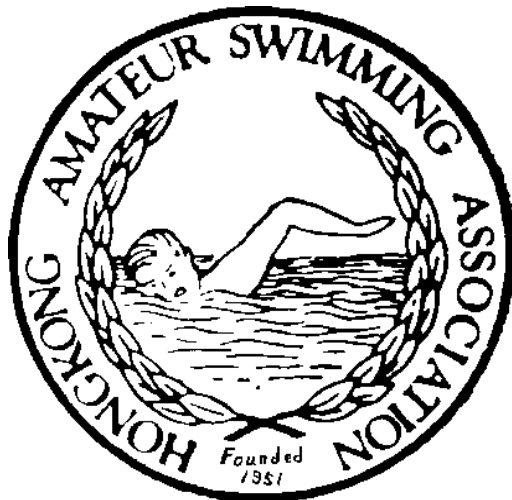


Programme

比賽賽程



HONG KONG AMATEUR SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

Hong Kong Age Group Long Course Swimming Championships 2019-2020

香港長池分齡游泳錦標賽 2019-2020

1-3 November 2019 (Fri - Sun)

二零一九年十一月一至三日 (星期五至日)

Hong Kong Sports Institute Swimming Pool

香港體育學院游泳池

Address: Hong Kong Sports Institute, 25 Yuen Wo Road, Sha Tin, N.T., Hong Kong

地址: 香港新界沙田源禾路 25 號



康樂及文化事務署
Leisure and Cultural
Services Department

Subvented by: LCSD

Sponsored by:

贊助機構
Sponsored by:

大會指定飲用水
大會指定運動飲品
Official Distilled Water: Official Sports Drink:

Dear Beauté
HIMAWARI
ひまわり

speedo®

Yakult

vita
維他 蒸餾水

葡萄適
Sport

HKASA Age Group Long Course Championship 2019-20

Entry Information (Before Re-entry)

No. of Entries by Event			No. of Entries by Event		
Event #	Event Name	Entries	Event #	Event Name	Entries
1	Girls 13-14 800 Freestyle	6	79	Girls 13-14 50 Butterfly	26
2	Boys 13-14 1500 Freestyle	11	80	Boys 13-14 50 Butterfly	23
3	Girls 15-17 800 Freestyle	9	81	Girls 15-17 50 Butterfly	36
4	Boys 15-17 1500 Freestyle	14	82	Boys 15-17 50 Butterfly	25
5	Girls 18 & Over 800 Freestyle	5	83	Girls 18 & Over 50 Butterfly	13
6	Boys 18 & Over 1500 Freestyle	7	84	Boys 18 & Over 50 Butterfly	16
7	Girls 10 & Under 100 Freestyle	16	85	Girls 12 & Under 4x50 Medley Relay	10
8	Boys 10 & Under 100 Freestyle	21	86	Boys 12 & Under 4x50 Medley Relay	11
9	Girls 11-12 100 Freestyle	19	87	Girls 13 & Over 4x50 Medley Relay	12
10	Boys 11-12 100 Freestyle	19	88	Boys 13 & Over 4x50 Medley Relay	12
11	Girls 13-14 100 Freestyle	34	89	Girls 10 & Under 100 Backstroke	19
12	Boys 13-14 100 Freestyle	19	90	Boys 10 & Under 100 Backstroke	20
13	Girls 15-17 100 Freestyle	25	91	Girls 11-12 100 Backstroke	27
14	Boys 15-17 100 Freestyle	22	92	Boys 11-12 100 Backstroke	21
15	Girls 18 & Over 100 Freestyle	13	93	Girls 13-14 100 Backstroke	28
16	Boys 18 & Over 100 Freestyle	11	94	Boys 13-14 100 Backstroke	24
17	Girls 10 & Under 100 Breaststroke	20	95	Girls 15-17 100 Backstroke	30
18	Boys 10 & Under 100 Breaststroke	18	96	Boys 15-17 100 Backstroke	23
19	Girls 11-12 100 Breaststroke	23	97	Girls 18 & Over 100 Backstroke	9
20	Boys 11-12 100 Breaststroke	18	98	Boys 18 & Over 100 Backstroke	10
21	Girls 13-14 100 Breaststroke	39	99	Girls 10 & Under 50 Freestyle	24
22	Boys 13-14 100 Breaststroke	37	100	Boys 10 & Under 50 Freestyle	20
23	Girls 15-17 100 Breaststroke	23	101	Girls 11-12 50 Freestyle	23
24	Boys 15-17 100 Breaststroke	26	102	Boys 11-12 50 Freestyle	20
25	Girls 18 & Over 100 Breaststroke	6	103	Girls 13-14 50 Freestyle	38
26	Boys 18 & Over 100 Breaststroke	15	104	Boys 13-14 50 Freestyle	31
27	Girls 10 & Under 100 Butterfly	19	105	Girls 15-17 50 Freestyle	30
28	Boys 10 & Under 100 Butterfly	21	106	Boys 15-17 50 Freestyle	29
29	Girls 11-12 100 Butterfly	20	107	Girls 18 & Over 50 Freestyle	14
30	Boys 11-12 100 Butterfly	29	108	Boys 18 & Over 50 Freestyle	23
31	Girls 13-14 100 Butterfly	23	109	Girls 10 & Under 200 IM	18
32	Boys 13-14 100 Butterfly	34	110	Boys 10 & Under 200 IM	21
33	Girls 15-17 100 Butterfly	20	111	Girls 11-12 200 IM	17
34	Boys 15-17 100 Butterfly	26	112	Boys 11-12 200 IM	27
35	Girls 18 & Over 100 Butterfly	10	113	Girls 13-14 200 IM	28
36	Boys 18 & Over 100 Butterfly	16	114	Boys 13-14 200 IM	24
37	Girls 11-12 200 Backstroke	24	115	Girls 15-17 200 IM	21
38	Boys 11-12 200 Backstroke	21	116	Boys 15-17 200 IM	31
39	Girls 13-14 200 Backstroke	24	117	Girls 18 & Over 200 IM	7
40	Boys 13-14 200 Backstroke	33	118	Boys 18 & Over 200 IM	12
41	Girls 15-17 200 Backstroke	17	119	Girls 4x50 Medley Relay	10
42	Boys 15-17 200 Backstroke	22	120	Boys 4x50 Medley Relay	11
43	Girls 18 & Over 200 Backstroke	4	121	Girls 11-12 200 Butterfly	19
44	Boys 18 & Over 200 Backstroke	10	122	Boys 11-12 200 Butterfly	21
45	Girls 12 & Under 4x50 Freestyle Relay	12	123	Girls 13-14 200 Butterfly	10
46	Boys 12 & Under 4x50 Freestyle Relay	11	124	Boys 13-14 200 Butterfly	18
47	Girls 13 & Over 4x50 Freestyle Relay	12	125	Girls 15-17 200 Butterfly	12
48	Boys 13 & Over 4x50 Freestyle Relay	13	126	Boys 15-17 200 Butterfly	13
49	Girls 10 & Under 200 Freestyle	20	127	Girls 18 & Over 200 Butterfly	2
50	Boys 10 & Under 200 Freestyle	22	128	Boys 18 & Over 200 Butterfly	7
51	Girls 11-12 200 Freestyle	26	129	Girls 10 & Under 50 Backstroke	28
52	Boys 11-12 200 Freestyle	29	130	Boys 10 & Under 50 Backstroke	20
53	Girls 13-14 200 Freestyle	32	131	Girls 11-12 50 Backstroke	29
54	Boys 13-14 200 Freestyle	24	132	Boys 11-12 50 Backstroke	26
55	Girls 15-17 200 Freestyle	25	133	Girls 13-14 50 Backstroke	26
56	Boys 15-17 200 Freestyle	28	134	Boys 13-14 50 Backstroke	31
57	Girls 18 & Over 200 Freestyle	6	135	Girls 15-17 50 Backstroke	23
58	Boys 18 & Over 200 Freestyle	9	136	Boys 15-17 50 Backstroke	26
59	Girls 10 & Under 50 Breaststroke	23	137	Girls 18 & Over 50 Backstroke	9
60	Boys 10 & Under 50 Breaststroke	19	138	Boys 18 & Over 50 Backstroke	11
61	Girls 11-12 50 Breaststroke	32	139	Girls 11-12 200 Breaststroke	17
62	Boys 11-12 50 Breaststroke	20	140	Boys 11-12 200 Breaststroke	20
63	Girls 13-14 50 Breaststroke	36	141	Girls 13-14 200 Breaststroke	27
64	Boys 13-14 50 Breaststroke	27	142	Boys 13-14 200 Breaststroke	30
65	Girls 15-17 50 Breaststroke	18	143	Girls 15-17 200 Breaststroke	18
66	Boys 15-17 50 Breaststroke	31	144	Boys 15-17 200 Breaststroke	28
67	Girls 18 & Over 50 Breaststroke	8	145	Girls 18 & Over 200 Breaststroke	6
68	Boys 18 & Over 50 Breaststroke	20	146	Boys 18 & Over 200 Breaststroke	10
69	Girls 13-14 400 IM	14	147	Girls 11-12 400 Freestyle	11
70	Boys 13-14 400 IM	9	148	Boys 11-12 400 Freestyle	20
71	Girls 15-17 400 IM	12	149	Girls 13-14 400 Freestyle	25
72	Boys 15-17 400 IM	27	150	Boys 13-14 400 Freestyle	15
73	Girls 18 & Over 400 IM	4	151	Girls 15-17 400 Freestyle	18
74	Boys 18 & Over 400 IM	11	152	Boys 15-17 400 Freestyle	23
75	Girls 10 & Under 50 Butterfly	18	153	Girls 18 & Over 400 Freestyle	6
76	Boys 10 & Under 50 Butterfly	20	154	Boys 18 & Over 400 Freestyle	10
77	Girls 11-12 50 Butterfly	18	155	Girls 4x50 Freestyle Relay	10
78	Boys 11-12 50 Butterfly	22	156	Boys 4x50 Freestyle Relay	11

Entry Information by Day		
Day / Session	No. of Entries	Total
Day 1	52	52
Day 2 A.M.	845	1639
Day 2 P.M.	794	
Day 3 A.M.	690	
Day 3 P.M.	636	
Total		3017

HONG KONG AGE GROUP LONG COURSE SWIMMING CHAMPIONSHIPS 2019-2020
二零一九至二零二零年香港長池分齡游泳錦標賽

(DAY ONE) 第一日

Date: 1 November 2019 (Fri) Venue: **HKSI**
香港體育學院

Warm up: 17:00 – 17:45 hrs Start: 18:00 hrs

GIRLS 女

BOYS 男

1	13 & 14 Yrs	800M	Freestyle 自由泳	-
-	13 & 14 Yrs	1500M	Freestyle 自由泳	2
3	15 - 17 Yrs	800M	Freestyle 自由泳	-
-	15 - 17 Yrs	1500M	Freestyle 自由泳	4
5	18 Yrs & Over	800M	Freestyle 自由泳	-
-	18 Yrs & Over	1500M	Freestyle 自由泳	6

截止註冊日期 CLOSING DATE FOR REGISTRATION: **20 September 2019 (1700hrs)**

截止報名日期 CLOSING DATE FOR ENTRIES: **11 October 2019 (1700hrs)**

HONG KONG AGE GROUP LONG COURSE SWIMMING CHAMPIONSHIPS 2019-2020

二零一九至二零二零年香港長池分齡游泳錦標賽

(DAY TWO) 第二日

Date: 2 November 2019 (Sat)

Venue:

HKSI
香港體育學院

AM Warm up:	08:00 – 08:45 hrs	Start:	09:00 hrs		
PM Warm up:	13:00 – 13:45 hrs	Start:	14:00 hrs		
GIRLS 女					BOYS 男
7	10 Yrs & Under	100M	Freestyle	自由泳	8
9	11 & 12 Yrs	100M	Freestyle	自由泳	10
11	13 & 14 Yrs	100M	Freestyle	自由泳	12
13	15 – 17 Yrs	100M	Freestyle	自由泳	14
15	18 Yrs & Over	100M	Freestyle	自由泳	16
17	10 Yrs & Under	100M	Breaststroke	蛙泳	18
19	11 & 12 Yrs	100M	Breaststroke	蛙泳	20
21	13 & 14 Yrs	100M	Breaststroke	蛙泳	22
23	15 – 17 Yrs	100M	Breaststroke	蛙泳	24
25	18 Yrs & Over	100M	Breaststroke	蛙泳	26
27	10 Yrs & Under	100M	Butterfly	蝶泳	28
29	11 & 12 Yrs	100M	Butterfly	蝶泳	30
31	13 & 14 Yrs	100M	Butterfly	蝶泳	32
33	15 – 17 Yrs	100M	Butterfly	蝶泳	34
35	18 Yrs & Over	100M	Butterfly	蝶泳	36
37	11 & 12 Yrs	200M	Backstroke	背泳	38
39	13 & 14 Yrs	200M	Backstroke	背泳	40
41	15 – 17 Yrs	200M	Backstroke	背泳	42
43	18 Yrs & Over	200M	Backstroke	背泳	44
45	12 Yrs & Under	4 X 50M	Free Relay	自由接力	46
47	13 Yrs & Over	4 X 50M	Free Relay	自由接力	48
- Lunch Break -					
49	10 Yrs & Under	200M	Freestyle	自由泳	50
51	11 & 12 Yrs	200M	Freestyle	自由泳	52
53	13 & 14 Yrs	200M	Freestyle	自由泳	54
55	15 – 17 Yrs	200M	Freestyle	自由泳	56
57	18 Yrs & Over	200M	Freestyle	自由泳	58
59	10 Yrs & Under	50M	Breaststroke	蛙泳	60
61	11 & 12 Yrs	50M	Breaststroke	蛙泳	62
63	13 & 14 Yrs	50M	Breaststroke	蛙泳	64
65	15 – 17 Yrs	50M	Breaststroke	蛙泳	66
67	18 Yrs & Over	50M	Breaststroke	蛙泳	68
69	13 & 14 Yrs	400M	Ind. Medley	個人四式	70
71	15 – 17 Yrs	400M	Ind. Medley	個人四式	72
73	18 Yrs & Over	400M	Ind. Medley	個人四式	74
75	10 Yrs & Under	50M	Butterfly	蝶泳	76
77	11 & 12 Yrs	50M	Butterfly	蝶泳	78
79	13 & 14 Yrs	50M	Butterfly	蝶泳	80
81	15 – 17 Yrs	50M	Butterfly	蝶泳	82
83	18 Yrs & Over	50M	Butterfly	蝶泳	84
85	12 Yrs & Under	4 X 50M	Medley Relay	四式接力	86
87	13 Yrs & Over	4 X 50M	Medley Relay	四式接力	88

HONG KONG AGE GROUP LONG COURSE SWIMMING CHAMPIONSHIPS 2019-2020

二零一九至二零二零年香港長池分齡游泳錦標賽

(DAY THREE) 第三日

Date: 3 November 2019 (Sun)

Venue:

HKSI
香港體育學院

A.M. Warm up: 08:00 – 08:45 hrs Start: 09:00 hrs

P.M. Warm Up: 13:00 – 13:45 hrs Start: 14:00 hrs

GIRLS 女

BOYS 男

89	10 Yrs & Under	100M	Backstroke	背泳	90
91	11 & 12 Yrs	100M	Backstroke	背泳	92
93	13 & 14 Yrs	100M	Backstroke	背泳	94
95	15 – 17 Yrs	100M	Backstroke	背泳	96
97	18 Yrs & Over	100M	Backstroke	背泳	98
99	10 Yrs & Under	50M	Freestyle	自由泳	100
101	11 & 12 Yrs	50M	Freestyle	自由泳	102
103	13 & 14 Yrs	50M	Freestyle	自由泳	104
105	15 – 17 Yrs	50M	Freestyle	自由泳	106
107	18 Yrs & Over	50M	Freestyle	自由泳	108
109	10 Yrs & Under	200M	Ind. Medley	個人四式	110
111	11 & 12 Yrs	200M	Ind. Medley	個人四式	112
113	13 & 14 Yrs	200M	Ind. Medley	個人四式	114
115	15 – 17 Yrs	200M	Ind. Medley	個人四式	116
117	18 Yrs & Over	200M	Ind. Medley	個人四式	118
119	Stairstep 梯級接力	4 X 50M	Medley Relay	四式接力	120
- Lunch Break -					
121	11 & 12 Yrs	200M	Butterfly	蝶泳	122
123	13 & 14 Yrs	200M	Butterfly	蝶泳	124
125	15 – 17 Yrs	200M	Butterfly	蝶泳	126
127	18 Yrs & Over	200M	Butterfly	蝶泳	128
129	10 Yrs & Under	50M	Backstroke	背泳	130
131	11 & 12 Yrs	50M	Backstroke	背泳	132
133	13 & 14 Yrs	50M	Backstroke	背泳	134
135	15 – 17 Yrs	50M	Backstroke	背泳	136
137	18 Yrs & Over	50M	Backstroke	背泳	138
139	11 & 12 Yrs	200M	Breaststroke	蛙泳	140
141	13 & 14 Yrs	200M	Breaststroke	蛙泳	142
143	15 – 17 Yrs	200M	Breaststroke	蛙泳	144
145	18 Yrs & Over	200M	Breaststroke	蛙泳	146
147	11 & 12 Yrs	400M	Freestyle	自由泳	148
149	13 & 14 Yrs	400M	Freestyle	自由泳	150
151	15 – 17 Yrs	400M	Freestyle	自由泳	152
153	18 Yrs & Over	400M	Freestyle	自由泳	154
155	Stairstep 梯級接力	4 X 50M	Free Relay	自由接力	156

二零一九至二零二零年香港長池分齡游泳錦標賽 比賽規程

日期：	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%; border-bottom: 1px solid black;">第一日 1/11/2019 (五)</td> <td style="width: 33%; border-bottom: 1px solid black;">第二日 2/11/2019 (六)</td> <td style="width: 33%; border-bottom: 1px solid black;">第三日 3/11/2019 (日)</td> </tr> <tr> <td>熱身：1700-1745</td> <td>熱身：0800-0845</td> <td>熱身：0800-0845</td> </tr> <tr> <td>比賽開始：1800</td> <td>比賽開始：0900</td> <td>比賽開始：0900</td> </tr> <tr> <td></td> <td>熱身：1300-1345</td> <td>熱身：1300-1345</td> </tr> <tr> <td></td> <td>比賽開始：1400</td> <td>比賽開始：1400</td> </tr> </table>	第一日 1/11/2019 (五)	第二日 2/11/2019 (六)	第三日 3/11/2019 (日)	熱身：1700-1745	熱身：0800-0845	熱身：0800-0845	比賽開始：1800	比賽開始：0900	比賽開始：0900		熱身：1300-1345	熱身：1300-1345		比賽開始：1400	比賽開始：1400
第一日 1/11/2019 (五)	第二日 2/11/2019 (六)	第三日 3/11/2019 (日)														
熱身：1700-1745	熱身：0800-0845	熱身：0800-0845														
比賽開始：1800	比賽開始：0900	比賽開始：0900														
	熱身：1300-1345	熱身：1300-1345														
	比賽開始：1400	比賽開始：1400														
地點：	香港體育學院游泳池															
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2019-2020 年度分齡組泳員，並於比賽截止報名前廿一日註冊。 ◇ 泳員須達到分齡游泳錦標賽標準時間方可參加比賽。 ◇ 首次報名參與分齡游泳錦標賽(長池及短池)而未能提交本會舉辦或認可游泳賽事的成績證明，必須以該項的達標時間報名。 															
報名：	<ul style="list-style-type: none"> ◇ 未填妥及不正確的報名資料，將不獲受理，報名費概不發還。 ◇ 截止後的報名將不獲受理。 <p><u>個人項目</u></p> <ul style="list-style-type: none"> ◇ 每日可參加不多於四項的個人項目。 ◇ 整個比賽中 10 歲或以下及 11 及 12 歲的泳員可參加不多於五項的個人項目。 ◇ 整個比賽中 13 及 14 歲、15 至 17 歲、18 歲或以上的泳員可參加不多於六項的個人項目。 ◇ 如泳員在比賽前或比賽後被發現參加多於指定量，本會將取消該泳員最後一項的項目或成績。 ◇ *每項報名費為港幣\$15 元正。 ◇ 所有以達標時間(“QT”)報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正。 <p><u>接力項目</u></p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會只可派一隊參加每項接力。 ◇ *每項報名費為港幣\$15 元正。 ◇ 所有以達標時間(“QT”)報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正 <p>*支票請劃線，抬頭寫 HKASA。</p>															
截止報名：	報名須於首日比賽二十一日前辦妥。(以泳總的公佈為準)															
截止註冊：	註冊須於比賽截止報名二十一日前辦妥。(以泳總的公佈為準)															
項目：	請參閱項目表。所有項目不設初賽，名次以比賽成績計算。															
參賽標準：	請參閱達標時間表。															
年齡組：	◇ 年齡以比賽首日計算															

	<p><u>個人項目</u></p> <p>◇ 10 歲或以下、11 及 12 歲、13 及 14 歲、15 至 17 歲、18 歲或以上</p> <p><u>接力項目</u></p> <p>◇ 12 歲或以下、13 歲或以上、“梯級”(4 位泳員必須分別來自 10 歲或以下、11 及 12 歲、13 及 14 歲、15 歲至 17 歲、18 歲或以上組別。)</p>
<p>棄權：</p>	<p><u>所有棄權須於首天比賽一日(工作天)前中午十二時或之前遞交。每次“缺席”的罰款為港幣\$120 元正。</u></p>
<p>獎項：</p>	<p>◇ 首三名將獲頒發獎牌。</p> <p><u>1.最佳泳員獎</u></p> <p>◇ 男女泳員各一名</p> <p>◇ 最佳泳員獎將頒發給在香港得分表中達到最高分（計至小數後兩個位）的泳員。(不包括分段時間紀錄)</p> <p>◇ 如得分相同，優勝將由下一個最高得分的參賽項目來定奪。</p> <p><u>2.最高積分獎</u></p> <p>◇ 每分齡組別男、女泳員各一名。</p> <p>◇ 最高積分獎頒發給是次比賽中得最高積分者，積分計算方法見附表。</p> <p>◇ 如得分相同，優勝將以金、銀、銅牌數量來定奪。(接力項目除外)如得分仍相同，則以其所破紀錄計算：香港紀錄得 5 分，青少年紀錄得 3 分，分齡紀錄得 2 分。</p> <p>◇ 10 歲或以下及 11 及 12 歲的泳員必須參加二百米個人四式方可競逐最高積分獎。</p> <p><u>3.團體獎項</u></p> <p>◇ 男子全場之冠亞季軍/女子全場之冠亞季軍/屬會全場之冠亞季軍。</p>
<p>規則：</p>	<p>◇ 比賽採用國際泳聯規則及泳總游泳競賽規程。</p> <p>◇ 泳員在其中一項未達標準時間，其屬會將被每項罰款港幣\$120 正 (此規則並不適用於犯規被取消資格的情況)。</p> <p>◇ 未達參賽標準時間的泳員將不獲計分及發獎牌，該泳員的屬會總分將被扣三分。</p> <p>◇ 泳員申請分段時間紀錄須於每節開賽前 30 分鐘遞交申請表，連同港幣\$300 元正予總裁判。任何情況下，所繳費用概不發還。</p> <p>◇ 運動員轉會：轉會競賽運動員在成功轉會日起一年內代表新屬會參與所有計分的比賽中所得的分數（不論個人或接力項目）將不會被計算至新屬會的團體總分。</p> <p><u>接力項目</u></p> <p>◇ 接力首八名可得分，得分為個人項目的雙倍。</p> <p>◇ 泳會在其中一項接力賽未達標準時間，將被每項罰款港幣\$120 正(此規</p>

	<p>則並不適用於犯規被取消資格之情況)。</p> <ul style="list-style-type: none"> ✧ 未達參賽標準時間之泳會將不獲計分及發獎牌，該接力隊所代表之屬會總分將被扣六分。 ✧ 接力名單連註冊編號須於每節比賽開始前 30 分鐘遞交。
上訴：	<ul style="list-style-type: none"> ✧ 任何上訴須以書面提出，並須在該項比賽成績公佈後三十分鐘內，連同上訴費港幣\$300元遞交予總裁判。 ✧ 上訴交由該比賽之上訴委員會作決定。 ✧ 若上訴被駁回，已繳費用概不發還。

計分表

名次	1	2	3	4	5	6	7	8
屬會及個人	11	7	6	5	4	3	2	1
接力	22	14	12	10	8	6	4	2

2019 – 2020 HONG KONG AGE GROUP LONG COURSE SWIMMING CHAMPIONSHIPS

Rules & regulations

Date	<u>Day 1 1/11/2019 (Fri)</u> Warm up: 1700-1745 Start: 1800	<u>Day 2 2/11/2019 (Sat)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1300-1345 Start: 1400	<u>Day 3 3/11/2019(Sun)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1300-1345 Start: 1400
Venue	HKSI Swimming Pool		
Entry Conditions	<ul style="list-style-type: none"> ❖ All competitors must be 2019-2020 registered age group swimmers of HKASA and register to HKASA at least <u>21 days</u> prior to the closing date of entries. ❖ Swimmers should reach the Age Group Championships qualifying standard. ❖ For all new entries for any event entered with no proven result (Long Course/ Short Course), qualify time for individual event shall be used as entry time. 		
Entries	<ul style="list-style-type: none"> ❖ Incomplete/incorrect entry information will be rejected and fees paid will not be refunded. ❖ Late entries will not be accepted. <p style="text-align: center;"><u>Individual Events</u></p> <ul style="list-style-type: none"> ❖ Each swimmer is limited to enter not more than 4 events per day. ❖ Swimmers in the age group of 10&Under and 11-12 are limited to enter no more than 5 events in total. ❖ Swimmers in the age group of 13-14, 15-17 and 18&Over are limited to enter no more than 6 events in total. ❖ In case of any swimmer entering number of events in excess of the entry quota, HKASA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time. ❖ *HK\$15 per individual event ❖ * HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time ("QT") entry <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ❖ Relays will be run on a club basis. ❖ Each club may enter one team in each relay event. ❖ *HK\$15 per team per relay event ❖ * HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time ("QT") entry <p>*Paid by cheque. Crossed cheque made payable to 'HKASA'.</p>		
Closing Date for Entries	21 days prior to the first date of competition (subject to the announcement of the HKASA).		

Closing Date for Registration	21 days prior to the closing date of entries (subject to the announcement of the HKASA)
Event list	Please see attached event list. Events will be run as timed finals.
Qualifying Standards	Please see attached qualifying times list.
Age Group	<ul style="list-style-type: none"> ❖ Age is calculated as at 1st day of the competition Individual Events ❖ 10 & under, 11 & 12, 13 & 14, 15 - 17, 18 & Over. Relay Events ❖ 12 & under, 13 & over, "Stairstep" (can include 4 swimmers out of 5 age categories).
Scratches	All scratches must be submitted on or before 12 noon one working day before the first event day. A fine of \$120 will be charged for each "no show".
Awards	<ul style="list-style-type: none"> ❖ Medals will be awarded to 1st, 2nd and 3rd places. ❖ Awards for Outstanding Swimmers: <ul style="list-style-type: none"> - Overall Boy/Overall Girl - Awarded to swimmers scoring the highest point (calculated to 2 decimal places) on the HK Point score table during the Championships. (Split Time Record Excluded) - In case of a tie, the winner will be determined by the second highest scored event obtained. ❖ Awards for High Point Winners: <ul style="list-style-type: none"> - Trophies awarded to each girls and boys age group - High point winner trophies will be awarded to those swimmers accumulating the highest points in their events using the point score set out below. - In case of a tie, the winner will be determined by the no. of the medals (Relay events excluded) obtained in the following sequences i.e. gold, silver and bronze and finally the no. of records obtained with the following scoring method: HK Record: 5 Points, Junior Record: 3 Points, Age Group Record: 2 Points. - Swimmers in the age group of 10&Under and 11-12 must swim at the 200 I.M. for competing in this award. ❖ Awards for Clubs: <ul style="list-style-type: none"> - Trophies will be awarded to 1st, 2nd, 3rd places of Girls Overall, Boys Overall and Club Overall.

Rules	<ul style="list-style-type: none"> ❖ FINA rules & HKASA swimming rules will apply. ❖ Swimmers who fail to reach the required qualifying times of an event will be fined at HK\$120 per event (this rule is not applicable in the DQ situation). ❖ No points or medals will be awarded to swimmers who fail to meet the qualifying time and three points will be deducted from their respective club points. ❖ Application for Split Time Record: <ul style="list-style-type: none"> - Swimmers who apply for split time record should submit application form with application fee HK\$300 to the Referee 30 minutes before the start of each session. Fee paid will not be refunded in any case. ❖ Swimmers' Club Transfer: Upon compliance with rules in relation to Registration of Club Transfer under Registration of Athletes, the requesting Athlete (as defined therein) can after the 1 month suspension period represent the new club in any meets but no point will be counted towards the new club's total scores for any event (whether individual or relay event) for 1 years from the first effective day of the completed Club Transfer. <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ❖ The first 8 teams in relay will be awarded points doubled that of individual events. ❖ Clubs who fail to reach the required qualifying time of an relay event will be fined at HK\$120 per event (this rule is not applicable in the DQ situation). ❖ No points or medals will be awarded to clubs who fail to meet the qualifying time and six points will be deducted from their respective club points. ❖ Names of swimmers with registration number actually swimming on a relay must be submitted 30 minutes before the start of each session.
Protest	<ul style="list-style-type: none"> ❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$300. ❖ Protest will be forward to the Appeal Board of such competition for decision. ❖ If the protest is rejected, the fee paid will be forfeited to the HKASA.

POINT SCORING

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Club & Individual	11	7	6	5	4	3	2	1
Relay	22	14	12	10	8	6	4	2

熱身安全守則

運動員及教練必須於所有本會舉辦之游泳比賽中，遵守以下熱身安全守則：

普通熱身安全守則

由熱身時間開始至熱身完結前十五分鐘期間，以下普通熱身安全守則將會執行：

- 1) 所有泳道只開放用作一般熱身之用
- 2) 泳員只能以腳入水方式落水。
- 3) 泳員只能以循環游泳方式熱身，不可以從跳台或泳池邊起跳
- 4) 泳員於熱身後須儘快離開泳道以讓其他泳員能有充足時間進行熱身。泳員更不可於泳池內逗留或嬉戲
- 5) 泳員須於起點及終點兩旁離開泳池，當泳員穿越泳道時應於泳線下越過並應儘速離開水面，不得潛泳

衝刺及起跳熱身安全守則

由熱身完結前十五分鐘至熱身完結期間，以下衝刺及起跳熱身安全守則將會執行：

- 1) 一般情況下，最外圍兩條泳道(左右各一)將開放用作起跳及衝刺練習。其他泳道仍只用作普通熱身之用。以一個標準泳池作舉例，泳道 0 及 9 將開放予泳員用作衝刺及起跳練習。
- 2) 泳員必須於練習完畢後儘速離開
- 3) 衝刺泳道將劃分為兩部份(五十米池)，由起點起計二十米及由終點起計二十米
- 4) 衝刺泳道用作予泳員於指定時段及泳道從跳台或水中起跳。泳員只能以單向方式前進。泳員必須於教練監察下作衝刺及起跳練習
- 5) 進行背泳練習之泳員須留意沒有其他泳員於跳台上同時準備起跳。如有背泳泳員準備起跳，等候中泳員不應踏上跳台

除以上守則以外，泳員須留意及遵守大會或總裁判現場有關熱身時段安排之宣佈

教練應注意以下事項:

只有泳總註冊教練方能於熱身時間期間在池面逗留，並須佩戴泳總註冊教練證於當眼處。總裁判及泳總職員將於熱身期間進行檢查，未能出示泳總註冊教練證之人仕將不能於池面逗留並須立即離開。**未合符註冊資格的教練可申請進入池面許可證。**

- 1) 佩戴泳總註冊教練證於當眼處
- 2) 指導泳員遵守安全指引及熱身注意事項
- 3) 於泳員熱身期間積極監察其安全及活動
- 4) 盡量與泳員保持良好溝通

WARM UP RULES

The following general pool procedures for the **MAIN COMPETITION POOL** must be observed throughout the warm up sessions in every HKASA swimming competition:

GENERAL Warm-up procedure

From the beginning to 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) All lanes can be used for general warm-up.
- 2) Swimmers must enter the pool feet first. NO DIVING is allowed
- 3) Lap Swimming only.
- 4) Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers to have adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 5) Swimmers are recommended to cross lanes at the side of Starting or Turning End. They should not swim under water when crossing the lane and should break to the surface as soon as possible.

Sprint and Start practice Warm-up procedure

From 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) In general, the outermost lane(s) should be used for race starts and sprint purpose, the remaining lanes for general warm-up. For instance, for a standard pool, lanes 0 and 9 would be reserved as Sprints Lanes for swimmers to have race starts and sprint practice.
- 2) Swimmers must leave the sprint lanes immediately after practice.
- 3) Sprints lanes will be split into two ends in standard 50m pool, 20m from the Starting end and 20m from the turning end of the pool.
- 4) Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- 5) Backstrokers should ensure that they are not starting at the same time while a swimmer is on the block. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

In addition to the procedures above please be aware of announcements to determine lane usage throughout the meet, as usage may vary at the discretion of the Referee.

Coaches are responsible for the following:

Only Registered Coaches of HKASA are allowed to stay at the pool deck during warm-up time. Registered Coaches are required to wear the Coach Registration Card conspicuously when staying at the pool deck during warm up session. They should process and present the Coach Registration Card to the Referee and designated HKASA staff thereat for validation. Those who fail to process and present the Coach Registration Card will **not** be permitted to stay at the pool deck. Pool deck entry application is available for coaches who are not eligible to register with HKASA.

- 1) Wearing the Coach Registration Card conspicuously
- 2) Instructing swimmers regarding safety guidelines and warm-up procedures.
- 3) Actively supervising their swimmers throughout the warm-up sessions.
- 4) Maintaining as much contact with their swimmers as possible.



FINA A & B Qualifying Time Standards

Men's Standard

Women's Standard

OQT / A 2 Entries	OST / B 1 Entry	Event	OQT / A 2 Entries	OST / B 1 Entry
22.01	22.67	50m Freestyle	24.77	25.51
48.57	50.03	100m Freestyle	54.38	56.01
1:47.02	1:50.23	200m Freestyle	1:57.28	2:00.80
3:46.78	3:53.58	400m Freestyle	4:07.90	4:15.34
7:54.31	8:08.54	800m Freestyle	8:33.36	8:48.76
15:00.99	15:28.02	1500m Freestyle	16:32.04	17:01.80
53.85	55.47	100m Backstroke	1:00.25	1:02.06
1:57.50	2:01.03	200m Backstroke	2:10.39	2:14.30
59.93	1:01.73	100m Breaststroke	1:07.07	1:09.08
2:10.35	2:14.26	200m Breaststroke	2:25.52	2:29.89
51.96	53.52	100m Butterfly	57.92	59.66
1:56.48	1:59.97	200m Butterfly	2:08.43	2:12.28
1:59.67	2:03.26	200m Individual Medley	2:12.56	2:16.54
4:15.84	4:21.46	400m Individual Medley	4:38.53	4:46.89

Relays:

Men

Women

Freestyle: 4x100m, 4x200m,
Medley: 4x100m

4x100m, 4x200m
4x100m

Mixed: 4x100m Medley

* One (1) Relay per Federation – Maximum 16 Teams

Qualifying period - Individual entries: 1st March 2019 – 29th June 2020
Qualifying period – Relay entries: 1st March 2019 – 22nd May 2020
(only at FINA approved events)

Hong Kong Swimming Point Score 2019 (LC)

Men

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	21.72	47.93	1:45.32	3:45.11	7:44.00	14:53.60	24.76	53.45	1:56.63
99	1.01	21.94	48.41	1:46.37	3:47.36	7:48.64	15:02.54	25.01	53.98	1:57.80
98	1.02	22.15	48.89	1:47.43	3:49.61	7:53.28	15:11.47	25.26	54.52	1:58.96
97	1.03	22.37	49.37	1:48.48	3:51.86	7:57.92	15:20.41	25.50	55.05	2:00.13
96	1.04	22.59	49.85	1:49.53	3:54.11	8:02.56	15:29.34	25.75	55.59	2:01.30
95	1.05	22.81	50.33	1:50.59	3:56.37	8:07.20	15:38.28	26.00	56.12	2:02.46
94	1.06	23.02	50.81	1:51.64	3:58.62	8:11.84	15:47.22	26.25	56.66	2:03.63
93	1.07	23.24	51.29	1:52.69	4:00.87	8:16.48	15:56.15	26.49	57.19	2:04.79
92	1.08	23.46	51.76	1:53.75	4:03.12	8:21.12	16:05.09	26.74	57.73	2:05.96
91	1.09	23.67	52.24	1:54.80	4:05.37	8:25.76	16:14.02	26.99	58.26	2:07.13
90	1.10	23.89	52.72	1:55.85	4:07.62	8:30.40	16:22.96	27.24	58.80	2:08.29
89	1.11	24.11	53.20	1:56.91	4:09.87	8:35.04	16:31.90	27.48	59.33	2:09.46
88	1.12	24.33	53.68	1:57.96	4:12.12	8:39.68	16:40.83	27.73	59.86	2:10.63
87	1.13	24.54	54.16	1:59.01	4:14.37	8:44.32	16:49.77	27.98	1:00.40	2:11.79
86	1.14	24.76	54.64	2:00.06	4:16.63	8:48.96	16:58.70	28.23	1:00.93	2:12.96
85	1.15	24.98	55.12	2:01.12	4:18.88	8:53.60	17:07.64	28.47	1:01.47	2:14.12
84	1.16	25.20	55.60	2:02.17	4:21.13	8:58.24	17:16.58	28.72	1:02.00	2:15.29
83	1.17	25.41	56.08	2:03.22	4:23.38	9:02.88	17:25.51	28.97	1:02.54	2:16.46
82	1.18	25.63	56.56	2:04.28	4:25.63	9:07.52	17:34.45	29.22	1:03.07	2:17.62
81	1.19	25.85	57.04	2:05.33	4:27.88	9:12.16	17:43.38	29.46	1:03.61	2:18.79
80	1.20	26.06	57.52	2:06.38	4:30.13	9:16.80	17:52.32	29.71	1:04.14	2:19.96
79	1.21	26.28	58.00	2:07.44	4:32.38	9:21.44	18:01.26	29.96	1:04.67	2:21.12
78	1.22	26.50	58.47	2:08.49	4:34.63	9:26.08	18:10.19	30.21	1:05.21	2:22.29
77	1.23	26.72	58.95	2:09.54	4:36.89	9:30.72	18:19.13	30.45	1:05.74	2:23.45
76	1.24	26.93	59.43	2:10.60	4:39.14	9:35.36	18:28.06	30.70	1:06.28	2:24.62
75	1.25	27.15	59.91	2:11.65	4:41.39	9:40.00	18:37.00	30.95	1:06.81	2:25.79
74	1.26	27.37	1:00.39	2:12.70	4:43.64	9:44.64	18:45.94	31.20	1:07.35	2:26.95
73	1.27	27.58	1:00.87	2:13.76	4:45.89	9:49.28	18:54.87	31.45	1:07.88	2:28.12
72	1.28	27.80	1:01.35	2:14.81	4:48.14	9:53.92	19:03.81	31.69	1:08.42	2:29.29
71	1.29	28.02	1:01.83	2:15.86	4:50.39	9:58.56	19:12.74	31.94	1:08.95	2:30.45
70	1.30	28.24	1:02.31	2:16.92	4:52.64	10:03.20	19:21.68	32.19	1:09.49	2:31.62
69	1.31	28.45	1:02.79	2:17.97	4:54.89	10:07.84	19:30.62	32.44	1:10.02	2:32.79
68	1.32	28.67	1:03.27	2:19.02	4:57.15	10:12.48	19:39.55	32.68	1:10.55	2:33.95
67	1.33	28.89	1:03.75	2:20.08	4:59.40	10:17.12	19:48.49	32.93	1:11.09	2:35.12
66	1.34	29.10	1:04.23	2:21.13	5:01.65	10:21.76	19:57.42	33.18	1:11.62	2:36.28
65	1.35	29.32	1:04.71	2:22.18	5:03.90	10:26.40	20:06.36	33.43	1:12.16	2:37.45
64	1.36	29.54	1:05.18	2:23.24	5:06.15	10:31.04	20:15.30	33.67	1:12.69	2:38.62
63	1.37	29.76	1:05.66	2:24.29	5:08.40	10:35.68	20:24.23	33.92	1:13.23	2:39.78
62	1.38	29.97	1:06.14	2:25.34	5:10.65	10:40.32	20:33.17	34.17	1:13.76	2:40.95
61	1.39	30.19	1:06.62	2:26.39	5:12.90	10:44.96	20:42.10	34.42	1:14.30	2:42.12
60	1.40	30.41	1:07.10	2:27.45	5:15.15	10:49.60	20:51.04	34.66	1:14.83	2:43.28
59	1.41	30.63	1:07.58	2:28.50	5:17.41	10:54.24	20:59.98	34.91	1:15.36	2:44.45
58	1.42	30.84	1:08.06	2:29.55	5:19.66	10:58.88	21:08.91	35.16	1:15.90	2:45.61
57	1.43	31.06	1:08.54	2:30.61	5:21.91	11:03.52	21:17.85	35.41	1:16.43	2:46.78
56	1.44	31.28	1:09.02	2:31.66	5:24.16	11:08.16	21:26.78	35.65	1:16.97	2:47.95
55	1.45	31.49	1:09.50	2:32.71	5:26.41	11:12.80	21:35.72	35.90	1:17.50	2:49.11
54	1.46	31.71	1:09.98	2:33.77	5:28.66	11:17.44	21:44.66	36.15	1:18.04	2:50.28
53	1.47	31.93	1:10.46	2:34.82	5:30.91	11:22.08	21:53.59	36.40	1:18.57	2:51.45

Hong Kong Swimming Point Score 2019 (LC)

Men

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	27.04	59.26	2:09.70	23.11	51.30	1:55.34	1:56.81	4:12.97
99	1.01	27.31	59.85	2:11.00	23.34	51.81	1:56.49	1:57.98	4:15.50
98	1.02	27.58	1:00.45	2:12.29	23.57	52.33	1:57.65	1:59.15	4:18.03
97	1.03	27.85	1:01.04	2:13.59	23.80	52.84	1:58.80	2:00.31	4:20.56
96	1.04	28.12	1:01.63	2:14.89	24.03	53.35	1:59.95	2:01.48	4:23.09
95	1.05	28.39	1:02.22	2:16.19	24.27	53.87	2:01.11	2:02.65	4:25.62
94	1.06	28.66	1:02.82	2:17.48	24.50	54.38	2:02.26	2:03.82	4:28.15
93	1.07	28.93	1:03.41	2:18.78	24.73	54.89	2:03.41	2:04.99	4:30.68
92	1.08	29.20	1:04.00	2:20.08	24.96	55.40	2:04.57	2:06.15	4:33.21
91	1.09	29.47	1:04.59	2:21.37	25.19	55.92	2:05.72	2:07.32	4:35.74
90	1.10	29.74	1:05.19	2:22.67	25.42	56.43	2:06.87	2:08.49	4:38.27
89	1.11	30.01	1:05.78	2:23.97	25.65	56.94	2:08.03	2:09.66	4:40.80
88	1.12	30.28	1:06.37	2:25.26	25.88	57.46	2:09.18	2:10.83	4:43.33
87	1.13	30.56	1:06.96	2:26.56	26.11	57.97	2:10.33	2:12.00	4:45.86
86	1.14	30.83	1:07.56	2:27.86	26.35	58.48	2:11.49	2:13.16	4:48.39
85	1.15	31.10	1:08.15	2:29.16	26.58	59.00	2:12.64	2:14.33	4:50.92
84	1.16	31.37	1:08.74	2:30.45	26.81	59.51	2:13.79	2:15.50	4:53.45
83	1.17	31.64	1:09.33	2:31.75	27.04	1:00.02	2:14.95	2:16.67	4:55.97
82	1.18	31.91	1:09.93	2:33.05	27.27	1:00.53	2:16.10	2:17.84	4:58.50
81	1.19	32.18	1:10.52	2:34.34	27.50	1:01.05	2:17.25	2:19.00	5:01.03
80	1.20	32.45	1:11.11	2:35.64	27.73	1:01.56	2:18.41	2:20.17	5:03.56
79	1.21	32.72	1:11.70	2:36.94	27.96	1:02.07	2:19.56	2:21.34	5:06.09
78	1.22	32.99	1:12.30	2:38.23	28.19	1:02.59	2:20.71	2:22.51	5:08.62
77	1.23	33.26	1:12.89	2:39.53	28.43	1:03.10	2:21.87	2:23.68	5:11.15
76	1.24	33.53	1:13.48	2:40.83	28.66	1:03.61	2:23.02	2:24.84	5:13.68
75	1.25	33.80	1:14.08	2:42.13	28.89	1:04.13	2:24.18	2:26.01	5:16.21
74	1.26	34.07	1:14.67	2:43.42	29.12	1:04.64	2:25.33	2:27.18	5:18.74
73	1.27	34.34	1:15.26	2:44.72	29.35	1:05.15	2:26.48	2:28.35	5:21.27
72	1.28	34.61	1:15.85	2:46.02	29.58	1:05.66	2:27.64	2:29.52	5:23.80
71	1.29	34.88	1:16.45	2:47.31	29.81	1:06.18	2:28.79	2:30.68	5:26.33
70	1.30	35.15	1:17.04	2:48.61	30.04	1:06.69	2:29.94	2:31.85	5:28.86
69	1.31	35.42	1:17.63	2:49.91	30.27	1:07.20	2:31.10	2:33.02	5:31.39
68	1.32	35.69	1:18.22	2:51.20	30.51	1:07.72	2:32.25	2:34.19	5:33.92
67	1.33	35.96	1:18.82	2:52.50	30.74	1:08.23	2:33.40	2:35.36	5:36.45
66	1.34	36.23	1:19.41	2:53.80	30.97	1:08.74	2:34.56	2:36.53	5:38.98
65	1.35	36.50	1:20.00	2:55.10	31.20	1:09.26	2:35.71	2:37.69	5:41.51
64	1.36	36.77	1:20.59	2:56.39	31.43	1:09.77	2:36.86	2:38.86	5:44.04
63	1.37	37.04	1:21.19	2:57.69	31.66	1:10.28	2:38.02	2:40.03	5:46.57
62	1.38	37.32	1:21.78	2:58.99	31.89	1:10.79	2:39.17	2:41.20	5:49.10
61	1.39	37.59	1:22.37	3:00.28	32.12	1:11.31	2:40.32	2:42.37	5:51.63
60	1.40	37.86	1:22.96	3:01.58	32.35	1:11.82	2:41.48	2:43.53	5:54.16
59	1.41	38.13	1:23.56	3:02.88	32.59	1:12.33	2:42.63	2:44.70	5:56.69
58	1.42	38.40	1:24.15	3:04.17	32.82	1:12.85	2:43.78	2:45.87	5:59.22
57	1.43	38.67	1:24.74	3:05.47	33.05	1:13.36	2:44.94	2:47.04	6:01.75
56	1.44	38.94	1:25.33	3:06.77	33.28	1:13.87	2:46.09	2:48.21	6:04.28
55	1.45	39.21	1:25.93	3:08.07	33.51	1:14.39	2:47.24	2:49.37	6:06.81
54	1.46	39.48	1:26.52	3:09.36	33.74	1:14.90	2:48.40	2:50.54	6:09.34
53	1.47	39.75	1:27.11	3:10.66	33.97	1:15.41	2:49.55	2:51.71	6:11.87

Hong Kong Swimming Point Score 2019 (LC)

Women

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	24.36	52.86	1:54.60	4:04.01	8:20.64	16:02.24	27.46	59.03	2:06.62
99	1.01	24.60	53.39	1:55.75	4:06.45	8:25.65	16:11.86	27.73	59.62	2:07.89
98	1.02	24.85	53.92	1:56.89	4:08.89	8:30.65	16:21.48	28.01	1:00.21	2:09.15
97	1.03	25.09	54.45	1:58.04	4:11.33	8:35.66	16:31.11	28.28	1:00.80	2:10.42
96	1.04	25.33	54.97	1:59.18	4:13.77	8:40.67	16:40.73	28.56	1:01.39	2:11.68
95	1.05	25.58	55.50	2:00.33	4:16.21	8:45.67	16:50.35	28.83	1:01.98	2:12.95
94	1.06	25.82	56.03	2:01.48	4:18.65	8:50.68	16:59.97	29.11	1:02.57	2:14.22
93	1.07	26.07	56.56	2:02.62	4:21.09	8:55.68	17:09.60	29.38	1:03.16	2:15.48
92	1.08	26.31	57.09	2:03.77	4:23.53	9:00.69	17:19.22	29.66	1:03.75	2:16.75
91	1.09	26.55	57.62	2:04.91	4:25.97	9:05.70	17:28.84	29.93	1:04.34	2:18.02
90	1.10	26.80	58.15	2:06.06	4:28.41	9:10.70	17:38.46	30.21	1:04.93	2:19.28
89	1.11	27.04	58.67	2:07.21	4:30.85	9:15.71	17:48.09	30.48	1:05.52	2:20.55
88	1.12	27.28	59.20	2:08.35	4:33.29	9:20.72	17:57.71	30.76	1:06.11	2:21.81
87	1.13	27.53	59.73	2:09.50	4:35.73	9:25.72	18:07.33	31.03	1:06.70	2:23.08
86	1.14	27.77	1:00.26	2:10.64	4:38.17	9:30.73	18:16.95	31.30	1:07.29	2:24.35
85	1.15	28.01	1:00.79	2:11.79	4:40.61	9:35.74	18:26.58	31.58	1:07.88	2:25.61
84	1.16	28.26	1:01.32	2:12.94	4:43.05	9:40.74	18:36.20	31.85	1:08.47	2:26.88
83	1.17	28.50	1:01.85	2:14.08	4:45.49	9:45.75	18:45.82	32.13	1:09.07	2:28.15
82	1.18	28.74	1:02.37	2:15.23	4:47.93	9:50.76	18:55.44	32.40	1:09.66	2:29.41
81	1.19	28.99	1:02.90	2:16.37	4:50.37	9:55.76	19:05.07	32.68	1:10.25	2:30.68
80	1.20	29.23	1:03.43	2:17.52	4:52.81	10:00.77	19:14.69	32.95	1:10.84	2:31.94
79	1.21	29.48	1:03.96	2:18.67	4:55.25	10:05.77	19:24.31	33.23	1:11.43	2:33.21
78	1.22	29.72	1:04.49	2:19.81	4:57.69	10:10.78	19:33.93	33.50	1:12.02	2:34.48
77	1.23	29.96	1:05.02	2:20.96	5:00.13	10:15.79	19:43.56	33.78	1:12.61	2:35.74
76	1.24	30.21	1:05.55	2:22.10	5:02.57	10:20.79	19:53.18	34.05	1:13.20	2:37.01
75	1.25	30.45	1:06.08	2:23.25	5:05.01	10:25.80	20:02.80	34.33	1:13.79	2:38.28
74	1.26	30.69	1:06.60	2:24.40	5:07.45	10:30.81	20:12.42	34.60	1:14.38	2:39.54
73	1.27	30.94	1:07.13	2:25.54	5:09.89	10:35.81	20:22.04	34.87	1:14.97	2:40.81
72	1.28	31.18	1:07.66	2:26.69	5:12.33	10:40.82	20:31.67	35.15	1:15.56	2:42.07
71	1.29	31.42	1:08.19	2:27.83	5:14.77	10:45.83	20:41.29	35.42	1:16.15	2:43.34
70	1.30	31.67	1:08.72	2:28.98	5:17.21	10:50.83	20:50.91	35.70	1:16.74	2:44.61
69	1.31	31.91	1:09.25	2:30.13	5:19.65	10:55.84	21:00.53	35.97	1:17.33	2:45.87
68	1.32	32.16	1:09.78	2:31.27	5:22.09	11:00.84	21:10.16	36.25	1:17.92	2:47.14
67	1.33	32.40	1:10.30	2:32.42	5:24.53	11:05.85	21:19.78	36.52	1:18.51	2:48.40
66	1.34	32.64	1:10.83	2:33.56	5:26.97	11:10.86	21:29.40	36.80	1:19.10	2:49.67
65	1.35	32.89	1:11.36	2:34.71	5:29.41	11:15.86	21:39.02	37.07	1:19.69	2:50.94
64	1.36	33.13	1:11.89	2:35.86	5:31.85	11:20.87	21:48.65	37.35	1:20.28	2:52.20
63	1.37	33.37	1:12.42	2:37.00	5:34.29	11:25.88	21:58.27	37.62	1:20.87	2:53.47
62	1.38	33.62	1:12.95	2:38.15	5:36.73	11:30.88	22:07.89	37.89	1:21.46	2:54.74
61	1.39	33.86	1:13.48	2:39.29	5:39.17	11:35.89	22:17.51	38.17	1:22.05	2:56.00
60	1.40	34.10	1:14.00	2:40.44	5:41.61	11:40.90	22:27.14	38.44	1:22.64	2:57.27
59	1.41	34.35	1:14.53	2:41.59	5:44.05	11:45.90	22:36.76	38.72	1:23.23	2:58.53
58	1.42	34.59	1:15.06	2:42.73	5:46.49	11:50.91	22:46.38	38.99	1:23.82	2:59.80
57	1.43	34.83	1:15.59	2:43.88	5:48.93	11:55.92	22:56.00	39.27	1:24.41	3:01.07
56	1.44	35.08	1:16.12	2:45.02	5:51.37	12:00.92	23:05.63	39.54	1:25.00	3:02.33
55	1.45	35.32	1:16.65	2:46.17	5:53.81	12:05.93	23:15.25	39.82	1:25.59	3:03.60
54	1.46	35.57	1:17.18	2:47.32	5:56.25	12:10.93	23:24.87	40.09	1:26.18	3:04.87
53	1.47	35.81	1:17.70	2:48.46	5:58.69	12:15.94	23:34.49	40.37	1:26.77	3:06.13

