

# HONG KONG CHINA SWIMMING ASSOCIATION

To : Affiliated clubs

21 July, 2025

## **HKGSA Swimming Teacher's Certificate Courses 2025-2026**

Three HKGSA Swimming Teacher's Certificate Courses are now open for application. Ten ( 10 ) classroom lecture sessions and Five ( 5 ) practical water sessions of 2 hours each will be conducted at the \*OH and \*HKSI. Class A will start from 7 December 2025 until 4 January 2026, Class B will start from 18 January 2026 until 22 February 2026 and Class C will start from 8 March 2026 until 5 April 2026. Timetables of the sessions are enclosed for your reference. It is subject to change depending on venue availability. **Please note language used is Chinese.**

Those who are interested must submit their applications **IN PERSON** to the HKGSA office at Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon (telephone number - 25728594) no later than **5:00 p.m. on 5 September 2025 ( Friday )** . All applicants must take the **water test** at \*HKSI swimming pool, Shatin on **26 October 2025 ( Sunday ) at 10:00 a.m.**

Pre-requisite qualification as stipulated in the course Common Syllabus are as follows: -

- 1) Age 18 or over. (Age is calculated as of 5 September 2025)
- 2) Equivalent to Hong Kong Education standard F.3 or above.
  - 2.1) Applicants who do not possess the formal qualifications required but are age 35 or above may be granted exemption from the general admission requirements provided that:
    - 2.1.1) They are able to show by acceptable evidence that they have relevant working experience in the sports for 10 years or more; and
    - 2.1.2) Being recommended to attend the course by the Hong Kong Swimming Coaches Association.
- 3) Able to swim 100m Individual Medley.

Applicants must provide a current **PASSPORT PHOTO, ORIGINAL** and **PHOTOCOPIES** of the required documents along with the application form i.e. original and copy of HKID card; original and copy of school certificate.

Swimming ability demonstrated in the water test will be a weighted factor in accepting your application to the certificate course. Priority of acceptance will be given to those who are holders of HKGSA Swimming Officials Certificate and those with signed recommendation from HKGSA affiliated clubs who are actively engaged in HKGSA's activities.

A crossed cheque of **HK\$ 300** for Registration and Test fee made payable to "HKGSA" must be submitted to HKGSA office together with application form and requested documents. Upon successful application to the course, the Course fee (includes a copy of the course Common Syllabus) of **HK\$ 6000** shall be paid by crossed cheque made payable to the "HKGSA". **FEES PAID ARE NOT REFUNDABLE IN ANY CASE.**

The Swimming Teacher's Certificate will be issued after completion of the course ( 80% attendance or above is required ) and successful completion of the written examination.

Note: The course syllabus is subject to change with or without prior notice.

\*HKSI(POOL) – Hong Kong Sports Institute, Shatin, New Territories.

\*OH – Lecture Theatre, 2<sup>nd</sup> floor, Olympic House, No. 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong.

Education Program

c.c. President / Hon. Secretary / Hon. Treasurer / Asst. Hon. Secretaries

**HKGSA SWIMMING TEACHER'S CERTIFICATE COURSE 2025-2026**

**APPLICATION FORM**

NAME : ( ENGLISH ) \_\_\_\_\_ ( CHINESE ) \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ AGE : \_\_\_\_ SEX : \_\_\_\_ HK I.D. CARD NO. \_\_\_\_\_

ADDRESS : ( IN ENGLISH ) \_\_\_\_\_

\_\_\_\_\_

( IN CHINESE ) \_\_\_\_\_

CONTACT TEL : \_\_\_\_\_ E MAIL: \_\_\_\_\_

EMERGENCY PERSON: \_\_\_\_\_ EMERGENCY CONTACT: \_\_\_\_\_

EDUCATION : \_\_\_\_\_

ANY CERTIFICATE ISSUED BY HKGSA OR OTHER ORGANISATION : ( copy required )

TEACHING / COACHING EXPERIENCE IN SWIMMING IF ANY : ( with date and period )

PLEASE INDICATE YOUR PREFERENCE OF CLASS A or B or C. THE FINAL DECISION FOR CLASS ASSIGNMENT IS AT THE TOTAL DISCRETION OF HKGSA. (  CLASS A /  CLASS B /  CLASS C /  ANY CLASS OF A , B OR C )

SWIMMING CLUB'S RECOMMENDATION LETTER :

( Reasons to support the applicant to this course )

