

「第七屆全港運動會」游泳比賽
比賽時間表

比賽日期：2019年5月18日（星期六）

比賽地點：維多利亞公園游泳池

主池熱身時間：下午1時15分至下午1時45分

比賽開始時間：下午2時00分

項目編號	項目	男／女子／混合組	初／決賽	備註
1	*4x50米自由泳接力	混合	初賽	
2	100米蝶泳	女子	初賽	
3	100米蝶泳	男子	初賽	
4	100米背泳	女子	初賽	
5	100米背泳	男子	初賽	
6	100米背泳	女子	挑戰賽	直接於決賽進行
7	100米背泳	男子	挑戰賽	直接於決賽進行
8	100米胸泳	女子	初賽	
9	100米胸泳	男子	初賽	
10	100米胸泳	女子	挑戰賽	直接於決賽進行
11	100米胸泳	男子	挑戰賽	直接於決賽進行
12	100米自由泳	女子	初賽	
13	100米自由泳	男子	初賽	
14	100米自由泳	女子	挑戰賽	直接於決賽進行
15	100米自由泳	男子	挑戰賽	直接於決賽進行
16	200米個人四式	女子	初賽	
17	200米個人四式	男子	初賽	
2	100米蝶泳	女子	決賽	
3	100米蝶泳	男子	決賽	
4	100米背泳	女子	決賽	
5	100米背泳	男子	決賽	
6	100米背泳	女子	挑戰賽	
7	100米背泳	男子	挑戰賽	
8	100米胸泳	女子	決賽	
9	100米胸泳	男子	決賽	
10	100米胸泳	女子	挑戰賽	
11	100米胸泳	男子	挑戰賽	
12	100米自由式	女子	決賽	
13	100米自由式	男子	決賽	
14	100米自由泳	女子	挑戰賽	
15	100米自由泳	男子	挑戰賽	
16	200米個人四式	女子	決賽	
17	200米個人四式	男子	決賽	
1	4x50米自由泳接力	混合	決賽	

*智障人士體育協會派出一隊參與項目1(4x50米自由泳接力混合)初賽，不會進入決賽。

頒獎典禮

「第七屆全港運動會」游泳比賽

比賽時間表

比賽日期：2019年5月19日（星期日）

比賽地點：維多利亞公園游泳池

上午主池熱身時間：上午8時15分至上午8時45分

上午比賽開始時間：上午9時00分

下午主池熱身時間：下午1時15分至下午1時45分

下午比賽開始時間：下午2時正

項目編號	項目	男／女子／混合組	初／決賽	備註
18	4x50米自由式接力	女子	初賽	
19	4x50米自由式接力	男子	初賽	
20	200米蝶泳	女子	初賽	
21	200米蝶泳	男子	初賽	
22	200米背泳	女子	初賽	
23	200米背泳	男子	初賽	
24	200米胸泳	女子	初賽	
25	200米胸泳	男子	初賽	
26	200米自由式	女子	初賽	
27	200米自由式	男子	初賽	
28	50米蝶泳	女子	初賽	
29	50米蝶泳	男子	初賽	
30	50米背泳	女子	初賽	
31	50米背泳	男子	初賽	
32	50米胸泳	女子	初賽	
33	50米胸泳	男子	初賽	
34	50米自由泳	女子	初賽	
35	50米自由泳	男子	初賽	
36	4x50米四式接力	女子	初賽	
37	4x50米四式接力	男子	初賽	
午飯時間				

項目編號	項目	男／女子組	初／決賽	備註
18	4x50米自由泳接力	女子	決賽	
19	4x50米自由泳接力	男子	決賽	
20	200米蝶泳	女子	決賽	
21	200米蝶泳	男子	決賽	
22	200米背泳	女子	決賽	
23	200米背泳	男子	決賽	
24	200米胸泳	女子	決賽	
25	200米胸泳	男子	決賽	
26	200米自由泳	女子	決賽	
27	200米自由泳	男子	決賽	
頒獎典禮				
28	50米蝶泳	女子	決賽	
29	50米蝶泳	男子	決賽	
30	50米背泳	女子	決賽	
31	50米背泳	男子	決賽	
32	50米胸泳	女子	決賽	
33	50米胸泳	男子	決賽	
34	50米自由泳	女子	決賽	
35	50米自由泳	男子	決賽	
36	4x50米四式接力	女子	決賽	
37	4x50米四式接力	男子	決賽	
頒獎典禮				

7th Hong Kong Games - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Mixed 4x50 Freestyle Relay	19
2	Girls 100 Butterfly	20
3	Boys 100 Butterfly	26
4	Girls 100 Backstroke	27
5	Boys 100 Backstroke	26
6	Girls 100 Backstroke	5
7	Boys 100 Backstroke	8
8	Girls 100 Breaststroke	24
9	Boys 100 Breaststroke	33
10	Girls 100 Breaststroke	5
11	Boys 100 Breaststroke	7
12	Girls 100 Freestyle	30
13	Boys 100 Freestyle	29
14	Girls 100 Freestyle	5
15	Boys 100 Freestyle	8
16	Girls 200 IM	29
17	Boys 200 IM	29
18	Girls 4x50 Freestyle Relay	18
19	Boys 4x50 Freestyle Relay	18
20	Girls 200 Butterfly	10
21	Boys 200 Butterfly	18
22	Girls 200 Backstroke	10
23	Boys 200 Backstroke	20
24	Girls 200 Breaststroke	18
25	Boys 200 Breaststroke	28
26	Girls 200 Freestyle	29
27	Boys 200 Freestyle	25
28	Girls 50 Butterfly	27
29	Boys 50 Butterfly	31
30	Girls 50 Backstroke	24
31	Boys 50 Backstroke	26
32	Girls 50 Breaststroke	28
33	Boys 50 Breaststroke	29
34	Girls 50 Freestyle	33
35	Boys 50 Freestyle	31
36	Girls 4x50 Medley Relay	18
37	Boys 4x50 Medley Relay	18
Total		789

Entry information by Day		
Day / Session	No. of Entries	Total
Day 1	330	789
Day 2	459	

HONG KONG SWIMMING RECORDS

Listed Date: 3rd May, 2019

HONG KONG LONG COURSE RECORDS

MEN'S EVENTS

*50 Free	22.25 HO Ian Yentou, SCA	62nd FOS – LC Time Trial, April 13-14, 2019
100 Free	49.22 TO Kenneth King Him, LWS	61 st FOS – LC SW Time Trial, Apr 14-15 2018
200 Free	1:49.58 WONG Kai Wai David, HTA	14 th FINA World Champ - Shanghai, Jul 25, 2011
*400 Free	3:53.05 CHEUK Ming Ho, CPS	62nd FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
50 Back	26.03 LAU Shiu Yue, HTA	5 th FINA World Junior Swimming Champ 2015, Aug 25-30, 2015
100 Back	56.63 CHEAH Geoffrey, SCA	2014 USA Swimming Grand Prix-Santa Clara, Jun 19-22, 2014
200 Back	2:05.47 Alex FONG Lik-sun, SCA	Olympic Games – Sydney, Sept. 20, 2000
50 Breast	28.23 TO Kenneth King Him, LWS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Breast	1:01.91 TO Kenneth King Him, LWS	D1 AG LC Swim Comp. Part 3, Feb 10-11, 2018
*200 Breast	2:15.34 NG Michael Yu Hin, CPS	62nd FOS – LC Time Trial, April 13-14, 2019
50 Fly	24.12 CHEAH Geoffrey, SCA	16 th FINA World Championships – Kazan 2015, Aug. 2, 2015
100 Fly	53.70 CHEAH Geoffrey, SCA	27 th Summer Universiade in Kazan 2013., Jul 6-17, 2013
*200 Fly	2:00.43 LIM Nicholas Owen Zhaoguang, LRC	62nd FOS – LC Time Trial, April 13-14, 2019
200 IM	2:01.37 TO Kenneth King Him, LWS	29 th Summer Universiade, Aug 19-30, 2017
400 IM	4:29.02 Alex FONG Lik-sun, SCA	Olympic Games – Sydney, Sept. 17, 2000
4x100 MR	3:44.16 Hong Kong Team LAU Shiu Yue, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, WONG Chen Ho Jeremy	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
4x100 FR	3:21.22 Hong Kong Team LUM Ching Tat, NG Chun Nam Derick, CHEUNG Kin Tat Kent, WONG Kai Wai David 50.88 1:40.70 2:31.65	5 th East Asian Games, Dec 8, 2009
4x200 FR	7:27.16 Hong Kong Team CHEUNG Kin Tat Kent, NG Chun Nam Derick, LUM Ching Tat, WONG Kai Wai David 1:52.46 3:43.70 5:35.08	5 th East Asian Games, Dec 6, 2009

*: Pending for Swimming Committee's Ratification

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HONG KONG SWIMMING RECORDS

Listed Date: 3rd May, 2019

HONG KONG LONG COURSE RECORDS

WOMEN'S EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
*100 Free	53.59 HAUGHEY Siobhan Bernadette, SCA	62nd FOS – LC Time Trial, April 13-14, 2019
200 Free	1:55.96 HAUGHEY Siobhan Bernadette, SCA	17 th FINA World Championships - Budapest 2017, July 26, 2017
400 Free	4:13.81 AU Hoi Shun Stephanie, DWA	Age Group LC Champ 07, Nov 17, 2007
800 Free	8:41.66 AU Hoi Shun Stephanie, DWA	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:53.36 TANG Wing Yung Natasha, TPS	5 th East Asian Games, Dec 8, 2009
*50 Back	28.33 AU Hoi Shun Stephanie, DWA 28.33 AU Hoi Shun Stephanie, DWA	FINA World Swimming Champ 2013, July 28-Aug 4, 2013 62nd FOS – LC Time Trial, April 13-14, 2019
100 Back	1:00.38 AU Hoi Shun Stephanie, DWA	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
200 Back	2:09.33 LAU Yin Yan Claudia, DLS	Div.1 AG LC Swim Comp. Part 3., Jul.2-3, 2016
50 Breast	31.74 KONG Yvette Man Yi, SCA	HK Open Swimming Champ 2018, Aug. 10-12, 2018
100 Breast	1:07.69 KONG Yvette Man Yi, SCA	12 th Swim Cup Eindhoven 2016, Apr 6 - 10, 2016
200 Breast	2:27.96 KONG Yvette Man Yi, SCA	Edinburgh International Swim Meet, Mar 11-13, 2016
50 Fly	26.66 Hannah WILSON, SCA	25 th Universiade, Jul. 5, 2009
100 Fly	58.24 Hannah WILSON, SCA	25 th Universiade, Jul. 9, 2009
200 Fly	2:13.91 NAM Carmen, TPS	Zoggs Queensland Swim Champ 09, Dec 18, 2009
200 IM	2:12.10 HAUGHEY Siobhan Bernadette, SCA	2017 Arena Pro Swim Series - Santa Clara, USA, June 1-4, 2017
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
4x100 MR	4:03.07 Hong Kong Team TSAI Hiu Wai Sherry, KONG Yvette Man Yi, SZE Hang Yu, Hannah WILSON 1:02.38 2:09.77 3:08.72	5 th East Asian Games, Dec 10, 2009
4x100 FR	3:39.94 Hong Kong Team CHENG Camille Lily Mei, AU Hoi Shun Stephanie, SZE Hang Yu, HAUGHEY Siobhan Bernadette 55.67 1:51.18 2:46.23	Incheon 2014 Asian Games, Sept 20 th -26 th 2014
4x200 FR	8:04.55 Hong Kong Team CHENG Camille Lily Mei, AU Hoi Shun Stephanie, SZE Hang Yu, HAUGHEY Siobhan Bernadette 2:01.43 4:03.99 6:04.31	Incheon 2014 Asian Games, Sept 20 th -26 th 2014

