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# Programme

## 比賽賽程



### **HONG KONG CHINA SWIMMING ASSOCIATION**

(MEMBER OF WORLD AQUATICS)

(AFFILIATED TO THE SPORTS FEDERATION AND

OLYMPIC COMMITTEE OF HONG KONG, CHINA)

**69th Festival of Sport - Long Course Swimming Time Trial**

**第 69 屆體育節 - 長池游泳計時賽**

**11-12 April 2026 (Sat-Sun)**

二零二六年四月十一至十二日(星期六至日)

**Hong Kong Sports Institute Swimming Pool**

**Address: Hong Kong Sports Institute, 25 Yuen Wo Road, Sha Tin, N.T.,  
Hong Kong**

香港體育學院游泳池

地址：香港新界沙田源禾路 25 號

**Sport for All 全民運動**

## 69th Festival of Sport - Long Course Swimming Time Trial

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 100 Freestyle	39
2	Women 200 Freestyle	40
3	Men 50 Breaststroke	51
4	Women 100 Breaststroke	38
5	Men 400 IM	30
6	Women 100 Butterfly	32
7	Men 100 Backstroke	40
8	Women 50 Backstroke	48
9	Men 200 Butterfly	23
10	Women 200 IM	25
11	Men 400 Freestyle	43
12	Women 50 Freestyle	43
13	Men 200 Breaststroke	40
14	Women 800 Freestyle	21
15	Men 50 Butterfly	46
16	Women 200 Backstroke	28
17	Men 800 Freestyle	45
18	Women 1500 Freestyle	16
19	Men 200 Freestyle	50
20	Women 100 Freestyle	39
21	Men 100 Breaststroke	47
22	Women 50 Breaststroke	41
23	Men 100 Butterfly	34
24	Women 400 IM	12
25	Men 50 Backstroke	38
26	Women 100 Backstroke	48
27	Men 200 IM	39
28	Women 200 Butterfly	12
29	Men 50 Freestyle	57
30	Women 400 Freestyle	32
31	Men 1500 Freestyle	43
32	Women 200 Breaststroke	37
33	Men 200 Backstroke	36
34	Women 50 Butterfly	40
<b>Total</b>		<b>1253</b>

Entry information by Day		
Day / Session	No. of Entries	Total
<b>Day1</b>	<b>632</b>	<b>1253</b>
<b>Day2</b>	<b>621</b>	

**69<sup>th</sup> Festival of Sport - Long Course Swimming Time Trial**  
**第69屆體育節 - 長池游泳計時賽**

**EVENT LIST**

**Venue:** 香港體育學院 HKSI

**Date:** 11-12 April 2026 (Sat - Sun)

**AM Warmup:** 0800 - 0845 hours

**Start:** 0900 hours

**PM Warmup:** 1430 - 1515 hours

**Start:** 1530 hours

**Day 1**

Women	QT	Event		QT	Men	
			100M	Freestyle	00:55.38	1
2	02:19.97	Freestyle	200M			
			50M	Breaststroke	00:32.66	3
4	01:23.48	Breaststroke	100M			
			400M	Ind. Medley	05:19.19	5
6	01:13.26	Butterfly	100M			
			100M	Backstroke	01:07.39	7
8	00:33.77	Backstroke	50M			
			200M	Butterfly	02:25.98	9
10	02:38.84	Ind. Medley	200M			
			400M	Freestyle	04:34.03	11
12	00:28.83	Freestyle	50M			
			200M	Breaststroke	02:41.90	13
14	09:50.29	Freestyle	800M			
			50M	Butterfly	00:28.10	15
16	02:37.67	Backstroke	200M			
			800	Freestyle	09:30.00	17

**Day 2**

Women	QT	Event		QT	Men	
18	19:20.00	Freestyle	1500			
			200M	Freestyle	02:08.25	19
20	01:02.90	Freestyle	100M			
			100M	Breaststroke	01:11.64	21
22	00:37.66	Breaststroke	50M			
			100M	Butterfly	01:04.75	23
24	05:38.68	Ind. Medley	400M			
			50M	Backstroke	00:30.58	25
26	01:15.80	Backstroke	100M			
			200M	Ind. Medley	02:24.55	27
28	02:31.17	Butterfly	200M			
			50M	Freestyle	00:25.97	29
30	04:52.07	Freestyle	400M			
			1500M	Freestyle	18:20.31	31
32	03:02.68	Breaststroke	200M			
			200M	Backstroke	02:28.79	33
34	00:32.16	Butterfly	50M			

截止註冊日期 CLOSING DATE FOR REGISTRATION:

**27 February 2026 (1700 hours)**

截止報名日期 CLOSING DATE FOR ENTRIES:

**20 March 2026 (1700 hours)**

第69屆體育節 - 長池游泳計時賽為世界泳聯認可之2026年北京世界泳聯短池游泳錦標賽— 游泳項目本地達標賽。

**69<sup>th</sup> Festival of Sport - Long Course Swimming Time Trial is one of the Local Qualifying meets of World Aquatics Swimming Championships (25m) – Beijing 2026 – Swimming Events sanctioned by World Aquatics.**

# 第 69 屆體育節 - 長池游泳計時賽

## 比賽章程

日期	<b>第一日 11/4/2026 (星期六)</b> 熱身時間: 0800-0845 比賽開始: 0900 熱身時間: 1430 - 1515 比賽開始: 1530	<b>第二日 12/4/2026 (星期日)</b> 熱身時間: 0800-0845 比賽開始: 0900 熱身時間: 1430-1515 比賽開始: 1530
主辦機構	中國香港體育協會暨奧林匹克委員會	
協辦機構	中國香港游泳總會	
資助機構	康樂及文化事務署	
地點	香港體育學院游泳池	
報名條件	<ul style="list-style-type: none"> <li>❖ 所有參賽者必須為中國香港游泳總會正式註冊的 2026-2027 年度(SW 組別)泳員。</li> <li>❖ 錦標賽參賽資格規則適用。</li> <li>❖ 泳員須達到標準時間方可參加比賽。</li> <li>❖ 首次報名參與體育節長池游泳計程賽而未能提交本會舉辦或認可游泳賽事的成績證明，必須以該項的達標時間報名。</li> </ul>	
報名/棄權	<ul style="list-style-type: none"> <li>❖ 每名泳員可參加不多於六個個人項目。</li> <li>❖ 每項報名費為港幣\$15 元正。</li> <li>❖ 所有以達標時間("QT") 報名的項目一律為港幣\$15+港幣\$50, 即港幣\$65 元正。</li> <li>❖ 不正確及未達標泳員的報名資料，將不獲受理，報名費概不發還。</li> <li>❖ 截止後的報名將不獲受理。</li> <li>❖ 13 歲或以上的泳員方可參加 800 米及 1500 自由泳項目。</li> <li>❖ 所有初賽棄權須於<b>比賽首天前一天(工作天)中午十二時正前遞交</b>。</li> <li>❖ 決賽棄權須於<b>每項初賽成績</b>公佈後三十分鐘內遞交。</li> <li>❖ 合資格進入下午決賽的第九及第十名後備泳員如欲棄權，<b>必需遞交棄權表格</b>。</li> </ul>	
截止註冊	二零二六年二月二十七日 (星期五) (1700 小時)	
截止報名	二零二六年三月二十日 (星期五) (1700 小時)	
項目及參賽標準	請參閱項目表 (附達標時間)。	
形式	初賽 (上午) 及決賽 (下午) 。	
規則	<ul style="list-style-type: none"> <li>❖ 如泳員在比賽前或比賽後被發現參加多於指定數量，本會將取消該泳員最後一項的項目成績。</li> <li>❖ 八個或少於八個泳員報名的項目於下午舉行。</li> <li>❖ 合資格進入下午決賽的第九及第十名後備泳員須於下午決賽前到召集處報到。</li> <li>❖ 未能達到參賽標準之泳員將不能參加決賽。</li> <li>❖ 800 米及 1500 米自由泳項目以時間定名次，報名時間最快的首八名泳員將安排於下午作賽，其餘泳員則於上午作賽。</li> <li>❖ 泳員申請分段時間紀錄須於每節開賽前 30 分鐘遞交申請表連同<b>港幣\$300 元正</b>予總裁判。任何情況下，所繳費用概不發還。</li> <li>❖ 不達標項目的每項罰款為港幣\$120 元正。</li> <li>❖ 每項初賽「缺席」的罰款為港幣\$120 元正。</li> <li>❖ <b>每項決賽「缺席」的罰款為港幣\$1000 元正。</b></li> <li>❖ 比賽將採用世界泳聯及本會規則。</li> </ul>	
獎項及計分方法	<ul style="list-style-type: none"> <li>❖ 個人項目首三名將獲發獎牌。未能達到參賽標準之泳員將不獲發獎牌。</li> <li>❖ <b>挑戰盃男子/女子個人總冠軍:</b> 頒發給在 2026 年香港長池得分表中達到最高分 (計至小數後兩個位) 的泳員。 (如得分相同，優勝將以下一個最高得分的參賽項目來定奪)</li> <li>❖ 破香港紀錄的本地泳員獲頒發特別獎，並需進行藥物檢驗。</li> </ul>	

<p>上訴</p>	<ul style="list-style-type: none"> <li>❖ 任何上訴須以書面提出，並須在該項目比賽後三十分鐘內，連同上訴費<b>港幣\$300元正</b>遞交予總裁判。</li> <li>❖ 若上訴被駁回，已繳費用概不發還。</li> </ul>
<p>運動禁藥管制</p>	<ul style="list-style-type: none"> <li>❖ 比賽大會設有運動禁藥檢測。大會有權挑選任何參賽運動員接受藥檢。被挑選運動員須在監察下提供尿液樣本。拒絕提供樣本或檢測結果呈陽性均屬違反運動禁藥規條，處分可包括： <ol style="list-style-type: none"> <li>1. 取消比賽成績</li> <li>2. 停賽 停賽期間不可以用任何身份(包括作為出賽運動員、教練、領隊、裁判等)參與比賽及體育活動</li> <li>3. 罰款港幣<b>\$20,000</b></li> <li>4. 身份及違例詳情被公佈</li> <li>5. 其他適用處分</li> </ol> </li> <li>❖ 參賽運動員應細閱並了解在中國香港運動禁藥管制機構有限公司官方網頁 (<a href="http://www.antidoping.hk">www.antidoping.hk</a>)中的運動禁藥規條及資訊。 根據嚴格責任原則，運動員須對存在於其體內的任何物質負責，「不知情」並不可用作陽性個案的抗辯理由。</li> </ul>
<p>第 69 屆體育節 - 長池游泳計時賽為世界泳聯認可之 2026 年北京世界泳聯短池游泳錦標賽 - 游泳項目本地達標賽。</p>	

