

# Programme

## 比賽賽程



### HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND  
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

**2023-24 Div.I Age Group Long Course Swimming Competition (Part 1)**  
二零二三至二四年第一組長池分齡游泳比賽第一節

**29-30 July 2023 (Sat-Sun)**

二零二三年七月二十九至三十日(星期六至日)

**Kowloon Park Swimming Pool**

九龍公園游泳池

**Address: Kowloon Park, 22 Austin Road, Tsim Sha Tsui, Kowloon**

**地址: 九龍尖沙咀柯士甸道 22 號九龍公園**

**Subvented by the LCSD**



**Hosting Clubs**

Penguin Swimming Club &  
White Dolphin Sport Association (29<sup>th</sup> July, 2023)  
Sea Lion Aqua Club &  
Riverside Swimming Club (30<sup>th</sup> July, 2023)

## 2023-24 D1LCP1 - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Girls 13-14 800 Freestyle	13
2	Boys 13-14 1500 Freestyle	22
3	Girls 15-17 800 Freestyle	12
4	Boys 15-17 1500 Freestyle	33
5	Girls 18 & Over 800 Freestyle	5
6	Boys 18 & Over 1500 Freestyle	8
7	Girls 10 & Under 100 Butterfly	11
8	Boys 10 & Under 100 Butterfly	19
9	Girls 11-12 200 Butterfly	29
10	Boys 11-12 200 Butterfly	32
11	Girls 13-14 200 Butterfly	13
12	Boys 13-14 200 Butterfly	27
13	Girls 15-17 200 Butterfly	8
14	Boys 15-17 200 Butterfly	18
15	Girls 18 & Over 200 Butterfly	5
16	Boys 18 & Over 200 Butterfly	5
17	Girls 10 & Under 50 Freestyle	25
18	Boys 10 & Under 50 Freestyle	31
19	Girls 11-12 50 Freestyle	47
20	Boys 11-12 50 Freestyle	47
21	Girls 13-14 50 Freestyle	33
22	Boys 13-14 50 Freestyle	51
23	Girls 15-17 50 Freestyle	37
24	Boys 15-17 50 Freestyle	65
25	Girls 18 & Over 50 Freestyle	13
26	Boys 18 & Over 50 Freestyle	28
27	Girls 13-14 400 IM	14
28	Boys 13-14 400 IM	32
29	Girls 15-17 400 IM	11
30	Boys 15-17 400 IM	34
31	Girls 18 & Over 400 IM	3
32	Boys 18 & Over 400 IM	7
33	Girls 4x200 Freestyle Relay	5
34	Boys 4x200 Freestyle Relay	7
35	Girls 10 & Under 100 Backstroke	23
36	Boys 10 & Under 100 Backstroke	24
37	Girls 11-12 100 Backstroke	41
38	Boys 11-12 100 Backstroke	35
39	Girls 13-14 100 Backstroke	31
40	Boys 13-14 100 Backstroke	43
41	Girls 15-17 100 Backstroke	25
42	Boys 15-17 100 Backstroke	44
43	Girls 18 & Over 100 Backstroke	3
44	Boys 18 & Over 100 Backstroke	14
45	Girls 10 & Under 100 Breaststroke	21
46	Boys 10 & Under 100 Breaststroke	18
47	Girls 11-12 200 Breaststroke	36
48	Boys 11-12 200 Breaststroke	39
49	Girls 13-14 200 Breaststroke	23
50	Boys 13-14 200 Breaststroke	27
51	Girls 15-17 200 Breaststroke	15
52	Boys 15-17 200 Breaststroke	29
53	Girls 18 & Over 200 Breaststroke	3
54	Boys 18 & Over 200 Breaststroke	20
<b>Total</b>		<b>1264</b>

Entry information by Day		
Day / Session	No. of Entries	Total
Day 1	<b>93</b>	<b>1264</b>
Day 2 AM	<b>645</b>	
Day 2 PM	<b>526</b>	

**2023 – 2024 AGE GROUP LONG COURSE SWIMMING COMPETITION - DIVISION I (PART I)****2023 – 2024 第一組長池分齡游泳比賽第一節**

**Date:** 29 July 2023 (Saturday) **Venue:** Kowloon Park Swimming Pool 九龍公園游泳池  
**Warm up:** 1400 - 1445 hours **First Event:** 1500 hours

**GIRLS 女**

1	13 & 14 YRS	800M	FREESTYLE	自由泳
3	15 – 17 YRS	800M	FREESTYLE	自由泳
5	18 & OVER	800M	FREESTYLE	自由泳
~	13 & 14 YRS	1500M	FREESTYLE	自由泳
~	15 – 17 YRS	1500M	FREESTYLE	自由泳
~	18 & OVER	1500M	FREESTYLE	自由泳

**BOYS 男**

~  
~  
~  
2  
4  
6

截止註冊日期 CLOSING DATE FOR REGISTRATION: 16 June 2023 (1700 hours)

截止報名日期 CLOSING DATE FOR ENTRIES: 7 July 2023 (1700 hours)

**\* 2023-2024 Hong Kong Age Group Long Course Swimming Competition - Division I (Part I) is approved by World Aquatics to be the qualifying meet of the World Aquatics Championships 2024 – Doha.**

**\* 2023-2024 第一組長池分齡游泳比賽第一節成功申請為二零二四年世界泳聯游泳錦標賽的達標賽事。**

**2023 – 2024 AGE GROUP LONG COURSE SWIMMING COMPETITION - DIVISION I (PART I)**

**2023 – 2024 第一組長池分齡游泳比賽第一節**

<b>Date:</b>	30 July 2023 (Sunday)	<b>Venue:</b>	Kowloon Park Swimming Pool 九龍公園游泳池
<b>Morning Warm up:</b>	0830 - 0915 hours	<b>Morning Session First Event:</b>	0930 hours
<b>Afternoon Warm up:</b>	1300 - 1345 hours	<b>Afternoon Session First Event:</b>	1400 hours

<b>GIRLS 女</b>					<b>BOYS 男</b>	
7	10 YRS & UNDER	100M	BUTTERFLY	蝶泳	8	
9	11 & 12 YRS	200M	BUTTERFLY	蝶泳	10	
11	13 & 14 YRS	200M	BUTTERFLY	蝶泳	12	
13	15 - 17 YRS	200M	BUTTERFLY	蝶泳	14	
15	18 & OVER	200M	BUTTERFLY	蝶泳	16	
17	10 YRS & UNDER	50M	FREESTYLE	自由泳	18	
19	11 & 12 YRS	50M	FREESTYLE	自由泳	20	
21	13 & 14 YRS	50M	FREESTYLE	自由泳	22	
23	15 - 17 YRS	50M	FREESTYLE	自由泳	24	
25	18 & OVER	50M	FREESTYLE	自由泳	26	
27	13 & 14 YRS	400M	IND. MEDLEY	個人四式	28	
29	15 - 17 YRS	400M	IND. MEDLEY	個人四式	30	
31	18 & OVER	400M	IND. MEDLEY	個人四式	32	

**LUNCH BREAK 午膳時間**

33		4X200M	FREE RELAY	自由接力	34
35	10 YRS & UNDER	100M	BACKSTROKE	背泳	36
37	11 & 12 YRS	100M	BACKSTROKE	背泳	38
39	13 & 14 YRS	100M	BACKSTROKE	背泳	40
41	15 - 17 YRS	100M	BACKSTROKE	背泳	42
43	18 & OVER	100M	BACKSTROKE	背泳	44
45	10 YRS & UNDER	100M	BREASTSTROKE	蛙泳	46
47	11 & 12 YRS	200M	BREASTSTROKE	蛙泳	48
49	13 & 14 YRS	200M	BREASTSTROKE	蛙泳	50
51	15 - 17 YRS	200M	BREASTSTROKE	蛙泳	52
53	18 & OVER	200M	BREASTSTROKE	蛙泳	54

截止註冊日期 CLOSING DATE FOR REGISTRATION: 16 June 2023 (1700 hours)

截止報名日期 CLOSING DATE FOR ENTRIES: 7 July 2023 (1700 hours)

**二零二三至二零二四年第一組長、短池分齡游泳比賽  
比賽規程**

日期/場地：	請參閱項目表。
報名條件：	<ul style="list-style-type: none"> <li>◇ 所有參賽者必須為游泳總會正式註冊的 <b>2023-2024</b> 年度分齡組泳員，並於比賽截止報名前廿一日註冊。</li> <li>◇ 泳員須達到第一組標準時間方可參加比賽。</li> <li>◇ 已達到第一組標準時間之泳員不可參加較低組別的比赛，否則將會受到分齡賽停賽規例制裁。</li> <li>◇ 首次報名參與第一組分齡游泳比賽(長池及短池)而未能提交本會舉辦或認可游泳賽事的成績證明，必須以該項的達標時間報名。</li> </ul>
報名：	<ul style="list-style-type: none"> <li>◇ 未填妥或不正確的報名資料，將不獲受理，報名費概不發還。</li> <li>◇ 截止後的報名將不獲受理。</li> </ul> <p><u>個人項目</u></p> <ul style="list-style-type: none"> <li>◇ 每名泳員最多可參加四個個人項目。</li> <li>◇ 如泳員在比賽前或比賽後被發現參加多於指定數量項目，本會將取消該泳員最後一項的比賽或成績。</li> <li>◇ *每項報名費為港幣\$15 元正。</li> <li>◇ 所有以達標時間("QT") 報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正。</li> </ul> <p><u>接力項目</u></p> <ul style="list-style-type: none"> <li>◇ 接力採取會際形式。</li> <li>◇ 每個泳會只可派一隊參加每項接力。</li> <li>◇ *每項報名費為港幣\$15 元正。</li> <li>◇ 所有以達標時間("QT") 報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正。</li> <li>◇ *請以劃線支票付款，抬頭寫 'Hong Kong China Swimming Association' 。</li> </ul>
截止報名：	報名須於比賽二十一日前辦妥。(以泳總公佈為準)
截止註冊：	註冊須於比賽截止報名二十一日前辦妥。(以泳總公佈為準)
項目：	請參閱項目表。所有項目不設初賽，名次以比賽成績計算。
參賽標準：	請參閱第一組達標時間表。(不達標項目每項罰款港幣 50 元正)
年齡組：	<ul style="list-style-type: none"> <li>◇ 年齡以比賽日計算。</li> </ul> <p><u>個人項目</u></p> <ul style="list-style-type: none"> <li>◇ 10 歲或以下、11 及 12 歲、13 及 14 歲、15 至 17 歲、18 歲或以上。</li> </ul>
棄權：	棄權須於每節開賽三十分鐘前遞交。“缺席”的罰款為每項港幣\$30 元正。
獎項：	<ul style="list-style-type: none"> <li>◇ 每個個人項目及接力項目的首三名將獲頒發獎牌。</li> <li>◇ 未達參賽標準時間的泳員將不獲發獎牌。</li> </ul>
規則：	<ul style="list-style-type: none"> <li>◇ 比賽採用世界泳聯規則及泳總游泳競賽規程。</li> <li>◇ 泳員申請分段時間紀錄須於每節開賽前 30 分鐘遞交申請表，連同港幣 300 元正予總裁判。任何情況下，所繳費用概不發還。</li> <li>◇ 接力名單連註冊編號須於每節比賽開始前 30 鐘提交。</li> </ul>
上訴：	<ul style="list-style-type: none"> <li>◇ 任何上訴須以書面提出，並須在該成績公佈後三十分鐘內，連同上訴費港幣\$300 元遞交予總裁判。</li> <li>◇ 上訴交由該比賽之上訴委員會作決定。</li> <li>◇ 若上訴被駁回，已繳費用概不發還。</li> </ul>

**2023 – 2024 AGE GROUP DIVISION I  
LONG COURSE AND SHORT COURSE  
SWIMMING COMPETITIONS**

*Rules & Regulations*

<b>Date/Venue</b>	Please see attached event lists.
<b>Entry Conditions</b>	<ul style="list-style-type: none"> <li>❖ All competitors must be 2023 – 2024 registered age group swimmers of HKGSA and register to HKGSA at least <u>21 days</u> prior to the closing date of entries.</li> <li>❖ Swimmers should reach Div I qualifying standard.</li> <li>❖ Swimmers having best time met Div.1 qualifying standard cannot swim at lower division(s) or else Age Group Suspension Rule shall apply.</li> <li>❖ For all new entries for any event entered with no proven result, qualify time for individual event of Division I shall be used as entry time.</li> </ul>
<b>Entries</b>	<ul style="list-style-type: none"> <li>❖ Incomplete/incorrect entry information will be rejected and fees paid will not be refunded.</li> <li>❖ Late entries will not be accepted.</li> </ul> <p><u>Individual Events</u></p> <ul style="list-style-type: none"> <li>❖ <b>Each swimmer is limited to no more than 4 individual events.</b></li> <li>❖ In case of any swimmer entering number of events in excess of the entry quota, HKGSA will scratch or cancel the result of the swimmer's last entry event.</li> <li>❖ *HK\$15 per individual event.</li> <li>❖ * HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time (“QT”) entry.</li> </ul> <p><u>Relay Events</u></p> <ul style="list-style-type: none"> <li>❖ Relays will be run on a club basis.</li> <li>❖ Each club may enter one team in each relay event.</li> <li>❖ *HK\$15.00 per team per relay event.</li> <li>❖ * HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time (“QT”) entry.</li> </ul> <p>*Payment should be made by crossed cheque payable to ‘Hong Kong China Swimming Association’.</p>
<b>Closing Date for Entries</b>	21 days prior to the date of competition. (subject to the announcement of the HKGSA)
<b>Closing Date for Registration</b>	21 days prior to the closing date of entries. (subject to the announcement of the HKGSA)
<b>Event list</b>	Please see attached event list. Events will be run as timed finals.
<b>Qualifying Standards</b>	Please see attached qualifying times list. (A fine of HK\$50 will be charged of each “not qualified”.)
<b>Age Group</b>	<ul style="list-style-type: none"> <li>❖ Age is calculated as at the day of the competition.</li> </ul> <p><u>Individual Events</u></p> <ul style="list-style-type: none"> <li>❖ 10 &amp; under, 11 &amp; 12, 13 &amp; 14, 15 - 17, 18 &amp; over.</li> </ul>
<b>Scratches</b>	Scratches must be submitted 30 minutes before the scheduled start time of each session. A fine of \$30 will be charged for each “no show”.
<b>Awards</b>	<ul style="list-style-type: none"> <li>❖ Medals will be awarded to 1st, 2nd and 3rd places.</li> <li>❖ No medals will be awarded to swimmers who fail to meet the qualifying time.</li> </ul>
<b>Rules</b>	<ul style="list-style-type: none"> <li>❖ World Aquatics rules &amp; HKGSA swimming rules will apply.</li> <li>❖ Swimmers who apply for split time record should submit application form with application fee <b>HK\$300</b> to the Referee 30 minutes before the start of each session. <b>Fee paid will not be refunded in any case.</b></li> <li>❖ Names of swimmers together with registration number actually swimming on a relay must be submitted 30 minutes before the start of each session.</li> </ul>

**Protest**

- ❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with protest fee of **HK\$300**.
- ❖ Protest will be forward to the Appeal Board of such competition for decision.
- ❖ If the protest is rejected, the fee paid will be forfeited.

## 熱身安全守則

運動員及教練必須於所有本會舉辦之游泳比賽中，遵守以下熱身安全守則：

### 普通熱身安全守則

由熱身時間開始至熱身完結前十五分鐘期間，以下普通熱身安全守則將會執行：

- 1) 所有泳道只開放用作一般熱身之用。
- 2) 泳員只能以腳入水方式落水。
- 3) 泳員只能以循環游泳方式熱身，不可以從跳台或泳池邊起跳。
- 4) 泳員於熱身後須儘快離開泳道以讓其他泳員能有充足時間進行熱身。泳員更不可於泳池內逗留或嬉戲。
- 5) 泳員須於起點及終點兩旁離開泳池，當泳員穿越泳道時應於泳線下越過並應儘速離開水面，不得潛泳。

### 衝刺及起跳熱身安全守則

由熱身完結前十五分鐘至熱身完結期間，以下衝刺及起跳熱身安全守則將會執行：

- 1) 一般情況下，最外圍四條泳道(左右各兩)將開放用作起跳及衝刺練習。其他泳道仍只用作普通熱身之用。以一個標準泳池作舉例，泳道 0,1 及 8,9 將開放予泳員用作衝刺及起跳練習。
- 2) 泳員必須於練習完畢後儘速離開。
- 3) 長池安排: 衝刺泳道將劃分為兩部份,由起點起計二十五米及由終點起計十五米。
- 4) 短池安排: 衝刺泳道用作予泳員於指定時段及泳道從跳台或水中起跳。泳員只能以單向方式前進。泳員必須於教練監察下作衝刺及起跳練習。
- 5) 進行背泳練習之泳員須留意沒有其他泳員於跳台上同時準備起跳。如有背泳泳員準備起跳，等候中泳員不應踏上跳台。

除以上守則以外，泳員須留意及遵守大會或總裁判現場有關熱身時段安排之宣佈。

### 教練應注意以下事項:

只有泳總註冊教練方能於熱身時間期間在池面逗留，並須佩戴泳總註冊教練證於當眼處。總裁判及泳總職員將於熱身期間進行檢查，未能出示泳總註冊教練證之人仕將不能於池面逗留並須立即離開。未合符註冊資格的教練可申請進入池面許可證。

- 1) 佩戴泳總註冊教練證於當眼處。
- 2) 指導泳員遵守安全指引及熱身注意事項。
- 3) 於泳員熱身期間積極監察其安全及活動。
- 4) 盡量與泳員保持良好溝通。

## **WARM UP RULES**

The following general pool procedures for the **MAIN COMPETITION POOL** must be observed throughout the warm up sessions in every HKGSA swimming competition:

### **GENERAL Warm-up procedure**

From the beginning to 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) All lanes can be used for general warm-up.
- 2) Swimmers must enter the pool feet first. NO DIVING is allowed.
- 3) Lap Swimming only.
- 4) Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers to have adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 5) Swimmers are recommended to cross lanes at the side of Starting or Turning End. They should swim under water when crossing the lane and should break to the surface as soon as possible.

### **Sprint and Start practice Warm-up procedure**

From 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) In general, the outermost lane(s) should be used for race starts and sprint purpose, the remaining lanes for general warm-up. For instance, for a standard pool, lanes 0,1 and 8, 9 would be reserved as Sprints Lanes for swimmers to have race starts and sprint practice.
- 2) Swimmers must leave the sprint lanes immediately after practice.
- 3) In 50m pool, sprints lanes will be split into two ends, 25m from the Starting end and 15m from the turning end of the pool.
- 4) In 25m pool, sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- 5) Backstrokers should ensure that they are not starting at the same time while a swimmer is on the block. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

In addition to the procedures above please be aware of announcements to determine lane usage throughout the meet, as usage may vary at the discretion of the Referee.

**Coaches are responsible for the following:**

Only Registered Coaches of HKGSA are allowed to stay at the pool deck during warm-up time. Registered Coaches are required to wear the Coach Registration Card conspicuously when staying at the pool deck during warm up session. They should process and present the Coach Registration Card to the Referee and designated HKGSA staff for validation. Those who fail to process and present the Coach Registration Card will **not** be permitted to stay at the pool deck. Pool deck entry application is available for coaches who are not eligible to register with HKGSA.

- 1) Wearing the Coach Registration Card conspicuously.
- 2) Instructing swimmers regarding safety guidelines and warm-up procedures.
- 3) Actively supervising their swimmers throughout the warm-up sessions.
- 4) Maintaining as much contact with their swimmers as possible.

# HONG KONG SWIMMING RECORDS

Listed Date: 24<sup>th</sup> July 2023

## HONG KONG LONG COURSE RECORDS

### MEN'S EVENTS

50 Free	21.86 HO Ian Yentou, SCA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Free	49.15 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 2, May. 29-30, 2021
200 Free	1:47.46 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
400 Free	3:50.53 CHEUK Ming Ho, CPS	64 <sup>th</sup> Festival of Sport LC Time Trial II, Apr 18, 2021
800 Free	8:03.41 CHEUK Ming Ho, CPS	Hong Kong National Olympic Time Trial, Mar 21, 2021
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 <sup>th</sup> Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.00 LAU Shiu Yue, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
100 Back	55.61 KWAN Hayden, PSC	HK Open Swimming Championships 2022, Aug. 19-21, 2022
200 Back	2:00.70 KWAN Hayden, PSC	HK Open Swimming Championships 2022, Aug. 19-21, 2022
50 Breast	28.23 TO Kenneth King Him, LWS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Breast	1:01.91 TO Kenneth King Him, LWS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
200 Breast	2:11.31 Adam John CHILLINGWORTH, SCA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	53.38 NG Cheuk Yin, TPS	Div.1 AG LC Swim Comp. Part 3, Jun. 25-26, 2022
200 Fly	2:00.43 LIM Nicholas Owen Zhaoguang, LRC	62 <sup>nd</sup> FOS – LC Time Trial, April 13-14, 2019
200 IM	2:01.37 TO Kenneth King Him, LWS	29 <sup>th</sup> Summer Universiade, Aug 19-30, 2017
400 IM	4:26.54 WHITTINGTON, Peter Harry, DLS	Thailand Age Group Swimming Championships 2023, Apr 6-11, 2023
4x100 MR	3:44.16 Hong Kong Team LAU Shiu Yue, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, WONG Chen Ho Jeremy	18 <sup>th</sup> Asian Games, Jakarta- Palembang, Aug 19-24, 2018
4x100 FR	3:21.22 Hong Kong Team LUM Ching Tat, NG Chun Nam Derick, CHEUNG Kin Tat Kent, WONG Kai Wai David 50.88 1:40.70 2:31.65	5 <sup>th</sup> East Asian Games, Dec 8, 2009
4x200 FR	7:27.16 Hong Kong Team CHEUNG Kin Tat Kent, NG Chun Nam Derick, LUM Ching Tat, WONG Kai Wai David 1:52.46 3:43.70 5:35.08	5 <sup>th</sup> East Asian Games, Dec 6, 2009

\*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 24<sup>th</sup> July 2023