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HONG KONG SWIMMING RECORDS

Listed Date: 3rd May, 2019

HONG KONG LONG COURSE RECORDS

MIXED'S EVENTS

4x100 FR 3:37.67 HTA HK Open Swimming Champ 2017, July 28-30, 2017
WONG Chen Ho Jeremy, MAK Ho Lun Raymond, YU Wai Ting, CHENG Camille Lily Mei

4x100 MR 3:50.22 Hong Kong Team 18th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
AU Hoi Shun Stephanie, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, CHENG Camille Lily Mei

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HONG KONG SWIMMING RECORDS

Listed Date: 3rd May, 2019

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

MEN'S EVENTS

50 Free	23.65 NG Chun Nam Derick, WTS	Australian Age Swim. Champ., Apr 07, 2010
100 Free	51.24 NG Chun Nam Derick, WTS	Age Group LC Champ 09, Oct. 24, 2009
200 Free	1:52.59 Cheuk Ming Ho, CPS	17 th ISF Gymnasiade - Swimming, May 2-9 2018
400 Free	3:57.77 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
800 Free	8:25.47 CHEUK, Ming Ho, CPS	D1 AG LC Swim Comp. Part 3, Feb 10-11, 2018
1500 Free	16:00.66 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Back	26.81 NG Cheuk Yin TPS	D1 AG LC Swim Comp. Part 3, Feb 10-11, 2018
100 Back	58.17 HO Siu Lun, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
200 Back	2:07.52 NG Cheuk Yin, TPS	HK Open Swimming Champ 2018, Aug. 10-12, 2018
50 Breast	29.57 FONG Ka Yu, WDA	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 27, 2017
100 Breast	1:05.29 WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 27, 2017
200 Breast	2:18.11 WONG Benson, DLS	HK Open Swimming Champ 2017, July 28-30, 2017
50 Fly	24.74 NG Cheuk Yin, TPS	61 st FOS – LC SW Time Trial, Apr 14-15 2018
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:06.68 NG Chun Nam Derick, WTS	Age Group LC Champ 09, Oct. 25, 2009
200 IM	2:07.94 Lau Ping Chi, HTA	61 st FOS – LC SW Time Trial, Apr 14-15 2018
400 IM	4:33.86 Lau Ping Chi, HTA	61 st FOS – LC SW Time Trial, Apr 14-15 2018
4x100 MR	4:03.50 Hong Kong Team MOK Kai Tik Marcus, CHAN Chun Lok, CHAN Pak Hin, LUI Nok Ryan	8 th Asian Age Group Swim. Champ, Oct 1-4, 2015
4x100 FR	3:41.42 Hong Kong Team TAM Sze Shing Thomas, LAM Chak Hang, CHAN Pak Hin, Temana Andrew SHORT	52 nd Milo Pram Malaysia AG Champ, Mar 29 – Apr 4, 2016
4x200 FR	8:06.77 WTS TAM Sze Shing Thomas, LEUNG Chun Hei Bryan, FONG Ching Yuen, MOK Kai Tik Marcus	Div.1 AG LC Swim Comp. Part 1, May. 14-15, 2016

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HONG KONG SWIMMING RECORDS

Listed Date: 3rd May, 2019

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

WOMEN'S EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
200 Free	1:59.77 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
400 Free	4:13.81 AU Hoi Shun Stephanie, DWA	Age Group LC Champ 07, Nov 17, 2007
800 Free	8:50.21 AU Hoi Shun Stephanie, DWA	3 rd H.K. Int' Open Swimming Champ., Aug 31, 2007
1500 Free	16:58.79 Anderson Charlotte Kiki, HIS	2014 Scottish Gas National AG Swim Champ., Jun 25-29, 2014
50 Back	29.52 KAN Cheuk Tung Natalie, HVA	HKSSF Div. 2 Inter-School Swim. Champ., Oct 10, 2017
100 Back	1:03.48 WONG Kwan To, HTA	HKSSF Div 1 Inter-School Swim. Champ, Oct 28, 2015
200 Back	2:17.31 LAU Yin Yan Claudia, DLS	4 th HK Int' Open Champ., Sep 12-14, 2008
50 Breast	32.79 CHEUNG Hui Yan Cheyenne, DLS	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Breast	1:11.30 KONG Yvette Man Yi, DLS	08/09 HKSSF Inter-School Champ, Oct 17, 2008
200 Breast	2:32.79 MA Hei Tung Fiona, SLA	5 th East Asian Games, Dec 9, 2009
50 Fly	27.69 CHAN Kin Lok, WTS	8 th Asian Swimming Champ., Nov 26, 2009
100 Fly	1:01.53 CHAN Kin Lok, WTS	8 th Asian Swimming Champ., Nov 27, 2009
200 Fly	2:15.73 TOWN Jennifer Ka Hang, SCA	LI FOS-Olympic Time Trial II, Apr 20, 2008
200 IM	2:13.35 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
4x100 MR	4:20.79 Hong Kong School Team LAU Yin Yan Claudia, KONG Man Yi Yvette, TOWN Ka Hang Jennifer, LAI Hiu Tung Vivian	3 rd Asian School Swim Champ, Jul 14-20, 2008
4x100 FR	3:56.46 Hong Kong School Team KONG Man Yi Yvette, LAU Yin Yan Claudia, TOWN Ka Hang Jennifer, LAI Hiu Tung Vivian	3 rd Asian School Swim Champ, Jul 14-20, 2008
4x200 FR	8:40.12 HVA Tang Tsoi Lam Katii, Kan Cheuk Tung Natalie, Yip Charis Gabrielle Chak Yan, Chong, Sum Yee	Div.I AG LC SWIM COMP (PART 1), July 15, 2017

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HONG KONG SWIMMING RECORDS

Listed Date: 3rd May, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 10 & UNDER EVENTS

50 Free	29.13 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	1:02.87 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
200 Free	2:15.96 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Back	32.29 HO Siu Lun, DLS	5th HK Games. May 2-3, 2015
100 Back	1:12.02 LAU Hoi Hang, LWS	Div. 1 AG LC Swim Comp. Part 1. July 18-19, 2015
50 Breast	36.43 TAM Ka Ming, HVA	Age Group LC Champ 07, Nov 17, 2007
100 Breast	1:18.73 TAM Ka Ming, *CY	HKSSF Inter-Area Primary Swim Comp., Nov 29, 2008
50 Fly	31.15 HO Siu Lun, DLS	HKSSF Inter-Area Primary Swim Comp, Nov 22, 2014
100 Fly	1:10.22 HUNG Leung-fung, PSC	Div. I AG LC SWIM COMP (PART 1), May 23, 2004
200 IM	2:35.51 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 10 & UNDER EVENTS

50 Free	HAUGHEY Siobhan 28.50 Bernadette, SCA	Div. 1 AG LC SWIM COMP (PART 1), May 25 2008
100 Free	HAUGHEY Siobhan 1:02.44 Bernadette, SCA	Div. 1 AG LC SWIM COMP (PART 2), Jun 29 2008
200 Free	2:16.52 LOK Hoi Man, WTS	Age Group LC Champ 11, Nov 05, 2011
50 Back	33.49 MA Wing Yu, *WA	Age Group LC Champ 15, Nov 6-8, 2015
100 Back	1:11.95 CHENG Jessica Chloe, TPS	Div. 1 AG LC Swim Comp. Part 1, May 14-15, 2016
50 Breast	36.28 HO Wan Yui, LWS	HK AG LC Swim Champ 16, Nov 4-6, 2016
100 Breast	1:18.24 YIP Hiu Lok, *WA	Age Group LC Champ 15, Nov 6-8, 2015
50 Fly	30.56 LEE Si Yao Peony, TPS	2 nd All Hong Kong Inter-Area Primary Schools Swimming Competition 2017-2018, 9 June, 2018
100 Fly	1:09.78 LAU Ping Yi Audrey, HTA	Div. 1 AG LC Swim Comp. Part 1, May 14-15, 2016
200 IM	HAUGHEY Siobhan 2:32.15 Bernadette, SCA	Div. 1 AG LC SWIM COMP (PART 3), Jul 27, 2008

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HONG KONG SWIMMING RECORDS

Listed Date: 3rd May, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 11 – 12 YEARS EVENTS

50 Free	25.59 LI Sing Hoi, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	57.05 TAM Sze Shing Thomas, WTS	HK AG LC Swim Champ, Nov 7-9, 2014
200 Free	2:04.67 WONG Ming Hong, DLS	HK Games Swim Champ, May 25-26, 2013
400 Free	4:24.37 CHOW Yin-ching, *CY	Zoggs Queensland Swim Champ 07, Dec 19, 2007
50 Back	29.46 HO Siu Lun, DLS	The 6 th Hong Kong Games, May 13-14, 2017
100 Back	1:03.66 HO Siu Lun, DLS	The 6 th Hong Kong Games, May 13-14, 2017
200 Back	2:19.13 MOK Kai Tik Marcus, WTS	HK AG LC Swim Champ, Nov 8-10, 2013
50 Breast	30.24 TAM Ka Ming, *CY	HKSSF Div 1 Inter-School Swim. Champ, Oct 27, 2010
100 Breast	1:09.54 TAM Ka Ming, *CY	HKSSF Div 1 Inter-School Swim. Champ, Oct 14, 2010
200 Breast	2:30.15 WONG Benson, DLS	HKSSF Div 1 Inter-School Swim. Champ, 28 Oct, 2015
50 Fly	27.69 LI SING HOI, WTS	D1 AG LC Swim Comp. Part 2, Jan 14, 2018
100 Fly	1:01.11 SUEN Tsz Hin, PSC	HK AG LC Swim Champ. 10, Nov 06, 2010
200 Fly	2:17.51 CHOW Yin-Ching, *CY	Zoggs Queensland Swim Champ 07, Dec 19, 2007
*200 IM 2:18.78 LU Pat Fan, HVA		Thailand AG Swimming Champ 2019, April 5-10, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.80 HAUGHEY Siobhan Bernadette, SCA	HKSSF Div 1 Inter-School Swim. Champ, Oct 14, 2010
100 Free	57.77 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
200 Free	2:06.55 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
400 Free	4:28.03 NAM Carmen, TPS	7 th Asian Swimming Champ, Mar. 07, 2006
50 Back	31.01 MA Wing Yu, HTA	9th Asian Age Group Swimming Championships, Sep 8-11, 2017
100 Back	1:06.02 KWOK Sabrina Christine, SCA	Zoggs Queensland Swim Champ 09, Dec 13, 2009
200 Back	2:22.78 LAU Yin-yan, DLS	4 th Asian AG Champ, Bangkok, Aug 21, 2005
50 Breast	34.33 YIP Tsz-wa, DLS	AASF Age Group Champ., Aug 24, 2003
100 Breast	1:12.78 YIP Tsz-wa, DLS	Inter-School Swim Champ Div I., Oct 15, 2003
200 Breast	2:35.62 MA Hei-tung, DLS	LI FOS-Olympic Time Trial II, Apr 20, 2008
50 Fly	28.87 LAI Chu Yi, WTS	7 th HK Open Swimming Champ., Sep 4, 2011
100 Fly	1:04.24 LAU Ping Yi Audrey, HTA	61 st FOS – LC SW Time Trial, Apr 14-15 2018
200 Fly	2:20.54 NAM Ka-man, TPS	7 th Asian Swimming Champ, Mar 10, 2006
200 IM	2:21.79 HAUGHEY Siobhan Bernadette, SCA	D1 AG LC Swim Comp. Part 3, Jul 25, 2010

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HONG KONG SWIMMING RECORDS

Listed Date: 3rd May, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 13 – 14 YEARS EVENTS