# 69<sup>th</sup> Festival of Sport - Long Course Swimming Time Trial

## Rules & Regulations

<b>Date</b>	<p><u>Day 1 11/4/2026 (Sat)</u>          Warm Up: 0800-0845          Start: 0900          Warm Up: 1430-1515          Start: 1530</p> <p><u>Day 2 12/4/2026 (Sun)</u>          Warm Up: 0800-0845          Start: 0900          Warm Up: 1430-1515          Start: 1530</p>
<b>Organizer</b>	Sports Federation & Olympic Committee of Hong Kong, China (SF&OC)
<b>Co-organizer</b>	Hong Kong China Swimming Association
<b>Subvented By</b>	Leisure and Cultural Services Department
<b>Venue</b>	HKSI Swimming Pool
<b>Entry Conditions</b>	<ul style="list-style-type: none"> <li>❖ All competitors must be 2026/27 registered swimmers (SW) of HKGSA.</li> <li>❖ Championship Eligibility rule applies.</li> <li>❖ Swimmers should reach the qualifying standard.</li> <li>❖ For all new entries for any event entered with no proven result, Qualify time for individual event shall be used as entry time.</li> </ul>
<b>Entries/Scratch</b>	<ul style="list-style-type: none"> <li>❖ Each swimmer is limited to no more than 6 individual events.</li> <li>❖ HK\$15.00 per event.</li> <li>❖ *HK\$ 15 + HK\$50 = HK\$ 65 For each Qualify time ("QT") entry</li> <li>❖ Entries must be submitted with HKGSA master entry forms &amp; fees. Incorrect information or not qualified swimmers will be rejected and fees paid will not be refunded.</li> <li>❖ Late entries will not be accepted.</li> <li>❖ Swimmers who enroll in 800m and 1500m freestyle must be age 13 or above.</li> <li>❖ Scratch for heats must be submitted <b>one working day before the first event day at 1200 noon.</b></li> <li>❖ Scratch for finals must be submitted within 30 minutes following the announcement of the prelim result.</li> <li>❖ Scratch for reserve swimmers in the final list (9<sup>th</sup> &amp; 10<sup>th</sup> place) of respective final events is <b>required.</b></li> </ul>
<b>Closing Date for Registration</b>	27 February 2026 (Fri) (1700 Hours)
<b>Closing Date for Entries</b>	20 March 2026 (Fri) (1700 hours)
<b>Event list and Qualifying Standards</b>	Please refer to event list. (with qualifying standards)
<b>Format</b>	Heat (morning session) and Final (afternoon session).
<b>Rules</b>	<ul style="list-style-type: none"> <li>❖ In case of any swimmer entering number of events in excess of the entry quota, HKGSA will have the sole discretion to scratch or cancel the swimmer's last entry event at any point of time.</li> <li>❖ Events with 8 or less swimmers will proceed to the afternoon session.</li> <li>❖ Reserve swimmers in the final list (9<sup>th</sup> &amp; 10<sup>th</sup> place in the morning session) shall report to the marshalling area.</li> <li>❖ Swimmer not meeting the respective qualifying times will not be allowed to swim in the final.</li> </ul>

	<ul style="list-style-type: none"> <li>❖ Time Final format will be applied to 800M/1500M events, slow heats will be in the morning while the fastest heat will take place in the afternoon session.</li> <li>❖ Application for Split Time Record: swimmers who apply for split time record should submit application form with application fee of <b>HK\$300</b> to the Referee 30 minutes before the start of each session.</li> <li>❖ A fine of \$120 will be charged for each "not qualified".</li> <li>❖ A fine of \$120 will be charged for each "no show" of Preliminary.</li> <li>❖ <b>A fine of \$1000 will be charged for each "no show" of Final.</b></li> <li>❖ World Aquatics &amp; HKGSA Rules will apply.</li> </ul>
<b>Awards</b>	<ul style="list-style-type: none"> <li>❖ Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places. Medals will not be awarded to swimmers failed to achieve the respective qualifying times.</li> <li>❖ <u>Challenge Cup for Outstanding Male / Female Swimmer</u>: presented to male / female who achieve the highest HK LC point score 2026 (calculated to 2 decimal places) in individual event. (In case of a tie, winner will be determined by the swimmers' second highest scored event obtained.)</li> <li>❖ Special awards will be presented to swimmers who break Hong Kong Records and doping test will be requested.</li> </ul>
<b>Protest</b>	<ul style="list-style-type: none"> <li>❖ Any protest shall be made in writing to the Referee within 30 minutes following the result announcement of the respective event with an <b>appeal fee of HK\$300</b>.</li> <li>❖ If the protest is rejected, fee paid will be forfeited.</li> </ul>
<b>Anti -Doping Test</b>	<ul style="list-style-type: none"> <li>❖ Random Doping tests will be conducted by HKGSA at this event. Any participating athletes could be selected for doping tests and be requested to provide urine sample under witness. Sanctions for Anti-Doping Rules violation, such as refusal to providing sample or returning of positive test results, may include: <ol style="list-style-type: none"> <li>1. Disqualification of results achieved at the event</li> <li>2. Ineligibility in sport During the period of ineligibility, the individual is not allowed to participate in any capacity (including but not limited to competing athlete, coach, team official, judge etc.) in competitions or other sporting activities.</li> <li>3. Financial sanction of HK\$20,000</li> <li>4. Public disclosure of athlete's identity and details of the violation</li> <li>5. Any other applicable sanctions.</li> </ol> </li> <li>❖ Athletes should read and understand the anti-doping regulations and information available on the official webpage of Anti-Doping Organization of Hong Kong, China Limited (<a href="http://www.antidoping.hk">www.antidoping.hk</a>). According to the Strict Liability Principle, athlete is responsible for what could be found in his/her body. Ignorance could not be used as an excuse for a positive test.</li> </ul>
<p><b>69<sup>th</sup> Festival of Sport - Long Course Swimming Time Trial is one of the Local Qualifying meets of World Aquatics Swimming Championships (25m) – Beijing 2026 – Swimming Events sanctioned by World Aquatics.</b></p>	



**Qualifying Time Standards (50m)**

Women			Men	
B (+3.5% of A)	A		A	B (+3.5% of A)
25.73	24.86	50 Freestyle	22.05	22.82
56.15	54.25	100 Freestyle	48.34	50.03
2:02.37	1:58.23	200 Freestyle	1:46.70	1:50.43
4:18.99	4:10.23	400 Freestyle	3:48.15	3:56.14
8:52.63	8:34.62	800 Freestyle	7:48.66	8:05.06
16:59.02	16:24.56	1500 Freestyle	15:01.89	15:33.46
29.21	28.22	50 Backstroke	25.11	25.99
1:02.58	1:00.46	100 Backstroke	53.94	55.83
2:15.67	2:11.08	200 Backstroke	1:58.07	2:02.20
31.83	30.75	50 Breaststroke	27.33	28.29
1:09.21	1:06.87	100 Breaststroke	59.75	1:01.84
2:31.02	2:25.91	200 Breaststroke	2:10.32	2:14.88
27.15	26.23	50 Butterfly	23.36	24.18
1:00.37	58.33	100 Butterfly	51.77	53.58
2:13.73	2:09.21	200 Butterfly	1:56.51	2:00.59
2:17.48	2:12.83	200 Individual Medley	1:59.05	2:03.22
4:52.97	4:43.06	400 Individual Medley	4:17.48	4:26.49

**Qualifying competitions**

World Aquatics-approved qualification events for the World Aquatics Swimming Championships (25m) – Beijing 2026 can be found on the World Aquatics website ([LINK](#)).

# HONG KONG SWIMMING RECORDS

Listed Date: 10<sup>th</sup> April 2026

## HONG KONG LONG COURSE RECORDS

### MEN'S EVENTS

50 Free	21.71 HO Ian Yentou, SCA	15 <sup>th</sup> National Games of the People's Republic of China, Nov 10-17, 2025
100 Free	49.15 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 2, May. 29-30, 2021
200 Free	1:47.46 CHEUK Ming Ho, CPS	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
400 Free	3:50.53 CHEUK Ming Ho, CPS	64 <sup>th</sup> Festival of Sport LC Time Trial II, Apr 18, 2021
800 Free	8:03.41 CHEUK Ming Ho, CPS	Hong Kong National Olympic Time Trial, Mar 21, 2021
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 <sup>th</sup> Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.00 LAU Shiu Yue, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
100 Back	55.51 KWAN Hayden, PSC	2025 FISU World University Games Summer – Rhine-Ruhr, Jul. 17-26, 2025
200 Back	2:00.22 KWAN Hayden, PSC	2024 Tyr Pro Swim Series, San Antonio, TX, Apr 10-13, 2024
*50 Breast	27.63 TSUI Yik Ki, PSC	Thailand Age Group Swimming Championships 2026 Apr 3-8, 2026
100 Breast	1:00.37 CHEUNG Chi Kit Nicholas, WTS	61st MILO/MAS Malaysia Invitational Age Grp, Feb 5-8, 2026
200 Breast	2:09.93 MAK Sai Ting Adam, HTA	15 <sup>th</sup> National Games of the People's Republic of China, Nov 10-17, 2025
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	53.36 HO Ian Yentou, SCA	HK Age Group LC SW Champ 2025-26, Oct 31 – Nov 2, 2025
200 Fly	2:00.43 LIM Nicholas Owen Zhaoguang, LRC	62 <sup>nd</sup> FOS – LC Time Trial, April 13-14, 2019
200 IM	2:01.37 TO Kenneth King Him, LWS	29 <sup>th</sup> Summer Universiade, Aug 19-30, 2017
400 IM	4:26.54 WHITTINGTON, Peter Harry, DLS	Thailand Age Group Swimming Championships 2023, Apr 6-11, 2023
4x100 MR	3:41.71 Hong Kong Team KWAN Hayden, CHEUNG Chi Kit Nicholas, NG Cheuk Yin, HO Siu Lun 55.81 1:56.66 2:51.08	2025 FISU World University Games Summer – Rhine-Ruhr, Jul. 17-26, 2025
4x100 FR	3:21.22 Hong Kong Team LUM Ching Tat, NG Chun Nam Derick, CHEUNG Kin Tat Kent, WONG Kai Wai David 50.88 1:40.70 2:31.65	5 <sup>th</sup> East Asian Games, Dec 8, 2009
4x200 FR	7:27.16 Hong Kong Team CHEUNG Kin Tat Kent, NG Chun Nam Derick, LUM Ching Tat, WONG Kai Wai David 1:52.46 3:43.70 5:35.08	5 <sup>th</sup> East Asian Games, Dec 6, 2009

\*: Pending for Swimming Committee's Ratification    ^Asian Record    #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 10<sup>th</sup> April 2026

