

# Programme

## 比賽賽程



### HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF WORLD AQUATICS)  
(AFFILIATED TO THE SPORTS FEDERATION AND  
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

**2023-24 Div. I Age Group Short Course Swimming Competition (Part 1)**

**二零二三至二四年第一組短池分齡游泳比賽第一節**

**27 January 2024 (Sat)**

**二零二四年一月二十七日(星期六)**

**Victoria Park Swimming Pool**

**維多利亞公園游泳池**

**Address: 1 Hing Fat Street, Causeway Bay, Hong Kong**

**地址: 香港銅鑼灣興發街一號**

**Subvented by the LCSD**



**Hosting Club**

**Hong Kong Dali Swimming Club**

## 2023-2024 D1SCP1 - Entry Information

### No. of Entries by Event

Event #	Event Name	Entries
1	Girls 13-14 800 Freestyle	26
2	Boys 13-14 1500 Freestyle	25
3	Girls 15-17 800 Freestyle	12
4	Boys 15-17 1500 Freestyle	31
5	Girls 18 & Over 800 Freestyle	6
6	Boys 18 & Over 1500 Freestyle	4
7	Girls 11-12 200 Butterfly	20
8	Boys 11-12 200 Butterfly	33
9	Girls 13-14 200 Butterfly	20
10	Boys 13-14 200 Butterfly	29
11	Girls 15-17 200 Butterfly	12
12	Boys 15-17 200 Butterfly	26
13	Girls 18 & Over 200 Butterfly	5
14	Boys 18 & Over 200 Butterfly	3
15	Girls 10 & Under 50 Backstroke	27
16	Boys 10 & Under 50 Backstroke	21
17	Girls 11-12 50 Backstroke	31
18	Boys 11-12 50 Backstroke	39
19	Girls 13-14 50 Backstroke	33
20	Boys 13-14 50 Backstroke	35
21	Girls 15-17 50 Backstroke	20
22	Boys 15-17 50 Backstroke	46
23	Girls 18 & Over 50 Backstroke	7
24	Boys 18 & Over 50 Backstroke	15
25	Girls 10 & Under 100 Breaststroke	25
26	Boys 10 & Under 100 Breaststroke	17
27	Girls 11-12 100 Breaststroke	38
28	Boys 11-12 100 Breaststroke	33
29	Girls 13-14 100 Breaststroke	36
30	Boys 13-14 100 Breaststroke	30
31	Girls 15-17 100 Breaststroke	24
32	Boys 15-17 100 Breaststroke	39
33	Girls 18 & Over 100 Breaststroke	7
34	Boys 18 & Over 100 Breaststroke	21
35	Girls 4x100 Freestyle Relay	5
36	Boys 4x100 Freestyle Relay	11
37	Girls 10 & Under 100 IM	18
38	Boys 10 & Under 100 IM	17
39	Girls 11-12 100 IM	39
40	Boys 11-12 100 IM	42
41	Girls 13-14 100 IM	37
42	Boys 13-14 100 IM	44
43	Girls 15-17 100 IM	29
44	Boys 15-17 100 IM	60
45	Girls 18 & Over 100 IM	14
46	Boys 18 & Over 100 IM	22
47	Girls 10 & Under 200 Freestyle	36
48	Boys 10 & Under 200 Freestyle	27
49	Girls 11-12 200 Freestyle	31
50	Boys 11-12 200 Freestyle	45
51	Girls 13-14 200 Freestyle	36
52	Boys 13-14 200 Freestyle	35
53	Girls 15-17 200 Freestyle	19
54	Boys 15-17 200 Freestyle	38
55	Girls 18 & Over 200 Freestyle	7
56	Boys 18 & Over 200 Freestyle	11

### Entry information by Day

Day / Session	No. of Entries	Total
Day 1	104	104
Day 2 AM	692	1315
Day 2 PM	623	

**1419**

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 1)

2023 - 2024 第一組短池分齡游泳比賽第一節

**Date:** 30 December 2023 (Saturday)      **Venue:** Victoria Park Swimming Pool 維多利亞公園游泳池  
**Warm up:** 1400 - 1445 hours      **First Event:** 1500 hours

**GIRLS 女**

**BOYS 男**

1	13 & 14 YRS	800M	FREESTYLE	自由泳	~
3	15 – 17 YRS	800M	FREESTYLE	自由泳	~
5	18 & OVER	800M	FREESTYLE	自由泳	~
~	13 & 14 YRS	1500M	FREESTYLE	自由泳	2
~	15 – 17 YRS	1500M	FREESTYLE	自由泳	4
~	18 & OVER	1500M	FREESTYLE	自由泳	6

截止註冊日期      CLOSING DATE FOR REGISTRATION:      **17 November 2023 (1700 hours)**

截止報名日期      CLOSING DATE FOR ENTRIES:      **8 December 2023 (1700 hours)**

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION - DIVISION I (PART 1)

2023 - 2024 第一組短池分齡游泳比賽第一節

Date: 27 January 2024 (Saturday)

Venue: Victoria Park Swimming Pool 維多利亞公園游泳池

Afternoon Warm up: 1400 - 1445 hours

Afternoon Session First Event: 1500 hours

GIRLS 女

BOYS 男

7	11 & 12 YRS	200M	BUTTERFLY	蝶泳	8
9	13 & 14 YRS	200M	BUTTERFLY	蝶泳	10
11	15 - 17 YRS	200M	BUTTERFLY	蝶泳	12
13	18 & OVER	200M	BUTTERFLY	蝶泳	14
15	10 YRS & UNDER	50M	BACKSTROKE	背泳	16
17	11 & 12 YRS	50M	BACKSTROKE	背泳	18
19	13 & 14 YRS	50M	BACKSTROKE	背泳	20
21	15 - 17 YRS	50M	BACKSTROKE	背泳	22
23	18 & OVER	50M	BACKSTROKE	背泳	24
25	10 YRS & UNDER	100M	BREASTSTROKE	蛙泳	26
27	11 & 12 YRS	100M	BREASTSTROKE	蛙泳	28
29	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	30
31	15 - 17 YRS	100M	BREASTSTROKE	蛙泳	32
33	18 & OVER	100M	BREASTSTROKE	蛙泳	34

LUNCH BREAK 午餐時間

35		4x100 M	FREE RELAY	自由接力	36
37	10 YRS & UNDER	100M	IND. MEDLEY	個人四式	38
39	11 & 12 YRS	100M	IND. MEDLEY	個人四式	40
41	13 & 14 YRS	100M	IND. MEDLEY	個人四式	42
43	15 - 17 YRS	100M	IND. MEDLEY	個人四式	44
45	18 & OVER	100M	IND. MEDLEY	個人四式	46
47	10 YRS & UNDER	200M	FREESTYLE	自由泳	48
49	11 & 12 YRS	200M	FREESTYLE	自由泳	50
51	13 & 14 YRS	200M	FREESTYLE	自由泳	52
53	15 - 17 YRS	200M	FREESTYLE	自由泳	54
55	18 & OVER	200M	FREESTYLE	自由泳	56

截止註冊日期 CLOSING DATE FOR REGISTRATION: 17 November 2023 (1700 hours)

截止報名日期 CLOSING DATE FOR ENTRIES: 8 December 2023 (1700 hours)

**二零二三至二零二四年第一組長、短池分齡游泳比賽  
比賽規程**

日期/場地：	請參閱項目表。
報名條件：	<ul style="list-style-type: none"> <li>◇ 所有參賽者必須為游泳總會正式註冊的 <b>2023-2024</b> 年度分齡組泳員，並於比賽截止報名前廿一日註冊。</li> <li>◇ 泳員須達到第一組標準時間方可參加比賽。</li> <li>◇ 已達到第一組標準時間之泳員不可參加較低組別的比赛，否則將會受到分齡賽停賽規例制裁。</li> <li>◇ 首次報名參與第一組分齡游泳比賽(長池及短池)而未能提交本會舉辦或認可游泳賽事的成績證明，必須以該項的達標時間報名。</li> </ul>
報名：	<ul style="list-style-type: none"> <li>◇ 未填妥或不正確的報名資料，將不獲受理，報名費概不發還。</li> <li>◇ 截止後的報名將不獲受理。</li> </ul> <p><u>個人項目</u></p> <ul style="list-style-type: none"> <li>◇ 每名泳員最多可參加四個個人項目。</li> <li>◇ 如泳員在比賽前或比賽後被發現參加多於指定數量項目，本會將取消該泳員最後一項的比賽或成績。</li> <li>◇ *每項報名費為港幣\$15 元正。</li> <li>◇ 所有以達標時間("QT") 報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正。</li> </ul> <p><u>接力項目</u></p> <ul style="list-style-type: none"> <li>◇ 接力採取會際形式。</li> <li>◇ 每個泳會只可派一隊參加每項接力。</li> <li>◇ *每項報名費為港幣\$15 元正。</li> <li>◇ 所有以達標時間("QT") 報名的項目一律為港幣\$15+港幣\$40, 即港幣\$55 元正。</li> <li>◇ *請以劃線支票付款，抬頭寫 'Hong Kong China Swimming Association' 。</li> </ul>
截止報名：	報名須於比賽二十一日前辦妥。(以泳總公佈為準)
截止註冊：	註冊須於比賽截止報名二十一日前辦妥。(以泳總公佈為準)
項目：	請參閱項目表。所有項目不設初賽，名次以比賽成績計算。
參賽標準：	請參閱第一組達標時間表。(不達標項目每項罰款港幣 50 元正)
年齡組：	<ul style="list-style-type: none"> <li>◇ 年齡以比賽日計算。</li> </ul> <p><u>個人項目</u></p> <ul style="list-style-type: none"> <li>◇ 10 歲或以下、11 及 12 歲、13 及 14 歲、15 至 17 歲、18 歲或以上。</li> </ul>
棄權：	棄權須於每節開賽三十分鐘前遞交。“缺席”的罰款為每項港幣\$30 元正。
獎項：	<ul style="list-style-type: none"> <li>◇ 每個個人項目及接力項目的首三名將獲頒發獎牌。</li> <li>◇ 未達參賽標準時間的泳員將不獲發獎牌。</li> </ul>
規則：	<ul style="list-style-type: none"> <li>◇ 比賽採用世界泳聯規則及泳總游泳競賽規程。</li> <li>◇ 泳員申請分段時間紀錄須於每節開賽前 30 分鐘遞交申請表，連同港幣 300 元正予總裁判。任何情況下，所繳費用概不發還。</li> <li>◇ 接力名單連註冊編號須於每節比賽開始前 30 鐘提交。</li> </ul>
上訴：	<ul style="list-style-type: none"> <li>◇ 任何上訴須以書面提出，並須在該成績公佈後三十分鐘內，連同上訴費港幣\$300 元遞交予總裁判。</li> <li>◇ 上訴交由該比賽之上訴委員會作決定。</li> <li>◇ 若上訴被駁回，已繳費用概不發還。</li> </ul>

**2023 – 2024 AGE GROUP DIVISION I  
LONG COURSE AND SHORT COURSE  
SWIMMING COMPETITIONS**

*Rules & Regulations*

<b>Date/Venue</b>	Please see attached event lists.
<b>Entry Conditions</b>	<ul style="list-style-type: none"> <li>❖ All competitors must be 2023 – 2024 registered age group swimmers of HKGSA and register to HKGSA at least <u>21 days</u> prior to the closing date of entries.</li> <li>❖ Swimmers should reach Div I qualifying standard.</li> <li>❖ Swimmers having best time met Div.1 qualifying standard cannot swim at lower division(s) or else Age Group Suspension Rule shall apply.</li> <li>❖ For all new entries for any event entered with no proven result, qualify time for individual event of Division I shall be used as entry time.</li> </ul>
<b>Entries</b>	<ul style="list-style-type: none"> <li>❖ Incomplete/incorrect entry information will be rejected and fees paid will not be refunded.</li> <li>❖ Late entries will not be accepted.</li> </ul> <p><u>Individual Events</u></p> <ul style="list-style-type: none"> <li>❖ <b>Each swimmer is limited to no more than 4 individual events.</b></li> <li>❖ In case of any swimmer entering number of events in excess of the entry quota, HKGSA will scratch or cancel the result of the swimmer's last entry event.</li> <li>❖ *HK\$15 per individual event.</li> <li>❖ * HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time (“QT”) entry.</li> </ul> <p><u>Relay Events</u></p> <ul style="list-style-type: none"> <li>❖ Relays will be run on a club basis.</li> <li>❖ Each club may enter one team in each relay event.</li> <li>❖ *HK\$15.00 per team per relay event.</li> <li>❖ * HK\$ 15 + HK\$ 40 = HK\$ 55 --- For each qualified time (“QT”) entry.</li> </ul> <p>*Payment should be made by crossed cheque payable to ‘Hong Kong China Swimming Association’.</p>
<b>Closing Date for Entries</b>	21 days prior to the date of competition. (subject to the announcement of the HKGSA)
<b>Closing Date for Registration</b>	21 days prior to the closing date of entries. (subject to the announcement of the HKGSA)
<b>Event list</b>	Please see attached event list. Events will be run as timed finals.
<b>Qualifying Standards</b>	Please see attached qualifying times list. (A fine of HK\$50 will be charged of each “not qualified”.)
<b>Age Group</b>	<ul style="list-style-type: none"> <li>❖ Age is calculated as at the day of the competition.</li> </ul> <p><u>Individual Events</u></p> <ul style="list-style-type: none"> <li>❖ 10 &amp; under, 11 &amp; 12, 13 &amp; 14, 15 - 17, 18 &amp; over.</li> </ul>
<b>Scratches</b>	Scratches must be submitted 30 minutes before the scheduled start time of each session. A fine of \$30 will be charged for each “no show”.
<b>Awards</b>	<ul style="list-style-type: none"> <li>❖ Medals will be awarded to 1st, 2nd and 3rd places.</li> <li>❖ No medals will be awarded to swimmers who fail to meet the qualifying time.</li> </ul>
<b>Rules</b>	<ul style="list-style-type: none"> <li>❖ World Aquatics rules &amp; HKGSA swimming rules will apply.</li> <li>❖ Swimmers who apply for split time record should submit application form with application fee <b>HK\$300</b> to the Referee 30 minutes before the start of each session. <b>Fee paid will not be refunded in any case.</b></li> <li>❖ Names of swimmers together with registration number actually swimming on a relay must be submitted 30 minutes before the start of each session.</li> </ul>

**Protest**

- ❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with protest fee of **HK\$300**.
- ❖ Protest will be forward to the Appeal Board of such competition for decision.
- ❖ If the protest is rejected, the fee paid will be forfeited.