50 Free 24.43 LAM Ho Yin Martin, HJC
 100 Free 52.80 CHEUK Ming Ho, CPS
 200 Free 1:56.03 CHEUK Ming Ho, CPS
 400 Free 4:08.81 CHEUK Ming Ho, CPS
 800 Free 8:37.69 WONG Ming Hong, HTA
 1500 Free 16:14.23 CHEUK Ming Ho, CPS

50 Back 27.12 HO Siu Lun, DLS
 100 Back 58.17 HO Siu Lun, DLS
 200 Back 2:09.86 YUK Shing Chi, PSC

50 Breast 29.91 TAM Ka Ming, *CY
 100 Breast 1:05.29 WONG Benson, DLS
 200 Breast 2:18.11 WONG Benson, DLS

***50 Fly 25.75 HO Siu Lun, DLS**
 100 Fly 56.68 NG Chun Nam, Derick, WTS
 200 Fly 2:09.62 CHAN Pak Hin, *WD

200 IM 2:09.42 LAU, Ping Chi, HTA
 400 IM 4:35.75 LAU, Ping Chi, HTA

HKSSF D1 Inter-School Swim. Comp. Oct 23, 2013
 The 6th Hong Kong Games, May 13-14, 2017
 The 6th Hong Kong Games, May 13-14, 2017
 HK AG LC Swim Champ 16, Nov 4-6, 2016
 Div. I AG LC SWIM COMP (PART 3), Feb 28 - Mar 1, 2015
 60th FOS – LC Time Trial, Apr. 15-16, 2017

HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
 HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
 HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017

LV FOS Olympic Time Trial II, Apr 14, 2012
 HKSSF Div. 1 Inter-School Swim. Comp., Oct 27, 2017
 HK Open Swimming Champ 2017, July 28-30, 2017

62nd FOS – LC Time Trial, April 13-14, 2019
 LII FOS LC Sw. Time Trial, Apr 19, 2009
 Div. 1 AG LC Swim Comp. Part 3., Feb 20-21, 2016

HKSSF Div. 1 Inter-School Swim. Comp., Oct 27, 2017
 HK Open Swimming Champ 2017, July 28-30, 2017

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 13 – 14 YEARS EVENTS

50 Free 25.93 HAUGHEY Siobhan Bernadette, SCA
 100 Free 56.07 HAUGHEY Siobhan Bernadette, SCA
 200 Free 2:02.06 HAUGHEY Siobhan Bernadette, SCA
 400 Free 4:19.62 HO Nam Wai, WTS
 800 Free 8:56.31 HO Wai Nam, WTS
 1500 Free 17:17.68 NAM Carmen, TPS

***50 Back 29.95 LOO Tsz Ki Cherrie, DWA**
 100 Back 1:04.42 LAU Yin Yan Claudia, DLS
 200 Back 2:17.61 LAU Yin Yan Claudia, DLS

50 Breast 32.79 CHEUNG Hui Yan Cheyenne, DLS
 100 Breast 1:11.31 MA Hei Tung Fiona, SLA
 200 Breast 2:32.79 MA Hei Tung Fiona, SLA

50 Fly 28.34 KAN Cheuk Tung Natalie, HVA
 100 Fly 1:02.07 LEUNG Ya Yuan Rachel, KGC
***200 Fly 2:17.10 LAU Ping Yi Audrey, HTA**

200 IM 2:18.44 HAUGHEY Siobhan Bernadette, SCA
 400 IM 4:55.42 LAM Hoi Kiu, HTA

Australian Age Championships, Apr 9-14, 2012
 Age Group LC Champ, Nov 05, 2011
 Australian Age Championships, Apr. 9-14, 2012
 60th FOS – LC Time Trial, Apr. 15-16, 2017
 Thailand Age Group Swimming Championships 2017
 World Champ 2007 – Melbourne, Mar 26, 2007

Div. 1 AG LC Swim Comp. Part 3., Jan 27, 2019
 6th Inter City Games, Oct 2007
 Hong Kong Open Champ. 07, Sep 2007

4th FINA World Junior Swimming Champ., Aug 26-31, 2013
 5th East Asian Games, Dec 8, 2009
 5th East Asian Games, Dec 9, 2009

Thailand Age Group Swimming Championships 2017
 Zoggs Queensland Swim Champ 09, Dec 17, 2009
62nd FOS – LC Time Trial, April 13-14, 2019

Australian Age Championships, Apr 9-14, 2012
 18th Asian Games, Jakarta- Palembang, Aug 19-24, 2018

*: Pending for Swimming Committee's Ratification

HKRLC20190503

HONG KONG SWIMMING RECORDS

Listed Date: 3rd May, 2019

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 15 – 17 YEARS EVENTS

50 Free	22.99 LUM Ching Tat Jeffrey, HFS	8 th Asian Swimming Champ., Nov 28, 2009
100 Free	50.48 LUM Ching Tat Jeffrey, HFS	1 st Asian Youth Games, Jul 06, 2009
200 Free	1:50.30 CHEUK Ming Ho, CPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
*400 Free	3:53.05 CHEUK Ming Ho, CPS	62nd FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
50 Back	26.27 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 19, 2018
100 Back	57.57 CHUNG Lai Yeung, TPS	5 th East Asian Games, Dec 10, 2009
*200 Back	2:06.24 NG Cheuk Yin, TPS	62nd FOS – LC Time Trial, April 13-14, 2019
50 Breast	29.34 FONG Ka Yu, WDA	D1 AG LC Swim Comp. Part 2, Jan 14, 2018
100 Breast	1:03.91 NG Yan Kin, HTA	51 st Malaysia Age Group Swim Champ., Apr 24-26, 2015
200 Breast	2:15.77 MOK Kai Tik Marcus, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
*50 Fly	24.40 NG Cheuk Yin, TPS	62nd FOS – LC Time Trial, April 13-14, 2019
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:02.70 LIM Nicholas Owen Zhaoguang, LRC	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
200 IM	2:06.38 MOK Kai Tik Marcus, WTS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
400 IM	4:31.51 LLEWELLYN Little, HTA	Australian Age Championships, Apr 06, 2010

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 15 – 17 YEARS EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
200 Free	1:59.66 HAUGHEY Siobhan Bernadette, SCA	Incheon 2014 Asian Games, Sep 20-26, 2014
400 Free	4:13.81 AU Hoi Shun Stephanie, DWA	Age Group LC Champ 07, Nov 17, 2007
800 Free	8:41.66 AU Hoi Shun Stephanie, DWA	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16.53.36 TANG Wing Yung Natasha, TPS	5 th East Asian Games, Dec 8, 2009
50 Back	29.01 Kwok Sabrina Christine YingYing, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
100 Back	1:01.92 WONG ToTo Kwan To, HTA	10 th Asian Swimming Championships, Nov 17-20, 2016
200 Back	2:15.18 LAU Yin Yan Claudia, DLS	5 th East Asian Games, Dec 6, 2009
50 Breast	31.82 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 6, 2009
100 Breast	1:08.43 KONG Yvette Man Yi, SCA	8 th Asian Swimming Champ., Nov 27, 2009
200 Breast	2:31.65 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 9, 2009
*50 Fly	27.52 KAN Cheuk Tung Natalie, HVA	62nd FOS – LC Time Trial, April 13-14, 2019
100 Fly	1:00.89 Hannah WILSON, LRC	7 th Asian Swimming Champ, Mar. 08, 2006
200 Fly	2:13.91 NAM Carmen, TPS	Zoggs Queensland Swim Champ 09, Dec 18, 2009
200 IM	2:13.07 HAUGHEY Siobhan Bernadette, SCA	16 th FINA World Championships – Kazan 2015, Aug 2, 2015
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013

*: Pending for Swimming Committee's Ratification

HKRLC20190503

7th Hong Kong Games - Swimming Competition - 18-May-19 to 19-May-19

Psych Sheet

Event 1 Mixed 4x50 LC Meter Freestyle Relay

MR: 1:44.37

Yuen Long

	Team	Relay	Seed Time
1	Central & Western	A	NT
2	Eastern	A	NT
3	Hksapid	A	NT
4	Islands	A	NT
5	Kowloon City	A	NT
6	Kwai Tsing	A	NT
7	Kwun Tong	A	NT
8	North	A	NT
9	Sai Kung	A	NT
10	Sha Tin	A	NT
11	Sham Shui Po	A	NT
12	Southern	A	NT
13	Tai Po	A	NT
14	Tsuen Wan	A	NT
15	Tuen Mun	A	NT
16	Wan Chai	A	NT
17	Wong Tai Sin	A	NT
18	Yau Tsim Mong	A	NT
19	Yuen Long	A	NT

Event 2 Girls 100 LC Meter Butterfly

MR: 1:03.86

CHAN Kin Lok, ST

HKR: 58.24

Hannah WILSON

	ID#	Name	Age	Team	Seed Time
1	12320	Wong, Wai Nam		Sham Shui Po	1:04.44
2	12493	Lui, Ho Yee Chloe		Wong Tai Sin	1:05.97
3	12330	Yeung, Kei Yau Carina		Tsuen Wan	1:06.05
4	12329	Li, Yuet Sum Phyllis		Kowloon City	1:07.71
5	12187	Lam, Cheuk Ue Natalie		Kowloon City	1:08.64
6	12188	Chan, Lok Wai		Wan Chai	1:09.66
7	12407	Chan, Yin Tung		Yuen Long	1:09.79
8	12275	Wong, Hoi Wai		Tuen Mun	1:10.04
9	12378	Tam, Cheuk Kiu		Sha Tin	1:10.58
10	12148	Yu, Tsz Wing		Wong Tai Sin	1:11.63
11	12145	Wang, Ho Yan		Yau Tsim Mong	1:11.84
12	12414	Chan, Tsun Wing		Eastern	1:14.56
13	12521	Ng, Yan Chee		Wan Chai	1:15.92
14	12506	Tang, Hiu Tung		Kwun Tong	1:15.93
15	12510	Hung, Cassandra Josephine		Sha Tin	1:16.17
16	12481	Man, Hoi Nam		Kwai Tsing	1:16.57
17	12527	Yip, Nga Lam Olina		Yuen Long	1:16.94
18	12315	Hobson, Caitlin Ashley		Islands	1:17.36
19	12141	Lam, Nga Man		Tuen Mun	1:18.73
20	12273	Kam, Mo Cheuk Peony		Eastern	1:32.15

Event 3 Boys 100 LC Meter Butterfly

MR: 56.70

NG Chun Nam Derick, CW

HKR: 53.70

CHEAH Geoffrey

	ID#	Name	Age	Team	Seed Time
1	12318	Chan, Pak Hin		Sham Shui Po	57.79
2	12192	Chung, Hau Yin Howard		Wong Tai Sin	58.65
3	12272	Chan, Chun Yip Jonathan		Eastern	1:00.12

7th Hong Kong Games - Swimming Competition - 18-May-19 to 19-May-19**Psych Sheet****Event 3 ... (Boys 100 LC Meter Butterfly)**

4	12295	Tsang, Ho Yan	Sai Kung	1:00.64
5	12281	Cheng, Kam Fung	Sha Tin	1:01.12
6	12402	Li, Chun Yin Jason	North	1:02.29
7	12314	Chan, Wai Tsun	Kwun Tong	1:02.36
8	12410	Li, Sing Hoi	Sha Tin	1:02.61
9	12333	Yip, Ming Hei	Kowloon City	1:02.96
10	12253	Chan, Austin	Islands	1:06.08
11	12494	Kan, Tsz Chun	Sai Kung	1:06.20
12	12208	Cheng, Yu Hin	Tai Po	1:06.38
13	12524	Lau, Ka Ho	Yuen Long	1:07.02
14	12398	Cheung, Chun Wang	Wong Tai Sin	1:07.91
15	12324	Leung, Pui Lok	Eastern	1:09.36
16	12525	Lau, Cheuk Hei Cliff	Yuen Long	1:09.65
17	12230	NG, Yat Hei	Tsuen Wan	1:10.08
18	12220	Ng, Yu Hin	Wan Chai	1:12.67
19	12152	Lau, Tsz Hong	Islands	1:13.42
20	12372	Wan, Tsz Shun Michael	Kowloon City	1:13.62
21	12156	Wan, Yilun Peter	Central & Western	1:15.62
22	12485	Ng, Anson	Southern	1:19.70
23	12445	Cheung, Tsz Nok	North	1:23.24
24	12158	Szeto, Wing Hang Jansen	Yau Tsim Mong	1:23.87
25	12448	Law, Ki Kwan	Tuen Mun	1:25.06
26	12512	Hui, Ka Ho	Kwai Tsing	1:34.20

