

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF WORLD AQUATICS)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

Hong Kong Open Swimming Championships 2026

二零二六年香港公開游泳錦標賽

6 - 9 August 2026 (Thu - Sun)

二零二六年八月六至九日(星期四至日)

Victoria Park Swimming Pool

維多利亞公園游泳池

Address: 1 Hing Fat Street, Causeway Bay, Hong Kong

香港銅鑼灣興發街一號



Subvented by: LCSD



Hong Kong Open Swimming Championship 2026

Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Mixed 4x100 Freestyle Relay	10
2	Mixed 4x100 Medley Relay	9
3	Women 4x200 Freestyle Relay	6
4	Men 4x200 Freestyle Relay	7
5	Women 800 Freestyle	16
6	Men 800 Freestyle	24
7	Women 4x100 Freestyle Relay	8
8	Men 4x100 Freestyle Relay	9
9	Women 4x100 Medley Relay	8
10	Men 4x100 Medley Relay	9
11	Women 1500 Freestyle	14
12	Men 1500 Freestyle	41
13	Women 200 Freestyle	36
14	Men 100 Freestyle	43
15	Women 100 Breaststroke	45
16	Men 50 Breaststroke	59
17	Women 100 Butterfly	35
18	Men 400 IM	36
19	Women 50 Backstroke	35
20	Men 100 Backstroke	42
21	Women 200 IM	32
22	Men 200 Butterfly	33
23	Women 50 Freestyle	39
24	Men 400 Freestyle	39
25	Women 200 Backstroke	20
26	Men 200 Breaststroke	42
27	Women 100 Freestyle	41
28	Men 50 Butterfly	55
29	Women 50 Breaststroke	47
30	Men 200 Freestyle	54
31	Women 400 IM	15
32	Men 100 Breaststroke	56
33	Women 100 Backstroke	41
34	Men 100 Butterfly	46
35	Women 200 Butterfly	14
36	Men 50 Backstroke	40
37	Women 400 Freestyle	21
38	Men 200 IM	40
39	Women 200 Breaststroke	36
40	Men 50 Freestyle	54
41	Women 50 Butterfly	40
42	Men 200 Backstroke	36

1333

Entry information by day	
Day / Session	No. of Entries
Day 1	72
Day 2	89
Day 3	536
Day 4	636
Total	1333

Event List for Hong Kong Open Swimming Championships 2026

二零二六年香港公開游泳錦標賽 - 項目表

Venue 場地: Victoria Park Swimming Pool

Date 日期: 6-9 August 2026 (星期四至日)

維多利亞公園游泳池

Day 1 第一日						
Warmup:	1700 - 1745 hours		Start:	1800 hours		
Women 女		Event 項目				Men 男
	QT				QT	
1	04:33.07	Mixed Freestyle Relay 混合自由接力*	4x100M			
			4x100M	Mixed Medley Relay 混合四式接力*	04:54.00	2
3		Free Relay 自由泳接力*	4x200M	Free Relay 自由泳接力*		4
5	09:50.29	Freestyle 自由泳*	800M	Freestyle 自由泳*	09:00.00	6
Day 2 第二日						
Warmup:	1700 - 1745 hours		Start:	1800 hours		
Women 女		Event 項目				Men 男
	QT				QT	
7	04:33.07	Free Relay 自由泳接力*	4x100M	Free Relay 自由泳接力*	03:57.79	8
9	04:54.00	Medley Relay 四式接力*	4x100M	Medley Relay 四式接力*	04:26.84	10
11	19:20.00	Freestyle 自由泳*	1500M	Freestyle 自由泳*	18:20.31	12
Day 3 第三日						
AM Warmup:	0800 - 0845 hours		Start:	0900 hours		
PM Warmup:	1430 - 1515 hours		Start:	1530 hours		
Women 女		Event 項目				Men 男
13	02:19.97	Freestyle 自由泳	200M			
			100M	Freestyle 自由泳	00:55.38	14
15	01:23.48	Breaststroke 蛙泳	100M			
			50M	Breaststroke 蛙泳	00:32.66	16
17	01:13.26	Butterfly 蝶泳	100M			
			400M	Ind. Medley 個人四式	05:19.19	18
19	00:33.77	Backstroke 背泳	50M			
			100M	Backstroke 背泳	01:07.39	20
21	02:38.84	Ind. Medley 個人四式	200M			
			200M	Butterfly 蝶泳	02:25.98	22
23	00:28.83	Freestyle 自由泳	50M			
			400M	Freestyle 自由泳	04:34.03	24
25	02:37.67	Backstroke 背泳	200M			
			200M	Breaststroke 蛙泳	02:41.90	26
105	09:50.29	Freestyle 自由泳* (Final 決賽)	800M	Freestyle 自由泳* (Final 決賽)	09:00.00	106
109	04:54.00	Medley Relay 四式接力* (Final 決賽)	4x100M	Medley Relay 四式接力* (Final 決賽)	04:26.84	110
101	04:33.07	Mixed Freestyle Relay 混合自由接力* (Final 決賽)	4x100M			
103		Free Relay 自由泳接力* (Final 決賽)	4x200M	Free Relay 自由泳接力* (Final 決賽)		104

截止註冊日期

CLOSING DATE FOR REGISTRATION:

25 June 2026 (1700 hours)

截止報名日期

CLOSING DATE FOR ENTRIES:

16 July 2026 (1700 hours)

Remarks: Except the 800m, 1500m Freestyle and relay events, morning session of the competition is for preliminary, afternoon session will be finals.

註: 除800米、1500米自由泳及接力項目外，其他項目將於上午舉行初賽，下午決賽。

Event List for Hong Kong Open Swimming Championships 2026

二零二六年香港公開游泳錦標賽 - 項目表

Venue 場地: Victoria Park Swimming Pool
維多利亞公園游泳池

Date 日期: 6-9 August 2026 (星期四至日)

Day 4 第四日						
AM Warmup:	0800 - 0845 hours		Start:	0900 hours		
PM Warmup:	1430 - 1515 hours		Start:	1530 hours		
Women 女		Event 項目				Men 男
27	01:02.90	Freestyle 自由泳	100M			
			50M	Butterfly 蝶泳	00:28.10	28
29	00:37.66	Breaststroke 蛙泳	50M			
			200M	Freestyle 自由泳	02:08.25	30
31	05:38.68	Ind. Medley 個人四式	400M			
			100M	Breaststroke 蛙泳	01:11.64	32
33	01:15.80	Backstroke 背泳	100M			
			100M	Butterfly 蝶泳	01:04.75	34
35	02:31.17	Butterfly 蝶泳	200M			
			50M	Backstroke 背泳	00:30.58	36
37	04:52.07	Freestyle 自由泳	400M			
			200M	Ind. Medley 個人四式	02:24.55	38
39	03:02.68	Breaststroke 蛙泳	200M			
			50M	Freestyle 自由泳	00:25.97	40
41	00:32.16	Butterfly 蝶泳	50M			
			200M	Backstroke 背泳	02:28.79	42
111	19:20.00	Freestyle 自由泳* (Final 決賽)	1500M	Freestyle 自由泳* (Final 決賽)	18:20.31	112
107	04:33.07	Free Relay 自由泳接力* (Final 決賽)	4x100M	Free Relay 自由泳接力* (Final 決賽)	03:57.79	108
			4x100M	Mixed Medley Relay 混合四式接力* (Final 決賽)	04:54.00	102

截止註冊日期

CLOSING DATE FOR REGISTRATION:

25 June 2026 (1700 hours)

截止報名日期

CLOSING DATE FOR ENTRIES:

16 July 2026 (1700 hours)

Remarks: Except the 800m, 1500m Freestyle and relay events, morning session of the competition is for preliminary, afternoon session will be finals.
註: 除800米、1500米自由泳及接力項目外，其他項目將於上午舉行初賽，下午決賽。

二零二六年香港公開游泳錦標賽

外隊比賽章程

日期：	<u>第一日 -</u> <u>06/08/2026 (四)</u> 熱身：1700-1745 比賽開始：1800	<u>第二日 -</u> <u>07/08/2026 (五)</u> 熱身：1700-1745 比賽開始：1800	<u>第三日 -</u> <u>08/08/2026 (六)</u> 熱身：0800-0845 比賽開始：0900 熱身：1430-1515 比賽開始：1530	<u>第四日 -</u> <u>09/08/2026 (日)</u> 熱身：0800-0845 比賽開始：0900 熱身：1430-1515 比賽開始：1530
地點：	維多利亞公園游泳池			
報名條件：	✧ 所有參賽者必須為該國總會 2026-2027 年度游泳組別的正式註冊泳員。			
報名：	✧ 請填妥意向表格及報名總表。報名時必須提交報名總表。(請參詳附件) ✧ 報名資料須填寫泳員比賽成績，未填寫泳員比賽成績的報名將不獲受理。 ✧ 13 歲或以上的泳員方可參加 800 米及 1500 自由泳項目。 <u>個人項目</u> ✧ 每名泳員可參加不多於四項個人項目。 <u>接力項目</u> ✧ 各團體 / 國家只可派一隊參加每項接力。 如泳員在比賽前或比賽後被發現參加多於指定數量，本會將取消該泳員最後一項的項目或成績。			
註冊費用：	個人註冊：每人註冊費為港幣三百元正。 所有費用應在首天比賽或之前支付。			
截止提交參賽意願表：	二零二六年六月二十五日 (星期四) (1700 小時)			
截止報名：	二零二六年七月十六日 (星期四) (1700 小時)			
項目表及參賽標準：	請參閱附頁的項目表 (附有達標時間)。			
獎項：	個人獎項： 1. 每項的首三名將分別獲頒發獎牌。 2. 最佳泳員獎：頒發給在香港得分表(請參閱附頁)中達到最高分(計算至小數後兩位)的男子 / 女子泳員。 (如得分相同，優勝將由下一個最高得分的參賽項目來定奪。)			

規則：	✧ 比賽將採用世界泳聯規則。 ✧ 所有項目均設有初賽及決賽。 ✧ 除 800 米、1500 米自由泳及接力項目外，其他項目將於上午舉行初賽，下午決賽。 ✧ 除 800 米及 1500 米自以外的項目，第三及四天賽事上午與下午的項目次序相同。 ✧ 泳員須於初賽達到標準時間方可參加決賽賽事。 ✧ 如初賽項目之參賽人數 / 隊伍少於八人 / 隊，各泳員及隊伍將直入決賽。 ✧ 每個外來團隊 / 國家最多只可以有兩位泳員進入決賽。 ✧ 所有外來團隊 / 國家最多只可以有三位泳員進入決賽。 ✧ 後備泳員（初賽第九及第十名）在決賽召集時，應向召集處報到。如欲棄權，必須於指定時間內遞交棄權表格。 ✧ 接力名單須於每節開賽三十分鐘前遞交。 ✧ 所有初賽棄權須於首天比賽一日(工作天)前中午十二時或之前遞交。 ✧ 決賽之棄權表格須於每項初賽成績公佈後三十分鐘內遞交。
上訴：	✧ 任何上訴須以書面提出，並須在該項目比賽後三十分鐘內，連同上訴費港幣\$300元遞交予總裁判。 ✧ 上訴會交由上訴委員會作決定。 ✧ 若上訴被駁回，已繳費用概不發還。

計分表

名次	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
團體及個人	11	7	6	5	4	3	2	1
接力	22	14	12	10	8	6	4	2

HONG KONG OPEN SWIMMING CHAMPIONSHIPS 2026

Master Information for Overseas Teams

Date	Day 1 – <u>06/08/2026 (Thur)</u> Warm Up: 1700-1745 Start: 1800	Day 2 – <u>07/08/2026 (Fri)</u> Warm Up: 1700-1745 Start: 1800	Day 3 – <u>08/08/2026 (Sat)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1430-1515 Start: 1530	Day 4 – <u>09/08/2026 (Sun)</u> Warm Up: 0800-0845 Start: 0900 Warm Up: 1430-1515 Start: 1530
Venue	Victoria Park Swimming Pool			
Entry Conditions	❖ All competitors & Teams must be registered swimmers 2026-2027 of their respective National Swimming Federation.			
Entries	❖ Please complete the attached Preliminary form and Master Entry Form. Entries must be submitted along with master entry forms (see attachment). ❖ Entry time must be submitted. Entry without entry time will not be accepted. ❖ Swimmers who enroll in 800m and 1500m freestyle must be age 13 or above. <u>Individual Events</u> ❖ Each swimmer is limited to no more than 4 individual events. <u>Relay Events</u> ❖ Each team / country is limited to 1 team in each event. In case of any swimmer entering number of events in excess of the entry quota, HKGSA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time.			
Fees	Registration fee will be HK\$300 per person. Entry fees shall be paid on or before the start of first day competition.			
Closing Date for Preliminary Entry Form	<u>(Thur) 25 June 2026 (1700 hrs)</u>			
Closing Date for Entries	<u>(Thur) 16 July 2026 (1700 hrs)</u>			
Event list / Qualifying Standards	Please see attached event list (With Qualifying Time)			
Awards	Individual Awards for Swimmers: i) Medals will be awarded to first three places in each event. ii) Awards for Outstanding Swimmers (Overall Boy/Overall Girl) - Awarded to swimmers scoring the highest point (calculated to 2 decimal places) on the HK Point score table during the Championships. In case of a tie, the winner will be determined by the second highest scored event obtained.			
Rules	❖ World Aquatics rules will apply. ❖ All events are on Heat and Final basis. ❖ Except the 800m, 1500m Freestyle and relay events, morning session of the competition is for preliminary, afternoon session will be finals.			

	❖ The morning and the afternoon sessions of the third and fourth day of the competition (apart from 800m, 1500m Freestyle and relay events) are in the same event order. ❖ Swimmers must meet the qualifying time during the heats in order to enter the final. ❖ Events with 8 or less swimmers/teams will proceed to straight final in the afternoon session. ❖ The maximum No. of swimmers in the final should not be more than 2 for each overseas team / country. ❖ The total No. of swimmers from overseas team / country in each final will be capped at 3. ❖ Reserve swimmers/teams in the final list (9th & 10th place in the morning session) of respective final events shall report to the marshal in final. Scratch is required. ❖ Relay Name List must be submitted 30 minutes before the scheduled start time of each session. ❖ All Scratch for heats must be submitted on or before 1200 noon one working day before the first event day. ❖ Scratch for Final shall be made within 30 minutes following the announcement of each prelim result.
Protest	❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with an appeal fee of HK\$300. ❖ Protest will be forward to the Appeal Board of such competition for decision. ❖ If the protest is rejected, fee paid will be forfeited to HKGSA.

POINT SCORING

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Club & Individual	11	7	6	5	4	3	2	1
Relay	22	14	12	10	8	6	4	2

二零二六年香港公開游泳錦標賽

比賽章程 (本地適用)

日期：	<u>第一日 -</u> 06/08/2026 (四) 熱身：1700-1745 比賽開始：1800 <u>第二日 -</u> 07/08/2026 (五) 熱身：1700-1745 比賽開始：1800 <u>第三日 -</u> 08/08/2026 (六) 熱身：0800-0845 比賽開始：0900 熱身：1430-1515 比賽開始：1530 <u>第四日 -</u> 09/08/2026 (日) 熱身：0800-0845 比賽開始：0900 熱身：1430-1515 比賽開始：1530
地點：	維多利亞公園游泳池
報名條件：	✧ 所有參賽者必須為游泳總會正式註冊的 2026-2027 年度(SW 組別)泳員，並於比賽截止報名前廿一日註冊。 ✧ 錦標賽參賽資格規則適用。 ✧ 泳員須達到標準時間方可參加比賽。 ✧ 首次報名參與公開游泳錦標賽而未能提交本會舉辦認可游泳賽事的成績證明，必須以該項的達標時間報名。
報名：	✧ 不正確及未達標泳員的報名資料，將不獲受理，報名費概不發還。 ✧ 截止後的報名將不獲受理。 ✧ 13 歲或以上的泳員方可參加 800 米及 1500 自由泳項目。 <u>本地組個人項目</u> ✧ 每名泳員可參加不多於四項個人項目。 ✧ 如泳員在比賽前或比賽後被發現參加多於指定數量，本會將取消該泳員最後一項的項目或成績。 ✧ *每項報名費為港幣\$15 元正。 ✧ 所有以達標時間(“QT”)報名的項目一律為港幣\$15+港幣\$50，即港幣\$65 元正。 <u>本地組屬會接力項目</u> ✧ 每個屬會只可派一隊參加每項接力。 ✧ *每項報名費為港幣\$15 元正。 ✧ 所有以達標時間(“QT”)報名的項目一律為港幣\$15+港幣\$50，即港幣\$65 元正。 *支票請劃線，抬頭寫 'HKGSA'。
截止註冊：	二零二六年六月二十五日 (星期四) (1700 小時)
截止報名：	二零二六年七月十六日 (星期四) (1700 小時)
項目及參賽標準：	請參閱項目表 (附達標時間)。

規則：	✧ 所有項目均設有初賽及決賽。 ✧ 除 800 米、1500 米自由泳及接力項目外，其他項目將於上午舉行初賽，下午決賽。 ✧ 除 800 米及 1500 米自以外的項目，第三及四天賽事上午與下午的項目次序相同。 ✧ 八個或少於八個泳員報名的項目於下午舉行。 ✧ 進入決賽的達標泳員/泳隊以決賽成績再排名次。 ✧ 無論如何，進入決賽的泳員/泳隊所獲之最後名次必比沒有進入決賽者為高。 ✧ 合資格進入下午決賽的第九及第十名後備泳員/泳隊須於下午決賽前到召集處報到。如欲棄權，必須於指定時間內遞交棄權表格。 ✧ 比賽將採用世界泳聯及泳總規則。 ✧ 上午成績未能達到參賽標準之泳員/屬會將不獲計分，其屬會/團體將被扣三分。 ✧ 在決賽項目中，成績未能達到參賽標準之泳員將不獲獎牌，其個人/屬會/團體不會被扣分。(直入決賽項目例外。) ✧ 屬會於接力項目未能達到參賽標準，將每項被扣六分。(初賽已達標例外) ✧ 沒有遞交棄權表格而「缺席」比賽者，其個人及屬會/團體將被扣三分。 ✧ 接力名單須於每節開賽三十分鐘前遞交。 ✧ <u>所有初賽棄權須於首天比賽一日(工作天)前中午十二時或之前遞交。</u> ✧ 決賽棄權須於<u>每項初賽成績</u>公佈後三十分鐘內遞交。 ✧ 泳員申請分段時間紀錄須於每節開賽前 30 分鐘遞交申請表連同港幣\$300 元正予總裁判。任何情況下，所繳費用概不發還。 ✧ 泳員可於所有接力項目申請分段時間紀錄。 ✧ 運動員轉會：轉會競賽運動員在成功轉會日起一年內代表新屬會參與所有計分的比賽中所得的分數（不論個人或接力項目）將不會被計算至新屬會的團體總分。 ✧ <u>每項初賽「缺席」的罰款為港幣\$120 元正。</u> ✧ <u>每項決賽「缺席」的罰款為港幣\$120 元正。</u> ✧ 不達標項目的每項罰款為港幣\$120 元正。
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獎項及計分方法：	<u>團體獎項：</u> ✧ 團體總冠軍、亞軍及季軍 ✧ 男、女子團體總冠軍、亞軍、季軍 <u>個人獎項：</u> 1. 個人項目前三名將獲發獎牌。 2. <u>最高積分獎</u> ✧ 男、女泳員各一名。 ✧ 最高積分獎頒發給是次比賽中得最高積分者，積分計算方法見附表。 ✧ 如得分相同，優勝將以金、銀、銅牌數量來定奪。(接力項目除外) 如得分仍相同，則以其所破紀錄計算：香港紀錄得 5 分，大會紀錄 3 分。 2. <u>最佳男、女子泳員獎</u> ✧ 頒發給在香港長池得分表中達到最高分（計至小數後兩個位）的泳員。(如得分相同，優勝將以下一個最高得分的參賽項目來定奪。) ✧ 破香港紀錄的本地泳員獲頒發特別獎。
上訴：	✧ 任何上訴須以書面提出，並須在該項目比賽後三十分鐘內，連同上訴費 港幣\$300 元正遞交予總裁判。 ✧ 上訴交由該比賽之上訴委員會作決定。 ✧ 若上訴被駁回，已繳費用概不發還。

計分表

名次	1	2	3	4	5	6	7	8
個人/團體	11	7	6	5	4	3	2	1
接力	22	14	12	10	8	6	4	2

HONG KONG OPEN SWIMMING CHAMPIONSHIPS 2026

Rules & Regulations (Local)

Date	Day 1 –	Day 2 –	Day 3 –	Day 4 –
	06/08/2026 (Thur)	07/08/2026 (Fri)	08/08/2026 (Sat)	09/08/2026 (Sun)
	Warm Up: 1700-1745	Warm Up: 1700-1745	Warm Up: 0800-0845	Warm Up: 0800-0845
	Start: 1800	Start: 1800	Start: 0900	Start: 0900
			Warm Up: 1430-1515	Warm Up: 1430-1515
			Start: 1530	Start: 1530
Venue	Victoria Park Swimming Pool			
Entry Conditions	❖ All competitors must be 2026-2027 registered swimmers (SW) of HKGSA and register to HKGSA at least 21 days prior to the closing date of entries. ❖ Championship Eligibility rule applies. ❖ Swimmers should reach qualifying standard. ❖ For all new entries for any event entered with no proven result, qualify time for individual event shall be used as entry time.			
Entries	❖ Entries must be submitted with HKGSA master entry forms & fees. Incomplete / Incorrect information will be rejected and fees paid will not be refunded. ❖ Late entries will not be accepted. ❖ Swimmers who enroll in 800m and 1500m freestyle must be age 13 or above. <u>Local Individual Events</u> ❖ Each swimmer is limited to no more than 4 individual events. ❖ In case of any swimmer entering number of events in excess of the entry quota, HKGSA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time. ❖ *HK\$15 per individual event. ❖ * HK\$ 15 + HK\$ 50 = HK\$ 65 --- For each qualified time (“QT”) entry. <u>Local Club Relay Events</u> ❖ Each club may enter one team in each relay event. ❖ *HK\$15 per team per relay event. ❖ HK\$ 15 + HK\$ 50 = HK\$ 65 --- For each qualified time (“QT”) entry. *Paid by cheque. Crossed cheque made payable to ‘HKGSA’.			
Closing Date for Registration	(Thur) 25 June 2026 (1700 hrs)		Closing Date for Entries	(Thur) 16 July 2026 (1700 hrs)
Event list / Qualifying Standards	Please see attached event list. (With Qualifying Time)			
Rules	❖ All events are on Heat and Final basis. ❖ Except the 800m, 1500m Freestyle and relay events, morning session of the competition is for preliminary, afternoon session will be finals.			

- ❖ The morning and the afternoon sessions of the third and fourth day of the competition (apart from 800m, 1500m Freestyle and relay events) are in the same event order.
- ❖ Events with 8 or less swimmers will proceed to the afternoon session.
- ❖ Rank according to the results gained in the morning session.
- ❖ Swimmers entered final (first eight qualified swimmers in the morning session) will rank according to the results gained in the afternoon final session.
- ❖ Anyhow, swimmers who entered Finals will rank higher than swimmers who did not enter the Finals.
- ❖ Reserve swimmers in the final list (9th & 10th place in the morning session) shall report to the marshalling area before the start of each respective event. **Scratch is required.**
- ❖ Name list of the Finals will announce shortly after the morning session.
- ❖ World Aquatics and HKGSA rules apply.
- ❖ Swimmers who fail to reach the respective qualifying times in the morning session will not be counted for points regardless of placing. Three points will be deducted from their respective club/team points in each case.
- ❖ Swimmers not meeting the qualifying times in the Finals will not be awarded medals. No Individual/Club/team points will be deducted. (Except Straight Final Events)
- ❖ Six points will be deducted in each case when clubs fail to reach the respective qualifying times in relay events. (Except those qualified in the morning)
- ❖ Three points will be deducted from individual/clubs'/teams' total score for each "no show".
- ❖ Name list with registration number of Relay must be submitted 30 minutes before the scheduled start time of each session.
- ❖ **All Scratch for heats must be submitted on or before 1200 noon one working day before the first event day.**
- ❖ A competitor or team not wishing to take part in final in which qualification was earned shall withdraw within 30 minutes following the announcement of **each prelim result**.
- ❖ Application for Split Time Record: swimmers who apply for split time record should submit application form with application fee of **HK\$300** to the Referee 30 minutes before the start of each session. Fee paid will not be refunded in any case.
- ❖ Swimmers can apply for split time record in all relay events.
- ❖ Swimmers' Club Transfer: Upon compliance with rules in relation to Registration of Club Transfer under Registration of Athletes, the requesting Athlete (as defined therein) can after the 1 month suspension period represent the new club in any meets but no point will be counted towards the new club's total scores for any event (whether individual or relay event) for 1 years from the first effective day of the completed Club Transfer.
- ❖ **A fine of \$120 will be charged for each "no show" of heats.**
- ❖ **A fine of \$120 will be charged for each "no show" of finals.**
- ❖ A fine of \$120 will be charged for each "not qualified".

Awards and Calculation of Points	The following awards will be awarded: ❖ Awards for Clubs / Teams: -Overall Champion, 1st runners up and 2nd runners up. -Overall Men & Women Champion, 1st runners up and 2nd runners up. ❖ Awards for Swimmers: - Medals will be awarded to 1st, 2nd and 3rd places. ❖ Awards for High Point Winners: (Overall Boy/Overall Girl) - High point winner trophies will be awarded to those swimmers accumulating the highest points in their events using the point score set out below. - In case of a tie, the winner will be determined by the no. of the medals (Relay events excluded) obtained in the following sequences i.e. gold, silver and bronze and finally the no. of records obtained with the following scoring method: HK Record: 5 Points, Meet Record: 3 Points. ❖ Awards for Outstanding Swimmers: (Overall Boy/Overall Girl) - Awarded to swimmers scoring the highest point (calculated to 2 decimal places) on the HK Point score table during the Championships. - In case of a tie, the winner will be determined by the second highest scored event obtained. ❖ Special awards will be presented to swimmers who break Hong Kong records.
Protest	❖ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with an appeal fee of HK\$300. ❖ Protest will be forward to the Appeal Board of such competition for decision. ❖ If the protest is rejected, fee paid will be forfeited.

