

2025 – 2026 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION III (PART 1)**2025 – 2026 第三組短池分齡游泳比賽第一節**

Date: 20 December 2025 (Saturday) **Venue:** Shing Mun Valley Swimming Pool 城門谷游泳池
Morning Warm up: No Warm up session 不設熱身 **Morning Session First Event:** 0900 hours
Afternoon Warm Up: No Warm up session 不設熱身 **Afternoon Session First Event:** 1400 hours

GIRLS 女				BOYS 男	
1	13 & 14 YRS	50M	BREASTSTROKE	蛙泳	2
3	15 - 17 YRS	50M	BREASTSTROKE	蛙泳	4
5	8 YRS & UNDER	50M	BREASTSTROKE	蛙泳	6
7	13 & 14 YRS	100M	BACKSTROKE	背泳	8
9	15 - 17 YRS	100M	BACKSTROKE	背泳	10
11	8 YRS & UNDER	100M	BACKSTROKE	背泳	12
13	13 & 14 YRS	50M	BUTTERFLY	蝶泳	14
15	15 - 17 YRS	50M	BUTTERFLY	蝶泳	16
17	8 YRS & UNDER	50M	BUTTERFLY	蝶泳	18
BREAK 休息					
19	9 & 10 YRS	50M	BREASTSTROKE	蛙泳	20
21	11 & 12 YRS	50M	BREASTSTROKE	蛙泳	22
23	9 & 10 YRS	100M	BACKSTROKE	背泳	24
25	11 & 12 YRS	100M	BACKSTROKE	背泳	26
27	9 & 10 YRS	50M	BUTTERFLY	蝶泳	28
29	11 & 12 YRS	50M	BUTTERFLY	蝶泳	30

截止註冊日期 CLOSING DATE FOR REGISTRATION: **7 November 2025 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES: **28 November 2025 (1700 hours)**

泳員可於早上9點正開始使用非比賽池，直至比賽結束，非比賽池不准跳水。
 Non-competition pool will be opened for warm-down starting from 9 a.m. until the end of competition. No diving at non-competition pool.