## HONG KONG LONG COURSE RECORDS

### WOMEN'S EVENTS

*50 Free	24.56 HAUGHEY Siobhan Bernadette, SCA	Mare Nostrum 2023 – Canet-En-Roussillon, May 13-14, 2023
100 Free	52.27 HAUGHEY Siobhan Bernadette, SCA	Tokyo 2020 Olympic Games, July 23 – August 8, 2021
200 Free	1:53.92 HAUGHEY Siobhan Bernadette, SCA	Tokyo 2020 Olympic Games, July 23 – August 8, 2021
400 Free	4:05.84 HAUGHEY Siobhan Bernadette, SCA	2023 TYR Pro Swim Series - Florida, Mar. 1-4, 2023
800 Free	8:41.66 AU Hoi Shun Stephanie, *DW	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	27.98 AU Hoi Shun Stephanie, DWA	Mare Nostrum 2019 – Monaco, Jun 8-9, 2019
100 Back	1:00.22 AU Hoi Shun Stephanie, DWA	FINA Swimming World Cup – Singapore, Aug 15-17, 2019
200 Back	2:09.33 LAU Yin Yan Claudia, DLS	Div.1 AG LC Swim Comp. Part 3, Jul. 2-3, 2016
50 Breast	31.21 HAUGHEY Siobhan Bernadette, SCA	2023 TYR Pro Swim Series - Florida, Mar. 1-4, 2023
100 Breast	1:07.69 KONG Yvette Man Yi, SCA	12 <sup>th</sup> Swim Cup Eindhoven 2016, Apr 6 - 10, 2016
200 Breast	2:27.96 KONG Yvette Man Yi, SCA	Edinburgh International Swim Meet, Mar 11-13, 2016
50 Fly	26.55 TAM Hoi Lam, CUC	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Fly	58.12 HAUGHEY Siobhan Bernadette, SCA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
200 Fly	2:13.91 NAM Carmen, TPS	Zoggs Queensland Swim Champ 09, Dec 18, 2009
200 IM	2:12.10 HAUGHEY Siobhan Bernadette, SCA	2017 Arena Pro Swim Series - Santa Clara, USA, June 1-4, 2017
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
4x100 MR	4:01.77 Hong Kong Team AU Hoi Shun Stephanie, YEUNG Jamie Zhen Mei, HAUGHEY Siobhan Bernadette, TAM Hoi Lam 1:01.25 2:09.19 3:06.15	Div.1 AG LC Swim Comp. Part 2, May. 29-30, 2021
*4x100 FR	3:39.93 Hong Kong Team CHENG Camille Lily Mei, HAUGHEY Siobhan Bernadette, TAM Hoi Lam, AU Hoi Shun Stephanie 56.05 1:48.64 2:44.00	World Aquatics Championships - Fukuoka, Jul 14-30, 2023
4x200 FR	8:04.55 Hong Kong Team CHENG Camille Lily Mei, AU Hoi Shun Stephanie, SZE Hang Yu, HAUGHEY Siobhan Bernadette 2:01.43 4:03.99 6:04.31	Incheon 2014 Asian Games, Sept 20 <sup>th</sup> -26 <sup>th</sup> 2014

\*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 24<sup>th</sup> July 2023

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## HONG KONG LONG COURSE RECORDS

### MIXED'S EVENTS

4x100 FR 3:35.26 Hong Kong Team 19<sup>th</sup> FINA World Championships – Budapest, Jun 18- Jul 3, 2022  
HO Ian Yentou, LIM Nicholas Owen Zhaoguang, CHENG Camille Lily Mei, CHENG Chloe  
50.12 1:41.42 2:38.09

4x100 MR 3:50.22 Hong Kong Team 18<sup>th</sup> Asian Games, Jakarta- Palembang , Aug 19-24 , 2018  
AU Hoi Shun Stephanie, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, CHENG Camille Lily Mei  
1:00.52 2:01.15 2:54.90

### Hong Kong Best Time

#4x100 FR 3:32.55 Hong Kong Team 18<sup>th</sup> FINA World Championships – Gwangju 2019, Jul 21-28, 2019  
LIM Nicholas Owen Zhaoguang, HO Ian Yentou, TAM Hoi Lam, CHENG Camille Lily Mei  
51.99 1:41.52 2:37.76

\*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 24<sup>th</sup> July 2023

## HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

### MEN'S EVENTS

50 Free	23.65	NG Chun Nam Derick, WTS	Australian Age Swim. Champ., Apr 07,2010
100 Free	51.24	NG Chun Nam Derick, WTS	HK Age Group LC SW Championships 2009-10, Oct. 24,2009
200 Free	1:52.59	Cheuk Ming Ho, CPS	17 <sup>th</sup> ISF Gymnasiade - Swimming, May 2-9 2018
400 Free	3:57.77	CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
800 Free	8:25.47	CHEUK, Ming Ho, CPS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
1500 Free	16:00.66	CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
50 Back	26.81	NG Cheuk Yin TPS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
100 Back	57.73	HO Siu Lun, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
200 Back	2:07.52	NG Cheuk Yin, TPS	HK Open Swimming Champ 2018, Aug. 10-12,2018
50 Breast	28.87	MAK Sai Ting Adam, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
100 Breast	1:03.01	MAK Sai Ting Adam, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Breast	2:14.41	MAK Sai Ting Adam, HTA	65 <sup>th</sup> Festival of Sport LC Time Trial, Apr 23, 2022
50 Fly	24.74	NG Cheuk Yin, TPS	61 <sup>st</sup> FOS – LC SW Time Trial, Apr 14-15 2018
100 Fly	54.42	NG Chun Nam Derick, WTS	8 <sup>th</sup> Asian Swimming Champ., Nov 25, 2009
200 Fly	2:02.24	LAU Kin Hei James, HTA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
200 IM	2:05.10	LAU Kin Hei James, HTA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
400 IM	4:32.42	WHITTINGTON Peter Harry, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
4x100 MR	4:03.50	Hong Kong Team MOK Kai Tik Marcus, CHAN Chun Lok, CHAN Pak Hin, LUI Nok Ryan	8 <sup>th</sup> Asian Age Group Swim. Champ, Oct 1-4, 2015
4x100 FR	3:41.42	Hong Kong Team TAM Sze Shing Thomas, LAM Chak Hang, CHAN Pak Hin, Temana Andrew SHORT	52 <sup>nd</sup> Milo Pram Malaysia AG Champ, Mar 29 – Apr 4,2016
4x200 FR	8:06.77	WTS TAM Sze Shing Thomas, LEUNG Chun Hei Bryan, FONG Ching Yuen, MOK Kai Tik Marcus	Div.1 AG LC Swim Comp. Part 1, May.14-15, 2016

\*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 24<sup>th</sup> July 2023

## HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

### WOMEN'S EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 <sup>th</sup> FINA World Junior Swimming Champ., Aug 26-31,2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 <sup>th</sup> FINA World Junior Swimming Champ., Aug 26-31,2013
200 Free	1:59.77 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 <sup>th</sup> East Asian Games, Oct 10-15,2013
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
800 Free	8:50.21 AU Hoi Shun Stephanie, *DW	3 <sup>rd</sup> H.K. Int' Open Swimming Champ, Aug 31, 2007
1500 Free	16:58.79 Anderson Charlotte Kiki, HIS	2014 Scottish Gas National AG Swim Champ, Jun 25-29,2014
50 Back	29.52 KAN Cheuk Tung Natalie, HVA	HKSSF Div. 2 Inter-School Swim. Comp, Oct 10, 2017
100 Back	1:03.30 CHEUNG Sum Yuet Cindy, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Back	2:16.10 CHEUNG Sum Yuet Cindy, TPS	HK Age Group LC SW Championships 2021-22, Nov 5-7, 2021
50 Breast	32.45 MAN Wui Kiu, CPS	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
100 Breast	1:11.30 KONG Yvette Man Yi, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct 17, 2008
200 Breast	2:32.79 MA Hei Tung Fiona, SLA	5 <sup>th</sup> East Asian Games, Dec 9, 2009
50 Fly	27.45 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
100 Fly	1:00.54 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
200 Fly	2:14.06 MOK Sze Ki, HVA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
200 IM	2:13.35 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 <sup>th</sup> East Asian Games, Oct 10-15,2013
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 <sup>th</sup> East Asian Games, Oct 10-15,2013
4x100 MR	4:19.55 Hong Kong Team FUNG Suet Ying Chloe, CHENG Chloe, LAU Ping Yi Audrey, TSE On Ching	2 <sup>nd</sup> Youth Games of the People's Republic of China, Aug 8-18, 2019
4x100 FR	3:55.42 Hong Kong Team LAU Ping Yi Audrey, CHU Sarah Ting Yan, MOK Sze Ki, LEE Yan Hei	10 <sup>th</sup> Asian Age Group Swimming Championships, Sep 24-27, 2019
4x200 FR	8:32.64 Hong Kong Team LAU Ping Yi Audrey, CHENG Chloe, TSE On Ching, DU Zheng	2 <sup>nd</sup> Youth Games of the People's Republic of China, Aug 8-18, 2019

\*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 24<sup>th</sup> July 2023

## HONG KONG AGE GROUP LONG COURSE RECORDS

### BOYS' 10 & UNDER EVENTS

50 Free	29.13 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
100 Free	1:02.87 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
200 Free	2:15.96 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
50 Back	32.29 HO Siu Lun, DLS	The 5 <sup>th</sup> HK Games. May 2-3, 2015
100 Back	1:12.02 LAU Hoi Hang, LWS	Div. 1 AG LC Swim Comp. Part 1. Jul. 18-19, 2015
50 Breast	36.43 TAM Ka Ming, HVA	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
100 Breast	1:18.73 TAM Ka Ming, *CY	HKSSF Inter-Area Primary Swim Comp., Nov 29, 2008
50 Fly	31.15 HO Siu Lun, DLS	HKSSF Inter-Area Primary Swim Comp, Nov 22, 2014
100 Fly	1:10.22 HUNG Leung-fung, PSC	Div. 1 AG LC Swim Comp. Part 1, May 23, 2004
200 IM	2:32.07 LAU Kin Hei James, HTA	Div. 1 AG LC Swim Comp. Part 3, Sep. 21-22, 2019

## HONG KONG AGE GROUP LONG COURSE RECORDS

### GIRLS' 10 & UNDER EVENTS

50 Free	28.50 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 1, May 25, 2008
100 Free	1:02.44 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 2, Jun. 29, 2008
200 Free	2:16.52 LOK Hoi Man, WTS	HK Age Group LC SW Championships 2011-12, Nov. 5,2011
50 Back	33.49 MA Wing Yu, *WA	HK Age Group LC SW Championships 2015-16, Nov. 6-8,2015
100 Back	1:11.95 CHENG Jessica Chloe, TPS	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
50 Breast	35.23 Lam Chelsie, DLS	3 <sup>rd</sup> All Hong Kong Inter-Area Primary Schools Swimming Competition 2018-2019, 8 June, 2019
100 Breast	1:18.24 YIP Hiu Lok, *WA	HK Age Group LC SW Championships 2015-16, Nov. 6-8,2015
50 Fly	30.56 LEE Si Yao Peony, TPS	2 <sup>nd</sup> All Hong Kong Inter-Area Primary Schools Swimming Competition 2017-2018, 9 June, 2018
100 Fly	1:09.78 LAU Ping Yi Audrey, HTA	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
200 IM	2:32.15 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul. 27, 2008

\*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

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## HONG KONG AGE GROUP LONG COURSE RECORDS

### BOYS' 11 – 12 YEARS EVENTS

50 Free	25.59	LI Sing Hoi, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	56.91	YICK Sum Kiu, SLA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
200 Free	2:01.93	Han Pak Kiu, HTA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
400 Free	4:16.08	Han Pak Kiu, HTA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
50 Back	29.28	CHAN Tsz Kwan, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct 18, 2019
100 Back	1:03.66	HO Siu Lun, DLS	The 6 <sup>th</sup> Hong Kong Games, May 13-14, 2017
200 Back	2:19.13	MOK Kai Tik Marcus, WTS	HK Age Group LC SW Championships 2013-14, Nov. 8-10, 2019
50 Breast	30.86	TAM Ka Ming, *CY	HKSSF Div. 1 Inter-School Swim. Comp, Oct 14, 2010
100 Breast	1:09.05	LAU Kin Hei James, HTA	HK Open Swimming Championships 2021, Aug. 6-8, 2021
200 Breast	2:30.15	WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp, 28 Oct, 2015
50 Fly	27.23	CHAN Wai Ching Adrian, WTS	HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
100 Fly	1:00.08	LAU Kin Hei James, HTA	Hong Kong Long Course Swimming Time Trial IV, June 20, 2021
200 Fly	2:13.93	LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
200 IM	2:15.50	LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

## HONG KONG AGE GROUP LONG COURSE RECORDS

### GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.80	HAUGHEY Siobhan Bernadette, SCA	HKSSF Div 1 Inter-School Swim. Comp, Oct 14, 2010
100 Free	57.77	HAUGHEY Siobhan Bernadette, SCA	6 <sup>th</sup> HK Open Swimming Champ., Sep 4, 2010
200 Free	2:06.55	HAUGHEY Siobhan Bernadette, SCA	6 <sup>th</sup> HK Open Swimming Champ., Sep 4, 2010
400 Free	4:28.03	NAM Carmen, TPS	7 <sup>th</sup> Asian Swimming Champ, Mar. 07, 2006
50 Back	31.00	HO Tin Wing, HTA	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
100 Back	1:06.02	KWOK Sabrina Christine, SCA	Zoggs Queensland Swim Champ 09, Dec 13, 2009
200 Back	2:21.61	HO Tin Wing, HTA	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
50 Breast	33.64	MAN Wui Kiu, CPS	HK Open Swimming Championships 2022, Aug. 19-21, 2022
100 Breast	1:12.78	YIP Tsz-wa, DLS	HKSSF Div. 1 Inter-School Swim Comp., Oct 15, 2003
200 Breast	2:35.62	MA Hei-tung, DLS	LI FOS-Olympic Time Trial II, Apr 20, 2008
50 Fly	28.87	LAI Chu Yi, WTS	7 <sup>th</sup> HK Open Swimming Champ., Sep 4, 2011
100 Fly	1:02.95	MOK Sze Ki, HVA	HK Open Swimming Champ 2019, Aug 9-11, 2019
200 Fly	2:18.68	MOK Sze Ki, HVA	Div. 1 AG LC Swim Comp. Part 1, Jul 13-14, 2019
200 IM	2:21.79	HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul 25, 2010

\*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

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## HONG KONG AGE GROUP LONG COURSE RECORDS

### BOYS' 13 – 14 YEARS EVENTS

50 Free	24.18 LAU Kin Hei James, HTA	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
100 Free	52.80 CHEUK Ming Ho, CPS	The 6 <sup>th</sup> Hong Kong Games, May 13-14, 2017
200 Free	1:55.46 LAU Kin Hei James, HTA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
400 Free	4:07.24 WANG Yi Shun, CPS	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
800 Free	8:37.69 WONG Ming Hong, HTA	Div. 1 AG LC Swim Comp. Part 3, Feb. 28 - Mar. 1, 2015
1500 Free	16:14.23 CHEUK Ming Ho, CPS	60 <sup>th</sup> FOS – LC Time Trial, Apr.15-16,2017
50 Back	27.12 HO Siu Lun, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26,2018
100 Back	58.17 HO Siu Lun, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26,2018
200 Back	2:09.86 YUK Shing Chi, PSC	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
50 Breast	29.08 TSUI Yik Ki, PSC	HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
100 Breast	1:05.00 LAU Kin Hei James, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
200 Breast	2:18.11 WONG Benson, DLS	HK Open Swimming Champ 2017, July 28-30, 2017
<b>*50 Fly</b>	<b>24.90 LAU Kin Hei James, HTA</b>	<b>Div. 1 AG LC Swim Comp. Part 2, Jun 18, 2023</b>
100 Fly	55.07 LAU Kin Hei James, HTA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
200 Fly	2:02.24 LAU Kin Hei James, HTA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
200 IM	2:05.10 LAU Kin Hei James, HTA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
400 IM	4:35.30 LAU Kin Hei James, HTA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023

## HONG KONG AGE GROUP LONG COURSE RECORDS

### GIRLS' 13 – 14 YEARS EVENTS

50 Free	25.87 LI Sum Yiu, WDA	HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
100 Free	56.07 HAUGHEY Siobhan Bernadette, SCA	Age Group LC Champ, Nov 05, 2011
200 Free	2:02.00 CHENG Chloe, PSC	HKSSF Div. 1 Inter-School Swim. Comp., Oct 25, 2019
400 Free	4:19.32 CHENG Chloe, PSC	Div. 1 AG LC Swim Comp. Part 3, Sep. 21-22, 2019
800 Free	8:56.31 HO Wai Nam, WTS	Thailand Age Group Swimming Championships 2017
1500 Free	17:17.68 NAM Carmen, TPS	World Champ 2007 – Melbourne, Mar 26, 2007
50 Back	29.95 LOO Tsz Ki Cherrie, DWA	Div.1 AG LC Swim Comp. Part 3, Jan 27, 2019
100 Back	1:04.18 CHEUNG Sum Yuet Cindy, TPS	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
200 Back	2:17.61 LAU Yin Yan Claudia, DLS	Hong Kong Open Champ. 07, Sep 2007
50 Breast	32.45 MAN Wui Kiu, CPS	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
100 Breast	1:11.31 MA Hei Tung Fiona, SLA	5 <sup>th</sup> East Asian Games, Dec 8, 2009
200 Breast	2:32.79 MA Hei Tung Fiona, SLA	5 <sup>th</sup> East Asian Games, Dec 9, 2009
50 Fly	27.45 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
100 Fly	1:00.54 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
200 Fly	2:14.96 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
200 IM	2:18.44 HAUGHEY Siobhan Bernadette, SCA	Australian Age Championships, Apr 9-14,2012
400 IM	4:55.42 LAM Hoi Kiu, HTA	18 <sup>th</sup> Asian Games, Jakarta- Palembang, Aug 19-24 , 2018

\*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 24<sup>th</sup> July 2023

## HONG KONG AGE GROUP LONG COURSE RECORDS

### BOYS' 15 – 17 YEARS EVENTS

50 Free	22.99 LUM Ching Tat Jeffrey, HFS	8 <sup>th</sup> Asian Swimming Champ., Nov 28, 2009
100 Free	50.48 LUM Ching Tat Jeffrey, HFS	1 <sup>st</sup> Asian Youth Games, Jul 06, 2009
200 Free	1:50.11 CHEUK Ming Ho, CPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
400 Free	3:53.05 CHEUK Ming Ho, CPS	62 <sup>nd</sup> FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 <sup>th</sup> Asian Games, Jakarta- Palembang, Aug 19-24, 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 <sup>th</sup> Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.27 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 19,2018
100 Back	57.38 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
200 Back	2:05.82 NG Cheuk Yin, TPS	7 <sup>th</sup> Hong Kong Games, May 18-19, 2019
50 Breast	28.87 MAK Sai Ting Adam, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
<b>*100 Breast</b>	<b>1:02.38 MAK Sai Ting Adam, HTA</b>	<b>Mare Nostrum 2023 – Barcelona, May 17-18, 2023</b>
200 Breast	2:11.89 MAK Sai Ting Adam, HTA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
100 Fly	54.42 NG Chun Nam Derick, WTS	8 <sup>th</sup> Asian Swimming Champ., Nov 25, 2009
200 Fly	2:02.70 LIM Nicholas Owen Zhaoguang, LRC	18 <sup>th</sup> Asian Games, Jakarta- Palembang, Aug 19-24, 2018
200 IM	2:05.98 LAU Ping Chi, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 25, 2019
400 IM	4:26.78 WHITTINGTON, Peter Harry, DLS	Hong Kong National Olympic Time Trial, Mar 21, 2021

## HONG KONG AGE GROUP LONG COURSE RECORDS

### GIRLS' 15 – 17 YEARS EVENTS

50 Free	25.38 HAUGHEY Siobhan Bernadette, SCA	4 <sup>th</sup> FINA World Junior Swimming Champ., Aug 26-31,2013
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 <sup>th</sup> FINA World Junior Swimming Champ., Aug 26-31,2013
200 Free	1:59.66 HAUGHEY Siobhan Bernadette, SCA	Incheon 2014 Asian Games, Sep 20-26,2014
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
800 Free	8:41.66 AU Hoi Shun Stephanie, *DW	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	28.83 CHEUNG Sum Yuet Cindy, TPS	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Back	1:01.92 WONG ToTo Kwan To, HTA	10 <sup>th</sup> Asian Swimming Championships, Nov 17-20, 2016
200 Back	2:10.35 CHEUNG Sum Yuet Cindy, TPS	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
50 Breast	31.82 KONG Yvette Man Yi, SCA	5 <sup>th</sup> East Asian Games, Dec 6, 2009
100 Breast	1:08.43 KONG Yvette Man Yi, SCA	8 <sup>th</sup> Asian Swimming Champ., Nov 27, 2009
200 Breast	2:31.65 KONG Yvette Man Yi, SCA	5 <sup>th</sup> East Asian Games, Dec 9, 2009
50 Fly	27.47 KAN Cheuk Tung Natalie, HVA	7 <sup>th</sup> FINA World Junior Swimming Champ 2019, Aug 20-25, 2019
100 Fly	1:00.48 KAN Cheuk Tung Natalie, HVA	HK Open Swimming Champ 2019, Aug 9-11, 2019
200 Fly	2:13.91 NAM Carmen, TPS	Zoggs Queensland Swim Champ 09, Dec 18, 2009
200 IM	2:13.07 HAUGHEY Siobhan Bernadette, SCA	16 <sup>th</sup> FINA World Championships – Kazan 2015, Aug 2,2015
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

\*: Pending for Swimming Committee's Ratification #Hong Kong Best Time

**Programme**

MEN & WOMEN								
	50m	100m	200m	400m	800m	1500m	4 x 100m	4 x 200m
Freestyle	•	•	•	•	•	•		
Backstroke	•	•	•					
Breaststroke	•	•	•					
Butterfly	•	•	•					
Individual Medley			•	•				
Freestyle Relay							•	•
Medley Relay							•	
Mixed Freestyle Relay							•	
Mixed Medley Relay							•	

**Standard Entry Times**

WOMEN			MEN	
W - "B"	W - "A"		M - "A"	M - "B"
25.92	25.04	50m Freestyle	22.12	22.89
56.15	54.25	100m Freestyle	48.51	50.21
2:02.81	1:58.66	200m Freestyle	1:47.06	1:50.81
4:19.34	4:10.57	400m Freestyle	3:48.15	3:56.14
8:56.03	8:37.90	800m Freestyle	7:53.11	8:09.67
17:04.20	16:29.57	1500m Freestyle	15:04.64	15:36.30
29.21	28.22	50m Backstroke	25.16	26.04
1:02.71	1:00.59	100m Backstroke	54.03	55.92
2:15.67	2:11.08	200m Backstroke	1:58.07	2:02.20
32.11	31.02	50m Breaststroke	27.33	28.29
1:09.71	1:07.35	100m Breaststroke	59.75	1:01.84
2:31.02	2:25.91	200m Breaststroke	2:10.32	2:14.88
27.24	26.32	50m Butterfly	23.53	24.35
1:00.37	58.33	100m Butterfly	51.96	53.78
2:13.73	2:09.21	200m Butterfly	1:56.71	2:00.79
2:17.63	2:12.98	200m Individual Medley	1:59.53	2:03.71
4:52.97	4:43.06	400m Individual Medley	4:17.48	4:26.49
3:42.20		4x100m Freestyle		3:15.80
8:01.80		4x200m Freestyle		7:14.06
4:02.26		4x100m Medley		3:35.86

WOMEN		MEN	
1 Team	4 x 100 m Freestyle	1 Team	
1 Team	4 x 200 m Freestyle	1 Team	
1 Team	4 x 100 m Medley	1 Team	

Mixed 4 x 100 m Freestyle	1 Team
Mixed 4 x 100 m Medley	1 Team

2023-2024 Div.I Age Group Long Course & Short Course Swimming Competitions Qualifying Times

