

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2022-23 Short Course Masters Swimming Competition (Part 2)

二零二二至二三年短池先進游泳比賽第二部份

11 February 2023 (Sat)

二零二三年二月十一日(六)

Shing Mun Valley Swimming Pool

城門谷游泳池

Subvented by the LCSD



2022-2023 MSSCP2 - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 100 Breaststroke	71
2	Women 100 Breaststroke	50
3	Men 50 Freestyle	122
4	Women 50 Freestyle	77
5	Men 50 Butterfly	111
6	Women 50 Butterfly	48
7	Men 25 Freestyle	149
8	Women 25 Freestyle	79
9	Men 200 Freestyle	73
10	Women 200 Freestyle	34
11	Men 25 Backstroke	72
12	Women 25 Backstroke	64
13	Men 100 Freestyle Relay	47
14	Women 100 Freestyle Relay	27
15	Men 50 Breaststroke	105
16	Women 50 Breaststroke	64
17	Mixed 100 Medley Relay	41

Total

1234

Entry information by Day		
Day / Session	No. of Entries	Total
AM	707	1234
PM	527	

Short Course Masters Swimming Competition – Part 2
短池先進游泳比賽 – 第二部份

Date: 11-02-2023 (Saturday)

Venue: Shing Mun Valley Swimming Pool 城門谷游泳池

Morning Warm up/熱身:	0900 – 0950 Hrs
Morning First Event/開始:	1000 Hrs
Afternoon Warm up/熱身:	1300 – 1350 Hrs
Afternoon First Event/開始:	1400 Hrs

MEN				WOMEN
1	100 M	Breaststroke	蛙泳	2
3	50 M	Freestyle	自由泳	4
5	50 M	Butterfly	蝶泳	6
7	25 M	Freestyle	自由泳	8
Lunch Break 午膳時間				
9	200 M	Freestyle	自由泳	10
11	25 M	Backstroke	背泳	12
13	4 x 25 M	Freestyle Relay	自由接力	14
15	50 M	Breaststroke	蛙泳	16
17	4 x 25 M	Mixed Medley Relay	男女混合四式接力	

二零二二至二三年香港先進游泳比賽系列 比賽規程

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2022-2023 年度先進組別泳員。2022-23 年註冊費為港幣\$100 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別之正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 每名泳員可參加不多於 3 項個人項目。 ◇ 每項報名費為港幣\$15 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每位泳員於每項接力項目只能參加一個年齡組別。如泳員參加多於一個年齡組別，該泳員所參與的接力項目成績將會被取消。 ◇ 各隊所有運動員需依照所屬屬會提交的接力表上次序比賽，如運動員沒有依照接力表上的次序比賽，該隊成績將會被取消。 ◇ 每項報名費為港幣\$15 元正。 <p>支票請劃線，抬頭寫 HKGSA。</p>
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於比賽截止報名 21 日前辦妥。(以泳總的公佈為準) *(包括轉會註冊)
項目：	請參閱項目表。 所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 接力名單須於比賽日 12 時前遞交。 ◇ 每次“缺席”的罰款為港幣\$30 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。
線道安排：	◇ 所有參加者，將不按年齡，而是跟據其提交的報名時間作編組，唯成績將按泳員所屬的組別分別處理。
獎項：	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ *個人項目前八名可分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分 ◇ *接力首八名得分為 18,14, 12, 10, 8, 6, 4, 2。(年齡 18-24 組除外) ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。
規則：	<ul style="list-style-type: none"> ◇ 比賽採用國際泳聯的規則。 ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線

	<p>道，而其成績會記錄為“DNF”(未能完成比賽)。</p> <ul style="list-style-type: none"> ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。 ◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下： <ul style="list-style-type: none"> <u>第一次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。 <u>第二次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。 <u>第三次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。 <p><i>違規記錄於一個財政年度清算(由 4 月 1 日起至 3 月 31 日)</i></p>												
<p>工作人員安排：</p>	<ul style="list-style-type: none"> ◇ 各參賽屬會需派出以下工作人員數量： <table border="1" data-bbox="270 819 921 1130"> <thead> <tr> <th>參賽人數</th> <th>需要提供工作人員數量</th> <th>最多可派出工作人員數量</th> </tr> </thead> <tbody> <tr> <td>5 至 14 人</td> <td>1</td> <td>4</td> </tr> <tr> <td>15 至 24 人</td> <td>2</td> <td>4</td> </tr> <tr> <td>25 人或以上</td> <td>3</td> <td>4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ◇ 如屬會不能提供所需工作人員數量，有關屬會將於下個比賽被罰停賽一次。 	參賽人數	需要提供工作人員數量	最多可派出工作人員數量	5 至 14 人	1	4	15 至 24 人	2	4	25 人或以上	3	4
參賽人數	需要提供工作人員數量	最多可派出工作人員數量											
5 至 14 人	1	4											
15 至 24 人	2	4											
25 人或以上	3	4											
<p>上訴：</p>	<ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的 30 分鐘內，連同上訴費港幣\$200 元遞交予總裁判。 ◇ 上訴會交由該比賽之上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。 												

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2022-23

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ All competitors must be 2022-23 registered masters (MS) swimmers of HKGSA (2022-23 Registration Fee: HK\$100 per swimmer) ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2022-23 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$15 per individual event <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ Each swimmer is only allowed to participate in one age group of each relay event. If swimmer race in two or more age group relay, concerned team result shall be disqualified. ※ The composition of a relay team must be the same order to the submitted relay form. Any club failed to follow the same order will result in disqualified. ※ HK\$15 per team per relay event. <p>Paid by cheque. Crossed cheque made payable to 'HKGSA'.</p>
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKGSA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKGSA) *(Including Transfer Registration)
Event list	Please see attached event lists. Events will be run as timed finals.

<p>Age Group</p>	<p>※ Age is calculated as at 31 December of the year of the competition.</p> <p>Individual Events</p> <p>※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over</p> <p>Relay Events</p> <p>※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</p>																		
<p>Scratches</p>	<p>※ Scratches must be submitted 30 minutes before the scheduled start time of each session.</p> <p>※ Relay entry form must be submitted before 1200hours on the competition day.</p> <p>※ A fine of \$30 will be charged for each “no show”. Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.</p>																		
<p>Seeding</p>	<p>※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.</p>																		
<p>Awards</p>	<p>※ Medals will be awarded to 1st, 2nd and 3rd places.</p> <p>※ *Point score for first 8 places respectively (exclude Age 18-24 Group):</p> <table border="1" data-bbox="298 1009 954 1089"> <tr> <td>Individual</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>Relay</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <p>※ *Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.</p>	Individual	9	7	6	5	4	3	2	1	Relay	18	14	12	10	8	6	4	2
Individual	9	7	6	5	4	3	2	1											
Relay	18	14	12	10	8	6	4	2											

<p>Rules</p>	<p>× FINA rules will be applied.</p> <p>× Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as “DNF” (Did not Finish).</p> <p>× Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards.</p> <p>× Swimmers shall not replace the swimmers on the swimmers list without HKASA’s permission, represented clubs will be punished as follows:</p> <p><u>First time of violation</u> A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given.</p> <p><u>Second time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women’s relay events will not be given.</p> <p><u>Third time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events during the competition will not be given and respective club shall be suspended from the next competition.</p> <p><u>Violation would be counted within one financial year, i.e. (starting from 1st April and ending 31st March)</u></p>												
<p>Official Arrangement</p>	<p>× Clubs would need to provide the below number of officials for the competition:</p> <table border="1" data-bbox="298 1377 953 1708"> <thead> <tr> <th>Swimmer(s) attend the competition</th> <th>Minimum Numbers of Official need to provide</th> <th>Maximum Numbers of Official could be provided</th> </tr> </thead> <tbody> <tr> <td>5-14</td> <td>1</td> <td>4</td> </tr> <tr> <td>15-24</td> <td>2</td> <td>4</td> </tr> <tr> <td>25 or more</td> <td>3</td> <td>4</td> </tr> </tbody> </table> <p>× Clubs will be suspended from the next competition if failed to fulfil the requirement.</p>	Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided	5-14	1	4	15-24	2	4	25 or more	3	4
Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided											
5-14	1	4											
15-24	2	4											
25 or more	3	4											

Protest	<ul style="list-style-type: none">※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200.※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final.※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.
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* Not apply to Overseas Competitors.

Hong Kong Masters Swimming Competition Series 2022-23

Rules & Regulations for Overseas Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2022-2023 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <u>Individual Events</u> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$20.00 per individual event <u>Relay Events</u> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ HK\$30.00 per team per relay event. <p>Paid by cheque ONLY. Crossed cheque made payable to 'HKGSA'.</p>
Closing Date for Entries	1 month before the 1 st date of competition of each meet.
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<ul style="list-style-type: none"> ※ Age is calculated as at 31 December of the year of the competition. <u>Individual Events</u> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over <u>Relay Events</u> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399

Scratches	<ul style="list-style-type: none"> ※ Scratches must be submitted 30 minutes before the scheduled start time of each session. ※ Relay entry form must be submitted before 1200hours on the competition day.
Seeding	<ul style="list-style-type: none"> ※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.
Awards	<ul style="list-style-type: none"> ※ Medals will be awarded to 1st, 2nd and 3rd places. Separate medals will be awarded to overseas swimmers.
Rules	<ul style="list-style-type: none"> ※ FINA rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as “DNF” (Did not Finish).
Protest	<ul style="list-style-type: none"> ※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 1)

MEN 25M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	90-94	0:25.01	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LEE MING	SFC	85-89	0:21.24	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
FU TAI CHUN	KTS	80-84	0:19.48	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
TAM WING SING	NWC	75-79	0:15.46	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
TIN SHEUNG KWAI	NWC	70-74	0:14.08	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
TIN SHEUNG KWAI	SFC	65-69	0:13.62	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
CHAN KIN YUEN	SFC	60-64	0:13.07	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
WAI CHRIS TAK WING	NWC	55-59	0:13.12	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
WONG KWOK WAH	KHC	50-54	0:11.73	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
RUST STEFAN ROBERT	LRC	45-49	0:12.48	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
NORTJE, CRAIG ANDREW	#FB	40-44	0:11.52	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
FU WING HARBETH	KTS	35-39	0:11.28	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
CHOW SIK HANG	NWC	30-34	0:10.97	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
KONG CHUN YIN	FWC	25-29	0:11.03	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LEUNG KA MAN	HKP	18-24	0:11.60	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14

WOMEN 25M FREESTYLE				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	80-84	0:18.80	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	SFC	75-79	0:19.23	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
SUEN MING CHU	SFC	70-74	0:18.47	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
BAI XIUFEN	SFC	65-69	0:17.20	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
TSEUNG NGA WAH	SFC	60-64	0:15.11	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:14.12	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
MCCARROLL, JESSICA LEE TEMPLE	CKW	50-54	0:14.60	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
YAMAGUCHI, MIKA	PSC	45-49	0:13.81	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
MATSUDA, HITOMI	SFC	40-44	0:13.37	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KELSEY JANE MACFARLAND	LRC	35-39	0:13.89	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
MOK WING YAN	CLT	30-34	0:13.14	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
CHAN YU NING	DLS	25-29	0:13.08	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LAI VIVIAN HIU TUNG	DLS	18-24	0:12.79	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15

MEN 50M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	90-94	0:53.15	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LEE MING	SFC	85-89	0:45.70	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LEE MING	SFC	80-84	0:43.06	Short Course Masters Open Swimming Championships 2010	17-Jan-10
FU TAI CHUN	KTS	75-79	0:34.15	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
TSE KWOK PUI	SFC	70-74	0:32.12	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
FU TAI CHUN	KTS	65-69	0:29.43	Short Course Masters Swimming Championships 2003	15-Feb-03
FU TAI CHUN	KTS	60-64	0:28.63	Short Course Masters Swimming Championships 1997	22-Feb-97
WONG KWOK WAH	KHC	55-59	0:25.67	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
WONG KWOK WAH	KHC	50-54	0:25.42	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
RUST STEFAN ROBERT	LRC	45-49	0:25.64	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
FU WING HARBETH	KTS	40-44	0:24.50	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
FU WING HARBETH	KTS	35-39	0:24.05	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
FU WING HARBETH	KTS	30-34	0:23.80	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
CHUNG LAI YEUNG	#DB	25-29	0:23.20	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
KONG CHUN YIN	HVA	18-24	0:23.45	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 50M FREESTYLE				NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	85-89	1:11.20	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
TAI LI HUA	SFC	80-84	0:45.12	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	SFC	75-79	0:44.41	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
BAN XIUFEN	SFC	70-74	0:40.87	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
BAI XIUFEN	SFC	65-69	0:38.19	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
TSEUNG NGA WAH	SFC	60-64	0:35.08	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:32.18	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
YAMAGUCHI MIKA	#FL	50-54	0:29.22	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
YAMAGUCHI MIKA	#FL	45-49	0:29.41	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:27.54	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
KELSEY JANE MACFARLAND	LRC	35-39	0:28.62	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
YIP WING YAN	DWA	30-34	0:28.46	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
NG KA MAN	KTS	25-29	0:27.85	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LEUNG HO CHING	#FL	18-24	0:27.68	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 1)

MEN 100M FREESTYLE

NAME OF MEET

DATE ACHIEVED

NAME	AGE	TIME	MEET	DATE	
LING WANG YAM	WDS	85-89	2:12.57	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
LEE MING	SFC	80-84	1:39.86	2010-11 Short Course Masters Swimming Championships - Part 1	16-Oct-10
LAM LIT KWAN	LTS	75-79	1:34.01	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
TSE KWOK PIU	NWC	70-74	1:11.04	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
TSE KWOK PIU	SFC	65-69	1:09.73	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
HO ROBERT YAU CHUNG	LRC	60-64	1:03.67	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
MA ETIENNE	YMC	55-59	1:01.39	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
RUST STEFAN ROBERT	LRC	50-54	0:57.63	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
STAMENOVIC IVAN	LRC	45-49	0:57.32	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
O'NEILL DONAL THOMAS	LRC	40-44	0:54.46	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
NORTJE CRAIG ANDREW	VRC	35-39	0:55.85	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
BEAHAN GRANT KENNETH	BSC	30-34	0:54.17	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KONG CHUN YIN	FWC	25-29	0:53.13	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
WONG SING TSUN DEREK	CUC	18-24	0:53.96	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 100M FREESTYLE

NAME OF MEET

DATE ACHIEVED

NAME	AGE	TIME	MEET	DATE	
MAK SUET MAN	SGC	85-89	2:37.90	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
MAK SUET MAN	SGC	80-84	2:32.06	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
WONG JIM	SFC	75-79	1:53.52	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
SAM CHOI LIN	SFC	70-74	1:48.91	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
TSEUNG NGA WAH	SFC	65-69	1:24.13	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
TSEUNG NGA WAH	SFC	60-64	1:20.88	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:14.61	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YAMAGUCHI MIKA	#FL	50-54	1:04.56	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
YAMAGUCHI MIKA	#FL	45-49	1:04.90	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
KRKALO SHAUNA KATHLEEN	LRC	40-44	1:02.37	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
KELSEY JANE MACFARLAND	LRC	35-39	1:01.44	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
YIP WING YAN	LRC	30-34	1:03.24	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
VAINIUS THERESE ELLEN	LRC	25-29	1:01.80	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
MAU LOK YAN EUNICE	CUC	18-24	1:01.93	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

MEN 200M FREESTYLE

NAME OF MEET

DATE ACHIEVED

NAME	AGE	TIME	MEET	DATE	
YIM KAM WING	NWC	80-84	3:47.42	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
LEE MING	SFC	75-79	3:29.45	Short Course Masters Open Swimming Championships 2007	4-Mar-07
FU TAI CHUN	KTS	70-74	2:49.62	Short Course Masters Open Swimming Championships 2008	1-Mar-08
CAMPBELL JOHN REID	SFC	65-69	2:32.98	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
HO ROBERT YAU CHUNG	LRC	60-64	2:27.89	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
MA ETIENNE	YMC	55-59	2:19.34	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
MA ETIENNE	YMC	50-54	2:19.05	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	2:08.25	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
MCKINLAY CALUM JOHN	HIS	40-44	2:04.25	Short Course Masters Open Swimming Championships 2008	1-Mar-08
CAGGIO, ANTONINO	NWC	35-39	2:01.74	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
CHOW KEVIN TZE HO	SCA	30-34	2:06.50	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LAU CHUN LEUNG JOHNNY	KHC	25-29	1:58.61	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
LUI CHUN YIN	DLS	18-24	1:59.50	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15

WOMEN 200M FREESTYLE

NAME OF MEET

DATE ACHIEVED

NAME	AGE	TIME	MEET	DATE	
MAK SUET MAN	SGC	80-84	5:11.28	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
WONG JIM	SFC	75-79	4:44.82	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
SUEN MING CHU	SFC	70-74	3:33.59	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
SUEN MING CHU	SGC	65-69	3:18.38	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
SUEN MING CHU	SCA	60-64	3:12.88	Short Course Masters Open Swimming Championships 2008	1-Mar-08
KIRKWOOD, TAIN MHAIRA	LRC	55-59	2:45.79	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDA ANNE	LRC	50-54	2:33.29	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
YAMAGUCHI MIKA	PSC	45-49	2:28.46	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
KELSEY JANE MACFARLAND	LRC	40-44	2:14.12	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
KELSEY JANE MACFARLAND	LRC	35-39	2:12.81	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
CARPENTER LINH THUC LUONG	LRC	30-34	2:20.77	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
NG KA MAN	KTS	25-29	2:16.19	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
CHOW SIN HANG	KTS	18-24	2:19.51	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 1)

MEN 25M BACKSTROKE		NAME OF MEET			DATE ACHIEVED
FU TAI CHUN	SFC	80-84	0:24.48	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
FU TAI CHUN	KTS	75-79	0:20.32	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
TIN SHEUNG KWAI	NWC	70-74	0:17.13	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
TIN SHEUNG KWAI	KTS	65-69	0:16.43	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
CHAN KIN YUEN	KTS	60-64	0:16.42	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
HO ROBERT YAU CHUNG	LRC	55-59	0:15.76	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
XIE JIANGHONG	SFC	50-54	0:14.85	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
RUST STEFAN ROBERT	LRC	45-49	0:14.84	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
NORTJE, CRAIG ANDREW	#FB	40-44	0:14.15	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LAM YAU SUN DICKSON	#DB	35-39	0:13.29	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LAM YAU SUN DICKSON	#DB	30-34	0:13.34	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LEE MAN TIM	HTA	25-29	0:12.96	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
CHEUNG YAU MING	#DB	18-24	0:12.46	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19

WOMEN 25M BACKSTROKE		NAME OF MEET			DATE ACHIEVED
TAI LI HUA	SFC	80-84	0:24.02	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	SFC	75-79	0:26.44	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG JIM	KTS	70-74	0:24.58	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
BAI XIUFEN	SFC	65-69	0:19.49	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
TSEUNG NGA WAH	SFC	60-64	0:20.35	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LEUNG WAI FAN	KTS	55-59	0:17.86	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDA ANNE	LRC	50-54	0:16.27	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LAKE AMBER ROBYN	LRC	45-49	0:16.31	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
LAKE AMBER ROBYN	LRC	40-44	0:16.08	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
CHEN YANGYANG	LRC	35-39	0:15.71	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHAN WING SUET	CKW	30-34	0:15.12	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
CARPENTER LINH THUC LUONG	LRC	25-29	0:14.97	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
LAM SUET	HKP	18-24	0:15.19	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17

