

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF WORLD AQUATICS)
(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

Paris 2024 Olympic Games- Hong Kong China Long Course Swimming Invitational Trial I
二零二四年巴黎奧運會 - 中國香港長池游泳邀請計時賽 I

11-12 May 2024 (Sat-Sun)

二零二四年五月十一至十二日(星期六至日)

Hong Kong Sports Institute Swimming Pool

香港體育學院游泳池

**Address: Hong Kong Sports Institute, 25 Yuen Wo Road, Sha Tin, N.T.,
Hong Kong**

香港新界沙田源禾路 25 號

Subvented by



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瑞安建業
SOCAM DEVELOPMENT

Paris 2024 Olympic Games – Hong Kong China Long Course Swimming Invitational Trial I

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 100 Freestyle	39
2	Women 200 Freestyle	37
3	Men 50 Breaststroke	38
4	Women 100 Breaststroke	39
5	Men 400 IM	16
6	Women 100 Butterfly	26
7	Men 100 Backstroke	38
8	Women 50 Backstroke	27
9	Men 200 Butterfly	21
10	Women 200 IM	26
11	Men 400 Freestyle	24
12	Women 50 Freestyle	34
13	Men 200 Breaststroke	38
14	Women 800 Freestyle	8
15	Men 50 Butterfly	35
16	Women 200 Backstroke	25
17	Men 800 Freestyle	20
18	Women 1500 Freestyle	7
19	Men 200 Freestyle	41
20	Women 100 Freestyle	41
21	Men 100 Breaststroke	33
22	Women 50 Breaststroke	39
23	Men 100 Butterfly	34
24	Women 400 IM	16
25	Men 50 Backstroke	32
26	Women 100 Backstroke	34
27	Men 200 IM	27
28	Women 200 Butterfly	11
29	Men 50 Freestyle	43
30	Women 400 Freestyle	19
31	Men 1500 Freestyle	19
32	Women 200 Breaststroke	29
33	Men 200 Backstroke	30
34	Women 50 Butterfly	32
Total		978

Entry information by Day		
Day / Session	No. of Entries	Total
Day 1	491	978
Day 2	487	

Paris 2024 Olympic Games – Hong Kong China Long Course Swimming Invitational Trial I
二零二四年巴黎奧運會 – 中國香港長池游泳邀請計時賽 I

EVENT LIST

Venue: HKSI 香港體育學院

Date: 11-12 May 2024 (Sat - Sun)

AM Warmup: 0800 - 0845 hours

Start: 0900 hours

PM Warmup: 1430 - 1515 hours

Start: 1530 hours

Day 1						
Women	QT	Event			QT	Men
			100M	Freestyle	00:55.38	1
2	02:19.97	Freestyle	200M			
			50M	Breaststroke	00:32.66	3
4	01:23.48	Breaststroke	100M			
			400M	Ind. Medley	05:19.19	5
6	01:13.26	Butterfly	100M			
			100M	Backstroke	01:07.39	7
8	00:33.77	Backstroke	50M			
			200M	Butterfly	02:25.98	9
10	02:38.84	Ind. Medley	200M			
			400M	Freestyle	04:34.03	11
12	00:28.83	Freestyle	50M			
			200M	Breaststroke	02:41.90	13
14	09:50.29	Freestyle	800M			
			50M	Butterfly	00:28.10	15
16	02:37.67	Backstroke	200M			
			800	Freestyle	09:30.00	17
Day 2						
Women	QT	Event			QT	Men
18	19:20.00	Freestyle	1500			
			200M	Freestyle	02:08.25	19
20	01:02.90	Freestyle	100M			
			100M	Breaststroke	01:11.64	21
22	00:37.66	Breaststroke	50M			
			100M	Butterfly	01:04.75	23
24	05:38.68	Ind. Medley	400M			
			50M	Backstroke	00:30.58	25
26	01:15.80	Backstroke	100M			
			200M	Ind. Medley	02:24.55	27
28	02:31.17	Butterfly	200M			
			50M	Freestyle	00:25.97	29
30	04:52.07	Freestyle	400M			
			1500M	Freestyle	18:20.31	31
32	03:02.68	Breaststroke	200M			
			200M	Backstroke	02:28.79	33
34	00:32.16	Butterfly	50M			

截止註冊日期

CLOSING DATE FOR REGISTRATION:

2 April 2024 (1700 hours)

截止報名日期

CLOSING DATE FOR ENTRIES:

19 April 2024 (1700 hours)

二零二四年巴黎奧運會 – 中國香港長池游泳邀請計時賽 I

本地比賽章程

日期	<p><u>第一日 - 11/05/2024 (星期六)</u></p> <p>熱身時間: 0800-0845</p> <p>比賽開始: 0900</p> <p>熱身時間: 1430-1515</p> <p>比賽開始: 1530</p>	<p><u>第二日 - 12/05/2024 (星期日)</u></p> <p>熱身時間: 0800-0845</p> <p>比賽開始: 0900</p> <p>熱身時間: 1430-1515</p> <p>比賽開始: 1530</p>
地點	香港體育學院游泳池	
報名條件	<ul style="list-style-type: none"> ❖ 所有參賽者必須為中國香港游泳總會正式註冊的 2024-2025 年度(SW 組別)泳員。 ❖ 錦標賽參賽資格規則適用。 ❖ 泳員須達到標準時間方可參加比賽。 ❖ 首次報名參與長池游泳邀請計時賽而未能提交本會舉辦或認可游泳賽事的成績證明，必須以該項的達標時間報名。 	
報名	<ul style="list-style-type: none"> ❖ 每名泳員可參加不多於六項個人項目。 ❖ 如泳員在比賽前或比賽後被發現參加多於指定數量，本會將取消該泳員最後一項的項目或成績。 ❖ 每項報名費為港幣\$15 元正。 ❖ 所有以達標時間("QT") 報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正。 ❖ 不正確及未達標泳員的報名資料，將不獲受理，報名費概不發還。 ❖ 截止後的報名將不獲受理。 ❖ 13 歲或以上的泳員方可參加 800 米及 1500 自由泳項目。 ❖ 所有初賽棄權須於比賽首天前一天(工作天)中午十二時正前遞交。 ❖ 決賽棄權須於每項初賽成績公佈後三十分鐘內遞交。 ❖ 合資格進入下午決賽的第九及第十名後備泳員如欲棄權，必需遞交棄權表格。 	
截止註冊	二零二四年四月二日 (星期五) (1700 小時)	
截止報名	二零二四年四月十九日 (星期五) (1700 小時)	
形式	初賽 (上午) 及決賽 (下午) 。	
項目	請參閱項目表 (附達標時間)。	
棄權	所有初賽棄權須於 比賽首天前一天(工作天)中午十二時正前遞交 。每項初賽「缺席」的罰款為港幣\$120 元正。	
獎項	個人項目首三名將獲發獎牌。	
規則	<ul style="list-style-type: none"> ❖ 比賽將採用世界泳聯及本會規則。 ❖ 不達標項目的每項罰款為港幣\$120 元正。 ❖ 八個或少於八個泳員報名的項目於下午舉行。 ❖ 合資格進入下午決賽的第九及第十名後備泳員須於下午決賽前到召集處報到。 ❖ 未能達到參賽標準之泳員將不能參加決賽。 ❖ 800 米及 1500 米自由泳項目以時間定名次，報名時間最快的首八名泳員 	

	<p>將安排於下午作賽，其餘泳員則於上午作賽。</p> <ul style="list-style-type: none"> ❖ 泳員申請分段時間紀錄須於每節開賽前30分鐘遞交申請表連同港幣\$300元正予總裁判。任何情況下，所繳費用概不發還。
上訴	<ul style="list-style-type: none"> ❖ 任何上訴須以書面提出，並須在該項目比賽後三十分鐘內，連同上訴費港幣\$300元遞交予總裁判。 ❖ 若上訴被駁回，已繳費用概不發還。
運動禁藥管制	<ul style="list-style-type: none"> ❖ 比賽大會設有運動禁藥檢測。大會有權挑選任何參賽運動員接受藥檢。被挑選運動員須在監察下提供尿液樣本。拒絕提供樣本或檢測結果呈陽性均屬違反運動禁藥規條，處分可包括： <ol style="list-style-type: none"> 1. 取消比賽成績 2. 停賽 停賽期間不可以用任何身份(包括作為出賽運動員、教練、領隊、裁判等)參與比賽及體育活動 3. 罰款港幣\$20,000 4. 身份及違例詳情被公佈 5. 其他適用處分 ❖ 參賽運動員應細閱並了解在中國香港運動禁藥管制機構有限公司官方網頁 (www.antidoping.hk)中的運動禁藥規條及資訊。 根據嚴格責任原則，運動員須對存在於其體內的任何物質負責，「不知情」並不可用作陽性個案的抗辯理由。
<p>二零二四年巴黎奧運會-中國香港長池游泳邀請計時賽 I 為世界泳聯認可之 2024 巴黎奧林匹克運動會-游泳項目及二零二四年布達佩斯世界泳聯游泳錦標賽(25 米)本地達標賽。</p>	

**Paris 2024 Olympic Games –
Hong Kong China Long Course Swimming Invitational Trial I**
Rules & regulations (Local)

Date	<u>Day 1 - 11/05/2024 (Sat)</u> AM Warm Up: 0800-0845 Start: 0900 PM Warm Up: 1430-1515 Start: 1530	<u>Day 2 - 12/05/2024 (Sun)</u> AM Warm Up: 0800-0845 Start: 0900 PM Warm Up: 1430-1515 Start: 1530
Venue	HKSI Swimming Pool	
Entry Conditions	<ul style="list-style-type: none"> ❖ All competitors must be 2024/25 registered swimmers (SW) of HKGSA. ❖ Championship Eligibility rule applies. ❖ Swimmers should reach the qualifying standard. ❖ For all new entries for any event entered with no proven result, Qualify time for individual event shall be used as entry time. 	
Entries	<ul style="list-style-type: none"> ❖ Each swimmer is limited to no more than 6 individual events. ❖ In case of any swimmer entering number of events in excess of the entry quota, HKGSA will have the sole discretion to cancel the swimmer's last entry event at any point of time. ❖ HK\$15.00 per event. ❖ *HK\$ 15 + HK\$40 = HK\$ 55 For each Qualify time ("QT") entry ❖ Entries must be submitted with HKGSA master entry forms & fees. Incorrect information or not qualified swimmers will be rejected and fees paid will not be refunded. ❖ Late entries will not be accepted. ❖ Swimmers who enroll in 800m and 1500m freestyle must be age 13 or above. ❖ Scratch for heats must be submitted one working day before the first event day at 1200 noon. ❖ Scratch for finals must be submitted within 30 minutes following the announcement of the prelim result. ❖ Scratch for reserve swimmers in the final list (9th & 10th place) of respective final events is required. 	
Closing Date for Registration	2 April 2024 (Tue) (1700 hours)	
Closing Date for Entries	19 April 2024 (Fri) (1700 hours)	
Format	Heat (morning session) and Final (afternoon session).	
Event list	Please see attached event list. (with qualifying standards)	
Scratches	<u>All scratches must be submitted on or before 12 noon one working day before the first event day. A fine of \$120 will be charged for each "no show".</u>	
Awards	Medals will be awarded to 1 st , 2 nd and 3 rd places.	
Rules	❖ World Aquatics rules & HKGSA swimming rules will apply.	

	<ul style="list-style-type: none"> ❖ Swimmers who fail to reach the required qualifying times of an event will be fined at HK\$120 per event (this rule is not applicable in the DQ situation). ❖ Events with 8 or less swimmers will proceed to the afternoon session. ❖ Reserve swimmers in the final list (9th & 10th place in the morning session) shall report to the marshalling area. ❖ Swimmer not meeting the respective qualifying times will not be allowed to swim in the final. ❖ Time Final format will be applied to 800M/1500M events, slow heats will be in the morning while the fastest heat will take place in the afternoon session. ❖ Application for Split Time Record: ❖ - Swimmers who apply for split time record should submit application form with application fee HK\$300 to the Referee 30 minutes before the start of each session. Fee paid will not be refunded in any case.
Protest	<ul style="list-style-type: none"> ❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$300. ❖ If the protest is rejected, the fee paid will be forfeited to the HKGSA.
Anti-Doping Test	<ul style="list-style-type: none"> ❖ Random Doping tests will be conducted by HKGSA at this event. Any participating athletes could be selected for doping tests and be requested to provide urine sample under witness. Sanctions for Anti-Doping Rules violation, such as refusal to providing sample or returning of positive test results, may include: <ul style="list-style-type: none"> 1. Disqualification of results achieved at the event 2. Ineligibility in sport <p>During the period of ineligibility, the individual is not allowed to participate in any capacity (including but not limited to competing athlete, coach, team official, judge etc.) in competitions or other sporting activities.</p> <ul style="list-style-type: none"> 3. Financial sanction of HK\$20,000 4. Public disclosure of athlete’s identity and details of the violation 5. Any other applicable sanctions. ❖ Athletes should read and understand the anti-doping regulations and information available on the official webpage of Anti-Doping Organization of Hong Kong, China Limited (www.antidoping.hk). According to the Strict Liability Principle, athlete is responsible for what could be found in his/her body. Ignorance could not be used as an excuse for a positive test.
<p>Paris 2024 Olympic Games – Hong Kong China Long Course Swimming Invitational Trial I is one of the Qualifying meets of Paris 2024 Olympic Games – Swimming Events and World Aquatics Swimming Championships (25m) 2024 – Budapest sanctioned by World Aquatics.</p>	

二零二四年巴黎奧運會 – 中國香港長池游泳邀請計時賽 I

外隊比賽章程

日期	<p>第一日 - 11/05/2024 (星期六)</p> <p>熱身時間: 0800-0845</p> <p>比賽開始: 0900</p> <p>熱身時間: 1430-1515</p> <p>比賽開始: 1530</p>	<p>第二日 - 12/05/2024 (星期日)</p> <p>熱身時間: 0800-0845</p> <p>比賽開始: 0900</p> <p>熱身時間: 1430-1515</p> <p>比賽開始: 1530</p>
地點	香港體育學院游泳池	
報名條件	<ul style="list-style-type: none"> ❖ 所有參賽者必須為該國游泳總會 2024-2025 年度游泳組別的正式註冊泳員。 ❖ 報名須經該國游泳總會批准及辦理。 ❖ 泳員須達到標準時間方可參加比賽。 	
報名	<ul style="list-style-type: none"> ❖ 請填妥意向表格及報名總表，報名時必須提交報名總表。 ❖ 報名資料須填寫泳員比賽成績，未填寫泳員比賽成績的報名將不獲受理。 ❖ 參賽隊伍不得多於 50 人 (包括領隊、教練及工作人員)。 <p><u>個人項目</u></p> <ul style="list-style-type: none"> ❖ 每名泳員可參加不多於六項個人項目。 ❖ 如泳員在比賽前或比賽後被發現參加多於指定數量，本會將取消該泳員最後一項的項目或成績。 	
註冊費用	<p>個人註冊：每人註冊費為港幣三百元正。</p> <p>所有費用應在首天比賽或之前支付。</p>	
截止提交參賽意願表	二零二四年四月二日 (星期五) (1700 小時)	
截止報名	二零二四年四月十九日 (星期五) (1700 小時)	
形式	初賽 (上午) 及決賽 (下午)。	
項目	請參閱項目表 (附達標時間)。	
棄權	<p>所有初賽棄權須於比賽首天前一天(工作天)中午十二時正前遞交。每項初賽「缺席」的罰款為港幣\$120 元正。</p>	
獎項	個人項目首三名將獲發獎牌。	
規則	<ul style="list-style-type: none"> ❖ 比賽將採用世界泳聯及本會規則。 ❖ 不達標項目的每項罰款為港幣\$120 元正。 ❖ 八個或少於八個泳員報名的項目於下午舉行。 ❖ 合資格進入下午決賽的第九及第十名後備泳員須於下午決賽前到召集處報到。 ❖ 未能達到參賽標準之泳員將不能參加決賽。 ❖ 800 米及 1500 米自由泳項目以時間定名次，報名時間最快的首八名泳員將安排於下午作賽，其餘泳員則於上午作賽。 ❖ 泳員申請分段時間紀錄須於每節開賽前 30 分鐘遞交申請表連同港幣 \$300 元正予總裁判。任何情況下，所繳費用概不發還。 	
上訴	<ul style="list-style-type: none"> ❖ 任何上訴須以書面提出，並須在該項目比賽後三十分鐘內，連同上訴費港幣\$300 元遞交予總裁判。 ❖ 若上訴被駁回，已繳費用概不發還。 	

運動禁藥管制	<ul style="list-style-type: none">❖ 比賽大會設有運動禁藥檢測。大會有權挑選任何參賽運動員接受藥檢。被挑選運動員須在監察下提供尿液樣本。拒絕提供樣本或檢測結果呈陽性均屬違反運動禁藥規條，處分可包括：<ol style="list-style-type: none">1. 取消比賽成績2. 停賽 停賽期間不可以用任何身份(包括作為出賽運動員、教練、領隊、裁判等)參與比賽及體育活動3. 罰款港幣\$20,0004. 身份及違例詳情被公佈5. 其他適用處分❖ 參賽運動員應細閱並了解在中國香港運動禁藥管制機構有限公司官方網頁 (www.antidoping.hk)中的運動禁藥規條及資訊。 根據嚴格責任原則，運動員須對存在於其體內的任何物質負責，「不知情」並不可用作陽性個案的抗辯理由。
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二零二四年巴黎奧運會-中國香港長池游泳邀請計時賽 I 為世界泳聯認可之 2024 巴黎奧林匹克運動會-游泳項目及二零二四年布達佩斯世界泳聯游泳錦標賽(25 米)本地達標賽。

**Paris 2024 Olympic Games –
Hong Kong China Long Course Swimming Invitational Trial I**
Rules & regulations (Overseas)

Date	<u>Day 1 - 11/05/2024 (Sat)</u> AM Warm Up: 0800-0845 Start: 0900 PM Warm Up: 1430-1515 Start: 1530	<u>Day 2 - 12/05/2024 (Sun)</u> AM Warm Up: 0800-0845 Start: 0900 PM Warm Up: 1430-1515 Start: 1530
Venue	HKSI Swimming Pool	
Entry Conditions	<ul style="list-style-type: none"> ❖ All competitors & teams must be registered swimmers in 2024-2025 of their respective National Swimming Association/Federation. ❖ Entries must be submitted through and sanctioned by their respective National Swimming Association/Federation. ❖ Swimmers should reach the qualifying standard. 	
Entries	<ul style="list-style-type: none"> ❖ Please complete the attached Preliminary form and Master entry form. Entries must be submitted along with master entry forms. ❖ Entry time must be submitted. Entry without entry time will not be accepted. ❖ Each country must not exceed 50 pax (including team manager, coaches and officials). <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ❖ Each swimmer is limited to enter not more than 6 events. ❖ In case of any swimmer entering number of events in excess of the entry quota, HKGSA will have the sole discretion to cancel the swimmer's last entry event at any point of time. 	
Fees	Registration fee will be \$300 per person. Entry fees shall be paid on or before the start of first day competition.	
Closing Date for Preliminary Form	2 April 2024 (Tue) (1700 hours)	
Closing Date for Entries	19 April 2024 (Fri) (1700 hours)	
Format	Heat (morning session) and Final (afternoon session).	
Event list	Please see attached event list. (with qualifying standards)	
Scratches	<u>All scratches must be submitted on or before 12 noon one working day before the first event day. A fine of \$120 will be charged for each "no show".</u>	
Awards	Medals will be awarded to 1 st , 2 nd and 3 rd places.	
Rules	<ul style="list-style-type: none"> ❖ World Aquatics rules & HKGSA swimming rules will apply. ❖ Swimmers who fail to reach the required qualifying times of an event will be fined at HK\$120 per event (this rule is not applicable in the DQ situation). ❖ Events with 8 or less swimmers will proceed to the afternoon session. 	

