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比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF WORLD AQUATICS)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

68th Festival of Sport - Long Course Swimming Time Trial

第 68 屆體育節 - 長池游泳計時賽

12-13 April 2025 (Sat-Sun)

二零二五年四月十二至十三日(星期六至日)

Hong Kong Sports Institute Swimming Pool

**Address: Hong Kong Sports Institute, 25 Yuen Wo Road, Sha Tin, N.T.,
Hong Kong**

香港體育學院游泳池

地址：香港新界沙田源禾路 25 號

Sport for All 全民運動

68th Festival of Sport - Long Course Swimming Time Trial

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 100 Freestyle	33
2	Women 200 Freestyle	30
3	Men 50 Breaststroke	47
4	Women 100 Breaststroke	43
5	Men 400 IM	32
6	Women 100 Butterfly	27
7	Men 100 Backstroke	51
8	Women 50 Backstroke	42
9	Men 200 Butterfly	25
10	Women 200 IM	30
11	Men 400 Freestyle	50
12	Women 50 Freestyle	31
13	Men 200 Breaststroke	39
14	Women 800 Freestyle	17
15	Men 50 Butterfly	46
16	Women 200 Backstroke	25
17	Men 800 Freestyle	44
18	Women 1500 Freestyle	12
19	Men 200 Freestyle	43
20	Women 100 Freestyle	29
21	Men 100 Breaststroke	47
22	Women 50 Breaststroke	44
23	Men 100 Butterfly	36
24	Women 400 IM	23
25	Men 50 Backstroke	46
26	Women 100 Backstroke	39
27	Men 200 IM	43
28	Women 200 Butterfly	7
29	Men 50 Freestyle	53
30	Women 400 Freestyle	34
31	Men 1500 Freestyle	38
32	Women 200 Breaststroke	35
33	Men 200 Backstroke	42
34	Women 50 Butterfly	39
Total		1222

Entry information by Day		
Day / Session	No. of Entries	Total
Day1	612	1222
Day2	610	

68th Festival of Sport - Long Course Swimming Time Trial
第68屆體育節 - 長池游泳計時賽

EVENT LIST

Venue: 香港體育學院 HKSI

Date: 12-13 April 2025 (Sat - Sun)

AM Warmup: 0800 - 0845 hours

Start: 0900 hours

PM Warmup: 1430 - 1515 hours

Start: 1530 hours

Day 1

Women	QT	Event			QT	Men
			100M	Freestyle	00:55.38	1
2	02:19.97	Freestyle	200M			
			50M	Breaststroke	00:32.66	3
4	01:23.48	Breaststroke	100M			
			400M	Ind. Medley	05:19.19	5
6	01:13.26	Butterfly	100M			
			100M	Backstroke	01:07.39	7
8	00:33.77	Backstroke	50M			
			200M	Butterfly	02:25.98	9
10	02:38.84	Ind. Medley	200M			
			400M	Freestyle	04:34.03	11
12	00:28.83	Freestyle	50M			
			200M	Breaststroke	02:41.90	13
14	09:50.29	Freestyle	800M			
			50M	Butterfly	00:28.10	15
16	02:37.67	Backstroke	200M			
			800	Freestyle	09:30.00	17

Day 2

Women	QT	Event			QT	Men
18	19:20.00	Freestyle	1500			
			200M	Freestyle	02:08.25	19
20	01:02.90	Freestyle	100M			
			100M	Breaststroke	01:11.64	21
22	00:37.66	Breaststroke	50M			
			100M	Butterfly	01:04.75	23
24	05:38.68	Ind. Medley	400M			
			50M	Backstroke	00:30.58	25
26	01:15.80	Backstroke	100M			
			200M	Ind. Medley	02:24.55	27
28	02:31.17	Butterfly	200M			
			50M	Freestyle	00:25.97	29
30	04:52.07	Freestyle	400M			
			1500M	Freestyle	18:20.31	31
32	03:02.68	Breaststroke	200M			
			200M	Backstroke	02:28.79	33
34	00:32.16	Butterfly	50M			

截止註冊日期 CLOSING DATE FOR REGISTRATION:

28 February 2025 (1700 hours)

截止報名日期 CLOSING DATE FOR ENTRIES:

21 March 2025 (1700 hours)

第 68 屆體育節 - 長池游泳計時賽

比賽章程

日期	第一日 12/4/2025 (星期六) 熱身時間: 0800-0845 比賽開始: 0900 熱身時間: 1430 - 1515 比賽開始: 1530 第二日 13/4/2025 (星期日) 熱身時間: 0800-0845 比賽開始: 0900 熱身時間: 1430-1515 比賽開始: 1530
主辦機構	中國香港體育協會暨奧林匹克委員會
協辦機構	中國香港游泳總會
資助機構	康樂及文化事務署
地點	香港體育學院游泳池
報名條件	❖ 所有參賽者必須為中國香港游泳總會正式註冊的 2025-2026 年度(SW 組別)泳員。 ❖ 錦標賽參賽資格規則適用。 ❖ 泳員須達到標準時間方可參加比賽。 ❖ 首次報名參與體育節長池游泳計程賽而未能提交本會舉辦或認可游泳賽事的成績證明，必須以該項的達標時間報名。
報名/棄權	❖ 每名泳員可參加不多於六個個人項目。 ❖ 每項報名費為港幣\$15 元正。 ❖ 所有以達標時間("QT") 報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正。 ❖ 不正確及未達標泳員的報名資料，將不獲受理，報名費概不發還。 ❖ 截止後的報名將不獲受理。 ❖ 13 歲或以上的泳員方可參加 800 米及 1500 自由泳項目。 ❖ 所有初賽棄權須於比賽首天前一天(工作天)中午十二時正前遞交。 ❖ 決賽棄權須於每項初賽成績公佈後三十分鐘內遞交。 ❖ 合資格進入下午決賽的第九及第十名後備泳員如欲棄權，<u>必需</u>遞交棄權表格。
截止註冊	二零二五年二月二十八日 (星期五) (1700 小時)
截止報名	二零二五年三月二十一日 (星期五) (1700 小時)
項目及參賽標準	請參閱項目表 (附達標時間)。
形式	初賽 (上午) 及決賽 (下午)。
規則	❖ 如泳員在比賽前或比賽後被發現參加多於指定數量，本會將取消該泳員最後一項的項目成績。 ❖ 八個或少於八個泳員報名的項目於下午舉行。 ❖ 合資格進入下午決賽的第九及第十名後備泳員須於下午決賽前到召集處報到。 ❖ 未能達到參賽標準之泳員將不能參加決賽。 ❖ 800 米及 1500 米自由泳項目以時間定名次，報名時間最快的首八名泳員將安排於下午作賽，其餘泳員則於上午作賽。 ❖ 泳員申請分段時間紀錄須於每節開賽前 30 分鐘遞交申請表連同港幣\$300 元正予總裁判。任何情況下，所繳費用概不發還。 ❖ 不達標項目的每項罰款為港幣\$120 元正。 ❖ 每項初賽「缺席」的罰款為港幣\$120 元正。 ❖ <u>每項決賽「缺席」的罰款為港幣\$1000 元正。</u> ❖ 比賽將採用世界泳聯及本會規則。
獎項及計分方法	❖ 個人項目前三名將獲發獎牌。未能達到參賽標準之泳員將不獲發獎牌。 ❖ <u>挑戰盃男子/女子個人總冠軍</u>：頒發給在 2025 年香港長池得分表中達到最高分（計至小數後兩個位）的泳員。 (如得分相同，優勝將以下一個最高得分的參賽項目來定奪) ❖ 破香港紀錄的本地泳員獲頒發特別獎，並需進行藥物檢驗。

上訴	❖ 任何上訴須以書面提出，並須在該項目比賽後三十分鐘內，連同上訴費港幣\$300 元正遞交予總裁判。 ❖ 若上訴被駁回，已繳費用概不發還。
運動禁藥管制	❖ 比賽大會設有運動禁藥檢測。大會有權挑選任何參賽運動員接受藥檢。被挑選運動員須在監察下提供尿液樣本。拒絕提供樣本或檢測結果呈陽性均屬違反運動禁藥規條，處分可包括： 1. 取消比賽成績 2. 停賽 停賽期間不可以用任何身份(包括作為出賽運動員、教練、領隊、裁判等)參與比賽及體育活動 3. 罰款港幣\$20,000 4. 身份及違例詳情被公佈 5. 其他適用處分 ❖ 參賽運動員應細閱並了解在中國香港運動禁藥管制機構有限公司官方網頁(www.antidoping.hk)中的運動禁藥規條及資訊。 根據嚴格責任原則，運動員須對存在於其體內的任何物質負責，「不知情」並不可用作陽性個案的抗辯理由。
第 68 屆體育節 - 長池游泳計時賽為世界泳聯認可之 2025 年新加坡世界泳聯游泳錦標賽 - 游泳項目本地達標賽。	

68th Festival of Sport - Long Course Swimming Time Trial

Rules & Regulations

Date	Day 1 12/4/2025 (Sat) Warm Up: 0800-0845 Start: 0900 Warm Up: 1430-1515 Start: 1530 Day 2 13/4/2025 (Sun) Warm Up: 0800-0845 Start: 0900 Warm Up: 1430-1515 Start: 1530
Organizer	Sports Federation & Olympic Committee of Hong Kong, China (SF&OC)
Co-organizer	Hong Kong China Swimming Association
Subvented By	Leisure and Cultural Services Department
Venue	HKSI Swimming Pool
Entry Conditions	❖ All competitors must be 2025/26 registered swimmers (SW) of HKGSA. ❖ Championship Eligibility rule applies. ❖ Swimmers should reach the qualifying standard. ❖ For all new entries for any event entered with no proven result, Qualify time for individual event shall be used as entry time.
Entries/Scratch	❖ Each swimmer is limited to no more than 6 individual events. ❖ HK\$15.00 per event. ❖ *HK\$ 15 + HK\$40 = HK\$ 55 For each Qualify time ("QT") entry ❖ Entries must be submitted with HKGSA master entry forms & fees. Incorrect information or not qualified swimmers will be rejected and fees paid will not be refunded. ❖ Late entries will not be accepted. ❖ Swimmers who enroll in 800m and 1500m freestyle must be age 13 or above. ❖ Scratch for heats must be submitted one working day before the first event day at 1200 noon. ❖ Scratch for finals must be submitted within 30 minutes following the announcement of the prelim result. ❖ Scratch for reserve swimmers in the final list (9th & 10th place) of respective final events is required.
Closing Date for Registration	28 February 2025 (Fri) (1700 Hours)
Closing Date for Entries	21 March 2025 (Fri) (1700 hours)
Event list and Qualifying Standards	Please refer to event list. (with qualifying standards)
Format	Heat (morning session) and Final (afternoon session).
Rules	❖ In case of any swimmer entering number of events in excess of the entry quota, HKGSA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time. ❖ Events with 8 or less swimmers will proceed to the afternoon session. ❖ Reserve swimmers in the final list (9th & 10th place in the morning session) shall report to the marshalling area. ❖ Swimmer not meeting the respective qualifying times will not be allowed to swim in the final. ❖ Time Final format will be applied to 800M/1500M events, slow heats will be in the morning while the fastest heat will take place in the afternoon session. ❖ Application for Split Time Record: swimmers who apply for split time record should submit application form with application fee of HK\$300 to the Referee 30 minutes before the start of each session. ❖ A fine of \$120 will be charged for each "not qualified". ❖ A fine of \$120 will be charged for each "no show" of Preliminary.

	❖ A fine of \$1000 will be charged for each “no show” of Final. ❖ World Aquatics & HKGSA Rules will apply.
Awards	❖ Medals will be awarded to 1st, 2nd and 3rd places. Medals will not be awarded to swimmers failed to achieve the respective qualifying times. ❖ <u>Challenge Cup for Outstanding Male / Female Swimmer</u>: presented to male / female who achieve the highest HK LC point score 2025 (calculated to 2 decimal places) in individual event. (In case of a tie, winner will be determined by the swimmers’ second highest scored event obtained.) ❖ Special awards will be presented to swimmers who break Hong Kong Records and doping test will be requested.
Protest	❖ Any protest shall be made in writing to the Referee within 30 minutes following the result announcement of the respective event with an appeal fee of HK\$300. ❖ If the protest is rejected, fee paid will be forfeited.
Anti -Doping Test	❖ Random Doping tests will be conducted by HKGSA at this event. Any participating athletes could be selected for doping tests and be requested to provide urine sample under witness. Sanctions for Anti-Doping Rules violation, such as refusal to providing sample or returning of positive test results, may include: 1. Disqualification of results achieved at the event 2. Ineligibility in sport During the period of ineligibility, the individual is not allowed to participate in any capacity (including but not limited to competing athlete, coach, team official, judge etc.) in competitions or other sporting activities. 3. Financial sanction of HK\$20,000 4. Public disclosure of athlete’s identity and details of the violation 5. Any other applicable sanctions. ❖ Athletes should read and understand the anti-doping regulations and information available on the official webpage of Anti-Doping Organization of Hong Kong, China Limited (www.antidoping.hk). According to the Strict Liability Principle, athlete is responsible for what could be found in his/her body. Ignorance could not be used as an excuse for a positive test.
68th Festival of Sport - Long Course Swimming Time Trial is one of the Local Qualifying meets of World Aquatics Championships - Singapore 2025 – Swimming Events sanctioned by World Aquatics.	

World Aquatics Championships Singapore 2025

Qualifying period for individual events: 9th March 2024 – 29th June 2025

Standard Entry Times

WOMEN			MEN	
W - "B"	W - "A"		M - "A"	M - "B"
25.73	24.86	50m Freestyle	22.05	22.82
56.15	54.25	100m Freestyle	48.34	50.03
2:02.37	1:58.23	200m Freestyle	1:46.70	1:50.43
4:18.99	4:10.23	400m Freestyle	3:48.15	3:56.14
8:52.63	8:34.62	800m Freestyle	7:48.66	8:05.06
16:59.02	16:24.56	1500m Freestyle	15:01.89	15:33.46
29.21	28.22	50m Backstroke	25.11	25.99
1:02.58	1:00.46	100m Backstroke	53.94	55.83
2:15.67	2:11.08	200m Backstroke	1:58.07	2:02.20
31.83	30.75	50m Breaststroke	27.33	28.29
1:09.21	1:06.87	100m Breaststroke	59.75	1:01.84
2:31.02	2:25.91	200m Breaststroke	2:10.32	2:14.88
27.15	26.23	50m Butterfly	23.36	24.18
1:00.37	58.33	100m Butterfly	51.77	53.58
2:13.73	2:09.21	200m Butterfly	1:56.51	2:00.59
2:17.48	2:12.83	200m Individual Medley	1:59.05	2:03.22
4:52.97	4:43.06	400m Individual Medley	4:17.48	4:26.49

WOMEN		MEN
1 Team	4 x 100 m Freestyle	1 Team
1 Team	4 x 200 m Freestyle	1 Team
1 Team	4 x 100 m Medley	1 Team

Mixed 4 x 100 m Freestyle	1 Team
Mixed 4 x 100 m Medley	1 Team

Explanation:

1. The "A" standards for the Singapore 2025 Championships were created by using the faster of two times from:

- The Fukuoka 2023/Doha 2024 "A" qualifying time standard; or
- The 16th place time of the preliminary heats from the Fukuoka 2023 Championships

For these Championships, the standards are as follows:

Women: 7 of the Singapore 2025 "A" time standards are the Fukuoka 2023/Doha 2024 time standard, while 10 are based on the 16th place time of the preliminary heats from the Fukuoka 2023.

Men: 6 of the Singapore 2025 "A" time standards were the Fukuoka 2023/Doha 2024 time standard, while 11 are based on the 16th place time of the preliminary heats from the Fukuoka 2023.

2. All "B" time standards were derived by multiplying the "A" time standard by 3.5%.

HONG KONG SWIMMING RECORDS

Listed Date: 8th April 2025

HONG KONG LONG COURSE RECORDS

MEN'S EVENTS

50 Free	21.83 HO Ian Yentou, SCA	World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024
100 Free	49.15 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 2, May. 29-30, 2021
200 Free	1:47.46 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
400 Free	3:50.53 CHEUK Ming Ho, CPS	64 th Festival of Sport LC Time Trial II, Apr 18, 2021
800 Free	8:03.41 CHEUK Ming Ho, CPS	Hong Kong National Olympic Time Trial, Mar 21, 2021
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.00 LAU Shiu Yue, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
100 Back	55.61 KWAN Hayden, PSC	HK Open Swimming Championships 2022, Aug. 19-21, 2022
200 Back	2:00.22 KWAN Hayden, PSC	2024 Tyr Pro Swim Series, San Antonio, TX, Apr 10-13, 2024
*50 Breast	27.89 MAK Sai Ting Adam, HTA	60 th MILO / MAS Malaysia Invitational Age Group Swimming Championships 2025, Feb 20-23, 2025
100 Breast	1:00.95 MAK Sai Ting Adam, HTA	11 th Asian Age Group Championships, Feb 26-29, 2024
*200 Breast	2:11.07 MAK Sai Ting Adam, HTA	60 th MILO / MAS Malaysia Invitational Age Group Swimming Championships 2025, Feb 20-23, 2025
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	53.38 NG Cheuk Yin, TPS	Div.1 AG LC Swim Comp. Part 3, Jun. 25-26, 2022
200 Fly	2:00.43 LIM Nicholas Owen Zhaoguang, LRC	62 nd FOS – LC Time Trial, April 13-14, 2019
200 IM	2:01.37 TO Kenneth King Him, LWS	29 th Summer Universiade, Aug 19-30, 2017
400 IM	4:26.54 WHITTINGTON, Peter Harry, DLS	Thailand Age Group Swimming Championships 2023, Apr 6-11, 2023
4x100 MR	3:42.40 Hong Kong Team KWAN Hayden, WONG Benson, NG Cheuk Yin, CHEUK Ming Ho 56.20 1:58.50 2:52.28	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
4x100 FR	3:21.22 Hong Kong Team LUM Ching Tat, NG Chun Nam Derick, CHEUNG Kin Tat Kent, WONG Kai Wai David 50.88 1:40.70 2:31.65	5 th East Asian Games, Dec 8, 2009
4x200 FR	7:27.16 Hong Kong Team CHEUNG Kin Tat Kent, NG Chun Nam Derick, LUM Ching Tat, WONG Kai Wai David 1:52.46 3:43.70 5:35.08	5 th East Asian Games, Dec 6, 2009

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 8th April 2025

HONG KONG LONG COURSE RECORDS

WOMEN'S EVENTS

50 Free	24.30 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Budapest, Oct 20-22, 2023
^A 100 Free	52.02 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Berlin, Oct 6-8, 2023
^A 200 Free	1:53.92 HAUGHEY Siobhan Bernadette, SCA	Tokyo 2020 Olympic Games, July 23 – August 8, 2021
400 Free	4:05.30 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Berlin, Oct 6-8, 2023
800 Free	8:39.93 HAUGHEY Siobhan Bernadette, SCA	Paris 2024 OG – Hong Kong LC Swimming Invitational Trial I, May 11-12, 2024
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	27.98 AU Hoi Shun Stephanie, DWA	Mare Nostrum 2019 – Monaco, Jun 8-9, 2019
100 Back	1:00.22 AU Hoi Shun Stephanie, DWA	FINA Swimming World Cup – Singapore, Aug 15-17, 2019
200 Back	2:09.33 LAU Yin Yan Claudia, DLS	Div.1 AG LC Swim Comp. Part 3, Jul. 2-3, 2016
50 Breast	30.36 HAUGHEY Siobhan Bernadette, SCA	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
100 Breast	1:05.92 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Athens, Oct 13-15, 2023
		World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024
200 Breast	2:27.96 KONG Yvette Man Yi, SCA	Edinburgh International Swim Meet, Mar 11-13, 2016
50 Fly	26.55 TAM Hoi Lam, CUC	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Fly	58.12 HAUGHEY Siobhan Bernadette, SCA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
200 Fly	2:10.63 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
200 IM	2:12.10 HAUGHEY Siobhan Bernadette, SCA	2017 Arena Pro Swim Series - Santa Clara, USA, June 1-4, 2017
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
4x100 MR	4:01.72 Hong Kong Team AU Hoi Shun Stephanie, HAUGHEY Siobhan Bernadette, KAN Cheuk Tung Natalie, TAM Hoi Lam 1:00.74 2:06.77 3:06.66	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
4x100 FR	3:39.10 Hong Kong Team CHENG Camille Lily Mei, HAUGHEY Siobhan Bernadette, TAM Hoi Lam, AU Hoi Shun Stephanie 56.11 1:48.03 2:43.69	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
4x200 FR	8:02.42 Hong Kong Team CHENG Chloe, HAUGHEY Siobhan Bernadette, CHENG Camille Lily Mei, AU Hoi Shun Stephanie 2:03.19 3:57.40 5:59.86	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023

*: Pending for Swimming Committee's Ratification ^AAsian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 8th April 2025

HONG KONG LONG COURSE RECORDS

MIXED'S EVENTS

4x100 FR	3:31.13 Hong Kong Team	World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024
	LAU Shiu Yue, HO Ian Yentou, CHENG Camille Lily Mei, TAM Hoi Lam	
	52.24 1:40.90 2:35.61	
4x100 MR	3:50.22 Hong Kong Team	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
	AU Hoi Shun Stephanie, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, CHENG Camille Lily Mei	
	1:00.52 2:01.15 2:54.90	

*: Pending for Swimming Committee's Ratification ^AAsian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 8th April 2025

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

MEN'S EVENTS

50 Free	23.65 NG Chun Nam Derick, WTS	Australian Age Swim. Champ., Apr 07,2010
100 Free	51.24 NG Chun Nam Derick, WTS	HK Age Group LC SW Championships 2009-10, Oct. 24,2009
200 Free	1:52.59 Cheuk Ming Ho, CPS	17 th ISF Gymnasiade - Swimming, May 2-9 2018
400 Free	3:57.77 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
800 Free	8:18.64 Wang Yi Shun, CPS	Hong Kong Open Swimming Championships 2023, Aug 18-20, 2023
1500 Free	16:00.66 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
50 Back	26.81 NG Cheuk Yin TPS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
100 Back	57.73 HO Siu Lun, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
200 Back	2:07.52 NG Cheuk Yin, TPS	HK Open Swimming Champ 2018, Aug. 10-12,2018
50 Breast	28.83 TSUI Yik Ki, PSC	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
100 Breast	1:03.01 MAK Sai Ting Adam, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Breast	2:14.41 MAK Sai Ting Adam, HTA	65 th Festival of Sport LC Time Trial, Apr 23, 2022
50 Fly	24.74 NG Cheuk Yin, TPS	61 st FOS – LC SW Time Trial, Apr 14-15 2018
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:01.23 LAU Kin Hei James, HTA	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
200 IM	2:05.10 LAU Kin Hei James, HTA	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
400 IM	4:32.42 WHITTINGTON Peter Harry, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
4x100 MR	3:56.66 HTA HAN Pak Kiu, LAU Ka Long, CHUNG Hei Chit, LAU Kin Hei James	HK Open Swimming Champ 2024, Jul 12-14, 2024
4x100 FR	3:36.50 HTA LAU Kin Hei James, CHAN Leong To, CHUNG Hei Chit, HAN Pak Kiu	HK Open Swimming Champ 2024, Jul 12-14, 2024
4x200 FR	7:58.33 Hong Kong Team CHAN Wai Ching Adrian, HAN Pak Kiu, LAM Wai Lok, LAU Chor Tik	59 th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 8th April 2025

HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

WOMEN'S EVENTS

50 Free	25.03 LI Sum Yiu, WDA	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
200 Free	1:59.77 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17, 2007
800 Free	8:50.21 AU Hoi Shun Stephanie, *DW	3 rd H.K. Int' Open Swimming Champ, Aug 31, 2007
1500 Free	16:58.79 Anderson Charlotte Kiki, HIS	2014 Scottish Gas National AG Swim Champ, Jun 25-29, 2014
50 Back	29.52 KAN Cheuk Tung Natalie, HVA	HKSSF Div. 2 Inter-School Swim. Comp, Oct 10, 2017
100 Back	1:03.30 CHEUNG Sum Yuet Cindy, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Back	2:16.10 CHEUNG Sum Yuet Cindy, TPS	HK Age Group LC SW Championships 2021-22, Nov 5-7, 2021
*50 Breast	31.91 MAN Wui Kiu, CPS	60th MILO / MAS Malaysia Invitational Age Group Swimming Championships 2025, Feb 20-23, 2025
100 Breast	1:09.84 MAN Wui Kiu, CPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
*200 Breast	2:32.05 MAN Wui Kiu, CPS	60th MILO / MAS Malaysia Invitational Age Group Swimming Championships 2025, Feb 20-23, 2025
50 Fly	27.45 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	1:00.54 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
200 Fly	2:14.06 MOK Sze Ki, HVA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
200 IM	2:13.35 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
4x100 MR	4:19.55 Hong Kong Team FUNG Suet Ying Chloe, CHENG Chloe, LAU Ping Yi Audrey, TSE On Ching	2 nd Youth Games of the People's Republic of China, Aug 8-18, 2019
4x100 FR	3:51.08 Hong Kong Team LI Sum Yiu, MATHIS Mya Lynn, MAN Wui Kiu, LI Yuqing	11th Asian Age Group Championships, Feb 26-29, 2024
*4x200 FR	8:30.78 Hong Kong Team SUM Yi Man, CHAN Yi Lok, WONG Sze Laam Serena, YAN Ellie	60th MILO / MAS Malaysia Invitational Age Group Swimming Championships 2025, Feb 20-23, 2025

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 8th April 2025

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 10 & UNDER EVENTS

50 Free	29.13 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
100 Free	1:02.87 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
*200 Free	2:15.30 HSIEH Kyrus Shing Hin, TPS	Singapore Swim Series II, Feb 14-16, 2024
50 Back	32.10 HSIEH Kurtis Yi Hon, TPS	Singapore Swim Series I. Jan 12-14, 2024
100 Back	1:10.28 HSIEH Kurtis Yi Hon, TPS	HK Age Group LC SW Championships 2023-24, Oct. 6-7,29,2023
50 Breast	36.43 TAM Ka Ming, HVA	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
100 Breast	1:18.73 TAM Ka Ming, *CY	HKSSF Inter-Area Primary Swim Comp., Nov 29, 2008
50 Fly	31.15 HO Siu Lun, DLS	HKSSF Inter-Area Primary Swim Comp, Nov 22, 2014
100 Fly	1:09.82 CHAN Yin Chun, HTA	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
200 IM	2:31.15 HSIEH Kurtis Yi Hon, TPS	Singapore Swim Series I. Jan 12-14, 2024

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 10 & UNDER EVENTS

50 Free	28.50 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 1, May 25, 2008
100 Free	1:02.44 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 2, Jun. 29, 2008
200 Free	2:16.52 LOK Hoi Man, WTS	HK Age Group LC SW Championships 2011-12, Nov. 5,2011
50 Back	33.49 MA Wing Yu, *WA	HK Age Group LC SW Championships 2015-16, Nov. 6-8,2015
100 Back	1:11.95 CHENG Jessica Chloe, TPS	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
50 Breast	35.23 Lam Chelsie, DLS	3 rd All Hong Kong Inter-Area Primary Schools Swimming Competition 2018-2019, 8 June, 2019
100 Breast	1:15.44 HO Kang Ni Chloe, HTA	HK Age Group LC SW Championships 2023-24, Oct. 6-7,29,2023
50 Fly	30.56 LEE Si Yao Peony, TPS	2 nd All Hong Kong Inter-Area Primary Schools Swimming Competition 2017-2018, 9 June, 2018
100 Fly	1:09.78 LAU Ping Yi Audrey, HTA	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
200 IM	2:32.15 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul. 27, 2008

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 8th April 2025

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 11 – 12 YEARS EVENTS

50 Free	25.59 LI Sing Hoi, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	56.38 SUN Maokun, KCD	All Hong Kong Inter-Area Primary Schools Swimming Competition, Jun 14, 2024
200 Free	2:01.34 SUN Maokun, KCD	Div.1 AG LC Swim Comp. Part 1, Jun. 29-30, 2024
400 Free	4:16.08 Han Pak Kiu, HTA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
800 Free	8:56.44 SUN Mao Kun, KCD	Div.1 AG LC Swim Comp. Part 1, Jun. 29-30, 2024
50 Back	29.28 CHAN Tsz Kwan, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct 18, 2019
100 Back	1:03.24 CHEN Zheng Xuan Jason, HTA	HKSSF Div. 1 Inter-School Swim. Comp., Oct 18, 2024
200 Back	2:16.66 CHEN Zheng Xuan Jason, HTA	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
50 Breast	30.86 TAM Ka Ming, *CY	HKSSF Div. 1 Inter-School Swim. Comp, Oct 14, 2010
100 Breast	1:09.05 LAU Kin Hei James, HTA	HK Open Swimming Championships 2021, Aug. 6-8, 2021
200 Breast	2:30.15 WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp, 28 Oct, 2015
50 Fly	27.23 CHAN Wai Ching Adrian, WTS	HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
100 Fly	1:00.08 LAU Kin Hei James, HTA	Hong Kong Long Course Swimming Time Trial IV, June 20, 2021
200 Fly	2:13.93 LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
200 IM	2:15.50 LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.80 HAUGHEY Siobhan Bernadette, SCA	HKSSF Div 1 Inter-School Swim. Comp, Oct 14, 2010
100 Free	57.77 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
200 Free	2:06.55 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
400 Free	4:28.03 NAM Carmen, TPS	7 th Asian Swimming Champ, Mar. 07, 2006
800 Free	9:26.98 CHAN Pui Ka, WDA	HK Open Swimming Champ 2024, Jul 12-14, 2024
50 Back	30.39 CHAN Tsz Yu Ashley, HTA	59 th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024
100 Back	1:04.98 CHAN Tsz Yu Ashley, HTA	59 th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024
200 Back	2:21.61 HO Tin Wing, HTA	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
50 Breast	33.54 GAO Jialian, CPS	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
100 Breast	1:12.78 YIP Tsz-wa, DLS	HKSSF Div. 1 Inter-School Swim Comp., Oct 15, 2003
200 Breast	2:35.62 MA Hei-tung, DLS	LI FOS-Olympic Time Trial II, Apr 20, 2008
50 Fly	28.87 LAI Chu Yi, WTS	7 th HK Open Swimming Champ., Sep 4, 2011
100 Fly	1:02.95 MOK Sze Ki, HVA	HK Open Swimming Champ 2019, Aug 9-11, 2019
200 Fly	2:18.68 MOK Sze Ki, HVA	Div. 1 AG LC Swim Comp. Part 1, Jul 13-14, 2019
200 IM	2:21.79 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul 25, 2010

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 8th April 2025

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 13 – 14 YEARS EVENTS

50 Free 24.18 LAU Kin Hei James, HTA
100 Free 52.62 LAU Kin Hei James, HTA
200 Free 1:55.46 LAU Kin Hei James, HTA
400 Free 4:06.61 CHAN Wai Ching Adrian, HTA
800 Free 8:34.52 CHAN Wai Ching Adrian, HTA
1500 Free 16:14.23 CHEUK Ming Ho, CPS

50 Back 27.12 HO Siu Lun, DLS
100 Back 58.17 HO Siu Lun, DLS
200 Back 2:09.86 YUK Shing Chi, PSC

50 Breast 29.08 TSUI Yik Ki, PSC
100 Breast 1:04.82 LAU Chor Tik, WTS
200 Breast 2:18.11 WONG Benson, DLS

50 Fly 24.90 LAU Kin Hei James, HTA
100 Fly 55.07 LAU Kin Hei James, HTA
200 Fly 2:01.23 LAU Kin Hei James, HTA

200 IM 2:05.10 LAU Kin Hei James, HTA
400 IM 4:34.49 LAU Kin Hei James, HTA

HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
HK Age Group LC SW Championships 2023-24, Oct. 6-7, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
60th FOS – LC Time Trial, Apr.15-16, 2017

HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017

HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
Paris 2024 OG – Hong Kong LC Swimming Invitational Trial I, May 11-12, 2024
HK Open Swimming Champ 2017, July 28-30, 2017

Div. 1 AG LC Swim Comp. Part 2, Jun 18, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
World Junior Swimming Championships – Netanya, Sep 4-9, 2023

66th Festival of Sport LC Time Trial, Apr 15-16, 2023
HK Age Group LC SW Championships 2023-24, Oct. 6-7, 2023

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 13 – 14 YEARS EVENTS

*50 Free 25.44 LI Sum Yiu, WDA
100 Free 55.92 LI Sum Yiu, WDA
200 Free 2:02.00 CHENG Chloe, PSC
400 Free 4:19.32 CHENG Chloe, PSC
800 Free 8:56.31 HO Wai Nam, WTS
1500 Free 17:17.68 NAM Carmen, TPS

*50 Back 29.69 CHAN Tsz Yu Ashley, HTA

*100 Back 1:03.95 CHAN Tsz Yu Ashley, HTA
200 Back 2:17.61 LAU Yin Yan Claudia, DLS

50 Breast 32.45 MAN Wui Kiu, CPS
100 Breast 1:09.84 MAN Wui Kiu, CPS
200 Breast 2:32.79 MA Hei Tung Fiona, SLA

50 Fly 27.45 LAU Ping Yi Audrey, HTA
100 Fly 1:00.54 LAU Ping Yi Audrey, HTA
200 Fly 2:14.96 LAU Ping Yi Audrey, HTA

200 IM 2:18.44 HAUGHEY Siobhan Bernadette, SCA
400 IM 4:55.42 LAM Hoi Kiu, HTA

National LC Swimming Trial - 67th FOS, Apr 13-14, 2024

11th Asian Age Group Championships, Feb 26-29, 2024
HKSSF Div. 1 Inter-School Swim. Comp., Oct 25, 2019
Div. 1 AG LC Swim Comp. Part 3, Sep. 21-22, 2019
Thailand Age Group Swimming Championships 2017
World Champ 2007 – Melbourne, Mar 26, 2007

60th MILO / MAS Malaysia Invitational Age Group Swimming Championships 2025,
Feb 20-23, 2025

60th MILO / MAS Malaysia Invitational Age Group Swimming Championships 2025,
Feb 20-23, 2025
Hong Kong Open Champ. 07, Sep 2007

HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
HK Open Swimming Champ 2024, Jul 12-14, 2024
5th East Asian Games, Dec 9, 2009

HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019

Australian Age Championships, Apr 9-14, 2012
18th Asian Games, Jakarta- Palembang, Aug 19-24, 2018

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

Listed Date: 8th April 2025

HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 15 – 17 YEARS EVENTS

50 Free	22.99 LUM Ching Tat Jeffrey, HFS	8 th Asian Swimming Champ., Nov 28, 2009
100 Free	50.48 LUM Ching Tat Jeffrey, HFS	1 st Asian Youth Games, Jul 06, 2009
200 Free	1:50.11 CHEUK Ming Ho, CPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
400 Free	3:53.05 CHEUK Ming Ho, CPS	62 nd FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.27 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 19,2018
100 Back	57.38 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
200 Back	2:05.82 NG Cheuk Yin, TPS	7 th Hong Kong Games, May 18-19, 2019
50 Breast	27.99 TSUI Yik Ki, PSC	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
100 Breast	1:00.95 MAK Sai Ting Adam, HTA	11 th Asian Age Group Championships, Feb 26-29, 2024
200 Breast	2:11.20 MAK Sai Ting Adam, HTA	11 th Asian Age Group Championships, Feb 26-29, 2024
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:02.70 LIM Nicholas Owen Zhaoguang, LRC	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
*200 IM	2:04.94 MAK Sai Ting Adam, HTA	HK Open Swimming Champ 2024, Jul 12-14, 2024
400 IM	4:26.78 WHITTINGTON, Peter Harry, DLS	Hong Kong National Olympic Time Trial, Mar 21, 2021

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 15 – 17 YEARS EVENTS

50 Free	25.03 LI Sum Yiu, WDA	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31,2013
200 Free	1:59.66 HAUGHEY Siobhan Bernadette, SCA	Incheon 2014 Asian Games, Sep 20-26,2014
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
800 Free	8:41.66 AU Hoi Shun Stephanie, *DW	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	28.83 CHEUNG Sum Yuet Cindy, TPS	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Back	1:01.57 CHEUNG Sum Yuet Cindy, TPS	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
200 Back	2:10.35 CHEUNG Sum Yuet Cindy, TPS	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
50 Breast	31.82 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 6, 2009
100 Breast	1:08.43 KONG Yvette Man Yi, SCA	8 th Asian Swimming Champ., Nov 27, 2009
200 Breast	2:31.65 KONG Yvette Man Yi, SCA	5 th East Asian Games, Dec 9, 2009
50 Fly	26.98 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Fly	58.89 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
200 Fly	2:10.63 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
200 IM	2:13.07 HAUGHEY Siobhan Bernadette, SCA	16 th FINA World Championships – Kazan 2015, Aug 2,2015
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

*: Pending for Swimming Committee's Ratification ^AAsian Record #Hong Kong Best Time

Hong Kong Swimming Point Score 2025 (LC)

Men

Score	%	Freestyle						Backstroke		
		<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>400m</u>	<u>800m</u>	<u>1500m</u>	<u>50m</u>	<u>100m</u>	<u>200m</u>
100	1.00	21.47	47.32	1:44.62	3:43.58	7:42.55	14:53.48	24.60	53.02	1:54.88
99	1.01	21.68	47.79	1:45.67	3:45.82	7:47.18	15:02.41	24.85	53.55	1:56.03
98	1.02	21.90	48.27	1:46.71	3:48.05	7:51.80	15:11.35	25.09	54.08	1:57.18
97	1.03	22.11	48.74	1:47.76	3:50.29	7:56.43	15:20.28	25.34	54.61	1:58.33
96	1.04	22.33	49.21	1:48.80	3:52.52	8:01.05	15:29.22	25.58	55.14	1:59.48
95	1.05	22.54	49.69	1:49.85	3:54.76	8:05.68	15:38.15	25.83	55.67	2:00.62
94	1.06	22.76	50.16	1:50.90	3:56.99	8:10.30	15:47.09	26.08	56.20	2:01.77
93	1.07	22.97	50.63	1:51.94	3:59.23	8:14.93	15:56.02	26.32	56.73	2:02.92
92	1.08	23.19	51.11	1:52.99	4:01.47	8:19.55	16:04.96	26.57	57.26	2:04.07
91	1.09	23.40	51.58	1:54.04	4:03.70	8:24.18	16:13.89	26.81	57.79	2:05.22
90	1.10	23.62	52.05	1:55.08	4:05.94	8:28.81	16:22.83	27.06	58.32	2:06.37
89	1.11	23.83	52.53	1:56.13	4:08.17	8:33.43	16:31.76	27.31	58.85	2:07.52
88	1.12	24.05	53.00	1:57.17	4:10.41	8:38.06	16:40.70	27.55	59.38	2:08.67
87	1.13	24.26	53.47	1:58.22	4:12.65	8:42.68	16:49.63	27.80	59.91	2:09.81
86	1.14	24.48	53.94	1:59.27	4:14.88	8:47.31	16:58.57	28.04	1:00.44	2:10.96
85	1.15	24.69	54.42	2:00.31	4:17.12	8:51.93	17:07.50	28.29	1:00.97	2:12.11
84	1.16	24.91	54.89	2:01.36	4:19.35	8:56.56	17:16.44	28.54	1:01.50	2:13.26
83	1.17	25.12	55.36	2:02.41	4:21.59	9:01.18	17:25.37	28.78	1:02.03	2:14.41
82	1.18	25.33	55.84	2:03.45	4:23.82	9:05.81	17:34.31	29.03	1:02.56	2:15.56
81	1.19	25.55	56.31	2:04.50	4:26.06	9:10.43	17:43.24	29.27	1:03.09	2:16.71
80	1.20	25.76	56.78	2:05.54	4:28.30	9:15.06	17:52.18	29.52	1:03.62	2:17.86
79	1.21	25.98	57.26	2:06.59	4:30.53	9:19.69	18:01.11	29.77	1:04.15	2:19.00
78	1.22	26.19	57.73	2:07.64	4:32.77	9:24.31	18:10.05	30.01	1:04.68	2:20.15
77	1.23	26.41	58.20	2:08.68	4:35.00	9:28.94	18:18.98	30.26	1:05.21	2:21.30
76	1.24	26.62	58.68	2:09.73	4:37.24	9:33.56	18:27.92	30.50	1:05.74	2:22.45
75	1.25	26.84	59.15	2:10.78	4:39.48	9:38.19	18:36.85	30.75	1:06.28	2:23.60
74	1.26	27.05	59.62	2:11.82	4:41.71	9:42.81	18:45.78	31.00	1:06.81	2:24.75
73	1.27	27.27	1:00.10	2:12.87	4:43.95	9:47.44	18:54.72	31.24	1:07.34	2:25.90
72	1.28	27.48	1:00.57	2:13.91	4:46.18	9:52.06	19:03.65	31.49	1:07.87	2:27.05
71	1.29	27.70	1:01.04	2:14.96	4:48.42	9:56.69	19:12.59	31.73	1:08.40	2:28.20
70	1.30	27.91	1:01.52	2:16.01	4:50.65	10:01.32	19:21.52	31.98	1:08.93	2:29.34
69	1.31	28.13	1:01.99	2:17.05	4:52.89	10:05.94	19:30.46	32.23	1:09.46	2:30.49
68	1.32	28.34	1:02.46	2:18.10	4:55.13	10:10.57	19:39.39	32.47	1:09.99	2:31.64
67	1.33	28.56	1:02.94	2:19.14	4:57.36	10:15.19	19:48.33	32.72	1:10.52	2:32.79
66	1.34	28.77	1:03.41	2:20.19	4:59.60	10:19.82	19:57.26	32.96	1:11.05	2:33.94
65	1.35	28.98	1:03.88	2:21.24	5:01.83	10:24.44	20:06.20	33.21	1:11.58	2:35.09
64	1.36	29.20	1:04.36	2:22.28	5:04.07	10:29.07	20:15.13	33.46	1:12.11	2:36.24
63	1.37	29.41	1:04.83	2:23.33	5:06.30	10:33.69	20:24.07	33.70	1:12.64	2:37.39
62	1.38	29.63	1:05.30	2:24.38	5:08.54	10:38.32	20:33.00	33.95	1:13.17	2:38.53
61	1.39	29.84	1:05.77	2:25.42	5:10.78	10:42.94	20:41.94	34.19	1:13.70	2:39.68
60	1.40	30.06	1:06.25	2:26.47	5:13.01	10:47.57	20:50.87	34.44	1:14.23	2:40.83
59	1.41	30.27	1:06.72	2:27.51	5:15.25	10:52.20	20:59.81	34.69	1:14.76	2:41.98
58	1.42	30.49	1:07.19	2:28.56	5:17.48	10:56.82	21:08.74	34.93	1:15.29	2:43.13
57	1.43	30.70	1:07.67	2:29.61	5:19.72	11:01.45	21:17.68	35.18	1:15.82	2:44.28
56	1.44	30.92	1:08.14	2:30.65	5:21.96	11:06.07	21:26.61	35.42	1:16.35	2:45.43
55	1.45	31.13	1:08.61	2:31.70	5:24.19	11:10.70	21:35.55	35.67	1:16.88	2:46.58
54	1.46	31.35	1:09.09	2:32.75	5:26.43	11:15.32	21:44.48	35.92	1:17.41	2:47.72
53	1.47	31.56	1:09.56	2:33.79	5:28.66	11:19.95	21:53.42	36.16	1:17.94	2:48.87

Hong Kong Swimming Point Score 2025 (LC)

Men

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	26.71	58.51	2:07.37	23.06	51.07	1:54.43	1:56.66	4:11.70
99	1.01	26.98	59.10	2:08.64	23.29	51.58	1:55.57	1:57.83	4:14.22
98	1.02	27.24	59.68	2:09.92	23.52	52.09	1:56.72	1:58.99	4:16.73
97	1.03	27.51	1:00.27	2:11.19	23.75	52.60	1:57.86	2:00.16	4:19.25
96	1.04	27.78	1:00.85	2:12.46	23.98	53.11	1:59.01	2:01.33	4:21.77
95	1.05	28.05	1:01.44	2:13.74	24.21	53.62	2:00.15	2:02.49	4:24.29
94	1.06	28.31	1:02.02	2:15.01	24.44	54.13	2:01.30	2:03.66	4:26.80
93	1.07	28.58	1:02.61	2:16.29	24.67	54.64	2:02.44	2:04.83	4:29.32
92	1.08	28.85	1:03.19	2:17.56	24.90	55.16	2:03.58	2:05.99	4:31.84
91	1.09	29.11	1:03.78	2:18.83	25.14	55.67	2:04.73	2:07.16	4:34.35
90	1.10	29.38	1:04.36	2:20.11	25.37	56.18	2:05.87	2:08.33	4:36.87
89	1.11	29.65	1:04.95	2:21.38	25.60	56.69	2:07.02	2:09.49	4:39.39
88	1.12	29.92	1:05.53	2:22.65	25.83	57.20	2:08.16	2:10.66	4:41.90
87	1.13	30.18	1:06.12	2:23.93	26.06	57.71	2:09.31	2:11.83	4:44.42
86	1.14	30.45	1:06.70	2:25.20	26.29	58.22	2:10.45	2:12.99	4:46.94
85	1.15	30.72	1:07.29	2:26.48	26.52	58.73	2:11.59	2:14.16	4:49.46
84	1.16	30.98	1:07.87	2:27.75	26.75	59.24	2:12.74	2:15.33	4:51.97
83	1.17	31.25	1:08.46	2:29.02	26.98	59.75	2:13.88	2:16.49	4:54.49
82	1.18	31.52	1:09.04	2:30.30	27.21	1:00.26	2:15.03	2:17.66	4:57.01
81	1.19	31.78	1:09.63	2:31.57	27.44	1:00.77	2:16.17	2:18.83	4:59.52
80	1.20	32.05	1:10.21	2:32.84	27.67	1:01.28	2:17.32	2:19.99	5:02.04
79	1.21	32.32	1:10.80	2:34.12	27.90	1:01.79	2:18.46	2:21.16	5:04.56
78	1.22	32.59	1:11.38	2:35.39	28.13	1:02.31	2:19.60	2:22.33	5:07.07
77	1.23	32.85	1:11.97	2:36.67	28.36	1:02.82	2:20.75	2:23.49	5:09.59
76	1.24	33.12	1:12.55	2:37.94	28.59	1:03.33	2:21.89	2:24.66	5:12.11
75	1.25	33.39	1:13.14	2:39.21	28.83	1:03.84	2:23.04	2:25.82	5:14.63
74	1.26	33.65	1:13.72	2:40.49	29.06	1:04.35	2:24.18	2:26.99	5:17.14
73	1.27	33.92	1:14.31	2:41.76	29.29	1:04.86	2:25.33	2:28.16	5:19.66
72	1.28	34.19	1:14.89	2:43.03	29.52	1:05.37	2:26.47	2:29.32	5:22.18
71	1.29	34.46	1:15.48	2:44.31	29.75	1:05.88	2:27.61	2:30.49	5:24.69
70	1.30	34.72	1:16.06	2:45.58	29.98	1:06.39	2:28.76	2:31.66	5:27.21
69	1.31	34.99	1:16.65	2:46.85	30.21	1:06.90	2:29.90	2:32.82	5:29.73
68	1.32	35.26	1:17.23	2:48.13	30.44	1:07.41	2:31.05	2:33.99	5:32.24
67	1.33	35.52	1:17.82	2:49.40	30.67	1:07.92	2:32.19	2:35.16	5:34.76
66	1.34	35.79	1:18.40	2:50.68	30.90	1:08.43	2:33.34	2:36.32	5:37.28
65	1.35	36.06	1:18.99	2:51.95	31.13	1:08.94	2:34.48	2:37.49	5:39.80
64	1.36	36.33	1:19.57	2:53.22	31.36	1:09.46	2:35.62	2:38.66	5:42.31
63	1.37	36.59	1:20.16	2:54.50	31.59	1:09.97	2:36.77	2:39.82	5:44.83
62	1.38	36.86	1:20.74	2:55.77	31.82	1:10.48	2:37.91	2:40.99	5:47.35
61	1.39	37.13	1:21.33	2:57.04	32.05	1:10.99	2:39.06	2:42.16	5:49.86
60	1.40	37.39	1:21.91	2:58.32	32.28	1:11.50	2:40.20	2:43.32	5:52.38
59	1.41	37.66	1:22.50	2:59.59	32.51	1:12.01	2:41.35	2:44.49	5:54.90
58	1.42	37.93	1:23.08	3:00.87	32.75	1:12.52	2:42.49	2:45.66	5:57.41
57	1.43	38.20	1:23.67	3:02.14	32.98	1:13.03	2:43.63	2:46.82	5:59.93
56	1.44	38.46	1:24.25	3:03.41	33.21	1:13.54	2:44.78	2:47.99	6:02.45
55	1.45	38.73	1:24.84	3:04.69	33.44	1:14.05	2:45.92	2:49.16	6:04.97
54	1.46	39.00	1:25.42	3:05.96	33.67	1:14.56	2:47.07	2:50.32	6:07.48
53	1.47	39.26	1:26.01	3:07.23	33.90	1:15.07	2:48.21	2:51.49	6:10.00