MEN 50M BACKSTROKE		NAME OF MEET			DATE ACHIEVED
CHEUNG TSAN	SFC	85-89	1:09.13	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
MAK HEI CHI	SGC	80-84	0:57.47	Short Course Masters Open Swimming Championships 2009	18-Jan-09
LAM LIT KWAN	LTS	75-79	0:48.18	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
FU TAI CHUN	KTS	70-74	0:42.19	Short Course Masters Open Swimming Championships 2007	4-Mar-07
WONG CHEUK YIN	FWC	65-69	0:39.06	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
NGAI WING FOOK	KTS	60-64	0:35.84	Short Course Masters Swimming Championships 2003	15-Feb-03
HO ROBERT YAU CHUNG	LRC	55-59	0:33.42	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
JOHNSON ERIC ANDREW	LRC	50-54	0:31.06	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
JOHNSON ERIC ANDREW	LRC	45-49	0:30.51	Short Course Masters Open Swimming Championships 2009	18-Jan-09
O'NEILL DONAL THOMAS	LRC	40-44	0:27.54	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LAM YAU SUN DICKSON	#DB	35-39	0:28.05	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LAM YAU SUN DICKSON	#DB	30-34	0:28.15	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
KONG CHUN YIN	FWC	25-29	0:28.64	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
LEUNG WING KEI	CUC	18-24	0:27.55	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11

WOMEN 50M BACKSTROKE		NAME OF MEET			DATE ACHIEVED
MAK SUET MAN	SGC	85-89	1:40.93	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
WONG JIM	SFC	80-84	1:03.64	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
WONG JIM	SFC	75-79	0:58.66	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
BAN XIUFEN	SFC	70-74	0:43.96	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LO LAI YING	SFC	65-69	0:48.47	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
TSEUNG NGA WAH	SFC	60-64	0:44.48	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LAI SHUI NIN INGRID	YMC	55-59	0:42.54	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
COGGINS LYNDA ANNE	LRC	50-54	0:35.04	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LAKE AMBER ROBYN	LRC	45-49	0:34.31	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
TAM ALISON MAILING	#FL	40-44	0:33.27	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
KELSEY JANE MACFARLAND	LRC	35-39	0:33.53	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.19	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
CHAN KA KA / SETO WING YAN	HKP/NWC	25-29	0:33.63	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
FONG SIN YI	KTS	18-24	0:32.59	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12

HONG KONG MASTERS SWIMMING RECORDS

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(Update to 2022-23 Short Course Masters Swimming Competition - Part 1)

MEN 25M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
HO SHUI ON	KRS	85-89	0:25.42	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
HO SHUI ON	KRS	80-84	0:25.64	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
TIN SHEUNG KWAI	NWC	75-79	0:18.88	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
TIN SHEUNG KWAI	NWC	70-74	0:17.28	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHAN KAM POR	SFC	65-69	0:16.85	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
TANG KON LEONG	SFC	60-64	0:16.29	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
WAN LAP SUN	FWC	55-59	0:16.27	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
WATT KAM SING MICHAEL	KTC	50-54	0:15.09	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
WAN LAP SUN	FWC	45-49	0:14.68	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
LEUNG SIU KIN PHILIP	LTS	40-44	0:13.97	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LO JONATHAN KA YAN	LRC	35-39	0:14.02	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
WONG CHUN YAN	HTA	30-34	0:13.55	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YUEN MARCUS	LRC	25-29	0:13.27	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
YUEN MARCUS	PSC	18-24	0:13.30	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

WOMEN 25M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	80-84	0:24.09	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
TAI LI HUA	LTS	75-79	0:22.48	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
WONG JIM	SFC	70-74	0:24.24	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:22.60	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
TSANG NGA WAH	SFC	60-64	0:21.03	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
CHOW YEE HEUNG LIZA	LTS	55-59	0:21.39	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LEUNG WAI FAN	KTS	50-54	0:17.63	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
YAMAGUCHI MIKA	SFC	45-49	0:17.66	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
YAMAGUCHI MIKA	SFC	40-44	0:18.04	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
YAU LOK LAM VAN	RSC	35-39	0:16.60	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
TU PUI YEE	HKP	30-34	0:16.31	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
LI TSZ YU	NWC	25-29	0:15.75	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LI TSZ YU	HFS	18-24	0:16.84	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

MEN 50M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	90-94	1:21.29	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHI LIEH YUNG	SFC	85-89	1:01.03	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHAM KAM	SFC	80-84	0:53.46	Short Course Masters Open Swimming Championships 2009	18-Jan-09
TIN SHEUNG KWAI	NWC	75-79	0:43.38	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
YONG KHIN SYN	SFC	70-74	0:40.23	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
YONG KHIN SYN	SFC	65-69	0:37.04	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
FU TAI CHUN	KTS	60-64	0:36.15	Short Course Masters Swimming Championships 1997	22-Feb-97
FU TAI CHUN	KTS	55-59	0:34.52	Short Course Masters Swimming Championships 1993	6-Feb-93
SIEH TIEN YU	KTS	50-54	0:33.32	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
YEW SING MING KELVIN	SFC	45-49	0:30.99	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
IMAL, RYOSUKE	PSC	40-44	0:28.91	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LO JONATHAN KA YAN	LRC	35-39	0:30.71	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
WONG CHUN YAN	HTA	30-34	0:29.76	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LAM CHEUK YIN	FWC	25-29	0:29.15	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
WONG HO KIU	#RF	18-24	0:29.16	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20

WOMEN 50M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
HO PO YEE	WDS	85-89	1:41.84	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
WONG JIM	SFC	80-84	1:04.76	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
WONG JIM	SFC	75-79	0:59.17	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
WONG JIM	KTS	70-74	0:55.21	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:49.83	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEUNG WAI FAN	KTS	60-64	0:39.01	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
LEUNG WAI FAN	KTS	55-59	0:38.71	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
LEUNG WAI FAN	KTS	50-54	0:37.68	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
YAMAGUCHI MIKA	#FL	45-49	0:38.42	Japan Masters Sprint 2019	30-Nov-19
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:34.87	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
PANG WAN YIU SNOWIE VERONIC	FWC	35-39	0:37.14	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LIU KA LEI	KTS	30-34	0:35.44	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LEE WAI SZE	NWC	25-29	0:35.73	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
IP RAINBOW	FFA	18-24	0:34.80	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21

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MEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:35.25	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
CHAN KAM	SFC	80-84	2:19.76	2010-11 Short Course Masters Swimming Championships - Part 2	30-Jan-11
LAM LIT KWAN	LTS	75-79	2:04.65	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
YONG KHIN SYN	SFC	70-74	1:32.18	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHAN KAM POR	SFC	65-69	1:23.71	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
CHAN KAM POR	SGC	60-64	1:23.13	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
KOO YU FAT MARCUS	FFA	55-59	1:21.76	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
WATT KAM SING MICHAEL	KTS	50-54	1:15.62	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
YEW SING MING KELVIN	SFC	45-49	1:08.66	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
IMAL RYOSUKE	PSC	40-44	1:03.04	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LO JONATHAN KA YAN	LRC	35-39	1:07.97	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KWOK HO TIN	NWC	30-34	1:05.84	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
LAM CHEUK YIN	FWC	25-29	1:05.86	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
YUEN MARCUS	PSC	18-24	1:04.89	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17

WOMEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:12.86	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
SUEN MING CHU	SFC	70-74	1:53.64	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	1:50.27	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	1:44.12	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
KIRKWOOD, TAIN MHAIRA	LRC	55-59	1:31.00	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
COGGINS LYNDA ANNE	LRC	50-54	1:25.41	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
YAMAGUCHI MIKA	PSC	45-49	1:27.19	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
MATSUDA, HITOMI	SFC	40-44	1:17.56	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LIU KA LEI	KTS	35-39	1:19.36	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
MORRISON RUTH	LRC	30-34	1:19.10	2011-12 Short Course Masters Swimming Competition - Part 2	29-Jan-12
LIU KA LEI	KTS	25-29	1:20.71	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
PANG HIU KWAN	JHC	18-24	1:24.52	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14

MEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG YUEN YING	KRS	85-89	8:26.57	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
CHAN KAM	SFC	80-84	4:43.82	Short Course Masters Open Swimming Championships 2009	18-Jan-09
MAK HEI CHI	SGC	75-79	4:01.31	Short Course Masters Swimming Championships 2005	6-Mar-05
YONG KHIN SYN	SFC	70-74	3:29.88	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
CHAN KAM POR	SFC	65-69	3:09.33	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KOO YU FAT MARCUS	FFA	60-64	3:00.95	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
AU MUN SHING	SFC	55-59	2:56.00	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
SIEH TIEN YU	KTS	50-54	2:43.57	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
WAN LAP SUN	FWC	45-49	2:49.84	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
FONG LIK SUN	#FB	40-44	2:30.19	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LO JONATHAN KA YAN	LRC	35-39	2:34.06	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
KWOK HO TIN	NWC	30-34	2:26.54	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YUEN MARCUS	LRC	25-29	2:25.14	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YUEN MARCUS	PSC	18-24	2:25.93	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

WOMEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	5:03.90	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
SUEN, MING CHU	SFC	70-74	4:02.83	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	3:59.49	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	3:48.33	2012-13 Short Course Masters Swimming Competition - Part 1	30-Sep-12
KIRKWOOD TAIN MHAIRA	KTS	55-59	3:26.68	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
COGGINS LYNDA ANNE	LRC	50-54	3:12.28	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
COGGINS LYNDA ANNE	LRC	45-49	3:11.08	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
CHEUNG MAN YIU	SGC	40-44	3:16.78	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
CHEUNG MAN YIU	SGC	35-39	3:24.76	2011-12 Short Course Masters Swimming Competition - Part 1	21-Sep-14
MORRISON RUTH	LRC	30-34	2:58.22	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
LEE WAI SZE	NWC	25-29	2:49.49	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
MOK KA KA JANIS	#FL	18-24	2:53.53	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 1)

MEN 25M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
YIM KAM WING	NWC	80-84	0:20.99	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
<u>TIN SHEUNG KWAI</u>	<u>NWC</u>	<u>75-79</u>	<u>0:16.49</u>	<u>2022-23 Short Course Masters Swimming Competition - Part 1</u>	<u>4-Sep-22</u>
LECKIE STUART	LRC	70-74	0:16.31	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
CHAN KAM POR	SFC	65-69	0:15.41	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
HO ROBERT YAU CHUNG	LRC	60-64	0:14.48	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
WONG KWOK WAH	KHC	55-59	0:12.59	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
TSANG YI MING	SMC	50-54	0:12.80	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
SIEH TIEN YU	KTS	45-49	0:13.01	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
LEWIS GARETH RHYS	LRC	40-44	0:12.40	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
<u>YAN HO CHUN</u>	<u>#DB</u>	<u>35-39</u>	<u>0:11.90</u>	<u>2022-23 Short Course Masters Swimming Competition - Part 1</u>	<u>4-Sep-22</u>
BEAHAN GRANT KENNETH	BSC	30-34	0:12.01	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KONG CHUN YIN	FWC	25-29	0:11.99	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
KONG CHUN YIN	HVA	18-24	0:11.89	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13

WOMEN 25M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	80-84	0:25.47	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
WONG JIM	SFC	75-79	0:24.48	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
SUEN MING CHU	SFC	70-74	0:20.34	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
<u>TSEUNG NGA WAH</u>	<u>SFC</u>	<u>65-69</u>	<u>0:17.31</u>	<u>2022-23 Short Course Masters Swimming Competition - Part 1</u>	<u>4-Sep-22</u>
TSEUNG NGA WAH	SFC	60-64	0:17.48	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
<u>KIRKWOOD TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>0:15.59</u>	<u>2022-23 Short Course Masters Swimming Competition - Part 1</u>	<u>4-Sep-22</u>
<u>YAMAGUCHI MIKA</u>	<u>#FL</u>	<u>50-54</u>	<u>0:14.54</u>	<u>2022-23 Short Course Masters Swimming Competition - Part 1</u>	<u>4-Sep-22</u>
PAZOS CHRISTENA MARIA	LRC	45-49	0:14.90	2015-16 Short Course Masters Swimming Competition - Part 1	1-Nov-15
TAM ALISON MAI LING	#FL	40-44	0:14.84	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
YAU LOK LAM VAN	RSC	35-39	0:14.37	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHAN WING SUET	CKW	30-34	0:13.87	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
<u>YIP WING YAN</u>	<u>DWA</u>	<u>30-34</u>	<u>0:13.87</u>	<u>2022-23 Short Course Masters Swimming Competition - Part 1</u>	<u>4-Sep-22</u>
<u>LI TSZ YU</u>	<u>NWC</u>	<u>25-29</u>	<u>0:14.26</u>	<u>2022-23 Short Course Masters Swimming Competition - Part 1</u>	<u>4-Sep-22</u>
IP RAINBOW	FFA	18-24	0:13.82	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21

MEN 50M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
MAK HEI CHI	SGC	80-84	0:58.69	Short Course Masters Open Swimming Championships 2007	4-Mar-07
MAK HEI CHI	SGC	75-79	0:55.19	Short Course Masters Swimming Championships 2005	6-Mar-05
YIM KAM WING	CRS	70-74	0:40.69	Short Course Masters Swimming Championships 2003	15-Feb-03
FU TAI CHUN	KTS	65-69	0:33.04	Short Course Masters Swimming Championships 2003	15-Feb-03
HO ROBERT YAU CHUNG	LRC	60-64	0:31.69	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
FU TAI CHUN	KTS	55-59	0:29.97	Short Course Masters Swimming Championships 1993	6-Feb-93
SIEH TIEN YU	KTS	50-54	0:28.61	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
YEW SING MING KELVIN	SFC	45-49	0:27.89	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
NORTJE, CRAIG ANDREW	#FB	40-44	0:27.08	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
NORTJE CRAIG ANDREW	VRC	35-39	0:26.94	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
WANG TIMOTHY JONG	LRC	30-34	0:25.93	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
LEE MAN TIM	HTA	25-29	0:25.60	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LUI CHUN YIN	DLS	18-24	0:26.29	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15

WOMEN 50M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	0:59.89	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
SUEN MING CHU	SFC	70-74	0:47.96	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
SUEN MING CHU	SFC	65-69	0:46.85	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
TSEUNG NGA WAH	SFC	60-64	0:42.42	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:37.05	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
LEE TANYA DIANE	PSC	50-54	0:33.24	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
PAZOS CHRISTENA MARIA	LRC	45-49	0:33.08	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
TAM ALISON MAI LING	PSC	40-44	0:32.64	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
CHEN YANGYANG	LRC	35-39	0:32.28	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
CHAN WING SUET	CKW	30-34	0:30.53	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
NG KA MAN	SFC	25-29	0:28.88	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LAM SUET	HKP	18-24	0:30.91	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17

HONG KONG MASTERS SWIMMING RECORDS

SHORT COURSE

(Update to 2022-23 Short Course Masters Swimming Competition - Part 1)

MEN 100M INDIVIDUAL MEDLEY

		<i>NAME OF MEET</i>			<i>DATE ACHIEVED</i>
YIM KAM WING	NWC	80-84	1:58.33	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
CHEUNG TSAN	SFC	75-79	1:41.33	Short Course Masters Swimming Championships 2004	15-Feb-04
TIN SHEUNG KWAI	NWC	70-74	1:25.49	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
CHAN KAM POR	SFC	65-69	1:18.72	2016-17 Short Course Masters Swimming Competition - Part 2	26-Feb-17
KOO YU FAT MARCUS	FFA	60-64	1:15.43	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
KOO YU FAT MARCUS	FFA	55-59	1:13.19	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
JOHNSON ERIC ANDREW	LRC	50-54	1:07.05	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
YEW SHING MING KELVIN	SFC	45-49	1:06.31	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
IMAL RYOSUKE	PSC	40-44	0:59.78	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
LO JONATHAN KA YAN	LRC	35-39	1:02.62	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
YAN HO CHUN	NWC	30-34	1:01.12	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KONG CHUN YIN	FWC	25-29	0:59.29	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
CHEUNG YAU MING	#DB	18-24	0:57.30	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19

WOMEN 100M INDIVIDUAL MEDLEY

		<i>NAME OF MEET</i>			<i>DATE ACHIEVED</i>
WONG JIM	SFC	80-84	2:21.31	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
WONG JIM	SFC	75-79	2:09.67	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
SUEN MING CHU	SFC	70-74	1:46.53	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
SUEN MING CHU	SFC	65-69	1:41.95	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
TSEUNG NGA WAH	SFC	60-64	1:33.28	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
POON WAI FUN	SGC	55-59	1:20.27	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
LEE TANYA DIANE	PSC	50-54	1:15.67	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
YAMAGUCHI MIKA	#FL	45-49	1:14.24	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
MATSUDA HITOMI	SFC	40-44	1:11.54	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
KELSEY JANE MACFARLAND	LRC	35-39	1:13.09	2011-12 Short Course Masters Swimming Competition - Part 1	12-Nov-11
CHAN WING SUET	CKW	30-34	1:11.96	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
NG KA MAN	KTS	25-29	1:08.89	2014-15 Short Course Masters Swimming Competition - Part 2	25-Jan-15
AU HIU PUI	*GW	18-24	1:07.92	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19

MEN 4 X 25M FREESTYLE RELAY

		<i>NAME OF MEET</i>			<i>DATE ACHIEVED</i>
SWORD FISH CLUB	SFC	320+	1:25.15	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
NEW WATER POLO CLUB	NWC	280+	1:00.84	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
SWORD FISH CLUB	SFC	240+	0:54.51	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
DIK WING ASSOCIATION	DWA	200+	0:51.80	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
LADIES' RECREATION CLUB	LRC	160+	0:46.94	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
NEW WATER POLO CLUB	NWC	120+	0:45.52	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
NEW WATER POLO CLUB	NWC	100+	0:45.42	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

WOMEN 4 X 25M FREESTYLE RELAY

		<i>NAME OF MEET</i>			<i>DATE ACHIEVED</i>
SWORD FISH CLUB	SFC	280+	1:11.72	2019-20 Short Course Masters Swimming Competition - Part 2	19-Jan-20
SWORD FISH CLUB	SFC	240+	1:06.99	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
KWUN TONG SWIMMING CLUB	KTS	200+	1:01.27	2016-17 Short Course Masters Swimming Competition - Part 1	18-Sep-16
LADIES' RECREATION CLUB	LRC	160+	0:55.11	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
LADIES' RECREATION CLUB	LRC	120+	0:54.30	2012-13 Short Course Masters Swimming Competition - Part 2	27-Jan-13
NEW WATER POLO CLUB	NWC	100+	0:54.79	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