## 熱身安全守則

運動員及教練必須於所有本會舉辦之游泳比賽中，遵守以下熱身安全守則：

### 普通熱身安全守則

由熱身時間開始至熱身完結前十五分鐘期間，以下普通熱身安全守則將會執行：

- 1) 所有泳道只開放用作一般熱身之用。
- 2) 泳員只能以腳入水方式落水。
- 3) 泳員只能以循環游泳方式熱身，不可以從跳台或泳池邊起跳。
- 4) 泳員於熱身後須儘快離開泳道以讓其他泳員能有充足時間進行熱身。泳員更不可於泳池內逗留或嬉戲。
- 5) 泳員須於起點及終點兩旁離開泳池，當泳員穿越泳道時應於泳線下越過並應儘速離開水面，不得潛泳。

### 衝刺及起跳熱身安全守則

由熱身完結前十五分鐘至熱身完結期間，以下衝刺及起跳熱身安全守則將會執行：

- 1) 一般情況下，最外圍四條泳道(左右各兩)將開放用作起跳及衝刺練習。其他泳道仍只用作普通熱身之用。以一個標準泳池作舉例，泳道 0,1 及 8,9 將開放予泳員用作衝刺及起跳練習。
- 2) 泳員必須於練習完畢後儘速離開。
- 3) 長池安排: 衝刺泳道將劃分為兩部份,由起點起計二十五米及由終點起計十五米。
- 4) 短池安排: 衝刺泳道用作予泳員於指定時段及泳道從跳台或水中起跳。泳員只能以單向方式前進。泳員必須於教練監察下作衝刺及起跳練習。
- 5) 進行背泳練習之泳員須留意沒有其他泳員於跳台上同時準備起跳。如有背泳泳員準備起跳，等候中泳員不應踏上跳台。

除以上守則以外，泳員須留意及遵守大會或總裁判現場有關熱身時段安排之宣佈。

### 教練應注意以下事項:

只有泳總註冊教練方能於熱身時間期間在池面逗留，並須佩戴泳總註冊教練證於當眼處。總裁判及泳總職員將於熱身期間進行檢查，未能出示泳總註冊教練證之人仕將不能於池面逗留並須立即離開。未合符註冊資格的教練可申請進入池面許可證。

- 1) 佩戴泳總註冊教練證於當眼處。
- 2) 指導泳員遵守安全指引及熱身注意事項。
- 3) 於泳員熱身期間積極監察其安全及活動。
- 4) 盡量與泳員保持良好溝通。

## **WARM UP RULES**

The following general pool procedures for the **MAIN COMPETITION POOL** must be observed throughout the warm up sessions in every HKGSA swimming competition:

### **GENERAL Warm-up procedure**

From the beginning to 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) All lanes can be used for general warm-up.
- 2) Swimmers must enter the pool feet first. NO DIVING is allowed.
- 3) Lap Swimming only.
- 4) Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers to have adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 5) Swimmers are recommended to cross lanes at the side of Starting or Turning End. They should swim under water when crossing the lane and should break to the surface as soon as possible.

### **Sprint and Start practice Warm-up procedure**

From 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) In general, the outermost lane(s) should be used for race starts and sprint purpose, the remaining lanes for general warm-up. For instance, for a standard pool, lanes 0,1 and 8, 9 would be reserved as Sprints Lanes for swimmers to have race starts and sprint practice.
- 2) Swimmers must leave the sprint lanes immediately after practice.
- 3) In 50m pool, sprints lanes will be split into two ends, 25m from the Starting end and 15m from the turning end of the pool.
- 4) In 25m pool, sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- 5) Backstrokers should ensure that they are not starting at the same time while a swimmer is on the block. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

In addition to the procedures above please be aware of announcements to determine lane usage throughout the meet, as usage may vary at the discretion of the Referee.

**Coaches are responsible for the following:**

Only Registered Coaches of HKGSA are allowed to stay at the pool deck during warm-up time. Registered Coaches are required to wear the Coach Registration Card conspicuously when staying at the pool deck during warm up session. They should process and present the Coach Registration Card to the Referee and designated HKGSA staff for validation. Those who fail to process and present the Coach Registration Card will **not** be permitted to stay at the pool deck. Pool deck entry application is available for coaches who are not eligible to register with HKGSA.

- 1) Wearing the Coach Registration Card conspicuously.
- 2) Instructing swimmers regarding safety guidelines and warm-up procedures.
- 3) Actively supervising their swimmers throughout the warm-up sessions.
- 4) Maintaining as much contact with their swimmers as possible.

# HONG KONG SWIMMING RECORDS

Listed Date: 1<sup>st</sup> January 2024

## HONG KONG SHORT COURSE RECORDS

### MEN'S EVENTS

50 Free	20.99	HO Ian Yentou, SCA	16 <sup>th</sup> FINA World Swimming Championships (25m), Dec 13-18 ,2022
100 Free	47.15	TO Kenneth King Him, LWS	FINA/airweave Swimming World Cup – Tokyo, Nov 14-15,2017
200 Free	1:45.36	TO Kenneth King Him, LWS	Div.1 (Part 1) SC Comp, Jun 10-11,2017
400 Free	3:46.12	CHEUK Ming Ho, CPS	Div.1 (Part 2) SC Comp, Sep 10, 2023
800 Free	8:00.08	CHEUK Ming Ho, CPS	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
1500 Free	15:01.80	CHEUK Ming Ho, CPS	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
50 Back	23.68	NG Cheuk Yin, TPS	Division 1 SC Swimming Time Trial, Jul 17,2022
100 Back	51.30	NG Cheuk Yin, TPS	16 <sup>th</sup> FINA World Swimming Championships (25m), Dec 13-18 ,2022
200 Back	1:53.95	KWAN Hayden, PSC	16 <sup>th</sup> FINA World Swimming Championships (25m), Dec 13-18 ,2022
50 Breast	26.89	TO Kenneth King Him, LWS	HK AG SC Champ. Mar 9-11,2018
100 Breast	57.82	TO Kenneth King Him, LWS	HK AG SC Champ. Mar 9-11,2018
200 Breast	2:06.46	CHILLINGWORTH Adam John, SCA	16 <sup>th</sup> FINA World Swimming Championships (25m), Dec 13-18 ,2022
50 Fly	22.90	TO Kenneth King Him, LWS	FINA/airweave Swimming World Cup – Beijing, Nov 10-11, 2017
100 Fly	51.45	NG Cheuk Yin, TPS	Division 1 SC Swimming Time Trial, Jul 17,2022
200 Fly	1:57.18	LIM Nicholas Owen Zhaoguang, LRC	Div.1 (Part 1) SC Comp, Jun 2-3,2018
100 IM	51.88	TO Kenneth King Him, LWS	14 <sup>th</sup> FINA World Swimming Championships (25m) – Hangzhou, Dec 11-16, 2018
200 IM	1:54.83	TO Kenneth King Him, LWS	FINA/airweave Swimming World Cup – Hong Kong,Sep 30–Oct 1, 2017
400 IM	4:15.24	WHITTINGTON Peter Harry, DLS	HK AG SC Champ., May 26-28, 2023
4x50 FR	1:27.59	Hong Kong Team CHEUK Ming Ho, HO Ian Yentou, NG Cheuk Yin, KWAN Hayden 22.93 43.88 1:05.24	16 <sup>th</sup> FINA World Swimming Championships (25m), Dec 13-18 ,2022
4x50 MR	1:34.74	Hong Kong Team KWAN Hayden, NG Yan Kin, NG Cheuk Yin, HO Ian Yentou 24.38 51.81 1:14.40	16 <sup>th</sup> FINA World Swimming Championships (25m), Dec 13-18 ,2022
4x100 MR	3:30.73	Hong Kong Team KWAN Hayden, CHILLINGWORTH Adam John, NG Cheuk Yin, HO Ian Yentou 52.96 1:52.37 2:43.50	16 <sup>th</sup> FINA World Swimming Championships (25m), Dec 13-18 ,2022
4x100 FR	3:14.67	Hong Kong Team CHEUK Ming Ho, HO Ian Yentou, NG Yan Kin, NG Cheuk Yin 48.71 1:36.66 2:26.83	16 <sup>th</sup> FINA World Swimming Championships (25m), Dec 13-18 ,2022
4x200 FR	7:21.61	Hong Kong Team CHEUK Ming Ho, KWAN Hayden, CHILLINGWORTH Adam John, NG Yan Kin 1:47.15 3:36.17 5:27.98	16 <sup>th</sup> FINA World Swimming Championships (25m), Dec 13-18 ,2022

\*: Pending for Swimming Committee's Ratification

<sup>w</sup>World Record

<sup>a</sup>Asian Record

# Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 1<sup>st</sup> January 2024

## HONG KONG SHORT COURSE RECORDS

### WOMEN'S EVENTS

<sup>A</sup> 50 Free	23.75 HAUGHEY Siobhan Bernadette, SCA	ISL Season (ITA) Aug 26, 2021
<sup>A</sup> 100 Free	50.79 HAUGHEY Siobhan Bernadette, SCA	ISL Season (NED) Dec 04, 2021
<sup>wA</sup> 200 Free	1:50.31 HAUGHEY Siobhan Bernadette, SCA	15 <sup>th</sup> FINA World Swimming Championships (25m), Dec 16-21, 2021
400 Free	3:56.52 HAUGHEY Siobhan Bernadette, SCA	FINA Swimming World Cup 2022 - Berlin, Oct 21-23,2022
800 Free	8:25.47 AU Hoi-Shun Stephanie, *DW	FINA World Cup – Singapore, Nov.22,2009
1500 Free	16:35.88 AU Hoi-Shun Stephanie, *DW	Div.1 (Part 3) SC Comp, Feb 22,2009
50 Back	26.95 AU Hoi-Shun Stephanie, DWA	FINA/airweave Swimming World Cup – Hong Kong,Sep 30–Oct 1, 2017
100 Back	58.27 AU Hoi-Shun Stephanie, DWA	FINA/MASTBANK World Cup - HK, Sep 30,2014
200 Back	2:06.65 CHEUNG Sum Yuet Cindy, TPS	HK AG SC Champ., May 26-28, 2023
50 Breast	29.88 HAUGHEY Siobhan Bernadette, SCA	ISL Season College Park, MD (USA) Nov 16-17,2019
100 Breast	1:05.92 KONG Yvette Man-yi, SCA	FINA World Cup – Singapore, Nov 21-22 ,2009
200 Breast	2:23.46 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 3) SC Comp, Feb 23, 2014
50 Fly	26.09 SZE Hang-Yu, WTS	HK SC Age Group Champ., Mar 14-16,2014
100 Fly	57.98 CHAN Kin Lok, WTS	FINA/airweave Swimming World Cup – Doha, Oct 4-5,2017
200 Fly	2:08.72 CHAN Kin Lok, WTS	FINA/airweave Swimming World Cup – Doha, Oct 4-5,2017
100 IM	59.45 HAUGHEY Siobhan Bernadette, SCA	2022-2023 Age Group Short Course Time Trial, Sep 3-4,2022
200 IM	2:08.03 HAUGHEY Siobhan Bernadette, SCA	2022-2023 Age Group Short Course Time Trial, Sep 3-4,2022
400 IM	4:42.32 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 3) SC Comp, Feb 23, 2014
4x50 FR	1:39.35 Hong Kong Team TAM Hoi Lam, AU Hoi Shun Stephanie, CHAN Kin Lok, SZE Hang Yu 24.70                      49.38                      1:14.59	15 <sup>th</sup> FINA World Swimming Championships (25m), Dec 16-21, 2021
4x100 MR	3:58.32 Hong Kong Team AU Hoi Shun Stephanie, IP Rainbow, CHAN Kin Lok, SZE Hang Yu 58.32                      2:06.03                      3:04.68	5 <sup>th</sup> Asian Indoor & Martial Arts Games Ashgabat Sep 17-27, 2017
4x100 FR	3:40.18 Hong Kong Team AU Hoi Shun Stephanie, Ho Nam Wai, WONG Cho Ying, SZE Hang Yu 54.47                      1:49.59                      2:46.58	5 <sup>th</sup> Asian Indoor & Martial Arts Games Ashgabat Sep 17-27, 2017
4x200 FR	7:55.48 Hong Kong Team TANG Tsoi Lam Katii, SZE Hang Yu, CHENG Chloe, AU Hoi Shun Stephanie 1:58.31                      3:56.72                      5:55.92	15 <sup>th</sup> FINA World Swimming Championships (25m), Dec 16-21, 2021

### Target Time

**4x50 MR                      1:48.79**

\*: Pending for Swimming Committee's Ratification

<sup>w</sup>World Record

<sup>A</sup>Asian Record

# Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 1<sup>st</sup> January 2024

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## MIXED'S EVENTS

4x50 FR	1:30.43	Hong Kong Team	15th FINA World Swimming Championships (25m), Dec 16-21, 2021
		NG Cheuk Yin, HO Ian Yentou, HAUGHEY Siobhan Bernadette, TAM Hoi Lam	
		22.29 42.90 1:06.32	
4x50 MR	1:42.05	Hong Kong Team	16 <sup>th</sup> FINA World Swimming Championships (25m), Dec 13-18 ,2022
		AU Hoi-Shun Stephanie, NG Yan Kin, SZE Hang Yu, HO Ian Yentou	
		27.49 55.41 1:21.34	

# HONG KONG SWIMMING RECORDS

Listed Date: 1<sup>st</sup> January 2024

## HONG KONG SHORT COURSE JUNIOR RECORDS (Under 16 years)

### MEN'S EVENTS

50 Free	23.20 NG Cheuk Yin, TPS	Div. 1 (Part 2) AG SC Competition, Jul 29,2018
100 Free	50.21 HO Siu Lun, DLS	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1,2019
200 Free	1:51.85 CHEUK Ming Ho, CPS	HK AG SC Champ. Mar 9-11,2018
400 Free	3:55.97 CHEUK Ming Ho, CPS	HK AG SC Champ. Mar 9-11,2018
<b>*800 Free</b>	<b>8:00.38 WANG Yi Shun, CPS</b>	<b>Div.1 (Part 3) SC Comp., Dec 9-10, 2023</b>
1500 Free	15:47.30 CHEUK Ming Ho, CPS	HK AG SC Champ. Mar 9-11,2018
50 Back	25.33 NG Cheuk Yin, TPS	HK AG SC Champ. Mar 9-11,2018
100 Back	55.31 YU Dongqi, HTA	HK AG SC Champ., May 26-28,2023
200 Back	2:01.01 NG Cheuk Yin, TPS	Div. 1 (Part 2) AG SC Competition, Jul 29,2018
50 Breast	28.32 TSUI Yik Ki, PSC	HK AG SC Champ., May 26-28,2023
100 Breast	1:01.88 MAK Sai Ting Adam, HTA	Division 1 SC Swimming Time Trial, Jul 17,2022
200 Breast	2:08.98 MAK Sai Ting Adam, HTA	Division 1 SC Swimming Time Trial, Jul 17,2022
<b>*50 Fly</b>	<b>24.50 LAU Kin Hei James, HTA</b>	<b>Div.1 (Part 3) SC Comp., Dec 9-10, 2023</b>
100 Fly	53.68 LAU Kin Hei James, HTA	HK AG SC Champ., May 26-28,2023
<b>*200 Fly</b>	<b>2:00.36 LAU Kin Hei James, HTA</b>	<b>Div.1 (Part 1) SC Comp., Dec 30-31,2023</b>
100 IM	56.47 LAU Kin Hei James, HTA	HK AG SC Champ., May 26-28,2023
200 IM	2:03.15 NG Chun Nam Derick, WTS	HK AG SC Champ. 10, Mar 14,2010
<b>*400 IM</b>	<b>4:22.00 LAU Kin Hei James, HTA</b>	<b>Div.1 (Part 3) SC Comp., Dec 9-10, 2023</b>
4x100 FR	3:33.20 Hoi Tin Athletic Association LAU Ping Chi, WONG Lok Kan, TSUI Wang Long Dominic, WONG Wai Lun 51.49 3.33.20	Div.1 (Part 1) SC Comp, Jun 2-3,2018
4x200 FR	7:52.55 Win Tin Swimming Club LO Tsz Lam, XU Rui Chen, CHAN Wai Ching Adrian, LAI King Wo	Div.1 (Part 2) SC Comp, Sep 17,2022
<b>*4x100 MR</b>	<b>3:47.69 Pacific Swimming Club Yu Chi Lung, Tsui Yik Ki, Zhu XiuPing, Lau Tsz Pok</b>	<b>Div.1 (Part 3) SC Comp, Dec 9-10,2023</b>