Hong Kong Swimming Point Score 2025 (LC)

Women

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	23.96	51.92	1:53.36	4:00.59	8:19.34	15:57.67	27.27	58.68	2:06.31
99	1.01	24.20	52.44	1:54.49	4:03.00	8:24.33	16:07.25	27.54	59.27	2:07.57
98	1.02	24.44	52.96	1:55.63	4:05.40	8:29.33	16:16.82	27.82	59.85	2:08.84
97	1.03	24.68	53.48	1:56.76	4:07.81	8:34.32	16:26.40	28.09	1:00.44	2:10.10
96	1.04	24.92	54.00	1:57.89	4:10.21	8:39.31	16:35.98	28.36	1:01.03	2:11.36
95	1.05	25.16	54.52	1:59.03	4:12.62	8:44.31	16:45.55	28.63	1:01.61	2:12.63
94	1.06	25.40	55.04	2:00.16	4:15.03	8:49.30	16:55.13	28.91	1:02.20	2:13.89
93	1.07	25.64	55.55	2:01.30	4:17.43	8:54.29	17:04.71	29.18	1:02.79	2:15.15
92	1.08	25.88	56.07	2:02.43	4:19.84	8:59.29	17:14.28	29.45	1:03.37	2:16.41
91	1.09	26.12	56.59	2:03.56	4:22.24	9:04.28	17:23.86	29.72	1:03.96	2:17.68
90	1.10	26.36	57.11	2:04.70	4:24.65	9:09.27	17:33.44	30.00	1:04.55	2:18.94
89	1.11	26.60	57.63	2:05.83	4:27.05	9:14.27	17:43.01	30.27	1:05.13	2:20.20
88	1.12	26.84	58.15	2:06.96	4:29.46	9:19.26	17:52.59	30.54	1:05.72	2:21.47
87	1.13	27.07	58.67	2:08.10	4:31.87	9:24.25	18:02.17	30.82	1:06.31	2:22.73
86	1.14	27.31	59.19	2:09.23	4:34.27	9:29.25	18:11.74	31.09	1:06.90	2:23.99
85	1.15	27.55	59.71	2:10.36	4:36.68	9:34.24	18:21.32	31.36	1:07.48	2:25.26
84	1.16	27.79	1:00.23	2:11.50	4:39.08	9:39.23	18:30.90	31.63	1:08.07	2:26.52
83	1.17	28.03	1:00.75	2:12.63	4:41.49	9:44.23	18:40.47	31.91	1:08.66	2:27.78
82	1.18	28.27	1:01.27	2:13.76	4:43.90	9:49.22	18:50.05	32.18	1:09.24	2:29.05
81	1.19	28.51	1:01.78	2:14.90	4:46.30	9:54.21	18:59.63	32.45	1:09.83	2:30.31
80	1.20	28.75	1:02.30	2:16.03	4:48.71	9:59.21	19:09.20	32.72	1:10.42	2:31.57
79	1.21	28.99	1:02.82	2:17.17	4:51.11	10:04.20	19:18.78	33.00	1:11.00	2:32.84
78	1.22	29.23	1:03.34	2:18.30	4:53.52	10:09.19	19:28.36	33.27	1:11.59	2:34.10
77	1.23	29.47	1:03.86	2:19.43	4:55.93	10:14.19	19:37.93	33.54	1:12.18	2:35.36
76	1.24	29.71	1:04.38	2:20.57	4:58.33	10:19.18	19:47.51	33.81	1:12.76	2:36.62
75	1.25	29.95	1:04.90	2:21.70	5:00.74	10:24.18	19:57.09	34.09	1:13.35	2:37.89
74	1.26	30.19	1:05.42	2:22.83	5:03.14	10:29.17	20:06.66	34.36	1:13.94	2:39.15
73	1.27	30.43	1:05.94	2:23.97	5:05.55	10:34.16	20:16.24	34.63	1:14.52	2:40.41
72	1.28	30.67	1:06.46	2:25.10	5:07.96	10:39.16	20:25.82	34.91	1:15.11	2:41.68
71	1.29	30.91	1:06.98	2:26.23	5:10.36	10:44.15	20:35.39	35.18	1:15.70	2:42.94
70	1.30	31.15	1:07.50	2:27.37	5:12.77	10:49.14	20:44.97	35.45	1:16.28	2:44.20
69	1.31	31.39	1:08.02	2:28.50	5:15.17	10:54.14	20:54.55	35.72	1:16.87	2:45.47
68	1.32	31.63	1:08.53	2:29.64	5:17.58	10:59.13	21:04.12	36.00	1:17.46	2:46.73
67	1.33	31.87	1:09.05	2:30.77	5:19.98	11:04.12	21:13.70	36.27	1:18.04	2:47.99
66	1.34	32.11	1:09.57	2:31.90	5:22.39	11:09.12	21:23.28	36.54	1:18.63	2:49.26
65	1.35	32.35	1:10.09	2:33.04	5:24.80	11:14.11	21:32.85	36.81	1:19.22	2:50.52
64	1.36	32.59	1:10.61	2:34.17	5:27.20	11:19.10	21:42.43	37.09	1:19.80	2:51.78
63	1.37	32.83	1:11.13	2:35.30	5:29.61	11:24.10	21:52.01	37.36	1:20.39	2:53.04
62	1.38	33.06	1:11.65	2:36.44	5:32.01	11:29.09	22:01.58	37.63	1:20.98	2:54.31
61	1.39	33.30	1:12.17	2:37.57	5:34.42	11:34.08	22:11.16	37.91	1:21.57	2:55.57
60	1.40	33.54	1:12.69	2:38.70	5:36.83	11:39.08	22:20.74	38.18	1:22.15	2:56.83
59	1.41	33.78	1:13.21	2:39.84	5:39.23	11:44.07	22:30.31	38.45	1:22.74	2:58.10
58	1.42	34.02	1:13.73	2:40.97	5:41.64	11:49.06	22:39.89	38.72	1:23.33	2:59.36
57	1.43	34.26	1:14.25	2:42.10	5:44.04	11:54.06	22:49.47	39.00	1:23.91	3:00.62
56	1.44	34.50	1:14.76	2:43.24	5:46.45	11:59.05	22:59.04	39.27	1:24.50	3:01.89
55	1.45	34.74	1:15.28	2:44.37	5:48.86	12:04.04	23:08.62	39.54	1:25.09	3:03.15
54	1.46	34.98	1:15.80	2:45.51	5:51.26	12:09.04	23:18.20	39.81	1:25.67	3:04.41
53	1.47	35.22	1:16.32	2:46.64	5:53.67	12:14.03	23:27.77	40.09	1:26.26	3:05.68

Hong Kong Swimming Point Score 2025 (LC)

Women

Score	%	Breaststroke			Butterfly			Ind Medley	
		<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>200m</u>	<u>400m</u>
100	1.00	29.68	1:04.81	2:21.72	25.34	56.31	2:04.75	2:08.60	4:33.80
99	1.01	29.98	1:05.46	2:23.14	25.59	56.87	2:06.00	2:09.89	4:36.54
98	1.02	30.27	1:06.11	2:24.55	25.85	57.44	2:07.25	2:11.17	4:39.28
97	1.03	30.57	1:06.75	2:25.97	26.10	58.00	2:08.49	2:12.46	4:42.01
96	1.04	30.87	1:07.40	2:27.39	26.35	58.56	2:09.74	2:13.74	4:44.75
95	1.05	31.16	1:08.05	2:28.81	26.61	59.13	2:10.99	2:15.03	4:47.49
94	1.06	31.46	1:08.70	2:30.22	26.86	59.69	2:12.24	2:16.32	4:50.23
93	1.07	31.76	1:09.35	2:31.64	27.11	1:00.25	2:13.48	2:17.60	4:52.97
92	1.08	32.05	1:09.99	2:33.06	27.37	1:00.81	2:14.73	2:18.89	4:55.70
91	1.09	32.35	1:10.64	2:34.47	27.62	1:01.38	2:15.98	2:20.17	4:58.44
90	1.10	32.65	1:11.29	2:35.89	27.87	1:01.94	2:17.22	2:21.46	5:01.18
89	1.11	32.94	1:11.94	2:37.31	28.13	1:02.50	2:18.47	2:22.75	5:03.92
88	1.12	33.24	1:12.59	2:38.73	28.38	1:03.07	2:19.72	2:24.03	5:06.66
87	1.13	33.54	1:13.24	2:40.14	28.63	1:03.63	2:20.97	2:25.32	5:09.39
86	1.14	33.84	1:13.88	2:41.56	28.89	1:04.19	2:22.22	2:26.60	5:12.13
85	1.15	34.13	1:14.53	2:42.98	29.14	1:04.76	2:23.46	2:27.89	5:14.87
84	1.16	34.43	1:15.18	2:44.40	29.39	1:05.32	2:24.71	2:29.18	5:17.61
83	1.17	34.73	1:15.83	2:45.81	29.65	1:05.88	2:25.96	2:30.46	5:20.35
82	1.18	35.02	1:16.48	2:47.23	29.90	1:06.45	2:27.21	2:31.75	5:23.08
81	1.19	35.32	1:17.12	2:48.65	30.15	1:07.01	2:28.45	2:33.03	5:25.82
80	1.20	35.62	1:17.77	2:50.06	30.41	1:07.57	2:29.70	2:34.32	5:28.56
79	1.21	35.91	1:18.42	2:51.48	30.66	1:08.14	2:30.95	2:35.61	5:31.30
78	1.22	36.21	1:19.07	2:52.90	30.91	1:08.70	2:32.20	2:36.89	5:34.04
77	1.23	36.51	1:19.72	2:54.32	31.17	1:09.26	2:33.44	2:38.18	5:36.77
76	1.24	36.80	1:20.36	2:55.73	31.42	1:09.82	2:34.69	2:39.46	5:39.51
75	1.25	37.10	1:21.01	2:57.15	31.68	1:10.39	2:35.94	2:40.75	5:42.25
74	1.26	37.40	1:21.66	2:58.57	31.93	1:10.95	2:37.19	2:42.04	5:44.99
73	1.27	37.69	1:22.31	2:59.98	32.18	1:11.51	2:38.43	2:43.32	5:47.73
72	1.28	37.99	1:22.96	3:01.40	32.44	1:12.08	2:39.68	2:44.61	5:50.46
71	1.29	38.29	1:23.60	3:02.82	32.69	1:12.64	2:40.93	2:45.89	5:53.20
70	1.30	38.58	1:24.25	3:04.24	32.94	1:13.20	2:42.18	2:47.18	5:55.94
69	1.31	38.88	1:24.90	3:05.65	33.20	1:13.77	2:43.42	2:48.47	5:58.68
68	1.32	39.18	1:25.55	3:07.07	33.45	1:14.33	2:44.67	2:49.75	6:01.42
67	1.33	39.47	1:26.20	3:08.49	33.70	1:14.89	2:45.92	2:51.04	6:04.15
66	1.34	39.77	1:26.85	3:09.90	33.96	1:15.46	2:47.17	2:52.32	6:06.89
65	1.35	40.07	1:27.49	3:11.32	34.21	1:16.02	2:48.41	2:53.61	6:09.63
64	1.36	40.36	1:28.14	3:12.74	34.46	1:16.58	2:49.66	2:54.90	6:12.37
63	1.37	40.66	1:28.79	3:14.16	34.72	1:17.14	2:50.91	2:56.18	6:15.11
62	1.38	40.96	1:29.44	3:15.57	34.97	1:17.71	2:52.16	2:57.47	6:17.84
61	1.39	41.26	1:30.09	3:16.99	35.22	1:18.27	2:53.40	2:58.75	6:20.58
60	1.40	41.55	1:30.73	3:18.41	35.48	1:18.83	2:54.65	3:00.04	6:23.32
59	1.41	41.85	1:31.38	3:19.83	35.73	1:19.40	2:55.90	3:01.33	6:26.06
58	1.42	42.15	1:32.03	3:21.24	35.98	1:19.96	2:57.15	3:02.61	6:28.80
57	1.43	42.44	1:32.68	3:22.66	36.24	1:20.52	2:58.39	3:03.90	6:31.53
56	1.44	42.74	1:33.33	3:24.08	36.49	1:21.09	2:59.64	3:05.18	6:34.27
55	1.45	43.04	1:33.97	3:25.49	36.74	1:21.65	3:00.89	3:06.47	6:37.01
54	1.46	43.33	1:34.62	3:26.91	37.00	1:22.21	3:02.14	3:07.76	6:39.75
53	1.47	43.63	1:35.27	3:28.33	37.25	1:22.78	3:03.38	3:09.04	6:42.49

**68th Festival of Sport - Long Course Swimming Time Trial
Reject List**

No.	Name	Event	Club	Remarks
1	Chen Ka Fung	24	DWA	Wrong Event
2	Fong Yen En	26	DWA	Have Swimming Record
3	Huang Lun Ching	24	DWA	Wrong Event
4	Ho James On	31	HIS	Invalid Swimming Record
5	Hong Eric	19	HIS	Wrong Information of Past Competition
6	Zhong Sin Yiu	16	HMA	Wrong Information of Past Competition
7	Cheng Pak Ho	25	HSW	Wrong Event
8	Li Man Wai Mavis	4	HSW	Entry Time Slower Than QT
9	Shek Tsz Hang Jason	21	HSW	Entry Time Slower Than QT
10	Chan Yui Hong	15	JHC	No Reg
11	Chan Yui Hong	29	JHC	No Reg
12	Cheuk Yuet Ying	22	KGC	Wrong Information of Past Competition
13	Kwok Kin Wai	7	KGC	Wrong Event
14	Tam Nga Man	26	KHC	Have Swimming Record
15	Xie Yunzhi	4	KHC	Wrong Event
16	Xie Yunzhi	22	KHC	Wrong Event
17	Lau Tin Long	21	KTS	Have Swimming Record
18	Kan Ka Ching Artemis	12	LWS	No Reg
19	Kan Ka Ching Artemis	20	LWS	No Reg
20	Kan Sum Yin	4	LWS	No Reg
21	Kan Sum Yin	32	LWS	No Reg
22	Hong Yan Shek	9	PSC	Wrong Information of Past Competition
23	Rui Xuan Ethan Yang	5	PSC	Wrong Information of Past Competition
24	Wong Pak Wai	17	PSC	Wrong Information of Past Competition
25	Chong Seu Kiu	10	SCA	Have Swimming Record
26	Chung Cheuk Yi	12	SMC	No Reg
27	Hung Chin Long	29	SMC	No Reg
28	Chow Ho Yin	27	THS	Have Swimming Record
29	Chau Pak Yu	4	TPS	Wrong Time
30	Foo Hoi Yu	3	TPS	Wrong Event
31	Foo Hoi Yu	13	TPS	Wrong Event
32	Foo Hoi Yu	21	TPS	Wrong Event
33	Ma Gilaine	30	TPS	Wrong Information of Past Competition
34	Tian Trevor	7	TPS	Wrong Information of Past Competition
35	Tian Trevor	9	TPS	Wrong Information of Past Competition
36	Tian Trevor	15	TPS	Wrong Information of Past Competition
37	Wong Hei Tung	34	TPS	Wrong Information of Past Competition

68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025

Meet Program

Event 1 Men 100 LC Meter Freestyle

HKR: 49.15 CHEUK Ming Ho, CPS
 JR: 51.24
 WCA: 48.34
 WCB: 50.03
 55.38 QT Qualifying Time

Meet Qualifying: 55.38

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
3	44353 IAZ	Leung, Cheuk Hong	14	Hoi Tin	55.38 QT
4	46777 #B	Lee, Cheuk Fung	12	Sun Yip	55.38 QT
5	35591 B	Shum, Siu Chun	16	Kwun Tong	55.38 QT
Heat 2 of 4 Prelims					
0	39532 B	Lam, Ho Lam	12	Win Tin	55.38 QT
1	45426 IAZ	Ng, Dik Him	16	Superstar	54.77 QT
2		Ng, Chi Hin	19	Macau China	52.98 QT
3	55037 IAX	Man, Pui Yin	15	Chi Pui	51.39 QT
4	38227 IAZ	Lo, Tsz Lam	17	Win Tin	49.95 QT
5	42311 IAZ	Yu, Chi Lung	17	Pacific	50.64 QT
6	43212 B	Tsang, Pak Kiu	15	Sun Yip	52.40 QT
7	50162 IAZ	Kim, Yo Hann	14	Chi Pui	53.64 QT
8	47082 #IAZ	Tang, Pak Ho Paco	17	Dik Wing	55.38 QT
9	35349 IAZ	Huang, Lun Ching	18	Dik Wing	55.38 QT
Heat 3 of 4 Prelims					
0	40757 IAZ	To, Hiu Fung	15	Hoi Tin	55.38 QT
1	44820 ICX	Yeow, Zheng Ren	17	South China	54.11 QT
2	36157 IAZ	Loo, Tsz Chung Berry	16	Dik Wing	52.46 QT
3	36085 B	Hui, Yik Kiu	17	Chi Pui	51.37 QT
4	06697 B	Koo, Ralph Yat Ho	27	Hoi Tin	49.84 QT
5	22824 IAZ	Wong, Lok Kan	21	Hoi Tin	50.15 QT
6	26123 IAZ	Wong, Wai Lun	22	Hoi Tin	52.31 QT
7	34490 B	Chen, Yuxuan	16	Chi Pui	53.36 QT
8	44492 #IAZ	Cho, Yat	15	Win Tin	55.16 QT
9	46780 IAZ	Tang, Jing Yun	14	Sun Yip	55.38 QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025

Meet Program

Heat 4 Prelims... (Event 1 Men 100 LC Meter Freestyle)

0	41189 B	Wong, Yat Long Isaac	15	Kwun Tong	55.38	QT
1	40485 B	Lam, Cheuk Ting	15	Chi Pui	53.91	QT
2	43593 IAZ	Yeung, Yannick Lok-Jun	16	Pacific	52.40	QT
3	36913 IAZ	Cheng, Cheuk Chi George	17	Dali Swimming Club	51.03	QT
4	30499 IAO	Chan, Nathan	21	Dik Wing	49.20	QT
5	49455 IAZ	Cai, Qi Hong	18	Chi Pui	50.14	QT
6	35258 B	Cheung, Man Ho	14	Sea Lion	51.45	QT
7	37757 B	Cheng, Pak Ho	16	HK Sportworld	53.19	QT
8	44135 B	So, Chun Hei	15	Kwun Tong	54.98	QT
9	45898 IAZ	Fung, Pak Woon	13	Sun Yip	55.38	QT

Event 2 Women 200 LC Meter Freestyle

HKR: 1:53.92

HAUGHEY Siobhan Bernadette

SCA

JR: 1:59.77

WCA: 1:58.23

WCB: 2:02.37

2:19.97

QT Qualifying Time

Meet Qualifying: 2:19.97

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 3 Prelims						
0	42682 B	Yu, Hiu Tung Natalie	15	Win Tin	2:17.53	QT
1	41234 B	Chan, Jacaranda Yik Naam	12	Hoi Tin	2:13.10	QT
2	36011 B	Law, Hang Ue Anastasia	19	Hoi Tin	2:09.61	QT
3	35932 B	Wong, Sze Laam Serena	15	Win Tin	2:04.23	QT
4	42490	Wang, Xin Tong	16	Win Tin	2:00.06	QT
5	42134 #IAZN	Tang, Kai Ting	15	Hoi Tin	2:01.88	QT
6	45628 IAZ	Chan, Pui Ka	13	White Dolphin	2:07.26	QT
7	38270 P	Worthington, Poppy Mei	15	Chi Pui	2:10.07	QT
8	41263 IAZ	Lusher, Lauren Elizabeth	15	South China	2:15.70	QT
9	52722 @P	Li, Peijin	11	Current Club Ltd	2:19.97	QT
Heat 2 of 3 Prelims						
0	46122 #IAZ	Ye, Chi Tung	13	Win Tin	2:17.51	QT
1	44674 B	Wan, Ching Yiu Iris	12	Tai PO	2:11.68	QT
2	39531 B	Lee, Hoi Lam	14	Win Tin	2:07.56	QT
3	40949 B	Sum, Yi Man	13	Tai PO	2:03.70	QT
4	33715 IAZ	Ma, Gilaine	16	Tai PO	1:57.63	QT
5	44386	Li, Yu Qing	15	Win Tin	2:00.92	QT
6	18545 #IAZ	Lam, Pac Tung Nikita	24	Happy Valley	2:06.92	QT
7	38394 B	Yeung, Tin Wing	13	Hoi Tin	2:09.97	QT
8	45986 IAZ	Wong, Cheuk Ying Siena	13	Win Tin	2:14.53	QT
9	42893 IAZ	Tse, Lok Lam	15	Hoi Tin	2:18.75	QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025**Meet Program****Heat 3 Prelims... (Event 2 Women 200 LC Meter Freestyle)**

0	42704 @P	Krkalo, Mila Sofia	14	Island Stingrays	2:17.29	QT
1	40426 B	Fong, Sin Ka	14	Long Fame	2:11.61	QT
2	37875 B	Chan, Yuk Yan	16	Hoi Tin	2:07.49	QT
3	31841 IAZ	Ng, Lai Wa	19	Hoi Tin	2:02.07	QT
4	40738 B	Li, Sum Yiu	15	White Dolphin	1:57.59	QT
5	32098 B	Ma, Tsz Tsing Ashley	17	Hoi Tin	2:00.92	QT
6	38217 IAZ	Yan, Ellie	15	Hoi Tin	2:06.16	QT
7	39905 IAZ	Lan, Jasmine Lauren	15	Jockey Club	2:09.73	QT
8	46174 IAZ	Au, Hoi Ching Abby	13	Kwan Hung	2:14.15	QT
9	45734 IAZ	Fung, Hei Yiu	13	Sword Fish Club	2:18.70	QT

Event 3 Men 50 LC Meter Breaststroke**HKR: 27.89****MAK Sai Ting Adam, HTA****JR: 28.83****WCA: 27.33****WCB: 28.29****32.66 QT Qualifying Time****Meet Qualifying: 32.66**