POINT SCORING

Placing	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
Club & Individual	11	7	6	5	4	3	2	1
Relay	22	14	12	10	8	6	4	2

熱身安全守則

運動員及教練必須於所有本會舉辦之游泳比賽中，遵守以下熱身安全守則：

普通熱身安全守則

由熱身時間開始至熱身完結前十五分鐘期間，以下普通熱身安全守則將會執行：

- 1) 所有泳道只開放用作一般熱身之用。
- 2) 泳員只能以腳入水方式落水。
- 3) 泳員只能以循環游泳方式熱身，不可以從跳台或泳池邊起跳。
- 4) 泳員於熱身後須儘快離開泳道以讓其他泳員能有充足時間進行熱身。泳員更不可於泳池內逗留或嬉戲。
- 5) 泳員須於起點及終點兩旁離開泳池，當泳員穿越泳道時應於泳線下越過並應儘速離開水面，不得潛泳。

衝刺及起跳熱身安全守則

由熱身完結前十五分鐘至熱身完結期間，以下衝刺及起跳熱身安全守則將會執行：

- 1) 一般情況下，最外圍四條泳道(左右各兩)將開放用作起跳及衝刺練習。其他泳道仍只用作普通熱身之用。以一個標準泳池作舉例，泳道 0,1 及 8,9 將開放予泳員用作衝刺及起跳練習。
- 2) 泳員必須於練習完畢後儘速離開。
- 3) 長池安排：衝刺泳道將劃分為兩部份，由起點起計二十五米及由終點起計十五米。
- 4) 短池安排：衝刺泳道用作予泳員於指定時段及泳道從跳台或水中起跳。泳員只能以單向方式前進。泳員必須於教練監察下作衝刺及起跳練習。
- 5) 進行背泳練習之泳員須留意沒有其他泳員於跳台上同時準備起跳。如有背泳泳員準備起跳，等候中泳員不應踏上跳台。

除以上守則以外，泳員須留意及遵守大會或總裁判現場有關熱身時段安排之宣佈。

教練應注意以下事項：

只有泳總註冊教練方能於熱身時間期間在池面逗留，並須佩戴泳總註冊教練證於當眼處。總裁判及泳總職員將於熱身期間進行檢查，未能出示泳總註冊教練證之人仕將不能於池面逗留並須立即離開。未合符註冊資格的教練可申請進入池面許可證。

- 1) 佩戴泳總註冊教練證於當眼處。
- 2) 指導泳員遵守安全指引及熱身注意事項。
- 3) 於泳員熱身期間積極監察其安全及活動。
- 4) 盡量與泳員保持良好溝通。

WARM UP RULES

The following general pool procedures for the **MAIN COMPETITION POOL** must be observed throughout the warm up sessions in every HKGSA swimming competition:

GENERAL Warm-up procedure

From the beginning to 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) All lanes can be used for general warm-up.
- 2) Swimmers must enter the pool feet first. NO DIVING is allowed.
- 3) Lap Swimming only.
- 4) Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers to have adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- 5) Swimmers are recommended to cross lanes at the side of Starting or Turning End. They should swim under water when crossing the lane and should break to the surface as soon as possible.

Sprint and Start practice Warm-up procedure

From 15 minutes prior to the end of warm up session, the following warm up arrangements will be implemented,

- 1) In general, the outermost lane(s) should be used for race starts and sprint purpose, the remaining lanes for general warm-up. For instance, for a standard pool, lanes 0,1 and 8, 9 would be reserved as Sprints Lanes for swimmers to have race starts and sprint practice.
- 2) Swimmers must leave the sprint lanes immediately after practice.
- 3) In 50m pool, sprints lanes will be split into two ends, 25m from the Starting end and 15m from the turning end of the pool.
- 4) In 25m pool, sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
- 5) Backstrokers should ensure that they are not starting at the same time while a swimmer is on the block. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.

In addition to the procedures above please be aware of announcements to determine lane usage throughout the meet, as usage may vary at the discretion of the Referee.

Coaches are responsible for the following:

Only Registered Coaches of HKGSA are allowed to stay at the pool deck during warm-up time. Registered Coaches are required to wear the Coach Registration Card conspicuously when staying at the pool deck during warm up session. They should process and present the Coach Registration Card to the Referee and designated HKGSA staff for validation. Those who fail to process and present the Coach Registration Card will **not** be permitted to stay at the pool deck. Pool deck entry application is available for coaches who are not eligible to register with HKGSA.

- 1) Wearing the Coach Registration Card conspicuously.
- 2) Instructing swimmers regarding safety guidelines and warm-up procedures.
- 3) Actively supervising their swimmers throughout the warm-up sessions.
- 4) Maintaining as much contact with their swimmers as possible.

Hong Kong Swimming Point Score 2026 (LC)

Men

Score	%	Freestyle						Backstroke		
		<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>400m</u>	<u>800m</u>	<u>1500m</u>	<u>50m</u>	<u>100m</u>	<u>200m</u>
100	1.00	21.43	47.32	1:44.62	3:43.54	7:42.55	14:53.48	24.60	52.99	1:54.88
99	1.01	21.64	47.79	1:45.67	3:45.78	7:47.18	15:02.41	24.85	53.52	1:56.03
98	1.02	21.86	48.27	1:46.71	3:48.01	7:51.80	15:11.35	25.09	54.05	1:57.18
97	1.03	22.07	48.74	1:47.76	3:50.25	7:56.43	15:20.28	25.34	54.58	1:58.33
96	1.04	22.29	49.21	1:48.80	3:52.48	8:01.05	15:29.22	25.58	55.11	1:59.48
95	1.05	22.50	49.69	1:49.85	3:54.72	8:05.68	15:38.15	25.83	55.64	2:00.62
94	1.06	22.72	50.16	1:50.90	3:56.95	8:10.30	15:47.09	26.08	56.17	2:01.77
93	1.07	22.93	50.63	1:51.94	3:59.19	8:14.93	15:56.02	26.32	56.70	2:02.92
92	1.08	23.14	51.11	1:52.99	4:01.42	8:19.55	16:04.96	26.57	57.23	2:04.07
91	1.09	23.36	51.58	1:54.04	4:03.66	8:24.18	16:13.89	26.81	57.76	2:05.22
90	1.10	23.57	52.05	1:55.08	4:05.89	8:28.81	16:22.83	27.06	58.29	2:06.37
89	1.11	23.79	52.53	1:56.13	4:08.13	8:33.43	16:31.76	27.31	58.82	2:07.52
88	1.12	24.00	53.00	1:57.17	4:10.36	8:38.06	16:40.70	27.55	59.35	2:08.67
87	1.13	24.22	53.47	1:58.22	4:12.60	8:42.68	16:49.63	27.80	59.88	2:09.81
86	1.14	24.43	53.94	1:59.27	4:14.84	8:47.31	16:58.57	28.04	1:00.41	2:10.96
85	1.15	24.64	54.42	2:00.31	4:17.07	8:51.93	17:07.50	28.29	1:00.94	2:12.11
84	1.16	24.86	54.89	2:01.36	4:19.31	8:56.56	17:16.44	28.54	1:01.47	2:13.26
83	1.17	25.07	55.36	2:02.41	4:21.54	9:01.18	17:25.37	28.78	1:02.00	2:14.41
82	1.18	25.29	55.84	2:03.45	4:23.78	9:05.81	17:34.31	29.03	1:02.53	2:15.56
81	1.19	25.50	56.31	2:04.50	4:26.01	9:10.43	17:43.24	29.27	1:03.06	2:16.71
80	1.20	25.72	56.78	2:05.54	4:28.25	9:15.06	17:52.18	29.52	1:03.59	2:17.86
79	1.21	25.93	57.26	2:06.59	4:30.48	9:19.69	18:01.11	29.77	1:04.12	2:19.00
78	1.22	26.14	57.73	2:07.64	4:32.72	9:24.31	18:10.05	30.01	1:04.65	2:20.15
77	1.23	26.36	58.20	2:08.68	4:34.95	9:28.94	18:18.98	30.26	1:05.18	2:21.30
76	1.24	26.57	58.68	2:09.73	4:37.19	9:33.56	18:27.92	30.50	1:05.71	2:22.45
75	1.25	26.79	59.15	2:10.78	4:39.43	9:38.19	18:36.85	30.75	1:06.24	2:23.60
74	1.26	27.00	59.62	2:11.82	4:41.66	9:42.81	18:45.78	31.00	1:06.77	2:24.75
73	1.27	27.22	1:00.10	2:12.87	4:43.90	9:47.44	18:54.72	31.24	1:07.30	2:25.90
72	1.28	27.43	1:00.57	2:13.91	4:46.13	9:52.06	19:03.65	31.49	1:07.83	2:27.05
71	1.29	27.64	1:01.04	2:14.96	4:48.37	9:56.69	19:12.59	31.73	1:08.36	2:28.20
70	1.30	27.86	1:01.52	2:16.01	4:50.60	10:01.32	19:21.52	31.98	1:08.89	2:29.34
69	1.31	28.07	1:01.99	2:17.05	4:52.84	10:05.94	19:30.46	32.23	1:09.42	2:30.49
68	1.32	28.29	1:02.46	2:18.10	4:55.07	10:10.57	19:39.39	32.47	1:09.95	2:31.64
67	1.33	28.50	1:02.94	2:19.14	4:57.31	10:15.19	19:48.33	32.72	1:10.48	2:32.79
66	1.34	28.72	1:03.41	2:20.19	4:59.54	10:19.82	19:57.26	32.96	1:11.01	2:33.94
65	1.35	28.93	1:03.88	2:21.24	5:01.78	10:24.44	20:06.20	33.21	1:11.54	2:35.09
64	1.36	29.14	1:04.36	2:22.28	5:04.01	10:29.07	20:15.13	33.46	1:12.07	2:36.24
63	1.37	29.36	1:04.83	2:23.33	5:06.25	10:33.69	20:24.07	33.70	1:12.60	2:37.39
62	1.38	29.57	1:05.30	2:24.38	5:08.49	10:38.32	20:33.00	33.95	1:13.13	2:38.53
61	1.39	29.79	1:05.77	2:25.42	5:10.72	10:42.94	20:41.94	34.19	1:13.66	2:39.68
60	1.40	30.00	1:06.25	2:26.47	5:12.96	10:47.57	20:50.87	34.44	1:14.19	2:40.83
59	1.41	30.22	1:06.72	2:27.51	5:15.19	10:52.20	20:59.81	34.69	1:14.72	2:41.98
58	1.42	30.43	1:07.19	2:28.56	5:17.43	10:56.82	21:08.74	34.93	1:15.25	2:43.13
57	1.43	30.64	1:07.67	2:29.61	5:19.66	11:01.45	21:17.68	35.18	1:15.78	2:44.28
56	1.44	30.86	1:08.14	2:30.65	5:21.90	11:06.07	21:26.61	35.42	1:16.31	2:45.43
55	1.45	31.07	1:08.61	2:31.70	5:24.13	11:10.70	21:35.55	35.67	1:16.84	2:46.58
54	1.46	31.29	1:09.09	2:32.75	5:26.37	11:15.32	21:44.48	35.92	1:17.37	2:47.72
53	1.47	31.50	1:09.56	2:33.79	5:28.60	11:19.95	21:53.42	36.16	1:17.90	2:48.87

Hong Kong Swimming Point Score 2026 (LC)

Men

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	26.60	58.34	2:06.96	23.06	51.07	1:54.43	1:56.23	4:11.70
99	1.01	26.87	58.92	2:08.23	23.29	51.58	1:55.57	1:57.39	4:14.22
98	1.02	27.13	59.51	2:09.50	23.52	52.09	1:56.72	1:58.55	4:16.73
97	1.03	27.40	1:00.09	2:10.77	23.75	52.60	1:57.86	1:59.72	4:19.25
96	1.04	27.66	1:00.67	2:12.04	23.98	53.11	1:59.01	2:00.88	4:21.77
95	1.05	27.93	1:01.26	2:13.31	24.21	53.62	2:00.15	2:02.04	4:24.29
94	1.06	28.20	1:01.84	2:14.58	24.44	54.13	2:01.30	2:03.20	4:26.80
93	1.07	28.46	1:02.42	2:15.85	24.67	54.64	2:02.44	2:04.37	4:29.32
92	1.08	28.73	1:03.01	2:17.12	24.90	55.16	2:03.58	2:05.53	4:31.84
91	1.09	28.99	1:03.59	2:18.39	25.14	55.67	2:04.73	2:06.69	4:34.35
90	1.10	29.26	1:04.17	2:19.66	25.37	56.18	2:05.87	2:07.85	4:36.87
89	1.11	29.53	1:04.76	2:20.93	25.60	56.69	2:07.02	2:09.02	4:39.39
88	1.12	29.79	1:05.34	2:22.20	25.83	57.20	2:08.16	2:10.18	4:41.90
87	1.13	30.06	1:05.92	2:23.46	26.06	57.71	2:09.31	2:11.34	4:44.42
86	1.14	30.32	1:06.51	2:24.73	26.29	58.22	2:10.45	2:12.50	4:46.94
85	1.15	30.59	1:07.09	2:26.00	26.52	58.73	2:11.59	2:13.66	4:49.46
84	1.16	30.86	1:07.67	2:27.27	26.75	59.24	2:12.74	2:14.83	4:51.97
83	1.17	31.12	1:08.26	2:28.54	26.98	59.75	2:13.88	2:15.99	4:54.49
82	1.18	31.39	1:08.84	2:29.81	27.21	1:00.26	2:15.03	2:17.15	4:57.01
81	1.19	31.65	1:09.42	2:31.08	27.44	1:00.77	2:16.17	2:18.31	4:59.52
80	1.20	31.92	1:10.01	2:32.35	27.67	1:01.28	2:17.32	2:19.48	5:02.04
79	1.21	32.19	1:10.59	2:33.62	27.90	1:01.79	2:18.46	2:20.64	5:04.56
78	1.22	32.45	1:11.17	2:34.89	28.13	1:02.31	2:19.60	2:21.80	5:07.07
77	1.23	32.72	1:11.76	2:36.16	28.36	1:02.82	2:20.75	2:22.96	5:09.59
76	1.24	32.98	1:12.34	2:37.43	28.59	1:03.33	2:21.89	2:24.13	5:12.11
75	1.25	33.25	1:12.93	2:38.70	28.83	1:03.84	2:23.04	2:25.29	5:14.63
74	1.26	33.52	1:13.51	2:39.97	29.06	1:04.35	2:24.18	2:26.45	5:17.14
73	1.27	33.78	1:14.09	2:41.24	29.29	1:04.86	2:25.33	2:27.61	5:19.66
72	1.28	34.05	1:14.68	2:42.51	29.52	1:05.37	2:26.47	2:28.77	5:22.18
71	1.29	34.31	1:15.26	2:43.78	29.75	1:05.88	2:27.61	2:29.94	5:24.69
70	1.30	34.58	1:15.84	2:45.05	29.98	1:06.39	2:28.76	2:31.10	5:27.21
69	1.31	34.85	1:16.43	2:46.32	30.21	1:06.90	2:29.90	2:32.26	5:29.73
68	1.32	35.11	1:17.01	2:47.59	30.44	1:07.41	2:31.05	2:33.42	5:32.24
67	1.33	35.38	1:17.59	2:48.86	30.67	1:07.92	2:32.19	2:34.59	5:34.76
66	1.34	35.64	1:18.18	2:50.13	30.90	1:08.43	2:33.34	2:35.75	5:37.28
65	1.35	35.91	1:18.76	2:51.40	31.13	1:08.94	2:34.48	2:36.91	5:39.80
64	1.36	36.18	1:19.34	2:52.67	31.36	1:09.46	2:35.62	2:38.07	5:42.31
63	1.37	36.44	1:19.93	2:53.94	31.59	1:09.97	2:36.77	2:39.24	5:44.83
62	1.38	36.71	1:20.51	2:55.20	31.82	1:10.48	2:37.91	2:40.40	5:47.35
61	1.39	36.97	1:21.09	2:56.47	32.05	1:10.99	2:39.06	2:41.56	5:49.86
60	1.40	37.24	1:21.68	2:57.74	32.28	1:11.50	2:40.20	2:42.72	5:52.38
59	1.41	37.51	1:22.26	2:59.01	32.51	1:12.01	2:41.35	2:43.88	5:54.90
58	1.42	37.77	1:22.84	3:00.28	32.75	1:12.52	2:42.49	2:45.05	5:57.41
57	1.43	38.04	1:23.43	3:01.55	32.98	1:13.03	2:43.63	2:46.21	5:59.93
56	1.44	38.30	1:24.01	3:02.82	33.21	1:13.54	2:44.78	2:47.37	6:02.45
55	1.45	38.57	1:24.59	3:04.09	33.44	1:14.05	2:45.92	2:48.53	6:04.97
54	1.46	38.84	1:25.18	3:05.36	33.67	1:14.56	2:47.07	2:49.70	6:07.48
53	1.47	39.10	1:25.76	3:06.63	33.90	1:15.07	2:48.21	2:50.86	6:10.00

Hong Kong Swimming Point Score 2026 (LC)

Women

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	23.96	51.92	1:53.36	3:59.23	8:19.12	15:57.67	27.27	58.68	2:06.31
99	1.01	24.20	52.44	1:54.49	4:01.62	8:24.11	16:07.25	27.54	59.27	2:07.57
98	1.02	24.44	52.96	1:55.63	4:04.01	8:29.10	16:16.82	27.82	59.85	2:08.84
97	1.03	24.68	53.48	1:56.76	4:06.41	8:34.09	16:26.40	28.09	1:00.44	2:10.10
96	1.04	24.92	54.00	1:57.89	4:08.80	8:39.08	16:35.98	28.36	1:01.03	2:11.36
95	1.05	25.16	54.52	1:59.03	4:11.19	8:44.08	16:45.55	28.63	1:01.61	2:12.63
94	1.06	25.40	55.04	2:00.16	4:13.58	8:49.07	16:55.13	28.91	1:02.20	2:13.89
93	1.07	25.64	55.55	2:01.30	4:15.98	8:54.06	17:04.71	29.18	1:02.79	2:15.15
92	1.08	25.88	56.07	2:02.43	4:18.37	8:59.05	17:14.28	29.45	1:03.37	2:16.41
91	1.09	26.12	56.59	2:03.56	4:20.76	9:04.04	17:23.86	29.72	1:03.96	2:17.68
90	1.10	26.36	57.11	2:04.70	4:23.15	9:09.03	17:33.44	30.00	1:04.55	2:18.94
89	1.11	26.60	57.63	2:05.83	4:25.55	9:14.02	17:43.01	30.27	1:05.13	2:20.20
88	1.12	26.84	58.15	2:06.96	4:27.94	9:19.01	17:52.59	30.54	1:05.72	2:21.47
87	1.13	27.07	58.67	2:08.10	4:30.33	9:24.01	18:02.17	30.82	1:06.31	2:22.73
86	1.14	27.31	59.19	2:09.23	4:32.72	9:29.00	18:11.74	31.09	1:06.90	2:23.99
85	1.15	27.55	59.71	2:10.36	4:35.11	9:33.99	18:21.32	31.36	1:07.48	2:25.26
84	1.16	27.79	1:00.23	2:11.50	4:37.51	9:38.98	18:30.90	31.63	1:08.07	2:26.52
83	1.17	28.03	1:00.75	2:12.63	4:39.90	9:43.97	18:40.47	31.91	1:08.66	2:27.78
82	1.18	28.27	1:01.27	2:13.76	4:42.29	9:48.96	18:50.05	32.18	1:09.24	2:29.05
81	1.19	28.51	1:01.78	2:14.90	4:44.68	9:53.95	18:59.63	32.45	1:09.83	2:30.31
80	1.20	28.75	1:02.30	2:16.03	4:47.08	9:58.94	19:09.20	32.72	1:10.42	2:31.57
79	1.21	28.99	1:02.82	2:17.17	4:49.47	10:03.94	19:18.78	33.00	1:11.00	2:32.84
78	1.22	29.23	1:03.34	2:18.30	4:51.86	10:08.93	19:28.36	33.27	1:11.59	2:34.10
77	1.23	29.47	1:03.86	2:19.43	4:54.25	10:13.92	19:37.93	33.54	1:12.18	2:35.36
76	1.24	29.71	1:04.38	2:20.57	4:56.65	10:18.91	19:47.51	33.81	1:12.76	2:36.62
75	1.25	29.95	1:04.90	2:21.70	4:59.04	10:23.90	19:57.09	34.09	1:13.35	2:37.89
74	1.26	30.19	1:05.42	2:22.83	5:01.43	10:28.89	20:06.66	34.36	1:13.94	2:39.15
73	1.27	30.43	1:05.94	2:23.97	5:03.82	10:33.88	20:16.24	34.63	1:14.52	2:40.41
72	1.28	30.67	1:06.46	2:25.10	5:06.21	10:38.87	20:25.82	34.91	1:15.11	2:41.68
71	1.29	30.91	1:06.98	2:26.23	5:08.61	10:43.86	20:35.39	35.18	1:15.70	2:42.94
70	1.30	31.15	1:07.50	2:27.37	5:11.00	10:48.86	20:44.97	35.45	1:16.28	2:44.20
69	1.31	31.39	1:08.02	2:28.50	5:13.39	10:53.85	20:54.55	35.72	1:16.87	2:45.47
68	1.32	31.63	1:08.53	2:29.64	5:15.78	10:58.84	21:04.12	36.00	1:17.46	2:46.73
67	1.33	31.87	1:09.05	2:30.77	5:18.18	11:03.83	21:13.70	36.27	1:18.04	2:47.99
66	1.34	32.11	1:09.57	2:31.90	5:20.57	11:08.82	21:23.28	36.54	1:18.63	2:49.26
65	1.35	32.35	1:10.09	2:33.04	5:22.96	11:13.81	21:32.85	36.81	1:19.22	2:50.52
64	1.36	32.59	1:10.61	2:34.17	5:25.35	11:18.80	21:42.43	37.09	1:19.80	2:51.78
63	1.37	32.83	1:11.13	2:35.30	5:27.75	11:23.79	21:52.01	37.36	1:20.39	2:53.04
62	1.38	33.06	1:11.65	2:36.44	5:30.14	11:28.79	22:01.58	37.63	1:20.98	2:54.31
61	1.39	33.30	1:12.17	2:37.57	5:32.53	11:33.78	22:11.16	37.91	1:21.57	2:55.57
60	1.40	33.54	1:12.69	2:38.70	5:34.92	11:38.77	22:20.74	38.18	1:22.15	2:56.83
59	1.41	33.78	1:13.21	2:39.84	5:37.31	11:43.76	22:30.31	38.45	1:22.74	2:58.10
58	1.42	34.02	1:13.73	2:40.97	5:39.71	11:48.75	22:39.89	38.72	1:23.33	2:59.36
57	1.43	34.26	1:14.25	2:42.10	5:42.10	11:53.74	22:49.47	39.00	1:23.91	3:00.62
56	1.44	34.50	1:14.76	2:43.24	5:44.49	11:58.73	22:59.04	39.27	1:24.50	3:01.89
55	1.45	34.74	1:15.28	2:44.37	5:46.88	12:03.72	23:08.62	39.54	1:25.09	3:03.15
54	1.46	34.98	1:15.80	2:45.51	5:49.28	12:08.72	23:18.20	39.81	1:25.67	3:04.41
53	1.47	35.22	1:16.32	2:46.64	5:51.67	12:13.71	23:27.77	40.09	1:26.26	3:05.68

Hong Kong Swimming Point Score 2026 (LC)

Women

Score	%	Breaststroke			Butterfly			Ind Medley	
		<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>50m</u>	<u>100m</u>	<u>200m</u>	<u>200m</u>	<u>400m</u>
100	1.00	29.68	1:04.81	2:21.72	25.34	56.11	2:04.75	2:08.40	4:33.55
99	1.01	29.98	1:05.46	2:23.14	25.59	56.67	2:06.00	2:09.68	4:36.29
98	1.02	30.27	1:06.11	2:24.55	25.85	57.23	2:07.25	2:10.97	4:39.02
97	1.03	30.57	1:06.75	2:25.97	26.10	57.79	2:08.49	2:12.25	4:41.76
96	1.04	30.87	1:07.40	2:27.39	26.35	58.35	2:09.74	2:13.54	4:44.49
95	1.05	31.16	1:08.05	2:28.81	26.61	58.92	2:10.99	2:14.82	4:47.23
94	1.06	31.46	1:08.70	2:30.22	26.86	59.48	2:12.24	2:16.10	4:49.96
93	1.07	31.76	1:09.35	2:31.64	27.11	1:00.04	2:13.48	2:17.39	4:52.70
92	1.08	32.05	1:09.99	2:33.06	27.37	1:00.60	2:14.73	2:18.67	4:55.43
91	1.09	32.35	1:10.64	2:34.47	27.62	1:01.16	2:15.98	2:19.96	4:58.17
90	1.10	32.65	1:11.29	2:35.89	27.87	1:01.72	2:17.22	2:21.24	5:00.90
89	1.11	32.94	1:11.94	2:37.31	28.13	1:02.28	2:18.47	2:22.52	5:03.64
88	1.12	33.24	1:12.59	2:38.73	28.38	1:02.84	2:19.72	2:23.81	5:06.38
87	1.13	33.54	1:13.24	2:40.14	28.63	1:03.40	2:20.97	2:25.09	5:09.11
86	1.14	33.84	1:13.88	2:41.56	28.89	1:03.97	2:22.22	2:26.38	5:11.85
85	1.15	34.13	1:14.53	2:42.98	29.14	1:04.53	2:23.46	2:27.66	5:14.58
84	1.16	34.43	1:15.18	2:44.40	29.39	1:05.09	2:24.71	2:28.94	5:17.32
83	1.17	34.73	1:15.83	2:45.81	29.65	1:05.65	2:25.96	2:30.23	5:20.05
82	1.18	35.02	1:16.48	2:47.23	29.90	1:06.21	2:27.21	2:31.51	5:22.79
81	1.19	35.32	1:17.12	2:48.65	30.15	1:06.77	2:28.45	2:32.80	5:25.52
80	1.20	35.62	1:17.77	2:50.06	30.41	1:07.33	2:29.70	2:34.08	5:28.26
79	1.21	35.91	1:18.42	2:51.48	30.66	1:07.89	2:30.95	2:35.36	5:31.00
78	1.22	36.21	1:19.07	2:52.90	30.91	1:08.45	2:32.20	2:36.65	5:33.73
77	1.23	36.51	1:19.72	2:54.32	31.17	1:09.02	2:33.44	2:37.93	5:36.47
76	1.24	36.80	1:20.36	2:55.73	31.42	1:09.58	2:34.69	2:39.22	5:39.20
75	1.25	37.10	1:21.01	2:57.15	31.68	1:10.14	2:35.94	2:40.50	5:41.94
74	1.26	37.40	1:21.66	2:58.57	31.93	1:10.70	2:37.19	2:41.78	5:44.67
73	1.27	37.69	1:22.31	2:59.98	32.18	1:11.26	2:38.43	2:43.07	5:47.41
72	1.28	37.99	1:22.96	3:01.40	32.44	1:11.82	2:39.68	2:44.35	5:50.14
71	1.29	38.29	1:23.60	3:02.82	32.69	1:12.38	2:40.93	2:45.64	5:52.88
70	1.30	38.58	1:24.25	3:04.24	32.94	1:12.94	2:42.18	2:46.92	5:55.62
69	1.31	38.88	1:24.90	3:05.65	33.20	1:13.50	2:43.42	2:48.20	5:58.35
68	1.32	39.18	1:25.55	3:07.07	33.45	1:14.07	2:44.67	2:49.49	6:01.09
67	1.33	39.47	1:26.20	3:08.49	33.70	1:14.63	2:45.92	2:50.77	6:03.82
66	1.34	39.77	1:26.85	3:09.90	33.96	1:15.19	2:47.17	2:52.06	6:06.56
65	1.35	40.07	1:27.49	3:11.32	34.21	1:15.75	2:48.41	2:53.34	6:09.29
64	1.36	40.36	1:28.14	3:12.74	34.46	1:16.31	2:49.66	2:54.62	6:12.03
63	1.37	40.66	1:28.79	3:14.16	34.72	1:16.87	2:50.91	2:55.91	6:14.76
62	1.38	40.96	1:29.44	3:15.57	34.97	1:17.43	2:52.16	2:57.19	6:17.50
61	1.39	41.26	1:30.09	3:16.99	35.22	1:17.99	2:53.40	2:58.48	6:20.23
60	1.40	41.55	1:30.73	3:18.41	35.48	1:18.55	2:54.65	2:59.76	6:22.97
59	1.41	41.85	1:31.38	3:19.83	35.73	1:19.12	2:55.90	3:01.04	6:25.71
58	1.42	42.15	1:32.03	3:21.24	35.98	1:19.68	2:57.15	3:02.33	6:28.44
57	1.43	42.44	1:32.68	3:22.66	36.24	1:20.24	2:58.39	3:03.61	6:31.18
56	1.44	42.74	1:33.33	3:24.08	36.49	1:20.80	2:59.64	3:04.90	6:33.91
55	1.45	43.04	1:33.97	3:25.49	36.74	1:21.36	3:00.89	3:06.18	6:36.65
54	1.46	43.33	1:34.62	3:26.91	37.00	1:21.92	3:02.14	3:07.46	6:39.38
53	1.47	43.63	1:35.27	3:28.33	37.25	1:22.48	3:03.38	3:08.75	6:42.12