MEN 4 X 25M MEDLEY RELAY

		<i>NAME OF MEET</i>			<i>DATE ACHIEVED</i>
SWORD FISH CLUB	SFC	320+	1:47.23	2014-15 Short Course Masters Swimming Competition - Part 1	21-Sep-14
SWORD FISH CLUB	SFC	280+	1:11.02	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
SWORD FISH CLUB	SFC	240+	1:02.52	2013-14 Short Course Masters Swimming Competition - Part 1	22-Sep-13
FIRE SERVICES	FWC	200+	0:57.73	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
LADIES' RECREATION CLUB	LRC	160+	0:54.39	2017-18 Short Course Masters Swimming Competition - Part 2	28-Jan-18
NEW WATER POLO CLUB	NWC	120+	0:50.84	2018-19 Short Course Masters Swimming Competition - Part 2	27-Jan-19
DIOCESAN SCHOOL OLD BOYS' ASSOCIATION	#DB	100+	0:49.78	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21

WOMEN 4 X 25M MEDLEY RELAY

		<i>NAME OF MEET</i>			<i>DATE ACHIEVED</i>
SWORD FISH CLUB	SFC	280+	1:41.68	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
SWORD FISH CLUB	SFC	240+	1:16.20	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
LADIES' RECREATION CLUB	LRC	200+	1:07.31	2015-16 Short Course Masters Swimming Competition - Part 2	24-Jan-16
LADIES' RECREATION CLUB	LRC	160+	1:02.16	2013-14 Short Course Masters Swimming Competition - Part 2	2-Mar-14
LADIES' RECREATION CLUB	LRC	120+	1:00.50	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
NEW WATER POLO CLUB	NWC	100+	1:02.35	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

MIXED 4 X 25M FREESTYLE RELAY

		<i>NAME OF MEET</i>			<i>DATE ACHIEVED</i>
SWORD FISH CLUB	SFC	320+	1:31.09	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
SWORD FISH CLUB	SFC	280+	1:08.26	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
SWORD FISH CLUB	SFC	240+	1:00.03	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17
FASTLANE SWIMMING	#FL	200+	0:55.25	2022-23 Short Course Masters Swimming Competition - Part 1	4-Sep-22
FASTLANE SWIMMING	#FL	160+	0:51.28	2019-20 Short Course Masters Swimming Competition - Part 1	22-Sep-19
LADIES' RECREATION CLUB	LRC	120+	0:49.14	2021-22 Short Course Masters Swimming Competition - Part 1	26-Sep-21
NEW WATER POLO CLUB	NWC	100+	0:48.19	2017-18 Short Course Masters Swimming Competition - Part 1	17-Sep-17

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

Event 1 Men 100 SC Meter Breaststroke

- 18-24 MSR: 1:04.89
- 25-29 MSR: 1:05.86
- 30-34 MSR: 1:05.84
- 35-39 MSR: 1:07.97
- 40-44 MSR: 1:03.04
- 45-49 MSR: 1:08.66
- 50-54 MSR: 1:15.62
- 55-59 MSR: 1:21.76
- 60-64 MSR: 1:23.13
- 65-69 MSR: 1:23.71

	ID#	Name	Age	Team	Seed Time
18-24					
1	20968 B	Ho, Sze Ming	22	Diocesan School	1:12.00
2	48045 IAZ	Lo, Tsz Wang	20	Kwun Tong	1:24.00
3	25258 IAZ	Chik, Shun Hei	22	Current Club Ltd	1:28.79
4	19958 IAZ	Wong, Ting Toh	24	Kwan Hung	1:30.00
25-29					
1	05577 IBZ	Yuen, Marcus	29	LRC	1:05.92
2	05642 IBZ	Lok, Ho Chun	29	Hong Kong Police	1:15.94
3	23081 IAZ	Loo, Chun Hei	25	Dik Wing	1:18.00
4	10083 IAZ	Chan, Chun Yin Wilson	29	Hong Kong Police	1:24.75
5	40333 IAZ	Lam, Pak Lai	26	Flying Fish	1:30.00
30-34					
1	02591	Luk, Wing Kin Andy	34	Kwan Hung	1:12.00
2	00385	Cheng, Pong Man Reuben	34	Flying Fish	1:17.00
3	04877 IBZ	Ng, Yu Ting	32	Sword Fish Club	1:18.00
4	05050 IBZ	Wong, Chak Pang Benson	33	Dik Wing	1:19.40
5	06886 B	Li, Chin Long	33	Eastern Winter	1:25.00
6	49546 @ICO	Ly, Jonathan	31	Kwun Tong	1:28.00
7	33387 IAO	Wu, Kenneth Yee Lok	32	Sword Fish Club	1:29.00
8	04048 IBZ	Cheung, Siu Long	32	Hong Kong Police	1:30.00
9	49928 @ICO	Balin, Timothee	31	Kwun Tong	1:32.00
10	03978	Lau, Chun Sing	31	Marlins	NT
35-39					
1	00590 IBZ	Kwok, Ho Tin	36	New Water Polo	1:08.00
2	00093	Tam, Tak Ching	36	Dik Wing	1:16.40
3	48666 @ICO	Upman, David Ross	39	Fastlane Swimming	1:18.64
4	41147 IAZ	Mok, Lai Yeung Jason	39	Diocesan School	1:40.00
5	44298 IAZ	Tong, Lik Lam	39	Pacific	NT
40-44					
1	35790 ICO	Launay, Thomas	44	LRC	1:15.37
2	28168 ICO	Jacobs, Damian Charles	43	LRC	1:15.66
3	24266 IAZ	Ma, Ling Ho Herwin	40	Hong Kong Police	1:23.00
4	01465 ICZ	Chiang, Filomeno	41	Hong Kong Police	1:25.00
5	23119 IAZ	Chan, Ying Tsung Bosco	42	Sword Fish Club	1:30.00
6	50012 @IAO	Griffiths, Evan Paul	43	Fastlane Swimming	1:36.00
7	40834 IAZ	Chang, Hsi Tse JosephJeremy	44	Diocesan School	1:40.00
8	50090 @IAO	Motoyama, Taichiro	43	Pacific	1:45.00
9	03793 ICZ	Po, Tik San	41	New Water Polo	1:50.00
10	45574 IAZ	Ng, Siu Kwong	41	Sword Fish Club	1:50.00
11	12262	Ma, Chin Ho	43	Wong Tai Sin	1:50.00

Short Course MS Swimming Competition Part 2 - 11/02/2023**Psych Sheet****45-49... (Event 1 Men 100 SC Meter Breaststroke)**

1	17961 ICO	Jones, Simon	47 LRC	1:15.18
2	46505 IAZ	Chang, Lambert Jen Hsiung	48 Fastlane Swimming	1:28.00
3	08930	So, Wai Yiu	47 Fire Services	1:30.00
4	24603 IAZ	Hung, Ka Ming	48 YMCA OF Hong Kong	1:30.00
5	05160	Chan, Ka Wo	46 Diocesan School	1:34.00
6	40835 IAZ	Leung, Wing Hong Alvin	49 Diocesan School	1:45.00
7	16467	Chak, Pui Ching	45 Wong Tai Sin	1:50.00

50-54

1	25592 IAZ	Cheung, Wai Kei	51 Flying Fish	1:27.21
2	26317 IAZN	Tung, Shang Wei Timothy	53 Kwun Tong	1:30.00
3	27868 IAZ	Chan, Chi Wah Ringo	51 Sword Fish Club	1:35.00
4	42364 IAZ	Lau, Yip Kwong Francis	54 Diocesan School	1:40.00
5	21008 IAZ	Cheung, Chun Kwan Michael	50 Wong Tai Sin	1:40.00
6	35711 IAX	Wong, Fuk Kei	54 Sword Fish Club	1:50.00

55-59

1	05138	Lanzone, Francesco	55 Barracuda	1:23.00
2	18856 IAZ	Au, Mun Shing	58 Sword Fish Club	1:25.00
3	40592 IAZ	Fo, Pui Keung	59 Hong Kong Police	1:45.97
4	46973 IAZ	Leung, Wai Ming	57 New Water Polo	1:50.00

60-64

1	05191	Koo, Yu Fat Marcus	61 Flying Fish	1:21.00
2	15528	Tsui, Tak Shing Dominic	61 Fastlane Swimming	1:38.00
3	26176 IAX	Ho, Chung Man	60 Lai Tsun	1:46.00
4	32108 IAX	Chan, Kiu	61 Sword Fish Club	1:50.00
5	07802	Chau, Kam Tim	63 Sea Green	1:50.00
6	45198 IAZN	Lam, Tsz Kiu Goldie	61 Sea Green	1:50.00

65-69

1	06176	Wong, Kung Wan	67 Sea Green	1:45.00
2	49915 @IAX	Tai, Yu Chung	65 New Water Polo	1:50.00

70-74

1	06382	Chan, Kam Por	71 Sword Fish Club	1:40.00
2	05917	Yong, Khin Syn	74 Sword Fish Club	1:42.00
3	23123 IAZ	Poon, Wai	71 Sword Fish Club	1:48.00
4	06243	Koo, Choi Fat	73 Wong Tai Sin	1:55.00
5	06192	Chu, Shui Yi	72 Sea Green	1:58.00
6	11563	Lee, Kwok Hung	70 Sword Fish Club	2:00.00

75-79

1	09891	Wong, Chiu Shun	76 Sword Fish Club	2:00.00
2	44793 IAZ	Iu, Pui To	76 Diocesan School	2:05.00
3	14029	Ieong, Vun Fai	77 Sword Fish Club	2:05.00
4	10274	Lau, Chun Nung	77 Lai Tsun	2:10.00

80-84

1	06270	Lam, Luk Kan	82 Sword Fish Club	2:50.00
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Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

Event 2 Women 100 SC Meter Breaststroke

18-24 MSR:	1:24.52
25-29 MSR:	1:20.71
30-34 MSR:	1:19.10
35-39 MSR:	1:19.36
40-44 MSR:	1:17.56
45-49 MSR:	1:27.19
50-54 MSR:	1:25.41
55-59 MSR:	1:31.00
60-64 MSR:	1:44.12
65-69 MSR:	1:50.27

	ID#	Name	Age	Team	Seed Time
18-24... (Event 2 Women 100 SC Meter Breaststroke)					
1	23105 IAZ	Ho, Cheuk Wai	22	Dik Wing	1:26.00
2	20969 IAZ	Lui, Wing Lam	21	Kwun Tong	1:26.00
3	39029 IAZ	Fung, Yin Ching	21	Hoi Ngai	1:30.00
25-29					
1	08238 B	Li, Tsz Yu	29	New Water Polo	1:25.00
2	04543 IAZ	Ng, Chui Wa	29	Hong Kong Police	1:27.70
3	29564 IAZ	Ng, Wai Ying Megan	27	Flying Fish	1:35.00
4	21036 IAX	Po, Wing Sze	27	Pacific	1:40.00
5	49513 IAZ	To, Yan Wing	27	Crest Ray	1:43.00
6	31023 IAZ	Cheung, Ka Yu	26	New Water Polo	1:50.00
7	47460 IAZ	Mak, Cheuk Lam	28	New Water Polo	2:00.00
8	43533 IAZ	Wong, Yu Tung	25	New Water Polo	2:00.00
30-34					
1	01262	Mau, Lok Yan Eunice	30	Current Club Ltd	1:20.00
2	02295 IBZ	Tao, Wai Kiu	30	Pacific	1:40.00
3	06577 IBZ	Leung, Wei Yan	33	Sword Fish Club	1:40.00
4	40936 IAZ	Chan, Po Yan	33	New Water Polo	2:00.00
35-39					
1	49329 #@IAO	Ng, Carmen C M	39	Pacific	1:40.00
2	41684 IAZ	Leung, Wing Yin Winnie	39	Hoi Fung	1:53.20
3	30316 IAZ	Ng, Yee Lam	38	Hong Kong Police	1:54.24
4	13384 ICZ	Lee, May Sze Mei	36	New Water Polo	2:10.00
40-44					
1	08977	Ho, Yee Yun Rosalind	44	Current Club Ltd	1:45.00
2	50085 @^P	Foo, Sharmin	44	Sword Fish Club	1:52.00
3	45041 IAZ	Fung, Cheuk Ching Candy	41	Hoi Fung	1:52.85
4	30072 ICW	Chao, Man Chi	44	New Water Polo	2:00.00
45-49					
1	46181 IAZ	Ng, Yan Yan Bandy	47	Tung Sing	1:50.00
2	33017 IAZ	Ngan, Oi Sze	46	Sword Fish Club	2:00.00
50-54					
1	31395 IAZ	Chan, Pui Ling	53	Flying Fish	1:50.00
2	06349	Ip, Oi Wa Wendy	51	Sword Fish Club	1:50.00
3	35969 IAX	Wang, Ying Lian	51	Tung Sing	1:51.00
4	49204 IAZ	Cheng, Wai Man	52	Sea Green	1:52.00
5	35772 IAX	Ban, Xianhai	51	New Water Polo	2:00.00
6	44304 IAX	Choi, Shan Shan	51	Sword Fish Club	2:00.00
7	43063 @IAO	Wong, Rose	53	LRC	2:08.59
8	40912 IAZ	Ng, Yee Ling	52	Tolo Harbour	2:15.00
9	48201 IAZ	Poon, Nga Yi	50	Tolo Harbour	2:15.00

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

55-59... (Event 2 Women 100 SC Meter Breaststroke)

1	12894	Lee, Wai Yee Stella	57	Hoi Fung	1:53.20
2	23588 IAZ	Lee, Ying Chi	55	Tung Sing	1:55.00
3	17890 IAZ	Lee, Mo Kee Cillia	58	Sword Fish Club	2:03.00
4	50084 @^P	Ambarsari, Mohamad Said	56	Sword Fish Club	2:15.00
5	38289 IAZ	Ng, Wai Lin Angie	59	Sword Fish Club	2:15.00

60-64					
1	24216 IAZ	Li, Chuk Ping	61	Sword Fish Club	2:05.00
2	16533	Wong, Shun Ying	64	Sea Green	2:30.00

65-69					
1	02711	Fok, Wai Fung	65	Wong Tai Sin	1:58.00
2	06127	Lau, Wai Lin	67	New Water Polo	2:20.00
3	23957 IAX	Yeung, Tun Lim Lily	66	Sword Fish Club	2:30.00

70-74					
1	06356 IAZN	Lo Yeung, Sau Han	70	Kwun Tong	2:11.00
2	06147	Leung Wong, Yin Har Hayley	71	Sea Green	2:30.00
3	06212	Lo, Yeuk Shuen	74	Wong Tai Sin	2:40.00

75-79					
1	32571 IAZ	Chan, Pui Yee	79	Sword Fish Club	3:00.00
2	08936	Leong, Kuai Heng	77	New Water Polo	4:27.17

80-84					
1	06374	Wong, Jim	82	Sword Fish Club	2:30.00

Event 3 Men 50 SC Meter Freestyle

- 18-24 MSR: 23.45**
- 25-29 MSR: 23.20**
- 30-34 MSR: 23.80**
- 35-39 MSR: 24.05**
- 40-44 MSR: 24.50**
- 45-49 MSR: 25.64**
- 50-54 MSR: 25.42**
- 55-59 MSR: 25.67**
- 60-64 MSR: 28.63**
- 65-69 MSR: 29.43**

	ID#	Name	Age	Team	Seed Time
18-24					
1	20968 B	Ho, Sze Ming	22	Diocesan School	25.00
2	20934 B	Tang, Ho Chuen	23	Diocesan School	25.00
3	22816 IAZ	Cheung, Tsz Nok	20	Dik Wing	25.40
4	17615 IAZ	Kong, Man Pok	23	Tolo Harbour	26.00
5	29508 IAZ	Tsang, Pak Ho	20	Tolo Harbour	26.00
6	38185 IAZ	Chen, Yuk	19	Tolo Harbour	27.00
7	38937 @IAX	Cheuk, Wing Him	19	Tolo Harbour	27.00
8	25258 IAZ	Chik, Shun Hei	22	Current Club Ltd	28.49
9	32406 IAZ	Lau, Chun Ting	20	Tolo Harbour	29.00
10	15351 IAZ	Chang, Jaw Ting	22	Pacific	30.00
11	29520 IAZ	Chui, Yu Hin	23	Pacific	30.00
12	25676 B	Chan, Wai Ho	20	Tung Sing	NT
25-29					
1	09964 IAZ	Lau, Chak Lam Nicholas	28	Diocesan School	26.00
2	23365 IAZ	Chan, Wai Kwan	25	Tolo Harbour	26.00
3	10409 IAZ	Lam, Chin Chun	26	Tolo Harbour	26.00
4	28300 IAZ	Luk, Ho Man	27	Tolo Harbour	26.00
5	28554 IAZ	Yeung, Ka Ho Henry	26	Tolo Harbour	26.00

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

25-29... (Event 3 Men 50 SC Meter Freestyle)

6	16201 B	Kwok, Yuk Hang	27 Kwun Tong	27.00
7	24728 IAZ	Chan, Wing Fa	26 Eastern Winter	28.00
8	47043 IAZ	Lam, Pak Lun	29 Flying Fish	28.00
9	04683	Au, Ching Hong	29 Hong Kong Police	28.00
10	08608 IAZ	Lau, Wang Chi	27 Hong Kong Police	29.00
11	42362 IAZ	Leung, Kung Ming	27 YMCA OF Hong Kong	29.00
12	15815	Lo, Ting Kin	27 Sea Green	30.00
13	12759 IAZ	Yue, Suen Yin	29 Sea Green	31.00

30-34

1	01784 B	Tso, Hiu Fung	32 Diocesan School	27.00
2	05854 IAZ	Cho, Wai Ching	32 Flying Fish	27.00
3	05296 B	Hui, Chun Hin	30 New Water Polo	27.00
4	19408 IAZ	Chan, Yue Yat	30 Sword Fish Club	27.00
5	05004 B	Leung, Ka Ming	32 Hong Kong Police	27.35
6	04048 IBZ	Cheung, Siu Long	32 Hong Kong Police	27.42
7	00243	Li, Wing Fai	32 Dik Wing	29.90
8	33387 IAO	Wu, Kenneth Yee Lok	32 Sword Fish Club	30.00
9	48637 IAZ	Leung, Shu Wing	30 New Water Polo	35.00
10	49951 IAZ	Fung, Chi Wing Ryan	31 Pacific	45.00

35-39

1	47580 @IAO	Poon, Derrick Gene-ming	35 Fastlane Swimming	25.38
2	04187 IBZ	Fan, Kin Pong	37 Fire Services	26.00
3	00444	Lam, Yau Sun Dickson	38 Diocesan School	27.00
4	22420 IAZ	Chan, Chi Ming	37 Kwun Tong	27.00
5	27874 IAZ	Chan, Cheuk Man	35 New Water Polo	27.00
6	01786 IBZ	Wong, Lai Man Raymond	35 Hong Kong Police	29.00
7	32343 IAZ	Tsang, Ka Lok	35 Hong Kong Police	29.20
8	46504 @IAO	Coe, Jason George	39 Fastlane Swimming	29.50
9	04706 IBZ	Hui, Cheung Hin Raymond	39 Dik Wing	30.00
10	48932 IAZ	Wong, Chun Lam Arnold	39 Pacific	30.00
11	49952 IAZ	Kwok, Ronald	37 Pacific	35.00