Hong Kong Swimming Point Score 2019 (LC)

Women

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	30.53	1:05.71	2:22.24	25.40	56.60	2:05.84	2:08.60	4:35.36
99	1.01	30.84	1:06.37	2:23.66	25.65	57.17	2:07.10	2:09.89	4:38.11
98	1.02	31.14	1:07.02	2:25.08	25.91	57.73	2:08.36	2:11.17	4:40.87
97	1.03	31.45	1:07.68	2:26.51	26.16	58.30	2:09.62	2:12.46	4:43.62
96	1.04	31.75	1:08.34	2:27.93	26.42	58.86	2:10.87	2:13.74	4:46.37
95	1.05	32.06	1:09.00	2:29.35	26.67	59.43	2:12.13	2:15.03	4:49.13
94	1.06	32.36	1:09.65	2:30.77	26.92	1:00.00	2:13.39	2:16.32	4:51.88
93	1.07	32.67	1:10.31	2:32.20	27.18	1:00.56	2:14.65	2:17.60	4:54.64
92	1.08	32.97	1:10.97	2:33.62	27.43	1:01.13	2:15.91	2:18.89	4:57.39
91	1.09	33.28	1:11.62	2:35.04	27.69	1:01.69	2:17.17	2:20.17	5:00.14
90	1.10	33.58	1:12.28	2:36.46	27.94	1:02.26	2:18.42	2:21.46	5:02.90
89	1.11	33.89	1:12.94	2:37.89	28.19	1:02.83	2:19.68	2:22.75	5:05.65
88	1.12	34.19	1:13.60	2:39.31	28.45	1:03.39	2:20.94	2:24.03	5:08.40
87	1.13	34.50	1:14.25	2:40.73	28.70	1:03.96	2:22.20	2:25.32	5:11.16
86	1.14	34.80	1:14.91	2:42.15	28.96	1:04.52	2:23.46	2:26.60	5:13.91
85	1.15	35.11	1:15.57	2:43.58	29.21	1:05.09	2:24.72	2:27.89	5:16.66
84	1.16	35.41	1:16.22	2:45.00	29.46	1:05.66	2:25.97	2:29.18	5:19.42
83	1.17	35.72	1:16.88	2:46.42	29.72	1:06.22	2:27.23	2:30.46	5:22.17
82	1.18	36.03	1:17.54	2:47.84	29.97	1:06.79	2:28.49	2:31.75	5:24.92
81	1.19	36.33	1:18.19	2:49.27	30.23	1:07.35	2:29.75	2:33.03	5:27.68
80	1.20	36.64	1:18.85	2:50.69	30.48	1:07.92	2:31.01	2:34.32	5:30.43
79	1.21	36.94	1:19.51	2:52.11	30.73	1:08.49	2:32.27	2:35.61	5:33.19
78	1.22	37.25	1:20.17	2:53.53	30.99	1:09.05	2:33.52	2:36.89	5:35.94
77	1.23	37.55	1:20.82	2:54.96	31.24	1:09.62	2:34.78	2:38.18	5:38.69
76	1.24	37.86	1:21.48	2:56.38	31.50	1:10.18	2:36.04	2:39.46	5:41.45
75	1.25	38.16	1:22.14	2:57.80	31.75	1:10.75	2:37.30	2:40.75	5:44.20
74	1.26	38.47	1:22.79	2:59.22	32.00	1:11.32	2:38.56	2:42.04	5:46.95
73	1.27	38.77	1:23.45	3:00.64	32.26	1:11.88	2:39.82	2:43.32	5:49.71
72	1.28	39.08	1:24.11	3:02.07	32.51	1:12.45	2:41.08	2:44.61	5:52.46
71	1.29	39.38	1:24.77	3:03.49	32.77	1:13.01	2:42.33	2:45.89	5:55.21
70	1.30	39.69	1:25.42	3:04.91	33.02	1:13.58	2:43.59	2:47.18	5:57.97
69	1.31	39.99	1:26.08	3:06.33	33.27	1:14.15	2:44.85	2:48.47	6:00.72
68	1.32	40.30	1:26.74	3:07.76	33.53	1:14.71	2:46.11	2:49.75	6:03.48
67	1.33	40.60	1:27.39	3:09.18	33.78	1:15.28	2:47.37	2:51.04	6:06.23
66	1.34	40.91	1:28.05	3:10.60	34.04	1:15.84	2:48.63	2:52.32	6:08.98
65	1.35	41.22	1:28.71	3:12.02	34.29	1:16.41	2:49.88	2:53.61	6:11.74
64	1.36	41.52	1:29.37	3:13.45	34.54	1:16.98	2:51.14	2:54.90	6:14.49
63	1.37	41.83	1:30.02	3:14.87	34.80	1:17.54	2:52.40	2:56.18	6:17.24
62	1.38	42.13	1:30.68	3:16.29	35.05	1:18.11	2:53.66	2:57.47	6:20.00
61	1.39	42.44	1:31.34	3:17.71	35.31	1:18.67	2:54.92	2:58.75	6:22.75
60	1.40	42.74	1:31.99	3:19.14	35.56	1:19.24	2:56.18	3:00.04	6:25.50
59	1.41	43.05	1:32.65	3:20.56	35.81	1:19.81	2:57.43	3:01.33	6:28.26
58	1.42	43.35	1:33.31	3:21.98	36.07	1:20.37	2:58.69	3:02.61	6:31.01
57	1.43	43.66	1:33.97	3:23.40	36.32	1:20.94	2:59.95	3:03.90	6:33.76
56	1.44	43.96	1:34.62	3:24.83	36.58	1:21.50	3:01.21	3:05.18	6:36.52
55	1.45	44.27	1:35.28	3:26.25	36.83	1:22.07	3:02.47	3:06.47	6:39.27
54	1.46	44.57	1:35.94	3:27.67	37.08	1:22.64	3:03.73	3:07.76	6:42.03
53	1.47	44.88	1:36.59	3:29.09	37.34	1:23.20	3:04.98	3:09.04	6:44.78

HONG KONG SWIMMING RECORDS

Listed Date: 22nd October, 2019

HONG KONG LONG COURSE RECORDS

MEN'S EVENTS

50 Free	22.18 HO Ian Yentou, SCA	30 th Summer Universiade, Napoli, July 4-10, 2019
100 Free	49.22 TO Kenneth King Him, LWS	61 st FOS – LC SW Time Trial, Apr 14-15 2018
200 Free	1:49.58 WONG Kai Wai David, HTA	14 th FINA World Champ - Shanghai, Jul 25, 2011
400 Free	3:53.05 CHEUK Ming Ho, CPS	62 nd FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.03 LAU Shiu Yue, HTA	5 th FINA World Junior Swimming Champ 2015, Aug 25-30, 2015
100 Back	56.63 CHEAH Geoffrey, SCA	2014 USA Swimming Grand Prix-Santa Clara, Jun 19-22, 2014
200 Back	2:05.47 Alex FONG Lik-sun, SCA	Olympic Games – Sydney, Sept. 20, 2000
50 Breast	28.23 TO Kenneth King Him, LWS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Breast	1:01.91 TO Kenneth King Him, LWS	D1 AG LC Swim Comp. Part 3, Feb 10-11, 2018
200 Breast	2:15.34 NG Michael Yu Hin, CPS	62 nd FOS – LC Time Trial, April 13-14, 2019
50 Fly	24.12 CHEAH Geoffrey, SCA	16 th FINA World Championships – Kazan 2015, Aug. 2, 2015
100 Fly	53.70 CHEAH Geoffrey, SCA	27 th Summer Universiade in Kazan 2013., Jul 6-17, 2013
200 Fly	2:00.43 LIM Nicholas Owen Zhaoguang, LRC	62 nd FOS – LC Time Trial, April 13-14, 2019
200 IM	2:01.37 TO Kenneth King Him, LWS	29 th Summer Universiade, Aug 19-30, 2017
400 IM	4:29.02 Alex FONG Lik-sun, SCA	Olympic Games – Sydney, Sept. 17, 2000
4x100 MR	3:44.16 Hong Kong Team LAU Shiu Yue, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, WONG Chen Ho Jeremy	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
4x100 FR	3:21.22 Hong Kong Team LUM Ching Tat, NG Chun Nam Derick, CHEUNG Kin Tat Kent, WONG Kai Wai David 50.88 1:40.70 2:31.65	5 th East Asian Games, Dec 8, 2009
4x200 FR	7:27.16 Hong Kong Team CHEUNG Kin Tat Kent, NG Chun Nam Derick, LUM Ching Tat, WONG Kai Wai David 1:52.46 3:43.70 5:35.08	5 th East Asian Games, Dec 6, 2009

*: Pending for Swimming Committee's Ratification

HKRLC20191022

HONG KONG SWIMMING RECORDS

Listed Date: 22nd October, 2019

HONG KONG LONG COURSE RECORDS

WOMEN'S EVENTS

50 Free	24.85 HAUGHEY Siobhan Bernadette, SCA	Mare Nostrum 2019 – Monaco, Jun 8-9,2019
100 Free	53.32 HAUGHEY Siobhan Bernadette, SCA	Mare Nostrum 2019 – Monaco, Jun 8-9,2019
200 Free	1:54.98 HAUGHEY Siobhan Bernadette, SCA	18 th FINA World Championships – Gwangju 2019, Jul 21-28, 2019
400 Free	4:11.90 HAUGHEY Siobhan Bernadette, SCA	Mare Nostrum 2019 – Canet en Roussillon, Jun 11-12, 2019
800 Free	8:41.66 AU Hoi Shun Stephanie, DWA	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	27.98 AU Hoi Shun Stephanie, DWA	Mare Nostrum 2019 – Monaco, Jun 8-9,2019
100 Back	1:00.22 AU Hoi Shun Stephanie, DWA	FINA Swimming World Cup – Singapore, Aug 15-17, 2019
200 Back	2:09.33 LAU Yin Yan Claudia, DLS	Div.1 AG LC Swim Comp. Part 3., Jul.2-3,2016
50 Breast	31.61 YEUNG Jamie Zhen Mei, HTA	18 th FINA World Championships – Gwangju 2019, Jul 21-28, 2019
100 Breast	1:07.69 KONG Yvette Man Yi, SCA	12 th Swim Cup Eindhoven 2016, Apr 6 - 10, 2016
200 Breast	2:27.96 KONG Yvette Man Yi, SCA	Edinburgh International Swim Meet, Mar 11-13, 2016
50 Fly	26.66 Hannah WILSON, SCA	25 th Universiade, Jul. 5, 2009
100 Fly	58.24 Hannah WILSON, SCA	25 th Universiade, Jul. 9, 2009
200 Fly	2:13.91 NAM Carmen, TPS	Zoggs Queensland Swim Champ 09, Dec 18, 2009
200 IM	2:12.10 HAUGHEY Siobhan Bernadette, SCA	2017 Arena Pro Swim Series - Santa Clara, USA, June 1-4, 2017
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
4x100 MR	4:03.07 Hong Kong Team TSAI Hiu Wai Sherry, KONG Yvette Man Yi, SZE Hang Yu, Hannah WILSON 1:02.38 2:09.77 3:08.72	5 th East Asian Games, Dec 10,2009
4x100 FR	3:39.94 Hong Kong Team CHENG Camille Lily Mei, AU Hoi Shun Stephanie, SZE Hang Yu, HAUGHEY Siobhan Bernadette 55.67 1:51.18 2:46.23	Incheon 2014 Asian Games, Sept 20 th -26 th 2014
4x200 FR	8:04.55 Hong Kong Team CHENG Camille Lily Mei, AU Hoi Shun Stephanie, SZE Hang Yu, HAUGHEY Siobhan Bernadette 2:01.43 4:03.99 6:04.31	Incheon 2014 Asian Games, Sept 20 th -26 th 2014

*: Pending for Swimming Committee's Ratification

HKRLC20191022

HONG KONG SWIMMING RECORDS

Listed Date: 22nd October, 2019

HONG KONG LONG COURSE RECORDS

MIXED'S EVENTS

- 4x100 FR 3:32.55 Hong Kong Team 18th FINA World Championships – Gwangju 2019, Jul 21-28, 2019
LIM Nicholas Owen Zhaoguang, HO Ian Yentou, TAM Hoi Lam, CHENG Camille Lily Mei
51.99 1:41.52 2:37.76
- 4x100 MR 3:50.22 Hong Kong Team 18th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
AU Hoi Shun Stephanie, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, CHENG Camille Lily Mei
1:00.52 2:01.15 2:54.90

*: Pending for Swimming Committee's Ratification

HKRLC20191022

HONG KONG SWIMMING RECORDS

Listed Date: 22nd October, 2019

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

MEN'S EVENTS

50 Free	23.65 NG Chun Nam Derick, WTS	Australian Age Swim. Champ., Apr 07, 2010
100 Free	51.24 NG Chun Nam Derick, WTS	Age Group LC Champ 09, Oct. 24, 2009
200 Free	1:52.59 Cheuk Ming Ho, CPS	17 th ISF Gymnasiade - Swimming, May 2-9 2018
400 Free	3:57.77 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
800 Free	8:25.47 CHEUK, Ming Ho, CPS	D1 AG LC Swim Comp. Part 3, Feb 10-11, 2018
1500 Free	16:00.66 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Back	26.81 NG Cheuk Yin TPS	D1 AG LC Swim Comp. Part 3, Feb 10-11, 2018
100 Back	58.17 HO Siu Lun, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
200 Back	2:07.52 NG Cheuk Yin, TPS	HK Open Swimming Champ 2018, Aug. 10-12, 2018
50 Breast	29.57 FONG Ka Yu, WDA	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 27, 2017
100 Breast	1:05.29 WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 27, 2017
200 Breast	2:18.11 WONG Benson, DLS	HK Open Swimming Champ 2017, July 28-30, 2017
50 Fly	24.74 NG Cheuk Yin, TPS	61 st FOS – LC SW Time Trial, Apr 14-15 2018
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:06.68 NG Chun Nam Derick, WTS	Age Group LC Champ 09, Oct. 25, 2009
200 IM	2:07.94 Lau Ping Chi, HTA	61 st FOS – LC SW Time Trial, Apr 14-15 2018
400 IM	4:33.86 Lau Ping Chi, HTA	61 st FOS – LC SW Time Trial, Apr 14-15 2018
4x100 MR	4:03.50 Hong Kong Team MOK Kai Tik Marcus, CHAN Chun Lok, CHAN Pak Hin, LUI Nok Ryan	8 th Asian Age Group Swim. Champ, Oct 1-4, 2015
4x100 FR	3:41.42 Hong Kong Team TAM Sze Shing Thomas, LAM Chak Hang, CHAN Pak Hin, Temana Andrew SHORT	52 nd Milo Pram Malaysia AG Champ, Mar 29 – Apr 4, 2016
4x200 FR	8:06.77 WTS TAM Sze Shing Thomas, LEUNG Chun Hei Bryan, FONG Ching Yuen, MOK Kai Tik Marcus	Div.1 AG LC Swim Comp. Part 1, May.14-15, 2016

*: Pending for Swimming Committee's Ratification

HKRLC20191022

HONG KONG SWIMMING RECORDS

Listed Date: 22nd October, 2019

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

WOMEN'S EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
200 Free	1:59.77 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
400 Free	4:13.81 AU Hoi Shun Stephanie, DWA	Age Group LC Champ 07, Nov 17, 2007
800 Free	8:50.21 AU Hoi Shun Stephanie, DWA	3 rd H.K. Int' Open Swimming Champ, Aug 31, 2007
1500 Free	16:58.79 Anderson Charlotte Kiki, HIS	2014 Scottish Gas National AG Swim Champ, Jun 25-29, 2014
50 Back	29.52 KAN Cheuk Tung Natalie, HVA	HKSSF Div. 2 Inter-School Swim. Champ, Oct 10, 2017
100 Back	1:03.48 WONG Kwan To, HTA	HKSSF Div 1 Inter-School Swim. Champ, Oct 28, 2015
200 Back	2:17.31 LAU Yin Yan Claudia, DLS	4 th HK Int' Open Champ, Sep 12-14, 2008
50 Breast	32.79 CHEUNG Hui Yan Cheyenne, DLS	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Breast	1:11.30 KONG Yvette Man Yi, DLS	08/09 HKSSF Inter-School Champ, Oct 17, 2008
200 Breast	2:32.79 MA Hei Tung Fiona, SLA	5 th East Asian Games, Dec 9, 2009
50 Fly	27.69 CHAN Kin Lok, WTS	8 th Asian Swimming Champ., Nov 26, 2009
100 Fly	1:00.95 LAU Ping Yi Audrey, HTA	10 th Asian Age Group Swimming Championships, Sep 24-27, 2019
200 Fly	2:15.73 TOWN Jennifer Ka Hang, SCA	LI FOS-Olympic Time Trial II, Apr 20, 2008
200 IM	2:13.35 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
4x100 MR	4:19.55 Hong Kong Team FUNG Suet Ying Chloe, CHENG Chloe, LAU Ping Yi Audrey, TSE On Ching	2 nd Youth Games of the People's Republic of China, Aug 8-18, 2019
4x100 FR	3:55.42 Hong Kong Team LAU Ping Yi Audrey, CHU Sarah Ting Yan, MOK Sze Ki, LEE Yan Hei	10 th Asian Age Group Swimming Championships, Sep 24-27, 2019
4x200 FR	8:32.64 Hong Kong Team LAU Ping Yi Audrey, CHENG Chloe, TSE On Ching, DU Zheng	2 nd Youth Games of the People's Republic of China, Aug 8-18, 2019

*: Pending for Swimming Committee's Ratification

HKRLC20191022

HONG KONG SWIMMING RECORDS

Listed Date: 22nd October, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 10 & UNDER EVENTS

50 Free	29.13 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	1:02.87 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
200 Free	2:15.96 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Back	32.29 HO Siu Lun, DLS	5 th HK Games. May 2-3, 2015
100 Back	1:12.02 LAU Hoi Hang, LWS	Div. 1 AG LC Swim Comp. Part 1. July 18-19, 2015
50 Breast	36.43 TAM Ka Ming, HVA	Age Group LC Champ 07, Nov 17, 2007
100 Breast	1:18.73 TAM Ka Ming, *CY	HKSSF Inter-Area Primary Swim Comp., Nov 29, 2008
50 Fly	31.15 HO Siu Lun, DLS	HKSSF Inter-Area Primary Swim Comp, Nov 22, 2014
100 Fly	1:10.22 HUNG Leung-fung, PSC	Div. 1 AG LC SWIM COMP (PART 1), May 23, 2004
200 IM	2:32.07 LAU Kin Hei James, HTA	Div. I Age Group LC Swim Comp (Part 3), Sep 21-22, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 10 & UNDER EVENTS

50 Free	28.50 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC SWIM COMP (PART 1), May 25 2008
100 Free	1:02.44 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC SWIM COMP (PART 2), Jun 29 2008
200 Free	2:16.52 LOK Hoi Man, WTS	Age Group LC Champ 11, Nov 05, 2011
50 Back	33.49 MA Wing Yu, *WA	Age Group LC Champ 15, Nov 6-8, 2015
100 Back	1:11.95 CHENG Jessica Chloe, TPS	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
50 Breast	35.23 Lam Chelsie, DLS	3 rd All Hong Kong Inter-Area Primary Schools Swimming Competition 2018-2019, 8 Jun 2019
100 Breast	1:18.24 YIP Hiu Lok, *WA	Age Group LC Champ 15, Nov 6-8, 2015
50 Fly	30.56 LEE Si Yao Peony, TPS	2 nd All Hong Kong Inter-Area Primary Schools Swimming Competition 2017-2018, 9 June, 2018
100 Fly	1:09.78 LAU Ping Yi Audrey, HTA	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
200 IM	2:32.15 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC SWIM COMP (PART 3), Jul 27, 2008

*: Pending for Swimming Committee's Ratification

HKRLC20191022

HONG KONG SWIMMING RECORDS

Listed Date: 22nd October, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 11 – 12 YEARS EVENTS

50 Free	25.59	LI Sing Hoi, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	57.02	CHU, Hon Hei, WDA	Div. I Age Group LC Swim Comp (Part 3), Sep 21-22, 2019
200 Free	2:04.67	WONG Ming Hong, DLS	HK Games Swim Champ, May 25-26, 2013
400 Free	4:24.34	LIN Lok Him Angus, PSC	HK Open Swimming Champ 2019, Aug 9-11, 2019
50 Back	29.46	HO Siu Lun, DLS	The 6 th Hong Kong Games, May 13-14, 2017
100 Back	1:03.66	HO Siu Lun, DLS	The 6 th Hong Kong Games, May 13-14, 2017
200 Back	2:19.13	MOK Kai Tik Marcus, WTS	HK AG LC Swim Champ, Nov 8-10, 2013
50 Breast	30.24	TAM Ka Ming, *CY	HKSSF Div 1 Inter-School Swim. Champ, Oct 27, 2010
100 Breast	1:09.54	TAM Ka Ming, *CY	HKSSF Div 1 Inter-School Swim. Champ, Oct 14, 2010
200 Breast	2:30.15	WONG Benson, DLS	HKSSF Div 1 Inter-School Swim. Champ, 28 Oct, 2015
50 Fly	27.69	LI SING HOI, WTS	D1 AG LC Swim Comp. Part 2, Jan 14, 2018
100 Fly	1:01.11	SUEN Tsz Hin, PSC	HK AG LC Swim Champ. 10, Nov 06, 2010
200 Fly	2:17.51	CHOW Yin-Ching, *CY	Zoggs Queensland Swim Champ 07, Dec 19, 2007
200 IM	2:18.78	LU Pat Fan, HVA	Thailand AG Swimming Champ 2019, April 5-10, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.80	HAUGHEY Siobhan Bernadette, SCA	HKSSF Div 1 Inter-School Swim. Champ, Oct 14, 2010
100 Free	57.77	HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
200 Free	2:06.55	HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
400 Free	4:28.03	NAM Carmen, TPS	7 th Asian Swimming Champ, Mar. 07, 2006
50 Back	31.01	MA Wing Yu, HTA	9 th Asian Age Group Swimming Championships, Sep 8-11, 2017
100 Back	1:06.02	KWOK Sabrina Christine, SCA	Zoggs Queensland Swim Champ 09, Dec 13, 2009
200 Back	2:22.78	LAU Yin-yan, DLS	4 th Asian AG Champ, Bangkok, Aug 21, 2005
50 Breast	34.33	YIP Tsz-wa, DLS	AASF Age Group Champ., Aug 24, 2003
100 Breast	1:12.78	YIP Tsz-wa, DLS	Inter-School Swim Champ Div I., Oct 15, 2003
200 Breast	2:35.62	MA Hei-tung, DLS	LI FOS-Olympic Time Trial II, Apr 20, 2008
50 Fly	28.87	LAI Chu Yi, WTS	7 th HK Open Swimming Champ., Sep 4, 2011
100 Fly	1:02.95	MOK Sze Ki, HVA	HK Open Swimming Champ 2019, Aug 9-11, 2019
200 Fly	2:18.68	MOK Sze Ki, HVA	D1 AG LC Swim Comp. Part 1, Jul 13-14, 2019
200 IM	2:21.79	HAUGHEY Siobhan Bernadette, SCA	D1 AG LC Swim Comp. Part 3, Jul 25, 2010

*: Pending for Swimming Committee's Ratification

HKRLC20191022

HONG KONG SWIMMING RECORDS

Listed Date: 22nd October, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 13 – 14 YEARS EVENTS

50 Free	24.43 LAM Ho Yin Martin, HJC	HKSSF D1 Inter-School Swim. Comp. Oct 23, 2013
100 Free	52.80 CHEUK Ming Ho, CPS	The 6 th Hong Kong Games, May 13-14, 2017
200 Free	1:56.03 CHEUK Ming Ho, CPS	The 6 th Hong Kong Games, May 13-14, 2017
400 Free	4:08.81 CHEUK Ming Ho, CPS	HK AG LC Swim Champ 16, Nov 4-6, 2016
800 Free	8:37.69 WONG Ming Hong, HTA	Div. I AG LC SWIM COMP (PART 3), Feb 28 - Mar 1, 2015
1500 Free	16:14.23 CHEUK Ming Ho, CPS	60 th FOS – LC Time Trial, Apr. 15-16, 2017
50 Back	27.12 HO Siu Lun, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
100 Back	58.17 HO Siu Lun, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
200 Back	2:09.86 YUK Shing Chi, PSC	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Breast	29.91 TAM Ka Ming, *CY	LV FOS Olympic Time Trial II, Apr 14, 2012
100 Breast	1:05.29 WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp., Oct 27, 2017
200 Breast	2:18.11 WONG Benson, DLS	HK Open Swimming Champ 2017, July 28-30, 2017
50 Fly	25.75 HO Siu Lun, DLS	62 nd FOS – LC Time Trial, April 13-14, 2019
100 Fly	56.68 NG Chun Nam, Derick, WTS	LII FOS LC Sw. Time Trial, Apr 19, 2009
200 Fly	2:09.62 CHAN Pak Hin, *WD	Div.1 AG LC Swim Comp. Part 3., Feb 20-21, 2016
200 IM	2:09.42 LAU, Ping Chi, HTA	HKSSF Div. 1 Inter-School Swim. Comp., Oct 27, 2017
400 IM	4:35.75 LAU, Ping Chi, HTA	HK Open Swimming Champ 2017, July 28-30, 2017

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 13 – 14 YEARS EVENTS

50 Free	25.93 HAUGHEY Siobhan Bernadette, SCA	Australian Age Championships, Apr 9-14, 2012
100 Free	56.07 HAUGHEY Siobhan Bernadette, SCA	Age Group LC Champ, Nov 05, 2011
200 Free	2:02.06 HAUGHEY Siobhan Bernadette, SCA	Australian Age Championships, Apr. 9-14, 2012
400 Free	4:19.32 CHENG Chloe, PSC	Div. I Age Group LC Swim Comp (Part 3), Sep 21-22, 2019
800 Free	8:56.31 HO Wai Nam, WTS	Thailand Age Group Swimming Championships 2017
1500 Free	17:17.68 NAM Carmen, TPS	World Champ 2007 – Melbourne, Mar 26, 2007
50 Back	29.95 LOO Tsz Ki Cherrie, DWA	Div.1 AG LC Swim Comp. Part 3., Jan 27, 2019
100 Back	1:04.42 LAU Yin Yan Claudia, DLS	6 th Inter City Games, Oct 2007
200 Back	2:17.61 LAU Yin Yan Claudia, DLS	Hong Kong Open Champ. 07, Sep 2007
50 Breast	32.79 CHEUNG Hui Yan Cheyenne, DLS	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Breast	1:11.31 MA Hei Tung Fiona, SLA	5 th East Asian Games, Dec 8, 2009
200 Breast	2:32.79 MA Hei Tung Fiona, SLA	5 th East Asian Games, Dec 9, 2009
50 Fly	28.13 LAU Ping Yi Audrey, HTA	10 th Asian Age Group Swimming Championships, Sep 24-27, 2019
100 Fly	1:00.95 LAU Ping Yi Audrey, HTA	10 th Asian Age Group Swimming Championships, Sep 24-27, 2019
200 Fly	2:16.18 LAU Ping Yi Audrey, HTA	10 th Asian Age Group Swimming Championships, Sep 24-27, 2019
200 IM	2:18.44 HAUGHEY Siobhan Bernadette, SCA	Australian Age Championships, Apr 9-14, 2012
400 IM	4:55.42 LAM Hoi Kiu, HTA	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018

*: Pending for Swimming Committee's Ratification

HKRLC20191022

HONG KONG SWIMMING RECORDS

Listed Date: 22nd October, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 15 – 17 YEARS EVENTS

50 Free	22.99 LUM Ching Tat Jeffrey, HFS	8 th Asian Swimming Champ., Nov 28, 2009
100 Free	50.48 LUM Ching Tat Jeffrey, HFS	1 st Asian Youth Games, Jul 06, 2009
200 Free	1:50.30 CHEUK Ming Ho, CPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
400 Free	3:53.05 CHEUK Ming Ho, CPS	62 nd FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.27 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 19, 2018
100 Back	57.52 NG Cheuk Yin, TPS	10 th Asian Age Group Swimming Championships, Sep 24-27, 2019
200 Back	2:05.82 NG Cheuk Yin, TPS	7 th Hong Kong Games, May 18-19, 2019
50 Breast	29.34 FONG Ka Yu, WDA	D1 AG LC Swim Comp. Part 2, Jan 14, 2018
100 Breast	1:03.91 NG Yan Kin, HTA	51 st Malaysia Age Group Swim Champ., Apr 24-26, 2015
200 Breast	2:15.77 MOK Kai Tik Marcus, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Fly	24.25 NG Cheuk Yin, TPS	10 th Asian Age Group Swimming Championships, Sep 24-27, 2019
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:02.70 LIM Nicholas Owen Zhaoguang, LRC	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
200 IM	2:06.38 MOK Kai Tik Marcus, WTS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
400 IM	4:31.51 LLEWELLYN Little, HTA	Australian Age Championships, Apr 06, 2010

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 15 – 17 YEARS EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
200 Free	1:59.66 HAUGHEY Siobhan Bernadette, SCA	Incheon 2014 Asian Games, Sep 20-26, 2014
400 Free	4:13.81 AU Hoi Shun Stephanie, DWA	Age Group LC Champ 07, Nov 17, 2007
800 Free	8:41.66 AU Hoi Shun Stephanie, DWA	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	29.01 Kwok Sabrina Christine YingYing, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Back	1:01.92 WONG ToTo Kwan To, HTA	10 th Asian Swimming Championships, Nov 17-20, 2016
200 Back	2:15.18 LAU Yin Yan Claudia, DLS	5 th East Asian Games, Dec 6, 2009
50 Breast	31.82 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 6, 2009
100 Breast	1:08.43 KONG Yvette Man Yi, SCA	8 th Asian Swimming Champ., Nov 27, 2009
200 Breast	2:31.65 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 9, 2009
50 Fly	27.47 KAN Cheuk Tung Natalie, HVA	7 th FINA World Junior Swimming Champ 2019, Aug 20-25, 2019
100 Fly	1:00.48 KAN Cheuk Tung Natalie, HVA	HK Open Swimming Champ 2019, Aug 9-11, 2019
200 Fly	2:13.91 NAM Carmen, TPS	Zoggs Queensland Swim Champ 09, Dec 18, 2009
200 IM	2:13.07 HAUGHEY Siobhan Bernadette, SCA	16 th FINA World Championships – Kazan 2015, Aug 2, 2015
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013

*: Pending for Swimming Committee's Ratification

HKRLC20191022

2019 - 2020 分齡長池及短池游泳錦標賽資格時間

		10 & Under 十歲或以下		11 & 12 十一及十二歲		13 & 14 十三及十四歲		15 & Over 十五歲或以上	
		Girls 女	Boys 男	Girls 女	Boys 男	Girls 女	Boys 男	Girls 女	Boys 男
50M 米	Freestyle 捷泳	0:33.32	0:32.91	0:30.98	0:28.96	0:29.40	0:27.27	0:28.83	0:25.97
100M 米	Freestyle 捷泳	1:13.97	1:13.03	1:07.41	1:05.13	1:03.87	0:59.24	1:02.90	0:55.38
200M 米	Freestyle 捷泳	2:41.13	2:38.41	2:26.73	2:21.81	2:21.69	2:12.12	2:19.97	2:08.25
400M 米	Freestyle 捷泳	~	~	5:01.83	4:54.36	4:57.04	4:38.56	4:52.07	4:34.03
800M 米	Freestyle 捷泳	~	~	~	~	9:50.29	~	9:50.29	~
1500M 米	Freestyle 捷泳	~	~	~	~	~	18:37.54	~	18:20.31
50M 米	Backstroke 背泳	40.24	0:39.08	0:36.10	0:35.23	0:34.87	0:32.78	0:33.77	0:30.58
100M 米	Backstroke 背泳	1:27.52	1:25.42	1:19.23	1:15.26	1:15.80	1:09.31	1:15.80	1:07.39
200M 米	Backstroke 背泳	~	~	2:49.04	2:43.65	2:38.08	2:36.24	2:37.67	2:33.18
50M 米	Breaststroke 蛙泳	0:44.12	43.08	0:39.97	0:37.62	0:38.37	0:34.15	0:37.66	0:32.66
100M 米	Breaststroke 蛙泳	1:36.59	1:35.72	1:25.51	1:20.90	1:24.31	1:16.49	1:23.48	1:11.64
200M 米	Breaststroke 蛙泳	~	~	3:07.25	2:58.15	3:04.79	2:44.69	3:02.68	2:41.90
50M 米	Butterfly 蝶泳	0:38.11	0:37.70	0:33.44	0:32.68	0:32.16	0:29.64	0:32.16	0:28.10
100M 米	Butterfly 蝶泳	1:29.75	1:27.12	1:17.10	1:14.56	1:14.27	1:08.50	1:13.38	1:04.75
200M 米	Butterfly 蝶泳	~	~	2:56.17	2:53.25	2:42.26	2:35.68	2:31.17	2:30.74
100M 米	Ind. Medley 個人四式	1:23.12	1:23.02	1:18.17	1:14.89	1:14.78	1:06.56	1:12.54	1:03.33
200M 米	Ind. Medley 個人四式	3:04.80	2:57.16	2:43.16	2:42.61	2:39.22	2:27.65	2:38.84	2:24.55
400M 米	Ind. Medley 個人四式	~	~	~	~	5:48.22	5:19.60	5:38.68	5:19.19

		12 & Under 十二歲或以下		13 & Over 十三歲或以上		Stairstep Relay 梯級接力	
		Girls 女	Boys 男	Girls 女	Boys 男	Girls 女	Boys 男
4 X 50M	Freestyle Relay 自由接力	2:06.12	2:02.98	1:56.88	1:48.28	1:59.74	1:53.27
4 X 50M	Medley Relay 四式接力	2:22.14	2:15.28	2:15.43	2:01.24	2:18.03	2:07.74

HKASA Age Group Long Course Championship 2019-20 Reject List

No.	Name	Event	Club	Remarks
1	YEUNG Yuet Fei Phoebe	37	DLS	Wrong Information of Past Competition
2	YIM Tsz Kiu Jasmine	31	DLS	Wrong Event
3	YIM Tsz Kiu Jasmine	79	DLS	Wrong Event
4	FOK Chun Wang Anthony	56	DLS	Have swimming record
5	CHENG Cheuk Kin Jake	28	DLS	Wrong Event
6	CHENG Cheuk Kin Jake	132	DLS	Wrong Time
7	LEE Lok Hei	68	DLS	Wrong Event
8	LEE Lok Hei	92	DLS	Wrong Event
9	LEE Lok Hei	144	DLS	Wrong Event
10	HUNG Man To	62	DLS	Wrong Event
11	HUNG Man To	104	DLS	Wrong Event
12	HUNG Man To	136	DLS	Wrong Time
13	CHENG Cheuk Chi George	66	DLS	Wrong Event
14	CHENG Cheuk Chi George	132	DLS	Wrong Information of Past Competition
15	HOFSTEDE Adam Marcel	92	DWA	Wrong Information of Past Competition
16	KO Chin Fung	130	DWA	Double Entry
17	KO Chin Fung	90	DWA	Wrong Time
18	HO Yin Chun	10	DWA	Double Entry
19	HO Yin Chun	92	DWA	Double Entry
20	HO Yin Chun	132	DWA	Double Entry
21	Chan Austin	150	DWA	Entry Time slower than QT
22	SHEN Cheuk Ki	105	DWA	Entry Time slower than QT
23	Yeung Hoi Yau Angus	80	DWA	Wrong Event
24	Yeung Pun Yin	38	EWS	More than Limited Entry
25	Tse Lai Yiu	7	FDL	Wrong Time
26	Tse Lai Yiu	99	FDL	Wrong Time
27	LAU Chit Hin	100	HVA	Entry Time slower than QT
28	WEI Shi Yao	147	HVA	Wrong Event
29	KONG Chi Long	134	KCD	Wrong Event
30	CHONG Hin Yeung	110	KHC	Entry Time slower than QT
31	HUI Tsz Ching	63	KTS	Wrong Event
32	CHOI Ka Wai	63	LFS	Entry Time slower than QT
33	DONOHUGH Sophie Christina	11	LRC	Entry Time slower than QT
34	VONG Camille Sara Jia Yi	11	LRC	Entry Time slower than QT
35	VONG Camille Sara Jia Yi	53	LRC	Wrong Time
36	Lai Wa Swimming Club	155	LWS	Wrong Time
37	KWAN Cho Yin	80	PGS	Wrong Information of Past Competition
38	KWAN Cho Yin	32	PGS	Wrong Time
39	KAM Travis Hockin	44	PSC	Have swimming record
40	KAM Travis Hockin	98	PSC	Have swimming record
41	KAM Travis Hockin	138	PSC	Have swimming record
42	SUEN Tsz Hin	44	PSC	No Reg
43	LAU Tsz Pok	124	PSC	Wrong Event
44	Riverside Swimming Club	86	RSC	Wrong Time
45	TSE Miu Chin	103	SFC	Entry Time slower than QT
46	Yu Tsz Wing	149	SCA	Wrong Time
47	AU YEUNG Tsz Ching	106	THS	Wrong Event
48	CHENG Yue Hin	122	TPS	Have swimming record
49	KWOK Cho Yiu	97	TPS	Have swimming record
50	KWOK Cho Yiu	137	TPS	Wrong Time
51	POON Ching Leung Sunny	108	TPS	Have swimming record
52	LAM Pac Tung Nikita	35	TPS	Wrong Information of Past Competition
53	KWOK Wai Lam	63	TPS	Invalid Swimming Record
54	LO Cheuk Chun	16	TPS	Have swimming record
55	YANG Hoi Nei	141	WDA	Wrong Event
56	CHAN Donald	78	WDA	Wrong Time
57	FONG Ka Yu	116	WDA	Entry Time slower than QT
58	CHU Hon Hei	54	WDA	Wrong Information of Past Competition
59	CHAN Yin Ban	14	WDA	Entry Time slower than QT

HKASA Age Group Long Course Championship 2019-20 Reject List

No.	Name	Event	Club	Remarks
60	KONG Yin Long	94	WDA	Double Entry
61	KONG Yin Long	134	WDA	Double Entry
62	YANG Yu Jie Jesse	18	WTS	Wrong Time
63	MAK Ying Qian Phoebe	105	*GW	Entry Time slower than QT
64	NG Wing Sum Minnie	103	*GW	Entry Time slower than QT
65	CHOW Man Tik	136	*TM	Entry Time slower than QT

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 1 Girls 13-14 800 LC Meter Freestyle

HKR: 8:41.66 AU Hoi Shun Stephanie, DWA

JR: 8:50.21

AGR: 8:56.31

OQT: 8:33.36

OST: 8:48.76

9:50.29 QT Qualifying Time

Meet Qualifying: 9:50.29

	ID#	Name	Age	Team	Seed Time
1	29519 IAZ	Hung, Lok Ching	14	Happy Valley	9:16.00 QT
2	31841 IAZ	Ng, Lai Wa	14	Hoi Tin	9:17.66 QT
3	29117 IAZ	Wong, Po Yin	14	Happy Valley	9:20.05 QT
4	31648 P	Du, Olivia Yiting	14	South China	9:22.06 QT
5	28912 P	Eilers, Jodie Natasha	14	Island Stingrays	9:50.29 QT
6	33759 B	Mak, Hoi Ching	13	Hoi Tin	9:50.29 QT

Event 2 Boys 13-14 1500 LC Meter Freestyle

HKR: 15:38.76 CHEUK Ming Ho, CPS

JR: 16:00.66

AGR: 16:14.23

OQT: 15:00.99

OST: 15:28.02

18:37.54 QT Qualifying Time

Meet Qualifying: 18:37.54

	ID#	Name	Age	Team	Seed Time
1	29257 B	He, Shing Ip	14	Chi Pui	16:17.64 QT
2	28763 B	Lau, Alan Tsz Lun	14	Win Tin	16:34.18 QT
3	35894 B	Chui, Ka Yeung	13	Win Tin	17:16.69 QT
4	29849 B	Yeung, Cheuk Hay Hayden	13	Chi Pui	17:22.40 QT
5	30184 B	Yeung, Wing Hei	13	Win Tin	18:25.51 QT
6	34754 IAO	Payer Emeric, Yat-long Franc	14	South China	18:30.79 QT
7	33435 IAZ	Siu, To	13	Dali Swimming Club	18:37.54 QT
8	33197 P	Hebrard, Paul	13	Island Stingrays	18:37.54 QT
9	29282 IAZ	Lin, Lok Him Angus	13	Pacific	18:37.54 QT
10	33803 B	Wong, Tsz Ho	13	Sword Fish Club	18:37.54 QT
11	29884 B	Kwong, Jacob Yat Nam	13	Win Tin	18:37.54 QT

Event 3 Girls 15-17 800 LC Meter Freestyle

HKR: 8:41.66 AU Hoi Shun Stephanie, DWA

JR: 8:50.21

AGR: 8:41.66

OQT: 8:33.36

OST: 8:48.76

9:50.29 QT Qualifying Time

Meet Qualifying: 9:50.29

	ID#	Name	Age	Team	Seed Time
1	21383 B	Ho, Nam Wai	17	Win Tin	8:29.61 QT
2	23856 B	Leung, Ka Ching	15	Hoi Tin	9:08.06 QT
3	34590 P	Won, Elizabeth Jiho	15	Island Stingrays	9:22.47 QT
4	38248 P	Du, Zheng	15	Flying Dragon	9:25.49 QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 3 ... (Girls 15-17 800 LC Meter Freestyle)

5	25263 B	Tai, Samantha Natalie	15	Pacific	9:25.92	QT
6	30054 IAZ	Cheng, Chloe	15	Pacific	9:34.58	QT
7	35308 IAFO	Koenig, Luisa Marie Jeana	17	LRC	9:43.94	QT
8	29902 B	Lam, Cheuk Ue Natalie	15	Tai Po	9:45.35	QT
9	44479 P	Bartel, Sonia Rose	15	Island Stingrays	9:50.29	QT

Event 4 Boys 15-17 1500 LC Meter Freestyle

HKR: 15:38.76 CHEUK Ming Ho, CPS

JR: 16:00.66

AGR: 15:38.76

OQT: 15:00.99

OST: 15:28.02

18:20.31 QT Qualifying Time

Meet Qualifying: 18:20.31

	ID#	Name	Age	Team	Seed Time	
1	25777 B	Cheuk, Ming Ho	17	Chi Pui	15:25.42	QT
2	21052 B	Thorley, William Yan	17	Sha Mei 318	16:03.66	QT
3	28345 B	Sum, Ka Lok Leo	16	White Dolphin	16:16.21	QT
4	30192 B	Whittington, Peter Harry	15	Dali Swimming Club	16:19.21	QT
5	24648 B	Kwok, Chun Hei	15	Hoi Tin	16:21.51	QT
6	22009 IAZ	Eng, Matthew Tingchen	15	Pacific	16:33.38	QT
7	23092 B	Chan, Chun Yip Jonathan	16	Happy Valley	16:39.58	QT
8	20379 IAZ	Lam, Chak Fung	17	Happy Valley	16:58.53	QT
9	27061 IAZ	Chow, Ching Hei Julian	16	South China	17:00.78	QT
10	25326 B	Lam, Tsz Him	15	Happy Valley	17:05.02	QT
11	25889 IAZ	Chung, Yu Jing	15	Hoi Tin	17:22.75	QT
12	22824 IAZ	Wong, Lok Kan	15	Hoi Tin	17:25.73	QT
13	26608 #B	Tang, Ho Sum	16	Hoi Tin	17:34.00	QT
14	26950 P	Xiang, Haofeng	17	Win Tin	18:20.31	QT

Event 5 Girls 18 & Over 800 LC Meter Freestyle

HKR: 8:41.66 AU Hoi Shun Stephanie, DWA

OQT: 8:33.36

OST: 8:48.76

9:50.29 QT Qualifying Time

Meet Qualifying: 9:50.29

	ID#	Name	Age	Team	Seed Time	
1	16884 IAZ	Wong, Cho Ying	18	Win Tin	8:50.49	QT
2	19207 B	Nip, Tsz Yin	19	Eastern Winter	9:06.55	QT
3	09959 IAZ	Mok, Hoi Man Sheron	24	Pacific	9:11.74	QT
4	09770 IA	Li, Hannah Hang Fung	22	Kwan Hung	9:16.57	QT
5	18545	Lam, Pac Tung Nikita	19	Tai Po	9:29.73	QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 6 Boys 18 & Over 1500 LC Meter Freestyle

HKR: 15:38.76 CHEUK Ming Ho, CPS

OQT: 15:00.99

OST: 15:28.02

18:20.31 QT Qualifying Time

Meet Qualifying: 18:20.31

	ID#	Name	Age	Team	Seed Time	
1	21622 IAZ	Lam, Chak Hang	18	Happy Valley	15:49.50	QT
2	03439 IAZ	Sin, Chin Ting Keith	24	South China	16:26.97	QT
3	05296 B	Hui, Chun Hin	26	Eastern Winter	16:43.89	QT
4	18172 B	Tsang, Tsz Ho	21	Happy Valley	16:50.00	QT
5	23101 #P	Li, Chun Yin Jason	18	Happy Valley	16:56.25	QT
6	05302 IAZ	Poon, Ching Leung Sunny	24	Tai Po	17:34.10	QT
7	22270 B	Law, Lok Yin Alvin	18	Tuen Mun	18:00.20	QT

Event 7 Girls 10 & Under 100 LC Meter Freestyle

HKR: 53.32 HAUGHEY Siobhan Bernadette SCA

JR: 54.47

AGR: 1:02.44

OQT: 54.38

OST: 56.01

1:13.97 QT Qualifying Time

Meet Qualifying: 1:13.97

	ID#	Name	Age	Team	Seed Time	
1	37875 B	Chan, Yuk Yan	10	Hoi Tin	1:11.02	QT
2	34493 B	Yuen, Ho Yau Sophie	10	Win Tin	1:11.67	QT
3	35345 B	Ho, Tin Wing	9	Hoi Tin	1:11.98	QT
4	36832 IAZ	Lee, Hon Sum Samantha	10	South China	1:13.52	QT
5	38541 B	Lam, Tsz Yau	10	Lai Wa	1:13.59	QT
6	38270 #P	Worthington, Poppy Mei	10	Chi Pui	1:13.97	QT
7	40407 B	Chan, Lok Tung	10	Dali Swimming Club	1:13.97	QT
8	37874 IAZ	Choi, Hiu Ying	9	Hoi Tin	1:13.97	QT
9	42911 IAZ	Ma, Hiu Tung	10	Happy Valley	1:13.97	QT
10	42618 B	Yu, Hau Yi	10	Happy Valley	1:13.97	QT
11	36101 B	Tang, Tsz Ching Selina	10	Kowloon City	1:13.97	QT
12	38978 IAZ	Sundjaja, Oceana	10	Tai Po	1:13.97	QT
13	35553 B	Chan, Hin Yau	10	Win Tin	1:13.97	QT
14	42048 IAZ	Lee, Cynthia Shin Kiu	9	Win Tin	1:13.97	QT
15	35752 B	Li, Cheuk Yiu	10	Win Tin	1:13.97	QT
16	40450 IAZN	Zhou, Ha Mi	10	Win Tin	1:13.97	QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 8 Boys 10 & Under 100 LC Meter Freestyle

HKR: 49.22 TO Kenneth King Him, LWS

JR: 51.24

AGR: 1:02.87

OQT: 48.57

OST: 50.03

1:13.03 QT Qualifying Time

Meet Qualifying: 1:13.03

	ID#	Name	Age	Team	Seed Time
1	36457 B	Wong, Kaden Lok Fung	10	Hoi Tin	1:04.23 QT
2	36592 B	Lau, Ka Long	10	White Dolphin	1:08.11 QT
3	37574 P	Chen, Eric Q	10	Island Stingrays	1:09.40 QT
4	34487 B	Ma, Ko Kwan	10	Win Tin	1:09.78 QT
5	37663 IAZ	Yan, Kyle	10	Hoi Tin	1:09.90 QT
6	39781 B	Tsang, Pak Yiu	10	Tai Po	1:10.00 QT
7	37997 #B	Leung, Jaden Yui Him	10	Tai Po	1:10.22 QT
8	37420 #IAZ	Ko, Chin Fung	10	Dik Wing	1:10.68 QT
9	36149 IAZ	Lau, Chit Hin	10	Happy Valley	1:10.74 QT
10	42638 #IAZ	Ong, Sheng Shu David	10	Candy Row	1:11.04 QT
11	39573 B	Lee, Chak Fung Jaiden	10	Happy Valley	1:11.93 QT
12	38452 IAZ	Yang, Kwan Ho Alexander	10	CYM	1:13.03 QT
13	33743 B	Fu, Yin Ho Anson	10	Dali Swimming Club	1:13.03 QT
14	41268 #IAZ	Tan, Pak Hei Brian	9	Dik Wing	1:13.03 QT
15	44135 B	So, Chun Hei	10	Penguin	1:13.03 QT
16	43221 IAZ	Wang, Tsz Hang Steven	10	Sword Fish Club	1:13.03 QT
17	39578 P	Yan, Ho Yeung	10	Tai Po	1:13.03 QT
18	40105 B	Chan, Tsz Kiu	10	White Dolphin	1:13.03 QT
19	40532 B	Dong, Xueyou Derek	10	Win Tin	1:13.03 QT
20	36946 B	Lee, Chung Hei	10	Win Tin	1:13.03 QT
21	40534 IAZ	Yang, Yu Jie Jesse	10	Win Tin	1:13.03 QT