### Junior Best Time

#200 Fly 1:58.13 (Manual time) LAU Kin Hei James HK AG SC Champ., May 26-28,2023

# HONG KONG SWIMMING RECORDS

Listed Date: 1<sup>st</sup> January 2024

## HONG KONG SHORT COURSE JUNIOR RECORDS (Under 16 years)

### WOMEN'S EVENTS

50 Free	25.22 WONG Sze Ting, WTS	HK AG SC Champ, Mar 8-10, 2019
100 Free	54.45 HAUGHEY Siobhan Bernadette, SCA	2013 NSW State Age SC Champ., Aug 2,2013
200 Free	1:56.83 HO Nam Wai, WTS	HK AG SC Champ. Mar 9-11,2018
400 Free	4:05.59 HO Nam Wai, WTS	HK AG SC Champ. Mar 9-11,2018
800 Free	8:32.97 HO, Nam Wai, WTS	HK AG SC Champ. Mar 9-11,2018
1500 Free	16:39.11 HO, Nam Wai, WTS	Div.1 (Part 3) SC Comp, Feb 11-12,2017
50 Back	28.14 KAN Cheuk Tung Natalie, HVA	HK AG SC Champ, Mar 9-11,2018
100 Back	1:01.39 AU Hoi-Shun Stephanie, *DW	2 <sup>nd</sup> Asian Indoor Games – Macau, Oct 31,2007
200 Back	2:12.76 CHEUNG Sum Yuet Cindy, TPS	Division 1 SC Swimming Time Trial, Jul 17,2022
50 Breast	31.31 MAN Wui Kiu, CPS	HK AG SC Champ. May 26-28, 2023
100 Breast	1:08.48 MAN Wui Kiu, CPS	HK AG SC Champ. May 26-28, 2023
*200 Breast	2:28.02 MAN Wui Kiu, CPS	Div.1 (Part 3) SC Comp., Dec 9-10, 2023
50 Fly	27.14 CHAN Kin Lok, WTS	3 <sup>rd</sup> Asian Indoor Games-Vietnam, Nov 6,2009
100 Fly	1:00.37 YEUNG Hoi Ching, TPS	2022-2023 Age Group Short Course Time Trial, Sep 3-4,2022
200 Fly	2:12.57 TOWN Jennifer Ka Hang, SCA 2:12.57 YEUNG Hoi Ching, TPS	AG SC Champ 08, Mar 14-16,2008 16 <sup>th</sup> FINA World Swimming Championships (25m), Dec 13-18 ,2022
100 IM	1:02.10 KAN Cheuk Tung Natalie, HVA 1:02.10 KAN Cheuk Tung Natalie, HVA	5 <sup>th</sup> Asian Indoor & Martial Arts Games Ashgabat, Sep 17-27, 2017 HK AG SC Champ. Mar 9-11,2018
200 IM	2:13.68 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar.16-18,2012
400 IM	4:43.49 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar.12,2011
4x100 MR	4:13.67 Win Tin Swimming Club FUNG Suet Ying Chloe, HUI Ka Ling, LUI Ho Yee Chloe, WONG Sze Ting 1:03.67 2:15.42 3:18.77	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1,2019
4x200 FR	8:24.30 Hoi Tin Athletic Association Lam Hoi Kiu, Ng Lai Wa, Leung Ka Ching, Lau Ping Yi Audrey 2:06.58 4:14.59 6:21.71	Div.1 (Part 2) SC Comp, Sep 1, 2019

### Target Time

4x100 FR                    3:56.46

# HONG KONG SWIMMING RECORDS

Listed Date: 1<sup>st</sup> January 2024

## HONG KONG AGE GROUP SHORT COURSE RECORDS

### BOYS' 10 & UNDER EVENTS

50 Free	28.40	HO Siu Lun, DLS	HK AG Group SC Champ, Mar 13-15,2015
100 Free	1:02.04	WONG Hung-ting, CYM	HK SC Age Group Champ., Mar 19-21,2004
200 Free	2:12.62	WONG Hung-ting, CYM	Div.1 (Part1) SC Comp, Dec 14,2003
50 Back	31.54	HO Siu Lun, DLS	HK AG Group SC Champ, Mar 13-15,2015
100 Back	1:10.28	HSIEH Kurtis Yi Hon, TPS	AG SC Champ., May 26-28, 2023
50 Breast	36.37	TAM Ka-ming, HVA	AG SC Champ 08, Mar 14-16,2008
100 Breast	1:19.50	CHEUNG Ryan, CPS	HK AG SC Champ. Mar 9-11,2018
50 Fly	30.21	HO Siu Lun, DLS	HK AG Group SC Champ, Mar 13-15,2015
100 Fly	1:06.24	LAU Kin Hei James, HTA	Div.1 (Part 2) SC Comp, Sep 1, 2019
100 IM	1:09.97	CHAN Pak Hin, *WD	HK SC Age Group Champ., Mar 16-18,2012
200 IM	2:30.59	WHITTINGTON Peter Harry, DLS	HK AG Group SC Champ, Mar 13-15,2015

## HONG KONG AGE GROUP SHORT COURSE RECORDS

### GIRLS' 10 & UNDER EVENTS

50 Free	28.03	HAUGHEY Siobhan Bernadette, SCA	AG SC Champ 08, Mar 14-16,2008
100 Free	1:00.74	HAUGHEY Siobhan Bernadette, SCA	AG SC Champ 08, Mar 14-16,2008
200 Free	2:11.43	HAUGHEY Siobhan Bernadette, SCA	AG SC Champ 08, Mar 14-16,2008
50 Back	32.00	MA Wing Yu, *WA	HK Age Group SC Champ Mar 13,2016
100 Back	1:07.91	MA Wing Yu, *WA	HK Age Group SC Champ Mar 13,2016
50 Breast	35.10	HO Kang Ni Chloe, HTA	AG SC Champ., May 26-28, 2023
100 Breast	1:15.44	HO Kang Ni Chloe, HTA	AG SC Champ., May 26-28, 2023
50 Fly	30.67	LEE Si Yao Peony, TPS	HK AG SC Champ. Mar 9-11,2018
100 Fly	1:07.58	LEE Si Yao Peony, SCA	Div. 1 (Part 2) AG SC Competition, Jul 29,2018
100 IM	1:11.52	HO Kang Ni Chloe, HTA	AG SC Champ., May 26-28, 2023
200 IM	2:29.06	HAUGHEY Siobhan Bernadette, SCA	AG SC Champ 08, Mar 14-16,2008

# HONG KONG SWIMMING RECORDS

Listed Date: 1<sup>st</sup> January 2024

## HONG KONG AGE GROUP SHORT COURSE RECORDS

### BOYS' 11 – 12 YEARS EVENTS

50 Free	24.83 LAU Kin Hei James, HTA	Div.1 (Part 2) SC Comp, Sep 12, 2021
100 Free	55.13 LEE Yat Yuen Yen, HTA	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1,2019
200 Free	2:00.18 CHAN Wai Ching Adrian, WTS	2022-2023 Age Group Short Course Time Trial, Sep 3-4,2022
400 Free	4:13.04 CHAN Wai Ching Adrian, WTS	2022-2023 Age Group Short Course Time Trial, Sep 3-4,2022
50 Back	28.09 HO Siu Lun, DLS	HK AG SC Champ, Mar 10-12,2017
100 Back	1:01.08 LU Pat Fan, HVA	HK AG SC Champ, Mar 8-10, 2019
200 Back	2:13.10 LU Pat Fan, HVA	HK AG SC Champ, Mar 8-10, 2019
50 Breast	30.81 LAU Kin Hei James, HTA	Div.1 (Part 2) SC Comp, Sep 12, 2021
100 Breast	1:09.13 TAM Ka Ming, *CY	Div.1 (Part 1) SC Comp, Dec. 5,2010
200 Breast	2:30.22 LAU Chor Tik, WTS	2022-2023 Age Group Short Course Time Trial, Sep 3-4,2022
50 Fly	27.22 LAU Kin Hei James, HTA	Hong Kong Short Course Swimming Time Trial I, Jul 11, 2021
100 Fly	58.69 LAU Kin Hei James, HTA	Div.1 (Part 2) SC Comp, Sep 12, 2021
200 Fly	2:12.65 LAU Kin Hei James, HTA	Hong Kong Short Course Swimming Time Trial I, Jul 11, 2021
100 IM	1:01.68 LU Pat Fan, HVA	HK AG SC Champ, Mar 8-10, 2019
200 IM	2:12.31 LAU Kin Hei James, HTA	Div.1 (Part 2) SC Comp, Sep 12, 2021

## HONG KONG AGE GROUP SHORT COURSE RECORDS

### GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.39 TSE On Ching, TPS	HK AG SC Champ, Mar 8-10, 2019
100 Free	57.15 TSE On Ching, TPS	HK AG SC Champ, Mar 8-10, 2019
200 Free	2:03.92 TSE On Ching, TPS	HK AG SC Champ, Mar 8-10, 2019
400 Free	4:20.95 MOK Sze Ki, HVA	HK AG SC Champ, Mar 8-10, 2019
50 Back	29.91 CHAN Lok Tung, DLS	2022-2023 Age Group Short Course Time Trial, Sep 3-4,2022
100 Back	1:02.82 LAI Chu Yi, WTS	HK SC Age Group Champ., Mar 13,2011
200 Back	2:17.59 CHEUNG Sum Yuet Cindy, TPS	HK AG SC Champ, Mar 8-10, 2019
50 Breast	33.18 MAN Wui Kiu, CPS	2022-2023 Age Group Short Course Time Trial, Sep 3-4,2022
100 Breast	1:12.54 KONG Man-yi, DLS	DIV I AG SC Swim Comp, Dec 18,2005
200 Breast	2:34.47 MA Hei Tung Fiona, DLS	AG SC Champ 08, Mar 14-16,2008
50 Fly	28.75 TSE On Ching, TPS	HK AG SC Champ, Mar 8-10, 2019
100 Fly	1:03.17 MOK Sze Ki, HVA	HK AG SC Champ, Mar 8-10, 2019
200 Fly	2:17.67 MOK Sze Ki, HVA	HK AG SC Champ, Mar 8-10, 2019
100 IM	1:05.75 WONG Sze Laam Serena, WTS	Div. 2 (Part 3) SC Comp, Mar 4 2023
200 IM	2:20.77 MOK Sze Ki, HVA	HK AG SC Champ, Mar 8-10, 2019

# HONG KONG SWIMMING RECORDS

Listed Date: 1<sup>st</sup> January 2024

## HONG KONG AGE GROUP SHORT COURSE RECORDS

### BOYS' 13 – 14 YEARS EVENTS

50 Free	23.24 LAU Kin Hei James, HTA	HK AG SC Champ., May 26-28,2023
100 Free	51.35 LAU Kin Hei James, HTA	Div.1 (Part 3) SC Comp, Nov 19-20,2022
200 Free	1:53.57 CHEUK Ming Ho, CPS	HK AG SC Champ, Mar 10-12,2017
400 Free	3:59.66 WANG Yi Shun, CPS	HK AG SC Champ., May 26-28,2023
800 Free	8:18.98 WANG Yi Shun, CPS	HK AG SC Champ., May 26-28,2023
1500 Free	15:50.65 WONG Ming Hong, HTA	HK AG Group SC Champ, Mar 13-15,2015
50 Back	25.88 HO Siu Lun, DLS	HK AG SC Champ, Mar 8-10, 2019
100 Back	56.29 YUK Shing Chi, PSC	FINA/airweave Swimming World Cup – Hong Kong,Sep 30-Oct 1, 2017
200 Back	2:02.57 HO Siu Lun, DLS	HK AG SC Champ, Mar 8-10, 2019
50 Breast	29.02 TSUI Yik Ki, PSC	Div.1 (Part 2) SC Comp, Sep 17,2022
100 Breast	1:03.73 WONG Benson, DLS	FINA/airweave Swimming World Cup – Hong Kong,Sep 30-Oct 1, 2017
200 Breast	2:14.80 WONG Benson, DLS	FINA/airweave Swimming World Cup – Hong Kong,Sep 30-Oct 1, 2017
*50 Fly	24.81 Chung, Hei Chit, HTA	Div.1 (Part 3) SC Comp., Dec 9-10,2023
100 Fly	53.68 LAU Kin Hei James, HTA	HK AG SC Champ., May 26-28,2023
200 Fly	2:04.74 YAU Pak Ho, CPS	Division 1 SC Swimming Time Trial, Jul 17,2022
100 IM	56.47 LAU Kin Hei James, HTA	HK AG SC Champ., May 26-28,2023
200 IM	2:03.44 LAU Kin Hei James, HTA	HK AG SC Champ., May 26-28,2023
400 IM	4:24.14 LAU Ping Chi, HTA	FINA/airweave Swimming World Cup – Hong Kong,Sep 30-Oct 1, 2017

