	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
LO JONATHAN KA YAN	FWC	35-39	0:14.11	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
WONG CHUN YAN	HTA	30-34	0:13.55	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
WONG HO LONG	NWC	25-29	0:13.45	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
YUEN MARCUS	PSC	18-24	0:13.30	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17

WOMEN 25M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
PAK WAI HING	LTS	80-84	0:33.46	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
TAI LI HUA	LTS	75-79	0:22.48	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
WONG JIM	SFC	70-74	0:24.24	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:22.60	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	0:21.93	2015-16 Short Course Masters Swimming Competition - Part 1	01-Nov-15
LEUNG WONG YIN HAR HAYLEY	SGC	55-59	0:21.58	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
LEUNG WAI FAN	KTS	50-54	0:17.63	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
YAMAGUCHI MIKA	SFC	45-49	0:17.66	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
YAMAGUCHI MIKA	SFC	40-44	0:18.04	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
YAU LOK LAM VAN	RSC	35-39	0:16.60	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
TU PUI YEE	HKP	30-34	0:16.31	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LEE WAI SZE	NWC	25-29	0:15.92	2017-18 Short Course Masters Swimming Championships - Part 1	17-Sep-17
LI TSZ YU	HFS	18-24	0:16.84	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

MEN 50M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WILSON JOHN SIMON	NWC	85-89	1:03.60	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
CHAM KAM	SFC	80-84	0:53.46	Short Course Masters Open Swimming Championships 2009	18-Jan-09
FU TAI CHUN	KTS	75-79	0:50.79	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
TIN SHEUNG KWAI	NWC	70-74	0:41.06	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YONG KHIN SYN	SFC	65-69	0:37.04	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
FU TAI CHUN	KTS	60-64	0:36.15	Short Course Masters Swimming Championships 1997	22-Feb-97
FU TAI CHUN	KTS	55-59	0:34.52	Short Course Masters Swimming Championships 1993	06-Feb-93
SIEH TIEN YU	KTS	50-54	0:33.32	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
YEW SING MING KELVIN	SFC	45-49	0:30.99	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
IMAI, RYOSUKE	PSC	40-44	0:28.91	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LO JONATHAN KA YAN	LRG	35-39	0:30.71	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
WONG CHUN YAN	HTA	30-34	0:29.76	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
KWOK HO TIN	EWS	25-29	0:30.07	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
YUEN MARCUS	PSC	18-24	0:29.83	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

WOMEN 50M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	1:13.70	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
WONG JIM	SFC	75-79	0:59.17	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
WONG JIM	KTS	70-74	0:55.21	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:49.83	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	0:49.06	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
LEUNG WAI FAN	KTS	55-59	0:38.71	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
LEUNG WAI FAN	KTS	50-54	0:37.68	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14
<u>YAMAGUCHI MIKA</u>	<u>#FL</u>	<u>45-49</u>	<u>0:38.42</u>	<u>Japan Masters Sprint 2019</u>	<u>30-Nov-19</u>
BARNES RUTH	LRG	40-44	0:38.05	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
PANG WAN YIU SNOWIE VERONIC	FWC	35-39	0:37.14	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LIU KA LEI	KTS	30-34	0:35.44	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LEE WAI SZE	NWC	25-29	0:35.73	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
LI TSZ YU	HFS	18-24	0:35.84	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2019-20 Short Course Masters Swimming Competition - Part 1)

MEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:35.25	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
CHAN KAM	SFC	80-84	2:19.76	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
LAM LIT KWAN	LTS	75-79	2:04.65	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
YONG KHIN SYN	SFC	70-74	1:33.81	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
CHAN KAM POR	SFC	65-69	1:23.71	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
CHAN KAM POR	SGC	60-64	1:23.13	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
KOO YU FAT MARCUS	FFA	55-59	1:21.76	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
WATT KAM SING MICHAEL	KTS	50-54	1:15.62	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
YEW SING MING KELVIN	SFC	45-49	1:08.66	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
IMAI, RYOSUKE	PSC	40-44	1:03.04	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LO JONATHAN KA YAN	LRC	35-39	1:07.97	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LUK WING KIN ANDY	KHC	30-34	1:08.51	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
YUEN MARCUS	LRC	25-29	1:05.92	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
YUEN MARCUS	PSC	18-24	1:04.89	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17

WOMEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:12.86	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
SUEN MING CHU	SFC	70-74	1:53.64	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	1:50.27	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	1:44.12	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
KIRKWOOD, TAIN MHAIRA	LRC	55-59	1:31.00	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDA ANNE	LRC	50-54	1:25.41	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
YAMAGUCHI, MIKA	PSC	45-49	1:27.19	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
MATSUDA, HITOMI	SFC	40-44	1:17.56	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:22.70	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
MORRISON RUTH	LRC	30-34	1:19.10	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LIU KA LEI	KTS	25-29	1:20.71	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
PANG HIU KWAN	JHC	18-24	1:24.52	2013-14 Short Course Masters Swimming Competition - Part 2	02-Mar-14

MEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
CHAN KAM	SFC	80-84	4:43.82	Short Course Masters Open Swimming Championships 2009	18-Jan-09
MAK HEI CHI	SGC	75-79	4:01.31	Short Course Masters Swimming Championships 2005	06-Mar-05
YONG KHIN SYN	SFC	70-74	3:29.88	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
CHAN KAM POR	SFC	65-69	3:09.33	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHAN KAM POR	KTS	60-64	3:08.93	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
KOO YU FAT MARCUS	FFA	55-59	2:56.23	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
SIEH TIEN YU	KTS	50-54	2:43.57	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
WAN LAP SUN	FWC	45-49	2:49.84	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
WAN LAP SUN	FWC	40-44	2:45.44	Short Course Masters Open Swimming Championships 2009	18-Jan-09
LO JONATHAN KA YAN	LRC	35-39	2:34.06	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
KWOK HO TIN	NWC	30-34	2:26.54	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YUEN MARCUS	LRC	25-29	2:25.14	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YUEN MARCUS	PSC	18-24	2:25.93	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

WOMEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	5:03.90	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
SUEN, MING CHU	SFC	70-74	4:02.83	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	3:59.49	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	3:48.33	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
KIRKWOOD TAIN MHAIRA	KTS	55-59	3:26.68	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
COGGINS LYNDA ANNE	LRC	50-54	3:12.28	2015-16 Short Course Masters Swimming Competition - Part 1	01-Nov-15
COGGINS LYNDA ANNE	LRC	45-49	3:11.08	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
LEUNG WAI FAN	KTS	40-44	3:18.33	Short Course Masters Swimming Championships 2004	15-Feb-04
CHEUNG MAN YIU	SGC	35-39	3:24.76	2011-12 Short Course Masters Swimming Competition - Part 1	21-Sep-14
MORRISON RUTH	LRC	30-34	2:58.22	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
LEE WAI SZE	NWC	25-29	2:49.49	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
TANG TSZ YIN SCARLET	CUC	18-24	2:57.17	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2019-20 Short Course Masters Swimming Competition - Part 1)

MEN 25M BUTTERFLY

					NAME OF MEET	DATE ACHIEVED
YIM KAM WING	NWC	80-84	0:20.99	2013-14	Short Course Masters Swimming Competition - Part 1	22-Sep-13
FU TAI CHUN	KTS	75-79	0:20.14	2014-15	Short Course Masters Swimming Competition - Part 1	21-Sep-14
LECKIE STUART	LRC	70-74	0:16.31	2015-16	Short Course Masters Swimming Competition - Part 1	01-Nov-15
CHAN KAM POR	SFC	65-69	0:15.41	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHAN KAM POR	SFC	60-64	0:14.56	2014-15	Short Course Masters Swimming Competition - Part 1	21-Sep-14
NG YU HUNG	SFC	55-59	0:14.22	2014-15	Short Course Masters Swimming Competition - Part 1	21-Sep-14
TSANG YI MING	SMC	50-54	0:12.80	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
SIEH TIEN YU	KTS	45-49	0:13.01	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEWIS GARETH RHYS	LRC	40-44	0:12.40	2019-20	Short Course Masters Swimming Competition - Part 1	22-Sep-19
NORTJE CRAIG ANDREW	CKW	35-39	0:12.39	2015-16	Short Course Masters Swimming Competition - Part 1	01-Nov-15
LO JONATHAN KA YAN	LRC	35-39	0:12.39	2019-20	Short Course Masters Swimming Competition - Part 1	22-Sep-19
BEAHAN GRANT KENNETH	BSC	30-34	0:12.01	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
KONG CHUN YIN	FWC	25-29	0:11.99	2015-16	Short Course Masters Swimming Competition - Part 1	01-Nov-15
KONG CHUN YIN	HVA	18-24	0:11.89	2013-14	Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 25M BUTTERFLY

					NAME OF MEET	DATE ACHIEVED
PAK WAI HING	LTS	80-84	0:49.12	2014-15	Short Course Masters Swimming Competition - Part 1	21-Sep-14
WONG JIM	SFC	75-79	0:24.48	2016-17	Short Course Masters Swimming Competition - Part 1	18-Sep-16
SUEN MING CHU	SFC	70-74	0:20.34	2019-20	Short Course Masters Swimming Competition - Part 1	22-Sep-19
SUEN MING CHU	SFC	65-69	0:21.59	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
TSEUNG NGA WAH	SFC	60-64	0:17.48	2019-20	Short Course Masters Swimming Competition - Part 1	22-Sep-19
KIRKWOOD TAIN MHAIRS	LRC	55-59	0:15.98	2019-20	Short Course Masters Swimming Competition - Part 1	22-Sep-19
LEUNG WAI FAN	KTS	50-54	0:15.36	2014-15	Short Course Masters Swimming Competition - Part 1	21-Sep-14
PAZOS CHRISTENA MARIA	LRC	45-49	0:14.90	2015-16	Short Course Masters Swimming Competition - Part 1	01-Nov-15
TAM ALISON MAI LING	#FL	40-44	0:14.84	2019-20	Short Course Masters Swimming Competition - Part 1	22-Sep-19
YAU LOK LAM VAN	RSC	35-39	0:14.37	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHAN WING SUET	CKW	30-34	0:13.87	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEE WAI SZE	NWC	25-29	0:14.44	2017-18	Short Course Masters Swimming Competition - Part 1	17-Sep-17
WONG YEE CHING	SLA	18-24	0:13.83	2013-14	Short Course Masters Swimming Competition - Part 1	22-Sep-13

MEN 50M BUTTERFLY

					NAME OF MEET	DATE ACHIEVED
MAK HEI CHI	SGC	80-84	0:58.69		Short Course Masters Open Swimming Championships 2007	04-Mar-07
MAK HEI CHI	SGC	75-79	0:55.19		Short Course Masters Swimming Championships 2005	06-Mar-05
YIM KAM WING	CRS	70-74	0:40.69		Short Course Masters Swimming Championships 2003	15-Feb-03
FU TAI CHUN	KTS	65-69	0:33.04		Short Course Masters Swimming Championships 2003	15-Feb-03
HO ROBERT YAU CHUNG	LRC	60-64	0:31.69	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
FU TAI CHUN	KTS	55-59	0:29.97		Short Course Masters Swimming Championships 1993	06-Feb-93
SIEH TIEN YU	KTS	50-54	0:28.61	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
YEW SING MING KELVIN	SFC	45-49	0:27.89	2015-16	Short Course Masters Swimming Competition - Part 2	24-Jan-16
NORTJE, CRAIG ANDREW	#FB	40-44	0:27.08	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
NORTJE CRAIG ANDREW	VRC	35-39	0:26.94	2013-14	Short Course Masters Swimming Competition - Part 2	02-Mar-14
WANG TIMOTHY JONG	LRC	30-34	0:25.93	2013-14	Short Course Masters Swimming Competition - Part 2	02-Mar-14
LEE MAN TIM	HTA	25-29	0:25.60	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
LUI CHUN YIN	DLS	18-24	0:26.29	2014-15	Short Course Masters Swimming Competition - Part 2	25-Jan-15

WOMEN 50M BUTTERFLY

					NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	0:59.89	2016-17	Short Course Masters Swimming Competition - Part 2	26-Feb-17
SUEN MING CHU	SFC	70-74	0:48.53	2017-18	Short Course Masters Swimming Competition - Part 2	28-Jan-18
SUEN MING CHU	SFC	65-69	0:46.85	2013-14	Short Course Masters Swimming Competition - Part 2	02-Mar-14
TSEUNG NGA WAH	SFC	60-64	0:42.42	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:37.05	2017-18	Short Course Masters Swimming Competition - Part 2	28-Jan-18
LEE TANYA DIANE	PSC	50-54	0:33.24	2014-15	Short Course Masters Swimming Competition - Part 2	25-Jan-15
PAZOS CHRISTENA MARIA	LRC	45-49	0:33.08	2015-16	Short Course Masters Swimming Competition - Part 2	24-Jan-16
TAM ALISON MAI LING	PSC	40-44	0:32.64	2018-19	Short Course Masters Swimming Competition - Part 2	27-Jan-19
KELSEY JANE MACFARLAND	LRC	35-39	0:32.76	2011-12	Short Course Masters Swimming Competition - Part 2	29-Jan-12
CHAN WING SUET	CKW	30-34	0:30.53	2015-16	Short Course Masters Swimming Competition - Part 2	24-Jan-16
NG KA MAN	SFC	25-29	0:28.88	2014-15	Short Course Masters Swimming Competition - Part 2	25-Jan-15

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2019-20 Short Course Masters Swimming Competition - Part 1)