## HONG KONG LONG COURSE RECORDS

### WOMEN'S EVENTS

50 Free	24.30 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Budapest, Oct 20-22, 2023
<sup>A</sup> 100 Free	52.02 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Berlin, Oct 6-8, 2023
<sup>A</sup> 200 Free	1:53.92 HAUGHEY Siobhan Bernadette, SCA	Tokyo 2020 Olympic Games, July 23 – August 8, 2021
400 Free	4:05.30 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Berlin, Oct 6-8, 2023
800 Free	8:39.93 HAUGHEY Siobhan Bernadette, SCA	Paris 2024 OG – Hong Kong LC Swimming Invitational Trial I, May 11-12, 2024
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	27.98 AU Hoi Shun Stephanie, DWA	Mare Nostrum 2019 – Monaco, Jun 8-9, 2019
100 Back	1:00.22 AU Hoi Shun Stephanie, DWA	FINA Swimming World Cup – Singapore, Aug 15-17, 2019
200 Back	2:09.33 LAU Yin Yan Claudia, DLS	Div.1 AG LC Swim Comp. Part 3, Jul. 2-3, 2016
50 Breast	30.36 HAUGHEY Siobhan Bernadette, SCA	19 <sup>th</sup> Asian Games, Hangzhou 2022, Sep 24-29, 2023
100 Breast	1:05.92 HAUGHEY Siobhan Bernadette, SCA	World Aquatics Swimming World Cup – Athens, Oct 13-15, 2023
200 Breast	2:27.96 KONG Yvette Man Yi, SCA	World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024
50 Fly	26.55 TAM Hoi Lam, CUC	Edinburgh International Swim Meet, Mar 11-13, 2016
100 Fly	58.12 HAUGHEY Siobhan Bernadette, SCA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
200 Fly	2:10.63 YEUNG Hoi Ching, TPS	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
200 IM	2:12.10 HAUGHEY Siobhan Bernadette, SCA	HK Open Swimming Champ 2024, Jul 12-14, 2024
400 IM	4:48.58 CHENG Chloe, PSC	2017 Arena Pro Swim Series - Santa Clara, USA, June 1-4, 2017
4x100 MR	4:01.72 Hong Kong Team AU Hoi Shun Stephanie, HAUGHEY Siobhan Bernadette, KAN Cheuk Tung Natalie, TAM Hoi Lam 1:00.74 2:06.77 3:06.66	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
4x100 FR	3:39.10 Hong Kong Team CHENG Camille Lily Mei, HAUGHEY Siobhan Bernadette, TAM Hoi Lam, AU Hoi Shun Stephanie 56.11 1:48.03 2:43.69	19 <sup>th</sup> Asian Games, Hangzhou 2022, Sep 24-29, 2023
4x200 FR	8:02.42 Hong Kong Team CHENG Chloe, HAUGHEY Siobhan Bernadette, CHENG Camille Lily Mei, AU Hoi Shun Stephanie 2:03.19 3:57.40 5:59.86	19 <sup>th</sup> Asian Games, Hangzhou 2022, Sep 24-29, 2023

\*: Pending for Swimming Committee's Ratification    <sup>A</sup>Asian Record    #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 10<sup>th</sup> April 2026

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## HONG KONG LONG COURSE RECORDS

### MIXED'S EVENTS

4x100 FR 3:31.13 Hong Kong Team World Aquatics Championships – Doha 2024, Feb 11 – 18, 2024  
LAU Shiu Yue, HO Ian Yentou, CHENG Camille Lily Mei, TAM Hoi Lam  
52.24 1:40.90 2:35.61

4x100 MR 3:50.22 Hong Kong Team 18<sup>th</sup> Asian Games, Jakarta- Palembang , Aug 19-24 , 2018  
AU Hoi Shun Stephanie, TO Kenneth King Him, LIM Nicholas Owen Zhaoguang, CHENG Camille Lily Mei  
1:00.52 2:01.15 2:54.90

# HONG KONG SWIMMING RECORDS

Listed Date: 10<sup>th</sup> April 2026

## HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

### MEN'S EVENTS

50 Free	23.65	NG Chun Nam Derick, WTS	Australian Age Swim. Champ., Apr 07,2010
100 Free	51.24	NG Chun Nam Derick, WTS	HK Age Group LC SW Championships 2009-10, Oct. 24,2009
200 Free	1:52.59	Cheuk Ming Ho, CPS	17 <sup>th</sup> ISF Gymnasiade - Swimming, May 2-9 2018
400 Free	3:57.77	CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
800 Free	8:18.64	Wang Yi Shun, CPS	Hong Kong Open Swimming Championships 2023, Aug 18-20, 2023
1500 Free	16:00.66	CHEUK, Ming Ho, CPS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
50 Back	26.81	NG Cheuk Yin TPS	Div. 1 AG LC Swim Comp. Part 3, Feb. 10-11, 2018
100 Back	57.73	HO Siu Lun, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
200 Back	2:06.34	CHEUNG Yung, WDA	HK Open Swimming Champ 2025, Aug. 15-17,2025
50 Breast	28.83	TSUI Yik Ki, PSC	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
100 Breast	1:03.01	MAK Sai Ting Adam, HTA	HKSSF Div. 1 Inter-School Swim. Comp, Jul 22, 2022
200 Breast	2:14.41	MAK Sai Ting Adam, HTA	65 <sup>th</sup> Festival of Sport LC Time Trial, Apr 23, 2022
50 Fly	24.74	NG Cheuk Yin, TPS	61 <sup>st</sup> FOS – LC SW Time Trial, Apr 14-15 2018
100 Fly	54.42	NG Chun Nam Derick, WTS	8 <sup>th</sup> Asian Swimming Champ., Nov 25, 2009
200 Fly	2:01.23	LAU Kin Hei James, HTA	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
200 IM	2:05.10	LAU Kin Hei James, HTA	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
400 IM	4:32.42	WHITTINGTON Peter Harry, DLS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
4x100 MR	3:56.66	HTA HAN Pak Kiu, LAU Ka Long, CHUNG Hei Chit, LAU Kin Hei James	HK Open Swimming Champ 2024, Jul 12-14, 2024
4x100 FR	3:36.50	HTA LAU Kin Hei James, CHAN Leong To, CHUNG Hei Chit, HAN Pak Kiu	HK Open Swimming Champ 2024, Jul 12-14, 2024
4x200 FR	7:58.33	Hong Kong Team CHAN Wai Ching Adrian, HAN Pak Kiu, LAM Wai Lok, LAU Chor Tik	59 <sup>th</sup> Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024

\*: Pending for Swimming Committee's Ratification    ^Asian Record    #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 10<sup>th</sup> April 2026

## HONG KONG LONG COURSE JUNIOR RECORDS (Under 16 years)

### WOMEN'S EVENTS

50 Free	25.03 LI Sum Yiu, WDA	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 <sup>th</sup> FINA World Junior Swimming Champ., Aug 26-31, 2013
200 Free	1:59.77 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 <sup>th</sup> East Asian Games, Oct 10-15, 2013
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17, 2007
800 Free	8:50.21 AU Hoi Shun Stephanie, *DW	3 <sup>rd</sup> H.K. Int' Open Swimming Champ, Aug 31, 2007
1500 Free	16:58.79 Anderson Charlotte Kiki, HIS	2014 Scottish Gas National AG Swim Champ, Jun 25-29, 2014
50 Back	29.12 CHAN Tsz Yu Ashley, HTA	68 <sup>th</sup> Festival of Sport LC Time Trial, Apr 12-13, 2025
100 Back	1:02.70 CHAN Tsz Yu Ashley, HTA	61 <sup>st</sup> MILO/MAS Malaysia Invitational Age Grp, Feb 5-8, 2026
200 Back	2:15.96 CHAN Tsz Yu Ashley, HTA	World Aquatics Junior Swimming Championships - Otopeni, Aug 19-24, 2025
50 Breast	31.54 MAN Wui Kiu, CPS	World Aquatics Junior Swimming Championships - Otopeni, Aug 19-24, 2025
100 Breast	1:09.38 MAN Wui Kiu, CPS	68 <sup>th</sup> Festival of Sport LC Time Trial, Apr 12-13, 2025
200 Breast	2:29.94 GAO Jialian Candice, CPS	HK Open Swimming Champ 2025, Aug. 15-17, 2025
50 Fly	27.45 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	1:00.54 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
200 Fly	2:14.06 MOK Sze Ki, HVA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
200 IM	2:13.35 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 <sup>th</sup> East Asian Games, Oct 10-15, 2013
400 IM	4:51.30 HAUGHEY Siobhan Bernadette, SCA	Tianjin 2013 6 <sup>th</sup> East Asian Games, Oct 10-15, 2013
4x100 MR	4:18.29 Hong Kong Team CHAN Tsz Yu Ashley, SO Hei Shun, ZHONG Sin Yiu, SUM Yi Man	61 <sup>st</sup> MILO/MAS Malaysia Invitational Age Grp, Feb 5-8, 2026
4x100 FR	3:51.08 Hong Kong Team LI Sum Yiu, MATHIS Mya Lynn, MAN Wui Kiu, LI Yuqing	11 <sup>th</sup> Asian Age Group Championships, Feb 26-29, 2024
4x200 FR	8:29.95 Hong Kong Team SUM Yi Man, TONG Youjia, CHAN Pui Ka, CHAN Yik Naam	61 <sup>st</sup> MILO/MAS Malaysia Invitational Age Grp, Feb 5-8, 2026

\*: Pending for Swimming Committee's Ratification    ^Asian Record    #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 10<sup>th</sup> April 2026

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## HONG KONG AGE GROUP LONG COURSE RECORDS

### BOYS' 10 & UNDER EVENTS

50 Free	29.13 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
100 Free	1:02.87 RUAN Wan Hang, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5,2017
200 Free	2:14.16 HSIEH Kyrus Shing Hin, TPS	HK Age Group LC SW Champ 2025-26, Oct 31 – Nov 2, 2025
50 Back	31.76 LI Ming Lok, SGC	Div.1 AG LC Swim Comp. Part 3, Sep 6-7, 2025
100 Back	1:08.91 HSIEH Kyrus Shing Hin, TPS	Div.1 AG LC Swim Comp. Part 1, Jun 28-29, 2025
50 Breast	36.43 TAM Ka Ming, HVA	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
100 Breast	1:18.73 TAM Ka Ming, *CY	HKSSF Inter-Area Primary Swim Comp., Nov 29, 2008
50 Fly	30.14 LI Ming Lok, SGC	Div.1 AG LC Swim Comp. Part 3, Sep 6-7, 2025
100 Fly	1:09.82 CHAN Yin Chun, HTA	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
200 IM	2:31.15 HSIEH Kurtis Yi Hon, TPS	Singapore Swim Series I. Jan 12-14, 2024