	<ul style="list-style-type: none"> ❖ Reserve swimmers in the final list (9th & 10th place in the morning session) shall report to the marshalling area. ❖ Swimmer not meeting the respective qualifying times will not be allowed to swim in the final. ❖ Time Final format will be applied to 800M/1500M events, slow heats will be in the morning while the fastest heat will take place in the afternoon session. ❖ Application for Split Time Record: ❖ - Swimmers who apply for split time record should submit application form with application fee HK\$300 to the Referee 30 minutes before the start of each session. Fee paid will not be refunded in any case.
Protest	<ul style="list-style-type: none"> ❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$300. ❖ If the protest is rejected, the fee paid will be forfeited to the HKGSA.
Anti-Doping Test	<ul style="list-style-type: none"> ❖ Random Doping tests will be conducted by HKGSA at this event. Any participating athletes could be selected for doping tests and be requested to provide urine sample under witness. Sanctions for Anti-Doping Rules violation, such as refusal to providing sample or returning of positive test results, may include: <ul style="list-style-type: none"> 1. Disqualification of results achieved at the event 2. Ineligibility in sport <p>During the period of ineligibility, the individual is not allowed to participate in any capacity (including but not limited to competing athlete, coach, team official, judge etc.) in competitions or other sporting activities.</p> <ul style="list-style-type: none"> 3. Financial sanction of HK\$20,000 4. Public disclosure of athlete’s identity and details of the violation 5. Any other applicable sanctions. ❖ Athletes should read and understand the anti-doping regulations and information available on the official webpage of Anti-Doping Organization of Hong Kong, China Limited (www.antidoping.hk). According to the Strict Liability Principle, athlete is responsible for what could be found in his/her body. Ignorance could not be used as an excuse for a positive test.
<p>Paris 2024 Olympic Games – Hong Kong China Long Course Swimming Invitational Trial I is one of the Qualifying meets of Paris 2024 Olympic Games – Swimming Events and World Aquatics Swimming Championships (25m) 2024 – Budapest sanctioned by World Aquatics.</p>	



3 rd July 2024	World Aquatics to inform NOCs of OQT athletes and OCT athlete invitations
3 rd July 2024	World Aquatics to confirm the allocation of Universality Places to NOCs
4 th July 2024	NOCs to confirm use of OQT athletes and OCT athlete invitations to World Aquatics
4 th July 2024	NOCs to confirm the acceptance of Universality Places
5 th July 2024	World Aquatics to reallocate unused OCT athletes' invitations
By 5 th July 2025	World Aquatics to reallocate all unused quota places
5 July 2024	World Aquatics to inform Paris 2024 Sports Entries Department of all allocated quota places
8 July 2024	Paris 2024 Sport Entries deadline
26th July – 11th August 2024	Olympic Games Paris 2024 (Swimming - 27 th July – 4 th August 2024)

H. QUALIFICATION TIME STANDARDS

The following table outlines the Qualification Time Standards* for the Olympic Games Paris 2024:

Men's		Event	Women's	
Olympic Qualifying Time (OQT) - 2 Entries	Olympic Consideration Time (OCT) - 1 Entry		Olympic Qualifying Time (OQT) - 2 Entries	Olympic Consideration Time (OCT) - 1 Entry
21.96	22.07	50m Freestyle	24.70	24.82
48.34	48.58	100m Freestyle	53.61	53.88
1:46.26	1:46.79	200m Freestyle	1:57.26	1:57.85
3:46.78	3:47.91	400m Freestyle	4:07.90	4:09.14
7:51.65	7:54.01	800m Freestyle	8:26.71	8:29.24
15:00.99	15:05.49	1500m Freestyle	16:09.09	16:13.94
53.74	54.01	100m Backstroke	59.99	1:00.29
1:57.50	1:58.09	200m Backstroke	2:10.39	2:11.04
59.49	59.79	100m Breaststroke	1:06.79	1:07.12
2:09.68	2:10.33	200m Breaststroke	2:23.91	2:24.63
51.67	51.93	100m Butterfly	57.92	58.21
1:55.78	1:56.36	200m Butterfly	2:08.43	2:09.07
1:57.94	1:58.53	200m Individual Medley	2:11.47	2:12.13
4:12.50	4:13.76	400m Individual Medley	4:38.53	4:39.92

***Explanation :**

- OQTs correspond to the time achieved by the 14th Place in the respective preliminary heats of the event in Tokyo 2020.
- All OCTs were derived by adding 0.5% to the OQT time standard.

The qualification for the World Aquatics Swimming Championships (25m) 2024 Budapest (HUN) is set out below. Entry times will only be accepted if they have been achieved at a World Aquatics-approved qualification event, either in a 25m pool or a 50m pool, within the period **23 July 2023 – 17 November 2024**. All times achieved outside this qualifying period will not be accepted. The Standard Entry Times for the World Aquatics Championships Doha 2024 will be applied as the standard times for 50m pool competitions.

1. Programme and Qualifying Times

Standard Entry Times (25m course)

Women			Men	
W - "B"	W - "A"		M - "A"	M - "B"
25.30	24.44	50m Freestyle	21.40	22.15
55.66	53.78	100m Freestyle	47.23	48.88
1:59.65	1:55.60	200m Freestyle	1:44.08	1:47.72
4:15.59	4:06.95	400m Freestyle	3:42.50	3:50.29
8:46.99	8:29.17	800m Freestyle	7:45.02	8:01.30
16:49.40	16:15.27	1500m Freestyle	14:49.29	15:20.42
27.47	26.54	50m Backstroke	23.38	24.20
1:00.11	58.08	100m Backstroke	51.30	53.10
2:09.93	2:05.54	200m Backstroke	1:52.66	1:56.60
31.52	30.45	50m Breaststroke	26.57	27.50
1:07.56	1:05.28	100m Breaststroke	57.63	59.65
2:28.40	2:23.38	200m Breaststroke	2:06.23	2:10.65
26.72	25.82	50m Butterfly	22.53	23.32
59.41	57.40	100m Butterfly	50.57	52.34
2:13.36	2:08.85	200m Butterfly	1:53.61	1:57.59
1:01.74	59.65	100m Individual Medley	52.98	54.83
2:14.72	2:10.16	200m Individual Medley	1:55.25	1:59.28
4:47.25	4:37.54	400m Individual Medley	4:09.19	4:17.91

Men & Women		
1 Team	4 x 50 m Freestyle	1 Team
1 Team	4 x 100 m Freestyle	1 Team
1 Team	4 x 200 m Freestyle	1 Team
1 Team	4 x 50 m Medley	1 Team
1 Team	4 x 100 m Medley	1 Team

Mixed	
4 x 50 m Freestyle Mixed	1 Team
4 x 50 m Medley Mixed	1 Team

Explanation:

1. The "A" Standards for the World Aquatics Swimming Championships (25m) 2024 were created by using the faster of two times with a 1% or more variation from:

- The Melbourne 2022 "A" qualifying time standard; and
- The 16th place time from Melbourne 2022 preliminary heats

For these Championships, the standards broke down as follows:

Women: 15 of the 2024 "A" time standards were the 2022 "A" time standard, and 3 of the 2024 "A" time standards were the 16th place time from the 2022 Worlds.

Men: 16 of the 2024 "A" time standards were the 2022 "A" time standard, and 2 of the 2024 "A" time standards were the 16th place time from the 2022 Worlds.

2. All "B" time standards were derived by multiplying the "A" time standard by 3.5%.

Standard Entry Times (50m course)

Women			Men	
W - "B"	W - "A"		M - "A"	M - "B"
25.92	25.04	50m Freestyle	22.12	22.89
56.15	54.25	100m Freestyle	48.51	50.21
2:02.81	1:58.66	200m Freestyle	1:47.06	1:50.81
4:19.34	4:10.57	400m Freestyle	3:48.15	3:56.14
8:56.03	8:37.90	800m Freestyle	7:53.11	8:09.67
17:04.20	16:29.57	1500m Freestyle	15:04.64	15:36.30
29.21	28.22	50m Backstroke	25.16	26.04
1:02.71	1:00.59	100m Backstroke	54.03	55.92
2:15.67	2:11.08	200m Backstroke	1:58.07	2:02.20
32.11	31.02	50m Breaststroke	27.33	28.29
1:09.71	1:07.35	100m Breaststroke	59.75	1:01.84
2:31.02	2:25.91	200m Breaststroke	2:10.32	2:14.88
27.24	26.32	50m Butterfly	23.53	24.35
1:00.37	58.33	100m Butterfly	51.96	53.78
2:13.73	2:09.21	200m Butterfly	1:56.71	2:00.79
2:17.63	2:12.98	200m Individual Medley	1:59.53	2:03.71
4:52.97	4:43.06	400m Individual Medley	4:17.48	4:26.49

2. Reference to the governing rules pertaining to registration and sport entries

[World Aquatics Competition Regulations](#), Part One – Rules Applicable to All Aquatic Sports, 6.2 Swimming – Registration and Sport Entries (Ver. As of 1 January 2024)

HONG KONG SWIMMING RECORDS

Listed Date: 2nd May 2024

HONG KONG LONG COURSE RECORDS

MEN'S EVENTS

50 Free	21.83 HO Ian Yentou, SCA	World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024
100 Free	49.15 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 2, May. 29-30, 2021
200 Free	1:47.46 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
400 Free	3:50.53 CHEUK Ming Ho, CPS	64 th Festival of Sport LC Time Trial II, Apr 18, 2021
800 Free	8:03.41 CHEUK Ming Ho, CPS	Hong Kong National Olympic Time Trial, Mar 21, 2021
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.00 LAU Shiu Yue, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
100 Back	55.61 KWAN Hayden, PSC	HK Open Swimming Championships 2022, Aug. 19-21, 2022
200 Back	2:00.70 KWAN Hayden, PSC	HK Open Swimming Championships 2022, Aug. 19-21, 2022
50 Breast	28.23 TO Kenneth King Him, LWS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Breast	1:00.95 MAK Sai Ting Adam, HTA	11 th Asian Age Group Championships, Feb 26-29, 2024
200 Breast	2:11.20 MAK Sai Ting Adam, HTA	11 th Asian Age Group Championships, Feb 26-29, 2024
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	53.38 NG Cheuk Yin, TPS	Div.1 AG LC Swim Comp. Part 3, Jun. 25-26, 2022
200 Fly	2:00.43 LIM Nicholas Owen Zhaoguang, LRC	62 nd FOS – LC Time Trial, April 13-14, 2019
200 IM	2:01.37 TO Kenneth King Him, LWS	29 th Summer Universiade, Aug 19-30, 2017
400 IM	4:26.54 WHITTINGTON, Peter Harry, DLS	Thailand Age Group Swimming Championships 2023, Apr 6-11, 2023
4x100 MR	3:42.40 Hong Kong Team KWAN Hayden, WONG Benson, NG Cheuk Yin, CHEUK Ming Ho 56.20 1:58.50 2:52.28	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
4x100 FR	3:21.22 Hong Kong Team LUM Ching Tat, NG Chun Nam Derick, CHEUNG Kin Tat Kent, WONG Kai Wai David 50.88 1:40.70 2:31.65	5 th East Asian Games, Dec 8, 2009
4x200 FR	7:27.16 Hong Kong Team CHEUNG Kin Tat Kent, NG Chun Nam Derick, LUM Ching Tat, WONG Kai Wai David 1:52.46 3:43.70 5:35.08	5 th East Asian Games, Dec 6, 2009

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 2nd May 2024

HONG KONG LONG COURSE RECORDS

WOMEN'S EVENTS

50 Free	24.30 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Budapest, Oct 20-22, 2023
^A 100 Free	52.02 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Berlin, Oct 6-8, 2023
^A 200 Free	1:53.92 HAUGHEY Siobhan Bernadette, SCA	Tokyo 2020 Olympic Games, July 23 – August 8, 2021
400 Free	4:05.30 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Berlin, Oct 6-8, 2023
800 Free	8:41.66 AU Hoi Shun Stephanie, *DW	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	27.98 AU Hoi Shun Stephanie, DWA	Mare Nostrum 2019 – Monaco, Jun 8-9, 2019
100 Back	1:00.22 AU Hoi Shun Stephanie, DWA	FINA Swimming World Cup – Singapore, Aug 15-17, 2019
200 Back	2:09.33 LAU Yin Yan Claudia, DLS	Div.1 AG LC Swim Comp. Part 3, Jul. 2-3, 2016
50 Breast	30.36 HAUGHEY Siobhan Bernadette, SCA	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023 World Aquatics Swimming World Cup – Athens, Oct 13-15, 2023
100 Breast	1:05.92 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024
200 Breast	2:27.96 KONG Yvette Man Yi, SCA	Edinburgh International Swim Meet, Mar 11-13, 2016
50 Fly	26.55 TAM Hoi Lam, CUC	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Fly	58.12 HAUGHEY Siobhan Bernadette, SCA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
[*] 200 Fly	2:12.79 YEUNG Hoi Ching, TPS	National LC Swimming Trial - 67th FOS, Apr 13-14, 2024
200 IM	2:12.10 HAUGHEY Siobhan Bernadette, SCA	2017 Arena Pro Swim Series - Santa Clara, USA, June 1-4, 2017
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
4x100 MR	4:01.72 Hong Kong Team AU Hoi Shun Stephanie, HAUGHEY Siobhan Bernadette, KAN Cheuk Tung Natalie, TAM Hoi Lam 1:00.74 2:06.77 3:06.66	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
4x100 FR	3:39.10 Hong Kong Team CHENG Camille Lily Mei, HAUGHEY Siobhan Bernadette, TAM Hoi Lam, AU Hoi Shun Stephanie 56.11 1:48.03 2:43.69	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
4x200 FR	8:02.42 Hong Kong Team CHENG Chloe, HAUGHEY Siobhan Bernadette, CHENG Camille Lily Mei, AU Hoi Shun Stephanie 2:03.19 3:57.40 5:59.86	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023

*: Pending for Swimming Committee's Ratification ^AAsian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 2nd May 2024

HONG KONG LONG COURSE RECORDS

MIXED'S EVENTS

4x100 FR 3:31.13 Hong Kong Team World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024
LAU Shiu Yue, HO Ian Yentou, CHENG Camille Lily Mei, TAM Hoi Lam
52.24 1:40.90 2:35.61

4x100 MR 3:50.22 Hong Kong Team 18th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
AU Hoi Shun Stephanie, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, CHENG Camille Lily Mei
1:00.52 2:01.15 2:54.90

Hong Kong Best Time

#4x100 FR 3:32.55 Hong Kong Team 18th FINA World Championships – Gwangju 2019, Jul 21-28, 2019
LIM Nicholas Owen Zhaoguang, HO Ian Yentou, TAM Hoi Lam, CHENG Camille Lily Mei
51.99 1:41.52 2:37.76

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 2nd May 2024

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

MEN'S EVENTS

50 Free	23.65	NG Chun Nam Derick, WTS	Australian Age Swim. Champ., Apr 07,2010
100 Free	51.24	NG Chun Nam Derick, WTS	HK Age Group LC SW Championships 2009-10, Oct. 24,2009
200 Free	1:52.59	Cheuk Ming Ho, CPS	17 th ISF Gymnasiade - Swimming, May 2-9 2018
400 Free	3:57.77	CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
800 Free	8:25.47	CHEUK, Ming Ho, CPS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
1500 Free	16:00.66	CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
50 Back	26.81	NG Cheuk Yin TPS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
100 Back	57.73	HO Siu Lun, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
200 Back	2:07.52	NG Cheuk Yin, TPS	HK Open Swimming Champ 2018, Aug. 10-12,2018
50 Breast	28.83	TSUI Yik Ki, PSC	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
100 Breast	1:03.01	MAK Sai Ting Adam, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Breast	2:14.41	MAK Sai Ting Adam, HTA	65 th Festival of Sport LC Time Trial, Apr 23, 2022
50 Fly	24.74	NG Cheuk Yin, TPS	61 st FOS – LC SW Time Trial, Apr 14-15 2018
100 Fly	54.42	NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:01.23	LAU Kin Hei James, HTA	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
200 IM	2:05.10	LAU Kin Hei James, HTA	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
400 IM	4:32.42	WHITTINGTON Peter Harry, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
4x100 MR	3:59.69	PSC YU Chi Lung, TSUI Yik Ki, ZHU Xiuping, LAU Tsz Pok	Hong Kong Open Swimming Champ. 2023, Aug 18-20, 2023
4x100 FR	3:41.42	Hong Kong Team TAM Sze Shing Thomas, LAM Chak Hang, CHAN Pak Hin, Temana Andrew SHORT	52 nd Milo Pram Malaysia AG Champ, Mar 29 – Apr 4,2016
*4x200 FR	7:58.33	Hong Kong Team CHAN Wai Ching Adrian, HAN Pak Kiu, LAM Wai Lok, LAU Chor Tik	59 th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 2nd May 2024

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

WOMEN'S EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31,2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31,2013
200 Free	1:59.77 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15,2013
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
800 Free	8:50.21 AU Hoi Shun Stephanie, *DW	3 rd H.K. Int' Open Swimming Champ, Aug 31, 2007
1500 Free	16:58.79 Anderson Charlotte Kiki, HIS	2014 Scottish Gas National AG Swim Champ, Jun 25-29,2014
50 Back	29.52 KAN Cheuk Tung Natalie, HVA	HKSSF Div. 2 Inter-School Swim. Comp, Oct 10, 2017
100 Back	1:03.30 CHEUNG Sum Yuet Cindy, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Back	2:16.10 CHEUNG Sum Yuet Cindy, TPS	HK Age Group LC SW Championships 2021-22, Nov 5-7, 2021
*50 Breast	32.31 LAM Chelsie, DLS	National LC Swimming Trial - 67th FOS, Apr 13-14, 2024
*100 Breast	1:09.93 MAN Wui Kiu, CPS	National LC Swimming Trial - 67th FOS, Apr 13-14, 2024
200 Breast	2:32.79 MA Hei Tung Fiona, SLA	5 th East Asian Games, Dec 9, 2009
50 Fly	27.45 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
100 Fly	1:00.54 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
200 Fly	2:14.06 MOK Sze Ki, HVA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
200 IM	2:13.35 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15,2013
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15,2013
4x100 MR	4:19.55 Hong Kong Team FUNG Suet Ying Chloe, CHENG Chloe, LAU Ping Yi Audrey, TSE On Ching	2 nd Youth Games of the People's Republic of China, Aug 8-18, 2019
*4x100 FR	3:51.08 Hong Kong Team LI Sum Yiu, MATHIS Mya Lynn, MAN Wui Kiu, LI Yuqing	11th Asian Age Group Championships, Feb 26-29, 2024
4x200 FR	8:32.64 Hong Kong Team LAU Ping Yi Audrey, CHENG Chloe, TSE On Ching, DU Zheng	2 nd Youth Games of the People's Republic of China, Aug 8-18, 2019

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 2nd May 2024

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 10 & UNDER EVENTS

50 Free 29.13 RUAN Wan Hang, WTS HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
100 Free 1:02.87 RUAN Wan Hang, WTS HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
200 Free 2:15.96 RUAN Wan Hang, WTS HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017

*50 Back 32.10 HSIEH Kurtis Yi Hon, TPS

Singapore Swim Series I. Jan 12-14, 2024

100 Back 1:10.28 HSIEH Kurtis Yi Hon, TPS HK Age Group LC SW Championships 2023-24, Oct. 6-7,29,2023

50 Breast 36.43 TAM Ka Ming, HVA HK Age Group LC SW Championships 2007-08, Nov. 17,2007
100 Breast 1:18.73 TAM Ka Ming, *CY HKSSF Inter-Area Primary Swim Comp., Nov 29, 2008

50 Fly 31.15 HO Siu Lun, DLS HKSSF Inter-Area Primary Swim Comp, Nov 22, 2014
100 Fly 1:10.22 HUNG Leung-fung, PSC Div. 1 AG LC Swim Comp. Part 1, May 23, 2004

*200 IM 2:31.15 HSIEH Kurtis Yi Hon, TPS

Singapore Swim Series I. Jan 12-14, 2024

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 10 & UNDER EVENTS

50 Free 28.50 HAUGHEY Siobhan Bernadette, SCA Div. 1 AG LC Swim Comp. Part 1, May 25, 2008

100 Free 1:02.44 HAUGHEY Siobhan Bernadette, SCA Div. 1 AG LC Swim Comp. Part 2, Jun. 29, 2008
200 Free 2:16.52 LOK Hoi Man, WTS HK Age Group LC SW Championships 2011-12, Nov. 5,2011

50 Back 33.49 MA Wing Yu, *WA HK Age Group LC SW Championships 2015-16, Nov. 6-8,2015

100 Back 1:11.95 CHENG Jessica Chloe, TPS Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016

50 Breast 35.23 Lam Chelsie, DLS 3rd All Hong Kong Inter-Area Primary Schools Swimming Competition 2018-2019, 8 June, 2019
100 Breast 1:15.44 HO Kang Ni Chloe, HTA HK Age Group LC SW Championships 2023-24, Oct. 6-7,29,2023

50 Fly 30.56 LEE Si Yao Peony, TPS 2nd All Hong Kong Inter-Area Primary Schools Swimming Competition 2017-2018, 9 June, 2018
100 Fly 1:09.78 LAU Ping Yi Audrey, HTA Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016

200 IM 2:32.15 HAUGHEY Siobhan Bernadette, SCA Div. 1 AG LC Swim Comp. Part 3, Jul. 27, 2008

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 2nd May 2024

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 11 – 12 YEARS EVENTS

50 Free	25.59 LI Sing Hoi, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	56.91 YICK Sum Kiu, SLA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
200 Free	2:01.93 Han Pak Kiu, HTA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
400 Free	4:16.08 Han Pak Kiu, HTA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
50 Back	29.28 CHAN Tsz Kwan, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct 18, 2019
100 Back	1:03.66 HO Siu Lun, DLS	The 6 th Hong Kong Games, May 13-14, 2017
200 Back	2:19.13 MOK Kai Tik Marcus, WTS	HK Age Group LC SW Championships 2013-14, Nov. 8-10, 2019
50 Breast	30.86 TAM Ka Ming, *CY	HKSSF Div. 1 Inter-School Swim. Comp, Oct 14, 2010
100 Breast	1:09.05 LAU Kin Hei James, HTA	HK Open Swimming Championships 2021, Aug. 6-8, 2021
200 Breast	2:30.15 WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp, 28 Oct, 2015
50 Fly	27.23 CHAN Wai Ching Adrian, WTS	HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
100 Fly	1:00.08 LAU Kin Hei James, HTA	Hong Kong Long Course Swimming Time Trial IV, June 20, 2021
200 Fly	2:13.93 LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
200 IM	2:15.50 LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.80 HAUGHEY Siobhan Bernadette, SCA	HKSSF Div 1 Inter-School Swim. Comp, Oct 14, 2010
100 Free	57.77 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
200 Free	2:06.55 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
400 Free	4:28.03 NAM Carmen, TPS	7 th Asian Swimming Champ, Mar. 07, 2006
*50 Back	30.39 CHAN Tsz Yu Ashley, HTA	59th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024
*100 Back	1:05.66 CHAN Tsz Yu Ashley, HTA	59th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024
200 Back	2:21.61 HO Tin Wing, HTA	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
50 Breast	33.64 MAN Wui Kiu, CPS	HK Open Swimming Championships 2022, Aug. 19-21, 2022
100 Breast	1:12.78 YIP Tsz-wa, DLS	HKSSF Div. 1 Inter-School Swim Comp., Oct 15, 2003
200 Breast	2:35.62 MA Hei-tung, DLS	LI FOS-Olympic Time Trial II, Apr 20, 2008
50 Fly	28.87 LAI Chu Yi, WTS	7 th HK Open Swimming Champ., Sep 4, 2011
100 Fly	1:02.95 MOK Sze Ki, HVA	HK Open Swimming Champ 2019, Aug 9-11, 2019
200 Fly	2:18.68 MOK Sze Ki, HVA	Div. 1 AG LC Swim Comp. Part 1, Jul 13-14, 2019
200 IM	2:21.79 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul 25, 2010