HONG KONG SWIMMING RECORDS

Listed Date: 3rd August 2026

HONG KONG LONG COURSE RECORDS

MEN'S EVENTS

50 Free	21.71 HO Ian Yentou, SCA	15 th National Games of the People's Republic of China, Nov 10-17, 2025
100 Free	49.15 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 2, May. 29-30, 2021
200 Free	1:47.46 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
400 Free	3:50.53 CHEUK Ming Ho, CPS	64 th Festival of Sport LC Time Trial II, Apr 18, 2021
800 Free	8:03.41 CHEUK Ming Ho, CPS	Hong Kong National Olympic Time Trial, Mar 21, 2021
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
*50 Back	25.91 YU Dongqi, HTA	69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
100 Back	55.51 KWAN Hayden, PSC	2025 FISU World University Games Summer – Rhine-Ruhr, Jul. 17-26, 2025
200 Back	2:00.22 KWAN Hayden, PSC	2024 Tyr Pro Swim Series, San Antonio, TX, Apr 10-13, 2024
*50 Breast	27.61 CHEUNG Chi Kit Nicholas, WTS	Div.1 AG LC Swim Comp. Part 2, Jul. 19, 2026
*100 Breast	1:00.14 MAK Sai Ting Adam, HTA	Shouxian Valley 2026 National Swimming Championship, June 16-21, 2026
*200 Breast	2:09.33 MAK Sai Ting Adam, HTA	Shouxian Valley 2026 National Swimming Championship, June 16-21, 2026
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
*100 Fly	53.34 HO Ian Yentou, SCA	Mare Nostrum 2026 - Canet-en-Roussillon, May 27 – May 28, 2026
200 Fly	2:00.43 LIM Nicholas Owen Zhaoguang, LRC	62 nd FOS – LC Time Trial, April 13-14, 2019
200 IM	2:01.37 TO Kenneth King Him, LWS	29 th Summer Universiade, Aug 19-30, 2017
*400 IM	4:23.70 WANG Yi Shun, CPS	69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
4x100 MR	3:41.71 Hong Kong Team KWAN Hayden, CHEUNG Chi Kit Nicholas, NG Cheuk Yin, HO Siu Lun 55.81 1:56.66 2:51.08	2025 FISU World University Games Summer – Rhine-Ruhr, Jul. 17-26, 2025
4x100 FR	3:21.22 Hong Kong Team LUM Ching Tat, NG Chun Nam Derick, CHEUNG Kin Tat Kent, WONG Kai Wai David 50.88 1:40.70 2:31.65	5 th East Asian Games, Dec 8, 2009
4x200 FR	7:27.16 Hong Kong Team CHEUNG Kin Tat Kent, NG Chun Nam Derick, LUM Ching Tat, WONG Kai Wai David 1:52.46 3:43.70 5:35.08	5 th East Asian Games, Dec 6, 2009

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

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HONG KONG LONG COURSE RECORDS

WOMEN'S EVENTS

50 Free	24.30 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Budapest, Oct 20-22, 2023
^A 100 Free	52.02 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Berlin, Oct 6-8, 2023
^A 200 Free	1:53.92 HAUGHEY Siobhan Bernadette, SCA	Tokyo 2020 Olympic Games, July 23 – August 8, 2021
400 Free	4:05.30 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Berlin, Oct 6-8, 2023
800 Free	8:39.93 HAUGHEY Siobhan Bernadette, SCA	Paris 2024 OG – Hong Kong LC Swimming Invitational Trial I, May 11-12, 2024
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	27.98 AU Hoi Shun Stephanie, DWA	Mare Nostrum 2019 – Monaco, Jun 8-9, 2019
100 Back	1:00.22 AU Hoi Shun Stephanie, DWA	FINA Swimming World Cup – Singapore, Aug 15-17, 2019
200 Back	2:09.33 LAU Yin Yan Claudia, DLS	Div.1 AG LC Swim Comp. Part 3, Jul. 2-3, 2016
50 Breast	30.36 HAUGHEY Siobhan Bernadette, SCA	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
100 Breast	1:05.92 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Athens, Oct 13-15, 2023
		World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024
200 Breast	2:27.96 KONG Yvette Man Yi, SCA	Edinburgh International Swim Meet, Mar 11-13, 2016
*50 Fly	26.34 KAN Cheuk Tung Natalie, HTA	69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
100 Fly	58.12 HAUGHEY Siobhan Bernadette, SCA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
200 Fly	2:10.63 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
200 IM	2:12.10 HAUGHEY Siobhan Bernadette, SCA	2017 Arena Pro Swim Series - Santa Clara, USA, June 1-4, 2017
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
4x100 MR	4:01.72 Hong Kong Team AU Hoi Shun Stephanie, HAUGHEY Siobhan Bernadette, KAN Cheuk Tung Natalie, TAM Hoi Lam 1:00.74 2:06.77 3:06.66	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
4x100 FR	3:39.10 Hong Kong Team CHENG Camille Lily Mei, HAUGHEY Siobhan Bernadette, TAM Hoi Lam, AU Hoi Shun Stephanie 56.11 1:48.03 2:43.69	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023
4x200 FR	8:02.42 Hong Kong Team CHENG Chloe, HAUGHEY Siobhan Bernadette, CHENG Camille Lily Mei, AU Hoi Shun Stephanie 3:57.40 5:59.86	19 th Asian Games, Hangzhou 2022, Sep 24-29, 2023 2:03.19

*: Pending for Swimming Committee's Ratification ^AAsian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

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HONG KONG LONG COURSE RECORDS

MIXED'S EVENTS

4x100 FR	3:31.13 Hong Kong Team	World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024
	LAU Shiu Yue, HO Ian Yentou, CHENG Camille Lily Mei, TAM Hoi Lam	
	52.24 1:40.90 2:35.61	
4x100 MR	3:50.22 Hong Kong Team	18 th Asian Games, Jakarta- Palembang , Aug 19-24 , 2018
	AU Hoi Shun Stephanie, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, CHENG Camille Lily Mei	
	1:00.52 2:01.15 2:54.90	

*: Pending for Swimming Committee's Ratification ^AAsian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

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HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

MEN'S EVENTS

*50 Free	23.58 CHEUNG Man Ho, SLA	12th Asian Age Group Championships, July 17-21, 2026
100 Free	51.24 NG Chun Nam Derick, WTS	HK Age Group LC SW Championships 2009-10, Oct. 24, 2009
200 Free	1:52.59 Cheuk Ming Ho, CPS	17 th ISF Gymnasiade - Swimming, May 2-9 2018
400 Free	3:57.77 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
800 Free	8:18.64 Wang Yi Shun, CPS	Hong Kong Open Swimming Championships 2023, Aug 18-20, 2023
1500 Free	16:00.66 CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
50 Back	26.81 NG Cheuk Yin TPS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
100 Back	57.73 HO Siu Lun, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
*200 Back	2:05.97 CHEUNG Yung, WDA	69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2022
50 Breast	28.83 TSUI Yik Ki, PSC	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
100 Breast	1:03.01 MAK Sai Ting Adam, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Breast	2:14.41 MAK Sai Ting Adam, HTA	65 th Festival of Sport LC Time Trial, Apr 23, 2022
50 Fly	24.74 NG Cheuk Yin, TPS	61 st FOS – LC SW Time Trial, Apr 14-15 2018
100 Fly	54.42 NG Chun Nam Derick, WTS	8 th Asian Swimming Champ., Nov 25, 2009
200 Fly	2:01.23 LAU Kin Hei James, HTA	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
200 IM	2:05.10 LAU Kin Hei James, HTA	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
*400 IM	4:30.48 CHEN Zheng Xuan Jason, HTA	12th Asian Age Group Championships, July 17-21, 2026
4x100 MR	3:56.66 HTA HAN Pak Kiu, LAU Ka Long, CHUNG Hei Chit, LAU Kin Hei James	HK Open Swimming Champ 2024, Jul 12-14, 2024
4x100 FR	3:36.50 HTA LAU Kin Hei James, CHAN Leong To, CHUNG Hei Chit, HAN Pak Kiu	HK Open Swimming Champ 2024, Jul 12-14, 2024
4x200 FR	7:58.33 Hong Kong Team CHAN Wai Ching Adrian, HAN Pak Kiu, LAM Wai Lok, LAU Chor Tik	59th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

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HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

WOMEN'S EVENTS

50 Free	25.03 LI Sum Yiu, WDA	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
200 Free	1:59.77 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17, 2007
800 Free	8:50.21 AU Hoi Shun Stephanie, *DW	3 rd H.K. Int' Open Swimming Champ, Aug 31, 2007
1500 Free	16:58.79 Anderson Charlotte Kiki, HIS	2014 Scottish Gas National AG Swim Champ, Jun 25-29, 2014
*50 Back	28.81 CHAN Tsz Yu Ashley, HTA	69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
*100 Back	1:02.67 CHAN Tsz Yu Ashley, HTA	69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
200 Back	2:15.96 CHAN Tsz Yu Ashley, HTA	World Aquatics Junior Swimming Championships - Otopeni, Aug 19-24, 2025
50 Breast	31.54 MAN Wui Kiu, CPS	World Aquatics Junior Swimming Championships - Otopeni, Aug 19-24, 2025
100 Breast	1:09.38 MAN Wui Kiu, CPS	68th Festival of Sport LC Time Trial, Apr 12-13, 2025
200 Breast	2:29.94 GAO Jialian Candice, CPS	HK Open Swimming Champ 2025, Aug. 15-17, 2025
*50 Fly	27:43 WONG Yuen Ching, HTA	Thailand Age Group Swimming Championships 2026, Apr 3-8, 2026
100 Fly	1:00.54 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
200 Fly	2:14.06 MOK Sze Ki, HVA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
200 IM	2:13.35 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 th East Asian Games, Oct 10-15, 2013
*400 IM	4:49.16 GAO Jialian Candice, CPS	69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
4x100 MR	4:18.29 Hong Kong Team CHAN Tsz Yu Ashley, SO Hei Shun, ZHONG Sin Yiu, SUM Yi Man	61st MILO/MAS Malaysia Invitational Age Grp, Feb 5-8, 2026
4x100 FR	3:51.08 Hong Kong Team LI Sum Yiu, MATHIS Mya Lynn, MAN Wui Kiu, LI Yuqing	11th Asian Age Group Championships, Feb 26-29, 2024
4x200 FR	8:29.95 Hong Kong Team SUM Yi Man, TONG Youjia, CHAN Pui Ka, CHAN Yik Naam	61st MILO/MAS Malaysia Invitational Age Grp, Feb 5-8, 2026

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

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HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 10 & UNDER EVENTS

50 Free	29.13 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
100 Free	1:02.87 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
200 Free	2:14.16 HSIEH Kyrus Shing Hin, TPS	HK Age Group LC SW Champ 2025-26, Oct 31 – Nov 2, 2025
50 Back	31.76 LI Ming Lok, SGC	Div.1 AG LC Swim Comp. Part 3, Sep 6-7, 2025
100 Back	1:08.91 HSIEH Kyrus Shing Hin, TPS	Div.1 AG LC Swim Comp. Part 1, Jun 28-29, 2025
*50 Breast	36.11 KONG Yau Nam, KTS	Div.1 AG LC Swim Comp. Part 2, Jul. 19, 2026
*100 Breast	1:18.20 CHAN Ching Hang, TPS	Div.1 AG LC Swim Comp. Part 1, Jun 20-21, 2026
50 Fly	30.14 LI Ming Lok, SGC	Div.1 AG LC Swim Comp. Part 3, Sep 6-7, 2025
100 Fly	1:09.82 CHAN Yin Chun, HTA	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
200 IM	2:31.15 HSIEH Kurtis Yi Hon, TPS	Singapore Swim Series I. Jan 12-14, 2024

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 10 & UNDER EVENTS

50 Free	28.50 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 1, May 25, 2008
100 Free	1:02.44 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 2, Jun. 29, 2008
200 Free	2:16.52 LOK Hoi Man, WTS	HK Age Group LC SW Championships 2011-12, Nov. 5,2011
50 Back	33.49 MA Wing Yu, *WA	HK Age Group LC SW Championships 2015-16, Nov. 6-8,2015
100 Back	1:11.95 CHENG Jessica Chloe, TPS	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
50 Breast	35.23 Lam Chelsie, DLS	3 rd All Hong Kong Inter-Area Primary Schools Swimming Competition 2018-2019, 8 June, 2019
100 Breast	1:15.44 HO Kang Ni Chloe, HTA	HK Age Group LC SW Championships 2023-24, Oct. 6-7,29,2023
50 Fly	30.56 LEE Si Yao Peony, TPS	2 nd All Hong Kong Inter-Area Primary Schools Swimming Competition 2017-2018, 9 June, 2018
100 Fly	1:09.78 LAU Ping Yi Audrey, HTA	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
200 IM	2:32.15 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul. 27, 2008

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

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HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 11 – 12 YEARS EVENTS

50 Free	25.59 LI Sing Hoi, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	56.38 SUN Maokun, KCD	All Hong Kong Inter-Area Primary Schools Swimming Competition, Jun 14, 2024
200 Free	2:01.34 SUN Maokun, KCD	Div.1 AG LC Swim Comp. Part 1, Jun. 29-30, 2024
400 Free	4:16.08 Han Pak Kiu, HTA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
800 Free	8:56.44 SUN Mao Kun, KCD	Div.1 AG LC Swim Comp. Part 1, Jun. 29-30, 2024
50 Back	29.28 CHAN Tsz Kwan, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct 18, 2019
100 Back	1:03.24 CHEN Zheng Xuan Jason, HTA	HKSSF Div. 1 Inter-School Swim. Comp., Oct 18, 2024
200 Back	2:16.66 CHEN Zheng Xuan Jason, HTA	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
50 Breast	30.86 TAM Ka Ming, *CY	HKSSF Div. 1 Inter-School Swim. Comp, Oct 14, 2010
100 Breast	1:09.05 LAU Kin Hei James, HTA	HK Open Swimming Championships 2021, Aug. 6-8, 2021
200 Breast	2:30.15 WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp, 28 Oct, 2015
50 Fly	27.23 CHAN Wai Ching Adrian, WTS	HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
100 Fly	1:00.08 LAU Kin Hei James, HTA	Hong Kong Long Course Swimming Time Trial IV, June 20, 2021
200 Fly	2:13.93 LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
200 IM	2:15.50 LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.80 HAUGHEY Siobhan Bernadette, SCA	HKSSF Div 1 Inter-School Swim. Comp, Oct 14, 2010
100 Free	57.77 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
200 Free	2:06.55 HAUGHEY Siobhan Bernadette, SCA	6 th HK Open Swimming Champ., Sep 4, 2010
400 Free	4:26.45 CHAN Jacaranda Yik Naam, HTA	HK Open Swimming Champ 2025, Aug. 15-17, 2025
800 Free	9:17.34 CHAN Jacaranda Yik Naam, HTA	HK Open Swimming Champ 2025, Aug. 15-17, 2025
50 Back	30.39 CHAN Tsz Yu Ashley, HTA	59th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024
100 Back	1:04.98 CHAN Tsz Yu Ashley, HTA	59th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024
200 Back	2:21.61 HO Tin Wing, HTA	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
50 Breast	33.54 GAO Jialian, CPS	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
100 Breast	1:12.78 YIP Tsz-wa, DLS	HKSSF Div. 1 Inter-School Swim Comp., Oct 15, 2003
200 Breast	2:35.62 MA Hei-tung, DLS	LI FOS-Olympic Time Trial II, Apr 20, 2008
50 Fly	28.87 LAI Chu Yi, WTS	7 th HK Open Swimming Champ., Sep 4, 2011
100 Fly	1:02.95 MOK Sze Ki, HVA	HK Open Swimming Champ 2019, Aug 9-11, 2019
200 Fly	2:18.68 MOK Sze Ki, HVA	Div. 1 AG LC Swim Comp. Part 1, Jul 13-14, 2019
200 IM	2:21.79 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul 25, 2010

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time

HONG KONG SWIMMING RECORDS

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HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 13 – 14 YEARS EVENTS

50 Free 24.18 LAU Kin Hei James, HTA
100 Free 52.62 LAU Kin Hei James, HTA
200 Free 1:55.46 LAU Kin Hei James, HTA
400 Free 4:05.82 SUN Maokun, WTS
800 Free 8:29.17 SUN Maokun, WTS
1500 Free 16:07.83 SUN Maokun, WTS

50 Back 27.12 HO Siu Lun, DLS
100 Back 58.17 HO Siu Lun, DLS
200 Back 2:06.34 CHEUNG Yung, WDA

50 Breast 29.08 TSUI Yik Ki, PSC
100 Breast 1:04.82 LAU Chor Tik, WTS
200 Breast 2:18.11 WONG Benson, DLS

50 Fly 24.90 LAU Kin Hei James, HTA
100 Fly 55.07 LAU Kin Hei James, HTA
200 Fly 2:01.23 LAU Kin Hei James, HTA

200 IM 2:05.10 LAU Kin Hei James, HTA
***400 IM 4:30.48 CHEN Zheng Xuan Jason, HTA**

HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
HK Age Group LC SW Championships 2023-24, Oct. 6-7, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
HK Open Swimming Champ 2025, Aug 15-17, 2025
HK Age Group LC SW Champ 2025-26, Oct 31 – Nov 2, 2025
HK Age Group LC SW Champ 2025-26, Oct 31 – Nov 2, 2025

HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
HK Open Swimming Champ 2025, Aug. 15-17, 2025

HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
Paris 2024 OG – Hong Kong LC Swimming Invitational Trial I, May 11-12, 2024
HK Open Swimming Champ 2017, July 28-30, 2017

Div. 1 AG LC Swim Comp. Part 2, Jun 18, 2023
66th Festival of Sport LC Time Trial, Apr 15-16, 2023
World Junior Swimming Championships – Netanya, Sep 4-9, 2023

66th Festival of Sport LC Time Trial, Apr 15-16, 2023
12th Asian Age Group Championships, July 17-21, 2026

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 13 – 14 YEARS EVENTS

50 Free 25.44 LI Sum Yiu, WDA
100 Free 55.92 LI Sum Yiu, WDA
200 Free 2:02.00 CHENG Chloe, PSC
400 Free 4:19.32 CHENG Chloe, PSC
***800 Free 8:52.95 GAO Jialian Candice, CPS**

***1500 Free 17:12.95 TONG Youjia, DWA**

***50 Back 28.81 CHAN Tsz Yu Ashley, HTA**

***100 Back 1:02.67 CHAN Tsz Yu Ashley, HTA**
200 Back 2:15.96 CHAN Tsz Yu Ashley, HTA

50 Breast 32.11 YUNG Tsz Ching, HTA
100 Breast 1:09.84 MAN Wui Kiu, CPS
200 Breast 2:29.94 GAO Jialian Candice, CPS

50 Fly 27.45 LAU Ping Yi Audrey, HTA
100 Fly 1:00.54 LAU Ping Yi Audrey, HTA
200 Fly 2:14.96 LAU Ping Yi Audrey, HTA

200 IM 2:18.44 HAUGHEY Siobhan Bernadette, SCA

***400 IM 4:49.16 GAO Jialian Candice, CPS**

National LC Swimming Trial - 67th FOS, Apr 13-14, 2024
11th Asian Age Group Championships, Feb 26-29, 2024
HKSSF Div. 1 Inter-School Swim. Comp., Oct 25, 2019
Div. 1 AG LC Swim Comp. Part 3, Sep. 21-22, 2019
69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
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69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
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World Aquatics Junior Swimming Championships - Otopeni, Aug 19-24, 2025

68th Festival of Sport LC Time Trial, Apr 12-13, 2025
HK Open Swimming Champ 2024, Jul 12-14, 2024
Div.1 AG LC Swim Comp. Part 1, Jun. 28-29, 2025

HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019

Australian Age Championships, Apr 9-14, 2012
69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
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HONG KONG SWIMMING RECORDS

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HONG KONG AGE GROUP LONG COURSE RECORDS

BOYS' 15 – 17 YEARS EVENTS

*50 Free	22.79 LI Adam Onyu, CPS	12th Asian Age Group Championships, July 17-21, 2026
100 Free	50.48 LUM Ching Tat Jeffrey, HFS	1 st Asian Youth Games, Jul 06, 2009
200 Free	1:50.11 CHEUK Ming Ho, CPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
400 Free	3:53.05 CHEUK Ming Ho, CPS	62 nd FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 th Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.27 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 19, 2018
100 Back	57.38 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
200 Back	2:05.82 NG Cheuk Yin, TPS	7 th Hong Kong Games, May 18-19, 2019
50 Breast	27.76 TSUI Yik Ki, PSC	67 th MILO/MAS MALAYSIA OPEN SWIMMING CHAMPIONSHIPS 2025, April 24-27, 2025
100 Breast	1:00.95 MAK Sai Ting Adam, HTA	11 th Asian Age Group Championships, Feb 26-29, 2024
200 Breast	2:11.20 MAK Sai Ting Adam, HTA	11 th Asian Age Group Championships, Feb 26-29, 2024
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	54.01 ZHU Xiuping, PSC	HK Open Swimming Champ 2025, Aug 15-17, 2025
200 Fly	2:02.07 LAU Kin Hei James, HTA	11 th Asian Aquatics Championship Swimming Sep 28 – Oct 1, 2025
200 IM	2:04.94 MAK Sai Ting Adam, HTA	HK Open Swimming Champ 2024, Jul 12-14, 2024
*400 IM	4:23.70 WANG Yi Shun, CPS	69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026

HONG KONG AGE GROUP LONG COURSE RECORDS

GIRLS' 15 – 17 YEARS EVENTS

50 Free	25.03 LI Sum Yiu, WDA	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 th FINA World Junior Swimming Champ., Aug 26-31, 2013
200 Free	1:59.66 HAUGHEY Siobhan Bernadette, SCA	Incheon 2014 Asian Games, Sep 20-26, 2014
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17, 2007
800 Free	8:41.66 AU Hoi Shun Stephanie, *DW	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	28.83 CHEUNG Sum Yuet Cindy, TPS	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Back	1:01.57 CHEUNG Sum Yuet Cindy, TPS	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
200 Back	2:10.35 CHEUNG Sum Yuet Cindy, TPS	66 th Festival of Sport LC Time Trial, Apr 15-16, 2023
*50 Breast	31.15 MAN Wui Kiu, CPS	69th Festival of Sport - Long Course Swimming Time Trial, Apr 11-12, 2026
*100 Breast	1:08.36 LAM Chelsie, DLS	Thailand Age Group Swimming Championships 2026, Apr 3-8, 2026
*200 Breast	2:30.05 LAM Chelsie, DLS	Thailand Age Group Swimming Championships 2026, Apr 3-8, 2026
50 Fly	26.98 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Fly	58.89 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
200 Fly	2:10.63 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
200 IM	2:13.07 HAUGHEY Siobhan Bernadette, SCA	16 th FINA World Championships – Kazan 2015, Aug 2, 2015
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

*: Pending for Swimming Committee's Ratification ^Asian Record #Hong Kong Best Time



Qualifying Time Standards (50m)

Women			Men	
B (+3.5 % of A)	A		A	B (+3.5 % of A)
25.73	24.86	50 Freestyle	22.05	22.82
56.15	54.25	100 Freestyle	48.34	50.03
2:02.37	1:58.23	200 Freestyle	1:46.70	1:50.43
4:18.99	4:10.23	400 Freestyle	3:48.15	3:56.14
8:52.63	8:34.62	800 Freestyle	7:48.66	8:05.06
16:59.02	16:24.56	1500 Freestyle	15:01.89	15:33.46
29.21	28.22	50 Backstroke	25.11	25.99
1:02.58	1:00.46	100 Backstroke	53.94	55.83
2:15.67	2:11.08	200 Backstroke	1:58.07	2:02.20
31.83	30.75	50 Breaststroke	27.33	28.29
1:09.21	1:06.87	100 Breaststroke	59.75	1:01.84
2:31.02	2:25.91	200 Breaststroke	2:10.32	2:14.88
27.15	26.23	50 Butterfly	23.36	24.18
1:00.37	58.33	100 Butterfly	51.77	53.58
2:13.73	2:09.21	200 Butterfly	1:56.51	2:00.59
2:17.48	2:12.83	200 Individual Medley	1:59.05	2:03.22
4:52.97	4:43.06	400 Individual Medley	4:17.48	4:26.49

Qualifying competitions

World Aquatics-approved qualification events for the World Aquatics Swimming Championships (25m) – Beijing 2026 can be found on the World Aquatics website ([LINK](#)).