Event 4 Girls 100 LC Meter Backstroke**MR: 1:06.01****WONG Kwan To, ST****HKR: 1:00.38****AU Hoi Shun Stephanie**

	ID#	Name	Age	Team	Seed Time
1	12288	Cheng, Jessica Chloe		Kowloon City	1:05.99
2	12171	Wong, Ching Lam		Tuen Mun	1:06.39
3	12151	Leung, Hui Tung		Sai Kung	1:06.47
4	12497	Tsang, Hoi Lan		Tai Po	1:07.38
5	12352	Loo, Tsz Ki Cherrie		Islands	1:07.50
6	12159	Ho, Pui Chi		Tai Po	1:09.76
7	12270	Mak, Agnes		Kwun Tong	1:10.21
8	12201	Cheung, Margaret		Wong Tai Sin	1:11.95
9	12321	Ng, Sze Kwan		Kwun Tong	1:12.51
10	12334	Lo, Hiu Lam Sara		Kowloon City	1:13.72
11	12501	Ng, Cheuk Yan		Wan Chai	1:13.85
12	12365	Yiu, Wan Lam		Kwai Tsing	1:17.84
13	12406	Yeung, Yat Tung		Yuen Long	1:17.92
14	12327	Choi, Wing Yan		Sham Shui Po	1:18.08
15	12510	Hung, Cassandra Josephine		Sha Tin	1:19.04
16	12517	Yuen, Hiu Tung Alyssa		Central & Western	1:20.77
17	12452	Wong, Yat Tsun		Sai Kung	1:22.73
18	12142	Chan, Tsz Suet		Tuen Mun	1:24.46
19	12518	Sy, Yi Yu Yvonne		Wan Chai	1:24.49
20	12285	Yeung, Yuet Fei Phoebe		Tsuen Wan	1:25.68
21	12436	Leung, Man Chi		Yuen Long	1:25.83
22	12299	Wong, Hoi Yung		Yau Tsim Mong	1:26.14
23	12442	Lau, Lok Yiu		Southern	1:26.94
24	12308	Wong, Tsz Wan		North	1:28.56

7th Hong Kong Games - Swimming Competition - 18-May-19 to 19-May-19

Psych Sheet

Event 4 ... (Girls 100 LC Meter Backstroke)

25	12413	Leung, Ka Yui	Sham Shui Po	1:31.29
26	12190	Li, Cheuk Yiu	Southern	1:34.81
27	12273	Kam, Mo Cheuk Peony	Eastern	1:36.08

Event 5 Boys 100 LC Meter Backstroke

MR: 59.86

LAU Shiu Yue, YTM

HKR: 56.63

CHEAH Geoffrey

	ID#	Name	Age	Team	Seed Time
1	12301	Ho, Siu Lun		Sha Tin	58.17
2	12416	Yuk, Shing Chi		Eastern	59.09
3	12432	Leung, Lok Him		Kowloon City	1:02.73
4	12160	Yau, Pak Yun		Sha Tin	1:03.05
5	12231	Chan, Sheung Kwan		Tsuen Wan	1:03.28
6	12244	Fu, Chun		Southern	1:03.92
7	12466	Lu, Pat Fan		Tuen Mun	1:05.14
8	12278	Cheng, Yuan Andrew		Islands	1:05.41
9	12384	Lo, Man Kit		Yuen Long	1:05.53
10	12385	Ong, Chak Min		Sai Kung	1:05.60
11	12368	Yip, Ching Tak		Tuen Mun	1:08.05
12	12522	Chan, Yat Long		Yuen Long	1:08.25
13	12491	Wan, Tsz Wang		Yau Tsim Mong	1:08.76
14	12331	Chiu, Man Hei		Kwai Tsing	1:09.21
15	12380	Chan, Tsz Kwan		Kwai Tsing	1:09.33
16	12277	Wong, Tsz Wing		Kwun Tong	1:11.57
17	12306	Ho, Chun Ting Timothy		Wong Tai Sin	1:11.78
18	12168	Lee, Cheuk Yiu Donald		Eastern	1:12.51
19	12348	Ng, Cheuk Haang Felix		Sai Kung	1:14.42
20	12269	Leung, Chun Hin		Sham Shui Po	1:14.84
21	12353	Hofstede, Adam Marcel		Islands	1:19.62
22	12356	Fan, Ka Ming		Yau Tsim Mong	1:23.11
23	12458	Lui, Ming Kit		Sham Shui Po	1:26.71
24	12446	Wong, Tsz Shing		North	1:32.99
25	12516	Leung, Yui Him Jaden		Kowloon City	1:33.56
26	12179	Lam, Pak Hei Marcus		Tsuen Wan	1:35.61

Event 6 Girls 100 LC Meter Backstroke

MR: 1:06.01

WONG Kwan To, ST

HKR: 1:00.38

AU Hoi Shun Stephanie

	ID#	Name	Age	Team	Seed Time
1	F03	Chan, Yui Lam		Hksapid	1:18.93
2	F04	Cheung, Ho Ying		Hksapid	1:23.18
3	F01	Cheong, Sui Kei		Hksapid	1:25.01
4	F02	Tse, Lam Yan Karen		Hksapid	1:27.69
5	F05	Cheng, Yuen Ki Natalie		Hksapid	1:29.34

Event 7 Boys 100 LC Meter Backstroke

MR: 59.86

LAU Shiu Yue, YTM

HKR: 56.63

CHEAH Geoffrey

	ID#	Name	Age	Team	Seed Time
1	M03	Hui, Ka Chun		Hksapid	1:07.78
2	M04	Chan, Long Tin		Hksapid	1:09.11
3	M01	Tang, Wai Lok		Hksapid	1:10.15
4	M02	Wong, Hon Yin		Hksapid	1:11.77
5	M05	Lee, Pak Him		Hksapid	1:18.12

7th Hong Kong Games - Swimming Competition - 18-May-19 to 19-May-19

Psych Sheet

Event 7 ... (Boys 100 LC Meter Backstroke)

6	M08	Tam, Wai Yau Eisuke	Hksapid	1:20.69
7	M07	Wong, Sze Lut Daniel	Hksapid	1:22.06
8	M06	Kwok, Chiu Kwan	Hksapid	1:24.81

Event 8 Girls 100 LC Meter Breaststroke

MR: 1:13.46

IP Rainbow, KC

HKR: 1:07.69

KONG Yvette Man Yi

	ID#	Name	Age	Team	Seed Time
1	12304	Hui, Ka Ling		Yau Tsim Mong	1:14.64
2	12143	Lam, Hiu Wai		Tuen Mun	1:15.38
3	12488	Ho, Wan Yui		Tsuen Wan	1:16.75
4	12387	So, Reenie		Sai Kung	1:17.01
5	12229	Yip, Hiu Lok		Sha Tin	1:17.50
6	12484	Ng, Hei Tung		Kowloon City	1:17.68
7	12503	Lau, Tsz Ching Jaime		Kwai Tsing	1:20.19
8	12447	Lam, Hiu Nam		Tuen Mun	1:20.38
9	12256	Tsui, Tsz Chin Chloris		Southern	1:22.05
10	12341	Lam, Oi In Peri		Wong Tai Sin	1:22.35
11	12419	Yim, Ying Oi Kelly		Kwai Tsing	1:22.39
12	12405	Choi, Ka Wai		Yuen Long	1:23.78
13	12360	Ip, Ka Wei Katherine		Central & Western	1:23.90
14	12454	Vianca, Ng		Yuen Long	1:26.33
15	12202	Shum, Wai Shuen		Central & Western	1:26.77
16	12205	Wai, Ching		Sai Kung	1:27.04
17	12163	Mok, Tang Han		Tsuen Wan	1:27.67
18	12509	Yu, Wing Yin		Sha Tin	1:29.18
19	12265	Au Yeung, Sin Chun		Eastern	1:30.24
20	12375	So, Ching Ka		Kowloon City	1:33.06
21	12505	Leung, Stefanie		Kwun Tong	1:36.49
22	12138	Zhou, Xiao Lin		Islands	1:37.96
23	12442	Lau, Lok Yiu		Southern	1:38.11
24	12489	Szeto, Chi Ching Emmie		Yau Tsim Mong	1:41.30

Event 9 Boys 100 LC Meter Breaststroke

MR: 1:04.78

KWOK Ka Fai, KWT

HKR: 1:01.91

TO Kenneth King Him

	ID#	Name	Age	Team	Seed Time
1	12357	Yuen, Kai Ho		Sha Tin	1:06.80
2	12164	Fong, Ka Yu		Sham Shui Po	1:06.92
3	12383	Chan, Yin Kwan		Yuen Long	1:07.28
4	12183	Law, Tsz Hin		Kwai Tsing	1:07.62
5	12322	Lai, Ching Hei		Wan Chai	1:07.71
6	12287	Leung, Ho Wai		Kwai Tsing	1:07.89
7	12254	Tang, Ho Chuen		Kwun Tong	1:08.10
8	12362	Kung, Lok Sum		Sham Shui Po	1:08.81
9	12200	Tsui, Nga Hang Jason		Yau Tsim Mong	1:08.91
10	12213	Mok, Yik Long		Sha Tin	1:09.08
11	12502	Luk, Wing Kin Andy		Eastern	1:10.11
12	12408	Ng, Eson		Yau Tsim Mong	1:10.54
13	12227	Sun, Kai Chun		Kowloon City	1:11.08
14	12274	Chan, Hei Yin Bryan		Eastern	1:12.45
15	12146	Hui, Chi Kong Matthew		Wong Tai Sin	1:12.60
16	12311	Cheng, Hoi Kei		Kwun Tong	1:13.27

7th Hong Kong Games - Swimming Competition - 18-May-19 to 19-May-19

Psych Sheet

Event 9 ... (Boys 100 LC Meter Breaststroke)

17	12189	Wan, Tsz Fung	Southern	1:13.57
18	12523	Chow, Cheuk Wing	Yuen Long	1:14.01
19	12349	Lung, Wai Chit	North	1:15.36
20	12434	Chan, Pak Sum	Kowloon City	1:16.08
21	12144	Chan, Tsz Yat	Tuen Mun	1:17.00
22	12296	Lai, Wai Tsan	Sai Kung	1:18.47
23	12181	Lee, Chun Yin	Tsuen Wan	1:18.91
24	12500	Sit, Nok Yin	Tuen Mun	1:20.52
25	12495	Tam, Man Chun Vincent	North	1:22.87
26	12472	Ling, Haozhi	Islands	1:23.98
27	12348	Ng, Cheuk Haang Felix	Sai Kung	1:25.64
28	12260	Lau, Ching Fung	Tai Po	1:28.29
29	12206	Chan, Ngai	Central & Western	1:32.42
30	12420	Tsang, Chun Kin	Central & Western	1:33.03
31	12209	Yip, Shun Kit	Tai Po	1:38.68
32	12178	Wong, Sum Lam	Islands	1:38.77
33	12389	Chan, Yiu Chung	Wong Tai Sin	1:41.22