### Age Group Best Time

#200 Fly 1:58.13 (Manual time) LAU Kin Hei James HK AG SC Champ., May 26-28,2023

## HONG KONG AGE GROUP SHORT COURSE RECORDS

### GIRLS' 13 – 14 YEARS EVENTS

50 Free	25.22 WONG Sze Ting, WTS	HK AG SC Champ, Mar 8-10, 2019
100 Free	54.63 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar 16-18,2012
200 Free	2:00.32 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar 16-18,2012
400 Free	4:11.59 HO, Nam Wai, WTS	HK AG SC Champ, Mar 10-12,2017
800 Free	8:38.96 HO, Nam Wai, WTS	HK AG SC Champ, Mar 10-12,2017
1500 Free	16:39.11 HO, Nam Wai, WTS	Div.1 (Part 3) SC Comp, Feb 11-12,2017
50 Back	28.24 KAN Cheuk Tung Natalie, HVA	HK AG SC Champ, Mar 10-12,2017
100 Back	1:02.07 KAN Cheuk Tung Natalie, HVA	HK AG SC Champ, Mar 10-12,2017
200 Back	2:13.57 WAN Ching Man Andrea, TPS	HK SC Age Group Champ., Mar 16-18,2012
50 Breast	31.31 MAN Wui Kiu, CPS	HK AG SC Champ., May 26-28,2023
100 Breast	1:08.48 MAN Wui Kiu, CPS	HK AG SC Champ., May 26-28,2023
*200 Breast	2:28.02 MAN Wui Kiu, CPS	Div.1 (Part 3) SC Comp., Dec 9-10,2023
50 Fly	27.62 LI Sum Yiu, WDA	HK AG SC Champ., May 26-28,2023
100 Fly	1:00.98 LAU Ping Yi Audrey, HTA	Div.1 (Part 2) SC Comp, Sep 1, 2019
200 Fly	2:14.28 WANG Xin Tong, WTS	HK AG SC Champ., May 26-28,2023
100 IM	1:02.52 MAN Wui Kiu, CPS	HK AG SC Champ., May 26-28,2023
200 IM	2:13.68 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar 16-18,2012
400 IM	4:43.49 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ., Mar 12,2011

\*: Pending for Swimming Committee's Ratification

<sup>w</sup>World Record

<sup>a</sup>Asian Record

# Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 1<sup>st</sup> January 2024

## HONG KONG AGE GROUP SHORT COURSE RECORDS

### BOYS' 15 – 17 YEARS EVENTS

50 Free	22.41 NG Cheuk Yin, TPS	Div.1 (Part 2) SC Comp, Sep 1, 2019
100 Free	48.95 NG Cheuk Yin, TPS	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1,2019
200 Free	1:48.82 CHEUK Ming Ho, CPS	14 <sup>th</sup> FINA World Swimming Championships (25m) – Hangzhou, Dec 11-16, 2018
400 Free	3:51.88 LIAO Xian Hao Jonathan, HJC	HK Age Group SC Champ Mar 13,2016
800 Free	8:00.08 CHEUK Ming Ho, CPS	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
1500 Free	15:01.80 CHEUK Ming Ho, CPS	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
50 Back	24.71 NG Cheuk Yin, TPS	HK AG SC Champ, Mar 8-10, 2019
100 Back	53.52 NG Cheuk Yin, TPS	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1,2019
200 Back	1:58.67 NG Cheuk Yin, TPS	Div.1 (Part 2) SC Comp, Sep 1, 2019
50 Breast	28.07 MAK Sai Ting Adam, HTA	FINA Swimming World Cup 2022 - Toronto, Oct 28-30 2022
<b>*100 Breast</b>	<b>59.94 MAK Sai Ting Adam, HTA</b>	<b>Div.1 (Part 1) SC Comp., Dec 30-31,2023</b>
200 Breast	2:06.63 MAK Sai Ting Adam, HTA	HK AG SC Champ., May 26-28, 2023
50 Fly	23.37 NG Cheuk Yin, TPS	Div. 1 AG SC Swim Comp. Part 3, Nov 30- Dec 1,2019
100 Fly	53.88 LIM Nicholas Owen Zhaoguang, LRC	HK AG SC Champ, Mar 8-10, 2019
200 Fly	1:57.18 LIM Nicholas Owen Zhaoguang, LRC	Div.1 (Part 1) SC Comp, Jun 2-3,2018
100 IM	56.00 NG Chun Nam Derick, WTS	Div.1 (Part 1) SC Comp, Dec 3-4,2011
200 IM	2:00.62 WHITTINGTON Peter Harry, DLS	Div.1 (Part 2) SC Comp, Sep 12,2021
400 IM	4:21.07 CHEUNG Ryan, CPS	HK AG SC Champ., May 26-28, 2023

## HONG KONG AGE GROUP SHORT COURSE RECORDS

### GIRLS' 15 – 17 YEARS EVENTS

50 Free	24.99 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 2) SC Comp, Jan 19,2014
100 Free	53.28 HAUGHEY Siobhan Bernadette, SCA	HK SC Age Group Champ, Mar 15,2014
200 Free	1:56.83 HO Nam Wai, WTS	HK AG SC Champ. Mar 9-11,2018
400 Free	4:05.83 HO Nam Wai, WTS	HK AG SC Champ. Mar 9-11,2018
800 Free	8:25.47 AU Hoi-Shun Stephanie, *DW	FINA World Cup – Singapore, Nov 21,2009
1500 Free	16:35.88 AU Hoi-Shun Stephanie, *DW	Div.1 (Part 3) SC Comp, Feb 22,2009
50 Back	27.43 CHEUNG Sum Yuet Cindy, TPS	HK AG SC Champ., May 26-28, 2023
100 Back	58.39 CHEUNG Sum Yuet Cindy, TPS	HK AG SC Champ., May 26-28, 2023
200 Back	2:06.65 CHEUNG Sum Yuet Cindy, TPS	HK AG SC Champ., May 26-28, 2023
50 Breast	31.15 KONG Yvette Man-yi, SCA	FINA World Cup – Singapore, Nov 21-22 ,2009
100 Breast	1:05.92 KONG Yvette Man-vi, SCA	FINA World Cup – Singapore, Nov 21-22 ,2009
200 Breast	2:23.46 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 3) SC Comp, Feb 23, 2014
50 Fly	27.01 KAN Cheuk Tung Natalie, HVA	HK AG SC Champ, Mar 8-10, 2019
100 Fly	59.01 WONG Chuo Tung, HVA	HK AG SC Champ., May 26-28, 2023
200 Fly	2:10.06 MOK Sze Ki, HVA	HK AG SC Champ., May 26-28, 2023
100 IM	1:01.08 KAN Cheuk Tung Natalie, HVA	FINA Swimming World Cup – Singapore, Nov 15-17, 2018
200 IM	2:10.90 CHENG, Chloe, PSC	Hong Kong Short Course Swimming Time Trial I, Jul 11, 2021
400 IM	4:42.32 HAUGHEY Siobhan Bernadette, SCA	Div.1 (Part 3) SC Comp, Feb 23,2014

\*: Pending for Swimming Committee's Ratification

<sup>w</sup>World Record

<sup>a</sup>Asian Record

# Best Time

2023-2024 Div. I Age Group Long Course & Short Course Swimming Competitions Qualifying Times

2023-2024 第一組分齡長池及短池游泳比賽達標時間

		10 & Under 十歲或以下		11 & 12 十一歲及十二歲		13 & 14 十三及十四歲		15 & Over 十五歲或以上	
		Girls 女	Boys 男	Girls 女	Boys 男	Girls 女	Boys 男	Girls 女	Boys 男
50M 米	Freestyle 捷泳	0:34.60	0:33.42	0:31.07	0:29.66	0:30.10	0:27.38	0:30.10	0:26.61
100M 米	Freestyle 捷泳	1:16.06	1:13.84	1:08.09	1:05.90	1:05.44	1:00.41	1:05.44	0:58.05
200M 米	Freestyle 捷泳	2:51.19	2:42.40	2:27.26	2:24.51	2:26.36	2:14.90	2:25.97	2:10.36
400M 米	Freestyle 捷泳	~	~	5:08.80	4:59.42	5:06.94	4:39.74	5:06.94	4:39.74
800M 米	Freestyle 捷泳	~	~	~	~	10:21.45	9:46.58	10:13.55	9:39.10
1500M 米	Freestyle 捷泳	~	~	~	~	20:01.97	19:03.56	19:39.46	18:42.33
50M 米	Backstroke 背泳	0:41.54	0:39.59	0:36.87	0:36.67	0:36.27	0:33.47	0:36.25	0:32.24
100M 米	Backstroke 背泳	1:28.55	1:28.38	1:20.26	1:18.44	1:17.04	1:12.33	1:17.02	1:09.76
200M 米	Backstroke 背泳	~	~	2:57.55	2:49.19	2:56.37	2:40.72	2:51.67	2:38.55
50M 米	Breaststroke 蛙泳	0:45.40	0:43.27	0:40.49	0:39.86	0:40.05	0:35.43	0:40.05	0:34.89
100M 米	Breaststroke 蛙泳	1:41.46	1:39.55	1:31.32	1:26.36	1:29.70	1:19.08	1:29.67	1:18.00
200M 米	Breaststroke 蛙泳	~	~	3:11.50	3:07.77	3:08.60	2:53.45	3:08.60	2:53.11
50M 米	Butterfly 蝶泳	0:39.17	0:38.04	0:33.83	0:32.91	0:33.50	0:30.21	0:33.49	0:28.89
100M 米	Butterfly 蝶泳	1:41.94	1:34.29	1:22.06	1:18.96	1:18.29	1:09.43	1:17.34	1:05.52
200M 米	Butterfly 蝶泳	~	~	3:06.20	3:00.24	2:56.44	2:47.13	2:43.38	2:35.01
100M 米	Ind. Medley 個人四式	1:26.00	1:24.99	1:18.40	1:16.46	1:15.96	1:08.61	1:14.48	1:05.72
200M 米	Ind. Medley 個人四式	3:11.48	3:08.44	2:52.84	2:48.63	2:47.14	2:34.69	2:46.93	2:28.16
400M 米	Ind. Medley 個人四式	~	~	~	~	6:02.68	5:36.37	6:02.68	5:36.12
		Girls 女	Boys 男						
4×200M	Freestyle Relay 自由接力	9:53.39	9:33.33						
4×100M	Medley Relay 四式接力	4:57.17	4:37.20						
4×100M	Freestyle Relay 自由接力	4:33.07	4:18.40						

## 2023-2024 Div.I Age Group Short Course Swimming Competition (Part 1)

### Reject List

No.	Name	Event	Club	Remarks
1	Ng Yin Hei	47	DWA	Have swimming record
2	Wan Hei Yeen Hailey	49	DWA	Wrong event
3	Hao Merlynn	17	HSW	Entry time slower than D1QT
4	Li Matthew	44	HSW	Entry time slower than D1QT
5	Lin Pak Yin	2	HSW	Have swimming record
6	Wu Yik Ham	44	HSW	Entry time slower than D1QT
7	Wang Long Yee	41	HVA	Have swimming record
8	Liao Zitong	52	KCD	Wrong time
9	Chan Sheung Kwan	46	KGC	Have swimming record
10	Seeto Shun Yin	46	KGC	Wrong event
11	Ko Chin Fung	44	KTS	Entry time slower than D1QT
12	Fong Sin Ka	41	LFS	Entry time slower than D1QT
13	Jin Yu Tong	40	LWS	Have swimming record
14	Kirk Ian James	56	LWS	Wrong event
15	Lau Cheuk Yin	42	PSC	Wrong event
16	Lau Tsz Pok	22	PSC	Have swimming record
17	Ho Chung Lun	46	PSC	Have swimming record
18	Wan Chun Lim	22	PSC	Have swimming record
19	Yeung Gabrielle	17	PSC	Have swimming record
20	Yu Chi Lung	22	PSC	Wrong event
21	Yu Ming Hei	32	PSC	Have swimming record
22	Chiu Marc Jayden	18	SCA	Have swimming record
23	Wong Yin Hing	42	SFC	Entry time slower than D1QT
24	Yeung Tsun Ho	44	SFC	Have swimming record
25	Yeung Sheung Ming	36	SGC	Wrong event
26	Cai Zhi Yue	42	SLA	Have swimming record
27	Cai Zhi Yue	152	SLA	Wrong event
28	Law Chun Hei	28	SMC	Wrong event
29	Tang Pak Ho Paco	10	SMC	Wrong event
30	Chau Pak Yu	27	TPS	Wrong time
31	Cheung Nga Yin Jodie	3	TPS	Wrong time
32	Cheung Nga Yin Jodie	43	TPS	Wrong time
33	Jin Yunle	25	TPS	Have swimming record
34	Yau Cheuk Hin	18	TPS	Entry time slower than D1QT
35	Yau Cheuk Hin	40	TPS	Entry time slower than D1QT
36	Chui Ue Haang	52	WDA	Wrong information of past event
37	Tian Mui Hing	11	WDA	Have swimming record
38	Cheung Hao Chun	48	WTS	Wrong information of past event
39	Wong Shun Hei	26	WTS	Wrong information of past event
40	Tang Hai Tung Prudence	17	YMC	Wrong information of past event
41	Chen Jiayu	5	*TM	Wrong event

2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

Psych Sheet - Day 2 PM

**Event 35 Girls 4x100 SC Meter Freestyle Relay**

**HKR: 3:14.67 Hong Kong Team**

**JR: 3:56.46**

**4:33.07 QT Qualifying Time**

**Meet Qualifying: 4:33.07**

	Team	Relay	Seed Time	
1	Win Tin Swimming Club	A	3:56.91	QT
2	Hoi Tin Athletic Assn Ltd	A	3:58.98	QT
3	South China Athletic Assn	A	4:08.54	QT
4	Chi Pui Swimming Club Ltd	A	4:08.92	QT
5	Tai PO Swimming Club	A	4:33.07	QT

**Event 36 Boys 4x100 SC Meter Freestyle Relay**

**HKR: 3:40.18 Hong Kong Team**

**JR: 3:33.20**

**4:18.40 QT Qualifying Time**

**Meet Qualifying: 4:18.40**

	Team	Relay	Seed Time	
1	Hoi Tin Athletic Assn Ltd	A	3:30.43	QT
2	Win Tin Swimming Club	A	3:32.19	QT
3	Chi Pui Swimming Club Ltd	A	3:34.18	QT
4	South China Athletic Assn	A	3:38.27	QT
5	Hong Kong Sportworld Assn	A	3:48.17	QT
6	Kwun Tong Swimming Club	A	4:18.40	QT
7	Pacific Swimming Club	A	4:18.40	QT
8	Sea Lion Aqua Club Limited	A	4:18.40	QT
9	Tolo Harbour Swimming T. S.	A	4:18.40	QT
10	SuperStar Sports Association	A	4:18.40	QT
11	Sea Green Swimming & L.S. Cl	A	4:18.40	QT