Hong Kong Open Swimming Championships 2026**Reject List**

No.	Name	Event	Club	Remarks
1	Chan Wai Tung Jocelyn	15	DWA	No Reg
2	Chan Wai Tung Jocelyn	19	DWA	No Reg
3	Chan Wai Tung Jocelyn	39	DWA	No Reg
4	Loo Tsz Ki Cherrie	19	DWA	Invalid Swimming Record
5	Lam Cheuk Ue Natalie	22	HVA	Wrong Event
6	Tse Shing Yu	24	PSC	Wrong Time
7	Wong Ngai Lam	28	THS	Wrong Event
8	Tuen Mun Swimming Association	8	TMS	Wrong Time
9	Ip Ali	40	TPS	Invalid Swimming Record
10	Chan Chi Kit Javen	26	WTS	Wrong Time
11	Leung Wing Tsun Rachel	13	WTS	Wrong Event
12	Chang Hok Hin	20	*GW	No Reg
13	Chang Hok Hin	26	*GW	No Reg
14	Chang Hok Hin	36	*GW	No Reg
15	Chan Kwan Chung Samson	12	*HN	Wrong Time
16	Chan Oi Hei	6	*SR	Under 13 Years Old

* Please submit re-entry form no later than 12p.m on 5 August 2026

Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026

Meet Program

Event 1 Mixed 4x100 LC Meter Freestyle Relay

HKR: 3:31.13 Hong Kong Team
 MR: 3:37.67 Hoi Tin Athletic Association
 4:33.07 QT Qualifying Time

Meet Qualifying: 4:33.07

Lane	Team	Relay	Seed Time
Heat 1 of 1 Prelims			
0	HK Flying Fish Athletic Assn	A	4:33.07 QT
1	Kwun Tong Swimming Club	A	3:59.62 QT
2	White Dolphin Sport Assn	A	3:49.09 QT
3	Chi Pui Swimming Club Ltd	A	3:41.94 QT
4	Win Tin Swimming Club	A	3:40.33 QT
5	Hoi Tin Athletic Assn Ltd	A	3:40.98 QT
6	Pacific Swimming Club	A	3:46.59 QT
7	South China Athletic Assn	A	3:49.72 QT
8	Dik Wing Association Limited	A	4:33.07 QT
9	SuperStar Sports Association	A	4:33.07 QT

Event 2 Mixed 4x100 LC Meter Medley Relay

HKR: 3:50.22 Hong Kong Team
 MR: 3:56.05 Hoi Tin Athletic Association
 4:54.00 QT Qualifying Time

Meet Qualifying: 4:54.00

Lane	Team	Relay	Seed Time
Heat 1 of 1 Prelims			
0	Tuen Mun Swimming Association	A	4:54.00 QT
1	Kwun Tong Swimming Club	A	4:21.11 QT
2	White Dolphin Sport Assn	A	4:12.96 QT
3	Win Tin Swimming Club	A	4:02.06 QT
4	Hoi Tin Athletic Assn Ltd	A	3:57.96 QT
5	Pacific Swimming Club	A	4:00.91 QT
6	Chi Pui Swimming Club Ltd	A	4:05.51 QT
7	South China Athletic Assn	A	4:14.90 QT
8	Hong Kong Marlins Aquatic Club	A	4:54.00 QT

Event 3 Women 4x200 LC Meter Freestyle Relay

HKR: 8:02.42 Hong Kong Team
 JR: 8:29.95

Lane	Team	Relay	Seed Time
Straight Final in Day 3			
2	South China Athletic Assn	A	9:28.00
3	Chi Pui Swimming Club Ltd	A	8:53.21
4	Win Tin Swimming Club	A	8:12.91
5	Hoi Tin Athletic Assn Ltd	A	8:27.23
6	Happy Valley Athletic Assn	A	9:14.58
7	Pacific Swimming Club	A	NT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026

Meet Program

Event 4 Men 4x200 LC Meter Freestyle Relay

HKR: 7:27.16

Hong Kong Team

JR: 7:58.33

Lane	Team	Relay	Seed Time
Straight Final in Day 3			
1	Pacific Swimming Club	A	NT
2	South China Athletic Assn	A	7:53.28
3	Hoi Tin Athletic Assn Ltd	A	7:50.38
4	Win Tin Swimming Club	A	7:16.07
5	Sun Yip Swimming Club	A	7:40.55
6	Chi Pui Swimming Club Ltd	A	7:52.59
7	Kwun Tong Swimming Club	A	8:10.39

Event 5 Women 800 LC Meter Freestyle

HKR: 8:39.93

HAUGHEY Siobhan Bernadette,SCA

WCA: 8:34.62

WCB: 8:52.63

JR: 8:50.21

MR: 8:50.21

AU Hoi Shun Stephanie, DWA

9:50.29 QT Qualifying Time

Meet Qualifying: 9:50.29

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims					
1	38217 IAZ	Yan, Ellie	16	Hoi Tin	9:14.46 QT
2	29902 B	Lam, Cheuk Ue Natalie	22	Happy Valley	9:09.39 QT
3		Tsai, Yung-Ling	16	Chinese Taipei	9:00.31 QT
4	18545 IAZ	Lam, Pac Tung Nikita	25	Happy Valley	8:55.09 QT
5	45628 IAZ	Chan, Pui Ka	14	White Dolphin	8:56.66 QT
6	31657 IAZ	Chan, Lok Mei	18	Hoi Tin	9:06.10 QT
7	38394 B	Yeung, Tin Wing	15	Hoi Tin	9:10.58 QT
8		Rupeljengan, Vavauni	16	Chinese Taipei	9:21.58 QT
Heat 2 of 2 Prelims					
1	40426 B	Fong, Sin Ka	15	Long Fame	9:13.68 QT
2	19207 B	Nip, Tsz Yin	26	Eastern Winter	9:06.48 QT
3	44140 IAZ	Tong, Youjia	14	Dik Wing	8:57.44 QT
4	48950 P	Gao, Jialian Candice	14	Chi Pui	8:47.00 QT
5	40949 B	Sum, Yi Man	15	Hoi Tin	8:56.61 QT
6	40963 IAZ	Chung, Wing Yee Sessie	15	Hoi Tin	9:01.88 QT
7	37874 IAZ	Choi, Hiu Ying	16	Hoi Tin	9:10.03 QT
8		Tseng, Chia-I	15	Chinese Taipei	9:18.59 QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026

Meet Program

Event 6 Men 800 LC Meter Freestyle

HKR: 8:03.41 CHEUK Ming Ho, CPS

WCA: 7:48.66

WCB: 8:05.06

JR: 8:18.64

MR: 8:17.00 XIE, Qi-Lin, TPE

9:00.00 QT Qualifying Time

Meet Qualifying: 9:00.00

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims					
3	43578 IAZ	Lam, Tsz Sum Karl	13	Chi Pui	8:52.35 QT
4		Lee, Yi-Cheng	15	Chinese Taipei	8:45.00 QT
5	43919 IAZ	Chui, Hoi Haang	18	White Dolphin	8:50.36 QT
6	50725 IAZ	Chan, Kwan Chung Samson	13	Hoi Ngai	9:00.00 QT
Heat 2 of 3 Prelims					
0		Li, Yue-Hao	17	Chinese Taipei	8:39.35 QT
1	43918 @IAZ	Chui, Ue Haang	15	White Dolphin	8:29.49 QT
2	48681 #IAZ	Ho, James On	16	Chi Pui	8:23.80 QT
3	48418 IAZ	Liao, Zitong	16	Chi Pui	8:19.32 QT
4	48237 IAZ	Wang, Yi Shun	18	Chi Pui	7:58.07 QT
5	30733 IAZ	Lai, King Wo Barry	19	Win Tin	8:14.26 QT
6	35022 IAZ	Ip, Ali	19	Tai PO	8:21.38 QT
7	35931 B	Lam, Marcus Pak Hei	16	Win Tin	8:25.75 QT
8	39573 B	Lee, Chak Fung Jaiden	17	Hoi Tin	8:32.08 QT
9	44966 IAZ	Kwok, Long Yin Elden	14	Chi Pui	8:43.62 QT
Heat 3 of 3 Prelims					
0	03439 IAZ	Sin, Chin Ting Keith	31	South China	8:36.75 QT
1	39574 B	Lau, Yi Fung	16	Sun Yip	8:26.97 QT
2	42008 B	Law, Tsz Lok	14	Win Tin	8:22.33 QT
3	29884 B	Kwong, Jacob Yat Nam	19	Win Tin	8:18.95 QT
4	33922 P	So, Kwun Wa	18	White Dolphin	7:57.33 QT
5	37663 IAZ	Yan, Kyle	17	Hoi Tin	8:12.86 QT
6	29043 B	Tsang, Lok Hei	22	Sun Yip	8:20.61 QT
7	22961 B	Chan, Tsun Hin	21	White Dolphin	8:25.13 QT
8	45472 B	Yeung, Tsz Ho	14	HK Sportworld	8:31.32 QT
9	41422 B	Yick, Sum Kiu	16	Sea Lion	8:42.22 QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026

Meet Program

Event 7 Women 4x100 LC Meter Freestyle Relay

HKR: 3:39.10 Hong Kong Team

JR: 3:51.08

MR: 3:43.49 Hong Kong Team

4:33.07 QT Qualifying Time

Meet Qualifying: 4:33.07

Lane	Team	Relay	Seed Time
Straight Final in Day 4			
1	White Dolphin Sport Assn	A	4:09.42 QT
2	Pacific Swimming Club	A	4:05.46 QT
3	Chi Pui Swimming Club Ltd	A	3:59.30 QT
4	Hoi Tin Athletic Assn Ltd	A	3:51.95 QT
5	Win Tin Swimming Club	A	3:56.17 QT
6	South China Athletic Assn	A	4:05.33 QT
7	Happy Valley Athletic Assn	A	4:06.90 QT
8	Tai PO Swimming Club	A	4:33.07 QT

Event 8 Men 4x100 LC Meter Freestyle Relay

HKR: 3:21.22 Hong Kong Team

JR: 3:36.50

MR: 3:19.69 Chinese Taipei

3:57.79 QT Qualifying Time

Meet Qualifying: 3:57.79

Lane	Team	Relay	Seed Time
Heat 1 of 1 Prelims			
0	Tai PO Swimming Club	A	3:57.79 QT
1	White Dolphin Sport Assn	A	3:41.60 QT
2	South China Athletic Assn	A	3:32.57 QT
3	Pacific Swimming Club	A	3:30.29 QT
4	Hoi Tin Athletic Assn Ltd	A	3:24.66 QT
5	Win Tin Swimming Club	A	3:29.44 QT
6	Chi Pui Swimming Club Ltd	A	3:31.58 QT
7	Kwun Tong Swimming Club	A	3:40.75 QT
8	Sun Yip Swimming Club	A	3:41.94 QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026

Meet Program

Event 9 Women 4x100 LC Meter Medley Relay

HKR: 4:01.72

Hong Kong Team

JR: 4:18.29

MR: 4:13.33

Hoi Tin Athletic Association

4:54.00

QT Qualifying Time

Meet Qualifying: 4:54.00

Lane	Team	Relay	Seed Time
Straight Final in Day 3			
1	Pacific Swimming Club	A	4:39.57 QT
2	South China Athletic Assn	A	4:30.18 QT
3	Win Tin Swimming Club	A	4:23.00 QT
4	Hoi Tin Athletic Assn Ltd	A	4:21.01 QT
5	Chi Pui Swimming Club Ltd	A	4:21.12 QT
6	Hong Kong Marlins Aquatic Club	A	4:29.12 QT
7	Happy Valley Athletic Assn	A	4:32.06 QT
8	Flying Dragon Life Guard Club	A	4:54.00 QT

Event 10 Men 4x100 LC Meter Medley Relay

HKR: 3:41.71

Hong Kong Team

JR: 3:56.66

MR: 3:41.94

Chinese Taipei

4:26.84

QT Qualifying Time

Meet Qualifying: 4:26.84

Lane	Team	Relay	Seed Time
Heat 1 of 1 Prelims			
0	Sea Lion Aqua Club Limited	A	4:26.84 QT
1	Sun Yip Swimming Club	A	4:04.06 QT
2	South China Athletic Assn	A	3:59.84 QT
3	Kwun Tong Swimming Club	A	3:55.89 QT
4	Hoi Tin Athletic Assn Ltd	A	3:45.26 QT
5	Pacific Swimming Club	A	3:49.75 QT
6	Win Tin Swimming Club	A	3:56.00 QT
7	Chi Pui Swimming Club Ltd	A	4:01.55 QT
8	White Dolphin Sport Assn	A	4:05.29 QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026

Meet Program

Event 11 Women 1500 LC Meter Freestyle

HKR: 16:51.05 HO Nam Wai, WTS

WCA: 16:24.56

WCB: 16:59.02

JR: 16:58.79

MR: 17:07.72 NIP Tsz Yin, EWS

19:20.00 QT Qualifying Time

Meet Qualifying: 19:20.00

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims					
1	41875 IAZ	Li, Hei Man	15	Sword Fish Club	18:44.89 QT
2	40426 B	Fong, Sin Ka	15	Long Fame	17:44.19 QT
3	44674 B	Wan, Ching Yiu Iris	14	Tai PO	17:14.30 QT
4	36944 B	Chan, Yi Lok	16	Win Tin	16:51.88 QT
5	37874 IAZ	Choi, Hiu Ying	16	Hoi Tin	17:02.04 QT
6	31657 IAZ	Chan, Lok Mei	18	Hoi Tin	17:22.44 QT
7	18545 IAZ	Lam, Pac Tung Nikita	25	Happy Valley	18:03.30 QT
Heat 2 of 2 Prelims					
1	29902 B	Lam, Cheuk Ue Natalie	22	Happy Valley	18:04.80 QT
2	38528 B	Lam, Tsz Ying	15	Hoi Tin	17:39.30 QT
3	40963 IAZ	Chung, Wing Yee Sessie	15	Hoi Tin	17:11.65 QT
4	19207 B	Nip, Tsz Yin	26	Eastern Winter	16:49.05 QT
5	44140 IAZ	Tong, Youjia	14	Dik Wing	16:54.82 QT
6		Tsai, Yung-Ling	16	Chinese Taipei	17:18.63 QT
7		Tseng, Chia-I	15	Chinese Taipei	17:49.01 QT

Event 12 Men 1500 LC Meter Freestyle

HKR: 15:38.76 CHEUK Ming Ho, CPS

WCA: 15:01.89

WCB: 15:33.46

JR: 16:00.66

MR: 15:21.60 HAO Yun, CHN

18:20.31 QT Qualifying Time

Meet Qualifying: 18:20.31

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3	50725 IAZ	Chan, Kwan Chung Samson	13	Hoi Ngai	18:20.31 QT
4	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	17:43.32 QT
5	45225 IAZ	Leung, Evan Kam Yin	15	Tai PO	17:57.08 QT
Heat 2 of 5 Prelims					
1	39532 B	Lam, Ho Lam	13	Win Tin	17:32.18 QT
2	50683 #@IAX	Leng, Chon Kuo	14	Hoi Tin	17:24.42 QT
3	46806 IAZ	Yao, Wei Hao	17	Hoi Tin	17:11.72 QT
4	43578 IAZ	Lam, Tsz Sum Karl	13	Chi Pui	17:06.93 QT
5	42281 IAZ	Tsang, Lok Him Casper	15	Kwun Tong	17:11.04 QT
6	46435 B	Chong, Cheuk Yin	14	Tai PO	17:21.49 QT
7	43393 IAZ	Lam, Cheuk Hang	14	Hoi Tin	17:27.82 QT
8		Sia, Titus Rafael	13	Philippines	17:39.39 QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026**Meet Program****Heat 3 Prelims... (Event 12 Men 1500 LC Meter Freestyle)**

0	40111 B	Wong, Yik Man Mike	15	South China	17:06.54	QT
1	43394 IAZ	Lam, Cheuk Yin	14	Hoi Tin	17:03.70	QT
2	43919 IAZ	Chui, Hoi Haang	18	White Dolphin	16:54.01	QT
3	39576 B	Chan, Pak Yu	15	Chi Pui	16:44.67	QT
4	36895 B	Lo, Kei Hon Andre	17	Hoi Tin	16:43.67	QT
5	44966 IAZ	Kwok, Long Yin Elden	14	Chi Pui	16:43.85	QT
6		Lee, Yi-Cheng	15	Chinese Taipei	16:45.00	QT
7	46119 B	Hsieh, Kurtis Yi Hon	13	Tai PO	16:59.38	QT
8	44682 IAZ	Wan, Wui Bun	14	Pacific	17:06.36	QT
9		Yang, Jun-Hao	17	Chinese Taipei	17:06.83	QT

Heat 4 of 5 Prelims

0	40882 B	Lee, Chung Hei Aiden	15	Hoi Tin	16:41.81	QT
1	47679 B	Tsui, Ka Hei	15	Sun Yip	16:29.40	QT
2	03439 IAZ	Sin, Chin Ting Keith	31	South China	16:23.40	QT
3	22961 B	Chan, Tsun Hin	21	White Dolphin	16:04.71	QT
4	32095 B	Lau, Chor Tik	16	Win Tin	15:39.35	QT
5	29043 B	Tsang, Lok Hei	22	Sun Yip	15:53.05	QT
6	37663 IAZ	Yan, Kyle	17	Hoi Tin	16:09.56	QT
7	39573 B	Lee, Chak Fung Jaiden	17	Hoi Tin	16:26.01	QT
8		Li, Yue-Hao	17	Chinese Taipei	16:38.52	QT
9	43918 @IAZ	Chui, Ue Haang	15	White Dolphin	16:43.59	QT

Heat 5 of 5 Prelims

0	38496 IAZ	Lam, Lang Kai	17	Chi Pui	16:41.57	QT
1	42625 B	He, Yu Hao	15	Chi Pui	16:28.12	QT
2	39574 B	Lau, Yi Fung	16	Sun Yip	16:14.24	QT
3	42008 B	Law, Tsz Lok	14	Win Tin	16:02.72	QT
4	48237 IAZ	Wang, Yi Shun	18	Chi Pui	15:22.37	QT
5	48418 IAZ	Liao, Zitong	16	Chi Pui	15:47.85	QT
6	48681 #IAZ	Ho, James On	16	Chi Pui	16:08.71	QT
7	45472 B	Yeung, Tsz Ho	14	HK Sportworld	16:24.88	QT
8	46564 IAZ	Hon, Man Sing	14	Hoi Tin	16:36.19	QT
9	43164 B	Lee, Pak Kiu	15	Dik Wing	16:41.85	QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026

Meet Program

Event 13 Women 200 LC Meter Freestyle

HKR: 1:53.92 HAUGHEY Siobhan Bernadette,SCA

WCA: 1:58.23

WCB: 2:02.37

JR: 1:59.77

MR: 1:56.47 HAUGHEY Siobhan Bernadette,SCA

2:19.97 QT Qualifying Time

Meet Qualifying: 2:19.97

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
2	47250 IAZ	Fong, Wing Tung	12	Long Fame	2:19.97 QT
3	46070 IAZN	Lee, Long Ching Sunshine	13	Pacific	2:17.39 QT
4	42151 IAZ	Lai, Cheuk Ling Maris	14	Happy Valley	2:11.24 QT
5	46200 IAZ	Kwong, Hoi Yee Phoebe	13	Tai PO	2:11.85 QT
6		Rivera, Nichole	18	Philippines	2:18.84 QT
7	48641 @IAX	Lau, Chiu Yee	18	Hksam	2:19.97 QT
Heat 2 of 4 Prelims					
0	39905 IAZ	Lan, Jasmine Lauren	16	Jockey Club	2:09.73 QT
1	39531 B	Lee, Hoi Lam	16	Win Tin	2:07.56 QT
2	38627 IAZ	Ho, So Yu	18	Hoi Tin	2:05.81 QT
3	18545 IAZ	Lam, Pac Tung Nikita	25	Happy Valley	2:03.22 QT
4	33715 IAZ	Ma, Gilaine	18	Tai PO	1:57.63 QT
5	40949 B	Sum, Yi Man	15	Hoi Tin	2:01.99 QT
6	31657 IAZ	Chan, Lok Mei	18	Hoi Tin	2:04.70 QT
7	45628 IAZ	Chan, Pui Ka	14	White Dolphin	2:06.83 QT
8	44554 B	Lee, Wing Sze	16	Hoi Tin	2:08.88 QT
9	42458 IAZ	Hon, Tsz Tung	16	Hoi Tin	2:10.51 QT
Heat 3 of 4 Prelims					
0	40426 B	Fong, Sin Ka	15	Long Fame	2:09.62 QT
1	38394 B	Yeung, Tin Wing	15	Hoi Tin	2:07.17 QT
2		Wei, Tzu-Ning	17	Chinese Taipei	2:05.71 QT
3	31841 IAZ	Ng, Lai Wa	20	Hoi Tin	2:02.79 QT
4	40738 B	Li, Sum Yiu	17	White Dolphin	1:57.59 QT
5	42490	Wang, Xin Tong	17	Win Tin	2:01.01 QT
6	35932 B	Wong, Sze Laam Serena	16	Win Tin	2:04.23 QT
7	38217 IAZ	Yan, Ellie	16	Hoi Tin	2:06.71 QT
8	44674 B	Wan, Ching Yiu Iris	14	Tai PO	2:08.45 QT
9		Chen, Li-Zhen	13	Chinese Taipei	2:10.50 QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026

Meet Program

Heat 4 Prelims... (Event 13 Women 200 LC Meter Freestyle)

0		Rupeljengan, Vavauni	16	Chinese Taipei	2:09.43	QT
1		Wang, Min-Zhi	17	Chinese Taipei	2:07.05	QT
2	48950 P	Gao, Jialian Candice	14	Chi Pui	2:05.22	QT
3		Chen, Szu-An	25	Chinese Taipei	2:02.71	QT
4	06425 B	Haughey, Siobhan Bernadette	28	South China	1:54.13	QT
5	39179 B	Man, Wui Kiu	16	Chi Pui	2:00.28	QT
6	44140 IAZ	Tong, Youjia	14	Dik Wing	2:03.74	QT
7	36011 B	Law, Hang Ue Anastasia	20	Hoi Tin	2:05.86	QT
8	38628 IAZ	Ho, So Wai	18	Hoi Tin	2:08.04	QT
9	42704 @P	Krkalo, Mila Sofia	15	Island Stingrays	2:10.16	QT

Event 14 Men 100 LC Meter Freestyle

HKR: 49.15

CHEUK Ming Ho, CPS

WCA: 48.34

WCB: 50.03

JR: 51.24

MR: 49.33

TO Kenneth King Him, LWS

55.38

QT Qualifying Time

Meet Qualifying: 55.38

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
3	58520 P	Lee, Cheng Xi	14	Current Club Ltd	55.38	QT
4	35666 @IM	Chan, Cheuk Kit	19	Win Tin	55.38	QT
5	39506 IAZ	Cheung, Tsun Lok	21	Hksam	55.38	QT
Heat 2 of 5 Prelims						
0		De Guzman, Enzi Mateo	17	Philippines	55.20	QT
1	42547 IAX	Chow, Ho Yin	15	Tolo Harbour	54.84	QT
2	50454 IAZ	Guo, Cheong Ho Chris	15	Satellite	54.74	QT
3	32042 IAZ	Lee, Jia Jun Jody George	20	South China	54.50	QT
4	44135 B	So, Chun Hei	17	Kwun Tong	54.11	QT
5	34488 B	Lau, Chi Shun	16	Pacific	54.29	QT
6	39042 B	Cheung, Cheuk Fan	16	North District	54.68	QT
7	35668 B	Chan, Jayden	18	Jockey Club	54.75	QT
8	38026 IAZ	Wu, Yik Ham	18	HK Sportworld	54.94	QT
9		Pan, Yi-Ting	15	Chinese Taipei	55.38	QT
Heat 3 of 5 Prelims						
0		Yu, Cheng	15	Chinese Taipei	53.51	QT
1	38539 B	Chan, Wah Royce	18	HK Sportworld	52.15	QT
2	29257 B	He, Shing Ip	20	Chi Pui	51.37	QT
3	41900 B	Han, Pak Kiu	16	Hoi Tin	50.47	QT
4	38227 IAZ	Lo, Tsz Lam	19	Win Tin	49.83	QT
5	22824 IAZ	Wong, Lok Kan	22	Hoi Tin	50.15	QT
6	37083 P	Kwan, Nicholas	18	Tai PO	51.23	QT
7	43212 B	Tsang, Pak Kiu	16	Sun Yip	51.78	QT
8	40651 P	Leung, Tsz Ming	16	White Dolphin	52.49	QT
9	46688 IAZ	Chan, Yui Hong	17	Juan Hua Club	53.72	QT



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Meet Program

Heat 4 Prelims... (Event 14 Men 100 LC Meter Freestyle)

0		Huang, Hao	15	Chinese Taipei	53.49	QT
1	30574 IAZ	Cheung, Ryan	19	Chi Pui	51.95	QT
2	36085 B	Hui, Yik Kiu	18	Chi Pui	51.37	QT
3	33922 P	So, Kwun Wa	18	White Dolphin	50.42	QT
4	49455 IAZ	Cai, Qi Hong	19	Chi Pui	49.82	QT
5	06697 B	Koo, Ralph Yat Ho	28	Hoi Tin	49.97	QT
6	34756 IAZ	Hofstede, Adam Marcel	19	Dik Wing	51.22	QT
7	30733 IAZ	Lai, King Wo Barry	19	Win Tin	51.55	QT
8	35258 B	Cheung, Man Ho	15	Sea Lion	52.42	QT
9	40095 IAZ	Chow, Ngai Fun	17	Kwun Tong	53.55	QT

Heat 5 of 5 Prelims

0		Wu, Hhao Ci	17	Chinese Taipei	52.78	QT
1		Jhang, You-Wei	17	Chinese Taipei	51.89	QT
2	42311 IAZ	Yu, Chi Lung	18	Pacific	51.24	QT
3		Lin, Yi-Cheng	18	Chinese Taipei	50.20	QT
4	25254 B	Ho, Siu Lun	22	Dali Swimming Club	49.00	QT
5	33608 IAZN	Wan, Chun Lim	20	Pacific	49.84	QT
6	32248 B	Li, Sing Hoi	21	Win Tin	50.89	QT
7	35022 IAZ	Ip, Ali	19	Tai PO	51.39	QT
8	36157 IAZ	Loo, Tsz Chung Berry	18	Dik Wing	52.34	QT
9	36853 #IAZ	Chau, Wesley	17	Tolo Harbour	53.52	QT

Event 15 Women 100 LC Meter Breaststroke

HKR: 1:05.92 HAUGHEY Siobhan Bernadette,SCA

WCA: 1:06.87

WCB: 1:09.21

JR: 1:09.38

MR: 1:08.66 LIN Pei Wun, TPE

1:23.48 QT Qualifying Time

Meet Qualifying: 1:23.48

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 5 Prelims						
2	29709 B	Cheung, Ho Ying	23	Hksam	1:23.48	QT
3	57516 @^ICX	Xu, Nuo	12	Win Tin	1:23.48	QT
4	52334 @P	Dormond, Emily	13	South China	1:22.39	QT
5	49501 IAZ	Wong, Si Ming Simone	12	Satellite	1:23.48	QT
6	59648 IAZ	Zhao, Luck	13	South China	1:23.48	QT
Heat 2 of 5 Prelims						
0	48170 IAZ	Choi, Hei Yi	14	Tai PO	1:20.04	QT
1	45764 B	Kong, Tsz Ching	14	Dik Wing	1:19.26	QT
2	39484 IAZ	Ho, Taylor Lei	16	Jockey Club	1:19.18	QT
3	55657 IAZ	Siu, Yi Ching	12	Flying Dragon	1:18.54	QT
4	43298 IAZ	Hau, Maya Elizabeth	16	Ti Dynamics	1:17.92	QT
5	47157 IAZ	Wong, Pui Yiu	13	Tuen Mun	1:18.01	QT
6	47072 IAZ	Foo, Hoi Yu	15	Tai PO	1:18.76	QT
7	38808 IAZ	Chan, Wing Hei	17	Pacific	1:19.21	QT
8	52824 @ICX	Yang, Miao	15	Dik Wing	1:19.46	QT
9	43397 IAZ	Lan, Jacey Laura	14	Jockey Club	1:21.34	QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026**Meet Program****Heat 3 Prelims... (Event 15 Women 100 LC Meter Breaststroke)**

0	49708 B	Chan, Wing Vanessa	12	Tai PO	1:17.14	QT
1	39149 IAZ	Xing, Yina	15	Happy Valley	1:14.51	QT
2		Wu, Tong-En	14	Chinese Taipei	1:13.53	QT
3	38411 B	Yung, Tsz Ching	15	Hoi Tin	1:10.94	QT
4	33742 IAZ	Lam, Chelsie	18	Dali Swimming Club	1:08.18	QT
5	39432 IAZ	Leung, Sze Ki Safira	16	Marlins	1:10.18	QT
6		Li, Ia-Shiun	19	Chinese Taipei	1:12.63	QT
7	43099 IAZ	Ng, Hoi Ching	17	Win Tin	1:14.23	QT
8	50134 IAZN	Wu, Melody	17	South China	1:15.65	QT
9	43294 B	Wong, Tsz Huen	16	Pacific	1:17.33	QT