Event 10 Girls 100 LC Meter Breaststroke

MR: 1:13.46

IP Rainbow, KC

HKR: 1:07.69

KONG Yvette Man Yi

	ID#	Name	Age	Team	Seed Time
1	F02	Tse, Lam Yan Karen		Hksapid	1:26.97
2	F03	Chan, Yui Lam		Hksapid	1:33.59
3	F04	Cheung, Ho Ying		Hksapid	1:34.62
4	F05	Cheng, Yuen Ki Natalie		Hksapid	1:40.87
5	F01	Cheong, Sui Kei		Hksapid	1:42.33

Event 11 Boys 100 LC Meter Breaststroke

MR: 1:04.78

KWOK Ka Fai, KWT

HKR: 1:01.91

TO Kenneth King Him

	ID#	Name	Age	Team	Seed Time
1	M04	Chan, Long Tin		Hksapid	1:16.42
2	M05	Lee, Pak Him		Hksapid	1:23.40
3	M03	Hui, Ka Chun		Hksapid	1:23.50
4	M08	Tam, Wai Yau Eisuke		Hksapid	1:29.21
5	M06	Kwok, Chiu Kwan		Hksapid	1:35.62
6	M09	Say, Wong Fai		Hksapid	1:40.23
7	M10	Hung, Wing Long		Hksapid	1:51.10

Event 12 Girls 100 LC Meter Freestyle

MR: 59.32

TANG Tsoi Lam Katii, S

HKR: 53.59

HAUGHEY Siobhan Bernadette

	ID#	Name	Age	Team	Seed Time
1	12487	Lee, Yan Hei		Wong Tai Sin	58.11
2	12151	Leung, Hui Tung		Sai Kung	1:00.04
3	12336	Shen, Cheuk Ki		Kowloon City	1:00.52
4	12310	Tang, Yee Man		Islands	1:00.72
5	12145	Wang, Ho Yan		Yau Tsim Mong	1:00.81
6	12390	Ho, Sheung Wai		Wong Tai Sin	1:01.63
7	12457	To, Wing Yan		Tuen Mun	1:02.00
8	12167	Yim, Tsz Kiu Jasmine		Kwun Tong	1:02.32
9	12469	Chan, Ashley		Kwun Tong	1:02.47
10	12459	Ma, Wing Sum		Sham Shui Po	1:03.15

7th Hong Kong Games - Swimming Competition - 18-May-19 to 19-May-19

Psych Sheet

Event 12 ... (Girls 100 LC Meter Freestyle)

11	12212	Kwan, Yuet Yin Niki	Tai Po	1:03.30
12	12309	Hobson, Kimberly Erin	Islands	1:04.06
13	12453	Yau, Sin Lin	Yuen Long	1:04.07
14	12423	Cheng, Yan Ching	Yuen Long	1:04.43
15	12451	Hao, Yu Xuan	Sai Kung	1:05.06
16	12246	Lo, Hok Ching	Central & Western	1:05.75
17	12381	Chan, Lok Mei	Wan Chai	1:06.40
18	12429	Ma, Gilaine	Tsuen Wan	1:07.05
19	12236	Ko, Alexis	Kwai Tsing	1:07.48
20	12204	Lam, Kai Ching	North	1:09.18
21	12263	Tam, Mai Ling Alison	Central & Western	1:09.67
22	12478	Hung, Yi Yan	Kwai Tsing	1:09.84
23	12414	Chan, Tsun Wing	Eastern	1:10.01
24	12460	To, Chi Shuen	Wan Chai	1:12.83
25	12298	Ng, Man Ka	Southern	1:13.64
26	12471	Tso, Yi Wun	Tsuen Wan	1:16.26
27	12276	Yeung, Kwan Ching	Tuen Mun	1:18.84
28	12190	Li, Cheuk Yiu	Southern	1:21.21
29	12238	Wu, Kwan Lo	Kowloon City	1:32.75
30	12412	Chau, Cheuk Man	Eastern	1:38.18

Event 13 Boys 100 LC Meter Freestyle

MR: 52.80

CHEUK Ming Ho, KC

HKR: 49.22

TO Kenneth King Him

	ID#	Name	Age	Team	Seed Time
1	12242	Law, Siu Chung		Yuen Long	53.05
2	12450	Leung, Chun Hei Bryan		Wong Tai Sin	53.44
3	12441	Tam, Sze Shing Thomas		Central & Western	54.03
4	12361	Wong, Lok Kan		Eastern	54.66
5	12508	Lau, Chak Lam Nicholas		Islands	54.94
6	12160	Yau, Pak Yun		Sha Tin	55.56
7	12249	Chan, Hei Chun		Tuen Mun	56.12
8	12397	Chan, Long Yin		Wong Tai Sin	56.29
9	12280	Fok, Chun Wang Anthony		Kowloon City	56.31
10	12154	Leung, Cheuk Fung Jasper		Kwun Tong	56.90
11	12332	He, Shing Ip		Kowloon City	57.13
12	12293	Choy, Man Hin		Yuen Long	57.20
13	12196	Law, Lok Yin		Tuen Mun	57.38
14	12437	Tsang, Ho Ka		Sai Kung	58.34
15	12194	Lee, Cheuk Ho		Sha Tin	58.61
16	12476	Tam, Wang Yin		Tsuen Wan	58.70
17	12253	Chan, Austin		Islands	59.28
18	12262	Chan, Yin Wang		Tai Po	1:00.68
19	12468	Wong, Ming Chung		Kwun Tong	1:01.52
20	12307	Lee, Yat Yuen Yen		Sai Kung	1:01.96
21	12313	Cheung, Ho Lam Edison		Yau Tsim Mong	1:02.87
22	12230	NG, Yat Hei		Tsuen Wan	1:03.22
23	12324	Leung, Pui Lok		Eastern	1:03.72
24	13071	Chan, Ka Chung		Kwai Tsing	1:04.68
25	12486	Ng, Chung Hin		Wan Chai	1:05.84
26	12415	Chow, Ho Man Herman		Central & Western	1:06.94
27	12519	Chee, Man Heng		Wan Chai	1:09.93

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Event 13 ... (Boys 100 LC Meter Freestyle)

28	12479	Chan, Kung Chiu	Kwai Tsing	1:12.78
29	12198	Yang, Kwan Ho Alexander	Yau Tsim Mong	1:19.54

Event 14 Girls 100 LC Meter Freestyle

MR: 59.32

TANG Tsoi Lam Katii, S

HKR: 53.59

HAUGHEY Siobhan Bernadette

	ID#	Name	Age	Team	Seed Time
1	F01	Cheong, Sui Kei		Hksapid	1:07.71
2	F02	Tse, Lam Yan Karen		Hksapid	1:08.29
3	F03	Chan, Yui Lam		Hksapid	1:09.40
4	F04	Cheung, Ho Ying		Hksapid	1:10.11
5	F05	Cheng, Yuen Ki Natalie		Hksapid	1:14.57

Event 15 Boys 100 LC Meter Freestyle

MR: 52.80

CHEUK Ming Ho, KC

HKR: 49.22

TO Kenneth King Him

	ID#	Name	Age	Team	Seed Time
1	M01	Tang, Wai Lok		Hksapid	55.50
2	M02	Wong, Hon Yin		Hksapid	58.83
3	M03	Hui, Ka Chun		Hksapid	58.90
4	M04	Chan, Long Tin		Hksapid	59.20
5	M05	Lee, Pak Him		Hksapid	1:02.75
6	M06	Kwok, Chiu Kwan		Hksapid	1:04.85
7	M07	Wong, Sze Lut Daniel		Hksapid	1:07.18
8	M08	Tam, Wai Yau Eisuke		Hksapid	1:07.34

Event 16 Girls 200 LC Meter IM

MR: 2:23.01

WONG Yuk Yan, E

HKR: 2:12.10

HAUGHEY Siobhan Bernadette

	ID#	Name	Age	Team	Seed Time
1	12171	Wong, Ching Lam		Tuen Mun	2:20.98
2	12291	Cheng, Chloe		Wan Chai	2:23.18
3	12214	Wong, Yuk Yan		Eastern	2:25.97
4	12297	Wong, Suet Ching		Sai Kung	2:27.53
5	12330	Yeung, Kei Yau Carina		Tsuen Wan	2:30.51
6	12388	Wong, Po Yin		Southern	2:30.78
7	12329	Li, Yuet Sum Phyllis		Kowloon City	2:32.48
8	12340	Hung, Lok Ching		Southern	2:33.29
9	12258	Li, Hang Fung Hannah		Yuen Long	2:33.73
10	12483	Chan, Wing Yan Viann		Kowloon City	2:34.08
11	12201	Cheung, Margaret		Wong Tai Sin	2:34.15
12	12257	Leung, Ching In		Yuen Long	2:34.42
13	12447	Lam, Hiu Nam		Tuen Mun	2:35.57
14	12148	Yu, Tsz Wing		Wong Tai Sin	2:36.78
15	12300	Lau, Hazel		Yau Tsim Mong	2:36.88
16	12461	Ching, Oi Ki		Wan Chai	2:38.64
17	12427	Hung, Devina Catherine		Sha Tin	2:38.65
18	12421	Leung, Sylvia		Kwun Tong	2:45.64
19	12165	Mak, Ho Yan		Sham Shui Po	2:47.13
20	12184	Cheung, Nga Yin Jodie		Kwai Tsing	2:51.43
21	12284	Wong, Nga Ki		Tsuen Wan	2:57.22
22	12505	Leung, Stefanie		Kwun Tong	2:59.37
23	12212	Kwan, Yuet Yin Niki		Tai Po	3:00.48
24	12226	Wong, Suet Wing		North	3:01.73

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Event 16 ... (Girls 200 LC Meter IM)

25	12498	Sin, Sin	Islands	3:01.90
26	12452	Wong, Yat Tsun	Sai Kung	3:02.10
27	12404	Lee, Hiu Lam Janice	Central & Western	3:08.13
28	12173	Ip, Ching Yi	Kwai Tsing	3:09.59
29	12264	Leung, Wei Yan Michelle	Central & Western	3:14.62

Event 17 Boys 200 LC Meter IM

MR: 2:11.46

FUNG Chun Ho, SK

HKR: 2:01.37

TO Kenneth King Him

	ID#	Name	Age	Team	Seed Time
1	12177	Chan, Tsz Chiu		Islands	2:12.97
2	12170	Tse, Tsz Fung		Central & Western	2:15.66
3	12470	Chan, Yin Ban		Sham Shui Po	2:16.37
4	12430	Tang, Chun Wing		Kwai Tsing	2:20.18
5	12431	Hung, Siu Ching Dickson		Kwai Tsing	2:20.70
6	12359	Chan, Chun Shek		Sha Tin	2:20.90
7	12186	Xiang, Hao Feng		Southern	2:22.08
8	12203	Leung, Sze Hang		Sai Kung	2:22.70
9	12491	Wan, Tsz Wang		Yau Tsim Mong	2:25.45
10	12180	Lam, Man Hin Andrew		Tsuen Wan	2:26.01
11	12155	Chan, Chit Hei Roy		Central & Western	2:26.47
12	12475	Lam, Ho Hin Vincent		Tsuen Wan	2:27.81
13	12467	Ching, Tsz Shun		Kwun Tong	2:29.03
14	12333	Yip, Ming Hei		Kowloon City	2:29.41
15	12371	Yuen, Chun Hei		Kwun Tong	2:30.35
16	12524	Lau, Ka Ho		Yuen Long	2:32.40
17	12401	Wan, Chi Ho		Sai Kung	2:32.94
18	12313	Cheung, Ho Lam Edison		Yau Tsim Mong	2:33.74
19	12168	Lee, Cheuk Yiu Donald		Eastern	2:34.59
20	12241	Leung, Chi Shun Anson		Yuen Long	2:35.15
21	12208	Cheng, Yu Hin		Tai Po	2:36.41
22	12411	Cheung Spencer, Warwick Mar		Sha Tin	2:37.33
23	12240	Lau, Kin Hei James		Wan Chai	2:39.52
24	12147	Goh, Zong Hern		Wong Tai Sin	2:40.59
25	12373	Ng, Philip		Kowloon City	2:41.46
26	12319	Ma, Ka Lok		Sham Shui Po	2:42.52
27	12172	Chan, Wang Hei Terence		Tuen Mun	2:47.01
28	12215	Choy, Chung Hang		Eastern	2:59.81
29	12490	Li, Wai Ching Jazz		Tuen Mun	3:06.85

