

2022 -2023 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION II (PART 1)

2022-2023 第二組短池分齡游泳比賽第一節

Date:	12 November 2022 (Saturday)	Venue:	Shing Mun Valley Swimming Pool 城門谷游泳池
Morning Warm up:	09:00 - 0950 hours	Morning Session First Event:	10:00 hours
Afternoon Warm Up:	13:00-13:50 hours	Afternoon Session First Event:	14:00 hours

GIRLS 女

BOYS 男

13-14歲組及15-17歲登記入場：上午8時45分 開始
Registration starts for Age 13-14 & Age 15-17 at 8:45 am

熱身 Warm Up: 女子組 Girls: 9:00 am - 9:25 am
男子組 Boys: 9:25 am - 9:50 am

13-14歲組及15-17歲比賽開始：上午10時正
Age 13-14 & Age 15-17 First Event starts at 10:00 am

1	13 & 14 YRS	100M	BACKSTROKE	背泳	2
3	15 -17 YRS	100M	BACKSTROKE	背泳	4
7	13 & 14 YRS	50M	BREASTSTROKE	蛙泳	8
9	15 -17 YRS	50M	BREASTSTROKE	蛙泳	10
13	13 & 14 YRS	50M	BUTTERFLY	蝶泳	14
15	15 -17 YRS	50M	BUTTERFLY	蝶泳	16

8歲或以下組登記入場：上午11時15分 開始
Registration starts for Age 8 and under at around 11:15 am

8歲或以下組比賽開始：下午12時15分
Age 8 and under First Event starts at around 12:15 pm

5	8 YRS & UNDER	100M	BACKSTROKE	背泳	6
11	8 YRS & UNDER	50M	BREASTSTROKE	蛙泳	12
17	8 YRS & UNDER	50M	BUTTERFLY	蝶泳	18

LUNCH BREAK 午膳時間

11-12歲組登記入場：下午12時45分 開始
Registration starts for Age 11-12 at 12:45 pm

熱身 Warm Up: 女子組 Girls: 1:00 pm - 1:25 pm
男子組 Boys: 1:25 pm - 1:50 pm

11-12歲組比賽開始：下午2時正
Age 11-12 First Event starts at 2:00 pm

21	11 & 12 YRS	100M	BACKSTROKE	背泳	22
25	11 & 12 YRS	50M	BREASTSTROKE	蛙泳	26
29	11 & 12 YRS	50M	BUTTERFLY	蝶泳	30
33	11 & 12 YRS	200M	FREESTYLE	自由泳	34

9-10歲組登記入場：下午3時30分 開始
Registration starts for Age 9-10 at around 3:30 pm

9-10歲組比賽開始：下午4時35分
Age 9-10 First Event starts at around 4:35 pm

19	9 & 10 YRS	100M	BACKSTROKE	背泳	20
23	9 & 10 YRS	50M	BREASTSTROKE	蛙泳	24
27	9 & 10 YRS	50M	BUTTERFLY	蝶泳	28
31	9 & 10 YRS	200M	FREESTYLE	自由泳	32

截止註冊日期 CLOSING DATE FOR REGISTRATION: **30 September 2022 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **21 October 2022 (1700 hours)**