Heat 4 of 5 Prelims

0	48364 B	Ng, Yin Hei	12	Dik Wing	1:16.71	QT
1	47750 #IAZ	Chan, Nga Yin Lydia	12	Juan Hua Club	1:14.37	QT
2		Lee, Yi-Ting	16	Chinese Taipei	1:13.05	QT
3		Ho, Kang-Ni	13	Chinese Taipei	1:10.36	QT
4	38537 B	Chung, Wing Sum Hazel	17	HK Sportworld	1:07.54	QT
5	35670 B	Cheung, Wing Yi Claire	17	Jockey Club	1:08.73	QT
6	38528 B	Lam, Tsz Ying	15	Hoi Tin	1:12.18	QT
7	40306 IAZ	Chi, Yi Lam	15	Jockey Club	1:13.92	QT
8		David, Krystal Ava	15	Philippines	1:14.92	QT
9	42270 B	Wong, Hei Tung	14	Tai PO	1:17.24	QT

Heat 5 of 5 Prelims

0	58015 IAZ	Chan, Wai Tung Jocelyn	28	Dik Wing	1:15.87	QT
1		Huang, Ai-Hsuan	16	Chinese Taipei	1:14.33	QT
2		Chen, Yu Chieh	18	Chinese Taipei	1:12.70	QT
3	46308 IAZ	So, Hei Shun	15	Kwun Tong	1:10.26	QT
4	39179 B	Man, Wui Kiu	16	Chi Pui	1:06.61	QT
5	29060 IAZ	Lam, Hoi Kiu	22	Hoi Tin	1:08.37	QT
6	56625 IAZ	Chen, Yim Claire	16	Chi Pui	1:11.53	QT
7		Wu, Tzu-Yu	16	Chinese Taipei	1:13.53	QT
8	48559 IAZ	Yeung, Ho Yuet	14	Hoi Ngai	1:14.82	QT
9	27040 IAZ	Tang, Yat Yi	23	Wing Land	1:17.19	QT



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Meet Program

Event 16 Men 50 LC Meter Breaststroke

HKR: 27.61 CHEUNG Chi Kit Nicholas, WTS

WCA: 27.33

WCB: 28.29

JR: 28.83

MR: 28.15 CHAO Man Hou, MAC

32.66 QT Qualifying Time

Meet Qualifying: 32.66

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims					
0	41163 IAZ	Chan, Tsz Hin	18	Tai PO	32.66 QT
1		Chen, Guan Hua	17	Philippines	32.66 QT
2	46284 B	Chang, Kai Tung Keaton	14	Tai PO	32.66 QT
3	44787 IAZ	Kam, Yu Hin Villa	15	Sun Yip	32.33 QT
4	46297 IAZ	Chan, Clark David	17	Jockey Club	32.12 QT
5	54266 B	Lau, Lok Kei	13	Win Tin	32.16 QT
6	43396 IAZ	Chan, Kin Ching	16	Jockey Club	32.64 QT
7	52895 IAZ	Wong, Ho Shun	14	North District	32.66 QT
8	40236 B	Lam, Cho Hang	16	Keung Sung	32.66 QT
Heat 2 of 6 Prelims					
0	47073 @IAX	Yuen, Sze Chai Spenser	14	Winner	32.04 QT
1		Huang, Pin-Ruei	17	Chinese Taipei	31.97 QT
2		Cheng, Yu-Ting	13	Chinese Taipei	31.80 QT
3	40739 IAZ	Yu, Tsz Hei	16	White Dolphin	31.72 QT
4		Ang, David Benjamin	24	Philippines	31.60 QT
5	43925 B	Lam, Ka Yeung	15	Pacific	31.67 QT
6	53813 #IAZ	Yeung, Cheuk Fung	20	Pacific	31.78 QT
7	50693 IAZ	Chong, Chi Chian Nicholas	16	South China	31.81 QT
8	48525 IAZ	Asmanis, Stelios	16	Island Stingrays	32.03 QT
9	50884 IAZ	Ayhan, Atlas	13	Kowloon City	32.09 QT
Heat 3 of 6 Prelims					
0	47847 IAZ	Lau, Chun To	16	Ti Dynamics	31.52 QT
1	43709 B	So, Nok Yin	17	Wing Land	31.42 QT
2		Gatillo, Van Angelo	19	Philippines	31.32 QT
3	46409 IAZ	Wang, Zi Ran	16	Island Stingrays	30.85 QT
4	44230 B	Chung, Ho Ching	14	Hoi Tin	30.65 QT
5	39500 IAZ	Lau, Tin Long	17	Kwun Tong	30.85 QT
6	44687 B	Fung, Jeffrey	17	HK Sportworld	30.86 QT
7	45634 IAZ	Chan, Cheuk Hin	17	Marlins	31.36 QT
8		Liu, Chung-Lin	15	Chinese Taipei	31.43 QT
9	35804 IAZ	Tong, Ching Wa	20	Pacific	31.52 QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026**Meet Program****Heat 4 Prelims... (Event 16 Men 50 LC Meter Breaststroke)**

0	49934 IAZ	Wang, Cloud	16	South China	30.35	QT
1	39328 IAZ	Yau, Shing Ho	19	Compass	29.33	QT
2	32214 B	Wong, Sum Lam	18	White Dolphin	28.89	QT
3		Tsai, Ruei Hong	19	Chinese Taipei	28.55	QT
4	45703 IAZ	Tsui, Yik Ki	18	Pacific	27.63	QT
5		Chung, Chiao-I	19	Chinese Taipei	28.08	QT
6	36592 B	Lau, Ka Long	17	Hoi Tin	28.71	QT
7	45922 ICX	Fu, Enze	17	Chi Pui	29.04	QT
8		Mai, Cheng-En	16	Chinese Taipei	29.80	QT
9	46466 IAZ	Tsui, Yik Shun	15	Pacific	30.64	QT

Heat 5 of 6 Prelims

0	38206 IAZ	Cheung, Pang Cho	19	Kwun Tong	30.11	QT
1	48707 #@IAX	Wong, Kwan Ngai Johnny	14	Riverside	29.31	QT
2	31822 B	Lau, Ming Yui	20	Lai WA	28.82	QT
3		Wu, Yu-Chia	18	Chinese Taipei	28.50	QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	21	Win Tin	27.46	QT
5	35805 B	So, Chun Hin	19	Tai PO	27.95	QT
6	32738 IAZ	Man, Ho Him	20	Lai WA	28.64	QT
7	33495 IAZ	Wan, Siu Chun	21	Tai PO	29.03	QT
8	50301 @^IAO	Nelson, Liam Manville	21	Island Stingrays	29.75	QT
9	30592 IAZ	Sin, Yau Cheung	22	Sea Lion	30.41	QT

Heat 6 of 6 Prelims

0	41024 B	Li, Matthew	18	HK Sportworld	29.92	QT
1	33716 B	Chan, Ngai Cheung	21	Tuen Mun	29.18	QT
2	49455 IAZ	Cai, Qi Hong	19	Chi Pui	28.80	QT
3	29699 IAZ	Fong, Ka Yu	24	White Dolphin	28.45	QT
4	22413 IAZ	Lee, Shing Yan	23	Hoi Tin	27.38	QT
5	25379 B	Mak, Sai Ting Adam	20	Hoi Tin	27.64	QT
6		Shih, Shu-Wei	18	Chinese Taipei	28.59	QT
7	33755 IAZ	Lau, Kin Hei James	17	Hoi Tin	28.96	QT
8	53036 IAZ	Chen, Kevin	15	Chi Pui	29.65	QT
9	43816 #P	Wu, Yulun	16	Hoi Tin	30.38	QT

Event 17 Women 100 LC Meter Butterfly

HKR:	58.12	HAUGHEY Siobhan Bernadette,SCA
WCA:	58.33	
WCB:	1:00.37	
JR:	1:00.54	
MR:	58.89	YEUNG Hoi Ching, TPS
	1:13.26	QT Qualifying Time

Meet Qualifying: 1:13.26

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
2	48850 B	Lam, Tsz Kei	13	Tai PO	1:13.26 QT
3	47250 IAZ	Fong, Wing Tung	12	Long Fame	1:13.26 QT
4	46136 @IAX	Lee, Tsz Yui	14	Hoi Tin	1:13.26 QT
5	53192 IAZ	Zhang, Yuyang	15	Chi Pui	1:13.26 QT
6	41671 IAZ	Ma, Wai Yan	18	Csu	1:13.26 QT



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Meet Program

Heat 2 Prelims... (Event 17 Women 100 LC Meter Butterfly)

0	49872 IAZ	Tong, Ching Hei Heidi	11	Tai PO	1:12.69	QT
1	56625 IAZ	Chen, Yim Claire	16	Chi Pui	1:08.19	QT
2	29117 IAZ	Wong, Po Yin	21	Hoi Tin	1:04.46	QT
3	53037 @ICX	Sun, Qimiao	15	Chi Pui	1:01.83	QT
4	38813 IAZN	Wong, Yuen Ching	16	Hoi Tin	59.43	QT
5	29449 B	Leung, Wing Tsun Rachel	19	Win Tin	1:00.68	QT
6	36827 IAZ	Wong, Anthea Ching Wun	23	Island Stingrays	1:03.17	QT
7	28108 B	Seeto, Wai Ching	21	Keung Sung	1:04.77	QT
8	51384 IAZ	Kwan, Mang Chi	12	Pacific	1:10.50	QT
9	29711 B	Cheong, Sui Kei	24	Hksam	1:13.26	QT

Heat 3 of 4 Prelims

0	46150 B	Huang, Zhong Hui Zhi Sofia	13	Pacific	1:10.84	QT
1	44740 IAZ	Ma, Yat Yin	14	Hoi Tin	1:07.52	QT
2	48088 IAZ	Wang, Ching Yee	13	Happy Valley	1:04.10	QT
3	55502 #@IM	Lin, Jiaqin	14	Chi Pui	1:01.41	QT
4		Han, An Chi	21	Chinese Taipei	58.50	QT
5	35932 B	Wong, Sze Laam Serena	16	Win Tin	1:00.45	QT
6		Wang, Min-Zhi	17	Chinese Taipei	1:03.00	QT
7	51429 IAZ	Hao, Merlynn	13	Tai PO	1:04.73	QT
8	45715 IAZ	Book, Sze Yan	13	Lai WA	1:09.90	QT
9	48641 @IAX	Lau, Chiu Yee	18	Hksam	1:13.26	QT

Heat 4 of 4 Prelims

0	51789 @P	Hao, Ailynn	11	Tai PO	1:10.68	QT
1	45571 B	Chan, Hei Ching	14	Hoi Ngai	1:06.68	QT
2		Li, Pei-Hsuan	13	Chinese Taipei	1:03.70	QT
3		Lin, Zhi-Yan	15	Chinese Taipei	1:00.76	QT
4	31437 B	Yeung, Hoi Ching	19	Tai PO	58.11	QT
5	43424 IAZ	Mathis, Mya Lynn	16	Tai PO	1:00.19	QT
6		Lin, Tzu Yun	16	Chinese Taipei	1:02.55	QT
7	42151 IAZ	Lai, Cheuk Ling Maris	14	Happy Valley	1:04.71	QT
8	46070 IAZN	Lee, Long Ching Sunshine	13	Pacific	1:09.64	QT
9	35684 IAZ	Chan, Yui Lam	22	Hksam	1:13.26	QT



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Meet Program

Event 18 Men 400 LC Meter IM

HKR: 4:23.70

WANG Yi Shun, CPS

WCA: 4:17.48

WCB: 4:26.49

JR: 4:30.48

MR: 4:45.27

ZANG Si Shi, CHN

5:19.19

QT Qualifying Time

Meet Qualifying: 5:19.19

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
2	47275 B	Hsieh, Kyrus Shing Hin	11	Tai PO	5:19.12 QT
3	46259 IAZ	Tang, Chun Fan	18	Superstar	5:11.91 QT
4	45993 IAZ	Au Yeung, Blake	13	Hoi Tin	5:05.42 QT
5	41189 B	Wong, Yat Long Isaac	16	Kwun Tong	5:10.23 QT
6		Tao, Shoichi	13	Philippines	5:13.95 QT
7	31256 @P	Xu, Rui Chen	17	Win Tin	5:19.19 QT
Heat 2 of 4 Prelims					
0	42281 IAZ	Tsang, Lok Him Casper	15	Kwun Tong	5:03.22 QT
1	40122 #B	Kor, Pak Yin	15	Pacific	4:59.01 QT
2	45225 IAZ	Leung, Evan Kam Yin	15	Tai PO	4:54.56 QT
3	44682 IAZ	Wan, Wui Bun	14	Pacific	4:53.84 QT
4	45627 IAZ	Cheung, Ting Chun	14	Hoi Ngai	4:51.21 QT
5	38496 IAZ	Lam, Lang Kai	17	Chi Pui	4:52.11 QT
6	46806 IAZ	Yao, Wei Hao	17	Hoi Tin	4:54.29 QT
7	46119 B	Hsieh, Kurtis Yi Hon	13	Tai PO	4:55.85 QT
8	43394 IAZ	Lam, Cheuk Yin	14	Hoi Tin	4:59.16 QT
9	40111 B	Wong, Yik Man Mike	15	South China	5:03.98 QT
Heat 3 of 4 Prelims					
0	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	4:49.73 QT
1	46564 IAZ	Hon, Man Sing	14	Hoi Tin	4:41.42 QT
2	36547 IAZ	Wong, Yik Yan Sean	19	South China	4:39.51 QT
3	29043 B	Tsang, Lok Hei	22	Sun Yip	4:29.73 QT
4	48237 IAZ	Wang, Yi Shun	18	Chi Pui	4:17.78 QT
5		Wang, Hsing-Hao	27	Chinese Taipei	4:25.00 QT
6	34714 B	Chan, Chi Kit Javen	17	Win Tin	4:37.22 QT
7	38725 B	Hong, Yan Shek	16	Pacific	4:40.41 QT
8	47416 IAZ	Yip, Wing Hang	14	Chi Pui	4:46.99 QT
9	44966 IAZ	Kwok, Long Yin Elden	14	Chi Pui	4:50.78 QT



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Meet Program
Heat 4 Prelims... (Event 18 Men 400 LC Meter IM)

0	47679 B	Tsui, Ka Hei	15	Sun Yip	4:49.47	QT
1	36895 B	Lo, Kei Hon Andre	17	Hoi Tin	4:41.23	QT
2	39277 B	Fung, Ho Chun	18	Chi Pui	4:38.29	QT
3		Fu, Kun Ming	21	Chinese Taipei	4:25.00	QT
4	38227 IAZ	Lo, Tsz Lam	19	Win Tin	4:13.25	QT
5	40879 IAZ	Chen, Zheng Xuan Jason	14	Hoi Tin	4:23.86	QT
6	40455 IAZ	Lam, Wai Lok	17	Sun Yip	4:31.40	QT
7		Wu, Zhen-Xiang	16	Chinese Taipei	4:39.65	QT
8	40882 B	Lee, Chung Hei Aiden	15	Hoi Tin	4:45.88	QT
9	50683 #@IAX	Leng, Chon Kuo	14	Hoi Tin	4:50.16	QT

Event 19 Women 50 LC Meter Backstroke

HKR:	27.98	AU Hoi Shun Stephanie, DWA
WCA:	28.22	
WCB:	29.21	
JR:	28.81	
MR:	28.49	AU Hoi Shun Stephanie, DWA
	33.77	QT Qualifying Time

Meet Qualifying: 33.77

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
2	51503 IAZ	Ho, Laurianne Juliet	10	Tai PO	33.77	QT
3	38000 B	Mak, Eugenie	16	Satellite	33.77	QT
4	41421 IAZ	Leung, Wing Tung	15	Sea Lion	33.23	QT
5		David, Krystal Ava	15	Philippines	33.55	QT
6	39904 IAZ	Ho, Tess Lauren	18	Jockey Club	33.77	QT
Heat 2 of 4 Prelims						
0	40768 IAZ	Fung, Hoi Lui	15	Pacific	33.01	QT
1	41265 B	Li, Elizabeth	16	South China	31.90	QT
2	33940 B	Lau, Sze Yuet	19	Happy Valley	30.57	QT
3	35752 B	Li, Cheuk Yiu	16	Hoi Tin	29.55	QT
4	31597 B	Ng, Cheuk Yan	19	Hoi Tin	27.86	QT
5	46253 @P	Lutz, Gabriella Chelsea	15	Win Tin	29.18	QT
6	36936 IAZ	Ho, Pui Yan	16	Win Tin	29.76	QT
7	43817 IAZ	Kwok, Hoi Ching	15	Tai PO	30.89	QT
8	44473 IAZ	Chow, Tsz Tung	13	Tolo Harbour	32.65	QT
9	49492 B	Au, Wing Cing	12	Tai PO	33.23	QT
Heat 3 of 4 Prelims						
0	46514 #IAZ	Leung, Ka Tung Bessica	13	Pacific	32.96	QT
1	46136 @IAX	Lee, Tsz Yui	14	Hoi Tin	31.46	QT
2	46124 IAZ	Mathis, Kayla J	15	Tai PO	30.11	QT
3	28897 IAZ	Loo, Tsz Ki Cherrie	22	Dik Wing	29.34	QT
4	36321 B	Cheung, Sum Yuet Cindy	19	Tai PO	27.79	QT
5	35455 B	Poon, Lok Yan	18	Chi Pui	28.54	QT
6	33947 IAZ	Chan, Hin Yau	19	HK Sportworld	29.65	QT
7	48850 B	Lam, Tsz Kei	13	Tai PO	30.85	QT
8	46200 IAZ	Kwong, Hoi Yee Phoebe	13	Tai PO	32.46	QT
9		Hu, Ren-Ren	14	Chinese Taipei	33.08	QT



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Meet Program

Heat 4 Prelims... (Event 19 Women 50 LC Meter Backstroke)

0	45992 IAZ	Tran, Isobel Anh Gia	13	South China	32.80	QT
1	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	14	Jockey Club	31.35	QT
2	33764 IAZ	Tai, Yung Ching Emmy	18	Dik Wing	30.08	QT
3	25098 #B	Fung, Suet Ying Chloe	21	Tai PO	29.26	QT
4	46816 IAZ	Chan, Tsz Yu Ashley	14	Hoi Tin	27.64	QT
5		Chang, Ya-jia	18	Chinese Taipei	28.05	QT
6		Wen, Chu-Ting	16	Chinese Taipei	29.55	QT
7	46175 IAZ	Tang, Sum Wing Gladys	13	Dik Wing	30.76	QT
8		Rivera, Nichole	18	Philippines	32.28	QT
9	42705 P	Krkalo, Eva Katarina	17	Island Stingrays	33.02	QT

Event 20 Men 100 LC Meter Backstroke

HKR:	55.51	KWAN Hayden, PSC
WCA:	53.94	
WCB:	55.83	
JR:	57.73	
MR:	54.54	CHUANG Mu Lun, TPE

1:07.39 QT Qualifying Time

Meet Qualifying: 1:07.39

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 5 Prelims						
3	35666 @IM	Chan, Cheuk Kit	19	Win Tin	1:07.39	QT
4	48525 IAZ	Asmanis, Stelios	16	Island Stingrays	1:06.74	QT
5	23015 IAZ	Tang, Wai Lok	29	Hksam	1:07.39	QT
Heat 2 of 5 Prelims						
0	44125 IAZ	Liu, Chun Hay Hayden	15	Pacific	1:05.84	QT
1	39332 B	Wu, Yik Hei	16	HK Sportworld	1:05.02	QT
2	39532 B	Lam, Ho Lam	13	Win Tin	1:03.95	QT
3	35668 B	Chan, Jayden	18	Jockey Club	1:03.32	QT
4	39041 IAZ	Lam, Lok Sum	15	Hoi Tin	1:02.73	QT
5	44188 B	Or, Anthony	16	Eastern Winter	1:03.22	QT
6	05293 B	Siu, Wai Wang Derek	34	Kwan Hung	1:03.80	QT
7	48167 B	Cheung, Tsz Hin	13	Tai PO	1:04.81	QT
8	45424 IAZ	Leung, Wai Lok	18	Superstar	1:05.13	QT
Heat 3 of 5 Prelims						
0	41457 IAZ	Leung, Hoi Chun	17	Kwun Tong	1:01.88	QT
1		Yang, Jun-Hao	17	Chinese Taipei	1:01.22	QT
2	43427 IAZ	Lam, Kayden	14	Chi Pui	59.87	QT
3		Huang, Yu-Teng	16	Chinese Taipei	57.44	QT
4	28636 B	Chan, Tsz Chiu	23	Keung Sung	55.07	QT
5	36737 B	Chan, Wang Hei Terence	20	Tai PO	56.82	QT
6		Ramos, Estifano Joshua	21	Philippines	58.39	QT
7	30198 B	Lam, Cheuk Fung	19	Tai PO	1:00.60	QT
8	40752 IAZ	Xu, Steven	16	Kwun Tong	1:01.67	QT
9	44781 IAX	Wong, Kwong Wa Donald	16	Lai WA	1:02.71	QT



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Meet Program

Heat 4 Prelims... (Event 20 Men 100 LC Meter Backstroke)

0	39015 P	Chan, Tsz Kwan	19	Tai PO	1:01.83	QT
1	36852 IAZ	Chau, Houston	16	Tai PO	1:00.86	QT
2	42311 IAZ	Yu, Chi Lung	18	Pacific	59.19	QT
3	40104 B	Cheung, Yung	15	White Dolphin	57.16	QT
4	12117 IAZ	Lau, Shiu Yue	29	Hoi Tin	54.06	QT
5	37159 IAZ	Andiappan, Ethan Siddha Hsu	17	LRC	56.18	QT
6	33758 IAZ	Leung, Tsz Wo	18	Hoi Tin	58.35	QT
7	41268 IAZ	Tan, Pak Hei Brian	16	Dik Wing	1:00.58	QT
8	37746 @P	Qiu, Junhao	17	Island Stingrays	1:01.63	QT
9	49828 IAZ	Vu, Everett Chun Hui	14	Satellite	1:02.22	QT

Heat 5 of 5 Prelims

0	44269 B	Sum, Wai Chong	14	Hoi Tin	1:01.80	QT
1	34715 B	Chan, Chi Ho Steven	17	Win Tin	1:00.63	QT
2	17709 B	Whittington, Ryan Michael	25	South China	58.94	QT
3	29545 IAZN	Cheung, Cheuk To	20	Tai PO	57.03	QT
4	35292 P	Yu, Dongqi	18	Hoi Tin	53.11	QT
5	27239 B	Chan, Sheung Kwan	24	Keung Sung	55.58	QT
6	33504 IAZ	Leung, Lok Hei	21	North Sports	57.63	QT
7	39071 B	Luk, Man Him	17	Win Tin	59.92	QT
8		Mai, Cheng-Yu	15	Chinese Taipei	1:01.30	QT
9	44270 IAZ	Luk, Chun Yu	13	Hoi Tin	1:01.96	QT

Event 21 Women 200 LC Meter IM

HKR: 2:12.10 HAUGHEY Siobhan Bernadette,SCA

WCA: 2:12.83

WCB: 2:17.48

JR: 2:13.35

MR: 2:13.56 ZHANG Si Shi, CHN

2:38.84 QT Qualifying Time

Meet Qualifying: 2:38.84

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
3	35684 IAZ	Chan, Yui Lam	22	Hksam	2:38.84	QT
4	38808 IAZ	Chan, Wing Hei	17	Pacific	2:37.94	QT
5	29709 B	Cheung, Ho Ying	23	Hksam	2:38.84	QT
Heat 2 of 4 Prelims						
0	49708 B	Chan, Wing Vanessa	12	Tai PO	2:34.20	QT
1	42270 B	Wong, Hei Tung	14	Tai PO	2:27.10	QT
2		Lin, Yu-Ching	13	Chinese Taipei	2:22.76	QT
3	38411 B	Yung, Tsz Ching	15	Hoi Tin	2:19.60	QT
4	36944 B	Chan, Yi Lok	16	Win Tin	2:16.79	QT
5	35345 B	Ho, Tin Wing	16	Hoi Tin	2:18.27	QT
6		Chen, Li-Zhen	13	Chinese Taipei	2:22.00	QT
7	31301 IAZ	To, Wing Yan	20	Happy Valley	2:24.88	QT
8	41875 IAZ	Li, Hei Man	15	Sword Fish Club	2:29.60	QT



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Heat 3 Prelims... (Event 21 Women 200 LC Meter IM)

0	39905 IAZ	Lan, Jasmine Lauren	16	Jockey Club	2:33.62	QT
1	41485 IAZ	Tang, Lok Yin	14	Happy Valley	2:27.07	QT
2	48088 IAZ	Wang, Ching Yee	13	Happy Valley	2:22.71	QT
3	54556 ICX	Liu, Yu Han	17	Chi Pui	2:19.32	QT
4	42490	Wang, Xin Tong	17	Win Tin	2:13.31	QT
5		Chao, Jie-Han	17	Chinese Taipei	2:17.53	QT
6		Ho, Kang-Ni	13	Chinese Taipei	2:21.29	QT
7		Lin, Hsuan-Er	13	Chinese Taipei	2:24.81	QT
8	51429 IAZ	Hao, Merlynn	13	Tai PO	2:27.91	QT
9	46150 B	Huang, Zhong Hui Zhi Sofia	13	Pacific	2:34.89	QT

Heat 4 of 4 Prelims

0	46001 IAZ	Mak, Tsz Wing	12	Pacific	2:32.16	QT
1	44554 B	Lee, Wing Sze	16	Hoi Tin	2:26.96	QT
2	38537 B	Chung, Wing Sum Hazel	17	HK Sportworld	2:22.44	QT
3		Tsai, Yung-Ling	16	Chinese Taipei	2:18.80	QT
4		Han, An Chi	21	Chinese Taipei	2:12.50	QT
5	33715 IAZ	Ma, Gilaine	18	Tai PO	2:17.15	QT
6		Huang, Ai-Hsuan	16	Chinese Taipei	2:20.97	QT
7	29117 IAZ	Wong, Po Yin	21	Hoi Tin	2:23.31	QT
8	42458 IAZ	Hon, Tsz Tung	16	Hoi Tin	2:27.39	QT
9	51789 @P	Hao, Ailynn	11	Tai PO	2:34.56	QT

Event 22 Men 200 LC Meter Butterfly

HKR:	2:00.43	LIM Nicholas Owen Zhaoguang,
WCA:	1:56.51	
WCB:	2:00.59	
JR:	2:01.23	
MR:	1:57.67	WANG Kuan Hung, TPE
	2:25.98	QT Qualifying Time

Meet Qualifying: 2:25.98

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
3		Chen, Guan Hua	17	Philippines	2:25.98	QT
4	59692 IAZ	Chan, Kam Hay Alonzo	18	Pacific	2:25.98	QT
5	31256 @P	Xu, Rui Chen	17	Win Tin	2:25.98	QT
Heat 2 of 4 Prelims						
0	44968 B	Li, Lok Chi Adrian	13	Hoi Tin	2:20.10	QT
1	48157 B	Yiu, Chi Him	15	Win Tin	2:13.61	QT
2	39573 B	Lee, Chak Fung Jaiden	17	Hoi Tin	2:09.81	QT
3	38701 B	Chung, Hei Chit	17	Hoi Tin	2:05.67	QT
4	30444 IAZ	Ho, Chung Lun	23	Pacific	2:02.81	QT
5	37083 P	Kwan, Nicholas	18	Tai PO	2:04.89	QT
6	22961 B	Chan, Tsun Hin	21	White Dolphin	2:08.94	QT
7	43245 B	Wong, Pak Dick	15	Tuen Mun	2:11.62	QT
8	50683 #@IAX	Leng, Chon Kuo	14	Hoi Tin	2:17.33	QT
9		Wu, Yu-Chien	16	Chinese Taipei	2:23.94	QT