40-44

1	01591 ICZ	Fu, Wing Harbeth	43 Kwun Tong	24.50
2	05145	Lo, Jonathan Ka Yan	40 LRC	24.70
3	46248 @ICO	O' Neill, Donal Thomas	43 LRC	26.00
4	49497 @ICO	MaccLeod, Andrew Ian	44 LRC	27.49
5	50091 @P	Ang, Zhing Vehn	41 Fastlane Swimming	28.00
6	28168 ICO	Jacobs, Damian Charles	43 LRC	28.42
7	24266 IAZ	Ma, Ling Ho Herwin	40 Hong Kong Police	28.50
8	40107 IAZ	Chan, Falcon	44 Lai Tsun	30.00
9	09165	Cheung, Siu Fung	40 Lai Tsun	30.00
10	40841 IAX	Tsang, Kwok Tung	44 Diocesan School	31.00
11	42222 IAZ	Yick, Tsip Lam	40 Sword Fish Club	32.00
12	47525 IAZ	Wu, Wing Fung	42 Wong Tai Sin	33.00
13	47042 IAZ	Ho, Kin Man	42 Sword Fish Club	34.00
14	03793 ICZ	Po, Tik San	41 New Water Polo	35.00
15	46808 IAZ	Leung, Wang Chi	44 Current Club Ltd	40.97

45-49

1	37671 @ICO	Stamenovic, Ivan	47 LRC	26.64
2	27471 ICO	Nortje, Craig Andrew	45 Hong Kong Footba	27.00
3	50092 @P	Tan, Mark Sia Hwee	45 Fastlane Swimming	27.20
4	39203 IAX	Lau, Hang	49 Sword Fish Club	28.00
5	46474 @ICO	Dynon, James Francis	47 LRC	28.05
6	46246 @IAO	Krkalo, Hrvoje	48 LRC	28.08

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

45-49... (Event 3 Men 50 SC Meter Freestyle)

7	02366	Li, Ka Wing	49 Kwun Tong	29.00
8	06316	Chan, Sze Tat	48 Hong Kong Police	29.82
9	46505 IAZ	Chang, Lambert Jen Hsiung	48 Fastlane Swimming	30.00
10	11569	Wong, Lok Shun	46 Flying Fish	31.00
11	42737 IAZ	So, Ma Loi	47 Sword Fish Club	31.00
12	40835 IAZ	Leung, Wing Hong Alvin	49 Diocesan School	33.00
13	09895	Li, Kai Ming Kasu	45 Diocesan School	35.00
14	48593 IAZ	Cheng, Wai Leung	46 Sword Fish Club	37.00
15	48939 IAZ	Ho, Lik Shan	49 Pacific	41.06
16	29261 IAZ	Lai, Ka Wai	45 Tuen Mun	NT

50-54

1	49545 @IAO	Anderson, Anthony Craig	51 Kwun Tong	29.00
2	31887 IAZ	Ho, Michael Chak Sing	50 Sun Yip	29.50
3	05273	Poon, Ho Keung Danny	53 Flying Fish	30.00
4	06395	Cheung, Ting Fan	52 Kwun Tong	31.00
5	06229	Mak, Wing Yin	50 Hong Kong Police	31.50
6	49010 @IAON	Cheung, Stephen Wen Ping	52 Kwun Tong	32.00
7	43158 IAZ	Chan, Tin Lung	54 Lai Tsun	34.00
8	42085 IAZ	Lee, Hon Lun Philip	51 Sword Fish Club	36.00
9	47465 IAZ	Wong, Ka Po Dick	50 New Water Polo	42.00

55-59

1	10135 IAZ	Mo, Kim Fung Bosco	59 Kwun Tong	31.00
2	41548 IAZ	Ip, Ka Keung Patrick	55 Hong Kong Footba	32.00
3	39091 IAZ	Luk, Kai Ming Stephen	56 Sword Fish Club	32.00
4	22433 IAZ	Lui, Man Pong	58 New Water Polo	35.00
5	38127 IAZ	Leung, Cheung Wai Ricky	55 Sword Fish Club	36.00
6	48938 IAZ	Ng, Kim Hung Justin	58 Pacific	39.24
7	44868 IAZ	Leung, Cheong Chau Stephen	58 Diocesan School	45.00

60-64

1	06256	Chan, Kwong Peter	62 Sea Green	33.00
2	41007 IAZ	So, Man Sing	62 Sea Green	35.00
3	37048 IAZ	Cheung, Wai Chuen Jimmy	60 Sword Fish Club	36.00
4	40861 IAZ	Cheung, Chi Ming Rover	60 Sword Fish Club	37.00
5	28339 IAZ	Yim, Chi Yiu	63 New Water Polo	39.00
6	07802	Chau, Kam Tim	63 Sea Green	39.00
7	32108 IAX	Chan, Kiu	61 Sword Fish Club	40.00
8	18872 IAZ	Chan, Kin Chung	62 Wong Tai Sin	42.00
9	41426 IAZ	Tang, Yu Hang Francis	62 Tung Sing	51.00

65-69

1	05071	Choi, Tony	65 LRC	35.00
2	45199 IAZ	Fok, Siu Por	65 Juan Hua Club	37.74
3	41739 IAZ	Ng, Chin Wing	68 Sea Green	41.00
4	48753 IAX	Fung, Sik Tong	67 Sea Green	51.00

70-74

1	06268	Tse, Kwok Piu	72 Sword Fish Club	35.00
2	33115 IAX	Ng, Kan Sing	70 Sword Fish Club	36.00
3	06389	Chan, Hong Wah	70 New Water Polo	39.00
4	05917	Yong, Khin Syn	74 Sword Fish Club	39.00
5	41729 IAZ	Ko, Leung Hung Alex	71 Diocesan School	40.00
6	45624 IAZ	Mok, Hin Ming	73 Lai Tsun	45.00
7	23123 IAZ	Poon, Wai	71 Sword Fish Club	49.00
8	11563	Lee, Kwok Hung	70 Sword Fish Club	55.00

75-79

1	40578 P	Chan, Steven Mun Ying	78 Sword Fish Club	38.00
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Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

75-79... (Event 3 Men 50 SC Meter Freestyle)

2	44756 IAZ	Lo, Che Hung	75	Lai Tsun	42.00
3	49542 IAZ	Tong, Tai Wing Winston	76	Diocesan School	45.00
4	47053 IAZN	Chan, Victor	77	Diocesan School	50.00
5	10274	Lau, Chun Nung	77	Lai Tsun	52.00

80-84

1	38301 IAX	Cheung, Hao Yen	80	Lai Tsun	52.00
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85-89

1	05407	Lee, She Kwok	85	Sword Fish Club	49.00
2	15490	Law, Kwai Fong	87	Sword Fish Club	1:03.00

Event 4 Women 50 SC Meter Freestyle

18-24 MSR:	27.68
25-29 MSR:	27.85
30-34 MSR:	28.46
35-39 MSR:	28.62
40-44 MSR:	27.54
45-49 MSR:	29.41
50-54 MSR:	29.22
55-59 MSR:	32.18
60-64 MSR:	35.08
65-69 MSR:	38.19

	ID#	Name	Age	Team	Seed Time
18-24					
1	38175 IAZ	Leung, Ka Yi	19	Tolo Harbour	29.00
2	27291 #@P	Lau, Sze Wan	20	Kwun Tong	30.00
3	26980 IAZ	Wong, Suet Wing	24	Dik Wing	30.40
4	18643 B	Chan, Wing Chun	23	Crest Ray	32.00
5	24555 IAO	Ho, Nicola Gabrielle	24	Fastlane Swimming	32.78
6	49846 IAZ	Li, Hong Yu Kanas	20	Pacific	34.00
7	49847 IAZ	Li, Ka Yu Karen	21	Pacific	34.00
8	27376 IAZ	Lee, Wai Ki	23	Kwan Hung	35.00
9	22604 #IAZ	Ng, Yuen Ying	24	Kwan Hung	35.00
25-29					
1	09959 #IAZ	Mok, Hoi Man Sheron	28	New Water Polo	27.00
2	16514 IAZ	Li, Wing Yan	26	Tolo Harbour	29.00
3	15442 IBZ	Cheong, Ka Ching	29	Fastlane Swimming	32.00
4	04543 IAZ	Ng, Chui Wa	29	Hong Kong Police	32.00
5	11998 IAZ	Lai, Yee Wing Jannet	28	Hong Kong Police	33.00
6	20401 IAZ	Leung, Wan Ki	25	Kwan Hung	35.00
7	31023 IAZ	Cheung, Ka Yu	26	New Water Polo	37.00
8	43533 IAZ	Wong, Yu Tung	25	New Water Polo	50.00
9	49510 IAZ	Chan, Lok Wing	26	Pacific	NT
30-34					
1	17382 #IAZ	Tsui, Man Hei	32	New Water Polo	28.00
2	01262	Mau, Lok Yan Eunice	30	Current Club Ltd	28.21
3	01655 IB	Zhang, Xiao Tong Isabella	34	Fastlane Swimming	28.50
4	04674 IAZ	Lee, Hou Yin Dorothy	30	New Water Polo	32.00
5	06608 B	Shek, Yan Sin	30	New Water Polo	35.00
6	06577 IBZ	Leung, Wei Yan	33	Sword Fish Club	35.00
35-39					
1	00288 IBZ	Yip, Wing Yan	35	Dik Wing	27.90
2	26745 ICX	Chen, Yangyang	38	LRC	29.48
3	03070	Tu, Pui Yee	39	Hong Kong Police	30.25
4	02131	Tsang, Ting Yan Tania	37	LRC	30.32

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

35-39... (Event 4 Women 50 SC Meter Freestyle)

5	01513 IAZ	Ngai, Sze Long	35 Hong Kong Police	33.17
6	13384 ICZ	Lee, May Sze Mei	36 New Water Polo	53.00

40-44

1	50085 @^P	Foo, Sharmin	44 Sword Fish Club	35.00
2	49790 IAZ	Chan, Wing Sze Vincy	40 Pacific	55.00

45-49

1	46247 @IAO	Krkalo, Shauna Kathleen	45 LRC	28.18
2	40853 @IAO	Tam, Alison Mai Ling	45 Fastlane Swimming	30.00
3	35704 P	Yeo, Wei Shoon Freda	49 Sword Fish Club	33.00
4	50083 @^P	Chiang, Wai Ling Jenny	48 Sword Fish Club	36.00
5	48028 IAZ	Chan, Wing Yi Winnie	48 Hong Kong Police	40.38

50-54

1	33517 IAO	Yamaguchi, Mika	51 Fastlane Swimming	29.18
2	38302 IAZ	Cheung, Man Ling Melody	51 Lai Tsun	38.00
3	50080 @P	Herlin, Sri Lestari	52 Sword Fish Club	41.00
4	35969 IAX	Wang, Ying Lian	51 Tung Sing	41.00
5	31395 IAZ	Chan, Pui Ling	53 Flying Fish	41.71
6	47040 @IAX	Zou, Shengling	52 Tung Sing	45.00
7	45745 IAZ	Liu, Pui Ha	51 Sword Fish Club	46.00
8	43063 @IAO	Wong, Rose	53 LRC	47.23
9	44304 IAX	Choi, Shan Shan	51 Sword Fish Club	1:00.00
10	48201 IAZ	Poon, Nga Yi	50 Tolo Harbour	1:00.00
11	50110 IAZ	Chow, Yin Wei Nora	51 New Water Polo	NT

55-59

1	40907 IAZ	Lai, Shui Nin Ingrid	56 YMCA OF Hong Kong	34.50
2	23323 IAZ	Tam, Choi Ping Scalene	58 New Water Polo	37.00
3	26254 IAX	Ng, Kong Ching	58 New Water Polo	40.00
4	40575 IAO	Chan, San Ngah	55 Fastlane Swimming	42.59
5	36045 IAZN	Hsu, Ava	56 LRC	48.00
6	44303 IAZ	Lam, Man Lai	57 Sword Fish Club	1:08.00

60-64

1	26049 IAZ	Kirkwood, Tain Mhaira	60 LRC	31.37
2	41423 IAZ	Chiu, Pauline	61 Tung Sing	40.00
3	36225 IAX	Li, Wai Kam	61 Sea Green	45.00
4	31750 IAZ	Cheung, Lai Ying Anita	60 Lai Tsun	48.00
5	45187 IAX	Chan, On Mei	60 Sword Fish Club	49.00
6	20640 IAZ	Wong, Fung Yee	63 Sword Fish Club	51.00

65-69

1	19290 IAX	Tseung, Nga Wah	66 Sword Fish Club	38.00
2	03503	Castka, Gillian Hancer	67 Sword Fish Club	40.00
3	02711	Fok, Wai Fung	65 Wong Tai Sin	56.00
4	23957 IAX	Yeung, Tun Lim Lily	66 Sword Fish Club	1:05.00
5	06127	Lau, Wai Lin	67 New Water Polo	1:10.00

70-74

1	22852 ICX	Bai, Xiufen	72 Sword Fish Club	38.00
2	06356 IAZN	Lo Yeung, Sau Han	70 Kwun Tong	50.00
3	45573 P	Suzanawati, Titus	70 Sword Fish Club	50.00
4	46236 IAZ	Fok, Miu Han	70 Juan Hua Club	54.39
5	06212	Lo, Yeuk Shuen	74 Wong Tai Sin	1:10.00
6	07440	Yip, Lai Kuen	72 Lai Tsun	1:20.00

75-79

1	32571 IAZ	Chan, Pui Yee	79 Sword Fish Club	1:00.00
2	02365	Chow, So Kam	78 Kwun Tong	1:02.00
3	08936	Leong, Kuai Heng	77 New Water Polo	1:17.28

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

75-79... (Event 4 Women 50 SC Meter Freestyle)

4	17480 IAZ	Chow, Pui Han Angela	77	Lai Tsun	1:18.00
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80-84

1	13262	Kwong, Shuet Hing	83	Wong Tai Sin	1:12.20
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85-89

1	06144	Mak, Suet Man	86	Sea Green	1:10.00
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Event 5 Men 50 SC Meter Butterfly

18-24 MSR: 26.29

25-29 MSR: 25.60

30-34 MSR: 25.93

35-39 MSR: 26.94

40-44 MSR: 27.08

45-49 MSR: 27.89

50-54 MSR: 28.61

55-59 MSR: 29.97

60-64 MSR: 31.69

65-69 MSR: 33.04

	ID#	Name	Age	Team	Seed Time
18-24					
1	18027 B	Leung, Lok Hang	23	Pacific	20.00
2	20934 B	Tang, Ho Chuen	23	Diocesan School	26.00
3	28439 IAZ	Cheng, Kam Fung	19	Current Club Ltd	26.12
4	20968 B	Ho, Sze Ming	22	Diocesan School	27.00
5	30675 B	Chan, Wai Tsun	20	Current Club Ltd	28.00
6	22513 IAZ	Tang, Cheuk Yan	23	Kwun Tong	28.00
7	49792 @ICO	Phu, Alex	23	Current Club Ltd	28.04
8	15390 B	Lau, Yat Fung	24	Diocesan School	29.00
9	48045 IAZ	Lo, Tsz Wang	20	Kwun Tong	29.00
10	24692 IAZ	Ho, Hok Wang	21	New Water Polo	29.00
11	29508 IAZ	Tsang, Pak Ho	20	Tolo Harbour	29.00
12	19383 B	Lee, Man Kit	24	Kwan Hung	30.00
13	19958 IAZ	Wong, Ting Toh	24	Kwan Hung	30.00
14	20997 B	Yung, Cheuk Long Charlie	24	Kwan Hung	30.00
15	32406 IAZ	Lau, Chun Ting	20	Tolo Harbour	32.00
16	49025 @IAO	Wang, Anson Anren	21	Pacific	NT
25-29					
1	04579 IAO	Cheng, Chris	26	Hong Kong Footba	25.05
2	05577 IBZ	Yuen, Marcus	29	LRC	27.31
3	10294 B	Cheng, Hei Chun	27	Diocesan School	28.00
4	16201 B	Kwok, Yuk Hang	27	Kwun Tong	28.00
5	04683	Au, Ching Hong	29	Hong Kong Police	28.96
6	09964 IAZ	Lau, Chak Lam Nicholas	28	Diocesan School	29.00
7	40333 IAZ	Lam, Pak Lai	26	Flying Fish	29.00
8	47043 IAZ	Lam, Pak Lun	29	Flying Fish	29.00
9	23365 IAZ	Chan, Wai Kwan	25	Tolo Harbour	29.00
10	10409 IAZ	Lam, Chin Chun	26	Tolo Harbour	29.00
30-34					
1	09319 IBZ	Chan, Chun Wing	31	New Water Polo	28.01
2	05854 IAZ	Cho, Wai Ching	32	Flying Fish	29.00
3	14158 #IAZ	Li, Hok Yee Terence	30	New Water Polo	29.00
4	42728 P	Febo, Christopher Vincenzo	30	Sword Fish Club	29.00
5	00385	Cheng, Pong Man Reuben	34	Flying Fish	30.00
6	05296 B	Hui, Chun Hin	30	New Water Polo	30.00
7	04877 IBZ	Ng, Yu Ting	32	Sword Fish Club	30.00

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

30-34... (Event 5 Men 50 SC Meter Butterfly)

8	05050 IBZ	Wong, Chak Pang Benson	33	Dik Wing	30.40
9	12001 IB	Li, Chung Yin	30	Hong Kong Police	30.83
10	19408 IAZ	Chan, Yue Yat	30	Sword Fish Club	32.00
11	06886 B	Li, Chin Long	33	Eastern Winter	33.00
12	49928 @ICO	Balin, Timothee	31	Kwun Tong	34.00
13	48262 IAZ	Quan, Wing Yeung Marwick	33	Sword Fish Club	35.00
14	48933 IAO	Leung, Ryan Chun Hay	34	Pacific	36.00
15	49512 IAZ	Ho, Chung	34	Crest Ray	1:00.00
16	49516 @IAX	Chan, Cheuk Wai	31	Crest Ray	NT

35-39

1	27874 IAZ	Chan, Cheuk Man	35	New Water Polo	29.00
2	00093	Tam, Tak Ching	36	Dik Wing	30.40
3	03717 IBZ	Yeung, Ka Ho	36	Dik Wing	30.40
4	03017 ICZ	Chan, Yau Chuen	37	Hong Kong Police	31.00
5	32424 IAZ	Law, Tin Yiu	38	Hong Kong Police	33.00
6	48666 @ICO	Upman, David Ross	39	Fastlane Swimming	37.00
7	46504 @IAO	Coe, Jason George	39	Fastlane Swimming	39.70

