

2024 - 2025 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 1)**2024 - 2025 第一組短池分齡游泳比賽第一節****Date:** 23 November 2024 (Saturday)**Venue:**

Victoria Park Swimming Pool 維多利亞公園游泳池

Warm up: 1400 - 1445 hours**First Event:**

1500 hours

GIRLS 女

1	11 & 12 YRS	800M	FREESTYLE	自由泳	2
3	13 & 14 YRS	800M	FREESTYLE	自由泳	~
5	15 - 17 YRS	800M	FREESTYLE	自由泳	~
7	18 & OVER	800M	FREESTYLE	自由泳	~
~	13 & 14 YRS	1500M	FREESTYLE	自由泳	4
~	15 - 17 YRS	1500M	FREESTYLE	自由泳	6
~	18 & OVER	1500M	FREESTYLE	自由泳	8

BOYS 男截止註冊日期 CLOSING DATE FOR REGISTRATION: **14 October 2024 (1700 hours)**截止報名日期 CLOSING DATE FOR ENTRIES: **1 November 2024 (1700 hours)**

2024 - 2025 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 1)

2024 - 2025 第一組短池分齡游泳比賽第一節

Date:	24 November 2024 (Sunday)	Venue:	Victoria Park Swimming Pool 維多利亞公園游泳池
Morning Warm up:	0800 - 0845 hours	Morning Session First Event:	0900 hours
Afternoon Warm up:	1300 - 1345 hours	Afternoon Session First Event:	1400 hours

GIRLS 女

BOYS 男

9	11 & 12 YRS	200M	BUTTERFLY	蝶泳	10
11	13 & 14 YRS	200M	BUTTERFLY	蝶泳	12
13	15 - 17 YRS	200M	BUTTERFLY	蝶泳	14
15	18 & OVER	200M	BUTTERFLY	蝶泳	16
17	10 YRS & UNDER	50M	BACKSTROKE	背泳	18
19	11 & 12 YRS	50M	BACKSTROKE	背泳	20
21	13 & 14 YRS	50M	BACKSTROKE	背泳	22
23	15 - 17 YRS	50M	BACKSTROKE	背泳	24
25	18 & OVER	50M	BACKSTROKE	背泳	26
27	10 YRS & UNDER	100M	BREASTSTROKE	蛙泳	28
29	11 & 12 YRS	100M	BREASTSTROKE	蛙泳	30
31	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	32
33	15 - 17 YRS	100M	BREASTSTROKE	蛙泳	34
35	18 & OVER	100M	BREASTSTROKE	蛙泳	36

LUNCH BREAK 午餐時間

37		4x100M	FREE RELAY	自由接力	38
39	10 YRS & UNDER	100M	IND. MEDLEY	個人四式	40
41	11 & 12 YRS	100M	IND. MEDLEY	個人四式	42
43	13 & 14 YRS	100M	IND. MEDLEY	個人四式	44
45	15 - 17 YRS	100M	IND. MEDLEY	個人四式	46
47	18 & OVER	100M	IND. MEDLEY	個人四式	48
49	10 YRS & UNDER	200M	FREESTYLE	自由泳	50
51	11 & 12 YRS	200M	FREESTYLE	自由泳	52
53	13 & 14 YRS	200M	FREESTYLE	自由泳	54
55	15 - 17 YRS	200M	FREESTYLE	自由泳	56
57	18 & OVER	200M	FREESTYLE	自由泳	58

截止註冊日期 CLOSING DATE FOR REGISTRATION: **14 October 2024 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **1 November 2024 (1700 hours)**

2024 - 2025 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 2)

2024 - 2025 第一組短池分齡游泳比賽第二節

Date: 22 December 2024 (Sunday)

Venue: Victoria Park Swimming Pool 維多利亞公園游泳池

Morning Warm up: 0800 - 0845 hours

Morning Session First Event: 0900 hours

Afternoon Warm Up 1300 - 1345 hours

Afternoon Session First Event 1400 hours

GIRLS 女

BOYS 男

1	10 YRS & UNDER	100M	BUTTERFLY	蝶泳	2
3	11 & 12 YRS	100M	BUTTERFLY	蝶泳	4
5	13 & 14 YRS	100M	BUTTERFLY	蝶泳	6
7	15 - 17 YRS	100M	BUTTERFLY	蝶泳	8
9	18 & OVER	100M	BUTTERFLY	蝶泳	10
11	11 & 12 YRS	200M	BACKSTROKE	背泳	12
13	13 & 14 YRS	200M	BACKSTROKE	背泳	14
15	15 - 17 YRS	200M	BACKSTROKE	背泳	16
17	18 & OVER	200M	BACKSTROKE	背泳	18
19	10 YRS & UNDER	50M	FREESTYLE	自由泳	20
21	11 & 12 YRS	50M	FREESTYLE	自由泳	22
23	13 & 14 YRS	50M	FREESTYLE	自由泳	24
25	15 - 17 YRS	50M	FREESTYLE	自由泳	26
27	18 & OVER	50M	FREESTYLE	自由泳	28
29		4X200M	FREE RELAY	自由接力	30