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
1	51343 IAZ	Wan, Long Hin	12	Dali Swimming Club	32.66	QT
2	51826 B	Yang, Hon Kwan	12	HK Sportworld	32.66	QT
3	47620 IAZ	Chau, Yuet Sang	20	Dik Wing	32.66	QT
4	40537 B	Tsang, Kai Wai	16	Win Tin	32.66	QT
5	38446 #B	Chen, Hei Ying Michael	15	Lai WA	32.66	QT
6	43786 IAZ	Lee, Sze Tsun	17	Lai WA	32.66	QT
7	43756 B	Chan, Curtis	12	Win Tin	32.66	QT
Heat 2 of 5 Prelims						
0	51368 #@^IM	Liu, Yinan	14	Win Tin	32.66	QT
1	37776 B	Ng, Iden	15	Win Tin	32.50	QT
2	46259 IAZ	Tang, Chun Fan	16	Superstar	31.95	QT
3	32426 IAZ	Lam, Tsz Yeung YY	17	Dik Wing	31.60	QT
4	40739 IAZ	Yu, Tsz Hei	15	White Dolphin	31.37	QT
5	44687 #B	Fung, Jeffrey	16	HK Sportworld	31.44	QT
6	37591 P	Chen, Joshua Luke	17	Island Stingrays	31.88	QT
7	46409 IAZ	Wang, Zi Ran	15	Island Stingrays	32.22	QT
8		Chong, Ioi Lam	19	Macau China	32.60	QT
9	39425 B	Tang, Tsz Hei	14	Juan Hua Club	32.66	QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025**Meet Program****Heat 3 Prelims... (Event 3 Men 50 LC Meter Breaststroke)**

0	36826 B	Wan, Tsz Shan Shawn	15	Win Tin	30.72	QT
1	41024 B	Li, Matthew	16	HK Sportworld	29.92	QT
2	40651 P	Leung, Tsz Ming	15	White Dolphin	29.65	QT
3	32738 IAZ	Man, Ho Him	19	Lai WA	28.74	QT
4	22413 IAZ	Lee, Shing Yan	22	Hoi Tin	27.63	QT
5	28535 B	Law, Tsz Hin	22	Hoi Tin	28.11	QT
6	33755 IAZ	Lau, Kin Hei James	16	Hoi Tin	28.96	QT
7	33716 B	Chan, Ngai Cheung	20	Tuen Mun	29.80	QT
8	29306 B	Cheng, Hoi Kei	20	White Dolphin	30.02	QT
9	45634 IAZ	Chan, Cheuk Hin	16	Marlins	31.21	QT

Heat 4 of 5 Prelims

0	36658 IAZ	Ng, Chit	17	Dali Swimming Club	30.44	QT
1	39328 IAZ	Yau, Shing Ho	17	Compass	29.87	QT
2	32214 B	Wong, Sum Lam	17	White Dolphin	29.61	QT
3	36314 IAZ	Mok, Long Sum	16	Lai WA	28.68	QT
4	45703 IAZ	Tsui, Yik Ki	17	Pacific	27.50	QT
5	25379 B	Mak, Sai Ting Adam	18	Hoi Tin	27.98	QT
6	33495 IAZ	Wan, Siu Chun	20	Tai PO	28.87	QT
7	42025 IAO	Luk, Arnold Bingtse	28	South China	29.79	QT
8	45922 ICX	Fu, Enze	15	Chi Pui	29.99	QT
9	39500 IAZ	Lau, Tin Long	16	Kwun Tong	31.07	QT

Heat 5 of 5 Prelims

0	36805 B	Chan, Leong To	15	Hoi Tin	30.10	QT
1	36592 B	Lau, Ka Long	16	Hoi Tin	29.80	QT
2	30635 IAZ	So, Tsz Kin David	19	Kowloon City	29.29	QT
3	32095 B	Lau, Chor Tik	15	Win Tin	28.57	QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	19	Win Tin	27.46	QT
5		Chao, Man Hou	29	Macau China	27.78	QT
6	31822 B	Lau, Ming Yui	19	Lai WA	28.82	QT
7	25050 B	Kung, Lok Sum	20	Tai PO	29.65	QT
8	33109 B	Seeto, Shun Yin	18	Keung Sung	29.92	QT
9	34714 B	Chan, Chi Kit Javen	16	Win Tin	30.94	QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025

Meet Program

Event 4 Women 100 LC Meter Breaststroke

HKR: 1:05.92 HAUGHEY Siobhan Bernadette SCA
 JR: 1:09.84
 WCA: 1:06.87
 WCB: 1:09.21
 1:23.48 QT Qualifying Time

Meet Qualifying: 1:23.48

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3	31970 #B	Tam, Lok Kiu Joanna	17	Win Tin	1:23.48 QT
4	50039 IAZ	Poon, Yan Chi	12	Kwun Tong	1:23.48 QT
5	48102 @P	Wong, Megan Min Mei	14	South China	1:23.48 QT
Heat 2 of 5 Prelims					
0	46244 B	Li, Man Wai Mavis	11	HK Sportworld	1:23.48 QT
1	47157 IAZ	Wong, Pui Yiu	12	Tuen Mun	1:23.31 QT
2	50129 @IM	Xie, Yunzhi	11	Kwan Hung	1:23.16 QT
3	39333 B	Chung, Lok Ching	16	Compass	1:22.41 QT
4	43397 IAZ	Lan, Jacey Laura	13	Jockey Club	1:22.24 QT
5	40950 #B	Sum, Yi Lok	13	Lai WA	1:22.40 QT
6	46194 P	Mohanty, Lavanya Mio	15	Island Stingrays	1:22.77 QT
7	46250 IAZ	Cheung, Ka Yu	12	Flying Fish	1:23.27 QT
8	46383 @P	Zhang, Hanna	14	Island Stingrays	1:23.46 QT
9	46831 #B	Tang, Yue Daphne Margarita	12	Dik Wing	1:23.48 QT
Heat 3 of 5 Prelims					
0	37992 B	Chan, Sin Yu	16	Hoi Tin	1:19.89 QT
1	43574 P	Au, Tsz Yu Chloe	14	Hoi Tin	1:18.67 QT
2	50134 IAZN	Wu, Melody	16	South China	1:14.21 QT
3	38537 B	Chung, Wing Sum Hazel	15	HK Sportworld	1:11.03 QT
4	35670 B	Cheung, Wing Yi Claire	16	Jockey Club	1:08.73 QT
5	29139 B	Young, Sze Ki	21	Tai PO	1:10.59 QT
6	51952 #IAZN	Shi, Ziwen	14	Flying Dragon	1:11.82 QT
7	43099 IAZ	Ng, Hoi Ching	15	Win Tin	1:16.02 QT
8	43294 B	Wong, Tsz Huen	14	Pacific	1:19.26 QT
9	45764 #B	Kong, Tsz Ching	13	Dik Wing	1:21.34 QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025

Meet Program

Heat 4 Prelims... (Event 4 Women 100 LC Meter Breaststroke)

0	43660 B	Chong, Ailis Ho Qiu	12	Hoi Tin	1:19.33	QT
1	46111 B	Chau, Pak Yu	12	Tai PO	1:18.37	QT
2	36010 IAZ	Wu, Kwan Lo	15	Win Tin	1:13.62	QT
3	38411 B	Yung, Tsz Ching	14	Hoi Tin	1:10.94	QT
4	39179 B	Man, Wui Kiu	15	Chi Pui	1:06.61	QT
5	37750 IAZ	So, Ching Nga	16	Hoi Tin	1:09.93	QT
6	39592 IAZ	Sng, Yan Megan	20	Dik Wing	1:11.41	QT
7	48559 IAZ	Yeung, Ho Yuet	13	Hoi Ngai	1:15.95	QT
8	39484 IAZ	Ho, Taylor Lei	14	Island Stingrays	1:19.18	QT
9	47579 @P	Furuta, Lia	13	Island Stingrays	1:21.17	QT

Heat 5 of 5 Prelims

0	43337 #	Zhou, Xiaolin	15	South China	1:19.28	QT
1	50631 #IAZ	Pang, Sze Ki Flora	13	Dik Wing	1:17.49	QT
2	38528 B	Lam, Tsz Ying	14	Hoi Tin	1:12.90	QT
3	48950 P	Gao, Jialian	13	Chi Pui	1:10.83	QT
4	06425 B	Haughey, Siobhan Bernadette	27	South China	1:05.92	QT
5	39432 IAZ	Leung, Sze Ki Safira	15	Marlins	1:09.64	QT
6	34467 B	Chan, Tsz Ching	18	Sea Lion	1:11.05	QT
7	39706 B	Yip, Tsz Laam	15	White Dolphin	1:14.77	QT
8	47072 #IAZ	Foo, Hoi Yu	14	Tai PO	1:18.76	QT
9	50341 IAZ	Hu, Xinyue	12	Hoi Tin	1:19.92	QT

Event 5 Men 400 LC Meter IM

HKR: 4:26.54

WHITTINGTON, Peter Harry

DLS

JR: 4:32.42

WCA: 4:17.48

WCB: 4:26.49

5:19.19

QT Qualifying Time

Meet Qualifying: 5:19.19

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
3	46299 IAZ	Lo, Kei Yan Ian	12	Hoi Tin	5:19.19 QT
4	43393 IAZ	Lam, Cheuk Hang	13	Hoi Tin	5:19.19 QT
5	43394 IAZ	Lam, Cheuk Yin	13	Hoi Tin	5:19.19 QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025**Meet Program****Heat 2 Prelims... (Event 5 Men 400 LC Meter IM)**

0	54345 @IM	Long, Dongting	11 Kowloon City	5:19.19	QT
1	46119 B	Hsieh, Kurtis Yi Hon	12 Tai PO	5:08.26	QT
2	36925 B	Lee, Chi Kiu	15 Win Tin	5:05.57	QT
3	44144 B	Leung, Kai Lok Kyle	15 Chi Pui	5:03.15	QT
4	40882 B	Lee, Chung Hei Aiden	14 Hoi Tin	4:58.68	QT
5	40111 B	Wong, Yik Man Mike	13 South China	4:59.64	QT
6	46151 IAZ	Yang, Rui Xuan Ethan	15 Pacific	5:03.86	QT
7	48681 #IAZ	Ho, James On	15 Island Stingrays	5:07.04	QT
8	38873 B	Luk, Sean Clement	16 South China	5:09.36	QT

Heat 3 of 4 Prelims

0	46984 IAZ	Wong, Pak Wai	14 Pacific	4:51.03	QT
1	45472 B	Yeung, Tsz Ho	13 HK Sportworld	4:45.21	QT
2	46985 IAZ	Wong, Chung Kok Helge	14 Pacific	4:42.83	QT
3	40455 IAZ	Lam, Wai Lok	16 Sun Yip	4:32.86	QT
4	36547 IAZ	Wong, Yik Yan Sean	17 South China	4:27.03	QT
5	33608 IAZN	Wan, Chun Lim	18 Pacific	4:30.75	QT
6	34506 B	Yu, Shing Hin	17 Win Tin	4:37.10	QT
7	26123 IAZ	Wong, Wai Lun	22 Hoi Tin	4:44.00	QT
8	35145 IAZ	Liu, Siu Fung	17 Chi Pui	4:47.00	QT
9	33829 IAO	Ko, Harry Hing	17 South China	4:55.53	QT

Heat 4 of 4 Prelims

0	40460 IAZ	Zhao, Oscar	15 Hoi Tin	4:49.29	QT
1	36895 B	Lo, Kei Hon Andre	16 Hoi Tin	4:44.72	QT
2	44135 B	So, Chun Hei	15 Kwun Tong	4:42.41	QT
3	29884 B	Kwong, Jacob Yat Nam	18 Win Tin	4:31.87	QT
4	48237 IAZ	Wang, Yi Shun	16 Chi Pui	4:20.26	QT
5	29043 B	Tsang, Lok Hei	21 Sun Yip	4:29.73	QT
6	22961 B	Chan, Tsun Hin	20 White Dolphin	4:34.69	QT
7	37574 P	Chen, Eric Q	15 Island Stingrays	4:43.88	QT
8	40879 IAZ	Chen, Zheng Xuan Jason	13 Hoi Tin	4:46.14	QT
9	38496 IAZ	Lam, Lang Kai	16 Chi Pui	4:52.22	QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025

Meet Program

Event 6 Women 100 LC Meter Butterfly

HKR: 58.12

HAUGHEY Siobhan Bernadette

SCA

JR: 1:00.54

WCA: 58.33

WCB: 1:00.37

1:13.26 QT Qualifying Time

Meet Qualifying: 1:13.26

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
0	41671 IAZ	Ma, Wai Yan	16	Csu	1:13.26 QT
1	44369 B	Cheung, Chi Ching Clara	13	Win Tin	1:11.77 QT
2	45531 #IAZ	Zhong, Sin Yiu	13	Marlins	1:05.66 QT
3	29902 #B	Lam, Cheuk Ue Natalie	20	Happy Valley	1:03.19 QT
4	29449 B	Leung, Wing Tsun Rachel	18	Win Tin	1:00.68 QT
5	31301 IAZ	To, Wing Yan	18	Happy Valley	1:02.69 QT
6	44988 @P	Koh, Li Wen Ashley	17	South China	1:04.40 QT
7	40101 IAZ	Cheng, Alison Jiaqi	15	Island Stingrays	1:09.40 QT
8	46175 IAZ	Tang, Sum Wing Gladys	12	Dik Wing	1:12.31 QT
Heat 2 of 3 Prelims					
0	50134 IAZN	Wu, Melody	16	South China	1:13.26 QT
1	42705 P	Krkalo, Eva Katarina	16	Island Stingrays	1:11.10 QT
2	45894 IAZ	Yu, Kok Yiu Khloe	14	Hoi Tin	1:05.22 QT
3	53037 @^ICX	Sun, Qimiao	14	Chi Pui	1:03.14 QT
4	40655 IAZ	Ma, Malia	17	Hoi Tin	58.91 QT
5	35932 B	Wong, Sze Laam Serena	15	Win Tin	1:01.06 QT
6	42151 IAZ	Lai, Cheuk Ling Maris	13	Happy Valley	1:03.58 QT
7	46383 @P	Zhang, Hanna	14	Island Stingrays	1:08.41 QT
8	38054 IAZ	Yeung, Pui Lam	14	Kwun Tong	1:12.28 QT
Heat 3 of 3 Prelims					
0	47584 B	Cheung, Sum Yu	11	Flying Fish	1:12.33 QT
1	47874 B	Leung, Sze Yan	12	Win Tin	1:10.75 QT
2	45411 #B	Ding, Tian	13	Happy Valley	1:04.69 QT
3	18545 #IAZ	Lam, Pac Tung Nikita	24	Happy Valley	1:02.73 QT
4	31437 B	Yeung, Hoi Ching	18	Tai PO	58.55 QT
5	43424 IAZ	Mathis, Mya Lynn	15	Tai PO	1:00.77 QT
6	28108 B	Seeto, Wai Ching	20	Keung Sung	1:03.22 QT
7	48949 IAZ	Chang, Sienna Jing Huan	14	Island Stingrays	1:06.91 QT
8	43249 B	Chan, Hiu Laam	17	Tuen Mun	1:12.10 QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025
Meet Program
Event 7 Men 100 LC Meter Backstroke
HKR: 55.61 KWAN Hayden, PSC
JR: 57.73
WCA: 53.94
WCB: 55.83
1:07.39 QT Qualifying Time
Meet Qualifying: 1:07.39

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims					
3	49286 IAZ	Lee, Hong Yin	14	Win Tin	1:07.39 QT
4	51368 #@^IM	Liu, Yinan	14	Win Tin	1:07.39 QT
5	46226 B	Chan, Yu Pak	12	Win Tin	1:07.39 QT
Heat 2 of 6 Prelims					
1	39532 B	Lam, Ho Lam	12	Win Tin	1:07.17 QT
2	43631 #IAZ	Yip, Long Hei	17	Dali Swimming Club	1:05.96 QT
3	50693 IAZ	Chong, Chi Chian Nicholas	15	South China	1:05.92 QT
4	40122 B	Kor, Pak Yin	13	South China	1:05.36 QT
5	51257 IAX	Yick, Chujie Matthew	18	Hoi Tin	1:05.81 QT
6	44781 IAX	Wong, Kwong Wa Donald	15	Lai WA	1:05.95 QT
7	45893 IAZ	Choi, Kayleb Pui-Lok	14	YMCA OF Hong Kong	1:05.99 QT
8	46777 #B	Lee, Cheuk Fung	12	Sun Yip	1:07.39 QT
Heat 3 of 6 Prelims					
0	38737 B	Mak, King Lam Matthew	16	Win Tin	1:04.83 QT
1	32457 B	Lau, Chi To	18	Happy Valley	1:04.75 QT
2	36897 IAZ	Han, Hao	15	Kwun Tong	1:04.48 QT
3	34715 B	Chan, Chi Ho Steven	16	Win Tin	1:03.47 QT
4	37746 @P	Qiu, Junhao	16	Island Stingrays	1:03.07 QT
5	35949 B	Lo, Sui Hong	15	Dali Swimming Club	1:03.36 QT
6	51867 IAZ	Ng, Tsz Ching	13	Sun Yip	1:04.26 QT
7	37568 IAZ	Ding, Wilfred Weixin	17	Island Stingrays	1:04.64 QT
8	43272 #B	Chen, Ka Fung	14	Dik Wing	1:04.82 QT
9	39084 B	Chan, See Nok Feliz	15	Win Tin	1:05.06 QT
Heat 4 of 6 Prelims					
0	30198 B	Lam, Cheuk Fung	18	Tai PO	1:02.49 QT
1	41457 IAZ	Leung, Hoi Chun	16	Kwun Tong	1:00.53 QT
2	38539 B	Chan, Wah Royce	16	HK Sportworld	57.71 QT
3	29545 IAZN	Cheung, Cheuk To	19	Tai PO	57.03 QT
4	28636 B	Chan, Tsz Chiu	21	Keung Sung	55.58 QT
5	42311 IAZ	Yu, Chi Lung	17	Pacific	56.43 QT
6	37686 B	Chang, Hok Hin	17	Tai PO	57.44 QT
7	36551 IAZ	Tian, Trevor	15	Tai PO	59.46 QT
8	43609 P	Wu, Lok Kan	14	Pacific	1:01.27 QT
9	40881 IAZN	Ray-smith, Henry Joseph Evel	14	Hoi Tin	1:02.94 QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025

Meet Program

Heat 5 Prelims... (Event 7 Men 100 LC Meter Backstroke)

0	46170 IAZ	Dai, Cho Tsun	14	Kwan Hung	1:02.44	QT
1	39071 B	Luk, Man Him	16	Win Tin	1:00.36	QT
2	40104 B	Cheung, Yung	14	White Dolphin	57.67	QT
3	41900 B	Han, Pak Kiu	15	Hoi Tin	56.86	QT
4	34756 IAZ	Hofstede, Adam Marcel	18	Dik Wing	55.54	QT
5	36914 IAZ	Cheng, Cheuk Kin Jake	17	Dali Swimming Club	56.43	QT
6	34048 IAZ	Wong, Pok Lam	18	Hoi Tin	57.23	QT
7	17709 B	Whittington, Ryan Michael	24	South China	58.57	QT
8		Chan, Si Chon	17	Macau China	1:01.12	QT
9	39041 IAZ	Lam, Lok Sum	13	Hoi Tin	1:02.73	QT

Heat 6 of 6 Prelims

0	49117 @I	Liu, Haoliang	14	Chi Pui	1:01.80	QT
1	49384 IAZ	Li, Louis Ka Wo	14	Pacific	1:00.10	QT
2	33504 IAZ	Leung, Lok Hei	19	North Sports	57.65	QT
3	55037 IAX	Man, Pui Yin	15	Chi Pui	56.80	QT
4	12117 IAZ	Lau, Shiu Yue	27	Hoi Tin	52.87	QT
5	27239 B	Chan, Sheung Kwan	22	Keung Sung	55.68	QT
6	15423 IAZ	Cheung, Yau Ming	27	Hoi Tin	57.13	QT
7	36737 B	Chan, Wang Hei Terence	18	Tai PO	58.17	QT
8	36791 IAZ	Fong, Tsz Long Jose	15	Dik Wing	1:00.98	QT
9	43427 IAZ	Lam, Kayden	13	Chi Pui	1:02.70	QT

Event 8 Women 50 LC Meter Backstroke

HKR: 27.98

AU Hoi Shun Stephanie, DWA

JR: 29.52

WCA: 28.22

WCB: 29.21

33.77 QT Qualifying Time

Meet Qualifying: 33.77

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 5 Prelims						
3	37001 #IAZ	Chan, Oi Yin	16	Superstar	33.77	QT
4	46535 IAZ	Ng, Jun Hei	13	Dik Wing	33.77	QT
5	51677 #IAZ	Fong, Yen En	12	Dik Wing	33.77	QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025**Meet Program****Heat 2 Prelims... (Event 8 Women 50 LC Meter Backstroke)**

0	47874 B	Leung, Sze Yan	12	Win Tin	33.77	QT
1	49953 B	Chan, Sum Kiu	10	HK Sportworld	33.77	QT
2	45405 IAZ	Tam, Nga Man	12	Kwan Hung	33.77	QT
3	37163 #B	Chen, Ki Yan	16	Dik Wing	32.95	QT
4	45484 B	Tang, Hai Ting Prudence	13	YMCA OF Hong Kong	32.75	QT
5	46111 B	Chau, Pak Yu	12	Tai PO	32.93	QT
6	48074 IAZ	Lee, Grace Lok Wan	13	Dik Wing	33.44	QT
7	47547 IAZ	Yeung, Cheuk Yiu	12	Win Tin	33.77	QT
8	51635 B	Sin, Sze Yan Hailey	12	HK Sportworld	33.77	QT

Heat 3 of 5 Prelims

0	46287 @P	Lu, Chang	14	South China	32.60	QT
1	48850 B	Lam, Tsz Kei	12	Tai PO	31.68	QT
2	47577 @ICX	Lin, Kunyi	15	Esf	31.07	QT
3	33764 IAZ	Tai, Yung Ching Emmy	17	Dik Wing	30.08	QT
4	46816 IAZ	Chan, Tsz Yu Ashley	13	Hoi Tin	28.55	QT
5	38813 IAZN	Wong, Yuen Ching	14	Hoi Tin	29.37	QT
6		Ariuntamir, Enkh-Amgalan	21	Mongolia	30.16	QT
7	41421 IAZ	Leung, Wing Tung	14	Sea Lion	31.40	QT
8	37596 P	Sandeen, Audrey Elizabeth	17	Island Stingrays	32.28	QT
9	46200 #IAZ	Kwong, Hoi Yee Phoebe	11	Tai PO	32.70	QT

Heat 4 of 5 Prelims

0	47344 B	Ng, Cheuk Yee	14	HK Sportworld	32.52	QT
1	44853 IAZ	Yeung, Gabrielle	14	Pacific	31.65	QT
2	35752 B	Li, Cheuk Yiu	15	Hoi Tin	30.57	QT
3	36936 IAZ	Ho, Pui Yan	15	Win Tin	29.76	QT
4	33742 IAZ	Lam, Chelsie	16	Dali Swimming Club	28.12	QT
5	35455 B	Poon, Lok Yan	17	Chi Pui	29.01	QT
6	46124 IAZ	Mathis, Kayla J	14	Tai PO	30.11	QT
7	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	13	Jockey Club	31.35	QT
8	40117 IAZ	Chan, Kalila	14	South China	32.09	QT
9	46175 IAZ	Tang, Sum Wing Gladys	12	Dik Wing	32.65	QT

Heat 5 of 5 Prelims

0	38891 IAZ	Leung, Hiu Lam	16	Win Tin	32.35	QT
1	40602 P	Kwon, Sowon	16	Island Stingrays	31.64	QT
2	33940 #B	Lau, Sze Yuet	17	Happy Valley	30.49	QT
3	33947 #IAZ	Chan, Hin Yau	18	HK Sportworld	29.63	QT
4	36321 B	Cheung, Sum Yuet Cindy	18	Tai PO	27.43	QT
5	28897 IAZ	Loo, Tsz Ki Cherrie	20	Dik Wing	28.84	QT
6	36963 IAZ	Chan, Mei Yan	15	Tai PO	30.11	QT
7		Wong, Un Iao	15	Macau China	31.31	QT
8	39432 IAZ	Leung, Sze Ki Safira	15	Marlins	31.81	QT
9	42270 #B	Wong, Hei Tung	13	Tai PO	32.61	QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025