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 2nd May 2024

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 13 – 14 YEARS EVENTS

50 Free 24.18 LAU Kin Hei James, HTA
100 Free 52.62 LAU Kin Hei James, HTA
200 Free 1:55.46 LAU Kin Hei James, HTA
400 Free 4:07.24 WANG Yi Shun, CPS
***800 Free 8:37.09 HAN Pak Kiu, HTA**
1500 Free 16:14.23 CHEUK Ming Ho, CPS

50 Back 27.12 HO Siu Lun, DLS
100 Back 58.17 HO Siu Lun, DLS
200 Back 2:09.86 YUK Shing Chi, PSC

50 Breast 29.08 TSUI Yik Ki, PSC
100 Breast 1:05.00 LAU Kin Hei James, HTA
200 Breast 2:18.11 WONG Benson, DLS

50 Fly 24.90 LAU Kin Hei James, HTA
100 Fly 55.07 LAU Kin Hei James, HTA
200 Fly 2:01.23 LAU Kin Hei James, HTA

200 IM 2:05.10 LAU Kin Hei James, HTA
400 IM 4:34.49 LAU Kin Hei James, HTA

HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
HK Age Group LC SW Championships 2023-24, Oct. 6-7,29,2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
Div. 1 AG LC Swim Comp. Part 3, Mar 9-10, 2024
60th FOS – LC Time Trial, Apr.15-16,2017

HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26,2018
HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26,2018
HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017

HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
HK Open Swimming Champ 2017, July 28-30, 2017

Div. 1 AG LC Swim Comp. Part 2, Jun 18, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
World Junior Swimming Championships – Netanya, Sep 4-9, 2023

66th Festival of Sport LC Time Trial, Apr 15-16, 2023
HK Age Group LC SW Championships 2023-24, Oct. 6-7,29,2023

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 13 – 14 YEARS EVENTS

50 Free 25.67 LI Sum Yiu, WDA
***100 Free 55.92 LI Sum Yiu, WDA**
200 Free 2:02.00 CHENG Chloe, PSC
400 Free 4:19.32 CHENG Chloe, PSC
800 Free 8:56.31 HO Wai Nam, WTS
1500 Free 17:17.68 NAM Carmen, TPS

50 Back 29.95 LOO Tsz Ki Cherrie, DWA
100 Back 1:04.18 CHEUNG Sum Yuet Cindy, TPS
200 Back 2:17.61 LAU Yin Yan Claudia, DLS

50 Breast 32.45 MAN Wui Kiu, CPS
100 Breast 1:10.24 MAN Wui Kiu, CPS
200 Breast 2:32.79 MA Hei Tung Fiona, SLA

50 Fly 27.45 LAU Ping Yi Audrey, HTA
100 Fly 1:00.54 LAU Ping Yi Audrey, HTA
200 Fly 2:14.96 LAU Ping Yi Audrey, HTA

200 IM 2:18.44 HAUGHEY Siobhan Bernadette, SCA
400 IM 4:55.42 LAM Hoi Kiu, HTA

1st National Student (Youth) Games of the People's Republic of China(Secondary)
Nov 7-11, 2023

11th Asian Age Group Championships, Feb 26-29, 2024

HKSSF Div. 1 Inter-School Swim. Comp., Oct 25, 2019

Div. 1 AG LC Swim Comp. Part 3, Sep. 21-22, 2019

Thailand Age Group Swimming Championships 2017

World Champ 2007 – Melbourne, Mar 26, 2007

Div.1 AG LC Swim Comp. Part 3, Jan 27, 2019

Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

Hong Kong Open Champ. 07, Sep 2007

HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022

11th Asian Age Group Championships, Feb 26-29, 2024

5th East Asian Games, Dec 9, 2009

HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019

HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019

HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019

Australian Age Championships, Apr 9-14,2012

18th Asian Games, Jakarta- Palembang, Aug 19-24, 2018

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 2nd May 2024

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 15 – 17 YEARS EVENTS

50 Free	22.99 LUM Ching Tat Jeffrey, HFS	8 th Asian Swimming Champ., Nov 28, 2009
100 Free	50.48 LUM Ching Tat Jeffrey, HFS	1 st Asian Youth Games, Jul 06, 2009
200 Free	1:50.11 CHEUK Ming Ho, CPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
400 Free	3:53.05 CHEUK Ming Ho, CPS	62 nd FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.27 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 19,2018
100 Back	57.38 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
200 Back	2:05.82 NG Cheuk Yin, TPS	7 th Hong Kong Games, May 18-19, 2019

*50 Breast	28.31	TSUI Yik Ki, PSC
		MAK Sai Ting Adam, HTA
100 Breast	1:00.95	MAK Sai Ting Adam, HTA
200 Breast	2:11.29	MAK Sai Ting Adam, HTA

National LC Swimming Trial - 67th FOS, Apr 13-14, 2024
59th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024
11th Asian Age Group Championships, Feb 26-29, 2024
1st National Student (Youth) Games of the People's Republic of China (Open), Nov 1-4, 2023

50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:02.70 LIM Nicholas Owen Zhaoguang, LRC	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
200 IM	2:05.98 LAU Ping Chi, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 25, 2019
400 IM	4:26.78 WHITTINGTON, Peter Harry, DLS	Hong Kong National Olympic Time Trial, Mar 21, 2021

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 15 – 17 YEARS EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31,2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31,2013
200 Free	1:59.66 HAUGHEY Siobhan Bernadette, SCA	Incheon 2014 Asian Games, Sep 20-26,2014
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
800 Free	8:41.66 AU Hoi Shun Stephanie, *DW	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	28.83 CHEUNG Sum Yuet Cindy, TPS	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Back	1:01.57 CHEUNG Sum Yuet Cindy, TPS	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
200 Back	2:10.35 CHEUNG Sum Yuet Cindy, TPS	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
50 Breast	31.82 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 6, 2009
100 Breast	1:08.43 KONG Yvette Man Yi, SCA	8 th Asian Swimming Champ., Nov 27, 2009
200 Breast	2:31.65 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 9, 2009
50 Fly	27.16 YEUNG Hoi Ching, TPS	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
*100 Fly	59.42 YEUNG Hoi Ching, TPS	National LC Swimming Trial - 67th FOS, Apr 13-14, 2024
*200 Fly	2:12.79 YEUNG Hoi Ching, TPS	National LC Swimming Trial - 67th FOS, Apr 13-14, 2024
200 IM	2:13.07 HAUGHEY Siobhan Bernadette, SCA	16 th FINA World Championships – Kazan 2015, Aug 2,2015
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

*: Pending for Swimming Committee's Ratification ^AAsian Record #Hong Kong Best Time

Hong Kong Swimming Point Score 2024 (LC)

Men

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	21.48	47.66	1:44.62	3:43.58	7:42.55	14:53.60	24.60	53.02	1:55.04
99	1.01	21.69	48.14	1:45.67	3:45.82	7:47.18	15:02.54	24.85	53.55	1:56.19
98	1.02	21.91	48.61	1:46.71	3:48.05	7:51.80	15:11.47	25.09	54.08	1:57.34
97	1.03	22.12	49.09	1:47.76	3:50.29	7:56.43	15:20.41	25.34	54.61	1:58.49
96	1.04	22.34	49.57	1:48.80	3:52.52	8:01.05	15:29.34	25.58	55.14	1:59.64
95	1.05	22.55	50.04	1:49.85	3:54.76	8:05.68	15:38.28	25.83	55.67	2:00.79
94	1.06	22.77	50.52	1:50.90	3:56.99	8:10.30	15:47.22	26.08	56.20	2:01.94
93	1.07	22.98	51.00	1:51.94	3:59.23	8:14.93	15:56.15	26.32	56.73	2:03.09
92	1.08	23.20	51.47	1:52.99	4:01.47	8:19.55	16:05.09	26.57	57.26	2:04.24
91	1.09	23.41	51.95	1:54.04	4:03.70	8:24.18	16:14.02	26.81	57.79	2:05.39
90	1.10	23.63	52.43	1:55.08	4:05.94	8:28.81	16:22.96	27.06	58.32	2:06.54
89	1.11	23.84	52.90	1:56.13	4:08.17	8:33.43	16:31.90	27.31	58.85	2:07.69
88	1.12	24.06	53.38	1:57.17	4:10.41	8:38.06	16:40.83	27.55	59.38	2:08.84
87	1.13	24.27	53.86	1:58.22	4:12.65	8:42.68	16:49.77	27.80	59.91	2:10.00
86	1.14	24.49	54.33	1:59.27	4:14.88	8:47.31	16:58.70	28.04	1:00.44	2:11.15
85	1.15	24.70	54.81	2:00.31	4:17.12	8:51.93	17:07.64	28.29	1:00.97	2:12.30
84	1.16	24.92	55.29	2:01.36	4:19.35	8:56.56	17:16.58	28.54	1:01.50	2:13.45
83	1.17	25.13	55.76	2:02.41	4:21.59	9:01.18	17:25.51	28.78	1:02.03	2:14.60
82	1.18	25.35	56.24	2:03.45	4:23.82	9:05.81	17:34.45	29.03	1:02.56	2:15.75
81	1.19	25.56	56.72	2:04.50	4:26.06	9:10.43	17:43.38	29.27	1:03.09	2:16.90
80	1.20	25.78	57.19	2:05.54	4:28.30	9:15.06	17:52.32	29.52	1:03.62	2:18.05
79	1.21	25.99	57.67	2:06.59	4:30.53	9:19.69	18:01.26	29.77	1:04.15	2:19.20
78	1.22	26.21	58.15	2:07.64	4:32.77	9:24.31	18:10.19	30.01	1:04.68	2:20.35
77	1.23	26.42	58.62	2:08.68	4:35.00	9:28.94	18:19.13	30.26	1:05.21	2:21.50
76	1.24	26.64	59.10	2:09.73	4:37.24	9:33.56	18:28.06	30.50	1:05.74	2:22.65
75	1.25	26.85	59.58	2:10.78	4:39.48	9:38.19	18:37.00	30.75	1:06.28	2:23.80
74	1.26	27.06	1:00.05	2:11.82	4:41.71	9:42.81	18:45.94	31.00	1:06.81	2:24.95
73	1.27	27.28	1:00.53	2:12.87	4:43.95	9:47.44	18:54.87	31.24	1:07.34	2:26.10
72	1.28	27.49	1:01.00	2:13.91	4:46.18	9:52.06	19:03.81	31.49	1:07.87	2:27.25
71	1.29	27.71	1:01.48	2:14.96	4:48.42	9:56.69	19:12.74	31.73	1:08.40	2:28.40
70	1.30	27.92	1:01.96	2:16.01	4:50.65	10:01.32	19:21.68	31.98	1:08.93	2:29.55
69	1.31	28.14	1:02.43	2:17.05	4:52.89	10:05.94	19:30.62	32.23	1:09.46	2:30.70
68	1.32	28.35	1:02.91	2:18.10	4:55.13	10:10.57	19:39.55	32.47	1:09.99	2:31.85
67	1.33	28.57	1:03.39	2:19.14	4:57.36	10:15.19	19:48.49	32.72	1:10.52	2:33.00
66	1.34	28.78	1:03.86	2:20.19	4:59.60	10:19.82	19:57.42	32.96	1:11.05	2:34.15
65	1.35	29.00	1:04.34	2:21.24	5:01.83	10:24.44	20:06.36	33.21	1:11.58	2:35.30
64	1.36	29.21	1:04.82	2:22.28	5:04.07	10:29.07	20:15.30	33.46	1:12.11	2:36.45
63	1.37	29.43	1:05.29	2:23.33	5:06.30	10:33.69	20:24.23	33.70	1:12.64	2:37.60
62	1.38	29.64	1:05.77	2:24.38	5:08.54	10:38.32	20:33.17	33.95	1:13.17	2:38.76
61	1.39	29.86	1:06.25	2:25.42	5:10.78	10:42.94	20:42.10	34.19	1:13.70	2:39.91
60	1.40	30.07	1:06.72	2:26.47	5:13.01	10:47.57	20:51.04	34.44	1:14.23	2:41.06
59	1.41	30.29	1:07.20	2:27.51	5:15.25	10:52.20	20:59.98	34.69	1:14.76	2:42.21
58	1.42	30.50	1:07.68	2:28.56	5:17.48	10:56.82	21:08.91	34.93	1:15.29	2:43.36
57	1.43	30.72	1:08.15	2:29.61	5:19.72	11:01.45	21:17.85	35.18	1:15.82	2:44.51
56	1.44	30.93	1:08.63	2:30.65	5:21.96	11:06.07	21:26.78	35.42	1:16.35	2:45.66
55	1.45	31.15	1:09.11	2:31.70	5:24.19	11:10.70	21:35.72	35.67	1:16.88	2:46.81
54	1.46	31.36	1:09.58	2:32.75	5:26.43	11:15.32	21:44.66	35.92	1:17.41	2:47.96
53	1.47	31.58	1:10.06	2:33.79	5:28.66	11:19.95	21:53.59	36.16	1:17.94	2:49.11

Hong Kong Swimming Point Score 2024 (LC)

Men

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	26.79	58.62	2:07.42	23.06	51.07	1:54.43	1:56.66	4:11.70
99	1.01	27.06	59.21	2:08.69	23.29	51.58	1:55.57	1:57.83	4:14.22
98	1.02	27.33	59.79	2:09.97	23.52	52.09	1:56.72	1:58.99	4:16.73
97	1.03	27.59	1:00.38	2:11.24	23.75	52.60	1:57.86	2:00.16	4:19.25
96	1.04	27.86	1:00.96	2:12.52	23.98	53.11	1:59.01	2:01.33	4:21.77
95	1.05	28.13	1:01.55	2:13.79	24.21	53.62	2:00.15	2:02.49	4:24.29
94	1.06	28.40	1:02.14	2:15.07	24.44	54.13	2:01.30	2:03.66	4:26.80
93	1.07	28.67	1:02.72	2:16.34	24.67	54.64	2:02.44	2:04.83	4:29.32
92	1.08	28.93	1:03.31	2:17.61	24.90	55.16	2:03.58	2:05.99	4:31.84
91	1.09	29.20	1:03.90	2:18.89	25.14	55.67	2:04.73	2:07.16	4:34.35
90	1.10	29.47	1:04.48	2:20.16	25.37	56.18	2:05.87	2:08.33	4:36.87
89	1.11	29.74	1:05.07	2:21.44	25.60	56.69	2:07.02	2:09.49	4:39.39
88	1.12	30.00	1:05.65	2:22.71	25.83	57.20	2:08.16	2:10.66	4:41.90
87	1.13	30.27	1:06.24	2:23.98	26.06	57.71	2:09.31	2:11.83	4:44.42
86	1.14	30.54	1:06.83	2:25.26	26.29	58.22	2:10.45	2:12.99	4:46.94
85	1.15	30.81	1:07.41	2:26.53	26.52	58.73	2:11.59	2:14.16	4:49.46
84	1.16	31.08	1:08.00	2:27.81	26.75	59.24	2:12.74	2:15.33	4:51.97
83	1.17	31.34	1:08.59	2:29.08	26.98	59.75	2:13.88	2:16.49	4:54.49
82	1.18	31.61	1:09.17	2:30.36	27.21	1:00.26	2:15.03	2:17.66	4:57.01
81	1.19	31.88	1:09.76	2:31.63	27.44	1:00.77	2:16.17	2:18.83	4:59.52
80	1.20	32.15	1:10.34	2:32.90	27.67	1:01.28	2:17.32	2:19.99	5:02.04
79	1.21	32.42	1:10.93	2:34.18	27.90	1:01.79	2:18.46	2:21.16	5:04.56
78	1.22	32.68	1:11.52	2:35.45	28.13	1:02.31	2:19.60	2:22.33	5:07.07
77	1.23	32.95	1:12.10	2:36.73	28.36	1:02.82	2:20.75	2:23.49	5:09.59
76	1.24	33.22	1:12.69	2:38.00	28.59	1:03.33	2:21.89	2:24.66	5:12.11
75	1.25	33.49	1:13.28	2:39.28	28.83	1:03.84	2:23.04	2:25.83	5:14.63
74	1.26	33.76	1:13.86	2:40.55	29.06	1:04.35	2:24.18	2:26.99	5:17.14
73	1.27	34.02	1:14.45	2:41.82	29.29	1:04.86	2:25.33	2:28.16	5:19.66
72	1.28	34.29	1:15.03	2:43.10	29.52	1:05.37	2:26.47	2:29.32	5:22.18
71	1.29	34.56	1:15.62	2:44.37	29.75	1:05.88	2:27.61	2:30.49	5:24.69
70	1.30	34.83	1:16.21	2:45.65	29.98	1:06.39	2:28.76	2:31.66	5:27.21
69	1.31	35.09	1:16.79	2:46.92	30.21	1:06.90	2:29.90	2:32.82	5:29.73
68	1.32	35.36	1:17.38	2:48.19	30.44	1:07.41	2:31.05	2:33.99	5:32.24
67	1.33	35.63	1:17.96	2:49.47	30.67	1:07.92	2:32.19	2:35.16	5:34.76
66	1.34	35.90	1:18.55	2:50.74	30.90	1:08.43	2:33.34	2:36.32	5:37.28
65	1.35	36.17	1:19.14	2:52.02	31.13	1:08.94	2:34.48	2:37.49	5:39.80
64	1.36	36.43	1:19.72	2:53.29	31.36	1:09.46	2:35.62	2:38.66	5:42.31
63	1.37	36.70	1:20.31	2:54.57	31.59	1:09.97	2:36.77	2:39.82	5:44.83
62	1.38	36.97	1:20.90	2:55.84	31.82	1:10.48	2:37.91	2:40.99	5:47.35
61	1.39	37.24	1:21.48	2:57.11	32.05	1:10.99	2:39.06	2:42.16	5:49.86
60	1.40	37.51	1:22.07	2:58.39	32.28	1:11.50	2:40.20	2:43.32	5:52.38
59	1.41	37.77	1:22.65	2:59.66	32.51	1:12.01	2:41.35	2:44.49	5:54.90
58	1.42	38.04	1:23.24	3:00.94	32.75	1:12.52	2:42.49	2:45.66	5:57.41
57	1.43	38.31	1:23.83	3:02.21	32.98	1:13.03	2:43.63	2:46.82	5:59.93
56	1.44	38.58	1:24.41	3:03.48	33.21	1:13.54	2:44.78	2:47.99	6:02.45
55	1.45	38.85	1:25.00	3:04.76	33.44	1:14.05	2:45.92	2:49.16	6:04.97
54	1.46	39.11	1:25.59	3:06.03	33.67	1:14.56	2:47.07	2:50.32	6:07.48
53	1.47	39.38	1:26.17	3:07.31	33.90	1:15.07	2:48.21	2:51.49	6:10.00

Hong Kong Swimming Point Score 2024 (LC)