**Event 37 Girls 10 & Under 100 SC Meter IM**

**HKR: 59.45 HAUGHEY Siobhan Bernadette,SCA**

**JR: 1:02.10**

**AGR: 1:11.52**

**1:26.00 QT Qualifying Time**

**Meet Qualifying: 1:26.00**

	ID#	Name	Age	Team	Seed Time	
1	46175 IAZ	Tang, Sum Wing Gladys	10	Dik Wing	1:18.98	QT
2	44089 B	Yeung, Lei Wah	10	Hoi Tin	1:21.06	QT
3	46514 IAZ	Leung, Ka Tung Bessica	10	Sea Green	1:24.10	QT
4	46200 IAZ	Kwong, Hoi Yee Phoebe	10	Winner	1:24.40	QT
5	48516 B	Lee, Yu Ching Sunnie	10	Winner	1:25.66	QT
6	44951 B	Chan, Aoife Sofie	10	Citizen	1:26.00	QT
7	45688 IAZ	Ma, Tsz Ching Olivia	10	Dik Wing	1:26.00	QT
8	48083 #IAZ	Wan, Hei Yeen Hailey	10	Dik Wing	1:26.00	QT
9	45874 IAZ	Cheng, Tsz Ching Hailey	10	Hoi Tin	1:26.00	QT
10	50341 IAZ	Hu, Xinyue	10	Hoi Tin	1:26.00	QT
11	46001 IAZ	Mak, Tsz Wing	9	Hilltop	1:26.00	QT
12	48088 IAZ	Wang, Ching Yee	10	Happy Valley	1:26.00	QT
13	47025 B	Zou, Chun Yue	10	North Sports	1:26.00	QT
14	46390 IAZ	Lam, Hei Yu	10	Pacific	1:26.00	QT
15	49071 IAZ	Lam, Wing Ka	10	Pacific	1:26.00	QT
16	46518 IAZ	Wang, Isabella	10	South China	1:26.00	QT
17	48367 @P	Jin, Yunle	10	Tai PO	1:26.00	QT
18	46070 IAZN	Lee, Long Ching Sunshine	10	Win Tin	1:26.00	QT

2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

Psych Sheet - Day 2 PM

Event 38 Boys 10 & Under 100 SC Meter IM

HKR: 51.88 TO Kenneth King Him, LWS

JR: 56.47

AGR: 1:09.97

1:24.99 QT Qualifying Time

Meet Qualifying: 1:24.99

ID#	Name	Age	Team	Seed Time
1	46119 B	Hsieh, Kurtis Yi Hon	10 Tai PO	1:13.09 QT
2	46149 #@IAX	Yeung, Ching Hong Henry	10 Tai PO	1:21.39 QT
3	47275 B	Hsieh, Kyrus Shing Hin	9 Tai PO	1:22.33 QT
4	46204 IAZ	Ng, Yi Fung	10 New Wave	1:23.19 QT
5	44968 B	Li, Lok Chi Adrian	10 Hoi Tin	1:23.62 QT
6	46777 B	Lee, Cheuk Fung	10 Happy Valley	1:23.79 QT
7	48961 IAZ	Zhao, Sidney	10 New Wave	1:24.99 QT
8	49867 IAZ	Chan, Zachary Winston	10 Winner	1:24.99 QT
9	48708 @IAX	Wong, Kwan Yu William	10 Chi Pui	1:24.99 QT
10	51424 IAZ	Chan, Kai Yuet	10 Kowloon City	1:24.99 QT
11	45797 B	Liu, Ho Lun	10 Long Fame	1:24.99 QT
12	50274 IAZ	Chong, Tik Long Dave	10 Pacific	1:24.99 QT
13	46008 #IAZ	Kong, Chun Ngai Kirin	10 Pacific	1:24.99 QT
14	44829 #IAZ	Mak, Long Kiu	10 Pacific	1:24.99 QT
15	45994 #IAZ	Wong, Hayden	10 Pacific	1:24.99 QT
16	46188 #IAZ	Lau, Pterosaur	10 Sun Yip	1:24.99 QT
17	46199 IAZ	Yeung, Pak Long Phoenix	10 Win Tin	1:24.99 QT

Event 39 Girls 11-12 100 SC Meter IM

HKR: 59.45 HAUGHEY Siobhan Bernadette,SCA

JR: 1:02.10

AGR: 1:05.75

1:18.40 QT Qualifying Time

Meet Qualifying: 1:18.40

ID#	Name	Age	Team	Seed Time
1	38411 B	Yung, Tsz Ching	12 Hoi Tin	1:08.52 QT
2	46124 #IAZ	Mathis, Kayla J	12 Tai PO	1:11.23 QT
3	40949 B	Sum, Yi Man	12 Tai PO	1:11.81 QT
4	38797 IAZ	Wong, Hei Ching Henrietta	12 Tai PO	1:13.08 QT
5	46816 IAZ	Chan, Tsz Yu Ashley	12 Hoi Tin	1:13.14 QT
6	41234 B	Chan, Yik Naam	11 Hoi Tin	1:13.22 QT
7	40081 B	Lin, Yee Ka Chloe	12 Hoi Tin	1:13.54 QT
8	44674 B	Wan, Ching Yiu Iris	11 Tai PO	1:13.54 QT
9	38394 B	Yeung, Tin Wing	12 Hoi Tin	1:13.59 QT
10	44369 B	Cheung, Chi Ching Clara	12 Win Tin	1:13.59 QT
11	41485 IAZ	Tang, Lok Yin	11 Happy Valley	1:14.52 QT
12	46145 B	Lam, Ching Yee	11 New Wave	1:15.74 QT
13	45558 IAZ	Wan, Pisces	12 Dali Swimming Club	1:15.74 QT
14	42270 B	Wong, Hei Tung	11 Win Tin	1:16.44 QT
15	44094 B	Yuen, Yi Amanda	12 Hoi Tin	1:17.18 QT
16	43397 IAZ	Lan, Jacey Laura	11 Jockey Club	1:17.80 QT
17	44740 IAZ	Ma, Yat Yin	11 Hoi Tin	1:17.98 QT
18	39149 IAZ	Xing, Yina	12 Happy Valley	1:18.00 QT
19	47547 IAZ	Yeung, Cheuk Yiu	11 Win Tin	1:18.07 QT
20	44853 IAZ	Yeung, Gabrielle	12 Pacific	1:18.18 QT
21	45743 @P	Zhu, Yuanyuan	12 Happy Valley	1:18.40 QT
22	46824 IAZ	Siu, Hoi Nam	12 New Wave	1:18.40 QT
23	46507 B	Chen, Wai Yan	11 Dali Swimming Club	1:18.40 QT
24	48074 #IAZ	Lee, Grace Lok Wan	12 Dik Wing	1:18.40 QT
25	46250 IAZ	Cheung, Ka Yu	11 Flying Fish	1:18.40 QT
26	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	11 Jockey Club	1:18.40 QT

2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

Psych Sheet - Day 2 PM

Event 39 ... (Girls 11-12 100 SC Meter IM)

27	48623 B	Tang, Tsz Tung Karina	11	HK Sportworld	1:18.40	QT
28	50439 @ICX	Wang, Qianyue	12	Hoi Tin	1:18.40	QT
29	42151 IAZ	Lai, Cheuk Ling Maris	12	Happy Valley	1:18.40	QT
30	43110 B	Leung, Sin Ming Sammy	12	Happy Valley	1:18.40	QT
31	47272 #IAZ	Man, Harmony Valentina	12	Pacific	1:18.40	QT
32	42127 IAZ	Chong, Seu Kiu	12	South China	1:18.40	QT
33	46111 B	Chau, Pak Yu	11	Tai PO	1:18.40	QT
34	44050 B	Chan, Cheuk Ki	11	Win Tin	1:18.40	QT
35	47874 B	Leung, Sze Yan	11	Win Tin	1:18.40	QT
36	39061 B	Tang, Lok Yan	12	Win Tin	1:18.40	QT
37	47395 IAZ	Yu, Yik Huen	12	Win Tin	1:18.40	QT
38	48101 B	Tam, Xin Yau Cayenne	12	YMCA OF Hong Kong	1:18.40	QT
39	45484 B	Tang, Hai Ting Prudence	11	YMCA OF Hong Kong	1:18.40	QT

Event 40 Boys 11-12 100 SC Meter IM

HKR:	51.88	TO Kenneth King Him, LWS
JR:	56.47	
AGR:	1:01.68	
	1:16.46	QT Qualifying Time

Meet Qualifying: 1:16.46

ID#	Name	Age	Team	Seed Time	
1	39065 B	12	Win Tin	1:07.38	QT
2	49117 @I	12	Chi Pui	1:07.42	QT
3	40879 IAZ	12	Hoi Tin	1:11.15	QT
4	48707 @IAX	12	Chi Pui	1:12.34	QT
5	50162 IAZ	12	Chi Pui	1:12.64	QT
6	41236 B	12	Win Tin	1:12.71	QT
7	39248 B	12	Pacific	1:13.31	QT
8	48157 B	12	Win Tin	1:13.46	QT
9	46299 IAZ	11	Hoi Tin	1:13.69	QT
10	40122 B	12	South China	1:13.82	QT
11	45472 B	12	HK Sportworld	1:13.86	QT
12	39041 IAZ	12	Hoi Tin	1:14.07	QT
13	43427 IAZ	12	Chi Pui	1:14.52	QT
14	40881 IAZN	12	Hoi Tin	1:14.64	QT
15	46435 B	11	New Wave	1:14.85	QT
16	46564 IAZ	11	Hoi Tin	1:15.30	QT
17	47980 B	12	Lai WA	1:15.83	QT
18	43578 IAZ	11	Chi Pui	1:15.93	QT
19	45225 IAZ	12	Tai PO	1:16.00	QT
20	40882 B	12	Hoi Tin	1:16.07	QT
21	42281 IAZ	12	Chi Pui	1:16.15	QT
22	44682 IAZ	11	Pacific	1:16.43	QT
23	51368 @^IM	12	Chi Pui	1:16.46	QT
24	45474 B	12	HK Sportworld	1:16.46	QT
25	44230 B	11	Hoi Tin	1:16.46	QT
26	42303 B	12	Hoi Tin	1:16.46	QT
27	41519 B	12	Hoi Tin	1:16.46	QT
28	43667 B	11	Hoi Tin	1:16.46	QT
29	50769 @^ICX	12	Kowloon City	1:16.46	QT
30	42699 IAZ	12	Pacific	1:16.46	QT
31	47411 IAZ	12	Pacific	1:16.46	QT
32	52399 @IM	12	Pacific	1:16.46	QT
33	40111 B	12	South China	1:16.46	QT
34	46470 IAZ	12	Sword Fish Club	1:16.46	QT
35	46182 B	12	Sun Yip	1:16.46	QT

## 2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

## Psych Sheet - Day 2 PM

## Event 40 ... (Boys 11-12 100 SC Meter IM)

36	46780 #IAZ	Tang, Jing Yun	12	Sun Yip	1:16.46	QT
37	44142 #IAZ	Yau, Cheuk Hin	11	Tai PO	1:16.46	QT
38	40076 B	Chan, Ho Him Dickson	12	Win Tin	1:16.46	QT
39	42343 B	Chow, Chung Hin	12	Win Tin	1:16.46	QT
40	42008 B	Law, Tsz Lok	12	Win Tin	1:16.46	QT
41	46660 B	Lee, Hoi Jin	11	Win Tin	1:16.46	QT
42	44196 B	Wong, Sze Kwan Quintus	11	Win Tin	1:16.46	QT

## Event 41 Girls 13-14 100 SC Meter IM

HKR: 59.45 HAUGHEY Siobhan Bernadette,SCA

JR: 1:02.10

AGR: 1:02.52

1:15.96 QT Qualifying Time

## Meet Qualifying: 1:15.96

	ID#	Name	Age	Team	Seed Time	
1	39179 B	Man, Wui Kiu	14	Chi Pui	1:02.52	QT
2	35932 B	Wong, Sze Laam Serena	13	Win Tin	1:04.37	QT
3	42578 IAZ	Leung, Yan Yui	14	Chi Pui	1:06.84	QT
4	35345 B	Ho, Tin Wing	14	Hoi Tin	1:07.15	QT
5	39432 IAZ	Leung, Sze Ki Safira	14	Marlins	1:07.64	QT
6	40887 IAZ	Au-Yeung, Sze Ching	14	Chi Pui	1:07.70	QT
7	43424 IAZ	Mathis, Mya Lynn	13	Tai PO	1:08.31	QT
8	43137 IAZ	Yiu, Sum Yin	13	Win Tin	1:08.61	QT
9	38537 B	Chung, Wing Sum Hazel	14	HK Sportworld	1:09.12	QT
10	37874 IAZ	Choi, Hiu Ying	13	Hoi Tin	1:10.20	QT
11	38860 IAZ	Chui, On Tsz	14	Hoi Tin	1:11.42	QT
12	38967 B	Gao, Elva	14	Hoi Tin	1:11.45	QT
13	32978 IAZ	Yip, Wai Iu	14	Chi Pui	1:11.61	QT
14	39531 B	Lee, Hoi Lam	13	Win Tin	1:11.85	QT
15	38422 B	Wang, Long Yee	14	Happy Valley	1:12.20	QT
16	42458 IAZ	Hon, Tsz Tung	13	Hoi Tin	1:12.26	QT
17	42893 IAZ	Tse, Lok Lam	13	Hoi Tin	1:13.77	QT
18	42048 IAZ	Lee, Cynthia Shin Kiu	13	Win Tin	1:14.40	QT
19	38528 B	Lam, Tsz Ying	13	Hoi Tin	1:14.41	QT
20	40306 IAZ	Chi, Yi Lam	13	Jockey Club	1:14.83	QT
21	44554 B	Lee, Wing Sze	13	Happy Valley	1:15.08	QT
22	39998 @P	Wang, Madeleine Rose	13	Win Tin	1:15.27	QT
23	44224 B	Chan, Bernice	13	Chi Pui	1:15.96	QT
24	51369 @^IM	Liu, Yuehan	14	Chi Pui	1:15.96	QT
25	38536 #B	Tang, Tsz Kiu Xenia	14	HK Sportworld	1:15.96	QT
26	42339 B	Kei, Lok Lam Mia	13	Hoi Tin	1:15.96	QT
27	35752 B	Li, Cheuk Yiu	14	Hoi Tin	1:15.96	QT
28	41484 IAZ	Tang, Lok Kiu	13	Happy Valley	1:15.96	QT
29	40426 B	Fong, Sin Ka	13	Long Fame	1:15.96	QT
30	42350 B	Lam, Hin Yan Emma	13	South China	1:15.96	QT
31	38028 B	Leung, Evelyn Yi	14	Tai PO	1:15.96	QT
32	38702 IAZ	Siu, Hoi Ching	13	Tai PO	1:15.96	QT
33	40738 B	Li, Sum Yiu	14	White Dolphin	1:15.96	QT
34	42880 IAZ	Cheng, Lok Ching	13	Win Tin	1:15.96	QT
35	44386 @	Li, Yu Qing	14	Win Tin	1:15.96	QT
36	43099 IAZ	Ng, Hoi Ching	14	Win Tin	1:15.96	QT
37	41848 B	Tang, Hai Shuen Bernice	13	YMCA OF Hong Kong	1:15.96	QT