Meet Program

Event 9 Men 200 LC Meter Butterfly

HKR: 2:00.43

LIM Nicholas Owen Zhaoguang

LRC

JR: 2:01.23

WCA: 1:56.51

WCB: 2:00.59

2:25.98 QT Qualifying Time

Meet Qualifying: 2:25.98

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
1	48157 B	Yiu, Chi Him	14	Win Tin	2:21.16 QT
2	38725 B	Hong, Yan Shek	14	Pacific	2:16.44 QT
3	28236 B	Lau, Yiu Yeung Jamie	19	Win Tin	2:06.81 QT
4	34145 IAO	Ng, Anson	16	Hoi Tin	2:01.55 QT
5	38701 B	Chung, Hei Chit	16	Hoi Tin	2:04.68 QT
6	36551 IAZ	Tian, Trevor	15	Tai PO	2:08.30 QT
7	46985 IAZ	Wong, Chung Kok Helge	14	Pacific	2:19.98 QT
8	43393 IAZ	Lam, Cheuk Hang	13	Hoi Tin	2:25.98 QT
Heat 2 of 3 Prelims					
1	44142 #IAZ	Yau, Cheuk Hin	13	Kwun Tong	2:20.99 QT
2	43245 B	Wong, Pak Dick	14	Tuen Mun	2:14.82 QT
3	41723 IAZ	Fong, Yik Yuen	17	Hoi Tin	2:06.56 QT
4	41422 B	Yick, Sum Kiu	14	Sea Lion	2:00.64 QT
5	36913 IAZ	Cheng, Cheuk Chi George	17	Dali Swimming Club	2:04.39 QT
6	35931 B	Lam, Marcus Pak Hei	15	Win Tin	2:08.26 QT
7	44681 IAZ	Wan, Wui Sum	15	Pacific	2:19.32 QT
8	42699 IAZ	Chan, Ching Long	14	Pacific	2:24.85 QT
Heat 3 of 3 Prelims					
0	39576 #B	Chan, Pak Yu	14	Chi Pui	2:25.98 QT
1	43174 B	Lam, Chun Hin	14	Sun Yip	2:20.78 QT
2	37575 P	Chen, Jason Q	18	Island Stingrays	2:11.49 QT
3	30444 IAZ	Ho, Chung Lun	21	Pacific	2:05.34 QT
4	33755 IAZ	Lau, Kin Hei James	16	Hoi Tin	1:58.13 QT
5	29884 B	Kwong, Jacob Yat Nam	18	Win Tin	2:03.47 QT
6	49179 @ICX	Zhu, Xiuping	16	Pacific	2:06.96 QT
7	39669 IAZ	Lau, Yiu Him Jayson	15	Win Tin	2:16.71 QT
8	44269 #B	Sum, Wai Chong	13	Hoi Tin	2:22.88 QT



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Meet Program

Event 10 Women 200 LC Meter IM

HKR: 2:12.10

HAUGHEY Siobhan Bernadette

SCA

JR: 2:13.35

WCA: 2:12.83

WCB: 2:17.48

2:38.84 QT Qualifying Time

Meet Qualifying: 2:38.84

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
0	38054 IAZ	Yeung, Pui Lam	14	Kwun Tong	2:38.84 QT
1	42458 IAZ	Hon, Tsz Tung	14	Hoi Tin	2:27.39 QT
2	43137 IAZ	Yiu, Sum Yin	14	Win Tin	2:23.89 QT
3	35932 B	Wong, Sze Laam Serena	15	Win Tin	2:20.43 QT
4	42490	Wang, Xin Tong	16	Win Tin	2:14.36 QT
5	36944 B	Chan, Yi Lok	14	Win Tin	2:16.79 QT
6	51952 #IAZN	Shi, Ziwen	14	Flying Dragon	2:22.27 QT
7	38860 IAZ	Chui, On Tsz	16	Hoi Tin	2:27.15 QT
8	40101 IAZ	Cheng, Alison Jiaqi	15	Island Stingrays	2:35.12 QT
9	39149 IAZ	Xing, Yina	13	Happy Valley	2:38.84 QT
Heat 2 of 3 Prelims					
0	42127 IAZ	Chong, Seu Kiu	14	South China	2:38.11 QT
1	38967 B	Gao, Elva	15	Hoi Tin	2:27.36 QT
2	39905 IAZ	Lan, Jasmine Lauren	15	Jockey Club	2:23.62 QT
3	34467 B	Chan, Tsz Ching	18	Sea Lion	2:20.35 QT
4	29060 IAZ	Lam, Hoi Kiu	21	Hoi Tin	2:14.32 QT
5	33742 IAZ	Lam, Chelsie	16	Dali Swimming Club	2:15.93 QT
6	41234 B	Chan, Jacaranda Yik Naam	12	Hoi Tin	2:22.13 QT
7	36936 IAZ	Ho, Pui Yan	15	Win Tin	2:25.29 QT
8	43672 P	Yung, Tsz Zeon	10	Hoi Tin	2:34.20 QT
9	52722 @P	Li, Peijin	11	Current Club Ltd	2:38.84 QT
Heat 3 of 3 Prelims					
0	42704 @P	Krkalo, Mila Sofia	14	Island Stingrays	2:35.77 QT
1	44988 @P	Koh, Li Wen Ashley	17	South China	2:27.27 QT
2	35345 B	Ho, Tin Wing	15	Hoi Tin	2:22.74 QT
3	38411 B	Yung, Tsz Ching	14	Hoi Tin	2:19.60 QT
4	39179 B	Man, Wui Kiu	15	Chi Pui	2:13.99 QT
5	31841 IAZ	Ng, Lai Wa	19	Hoi Tin	2:14.99 QT
6	32098 B	Ma, Tsz Tsing Ashley	17	Hoi Tin	2:20.46 QT
7	29117 IAZ	Wong, Po Yin	19	Hoi Tin	2:24.17 QT
8	46308 IAZ	So, Hei Shun	13	Kwun Tong	2:29.49 QT
9	48101 B	Tam, Xin Yau Cayenne	13	YMCA OF Hong Kong	2:38.84 QT



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Meet Program

Event 11 Men 400 LC Meter Freestyle

HKR: 3:50.53 CHEUK Ming Ho, CPS

JR: 3:57.77

WCA: 3:48.15

WCB: 3:56.14

4:34.03 QT Qualifying Time

Meet Qualifying: 4:34.03

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
0	46574 IAZ	Fong, Pak Yin	14	Hoi Tin	4:34.03 QT
1	37838 B	Ho, Jasper	14	Kwun Tong	4:34.03 QT
2	52106 IAZN	Kong, Hong Ki Dathan	11	Sun Yip	4:34.03 QT
3	36563 B	Leung, Hok Kiu Jason	16	Sun Yip	4:34.03 QT
4	44682 IAZ	Wan, Wui Bun	12	Pacific	4:34.03 QT
5	46060 B	Chan, Yin Chun	11	Hoi Tin	4:34.03 QT
6	50162 IAZ	Kim, Yo Hann	14	Chi Pui	4:34.03 QT
7	50683 @IAX	Leng, Chon Kuo	13	Kowloon City	4:34.03 QT
8	40739 IAZ	Yu, Tsz Hei	15	White Dolphin	4:34.03 QT
9	44319 IAZ	Lo, Yat Long Matthew	12	Sun Yip	4:34.03 QT
Heat 2 of 5 Prelims					
0	34715 B	Chan, Chi Ho Steven	16	Win Tin	4:34.03 QT
1	45934 B	Lo, Hoi Chuen	12	Win Tin	4:34.03 QT
2	43109 B	Law, Sai Lai	14	Sun Yip	4:34.03 QT
3	43009 B	Wong, Ho Long	13	Dik Wing	4:32.50 QT
4	46409 IAZ	Wang, Zi Ran	15	Island Stingrays	4:30.41 QT
5	42517 B	Poon, Lai Man	14	Happy Valley	4:31.31 QT
6	46182 B	Sung, Pak Kiu	14	Sun Yip	4:34.03 QT
7	40095 #IAZ	Chow, Ngai Fun	16	Kwun Tong	4:34.03 QT
8	41457 IAZ	Leung, Hoi Chun	16	Kwun Tong	4:34.03 QT
9	43094 B	Hui, Cheuk Hin	15	Kwun Tong	4:34.03 QT
Heat 3 of 5 Prelims					
0	42625 B	He, Yu Hao	14	Chi Pui	4:30.18 QT
1	36897 IAZ	Han, Hao	15	Kwun Tong	4:28.79 QT
2	44966 #IAZ	Kwok, Long Yin Elden	12	Chi Pui	4:28.47 QT
3	48681 #IAZ	Ho, James On	15	Island Stingrays	4:24.81 QT
4	40485 B	Lam, Cheuk Ting	15	Chi Pui	4:23.27 QT
5	40757 IAZ	To, Hiu Fung	15	Hoi Tin	4:23.33 QT
6	42008 B	Law, Tsz Lok	13	Win Tin	4:25.26 QT
7	32426 IAZ	Lam, Tsz Yeung YY	17	Dik Wing	4:28.65 QT
8	24053 B	Po, Hin Hang	21	Pacific	4:28.87 QT
9	46435 #B	Chong, Cheuk Yin	13	Tai PO	4:30.29 QT



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Meet Program

Heat 4 Prelims... (Event 11 Men 400 LC Meter Freestyle)

0	46564 IAZ	Hon, Man Sing	13	Hoi Tin	4:17.64	QT
1	50769 #@^ICX	Sun, Maokun	13	Win Tin	4:12.34	QT
2	43918 @IAX	Chui, Ue Haang	14	White Dolphin	4:08.17	QT
3	43212 B	Tsang, Pak Kiu	15	Sun Yip	4:04.09	QT
4	29257 B	He, Shing Ip	19	Chi Pui	3:51.05	QT
5	32095 B	Lau, Chor Tik	15	Win Tin	3:59.46	QT
6	45472 B	Yeung, Tsz Ho	13	HK Sportworld	4:06.25	QT
7	36157 IAZ	Loo, Tsz Chung Berry	16	Dik Wing	4:10.36	QT
8	43919 IAZ	Chui, Hoi Haang	16	White Dolphin	4:13.93	QT
9	31715 IAZ	Tsang, Kei Hon Ian	17	Dik Wing	4:21.40	QT

Heat 5 of 5 Prelims

0	37574 P	Chen, Eric Q	15	Island Stingrays	4:15.09	QT
1	22961 B	Chan, Tsun Hin	20	White Dolphin	4:11.01	QT
2	37663 IAZ	Yan, Kyle	16	Hoi Tin	4:06.78	QT
3	38539 B	Chan, Wah Royce	16	HK Sportworld	4:00.64	QT
4	33922 P	So, Kwun Wa	17	White Dolphin	3:49.56	QT
5	30733 B	Lai, King Wo	18	Win Tin	3:56.18	QT
6	37746 @P	Qiu, Junhao	16	Island Stingrays	4:05.98	QT
7	48286 IAZ	Muller, Ethan	17	South China	4:08.58	QT
8	35385 B	Chong, Hin Yeung	16	Dik Wing	4:13.12	QT
9	36658 IAZ	Ng, Chit	17	Dali Swimming Club	4:20.73	QT

Event 12 Women 50 LC Meter Freestyle

HKR:	24.30	HAUGHEY Siobhan Bernadette	SCA
JR:	25.03		
WCA:	24.86		
WCB:	25.73		
	28.83	QT Qualifying Time	

Meet Qualifying: 28.83

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
3	48209 B	Cheng, Yuen Ki	11	Kwan Hung	28.83	QT
4	36861 IAZ	Chiu, Sze Yui	16	Lai WA	28.83	QT
5	52767 IAZ	Chu, Man Yin Vera	12	Kwun Tong	28.83	QT



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Meet Program

Heat 2 Prelims... (Event 12 Women 50 LC Meter Freestyle)

0	42893 IAZ	Tse, Lok Lam	15 Hoi Tin	28.83	QT
1	45531 #IAZ	Zhong, Sin Yiu	13 Marlins	28.29	QT
2	46145 #B	Lam, Ching Yee	12 Tai PO	27.27	QT
3	28108 B	Seeto, Wai Ching	20 Keung Sung	26.88	QT
4	35455 B	Poon, Lok Yan	17 Chi Pui	25.90	QT
5	43424 IAZ	Mathis, Mya Lynn	15 Tai PO	26.58	QT
6	37750 IAZ	So, Ching Nga	16 Hoi Tin	26.97	QT
7	28694 B	Cheuk, Yuet Ying Phoebe	20 Keung Sung	27.73	QT
8	39484 IAZ	Ho, Taylor Lei	14 Island Stingrays	28.67	QT

Heat 3 of 4 Prelims

0	33185 @IAZ	Tso, Chau Ho	20 Win Tin	28.83	QT
1	46175 IAZ	Tang, Sum Wing Gladys	12 Dik Wing	28.15	QT
2	38270 P	Worthington, Poppy Mei	15 Chi Pui	27.24	QT
3	36011 B	Law, Hang Ue Anastasia	19 Hoi Tin	26.70	QT
4	33715 IAZ	Ma, Gilaine	16 Tai PO	25.33	QT
5	39432 IAZ	Leung, Sze Ki Safira	15 Marlins	26.34	QT
6	33764 IAZ	Tai, Yung Ching Emmy	17 Dik Wing	26.90	QT
7	42637 B	So, Yin Yan	14 Happy Valley	27.71	QT
8		Kuan, I Cheng	22 Macau China	28.51	QT

Heat 4 of 4 Prelims

0	47345 IAZ	Cheung, Tsz Wun Karen	14 HK Sportworld	28.83	QT
1	44674 B	Wan, Ching Yiu Iris	12 Tai PO	27.93	QT
2	53037 @^ICX	Sun, Qimiao	14 Chi Pui	27.01	QT
3	38029 B	Leung, Evita Yan	14 Tai PO	26.59	QT
4	40738 B	Li, Sum Yiu	15 White Dolphin	24.47	QT
5	40949 B	Sum, Yi Man	13 Tai PO	26.08	QT
6	28897 IAZ	Loo, Tsz Ki Cherrie	20 Dik Wing	26.90	QT
7	40602 P	Kwon, Sowon	16 Island Stingrays	27.70	QT
8	42705 P	Krkalo, Eva Katarina	16 Island Stingrays	28.37	QT
9	39333 B	Chung, Lok Ching	16 Compass	28.83	QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025

Meet Program

Event 13 Men 200 LC Meter Breaststroke

HKR: 2:11.07 MAK Sai Ting Adam, HTA
 JR: 2:14.41
 WCA: 2:10.32
 WCB: 2:14.88
 2:41.90 QT Qualifying Time

Meet Qualifying: 2:41.90

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
0	46139 #@IAX	Yeung, Sze Wai	13	Sun Yip	2:41.90 QT
1	46149 #@IAX	Yeung, Ching Hong Henry	12	Dali Swimming Club	2:41.90 QT
2	39185 B	Chan, Tsz Chun	15	Tuen Mun	2:41.90 QT
3	51343 IAZ	Wan, Long Hin	12	Dali Swimming Club	2:41.90 QT
4	46259 IAZ	Tang, Chun Fan	16	Superstar	2:40.20 QT
5	51368 #@^IM	Liu, Yinan	14	Win Tin	2:41.61 QT
6	54345 @IM	Long, Dongting	11	Kowloon City	2:41.90 QT
7	47620 IAZ	Chau, Yuet Sang	20	Dik Wing	2:41.90 QT
8	51640 IAZ	Cheung, Tsz Ho Ryan	12	HK Sportworld	2:41.90 QT
Heat 2 of 4 Prelims					
0	43094 B	Hui, Cheuk Hin	15	Kwun Tong	2:33.78 QT
1	36895 B	Lo, Kei Hon Andre	16	Hoi Tin	2:31.36 QT
2	49117 @I	Liu, Haoliang	14	Chi Pui	2:23.82 QT
3	41024 B	Li, Matthew	16	HK Sportworld	2:20.29 QT
4	33608 IAZN	Wan, Chun Lim	18	Pacific	2:11.13 QT
5	36592 B	Lau, Ka Long	16	Hoi Tin	2:16.58 QT
6	45703 IAZ	Tsui, Yik Ki	17	Pacific	2:22.35 QT
7	46189 @IAX	Ayhan, S. Deniz	18	Kowloon City	2:29.76 QT
8	46151 IAZ	Yang, Rui Xuan Ethan	15	Pacific	2:32.62 QT
9	43756 B	Chan, Curtis	12	Win Tin	2:39.74 QT
Heat 3 of 4 Prelims					
0	47416 IAZ	Yip, Wing Hang	13	Chi Pui	2:33.20 QT
1	46068 B	Akande, Asher Oloruntoba	15	Win Tin	2:30.05 QT
2	32214 B	Wong, Sum Lam	17	White Dolphin	2:23.65 QT
3	45922 ICX	Fu, Enze	15	Chi Pui	2:17.16 QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	19	Win Tin	2:09.90 QT
5	36085 B	Hui, Yik Kiu	17	Chi Pui	2:14.32 QT
6	39277 B	Fung, Ho Chun	16	Chi Pui	2:21.30 QT
7	45634 IAZ	Chan, Cheuk Hin	16	Marlins	2:26.20 QT
8	35761 IAZ	Chan, Ho Chit Braden	16	Hoi Tin	2:32.36 QT
9	44196 B	Wong, Sze Kwan Quintus	13	Win Tin	2:39.13 QT



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Meet Program

Heat 4 Prelims... (Event 13 Men 200 LC Meter Breaststroke)

0	43786 IAZ	Lee, Sze Tsun	17	Lai WA	2:33.16	QT
1	36826 B	Wan, Tsz Shan Shawn	15	Win Tin	2:29.79	QT
2	49338 ^#IAZ	Villa, Tristan Miguel Luis R	20	Dik Wing	2:23.06	QT
3	36314 IAZ	Mok, Long Sum	16	Lai WA	2:16.85	QT
4	25379 B	Mak, Sai Ting Adam	18	Hoi Tin	2:06.63	QT
5	38227 IAZ	Lo, Tsz Lam	17	Win Tin	2:11.44	QT
6	34714 B	Chan, Chi Kit Javen	16	Win Tin	2:20.64	QT
7	33716 B	Chan, Ngai Cheung	20	Tuen Mun	2:24.33	QT
8	46299 IAZ	Lo, Kei Yan Ian	12	Hoi Tin	2:31.56	QT
9	45474 B	Shek, Tsz Hang Jason	14	HK Sportworld	2:38.74	QT

Event 14 Women 800 LC Meter Freestyle

HKR:	8:39.93	HAUGHEY Siobhan Bernadette	SCA
JR:	8:50.21		
WCA:	8:34.62		
WCB:	8:52.63		
	9:50.29	QT Qualifying Time	

Meet Qualifying: 9:50.29

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 2	Timed Finals					
0	46122 #IAZ	Ye, Chi Tung	13	Win Tin	9:50.29	QT
1	45986 IAZ	Wong, Cheuk Ying Siena	13	Win Tin	9:44.81	QT
2	23856 B	Leung, Ka Ching	21	Hoi Tin	9:21.09	QT
3	38394 B	Yeung, Tin Wing	13	Hoi Tin	9:10.58	QT
4	45628 IAZ	Chan, Pui Ka	13	White Dolphin	9:07.75	QT
5	44386	Li, Yu Qing	15	Win Tin	9:09.45	QT
6	37874 IAZ	Choi, Hiu Ying	15	Hoi Tin	9:13.70	QT
7	40426 B	Fong, Sin Ka	14	Long Fame	9:28.12	QT
8	47395 IAZ	Yu, Yik Huen	13	Win Tin	9:50.29	QT

Fastest Heat Swims in PM Sessions

1	39706 B	Yip, Tsz Laam	15	White Dolphin	9:03.38	QT
2	36944 B	Chan, Yi Lok	14	Win Tin	8:55.39	QT
3	31841 IAZ	Ng, Lai Wa	19	Hoi Tin	8:50.76	QT
4	19207 B	Nip, Tsz Yin	25	Eastern Winter	8:40.70	QT
5	32098 B	Ma, Tsz Tsing Ashley	17	Hoi Tin	8:49.07	QT
6	18545 #IAZ	Lam, Pac Tung Nikita	24	Happy Valley	8:55.09	QT
7	40949 B	Sum, Yi Man	13	Tai PO	8:59.00	QT
8	48950 P	Gao, Jialian	13	Chi Pui	9:03.66	QT



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Meet Program

Event 15 Men 50 LC Meter Butterfly

HKR: 23.97 NG Cheuk Yin, TPS
 JR: 24.74
 WCA: 23.36
 WCB: 24.18
 28.10 QT Qualifying Time

Meet Qualifying: 28.10

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
2	49639 B	Wong, Hin Bok	10	Kwan Hung	28.10 QT
3	51867 IAZ	Ng, Tsz Ching	13	Sun Yip	28.10 QT
4	44142 #IAZ	Yau, Cheuk Hin	13	Kwun Tong	28.10 QT
5	50305 IAZ	Chan, Chun Destin	11	Sun Yip	28.10 QT
6	47389 IAZ	Wan, Kin Wah Lawrence	13	Win Tin	28.10 QT
7	37838 B	Ho, Jasper	14	Kwun Tong	28.10 QT
Heat 2 of 5 Prelims					
0	47731 B	Ting, Tsz Kan	14	Tolo Harbour	28.10 QT
1	35900 IAZ	Lee, On Kit	16	North Sports	28.10 QT
2	16201 B	Kwok, Yuk Hang	28	Kwun Tong	28.02 QT
3	37568 IAZ	Ding, Wilfred Weixin	17	Island Stingrays	27.77 QT
4	38789 IAZ	Cheng, Pok Him Boris	16	Kwun Tong	27.66 QT
5	37575 P	Chen, Jason Q	18	Island Stingrays	27.68 QT
6	53499 IAZ	Zhuang, Ze Cong	17	Dik Wing	27.94 QT
7	49108 @ICX	Lau, Kin Nok	14	YMCA OF Hong Kong	28.10 QT
8	46780 IAZ	Tang, Jing Yun	14	Sun Yip	28.10 QT
9	46226 B	Chan, Yu Pak	12	Win Tin	28.10 QT
Heat 3 of 5 Prelims					
0	43245 B	Wong, Pak Dick	14	Tuen Mun	27.33 QT
1	36805 B	Chan, Leong To	15	Hoi Tin	26.77 QT
2	36551 IAZ	Tian, Trevor	15	Tai PO	26.33 QT
3	41422 B	Yick, Sum Kiu	14	Sea Lion	25.28 QT
4	39105 IAO	Ho, Ian Yentou	27	South China	24.20 QT
5	38701 B	Chung, Hei Chit	16	Hoi Tin	24.75 QT
6	36085 B	Hui, Yik Kiu	17	Chi Pui	25.40 QT
7	38026 IAZ	Wu, Yik Ham	16	HK Sportworld	26.59 QT
8	43009 B	Wong, Ho Long	13	Dik Wing	27.11 QT
9	41478 IAX	Ngai, Hon Lam	16	Sun Yip	27.61 QT



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Meet Program

Heat 4 Prelims... (Event 15 Men 50 LC Meter Butterfly)

0	36117 B	Tam, Sing Hin	16	Dali Swimming Club	27.27	QT
1	32426 IAZ	Lam, Tsz Yeung YY	17	Dik Wing	26.74	QT
2	37757 B	Cheng, Pak Ho	16	HK Sportworld	25.87	QT
3	32463 IAZ	Chan, Austin	19	Dik Wing	25.00	QT
4	06697 B	Koo, Ralph Yat Ho	27	Hoi Tin	23.93	QT
5		Chao, Man Hou	29	Macau China	24.67	QT
6	36914 IAZ	Cheng, Cheuk Kin Jake	17	Dali Swimming Club	25.39	QT
7	40651 P	Leung, Tsz Ming	15	White Dolphin	26.58	QT
8	42547 IAX	Chow, Ho Yin	14	Tolo Harbour	26.80	QT
9	37591 P	Chen, Joshua Luke	17	Island Stingrays	27.42	QT