Event 18 Girls 4x50 LC Meter Freestyle Relay

MR: 1:50.05

Tai Po

	Team	Relay	Seed Time
1	Central & Western	A	NT
2	Eastern	A	NT
3	Islands	A	NT
4	Kowloon City	A	NT
5	Kwai Tsing	A	NT
6	Kwun Tong	A	NT
7	North	A	NT
8	Sai Kung	A	NT
9	Sha Tin	A	NT
10	Sham Shui Po	A	NT

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Event 18 ... (Girls 4x50 LC Meter Freestyle Relay)

11	Southern	A	NT
12	Tai Po	A	NT
13	Tsuen Wan	A	NT
14	Tuen Mun	A	NT
15	Wan Chai	A	NT
16	Wong Tai Sin	A	NT
17	Yau Tsim Mong	A	NT
18	Yuen Long	A	NT

Event 19 Boys 4x50 LC Meter Freestyle Relay

MR: 1:37.92

Yau Tsim Mong

	Team	Relay	Seed Time
1	Central & Western	A	NT
2	Eastern	A	NT
3	Islands	A	NT
4	Kowloon City	A	NT
5	Kwai Tsing	A	NT
6	Kwun Tong	A	NT
7	North	A	NT
8	Sai Kung	A	NT
9	Sha Tin	A	NT
10	Sham Shui Po	A	NT
11	Southern	A	NT
12	Tai Po	A	NT
13	Tsuen Wan	A	NT
14	Tuen Mun	A	NT
15	Wan Chai	A	NT
16	Wong Tai Sin	A	NT
17	Yau Tsim Mong	A	NT
18	Yuen Long	A	NT

Event 20 Girls 200 LC Meter Butterfly

MR: 2:20.46

CHAN Tsz Ching, E

HKR: 2:13.91

NAM Carmen

	ID#	Name	Age	Team	Seed Time
1	12187	Lam, Cheuk Ue Natalie		Kowloon City	2:26.54
2	12464	Tam, Suet Ying		Eastern	2:27.40
3	12378	Tam, Cheuk Kiu		Sha Tin	2:30.77
4	12188	Chan, Lok Wai		Wan Chai	2:32.38
5	12275	Wong, Hoi Wai		Tuen Mun	2:32.93
6	12388	Wong, Po Yin		Southern	2:37.97
7	12245	Lau, Sze Wan		Wong Tai Sin	2:46.81
8	12239	Hui, Choi Yan		Kowloon City	2:52.48
9	12173	Ip, Ching Yi		Kwai Tsing	3:16.68
10	12343	Leung, Hiu Lam		Tuen Mun	3:18.12

Event 21 Boys 200 LC Meter Butterfly

MR: 2:07.76

LEE Chong Zheng Pete, CW

HKR: 2:00.43

LIM Nicholas Owen Zhaoguang

	ID#	Name	Age	Team	Seed Time
1	12462	Chan, James Gavin		Eastern	2:07.09
2	12192	Chung, Hau Yin Howard		Wong Tai Sin	2:10.38
3	12318	Chan, Pak Hin		Sham Shui Po	2:11.04
4	12396	Pang, Ho Kiu Holdee		Yau Tsim Mong	2:12.21

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Event 21 ... (Boys 200 LC Meter Butterfly)

5	12218	Chan, Tsun Hin	Sham Shui Po	2:15.12
6	12295	Tsang, Ho Yan	Sai Kung	2:17.07
7	12475	Lam, Ho Hin Vincent	Tsuen Wan	2:20.26
8	12402	Li, Chun Yin Jason	North	2:20.98
9	12364	Tsang, Tsz Ho	Eastern	2:21.15
10	12398	Cheung, Chun Wang	Wong Tai Sin	2:26.11
11	12391	Lam, Tsz Him	Central & Western	2:28.16
12	12339	Kwok, Po Kit Jansen	Yuen Long	2:29.12
13	12241	Leung, Chi Shun Anson	Yuen Long	2:29.23
14	12401	Wan, Chi Ho	Sai Kung	2:29.83
15	12373	Ng, Philip	Kowloon City	2:47.87
16	12156	Wan, Yilun Peter	Central & Western	2:48.93
17	12344	Chan, Tsz Lok	Tuen Mun	2:54.83
18	12338	Lam, Chun Kit	Tuen Mun	3:18.67

Event 22 Girls 200 LC Meter Backstroke

MR: 2:21.66

WAN Ching Man Andrea, KC

HKR: 2:09.33

LAU Yin Yan Claudia

	ID#	Name	Age	Team	Seed Time
1	12288	Cheng, Jessica Chloe		Kowloon City	2:21.46
2	12159	Ho, Pui Chi		Tai Po	2:32.74
3	12474	Chan, Hiu Tung Annabel		Sha Tin	2:40.06
4	12239	Hui, Choi Yan		Kowloon City	2:41.19
5	12423	Cheng, Yan Ching		Yuen Long	2:41.32
6	12300	Lau, Hazel		Yau Tsim Mong	2:43.02
7	12399	Lau, Sze Yuet		Wong Tai Sin	2:56.24
8	12418	Ho, Tsoi Yin		Tuen Mun	2:59.56
9	12140	Ko, Cho Kiu		Tuen Mun	3:03.98
10	12403	Chu, Chi Ling		Islands	3:29.26

Event 23 Boys 200 LC Meter Backstroke

MR: 2:12.06

LAM Chun Fai , S

HKR: 2:05.47

Alex FONG Lik-sun

	ID#	Name	Age	Team	Seed Time
1	12425	Ng, Cheuk Yin		Sha Tin	2:06.55
2	12177	Chan, Tsz Chiu		Islands	2:10.01
3	12416	Yuk, Shing Chi		Eastern	2:10.03
4	12470	Chan, Yin Ban		Sham Shui Po	2:18.30
5	12466	Lu, Pat Fan		Tuen Mun	2:21.46
6	12432	Leung, Lok Him		Kowloon City	2:21.56
7	12364	Tsang, Tsz Ho		Eastern	2:21.98
8	12430	Tang, Chun Wing		Kwai Tsing	2:22.98
9	12278	Cheng, Yuan Andrew		Islands	2:25.80
10	12166	Chung, Yu Jing		Wan Chai	2:26.26
11	12477	Leung, Lok Man		Tsuen Wan	2:30.80
12	12376	Ho, Cyrus		Sha Tin	2:31.02
13	12374	Leung, Chun Yin		Kowloon City	2:32.54
14	12172	Chan, Wang Hei Terence		Tuen Mun	2:33.06
15	12480	Cheung, Ching Long		Kwai Tsing	2:37.28
16	12292	Tam, Ngo Tin Sammy		Yuen Long	2:37.82
17	12526	Lau, Chi To		Yuen Long	2:37.83
18	12422	Fung, Chun Ki		Sai Kung	2:39.90
19	12209	Yip, Shun Kit		Tai Po	2:56.30

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Event 23 ... (Boys 200 LC Meter Backstroke)

20	12176	Lai, Hong Kit	Tsuen Wan	2:58.03
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Event 24 Girls 200 LC Meter Breaststroke

MR: 2:37.95

IP Rainbow, KC

HKR: 2:27.96

KONG Yvette Man Yi

	ID#	Name	Age	Team	Seed Time
1	12291	Cheng, Chloe		Wan Chai	2:42.25
2	12304	Hui, Ka Ling		Yau Tsim Mong	2:42.36
3	12143	Lam, Hiu Wai		Tuen Mun	2:42.57
4	12387	So, Reenie		Sai Kung	2:42.59
5	12237	Cheung, Wing Yan		Kowloon City	2:42.94
6	12366	Lau, Yui Sze		Tuen Mun	2:49.20
7	12503	Lau, Tsz Ching Jaime		Kwai Tsing	2:52.28
8	12341	Lam, Oi In Peri		Wong Tai Sin	2:53.00
9	12443	Lui, Wing Lam		Sha Tin	2:55.11
10	12360	Ip, Ka Wei Katherine		Central & Western	3:00.82
11	12419	Yim, Ying Oi Kelly		Kwai Tsing	3:04.03
12	12355	Kwan, Wai Lok		Yuen Long	3:05.42
13	12325	Chung, Ka Yee		Eastern	3:16.41
14	12284	Wong, Nga Ki		Tsuen Wan	3:19.18
15	12350	Chan, Hau Ching		North	3:23.05
16	12375	So, Ching Ka		Kowloon City	3:24.89
17	12312	Cheung, Man Yiu		Yuen Long	3:34.93
18	12404	Lee, Hiu Lam Janice		Central & Western	3:37.94

Event 25 Boys 200 LC Meter Breaststroke

MR: 2:20.61

Wong Beson, KC

HKR: 2:15.34

NG Michael Yu Hin

	ID#	Name	Age	Team	Seed Time
1	12357	Yuen, Kai Ho		Sha Tin	2:23.90
2	12322	Lai, Ching Hei		Wan Chai	2:24.94
3	12287	Leung, Ho Wai		Kwai Tsing	2:28.91
4	12408	Ng, Eson		Yau Tsim Mong	2:31.47
5	12218	Chan, Tsun Hin		Sham Shui Po	2:31.70
6	12234	Chan, Pak Hei		Kwai Tsing	2:31.99
7	12359	Chan, Chun Shek		Sha Tin	2:32.06
8	12362	Kung, Lok Sum		Sham Shui Po	2:32.24
9	12222	Lau, Yui Hin		Tuen Mun	2:33.39
10	12146	Hui, Chi Kong Matthew		Wong Tai Sin	2:33.59
11	12502	Luk, Wing Kin Andy		Eastern	2:35.11
12	12155	Chan, Chit Hei Roy		Central & Western	2:37.47
13	12227	Sun, Kai Chun		Kowloon City	2:37.52
14	12523	Chow, Cheuk Wing		Yuen Long	2:39.47
15	12371	Yuen, Chun Hei		Kwun Tong	2:41.22
16	12274	Chan, Hei Yin Bryan		Eastern	2:45.30
17	12186	Xiang, Hao Feng		Southern	2:45.35
18	12292	Tam, Ngo Tin Sammy		Yuen Long	2:45.50
19	12494	Kan, Tsz Chun		Sai Kung	2:47.48
20	12495	Tam, Man Chun Vincent		North	2:47.96
21	12296	Lai, Wai Tsan		Sai Kung	2:48.66
22	12345	Cheung, Ka Ming		Wong Tai Sin	2:49.96
23	12139	Chow, Man Tik		Tuen Mun	2:51.64
24	12434	Chan, Pak Sum		Kowloon City	2:53.78

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Event 25 ... (Boys 200 LC Meter Breaststroke)

25	12181	Lee, Chun Yin	Tsuen Wan	2:58.56
26	12303	Ling, Tsz Wai	Yau Tsim Mong	3:04.76
27	12279	Sin, Cheuk Kei	Islands	3:19.12
28	12157	Kwok, King Him	Tai Po	3:36.53