Event 9 Girls 11-12 100 LC Meter Freestyle

HKR: 53.32 HAUGHEY Siobhan Bernadette SCA

JR: 54.47

AGR: 57.77

OQT: 54.38

OST: 56.01

1:07.41 QT Qualifying Time

Meet Qualifying: 1:07.41

	ID#	Name	Age	Team	Seed Time
1	31469 B	Lee, Si Yao Peony	12	South China	1:01.57 QT
2	31657 IAZ	Chan, Lok Mei	11	Happy Valley	1:02.76 QT
3	35996 #IAZ	Yau, Tsz Ching	11	Hoi Tin	1:04.01 QT
4	31442 B	Lee, Fei Er Josephine	12	Hoi Tin	1:04.10 QT
5	33715 IAZ	Ma, Gilaine	11	Tai Po	1:04.11 QT
6	30756 #B	Hui, Yan Ching	12	Hoi Tin	1:04.58 QT
7	34853 B	Uhi, Viviana Marise	12	Hoi Tin	1:04.74 QT
8	37017 IAZ	Chan, Tsun Wing	12	Hoi Tin	1:05.18 QT
9	31597 B	Ng, Cheuk Yan	12	Hoi Tin	1:05.60 QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 9 ... (Girls 11-12 100 LC Meter Freestyle)

10	36728 IAZ	Ng, Suet Ying	11	Hoi Tin	1:05.61	QT
11	32322 B	Yau, Tsz Pui	12	Win Tin	1:06.19	QT
12	35988 P	Lee, Jeanelle Faith	12	South China	1:06.56	QT
13	38025 B	Chan, Wing Yan Cynthia	11	Kwun Tong	1:06.63	QT
14	31707 #B	Tung, Sze Mang	11	Happy Valley	1:07.11	QT
15	40275 #B	Noyes, Kaya	11	Chi Pui	1:07.41	QT
16	38628 IAZ	Ho, So Wai	11	Happy Valley	1:07.41	QT
17	38627 IAZ	Ho, So Yu	11	Happy Valley	1:07.41	QT
18	36048 P	Mattoli, Chiara Barbara Mari	12	LRC	1:07.41	QT
19	28426 B	Chung, Hoi Ching	12	Win Tin	1:07.41	QT

Event 10 Boys 11-12 100 LC Meter Freestyle

HKR: 49.22 TO Kenneth King Him, LWS

JR: 51.24

AGR: 57.02

OQT: 48.57

OST: 50.03

1:05.13 QT Qualifying Time

Meet Qualifying: 1:05.13

ID#	Name	Age	Team	Seed Time	
1	31666 #IAZ	12	Hoi Tin	58.64	QT
2	39777 B	12	Candy Row	59.73	QT
3	36166 IAZ	12	Dik Wing	59.95	QT
4	34048 #IAZ	12	Hoi Tin	1:02.11	QT
5	40664 #IAZ	12	Hoi Tin	1:02.81	QT
6	37575 P	12	Island Stingrays	1:03.66	QT
7	34526 B	12	Win Tin	1:04.23	QT
8	31787 #IAZ	12	Dik Wing	1:04.51	QT
9	35145 IAZ	11	Chi Pui	1:05.13	QT
10	37018 IAZ	12	Chi Pui	1:05.13	QT
11	35401 IAZ	12	Dik Wing	1:05.13	QT
12	36157 IAZ	11	Dik Wing	1:05.13	QT
13	33470 IAZ	12	Kowloon City	1:05.13	QT
14	36618 B	12	Kwun Tong	1:05.13	QT
15	37937 IAZ	12	South China	1:05.13	QT
16	35514 B	12	South China	1:05.13	QT
17	41006 IAZ	12	Sword Fish Club	1:05.13	QT
18	31676 #B	12	Tai Po	1:05.13	QT
19	34527 B	12	Win Tin	1:05.13	QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 11 Girls 13-14 100 LC Meter Freestyle

HKR: 53.32 HAUGHEY Siobhan Bernadette SCA
 JR: 54.47
 AGR: 56.07
 OQT: 54.38
 OST: 56.01

1:03.87 QT Qualifying Time

Meet Qualifying: 1:03.87

	ID#	Name	Age	Team	Seed Time
1	26541 B	Lee, Yan Hei	14	Win Tin	57.12 QT
2	29632 IAZ	Tse, On Ching	13	Tai Po	57.15 QT
3	29240 B	Chu, Sarah Ting Yan	14	South China	58.96 QT
4	27089 B	Chan, Ying Sen	14	Hoi Tin	59.23 QT
5	25607 IAZ	Lau, Ping Yi Audrey	14	Hoi Tin	59.27 QT
6	30455 B	Lui, Ho Yee Chloe	14	Win Tin	59.55 QT
7	29519 IAZ	Hung, Lok Ching	14	Happy Valley	59.79 QT
8	26940 B	Yau, Yee Shun Hannah	14	Tai Po	59.87 QT
9	29211 B	Hsieh, Hoi Ying Katrina	14	South China	59.89 QT
10	27774 B	Lam, Hoi Ching Summer	14	South China	59.93 QT
11	25098 B	Fung, Suet Ying Chloe	14	Win Tin	1:00.36 QT
12	31301 IAZ	To, Wing Yan	13	Sha Mei 318	1:01.21 QT
13	29449 B	Leung, Wing Tsun Rachel	13	Win Tin	1:01.21 QT
14	31348 #B	Ma, Wing Yu	14	Happy Valley	1:01.63 QT
15	33492 IAZ	Chu, Ching Yin Annika	13	South China	1:01.71 QT
16	31869 IAZ	Ma, Gian	14	Tai Po	1:01.71 QT
17	25101 B	Ng, Sze Kwan	13	Kowloon Tong Club	1:02.19 QT
18	29936 #IAZ	Yim, Tsz Kiu Jasmine	14	Dali Swimming Club	1:02.27 QT
19	33185 IAX	Tso, Chau Ho	14	Win Tin	1:02.27 QT
20	33749 P	Standing, Emma	14	South China	1:02.53 QT
21	28048 IAZ	Wong, Ka Hei	14	Hoi Tin	1:02.59 QT
22	33759 B	Mak, Hoi Ching	13	Hoi Tin	1:02.60 QT
23	27414 B	Kwan, Yuet Yin Niki	14	Hoi Tin	1:02.87 QT
24	30871 P	Pouillart, Chloe Chin	14	Island Stingrays	1:03.21 QT
25	34827 B	Kong, Charis	13	Tai Po	1:03.26 QT
26	31701 #IAZ	Yu, Tsz Wing	14	South China	1:03.29 QT
27	37157 B	Lam, Lok Hei	13	Csu	1:03.87 QT
28	44478 P	Bartel, Celia Rae	13	Island Stingrays	1:03.87 QT
29	42465 ICO	Chorus, Mieke Pauline	14	Island Stingrays	1:03.87 QT
30	27953 IAO	Chow, Andrea	14	Hoi Tin	1:03.87 QT
31	24409 #B	Chiu, Hei Ching	14	Kowloon Tong Club	1:03.87 QT
32	37802 IAZ	Hung, Sze Yiu	14	Pacific	1:03.87 QT
33	37765 B	Cheng, Ching Tung	13	Win Tin	1:03.87 QT
34	36950 IAZ	Hung, Pik Yin	13	Win Tin	1:03.87 QT

Dear Beauté

HIMAWARI
ひまわり



speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 12 Boys 13-14 100 LC Meter Freestyle

HKR: 49.22 TO Kenneth King Him, LWS

JR: 51.24

AGR: 52.80

OQT: 48.57

OST: 50.03

59.24 QT Qualifying Time

Meet Qualifying: 59.24

	ID#	Name	Age	Team	Seed Time
1	32248 B	Li, Sing Hoi	14	Win Tin	52.12 QT
2	29257 B	He, Shing Ip	14	Chi Pui	55.08 QT
3	28763 B	Lau, Alan Tsz Lun	14	Win Tin	55.43 QT
4	35894 B	Chui, Ka Yeung	13	Win Tin	56.52 QT
5	24292 B	Chu, Hon Hei	13	White Dolphin	57.02 QT
6	32463 IAZ	Chan, Austin	13	Dik Wing	57.20 QT
7	29545 IAZN	Cheung, Cheuk To	13	Tai Po	57.30 QT
8	29218 IAZ	Choi, Ming Hon Marcus	14	South China	57.42 QT
9	30572 B	Leung, Sze Hang	13	Chi Pui	57.83 QT
10	30798 IAZ	Yeung, Hei Pui	14	Dali Swimming Club	57.93 QT
11	35820 #IAO	Yeung, Matthew	13	Tai Po	58.03 QT
12	27542 B	Richard, Melvyn Chan	14	South China	58.52 QT
13	36000 B	Chan, Chi Chung	13	White Dolphin	58.85 QT
14	34754 IAO	Payer Emeric, Yat-long Franc	14	South China	59.09 QT
15	33946 B	Siu, Yi Lok	13	Tai Po	59.14 QT
16	33197 P	Hebrard, Paul	13	Island Stingrays	59.24 QT
17	36912 IAZ	Wong, Kwan Pui	14	Hoi Tin	59.24 QT
18	31547 B	Hui, Siu Ting	13	Win Tin	59.24 QT
19	25990 B	Leung, Siu Hei	14	Win Tin	59.24 QT

Event 13 Girls 15-17 100 LC Meter Freestyle

HKR: 53.32 HAUGHEY Siobhan Bernadette SCA

JR: 54.47

AGR: 54.47

OQT: 54.38

OST: 56.01

1:02.90 QT Qualifying Time

Meet Qualifying: 1:02.90

	ID#	Name	Age	Team	Seed Time
1	22347 B	Wong, Sze Ting	15	Win Tin	55.22 QT
2	21383 B	Ho, Nam Wai	17	Win Tin	55.77 QT
3	25340 B	Leung, Yan Tung	17	Tai Po	57.56 QT
4	22622 IAZ	Yip Charis Gabrielle, Chak Y	16	Happy Valley	58.44 QT
5	23349 IAZ	Leung, Hui Tung	17	Hoi Tin	59.25 QT
6	28897 IAZ	Loo, Tsz Ki Cherrie	15	Dik Wing	59.45 QT
7	28081 B	Cheung, Hoi Lam	15	White Dolphin	59.47 QT
8	20769 B	Yeung, Tsoi Yuk	16	Dik Wing	59.76 QT
9	27620 P	Saunders, Jade Rose	16	Satellite	59.80 QT
10	29111 B	Chan, Lok Wai	15	Happy Valley	59.85 QT
11	31001 IAZ	Shen, Cheuk Ki	15	Dik Wing	59.91 QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 13 ... (Girls 15-17 100 LC Meter Freestyle)

12	36857 IAZ	Liu, Ming Xin Stephanie	16	Hoi Tin	1:00.15	QT
13	20885 B	Tsang, Hoi Lan	17	Giant Whale	1:00.59	QT
14	38248 P	Du, Zheng	15	Flying Dragon	1:00.59	QT
15	35757 IAZ	Wang, Ho Yan	15	Flying Dragon	1:00.81	QT
16	26508 P	Lindsay, Alys Okabe Yuqi	16	Island Stingrays	1:01.41	QT
17	28916 P	Park, Laura Heesun	15	Island Stingrays	1:01.57	QT
18	34404 IAZ	Hobson, Kimberly Erin	15	South China	1:01.75	QT
19	29498 B	Tang, Yee Man	15	Dik Wing	1:01.87	QT
20	40273 P	Kerrigan, Nathalie	16	Island Stingrays	1:02.12	QT
21	27385 IAZ	Lam, Michelle Hiu-tung	16	South China	1:02.24	QT
22	27659 P	Lai, Lok Yee	16	Giant Whale	1:02.53	QT
23	26816 P	Byun, Sun Young	15	Island Stingrays	1:02.60	QT
24	33429 P	Lee, Josephine Jungha	15	Island Stingrays	1:02.90	QT
25	34590 P	Won, Elizabeth Jiho	15	Island Stingrays	1:02.90	QT

Event 14 Boys 15-17 100 LC Meter Freestyle

HKR: 49.22 TO Kenneth King Him, LWS

JR: 51.24

AGR: 50.48

OQT: 48.57

OST: 50.03

55.38 QT Qualifying Time

Meet Qualifying: 55.38

	ID#	Name	Age	Team	Seed Time	
1	22533 IAZ	Ng, Cheuk Yin	17	Tai Po	49.86	QT
2	25777 B	Cheuk, Ming Ho	17	Chi Pui	49.89	QT
3	25254 B	Ho, Siu Lun	15	Dali Swimming Club	51.56	QT
4	21248 B	Lau, Ping Chi	17	Hoi Tin	51.62	QT
5	20289 IAZ	Tsui, Wai Chi	17	Win Tin	52.52	QT
6	19179 B	Tam, Sze Shing Thomas	17	Win Tin	52.71	QT
7	22824 IAZ	Wong, Lok Kan	15	Hoi Tin	53.22	QT
8	28636 B	Chan, Tsz Chiu	16	Keung Sang	53.38	QT
9	31264 IAZ	Tam, Chun Yik	17	Hoi Tin	53.51	QT
10	24901 IAZ	Yau, Alfred Kap Fong	16	South China	53.53	QT
11	25138 B	Chan, Long Yin	17	Hoi Tin	54.05	QT
12	26123 IAZ	Wong, Wai Lun	17	Hoi Tin	54.20	QT
13	30499 IAO	Chan, Nathan	16	Dik Wing	54.42	QT
14	27064 P	Yeoh, Nathaniel Min-kye	16	LRC	54.43	QT
15	26160 IAZ	Fu, Chun	17	Tai Po	54.43	QT
16	20763 IAX	Fok, Chun Wang Anthony	17	Dali Swimming Club	54.54	QT
17	28345 B	Sum, Ka Lok Leo	16	White Dolphin	54.70	QT
18	17507 B	Leung, Cheuk Fung	17	Dali Swimming Club	54.79	QT
19	28863 B	Leung, Chun Him	16	Dali Swimming Club	55.09	QT
20	28931 #IAZ	Mok, Ho Yin	16	Dik Wing	55.38	QT
21	31576 IAZ	McGovern, James Daniel John	15	LRC	55.38	QT
22	29002 B	Wong, Lui	15	Win Tin	55.38	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 15 Girls 18 & Over 100 LC Meter Freestyle

HKR: 53.32 HAUGHEY Siobhan Bernadette SCA
 OQT: 54.38
 OST: 56.01

1:02.90 QT Qualifying Time

Meet Qualifying: 1:02.90

ID#	Name	Age	Team	Seed Time	
1	04515 ICZ	Sze, Hang Yu	31 Win Tin	55.23	QT
2	05641 IBZ	Chan, Kin Lok	25 Win Tin	57.04	QT
3		Buadromo, Matelita	23 Fiji Swimming	X57.93	QT
4	16884 IAZ	Wong, Cho Ying	18 Win Tin	58.46	QT
5	21953 B	Chan, Tsz Ching	19 Happy Valley	59.48	QT
6	09959 IAZ	Mok, Hoi Man Sheron	24 Pacific	59.58	QT
7	17278 B	Wong, Sze Kiu	20 Tai Po	59.82	QT
8	18227 IAZ	Tse, Ching Ting	19 Lai Wa	59.90	QT
9	21701 IAZ	Hui, Ka Lai	20 Kowloon Tong Club	1:01.10	QT
10	19093 B	Hung, Hiu Yan	18 Dali Swimming Club	1:02.35	QT
11	17084 IAZ	Lau, Sze Wing	21 Hoi Tin	1:02.90	QT
12	44965 P	Babic, Dusica	19 Tai Po	1:02.90	QT
13	16235 D	Tsui, Sze Yu	20 Win Tin	1:02.90	QT

Event 16 Boys 18 & Over 100 LC Meter Freestyle

HKR: 49.22 TO Kenneth King Him, LWS
 OQT: 48.57
 OST: 50.03

55.38 QT Qualifying Time

Meet Qualifying: 55.38

ID#	Name	Age	Team	Seed Time	
1	15203 B	Lam, Ho Yin Martin	20 Jockey Club	49.53	QT
2	07734 P	Wong, Chen Ho Jeremy	25 Hoi Tin	50.02	QT
3	10565 B	Chan, Chun Hei	23 Juan Hua Club	51.03	QT
4	00421 IAZ	Mak, Ho Lun Raymond	27 Hoi Tin	51.32	QT
5	36082 IAZ	Baron van Voorst Tot, Voorst	18 Pacific	52.77	QT
6	08999 B	Ho, Tin Long	22 Win Tin	52.78	QT
7	21094 IAZ	Leung, Chun Hei Bryan	18 Win Tin	53.02	QT
8	19092 IAZ	Wong, Ming Hong	19 Hoi Tin	54.00	QT
9	12303 IAZ	Ng, Yan Kin	22 Hoi Tin	55.38	QT
10	22222 #B	Wong, Cheuk Hei	19 Hoi Tin	55.38	QT
11	05302 IAZ	Poon, Ching Leung Sunny	24 Tai Po	55.38	QT

Event 17 Girls 10 & Under 100 LC Meter Breaststroke

HKR: 1:07.69 KONG Yvette Man Yi, SCA
 JR: 1:11.30
 AGR: 1:18.24
 OQT: 1:07.07
 OST: 1:09.08

1:36.59 QT Qualifying Time

Meet Qualifying: 1:36.59

ID#	Name	Age	Team	Seed Time	
1	39179 #B	Man, Wui Kiu	10 Chi Pui	1:26.57	QT

Dear Beauté

HIMAWARI
ひまわり



HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 17 ... (Girls 10 & Under 100 LC Meter Breaststroke)

2	37958 IAZ	Tso, Georgina	10	South China	1:27.10	QT
3	35942 B	Choi, Man Yuk	10	Win Tin	1:29.56	QT
4	36634 #B	Mak, Ka Hei	10	Tai Po	1:29.82	QT
5	40887 IAZ	Au-Yeung, Sze Ching	10	Chi Pui	1:29.99	QT
6	35670 B	Cheung, Wing Yi Claire	10	Jockey Club	1:30.62	QT
7	34493 B	Yuen, Ho Yau Sophie	10	Win Tin	1:30.70	QT
8	38756 B	Pak, Yan Ting Emily	10	Dali Swimming Club	1:30.84	QT
9	42134 #IAZN	Tang, Kai Ting	9	Hoi Tin	1:31.16	QT
10	43337	Zhou, Xiaolin	10	Hoi Tin	1:31.41	QT
11	34073 B	Iu, Ka Yee	10	Win Tin	1:32.19	QT
12	35938 B	Chu, Wai Kiu	10	Win Tin	1:33.09	QT
13	35932 B	Wong, Sze Laam Serena	9	Win Tin	1:33.74	QT
14	38624 B	Li, Yan Wing	10	Tai Po	1:34.25	QT
15	41594 IAZ	Wan, Tsz Yau	9	Jockey Club	1:35.58	QT
16	43099 IAZ	Ng, Hoi Ching	10	Pacific	1:35.79	QT
17	42450 B	Yu, Hei Tung	10	New Wave	1:36.59	QT
18	39565 B	Lau, Yee Chun	10	Dali Swimming Club	1:36.59	QT
19	38940 IAZ	Kan, Sum Yin	9	Lai Wa	1:36.59	QT
20	35752 B	Li, Cheuk Yiu	10	Win Tin	1:36.59	QT

Event 18 Boys 10 & Under 100 LC Meter Breaststroke

HKR: 1:01.91 Kenneth King Him, LWS

JR: 1:05.29

AGR: 1:18.73

OQT: 59.93

OST: 1:01.73

1:35.72 QT Qualifying Time

Meet Qualifying: 1:35.72

	ID#	Name	Age	Team	Seed Time	
1	40651 P	Leung, Tsz Ming	10	White Dolphin	1:21.52	QT
2	34355 IAZ	Kwan, Tsun Man	10	South China	1:27.14	QT
3	38214 IAZ	Chan, Wai Ching Adrian	9	Pacific	1:27.71	QT
4	38622 IAZ	Lee, Kai Ho Kyle	10	Tai Po	1:29.01	QT
5	38670 P	Joyce, Kaenan James	10	South China	1:29.20	QT
6	42638 #IAZ	Ong, Sheng Shu David	10	Candy Row	1:29.99	QT
7	40537 B	Tsang, Kai Wai	10	Win Tin	1:30.29	QT
8	35347 IAZ	Leung, Chak Wai Adrian	10	Hoi Tin	1:31.22	QT
9	34958 IAZ	So, Chun Yu	10	Win Tin	1:31.82	QT
10	36731 IAZ	Ho, Aidan Hui Ming	10	Hoi Tin	1:34.25	QT
11	39084 B	Chan, See Nok Feliz	9	Win Tin	1:35.70	QT
12	37160 IAZ	To, Kwan Yu	10	Hoi Tin	1:35.72	QT
13	43816 #P	Wu, Yulun	9	Hoi Tin	1:35.72	QT
14	38676 IAZ	Mak, Chung Hang	10	Happy Valley	1:35.72	QT
15	33596 B	Chan, Chun Wing Kyle	10	Lai Wa	1:35.72	QT
16	36164 IAZ	Lai, Wan Ki	10	Pacific	1:35.72	QT
17	38819 IAZ	Long, Clarence	10	Pacific	1:35.72	QT
18	36805 #B	Chan, Leong To	9	Tai Po	1:35.72	QT

Dear Beauté

HIMAWARI
ひまわり葡萄道
Sport

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 19 Girls 11-12 100 LC Meter Breaststroke

HKR: 1:07.69 KONG Yvette Man Yi, SCA

JR: 1:11.30

AGR: 1:12.78

OQT: 1:07.07

OST: 1:09.08

1:25.51 QT Qualifying Time

Meet Qualifying: 1:25.51

	ID#	Name	Age	Team	Seed Time
1	33815 IAZ	Wong, Hin Yi	12	Tai Po	1:15.93 QT
2	31524 B	Chu, Wai Ki	12	Win Tin	1:16.18 QT
3	35996 #IAZ	Yau, Tsz Ching	11	Hoi Tin	1:18.48 QT
4	28258 #B	Chan, Hong Yin Kara	12	Dali Swimming Club	1:19.66 QT
5	37035 IAZ	Ip, Ka Wei Katherine	12	Happy Valley	1:19.75 QT
6	34032 B	Ma, Hei Tung	11	Hoi Tin	1:20.63 QT
7	33742 IAZ	Lam, Chelsie	11	Dali Swimming Club	1:20.84 QT
8	35034 #IAZ	Tsui, Tsz Chin Chloris	12	Hoi Tin	1:22.06 QT
9	34853 B	Uhi, Viviana Marise	12	Hoi Tin	1:22.06 QT
10	33520 IAZ	Chen, Wing Kiu	12	South China	1:22.15 QT
11	35358 B	Ng, Yuen Chi Denise	12	YMCA OF Hong Kong	1:22.48 QT
12	32452 B	Wong, Cheuk Yan Danielle	11	Win Tin	1:22.58 QT
13	29843 B	Lai, Tsz Yan	11	Win Tin	1:22.88 QT
14	35895 #B	Ting, Sin Heng Shannon	11	Hoi Tin	1:23.05 QT
15	38297 IAX	Cheung, Hau Wing	11	Lai Wa	1:23.32 QT
16	41026 IAZ	Wong, Yat Ching	11	Tai Po	1:23.35 QT
17	31515 B	So, Yeuk Lam Bianca	11	Win Tin	1:23.68 QT
18	31313 B	Ly, Sinead Tsz Man	12	Tai Po	1:23.75 QT
19	35884 P	Ducanois, Charlotte Jillian	12	Island Stingrays	1:24.09 QT
20	35209 B	Yang, Hoi Nei	12	White Dolphin	1:24.32 QT
21	36236 B	Chan, Lok Yee	12	Lai Wa	1:24.93 QT
22	38455 IAZ	Tse, Hoi Ting Samantha	11	CYM	1:25.31 QT
23	31462 #B	Li, In Wai	11	Hoi Tin	1:25.51 QT

Event 20 Boys 11-12 100 LC Meter Breaststroke

HKR: 1:01.91 Kenneth King Him, LWS

JR: 1:05.29

AGR: 1:09.54

OQT: 59.93

OST: 1:01.73

1:20.90 QT Qualifying Time

Meet Qualifying: 1:20.90

	ID#	Name	Age	Team	Seed Time
1	30733 B	Lai, King Wo	12	Win Tin	1:13.65 QT
2	36784 #B	Judkins, Grant Russell	12	Tai Po	1:13.76 QT
3	33922 P	So, Kwun Wa	12	White Dolphin	1:14.46 QT
4	30574 IAZ	Cheung, Ryan	12	Chi Pui	1:14.79 QT
5	29688 B	Cheung, Ka Ming	12	White Dolphin	1:15.29 QT
6	35893 B	Cheung, King Long	12	Chi Pui	1:16.90 QT
7	34083 B	Leung, Chun Wai Tony	12	Win Tin	1:17.02 QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 20 ... (Boys 11-12 100 LC Meter Breaststroke)

8	35805 B	So, Chun Hin	12	Pacific	1:17.77	QT
9	33793 IAZ	Tam, Ka Shek	12	Win Tin	1:17.96	QT
10	31670 B	Yau, Kar Ho Alex	12	Tai Po	1:19.70	QT
11	33761 IAZ	Wong, Tsz Chun	12	Hoi Tin	1:20.31	QT
12	33943 B	Lee, Chun Him	12	Lai Wa	1:20.51	QT
13	45057 ICO	Caglar, Mehmet Emre	12	Island Stingrays	1:20.90	QT
14	38113 P	Shu, Parker Pai-Kai	12	Island Stingrays	1:20.90	QT
15	38227 IAZ	Lo, Tsz Lam	12	Pacific	1:20.90	QT
16	35489 B	Yu, Chun Hei	12	Tai Po	1:20.90	QT
17	34527 B	Chan, Wai Fung	12	Win Tin	1:20.90	QT
18	33588 B	Chan, Yan Lok	11	Win Tin	1:20.90	QT

Event 21 Girls 13-14 100 LC Meter Breaststroke

HKR: 1:07.69 KONG Yvette Man Yi, SCA

JR: 1:11.30

AGR: 1:11.31

OQT: 1:07.07

OST: 1:09.08

1:24.31 QT Qualifying Time

Meet Qualifying: 1:24.31

	ID#	Name	Age	Team	Seed Time	
1	30744 B	Hui, Ka Ling	14	Win Tin	1:12.72	QT
2	31033 IAZ	Ho, Wan Yui	13	Flying Dragon	1:13.80	QT
3	27647 IAZ	Tam, Yik Shan	14	Pacific	1:14.21	QT
4	29196 B	Yip, Hiu Lok	14	Tai Po	1:15.13	QT
5	34523 #B	Yeung, Kei Yau Carina	13	Kowloon Tong Club	1:15.36	QT
6	34810 #IAZ	Chan, Chi Ting	13	Tai Po	1:15.86	QT
7	35365 B	Choy, Lai Lam	13	Hoi Tin	1:16.15	QT
8	33492 IAZ	Chu, Ching Yin Annika	13	South China	1:16.67	QT
9	26665 IAZ	Chan, Yuen Ting Charmaine	13	South China	1:16.98	QT
10	39592 #IAZ	Sng, Yan Megan	14	Dik Wing	1:17.16	QT
11	33004 B	So, Reenie	14	Win Tin	1:17.27	QT
12	30417 B	Lowery, Jo Jo	14	YMCA OF Hong Kong	1:18.63	QT
13	25053 IAZ	Chiu, Wing Yiu	14	Win Tin	1:19.41	QT
14	33129 IAZ	Lau, Yui Sze	13	Sword Fish Club	1:19.63	QT
15	32497 B	Chan, Hoi Ki Kelly	13	Win Tin	1:19.73	QT
16	30871 P	Pouillart, Chloe Chin	14	Island Stingrays	1:19.91	QT
17	28646 P	Chan, Tsz Kei	14	South China	1:19.99	QT
18	35585 IAZ	Tse, Miu Chin	13	Sword Fish Club	1:20.09	QT
19	26763 B	Kwok, Sze Ming	13	Win Tin	1:20.10	QT
20	30227 B	Yau, Hoi Ting	13	Win Tin	1:20.65	QT
21	38578 IAO	Ng, Vianca	14	Dik Wing	1:20.81	QT
22	34467 B	Chan, Tsz Ching	13	Sea Lion	1:20.81	QT
23	33140 B	Choi, Ka Wai	13	Long Fame	1:20.96	QT
24	36319 IAZN	Yim, Ying Oi Kelly	13	Tai Po	1:20.99	QT
25	31053 B	Imura, Hanna	14	Pacific	1:21.00	QT
26	29005 B	Quah, Cheng Xi Inez	14	Jockey Club	1:21.16	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 21 ... (Girls 13-14 100 LC Meter Breaststroke)

27	33886 IAZ	Leung, Chung Hang Jade	13	Sword Fish Club	1:21.35	QT
28	35939 #B	Wei, Shi Yao	13	Happy Valley	1:21.51	QT
29	30695 B	Kwong, Cheuk Chi	14	Flying Fish	1:21.66	QT
30	37765 B	Cheng, Ching Tung	13	Win Tin	1:21.80	QT
31	37585 P	Hsu, Lauren Kan Ru	13	Island Stingrays	1:22.35	QT
32	38077 #ICO	Senturk, Mia Johanna	14	Esf	1:23.28	QT
33	22959 B	Kwok, Wai Lam	14	Tai Po	1:23.32	QT
34	35535 IAZ	Deng, Mei Kwan	14	Sword Fish Club	1:23.69	QT
35	34472 IAZ	Li, Yau	14	Delta	1:23.99	QT
36	37583 ICO	Yates, Emily Elizabeth	14	Island Stingrays	1:24.31	QT
37	29637 IAZ	Wong, Chung Laam Stephanie	14	Kwun Tong	1:24.31	QT
38	30734 B	Wong, Lok Yin Patience	13	Win Tin	1:24.31	QT
39	38071 #B	Yeung, Hannah	13	Win Tin	1:24.31	QT

Event 22 Boys 13-14 100 LC Meter Breaststroke

HKR: 1:01.91 Kenneth King Him, LWS

JR: 1:05.29

AGR: 1:05.29

OQT: 59.93

OST: 1:01.73

1:16.49 QT Qualifying Time

Meet Qualifying: 1:16.49

ID#	Name	Age	Team	Seed Time		
1	22961 B	Chan, Tsun Hin	14	White Dolphin	1:08.01	QT
2	28938 IAZ	To, Oscar	14	Kowloon City	1:09.59	QT
3	30899 IAZ	Wong, Adam Chun To	13	Jockey Club	1:09.88	QT
4	29579 IAZ	Kan, Tsz Chun	14	Pacific	1:10.19	QT
5	33945 B	Lai, Tsz Chun	14	Candy Row	1:10.93	QT
6	42679 IAZ	Wong, Kwan Hon	14	Win Tin	1:11.02	QT
7	30635 IAZ	So, Tsz Kin David	14	CYM	1:11.06	QT
8	31809 IAZ	Wong, Tsz Fung Justin	13	Tai Po	1:11.49	QT
9	30788 B	Leung, Yan Shing	14	Win Tin	1:11.76	QT
10	39908 ICO	Leong, Kin Rong	13	South China	1:11.85	QT
11	32776 IAZ	Lai, Wai Tsan	14	South China	1:11.87	QT
12	26751 IAZ	Kong, Chi Long	14	Kowloon City	1:11.89	QT
13	26212 #B	Ching, Wai Tsun	13	Kowloon Tong Club	1:12.03	QT
14	27117 IAZ	Tai, Ethan	14	South China	1:12.05	QT
15	30633 IAZ	Wan, Tsz Wang	13	CYM	1:12.44	QT
16	29792 #B	Leung, Tze Ngo Darren	14	Dik Wing	1:12.66	QT
17	30571 P	Li, Hao Ming	14	Hoi Tin	1:13.05	QT
18	35559 B	Yam, Ming Chit Frederick	13	Win Tin	1:13.36	QT
19	29306 #B	Cheng, Hoi Kei	14	White Dolphin	1:13.51	QT
20	32920 IAZ	Cheng, Yan Shek Isaac	13	South China	1:13.79	QT
21	31315 B	Leung, Wai Tai	13	Tai Po	1:13.99	QT
22	29849 B	Yeung, Cheuk Hay Hayden	13	Chi Pui	1:14.05	QT
23	28850 B	Lam, Yu Yeung	13	Win Tin	1:14.40	QT
24	32151 #B	Tang, Sze Ming Adrian	13	White Dolphin	1:14.99	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 22 ... (Boys 13-14 100 LC Meter Breaststroke)

25	38965 IAZ	Kwok, Chun Kiu Joshua	14	CYM	1:15.41	QT
26	32738 IAZ	Man, Ho Him	13	Lai Wa	1:15.48	QT
27	32784 IAZ	Leung, Pak Ho	13	Chi Pui	1:15.78	QT
28	27866 B	Tam, Man Chun Vincent	13	Chi Pui	1:15.98	QT
29	36178 B	Sit, Nok Yin	14	Aquatic	1:16.49	QT
30	29798 B	Chak, Yat Kiu	13	Dali Swimming Club	1:16.49	QT
31	41122 ICX	Ling, Haozhi	13	Dik Wing	1:16.49	QT
32	32060 #IAZ	Zen, Lon	13	Dik Wing	1:16.49	QT
33	36105 IAZ	Wong, Tak Yan	13	Kwun Tong	1:16.49	QT
34	37441 IAZ	Huang, Shing Hon Desmond	13	Lai Wa	1:16.49	QT
35	31822 B	Lau, Ming Yui	13	Lai Wa	1:16.49	QT
36	29215 IAZ	Lui, Pak Lok	14	South China	1:16.49	QT
37	41691 IAZ	Wyatt, George Robert	14	Satellite	1:16.49	QT

Event 23 Girls 15-17 100 LC Meter Breaststroke

HKR: 1:07.69 KONG Yvette Man Yi, SCA

JR: 1:11.30

AGR: 1:08.43

OQT: 1:07.07

OST: 1:09.08

1:23.48 QT Qualifying Time

Meet Qualifying: 1:23.48

	ID#	Name	Age	Team	Seed Time	
1	29060 IAZ	Lam, Hoi Kiu	15	Hoi Tin	1:09.57	QT
2	30054 IAZ	Cheng, Chloe	15	Pacific	1:10.59	QT
3	29139 B	Young, Sze Ki	16	Tai Po	1:11.31	QT
4	22665 IAZ	Wei, Gabrielle Jia Yun	16	Island Stingrays	1:12.59	QT
5	36857 IAZ	Liu, Ming Xin Stephanie	16	Hoi Tin	1:13.54	QT
6	22523 IAZ	Chan, Tsz Kiu	17	Happy Valley	1:13.76	QT
7	27413 B	Wong, Suet Ching	15	Happy Valley	1:15.13	QT
8	29344 B	Cheng, Cheuk Ying	16	Kwun Tong	1:17.06	QT
9	31215 #B	Ho, Venus Ching Sum	15	Tai Po	1:17.26	QT
10	29746 B	Tang, Ka Ying Lorraine	15	Jockey Club	1:17.41	QT
11	32230 B	Ko, Yu Ting	16	Giant Whale	1:17.61	QT
12	28108 B	Seeto, Wai Ching	15	Keung Sang	1:17.79	QT
13	25909 B	Lau, Hazel	17	Eastern Winter	1:17.88	QT
14	26929 B	Cheung, Yi Nian Mercedes	15	Win Tin	1:18.58	QT
15	20969 IAZ	Lui, Wing Lam	17	Lai Wa	1:18.70	QT
16	28438 B	Lam, Hiu Nam	15	Kwun Tong	1:18.76	QT
17	30999 IAZ	Lau, Tsz Ching Jaime	16	Tai Po	1:19.41	QT
18	35308 IAF0	Koenig, Luisa Marie Jeana	17	LRC	1:21.36	QT
19	32231 IAZ	Koh, Yan Ling	17	New Wave	1:21.69	QT
20	31005 IAZ	Tan, Hannah Qi Wen	17	Island Stingrays	1:21.72	QT
21	27661 IAZ	Mak, Ying Qian Phoebe	16	Giant Whale	1:22.86	QT
22	28973 IAZ	Ma, Kwai Ching Amanda	16	LRC	1:22.88	QT
23	34933 #B	Hui, Tsz Ching	15	Kwun Tong	1:22.99	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 24 Boys 15-17 100 LC Meter Breaststroke

HKR: 1:01.91 Kenneth King Him, LWS

JR: 1:05.29

AGR: 1:03.91

OQT: 59.93

OST: 1:01.73

1:11.64 QT Qualifying Time

Meet Qualifying: 1:11.64

	ID#	Name	Age	Team	Seed Time
1	22994 B	Wong, Benson	16	Dali Swimming Club	1:03.37 QT
2	26736 IAZ	Wong, Hong Kiu	17	Tai Po	1:04.13 QT
3	22987 IAZ	Yuen, Kai Ho	16	Hoi Tin	1:04.87 QT
4	22413 IAZ	Lee, Shing Yan	16	Hoi Tin	1:05.14 QT
5	28535 B	Law, Tsz Hin	17	Hoi Ngai	1:05.77 QT
6	31264 IAZ	Tam, Chun Yik	17	Hoi Tin	1:05.81 QT
7	21627 B	Au, Chun Hei	15	Dali Swimming Club	1:05.83 QT
8	26313 B	Sam, Yat Kan	16	Win Tin	1:05.84 QT
9	29599 IAZ	Lai, Ching Hei	15	Pacific	1:06.61 QT
10	25569 P	Ng, Eson	17	Dali Swimming Club	1:06.77 QT
11	29699 IAZ	Fong, Ka Yu	17	White Dolphin	1:06.92 QT
12	25050 B	Kung, Lok Sum	15	Tai Po	1:06.94 QT
13	27080 B	Chan, Tsz Chung Samuel	15	Sword Fish Club	1:06.99 QT
14	31867 #P	Lam, Ka Chun	16	Pacific	1:07.36 QT
15	29568 B	Chan, Chun Shek	16	Win Tin	1:07.54 QT
16	17949 B	Ip, Alvin Ho Shuen	17	South China	1:07.63 QT
17	33407 IAZ	Chu, Ho Yin	15	Tai Po	1:07.70 QT
18	31440 B	Lau, Yuk Hin	15	Hoi Tin	1:07.72 QT
19	27061 IAZ	Chow, Ching Hei Julian	16	South China	1:07.85 QT
20	24340 B	Chow, Cheuk Wing	17	Sea Lion	1:08.40 QT
21	31941 IAZ	Tang, Kwok Ho	15	White Dolphin	1:08.75 QT
22	25003 B	Tsui, Dylan Ethan	17	Happy Valley	1:08.78 QT
23	40109 IAZ	Lee, Chun Sing Jason	15	South China	1:09.76 QT
24	27205 P	Chan, Yan Shing	17	Win Tin	1:10.00 QT
25	22993 B	Hui, Chi Kong Matthew	15	Dali Swimming Club	1:11.64 QT
26	28996 B	Wan, Tsz Fung	16	Win Tin	1:11.64 QT

Event 25 Girls 18 & Over 100 LC Meter Breaststroke

HKR: 1:07.69 KONG Yvette Man Yi, SCA

OQT: 1:07.07

OST: 1:09.08

1:23.48 QT Qualifying Time

Meet Qualifying: 1:23.48

	ID#	Name	Age	Team	Seed Time
1	30162 ICX	Chang, Yujuan	19	Win Tin	1:08.61 QT
2	23005 B	Lam, Hiu Wai	18	Kwun Tong	1:11.78 QT
3	19152 IAZ	Cheung, Wing Yan	19	Tai Po	1:15.17 QT
4	18144 IAF	Wong, Yuk Yan	20	Hoi Tin	1:16.86 QT
5	26152 IAO	Tang, Vanessa Yik Ching	18	Sea Lion	1:21.37 QT
6	20970 IAZ	Lui, Hoi Ching	19	Lai Wa	1:23.48 QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 26 Boys 18 & Over 100 LC Meter Breaststroke

HKR: 1:01.91 Kenneth King Him, LWS

OQT: 59.93

OST: 1:01.73

1:11.64 QT Qualifying Time

Meet Qualifying: 1:11.64

	ID#	Name	Age	Team	Seed Time	
1	18823 B	Ng, Michael Yu Hin	19	Chi Pui	1:00.65	QT
2	12303 IAZ	Ng, Yan Kin	22	Hoi Tin	1:01.52	QT
3	19440 B	Chan, Chun Lok	18	Win Tin	1:03.43	QT
4		Rabua, Epeli	21	Fiji Swimming	X1:03.89	QT
5	11395 B	Chan, Yin Kwan	21	Sea Lion	1:04.15	QT
6	28758 #ICX	Yang, Jiachuan	20	Dali Swimming Club	1:04.69	QT
7	20934 B	Tang, Ho Chuen	19	Sea Lion	1:06.31	QT
8	02591	Luk, Wing Kin Andy	30	Kwan Hung	1:07.38	QT
9	22087 IAZ	Yung, Ting Cheung	19	Kowloon Tong Club	1:08.26	QT
10	24279 IAZ	Au, Chung Yin	18	White Dolphin	1:08.39	QT
11	13717 IAZ	Leung, Ho Wai	18	Hoi Tin	1:09.67	QT
12	00252	Liu, Ho Fung	27	CYM	1:10.78	QT
13	25129 B	Chan, Pak Hei	18	Sun Yip	1:11.24	QT
14	15423 IAZ	Cheung, Yau Ming	22	Giant Whale	1:11.64	QT
15	30436 IAZ	Lin, Chin Fung	18	Riverside	1:11.64	QT

Event 27 Girls 10 & Under 100 LC Meter Butterfly

HKR: 58.24 Hannah WILSON, SCA

JR: 1:00.95

AGR: 1:09.78

OQT: 57.92

OST: 59.66

1:29.75 QT Qualifying Time

Meet Qualifying: 1:29.75

	ID#	Name	Age	Team	Seed Time	
1	38033 IAZ	Cheung, Nga Yin Jodie	10	Tai Po	1:14.57	QT
2	37875 B	Chan, Yuk Yan	10	Hoi Tin	1:19.08	QT
3	43424 IAZ	Mathis, Mya Lynn	9	Tai Po	1:19.35	QT
4	36101 B	Tang, Tsz Ching Selina	10	Kowloon City	1:20.91	QT
5	34721 #B	Shum, Audrey	10	Tai Po	1:21.24	QT
6	38028 B	Leung, Evelyn Yi	10	Tai Po	1:21.42	QT
7	38798 B	Kwan, Kai Yuet Esther	10	Tai Po	1:21.43	QT
8	36634 #B	Mak, Ka Hei	10	Tai Po	1:21.57	QT
9	37687 B	Lee, Wing Yau	10	Hoi Tin	1:22.29	QT
10	38029 B	Leung, Evita Yan	9	Tai Po	1:23.14	QT
11	43293 IAZ	Chan, Yan Tung Isa	10	Winner	1:23.66	QT
12	40255 IAO	Yeung, Gisele	10	Jockey Club	1:23.99	QT
13	34073 B	Iu, Ka Yee	10	Win Tin	1:25.45	QT
14	37958 IAZ	Tso, Georgina	10	South China	1:26.42	QT
15	40963 IAZ	Chung, Wing Yee Sessie	9	Win Tin	1:27.10	QT
16	39905 IAZ	Lan, Jasmine Lauren	9	Jockey Club	1:27.36	QT
17	38211 IAZ	Tong, Wing Hang	10	Dali Swimming Club	1:28.92	QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 27 ... (Girls 10 & Under 100 LC Meter Butterfly)

18	42516 IAZ	Mao, Elizabeth	9	Happy Valley	1:29.00	QT
19	43982 IAZ	Zhang, Anne	10	Happy Valley	1:29.75	QT

Event 28 Boys 10 & Under 100 LC Meter Butterfly

HKR: 53.70 CHEAH Geoffrey, SCA

JR: 54.42

AGR: 1:10.22

OQT: 51.96

OST: 53.52

1:27.12 QT Qualifying Time

Meet Qualifying: 1:27.12

ID#	Name	Age	Team	Seed Time
1	37574 P	Chen, Eric Q	10 Island Stingrays	1:11.36 QT
2	38214 IAZ	Chan, Wai Ching Adrian	9 Pacific	1:13.01 QT
3	38701 #B	Chung, Hei Chit	10 Hoi Tin	1:13.22 QT
4	37663 IAZ	Yan, Kyle	10 Hoi Tin	1:15.89 QT
5	36149 IAZ	Lau, Chit Hin	10 Happy Valley	1:17.36 QT
6	34487 B	Ma, Ko Kwan	10 Win Tin	1:17.81 QT
7	43221 IAZ	Wang, Tsz Hang Steven	10 Sword Fish Club	1:20.46 QT
8	38083 P	Sum, Alfred Kyle	9 Hoi Tin	1:20.52 QT
9	39573 B	Lee, Chak Fung Jaiden	10 Happy Valley	1:20.75 QT
10	38670 P	Joyce, Kaenan James	10 South China	1:21.13 QT
11	44135 B	So, Chun Hei	10 Penguin	1:21.66 QT
12	38218 IAZ	Cheng, Tsz Leong Louie	10 Hoi Tin	1:22.55 QT
13	39571 #IAZ	Cheung, Chi Daniel	10 Happy Valley	1:23.54 QT
14	38125 IAZ	Hung, Lok Lam	10 Happy Valley	1:23.69 QT
15	40455 IAZ	Lam, Wai Lok	10 Happy Valley	1:23.75 QT
16	38452 IAZ	Yang, Kwan Ho Alexander	10 CYM	1:24.07 QT
17	36563 B	Leung, Hok Kiu Jason	10 Happy Valley	1:24.32 QT
18	34634 #B	Mi, Chun Wai	9 Tai Po	1:25.54 QT
19	37356 IAZ	Chan, Chee Hon Jayden	10 Tai Po	1:27.11 QT
20	36117 B	Tam, Sing Hin	10 Dali Swimming Club	1:27.12 QT
21	38836 IAZ	Siu, King To Bosco	10 Sword Fish Club	1:27.12 QT

Event 29 Girls 11-12 100 LC Meter Butterfly

HKR: 58.24 Hannah WILSON, SCA

JR: 1:00.95

AGR: 1:02.95

OQT: 57.92

OST: 59.66

1:17.10 QT Qualifying Time

Meet Qualifying: 1:17.10

ID#	Name	Age	Team	Seed Time
1	31437 B	Yeung, Hoi Ching	12 Tai Po	1:04.26 QT
2	36580 B	Tang, Man Rao Jasmine	11 Tai Po	1:08.74 QT
3	29779 #B	Hui, Choi Yan	12 Hoi Tin	1:08.80 QT
4	34310 IAZ	Siu, Wing Nam	12 Tai Po	1:09.39 QT
5	31367 B	Fong, Tsz Ying Jovanna	12 Win Tin	1:09.42 QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 29 ... (Girls 11-12 100 LC Meter Butterfly)

6	37017 IAZ	Chan, Tsun Wing	12	Hoi Tin	1:09.80	QT
7	31657 IAZ	Chan, Lok Mei	11	Happy Valley	1:10.09	QT
8	42490	Wang, Xin Tong	11	Win Tin	1:10.53	QT
9	31321 IAZ	Leung, Man Wai Yoyo	12	Pacific	1:12.16	QT
10	31406 IAZ	Tam, Agnes Ming Yee	12	Hoi Tin	1:12.43	QT
11	33948 #IAZ	Wong, Wing	11	Hoi Tin	1:12.95	QT
12	31520 B	Chan, Hiu Tung Annabel	12	Win Tin	1:14.98	QT
13	33742 IAZ	Lam, Chelsie	11	Dali Swimming Club	1:15.20	QT
14	31684 B	Ching, Wan Yui Theodora	11	Happy Valley	1:15.53	QT
15	38628 IAZ	Ho, So Wai	11	Happy Valley	1:15.75	QT
16	38627 IAZ	Ho, So Yu	11	Happy Valley	1:15.98	QT
17	32777 P	Ho, Natalie Jade	12	South China	1:16.13	QT
18	38455 IAZ	Tse, Hoi Ting Samantha	11	CYM	1:16.25	QT
19	34546 B	Chan, Ho Ching	12	Pacific	1:16.31	QT
20	37596 P	Sandeen, Audrey Elizabeth	12	Island Stingrays	1:17.10	QT

Event 30 Boys 11-12 100 LC Meter Butterfly

HKR: 53.70 CHEAH Geoffrey, SCA

JR: 54.42

AGR: 1:01.11

OQT: 51.96

OST: 53.52

1:14.56 QT Qualifying Time

Meet Qualifying: 1:14.56

	ID#	Name	Age	Team	Seed Time	
1	31666 #IAZ	Lee, Yat Yuen Yen	12	Hoi Tin	1:02.97	QT
2	33755 IAZ	Lau, Kin Hei James	11	Hoi Tin	1:06.24	QT
3	36166 IAZ	Chan, Ching Hei Alvin	12	Dik Wing	1:06.37	QT
4	36111 #IAZ	Yeung, Pun Yin	12	Eastern Winter	1:07.47	QT
5	33935 B	Yau, Pak Ho	12	Chi Pui	1:07.66	QT
6	39777 B	Cao, Chun Ting	12	Candy Row	1:08.01	QT
7	37575 P	Chen, Jason Q	12	Island Stingrays	1:08.34	QT
8	34048 #IAZ	Wong, Pok Lam	12	Hoi Tin	1:08.34	QT
9	35825 IAX	Ng, Tin Ki	12	Tai Po	1:09.17	QT
10	37083 P	Kwan, Nicholas	11	Tai Po	1:10.41	QT
11	38002 B	Chen, Tsz Yam	12	Chi Pui	1:10.42	QT
12	33175 B	To, Hiu Wik	12	Hoi Tin	1:10.90	QT
13	42614 B	Paau, Sen Wai	11	Sea Green	1:11.35	QT
14	34145 IAO	Ng, Anson	11	Happy Valley	1:11.43	QT
15	39277 B	Fung, Ho Chun	11	Chi Pui	1:11.77	QT
16	31673 B	Yip, Hiu Yeung	11	Tai Po	1:11.86	QT
17	30140 B	Man, Ho	12	Hoi Tin	1:12.33	QT
18	35052 B	Chan, Pok Hin Anson	12	Dali Swimming Club	1:12.37	QT
19	31787 #IAZ	Ng, Chung Hin	12	Dik Wing	1:12.76	QT
20	33470 IAZ	Lee, Yat Chiu	12	Kowloon City	1:12.76	QT
21	33767 IAZ	Lee, Cheston	11	Hoi Tin	1:12.87	QT
22	36430 P	Chu, Tsun Ho	12	Sword Fish Club	1:13.00	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 30 ... (Boys 11-12 100 LC Meter Butterfly)

23	40004 IAZ	Ho, Yin Pak	11	Chi Pui	1:13.11	QT
24	31256 P	Xu, Rui Chen	11	Win Tin	1:13.25	QT
25	31695 IAZ	Tsang, Hiu Long	12	Pacific	1:13.30	QT
26	35648 #IAZ	Lau, Tsz Pok	11	Pacific	1:13.61	QT
27	36085 #B	Hui, Yik Kiu	11	Chi Pui	1:14.56	QT
28	38046 B	Liu, Jun Lin	12	Happy Valley	1:14.56	QT
29	29319 B	Cheng, Yue Hin	12	Tai Po	1:14.56	QT