## 2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

## Psych Sheet - Day 2 PM

## Event 42 Boys 13-14 100 SC Meter IM

HKR: 51.88

TO Kenneth King Him, LWS

JR: 56.47

AGR: 56.47

1:08.61 QT Qualifying Time

Meet Qualifying: 1:08.61

	ID#	Name	Age	Team	Seed Time	
1	32095 B	Lau, Chor Tik	14	Win Tin	1:01.56	QT
2	36805 B	Chan, Leong To	13	Hoi Tin	1:01.66	QT
3	41422 B	Yick, Sum Kiu	13	Sea Lion	1:01.67	QT
4	44135 B	So, Chun Hei	14	Kwun Tong	1:02.02	QT
5	40651 P	Leung, Tsz Ming	14	White Dolphin	1:02.44	QT
6	45922 @ICX	Fu, Enze	14	Chi Pui	1:04.01	QT
7	36592 B	Lau, Ka Long	14	Hoi Tin	1:04.68	QT
8	43212 B	Tsang, Pak Kiu	13	Sun Yip	1:05.13	QT
9	36551 IAZ	Tian, Trevor	14	Tai PO	1:06.42	QT
10	43609 P	Wu, Lok Kan	13	Pacific	1:06.53	QT
11	35385 B	Chong, Hin Yeung	14	Dik Wing	1:06.73	QT
12	45634 IAZ	Chan, Cheuk Hin	14	Marlins	1:07.10	QT
13	40485 #B	Lam, Cheuk Ting	14	Tai PO	1:07.43	QT
14	35591 B	Shum, Siu Chun	14	Kwun Tong	1:07.60	QT
15	46985 IAZ	Wong, Chung Kok Helge	13	Pacific	1:07.60	QT
16	37498 B	Lam, Hing Ka	14	Riverside	1:08.23	QT
17	40104 B	Cheung, Yung	13	White Dolphin	1:08.26	QT
18	49312 #IAZ	Cai, Zhi Yue	14	Sea Lion	1:08.32	QT
19	46416 B	Lin, Pak Yin	13	HK Sportworld	1:08.42	QT
20	38881 B	Chong, Tik Hei Dick	13	Pacific	1:08.49	QT
21	49868 IAZ	Zheng, Hoi Long James	14	Winner	1:08.61	QT
22	44144 B	Leung, Kai Lok Kyle	13	Chi Pui	1:08.61	QT
23	46974 IAZ	Yang, Yide Adam	13	Chi Pui	1:08.61	QT
24	38239 IAZ	Choi, Tsz Chun Markus	14	Dik Wing	1:08.61	QT
25	38214 #IAZ	Chan, Wai Ching Adrian	14	Hoi Tin	1:08.61	QT
26	34634 B	Mi, Chun Wai	13	Hoi Tin	1:08.61	QT
27	40757 IAZ	To, Hiu Fung	13	Hoi Tin	1:08.61	QT
28	48418 IAZ	Liao, Zitong	13	Kowloon City	1:08.61	QT
29	39500 IAZ	Lau, Tin Long	14	Kwun Tong	1:08.61	QT
30	38725 B	Hong, Yan Shek	13	Pacific	1:08.61	QT
31	45162 #IAZ	Lau, Chin Fung	14	Pacific	1:08.61	QT
32	44681 IAZ	Wan, Wui Sum	14	Pacific	1:08.61	QT
33	37207 #B	Lam, Bryden	14	South China	1:08.61	QT
34	35258 B	Cheung, Man Ho	13	Sea Lion	1:08.61	QT
35	40455 IAZ	Lam, Wai Lok	14	Sun Yip	1:08.61	QT
36	40772 P	Lo, Cheuk Hei	13	Sun Yip	1:08.61	QT
37	41478 IAX	Ngai, Hon Lam	14	Sun Yip	1:08.61	QT
38	43171 @P	Kurakata, Kei	14	Tai PO	1:08.61	QT
39	40739 IAZ	Yu, Tsz Hei	13	White Dolphin	1:08.61	QT
40	39084 B	Chan, See Nok Feliz	13	Win Tin	1:08.61	QT
41	35931 B	Lam, Marcus Pak Hei	13	Win Tin	1:08.61	QT
42	44084 IAX	Tse, Tsun Hai	14	Win Tin	1:08.61	QT
43	36826 B	Wan, Tsz Shan Shawn	14	Win Tin	1:08.61	QT
44	41223 B	Wong, Long Ching	13	Win Tin	1:08.61	QT

## 2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

## Psych Sheet - Day 2 PM

## Event 43 Girls 15-17 100 SC Meter IM

HKR: 59.45

HAUGHEY Siobhan Bernadette,SCA

JR: 1:02.10

AGR: 1:01.08

1:14.48 QT Qualifying Time

Meet Qualifying: 1:14.48

	ID#	Name	Age	Team	Seed Time	
1	31301 IAZ	To, Wing Yan	17	Happy Valley	1:04.03	QT
2	33742 IAZ	Lam, Chelsie	15	Dali Swimming Club	1:04.60	QT
3	42490	Wang, Xin Tong	15	Win Tin	1:04.68	QT
4	31437 B	Yeung, Hoi Ching	16	Tai PO	1:04.84	QT
5	29449 B	Leung, Wing Tsun Rachel	17	Win Tin	1:04.95	QT
6	37750 #IAZ	So, Ching Nga	15	Hoi Tin	1:05.81	QT
7	34467 B	Chan, Tsz Ching	17	Sea Lion	1:06.29	QT
8	35455 B	Poon, Lok Yan	15	Chi Pui	1:06.78	QT
9	31597 B	Ng, Cheuk Yan	16	Hoi Tin	1:07.20	QT
10	31321 IAZ	Leung, Man Wai Yoyo	16	Pacific	1:08.12	QT
11	31462 B	Li, In Wai	15	Hoi Tin	1:08.97	QT
12	38714 IAZ	Au, Hoi Sin	16	Kwun Tong	1:10.69	QT
13	38297 IAX	Cheung, Hau Wing	15	Lai WA	1:11.09	QT
14	40831 B	Lau, Tsz Tung	16	Dali Swimming Club	1:11.91	QT
15	50134 IAZN	Wu, Melody	15	South China	1:12.03	QT
16	37077 B	Lam, Ka Po	17	Dik Wing	1:13.92	QT
17	37601 B	Cheung, Hoi Man	15	Winner	1:14.25	QT
18	37875 B	Chan, Yuk Yan	15	Hoi Tin	1:14.48	QT
19	32098 B	Ma, Tsz Tsing Ashley	15	Hoi Tin	1:14.48	QT
20	46344 @ICO	Wong, Suyo	17	Hoi Tin	1:14.48	QT
21	35686 IM	Leung, Kai Sheung	15	Keung Sung	1:14.48	QT
22	41872 IAZ	Wong, Hei Ching	15	Long Fame	1:14.48	QT
23	36832 IAZ	Lee, Hon Sum Samantha	15	South China	1:14.48	QT
24	35992 P	Mcfarland, Charlotte Chia-Ju	15	South China	1:14.48	QT
25	43463 P	Schloemer, Lisa	15	South China	1:14.48	QT
26	33715 IAZ	Ma, Gilaine	15	Tai PO	1:14.48	QT
27	35953 IAZ	Siu, Hoi Lam	15	Tai PO	1:14.48	QT
28	33815 IAZ	Wong, Hin Yi	16	Tai PO	1:14.48	QT
29	32517 B	Wong, Hoi Wai	17	Win Tin	1:14.48	QT

## Event 44 Boys 15-17 100 SC Meter IM

HKR: 51.88

TO Kenneth King Him, LWS

JR: 56.47

AGR: 56.00

1:05.72 QT Qualifying Time

Meet Qualifying: 1:05.72

	ID#	Name	Age	Team	Seed Time	
1	33755 IAZ	Lau, Kin Hei James	15	Hoi Tin	56.47	QT
2	25379 B	Mak, Sai Ting Adam	17	Hoi Tin	56.93	QT
3	33608 IAZN	Wan, Chun Lim	17	Pacific	58.20	QT
4	33935 B	Yau, Pak Ho	16	Chi Pui	59.39	QT
5	29545 IAZN	Cheung, Cheuk To	17	Tai PO	59.43	QT
6	33890 IAZ	Lai, Chun Wai	15	Lai WA	59.66	QT
7	36547 IAZ	Wong, Yik Yan Sean	16	South China	1:00.09	QT
8	36085 B	Hui, Yik Kiu	15	Chi Pui	1:00.20	QT
9	36314 IAZ	Mok, Long Sum	15	Lai WA	1:00.36	QT
10	49455 IAZ	Cai, Qi Hong	17	Chi Pui	1:00.72	QT
11	33922 P	So, Kwun Wa	16	White Dolphin	1:01.02	QT
12	39277 B	Fung, Ho Chun	15	Chi Pui	1:02.14	QT
13	38539 B	Chan, Wah Royce	15	HK Sportworld	1:02.24	QT
14	28299 #B	Yeung, Tsun Ho	17	Sword Fish Club	1:02.43	QT

## 2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

## Psych Sheet - Day 2 PM

## Event 44 ... (Boys 15-17 100 SC Meter IM)

15	41163 IAZ	Chan, Tsz Hin	16	Tai PO	1:02.62	QT
16	36914 IAZ	Cheng, Cheuk Kin Jake	15	Dali Swimming Club	1:02.79	QT
17	42311 IAZ	Yu, Chi Lung	15	Pacific	1:02.82	QT
18	38701 B	Chung, Hei Chit	15	Hoi Tin	1:02.86	QT
19	35648 IAZ	Lau, Tsz Pok	15	Pacific	1:02.90	QT
20	37757 B	Cheng, Pak Ho	15	HK Sportworld	1:03.16	QT
21	44357 B	Leung, Chun Ho Franky	15	Pacific	1:03.63	QT
22	35804 IAZ	Tong, Ching Wa	17	Pacific	1:03.87	QT
23	38206 #IAZ	Cheung, Pang Cho	16	Kwun Tong	1:03.96	QT
24	39207 B	Tam, Tsz Ho	16	Pacific	1:04.17	QT
25	35145 IAZ	Liu, Siu Fung	15	Chi Pui	1:04.58	QT
26	33758 IAZ	Leung, Tsz Wo	16	Hoi Tin	1:05.66	QT
27	45426 IAZ	Ng, Dik Him	15	Superstar	1:05.70	QT
28	46461 IAZ	Chung, Pak Hin	15	Superstar	1:05.72	QT
29	45424 IAZ	Leung, Wai Lok	15	Superstar	1:05.72	QT
30	46259 IAZ	Tang, Chun Fan	15	Superstar	1:05.72	QT
31	34490 B	Chen, Yuxuan	15	Chi Pui	1:05.72	QT
32	48237 IAZ	Wang, Yi Shun	15	Chi Pui	1:05.72	QT
33	36913 IAZ	Cheng, Cheuk Chi George	15	Dali Swimming Club	1:05.72	QT
34	36113 IAZ	Wong, Tsun Ting	17	Eastern Winter	1:05.72	QT
35	41723 #IAZ	Fong, Yik Yuen	15	Hoi Tin	1:05.72	QT
36	34048 IAZ	Wong, Pok Lam	16	Hoi Tin	1:05.72	QT
37	51257 IAX	Yick, Chuijie Matthew	17	Hoi Tin	1:05.72	QT
38	46189 #@IAX	Ayhan, S. Deniz	17	Kowloon City	1:05.72	QT
39	33109 B	Seeto, Shun Yin	17	Keung Sung	1:05.72	QT
40	42390 #IAZ	Au, Pak Tung Parco	15	Pacific	1:05.72	QT
41	36201 #IAZ	Lau, Cheuk Yin	15	Pacific	1:05.72	QT
42	37181 #IAZ	Yu, Ming Hei	15	Pacific	1:05.72	QT
43	32789 IAZ	Au-Yeung, Bon Ethan	15	South China	1:05.72	QT
44	35789 IAZ	Chan, Yuet Leong	17	South China	1:05.72	QT
45	32780 IAZ	Lam, Yuk Kiu	16	South China	1:05.72	QT
46	31786 IAZ	Lee, Hon Chung Jonathan	17	South China	1:05.72	QT
47	32972 IAZ	Tam, Chung Nam	16	South China	1:05.72	QT
48	44820 ICX	Yeow, Zheng Ren	16	South China	1:05.72	QT
49	44687 B	Fung, Jeffrey	15	Tolo Harbour	1:05.72	QT
50	38182 B	Li, Hang Sum	16	Tolo Harbour	1:05.72	QT
51	38187 B	Wong, Ngai Lam	17	Tolo Harbour	1:05.72	QT
52	41027 IAZ	Cheng, Cheuk Hin	17	Tai PO	1:05.72	QT
53	35805 B	So, Chun Hin	16	Tai PO	1:05.72	QT
54	43919 IAZ	Chui, Hoi Haang	15	White Dolphin	1:05.72	QT
55	35666 @IM	Chan, Cheuk Kit	16	Win Tin	1:05.72	QT
56	29884 B	Kwong, Jacob Yat Nam	17	Win Tin	1:05.72	QT
57	30733 B	Lai, King Wo	16	Win Tin	1:05.72	QT
58	38227 IAZ	Lo, Tsz Lam	16	Win Tin	1:05.72	QT
59	34506 B	Yu, Shing Hin	15	Win Tin	1:05.72	QT
60	44981 P	Abou Ghannam, Karl	17	South China	1:05.72	QT

## Event 45 Girls 18 &amp; Over 100 SC Meter IM

HKR: 59.45 HAUGHEY Siobhan Bernadette,SCA  
1:14.48 QT Qualifying Time

Meet Qualifying: 1:14.48

ID#	Name	Age	Team	Seed Time
1	36011 B	18	Hoi Tin	1:09.42 QT
2		19	Mongolia	1:10.08 QT
3	38930 IAZN	18	Hoi Ngai	1:14.48 QT
4	29060 IAZ	20	Hoi Tin	1:14.48 QT

2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

Psych Sheet - Day 2 PM

Event 45 ... (Girls 18 & Over 100 SC Meter IM)

5	31841 IAZ	Ng, Lai Wa	18	Hoi Tin	1:14.48	QT
6	28694 B	Cheuk, Yuet Ying Phoebe	19	Keung Sung	1:14.48	QT
7	28108 B	Seeto, Wai Ching	19	Keung Sung	1:14.48	QT
8	25097 B	Cheung, Margaret	18	Kowloon Tong Club	1:14.48	QT
9	25098 #B	Fung, Suet Ying Chloe	18	Kowloon Tong Club	1:14.48	QT
10	31444 #IAZ	Tang, Hiu Tung	22	Pacific	1:14.48	QT
11	14774 IAZ	Wong, Hoi Yan	22	Pacific	1:14.48	QT
12	18783 IAZ	Wong, Wai Nam	21	White Dolphin	1:14.48	QT
13	05641 IBZ	Chan, Kin Lok	29	Win Tin	1:14.48	QT
14	30455 B	Lui, Ho Yee Chloe	18	Win Tin	1:14.48	QT