LAM SUET	HKP	18-24	0:30.91	2016-17 Short Course Masters Swimming Competition - Part 2		26-Feb-17
MEN 100M INDIVIDUAL MEDLEY						
				<i>NAME OF MEET</i>		<i>DATE ACHIEVED</i>
YIM KAM WING	NWC	80-84	1:58.33	2013-14 Short Course Masters Swimming Competition - Part 1		22-Sep-13
CHEUNG TSAN	SFC	75-79	1:41.33	Short Course Masters Swimming Championships 2004		15-Feb-04
TIN SHEUNG KWAI	NWC	70-74	1:25.49	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17
CHAN KAM POR	SFC	65-69	1:18.72	2016-17 Short Course Masters Swimming Competition - Part 2		26-Feb-17
FU TAI CHUN	KTS	60-64	1:16.19	Short Course Masters Swimming Championships 2000		12-Feb-00
KOO YU FAT MARCUS	FFA	55-59	1:13.19	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17
JOHNSON ERIC ANDREW	LRC	50-54	1:07.05	2011-12 Short Course Masters Swimming Competition - Part 1		12-Nov-11
YEW SHING MING KELVIN	SFC	45-49	1:06.31	2017-18 Short Course Masters Swimming Competition - Part 2		28-Jan-18
IMAL RYOSUKE	PSC	40-44	0:59.78	2018-19 Short Course Masters Swimming Competition - Part 2		27-Jan-19
LO JONATHAN KA YAN	LRC	35-39	1:02.62	2018-19 Short Course Masters Swimming Competition - Part 2		27-Jan-19
YAN HO CHUN	NWC	30-34	1:01.12	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17
KONG CHUN YIN	FWC	25-29	0:59.29	2014-15 Short Course Masters Swimming Competition - Part 2		25-Jan-15
CHEUNG YAU MING	#DB	18-24	0:57.30	2018-19 Short Course Masters Swimming Competition - Part 2		27-Jan-19
WOMEN 100M INDIVIDUAL MEDLEY						
				<i>NAME OF MEET</i>		<i>DATE ACHIEVED</i>
WONG JIM	SFC	75-79	2:09.67	2015-16 Short Course Masters Swimming Competition - Part 2		24-Jan-16
SUEN MING CHU	SFC	70-74	1:46.53	2017-18 Short Course Masters Swimming Competition - Part 2		28-Jan-18
SUEN MING CHU	SFC	65-69	1:41.95	2013-14 Short Course Masters Swimming Competition - Part 2		02-Mar-14
TSEUNG NGA WAH	SFC	60-64	1:33.28	2017-18 Short Course Masters Swimming Competition - Part 2		28-Jan-18
POON WAI FUN	SGC	55-59	1:20.27	2014-15 Short Course Masters Swimming Competition - Part 2		25-Jan-15
LEE TANYA DIANE	PSC	50-54	1:15.67	2014-15 Short Course Masters Swimming Competition - Part 2		25-Jan-15
YAMAGUCHI, MIKA	PSC	45-49	1:14.39	2018-19 Short Course Masters Swimming Competition - Part 2		27-Jan-19
MATSUDA, HITOMI	SFC	40-44	1:11.54	2018-19 Short Course Masters Swimming Competition - Part 2		27-Jan-19
KELSEY JANE MACFARLAND	LRC	35-39	1:13.09	2011-12 Short Course Masters Swimming Competition - Part 1		12-Nov-11
CHAN WING SUET	CKW	30-34	1:11.96	2016-17 Short Course Masters Swimming Competition - Part 1		18-Sep-16
NG KA MAN	KTS	25-29	1:08.89	2014-15 Short Course Masters Swimming Competition - Part 2		25-Jan-15
AU HIU PUI	*GW	18-24	1:07.92	2018-19 Short Course Masters Swimming Competition - Part 2		27-Jan-19
MEN 4 X 25M FREESTYLE RELAY						
				<i>NAME OF MEET</i>		<i>DATE ACHIEVED</i>
SWORD FISH CLUB	SFC	320+	1:25.15	2018-19 Short Course Masters Swimming Competition - Part 2		27-Jan-19
NEW WATER POLO CLUB	NWC	280+	1:00.84	2017-18 Short Course Masters Swimming Competition - Part 2		28-Jan-18
SWORD FISH CLUB	SFC	240+	0:54.51	2018-19 Short Course Masters Swimming Competition - Part 2		27-Jan-19
DIK WING ASSOCIATION	DWA	200+	0:51.80	2017-18 Short Course Masters Swimming Competition - Part 2		28-Jan-18
LADIES' RECREATION CLUB	LRC	160+	0:46.94	2017-18 Short Course Masters Swimming Competition - Part 2		28-Jan-18
NEW WATER POLO CLUB	NWC	120+	0:45.52	2018-19 Short Course Masters Swimming Competition - Part 2		27-Jan-19
NEW WATER POLO CLUB	NWC	100+	0:45.42	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17
WOMEN 4 X 25M FREESTYLE RELAY						
				<i>NAME OF MEET</i>		<i>DATE ACHIEVED</i>
SWORD FISH CLUB	SFC	280+	1:31.42	2017-18 Short Course Masters Swimming Competition - Part 2		28-Jan-18
SWORD FISH CLUB	SFC	240+	1:06.99	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17
KWUN TONG SWIMMING CLUB	KTS	200+	1:01.27	2016-17 Short Course Masters Swimming Competition - Part 1		18-Sep-16
LADIES' RECREATION CLUB	LRC	160+	0:55.11	2013-14 Short Course Masters Swimming Competition - Part 2		02-Mar-14
LADIES' RECREATION CLUB	LRC	120+	0:54.30	2012-13 Short Course Masters Swimming Competition - Part 2		27-Jan-13
NEW WATER POLO CLUB	NWC	100+	0:54.79	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17
MEN 4 X 25M MEDLEY RELAY						
				<i>NAME OF MEET</i>		<i>DATE ACHIEVED</i>
SWORD FISH CLUB	SFC	320+	1:47.23	2014-15 Short Course Masters Swimming Competition - Part 1		21-Sep-14
SWORD FISH CLUB	SFC	280+	1:11.02	2017-18 Short Course Masters Swimming Competition - Part 2		28-Jan-18
SWORD FISH CLUB	SFC	240+	1:02.52	2013-14 Short Course Masters Swimming Competition - Part 1		22-Sep-13
FIRE SERVICES	FWC	200+	0:57.73	2013-14 Short Course Masters Swimming Competition - Part 2		02-Mar-14
LADIES' RECREATION CLUB	LRC	160+	0:54.39	2017-18 Short Course Masters Swimming Competition - Part 2		28-Jan-18
NEW WATER POLO CLUB	NWC	120+	0:50.84	2018-19 Short Course Masters Swimming Competition - Part 2		27-Jan-19
NEW WATER POLO CLUB	NWC	100+	0:50.93	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17
WOMEN 4 X 25M MEDLEY RELAY						
				<i>NAME OF MEET</i>		<i>DATE ACHIEVED</i>
SWORD FISH CLUB	SFC	280+	1:41.68	2019-20 Short Course Masters Swimming Competition - Part 1		22-Sep-19
SWORD FISH CLUB	SFC	240+	1:18.30	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17
LADIES' RECREATION CLUB	LRC	200+	1:07.31	2015-16 Short Course Masters Swimming Competition - Part 2		24-Jan-16
LADIES' RECREATION CLUB	LRC	160+	1:02.16	2013-14 Short Course Masters Swimming Competition - Part 2		02-Mar-14
LADIES' RECREATION CLUB	LRC	120+	1:00.58	2012-13 Short Course Masters Swimming Competition - Part 2		27-Jan-13
NEW WATER POLO CLUB	NWC	100+	1:02.35	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17
MIXED 4 X 25M FREESTYLE RELAY						
				<i>NAME OF MEET</i>		<i>DATE ACHIEVED</i>
SWORD FISH CLUB	SFC	320+	1:51.02	2016-17 Short Course Masters Swimming Competition - Part 1		18-Sep-16
SWORD FISH CLUB	SFC	280+	1:14.44	2015-16 Short Course Masters Swimming Competition - Part 1		01-Nov-15
SWORD FISH CLUB	SFC	240+	1:00.03	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17
SWORD FISH CLUB	SFC	200+	0:56.81	2015-16 Short Course Masters Swimming Competition - Part 1		01-Nov-15
FASTLANE SWIMMING CO LIMITED	#FL	160+	0:51.28	2019-20 Short Course Masters Swimming Competition - Part 1		22-Sep-19
CHI KIN WINTER SWIMMING CLUB	CKW	120+	0:50.62	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17
NEW WATER POLO CLUB	NWC	100+	0:48.19	2017-18 Short Course Masters Swimming Competition - Part 1		17-Sep-17

2019-20 Short Course Masters Swimming Comp P2 - 19-Jan-20

Psych Sheet

Event 1 Men 50 SC Meter Freestyle

18-24 MSR:	23.45
25-29 MSR:	23.74
30-34 MSR:	23.80
35-39 MSR:	24.05
40-44 MSR:	25.17
45-49 MSR:	25.64
50-54 MSR:	25.42
55-59 MSR:	27.12
60-64 MSR:	28.63
65-69 MSR:	29.43

	ID#	Name	Age	Team	Seed Time
18-24					
1	15481 B	Wong, Ho Kiu	22	RippleFly Swim Ltd	25.00
2	10096 B	Ko, Ka Chun	24	RippleFly Swim Ltd	26.00
3	24728 IAZ	Chan, Wing Fa	23	Eastern Winter	27.50
4	25168 IAZ	Cheung, Tsz Hin Gabriel	19	Kornhill	28.00
5	15815	Lo, Ting Kin	24	Sea Green	28.00
6	13624 B	Tang, Kwok Wai	24	Kwun Tong	30.00
7	42362 IAZ	Leung, Kung Ming	24	YMCA OF Hong Kong	30.00
25-29					
1	01018	Tam, Wing Chung	28	Kwun Tong	25.00
2	01784 B	Tso, Hiu Fung	29	Diocesan School	26.00
3	02700 IB	Chong, Jeffrey	29	Kwan Hung	27.00
4	05490 #IAZ	Chan, Sze Ho	28	RippleFly Swim Ltd	27.00
5	29833 #IAZ	Chow, Chun Pui	29	Fire Services	27.00
6	11283 IAZ	Wong, Tsz Lun	25	Fire Services	27.00
7	35718 IAZ	Wong, Hon Leung	26	Tuen Mun S.T.	28.01
8	22779 IAZ	Chung, Lai Yee Franki	25	Sword Fish Club	30.00
30-34					
1	00557	Chow, Sik Hang	32	New Water Polo	23.79
2	22420 IAZ	Chan, Chi Ming	34	Kwun Tong	26.00
3	05730 IAZ	Wong, Tsz Wa	30	Kwan Hung	26.00
4	44665 #ICO	Holland, Tyler Michael	32	Fastlane	26.00
5	27874 IAZ	Chan, Cheuk Man	32	New Water Polo	26.50
6	07805 #IBZ	Cheung, Wai Ho	32	Wong Tai Sin	26.99
7	03667 IBZ	Wong, Sai Man Sherman	31	New Water Polo	27.00
8	42363 ICO	Gromak, Andrey	33	Sword Fish Club	29.00
9	06602 IBZ	Yam, Chi Ching	31	Fire Services	29.00
10	35767 #ICO	Pilloni, Iosto	34	New Water Polo	31.00
35-39					
1	03716 ICZ	Yan, Ho Chun	35	Diocesan School	25.00
2	00444	Lam, Yau Sun Dickson	35	Diocesan School	26.50
3	11544	Fan, Yiu Wing	39	Flying Fish	26.80
4	11587	Ng, Yu Hon	37	Sea Green	28.00
5	09165	Cheung, Siu Fung	37	Lai Tsun	28.88
6	03796 ICZ	Chan, Pui Kei	39	New Water Polo	29.00
7	01948 ICZ	Tang, Ho Yuen	38	Diocesan School	30.00
8	42222 IAZ	Yick, Tsip Lam	37	Sword Fish Club	32.00
9	38303 #IAZ	Ng, Ho Yin	35	Sun Yip	34.00
10	40001 IAZ	Yip, Ka Ho Tonie	38	Kwun Tong	43.00
11	09453 ICZ	Law, Wai Ho	38	Tai Po	NT
12	33415 IAZ	Chung, Michael Wai Kit	39	Tai Po	NT
40-44					
1	38121 #IAZ	Cheung, Chi Yan Clifford	40	Sea Green	28.00
2	42766 #ICO	Dahlmann, Sven Christoph	40	Fastlane	30.00
3	40107 IAZ	Chan, Falcon	41	Lai Tsun	30.00

2019-20 Short Course Masters Swimming Comp P2 - 19-Jan-20

Psych Sheet

40-44... (Event 1 Men 50 SC Meter Freestyle)

4	40841 IAX	Tsang, Kwok Tung	41	Diocesan School	30.00
5	29261 IAZ	Lai, Ka Wai	42	Tuen Mun	30.07
6	42215	He, Qihui	40	Sword Fish Club	31.00
7	42737 IAZ	So, Ma Loi	44	Sword Fish Club	31.00
8	43656 IAZ	Poon, Hiu Tung	42	Diocesan School	32.00

45-49

1	40846 IAZ	Cheung, Chin Ho	45	Diocesan School	27.50
2	34315 IAZ	Yip, Chi Yan Christopher	45	Diocesan School	28.05
3	36962 IAZ	Leung, Yung Yu	48	Kwun Tong	29.00
4	28849 IAZ	Chan, Chun Kuen	45	Sword Fish Club	29.00
5	26821 IAZ	Chan, Kwok Chi	49	Sword Fish Club	30.00
6	40844 IAZ	Lee, Hoi Wang Gary	46	Diocesan School	32.00
7	43274 IAZ	Choi, Hok Kwan Daniel	48	Diocesan School	48.00
8	04184	Woo, Siu Ming William	49	Sword Fish Club	1:10.00

50-54

1	45576 P	Plummer, B Justin Gayle	50	Fastlane	28.00
2	27451 IAZ	Yip, Kin Man Stephen	50	Kwun Tong	29.00
3	35677 IAZ	Choy, Kwok Ping	52	Kwun Tong	29.00
4	32253 IAZ	Watt, Kam Sing Michael	53	Kowloon Tong Club	29.00
5	43144	Xiao, Donghong	54	New Water Polo	31.00
6	43603	Feng, Bingxin	52	Sword Fish Club	31.00
7	21814 ICO	Mattoli, Enrico Andrea	50	LRC	34.00
8	23587 IAZ	Au, Wing Sum	53	New Water Polo	35.00
9	08901	Koh, Kee Haw	52	Sword Fish Club	43.00
10	44291 IAZ	Choi, Kin Man	51	Delta	48.59
11	45582 IAO	Reeve, Blair	52	LRC	50.00

55-59

1	06256	Chan, Kwong Peter	59	Sea Green	30.00
2	15528 #	Tsui, Tak Shing Dominic	58	Fastlane	31.00
3	06317	Chan, Wai Yip Oscar	58	YMCA OF Hong Kong	31.00
4	16470	Sha, Yu Kwan	57	Kornhill	31.01
5	30267 IAZ	Leung, Hong Shun Alexander	57	Hoi Fung	31.15
6	26250 IAZ	Lau, Cho Tak	57	Lai Tsun	32.00
7	22433 IAZ	Lui, Man Pong	55	New Water Polo	34.00
8	32108 IAX	Chan, Kiu	58	Sword Fish Club	35.00
9	24256 IAW	Lok, Wai Man	57	New Water Polo	36.00
10	40942 P	He, Gaoxiong	58	New Water Polo	36.00
11	37048 IAZ	Cheung, Wai Chuen Jimmy	57	Sword Fish Club	37.00
12	40861 IAZ	Cheung, Chi Ming Rover	57	Sword Fish Club	37.00

60-64

1	26591 IAO	Ho, Robert Yau Chung	62	LRC	28.15
2	14555	Tang, Kon Leong	64	Sword Fish Club	32.00
3	44634 IAON	Ibrahim, Ricky Warisna	61	Jockey Club	35.50
4	05071	Choi, Tony	62	LRC	36.00
5	07802	Chau, Kam Tim	60	Sea Green	36.00
6	29485 IAZ	Tang, Cheuk Wa	60	Kwun Tong	38.00
7	28339 IAZ	Yim, Chi Yiu	60	New Water Polo	38.00
8	31217 IAX	Wong, Siu Man	64	Sword Fish Club	38.00
9	20636 IAZ	Pang, Seung Chiu	61	Lai Tsun	42.00
10	44359 IAZ	Lee, Chi Wai	61	Kornhill	47.70
11	20247 ICX	Wai, Chris Tak Wing	60	New Water Polo	59.99

65-69

1	06268	Tse, Kwok Piu	69	Sword Fish Club	31.00
2	06398 #	Cho, Wai Sun	67	Fastlane	33.00
3	06389	Chan, Hong Wah	67	New Water Polo	36.00
4	41729 IAZ	Ko, Leung Hung Alex	68	Diocesan School	36.00
5	06184	Ng, Pak Chiu	66	Sea Green	38.00
6	23123 IAZ	Poon, Wai	68	Sword Fish Club	43.00