## HONG KONG AGE GROUP LONG COURSE RECORDS

### GIRLS' 10 & UNDER EVENTS

50 Free	28.50 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 1, May 25, 2008
100 Free	1:02.44 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 2, Jun. 29, 2008
200 Free	2:16.52 LOK Hoi Man, WTS	HK Age Group LC SW Championships 2011-12, Nov. 5,2011
50 Back	33.49 MA Wing Yu, *WA	HK Age Group LC SW Championships 2015-16, Nov. 6-8,2015
100 Back	1:11.95 CHENG Jessica Chloe, TPS	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
50 Breast	35.23 Lam Chelsie, DLS	3 <sup>rd</sup> All Hong Kong Inter-Area Primary Schools Swimming Competition 2018-2019, 8 June, 2019
100 Breast	1:15.44 HO Kang Ni Chloe, HTA	HK Age Group LC SW Championships 2023-24, Oct. 6-7,29,2023
50 Fly	30.56 LEE Si Yao Peony, TPS	2 <sup>nd</sup> All Hong Kong Inter-Area Primary Schools Swimming Competition 2017-2018, 9 June, 2018
100 Fly	1:09.78 LAU Ping Yi Audrey, HTA	Div.1 AG LC Swim Comp. Part 1, May 14-15, 2016
200 IM	2:32.15 HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul. 27, 2008

\*: Pending for Swimming Committee's Ratification    ^Asian Record    #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 10<sup>th</sup> April 2026

## HONG KONG AGE GROUP LONG COURSE RECORDS

### BOYS' 11 – 12 YEARS EVENTS

50 Free	25.59	LI Sing Hoi, WTS	HK Age Group LC SW Championships 2017-18, Nov. 3-5, 2017
100 Free	56.38	SUN Maokun, KCD	All Hong Kong Inter-Area Primary Schools Swimming Competition, Jun 14, 2024
200 Free	2:01.34	SUN Maokun, KCD	Div.1 AG LC Swim Comp. Part 1, Jun. 29-30, 2024
400 Free	4:16.08	Han Pak Kiu, HTA	HK Open Swimming Championships 2022, Aug. 19-21, 2022
800 Free	8:56.44	SUN Mao Kun, KCD	Div.1 AG LC Swim Comp. Part 1, Jun. 29-30, 2024
50 Back	29.28	CHAN Tsz Kwan, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct 18, 2019
100 Back	1:03.24	CHEN Zheng Xuan Jason, HTA	HKSSF Div. 1 Inter-School Swim. Comp., Oct 18, 2024
200 Back	2:16.66	CHEN Zheng Xuan Jason, HTA	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
50 Breast	30.86	TAM Ka Ming, *CY	HKSSF Div. 1 Inter-School Swim. Comp, Oct 14, 2010
100 Breast	1:09.05	LAU Kin Hei James, HTA	HK Open Swimming Championships 2021, Aug. 6-8, 2021
200 Breast	2:30.15	WONG Benson, DLS	HKSSF Div. 1 Inter-School Swim. Comp, 28 Oct, 2015
50 Fly	27.23	CHAN Wai Ching Adrian, WTS	HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
100 Fly	1:00.08	LAU Kin Hei James, HTA	Hong Kong Long Course Swimming Time Trial IV, June 20, 2021
200 Fly	2:13.93	LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021
200 IM	2:15.50	LAU Kin Hei James, HTA	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

## HONG KONG AGE GROUP LONG COURSE RECORDS

### GIRLS' 11 – 12 YEARS EVENTS

50 Free	26.80	HAUGHEY Siobhan Bernadette, SCA	HKSSF Div 1 Inter-School Swim. Comp, Oct 14, 2010
100 Free	57.77	HAUGHEY Siobhan Bernadette, SCA	6 <sup>th</sup> HK Open Swimming Champ., Sep 4, 2010
200 Free	2:06.55	HAUGHEY Siobhan Bernadette, SCA	6 <sup>th</sup> HK Open Swimming Champ., Sep 4, 2010
400 Free	4:26.45	CHAN Jacaranda Yik Naam, HTA	HK Open Swimming Champ 2025, Aug. 15-17, 2025
800 Free	9:17.34	CHAN Jacaranda Yik Naam, HTA	HK Open Swimming Champ 2025, Aug. 15-17, 2025
50 Back	30.39	CHAN Tsz Yu Ashley, HTA	59th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024
100 Back	1:04.98	CHAN Tsz Yu Ashley, HTA	59th Malaysia Invitational AG Swimming Championships 2024, Apr.25 - 28, 2024
200 Back	2:21.61	HO Tin Wing, HTA	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
50 Breast	33.54	GAO Jialian, CPS	HK Age Group LC SW Championships 2024-25, Nov 15-17, 2024
100 Breast	1:12.78	YIP Tsz-wa, DLS	HKSSF Div. 1 Inter-School Swim Comp., Oct 15, 2003
200 Breast	2:35.62	MA Hei-tung, DLS	LI FOS-Olympic Time Trial II, Apr 20, 2008
50 Fly	28.87	LAI Chu Yi, WTS	7 <sup>th</sup> HK Open Swimming Champ., Sep 4, 2011
100 Fly	1:02.95	MOK Sze Ki, HVA	HK Open Swimming Champ 2019, Aug 9-11, 2019
200 Fly	2:18.68	MOK Sze Ki, HVA	Div. 1 AG LC Swim Comp. Part 1, Jul 13-14, 2019
200 IM	2:21.79	HAUGHEY Siobhan Bernadette, SCA	Div. 1 AG LC Swim Comp. Part 3, Jul 25, 2010

\*: Pending for Swimming Committee's Ratification    ^Asian Record    #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 10<sup>th</sup> April 2026

## HONG KONG AGE GROUP LONG COURSE RECORDS

### BOYS' 13 – 14 YEARS EVENTS

50 Free	24.18 LAU Kin Hei James, HTA	HK Age Group LC SW Championships 2022-23, Nov 4-6, 2022
100 Free	52.62 LAU Kin Hei James, HTA	HK Age Group LC SW Championships 2023-24, Oct. 6-7, 2023
200 Free	1:55.46 LAU Kin Hei James, HTA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
400 Free	4:05.82 SUN Maokun, WTS	HK Open Swimming Champ 2025, Aug 15-17, 2025
800 Free	8:29.17 SUN Maokun, WTS	HK Age Group LC SW Champ 2025-26, Oct 31 – Nov 2, 2025
1500 Free	16:07.83 SUN Maokun, WTS	HK Age Group LC SW Champ 2025-26, Oct 31 – Nov 2, 2025
50 Back	27.12 HO Siu Lun, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
100 Back	58.17 HO Siu Lun, DLS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 26, 2018
200 Back	2:06.34 CHEUNG Yung, WDA	HK Open Swimming Champ 2025, Aug. 15-17, 2025
50 Breast	29.08 TSUI Yik Ki, PSC	HKSSF Div. 1 Inter-School Swim. Comp, Nov 3, 2022
100 Breast	1:04.82 LAU Chor Tik, WTS	Paris 2024 OG – Hong Kong LC Swimming Invitational Trial I, May 11-12, 2024
200 Breast	2:18.11 WONG Benson, DLS	HK Open Swimming Champ 2017, July 28-30, 2017
50 Fly	24.90 LAU Kin Hei James, HTA	Div. 1 AG LC Swim Comp. Part 2, Jun 18, 2023
100 Fly	55.07 LAU Kin Hei James, HTA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
200 Fly	2:01.23 LAU Kin Hei James, HTA	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
200 IM	2:05.10 LAU Kin Hei James, HTA	66th Festival of Sport LC Time Trial, Apr 15-16, 2023
400 IM	4:34.49 LAU Kin Hei James, HTA	HK Age Group LC SW Championships 2023-24, Oct. 6-7, 2023

## HONG KONG AGE GROUP LONG COURSE RECORDS

### GIRLS' 13 – 14 YEARS EVENTS

50 Free	25.44 LI Sum Yiu, WDA	National LC Swimming Trial - 67th FOS, Apr 13-14, 2024
100 Free	55.92 LI Sum Yiu, WDA	11th Asian Age Group Championships, Feb 26-29, 2024
200 Free	2:02.00 CHENG Chloe, PSC	HKSSF Div. 1 Inter-School Swim. Comp., Oct 25, 2019
400 Free	4:19.32 CHENG Chloe, PSC	Div. 1 AG LC Swim Comp. Part 3, Sep. 21-22, 2019
800 Free	8:56.31 HO Wai Nam, WTS	Thailand Age Group Swimming Championships 2017
1500 Free	17:17.68 NAM Carmen, TPS	World Champ 2007 – Melbourne, Mar 26, 2007
50 Back	29.12 CHAN Tsz Yu Ashley, HTA	68th Festival of Sport LC Time Trial, Apr 12-13, 2025
100 Back	1:02.70 CHAN Tsz Yu Ashley, HTA	61st MILO/MAS Malaysia Invitational Age Grp, Feb 5-8, 2026
200 Back	2:15:96 CHAN Tsz Yu Ashley, HTA	World Aquatics Junior Swimming Championships - Otopeni, Aug 19-24, 2025
50 Breast	32.11 YUNG Tsz Ching, HTA	68th Festival of Sport LC Time Trial, Apr 12-13, 2025
100 Breast	1:09.84 MAN Wui Kiu, CPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
200 Breast	2:29.94 GAO Jialian Candice, CPS	Div.1 AG LC Swim Comp. Part 1, Jun. 28-29, 2025
50 Fly	27.45 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
100 Fly	1:00.54 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
200 Fly	2:14.96 LAU Ping Yi Audrey, HTA	HK Age Group LC SW Championships 2019-20, Nov. 1-3, 2019
200 IM	2:18.44 HAUGHEY Siobhan Bernadette, SCA	Australian Age Championships, Apr 9-14, 2012
400 IM	4:52.61 GAO Jialian Candice, CPS	HK Open Swimming Champ 2025, Aug. 15-17, 2025

\*: Pending for Swimming Committee's Ratification    ^Asian Record    #Hong Kong Best Time