Women

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	23.96	51.92	1:53.56	4:00.59	8:19.92	15:57.67	27.27	58.75	2:06.31
99	1.01	24.20	52.44	1:54.70	4:03.00	8:24.92	16:07.25	27.54	59.34	2:07.57
98	1.02	24.44	52.96	1:55.83	4:05.40	8:29.92	16:16.82	27.82	59.93	2:08.84
97	1.03	24.68	53.48	1:56.97	4:07.81	8:34.92	16:26.40	28.09	1:00.51	2:10.10
96	1.04	24.92	54.00	1:58.10	4:10.21	8:39.92	16:35.98	28.36	1:01.10	2:11.36
95	1.05	25.16	54.52	1:59.24	4:12.62	8:44.92	16:45.55	28.63	1:01.69	2:12.63
94	1.06	25.40	55.04	2:00.37	4:15.03	8:49.92	16:55.13	28.91	1:02.28	2:13.89
93	1.07	25.64	55.55	2:01.51	4:17.43	8:54.91	17:04.71	29.18	1:02.86	2:15.15
92	1.08	25.88	56.07	2:02.64	4:19.84	8:59.91	17:14.28	29.45	1:03.45	2:16.41
91	1.09	26.12	56.59	2:03.78	4:22.24	9:04.91	17:23.86	29.72	1:04.04	2:17.68
90	1.10	26.36	57.11	2:04.92	4:24.65	9:09.91	17:33.44	30.00	1:04.63	2:18.94
89	1.11	26.60	57.63	2:06.05	4:27.05	9:14.91	17:43.01	30.27	1:05.21	2:20.20
88	1.12	26.84	58.15	2:07.19	4:29.46	9:19.91	17:52.59	30.54	1:05.80	2:21.47
87	1.13	27.07	58.67	2:08.32	4:31.87	9:24.91	18:02.17	30.82	1:06.39	2:22.73
86	1.14	27.31	59.19	2:09.46	4:34.27	9:29.91	18:11.74	31.09	1:06.98	2:23.99
85	1.15	27.55	59.71	2:10.59	4:36.68	9:34.91	18:21.32	31.36	1:07.56	2:25.26
84	1.16	27.79	1:00.23	2:11.73	4:39.08	9:39.91	18:30.90	31.63	1:08.15	2:26.52
83	1.17	28.03	1:00.75	2:12.87	4:41.49	9:44.91	18:40.47	31.91	1:08.74	2:27.78
82	1.18	28.27	1:01.27	2:14.00	4:43.90	9:49.91	18:50.05	32.18	1:09.33	2:29.05
81	1.19	28.51	1:01.78	2:15.14	4:46.30	9:54.90	18:59.63	32.45	1:09.91	2:30.31
80	1.20	28.75	1:02.30	2:16.27	4:48.71	9:59.90	19:09.20	32.72	1:10.50	2:31.57
79	1.21	28.99	1:02.82	2:17.41	4:51.11	10:04.90	19:18.78	33.00	1:11.09	2:32.84
78	1.22	29.23	1:03.34	2:18.54	4:53.52	10:09.90	19:28.36	33.27	1:11.68	2:34.10
77	1.23	29.47	1:03.86	2:19.68	4:55.93	10:14.90	19:37.93	33.54	1:12.26	2:35.36
76	1.24	29.71	1:04.38	2:20.81	4:58.33	10:19.90	19:47.51	33.81	1:12.85	2:36.62
75	1.25	29.95	1:04.90	2:21.95	5:00.74	10:24.90	19:57.09	34.09	1:13.44	2:37.89
74	1.26	30.19	1:05.42	2:23.09	5:03.14	10:29.90	20:06.66	34.36	1:14.03	2:39.15
73	1.27	30.43	1:05.94	2:24.22	5:05.55	10:34.90	20:16.24	34.63	1:14.61	2:40.41
72	1.28	30.67	1:06.46	2:25.36	5:07.96	10:39.90	20:25.82	34.91	1:15.20	2:41.68
71	1.29	30.91	1:06.98	2:26.49	5:10.36	10:44.90	20:35.39	35.18	1:15.79	2:42.94
70	1.30	31.15	1:07.50	2:27.63	5:12.77	10:49.90	20:44.97	35.45	1:16.38	2:44.20
69	1.31	31.39	1:08.02	2:28.76	5:15.17	10:54.90	20:54.55	35.72	1:16.96	2:45.47
68	1.32	31.63	1:08.53	2:29.90	5:17.58	10:59.89	21:04.12	36.00	1:17.55	2:46.73
67	1.33	31.87	1:09.05	2:31.03	5:19.98	11:04.89	21:13.70	36.27	1:18.14	2:47.99
66	1.34	32.11	1:09.57	2:32.17	5:22.39	11:09.89	21:23.28	36.54	1:18.73	2:49.26
65	1.35	32.35	1:10.09	2:33.31	5:24.80	11:14.89	21:32.85	36.81	1:19.31	2:50.52
64	1.36	32.59	1:10.61	2:34.44	5:27.20	11:19.89	21:42.43	37.09	1:19.90	2:51.78
63	1.37	32.83	1:11.13	2:35.58	5:29.61	11:24.89	21:52.01	37.36	1:20.49	2:53.04
62	1.38	33.06	1:11.65	2:36.71	5:32.01	11:29.89	22:01.58	37.63	1:21.08	2:54.31
61	1.39	33.30	1:12.17	2:37.85	5:34.42	11:34.89	22:11.16	37.91	1:21.66	2:55.57
60	1.40	33.54	1:12.69	2:38.98	5:36.83	11:39.89	22:20.74	38.18	1:22.25	2:56.83
59	1.41	33.78	1:13.21	2:40.12	5:39.23	11:44.89	22:30.31	38.45	1:22.84	2:58.10
58	1.42	34.02	1:13.73	2:41.26	5:41.64	11:49.89	22:39.89	38.72	1:23.43	2:59.36
57	1.43	34.26	1:14.25	2:42.39	5:44.04	11:54.89	22:49.47	39.00	1:24.01	3:00.62
56	1.44	34.50	1:14.76	2:43.53	5:46.45	11:59.88	22:59.04	39.27	1:24.60	3:01.89
55	1.45	34.74	1:15.28	2:44.66	5:48.86	12:04.88	23:08.62	39.54	1:25.19	3:03.15
54	1.46	34.98	1:15.80	2:45.80	5:51.26	12:09.88	23:18.20	39.81	1:25.78	3:04.41
53	1.47	35.22	1:16.32	2:46.93	5:53.67	12:14.88	23:27.77	40.09	1:26.36	3:05.68

Hong Kong Swimming Point Score 2024 (LC)

Women

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	29.81	1:05.12	2:21.72	25.34	56.41	2:05.56	2:08.60	4:34.29
99	1.01	30.11	1:05.77	2:23.14	25.59	56.97	2:06.82	2:09.89	4:37.03
98	1.02	30.41	1:06.42	2:24.55	25.85	57.54	2:08.07	2:11.17	4:39.78
97	1.03	30.70	1:07.07	2:25.97	26.10	58.10	2:09.33	2:12.46	4:42.52
96	1.04	31.00	1:07.72	2:27.39	26.35	58.67	2:10.58	2:13.74	4:45.26
95	1.05	31.30	1:08.38	2:28.81	26.61	59.23	2:11.84	2:15.03	4:48.00
94	1.06	31.60	1:09.03	2:30.22	26.86	59.79	2:13.09	2:16.32	4:50.75
93	1.07	31.90	1:09.68	2:31.64	27.11	1:00.36	2:14.35	2:17.60	4:53.49
92	1.08	32.19	1:10.33	2:33.06	27.37	1:00.92	2:15.60	2:18.89	4:56.23
91	1.09	32.49	1:10.98	2:34.47	27.62	1:01.49	2:16.86	2:20.17	4:58.98
90	1.10	32.79	1:11.63	2:35.89	27.87	1:02.05	2:18.12	2:21.46	5:01.72
89	1.11	33.09	1:12.28	2:37.31	28.13	1:02.62	2:19.37	2:22.75	5:04.46
88	1.12	33.39	1:12.93	2:38.73	28.38	1:03.18	2:20.63	2:24.03	5:07.20
87	1.13	33.69	1:13.59	2:40.14	28.63	1:03.74	2:21.88	2:25.32	5:09.95
86	1.14	33.98	1:14.24	2:41.56	28.89	1:04.31	2:23.14	2:26.60	5:12.69
85	1.15	34.28	1:14.89	2:42.98	29.14	1:04.87	2:24.39	2:27.89	5:15.43
84	1.16	34.58	1:15.54	2:44.40	29.39	1:05.44	2:25.65	2:29.18	5:18.18
83	1.17	34.88	1:16.19	2:45.81	29.65	1:06.00	2:26.91	2:30.46	5:20.92
82	1.18	35.18	1:16.84	2:47.23	29.90	1:06.56	2:28.16	2:31.75	5:23.66
81	1.19	35.47	1:17.49	2:48.65	30.15	1:07.13	2:29.42	2:33.03	5:26.41
80	1.20	35.77	1:18.14	2:50.06	30.41	1:07.69	2:30.67	2:34.32	5:29.15
79	1.21	36.07	1:18.80	2:51.48	30.66	1:08.26	2:31.93	2:35.61	5:31.89
78	1.22	36.37	1:19.45	2:52.90	30.91	1:08.82	2:33.18	2:36.89	5:34.63
77	1.23	36.67	1:20.10	2:54.32	31.17	1:09.38	2:34.44	2:38.18	5:37.38
76	1.24	36.96	1:20.75	2:55.73	31.42	1:09.95	2:35.69	2:39.46	5:40.12
75	1.25	37.26	1:21.40	2:57.15	31.68	1:10.51	2:36.95	2:40.75	5:42.86
74	1.26	37.56	1:22.05	2:58.57	31.93	1:11.08	2:38.21	2:42.04	5:45.61
73	1.27	37.86	1:22.70	2:59.98	32.18	1:11.64	2:39.46	2:43.32	5:48.35
72	1.28	38.16	1:23.35	3:01.40	32.44	1:12.20	2:40.72	2:44.61	5:51.09
71	1.29	38.45	1:24.00	3:02.82	32.69	1:12.77	2:41.97	2:45.89	5:53.83
70	1.30	38.75	1:24.66	3:04.24	32.94	1:13.33	2:43.23	2:47.18	5:56.58
69	1.31	39.05	1:25.31	3:05.65	33.20	1:13.90	2:44.48	2:48.47	5:59.32
68	1.32	39.35	1:25.96	3:07.07	33.45	1:14.46	2:45.74	2:49.75	6:02.06
67	1.33	39.65	1:26.61	3:08.49	33.70	1:15.03	2:46.99	2:51.04	6:04.81
66	1.34	39.95	1:27.26	3:09.90	33.96	1:15.59	2:48.25	2:52.32	6:07.55
65	1.35	40.24	1:27.91	3:11.32	34.21	1:16.15	2:49.51	2:53.61	6:10.29
64	1.36	40.54	1:28.56	3:12.74	34.46	1:16.72	2:50.76	2:54.90	6:13.03
63	1.37	40.84	1:29.21	3:14.16	34.72	1:17.28	2:52.02	2:56.18	6:15.78
62	1.38	41.14	1:29.87	3:15.57	34.97	1:17.85	2:53.27	2:57.47	6:18.52
61	1.39	41.44	1:30.52	3:16.99	35.22	1:18.41	2:54.53	2:58.75	6:21.26
60	1.40	41.73	1:31.17	3:18.41	35.48	1:18.97	2:55.78	3:00.04	6:24.01
59	1.41	42.03	1:31.82	3:19.83	35.73	1:19.54	2:57.04	3:01.33	6:26.75
58	1.42	42.33	1:32.47	3:21.24	35.98	1:20.10	2:58.30	3:02.61	6:29.49
57	1.43	42.63	1:33.12	3:22.66	36.24	1:20.67	2:59.55	3:03.90	6:32.23
56	1.44	42.93	1:33.77	3:24.08	36.49	1:21.23	3:00.81	3:05.18	6:34.98
55	1.45	43.22	1:34.42	3:25.49	36.74	1:21.79	3:02.06	3:06.47	6:37.72
54	1.46	43.52	1:35.08	3:26.91	37.00	1:22.36	3:03.32	3:07.76	6:40.46
53	1.47	43.82	1:35.73	3:28.33	37.25	1:22.92	3:04.57	3:09.04	6:43.21

**Paris 2024 Olympic Games- Hong Kong China Long Course Swimming Invitational Trial I
Reject List**

No.	Name	Event	Club	Remarks
1	Caqlar Mehmet Emre	19	HIS	Invalid Swimming Record
2	Caqlar Mehmet Emre	29	HIS	Invalid Swimming Record
3	Chen Calista	4	HIS	Wrong Time
4	Hong Eric Mingze	19	HIS	Wrong Information of Past Competition
5	Robertson Claire Mei	2	HIS	Wrong Information of Past Competition
6	Sandeen Audrey Elizabeth	8	HIS	Wrong Information of Past Competition
7	Lin Pak Yin	11	HSW	Have Swimming Record
8	Seeto Shun Yin	28	KGC	Wrong Event
9	Seeto Shun Yin	34	KGC	Wrong Event
10	Chan Chin Kan	33	LWS	Wrong Information of Past Competition
11	Guo Enxi	6	PSC	No Reg
12	Guo Enxi	28	PSC	No Reg
13	Guo Enxi	34	PSC	No Reg
14	Wan Chun Lim	29	PSC	Wrong Information of Past Competition
15	Wong Chung Kok Helge	5	PSC	Wrong Information of Past Competition
16	Ma Gilaine	12	TPS	Wrong Information of Past Competition
17	Law Sau Ho	7	*TO	Wrong Information of Past Competition

2024 Olympic HKG LC Swimming Inv Trial I - 11/05/2024 to 12/05/2024

Psych Sheet

Event 1 Men 100 LC Meter Freestyle

HKR: 49.15 CHEUK Ming Ho, CPS

OQT: 48.34

OCT: 48.58

WCA: 48.51

WCB: 50.21

JR: 51.24

55.38 QT Qualifying Time

Meet Qualifying: 55.38

	ID#	Name	Age	Team	Seed Time
1	06697 B	Koo, Ralph Yat Ho	26	Hoi Tin	49.68 QT
2	12117 IAZ	Lau, Shiu Yue	26	Hoi Tin	50.10 QT
3	32248 B	Li, Sing Hoi	19	Win Tin	50.25 QT
4	49455 IAZ	Cai, Qi Hong	17	Chi Pui	50.36 QT
5	22824 IAZ	Wong, Lok Kan	20	Hoi Tin	50.68 QT
6	33755 IAZ	Lau, Kin Hei James	15	Hoi Tin	50.86 QT
7		Abeyasinghe, Kyle	24	Sri Lanka	50.99 QT
8	29257 B	He, Shing Ip	18	Chi Pui	51.01 QT
9	36913 IAZ	Cheng, Cheuk Chi George	16	Dali Swimming Club	51.35 QT
10	38227 IAZ	Lo, Tsz Lam	17	Win Tin	51.35 QT
11	35894 B	Chui, Ka Yeung	18	Win Tin	51.54 QT
12	33435 IAZ	Siu, To	17	Dali Swimming Club	51.61 QT
13	30733 B	Lai, King Wo	17	Win Tin	51.81 QT
14	33935 B	Yau, Pak Ho	16	Chi Pui	51.84 QT
15	35393 B	Law, Lok Hei	17	Win Tin	51.91 QT
16	39015 P	Chan, Tsz Kwan	17	Tai PO	52.15 QT
17	26123 IAZ	Wong, Wai Lun	21	Hoi Tin	52.24 QT
18	41900 B	Han, Pak Kiu	14	Hoi Tin	52.32 QT
19	34048 IAZ	Wong, Pok Lam	17	Hoi Tin	52.55 QT
20	36085 B	Hui, Yik Kiu	16	Chi Pui	52.64 QT
21	50321 @ICX	Wu, Chengyong	14	Chi Pui	53.54 QT
22	48237 IAZ	Wang, Yi Shun	15	Chi Pui	53.87 QT
23	35648 IAZ	Lau, Tsz Pok	16	Pacific	54.08 QT
24	37757 B	Cheng, Pak Ho	15	HK Sportworld	54.11 QT
25	43212 B	Tsang, Pak Kiu	14	Sun Yip	54.15 QT
26	36805 B	Chan, Leong To	14	Hoi Tin	54.35 QT
27	44820 ICX	Yeow, Zheng Ren	16	South China	54.46 QT
28	42554 P	Jin, Ethan N	16	Island Stingrays	54.51 QT
29	41723 IAZ	Fong, Yik Yuen	16	Hoi Tin	54.99 QT
30	35258 B	Cheung, Man Ho	13	Sea Lion	55.12 QT
31	35145 IAZ	Liu, Siu Fung	16	Chi Pui	55.38 QT
32	36113 IAZ	Wong, Tsun Ting	17	Eastern Winter	55.38 QT
33	41692 P	Hong, Eric Mingze	15	Island Stingrays	55.38 QT
34	38214 #IAZ	Chan, Wai Ching Adrian	14	Hoi Tin	55.38 QT
35	36895 B	Lo, Kei Hon Andre	15	Hoi Tin	55.38 QT
36	40757 IAZ	To, Hiu Fung	14	Hoi Tin	55.38 QT
37	37663 IAZ	Yan, Kyle	15	Hoi Tin	55.38 QT
38	49384 IAZ	Li, Louis Ka Wo	14	Pacific	55.38 QT
39	39065 B	Leung, Ching To	12	Win Tin	55.38 QT

2024 Olympic HKG LC Swimming Inv Trial I - 11/05/2024 to 12/05/2024

Psych Sheet

Event 2 Women 200 LC Meter Freestyle

HKR: 1:53.92 HAUGHEY Siobhan Bernadette SCA

OQT: 1:57.26

OCT: 1:57.85

WCA: 1:58.66

WCB: 2:02.81

JR: 1:59.77

2:19.97 QT Qualifying Time

Meet Qualifying: 2:19.97

	ID#	Name	Age	Team	Seed Time	
1	33715 IAZ	Ma, Gilaine	15	Tai PO	1:59.41	QT
2	42490	Wang, Xin Tong	15	Win Tin	2:00.06	QT
3	32098 B	Ma, Tsz Tsing Ashley	16	Hoi Tin	2:00.92	QT
4	31841 IAZ	Ng, Lai Wa	18	Hoi Tin	2:02.07	QT
5	32517 B	Wong, Hoi Wai	17	Win Tin	2:02.60	QT
6	44386	Li, Yu Qing	14	Win Tin	2:03.27	QT
7	29449 B	Leung, Wing Tsun Rachel	17	Win Tin	2:05.24	QT
8	38217 IAZ	Yan, Ellie	14	Hoi Tin	2:06.16	QT
9	43424 IAZ	Mathis, Mya Lynn	14	Tai PO	2:07.48	QT
10	39179 B	Man, Wui Kiu	14	Chi Pui	2:07.57	QT
11	36944 B	Chan, Yi Lok	13	Win Tin	2:07.78	QT
12	35932 B	Wong, Sze Laam Serena	14	Win Tin	2:08.04	QT
13	37875 B	Chan, Yuk Yan	15	Hoi Tin	2:09.00	QT
14	36011 B	Law, Hang Ue Anastasia	18	Hoi Tin	2:09.61	QT
15	38029 B	Leung, Evita Yan	13	Tai PO	2:09.65	QT
16	37874 IAZ	Choi, Hiu Ying	14	Hoi Tin	2:09.67	QT
17	37596 P	Sandeen, Audrey Elizabeth	16	Island Stingrays	2:09.79	QT
18	40949 B	Sum, Yi Man	12	Tai PO	2:09.99	QT
19	33874 IAZ	Lee Giselle, Jacinda Jia Hui	16	South China	2:10.07	QT
20	45628 IAZ	Chan, Pui Ka	12	White Dolphin	2:11.41	QT
21	42463 B	Ackber, Bertha	13	Hoi Tin	2:13.55	QT
22	41234 B	Chan, Jacaranda Yik Naam	11	Hoi Tin	2:14.20	QT
23	40081 B	Lin, Yee Ka Chloe	12	Hoi Tin	2:14.42	QT
24		Kuok, Hei Cheng	17	Macau China	2:15.29	QT
25	38394 B	Yeung, Tin Wing	12	Hoi Tin	2:15.77	QT
26	39905 IAZ	Lan, Jasmine Lauren	14	Jockey Club	2:15.97	QT
27	40426 B	Fong, Sin Ka	13	Long Fame	2:17.04	QT
28	39531 B	Lee, Hoi Lam	13	Win Tin	2:17.33	QT
29	42707 P	Kim, Eva Hahn	16	Island Stingrays	2:18.29	QT
30	42705 @P	Krkalo, Eva Katarina	15	Island Stingrays	2:18.69	QT
31	42048 IAZ	Lee, Cynthia Shin Kiu	13	Win Tin	2:18.92	QT
32	48950 #@P	Gao, Jialian	12	Chi Pui	2:19.08	QT
33	47272 IAZ	Man, Harmony Valentina	12	Pacific	2:19.23	QT
34	42574 B	Tian, Mui Hing	15	White Dolphin	2:19.42	QT
35	42704 @P	Krkalo, Mila Sofia	13	Island Stingrays	2:19.97	QT
36	41263 IAZ	Lusher, Lauren Elizabeth	14	South China	2:19.97	QT
37	45986 IAZ	Wong, Cheuk Ying Siena	12	Win Tin	2:19.97	QT