2023-2024 第一組分齡長池及短池游泳比賽達標時間

		10 & Under 十歲或以下		11 & 12 十一歲及十二歲		13 & 14 十三及十四歲		15 & Over 十五歲或以上	
		Girls 女	Boys 男	Girls 女	Boys 男	Girls 女	Boys 男	Girls 女	Boys 男
50M 米	Freestyle 捷泳	0:34.60	0:33.42	0:31.07	0:29.66	0:30.10	0:27.38	0:30.10	0:26.61
100M 米	Freestyle 捷泳	1:16.06	1:13.84	1:08.09	1:05.90	1:05.44	1:00.41	1:05.44	0:58.05
200M 米	Freestyle 捷泳	2:51.19	2:42.40	2:27.26	2:24.51	2:26.36	2:14.90	2:25.97	2:10.36
400M 米	Freestyle 捷泳	~	~	5:08.80	4:59.42	5:06.94	4:39.74	5:06.94	4:39.74
800M 米	Freestyle 捷泳	~	~	~	~	10:21.45	9:46.58	10:13.55	9:39.10
1500M 米	Freestyle 捷泳	~	~	~	~	20:01.97	19:03.56	19:39.46	18:42.33
50M 米	Backstroke 背泳	0:41.54	0:39.59	0:36.87	0:36.67	0:36.27	0:33.47	0:36.25	0:32.24
100M 米	Backstroke 背泳	1:28.55	1:28.38	1:20.26	1:18.44	1:17.04	1:12.33	1:17.02	1:09.76
200M 米	Backstroke 背泳	~	~	2:57.55	2:49.19	2:56.37	2:40.72	2:51.67	2:38.55
50M 米	Breaststroke 蛙泳	0:45.40	0:43.27	0:40.49	0:39.86	0:40.05	0:35.43	0:40.05	0:34.89
100M 米	Breaststroke 蛙泳	1:41.46	1:39.55	1:31.32	1:26.36	1:29.70	1:19.08	1:29.67	1:18.00
200M 米	Breaststroke 蛙泳	~	~	3:11.50	3:07.77	3:08.60	2:53.45	3:08.60	2:53.11
50M 米	Butterfly 蝶泳	0:39.17	0:38.04	0:33.83	0:32.91	0:33.50	0:30.21	0:33.49	0:28.89
100M 米	Butterfly 蝶泳	1:41.94	1:34.29	1:22.06	1:18.96	1:18.29	1:09.43	1:17.34	1:05.52
200M 米	Butterfly 蝶泳	~	~	3:06.20	3:00.24	2:56.44	2:47.13	2:43.38	2:35.01
100M 米	Ind. Medley 個人四式	1:26.00	1:24.99	1:18.40	1:16.46	1:15.96	1:08.61	1:14.48	1:05.72
200M 米	Ind. Medley 個人四式	3:11.48	3:08.44	2:52.84	2:48.63	2:47.14	2:34.69	2:46.93	2:28.16
400M 米	Ind. Medley 個人四式	~	~	~	~	6:02.68	5:36.37	6:02.68	5:36.12
		Girls 女	Boys 男						
4×200M	Freestyle Relay 自由接力	9:53.39	9:33.33						
4×100M	Medley Relay 四式接力	4:57.17	4:37.20						
4×100M	Freestyle Relay 自由接力	4:33.07	4:18.40						

## 2023-24 Div 1 Age Group Long Course Swimming Competition (Part 1)

### Reject List

No.	Name	Event	Club	Remarks
1	Leung Cheuk Fung Jasper	26	DLS	Have Swimming Record
2	Wan Pisces	19	DLS	Have Swimming Record
3	Ng Wai Ting Tiana	21	DWA	Wrong Event
4	Fong Tsz Long Jose	40	DWA	Wrong Information of Past Competition
5	Leung Ho Ting	36	DWA	Wrong Event
6	Leung Ho Ting	36	DWA	Wrong Information of Past Competition
7	Cheng Cin Sum Summer	17	HTA	Wrong Time
8	Cheng Cin Sum Summer	35	HTA	Wrong Time
9	Cheng Cin Sum Summer	45	HTA	Wrong Time
10	Kwok Chun Kiu Joshua	26	KCD	Have Swimming Record
11	So Hei Shun	47	KTS	Wrong Time
12	Chan Chin Kan	26	LWS	Entry Time Slower Than D1QT
13	Ching Tin Long	26	LWS	Have Swimming Record
14	Ching Tin Long	52	LWS	Wrong Event
15	Wan Chun Lim	14	PSC	Wrong Time
16	Wan Ho Long	2	PSC	Wrong Event
17	Wan Ho Long	12	PSC	Wrong Event
18	Wan Ho Long	50	PSC	Wrong Event
19	Au Pak Tung Parco	32	PSC	Wrong Event
20	Chan Wing Ki	23	PSC	Wrong Event
21	Tam Tsz Ho	6	PSC	Wrong Event
22	Tam Tsz Ho	24	PSC	Have Swimming Record
23	Tam Tsz Ho	52	PSC	Have Swimming Record
24	Chan Ka Chung	26	SLA	No Reg
25	Wan Michael Tsz Shun	14	TPS	Wrong Information of Past Competition
26	Wong Hin Yi	3	TPS	Wrong Time
27	Young Sze Ki	5	TPS	Wrong Time
28	Chan Tsz Kiu	22	WDA	Have Swimming Record
29	Chin Wai Lok	40	WTS	Wrong Information of Past Competition
30	Tang Hai Ting Prudence	37	YMC	Wrong Information of Past Competition
31	Chung Wai Him	112	*CP	Wrong Event

## 2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

## Psych Sheet

## Event 1 Girls 13-14 800 LC Meter Freestyle

HKR: 8:41.66 AU Hoi Shun Stephanie, \*DW

WCA: 8:37.90

WCB: 8:56.03

AGR: 8:56.31

JR: 8:50.21

10:21.45 QT Qualifying Time

Meet Qualifying: 10:21.45

	ID#	Name	Age	Team	Seed Time
1	39905 IAZ	Lan, Jasmine Lauren	13	Jockey Club	10:21.45 QT
2	42458 IAZ	Hon, Tsz Tung	13	Hoi Tin	10:21.45 QT
3	42893 IAZ	Tse, Lok Lam	13	Hoi Tin	10:21.45 QT
4	44554 B	Lee, Wing Sze	13	Happy Valley	10:21.45 QT
5	42637 B	So, Yin Yan	13	Happy Valley	10:21.45 QT
6	36832 IAZ	Lee, Hon Sum Samantha	14	South China	10:21.45 QT
7	36963 IAZ	Chan, Mei Yan	14	Tai PO	10:21.45 QT
8	38028 B	Leung, Evelyn Yi	14	Tai PO	10:21.45 QT
9	40738 B	Li, Sum Yiu	14	White Dolphin	10:21.45 QT
10	42574 B	Tian, Mui Hing	14	White Dolphin	10:21.45 QT
11	39706 B	Yip, Tsz Laam	13	White Dolphin	10:21.45 QT
12	36944 B	Chan, Yi Lok	13	Win Tin	10:21.45 QT
13	36936 IAZ	Ho, Pui Yan	13	Win Tin	10:21.45 QT

## Event 2 Boys 13-14 1500 LC Meter Freestyle

HKR: 15:38.76 CHEUK Ming Ho, CPS

WCA: 15:04.64

WCB: 15:36.30

AGR: 16:14.23

JR: 16:00.66

19:03.56 QT Qualifying Time

Meet Qualifying: 19:03.56

	ID#	Name	Age	Team	Seed Time
1	38214 IAZ	Chan, Wai Ching Adrian	13	Win Tin	16:16.66 QT
2	35931 B	Lam, Marcus Pak Hei	13	Win Tin	17:40.23 QT
3	43587 IAZN	Chan, Yin Hang	13	Sun Yip	18:03.96 QT
4	42097 B	Wong, Ki Chung Kenji	14	Marlins	19:03.56 QT
5	39933 B	Chan, Leong Medwin	13	HK Sportworld	19:03.56 QT
6	46245 B	Dai, Ho Cheung	13	HK Sportworld	19:03.56 QT
7	43476 #B	Lam, Sze Chai	13	HK Sportworld	19:03.56 QT
8	46416 B	Lin, Pak Yin	13	HK Sportworld	19:03.56 QT
9	42638 IAZ	Ong, Sheng Shu David	13	HK Sportworld	19:03.56 QT
10	39332 #B	Wu, Yik Hei	13	HK Sportworld	19:03.56 QT
11	36895 B	Lo, Kei Hon Andre	14	Hoi Tin	19:03.56 QT
12	38881 B	Chong, Tik Hei Dick	13	Pacific	19:03.56 QT
13	38564 IAZ	Fung, Kwun Yui	13	Pacific	19:03.56 QT
14	38725 B	Hong, Yan Shek	13	Pacific	19:03.56 QT
15	45162 #IAZ	Lau, Chin Fung	13	Pacific	19:03.56 QT
16	43322 IAX	Tam, Tsz Fai	13	Pacific	19:03.56 QT
17	43609 P	Wu, Lok Kan	13	Pacific	19:03.56 QT
18	49179 @ICX	Zhu, Xiuping	14	Pacific	19:03.56 QT
19	41422 B	Yick, Sum Kiu	13	Sea Lion	19:03.56 QT
20	39574 B	Lau, Yi Fung	13	Sun Yip	19:03.56 QT
21	43212 B	Tsang, Pak Kiu	13	Sun Yip	19:03.56 QT
22	39053 IAZ	Ma, Hoi Fan	13	White Dolphin	19:03.56 QT

2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

Psych Sheet

Event 3 Girls 15-17 800 LC Meter Freestyle

HKR: 8:41.66 AU Hoi Shun Stephanie, \*DW  
 WCA: 8:37.90  
 WCB: 8:56.03  
 AGR: 8:41.66  
 JR: 8:50.21

10:13.55 QT Qualifying Time

Meet Qualifying: 10:13.55

	ID#	Name	Age	Team	Seed Time
1	31841 IAZ	Ng, Lai Wa	17	Hoi Tin	8:53.10 QT
2	33715 IAZ	Ma, Gilaine	15	Tai PO	8:58.27 QT
3	32282 IAZ	Cheng, Denise	16	Pacific	9:07.16 QT
4	32517 B	Wong, Hoi Wai	17	Win Tin	9:19.88 QT
5	34477 B	Law, Wai Lam	15	Tai PO	9:21.48 QT
6	37788 IAZ	Chan, Hoi Lam	15	Tuen Mun	10:13.55 QT
7	37017 IAZ	Chan, Tsun Wing	16	Hoi Tin	10:13.55 QT
8	37157 #B	Lam, Lok Hei	17	Pacific	10:13.55 QT
9	31469 B	Lee, Si Yao Peony	15	South China	10:13.55 QT
10	30247 IAZ	Yau, Tsz Tung Aubrey	17	Sword Fish Club	10:13.55 QT
11	36580 B	Tang, Man Rao Jasmine	15	Tai PO	10:13.55 QT
12	33815 IAZ	Wong, Hin Yi	16	Tai PO	10:13.55 QT

Event 4 Boys 15-17 1500 LC Meter Freestyle

HKR: 15:38.76 CHEUK Ming Ho, CPS  
 WCA: 15:04.64  
 WCB: 15:36.30  
 AGR: 15:38.76  
 JR: 16:00.66

18:42.33 QT Qualifying Time

Meet Qualifying: 18:42.33

	ID#	Name	Age	Team	Seed Time
1	29257 B	He, Shing Ip	17	Chi Pui	15:36.57 QT
2	29884 B	Kwong, Jacob Yat Nam	16	Win Tin	16:04.07 QT
3	30733 B	Lai, King Wo	16	Win Tin	16:11.61 QT
4	38539 B	Chan, Wah Royce	15	HK Sportworld	16:28.84 QT
5	33890 IAZ	Lai, Chun Wai	15	Lai Wa	16:49.24 QT
6	33935 B	Yau, Pak Ho	15	Chi Pui	17:00.17 QT
7	48237 IAZ	Wang, Yi Shun	15	Chi Pui	17:01.40 QT
8	37083 P	Kwan, Nicholas	15	Tai PO	17:11.02 QT
9	33829 IAO	Ko, Harry Hing	15	South China	17:14.29 QT
10	36547 IAZ	Wong, Yik Yan Sean	16	South China	17:19.52 QT
11	42549 B	Kirk, Ian James	15	Lai Wa	18:41.77 QT
12	41764 #IAZ	Chow, Yu Chak	16	SuperStar Sports	18:42.33 QT
13	45424 IAZ	Leung, Wai Lok	15	SuperStar Sports	18:42.33 QT
14	46259 IAZ	Tang, Chun Fan	15	SuperStar Sports	18:42.33 QT
15	38859 @IAO	Yang, Ruei Bin	17	Tuen Mun	18:42.33 QT
16	39277 B	Fung, Ho Chun	15	Chi Pui	18:42.33 QT
17	31715 IAZ	Tsang, Kei Hon Ian	15	Dik Wing	18:42.33 QT
18	41024 B	Li, Matthew	15	HK Sportworld	18:42.33 QT
19	38026 #IAZ	Wu, Yik Ham	15	HK Sportworld	18:42.33 QT
20	34407 #B	Wu, Ting Yuk Cobi	15	Hoi Tin	18:42.33 QT
21	32738 IAZ	Man, Ho Him	17	Lai Wa	18:42.33 QT
22	33767 IAZ	Lee, Cheston	15	Pacific	18:42.33 QT
23	39207 B	Tam, Tsz Ho	16	Pacific	18:42.33 QT

2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

Psych Sheet

Event 4 ... (Boys 15-17 1500 LC Meter Freestyle)

24	41023 B	Wan, Ho Long	15	Pacific	18:42.33	QT
25	33385 B	Lu, Pat Fan	17	Sun Yip	18:42.33	QT
26	39015 P	Chan, Tsz Kwan	16	Tai PO	18:42.33	QT
27	37686 #B	Chang, Hok Hin	15	Tai PO	18:42.33	QT
28	29545 IAZN	Cheung, Cheuk To	17	Tai PO	18:42.33	QT
29	35805 B	So, Chun Hin	16	Tai PO	18:42.33	QT
30	43919 IAZ	Chui, Hoi Haang	15	White Dolphin	18:42.33	QT
31	33922 P	So, Kwun Wa	15	White Dolphin	18:42.33	QT
32	33925 B	Wong, Tsz Ming	16	White Dolphin	18:42.33	QT
33	38227 IAZ	Lo, Tsz Lam	16	Win Tin	18:42.33	QT

Event 5 Girls 18 & Over 800 LC Meter Freestyle

HKR: 8:41.66 AU Hoi Shun Stephanie, \*DW

WCA: 8:37.90

WCB: 8:56.03

10:13.55 QT Qualifying Time

Meet Qualifying: 10:13.55

ID#	Name	Age	Team	Seed Time		
1	18545 IAZ	Lam, Pac Tung Nikita	22	Sun Yip	8:59.95	QT
2	29519 IAZ	Hung, Lok Ching	18	Happy Valley	9:18.94	QT
3	38248 P	Du, Zheng	19	Flying Dragon	10:13.55	QT
4	20766 B	Li, Yuet Sum Phyllis	21	Tai PO	10:13.55	QT
5	29139 B	Young, Sze Ki	20	Tai PO	10:13.55	QT

Event 6 Boys 18 & Over 1500 LC Meter Freestyle

HKR: 15:38.76 CHEUK Ming Ho, CPS

WCA: 15:04.64

WCB: 15:36.30

18:42.33 QT Qualifying Time

Meet Qualifying: 18:42.33

ID#	Name	Age	Team	Seed Time		
1	28345 B	Sum, Ka Lok Leo	19	White Dolphin	15:54.41	QT
2	03439 IAZ	Sin, Chin Ting Keith	28	South China	16:36.56	QT
3	30435 IAZ	Chan, Chin Kan	18	Lai Wa	18:42.33	QT
4	24053 B	Po, Hin Hang	20	Pacific	18:42.33	QT
5	36739 #IAZ	Wu, Hoi Fu	19	Sea Lion	18:42.33	QT
6	33407 IAZ	Chu, Ho Yin	18	Tai PO	18:42.33	QT
7	25050 B	Kung, Lok Sum	19	Tai PO	18:42.33	QT
8	33495 IAZ	Wan, Siu Chun	18	Tai PO	18:42.33	QT

Event 7 Girls 10 & Under 100 LC Meter Butterfly

HKR: 58.12 HAUGHEY Siobhan Bernadette SCA

WCA: 58.33

WCB: 1:00.37

AGR: 1:09.78

JR: 1:00.54

1:41.94 QT Qualifying Time

Meet Qualifying: 1:41.94

ID#	Name	Age	Team	Seed Time		
1	41234 B	Chan, Yik Naam	10	Hoi Tin	1:12.60	QT
2	45715 IAZ	Book, Sze Yan	10	Ti Dynamics	1:19.30	QT
3	46250 IAZ	Cheung, Ka Yu	10	Flying Fish	1:21.16	QT
4	46436 B	Li, Hok Yee Cheryl	8	Hoi Tin	1:28.13	QT
5	43672 P	Yung, Tsz Zeon	9	Hoi Tin	1:29.07	QT

## 2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

## Psych Sheet

## Event 7 ... (Girls 10 &amp; Under 100 LC Meter Butterfly)

6	45965 #B	He, Man Wai	10	Chi Pui	1:36.18	QT
7	48031 B	Tang, Hayley	9	SuperStar Sports	1:38.40	QT
8	46518 IAZ	Wang, Isabella	10	South China	1:39.27	QT
9	47584 B	Cheung, Sum Yu	9	Flying Fish	1:39.59	QT
10	48902 IAZ	Wei, Kate	10	South China	1:40.15	QT
11	48806 B	Wong, Yuet Chee	9	Winner	1:41.94	QT

## Event 8 Boys 10 &amp; Under 100 LC Meter Butterfly

HKR: 53.38 NG Cheuk Yin, TPS

WCA: 51.96

WCB: 53.78

AGR: 1:10.22

JR: 54.42

1:34.29 QT Qualifying Time

Meet Qualifying: 1:34.29

	ID#	Name	Age	Team	Seed Time	
1	46391 @IAX	Jiang, Mingjian	10	Pacific	1:09.94	QT
2	43667 B	So, Cheuk Tik Chester	10	Hoi Tin	1:12.30	QT
3	46299 IAZ	Lo, Kei Yan Ian	10	Hoi Tin	1:12.66	QT
4	44270 IAZ	Luk, Chun Yu	10	Winner	1:13.55	QT
5	44968 #B	Li, Lok Chi Adrian	10	Hoi Tin	1:16.08	QT
6	45662 @	Lee, Hiu Pang	10	Flying Fish	1:21.44	QT
7	46532 IAZ	Wan, Iron	10	Dali Swimming Club	1:22.81	QT
8	46190 IAZ	Chong, Ka Lok	10	Kowloon City	1:24.18	QT
9	48169 B	Lam, Dong Lok Daniel	10	New Wave	1:24.67	QT
10	43578 IAZ	Lam, Tsz Sum Karl	10	Chi Pui	1:24.68	QT
11	48708 @IAX	Wong, Kwan Yu William	9	Chi Pui	1:26.19	QT
12	45993 IAZ	Au Yeung, Blake	10	Hoi Tin	1:30.40	QT
13	45416 B	Chiu, Pak To	10	Win Tin	1:30.57	QT
14	46226 B	Chan, Yu Pak	10	Win Tin	1:33.02	QT
15	44736 IAZ	Li, Shing Pan	10	Hoi Tin	1:34.07	QT
16	50319 @IAX	Ng, Hoi Yeung	10	Chi Pui	1:34.29	QT
17	51349 @^P	Du, Kingsley Tianhong	10	Kwun Tong	1:34.29	QT
18	46025 B	Chan, Yu Hong	10	Win Tin	1:34.29	QT
19	42050 B	Yu, Kung Yi	10	Win Tin	1:34.29	QT

## Event 9 Girls 11-12 200 LC Meter Butterfly

HKR: 2:13.91 NAM Carmen, TPS

WCA: 2:09.21

WCB: 2:13.73

AGR: 2:18.68

JR: 2:14.06

3:06.20 QT Qualifying Time

Meet Qualifying: 3:06.20

	ID#	Name	Age	Team	Seed Time	
1	38797 IAZ	Wong, Hei Ching Henrietta	11	Tai PO	2:26.05	QT
2	42151 IAZ	Lai, Cheuk Ling Maris	11	Happy Valley	2:31.68	QT
3	45571 B	Chan, Hei Ching	11	Keung Sung	2:32.67	QT
4	38394 B	Yeung, Tin Wing	12	Hoi Tin	2:33.95	QT
5	38029 B	Leung, Evita Yan	12	Tai PO	2:34.23	QT
6	44369 B	Cheung, Chi Ching Clara	12	Win Tin	2:44.06	QT
7	42688 B	Yeung, Lok Tung	11	Win Tin	2:50.78	QT
8	46144 B	Chan, Tsz Wing	11	Winner	3:06.20	QT

2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

Psych Sheet

Event 9 ... (Girls 11-12 200 LC Meter Butterfly)

9	40768 IAZ	Fung, Hoi Lui	12	Dali Swimming Club	3:06.20	QT
10	45558 IAZ	Wan, Pisces	12	Dali Swimming Club	3:06.20	QT
11	40306 IAZ	Chi, Yi Lam	12	Jockey Club	3:06.20	QT
12	42463 B	Ackber, Bertha	12	Hoi Tin	3:06.20	QT
13	40081 B	Lin, Yee Ka Chloe	12	Hoi Tin	3:06.20	QT
14	46607 IAZ	Yang, Grace	11	Hoi Tin	3:06.20	QT
15	41485 IAZ	Tang, Lok Yin	11	Happy Valley	3:06.20	QT
16	45743 @P	Zhu, Yuanyuan	12	Happy Valley	3:06.20	QT
17	44351 P	Huang, Zhiqi	12	Keung Sung	3:06.20	QT
18	51378 IAZ	Chong, Hei Tung	12	Lai Wa	3:06.20	QT
19	46253 @P	Lutz, Gabriella Chelsea	12	Lai Wa	3:06.20	QT
20	45531 IAZ	Zhong, Sin Yiu	11	North Sports	3:06.20	QT
21	41875 IAZ	Li, Hei Man	12	Sword Fish Club	3:06.20	QT
22	46124 #IAZ	Mathis, Kayla J	12	Tai PO	3:06.20	QT
23	40950 B	Sum, Yi Lok	12	Tai PO	3:06.20	QT
24	40949 B	Sum, Yi Man	12	Tai PO	3:06.20	QT
25	44674 B	Wan, Ching Yiu Iris	11	Tai PO	3:06.20	QT
26	49460 @IM	Xie, Yuqing	12	Tai PO	3:06.20	QT
27	45628 IAZ	Chan, Pui Ka	11	White Dolphin	3:06.20	QT
28	44562 B	Lau, Kaylie	11	Win Tin	3:06.20	QT
29	43137 IAZ	Yiu, Sum Yin	12	Win Tin	3:06.20	QT

Event 10 Boys 11-12 200 LC Meter Butterfly

HKR:	2:00.43	LIM Nicholas Owen Zhaoguang	LRC
WCA:	1:56.71		
WCB:	2:00.79		
AGR:	2:13.93		
JR:	2:02.24		
	3:00.24	QT Qualifying Time	