# HONG KONG SWIMMING RECORDS

Listed Date: 10<sup>th</sup> April 2026

## HONG KONG AGE GROUP LONG COURSE RECORDS

### BOYS' 15 – 17 YEARS EVENTS

50 Free	22.99 LUM Ching Tat Jeffrey, HFS	8 <sup>th</sup> Asian Swimming Champ., Nov 28, 2009
100 Free	50.48 LUM Ching Tat Jeffrey, HFS	1 <sup>st</sup> Asian Youth Games, Jul 06, 2009
200 Free	1:50.11 CHEUK Ming Ho, CPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
400 Free	3:53.05 CHEUK Ming Ho, CPS	62 <sup>nd</sup> FOS – LC Time Trial, April 13-14, 2019
800 Free	8:07.76 CHEUK Ming Ho, CPS	18 <sup>th</sup> Asian Games, Jakarta- Palembang, Aug 19-24, 2018
1500 Free	15:38.76 CHEUK Ming Ho, CPS	18 <sup>th</sup> Asian Games, Jakarta- Palembang, Aug 19-24, 2018
50 Back	26.27 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp, Oct. 19,2018
100 Back	57.38 NG Cheuk Yin, TPS	HKSSF Div. 1 Inter-School Swim. Comp., Oct. 25, 2019
200 Back	2:05.82 NG Cheuk Yin, TPS	7 <sup>th</sup> Hong Kong Games, May 18-19, 2019
50 Breast	27.76 TSUI Yik Ki, PSC	67 <sup>th</sup> MILO/MAS MALAYSIA OPEN SWIMMING CHAMPIONSHIPS 2025, April 24-27, 2025
100 Breast	1:00.95 MAK Sai Ting Adam, HTA	11 <sup>th</sup> Asian Age Group Championships, Feb 26-29, 2024
200 Breast	2:11.20 MAK Sai Ting Adam, HTA	11 <sup>th</sup> Asian Age Group Championships, Feb 26-29, 2024
50 Fly	23.97 NG Cheuk Yin, TPS	HK Age Group LC SW Championships 2019-20, Nov. 1-3,2019
100 Fly	54.01 ZHU Xiuping, PSC	HK Open Swimming Champ 2025, Aug 15-17, 2025
200 Fly	2:02.07 LAU Kin Hei James, HTA	11 <sup>th</sup> Asian Aquatics Championship Swimming Sep 28 – Oct 1, 2025
200 IM	2:04.94 MAK Sai Ting Adam, HTA	HK Open Swimming Champ 2024, Jul 12-14, 2024
400 IM	4:26.78 WHITTINGTON, Peter Harry, DLS	Hong Kong National Olympic Time Trial, Mar 21, 2021

## HONG KONG AGE GROUP LONG COURSE RECORDS

### GIRLS' 15 – 17 YEARS EVENTS

50 Free	25.03 LI Sum Yiu, WDA	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Free	54.47 HAUGHEY Siobhan Bernadette, SCA	4 <sup>th</sup> FINA World Junior Swimming Champ., Aug 26-31,2013
200 Free	1:59.66 HAUGHEY Siobhan Bernadette, SCA	Incheon 2014 Asian Games, Sep 20-26,2014
400 Free	4:13.81 AU Hoi Shun Stephanie, *DW	HK Age Group LC SW Championships 2007-08, Nov. 17,2007
800 Free	8:41.66 AU Hoi Shun Stephanie, *DW	Olympic Games – Beijing, Aug 14, 2008
1500 Free	16:51.05 HO Nam Wai, WTS	Mare Nostrum 2019 – Barcelona, Jun 15-16, 2019
50 Back	28.83 CHEUNG Sum Yuet Cindy, TPS	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
100 Back	1:01.57 CHEUNG Sum Yuet Cindy, TPS	World Junior Swimming Championships – Netanya, Sep 4-9, 2023
200 Back	2:10.35 CHEUNG Sum Yuet Cindy, TPS	66 <sup>th</sup> Festival of Sport LC Time Trial, Apr 15-16, 2023
50 Breast	31.54 MAN Wui Kiu, CPS	World Aquatics Junior Swimming Championships - Otopeni, Aug 19-24, 2025
*100 Breast	1:08.36 LAM Chelsie, DLS	Thailand Age Group Swimming Championships 2026, Apr 3-8, 2026
200 Breast	2:31.45 LAM Chelsie, DLS	61 <sup>st</sup> MILO/MAS Malaysia Invitational Age Grp, Feb 5-8, 2026
50 Fly	26.98 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
100 Fly	58.89 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
200 Fly	2:10.63 YEUNG Hoi Ching, TPS	HK Open Swimming Champ 2024, Jul 12-14, 2024
200 IM	2:13.07 HAUGHEY Siobhan Bernadette, SCA	16 <sup>th</sup> FINA World Championships – Kazan 2015, Aug 2,2015
400 IM	4:48.58 CHENG Chloe, PSC	Div.1 AG LC Swim Comp. Part 3, Jun. 26-27, 2021

\*: Pending for Swimming Committee's Ratification    <sup>A</sup>Asian Record    #Hong Kong Best Time

# Hong Kong Swimming Point Score 2026 (LC)

## Men

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	21.43	47.32	1:44.62	3:43.54	7:42.55	14:53.48	24.60	52.99	1:54.88
99	1.01	21.64	47.79	1:45.67	3:45.78	7:47.18	15:02.41	24.85	53.52	1:56.03
98	1.02	21.86	48.27	1:46.71	3:48.01	7:51.80	15:11.35	25.09	54.05	1:57.18
97	1.03	22.07	48.74	1:47.76	3:50.25	7:56.43	15:20.28	25.34	54.58	1:58.33
96	1.04	22.29	49.21	1:48.80	3:52.48	8:01.05	15:29.22	25.58	55.11	1:59.48
95	1.05	22.50	49.69	1:49.85	3:54.72	8:05.68	15:38.15	25.83	55.64	2:00.62
94	1.06	22.72	50.16	1:50.90	3:56.95	8:10.30	15:47.09	26.08	56.17	2:01.77
93	1.07	22.93	50.63	1:51.94	3:59.19	8:14.93	15:56.02	26.32	56.70	2:02.92
92	1.08	23.14	51.11	1:52.99	4:01.42	8:19.55	16:04.96	26.57	57.23	2:04.07
91	1.09	23.36	51.58	1:54.04	4:03.66	8:24.18	16:13.89	26.81	57.76	2:05.22
90	1.10	23.57	52.05	1:55.08	4:05.89	8:28.81	16:22.83	27.06	58.29	2:06.37
89	1.11	23.79	52.53	1:56.13	4:08.13	8:33.43	16:31.76	27.31	58.82	2:07.52
88	1.12	24.00	53.00	1:57.17	4:10.36	8:38.06	16:40.70	27.55	59.35	2:08.67
87	1.13	24.22	53.47	1:58.22	4:12.60	8:42.68	16:49.63	27.80	59.88	2:09.81
86	1.14	24.43	53.94	1:59.27	4:14.84	8:47.31	16:58.57	28.04	1:00.41	2:10.96
85	1.15	24.64	54.42	2:00.31	4:17.07	8:51.93	17:07.50	28.29	1:00.94	2:12.11
84	1.16	24.86	54.89	2:01.36	4:19.31	8:56.56	17:16.44	28.54	1:01.47	2:13.26
83	1.17	25.07	55.36	2:02.41	4:21.54	9:01.18	17:25.37	28.78	1:02.00	2:14.41
82	1.18	25.29	55.84	2:03.45	4:23.78	9:05.81	17:34.31	29.03	1:02.53	2:15.56
81	1.19	25.50	56.31	2:04.50	4:26.01	9:10.43	17:43.24	29.27	1:03.06	2:16.71
80	1.20	25.72	56.78	2:05.54	4:28.25	9:15.06	17:52.18	29.52	1:03.59	2:17.86
79	1.21	25.93	57.26	2:06.59	4:30.48	9:19.69	18:01.11	29.77	1:04.12	2:19.00
78	1.22	26.14	57.73	2:07.64	4:32.72	9:24.31	18:10.05	30.01	1:04.65	2:20.15
77	1.23	26.36	58.20	2:08.68	4:34.95	9:28.94	18:18.98	30.26	1:05.18	2:21.30
76	1.24	26.57	58.68	2:09.73	4:37.19	9:33.56	18:27.92	30.50	1:05.71	2:22.45
75	1.25	26.79	59.15	2:10.78	4:39.43	9:38.19	18:36.85	30.75	1:06.24	2:23.60
74	1.26	27.00	59.62	2:11.82	4:41.66	9:42.81	18:45.78	31.00	1:06.77	2:24.75
73	1.27	27.22	1:00.10	2:12.87	4:43.90	9:47.44	18:54.72	31.24	1:07.30	2:25.90
72	1.28	27.43	1:00.57	2:13.91	4:46.13	9:52.06	19:03.65	31.49	1:07.83	2:27.05
71	1.29	27.64	1:01.04	2:14.96	4:48.37	9:56.69	19:12.59	31.73	1:08.36	2:28.20
70	1.30	27.86	1:01.52	2:16.01	4:50.60	10:01.32	19:21.52	31.98	1:08.89	2:29.34
69	1.31	28.07	1:01.99	2:17.05	4:52.84	10:05.94	19:30.46	32.23	1:09.42	2:30.49
68	1.32	28.29	1:02.46	2:18.10	4:55.07	10:10.57	19:39.39	32.47	1:09.95	2:31.64
67	1.33	28.50	1:02.94	2:19.14	4:57.31	10:15.19	19:48.33	32.72	1:10.48	2:32.79
66	1.34	28.72	1:03.41	2:20.19	4:59.54	10:19.82	19:57.26	32.96	1:11.01	2:33.94
65	1.35	28.93	1:03.88	2:21.24	5:01.78	10:24.44	20:06.20	33.21	1:11.54	2:35.09
64	1.36	29.14	1:04.36	2:22.28	5:04.01	10:29.07	20:15.13	33.46	1:12.07	2:36.24
63	1.37	29.36	1:04.83	2:23.33	5:06.25	10:33.69	20:24.07	33.70	1:12.60	2:37.39
62	1.38	29.57	1:05.30	2:24.38	5:08.49	10:38.32	20:33.00	33.95	1:13.13	2:38.53
61	1.39	29.79	1:05.77	2:25.42	5:10.72	10:42.94	20:41.94	34.19	1:13.66	2:39.68
60	1.40	30.00	1:06.25	2:26.47	5:12.96	10:47.57	20:50.87	34.44	1:14.19	2:40.83
59	1.41	30.22	1:06.72	2:27.51	5:15.19	10:52.20	20:59.81	34.69	1:14.72	2:41.98
58	1.42	30.43	1:07.19	2:28.56	5:17.43	10:56.82	21:08.74	34.93	1:15.25	2:43.13
57	1.43	30.64	1:07.67	2:29.61	5:19.66	11:01.45	21:17.68	35.18	1:15.78	2:44.28
56	1.44	30.86	1:08.14	2:30.65	5:21.90	11:06.07	21:26.61	35.42	1:16.31	2:45.43
55	1.45	31.07	1:08.61	2:31.70	5:24.13	11:10.70	21:35.55	35.67	1:16.84	2:46.58
54	1.46	31.29	1:09.09	2:32.75	5:26.37	11:15.32	21:44.48	35.92	1:17.37	2:47.72
53	1.47	31.50	1:09.56	2:33.79	5:28.60	11:19.95	21:53.42	36.16	1:17.90	2:48.87