2024 Olympic HKG LC Swimming Inv Trial I - 11/05/2024 to 12/05/2024

Psych Sheet

Event 3 Men 50 LC Meter Breaststroke

HKR: 28.23

TO Kenneth King Him, LWS

WCA: 27.33

WCB: 28.29

JR: 28.83

Meet Qualifying: 32.66

	ID#	Name	Age	Team	Seed Time
1	45703 IAZ	Tsui, Yik Ki	16	Pacific	27.98
2	28535 #B	Law, Tsz Hin	21	Hoi Tin	28.17
3	30694 #IAZ	Cheung, Chi Kit Nicholas	19	Win Tin	28.21
4	35805 B	So, Chun Hin	17	Tai PO	28.61
5	29699 IAZ	Fong, Ka Yu	22	White Dolphin	28.69
6	27080 B	Chan, Tsz Chung Samuel	20	Sword Fish Club	28.77
7	33495 IAZ	Wan, Siu Chun	19	Tai PO	28.87
8		Lam, Chi Chong	17	Macau China	28.89
9	29849 B	Yeung, Cheuk Hay Hayden	18	Chi Pui	29.42
10	32095 B	Lau, Chor Tik	14	Win Tin	29.50
11	25050 B	Kung, Lok Sum	19	Tai PO	29.53
12	40651 P	Leung, Tsz Ming	14	White Dolphin	29.65
13	33716 B	Chan, Ngai Cheung	19	Tuen Mun	29.80
14	45057 @ICO	Caglar, Mehmet Emre	17	Island Stingrays	29.82
15	32214 B	Wong, Sum Lam	16	White Dolphin	29.83
16	34178 IAZ	Poon, Wing Fung	19	Old Folks	29.96
17	35804 IAZ	Tong, Ching Wa	18	Pacific	30.06
18	33793 IAZ	Tam, Ka Shek	17	Win Tin	30.08
19	31822 B	Lau, Ming Yui	18	Lai WA	30.26
20	45922 @ICX	Fu, Enze	14	Chi Pui	30.33
21	36658 IAZ	Ng, Chit	16	Dali Swimming Club	30.44
22	50301 @^IAO	Nelson, Liam Manville	19	Island Stingrays	30.61
23	32099 B	Ng, Wai Ting	16	Win Tin	30.64
24	41024 B	Li, Matthew	15	HK Sportworld	30.91
25	33925 B	Wong, Tsz Ming	17	White Dolphin	30.98
26	32919 IAZ	Cheng, Ho Wan Jude	16	Island Stingrays	31.16
27	45634 IAZ	Chan, Cheuk Hin	15	Marlins	31.42
28	37591 P	Chen, Joshua Luke	16	Island Stingrays	31.57
29	33109 B	Seeto, Shun Yin	17	Keung Sung	31.81
30	46409 IAZ	Wang, Zi Ran	14	Island Stingrays	31.94
31	34714 B	Chan, Chi Kit Javen	15	Win Tin	32.05
32	42703 IAZ	Huang, Sebastian Kai	14	Island Stingrays	32.31
33	40739 IAZ	Yu, Tsz Hei	14	White Dolphin	32.33
34	37181 IAZ	Yu, Ming Hei	16	Pacific	32.43
35	22513 IAZ	Tang, Cheuk Yan	23	White Dolphin	32.51
36	44787 IAZ	Kam, Yu Hin Villa	13	Sun Yip	32.66
37	39065 B	Leung, Ching To	12	Win Tin	32.66
38	36826 B	Wan, Tsz Shan Shawn	14	Win Tin	32.66

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Psych Sheet

Event 4 Women 100 LC Meter Breaststroke

HKR: 1:05.92

HAUGHEY Siobhan Bernadette

SCA

OQT: 1:06.79

OCT: 1:07.12

WCA: 1:07.35

WCB: 1:09.71

JR: 1:09.93

Meet Qualifying: 1:23.48

	ID#	Name	Age	Team	Seed Time
1	39179 B	Man, Wui Kiu	14	Chi Pui	1:07.92
2	29060 IAZ	Lam, Hoi Kiu	20	Hoi Tin	1:08.32
3	29139 B	Young, Sze Ki	20	Tai PO	1:10.50
4	37750 IAZ	So, Ching Nga	15	Hoi Tin	1:10.52
5	33742 IAZ	Lam, Chelsie	15	Dali Swimming Club	1:10.69
6		Chen, Pui Lam	16	Macau China	1:10.89
7	42578 IAZ	Leung, Yan Yui	15	Chi Pui	1:10.94
8	39432 IAZ	Leung, Sze Ki Safira	14	Marlins	1:10.97
9	33492 #IAZ	Chu, Ching Yin Annika	17	Hoi Tin	1:11.88
10	38537 B	Chung, Wing Sum Hazel	14	HK Sportworld	1:12.23
11	38411 B	Yung, Tsz Ching	13	Hoi Tin	1:12.51
12	38297 IAX	Cheung, Hau Wing	16	Lai WA	1:12.53
13	46320 @ICO	Bennett, Alyvia Paige	16	Island Stingrays	1:13.61
14	36010 IAZ	Wu, Kwan Lo	14	Win Tin	1:13.62
15	40306 IAZ	Chi, Yi Lam	13	Jockey Club	1:14.00
16	38528 B	Lam, Tsz Ying	13	Hoi Tin	1:15.13
17	36672 B	Lam, Karman	16	Pacific	1:16.12
18	43778 IAZ	Lee, Rianne	13	White Dolphin	1:16.81
19	48559 IAZ	Yeung, Ho Yuet	12	Hoi Ngai	1:17.46
20	43099 IAZ	Ng, Hoi Ching	14	Win Tin	1:18.42
21	50134 IAZN	Wu, Melody	15	South China	1:19.12
22	51369 @^IM	Liu, Yuehan	15	Chi Pui	1:19.26
23	46194 P	Mohanty, Lavanya Mio	14	Island Stingrays	1:19.68
24	44742 IAZ	Ho, Michelle Yan Sin	12	White Dolphin	1:19.72
25	39998 @ICO	Wang, Madeleine Rose	14	Win Tin	1:19.75
26	46682 IAO	Zhang, Jiachun Catherine	13	Win Tin	1:20.02
27	41875 IAZ	Li, Hei Man	13	Sword Fish Club	1:20.22
28	47395 IAZ	Yu, Yik Huen	12	Win Tin	1:20.85
29	27971 B	Lam, Yung Yu Jasmine	17	Win Tin	1:21.07
30	45734 IAZ	Fung, Hei Yiu	12	Sword Fish Club	1:21.09
31	40953 #B	Tsang, Yuet Tung	14	HK Sportworld	1:21.91
32	43397 IAZ	Lan, Jacey Laura	12	Jockey Club	1:22.57
33	37593 IAZ	Cheng, Sophie Jiahui	16	Island Stingrays	1:22.84
34	37788 IAZ	Chan, Hoi Lam	16	Tuen Mun	1:22.99
35	39484 IAZ	Ho, Taylor Lei	13	Island Stingrays	1:23.48
36	46111 B	Chau, Pak Yu	11	Tai PO	1:23.48
37	38702 IAZ	Siu, Hoi Ching	13	Tai PO	1:23.48
38	46824 #IAZ	Siu, Hoi Nam	12	Tai PO	1:23.48
39	42880 IAZ	Cheng, Lok Ching	13	Win Tin	1:23.48

2024 Olympic HKG LC Swimming Inv Trial I - 11/05/2024 to 12/05/2024

Psych Sheet

Event 5 Men 400 LC Meter IM

HKR: 4:26.54
OQT: 4:12.50
OCT: 4:13.76
WCA: 4:17.48
WCB: 4:26.49
JR: 4:32.42

WHITTINGTON, Peter Harry, DLS

Meet Qualifying: 5:19.19

	ID#	Name	Age	Team	Seed Time
1	30574 IAZ	Cheung, Ryan	17	Chi Pui	4:21.07
2	38227 IAZ	Lo, Tsz Lam	17	Win Tin	4:29.48
3	36547 IAZ	Wong, Yik Yan Sean	16	South China	4:31.75
4	33608 IAZN	Wan, Chun Lim	17	Pacific	4:36.56
5	35648 IAZ	Lau, Tsz Pok	16	Pacific	4:36.91
6	39277 B	Fung, Ho Chun	15	Chi Pui	4:42.73
7	41422 B	Yick, Sum Kiu	14	Sea Lion	4:42.89
8	34506 B	Yu, Shing Hin	16	Win Tin	4:44.16
9	37574 P	Chen, Eric Q	15	Island Stingrays	4:45.65
10	40460 IAZ	Zhao, Oscar	14	Hoi Tin	4:53.33
11	46984 IAZ	Wong, Pak Wai	14	Pacific	4:58.69
12	24053 B	Po, Hin Hang	21	Pacific	4:59.71
13	43281 IAZ	Chan, Chak Alfred	13	HK Sportworld	5:00.27
14	36925 B	Lee, Chi Kiu	14	Win Tin	5:14.60
15	38685 B	Wen, Cheuk Pan	14	Csu	5:19.19
16	42699 IAZ	Chan, Ching Long	13	Pacific	5:19.19

Event 6 Women 100 LC Meter Butterfly

HKR: 58.12
OQT: 57.92
OCT: 58.21
WCA: 58.33
WCB: 1:00.37
JR: 1:00.54

HAUGHEY Siobhan Bernadette

SCA

Meet Qualifying: 1:13.26

	ID#	Name	Age	Team	Seed Time
1	31437 B	Yeung, Hoi Ching	17	Tai PO	59.20
2	29449 B	Leung, Wing Tsun Rachel	17	Win Tin	1:01.10
3		Alkhalidi, Jasmine	30	Philippines	1:01.94
4	43424 IAZ	Mathis, Mya Lynn	14	Tai PO	1:02.58
5	29902 B	Lam, Cheuk Ue Natalie	19	Sun Yip	1:03.19
6	18545 IAZ	Lam, Pac Tung Nikita	23	Sun Yip	1:03.20
7	28108 B	Seeto, Wai Ching	19	Keung Sung	1:03.78
8	42490	Wang, Xin Tong	15	Win Tin	1:03.97
9	44988 @P	Koh, Li Wen Ashley	16	South China	1:04.40
10	35932 B	Wong, Sze Laam Serena	14	Win Tin	1:04.92
11		Cheang, Weng Chi	14	Macau China	1:04.99
12	38028 B	Leung, Evelyn Yi	14	Tai PO	1:05.26
13	46124 #IAZ	Mathis, Kayla J	13	Tai PO	1:06.63
14	48949 IAZ	Chang, Sienna Jing Huan	13	Island Stingrays	1:06.75
15	40887 IAZ	Au-Yeung, Sze Ching	14	Chi Pui	1:06.76
16	38394 B	Yeung, Tin Wing	12	Hoi Tin	1:07.87
17	42555 @P	Chow, Adison Hailey	16	Island Stingrays	1:08.10
18	42151 IAZ	Lai, Cheuk Ling Maris	12	Happy Valley	1:08.23
19	53037 @^ICX	Sun, Qimiao	13	Chi Pui	1:09.76

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Event 6 ... (Women 100 LC Meter Butterfly)

20	45894 IAZ	Yu, Kok Yiu	13	Hoi Tin	1:09.91
21	41265 B	Li, Elizabeth	14	South China	1:10.35
22	38930 IAZN	Lee, Simona	18	Hoi Ngai	1:10.64
23	42705 @P	Krkalo, Eva Katarina	15	Island Stingrays	1:11.24
24	44369 B	Cheung, Chi Ching Clara	13	Win Tin	1:11.77
25	36150 IAZ	Wong, Yin Hei Hayley	16	Happy Valley	1:11.90
26	46392 IAZ	Cheung, Sum Yiu Lydia	13	Pacific	1:13.26

Event 7 Men 100 LC Meter Backstroke

HKR:	55.61	KWAN Hayden, PSC
OQT:	53.74	
OCT:	54.01	
WCA:	54.03	
WCB:	55.92	
JR:	57.73	

Meet Qualifying: 1:07.39

	ID#	Name	Age	Team	Seed Time
1	15423 IAZ	Cheung, Yau Ming	26	Hoi Tin	56.28
2	39015 P	Chan, Tsz Kwan	17	Tai PO	57.53
3	28636 B	Chan, Tsz Chiu	21	Keung Sung	57.61
4	27239 B	Chan, Sheung Kwan	22	Keung Sung	57.81
5	36914 IAZ	Cheng, Cheuk Kin Jake	16	Dali Swimming Club	58.42
6	30435 IAZ	Chan, Chin Kan	19	Lai WA	58.47
7	17709 B	Whittington, Ryan Michael	23	South China	58.57
8	41163 IAZ	Chan, Tsz Hin	16	Tai PO	1:00.66
9	40104 B	Cheung, Yung	13	White Dolphin	1:01.22
10	36111 IAZ	Yeung, Pun Yin	17	Dali Swimming Club	1:01.39
11	37568 IAZ	Ding, Wilfred Weixin	16	Island Stingrays	1:01.76
12		Chan, Si Chon	16	Macau China	1:02.11
13	36791 IAZ	Fong, Tsz Long Jose	14	Dik Wing	1:02.14
14	41268 IAZ	Tan, Pak Hei Brian	14	Dik Wing	1:02.23
15	33758 IAZ	Leung, Tsz Wo	16	Hoi Tin	1:02.37
16	36551 IAZ	Tian, Trevor	14	Tai PO	1:02.70
17	48237 IAZ	Wang, Yi Shun	15	Chi Pui	1:03.10
18	48286 IAZ	Muller, Ethan	16	South China	1:03.32
19	33767 IAZ	Lee, Cheston	15	Pacific	1:03.54
20	40455 IAZ	Lam, Wai Lok	15	Sun Yip	1:03.54
21	37746 @P	Qiu, Junhao	15	Island Stingrays	1:03.64
22	42703 IAZ	Huang, Sebastian Kai	14	Island Stingrays	1:03.93
23	37686 B	Chang, Hok Hin	16	Tai PO	1:04.36
24	39071 B	Luk, Man Him	15	Win Tin	1:04.49
25	34634 B	Mi, Chun Wai	14	Hoi Tin	1:04.62
26	39084 B	Chan, See Nok Feliz	14	Win Tin	1:05.15
27	36805 B	Chan, Leong To	14	Hoi Tin	1:05.25
28		Yau, Ming Wai Ethan	17	Macau China	1:05.46
29	49117 @I	Liu, Haoliang	13	Chi Pui	1:05.48
30	34715 B	Chan, Chi Ho Steven	15	Win Tin	1:05.48
31	38881 B	Chong, Tik Hei Dick	14	Pacific	1:05.76
32	39041 IAZ	Lam, Lok Sum	12	Hoi Tin	1:06.66
33	35804 IAZ	Tong, Ching Wa	18	Pacific	1:06.87
34	40879 IAZ	Chen, Zheng Xuan Jason	12	Hoi Tin	1:07.19
35	43427 IAZ	Lam, Kayden	12	Chi Pui	1:07.39

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Event 7 ... (Men 100 LC Meter Backstroke)

36	52479 IAZ	Li, Hoi Man Calvin	15	Chi Pui	1:07.39
37	40881 IAZN	Ray-smith, Henry Joseph Evel	13	Hoi Tin	1:07.39
38	22824 IAZ	Wong, Lok Kan	20	Hoi Tin	1:07.39

Event 8 Women 50 LC Meter Backstroke

HKR:	27.98	AU Hoi Shun Stephanie, DWA
WCA:	28.22	
WCB:	29.21	
JR:	29.52	

Meet Qualifying: 33.77

	ID#	Name	Age	Team	Seed Time
1	36321 B	Cheung, Sum Yuet Cindy	17	Tai PO	27.43
2	31597 B	Ng, Cheuk Yan	17	Hoi Tin	28.37
3	00866 IAZ	Au, Hoi Shun Stephanie	31	Dik Wing	28.48
4	36936 IAZ	Ho, Pui Yan	14	Win Tin	29.42
5	33947 IAZ	Chan, Hin Yau	17	Tai PO	29.63
6	46816 IAZ	Chan, Tsz Yu Ashley	12	Hoi Tin	29.65
7		Ariuntamir, Enkh-Amgalan	20	Mongolia	30.16
8	40887 IAZ	Au-Yeung, Sze Ching	14	Chi Pui	30.65
9		Senavirathne, Ganga	20	Sri Lanka	30.70
10	36963 IAZ	Chan, Mei Yan	14	Tai PO	30.82
11	41265 B	Li, Elizabeth	14	South China	30.86
12	46124 #IAZ	Mathis, Kayla J	13	Tai PO	30.87
13	35752 B	Li, Cheuk Yiu	14	Hoi Tin	31.02
14		Wong, Un Iao	14	Macau China	32.10
15	51369 @^IM	Liu, Yuehan	15	Chi Pui	32.51
16	39706 B	Yip, Tsz Laam	14	White Dolphin	32.53
17	38891 #IAZ	Leung, Hiu Lam	15	Win Tin	32.71
18	44853 IAZ	Yeung, Gabrielle	13	Pacific	32.76
19	35992 P	Mcfarland, Charlotte Chia-Ju	16	South China	32.93
20	40117 IAZ	Chan, Kalila	13	South China	33.03
21	35953 IAZ	Siu, Hoi Lam	16	Tai PO	33.28
22	45558 IAZ	Wan, Pisces	12	Dali Swimming Club	33.32
23	33828 IAZ	Kor, Ka Hei	16	South China	33.39
24	40950 B	Sum, Yi Lok	12	Tai PO	33.46
25	38855 IAZ	Chow, Natalie Karis	15	South China	33.77
26	51413 #B	Liu, Xiaohui Roanna	10	White Dolphin	33.77
27	42270 B	Wong, Hei Tung	12	Win Tin	33.77

Event 9 Men 200 LC Meter Butterfly

HKR:	2:00.43	LIM Nicholas Owen Zhaoguang	LRC
OQT:	1:55.78		
OCT:	1:56.36		
WCA:	1:56.71		
WCB:	2:00.79		
JR:	2:01.23		

Meet Qualifying: 2:25.98

	ID#	Name	Age	Team	Seed Time
1	33755 IAZ	Lau, Kin Hei James	15	Hoi Tin	1:58.13
2	38701 B	Chung, Hei Chit	15	Hoi Tin	2:04.68
3	29884 B	Kwong, Jacob Yat Nam	17	Win Tin	2:04.92
4	30444 #IAZ	Ho, Chung Lun	20	Pacific	2:05.56
5	45057 @ICO	Caglar, Mehmet Emre	17	Island Stingrays	2:08.02

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Event 9 ... (Men 200 LC Meter Butterfly)

6	36913 IAZ	Cheng, Cheuk Chi George	16	Dali Swimming Club	2:08.10
7	35931 B	Lam, Marcus Pak Hei	14	Win Tin	2:08.90
8	49179 @ICX	Zhu, Xiuping	15	Pacific	2:09.15
9	48237 IAZ	Wang, Yi Shun	15	Chi Pui	2:10.04
10	37575 P	Chen, Jason Q	17	Island Stingrays	2:10.85
11	29257 B	He, Shing Ip	18	Chi Pui	2:11.98
12	34506 B	Yu, Shing Hin	16	Win Tin	2:12.86
13	36113 IAZ	Wong, Tsun Ting	17	Eastern Winter	2:13.11
14	36551 IAZ	Tian, Trevor	14	Tai PO	2:13.23
15	42549 B	Kirk, Ian James	16	Lai WA	2:17.04
16	37574 P	Chen, Eric Q	15	Island Stingrays	2:18.49
17	39669 IAZ	Lau, Yiu Him Jayson	14	Win Tin	2:19.66
18	42699 IAZ	Chan, Ching Long	13	Pacific	2:25.98
19	39576 B	Chan, Pak Yu	13	Sun Yip	2:25.98
20	49931 B	Tsui, Hang Shek	9	Sun Yip	2:25.98
21	47542 IAZ	Leung, Chasen Pak Ho	12	Tai PO	2:25.98

Event 10 Women 200 LC Meter IM

HKR: 2:12.10

HAUGHEY Siobhan Bernadette

SCA

OQT: 2:11.47

OCT: 2:12.13

WCA: 2:12.98

WCB: 2:17.63

JR: 2:13.35

Meet Qualifying: 2:38.84

	ID#	Name	Age	Team	Seed Time
1	42490	Wang, Xin Tong	15	Win Tin	2:14.36
2	31841 IAZ	Ng, Lai Wa	18	Hoi Tin	2:14.99
3	33492 #IAZ	Chu, Ching Yin Annika	17	Hoi Tin	2:20.22
4	35932 B	Wong, Sze Laam Serena	14	Win Tin	2:20.43
5	32517 B	Wong, Hoi Wai	17	Win Tin	2:21.45
6	36944 B	Chan, Yi Lok	13	Win Tin	2:21.94
7	48950 #@P	Gao, Jialian	12	Chi Pui	2:23.22
8	38411 B	Yung, Tsz Ching	13	Hoi Tin	2:24.81
9	39905 IAZ	Lan, Jasmine Lauren	14	Jockey Club	2:25.00
10		Cheang, Weng Chi	14	Macau China	2:25.63
11	39531 B	Lee, Hoi Lam	13	Win Tin	2:25.89
12	43137 IAZ	Yiu, Sum Yin	13	Win Tin	2:25.92
13	38860 IAZ	Chui, On Tsz	15	Hoi Tin	2:27.15
14	38967 B	Gao, Elva	14	Hoi Tin	2:27.36
15	36936 IAZ	Ho, Pui Yan	14	Win Tin	2:27.50
16	41234 B	Chan, Jacaranda Yik Naam	11	Hoi Tin	2:30.88
17	38217 IAZ	Yan, Ellie	14	Hoi Tin	2:32.79
18	41875 IAZ	Li, Hei Man	13	Sword Fish Club	2:33.68
19	44369 B	Cheung, Chi Ching Clara	13	Win Tin	2:35.84
20	35455 B	Poon, Lok Yan	16	Chi Pui	2:36.22
21	42463 B	Ackber, Bertha	13	Hoi Tin	2:37.56
22	44853 IAZ	Yeung, Gabrielle	13	Pacific	2:38.16
23	48949 IAZ	Chang, Sienna Jing Huan	13	Island Stingrays	2:38.84
24	42704 @P	Krkalo, Mila Sofia	13	Island Stingrays	2:38.84
25	47272 IAZ	Man, Harmony Valentina	12	Pacific	2:38.84
26	42270 B	Wong, Hei Tung	12	Win Tin	2:38.84