Meet Qualifying: 3:00.24

ID#	Name	Age	Team	Seed	Time	
1	40879 IAZ	Chen, Zheng Xuan Jason	11	Hoi Tin	2:26.73	QT
2	44445 IAZ	Chan, Tsz Hin	11	Winner	2:28.60	QT
3	36804 B	Chan, Kin Ting	12	Hoi Tin	2:33.01	QT
4	43109 B	Law, Sai Lai	12	Sun Yip	2:33.02	QT
5	39248 B	Chow, Yik Shun	12	Pacific	2:33.46	QT
6	43174 B	Lam, Chun Hin	12	Sun Yip	2:43.84	QT
7	47155 @IAX	Li, Chun Hei	11	SuperStar Sports	3:00.24	QT
8	43498 P	Tang, Tsz Yeung	12	SuperStar Sports	3:00.24	QT
9	45627 IAZ	Cheung, Ting Chun	11	Hoi Ngai	3:00.24	QT
10	46435 B	Chong, Cheuk Yin	11	New Wave	3:00.24	QT
11	43245 B	Wong, Pak Dick	12	Tuen Mun	3:00.24	QT
12	42625 #B	He, Yu Hao	12	Chi Pui	3:00.24	QT
13	42530 #P	Kwok, Wing Hin Raymond	12	Chi Pui	3:00.24	QT
14	49117 @I	Liu, Haoliang	12	Chi Pui	3:00.24	QT
15	42281 #IAZ	Tsang, Lok Him Casper	12	Chi Pui	3:00.24	QT
16	48707 @IAX	Wong, Kwan Ngai Johnny	11	Chi Pui	3:00.24	QT
17	44142 IAZ	Yau, Cheuk Hin	11	Chi Pui	3:00.24	QT
18	42836 IAZ	Chi, Yu Xi Seann	12	Jockey Club	3:00.24	QT
19	46564 IAZ	Hon, Man Sing	11	Hoi Tin	3:00.24	QT
20	39041 IAZ	Lam, Lok Sum	12	Hoi Tin	3:00.24	QT
21	40882 B	Lee, Chung Hei Aiden	12	Hoi Tin	3:00.24	QT

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Event 10 ... (Boys 11-12 200 LC Meter Butterfly)

22	40111 B	Wong, Yik Man Mike	12	South China	3:00.24	QT
23	46182 B	Sung, Pak Kiu	12	Sun Yip	3:00.24	QT
24	47679 B	Tsui, Ka Hei	12	Sun Yip	3:00.24	QT
25	47542 IAZ	Leung, Chasen Pak Ho	11	Tai PO	3:00.24	QT
26	45152 B	Wong, Yat Long	12	Tai PO	3:00.24	QT
27	43918 @IAX	Chui, Ue Haang	12	White Dolphin	3:00.24	QT
28	43916 B	Li, Ka Yiu	11	White Dolphin	3:00.24	QT
29	42008 B	Law, Tsz Lok	11	Win Tin	3:00.24	QT
30	39065 B	Leung, Ching To	12	Win Tin	3:00.24	QT
31	43561 P	Wong, Chun Lok Jake	11	Win Tin	3:00.24	QT
32	41236 B	Yeung, Ho Yin	12	Win Tin	3:00.24	QT

Event 11 Girls 13-14 200 LC Meter Butterfly

HKR:	2:13.91	NAM Carmen, TPS
WCA:	2:09.21	
WCB:	2:13.73	
AGR:	2:14.96	
JR:	2:14.06	
	2:56.44	QT Qualifying Time

Meet Qualifying: 2:56.44

	ID#	Name	Age	Team	Seed Time	
1	43424 IAZ	Mathis, Mya Lynn	13	Tai PO	2:20.93	QT
2	38028 B	Leung, Evelyn Yi	14	Tai PO	2:28.82	QT
3	38537 B	Chung, Wing Sum Hazel	14	HK Sportworld	2:31.70	QT
4	42574 B	Tian, Mui Hing	14	White Dolphin	2:39.81	QT
5	32978 IAZ	Yip, Wai Iu	14	Chi Pui	2:56.44	QT
6	38211 IAZ	Tong, Wing Hang	13	Dali Swimming Club	2:56.44	QT
7	37874 IAZ	Choi, Hiu Ying	13	Hoi Tin	2:56.44	QT
8	38967 B	Gao, Elva	13	Hoi Tin	2:56.44	QT
9	42339 B	Kei, Lok Lam Mia	13	Hoi Tin	2:56.44	QT
10	38055 B	Ho, Tsz Tung	13	Tai PO	2:56.44	QT
11	40738 B	Li, Sum Yiu	14	White Dolphin	2:56.44	QT
12	39706 B	Yip, Tsz Laam	13	White Dolphin	2:56.44	QT
13	36944 B	Chan, Yi Lok	13	Win Tin	2:56.44	QT

Event 12 Boys 13-14 200 LC Meter Butterfly

HKR:	2:00.43	LIM Nicholas Owen Zhaoguang	LRC
WCA:	1:56.71		
WCB:	2:00.79		
AGR:	2:02.24		
JR:	2:02.24		
	2:47.13	QT Qualifying Time	

Meet Qualifying: 2:47.13

	ID#	Name	Age	Team	Seed Time	
1	38214 IAZ	Chan, Wai Ching Adrian	13	Win Tin	2:07.30	QT
2	36551 IAZ	Tian, Trevor	14	Tai PO	2:15.83	QT
3	35931 B	Lam, Marcus Pak Hei	13	Win Tin	2:18.03	QT
4	40455 IAZ	Lam, Wai Lok	14	Sun Yip	2:22.89	QT
5	36563 B	Leung, Hok Kiu Jason	14	Sun Yip	2:23.77	QT
6	38215 IAZ	Chui, Wai Tsun	14	Chi Pui	2:24.78	QT
7	36726 B	Chan, Hoi Fung Jason	14	Pacific	2:28.85	QT
8	39669 IAZ	Lau, Yiu Him Jayson	13	Win Tin	2:30.51	QT
9	45162 #IAZ	Lau, Chin Fung	13	Pacific	2:31.45	QT

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## Event 12 ... (Boys 13-14 200 LC Meter Butterfly)

10	38083 @P	Sum, Alfred Kyle	13	Hoi Tin	2:39.83	QT
11	39053 IAZ	Ma, Hoi Fan	13	White Dolphin	2:40.98	QT
12	43321 IAZ	Po, Jit Shun	13	Ti Dynamics	2:47.13	QT
13	34855 B	Lai, Wing Fung	14	Chi Pui	2:47.13	QT
14	44144 B	Leung, Kai Lok Kyle	13	Chi Pui	2:47.13	QT
15	46974 IAZ	Yang, Yide Adam	13	Chi Pui	2:47.13	QT
16	43476 #B	Lam, Sze Chai	13	HK Sportworld	2:47.13	QT
17	36895 B	Lo, Kei Hon Andre	14	Hoi Tin	2:47.13	QT
18	34634 B	Mi, Chun Wai	13	Hoi Tin	2:47.13	QT
19	46608 @	Yang, Mingxuan	13	Hoi Tin	2:47.13	QT
20	40460 IAZ	Zhao, Oscar	13	Hoi Tin	2:47.13	QT
21	38564 IAZ	Fung, Kwun Yui	13	Pacific	2:47.13	QT
22	49179 @ICX	Zhu, Xiuping	14	Pacific	2:47.13	QT
23	41422 B	Yick, Sum Kiu	13	Sea Lion	2:47.13	QT
24	41345 B	Fok, Sheung Ue	13	Sun Yip	2:47.13	QT
25	41478 IAX	Ngai, Hon Lam	14	Sun Yip	2:47.13	QT
26	40739 IAZ	Yu, Tsz Hei	13	White Dolphin	2:47.13	QT
27	39671 IAZ	Szeto, Pak Hei	14	Win Tin	2:47.13	QT

## Event 13 Girls 15-17 200 LC Meter Butterfly

HKR:	2:13.91	NAM Carmen, TPS
WCA:	2:09.21	
WCB:	2:13.73	
AGR:	2:13.91	
JR:	2:14.06	
	2:43.38	QT Qualifying Time

Meet Qualifying: 2:43.38

ID#	Name	Age	Team	Seed Time	
1	32517 B	17	Win Tin	2:18.38	QT
2	44988 @P	15	South China	2:22.71	QT
3	29779 B	16	Hoi Tin	2:35.21	QT
4	40831 B	15	Dali Swimming Club	2:43.38	QT
5	37077 B	17	Dik Wing	2:43.38	QT
6	38455 IAZ	15	Flying Dragon	2:43.38	QT
7	31841 IAZ	17	Hoi Tin	2:43.38	QT
8	30247 IAZ	17	Sword Fish Club	2:43.38	QT

## Event 14 Boys 15-17 200 LC Meter Butterfly

HKR:	2:00.43	LIM Nicholas Owen Zhaoguang	LRC
WCA:	1:56.71		
WCB:	2:00.79		
AGR:	2:02.70		
JR:	2:02.24		
	2:35.01	QT Qualifying Time	

Meet Qualifying: 2:35.01

ID#	Name	Age	Team	Seed Time	
1	33935 B	15	Chi Pui	2:03.64	QT
2	29884 B	16	Win Tin	2:05.29	QT
3	32042 IAZ	17	South China	2:09.06	QT
4	31864 IAZ	17	Hoi Ngai	2:16.60	QT
5	35145 IAZ	15	Chi Pui	2:16.72	QT
6	37083 P	15	Tai PO	2:19.17	QT
7	29257 B	17	Chi Pui	2:35.01	QT

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## Event 14 ... (Boys 15-17 200 LC Meter Butterfly)

8	29052 @IAO	Ng, Philip	17	Chi Pui	2:35.01	QT
9	48237 IAZ	Wang, Yi Shun	15	Chi Pui	2:35.01	QT
10	30140 B	Man, Ho Yin	15	Hoi Tin	2:35.01	QT
11	33890 IAZ	Lai, Chun Wai	15	Lai Wa	2:35.01	QT
12	33767 IAZ	Lee, Cheston	15	Pacific	2:35.01	QT
13	31695 IAZ	Tsang, Hiu Long	16	Pacific	2:35.01	QT
14	33608 IAZN	Wan, Chun Lim	17	Pacific	2:35.01	QT
15	36547 IAZ	Wong, Yik Yan Sean	16	South China	2:35.01	QT
16	36187 #IAZ	Chan, Chi Kiu	15	Shatin Sports	2:35.01	QT
17	29545 IAZN	Cheung, Cheuk To	17	Tai PO	2:35.01	QT
18	34962 IAZ	Chau, Ho Nam	17	White Dolphin	2:35.01	QT

## Event 15 Girls 18 &amp; Over 200 LC Meter Butterfly

HKR: 2:13.91 NAM Carmen, TPS

WCA: 2:09.21

WCB: 2:13.73

2:43.38 QT Qualifying Time

Meet Qualifying: 2:43.38

ID#	Name	Age	Team	Seed Time
1	29902 B	18	Sun Yip	2:17.82 QT
2	18545 IAZ	22	Sun Yip	2:18.81 QT
3	20766 B	21	Tai PO	2:22.18 QT
4	29519 IAZ	18	Happy Valley	2:32.83 QT
5	38248 P	19	Flying Dragon	2:43.38 QT

## Event 16 Boys 18 &amp; Over 200 LC Meter Butterfly

HKR: 2:00.43 LIM Nicholas Owen Zhaoguang LRC

WCA: 1:56.71

WCB: 2:00.79

2:35.01 QT Qualifying Time

Meet Qualifying: 2:35.01

ID#	Name	Age	Team	Seed Time
1	30444 IAZ	20	CYM	2:03.01 QT
2	20277 IAZ	22	Happy Valley	2:08.15 QT
3	18781 IAZ	22	White Dolphin	2:08.18 QT
4	26597 IAZ	19	Hoi Tin	2:14.85 QT
5	24692 IAZ	21	Jockey Club	2:35.01 QT

## Event 17 Girls 10 &amp; Under 50 LC Meter Freestyle

HKR: 24.56 HAUGHEY Siobhan Bernadette SCA

WCA: 25.04

WCB: 25.92

AGR: 28.50

JR: 25.38

34.60 QT Qualifying Time

Meet Qualifying: 34.60

ID#	Name	Age	Team	Seed Time
1	45965 #B	10	Chi Pui	30.83 QT
2	41234 B	10	Hoi Tin	31.10 QT
3	46250 IAZ	10	Flying Fish	31.36 QT
4	44089 B	10	Hoi Tin	31.44 QT
5	42790 IAZ	10	Sea Green	31.64 QT
6	46200 IAZ	10	Winner	32.30 QT
7	48509 @P	10	New Wave	32.60 QT

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## Event 17 ... (Girls 10 &amp; Under 50 LC Meter Freestyle)

8	47026 B	Chen, Wai Yin	10	North Sports	32.93	QT
9	48850 B	Lam, Tsz Kei	10	Winner	33.20	QT
10	43780 IAZ	Ho, Sin Tung Sebbi	10	Dik Wing	33.26	QT
11	46138 B	Tsui, Tin Yee	10	Sea Lion	33.67	QT
12	46519 IAZ	Courtney, Sarah Margaret	9	South China	33.77	QT
13	48088 IAZ	Wang, Ching Yee	10	Happy Valley	34.02	QT
14	46001 IAZ	Mak, Tsz Wing	9	Hilltop	34.03	QT
15	47157 IAZ	Wong, Pui Yiu	10	SuperStar Sports	34.26	QT
16	43672 P	Yung, Tsz Zeon	9	Hoi Tin	34.39	QT
17	45688 IAZ	Ma, Tsz Ching Olivia	10	Dik Wing	34.60	QT
18	47799 B	Liu, Sum Yin	10	Marlins	34.60	QT
19	49954 IAZ	Chan, Cheuk Ning	10	HK Sportworld	34.60	QT
20	49810	Cheng, Cin Sum Summer	10	Hoi Tin	34.60	QT
21	50341 IAZ	Hu, Xinyue	10	Hoi Tin	34.60	QT
22	49818 IAZ	Lo, Kei Tung	8	Hoi Tin	34.60	QT
23	48209 B	Cheng, Yuen Ki	10	Kwan Hung	34.60	QT
24	44050 B	Chan, Cheuk Ki	10	Win Tin	34.60	QT
25	46375 IAZ	Mok, Sum Lui	10	Win Tin	34.60	QT

## Event 18 Boys 10 &amp; Under 50 LC Meter Freestyle

HKR:	21.86	HO Ian Yentou, SCA
WCA:	22.12	
WCB:	22.89	
AGR:	29.13	
JR:	23.65	
	33.42	QT Qualifying Time

Meet Qualifying: 33.42

	ID#	Name	Age	Team	Seed	Time
1	43017 IAZ	Cheng, Chi Yuk	10	Kwan Hung	30.99	QT
2	45662 @	Lee, Hiu Pang	10	Flying Fish	31.38	QT
3	46226 B	Chan, Yu Pak	10	Win Tin	31.39	QT
4	44270 IAZ	Luk, Chun Yu	10	Winner	31.49	QT
5	43889 IAZ	Leung, Ho Ting	10	Dik Wing	31.67	QT
6	45506 B	Ng, Matthew	10	Winner	31.89	QT
7	48961 IAZ	Zhao, Sidney	10	New Wave	32.08	QT
8	46391 @IAX	Jiang, Mingjian	10	Pacific	32.15	QT
9	46777 B	Lee, Cheuk Fung	10	Happy Valley	32.34	QT
10	47275 B	Hsieh, Kyrus Shing Hin	8	Tai PO	32.44	QT
11	43578 IAZ	Lam, Tsz Sum Karl	10	Chi Pui	32.58	QT
12	44968 #B	Li, Lok Chi Adrian	10	Hoi Tin	32.64	QT
13	45465 P	Wenn, Isaac Samuel	10	South China	32.66	QT
14	46204 IAZ	Ng, Yi Fung	10	New Wave	32.67	QT
15	45993 IAZ	Au Yeung, Blake	10	Hoi Tin	32.72	QT
16	44446 B	Lam, Chung Hei	10	Dik Wing	32.80	QT
17	44646 @IAX	Cheng, Chi Shing	9	Win Tin	32.82	QT
18	43667 B	So, Cheuk Tik Chester	10	Hoi Tin	32.92	QT
19	46225 B	Chan, Pak Sum	10	Win Tin	33.12	QT
20	46190 IAZ	Chong, Ka Lok	10	Kowloon City	33.13	QT
21	51424 IAZ	Chan, Kai Yuet	10	Kowloon City	33.21	QT
22	46299 IAZ	Lo, Kei Yan Ian	10	Hoi Tin	33.23	QT
23	47543 IAZ	Wong, Chun Yiu	9	Winner	33.35	QT
24	46292 IAZ	Wei, Shi Zhuo	10	Hoi Tin	33.37	QT

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**Event 18 ... (Boys 10 & Under 50 LC Meter Freestyle)**

25	50319 @IAX	Ng, Hoi Yeung	10	Chi Pui	33.42	QT
26	51349 @^P	Du, Kingsley Tianhong	10	Kwun Tong	33.42	QT
27	50175 @P	Lam, Kin Yu	10	White Dolphin	33.42	QT
28	47594 #IAZ	Chan, Max Chung Ming	9	Win Tin	33.42	QT
29	46025 B	Chan, Yu Hong	10	Win Tin	33.42	QT
30	45416 B	Chiu, Pak To	10	Win Tin	33.42	QT
31	46199 IAZ	Yeung, Pak Long Phoenix	10	Win Tin	33.42	QT

**Event 19 Girls 11-12 50 LC Meter Freestyle**

**HKR: 24.56 HAUGHEY Siobhan Bernadette SCA**

**WCA: 25.04**

**WCB: 25.92**

**AGR: 26.80**

**JR: 25.38**

**31.07 QT Qualifying Time**

**Meet Qualifying: 31.07**

	ID#	Name	Age	Team	Seed Time	
1	38029 B	Leung, Evita Yan	12	Tai PO	27.49	QT
2	40949 B	Sum, Yi Man	12	Tai PO	27.80	QT
3	38797 IAZ	Wong, Hei Ching Henrietta	11	Tai PO	28.09	QT
4	38973 IAZ	Ng, Wai Ting Tiana	12	Dik Wing	28.48	QT
5	46253 @P	Lutz, Gabriella Chelsea	12	Lai Wa	28.49	QT
6	43137 IAZ	Yiu, Sum Yin	12	Win Tin	28.83	QT
7	39149 IAZ	Xing, Yina	12	Happy Valley	29.03	QT
8	44674 B	Wan, Ching Yiu Iris	11	Tai PO	29.34	QT
9	40081 B	Lin, Yee Ka Chloe	12	Hoi Tin	29.40	QT
10	43110 B	Leung, Sin Ming Sammy	12	Happy Valley	29.52	QT
11	38411 B	Yung, Tsz Ching	12	Hoi Tin	29.59	QT
12	48025 IAZ	Chung, Ching	12	Sword Fish Club	29.61	QT
13	42463 B	Ackber, Bertha	12	Hoi Tin	29.64	QT
14	45679 B	Woo, Sin Nga	12	Winner	29.69	QT
15	43175 IAZ	Li, Ann	12	White Dolphin	29.73	QT
16	45571 B	Chan, Hei Ching	11	Keung Sung	29.85	QT
17	45894 #IAZ	Yu, Kok Yiu	12	Hoi Tin	29.91	QT
18	38394 B	Yeung, Tin Wing	12	Hoi Tin	29.96	QT
19	46816 IAZ	Chan, Tsz Yu Ashley	11	Hoi Tin	30.04	QT
20	46174 IAZ	Au, Hoi Ching Abby	11	Kwan Hung	30.06	QT
21	41875 IAZ	Li, Hei Man	12	Sword Fish Club	30.15	QT
22	46145 B	Lam, Ching Yee	11	New Wave	30.16	QT
23	40950 B	Sum, Yi Lok	12	Tai PO	30.19	QT
24	45628 IAZ	Chan, Pui Ka	11	White Dolphin	30.22	QT
25	46122 IAZ	Ye, Chi Tung	12	Tai PO	30.81	QT
26	46308 IAZ	So, Hei Shun	12	Kwun Tong	30.89	QT
27	44094 B	Yuen, Yi Amanda	12	Hoi Tin	30.90	QT
28	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	11	Jockey Club	30.99	QT
29	40117 IAZ	Chan, Kalila	12	South China	31.05	QT
30	40306 IAZ	Chi, Yi Lam	12	Jockey Club	31.07	QT
31	45633 IAZ	Chan, Cheuk Lam	12	Marlins	31.07	QT
32	50573 IAZ	Xu, Coco	11	Hoi Tin	31.07	QT
33	44351 P	Huang, Zhiqi	12	Keung Sung	31.07	QT
34	51378 IAZ	Chong, Hei Tung	12	Lai Wa	31.07	QT
35	51346 @^P	Du, Jiayu	12	Pacific	31.07	QT

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**Event 19 ... (Girls 11-12 50 LC Meter Freestyle)**

36	41421 IAZ	Leung, Wing Tung	12	Sea Lion	31.07	QT
37	46264 IAZ	Wan, Siu Yau	12	Sea Lion	31.07	QT
38	41420 B	Wong, Ka Ying	12	Sea Lion	31.07	QT
39	46111 #B	Chau, Pak Yu	11	Tai PO	31.07	QT
40	43817 IAZ	Kwok, Hoi Ching	12	Tai PO	31.07	QT
41	46535 #IAZ	Ng, Jun Hei	12	Tai PO	31.07	QT
42	48951 IAZN	Wu, Ruoyu Zoe	11	Tai PO	31.07	QT
43	44369 B	Cheung, Chi Ching Clara	12	Win Tin	31.07	QT
44	44562 B	Lau, Kaylie	11	Win Tin	31.07	QT
45	40085 B	Luk, Sum Kiu	11	Win Tin	31.07	QT
46	48101 B	Tam, Xin Yau Cayenne	12	YMCA OF Hong Kong	31.07	QT
47	45484 B	Tang, Hai Ting Prudence	11	YMCA OF Hong Kong	31.07	QT