# Hong Kong Swimming Point Score 2026 (LC)

## Men

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	26.60	58.34	2:06.96	23.06	51.07	1:54.43	1:56.23	4:11.70
99	1.01	26.87	58.92	2:08.23	23.29	51.58	1:55.57	1:57.39	4:14.22
98	1.02	27.13	59.51	2:09.50	23.52	52.09	1:56.72	1:58.55	4:16.73
97	1.03	27.40	1:00.09	2:10.77	23.75	52.60	1:57.86	1:59.72	4:19.25
96	1.04	27.66	1:00.67	2:12.04	23.98	53.11	1:59.01	2:00.88	4:21.77
95	1.05	27.93	1:01.26	2:13.31	24.21	53.62	2:00.15	2:02.04	4:24.29
94	1.06	28.20	1:01.84	2:14.58	24.44	54.13	2:01.30	2:03.20	4:26.80
93	1.07	28.46	1:02.42	2:15.85	24.67	54.64	2:02.44	2:04.37	4:29.32
92	1.08	28.73	1:03.01	2:17.12	24.90	55.16	2:03.58	2:05.53	4:31.84
91	1.09	28.99	1:03.59	2:18.39	25.14	55.67	2:04.73	2:06.69	4:34.35
90	1.10	29.26	1:04.17	2:19.66	25.37	56.18	2:05.87	2:07.85	4:36.87
89	1.11	29.53	1:04.76	2:20.93	25.60	56.69	2:07.02	2:09.02	4:39.39
88	1.12	29.79	1:05.34	2:22.20	25.83	57.20	2:08.16	2:10.18	4:41.90
87	1.13	30.06	1:05.92	2:23.46	26.06	57.71	2:09.31	2:11.34	4:44.42
86	1.14	30.32	1:06.51	2:24.73	26.29	58.22	2:10.45	2:12.50	4:46.94
85	1.15	30.59	1:07.09	2:26.00	26.52	58.73	2:11.59	2:13.66	4:49.46
84	1.16	30.86	1:07.67	2:27.27	26.75	59.24	2:12.74	2:14.83	4:51.97
83	1.17	31.12	1:08.26	2:28.54	26.98	59.75	2:13.88	2:15.99	4:54.49
82	1.18	31.39	1:08.84	2:29.81	27.21	1:00.26	2:15.03	2:17.15	4:57.01
81	1.19	31.65	1:09.42	2:31.08	27.44	1:00.77	2:16.17	2:18.31	4:59.52
80	1.20	31.92	1:10.01	2:32.35	27.67	1:01.28	2:17.32	2:19.48	5:02.04
79	1.21	32.19	1:10.59	2:33.62	27.90	1:01.79	2:18.46	2:20.64	5:04.56
78	1.22	32.45	1:11.17	2:34.89	28.13	1:02.31	2:19.60	2:21.80	5:07.07
77	1.23	32.72	1:11.76	2:36.16	28.36	1:02.82	2:20.75	2:22.96	5:09.59
76	1.24	32.98	1:12.34	2:37.43	28.59	1:03.33	2:21.89	2:24.13	5:12.11
75	1.25	33.25	1:12.93	2:38.70	28.83	1:03.84	2:23.04	2:25.29	5:14.63
74	1.26	33.52	1:13.51	2:39.97	29.06	1:04.35	2:24.18	2:26.45	5:17.14
73	1.27	33.78	1:14.09	2:41.24	29.29	1:04.86	2:25.33	2:27.61	5:19.66
72	1.28	34.05	1:14.68	2:42.51	29.52	1:05.37	2:26.47	2:28.77	5:22.18
71	1.29	34.31	1:15.26	2:43.78	29.75	1:05.88	2:27.61	2:29.94	5:24.69
70	1.30	34.58	1:15.84	2:45.05	29.98	1:06.39	2:28.76	2:31.10	5:27.21
69	1.31	34.85	1:16.43	2:46.32	30.21	1:06.90	2:29.90	2:32.26	5:29.73
68	1.32	35.11	1:17.01	2:47.59	30.44	1:07.41	2:31.05	2:33.42	5:32.24
67	1.33	35.38	1:17.59	2:48.86	30.67	1:07.92	2:32.19	2:34.59	5:34.76
66	1.34	35.64	1:18.18	2:50.13	30.90	1:08.43	2:33.34	2:35.75	5:37.28
65	1.35	35.91	1:18.76	2:51.40	31.13	1:08.94	2:34.48	2:36.91	5:39.80
64	1.36	36.18	1:19.34	2:52.67	31.36	1:09.46	2:35.62	2:38.07	5:42.31
63	1.37	36.44	1:19.93	2:53.94	31.59	1:09.97	2:36.77	2:39.24	5:44.83
62	1.38	36.71	1:20.51	2:55.20	31.82	1:10.48	2:37.91	2:40.40	5:47.35
61	1.39	36.97	1:21.09	2:56.47	32.05	1:10.99	2:39.06	2:41.56	5:49.86
60	1.40	37.24	1:21.68	2:57.74	32.28	1:11.50	2:40.20	2:42.72	5:52.38
59	1.41	37.51	1:22.26	2:59.01	32.51	1:12.01	2:41.35	2:43.88	5:54.90
58	1.42	37.77	1:22.84	3:00.28	32.75	1:12.52	2:42.49	2:45.05	5:57.41
57	1.43	38.04	1:23.43	3:01.55	32.98	1:13.03	2:43.63	2:46.21	5:59.93
56	1.44	38.30	1:24.01	3:02.82	33.21	1:13.54	2:44.78	2:47.37	6:02.45
55	1.45	38.57	1:24.59	3:04.09	33.44	1:14.05	2:45.92	2:48.53	6:04.97
54	1.46	38.84	1:25.18	3:05.36	33.67	1:14.56	2:47.07	2:49.70	6:07.48
53	1.47	39.10	1:25.76	3:06.63	33.90	1:15.07	2:48.21	2:50.86	6:10.00

# Hong Kong Swimming Point Score 2026 (LC)

## Women

Score	%	Freestyle						Backstroke		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m
100	1.00	23.96	51.92	1:53.36	3:59.23	8:19.12	15:57.67	27.27	58.68	2:06.31
99	1.01	24.20	52.44	1:54.49	4:01.62	8:24.11	16:07.25	27.54	59.27	2:07.57
98	1.02	24.44	52.96	1:55.63	4:04.01	8:29.10	16:16.82	27.82	59.85	2:08.84
97	1.03	24.68	53.48	1:56.76	4:06.41	8:34.09	16:26.40	28.09	1:00.44	2:10.10
96	1.04	24.92	54.00	1:57.89	4:08.80	8:39.08	16:35.98	28.36	1:01.03	2:11.36
95	1.05	25.16	54.52	1:59.03	4:11.19	8:44.08	16:45.55	28.63	1:01.61	2:12.63
94	1.06	25.40	55.04	2:00.16	4:13.58	8:49.07	16:55.13	28.91	1:02.20	2:13.89
93	1.07	25.64	55.55	2:01.30	4:15.98	8:54.06	17:04.71	29.18	1:02.79	2:15.15
92	1.08	25.88	56.07	2:02.43	4:18.37	8:59.05	17:14.28	29.45	1:03.37	2:16.41
91	1.09	26.12	56.59	2:03.56	4:20.76	9:04.04	17:23.86	29.72	1:03.96	2:17.68
90	1.10	26.36	57.11	2:04.70	4:23.15	9:09.03	17:33.44	30.00	1:04.55	2:18.94
89	1.11	26.60	57.63	2:05.83	4:25.55	9:14.02	17:43.01	30.27	1:05.13	2:20.20
88	1.12	26.84	58.15	2:06.96	4:27.94	9:19.01	17:52.59	30.54	1:05.72	2:21.47
87	1.13	27.07	58.67	2:08.10	4:30.33	9:24.01	18:02.17	30.82	1:06.31	2:22.73
86	1.14	27.31	59.19	2:09.23	4:32.72	9:29.00	18:11.74	31.09	1:06.90	2:23.99
85	1.15	27.55	59.71	2:10.36	4:35.11	9:33.99	18:21.32	31.36	1:07.48	2:25.26
84	1.16	27.79	1:00.23	2:11.50	4:37.51	9:38.98	18:30.90	31.63	1:08.07	2:26.52
83	1.17	28.03	1:00.75	2:12.63	4:39.90	9:43.97	18:40.47	31.91	1:08.66	2:27.78
82	1.18	28.27	1:01.27	2:13.76	4:42.29	9:48.96	18:50.05	32.18	1:09.24	2:29.05
81	1.19	28.51	1:01.78	2:14.90	4:44.68	9:53.95	18:59.63	32.45	1:09.83	2:30.31
80	1.20	28.75	1:02.30	2:16.03	4:47.08	9:58.94	19:09.20	32.72	1:10.42	2:31.57
79	1.21	28.99	1:02.82	2:17.17	4:49.47	10:03.94	19:18.78	33.00	1:11.00	2:32.84
78	1.22	29.23	1:03.34	2:18.30	4:51.86	10:08.93	19:28.36	33.27	1:11.59	2:34.10
77	1.23	29.47	1:03.86	2:19.43	4:54.25	10:13.92	19:37.93	33.54	1:12.18	2:35.36
76	1.24	29.71	1:04.38	2:20.57	4:56.65	10:18.91	19:47.51	33.81	1:12.76	2:36.62
75	1.25	29.95	1:04.90	2:21.70	4:59.04	10:23.90	19:57.09	34.09	1:13.35	2:37.89
74	1.26	30.19	1:05.42	2:22.83	5:01.43	10:28.89	20:06.66	34.36	1:13.94	2:39.15
73	1.27	30.43	1:05.94	2:23.97	5:03.82	10:33.88	20:16.24	34.63	1:14.52	2:40.41
72	1.28	30.67	1:06.46	2:25.10	5:06.21	10:38.87	20:25.82	34.91	1:15.11	2:41.68
71	1.29	30.91	1:06.98	2:26.23	5:08.61	10:43.86	20:35.39	35.18	1:15.70	2:42.94
70	1.30	31.15	1:07.50	2:27.37	5:11.00	10:48.86	20:44.97	35.45	1:16.28	2:44.20
69	1.31	31.39	1:08.02	2:28.50	5:13.39	10:53.85	20:54.55	35.72	1:16.87	2:45.47
68	1.32	31.63	1:08.53	2:29.64	5:15.78	10:58.84	21:04.12	36.00	1:17.46	2:46.73
67	1.33	31.87	1:09.05	2:30.77	5:18.18	11:03.83	21:13.70	36.27	1:18.04	2:47.99
66	1.34	32.11	1:09.57	2:31.90	5:20.57	11:08.82	21:23.28	36.54	1:18.63	2:49.26
65	1.35	32.35	1:10.09	2:33.04	5:22.96	11:13.81	21:32.85	36.81	1:19.22	2:50.52
64	1.36	32.59	1:10.61	2:34.17	5:25.35	11:18.80	21:42.43	37.09	1:19.80	2:51.78
63	1.37	32.83	1:11.13	2:35.30	5:27.75	11:23.79	21:52.01	37.36	1:20.39	2:53.04
62	1.38	33.06	1:11.65	2:36.44	5:30.14	11:28.79	22:01.58	37.63	1:20.98	2:54.31
61	1.39	33.30	1:12.17	2:37.57	5:32.53	11:33.78	22:11.16	37.91	1:21.57	2:55.57
60	1.40	33.54	1:12.69	2:38.70	5:34.92	11:38.77	22:20.74	38.18	1:22.15	2:56.83
59	1.41	33.78	1:13.21	2:39.84	5:37.31	11:43.76	22:30.31	38.45	1:22.74	2:58.10
58	1.42	34.02	1:13.73	2:40.97	5:39.71	11:48.75	22:39.89	38.72	1:23.33	2:59.36
57	1.43	34.26	1:14.25	2:42.10	5:42.10	11:53.74	22:49.47	39.00	1:23.91	3:00.62
56	1.44	34.50	1:14.76	2:43.24	5:44.49	11:58.73	22:59.04	39.27	1:24.50	3:01.89
55	1.45	34.74	1:15.28	2:44.37	5:46.88	12:03.72	23:08.62	39.54	1:25.09	3:03.15
54	1.46	34.98	1:15.80	2:45.51	5:49.28	12:08.72	23:18.20	39.81	1:25.67	3:04.41
53	1.47	35.22	1:16.32	2:46.64	5:51.67	12:13.71	23:27.77	40.09	1:26.26	3:05.68