Heat 5 of 5 Prelims

0	29043 B	Tsang, Lok Hei	21	Sun Yip	27.20	QT
1	32214 B	Wong, Sum Lam	17	White Dolphin	26.64	QT
2	49179 @ICX	Zhu, Xiuping	16	Pacific	25.60	QT
3	42311 IAZ	Yu, Chi Lung	17	Pacific	24.96	QT
4	32248 B	Li, Sing Hoi	20	Win Tin	23.39	QT
5	33755 IAZ	Lau, Kin Hei James	16	Hoi Tin	24.50	QT
6	44135 B	So, Chun Hei	15	Kwun Tong	25.35	QT
7	45426 IAZ	Ng, Dik Him	16	Superstar	26.57	QT
8	46461 IAZ	Chung, Pak Hin	16	Superstar	26.78	QT
9	31915 IAZ	Wong, Ho Yeung	19	Lai WA	27.38	QT

Event 16 Women 200 LC Meter Backstroke

HKR: 2:09.33 LAU Yin Yan Claudia, DLS

JR: 2:16.10

WCA: 2:11.08

WCB: 2:15.67

2:37.67 QT Qualifying Time

Meet Qualifying: 2:37.67

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 3 Prelims						
1	50631 #IAZ	Pang, Sze Ki Flora	13	Dik Wing	2:37.67	QT
2	44853 IAZ	Yeung, Gabrielle	14	Pacific	2:29.03	QT
3		Wong, Un Iao	15	Macau China	2:25.86	QT
4	35752 B	Li, Cheuk Yiu	15	Hoi Tin	2:16.17	QT
5	39531 B	Lee, Hoi Lam	14	Win Tin	2:20.90	QT
6	43137 IAZ	Yiu, Sum Yin	14	Win Tin	2:26.46	QT
7	37163 #B	Chen, Ki Yan	16	Dik Wing	2:32.16	QT
8	54979 @IM	Cui, Yating	14	Flying Dragon	2:37.67	QT



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Meet Program

Heat 2 Prelims... (Event 16 Women 200 LC Meter Backstroke)

1	45992 IAZ	Tran, Isobel Anh Gia	12	South China	2:33.18	QT
2	38891 IAZ	Leung, Hiu Lam	16	Win Tin	2:28.76	QT
3	46124 IAZ	Mathis, Kayla J	14	Tai PO	2:22.50	QT
4	36936 IAZ	Ho, Pui Yan	15	Win Tin	2:14.84	QT
5	46816 IAZ	Chan, Tsz Yu Ashley	13	Hoi Tin	2:18.59	QT
6	46145 #B	Lam, Ching Yee	12	Tai PO	2:26.37	QT
7	37596 P	Sandeen, Audrey Elizabeth	17	Island Stingrays	2:31.94	QT
8	51677 #IAZ	Fong, Yen En	12	Dik Wing	2:37.67	QT

Heat 3 of 3 Prelims

0	46287 @P	Lu, Chang	14	South China	2:37.67	QT
1	42704 @P	Krkalo, Mila Sofia	14	Island Stingrays	2:32.94	QT
2	42458 IAZ	Hon, Tsz Tung	14	Hoi Tin	2:27.29	QT
3		Ariuntamir, Enkh-Amgalan	21	Mongolia	2:21.73	QT
4	36321 B	Cheung, Sum Yuet Cindy	18	Tai PO	2:06.54	QT
5	35345 B	Ho, Tin Wing	15	Hoi Tin	2:16.63	QT
6	48850 B	Lam, Tsz Kei	12	Tai PO	2:26.10	QT
7	42270 #B	Wong, Hei Tung	13	Tai PO	2:30.37	QT
8	38813 IAZN	Wong, Yuen Ching	14	Hoi Tin	2:37.67	QT

Event 17 Men 800 LC Meter Freestyle

HKR:	8:03.41	CHEUK Ming Ho, CPS
JR:	8:18.64	
WCA:	7:48.66	
WCB:	8:05.06	
	9:30.00	QT Qualifying Time

Meet Qualifying: 9:30.00

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Timed Finals					
2	46461 IAZ	Chung, Pak Hin	16	Superstar	9:30.00 QT
3	46435 #B	Chong, Cheuk Yin	13	Tai PO	9:30.00 QT
4	39500 IAZ	Lau, Tin Long	16	Kwun Tong	9:30.00 QT
5	45424 IAZ	Leung, Wai Lok	17	Superstar	9:30.00 QT
6	46189 @IAX	Ayhan, S. Deniz	18	Kowloon City	9:30.00 QT
7	35591 B	Shum, Siu Chun	16	Kwun Tong	9:30.00 QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025**Meet Program****Heat 2 Timed Finals... (Event 17 Men 800 LC Meter Freestyle)**

0	46259 IAZ	Tang, Chun Fan	16	Superstar	9:25.75	QT
1	43427 IAZ	Lam, Kayden	13	Chi Pui	9:21.89	QT
2	42051 B	Chung, Jose Tian Lang	13	Win Tin	9:15.64	QT
3	48681 #IAZ	Ho, James On	15	Island Stingrays	9:02.45	QT
4	34714 B	Chan, Chi Kit Javen	16	Win Tin	8:58.33	QT
5	39277 B	Fung, Ho Chun	16	Chi Pui	8:58.38	QT
6	40882 B	Lee, Chung Hei Aiden	14	Hoi Tin	9:08.99	QT
7	23101 P	Li, Chun Yin Jason	23	Sun Yip	9:16.52	QT
8	41189 B	Wong, Yat Long Isaac	15	Kwun Tong	9:23.13	QT
9	42699 IAZ	Chan, Ching Long	14	Pacific	9:27.49	QT

Heat 3 of 5 Timed Finals

0	46984 IAZ	Wong, Pak Wai	14	Pacific	8:55.06	QT
1	42008 B	Law, Tsz Lok	13	Win Tin	8:53.13	QT
2	43919 IAZ	Chui, Hoi Haang	16	White Dolphin	8:51.48	QT
3	38496 IAZ	Lam, Lang Kai	16	Chi Pui	8:48.98	QT
4	35258 B	Cheung, Man Ho	14	Sea Lion	8:44.96	QT
5	40460 IAZ	Zhao, Oscar	15	Hoi Tin	8:45.86	QT
6	33791 B	Tang, Kak Shing	16	Tai PO	8:50.66	QT
7	39041 IAZ	Lam, Lok Sum	13	Hoi Tin	8:51.95	QT
8	39571 IAZ	Cheung, Chi Daniel	16	Sun Yip	8:54.17	QT
9	47679 B	Tsui, Ka Hei	13	Sun Yip	8:56.15	QT

Heat 4 of 5 Timed Finals

0	22961 B	Chan, Tsun Hin	20	White Dolphin	8:38.01	QT
1	35385 B	Chong, Hin Yeung	16	Dik Wing	8:37.26	QT
2	39573 B	Lee, Chak Fung Jaiden	15	Hoi Tin	8:33.32	QT
3	34506 B	Yu, Shing Hin	17	Win Tin	8:31.37	QT
4	43918 @IAX	Chui, Ue Haang	14	White Dolphin	8:29.49	QT
5	45472 B	Yeung, Tsz Ho	13	HK Sportworld	8:31.32	QT
6	48418 IAZ	Liao, Zitong	14	Kowloon City	8:32.09	QT
7	48286 IAZ	Muller, Ethan	17	South China	8:34.67	QT
8	40104 B	Cheung, Yung	14	White Dolphin	8:37.31	QT
9	39574 B	Lau, Yi Fung	15	Sun Yip	8:41.33	QT

Fastest Heat Swims in PM Sessions

1	35931 B	Lam, Marcus Pak Hei	15	Win Tin	8:25.75	QT
2	37663 IAZ	Yan, Kyle	16	Hoi Tin	8:23.39	QT
3	30733 B	Lai, King Wo	18	Win Tin	8:14.26	QT
4	33922 P	So, Kwun Wa	17	White Dolphin	7:57.33	QT
5	48237 IAZ	Wang, Yi Shun	16	Chi Pui	7:57.52	QT
6	29884 B	Kwong, Jacob Yat Nam	18	Win Tin	8:16.49	QT
7	37574 P	Chen, Eric Q	15	Island Stingrays	8:24.04	QT
8	37746 @P	Qiu, Junhao	16	Island Stingrays	8:29.27	QT



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Meet Program

Event 18 Women 1500 LC Meter Freestyle

HKR: 16:51.05 HO Nam Wai, WTS

JR: 16:58.79

WCA: 16:24.56

WCB: 16:59.02

19:20.00 QT Qualifying Time

Meet Qualifying: 19:20.00

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Timed Finals					
3	46122 #IAZ	Ye, Chi Tung	13	Win Tin	19:20.00 QT
4	40426 B	Fong, Sin Ka	14	Long Fame	18:15.89 QT
5	45986 IAZ	Wong, Cheuk Ying Siena	13	Win Tin	19:20.00 QT
6	47395 IAZ	Yu, Yik Huen	13	Win Tin	19:20.00 QT
Fastest Heat Swims in PM Sessions					
1	23856 B	Leung, Ka Ching	21	Hoi Tin	17:53.34 QT
2	38394 B	Yeung, Tin Wing	13	Hoi Tin	17:35.53 QT
3	40963 IAZ	Chung, Wing Yee Sessie	14	Hoi Tin	17:24.48 QT
4	19207 B	Nip, Tsz Yin	25	Eastern Winter	16:40.76 QT
5	18545 #IAZ	Lam, Pac Tung Nikita	24	Happy Valley	17:05.77 QT
6	37874 IAZ	Choi, Hiu Ying	15	Hoi Tin	17:28.66 QT
7	29902 #B	Lam, Cheuk Ue Natalie	20	Happy Valley	17:38.67 QT
8	45628 IAZ	Chan, Pui Ka	13	White Dolphin	17:58.44 QT

Event 19 Men 200 LC Meter Freestyle

HKR: 1:47.46 CHEUK Ming Ho, CPS

JR: 1:52.59

WCA: 1:46.70

WCB: 1:50.43

2:08.25 QT Qualifying Time

Meet Qualifying: 2:08.25

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3	45934 B	Lo, Hoi Chuen	12	Win Tin	2:08.25 QT
4	38737 B	Mak, King Lam Matthew	16	Win Tin	2:08.25 QT
5	41189 B	Wong, Yat Long Isaac	15	Kwun Tong	2:08.25 QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025**Meet Program****Heat 2 Prelims... (Event 19 Men 200 LC Meter Freestyle)**

0	45898 IAZ	Fung, Pak Woon	13	Sun Yip	2:08.25	QT
1	43609 P	Wu, Lok Kan	14	Pacific	2:08.07	QT
2	39532 B	Lam, Ho Lam	12	Win Tin	2:06.93	QT
3	41039 IAZ	Yu, Tsun Ting Kendric	15	Dik Wing	2:05.97	QT
4	42008 B	Law, Tsz Lok	13	Win Tin	2:05.31	QT
5	43009 B	Wong, Ho Long	13	Dik Wing	2:05.92	QT
6	46435 #B	Chong, Cheuk Yin	13	Tai PO	2:06.83	QT
7	42517 B	Poon, Lai Man	14	Happy Valley	2:07.26	QT
8	37838 B	Ho, Jasper	14	Kwun Tong	2:08.25	QT
9	47542 IAZ	Leung, Chasen Pak Ho	13	Tai PO	2:08.25	QT

Heat 3 of 5 Prelims

0	42625 B	He, Yu Hao	14	Chi Pui	2:03.64	QT
1	39933 B	Chan, Leong Medwin	15	HK Sportworld	2:00.74	QT
2	43918 @IAZ	Chui, Ue Haang	14	White Dolphin	1:56.94	QT
3	26123 IAZ	Wong, Wai Lun	22	Hoi Tin	1:53.90	QT
4	33922 P	So, Kwun Wa	17	White Dolphin	1:49.46	QT
5	36913 IAZ	Cheng, Cheuk Chi George	17	Dali Swimming Club	1:51.01	QT
6	36157 IAZ	Loo, Tsz Chung Berry	16	Dik Wing	1:56.20	QT
7	37574 P	Chen, Eric Q	15	Island Stingrays	1:59.09	QT
8	40757 IAZ	To, Hiu Fung	15	Hoi Tin	2:01.56	QT
9	43587 IAZN	Chan, Yin Hang	15	Sun Yip	2:04.90	QT

Heat 4 of 5 Prelims

0	34506 B	Yu, Shing Hin	17	Win Tin	2:02.75	QT
1	36658 IAZ	Ng, Chit	17	Dali Swimming Club	2:00.41	QT
2	35931 B	Lam, Marcus Pak Hei	15	Win Tin	1:56.70	QT
3	43212 B	Tsang, Pak Kiu	15	Sun Yip	1:53.32	QT
4	29257 B	He, Shing Ip	19	Chi Pui	1:48.02	QT
5	48237 IAZ	Wang, Yi Shun	16	Chi Pui	1:50.64	QT
6	36805 B	Chan, Leong To	15	Hoi Tin	1:55.85	QT
7	40485 B	Lam, Cheuk Ting	15	Chi Pui	1:58.81	QT
8	35258 B	Cheung, Man Ho	14	Sea Lion	2:01.44	QT
9	44353 IAZ	Leung, Cheuk Hong	14	Hoi Tin	2:04.80	QT

Heat 5 of 5 Prelims

0	50162 IAZ	Kim, Yo Hann	14	Chi Pui	2:02.69	QT
1	35385 B	Chong, Hin Yeung	16	Dik Wing	1:59.48	QT
2	37663 IAZ	Yan, Kyle	16	Hoi Tin	1:56.40	QT
3	14815 P	Chillingworth, Adam John	27	South China	1:51.70	QT
4	38227 IAZ	Lo, Tsz Lam	17	Win Tin	1:47.02	QT
5	30733 B	Lai, King Wo	18	Win Tin	1:50.63	QT
6	34048 IAZ	Wong, Pok Lam	18	Hoi Tin	1:54.41	QT
7	45472 B	Yeung, Tsz Ho	13	HK Sportworld	1:58.61	QT
8	46564 IAZ	Hon, Man Sing	13	Hoi Tin	2:01.26	QT
9	48681 #IAZ	Ho, James On	15	Island Stingrays	2:03.99	QT



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Meet Program

Event 20 Women 100 LC Meter Freestyle

HKR: 52.02 HAUGHEY Siobhan Bernadette SCA
 JR: 54.47
 WCA: 54.25
 WCB: 56.15

1:02.90 QT Qualifying Time

Meet Qualifying: 1:02.90

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
0	42705 P	Krkalo, Eva Katarina	16	Island Stingrays	1:02.90 QT
1	33185 @IAX	Tso, Chau Ho	20	Win Tin	1:02.43 QT
2	28108 B	Seeto, Wai Ching	20	Keung Sung	1:00.35 QT
3	36011 B	Law, Hang Ue Anastasia	19	Hoi Tin	58.69 QT
4	44386	Li, Yu Qing	15	Win Tin	56.50 QT
5	35455 B	Poon, Lok Yan	17	Chi Pui	57.13 QT
6	38270 P	Worthington, Poppy Mei	15	Chi Pui	59.68 QT
7	37596 P	Sandeen, Audrey Elizabeth	17	Island Stingrays	1:00.85 QT
8	50134 IAZN	Wu, Melody	16	South China	1:02.90 QT
Heat 2 of 3 Prelims					
0	46308 IAZ	So, Hei Shun	13	Kwun Tong	1:02.90 QT
1	40602 P	Kwon, Sowon	16	Island Stingrays	1:01.79 QT
2	42637 B	So, Yin Yan	14	Happy Valley	1:00.20 QT
3	37875 B	Chan, Yuk Yan	16	Hoi Tin	58.64 QT
4	33715 IAZ	Ma, Gilaine	16	Tai PO	54.07 QT
5	40949 B	Sum, Yi Man	13	Tai PO	56.78 QT
6	44988 @P	Koh, Li Wen Ashley	17	South China	59.51 QT
7	45531 #IAZ	Zhong, Sin Yiu	13	Marlins	1:00.82 QT
8	46174 IAZ	Au, Hoi Ching Abby	13	Kwan Hung	1:02.71 QT
9	46200 #IAZ	Kwong, Hoi Yee Phoebe	11	Tai PO	1:02.90 QT
Heat 3 of 3 Prelims					
0	46175 IAZ	Tang, Sum Wing Gladys	12	Dik Wing	1:02.90 QT
1		Kuan, I Cheng	22	Macau China	1:01.55 QT
2	46145 #B	Lam, Ching Yee	12	Tai PO	1:00.08 QT
3	39432 IAZ	Leung, Sze Ki Safira	15	Marlins	57.63 QT
4	40738 B	Li, Sum Yiu	15	White Dolphin	53.99 QT
5	42134 #IAZN	Tang, Kai Ting	15	Hoi Tin	56.57 QT
6	41234 B	Chan, Jacaranda Yik Naam	12	Hoi Tin	59.06 QT
7	44674 B	Wan, Ching Yiu Iris	12	Tai PO	1:00.56 QT
8	40101 IAZ	Cheng, Alison Jiaqi	15	Island Stingrays	1:02.68 QT
9	52722 @P	Li, Peijin	11	Current Club Ltd	1:02.90 QT



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Meet Program

Event 21 Men 100 LC Meter Breaststroke

HKR: 1:00.95 MAK Sai Ting Adam, HTA

JR: 1:03.01

WCA: 59.75

WCB: 1:01.84

1:11.64 QT Qualifying Time

Meet Qualifying: 1:11.64

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
1	39425 B	Tang, Tsz Hei	14	Juan Hua Club	1:11.64 QT
2	47620 IAZ	Chau, Yuet Sang	20	Dik Wing	1:11.64 QT
3	38446 #B	Chen, Hei Ying Michael	15	Lai WA	1:11.64 QT
4	43578 IAZ	Lam, Tsz Sum Karl	12	Chi Pui	1:11.64 QT
5	30635 IAZ	So, Tsz Kin David	19	Kowloon City	1:11.64 QT
6	43094 B	Hui, Cheuk Hin	15	Kwun Tong	1:11.64 QT
7	46149 #@IAX	Yeung, Ching Hong Henry	12	Dali Swimming Club	1:11.64 QT
Heat 2 of 5 Prelims					
0	51826 B	Yang, Hon Kwan	12	HK Sportworld	1:11.64 QT
1	46151 IAZ	Yang, Rui Xuan Ethan	15	Pacific	1:11.64 QT
2	39500 IAZ	Lau, Tin Long	16	Kwun Tong	1:11.47 QT
3	43786 IAZ	Lee, Sze Tsun	17	Lai WA	1:09.38 QT
4	46189 @IAX	Ayhan, S. Deniz	18	Kowloon City	1:09.01 QT
5	46068 B	Akande, Asher Oloruntoba	15	Win Tin	1:09.15 QT
6	46259 IAZ	Tang, Chun Fan	16	Superstar	1:11.24 QT
7	51343 IAZ	Wan, Long Hin	12	Dali Swimming Club	1:11.64 QT
8	43756 B	Chan, Curtis	12	Win Tin	1:11.64 QT
9	51368 #@^IM	Liu, Yinan	14	Win Tin	1:11.64 QT
Heat 3 of 5 Prelims					
0	45634 IAZ	Chan, Cheuk Hin	16	Marlins	1:07.75 QT
1	42025 IAO	Luk, Arnold Bingtse	28	South China	1:06.29 QT
2	31822 B	Lau, Ming Yui	19	Lai WA	1:04.45 QT
3	33495 IAZ	Wan, Siu Chun	20	Tai PO	1:03.86 QT
4	45703 IAZ	Tsui, Yik Ki	17	Pacific	1:00.28 QT
5	36314 IAZ	Mok, Long Sum	16	Lai WA	1:02.05 QT
6	33716 B	Chan, Ngai Cheung	20	Tuen Mun	1:04.41 QT
7	39328 IAZ	Yau, Shing Ho	17	Compass	1:05.26 QT
8	40537 B	Tsang, Kai Wai	16	Win Tin	1:07.47 QT
9	44687 #B	Fung, Jeffrey	16	HK Sportworld	1:08.95 QT



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Meet Program

Heat 4 Prelims... (Event 21 Men 100 LC Meter Breaststroke)

0	33109 B	Seeto, Shun Yin	18	Keung Sung	1:07.73	QT
1	25050 B	Kung, Lok Sum	20	Tai PO	1:05.71	QT
2	45922 ICX	Fu, Enze	15	Chi Pui	1:04.43	QT
3	32738 IAZ	Man, Ho Him	19	Lai WA	1:03.11	QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	19	Win Tin	59.28	QT
5	28535 B	Law, Tsz Hin	22	Hoi Tin	1:01.53	QT
6	40651 P	Leung, Tsz Ming	15	White Dolphin	1:04.30	QT
7	41024 B	Li, Matthew	16	HK Sportworld	1:05.16	QT
8	39277 B	Fung, Ho Chun	16	Chi Pui	1:07.08	QT
9	36826 B	Wan, Tsz Shan Shawn	15	Win Tin	1:08.11	QT

Heat 5 of 5 Prelims

0	49117 @I	Liu, Haoliang	14	Chi Pui	1:07.59	QT
1	49338 ^#IAZ	Villa, Tristan Miguel Luis R	20	Dik Wing	1:05.51	QT
2	36592 B	Lau, Ka Long	16	Hoi Tin	1:04.42	QT
3	32095 B	Lau, Chor Tik	15	Win Tin	1:02.12	QT
4	25379 B	Mak, Sai Ting Adam	18	Hoi Tin	58.88	QT
5	22413 IAZ	Lee, Shing Yan	22	Hoi Tin	1:01.47	QT
6	36085 B	Hui, Yik Kiu	17	Chi Pui	1:04.18	QT
7	32214 B	Wong, Sum Lam	17	White Dolphin	1:05.01	QT
8	34714 B	Chan, Chi Kit Javen	16	Win Tin	1:06.88	QT
9	46409 IAZ	Wang, Zi Ran	15	Island Stingrays	1:08.09	QT

Event 22 Women 50 LC Meter Breaststroke

HKR: 30.36

HAUGHEY Siobhan Bernadette

SCA

JR: 31.91

WCA: 30.75

WCB: 31.83

37.66

QT Qualifying Time

Meet Qualifying: 37.66

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3	31970 #B	Tam, Lok Kiu Joanna	17	Win Tin	37.66 QT
4	48102 @P	Wong, Megan Min Mei	14	South China	37.66 QT
5	46244 B	Li, Man Wai Mavis	11	HK Sportworld	37.66 QT
6	47579 @P	Furuta, Lia	13	Island Stingrays	37.66 QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025**Meet Program****Heat 2 Prelims... (Event 22 Women 50 LC Meter Breaststroke)**

0	40950 #B	Sum, Yi Lok	13	Lai WA	37.66	QT
1	49691 #@IAX	Zhang, Qiaoruo	15	Dik Wing	37.66	QT
2	46831 #B	Tang, Yue Daphne Margarita	12	Dik Wing	37.34	QT
3	37992 B	Chan, Sin Yu	16	Hoi Tin	37.30	QT
4	46383 @P	Zhang, Hanna	14	Island Stingrays	37.02	QT
5	39484 IAZ	Ho, Taylor Lei	14	Island Stingrays	37.30	QT
6	46144 #B	Chan, Tsz Wing	12	Dali Swimming Club	37.33	QT
7	49002 B	Tong, Yu Yam	12	Happy Valley	37.66	QT
8	50129 @IM	Xie, Yunzhi	11	Kwan Hung	37.66	QT
9	50039 IAZ	Poon, Yan Chi	12	Kwun Tong	37.66	QT