40-44

1	46248 @ICO	O' Neill, Donal Thomas	43	LRC	26.90
2	05145	Lo, Jonathan Ka Yan	40	LRC	27.25
3	28168 ICO	Jacobs, Damian Charles	43	LRC	29.05
4	49497 @ICO	Macceod, Andrew Ian	44	LRC	29.48
5	50091 @P	Ang, Zhing Vehn	41	Fastlane Swimming	31.00
6	01465 ICZ	Chiang, Filomeno	41	Hong Kong Police	31.00
7	49498 @IAO	Dunwoody, Ross William	42	LRC	31.48
8	35790 ICO	Launay, Thomas	44	LRC	31.69
9	03095	Lau, Ko Chun	41	Hong Kong Police	33.00
10	12863	Yuen, Kai Lai	43	Fire Services	35.00
11	40107 IAZ	Chan, Falcon	44	Lai Tsun	35.00
12	49027 IAZ	Ng, Fung Kei	43	Sword Fish Club	38.00
13	03793 ICZ	Po, Tik San	41	New Water Polo	40.00
14	46808 IAZ	Leung, Wang Chi	44	Current Club Ltd	50.00
15	23119 IAZ	Chan, Ying Tsung Bosco	42	Sword Fish Club	52.00
16	49426 IAZ	Lau, Kin Hang	41	New Water Polo	57.00

45-49

1	27471 ICO	Nortje, Craig Andrew	45	Hong Kong Footba	28.00
2	50092 @P	Tan, Mark Sia Hwee	45	Fastlane Swimming	30.02
3	39203 IAX	Lau, Hang	49	Sword Fish Club	32.00
4	02366	Li, Ka Wing	49	Kwun Tong	33.00
5	24603 IAZ	Hung, Ka Ming	48	YMCA OF Hong Kong	37.00
6	08930	So, Wai Yiu	47	Fire Services	40.00
7	47461 IAZ	Tse, Ka Fai	49	New Water Polo	42.00
8	26790 ICO	Green, Malcolm John	47	Chi Kin	NT

50-54

1	06711	Leung, Tsz Kin	51	New Water Polo	31.91
2	05273	Poon, Ho Keung Danny	53	Flying Fish	32.71
3	50086 @^P	Whilton, Leo	54	Sword Fish Club	35.00
4	21008 IAZ	Cheung, Chun Kwan Michael	50	Wong Tai Sin	35.00
5	27868 IAZ	Chan, Chi Wah Ringo	51	Sword Fish Club	40.00
6	42085 IAZ	Lee, Hon Lun Philip	51	Sword Fish Club	40.00
7	35711 IAX	Wong, Fuk Kei	54	Sword Fish Club	45.00
8	17701 IAZ	Lee, Chor Fu	54	Wong Tai Sin	48.00
9	42365 IAX	Kwan, Man Fai	54	Diocesan School	49.00

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Psych Sheet

55-59... (Event 5 Men 50 SC Meter Butterfly)

1	41548 IAZ	Ip, Ka Keung Patrick	55 Hong Kong Footba	38.00
2	06175	Lo, King Man	56 Sea Green	38.00
3	13992	Yim, Chung Chee	58 YMCA OF Hong Kong	38.00
4	31109 IAZ	Chan, Ping Yan Bryan	57 Hoi Fung	38.75
5	39982 IAZ	Chow, Wing Chun	59 Sword Fish Club	39.00
6	24602 IAZ	Li, Ka Wing Peter	58 Sea Green	39.00
7	25579 IAZ	Leung, Tak Sing	57 Hoi Fung	39.75
8	22433 IAZ	Lui, Man Pong	58 New Water Polo	40.00
9	38127 IAZ	Leung, Cheung Wai Ricky	55 Sword Fish Club	42.00

60-64

1	05191	Koo, Yu Fat Marcus	61 Flying Fish	32.00
2	15528	Tsui, Tak Shing Dominic	61 Fastlane Swimming	38.00
3	07802	Chau, Kam Tim	63 Sea Green	48.00
4	32108 IAX	Chan, Kiu	61 Sword Fish Club	50.00

65-69

1	06176	Wong, Kung Wan	67 Sea Green	42.00
2	49915 @IAX	Tai, Yu Chung	65 New Water Polo	45.00
3	06388	Lau, Man Kin	69 Sword Fish Club	46.00
4	06187	Kan, Kai Kwong	68 Sea Green	55.00

70-74

1	06398	Cho, Wai Sun	70 Fastlane Swimming	38.00
2	33115 IAX	Ng, Kan Sing	70 Sword Fish Club	38.00
3	06382	Chan, Kam Por	71 Sword Fish Club	39.00
4	20634 IAZ	Wu, Shu Sun	73 New Water Polo	58.00
5	11563	Lee, Kwok Hung	70 Sword Fish Club	1:00.00
6	06243	Koo, Choi Fat	73 Wong Tai Sin	1:00.00
7	45624 IAZ	Mok, Hin Ming	73 Lai Tsun	NT

75-79

1	23297 IAZ	Chan, Shing Chi	75 Lai Tsun	50.00
2	40518 IAZ	Liu, Wing Chiu	75 Tuen Mun	1:00.00
3	09891	Wong, Chiu Shun	76 Sword Fish Club	1:00.00
4	06274	Wong, Yau Chuen	77 Sword Fish Club	1:15.00

Event 6 Women 50 SC Meter Butterfly

18-24 MSR:	30.91
25-29 MSR:	28.88
30-34 MSR:	30.53
35-39 MSR:	32.28
40-44 MSR:	32.64
45-49 MSR:	33.08
50-54 MSR:	33.24
55-59 MSR:	37.05
60-64 MSR:	42.42
65-69 MSR:	46.85

	ID#	Name	Age	Team	Seed Time
18-24					
1	23105 IAZ	Ho, Cheuk Wai	22	Dik Wing	32.40
2	20969 IAZ	Lui, Wing Lam	21	Kwun Tong	33.00
3	27291 #@P	Lau, Sze Wan	20	Kwun Tong	35.00
4	26980 IAZ	Wong, Suet Wing	24	Dik Wing	35.40
5	24555 IAO	Ho, Nicola Gabrielle	24	Fastlane Swimming	36.30
6	18643 B	Chan, Wing Chun	23	Crest Ray	38.00
7	27376 IAZ	Lee, Wai Ki	23	Kwan Hung	40.00

Short Course MS Swimming Competition Part 2 - 11/02/2023**Psych Sheet****18-24... (Event 6 Women 50 SC Meter Butterfly)**

8	22604 #IAZ	Ng, Yuen Ying	24	Kwan Hung	40.00
25-29					
1	29564 IAZ	Ng, Wai Ying Megan	27	Flying Fish	33.00
2	16514 IAZ	Li, Wing Yan	26	Tolo Harbour	36.00
3	49513 IAZ	To, Yan Wing	27	Crest Ray	42.06
4	49514 IAZ	Tong, Hiu Yan	29	Crest Ray	44.00
5	49510 IAZ	Chan, Lok Wing	26	Pacific	NT
30-34					
1	01262	Mau, Lok Yan Eunice	30	Current Club Ltd	30.73
2	01655 IB	Zhang, Xiao Tong Isabella	34	Fastlane Swimming	31.00
3	05670 B	Lam, Tsz Kwan	30	Tolo Harbour	36.00
4	28004 IAZ	Kwan, Ka Wan	30	Tung Sing	43.00
5	40936 IAZ	Chan, Po Yan	33	New Water Polo	55.00
35-39					
1	00288 IBZ	Yip, Wing Yan	35	Dik Wing	30.40
2	01652 IBZ	Lau, Hok Lam	36	Pacific	32.00
3	49524 @IAO	Lau, Maggie Y	36	Flying Fish	35.00
4	14023	Wu, Pui Yan Natalie	38	Hong Kong Police	38.00
5	42712 IAZ	Chan, Hiu Ying	39	Real Kinetic	39.00
6	41684 IAZ	Leung, Wing Yin Winnie	39	Hoi Fung	43.26
40-44					
1	08977	Ho, Yee Yun Rosalind	44	Current Club Ltd	43.67
2	45041 IAZ	Fung, Cheuk Ching Candy	41	Hoi Fung	43.70
3	30072 ICW	Chao, Man Chi	44	New Water Polo	1:00.00
4	31022 IAZ	Lai, Pan Yin	40	Tuen Mun	NT
45-49					
1	46247 @IAO	Krkalo, Shauna Kathleen	45	LRC	30.39
2	40853 @IAO	Tam, Alison Mai Ling	45	Fastlane Swimming	33.00
3	07784 #IAZ	Tang, Mei Yin	46	Hong Kong Police	45.00
50-54					
1	50082 @^P	Suzy, Purnawati Bratasena	54	Sword Fish Club	35.05
2	38302 IAZ	Cheung, Man Ling Melody	51	Lai Tsun	48.00
3	35969 IAX	Wang, Ying Lian	51	Tung Sing	48.00
4	31395 IAZ	Chan, Pui Ling	53	Flying Fish	53.00
5	35772 IAX	Ban, Xianhai	51	New Water Polo	1:00.00
55-59					
1	29752 IAZ	Chow, Yee Heung Liza	59	Lai Tsun	44.00
2	23588 IAZ	Lee, Ying Chi	55	Tung Sing	55.00
3	48634 IAZ	Cheung, Wing Yee	57	New Water Polo	1:00.00
60-64					
1	26049 IAZ	Kirkwood, Tain Mhaira	60	LRC	35.69
2	45187 IAX	Chan, On Mei	60	Sword Fish Club	54.00
3	16533	Wong, Shun Ying	64	Sea Green	1:08.00
65-69					
1	19290 IAX	Tseung, Nga Wah	66	Sword Fish Club	48.00
2	06127	Lau, Wai Lin	67	New Water Polo	1:20.00
3	23957 IAX	Yeung, Tun Lim Lily	66	Sword Fish Club	1:30.00
75-79					
1	02365	Chow, So Kam	78	Kwun Tong	1:02.00
2	08936	Leong, Kuai Heng	77	New Water Polo	1:37.43

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

Event 7 Men 25 SC Meter Freestyle

18-24 MSR:	11.60
25-29 MSR:	11.03
30-34 MSR:	10.97
35-39 MSR:	11.28
40-44 MSR:	11.52
45-49 MSR:	12.48
50-54 MSR:	11.73
55-59 MSR:	13.12
60-64 MSR:	13.07
65-69 MSR:	13.62

	ID#	Name	Age	Team	Seed Time
18-24... (Event 7 Men 25 SC Meter Freestyle)					
1	22816 IAZ	Cheung, Tsz Nok	20	Dik Wing	11.90
2	15390 B	Lau, Yat Fung	24	Diocesan School	12.00
3	28439 IAZ	Cheng, Kam Fung	19	Current Club Ltd	12.00
4	38185 IAZ	Chen, Yuk	19	Tolo Harbour	12.00
5	38937 @IAZ	Cheuk, Wing Him	19	Tolo Harbour	12.00
6	17615 IAZ	Kong, Man Pok	23	Tolo Harbour	12.00
7	32406 IAZ	Lau, Chun Ting	20	Tolo Harbour	12.00
8	29508 IAZ	Tsang, Pak Ho	20	Tolo Harbour	12.00
9	24692 IAZ	Ho, Hok Wang	21	New Water Polo	12.50
10	25258 IAZ	Chik, Shun Hei	22	Current Club Ltd	13.00
11	15351 IAZ	Chang, Jaw Ting	22	Pacific	19.00
12	29520 IAZ	Chui, Yu Hin	23	Pacific	19.00
13	18027 B	Leung, Lok Hang	23	Pacific	19.00
14	49025 @IAO	Wang, Anson Anren	21	Pacific	NT
25-29					
1	05577 IBZ	Yuen, Marcus	29	LRC	11.64
2	10294 B	Cheng, Hei Chun	27	Diocesan School	12.00
3	09964 IAZ	Lau, Chak Lam Nicholas	28	Diocesan School	12.00
4	28300 IAZ	Luk, Ho Man	27	Tolo Harbour	12.00
5	28554 IAZ	Yeung, Ka Ho Henry	26	Tolo Harbour	12.00
6	08608 IAZ	Lau, Wang Chi	27	Hong Kong Police	12.50
7	16201 B	Kwok, Yuk Hang	27	Kwun Tong	12.50
8	23081 IAZ	Loo, Chun Hei	25	Dik Wing	12.90
9	40333 IAZ	Lam, Pak Lai	26	Flying Fish	13.00
10	47043 IAZ	Lam, Pak Lun	29	Flying Fish	13.00
11	13476 IAZ	Wan, Shun Fai	28	Flying Fish	14.00
12	15815	Lo, Ting Kin	27	Sea Green	15.00
13	12759 IAZ	Yue, Suen Yin	29	Sea Green	18.00
30-34					
1	00243	Li, Wing Fai	32	Dik Wing	11.90
2	05050 IBZ	Wong, Chak Pang Benson	33	Dik Wing	11.90
3	49993 IAZ	Hui, Wai Hei Ricky	31	Diocesan School	12.00
4	01784 B	Tso, Hiu Fung	32	Diocesan School	12.00
5	12001 IB	Li, Chung Yin	30	Hong Kong Police	12.00
6	14158 #IAZ	Li, Hok Yee Terence	30	New Water Polo	12.00
7	05854 IAZ	Cho, Wai Ching	32	Flying Fish	12.50
8	02766 IBZ	Ma, Siu Chun Jason	32	Flying Fish	12.50
9	02040	Yei, Tak Sau	34	Flying Fish	13.00
10	48029 IAZ	Lee, Ka Hung	33	Hong Kong Police	14.00
11	48637 IAZ	Leung, Shu Wing	30	New Water Polo	17.00

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Psych Sheet

30-34... (Event 7 Men 25 SC Meter Freestyle)

12	49951 IAZ	Fung, Chi Wing Ryan	31 Pacific	19.00
13	49516 @IAX	Chan, Cheuk Wai	31 Crest Ray	NT
14	49512 IAZ	Ho, Chung	34 Crest Ray	NT

35-39

1	00557	Chow, Sik Hang	35 Kwun Tong	11.00
2	47580 @IAO	Poon, Derrick Gene-ming	35 Fastlane Swimming	11.83
3	00093	Tam, Tak Ching	36 Dik Wing	11.90
4	42367 IAO	Chow, Chun Yin	37 Diocesan School	12.00
5	00314 IBZ	Mok, Hon Hei	35 Hong Kong Police	12.00
6	22420 IAZ	Chan, Chi Ming	37 Kwun Tong	12.00
7	27874 IAZ	Chan, Cheuk Man	35 New Water Polo	12.00
8	00444	Lam, Yau Sun Dickson	38 Diocesan School	13.00
9	41147 IAZ	Mok, Lai Yeung Jason	39 Diocesan School	13.00
10	04187 IBZ	Fan, Kin Pong	37 Fire Services	13.00
11	03017 ICZ	Chan, Yau Chuen	37 Hong Kong Police	13.50
12	32343 IAZ	Tsang, Ka Lok	35 Hong Kong Police	13.50
13	01786 IBZ	Wong, Lai Man Raymond	35 Hong Kong Police	13.50
14	32424 IAZ	Law, Tin Yiu	38 Hong Kong Police	15.00
15	49952 IAZ	Kwok, Ronald	37 Pacific	19.00

40-44

1	01591 ICZ	Fu, Wing Harbeth	43 Kwun Tong	11.10
2	05145	Lo, Jonathan Ka Yan	40 LRC	11.51
3	49498 @IAO	Dunwoody, Ross William	42 LRC	12.50
4	09165	Cheung, Siu Fung	40 Lai Tsun	13.00
5	49497 @ICO	Macceod, Andrew Ian	44 LRC	13.50
6	50091 @P	Ang, Zhing Vehn	41 Fastlane Swimming	14.00
7	40841 IAX	Tsang, Kwok Tung	44 Diocesan School	15.00
8	12863	Yuen, Kai Lai	43 Fire Services	15.00
9	42222 IAZ	Yick, Tsip Lam	40 Sword Fish Club	15.00
10	50012 @IAO	Griffiths, Evan Paul	43 Fastlane Swimming	16.00
11	49027 IAZ	Ng, Fung Kei	43 Sword Fish Club	16.00
12	47525 IAZ	Wu, Wing Fung	42 Wong Tai Sin	16.00
13	40834 IAZ	Chang, Hsi Tse JosephJeremy	44 Diocesan School	17.00
14	47042 IAZ	Ho, Kin Man	42 Sword Fish Club	17.00
15	46808 IAZ	Leung, Wang Chi	44 Current Club Ltd	19.00
16	49426 IAZ	Lau, Kin Hang	41 New Water Polo	19.00
17	50090 @IAO	Motoyama, Taichiro	43 Pacific	19.00
18	23119 IAZ	Chan, Ying Tsung Bosco	42 Sword Fish Club	38.00

45-49

1	37671 @ICO	Stamenovic, Ivan	47 LRC	12.54
2	27471 ICO	Nortje, Craig Andrew	45 Hong Kong Footba	13.00
3	39203 IAX	Lau, Hang	49 Sword Fish Club	13.00
4	28849 IAZ	Chan, Chun Kuen	48 Sword Fish Club	13.05
5	05160	Chan, Ka Wo	46 Diocesan School	14.00
6	46474 @ICO	Dynon, James Francis	47 LRC	14.00
7	46246 @IAO	Krkalo, Hrvoje	48 LRC	14.00
8	02366	Li, Ka Wing	49 Kwun Tong	14.50
9	42737 IAZ	So, Ma Loi	47 Sword Fish Club	15.00
10	19343 IAZ	Leung, Wan Hung Andy	49 Hong Kong Police	15.50
11	26077 IAZ	Tsui, Chun Wai	46 Hong Kong Police	15.50
12	47461 IAZ	Tse, Ka Fai	49 New Water Polo	20.00
13	29261 IAZ	Lai, Ka Wai	45 Tuen Mun	NT
14	48939 IAZ	Ho, Lik Shan	49 Pacific	NT

Short Course MS Swimming Competition Part 2 - 11/02/2023**Psych Sheet****50-54... (Event 7 Men 25 SC Meter Freestyle)**

1	05273	Poon, Ho Keung Danny	53 Flying Fish	13.00
2	06395	Cheung, Ting Fan	52 Kwun Tong	14.50
3	49545 @IAO	Anderson, Anthony Craig	51 Kwun Tong	14.90
4	43158 IAZ	Chan, Tin Lung	54 Lai Tsun	15.00
5	22419 IAZ	Fok, Kai Yuen	50 Sword Fish Club	15.00
6	49010 @IAON	Cheung, Stephen Wen Ping	52 Kwun Tong	15.80
7	06229	Mak, Wing Yin	50 Hong Kong Police	16.00
8	42364 IAZ	Lau, Yip Kwong Francis	54 Diocesan School	17.00
9	50087 @^P	Mok, Liang Amos Hilary	54 Sword Fish Club	17.00
10	17701 IAZ	Lee, Chor Fu	54 Wong Tai Sin	17.00
11	42085 IAZ	Lee, Hon Lun Philip	51 Sword Fish Club	18.00
12	47465 IAZ	Wong, Ka Po Dick	50 New Water Polo	18.50
13	42365 IAX	Kwan, Man Fai	54 Diocesan School	20.00
14	35711 IAX	Wong, Fuk Kei	54 Sword Fish Club	20.00

