

2025 – 2026 AGE GROUP LONG COURSE SWIMMING COMPETITION – DIVISION III (PART 3A,B)

2025 – 2026 第三組長池分齡游泳比賽第三節

Part 3A Date: 26 July 2025 (Saturday)

Venue: Kwun Tong Swimming Pool 觀塘游泳池

Part 3A Morning Warm Up: 0800 - 0845 hours

Morning Session First Event: 0900 hours

Part 3A Afternoon Warm Up 1300 - 1345 hours

Afternoon Session First Event: 1400 hours

Part 3B Date: 26 July 2025 (Saturday)

Venue: Sun Yat Sen Memorial Park Swimming Pool 中山紀念

Part 3B Morning Warm Up: 0830 - 0915 hours

Morning Session First Event: 0930 hours

Part 3B Afternoon Warm Up 1300 - 1345 hours

Afternoon Session First Event: 1400 hours

GIRLS 女					BOYS 男	
1	13 & 14 YRS	100M	BUTTERFLY	蝶泳	2	
3	15 - 17 YRS	100M	BUTTERFLY	蝶泳	4	
5	13 & 14 YRS	50M	FREESTYLE	自由泳	6	
7	15 - 17 YRS	50M	FREESTYLE	自由泳	8	
9	8 YRS & UNDER	50M	FREESTYLE	自由泳	10	
11	13 & 14 YRS	100M	BACKSTROKE	背泳	12	
13	15 - 17 YRS	100M	BACKSTROKE	背泳	14	
15	8 YRS & UNDER	100M	BACKSTROKE	背泳	16	
午膳時間 Lunch Break						
17	11 & 12 YRS	100M	BUTTERFLY	蝶泳	18	
19	9 & 10 YRS	100M	BUTTERFLY	蝶泳	20	
21	11 & 12 YRS	50M	FREESTYLE	自由泳	22	
23	9 & 10 YRS	50M	FREESTYLE	自由泳	24	
25	11 & 12 YRS	100M	BACKSTROKE	背泳	26	
27	9 & 10 YRS	100M	BACKSTROKE	背泳	28	

截止註冊日期 CLOSING DATE FOR REGISTRATION: **13 June 2025 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **4 July 2025 (1700 hours)**