LUNCH BREAK 午膳時間

31	10 YRS & UNDR	200M	IND. MEDLEY	個人四式	32
33	11 & 12 YRS	200M	IND. MEDLEY	個人四式	34
35	13 & 14 YRS	200M	IND. MEDLEY	個人四式	36
37	15 - 17 YRS	200M	IND. MEDLEY	個人四式	38
39	18 & OVER	200M	IND. MEDLEY	個人四式	40
41	10 YRS & UNDER	50M	BREASTSTROKE	蛙泳	42
43	11 & 12 YRS	50M	BREASTSTROKE	蛙泳	44
45	13 & 14 YRS	50M	BREASTSTROKE	蛙泳	46
47	15 - 17 YRS	50M	BREASTSTROKE	蛙泳	48
49	18 & OVER	50M	BREASTSTROKE	蛙泳	50
51	11 & 12 YRS	400M	FREESTYLE	自由泳	52
53	13 & 14 YRS	400M	FREESTYLE	自由泳	54
55	15 - 17 YRS	400M	FREESTYLE	自由泳	56
57	18 & OVER	400M	FREESTYLE	自由泳	58

截止註冊日期

CLOSING DATE FOR REGISTRATION:

8 November 2024 (1700 hours)

截止報名日期

CLOSING DATE FOR ENTRIES:

29 November 2024 (1700 hours)

2024 - 2025 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 3)

2024 - 2025 第一組短池分齡游泳比賽第三節

Date: 18 January 2025 (Saturday)

Venue:

Victoria Park Swimming
Pool

維多利亞公園游泳
池

Warm up: 1400 - 1445 hours

First Event:

1500 hours

GIRLS 女

1	11 & 12 YRS	800M	FREESTYLE
~	13 & 14 YRS	800M	FREESTYLE
~	15 - 17 YRS	800M	FREESTYLE
~	18 & OVER	800M	FREESTYLE
3	13 & 14 YRS	1500M	FREESTYLE
5	15 - 17 YRS	1500M	FREESTYLE
7	18 & OVER	1500M	FREESTYLE

自由泳
自由泳
自由泳
自由泳
自由泳
自由泳
自由泳

BOYS 男

2
4
6
8
~
~
~

截止註冊日期

CLOSING DATE FOR REGISTRATION:

6 December 2024 (1700 hours)

截止報名日期

CLOSING DATE FOR ENTRIES:

27 December 2024 (1700 hours)

2024 - 2025 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 3)**2024 - 2025 第一組短池分齡游泳比賽第三節****Date:** 19 January 2025 (Sunday)**Venue:** Victoria Park Swimming Pool 維多利亞公園游泳池**Morning Warm up:** 0800 - 0845 hours**Morning Session First Event:** 0900 hours**Afternoon Warm up:** 1300 - 1345 hours**Afternoon Session First Event:** 1400 hours**GIRLS 女****BOYS 男**

9	10 YRS & UNDER	100M	FREESTYLE	自由泳	10
11	11 & 12 YRS	100M	FREESTYLE	自由泳	12
13	13 & 14 YRS	100M	FREESTYLE	自由泳	14
15	15 - 17 YRS	100M	FREESTYLE	自由泳	16
17	18 & OVER	100M	FREESTYLE	自由泳	18
19	10 YRS & UNDER	50M	BUTTERFLY	蝶泳	20
21	11 & 12 YRS	50M	BUTTERFLY	蝶泳	22
23	13 & 14 YRS	50M	BUTTERFLY	蝶泳	24
25	15 - 17 YRS	50M	BUTTERFLY	蝶泳	26
27	18 & OVER	50M	BUTTERFLY	蝶泳	28
29	11 & 12 YRS	200M	BREASTSTROKE	蛙泳	30
31	13 & 14 YRS	200M	BREASTSTROKE	蛙泳	32
33	15 - 17 YRS	200M	BREASTSTROKE	蛙泳	34
35	18 & OVER	200M	BREASTSTROKE	蛙泳	36

LUNCH BREAK 午膳時間

37		4X100M	MEDLEY RELAY	四式接力	38
39	10 YRS & UNDER	100M	BACKSTROKE	背泳	40
41	11 & 12 YRS	100M	BACKSTROKE	背泳	42
43	13 & 14 YRS	100M	BACKSTROKE	背泳	44
45	15 - 17 YRS	100M	BACKSTROKE	背泳	46
47	18 & OVER	100M	BACKSTROKE	背泳	48
49	13 & 14 YRS	400M	IND. MEDLEY	個人四式	50
51	15 - 17 YRS	400M	IND. MEDLEY	個人四式	52
53	18 & OVER	400M	IND. MEDLEY	個人四式	54

截止註冊日期 CLOSING DATE FOR REGISTRATION: **6 December 2024 (1700 hours)**截止報名日期 CLOSING DATE FOR ENTRIES: **27 December 2024 (1700 hours)**