Event 31 Girls 13-14 100 LC Meter Butterfly

HKR: 58.24 Hannah WILSON, SCA

JR: 1:00.95

AGR: 1:00.95

OQT: 57.92

OST: 59.66

1:14.27 QT Qualifying Time

Meet Qualifying: 1:14.27

ID#	Name	Age	Team	Seed Time
1	25607 IAZ	14	Hoi Tin	1:00.98 QT
2	30455 B	14	Win Tin	1:02.53 QT
3	29240 B	14	South China	1:03.72 QT
4	29449 B	13	Win Tin	1:04.73 QT
5	34523 #B	13	Kowloon Tong Club	1:04.96 QT
6	27089 B	14	Hoi Tin	1:05.16 QT
7	29632 IAZ	13	Tai Po	1:05.19 QT
8	32517 B	13	Happy Valley	1:05.81 QT
9	35549 B	13	Win Tin	1:07.26 QT
10	25907 #B	14	Tai Po	1:07.53 QT
11	33962 B	13	Tai Po	1:08.53 QT
12	33749 P	14	South China	1:08.82 QT
13	31701 #IAZ	14	South China	1:09.66 QT
14	34827 B	13	Tai Po	1:09.90 QT
15	31869 IAZ	14	Tai Po	1:10.67 QT
16	31637 B	13	Happy Valley	1:10.77 QT
17	27640 B	14	Chi Pui	1:11.71 QT
18	38942 B	13	South China	1:13.07 QT
19	32607 P	13	South China	1:13.12 QT
20	35566 B	13	Win Tin	1:13.94 QT
21	37565 P	14	Island Stingrays	1:14.27 QT
22	42562 #P	13	Island Stingrays	1:14.27 QT
23	27953 IAO	14	Hoi Tin	1:14.27 QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 32 Boys 13-14 100 LC Meter Butterfly

HKR: 53.70 CHEAH Geoffrey, SCA
 JR: 54.42
 AGR: 56.68
 OQT: 51.96
 OST: 53.52

1:08.50 QT Qualifying Time

Meet Qualifying: 1:08.50

	ID#	Name	Age	Team	Seed Time
1	32248 B	Li, Sing Hoi	14	Win Tin	57.78 QT
2	28439 IAZ	Cheng, Kam Fung	14	Current Club Ltd	58.71 QT
3	28938 IAZ	To, Oscar	14	Kowloon City	59.38 QT
4	32153 #B	Wong, Hoi Kit	14	White Dolphin	1:01.10 QT
5	28763 B	Lau, Alan Tsz Lun	14	Win Tin	1:01.29 QT
6	36912 IAZ	Wong, Kwan Pui	14	Hoi Tin	1:01.75 QT
7	32042 IAZ	Lee, Jia Jun Jody George	13	South China	1:01.78 QT
8	28832 B	So, Pok Man	13	Hoi Tin	1:02.04 QT
9	32463 IAZ	Chan, Austin	13	Dik Wing	1:02.32 QT
10	24292 B	Chu, Hon Hei	13	White Dolphin	1:02.71 QT
11	29579 IAZ	Kan, Tsz Chun	14	Pacific	1:02.81 QT
12	31668 B	Lui, Zhen Stephen	13	Tai Po	1:02.89 QT
13	30527 IAZ	Cheung, Chun Wang	14	Chi Pui	1:03.18 QT
14	33370 IAZ	Hui, Ching Ho	13	Sword Fish Club	1:03.48 QT
15	25665 IAZ	Wong, Hoi Nam	13	Dik Wing	1:03.97 QT
16	31864 IAZ	Kwong, Bui Ming	14	Hoi Ngai	1:04.02 QT
17	30262 B	Yip, Pak Ho	14	Hoi Tin	1:04.12 QT
18	26751 IAZ	Kong, Chi Long	14	Kowloon City	1:04.13 QT
19	27637 P	Goh, Zong Hern	14	Win Tin	1:04.33 QT
20	32170 B	Wan, Michael Tsz Shun	13	Tai Po	1:04.77 QT
21	38791 IAZ	Cheng, Yu Hin	14	Tai Po	1:04.82 QT
22	30798 IAZ	Yeung, Hei Pui	14	Dali Swimming Club	1:05.36 QT
23	33941 IAZ	Goh, Ga Yik	13	Tai Po	1:05.44 QT
24	29133 #B	Chan, Yat Him Kim	14	Dali Swimming Club	1:05.76 QT
25	30226 B	Tong, Ho Hin Geoffrey	13	Win Tin	1:05.89 QT
26	35967 IAZ	Keung, Pui Nam	13	Win Tin	1:06.13 QT
27	32268 IAZ	Leung, Pui Lok	13	Lai Tsun	1:06.59 QT
28	32018 IAZ	Wong, Pan	13	Pacific	1:06.64 QT
29	42679 IAZ	Wong, Kwan Hon	14	Win Tin	1:06.79 QT
30	34754 IAO	Payer Emeric, Yat-long Franc	14	South China	1:06.91 QT
31	33803 B	Wong, Tsz Ho	13	Sword Fish Club	1:06.96 QT
32	30174 B	Li, Chun Hon	14	Win Tin	1:07.14 QT
33	35804 IAZ	Tong, Ching Wa	13	Pacific	1:07.45 QT
34	33220 #B	Yim, Wai Shing	13	Sword Fish Club	1:08.50 QT

Dear Beauté

HIMAWARI
ひまわり



speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 33 Girls 15-17 100 LC Meter Butterfly

HKR: 58.24 Hannah WILSON, SCA

JR: 1:00.95

AGR: 1:00.48

OQT: 57.92

OST: 59.66

1:13.38 QT Qualifying Time

Meet Qualifying: 1:13.38

	ID#	Name	Age	Team	Seed Time
1	20540 IAZ	Kan, Cheuk Tung Natalie	17	Happy Valley	59.47 QT
2	36827 IAZ	Wong, Anthea Ching Wun	16	South China	1:02.91 QT
3	24160 IAZ	Ng, Yat Yee	17	Happy Valley	1:03.54 QT
4	18783 IAZ	Wong, Wai Nam	17	White Dolphin	1:03.61 QT
5	25263 B	Tai, Samantha Natalie	15	Pacific	1:04.84 QT
6	21860 B	Tam, Suet Ying	16	Win Tin	1:05.05 QT
7	20766 B	Li, Yuet Sum Phyllis	17	Tai Po	1:05.35 QT
8	29111 B	Chan, Lok Wai	15	Happy Valley	1:05.38 QT
9	28794 P	Roets, Mia Louise	16	LRC	1:05.67 QT
10	35757 IAZ	Wang, Ho Yan	15	Flying Dragon	1:06.10 QT
11	26816 P	Byun, Sun Young	15	Island Stingrays	1:06.11 QT
12	34922 #B	Ma, Wing Sum	15	Tai Po	1:06.23 QT
13	29902 B	Lam, Cheuk Ue Natalie	15	Tai Po	1:07.55 QT
14	27190 IAO	Pun, Kate Cruz	15	Tai Po	1:08.24 QT
15	27659 P	Lai, Lok Yee	16	Giant Whale	1:09.26 QT
16	29874 B	Yau, Sin Lin	16	Csu	1:09.37 QT
17	34404 IAZ	Hobson, Kimberly Erin	15	South China	1:10.23 QT
18	31633 P	Rong, Carolyn Sophia	15	Island Stingrays	1:10.57 QT
19	31444 #IAX	Tang, Hiu Tung	17	Tai Po	1:10.75 QT
20	36161 IAO	Oldenziel, Angela Ying Ying	16	Hoi Tin	1:12.97 QT

Event 34 Boys 15-17 100 LC Meter Butterfly

HKR: 53.70 CHEAH Geoffrey, SCA

JR: 54.42

AGR: 54.42

OQT: 51.96

OST: 53.52

1:04.75 QT Qualifying Time

Meet Qualifying: 1:04.75

	ID#	Name	Age	Team	Seed Time
1	26842 IAZ	Yuk, Shing Chi	16	Pacific	55.39 QT
2	20289 IAZ	Tsui, Wai Chi	17	Win Tin	57.51 QT
3	19179 B	Tam, Sze Shing Thomas	17	Win Tin	57.53 QT
4	30444 IAZ	Ho, Chung Lun	16	CYM	57.75 QT
5	24648 B	Kwok, Chun Hei	15	Hoi Tin	57.91 QT
6	23092 B	Chan, Chun Yip Jonathan	16	Happy Valley	58.00 QT
7	20376 B	Tsang, Ho Yan	17	Win Tin	58.59 QT
8	25288 IAZ	Chiu, Hong Ching	17	Tai Po	58.80 QT
9	29002 B	Wong, Lui	15	Win Tin	59.12 QT
10	30024 B	Lau, Yui Hin	16	Sword Fish Club	59.18 QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 34 ... (Boys 15-17 100 LC Meter Butterfly)

11	26973 #B	Zhang, Tsz Hin	16	HK Sportworld	59.63	QT
12	21248 B	Lau, Ping Chi	17	Hoi Tin	59.64	QT
13	32950 IAZN	Tam, Anson Lok Tin	15	South China	59.81	QT
14	28863 B	Leung, Chun Him	16	Dali Swimming Club	1:00.34	QT
15	24909 B	Chu, Shek Him	17	Win Tin	1:00.57	QT
16	26597 IAZ	Ngai, Tsz Ho	15	Hoi Tin	1:00.77	QT
17	30675 B	Chan, Wai Tsun	16	Current Club Ltd	1:00.98	QT
18	28256 IAX	Ma, Zeyuan	16	Chi Pui	1:02.06	QT
19	27006 IAZ	Leung, Kwan Ho	17	Happy Valley	1:02.06	QT
20	24469 B	Chan, Owen	17	Win Tin	1:02.41	QT
21	30794 #IAX	Kong, Tsun Kit Ryan	16	Chi Kin	1:02.95	QT
22	29059 IAZ	Ching, Lucan	15	Pacific	1:04.62	QT
23	25442 #B	Kong, Wai Chun	16	HK Sportworld	1:04.75	QT
24	25326 B	Lam, Tsz Him	15	Happy Valley	1:04.75	QT
25	31576 IAZ	McGovern, James Daniel John	15	LRC	1:04.75	QT
26	27064 P	Yeoh, Nathaniel Min-kye	16	LRC	1:04.75	QT

Event 35 Girls 18 & Over 100 LC Meter Butterfly

HKR: 58.24 Hannah WILSON, SCA

OQT: 57.92

OST: 59.66

1:13.38 QT Qualifying Time

Meet Qualifying: 1:13.38

ID#	Name	Age	Team	Seed Time	
1	05641 IBZ	25	Win Tin	58.72	QT
2	04515 ICZ	31	Win Tin	58.89	QT
3	18144 IAF	20	Hoi Tin	1:02.47	QT
4	18904 B	18	Win Tin	1:03.71	QT
5	21953 B	19	Happy Valley	1:04.36	QT
6	23005 B	18	Kwun Tong	1:04.65	QT
7	14774 IAZ	18	Pacific	1:04.84	QT
8	14069 IAZ	22	White Dolphin	1:06.94	QT
9	18549 IAZ	19	Win Tin	1:07.94	QT
10	17084 IAZ	21	Hoi Tin	1:08.48	QT

Event 36 Boys 18 & Over 100 LC Meter Butterfly

HKR: 53.70 CHEAH Geoffrey, SCA

OQT: 51.96

OST: 53.52

1:04.75 QT Qualifying Time

Meet Qualifying: 1:04.75

ID#	Name	Age	Team	Seed Time	
1	08999 B	22	Win Tin	53.85	QT
2	13133 B	20	Tai Po	54.96	QT
3	11438 B	22	Hoi Tin	55.17	QT
4	02580	27	Kwan Hung	55.89	QT
5	19970 IAZ	18	Chi Pui	57.48	QT
6	24698 B	18	Win Tin	57.49	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 36 ... (Boys 18 & Over 100 LC Meter Butterfly)

7	22863 B	Chung, Hau Yin Howard	18	Southern D.	57.65	QT
8	23101 #P	Li, Chun Yin Jason	18	Happy Valley	59.24	QT
9	22222 #B	Wong, Cheuk Hei	19	Hoi Tin	1:00.21	QT
10	16830 IAM	Yip, Ming Hei	23	YMCA OF Hong Kong	1:00.38	QT
11	22513 IAZ	Tang, Cheuk Yan	18	Chi Pui	1:00.84	QT
12	16201 B	Kwok, Yuk Hang	22	Kwun Tong	1:01.35	QT
13	23030 IAZ	Lam, Ho Hin Vincent	18	Pacific	1:01.41	QT
14	16555 B	Yeung, Lai Him	20	Happy Valley	1:02.49	QT
15	20081 IAZ	Chu, Yui Hang	19	HK Sportworld	1:03.68	QT
16	44964 P	Matic, Durde	19	Tai Po	1:04.75	QT

Event 37 Girls 11-12 200 LC Meter Backstroke

HKR: 2:09.33 LAU Yin Yan Claudia, DLS

JR: 2:17.31

AGR: 2:22.78

OQT: 2:10.39

OST: 2:14.30

2:49.04 QT Qualifying Time

Meet Qualifying: 2:49.04

	ID#	Name	Age	Team	Seed Time	
1	32326 B	Mok, Sze Ki	12	Happy Valley	2:17.65	QT
2	32098 #B	Ma, Tsz Tsing Ashley	11	Tai Po	2:26.84	QT
3	35455 B	Poon, Lok Yan	11	Chi Pui	2:28.96	QT
4	33947 IAZ	Chan, Hin Yau	12	Tai Po	2:30.40	QT
5	31597 B	Ng, Cheuk Yan	12	Hoi Tin	2:30.54	QT
6	29104 #B	Ng, Wai Ling	12	Tai Po	2:31.30	QT
7	30756 #B	Hui, Yan Ching	12	Hoi Tin	2:32.01	QT
8	32947 B	Lim, Eden Yi Zhen	12	South China	2:37.25	QT
9	29779 #B	Hui, Choi Yan	12	Hoi Tin	2:38.36	QT
10	37038 IAZ	Chan, Yin Yan	11	Hoi Tin	2:40.93	QT
11	33874 IAZ	Lee Giselle, Jacinda Jia Hui	11	South China	2:41.48	QT
12	34543 #B	Chan, Hong Kiu Jamie	12	Dik Wing	2:41.60	QT
13	35992 P	Mcfarland, Charlotte Chia-Ju	11	South China	2:41.81	QT
14	37777 B	Tjong, Sum Wai	12	Win Tin	2:42.56	QT
15	40406 IAZ	Sze, Tsoi Wing	11	Dali Swimming Club	2:44.20	QT
16	31406 IAZ	Tam, Agnes Ming Yee	12	Hoi Tin	2:44.20	QT
17	35550 B	Chan, Sum Yu	11	Win Tin	2:44.71	QT
18	40275 #B	Noyes, Kaya	11	Chi Pui	2:45.86	QT
19	37841 B	Ng, Yi Lam	12	Flying Dragon	2:47.17	QT
20	33940 B	Lau, Sze Yuet	12	Kowloon City	2:47.38	QT
21	32322 B	Yau, Tsz Pui	12	Win Tin	2:48.76	QT
22	37717 P	Hebrard, Clementine	11	Island Stingrays	2:49.04	QT
23	37596 P	Sandeen, Audrey Elizabeth	12	Island Stingrays	2:49.04	QT
24	37580 P	Won, Jenevive Jiyong	12	Island Stingrays	2:49.04	QT

Dear Beauté

HIMAWARI
ひまわり葡萄道
Sport

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 38 Boys 11-12 200 LC Meter Backstroke

HKR: 2:05.47 Alex FONG Lik-sun, SCA

JR: 2:07.52

AGR: 2:19.13

OQT: 1:57.50

OST: 2:01.03

2:43.65 QT Qualifying Time

Meet Qualifying: 2:43.65

	ID#	Name	Age	Team	Seed Time
1	39015 P	Chan, Tsz Kwan	12	Tai Po	2:21.34 QT
2	32061 IAZ	Lee, Donald Cheuk Yiu	12	Hoi Tin	2:21.68 QT
3	31985 B	Wong, Tsz Shing	12	Tai Po	2:26.09 QT
4	37018 IAZ	Wong, Sze Yu	12	Chi Pui	2:27.95 QT
5	35666 IM	Chan, Cheuk Kit	12	Win Tin	2:28.02 QT
6	35755 IAZ	Chan, Torres	11	Tai Po	2:30.01 QT
7	42311 IAZ	Yu, Chi Lung	11	Pacific	2:31.31 QT
8	31223 B	Chan, Rudi Pak Hei	12	Win Tin	2:32.89 QT
9	33793 IAZ	Tam, Ka Shek	12	Win Tin	2:33.95 QT
10	42489	Lyu, Hao Yang	12	Win Tin	2:34.44 QT
11	36043 IAZ	Ku, Ho Hin Keith	12	CYM	2:35.65 QT
12	34756 #IAZ	Hofstede, Adam Marcel	12	Dik Wing	2:35.97 QT
13	33890 IAZ	Lai, Chun Wai	11	Lai Wa	2:36.66 QT
14	36547 IAZ	Wong, Yik Yan Sean	12	South China	2:38.21 QT
15	35229 IAZ	Sin, Pak Hei	12	Hoi Tin	2:38.31 QT
16	37568 #IAZ	Ding, Wilfred Weixin	11	South China	2:39.19 QT
17	33289 IAZ	Kwok, Man To Cedric	11	Jockey Club	2:40.98 QT
18	32099 B	Ng, Wai Ting	11	Win Tin	2:42.21 QT
19	31127 IAZ	Cheng, Chun Hong	12	Dali Swimming Club	2:43.65 QT
20	36717 P	Wong, Ho Chun	12	Sword Fish Club	2:43.65 QT
21	42614 B	Paau, Sen Wai	11	Sea Green	2:43.65 QT

Event 39 Girls 13-14 200 LC Meter Backstroke

HKR: 2:09.33 LAU Yin Yan Claudia, DLS

JR: 2:17.31

AGR: 2:17.61

OQT: 2:10.39

OST: 2:14.30

2:38.08 QT Qualifying Time

Meet Qualifying: 2:38.08

	ID#	Name	Age	Team	Seed Time
1	25098 B	Fung, Suet Ying Chloe	14	Win Tin	2:16.73 QT
2	29057 B	Cheng, Jessica Chloe	14	Tai Po	2:17.41 QT
3	36321 B	Cheung, Sum Yuet Cindy	13	Tai Po	2:17.59 QT
4	26541 B	Lee, Yan Hei	14	Win Tin	2:18.00 QT
5	31841 IAZ	Ng, Lai Wa	14	Hoi Tin	2:18.62 QT
6	31348 #B	Ma, Wing Yu	14	Happy Valley	2:19.11 QT
7	28142 B	Lee, Man Fei	13	Win Tin	2:24.14 QT
8	31648 P	Du, Olivia Yiting	14	South China	2:25.54 QT
9	29211 B	Hsieh, Hoi Ying Katrina	14	South China	2:27.83 QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 39 ... (Girls 13-14 200 LC Meter Backstroke)

10	29117 IAZ	Wong, Po Yin	14	Happy Valley	2:28.26	QT
11	25097 #B	Cheung, Margaret	14	Kowloon Tong Club	2:28.36	QT
12	29567 #B	Chan, Wing Yan	13	Hoi Tin	2:31.55	QT
13	33127 B	Lam, Yat Hei	13	Tai Po	2:31.92	QT
14	26933 #IAZ	Lo, Hiu Lam Sara	13	Hoi Tin	2:32.53	QT
15	29248 #B	Yuen, Natalie	13	Happy Valley	2:33.24	QT
16	29354 B	Wong, Nok Yan Gabrielle	14	Win Tin	2:33.89	QT
17	25101 B	Ng, Sze Kwan	13	Kowloon Tong Club	2:33.94	QT
18	32607 P	Pimlott, Leila Renae	13	South China	2:34.53	QT
19	28912 P	Eilers, Jodie Natasha	14	Island Stingrays	2:36.43	QT
20	30878 P	Vong, Camille Sara Jia Yi	13	LRC	2:36.75	QT
21	42465 ICO	Chorus, Mieke Pauline	14	Island Stingrays	2:37.01	QT
22	32604 #IAZ	Donohugh, Sophie Christina	13	LRC	2:38.08	QT
23	31144 B	Saunders, Sienna May	13	Satellite	2:38.08	QT
24	26427 B	Heung, Suet Laam Hayley	14	Win Tin	2:38.08	QT

Event 40 Boys 13-14 200 LC Meter Backstroke

HKR: 2:05.47 Alex FONG Lik-sun, SCA

JR: 2:07.52

AGR: 2:09.86

OQT: 1:57.50

OST: 2:01.03

2:36.24 QT Qualifying Time

Meet Qualifying: 2:36.24

	ID#	Name	Age	Team	Seed Time	
1	33385 B	Lu, Pat Fan	13	Happy Valley	2:13.10	QT
2	28439 IAZ	Cheng, Kam Fung	14	Current Club Ltd	2:15.88	QT
3	29545 IAZN	Cheung, Cheuk To	13	Tai Po	2:17.56	QT
4	30633 IAZ	Wan, Tsz Wang	13	CYM	2:18.11	QT
5	29337 IAZ	Leung, Chun Yin	14	Win Tin	2:18.86	QT
6	34597 #IAZ	Lau, Shing Yan	14	Tai Po	2:19.14	QT
7	30572 B	Leung, Sze Hang	13	Chi Pui	2:19.40	QT
8	27542 B	Richard, Melvyn Chan	14	South China	2:19.46	QT
9	28832 B	So, Pok Man	13	Hoi Tin	2:19.75	QT
10	32457 B	Lau, Chi To	13	Happy Valley	2:22.31	QT
11	27362 IAZ	Kong, Yin Long	14	White Dolphin	2:22.52	QT
12	33477 IAZ	Leung, Lok Man	13	Tai Po	2:22.87	QT
13	39908 ICO	Leong, Kin Rong	13	South China	2:24.06	QT
14	29219 #IAZ	Tsang, Chi Yan Ryan	14	Hoi Tin	2:24.26	QT
15	27117 IAZ	Tai, Ethan	14	South China	2:24.67	QT
16	30174 B	Li, Chun Hon	14	Win Tin	2:24.81	QT
17	30571 P	Li, Hao Ming	14	Hoi Tin	2:25.46	QT
18	30184 B	Yeung, Wing Hei	13	Win Tin	2:25.56	QT
19	31428 B	Cheung, Man To Marcus	14	Current Club Ltd	2:25.58	QT
20	31438 #B	Tai, Chun Hei	13	Hoi Tin	2:26.28	QT
21	36737 #B	Chan, Wang Hei Terence	13	Tai Po	2:26.45	QT
22	34754 IAO	Payer Emeric, Yat-long Franc	14	South China	2:27.86	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 40 ... (Boys 13-14 200 LC Meter Backstroke)

23	28236 B	Lau, Yiu Yeung Jamie	13	Win Tin	2:28.29	QT
24	36318 #B	Cheung, Hoi Leong	13	Tai Po	2:28.31	QT
25	31786 IAZ	Lee, Hon Chung Jonathan	13	South China	2:29.82	QT
26	40550 ICO	Teh, Keith Jun Wen	14	South China	2:31.26	QT
27	37597 P	Sandeen, Thaddeus James	14	Island Stingrays	2:33.08	QT
28	40408 IAZ	Ng, Ming Ip Ethan	14	Dali Swimming Club	2:33.27	QT
29	29215 IAZ	Lui, Pak Lok	14	South China	2:33.36	QT
30	33608 #IAZN	Wan, Chun Lim	13	Tai Po	2:34.91	QT
31	33197 P	Hebrard, Paul	13	Island Stingrays	2:35.35	QT
32	31028 IAO	Ho, Cyrus	14	Win Tin	2:35.73	QT
33	30226 B	Tong, Ho Hin Geoffrey	13	Win Tin	2:36.24	QT

Event 41 Girls 15-17 200 LC Meter Backstroke

HKR: 2:09.33 LAU Yin Yan Claudia, DLS

JR: 2:17.31

AGR: 2:15.18

OQT: 2:10.39

OST: 2:14.30

2:37.67 QT Qualifying Time

Meet Qualifying: 2:37.67

	ID#	Name	Age	Team	Seed Time	
1	27620 P	Saunders, Jade Rose	16	Satellite	2:22.51	QT
2	30309 P	Leven, Malin Elisabeth	16	South China	2:23.09	QT
3	18130 IAZ	Mak, Agnes	16	Kwun Tong	2:23.46	QT
4	23349 IAZ	Leung, Hui Tung	17	Hoi Tin	2:24.00	QT
5	33046 IAZ	Rice, Mia Louise	16	Pacific	2:24.48	QT
6	23856 B	Leung, Ka Ching	15	Hoi Tin	2:25.40	QT
7	34922 #B	Ma, Wing Sum	15	Tai Po	2:25.44	QT
8	24746 B	Ho, Pui Chi	15	Hoi Tin	2:26.31	QT
9	27430 B	Wong, Ka Yan	16	Tai Po	2:27.02	QT
10	26508 P	Lindsay, Alys Okabe Yuqi	16	Island Stingrays	2:28.08	QT
11	31005 IAZ	Tan, Hannah Qi Wen	17	Island Stingrays	2:33.09	QT
12	28916 P	Park, Laura Heesun	15	Island Stingrays	2:33.15	QT
13	34893 #IAZ	Sun, Ka Ying Natalie	16	Dik Wing	2:33.86	QT
14	36461 P	Mak, Rebecca Tsz Man	16	South China	2:34.19	QT
15	34590 P	Won, Elizabeth Jiho	15	Island Stingrays	2:34.55	QT
16	25033 B	Chu, Karen	15	Tai Po	2:35.80	QT
17	33429 P	Lee, Josephine Jungha	15	Island Stingrays	2:37.67	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 42 Boys 15-17 200 LC Meter Backstroke

HKR: 2:05.47 Alex FONG Lik-sun, SCA

JR: 2:07.52

AGR: 2:05.82

OQT: 1:57.50

OST: 2:01.03

2:33.18 QT Qualifying Time

Meet Qualifying: 2:33.18

	ID#	Name	Age	Team	Seed Time
1	22533 IAZ	Ng, Cheuk Yin	17	Tai Po	1:58.67 QT
2	25254 B	Ho, Siu Lun	15	Dali Swimming Club	2:02.57 QT
3	26842 IAZ	Yuk, Shing Chi	16	Pacific	2:04.57 QT
4	27239 B	Chan, Sheung Kwan	17	Keung Sang	2:05.28 QT
5	28636 B	Chan, Tsz Chiu	16	Keung Sang	2:05.28 QT
6	24751 B	Lau, Hoi Hang	15	Lai Wa	2:11.54 QT
7	22648 B	Yau, Pak Yun	17	Tai Po	2:13.00 QT
8	22210 B	Chan, Yin Ban	15	White Dolphin	2:13.01 QT
9	17507 B	Leung, Cheuk Fung	17	Dali Swimming Club	2:15.88 QT
10	34197 IAZ	Ong, Chak Min	15	Tai Po	2:15.99 QT
11	28792 IAZ	Leung, Man Shun Anson	16	South China	2:16.17 QT
12	28957 IAZ	Kwok, Man Shun Linus	15	Jockey Club	2:17.78 QT
13	30435 IAZ	Chan, Chin Kan	15	Lai Wa	2:18.17 QT
14	35122 P	Lau, Ethan Tien-yi	15	South China	2:20.40 QT
15	29589 B	Yeung, Ho Ning	15	Tai Po	2:20.42 QT
16	25138 B	Chan, Long Yin	17	Hoi Tin	2:20.52 QT
17	25889 IAZ	Chung, Yu Jing	15	Hoi Tin	2:22.49 QT
18	32420 IAZ	Hui, Wai Chun	16	CYM	2:24.72 QT
19	24692 IAZ	Ho, Hok Wang	17	Jockey Club	2:25.76 QT
20	28872 IAZN	Cheung, Ka Hang	16	Chi Pui	2:26.17 QT
21	25952 B	Choi, Ka Yu	15	Hoi Tin	2:26.28 QT
22	26867 B	Lau, Chun Yin	17	HK Sportworld	2:27.92 QT

Event 43 Girls 18 & Over 200 LC Meter Backstroke

HKR: 2:09.33 LAU Yin Yan Claudia, DLS

OQT: 2:10.39

OST: 2:14.30

2:37.67 QT Qualifying Time

Meet Qualifying: 2:37.67

	ID#	Name	Age	Team	Seed Time
1	09959 IAZ	Mok, Hoi Man Sheron	24	Pacific	2:19.31 QT
2	17084 IAZ	Lau, Sze Wing	21	Hoi Tin	2:26.60 QT
3	18549 IAZ	So, Ching Laam	19	Win Tin	2:26.89 QT
4	18227 IAZ	Tse, Ching Ting	19	Lai Wa	2:29.64 QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 44 Boys 18 & Over 200 LC Meter Backstroke

HKR: 2:05.47 Alex FONG Lik-sun, SCA

OQT: 1:57.50

OST: 2:01.03

2:33.18 QT Qualifying Time

Meet Qualifying: 2:33.18

	ID#	Name	Age	Team	Seed Time	
1	12117 IAZ	Lau, Shiu Yue	22	Hoi Tin	2:04.16	QT
2	19970 IAZ	Chang, Tak Kin David	18	Chi Pui	2:06.26	QT
3	15423 IAZ	Cheung, Yau Ming	22	Giant Whale	2:09.11	QT
4	36082 IAZ	Baron van Voorst Tot, Voorst	18	Pacific	2:10.53	QT
5	21622 IAZ	Lam, Chak Hang	18	Happy Valley	2:14.72	QT
6	18172 B	Tsang, Tsz Ho	21	Happy Valley	2:17.54	QT
7	20968 B	Ho, Sze Ming	18	Hoi Tin	2:19.21	QT
8	16201 B	Kwok, Yuk Hang	22	Kwun Tong	2:21.46	QT
9	20590 #IAM	Tang, Chun Wing	18	Sun Yip	2:21.75	QT
10	25440 P	Cheng, Tsz Kin	18	HK Sportworld	2:31.32	QT

Event 45 Girls 12 & Under 4x50 LC Meter Freestyle Relay

HKR: 8:04.55 Hong Kong Team

2:06.12 QT Qualifying Time

Meet Qualifying: 2:06.12

	Team	Relay	Seed Time	
1	Hoi Tin Athletic Assn Ltd	A	1:51.13	QT
2	Tai PO Swimming Club	A	1:53.93	QT
3	Win Tin Swimming Club	A	1:55.33	QT
4	South China Athletic Assn	A	1:56.33	QT
5	Dik Wing Associaion	A	1:59.89	QT
6	Pacific Swimming Club	A	2:02.66	QT
7	Sword Fish Club	A	2:02.98	QT
8	Chi Pui Swimming Club Ltd	A	2:06.12	QT
9	Dali Swimming Club	A	2:06.12	QT
10	Hong Kong Island Stingrays	A	2:06.12	QT
11	Happy Valley Athletic Assn	A	2:06.12	QT
12	White Dolphin Sport Assn	A	2:06.12	QT

Event 46 Boys 12 & Under 4x50 LC Meter Freestyle Relay

HKR: 7:27.16 Hong Kong Team

2:02.98 QT Qualifying Time

Meet Qualifying: 2:02.98

	Team	Relay	Seed Time	
1	Tai PO Swimming Club	A	1:48.16	QT
2	Dik Wing Associaion	A	1:51.00	QT
3	White Dolphin Sport Assn	A	1:51.83	QT
4	South China Athletic Assn	A	1:51.98	QT
5	Chi Pui Swimming Club Ltd	A	1:52.07	QT
6	Win Tin Swimming Club	A	1:52.71	QT
7	Hoi Tin Athletic Assn Ltd	A	1:53.00	QT
8	Happy Valley Athletic Assn	A	1:54.81	QT
9	Pacific Swimming Club	A	1:56.93	QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 46 ... (Boys 12 & Under 4x50 LC Meter Freestyle Relay)

10	Dali Swimming Club	A	2:02.98	QT
11	Hong Kong Island Stingrays	A	2:02.98	QT

Event 47 Girls 13 & Over 4x50 LC Meter Freestyle Relay

HKR: 8:04.55 Hong Kong Team

1:56.88 QT Qualifying Time

Meet Qualifying: 1:56.88

	Team	Relay	Seed Time	
1	Win Tin Swimming Club	A	1:43.95	QT
2	Happy Valley Athletic Assn	A	1:45.50	QT
3	Hoi Tin Athletic Assn Ltd	A	1:45.57	QT
4	Dik Wing Associaion	A	1:46.14	QT
5	South China Athletic Assn	A	1:50.12	QT
6	Pacific Swimming Club	A	1:50.49	QT
7	Hong Kong Island Stingrays	A	1:52.62	QT
8	Sea Lion Aqua Club Limited	A	1:55.71	QT
9	Dali Swimming Club	A	1:56.88	QT
10	Flying Dragon Life Guard Club	A	1:56.88	QT
11	Kowloon Tong Club	A	1:56.88	QT
12	Tai PO Swimming Club	A	1:56.88	QT

Event 48 Boys 13 & Over 4x50 LC Meter Freestyle Relay

HKR: 7:27.16 Hong Kong Team

1:48.28 QT Qualifying Time

Meet Qualifying: 1:48.28

	Team	Relay	Seed Time	
1	Hoi Tin Athletic Assn Ltd	A	1:34.06	QT
2	Pacific Swimming Club	A	1:34.59	QT
3	Win Tin Swimming Club	A	1:34.87	QT
4	Chi Pui Swimming Club Ltd	A	1:34.97	QT
5	South China Athletic Assn	A	1:37.70	QT
6	Sea Lion Aqua Club Limited	A	1:38.46	QT
7	Tai PO Swimming Club	A	1:38.91	QT
8	Happy Valley Athletic Assn	A	1:41.36	QT
9	Hong Kong Sportworld Assn	A	1:43.53	QT
10	White Dolphin Sport Assn	A	1:45.75	QT
11	Dali Swimming Club	A	1:48.28	QT
12	Dik Wing Associaion	A	1:48.28	QT
13	Kwan Hung Swimming Club	A	1:48.28	QT

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 49 Girls 10 & Under 200 LC Meter Freestyle

HKR: 1:54.98 HAUGHEY Siobhan Bernadette SCA
 JR: 1:59.77
 AGR: 2:16.52
 OQT: 1:57.28
 OST: 2:00.80
 2:41.13 QT Qualifying Time

Meet Qualifying: 2:41.13

	ID#	Name	Age	Team	Seed Time
1	40450 IAZN	Zhou, Ha Mi	10	Win Tin	2:21.96 QT
2	37875 B	Chan, Yuk Yan	10	Hoi Tin	2:27.12 QT
3	33979 IAZ	Liu, Hei Yu	9	Hoi Tin	2:32.20 QT
4	35345 B	Ho, Tin Wing	9	Hoi Tin	2:32.46 QT
5	38798 B	Kwan, Kai Yuet Esther	10	Tai Po	2:32.85 QT
6	35942 B	Choi, Man Yuk	10	Win Tin	2:32.99 QT
7	43424 IAZ	Mathis, Mya Lynn	9	Tai Po	2:33.45 QT
8	36101 B	Tang, Tsz Ching Selina	10	Kowloon City	2:34.20 QT
9	37874 IAZ	Choi, Hiu Ying	9	Hoi Tin	2:34.42 QT
10	38270 #P	Worthington, Poppy Mei	10	Chi Pui	2:35.55 QT
11	36832 IAZ	Lee, Hon Sum Samantha	10	South China	2:37.16 QT
12	32978 #IAZ	Yip, Wai Iu	10	Chi Pui	2:37.41 QT
13	39905 IAZ	Lan, Jasmine Lauren	9	Jockey Club	2:38.34 QT
14	38028 B	Leung, Evelyn Yi	10	Tai Po	2:38.73 QT
15	37687 B	Lee, Wing Yau	10	Hoi Tin	2:40.13 QT
16	40255 IAO	Yeung, Gisele	10	Jockey Club	2:40.22 QT
17	35553 B	Chan, Hin Yau	10	Win Tin	2:40.83 QT
18	42911 IAZ	Ma, Hiu Tung	10	Happy Valley	2:41.13 QT
19	38306 B	Yeung, Hoi Ting Heidi	10	Happy Valley	2:41.13 QT
20	34493 B	Yuen, Ho Yau Sophie	10	Win Tin	2:41.13 QT

Event 50 Boys 10 & Under 200 LC Meter Freestyle

HKR: 1:49.58 WONG Kai Wai David, HTA
 JR: 1:52.59
 AGR: 2:15.96
 OQT: 1:47.02
 OST: 1:50.23
 2:38.41 QT Qualifying Time

Meet Qualifying: 2:38.41

	ID#	Name	Age	Team	Seed Time
1	36457 B	Wong, Kaden Lok Fung	10	Hoi Tin	2:18.69 QT
2	37574 P	Chen, Eric Q	10	Island Stingrays	2:20.97 QT
3	37997 #B	Leung, Jaden Yui Him	10	Tai Po	2:22.83 QT
4	39781 B	Tsang, Pak Yiu	10	Tai Po	2:22.91 QT
5	37663 IAZ	Yan, Kyle	10	Hoi Tin	2:27.65 QT
6	38214 IAZ	Chan, Wai Ching Adrian	9	Pacific	2:27.79 QT
7	39573 B	Lee, Chak Fung Jaiden	10	Happy Valley	2:27.96 QT
8	36149 IAZ	Lau, Chit Hin	10	Happy Valley	2:29.39 QT
9	36592 B	Lau, Ka Long	10	White Dolphin	2:29.81 QT
10	34487 B	Ma, Ko Kwan	10	Win Tin	2:30.39 QT

Dear Beauté

HIMAWARI
ひまわり



speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 50 ... (Boys 10 & Under 200 LC Meter Freestyle)

11	33791 B	Tang, Kak Shing	10	Tai Po	2:31.94	QT
12	40532 B	Dong, Xueyou Derek	10	Win Tin	2:33.01	QT
13	38083 P	Sum, Alfred Kyle	9	Hoi Tin	2:33.39	QT
14	38215 IAZ	Chui, Wai Tsun	10	Chi Pui	2:33.53	QT
15	35385 B	Chong, Hin Yeung	10	Kwan Hung	2:34.97	QT
16	38670 P	Joyce, Kaenan James	10	South China	2:35.21	QT
17	38125 IAZ	Hung, Lok Lam	10	Happy Valley	2:35.24	QT
18	41268 #IAZ	Tan, Pak Hei Brian	9	Dik Wing	2:36.19	QT
19	38452 IAZ	Yang, Kwan Ho Alexander	10	CYM	2:37.74	QT
20	38734 B	Zhang, Haoyu	10	Win Tin	2:38.20	QT
21	34855 B	Lai, Wing Fung	10	Chi Pui	2:38.41	QT
22	38676 IAZ	Mak, Chung Hang	10	Happy Valley	2:38.41	QT

Event 51 Girls 11-12 200 LC Meter Freestyle

HKR: 1:54.98

HAUGHEY Siobhan Bernadette

SCA

JR: 1:59.77

AGR: 2:06.55

OQT: 1:57.28

OST: 2:00.80

2:26.73 QT Qualifying Time

Meet Qualifying: 2:26.73

	ID#	Name	Age	Team	Seed Time	
1	32326 B	Mok, Sze Ki	12	Happy Valley	2:05.63	QT
2	31469 B	Lee, Si Yao Peony	12	South China	2:11.60	QT
3	42490	Wang, Xin Tong	11	Win Tin	2:15.67	QT
4	33715 IAZ	Ma, Gilaine	11	Tai Po	2:15.81	QT
5	31657 IAZ	Chan, Lok Mei	11	Happy Valley	2:16.47	QT
6	29779 #B	Hui, Choi Yan	12	Hoi Tin	2:18.36	QT
7	31442 B	Lee, Fei Er Josephine	12	Hoi Tin	2:19.08	QT
8	36580 B	Tang, Man Rao Jasmine	11	Tai Po	2:19.27	QT
9	30756 #B	Hui, Yan Ching	12	Hoi Tin	2:19.42	QT
10	34853 B	Uhi, Viviana Marise	12	Hoi Tin	2:19.51	QT
11	38627 IAZ	Ho, So Yu	11	Happy Valley	2:22.03	QT
12	40275 #B	Noyes, Kaya	11	Chi Pui	2:22.05	QT
13	35988 P	Lee, Jeanelle Faith	12	South China	2:22.34	QT
14	36728 IAZ	Ng, Suet Ying	11	Hoi Tin	2:23.22	QT
15	35045 B	Chan, Lok Yan Abby	11	Win Tin	2:23.60	QT
16	31707 #B	Tung, Sze Mang	11	Happy Valley	2:23.87	QT
17	38025 B	Chan, Wing Yan Cynthia	11	Kwun Tong	2:24.39	QT
18	38628 IAZ	Ho, So Wai	11	Happy Valley	2:25.71	QT
19	32322 B	Yau, Tsz Pui	12	Win Tin	2:25.76	QT
20	35550 B	Chan, Sum Yu	11	Win Tin	2:26.56	QT
21	36048 P	Mattoli, Chiara Barbara Mari	12	LRC	2:26.73	QT
22	34546 B	Chan, Ho Ching	12	Pacific	2:26.73	QT
23	32923 IAZ	Wong, Ying Lam Katie	12	Pacific	2:26.73	QT
24	33874 IAZ	Lee Giselle, Jacinda Jia Hui	11	South China	2:26.73	QT
25	28426 B	Chung, Hoi Ching	12	Win Tin	2:26.73	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 51 ... (Girls 11-12 200 LC Meter Freestyle)

26 31367 B Fong, Tsz Ying Jovanna 12 Win Tin 2:26.73 QT

Event 52 Boys 11-12 200 LC Meter Freestyle

HKR: 1:49.58 WONG Kai Wai David, HTA

JR: 1:52.59

AGR: 2:04.67

OQT: 1:47.02

OST: 1:50.23

2:21.81 QT Qualifying Time

Meet Qualifying: 2:21.81

	ID#	Name	Age	Team	Seed Time
1	39777 B	Cao, Chun Ting	12	Candy Row	2:07.05 QT
2	31666 #IAZ	Lee, Yat Yuen Yen	12	Hoi Tin	2:07.15 QT
3	30733 B	Lai, King Wo	12	Win Tin	2:07.90 QT
4	32061 IAZ	Lee, Donald Cheuk Yiu	12	Hoi Tin	2:08.14 QT
5	34048 #IAZ	Wong, Pok Lam	12	Hoi Tin	2:10.50 QT
6	33935 B	Yau, Pak Ho	12	Chi Pui	2:11.29 QT
7	30574 IAZ	Cheung, Ryan	12	Chi Pui	2:11.94 QT
8	31787 #IAZ	Ng, Chung Hin	12	Dik Wing	2:15.11 QT
9	35022 IAZ	Ip, Ali	12	Tai Po	2:15.35 QT
10	35514 B	Vallejo, Jaden Fredrik	12	South China	2:16.79 QT
11	40664 #IAZ	Lau, Ho Lam	12	Hoi Tin	2:17.14 QT
12	37575 P	Chen, Jason Q	12	Island Stingrays	2:17.99 QT
13	35893 B	Cheung, King Long	12	Chi Pui	2:18.18 QT
14	33755 IAZ	Lau, Kin Hei James	11	Hoi Tin	2:18.36 QT
15	36111 #IAZ	Yeung, Pun Yin	12	Eastern Winter	2:18.51 QT
16	35755 IAZ	Chan, Torres	11	Tai Po	2:18.67 QT
17	36187 IAZ	Chan, Chi Kiu	11	Kwun Tong	2:18.93 QT
18	35825 IAX	Ng, Tin Ki	12	Tai Po	2:18.99 QT
19	30140 B	Man, Ho	12	Hoi Tin	2:19.01 QT
20	35177 #P	Chy, Hwanwook	11	South China	2:19.48 QT
21	34526 B	Lee, Yu Kiu Victor	12	Win Tin	2:19.81 QT
22	38971 #IAZ	Wong, Chun Nam	12	Tai Po	2:20.16 QT
23	32780 IAZ	Lam, Yuk Kiu	12	South China	2:20.43 QT
24	33175 B	To, Hiu Wik	12	Hoi Tin	2:20.77 QT
25	39277 B	Fung, Ho Chun	11	Chi Pui	2:20.95 QT
26	33470 IAZ	Lee, Yat Chiu	12	Kowloon City	2:21.81 QT
27	42311 IAZ	Yu, Chi Lung	11	Pacific	2:21.81 QT
28	36430 P	Chu, Tsun Ho	12	Sword Fish Club	2:21.81 QT
29	34527 B	Chan, Wai Fung	12	Win Tin	2:21.81 QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 53 Girls 13-14 200 LC Meter Freestyle

HKR: 1:54.98 HAUGHEY Siobhan Bernadette SCA
 JR: 1:59.77
 AGR: 2:02.06
 OQT: 1:57.28
 OST: 2:00.80
 2:21.69 QT Qualifying Time

Meet Qualifying: 2:21.69

	ID#	Name	Age	Team	Seed Time	
1	29632 IAZ	Tse, On Ching	13	Tai Po	2:03.92	QT
2	25607 IAZ	Lau, Ping Yi Audrey	14	Hoi Tin	2:06.89	QT
3	29240 B	Chu, Sarah Ting Yan	14	South China	2:08.07	QT
4	27089 B	Chan, Ying Sen	14	Hoi Tin	2:08.09	QT
5	26541 B	Lee, Yan Hei	14	Win Tin	2:08.51	QT
6	29519 IAZ	Hung, Lok Ching	14	Happy Valley	2:09.74	QT
7	31648 P	Du, Olivia Yiting	14	South China	2:10.46	QT
8	27774 B	Lam, Hoi Ching Summer	14	South China	2:10.55	QT
9	29449 B	Leung, Wing Tsun Rachel	13	Win Tin	2:11.33	QT
10	26940 B	Yau, Yee Shun Hannah	14	Tai Po	2:11.34	QT
11	33759 B	Mak, Hoi Ching	13	Hoi Tin	2:11.90	QT
12	29211 B	Hsieh, Hoi Ying Katrina	14	South China	2:12.37	QT
13	31301 IAZ	To, Wing Yan	13	Sha Mei 318	2:12.50	QT
14	25101 B	Ng, Sze Kwan	13	Kowloon Tong Club	2:13.36	QT
15	32517 B	Wong, Hoi Wai	13	Happy Valley	2:13.67	QT
16	33185 IAX	Tso, Chau Ho	14	Win Tin	2:13.69	QT
17	33492 IAZ	Chu, Ching Yin Annika	13	South China	2:13.81	QT
18	25907 #B	Tse, Rachel	14	Tai Po	2:15.02	QT
19	32604 #IAZ	Donohugh, Sophie Christina	13	LRC	2:15.25	QT
20	35939 #B	Wei, Shi Yao	13	Happy Valley	2:16.01	QT
21	29248 #B	Yuen, Natalie	13	Happy Valley	2:17.27	QT
22	35549 B	Kwan, Cheuk Tung	13	Win Tin	2:17.42	QT
23	27640 B	Chen, Yu Xin	14	Chi Pui	2:17.77	QT
24	35940 IM	He, Jingyi	13	Win Tin	2:18.75	QT
25	42465 ICO	Chorus, Mieke Pauline	14	Island Stingrays	2:19.83	QT
26	30871 P	Pouillart, Chloe Chin	14	Island Stingrays	2:19.84	QT
27	34827 B	Kong, Charis	13	Tai Po	2:19.84	QT
28	28912 P	Eilers, Jodie Natasha	14	Island Stingrays	2:20.24	QT
29	32282 IAZ	Cheng, Denise	13	Pacific	2:21.48	QT
30	44478 P	Bartel, Celia Rae	13	Island Stingrays	2:21.69	QT
31	36950 IAZ	Hung, Pik Yin	13	Win Tin	2:21.69	QT
32	28142 B	Lee, Man Fei	13	Win Tin	2:21.69	QT

Dear Beauté

HIMAWARI
ひまわり



speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 54 Boys 13-14 200 LC Meter Freestyle

HKR: 1:49.58 WONG Kai Wai David, HTA

JR: 1:52.59

AGR: 1:56.03

OQT: 1:47.02

OST: 1:50.23

2:12.12 QT Qualifying Time

Meet Qualifying: 2:12.12

	ID#	Name	Age	Team	Seed Time
1	29257 B	He, Shing Ip	14	Chi Pui	1:57.35 QT
2	28763 B	Lau, Alan Tsz Lun	14	Win Tin	1:59.09 QT
3	22961 B	Chan, Tsun Hin	14	White Dolphin	1:59.17 QT
4	35894 B	Chui, Ka Yeung	13	Win Tin	2:02.10 QT
5	38791 IAZ	Cheng, Yu Hin	14	Tai Po	2:04.88 QT
6	32042 IAZ	Lee, Jia Jun Jody George	13	South China	2:05.34 QT
7	29282 IAZ	Lin, Lok Him Angus	13	Pacific	2:05.51 QT
8	27637 P	Goh, Zong Hern	14	Win Tin	2:06.32 QT
9	32463 IAZ	Chan, Austin	13	Dik Wing	2:06.45 QT
10	29218 IAZ	Choi, Ming Hon Marcus	14	South China	2:06.84 QT
11	30527 IAZ	Cheung, Chun Wang	14	Chi Pui	2:06.95 QT
12	30184 B	Yeung, Wing Hei	13	Win Tin	2:06.97 QT
13	33197 P	Hebrard, Paul	13	Island Stingrays	2:07.57 QT
14	33946 B	Siu, Yi Lok	13	Tai Po	2:07.83 QT
15	27030 #B	Tsai, Ho Hin Ethan	13	Hoi Tin	2:08.36 QT
16	34754 IAO	Payer Emeric, Yat-long Franc	14	South China	2:08.65 QT
17	33803 B	Wong, Tsz Ho	13	Sword Fish Club	2:10.31 QT
18	30135 B	Delgado, Elijah Rey T.	14	White Dolphin	2:10.37 QT
19	40550 ICO	Teh, Keith Jun Wen	14	South China	2:10.53 QT
20	32268 IAZ	Leung, Pui Lok	13	Lai Tsun	2:10.78 QT
21	33577 P	Choi, Tsz Kit	13	Aquatic	2:11.15 QT
22	38859 IAO	Yang, Ruei Bin	13	Tuen Mun	2:12.12 QT
23	31357 #B	Lam, Cheuk Yiu	13	Kowloon Tong Club	2:12.12 QT
24	27448 #IAZ	Ng, Kwun Wa	14	Pacific	2:12.12 QT

Event 55 Girls 15-17 200 LC Meter Freestyle

HKR: 1:54.98 HAUGHEY Siobhan Bernadette SCA

JR: 1:59.77

AGR: 1:59.66

OQT: 1:57.28

OST: 2:00.80

2:19.97 QT Qualifying Time

Meet Qualifying: 2:19.97

	ID#	Name	Age	Team	Seed Time
1	21383 B	Ho, Nam Wai	17	Win Tin	1:56.83 QT
2	22347 B	Wong, Sze Ting	15	Win Tin	2:02.29 QT
3	25340 B	Leung, Yan Tung	17	Tai Po	2:03.76 QT
4	30054 IAZ	Cheng, Chloe	15	Pacific	2:04.51 QT
5	29060 IAZ	Lam, Hoi Kiu	15	Hoi Tin	2:06.16 QT
6	22622 IAZ	Yip Charis Gabrielle, Chak Y	16	Happy Valley	2:06.63 QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 55 ... (Girls 15-17 200 LC Meter Freestyle)