55-59

1	39982 IAZ	Chow, Wing Chun	59 Sword Fish Club	15.00
2	39091 IAZ	Luk, Kai Ming Stephen	56 Sword Fish Club	15.00
3	22433 IAZ	Lui, Man Pong	58 New Water Polo	15.50
4	18856 IAZ	Au, Mun Shing	58 Sword Fish Club	16.00
5	10135 IAZ	Mo, Kim Fung Bosco	59 Kwun Tong	16.00
6	40592 IAZ	Fo, Pui Keung	59 Hong Kong Police	16.50
7	26261 IAZ	Tsun, Chung Wa Jode	59 Hong Kong Police	16.67
8	46973 IAZ	Leung, Wai Ming	57 New Water Polo	17.00
9	44868 IAZ	Leung, Cheong Chau Stephen	58 Diocesan School	19.00
10	24602 IAZ	Li, Ka Wing Peter	58 Sea Green	19.00
11	40840 IAZ	Ng, Ka Yiu Karl	59 Diocesan School	20.00
12	06175	Lo, King Man	56 Sea Green	25.00
13	05139	Lin, Fulong	56 Flying Fish	NT
14	48938 IAZ	Ng, Kim Hung Justin	58 Pacific	NT

60-64

1	50088 @^P	Tengku, Bahdar Johan	62 Sword Fish Club	14.00
2	26176 IAX	Ho, Chung Man	60 Lai Tsun	16.00
3	40861 IAZ	Cheung, Chi Ming Rover	60 Sword Fish Club	16.00
4	37048 IAZ	Cheung, Wai Chuen Jimmy	60 Sword Fish Club	16.00
5	06256	Chan, Kwong Peter	62 Sea Green	18.00
6	28339 IAZ	Yim, Chi Yiu	63 New Water Polo	19.00
7	41007 IAZ	So, Man Sing	62 Sea Green	19.00
8	18872 IAZ	Chan, Kin Chung	62 Wong Tai Sin	20.00
9	41426 IAZ	Tang, Yu Hang Francis	62 Tung Sing	30.00

65-69

1	45199 IAZ	Fok, Siu Por	65 Juan Hua Club	13.00
2	05071	Choi, Tony	65 LRC	18.00
3	06388	Lau, Man Kin	69 Sword Fish Club	18.00
4	06281	Fung, Kam Tai	68 Sword Fish Club	19.00
5	41739 IAZ	Ng, Chin Wing	68 Sea Green	21.00
6	06187	Kan, Kai Kwong	68 Sea Green	25.00

70-74

1	06398	Cho, Wai Sun	70 Fastlane Swimming	14.00
2	44788 IAZ	Chui, Hong Sheung	74 Diocesan School	18.00
3	41729 IAZ	Ko, Leung Hung Alex	71 Diocesan School	18.00
4	06268	Tse, Kwok Piu	72 Sword Fish Club	18.00
5	06389	Chan, Hong Wah	70 New Water Polo	19.00
6	10252	Chow, Eugene	72 Diocesan School	21.00

Short Course MS Swimming Competition Part 2 - 11/02/2023**Psych Sheet****70-74... (Event 7 Men 25 SC Meter Freestyle)**

7	06192	Chu, Shui Yi	72	Sea Green	21.00
8	23123 IAZ	Poon, Wai	71	Sword Fish Club	22.00
9	45624 IAZ	Mok, Hin Ming	73	Lai Tsun	NT

75-79

1	44756 IAZ	Lo, Che Hung	75	Lai Tsun	18.00
2	40578 P	Chan, Steven Mun Ying	78	Sword Fish Club	19.00
3	47053 IAZN	Chan, Victor	77	Diocesan School	20.00
4	23297 IAZ	Chan, Shing Chi	75	Lai Tsun	20.00
5	49541 @IAXN	Yang, Victor	78	Diocesan School	30.00

80-84

1	38301 IAX	Cheung, Hao Yen	80	Lai Tsun	NT
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85-89

1	05407	Lee, She Kwok	85	Sword Fish Club	23.05
2	15490	Law, Kwai Fong	87	Sword Fish Club	30.00

Event 8 Women 25 SC Meter Freestyle**18-24 MSR: 12.79****25-29 MSR: 13.08****30-34 MSR: 13.14****35-39 MSR: 13.89****40-44 MSR: 13.37****45-49 MSR: 13.81****50-54 MSR: 14.60****55-59 MSR: 14.12****60-64 MSR: 15.11****65-69 MSR: 17.20**

	ID#	Name	Age	Team	Seed Time
18-24					
1	38175 IAZ	Leung, Ka Yi	19	Tolo Harbour	15.00
2	49846 IAZ	Li, Hong Yu Kanas	20	Pacific	20.00
3	49847 IAZ	Li, Ka Yu Karen	21	Pacific	20.00
25-29					
1	29564 IAZ	Ng, Wai Ying Megan	27	Flying Fish	13.00
2	08238 B	Li, Tsz Yu	29	New Water Polo	13.00
3	16514 IAZ	Li, Wing Yan	26	Tolo Harbour	15.00
4	11998 IAZ	Lai, Yee Wing Jannet	28	Hong Kong Police	15.50
5	15442 IBZ	Cheong, Ka Ching	29	Fastlane Swimming	16.00
6	31023 IAZ	Cheung, Ka Yu	26	New Water Polo	17.00
7	46970 IAZ	Kwok, Chi Yan Allison	28	New Water Polo	19.00
8	20401 IAZ	Leung, Wan Ki	25	Kwan Hung	20.00
9	47460 IAZ	Mak, Cheuk Lam	28	New Water Polo	25.00
10	49513 IAZ	To, Yan Wing	27	Crest Ray	NT
30-34					
1	17382 #IAZ	Tsui, Man Hei	32	New Water Polo	13.00
2	04674 IAZ	Lee, Hou Yin Dorothy	30	New Water Polo	14.00
3	05670 B	Lam, Tsz Kwan	30	Tolo Harbour	15.00
4	05347	Chui, Kit Man	33	Hong Kong Police	15.66
5	01552 IBZ	Lai, Hiu Ling	34	New Water Polo	17.00
6	06608 B	Shek, Yan Sin	30	New Water Polo	17.00
7	50108 IAZ	Mak, Tze Man Ava	34	Kwun Tong	18.00
8	02295 IBZ	Tao, Wai Kiu	30	Pacific	20.00
9	40936 IAZ	Chan, Po Yan	33	New Water Polo	22.00
10	28004 IAZ	Kwan, Ka Wan	30	Tung Sing	22.00

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

35-39... (Event 8 Women 25 SC Meter Freestyle)

1	01652 IBZ	Lau, Hok Lam	36 Pacific	13.50
2	26745 ICX	Chen, Yangyang	38 LRC	13.53
3	03070	Tu, Pui Yee	39 Hong Kong Police	14.50
4	49524 @IAO	Lau, Maggie Y	36 Flying Fish	15.00
5	01513 IAZ	Ngai, Sze Long	35 Hong Kong Police	15.50
6	02131	Tsang, Ting Yan Tania	37 LRC	16.00
7	14023	Wu, Pui Yan Natalie	38 Hong Kong Police	16.34
8	48027 IAZ	Leung, Ming Cheung	35 Hong Kong Police	16.50
9	13384 ICZ	Lee, May Sze Mei	36 New Water Polo	28.00

40-44

1	08977	Ho, Yee Yun Rosalind	44 Current Club Ltd	15.00
2	09168	Wong, Wing Shan	40 Hong Kong Police	16.50
3	49121 IAZ	So, Chin Wing	44 Juan Hua Club	17.00
4	39979 IAZ	Lam, Ling Wai Jessica	44 Lai Tsun	17.00
5	49790 IAZ	Chan, Wing Sze Vincy	40 Pacific	30.00

45-49

1	07784 #IAZ	Tang, Mei Yin	46 Hong Kong Police	15.00
2	35704 P	Yeo, Wei Shoon Freda	49 Sword Fish Club	15.00
3	35765 IAZ	Wong, See Ming	45 Hong Kong Police	16.00
4	50083 @^P	Chiang, Wai Ling Jenny	48 Sword Fish Club	18.00
5	46181 IAZ	Ng, Yan Yan Bandy	47 Tung Sing	27.00

50-54

1	33517 IAO	Yamaguchi, Mika	51 Fastlane Swimming	13.81
2	50080 @P	Herlin, Sri Lestari	52 Sword Fish Club	16.00
3	49429 IAZ	Choy, Yee Ling Elina Elain	54 New Water Polo	19.00
4	45745 IAZ	Liu, Pui Ha	51 Sword Fish Club	23.00
5	47040 @IAX	Zou, Shengling	52 Tung Sing	23.00
6	43063 @IAO	Wong, Rose	53 LRC	24.00
7	06349	Ip, Oi Wa Wendy	51 Sword Fish Club	25.00
8	40912 IAZ	Ng, Yee Ling	52 Tolo Harbour	27.00

55-59

1	26254 IAX	Ng, Kong Ching	58 New Water Polo	17.00
2	40907 IAZ	Lai, Shui Nin Ingrid	56 YMCA OF Hong Kong	17.00
3	12894	Lee, Wai Yee Stella	57 Hoi Fung	17.26
4	23323 IAZ	Tam, Choi Ping Scalene	58 New Water Polo	20.00
5	48634 IAZ	Cheung, Wing Yee	57 New Water Polo	21.00
6	40575 IAO	Chan, San Ngah	55 Fastlane Swimming	21.73
7	36045 IAZN	Hsu, Ava	56 LRC	25.00
8	38289 IAZ	Ng, Wai Lin Angie	59 Sword Fish Club	25.00
9	17890 IAZ	Lee, Mo Kee Cillia	58 Sword Fish Club	42.00

60-64

1	26049 IAZ	Kirkwood, Tain Mhaira	60 LRC	14.12
2	49914 @IAXB	Ng, Yee Man	64 New Water Polo	17.00
3	41423 IAZ	Chiu, Pauline	61 Tung Sing	17.00
4	50081 @^P	Damayanti, Johan	61 Sword Fish Club	21.00
5	20640 IAZ	Wong, Fung Yee	63 Sword Fish Club	24.00
6	36225 IAX	Li, Wai Kam	61 Sea Green	25.00
7	16533	Wong, Shun Ying	64 Sea Green	28.00
8	24216 IAZ	Li, Chuk Ping	61 Sword Fish Club	46.00

65-69

1	19290 IAX	Tseung, Nga Wah	66 Sword Fish Club	18.00
2	03503	Castka, Gillian Hancer	67 Sword Fish Club	20.00
3	14007	Ho, Yuk Ling	66 Tung Sing	30.00

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

65-69... (Event 8 Women 25 SC Meter Freestyle)

4	02711	Fok, Wai Fung	65	Wong Tai Sin	30.00
70-74					
1	22852 ICX	Bai, Xiufen	72	Sword Fish Club	18.00
2	46236 IAZ	Fok, Miu Han	70	Juan Hua Club	20.00
3	06356 IAZN	Lo Yeung, Sau Han	70	Kwun Tong	25.00
4	45573 P	Suzanawati, Titus	70	Sword Fish Club	25.00
75-79					
1	02365	Chow, So Kam	78	Kwun Tong	50.00
80-84					
1	13262	Kwong, Shuet Hing	83	Wong Tai Sin	37.98
85-89					
1	06144	Mak, Suet Man	86	Sea Green	35.00

Event 9 Men 200 SC Meter Freestyle

- 18-24 MSR: 1:59.50**
- 25-29 MSR: 1:58.61**
- 30-34 MSR: 2:06.50**
- 35-39 MSR: 2:01.74**
- 40-44 MSR: 2:04.25**
- 45-49 MSR: 2:08.25**
- 50-54 MSR: 2:19.05**
- 55-59 MSR: 2:19.34**
- 60-64 MSR: 2:27.89**
- 65-69 MSR: 2:32.98**

	ID#	Name	Age	Team	Seed Time
18-24					
1	38937 @IAX	Cheuk, Wing Him	19	Tolo Harbour	2:10.00
2	49792 @ICO	Phu, Alex	23	Current Club Ltd	2:20.00
3	18027 B	Leung, Lok Hang	23	Pacific	2:20.00
4	30675 B	Chan, Wai Tsun	20	Current Club Ltd	2:30.00
5	27205 P	Chan, Yan Shing	21	Current Club Ltd	2:30.00
6	28567 #IAZ	Tam, Wang Yin	23	New Water Polo	2:30.00
7	41451 IAZ	Kwan, Wing Hin	19	Crest Ray	NT
8	25676 B	Chan, Wai Ho	20	Tung Sing	NT
25-29					
1	28554 IAZ	Yeung, Ka Ho Henry	26	Tolo Harbour	2:05.00
2	24728 IAZ	Chan, Wing Fa	26	Eastern Winter	2:15.00
3	15815	Lo, Ting Kin	27	Sea Green	2:50.00
30-34					
1	05296 B	Hui, Chun Hin	30	New Water Polo	2:14.00
2	01539 IBZ	Lee, Yeung Darwin	34	Fire Services	2:15.00
3	02021 IBZ	Chow, Man Ho	33	Kwan Hung	2:16.00
4	02591	Luk, Wing Kin Andy	34	Kwan Hung	2:16.00
5	48933 IAO	Leung, Ryan Chun Hay	34	Pacific	2:20.00
6	04048 IBZ	Cheung, Siu Long	32	Hong Kong Police	2:22.99
7	10221 IBZ	Tam, Ka Ho Ricky	32	Hong Kong Police	2:25.00
8	09319 IBZ	Chan, Chun Wing	31	New Water Polo	2:26.00
9	02040	Yei, Tak Sau	34	Flying Fish	2:30.00
10	46301 IAZ	Lai, Siu In	30	New Water Polo	4:00.00
11	10028 IBZ	Tsien, Hanson	30	Crest Ray	NT
12	48940 IAZ	Ku, Kin Shing	34	Pacific	NT
35-39					
1	06960 ICZ	Lau, Yan Kid	39	Fire Services	2:20.00
2	22420 IAZ	Chan, Chi Ming	37	Kwun Tong	2:20.00

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

35-39... (Event 9 Men 200 SC Meter Freestyle)

3	04706 IBZ	Hui, Cheung Hin Raymond	39 Dik Wing	2:25.00
4	05179 #ICZ	Wan, Chun Pong Michael	39 Fastlane Swimming	2:30.00
5	46504 @IAO	Coe, Jason George	39 Fastlane Swimming	2:32.00
6	03713 IBZ	Tang, Chee Kit	37 Diocesan School	2:45.00

40-44

1	03409	Ho, Kin Kan	40 Barracuda	2:20.00
2	01465 ICZ	Chiang, Filomeno	41 Hong Kong Police	2:40.00
3	27133 IAZ	Poon, Man Chun	42 Wong Tai Sin	2:56.29
4	42708 IAZ	Tang, Wing Chung Jonathan	41 Hoi Fung	2:59.46
5	10317	Ng, Ka Wing	43 Diocesan School	3:30.00

45-49

1	37671 @ICO	Stamenovic, Ivan	47 LRC	2:05.00
2	50092 @P	Tan, Mark Sia Hwee	45 Fastlane Swimming	2:22.00
3	17961 ICO	Jones, Simon	47 LRC	2:22.20
4	28849 IAZ	Chan, Chun Kuen	48 Sword Fish Club	2:33.00
5	11569	Wong, Lok Shun	46 Flying Fish	2:45.00
6	24603 IAZ	Hung, Ka Ming	48 YMCA OF Hong Kong	2:45.00
7	16451	Cheng, Ngai Bun	45 Kwun Tong	2:50.00

50-54

1	30710 IAZ	Lai, Kin Sun	53 Flying Fish	2:30.00
2	31887 IAZ	Ho, Michael Chak Sing	50 Sun Yip	2:30.00
3	27868 IAZ	Chan, Chi Wah Ringo	51 Sword Fish Club	2:40.00
4	50086 @^P	Whilton, Leo	54 Sword Fish Club	2:45.00
5	25592 IAZ	Cheung, Wai Kei	51 Flying Fish	2:48.52
6	47465 IAZ	Wong, Ka Po Dick	50 New Water Polo	3:45.00
7	17701 IAZ	Lee, Chor Fu	54 Wong Tai Sin	3:50.00

55-59

1	05138	Lanzzone, Francesco	55 Barracuda	2:24.00
2	27470 IAZ	Chan, Tin Hung	55 Hong Kong Police	2:45.00
3	39091 IAZ	Luk, Kai Ming Stephen	56 Sword Fish Club	3:00.00
4	13992	Yim, Chung Chee	58 YMCA OF Hong Kong	3:00.00
5	26594 IAZ	Ching, Wai Kin	59 Sword Fish Club	3:00.02
6	32285 IAZ	Chan, Chong Kai Stephen	55 Diocesan School	3:40.00
7	29472 IAZN	Choi, Kwok Man Tony	57 Sword Fish Club	3:55.00
8	05139	Lin, Fulong	56 Flying Fish	NT

60-64

1	05191	Koo, Yu Fat Marcus	61 Flying Fish	2:30.00
2	15528	Tsui, Tak Shing Dominic	61 Fastlane Swimming	2:50.00
3	37048 IAZ	Cheung, Wai Chuen Jimmy	60 Sword Fish Club	3:16.00
4	13979	Lee, Sing Tim	62 Lai Tsun	3:30.00
5	40861 IAZ	Cheung, Chi Ming Rover	60 Sword Fish Club	3:30.00
6	36725 IAZ	Yau, Wai	64 Sea Green	3:39.00

65-69

1	06331 ICZ	Ma, Etienne	66 YMCA OF Hong Kong	2:37.58
2	06201	Wong, Cheuk Yin	67 Fire Services	2:45.00
3	05071	Choi, Tony	65 LRC	3:50.00
4	26318	Suen, Chi Wing	69 Sword Fish Club	3:50.00

70-74

1	33115 IAX	Ng, Kan Sing	70 Sword Fish Club	2:40.00
2	06268	Tse, Kwok Piu	72 Sword Fish Club	2:50.00

75-79

1	06274	Wong, Yau Chuen	77 Sword Fish Club	3:30.00
2	40518 IAZ	Liu, Wing Chiu	75 Tuen Mun	3:45.00
3	04505	Chan, Kwok Hung	76 Hong Kong Police	4:07.18

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

85-89... (Event 9 Men 200 SC Meter Freestyle)

1	15490	Law, Kwai Fong	87	Sword Fish Club	5:00.00
2	06246	Ling, Wang Yam	86	Wong Tai Sin	NT

