



2023/24 Hong Kong Open Water Swimming Competition Series (Part 1)

Date: 7th May 2023 (Sunday)

Venue: Open Water Swimming along the Dam of the Plover Cove Reservoir,
Tai Mei Tuk, Tai Po, Hong Kong

Time: ~ 9:00 am – 11:00 am (Details per attached schedule)

Category & Event:

Event No.	Group	Distance (approx.)	Age
1	Open Group - Male	10 km	Age 14 or above
2	Open Group - Female		
3	Mixed Team Relay	4 x 800m	

(Age is calculated as at 31st Dec 2023)

10 km Event Entry Eligibilities:

1. 2023/24 HKGSA Registered Swimmer (SW or MS)
2. Age 14 or above (Age is calculated as at 31st Dec 2023); And
3. Physically Fit; And
4. Provide qualified records obtained from any 800m or 1500m swimming competitions organized or sanctioned by HKGSA in swimming pool setting from 19th April 2021 to 18th April 2023, with the result achieving a minimum of 70 points in LC/SC Swimming Point Score; And
5. Participated in open water swimming competition or open water swimming training before; And
6. Able to swim over the required distance of the proposed event; And
7. Declaration of Responsibility is required for all swimmers

4x 800m Mixed Relay Event Entry Eligibilities:

1. Relay will be run on a club basis. Each Club may enter one team in relay event.
2. Mixed Relay must consist of two (2) Men and two (2) Women.
3. The Club must have at least two (2) Registered Swimmers under their club's registration to form the team.

Each member must:

4. 2023/24 HKGSA Registered Swimmer (SW or MS); And
5. Age 14 or above (Age is calculated as at 31st Dec 2023); And
6. Physically Fit; And
7. Provide qualified records obtained from any 800m or 1500m swimming competitions organized or sanctioned by HKGSA in swimming pool setting from 19th April 2021 to 18th April 2023, with the result met Div.1 qualifying standard; And
8. Participated in open water swimming competition or open water swimming training before; And
9. Able to swim over the required distance of the proposed event; And
10. Declaration of Responsibility is required for all swimmers.



Format: Timed-final shall apply. Ranking will be determined by the positions and time that swimmers achieve.

Entry Fee: **10 km Event (Event No. 1-2)**
HK\$100.00 / Entry
4 x 800m Event (Event No. 3)
HK\$200.00 / Team

Entry & Registration Deadline **19th April 2023 (Wednesday) at 5:00 p.m.**
- Entries later than 19th April 2023 **will not be accepted.**

Awards: Gold, Silver and Bronze Medals will be awarded to the first 3 places of Male and Female swimmers in each Group.
Gold, Silver and Bronze Medals will be awarded to the first 3 places of Relay Event.

Reporting Time & Competition Route: See attached Timetable and Competition Route Map.

Regulations:

1. World Aquatics ("WA") rules and HKGSA rules will apply.
2. Relay Event will be cancelled if less than 6 teams' entries.
3. Swimmers **MUST** wear swimming caps provided by the HKGSA during the competition.
4. Swimmer **MUST** present a valid Race Card issued by the HKGSA at the Registration Counter / Area at the Competition Venue.
5. Swimmers who cannot show the Race Card will not be allowed to race.
6. Swimmers **MUST** report to the Finishing Centre immediately after the race.
7. Official may request swimmers to **leave water** if swimmers are unable to finish the race within the times as follows:
For 10 km event: 30 minutes from the finish time of the first swimmer.
For 4x800m event: 15 minutes from the finish time of the first team.
 These swimmers **MUST** also report to the Finishing Center as soon as possible.
8. Swimmers are prohibited from using any devices that may be an aid to their speed or endurance.
9. HKGSA has its sole discretion to reject any entries.
10. In case of Swimmer Club transfer, the 'HKGSA Transfer Rule' will apply.
11. HKGSA has the final decision over all matters not assigned by the rules.
12. For the Swimwear requirements please refer to WA Open Water Rules (OW 7).
 - With water temperature below 18°C, the use of wetsuits is compulsory.
13. Feeding Boat arrangement in 10 km event:
 Each HKGSA Affiliated Club is allowed to send a maximum of two HKGSA Registered Coaches 2023/24 to feed their respective swimmers on the "Feeding Boat". If there are more than 3 swimmers from their clubs participating in the 10 km event, two HKGSA Registered Coaches 2023/24 are allowed on the Feeding Boat.



Race Card & Swim Cap:

Race Card will be issued after completion of application procedure. HKGSA Affiliated Clubs and swimmers who submit entry applications to HKGSA office in person can pick up the Race Card at HKGSA office about 1 week before the competition day. Swimmer must bring the Race Card to the Registration Counter on the competition day. Swim cap will be given after reporting on the competition day and swimmers must report to the Finishing Centre after the race.

Belongings:

Swimmers may store their belongings at the "Personal Belongings" in the venue. However, HKGSA will not be responsible for any loss whatsoever incurred at the venue or during the competition.

Safety:

- 1) Safety boats and/or canoes shall patrol along the competition route.
- 2) If participants feel exhausted or are affected by cramp during the race, **please raise hand and call for help immediately.**

Responsibility:

HKGSA shall try its best to ensure the safety of all swimmers during the competition. However, HKGSA and its officials will not be responsible for any injuries and accidents incurred during the competition for whatsoever reasons.

Special Arrangement:

The Competition will be cancelled for any of the following conditions:

- ◆ Typhoon Signal **No. 3** or above, hoisted before 6:00 a.m. on the competition date;
- ◆ Red or black rainstorm signal;
- ◆ The sight of red tide, Shark flag or red flag is hoisted at the venue.

Remarks:

Hong Kong Amateur Swimming Association would disclose participants' age in all materials, including but not limited to Competition Programmes and Results issued from time to time.

Entry Procedures:

- **Through HKGSA Affiliated Clubs**

Clubs may submit the Master Entry Forms as usual, together with duly signed Declaration Form by each participant.

Incomplete form and Declaration will not be accepted and fee paid is not refundable.

Entry fee in crossed-cheque made payable to "HKGSA", with club's name and contact telephone no. at the back of the cheque. **Cash will not be accepted.**

Application Forms can be downloaded at the HKGSA website: www.hkgswimming.org.hk

Enquiry Telephone No.: 2572 8594

E-mail: info@hkgswimming.org.hk

HKGSA Office Address:

Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon

Office Hours:

Monday to Friday from 10:00 a.m. – 12:00 p.m.; 1:00p.m. – 5:00p.m.

~ HKGSA reserves the rights to amend the above information with or without notification and the authority for final interpretation ~