

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 1)

2023 - 2024 第一組短池分齡游泳比賽第一節

Date: 30 December 2023 (Saturday) **Venue:** Victoria Park Swimming Pool 維多利亞公園游泳池
Warm up: 1400 - 1445 hours **First Event:** 1500 hours

GIRLS 女

BOYS 男

1	13 & 14 YRS	800M	FREESTYLE	自由泳	~
3	15 - 17 YRS	800M	FREESTYLE	自由泳	~
5	18 & OVER	800M	FREESTYLE	自由泳	~
~	13 & 14 YRS	1500M	FREESTYLE	自由泳	2
~	15 - 17 YRS	1500M	FREESTYLE	自由泳	4
~	18 & OVER	1500M	FREESTYLE	自由泳	6

截止註冊日期 CLOSING DATE FOR REGISTRATION: **17 November 2023 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **8 December 2023 (1700 hours)**

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 1)

2023 - 2024 第一組短池分齡游泳比賽第一節

Date:	31 December 2023 (Sunday)	Venue:	Victoria Park Swimming Pool 維多利亞公園游泳池
Morning Warm up:	0800 - 0845 hours	Morning Session First Event:	0900 hours
Afternoon Warm up:	1300 - 1345 hours	Afternoon Session First Event:	1400 hours

GIRLS 女

BOYS 男

7	11 & 12 YRS	200M	BUTTERFLY	蝶泳	8
9	13 & 14 YRS	200M	BUTTERFLY	蝶泳	10
11	15 - 17 YRS	200M	BUTTERFLY	蝶泳	12
13	18 & OVER	200M	BUTTERFLY	蝶泳	14
15	10 YRS & UNDER	50M	BACKSTROKE	背泳	16
17	11 & 12 YRS	50M	BACKSTROKE	背泳	18
19	13 & 14 YRS	50M	BACKSTROKE	背泳	20
21	15 - 17 YRS	50M	BACKSTROKE	背泳	22
23	18 & OVER	50M	BACKSTROKE	背泳	24
25	10 YRS & UNDER	100M	BREASTSTROKE	蛙泳	26
27	11 & 12 YRS	100M	BREASTSTROKE	蛙泳	28
29	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	30
31	15 - 17 YRS	100M	BREASTSTROKE	蛙泳	32
33	18 & OVER	100M	BREASTSTROKE	蛙泳	34

LUNCH BREAK 午膳時間

35		4x100M	FREE RELAY	自由接力	36
37	10 YRS & UNDER	100M	IND. MEDLEY	個人四式	38
39	11 & 12 YRS	100M	IND. MEDLEY	個人四式	40
41	13 & 14 YRS	100M	IND. MEDLEY	個人四式	42
43	15 - 17 YRS	100M	IND. MEDLEY	個人四式	44
45	18 & OVER	100M	IND. MEDLEY	個人四式	46
47	10 YRS & UNDER	200M	FREESTYLE	自由泳	48
49	11 & 12 YRS	200M	FREESTYLE	自由泳	50
51	13 & 14 YRS	200M	FREESTYLE	自由泳	52
53	15 - 17 YRS	200M	FREESTYLE	自由泳	54
55	18 & OVER	200M	FREESTYLE	自由泳	56

截止註冊日期 CLOSING DATE FOR REGISTRATION: **17 November 2023 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **8 December 2023 (1700 hours)**

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 2)

2023 - 2024 第一組短池分齡游泳比賽第二節

Date:	10 September 2023 (Sunday)	Venue:	Victoria Park Swimming Pool 維多利亞公園游泳池
Morning Warm up:	0800 - 0845 hours	Morning Session First Event:	0900 hours
Afternoon Warm Up:	1300 - 1345 hours	Afternoon Session First Event:	1400 hours

