

## 2022 – 2023 AGE GROUP LONG COURSE SWIMMING COMPETITION - DIVISION I (PART III)

### 2022 – 2023 第一組長池分齡游泳比賽第三節

**Date:** 25-26 June 2022 **Venue:** VPSP 維多利亞公園游泳池  
**Warm up:** 14:00-14:45 Hrs **First Event:** 15:00 hours

<b>GIRLS 女</b>					<b>BOYS 男</b>	
1	13 & 14 YRS	1500M	FREESTYLE	自由泳	~	
3	15 – 17 YRS	1500M	FREESTYLE	自由泳	~	
5	18 & OVER	1500M	FREESTYLE	自由泳	~	
~	13 & 14 YRS	800M	FREESTYLE	自由泳	2	
~	15 – 17 YRS	800M	FREESTYLE	自由泳	4	
~	18 & OVER	800M	FREESTYLE	自由泳	6	

截止註冊日期 CLOSING DATE FOR REGISTRATION: **13 May 2022 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **6 June 2022 (1700 hours)**

**2022 – 2023 AGE GROUP LONG COURSE SWIMMING COMPETITION - DIVISION I (PART III)****2022 – 2023 第一組長池分齡游泳比賽第三節**

<b>Date:</b>	25-26 June 2022	<b>Venue:</b>	VPSP 維多利亞公園游泳池
<b>Morning Warm up:</b>	08:00-08:45 hours	<b>Morning Session First Event:</b>	09:00 hours
<b>Afternoon Warm up:</b>	13:00 - 13:45 hours	<b>Afternoon Session First Event:</b>	14:00 hours

**GIRLS 女**

7	10 YRS & UNDER	200M	IND. MEDLEY	個人四式	8
9	11 & 12 YRS	200M	IND. MEDLEY	個人四式	10
11	13 & 14 YRS	200M	IND. MEDLEY	個人四式	12
13	15 - 17 YRS	200M	IND. MEDLEY	個人四式	14
15	18 & OVER	200M	IND. MEDLEY	個人四式	16
17	11 & 12 YRS	100M	BUTTERFLY	蝶泳	18
19	13 & 14 YRS	100M	BUTTERFLY	蝶泳	20
21	15 - 17 YRS	100M	BUTTERFLY	蝶泳	22
23	18 & OVER	100M	BUTTERFLY	蝶泳	24
25	10 YRS & UNDER	50M	BACKSTROKE	背泳	26
27	11 & 12 YRS	50M	BACKSTROKE	背泳	28
29	13 & 14 YRS	50M	BACKSTROKE	背泳	30
31	15 - 17 YRS	50M	BACKSTROKE	背泳	32
33	18 & OVER	50M	BACKSTROKE	背泳	34

**BOYS 男****LUNCH BREAK 午膳時間**

35		4X100M	FREE RELAY	自由接力	36
37	11 & 12 YRS	100M	BREASTSTROKE	蛙泳	38
39	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	40
41	15 - 17 YRS	100M	BREASTSTROKE	蛙泳	42
43	18 & OVER	100M	BREASTSTROKE	蛙泳	44
45	10 YRS & UNDER	200M	FREESTYLE	自由泳	46
47	11 & 12 YRS	200M	FREESTYLE	自由泳	48
49	13 & 14 YRS	200M	FREESTYLE	自由泳	50
51	15 - 17 YRS	200M	FREESTYLE	自由泳	52
53	18 & OVER	200M	FREESTYLE	自由泳	54

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