Event 26 Girls 200 LC Meter Freestyle

MR: 2:08.02

LEUNG Ho Ching, ST

HKR: 1:55.96

HAUGHEY Siobhan Bernadette

	ID#	Name	Age	Team	Seed Time
1	12390	Ho, Sheung Wai		Wong Tai Sin	2:10.30
2	12409	Leung, Yan Tung		Tai Po	2:10.46
3	12340	Hung, Lok Ching		Southern	2:11.98
4	12258	Li, Hang Fung Hannah		Yuen Long	2:13.03
5	12473	Yau, Yee Shun Hannah		Kowloon City	2:13.73
6	12483	Chan, Wing Yan Viann		Kowloon City	2:15.04
7	12174	Lo, Ho Yan		Kwun Tong	2:16.09
8	12453	Yau, Sin Lin		Yuen Long	2:17.40
9	12386	Yeung, Hin Yan		Sai Kung	2:18.78
10	12427	Hung, Devina Catherine		Sha Tin	2:19.56
11	12469	Chan, Ashley		Kwun Tong	2:20.47
12	12429	Ma, Gilaine		Tsuen Wan	2:21.11
13	12245	Lau, Sze Wan		Wong Tai Sin	2:22.03
14	12381	Chan, Lok Mei		Wan Chai	2:22.86
15	12464	Tam, Suet Ying		Eastern	2:24.91
16	12521	Ng, Yan Chee		Wan Chai	2:26.87
17	12354	Lai, Wan Ki		Southern	2:27.09
18	12509	Yu, Wing Yin		Sha Tin	2:27.27
19	12165	Mak, Ho Yan		Sham Shui Po	2:29.78
20	12392	Fang, Ka Ying		Tsuen Wan	2:30.76
21	12327	Choi, Wing Yan		Sham Shui Po	2:31.57
22	12465	Ho, So Yu		Central & Western	2:32.29
23	12514	Cheung, Sin Yu		Kwai Tsing	2:33.19
24	12140	Ko, Cho Kiu		Tuen Mun	2:36.33
25	12439	Ho, So Wai		Central & Western	2:38.14
26	12367	Yeung, Yee Kiu		Tuen Mun	2:38.74
27	12226	Wong, Suet Wing		North	2:39.31
28	12403	Chu, Chi Ling		Islands	2:47.51
29	12351	Chan, Hau Yung		North	2:48.01

Event 27 Boys 200 LC Meter Freestyle

MR: 1:56.03

CHEUK Ming Ho, KC

HKR: 1:49.58

WONG Kai Wai David

	ID#	Name	Age	Team	Seed Time
1	12462	Chan, James Gavin		Eastern	1:56.62
2	12450	Leung, Chun Hei Bryan		Wong Tai Sin	1:57.39
3	12441	Tam, Sze Shing Thomas		Central & Western	1:57.40
4	12272	Chan, Chun Yip Jonathan		Eastern	2:01.27
5	12154	Leung, Cheuk Fung Jasper		Kwun Tong	2:01.44
6	12170	Tse, Tsz Fung		Central & Western	2:01.46
7	12249	Chan, Hei Chun		Tuen Mun	2:03.28
8	12431	Hung, Siu Ching Dickson		Kwai Tsing	2:03.72
9	12332	He, Shing Ip		Kowloon City	2:04.26
10	12437	Tsang, Ho Ka		Sai Kung	2:04.90

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Event 27 ... (Boys 200 LC Meter Freestyle)

11	12339	Kwok, Po Kit Jansen	Yuen Long	2:05.66
12	12166	Chung, Yu Jing	Wan Chai	2:08.15
13	12293	Choy, Man Hin	Yuen Long	2:08.81
14	12444	Tang, Ho Sum	Sha Tin	2:08.84
15	12196	Law, Lok Yin	Tuen Mun	2:09.69
16	12195	Wong, Tsun Wa	Kwai Tsing	2:10.70
17	12180	Lam, Man Hin Andrew	Tsuen Wan	2:16.52
18	12515	Fong, Ryan	Kowloon City	2:18.78
19	12486	Ng, Chung Hin	Wan Chai	2:19.92
20	12377	Chu, Kin Shing	Sha Tin	2:20.25
21	12476	Tam, Wang Yin	Tsuen Wan	2:21.09
22	12468	Wong, Ming Chung	Kwun Tong	2:21.22
23	12492	Kwok, Ka Hei Henry	Wong Tai Sin	2:33.92
24	12158	Szeto, Wing Hang Jansen	Yau Tsim Mong	2:39.43
25	12446	Wong, Tsz Shing	North	2:50.36

Event 28 Girls 50 LC Meter Butterfly

MR: 28.04

KAN Cheuk Tung, TP

HKR: 26.66

Hannah WILSON

	ID#	Name	Age	Team	Seed Time
1	12214	Wong, Yuk Yan		Eastern	28.59
2	12320	Wong, Wai Nam		Sham Shui Po	29.04
3	12493	Lui, Ho Yee Chloe		Wong Tai Sin	29.35
4	12335	Fung, Suet Ying Chloe		Kowloon City	29.60
5	12507	Chan, Sum Yee		Kwun Tong	29.64
6	12310	Tang, Yee Man		Islands	29.81
7	12225	Yeung, Tsoi Yuk		Kwun Tong	29.86
8	12149	Chan, Ying Sen		Wong Tai Sin	30.01
9	12250	Ho, Ching Sum Venus		Yau Tsim Mong	30.32
10	12235	Luo, Cheuk Yi		Kwai Tsing	30.83
11	12474	Chan, Hiu Tung Annabel		Sha Tin	30.94
12	12511	Ma, Gian		Tsuen Wan	31.32
13	12261	Ho, Sin Man Cherry		Tai Po	31.50
14	12407	Chan, Yin Tung		Yuen Long	31.59
15	12246	Lo, Hok Ching		Central & Western	32.12
16	12460	To, Chi Shuen		Wan Chai	33.01
17	12290	Ng, Sin Ying Cheryl		Kowloon City	33.84
18	12315	Hobson, Caitlin Ashley		Islands	34.05
19	12207	Lo, Man Wai		Yuen Long	34.23
20	12142	Chan, Tsz Suet		Tuen Mun	34.41
21	12184	Cheung, Nga Yin Jodie		Kwai Tsing	34.74
22	12363	Fong, Ching Ki		Sham Shui Po	34.97
23	12141	Lam, Nga Man		Tuen Mun	35.44
24	12204	Lam, Kai Ching		North	35.95
25	12520	Ching, Wan Yui Theodora		Wan Chai	36.03
26	12221	Wong, Wing Tung		Eastern	36.58
27	12351	Chan, Hau Yung		North	37.59

Event 29 Boys 50 LC Meter Butterfly

MR: 25.61

WONG Ching Yin Jimmy, YL

HKR: 24.12

CHEAH Geoffrey

	ID#	Name	Age	Team	Seed Time
1	12425	Ng, Cheuk Yin		Sha Tin	24.74

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Event 29 ... (Boys 50 LC Meter Butterfly)

2	12302	Chan, Nathan	Tuen Mun	26.46
3	12247	Chan, Fung Wei	Central & Western	26.68
4	12369	Ho, Wai Lok	Central & Western	26.89
5	12150	Li, Tsz Yuen	Sai Kung	26.99
6	12185	Leung, Chun Him	Kowloon City	27.01
7	12342	Woo, Hin Leung	Yau Tsim Mong	27.10
8	12435	Hui, Yiu Shun	Yuen Long	27.27
9	12211	Cheng, Cheuk Lam	Tai Po	27.35
10	12358	Kwan, Yui Hang Henry	Sha Tin	27.56
11	12233	Tsang, Long Kiu	Kwai Tsing	27.57
12	12346	Li, Hok Yee Terence	North	27.90
13	12259	Wong, Man Fung	Yuen Long	27.90
14	12267	Hui, Ching Ho	Tuen Mun	28.03
15	12210	Yung, Long Yin Cyrus	Tai Po	28.28
16	12314	Chan, Wai Tsun	Kwun Tong	28.39
17	12193	Yeung, Hoi Yau Angus	Islands	28.64
18	12217	Ngai, Siu Fung	Tsuen Wan	28.71
19	12268	Ngai, Siu Tung	Tsuen Wan	29.37
20	12395	Chan, Chi Chung	Yau Tsim Mong	29.50
21	13071	Chan, Ka Chung	Kwai Tsing	29.66
22	12307	Lee, Yat Yuen Yen	Sai Kung	29.83
23	12252	Ho, Tak Chi	North	30.55
24	12277	Wong, Tsz Wing	Kwun Tong	31.30
25	12152	Lau, Tsz Hong	Islands	31.83
26	12220	Ng, Yu Hin	Wan Chai	31.91
27	12319	Ma, Ka Lok	Sham Shui Po	32.32
28	12240	Lau, Kin Hei James	Wan Chai	32.58
29	12433	Lee, Tsz Wun Matthew	Kowloon City	34.45
30	12485	Ng, Anson	Southern	35.25
31	12463	Wong, Tsz Hang Ethan	Eastern	37.47

Event 30 Girls 50 LC Meter Backstroke

MR: 30.28

KAN Cheuk Tung, TP

HKR: 28.33

AU Hoi Shun Stephanie

	ID#	Name	Age	Team	Seed Time
1	12352	Loo, Tsz Ki Cherrie		Islands	30.07
2	12497	Tsang, Hoi Lan		Tai Po	31.03
3	12335	Fung, Suet Ying Chloe		Kowloon City	31.35
4	12225	Yeung, Tsoi Yuk		Kwun Tong	31.72
5	12270	Mak, Agnes		Kwun Tong	32.14
6	12501	Ng, Cheuk Yan		Wan Chai	32.91
7	12169	Wong, Ka Hei		Eastern	34.44
8	12334	Lo, Hiu Lam Sara		Kowloon City	34.62
9	12347	Lam, Lok Ching		Sai Kung	34.74
10	12266	Wan, Lok Kwan		Tuen Mun	34.91
11	12309	Hobson, Kimberly Erin		Islands	34.92
12	12406	Yeung, Yat Tung		Yuen Long	35.26
13	12365	Yiu, Wan Lam		Kwai Tsing	35.94
14	12162	Chan, Hong Kiu Jamie		Eastern	35.99
15	12263	Tam, Mai Ling Alison		Central & Western	37.02
16	12248	Hui, Evelyn Elim		Southern	37.11
17	12517	Yuen, Hiu Tung Alyssa		Central & Western	37.35

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Event 30 ... (Girls 50 LC Meter Backstroke)

18	12285	Yeung, Yuet Fei Phoebe	Tsuen Wan	37.96
19	12418	Ho, Tsoi Yin	Tuen Mun	37.97
20	12299	Wong, Hoi Yung	Yau Tsim Mong	38.09
21	12354	Lai, Wan Ki	Southern	38.15
22	12282	Chan, Suet Wing	Kwai Tsing	43.51
23	12243	Lam, Cheuk Tung	Yuen Long	44.45
24	12228	Chan, Hiu Ching	Sha Tin	49.29

Event 31 Boys 50 LC Meter Backstroke

MR: 27.39

CHING Kim Fu, ST

HKR: 26.03

LAU Shiu Yue

	ID#	Name	Age	Team	Seed Time
1	12301	Ho, Siu Lun		Sha Tin	27.12
2	12281	Cheng, Kam Fung		Sha Tin	28.69
3	12369	Ho, Wai Lok		Central & Western	28.74
4	12231	Chan, Sheung Kwan		Tsuen Wan	29.36
5	12385	Ong, Chak Min		Sai Kung	29.64
6	12244	Fu, Chun		Southern	30.07
7	12193	Yeung, Hoi Yau Angus		Islands	30.43
8	12522	Chan, Yat Long		Yuen Long	30.51
9	12384	Lo, Man Kit		Yuen Long	30.60
10	12374	Leung, Chun Yin		Kowloon City	30.65
11	12368	Yip, Ching Tak		Tuen Mun	31.21
12	12513	Kwok, Ching Heng		Kwai Tsing	31.37
13	12370	Wong, Ka Chung		Kwun Tong	31.54
14	12380	Chan, Tsz Kwan		Kwai Tsing	31.66
15	12393	Kuo, Chi Hei		Tuen Mun	32.01
16	12395	Chan, Chi Chung		Yau Tsim Mong	32.39
17	12306	Ho, Chun Ting Timothy		Wong Tai Sin	33.20
18	12428	Li, Chin Long		Tsuen Wan	34.01
19	12147	Goh, Zong Hern		Wong Tai Sin	34.11
20	12353	Hofstede, Adam Marcel		Islands	34.79
21	12482	Wu, Sau Yin		Kowloon City	35.14
22	12255	Han, Long Him		Kwun Tong	35.26
23	12356	Fan, Ka Ming		Yau Tsim Mong	35.30
24	12153	Leung, Yat To		Sai Kung	39.15
25	12463	Wong, Tsz Hang Ethan		Eastern	39.26
26	12260	Lau, Ching Fung		Tai Po	42.90