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Heat 3 Prelims... (Event 22 Men 200 LC Meter Butterfly)

0		Tao, Shoichi	13	Philippines	2:18.91	QT
1	43174 B	Lam, Chun Hin	15	Sun Yip	2:12.51	QT
2	45627 IAZ	Cheung, Ting Chun	14	Hoi Ngai	2:09.60	QT
3	38214 IAZ	Chan, Wai Ching Adrian	16	Hoi Tin	2:05.25	QT
4	33935 B	Yau, Pak Ho	18	Chi Pui	2:01.08	QT
5	29884 B	Kwong, Jacob Yat Nam	19	Win Tin	2:03.31	QT
6	44142IAZ	Yau, Cheuk Hin	14	Kwun Tong	2:08.78	QT
7		Huang, Hao	15	Chinese Taipei	2:11.00	QT
8	45993 IAZ	Au Yeung, Blake	13	Hoi Tin	2:16.68	QT
9	44445 IAZ	Chan, Tsz Hin	14	Tai PO	2:23.71	QT

Heat 4 of 4 Prelims

0	43009 B	Wong, Ho Long	14	Dik Wing	2:18.37	QT
1	44269 B	Sum, Wai Chong	14	Hoi Tin	2:11.63	QT
2		Wu, Zhen-Xiang	16	Chinese Taipei	2:09.02	QT
3	49179 @ICX	Zhu, Xiuping	17	Pacific	2:05.10	QT
4		Wang, Kuan-Hung	24	Chinese Taipei	1:56.09	QT
5	41422 B	Yick, Sum Kiu	16	Sea Lion	2:02.85	QT
6	35931 B	Lam, Marcus Pak Hei	16	Win Tin	2:06.91	QT
7	44135 B	So, Chun Hei	17	Kwun Tong	2:10.53	QT
8		Pan, Yi-Ting	15	Chinese Taipei	2:16.00	QT
9	39500 IAZ	Lau, Tin Long	17	Kwun Tong	2:22.09	QT

Event 23 Women 50 LC Meter Freestyle

HKR:	24.30	HAUGHEY Siobhan Bernadette,SCA
WCA:	24.86	
WCB:	25.73	
JR:	25.03	
MR:	25.03	LI Sum Yiu, WDA
	28.83	QT Qualifying Time

Meet Qualifying: 28.83

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 4 Prelims						
0		Wu, Tong-En	14	Chinese Taipei	28.83	QT
1	39904 IAZ	Ho, Tess Lauren	18	Jockey Club	28.83	QT
2	50134 IAZN	Wu, Melody	17	South China	28.78	QT
3	36859 B	Hung, Cheuk Yi	18	Sha Mei 318	28.49	QT
4		Rivera, Nichole	18	Philippines	28.12	QT
5	42705 P	Krkalo, Eva Katarina	17	Island Stingrays	28.41	QT
6		Hu, Ren-Ren	14	Chinese Taipei	28.66	QT
7	46200 IAZ	Kwong, Hoi Yee Phoebe	13	Tai PO	28.83	QT
8		Wu, Tzu-Yu	16	Chinese Taipei	28.83	QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026**Meet Program****Heat 2 Prelims... (Event 23 Women 50 LC Meter Freestyle)**

0	38544 B	Kan, Ka Ching Artemis	16	Lai WA	27.45	QT
1	46175 IAZ	Tang, Sum Wing Gladys	13	Dik Wing	27.20	QT
2	09959 IAZ	Mok, Hoi Man Sheron	30	Pacific	26.61	QT
3	36011 B	Law, Hang Ue Anastasia	20	Hoi Tin	26.44	QT
4		Lim, Xiang Qi Amanda	33	Singapore	24.77	QT
5		Wen, Chu-Ting	16	Chinese Taipei	26.30	QT
6	39432 IAZ	Leung, Sze Ki Safira	16	Marlins	26.54	QT
7	40602 P	Kwon, Sowon	17	Island Stingrays	27.10	QT
8	28108 B	Seeto, Wai Ching	21	Keung Sung	27.28	QT
9	39484 IAZ	Ho, Taylor Lei	16	Jockey Club	27.91	QT

Heat 3 of 4 Prelims

0	34853 B	Uhi, Viviana Marise	18	Happy Valley	27.44	QT
1	33764 IAZ	Tai, Yung Ching Emmy	18	Dik Wing	27.19	QT
2	43424 IAZ	Mathis, Mya Lynn	16	Tai PO	26.58	QT
3		Wei, Tzu-Ning	17	Chinese Taipei	26.43	QT
4	40738 B	Li, Sum Yiu	17	White Dolphin	24.47	QT
5	35455 B	Poon, Lok Yan	18	Chi Pui	26.06	QT
6	53037 @ICX	Sun, Qimiao	15	Chi Pui	26.50	QT
7		Chen, Yu Chieh	18	Chinese Taipei	26.68	QT
8	46145 B	Lam, Ching Yee	14	Tai PO	27.27	QT
9	39592 IAZ	Sng, Yan Megan	21	Dik Wing	27.54	QT

Heat 4 of 4 Prelims

0	44674 B	Wan, Ching Yiu Iris	14	Tai PO	27.33	QT
1	00866 IAZ	Au, Hoi Shun Stephanie	34	Dik Wing	27.12	QT
2	38029 B	Leung, Evita Yan	15	Tai PO	26.56	QT
3	54556 ICX	Liu, Yu Han	17	Chi Pui	26.43	QT
4	06425 B	Haughey, Siobhan Bernadette	28	South China	24.41	QT
5		Yeo, Chiok Sze	21	Singapore	24.98	QT
6	46253 @P	Lutz, Gabriella Chelsea	15	Win Tin	26.46	QT
7	35670 B	Cheung, Wing Yi Claire	17	Jockey Club	26.62	QT
8	43574 P	Au, Tsz Yu Chloe	15	Hoi Tin	27.23	QT
9	33947 IAZ	Chan, Hin Yau	19	HK Sportworld	27.48	QT



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Meet Program

Event 24 Men 400 LC Meter Freestyle

HKR: 3:50.53 CHEUK Ming Ho, CPS

WCA: 3:48.15

WCB: 3:56.14

JR: 3:57.77

MR: 3:51.23 HAO Yun, CHN

4:34.03 QT Qualifying Time

Meet Qualifying: 4:34.03

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
0	46053 IAZ	Chan, Oi Hei	12	Superstar	4:34.03 QT
1		Anaque, Mika	19	Philippines	4:33.10 QT
2	43770 B	Yam, Ngo Ching	16	Sea Lion	4:25.55 QT
3	50725 IAZ	Chan, Kwan Chung Samson	13	Hoi Ngai	4:24.92 QT
4	42281 IAZ	Tsang, Lok Him Casper	15	Kwun Tong	4:22.00 QT
5	44682 IAZ	Wan, Wui Bun	14	Pacific	4:24.11 QT
6		Sia, Titus Rafael	13	Philippines	4:25.18 QT
7	43393 IAZ	Lam, Cheuk Hang	14	Hoi Tin	4:32.59 QT
8	50454 IAZ	Guo, Cheong Ho Chris	15	Satellite	4:34.03 QT
Heat 2 of 4 Prelims					
0	44966 IAZ	Kwok, Long Yin Elden	14	Chi Pui	4:16.89 QT
1	36897 IAZ	Han, Hao	17	Kwun Tong	4:16.47 QT
2		Lee, Yi-Cheng	15	Chinese Taipei	4:15.00 QT
3	42625 B	He, Yu Hao	15	Chi Pui	4:13.81 QT
4	44270 IAZ	Luk, Chun Yu	13	Hoi Tin	4:12.92 QT
5	46564 IAZ	Hon, Man Sing	14	Hoi Tin	4:13.07 QT
6	43919 IAZ	Chui, Hoi Haang	18	White Dolphin	4:13.93 QT
7	41189 B	Wong, Yat Long Isaac	16	Kwun Tong	4:15.29 QT
8	43164 B	Lee, Pak Kiu	15	Dik Wing	4:16.58 QT
9	40076 #B	Chan, Ho Him Dickson	14	South China	4:20.45 QT
Heat 3 of 4 Prelims					
0	22961 B	Chan, Tsun Hin	21	White Dolphin	4:10.18 QT
1	37663 IAZ	Yan, Kyle	17	Hoi Tin	4:06.78 QT
2	41900 B	Han, Pak Kiu	16	Hoi Tin	4:04.72 QT
3	43212 B	Tsang, Pak Kiu	16	Sun Yip	3:59.84 QT
4	29257 B	He, Shing Ip	20	Chi Pui	3:51.68 QT
5	35022 IAZ	Ip, Ali	19	Tai PO	3:56.56 QT
6	48418 IAZ	Liao, Zitong	16	Chi Pui	4:02.38 QT
7	43918 @IAX	Chui, Ue Haang	15	White Dolphin	4:06.08 QT
8	39573 B	Lee, Chak Fung Iaiden	17	Hoi Tin	4:09.15 QT
9	39571 IAZ	Cheung, Chi Daniel	17	Sun Yip	4:11.17 QT



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Meet Program

Heat 4 Prelims... (Event 24 Men 400 LC Meter Freestyle)

0	39574 B	Lau, Yi Fung	16	Sun Yip	4:09.27	QT
1	45472 B	Yeung, Tsz Ho	14	HK Sportworld	4:06.25	QT
2	42008 B	Law, Tsz Lok	14	Win Tin	4:03.71	QT
3	32095 B	Lau, Chor Tik	16	Win Tin	3:59.46	QT
4	33922 P	So, Kwun Wa	18	White Dolphin	3:49.56	QT
5	30733 IAZ	Lai, King Wo Barry	19	Win Tin	3:54.53	QT
6	38539 B	Chan, Wah Royce	18	HK Sportworld	4:01.70	QT
7		Yang, Jun-Hao	17	Chinese Taipei	4:05.90	QT
8		Li, Yue-Hao	17	Chinese Taipei	4:08.20	QT
9	37746 @P	Qiu, Junhao	17	Island Stingrays	4:10.91	QT

Event 25 Women 200 LC Meter Backstroke

HKR:	2:09.33	LAU Yin Yan Claudia, DLS
WCA:	2:11.08	
WCB:	2:15.67	
JR:	2:15.96	
MR:	2:14.66	CHENG Jessica Chloe, PSC
	2:37.67	QT Qualifying Time

Meet Qualifying: 2:37.67

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 2 Prelims						
0		Lin, Yu-Ching	13	Chinese Taipei	2:30.59	QT
1	48850 B	Lam, Tsz Kei	13	Tai PO	2:22.25	QT
2		Lin, Zhi-Yan	15	Chinese Taipei	2:19.79	QT
3	35752 B	Li, Cheuk Yiu	16	Hoi Tin	2:16.17	QT
4	38813 IAZN	Wong, Yuen Ching	16	Hoi Tin	2:14.24	QT
5	36936 IAZ	Ho, Pui Yan	16	Win Tin	2:14.52	QT
6		Chao, Jie-Han	17	Chinese Taipei	2:17.90	QT
7	39531 B	Lee, Hoi Lam	16	Win Tin	2:21.17	QT
8	53025 IAZ	Kan, Ya Hei Tanya	14	South China	2:28.26	QT
9	46514 #IAZ	Leung, Ka Tung Bessica	13	Pacific	2:33.49	QT
Heat 2 of 2 Prelims						
0	40768 IAZ	Fung, Hoi Lui	15	Pacific	2:29.65	QT
1	38967 B	Gao, Elva	16	Hoi Tin	2:21.53	QT
2	35345 B	Ho, Tin Wing	16	Hoi Tin	2:17.94	QT
3		Chang, Ya-jia	18	Chinese Taipei	2:15.05	QT
4	36321 B	Cheung, Sum Yuet Cindy	19	Tai PO	2:06.54	QT
5	46816 IAZ	Chan, Tsz Yu Ashley	14	Hoi Tin	2:14.25	QT
6	55502 #@IM	Lin, Jiaqin	14	Chi Pui	2:17.62	QT
7	46124 IAZ	Mathis, Kayla J	15	Tai PO	2:20.46	QT
8	42704 @P	Krkalo, Mila Sofia	15	Island Stingrays	2:23.05	QT
9	46001 IAZ	Mak, Tsz Wing	12	Pacific	2:30.93	QT



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Meet Program

Event 26 Men 200 LC Meter Breaststroke

HKR: 2:09.33 MAK Sai Ting Adam, HTA

WCA: 2:10.32

WCB: 2:14.88

JR: 2:14.41

MR: 2:12.52 WONG Benson, DLS

2:41.90 QT Qualifying Time

Meet Qualifying: 2:41.90

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
3	53813 #IAZ	Yeung, Cheuk Fung	20	Pacific	2:41.90 QT
4	50612 IAZ	Tang, Bradley	12	Kwun Tong	2:36.53 QT
5	30754 B	Ho, Siu Shing	19	Pacific	2:38.03 QT
Heat 2 of 5 Prelims					
0	02591	Luk, Wing Kin Andy	37	Kwan Hung	2:35.75 QT
1	54266 B	Lau, Lok Kei	13	Win Tin	2:33.36 QT
2	46409 IAZ	Wang, Zi Ran	16	Island Stingrays	2:32.94 QT
3		Lin, Pu-Ku	14	Chinese Taipei	2:32.00 QT
4	45634 IAZ	Chan, Cheuk Hin	17	Marlins	2:30.62 QT
5	47416 IAZ	Yip, Wing Hang	14	Chi Pui	2:31.21 QT
6	38725 B	Hong, Yan Shek	16	Pacific	2:32.89 QT
7	46193 B	Chan, Tsz Long Veslie	14	Tai PO	2:33.09 QT
8	47073 @IAX	Yuen, Sze Chai Spenser	14	Winner	2:33.88 QT
Heat 3 of 5 Prelims					
0	45993 IAZ	Au Yeung, Blake	13	Hoi Tin	2:29.46 QT
1	34714 B	Chan, Chi Kit Javen	17	Win Tin	2:23.80 QT
2	29599 IAZ	Lai, Ching Hei	22	Pacific	2:20.01 QT
3	33716 B	Chan, Ngai Cheung	21	Tuen Mun	2:16.41 QT
4		Tsai, Ruei Hong	19	Chinese Taipei	2:11.84 QT
5	33608 IAZN	Wan, Chun Lim	20	Pacific	2:13.18 QT
6	43816 #P	Wu, Yulun	16	Hoi Tin	2:17.16 QT
7	49934 IAZ	Wang, Cloud	16	South China	2:21.88 QT
8	38206 IAZ	Cheung, Pang Cho	19	Kwun Tong	2:26.50 QT
9		Liu, Chung-Lin	15	Chinese Taipei	2:30.25 QT
Heat 4 of 5 Prelims					
0	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	2:27.99 QT
1	50301 @^IAO	Nelson, Liam Manville	21	Island Stingrays	2:22.70 QT
2	40879 IAZ	Chen, Zheng Xuan Jason	14	Hoi Tin	2:18.94 QT
3	53036 IAZ	Chen, Kevin	15	Chi Pui	2:14.75 QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	21	Win Tin	2:09.90 QT
5	14815 P	Chillingworth, Adam John	28	South China	2:13.12 QT
6		Huang, Pin-Ruei	17	Chinese Taipei	2:16.97 QT
7	39277 B	Fung, Ho Chun	18	Chi Pui	2:21.30 QT
8	43578 IAZ	Lam, Tsz Sum Karl	13	Chi Pui	2:25.65 QT
9	44196 B	Wong, Sze Kwan Quintus	14	Win Tin	2:29.91 QT



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Meet Program

Heat 5 Prelims... (Event 26 Men 200 LC Meter Breaststroke)

0	36895 B	Lo, Kei Hon Andre	17	Hoi Tin	2:26.90	QT
1	38067 IAZ	Wu, Fung Lin	18	Hoi Tin	2:22.16	QT
2		Mai, Cheng-En	16	Chinese Taipei	2:18.30	QT
3	45922 ICX	Fu, Enze	17	Chi Pui	2:14.12	QT
4	25379 B	Mak, Sai Ting Adam	20	Hoi Tin	2:07.96	QT
5		Chung, Chiao-I	19	Chinese Taipei	2:11.98	QT
6	36592 B	Lau, Ka Long	17	Hoi Tin	2:16.42	QT
7	41024 B	Li, Matthew	18	HK Sportworld	2:20.29	QT
8		Cheng, Yu-Ting	13	Chinese Taipei	2:23.95	QT
9	43925 B	Lam, Ka Yeung	15	Pacific	2:29.74	QT

Event 27 Women 100 LC Meter Freestyle

HKR:	52.02	HAUGHEY Siobhan Bernadette, SCA
WCA:	54.25	
WCB:	56.15	
JR:	54.47	
MR:	55.16	LI Sum Yiu, WDA
1:02.90	QT Qualifying Time	

Meet Qualifying: 1:02.90

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 5 Prelims						
3	39484 IAZ	Ho, Taylor Lei	16	Jockey Club	1:02.90	QT
4	41875 IAZ	Li, Hei Man	15	Sword Fish Club	1:02.82	QT
5	35684 IAZ	Chan, Yui Lam	22	Hksam	1:02.90	QT
Heat 2 of 5 Prelims						
1		Rivera, Nichole	18	Philippines	1:02.19	QT
2	51390 IAZ	Deng, Xiaoqin	15	Current Club Ltd	1:02.03	QT
3	34853 B	Uhi, Viviana Marise	18	Happy Valley	1:02.02	QT
4	48422 B	Lo, Hei Yu	14	Tai PO	1:01.90	QT
5		Li, Pei-Hsuan	13	Chinese Taipei	1:02.00	QT
6		Hu, Ren-Ren	14	Chinese Taipei	1:02.02	QT
7	53192 IAZ	Zhang, Yuyang	15	Chi Pui	1:02.09	QT
8		David, Krystal Ava	15	Philippines	1:02.28	QT
Heat 3 of 5 Prelims						
0	40602 P	Kwon, Sowon	17	Island Stingrays	1:00.19	QT
1	38544 B	Kan, Ka Ching Artemis	16	Lai WA	59.54	QT
2	38029 B	Leung, Evita Yan	15	Tai PO	58.43	QT
3	46253 @P	Lutz, Gabriella Chelsea	15	Win Tin	57.12	QT
4	33715 IAZ	Ma, Gilaine	18	Tai PO	54.07	QT
5	42490	Wang, Xin Tong	17	Win Tin	56.03	QT
6		Wei, Tzu-Ning	17	Chinese Taipei	57.23	QT
7		Wang, Min-Zhi	17	Chinese Taipei	59.27	QT
8	44674 B	Wan, Ching Yiu Iris	14	Tai PO	59.77	QT
9		Lin, Hsuan-Er	13	Chinese Taipei	1:01.33	QT



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Meet Program

Heat 4 Prelims... (Event 27 Women 100 LC Meter Freestyle)

0	51429 IAZ	Hao, Merlynn	13	Tai PO	1:00.05	QT
1	38217 IAZ	Yan, Ellie	16	Hoi Tin	59.48	QT
2	36011 B	Law, Hang Ue Anastasia	20	Hoi Tin	57.48	QT
3	39179 B	Man, Wui Kiu	16	Chi Pui	56.14	QT
4	40738 B	Li, Sum Yiu	17	White Dolphin	53.99	QT
5	40949 B	Sum, Yi Man	15	Hoi Tin	56.03	QT
6	54556 ICX	Liu, Yu Han	17	Chi Pui	57.21	QT
7	28108 B	Seeto, Wai Ching	21	Keung Sung	59.14	QT
8	46145 B	Lam, Ching Yee	14	Tai PO	59.74	QT
9	39905 IAZ	Lan, Jasmine Lauren	16	Jockey Club	1:00.94	QT

Heat 5 of 5 Prelims

0	46175 IAZ	Tang, Sum Wing Gladys	13	Dik Wing	59.78	QT
1	36936 IAZ	Ho, Pui Yan	16	Win Tin	59.45	QT
2	09959 IAZ	Mok, Hoi Man Sheron	30	Pacific	57.36	QT
3	29449 B	Leung, Wing Tsun Rachel	19	Win Tin	56.06	QT
4	06425 B	Haughey, Siobhan Bernadette	28	South China	52.36	QT
5	44386	Li, Yu Qing	16	Win Tin	55.47	QT
6	33742 IAZ	Lam, Chelsie	18	Dali Swimming Club	57.13	QT
7		Wen, Chu-Ting	16	Chinese Taipei	58.48	QT
8		Chen, Li-Zhen	13	Chinese Taipei	59.60	QT
9	42151 IAZ	Lai, Cheuk Ling Maris	14	Happy Valley	1:00.42	QT

Event 28 Men 50 LC Meter Butterfly

HKR:	23.97	NG Cheuk Yin, TPS
WCA:	23.36	
WCB:	24.18	
JR:	24.74	
MR:	24.28	TO Kenneth King Him, LWS
	28.10	QT Qualifying Time

Meet Qualifying: 28.10

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 6 Prelims						
2	50885 IAZ	Chong, Cheuk Wang	14	Eastern Winter	28.10	QT
3	56512 B	Chung, Yan Hon	12	Vincent	28.10	QT
4		Chen, Guan Hua	17	Philippines	28.10	QT
5	59481 IAZ	Ting, Adrian	24	Fastlane Swimming	28.10	QT
6	43934 IAZ	Chan, Wang Chi	15	Wing Land	28.10	QT
Heat 2 of 6 Prelims						
0	49867 IAZ	Chan, Zachary Winston	13	Tai PO	28.10	QT
1		Ang, David Benjamin	24	Philippines	27.73	QT
2		Gatillo, Van Angelo	19	Philippines	27.36	QT
3	44142IAZ	Yau, Cheuk Hin	14	Kwun Tong	26.91	QT
4	48157 B	Yiu, Chi Him	15	Win Tin	26.73	QT
5	45627 IAZ	Cheung, Ting Chun	14	Hoi Ngai	26.83	QT
6	44451 B	Chow, Pak Hei	16	Tai PO	27.00	QT
7	50884 IAZ	Ayhan, Atlas	13	Kowloon City	27.58	QT
8	44377 B	Ip, Shing Yau	14	Lai WA	27.96	QT
9	48220 IAZ	Mau, Kit Chi	16	Keung Sung	28.10	QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026**Meet Program****Heat 3 Prelims... (Event 28 Men 50 LC Meter Butterfly)**

0	34488 B	Lau, Chi Shun	16 Pacific	26.64	QT
1	40651 P	Leung, Tsz Ming	16 White Dolphin	26.56	QT
2	38026 IAZ	Wu, Yik Ham	18 HK Sportworld	26.37	QT
3	32426 IAZ	Lam, Tsz Yeung YY	18 Dik Wing	26.27	QT
4	43448 B	Lin, Yi Min	14 Compass	26.24	QT
5	48707 #@IAX	Wong, Kwan Ngai Johnny	14 Riverside	26.25	QT
6	29508 IAZ	Tsang, Pak Ho	23 Tolo Harbour	26.34	QT
7	40095 IAZ	Chow, Ngai Fun	17 Kwun Tong	26.38	QT
8	32214 B	Wong, Sum Lam	18 White Dolphin	26.64	QT
9	34145 IAO	Ng, Anson	18 Hoi Tin	26.67	QT

Heat 4 of 6 Prelims

0		Yu, Cheng	15 Chinese Taipei	25.93	QT
1	46170 IAZ	Dai, Cho Tsun	15 Kwan Hung	25.35	QT
2	49455 IAZ	Cai, Qi Hong	19 Chi Pui	24.90	QT
3	33935 B	Yau, Pak Ho	18 Chi Pui	24.71	QT
4	55717 ICW	Ng, Chi Hin	20 Tai PO	23.81	QT
5	06697 B	Koo, Ralph Yat Ho	28 Hoi Tin	24.04	QT
6	35292 P	Yu, Dongqi	18 Hoi Tin	24.75	QT
7	42311 IAZ	Yu, Chi Lung	18 Pacific	25.07	QT
8	30444 IAZ	Ho, Chung Lun	23 Pacific	25.53	QT
9	46688 IAZ	Chan, Yui Hong	17 Juan Hua Club	26.23	QT

Heat 5 of 6 Prelims

0	36113 IAZ	Wong, Tsun Ting	19 Eastern Winter	25.70	QT
1	32042 IAZ	Lee, Jia Jun Jody George	20 South China	25.34	QT
2	33755 IAZ	Lau, Kin Hei James	17 Hoi Tin	24.82	QT
3		Wu, Hhao Ci	17 Chinese Taipei	24.55	QT
4	25254 B	Ho, Siu Lun	22 Dali Swimming Club	23.61	QT
5	34756 IAZ	Hofstede, Adam Marcel	19 Dik Wing	24.02	QT
6		Jhang, You-Wei	17 Chinese Taipei	24.75	QT
7	31077 B	Lo, Man Kit	22 Sword Fish Club	25.01	QT
8	41163 IAZ	Chan, Tsz Hin	18 Tai PO	25.50	QT
9	43245 B	Wong, Pak Dick	15 Tuen Mun	26.11	QT

Heat 6 of 6 Prelims

0	41422 B	Yick, Sum Kiu	16 Sea Lion	25.64	QT
1	27239 B	Chan, Sheung Kwan	24 Keung Sung	25.17	QT
2		Ang, Joshua Gabriel	22 Philippines	24.78	QT
3	39105 IAO	Ho, Ian Yentou	29 South China	24.20	QT
4	32248 B	Li, Sing Hoi	21 Win Tin	23.35	QT
5		Wang, Kuan-Hung	24 Chinese Taipei	24.00	QT
6	38701 B	Chung, Hei Chit	17 Hoi Tin	24.75	QT
7	44135 B	So, Chun Hei	17 Kwun Tong	25.01	QT
8	36085 B	Hui, Yik Kiu	18 Chi Pui	25.40	QT
9	35666 @IM	Chan, Cheuk Kit	19 Win Tin	26.05	QT



