



HONG KONG AMATEUR SWIMMING ASSOCIATION

Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon

Tel: (852) 2572 8594 Fax: (852) 2591 0792 E-mail: hkasa@hkasa.org.hk Web-site: www.hkasa.org.hk

<Press Release>

Hong Kong Long Course Swimming Time Trial IV - New Hong Kong Records & Result

Hong Kong Long Course Swimming Time Trial IV is completed smoothly and successfully on 20th June 2021 at Hong Kong Sports Institute's Swimming Pool.

In the afternoon session, swimmer HO Nam Wai has achieved Olympic Selection Time (B Time) in Women 200m Freestyle with time 2:00.43 and HO Ian Yentou has achieved Olympic Qualifying Time (A Time) in Men 50m Freestyle with time 21.97, he has also broken his own Hong Kong record that just set in the morning session and is the first male swimmer who achieved Olympic Qualifying A time in Hong Kong!

Congratulations!



Ev:014 H:1 F 200 m Freestyle			
QOTA	1:51.28	OSTB	2:00.80
			2:00.43
1	Wong, Hoi Wai	HVA	2:10.05 6
2	Ng, Lai Wa	HTA	2:07.98 5
3	Tang, Tsoi Lam K	HVA	2:04.18 4
4	Ho, Nam Wai	WTS	2:00.43 1
5	Cheng, Chloe	PSC	2:03.48 2
6	Sze, Hang Yu	WTS	2:03.82 3
7	Ng, Sze Kwan	KTC	2:13.29 7
8	Leung, Wing Tsun	WTS	2:15.74 8

<<Competition shot & result of Women 200m Freestyle>>





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<<Photo of HO Ian Yentou after breaking new Hong Kong Record in Men 50m Freestyle with Referee Mr. YUEN Wai Pui>>

Total three Hong Kong Records are broken and 2 swimmers achieved B time today, please see the details as below:

Swimmer Name	Event	Time Achieved	OQT (A Time) / OST (B Time) / HK Record
HAUGHEY Siobhan Bernadette	Women 100m Freestyle	52.92	OQT (A Time) and HK record
HO Ian Yentou	Men 50m Freestyle	21.97	OQT (A Time) and HK record
LIM Nicholas Owen Zhaoguan	Men 100m Butterfly	53.63	HK Record
CHENG Chloe	Women 200m Individual Medley	2:15.80	OST (B Time)
HO Nam Wai	Women 200m Freestyle	2:00.43	OST (B Time)





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Please find the Olympic qualified swimmers summary listed (as of 20th June 2021) below for your reference.

Women

Event	Swimmer Name	Time Achieved	OQT (A Time) / OST (B Time)
50m Free	HAUGHEY Bernadette Siobhan	24.59	A
	TAM Hoi Lam	25.38	B
100m Free	*HAUGHEY Bernadette Siobhan	52.92	A
	CHENG Camille Lily Mei	55.07	B
	TAM Hoi Lam	55.14	B
200m Free	HAUGHEY Bernadette Siobhan	1:54.89	A
	CHENG Camille Lily Mei	2:00.20	B
	*HO Nam Wai	2:00.43	B
400m Free	HAUGHEY Bernadette Siobhan	4:10.87	B
	HO Nam Wai	4:14.04	B
1500m Free	HO Nam Wai	16:51.05	B
100m Back	AU Hoi Shun Stephanie	1:00.22	A
	WONG Toto Kwan To	1:01.29	B





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100m Breast	YEUNG Jamie Zhen Mei	1:08.70	B
*200m Individual Medley	CHENG Chloe	2:15.80	B

Plus Women 4x 100m & 4 x200m Freestyle Relay, Women 4 x 100m Medley Relay

Men

Event	Swimmer Name	Result	OQT (A Time) / OST (B Time)
*50m Free	Ian Yentou HO	21.97	A
200m Free	CHEUK Ming Ho	1:47.97	B
400m Free	CHEUK Ming Ho	3:50.53	B
800m Free	CHEUK Ming Ho	8:03.41	B

*Subject to FINA's approval

You may download the high resolution photos at the following link:-

https://drive.google.com/drive/folders/1b5kdKe6KihGwnf6Wa8yFO7qcrzI_6lzF

Please note that the link will be **invalid** after **22nd June 2021 (Tuesday)**.