GIRLS 女

BOYS 男

1	10 YRS & UNDER	100M	BUTTERFLY	蝶泳	2
3	11 & 12 YRS	100M	BUTTERFLY	蝶泳	4
5	13 & 14 YRS	100M	BUTTERFLY	蝶泳	6
7	15 - 17 YRS	100M	BUTTERFLY	蝶泳	8
9	18 & OVER	100M	BUTTERFLY	蝶泳	10
11	11 & 12 YRS	200M	BACKSTROKE	背泳	12
13	13 & 14 YRS	200M	BACKSTROKE	背泳	14
15	15 - 17 YRS	200M	BACKSTROKE	背泳	16
17	18 & OVER	200M	BACKSTROKE	背泳	18
19	10 YRS & UNDER	50M	FREESTYLE	自由泳	20
21	11 & 12 YRS	50M	FREESTYLE	自由泳	22
23	13 & 14 YRS	50M	FREESTYLE	自由泳	24
25	15 - 17 YRS	50M	FREESTYLE	自由泳	26
27	18 & OVER	50M	FREESTYLE	自由泳	28
29		4X200M	FREE RELAY	自由接力	30
LUNCH BREAK 午膳時間					
31	10 YRS & UNDR	200M	IND. MEDLEY	個人四式	32
33	11 & 12 YRS	200M	IND. MEDLEY	個人四式	34
35	13 & 14 YRS	200M	IND. MEDLEY	個人四式	36
37	15 - 17 YRS	200M	IND. MEDLEY	個人四式	38
39	18 & OVER	200M	IND. MEDLEY	個人四式	40
41	10 YRS & UNDER	50M	BREASTSTROKE	蛙泳	42
43	11 & 12 YRS	50M	BREASTSTROKE	蛙泳	44
45	13 & 14 YRS	50M	BREASTSTROKE	蛙泳	46
47	15 - 17 YRS	50M	BREASTSTROKE	蛙泳	48
49	18 & OVER	50M	BREASTSTROKE	蛙泳	50
51	11 & 12 YRS	400M	FREESTYLE	自由泳	52
53	13 & 14 YRS	400M	FREESTYLE	自由泳	54
55	15 - 17 YRS	400M	FREESTYLE	自由泳	56
57	18 & OVER	400M	FREESTYLE	自由泳	58

截止註冊日期 CLOSING DATE FOR REGISTRATION: **28 July 2023 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **18 August 2023 (1700 hours)**

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 3)

2023 - 2024 第一組短池分齡游泳比賽第三節

Date: 9 December 2023 (Saturday) **Venue:** Victoria Park Swimming Pool 維多利亞公園游泳池
Warm up: 1400 - 1445 hours **First Event:** 1500 hours

GIRLS 女

BOYS 男

1	13 & 14 YRS	1500M	FREESTYLE	自由泳	~
3	15 - 17 YRS	1500M	FREESTYLE	自由泳	~
5	18 & OVER	1500M	FREESTYLE	自由泳	~
~	13 & 14 YRS	800M	FREESTYLE	自由泳	2
~	15 - 17 YRS	800M	FREESTYLE	自由泳	4
~	18 & OVER	800M	FREESTYLE	自由泳	6

截止註冊日期 CLOSING DATE FOR REGISTRATION: **27 October 2023 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **17 November 2023 (1700 hours)**

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 3)

2023 - 2024 第一組短池分齡游泳比賽第三節

Date:	10 December 2023 (Sunday)	Venue:	Victoria Park Swimming Pool 維多利亞公園游泳池
Morning Warm up:	0800 - 0845 hours	Morning Session First Event:	0900 hours
Afternoon Warm up:	1300 - 1345 hours	Afternoon Session First Event:	1400 hours

GIRLS 女

BOYS 男

7	10 YRS & UNDER	100M	FREESTYLE	自由泳	8
9	11 & 12 YRS	100M	FREESTYLE	自由泳	10
11	13 & 14 YRS	100M	FREESTYLE	自由泳	12
13	15 - 17 YRS	100M	FREESTYLE	自由泳	14
15	18 & OVER	100M	FREESTYLE	自由泳	16
17	10 YRS & UNDER	50M	BUTTERFLY	蝶泳	18
19	11 & 12 YRS	50M	BUTTERFLY	蝶泳	20
21	13 & 14 YRS	50M	BUTTERFLY	蝶泳	22
23	15 - 17 YRS	50M	BUTTERFLY	蝶泳	24
25	18 & OVER	50M	BUTTERFLY	蝶泳	26
27	11 & 12 YRS	200M	BREASTSTROKE	蛙泳	28
29	13 & 14 YRS	200M	BREASTSTROKE	蛙泳	30
31	15 - 17 YRS	200M	BREASTSTROKE	蛙泳	32
33	18 & OVER	200M	BREASTSTROKE	蛙泳	34

LUNCH BREAK 午膳時間

35		4X100M	MEDLEY RELAY	四式接力	36
37	10 YRS & UNDER	100M	BACKSTROKE	背泳	38
39	11 & 12 YRS	100M	BACKSTROKE	背泳	40
41	13 & 14 YRS	100M	BACKSTROKE	背泳	42
43	15 - 17 YRS	100M	BACKSTROKE	背泳	44
45	18 & OVER	100M	BACKSTROKE	背泳	46
47	13 & 14 YRS	400M	IND. MEDLEY	個人四式	48
49	15 - 17 YRS	400M	IND. MEDLEY	個人四式	50
51	18 & OVER	400M	IND. MEDLEY	個人四式	52

截止註冊日期 CLOSING DATE FOR REGISTRATION: **27 October 2023 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **17 November 2023 (1700 hours)**