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Meet Program

Event 29 Women 50 LC Meter Breaststroke

HKR: 30.36 HAUGHEY Siobhan Bernadette, SCA

WCA: 30.75

WCB: 31.83

JR: 31.54

MR: 31.41 LIN Pei Wun, TPE

37.66 QT Qualifying Time

Meet Qualifying: 37.66

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
1	59648 IAZ	Zhao, Luck	13	South China	37.66 QT
2	52334 @P	Dormond, Emily	13	South China	37.66 QT
3	54016 IAZ	Cheng, Hoi Man	21	Keung Sung	37.59 QT
4	48102 @P	Wong, Megan Min Mei	15	South China	37.10 QT
5	55657 IAZ	Siu, Yi Ching	12	Flying Dragon	37.46 QT
6	55861 IC0	Estrada, Crishnea Cielo	14	South China	37.66 QT
7	49501 IAZ	Wong, Si Ming Simone	12	Satellite	37.66 QT
Heat 2 of 5 Prelims					
0	57516 @^ICX	Xu, Nuo	12	Win Tin	36.69 QT
1	47072 IAZ	Foo, Hoi Yu	15	Tai PO	36.23 QT
2	38808 IAZ	Chan, Wing Hei	17	Pacific	35.90 QT
3	27040 IAZ	Tang, Yat Yi	23	Wing Land	35.70 QT
4	48535 IAZ	Chau, Chung Yan Charlotte	12	White Dolphin	35.60 QT
5	39484 IAZ	Ho, Taylor Lei	16	Jockey Club	35.65 QT
6	58015 IAZ	Chan, Wai Tung Jocelyn	28	Dik Wing	35.82 QT
7	49708 B	Chan, Wing Vanessa	12	Tai PO	36.00 QT
8	54362 IAZ	Luk, Suzanne	13	HK Sportworld	36.51 QT
9	38178 B	Cheung, Hoi Yin	18	Tolo Harbour	36.88 QT
Heat 3 of 5 Prelims					
0	34853 B	Uhi, Viviana Marise	18	Happy Valley	35.20 QT
1	48850 B	Lam, Tsz Kei	13	Tai PO	34.15 QT
2	40306 IAZ	Chi, Yi Lam	15	Jockey Club	33.83 QT
3	38411 B	Yung, Tsz Ching	15	Hoi Tin	32.11 QT
4	33742 IAZ	Lam, Chelsie	18	Dali Swimming Club	31.65 QT
5	56625 IAZ	Chen, Yim Claire	16	Chi Pui	31.79 QT
6		Wu, Tzu-Yu	16	Chinese Taipei	33.14 QT
7	43294 B	Wong, Tsz Huen	16	Pacific	33.97 QT
8	42837 IAZ	Kan, Hong Wing Amelia	15	Jockey Club	34.60 QT
9	47157 IAZ	Wong, Pui Yiu	13	Tuen Mun	35.52 QT



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Meet Program

Heat 4 Prelims... (Event 29 Women 50 LC Meter Breaststroke)

0	43298 IAZ	Hau, Maya Elizabeth	16	Ti Dynamics	34.76	QT
1		Lee, Yi-Ting	16	Chinese Taipei	34.06	QT
2	38528 B	Lam, Tsz Ying	15	Hoi Tin	33.79	QT
3		Chen, Yu Chieh	18	Chinese Taipei	31.97	QT
4	29060 IAZ	Lam, Hoi Kiu	22	Hoi Tin	31.22	QT
5	38537 B	Chung, Wing Sum Hazel	17	HK Sportworld	31.74	QT
6	39432 IAZ	Leung, Sze Ki Safira	16	Marlins	33.11	QT
7	39149 IAZ	Xing, Yina	15	Happy Valley	33.92	QT
8	50134 IAZN	Wu, Melody	17	South China	34.46	QT
9	48364 B	Ng, Yin Hei	12	Dik Wing	35.49	QT

Heat 5 of 5 Prelims

0	43099 IAZ	Ng, Hoi Ching	17	Win Tin	34.70	QT
1		David, Krystal Ava	15	Philippines	33.98	QT
2		Wu, Tong-En	14	Chinese Taipei	33.16	QT
3	46308 IAZ	So, Hei Shun	15	Kwun Tong	31.93	QT
4	39179 B	Man, Wui Kiu	16	Chi Pui	30.98	QT
5	35670 B	Cheung, Wing Yi Claire	17	Jockey Club	31.65	QT
6		Ho, Kang-Ni	13	Chinese Taipei	32.70	QT
7	48559 IAZ	Yeung, Ho Yuet	14	Hoi Ngai	33.91	QT
8	47750 #IAZ	Chan, Nga Yin Lydia	12	Juan Hua Club	34.31	QT
9	39904 IAZ	Ho, Tess Lauren	18	Jockey Club	35.36	QT

Event 30 Men 200 LC Meter Freestyle

HKR: 1:47.46 CHEUK Ming Ho, CPS

WCA: 1:46.70

WCB: 1:50.43

JR: 1:52.59

MR: 1:50.36 CHEUK Ming Ho, CPS

2:08.25 QT Qualifying Time

Meet Qualifying: 2:08.25

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 6 Prelims						
3	46053 IAZ	Chan, Oi Hei	12	Superstar	2:08.25	QT
4	39506 IAZ	Cheung, Tsun Lok	21	Hksam	2:08.25	QT
5	30192 B	Whittington, Peter Harry	22	Dali Swimming Club	2:08.25	QT
6	36853 #IAZ	Chau, Wesley	17	Tolo Harbour	2:08.25	QT
Heat 2 of 6 Prelims						
0	51391 IAZ	Wong, Lok Yin	14	Aquatic	2:08.25	QT
1	23015 IAZ	Tang, Wai Lok	29	Hksam	2:08.25	QT
2		Anaque, Mika	19	Philippines	2:08.18	QT
3		Sia, Titus Rafael	13	Philippines	2:07.54	QT
4		Pan, Yi-Ting	15	Chinese Taipei	2:05.00	QT
5	43770 B	Yam, Ngo Ching	16	Sea Lion	2:07.32	QT
6		De Guzman, Enzi Mateo	17	Philippines	2:08.12	QT
7	58848 IAZ	Wong, Chun Hin	12	Hksam	2:08.25	QT
8	58520 P	Lee, Cheng Xi	14	Current Club Ltd	2:08.25	QT
9	48680 B	Wan, Ching Hei	13	Tai PO	2:08.25	QT



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Heat 3 Prelims... (Event 30 Men 200 LC Meter Freestyle)

0	46806 IAZ	Yao, Wei Hao	17 Hoi Tin	2:04.80	QT
1		Lee, Yi-Cheng	15 Chinese Taipei	2:04.00	QT
2	47679 B	Tsui, Ka Hei	15 Sun Yip	2:03.02	QT
3	46435 B	Chong, Cheuk Yin	14 Tai PO	2:02.50	QT
4	43281 IAZ	Chan, Chak Alfred	15 HK Sportworld	2:01.60	QT
5	39532 B	Lam, Ho Lam	13 Win Tin	2:01.67	QT
6	46182 B	Sung, Pak Kiu	15 Sun Yip	2:02.73	QT
7		Lin, Pu-Ku	14 Chinese Taipei	2:04.00	QT
8	50454 IAZ	Guo, Cheong Ho Chris	15 Satellite	2:04.67	QT
9	48961 IAZ	Zhao, Sidney	13 Tai PO	2:04.95	QT

Heat 4 of 6 Prelims

0	43919 IAZ	Chui, Hoi Haang	18 White Dolphin	2:00.04	QT
1		Yang, Jun-Hao	17 Chinese Taipei	1:57.06	QT
2	36157 IAZ	Loo, Tsz Chung Berry	18 Dik Wing	1:55.34	QT
3	32095 B	Lau, Chor Tik	16 Win Tin	1:50.80	QT
4	41900 B	Han, Pak Kiu	16 Hoi Tin	1:48.86	QT
5	48237 IAZ	Wang, Yi Shun	18 Chi Pui	1:50.43	QT
6	39571 IAZ	Cheung, Chi Daniel	17 Sun Yip	1:54.72	QT
7		Wu, Zhen-Xiang	16 Chinese Taipei	1:55.64	QT
8	45472 B	Yeung, Tsz Ho	14 HK Sportworld	1:58.61	QT
9	39576 B	Chan, Pak Yu	15 Chi Pui	2:01.50	QT

Heat 5 of 6 Prelims

0	41189 B	Wong, Yat Long Isaac	16 Kwun Tong	1:59.39	QT
1	35931 B	Lam, Marcus Pak Hei	16 Win Tin	1:56.70	QT
2		Yu, Cheng	15 Chinese Taipei	1:55.15	QT
3	30733 IAZ	Lai, King Wo Barry	19 Win Tin	1:50.63	QT
4	29257 B	He, Shing Ip	20 Chi Pui	1:48.02	QT
5	35022 IAZ	Ip, Ali	19 Tai PO	1:50.13	QT
6	43212 B	Tsang, Pak Kiu	16 Sun Yip	1:51.69	QT
7		Huang, Hao	15 Chinese Taipei	1:55.54	QT
8	46564 IAZ	Hon, Man Sing	14 Hoi Tin	1:58.43	QT
9	40076 #B	Chan, Ho Him Dickson	14 South China	2:01.49	QT

Heat 6 of 6 Prelims

0	42625 B	He, Yu Hao	15 Chi Pui	1:59.11	QT
1	37663 IAZ	Yan, Kyle	17 Hoi Tin	1:56.40	QT
2	43918 @IAX	Chui, Ue Haang	15 White Dolphin	1:54.73	QT
3	33608 IAZN	Wan, Chun Lim	20 Pacific	1:50.52	QT
4	38227 IAZ	Lo, Tsz Lam	19 Win Tin	1:46.97	QT
5	33922 P	So, Kwun Wa	18 White Dolphin	1:49.46	QT
6	38539 B	Chan, Wah Royce	18 HK Sportworld	1:51.51	QT
7	42008 B	Law, Tsz Lok	14 Win Tin	1:55.49	QT
8	36897 IAZ	Han, Hao	17 Kwun Tong	1:58.12	QT
9	46119 B	Hsieh, Kurtis Yi Hon	13 Tai PO	2:00.86	QT



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Meet Program

Event 31 Women 400 LC Meter IM

HKR: 4:48.58 CHENG Chloe, PSC

WCA: 4:43.06

WCB: 4:52.97

JR: 4:49.16

MR: 4:45.27 ZANG Si Shi, CHN

5:38.68 QT Qualifying Time

Meet Qualifying: 5:38.68

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims					
1	44554 B	Lee, Wing Sze	16	Hoi Tin	5:11.61 QT
2	31301 IAZ	To, Wing Yan	20	Happy Valley	5:02.43 QT
3	45628 IAZ	Chan, Pui Ka	14	White Dolphin	4:59.05 QT
4	31841 IAZ	Ng, Lai Wa	20	Hoi Tin	4:44.54 QT
5		Chao, Jie-Han	17	Chinese Taipei	4:52.80 QT
6	39531 B	Lee, Hoi Lam	16	Win Tin	5:02.12 QT
7		Rupeljengan, Vavauni	16	Chinese Taipei	5:06.73 QT
Heat 2 of 2 Prelims					
1	41485 IAZ	Tang, Lok Yin	14	Happy Valley	5:06.96 QT
2	54556 ICX	Liu, Yu Han	17	Chi Pui	5:02.38 QT
3		Tsai, Yung-Ling	16	Chinese Taipei	4:55.54 QT
4	48950 P	Gao, Jialian Candice	14	Chi Pui	4:43.01 QT
5	35345 B	Ho, Tin Wing	16	Hoi Tin	4:51.72 QT
6		Lin, Yu-Ching	13	Chinese Taipei	5:00.05 QT
7	29117 IAZ	Wong, Po Yin	21	Hoi Tin	5:02.85 QT
8	51789 @P	Hao, Ailynn	11	Tai PO	5:31.44 QT

Event 32 Men 100 LC Meter Breaststroke

HKR: 1:00.14 MAK Sai Ting Adam, HTA

WCA: 59.75

WCB: 1:01.84

JR: 1:03.01

MR: 1:01.04 BALANDIN Dmitriy, KAZ

1:11.64 QT Qualifying Time

Meet Qualifying: 1:11.64

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 6 Prelims					
2	43516 IAZ	Hung, Wing Long	17	Hksam	1:11.64 QT
3	02591	Luk, Wing Kin Andy	37	Kwan Hung	1:11.56 QT
4	47847 IAZ	Lau, Chun To	16	Ti Dynamics	1:11.26 QT
5	53813 #IAZ	Yeung, Cheuk Fung	20	Pacific	1:11.47 QT
6	43515 IAZ	Choi, Chi Keung	18	Hksam	1:11.64 QT
7	44787 IAZ	Kam, Yu Hin Villa	15	Sun Yip	1:11.64 QT



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Meet Program

Heat 2 Prelims... (Event 32 Men 100 LC Meter Breaststroke)

0	46284 B	Chang, Kai Tung Keaton	14 Tai PO	1:11.10	QT
1	46466 IAZ	Tsui, Yik Shun	15 Pacific	1:09.69	QT
2	43396 IAZ	Chan, Kin Ching	16 Jockey Club	1:09.62	QT
3	54266 B	Lau, Lok Kei	13 Win Tin	1:09.27	QT
4	50693 IAZ	Chong, Chi Chian Nicholas	16 South China	1:09.20	QT
5	43925 B	Lam, Ka Yeung	15 Pacific	1:09.21	QT
6	46193 B	Chan, Tsz Long Veslie	14 Tai PO	1:09.57	QT
7	46189 @IAX	Ayhan, S. Deniz	19 Kowloon City	1:09.64	QT
8	47073 @IAX	Yuen, Sze Chai Spenser	14 Winner	1:10.45	QT
9		Gatillo, Van Angelo	19 Philippines	1:11.22	QT

Heat 3 of 6 Prelims

0	45634 IAZ	Chan, Cheuk Hin	17 Marlins	1:08.85	QT
1		Cheng, Yu-Ting	13 Chinese Taipei	1:08.59	QT
2	44687 B	Fung, Jeffrey	17 HK Sportworld	1:08.49	QT
3	38206 IAZ	Cheung, Pang Cho	19 Kwun Tong	1:06.97	QT
4	34714 B	Chan, Chi Kit Javen	17 Win Tin	1:06.17	QT
5	25050 B	Kung, Lok Sum	22 Tai PO	1:06.49	QT
6	38067 IAZ	Wu, Fung Lin	18 Hoi Tin	1:07.65	QT
7		Liu, Chung-Lin	15 Chinese Taipei	1:08.50	QT
8	46409 IAZ	Wang, Zi Ran	16 Island Stingrays	1:08.65	QT
9		Lin, Pu-Ku	14 Chinese Taipei	1:09.00	QT

Heat 4 of 6 Prelims

0	41024 B	Li, Matthew	18 HK Sportworld	1:05.16	QT
1	30574 IAZ	Cheung, Ryan	19 Chi Pui	1:04.35	QT
2	14815 P	Chillingworth, Adam John	28 South China	1:03.28	QT
3	45703 IAZ	Tsui, Yik Ki	18 Pacific	1:02.09	QT
4	55659 @P	Kamminga, Arno	30 South China	1:00.94	QT
5		Tsai, Ruei Hong	19 Chinese Taipei	1:01.21	QT
6		Shih, Shu-Wei	18 Chinese Taipei	1:02.82	QT
7	32214 B	Wong, Sum Lam	18 White Dolphin	1:03.86	QT
8	48707 #@IAX	Wong, Kwan Ngai Johnny	14 Riverside	1:04.84	QT
9	39500 IAZ	Lau, Tin Long	17 Kwun Tong	1:05.92	QT

Heat 5 of 6 Prelims

0	42703 IAZ	Huang, Sebastian Kai	16 Island Stingrays	1:05.08	QT
1		Mai, Cheng-En	16 Chinese Taipei	1:04.22	QT
2	33716 B	Chan, Ngai Cheung	21 Tuen Mun	1:03.03	QT
3		Wu, Yu-Chia	18 Chinese Taipei	1:02.00	QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	21 Win Tin	59.13	QT
5		Chung, Chiao-I	19 Chinese Taipei	1:01.18	QT
6	45922 ICX	Fu, Enze	17 Chi Pui	1:02.67	QT
7	31822 B	Lau, Ming Yui	20 Lai WA	1:03.75	QT
8	29599 IAZ	Lai, Ching Hei	22 Pacific	1:04.75	QT
9	39277 B	Fung, Ho Chun	18 Chi Pui	1:05.88	QT



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Meet Program

Heat 6 Prelims... (Event 32 Men 100 LC Meter Breaststroke)

0	50301 @^IAO	Nelson, Liam Manville	21	Island Stingrays	1:04.90	QT
1	36592 B	Lau, Ka Long	17	Hoi Tin	1:03.90	QT
2	39328 IAZ	Yau, Shing Ho	19	Compass	1:03.00	QT
3	22413 IAZ	Lee, Shing Yan	23	Hoi Tin	1:01.31	QT
4	25379 B	Mak, Sai Ting Adam	20	Hoi Tin	58.88	QT
5	35805 B	So, Chun Hin	19	Tai PO	1:01.03	QT
6	53036 IAZ	Chen, Kevin	15	Chi Pui	1:02.47	QT
7		Huang, Pin-Ruei	17	Chinese Taipei	1:03.37	QT
8	33495 IAZ	Wan, Siu Chun	21	Tai PO	1:04.59	QT
9	43816 #P	Wu, Yulun	16	Hoi Tin	1:05.80	QT

Event 33 Women 100 LC Meter Backstroke

HKR:	1:00.22	AU Hoi Shun Stephanie, DWA
WCA:	1:00.46	
WCB:	1:02.58	
JR:	1:02.67	
MR:	1:00.81	AU Hoi Shun Stephanie, DWA
	1:15.80	QT Qualifying Time

Meet Qualifying: 1:15.80

Lane	ID#	Name	Age	Team	Seed	Time
Heat 1 of 5 Prelims						
3	46136 @IAX	Lee, Tsz Yui	14	Hoi Tin	1:15.80	QT
4	51502 B	Yip, Yee Ling	13	New Wave	1:15.54	QT
5	51503 IAZ	Ho, Laurianne Juliet	10	Tai PO	1:15.80	QT
Heat 2 of 5 Prelims						
1	40950 #B	Sum, Yi Lok	15	Hoi Tin	1:14.86	QT
2	55680 IAZ	Chan, Sze Wing Crystal	11	Tai PO	1:13.99	QT
3	53025 IAZ	Kan, Ya Hei Tanya	14	South China	1:12.54	QT
4	49492 B	Au, Wing Cing	12	Tai PO	1:11.27	QT
5		Hu, Ren-Ren	14	Chinese Taipei	1:12.24	QT
6	42705 P	Krkalo, Eva Katarina	17	Island Stingrays	1:13.52	QT
7	41421 IAZ	Leung, Wing Tung	15	Sea Lion	1:14.56	QT
8	47250 IAZ	Fong, Wing Tung	12	Long Fame	1:15.22	QT
Heat 3 of 5 Prelims						
0	40768 IAZ	Fung, Hoi Lui	15	Pacific	1:10.32	QT
1	44473 IAZ	Chow, Tsz Tung	13	Tolo Harbour	1:08.56	QT
2	28897 IAZ	Loo, Tsz Ki Cherrie	22	Dik Wing	1:05.09	QT
3	35752 B	Li, Cheuk Yiu	16	Hoi Tin	1:03.84	QT
4		Chang, Ya-jia	18	Chinese Taipei	1:00.09	QT
5	36936 IAZ	Ho, Pui Yan	16	Win Tin	1:02.59	QT
6	46253 @P	Lutz, Gabriella Chelsea	15	Win Tin	1:04.13	QT
7	42704 @P	Krkalo, Mila Sofia	15	Island Stingrays	1:07.06	QT
8	38394 B	Yeung, Tin Wing	15	Hoi Tin	1:09.38	QT
9	46514 #IAZ	Leung, Ka Tung Bessica	13	Pacific	1:10.97	QT



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Meet Program

Heat 4 Prelims... (Event 33 Women 100 LC Meter Backstroke)

0	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	14	Jockey Club	1:10.12	QT
1	46200 IAZ	Kwong, Hoi Yee Phoebe	13	Tai PO	1:08.33	QT
2	33947 IAZ	Chan, Hin Yau	19	HK Sportworld	1:05.07	QT
3	25098 #B	Fung, Suet Ying Chloe	21	Tai PO	1:03.38	QT
4	46816 IAZ	Chan, Tsz Yu Ashley	14	Hoi Tin	59.46	QT
5	35455 B	Poon, Lok Yan	18	Chi Pui	1:02.05	QT
6		Lin, Zhi-Yan	15	Chinese Taipei	1:04.00	QT
7	43817 IAZ	Kwok, Hoi Ching	15	Tai PO	1:07.03	QT
8	42458 IAZ	Hon, Tsz Tung	16	Hoi Tin	1:09.37	QT
9	45992 IAZ	Tran, Isobel Anh Gia	13	South China	1:10.61	QT

Heat 5 of 5 Prelims

0	39905 IAZ	Lan, Jasmine Lauren	16	Jockey Club	1:09.83	QT
1	42270 B	Wong, Hei Tung	14	Tai PO	1:07.40	QT
2		Wen, Chu-Ting	16	Chinese Taipei	1:04.37	QT
3	31597 B	Ng, Cheuk Yan	19	Hoi Tin	1:02.84	QT
4	36321 B	Cheung, Sum Yuet Cindy	19	Tai PO	59.01	QT
5	55502 #@IM	Lin, Jiaqin	14	Chi Pui	1:02.02	QT
6	46124 IAZ	Mathis, Kayla J	15	Tai PO	1:03.91	QT
7	33940 B	Lau, Sze Yuet	19	Happy Valley	1:06.02	QT
8	41265 B	Li, Elizabeth	16	South China	1:09.18	QT
9	46287 @P	Lu, Chang	15	South China	1:10.33	QT

Event 34 Men 100 LC Meter Butterfly

HKR: 53.34

HO Ian Yentou, SCA

WCA: 51.77

WCB: 53.58

JR: 54.42

MR: 53.45

TRIADY Fauzi Sidiq, IND

1:04.75

QT Qualifying Time

Meet Qualifying: 1:04.75

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 5 Prelims					
2		Chen, Guan Hua	17	Philippines	1:04.75 QT
3	49867 IAZ	Chan, Zachary Winston	13	Tai PO	1:04.75 QT
4	31256 @P	Xu, Rui Chen	17	Win Tin	1:04.75 QT
5	46553 IAZ	Mak, Wang Pok	17	Hksam	1:04.75 QT
6	37083 P	Kwan, Nicholas	18	Tai PO	1:04.75 QT
7	35292 P	Yu, Dongqi	18	Hoi Tin	1:04.75 QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026**Meet Program****Heat 2 Prelims... (Event 34 Men 100 LC Meter Butterfly)**

0	59692 IAZ	Chan, Kam Hay Alonzo	18 Pacific	1:04.75	QT
1	48220 IAZ	Mau, Kit Chi	16 Keung Sung	1:03.13	QT
2	43174 B	Lam, Chun Hin	15 Sun Yip	1:02.33	QT
3	44377 B	Ip, Shing Yau	14 Lai WA	1:01.69	QT
4	43109 B	Law, Sai Lai	15 Sun Yip	1:01.09	QT
5		Tao, Shoichi	13 Philippines	1:01.62	QT
6		Pan, Yi-Ting	15 Chinese Taipei	1:02.00	QT
7	47416 IAZ	Yip, Wing Hang	14 Chi Pui	1:02.56	QT
8	52571 IAZ	Chan, Chung Hei	14 Pacific	1:04.46	QT
9	39506 IAZ	Cheung, Tsun Lok	21 Hksam	1:04.75	QT

Heat 3 of 5 Prelims

0	44142IAZ	Yau, Cheuk Hin	14 Kwun Tong	58.73	QT
1	43245 B	Wong, Pak Dick	15 Tuen Mun	57.87	QT
2	41723 IAZ	Fong, Yik Yuen	18 Hoi Tin	56.06	QT
3		Wu, Hhao Ci	17 Chinese Taipei	55.47	QT
4	06697 B	Koo, Ralph Yat Ho	28 Hoi Tin	52.89	QT
5	33935 B	Yau, Pak Ho	18 Chi Pui	54.33	QT
6	44135 B	So, Chun Hei	17 Kwun Tong	55.67	QT
7	35668 B	Chan, Jayden	18 Jockey Club	56.50	QT
8	45627 IAZ	Cheung, Ting Chun	14 Hoi Ngai	58.54	QT
9	44269 B	Sum, Wai Chong	14 Hoi Tin	1:00.34	QT

Heat 4 of 5 Prelims

0	43009 B	Wong, Ho Long	14 Dik Wing	58.65	QT
1	36113 IAZ	Wong, Tsun Ting	19 Eastern Winter	57.36	QT
2	29545 IAZN	Cheung, Cheuk To	20 Tai PO	55.85	QT
3	38701 B	Chung, Hei Chit	17 Hoi Tin	54.46	QT
4	32248 B	Li, Sing Hoi	21 Win Tin	52.27	QT
5	49179 @ICX	Zhu, Xiuping	17 Pacific	54.01	QT
6	30444 IAZ	Ho, Chung Lun	23 Pacific	55.65	QT
7	41422 B	Yick, Sum Kiu	16 Sea Lion	56.50	QT
8	35931 B	Lam, Marcus Pak Hei	16 Win Tin	58.34	QT
9		Mai, Cheng-En	16 Chinese Taipei	59.77	QT

Heat 5 of 5 Prelims

0	36897 IAZ	Han, Hao	17 Kwun Tong	58.59	QT
1		Yu, Cheng	15 Chinese Taipei	56.62	QT
2	32042 IAZ	Lee, Jia Jun Jody George	20 South China	55.68	QT
3		Ang, Joshua Gabriel	22 Philippines	54.38	QT
4		Wang, Kuan-Hung	24 Chinese Taipei	51.90	QT
5	39105 IAO	Ho, Ian Yentou	29 South China	53.36	QT
6	36085 B	Hui, Yik Kiu	18 Chi Pui	55.61	QT
7	34145 IAO	Ng, Anson	18 Hoi Tin	56.06	QT
8	42547 IAX	Chow, Ho Yin	15 Tolo Harbour	58.15	QT
9	48157 B	Yiu, Chi Him	15 Win Tin	59.76	QT



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Meet Program

Event 35 Women 200 LC Meter Butterfly

HKR: 2:10.63 YEUNG Hoi Ching, TPS

WCA: 2:09.21

WCB: 2:13.73

JR: 2:14.06

MR: 2:10.63 YEUNG Hoi Ching, TPS

2:31.17 QT Qualifying Time

Meet Qualifying: 2:31.17

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 2 Prelims					
1		Li, Pei-Hsuan	13	Chinese Taipei	2:30.00 QT
2		Wang, Min-Zhi	17	Chinese Taipei	2:18.52 QT
3	36944 B	Chan, Yi Lok	16	Win Tin	2:15.84 QT
4		Han, An Chi	21	Chinese Taipei	2:10.50 QT
5	43424 IAZ	Mathis, Mya Lynn	16	Tai PO	2:12.84 QT
6		Lin, Tzu Yun	16	Chinese Taipei	2:16.96 QT
7	48088 IAZ	Wang, Ching Yee	13	Happy Valley	2:19.24 QT
Heat 2 of 2 Prelims					
1		Tseng, Chia-I	15	Chinese Taipei	2:20.52 QT
2	29902 B	Lam, Cheuk Ue Natalie	22	Happy Valley	2:17.35 QT
3	29449 B	Leung, Wing Tsun Rachel	19	Win Tin	2:14.07 QT
4	31437 B	Yeung, Hoi Ching	19	Tai PO	2:08.33 QT
5	38813 IAZN	Wong, Yuen Ching	16	Hoi Tin	2:11.76 QT
6	35932 B	Wong, Sze Laam Serena	16	Win Tin	2:16.02 QT
7	44140 IAZ	Tong, Youjia	14	Dik Wing	2:18.71 QT