Event 10 Women 200 SC Meter Freestyle

18-24 MSR: 2:19.51

25-29 MSR: 2:16.19

30-34 MSR: 2:20.77

35-39 MSR: 2:12.81

40-44 MSR: 2:14.12

45-49 MSR: 2:28.46

50-54 MSR: 2:33.29

55-59 MSR: 2:45.79

60-64 MSR: 3:12.88

65-69 MSR: 3:18.38

	ID#	Name	Age	Team	Seed Time
18-24					
1	26669 P	Mak, Ho Yan	20	Eastern Winter	2:15.00
2	27291 #@P	Lau, Sze Wan	20	Kwun Tong	2:20.00
3	26980 IAZ	Wong, Suet Wing	24	Dik Wing	2:28.40
4	38175 IAZ	Leung, Ka Yi	19	Tolo Harbour	2:40.00
25-29					
1	09413 B	Fang, Ka Ying	28	Eastern Winter	2:25.00
2	09959 #IAZ	Mok, Hoi Man Sheron	28	New Water Polo	2:30.00
3	46331 @ICO	Brueck, Hannah Madeleine	27	Fastlane Swimming	2:43.00
30-34					
1	25223 IAZ	Cheng, Wang Ruby	32	Kwun Tong	2:38.00
2	08900 IBZ	Lam, Suet	30	Hong Kong Police	2:45.00
3	06577 IBZ	Leung, Wei Yan	33	Sword Fish Club	2:50.00
35-39					
1	30316 IAZ	Ng, Yee Lam	38	Hong Kong Police	3:03.00
2	07651 IBZ	Yu, Sze Wai Joyce	35	Hong Kong Police	3:04.96
3	41684 IAZ	Leung, Wing Yin Winnie	39	Hoi Fung	3:50.23
4	01652 IBZ	Lau, Hok Lam	36	Pacific	NT
40-44					
1	50085 @^P	Foo, Sharmin	44	Sword Fish Club	3:15.00
2	45041 IAZ	Fung, Cheuk Ching Candy	41	Hoi Fung	3:30.30
45-49					
1	06315	Chan, Sui Yee	47	LRC	2:18.35
2	35704 P	Yeo, Wei Shoon Freda	49	Sword Fish Club	3:00.00
3	19353 IAZ	Poon, Yee Jane	45	Hong Kong Police	3:22.20
4	45139 IAZ	Tai, Kwan Yee	46	Hoi Fung	3:30.00
5	48028 IAZ	Chan, Wing Yi Winnie	48	Hong Kong Police	3:30.00
6	48942 IAZ	Wong, Wing Sze Sesy	47	Pacific	3:31.94
50-54					
1	40912 IAZ	Ng, Yee Ling	52	Tolo Harbour	3:30.00
55-59					
1	12894	Lee, Wai Yee Stella	57	Hoi Fung	3:10.23
2	36045 IAZN	Hsu, Ava	56	LRC	4:00.00
3	23323 IAZ	Tam, Choi Ping Scalene	58	New Water Polo	4:00.00
4	41911 IAZN	Ng, Kit Man Joanna	58	New Water Polo	5:29.00
60-64					
1	41423 IAZ	Chiu, Pauline	61	Tung Sing	3:27.00
2	31750 IAZ	Cheung, Lai Ying Anita	60	Lai Tsun	3:45.00

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Psych Sheet

60-64... (Event 10 Women 200 SC Meter Freestyle)

3	36225 IAX	Li, Wai Kam	61	Sea Green	3:58.00
4	37056 IAZ	Wong, Hoi Ping Carol	63	Tuen Mun	NT

65-69

1	03503	Castka, Gillian Hancer	67	Sword Fish Club	3:45.00
2	06355	Lo, Lai Yung	68	New Water Polo	4:10.00

70-74

1	45573 P	Suzanawati, Titus	70	Sword Fish Club	4:00.00
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Event 11 Men 25 SC Meter Backstroke

18-24 MSR: 12.46

25-29 MSR: 12.96

30-34 MSR: 13.34

35-39 MSR: 13.29

40-44 MSR: 14.15

45-49 MSR: 14.84

50-54 MSR: 14.85

55-59 MSR: 15.76

60-64 MSR: 16.42

65-69 MSR: 16.43

	ID#	Name	Age	Team	Seed Time
18-24					
1	28439 IAZ	Cheng, Kam Fung	19	Current Club Ltd	13.00
2	27205 P	Chan, Yan Shing	21	Current Club Ltd	14.00
3	38185 IAZ	Chen, Yuk	19	Tolo Harbour	14.00
4	17615 IAZ	Kong, Man Pok	23	Tolo Harbour	14.00
25-29					
1	15423 IAZ	Cheung, Yau Ming	26	Diocesan School	12.80
2	23365 IAZ	Chan, Wai Kwan	25	Tolo Harbour	14.00
3	10409 IAZ	Lam, Chin Chun	26	Tolo Harbour	14.00
4	10294 B	Cheng, Hei Chun	27	Diocesan School	15.00
30-34					
1	01784 B	Tso, Hiu Fung	32	Diocesan School	16.00
2	02766 IBZ	Ma, Siu Chun Jason	32	Flying Fish	17.00
3	05567 #B	Yeung, Sze Hon	30	Crest Ray	NT
35-39					
1	00557	Chow, Sik Hang	35	Kwun Tong	13.50
2	00444	Lam, Yau Sun Dickson	38	Diocesan School	14.00
3	03716 ICZ	Yan, Ho Chun	38	Diocesan School	15.00
4	03717 IBZ	Yeung, Ka Ho	36	Dik Wing	15.90
5	03713 IBZ	Tang, Chee Kit	37	Diocesan School	16.00
6	05179 #ICZ	Wan, Chun Pong Michael	39	Fastlane Swimming	16.00
7	48932 IAZ	Wong, Chun Lam Arnold	39	Pacific	18.00
40-44					
1	46248 @ICO	O' Neill, Donal Thomas	43	LRC	13.00
2	49498 @IAO	Dunwoody, Ross William	42	LRC	15.00
3	03095	Lau, Ko Chun	41	Hong Kong Police	17.00
4	40841 IAX	Tsang, Kwok Tung	44	Diocesan School	18.00
5	49027 IAZ	Ng, Fung Kei	43	Sword Fish Club	18.00
6	09165	Cheung, Siu Fung	40	Lai Tsun	20.00
7	42708 IAZ	Tang, Wing Chung Jonathan	41	Hoi Fung	20.32
8	10317	Ng, Ka Wing	43	Diocesan School	22.00
45-49					
1	28849 IAZ	Chan, Chun Kuen	48	Sword Fish Club	17.00
2	46474 @ICO	Dynon, James Francis	47	LRC	18.00

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Psych Sheet

45-49... (Event 11 Men 25 SC Meter Backstroke)

3	16451	Cheng, Ngai Bun	45 Kwun Tong	20.00
4	47461 IAZ	Tse, Ka Fai	49 New Water Polo	20.00
5	42737 IAZ	So, Ma Loi	47 Sword Fish Club	20.00
6	26077 IAZ	Tsui, Chun Wai	46 Hong Kong Police	22.00
7	48593 IAZ	Cheng, Wai Leung	46 Sword Fish Club	24.00

50-54

1	06711	Leung, Tsz Kin	51 New Water Polo	15.00
2	30710 IAZ	Lai, Kin Sun	53 Flying Fish	18.00
3	50087 @^P	Mok, Liang Amos Hilary	54 Sword Fish Club	20.00
4	43158 IAZ	Chan, Tin Lung	54 Lai Tsun	22.00

55-59

1	39982 IAZ	Chow, Wing Chun	59 Sword Fish Club	19.00
2	25579 IAZ	Leung, Tak Sing	57 Hoi Fung	20.25
3	40840 IAZ	Ng, Ka Yiu Karl	59 Diocesan School	21.00
4	29472 IAZN	Choi, Kwok Man Tony	57 Sword Fish Club	22.00
5	38127 IAZ	Leung, Cheung Wai Ricky	55 Sword Fish Club	22.00
6	26261 IAZ	Tsun, Chung Wa Jode	59 Hong Kong Police	22.02
7	26594 IAZ	Ching, Wai Kin	59 Sword Fish Club	23.58
8	06175	Lo, King Man	56 Sea Green	29.00
9	05139	Lin, Fulong	56 Flying Fish	NT

60-64

1	50088 @^P	Tengku, Bahdar Johan	62 Sword Fish Club	18.00
2	04512	Wong, Shek Ming	63 New Water Polo	19.00
3	06202	Lau, Kim Wah	64 Fire Services	20.00
4	06256	Chan, Kwong Peter	62 Sea Green	20.00
5	41007 IAZ	So, Man Sing	62 Sea Green	21.00

65-69

1	17725 IAZ	Ng, Yu Hung	65 Sword Fish Club	18.08
2	06201	Wong, Cheuk Yin	67 Fire Services	20.00
3	06388	Lau, Man Kin	69 Sword Fish Club	22.00
4	26318	Suen, Chi Wing	69 Sword Fish Club	22.00
5	48753 IAX	Fung, Sik Tong	67 Sea Green	23.00
6	41739 IAZ	Ng, Chin Wing	68 Sea Green	23.00
7	06281	Fung, Kam Tai	68 Sword Fish Club	24.00
8	06187	Kan, Kai Kwong	68 Sea Green	27.00

70-74

1	06398	Cho, Wai Sun	70 Fastlane Swimming	18.00
2	06192	Chu, Shui Yi	72 Sea Green	23.00
3	20634 IAZ	Wu, Shu Sun	73 New Water Polo	25.00
4	44788 IAZ	Chui, Hong Sheung	74 Diocesan School	26.00
5	37341 IAZ	Tang, Shan	74 Sword Fish Club	26.00
6	06242	Lau, Heung Wing	74 Wong Tai Sin	30.00

75-79

1	04505	Chan, Kwok Hung	76 Hong Kong Police	25.00
2	09891	Wong, Chiu Shun	76 Sword Fish Club	25.00
3	06274	Wong, Yau Chuen	77 Sword Fish Club	30.00
4	44793 IAZ	Iu, Pui To	76 Diocesan School	36.00

80-84

1	38301 IAX	Cheung, Hao Yen	80 Lai Tsun	34.00
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85-89

1	05407	Lee, She Kwok	85 Sword Fish Club	32.00
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Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

Event 12 Women 25 SC Meter Backstroke

- 18-24 MSR: 15.19
- 25-29 MSR: 14.97
- 30-34 MSR: 15.12
- 35-39 MSR: 15.71
- 40-44 MSR: 16.08
- 45-49 MSR: 16.31
- 50-54 MSR: 16.27
- 55-59 MSR: 17.86
- 60-64 MSR: 20.35
- 65-69 MSR: 19.49

	ID#	Name	Age	Team	Seed Time
18-24... (Event 12 Women 25 SC Meter Backstroke)					
1	39029 IAZ	Fung, Yin Ching	21	Hoi Ngai	18.00
2	49846 IAZ	Li, Hong Yu Kanas	20	Pacific	25.00
3	49847 IAZ	Li, Ka Yu Karen	21	Pacific	25.00
4	49515 IAZ	Chau, Tsoi Yan	23	Crest Ray	NT
25-29					
1	05769 B	Kot, Chung Ling	29	Hong Kong Police	15.50
2	05722 B	Lam, Hoi Ying	29	Hong Kong Police	16.00
3	09959 #IAZ	Mok, Hoi Man Sheron	28	New Water Polo	16.00
4	08727 B	Hung Yuen Ching, Moose Culle	27	New Water Polo	30.00
30-34					
1	00085	Yu, Pei En Priscilla	34	Current Club Ltd	17.00
2	04674 IAZ	Lee, Hou Yin Dorothy	30	New Water Polo	17.00
3	05347	Chui, Kit Man	33	Hong Kong Police	18.00
4	50108 IAZ	Mak, Tze Man Ava	34	Kwun Tong	21.00
5	06608 B	Shek, Yan Sin	30	New Water Polo	25.00
6	28004 IAZ	Kwan, Ka Wan	30	Tung Sing	25.00
35-39					
1	26745 ICX	Chen, Yangyang	38	LRC	15.71
2	00288 IBZ	Yip, Wing Yan	35	Dik Wing	15.90
3	02131	Tsang, Ting Yan Tania	37	LRC	18.50
4	43489 @IAXN	Wehl Kwok, Hiu Chin June	37	LRC	20.00
5	03399 ICZ	Suen, Ka Yi	36	New Water Polo	20.00
6	42712 IAZ	Chan, Hiu Ying	39	Real Kinetic	22.00
7	49329 #@IAO	Ng, Carmen C M	39	Pacific	25.00
40-44					
1	09168	Wong, Wing Shan	40	Hong Kong Police	22.00
2	44676 IAZ	Lam, Sze Wai Jacqueline	43	Jockey Club	22.50
3	31022 IAZ	Lai, Pan Yin	40	Tuen Mun	NT
45-49					
1	40853 @IAO	Tam, Alison Mai Ling	45	Fastlane Swimming	17.00
2	07784 #IAZ	Tang, Mei Yin	46	Hong Kong Police	20.00
3	45139 IAZ	Tai, Kwan Yee	46	Hoi Fung	20.20
4	06315	Chan, Sui Yee	47	LRC	24.00
5	46181 IAZ	Ng, Yan Yan Bandy	47	Tung Sing	30.00
6	48942 IAZ	Wong, Wing Sze Sesy	47	Pacific	NT
50-54					
1	50082 @^P	Suzy, Purnawati Bratasena	54	Sword Fish Club	19.00
2	50080 @P	Herlin, Sri Lestari	52	Sword Fish Club	20.00
3	27463 IAX	Chen, Yugen	52	New Water Polo	22.00
4	49429 IAZ	Choy, Yee Ling Elina Elain	54	New Water Polo	22.00

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50-54... (Event 12 Women 25 SC Meter Backstroke)

5	35772 IAX	Ban, Xianhai	51 New Water Polo	30.00
6	47040 @IAX	Zou, Shengling	52 Tung Sing	30.00
7	40937 IAZ	Leung, Wai Fan Fanny	53 New Water Polo	43.00
8	48943 IAZ	Lui, Chit Ying Wendy	53 Pacific	NT

55-59

1	40907 IAZ	Lai, Shui Nin Ingrid	56 YMCA OF Hong Kong	19.00
2	26254 IAX	Ng, Kong Ching	58 New Water Polo	20.00
3	29752 IAZ	Chow, Yee Heung Liza	59 Lai Tsun	22.00
4	40575 IAO	Chan, San Ngah	55 Fastlane Swimming	25.37
5	48634 IAZ	Cheung, Wing Yee	57 New Water Polo	30.00
6	50084 @^P	Ambarsari, Mohamad Said	56 Sword Fish Club	30.00
7	38460 IAZ	Tang, Kit Fong Yvonne	59 New Water Polo	35.00
8	41911 IAZN	Ng, Kit Man Joanna	58 New Water Polo	44.30

60-64

1	49914 @IAXB	Ng, Yee Man	64 New Water Polo	19.00
2	50081 @^P	Damayanti, Johan	61 Sword Fish Club	23.00
3	20640 IAZ	Wong, Fung Yee	63 Sword Fish Club	26.00
4	22428 IAZ	Lau, Yuk Lin Rocky	61 Sea Green	26.00
5	37056 IAZ	Wong, Hoi Ping Carol	63 Tuen Mun	NT
6	28891 IAZ	Wan, Chui Wah	62 Lai Tsun	NT

65-69

1	06355	Lo, Lai Yung	68 New Water Polo	23.00
2	14007	Ho, Yuk Ling	66 Tung Sing	30.00
3	49428 IAX	Leong, Sao Fan	66 New Water Polo	40.00
4	25237 IAZ	Yu, Chi Seung	65 New Water Polo	40.00
5	21809 IAZ	Chan, Hung	67 Tuen Mun	NT

70-74

1	22852 ICX	Bai, Xiufen	72 Sword Fish Club	18.00
2	07440	Yip, Lai Kuen	72 Lai Tsun	33.00

75-79

1	32571 IAZ	Chan, Pui Yee	79 Sword Fish Club	30.00
2	17480 IAZ	Chow, Pui Han Angela	77 Lai Tsun	40.00

80-84

1	13262	Kwong, Shuet Hing	83 Wong Tai Sin	41.98
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Event 13 Men 100 SC Meter Freestyle Relay

100-119 MSR:	45.42
120-159 MSR:	45.52
160-199 MSR:	46.94
200-239 MSR:	51.80
240-279 MSR:	54.51
280-319 MSR:	1:00.84
320-359 MSR:	1:25.15

	Team	Relay	Seed Time
100-119			
1	Hong Kong Police Swimming	M100 A	50.95
2	New Water Polo Club	M100 A	NT
3	HK Flying Fish Athletic Assn	M100 A	NT
4	Diocesan School Old Boys' Assn	M100 A	NT
120-159			
1	Hong Kong Police Swimming	M120 A	52.04
2	HK Fire Services S. & W. Club	M120 A	55.00
3	Pacific Swimming Club	M120 A	1:30.00
4	Sword Fish Club	M120 A	NT

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120-159... (Event 13 Men 100 SC Meter Freestyle Relay)

5	Crest Ray Recreation and Sports	M120 A	NT
6	Fastlane Swimming	M120 A	NT
7	New Water Polo Club	M120 A	NT
8	Kwun Tong Swimming Club	M120 A	NT
9	HK Flying Fish Athletic Assn	M120 A	NT
10	Diocesan School Old Boys' Assn	M120 A	NT

160-199

1	Hong Kong Police Swimming	M160 A	52.26
2	HK Fire Services S. & W. Club	M160 A	1:00.00
3	Pacific Swimming Club	M160 A	1:30.00
4	HK Flying Fish Athletic Assn	M160 A	NT
5	Sword Fish Club	M160 A	NT
6	Fastlane Swimming	M160 A	NT
7	New Water Polo Club	M160 A	NT
8	Kwun Tong Swimming Club	M160 A	NT
9	Diocesan School Old Boys' Assn	M160 A	NT
10	Ladies' Recreation Club	M160 A	NT

200-239

1	Hong Kong Police Swimming	M200 A	1:01.30
2	Hoi Fung Swimming Club	M200 A	1:12.48
3	Wong Tai Sin District L.S. S.	M200 A	2:30.00
4	Lai Tsun Swimming Society	M200 A	NT
5	Sword Fish Club	M200 A	NT
6	Sea Green Swimming & L.S. Club	M200 A	NT
7	Fastlane Swimming	M200 A	NT
8	New Water Polo Club	M200 A	NT
9	Kwun Tong Swimming Club	M200 A	NT
10	Diocesan School Old Boys' Assn	M200 A	NT
11	Ladies' Recreation Club	M200 A	NT

240-279

1	Hong Kong Police Swimming	M240 A	1:10.00
2	Lai Tsun Swimming Society	M240 A	NT
3	Sword Fish Club	M240 A	NT
4	Sea Green Swimming & L.S. Club	M240 A	NT
5	New Water Polo Club	M240 A	NT
6	Diocesan School Old Boys' Assn	M240 A	NT

280-319

1	Lai Tsun Swimming Society	M280 A	NT
2	Sword Fish Club	M280 A	NT
3	New Water Polo Club	M280 A	NT
4	Diocesan School Old Boys' Assn	M280 A	NT

320-359

1	Sword Fish Club	M320 A	NT
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Event 14 Women 100 SC Meter Freestyle Relay

100-119 MSR:	54.79
120-159 MSR:	54.30
160-199 MSR:	55.11
200-239 MSR:	1:01.27
240-279 MSR:	1:06.99
280-319 MSR:	1:11.72

	Team	Relay	Seed Time
100-119			
1	Hong Kong Police Swimming	W100 A	59.88

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100-119... (Event 14 Women 100 SC Meter Freestyle Relay)