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Psych Sheet

Event 11 Men 400 LC Meter Freestyle

HKR: 3:50.53 CHEUK Ming Ho, CPS
 OQT: 3:46.78
 OCT: 3:47.91
 WCA: 3:48.15
 WCB: 3:56.14
 JR: 3:57.77

Meet Qualifying: 4:34.03

	ID#	Name	Age	Team	Seed Time
1	33922 P	So, Kwun Wa	16	White Dolphin	3:56.12
2	30733 B	Lai, King Wo	17	Win Tin	3:56.18
3	38539 B	Chan, Wah Royce	15	HK Sportworld	4:00.64
4	41900 B	Han, Pak Kiu	14	Hoi Tin	4:01.74
5	23101 P	Li, Chun Yin Jason	22	Sun Yip	4:07.18
6	35648 IAZ	Lau, Tsz Pok	16	Pacific	4:08.98
7	35385 B	Chong, Hin Yeung	15	Dik Wing	4:13.53
8	41723 IAZ	Fong, Yik Yuen	16	Hoi Tin	4:13.78
9	35393 B	Law, Lok Hei	17	Win Tin	4:14.52
10	43212 B	Tsang, Pak Kiu	14	Sun Yip	4:15.81
11	22961 B	Chan, Tsun Hin	19	White Dolphin	4:18.25
12	40460 IAZ	Zhao, Oscar	14	Hoi Tin	4:20.23
13	43918 @IAX	Chui, Ue Haang	13	White Dolphin	4:20.26
14	36895 B	Lo, Kei Hon Andre	15	Hoi Tin	4:20.87
15	42554 P	Jin, Ethan N	16	Island Stingrays	4:23.54
16	37746 @P	Qiu, Junhao	15	Island Stingrays	4:24.69
17	45472 B	Yeung, Tsz Ho	12	HK Sportworld	4:25.65
18	46409 IAZ	Wang, Zi Ran	14	Island Stingrays	4:27.19
19	40879 IAZ	Chen, Zheng Xuan Jason	12	Hoi Tin	4:31.18
20	42008 B	Law, Tsz Lok	12	Win Tin	4:32.97
21	47679 B	Tsui, Ka Hei	13	Sun Yip	4:33.74
22	43427 IAZ	Lam, Kayden	12	Chi Pui	4:34.03
23	48286 IAZ	Muller, Ethan	16	South China	4:34.03
24	44319 IAZ	Lo, Yat Long Matthew	11	Sun Yip	4:34.03

Event 12 Women 50 LC Meter Freestyle

HKR: 24.30 HAUGHEY Siobhan Bernadette SCA
 OQT: 24.70
 WCA: 25.04
 WCB: 25.92
 JR: 25.38

Meet Qualifying: 28.83

	ID#	Name	Age	Team	Seed Time
1	11920 B	Tam, Hoi Lam	26	Current Club Ltd	24.67
2		Lim, Xiang Qi Amanda	31	Singapore	25.06
3	05641 IBZ	Chan, Kin Lok	30	Win Tin	25.35
4		Alkhalidi, Jasmine	30	Philippines	26.14
5	44386	Li, Yu Qing	14	Win Tin	26.21
6	33492 #IAZ	Chu, Ching Yin Annika	17	Hoi Tin	26.40
7	29449 B	Leung, Wing Tsun Rachel	17	Win Tin	26.40
8	39432 IAZ	Leung, Sze Ki Safira	14	Marlins	26.47
9	46253 @P	Lutz, Gabriella Chelsea	12	Lai WA	26.56
10	36011 B	Law, Hang Ue Anastasia	18	Hoi Tin	26.70
11	38422 B	Wang, Long Yee	14	Happy Valley	26.70
12	43424 IAZ	Mathis, Mya Lynn	14	Tai PO	26.88

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Event 12 ... (Women 50 LC Meter Freestyle)

13	38029 B	Leung, Evita Yan	13	Tai PO	26.89
14		Chen, Pui Lam	16	Macau China	26.99
15	40887 IAZ	Au-Yeung, Sze Ching	14	Chi Pui	27.03
16	33979 IAZ	Liu, Hei Yu	13	White Dolphin	27.18
17		Kuok, Hei Cheng	17	Macau China	27.21
18	37875 B	Chan, Yuk Yan	15	Hoi Tin	27.29
19	51369 @^IM	Liu, Yuehan	15	Chi Pui	27.52
20	44988 @P	Koh, Li Wen Ashley	16	South China	27.57
21	41015 B	Yao, Megan Samantha	14	South China	27.65
22	40949 B	Sum, Yi Man	12	Tai PO	27.69
23	42637 B	So, Yin Yan	13	Happy Valley	27.71
24	39179 B	Man, Wui Kiu	14	Chi Pui	27.72
25	28108 B	Seeto, Wai Ching	19	Keung Sung	27.82
26	42855 #IAX	Kong, Chi Yin	16	Happy Valley	28.13
27	46320 @ICO	Bennett, Alyvia Paige	16	Island Stingrays	28.42
28	40824 P	Robertson, Claire Mei	16	Island Stingrays	28.42
29	38132 IAZ	Wong, Kwok Tao	15	Pacific	28.50
30	42151 IAZ	Lai, Cheuk Ling Maris	12	Happy Valley	28.83
31	42516 IAZ	Mao, Elizabeth	14	Happy Valley	28.83
32	43175 IAZ	Li, Ann	13	White Dolphin	28.83
33	42048 IAZ	Lee, Cynthia Shin Kiu	13	Win Tin	28.83
34	45986 IAZ	Wong, Cheuk Ying Siena	12	Win Tin	28.83

Event 13 Men 200 LC Meter Breaststroke

HKR:	2:11.20	MAK Sai Ting Adam, HTA
OQT:	2:09.68	
OCT:	2:10.33	
WCA:	2:10.32	
WCB:	2:14.88	
JR:	2:14.41	

Meet Qualifying: 2:41.90

	ID#	Name	Age	Team	Seed Time
1	25379 B	Mak, Sai Ting Adam	17	Hoi Tin	2:06.63
2	14815 P	Chillingworth, Adam John	26	South China	2:11.31
3	30694 #IAZ	Cheung, Chi Kit Nicholas	19	Win Tin	2:12.24
4	38227 IAZ	Lo, Tsz Lam	17	Win Tin	2:14.17
5	33608 IAZN	Wan, Chun Lim	17	Pacific	2:17.34
6	32095 B	Lau, Chor Tik	14	Win Tin	2:17.39
7	45057 @ICO	Caglar, Mehmet Emre	17	Island Stingrays	2:19.85
8	36592 B	Lau, Ka Long	15	Hoi Tin	2:21.06
9	40651 P	Leung, Tsz Ming	14	White Dolphin	2:21.30
10	45922 @ICX	Fu, Enze	14	Chi Pui	2:21.49
11	39277 B	Fung, Ho Chun	15	Chi Pui	2:22.18
12	32214 B	Wong, Sum Lam	16	White Dolphin	2:23.65
13	50301 @^IAO	Nelson, Liam Manville	19	Island Stingrays	2:23.75
14	29849 B	Yeung, Cheuk Hay Hayden	18	Chi Pui	2:24.22
15	33716 B	Chan, Ngai Cheung	19	Tuen Mun	2:24.33
16	33925 B	Wong, Tsz Ming	17	White Dolphin	2:24.83
17	41024 B	Li, Matthew	15	HK Sportworld	2:25.27
18	32099 B	Ng, Wai Ting	16	Win Tin	2:26.21
19	37663 IAZ	Yan, Kyle	15	Hoi Tin	2:27.34
20	34714 B	Chan, Chi Kit Javen	15	Win Tin	2:28.03

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Event 13 ... (Men 200 LC Meter Breaststroke)

21	45634 IAZ	Chan, Cheuk Hin	15	Marlins	2:28.04
22	39065 B	Leung, Ching To	12	Win Tin	2:28.53
23	42703 IAZ	Huang, Sebastian Kai	14	Island Stingrays	2:29.02
24	50321 @ICX	Wu, Chengyong	14	Chi Pui	2:30.35
25	33793 IAZ	Tam, Ka Shek	17	Win Tin	2:31.11
26	40455 IAZ	Lam, Wai Lok	15	Sun Yip	2:32.64
27	37574 P	Chen, Eric Q	15	Island Stingrays	2:33.48
28	44787 IAZ	Kam, Yu Hin Villa	13	Sun Yip	2:35.15
29	38725 B	Hong, Yan Shek	13	Pacific	2:36.49
30	43925 B	Lam, Ka Yeung	12	Pacific	2:37.32
31	42303 B	Mi, Chun Ho	12	Hoi Tin	2:39.71
32	36826 B	Wan, Tsz Shan Shawn	14	Win Tin	2:39.90
33	46299 IAZ	Lo, Kei Yan Ian	11	Hoi Tin	2:40.76
34	45162 IAZ	Lau, Chin Fung	14	Pacific	2:40.98
35	45833 B	Cheng, Tsun Yu	11	Sun Yip	2:41.90
36	40739 IAZ	Yu, Tsz Hei	14	White Dolphin	2:41.90
37	46068 B	Akande, Asher Oloruntoba	14	Win Tin	2:41.90
38	41236 B	Yeung, Ho Yin	13	Win Tin	2:41.90

Event 14 Women 800 LC Meter Freestyle

HKR: 8:41.66

AU Hoi Shun Stephanie, *DW

OQT: 8:26.71

OCT: 8:29.24

WCA: 8:37.90

WCB: 8:56.03

JR: 8:50.21

Meet Qualifying: 9:50.29

	ID#	Name	Age	Team	Seed Time
1	19207 B	Nip, Tsz Yin	24	Eastern Winter	8:40.70
2	18545 IAZ	Lam, Pac Tung Nikita	23	Sun Yip	8:59.95
3	37874 IAZ	Choi, Hiu Ying	14	Hoi Tin	9:13.70
4	29902 B	Lam, Cheuk Ue Natalie	19	Sun Yip	9:17.32
5	40963 IAZ	Chung, Wing Yee Sessie	13	Hoi Tin	9:44.07
6	36150 IAZ	Wong, Yin Hei Hayley	16	Happy Valley	9:50.29
7	06425 B	Haughey, Siobhan Bernadette	26	South China	9:50.29
8	43137 IAZ	Yiu, Sum Yin	13	Win Tin	9:50.29

Event 15 Men 50 LC Meter Butterfly

HKR: 23.97

NG Cheuk Yin, TPS

WCA: 23.53

WCB: 24.35

JR: 24.74

Meet Qualifying: 28.10

	ID#	Name	Age	Team	Seed Time
1	32248 B	Li, Sing Hoi	19	Win Tin	24.05
2	33755 IAZ	Lau, Kin Hei James	15	Hoi Tin	24.50
3	32042 IAZ	Lee, Jia Jun Jody George	17	South China	24.79
4	38701 B	Chung, Hei Chit	15	Hoi Tin	24.81
5	33935 B	Yau, Pak Ho	16	Chi Pui	25.16
6	49455 IAZ	Cai, Qi Hong	17	Chi Pui	25.24
7	35894 B	Chui, Ka Yeung	18	Win Tin	25.44
8		Lam, Chi Chong	17	Macau China	25.74
9	37757 B	Cheng, Pak Ho	15	HK Sportworld	26.21

2024 Olympic HKG LC Swimming Inv Trial I - 11/05/2024 to 12/05/2024**Psych Sheet****Event 15 ... (Men 50 LC Meter Butterfly)**

10	36085 B	Hui, Yik Kiu	16	Chi Pui	26.24
11	36113 IAZ	Wong, Tsun Ting	17	Eastern Winter	26.36
12	30444 #IAZ	Ho, Chung Lun	20	Pacific	26.47
13	41163 IAZ	Chan, Tsz Hin	16	Tai PO	26.52
14	37591 P	Chen, Joshua Luke	16	Island Stingrays	26.80
15	22513 IAZ	Tang, Cheuk Yan	23	White Dolphin	26.93
16	38026 IAZ	Wu, Yik Ham	15	HK Sportworld	26.95
17	42549 B	Kirk, Ian James	16	Lai WA	27.01
18	37575 P	Chen, Jason Q	17	Island Stingrays	27.09
19	38214 #IAZ	Chan, Wai Ching Adrian	14	Hoi Tin	27.23
20	29257 B	He, Shing Ip	18	Chi Pui	27.32
21	36551 IAZ	Tian, Trevor	14	Tai PO	27.42
22	38153 IAZ	Cheung, Chi Hang	19	Old Folks	27.56
23	34511 IAZ	Law, Sau Ho	18	Old Folks	27.56
24	42554 P	Jin, Ethan N	16	Island Stingrays	27.60
25	31915 IAZ	Wong, Ho Yeung	18	Lai WA	27.65
26	32919 IAZ	Cheng, Ho Wan Jude	16	Island Stingrays	27.66
27	37568 IAZ	Ding, Wilfred Weixin	16	Island Stingrays	27.77
28		Chau, Hou Cheng	15	Macau China	27.89
29	36117 B	Tam, Sing Hin	15	Dali Swimming Club	28.01
30	49117 @I	Liu, Haoliang	13	Chi Pui	28.06
31	36111 IAZ	Yeung, Pun Yin	17	Dali Swimming Club	28.10
32	49384 IAZ	Li, Louis Ka Wo	14	Pacific	28.10
33	46780 #IAZ	Tang, Jing Yun	13	Sun Yip	28.10
34	47542 IAZ	Leung, Chasen Pak Ho	12	Tai PO	28.10
35	39065 B	Leung, Ching To	12	Win Tin	28.10

Event 16 Women 200 LC Meter Backstroke**HKR: 2:09.33****LAU Yin Yan Claudia, DLS****OQT: 2:10.39****OCT: 2:11.04****WCA: 2:11.08****WCB: 2:15.67****JR: 2:16.10****Meet Qualifying: 2:37.67**

	ID#	Name	Age	Team	Seed Time
1	36321 B	Cheung, Sum Yuet Cindy	17	Tai PO	2:06.65
2	36936 IAZ	Ho, Pui Yan	14	Win Tin	2:14.84
3	35455 B	Poon, Lok Yan	16	Chi Pui	2:16.45
4	35752 B	Li, Cheuk Yiu	14	Hoi Tin	2:18.46
5	38055 B	Ho, Tsz Tung	13	Tai PO	2:20.10
6	36963 IAZ	Chan, Mei Yan	14	Tai PO	2:20.14
7	33874 IAZ	Lee Giselle, Jacinda Jia Hui	16	South China	2:20.43
8	46816 IAZ	Chan, Tsz Yu Ashley	12	Hoi Tin	2:20.90
9	39531 B	Lee, Hoi Lam	13	Win Tin	2:20.90
10	37596 P	Sandeen, Audrey Elizabeth	16	Island Stingrays	2:22.23
11		Ariuntamir, Enkh-Amgalan	20	Mongolia	2:24.06
12	37038 IAZ	Chan, Yin Yan	15	Hoi Tin	2:25.52
13	46124 #IAZ	Mathis, Kayla J	13	Tai PO	2:26.30
14	40824 P	Robertson, Claire Mei	16	Island Stingrays	2:28.46
15	38891 #IAZ	Leung, Hiu Lam	15	Win Tin	2:28.76
16		Wong, Un Iao	14	Macau China	2:29.41

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Event 16 ... (Women 200 LC Meter Backstroke)

17	38967 B	Gao, Elva	14	Hoi Tin	2:29.68
18	42270 B	Wong, Hei Tung	12	Win Tin	2:32.25
19	39706 B	Yip, Tsz Laam	14	White Dolphin	2:32.52
20	42707 P	Kim, Eva Hahn	16	Island Stingrays	2:33.98
21	42555 @P	Chow, Adison Hailey	16	Island Stingrays	2:35.00
22	42704 @P	Krkalo, Mila Sofia	13	Island Stingrays	2:35.06
23	42705 @P	Krkalo, Eva Katarina	15	Island Stingrays	2:37.67
24	35953 IAZ	Siu, Hoi Lam	16	Tai PO	2:37.67
25	41250 B	Li, Karin	14	Win Tin	2:37.67

Event 17 Men 800 LC Meter Freestyle

HKR:	8:03.41	CHEUK Ming Ho, CPS
OQT:	7:51.65	
OCT:	7:54.01	
WCA:	7:53.11	
WCB:	8:09.67	
JR:	8:25.47	

Meet Qualifying: 9:30.00

	ID#	Name	Age	Team	Seed Time
1	29884 B	Kwong, Jacob Yat Nam	17	Win Tin	8:16.49
2	35022 IAZ	Ip, Ali	16	Tai PO	8:21.99
3	38214 #IAZ	Chan, Wai Ching Adrian	14	Hoi Tin	8:23.79
4	03439 IAZ	Sin, Chin Ting Keith	29	South China	8:27.85
5	23101 P	Li, Chun Yin Jason	22	Sun Yip	8:32.06
6	35931 B	Lam, Marcus Pak Hei	14	Win Tin	8:34.88
7	49179 @ICX	Zhu, Xiuping	15	Pacific	8:36.87
8	35385 B	Chong, Hin Yeung	15	Dik Wing	8:37.26
9	35393 B	Law, Lok Hei	17	Win Tin	8:39.28
10	41422 B	Yick, Sum Kiu	14	Sea Lion	8:46.70
11	46985 IAZ	Wong, Chung Kok Helge	13	Pacific	8:53.87
12	43919 IAZ	Chui, Hoi Haang	15	White Dolphin	8:56.88
13	39574 B	Lau, Yi Fung	14	Sun Yip	9:00.78
14	33829 IAO	Ko, Harry Hing	16	South China	9:01.21
15	48681 IAZ	Ho, James On	14	South China	9:02.45
16	35145 IAZ	Liu, Siu Fung	16	Chi Pui	9:03.06
17	40757 IAZ	To, Hiu Fung	14	Hoi Tin	9:12.37
18	38859 @IAO	Yang, Ruei Bin	17	Tuen Mun	9:30.00
19	42699 IAZ	Chan, Ching Long	13	Pacific	9:30.00
20	39576 B	Chan, Pak Yu	13	Sun Yip	9:30.00

Event 18 Women 1500 LC Meter Freestyle

HKR:	16:51.05	HO Nam Wai, WTS
OQT:	16:09.09	
OCT:	16:13.94	
WCA:	16:29.57	
WCB:	17:04.20	
JR:	16:58.79	

Meet Qualifying: 19:20.00

	ID#	Name	Age	Team	Seed Time
1	19207 B	Nip, Tsz Yin	24	Eastern Winter	16:40.76
2	31841 IAZ	Ng, Lai Wa	18	Hoi Tin	16:57.04
3	18545 IAZ	Lam, Pac Tung Nikita	23	Sun Yip	17:10.69
4	36944 B	Chan, Yi Lok	13	Win Tin	17:26.16

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Event 18 ... (Women 1500 LC Meter Freestyle)

5	33874 IAZ	Lee Giselle, Jacinda Jia Hui	16	South China	17:47.39
6	40426 B	Fong, Sin Ka	13	Long Fame	18:28.36
7	41875 IAZ	Li, Hei Man	13	Sword Fish Club	19:20.00

Event 19 Men 200 LC Meter Freestyle

HKR: 1:47.46 CHEUK Ming Ho, CPS

OQT: 1:46.26

OCT: 1:46.79

WCA: 1:47.06

WCB: 1:50.81

JR: 1:52.59

Meet Qualifying: 2:08.25

	ID#	Name	Age	Team	Seed Time
1	29257 B	He, Shing Ip	18	Chi Pui	1:48.84
2	48237 IAZ	Wang, Yi Shun	15	Chi Pui	1:50.64
3	30733 B	Lai, King Wo	17	Win Tin	1:50.72
4	33922 P	So, Kwun Wa	16	White Dolphin	1:51.72
5	33935 B	Yau, Pak Ho	16	Chi Pui	1:52.37
6	41900 B	Han, Pak Kiu	14	Hoi Tin	1:53.30
7	33755 IAZ	Lau, Kin Hei James	15	Hoi Tin	1:53.63
8	38539 B	Chan, Wah Royce	15	HK Sportworld	1:53.70
9	26123 IAZ	Wong, Wai Lun	21	Hoi Tin	1:53.95
10	34048 IAZ	Wong, Pok Lam	17	Hoi Tin	1:54.41
11	35393 B	Law, Lok Hei	17	Win Tin	1:54.80
12	33890 IAZ	Lai, Chun Wai	16	Lai WA	1:56.04
13	35648 IAZ	Lau, Tsz Pok	16	Pacific	1:56.75
14	36085 B	Hui, Yik Kiu	16	Chi Pui	1:58.29
15	46416 B	Lin, Pak Yin	14	HK Sportworld	1:58.59
16	35931 B	Lam, Marcus Pak Hei	14	Win Tin	1:59.76
17	39277 B	Fung, Ho Chun	15	Chi Pui	1:59.79
18	44820 ICX	Yeow, Zheng Ren	16	South China	1:59.89
19	43919 IAZ	Chui, Hoi Haang	15	White Dolphin	2:00.13
20	37574 P	Chen, Eric Q	15	Island Stingrays	2:00.52
21	43212 B	Tsang, Pak Kiu	14	Sun Yip	2:00.62
22	43918 @IAX	Chui, Ue Haang	13	White Dolphin	2:00.93
23	35145 IAZ	Liu, Siu Fung	16	Chi Pui	2:01.08
24	35385 B	Chong, Hin Yeung	15	Dik Wing	2:01.31
25	36895 B	Lo, Kei Hon Andre	15	Hoi Tin	2:03.52
26	46409 IAZ	Wang, Zi Ran	14	Island Stingrays	2:04.72
27	45472 B	Yeung, Tsz Ho	12	HK Sportworld	2:05.30
28	48286 IAZ	Muller, Ethan	16	South China	2:05.30
29	42554 P	Jin, Ethan N	16	Island Stingrays	2:05.99
30	49117 @I	Liu, Haoliang	13	Chi Pui	2:06.72
31	37746 @P	Qiu, Junhao	15	Island Stingrays	2:06.90
32	49384 IAZ	Li, Louis Ka Wo	14	Pacific	2:07.05
33	38859 @IAO	Yang, Ruei Bin	17	Tuen Mun	2:07.25
34	38218 IAZ	Cheng, Tsz Leong Louie	14	Hoi Tin	2:07.82
35	40879 IAZ	Chen, Zheng Xuan Jason	12	Hoi Tin	2:08.25
36	40757 IAZ	To, Hiu Fung	14	Hoi Tin	2:08.25
37	40460 IAZ	Zhao, Oscar	14	Hoi Tin	2:08.25
38	43916 B	Li, Ka Yiu	12	White Dolphin	2:08.25
39	42008 B	Law, Tsz Lok	12	Win Tin	2:08.25