Event 32 Girls 50 LC Meter Breaststroke

MR: 33.80

CHEUNG Hui Yan Cheyeen, WTS

HKR: 31.74

KONG Yvette Man Yi

	ID#	Name	Age	Team	Seed Time
1	12438	Cheung, Hoi Lam		Wong Tai Sin	34.27
2	12297	Wong, Suet Ching		Sai Kung	34.69
3	12250	Ho, Ching Sum Venus		Yau Tsim Mong	34.86
4	12237	Cheung, Wing Yan		Kowloon City	34.87
5	12488	Ho, Wan Yui		Tsuen Wan	35.00
6	12417	Wong, Choi Wan Phoebe		Kwai Tsing	35.62
7	12229	Yip, Hiu Lok		Sha Tin	35.64
8	12379	Chan, Tsz Ching		Tsuen Wan	35.98
9	12484	Ng, Hei Tung		Kowloon City	36.03
10	12454	Vianca, Ng		Yuen Long	36.22

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Event 32 ... (Girls 50 LC Meter Breaststroke)

11	12175	Pang, Cheuk Wai Cherie	Kwun Tong	36.73
12	12455	Li, Yau	Tai Po	37.08
13	12461	Ching, Oi Ki	Wan Chai	37.25
14	12504	Leung, Chung Hang Jade	Tuen Mun	37.46
15	12224	Wong, Wing Sze	Kwun Tong	37.50
16	12443	Lui, Wing Lam	Sha Tin	37.61
17	12405	Choi, Ka Wai	Yuen Long	37.77
18	12256	Tsui, Tsz Chin Chloris	Southern	38.25
19	12323	Lam, Charlotte	Wan Chai	38.43
20	12205	Wai, Ching	Sai Kung	39.59
21	12478	Hung, Yi Yan	Kwai Tsing	39.93
22	12439	Ho, So Wai	Central & Western	41.12
23	12265	Au Yeung, Sin Chun	Eastern	41.36
24	12202	Shum, Wai Shuen	Central & Western	41.85
25	12498	Sin, Sin	Islands	42.53
26	12350	Chan, Hau Ching	North	43.61
27	12489	Szeto, Chi Ching Emmie	Yau Tsim Mong	48.00
28	12191	Chan, Cheuk Wing	Southern	50.58

Event 33 Boys 50 LC Meter Breaststroke

MR: 29.26

WONG Chun Yan, S

HKR: 28.23

TO Kenneth King Him

	ID#	Name	Age	Team	Seed Time
1	12164	Fong, Ka Yu		Sham Shui Po	29.75
2	12383	Chan, Yin Kwan		Yuen Long	30.05
3	12200	Tsui, Nga Hang Jason		Yau Tsim Mong	30.15
4	12183	Law, Tsz Hin		Kwai Tsing	30.61
5	12254	Tang, Ho Chuen		Kwun Tong	31.13
6	12271	Yuen, Yat Ho Marcus		Wan Chai	31.23
7	12199	Wong, Hong Kiu		Yau Tsim Mong	31.31
8	12213	Mok, Yik Long		Sha Tin	31.66
9	12222	Lau, Yui Hin		Tuen Mun	31.78
10	12317	Au, Hao Yang		Sham Shui Po	32.40
11	12289	Kwok, Po Chun Jason		Yuen Long	32.63
12	12182	Chu, Ho Yin		Kwai Tsing	32.80
13	12349	Lung, Wai Chit		North	33.02
14	12189	Wan, Tsz Fung		Southern	33.37
15	12400	Poon, Pui Yin Percy		Sai Kung	33.49
16	12338	Lam, Chun Kit		Tuen Mun	33.74
17	12311	Cheng, Hoi Kei		Kwun Tong	34.23
18	12440	Choi, Chun Lok		Central & Western	34.42
19	12262	Chan, Yin Wang		Tai Po	34.95
20	12449	Leung, Chun Wai Tony		Wong Tai Sin	35.85
21	12472	Ling, Haozhi		Islands	36.58
22	12316	Yau, Kar Ho Alex		Sha Tin	37.81
23	12279	Sin, Cheuk Kei		Islands	37.99
24	12420	Tsang, Chun Kin		Central & Western	40.36
25	12157	Kwok, King Him		Tai Po	44.46
26	12219	To, Hiu Wik		Wan Chai	47.07
27	12424	Choi, Kin Man		Kowloon City	48.52
28	12516	Leung, Yui Him Jaden		Kowloon City	48.88
29	12389	Chan, Yiu Chung		Wong Tai Sin	49.93

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Event 34 Girls 50 LC Meter Freestyle

MR: 26.80

TSE Ching Ting, TP

HKR: 25.38

HAUGHEY Siobhan Bernadette

	ID#	Name	Age	Team	Seed Time
1	12487	Lee, Yan Hei		Wong Tai Sin	26.64
2	12336	Shen, Cheuk Ki		Kowloon City	27.37
3	12438	Cheung, Hoi Lam		Wong Tai Sin	27.79
4	12409	Leung, Yan Tung		Tai Po	27.86
5	12473	Yau, Yee Shun Hannah		Kowloon City	28.06
6	12257	Leung, Ching In		Yuen Long	28.27
7	12167	Yim, Tsz Kiu Jasmine		Kwun Tong	28.28
8	12457	To, Wing Yan		Tuen Mun	28.28
9	12511	Ma, Gian		Tsuen Wan	28.31
10	12175	Pang, Cheuk Wai Cherie		Kwun Tong	28.48
11	12459	Ma, Wing Sum		Sham Shui Po	28.90
12	12455	Li, Yau		Tai Po	29.00
13	12169	Wong, Ka Hei		Eastern	29.04
14	12386	Yeung, Hin Yan		Sai Kung	29.08
15	12305	Sin, Ka Ying		Yau Tsim Mong	29.25
16	12323	Lam, Charlotte		Wan Chai	29.27
17	12499	Lo, Tsz Ki Justine		Central & Western	29.59
18	12294	Law, Hang Ue		Sai Kung	29.73
19	12328	Yeung, Wai Ki		Islands	29.76
20	12496	Lam, Lok Hei		Yuen Long	29.80
21	12197	Ng, Sin Yu		Tuen Mun	30.11
22	12248	Hui, Evelyn Elim		Southern	30.65
23	12236	Ko, Alexis		Kwai Tsing	30.87
24	12326	Lo, Lok Yiu Joyce		Kwai Tsing	31.01
25	12363	Fong, Ching Ki		Sham Shui Po	31.30
26	12465	Ho, So Yu		Central & Western	31.90
27	12308	Wong, Tsz Wan		North	32.69
28	12518	Sy, Yi Yu Yvonne		Wan Chai	32.72
29	12298	Ng, Man Ka		Southern	32.76
30	12426	Chan, Hoi Yi		Sha Tin	33.00
31	12221	Wong, Wing Tung		Eastern	34.65
32	12216	Wong, Sum Yi Kitty		Tsuen Wan	39.95
33	12228	Chan, Hiu Ching		Sha Tin	40.78

Event 35 Boys 50 LC Meter Freestyle

MR: 23.96

Tung, Andres, S

HKR: 22.25

HO Ian Yentou

	ID#	Name	Age	Team	Seed Time
1	12242	Law, Siu Chung		Yuen Long	24.60
2	12410	Li, Sing Hoi		Sha Tin	24.91
3	12302	Chan, Nathan		Tuen Mun	25.16
4	12280	Fok, Chun Wang Anthony		Kowloon City	25.20
5	12150	Li, Tsz Yuen		Sai Kung	25.34
6	12233	Tsang, Long Kiu		Kwai Tsing	25.36
7	12361	Wong, Lok Kan		Eastern	25.40
8	12342	Woo, Hin Leung		Yau Tsim Mong	25.47
9	12337	Wong, Pak Yui		Central & Western	25.48
10	12397	Chan, Long Yin		Wong Tai Sin	25.50
11	12199	Wong, Hong Kiu		Yau Tsim Mong	25.58
12	12508	Lau, Chak Lam Nicholas		Islands	25.58

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13	12286	Kong, Tsz Hang	Kwai Tsing	25.61
14	12161	Au Yeung, Tsz Ching	Sha Tin	25.68
15	12211	Cheng, Cheuk Lam	Tai Po	25.81
16	12185	Leung, Chun Him	Kowloon City	25.86
17	12247	Chan, Fung Wei	Central & Western	25.88
18	12346	Li, Hok Yee Terence	North	26.16
19	12394	Yeung, Hei Pui	Tuen Mun	26.24
20	12268	Ngai, Siu Tung	Tsuen Wan	26.48
21	12203	Leung, Sze Hang	Sai Kung	26.71
22	12210	Yung, Long Yin Cyrus	Tai Po	26.77
23	12382	Chui, Ka Yeung	Yuen Long	26.80
24	12251	Ho, Chun Sum Samuel	Wong Tai Sin	28.90
25	12445	Cheung, Tsz Nok	North	29.56
26	12456	Au, Chin Ming	Eastern	30.82
27	12223	Ng, Chit	Kwun Tong	31.47
28	12219	To, Hiu Wik	Wan Chai	32.09
29	12458	Lui, Ming Kit	Sham Shui Po	32.48
30	12178	Wong, Sum Lam	Islands	34.43
31	12283	Lam, C Yuen Yannis	Tsuen Wan	36.85

Event 36 Girls 4x50 LC Meter Medley Relay**MR: 2:02.92****Wong Tai Sin**

	Team	Relay	Seed Time
1	Central & Western	A	NT
2	Eastern	A	NT
3	Islands	A	NT
4	Kowloon City	A	NT
5	Kwai Tsing	A	NT
6	Kwun Tong	A	NT
7	North	A	NT
8	Sai Kung	A	NT
9	Sha Tin	A	NT
10	Sham Shui Po	A	NT
11	Southern	A	NT
12	Tai Po	A	NT
13	Tsuen Wan	A	NT
14	Tuen Mun	A	NT
15	Wan Chai	A	NT
16	Wong Tai Sin	A	NT
17	Yau Tsim Mong	A	NT
18	Yuen Long	A	NT

Event 37 Boys 4x50 LC Meter Medley Relay**MR: 1:49.58****Yau Tsim Mong**

	Team	Relay	Seed Time
1	Central & Western	A	NT
2	Eastern	A	NT
3	Islands	A	NT
4	Kowloon City	A	NT
5	Kwai Tsing	A	NT
6	Kwun Tong	A	NT
7	North	A	NT
8	Sai Kung	A	NT

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9	Sha Tin	A	NT
10	Sham Shui Po	A	NT
11	Southern	A	NT
12	Tai Po	A	NT
13	Tsuen Wan	A	NT
14	Tuen Mun	A	NT
15	Wan Chai	A	NT
16	Wong Tai Sin	A	NT
17	Yau Tsim Mong	A	NT
18	Yuen Long	A	NT