2 New Water Polo Club W100 A NT

120-159

1 Hong Kong Police Swimming W120 A 1:00.48

2 Pacific Swimming Club W120 A 1:30.00

3 Sword Fish Club W120 A NT

4 Fastlane Swimming W120 A NT

5 New Water Polo Club W120 A NT

160-199

1 Hong Kong Police Swimming W160 A 1:05.00

2 Hoi Fung Swimming Club W160 A 1:08.27

3 Pacific Swimming Club W160 A 1:30.00

4 Sword Fish Club W160 A NT

5 Fastlane Swimming W160 A NT

6 New Water Polo Club W160 A NT

7 Ladies' Recreation Club W160 A NT

200-239

1 Tung Sing Athletic Association W200 A 1:20.00

2 Sword Fish Club W200 A NT

3 Tuen Mun Swimming Association W200 A NT

4 New Water Polo Club W200 A NT

5 Kwun Tong Swimming Club W200 A NT

6 Ladies' Recreation Club W200 A NT

240-279

1 Lai Tsun Swimming Society W240 A NT

2 Sword Fish Club W240 A NT

3 Sea Green Swimming & L.S. Club W240 A NT

4 New Water Polo Club W240 A NT

280-319

1 Lai Tsun Swimming Society W280 A NT

2 Sword Fish Club W280 A NT

Event 15 Men 50 SC Meter Breaststroke

18-24 MSR: 29.16

25-29 MSR: 29.15

30-34 MSR: 29.76

35-39 MSR: 30.71

40-44 MSR: 28.91

45-49 MSR: 30.99

50-54 MSR: 33.32

55-59 MSR: 34.52

60-64 MSR: 36.15

65-69 MSR: 37.04

ID#	Name	Age	Team	Seed Time
18-24				
1	20934 B	Tang, Ho Chuen	23 Diocesan School	30.00
2	15390 B	Lau, Yat Fung	24 Diocesan School	31.00
3	27205 P	Chan, Yan Shing	21 Current Club Ltd	31.51
4	22513 IAZ	Tang, Cheuk Yan	23 Kwun Tong	32.00
5	48045 IAZ	Lo, Tsz Wang	20 Kwun Tong	33.00
6	22816 IAZ	Cheung, Tsz Nok	20 Dik Wing	33.40
7	28567 #IAZ	Tam, Wang Yin	23 New Water Polo	35.00
8	15351 IAZ	Chang, Jaw Ting	22 Pacific	37.00
9	29520 IAZ	Chui, Yu Hin	23 Pacific	37.00
10	41451 IAZ	Kwan, Wing Hin	19 Crest Ray	NT

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18-24... (Event 15 Men 50 SC Meter Breaststroke)

11	25676 B	Chan, Wai Ho	20	Tung Sing	NT
25-29					
1	05642 IBZ	Lok, Ho Chun	29	Hong Kong Police	32.04
2	23081 IAZ	Loo, Chun Hei	25	Dik Wing	34.40
3	28300 IAZ	Luk, Ho Man	27	Tolo Harbour	36.00
30-34					
1	01539 IBZ	Lee, Yeung Darwin	34	Fire Services	32.00
2	02591	Luk, Wing Kin Andy	34	Kwan Hung	32.00
3	42728 P	Febo, Christopher Vincenzo	30	Sword Fish Club	32.00
4	10221 IBZ	Tam, Ka Ho Ricky	32	Hong Kong Police	33.50
5	09319 IBZ	Chan, Chun Wing	31	New Water Polo	33.81
6	02766 IBZ	Ma, Siu Chun Jason	32	Flying Fish	35.00
7	19408 IAZ	Chan, Yue Yat	30	Sword Fish Club	35.00
8	49546 @ICO	Ly, Jonathan	31	Kwun Tong	38.00
9	02040	Yei, Tak Sau	34	Flying Fish	39.00
10	48262 IAZ	Quan, Wing Yeung Marwick	33	Sword Fish Club	39.00
11	48937 IAZ	Yiu, Long Hin	33	Pacific	42.85
12	49516 @IAX	Chan, Cheuk Wai	31	Crest Ray	NT
13	03978	Lau, Chun Sing	31	Marlins	NT
35-39					
1	42367 IAO	Chow, Chun Yin	37	Diocesan School	31.00
2	03716 ICZ	Yan, Ho Chun	38	Diocesan School	31.00
3	47580 @IAO	Poon, Derrick Gene-ming	35	Fastlane Swimming	31.60
4	06960 ICZ	Lau, Yan Kid	39	Fire Services	32.00
5	00314 IBZ	Mok, Hon Hei	35	Hong Kong Police	33.40
6	03717 IBZ	Yeung, Ka Ho	36	Dik Wing	34.40
7	48666 @ICO	Upman, David Ross	39	Fastlane Swimming	37.00
8	27469 IAX	Lam, Kin Wang	38	Hong Kong Police	38.65
9	41147 IAZ	Mok, Lai Yeung Jason	39	Diocesan School	39.00
10	44298 IAZ	Tong, Lik Lam	39	Pacific	NT
40-44					
1	35790 ICO	Launay, Thomas	44	LRC	33.59
2	40834 IAZ	Chang, Hsi Tse JosephJeremy	44	Diocesan School	36.00
3	24266 IAZ	Ma, Ling Ho Herwin	40	Hong Kong Police	36.00
4	50012 @IAO	Griffiths, Evan Paul	43	Fastlane Swimming	39.50
5	10317	Ng, Ka Wing	43	Diocesan School	40.00
6	40107 IAZ	Chan, Falcon	44	Lai Tsun	40.00
7	24965 IAZ	Leung, Yuk Ki	43	Hong Kong Police	41.42
8	42708 IAZ	Tang, Wing Chung Jonathan	41	Hoi Fung	42.31
9	49658 IAZ	Wong, Ming Yeung Anthony	44	Lai Tsun	NT
45-49					
1	43034 P	Imai, Ryosuke	45	Fastlane Swimming	30.00
2	17961 ICO	Jones, Simon	47	LRC	33.43
3	05160	Chan, Ka Wo	46	Diocesan School	35.00
4	06316	Chan, Sze Tat	48	Hong Kong Police	36.45
5	16451	Cheng, Ngai Bun	45	Kwun Tong	39.00
6	40835 IAZ	Leung, Wing Hong Alvin	49	Diocesan School	43.00
7	48593 IAZ	Cheng, Wai Leung	46	Sword Fish Club	44.00
8	48939 IAZ	Ho, Lik Shan	49	Pacific	50.53
9	26790 ICO	Green, Malcolm John	47	Chi Kin	NT
50-54					
1	25592 IAZ	Cheung, Wai Kei	51	Flying Fish	38.37
2	26317 IAZN	Tung, Shang Wei Timothy	53	Kwun Tong	39.00
3	21008 IAZ	Cheung, Chun Kwan Michael	50	Wong Tai Sin	39.00

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50-54... (Event 15 Men 50 SC Meter Breaststroke)

4	49010 @IAON	Cheung, Stephen Wen Ping	52 Kwun Tong	40.00
5	49957 @IAO	Matsuzawa, Atsushi	52 Fastlane Swimming	42.00
6	06229	Mak, Wing Yin	50 Hong Kong Police	42.00
7	42364 IAZ	Lau, Yip Kwong Francis	54 Diocesan School	44.00
8	22419 IAZ	Fok, Kai Yuen	50 Sword Fish Club	45.00
9	41146 IAZ	Yiu, Ka Fung Vincent	54 Diocesan School	50.00

55-59

1	35677 IAZ	Choy, Kwok Ping	55 Kwun Tong	34.00
2	05138	Lanzone, Francesco	55 Barracuda	38.00
3	18856 IAZ	Au, Mun Shing	58 Sword Fish Club	39.00
4	10135 IAZ	Mo, Kim Fung Bosco	59 Kwun Tong	39.00
5	25579 IAZ	Leung, Tak Sing	57 Hoi Fung	40.25
6	40592 IAZ	Fo, Pui Keung	59 Hong Kong Police	42.06
7	26594 IAZ	Ching, Wai Kin	59 Sword Fish Club	44.02
8	48938 IAZ	Ng, Kim Hung Justin	58 Pacific	47.31
9	40840 IAZ	Ng, Ka Yiu Karl	59 Diocesan School	48.00
10	29472 IAZN	Choi, Kwok Man Tony	57 Sword Fish Club	57.00

60-64

1	06202	Lau, Kim Wah	64 Fire Services	40.00
2	45930 IAZ	Lo, Wing Kwong	62 Sun Yip	41.00
3	19866 IAZ	Wong, Tak Choi Paul	60 Hong Kong Police	42.50
4	26176 IAX	Ho, Chung Man	60 Lai Tsun	46.00
5	27468 IAZ	Tsang, Man Wai Herman	64 Hong Kong Police	47.12
6	04512	Wong, Shek Ming	63 New Water Polo	49.00
7	45198 IAZN	Lam, Tsz Kiu Goldie	61 Sea Green	49.00
8	36725 IAZ	Yau, Wai	64 Sea Green	49.00
9	18872 IAZ	Chan, Kin Chung	62 Wong Tai Sin	49.00
10	50093 IAZ	Chu, Wan Fuk	63 New Water Polo	50.00
11	41426 IAZ	Tang, Yu Hang Francis	62 Tung Sing	52.00

65-69

1	06176	Wong, Kung Wan	67 Sea Green	39.00
2	17725 IAZ	Ng, Yu Hung	65 Sword Fish Club	41.00
3	19350 IAZ	Leung, Chi Wah	66 Hong Kong Police	45.77
4	06281	Fung, Kam Tai	68 Sword Fish Club	48.00
5	49915 @IAX	Tai, Yu Chung	65 New Water Polo	50.00

70-74

1	06382	Chan, Kam Por	71 Sword Fish Club	43.00
2	05917	Yong, Khin Syn	74 Sword Fish Club	44.00
3	06243	Koo, Choi Fat	73 Wong Tai Sin	48.00
4	20634 IAZ	Wu, Shu Sun	73 New Water Polo	50.00
5	06389	Chan, Hong Wah	70 New Water Polo	53.00
6	44788 IAZ	Chui, Hong Sheung	74 Diocesan School	55.00
7	06242	Lau, Heung Wing	74 Wong Tai Sin	1:07.00
8	50109 @IAX	Lau, Tat Sang	72 New Water Polo	1:10.00

75-79

1	03845	Tin, Sheung Kwai	76 New Water Polo	43.11
2	14029	Ieong, Vun Fai	77 Sword Fish Club	56.00
3	10274	Lau, Chun Nung	77 Lai Tsun	1:00.00
4	44793 IAZ	Iu, Pui To	76 Diocesan School	1:01.00
5	49541 @IAXN	Yang, Victor	78 Diocesan School	1:10.00

80-84

1	06270	Lam, Luk Kan	82 Sword Fish Club	1:50.00
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85-89

1	06246	Ling, Wang Yam	86 Wong Tai Sin	1:16.00
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Event 16 Women 50 SC Meter Breaststroke

18-24 MSR:	34.80
25-29 MSR:	35.73
30-34 MSR:	35.44
35-39 MSR:	37.14
40-44 MSR:	34.87
45-49 MSR:	38.42
50-54 MSR:	37.68
55-59 MSR:	38.71
60-64 MSR:	39.01
65-69 MSR:	49.83

	ID#	Name	Age	Team	Seed Time
18-24... (Event 16 Women 50 SC Meter Breaststroke)					
1	26669 P	Mak, Ho Yan	20	Eastern Winter	35.00
2	23105 IAZ	Ho, Cheuk Wai	22	Dik Wing	38.40
3	39029 IAZ	Fung, Yin Ching	21	Hoi Ngai	40.00
25-29					
1	08238 B	Li, Tsz Yu	29	New Water Polo	35.00
2	05722 B	Lam, Hoi Ying	29	Hong Kong Police	40.00
3	46331 @ICO	Brueck, Hannah Madeleine	27	Fastlane Swimming	41.00
4	15442 IBZ	Cheong, Ka Ching	29	Fastlane Swimming	41.00
5	11998 IAZ	Lai, Yee Wing Jannet	28	Hong Kong Police	42.00
6	08727 B	Hung Yuen Ching, Moose Culle	27	New Water Polo	45.00
7	12724 IAZ	Wan, Tsz Huen Alexsandra	26	Crest Ray	48.91
8	43533 IAZ	Wong, Yu Tung	25	New Water Polo	55.00
9	47460 IAZ	Mak, Cheuk Lam	28	New Water Polo	1:00.00
30-34					
1	03730 IBZ	Li, Jamie	31	Kwan Hung	40.00
2	01552 IBZ	Lai, Hiu Ling	34	New Water Polo	42.00
3	00085	Yu, Pei En Priscilla	34	Current Club Ltd	42.75
4	02295 IBZ	Tao, Wai Kiu	30	Pacific	45.00
5	38431 IAZ	Tsang, Hiu Ching	31	Hong Kong Police	46.79
35-39					
1	03070	Tu, Pui Yee	39	Hong Kong Police	38.39
2	03399 ICZ	Suen, Ka Yi	36	New Water Polo	39.00
3	01305 IBZ	Liu, Ka Lei	38	Kwun Tong	40.00
4	49329 #@IAO	Ng, Carmen C M	39	Pacific	45.00
5	07651 IBZ	Yu, Sze Wai Joyce	35	Hong Kong Police	46.31
6	43489 @IAXN	Wehl Kwok, Hiu Chin June	37	LRC	47.29
7	00777 IBZ	Tse, Yu Ting	37	New Water Polo	48.01
8	50102 IAO	Li, Jacqueline Hsuanying	36	Fastlane Swimming	49.80
40-44					
1	39979 IAZ	Lam, Ling Wai Jessica	44	Lai Tsun	46.00
2	02727 ICZ	Lui, Wing Yee	40	Hoi Tin	50.00
3	49121 IAZ	So, Chin Wing	44	Juan Hua Club	51.10
4	44676 IAZ	Lam, Sze Wai Jacqueline	43	Jockey Club	55.50
5	30072 ICW	Chao, Man Chi	44	New Water Polo	1:00.00
45-49					
1	46247 @IAO	Krkalo, Shauna Kathleen	45	LRC	34.72
2	35765 IAZ	Wong, See Ming	45	Hong Kong Police	42.11
3	36434 IAZ	Lam, Wing Yan Jada	49	Jockey Club	53.50
4	06209	Lam, Yuet Tung	47	Hong Kong Police	55.85
5	50015 @IAX	Du, Shengqiong	48	New Water Polo	1:20.00

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50-54... (Event 16 Women 50 SC Meter Breaststroke)

1	33517 IAO	Yamaguchi, Mika	51	Fastlane Swimming	38.42
2	49204 IAZ	Cheng, Wai Man	52	Sea Green	46.00
3	06349	Ip, Oi Wa Wendy	51	Sword Fish Club	50.00
4	27463 IAX	Chen, Yugen	52	New Water Polo	52.00
5	44304 IAX	Choi, Shan Shan	51	Sword Fish Club	1:00.00
6	48201 IAZ	Poon, Nga Yi	50	Tolo Harbour	1:10.00
7	40937 IAZ	Leung, Wai Fan Fanny	53	New Water Polo	1:20.00
8	48943 IAZ	Lui, Chit Ying Wendy	53	Pacific	NT
9	50110 IAZ	Chow, Yin Wei Nora	51	New Water Polo	NT

55-59

1	29752 IAZ	Chow, Yee Heung Liza	59	Lai Tsun	47.00
2	50084 @^P	Ambarsari, Mohamad Said	56	Sword Fish Club	58.00
3	38289 IAZ	Ng, Wai Lin Angie	59	Sword Fish Club	1:00.00
4	38460 IAZ	Tang, Kit Fong Yvonne	59	New Water Polo	1:10.00
5	44303 IAZ	Lam, Man Lai	57	Sword Fish Club	1:14.00

60-64

1	49914 @IAXB	Ng, Yee Man	64	New Water Polo	45.00
2	22428 IAZ	Lau, Yuk Lin Rocky	61	Sea Green	51.00
3	45187 IAX	Chan, On Mei	60	Sword Fish Club	56.00
4	28891 IAZ	Wan, Chui Wah	62	Lai Tsun	1:00.00
5	37056 IAZ	Wong, Hoi Ping Carol	63	Tuen Mun	NT

65-69

1	14007	Ho, Yuk Ling	66	Tung Sing	1:00.00
2	06355	Lo, Lai Yung	68	New Water Polo	1:05.00
3	49428 IAX	Leong, Sao Fan	66	New Water Polo	1:20.00
4	21809 IAZ	Chan, Hung	67	Tuen Mun	NT

70-74

1	06147	Leung Wong, Yin Har Hayley	71	Sea Green	1:30.00
2	06212	Lo, Yeuk Shuen	74	Wong Tai Sin	1:30.00

75-79

1	17480 IAZ	Chow, Pui Han Angela	77	Lai Tsun	1:20.00
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80-84

1	06374	Wong, Jim	82	Sword Fish Club	1:05.00
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Event 17 Mixed 100 SC Meter Medley Relay

	Team	Relay	Seed Time
X100-119			
1	Tolo Harbour Swimming T. S.	X100 A	59.00
2	Hong Kong Police Swimming	€100 A	1:03.00
3	Pacific Swimming Club	X100 A	1:40.00
4	New Water Polo Club	X100 A	NT
5	HK Flying Fish Athletic Assn	X100 A	NT
X120-159			
1	Hong Kong Police Swimming	€120 A	1:08.00
2	Pacific Swimming Club	X120 A	1:40.00
3	Sword Fish Club	X120 A	NT
4	Crest Ray Recreation and Spo	K120 A	NT
5	Fastlane Swimming	X120 A	NT
6	New Water Polo Club	X120 A	NT
7	Current Club Ltd	X120 A	NT
8	Kwun Tong Swimming Club	X120 A	NT
9	HK Flying Fish Athletic Assn	X120 A	NT

Short Course MS Swimming Competition Part 2 - 11/02/2023

Psych Sheet

X160-199... (Event 17 Mixed 100 SC Meter Medley Relay)

1	Hong Kong Police Swimming	X160 A	1:15.00
2	Sword Fish Club	X160 A	NT
3	Fastlane Swimming	X160 A	NT
4	New Water Polo Club	X160 A	NT
5	Kwun Tong Swimming Club	X160 A	NT
6	Ladies' Recreation Club	X160 A	NT

X200-239

1	Hong Kong Police Swimming	X200 A	1:20.00
2	Hoi Fung Swimming Club	X200 A	1:30.26
3	Pacific Swimming Club	X200 A	2:00.00
4	Lai Tsun Swimming Society	X200 A	NT
5	Sword Fish Club	X200 A	NT
6	Fastlane Swimming	X200 A	NT
7	New Water Polo Club	X200 A	NT
8	Kwun Tong Swimming Club	X200 A	NT
9	Ladies' Recreation Club	X200 A	NT

X240-279

1	Juan Hua Club	X240 A	1:59.00
2	Lai Tsun Swimming Society	X240 A	NT
3	Sword Fish Club	X240 A	NT
4	Sea Green Swimming & L.S. C	X240 A	NT
5	Tuen Mun Swimming Associa	X240 A	NT
6	New Water Polo Club	X240 A	NT

X280-319

1	Wong Tai Sin District L.S. S.	X280 A	2:30.00
2	Lai Tsun Swimming Society	X280 A	NT
3	Sword Fish Club	X280 A	NT
4	New Water Polo Club	X280 A	NT

X320-359

1	Sword Fish Club	X320 A	NT
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