2019-20 Short Course Masters Swimming Comp P2 - 19-Jan-20

Psych Sheet

65-69... (Event 1 Men 50 SC Meter Freestyle)

7	35236 IAZ	Chan, Pui Ming Sunny	66	Sword Fish Club	43.00
70-74					
1	23297 IAZ	Chan, Shing Chi	72	Lai Tsun	38.00
2	44756 IAZ	Lo, Che Hung	72	Lai Tsun	38.00
3	09171	Chan, Ying Chi	74	Sword Fish Club	43.00
4	22182 IAZ	Ngai, Yin Leung	71	Sword Fish Club	44.67
5	06129	Wu, Pak Yin	70	Sword Fish Club	45.00
6	38699 IAZ	Tse, Siu Hei	70	Kornhill	50.00
75-79					
1	27135 IAX	Lam, Lit Kwan	79	Lai Tsun	42.00
2	28522 IAX	Wong, Tat Choi	79	Sword Fish Club	48.00
3	24246 IAX	Yip, Chi Shing	75	Sword Fish Club	50.00
4	38301 IAX	Cheung, Hao Yen	77	Lai Tsun	52.00
80-84					
1	06399	Fu, Tai Chun	83	Kwun Tong	41.00
2	05407	Lee, She Kwok	82	Sword Fish Club	51.00
3	23959 IAZ	Chiu, Chin Hung	80	Kornhill	51.78
4	15490	Law, Kwai Fong	84	Sword Fish Club	53.00
5	39054 IAZ	Lai, Kerwin	80	Sea Green	55.00
90-94					
1	06238	Lee, Ming	90	Sword Fish Club	54.00

Event 2 Women 50 SC Meter Freestyle

18-24 MSR:	28.22
25-29 MSR:	27.85
30-34 MSR:	28.73
35-39 MSR:	28.62
40-44 MSR:	28.79
45-49 MSR:	29.88
50-54 MSR:	30.30
55-59 MSR:	32.18
60-64 MSR:	35.08
65-69 MSR:	41.15

	ID#	Name	Age	Team	Seed Time
18-24					
1	43597 IAZ	Su, Wenting	24	Sword Fish Club	33.00
2	39587 IAZ	Wong, Hoi Ching	24	Tuen Mun	37.38
3	31023 IAZ	Cheung, Ka Yu	23	New Water Polo	38.00
4	09971 IAZ	Kam, Wing Lam Lucinda	24	Tung Sing	NT
25-29					
1	44861 IAZ	Chui, Yuen Iu	25	Hoi Tin	48.00
30-34					
1	45584	Au Ieong, Sin Ieng	31	Sword Fish Club	30.00
2	44667 #IAO	Chang, Charlotte Chi-lok	31	Fastlane	30.50
35-39					
1	38440 #ICO	Eichelberger, Melissa Ann	37	Fastlane	28.77
2	00111	Chung, Yuen Yi	35	Kwun Tong	32.00
3	40743 IAZ	Chiu, Hoi Yung	37	Lai Tsun	36.00
4	43391 IAXN	Lau, On Yue	37	Fastlane	39.80
5	44313 ICO	Tan, Eunice Ledesma	39	Fastlane	43.00
45-49					
1	33517 #IAO	Yamaguchi, Mika	48	Fastlane	30.00
2		Boyko, Oksana	45	Wolfpack Sport	X30.36
3	39310 IAZ	Au-Yeung, Sze	47	Lai Tsun	38.00
4	45579 IAZ	Li, Man Yiu	46	RippleFly Swim Ltd	40.17
5	35969 #IAX	Wang, Ying Lian	48	Tung Sing	42.21
6	44340	Wang, Wei	48	New Water Polo	45.00
7	44153 IAZ	Liu, Kar Wai Connie	49	Hoi Fung	45.02

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45-49... (Event 2 Women 50 SC Meter Freestyle)

8	44641 IAZ	Chan, Suk Yin	48	Sword Fish Club	55.00
50-54					
1	43977	Lin, Zihe	51	New Water Polo	33.00
2	40575 #IAO	Chan, San Ngah	52	Fastlane	37.59
3	36045 IAZN	Hsu, Ava	53	LRC	46.06
55-59					
1	06113	Dudok Van Heel, Jane	59	LRC	38.66
2	43178 ICW	Hoi, Fong Mei	56	Sword Fish Club	39.00
3	31750 IAZ	Cheung, Lai Ying Anita	57	Lai Tsun	46.44
4	17891 IAZ	Chan, Siu Ying	59	Sword Fish Club	48.00
5	21006 IAZ	Chan, Kin Ming Carrie	58	Sword Fish Club	56.00
6	29831 IAZ	Lowe, Yeuk Ling Dilys	56	Sword Fish Club	1:05.00
60-64					
1	03503	Castka, Gillian Hancer	64	Sword Fish Club	38.00
2	20001 IAZ	Leung, Siu Ling	60	Kwun Tong	45.00
3	10289	Chan, Wai Yee	62	Lai Tsun	46.00
4	37056 IAZ	Wong, Hoi Ping Carol	60	Tuen Mun	50.00
5	23957 IAX	Yeung, Tun Lim Lily	63	Sword Fish Club	50.00
6	26257 IAX	Lo, Shuk Ling	60	Sword Fish Club	1:05.00
7	06127	Lau, Wai Lin	64	New Water Polo	1:10.00
65-69					
1	22852 ICX	Bai, Xiufen	69	Sword Fish Club	40.00
2	44677 IAZ	Leung, Po Shan	68	Jockey Club	45.00
3	45573 P	Suzanawati, Titus	67	Sword Fish Club	48.00
4	07440	Yip, Lai Kuen	69	Lai Tsun	58.00
5	07432	Leung, May Kam	68	Tuen Mun S.T.	1:21.45
70-74					
1	39991 IAS	Sam, Choi Lin	72	Sword Fish Club	41.00
2	06357	Suen, Ming Chu	72	Sword Fish Club	44.00
3	07446	Lo, Kuk Chun	72	Sword Fish Club	55.00
75-79					
1	06372 IAZ	Leung, Mabel Yuen Ying	78	Sword Fish Club	52.07
2	32571 IAZ	Chan, Pui Yee	76	Sword Fish Club	55.00
80-84					
1	38059 #IAX	Tai, Li Hua	81	Sword Fish Club	44.00
2	06144	Mak, Suet Man	83	Sea Green	1:08.00
3	13262	Kwong, Shuet Hing	80	Wong Tai Sin	1:12.20

Event 3 Men 100 SC Meter Breaststroke

18-24 MSR:	1:04.89
25-29 MSR:	1:05.92
30-34 MSR:	1:08.51
35-39 MSR:	1:07.97
40-44 MSR:	1:03.04
45-49 MSR:	1:08.66
50-54 MSR:	1:15.62
55-59 MSR:	1:21.76
60-64 MSR:	1:23.13
65-69 MSR:	1:23.71

	ID#	Name	Age	Team	Seed Time
18-24					
1	10096 B	Ko, Ka Chun	24	RippleFly Swim Ltd	1:15.00
2	28567 IAZ	Tam, Wang Yin	20	Hoi Ngai	1:21.00
3	18198 IAZ	Lee, Chun Yin	23	Hoi Ngai	1:23.00
4	13624 B	Tang, Kwok Wai	24	Kwun Tong	1:30.00
5	21618 IAZ	Law, Tin Ching	24	Eastern Winter	1:40.00
25-29					
1	05577 IBZ	Yuen, Marcus	26	LRC	1:05.92

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25-29... (Event 3 Men 100 SC Meter Breaststroke)

2	42728 P	Febo, Christopher Vincenzo	27	Sword Fish Club	1:09.00
3	44549 ICX	Zhang, Yage	26	Fastlane	1:15.00
4	02303 #B	Lam, Cheuk Yin	26	Fire Services	1:15.00

30-34

1	00590 #IBZ	Kwok, Ho Tin	33	New Water Polo	1:07.00
2	02591	Luk, Wing Kin Andy	31	Kwan Hung	1:10.00
3	06886 B	Li, Chin Long	30	Eastern Winter	1:20.00
4	00385	Cheng, Pong Man Reuben	31	Flying Fish	1:25.00

35-39

1	01862 ICZ	Kwan, Hei Yan	35	Diocesan School	1:16.00
2	45574 IAZ	Ng, Siu Kwong	38	Sword Fish Club	1:30.00
3	03796 ICZ	Chan, Pui Kei	39	New Water Polo	1:33.00
4	12176 #ICZ	Ng, Siu Yu	38	Sword Fish Club	1:34.00
5	01948 ICZ	Tang, Ho Yuen	38	Diocesan School	1:40.00
6	45580 IAZN	Cheung, Siu Wing	37	RippleFly Swim Ltd	1:55.00

40-44

1	43034 #P	Imai, Ryosuke	42	Fastlane	1:00.04
2	35790 ICO	Launay, Thomas	41	LRC	1:09.00
3	43604	Long, Zhisheng	41	Sword Fish Club	1:22.00
4	42215	He, Qihui	40	Sword Fish Club	1:30.00
5	10317	Ng, Ka Wing	40	Diocesan School	1:40.00
6	40834 IAZ	Chang, Hsi Tse JosephJeremy	41	Diocesan School	1:40.00
7	12262	Ma, Chin Ho	40	Wong Tai Sin	1:42.00

45-49

1	06227	Wong, Kam Tat	46	Sea Green	15.00
2	21008 IAZ	Cheung, Chun Kwan Michael	47	Wong Tai Sin	1:26.00
3	28518 IAZ	Yau, Wo Fung	48	Kwun Tong	1:30.00
4	24603 IAZ	Hung, Ka Ming	45	YMCA OF Hong Kong	1:30.00
5	42085 IAZ	Lee, Hon Lun Philip	48	Sword Fish Club	1:35.00
6	40835 IAZ	Leung, Wing Hong Alvin	46	Diocesan School	1:40.00

50-54

1	04989	Wan, Lap San	54	Fire Services	1:20.00
2	33085 IAZ	Pang, Yu Man	54	Fire Services	1:25.00
3	26317 IAZN	Tung, Shang Wei Timothy	50	Kwun Tong	1:30.00
4	37693 IAO	Sieh, Tien Yu	51	Kwun Tong	1:30.00
5	38291 IAZ	Liu, Chun Sing	54	Sword Fish Club	1:38.00
6	42364 IAZ	Lau, Yip Kwong Francis	51	Diocesan School	1:45.00
7	44291 IAZ	Choi, Kin Man	51	Delta	1:54.93
8	41146 IAZ	Yiu, Ka Fung Vincent	51	Diocesan School	2:02.00

55-59

1	05191	Koo, Yu Fat Marcus	58	Flying Fish	1:25.00
2	18856 IAZ	Au, Mun Shing	55	Sword Fish Club	1:25.00
3	43199	Chen, Zhong Qiu	58	Sword Fish Club	1:35.00
4	32108 IAX	Chan, Kiu	58	Sword Fish Club	1:36.00
5	37048 IAZ	Cheung, Wai Chuen Jimmy	57	Sword Fish Club	1:41.00
6	22433 IAZ	Lui, Man Pong	55	New Water Polo	1:43.00
7	25226 IAZ	Choi, Tai Wing	59	Sword Fish Club	1:50.00
8	40861 IAZ	Cheung, Chi Ming Rover	57	Sword Fish Club	1:57.00
9	40845 IAZ	Pang, Wai Man Billy	55	Diocesan School	2:17.00

60-64

1	06176	Wong, Kung Wan	64	Sea Green	1:40.00
2	31217 IAX	Wong, Siu Man	64	Sword Fish Club	1:40.00
3	20247 ICX	Wai, Chris Tak Wing	60	New Water Polo	2:59.00

65-69

1	43205	Zhou, Jin Jia	65	Sword Fish Club	1:35.00
2	04504	Yura, Tadami	68	Sword Fish Club	1:42.00
3	35236 IAZ	Chan, Pui Ming Sunny	66	Sword Fish Club	1:47.00
4	14035	Wong, Shing Kuen	67	Lai Tsun	1:50.00

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65-69... (Event 3 Men 100 SC Meter Breaststroke)

5	23123 IAZ	Poon, Wai	68	Sword Fish Club	2:29.00
6	44839 IAXN	Hou, Ting Fun Stephen	66	Hoi Tin	2:30.00

70-74

1	05917	Yong, Khin Syn	71	Sword Fish Club	1:34.00
2	37684 IAZ	Mok, Yun Cheung	70	Sword Fish Club	1:38.00
3	06243	Koo, Choi Fat	70	Wong Tai Sin	1:48.00
4	10274	Lau, Chun Nung	74	Lai Tsun	1:55.00
5	20634 IAZ	Wu, Shu Sun	70	New Water Polo	2:00.00
6	14029	Ieong, Vun Fai	74	Sword Fish Club	2:03.00

75-79

1	24246 IAX	Yip, Chi Shing	75	Sword Fish Club	2:03.00
2	27135 IAX	Lam, Lit Kwan	79	Lai Tsun	2:15.00

80-84

1	23959 IAZ	Chiu, Chin Hung	80	Kornhill	2:19.51
2	16471	Wong, Yuen Ying	84	Kornhill	2:36.56
3	17832 IAX	Chan, Sau	83	Sword Fish Club	3:10.00

85-89

1	31988 IAO	Wilson, John Simon	88	New Water Polo	3:08.00
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Event 4 Women 100 SC Meter Breaststroke

18-24 MSR: 1:24.52

25-29 MSR: 1:20.71

30-34 MSR: 1:19.10

35-39 MSR: 1:22.70

40-44 MSR: 1:17.56

45-49 MSR: 1:27.19

50-54 MSR: 1:25.41

55-59 MSR: 1:31.00

60-64 MSR: 1:44.12

65-69 MSR: 1:50.27

	ID#	Name	Age	Team	Seed Time
18-24					
1	08727 B	Hung Yuen Ching, Moose Culle	24	New Water Polo	1:40.00
2	31023 IAZ	Cheung, Ka Yu	23	New Water Polo	2:00.00
3	09971 IAZ	Kam, Wing Lam Lucinda	24	Tung Sing	NT
25-29					
1	45575	Wong, Ian Man	26	Sword Fish Club	1:20.00
2	44861 IAZ	Chui, Yuen Iu	25	Hoi Tin	2:10.00
30-34					
1	06577 IBZ	Leung, Wei Yan	30	Sword Fish Club	1:31.00
2	43673 IAX	Cheng, Shan	30	Fastlane	1:45.00
3	43965 IAZ	Yu, Yik Man	31	New Water Polo	1:50.00
4	42081 IAZ	Lee, Chui Man	32	Sword Fish Club	1:51.00
5	00777 IBZ	Tse, Yu Ting	34	New Water Polo	2:00.00
6	13384 ICZ	Lee, May Sze Mei	33	New Water Polo	2:20.00
35-39					
1	01305 IBZ	Liu, Ka Lei	35	Kwun Tong	1:12.50
2	45041 IAZ	Fung, Cheuk Ching Candy	38	Hoi Fung	1:37.20
3	02727 ICZ	Lui, Wing Yee	37	Hoi Tin	1:55.00
40-44					
1	33017 IAZ	Ngan, Oi Sze	43	Sword Fish Club	1:50.00
2	06732 IAZ	Chan, Sin Jon Kimmy	41	Sword Fish Club	1:58.00
3	30261 IAX	Chan, Mung Yu	40	Sword Fish Club	2:10.00
45-49					
1	35969 #IAZ	Wang, Ying Lian	48	Tung Sing	1:52.71
2	06349	Ip, Oi Wa Wendy	48	Sword Fish Club	1:54.00
3	42082 IAZ	Luk, Chuen Joey	49	Sword Fish Club	1:55.00
4	21531 IAZ	Yip, Chui Ying	49	Lai Tsun	1:59.00