# Hong Kong Swimming Point Score 2026 (LC)

## Women

Score	%	Breaststroke			Butterfly			Ind Medley	
		50m	100m	200m	50m	100m	200m	200m	400m
100	1.00	29.68	1:04.81	2:21.72	25.34	56.11	2:04.75	2:08.40	4:33.55
99	1.01	29.98	1:05.46	2:23.14	25.59	56.67	2:06.00	2:09.68	4:36.29
98	1.02	30.27	1:06.11	2:24.55	25.85	57.23	2:07.25	2:10.97	4:39.02
97	1.03	30.57	1:06.75	2:25.97	26.10	57.79	2:08.49	2:12.25	4:41.76
96	1.04	30.87	1:07.40	2:27.39	26.35	58.35	2:09.74	2:13.54	4:44.49
95	1.05	31.16	1:08.05	2:28.81	26.61	58.92	2:10.99	2:14.82	4:47.23
94	1.06	31.46	1:08.70	2:30.22	26.86	59.48	2:12.24	2:16.10	4:49.96
93	1.07	31.76	1:09.35	2:31.64	27.11	1:00.04	2:13.48	2:17.39	4:52.70
92	1.08	32.05	1:09.99	2:33.06	27.37	1:00.60	2:14.73	2:18.67	4:55.43
91	1.09	32.35	1:10.64	2:34.47	27.62	1:01.16	2:15.98	2:19.96	4:58.17
90	1.10	32.65	1:11.29	2:35.89	27.87	1:01.72	2:17.22	2:21.24	5:00.90
89	1.11	32.94	1:11.94	2:37.31	28.13	1:02.28	2:18.47	2:22.52	5:03.64
88	1.12	33.24	1:12.59	2:38.73	28.38	1:02.84	2:19.72	2:23.81	5:06.38
87	1.13	33.54	1:13.24	2:40.14	28.63	1:03.40	2:20.97	2:25.09	5:09.11
86	1.14	33.84	1:13.88	2:41.56	28.89	1:03.97	2:22.22	2:26.38	5:11.85
85	1.15	34.13	1:14.53	2:42.98	29.14	1:04.53	2:23.46	2:27.66	5:14.58
84	1.16	34.43	1:15.18	2:44.40	29.39	1:05.09	2:24.71	2:28.94	5:17.32
83	1.17	34.73	1:15.83	2:45.81	29.65	1:05.65	2:25.96	2:30.23	5:20.05
82	1.18	35.02	1:16.48	2:47.23	29.90	1:06.21	2:27.21	2:31.51	5:22.79
81	1.19	35.32	1:17.12	2:48.65	30.15	1:06.77	2:28.45	2:32.80	5:25.52
80	1.20	35.62	1:17.77	2:50.06	30.41	1:07.33	2:29.70	2:34.08	5:28.26
79	1.21	35.91	1:18.42	2:51.48	30.66	1:07.89	2:30.95	2:35.36	5:31.00
78	1.22	36.21	1:19.07	2:52.90	30.91	1:08.45	2:32.20	2:36.65	5:33.73
77	1.23	36.51	1:19.72	2:54.32	31.17	1:09.02	2:33.44	2:37.93	5:36.47
76	1.24	36.80	1:20.36	2:55.73	31.42	1:09.58	2:34.69	2:39.22	5:39.20
75	1.25	37.10	1:21.01	2:57.15	31.68	1:10.14	2:35.94	2:40.50	5:41.94
74	1.26	37.40	1:21.66	2:58.57	31.93	1:10.70	2:37.19	2:41.78	5:44.67
73	1.27	37.69	1:22.31	2:59.98	32.18	1:11.26	2:38.43	2:43.07	5:47.41
72	1.28	37.99	1:22.96	3:01.40	32.44	1:11.82	2:39.68	2:44.35	5:50.14
71	1.29	38.29	1:23.60	3:02.82	32.69	1:12.38	2:40.93	2:45.64	5:52.88
70	1.30	38.58	1:24.25	3:04.24	32.94	1:12.94	2:42.18	2:46.92	5:55.62
69	1.31	38.88	1:24.90	3:05.65	33.20	1:13.50	2:43.42	2:48.20	5:58.35
68	1.32	39.18	1:25.55	3:07.07	33.45	1:14.07	2:44.67	2:49.49	6:01.09
67	1.33	39.47	1:26.20	3:08.49	33.70	1:14.63	2:45.92	2:50.77	6:03.82
66	1.34	39.77	1:26.85	3:09.90	33.96	1:15.19	2:47.17	2:52.06	6:06.56
65	1.35	40.07	1:27.49	3:11.32	34.21	1:15.75	2:48.41	2:53.34	6:09.29
64	1.36	40.36	1:28.14	3:12.74	34.46	1:16.31	2:49.66	2:54.62	6:12.03
63	1.37	40.66	1:28.79	3:14.16	34.72	1:16.87	2:50.91	2:55.91	6:14.76
62	1.38	40.96	1:29.44	3:15.57	34.97	1:17.43	2:52.16	2:57.19	6:17.50
61	1.39	41.26	1:30.09	3:16.99	35.22	1:17.99	2:53.40	2:58.48	6:20.23
60	1.40	41.55	1:30.73	3:18.41	35.48	1:18.55	2:54.65	2:59.76	6:22.97
59	1.41	41.85	1:31.38	3:19.83	35.73	1:19.12	2:55.90	3:01.04	6:25.71
58	1.42	42.15	1:32.03	3:21.24	35.98	1:19.68	2:57.15	3:02.33	6:28.44
57	1.43	42.44	1:32.68	3:22.66	36.24	1:20.24	2:58.39	3:03.61	6:31.18
56	1.44	42.74	1:33.33	3:24.08	36.49	1:20.80	2:59.64	3:04.90	6:33.91
55	1.45	43.04	1:33.97	3:25.49	36.74	1:21.36	3:00.89	3:06.18	6:36.65
54	1.46	43.33	1:34.62	3:26.91	37.00	1:21.92	3:02.14	3:07.46	6:39.38
53	1.47	43.63	1:35.27	3:28.33	37.25	1:22.48	3:03.38	3:08.75	6:42.12

**69th Festival of Sport - Long Course Swimming Time Trial  
Reject List**

<b>No.</b>	<b>Name</b>	<b>Event</b>	<b>Club</b>	<b>Remarks</b>
1	Wong Ho Long	5	DWA	Wrong Information of Past Competition
2	Fong Tsz Long Jose	7	DWA	No Reg
3	Fong Tsz Long Jose	25	DWA	No Reg
4	Fong Tsz Long Jose	29	DWA	No Reg
5	Lam Wai Lam	30	DWA	No Reg
6	Chan Wai Tung Jocelyn	4	DWA	No Reg
7	Chan Wai Tung Jocelyn	22	DWA	No Reg
8	Chan Wai Tung Jocelyn	32	DWA	No Reg
9	Yip Wing Yan	12	DWA	No Reg
10	Chen Ka Fung	7	DWA	No Reg
11	Chen Ka Fung	25	DWA	No Reg
12	Chen Ka Fung	33	DWA	No Reg
13	Lo Chun Yu Anson	7	DWA	No Reg
14	Lo Chun Yu Anson	33	DWA	No Reg
15	Lo Chun Yu Anson	25	DWA	No Reg
16	Chen Ki Yan	8	DWA	No Reg
17	Chen Ki Yan	16	DWA	No Reg
18	Chen Ki Yan	26	DWA	No Reg
19	Tang Yue Daphne Margarita	6	DWA	No Reg
20	Tang Yue Daphne Margarita	22	DWA	No Reg
21	Tang Yue Daphne Margarita	34	DWA	No Reg
22	Lo Wing Tung Ashley	4	DWA	No Reg
23	Lo Wing Tung Ashley	22	DWA	No Reg
24	Lo Wing Tung Ashley	32	DWA	No Reg
25	Zhang Tong	4	DWA	No Reg
26	Zhang Tong	22	DWA	No Reg
27	Pang Sze Ki Flora	4	DWA	No Reg
28	Pang Sze Ki Flora	22	DWA	No Reg
29	Pang Sze Ki Flora	32	DWA	No Reg
30	Lam Wai Lam	3	DWA	No Reg
31	Basler Dia	12	HIS	Have Swimming Record
32	Hoad, Penelope	12	HIS	Have Swimming Record
33	Lau Tin Long	9	KTS	Have Swimming Record
34	Mau Kit Chi	29	KGC	Have Swimming Record
35	Ho Lok Yee Grace	12	PSC	Wrong Information of Past Competition
36	Wan Hei Yeen Hailey	26	PSC	Wrong Information of Past Competition
37	Liu Chun Hay Hayden	15	PSC	Have Swimming Record
38	Zhang David	21	PSC	Have Swimming Record
39	Lee Long Ching Sunshine	14	PSC	Age Under 13 Not Qualify
40	Kwan Ho Yin	1	RSC	Have Swimming Record
41	Chan Wai Chun	29	SLA	Have Swimming Record
42	Kung Lok Sum	3	TPS	Wrong Information of Past Competition
43	Lee Chi Kiu	7	WTS	No Reg
44	Lee Chi Kiu	19	WTS	No Reg
45	Kwan Lai Kei Wesley	1	WTS	No Reg
46	Kwan Lai Kei Wesley	19	WTS	No Reg
47	Lam Ho Lam	1	WTS	Entry time Slower Than QT
48	Ma Chun Ho Hercules	11	WTS	Have Swimming Record
49	Wang Wallace	17	WTS	Age Under 13 Not Qualify
50	Hui Hon Anson	3	WTS	No Reg
51	Lin Kunyi	8	*ES	No Reg
52	Chan Oi Hei	17	*SR	Age Under 13 Not Qualify
53	Chan Oi Hei	31	*SR	Age Under 13 Not Qualify

## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Event 1 Men 100 LC Meter Freestyle

HKR: 49.15 CHEUK Ming Ho, CPS  
 JR: 51.24  
 WCA: 48.34  
 WCB: 50.03  
 55.38 QT Qualifying Time