Heat 3 of 5 Prelims

0	43337 #	Zhou, Xiaolin	15	South China	36.55	QT
1	46111 B	Chau, Pak Yu	12	Tai PO	35.85	QT
2	45894 IAZ	Yu, Kok Yiu Khloe	14	Hoi Tin	34.83	QT
3	38537 B	Chung, Wing Sum Hazel	15	HK Sportworld	32.97	QT
4	35670 B	Cheung, Wing Yi Claire	16	Jockey Club	31.65	QT
5	29139 B	Young, Sze Ki	21	Tai PO	32.55	QT
6	43294 B	Wong, Tsz Huen	14	Pacific	34.56	QT
7	43574 P	Au, Tsz Yu Chloe	14	Hoi Tin	35.16	QT
8	41848 B	Tang, Hai Shuen Bernice	14	YMCA OF Hong Kong	35.95	QT
9	46194 P	Mohanty, Lavanya Mio	15	Island Stingrays	37.01	QT

Heat 4 of 5 Prelims

0	39333 B	Chung, Lok Ching	16	Compass	36.39	QT
1	43660 B	Chong, Ailis Ho Qiu	12	Hoi Tin	35.52	QT
2	38528 B	Lam, Tsz Ying	14	Hoi Tin	34.80	QT
3	48950 P	Gao, Jialian	13	Chi Pui	32.65	QT
4	29060 IAZ	Lam, Hoi Kiu	21	Hoi Tin	31.22	QT
5	37750 IAZ	So, Ching Nga	16	Hoi Tin	32.25	QT
6	48559 IAZ	Yeung, Ho Yuet	13	Hoi Ngai	34.44	QT
7	37038 IAZ	Chan, Yin Yan	16	Hoi Tin	34.99	QT
8	50631 #IAZ	Pang, Sze Ki Flora	13	Dik Wing	35.92	QT
9	50072 IAZ	Wong, Tsz Yan	14	Happy Valley	36.94	QT

Heat 5 of 5 Prelims

0	42270 #B	Wong, Hei Tung	13	Tai PO	36.02	QT
1	48850 B	Lam, Tsz Kei	12	Tai PO	35.32	QT
2	36010 IAZ	Wu, Kwan Lo	15	Win Tin	34.57	QT
3	38411 B	Yung, Tsz Ching	14	Hoi Tin	32.59	QT
4	39179 B	Man, Wui Kiu	15	Chi Pui	30.98	QT
5	39432 IAZ	Leung, Sze Ki Safira	15	Marlins	32.12	QT
6	46308 IAZ	So, Hei Shun	13	Kwun Tong	32.99	QT
7	43099 IAZ	Ng, Hoi Ching	15	Win Tin	34.90	QT
8	48101 B	Tam, Xin Yau Cayenne	13	YMCA OF Hong Kong	35.88	QT
9	47157 IAZ	Wong, Pui Yiu	12	Tuen Mun	36.67	QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025

Meet Program

Event 23 Men 100 LC Meter Butterfly

HKR: 53.38

NG Cheuk Yin, TPS

JR: 54.42

WCA: 51.77

WCB: 53.58

1:04.75 QT Qualifying Time

Meet Qualifying: 1:04.75

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
2	50305 IAZ	Chan, Chun Destin	11	Sun Yip	1:04.75 QT
3	37838 B	Ho, Jasper	14	Kwun Tong	1:04.75 QT
4	41478 IAX	Ngai, Hon Lam	16	Sun Yip	1:03.46 QT
5	47542 IAZ	Leung, Chasen Pak Ho	13	Tai PO	1:04.75 QT
6	47389 IAZ	Wan, Kin Wah Lawrence	13	Win Tin	1:04.75 QT
7	14815 P	Chillingworth, Adam John	27	South China	1:04.75 QT
Heat 2 of 4 Prelims					
0	44144 B	Leung, Kai Lok Kyle	15	Chi Pui	1:02.41 QT
1	44681 IAZ	Wan, Wui Sum	15	Pacific	1:01.42 QT
2	44135 B	So, Chun Hei	15	Kwun Tong	58.21 QT
3	30444 IAZ	Ho, Chung Lun	21	Pacific	55.95 QT
4	33755 IAZ	Lau, Kin Hei James	16	Hoi Tin	53.38 QT
5	29545 IAZN	Cheung, Cheuk To	19	Tai PO	55.60 QT
6	32463 IAZ	Chan, Austin	19	Dik Wing	56.73 QT
7	38026 IAZ	Wu, Yik Ham	16	HK Sportworld	1:00.09 QT
8	40460 IAZ	Zhao, Oscar	15	Hoi Tin	1:01.96 QT
9	44142 #IAZ	Yau, Cheuk Hin	13	Kwun Tong	1:03.40 QT
Heat 3 of 4 Prelims					
0	43009 B	Wong, Ho Long	13	Dik Wing	1:02.35 QT
1	42547 IAX	Chow, Ho Yin	14	Tolo Harbour	1:00.78 QT
2	36551 IAZ	Tian, Trevor	15	Tai PO	58.05 QT
3	41422 B	Yick, Sum Kiu	14	Sea Lion	55.64 QT
4	06697 B	Koo, Ralph Yat Ho	27	Hoi Tin	53.20 QT
5	38701 B	Chung, Hei Chit	16	Hoi Tin	54.46 QT
6	36914 IAZ	Cheng, Cheuk Kin Jake	17	Dali Swimming Club	56.41 QT
7	37575 P	Chen, Jason Q	18	Island Stingrays	59.86 QT
8	43245 B	Wong, Pak Dick	14	Tuen Mun	1:01.89 QT
9	36897 IAZ	Han, Hao	15	Kwun Tong	1:02.63 QT



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Meet Program

Heat 4 Prelims... (Event 23 Men 100 LC Meter Butterfly)

0	40095 #IAZ	Chow, Ngai Fun	16	Kwun Tong	1:02.03	QT
1	46461 IAZ	Chung, Pak Hin	16	Superstar	1:00.66	QT
2	37757 B	Cheng, Pak Ho	16	HK Sportworld	57.49	QT
3	36085 B	Hui, Yik Kiu	17	Chi Pui	55.61	QT
4	32248 B	Li, Sing Hoi	20	Win Tin	52.27	QT
5	49179 @ICX	Zhu, Xiuping	16	Pacific	54.33	QT
6	41723 IAZ	Fong, Yik Yuen	17	Hoi Tin	56.06	QT
7	35931 B	Lam, Marcus Pak Hei	15	Win Tin	59.26	QT
8	37591 P	Chen, Joshua Luke	17	Island Stingrays	1:01.83	QT
9	46780 IAZ	Tang, Jing Yun	14	Sun Yip	1:02.55	QT

Event 24 Women 400 LC Meter IM

HKR:	4:48.58	CHENG Chloe, PSC
JR:	4:51.30	
WCA:	4:43.06	
WCB:	4:52.97	
	5:38.68	QT Qualifying Time

Meet Qualifying: 5:38.68

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 3 Prelims						
3	54979 @IM	Cui, Yating	14	Flying Dragon	5:38.68	QT
4	44853 IAZ	Yeung, Gabrielle	14	Pacific	5:38.26	QT
5	52722 @P	Li, Peijin	11	Current Club Ltd	5:38.68	QT
Heat 2 of 3 Prelims						
0	42127 IAZ	Chong, Seu Kiu	14	South China	5:26.50	QT
1	45628 IAZ	Chan, Pui Ka	13	White Dolphin	5:13.75	QT
2	43137 IAZ	Yiu, Sum Yin	14	Win Tin	5:04.66	QT
3	35345 B	Ho, Tin Wing	15	Hoi Tin	4:58.03	QT
4	31841 IAZ	Ng, Lai Wa	19	Hoi Tin	4:43.92	QT
5	36944 B	Chan, Yi Lok	14	Win Tin	4:52.55	QT
6	48950 P	Gao, Jialian	13	Chi Pui	5:00.01	QT
7	38860 IAZ	Chui, On Tsz	16	Hoi Tin	5:07.29	QT
8	42704 @P	Krkalo, Mila Sofia	14	Island Stingrays	5:24.05	QT
9	41234 B	Chan, Jacaranda Yik Naam	12	Hoi Tin	5:31.35	QT



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Meet Program

Heat 3 Prelims... (Event 24 Women 400 LC Meter IM)

0	44554 B	Lee, Wing Sze	14	Hoi Tin	5:25.59	QT
1	39905 IAZ	Lan, Jasmine Lauren	15	Jockey Club	5:07.56	QT
2	38967 B	Gao, Elva	15	Hoi Tin	5:04.66	QT
3	34467 B	Chan, Tsz Ching	18	Sea Lion	4:55.99	QT
4	42490	Wang, Xin Tong	16	Win Tin	4:42.99	QT
5	33742 IAZ	Lam, Chelsie	16	Dali Swimming Club	4:49.78	QT
6	51952 #IAZN	Shi, Ziwen	14	Flying Dragon	4:59.73	QT
7	37874 IAZ	Choi, Hiu Ying	15	Hoi Tin	5:05.97	QT
8	47272 IAZ	Man, Harmony Valentina	13	Pacific	5:23.20	QT
9	44369 B	Cheung, Chi Ching Clara	13	Win Tin	5:26.76	QT

Event 25 Men 50 LC Meter Backstroke

HKR:	26.00	LAU Shiu Yue, HTA
JR:	26.81	
WCA:	25.11	
WCB:	25.99	
	30.58	QT Qualifying Time

Meet Qualifying: 30.58

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 5 Prelims						
2	51368 #@^IM	Liu, Yinan	14	Win Tin	30.58	QT
3	51639 IAZ	Chow, King Ban	11	HK Sportworld	30.58	QT
4	49108 @ICX	Lau, Kin Nok	14	YMCA OF Hong Kong	30.58	QT
5	46777 #B	Lee, Cheuk Fung	12	Sun Yip	30.58	QT
6	53327 IAZ	Lo, Chun Yu Anson	13	Dik Wing	30.58	QT
7	45797 B	Liu, Ho Lun	11	Long Fame	30.58	QT
Heat 2 of 5 Prelims						
0	44781 IAX	Wong, Kwong Wa Donald	15	Lai WA	30.58	QT
1	51867 IAZ	Ng, Tsz Ching	13	Sun Yip	29.94	QT
2	43631 #IAZ	Yip, Long Hei	17	Dali Swimming Club	29.78	QT
3	43272 #B	Chen, Ka Fung	14	Dik Wing	29.76	QT
4	43415 #IAZ	Liu, Xin	17	Dik Wing	29.66	QT
5	44188 B	Or, Anthony	15	Eastern Winter	29.67	QT
6	37568 IAZ	Ding, Wilfred Weixin	17	Island Stingrays	29.77	QT
7	45426 IAZ	Ng, Dik Him	16	Superstar	29.79	QT
8	46299 IAZ	Lo, Kei Yan Ian	12	Hoi Tin	30.20	QT
9	49286 IAZ	Lee, Hong Yin	14	Win Tin	30.58	QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025**Meet Program****Heat 3 Prelims... (Event 25 Men 50 LC Meter Backstroke)**

0	39041 IAZ	Lam, Lok Sum	13 Hoi Tin	29.37	QT
1	41457 IAZ	Leung, Hoi Chun	16 Kwun Tong	28.37	QT
2	15423 IAZ	Cheung, Yau Ming	27 Hoi Tin	27.55	QT
3	37686 B	Chang, Hok Hin	17 Tai PO	26.91	QT
4	34756 IAZ	Hofstede, Adam Marcel	18 Dik Wing	24.99	QT
5	27239 B	Chan, Sheung Kwan	22 Keung Sung	26.31	QT
6	36791 IAZ	Fong, Tsz Long Jose	15 Dik Wing	27.17	QT
7	51257 IAX	Yick, Chujie Matthew	18 Hoi Tin	28.08	QT
8	30198 B	Lam, Cheuk Fung	18 Tai PO	28.78	QT
9	46985 IAZ	Wong, Chung Kok Helge	14 Pacific	29.53	QT

Heat 4 of 5 Prelims

0	46170 IAZ	Dai, Cho Tsun	14 Kwan Hung	29.34	QT
1		Chan, Si Chon	17 Macau China	28.32	QT
2	49384 IAZ	Li, Louis Ka Wo	14 Pacific	27.51	QT
3	33504 IAZ	Leung, Lok Hei	19 North Sports	26.89	QT
4	28636 B	Chan, Tsz Chiu	21 Keung Sung	24.78	QT
5	36737 B	Chan, Wang Hei Terence	18 Tai PO	26.12	QT
6	17709 B	Whittington, Ryan Michael	24 South China	27.02	QT
7	43609 P	Wu, Lok Kan	14 Pacific	28.03	QT
8	40881 IAZN	Ray-smith, Henry Joseph Evel	14 Hoi Tin	28.57	QT
9	38789 IAZ	Cheng, Pok Him Boris	16 Kwun Tong	29.46	QT

Heat 5 of 5 Prelims

0	43427 IAZ	Lam, Kayden	13 Chi Pui	28.97	QT
1	39071 B	Luk, Man Him	16 Win Tin	28.23	QT
2	40104 B	Cheung, Yung	14 White Dolphin	27.29	QT
3	42311 IAZ	Yu, Chi Lung	17 Pacific	26.41	QT
4	12117 IAZ	Lau, Shiu Yue	27 Hoi Tin	24.56	QT
5	55037 IAX	Man, Pui Yin	15 Chi Pui	25.77	QT
6	32457 B	Lau, Chi To	18 Happy Valley	26.95	QT
7	36551 IAZ	Tian, Trevor	15 Tai PO	27.79	QT
8	40879 IAZ	Chen, Zheng Xuan Jason	13 Hoi Tin	28.56	QT
9	45893 IAZ	Choi, Kayleb Pui-Lok	14 YMCA OF Hong Kong	29.41	QT



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Meet Program

Event 26 Women 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

JR: 1:03.30

WCA: 1:00.46

WCB: 1:02.58

1:15.80 QT Qualifying Time

Meet Qualifying: 1:15.80

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
0	37001 #IAZ	Chan, Oi Yin	16	Superstar	1:15.80 QT
1	47547 IAZ	Yeung, Cheuk Yiu	12	Win Tin	1:13.83 QT
2	45484 B	Tang, Hai Ting Prudence	13	YMCA OF Hong Kong	1:12.53 QT
3	38855 IAZ	Chow, Natalie Karis	16	South China	1:12.37 QT
4	42270 #B	Wong, Hei Tung	13	Tai PO	1:11.62 QT
5	45992 IAZ	Tran, Isobel Anh Gia	12	South China	1:11.82 QT
6	40602 P	Kwon, Sowon	16	Island Stingrays	1:12.48 QT
7	51677 #IAZ	Fong, Yen En	12	Dik Wing	1:13.68 QT
8	45405 IAZ	Tam, Nga Man	12	Kwan Hung	1:14.24 QT
Heat 2 of 4 Prelims					
0	47344 B	Ng, Cheuk Yee	14	HK Sportworld	1:10.28 QT
1	46145 #B	Lam, Ching Yee	12	Tai PO	1:09.49 QT
2	33940 #B	Lau, Sze Yuet	17	Happy Valley	1:07.53 QT
3	33947 #IAZ	Chan, Hin Yau	18	HK Sportworld	1:05.07 QT
4	46816 IAZ	Chan, Tsz Yu Ashley	13	Hoi Tin	1:01.80 QT
5	38055 B	Ho, Tsz Tung	14	Tai PO	1:04.00 QT
6	36963 IAZ	Chan, Mei Yan	15	Tai PO	1:06.28 QT
7	38891 IAZ	Leung, Hiu Lam	16	Win Tin	1:08.50 QT
8	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	13	Jockey Club	1:10.12 QT
9	37163 #B	Chen, Ki Yan	16	Dik Wing	1:10.93 QT
Heat 3 of 4 Prelims					
0	44740 IAZ	Ma, Yat Yin	12	Hoi Tin	1:10.26 QT
1	37596 P	Sandeen, Audrey Elizabeth	17	Island Stingrays	1:09.49 QT
2	39531 B	Lee, Hoi Lam	14	Win Tin	1:06.55 QT
3		Ariuntamir, Enkh-Amgalan	21	Mongolia	1:04.72 QT
4	35455 B	Poon, Lok Yan	17	Chi Pui	1:01.76 QT
5	38813 IAZN	Wong, Yuen Ching	14	Hoi Tin	1:03.60 QT
6	35752 B	Li, Cheuk Yiu	15	Hoi Tin	1:05.36 QT
7	38270 P	Worthington, Poppy Mei	15	Chi Pui	1:08.46 QT
8	46175 IAZ	Tang, Sum Wing Gladys	12	Dik Wing	1:09.59 QT
9	46200 #IAZ	Kwong, Hoi Yee Phoebe	11	Tai PO	1:10.73 QT



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Meet Program

Heat 4 Prelims... (Event 26 Women 100 LC Meter Backstroke)

0	44853 IAZ	Yeung, Gabrielle	14	Pacific	1:10.26	QT
1	43137 IAZ	Yiu, Sum Yin	14	Win Tin	1:09.12	QT
2	45531 #IAZ	Zhong, Sin Yiu	13	Marlins	1:06.43	QT
3	35345 B	Ho, Tin Wing	15	Hoi Tin	1:04.46	QT
4	36321 B	Cheung, Sum Yuet Cindy	18	Tai PO	58.39	QT
5	36936 IAZ	Ho, Pui Yan	15	Win Tin	1:02.90	QT
6	46124 IAZ	Mathis, Kayla J	14	Tai PO	1:05.11	QT
7		Wong, Un Iao	15	Macau China	1:07.67	QT
8	48850 B	Lam, Tsz Kei	12	Tai PO	1:09.50	QT
9	41421 IAZ	Leung, Wing Tung	14	Sea Lion	1:10.54	QT

Event 27 Men 200 LC Meter IM

HKR: 2:01.37

TO Kenneth King Him, LWS

JR: 2:05.10

WCA: 1:59.05

WCB: 2:03.22

2:24.55

QT Qualifying Time

Meet Qualifying: 2:24.55

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
3	45934 B	Lo, Hoi Chuen	12	Win Tin	2:24.55	QT
4	35591 B	Shum, Siu Chun	16	Kwun Tong	2:24.55	QT
5	48901 IAZ	Jiang, Ivan	19	Dali Swimming Club	2:24.55	QT
Heat 2 of 5 Prelims						
0	46189 @IAX	Ayhan, S. Deniz	18	Kowloon City	2:24.55	QT
1	41189 B	Wong, Yat Long Isaac	15	Kwun Tong	2:24.55	QT
2	43109 B	Law, Sai Lai	14	Sun Yip	2:24.55	QT
3	39532 B	Lam, Ho Lam	12	Win Tin	2:24.53	QT
4	32426 IAZ	Lam, Tsz Yeung YY	17	Dik Wing	2:22.80	QT
5	40882 B	Lee, Chung Hei Aiden	14	Hoi Tin	2:23.92	QT
6	38789 IAZ	Cheng, Pok Him Boris	16	Kwun Tong	2:24.55	QT
7	40095 #IAZ	Chow, Ngai Fun	16	Kwun Tong	2:24.55	QT
8	43094 B	Hui, Cheuk Hin	15	Kwun Tong	2:24.55	QT
9	44142 #IAZ	Yau, Cheuk Hin	13	Kwun Tong	2:24.55	QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025**Meet Program****Heat 3 Prelims... (Event 27 Men 200 LC Meter IM)**

0	48681 #IAZ	Ho, James On	15 Island Stingrays	2:21.64	QT
1	40757 IAZ	To, Hiu Fung	15 Hoi Tin	2:18.16	QT
2	36897 IAZ	Han, Hao	15 Kwun Tong	2:15.72	QT
3	32095 B	Lau, Chor Tik	15 Win Tin	2:11.87	QT
4	36547 IAZ	Wong, Yik Yan Sean	17 South China	2:05.28	QT
5	44135 B	So, Chun Hei	15 Kwun Tong	2:10.01	QT
6	45634 IAZ	Chan, Cheuk Hin	16 Marlins	2:15.00	QT
7	36895 B	Lo, Kei Hon Andre	16 Hoi Tin	2:17.41	QT
8	31715 IAZ	Tsang, Kei Hon Ian	17 Dik Wing	2:19.87	QT
9	43245 B	Wong, Pak Dick	14 Tuen Mun	2:22.09	QT

Heat 4 of 5 Prelims

0	34715 B	Chan, Chi Ho Steven	16 Win Tin	2:21.12	QT
1	39500 IAZ	Lau, Tin Long	16 Kwun Tong	2:17.62	QT
2	45472 B	Yeung, Tsz Ho	13 HK Sportworld	2:15.54	QT
3	48286 IAZ	Muller, Ethan	17 South China	2:11.62	QT
4	33608 IAZN	Wan, Chun Lim	18 Pacific	2:04.87	QT
5	41422 B	Yick, Sum Kiu	14 Sea Lion	2:06.90	QT
6	35145 IAZ	Liu, Siu Fung	17 Chi Pui	2:13.92	QT
7	34714 B	Chan, Chi Kit Javen	16 Win Tin	2:16.49	QT
8	46564 IAZ	Hon, Man Sing	13 Hoi Tin	2:18.41	QT
9	36780 B	Lam, Ho Cheung	15 Sun Yip	2:21.75	QT

Heat 5 of 5 Prelims

0	42547 IAX	Chow, Ho Yin	14 Tolo Harbour	2:20.45	QT
1	36805 B	Chan, Leong To	15 Hoi Tin	2:17.41	QT
2	41457 IAZ	Leung, Hoi Chun	16 Kwun Tong	2:15.48	QT
3	40455 IAZ	Lam, Wai Lok	16 Sun Yip	2:10.45	QT
4	38227 IAZ	Lo, Tsz Lam	17 Win Tin	2:00.64	QT
5	38539 B	Chan, Wah Royce	16 HK Sportworld	2:06.24	QT
6	49117 @I	Liu, Haoliang	14 Chi Pui	2:12.10	QT
7	43281 IAZ	Chan, Chak Alfred	14 HK Sportworld	2:15.76	QT
8	33829 IAO	Ko, Harry Hing	17 South China	2:18.16	QT
9	44353 IAZ	Leung, Cheuk Hong	14 Hoi Tin	2:21.74	QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025

Meet Program

Event 28 Women 200 LC Meter Butterfly

HKR: 2:10.63 YEUNG Hoi Ching, TPS

JR: 2:14.06

WCA: 2:09.21

WCB: 2:13.73

2:31.17 QT Qualifying Time

Meet Qualifying: 2:31.17

Lane	ID#	Name	Age	Team	Seed Time
Straight Final in PM Sessions					
1	48949 IAZ	Chang, Sienna Jing Huan	14	Island Stingrays	2:29.25 QT
2	42151 IAZ	Lai, Cheuk Ling Maris	13	Happy Valley	2:25.14 QT
3	31301 IAZ	To, Wing Yan	18	Happy Valley	2:18.39 QT
4	31437 B	Yeung, Hoi Ching	18	Tai PO	2:08.77 QT
5	43424 IAZ	Mathis, Mya Lynn	15	Tai PO	2:13.94 QT
6	28108 B	Seeto, Wai Ching	20	Keung Sung	2:23.93 QT
7	44740 IAZ	Ma, Yat Yin	12	Hoi Tin	2:26.52 QT

Event 29 Men 50 LC Meter Freestyle

HKR: 21.83 HO Ian Yentou, SCA

JR: 23.65

WCA: 22.05

WCB: 22.82

25.97 QT Qualifying Time

Meet Qualifying: 25.97

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims					
3	47082 #IAZ	Tang, Pak Ho Paco	17	Dik Wing	25.97 QT
4	43272 #B	Chen, Ka Fung	14	Dik Wing	25.97 QT
5	47731 B	Ting, Tsz Kan	14	Tolo Harbour	25.97 QT
Heat 2 of 6 Prelims					
0	46777 #B	Lee, Cheuk Fung	12	Sun Yip	25.97 QT
1	45898 IAZ	Fung, Pak Woon	13	Sun Yip	25.97 QT
2	47980 B	Jin, Yu Tong	13	Lai WA	25.97 QT
3	50045 B	Chan, Yee Long	12	Kwun Tong	25.97 QT
4	46273 IAZ	Wai, Chun Ting	14	Kwun Tong	25.97 QT
5	45797 B	Liu, Ho Lun	11	Long Fame	25.97 QT
6	36000 B	Chan, Chi Chung	19	White Dolphin	25.97 QT
7	35591 B	Shum, Siu Chun	16	Kwun Tong	25.97 QT
8	46780 IAZ	Tang, Jing Yun	14	Sun Yip	25.97 QT
9	49639 B	Wong, Hin Bok	10	Kwan Hung	25.97 QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025**Meet Program****Heat 3 Prelims... (Event 29 Men 50 LC Meter Freestyle)**