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45-49... (Event 4 Women 100 SC Meter Breaststroke)

5	44304 IAX	Choi, Shan Shan	48	Sword Fish Club	2:15.00
50-54					
1	36431 P	Buchta, Katrin	50	Sword Fish Club	1:50.00
2	23588 #IAZ	Lee, Ying Chi	52	Tung Sing	1:50.00
3	11575	Chang, Man Yung Catherine	53	Lai Tsun	2:00.00
55-59					
1	29752 IAZ	Chow, Yee Heung Liza	56	Lai Tsun	1:39.82
2	45065 IAZ	Lo, Fung Po Jennifer	57	LRC	1:47.00
3	17891 IAZ	Chan, Siu Ying	59	Sword Fish Club	1:50.00
4	21006 IAZ	Chan, Kin Ming Carrie	58	Sword Fish Club	2:22.00
5	29831 IAZ	Lowe, Yeuk Ling Dilys	56	Sword Fish Club	2:30.00
60-64					
1	31755 IAZ	Woo, Wing Fong Cinderella	61	Lai Tsun	2:00.00
2	23957 IAX	Yeung, Tun Lim Lily	63	Sword Fish Club	2:20.00
3	43146	Liang, Yueping	62	New Water Polo	2:20.00
65-69					
1	06147	Leung Wong, Yin Har Hayley	68	Sea Green	2:00.00
2	07432	Leung, May Kam	68	Tuen Mun S.T.	2:49.75
70-74					
1	39357	Mak, Sok Iun	70	Sword Fish Club	2:10.00
2	30506 IAX	Li, Hoi Ying	72	Sword Fish Club	2:30.00
75-79					
1	02365	Chow, So Kam	75	Kwun Tong	2:30.00
2	32571 IAZ	Chan, Pui Yee	76	Sword Fish Club	3:08.00

Event 5 Men 25 SC Meter Freestyle

18-24 MSR: 11.60

25-29 MSR: 11.03

30-34 MSR: 11.08

35-39 MSR: 11.28

40-44 MSR: 11.52

45-49 MSR: 12.48

50-54 MSR: 11.73

55-59 MSR: 13.12

60-64 MSR: 13.07

65-69 MSR: 13.62

	ID#	Name	Age	Team	Seed Time
18-24					
1	16201 B	Kwok, Yuk Hang	24	Kwun Tong	12.00
2	09419 B	Lau, Ka Ming	23	New Water Polo	12.00
3	15815	Lo, Ting Kin	24	Sea Green	13.00
4	20980 IAZ	Chan, Chi Wang Eric	20	New Water Polo	13.00
5	25168 IAZ	Cheung, Tsz Hin Gabriel	19	Kornhill	14.00
25-29					
1	05577 IBZ	Yuen, Marcus	26	LRC	11.64
2	01018	Tam, Wing Chung	28	Kwun Tong	11.80
3	02766 IBZ	Ma, Siu Chun Jason	29	Flying Fish	12.00
4	05490 #IAZ	Chan, Sze Ho	28	RippleFly Swim Ltd	12.00
5	05854 IAZ	Cho, Wai Ching	29	Flying Fish	12.05
6	35718 IAZ	Wong, Hon Leung	26	Tuen Mun S.T.	12.87
7	44549 ICX	Zhang, Yage	26	Fastlane	13.00
8	11283 IAZ	Wong, Tsz Lun	25	Fire Services	13.00
9	43594 IAZ	Chan, Hau Yin	27	Sword Fish Club	18.00
30-34					
1	02021 IBZ	Chow, Man Ho	30	Kwan Hung	11.00
2	42367 IAO	Chow, Chun Yin	34	Diocesan School	11.05
3	00557	Chow, Sik Hang	32	New Water Polo	11.07
4	22420 IAZ	Chan, Chi Ming	34	Kwun Tong	12.00

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30-34... (Event 5 Men 25 SC Meter Freestyle)

5	07805 #IBZ	Cheung, Wai Ho	32 Wong Tai Sin	12.99
6	06602 IBZ	Yam, Chi Ching	31 Fire Services	13.50
7	35767 #ICO	Pilloni, Iosto	34 New Water Polo	14.00

35-39

1	03716 ICZ	Yan, Ho Chun	35 Diocesan School	11.00
2	11544	Fan, Yiu Wing	39 Flying Fish	11.05
3	03796 ICZ	Chan, Pui Kei	39 New Water Polo	13.00
4	03895 ICZ	Lee, Ka Sing Joe	38 Fire Services	13.00
5	45574 IAZ	Ng, Siu Kwong	38 Sword Fish Club	13.05
6	01948 ICZ	Tang, Ho Yuen	38 Diocesan School	13.05
7	42222 IAZ	Yick, Tsip Lam	37 Sword Fish Club	14.00
8	43207	Wu, Zhi Long	39 Sword Fish Club	15.00
9	11587	Ng, Yu Hon	37 Sea Green	17.00
10	40001 IAZ	Yip, Ka Ho Tonie	38 Kwun Tong	20.00
11	03793 ICZ	Po, Tik San	38 New Water Polo	20.00
12	09453 ICZ	Law, Wai Ho	38 Tai Po	NT

40-44

1	39588 IAZ	Lo, Ho Wai Joe	40 Diocesan School	12.00
2	12863	Yuen, Kai Lai	40 Fire Services	12.00
3	40841 IAX	Tsang, Kwok Tung	41 Diocesan School	13.00
4	04991 IAZ	Tang, King Man	43 Fire Services	13.00
5	42737 IAZ	So, Ma Loi	44 Sword Fish Club	14.00
6	43656 IAZ	Poon, Hiu Tung	42 Diocesan School	14.00
7	29261 IAZ	Lai, Ka Wai	42 Tuen Mun	15.72
8	43596	Xian, Weiqinag	44 Sword Fish Club	20.00
9	43606	Liang, Donghui	42 Sword Fish Club	20.00
10	41148 IAZ	Tang, Kee Wai	40 New Water Polo	40.00

45-49

1	40846 IAZ	Cheung, Chin Ho	45 Diocesan School	12.00
2	06395	Cheung, Ting Fan	49 Kwun Tong	13.00
3	34315 IAZ	Yip, Chi Yan Christopher	45 Diocesan School	13.00
4	45485 IAZN	Choy, Wilson	48 Diocesan School	13.00
5	28849 IAZ	Chan, Chun Kuen	45 Sword Fish Club	13.05
6	26821 IAZ	Chan, Kwok Chi	49 Sword Fish Club	14.00
7	40835 IAZ	Leung, Wing Hong Alvin	46 Diocesan School	15.00
8	40844 IAZ	Lee, Hoi Wang Gary	46 Diocesan School	15.00
9	36839 ICO	Yap, Kok Wei	45 Sea Green	19.00
10	43274 IAZ	Choi, Hok Kwan Daniel	48 Diocesan School	24.00
11	06227	Wong, Kam Tat	46 Sea Green	25.00
12	09873	Ma, Pak Sin	46 New Water Polo	35.00

50-54

1	32253 IAZ	Watt, Kam Sing Michael	53 Kowloon Tong Club	12.50
2	27451 IAZ	Yip, Kin Man Stephen	50 Kwun Tong	13.00
3	35677 IAZ	Choy, Kwok Ping	52 Kwun Tong	13.00
4	26317 IAZN	Tung, Shang Wei Timothy	50 Kwun Tong	14.00
5	43603	Feng, Bingxin	52 Sword Fish Club	15.00
6	33085 IAZ	Pang, Yu Man	54 Fire Services	15.00
7	43158 #IAZ	Chan, Tin Lung	51 Lai Tsun	15.24
8	08901	Koh, Kee Haw	52 Sword Fish Club	16.00
9	06175	Lo, King Man	53 Sea Green	17.00
10	23587 IAZ	Au, Wing Sum	53 New Water Polo	18.00
11	42365 IAX	Kwan, Man Fai	51 Diocesan School	19.00
12	45582 IAO	Reeve, Blair	52 LRC	20.00
13	44291 IAZ	Choi, Kin Man	51 Delta	NT

55-59

1	06317	Chan, Wai Yip Oscar	58 YMCA OF Hong Kong	13.00
2	30267 IAZ	Leung, Hong Shun Alexander	57 Hoi Fung	13.30
3	40592 IAZ	Fo, Pui Keung	56 Hong Kong Police	13.97

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55-59... (Event 5 Men 25 SC Meter Freestyle)

4	13992	Yim, Chung Chee	55 YMCA OF Hong Kong	14.00
5	15528 #	Tsui, Tak Shing Dominic	58 Fastlane	14.20
6	21367 IAX	So, Man Kit	59 New Water Polo	14.60
7	16470	Sha, Yu Kwan	57 Kornhill	15.00
8	24256 IAW	Lok, Wai Man	57 New Water Polo	15.00
9	27869 IAZ	Lee, Kam Cheong	56 Sword Fish Club	16.00
10	40861 IAZ	Cheung, Chi Ming Rover	57 Sword Fish Club	16.00
11	26261 IAZ	Tsun, Chung Wa Jode	56 Hong Kong Police	16.51
12	06256	Chan, Kwong Peter	59 Sea Green	17.00
13	40845 IAZ	Pang, Wai Man Billy	55 Diocesan School	25.00
14	41426 IAZ	Tang, Yu Hang Francis	59 Tung Sing	NT

60-64

1	06201	Wong, Cheuk Yin	64 Fire Services	14.00
2	14555	Tang, Kon Leong	64 Sword Fish Club	14.05
3	17725 IAZ	Ng, Yu Hung	62 Sword Fish Club	15.00
4	05071	Choi, Tony	62 LRC	15.29
5	17956 IAZ	Chau, Kim Fai	63 Sword Fish Club	17.00
6	28339 IAZ	Yim, Chi Yiu	60 New Water Polo	18.00
7	31217 IAX	Wong, Siu Man	64 Sword Fish Club	18.00
8	37298 IAZ	Mak, Chi Wai	60 Tuen Mun	18.57
9	29485 IAZ	Tang, Cheuk Wa	60 Kwun Tong	19.00
10	06176	Wong, Kung Wan	64 Sea Green	19.00
11	07802	Chau, Kam Tim	60 Sea Green	19.00
12	44359 IAZ	Lee, Chi Wai	61 Kornhill	24.00
13	20247 ICX	Wai, Chris Tak Wing	60 New Water Polo	49.99

65-69

1	06398 #	Cho, Wai Sun	67 Fastlane	14.00
2	06268	Tse, Kwok Piu	69 Sword Fish Club	14.00
3	41729 IAZ	Ko, Leung Hung Alex	68 Diocesan School	16.05
4	06388	Lau, Man Kin	66 Sword Fish Club	17.00
5	06389	Chan, Hong Wah	67 New Water Polo	17.00
6	06184	Ng, Pak Chiu	66 Sea Green	19.00
7	23123 IAZ	Poon, Wai	68 Sword Fish Club	19.00
8	41739 IAZ	Ng, Chin Wing	65 Sea Green	21.00

70-74

1	24680 IAO	Chan, Kin Yuen	70 Sword Fish Club	14.00
2	03845	Tin, Sheung Kwai	73 New Water Polo	15.10
3	44756 IAZ	Lo, Che Hung	72 Lai Tsun	17.00
4	44788 IAZ	Chui, Hong Sheung	71 Diocesan School	20.00
5	14029	Ieong, Vun Fai	74 Sword Fish Club	24.00
6	10274	Lau, Chun Nung	74 Lai Tsun	25.00
7	28336 #IAZ	Ng, Yat Shum	73 Wong Tai Sin	25.00

75-79

1	27135 IAX	Lam, Lit Kwan	79 Lai Tsun	19.00
2	28522 IAX	Wong, Tat Choi	79 Sword Fish Club	19.00
3	24246 IAX	Yip, Chi Shing	75 Sword Fish Club	21.00

80-84

1	06399	Fu, Tai Chun	83 Kwun Tong	20.00
2	05407	Lee, She Kwok	82 Sword Fish Club	22.00
3	23959 IAZ	Chiu, Chin Hung	80 Kornhill	24.01
4	39054 IAZ	Lai, Kerwin	80 Sea Green	28.00

85-89

1	02987	Cheung, Tsan	86 Sword Fish Club	24.00
2	31988 IAO	Wilson, John Simon	88 New Water Polo	38.80

90-94

1	06238	Lee, Ming	90 Sword Fish Club	21.00
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2019-20 Short Course Masters Swimming Comp P2 - 19-Jan-20

Psych Sheet

Event 6 Women 25 SC Meter Freestyle

18-24 MSR:	12.79
25-29 MSR:	13.08
30-34 MSR:	13.14
35-39 MSR:	13.89
40-44 MSR:	13.37
45-49 MSR:	13.81
50-54 MSR:	14.60
55-59 MSR:	14.12
60-64 MSR:	15.11
65-69 MSR:	19.53

	ID#	Name	Age	Team	Seed Time
18-24... (Event 6 Women 25 SC Meter Freestyle)					
1	31023 IAZ	Cheung, Ka Yu	23	New Water Polo	15.00
2	39587 IAZ	Wong, Hoi Ching	24	Tuen Mun	20.00
25-29					
1	03730 IBZ	Li, Jamie	28	Kwan Hung	14.00
2	08238 #B	Li, Tsz Yu	26	New Water Polo	16.00
3	29848 IAZ	Bok, Kei Man	25	New Water Polo	17.00
4	44861 IAZ	Chui, Yuen Iu	25	Hoi Tin	25.00
30-34					
1	45584	Au Ieong, Sin Ieng	31	Sword Fish Club	14.00
2	43673 IAX	Cheng, Shan	30	Fastlane	19.00
3	42081 IAZ	Lee, Chui Man	32	Sword Fish Club	19.00
4	44126	An, Chao	33	New Water Polo	25.00
5	01552 #IBZ	Lai, Hiu Ling	31	New Water Polo	30.00
6	13384 ICZ	Lee, May Sze Mei	33	New Water Polo	50.00
7	44586 ICO	Wong, Yunn Yi	32	Lai Tsun	NT
35-39					
1	26745 ICX	Chen, Yangyang	35	LRC	13.53
2	38440 #ICO	Eichelberger, Melissa Ann	37	Fastlane	13.91
3	01305 IBZ	Liu, Ka Lei	35	Kwun Tong	14.00
4	01625 ICZ	Wu, Ka Wing	38	RippleFly Swim Ltd	15.00
5	45041 IAZ	Fung, Cheuk Ching Candy	38	Hoi Fung	15.20
6	40743 IAZ	Chiu, Hoi Yung	37	Lai Tsun	16.00
7	02727 ICZ	Lui, Wing Yee	37	Hoi Tin	18.00
8	44313 ICO	Tan, Eunice Ledesma	39	Fastlane	20.00
9	00111	Chung, Yuen Yi	35	Kwun Tong	NT
40-44					
1	07784 #IAZ	Tang, Mei Yin	43	RippleFly Swim Ltd	15.00
2	42192	Chen, Yunlin	44	Sword Fish Club	15.00
3	39979 IAZ	Lam, Ling Wai Jessica	41	Lai Tsun	19.00
4	25238 IAZ	Yip, Po Man	40	New Water Polo	23.00
5	30261 IAX	Chan, Mung Yu	40	Sword Fish Club	25.00
45-49					
1	33517 #IAO	Yamaguchi, Mika	48	Fastlane	14.00
2	43674 IAO	Kato, Emi	46	Fastlane	16.00
3	39310 IAZ	Au-Yeung, Sze	47	Lai Tsun	17.00
4	21531 IAZ	Yip, Chui Ying	49	Lai Tsun	20.00
5	36840 IAZ	Chung, Ching Han Anna	48	Sea Green	21.00
6	44153 IAZ	Liu, Kar Wai Connie	49	Hoi Fung	21.23
7	44641 IAZ	Chan, Suk Yin	48	Sword Fish Club	29.00
50-54					
1	40575 #IAO	Chan, San Ngah	52	Fastlane	16.84
2	11575	Chang, Man Yung Catherine	53	Lai Tsun	19.00
3	37012 IAZ	Lun, Yau Chun Nara	52	New Water Polo	20.00
4	37623 IAZ	Au, Wing Sze Grace	52	Sword Fish Club	20.00