**Event 20 Boys 11-12 50 LC Meter Freestyle**

**HKR: 21.86 HO Ian Yentou, SCA**

**WCA: 22.12**

**WCB: 22.89**

**AGR: 25.59**

**JR: 23.65**

**29.66 QT Qualifying Time**

**Meet Qualifying: 29.66**

	ID#	Name	Age	Team	Seed Time	
1	35258 B	Cheung, Man Ho	12	Sea Lion	26.15	QT
2	43281 #IAZ	Chan, Chak Alfred	12	HK Sportworld	27.22	QT
3	40104 B	Cheung, Yung	12	White Dolphin	27.86	QT
4	46574 IAZ	Fong, Pak Yin	12	Hoi Tin	28.11	QT
5	50769 @^ICX	Sun, Maokun	11	Kowloon City	28.29	QT
6	49117 @I	Liu, Haoliang	12	Chi Pui	28.33	QT
7	42448 B	Lee, Man Hei	12	HK Sportworld	28.35	QT
8	47980 B	Jin, Yu Tong	12	Lai Wa	28.51	QT
9	44353 IAZ	Leung, Cheuk Hong	12	Hoi Tin	28.55	QT
10	43245 B	Wong, Pak Dick	12	Tuen Mun	28.76	QT
11	39041 IAZ	Lam, Lok Sum	12	Hoi Tin	28.89	QT
12	42625 #B	He, Yu Hao	12	Chi Pui	29.01	QT
13	39065 B	Leung, Ching To	12	Win Tin	29.03	QT
14	42008 B	Law, Tsz Lok	11	Win Tin	29.04	QT
15	40122 B	Kor, Pak Yin	12	South China	29.08	QT
16	46182 B	Sung, Pak Kiu	12	Sun Yip	29.09	QT
17	38245 #IAZ	Yau, Pak Lam	12	Dik Wing	29.13	QT
18	43918 @IAX	Chui, Ue Haang	12	White Dolphin	29.22	QT
19	48707 @IAX	Wong, Kwan Ngai Johnny	11	Chi Pui	29.23	QT
20	37976 B	Cheng, Lok Chun	12	Win Tin	29.23	QT
21	44268 @P	Shin, Darran	12	Lai Tsun	29.42	QT
22	44337 B	Huen, Kin Sing	12	Sea Lion	29.50	QT
23	39248 B	Chow, Yik Shun	12	Pacific	29.51	QT
24	43925 B	Lam, Ka Yeung	12	Pacific	29.53	QT
25	48644 IAZ	Chan, Pak Wang	11	Dali Swimming Club	29.63	QT
26	43498 P	Tang, Tsz Yeung	12	SuperStar Sports	29.66	QT
27	46435 B	Chong, Cheuk Yin	11	New Wave	29.66	QT
28	51368 @^IM	Liu, Yinan	12	Chi Pui	29.66	QT
29	44142 IAZ	Yau, Cheuk Hin	11	Chi Pui	29.66	QT
30	42836 IAZ	Chi, Yu Xi Seann	12	Jockey Club	29.66	QT

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**Psych Sheet**

**Event 20 ... (Boys 11-12 50 LC Meter Freestyle)**

31	44675 #B	Cheung, Cheuk Hei	12	HK Sportworld	29.66	QT
32	40879 IAZ	Chen, Zheng Xuan Jason	11	Hoi Tin	29.66	QT
33	38408 B	Chung, Tin Long	12	Hoi Tin	29.66	QT
34	46564 IAZ	Hon, Man Sing	11	Hoi Tin	29.66	QT
35	44125 IAZ	Liu, Chun Hay Hayden	12	Pacific	29.66	QT
36	45560 IAZ	Tseung, Sin Hang	11	South China	29.66	QT
37	48906 IAZ	Wai, Aidan Kwan Hon	12	South China	29.66	QT
38	40111 B	Wong, Yik Man Mike	12	South China	29.66	QT
39	46520 @P	Zhu, Yangyue	12	South China	29.66	QT
40	43109 B	Law, Sai Lai	12	Sun Yip	29.66	QT
41	43413 B	Chan, Tsz Long Reagan	11	Tai PO	29.66	QT
42	47542 IAZ	Leung, Chasen Pak Ho	11	Tai PO	29.66	QT
43	38403 #B	Chan, Yui Hei Mason	12	Win Tin	29.66	QT
44	43546 P	Chen, Wing Yau	12	Win Tin	29.66	QT
45	44879 IAZ	Lai, Ho Yeung Lucas	12	Win Tin	29.66	QT
46	41225 B	Yen, Ka Hang	11	Win Tin	29.66	QT
47	48157 B	Yiu, Chi Him	12	Win Tin	29.66	QT

**Event 21 Girls 13-14 50 LC Meter Freestyle**

<b>HKR:</b>	<b>24.56</b>	<b>HAUGHEY Siobhan Bernadette</b>	<b>SCA</b>
<b>WCA:</b>	<b>25.04</b>		
<b>WCB:</b>	<b>25.92</b>		
<b>AGR:</b>	<b>25.87</b>		
<b>JR:</b>	<b>25.38</b>		
	<b>30.10</b>	<b>QT Qualifying Time</b>	

Meet Qualifying: 30.10

	ID#	Name	Age	Team	Seed Time	
1	40738 B	Li, Sum Yiu	14	White Dolphin	25.42	QT
2	44386 @	Li, Yu Qing	13	Win Tin	26.21	QT
3	43424 IAZ	Mathis, Mya Lynn	13	Tai PO	26.96	QT
4	39432 IAZ	Leung, Sze Ki Safira	13	Marlins	27.06	QT
5	37874 IAZ	Choi, Hiu Ying	13	Hoi Tin	27.34	QT
6	42134 IAZN	Tang, Kai Ting	13	Dik Wing	27.53	QT
7	48663 #IAZ	Man, Ho Yan Tiffany	13	Chi Pui	27.54	QT
8	42637 B	So, Yin Yan	13	Happy Valley	27.84	QT
9	39905 IAZ	Lan, Jasmine Lauren	13	Jockey Club	28.25	QT
10	46027 B	Ding, Ke	14	Tai PO	28.33	QT
11	34005 IAZ	Yuen, Hiu Yu Ashley	13	Lai Tsun	28.37	QT
12	35045 #B	Chan, Lok Yan Abby	14	Pacific	28.37	QT
13	32978 IAZ	Yip, Wai Iu	14	Chi Pui	28.44	QT
14	39531 B	Lee, Hoi Lam	13	Win Tin	28.58	QT
15	45227 IAZ	Tang, Angel	14	Lai Wa	28.68	QT
16	38033 IAZ	Cheung, Nga Yin Jodie	14	Tai PO	28.72	QT
17	36936 IAZ	Ho, Pui Yan	13	Win Tin	28.74	QT
18	42458 IAZ	Hon, Tsz Tung	13	Hoi Tin	29.00	QT
19	38967 B	Gao, Elva	13	Hoi Tin	29.57	QT
20	41848 B	Tang, Hai Shuen Bernice	13	YMCA OF Hong Kong	29.75	QT
21	42893 IAZ	Tse, Lok Lam	13	Hoi Tin	29.79	QT
22	42516 IAZ	Mao, Elizabeth	13	Happy Valley	29.82	QT
23	36963 IAZ	Chan, Mei Yan	14	Tai PO	29.89	QT
24	36832 IAZ	Lee, Hon Sum Samantha	14	South China	30.01	QT
25	51369 @^IM	Liu, Yuehan	14	Chi Pui	30.10	QT

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## Event 21 ... (Girls 13-14 50 LC Meter Freestyle)

26	47588 #B	Li, Man Hin	14	Flying Dragon	30.10	QT
27	42654 B	Tse, Hoi Lam	13	Marlins	30.10	QT
28	35798 IAZ	Wong, Hin Yan	13	Hoi Tin	30.10	QT
29	41015 B	Yao, Megan Samantha	13	South China	30.10	QT
30	35942 B	Choi, Man Yuk	14	Win Tin	30.10	QT
31	41250 B	Li, Karin	13	Win Tin	30.10	QT
32	48692 IAZ	Luk, Man Yan	13	Win Tin	30.10	QT
33	45483 B	Tam, Xin Man Chloe	13	YMCA OF Hong Kong	30.10	QT

## Event 22 Boys 13-14 50 LC Meter Freestyle

<b>HKR:</b>	<b>21.86</b>	<b>HO Ian Yentou, SCA</b>
<b>WCA:</b>	<b>22.12</b>	
<b>WCB:</b>	<b>22.89</b>	
<b>AGR:</b>	<b>24.18</b>	
<b>JR:</b>	<b>23.65</b>	
	<b>27.38</b>	<b>QT Qualifying Time</b>

Meet Qualifying: 27.38

	ID#	Name	Age	Team	Seed Time	
1	36314 IAZ	Mok, Long Sum	14	Lai Wa	24.37	QT
2	43212 B	Tsang, Pak Kiu	13	Sun Yip	25.49	QT
3	33791 B	Tang, Kak Shing	14	Tai PO	25.58	QT
4	37498 B	Lam, Hing Ka	13	Riverside	25.77	QT
5	49179 @ICX	Zhu, Xiuping	14	Pacific	25.86	QT
6	41272 IAZ	Lam, C Yuen Yannis	14	Dik Wing	25.88	QT
7	41529 IAZ	Chan, Yat Fung Evan	14	South China	25.89	QT
8	36853 IAZ	Chau, Wesley	14	Tai PO	25.89	QT
9	37627 IAZ	Ng, Tsz Yui	14	Dik Wing	25.92	QT
10	34490 B	Chen, Yuxuan	14	Chi Pui	25.95	QT
11	38214 IAZ	Chan, Wai Ching Adrian	13	Win Tin	25.99	QT
12	40050 IAZ	Wong, Yin Hing	14	Sword Fish Club	26.05	QT
13	32095 B	Lau, Chor Tik	13	Win Tin	26.10	QT
14	43321 IAZ	Po, Jit Shun	13	Ti Dynamics	26.12	QT
15	35571 B	Li, Yat Hei	14	Win Tin	26.16	QT
16	39103 B	Law, Wing Lap	14	Tuen Mun	26.18	QT
17	35997 IAZ	Huang, Yuk	14	Tai PO	26.25	QT
18	46416 B	Lin, Pak Yin	13	HK Sportworld	26.56	QT
19	39500 IAZ	Lau, Tin Long	14	Kwun Tong	26.66	QT
20	43419 IAZ	Ho, Tsz Hong	14	Tai PO	26.80	QT
21	36946 B	Lee, Chung Hei	13	Win Tin	26.82	QT
22	39933 B	Chan, Leong Medwin	13	HK Sportworld	26.91	QT
23	40105 B	Chan, Tsz Kiu	14	White Dolphin	26.92	QT
24	35591 B	Shum, Siu Chun	14	Kwun Tong	26.97	QT
25	36791 #IAZ	Fong, Tsz Long Jose	14	Dik Wing	27.01	QT
26	35385 B	Chong, Hin Yeung	14	Dik Wing	27.04	QT
27	36551 IAZ	Tian, Trevor	14	Tai PO	27.06	QT
28	38881 B	Chong, Tik Hei Dick	13	Pacific	27.07	QT
29	42280 B	Chan, Yin Hang	14	Win Tin	27.08	QT
30	34488 #B	Lau, Chi Shun	13	Pacific	27.17	QT
31	46461 IAZ	Chung, Pak Hin	14	SuperStar Sports	27.18	QT
32	42577 P	Chan, Pak Chun	14	White Dolphin	27.19	QT
33	45426 IAZ	Ng, Dik Him	14	SuperStar Sports	27.23	QT
34	39336 IAZ	Chow, Man Nok	13	Dali Swimming Club	27.31	QT

## 2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

## Psych Sheet

## Event 22 ... (Boys 13-14 50 LC Meter Freestyle)

35	40485 B	Lam, Cheuk Ting	13	Elite	27.38	QT
36	38215 IAZ	Chui, Wai Tsun	14	Chi Pui	27.38	QT
37	45634 IAZ	Chan, Cheuk Hin	14	Marlins	27.38	QT
38	42097 B	Wong, Ki Chung Kenji	14	Marlins	27.38	QT
39	45583 P	Ma, Yujie	14	Hoi Tin	27.38	QT
40	34634 B	Mi, Chun Wai	13	Hoi Tin	27.38	QT
41	46806 IAZ	Yao, Wei Hao	14	Hoi Tin	27.38	QT
42	40460 IAZ	Zhao, Oscar	13	Hoi Tin	27.38	QT
43	40752 IAZ	Xu, Steven	13	Kwun Tong	27.38	QT
44	51345 @^P	Du, Chengdong	14	Pacific	27.38	QT
45	40772 P	Lo, Cheuk Hei	13	Sun Yip	27.38	QT
46	34715 B	Chan, Chi Ho Steven	14	Win Tin	27.38	QT
47	34714 B	Chan, Chi Kit Javen	14	Win Tin	27.38	QT
48	46837 B	Kwan, Lai Kei Wesley	14	Win Tin	27.38	QT
49	39071 B	Luk, Man Him	14	Win Tin	27.38	QT
50	39671 IAZ	Szeto, Pak Hei	14	Win Tin	27.38	QT
51	34281 B	Wong, Lok Kan	14	Win Tin	27.38	QT

## Event 23 Girls 15-17 50 LC Meter Freestyle

<b>HKR:</b>	<b>24.56</b>	<b>HAUGHEY Siobhan Bernadette</b>	<b>SCA</b>
<b>WCA:</b>	<b>25.04</b>		
<b>WCB:</b>	<b>25.92</b>		
<b>AGR:</b>	<b>25.38</b>		
<b>JR:</b>	<b>25.38</b>		
	<b>30.10</b>	<b>QT Qualifying Time</b>	

## Meet Qualifying: 30.10

	ID#	Name	Age	Team	Seed Time	
1	33715 IAZ	Ma, Gilaine	15	Tai PO	25.42	QT
2	37017 IAZ	Chan, Tsun Wing	16	Hoi Tin	26.76	QT
3	33764 IAZ	Tai, Yung Ching Emmy	15	Dik Wing	27.32	QT
4	34853 B	Uhi, Viviana Marise	15	Hoi Tin	27.45	QT
5	37157 #B	Lam, Lok Hei	17	Pacific	27.65	QT
6	31524 B	Chu, Wai Ki	16	Win Tin	27.65	QT
7	34467 B	Chan, Tsz Ching	17	Sea Lion	27.76	QT
8	33187 IAZ	Tse, Tsz Yu	15	Win Tin	27.79	QT
9	36728 IAZ	Ng, Suet Ying	15	Hoi Tin	27.88	QT
10	36580 B	Tang, Man Rao Jasmine	15	Tai PO	27.91	QT
11	35988 P	Lee, Jeanelle Faith	15	South China	28.14	QT
12	33520 IAZ	Chen, Wing Kiu	16	South China	28.37	QT
13	44988 @P	Koh, Li Wen Ashley	15	South China	28.38	QT
14	38132 IAZ	Wong, Kwok Tao	15	Pacific	28.50	QT
15	33947 IAZ	Chan, Hin Yau	16	Tai PO	28.52	QT
16	41026 IAZ	Wong, Yat Ching	15	Tai PO	28.64	QT
17	38025 B	Chan, Wing Yan Cynthia	15	Kwun Tong	28.99	QT
18	32777 @P	Ho, Natalie Jade	16	South China	29.01	QT
19	38838 IAZ	Yeung, Kwan Ching	15	Tai PO	29.04	QT
20	33874 IAZ	Lee Giselle, Jacinda Jia Hui	15	South China	29.22	QT
21	33850 B	Sim, Lok Yiu	15	Win Tin	29.22	QT
22	38297 IAX	Cheung, Hau Wing	15	Lai Wa	29.24	QT
23	35992 P	Mcfarland, Charlotte Chia-Ju	15	South China	29.33	QT
24	40831 B	Lau, Tsz Tung	15	Dali Swimming Club	29.52	QT
25	37601 B	Cheung, Hoi Man	15	Winner	29.54	QT

**2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023**

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**Event 23 ... (Girls 15-17 50 LC Meter Freestyle)**

26	31469 B	Lee, Si Yao Peony	15	South China	29.54	QT
27	36935 B	Wong, Chung Yan	16	Win Tin	29.66	QT
28	37077 B	Lam, Ka Po	17	Dik Wing	29.89	QT
29	39801 #IAZ	Chan, Hiu Tung Vernyce	15	South China	29.93	QT
30	33828 IAZ	Kor, Ka Hei	15	South China	29.96	QT
31	29779 B	Hui, Choi Yan	16	Hoi Tin	29.99	QT
32	43249 B	Chan, Hiu Laam	15	Tuen Mun	30.10	QT
33	38455 IAZ	Tse, Hoi Ting Samantha	15	Flying Dragon	30.10	QT
34	46344 #@ICO	Wong, Suyo	16	Hoi Tin	30.10	QT
35	33426 IAZN	Chan, Tsz Wing Sophie	15	South China	30.10	QT
36	31372 IAZ	Chan, So Ching Joyce	15	Sword Fish Club	30.10	QT
37	33815 IAZ	Wong, Hin Yi	16	Tai PO	30.10	QT

**Event 24 Boys 15-17 50 LC Meter Freestyle**

<b>HKR:</b>	<b>21.86</b>	<b>HO Ian Yentou, SCA</b>
<b>WCA:</b>	<b>22.12</b>	
<b>WCB:</b>	<b>22.89</b>	
<b>AGR:</b>	<b>22.99</b>	
<b>JR:</b>	<b>23.65</b>	
	<b>26.61</b>	<b>QT Qualifying Time</b>

Meet Qualifying: 26.61

ID#	Name	Age	Team	Seed Time		
1	49455 IAZ	Cai, Qi Hong	16	Chi Pui	23.32	QT
2	33435 IAZ	Siu, To	17	Dali Swimming Club	23.39	QT
3	38227 IAZ	Lo, Tsz Lam	16	Win Tin	23.65	QT
4	25665 IAZ	Wong, Hoi Nam	17	Dik Wing	23.66	QT
5	35894 B	Chui, Ka Yeung	17	Win Tin	23.80	QT
6	33922 P	So, Kwun Wa	15	White Dolphin	23.82	QT
7	42311 IAZ	Yu, Chi Lung	15	Pacific	24.01	QT
8	33935 B	Yau, Pak Ho	15	Chi Pui	24.08	QT
9	37358 IAO	Fothergill Alastair, Ian Leu	15	Tai PO	24.12	QT
10	32042 IAZ	Lee, Jia Jun Jody George	17	South China	24.20	QT
11	30733 B	Lai, King Wo	16	Win Tin	24.29	QT
12	36000 B	Chan, Chi Chung	17	White Dolphin	24.51	QT
13	36542 IAZ	Poon, Chi Hang Samson	15	South China	24.57	QT
14	29545 IAZN	Cheung, Cheuk To	17	Tai PO	24.57	QT
15	28249 B	Fung, O See Asaph	17	Kowloon Tong Club	24.58	QT
16	39015 P	Chan, Tsz Kwan	16	Tai PO	24.60	QT
17	24292 B	Chu, Hon Hei	16	White Dolphin	24.61	QT
18	29257 B	He, Shing Ip	17	Chi Pui	24.67	QT
19	32966 B	Chung, Wai Him	17	Compass	24.74	QT
20	37757 B	Cheng, Pak Ho	15	HK Sportworld	24.78	QT
21	35789 IAZ	Chan, Yuet Leong	16	South China	24.78	QT
22	44357 B	Leung, Chun Ho Franky	15	Pacific	24.79	QT
23	36899 B	Kwok, Kin Wai	15	Keung Sung	24.82	QT
24	41163 IAZ	Chan, Tsz Hin	15	Tai PO	24.87	QT
25	35022 IAZ	Ip, Ali	16	Tai PO	24.88	QT
26	29282 IAZ	Lin, Lok Him Angus	16	Win Tin	25.17	QT
27	31864 IAZ	Kwong, Bui Ming	17	Hoi Ngai	25.29	QT
28	36737 B	Chan, Wang Hei Terence	17	Tai PO	25.33	QT
29	32137 IAZ	Yuen, Chun Shing	17	Tuen Mun	25.49	QT
30	31032 IAZ	Leung, Yiu Chun	17	Tai PO	25.53	QT

**2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023**

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**Event 24 ... (Boys 15-17 50 LC Meter Freestyle)**

31	31786 IAZ	Lee, Hon Chung Jonathan	17	South China	25.59	QT
32	38026 #IAZ	Wu, Yik Ham	15	HK Sportworld	25.61	QT
33	41024 B	Li, Matthew	15	HK Sportworld	25.62	QT
34	35805 B	So, Chun Hin	16	Tai PO	25.62	QT
35	37937 IAZ	Leung, Pak Hei	16	South China	25.65	QT
36	28299 #B	Yeung, Tsun Ho	17	Sword Fish Club	25.72	QT
37	29884 B	Kwong, Jacob Yat Nam	16	Win Tin	25.79	QT
38	39207 B	Tam, Tsz Ho	16	Pacific	26.11	QT
39	30140 B	Man, Ho Yin	15	Hoi Tin	26.12	QT
40	32738 IAZ	Man, Ho Him	17	Lai Wa	26.22	QT
41	35145 IAZ	Liu, Siu Fung	15	Chi Pui	26.24	QT
42	44820 #ICX	Yeow, Zheng Ren	15	South China	26.30	QT
43	31670 B	Yau, Kar Ho Alex	16	Tai PO	26.37	QT
44	36393 B	Li, Ching Long	15	Sword Fish Club	26.42	QT
45	34962 IAZ	Chau, Ho Nam	17	White Dolphin	26.42	QT
46	39277 B	Fung, Ho Chun	15	Chi Pui	26.46	QT
47	36191 B	Chan, Ting Kit	15	Tai PO	26.46	QT
48	47455 IAZ	Pan, Yu Lam	17	Lai Wa	26.53	QT
49	31695 IAZ	Tsang, Hiu Long	16	Pacific	26.53	QT
50	38859 @IAO	Yang, Ruei Bin	17	Tuen Mun	26.55	QT
51	33925 B	Wong, Tsz Ming	16	White Dolphin	26.55	QT
52	36193 IAZ	Wan, Kok Hei	15	New Wave	26.56	QT
53	29849 B	Yeung, Cheuk Hay Hayden	17	Chi Pui	26.61	QT
54	35668 B	Chan, Jayden	15	Jockey Club	26.61	QT
55	51257 IAX	Yick, Chujie Matthew	16	Hoi Tin	26.61	QT
56	35900 IAZ	Lee, On Kit	15	North Sports	26.61	QT
57	42390 #IAZ	Au, Pak Tung Parco	15	Pacific	26.61	QT
58	39099 IAZ	Chui, Chin To	16	Pacific	26.61	QT
59	33767 IAZ	Lee, Cheston	15	Pacific	26.61	QT
60	33053 B	Lam, Ching Yin	16	Riverside	26.61	QT
61	32972 IAZ	Tam, Chung Nam	16	South China	26.61	QT
62	36187 #IAZ	Chan, Chi Kiu	15	Shatin Sports	26.61	QT
63	33385 B	Lu, Pat Fan	17	Sun Yip	26.61	QT
64	40259 P	Chan, Ka Shing	15	Tai PO	26.61	QT
65	36315 IAZ	Wang, Nok Wang	15	Win Tin	26.61	QT

**Event 25 Girls 18 & Over 50 LC Meter Freestyle**

<b>HKR:</b>	<b>24.56</b>	<b>HAUGHEY Siobhan Bernadette</b>	<b>SCA</b>
<b>WCA:</b>	<b>25.04</b>		
<b>WCB:</b>	<b>25.92</b>		
	<b>30.10</b>	<b>QT Qualifying Time</b>	

**Meet Qualifying: 30.10**

	<b>ID#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	
1	05641 IBZ	Chan, Kin Lok	29	Win Tin	25.31	QT
2	30744 B	Hui, Ka Ling	18	Win Tin	26.58	QT
3	28081 B	Cheung, Hoi Lam	18	White Dolphin	26.61	QT
4	30455 B	Lui, Ho Yee Chloe	18	Win Tin	26.98	QT
5	38248 P	Du, Zheng	19	Flying Dragon	27.66	QT
6	22061 #IAZ	Hung, Devina Catherine	20	Pacific	27.84	QT
7	28694 B	Cheuk, Yuet Ying Phoebe	18	Keung Sung	28.66	QT
8	49799 @ICX	Hou, Yanwen	24	South China	29.51	QT
9	36032 IAZ	Chan, Wing Ki	18	Pacific	29.66	QT

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## Event 25 ... (Girls 18 &amp; Over 50 LC Meter Freestyle)

