



Summer National & Junior Water Polo Championships 2025

Rules and Regulations

1. Summer National & Junior Water Polo Championships 2025's (The Game) Competition regulations are modified from the competition regulations of World Aquatics. Otherwise stated, the game's competition regulations shall follow the latest official version of the World Aquatics.
2. Ball Sizes: Size 4 in Women's Open Group

Ball Sizes: Size 5 in Men's Open Group and U18 Boys' Group
3. Participation Groupings:
 - a. Each player can play for one team in its group and they can also play in other groups if they fulfil the criteria.
 - b. Players aged 18 or below (born on or after 1st January 2007) may participate in U18 Boys' group.
 - c. Open group welcomes all players with no restriction on age.
4. Team Composition:
Team composition shall adhere to Rule 2.1 of the World Aquatics Water Polo Rules.
5. Duration of Games:
 - (i) **Round Robin Rounds** - 2 halves with 10 mins each (running clock), 2 mins break between halves
 - (ii) **Medal Rounds** - 4 periods of 8 mins each (running clock), 2 mins breaks between the 1st/2nd and 3rd/4th periods, and 3 mins break at half time.
 - (iii) **Timeout** - for **Medal Rounds** only (each team can request 2 timeouts during the match, each lasting 1 minute. Both timeouts can be called in the same quarter.
6. Field of Play:
 - Dimensions of 22m x 12m.
 - An area for flying substitutions must be available on the lateral outer side of the field of play, on the side where the team benches are situated.



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7. Direct shots are allowed from corner throws.
8. Direct shots after foul are allowed beyond the 6m line.
9. Substitution procedure
 - At any time in the game, a player or goalkeeper may be substituted by leaving the field of play at the team's exclusion re-entry area. The substitute may enter the field of play from the exclusion re-entry area as soon as the player has visibly risen to the surface of the water within the re-entry area.
 - Substitution from the 'flying substitution' area is also allowed when the substitute enters the area from behind the extended goal line, both players, the exiting player and the substitute, are in the water, outside of the field of play and touch hands above the water.
10. In the Round-robin stage:
 - i. The classification of teams in the Preliminary Round will be made on points namely 3 points for each match won, 1 point for each match drawn and 0 points for each match lost.

The ranking in each group is determined as follows:

- (i) Greatest number of points obtained in all group matches
- (ii) If 2 teams shall have equal points, further classification shall be established as follows:
 - A. The team winning the game between them shall be placed higher.
 - B. If the game between them was tied, then the results against the highest placed team(s) in the group shall be considered.
 - C. The first comparison shall be based on goal difference, and if still tied, then based on goals scored.
 - D. The comparison shall be made first compared to the highest placed team (or teams, if tied) in the group.
 - E. If still tied, the results against the next highest placed team (or teams, if tied) shall be used in succession until all results have been considered.



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- F. If still tied, the teams shall shoot penalty shots to determine which team shall be placed higher. Each team shall nominate 5 players and a goalkeeper who will participate in the penalty shoot-out. The team shall shoot 5 penalty shots at the goal of the other team, alternating shots. If a tie exists after each team has taken 5 shots, then teams shall take sets of alternate shots until one team scores and the other does not. The procedure shall be conducted following the final game of the round or at the first practical opportunity.
 - G. If there is more than one tie in a group, the highest placed tie shall be determined first.
 - H. If it is the situation where there is more than one tie in a group and it is not possible to determine the highest placed team then all results within the group shall be used to determine the highest placed team.
- 11. In the Ranking stage, a penalty shoot-out (PSO) will be conducted in case of a draw match.
 - If a PSO has to determine the outcome of a game, the game will follow the procedure and protocols in Appendix 6, World Aquatics Water Polo Rules.
 - 12. Referee may call a turnover if the attacking team has no intention to attack.
 - 13. In case of exclusions, the excluded player shall stay in the exclusion area for 18 seconds, and return to the match.
 - 14. In case of a team not showing up after 5 minutes of the official starting time of the match, the result of the match shall be 5-0, with the present team being the winner.
 - 15. Teams can get into the pool 30 mins before their game do the warm-up. Teams should not enter the pool if they are not playing the current match or having the warm-up for the next match.