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50-54... (Event 6 Women 25 SC Meter Freestyle)

5	36045 IAZN	Hsu, Ava	53	LRC	22.00
6	43145	Sha, Youjin	50	New Water Polo	22.00
7	39947 #ICX	Huang, Yue Lan	53	New Water Polo	25.00
8	40937 IAZ	Leung, Wai Fan Fanny	50	New Water Polo	35.00
55-59					
1	26254 IAX	Ng, Kong Ching	55	New Water Polo	17.00
2	43178 ICW	Hoi, Fong Mei	56	Sword Fish Club	19.00
3	17891 IAZ	Chan, Siu Ying	59	Sword Fish Club	22.00
4	45065 IAZ	Lo, Fung Po Jennifer	57	LRC	22.20
5	29831 IAZ	Lowe, Yeuk Ling Dilys	56	Sword Fish Club	28.00
6	41423 IAZ	Chiu, Pauline	58	Tung Sing	NT
60-64					
1	03503	Castka, Gillian Hancer	64	Sword Fish Club	17.00
2	19290 IAX	Tseung, Nga Wah	63	Sword Fish Club	18.00
3	31755 IAZ	Woo, Wing Fong Cinderella	61	Lai Tsun	20.00
4	20640 IAZ	Wong, Fung Yee	60	Sword Fish Club	21.00
5	37056 IAZ	Wong, Hoi Ping Carol	60	Tuen Mun	21.60
6	20001 IAZ	Leung, Siu Ling	60	Kwun Tong	23.00
65-69					
1	22852 ICX	Bai, Xiufen	69	Sword Fish Club	18.00
2	45573 P	Suzanawati, Titus	67	Sword Fish Club	20.00
3	06355	Lo, Lai Yung	65	New Water Polo	21.00
4	06213	Mo, Mei Ling	66	Wong Tai Sin	32.00
5	07432	Leung, May Kam	68	Tuen Mun S.T.	3:25.69
70-74					
1	06357	Suen, Ming Chu	72	Sword Fish Club	19.00
2	07446	Lo, Kuk Chun	72	Sword Fish Club	24.00
3	30506 IAX	Li, Hoi Ying	72	Sword Fish Club	25.00
4	17480 IAZ	Chow, Pui Han Angela	74	Lai Tsun	26.00
75-79					
1	06374	Wong, Jim	79	Sword Fish Club	20.00
2	06372 IAZ	Leung, Mabel Yuen Ying	78	Sword Fish Club	25.00
3	02365	Chow, So Kam	75	Kwun Tong	50.00
80-84					
1	38059 #IAX	Tai, Li Hua	81	Sword Fish Club	21.00
2	13262	Kwong, Shuet Hing	80	Wong Tai Sin	37.98
3	06144	Mak, Suet Man	83	Sea Green	39.00

Event 7 Men 50 SC Meter Butterfly

18-24 MSR:	26.29
25-29 MSR:	25.60
30-34 MSR:	25.93
35-39 MSR:	26.94
40-44 MSR:	27.08
45-49 MSR:	27.89
50-54 MSR:	28.61
55-59 MSR:	29.97
60-64 MSR:	31.69
65-69 MSR:	33.04

	ID#	Name	Age	Team	Seed Time
18-24					
1	16201 B	Kwok, Yuk Hang	24	Kwun Tong	27.00
2	28567 IAZ	Tam, Wang Yin	20	Hoi Ngai	28.50
3	24728 IAZ	Chan, Wing Fa	23	Eastern Winter	31.00
4	21618 IAZ	Law, Tin Ching	24	Eastern Winter	34.00
5	42362 IAZ	Leung, Kung Ming	24	YMCA OF Hong Kong	37.00
25-29					
1	01018	Tam, Wing Chung	28	Kwun Tong	26.00

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25-29... (Event 7 Men 50 SC Meter Butterfly)

2	04959 IBZ	Ma, Chi Wang Damien	26 Diocesan School	27.00
3	42728 P	Febo, Christopher Vincenzo	27 Sword Fish Club	28.00
4	02766 IBZ	Ma, Siu Chun Jason	29 Flying Fish	29.00
5	02700 IB	Chong, Jeffrey	29 Kwan Hung	30.00
6	01784 B	Tso, Hiu Fung	29 Diocesan School	31.00
7	29833 #IAZ	Chow, Chun Pui	29 Fire Services	32.00
8	35718 IAZ	Wong, Hon Leung	26 Tuen Mun S.T.	32.88

30-34

1	00557	Chow, Sik Hang	32 New Water Polo	25.92
2	03667 IBZ	Wong, Sai Man Sherman	31 New Water Polo	28.00
3	27874 IAZ	Chan, Cheuk Man	32 New Water Polo	28.90
4	07805 #IBZ	Cheung, Wai Ho	32 Wong Tai Sin	30.00
5	00385	Cheng, Pong Man Reuben	31 Flying Fish	31.00
6	22420 IAZ	Chan, Chi Ming	34 Kwun Tong	32.00
7	06886 B	Li, Chin Long	30 Eastern Winter	34.00

35-39

1	03716 ICZ	Yan, Ho Chun	35 Diocesan School	26.00
2	00464 IA	Paul, Jonathan Matthew	35 Diocesan School	28.00
3	11544	Fan, Yiu Wing	39 Flying Fish	29.00
4	00444	Lam, Yau Sun Dickson	35 Diocesan School	30.00
5	01862 ICZ	Kwan, Hei Yan	35 Diocesan School	32.00
6	03895 ICZ	Lee, Ka Sing Joe	38 Fire Services	32.00
7	09165	Cheung, Siu Fung	37 Lai Tsun	33.33
8	12176 #ICZ	Ng, Siu Yu	38 Sword Fish Club	34.00
9	03793 ICZ	Po, Tik San	38 New Water Polo	35.00
10	43207	Wu, Zhi Long	39 Sword Fish Club	37.00
11	33415 IAZ	Chung, Michael Wai Kit	39 Tai Po	NT

40-44

1	12863	Yuen, Kai Lai	40 Fire Services	13.00
2	35404 #IAZ	Yeung, Lok Man	43 RippleFly Swim Ltd	29.00
3	42766 #ICO	Dahlmann, Sven Christoph	40 Fastlane	31.00
4	10317	Ng, Ka Wing	40 Diocesan School	32.00
5	35790 ICO	Launay, Thomas	41 LRC	32.02
6	38121 #IAZ	Cheung, Chi Yan Clifford	40 Sea Green	33.00
7	40107 IAZ	Chan, Falcon	41 Lai Tsun	35.00
8	08969	Yan, Ka Chun	41 New Water Polo	35.10
9	45577 IAZN	Wang, Chun Chieh Jeremy	43 RippleFly Swim Ltd	36.00
10	40558 IAZ	Law, Sai Wo	41 Tolo Harbour	38.00
11	43606	Liang, Donghui	42 Sword Fish Club	40.00
12	41148 IAZ	Tang, Kee Wai	40 New Water Polo	1:00.00

45-49

1	03372	Lau, Allan	47 Sword Fish Club	31.00
2	45572 P	Benhart, Salomo Partigor	45 Sword Fish Club	31.00
3	43602	Tan, Jiajie	45 Sword Fish Club	33.00
4	21008 IAZ	Cheung, Chun Kwan Michael	47 Wong Tai Sin	33.00
5	40846 IAZ	Cheung, Chin Ho	45 Diocesan School	33.05
6	06711	Leung, Tsz Kin	48 New Water Polo	33.10
7	28518 IAZ	Yau, Wo Fung	48 Kwun Tong	34.00
8	36839 ICO	Yap, Kok Wei	45 Sea Green	39.00
9	42085 IAZ	Lee, Hon Lun Philip	48 Sword Fish Club	40.00
10	06227	Wong, Kam Tat	46 Sea Green	1:00.00
11	45578 IAZ	Leung, Ka Cheong Stanley	45 RippleFly Swim Ltd	NT

50-54

1	37693 IAO	Sieh, Tien Yu	51 Kwun Tong	29.00
2	45576 P	Plummer, B Justin Gayle	50 Fastlane	31.00
3	43144	Xiao, Donghong	54 New Water Polo	33.00
4	42322 IAZ	Wong, Kim Ching	53 Lai Tsun	35.00
5	06175	Lo, King Man	53 Sea Green	38.00

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50-54... (Event 7 Men 50 SC Meter Butterfly)

6	38127 IAZ	Leung, Cheung Wai Ricky	52	Sword Fish Club	42.00
7	35711 IAX	Wong, Fuk Kei	51	Sword Fish Club	45.00
8	08901	Koh, Kee Haw	52	Sword Fish Club	49.00
9	42365 IAX	Kwan, Man Fai	51	Diocesan School	55.00

55-59

1	05191	Koo, Yu Fat Marcus	58	Flying Fish	33.00
2	26250 IAZ	Lau, Cho Tak	57	Lai Tsun	34.00
3	06256	Chan, Kwong Peter	59	Sea Green	34.00
4	13992	Yim, Chung Chee	55	YMCA OF Hong Kong	35.00
5	24256 IAW	Lok, Wai Man	57	New Water Polo	36.00
6	39982 IAZ	Chow, Wing Chun	56	Sword Fish Club	40.00
7	26594 IAZ	Ching, Wai Kin	56	Sword Fish Club	43.34
8	32108 IAX	Chan, Kiu	58	Sword Fish Club	46.00
9	27869 IAZ	Lee, Kam Cheong	56	Sword Fish Club	47.00
10	22433 IAZ	Lui, Man Pong	55	New Water Polo	48.00
11	40840 IAZ	Ng, Ka Yiu Karl	56	Diocesan School	49.00

60-64

1	26591 IAO	Ho, Robert Yau Chung	62	LRC	31.69
2	06201	Wong, Cheuk Yin	64	Fire Services	33.00
3	07802	Chau, Kam Tim	60	Sea Green	38.00
4	17725 IAZ	Ng, Yu Hung	62	Sword Fish Club	39.00
5	17956 IAZ	Chau, Kim Fai	63	Sword Fish Club	45.00

65-69

1	06184	Ng, Pak Chiu	66	Sea Green	39.00
2	06187	Kan, Kai Kwong	65	Sea Green	39.00
3	24640 ICO	Campbell, John Reid	65	Sword Fish Club	40.00
4	43205	Zhou, Jin Jia	65	Sword Fish Club	40.00
5	06388	Lau, Man Kin	66	Sword Fish Club	44.00
6	44839 IAXN	Hou, Ting Fun Stephen	66	Hoi Tin	1:10.00

70-74

1	03845	Tin, Sheung Kwai	73	New Water Polo	44.10
2	23297 IAZ	Chan, Shing Chi	72	Lai Tsun	50.00
3	06243	Koo, Choi Fat	70	Wong Tai Sin	52.00
4	06274	Wong, Yau Chuen	74	Sword Fish Club	55.00
5	09171	Chan, Ying Chi	74	Sword Fish Club	56.00
6	22182 IAZ	Ngai, Yin Leung	71	Sword Fish Club	56.55

75-79

1	10279	Wong, Shiu Ming	78	Sword Fish Club	50.00
2	06270	Lam, Luk Kan	79	Sword Fish Club	1:00.00
3	38301 IAX	Cheung, Hao Yen	77	Lai Tsun	NT

80-84

1	15490	Law, Kwai Fong	84	Sword Fish Club	1:30.00
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Event 8 Women 50 SC Meter Butterfly

25-29 MSR:	28.88
30-34 MSR:	30.53
35-39 MSR:	32.76
40-44 MSR:	32.64
45-49 MSR:	33.08
50-54 MSR:	33.24
55-59 MSR:	37.05
60-64 MSR:	42.42
65-69 MSR:	46.85
70-74 MSR:	48.53

	ID#	Name	Age	Team	Seed Time
18-24					
1	43597 IAZ	Su, Wenting	24	Sword Fish Club	37.00
2	08727 B	Hung Yuen Ching, Moose Culle	24	New Water Polo	40.00

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18-24... (Event 8 Women 50 SC Meter Butterfly)