0	49286 IAZ	Lee, Hong Yin	14	Win Tin	25.97	QT
1	47542 IAZ	Leung, Chasen Pak Ho	13	Tai PO	25.97	QT
2	40095 #IAZ	Chow, Ngai Fun	16	Kwun Tong	25.89	QT
3	46574 IAZ	Fong, Pak Yin	14	Hoi Tin	25.55	QT
4	44492 #IAZ	Cho, Yat	15	Win Tin	25.38	QT
5	35900 IAZ	Lee, On Kit	16	North Sports	25.47	QT
6	41692 P	Hong, Eric Mingze	16	Island Stingrays	25.84	QT
7	38182 B	Li, Hang Sum	18	Tolo Harbour	25.90	QT
8	35349 IAZ	Huang, Lun Ching	18	Dik Wing	25.97	QT
9	39042 B	Cheung, Cheuk Fan	15	North District	25.97	QT

Heat 4 of 6 Prelims

0	45426 IAZ	Ng, Dik Him	16	Superstar	24.87	QT
1	38026 IAZ	Wu, Yik Ham	16	HK Sportworld	24.73	QT
2	37757 B	Cheng, Pak Ho	16	HK Sportworld	24.38	QT
3	36913 IAZ	Cheng, Cheuk Chi George	17	Dali Swimming Club	23.44	QT
4	30499 IAO	Chan, Nathan	21	Dik Wing	22.48	QT
5	22824 IAZ	Wong, Lok Kan	21	Hoi Tin	22.85	QT
6	34490 B	Chen, Yuxuan	16	Chi Pui	23.95	QT
7	41529 IAZ	Chan, Yat Fung Evan	15	South China	24.44	QT
8		Chong, Ioi Lam	19	Macau China	24.80	QT
9	37591 P	Chen, Joshua Luke	17	Island Stingrays	25.26	QT

Heat 5 of 6 Prelims

0	31915 IAZ	Wong, Ho Yeung	19	Lai WA	24.83	QT
1	39933 B	Chan, Leong Medwin	15	HK Sportworld	24.72	QT
2	50162 IAZ	Kim, Yo Hann	14	Chi Pui	24.34	QT
3	35258 B	Cheung, Man Ho	14	Sea Lion	23.41	QT
4	06697 B	Koo, Ralph Yat Ho	27	Hoi Tin	22.44	QT
5	42311 IAZ	Yu, Chi Lung	17	Pacific	22.82	QT
6		Ng, Chi Hin	19	Macau China	23.94	QT
7	43593 IAZ	Yeung, Yannick Lok-Jun	16	Pacific	24.43	QT
8	43212 B	Tsang, Pak Kiu	15	Sun Yip	24.78	QT
9	51257 IAX	Yick, Chujie Matthew	18	Hoi Tin	25.13	QT

Heat 6 of 6 Prelims

0	36899 B	Kwok, Kin Wai	17	Keung Sung	24.82	QT
1	49384 IAZ	Li, Louis Ka Wo	14	Pacific	24.55	QT
2	36085 B	Hui, Yik Kiu	17	Chi Pui	24.16	QT
3	55037 IAX	Man, Pui Yin	15	Chi Pui	23.32	QT
4	39105 IAO	Ho, Ian Yentou	27	South China	21.83	QT
5	49455 IAZ	Cai, Qi Hong	18	Chi Pui	22.82	QT
6		Chao, Man Hou	29	Macau China	23.69	QT
7	44820 ICX	Yeow, Zheng Ren	17	South China	24.40	QT
8	42025 IAO	Luk, Arnold Bingtse	28	South China	24.77	QT
9	46170 IAZ	Dai, Cho Tsun	14	Kwan Hung	25.07	QT



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Meet Program

Event 30 Women 400 LC Meter Freestyle

HKR: 4:05.30

HAUGHEY Siobhan Bernadette

SCA

JR: 4:13.81

WCA: 4:10.23

WCB: 4:18.99

4:52.07 QT Qualifying Time

Meet Qualifying: 4:52.07

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
3	38054 IAZ	Yeung, Pui Lam	14	Kwun Tong	4:52.07 QT
4	39149 IAZ	Xing, Yina	13	Happy Valley	4:52.07 QT
5	48088 IAZ	Wang, Ching Yee	12	Happy Valley	4:52.07 QT
6	41485 IAZ	Tang, Lok Yin	13	Happy Valley	4:52.07 QT
Heat 2 of 4 Prelims					
0	48101 B	Tam, Xin Yau Cayenne	13	YMCA OF Hong Kong	4:52.07 QT
1	42682 B	Yu, Hiu Tung Natalie	15	Win Tin	4:50.45 QT
2	39679 #IAZ	Wong, Lok Tung	15	Sword Fish Club	4:48.04 QT
3	42458 IAZ	Hon, Tsz Tung	14	Hoi Tin	4:47.38 QT
4	45986 IAZ	Wong, Cheuk Ying Siena	13	Win Tin	4:42.64 QT
5	45734 IAZ	Fung, Hei Yiu	13	Sword Fish Club	4:45.50 QT
6	46174 IAZ	Au, Hoi Ching Abby	13	Kwan Hung	4:47.70 QT
7	37001 #IAZ	Chan, Oi Yin	16	Superstar	4:48.45 QT
8	44224 B	Chan, Bernice	14	Chi Pui	4:50.69 QT
9	42704 @P	Krkalo, Mila Sofia	14	Island Stingrays	4:52.07 QT
Heat 3 of 4 Prelims					
0		Cheang, Weng Chi	18	Macau China	4:38.00 QT
1	23856 B	Leung, Ka Ching	21	Hoi Tin	4:27.97 QT
2	45628 IAZ	Chan, Pui Ka	13	White Dolphin	4:26.94 QT
3	38217 IAZ	Yan, Ellie	15	Hoi Tin	4:21.98 QT
4	42490	Wang, Xin Tong	16	Win Tin	4:14.38 QT
5	18545 #IAZ	Lam, Pac Tung Nikita	24	Happy Valley	4:17.56 QT
6	19207 B	Nip, Tsz Yin	25	Eastern Winter	4:23.63 QT
7	41234 B	Chan, Jacaranda Yik Naam	12	Hoi Tin	4:27.63 QT
8	35932 B	Wong, Sze Laam Serena	15	Win Tin	4:33.59 QT
9	47272 IAZ	Man, Harmony Valentina	13	Pacific	4:41.61 QT



68th Festival of Sport LC Time Trial - 12/04/2025 to 13/04/2025**Meet Program****Heat 4 Prelims... (Event 30 Women 400 LC Meter Freestyle)**

0	39531 B	Lee, Hoi Lam	14	Win Tin	4:34.66	QT
1	38394 B	Yeung, Tin Wing	13	Hoi Tin	4:27.94	QT
2	44386	Li, Yu Qing	15	Win Tin	4:24.15	QT
3	36944 B	Chan, Yi Lok	14	Win Tin	4:20.70	QT
4	33715 IAZ	Ma, Gilaine	16	Tai PO	4:09.47	QT
5	32098 B	Ma, Tsz Tsing Ashley	17	Hoi Tin	4:15.98	QT
6	40949 B	Sum, Yi Man	13	Tai PO	4:22.29	QT
7	37874 IAZ	Choi, Hiu Ying	15	Hoi Tin	4:27.45	QT
8	39706 B	Yip, Tsz Laam	15	White Dolphin	4:33.57	QT
9	38860 IAZ	Chui, On Tsz	16	Hoi Tin	4:39.02	QT

Event 31 Men 1500 LC Meter Freestyle**HKR: 15:38.76****CHEUK Ming Ho, CPS****JR: 16:00.66****WCA: 15:01.89****WCB: 15:33.46****18:20.31 QT Qualifying Time****Meet Qualifying: 18:20.31**

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Timed Finals						
0	36925 B	Lee, Chi Kiu	15	Win Tin	18:20.31	QT
1	45424 IAZ	Leung, Wai Lok	17	Superstar	18:20.31	QT
2	40739 IAZ	Yu, Tsz Hei	15	White Dolphin	18:20.31	QT
3	44269 #B	Sum, Wai Chong	13	Hoi Tin	18:20.31	QT
4	39576 #B	Chan, Pak Yu	14	Chi Pui	17:38.54	QT
5	38873 B	Luk, Sean Clement	16	South China	17:40.05	QT
6	46461 IAZ	Chung, Pak Hin	16	Superstar	18:20.31	QT
7	44681 IAZ	Wan, Wui Sum	15	Pacific	18:20.31	QT
8	46259 IAZ	Tang, Chun Fan	16	Superstar	18:20.31	QT
9	43394 IAZ	Lam, Cheuk Yin	13	Hoi Tin	18:20.31	QT
Heat 2 of 4 Timed Finals						
0	40111 B	Wong, Yik Man Mike	13	South China	17:21.45	QT
1	43918 @IAX	Chui, Ue Haang	14	White Dolphin	17:08.12	QT
2	38725 B	Hong, Yan Shek	14	Pacific	17:07.04	QT
3	43919 IAZ	Chui, Hoi Haang	16	White Dolphin	17:03.88	QT
4	39571 IAZ	Cheung, Chi Daniel	16	Sun Yip	16:58.77	QT
5	42008 B	Law, Tsz Lok	13	Win Tin	17:00.19	QT
6	39277 B	Fung, Ho Chun	16	Chi Pui	17:04.76	QT
7	41723 IAZ	Fong, Yik Yuen	17	Hoi Tin	17:07.75	QT
8	47679 B	Tsui, Ka Hei	13	Sun Yip	17:09.96	QT
9	46984 IAZ	Wong, Pak Wai	14	Pacific	17:30.43	QT



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Meet Program

Heat 3 Timed Finals... (Event 31 Men 1500 LC Meter Freestyle)

0	36895 B	Lo, Kei Hon Andre	16	Hoi Tin	16:50.73	QT
1	39574 B	Lau, Yi Fung	15	Sun Yip	16:39.44	QT
2	34506 B	Yu, Shing Hin	17	Win Tin	16:31.78	QT
3	45472 B	Yeung, Tsz Ho	13	HK Sportworld	16:24.88	QT
4	48418 IAZ	Liao, Zitong	14	Kowloon City	16:16.17	QT
5	22961 B	Chan, Tsun Hin	20	White Dolphin	16:21.28	QT
6	39573 B	Lee, Chak Fung Jaiden	15	Hoi Tin	16:26.01	QT
7	35385 B	Chong, Hin Yeung	16	Dik Wing	16:34.96	QT
8	50769 #@^ICX	Sun, Maokun	13	Win Tin	16:40.13	QT
9	46409 IAZ	Wang, Zi Ran	15	Island Stingrays	16:57.98	QT

Fastest Heat Swims in PM Sessions

1	29043 B	Tsang, Lok Hei	21	Sun Yip	15:53.05	QT
2	29884 B	Kwong, Jacob Yat Nam	18	Win Tin	15:45.78	QT
3	33922 P	So, Kwun Wa	17	White Dolphin	15:41.16	QT
4	29257 B	He, Shing Ip	19	Chi Pui	15:20.20	QT
5	48237 IAZ	Wang, Yi Shun	16	Chi Pui	15:22.38	QT
6	30733 B	Lai, King Wo	18	Win Tin	15:45.71	QT
7	37574 P	Chen, Eric Q	15	Island Stingrays	15:49.77	QT
8	37746 @P	Qiu, Junhao	16	Island Stingrays	15:58.31	QT

Event 32 Women 200 LC Meter Breaststroke

HKR: 2:27.96

KONG Yvette Man Yi, SCA

JR: 2:32.05

WCA: 2:25.91

WCB: 2:31.02

3:02.68 QT Qualifying Time

Meet Qualifying: 3:02.68

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
2	46831 #B	Tang, Yue Daphne Margarita	12	Dik Wing	3:02.17 QT
3	46194 P	Mohanty, Lavanya Mio	15	Island Stingrays	2:59.41 QT
4	47579 @P	Furuta, Lia	13	Island Stingrays	2:58.25 QT
5	39484 IAZ	Ho, Taylor Lei	14	Island Stingrays	2:58.72 QT
6	48102 @P	Wong, Megan Min Mei	14	South China	3:00.29 QT



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Meet Program

Heat 2 Prelims... (Event 32 Women 200 LC Meter Breaststroke)

0	43294 B	Wong, Tsz Huen	14 Pacific	2:50.01	QT
1	46111 B	Chau, Pak Yu	12 Tai PO	2:46.58	QT
2	43137 IAZ	Yiu, Sum Yin	14 Win Tin	2:43.33	QT
3	38528 B	Lam, Tsz Ying	14 Hoi Tin	2:34.75	QT
4	34467 B	Chan, Tsz Ching	18 Sea Lion	2:30.49	QT
5	39432 IAZ	Leung, Sze Ki Safira	15 Marlins	2:33.00	QT
6	37750 IAZ	So, Ching Nga	16 Hoi Tin	2:36.11	QT
7	50631 #IAZ	Pang, Sze Ki Flora	13 Dik Wing	2:45.71	QT
8	47157 IAZ	Wong, Pui Yiu	12 Tuen Mun	2:49.49	QT
9	37992 B	Chan, Sin Yu	16 Hoi Tin	2:56.86	QT

Heat 3 of 4 Prelims

0	47395 IAZ	Yu, Yik Huen	13 Win Tin	2:49.92	QT
1	50134 IAZN	Wu, Melody	16 South China	2:46.07	QT
2	43099 IAZ	Ng, Hoi Ching	15 Win Tin	2:42.72	QT
3	38411 B	Yung, Tsz Ching	14 Hoi Tin	2:34.11	QT
4	29060 IAZ	Lam, Hoi Kiu	21 Hoi Tin	2:27.05	QT
5	35670 B	Cheung, Wing Yi Claire	16 Jockey Club	2:31.78	QT
6	38537 B	Chung, Wing Sum Hazel	15 HK Sportworld	2:35.98	QT
7	44554 B	Lee, Wing Sze	14 Hoi Tin	2:44.98	QT
8	50341 IAZ	Hu, Xinyue	12 Hoi Tin	2:49.29	QT
9	43397 IAZ	Lan, Jacey Laura	13 Jockey Club	2:54.19	QT

Heat 4 of 4 Prelims

0	43660 B	Chong, Ailis Ho Qiu	12 Hoi Tin	2:49.87	QT
1	48559 IAZ	Yeung, Ho Yuet	13 Hoi Ngai	2:45.76	QT
2	36010 IAZ	Wu, Kwan Lo	15 Win Tin	2:38.77	QT
3	46308 IAZ	So, Hei Shun	13 Kwun Tong	2:33.25	QT
4	39179 B	Man, Wui Kiu	15 Chi Pui	2:26.77	QT
5	48950 P	Gao, Jialian	13 Chi Pui	2:31.25	QT
6	51952 #IAZN	Shi, Ziwen	14 Flying Dragon	2:35.67	QT
7	39905 IAZ	Lan, Jasmine Lauren	15 Jockey Club	2:44.03	QT
8	43574 P	Au, Tsz Yu Chloe	14 Hoi Tin	2:47.10	QT
9	45764 #B	Kong, Tsz Ching	13 Dik Wing	2:53.40	QT



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Meet Program

Event 33 Men 200 LC Meter Backstroke

HKR: 2:00.22 KWAN Hayden, PSC
 JR: 2:07.52
 WCA: 1:58.07
 WCB: 2:02.20
 2:28.79 QT Qualifying Time

Meet Qualifying: 2:28.79

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3	44646 @IAX	Cheng, Chi Shing	11	Win Tin	2:28.79 QT
4	46777 #B	Lee, Cheuk Fung	12	Sun Yip	2:28.79 QT
5	42517 B	Poon, Lai Man	14	Happy Valley	2:28.79 QT
Heat 2 of 5 Prelims					
0	48901 IAZ	Jiang, Ivan	19	Dali Swimming Club	2:28.79 QT
1	35145 IAZ	Liu, Siu Fung	17	Chi Pui	2:25.57 QT
2	46119 B	Hsieh, Kurtis Yi Hon	12	Tai PO	2:23.43 QT
3	50693 IAZ	Chong, Chi Chian Nicholas	15	South China	2:22.71 QT
4	44682 IAZ	Wan, Wui Bun	12	Pacific	2:22.14 QT
5	40882 B	Lee, Chung Hei Aiden	14	Hoi Tin	2:22.18 QT
6	38737 B	Mak, King Lam Matthew	16	Win Tin	2:23.24 QT
7	44781 IAX	Wong, Kwong Wa Donald	15	Lai WA	2:25.40 QT
8	47275 B	Hsieh, Kyrus Shing Hin	10	Tai PO	2:26.85 QT
Heat 3 of 5 Prelims					
0	40122 B	Kor, Pak Yin	13	South China	2:19.81 QT
1	37746 @P	Qiu, Junhao	16	Island Stingrays	2:15.70 QT
2		Chan, Si Chon	17	Macau China	2:13.00 QT
3	36914 IAZ	Cheng, Cheuk Kin Jake	17	Dali Swimming Club	2:08.96 QT
4	27239 B	Chan, Sheung Kwan	22	Keung Sung	2:05.32 QT
5	33504 IAZ	Leung, Lok Hei	19	North Sports	2:06.98 QT
6	17709 B	Whittington, Ryan Michael	24	South China	2:10.08 QT
7	39071 B	Luk, Man Him	16	Win Tin	2:13.74 QT
8	40881 IAZN	Ray-smith, Henry Joseph Evel	14	Hoi Tin	2:18.23 QT
9	39332 B	Wu, Yik Hei	15	HK Sportworld	2:21.82 QT



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Meet Program

Heat 4 Prelims... (Event 33 Men 200 LC Meter Backstroke)

0	46411 IAZ	Ma, Cheuk Lam	14	Dali Swimming Club	2:19.31	QT
1	39041 IAZ	Lam, Lok Sum	13	Hoi Tin	2:15.52	QT
2	40879 IAZ	Chen, Zheng Xuan Jason	13	Hoi Tin	2:11.96	QT
3	36737 B	Chan, Wang Hei Terence	18	Tai PO	2:07.56	QT
4	41900 B	Han, Pak Kiu	15	Hoi Tin	2:01.60	QT
5	34048 IAZ	Wong, Pok Lam	18	Hoi Tin	2:06.08	QT
6	36551 IAZ	Tian, Trevor	15	Tai PO	2:09.16	QT
7	48286 IAZ	Muller, Ethan	17	South China	2:13.58	QT
8	46299 IAZ	Lo, Kei Yan Ian	12	Hoi Tin	2:17.13	QT
9	43272 #B	Chen, Ka Fung	14	Dik Wing	2:21.21	QT

Heat 5 of 5 Prelims

0	39084 B	Chan, See Nok Feliz	15	Win Tin	2:18.54	QT
1	34715 B	Chan, Chi Ho Steven	16	Win Tin	2:14.81	QT
2	46985 IAZ	Wong, Chung Kok Helge	14	Pacific	2:11.69	QT
3	40104 B	Cheung, Yung	14	White Dolphin	2:07.01	QT
4	28636 B	Chan, Tsz Chiu	21	Keung Sung	1:59.72	QT
5	15423 IAZ	Cheung, Yau Ming	27	Hoi Tin	2:05.46	QT
6	38539 B	Chan, Wah Royce	16	HK Sportworld	2:09.05	QT
7	43609 P	Wu, Lok Kan	14	Pacific	2:13.40	QT
8	43427 IAZ	Lam, Kayden	13	Chi Pui	2:16.47	QT
9	42008 B	Law, Tsz Lok	13	Win Tin	2:20.92	QT

Event 34 Women 50 LC Meter Butterfly

HKR:	26.55	TAM Hoi Lam, CUC
JR:	27.45	
WCA:	26.23	
WCB:	27.15	
	32.16	QT Qualifying Time

Meet Qualifying: 32.16

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
0	42270 #B	Wong, Hei Tung	13	Tai PO	32.16	QT
1	41671 IAZ	Ma, Wai Yan	16	Csu	32.16	QT
2	43666 B	Ng, Cheuk Lam Jolie	13	Win Tin	32.16	QT
3	46831 #B	Tang, Yue Daphne Margarita	12	Dik Wing	32.04	QT
4	46383 @P	Zhang, Hanna	14	Island Stingrays	31.50	QT
5	42705 P	Krkalo, Eva Katarina	16	Island Stingrays	31.81	QT
6	43249 B	Chan, Hiu Laam	17	Tuen Mun	32.14	QT
7	50131 B	Liu, Kwin Kwin JoJo	11	Kwan Hung	32.16	QT
8	00866 IAZ	Au, Hoi Shun Stephanie	32	Dik Wing	32.16	QT



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Heat 2 Prelims... (Event 34 Women 50 LC Meter Butterfly)

0	38637 IAZ	Lai, Yee Ching Gabriella	16 South China	30.83	QT
1	44674 B	Wan, Ching Yiu Iris	12 Tai PO	30.25	QT
2	37038 IAZ	Chan, Yin Yan	16 Hoi Tin	29.67	QT
3	28108 B	Seeto, Wai Ching	20 Keung Sung	28.45	QT
4	40738 B	Li, Sum Yiu	15 White Dolphin	27.26	QT
5	38813 IAZN	Wong, Yuen Ching	14 Hoi Tin	27.88	QT
6		Cheang, Weng Chi	18 Macau China	29.03	QT
7	46124 IAZ	Mathis, Kayla J	14 Tai PO	29.89	QT
8	37596 P	Sandeen, Audrey Elizabeth	17 Island Stingrays	30.62	QT
9	38054 IAZ	Yeung, Pui Lam	14 Kwun Tong	31.33	QT

Heat 3 of 4 Prelims

0	46111 B	Chau, Pak Yu	12 Tai PO	30.80	QT
1	48949 IAZ	Chang, Sienna Jing Huan	14 Island Stingrays	30.24	QT
2	44988 @P	Koh, Li Wen Ashley	17 South China	29.30	QT
3	53037 @^ICX	Sun, Qimiao	14 Chi Pui	28.39	QT
4	31437 B	Yeung, Hoi Ching	18 Tai PO	26.86	QT
5	29449 B	Leung, Wing Tsun Rachel	18 Win Tin	27.76	QT
6	45894 IAZ	Yu, Kok Yiu Khloe	14 Hoi Tin	28.88	QT
7		Kuan, I Cheng	22 Macau China	29.76	QT
8	42458 IAZ	Hon, Tsz Tung	14 Hoi Tin	30.51	QT
9	36861 IAZ	Chiu, Sze Yui	16 Lai WA	31.30	QT

Heat 4 of 4 Prelims

0	46175 IAZ	Tang, Sum Wing Gladys	12 Dik Wing	30.67	QT
1	14069 IAZ	Yuen, Sin Ling	28 White Dolphin	29.93	QT
2	42151 IAZ	Lai, Cheuk Ling Maris	13 Happy Valley	29.11	QT
3	43424 IAZ	Mathis, Mya Lynn	15 Tai PO	27.95	QT
4	11920 B	Tam, Hoi Lam	26 Current Club Ltd	25.98	QT
5	46816 IAZ	Chan, Tsz Yu Ashley	13 Hoi Tin	27.74	QT
6	18783 IAZ	Wong, Wai Nam	23 White Dolphin	28.50	QT
7	45531 #IAZ	Zhong, Sin Yiu	13 Marlins	29.72	QT
8	38028 B	Leung, Evelyn Yi	15 Tai PO	30.29	QT
9	40101 IAZ	Cheng, Alison Jiaqi	15 Island Stingrays	31.03	QT