Club Head's signature : \_\_\_\_\_ Club chop : \_\_\_\_\_ Date : \_\_\_\_\_

Name in block : \_\_\_\_\_

**HKGSA SWIMMING TEACHER'S CERTIFICATE COURSE 2025-2026**

DATE	TIME	VENUE	CONTENT	LECTURER
26/10/2025 (Sun)	10:00	HKSI (52m) Pool	Water Test	YKT

**CLASS A**

DATE	TIME	VENUE	CONTENT	LECTURER
07/12/2025 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Freestyle)	FM
	10:30-12:30	OH (Lecture Theatre)	Lecture (Mechanics)	AYSL
	15:00-17:00	HKSI (25m Pool)	Practical (Freestyle)	FM
14/12/2025 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Breaststroke)	FM
	10:30-12:30	OH (Lecture Theatre)	Lecture (Physiology)	YWP
	15:00-17:00	HKSI (25m Pool)	Practical (Breaststroke)	FM
21/12/2025 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Butterfly)	FWT
	10:30-12:30	OH (Lecture Theatre)	Lecture (Management)	FY
	15:00-17:00	HKSI (25m Pool)	Practical (Butterfly)	FWT
28/12/2025 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Backstroke)	FWT
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
	15:00-17:00	HKSI (25m Pool)	Practical (Backstroke)	FWT
04/01/2026 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Swimming Rules)	STPH
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
	15:00-17:00	HKSI (25m Pool)	Practical (Water Safety)	FY
08/01/2026 (Thur)	19:00-21:00	OH (Lecture Theatre)	Examination	YKT

**CLASS B**

DATE	TIME	VENUE	CONTENT	LECTURER
18/01/2026 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Freestyle)	FM
	10:30-12:30	OH (Lecture Theatre)	Lecture (Mechanics)	AYSL
	15:00-17:00	HKSI (25m Pool)	Practical (Freestyle)	FM
25/01/2026 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Breaststroke)	FM
	10:30-12:30	OH (Lecture Theatre)	Lecture (Physiology)	YWP
	15:00-17:00	HKSI (25m Pool)	Practical (Breaststroke)	FM
01/02/2026 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Butterfly)	FWT
	10:30-12:30	OH (Lecture Theatre)	Lecture (Management)	FY
	15:00-17:00	HKSI (25m Pool)	Practical (Butterfly)	FWT
15/02/2026 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Backstroke)	FWT
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
	15:00-17:00	HKSI (25m Pool)	Practical (Backstroke)	FWT
22/02/2026 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Swimming Rules)	STPH
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
	15:00-17:00	HKSI (25m Pool)	Practical (Water Safety)	FY
26/02/2026 (Thur)	19:00-21:00	OH (Lecture Theatre)	Examination	YKT

**CLASS C**

DATE	TIME	VENUE	CONTENT	LECTURER
08/03/2026 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Freestyle)	FM
	10:30-12:30	OH (Lecture Theatre)	Lecture (Mechanics)	AYSL
	15:00-17:00	HKSI (25m Pool)	Practical (Freestyle)	FM
15/03/2026 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Breaststroke)	FM
	10:30-12:30	OH (Lecture Theatre)	Lecture (Physiology)	YWP
	15:00-17:00	HKSI (25m Pool)	Practical (Breaststroke)	FM
22/03/2026 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Butterfly)	FWT
	10:30-12:30	OH (Lecture Theatre)	Lecture (Management)	FY
	15:00-17:00	HKSI (25m Pool)	Practical (Butterfly)	FWT
29/03/2026 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Backstroke)	FWT
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
	15:00-17:00	HKSI (25m Pool)	Practical (Backstroke)	FWT
05/04/2026 (Sun)	08:30-10:30	OH (Lecture Theatre)	Lecture (Swimming Rules)	STPH
	10:30-12:30	OH (Lecture Theatre)	Lecture (Teaching Method)	FY
	15:00-17:00	HKSI (25m Pool)	Practical (Water Safety)	FY
09/04/2026 (Thur)	19:00-21:00	OH (Lecture Theatre)	Examination	YKT

Please bring your own swimming cap, kickboard and pullbuoy during the practical session. 自備游泳用具(泳帽, 浮板及夾腳浮泡)

OH – Olympic House, Stadium Path, 1, So Kon Po, Causeway Bay, Hong Kong. 香港銅鑼灣掃桿埔奧運大樓(政府大球場隔鄰)

HKSI (52m / 25m Pool) – Hong Kong Sports Institute, Shatin, New Territories. 香港沙田體育學院