

Water Polo Training Timetable - October 2023 (YLSP)

| | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|------------|-----|-------------------------------|-----|-----|-----|-------------------------------|--|
| Oct | 1 | 2 | 3 | 4 | 5 | 6 YLSP Pool: 1700-1900 | 7 YLSP Pool: 1000-1200 |
| | 8 | 9 YLSP Pool: 1700-1900 | 10 | 11 | 12 | 13 YLSP Pool: 1700-1900 | 14 YLSP Pool: 1000-1200 |
| | 15 | 16 YLSP Pool: 1700-1900 | 17 | 18 | 19 | 20 YLSP Pool: 1700-1900 | 21 YLSP Pool: 1000-1200 Pool: 1200-1300 |
| | 22 | 23 YLSP Pool: 1700-1900 | 24 | 25 | 26 | 27 YLSP Pool: 1700-1900 | 28 YLSP Pool: 1000-1200 Pool: 1200-1300 |
| | 29 | 30 YLSP Pool: 1700-1900 | | | | | |