7	20540 IAZ	Kan, Cheuk Tung Natalie	17	Happy Valley	2:07.80	QT
8	38248 P	Du, Zheng	15	Flying Dragon	2:08.17	QT
9	23856 B	Leung, Ka Ching	15	Hoi Tin	2:08.55	QT
10	29111 B	Chan, Lok Wai	15	Happy Valley	2:08.69	QT
11	25263 B	Tai, Samantha Natalie	15	Pacific	2:09.66	QT
12	26816 P	Byun, Sun Young	15	Island Stingrays	2:12.80	QT
13	28916 P	Park, Laura Heesun	15	Island Stingrays	2:12.92	QT
14	26508 P	Lindsay, Alys Okabe Yuqi	16	Island Stingrays	2:13.58	QT
15	27385 IAZ	Lam, Michelle Hiu-tung	16	South China	2:14.10	QT
16	40273 P	Kerrigan, Nathalie	16	Island Stingrays	2:14.30	QT
17	29498 B	Tang, Yee Man	15	Dik Wing	2:14.77	QT
18	31838 IAZ	Ting, Hiu Yu	16	Hoi Tin	2:15.20	QT
19	36461 P	Mak, Rebecca Tsz Man	16	South China	2:15.23	QT
20	34590 P	Won, Elizabeth Jiho	15	Island Stingrays	2:15.32	QT
21	34404 IAZ	Hobson, Kimberly Erin	15	South China	2:15.74	QT
22	29902 B	Lam, Cheuk Ue Natalie	15	Tai Po	2:16.79	QT
23	29874 B	Yau, Sin Lin	16	Csu	2:17.40	QT
24	44479 P	Bartel, Sonia Rose	15	Island Stingrays	2:19.97	QT
25	33429 P	Lee, Josephine Jungha	15	Island Stingrays	2:19.97	QT

Event 56 Boys 15-17 200 LC Meter Freestyle

HKR: 1:49.58 WONG Kai Wai David, HTA

JR: 1:52.59

AGR: 1:50.30

OQT: 1:47.02

OST: 1:50.23

2:08.25 QT Qualifying Time

Meet Qualifying: 2:08.25

	ID#	Name	Age	Team	Seed Time	
1	25777 B	Cheuk, Ming Ho	17	Chi Pui	1:48.82	QT
2	19179 B	Tam, Sze Shing Thomas	17	Win Tin	1:53.85	QT
3	24648 B	Kwok, Chun Hei	15	Hoi Tin	1:55.17	QT
4	30192 B	Whittington, Peter Harry	15	Dali Swimming Club	1:55.71	QT
5	26123 IAZ	Wong, Wai Lun	17	Hoi Tin	1:56.48	QT
6	17507 B	Leung, Cheuk Fung	17	Dali Swimming Club	1:58.15	QT
7	26842 IAZ	Yuk, Shing Chi	16	Pacific	1:58.52	QT
8	27064 P	Yeoh, Nathaniel Min-kye	16	LRC	1:58.89	QT
9	22009 IAZ	Eng, Matthew Tingchen	15	Pacific	1:58.98	QT
10	25254 B	Ho, Siu Lun	15	Dali Swimming Club	1:59.09	QT
11	25138 B	Chan, Long Yin	17	Hoi Tin	1:59.90	QT
12	21052 B	Thorley, William Yan	17	Sha Mei 318	1:59.96	QT
13	25106 B	Lam, Wai Lok	16	Win Tin	2:00.45	QT
14	20376 B	Tsang, Ho Yan	17	Win Tin	2:00.75	QT
15	22824 IAZ	Wong, Lok Kan	15	Hoi Tin	2:00.82	QT
16	25848 B	Tsang, Ho Ka	16	Win Tin	2:01.22	QT
17	18634 B	Chan, Hei Chun	17	Juan Hua Club	2:01.51	QT
18	24901 IAZ	Yau, Alfred Kap Fong	16	South China	2:02.21	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 56 ... (Boys 15-17 200 LC Meter Freestyle)

19	25326 B	Lam, Tsz Him	15	Happy Valley	2:02.91	QT
20	20379 IAZ	Lam, Chak Fung	17	Happy Valley	2:03.03	QT
21	26608 #B	Tang, Ho Sum	16	Hoi Tin	2:03.90	QT
22	32240 IAZ	Choy, Man Hin	16	Csu	2:05.68	QT
23	24751 B	Lau, Hoi Hang	15	Lai Wa	2:05.85	QT
24	25569 P	Ng, Eson	17	Dali Swimming Club	2:08.25	QT
25	26597 IAZ	Ngai, Tsz Ho	15	Hoi Tin	2:08.25	QT
26	31576 IAZ	McGovern, James Daniel John	15	LRC	2:08.25	QT
27	34058 B	Chow, Hong-Yo Sandy	15	Pacific	2:08.25	QT
28	21134 B	Cheuk, King Pok	15	Tolo Harbour	2:08.25	QT

Event 57 Girls 18 & Over 200 LC Meter Freestyle

HKR:	1:54.98	HAUGHEY Siobhan Bernadette	SCA
OQT:	1:57.28		
OST:	2:00.80		
	2:19.97	QT Qualifying Time	

Meet Qualifying: 2:19.97

ID#	Name	Age	Team	Seed Time	
1	04515 ICZ	Sze, Hang Yu	31 Win Tin	1:59.83	QT
2	09959 IAZ	Mok, Hoi Man Sheron	24 Pacific	2:04.98	QT
3	09770 IA	Li, Hannah Hang Fung	22 Kwan Hung	2:06.50	QT
4	23005 B	Lam, Hiu Wai	18 Kwun Tong	2:08.96	QT
5	18904 B	Wong, Ching Lam	18 Win Tin	2:09.06	QT
6	18174 #IAZ	Chan, Wing Sze Kelly	18 Win Tin	2:15.86	QT

Event 58 Boys 18 & Over 200 LC Meter Freestyle

HKR:	1:49.58	WONG Kai Wai David, HTA
OQT:	1:47.02	
OST:	1:50.23	
	2:08.25	QT Qualifying Time

Meet Qualifying: 2:08.25

ID#	Name	Age	Team	Seed Time	
1	10565 B	Chan, Chun Hei	23 Juan Hua Club	1:50.76	QT
2	21622 IAZ	Lam, Chak Hang	18 Happy Valley	1:53.35	QT
3	21094 IAZ	Leung, Chun Hei Bryan	18 Win Tin	1:54.09	QT
4	19092 IAZ	Wong, Ming Hong	19 Hoi Tin	1:54.61	QT
5	36082 IAZ	Baron van Voorst Tot, Voorst	18 Pacific	1:56.32	QT
6	11438 B	Fung, Chun Ho	22 Hoi Tin	1:57.20	QT
7	23101 #P	Li, Chun Yin Jason	18 Happy Valley	1:59.40	QT
8	05302 IAZ	Poon, Ching Leung Sunny	24 Tai Po	2:00.53	QT
9	22270 B	Law, Lok Yin Alvin	18 Tuen Mun	2:07.11	QT

Dear Beauté

HIMAWARI
ひまわり



speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 59 Girls 10 & Under 50 LC Meter Breaststroke

HKR: 31.61 YEUNG Jamie Zhen Mei, HTA

JR: 32.79

AGR: 35.23

44.12 QT Qualifying Time

Meet Qualifying: 44.12

	ID#	Name	Age	Team	Seed Time	
1	40887 IAZ	Au-Yeung, Sze Ching	10	Chi Pui	38.15	QT
2	38756 B	Pak, Yan Ting Emily	10	Dali Swimming Club	38.83	QT
3	39179 #B	Man, Wui Kiu	10	Chi Pui	39.00	QT
4	36634 #B	Mak, Ka Hei	10	Tai Po	39.68	QT
5	35942 B	Choi, Man Yuk	10	Win Tin	40.74	QT
6	42134 #IAZN	Tang, Kai Ting	9	Hoi Tin	40.89	QT
7	37958 IAZ	Tso, Georgina	10	South China	40.91	QT
8	35670 B	Cheung, Wing Yi Claire	10	Jockey Club	41.17	QT
9	40738 B	Li, Sum Yiu	10	White Dolphin	41.64	QT
10	43293 IAZ	Chan, Yan Tung Isa	10	Winner	41.97	QT
11	38624 B	Li, Yan Wing	10	Tai Po	42.13	QT
12	38940 IAZ	Kan, Sum Yin	9	Lai Wa	42.22	QT
13	35938 B	Chu, Wai Kiu	10	Win Tin	42.28	QT
14	40055 IAZ	Ma, Kristen	10	South China	42.43	QT
15	34073 B	Iu, Ka Yee	10	Win Tin	42.91	QT
16	43099 IAZ	Ng, Hoi Ching	10	Pacific	43.74	QT
17	42450 B	Yu, Hei Tung	10	New Wave	43.91	QT
18	39905 IAZ	Lan, Jasmine Lauren	9	Jockey Club	43.93	QT
19	39565 B	Lau, Yee Chun	10	Dali Swimming Club	44.12	QT
20	43337	Zhou, Xiaolin	10	Hoi Tin	44.12	QT
21	42618 B	Yu, Hau Yi	10	Happy Valley	44.12	QT
22	43982 IAZ	Zhang, Anne	10	Happy Valley	44.12	QT
23	38538 B	Ng, Sze Wing	10	Tai Po	44.12	QT

Event 60 Boys 10 & Under 50 LC Meter Breaststroke

HKR: 28.23 TO Kenneth King Him, LWS

JR: 29.57

AGR: 36.43

43.08 QT Qualifying Time

Meet Qualifying: 43.08

	ID#	Name	Age	Team	Seed Time	
1	40651 P	Leung, Tsz Ming	10	White Dolphin	37.64	QT
2	34355 IAZ	Kwan, Tsun Man	10	South China	38.97	QT
3	42638 #IAZ	Ong, Sheng Shu David	10	Candy Row	39.82	QT
4	40537 B	Tsang, Kai Wai	10	Win Tin	40.01	QT
5	38670 P	Joyce, Kaenan James	10	South China	40.40	QT
6	38034 #IAZ	Wong, Hey	10	Hoi Tin	40.61	QT
7	43816 #P	Wu, Yulun	9	Hoi Tin	40.93	QT
8	34958 IAZ	So, Chun Yu	10	Win Tin	41.16	QT
9	36731 IAZ	Ho, Aidan Hui Ming	10	Hoi Tin	41.53	QT
10	38622 IAZ	Lee, Kai Ho Kyle	10	Tai Po	41.92	QT
11	36563 B	Leung, Hok Kiu Jason	10	Happy Valley	41.99	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 60 ... (Boys 10 & Under 50 LC Meter Breaststroke)

12	40657 B	Wong, Aldo	10	Tai Po	42.44	QT
13	39084 B	Chan, See Nok Feliz	9	Win Tin	43.01	QT
14	35347 IAZ	Leung, Chak Wai Adrian	10	Hoi Tin	43.08	QT
15	37160 IAZ	To, Kwan Yu	10	Hoi Tin	43.08	QT
16	38676 IAZ	Mak, Chung Hang	10	Happy Valley	43.08	QT
17	33596 B	Chan, Chun Wing Kyle	10	Lai Wa	43.08	QT
18	38819 IAZ	Long, Clarence	10	Pacific	43.08	QT
19	36805 #B	Chan, Leong To	9	Tai Po	43.08	QT

Event 61 Girls 11-12 50 LC Meter Breaststroke

HKR: 31.61 YEUNG Jamie Zhen Mei, HTA

JR: 32.79

AGR: 34.33

39.97 QT Qualifying Time

Meet Qualifying: 39.97

	ID#	Name	Age	Team	Seed Time	
1	33815 IAZ	Wong, Hin Yi	12	Tai Po	34.82	QT
2	31524 B	Chu, Wai Ki	12	Win Tin	34.99	QT
3	33742 IAZ	Lam, Chelsie	11	Dali Swimming Club	35.23	QT
4	32452 B	Wong, Cheuk Yan Danielle	11	Win Tin	36.21	QT
5	41026 IAZ	Wong, Yat Ching	11	Tai Po	36.23	QT
6	37035 IAZ	Ip, Ka Wei Katherine	12	Happy Valley	36.75	QT
7	34853 B	Uhi, Viviana Marise	12	Hoi Tin	36.91	QT
8	33187 IAZ	Tse, Tsz Yu	11	Win Tin	36.94	QT
9	35358 B	Ng, Yuen Chi Denise	12	YMCA OF Hong Kong	37.03	QT
10	29843 B	Lai, Tsz Yan	11	Win Tin	37.17	QT
11	35034 #IAZ	Tsui, Tsz Chin Chloris	12	Hoi Tin	37.18	QT
12	28258 #B	Chan, Hong Yin Kara	12	Dali Swimming Club	37.53	QT
13	35895 #B	Ting, Sin Heng Shannon	11	Hoi Tin	37.62	QT
14	35884 P	Ducanois, Charlotte Jillian	12	Island Stingrays	37.83	QT
15	33851 B	Tse, Cheuk Tung	12	Win Tin	37.83	QT
16	38297 IAX	Cheung, Hau Wing	11	Lai Wa	37.98	QT
17	34032 B	Ma, Hei Tung	11	Hoi Tin	38.03	QT
18	35209 B	Yang, Hoi Nei	12	White Dolphin	38.10	QT
19	36236 B	Chan, Lok Yee	12	Lai Wa	38.18	QT
20	33948 #IAZ	Wong, Wing	11	Hoi Tin	38.44	QT
21	38455 IAZ	Tse, Hoi Ting Samantha	11	CYM	38.48	QT
22	31515 B	So, Yeuk Lam Bianca	11	Win Tin	38.56	QT
23	31462 #B	Li, In Wai	11	Hoi Tin	38.64	QT
24	37750 #IAZ	So, Ching Nga	11	Hoi Tin	38.77	QT
25	33426 IAZN	Chan, Tsz Wing Sophie	11	South China	39.38	QT
26	33286 B	Lam, Kayleigh	12	Jockey Club	39.49	QT
27	33924 B	Ip, Hei Tung	11	White Dolphin	39.72	QT
28	33823 IAZ	Lau, Tania Tien-ai	12	South China	39.77	QT
29	33790 B	Ho, Sum Yue	12	Tai Po	39.88	QT
30	37449 #IAZ	Lee, Sze Wai Christy	12	Pacific	39.97	QT
31	33520 IAZ	Chen, Wing Kiu	12	South China	39.97	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 61 ... (Girls 11-12 50 LC Meter Breaststroke)

32 31365 IAZ Cheung, Yi Nuo Gisela 12 Win Tin 39.97 QT

Event 62 Boys 11-12 50 LC Meter Breaststroke

HKR: 28.23 TO Kenneth King Him, LWS

JR: 29.57

AGR: 30.24

37.62 QT Qualifying Time

Meet Qualifying: 37.62

	ID#	Name	Age	Team	Seed Time
1	30733 B	Lai, King Wo	12	Win Tin	33.73 QT
2	29688 B	Cheung, Ka Ming	12	White Dolphin	34.05 QT
3	34083 B	Leung, Chun Wai Tony	12	Win Tin	34.09 QT
4	36784 #B	Judkins, Grant Russell	12	Tai Po	34.14 QT
5	35805 B	So, Chun Hin	12	Pacific	34.22 QT
6	33793 IAZ	Tam, Ka Shek	12	Win Tin	34.42 QT
7	35489 B	Yu, Chun Hei	12	Tai Po	34.77 QT
8	35893 B	Cheung, King Long	12	Chi Pui	35.24 QT
9	31670 B	Yau, Kar Ho Alex	12	Tai Po	35.85 QT
10	33158 B	Wong, Nathan Siu Jun	12	Jockey Club	36.00 QT
11	32214 B	Wong, Sum Lam	11	White Dolphin	36.19 QT
12	33922 P	So, Kwun Wa	12	White Dolphin	36.23 QT
13	34407 B	Wu, Ting Yuk Cobi	11	Jockey Club	36.46 QT
14	33943 B	Lee, Chun Him	12	Lai Wa	36.54 QT
15	33427 B	Wong, Kai Tik Woody	12	Happy Valley	36.56 QT
16	32099 B	Ng, Wai Ting	11	Win Tin	36.69 QT
17	45057 ICO	Caglar, Mehmet Emre	12	Island Stingrays	37.62 QT
18	38113 P	Shu, Parker Pai-Kai	12	Island Stingrays	37.62 QT
19	38227 IAZ	Lo, Tsz Lam	12	Pacific	37.62 QT
20	33588 B	Chan, Yan Lok	11	Win Tin	37.62 QT

Event 63 Girls 13-14 50 LC Meter Breaststroke

HKR: 31.61 YEUNG Jamie Zhen Mei, HTA

JR: 32.79

AGR: 32.79

38.37 QT Qualifying Time

Meet Qualifying: 38.37

	ID#	Name	Age	Team	Seed Time
1	30744 B	Hui, Ka Ling	14	Win Tin	32.61 QT
2	31033 IAZ	Ho, Wan Yui	13	Flying Dragon	33.55 QT
3	27647 IAZ	Tam, Yik Shan	14	Pacific	34.31 QT
4	35365 B	Choy, Lai Lam	13	Hoi Tin	34.51 QT
5	39592 #IAZ	Sng, Yan Megan	14	Dik Wing	34.54 QT
6	29196 B	Yip, Hiu Lok	14	Tai Po	34.76 QT
7	34810 #IAZ	Chan, Chi Ting	13	Tai Po	35.28 QT
8	38578 IAO	Ng, Vianca	14	Dik Wing	35.35 QT
9	33004 B	So, Reenie	14	Win Tin	35.35 QT
10	35585 IAZ	Tse, Miu Chin	13	Sword Fish Club	35.36 QT
11	30417 B	Lowery, Jo Jo	14	YMCA OF Hong Kong	35.59 QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 63 ... (Girls 13-14 50 LC Meter Breaststroke)

12	25053 IAZ	Chiu, Wing Yiu	14	Win Tin	35.73	QT
13	26665 IAZ	Chan, Yuen Ting Charmaine	13	South China	35.79	QT
14	33492 IAZ	Chu, Ching Yin Annika	13	South China	35.83	QT
15	34467 B	Chan, Tsz Ching	13	Sea Lion	35.91	QT
16	24409 #B	Chiu, Hei Ching	14	Kowloon Tong Club	36.05	QT
17	33129 IAZ	Lau, Yui Sze	13	Sword Fish Club	36.07	QT
18	26763 B	Kwok, Sze Ming	13	Win Tin	36.07	QT
19	34523 #B	Yeung, Kei Yau Carina	13	Kowloon Tong Club	36.25	QT
20	34472 IAZ	Li, Yau	14	Delta	36.38	QT
21	34371 #B	Au, Man Huen Erin	14	Dali Swimming Club	36.58	QT
22	30227 B	Yau, Hoi Ting	13	Win Tin	36.69	QT
23	30871 P	Pouillart, Chloe Chin	14	Island Stingrays	36.81	QT
24	33886 IAZ	Leung, Chung Hang Jade	13	Sword Fish Club	36.83	QT
25	28646 P	Chan, Tsz Kei	14	South China	37.18	QT
26	37765 B	Cheng, Ching Tung	13	Win Tin	37.69	QT
27	37583 ICO	Yates, Emily Elizabeth	14	Island Stingrays	37.72	QT
28	36319 IAZN	Yim, Ying Oi Kelly	13	Tai Po	37.77	QT
29	29637 IAZ	Wong, Chung Laam Stephanie	14	Kwun Tong	37.86	QT
30	35535 IAZ	Deng, Mei Kwan	14	Sword Fish Club	37.96	QT
31	29005 B	Quah, Cheng Xi Inez	14	Jockey Club	38.04	QT
32	38077 #ICO	Senturk, Mia Johanna	14	Esf	38.37	QT
33	37585 P	Hsu, Lauren Kan Ru	13	Island Stingrays	38.37	QT
34	42562 #P	Surgenor, Martha Alice	13	Island Stingrays	38.37	QT
35	31053 B	Imura, Hanna	14	Pacific	38.37	QT
36	38071 #B	Yeung, Hannah	13	Win Tin	38.37	QT

Event 64 Boys 13-14 50 LC Meter Breaststroke

HKR: 28.23 TO Kenneth King Him, LWS

JR: 29.57

AGR: 29.90

34.15 QT Qualifying Time

Meet Qualifying: 34.15

	ID#	Name	Age	Team	Seed Time	
1	28938 IAZ	To, Oscar	14	Kowloon City	31.16	QT
2	30262 B	Yip, Pak Ho	14	Hoi Tin	32.02	QT
3	30635 IAZ	So, Tsz Kin David	14	CYM	32.12	QT
4	30899 IAZ	Wong, Adam Chun To	13	Jockey Club	32.18	QT
5	32776 IAZ	Lai, Wai Tsan	14	South China	32.34	QT
6	31809 IAZ	Wong, Tsz Fung Justin	13	Tai Po	32.44	QT
7	27117 IAZ	Tai, Ethan	14	South China	32.78	QT
8	31374 B	Li, Yui Tak Elton	13	Win Tin	32.86	QT
9	29792 #B	Leung, Tze Ngo Darren	14	Dik Wing	32.87	QT
10	33945 B	Lai, Tsz Chun	14	Candy Row	32.89	QT
11	41122 ICX	Ling, Haozhi	13	Dik Wing	32.93	QT
12	29306 #B	Cheng, Hoi Kei	14	White Dolphin	32.95	QT
13	30571 P	Li, Hao Ming	14	Hoi Tin	33.12	QT
14	26751 IAZ	Kong, Chi Long	14	Kowloon City	33.29	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 64 ... (Boys 13-14 50 LC Meter Breaststroke)

15	32920 IAZ	Cheng, Yan Shek Isaac	13	South China	33.40	QT
16	30788 B	Leung, Yan Shing	14	Win Tin	33.40	QT
17	35559 B	Yam, Ming Chit Frederick	13	Win Tin	33.44	QT
18	39908 ICO	Leong, Kin Rong	13	South China	33.47	QT
19	28850 B	Lam, Yu Yeung	13	Win Tin	33.64	QT
20	29798 B	Chak, Yat Kiu	13	Dali Swimming Club	33.96	QT
21	42679 IAZ	Wong, Kwan Hon	14	Win Tin	34.02	QT
22	33716 #B	Chan, Ngai Cheung	14	Tuen Mun	34.15	QT
23	38965 IAZ	Kwok, Chun Kiu Joshua	14	CYM	34.15	QT
24	26212 #B	Ching, Wai Tsun	13	Kowloon Tong Club	34.15	QT
25	36105 IAZ	Wong, Tak Yan	13	Kwun Tong	34.15	QT
26	41691 IAZ	Wyatt, George Robert	14	Satellite	34.15	QT
27	31315 B	Leung, Wai Tai	13	Tai Po	34.15	QT

Event 65 Girls 15-17 50 LC Meter Breaststroke

HKR:	31.61	YEUNG Jamie Zhen Mei, HTA
JR:	32.79	
AGR:	31.82	
	37.66	QT Qualifying Time

Meet Qualifying: 37.66

	ID#	Name	Age	Team	Seed Time	
1	29060 IAZ	Lam, Hoi Kiu	15	Hoi Tin	31.82	QT
2	29139 B	Young, Sze Ki	16	Tai Po	32.41	QT
3	22523 IAZ	Chan, Tsz Kiu	17	Happy Valley	32.45	QT
4	27413 B	Wong, Suet Ching	15	Happy Valley	33.57	QT
5	36857 IAZ	Liu, Ming Xin Stephanie	16	Hoi Tin	33.73	QT
6	28081 B	Cheung, Hoi Lam	15	White Dolphin	33.98	QT
7	29344 B	Cheng, Cheuk Ying	16	Kwun Tong	34.58	QT
8	31215 #B	Ho, Venus Ching Sum	15	Tai Po	34.60	QT
9	29746 B	Tang, Ka Ying Lorraine	15	Jockey Club	34.84	QT
10	20769 B	Yeung, Tsoi Yuk	16	Dik Wing	35.10	QT
11	22347 B	Wong, Sze Ting	15	Win Tin	35.35	QT
12	32231 IAZ	Koh, Yan Ling	17	New Wave	35.62	QT
13	22665 IAZ	Wei, Gabrielle Jia Yun	16	Island Stingrays	35.65	QT
14	26929 B	Cheung, Yi Nian Mercedes	15	Win Tin	35.84	QT
15	28108 B	Seeto, Wai Ching	15	Keung Sang	36.28	QT
16	31838 IAZ	Ting, Hiu Yu	16	Hoi Tin	36.77	QT
17	27661 IAZ	Mak, Ying Qian Phoebe	16	Giant Whale	36.87	QT
18	29809 B	Yeung, Cheuk Kiu Natalie	15	Hoi Tin	37.66	QT

Event 66 Boys 15-17 50 LC Meter Breaststroke

HKR:	28.23	TO Kenneth King Him, LWS
JR:	29.57	
AGR:	29.34	
	32.66	QT Qualifying Time

Meet Qualifying: 32.66

	ID#	Name	Age	Team	Seed Time	
1	29699 IAZ	Fong, Ka Yu	17	White Dolphin	29.05	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 66 ... (Boys 15-17 50 LC Meter Breaststroke)

2	28535 B	Law, Tsz Hin	17	Hoi Ngai	29.52	QT
3	22413 IAZ	Lee, Shing Yan	16	Hoi Tin	29.79	QT
4	21627 B	Au, Chun Hei	15	Dali Swimming Club	29.87	QT
5	26736 IAZ	Wong, Hong Kiu	17	Tai Po	29.98	QT
6	31264 IAZ	Tam, Chun Yik	17	Hoi Tin	30.02	QT
7	19430 B	Mok, Yik Long	17	Win Tin	30.22	QT
8	22994 B	Wong, Benson	16	Dali Swimming Club	30.25	QT
9	17949 B	Ip, Alvin Ho Shuen	17	South China	30.30	QT
10	25003 B	Tsui, Dylan Ethan	17	Happy Valley	30.37	QT
11	31867 #P	Lam, Ka Chun	16	Pacific	30.49	QT
12	25050 B	Kung, Lok Sum	15	Tai Po	30.51	QT
13	27080 B	Chan, Tsz Chung Samuel	15	Sword Fish Club	30.54	QT
14	31941 IAZ	Tang, Kwok Ho	15	White Dolphin	30.66	QT
15	29568 B	Chan, Chun Shek	16	Win Tin	30.72	QT
16	20763 IAX	Fok, Chun Wang Anthony	17	Dali Swimming Club	30.78	QT
17	24340 B	Chow, Cheuk Wing	17	Sea Lion	30.81	QT
18	29506 B	Cheng, Chun Him	15	Dali Swimming Club	30.90	QT
19	22987 IAZ	Yuen, Kai Ho	16	Hoi Tin	30.93	QT
20	29599 IAZ	Lai, Ching Hei	15	Pacific	31.02	QT
21	25569 P	Ng, Eson	17	Dali Swimming Club	31.08	QT
22	30024 B	Lau, Yui Hin	16	Sword Fish Club	31.09	QT
23	33407 IAZ	Chu, Ho Yin	15	Tai Po	31.10	QT
24	40109 IAZ	Lee, Chun Sing Jason	15	South China	31.11	QT
25	31440 B	Lau, Yuk Hin	15	Hoi Tin	31.32	QT
26	25108 B	Au, Hao Yang	15	Win Tin	31.47	QT
27	27205 P	Chan, Yan Shing	17	Win Tin	31.49	QT
28	22725 B	Wong, Cheuk Chi	17	New Wave	32.66	QT
29	29110 IAZ	Lai, Kwan Wai Fergus	15	Dik Wing	32.66	QT
30	26602 IAZ	Yip, Ka Chun	16	Pacific	32.66	QT
31	28996 B	Wan, Tsz Fung	16	Win Tin	32.66	QT

Event 67 Girls 18 & Over 50 LC Meter Breaststroke

HKR: 31.61 YEUNG Jamie Zhen Mei, HTA

37.66 QT Qualifying Time

Meet Qualifying: 37.66

	ID#	Name	Age	Team	Seed Time	
1	30162 ICX	Chang, Yujuan	19	Win Tin	32.56	QT
2	18227 IAZ	Tse, Ching Ting	19	Lai Wa	32.79	QT
3	23005 B	Lam, Hiu Wai	18	Kwun Tong	33.55	QT
4	05641 IBZ	Chan, Kin Lok	25	Win Tin	33.64	QT
5	19152 IAZ	Cheung, Wing Yan	19	Tai Po	34.76	QT
6	21701 IAZ	Hui, Ka Lai	20	Kowloon Tong Club	36.31	QT
7	26152 IAO	Tang, Vanessa Yik Ching	18	Sea Lion	36.45	QT
8	10974 IAZ	Au, Hiu Pui	23	Giant Whale	37.66	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 68 Boys 18 & Over 50 LC Meter Breaststroke

HKR: 28.23 TO Kenneth King Him, LWS

32.66 QT Qualifying Time

Meet Qualifying: 32.66

	ID#	Name	Age	Team	Seed Time	
1	28758 #ICX	Yang, Jiachuan	20	Dali Swimming Club	27.97	QT
2	12303 IAZ	Ng, Yan Kin	22	Hoi Tin	28.57	QT
3	00421 IAZ	Mak, Ho Lun Raymond	27	Hoi Tin	28.62	QT
4		Rabua, Epeli	21	Fiji Swimming	X28.89	QT
5	11395 B	Chan, Yin Kwan	21	Sea Lion	28.92	QT
6	04426 B	Ng, Chun Nam Derick	25	Win Tin	28.92	QT
7	18823 B	Ng, Michael Yu Hin	19	Chi Pui	29.21	QT
8	19440 B	Chan, Chun Lok	18	Win Tin	29.33	QT
9	15423 IAZ	Cheung, Yau Ming	22	Giant Whale	29.50	QT
10	18657 B	Hung, Yuk Sen Jason	18	Tai Po	29.92	QT
11	20934 B	Tang, Ho Chuen	19	Sea Lion	30.01	QT
12	08999 B	Ho, Tin Long	22	Win Tin	30.39	QT
13	23023 B	Lam, Chun Fai	19	Happy Valley	30.46	QT
14	22087 IAZ	Yung, Ting Cheung	19	Kowloon Tong Club	30.63	QT
15	02591	Luk, Wing Kin Andy	30	Kwan Hung	31.15	QT
16	22513 IAZ	Tang, Cheuk Yan	18	Chi Pui	31.24	QT
17	25440 P	Cheng, Tsz Kin	18	HK Sportworld	31.57	QT
18	13717 IAZ	Leung, Ho Wai	18	Hoi Tin	31.59	QT
19	30436 IAZ	Lin, Chin Fung	18	Riverside	31.85	QT
20	28192 IAZ	Choi, Chun Lok	20	Happy Valley	32.41	QT

Event 69 Girls 13-14 400 LC Meter IM

HKR: 4:51.30 HAUGHEY Siobhan Bernadette SCA

JR: 4:51.30

AGR: 4:55.42

OQT: 4:38.53

OST: 4:46.89

5:48.22 QT Qualifying Time

Meet Qualifying: 5:48.22

	ID#	Name	Age	Team	Seed Time	
1	31841 IAZ	Ng, Lai Wa	14	Hoi Tin	5:02.05	QT
2	29117 IAZ	Wong, Po Yin	14	Happy Valley	5:08.54	QT
3	29519 IAZ	Hung, Lok Ching	14	Happy Valley	5:12.90	QT
4	25097 #B	Cheung, Margaret	14	Kowloon Tong Club	5:15.48	QT
5	31648 P	Du, Olivia Yiting	14	South China	5:16.51	QT
6	32517 B	Wong, Hoi Wai	13	Happy Valley	5:17.50	QT
7	31701 #IAZ	Yu, Tsz Wing	14	South China	5:19.26	QT
8	29567 #B	Chan, Wing Yan	13	Hoi Tin	5:24.21	QT
9	27640 B	Chen, Yu Xin	14	Chi Pui	5:36.64	QT
10	29248 #B	Yuen, Natalie	13	Happy Valley	5:38.55	QT
11	28912 P	Eilers, Jodie Natasha	14	Island Stingrays	5:40.19	QT
12	35939 #B	Wei, Shi Yao	13	Happy Valley	5:48.22	QT
13	32607 P	Pimlott, Leila Renae	13	South China	5:48.22	QT
14	29449 B	Leung, Wing Tsun Rachel	13	Win Tin	5:48.22	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 70 Boys 13-14 400 LC Meter IM

HKR: 4:29.02 Alex FONG Lik-sun, SCA

JR: 4:33.86

AGR: 4:35.75

OQT: 4:15.84

OST: 4:21.46

5:19.60 QT Qualifying Time

Meet Qualifying: 5:19.60

	ID#	Name	Age	Team	Seed Time	
1	22961 B	Chan, Tsun Hin	14	White Dolphin	4:45.71	QT
2	29257 B	He, Shing Ip	14	Chi Pui	4:48.87	QT
3	29579 IAZ	Kan, Tsz Chun	14	Pacific	4:55.97	QT
4	29849 B	Yeung, Cheuk Hay Hayden	13	Chi Pui	5:03.03	QT
5	33385 B	Lu, Pat Fan	13	Happy Valley	5:04.85	QT
6	30572 B	Leung, Sze Hang	13	Chi Pui	5:09.37	QT
7	31864 IAZ	Kwong, Bui Ming	14	Hoi Ngai	5:14.66	QT
8	33197 P	Hebrard, Paul	13	Island Stingrays	5:19.60	QT
9	29282 IAZ	Lin, Lok Him Angus	13	Pacific	5:19.60	QT

Event 71 Girls 15-17 400 LC Meter IM

HKR: 4:51.30 HAUGHEY Siobhan Bernadette SCA

JR: 4:51.30

AGR: 4:51.30

OQT: 4:38.53

OST: 4:46.89

5:38.68 QT Qualifying Time

Meet Qualifying: 5:38.68

	ID#	Name	Age	Team	Seed Time	
1	30054 IAZ	Cheng, Chloe	15	Pacific	4:50.91	QT
2	22622 IAZ	Yip Charis Gabrielle, Chak Y	16	Happy Valley	5:02.09	QT
3	20766 B	Li, Yuet Sum Phyllis	17	Tai Po	5:03.73	QT
4	25263 B	Tai, Samantha Natalie	15	Pacific	5:05.64	QT
5	23856 B	Leung, Ka Ching	15	Hoi Tin	5:09.69	QT
6	22665 IAZ	Wei, Gabrielle Jia Yun	16	Island Stingrays	5:10.01	QT
7	18130 IAZ	Mak, Agnes	16	Kwun Tong	5:17.51	QT
8	31005 IAZ	Tan, Hannah Qi Wen	17	Island Stingrays	5:18.67	QT
9	28794 P	Roets, Mia Louise	16	LRC	5:24.44	QT
10	27385 IAZ	Lam, Michelle Hiu-tung	16	South China	5:25.12	QT
11	35308 IAFO	Koenig, Luisa Marie Jeana	17	LRC	5:26.69	QT
12	33429 P	Lee, Josephine Jungha	15	Island Stingrays	5:38.68	QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 72 Boys 15-17 400 LC Meter IM

HKR: 4:29.02 Alex FONG Lik-sun, SCA

JR: 4:33.86

AGR: 4:31.51

OQT: 4:15.84

OST: 4:21.46

5:19.19 QT Qualifying Time

Meet Qualifying: 5:19.19

	ID#	Name	Age	Team	Seed Time
1	25777 B	Cheuk, Ming Ho	17	Chi Pui	4:24.15 QT
2	21248 B	Lau, Ping Chi	17	Hoi Tin	4:25.48 QT
3	30192 B	Whittington, Peter Harry	15	Dali Swimming Club	4:31.89 QT
4	26123 IAZ	Wong, Wai Lun	17	Hoi Tin	4:35.92 QT
5	28636 B	Chan, Tsz Chiu	16	Keung Sang	4:39.97 QT
6	33495 #IAZ	Wan, Siu Chun	15	Tai Po	4:43.06 QT
7	22210 B	Chan, Yin Ban	15	White Dolphin	4:43.69 QT
8	25050 B	Kung, Lok Sum	15	Tai Po	4:43.90 QT
9	22009 IAZ	Eng, Matthew Tingchen	15	Pacific	4:45.28 QT
10	30444 IAZ	Ho, Chung Lun	16	CYM	4:45.73 QT
11	24648 B	Kwok, Chun Hei	15	Hoi Tin	4:49.61 QT
12	28345 B	Sum, Ka Lok Leo	16	White Dolphin	4:51.30 QT
13	26950 P	Xiang, Haofeng	17	Win Tin	4:51.32 QT
14	29599 IAZ	Lai, Ching Hei	15	Pacific	4:52.73 QT
15	27061 IAZ	Chow, Ching Hei Julian	16	South China	4:54.76 QT
16	26608 #B	Tang, Ho Sum	16	Hoi Tin	4:55.88 QT
17	26308 IAZ	Yip, Ching Tak	17	Csu	4:56.24 QT
18	25326 B	Lam, Tsz Him	15	Happy Valley	4:56.38 QT
19	25889 IAZ	Chung, Yu Jing	15	Hoi Tin	4:56.39 QT
20	27669 P	Zhang, Zerui	15	Win Tin	4:56.85 QT
21	26597 IAZ	Ngai, Tsz Ho	15	Hoi Tin	4:57.74 QT
22	27064 P	Yeoh, Nathaniel Min-kye	16	LRC	5:00.12 QT
23	29059 IAZ	Ching, Lucan	15	Pacific	5:03.51 QT
24	31867 #P	Lam, Ka Chun	16	Pacific	5:05.31 QT
25	22993 B	Hui, Chi Kong Matthew	15	Dali Swimming Club	5:06.93 QT
26	26867 B	Lau, Chun Yin	17	HK Sportworld	5:18.55 QT
27	29043 #B	Tsang, Lok Hei	15	Happy Valley	5:19.19 QT

Event 73 Girls 18 & Over 400 LC Meter IM

HKR: 4:51.30 HAUGHEY Siobhan Bernadette SCA

OQT: 4:38.53

OST: 4:46.89

5:38.68 QT Qualifying Time

Meet Qualifying: 5:38.68

	ID#	Name	Age	Team	Seed Time
1	30162 ICX	Chang, Yujuan	19	Win Tin	4:55.40 QT
2	18904 B	Wong, Ching Lam	18	Win Tin	4:57.18 QT
3	18174 #IAZ	Chan, Wing Sze Kelly	18	Win Tin	5:24.93 QT
4	17084 IAZ	Lau, Sze Wing	21	Hoi Tin	5:33.81 QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 74 Boys 18 & Over 400 LC Meter IM

HKR: 4:29.02 Alex FONG Lik-sun, SCA

OQT: 4:15.84

OST: 4:21.46

5:19.19 QT Qualifying Time

Meet Qualifying: 5:19.19

	ID#	Name	Age	Team	Seed Time	
1	18823 B	Ng, Michael Yu Hin	19	Chi Pui	4:22.68	QT
2	21622 IAZ	Lam, Chak Hang	18	Happy Valley	4:26.81	QT
3	03439 IAZ	Sin, Chin Ting Keith	24	South China	4:34.19	QT
4	12303 IAZ	Ng, Yan Kin	22	Hoi Tin	4:34.43	QT
5	14940 IAZ	Tse, Tsz Fung	21	Win Tin	4:42.14	QT
6	20968 B	Ho, Sze Ming	18	Hoi Tin	4:43.18	QT
7	18172 B	Tsang, Tsz Ho	21	Happy Valley	4:45.31	QT
8	00252	Liu, Ho Fung	27	CYM	4:49.98	QT
9	23101 #P	Li, Chun Yin Jason	18	Happy Valley	4:52.89	QT
10	23030 IAZ	Lam, Ho Hin Vincent	18	Pacific	4:55.24	QT
11	25440 P	Cheng, Tsz Kin	18	HK Sportworld	5:14.25	QT

Event 75 Girls 10 & Under 50 LC Meter Butterfly

HKR: 26.66 Hannah WILSON, SCA

JR: 27.69

AGR: 30.56

38.11 QT Qualifying Time

Meet Qualifying: 38.11

	ID#	Name	Age	Team	Seed Time	
1	38033 IAZ	Cheung, Nga Yin Jodie	10	Tai Po	32.28	QT
2	38028 B	Leung, Evelyn Yi	10	Tai Po	34.81	QT
3	35670 B	Cheung, Wing Yi Claire	10	Jockey Club	35.33	QT
4	36634 #B	Mak, Ka Hei	10	Tai Po	35.56	QT
5	38029 B	Leung, Evita Yan	9	Tai Po	36.07	QT
6	35932 B	Wong, Sze Laam Serena	9	Win Tin	36.71	QT
7	40887 IAZ	Au-Yeung, Sze Ching	10	Chi Pui	37.45	QT
8	40255 IAO	Yeung, Gisele	10	Jockey Club	38.11	QT
9	42516 IAZ	Mao, Elizabeth	9	Happy Valley	38.11	QT
10	43982 IAZ	Zhang, Anne	10	Happy Valley	38.11	QT
11	36101 B	Tang, Tsz Ching Selina	10	Kowloon City	38.11	QT
12	41265 B	Li, Elizabeth	9	South China	38.11	QT
13	38055 B	Ho, Tsz Tung	9	Tai Po	38.11	QT
14	43424 IAZ	Mathis, Mya Lynn	9	Tai Po	38.11	QT
15	34721 #B	Shum, Audrey	10	Tai Po	38.11	QT
16	40738 B	Li, Sum Yiu	10	White Dolphin	38.11	QT
17	42574 B	Tian, Mui Hing	10	White Dolphin	38.11	QT
18	35547 B	Yau, Cheuk Yiu	10	Win Tin	38.11	QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 76 Boys 10 & Under 50 LC Meter Butterfly

HKR: 24.12 CHEAH Geoffrey, SCA

JR: 24.74

AGR: 31.15

37.70 QT Qualifying Time

Meet Qualifying: 37.70

	ID#	Name	Age	Team	Seed Time	
1	38701 #B	Chung, Hei Chit	10	Hoi Tin	33.25	QT
2	37574 P	Chen, Eric Q	10	Island Stingrays	33.57	QT
3	40532 B	Dong, Xueyou Derek	10	Win Tin	34.08	QT
4	40651 P	Leung, Tsz Ming	10	White Dolphin	34.78	QT
5	38214 IAZ	Chan, Wai Ching Adrian	9	Pacific	35.07	QT
6	36149 IAZ	Lau, Chit Hin	10	Happy Valley	35.14	QT
7	36897 IAZ	Han, Hao	10	Hoi Tin	35.93	QT
8	37997 #B	Leung, Jaden Yui Him	10	Tai Po	36.23	QT
9	34487 B	Ma, Ko Kwan	10	Win Tin	36.33	QT
10	39573 B	Lee, Chak Fung Jaiden	10	Happy Valley	36.68	QT
11	36563 B	Leung, Hok Kiu Jason	10	Happy Valley	36.74	QT
12	38083 P	Sum, Alfred Kyle	9	Hoi Tin	37.28	QT
13	36117 B	Tam, Sing Hin	10	Dali Swimming Club	37.70	QT
14	44135 B	So, Chun Hei	10	Penguin	37.70	QT
15	38836 IAZ	Siu, King To Bosco	10	Sword Fish Club	37.70	QT
16	43221 IAZ	Wang, Tsz Hang Steven	10	Sword Fish Club	37.70	QT
17	37356 IAZ	Chan, Chee Hon Jayden	10	Tai Po	37.70	QT
18	39916 IAZ	Lee, Ka Long Brian	10	Tai Po	37.70	QT
19	35898 IAZ	Ng, Pak Hei	10	Win Tin	37.70	QT
20	40534 IAZ	Yang, Yu Jie Jesse	10	Win Tin	37.70	QT

Event 77 Girls 11-12 50 LC Meter Butterfly

HKR: 26.66 Hannah WILSON, SCA

JR: 27.69

AGR: 28.87

33.44 QT Qualifying Time

Meet Qualifying: 33.44

	ID#	Name	Age	Team	Seed Time	
1	31437 B	Yeung, Hoi Ching	12	Tai Po	29.50	QT
2	31469 B	Lee, Si Yao Peony	12	South China	30.22	QT
3	31520 B	Chan, Hiu Tung Annabel	12	Win Tin	30.57	QT
4	37017 IAZ	Chan, Tsun Wing	12	Hoi Tin	30.61	QT
5	35455 B	Poon, Lok Yan	11	Chi Pui	31.81	QT
6	34310 IAZ	Siu, Wing Nam	12	Tai Po	32.03	QT
7	31367 B	Fong, Tsz Ying Jovanna	12	Win Tin	32.25	QT
8	31442 B	Lee, Fei Er Josephine	12	Hoi Tin	32.36	QT
9	33948 #IAZ	Wong, Wing	11	Hoi Tin	32.66	QT
10	31321 IAZ	Leung, Man Wai Yoyo	12	Pacific	32.67	QT
11	29843 B	Lai, Tsz Yan	11	Win Tin	32.83	QT
12	37717 P	Hebrard, Clementine	11	Island Stingrays	33.44	QT
13	37596 P	Sandeen, Audrey Elizabeth	12	Island Stingrays	33.44	QT
14	37750 #IAZ	So, Ching Nga	11	Hoi Tin	33.44	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 77 ... (Girls 11-12 50 LC Meter Butterfly)

15	31707 #B	Tung, Sze Mang	11	Happy Valley	33.44	QT
16	34546 B	Chan, Ho Ching	12	Pacific	33.44	QT
17	39650 IAZ	Yau, Nam Hei	11	Sword Fish Club	33.44	QT
18	31365 IAZ	Cheung, Yi Nuo Gisela	12	Win Tin	33.44	QT

Event 78 Boys 11-12 50 LC Meter Butterfly

HKR: 24.12 CHEAH Geoffrey, SCA

JR: 24.74

AGR: 27.69

32.68 QT Qualifying Time

Meet Qualifying: 32.68

	ID#	Name	Age	Team	Seed Time	
1	36166 IAZ	Chan, Ching Hei Alvin	12	Dik Wing	29.46	QT
2	33935 B	Yau, Pak Ho	12	Chi Pui	30.66	QT
3	31673 B	Yip, Hiu Yeung	11	Tai Po	31.44	QT
4	37083 P	Kwan, Nicholas	11	Tai Po	31.50	QT
5	35825 IAX	Ng, Tin Ki	12	Tai Po	31.58	QT
6	34756 #IAZ	Hofstede, Adam Marcel	12	Dik Wing	31.60	QT
7	37937 IAZ	Leung, Pak Hei	12	South China	31.65	QT
8	33755 IAZ	Lau, Kin Hei James	11	Hoi Tin	31.74	QT
9	35666 IM	Chan, Cheuk Kit	12	Win Tin	31.74	QT
10	35052 B	Chan, Pok Hin Anson	12	Dali Swimming Club	31.78	QT
11	42614 B	Paau, Sen Wai	11	Sea Green	32.24	QT
12	31695 IAZ	Tsang, Hiu Long	12	Pacific	32.56	QT
13	34145 IAO	Ng, Anson	11	Happy Valley	32.62	QT
14	31127 IAZ	Cheng, Chun Hong	12	Dali Swimming Club	32.68	QT
15	40093 B	Liu, Chun Ki	12	Dik Wing	32.68	QT
16	36157 IAZ	Loo, Tsz Chung Berry	11	Dik Wing	32.68	QT
17	31659 #B	Law, Wang Yiu Henry	12	Hoi Tin	32.68	QT
18	33767 IAZ	Lee, Cheston	11	Hoi Tin	32.68	QT
19	35514 B	Vallejo, Jaden Fredrik	12	South China	32.68	QT
20	36430 P	Chu, Tsun Ho	12	Sword Fish Club	32.68	QT
21	41006 IAZ	Law, Ki Kwan	12	Sword Fish Club	32.68	QT
22	39015 P	Chan, Tsz Kwan	12	Tai Po	32.68	QT

Event 79 Girls 13-14 50 LC Meter Butterfly

HKR: 26.66 Hannah WILSON, SCA

JR: 27.69

AGR: 28.13

32.16 QT Qualifying Time

Meet Qualifying: 32.16

	ID#	Name	Age	Team	Seed Time	
1	30455 B	Lui, Ho Yee Chloe	14	Win Tin	28.11	QT
2	25098 B	Fung, Suet Ying Chloe	14	Win Tin	28.51	QT
3	29632 IAZ	Tse, On Ching	13	Tai Po	28.75	QT
4	25607 IAZ	Lau, Ping Yi Audrey	14	Hoi Tin	29.05	QT
5	27089 B	Chan, Ying Sen	14	Hoi Tin	29.50	QT
6	34523 #B	Yeung, Kei Yau Carina	13	Kowloon Tong Club	29.50	QT

Dear Beauté

HIMAWARI
ひまわり葡萄道
Sport

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 79 ... (Girls 13-14 50 LC Meter Butterfly)

7	29240 B	Chu, Sarah Ting Yan	14	South China	29.58	QT
8	27774 B	Lam, Hoi Ching Summer	14	South China	30.12	QT
9	33410 IAZ	Luo, Cheuk Yi	14	Tai Po	30.19	QT
10	31301 IAZ	To, Wing Yan	13	Sha Mei 318	30.53	QT
11	27640 B	Chen, Yu Xin	14	Chi Pui	30.75	QT
12	33749 P	Standing, Emma	14	South China	30.76	QT
13	31869 IAZ	Ma, Gian	14	Tai Po	30.85	QT
14	33962 B	Tam, Cheuk Kiu	13	Tai Po	30.96	QT
15	30893 IAZ	Tsang, Nicola Frances	13	Jockey Club	31.23	QT
16	35549 B	Kwan, Cheuk Tung	13	Win Tin	31.62	QT
17	33129 IAZ	Lau, Yui Sze	13	Sword Fish Club	31.80	QT
18	34827 B	Kong, Charis	13	Tai Po	31.94	QT
19	34371 #B	Au, Man Huen Erin	14	Dali Swimming Club	31.96	QT
20	31379 B	Chung, Tsoi Tung	14	Dik Wing	31.98	QT
21	31053 B	Imura, Hanna	14	Pacific	32.05	QT
22	37565 P	Lee, Nayon	14	Island Stingrays	32.16	QT
23	42562 #P	Surgenor, Martha Alice	13	Island Stingrays	32.16	QT
24	27953 IAO	Chow, Andrea	14	Hoi Tin	32.16	QT
25	31637 B	Fung, Janel	13	Happy Valley	32.16	QT
26	33273 #IAZ	Lo, Hok Ching	13	Sword Fish Club	32.16	QT