Should you have any enquiry, please feel free to contact Ms. Queenie WONG, Ms. Charling CHEUNG or Ms. Della LEUNG at 2572 8594

Hong Kong Amateur Swimming Association

20th June 2021





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<新聞稿>

香港長池游泳計時賽 IV – 成績概覽

香港長池游泳計時賽 IV 已於六月二十日於香港體育學院順利完成。香港一班頂尖泳手事隔個半月時間，再參與閉門式比賽並帶來喜訊！

泳員何南慧在下午賽事狀態大勇，於女子 200 米自由泳項目中以 2 分 00 秒 43 達到奧運 B 標！而何甄陶於男子 50 米自由泳中游出 21 秒 97 成績，再次打破今早自己創下的香港紀錄，成為香港有史以來首位達到奧運 A 標的男泳員！



Ev:014 H:1 F 200 m Freestyle			
DATA	15.128	OSTB	2:00.83
1	Wong, Hoi Wai	HVA	2:10.05 6
2	Ng, Lai Wa	HTA	2:07.98 5
3	Tang, Tsoi Lam K	HVA	2:04.18 4
4	Ho, Nam Wai	WTS	2:00.43 1
5	Cheng, Chloe	PSC	2:03.48 2
6	Sze, Hang Yu	WTS	2:03.82 3
7	Ng, Sze Kwan	KTC	2:13.29 7
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<<女子 200 米自由式比賽情況及成績>>



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<<何甄陶於男子 50 米自由泳中刷新新香港紀錄後與總裁判袁偉培合照>>

今天賽事一共有三項新的香港紀錄及 2 位泳員達到奧運 B 標。詳情可參閱以下列表:

泳員姓名	項目	成績	OQT (A Time) / OST (B Time) / HK Record
何詩蓓	女子 100 米自由泳	52.92	OQT (A Time) and HK record
何甄陶	男子 50 米自由泳	21.97	OQT (A Time) and HK record
林昭光	男子 100 米蝶泳	53.63	HK Record
鄭渝	女子 200 米個人四式	2:15.80	OST (B Time)
何南慧	女子 200 米自由泳	2:00.43	OST (B Time)

暫時擁有 A Time 或 B Time 詳情





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女

項目	泳員姓名	時間	OQT (A Time / OST (B Time)
50 米自由泳	何詩蓓	24.59	A
	譚凱琳	25.38	B
100 米自由泳	*何詩蓓	52.92	A
	鄭莉梅	55.07	B
	譚凱琳	55.14	B
200 米自由泳	何詩蓓	1:54.89	A
	鄭莉梅	2:00.20	B
	*何南慧	2:00.43	B
400 米自由泳	何詩蓓	4:10.87	B
	何南慧	4:14.04	B
1500 米自由泳	何南慧	16:51.05	B





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100 米背泳	歐鎧淳	1:00.22	A
	黃筠陶	1:01.29	B
100 米蛙泳	楊珍美	1:08.70	B
*200 米個人四式	鄭渝	2:15.80	B

另外香港隊現時擁有 3 項接力奧運入場券，女子 4x100 米及 4x 200 米自由泳接力及女子 4x 100 米四式接力

男

項目	泳員姓名	時間	OQT (A Time / OST (B Time)
*50 米自由泳	何甄陶	21.97	A
200 米自由泳	卓銘浩	1:47.97	B
400 米自由泳	卓銘浩	3:50.53	B
800 米自由泳	卓銘浩	8:03.41	B

*待國際泳聯審批

高清照片已上載至以下網址:-

https://drive.google.com/drive/folders/1b5kdKe6KihGwnf6Wa8yFO7qcrzI_6lzF





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請留意網址有效至六月二十二日(星期二)。

如有任何問題，歡迎致電 2572 8594 與本會職員黃小姐、張小姐或梁小姐聯絡。

香港業餘游泳總會

二零二一年六月二十日