Event 46 Boys 18 & Over 100 SC Meter IM

HKR: 51.88 TO Kenneth King Him, LWS

1:05.72 QT Qualifying Time

Meet Qualifying: 1:05.72

ID#	Name	Age	Team	Seed Time	
1	06697 B	25	Hoi Tin	54.62	QT
2	28636 B	20	Keung Sung	56.36	QT
3	32248 B	18	Win Tin	57.25	QT
4	27239 B	21	Keung Sung	59.53	QT
5	31864 IAZ	18	Hoi Ngai	59.54	QT
6	33495 IAZ	19	Tai PO	1:00.26	QT
7	30444 #IAZ	20	Pacific	1:00.81	QT
8	26123 IAZ	21	Hoi Tin	1:03.07	QT
9	40109 IAZ	20	South China	1:03.37	QT
10	29257 B	18	Chi Pui	1:05.72	QT
11	22824 IAZ	19	Hoi Tin	1:05.72	QT
12	26212 B	18	Kowloon Tong Club	1:05.72	QT
13	30435 IAZ	19	Lai WA	1:05.72	QT
14	46530 @IAZ	21	Lai WA	1:05.72	QT
15	31822 B	18	Lai WA	1:05.72	QT
16	31915 IAZ	18	Lai WA	1:05.72	QT
17	30798 #IAZ	18	Lai WA	1:05.72	QT
18	32776 IAZ	19	South China	1:05.72	QT
19	17709 B	23	South China	1:05.72	QT
20	33407 IAZ	19	Tai PO	1:05.72	QT
21	29492 IAZ	18	White Dolphin	1:05.72	QT
22	28345 B	20	White Dolphin	1:05.72	QT

Event 47 Girls 10 & Under 200 SC Meter Freestyle

HKR: 1:50.31 HAUGHEY Siobhan Bernadette,SCA

JR: 1:56.83

AGR: 2:11.43

2:51.19 QT Qualifying Time

Meet Qualifying: 2:51.19

ID#	Name	Age	Team	Seed Time	
1	44089 B	10	Hoi Tin	2:28.08	QT
2	44473 IAZ	10	Tolo Harbour	2:31.02	QT
3	46200 IAZ	10	Winner	2:33.63	QT
4	46175 IAZ	10	Dik Wing	2:33.93	QT
5	46070 IAZN	10	Win Tin	2:34.28	QT
6	43672 P	9	Hoi Tin	2:35.28	QT
7	46514 IAZ	10	Sea Green	2:36.58	QT
8	50341 IAZ	10	Hoi Tin	2:36.68	QT
9	46390 IAZ	10	Pacific	2:37.25	QT
10	48806 B	10	Winner	2:38.89	QT
11	47544 IAZ	10	Winner	2:40.18	QT

## 2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

## Psych Sheet - Day 2 PM

## Event 47 ... (Girls 10 &amp; Under 200 SC Meter Freestyle)

12	47584 B	Cheung, Sum Yu	9	Flying Fish	2:40.96	QT
13	48024 IAZ	Wong, Skylar Adrienne	10	Dik Wing	2:45.32	QT
14	44751 B	Yip, Hazel	10	Dik Wing	2:45.36	QT
15	48902 IAZ	Wei, Kate	10	South China	2:45.74	QT
16	47545 IAZ	Lam, Wing Nam	10	Winner	2:45.88	QT
17	42665 B	Siu, Annabelle Tsz Huen	10	Win Tin	2:46.32	QT
18	49872 IAZ	Tong, Ching Hei	9	New Wave	2:46.96	QT
19	45688 IAZ	Ma, Tsz Ching Olivia	10	Dik Wing	2:47.22	QT
20	46976 IAZ	Chan, Wing Miu	10	Hoi Tin	2:47.39	QT
21	48076 IAZ	Wong, Hin Tung Alison	10	Hoi Tin	2:49.53	QT
22	47095 B	Yip, Hei Wai	10	Win Tin	2:49.59	QT
23	46244 B	Li, Man Wai Mavis	10	HK Sportworld	2:49.70	QT
24	46519 IAZ	Courtney, Sarah Margaret	9	South China	2:49.98	QT
25	41031 IAZ	Tsang, Tsz Tung	10	Dik Wing	2:50.98	QT
26	48083 #IAZ	Wan, Hei Yeen Hailey	10	Dik Wing	2:51.19	QT
27	49954 IAZ	Chan, Cheuk Ning	10	HK Sportworld	2:51.19	QT
28	49953 B	Chan, Sum Kiu	8	HK Sportworld	2:51.19	QT
29	51635 B	Sin, Sze Yan Hailey	10	HK Sportworld	2:51.19	QT
30	45975 IAZ	Chan, Jem Reyna	9	Hoi Tin	2:51.19	QT
31	50574 IAZ	Cheng, Hoi Tung	9	Hoi Tin	2:51.19	QT
32	49818 IAZ	Lo, Kei Tung	8	Hoi Tin	2:51.19	QT
33	45995 IAZ	Wu, Hoi Laam	9	Hoi Tin	2:51.19	QT
34	45992 IAZ	Tran, Isobel Anh Gia	10	South China	2:51.19	QT
35	46518 IAZ	Wang, Isabella	10	South China	2:51.19	QT
36	48367 @P	Jin, Yunle	10	Tai PO	2:51.19	QT

## Event 48 Boys 10 &amp; Under 200 SC Meter Freestyle

HKR: 1:45.36

TO Kenneth King Him, LWS

JR: 1:51.85

AGR: 2:12.62

2:42.40 QT Qualifying Time

## Meet Qualifying: 2:42.40

	ID#	Name	Age	Team	Seed Time	
1	44829 #IAZ	Mak, Long Kiu	10	Pacific	2:24.56	QT
2	46777 B	Lee, Cheuk Fung	10	Happy Valley	2:27.58	QT
3	47275 B	Hsieh, Kyrus Shing Hin	9	Tai PO	2:28.25	QT
4	46226 B	Chan, Yu Pak	10	Win Tin	2:30.22	QT
5	46135 IAZ	Leong, Hei Wun	9	Hoi Tin	2:33.34	QT
6	49181 B	Tang, Cheuk Lun	9	Pacific	2:34.35	QT
7	46188 #IAZ	Lau, Pterosaur	10	Sun Yip	2:34.41	QT
8	44736 IAZ	Li, Shing Pan	10	Hoi Tin	2:34.76	QT
9	46204 IAZ	Ng, Yi Fung	10	New Wave	2:36.94	QT
10	48708 @IAX	Wong, Kwan Yu William	10	Chi Pui	2:38.05	QT
11	44968 B	Li, Lok Chi Adrian	10	Hoi Tin	2:39.41	QT
12	48032 IAZ	Tang, Chun Him	9	Superstar	2:41.22	QT
13	45844 IAZ	Yu, Yau Kan	10	Dali Swimming Club	2:41.23	QT
14	48828 @P	Cheung, Hao Chun	10	Win Tin	2:42.02	QT
15	48068 B	Tam, Lok Yan	9	Hoi Tin	2:42.35	QT
16	47152 B	Tsui, Yim Chyun	10	Superstar	2:42.40	QT
17	46828 IAZ	Ho, Siu Kwan	10	Winner	2:42.40	QT
18	47543 IAZ	Wong, Chun Yiu	10	Winner	2:42.40	QT
19	49343 IAZ	Tang, Tsz Yeung Ray	10	Hoi Tin	2:42.40	QT
20	51424 IAZ	Chan, Kai Yuet	10	Kowloon City	2:42.40	QT
21	45797 B	Liu, Ho Lun	10	Long Fame	2:42.40	QT
22	50274 IAZ	Chong, Tik Long Dave	10	Pacific	2:42.40	QT
23	46008 #IAZ	Kong, Chun Ngai Kirin	10	Pacific	2:42.40	QT

2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

Psych Sheet - Day 2 PM

Event 48 ... (Boys 10 & Under 200 SC Meter Freestyle)

24	50303 IAZ	Yiu, Ngai Long	10	Sun Yip	2:42.40	QT
25	46119 B	Hsieh, Kurtis Yi Hon	10	Tai PO	2:42.40	QT
26	48368 B	Kwok, Tsz Lap Olli	10	Tai PO	2:42.40	QT
27	48575 IAZ	Lam, Yu Ming Marcus	10	Tai PO	2:42.40	QT

Event 49 Girls 11-12 200 SC Meter Freestyle

HKR: 1:50.31 HAUGHEY Siobhan Bernadette,SCA

JR: 1:56.83

AGR: 2:03.92

2:27.26 QT Qualifying Time

Meet Qualifying: 2:27.26

ID#	Name	Age	Team	Seed Time	
1	40949 B	12	Tai PO	2:10.02	QT
2	45628 IAZ	12	White Dolphin	2:14.02	QT
3	46816 IAZ	12	Hoi Tin	2:14.78	QT
4	38394 B	12	Hoi Tin	2:15.77	QT
5	46124 #IAZ	12	Tai PO	2:16.92	QT
6	40081 B	12	Hoi Tin	2:19.62	QT
7	46174 IAZ	11	Kwan Hung	2:21.20	QT
8	46507 B	11	Dali Swimming Club	2:22.27	QT
9	42127 IAZ	12	South China	2:22.38	QT
10	44094 B	12	Hoi Tin	2:22.55	QT
11	45558 IAZ	12	Dali Swimming Club	2:22.75	QT
12	38797 IAZ	12	Tai PO	2:24.12	QT
13	44674 B	11	Tai PO	2:24.54	QT
14	46145 B	11	New Wave	2:25.16	QT
15	43397 IAZ	11	Jockey Club	2:25.36	QT
16	47272 #IAZ	12	Pacific	2:27.01	QT
17	50439 @ICX	12	Hoi Tin	2:27.12	QT
18	47345 #IAZ	12	HK Sportworld	2:27.26	QT
19	47344 #B	12	HK Sportworld	2:27.26	QT
20	48623 B	11	HK Sportworld	2:27.26	QT
21	43574 P	12	Hoi Tin	2:27.26	QT
22	41234 B	11	Hoi Tin	2:27.26	QT
23	42151 IAZ	12	Happy Valley	2:27.26	QT
24	45734 #IAZ	11	Sword Fish Club	2:27.26	QT
25	47484 IAZ	12	Win Tin	2:27.26	QT
26	44050 B	11	Win Tin	2:27.26	QT
27	46441 B	11	Win Tin	2:27.26	QT
28	44369 B	12	Win Tin	2:27.26	QT
29	40085 B	11	Win Tin	2:27.26	QT
30	46375 IAZ	11	Win Tin	2:27.26	QT
31	45986 IAZ	11	Win Tin	2:27.26	QT

Event 50 Boys 11-12 200 SC Meter Freestyle

HKR: 1:45.36 TO Kenneth King Him, LWS

JR: 1:51.85

AGR: 2:00.18

2:24.51 QT Qualifying Time

Meet Qualifying: 2:24.51

ID#	Name	Age	Team	Seed Time	
1	50162 IAZ	12	Chi Pui	2:06.85	QT
2	42547 IAX	12	Tolo Harbour	2:08.70	QT
3	48157 B	12	Win Tin	2:11.11	QT
4	40879 IAZ	12	Hoi Tin	2:11.32	QT
5	42008 B	12	Win Tin	2:11.70	QT
6	45472 B	12	HK Sportworld	2:13.71	QT

2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

Psych Sheet - Day 2 PM

Event 50 ... (Boys 11-12 200 SC Meter Freestyle)

7	46564 IAZ	Hon, Man Sing	11	Hoi Tin	2:14.35	QT
8	47679 B	Tsui, Ka Hei	12	Sun Yip	2:14.61	QT
9	43427 IAZ	Lam, Kayden	12	Chi Pui	2:14.78	QT
10	39041 IAZ	Lam, Lok Sum	12	Hoi Tin	2:14.80	QT
11	40111 B	Wong, Yik Man Mike	12	South China	2:15.23	QT
12	43916 B	Li, Ka Yiu	12	White Dolphin	2:16.88	QT
13	40882 B	Lee, Chung Hei Aiden	12	Hoi Tin	2:17.22	QT
14	42281 IAZ	Tsang, Lok Him Casper	12	Chi Pui	2:17.50	QT
15	49117 @I	Liu, Haoliang	12	Chi Pui	2:17.95	QT
16	46435 B	Chong, Cheuk Yin	11	New Wave	2:18.79	QT
17	44269 B	Sum, Wai Chong	12	Winner	2:18.88	QT
18	43667 B	So, Cheuk Tik Chester	11	Hoi Tin	2:20.11	QT
19	40881 IAZN	Ray-smith, Henry Joseph Evel	12	Hoi Tin	2:20.36	QT
20	39248 B	Chow, Yik Shun	12	Pacific	2:21.14	QT
21	46520 @P	Zhu, Yangyue	12	South China	2:21.80	QT
22	39065 B	Leung, Ching To	12	Win Tin	2:22.37	QT
23	48707 @IAX	Wong, Kwan Ngai Johnny	12	Chi Pui	2:22.64	QT
24	43174 B	Lam, Chun Hin	12	Sun Yip	2:22.74	QT
25	40131 #IAZ	Chiu, Marc Jayden	12	South China	2:23.78	QT
26	44682 IAZ	Wan, Wui Bun	11	Pacific	2:23.94	QT
27	47980 B	Jin, Yu Tong	12	Lai WA	2:24.12	QT
28	43578 IAZ	Lam, Tsz Sum Karl	11	Chi Pui	2:24.51	QT
29	51368 @^IM	Liu, Yinan	12	Chi Pui	2:24.51	QT
30	45474 B	Shek, Tsz Hang Jason	12	HK Sportworld	2:24.51	QT
31	45896 IAZ	Chan, Jay Ralph	11	Hoi Tin	2:24.51	QT
32	46299 IAZ	Lo, Kei Yan Ian	11	Hoi Tin	2:24.51	QT
33	41519 B	Mo, Hong Pok Ayden	12	Hoi Tin	2:24.51	QT
34	46991 B	Tang, Tsz Long Ron	12	Hoi Tin	2:24.51	QT
35	50769 @^ICX	Sun, Maokun	12	Kowloon City	2:24.51	QT
36	40132 #IAZ	Chiu, Jag Brayden	12	South China	2:24.51	QT
37	45860 B	Lam, Hin Shing Isaac	11	South China	2:24.51	QT
38	45560 IAZ	Tseung, Sin Hang	11	South China	2:24.51	QT
39	44337 B	Huen, Kin Sing	12	Sea Lion	2:24.51	QT
40	46780 #IAZ	Tang, Jing Yun	12	Sun Yip	2:24.51	QT
41	47542 IAZ	Leung, Chasen Pak Ho	11	Tai PO	2:24.51	QT
42	39532 B	Lam, Ho Lam	11	Win Tin	2:24.51	QT
43	40449 B	Lee, Ambrose	12	Win Tin	2:24.51	QT
44	46660 B	Lee, Hoi Jin	11	Win Tin	2:24.51	QT
45	44196 B	Wong, Sze Kwan Quintus	11	Win Tin	2:24.51	QT

Event 51 Girls 13-14 200 SC Meter Freestyle

HKR:	1:50.31	HAUGHEY Siobhan Bernadette,SCA
JR:	1:56.83	
AGR:	2:00.32	
	2:26.36	QT Qualifying Time