Event 80 Boys 13-14 50 LC Meter Butterfly

HKR:	24.12	CHEAH Geoffrey, SCA
JR:	24.74	
AGR:	25.75	
	29.64	QT Qualifying Time

Meet Qualifying: 29.64

	ID#	Name	Age	Team	Seed Time	
1	32248 B	Li, Sing Hoi	14	Win Tin	25.71	QT
2	28938 IAZ	To, Oscar	14	Kowloon City	26.29	QT
3	28439 IAZ	Cheng, Kam Fung	14	Current Club Ltd	26.84	QT
4	33370 IAZ	Hui, Ching Ho	13	Sword Fish Club	27.68	QT
5	30262 B	Yip, Pak Ho	14	Hoi Tin	27.90	QT
6	36000 B	Chan, Chi Chung	13	White Dolphin	27.97	QT
7	25665 IAZ	Wong, Hoi Nam	13	Dik Wing	28.02	QT
8	32463 IAZ	Chan, Austin	13	Dik Wing	28.20	QT
9	32042 IAZ	Lee, Jia Jun Jody George	13	South China	28.36	QT
10	30798 IAZ	Yeung, Hei Pui	14	Dali Swimming Club	28.42	QT
11	30527 IAZ	Cheung, Chun Wang	14	Chi Pui	28.91	QT
12	36912 IAZ	Wong, Kwan Pui	14	Hoi Tin	28.91	QT
13	26751 IAZ	Kong, Chi Long	14	Kowloon City	29.20	QT
14	31028 IAO	Ho, Cyrus	14	Win Tin	29.37	QT
15	24292 B	Chu, Hon Hei	13	White Dolphin	29.58	QT
16	31194 B	Lo, Man Hei	14	Dali Swimming Club	29.64	QT
17	28249 #B	Fung, O See Asaph	13	Kowloon Tong Club	29.64	QT
18	27542 B	Richard, Melvyn Chan	14	South China	29.64	QT
19	33941 IAZ	Goh, Ga Yik	13	Tai Po	29.64	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 80 ... (Boys 13-14 50 LC Meter Butterfly)

20	23903 B	Lee, Kwan Hon	14	Tai Po	29.64	QT
21	31668 B	Lui, Zhen Stephen	13	Tai Po	29.64	QT
22	32170 B	Wan, Michael Tsz Shun	13	Tai Po	29.64	QT
23	31547 B	Hui, Siu Ting	13	Win Tin	29.64	QT

Event 81 Girls 15-17 50 LC Meter Butterfly

HKR: 26.66 Hannah WILSON, SCA

JR: 27.69

AGR: 27.47

32.16 QT Qualifying Time

Meet Qualifying: 32.16

	ID#	Name	Age	Team	Seed Time	
1	31001 IAZ	Shen, Cheuk Ki	15	Dik Wing	26.73	QT
2	20540 IAZ	Kan, Cheuk Tung Natalie	17	Happy Valley	27.01	QT
3	22347 B	Wong, Sze Ting	15	Win Tin	27.85	QT
4	36827 IAZ	Wong, Anthea Ching Wun	16	South China	28.24	QT
5	24160 IAZ	Ng, Yat Yee	17	Happy Valley	28.76	QT
6	18783 IAZ	Wong, Wai Nam	17	White Dolphin	28.91	QT
7	23349 IAZ	Leung, Hui Tung	17	Hoi Tin	29.25	QT
8	27413 B	Wong, Suet Ching	15	Happy Valley	29.33	QT
9	29498 B	Tang, Yee Man	15	Dik Wing	29.50	QT
10	27659 P	Lai, Lok Yee	16	Giant Whale	29.58	QT
11	20885 B	Tsang, Hoi Lan	17	Giant Whale	29.71	QT
12	29111 B	Chan, Lok Wai	15	Happy Valley	29.73	QT
13	35757 IAZ	Wang, Ho Yan	15	Flying Dragon	29.84	QT
14	20769 B	Yeung, Tsoi Yuk	16	Dik Wing	29.94	QT
15	34922 #B	Ma, Wing Sum	15	Tai Po	30.02	QT
16	33488 IAZ	Lai, Cheuk Yiu Hayley	15	Happy Valley	30.19	QT
17	21860 B	Tam, Suet Ying	16	Win Tin	30.24	QT
18	40273 P	Kerrigan, Nathalie	16	Island Stingrays	30.35	QT
19	27403 IAZ	Yuen, Hiu Tung Alyssa	15	Lai Tsun	31.04	QT
20	31633 P	Rong, Carolyn Sophia	15	Island Stingrays	31.23	QT
21	31444 #IAZ	Tang, Hiu Tung	17	Tai Po	31.24	QT
22	32456 IAZ	Leung, Sylvia	17	Hoi Tin	31.26	QT
23	23174 IAZ	Leung, Tung Yan Angela	15	South China	31.35	QT
24	29902 B	Lam, Cheuk Ue Natalie	15	Tai Po	31.37	QT
25	31838 IAZ	Ting, Hiu Yu	16	Hoi Tin	31.41	QT
26	33540 B	Kwok, Tsz Yu	15	Giant Whale	31.42	QT
27	30763 P	Zhai, Xueer	17	Win Tin	31.56	QT
28	30309 P	Leven, Malin Elisabeth	16	South China	31.64	QT
29	29746 B	Tang, Ka Ying Lorraine	15	Jockey Club	31.67	QT
30	22647 B	Yeung, Wai Ki	15	Dik Wing	31.72	QT
31	25033 B	Chu, Karen	15	Tai Po	31.79	QT
32	29874 B	Yau, Sin Lin	16	Csu	32.16	QT
33	25386 B	Hung, Sin Ying	16	Hoi Ngai	32.16	QT
34	36161 IAO	Oldenzien, Angela Ying Ying	16	Hoi Tin	32.16	QT
35	33046 IAZ	Rice, Mia Louise	16	Pacific	32.16	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 81 ... (Girls 15-17 50 LC Meter Butterfly)

36 34404 IAZ Hobson, Kimberly Erin 15 South China 32.16 QT

Event 82 Boys 15-17 50 LC Meter Butterfly

HKR: 24.12 CHEAH Geoffrey, SCA

JR: 24.74

AGR: 24.27

28.10 QT Qualifying Time

Meet Qualifying: 28.10

	ID#	Name	Age	Team	Seed Time	
1	22533 IAZ	Ng, Cheuk Yin	17	Tai Po	23.95	QT
2	26842 IAZ	Yuk, Shing Chi	16	Pacific	24.94	QT
3	25254 B	Ho, Siu Lun	15	Dali Swimming Club	25.26	QT
4	24901 IAZ	Yau, Alfred Kap Fong	16	South China	25.85	QT
5	30499 IAO	Chan, Nathan	16	Dik Wing	25.92	QT
6	20289 IAZ	Tsui, Wai Chi	17	Win Tin	25.93	QT
7	28863 B	Leung, Chun Him	16	Dali Swimming Club	26.02	QT
8	25288 IAZ	Chiu, Hong Ching	17	Tai Po	26.25	QT
9	24909 B	Chu, Shek Him	17	Win Tin	26.32	QT
10	23092 B	Chan, Chun Yip Jonathan	16	Happy Valley	26.41	QT
11	27327 IAZ	Ho, Wai Lok	16	Pacific	26.43	QT
12	24576 IAZ	Tsang, Long Kiu	17	Dik Wing	26.80	QT
13	30444 IAZ	Ho, Chung Lun	16	CYM	26.85	QT
14	30024 B	Lau, Yui Hin	16	Sword Fish Club	26.89	QT
15	24849 IAZ	Cho, Hei Kang	16	Pacific	26.95	QT
16	26973 #B	Zhang, Tsz Hin	16	HK Sportworld	27.01	QT
17	29002 B	Wong, Lui	15	Win Tin	27.10	QT
18	19793 B	Kwok, Ching Heng	17	Hoi Ngai	27.53	QT
19	28077 IAZ	Yick, Harold	17	Pacific	27.61	QT
20	29506 B	Cheng, Chun Him	15	Dali Swimming Club	27.91	QT
21	30794 #IAX	Kong, Tsun Kit Ryan	16	Chi Kin	28.10	QT
22	31576 IAZ	McGovern, James Daniel John	15	LRC	28.10	QT
23	34058 B	Chow, Hong-Yo Sandy	15	Pacific	28.10	QT
24	29072 IAZ	Tsui, Shu Sum	16	Pacific	28.10	QT
25	31621 B	Chan, Yat Long	15	Sea Lion	28.10	QT

Event 83 Girls 18 & Over 50 LC Meter Butterfly

HKR: 26.66 Hannah WILSON, SCA

32.16 QT Qualifying Time

Meet Qualifying: 32.16

	ID#	Name	Age	Team	Seed Time	
1	05641 IBZ	Chan, Kin Lok	25	Win Tin	26.54	QT
2	04515 ICZ	Sze, Hang Yu	31	Win Tin	26.75	QT
3	18144 IAF	Wong, Yuk Yan	20	Hoi Tin	27.48	QT
4	21953 B	Chan, Tsz Ching	19	Happy Valley	29.13	QT
5	14774 IAZ	Wong, Hoi Yan	18	Pacific	29.53	QT
6	14069 IAZ	Yuen, Sin Ling	22	White Dolphin	29.99	QT
7	10974 IAZ	Au, Hiu Pui	23	Giant Whale	30.17	QT
8	01262	Mau, Lok Yan Eunice	26	Current Club Ltd	30.18	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 83 ... (Girls 18 & Over 50 LC Meter Butterfly)

9	18227 IAZ	Tse, Ching Ting	19	Lai Wa	30.19	QT
10	14779 IAZ	To, Long Yan Esther	21	Giant Whale	30.25	QT
11	26511 #IAZ	Chan, Sharron	18	Dik Wing	30.32	QT
12	18549 IAZ	So, Ching Laam	19	Win Tin	30.49	QT
13	00866 IAZ	Au, Hoi Shun Stephanie	27	Dik Wing	32.16	QT

Event 84 Boys 18 & Over 50 LC Meter Butterfly

HKR: 24.12 CHEAH Geoffrey, SCA

28.10 QT Qualifying Time

Meet Qualifying: 28.10

	ID#	Name	Age	Team	Seed Time	
1	04426 B	Ng, Chun Nam Derick	25	Win Tin	24.46	QT
2	08999 B	Ho, Tin Long	22	Win Tin	24.49	QT
3	00421 IAZ	Mak, Ho Lun Raymond	27	Hoi Tin	24.60	QT
4	13133 B	Lo, Cheuk Chun	20	Tai Po	24.77	QT
5	07734 P	Wong, Chen Ho Jeremy	25	Hoi Tin	24.92	QT
6	11438 B	Fung, Chun Ho	22	Hoi Tin	25.94	QT
7	24698 B	Fong, Ching Yuen	18	Win Tin	25.96	QT
8	19970 IAZ	Chang, Tak Kin David	18	Chi Pui	26.16	QT
9	02580	Lau, Chun Leung Johnny	27	Kwan Hung	26.21	QT
10	12959 B	Lui, Yiu Kwong	22	Giant Whale	26.24	QT
11	22513 IAZ	Tang, Cheuk Yan	18	Chi Pui	26.91	QT
12	38120 IAZ	Yeung, David Tsz Ching	18	Pacific	26.92	QT
13	22532 IAZ	Ma, Chun Pong Angus	19	Tai Po	27.26	QT
14	20081 IAZ	Chu, Yui Hang	19	HK Sportworld	27.50	QT
15	09363 IAZ	Ho, Tsun Ho	24	Kowloon City	28.10	QT
16	44964 P	Matic, Durde	19	Tai Po	28.10	QT

Event 85 Girls 12 & Under 4x50 LC Meter Medley Relay

2:22.14 QT Qualifying Time

Meet Qualifying: 2:22.14

	Team	Relay	Seed Time	
1	Hoi Tin Athletic Assn Ltd	A	2:04.09	QT
2	Tai PO Swimming Club	A	2:04.81	QT
3	Win Tin Swimming Club	A	2:05.57	QT
4	South China Athletic Assn	A	2:11.98	QT
5	Dik Wing Associaion	A	2:15.28	QT
6	Pacific Swimming Club	A	2:16.14	QT
7	Happy Valley Athletic Assn	A	2:21.53	QT
8	Chi Pui Swimming Club Ltd	A	2:22.14	QT
9	Dali Swimming Club	A	2:22.14	QT
10	Hong Kong Island Stingrays	A	2:22.14	QT

Event 86 Boys 12 & Under 4x50 LC Meter Medley Relay

2:15.28 QT Qualifying Time

Meet Qualifying: 2:15.28

	Team	Relay	Seed Time	
1	Tai PO Swimming Club	A	1:57.50	QT
2	Happy Valley Athletic Assn	A	2:02.13	QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 86 ... (Boys 12 & Under 4x50 LC Meter Medley Relay)

3	Hoi Tin Athletic Assn Ltd	A	2:03.89	QT
4	South China Athletic Assn	A	2:03.92	QT
5	Chi Pui Swimming Club Ltd	A	2:05.20	QT
6	Win Tin Swimming Club	A	2:06.43	QT
7	Pacific Swimming Club	A	2:06.77	QT
8	Dik Wing Associaion	A	2:09.67	QT
9	White Dolphin Sport Assn	A	2:10.09	QT
10	Dali Swimming Club	A	2:15.28	QT
11	Hong Kong Island Stingrays	A	2:15.28	QT

Event 87 Girls 13 & Over 4x50 LC Meter Medley Relay

2:15.43 QT Qualifying Time

Meet Qualifying: 2:15.43

	Team	Relay	Seed Time	
1	Win Tin Swimming Club	A	1:54.21	QT
2	Hoi Tin Athletic Assn Ltd	A	1:55.17	QT
3	Happy Valley Athletic Assn	A	1:56.14	QT
4	Dik Wing Associaion	A	1:59.11	QT
5	Pacific Swimming Club	A	2:00.29	QT
6	South China Athletic Assn	A	2:01.76	QT
7	Tai PO Swimming Club	A	2:02.65	QT
8	Hong Kong Island Stingrays	A	2:07.62	QT
9	Sea Lion Aqua Club Limited	A	2:15.05	QT
10	Dali Swimming Club	A	2:15.43	QT
11	Kowloon Tong Club	A	2:15.43	QT
12	Flying Dragon Life Guard Club	A	2:15.43	QT

Event 88 Boys 13 & Over 4x50 LC Meter Medley Relay

2:01.24 QT Qualifying Time

Meet Qualifying: 2:01.24

	Team	Relay	Seed Time	
1	Hoi Tin Athletic Assn Ltd	A	1:41.79	QT
2	Tai PO Swimming Club	A	1:42.84	QT
3	Pacific Swimming Club	A	1:43.92	QT
4	Win Tin Swimming Club	A	1:44.28	QT
5	Dik Wing Associaion	A	1:47.35	QT
6	South China Athletic Assn	A	1:48.14	QT
7	Chi Pui Swimming Club Ltd	A	1:49.71	QT
8	Happy Valley Athletic Assn	A	1:52.96	QT
9	White Dolphin Sport Assn	A	1:53.02	QT
10	Sea Lion Aqua Club Limited	A	1:55.17	QT
11	Hong Kong Sportworld Assn	A	1:57.87	QT
12	Dali Swimming Club	A	2:01.24	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 89 Girls 10 & Under 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

JR: 1:03.48

AGR: 1:11.95

OQT: 1:00.25

OST: 1:02.06

1:27.52 QT Qualifying Time

Meet Qualifying: 1:27.52

	ID#	Name	Age	Team	Seed Time
1	38891 IAZ	Leung, Hiu Lam	10	Dik Wing	1:16.79 QT
2	35345 B	Ho, Tin Wing	9	Hoi Tin	1:17.98 QT
3	40450 IAZN	Zhou, Ha Mi	10	Win Tin	1:21.37 QT
4	35942 B	Choi, Man Yuk	10	Win Tin	1:21.89 QT
5	38798 B	Kwan, Kai Yuet Esther	10	Tai Po	1:23.32 QT
6	37874 IAZ	Choi, Hiu Ying	9	Hoi Tin	1:23.37 QT
7	37001 IAZ	Chan, Oi Yin	10	Tolo Harbour	1:23.78 QT
8	37687 B	Lee, Wing Yau	10	Hoi Tin	1:24.03 QT
9	39179 #B	Man, Wui Kiu	10	Chi Pui	1:24.32 QT
10	35553 B	Chan, Hin Yau	10	Win Tin	1:24.82 QT
11	35932 B	Wong, Sze Laam Serena	9	Win Tin	1:24.86 QT
12	38978 IAZ	Sundjaja, Oceana	10	Tai Po	1:26.01 QT
13	40255 IAO	Yeung, Gisele	10	Jockey Club	1:26.91 QT
14	36832 IAZ	Lee, Hon Sum Samantha	10	South China	1:26.93 QT
15	40407 B	Chan, Lok Tung	10	Dali Swimming Club	1:27.52 QT
16	40602 P	Kwon, Sowon	10	Island Stingrays	1:27.52 QT
17	41265 B	Li, Elizabeth	9	South China	1:27.52 QT
18	42223 #B	Lai, Pui Ching	10	Sea Green	1:27.52 QT
19	40963 IAZ	Chung, Wing Yee Sessie	9	Win Tin	1:27.52 QT

Event 90 Boys 10 & Under 100 LC Meter Backstroke

HKR: 56.63 CHEAH Geoffrey, SCA

JR: 58.17

AGR: 1:12.02

OQT: 53.85

OST: 55.47

1:25.42 QT Qualifying Time

Meet Qualifying: 1:25.42

	ID#	Name	Age	Team	Seed Time
1	38701 #B	Chung, Hei Chit	10	Hoi Tin	1:18.86 QT
2	43419 IAZ	Ho, Tsz Hong	10	Tai Po	1:20.52 QT
3	33791 B	Tang, Kak Shing	10	Tai Po	1:21.18 QT
4	35898 IAZ	Ng, Pak Hei	10	Win Tin	1:22.06 QT
5	35385 B	Chong, Hin Yeung	10	Kwan Hung	1:23.82 QT
6	38452 IAZ	Yang, Kwan Ho Alexander	10	CYM	1:24.63 QT
7	38218 IAZ	Cheng, Tsz Leong Louie	10	Hoi Tin	1:24.86 QT
8	38858 #B	Lam, Tsz Yeung	10	Hoi Tin	1:24.86 QT
9	35347 IAZ	Leung, Chak Wai Adrian	10	Hoi Tin	1:25.13 QT
10	34080 #B	Chan, Yat Long	10	Chi Pui	1:25.40 QT
11	34855 B	Lai, Wing Fung	10	Chi Pui	1:25.42 QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 90 ... (Boys 10 & Under 100 LC Meter Backstroke)

12	41268 #IAZ	Tan, Pak Hei Brian	9	Dik Wing	1:25.42	QT
13	42703 IAZ	Huang, Sebastian Kai	10	Island Stingrays	1:25.42	QT
14	40455 IAZ	Lam, Wai Lok	10	Happy Valley	1:25.42	QT
15	42616 IAZ	Yu, Chi Fung	9	Pacific	1:25.42	QT
16	43221 IAZ	Wang, Tsz Hang Steven	10	Sword Fish Club	1:25.42	QT
17	34634 #B	Mi, Chun Wai	9	Tai Po	1:25.42	QT
18	36592 B	Lau, Ka Long	10	White Dolphin	1:25.42	QT
19	42296 B	Chang, Wai Yin	9	Win Tin	1:25.42	QT
20	38881 B	Chong, Tik Hei Dick	9	Win Tin	1:25.42	QT

Event 91 Girls 11-12 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

JR: 1:03.48

AGR: 1:06.02

OQT: 1:00.25

OST: 1:02.06

1:19.23 QT Qualifying Time

Meet Qualifying: 1:19.23

	ID#	Name	Age	Team	Seed Time	
1	31520 B	Chan, Hiu Tung Annabel	12	Win Tin	1:09.82	QT
2	31597 B	Ng, Cheuk Yan	12	Hoi Tin	1:10.03	QT
3	33947 IAZ	Chan, Hin Yau	12	Tai Po	1:10.21	QT
4	35455 B	Poon, Lok Yan	11	Chi Pui	1:10.95	QT
5	35996 #IAZ	Yau, Tsz Ching	11	Hoi Tin	1:11.02	QT
6	32098 #B	Ma, Tsz Tsing Ashley	11	Tai Po	1:11.87	QT
7	30756 #B	Hui, Yan Ching	12	Hoi Tin	1:12.61	QT
8	38025 B	Chan, Wing Yan Cynthia	11	Kwun Tong	1:12.68	QT
9	32947 B	Lim, Eden Yi Zhen	12	South China	1:13.16	QT
10	33171 B	Chan, Sze Wing Wincy	11	Hoi Tin	1:13.65	QT
11	29104 #B	Ng, Wai Ling	12	Tai Po	1:13.94	QT
12	34543 #B	Chan, Hong Kiu Jamie	12	Dik Wing	1:15.37	QT
13	31321 IAZ	Leung, Man Wai Yoyo	12	Pacific	1:15.77	QT
14	35884 P	Ducanois, Charlotte Jillian	12	Island Stingrays	1:16.06	QT
15	34477 B	Law, Wai Lam	11	Tai Po	1:16.53	QT
16	37601 B	Cheung, Hoi Man	11	Winner	1:17.13	QT
17	37038 IAZ	Chan, Yin Yan	11	Hoi Tin	1:17.53	QT
18	33874 IAZ	Lee Giselle, Jacinda Jia Hui	11	South China	1:17.75	QT
19	32322 B	Yau, Tsz Pui	12	Win Tin	1:17.79	QT
20	40275 #B	Noyes, Kaya	11	Chi Pui	1:17.91	QT
21	33948 #IAZ	Wong, Wing	11	Hoi Tin	1:18.11	QT
22	35992 P	Mcfarland, Charlotte Chia-Ju	11	South China	1:18.76	QT
23	31406 IAZ	Tam, Agnes Ming Yee	12	Hoi Tin	1:19.23	QT
24	33520 IAZ	Chen, Wing Kiu	12	South China	1:19.23	QT
25	38043 #IAZ	Cheng, Chi Yan	12	Tai Po	1:19.23	QT
26	37557 P	Ko, Alanis Joyce	11	Tai Po	1:19.23	QT
27	37777 B	Tjong, Sum Wai	12	Win Tin	1:19.23	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 92 Boys 11-12 100 LC Meter Backstroke

HKR: 56.63 CHEAH Geoffrey, SCA

JR: 58.17

AGR: 1:03.66

OQT: 53.85

OST: 55.47

1:15.26 QT Qualifying Time

Meet Qualifying: 1:15.26

	ID#	Name	Age	Team	Seed Time
1	39015 P	Chan, Tsz Kwan	12	Tai Po	1:05.57 QT
2	32061 IAZ	Lee, Donald Cheuk Yiu	12	Hoi Tin	1:07.47 QT
3	36111 #IAZ	Yeung, Pun Yin	12	Eastern Winter	1:10.24 QT
4	35666 IM	Chan, Cheuk Kit	12	Win Tin	1:10.41 QT
5	35755 IAZ	Chan, Torres	11	Tai Po	1:11.02 QT
6	31985 B	Wong, Tsz Shing	12	Tai Po	1:11.70 QT
7	33890 IAZ	Lai, Chun Wai	11	Lai Wa	1:12.55 QT
8	31127 IAZ	Cheng, Chun Hong	12	Dali Swimming Club	1:12.57 QT
9	31223 B	Chan, Rudi Pak Hei	12	Win Tin	1:12.76 QT
10	35997 IAZ	Huang, Yuk	11	Tai Po	1:13.27 QT
11	36717 P	Wong, Ho Chun	12	Sword Fish Club	1:13.61 QT
12	42614 B	Paau, Sen Wai	11	Sea Green	1:14.83 QT
13	33767 IAZ	Lee, Cheston	11	Hoi Tin	1:15.17 QT
14	37018 IAZ	Wong, Sze Yu	12	Chi Pui	1:15.26 QT
15	36043 IAZ	Ku, Ho Hin Keith	12	CYM	1:15.26 QT
16	35401 IAZ	Ho, Yin Chun	12	Dik Wing	1:15.26 QT
17	42311 IAZ	Yu, Chi Lung	11	Pacific	1:15.26 QT
18	37568 #IAZ	Ding, Wilfred Weixin	11	South China	1:15.26 QT
19	32972 IAZ	Tam, Chung Nam	12	South China	1:15.26 QT
20	41163 IAZ	Chan, Tsz Hin	11	Tai Po	1:15.26 QT
21	33793 IAZ	Tam, Ka Shek	12	Win Tin	1:15.26 QT

Event 93 Girls 13-14 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

JR: 1:03.48

AGR: 1:04.42

OQT: 1:00.25

OST: 1:02.06

1:15.80 QT Qualifying Time

Meet Qualifying: 1:15.80

	ID#	Name	Age	Team	Seed Time
1	26541 B	Lee, Yan Hei	14	Win Tin	1:03.63 QT
2	25098 B	Fung, Suet Ying Chloe	14	Win Tin	1:03.92 QT
3	29057 B	Cheng, Jessica Chloe	14	Tai Po	1:04.59 QT
4	31348 #B	Ma, Wing Yu	14	Happy Valley	1:04.73 QT
5	36321 B	Cheung, Sum Yuet Cindy	13	Tai Po	1:05.03 QT
6	28142 B	Lee, Man Fei	13	Win Tin	1:08.33 QT
7	25097 #B	Cheung, Margaret	14	Kowloon Tong Club	1:08.66 QT
8	25101 B	Ng, Sze Kwan	13	Kowloon Tong Club	1:09.73 QT
9	33127 B	Lam, Yat Hei	13	Tai Po	1:10.05 QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 93 ... (Girls 13-14 100 LC Meter Backstroke)

10	29354 B	Wong, Nok Yan Gabrielle	14	Win Tin	1:11.50	QT
11	29567 #B	Chan, Wing Yan	13	Hoi Tin	1:11.51	QT
12	33166 IAZ	Leung, Sum Yin	13	Tai Po	1:11.97	QT
13	26933 #IAZ	Lo, Hiu Lam Sara	13	Hoi Tin	1:12.09	QT
14	31144 B	Saunders, Sienna May	13	Satellite	1:12.16	QT
15	32607 P	Pimlott, Leila Renae	13	South China	1:12.68	QT
16	42465 ICO	Chorus, Mieke Pauline	14	Island Stingrays	1:12.82	QT
17	27414 B	Kwan, Yuet Yin Niki	14	Hoi Tin	1:12.99	QT
18	26427 B	Heung, Suet Laam Hayley	14	Win Tin	1:13.21	QT
19	33844 B	Chin, Sze Wing	13	Win Tin	1:13.73	QT
20	31053 B	Imura, Hanna	14	Pacific	1:13.89	QT
21	35566 B	Kong, Sze Ying	13	Win Tin	1:13.91	QT
22	30878 P	Vong, Camille Sara Jia Yi	13	LRC	1:14.13	QT
23	28912 P	Eilers, Jodie Natasha	14	Island Stingrays	1:14.51	QT
24	31701 #IAZ	Yu, Tsz Wing	14	South China	1:15.80	QT
25	44478 P	Bartel, Celia Rae	13	Island Stingrays	1:15.80	QT
26	28048 IAZ	Wong, Ka Hei	14	Hoi Tin	1:15.80	QT
27	39721 IAZ	Picazo, Isabal Sophia Kuok	13	Satellite	1:15.80	QT
28	25053 IAZ	Chiu, Wing Yiu	14	Win Tin	1:15.80	QT

Event 94 Boys 13-14 100 LC Meter Backstroke

HKR: 56.63 CHEAH Geoffrey, SCA

JR: 58.17

AGR: 58.17

OQT: 53.85

OST: 55.47

1:09.31 QT Qualifying Time

Meet Qualifying: 1:09.31

	ID#	Name	Age	Team	Seed	Time
1	28439 IAZ	Cheng, Kam Fung	14	Current Club Ltd	1:00.99	QT
2	33385 B	Lu, Pat Fan	13	Happy Valley	1:01.08	QT
3	29337 IAZ	Leung, Chun Yin	14	Win Tin	1:03.40	QT
4	29545 IAZN	Cheung, Cheuk To	13	Tai Po	1:04.10	QT
5	30633 IAZ	Wan, Tsz Wang	13	CYM	1:04.43	QT
6	32153 #B	Wong, Hoi Kit	14	White Dolphin	1:04.81	QT
7	27542 B	Richard, Melvyn Chan	14	South China	1:04.93	QT
8	31028 IAO	Ho, Cyrus	14	Win Tin	1:06.15	QT
9	33477 IAZ	Leung, Lok Man	13	Tai Po	1:06.17	QT
10	30572 B	Leung, Sze Hang	13	Chi Pui	1:06.44	QT
11	36737 #B	Chan, Wang Hei Terence	13	Tai Po	1:06.90	QT
12	30262 B	Yip, Pak Ho	14	Hoi Tin	1:07.76	QT
13	33847 IAZ	Leung, Herman	13	Win Tin	1:08.38	QT
14	34597 #IAZ	Lau, Shing Yan	14	Tai Po	1:08.43	QT
15	30135 B	Delgado, Elijah Rey T.	14	White Dolphin	1:08.56	QT
16	33354 IAZ	Lin, Hoi Yiu	14	Tai Po	1:08.94	QT
17	32457 B	Lau, Chi To	13	Happy Valley	1:09.03	QT
18	37597 P	Sandeen, Thaddeus James	14	Island Stingrays	1:09.30	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 94 ... (Boys 13-14 100 LC Meter Backstroke)

19	29282 IAZ	Lin, Lok Him Angus	13	Pacific	1:09.31	QT
20	40550 ICO	Teh, Keith Jun Wen	14	South China	1:09.31	QT
21	27362 IAZ	Kong, Yin Long	14	White Dolphin	1:09.31	QT
22	31674 B	Cheung, Ho Lam Edison	13	Win Tin	1:09.31	QT
23	25990 B	Leung, Siu Hei	14	Win Tin	1:09.31	QT
24	30226 B	Tong, Ho Hin Geoffrey	13	Win Tin	1:09.31	QT

Event 95 Girls 15-17 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

JR: 1:03.48

AGR: 1:01.92

OQT: 1:00.25

OST: 1:02.06

1:15.80 QT Qualifying Time

Meet Qualifying: 1:15.80

	ID#	Name	Age	Team	Seed Time	
1	28897 IAZ	Loo, Tsz Ki Cherrie	15	Dik Wing	1:03.98	QT
2	23349 IAZ	Leung, Hui Tung	17	Hoi Tin	1:04.17	QT
3	20540 IAZ	Kan, Cheuk Tung Natalie	17	Happy Valley	1:04.73	QT
4	27620 P	Saunders, Jade Rose	16	Satellite	1:05.90	QT
5	21869 B	Kwan, Sum Yuet	17	Win Tin	1:05.99	QT
6	18130 IAZ	Mak, Agnes	16	Kwun Tong	1:06.96	QT
7	20885 B	Tsang, Hoi Lan	17	Giant Whale	1:07.38	QT
8	30309 P	Leven, Malin Elisabeth	16	South China	1:08.19	QT
9	29498 B	Tang, Yee Man	15	Dik Wing	1:08.31	QT
10	20769 B	Yeung, Tsoi Yuk	16	Dik Wing	1:08.37	QT
11	26816 P	Byun, Sun Young	15	Island Stingrays	1:08.96	QT
12	24746 B	Ho, Pui Chi	15	Hoi Tin	1:09.48	QT
13	26508 P	Lindsay, Alys Okabe Yuqi	16	Island Stingrays	1:10.12	QT
14	27430 B	Wong, Ka Yan	16	Tai Po	1:10.15	QT
15	34893 #IAZ	Sun, Ka Ying Natalie	16	Dik Wing	1:10.65	QT
16	29746 B	Tang, Ka Ying Lorraine	15	Jockey Club	1:10.68	QT
17	34922 #B	Ma, Wing Sum	15	Tai Po	1:10.73	QT
18	36461 P	Mak, Rebecca Tsz Man	16	South China	1:11.38	QT
19	40273 P	Kerrigan, Nathalie	16	Island Stingrays	1:11.59	QT
20	25909 B	Lau, Hazel	17	Eastern Winter	1:11.64	QT
21	25033 B	Chu, Karen	15	Tai Po	1:11.86	QT
22	30763 P	Zhai, Xueer	17	Win Tin	1:12.54	QT
23	28916 P	Park, Laura Heesun	15	Island Stingrays	1:12.69	QT
24	34404 IAZ	Hobson, Kimberly Erin	15	South China	1:12.71	QT
25	32456 IAZ	Leung, Sylvia	17	Hoi Tin	1:13.05	QT
26	33046 IAZ	Rice, Mia Louise	16	Pacific	1:14.00	QT
27	23856 B	Leung, Ka Ching	15	Hoi Tin	1:14.95	QT
28	44479 P	Bartel, Sonia Rose	15	Island Stingrays	1:15.80	QT
29	33429 P	Lee, Josephine Jungha	15	Island Stingrays	1:15.80	QT
30	34590 P	Won, Elizabeth Jiho	15	Island Stingrays	1:15.80	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 96 Boys 15-17 100 LC Meter Backstroke

HKR: 56.63 CHEAH Geoffrey, SCA

JR: 58.17

AGR: 57.57

OQT: 53.85

OST: 55.47

1:07.39 QT Qualifying Time

Meet Qualifying: 1:07.39

	ID#	Name	Age	Team	Seed Time
1	22533 IAZ	Ng, Cheuk Yin	17	Tai Po	54.62 QT
2	26842 IAZ	Yuk, Shing Chi	16	Pacific	56.03 QT
3	25254 B	Ho, Siu Lun	15	Dali Swimming Club	56.32 QT
4	28636 B	Chan, Tsz Chiu	16	Keung Sang	57.23 QT
5	27239 B	Chan, Sheung Kwan	17	Keung Sang	1:00.22 QT
6	22648 B	Yau, Pak Yun	17	Tai Po	1:01.08 QT
7	26160 IAZ	Fu, Chun	17	Tai Po	1:01.31 QT
8	24751 B	Lau, Hoi Hang	15	Lai Wa	1:01.55 QT
9	22210 B	Chan, Yin Ban	15	White Dolphin	1:01.57 QT
10	34197 IAZ	Ong, Chak Min	15	Tai Po	1:01.76 QT
11	28792 IAZ	Leung, Man Shun Anson	16	South China	1:02.12 QT
12	29589 B	Yeung, Ho Ning	15	Tai Po	1:03.08 QT
13	17507 B	Leung, Cheuk Fung	17	Dali Swimming Club	1:03.21 QT
14	32420 IAZ	Hui, Wai Chun	16	CYM	1:03.50 QT
15	28957 IAZ	Kwok, Man Shun Linus	15	Jockey Club	1:03.75 QT
16	31077 B	Lo, Man Kit	15	Sword Fish Club	1:03.88 QT
17	30794 #IAX	Kong, Tsun Kit Ryan	16	Chi Kin	1:04.02 QT
18	29168 B	Tsang, Tsz Yau	15	Kwun Tong	1:04.34 QT
19	35122 P	Lau, Ethan Tien-yi	15	South China	1:05.16 QT
20	26308 IAZ	Yip, Ching Tak	17	Csu	1:05.26 QT
21	30435 IAZ	Chan, Chin Kan	15	Lai Wa	1:05.68 QT
22	26867 B	Lau, Chun Yin	17	HK Sportworld	1:06.50 QT
23	24692 IAZ	Ho, Hok Wang	17	Jockey Club	1:06.72 QT

Event 97 Girls 18 & Over 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

OQT: 1:00.25

OST: 1:02.06

1:15.80 QT Qualifying Time

Meet Qualifying: 1:15.80

	ID#	Name	Age	Team	Seed Time
1	16884 IAZ	Wong, Cho Ying	18	Win Tin	1:03.35 QT
2	18904 B	Wong, Ching Lam	18	Win Tin	1:04.37 QT
3	09959 IAZ	Mok, Hoi Man Sheron	24	Pacific	1:04.73 QT
4	17084 IAZ	Lau, Sze Wing	21	Hoi Tin	1:04.79 QT
5	18549 IAZ	So, Ching Laam	19	Win Tin	1:07.07 QT
6	19882 IAZ	Woo, Hoi Yee Kylie	18	South China	1:07.33 QT
7	05641 IBZ	Chan, Kin Lok	25	Win Tin	1:10.10 QT
8	14774 IAZ	Wong, Hoi Yan	18	Pacific	1:10.93 QT
9	18144 IAF	Wong, Yuk Yan	20	Hoi Tin	1:15.80 QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 98 Boys 18 & Over 100 LC Meter Backstroke

HKR: 56.63 CHEAH Geoffrey, SCA
 OQT: 53.85
 OST: 55.47

1:07.39 QT Qualifying Time

Meet Qualifying: 1:07.39

	ID#	Name	Age	Team	Seed Time	
1	12117 IAZ	Lau, Shiu Yue	22	Hoi Tin	55.19	QT
2	24698 B	Fong, Ching Yuen	18	Win Tin	56.99	QT
3	19970 IAZ	Chang, Tak Kin David	18	Chi Pui	57.67	QT
4	15423 IAZ	Cheung, Yau Ming	22	Giant Whale	59.02	QT
5	00421 IAZ	Mak, Ho Lun Raymond	27	Hoi Tin	59.58	QT
6	20968 B	Ho, Sze Ming	18	Hoi Tin	1:02.56	QT
7	16201 B	Kwok, Yuk Hang	22	Kwun Tong	1:04.65	QT
8	20081 IAZ	Chu, Yui Hang	19	HK Sportworld	1:05.95	QT
9	19092 IAZ	Wong, Ming Hong	19	Hoi Tin	1:07.39	QT
10	44964 P	Matic, Durde	19	Tai Po	1:07.39	QT

Event 99 Girls 10 & Under 50 LC Meter Freestyle

HKR: 24.85 HAUGHEY Siobhan Bernadette SCA
 JR: 25.38
 AGR: 28.50
 OQT: 24.77
 OST: 25.51

33.32 QT Qualifying Time

Meet Qualifying: 33.32

	ID#	Name	Age	Team	Seed Time	
1	40738 B	Li, Sum Yiu	10	White Dolphin	29.99	QT
2	38033 IAZ	Cheung, Nga Yin Jodie	10	Tai Po	30.50	QT
3	37875 B	Chan, Yuk Yan	10	Hoi Tin	31.28	QT
4	43424 IAZ	Mathis, Mya Lynn	9	Tai Po	31.32	QT
5	40887 IAZ	Au-Yeung, Sze Ching	10	Chi Pui	31.39	QT
6	34493 B	Yuen, Ho Yau Sophie	10	Win Tin	31.42	QT
7	42134 #IAZN	Tang, Kai Ting	9	Hoi Tin	31.86	QT
8	38029 B	Leung, Evita Yan	9	Tai Po	32.13	QT
9	35752 B	Li, Cheuk Yiu	10	Win Tin	32.20	QT
10	32978 #IAZ	Yip, Wai Iu	10	Chi Pui	32.41	QT
11	37958 IAZ	Tso, Georgina	10	South China	32.53	QT
12	37687 B	Lee, Wing Yau	10	Hoi Tin	32.72	QT
13	39905 IAZ	Lan, Jasmine Lauren	9	Jockey Club	32.85	QT
14	37874 IAZ	Choi, Hiu Ying	9	Hoi Tin	32.87	QT
15	35553 B	Chan, Hin Yau	10	Win Tin	32.87	QT
16	36832 IAZ	Lee, Hon Sum Samantha	10	South China	32.89	QT
17	35670 B	Cheung, Wing Yi Claire	10	Jockey Club	32.97	QT
18	38978 IAZ	Sundjaja, Oceana	10	Tai Po	33.13	QT
19	38541 B	Lam, Tsz Yau	10	Lai Wa	33.22	QT
20	38270 #P	Worthington, Poppy Mei	10	Chi Pui	33.32	QT
21	39565 B	Lau, Yee Chun	10	Dali Swimming Club	33.32	QT
22	42911 IAZ	Ma, Hiu Tung	10	Happy Valley	33.32	QT

Dear Beauté

HIMAWARI
ひまわり



HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 99 ... (Girls 10 & Under 50 LC Meter Freestyle)

23	38054 IAZ	Yeung, Pui Lam	9	Sea Green	33.32	QT
24	42048 IAZ	Lee, Cynthia Shin Kiu	9	Win Tin	33.32	QT

Event 100 Boys 10 & Under 50 LC Meter Freestyle

HKR: 22.18 HO Ian Yentou, SCA

JR: 23.65

AGR: 29.13

OQT: 22.01

OST: 22.67

32.91 QT Qualifying Time

Meet Qualifying: 32.91

ID#	Name	Age	Team	Seed Time
1	39781 B	10	Tai Po	29.53 QT
2	36457 B	10	Hoi Tin	29.77 QT
3	37997 #B	10	Tai Po	29.80 QT
4	37663 IAZ	10	Hoi Tin	30.98 QT
5	40651 P	10	White Dolphin	31.26 QT
6	41900 B	10	Tai Po	31.32 QT
7	38701 #B	10	Hoi Tin	31.35 QT
8	44135 B	10	Penguin	31.60 QT
9	42638 #IAZ	10	Candy Row	31.70 QT
10	34355 IAZ	10	South China	31.80 QT
11	36563 B	10	Happy Valley	32.04 QT
12	41272 #IAZ	10	Dik Wing	32.45 QT
13	40105 B	10	White Dolphin	32.51 QT
14	38622 IAZ	10	Tai Po	32.60 QT
15	33743 B	10	Dali Swimming Club	32.91 QT
16	41268 #IAZ	9	Dik Wing	32.91 QT
17	38836 IAZ	10	Sword Fish Club	32.91 QT
18	39578 P	10	Tai Po	32.91 QT
19	40532 B	10	Win Tin	32.91 QT
20	40537 B	10	Win Tin	32.91 QT

Event 101 Girls 11-12 50 LC Meter Freestyle

HKR: 24.85 HAUGHEY Siobhan Bernadette SCA

JR: 25.38

AGR: 26.80

OQT: 24.77

OST: 25.51

30.98 QT Qualifying Time

Meet Qualifying: 30.98

ID#	Name	Age	Team	Seed Time
1	31469 B	12	South China	28.06 QT
2	31524 B	12	Win Tin	28.07 QT
3	37017 IAZ	12	Hoi Tin	28.35 QT
4	31442 B	12	Hoi Tin	28.42 QT
5	31520 B	12	Win Tin	28.91 QT
6	34310 IAZ	12	Tai Po	29.21 QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 101 ... (Girls 11-12 50 LC Meter Freestyle)

7	29104 #B	Ng, Wai Ling	12	Tai Po	29.22	QT
8	35988 P	Lee, Jeanelle Faith	12	South China	29.42	QT
9	36728 IAZ	Ng, Suet Ying	11	Hoi Tin	29.64	QT
10	41026 IAZ	Wong, Yat Ching	11	Tai Po	29.64	QT
11	35045 B	Chan, Lok Yan Abby	11	Win Tin	29.90	QT
12	40275 #B	Noyes, Kaya	11	Chi Pui	29.91	QT
13	32947 B	Lim, Eden Yi Zhen	12	South China	30.00	QT
14	38667 IAZ	Yeung, Yuet Fei Phoebe	12	Dali Swimming Club	30.33	QT
15	38627 IAZ	Ho, So Yu	11	Happy Valley	30.35	QT
16	40589 IAZ	Yiu, Hong Ching Katelyn	11	Dali Swimming Club	30.37	QT
17	33742 IAZ	Lam, Chelsie	11	Dali Swimming Club	30.41	QT
18	34543 #B	Chan, Hong Kiu Jamie	12	Dik Wing	30.72	QT
19	33520 IAZ	Chen, Wing Kiu	12	South China	30.95	QT
20	42855 IAX	Kong, Chi Yin	12	Flying Dragon	30.98	QT
21	37750 #IAZ	So, Ching Nga	11	Hoi Tin	30.98	QT
22	41872 IAZ	Wong, Hei Ching	11	Long Fame	30.98	QT
23	34381 B	Chang, Cho Wing	12	Tai Po	30.98	QT

Event 102 Boys 11-12 50 LC Meter Freestyle

HKR:	22.18	HO Ian Yentou, SCA
JR:	23.65	
AGR:	25.59	
OQT:	22.01	
OST:	22.67	
	28.96	QT Qualifying Time

Meet Qualifying: 28.96

	ID#	Name	Age	Team	Seed Time	
1	39015 P	Chan, Tsz Kwan	12	Tai Po	26.10	QT
2	36166 IAZ	Chan, Ching Hei Alvin	12	Dik Wing	26.87	QT
3	29688 B	Cheung, Ka Ming	12	White Dolphin	27.63	QT
4	33175 B	To, Hiu Wik	12	Hoi Tin	27.65	QT
5	38227 IAZ	Lo, Tsz Lam	12	Pacific	27.65	QT
6	34756 #IAZ	Hofstede, Adam Marcel	12	Dik Wing	27.80	QT
7	40664 #IAZ	Lau, Ho Lam	12	Hoi Tin	27.90	QT
8	34083 B	Leung, Chun Wai Tony	12	Win Tin	27.92	QT
9	33346 #B	Lo, Hoi Him	12	Hoi Tin	28.08	QT
10	36717 P	Wong, Ho Chun	12	Sword Fish Club	28.12	QT
11	35825 IAX	Ng, Tin Ki	12	Tai Po	28.15	QT
12	37018 IAZ	Wong, Sze Yu	12	Chi Pui	28.46	QT
13	35514 B	Vallejo, Jaden Fredrik	12	South China	28.47	QT
14	41006 IAZ	Law, Ki Kwan	12	Sword Fish Club	28.51	QT
15	31985 B	Wong, Tsz Shing	12	Tai Po	28.76	QT
16	40093 B	Liu, Chun Ki	12	Dik Wing	28.96	QT
17	36157 IAZ	Loo, Tsz Chung Berry	11	Dik Wing	28.96	QT
18	37937 IAZ	Leung, Pak Hei	12	South China	28.96	QT
19	36430 P	Chu, Tsun Ho	12	Sword Fish Club	28.96	QT
20	35393 B	Law, Lok Hei	12	Win Tin	28.96	QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 103 Girls 13-14 50 LC Meter Freestyle

HKR: 24.85 HAUGHEY Siobhan Bernadette SCA
 JR: 25.38
 AGR: 25.93
 OQT: 24.77
 OST: 25.51
 29.40 QT Qualifying Time

Meet Qualifying: 29.40

	ID#	Name	Age	Team	Seed Time
1	26541 B	Lee, Yan Hei	14	Win Tin	26.09 QT
2	29632 IAZ	Tse, On Ching	13	Tai Po	26.39 QT
3	29240 B	Chu, Sarah Ting Yan	14	South China	27.17 QT
4	30455 B	Lui, Ho Yee Chloe	14	Win Tin	27.19 QT
5	30744 B	Hui, Ka Ling	14	Win Tin	27.20 QT
6	29211 B	Hsieh, Hoi Ying Katrina	14	South China	27.26 QT
7	27089 B	Chan, Ying Sen	14	Hoi Tin	27.32 QT
8	31348 #B	Ma, Wing Yu	14	Happy Valley	27.63 QT
9	31869 IAZ	Ma, Gian	14	Tai Po	27.78 QT
10	27774 B	Lam, Hoi Ching Summer	14	South China	27.83 QT
11	26940 B	Yau, Yee Shun Hannah	14	Tai Po	27.91 QT
12	31301 IAZ	To, Wing Yan	13	Sha Mei 318	27.93 QT
13	34472 IAZ	Li, Yau	14	Delta	28.04 QT
14	33410 IAZ	Luo, Cheuk Yi	14	Tai Po	28.08 QT
15	29936 #IAZ	Yim, Tsz Kiu Jasmine	14	Dali Swimming Club	28.15 QT
16	33185 IAX	Tso, Chau Ho	14	Win Tin	28.21 QT
17	33749 P	Standing, Emma	14	South China	28.26 QT
18	34827 B	Kong, Charis	13	Tai Po	28.26 QT
19	27414 B	Kwan, Yuet Yin Niki	14	Hoi Tin	28.36 QT
20	25101 B	Ng, Sze Kwan	13	Kowloon Tong Club	28.39 QT
21	34371 #B	Au, Man Huen Erin	14	Dali Swimming Club	28.60 QT
22	37157 B	Lam, Lok Hei	13	Csu	28.64 QT
23	36011 B	Law, Hang Ue Anastasia	13	Hoi Tin	28.67 QT
24	35947 B	Tam, Hei Man	13	Hoi Tin	28.71 QT
25	35939 #B	Wei, Shi Yao	13	Happy Valley	28.72 QT
26	28048 IAZ	Wong, Ka Hei	14	Hoi Tin	28.74 QT
27	34467 B	Chan, Tsz Ching	13	Sea Lion	28.93 QT
28	32604 #IAZ	Donohugh, Sophie Christina	13	LRC	29.16 QT
29	37802 IAZ	Hung, Sze Yiu	14	Pacific	29.33 QT
30	31379 B	Chung, Tsoi Tung	14	Dik Wing	29.40 QT
31	44478 P	Bartel, Celia Rae	13	Island Stingrays	29.40 QT
32	42465 ICO	Chorus, Mieke Pauline	14	Island Stingrays	29.40 QT
33	27953 IAO	Chow, Andrea	14	Hoi Tin	29.40 QT
34	24409 #B	Chiu, Hei Ching	14	Kowloon Tong Club	29.40 QT
35	30878 P	Vong, Camille Sara Jia Yi	13	LRC	29.40 QT
36	38942 B	Hobson, Caitlin Ashley	13	South China	29.40 QT
37	31206 B	Wong, Hor Kiu	14	Sword Fish Club	29.40 QT
38	37765 B	Cheng, Ching Tung	13	Win Tin	29.40 QT

Dear Beauté

HIMAWARI
ひまわり



speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 104 Boys 13-14 50 LC Meter Freestyle

HKR: 22.18 HO Ian Yentou, SCA
 JR: 23.65
 AGR: 24.43
 OQT: 22.01
 OST: 22.67
 27.27 QT Qualifying Time

Meet Qualifying: 27.27

	ID#	Name	Age	Team	Seed Time	
1	32248 B	Li, Sing Hoi	14	Win Tin	23.67	QT
2	27542 B	Richard, Melvyn Chan	14	South China	25.00	QT
3	25665 IAZ	Wong, Hoi Nam	13	Dik Wing	25.28	QT
4	35894 B	Chui, Ka Yeung	13	Win Tin	25.39	QT
5	33370 IAZ	Hui, Ching Ho	13	Sword Fish Club	25.48	QT
6	24292 B	Chu, Hon Hei	13	White Dolphin	25.73	QT
7	23903 B	Lee, Kwan Hon	14	Tai Po	25.79	QT
8	30798 IAZ	Yeung, Hei Pui	14	Dali Swimming Club	25.83	QT
9	33477 IAZ	Leung, Lok Man	13	Tai Po	25.87	QT
10	36000 B	Chan, Chi Chung	13	White Dolphin	25.95	QT
11	35820 #IAO	Yeung, Matthew	13	Tai Po	26.00	QT
12	32151 #B	Tang, Sze Ming Adrian	13	White Dolphin	26.01	QT
13	31194 B	Lo, Man Hei	14	Dali Swimming Club	26.08	QT
14	29218 IAZ	Choi, Ming Hon Marcus	14	South China	26.12	QT
15	30135 B	Delgado, Elijah Rey T.	14	White Dolphin	26.18	QT
16	36912 IAZ	Wong, Kwan Pui	14	Hoi Tin	26.19	QT
17	32463 IAZ	Chan, Austin	13	Dik Wing	26.24	QT
18	33930 IAZ	Lam, Kai On Bosco	14	Dik Wing	26.49	QT
19	26751 IAZ	Kong, Chi Long	14	Kowloon City	26.50	QT
20	30635 IAZ	So, Tsz Kin David	14	CYM	26.51	QT
21	41122 ICX	Ling, Haozhi	13	Dik Wing	26.56	QT
22	31028 IAO	Ho, Cyrus	14	Win Tin	26.88	QT
23	31674 B	Cheung, Ho Lam Edison	13	Win Tin	26.96	QT
24	28249 #B	Fung, O See Asaph	13	Kowloon Tong Club	27.20	QT
25	32137 IAZ	Yuen, Chun Shing	13	Tuen Mun	27.27	QT
26	36176 B	Hau, Wang Lik	13	Aquatic	27.27	QT
27	33435 IAZ	Siu, To	13	Dali Swimming Club	27.27	QT
28	41605 IAZ	Chan, Mitchell Wung-leung	13	Dik Wing	27.27	QT
29	31357 #B	Lam, Cheuk Yiu	13	Kowloon Tong Club	27.27	QT
30	31508 B	Lau, Yuk Yat	14	Kwun Tong	27.27	QT
31	25990 B	Leung, Siu Hei	14	Win Tin	27.27	QT