10	39592 IAZ	Sng, Yan Megan	18	Dik Wing	30.10	QT
11	22665 IAZ	Wei, Gabrielle Jia Yun	20	Island Stingrays	30.10	QT
12	31869 IAZ	Ma, Gian	18	Tai PO	30.10	QT
13	29139 B	Young, Sze Ki	20	Tai PO	30.10	QT

## Event 26 Boys 18 &amp; Over 50 LC Meter Freestyle

HKR: 21.86 HO Ian Yentou, SCA

WCA: 22.12

WCB: 22.89

26.61 QT Qualifying Time

Meet Qualifying: 26.61

	ID#	Name	Age	Team	Seed Time	
1	06697 B	Koo, Ralph Yat Ho	25	Hoi Tin	22.44	QT
2	32248 B	Li, Sing Hoi	18	Win Tin	23.44	QT
3	42025 IAO	Luk, Arnold Bingtse	26	South China	23.90	QT
4	27352 B	Lam, Chak Him	18	Riverside	24.35	QT
5	27637 @P	Goh, Zong Hern	18	Win Tin	24.39	QT
6	28863 B	Leung, Chun Him	20	Dali Swimming Club	24.42	QT
7	27239 B	Chan, Sheung Kwan	21	Keung Sung	24.67	QT
8	31941 IAZ	Tang, Kwok Ho	19	White Dolphin	24.67	QT
9	22993 B	Hui, Chi Kong Matthew	19	Dali Swimming Club	24.68	QT
10	30592 IAZ	Sin, Yau Cheung	19	Sea Lion	24.91	QT
11	28345 B	Sum, Ka Lok Leo	19	White Dolphin	24.93	QT
12	22413 IAZ	Lee, Shing Yan	20	Hoi Tin	24.95	QT
13	36739 #IAZ	Wu, Hoi Fu	19	Sea Lion	24.99	QT
14	25280 #IAZ	Ng, Tsz Lun	21	Sun Yip	25.59	QT
15	27484 IAZ	Lo, Tsz Wang	20	White Dolphin	25.71	QT
16	17709 B	Whittington, Ryan Michael	22	South China	25.74	QT
17	40141 IAZ	Kwong, Pak Hin Vico	20	Sea Lion	25.77	QT
18	33504 IAZ	Leung, Lok Hei	18	North Sports	26.14	QT
19	30694 IAZ	Cheung, Chi Kit Nicholas	18	Wong Tai Sin	26.49	QT
20	33716 B	Chan, Ngai Cheung	18	Tuen Mun	26.61	QT
21	24692 IAZ	Ho, Hok Wang	21	Jockey Club	26.61	QT
22	50808 @^P	Cheung, Martin Cheuk-Yue	22	Hoi Tin	26.61	QT
23	26608 B	Tang, Ho Sum	19	Hoi Tin	26.61	QT
24	46530 @IAX	Lai, Chun Hei	21	Lai Wa	26.61	QT
25	32776 IAZ	Lai, Wai Tsan	18	South China	26.61	QT
26	40109 IAZ	Lee, Chun Sing Jason	19	South China	26.61	QT
27	49338 ^IAZ	Villa, Tristan Miguel Luis R	18	South China	26.61	QT
28	49024 #IAZ	Lum, Ching Hin	20	Shatin Sports	26.61	QT

## Event 27 Girls 13-14 400 LC Meter IM

HKR: 4:48.58 CHENG Chloe, PSC

WCA: 4:43.06

WCB: 4:52.97

AGR: 4:55.42

JR: 4:51.30

6:02.68 QT Qualifying Time

Meet Qualifying: 6:02.68

	ID#	Name	Age	Team	Seed Time	
1	39706 B	Yip, Tsz Laam	13	White Dolphin	5:08.09	QT
2	38967 B	Gao, Elva	13	Hoi Tin	5:15.60	QT
3	38028 B	Leung, Evelyn Yi	14	Tai PO	5:17.68	QT

**2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023**

**Psych Sheet**

**Event 27 ... (Girls 13-14 400 LC Meter IM)**

4	32978 IAZ	Yip, Wai Iu	14	Chi Pui	5:33.12	QT
5	38537 B	Chung, Wing Sum Hazel	14	HK Sportworld	5:39.48	QT
6	48663 #IAZ	Man, Ho Yan Tiffany	13	Chi Pui	6:02.68	QT
7	38211 IAZ	Tong, Wing Hang	13	Dali Swimming Club	6:02.68	QT
8	39905 IAZ	Lan, Jasmine Lauren	13	Jockey Club	6:02.68	QT
9	37874 IAZ	Choi, Hiu Ying	13	Hoi Tin	6:02.68	QT
10	42458 IAZ	Hon, Tsz Tung	13	Hoi Tin	6:02.68	QT
11	42339 B	Kei, Lok Lam Mia	13	Hoi Tin	6:02.68	QT
12	36944 B	Chan, Yi Lok	13	Win Tin	6:02.68	QT
13	36936 IAZ	Ho, Pui Yan	13	Win Tin	6:02.68	QT
14	39531 B	Lee, Hoi Lam	13	Win Tin	6:02.68	QT

**Event 28 Boys 13-14 400 LC Meter IM**

<b>HKR:</b>	<b>4:26.54</b>	<b>WHITTINGTON, Peter Harry, DLS</b>
<b>WCA:</b>	<b>4:17.48</b>	
<b>WCB:</b>	<b>4:26.49</b>	
<b>AGR:</b>	<b>4:35.30</b>	
<b>JR:</b>	<b>4:32.42</b>	
	<b>5:36.37</b>	<b>QT Qualifying Time</b>

Meet Qualifying: 5:36.37

	ID#	Name	Age	Team	Seed Time	
1	38214 IAZ	Chan, Wai Ching Adrian	13	Win Tin	4:46.34	QT
2	40455 IAZ	Lam, Wai Lok	14	Sun Yip	4:54.50	QT
3	34855 B	Lai, Wing Fung	14	Chi Pui	4:59.61	QT
4	36895 B	Lo, Kei Hon Andre	14	Hoi Tin	5:04.14	QT
5	38215 IAZ	Chui, Wai Tsun	14	Chi Pui	5:08.63	QT
6	36563 B	Leung, Hok Kiu Jason	14	Sun Yip	5:10.88	QT
7	35347 IAZ	Leung, Chak Wai Adrian	14	Hoi Tin	5:11.66	QT
8	38881 B	Chong, Tik Hei Dick	13	Pacific	5:16.56	QT
9	45162 #IAZ	Lau, Chin Fung	13	Pacific	5:16.60	QT
10	34490 B	Chen, Yuxuan	14	Chi Pui	5:23.29	QT
11	36726 B	Chan, Hoi Fung Jason	14	Pacific	5:28.92	QT
12	43321 IAZ	Po, Jit Shun	13	Ti Dynamics	5:36.37	QT
13	44144 B	Leung, Kai Lok Kyle	13	Chi Pui	5:36.37	QT
14	46974 IAZ	Yang, Yide Adam	13	Chi Pui	5:36.37	QT
15	43476 #B	Lam, Sze Chai	13	HK Sportworld	5:36.37	QT
16	46416 B	Lin, Pak Yin	13	HK Sportworld	5:36.37	QT
17	42638 IAZ	Ong, Sheng Shu David	13	HK Sportworld	5:36.37	QT
18	39332 #B	Wu, Yik Hei	13	HK Sportworld	5:36.37	QT
19	35761 IAZ	Chan, Ho Chit Braden	14	Hoi Tin	5:36.37	QT
20	34634 B	Mi, Chun Wai	13	Hoi Tin	5:36.37	QT
21	38083 @P	Sum, Alfred Kyle	13	Hoi Tin	5:36.37	QT
22	40460 IAZ	Zhao, Oscar	13	Hoi Tin	5:36.37	QT
23	38725 B	Hong, Yan Shek	13	Pacific	5:36.37	QT
24	34488 #B	Lau, Chi Shun	13	Pacific	5:36.37	QT
25	33775 IAZ	Lin, Chak Wo	14	Pacific	5:36.37	QT
26	43609 P	Wu, Lok Kan	13	Pacific	5:36.37	QT
27	37498 B	Lam, Hing Ka	13	Riverside	5:36.37	QT
28	41422 B	Yick, Sum Kiu	13	Sea Lion	5:36.37	QT
29	39053 IAZ	Ma, Hoi Fan	13	White Dolphin	5:36.37	QT
30	40739 IAZ	Yu, Tsz Hei	13	White Dolphin	5:36.37	QT
31	35931 B	Lam, Marcus Pak Hei	13	Win Tin	5:36.37	QT

## 2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

## Psych Sheet

## Event 28 ... (Boys 13-14 400 LC Meter IM)

32 32095 B Lau, Chor Tik 13 Win Tin 5:36.37 QT

## Event 29 Girls 15-17 400 LC Meter IM

HKR: 4:48.58 CHENG Chloe, PSC

WCA: 4:43.06

WCB: 4:52.97

AGR: 4:48.58

JR: 4:51.30

6:02.68 QT Qualifying Time

Meet Qualifying: 6:02.68

	ID#	Name	Age	Team	Seed Time
1	31841 IAZ	Ng, Lai Wa	17	Hoi Tin	4:45.31 QT
2	36580 B	Tang, Man Rao Jasmine	15	Tai PO	4:52.92 QT
3	32517 B	Wong, Hoi Wai	17	Win Tin	4:56.87 QT
4	33874 IAZ	Lee Giselle, Jacinda Jia Hui	15	South China	5:15.07 QT
5	36672 B	Lam, Karman	16	Pacific	5:17.04 QT
6	32282 IAZ	Cheng, Denise	16	Pacific	5:19.35 QT
7	35988 P	Lee, Jeanelle Faith	15	South China	5:20.83 QT
8	36728 IAZ	Ng, Suet Ying	15	Hoi Tin	5:22.07 QT
9	32777 @P	Ho, Natalie Jade	16	South China	5:27.85 QT
10	30247 IAZ	Yau, Tsz Tung Aubrey	17	Sword Fish Club	6:02.68 QT
11	33715 IAZ	Ma, Gilaine	15	Tai PO	6:02.68 QT

## Event 30 Boys 15-17 400 LC Meter IM

HKR: 4:26.54 WHITTINGTON, Peter Harry, DLS

WCA: 4:17.48

WCB: 4:26.49

AGR: 4:26.78

JR: 4:32.42

5:36.12 QT Qualifying Time

Meet Qualifying: 5:36.12

	ID#	Name	Age	Team	Seed Time
1	33385 B	Lu, Pat Fan	17	Sun Yip	4:27.19 QT
2	36547 IAZ	Wong, Yik Yan Sean	16	South China	4:32.12 QT
3	33890 IAZ	Lai, Chun Wai	15	Lai Wa	4:34.34 QT
4	38227 IAZ	Lo, Tsz Lam	16	Win Tin	4:37.82 QT
5	29884 B	Kwong, Jacob Yat Nam	16	Win Tin	4:37.85 QT
6	33935 B	Yau, Pak Ho	15	Chi Pui	4:37.87 QT
7	33608 IAZN	Wan, Chun Lim	17	Pacific	4:39.91 QT
8	32042 IAZ	Lee, Jia Jun Jody George	17	South China	4:41.01 QT
9	39277 B	Fung, Ho Chun	15	Chi Pui	4:43.22 QT
10	31864 IAZ	Kwong, Bui Ming	17	Hoi Ngai	4:43.75 QT
11	33922 P	So, Kwun Wa	15	White Dolphin	4:44.40 QT
12	35145 IAZ	Liu, Siu Fung	15	Chi Pui	4:54.18 QT
13	31715 IAZ	Tsang, Kei Hon Ian	15	Dik Wing	4:57.39 QT
14	28249 B	Fung, O See Asaph	17	Kowloon Tong Club	5:00.34 QT
15	37757 B	Cheng, Pak Ho	15	HK Sportworld	5:00.54 QT
16	35559 #B	Yam, Ming Chit Frederick	17	Kowloon Tong Club	5:01.81 QT
17	27866 B	Tam, Man Chun Vincent	16	Chi Pui	5:03.74 QT
18	32214 B	Wong, Sum Lam	15	White Dolphin	5:03.85 QT
19	30140 B	Man, Ho Yin	15	Hoi Tin	5:07.96 QT
20	42549 B	Kirk, Ian James	15	Lai Wa	5:09.68 QT
21	33829 IAO	Ko, Harry Hing	15	South China	5:11.53 QT

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Event 30 ... (Boys 15-17 400 LC Meter IM)

22	45424 IAZ	Leung, Wai Lok	15	SuperStar Sports	5:36.12	QT
23	29257 B	He, Shing Ip	17	Chi Pui	5:36.12	QT
24	48237 IAZ	Wang, Yi Shun	15	Chi Pui	5:36.12	QT
25	33435 IAZ	Siu, To	17	Dali Swimming Club	5:36.12	QT
26	38539 B	Chan, Wah Royce	15	HK Sportworld	5:36.12	QT
27	38026 #IAZ	Wu, Yik Ham	15	HK Sportworld	5:36.12	QT
28	34407 #B	Wu, Ting Yuk Cobi	15	Hoi Tin	5:36.12	QT
29	44357 B	Leung, Chun Ho Franky	15	Pacific	5:36.12	QT
30	40285 IAZ	Woo, Bono	15	Pacific	5:36.12	QT
31	37083 P	Kwan, Nicholas	15	Tai PO	5:36.12	QT
32	42614 B	Paau, Sen Wai	15	Tai PO	5:36.12	QT
33	43919 IAZ	Chui, Hoi Haang	15	White Dolphin	5:36.12	QT
34	29282 IAZ	Lin, Lok Him Angus	16	Win Tin	5:36.12	QT

Event 31 Girls 18 & Over 400 LC Meter IM

HKR: 4:48.58 CHENG Chloe, PSC  
 WCA: 4:43.06  
 WCB: 4:52.97  
 6:02.68 QT Qualifying Time

Meet Qualifying: 6:02.68

ID#	Name	Age	Team	Seed Time	
1	20766 B	21	Tai PO	5:05.04	QT
2	38248 P	19	Flying Dragon	5:08.23	QT
3	29902 B	18	Sun Yip	5:11.81	QT

Event 32 Boys 18 & Over 400 LC Meter IM

HKR: 4:26.54 WHITTINGTON, Peter Harry, DLS  
 WCA: 4:17.48  
 WCB: 4:26.49  
 5:36.12 QT Qualifying Time

Meet Qualifying: 5:36.12

ID#	Name	Age	Team	Seed Time	
1	15423 IAZ	25	Hoi Tin	4:38.93	QT
2	29043 B	19	Sun Yip	4:42.31	QT
3	24053 B	20	Pacific	4:59.71	QT
4	20277 IAZ	22	Happy Valley	5:04.90	QT
5	26608 B	19	Hoi Tin	5:07.69	QT
6	28345 B	19	White Dolphin	5:36.12	QT
7	31941 IAZ	19	White Dolphin	5:36.12	QT

Event 33 Girls 4x200 LC Meter Freestyle Relay

HKR: 8:04.55 Hong Kong Team  
 WCA: 8:01.80  
 WCB: 8:01.80  
 9:53.39 QT Qualifying Time

Meet Qualifying: 9:53.39

Team	Relay	Seed Time	
1	Hoi Tin Athletic Assn Ltd	A	8:36.73 QT
2	South China Athletic Assn	A	9:00.90 QT
3	Chi Pui Swimming Club Ltd	A	9:02.00 QT
4	Win Tin Swimming Club	A	9:13.83 QT
5	Happy Valley Athletic Assn	A	9:53.39 QT

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## Event 34 Boys 4x200 LC Meter Freestyle Relay

HKR: 7:27.16 Hong Kong Team

WCA: 7:14.06

WCB: 7:14.06

9:33.33 QT Qualifying Time

Meet Qualifying: 9:33.33

	Team	Relay	Seed Time	
1	Hoi Tin Athletic Assn Ltd	A	7:27.71	QT
2	Win Tin Swimming Club	A	7:52.55	QT
3	Chi Pui Swimming Club Ltd	A	7:53.46	QT
4	South China Athletic Assn	A	8:07.13	QT
5	Hong Kong Sportworld Assn	A	8:56.58	QT
6	Hong Kong North Sports Club	A	9:33.33	QT
7	Sun Yip Swimming Club	A	9:33.33	QT

## Event 35 Girls 10 &amp; Under 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

WCA: 1:00.59

WCB: 1:02.71

AGR: 1:11.95

JR: 1:03.30

1:28.55 QT Qualifying Time

Meet Qualifying: 1:28.55

	ID#	Name	Age	Team	Seed Time	
1	47038 #IAZ	Kwok, You YoYo	10	Hoi Tin	1:18.07	QT
2	44089 B	Yeung, Lei Wah	10	Hoi Tin	1:18.96	QT
3	48850 B	Lam, Tsz Kei	10	Winner	1:19.54	QT
4	46200 IAZ	Kwong, Hoi Yee Phoebe	10	Winner	1:20.57	QT
5	48509 @P	Yip, Sheung Chu	10	New Wave	1:21.63	QT
6	49810	Cheng, Cin Sum Summer	10	Hoi Tin	1:21.65	QT
7	43780 IAZ	Ho, Sin Tung Sebbi	10	Dik Wing	1:22.77	QT
8	45747 IAZ	Chong, Hei Yee	10	Hoi Tin	1:24.21	QT
9	46250 IAZ	Cheung, Ka Yu	10	Flying Fish	1:24.97	QT
10	46519 IAZ	Courtney, Sarah Margaret	9	South China	1:25.11	QT
11	45965 #B	He, Man Wai	10	Chi Pui	1:26.13	QT
12	47157 IAZ	Wong, Pui Yiu	10	SuperStar Sports	1:26.44	QT
13	41234 B	Chan, Yik Naam	10	Hoi Tin	1:27.10	QT
14	43672 P	Yung, Tsz Zeon	9	Hoi Tin	1:27.40	QT
15	42790 IAZ	On, Sing Nga	10	Sea Green	1:27.54	QT
16	47075 IAZ	Tse, Yuet Tung	8	Tai PO	1:28.33	QT
17	49492 B	Au, Wing Cing	9	Winner	1:28.55	QT
18	47545 IAZ	Lam, Wing Nam	10	Winner	1:28.55	QT
19	50341 IAZ	Hu, Xinyue	10	Hoi Tin	1:28.55	QT
20	49818 IAZ	Lo, Kei Tung	8	Hoi Tin	1:28.55	QT
21	46001 IAZ	Mak, Tsz Wing	9	Hilltop	1:28.55	QT
22	45992 IAZ	Tran, Isobel Anh Gia	10	South China	1:28.55	QT
23	46375 IAZ	Mok, Sum Lui	10	Win Tin	1:28.55	QT

## 2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

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## Event 36 Boys 10 &amp; Under 100 LC Meter Backstroke

HKR: 55.61 KWAN Hayden, PSC

WCA: 54.03

WCB: 55.92

AGR: 1:12.02

JR: 57.73

1:28.38 QT Qualifying Time

Meet Qualifying: 1:28.38

	ID#	Name	Age	Team	Seed Time
1	46119 B	Hsieh, Kurtis Yi Hon	10	Tai PO	1:10.28 QT
2	44270 IAZ	Luk, Chun Yu	10	Winner	1:13.89 QT
3	45465 P	Wenn, Isaac Samuel	10	South China	1:14.60 QT
4	45662 @	Lee, Hiu Pang	10	Flying Fish	1:16.88 QT
5	46299 IAZ	Lo, Kei Yan Ian	10	Hoi Tin	1:17.04 QT
6	47275 B	Hsieh, Kyrus Shing Hin	8	Tai PO	1:19.65 QT
7	45993 IAZ	Au Yeung, Blake	10	Hoi Tin	1:19.89 QT
8	46204 IAZ	Ng, Yi Fung	10	New Wave	1:20.82 QT
9	46135 IAZ	Leong, Hei Wun	9	Hoi Tin	1:20.83 QT
10	43017 IAZ	Cheng, Chi Yuk	10	Kwan Hung	1:22.30 QT
11	44646 @IAX	Cheng, Chi Shing	9	Win Tin	1:22.57 QT
12	43889 IAZ	Leung, Ho Ting	10	Dik Wing	1:22.61 QT
13	43578 IAZ	Lam, Tsz Sum Karl	10	Chi Pui	1:24.59 QT
14	46257 IAZ	Wei, Xizhe	8	Hoi Tin	1:24.69 QT
15	46777 B	Lee, Cheuk Fung	10	Happy Valley	1:25.77 QT
16	44968 #B	Li, Lok Chi Adrian	10	Hoi Tin	1:25.90 QT
17	45506 B	Ng, Matthew	10	Winner	1:26.65 QT
18	49203 IM	Zhu, Zhen Feng	10	Kwan Hung	1:27.23 QT
19	46225 B	Chan, Pak Sum	10	Win Tin	1:28.30 QT
20	46828 IAZ	Ho, Siu Kwan	10	Winner	1:28.38 QT
21	46830 IAZ	Lui, Pok Yin	10	Winner	1:28.38 QT
22	50319 @IAX	Ng, Hoi Yeung	10	Chi Pui	1:28.38 QT
23	51349 @^P	Du, Kingsley Tianhong	10	Kwun Tong	1:28.38 QT
24	42050 B	Yu, Kung Yi	10	Win Tin	1:28.38 QT

## Event 37 Girls 11-12 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

WCA: 1:00.59

WCB: 1:02.71

AGR: 1:06.02

JR: 1:03.30

1:20.26 QT Qualifying Time

Meet Qualifying: 1:20.26

	ID#	Name	Age	Team	Seed Time
1	46816 IAZ	Chan, Tsz Yu Ashley	11	Hoi Tin	1:07.56 QT
2	46124 #IAZ	Mathis, Kayla J	12	Tai PO	1:08.76 QT
3	43137 IAZ	Yiu, Sum Yin	12	Win Tin	1:09.98 QT
4	40949 B	Sum, Yi Man	12	Tai PO	1:11.03 QT
5	38797 IAZ	Wong, Hei Ching Henrietta	11	Tai PO	1:11.31 QT
6	42463 B	Ackber, Bertha	12	Hoi Tin	1:12.40 QT
7	45531 IAZ	Zhong, Sin Yiu	11	North Sports	1:12.76 QT
8	42878 B	Chan, Chin Wai	12	Win Tin	1:13.09 QT
9	38029 B	Leung, Evita Yan	12	Tai PO	1:13.17 QT
10	40519 B	Keong, Hiu Tung	12	Sea Green	1:13.39 QT
11	43817 IAZ	Kwok, Hoi Ching	12	Tai PO	1:13.40 QT