3	09971 IAZ	Kam, Wing Lam Lucinda	24	Tung Sing	NT
25-29					
1	08238 #B	Li, Tsz Yu	26	New Water Polo	35.00
30-34					
1	44667 #IAO	Chang, Charlotte Chi-lok	31	Fastlane	33.50
2	06577 IBZ	Leung, Wei Yan	30	Sword Fish Club	35.00
3	43965 IAZ	Yu, Yik Man	31	New Water Polo	50.00
4	44126	An, Chao	33	New Water Polo	1:05.00
35-39					
1	26745 ICX	Chen, Yangyang	35	LRC	32.20
2	01625 ICZ	Wu, Ka Wing	38	RippleFly Swim Ltd	36.00
3	38440 #ICO	Eichelberger, Melissa Ann	37	Fastlane	36.06
4	43391 IAXN	Lau, On Yue	37	Fastlane	43.00
5	45041 IAZ	Fung, Cheuk Ching Candy	38	Hoi Fung	45.40
40-44					
1	07784 #IAZ	Tang, Mei Yin	43	RippleFly Swim Ltd	40.00
45-49					
1	33517 #IAO	Yamaguchi, Mika	48	Fastlane	33.50
2		Boyko, Oksana	45	Wolfpack Sport	X35.21
3	38302 IAZ	Cheung, Man Ling Melody	48	Lai Tsun	43.00
4	35969 #IAX	Wang, Ying Lian	48	Tung Sing	46.00
5	36785 IAZ	Inglis, Alexandra Sinead	45	LRC	46.09
6	42082 IAZ	Luk, Chuen Joey	49	Sword Fish Club	50.00
7	44153 IAZ	Liu, Kar Wai Connie	49	Hoi Fung	50.15
8	44340	Wang, Wei	48	New Water Polo	56.00
9	06349	Ip, Oi Wa Wendy	48	Sword Fish Club	1:00.00
50-54					
1	43977	Lin, Zihe	51	New Water Polo	38.00
2	23588 #IAZ	Lee, Ying Chi	52	Tung Sing	55.00
3	36431 P	Buchta, Katrin	50	Sword Fish Club	1:00.00
4	37012 IAZ	Lun, Yau Chun Nara	52	New Water Polo	1:00.00
55-59					
1	29752 IAZ	Chow, Yee Heung Liza	56	Lai Tsun	41.78
2	26254 IAX	Ng, Kong Ching	55	New Water Polo	54.00
3	21006 IAZ	Chan, Kin Ming Carrie	58	Sword Fish Club	1:05.00
60-64					
1	19290 IAX	Tseung, Nga Wah	63	Sword Fish Club	48.00
2	10289	Chan, Wai Yee	62	Lai Tsun	1:00.00
3	43146	Liang, Yueping	62	New Water Polo	1:00.00
4	14007 #	Ho, Yuk Ling	63	Tung Sing	1:00.00
5	20001 IAZ	Leung, Siu Ling	60	Kwun Tong	1:10.00
6	23957 IAX	Yeung, Tun Lim Lily	63	Sword Fish Club	1:12.00
65-69					
1	06355	Lo, Lai Yung	65	New Water Polo	50.00
2	06147	Leung Wong, Yin Har Hayley	68	Sea Green	1:00.00
3	07440	Yip, Lai Kuen	69	Lai Tsun	1:15.00
70-74					
1	06357	Suen, Ming Chu	72	Sword Fish Club	48.00
2	39357	Mak, Sok Iun	70	Sword Fish Club	1:00.00
75-79					
1	06372 IAZ	Leung, Mabel Yuen Ying	78	Sword Fish Club	1:15.00
2	02365	Chow, So Kam	75	Kwun Tong	1:30.00

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Event 9 Men 25 SC Meter Backstroke

18-24 MSR:	12.46
25-29 MSR:	12.96
30-34 MSR:	13.34
35-39 MSR:	14.16
40-44 MSR:	14.15
45-49 MSR:	14.84
50-54 MSR:	14.85
55-59 MSR:	15.76
60-64 MSR:	16.42
65-69 MSR:	16.43

	ID#	Name	Age	Team	Seed Time
18-24... (Event 9 Men 25 SC Meter Backstroke)					
1	16201 B	Kwok, Yuk Hang	24	Kwun Tong	13.00
2	20980 IAZ	Chan, Chi Wang Eric	20	New Water Polo	16.00
25-29					
1	39152 ICO	Belecanech, Matthew Joseph	28	Football Club	14.08
2	14158 #IAZ	Li, Hok Yee Terence	27	New Water Polo	15.00
3	02766 IBZ	Ma, Siu Chun Jason	29	Flying Fish	16.00
4	05854 IAZ	Cho, Wai Ching	29	Flying Fish	16.05
5	33387 IAO	Wu, Kenneth Yee Lok	29	Sword Fish Club	17.00
6	41150 IAZ	Poon, Chun Yat	28	New Water Polo	17.00
7	22779 IAZ	Chung, Lai Yee Franki	25	Sword Fish Club	17.00
8	01728	Cheung, Wai Lun William	29	Diocesan School	26.00
30-34					
1	01326 IBZ	Cheng, Yuen Henry	32	Kwun Tong	14.00
2	42367 IAO	Chow, Chun Yin	34	Diocesan School	14.00
3	14526 IBZ	Ho, Chun Sum Samuel	31	New Water Polo	14.90
4	14527 IBZ	Ho, Chun Ting Timothy	31	New Water Polo	14.90
35-39					
1	00444	Lam, Yau Sun Dickson	35	Diocesan School	13.35
2	00464 IA	Paul, Jonathan Matthew	35	Diocesan School	14.00
3	41151 #ICO	Caggio, Antonino	38	LRC	15.00
4	11587	Ng, Yu Hon	37	Sea Green	18.00
5	03793 ICZ	Po, Tik San	38	New Water Polo	20.00
6	43207	Wu, Zhi Long	39	Sword Fish Club	20.00
7	23298 IAZ	Li, Cheuk Bun	35	Wong Tai Sin	20.00
8	23119 IAZ	Chan, Ying Tsung Bosco	39	Sword Fish Club	27.00
40-44					
1	42766 #ICO	Dahlmann, Sven Christoph	40	Fastlane	15.00
2	04991 IAZ	Tang, King Man	43	Fire Services	16.00
3	37671 ICO	Stamenovic, Ivan	44	LRC	17.00
4	40841 IAX	Tsang, Kwok Tung	41	Diocesan School	18.00
5	43596	Xian, Weiqinag	44	Sword Fish Club	20.00
6	43606	Liang, Donghui	42	Sword Fish Club	20.00
7	08969	Yan, Ka Chun	41	New Water Polo	20.10
8	16451	Cheng, Ngai Bun	42	Kwun Tong	25.00
45-49					
1	45572 P	Benhart, Salomo Partigor	45	Sword Fish Club	16.00
2	06711	Leung, Tsz Kin	48	New Water Polo	16.10
3	06338 IAZ	Wong, Ka Fai	46	Sword Fish Club	17.00
4	45485 IAZN	Choy, Wilson	48	Diocesan School	17.00
5	41908 #IAZ	Lee, Chi Hang Edmond	46	Jockey Club	18.50
6	36962 IAZ	Leung, Yung Yu	48	Kwun Tong	19.00
7	24603 IAZ	Hung, Ka Ming	45	YMCA OF Hong Kong	19.00
50-54					
1	27451 IAZ	Yip, Kin Man Stephen	50	Kwun Tong	16.00

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50-54... (Event 9 Men 25 SC Meter Backstroke)

2	30710 IAZ	Lai, Kin Sun	50 Flying Fish	17.00
3	06175	Lo, King Man	53 Sea Green	17.00
4	21736 IAM	Lo, Lai Tou	52 Sword Fish Club	18.00
5	05139	Lin, Fu Lung	53 Flying Fish	20.00
6	45582 IAO	Reeve, Blair	52 LRC	21.00
7	38291 IAZ	Liu, Chun Sing	54 Sword Fish Club	21.00
8	23587 IAZ	Au, Wing Sum	53 New Water Polo	22.00
9	35711 IAX	Wong, Fuk Kei	51 Sword Fish Club	24.00

55-59

1	06247	So, Kam Shing	59 Wong Tai Sin	20.00
2	40840 IAZ	Ng, Ka Yiu Karl	56 Diocesan School	20.84
3	39982 IAZ	Chow, Wing Chun	56 Sword Fish Club	22.00
4	40942 P	He, Gaoxiong	58 New Water Polo	22.00
5	26594 IAZ	Ching, Wai Kin	56 Sword Fish Club	24.70
6	25226 IAZ	Choi, Tai Wing	59 Sword Fish Club	25.00

60-64

1	06201	Wong, Cheuk Yin	64 Fire Services	16.00
2	17725 IAZ	Ng, Yu Hung	62 Sword Fish Club	19.00
3	04512	Wong, Shek Ming	60 New Water Polo	20.00
4	17956 IAZ	Chau, Kim Fai	63 Sword Fish Club	20.00
5	44634 IAON	Ibrahim, Ricky Warisna	61 Jockey Club	23.00
6	03849	Kwok, Hak Man Johnny	60 Lai Tsun	24.00
7	21548 IAZ	Ku, Chi Ming John	61 Lai Tsun	NT

65-69

1	06398 #	Cho, Wai Sun	67 Fastlane	18.00
2	06281	Fung, Kam Tai	65 Sword Fish Club	19.00
3	06187	Kan, Kai Kwong	65 Sea Green	21.00
4	06388	Lau, Man Kin	66 Sword Fish Club	21.00
5	06389	Chan, Hong Wah	67 New Water Polo	21.00
6	06124	Szeto, Kwan Yin	67 New Water Polo	22.00
7	41739 IAZ	Ng, Chin Wing	65 Sea Green	22.00
8	26318	Suen, Chi Wing	66 Sword Fish Club	23.00
9	16472	Au, Po Lam	67 Kornhill	24.00
10	41059 IAX	Ng, Kau Yuen	67 Sword Fish Club	26.00
11	21729 IAX	Chan, Ping Chiu	69 New Water Polo	35.00

70-74

1	24680 IAO	Chan, Kin Yuen	70 Sword Fish Club	18.00
2	03845	Tin, Sheung Kwai	73 New Water Polo	19.10
3	37341 IAZ	Tang, Shan	71 Sword Fish Club	20.00
4	04505	Chan, Kwok Hung	73 Hong Kong Police	22.95
5	38699 IAZ	Tse, Siu Hei	70 Kornhill	25.00
6	20634 IAZ	Wu, Shu Sun	70 New Water Polo	25.00
7	44788 IAZ	Chui, Hong Sheung	71 Diocesan School	26.00
8	06274	Wong, Yau Chuen	74 Sword Fish Club	27.00
9	06242	Lau, Heung Wing	71 Wong Tai Sin	30.00

75-79

1	10279	Wong, Shiu Ming	78 Sword Fish Club	21.00
2	38301 IAX	Cheung, Hao Yen	77 Lai Tsun	NT

80-84

1	06399	Fu, Tai Chun	83 Kwun Tong	22.00
2	05407	Lee, She Kwok	82 Sword Fish Club	27.00
3	16471	Wong, Yuen Ying	84 Kornhill	54.00

85-89

1	06131	Yim, Kam Wing	87 Sword Fish Club	22.00
2	02987	Cheung, Tsan	86 Sword Fish Club	30.00

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Event 10 Women 25 SC Meter Backstroke

18-24 MSR:	15.19
25-29 MSR:	14.97
30-34 MSR:	15.12
35-39 MSR:	16.00
40-44 MSR:	16.08
45-49 MSR:	16.31
50-54 MSR:	16.27
55-59 MSR:	17.86
60-64 MSR:	20.81
65-69 MSR:	24.06

	ID#	Name	Age	Team	Seed Time
25-29... (Event 10 Women 25 SC Meter Backstroke)					
1	01441	Yeung, Hiu Ching Judy	29	New Water Polo	15.00
2	04849 B	Chow, Tsz Yan	27	Kwun Tong	20.00
3	28004 #IAZ	Kwan, Ka Wan	27	Tung Sing	NT
30-34					
1	01683	Lam, Ka Yuk Ellen	33	Sword Fish Club	17.00
2	05452 IBZ	Ho, Mei Po	32	Kwun Tong	20.00
3	13384 ICZ	Lee, May Sze Mei	33	New Water Polo	50.00
35-39					
1	26745 ICX	Chen, Yangyang	35	LRC	17.00
2	44313 ICO	Tan, Eunice Ledesma	39	Fastlane	22.00
3	00111	Chung, Yuen Yi	35	Kwun Tong	NT
40-44					
1	42192	Chen, Yunlin	44	Sword Fish Club	18.00
2	39979 IAZ	Lam, Ling Wai Jessica	41	Lai Tsun	24.00
3	25238 IAZ	Yip, Po Man	40	New Water Polo	25.00
4	43497 IAZ	Tang, Pik Lam Cathy	42	Lai Tsun	28.00
45-49					
1	16535	Yuen, Yuk Kuen	48	Sea Green	22.00
2	27463 IAX	Chen, Yugen	49	New Water Polo	22.00
3	39310 IAZ	Au-Yeung, Sze	47	Lai Tsun	23.00
4	36785 IAZ	Inglis, Alexandra Sinead	45	LRC	23.35
5	44340	Wang, Wei	48	New Water Polo	28.00
6	44641 IAZ	Chan, Suk Yin	48	Sword Fish Club	32.00
50-54					
1	40575 #IAO	Chan, San Ngah	52	Fastlane	21.68
2	11575	Chang, Man Yung Catherine	53	Lai Tsun	24.00
3	36045 IAZN	Hsu, Ava	53	LRC	24.46
4	43145	Sha, Youjin	50	New Water Polo	25.00
5	06337	Tse, Yee Wah	54	YMCA OF Hong Kong	26.00
6	39947 #ICX	Huang, Yue Lan	53	New Water Polo	30.00
7	43190 IAZ	Li, Hau Yi Dora	51	Eastern Winter	40.00
8	40937 IAZ	Leung, Wai Fan Fanny	50	New Water Polo	45.00
55-59					
1	26254 IAX	Ng, Kong Ching	55	New Water Polo	20.00
2	06113	Dudok Van Heel, Jane	59	LRC	21.39
3	45065 IAZ	Lo, Fung Po Jennifer	57	LRC	24.00
4	43178 ICW	Hoi, Fong Mei	56	Sword Fish Club	24.00
5	31750 IAZ	Cheung, Lai Ying Anita	57	Lai Tsun	28.40
6	41911 IAZN	Ng, Kit Man Joanna	55	New Water Polo	45.00
7	38460 IAZ	Tang, Kit Fong Yvonne	56	New Water Polo	50.00
8	41423 IAZ	Chiu, Pauline	58	Tung Sing	NT
60-64					
1	19290 IAX	Tseung, Nga Wah	63	Sword Fish Club	24.00
2	31755 IAZ	Woo, Wing Fong Cinderella	61	Lai Tsun	25.00

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60-64... (Event 10 Women 25 SC Meter Backstroke)

3	02711	Fok, Wai Fung	62	Wong Tai Sin	27.84
4	14007 #	Ho, Yuk Ling	63	Tung Sing	28.00
5	20640 IAZ	Wong, Fung Yee	60	Sword Fish Club	29.00
6	26257 IAX	Lo, Shuk Ling	60	Sword Fish Club	32.00
7	06127	Lau, Wai Lin	64	New Water Polo	35.00

65-69

1	22852 ICX	Bai, Xiufen	69	Sword Fish Club	20.00
2	06355	Lo, Lai Yung	65	New Water Polo	22.00
3	44677 IAZ	Leung, Po Shan	68	Jockey Club	26.00
4	38462 #IAZN	Shum, Shuk Wah Nora	68	Jockey Club	28.00
5	06213	Mo, Mei Ling	66	Wong Tai Sin	37.00

70-74

1	39991 IAS	Sam, Choi Lin	72	Sword Fish Club	24.00
2	17480 IAZ	Chow, Pui Han Angela	74	Lai Tsun	30.00

75-79

1	06374	Wong, Jim	79	Sword Fish Club	28.00
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80-84

1	38059 #IAX	Tai, Li Hua	81	Sword Fish Club	28.00
2	13262	Kwong, Shuet Hing	80	Wong Tai Sin	41.98
3	06144	Mak, Suet Man	83	Sea Green	42.00
4	06218	Sin, Lai Kwan	80	Wong Tai Sin	50.00
5	06210	Ho, Po Yee	84	Wong Tai Sin	51.00

Event 11 Men 4x25 SC Meter Freestyle Relay

100-119 MSR:	45.42
120-159 MSR:	45.52
160-199 MSR:	46.94
200-239 MSR:	51.80
240-279 MSR:	54.51
280-319 MSR:	1:00.84
320-359 MSR:	1:25.15