Dear Beauté

HIMAWARI
ひまわり



speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 105 Girls 15-17 50 LC Meter Freestyle

HKR: 24.85 HAUGHEY Siobhan Bernadette SCA
 JR: 25.38
 AGR: 25.38
 OQT: 24.77
 OST: 25.51
 28.83 QT Qualifying Time

Meet Qualifying: 28.83

	ID#	Name	Age	Team	Seed Time
1	22347 B	Wong, Sze Ting	15	Win Tin	25.22 QT
2	21383 B	Ho, Nam Wai	17	Win Tin	25.98 QT
3	25340 B	Leung, Yan Tung	17	Tai Po	26.38 QT
4	28081 B	Cheung, Hoi Lam	15	White Dolphin	26.47 QT
5	22622 IAZ	Yip Charis Gabrielle, Chak Y	16	Happy Valley	26.59 QT
6	36827 IAZ	Wong, Anthea Ching Wun	16	South China	26.61 QT
7	28897 IAZ	Loo, Tsz Ki Cherrie	15	Dik Wing	27.17 QT
8	34922 #B	Ma, Wing Sum	15	Tai Po	27.32 QT
9	23349 IAZ	Leung, Hui Tung	17	Hoi Tin	27.35 QT
10	27620 P	Saunders, Jade Rose	16	Satellite	27.41 QT
11	24160 IAZ	Ng, Yat Yee	17	Happy Valley	27.45 QT
12	20885 B	Tsang, Hoi Lan	17	Giant Whale	27.53 QT
13	29746 B	Tang, Ka Ying Lorraine	15	Jockey Club	27.64 QT
14	36857 IAZ	Liu, Ming Xin Stephanie	16	Hoi Tin	27.69 QT
15	29060 IAZ	Lam, Hoi Kiu	15	Hoi Tin	27.81 QT
16	20769 B	Yeung, Tsoi Yuk	16	Dik Wing	27.94 QT
17	24159 B	Cheung, Yau Sheung	16	Hoi Tin	27.97 QT
18	29542 IAZ	Yeung, Hin Yan	15	Hoi Tin	28.12 QT
19	33329 B	Sin, Ka Ying	16	CYM	28.30 QT
20	29498 B	Tang, Yee Man	15	Dik Wing	28.43 QT
21	33488 IAZ	Lai, Cheuk Yiu Hayley	15	Happy Valley	28.50 QT
22	36161 IAO	Oldenziel, Angela Ying Ying	16	Hoi Tin	28.57 QT
23	35757 IAZ	Wang, Ho Yan	15	Flying Dragon	28.63 QT
24	27659 P	Lai, Lok Yee	16	Giant Whale	28.82 QT
25	26508 P	Lindsay, Alys Okabe Yuqi	16	Island Stingrays	28.82 QT
26	32231 IAZ	Koh, Yan Ling	17	New Wave	28.83 QT
27	22647 B	Yeung, Wai Ki	15	Dik Wing	28.83 QT
28	40273 P	Kerrigan, Nathalie	16	Island Stingrays	28.83 QT
29	29111 B	Chan, Lok Wai	15	Happy Valley	28.83 QT
30	37357 IAZ	Ngan, Tsz Tung	16	Tai Po	28.83 QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 106 Boys 15-17 50 LC Meter Freestyle

HKR: 22.18 HO Ian Yentou, SCA
 JR: 23.65
 AGR: 22.99
 OQT: 22.01
 OST: 22.67
 25.97 QT Qualifying Time

Meet Qualifying: 25.97

ID#	Name	Age	Team	Seed Time
1	22533 IAZ	Ng, Cheuk Yin	17 Tai Po	22.41 QT
2	20289 IAZ	Tsui, Wai Chi	17 Win Tin	23.79 QT
3	24901 IAZ	Yau, Alfred Kap Fong	16 South China	24.07 QT
4	31264 IAZ	Tam, Chun Yik	17 Hoi Tin	24.13 QT
5	30499 IAO	Chan, Nathan	16 Dik Wing	24.16 QT
6	25038 B	Leung, Wing Him	17 Tai Po	24.22 QT
7	20763 IAX	Fok, Chun Wang Anthony	17 Dali Swimming Club	24.40 QT
8	22824 IAZ	Wong, Lok Kan	15 Hoi Tin	24.51 QT
9	28863 B	Leung, Chun Him	16 Dali Swimming Club	24.84 QT
10	26973 #B	Zhang, Tsz Hin	16 HK Sportworld	24.85 QT
11	19430 B	Mok, Yik Long	17 Win Tin	24.92 QT
12	22413 IAZ	Lee, Shing Yan	16 Hoi Tin	24.93 QT
13	26736 IAZ	Wong, Hong Kiu	17 Tai Po	24.99 QT
14	28077 IAZ	Yick, Harold	17 Pacific	25.00 QT
15	17949 B	Ip, Alvin Ho Shuen	17 South China	25.02 QT
16	28888 IAZN	Yeung, Hoi Yau Angus	17 Dik Wing	25.19 QT
17	31077 B	Lo, Man Kit	15 Sword Fish Club	25.23 QT
18	21134 B	Cheuk, King Pok	15 Tolo Harbour	25.34 QT
19	29002 B	Wong, Lui	15 Win Tin	25.37 QT
20	27088 #B	Lee, Cheuk Ho	15 Dali Swimming Club	25.44 QT
21	40109 IAZ	Lee, Chun Sing Jason	15 South China	25.55 QT
22	32240 IAZ	Choy, Man Hin	16 Csu	25.61 QT
23	27342 IAZ	Wong, Pak Yui	16 Pacific	25.69 QT
24	26160 IAZ	Fu, Chun	17 Tai Po	25.70 QT
25	27006 IAZ	Leung, Kwan Ho	17 Happy Valley	25.97 QT
26	31576 IAZ	McGovern, James Daniel John	15 LRC	25.97 QT
27	34058 B	Chow, Hong-Yo Sandy	15 Pacific	25.97 QT
28	26645 IAZ	Chow, Tsz Sum	16 Pacific	25.97 QT
29	31013 IAZ	Hsieh, Kam Hei Oliver	15 South China	25.97 QT

Event 107 Girls 18 & Over 50 LC Meter Freestyle

HKR: 24.85 HAUGHEY Siobhan Bernadette SCA
 OQT: 24.77
 OST: 25.51
 28.83 QT Qualifying Time

Meet Qualifying: 28.83

ID#	Name	Age	Team	Seed Time
1	04515 ICZ	Sze, Hang Yu	31 Win Tin	25.35 QT
2	00866 IAZ	Au, Hoi Shun Stephanie	27 Dik Wing	25.36 QT
3	05641 IBZ	Chan, Kin Lok	25 Win Tin	25.64 QT

Dear Beauté

HIMAWARI
ひまわり



HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 107 ... (Girls 18 & Over 50 LC Meter Freestyle)

4	10974 IAZ	Au, Hiu Pui	23	Giant Whale	26.50	QT
5	26511 #IAZ	Chan, Sharron	18	Dik Wing	26.50	QT
6		Buadromo, Matelita	23	Fiji Swimming	X27.00	QT
7	18227 IAZ	Tse, Ching Ting	19	Lai Wa	27.21	QT
8	17278 B	Wong, Sze Kiu	20	Tai Po	27.40	QT
9	21701 IAZ	Hui, Ka Lai	20	Kowloon Tong Club	27.57	QT
10	19093 B	Hung, Hiu Yan	18	Dali Swimming Club	27.96	QT
11	09923 B	Ng, Hau Lam Nicole	22	Giant Whale	28.09	QT
12	16235 D	Tsui, Sze Yu	20	Win Tin	28.20	QT
13	44965 P	Babic, Dusica	19	Tai Po	28.83	QT
14	16884 IAZ	Wong, Cho Ying	18	Win Tin	28.83	QT

Event 108 Boys 18 & Over 50 LC Meter Freestyle

HKR: 22.18 HO Ian Yentou, SCA

OQT: 22.01

OST: 22.67

25.97 QT Qualifying Time

Meet Qualifying: 25.97

ID#	Name	Age	Team	Seed Time	
1	07071 B	27	Dik Wing	22.66	QT
2	15203 B	20	Jockey Club	22.74	QT
3	28758 #ICX	20	Dali Swimming Club	23.06	QT
4	00421 IAZ	27	Hoi Tin	23.23	QT
5	14415 B	22	Happy Valley	23.27	QT
6	07734 P	25	Hoi Tin	23.30	QT
7	04426 B	25	Win Tin	23.31	QT
8	02580	27	Kwan Hung	23.67	QT
9	13133 B	20	Tai Po	23.86	QT
10	45063 ICO	22	Kwan Hung	23.94	QT
11		21	Fiji Swimming	X24.00	QT
12	23023 B	19	Happy Valley	24.29	QT
13	21094 IAZ	18	Win Tin	24.40	QT
14	19493 B	19	Sha Mei 318	24.41	QT
15	22222 #B	19	Hoi Tin	24.50	QT
16	18657 B	18	Tai Po	24.53	QT
17	19092 IAZ	19	Hoi Tin	24.56	QT
18	38120 IAZ	18	Pacific	24.88	QT
19	15423 IAZ	22	Giant Whale	24.89	QT
20	16555 B	20	Happy Valley	24.89	QT
21	22532 IAZ	19	Tai Po	24.90	QT
22	09419 B	22	Penguin	25.46	QT
23	20968 B	18	Hoi Tin	25.67	QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 109 Girls 10 & Under 200 LC Meter IM

HKR: 2:12.10 HAUGHEY Siobhan Bernadette SCA
 JR: 2:13.35
 AGR: 2:32.15
 OQT: 2:12.56
 OST: 2:16.54

3:04.80 QT Qualifying Time

Meet Qualifying: 3:04.80

	ID#	Name	Age	Team	Seed Time
1	38033 IAZ	Cheung, Nga Yin Jodie	10	Tai Po	2:43.19 QT
2	39179 #B	Man, Wui Kiu	10	Chi Pui	2:47.54 QT
3	35345 B	Ho, Tin Wing	9	Hoi Tin	2:47.66 QT
4	36634 #B	Mak, Ka Hei	10	Tai Po	2:48.17 QT
5	36101 B	Tang, Tsz Ching Selina	10	Kowloon City	2:49.03 QT
6	38028 B	Leung, Evelyn Yi	10	Tai Po	2:51.04 QT
7	38798 B	Kwan, Kai Yuet Esther	10	Tai Po	2:51.69 QT
8	37958 IAZ	Tso, Georgina	10	South China	2:52.53 QT
9	37875 B	Chan, Yuk Yan	10	Hoi Tin	2:53.19 QT
10	35942 B	Choi, Man Yuk	10	Win Tin	2:53.75 QT
11	40887 IAZ	Au-Yeung, Sze Ching	10	Chi Pui	2:54.20 QT
12	35932 B	Wong, Sze Laam Serena	9	Win Tin	2:54.59 QT
13	38029 B	Leung, Evita Yan	9	Tai Po	2:55.54 QT
14	39905 IAZ	Lan, Jasmine Lauren	9	Jockey Club	2:59.71 QT
15	35752 B	Li, Cheuk Yiu	10	Win Tin	3:03.00 QT
16	34073 B	Iu, Ka Yee	10	Win Tin	3:03.53 QT
17	40407 B	Chan, Lok Tung	10	Dali Swimming Club	3:04.80 QT
18	43982 IAZ	Zhang, Anne	10	Happy Valley	3:04.80 QT

Event 110 Boys 10 & Under 200 LC Meter IM

HKR: 2:01.37 TO Kenneth King Him, LWS
 JR: 2:07.94
 AGR: 2:32.07
 OQT: 1:59.67
 OST: 2:03.26

2:57.16 QT Qualifying Time

Meet Qualifying: 2:57.16

	ID#	Name	Age	Team	Seed Time
1	36457 B	Wong, Kaden Lok Fung	10	Hoi Tin	2:38.45 QT
2	37574 P	Chen, Eric Q	10	Island Stingrays	2:40.98 QT
3	37997 #B	Leung, Jaden Yui Him	10	Tai Po	2:42.53 QT
4	37663 IAZ	Yan, Kyle	10	Hoi Tin	2:42.61 QT
5	39781 B	Tsang, Pak Yiu	10	Tai Po	2:44.20 QT
6	38214 IAZ	Chan, Wai Ching Adrian	9	Pacific	2:44.93 QT
7	38670 P	Joyce, Kaenan James	10	South China	2:45.04 QT
8	34487 B	Ma, Ko Kwan	10	Win Tin	2:46.53 QT
9	36592 B	Lau, Ka Long	10	White Dolphin	2:47.51 QT
10	36897 IAZ	Han, Hao	10	Hoi Tin	2:47.95 QT
11	39573 B	Lee, Chak Fung Jaiden	10	Happy Valley	2:48.39 QT
12	34355 IAZ	Kwan, Tsun Man	10	South China	2:49.52 QT

Dear Beauté

HIMAWARI
ひまわり



HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 110 ... (Boys 10 & Under 200 LC Meter IM)

13	40651 P	Leung, Tsz Ming	10	White Dolphin	2:50.99	QT
14	40455 IAZ	Lam, Wai Lok	10	Happy Valley	2:52.27	QT
15	35347 IAZ	Leung, Chak Wai Adrian	10	Hoi Tin	2:52.54	QT
16	38452 IAZ	Yang, Kwan Ho Alexander	10	CYM	2:52.84	QT
17	34855 B	Lai, Wing Fung	10	Chi Pui	2:54.39	QT
18	38034 #IAZ	Wong, Hey	10	Hoi Tin	2:56.50	QT
19	38125 IAZ	Hung, Lok Lam	10	Happy Valley	2:57.16	QT
20	44135 B	So, Chun Hei	10	Penguin	2:57.16	QT
21	43221 IAZ	Wang, Tsz Hang Steven	10	Sword Fish Club	2:57.16	QT

Event 111 Girls 11-12 200 LC Meter IM

HKR:	2:12.10	HAUGHEY Siobhan Bernadette	SCA
JR:	2:13.35		
AGR:	2:21.79		
OQT:	2:12.56		
OST:	2:16.54		
	2:43.16	QT Qualifying Time	

Meet Qualifying: 2:43.16

ID#	Name	Age	Team	Seed Time	
1	32326 B	12	Happy Valley	2:20.77	QT
2	31437 B	12	Tai Po	2:27.21	QT
3	29779 #B	12	Hoi Tin	2:29.02	QT
4	31367 B	12	Win Tin	2:29.09	QT
5	31524 B	12	Win Tin	2:30.12	QT
6	35455 B	11	Chi Pui	2:32.25	QT
7	35996 #IAZ	11	Hoi Tin	2:32.25	QT
8	33815 IAZ	12	Tai Po	2:32.82	QT
9	42490	11	Win Tin	2:33.67	QT
10	36580 B	11	Tai Po	2:34.03	QT
11	31597 B	12	Hoi Tin	2:35.44	QT
12	31515 B	11	Win Tin	2:38.95	QT
13	35045 B	11	Win Tin	2:41.04	QT
14	35884 P	12	Island Stingrays	2:41.26	QT
15	28258 #B	12	Dali Swimming Club	2:41.53	QT
16	33948 #IAZ	11	Hoi Tin	2:43.16	QT
17	36048 P	12	LRC	2:43.16	QT

Event 112 Boys 11-12 200 LC Meter IM

HKR:	2:01.37	TO Kenneth King Him, LWS
JR:	2:07.94	
AGR:	2:18.78	
OQT:	1:59.67	
OST:	2:03.26	
	2:42.61	QT Qualifying Time

Meet Qualifying: 2:42.61

ID#	Name	Age	Team	Seed Time	
1	31666 #IAZ	12	Hoi Tin	2:18.37	QT
2	32061 IAZ	12	Hoi Tin	2:22.84	QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 112 ... (Boys 11-12 200 LC Meter IM)

3	30733 B	Lai, King Wo	12	Win Tin	2:22.84	QT
4	30574 IAZ	Cheung, Ryan	12	Chi Pui	2:24.68	QT
5	36111 #IAZ	Yeung, Pun Yin	12	Eastern Winter	2:29.72	QT
6	38002 B	Chen, Tsz Yam	12	Chi Pui	2:30.29	QT
7	35893 B	Cheung, King Long	12	Chi Pui	2:30.42	QT
8	33755 IAZ	Lau, Kin Hei James	11	Hoi Tin	2:31.98	QT
9	33922 P	So, Kwun Wa	12	White Dolphin	2:32.18	QT
10	37575 P	Chen, Jason Q	12	Island Stingrays	2:32.88	QT
11	31223 B	Chan, Rudi Pak Hei	12	Win Tin	2:33.76	QT
12	36043 IAZ	Ku, Ho Hin Keith	12	CYM	2:34.98	QT
13	29688 B	Cheung, Ka Ming	12	White Dolphin	2:36.79	QT
14	30140 B	Man, Ho	12	Hoi Tin	2:37.15	QT
15	36166 IAZ	Chan, Ching Hei Alvin	12	Dik Wing	2:37.89	QT
16	35024 B	Sun, Cheuk Nam	12	Chi Pui	2:37.97	QT
17	33289 IAZ	Kwok, Man To Cedric	11	Jockey Club	2:38.90	QT
18	34145 IAO	Ng, Anson	11	Happy Valley	2:39.04	QT
19	33890 IAZ	Lai, Chun Wai	11	Lai Wa	2:39.53	QT
20	37083 P	Kwan, Nicholas	11	Tai Po	2:39.82	QT
21	35648 #IAZ	Lau, Tsz Pok	11	Pacific	2:40.95	QT
22	36187 IAZ	Chan, Chi Kiu	11	Kwun Tong	2:40.99	QT
23	39777 B	Cao, Chun Ting	12	Candy Row	2:42.61	QT
24	31127 IAZ	Cheng, Chun Hong	12	Dali Swimming Club	2:42.61	QT
25	38113 P	Shu, Parker Pai-Kai	12	Island Stingrays	2:42.61	QT
26	29319 B	Cheng, Yue Hin	12	Tai Po	2:42.61	QT
27	34527 B	Chan, Wai Fung	12	Win Tin	2:42.61	QT

Event 113 Girls 13-14 200 LC Meter IM

HKR: 2:12.10

HAUGHEY Siobhan Bernadette

SCA

JR: 2:13.35

AGR: 2:18.44

OQT: 2:12.56

OST: 2:16.54

2:39.22 QT Qualifying Time

Meet Qualifying: 2:39.22

	ID#	Name	Age	Team	Seed Time	
1	25607 IAZ	Lau, Ping Yi Audrey	14	Hoi Tin	2:18.57	QT
2	31841 IAZ	Ng, Lai Wa	14	Hoi Tin	2:22.94	QT
3	29117 IAZ	Wong, Po Yin	14	Happy Valley	2:24.72	QT
4	29449 B	Leung, Wing Tsun Rachel	13	Win Tin	2:26.26	QT
5	27774 B	Lam, Hoi Ching Summer	14	South China	2:27.07	QT
6	29567 #B	Chan, Wing Yan	13	Hoi Tin	2:27.94	QT
7	34523 #B	Yeung, Kei Yau Carina	13	Kowloon Tong Club	2:28.96	QT
8	30744 B	Hui, Ka Ling	14	Win Tin	2:29.02	QT
9	25098 B	Fung, Suet Ying Chloe	14	Win Tin	2:29.19	QT
10	31701 #IAZ	Yu, Tsz Wing	14	South China	2:29.84	QT
11	25097 #B	Cheung, Margaret	14	Kowloon Tong Club	2:29.94	QT
12	33492 IAZ	Chu, Ching Yin Annika	13	South China	2:30.47	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 113 ... (Girls 13-14 200 LC Meter IM)

13	32517 B	Wong, Hoi Wai	13	Happy Valley	2:30.78	QT
14	35939 #B	Wei, Shi Yao	13	Happy Valley	2:31.89	QT
15	27640 B	Chen, Yu Xin	14	Chi Pui	2:31.98	QT
16	31053 B	Imura, Hanna	14	Pacific	2:32.16	QT
17	29248 #B	Yuen, Natalie	13	Happy Valley	2:32.35	QT
18	29057 B	Cheng, Jessica Chloe	14	Tai Po	2:33.25	QT
19	31301 IAZ	To, Wing Yan	13	Sha Mei 318	2:33.66	QT
20	33129 IAZ	Lau, Yui Sze	13	Sword Fish Club	2:34.26	QT
21	35549 B	Kwan, Cheuk Tung	13	Win Tin	2:35.06	QT
22	31648 P	Du, Olivia Yiting	14	South China	2:35.09	QT
23	32497 B	Chan, Hoi Ki Kelly	13	Win Tin	2:36.39	QT
24	33962 B	Tam, Cheuk Kiu	13	Tai Po	2:36.88	QT
25	30871 P	Pouillart, Chloe Chin	14	Island Stingrays	2:38.25	QT
26	35566 B	Kong, Sze Ying	13	Win Tin	2:38.52	QT
27	27953 IAO	Chow, Andrea	14	Hoi Tin	2:39.22	QT
28	32604 #IAZ	Donohugh, Sophie Christina	13	LRC	2:39.22	QT

Event 114 Boys 13-14 200 LC Meter IM

HKR: 2:01.37 TO Kenneth King Him, LWS

JR: 2:07.94

AGR: 2:09.42

OQT: 1:59.67

OST: 2:03.26

2:27.65 QT Qualifying Time

Meet Qualifying: 2:27.65

	ID#	Name	Age	Team	Seed Time	
1	22961 B	Chan, Tsun Hin	14	White Dolphin	2:14.21	QT
2	29257 B	He, Shing Ip	14	Chi Pui	2:16.31	QT
3	32248 B	Li, Sing Hoi	14	Win Tin	2:16.69	QT
4	30633 IAZ	Wan, Tsz Wang	13	CYM	2:16.97	QT
5	33385 B	Lu, Pat Fan	13	Happy Valley	2:17.12	QT
6	29545 IAZN	Cheung, Cheuk To	13	Tai Po	2:17.81	QT
7	28832 B	So, Pok Man	13	Hoi Tin	2:18.18	QT
8	32153 #B	Wong, Hoi Kit	14	White Dolphin	2:18.78	QT
9	30572 B	Leung, Sze Hang	13	Chi Pui	2:18.94	QT
10	32042 IAZ	Lee, Jia Jun Jody George	13	South China	2:18.98	QT
11	29579 IAZ	Kan, Tsz Chun	14	Pacific	2:19.84	QT
12	27637 P	Goh, Zong Hern	14	Win Tin	2:19.88	QT
13	29849 B	Yeung, Cheuk Hay Hayden	13	Chi Pui	2:20.52	QT
14	30571 P	Li, Hao Ming	14	Hoi Tin	2:22.18	QT
15	42679 IAZ	Wong, Kwan Hon	14	Win Tin	2:23.64	QT
16	27030 #B	Tsai, Ho Hin Ethan	13	Hoi Tin	2:23.67	QT
17	29218 IAZ	Choi, Ming Hon Marcus	14	South China	2:25.43	QT
18	39908 ICO	Leong, Kin Rong	13	South China	2:25.95	QT
19	26212 #B	Ching, Wai Tsun	13	Kowloon Tong Club	2:27.44	QT
20	30899 IAZ	Wong, Adam Chun To	13	Jockey Club	2:27.64	QT
21	30635 IAZ	So, Tsz Kin David	14	CYM	2:27.65	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 114 ... (Boys 13-14 200 LC Meter IM)

22	33435 IAZ	Siu, To	13	Dali Swimming Club	2:27.65	QT
23	29282 IAZ	Lin, Lok Him Angus	13	Pacific	2:27.65	QT
24	27448 #IAZ	Ng, Kwun Wa	14	Pacific	2:27.65	QT

Event 115 Girls 15-17 200 LC Meter IM

HKR:	2:12.10	HAUGHEY Siobhan Bernadette	SCA
JR:	2:13.35		
AGR:	2:13.07		
OQT:	2:12.56		
OST:	2:16.54		
	2:38.84	QT Qualifying Time	

Meet Qualifying: 2:38.84

	ID#	Name	Age	Team	Seed Time	
1	20540 IAZ	Kan, Cheuk Tung Natalie	17	Happy Valley	2:13.42	QT
2	29060 IAZ	Lam, Hoi Kiu	15	Hoi Tin	2:17.91	QT
3	21383 B	Ho, Nam Wai	17	Win Tin	2:19.15	QT
4	30054 IAZ	Cheng, Chloe	15	Pacific	2:19.94	QT
5	27413 B	Wong, Suet Ching	15	Happy Valley	2:21.90	QT
6	22622 IAZ	Yip Charis Gabrielle, Chak Y	16	Happy Valley	2:23.56	QT
7	22665 IAZ	Wei, Gabrielle Jia Yun	16	Island Stingrays	2:25.25	QT
8	20766 B	Li, Yuet Sum Phyllis	17	Tai Po	2:25.98	QT
9	31005 IAZ	Tan, Hannah Qi Wen	17	Island Stingrays	2:28.74	QT
10	24160 IAZ	Ng, Yat Yee	17	Happy Valley	2:28.91	QT
11	31215 #B	Ho, Venus Ching Sum	15	Tai Po	2:29.63	QT
12	38248 P	Du, Zheng	15	Flying Dragon	2:30.43	QT
13	33046 IAZ	Rice, Mia Louise	16	Pacific	2:30.54	QT
14	30309 P	Leven, Malin Elisabeth	16	South China	2:30.77	QT
15	28438 B	Lam, Hiu Nam	15	Kwun Tong	2:31.94	QT
16	28794 P	Roets, Mia Louise	16	LRC	2:32.04	QT
17	25909 B	Lau, Hazel	17	Eastern Winter	2:32.10	QT
18	28081 B	Cheung, Hoi Lam	15	White Dolphin	2:35.17	QT
19	35308 IAFO	Koenig, Luisa Marie Jeana	17	LRC	2:36.48	QT
20	26816 P	Byun, Sun Young	15	Island Stingrays	2:38.84	QT
21	36857 IAZ	Liu, Ming Xin Stephanie	16	Hoi Tin	2:38.84	QT

Event 116 Boys 15-17 200 LC Meter IM

HKR:	2:01.37	TO Kenneth King Him, LWS
JR:	2:07.94	
AGR:	2:06.38	
OQT:	1:59.67	
OST:	2:03.26	
	2:24.55	QT Qualifying Time

Meet Qualifying: 2:24.55

	ID#	Name	Age	Team	Seed Time	
1	25777 B	Cheuk, Ming Ho	17	Chi Pui	2:03.27	QT
2	21248 B	Lau, Ping Chi	17	Hoi Tin	2:03.37	QT
3	30192 B	Whittington, Peter Harry	15	Dali Swimming Club	2:08.98	QT
4	26123 IAZ	Wong, Wai Lun	17	Hoi Tin	2:09.12	QT

Dear Beauté

HIMAWARI
ひまわり



speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 116 ... (Boys 15-17 200 LC Meter IM)

5	22994 B	Wong, Benson	16	Dali Swimming Club	2:10.45	QT
6	28636 B	Chan, Tsz Chiu	16	Keung Sang	2:11.67	QT
7	28345 B	Sum, Ka Lok Leo	16	White Dolphin	2:11.87	QT
8	22987 IAZ	Yuen, Kai Ho	16	Hoi Tin	2:12.30	QT
9	22210 B	Chan, Yin Ban	15	White Dolphin	2:12.69	QT
10	25050 B	Kung, Lok Sum	15	Tai Po	2:13.10	QT
11	30024 B	Lau, Yui Hin	16	Sword Fish Club	2:14.06	QT
12	30444 IAZ	Ho, Chung Lun	16	CYM	2:14.08	QT
13	31867 #P	Lam, Ka Chun	16	Pacific	2:14.32	QT
14	23092 B	Chan, Chun Yip Jonathan	16	Happy Valley	2:14.76	QT
15	27064 P	Yeoh, Nathaniel Min-kye	16	LRC	2:15.12	QT
16	33495 #IAZ	Wan, Siu Chun	15	Tai Po	2:15.75	QT
17	29599 IAZ	Lai, Ching Hei	15	Pacific	2:16.27	QT
18	22009 IAZ	Eng, Matthew Tingchen	15	Pacific	2:16.48	QT
19	28863 B	Leung, Chun Him	16	Dali Swimming Club	2:17.02	QT
20	26597 IAZ	Ngai, Tsz Ho	15	Hoi Tin	2:18.66	QT
21	27061 IAZ	Chow, Ching Hei Julian	16	South China	2:18.76	QT
22	26608 #B	Tang, Ho Sum	16	Hoi Tin	2:18.79	QT
23	30889 IAZ	Tsang, Lok Hin	15	Dik Wing	2:19.80	QT
24	26308 IAZ	Yip, Ching Tak	17	Csu	2:19.87	QT
25	24751 B	Lau, Hoi Hang	15	Lai Wa	2:20.39	QT
26	28957 IAZ	Kwok, Man Shun Linus	15	Jockey Club	2:20.67	QT
27	20763 IAX	Fok, Chun Wang Anthony	17	Dali Swimming Club	2:21.03	QT
28	21627 B	Au, Chun Hei	15	Dali Swimming Club	2:22.27	QT
29	27205 P	Chan, Yan Shing	17	Win Tin	2:23.14	QT
30	24469 B	Chan, Owen	17	Win Tin	2:24.55	QT
31	19179 B	Tam, Sze Shing Thomas	17	Win Tin	2:24.55	QT

Event 117 Girls 18 & Over 200 LC Meter IM

HKR: 2:12.10

HAUGHEY Siobhan Bernadette

SCA

OQT: 2:12.56

OST: 2:16.54

2:38.84 QT Qualifying Time

Meet Qualifying: 2:38.84

	ID#	Name	Age	Team	Seed Time	
1	18904 B	Wong, Ching Lam	18	Win Tin	2:20.10	QT
2	23005 B	Lam, Hiu Wai	18	Kwun Tong	2:24.53	QT
3	30162 ICX	Chang, Yajuan	19	Win Tin	2:27.61	QT
4	19152 IAZ	Cheung, Wing Yan	19	Tai Po	2:29.03	QT
5	14774 IAZ	Wong, Hoi Yan	18	Pacific	2:29.68	QT
6	18174 #IAZ	Chan, Wing Sze Kelly	18	Win Tin	2:30.01	QT
7	18227 IAZ	Tse, Ching Ting	19	Lai Wa	2:38.84	QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 118 Boys 18 & Over 200 LC Meter IM

HKR: 2:01.37 TO Kenneth King Him, LWS

OQT: 1:59.67

OST: 2:03.26

2:24.55 QT Qualifying Time

Meet Qualifying: 2:24.55

	ID#	Name	Age	Team	Seed Time	
1	11438 B	Fung, Chun Ho	22	Hoi Tin	2:01.94	QT
2	21622 IAZ	Lam, Chak Hang	18	Happy Valley	2:05.80	QT
3	18823 B	Ng, Michael Yu Hin	19	Chi Pui	2:06.19	QT
4	12303 IAZ	Ng, Yan Kin	22	Hoi Tin	2:08.02	QT
5	20968 B	Ho, Sze Ming	18	Hoi Tin	2:12.47	QT
6	22863 B	Chung, Hau Yin Howard	18	Southern D.	2:13.15	QT
7	19440 B	Chan, Chun Lok	18	Win Tin	2:14.13	QT
8	13717 IAZ	Leung, Ho Wai	18	Hoi Tin	2:17.05	QT
9	00252	Liu, Ho Fung	27	CYM	2:17.40	QT
10	24279 IAZ	Au, Chung Yin	18	White Dolphin	2:17.61	QT
11	14940 IAZ	Tse, Tsz Fung	21	Win Tin	2:17.68	QT
12	25440 P	Cheng, Tsz Kin	18	HK Sportworld	2:19.66	QT

Event 119 Girls 4x50 LC Meter Medley Relay

2:18.03 QT Qualifying Time

Meet Qualifying: 2:18.03

	Team	Relay	Seed Time	
1	Win Tin Swimming Club	A	1:56.12	QT
2	Hoi Tin Athletic Assn Ltd	A	1:57.22	QT
3	Tai PO Swimming Club	A	2:00.61	QT
4	Happy Valley Athletic Assn	A	2:00.72	QT
5	Dik Wing Associaion	A	2:01.33	QT
6	Pacific Swimming Club	A	2:04.47	QT
7	South China Athletic Assn	A	2:04.79	QT
8	Sea Lion Aqua Club Limited	A	2:14.15	QT
9	White Dolphin Sport Assn	A	2:15.17	QT
10	Dali Swimming Club	A	2:18.03	QT

Event 120 Boys 4x50 LC Meter Medley Relay

2:07.74 QT Qualifying Time

Meet Qualifying: 2:07.74

	Team	Relay	Seed Time	
1	Tai PO Swimming Club	A	1:46.66	QT
2	Hoi Tin Athletic Assn Ltd	A	1:48.02	QT
3	Win Tin Swimming Club	A	1:49.61	QT
4	Happy Valley Athletic Assn	A	1:50.19	QT
5	Pacific Swimming Club	A	1:51.72	QT
6	Chi Pui Swimming Club Ltd	A	1:51.93	QT
7	White Dolphin Sport Assn	A	1:54.66	QT
8	Dik Wing Associaion	A	1:55.71	QT
9	South China Athletic Assn	A	1:55.91	QT
10	Dali Swimming Club	A	2:07.74	QT
11	Riverside Swimming Club	A	2:07.74	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 121 Girls 11-12 200 LC Meter Butterfly

HKR: 2:13.91 NAM Carmen, TPS

JR: 2:15.73

AGR: 2:18.68

OQT: 2:08.43

OST: 2:12.28

2:56.17 QT Qualifying Time

Meet Qualifying: 2:56.17

	ID#	Name	Age	Team	Seed Time
1	32326 B	Mok, Sze Ki	12	Happy Valley	2:17.67 QT
2	31437 B	Yeung, Hoi Ching	12	Tai Po	2:24.94 QT
3	29779 #B	Hui, Choi Yan	12	Hoi Tin	2:32.09 QT
4	36580 B	Tang, Man Rao Jasmine	11	Tai Po	2:34.29 QT
5	31657 IAZ	Chan, Lok Mei	11	Happy Valley	2:39.17 QT
6	31367 B	Fong, Tsz Ying Jovanna	12	Win Tin	2:46.10 QT
7	32777 P	Ho, Natalie Jade	12	South China	2:47.53 QT
8	31321 IAZ	Leung, Man Wai Yoyo	12	Pacific	2:48.51 QT
9	31707 #B	Tung, Sze Mang	11	Happy Valley	2:56.11 QT
10	37596 P	Sandeen, Audrey Elizabeth	12	Island Stingrays	2:56.17 QT
11	31406 IAZ	Tam, Agnes Ming Yee	12	Hoi Tin	2:56.17 QT
12	39801 IAZ	Chan, Hiu Tung Vernyce	11	Happy Valley	2:56.17 QT
13	39570 B	Chan, Vanea	12	Happy Valley	2:56.17 QT
14	31684 B	Ching, Wan Yui Theodora	11	Happy Valley	2:56.17 QT
15	38283 B	Leung, Yat Sum	11	Happy Valley	2:56.17 QT
16	36150 IAZ	Wong, Yin Hei Hayley	12	Happy Valley	2:56.17 QT
17	36048 P	Mattoli, Chiara Barbara Mari	12	LRC	2:56.17 QT
18	28426 B	Chung, Hoi Ching	12	Win Tin	2:56.17 QT
19	42490	Wang, Xin Tong	11	Win Tin	2:56.17 QT

Event 122 Boys 11-12 200 LC Meter Butterfly

HKR: 2:00.43 LIM Nicholas Owen Zhaoguang LRC

JR: 2:06.68

AGR: 2:17.51

OQT: 1:56.48

OST: 1:59.97

2:53.25 QT Qualifying Time

Meet Qualifying: 2:53.25

	ID#	Name	Age	Team	Seed Time
1	31666 #IAZ	Lee, Yat Yuen Yen	12	Hoi Tin	2:22.28 QT
2	35666 IM	Chan, Cheuk Kit	12	Win Tin	2:29.57 QT
3	36111 #IAZ	Yeung, Pun Yin	12	Eastern Winter	2:32.35 QT
4	34048 #IAZ	Wong, Pok Lam	12	Hoi Tin	2:33.25 QT
5	37083 P	Kwan, Nicholas	11	Tai Po	2:36.56 QT
6	37575 P	Chen, Jason Q	12	Island Stingrays	2:36.86 QT
7	38002 B	Chen, Tsz Yam	12	Chi Pui	2:37.34 QT
8	38227 IAZ	Lo, Tsz Lam	12	Pacific	2:39.47 QT
9	31787 #IAZ	Ng, Chung Hin	12	Dik Wing	2:39.69 QT
10	38046 B	Liu, Jun Lin	12	Happy Valley	2:41.91 QT
11	32099 B	Ng, Wai Ting	11	Win Tin	2:42.73 QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 122 ... (Boys 11-12 200 LC Meter Butterfly)

12	33470 IAZ	Lee, Yat Chiu	12	Kowloon City	2:44.35	QT
13	34145 IAO	Ng, Anson	11	Happy Valley	2:44.88	QT
14	31659 #B	Law, Wang Yiu Henry	12	Hoi Tin	2:45.33	QT
15	30140 B	Man, Ho	12	Hoi Tin	2:46.80	QT
16	35024 B	Sun, Cheuk Nam	12	Chi Pui	2:49.03	QT
17	34526 B	Lee, Yu Kiu Victor	12	Win Tin	2:49.29	QT
18	33755 IAZ	Lau, Kin Hei James	11	Hoi Tin	2:53.25	QT
19	35228 B	Chow, Yan Kit	11	Happy Valley	2:53.25	QT
20	38971 #IAZ	Wong, Chun Nam	12	Tai Po	2:53.25	QT
21	31256 P	Xu, Rui Chen	11	Win Tin	2:53.25	QT

Event 123 Girls 13-14 200 LC Meter Butterfly

HKR: 2:13.91 NAM Carmen, TPS

JR: 2:15.73

AGR: 2:16.18

OQT: 2:08.43

OST: 2:12.28

2:42.26 QT Qualifying Time

Meet Qualifying: 2:42.26

ID#	Name	Age	Team	Seed Time	
1	25607 IAZ	14	Hoi Tin	2:15.54	QT
2	30455 B	14	Win Tin	2:23.26	QT
3	31841 IAZ	14	Hoi Tin	2:23.82	QT
4	32517 B	13	Happy Valley	2:24.65	QT
5	29117 IAZ	14	Happy Valley	2:24.70	QT
6	29449 B	13	Win Tin	2:28.56	QT
7	33962 B	13	Tai Po	2:30.77	QT
8	35549 B	13	Win Tin	2:32.97	QT
9	29248 #B	13	Happy Valley	2:38.19	QT
10	31637 B	13	Happy Valley	2:42.26	QT

Event 124 Boys 13-14 200 LC Meter Butterfly

HKR: 2:00.43 LIM Nicholas Owen Zhaoguang LRC

JR: 2:06.68

AGR: 2:09.62

OQT: 1:56.48

OST: 1:59.97

2:35.68 QT Qualifying Time

Meet Qualifying: 2:35.68

ID#	Name	Age	Team	Seed Time	
1	22961 B	14	White Dolphin	2:12.28	QT
2	28439 IAZ	14	Current Club Ltd	2:13.66	QT
3	28763 B	14	Win Tin	2:14.19	QT
4	28832 B	13	Hoi Tin	2:18.67	QT
5	36912 IAZ	14	Hoi Tin	2:19.57	QT
6	32042 IAZ	13	South China	2:21.34	QT
7	30527 IAZ	14	Chi Pui	2:23.35	QT
8	31668 B	13	Tai Po	2:23.98	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 124 ... (Boys 13-14 200 LC Meter Butterfly)

9	29884 B	Kwong, Jacob Yat Nam	13	Win Tin	2:24.67	QT
10	32018 IAZ	Wong, Pan	13	Pacific	2:25.40	QT
11	29849 B	Yeung, Cheuk Hay Hayden	13	Chi Pui	2:28.52	QT
12	32268 IAZ	Leung, Pui Lok	13	Lai Tsun	2:29.39	QT
13	32170 B	Wan, Michael Tsz Shun	13	Tai Po	2:29.50	QT
14	38405 B	Lau, Chun To Andre	13	Win Tin	2:30.02	QT
15	30184 B	Yeung, Wing Hei	13	Win Tin	2:34.03	QT
16	35804 IAZ	Tong, Ching Wa	13	Pacific	2:35.22	QT
17	30798 IAZ	Yeung, Hei Pui	14	Dali Swimming Club	2:35.68	QT
18	33220 #B	Yim, Wai Shing	13	Sword Fish Club	2:35.68	QT

Event 125 Girls 15-17 200 LC Meter Butterfly

HKR: 2:13.91 NAM Carmen, TPS

JR: 2:15.73

AGR: 2:13.91

OQT: 2:08.43

OST: 2:12.28

2:31.17 QT Qualifying Time

Meet Qualifying: 2:31.17

	ID#	Name	Age	Team	Seed Time	
1	25263 B	Tai, Samantha Natalie	15	Pacific	2:19.43	QT
2	22622 IAZ	Yip Charis Gabrielle, Chak Y	16	Happy Valley	2:20.13	QT
3	36827 IAZ	Wong, Anthea Ching Wun	16	South China	2:20.48	QT
4	24160 IAZ	Ng, Yat Yee	17	Happy Valley	2:22.73	QT
5	38248 P	Du, Zheng	15	Flying Dragon	2:23.01	QT
6	28794 P	Roets, Mia Louise	16	LRC	2:23.75	QT
7	27190 IAO	Pun, Kate Cruz	15	Tai Po	2:24.37	QT
8	20766 B	Li, Yuet Sum Phyllis	17	Tai Po	2:25.43	QT
9	29902 B	Lam, Cheuk Ue Natalie	15	Tai Po	2:25.79	QT
10	31005 IAZ	Tan, Hannah Qi Wen	17	Island Stingrays	2:26.21	QT
11	18783 IAZ	Wong, Wai Nam	17	White Dolphin	2:26.59	QT
12	29111 B	Chan, Lok Wai	15	Happy Valley	2:28.09	QT

Event 126 Boys 15-17 200 LC Meter Butterfly

HKR: 2:00.43 LIM Nicholas Owen Zhaoguang LRC

JR: 2:06.68

AGR: 2:02.70

OQT: 1:56.48

OST: 1:59.97

2:30.74 QT Qualifying Time

Meet Qualifying: 2:30.74

	ID#	Name	Age	Team	Seed Time	
1	23092 B	Chan, Chun Yip Jonathan	16	Happy Valley	2:06.45	QT
2	24648 B	Kwok, Chun Hei	15	Hoi Tin	2:07.30	QT
3	30192 B	Whittington, Peter Harry	15	Dali Swimming Club	2:07.37	QT
4	30444 IAZ	Ho, Chung Lun	16	CYM	2:07.49	QT
5	20376 B	Tsang, Ho Yan	17	Win Tin	2:13.34	QT
6	33495 #IAZ	Wan, Siu Chun	15	Tai Po	2:14.87	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 126 ... (Boys 15-17 200 LC Meter Butterfly)

7	27669 P	Zhang, Zerui	15	Win Tin	2:15.53	QT
8	25326 B	Lam, Tsz Him	15	Happy Valley	2:17.18	QT
9	28256 IAX	Ma, Zeyuan	16	Chi Pui	2:18.63	QT
10	27006 IAZ	Leung, Kwan Ho	17	Happy Valley	2:18.71	QT
11	26597 IAZ	Ngai, Tsz Ho	15	Hoi Tin	2:20.48	QT
12	29059 IAZ	Ching, Lucan	15	Pacific	2:21.41	QT
13	24909 B	Chu, Shek Him	17	Win Tin	2:28.17	QT

Event 127 Girls 18 & Over 200 LC Meter Butterfly

HKR:	2:13.91	NAM Carmen, TPS
OQT:	2:08.43	
OST:	2:12.28	
	2:31.17	QT Qualifying Time

Meet Qualifying: 2:31.17

	ID#	Name	Age	Team	Seed Time	
1	18904 B	Wong, Ching Lam	18	Win Tin	2:22.21	QT
2	18545	Lam, Pac Tung Nikita	19	Tai Po	2:28.58	QT

Event 128 Boys 18 & Over 200 LC Meter Butterfly

HKR:	2:00.43	LIM Nicholas Owen Zhaoguang	LRC
OQT:	1:56.48		
OST:	1:59.97		
	2:30.74	QT Qualifying Time	

Meet Qualifying: 2:30.74

	ID#	Name	Age	Team	Seed Time	
1	08999 B	Ho, Tin Long	22	Win Tin	2:00.23	QT
2	11438 B	Fung, Chun Ho	22	Hoi Tin	2:01.96	QT
3	22863 B	Chung, Hau Yin Howard	18	Southern D.	2:09.31	QT
4	23101 #P	Li, Chun Yin Jason	18	Happy Valley	2:11.12	QT
5	18172 B	Tsang, Tsz Ho	21	Happy Valley	2:13.08	QT
6	23030 IAZ	Lam, Ho Hin Vincent	18	Pacific	2:15.32	QT
7	16830 IAM	Yip, Ming Hei	23	YMCA OF Hong Kong	2:17.50	QT

Event 129 Girls 10 & Under 50 LC Meter Backstroke

HKR:	27.98	AU Hoi Shun Stephanie, DWA
JR:	29.52	
AGR:	33.49	
	40.24	QT Qualifying Time

Meet Qualifying: 40.24

	ID#	Name	Age	Team	Seed Time	
1	40407 B	Chan, Lok Tung	10	Dali Swimming Club	35.07	QT
2	38891 IAZ	Leung, Hiu Lam	10	Dik Wing	35.75	QT
3	35345 B	Ho, Tin Wing	9	Hoi Tin	36.19	QT
4	38798 B	Kwan, Kai Yuet Esther	10	Tai Po	36.49	QT
5	37687 B	Lee, Wing Yau	10	Hoi Tin	37.47	QT
6	35553 B	Chan, Hin Yau	10	Win Tin	37.90	QT
7	36963 #IAZ	Chan, Mei Yan	10	Tai Po	38.12	QT
8	34493 B	Yuen, Ho Yau Sophie	10	Win Tin	38.26	QT
9	35938 B	Chu, Wai Kiu	10	Win Tin	38.31	QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 129 ... (Girls 10 & Under 50 LC Meter Backstroke)

10	38033 IAZ	Cheung, Nga Yin Jodie	10	Tai Po	38.50	QT
11	35752 B	Li, Cheuk Yiu	10	Win Tin	38.52	QT
12	41265 B	Li, Elizabeth	9	South China	38.58	QT
13	39121 B	Wong, Chor Nam Charlotte	10	Hoi Tin	38.73	QT
14	40255 IAO	Yeung, Gisele	10	Jockey Club	38.84	QT
15	40963 IAZ	Chung, Wing Yee Sessie	9	Win Tin	39.01	QT
16	37874 IAZ	Choi, Hiu Ying	9	Hoi Tin	39.31	QT
17	41140 B	Tin, Yui	9	Hoi Tin	39.81	QT
18	35932 B	Wong, Sze Laam Serena	9	Win Tin	39.81	QT
19	32978 #IAZ	Yip, Wai Iu	10	Chi Pui	40.04	QT
20	37001 IAZ	Chan, Oi Yin	10	Tolo Harbour	40.21	QT
21	40602 P	Kwon, Sowon	10	Island Stingrays	40.24	QT
22	41017 IAZ	Ho, Chiu Man Rachel	9	Happy Valley	40.24	QT
23	38306 B	Yeung, Hoi Ting Heidi	10	Happy Valley	40.24	QT
24	42223 #B	Lai, Pui Ching	10	Sea Green	40.24	QT
25	38055 B	Ho, Tsz Tung	9	Tai Po	40.24	QT
26	38624 B	Li, Yan Wing	10	Tai Po	40.24	QT
27	42681 B	Lau, Wing Tung Jessica	9	Win Tin	40.24	QT
28	35547 B	Yau, Cheuk Yiu	10	Win Tin	40.24	QT

Event 130 Boys 10 & Under 50 LC Meter Backstroke

HKR: 26.03 LAU Shiu Yue, HTA

JR: 26.81

AGR: 32.29

39.08 QT Qualifying Time

Meet Qualifying: 39.08

	ID#	Name	Age	Team	Seed Time	
1	36457 B	Wong, Kaden Lok Fung	10	Hoi Tin	35.33	QT
2	39781 B	Tsang, Pak Yiu	10	Tai Po	35.76	QT
3	43419 IAZ	Ho, Tsz Hong	10	Tai Po	36.07	QT
4	40532 B	Dong, Xueyou Derek	10	Win Tin	36.20	QT
5	38701 #B	Chung, Hei Chit	10	Hoi Tin	36.84	QT
6	37420 #IAZ	Ko, Chin Fung	10	Dik Wing	36.99	QT
7	36592 B	Lau, Ka Long	10	White Dolphin	37.07	QT
8	35385 B	Chong, Hin Yeung	10	Kwan Hung	37.68	QT
9	35347 IAZ	Leung, Chak Wai Adrian	10	Hoi Tin	38.07	QT
10	35898 IAZ	Ng, Pak Hei	10	Win Tin	38.13	QT
11	34080 #B	Chan, Yat Long	10	Chi Pui	38.21	QT
12	38034 #IAZ	Wong, Hey	10	Hoi Tin	38.32	QT
13	33791 B	Tang, Kak Shing	10	Tai Po	38.49	QT
14	41268 #IAZ	Tan, Pak Hei Brian	9	Dik Wing	38.58	QT
15	34855 B	Lai, Wing Fung	10	Chi Pui	39.08	QT
16	42703 IAZ	Huang, Sebastian Kai	10	Island Stingrays	39.08	QT
17	42616 IAZ	Yu, Chi Fung	9	Pacific	39.08	QT
18	37356 IAZ	Chan, Chee Hon Jayden	10	Tai Po	39.08	QT
19	38881 B	Chong, Tik Hei Dick	9	Win Tin	39.08	QT
20	38725 B	Hong, Yan Shek	9	Win Tin	39.08	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 131 Girls 11-12 50 LC Meter Backstroke