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**Psych Sheet**

**Event 37 ... (Girls 11-12 100 LC Meter Backstroke)**

12	40081 B	Lin, Yee Ka Chloe	12	Hoi Tin	1:13.44	QT
13	43574 P	Au, Tsz Yu Chloe	12	Hoi Tin	1:14.13	QT
14	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	11	Jockey Club	1:14.55	QT
15	38411 B	Yung, Tsz Ching	12	Hoi Tin	1:14.65	QT
16	42127 IAZ	Chong, Seu Kiu	12	South China	1:16.48	QT
17	46253 @P	Lutz, Gabriella Chelsea	12	Lai Wa	1:17.30	QT
18	45679 B	Woo, Sin Nga	12	Winner	1:18.36	QT
19	40117 IAZ	Chan, Kalila	12	South China	1:18.67	QT
20	46145 B	Lam, Ching Yee	11	New Wave	1:18.76	QT
21	44369 B	Cheung, Chi Ching Clara	12	Win Tin	1:18.90	QT
22	44740 IAZ	Ma, Yat Yin	11	Hoi Tin	1:18.91	QT
23	45484 B	Tang, Hai Ting Prudence	11	YMCA OF Hong Kong	1:19.51	QT
24	39149 IAZ	Xing, Yina	12	Happy Valley	1:19.55	QT
25	46535 #IAZ	Ng, Jun Hei	12	Tai PO	1:19.63	QT
26	46607 IAZ	Yang, Grace	11	Hoi Tin	1:19.69	QT
27	38413 B	Fung, Kit Ying	12	Hoi Tin	1:20.02	QT
28	43110 B	Leung, Sin Ming Sammy	12	Happy Valley	1:20.24	QT
29	40306 IAZ	Chi, Yi Lam	12	Jockey Club	1:20.26	QT
30	43397 IAZ	Lan, Jacey Laura	11	Jockey Club	1:20.26	QT
31	50573 IAZ	Xu, Coco	11	Hoi Tin	1:20.26	QT
32	38394 B	Yeung, Tin Wing	12	Hoi Tin	1:20.26	QT
33	42151 IAZ	Lai, Cheuk Ling Maris	11	Happy Valley	1:20.26	QT
34	37535 B	Wu, Yue Athena	12	Happy Valley	1:20.26	QT
35	51378 IAZ	Chong, Hei Tung	12	Lai Wa	1:20.26	QT
36	41421 IAZ	Leung, Wing Tung	12	Sea Lion	1:20.26	QT
37	48951 IAZN	Wu, Ruoyu Zoe	11	Tai PO	1:20.26	QT
38	46122 IAZ	Ye, Chi Tung	12	Tai PO	1:20.26	QT
39	43175 IAZ	Li, Ann	12	White Dolphin	1:20.26	QT
40	42880 IAZ	Cheng, Lok Ching	12	Win Tin	1:20.26	QT
41	40798 B	Tse, Man Wai	12	Win Tin	1:20.26	QT

**Event 38 Boys 11-12 100 LC Meter Backstroke**

<b>HKR:</b>	<b>55.61</b>	<b>KWAN Hayden, PSC</b>
<b>WCA:</b>	<b>54.03</b>	
<b>WCB:</b>	<b>55.92</b>	
<b>AGR:</b>	<b>1:03.66</b>	
<b>JR:</b>	<b>57.73</b>	
	<b>1:18.44</b>	<b>QT Qualifying Time</b>

**Meet Qualifying: 1:18.44**

	<b>ID#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>	
1	40104 B	Cheung, Yung	12	White Dolphin	1:04.96	QT
2	49117 @I	Liu, Haoliang	12	Chi Pui	1:08.99	QT
3	43245 B	Wong, Pak Dick	12	Tuen Mun	1:09.60	QT
4	43918 @IAX	Chui, Ue Haang	12	White Dolphin	1:09.85	QT
5	39041 IAZ	Lam, Lok Sum	12	Hoi Tin	1:10.19	QT
6	42008 B	Law, Tsz Lok	11	Win Tin	1:10.63	QT
7	44125 IAZ	Liu, Chun Hay Hayden	12	Pacific	1:10.99	QT
8	40879 IAZ	Chen, Zheng Xuan Jason	11	Hoi Tin	1:11.83	QT
9	40122 B	Kor, Pak Yin	12	South China	1:12.09	QT
10	44353 IAZ	Leung, Cheuk Hong	12	Hoi Tin	1:12.37	QT
11	40882 B	Lee, Chung Hei Aiden	12	Hoi Tin	1:13.01	QT
12	35959 B	Chun, Cheuk Long	12	Pacific	1:14.75	QT

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**Psych Sheet**

**Event 38 ... (Boys 11-12 100 LC Meter Backstroke)**

13	35258 B	Cheung, Man Ho	12	Sea Lion	1:16.04	QT
14	42625 #B	He, Yu Hao	12	Chi Pui	1:16.32	QT
15	41236 B	Yeung, Ho Yin	12	Win Tin	1:17.26	QT
16	43281 #IAZ	Chan, Chak Alfred	12	HK Sportworld	1:17.31	QT
17	42600 IAZ	To, Fei	12	Winner	1:18.04	QT
18	46170 IAZ	Dai, Cho Tsun	12	Kwan Hung	1:18.28	QT
19	42281 #IAZ	Tsang, Lok Him Casper	12	Chi Pui	1:18.36	QT
20	39248 B	Chow, Yik Shun	12	Pacific	1:18.42	QT
21	51368 @^IM	Liu, Yinan	12	Chi Pui	1:18.44	QT
22	48707 @IAX	Wong, Kwan Ngai Johnny	11	Chi Pui	1:18.44	QT
23	46574 IAZ	Fong, Pak Yin	12	Hoi Tin	1:18.44	QT
24	46564 IAZ	Hon, Man Sing	11	Hoi Tin	1:18.44	QT
25	50769 @^ICX	Sun, Maokun	11	Kowloon City	1:18.44	QT
26	43925 B	Lam, Ka Yeung	12	Pacific	1:18.44	QT
27	45560 IAZ	Tseung, Sin Hang	11	South China	1:18.44	QT
28	46520 @P	Zhu, Yangyue	12	South China	1:18.44	QT
29	43109 B	Law, Sai Lai	12	Sun Yip	1:18.44	QT
30	46182 B	Sung, Pak Kiu	12	Sun Yip	1:18.44	QT
31	43413 B	Chan, Tsz Long Reagan	11	Tai PO	1:18.44	QT
32	42051 B	Chung, Jose Tian Lang	12	Win Tin	1:18.44	QT
33	42884 B	Ho, Ari	12	Win Tin	1:18.44	QT
34	44879 IAZ	Lai, Ho Yeung Lucas	12	Win Tin	1:18.44	QT
35	48157 B	Yiu, Chi Him	12	Win Tin	1:18.44	QT

**Event 39 Girls 13-14 100 LC Meter Backstroke**

<b>HKR:</b>	<b>1:00.22</b>	<b>AU Hoi Shun Stephanie, DWA</b>
<b>WCA:</b>	<b>1:00.59</b>	
<b>WCB:</b>	<b>1:02.71</b>	
<b>AGR:</b>	<b>1:04.18</b>	
<b>JR:</b>	<b>1:03.30</b>	
	<b>1:17.04</b>	<b>QT Qualifying Time</b>

**Meet Qualifying: 1:17.04**

ID#	Name	Age	Team	Seed	Time
1	36936 IAZ	13	Win Tin	1:02.90	QT
2	36963 IAZ	14	Tai PO	1:05.38	QT
3	38055 B	13	Tai PO	1:05.75	QT
4	45227 IAZ	14	Lai Wa	1:07.18	QT
5	39706 B	13	White Dolphin	1:07.83	QT
6	39531 B	13	Win Tin	1:08.78	QT
7	43424 IAZ	13	Tai PO	1:09.45	QT
8	37874 IAZ	13	Hoi Tin	1:09.65	QT
9	42134 IAZN	13	Dik Wing	1:10.27	QT
10	46027 B	14	Tai PO	1:11.55	QT
11	45483 B	13	YMCA OF Hong Kong	1:12.38	QT
12	38537 B	14	HK Sportworld	1:12.68	QT
13	35942 B	14	Win Tin	1:12.90	QT
14	35553 B	14	Win Tin	1:12.96	QT
15	37557 P	14	Tai PO	1:13.08	QT
16	38575 IAZ	13	Tai PO	1:13.24	QT
17	35045 #B	14	Pacific	1:13.48	QT
18	38967 B	13	Hoi Tin	1:14.58	QT
19	36832 IAZ	14	South China	1:15.56	QT

## 2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

## Psych Sheet

## Event 39 ... (Girls 13-14 100 LC Meter Backstroke)

20	42458 IAZ	Hon, Tsz Tung	13	Hoi Tin	1:15.91	QT
21	41015 B	Yao, Megan Samantha	13	South China	1:16.21	QT
22	42893 IAZ	Tse, Lok Lam	13	Hoi Tin	1:16.56	QT
23	42516 IAZ	Mao, Elizabeth	13	Happy Valley	1:16.65	QT
24	51369 @^IM	Liu, Yuehan	14	Chi Pui	1:17.04	QT
25	48663 #IAZ	Man, Ho Yan Tiffany	13	Chi Pui	1:17.04	QT
26	39432 IAZ	Leung, Sze Ki Safira	13	Marlins	1:17.04	QT
27	35798 IAZ	Wong, Hin Yan	13	Hoi Tin	1:17.04	QT
28	38033 IAZ	Cheung, Nga Yin Jodie	14	Tai PO	1:17.04	QT
29	40738 B	Li, Sum Yiu	14	White Dolphin	1:17.04	QT
30	41250 B	Li, Karin	13	Win Tin	1:17.04	QT
31	48692 IAZ	Luk, Man Yan	13	Win Tin	1:17.04	QT

## Event 40 Boys 13-14 100 LC Meter Backstroke

HKR: 55.61 KWAN Hayden, PSC

WCA: 54.03

WCB: 55.92

AGR: 58.17

JR: 57.73

1:12.33 QT Qualifying Time

Meet Qualifying: 1:12.33

	ID#	Name	Age	Team	Seed Time	
1	35997 IAZ	Huang, Yuk	14	Tai PO	1:01.82	QT
2	43609 P	Wu, Lok Kan	13	Pacific	1:02.16	QT
3	41422 B	Yick, Sum Kiu	13	Sea Lion	1:02.34	QT
4	43419 IAZ	Ho, Tsz Hong	14	Tai PO	1:02.91	QT
5	33791 B	Tang, Kak Shing	14	Tai PO	1:03.44	QT
6	40455 IAZ	Lam, Wai Lok	14	Sun Yip	1:04.22	QT
7	36447 B	Chin, Wai Lok	14	Win Tin	1:04.37	QT
8	41268 IAZ	Tan, Pak Hei Brian	13	Dik Wing	1:04.58	QT
9	36551 IAZ	Tian, Trevor	14	Tai PO	1:05.28	QT
10	35949 B	Lo, Sui Hong	13	Dali Swimming Club	1:05.76	QT
11	38881 B	Chong, Tik Hei Dick	13	Pacific	1:05.76	QT
12	49179 @ICX	Zhu, Xiuping	14	Pacific	1:05.80	QT
13	34855 B	Lai, Wing Fung	14	Chi Pui	1:05.89	QT
14	39084 B	Chan, See Nok Feliz	13	Win Tin	1:05.89	QT
15	34634 B	Mi, Chun Wai	13	Hoi Tin	1:06.33	QT
16	36791 #IAZ	Fong, Tsz Long Jose	14	Dik Wing	1:06.49	QT
17	45426 IAZ	Ng, Dik Him	14	SuperStar Sports	1:06.75	QT
18	43870 IAZ	Wu, Man Hei	14	Tai PO	1:07.40	QT
19	46303 IAZ	Ho, Tsz Tim	13	Tai PO	1:08.33	QT
20	38083 @P	Sum, Alfred Kyle	13	Hoi Tin	1:08.65	QT
21	36314 IAZ	Mok, Long Sum	14	Lai Wa	1:09.19	QT
22	35931 B	Lam, Marcus Pak Hei	13	Win Tin	1:09.64	QT
23	43171 @P	Kurakata, Kei	14	Tai PO	1:09.75	QT
24	41272 IAZ	Lam, C Yuen Yannis	14	Dik Wing	1:10.15	QT
25	46608 @	Yang, Mingxuan	13	Hoi Tin	1:11.03	QT
26	34715 B	Chan, Chi Ho Steven	14	Win Tin	1:11.09	QT
27	37513 IAZ	Wan, Lok Him	13	Dik Wing	1:11.21	QT
28	46416 B	Lin, Pak Yin	13	HK Sportworld	1:11.35	QT
29	40050 IAZ	Wong, Yin Hing	14	Sword Fish Club	1:11.38	QT
30	37498 B	Lam, Hing Ka	13	Riverside	1:11.51	QT

## 2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

## Psych Sheet

## Event 40 ... (Boys 13-14 100 LC Meter Backstroke)

31	39103 B	Law, Wing Lap	14	Tuen Mun	1:11.89	QT
32	34281 B	Wong, Lok Kan	14	Win Tin	1:12.04	QT
33	46461 IAZ	Chung, Pak Hin	14	SuperStar Sports	1:12.33	QT
34	43321 IAZ	Po, Jit Shun	13	Ti Dynamics	1:12.33	QT
35	46806 IAZ	Yao, Wei Hao	14	Hoi Tin	1:12.33	QT
36	40752 IAZ	Xu, Steven	13	Kwun Tong	1:12.33	QT
37	38564 IAZ	Fung, Kwun Yui	13	Pacific	1:12.33	QT
38	39574 B	Lau, Yi Fung	13	Sun Yip	1:12.33	QT
39	36563 B	Leung, Hok Kiu Jason	14	Sun Yip	1:12.33	QT
40	36946 B	Lee, Chung Hei	13	Win Tin	1:12.33	QT
41	39071 B	Luk, Man Him	14	Win Tin	1:12.33	QT
42	34717 B	Ng, Shiu Chit	14	Win Tin	1:12.33	QT
43	39075 B	Wong, Tsz Hin	14	Win Tin	1:12.33	QT

## Event 41 Girls 15-17 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

WCA: 1:00.59

WCB: 1:02.71

AGR: 1:01.92

JR: 1:03.30

1:17.02 QT Qualifying Time

Meet Qualifying: 1:17.02

	ID#	Name	Age	Team	Seed Time	
1	36580 B	Tang, Man Rao Jasmine	15	Tai PO	1:05.10	QT
2	33947 IAZ	Chan, Hin Yau	16	Tai PO	1:05.47	QT
3	33874 IAZ	Lee Giselle, Jacinda Jia Hui	15	South China	1:06.92	QT
4	31841 IAZ	Ng, Lai Wa	17	Hoi Tin	1:07.02	QT
5	36728 IAZ	Ng, Suet Ying	15	Hoi Tin	1:07.22	QT
6	34665 IAZN	Chan, Peony	15	Tai PO	1:09.07	QT
7	33171 B	Chan, Sze Wing Wincy	15	Hoi Tin	1:09.46	QT
8	35992 P	Mcfarland, Charlotte Chia-Ju	15	South China	1:09.71	QT
9	33520 IAZ	Chen, Wing Kiu	16	South China	1:09.84	QT
10	38025 B	Chan, Wing Yan Cynthia	15	Kwun Tong	1:10.08	QT
11	33828 IAZ	Kor, Ka Hei	15	South China	1:12.24	QT
12	41026 IAZ	Wong, Yat Ching	15	Tai PO	1:12.60	QT
13	35988 P	Lee, Jeanelle Faith	15	South China	1:12.66	QT
14	38838 IAZ	Yeung, Kwan Ching	15	Tai PO	1:13.79	QT
15	37017 IAZ	Chan, Tsun Wing	16	Hoi Tin	1:13.86	QT
16	33183 B	Fok, Hoi Ching	15	Win Tin	1:14.38	QT
17	32777 @P	Ho, Natalie Jade	16	South China	1:14.56	QT
18	40831 B	Lau, Tsz Tung	15	Dali Swimming Club	1:15.19	QT
19	31469 B	Lee, Si Yao Peony	15	South China	1:15.85	QT
20	45684 IAZ	Wong, Tsoi Wan	15	Dik Wing	1:16.94	QT
21	43249 B	Chan, Hiu Laam	15	Tuen Mun	1:17.02	QT
22	29779 B	Hui, Choi Yan	16	Hoi Tin	1:17.02	QT
23	32282 IAZ	Cheng, Denise	16	Pacific	1:17.02	QT
24	33715 IAZ	Ma, Gilaine	15	Tai PO	1:17.02	QT
25	32517 B	Wong, Hoi Wai	17	Win Tin	1:17.02	QT

## 2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

## Psych Sheet

## Event 42 Boys 15-17 100 LC Meter Backstroke

HKR: 55.61 KWAN Hayden, PSC

WCA: 54.03

WCB: 55.92

AGR: 57.38

JR: 57.73

1:09.76 QT Qualifying Time

Meet Qualifying: 1:09.76

	ID#	Name	Age	Team	Seed Time
1	33385 B	Lu, Pat Fan	17	Sun Yip	55.83 QT
2	29545 IAZN	Cheung, Cheuk To	17	Tai PO	57.20 QT
3	36737 B	Chan, Wang Hei Terence	17	Tai PO	57.26 QT
4	42311 IAZ	Yu, Chi Lung	15	Pacific	57.32 QT
5	39015 P	Chan, Tsz Kwan	16	Tai PO	57.53 QT
6	36547 IAZ	Wong, Yik Yan Sean	16	South China	59.72 QT
7	32042 IAZ	Lee, Jia Jun Jody George	17	South China	1:00.47 QT
8	41163 IAZ	Chan, Tsz Hin	15	Tai PO	1:00.66 QT
9	33435 IAZ	Siu, To	17	Dali Swimming Club	1:00.71 QT
10	42614 B	Paau, Sen Wai	15	Tai PO	1:01.36 QT
11	44357 B	Leung, Chun Ho Franky	15	Pacific	1:01.55 QT
12	35559 #B	Yam, Ming Chit Frederick	17	Kowloon Tong Club	1:01.57 QT
13	35022 IAZ	Ip, Ali	16	Tai PO	1:01.96 QT
14	36157 IAZ	Loo, Tsz Chung Berry	15	Dik Wing	1:02.26 QT
15	37937 IAZ	Leung, Pak Hei	16	South China	1:03.12 QT
16	33477 IAZ	Leung, Lok Man	16	Tai PO	1:03.23 QT
17	30633 IAZ	Wan, Tsz Wang	17	CYM	1:03.34 QT
18	33767 IAZ	Lee, Cheston	15	Pacific	1:03.54 QT
19	31715 IAZ	Tsang, Kei Hon Ian	15	Dik Wing	1:03.96 QT
20	36542 IAZ	Poon, Chi Hang Samson	15	South China	1:04.81 QT
21	30140 B	Man, Ho Yin	15	Hoi Tin	1:04.92 QT
22	31864 IAZ	Kwong, Bui Ming	17	Hoi Ngai	1:05.05 QT
23	28299 #B	Yeung, Tsun Ho	17	Sword Fish Club	1:05.08 QT
24	30733 B	Lai, King Wo	16	Win Tin	1:05.14 QT
25	33890 IAZ	Lai, Chun Wai	15	Lai Wa	1:05.76 QT
26	31786 IAZ	Lee, Hon Chung Jonathan	17	South China	1:06.37 QT
27	45424 IAZ	Leung, Wai Lok	15	SuperStar Sports	1:07.90 QT
28	35145 IAZ	Liu, Siu Fung	15	Chi Pui	1:08.45 QT
29	27866 B	Tam, Man Chun Vincent	16	Chi Pui	1:08.46 QT
30	38539 B	Chan, Wah Royce	15	HK Sportworld	1:08.92 QT
31	40285 IAZ	Woo, Bono	15	Pacific	1:09.22 QT
32	35668 B	Chan, Jayden	15	Jockey Club	1:09.23 QT
33	42549 B	Kirk, Ian James	15	Lai Wa	1:09.32 QT
34	32137 IAZ	Yuen, Chun Shing	17	Tuen Mun	1:09.76 QT
35	49455 IAZ	Cai, Qi Hong	16	Chi Pui	1:09.76 QT
36	48237 IAZ	Wang, Yi Shun	15	Chi Pui	1:09.76 QT
37	36111 #IAZ	Yeung, Pun Yin	16	Dali Swimming Club	1:09.76 QT
38	25665 IAZ	Wong, Hoi Nam	17	Dik Wing	1:09.76 QT
39	34407 #B	Wu, Ting Yuk Cobi	15	Hoi Tin	1:09.76 QT
40	51257 IAX	Yick, Chujie Matthew	16	Hoi Tin	1:09.76 QT
41	36899 B	Kwok, Kin Wai	15	Keung Sung	1:09.76 QT
42	45873 IAZ	Chan, Kung Chiu	17	Sword Fish Club	1:09.76 QT
43	32214 B	Wong, Sum Lam	15	White Dolphin	1:09.76 QT
44	33793 IAZ	Tam, Ka Shek	16	Win Tin	1:09.76 QT

## 2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

## Psych Sheet

## Event 43 Girls 18 &amp; Over 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

WCA: 1:00.59

WCB: 1:02.71

1:17.02 QT Qualifying Time

Meet Qualifying: 1:17.02

	ID#	Name	Age	Team	Seed Time	
1	28897 IAZ	Loo, Tsz Ki Cherrie	19	Dik Wing	1:03.23	QT
2	17084 IAZ	Lau, Sze Wing	25	Hoi Tin	1:04.30	QT
3	22665 IAZ	Wei, Gabrielle Jia Yun	20	Island Stingrays	1:17.02	QT

## Event 44 Boys 18 &amp; Over 100 LC Meter Backstroke

HKR: 55.61 KWAN Hayden, PSC

WCA: 54.03

WCB: 55.92

1:09.76 QT Qualifying Time

Meet Qualifying: 1:09.76

	ID#	Name	Age	Team	Seed Time	
1	27239 B	Chan, Sheung Kwan	21	Keung Sung	57.81	QT
2	33504 IAZ	Leung, Lok Hei	18	North Sports	59.36	QT
3	30435 IAZ	Chan, Chin Kan	18	Lai Wa	59.92	QT
4	17709 B	Whittington, Ryan Michael	22	South China	1:01.40	QT
5	27352 B	Lam, Chak Him	18	Riverside	1:02.79	QT
6	29043 B	Tsang, Lok Hei	19	Sun Yip	1:06.15	QT
7	30592 IAZ	Sin, Yau Cheung	19	Sea Lion	1:09.76	QT
8	33407 IAZ	Chu, Ho Yin	18	Tai PO	1:09.76	QT
9	33495 IAZ	Wan, Siu Chun	18	Tai PO	1:09.76	QT
10	18781 IAZ	Chan, Pak Hin	22	White Dolphin	1:09.76	QT
11	28345 B	Sum, Ka Lok Leo	19	White Dolphin	1:09.76	QT
12	30694 IAZ	Cheung, Chi Kit Nicholas	18	Wong Tai Sin	1:09.76	QT
13	27637 @P	Goh, Zong Hern	18	Win Tin	1:09.76	QT
14	32248 B	Li, Sing Hoi	18	Win Tin	1:09.76	QT

## Event 45 Girls 10 &amp; Under 100 LC Meter Breaststroke

HKR: 1:07.69 KONG Yvette Man Yi, SCA

WCA: 1:07.35

WCB: 1:09.71

AGR: 1:18.24

JR: 1:11.30

1:41.46 QT Qualifying Time

Meet Qualifying: 1:41.46

	ID#	Name	Age	Team	Seed Time	
1	46250 IAZ	Cheung, Ka Yu	10	Flying Fish	1:24.66	QT
2	48490 B	Yang, Tsz Yu	10	Tai PO	1:25.69	QT
3	41234 B	Chan, Yik Naam	10	Hoi Tin	1:29.11	QT
4	48850 B	Lam, Tsz Kei	10	Winner	1:32.01	QT
5	48088 IAZ	Wang, Ching Yee	10	Happy Valley	1:32.28	QT
6	47157 IAZ	Wong, Pui Yiu	10	SuperStar Sports	1:35.12	QT
7	44089 B	Yeung, Lei Wah	10	Hoi Tin	1:36.16	QT
8	45747 IAZ	Chong, Hei Yee	10	Hoi Tin	1:38.65	QT
9	45965 #B	He, Man Wai	10	Chi Pui	1:38.71	QT
10	44751 B	Yip, Hazel	9	Dik Wing	1:38.92	QT
11	46819 B	Chow, Huen Ching Greta	10	Hoi Tin	1:39.36	QT
12	50129 @IM	Xie, Yunzhi	9	Kwan Hung	1:40.07	QT
13	43672 P	Yung, Tsz Zeon	9	Hoi Tin	1:40.19	QT

