

2024 – 2025 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION III (PART 3)**2024 – 2025 第三組短池分齡游泳比賽第三節**

Date:	22 March 2025 (Saturday)	Venue:	Shing Mun Valley Swimming Pool 城門谷游泳池
Morning Warm up:	No Warm up session 不設熱身	Morning Session First Event:	0900 hours
Afternoon Warm Up:	No Warm up session 不設熱身	Afternoon Session First Event:	1400 hours

GIRLS 女

1	13 & 14 YRS	100M	FREESTYLE	自由泳	2
3	15 - 17 YRS	100M	FREESTYLE	自由泳	4
5	8 YRS & UNDER	100M	FREESTYLE	自由泳	6
7	13 & 14 YRS	100M	IND. MEDLEY	個人四式	8
9	15 - 17 YRS	100M	IND. MEDLEY	個人四式	10
11	8 YRS & UNDER	100M	IND. MEDLEY	個人四式	12

BOYS 男**BREAK 休息**

13	9 & 10 YRS	100M	FREESTYLE	自由泳	14
15	11 & 12 YRS	100M	FREESTYLE	自由泳	16
17	9 & 10 YRS	100M	IND. MEDLEY	個人四式	18
19	11 & 12 YRS	100M	IND. MEDLEY	個人四式	20

截止註冊日期 CLOSING DATE FOR REGISTRATION: **7 February 2025 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **28 February 2025 (1700 hours)**

泳員可於早上9點正開始使用非比賽池，直至比賽結束。非比賽池不准跳水。
Non-competition pool will be opened for warm-down starting from 9 a.m. until the end of competition. No diving at non-competition pool.