HKR: 27.98 AU Hoi Shun Stephanie, DWA

JR: 29.52

AGR: 31.01

36.10 QT Qualifying Time

Meet Qualifying: 36.10

	ID#	Name	Age	Team	Seed Time	
1	31597 B	Ng, Cheuk Yan	12	Hoi Tin	31.69	QT
2	33947 IAZ	Chan, Hin Yau	12	Tai Po	31.86	QT
3	31520 B	Chan, Hiu Tung Annabel	12	Win Tin	32.38	QT
4	35455 B	Poon, Lok Yan	11	Chi Pui	32.78	QT
5	32098 #B	Ma, Tsz Tsing Ashley	11	Tai Po	33.13	QT
6	37777 B	Tjong, Sum Wai	12	Win Tin	33.20	QT
7	29104 #B	Ng, Wai Ling	12	Tai Po	33.58	QT
8	33815 IAZ	Wong, Hin Yi	12	Tai Po	33.63	QT
9	30756 #B	Hui, Yan Ching	12	Hoi Tin	33.68	QT
10	37017 IAZ	Chan, Tsun Wing	12	Hoi Tin	33.73	QT
11	31321 IAZ	Leung, Man Wai Yoyo	12	Pacific	33.75	QT
12	33171 B	Chan, Sze Wing Wincy	11	Hoi Tin	34.01	QT
13	38025 B	Chan, Wing Yan Cynthia	11	Kwun Tong	34.24	QT
14	35884 P	Ducanois, Charlotte Jillian	12	Island Stingrays	34.34	QT
15	32947 B	Lim, Eden Yi Zhen	12	South China	34.64	QT
16	33520 IAZ	Chen, Wing Kiu	12	South China	34.68	QT
17	34477 B	Law, Wai Lam	11	Tai Po	35.31	QT
18	34188 B	Zhang, Yuk Hei	12	Tai Po	35.34	QT
19	35045 B	Chan, Lok Yan Abby	11	Win Tin	35.36	QT
20	34543 #B	Chan, Hong Kiu Jamie	12	Dik Wing	35.46	QT
21	35992 P	Mcfarland, Charlotte Chia-Ju	11	South China	35.69	QT
22	37601 B	Cheung, Hoi Man	11	Winner	35.89	QT
23	33874 IAZ	Lee Giselle, Jacinda Jia Hui	11	South China	35.92	QT
24	38043 #IAZ	Cheng, Chi Yan	12	Tai Po	36.08	QT
25	37750 #IAZ	So, Ching Nga	11	Hoi Tin	36.10	QT
26	37747 #B	Fu, Yuen Ki	12	Tai Po	36.10	QT
27	37557 P	Ko, Alanis Joyce	11	Tai Po	36.10	QT
28	34310 IAZ	Siu, Wing Nam	12	Tai Po	36.10	QT
29	32322 B	Yau, Tsz Pui	12	Win Tin	36.10	QT

Event 132 Boys 11-12 50 LC Meter Backstroke

HKR: 26.03 LAU Shiu Yue, HTA

JR: 26.81

AGR: 29.46

35.23 QT Qualifying Time

Meet Qualifying: 35.23

	ID#	Name	Age	Team	Seed Time	
1	39015 P	Chan, Tsz Kwan	12	Tai Po	29.00	QT
2	31985 B	Wong, Tsz Shing	12	Tai Po	32.27	QT
3	37018 IAZ	Wong, Sze Yu	12	Chi Pui	32.38	QT
4	31223 B	Chan, Rudi Pak Hei	12	Win Tin	32.42	QT
5	34756 #IAZ	Hofstede, Adam Marcel	12	Dik Wing	32.59	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 132 ... (Boys 11-12 50 LC Meter Backstroke)

6	33935 B	Yau, Pak Ho	12	Chi Pui	33.03	QT
7	31127 IAZ	Cheng, Chun Hong	12	Dali Swimming Club	33.05	QT
8	36717 P	Wong, Ho Chun	12	Sword Fish Club	33.14	QT
9	42614 B	Paau, Sen Wai	11	Sea Green	33.28	QT
10	35755 IAZ	Chan, Torres	11	Tai Po	33.36	QT
11	30942 IAZ	Wu, Sau Yin	12	Chi Pui	33.49	QT
12	33890 IAZ	Lai, Chun Wai	11	Lai Wa	33.57	QT
13	37937 IAZ	Leung, Pak Hei	12	South China	33.71	QT
14	32101 B	Yuen, Kurtis Chung Kiu	11	Win Tin	33.80	QT
15	38227 IAZ	Lo, Tsz Lam	12	Pacific	33.96	QT
16	31670 B	Yau, Kar Ho Alex	12	Tai Po	34.02	QT
17	35514 B	Vallejo, Jaden Fredrik	12	South China	34.05	QT
18	32972 IAZ	Tam, Chung Nam	12	South China	34.28	QT
19	42311 IAZ	Yu, Chi Lung	11	Pacific	34.43	QT
20	35401 IAZ	Ho, Yin Chun	12	Dik Wing	34.80	QT
21	35997 IAZ	Huang, Yuk	11	Tai Po	34.90	QT
22	31673 B	Yip, Hiu Yeung	11	Tai Po	35.13	QT
23	41163 IAZ	Chan, Tsz Hin	11	Tai Po	35.18	QT
24	37568 #IAZ	Ding, Wilfred Weixin	11	South China	35.23	QT
25	36430 P	Chu, Tsun Ho	12	Sword Fish Club	35.23	QT
26	38409 B	Leung, Pak Hong	12	Win Tin	35.23	QT

Event 133 Girls 13-14 50 LC Meter Backstroke

HKR: 27.98 AU Hoi Shun Stephanie, DWA

JR: 29.52

AGR: 29.95

34.87 QT Qualifying Time

Meet Qualifying: 34.87

	ID#	Name	Age	Team	Seed Time	
1	26541 B	Lee, Yan Hei	14	Win Tin	29.69	QT
2	36321 B	Cheung, Sum Yuet Cindy	13	Tai Po	29.98	QT
3	31348 #B	Ma, Wing Yu	14	Happy Valley	30.06	QT
4	25098 B	Fung, Suet Ying Chloe	14	Win Tin	30.06	QT
5	29057 B	Cheng, Jessica Chloe	14	Tai Po	30.10	QT
6	27089 B	Chan, Ying Sen	14	Hoi Tin	31.22	QT
7	28142 B	Lee, Man Fei	13	Win Tin	31.56	QT
8	29211 B	Hsieh, Hoi Ying Katrina	14	South China	31.75	QT
9	33127 B	Lam, Yat Hei	13	Tai Po	31.84	QT
10	25101 B	Ng, Sze Kwan	13	Kowloon Tong Club	31.86	QT
11	25097 #B	Cheung, Margaret	14	Kowloon Tong Club	31.89	QT
12	29972 #B	Dunn, Jasmine Joy	14	Pacific	31.98	QT
13	28048 IAZ	Wong, Ka Hei	14	Hoi Tin	32.78	QT
14	26427 B	Heung, Suet Laam Hayley	14	Win Tin	32.96	QT
15	27414 B	Kwan, Yuet Yin Niki	14	Hoi Tin	32.99	QT
16	33166 IAZ	Leung, Sum Yin	13	Tai Po	33.23	QT
17	26933 #IAZ	Lo, Hiu Lam Sara	13	Hoi Tin	33.58	QT
18	33539 IAZ	Ng, Wing Sum Minnie	14	Giant Whale	33.98	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 133 ... (Girls 13-14 50 LC Meter Backstroke)

19	32607 P	Pimlott, Leila Renae	13	South China	34.29	QT
20	38942 B	Hobson, Caitlin Ashley	13	South China	34.30	QT
21	33844 B	Chin, Sze Wing	13	Win Tin	34.36	QT
22	31053 B	Imura, Hanna	14	Pacific	34.70	QT
23	44478 P	Bartel, Celia Rae	13	Island Stingrays	34.87	QT
24	37565 P	Lee, Nayon	14	Island Stingrays	34.87	QT
25	27953 IAO	Chow, Andrea	14	Hoi Tin	34.87	QT
26	31144 B	Saunders, Sienna May	13	Satellite	34.87	QT

Event 134 Boys 13-14 50 LC Meter Backstroke

HKR: 26.03 LAU Shiu Yue, HTA

JR: 26.81

AGR: 27.12

32.78 QT Qualifying Time

Meet Qualifying: 32.78

	ID#	Name	Age	Team	Seed Time	
1	32248 B	Li, Sing Hoi	14	Win Tin	26.81	QT
2	28439 IAZ	Cheng, Kam Fung	14	Current Club Ltd	27.60	QT
3	33385 B	Lu, Pat Fan	13	Happy Valley	28.17	QT
4	29545 IAZN	Cheung, Cheuk To	13	Tai Po	29.02	QT
5	31028 IAO	Ho, Cyrus	14	Win Tin	29.24	QT
6	30262 B	Yip, Pak Ho	14	Hoi Tin	29.36	QT
7	27542 B	Richard, Melvyn Chan	14	South China	29.53	QT
8	33477 IAZ	Leung, Lok Man	13	Tai Po	29.53	QT
9	36737 #B	Chan, Wang Hei Terence	13	Tai Po	29.55	QT
10	32153 #B	Wong, Hoi Kit	14	White Dolphin	29.73	QT
11	29337 IAZ	Leung, Chun Yin	14	Win Tin	30.03	QT
12	34597 #IAZ	Lau, Shing Yan	14	Tai Po	30.30	QT
13	30572 B	Leung, Sze Hang	13	Chi Pui	30.34	QT
14	32457 B	Lau, Chi To	13	Happy Valley	30.43	QT
15	31674 B	Cheung, Ho Lam Edison	13	Win Tin	30.48	QT
16	31438 #B	Tai, Chun Hei	13	Hoi Tin	30.55	QT
17	29219 #IAZ	Tsang, Chi Yan Ryan	14	Hoi Tin	30.74	QT
18	25665 IAZ	Wong, Hoi Nam	13	Dik Wing	30.78	QT
19	31194 B	Lo, Man Hei	14	Dali Swimming Club	30.85	QT
20	33354 IAZ	Lin, Hoi Yiu	14	Tai Po	30.91	QT
21	27362 IAZ	Kong, Yin Long	14	White Dolphin	31.15	QT
22	40550 ICO	Teh, Keith Jun Wen	14	South China	31.30	QT
23	36000 B	Chan, Chi Chung	13	White Dolphin	31.35	QT
24	36176 B	Hau, Wang Lik	13	Aquatic	31.36	QT
25	33847 IAZ	Leung, Herman	13	Win Tin	31.68	QT
26	30226 B	Tong, Ho Hin Geoffrey	13	Win Tin	32.04	QT
27	25990 B	Leung, Siu Hei	14	Win Tin	32.35	QT
28	33930 IAZ	Lam, Kai On Bosco	14	Dik Wing	32.64	QT
29	27201 B	Lo, Lap Hay	14	Kowloon City	32.66	QT
30	37597 P	Sandeen, Thaddeus James	14	Island Stingrays	32.78	QT
31	28249 #B	Fung, O See Asaph	13	Kowloon Tong Club	32.78	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 135 Girls 15-17 50 LC Meter Backstroke

HKR: 27.98 AU Hoi Shun Stephanie, DWA

JR: 29.52

AGR: 29.01

33.77 QT Qualifying Time

Meet Qualifying: 33.77

	ID#	Name	Age	Team	Seed Time	
1	20540 IAZ	Kan, Cheuk Tung Natalie	17	Happy Valley	28.14	QT
2	28897 IAZ	Loo, Tsz Ki Cherrie	15	Dik Wing	28.95	QT
3	23349 IAZ	Leung, Hui Tung	17	Hoi Tin	29.51	QT
4	27620 P	Saunders, Jade Rose	16	Satellite	30.44	QT
5	21869 B	Kwan, Sum Yuet	17	Win Tin	30.78	QT
6	20885 B	Tsang, Hoi Lan	17	Giant Whale	31.03	QT
7	20769 B	Yeung, Tsoi Yuk	16	Dik Wing	31.29	QT
8	24159 B	Cheung, Yau Sheung	16	Hoi Tin	31.34	QT
9	18130 IAZ	Mak, Agnes	16	Kwun Tong	31.39	QT
10	27430 B	Wong, Ka Yan	16	Tai Po	31.90	QT
11	23174 IAZ	Leung, Tung Yan Angela	15	South China	31.92	QT
12	27659 P	Lai, Lok Yee	16	Giant Whale	31.96	QT
13	29746 B	Tang, Ka Ying Lorraine	15	Jockey Club	31.96	QT
14	24746 B	Ho, Pui Chi	15	Hoi Tin	32.13	QT
15	34922 #B	Ma, Wing Sum	15	Tai Po	32.23	QT
16	30309 P	Leven, Malin Elisabeth	16	South China	32.37	QT
17	34893 #IAZ	Sun, Ka Ying Natalie	16	Dik Wing	32.41	QT
18	23848 IAZ	Yan, Yan Kristie	17	Hoi Tin	32.47	QT
19	25033 B	Chu, Karen	15	Tai Po	32.64	QT
20	22347 B	Wong, Sze Ting	15	Win Tin	32.90	QT
21	34404 IAZ	Hobson, Kimberly Erin	15	South China	32.92	QT
22	26508 P	Lindsay, Alys Okabe Yuqi	16	Island Stingrays	33.08	QT
23	28916 P	Park, Laura Heesun	15	Island Stingrays	33.24	QT

Event 136 Boys 15-17 50 LC Meter Backstroke

HKR: 26.03 LAU Shiu Yue, HTA

JR: 26.81

AGR: 26.27

30.58 QT Qualifying Time

Meet Qualifying: 30.58

	ID#	Name	Age	Team	Seed Time	
1	22533 IAZ	Ng, Cheuk Yin	17	Tai Po	24.71	QT
2	26842 IAZ	Yuk, Shing Chi	16	Pacific	25.50	QT
3	25254 B	Ho, Siu Lun	15	Dali Swimming Club	25.88	QT
4	28636 B	Chan, Tsz Chiu	16	Keung Sang	26.59	QT
5	27239 B	Chan, Sheung Kwan	17	Keung Sang	27.30	QT
6	24901 IAZ	Yau, Alfred Kap Fong	16	South China	27.47	QT
7	27327 IAZ	Ho, Wai Lok	16	Pacific	27.79	QT
8	22648 B	Yau, Pak Yun	17	Tai Po	27.82	QT
9	34197 IAZ	Ong, Chak Min	15	Tai Po	28.03	QT
10	26160 IAZ	Fu, Chun	17	Tai Po	28.25	QT
11	28792 IAZ	Leung, Man Shun Anson	16	South China	28.38	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 136 ... (Boys 15-17 50 LC Meter Backstroke)

12	31077 B	Lo, Man Kit	15	Sword Fish Club	28.46	QT
13	26123 IAZ	Wong, Wai Lun	17	Hoi Tin	28.70	QT
14	32420 IAZ	Hui, Wai Chun	16	CYM	28.74	QT
15	29168 B	Tsang, Tsz Yau	15	Kwun Tong	29.17	QT
16	29589 B	Yeung, Ho Ning	15	Tai Po	29.19	QT
17	28888 IAZN	Yeung, Hoi Yau Angus	17	Dik Wing	29.20	QT
18	27088 #B	Lee, Cheuk Ho	15	Dali Swimming Club	29.37	QT
19	24751 B	Lau, Hoi Hang	15	Lai Wa	29.48	QT
20	26867 B	Lau, Chun Yin	17	HK Sportworld	29.53	QT
21	30794 #IAZ	Kong, Tsun Kit Ryan	16	Chi Kin	29.54	QT
22	28957 IAZ	Kwok, Man Shun Linus	15	Jockey Club	29.65	QT
23	35122 P	Lau, Ethan Tien-yi	15	South China	30.45	QT
24	31621 B	Chan, Yat Long	15	Sea Lion	30.51	QT
25	28397 IAZ	Fan, Ho Hin	15	Tuen Mun S.T.	30.58	QT
26	26645 IAZ	Chow, Tsz Sum	16	Pacific	30.58	QT

Event 137 Girls 18 & Over 50 LC Meter Backstroke

HKR: 27.98 AU Hoi Shun Stephanie, DWA

33.77 QT Qualifying Time

Meet Qualifying: 33.77

	ID#	Name	Age	Team	Seed Time	
1	00866 IAZ	Au, Hoi Shun Stephanie	27	Dik Wing	27.68	QT
2	10974 IAZ	Au, Hiu Pui	23	Giant Whale	29.11	QT
3	30162 ICX	Chang, Yujuan	19	Win Tin	29.14	QT
4	17084 IAZ	Lau, Sze Wing	21	Hoi Tin	29.88	QT
5	18144 IAF	Wong, Yuk Yan	20	Hoi Tin	30.14	QT
6	19882 IAZ	Woo, Hoi Yee Kylie	18	South China	30.35	QT
7	16884 IAZ	Wong, Cho Ying	18	Win Tin	31.03	QT
8	18549 IAZ	So, Ching Laam	19	Win Tin	31.24	QT
9	19093 B	Hung, Hiu Yan	18	Dali Swimming Club	32.34	QT

Event 138 Boys 18 & Over 50 LC Meter Backstroke

HKR: 26.03 LAU Shiu Yue, HTA

30.58 QT Qualifying Time

Meet Qualifying: 30.58

	ID#	Name	Age	Team	Seed Time	
1	12117 IAZ	Lau, Shiu Yue	22	Hoi Tin	25.14	QT
2	00421 IAZ	Mak, Ho Lun Raymond	27	Hoi Tin	25.90	QT
3	24698 B	Fong, Ching Yuen	18	Win Tin	25.98	QT
4	04426 B	Ng, Chun Nam Derick	25	Win Tin	26.81	QT
5	08999 B	Ho, Tin Long	22	Win Tin	27.17	QT
6	19092 IAZ	Wong, Ming Hong	19	Hoi Tin	27.22	QT
7	23023 B	Lam, Chun Fai	19	Happy Valley	27.73	QT
8	19970 IAZ	Chang, Tak Kin David	18	Chi Pui	27.92	QT
9	11438 B	Fung, Chun Ho	22	Hoi Tin	28.54	QT
10	20968 B	Ho, Sze Ming	18	Hoi Tin	29.00	QT
11	44964 P	Matic, Durde	19	Tai Po	30.58	QT

Dear Beauté

HIMAWARI
ひまわり

speedo



Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 139 Girls 11-12 200 LC Meter Breaststroke

HKR: 2:27.96 KONG Yvette Man Yi, SCA

JR: 2:32.79

AGR: 2:35.62

OQT: 2:25.52

OST: 2:29.89

3:07.25 QT Qualifying Time

Meet Qualifying: 3:07.25

	ID#	Name	Age	Team	Seed Time
1	31524 B	Chu, Wai Ki	12	Win Tin	2:42.52 QT
2	33815 IAZ	Wong, Hin Yi	12	Tai Po	2:43.39 QT
3	28258 #B	Chan, Hong Yin Kara	12	Dali Swimming Club	2:49.04 QT
4	35996 #IAZ	Yau, Tsz Ching	11	Hoi Tin	2:49.71 QT
5	37035 IAZ	Ip, Ka Wei Katherine	12	Happy Valley	2:52.78 QT
6	35895 #B	Ting, Sin Heng Shannon	11	Hoi Tin	2:54.93 QT
7	32452 B	Wong, Cheuk Yan Danielle	11	Win Tin	2:55.96 QT
8	35034 #IAZ	Tsui, Tsz Chin Chloris	12	Hoi Tin	2:57.78 QT
9	34853 B	Uhi, Viviana Marise	12	Hoi Tin	3:00.36 QT
10	31515 B	So, Yeuk Lam Bianca	11	Win Tin	3:00.40 QT
11	38628 IAZ	Ho, So Wai	11	Happy Valley	3:01.69 QT
12	33790 B	Ho, Sum Yue	12	Tai Po	3:06.03 QT
13	40831 B	Lau, Tsz Tung	11	Dali Swimming Club	3:06.89 QT
14	38455 IAZ	Tse, Hoi Ting Samantha	11	CYM	3:07.25 QT
15	35884 P	Ducanois, Charlotte Jillian	12	Island Stingrays	3:07.25 QT
16	36672 B	Lam, Karman	12	Pacific	3:07.25 QT
17	36068 IAZ	Lau, Hei Tung Chloe	11	Pacific	3:07.25 QT

Event 140 Boys 11-12 200 LC Meter Breaststroke

HKR: 2:15.34 NG Michael Yu Hin, CPS

JR: 2:18.11

AGR: 2:30.15

OQT: 2:10.35

OST: 2:14.26

2:58.15 QT Qualifying Time

Meet Qualifying: 2:58.15

	ID#	Name	Age	Team	Seed Time
1	30574 IAZ	Cheung, Ryan	12	Chi Pui	2:36.97 QT
2	29688 B	Cheung, Ka Ming	12	White Dolphin	2:41.61 QT
3	36784 #B	Judkins, Grant Russell	12	Tai Po	2:44.49 QT
4	35893 B	Cheung, King Long	12	Chi Pui	2:44.55 QT
5	33922 P	So, Kwun Wa	12	White Dolphin	2:45.59 QT
6	35805 B	So, Chun Hin	12	Pacific	2:46.91 QT
7	33793 IAZ	Tam, Ka Shek	12	Win Tin	2:48.26 QT
8	31223 B	Chan, Rudi Pak Hei	12	Win Tin	2:50.64 QT
9	38002 B	Chen, Tsz Yam	12	Chi Pui	2:51.04 QT
10	33943 B	Lee, Chun Him	12	Lai Wa	2:52.56 QT
11	33761 IAZ	Wong, Tsz Chun	12	Hoi Tin	2:53.39 QT
12	39277 B	Fung, Ho Chun	11	Chi Pui	2:56.26 QT
13	31670 B	Yau, Kar Ho Alex	12	Tai Po	2:57.21 QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 140 ... (Boys 11-12 200 LC Meter Breaststroke)

14	35337 IAZ	So, Lok Hin Matthew	11	Win Tin	2:58.14	QT
15	41704 B	Lam, Pak Kiu	11	Chi Pui	2:58.15	QT
16	38113 P	Shu, Parker Pai-Kai	12	Island Stingrays	2:58.15	QT
17	37760 IAZ	Mak, Chun Ho	11	Pacific	2:58.15	QT
18	29319 B	Cheng, Yue Hin	12	Tai Po	2:58.15	QT
19	31676 #B	Choi, Siu Lung Hugo	12	Tai Po	2:58.15	QT
20	35489 B	Yu, Chun Hei	12	Tai Po	2:58.15	QT

Event 141 Girls 13-14 200 LC Meter Breaststroke

HKR: 2:27.96 KONG Yvette Man Yi, SCA

JR: 2:32.79

AGR: 2:32.79

OQT: 2:25.52

OST: 2:29.89

3:04.79 QT Qualifying Time

Meet Qualifying: 3:04.79

	ID#	Name	Age	Team	Seed Time	
1	30744 B	Hui, Ka Ling	14	Win Tin	2:38.13	QT
2	27647 IAZ	Tam, Yik Shan	14	Pacific	2:39.08	QT
3	35365 B	Choy, Lai Lam	13	Hoi Tin	2:40.04	QT
4	33004 B	So, Reenie	14	Win Tin	2:41.46	QT
5	29196 B	Yip, Hiu Lok	14	Tai Po	2:41.84	QT
6	33492 IAZ	Chu, Ching Yin Annika	13	South China	2:43.21	QT
7	31033 IAZ	Ho, Wan Yui	13	Flying Dragon	2:44.91	QT
8	34810 #IAZ	Chan, Chi Ting	13	Tai Po	2:46.20	QT
9	30871 P	Pouillart, Chloe Chin	14	Island Stingrays	2:47.08	QT
10	33129 IAZ	Lau, Yui Sze	13	Sword Fish Club	2:47.45	QT
11	34467 B	Chan, Tsz Ching	13	Sea Lion	2:47.97	QT
12	26665 IAZ	Chan, Yuen Ting Charmaine	13	South China	2:48.05	QT
13	39592 #IAZ	Sng, Yan Megan	14	Dik Wing	2:48.89	QT
14	28646 P	Chan, Tsz Kei	14	South China	2:49.92	QT
15	25053 IAZ	Chiu, Wing Yiu	14	Win Tin	2:50.06	QT
16	26763 B	Kwok, Sze Ming	13	Win Tin	2:50.54	QT
17	32497 B	Chan, Hoi Ki Kelly	13	Win Tin	2:52.69	QT
18	30227 B	Yau, Hoi Ting	13	Win Tin	2:53.22	QT
19	32282 IAZ	Cheng, Denise	13	Pacific	2:54.04	QT
20	34523 #B	Yeung, Kei Yau Carina	13	Kowloon Tong Club	2:54.12	QT
21	29519 IAZ	Hung, Lok Ching	14	Happy Valley	2:55.22	QT
22	37585 P	Hsu, Lauren Kan Ru	13	Island Stingrays	2:56.37	QT
23	33140 B	Choi, Ka Wai	13	Long Fame	2:58.16	QT
24	30734 B	Wong, Lok Yin Patience	13	Win Tin	2:58.66	QT
25	29005 B	Quah, Cheng Xi Inez	14	Jockey Club	2:59.02	QT
26	38071 #B	Yeung, Hannah	13	Win Tin	2:59.14	QT
27	37583 ICO	Yates, Emily Elizabeth	14	Island Stingrays	3:00.31	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維世™ 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 142 Boys 13-14 200 LC Meter Breaststroke

HKR: 2:15.34 NG Michael Yu Hin, CPS

JR: 2:18.11

AGR: 2:18.11

OQT: 2:10.35

OST: 2:14.26

2:44.69 QT Qualifying Time

Meet Qualifying: 2:44.69

	ID#	Name	Age	Team	Seed Time	
1	27362 IAZ	Kong, Yin Long	14	White Dolphin	2:22.52	QT
2	22961 B	Chan, Tsun Hin	14	White Dolphin	2:26.63	QT
3	29579 IAZ	Kan, Tsz Chun	14	Pacific	2:32.39	QT
4	30633 IAZ	Wan, Tsz Wang	13	CYM	2:33.41	QT
5	30899 IAZ	Wong, Adam Chun To	13	Jockey Club	2:33.76	QT
6	30635 IAZ	So, Tsz Kin David	14	CYM	2:34.08	QT
7	30788 B	Leung, Yan Shing	14	Win Tin	2:34.56	QT
8	25379 B	Mak, Sai Ting	13	White Dolphin	2:35.23	QT
9	29792 #B	Leung, Tze Ngo Darren	14	Dik Wing	2:35.84	QT
10	26212 #B	Ching, Wai Tsun	13	Kowloon Tong Club	2:35.92	QT
11	32151 #B	Tang, Sze Ming Adrian	13	White Dolphin	2:36.37	QT
12	42679 IAZ	Wong, Kwan Hon	14	Win Tin	2:36.40	QT
13	29849 B	Yeung, Cheuk Hay Hayden	13	Chi Pui	2:37.68	QT
14	27866 B	Tam, Man Chun Vincent	13	Chi Pui	2:37.70	QT
15	35559 B	Yam, Ming Chit Frederick	13	Win Tin	2:37.76	QT
16	30571 P	Li, Hao Ming	14	Hoi Tin	2:38.13	QT
17	33945 B	Lai, Tsz Chun	14	Candy Row	2:38.78	QT
18	31809 IAZ	Wong, Tsz Fung Justin	13	Tai Po	2:39.02	QT
19	27117 IAZ	Tai, Ethan	14	South China	2:39.23	QT
20	39908 ICO	Leong, Kin Rong	13	South China	2:39.65	QT
21	28850 B	Lam, Yu Yeung	13	Win Tin	2:42.10	QT
22	27030 #B	Tsai, Ho Hin Ethan	13	Hoi Tin	2:43.04	QT
23	33716 #B	Chan, Ngai Cheung	14	Tuen Mun	2:44.69	QT
24	36178 B	Sit, Nok Yin	14	Aquatic	2:44.69	QT
25	29798 B	Chak, Yat Kiu	13	Dali Swimming Club	2:44.69	QT
26	32060 #IAZ	Zen, Lon	13	Dik Wing	2:44.69	QT
27	33385 B	Lu, Pat Fan	13	Happy Valley	2:44.69	QT
28	31822 B	Lau, Ming Yui	13	Lai Wa	2:44.69	QT
29	32738 IAZ	Man, Ho Him	13	Lai Wa	2:44.69	QT
30	32776 IAZ	Lai, Wai Tsan	14	South China	2:44.69	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 143 Girls 15-17 200 LC Meter Breaststroke

HKR: 2:27.96 KONG Yvette Man Yi, SCA

JR: 2:32.79

AGR: 2:31.65

OQT: 2:25.52

OST: 2:29.89

3:02.68 QT Qualifying Time

Meet Qualifying: 3:02.68

	ID#	Name	Age	Team	Seed Time	
1	29060 IAZ	Lam, Hoi Kiu	15	Hoi Tin	2:28.79	QT
2	22665 IAZ	Wei, Gabrielle Jia Yun	16	Island Stingrays	2:34.10	QT
3	29139 B	Young, Sze Ki	16	Tai Po	2:36.35	QT
4	36857 IAZ	Liu, Ming Xin Stephanie	16	Hoi Tin	2:40.47	QT
5	30999 IAZ	Lau, Tsz Ching Jaime	16	Tai Po	2:45.40	QT
6	31005 IAZ	Tan, Hannah Qi Wen	17	Island Stingrays	2:47.14	QT
7	20969 IAZ	Lui, Wing Lam	17	Lai Wa	2:48.37	QT
8	31838 IAZ	Ting, Hiu Yu	16	Hoi Tin	2:48.39	QT
9	28438 B	Lam, Hiu Nam	15	Kwun Tong	2:48.88	QT
10	27661 IAZ	Mak, Ying Qian Phoebe	16	Giant Whale	2:51.34	QT
11	25909 B	Lau, Hazel	17	Eastern Winter	2:51.35	QT
12	24160 IAZ	Ng, Yat Yee	17	Happy Valley	2:54.04	QT
13	26929 B	Cheung, Yi Nian Mercedes	15	Win Tin	2:55.65	QT
14	34933 #B	Hui, Tsz Ching	15	Kwun Tong	2:56.40	QT
15	29809 B	Yeung, Cheuk Kiu Natalie	15	Hoi Tin	2:56.48	QT
16	28973 IAZ	Ma, Kwai Ching Amanda	16	LRC	2:58.56	QT
17	25006 B	Fung, Mong Ka Esther	15	Dik Wing	2:59.54	QT
18	28108 B	Seeto, Wai Ching	15	Keung Sang	3:00.75	QT

Event 144 Boys 15-17 200 LC Meter Breaststroke

HKR: 2:15.34 NG Michael Yu Hin, CPS

JR: 2:18.11

AGR: 2:15.77

OQT: 2:10.35

OST: 2:14.26

2:41.90 QT Qualifying Time

Meet Qualifying: 2:41.90

	ID#	Name	Age	Team	Seed Time	
1	22994 B	Wong, Benson	16	Dali Swimming Club	2:15.17	QT
2	22987 IAZ	Yuen, Kai Ho	16	Hoi Tin	2:20.09	QT
3	29599 IAZ	Lai, Ching Hei	15	Pacific	2:20.33	QT
4	26123 IAZ	Wong, Wai Lun	17	Hoi Tin	2:21.99	QT
5	26736 IAZ	Wong, Hong Kiu	17	Tai Po	2:22.46	QT
6	26313 B	Sam, Yat Kan	16	Win Tin	2:22.57	QT
7	27080 B	Chan, Tsz Chung Samuel	15	Sword Fish Club	2:23.65	QT
8	22413 IAZ	Lee, Shing Yan	16	Hoi Tin	2:23.69	QT
9	25569 P	Ng, Eson	17	Dali Swimming Club	2:24.14	QT
10	25050 B	Kung, Lok Sum	15	Tai Po	2:24.85	QT
11	33407 IAZ	Chu, Ho Yin	15	Tai Po	2:26.07	QT
12	30024 B	Lau, Yui Hin	16	Sword Fish Club	2:26.74	QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 144 ... (Boys 15-17 200 LC Meter Breaststroke)

13	31264 IAZ	Tam, Chun Yik	17	Hoi Tin	2:27.47	QT
14	31440 B	Lau, Yuk Hin	15	Hoi Tin	2:27.89	QT
15	27061 IAZ	Chow, Ching Hei Julian	16	South China	2:28.18	QT
16	22993 B	Hui, Chi Kong Matthew	15	Dali Swimming Club	2:29.15	QT
17	17949 B	Ip, Alvin Ho Shuen	17	South China	2:29.60	QT
18	26597 IAZ	Ngai, Tsz Ho	15	Hoi Tin	2:29.62	QT
19	29001 B	Sun, Kai Chun	15	Win Tin	2:30.10	QT
20	21627 B	Au, Chun Hei	15	Dali Swimming Club	2:31.34	QT
21	29568 B	Chan, Chun Shek	16	Win Tin	2:35.37	QT
22	22210 B	Chan, Yin Ban	15	White Dolphin	2:35.60	QT
23	31867 #P	Lam, Ka Chun	16	Pacific	2:36.65	QT
24	31941 IAZ	Tang, Kwok Ho	15	White Dolphin	2:39.93	QT
25	28996 B	Wan, Tsz Fung	16	Win Tin	2:40.16	QT
26	33475 IAX	Ho, Man Hin	15	Csu	2:40.34	QT
27	27205 P	Chan, Yan Shing	17	Win Tin	2:41.70	QT
28	40828 IAZ	Chung, Hou Lim	15	Dali Swimming Club	2:41.90	QT

Event 145 Girls 18 & Over 200 LC Meter Breaststroke

HKR: 2:27.96 KONG Yvette Man Yi, SCA

OQT: 2:25.52

OST: 2:29.89

3:02.68 QT Qualifying Time

Meet Qualifying: 3:02.68

	ID#	Name	Age	Team	Seed Time	
1	30162 ICX	Chang, Yujuan	19	Win Tin	2:28.93	QT
2	23005 B	Lam, Hiu Wai	18	Kwun Tong	2:33.30	QT
3	19152 IAZ	Cheung, Wing Yan	19	Tai Po	2:38.21	QT
4	18144 IAF	Wong, Yuk Yan	20	Hoi Tin	2:47.26	QT
5	26152 IAO	Tang, Vanessa Yik Ching	18	Sea Lion	2:53.48	QT
6	20970 IAZ	Lui, Hoi Ching	19	Lai Wa	3:02.68	QT

Event 146 Boys 18 & Over 200 LC Meter Breaststroke

HKR: 2:15.34 NG Michael Yu Hin, CPS

OQT: 2:10.35

OST: 2:14.26

2:41.90 QT Qualifying Time

Meet Qualifying: 2:41.90

	ID#	Name	Age	Team	Seed Time	
1	18823 B	Ng, Michael Yu Hin	19	Chi Pui	2:09.94	QT
2	19440 B	Chan, Chun Lok	18	Win Tin	2:16.73	QT
3	12303 IAZ	Ng, Yan Kin	22	Hoi Tin	2:17.17	QT
4	02591	Luk, Wing Kin Andy	30	Kwan Hung	2:24.67	QT
5	20934 B	Tang, Ho Chuen	19	Sea Lion	2:24.85	QT
6	24279 IAZ	Au, Chung Yin	18	White Dolphin	2:28.67	QT
7	13717 IAZ	Leung, Ho Wai	18	Hoi Tin	2:30.32	QT
8	25129 B	Chan, Pak Hei	18	Sun Yip	2:31.99	QT
9	00252	Liu, Ho Fung	27	CYM	2:34.04	QT
10	25440 P	Cheng, Tsz Kin	18	HK Sportworld	2:39.91	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 147 Girls 11-12 400 LC Meter Freestyle

HKR: 4:11.90 HAUGHEY Siobhan Bernadette SCA
 JR: 4:13.81
 AGR: 4:28.03
 OQT: 4:07.90
 OST: 4:15.34

5:01.83 QT Qualifying Time

Meet Qualifying: 5:01.83

	ID#	Name	Age	Team	Seed Time
1	32326 B	Mok, Sze Ki	12	Happy Valley	4:20.95 QT
2	31469 B	Lee, Si Yao Peony	12	South China	4:39.09 QT
3	31437 B	Yeung, Hoi Ching	12	Tai Po	4:40.02 QT
4	33715 IAZ	Ma, Gilaine	11	Tai Po	4:44.85 QT
5	31657 IAZ	Chan, Lok Mei	11	Happy Valley	4:47.02 QT
6	31707 #B	Tung, Sze Mang	11	Happy Valley	4:50.23 QT
7	42490	Wang, Xin Tong	11	Win Tin	4:55.07 QT
8	38627 IAZ	Ho, So Yu	11	Happy Valley	4:57.63 QT
9	36728 IAZ	Ng, Suet Ying	11	Hoi Tin	5:00.06 QT
10	38628 IAZ	Ho, So Wai	11	Happy Valley	5:01.83 QT
11	36048 P	Mattoli, Chiara Barbara Mari	12	LRC	5:01.83 QT

Event 148 Boys 11-12 400 LC Meter Freestyle

HKR: 3:53.05 CHEUK Ming Ho, CPS
 JR: 3:57.77
 AGR: 4:24.34
 OQT: 3:46.78
 OST: 3:53.58

4:54.36 QT Qualifying Time

Meet Qualifying: 4:54.36

	ID#	Name	Age	Team	Seed Time
1	32061 IAZ	Lee, Donald Cheuk Yiu	12	Hoi Tin	4:24.50 QT
2	30733 B	Lai, King Wo	12	Win Tin	4:27.73 QT
3	39777 B	Cao, Chun Ting	12	Candy Row	4:30.33 QT
4	34048 #IAZ	Wong, Pok Lam	12	Hoi Tin	4:33.83 QT
5	30574 IAZ	Cheung, Ryan	12	Chi Pui	4:34.60 QT
6	35022 IAZ	Ip, Ali	12	Tai Po	4:37.73 QT
7	33935 B	Yau, Pak Ho	12	Chi Pui	4:38.25 QT
8	33470 IAZ	Lee, Yat Chiu	12	Kowloon City	4:41.39 QT
9	35825 IAX	Ng, Tin Ki	12	Tai Po	4:43.74 QT
10	35666 IM	Chan, Cheuk Kit	12	Win Tin	4:45.39 QT
11	31787 #IAZ	Ng, Chung Hin	12	Dik Wing	4:46.53 QT
12	40664 #IAZ	Lau, Ho Lam	12	Hoi Tin	4:47.04 QT
13	39277 B	Fung, Ho Chun	11	Chi Pui	4:49.71 QT
14	32780 IAZ	Lam, Yuk Kiu	12	South China	4:51.73 QT
15	34526 B	Lee, Yu Kiu Victor	12	Win Tin	4:52.27 QT
16	35755 IAZ	Chan, Torres	11	Tai Po	4:53.48 QT
17	37575 P	Chen, Jason Q	12	Island Stingrays	4:54.36 QT
18	34145 IAO	Ng, Anson	11	Happy Valley	4:54.36 QT
19	35648 #IAZ	Lau, Tsz Pok	11	Pacific	4:54.36 QT

Dear Beauté

HIMAWARI
ひまわり



HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 148 ... (Boys 11-12 400 LC Meter Freestyle)

20 38971 #IAZ Wong, Chun Nam 12 Tai Po 4:54.36 QT

Event 149 Girls 13-14 400 LC Meter Freestyle

HKR: 4:11.90 HAUGHEY Siobhan Bernadette SCA

JR: 4:13.81

AGR: 4:19.32

OQT: 4:07.90

OST: 4:15.34

4:57.04 QT Qualifying Time

Meet Qualifying: 4:57.04

	ID#	Name	Age	Team	Seed Time
1	29240 B	Chu, Sarah Ting Yan	14	South China	4:25.52 QT
2	29519 IAZ	Hung, Lok Ching	14	Happy Valley	4:28.63 QT
3	31841 IAZ	Ng, Lai Wa	14	Hoi Tin	4:29.05 QT
4	29117 IAZ	Wong, Po Yin	14	Happy Valley	4:29.11 QT
5	31648 P	Du, Olivia Yiting	14	South China	4:30.68 QT
6	29632 IAZ	Tse, On Ching	13	Tai Po	4:33.55 QT
7	33759 B	Mak, Hoi Ching	13	Hoi Tin	4:34.24 QT
8	27774 B	Lam, Hoi Ching Summer	14	South China	4:34.28 QT
9	29057 B	Cheng, Jessica Chloe	14	Tai Po	4:34.75 QT
10	31301 IAZ	To, Wing Yan	13	Sha Mei 318	4:39.78 QT
11	32517 B	Wong, Hoi Wai	13	Happy Valley	4:40.24 QT
12	26940 B	Yau, Yee Shun Hannah	14	Tai Po	4:41.58 QT
13	29248 #B	Yuen, Natalie	13	Happy Valley	4:42.08 QT
14	27647 IAZ	Tam, Yik Shan	14	Pacific	4:43.53 QT
15	27640 B	Chen, Yu Xin	14	Chi Pui	4:44.04 QT
16	35549 B	Kwan, Cheuk Tung	13	Win Tin	4:46.99 QT
17	31348 #B	Ma, Wing Yu	14	Happy Valley	4:47.31 QT
18	28142 B	Lee, Man Fei	13	Win Tin	4:47.35 QT
19	29567 #B	Chan, Wing Yan	13	Hoi Tin	4:48.80 QT
20	28912 P	Eilers, Jodie Natasha	14	Island Stingrays	4:49.23 QT
21	44478 P	Bartel, Celia Rae	13	Island Stingrays	4:57.04 QT
22	42465 ICO	Chorus, Mieke Pauline	14	Island Stingrays	4:57.04 QT
23	24409 #B	Chiu, Hei Ching	14	Kowloon Tong Club	4:57.04 QT
24	32604 #IAZ	Donohugh, Sophie Christina	13	LRC	4:57.04 QT
25	30878 P	Vong, Camille Sara Jia Yi	13	LRC	4:57.04 QT

Event 150 Boys 13-14 400 LC Meter Freestyle

HKR: 3:53.05 CHEUK Ming Ho, CPS

JR: 3:57.77

AGR: 4:08.81

OQT: 3:46.78

OST: 3:53.58

4:38.56 QT Qualifying Time

Meet Qualifying: 4:38.56

	ID#	Name	Age	Team	Seed Time
1	38812 IAZ	Cheung, Chak Chung	14	Kowloon City	28.10 QT
2	29257 B	He, Shing Ip	14	Chi Pui	4:08.04 QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 150 ... (Boys 13-14 400 LC Meter Freestyle)

3	28763 B	Lau, Alan Tsz Lun	14	Win Tin	4:08.18	QT
4	29282 IAZ	Lin, Lok Him Angus	13	Pacific	4:20.76	QT
5	35894 B	Chui, Ka Yeung	13	Win Tin	4:21.66	QT
6	32042 IAZ	Lee, Jia Jun Jody George	13	South China	4:22.62	QT
7	30184 B	Yeung, Wing Hei	13	Win Tin	4:25.49	QT
8	38791 IAZ	Cheng, Yu Hin	14	Tai Po	4:27.68	QT
9	29884 B	Kwong, Jacob Yat Nam	13	Win Tin	4:27.98	QT
10	29218 IAZ	Choi, Ming Hon Marcus	14	South China	4:29.21	QT
11	33803 B	Wong, Tsz Ho	13	Sword Fish Club	4:30.48	QT
12	33946 B	Siu, Yi Lok	13	Tai Po	4:34.21	QT
13	33197 P	Hebrard, Paul	13	Island Stingrays	4:34.33	QT
14	34754 IAO	Payer Emeric, Yat-long Franc	14	South China	4:35.34	QT
15	27448 #IAZ	Ng, Kwun Wa	14	Pacific	4:38.56	QT

Event 151 Girls 15-17 400 LC Meter Freestyle

HKR:	4:11.90	HAUGHEY Siobhan Bernadette	SCA
JR:	4:13.81		
AGR:	4:13.81		
OQT:	4:07.90		
OST:	4:15.34		
	4:52.07	QT Qualifying Time	

Meet Qualifying: 4:52.07

	ID#	Name	Age	Team	Seed Time	
1	21383 B	Ho, Nam Wai	17	Win Tin	4:05.59	QT
2	30054 IAZ	Cheng, Chloe	15	Pacific	4:19.32	QT
3	38248 P	Du, Zheng	15	Flying Dragon	4:27.13	QT
4	25340 B	Leung, Yan Tung	17	Tai Po	4:27.18	QT
5	23856 B	Leung, Ka Ching	15	Hoi Tin	4:28.16	QT
6	25263 B	Tai, Samantha Natalie	15	Pacific	4:34.49	QT
7	34590 P	Won, Elizabeth Jiho	15	Island Stingrays	4:36.65	QT
8	27385 IAZ	Lam, Michelle Hiu-tung	16	South China	4:39.59	QT
9	22665 IAZ	Wei, Gabrielle Jia Yun	16	Island Stingrays	4:40.29	QT
10	29902 B	Lam, Cheuk Ue Natalie	15	Tai Po	4:41.13	QT
11	18130 IAZ	Mak, Agnes	16	Kwun Tong	4:41.33	QT
12	35308 IAFO	Koenig, Luisa Marie Jeana	17	LRC	4:42.16	QT
13	28916 P	Park, Laura Heesun	15	Island Stingrays	4:43.21	QT
14	40273 P	Kerrigan, Nathalie	16	Island Stingrays	4:46.23	QT
15	27413 B	Wong, Suet Ching	15	Happy Valley	4:51.73	QT
16	44479 P	Bartel, Sonia Rose	15	Island Stingrays	4:52.07	QT
17	26816 P	Byun, Sun Young	15	Island Stingrays	4:52.07	QT
18	28973 IAZ	Ma, Kwai Ching Amanda	16	LRC	4:52.07	QT

Dear Beauté

HIMAWARI
ひまわり

speedo

vita
維他 蒸餾水

Yakult

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 152 Boys 15-17 400 LC Meter Freestyle

HKR: 3:53.05 CHEUK Ming Ho, CPS

JR: 3:57.77

AGR: 3:53.05

OQT: 3:46.78

OST: 3:53.58

4:34.03 QT Qualifying Time

Meet Qualifying: 4:34.03

	ID#	Name	Age	Team	Seed Time	
1	25777 B	Cheuk, Ming Ho	17	Chi Pui	3:52.28	QT
2	19179 B	Tam, Sze Shing Thomas	17	Win Tin	4:02.00	QT
3	21248 B	Lau, Ping Chi	17	Hoi Tin	4:02.04	QT
4	24648 B	Kwok, Chun Hei	15	Hoi Tin	4:02.70	QT
5	30192 B	Whittington, Peter Harry	15	Dali Swimming Club	4:02.78	QT
6	28345 B	Sum, Ka Lok Leo	16	White Dolphin	4:07.43	QT
7	21052 B	Thorley, William Yan	17	Sha Mei 318	4:08.78	QT
8	23092 B	Chan, Chun Yip Jonathan	16	Happy Valley	4:09.87	QT
9	17507 B	Leung, Cheuk Fung	17	Dali Swimming Club	4:10.39	QT
10	22009 IAZ	Eng, Matthew Tingchen	15	Pacific	4:13.70	QT
11	27064 P	Yeoh, Nathaniel Min-kye	16	LRC	4:13.74	QT
12	25326 B	Lam, Tsz Him	15	Happy Valley	4:16.21	QT
13	20379 IAZ	Lam, Chak Fung	17	Happy Valley	4:18.14	QT
14	22824 IAZ	Wong, Lok Kan	15	Hoi Tin	4:20.01	QT
15	26608 #B	Tang, Ho Sum	16	Hoi Tin	4:20.91	QT
16	25106 B	Lam, Wai Lok	16	Win Tin	4:20.99	QT
17	33495 #IAZ	Wan, Siu Chun	15	Tai Po	4:21.51	QT
18	27061 IAZ	Chow, Ching Hei Julian	16	South China	4:22.20	QT
19	30889 IAZ	Tsang, Lok Hin	15	Dik Wing	4:22.51	QT
20	25848 B	Tsang, Ho Ka	16	Win Tin	4:22.63	QT
21	25889 IAZ	Chung, Yu Jing	15	Hoi Tin	4:23.55	QT
22	26950 P	Xiang, Haofeng	17	Win Tin	4:24.36	QT
23	31576 IAZ	McGovern, James Daniel John	15	LRC	4:34.03	QT

Event 153 Girls 18 & Over 400 LC Meter Freestyle

HKR: 4:11.90 HAUGHEY Siobhan Bernadette SCA

OQT: 4:07.90

OST: 4:15.34

4:52.07 QT Qualifying Time

Meet Qualifying: 4:52.07

	ID#	Name	Age	Team	Seed Time	
1	16884 IAZ	Wong, Cho Ying	18	Win Tin	4:21.41	QT
2	09959 IAZ	Mok, Hoi Man Sheron	24	Pacific	4:27.53	QT
3	09770 IA	Li, Hannah Hang Fung	22	Kwan Hung	4:28.10	QT
4	19207 B	Nip, Tsz Yin	19	Eastern Winter	4:29.49	QT
5	18174 #IAZ	Chan, Wing Sze Kelly	18	Win Tin	4:36.03	QT
6	18545	Lam, Pac Tung Nikita	19	Tai Po	4:38.14	QT

Dear Beauté

HIMAWARI
ひまわり

HK Age Group LC SW Championships 2019-20 - 01/Nov/2019 to 03/Nov/2019

Psych Sheet

Event 154 Boys 18 & Over 400 LC Meter Freestyle

HKR: 3:53.05 CHEUK Ming Ho, CPS

OQT: 3:46.78

OST: 3:53.58

4:34.03 QT Qualifying Time

Meet Qualifying: 4:34.03

	ID#	Name	Age	Team	Seed Time	
1	21622 IAZ	Lam, Chak Hang	18	Happy Valley	3:58.15	QT
2	21094 IAZ	Leung, Chun Hei Bryan	18	Win Tin	4:04.29	QT
3	19092 IAZ	Wong, Ming Hong	19	Hoi Tin	4:06.05	QT
4	03439 IAZ	Sin, Chin Ting Keith	24	South China	4:07.30	QT
5	18172 B	Tsang, Tsz Ho	21	Happy Valley	4:13.79	QT
6	05302 IAZ	Poon, Ching Leung Sunny	24	Tai Po	4:14.73	QT
7	23101 #P	Li, Chun Yin Jason	18	Happy Valley	4:18.53	QT
8	25440 P	Cheng, Tsz Kin	18	HK Sportworld	4:32.98	QT
9	22270 B	Law, Lok Yin Alvin	18	Tuen Mun	4:33.37	QT
10	36082 IAZ	Baron van Voorst Tot, Voorst	18	Pacific	4:34.03	QT

Event 155 Girls 4x50 LC Meter Freestyle Relay

1:59.74 QT Qualifying Time

Meet Qualifying: 1:59.74

	Team	Relay	Seed Time	
1	Win Tin Swimming Club	A	1:46.36	QT
2	Hoi Tin Athletic Assn Ltd	A	1:47.47	QT
3	Tai PO Swimming Club	A	1:48.09	QT
4	Dik Wing Associaion	A	1:49.11	QT
5	Happy Valley Athletic Assn	A	1:49.33	QT
6	South China Athletic Assn	A	1:52.59	QT
7	Pacific Swimming Club	A	1:54.66	QT
8	Sea Lion Aqua Club Limited	A	1:59.03	QT
9	Dali Swimming Club	A	1:59.74	QT
10	White Dolphin Sport Assn	A	1:59.74	QT

Event 156 Boys 4x50 LC Meter Freestyle Relay

1:53.27 QT Qualifying Time

Meet Qualifying: 1:53.27

	Team	Relay	Seed Time	
1	Hoi Tin Athletic Assn Ltd	A	1:36.44	QT
2	Win Tin Swimming Club	A	1:37.28	QT
3	Chi Pui Swimming Club Ltd	A	1:37.30	QT
4	Tai PO Swimming Club	A	1:37.79	QT
5	Dik Wing Associaion	A	1:39.70	QT
6	Happy Valley Athletic Assn	A	1:41.52	QT
7	South China Athletic Assn	A	1:41.72	QT
8	Pacific Swimming Club	A	1:42.96	QT
9	White Dolphin Sport Assn	A	1:44.09	QT
10	Dali Swimming Club	A	1:53.27	QT
11	Tuen Mun Swimming Associat	A	1:53.27	QT

Dear Beauté

HIMAWARI
ひまわり葡萄道
Sport

speedo

vita
維他 蒸餾水

Yakult