	Team	Relay	Seed Time
100-119			
1	HK Fire Services S & W Club	M100 A	50.00
2	New Water Polo Club	M100 A	NT
3	Diocesan School Old Boys' Assn	M100 A	NT
4	HK Flying Fish Athletic Assn	M100 A	NT
120-159			
1	RippleFly Swim Ltd	M120 A	50.00
2	HK Fire Services S & W Club	M120 A	53.00
3	Sword Fish Club	M120 A	NT
4	Ladies' Recreation Club	M120 A	NT
5	New Water Polo Club	M120 A	NT
6	Kwun Tong Swimming Club	M120 A	NT
7	Fastlane Swimming Co Limited	M120 A	NT
8	Diocesan School Old Boys' Assn	M120 A	NT
160-199			
1	HK Fire Services S & W Club	M160 A	56.00
2	Lai Tsun Swimming Society	M160 A	NT
3	Sword Fish Club	M160 A	NT
4	Ladies' Recreation Club	M160 A	NT
5	Wong Tai Sin District Lss	M160 A	NT
6	New Water Polo Club	M160 A	NT
7	Kwun Tong Swimming Club	M160 A	NT
8	Sea Green Swimming & LS Club	M160 A	NT
9	Fastlane Swimming Co Limited	M160 A	NT
10	Diocesan School Old Boys' Assn	M160 A	NT

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200-239... (Event 11 Men 4x25 SC Meter Freestyle Relay)

1	YMCA OF Hong Kong	M200	A	55.00
2	Hong Kong Police Swimming	M200	A	1:01.30
3	Lai Tsun Swimming Society	M200	A	NT
4	Sword Fish Club	M200	A	NT
5	Ladies' Recreation Club	M200	A	NT
6	New Water Polo Club	M200	A	NT
7	Kwun Tong Swimming Club	M200	A	NT
8	Sea Green Swimming & LS Club	M200	A	NT
9	Fastlane Swimming Co Limited	M200	A	NT
10	Diocesan School Old Boys' Assn	M200	A	NT

240-279

1	HK Fire Services S & W Club	M240	A	1:00.00
2	Lai Tsun Swimming Society	M240	A	NT
3	Sword Fish Club	M240	A	NT
4	New Water Polo Club	M240	A	NT
5	Kwun Tong Swimming Club	M240	A	NT
6	Sea Green Swimming & LS Club	M240	A	NT
7	Fastlane Swimming Co Limited	M240	A	NT
8	Diocesan School Old Boys' Assn	M240	A	NT

280-319

1	Lai Tsun Swimming Society	M280	A	NT
2	Sword Fish Club	M280	A	NT
3	Wong Tai Sin District Lss	M280	A	NT
4	Kornhill Recreation Club SC	M280	A	NT
5	New Water Polo Club	M280	A	NT

320-359

1	Sword Fish Club	M320	A	NT
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Event 12 Women 4x25 SC Meter Freestyle Relay

100-119 MSR:	54.79
120-159 MSR:	54.30
160-199 MSR:	55.11
200-239 MSR:	1:01.27
240-279 MSR:	1:06.99
280-319 MSR:	1:31.42

	Team	Relay	Seed Time
100-119			
1	New Water Polo Club	W100 A	NT
120-159			
1	Sword Fish Club	W120 A	NT
2	New Water Polo Club	W120 A	NT
3	Kwun Tong Swimming Club	W120 A	NT
4	Fastlane Swimming Co Limited	W120 A	NT
160-199			
1	Lai Tsun Swimming Society	W160 A	NT
2	Sword Fish Club	W160 A	NT
3	Ladies' Recreation Club	W160 A	NT
4	New Water Polo Club	W160 A	NT
5	Fastlane Swimming Co Limited	W160 A	NT
200-239			
1	Lai Tsun Swimming Society	W200 A	NT
2	Sword Fish Club	W200 A	NT
3	New Water Polo Club	W200 A	NT
4	Kwun Tong Swimming Club	W200 A	NT
5	Sea Green Swimming & LS Club	W200 A	NT
240-279			
1	Lai Tsun Swimming Society	W240 A	NT

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240-279... (Event 12 Women 4x25 SC Meter Freestyle Relay)

2	Sword Fish Club	W240	A	NT
3	Wong Tai Sin District Lss	W240	A	NT
4	New Water Polo Club	W240	A	NT
5	Sea Green Swimming & LS	W240	A	NT

280-319

1	Sword Fish Club	W280	A	NT
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Event 13 Men 50 SC Meter Breaststroke

18-24 MSR: 29.83

25-29 MSR: 30.07

30-34 MSR: 29.76

35-39 MSR: 30.71

40-44 MSR: 28.91

45-49 MSR: 30.99

50-54 MSR: 33.32

55-59 MSR: 34.52

60-64 MSR: 36.15

65-69 MSR: 37.04

	ID#	Name	Age	Team	Seed Time
18-24					
1	15481 B	Wong, Ho Kiu	22	RippleFly Swim Ltd	29.30
2	25168 IAZ	Cheung, Tsz Hin Gabriel	19	Kornhill	32.00
3	18198 IAZ	Lee, Chun Yin	23	Hoi Ngai	33.00
4	20980 IAZ	Chan, Chi Wang Eric	20	New Water Polo	35.00
25-29					
1	04959 IBZ	Ma, Chi Wang Damien	26	Diocesan School	30.00
2	05577 IBZ	Yuen, Marcus	26	LRC	30.53
3	44549 ICX	Zhang, Yage	26	Fastlane	31.50
4	42728 P	Febo, Christopher Vincenzo	27	Sword Fish Club	32.00
5	45585	Chou, Kit	27	Sword Fish Club	32.00
6	02303 #B	Lam, Cheuk Yin	26	Fire Services	32.00
7	01728	Cheung, Wai Lun William	29	Diocesan School	33.00
8	01784 B	Tso, Hiu Fung	29	Diocesan School	33.00
9	14158 #IAZ	Li, Hok Yee Terence	27	New Water Polo	34.00
10	05854 IAZ	Cho, Wai Ching	29	Flying Fish	37.00
11	33387 IAO	Wu, Kenneth Yee Lok	29	Sword Fish Club	40.00
30-34					
1	02591	Luk, Wing Kin Andy	31	Kwan Hung	30.00
2	42367 IAO	Chow, Chun Yin	34	Diocesan School	31.00
3	27873 IAZ	Ko, King Hei	32	New Water Polo	35.00
4	01326 IBZ	Cheng, Yuen Henry	32	Kwun Tong	36.00
5	23960 IAZ	Kong, Ka Wai	32	Kwun Tong	37.00
6	34366 ICO	Mauray, Matthieu Bernard	32	Football Club	40.00
35-39					
1	40001 IAZ	Yip, Ka Ho Tonie	38	Kwun Tong	21.00
2	41151 #ICO	Caggio, Antonino	38	LRC	36.00
3	45574 IAZ	Ng, Siu Kwong	38	Sword Fish Club	39.00
4	23119 IAZ	Chan, Ying Tsung Bosco	39	Sword Fish Club	47.00
5	45580 IAZN	Cheung, Siu Wing	37	RippleFly Swim Ltd	49.00
6	23298 IAZ	Li, Cheuk Bun	35	Wong Tai Sin	50.00
40-44					
1	43034 #P	Imai, Ryosuke	42	Fastlane	29.00
2	12275	Wong, Yat Tung	40	Fire Services	33.00
3	39588 IAZ	Lo, Ho Wai Joe	40	Diocesan School	34.00
4	05160	Chan, Ka Wo	43	Diocesan School	35.00
5	12863	Yuen, Kai Lai	40	Fire Services	35.00
6	35790 ICO	Launay, Thomas	41	LRC	35.01
7	43604	Long, Zhisheng	41	Sword Fish Club	36.00

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40-44... (Event 13 Men 50 SC Meter Breaststroke)

8	37671 ICO	Stamenovic, Ivan	44 LRC	37.00
9	42737 IAZ	So, Ma Loi	44 Sword Fish Club	39.05
10	40558 IAZ	Law, Sai Wo	41 Tolo Harbour	39.80
11	16451	Cheng, Ngai Bun	42 Kwun Tong	40.00
12	40834 IAZ	Chang, Hsi Tse JosephJeremy	41 Diocesan School	40.00
13	43656 IAZ	Poon, Hiu Tung	42 Diocesan School	42.00

45-49

1	41908 #IAZ	Lee, Chi Hang Edmond	46 Jockey Club	36.50
2	21008 IAZ	Cheung, Chun Kwan Michael	47 Wong Tai Sin	37.00
3	43532 IAX	Hu, Haochen	45 New Water Polo	38.00
4	36962 IAZ	Leung, Yung Yu	48 Kwun Tong	39.00
5	43602	Tan, Jiajie	45 Sword Fish Club	39.00
6	44871 IAZ	Chan, Chi Leung	49 Fastlane	39.20
7	02366	Li, Ka Wing	46 Kwun Tong	40.00
8	06395	Cheung, Ting Fan	49 Kwun Tong	40.00
9	42085 IAZ	Lee, Hon Lun Philip	48 Sword Fish Club	40.00
10	34315 IAZ	Yip, Chi Yan Christopher	45 Diocesan School	40.00
11	40835 IAZ	Leung, Wing Hong Alvin	46 Diocesan School	42.00
12	04184	Woo, Siu Ming William	49 Sword Fish Club	1:11.00
13	45578 IAZ	Leung, Ka Cheong Stanley	45 RippleFly Swim Ltd	NT

50-54

1	32253 IAZ	Watt, Kam Sing Michael	53 Kowloon Tong Club	34.00
2	04989	Wan, Lap San	54 Fire Services	34.00
3	37693 IAO	Sieh, Tien Yu	51 Kwun Tong	35.00
4	21736 IAM	Lo, Lai Tou	52 Sword Fish Club	38.00
5	43144	Xiao, Donghong	54 New Water Polo	38.00
6	33085 IAZ	Pang, Yu Man	54 Fire Services	38.00
7	26317 IAZN	Tung, Shang Wei Timothy	50 Kwun Tong	39.00
8	43603	Feng, Bingxin	52 Sword Fish Club	40.00
9	05139	Lin, Fu Lung	53 Flying Fish	43.00
10	38291 IAZ	Liu, Chun Sing	54 Sword Fish Club	43.00
11	43158 #IAZ	Chan, Tin Lung	51 Lai Tsun	43.58
12	32342 IAZ	Li, Ka Hong	54 Hong Kong Police	44.74
13	42364 IAZ	Lau, Yip Kwong Francis	51 Diocesan School	45.00
14	38127 IAZ	Leung, Cheung Wai Ricky	52 Sword Fish Club	48.00
15	35711 IAX	Wong, Fuk Kei	51 Sword Fish Club	51.00
16	41146 IAZ	Yiu, Ka Fung Vincent	51 Diocesan School	53.00

55-59

1	18856 IAZ	Au, Mun Shing	55 Sword Fish Club	37.00
2	26250 IAZ	Lau, Cho Tak	57 Lai Tsun	41.00
3	40592 IAZ	Fo, Pui Keung	56 Hong Kong Police	43.98
4	39982 IAZ	Chow, Wing Chun	56 Sword Fish Club	44.00
5	26261 IAZ	Tsun, Chung Wa Jode	56 Hong Kong Police	49.73
6	25226 IAZ	Choi, Tai Wing	59 Sword Fish Club	50.00
7	41426 IAZ	Tang, Yu Hang Francis	59 Tung Sing	NT

60-64

1	06207	Lau, Kim Man	64 Fire Services	36.00
2	06202	Lau, Kim Wah	61 Fire Services	36.00
3	14555	Tang, Kon Leong	64 Sword Fish Club	39.00
4	03849	Kwok, Hak Man Johnny	60 Lai Tsun	45.00
5	28339 IAZ	Yim, Chi Yiu	60 New Water Polo	55.00
6	21548 IAZ	Ku, Chi Ming John	61 Lai Tsun	NT

65-69

1	06382	Chan, Kam Por	68 Sword Fish Club	40.00
2	06281	Fung, Kam Tai	65 Sword Fish Club	42.00
3	43205	Zhou, Jin Jia	65 Sword Fish Club	42.00
4	04504	Yura, Tadami	68 Sword Fish Club	45.00
5	35236 IAZ	Chan, Pui Ming Sunny	66 Sword Fish Club	46.00

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65-69... (Event 13 Men 50 SC Meter Breaststroke)

6	14035	Wong, Shing Kuen	67	Lai Tsun	48.00
7	41059 IAX	Ng, Kau Yuen	67	Sword Fish Club	56.00
8	21729 IAX	Chan, Ping Chiu	69	New Water Polo	1:10.00
70-74					
1	05917	Yong, Khin Syn	71	Sword Fish Club	40.00
2	20634 IAZ	Wu, Shu Sun	70	New Water Polo	45.00
3	06243	Koo, Choi Fat	70	Wong Tai Sin	46.00
4	28336 #IAZ	Ng, Yat Shum	73	Wong Tai Sin	50.00
5	44788 IAZ	Chui, Hong Sheung	71	Diocesan School	53.00
6	10274	Lau, Chun Nung	74	Lai Tsun	55.00
7	14029	Ieong, Vun Fai	74	Sword Fish Club	55.00
8	06242	Lau, Heung Wing	71	Wong Tai Sin	1:03.00
75-79					
1	10279	Wong, Shiu Ming	78	Sword Fish Club	48.00
2	06270	Lam, Luk Kan	79	Sword Fish Club	1:02.00
80-84					
1	06246	Ling, Wang Yam	83	Wong Tai Sin	1:01.44
85-89					
1	38060 #IAZ	Chi, Lieh Yung	86	Sword Fish Club	1:00.00
2	02987	Cheung, Tsan	86	Sword Fish Club	1:20.00
3	31988 IAO	Wilson, John Simon	88	New Water Polo	1:38.00
90-94					
1	06238	Lee, Ming	90	Sword Fish Club	1:15.00

Event 14 Women 50 SC Meter Breaststroke

18-24 MSR:	35.84
25-29 MSR:	35.73
30-34 MSR:	35.44
35-39 MSR:	37.14
40-44 MSR:	38.05
45-49 MSR:	39.41
50-54 MSR:	37.68
55-59 MSR:	38.71
60-64 MSR:	49.06
65-69 MSR:	49.83

	ID#	Name	Age	Team	Seed Time
25-29					
1	45575	Wong, Ian Man	26	Sword Fish Club	37.00
2	01441	Yeung, Hiu Ching Judy	29	New Water Polo	43.00
3	04849 B	Chow, Tsz Yan	27	Kwun Tong	45.00
4	28004 #IAZ	Kwan, Ka Wan	27	Tung Sing	NT
30-34					
1	01683	Lam, Ka Yuk Ellen	33	Sword Fish Club	42.00
2	01624 #IBZ	Wong, Yin Yue Olivia	33	Lai Tsun	45.00
3	05452 IBZ	Ho, Mei Po	32	Kwun Tong	48.00
4	42081 IAZ	Lee, Chui Man	32	Sword Fish Club	50.00
5	43965 IAZ	Yu, Yik Man	31	New Water Polo	50.00
6	00777 IBZ	Tse, Yu Ting	34	New Water Polo	1:00.00
7	01552 #IBZ	Lai, Hiu Ling	31	New Water Polo	1:00.00
8	44586 ICO	Wong, Yunn Yi	32	Lai Tsun	NT
35-39					
1	01305 IBZ	Liu, Ka Lei	35	Kwun Tong	36.00
2	40743 IAZ	Chiu, Hoi Yung	37	Lai Tsun	42.00
40-44					
1	38290 IAZ	Wong, Ting Chi Vanessa	40	Sword Fish Club	40.00
2	39979 IAZ	Lam, Ling Wai Jessica	41	Lai Tsun	47.00
3	25238 IAZ	Yip, Po Man	40	New Water Polo	50.00
4	41149 IAZ	Yeung, Oi Mei	43	New Water Polo	56.30