2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

Psych Sheet

Event 45 ... (Girls 10 & Under 100 LC Meter Breaststroke)

14	47075 IAZ	Tse, Yuet Tung	8	Tai PO	1:41.01	QT
15	48509 @P	Yip, Sheung Chu	10	New Wave	1:41.43	QT
16	48031 B	Tang, Hayley	9	SuperStar Sports	1:41.46	QT
17	49492 B	Au, Wing Cing	9	Winner	1:41.46	QT
18	49810	Cheng, Cin Sum Summer	10	Hoi Tin	1:41.46	QT
19	50341 IAZ	Hu, Xinyue	10	Hoi Tin	1:41.46	QT
20	47038 #IAZ	Kwok, You YoYo	10	Hoi Tin	1:41.46	QT
21	46138 B	Tsui, Tin Yee	10	Sea Lion	1:41.46	QT

Event 46 Boys 10 & Under 100 LC Meter Breaststroke

HKR: 1:01.91 TO Kenneth King Him, LWS

WCA: 59.75

WCB: 1:01.84

AGR: 1:18.73

JR: 1:03.01

1:39.55 QT Qualifying Time

Meet Qualifying: 1:39.55

ID#	Name	Age	Team	Seed Time
1	46299 IAZ	10	Hoi Tin	1:19.61 QT
2	43578 IAZ	10	Chi Pui	1:22.61 QT
3	48708 @IAX	9	Chi Pui	1:27.65 QT
4	46199 IAZ	10	Win Tin	1:29.38 QT
5	45993 IAZ	10	Hoi Tin	1:31.22 QT
6	43017 IAZ	10	Kwan Hung	1:32.62 QT
7	46777 B	10	Happy Valley	1:33.02 QT
8	46204 IAZ	10	New Wave	1:33.30 QT
9	46532 IAZ	10	Dali Swimming Club	1:34.34 QT
10	45416 B	10	Win Tin	1:34.74 QT
11	43667 B	10	Hoi Tin	1:34.89 QT
12	46190 IAZ	10	Kowloon City	1:36.16 QT
13	41071 B	10	Pacific	1:38.85 QT
14	44968 #B	10	Hoi Tin	1:39.18 QT
15	50319 @IAX	10	Chi Pui	1:39.55 QT
16	51424 IAZ	10	Kowloon City	1:39.55 QT
17	47594 #IAZ	9	Win Tin	1:39.55 QT
18	42050 B	10	Win Tin	1:39.55 QT

Event 47 Girls 11-12 200 LC Meter Breaststroke

HKR: 2:27.96 KONG Yvette Man Yi, SCA

WCA: 2:25.91

WCB: 2:31.02

AGR: 2:35.62

JR: 2:32.79

3:11.50 QT Qualifying Time

Meet Qualifying: 3:11.50

ID#	Name	Age	Team	Seed Time
1	40306 IAZ	12	Jockey Club	2:41.45 QT
2	38411 B	12	Hoi Tin	2:43.38 QT
3	38528 B	12	Hoi Tin	2:46.35 QT
4	41875 IAZ	12	Sword Fish Club	2:48.70 QT
5	43137 IAZ	12	Win Tin	2:50.44 QT
6	41485 IAZ	11	Happy Valley	2:54.62 QT
7	40761 B	12	Hoi Tin	2:56.08 QT

**2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023**

**Psych Sheet**

**Event 47 ... (Girls 11-12 200 LC Meter Breaststroke)**

8	42880 IAZ	Cheng, Lok Ching	12	Win Tin	2:56.38	QT
9	43175 IAZ	Li, Ann	12	White Dolphin	2:57.95	QT
10	45558 IAZ	Wan, Pisces	12	Dali Swimming Club	2:58.34	QT
11	45628 IAZ	Chan, Pui Ka	11	White Dolphin	3:01.84	QT
12	43397 IAZ	Lan, Jacey Laura	11	Jockey Club	3:02.04	QT
13	40949 B	Sum, Yi Man	12	Tai PO	3:05.85	QT
14	46607 IAZ	Yang, Grace	11	Hoi Tin	3:09.05	QT
15	45894 #IAZ	Yu, Kok Yiu	12	Hoi Tin	3:09.08	QT
16	40950 B	Sum, Yi Lok	12	Tai PO	3:09.84	QT
17	42463 B	Ackber, Bertha	12	Hoi Tin	3:09.89	QT
18	39149 IAZ	Xing, Yina	12	Happy Valley	3:10.51	QT
19	45971 B	Hsu, Wan Hei Wallis	12	White Dolphin	3:11.01	QT
20	48101 B	Tam, Xin Yau Cayenne	12	YMCA OF Hong Kong	3:11.32	QT
21	46145 B	Lam, Ching Yee	11	New Wave	3:11.50	QT
22	48170 IAZ	Choi, Hei Yi	11	Winner	3:11.50	QT
23	45633 IAZ	Chan, Cheuk Lam	12	Marlins	3:11.50	QT
24	45473 #IAZ	Lam, Kit Lui	12	HK Sportworld	3:11.50	QT
25	48623 B	Tang, Tsz Tung Karina	11	HK Sportworld	3:11.50	QT
26	44094 B	Yuen, Yi Amanda	12	Hoi Tin	3:11.50	QT
27	48921 B	Leung, Lok Yee	11	Keung Sung	3:11.50	QT
28	46308 IAZ	So, Hei Shun	12	Kwun Tong	3:11.50	QT
29	45734 #IAZ	Fung, Hei Yiu	11	Sword Fish Club	3:11.50	QT
30	46111 #B	Chau, Pak Yu	11	Tai PO	3:11.50	QT
31	49460 @IM	Xie, Yuqing	12	Tai PO	3:11.50	QT
32	44369 B	Cheung, Chi Ching Clara	12	Win Tin	3:11.50	QT
33	40085 B	Luk, Sum Kiu	11	Win Tin	3:11.50	QT
34	44390 IAZ	Szeto, Yan Na	12	Win Tin	3:11.50	QT
35	42688 B	Yeung, Lok Tung	11	Win Tin	3:11.50	QT
36	47395 IAZ	Yu, Yik Huen	11	Win Tin	3:11.50	QT

**Event 48 Boys 11-12 200 LC Meter Breaststroke**

<b>HKR:</b>	<b>2:11.31</b>	<b>Adam John CHILLINGWORTH, SCA</b>
<b>WCA:</b>	<b>2:10.32</b>	
<b>WCB:</b>	<b>2:14.88</b>	
<b>AGR:</b>	<b>2:30.15</b>	
<b>JR:</b>	<b>2:14.41</b>	
	<b>3:07.77</b>	<b>QT Qualifying Time</b>

Meet Qualifying: 3:07.77

	ID#	Name	Age	Team	Seed Time	
1	39065 B	Leung, Ching To	12	Win Tin	2:36.62	QT
2	43925 B	Lam, Ka Yeung	12	Pacific	2:37.32	QT
3	45472 B	Yeung, Tsz Ho	11	HK Sportworld	2:39.71	QT
4	35959 B	Chun, Cheuk Long	12	Pacific	2:45.52	QT
5	45152 B	Wong, Yat Long	12	Tai PO	2:45.76	QT
6	42303 B	Mi, Chun Ho	11	Hoi Tin	2:50.20	QT
7	40879 IAZ	Chen, Zheng Xuan Jason	11	Hoi Tin	2:50.75	QT
8	40882 B	Lee, Chung Hei Aiden	12	Hoi Tin	2:50.92	QT
9	40104 B	Cheung, Yung	12	White Dolphin	2:52.42	QT
10	48157 B	Yiu, Chi Him	12	Win Tin	2:52.94	QT
11	49117 @I	Liu, Haoliang	12	Chi Pui	2:53.33	QT
12	48707 @IAX	Wong, Kwan Ngai Johnny	11	Chi Pui	2:54.29	QT
13	44794 B	Fan, Cheuk Yiu	12	Tai PO	2:55.51	QT

**2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023**

**Psych Sheet**

**Event 48 ... (Boys 11-12 200 LC Meter Breaststroke)**

14	44141 @IAX	Lam, Hei Yin Kenji	12	Chi Pui	2:57.66	QT
15	43651 P	Chew, Cheuk Him Chester	12	Flying Fish	2:58.34	QT
16	41519 B	Mo, Hong Pok Ayden	11	Hoi Tin	2:58.94	QT
17	44353 IAZ	Leung, Cheuk Hong	12	Hoi Tin	2:59.00	QT
18	43281 #IAZ	Chan, Chak Alfred	12	HK Sportworld	2:59.41	QT
19	44146 B	Gao, William	12	Chi Pui	3:00.14	QT
20	43916 B	Li, Ka Yiu	11	White Dolphin	3:01.01	QT
21	40111 B	Wong, Yik Man Mike	12	South China	3:01.45	QT
22	41236 B	Yeung, Ho Yin	12	Win Tin	3:01.79	QT
23	35258 B	Cheung, Man Ho	12	Sea Lion	3:01.97	QT
24	42448 B	Lee, Man Hei	12	HK Sportworld	3:02.01	QT
25	43735 IAZ	Wong, Tin Lun	12	Pacific	3:05.28	QT
26	45474 #B	Shek, Tsz Hang Jason	12	HK Sportworld	3:05.51	QT
27	40122 B	Kor, Pak Yin	12	South China	3:05.91	QT
28	43451 B	Cheung, Lok Him	12	Flying Fish	3:06.40	QT
29	38408 B	Chung, Tin Long	12	Hoi Tin	3:06.70	QT
30	42530 #P	Kwok, Wing Hin Raymond	12	Chi Pui	3:07.37	QT
31	42318 #IAZN	Lam, Marcus	12	HK Sportworld	3:07.39	QT
32	39041 IAZ	Lam, Lok Sum	12	Hoi Tin	3:07.42	QT
33	47155 @IAX	Li, Chun Hei	11	SuperStar Sports	3:07.77	QT
34	47154 @IAX	Li, Chun Yin	11	SuperStar Sports	3:07.77	QT
35	42625 #B	He, Yu Hao	12	Chi Pui	3:07.77	QT
36	51368 @^IM	Liu, Yinan	12	Chi Pui	3:07.77	QT
37	42836 IAZ	Chi, Yu Xi Seann	12	Jockey Club	3:07.77	QT
38	44675 #B	Cheung, Cheuk Hei	12	HK Sportworld	3:07.77	QT
39	46182 B	Sung, Pak Kiu	12	Sun Yip	3:07.77	QT

**Event 49 Girls 13-14 200 LC Meter Breaststroke**

<b>HKR:</b>	<b>2:27.96</b>	<b>KONG Yvette Man Yi, SCA</b>
<b>WCA:</b>	<b>2:25.91</b>	
<b>WCB:</b>	<b>2:31.02</b>	
<b>AGR:</b>	<b>2:32.79</b>	
<b>JR:</b>	<b>2:32.79</b>	
	<b>3:08.60</b>	<b>QT Qualifying Time</b>

Meet Qualifying: 3:08.60

ID#	Name	Age	Team	Seed Time
1	36944 B	13	Win Tin	2:35.82 QT
2	39432 IAZ	13	Marlins	2:37.46 QT
3	39905 IAZ	13	Jockey Club	2:43.90 QT
4	39531 B	13	Win Tin	2:46.11 QT
5	32978 IAZ	14	Chi Pui	2:47.34 QT
6	38940 IAZ	13	Lai Wa	2:48.09 QT
7	43294 #B	13	Pacific	2:48.53 QT
8	38537 B	14	HK Sportworld	2:50.18 QT
9	43099 IAZ	14	Win Tin	2:50.81 QT
10	42893 IAZ	13	Hoi Tin	2:51.58 QT
11	40740 IAZ	14	White Dolphin	2:54.95 QT
12	42339 B	13	Hoi Tin	2:56.56 QT
13	36832 IAZ	14	South China	3:03.23 QT
14	39519 B	13	Win Tin	3:05.03 QT
15	35379 B	14	Hoi Tin	3:08.35 QT
16	51369 @^IM	14	Chi Pui	3:08.60 QT

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Psych Sheet

Event 49 ... (Girls 13-14 200 LC Meter Breaststroke)

17	48663 #IAZ	Man, Ho Yan Tiffany	13	Chi Pui	3:08.60	QT
18	47588 #B	Li, Man Hin	14	Flying Dragon	3:08.60	QT
19	44554 B	Lee, Wing Sze	13	Happy Valley	3:08.60	QT
20	41484 IAZ	Tang, Lok Kiu	13	Happy Valley	3:08.60	QT
21	45227 IAZ	Tang, Angel	14	Lai Wa	3:08.60	QT
22	35942 B	Choi, Man Yuk	14	Win Tin	3:08.60	QT
23	41848 B	Tang, Hai Shuen Bernice	13	YMCA OF Hong Kong	3:08.60	QT

Event 50 Boys 13-14 200 LC Meter Breaststroke

HKR: 2:11.31 Adam John CHILLINGWORTH, SCA

WCA: 2:10.32

WCB: 2:14.88

AGR: 2:18.11

JR: 2:14.41

2:53.45 QT Qualifying Time

Meet Qualifying: 2:53.45

ID#	Name	Age	Team	Seed Time	
1	32095 B	13	Win Tin	2:24.80	QT
2	36314 IAZ	14	Lai Wa	2:28.92	QT
3	34714 B	14	Win Tin	2:32.34	QT
4	36895 B	14	Hoi Tin	2:35.37	QT
5	35347 IAZ	14	Hoi Tin	2:36.09	QT
6	38215 IAZ	14	Chi Pui	2:36.70	QT
7	37498 B	13	Riverside	2:38.88	QT
8	35385 B	14	Dik Wing	2:40.86	QT
9	39084 B	13	Win Tin	2:42.97	QT
10	40739 IAZ	13	White Dolphin	2:44.93	QT
11	45634 IAZ	14	Marlins	2:45.56	QT
12	39671 IAZ	14	Win Tin	2:46.35	QT
13	35761 IAZ	14	Hoi Tin	2:46.40	QT
14	43609 P	13	Pacific	2:47.35	QT
15	38725 B	13	Pacific	2:47.46	QT
16	46245 B	13	HK Sportworld	2:48.89	QT
17	42638 IAZ	13	HK Sportworld	2:49.02	QT
18	34855 B	14	Chi Pui	2:51.32	QT
19	39933 B	13	HK Sportworld	2:52.24	QT
20	46974 IAZ	13	Chi Pui	2:53.45	QT
21	42097 B	14	Marlins	2:53.45	QT
22	45583 P	14	Hoi Tin	2:53.45	QT
23	40460 IAZ	13	Hoi Tin	2:53.45	QT
24	43322 IAX	13	Pacific	2:53.45	QT
25	43695 B	13	Sun Yip	2:53.45	QT
26	42280 B	14	Win Tin	2:53.45	QT
27	35571 B	14	Win Tin	2:53.45	QT

## 2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

## Psych Sheet

## Event 51 Girls 15-17 200 LC Meter Breaststroke

HKR: 2:27.96 KONG Yvette Man Yi, SCA

WCA: 2:25.91

WCB: 2:31.02

AGR: 2:31.65

JR: 2:32.79

3:08.60 QT Qualifying Time

Meet Qualifying: 3:08.60

	ID#	Name	Age	Team	Seed Time	
1	33815 IAZ	Wong, Hin Yi	16	Tai PO	2:37.21	QT
2	36672 B	Lam, Karman	16	Pacific	2:37.66	QT
3	34467 B	Chan, Tsz Ching	17	Sea Lion	2:38.02	QT
4	38297 IAX	Cheung, Hau Wing	15	Lai Wa	2:38.81	QT
5	33129 IAZ	Lau, Yui Sze	16	Sword Fish Club	2:44.88	QT
6	33520 IAZ	Chen, Wing Kiu	16	South China	2:52.22	QT
7	33187 IAZ	Tse, Tsz Yu	15	Win Tin	2:56.01	QT
8	31524 B	Chu, Wai Ki	16	Win Tin	2:57.01	QT
9	33426 IAZN	Chan, Tsz Wing Sophie	15	South China	2:57.97	QT
10	37788 IAZ	Chan, Hoi Lam	15	Tuen Mun	3:06.54	QT
11	38455 IAZ	Tse, Hoi Ting Samantha	15	Flying Dragon	3:08.60	QT
12	36728 IAZ	Ng, Suet Ying	15	Hoi Tin	3:08.60	QT
13	46344 #@ICO	Wong, Suyo	16	Hoi Tin	3:08.60	QT
14	32282 IAZ	Cheng, Denise	16	Pacific	3:08.60	QT
15	38132 IAZ	Wong, Kwok Tao	15	Pacific	3:08.60	QT

## Event 52 Boys 15-17 200 LC Meter Breaststroke

HKR: 2:11.31 Adam John CHILLINGWORTH, SCA

WCA: 2:10.32

WCB: 2:14.88

AGR: 2:11.89

JR: 2:14.41

2:53.11 QT Qualifying Time

Meet Qualifying: 2:53.11

	ID#	Name	Age	Team	Seed Time	
1	38227 IAZ	Lo, Tsz Lam	16	Win Tin	2:16.20	QT
2	35805 B	So, Chun Hin	16	Tai PO	2:19.75	QT
3	39277 B	Fung, Ho Chun	15	Chi Pui	2:22.63	QT
4	32738 IAZ	Man, Ho Him	17	Lai Wa	2:22.79	QT
5	32214 B	Wong, Sum Lam	15	White Dolphin	2:23.65	QT
6	27866 B	Tam, Man Chun Vincent	16	Chi Pui	2:24.18	QT
7	33925 B	Wong, Tsz Ming	16	White Dolphin	2:26.22	QT
8	41024 B	Li, Matthew	15	HK Sportworld	2:27.39	QT
9	29688 B	Cheung, Ka Ming	16	White Dolphin	2:27.43	QT
10	29849 B	Yeung, Cheuk Hay Hayden	17	Chi Pui	2:29.23	QT
11	33793 IAZ	Tam, Ka Shek	16	Win Tin	2:31.11	QT
12	42390 #IAZ	Au, Pak Tung Parco	15	Pacific	2:33.36	QT
13	31822 B	Lau, Ming Yui	17	Lai Wa	2:35.62	QT
14	41023 B	Wan, Ho Long	15	Pacific	2:35.80	QT
15	33943 B	Lee, Chun Him	16	Lai Wa	2:36.27	QT
16	33922 P	So, Kwun Wa	15	White Dolphin	2:36.92	QT
17	30633 IAZ	Wan, Tsz Wang	17	CYM	2:37.44	QT
18	36900 B	Kwong, Yin Hei	15	Keung Sung	2:39.16	QT
19	46189 @IAX	Ayhan, S. Deniz	16	Flying Dragon	2:40.38	QT
20	35668 B	Chan, Jayden	15	Jockey Club	2:41.08	QT

2023-24 Div.1 Age Group LC Swimming Comp P1 - 29/07/2023 to 30/07/2023

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Event 52 ... (Boys 15-17 200 LC Meter Breaststroke)

21	39207 B	Tam, Tsz Ho	16	Pacific	2:43.89	QT
22	41161 B	Yuen, Chun Hei	16	Tai PO	2:44.69	QT
23	47455 IAZ	Pan, Yu Lam	17	Lai Wa	2:45.28	QT
24	46259 IAZ	Tang, Chun Fan	15	SuperStar Sports	2:46.60	QT
25	32099 B	Ng, Wai Ting	15	Win Tin	2:47.16	QT
26	41592 B	Hui, Hon Anson	16	Win Tin	2:52.67	QT
27	44357 B	Leung, Chun Ho Franky	15	Pacific	2:53.11	QT
28	31214 IAZ	Yip, Joshua	16	South China	2:53.11	QT
29	30733 B	Lai, King Wo	16	Win Tin	2:53.11	QT

Event 53 Girls 18 & Over 200 LC Meter Breaststroke

HKR: 2:27.96 KONG Yvette Man Yi, SCA

WCA: 2:25.91

WCB: 2:31.02

3:08.60 QT Qualifying Time

Meet Qualifying: 3:08.60

	ID#	Name	Age	Team	Seed Time	
1	29139 B	Young, Sze Ki	20	Tai PO	2:37.70	QT
2	39592 IAZ	Sng, Yan Megan	18	Dik Wing	3:08.60	QT
3	17084 IAZ	Lau, Sze Wing	25	Hoi Tin	3:08.60	QT

Event 54 Boys 18 & Over 200 LC Meter Breaststroke

HKR: 2:11.31 Adam John CHILLINGWORTH, SCA

WCA: 2:10.32

WCB: 2:14.88

2:53.11 QT Qualifying Time

Meet Qualifying: 2:53.11

	ID#	Name	Age	Team	Seed Time	
1	30694 IAZ	Cheung, Chi Kit Nicholas	18	Wong Tai Sin	2:14.58	QT
2	33407 IAZ	Chu, Ho Yin	18	Tai PO	2:22.60	QT
3	42025 IAO	Luk, Arnold Bingtse	26	South China	2:23.21	QT
4	33495 IAZ	Wan, Siu Chun	18	Tai PO	2:23.85	QT
5	30592 IAZ	Sin, Yau Cheung	19	Sea Lion	2:26.89	QT
6	49338 ^IAZ	Villa, Tristan Miguel Luis R	18	South China	2:27.24	QT
7	38965 IAZ	Kwok, Chun Kiu Joshua	18	Kowloon City	2:29.49	QT
8	26597 IAZ	Ngai, Tsz Ho	19	Hoi Tin	2:29.68	QT
9	33716 B	Chan, Ngai Cheung	18	Tuen Mun	2:31.00	QT
10	29306 B	Cheng, Hoi Kei	18	White Dolphin	2:32.09	QT
11	29043 B	Tsang, Lok Hei	19	Sun Yip	2:33.53	QT
12	32776 IAZ	Lai, Wai Tsan	18	South China	2:34.65	QT
13	25129 B	Chan, Pak Hei	22	Sun Yip	2:38.27	QT
14	22413 IAZ	Lee, Shing Yan	20	Hoi Tin	2:53.11	QT
15	26608 B	Tang, Ho Sum	19	Hoi Tin	2:53.11	QT
16	46530 @IAZ	Lai, Chun Hei	21	Lai Wa	2:53.11	QT
17	24053 B	Po, Hin Hang	20	Pacific	2:53.11	QT
18	40109 IAZ	Lee, Chun Sing Jason	19	South China	2:53.11	QT
19	36739 #IAZ	Wu, Hoi Fu	19	Sea Lion	2:53.11	QT
20	18781 IAZ	Chan, Pak Hin	22	White Dolphin	2:53.11	QT