Event 36 Men 50 LC Meter Backstroke

HKR: 25.91 YU Dongqi, HTA

WCA: 25.11

WCB: 25.99

JR: 26.81

MR: 28.49 AU Hoi Shun Stephanie, DWA

30.58 QT Qualifying Time

Meet Qualifying: 30.58

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
0	35666 @IM	Chan, Cheuk Kit	19	Win Tin	30.58 QT
1	48525 IAZ	Asmanis, Stelios	16	Island Stingrays	30.39 QT
2	39332 B	Wu, Yik Hei	16	HK Sportworld	29.72 QT
3	44125 IAZ	Liu, Chun Hay Hayden	15	Pacific	29.59 QT
4	45424 IAZ	Leung, Wai Lok	18	Superstar	29.37 QT
5	39041 IAZ	Lam, Lok Sum	15	Hoi Tin	29.37 QT
6	48167 B	Cheung, Tsz Hin	13	Tai PO	29.63 QT
7	47596 B	Ng, Ka Po	14	Sea Lion	30.33 QT
8	45797 B	Liu, Ho Lun	12	Long Fame	30.58 QT
9	25254 B	Ho, Siu Lun	22	Dali Swimming Club	30.58 QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026**Meet Program****Heat 2 Prelims... (Event 36 Men 50 LC Meter Backstroke)**

0	39015 P	Chan, Tsz Kwan	19	Tai PO	28.93	QT
1	38737 B	Mak, King Lam Matthew	17	Win Tin	28.35	QT
2	33758 IAZ	Leung, Tsz Wo	18	Hoi Tin	27.53	QT
3	27239 B	Chan, Sheung Kwan	24	Keung Sung	26.45	QT
4	12117 IAZ	Lau, Shiu Yue	29	Hoi Tin	24.89	QT
5		Jhang, You-Wei	17	Chinese Taipei	26.03	QT
6		Ramos, Estifano Joshua	21	Philippines	26.88	QT
7	40881 IAZN	Ray-smith, Henry Joseph Evel	15	Hoi Tin	27.80	QT
8	05293 B	Siu, Wai Wang Derek	34	Kwan Hung	28.83	QT
9	41457 IAZ	Leung, Hoi Chun	17	Kwun Tong	29.21	QT

Heat 3 of 4 Prelims

0	40752 IAZ	Xu, Steven	16	Kwun Tong	28.93	QT
1	36852 IAZ	Chau, Houston	16	Tai PO	28.16	QT
2	17709 B	Whittington, Ryan Michael	25	South China	27.41	QT
3	33504 IAZ	Leung, Lok Hei	21	North Sports	26.31	QT
4	35292 P	Yu, Dongqi	18	Hoi Tin	24.68	QT
5	36737 B	Chan, Wang Hei Terence	20	Tai PO	25.81	QT
6	33767 IAZ	Lee, Cheston	18	Pacific	26.77	QT
7	41268 IAZ	Tan, Pak Hei Brian	16	Dik Wing	27.62	QT
8	49828 IAZ	Vu, Everett Chun Hui	14	Satellite	28.78	QT
9	46119 B	Hsieh, Kurtis Yi Hon	13	Tai PO	29.03	QT

Heat 4 of 4 Prelims

0	37746 @P	Qiu, Junhao	17	Island Stingrays	28.84	QT
1	39071 B	Luk, Man Him	17	Win Tin	27.94	QT
2	40104 B	Cheung, Yung	15	White Dolphin	27.29	QT
3	41163 IAZ	Chan, Tsz Hin	18	Tai PO	26.10	QT
4	28636 B	Chan, Tsz Chiu	23	Keung Sung	24.47	QT
5	37159 IAZ	Andiappan, Ethan Siddha Hsu	17	LRC	25.43	QT
6	38701 B	Chung, Hei Chit	17	Hoi Tin	26.62	QT
7	42703 IAZ	Huang, Sebastian Kai	16	Island Stingrays	27.60	QT
8	44188 B	Or, Anthony	16	Eastern Winter	28.61	QT
9		Mai, Cheng-Yu	15	Chinese Taipei	29.01	QT

Event 37 Women 400 LC Meter Freestyle

HKR:	4:05.30	HAUGHEY Siobhan Bernadette,SCA
WCA:	4:10.23	
WCB:	4:18.99	
JR:	4:13.81	
MR:	4:08.64	HAUGHEY Siobhan Bernadette,SCA
	4:52.07	QT Qualifying Time

Meet Qualifying: 4:52.07

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 3 Prelims						
3	38628 IAZ	Ho, So Wai	18	Hoi Tin	4:52.07	QT
4	35752 B	Li, Cheuk Yiu	16	Hoi Tin	4:43.17	QT
5	46001 IAZ	Mak, Tsz Wing	12	Pacific	4:44.10	QT



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Meet Program

Heat 2 Prelims... (Event 37 Women 400 LC Meter Freestyle)

0	40426 B	Fong, Sin Ka	15	Long Fame	4:38.24	QT
1		Rupeljengan, Vavauni	16	Chinese Taipei	4:33.48	QT
2	38394 B	Yeung, Tin Wing	15	Hoi Tin	4:27.88	QT
3	45628 IAZ	Chan, Pui Ka	14	White Dolphin	4:22.52	QT
4	42490	Wang, Xin Tong	17	Win Tin	4:13.32	QT
5	40949 B	Sum, Yi Man	15	Hoi Tin	4:19.89	QT
6	38217 IAZ	Yan, Ellie	16	Hoi Tin	4:25.10	QT
7		Wei, Tzu-Ning	17	Chinese Taipei	4:33.15	QT
8	42704 @P	Krkalo, Mila Sofia	15	Island Stingrays	4:35.82	QT

Heat 3 of 3 Prelims

0	36011 B	Law, Hang Ue Anastasia	20	Hoi Tin	4:35.86	QT
1	39531 B	Lee, Hoi Lam	16	Win Tin	4:33.28	QT
2	38627 IAZ	Ho, So Yu	18	Hoi Tin	4:26.12	QT
3	31657 IAZ	Chan, Lok Mei	18	Hoi Tin	4:21.87	QT
4	33715 IAZ	Ma, Gilaine	18	Tai PO	4:09.47	QT
5	44386	Li, Yu Qing	16	Win Tin	4:18.54	QT
6	37874 IAZ	Choi, Hiu Ying	16	Hoi Tin	4:25.07	QT
7		Huang, Ai-Hsuan	16	Chinese Taipei	4:28.13	QT
8		Tseng, Chia-I	15	Chinese Taipei	4:35.53	QT

Event 38 Men 200 LC Meter IM

HKR: 2:01.37 TO Kenneth King Him, LWS

WCA: 1:59.05

WCB: 2:03.22

JR: 2:05.10

MR: 2:13.56

ZHANG Si Shi, CHN

2:24.55

QT Qualifying Time

Meet Qualifying: 2:24.55

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
0	23015 IAZ	Tang, Wai Lok	29	Hksam	2:24.55	QT
1	58848 IAZ	Wong, Chun Hin	12	Hksam	2:24.55	QT
2	43816 #P	Wu, Yulun	16	Hoi Tin	2:24.55	QT
3	44445 IAZ	Chan, Tsz Hin	14	Tai PO	2:21.89	QT
4	50683 #@IAX	Leng, Chon Kuo	14	Hoi Tin	2:19.86	QT
5	40122 #B	Kor, Pak Yin	15	Pacific	2:20.03	QT
6		Tao, Shoichi	13	Philippines	2:24.54	QT
7	31256 @P	Xu, Rui Chen	17	Win Tin	2:24.55	QT
8	43516 IAZ	Hung, Wing Long	17	Hksam	2:24.55	QT
9	46553 IAZ	Mak, Wang Pok	17	Hksam	2:24.55	QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026**Meet Program****Heat 2 Prelims... (Event 38 Men 200 LC Meter IM)**

0		Liu, Chung-Lin	15	Chinese Taipei	2:17.37	QT
1		Lin, Pu-Ku	14	Chinese Taipei	2:16.00	QT
2	34714 B	Chan, Chi Kit Javen	17	Win Tin	2:10.14	QT
3	38214 IAZ	Chan, Wai Ching Adrian	16	Hoi Tin	2:07.00	QT
4		Wang, Hsing-Hao	27	Chinese Taipei	2:02.00	QT
5	40879 IAZ	Chen, Zheng Xuan Jason	14	Hoi Tin	2:03.34	QT
6	33935 B	Yau, Pak Ho	18	Chi Pui	2:08.81	QT
7	43427 IAZ	Lam, Kayden	14	Chi Pui	2:13.23	QT
8		Cheng, Yu-Ting	13	Chinese Taipei	2:16.70	QT
9	45634 IAZ	Chan, Cheuk Hin	17	Marlins	2:19.82	QT

Heat 3 of 4 Prelims

0	43578 IAZ	Lam, Tsz Sum Karl	13	Chi Pui	2:17.18	QT
1	39500 IAZ	Lau, Tin Long	17	Kwun Tong	2:14.75	QT
2	39277 B	Fung, Ho Chun	18	Chi Pui	2:10.09	QT
3	40455 IAZ	Lam, Wai Lok	17	Sun Yip	2:06.59	QT
4	38227 IAZ	Lo, Tsz Lam	19	Win Tin	1:57.79	QT
5	33608 IAZN	Wan, Chun Lim	20	Pacific	2:03.10	QT
6		Jhang, You-Wei	17	Chinese Taipei	2:08.11	QT
7	36085 B	Hui, Yik Kiu	18	Chi Pui	2:13.14	QT
8	40882 B	Lee, Chung Hei Aiden	15	Hoi Tin	2:16.38	QT
9	45993 IAZ	Au Yeung, Blake	13	Hoi Tin	2:18.64	QT

Heat 4 of 4 Prelims

0	38206 IAZ	Cheung, Pang Cho	19	Kwun Tong	2:16.75	QT
1	38067 IAZ	Wu, Fung Lin	18	Hoi Tin	2:13.46	QT
2	36547 IAZ	Wong, Yik Yan Sean	19	South China	2:09.65	QT
3	38539 B	Chan, Wah Royce	18	HK Sportworld	2:06.24	QT
4	30192 B	Whittington, Peter Harry	22	Dali Swimming Club	1:57.47	QT
5		Fu, Kun Ming	21	Chinese Taipei	2:02.00	QT
6		Wu, Zhen-Xiang	16	Chinese Taipei	2:07.49	QT
7		Shih, Shu-Wei	18	Chinese Taipei	2:11.00	QT
8	38725 B	Hong, Yan Shek	16	Pacific	2:16.24	QT
9	47416 IAZ	Yip, Wing Hang	14	Chi Pui	2:17.63	QT



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Meet Program
Event 39 Women 200 LC Meter Breaststroke
HKR: 2:27.96 KONG Yvette Man Yi, SCA
WCA: 2:25.91
WCB: 2:31.02
JR: 2:29.94
MR: 2:32.65 LAM Hoi Kiu, HTA
3:02.68 QT Qualifying Time
Meet Qualifying: 3:02.68

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
2	48102 @P	Wong, Megan Min Mei	15	South China	2:59.68 QT
3	44902 IAZ	Tong, Wing Yau	14	Dali Swimming Club	2:58.02 QT
4	43397 IAZ	Lan, Jacey Laura	14	Jockey Club	2:56.49 QT
5	38808 IAZ	Chan, Wing Hei	17	Pacific	2:57.32 QT
6	52334 @P	Dormond, Emily	13	South China	2:59.14 QT
7	51502 B	Yip, Yee Ling	13	New Wave	3:01.67 QT
Heat 2 of 4 Prelims					
0	47072 IAZ	Foo, Hoi Yu	15	Tai PO	2:52.56 QT
1	42270 B	Wong, Hei Tung	14	Tai PO	2:48.35 QT
2		Wu, Tong-En	14	Chinese Taipei	2:40.38 QT
3		Li, Ia-Shiun	19	Chinese Taipei	2:34.39 QT
4	33742 IAZ	Lam, Chelsie	18	Dali Swimming Club	2:28.10 QT
5	46308 IAZ	So, Hei Shun	15	Kwun Tong	2:31.91 QT
6		Lin, Yu-Ching	13	Chinese Taipei	2:36.82 QT
7	40306 IAZ	Chi, Yi Lam	15	Jockey Club	2:46.97 QT
8	52824 @ICX	Yang, Miao	15	Dik Wing	2:50.18 QT
9	55861 IC0	Estrada, Crishnea Cielo	14	South China	2:54.54 QT
Heat 3 of 4 Prelims					
0	57516 @^ICX	Xu, Nuo	12	Win Tin	2:52.20 QT
1	56625 IAZ	Chen, Yim Claire	16	Chi Pui	2:48.29 QT
2	43099 IAZ	Ng, Hoi Ching	17	Win Tin	2:40.03 QT
3	39432 IAZ	Leung, Sze Ki Safira	16	Marlins	2:34.34 QT
4	29060 IAZ	Lam, Hoi Kiu	22	Hoi Tin	2:27.05 QT
5		Ho, Kang-Ni	13	Chinese Taipei	2:31.56 QT
6	36944 B	Chan, Yi Lok	16	Win Tin	2:35.99 QT
7	47157 IAZ	Wong, Pui Yiu	13	Tuen Mun	2:43.70 QT
8	50134 IAZN	Wu, Melody	17	South China	2:49.26 QT
9	56772 B	Chen, Xueer	16	Win Tin	2:54.46 QT



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Meet Program

Heat 4 Prelims... (Event 39 Women 200 LC Meter Breaststroke)

0	45764 B	Kong, Tsz Ching	14	Dik Wing	2:50.62	QT
1	48170 IAZ	Choi, Hei Yi	14	Tai PO	2:47.57	QT
2	49708 B	Chan, Wing Vanessa	12	Tai PO	2:37.74	QT
3	38528 B	Lam, Tsz Ying	15	Hoi Tin	2:32.69	QT
4	48950 P	Gao, Jialian Candice	14	Chi Pui	2:23.70	QT
5	38537 B	Chung, Wing Sum Hazel	17	HK Sportworld	2:31.22	QT
6		Lee, Yi-Ting	16	Chinese Taipei	2:35.62	QT
7	48559 IAZ	Yeung, Ho Yuet	14	Hoi Ngai	2:43.05	QT
8	27040 IAZ	Tang, Yat Yi	23	Wing Land	2:49.17	QT
9	51789 @P	Hao, Ailynn	11	Tai PO	2:54.39	QT

Event 40 Men 50 LC Meter Freestyle

HKR:	21.71	HO Ian Yentou, SCA
WCA:	22.05	
WCB:	22.82	
JR:	23.58	
MR:	25.03	LI Sum Yiu, WDA
	25.97	QT Qualifying Time

Meet Qualifying: 25.97

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 6 Prelims						
3	51391 IAZ	Wong, Lok Yin	14	Aquatic	25.97	QT
4	59481 IAZ	Ting, Adrian	24	Fastlane Swimming	25.97	QT
5	58520 P	Lee, Cheng Xi	14	Current Club Ltd	25.97	QT
6	45505 #IAZ	Lau, Hin Chung	18	Tolo Harbour	25.97	QT
Heat 2 of 6 Prelims						
0		De Guzman, Enzi Mateo	17	Philippines	25.80	QT
1	46409 IAZ	Wang, Zi Ran	16	Island Stingrays	25.66	QT
2		Huang, Pin-Ruei	17	Chinese Taipei	25.58	QT
3		Ang, David Benjamin	24	Philippines	25.54	QT
4	48220 IAZ	Mau, Kit Chi	16	Keung Sung	25.42	QT
5	17157 IAZ	Po, Tak Long	36	Hoi Fung	25.46	QT
6	42625 B	He, Yu Hao	15	Chi Pui	25.57	QT
7		Gatillo, Van Angelo	19	Philippines	25.60	QT
8	44188 B	Or, Anthony	16	Eastern Winter	25.69	QT
9	50454 IAZ	Guo, Cheong Ho Chris	15	Satellite	25.96	QT
Heat 3 of 6 Prelims						
0	46435 B	Chong, Cheuk Yin	14	Tai PO	25.14	QT
1	39042 B	Cheung, Cheuk Fan	16	North District	24.99	QT
2	36899 B	Kwok, Kin Wai	18	Keung Sung	24.92	QT
3	40095 IAZ	Chow, Ngai Fun	17	Kwun Tong	24.81	QT
4	43212 B	Tsang, Pak Kiu	16	Sun Yip	24.76	QT
5	33791 B	Tang, Kak Shing	17	Tai PO	24.78	QT
6	43770 B	Yam, Ngo Ching	16	Sea Lion	24.81	QT
7	46466 IAZ	Tsui, Yik Shun	15	Pacific	24.95	QT
8	41163 IAZ	Chan, Tsz Hin	18	Tai PO	25.06	QT
9	29257 B	He, Shing Ip	20	Chi Pui	25.36	QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026**Meet Program****Heat 4 Prelims... (Event 40 Men 50 LC Meter Freestyle)**

0	43281 IAZ	Chan, Chak Alfred	15	HK Sportworld	24.54	QT
1	46170 IAZ	Dai, Cho Tsun	15	Kwan Hung	24.04	QT
2	06697 B	Koo, Ralph Yat Ho	28	Hoi Tin	23.83	QT
3	37083 P	Kwan, Nicholas	18	Tai PO	23.31	QT
4	55717 ICW	Ng, Chi Hin	20	Tai PO	22.61	QT
5	49455 IAZ	Cai, Qi Hong	19	Chi Pui	22.82	QT
6	33755 IAZ	Lau, Kin Hei James	17	Hoi Tin	23.64	QT
7	50808 #@P	Cheung, Martin Cheuk-Yue	25	South China	23.95	QT
8	29508 IAZ	Tsang, Pak Ho	23	Tolo Harbour	24.35	QT
9	38026 IAZ	Wu, Yik Ham	18	HK Sportworld	24.73	QT

Heat 5 of 6 Prelims

0	32095 B	Lau, Chor Tik	16	Win Tin	24.52	QT
1	35258 B	Cheung, Man Ho	15	Sea Lion	24.03	QT
2	36157 IAZ	Loo, Tsz Chung Berry	18	Dik Wing	23.71	QT
3	35668 B	Chan, Jayden	18	Jockey Club	23.28	QT
4	34756 IAZ	Hofstede, Adam Marcel	19	Dik Wing	22.36	QT
5	22824 IAZ	Wong, Lok Kan	22	Hoi Tin	22.80	QT
6	42311 IAZ	Yu, Chi Lung	18	Pacific	23.53	QT
7	30574 IAZ	Cheung, Ryan	19	Chi Pui	23.87	QT
8	40651 P	Leung, Tsz Ming	16	White Dolphin	24.34	QT
9	44451 B	Chow, Pak Hei	16	Tai PO	24.73	QT

Heat 6 of 6 Prelims

0	41529 IAZ	Chan, Yat Fung Evan	17	South China	24.45	QT
1	34488 B	Lau, Chi Shun	16	Pacific	23.96	QT
2	32248 B	Li, Sing Hoi	21	Win Tin	23.65	QT
3		Lin, Yi-Cheng	18	Chinese Taipei	22.97	QT
4	25254 B	Ho, Siu Lun	22	Dali Swimming Club	22.31	QT
5	39105 IAO	Ho, Ian Yentou	29	South China	22.69	QT
6	31077 B	Lo, Man Kit	22	Sword Fish Club	23.43	QT
7	37159 IAZ	Andiappan, Ethan Siddha Hsu	17	LRC	23.84	QT
8	46688 IAZ	Chan, Yui Hong	17	Juan Hua Club	24.26	QT
9	33505 B	Hung, Chin Long	20	Sha Mei 318	24.66	QT



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Meet Program

Event 41 Women 50 LC Meter Butterfly

HKR: 26.34 KAN Cheuk Tung Natalie, HTA

WCA: 26.23

WCB: 27.15

JR: 27.43

MR: 26.78 TAO Li, SIN

32.16 QT Qualifying Time

Meet Qualifying: 32.16

Lane	ID#	Name	Age	Team	Seed Time
Heat 1 of 4 Prelims					
0	35684 IAZ	Chan, Yui Lam	22	Hksam	32.16 QT
1	41671 IAZ	Ma, Wai Yan	18	Csu	32.16 QT
2	36859 B	Hung, Cheuk Yi	18	Sha Mei 318	32.16 QT
3	44473 IAZ	Chow, Tsz Tung	13	Tolo Harbour	31.56 QT
4	40768 IAZ	Fung, Hoi Lui	15	Pacific	31.04 QT
5	41875 IAZ	Li, Hei Man	15	Sword Fish Club	31.50 QT
6	44918 B	Wang, Jinyuan	17	Flying Dragon	32.16 QT
7	55680 IAZ	Chan, Sze Wing Crystal	11	Tai PO	32.16 QT
8	53192 IAZ	Zhang, Yuyang	15	Chi Pui	32.16 QT
9	47250 IAZ	Fong, Wing Tung	12	Long Fame	32.16 QT
Heat 2 of 4 Prelims					
0	57331 IAZ	Lau, Tiara	14	Win Tin	30.83 QT
1	46136 @IAX	Lee, Tsz Yui	14	Hoi Tin	29.84 QT
2		Lin, Zhi-Yan	15	Chinese Taipei	28.70 QT
3	43424 IAZ	Mathis, Mya Lynn	16	Tai PO	27.95 QT
4	38813 IAZN	Wong, Yuen Ching	16	Hoi Tin	26.68 QT
5	53037 @ICX	Sun, Qimiao	15	Chi Pui	27.70 QT
6		Li, Pei-Hsuan	13	Chinese Taipei	28.19 QT
7	46124 IAZ	Mathis, Kayla J	15	Tai PO	29.48 QT
8		Lin, Hsuan-Er	13	Chinese Taipei	30.34 QT
9	42705 P	Krkalo, Eva Katarina	17	Island Stingrays	31.04 QT
Heat 3 of 4 Prelims					
0	45992 IAZ	Tran, Isobel Anh Gia	13	South China	30.75 QT
1	35670 B	Cheung, Wing Yi Claire	17	Jockey Club	29.65 QT
2	25098 #B	Fung, Suet Ying Chloe	21	Tai PO	28.65 QT
3	18783 IAZ	Wong, Wai Nam	24	White Dolphin	27.78 QT
4		Yeo, Chiok Sze	21	Singapore	26.53 QT
5	35932 B	Wong, Sze Laam Serena	16	Win Tin	27.58 QT
6	55502 #@IM	Lin, Jiaqin	14	Chi Pui	28.16 QT
7	42151 IAZ	Lai, Cheuk Ling Maris	14	Happy Valley	29.11 QT
8	43574 P	Au, Tsz Yu Chloe	15	Hoi Tin	30.17 QT
9	45858 B	Ho, Sum Yin	14	Dik Wing	31.00 QT



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Meet Program

Heat 4 Prelims... (Event 41 Women 50 LC Meter Butterfly)

0	40602 P	Kwon, Sowon	17	Island Stingrays	30.39	QT
1	45571 B	Chan, Hei Ching	14	Hoi Ngai	29.49	QT
2	51429 IAZ	Hao, Merlynn	13	Tai PO	28.20	QT
3	29449 B	Leung, Wing Tsun Rachel	19	Win Tin	27.76	QT
4	31437 B	Yeung, Hoi Ching	19	Tai PO	26.49	QT
5		Han, An Chi	21	Chinese Taipei	27.00	QT
6	36827 IAZ	Wong, Anthea Ching Wun	23	Island Stingrays	28.08	QT
7	28108 B	Seeto, Wai Ching	21	Keung Sung	28.73	QT
8	45558 IAZ	Wan, Pisces	15	Dali Swimming Club	30.17	QT
9	47750 #IAZ	Chan, Nga Yin Lydia	12	Juan Hua Club	30.85	QT

Event 42 Men 200 LC Meter Backstroke

HKR: 2:00.22 KWAN Hayden, PSC

WCA: 1:58.07

WCB: 2:02.20

JR: 2:05.97

MR: 2:00.70 KWAN Hayden, PSC

2:28.79 QT Qualifying Time

Meet Qualifying: 2:28.79

Lane	ID#	Name	Age	Team	Seed Time	
Heat 1 of 4 Prelims						
2	45797 B	Liu, Ho Lun	12	Long Fame	2:28.79	QT
3	48525 IAZ	Asmanis, Stelios	16	Island Stingrays	2:27.77	QT
4	59692 IAZ	Chan, Kam Hay Alonzo	18	Pacific	2:25.97	QT
5	47275 B	Hsieh, Kyrus Shing Hin	11	Tai PO	2:26.85	QT
6	48828 @P	Cheung, Hao Chun	13	Win Tin	2:28.79	QT
7	44125 IAZ	Liu, Chun Hay Hayden	15	Pacific	2:28.79	QT
Heat 2 of 4 Prelims						
0	48167 B	Cheung, Tsz Hin	13	Tai PO	2:20.94	QT
1		Li, Yue-Hao	17	Chinese Taipei	2:16.50	QT
2	41457 IAZ	Leung, Hoi Chun	17	Kwun Tong	2:13.56	QT
3	40455 IAZ	Lam, Wai Lok	17	Sun Yip	2:08.89	QT
4		Huang, Yu-Teng	16	Chinese Taipei	2:02.36	QT
5	33504 IAZ	Leung, Lok Hei	21	North Sports	2:04.98	QT
6	33767 IAZ	Lee, Cheston	18	Pacific	2:11.70	QT
7	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	2:14.98	QT
8	39532 B	Lam, Ho Lam	13	Win Tin	2:19.82	QT
9	45225 IAZ	Leung, Evan Kam Yin	15	Tai PO	2:25.36	QT



Hong Kong Open Swimming Championships 2026 - 06/08/2026 to 09/08/2026**Meet Program****Heat 3 Prelims... (Event 42 Men 200 LC Meter Backstroke)**

0	49828 IAZ	Vu, Everett Chun Hui	14	Satellite	2:20.86	QT
1	44270 IAZ	Luk, Chun Yu	13	Hoi Tin	2:16.42	QT
2	43427 IAZ	Lam, Kayden	14	Chi Pui	2:12.55	QT
3	17709 B	Whittington, Ryan Michael	25	South China	2:08.16	QT
4	41900 B	Han, Pak Kiu	16	Hoi Tin	2:01.60	QT
5	40104 B	Cheung, Yung	15	White Dolphin	2:04.54	QT
6	34715 B	Chan, Chi Ho Steven	17	Win Tin	2:11.46	QT
7	40882 B	Lee, Chung Hei Aiden	15	Hoi Tin	2:14.67	QT
8		Sia, Titus Rafael	13	Philippines	2:17.34	QT
9	57938 ICX	Li, HongCai	13	Pacific	2:22.87	QT

Heat 4 of 4 Prelims

0	36895 B	Lo, Kei Hon Andre	17	Hoi Tin	2:20.20	QT
1	40122 #B	Kor, Pak Yin	15	Pacific	2:16.02	QT
2	44269 B	Sum, Wai Chong	14	Hoi Tin	2:12.08	QT
3	33758 IAZ	Leung, Tsz Wo	18	Hoi Tin	2:06.60	QT
4	28636 B	Chan, Tsz Chiu	23	Keung Sung	1:59.72	QT
5	40879 IAZ	Chen, Zheng Xuan Jason	14	Hoi Tin	2:03.34	QT
6	37746 @P	Qiu, Junhao	17	Island Stingrays	2:10.35	QT
7	40752 IAZ	Xu, Steven	16	Kwun Tong	2:13.89	QT
8	44682 IAZ	Wan, Wui Bun	14	Pacific	2:17.23	QT
9		Wu, Yu-Chien	16	Chinese Taipei	2:21.73	QT