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Event 19 ... (Men 200 LC Meter Freestyle)

40	36925 B	Lee, Chi Kiu	14	Win Tin	2:08.25
41	48157 B	Yiu, Chi Him	13	Win Tin	2:08.25

Event 20 Women 100 LC Meter Freestyle

HKR:	52.02	HAUGHEY Siobhan Bernadette	SCA
OQT:	53.61		
OCT:	53.88		
WCA:	54.25		
WCB:	56.15		
JR:	54.47		

Meet Qualifying: 1:02.90

	ID#	Name	Age	Team	Seed Time
1	11920 B	Tam, Hoi Lam	26	Current Club Ltd	53.98
2	14159 B	Cheng, Camille Lily Mei	31	Hoi Tin	54.66
3	33715 IAZ	Ma, Gilaine	15	Tai PO	55.25
4		Lim, Xiang Qi Amanda	31	Singapore	56.11
5	29449 B	Leung, Wing Tsun Rachel	17	Win Tin	56.57
6	32098 B	Ma, Tsz Tsing Ashley	16	Hoi Tin	56.67
7	44386	Li, Yu Qing	14	Win Tin	56.70
8	35455 B	Poon, Lok Yan	16	Chi Pui	57.13
9	39179 B	Man, Wui Kiu	14	Chi Pui	57.47
10	32517 B	Wong, Hoi Wai	17	Win Tin	57.69
11	43424 IAZ	Mathis, Mya Lynn	14	Tai PO	58.29
12	46253 @P	Lutz, Gabriella Chelsea	12	Lai WA	58.47
13	36011 B	Law, Hang Ue Anastasia	18	Hoi Tin	58.58
14	37875 B	Chan, Yuk Yan	15	Hoi Tin	58.68
15	38422 B	Wang, Long Yee	14	Happy Valley	58.89
16	33492 #IAZ	Chu, Ching Yin Annika	17	Hoi Tin	58.93
17	37596 P	Sandeen, Audrey Elizabeth	16	Island Stingrays	59.12
18	37874 IAZ	Choi, Hiu Ying	14	Hoi Tin	59.22
19	44988 @P	Koh, Li Wen Ashley	16	South China	59.51
20	38029 B	Leung, Evita Yan	13	Tai PO	59.74
21	40949 B	Sum, Yi Man	12	Tai PO	59.75
22	40824 P	Robertson, Claire Mei	16	Island Stingrays	59.76
23	33979 IAZ	Liu, Hei Yu	13	White Dolphin	59.88
24	42637 B	So, Yin Yan	13	Happy Valley	1:00.20
25		Kuok, Hei Cheng	17	Macau China	1:00.67
26	45628 IAZ	Chan, Pui Ka	12	White Dolphin	1:01.22
27	44674 B	Wan, Ching Yiu Iris	12	Tai PO	1:01.34
28		Wong, Un Iao	14	Macau China	1:01.34
29	38860 IAZ	Chui, On Tsz	15	Hoi Tin	1:01.57
30	39531 B	Lee, Hoi Lam	13	Win Tin	1:01.65
31	35932 B	Wong, Sze Laam Serena	14	Win Tin	1:01.90
32	40081 B	Lin, Yee Ka Chloe	12	Hoi Tin	1:01.91
33	37038 IAZ	Chan, Yin Yan	15	Hoi Tin	1:02.86
34	31597 B	Ng, Cheuk Yan	17	Hoi Tin	1:02.88
35	41234 B	Chan, Jacaranda Yik Naam	11	Hoi Tin	1:02.90
36	40963 IAZ	Chung, Wing Yee Sessie	13	Hoi Tin	1:02.90
37	42855 #IAX	Kong, Chi Yin	16	Happy Valley	1:02.90
38	42151 IAZ	Lai, Cheuk Ling Maris	12	Happy Valley	1:02.90
39	38132 IAZ	Wong, Kwok Tao	15	Pacific	1:02.90
40	42048 IAZ	Lee, Cynthia Shin Kiu	13	Win Tin	1:02.90

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Event 20 ... (Women 100 LC Meter Freestyle)

41 45986 IAZ Wong, Cheuk Ying Siena 12 Win Tin 1:02.90

Event 21 Men 100 LC Meter Breaststroke

HKR: 1:00.95 MAK Sai Ting Adam, HTA
OQT: 59.49
OCT: 59.79
WCA: 59.75
WCB: 1:01.84
JR: 1:03.01

Meet Qualifying: 1:11.64

ID#	Name	Age	Team	Seed Time
1	25379 B	Mak, Sai Ting Adam	17 Hoi Tin	59.57
2	30694 #IAZ	Cheung, Chi Kit Nicholas	19 Win Tin	1:01.09
3	28535 #B	Law, Tsz Hin	21 Hoi Tin	1:02.19
4	35805 B	So, Chun Hin	17 Tai PO	1:02.73
5	45703 IAZ	Tsui, Yik Ki	16 Pacific	1:03.23
6	32095 B	Lau, Chor Tik	14 Win Tin	1:03.71
7	50301 @^IAO	Nelson, Liam Manville	19 Island Stingrays	1:03.83
8	33495 IAZ	Wan, Siu Chun	19 Tai PO	1:03.86
9	38227 IAZ	Lo, Tsz Lam	17 Win Tin	1:04.39
10	29849 B	Yeung, Cheuk Hay Hayden	18 Chi Pui	1:04.65
11	45057 @ICO	Caglar, Mehmet Emre	17 Island Stingrays	1:05.34
12	25050 B	Kung, Lok Sum	19 Tai PO	1:05.36
13	32214 B	Wong, Sum Lam	16 White Dolphin	1:05.36
14	33716 B	Chan, Ngai Cheung	19 Tuen Mun	1:05.44
15	31822 B	Lau, Ming Yui	18 Lai WA	1:06.24
16	45922 @ICX	Fu, Enze	14 Chi Pui	1:06.26
17	34178 IAZ	Poon, Wing Fung	19 Old Folks	1:06.32
18	32099 B	Ng, Wai Ting	16 Win Tin	1:06.42
19	33793 IAZ	Tam, Ka Shek	17 Win Tin	1:06.56
20	36805 B	Chan, Leong To	14 Hoi Tin	1:07.14
21	41024 B	Li, Matthew	15 HK Sportworld	1:07.16
22	36592 B	Lau, Ka Long	15 Hoi Tin	1:07.16
23	33925 B	Wong, Tsz Ming	17 White Dolphin	1:07.53
24	45634 IAZ	Chan, Cheuk Hin	15 Marlins	1:08.24
25	42703 IAZ	Huang, Sebastian Kai	14 Island Stingrays	1:08.66
26	46984 IAZ	Wong, Pak Wai	14 Pacific	1:09.30
27	40739 IAZ	Yu, Tsz Hei	14 White Dolphin	1:09.48
28	37181 IAZ	Yu, Ming Hei	16 Pacific	1:10.47
29	39065 B	Leung, Ching To	12 Win Tin	1:10.67
30	36826 B	Wan, Tsz Shan Shawn	14 Win Tin	1:10.73
31	51081 #IAZ	Choy, Sum Ming Samuel	10 Jockey Club	1:11.64
32	33109 B	Seeto, Shun Yin	17 Keung Sung	1:11.64
33	44787 IAZ	Kam, Yu Hin Villa	13 Sun Yip	1:11.64

Event 22 Women 50 LC Meter Breaststroke

HKR: 30.36 HAUGHEY Siobhan Bernadette SCA
WCA: 31.02
WCB: 32.11
JR: 32.31

Meet Qualifying: 37.66

ID#	Name	Age	Team	Seed Time
1	29060 IAZ	Lam, Hoi Kiu	20 Hoi Tin	31.46

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Event 22 ... (Women 50 LC Meter Breaststroke)

2		Chen, Pui Lam	16	Macau China	31.56
3	33742 IAZ	Lam, Chelsie	15	Dali Swimming Club	32.09
4	37750 IAZ	So, Ching Nga	15	Hoi Tin	32.25
5	42578 IAZ	Leung, Yan Yui	15	Chi Pui	32.71
6	39432 IAZ	Leung, Sze Ki Safira	14	Marlins	32.73
7	29139 B	Young, Sze Ki	20	Tai PO	32.75
8	38411 B	Yung, Tsz Ching	13	Hoi Tin	33.34
9	33492 #IAZ	Chu, Ching Yin Annika	17	Hoi Tin	33.75
10	40306 IAZ	Chi, Yi Lam	13	Jockey Club	33.90
11	36827 IAZ	Wong, Anthea Ching Wun	21	Island Stingrays	34.01
12	41015 B	Yao, Megan Samantha	14	South China	34.03
13	35932 B	Wong, Sze Laam Serena	14	Win Tin	34.34
14	46320 @ICO	Bennett, Alyvia Paige	16	Island Stingrays	34.51
15	39149 IAZ	Xing, Yina	12	Happy Valley	34.58
16	51369 @^IM	Liu, Yuehan	15	Chi Pui	34.64
17	38528 B	Lam, Tsz Ying	13	Hoi Tin	34.90
18	43099 IAZ	Ng, Hoi Ching	14	Win Tin	34.90
19	43778 IAZ	Lee, Rianne	13	White Dolphin	34.95
20	39706 B	Yip, Tsz Laam	14	White Dolphin	35.10
21	50134 IAZN	Wu, Melody	15	South China	35.28
22	27971 B	Lam, Yung Yu Jasmine	17	Win Tin	35.67
23	42837 IAZ	Kan, Hong Wing Amelia	13	Jockey Club	35.86
24	37209 B	Kan, Hong Ching Audrey	15	Jockey Club	36.01
25	48559 IAZ	Yeung, Ho Yuet	12	Hoi Ngai	36.24
26	44260 P	Chen, Calista	14	Island Stingrays	36.39
27	39998 @ICO	Wang, Madeleine Rose	14	Win Tin	36.53
28	44742 IAZ	Ho, Michelle Yan Sin	12	White Dolphin	36.59
29	47395 IAZ	Yu, Yik Huen	12	Win Tin	36.88
30	43175 IAZ	Li, Ann	13	White Dolphin	36.92
31	38537 B	Chung, Wing Sum Hazel	14	HK Sportworld	36.93
32	46194 P	Mohanty, Lavanya Mio	14	Island Stingrays	37.01
33	37593 IAZ	Cheng, Sophie Jiahui	16	Island Stingrays	37.64
34	39484 IAZ	Ho, Taylor Lei	13	Island Stingrays	37.66
35	47272 IAZ	Man, Harmony Valentina	12	Pacific	37.66
36	45734 IAZ	Fung, Hei Yiu	12	Sword Fish Club	37.66
37	46111 B	Chau, Pak Yu	11	Tai PO	37.66
38	38702 IAZ	Siu, Hoi Ching	13	Tai PO	37.66
39	46824 #IAZ	Siu, Hoi Nam	12	Tai PO	37.66

Event 23 Men 100 LC Meter Butterfly

HKR:	53.38	NG Cheuk Yin, TPS
OQT:	51.67	
OCT:	51.93	
WCA:	51.96	
WCB:	53.78	
JR:	54.42	

Meet Qualifying: 1:04.75

ID#	Name	Age	Team	Seed Time
1	33755 IAZ	Lau, Kin Hei James	15 Hoi Tin	53.38
2	38701 B	Chung, Hei Chit	15 Hoi Tin	55.00
3	33935 B	Yau, Pak Ho	16 Chi Pui	55.19
4	06697 B	Koo, Ralph Yat Ho	26 Hoi Tin	55.58

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Event 23 ... (Men 100 LC Meter Butterfly)

5	30444 #IAZ	Ho, Chung Lun	20	Pacific	56.78
6	49179 @ICX	Zhu, Xiuping	15	Pacific	57.23
7		Lam, Chi Chong	17	Macau China	57.39
8	34048 IAZ	Wong, Pok Lam	17	Hoi Tin	57.46
9	37757 B	Cheng, Pak Ho	15	HK Sportworld	57.49
10	36085 B	Hui, Yik Kiu	16	Chi Pui	57.58
11	31864 IAZ	Kwong, Bui Ming	18	Hoi Ngai	57.70
12	48237 IAZ	Wang, Yi Shun	15	Chi Pui	57.93
13	29884 B	Kwong, Jacob Yat Nam	17	Win Tin	57.94
14	41723 IAZ	Fong, Yik Yuen	16	Hoi Tin	57.98
15	29257 B	He, Shing Ip	18	Chi Pui	58.36
16	35894 B	Chui, Ka Yeung	18	Win Tin	58.67
17	33608 IAZN	Wan, Chun Lim	17	Pacific	58.70
18	42549 B	Kirk, Ian James	16	Lai WA	59.15
19	30733 B	Lai, King Wo	17	Win Tin	59.16
20	36113 IAZ	Wong, Tsun Ting	17	Eastern Winter	59.44
21	36805 B	Chan, Leong To	14	Hoi Tin	59.68
22	41422 B	Yick, Sum Kiu	14	Sea Lion	59.94
23	36551 IAZ	Tian, Trevor	14	Tai PO	1:00.67
24	37591 P	Chen, Joshua Luke	16	Island Stingrays	1:01.93
25	40460 IAZ	Zhao, Oscar	14	Hoi Tin	1:01.96
26	40651 P	Leung, Tsz Ming	14	White Dolphin	1:02.19
27		Chau, Hou Cheng	15	Macau China	1:03.33
28	46985 IAZ	Wong, Chung Kok Helge	13	Pacific	1:03.62
29	34506 B	Yu, Shing Hin	16	Win Tin	1:03.88
30	46780 #IAZ	Tang, Jing Yun	13	Sun Yip	1:04.04
31	45833 B	Cheng, Tsun Yu	11	Sun Yip	1:04.75
32	44319 IAZ	Lo, Yat Long Matthew	11	Sun Yip	1:04.75
33	49931 B	Tsui, Hang Shek	9	Sun Yip	1:04.75
34	47542 IAZ	Leung, Chasen Pak Ho	12	Tai PO	1:04.75

Event 24 Women 400 LC Meter IM

HKR:	4:48.58	CHENG Chloe, PSC
OQT:	4:38.53	
OCT:	4:39.92	
WCA:	4:43.06	
WCB:	4:52.97	
JR:	4:51.30	

Meet Qualifying: 5:38.68

	ID#	Name	Age	Team	Seed Time
1	42490	Wang, Xin Tong	15	Win Tin	4:42.99
2	31841 IAZ	Ng, Lai Wa	18	Hoi Tin	4:43.92
3	38860 IAZ	Chui, On Tsz	15	Hoi Tin	5:07.29
4		Cheang, Weng Chi	14	Macau China	5:09.95
5	38967 B	Gao, Elva	14	Hoi Tin	5:10.15
6	39531 B	Lee, Hoi Lam	13	Win Tin	5:13.43
7	43137 IAZ	Yiu, Sum Yin	13	Win Tin	5:14.83
8	36936 IAZ	Ho, Pui Yan	14	Win Tin	5:34.71
9	42704 @P	Krkalo, Mila Sofia	13	Island Stingrays	5:36.21
10	48950 #@P	Gao, Jialian	12	Chi Pui	5:38.68
11	40963 IAZ	Chung, Wing Yee Sessie	13	Hoi Tin	5:38.68
12	40081 B	Lin, Yee Ka Chloe	12	Hoi Tin	5:38.68

2024 Olympic HKG LC Swimming Inv Trial I - 11/05/2024 to 12/05/2024**Psych Sheet****Event 24 ... (Women 400 LC Meter IM)**

13	46392 IAZ	Cheung, Sum Yiu Lydia	13	Pacific	5:38.68
14	44853 IAZ	Yeung, Gabrielle	13	Pacific	5:38.68
15	44369 B	Cheung, Chi Ching Clara	13	Win Tin	5:38.68
16	45986 IAZ	Wong, Cheuk Ying Siena	12	Win Tin	5:38.68

Event 25 Men 50 LC Meter Backstroke

HKR:	26.00	LAU Shiu Yue, HTA
WCA:	25.16	
WCB:	26.04	
JR:	26.81	

Meet Qualifying: 30.58

	ID#	Name	Age	Team	Seed Time
1	12117 IAZ	Lau, Shiu Yue	26	Hoi Tin	24.38
2	36737 B	Chan, Wang Hei Terence	17	Tai PO	26.14
3	28636 B	Chan, Tsz Chiu	21	Keung Sung	26.27
4	27239 B	Chan, Sheung Kwan	22	Keung Sung	26.31
5	39015 P	Chan, Tsz Kwan	17	Tai PO	26.39
6	30435 IAZ	Chan, Chin Kan	19	Lai WA	26.87
7	17709 B	Whittington, Ryan Michael	23	South China	27.02
8	23101 P	Li, Chun Yin Jason	22	Sun Yip	27.44
9	44357 B	Leung, Chun Ho Franky	16	Pacific	27.87
10	33435 IAZ	Siu, To	17	Dali Swimming Club	27.98
11	41163 IAZ	Chan, Tsz Hin	16	Tai PO	28.02
12	36551 IAZ	Tian, Trevor	14	Tai PO	28.07
13	36791 IAZ	Fong, Tsz Long Jose	14	Dik Wing	28.24
14	33758 IAZ	Leung, Tsz Wo	16	Hoi Tin	28.36
15	37686 B	Chang, Hok Hin	16	Tai PO	28.41
16	41268 IAZ	Tan, Pak Hei Brian	14	Dik Wing	28.58
17	37568 IAZ	Ding, Wilfred Weixin	16	Island Stingrays	28.70
18	35804 IAZ	Tong, Ching Wa	18	Pacific	28.75
19		Chan, Si Chon	16	Macau China	28.85
20	40104 B	Cheung, Yung	13	White Dolphin	28.96
21	49384 IAZ	Li, Louis Ka Wo	14	Pacific	29.02
22	39071 B	Luk, Man Him	15	Win Tin	29.14
23	33767 IAZ	Lee, Cheston	15	Pacific	29.17
24	39084 B	Chan, See Nok Feliz	14	Win Tin	29.81
25	37746 @P	Qiu, Junhao	15	Island Stingrays	29.84
26		Yau, Ming Wai Ethan	17	Macau China	29.84
27	42554 P	Jin, Ethan N	16	Island Stingrays	30.14
28	41272 IAZ	Lam, C Yuen Yannis	14	Dik Wing	30.30
29	49117 @I	Liu, Haoliang	13	Chi Pui	30.39
30	43427 IAZ	Lam, Kayden	12	Chi Pui	30.58
31	52479 IAZ	Li, Hoi Man Calvin	15	Chi Pui	30.58
32	40881 IAZN	Ray-smith, Henry Joseph Evel	13	Hoi Tin	30.58

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Event 26 Women 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA
 OQT: 59.99
 OCT: 1:00.29
 WCA: 1:00.59
 WCB: 1:02.71
 JR: 1:03.30

Meet Qualifying: 1:15.80

	ID#	Name	Age	Team	Seed Time
1	36321 B	Cheung, Sum Yuet Cindy	17	Tai PO	58.39
2	00866 IAZ	Au, Hoi Shun Stephanie	31	Dik Wing	1:00.78
3	36936 IAZ	Ho, Pui Yan	14	Win Tin	1:02.90
4	31597 B	Ng, Cheuk Yan	17	Hoi Tin	1:03.26
5		Ariuntamir, Enkh-Amgalan	20	Mongolia	1:04.72
6		Senavirathne, Ganga	20	Sri Lanka	1:04.93
7	33947 IAZ	Chan, Hin Yau	17	Tai PO	1:05.18
8	36963 IAZ	Chan, Mei Yan	14	Tai PO	1:05.31
9	35752 B	Li, Cheuk Yiu	14	Hoi Tin	1:05.36
10	46816 IAZ	Chan, Tsz Yu Ashley	12	Hoi Tin	1:05.46
11	37596 P	Sandeen, Audrey Elizabeth	16	Island Stingrays	1:05.56
12	46124 #IAZ	Mathis, Kayla J	13	Tai PO	1:06.35
13	41265 B	Li, Elizabeth	14	South China	1:06.72
14	37038 IAZ	Chan, Yin Yan	15	Hoi Tin	1:08.48
15	38891 #IAZ	Leung, Hiu Lam	15	Win Tin	1:08.50
16	38967 B	Gao, Elva	14	Hoi Tin	1:09.26
17	42555 @P	Chow, Adison Hailey	16	Island Stingrays	1:09.58
18	51369 @^IM	Liu, Yuehan	15	Chi Pui	1:10.37
19	44853 IAZ	Yeung, Gabrielle	13	Pacific	1:10.90
20	40824 P	Robertson, Claire Mei	16	Island Stingrays	1:11.09
21	33828 IAZ	Kor, Ka Hei	16	South China	1:11.14
22	42707 P	Kim, Eva Hahn	16	Island Stingrays	1:11.38
23	42705 @P	Krkalo, Eva Katarina	15	Island Stingrays	1:12.15
24	35953 IAZ	Siu, Hoi Lam	16	Tai PO	1:12.26
25	40117 IAZ	Chan, Kalila	13	South China	1:12.46
26	46320 @ICO	Bennett, Alyvia Paige	16	Island Stingrays	1:12.50
27	42270 B	Wong, Hei Tung	12	Win Tin	1:12.53
28	35992 P	Mcfarland, Charlotte Chia-Ju	16	South China	1:13.09
29	42704 @P	Krkalo, Mila Sofia	13	Island Stingrays	1:13.78
30	40950 B	Sum, Yi Lok	12	Tai PO	1:14.13
31	48949 IAZ	Chang, Sienna Jing Huan	13	Island Stingrays	1:15.05
32	45537 IAZ	Yeung, Cheuk Yiu	12	Happy Valley	1:15.80
33	38535 #B	Chan, Jiselle	14	Pacific	1:15.80
34	41250 B	Li, Karin	14	Win Tin	1:15.80