Meet Qualifying: 2:26.36

ID#	Name	Age	Team	Seed Time
1	40738 B	Li, Sum Yiu	14 White Dolphin	2:06.25 QT
2	36944 B	Chan, Yi Lok	13 Win Tin	2:07.78 QT
3	44386 @	Li, Yu Qing	14 Win Tin	2:08.11 QT
4	35345 B	Ho, Tin Wing	14 Hoi Tin	2:09.03 QT
5	37874 IAZ	Choi, Hiu Ying	13 Hoi Tin	2:09.67 QT
6	38270 P	Worthington, Poppy Mei	14 Chi Pui	2:10.07 QT
7	39179 B	Man, Wui Kiu	14 Chi Pui	2:12.19 QT
8	39432 IAZ	Leung, Sze Ki Safira	14 Marlins	2:12.85 QT
9	43424 IAZ	Mathis, Mya Lynn	13 Tai PO	2:13.73 QT

2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

Psych Sheet - Day 2 PM

Event 51 ... (Girls 13-14 200 SC Meter Freestyle)

10	35932 B	Wong, Sze Laam Serena	13	Win Tin	2:14.75	QT
11	43137 IAZ	Yiu, Sum Yin	13	Win Tin	2:14.80	QT
12	38967 B	Gao, Elva	14	Hoi Tin	2:15.80	QT
13	42463 B	Ackber, Bertha	13	Hoi Tin	2:17.16	QT
14	36963 IAZ	Chan, Mei Yan	14	Tai PO	2:18.25	QT
15	39531 B	Lee, Hoi Lam	13	Win Tin	2:18.36	QT
16	42578 IAZ	Leung, Yan Yui	14	Chi Pui	2:19.76	QT
17	42048 IAZ	Lee, Cynthia Shin Kiu	13	Win Tin	2:19.91	QT
18	40117 IAZ	Chan, Kalila	13	South China	2:20.36	QT
19	40426 B	Fong, Sin Ka	13	Long Fame	2:20.66	QT
20	38860 IAZ	Chui, On Tsz	14	Hoi Tin	2:20.76	QT
21	42458 IAZ	Hon, Tsz Tung	13	Hoi Tin	2:25.89	QT
22	40887 IAZ	Au-Yeung, Sze Ching	14	Chi Pui	2:26.36	QT
23	44224 B	Chan, Bernice	13	Chi Pui	2:26.36	QT
24	51369 @^IM	Liu, Yuehan	14	Chi Pui	2:26.36	QT
25	32978 IAZ	Yip, Wai Iu	14	Chi Pui	2:26.36	QT
26	38973 IAZ	Ng, Wai Ting Tiana	13	Dik Wing	2:26.36	QT
27	40306 IAZ	Chi, Yi Lam	13	Jockey Club	2:26.36	QT
28	38536 #B	Tang, Tsz Kiu Xenia	14	HK Sportworld	2:26.36	QT
29	52509 @^P	Finley, Molly Zhong	13	Hoi Tin	2:26.36	QT
30	42893 IAZ	Tse, Lok Lam	13	Hoi Tin	2:26.36	QT
31	44554 B	Lee, Wing Sze	13	Happy Valley	2:26.36	QT
32	42350 B	Lam, Hin Yan Emma	13	South China	2:26.36	QT
33	43817 IAZ	Kwok, Hoi Ching	13	Tai PO	2:26.36	QT
34	38029 B	Leung, Evita Yan	13	Tai PO	2:26.36	QT
35	41250 B	Li, Karin	14	Win Tin	2:26.36	QT
36	46682 @P	Zhang, Jiachun Catherine	13	Win Tin	2:26.36	QT

Event 52 Boys 13-14 200 SC Meter Freestyle

HKR: 1:45.36 TO Kenneth King Him, LWS

JR: 1:51.85

AGR: 1:53.57

2:14.90 QT Qualifying Time

Meet Qualifying: 2:14.90

ID#	Name	Age	Team	Seed Time
1	41900 B	14	Hoi Tin	1:55.49 QT
2	38214 #IAZ	14	Hoi Tin	1:56.06 QT
3	41422 B	13	Sea Lion	2:01.46 QT
4	43212 B	13	Sun Yip	2:01.62 QT
5	32095 B	14	Win Tin	2:02.71 QT
6	43918 @IAX	13	White Dolphin	2:05.27 QT
7	46416 B	13	HK Sportworld	2:05.82 QT
8	35931 B	13	Win Tin	2:06.20 QT
9	41268 IAZ	14	Dik Wing	2:06.54 QT
10	33791 B	14	Tai PO	2:06.92 QT
11	43587 IAZN	13	Sun Yip	2:08.41 QT
12	40485 #B	14	Tai PO	2:08.56 QT
13	40757 IAZ	13	Hoi Tin	2:09.39 QT
14	35258 B	13	Sea Lion	2:09.51 QT
15	43281 IAZ	13	HK Sportworld	2:11.43 QT
16	43164 B	13	Dik Wing	2:14.15 QT
17	35591 B	14	Kwun Tong	2:14.31 QT
18	45922 @ICX	14	Chi Pui	2:14.90 QT
19	44144 B	13	Chi Pui	2:14.90 QT
20	46974 IAZ	13	Chi Pui	2:14.90 QT
21	38239 IAZ	14	Dik Wing	2:14.90 QT

## 2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

## Psych Sheet - Day 2 PM

## Event 52 ... (Boys 13-14 200 SC Meter Freestyle)

22	45634 IAZ	Chan, Cheuk Hin	14	Marlins	2:14.90	QT
23	42517 B	Poon, Lai Man	13	Happy Valley	2:14.90	QT
24	48418 IAZ	Liao, Zitong	13	Kowloon City	2:14.90	QT
25	38725 B	Hong, Yan Shek	13	Pacific	2:14.90	QT
26	44681 IAZ	Wan, Wui Sum	14	Pacific	2:14.90	QT
27	48681 IAZ	Ho, James On	14	South China	2:14.90	QT
28	48906 IAZ	Wai, Aidan Kwan Hon	13	South China	2:14.90	QT
29	47396 #IAZ	Zhang, Carlos Cho Wing	14	South China	2:14.90	QT
30	40095 IAZ	Chow, Ngai Fun	14	Sun Yip	2:14.90	QT
31	40772 P	Lo, Cheuk Hei	13	Sun Yip	2:14.90	QT
32	44693 B	Ma, Pan Kwan	13	Tolo Harbour	2:14.90	QT
33	47731 B	Ting, Tsz Kan	13	Tolo Harbour	2:14.90	QT
34	36551 IAZ	Tian, Trevor	14	Tai PO	2:14.90	QT
35	36925 B	Lee, Chi Kiu	14	Win Tin	2:14.90	QT

## Event 53 Girls 15-17 200 SC Meter Freestyle

HKR: 1:50.31 HAUGHEY Siobhan Bernadette,SCA

JR: 1:56.83

AGR: 1:56.83

2:25.97 QT Qualifying Time

Meet Qualifying: 2:25.97

ID#	Name	Age	Team	Seed Time		
1	33715 IAZ	Ma, Gilaine	15	Tai PO	2:01.46	QT
2	32098 B	Ma, Tsz Tsing Ashley	15	Hoi Tin	2:01.58	QT
3	32517 B	Wong, Hoi Wai	17	Win Tin	2:02.60	QT
4	42490	Wang, Xin Tong	15	Win Tin	2:03.26	QT
5	29449 B	Leung, Wing Tsun Rachel	17	Win Tin	2:05.24	QT
6	37875 B	Chan, Yuk Yan	15	Hoi Tin	2:09.26	QT
7	31462 B	Li, In Wai	15	Hoi Tin	2:19.17	QT
8	37077 B	Lam, Ka Po	17	Dik Wing	2:21.31	QT
9	41872 IAZ	Wong, Hei Ching	15	Long Fame	2:21.71	QT
10	31321 IAZ	Leung, Man Wai Yoyo	16	Pacific	2:24.93	QT
11	37788 IAZ	Chan, Hoi Lam	15	Tuen Mun	2:25.97	QT
12	35455 B	Poon, Lok Yan	15	Chi Pui	2:25.97	QT
13	31597 B	Ng, Cheuk Yan	16	Hoi Tin	2:25.97	QT
14	42855 #IAX	Kong, Chi Yin	16	Happy Valley	2:25.97	QT
15	35686 IM	Leung, Kai Sheung	15	Keung Sung	2:25.97	QT
16	43806 IAZ	Luk, Natalie	15	South China	2:25.97	QT
17	35992 P	Mcfarland, Charlotte Chia-Ju	15	South China	2:25.97	QT
18	50134 IAZN	Wu, Melody	15	South China	2:25.97	QT
19	38397 B	Lee, Tsz Ki Sophie	15	Win Tin	2:25.97	QT

## Event 54 Boys 15-17 200 SC Meter Freestyle

HKR: 1:45.36 TO Kenneth King Him, LWS

JR: 1:51.85

AGR: 1:48.82

2:10.36 QT Qualifying Time

Meet Qualifying: 2:10.36

ID#	Name	Age	Team	Seed Time		
1	38227 IAZ	Lo, Tsz Lam	16	Win Tin	1:50.81	QT
2	30733 B	Lai, King Wo	16	Win Tin	1:51.39	QT
3	33755 IAZ	Lau, Kin Hei James	15	Hoi Tin	1:53.63	QT
4	38539 B	Chan, Wah Royce	15	HK Sportworld	1:53.86	QT
5	48237 IAZ	Wang, Yi Shun	15	Chi Pui	1:54.78	QT
6	50161 IAZ	Kim, Yo Joon	15	Chi Pui	1:55.24	QT
7	34048 IAZ	Wong, Pok Lam	16	Hoi Tin	1:55.60	QT
8	36913 IAZ	Cheng, Cheuk Chi George	15	Dali Swimming Club	1:55.70	QT

2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023

Psych Sheet - Day 2 PM

Event 54 ... (Boys 15-17 200 SC Meter Freestyle)

9	33890 IAZ	Lai, Chun Wai	15	Lai WA	1:56.04	QT
10	33922 P	So, Kwun Wa	16	White Dolphin	1:57.40	QT
11	29884 B	Kwong, Jacob Yat Nam	17	Win Tin	1:57.70	QT
12	36085 B	Hui, Yik Kiu	15	Chi Pui	1:58.29	QT
13	33935 B	Yau, Pak Ho	16	Chi Pui	1:59.60	QT
14	37420 IAZ	Ko, Chin Fung	15	Kwun Tong	2:00.81	QT
15	35145 IAZ	Liu, Siu Fung	15	Chi Pui	2:01.08	QT
16	36547 IAZ	Wong, Yik Yan Sean	16	South China	2:01.54	QT
17	39277 B	Fung, Ho Chun	15	Chi Pui	2:01.87	QT
18	35666 @IM	Chan, Cheuk Kit	16	Win Tin	2:02.32	QT
19	38734 @B	Zhang, Haoyu	15	Win Tin	2:02.35	QT
20	41723 #IAZ	Fong, Yik Yuen	15	Hoi Tin	2:03.39	QT
21	32780 IAZ	Lam, Yuk Kiu	16	South China	2:07.20	QT
22	38859 @IAO	Yang, Ruei Bin	17	Tuen Mun	2:07.38	QT
23	43919 IAZ	Chui, Hoi Haang	15	White Dolphin	2:07.52	QT
24	42311 IAZ	Yu, Chi Lung	15	Pacific	2:07.89	QT
25	34506 B	Yu, Shing Hin	15	Win Tin	2:08.19	QT
26	41764 #IAZ	Chow, Yu Chak	16	Superstar	2:10.36	QT
27	49455 IAZ	Cai, Qi Hong	17	Chi Pui	2:10.36	QT
28	34490 B	Chen, Yuxuan	15	Chi Pui	2:10.36	QT
29	36895 B	Lo, Kei Hon Andre	15	Hoi Tin	2:10.36	QT
30	51257 IAX	Yick, Chujie Matthew	17	Hoi Tin	2:10.36	QT
31	33109 B	Seeto, Shun Yin	17	Keung Sung	2:10.36	QT
32	36618 B	Ma, Shek Chun	16	Kwun Tong	2:10.36	QT
33	42549 B	Kirk, Ian James	15	Lai WA	2:10.36	QT
34	33829 IAO	Ko, Harry Hing	16	South China	2:10.36	QT
35	48286 IAZ	Muller, Ethan	16	South China	2:10.36	QT
36	44820 ICX	Yeow, Zheng Ren	16	South China	2:10.36	QT
37	46837 B	Kwan, Lai Kei Wesley	15	Win Tin	2:10.36	QT
38	44981 P	Abou Ghannam, Karl	17	South China	2:10.36	QT

Event 55 Girls 18 & Over 200 SC Meter Freestyle

HKR: 1:50.31 HAUGHEY Siobhan Bernadette,SCA

2:25.97 QT Qualifying Time

Meet Qualifying: 2:25.97

ID#	Name	Age	Team	Seed Time
1	21383 B	Ho, Nam Wai Tinky	21 Win Tin	1:58.53 QT
2	31841 IAZ	Ng, Lai Wa	18 Hoi Tin	2:04.84 QT
3	23856 B	Leung, Ka Ching	20 Hoi Tin	2:09.29 QT
4	36011 B	Law, Hang Ue Anastasia	18 Hoi Tin	2:09.61 QT
5	31444 #IAX	Tang, Hiu Tung	22 Pacific	2:25.97 QT
6	20766 B	Li, Yuet Sum Phyllis	21 Tai PO	2:25.97 QT
7	31869 IAZ	Ma, Gian	18 Tai PO	2:25.97 QT

Event 56 Boys 18 & Over 200 SC Meter Freestyle

HKR: 1:45.36 TO Kenneth King Him, LWS

2:10.36 QT Qualifying Time

Meet Qualifying: 2:10.36

ID#	Name	Age	Team	Seed Time
1	29257 B	He, Shing Ip	18 Chi Pui	1:49.08 QT
2	28345 B	Sum, Ka Lok Leo	20 White Dolphin	1:54.07 QT
3	26123 IAZ	Wong, Wai Lun	21 Hoi Tin	1:54.94 QT
4	22824 IAZ	Wong, Lok Kan	19 Hoi Tin	1:56.16 QT
5	32248 B	Li, Sing Hoi	18 Win Tin	2:02.65 QT
6	17709 B	Whittington, Ryan Michael	23 South China	2:04.63 QT
7	36739 #IAZ	Wu, Hoi Fu	19 Sea Lion	2:09.52 QT
8	33716 B	Chan, Ngai Cheung	18 Tuen Mun	2:10.36 QT

**2023-24 Div. 1 Age Group SC Swimming Comp P1 - 30/12/2023 to 31/12/2023****Psych Sheet - Day 2 PM****Event 56 ... (Boys 18 & Over 200 SC Meter Freestyle)**

9	37171 IAZ	Wong, Wai Cheung	18	Current Club Ltd	2:10.36	QT
10	30435 IAZ	Chan, Chin Kan	19	Lai WA	2:10.36	QT
11	49338 ^IAZ	Villa, Tristan Miguel Luis R	19	South China	2:10.36	QT