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40-44... (Event 14 Women 50 SC Meter Breaststroke)

5	26803 IAZ	Yung, Hoi Ying	40	New Water Polo	1:00.00
6	43497 IAZ	Tang, Pik Lam Cathy	42	Lai Tsun	1:02.00
7	31534 IAZ	Mo, Wing Yee	44	Wong Tai Sin	1:08.00
45-49					
1	36840 IAZ	Chung, Ching Han Anna	48	Sea Green	46.00
2	16535	Yuen, Yuk Kuen	48	Sea Green	48.00
3	27463 IAX	Chen, Yugen	49	New Water Polo	50.00
4	21531 IAZ	Yip, Chui Ying	49	Lai Tsun	51.00
5	06349	Ip, Oi Wa Wendy	48	Sword Fish Club	52.00
6	42082 IAZ	Luk, Chuen Joey	49	Sword Fish Club	52.00
7	45579 IAZ	Li, Man Yiu	46	RippleFly Swim Ltd	58.00
8	44304 IAX	Choi, Shan Shan	48	Sword Fish Club	1:01.00
50-54					
1	37012 IAZ	Lun, Yau Chun Nara	52	New Water Polo	55.00
2	43190 IAZ	Li, Hau Yi Dora	51	Eastern Winter	1:00.00
55-59					
1	06353	Leung, Wai Fan	58	Kwun Tong	38.00
2	29752 IAZ	Chow, Yee Heung Liza	56	Lai Tsun	46.32
3	38460 IAZ	Tang, Kit Fong Yvonne	56	New Water Polo	1:10.00
60-64					
1	02711	Fok, Wai Fung	62	Wong Tai Sin	55.19
2	06127	Lau, Wai Lin	64	New Water Polo	1:00.00
3	14007 #	Ho, Yuk Ling	63	Tung Sing	1:00.00
4	26257 IAX	Lo, Shuk Ling	60	Sword Fish Club	1:05.00
65-69					
1	38462 #IAZN	Shum, Shuk Wah Nora	68	Jockey Club	58.00
2	45573 P	Suzanawati, Titus	67	Sword Fish Club	59.00
3	06147	Leung Wong, Yin Har Hayley	68	Sea Green	1:00.00
4	06213	Mo, Mei Ling	66	Wong Tai Sin	1:02.00
5	42162 IAZ	Wat, Wai Bing Isabella	65	Sea Green	1:07.00
70-74					
1	39357	Mak, Sok Iun	70	Sword Fish Club	1:05.00
2	17480 IAZ	Chow, Pui Han Angela	74	Lai Tsun	1:10.00
3	30506 IAX	Li, Hoi Ying	72	Sword Fish Club	1:10.00
4	06212	Lo, Yeuk Shuen	71	Wong Tai Sin	1:12.00
80-84					
1	06218	Sin, Lai Kwan	80	Wong Tai Sin	1:30.00

Event 15 Men 200 SC Meter Freestyle

18-24 MSR:	1:59.50
25-29 MSR:	1:58.61
30-34 MSR:	2:06.50
35-39 MSR:	2:01.74
40-44 MSR:	2:04.25
45-49 MSR:	2:08.25
50-54 MSR:	2:19.05
55-59 MSR:	2:19.34
60-64 MSR:	2:27.89
65-69 MSR:	2:36.59

	ID#	Name	Age	Team	Seed Time
18-24					
1	28567 IAZ	Tam, Wang Yin	20	Hoi Ngai	1:59.00
25-29					
1	29833 #IAZ	Chow, Chun Pui	29	Fire Services	2:25.00
2	33387 IAO	Wu, Kenneth Yee Lok	29	Sword Fish Club	2:33.00
30-34					
1	44665 #ICO	Holland, Tyler Michael	32	Fastlane	2:10.00
2	11213 IBZ	Yuen, Wai Hang	31	Kwun Tong	2:18.00

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30-34... (Event 15 Men 200 SC Meter Freestyle)

3	27874 IAZ	Chan, Cheuk Man	32 New Water Polo	2:18.00
4	23960 IAZ	Kong, Ka Wai	32 Kwun Tong	2:20.00
5	34366 ICO	Mauray, Matthieu Bernard	32 Football Club	2:20.00
6	14526 IBZ	Ho, Chun Sum Samuel	31 New Water Polo	2:20.00
7	14527 IBZ	Ho, Chun Ting Timothy	31 New Water Polo	2:20.00
8	27873 IAZ	Ko, King Hei	32 New Water Polo	2:23.00
9	06602 IBZ	Yam, Chi Ching	31 Fire Services	2:30.00

35-39

1	41151 #ICO	Caggio, Antonino	38 LRC	2:01.00
2	00464 IA	Paul, Jonathan Matthew	35 Diocesan School	2:09.00
3	12176 #ICZ	Ng, Siu Yu	38 Sword Fish Club	2:33.00
4	09165	Cheung, Siu Fung	37 Lai Tsun	2:40.00
5	27133 IAZ	Poon, Man Chun	39 Wong Tai Sin	2:56.29
6	23119 IAZ	Chan, Ying Tsung Bosco	39 Sword Fish Club	4:02.00

40-44

1	01012 ICZ	Fong, Lik Sun	40 RippleFly Swim Ltd	2:05.00
2	37671 ICO	Stamenovic, Ivan	44 LRC	2:05.86
3	12275	Wong, Yat Tung	40 Fire Services	2:25.00
4	38121 #IAZ	Cheung, Chi Yan Clifford	40 Sea Green	2:39.00
5	16451	Cheng, Ngai Bun	42 Kwun Tong	2:40.00
6	38035 IAZ	Mok, Kin Fan	40 Tolo Harbour	3:29.00
7	40107 IAZ	Chan, Falcon	41 Lai Tsun	NT

45-49

1	27868 IAZ	Chan, Chi Wah Ringo	48 Sword Fish Club	2:33.00
2	28849 IAZ	Chan, Chun Kuen	45 Sword Fish Club	2:33.00
3	02366	Li, Ka Wing	46 Kwun Tong	2:40.00
4	24603 IAZ	Hung, Ka Ming	45 YMCA OF Hong Kong	2:40.00
5	03372	Lau, Allan	47 Sword Fish Club	2:50.00
6	43532 IAX	Hu, Haochen	45 New Water Polo	3:05.00
7	28518 IAZ	Yau, Wo Fung	48 Kwun Tong	3:10.00

50-54

1	45576 P	Plummer, B Justin Gayle	50 Fastlane	2:20.00
2	30710 IAZ	Lai, Kin Sun	50 Flying Fish	2:28.00
3	21814 ICO	Mattoli, Enrico Andrea	50 LRC	2:35.00
4	43158 #IAZ	Chan, Tin Lung	51 Lai Tsun	2:53.07
5	27470 IAZ	Chan, Tin Hung	52 Hong Kong Police	3:03.63
6	05139	Lin, Fu Lung	53 Flying Fish	3:10.00
7	38127 IAZ	Leung, Cheung Wai Ricky	52 Sword Fish Club	3:30.00

55-59

1	05191	Koo, Yu Fat Marcus	58 Flying Fish	2:25.00
2	15528 #	Tsui, Tak Shing Dominic	58 Fastlane	2:38.00
3	06317	Chan, Wai Yip Oscar	58 YMCA OF Hong Kong	2:40.00
4	40942 P	He, Gaoxiong	58 New Water Polo	2:50.00
5	43199	Chen, Zhong Qiu	58 Sword Fish Club	2:50.00
6	26594 IAZ	Ching, Wai Kin	56 Sword Fish Club	3:00.02
7	13992	Yim, Chung Chee	55 YMCA OF Hong Kong	3:10.00
8	13979	Lee, Sing Tim	59 Lai Tsun	3:20.00
9	06247	So, Kam Shing	59 Wong Tai Sin	3:20.00
10	40840 IAZ	Ng, Ka Yiu Karl	56 Diocesan School	4:13.00

60-64

1	26591 IAO	Ho, Robert Yau Chung	62 LRC	2:27.89
2	06331 ICZ	Ma, Etienne	63 YMCA OF Hong Kong	2:30.00
3	05071	Choi, Tony	62 LRC	3:07.53
4	29485 IAZ	Tang, Cheuk Wa	60 Kwun Tong	3:20.00

65-69

1	06268	Tse, Kwok Piu	69 Sword Fish Club	2:40.00
2	24640 ICO	Campbell, John Reid	65 Sword Fish Club	2:45.00
3	06382	Chan, Kam Por	68 Sword Fish Club	2:59.00

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65-69... (Event 15 Men 200 SC Meter Freestyle)

4	06239	Chan, King Yuen	65	Lai Tsun	3:16.00
5	26318	Suen, Chi Wing	66	Sword Fish Club	3:30.00
6	41739 IAZ	Ng, Chin Wing	65	Sea Green	3:40.00
7	04504	Yura, Tadami	68	Sword Fish Club	3:57.00

70-74

1	06274	Wong, Yau Chuen	74	Sword Fish Club	3:51.00
2	06129	Wu, Pak Yin	70	Sword Fish Club	4:00.00
3	04505	Chan, Kwok Hung	73	Hong Kong Police	4:07.18
4	22182 IAZ	Ngai, Yin Leung	71	Sword Fish Club	4:21.00

75-79

1	28522 IAX	Wong, Tat Choi	79	Sword Fish Club	4:10.00
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80-84

1	15490	Law, Kwai Fong	84	Sword Fish Club	5:00.00
2	17832 IAX	Chan, Sau	83	Sword Fish Club	5:10.00

85-89

1	06131	Yim, Kam Wing	87	Sword Fish Club	4:23.00
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Event 16 Women 200 SC Meter Freestyle

18-24 MSR: 2:19.51

25-29 MSR: 2:16.19

30-34 MSR: 2:20.77

35-39 MSR: 2:12.81

40-44 MSR: 2:14.12

45-49 MSR: 2:28.46

50-54 MSR: 2:33.29

55-59 MSR: 2:45.79

60-64 MSR: 3:12.88

65-69 MSR: 3:18.38

	ID#	Name	Age	Team	Seed Time
25-29					
1	01436 #	Yeung, Hui Wei Hervien	27	Fastlane	2:34.00
2	01441	Yeung, Hiu Ching Judy	29	New Water Polo	3:00.00
30-34					
1	06577 IBZ	Leung, Wei Yan	30	Sword Fish Club	2:40.00
35-39					
1	43391 IAXN	Lau, On Yue	37	Fastlane	3:30.00
40-44					
1	41149 IAZ	Yeung, Oi Mei	43	New Water Polo	3:40.00
45-49					
1		Boyko, Oksana	45	Wolfpack Sport	X2:35.00
2	35982 IAZ	Chang, Wing Man	48	Lai Tsun	2:50.00
3	38302 IAZ	Cheung, Man Ling Melody	48	Lai Tsun	3:03.00
4	36785 IAZ	Inglis, Alexandra Sinead	45	LRC	3:36.43
5	16535	Yuen, Yuk Kuen	48	Sea Green	3:50.00
50-54					
1	36431 P	Buchta, Katrin	50	Sword Fish Club	3:12.00
2	43190 IAZ	Li, Hau Yi Dora	51	Eastern Winter	4:20.00
55-59					
1	06113	Dudok Van Heel, Jane	59	LRC	3:08.18
2	31750 IAZ	Cheung, Lai Ying Anita	57	Lai Tsun	3:40.00
3	36225 IAX	Li, Wai Kam	58	Sea Green	3:58.00
4	41911 IAZN	Ng, Kit Man Joanna	55	New Water Polo	6:00.00
5	41423 IAZ	Chiu, Pauline	58	Tung Sing	NT
60-64					
1	03503	Castka, Gillian Hancer	64	Sword Fish Club	3:30.00
2	20640 IAZ	Wong, Fung Yee	60	Sword Fish Club	4:00.00
65-69					
1	07440	Yip, Lai Kuen	69	Lai Tsun	4:30.00

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70-74... (Event 16 Women 200 SC Meter Freestyle)

1	39991 IAS	Sam, Choi Lin	72	Sword Fish Club	4:00.00
2	32572 IAO	Chan, Sui Kin	72	Sword Fish Club	4:30.00
3	06212	Lo, Yeuk Shuen	71	Wong Tai Sin	5:16.00

75-79

1	32571 IAZ	Chan, Pui Yee	76	Sword Fish Club	5:10.00
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Event 17 Mixed 4x25 SC Meter Medley Relay

100-119 MSR: 1:02.35

120-159 MSR: 1:00.58

160-199 MSR: 1:02.16

200-239 MSR: 1:07.31

240-279 MSR: 1:18.30

280-319 MSR: 1:41.68

	Team	Relay	Seed Time
X100-119			
1	Sword Fish Club	X100 A	NT
2	New Water Polo Club	X100 A	NT
X120-159			
1	Sword Fish Club	X120 A	NT
2	Ladies' Recreation Club	X120 A	NT
3	New Water Polo Club	X120 A	NT
4	Kwun Tong Swimming Club	X120 A	NT
5	Fastlane Swimming Co Limited	X120 A	NT
X160-199			
1	RippleFly Swim Ltd	X160 A	1:05.00
2	Lai Tsun Swimming Society	X160 A	NT
3	Sword Fish Club	X160 A	NT
4	Ladies' Recreation Club	X160 A	NT
5	New Water Polo Club	X160 A	NT
6	Kwun Tong Swimming Club	X160 A	NT
7	Sea Green Swimming & LS Club	X160 A	NT
8	Fastlane Swimming Co Limited	X160 A	NT
X200-239			
1	Lai Tsun Swimming Society	X200 A	NT
2	Sword Fish Club	X200 A	NT
3	Ladies' Recreation Club	X200 A	NT
4	Wong Tai Sin District Lss	X200 A	NT
5	New Water Polo Club	X200 A	NT
6	Kwun Tong Swimming Club	X200 A	NT
7	Sea Green Swimming & LS Club	X200 A	NT
8	Fastlane Swimming Co Limited	X200 A	NT
9	Kowloon Tong Club	X200 A	NT
X240-279			
1	Lai Tsun Swimming Society	X240 A	NT
2	Sword Fish Club	X240 A	NT
3	New Water Polo Club	X240 A	NT
4	Kwun Tong Swimming Club	X240 A	NT
5	Sea Green Swimming & LS Club	X240 A	NT
6	The Hong Kong Jockey Club	X240 A	NT
X280-319			
1	Lai Tsun Swimming Society	X280 A	NT
2	Sword Fish Club	X280 A	NT
3	Wong Tai Sin District Lss	X280 A	NT
4	New Water Polo Club	X280 A	NT
X320-359			
1	Sword Fish Club	X320 A	NT