Event 27 Men 200 LC Meter IM

HKR: 2:01.37 TO Kenneth King Him, LWS
 OQT: 1:57.94
 OCT: 1:58.53
 WCA: 1:59.53
 WCB: 2:03.71
 JR: 2:05.10

Meet Qualifying: 2:24.55

	ID#	Name	Age	Team	Seed Time
1	30574 IAZ	Cheung, Ryan	17	Chi Pui	2:06.24

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Event 27 ... (Men 200 LC Meter IM)

2	48237 IAZ	Wang, Yi Shun	15	Chi Pui	2:07.05
3	36547 IAZ	Wong, Yik Yan Sean	16	South China	2:07.08
4	26123 IAZ	Wong, Wai Lun	21	Hoi Tin	2:07.11
5	31864 IAZ	Kwong, Bui Ming	18	Hoi Ngai	2:08.25
6	33890 IAZ	Lai, Chun Wai	16	Lai WA	2:08.58
7	30733 B	Lai, King Wo	17	Win Tin	2:09.06
8	25050 B	Kung, Lok Sum	19	Tai PO	2:09.14
9	33935 B	Yau, Pak Ho	16	Chi Pui	2:09.62
10	38539 B	Chan, Wah Royce	15	HK Sportworld	2:10.40
11	39277 B	Fung, Ho Chun	15	Chi Pui	2:12.21
12	34506 B	Yu, Shing Hin	16	Win Tin	2:12.94
13	38214 #IAZ	Chan, Wai Ching Adrian	14	Hoi Tin	2:13.17
14	36592 B	Lau, Ka Long	15	Hoi Tin	2:14.21
15	41422 B	Yick, Sum Kiu	14	Sea Lion	2:17.46
16	37574 P	Chen, Eric Q	15	Island Stingrays	2:18.86
17	43918 @IAX	Chui, Ue Haang	13	White Dolphin	2:19.19
18	42703 IAZ	Huang, Sebastian Kai	14	Island Stingrays	2:19.88
19	33504 IAZ	Leung, Lok Hei	18	North Sports	2:20.56
20	37663 IAZ	Yan, Kyle	15	Hoi Tin	2:20.87
21	34714 B	Chan, Chi Kit Javen	15	Win Tin	2:21.33
22	46409 IAZ	Wang, Zi Ran	14	Island Stingrays	2:21.62
23	50321 @ICX	Wu, Chengyong	14	Chi Pui	2:24.55
24	40879 IAZ	Chen, Zheng Xuan Jason	12	Hoi Tin	2:24.55
25	40882 B	Lee, Chung Hei Aiden	13	Hoi Tin	2:24.55
26	46984 IAZ	Wong, Pak Wai	14	Pacific	2:24.55
27	36780 B	Lam, Ho Cheung	14	Sun Yip	2:24.55

Event 28 Women 200 LC Meter Butterfly

HKR: 2:12.79

Yeung Hoi Ching, TPS

OQT: 2:08.43

OCT: 2:09.07

WCA: 2:09.21

WCB: 2:13.73

JR: 2:14.06

Meet Qualifying: 2:31.17

	ID#	Name	Age	Team	Seed Time
1	31437 B	Yeung, Hoi Ching	17	Tai PO	2:12.57
2	42490	Wang, Xin Tong	15	Win Tin	2:14.28
3	43424 IAZ	Mathis, Mya Lynn	14	Tai PO	2:17.65
4	29902 B	Lam, Cheuk Ue Natalie	19	Sun Yip	2:17.70
5	18545 IAZ	Lam, Pac Tung Nikita	23	Sun Yip	2:19.64
6	29449 B	Leung, Wing Tsun Rachel	17	Win Tin	2:19.91
7	35932 B	Wong, Sze Laam Serena	14	Win Tin	2:19.96
8	39706 B	Yip, Tsz Laam	14	White Dolphin	2:20.54
9	38028 B	Leung, Evelyn Yi	14	Tai PO	2:25.45
10	49341 IAZ	Chen, Jiayu	13	Tuen Mun	2:28.91
11	48949 IAZ	Chang, Sienna Jing Huan	13	Island Stingrays	2:31.17

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Event 29 Men 50 LC Meter Freestyle

HKR: 21.83 HO Ian Yentou, SCA
 OQT: 21.96
 WCA: 22.12
 WCB: 22.89
 JR: 23.65

Meet Qualifying: 25.97

	ID#	Name	Age	Team	Seed Time
1	06697 B	Koo, Ralph Yat Ho	26	Hoi Tin	22.44
2	22824 IAZ	Wong, Lok Kan	20	Hoi Tin	22.89
3	49455 IAZ	Cai, Qi Hong	17	Chi Pui	22.94
4	32248 B	Li, Sing Hoi	19	Win Tin	23.10
5	38227 IAZ	Lo, Tsz Lam	17	Win Tin	23.13
6	33435 IAZ	Siu, To	17	Dali Swimming Club	23.34
7		Abeyasinghe, Kyle	24	Sri Lanka	23.45
8	35894 B	Chui, Ka Yeung	18	Win Tin	23.80
9	30798 #IAZ	Yeung, Hei Pui	18	Lai WA	23.90
10	39015 P	Chan, Tsz Kwan	17	Tai PO	23.96
11	29257 B	He, Shing Ip	18	Chi Pui	23.98
12	33935 B	Yau, Pak Ho	16	Chi Pui	24.08
13	31864 IAZ	Kwong, Bui Ming	18	Hoi Ngai	24.15
14	33755 IAZ	Lau, Kin Hei James	15	Hoi Tin	24.18
15	30733 B	Lai, King Wo	17	Win Tin	24.21
16	31077 B	Lo, Man Kit	20	Sword Fish Club	24.28
17	36085 B	Hui, Yik Kiu	16	Chi Pui	24.33
18	37757 B	Cheng, Pak Ho	15	HK Sportworld	24.38
19	36658 IAZ	Ng, Chit	16	Dali Swimming Club	24.49
20	46521 @ICO	Arrigoni, Leonardo	17	South China	24.68
21		Lam, Chi Chong	17	Macau China	24.71
22	43212 B	Tsang, Pak Kiu	14	Sun Yip	24.78
23	41163 IAZ	Chan, Tsz Hin	16	Tai PO	24.82
24	44357 B	Leung, Chun Ho Franky	16	Pacific	24.84
25	35393 B	Law, Lok Hei	17	Win Tin	24.88
26	41529 IAZ	Chan, Yat Fung Evan	14	South China	24.90
27	04637 IBZ	Kwan, Yui Hang	31	Current Club Ltd	24.94
28	31915 IAZ	Wong, Ho Yeung	18	Lai WA	24.94
29	44820 ICX	Yeow, Zheng Ren	16	South China	24.97
30	42554 P	Jin, Ethan N	16	Island Stingrays	25.04
31	40651 P	Leung, Tsz Ming	14	White Dolphin	25.06
32	41024 B	Li, Matthew	15	HK Sportworld	25.09
33	37591 P	Chen, Joshua Luke	16	Island Stingrays	25.21
34	35258 B	Cheung, Man Ho	13	Sea Lion	25.32
35	38859 @IAO	Yang, Ruei Bin	17	Tuen Mun	25.34
36	39279 B	Shum, Chun Hei	14	White Dolphin	25.63
37	41272 IAZ	Lam, C Yuen Yannis	14	Dik Wing	25.77
38	41692 P	Hong, Eric Mingze	15	Island Stingrays	25.84
39	36113 IAZ	Wong, Tsun Ting	17	Eastern Winter	25.88
40	44492 IAZ	Cho, Yat	14	Dali Swimming Club	25.92
41	52479 IAZ	Li, Hoi Man Calvin	15	Chi Pui	25.97
42	50321 @ICX	Wu, Chengyong	14	Chi Pui	25.97
43	36895 B	Lo, Kei Hon Andre	15	Hoi Tin	25.97

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Event 30 Women 400 LC Meter Freestyle

HKR: 4:05.30

HAUGHEY Siobhan Bernadette

SCA

OQT: 4:07.90

OCT: 4:09.14

WCA: 4:10.57

WCB: 4:19.34

JR: 4:13.81

Meet Qualifying: 4:52.07

	ID#	Name	Age	Team	Seed Time
1	06425 B	Haughey, Siobhan Bernadette	26	South China	4:05.30
2	42490	Wang, Xin Tong	15	Win Tin	4:14.38
3	32098 B	Ma, Tsz Tsing Ashley	16	Hoi Tin	4:15.98
4	18545 IAZ	Lam, Pac Tung Nikita	23	Sun Yip	4:17.56
5	36944 B	Chan, Yi Lok	13	Win Tin	4:25.68
6	40949 B	Sum, Yi Man	12	Tai PO	4:28.27
7	37874 IAZ	Choi, Hiu Ying	14	Hoi Tin	4:30.68
8	48950 #@P	Gao, Jialian	12	Chi Pui	4:31.59
9	45628 IAZ	Chan, Pui Ka	12	White Dolphin	4:31.61
10	40824 P	Robertson, Claire Mei	16	Island Stingrays	4:32.86
11	38394 B	Yeung, Tin Wing	12	Hoi Tin	4:34.27
12	38029 B	Leung, Evita Yan	13	Tai PO	4:35.24
13	41234 B	Chan, Jacaranda Yik Naam	11	Hoi Tin	4:41.13
14	41263 IAZ	Lusher, Lauren Elizabeth	14	South China	4:47.31
15	42707 P	Kim, Eva Hahn	16	Island Stingrays	4:47.51
16	40081 B	Lin, Yee Ka Chloe	12	Hoi Tin	4:48.97
17	42048 IAZ	Lee, Cynthia Shin Kiu	13	Win Tin	4:51.86
18	44224 B	Chan, Bernice	13	Chi Pui	4:52.07
19	47272 IAZ	Man, Harmony Valentina	12	Pacific	4:52.07

Event 31 Men 1500 LC Meter Freestyle

HKR: 15:38.76

CHEUK Ming Ho, CPS

OQT: 15:00.99

OCT: 15:05.49

WCA: 15:04.64

WCB: 15:36.30

JR: 16:00.66

Meet Qualifying: 18:20.31

	ID#	Name	Age	Team	Seed Time
1	29884 B	Kwong, Jacob Yat Nam	17	Win Tin	15:50.83
2	33922 P	So, Kwun Wa	16	White Dolphin	16:05.51
3	23101 P	Li, Chun Yin Jason	22	Sun Yip	16:14.98
4	22961 B	Chan, Tsun Hin	19	White Dolphin	16:21.28
5	35931 B	Lam, Marcus Pak Hei	14	Win Tin	16:25.42
6	03439 IAZ	Sin, Chin Ting Keith	29	South China	16:36.56
7	35385 B	Chong, Hin Yeung	15	Dik Wing	16:41.06
8	35022 IAZ	Ip, Ali	16	Tai PO	16:42.67
9	48681 IAZ	Ho, James On	14	South China	17:18.77
10	43919 IAZ	Chui, Hoi Haang	15	White Dolphin	17:22.42
11	33829 IAO	Ko, Harry Hing	16	South China	17:24.84
12	38218 IAZ	Cheng, Tsz Leong Louie	14	Hoi Tin	17:29.54
13	40757 IAZ	To, Hiu Fung	14	Hoi Tin	17:29.90
14	46984 IAZ	Wong, Pak Wai	14	Pacific	17:38.86
15	38725 B	Hong, Yan Shek	13	Pacific	17:51.22
16	39574 B	Lau, Yi Fung	14	Sun Yip	18:09.19

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Event 31 ... (Men 1500 LC Meter Freestyle)

17	48286 IAZ	Muller, Ethan	16	South China	18:20.31
18	35258 B	Cheung, Man Ho	13	Sea Lion	18:20.31
19	47679 B	Tsui, Ka Hei	13	Sun Yip	18:20.31

Event 32 Women 200 LC Meter Breaststroke

HKR:	2:27.96	KONG Yvette Man Yi, SCA
OQT:	2:23.91	
OCT:	2:24.63	
WCA:	2:25.91	
WCB:	2:31.02	
JR:	2:32.79	

Meet Qualifying: 3:02.68

	ID#	Name	Age	Team	Seed Time
1	33742 IAZ	Lam, Chelsie	15	Dali Swimming Club	2:35.73
2	42578 IAZ	Leung, Yan Yui	15	Chi Pui	2:36.09
3	38297 IAX	Cheung, Hau Wing	16	Lai WA	2:36.33
4	39432 IAZ	Leung, Sze Ki Safira	14	Marlins	2:36.63
5	33815 IAZ	Wong, Hin Yi	16	Tai PO	2:37.21
6	38537 B	Chung, Wing Sum Hazel	14	HK Sportworld	2:37.84
7	36010 IAZ	Wu, Kwan Lo	14	Win Tin	2:39.32
8	46320 @ICO	Bennett, Alyvia Paige	16	Island Stingrays	2:41.23
9	40306 IAZ	Chi, Yi Lam	13	Jockey Club	2:41.45
10		Chen, Pui Lam	16	Macau China	2:41.84
11	36672 B	Lam, Karman	16	Pacific	2:42.45
12	38528 B	Lam, Tsz Ying	13	Hoi Tin	2:42.78
13	43137 IAZ	Yiu, Sum Yin	13	Win Tin	2:44.37
14	39531 B	Lee, Hoi Lam	13	Win Tin	2:46.11
15	43099 IAZ	Ng, Hoi Ching	14	Win Tin	2:49.09
16	39998 @ICO	Wang, Madeleine Rose	14	Win Tin	2:51.89
17	46682 IAO	Zhang, Jiachun Catherine	13	Win Tin	2:52.57
18	47395 IAZ	Yu, Yik Huen	12	Win Tin	2:53.56
19	50134 IAZN	Wu, Melody	15	South China	2:55.42
20	45894 IAZ	Yu, Kok Yiu	13	Hoi Tin	2:55.49
21	37593 IAZ	Cheng, Sophie Jiahui	16	Island Stingrays	2:55.52
22	37788 IAZ	Chan, Hoi Lam	16	Tuen Mun	2:56.37
23	42880 IAZ	Cheng, Lok Ching	13	Win Tin	2:56.38
24	45734 IAZ	Fung, Hei Yiu	12	Sword Fish Club	2:56.78
25	46111 B	Chau, Pak Yu	11	Tai PO	2:59.10
26	46194 P	Mohanty, Lavanya Mio	14	Island Stingrays	3:00.03
27	38702 IAZ	Siu, Hoi Ching	13	Tai PO	3:02.68
28	46824 #IAZ	Siu, Hoi Nam	12	Tai PO	3:02.68
29	47484 IAZ	Bao, Sum Yi Lucinda	12	Win Tin	3:02.68

Event 33 Men 200 LC Meter Backstroke

HKR:	2:00.70	KWAN Hayden, PSC
OQT:	1:57.50	
OCT:	1:58.09	
WCA:	1:58.07	
WCB:	2:02.20	
JR:	2:07.52	

Meet Qualifying: 2:28.79

	ID#	Name	Age	Team	Seed Time
1	28636 B	Chan, Tsz Chiu	21	Keung Sung	2:05.39

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Event 33 ... (Men 200 LC Meter Backstroke)

2	36547 IAZ	Wong, Yik Yan Sean	16	South China	2:08.39
3	17709 B	Whittington, Ryan Michael	23	South China	2:10.19
4	40104 B	Cheung, Yung	13	White Dolphin	2:11.75
5	33758 IAZ	Leung, Tsz Wo	16	Hoi Tin	2:14.01
6	41268 IAZ	Tan, Pak Hei Brian	14	Dik Wing	2:15.95
7	37686 B	Chang, Hok Hin	16	Tai PO	2:16.59
8	46985 IAZ	Wong, Chung Kok Helge	13	Pacific	2:17.63
9	33767 IAZ	Lee, Cheston	15	Pacific	2:18.12
10	36551 IAZ	Tian, Trevor	14	Tai PO	2:18.15
11	39084 B	Chan, See Nok Feliz	14	Win Tin	2:18.54
12	30574 IAZ	Cheung, Ryan	17	Chi Pui	2:18.63
13	34634 B	Mi, Chun Wai	14	Hoi Tin	2:19.07
14		Chan, Si Chon	16	Macau China	2:19.51
15	39071 B	Luk, Man Him	15	Win Tin	2:19.73
16	37746 @P	Qiu, Junhao	15	Island Stingrays	2:19.75
17	37568 IAZ	Ding, Wilfred Weixin	16	Island Stingrays	2:20.49
18	37574 P	Chen, Eric Q	15	Island Stingrays	2:21.05
19	39041 IAZ	Lam, Lok Sum	12	Hoi Tin	2:21.07
20	42008 B	Law, Tsz Lok	12	Win Tin	2:21.18
21	38881 B	Chong, Tik Hei Dick	14	Pacific	2:21.81
22	40879 IAZ	Chen, Zheng Xuan Jason	12	Hoi Tin	2:22.73
23	44357 B	Leung, Chun Ho Franky	16	Pacific	2:24.93
24	40881 IAZN	Ray-smith, Henry Joseph Evel	13	Hoi Tin	2:24.96
25	39669 IAZ	Lau, Yiu Him Jayson	14	Win Tin	2:25.52
26	43427 IAZ	Lam, Kayden	12	Chi Pui	2:28.47
27	39332 B	Wu, Yik Hei	14	HK Sportworld	2:28.79
28	40882 B	Lee, Chung Hei Aiden	13	Hoi Tin	2:28.79
29	44125 IAZ	Liu, Chun Hay Hayden	13	Pacific	2:28.79
30	34715 B	Chan, Chi Ho Steven	15	Win Tin	2:28.79

Event 34 Women 50 LC Meter Butterfly

HKR:	26.55	TAM Hoi Lam, CUC
WCA:	26.32	
WCB:	27.24	
JR:	27.45	

Meet Qualifying: 32.16

	ID#	Name	Age	Team	Seed Time
1	05641 IBZ	Chan, Kin Lok	30	Win Tin	27.03
2	31437 B	Yeung, Hoi Ching	17	Tai PO	27.16
3		Alkhalidi, Jasmine	30	Philippines	27.32
4	29449 B	Leung, Wing Tsun Rachel	17	Win Tin	28.05
5	36827 IAZ	Wong, Anthea Ching Wun	21	Island Stingrays	28.33
6	38411 B	Yung, Tsz Ching	13	Hoi Tin	28.39
7	43424 IAZ	Mathis, Mya Lynn	14	Tai PO	28.66
8	40887 IAZ	Au-Yeung, Sze Ching	14	Chi Pui	28.95
9		Cheang, Weng Chi	14	Macau China	29.03
10	49341 IAZ	Chen, Jiayu	13	Tuen Mun	29.18
11	44988 @P	Koh, Li Wen Ashley	16	South China	29.31
12	45894 IAZ	Yu, Kok Yiu	13	Hoi Tin	29.50
13	37596 P	Sandeen, Audrey Elizabeth	16	Island Stingrays	29.51
14	46124 #IAZ	Mathis, Kayla J	13	Tai PO	30.05
15		Kuok, Hei Cheng	17	Macau China	30.10

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Event 34 ... (Women 50 LC Meter Butterfly)

16	48949 IAZ	Chang, Sienna Jing Huan	13	Island Stingrays	30.22
17	42555 @P	Chow, Adison Hailey	16	Island Stingrays	30.22
18	38028 B	Leung, Evelyn Yi	14	Tai PO	30.29
19	39801 IAZ	Chan, Hiu Tung Vernyce	16	South China	30.36
20	32777 P	Ho, Natalie Jade	17	South China	30.37
21	53037 @^ICX	Sun, Qimiao	13	Chi Pui	30.43
22	42151 IAZ	Lai, Cheuk Ling Maris	12	Happy Valley	30.72
23	38930 IAZN	Lee, Simona	18	Hoi Ngai	30.82
24	42574 B	Tian, Mui Hing	15	White Dolphin	30.99
25	44674 B	Wan, Ching Yiu Iris	12	Tai PO	31.10
26	42705 @P	Krkalo, Eva Katarina	15	Island Stingrays	31.72
27	41875 IAZ	Li, Hei Man	13	Sword Fish Club	32.05
28	46816 IAZ	Chan, Tsz Yu Ashley	12	Hoi Tin	32.06
29	41234 B	Chan, Jacaranda Yik Naam	11	Hoi Tin	32.12
30	36150 IAZ	Wong, Yin Hei Hayley	16	Happy Valley	32.16
31	46392 IAZ	Cheung, Sum Yiu Lydia	13	Pacific	32.16
32	42688 B	Yeung, Lok Tung	12	Win Tin	32.16