Meet Qualifying: 55.38

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>					
0	46226 B	Chan, Yu Pak	13	Win Tin	55.38 QT
1	50571 B	Chung, Ka Yeung Karston	11	Hoi Tin	55.38 QT
2	45934 B	Lo, Hoi Chuen	13	Win Tin	55.38 QT
3	55207 IAZ	Cheung, Kwai Hei	13	Long Fame	55.38 QT
4		Chau, Hou Cheng	17	Macau China	X55.24 QT
5	51421 @^IM	Xu, Yufeng	13	Chi Pui	55.38 QT
6	46466 IAZ	Tsui, Yik Shun	14	Pacific	55.38 QT
7	46034 B	Ma, Chun Ho Hercules	13	Win Tin	55.38 QT
8	44142IAZ	Yau, Cheuk Hin	14	Kwun Tong	55.38 QT
<b>Heat 2 of 4 Prelims</b>					
0	43245 B	Wong, Pak Dick	15	Tuen Mun	54.46 QT
1	42549 B	Kirk, Ian James	17	Lai WA	53.73 QT
2	43212 B	Tsang, Pak Kiu	16	Sun Yip	51.78 QT
3	35258 B	Cheung, Man Ho	15	Sea Lion	50.90 QT
4	49455 IAZ	Cai, Qi Hong	19	Chi Pui	49.82 QT
5	06697 B	Koo, Ralph Yat Ho	28	Hoi Tin	49.97 QT
6	35022 IAZ	Ip, Ali	18	Tai PO	51.39 QT
7	39279 B	Shum, Chun Hei	16	White Dolphin	53.55 QT
8	40651 P	Leung, Tsz Ming	16	White Dolphin	54.32 QT
9	46435 B	Chong, Cheuk Yin	14	Tai PO	55.08 QT
<b>Heat 3 of 4 Prelims</b>					
0	41529 IAZ	Chan, Yat Fung Evan	16	South China	54.42 QT
1	50162 IAZ	Kim, Yo Hann	15	Chi Pui	53.64 QT
2	34488 B	Lau, Chi Shun	16	Pacific	51.43 QT
3	32248 B	Li, Sing Hoi	21	Win Tin	50.89 QT
4	42311 IAZ	Yu, Chi Lung	18	Pacific	49.78 QT
5	33608 IAZN	Wan, Chun Lim	19	Pacific	49.84 QT
6	34756 IAZ	Hofstede, Adam Marcel	19	Dik Wing	51.25 QT
7	44135 B	So, Chun Hei	16	Kwun Tong	52.85 QT
8	43593 IAZ	Yeung, Yannick Lok-Jun	17	Pacific	54.25 QT
9	37482 B	Kwan, Ho Yin	18	Riverside	54.96 QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 4 Prelims... (Event 1 Men 100 LC Meter Freestyle)

0	35900 IAZ	Lee, On Kit	17	North Sports	54.38	QT
1	40095 IAZ	Chow, Ngai Fun	17	Kwun Tong	53.55	QT
2	55037 IAX	Man, Pui Yin	16	Chi Pui	51.39	QT
3	22824 IAZ	Wong, Lok Kan	22	Hoi Tin	50.15	QT
4	30499 IAO	Chan, Nathan	22	Dik Wing	49.20	QT
5	35292 P	Yu, Dongqi	18	Hoi Tin	49.84	QT
6	21248 B	Lau, Ping Chi	23	Hoi Tin	51.07	QT
7	33435 IAZ	Siu, To	19	Dali Swimming Club	52.26	QT
8	36897 IAZ	Han, Hao	16	Kwun Tong	53.89	QT
9	46574 IAZ	Fong, Pak Yin	15	Hoi Tin	54.75	QT

Event 2 Women 200 LC Meter Freestyle

HKR: 1:53.92 HAUGHEY Siobhan Bernadette SCA

JR: 1:59.77

WCA: 1:58.23

WCB: 2:02.37

2:19.97 QT Qualifying Time

Meet Qualifying: 2:19.97

Lane	ID#	Name	Age	Team	Seed	Time
<b>Heat 1 of 4 Prelims</b>						
0	47250 IAZ	Fong, Wing Tung	12	Long Fame	2:19.97	QT
1	47484 IAZ	Bao, Sum Yi Lucinda	14	Win Tin	2:18.34	QT
2	41031 IAZ	Tsang, Tsz Tung	12	Dik Wing	2:17.09	QT
3	42682 B	Yu, Hiu Tung Natalie	16	Win Tin	2:15.59	QT
4	46174 IAZ	Au, Hoi Ching Abby	14	Kwan Hung	2:14.15	QT
5	35798 IAZ	Wong, Hin Yan	16	Hoi Tin	2:14.97	QT
6	41263 IAZ	Lusher, Lauren Elizabeth	16	LRC	2:16.35	QT
7	48951 IAZN	Wu, Ruoyu Zoe	14	Tai PO	2:17.15	QT
8	51789 @P	Hao, Ailynn	11	Tai PO	2:18.70	QT
9	51620 B	Dong, Chao Ran Eve	12	Win Tin	2:19.97	QT
<b>Heat 2 of 4 Prelims</b>						
0	46200 IAZ	Kwong, Hoi Yee Phoebe	12	Tai PO	2:11.85	QT
1	40426 B	Fong, Sin Ka	15	Long Fame	2:09.62	QT
2	38217 IAZ	Yan, Ellie	16	Hoi Tin	2:06.71	QT
3	44140 IAZ	Tong, Youjia	13	Dik Wing	2:03.74	QT
4	44386	Li, Yu Qing	16	Win Tin	1:59.81	QT
5	31841 IAZ	Ng, Lai Wa	20	Hoi Tin	2:02.79	QT
6	38813 IAZN	Wong, Yuen Ching	15	Hoi Tin	2:05.18	QT
7		Wong, Un Iao	16	Macau China	X2:07.95	QT
8	42458 IAZ	Hon, Tsz Tung	15	Hoi Tin	2:10.51	QT
9	45986 IAZ	Wong, Cheuk Ying Siena	14	Win Tin	2:13.27	QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 3 Prelims... (Event 2 Women 200 LC Meter Freestyle)

0	47392 @IAON	Wu, Anna	11	Win Tin	2:11.78	QT
1	44554 B	Lee, Wing Sze	15	Hoi Tin	2:08.88	QT
2	36011 B	Law, Hang Ue Anastasia	20	Hoi Tin	2:05.86	QT
3	29449 B	Leung, Wing Tsun Rachel	19	Win Tin	2:03.35	QT
4	33715 IAZ	Ma, Gilaine	17	Tai PO	1:57.63	QT
5	40949 #B	Sum, Yi Man	14	Hoi Tin	2:01.99	QT
6	36944 B	Chan, Yi Lok	15	Win Tin	2:04.64	QT
7	45628 IAZ	Chan, Pui Ka	14	White Dolphin	2:07.22	QT
8	42704 @P	Krkalo, Mila Sofia	15	Island Stingrays	2:10.16	QT
9	43660 B	Chong, Ailis Ho Qiu	13	Hoi Tin	2:12.28	QT

Heat 4 of 4 Prelims

0	42151 IAZ	Lai, Cheuk Ling Maris	14	Happy Valley	2:11.45	QT
1	44674 B	Wan, Ching Yiu Iris	13	Tai PO	2:08.45	QT
2	48950 P	Gao, Jialian Candice	14	Chi Pui	2:05.22	QT
3	18545 IAZ	Lam, Pac Tung Nikita	25	Happy Valley	2:03.22	QT
4	40738 B	Li, Sum Yiu	16	White Dolphin	1:57.59	QT
5	42490	Wang, Xin Tong	17	Win Tin	2:01.01	QT
6	35932 B	Wong, Sze Laam Serena	16	Win Tin	2:04.23	QT
7	45531 IAZ	Zhong, Sin Yiu	14	Marlins	2:06.93	QT
8	39905 IAZ	Lan, Jasmine Lauren	16	Jockey Club	2:09.73	QT
9	53991 IAZ	Li, Zimo	13	Chi Pui	2:12.07	QT

Event 3 Men 50 LC Meter Breaststroke

HKR:	27.63	TSUI Yik Ki, PSC
JR:	28.83	
WCA:	27.33	
WCB:	28.29	
	32.66	QT Qualifying Time

Meet Qualifying: 32.66

Lane	ID#	Name	Age	Team	Seed Time	
<b>Heat 1 of 6 Prelims</b>						
3	38496 IAZ	Lam, Lang Kai	17	Chi Pui	32.66	QT
4	51343 IAZ	Wan, Long Hin	13	Dali Swimming Club	32.66	QT
5	43478 P	Mok, Jun Yan	16	LRC	32.66	QT
<b>Heat 2 of 6 Prelims</b>						
1	51368 @^IM	Liu, Yinan	15	Win Tin	32.66	QT
2	47883 B	Wan, Chun Man	13	Win Tin	32.66	QT
3	43396 IAZ	Chan, Kin Ching	16	Jockey Club	32.64	QT
4	52118 @^ICX	Qi, Mingxun	16	Lai WA	32.32	QT
5	50612 IAZ	Tang, Bradley	12	Kwun Tong	32.61	QT
6	54708 #IAZ	Zeng, De Rong	14	Pacific	32.66	QT
7	45898 IAZ	Fung, Pak Woon	14	Sun Yip	32.66	QT
8	51826 B	Yang, Hon Kwan	13	HK Sportworld	32.66	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 3 Prelims... (Event 3 Men 50 LC Meter Breaststroke)

0	54266 B	Lau, Lok Kei	13	Win Tin	32.16	QT
1	50693 IAZ	Chong, Chi Chian Nicholas	16	South China	31.86	QT
2	47455 IAZ	Pan, Yu Lam	19	Lai WA	31.75	QT
3	32426 IAZ	Lam, Tsz Yeung YY	18	Dik Wing	30.98	QT
4	52361 IAZ	Zhang, David	15	Pacific	30.87	QT
5	45474 B	Shek, Tsz Hang Jason	15	HK Sportworld	30.93	QT
6	44487 IAZN	Harward, Maxim William Patri	16	South China	31.39	QT
7	46563 IAZ	Woo, Tit Ying Timon	15	YMCA OF Hong Kong	31.75	QT
8	50884 IAZ	Ayhan, Atlas	13	Kowloon City	32.09	QT
9	51496 IAZ	Yip, Chun Ka	14	Dik Wing	32.17	QT

## Heat 4 of 6 Prelims

0	44230 B	Chung, Ho Ching	14	Hoi Tin	30.65	QT
1	25050 B	Kung, Lok Sum	21	Tai PO	29.98	QT
2	45922 ICX	Fu, Enze	16	Chi Pui	29.04	QT
3	22994 B	Wong, Benson	23	Dali Swimming Club	28.62	QT
4	25379 B	Mak, Sai Ting Adam	19	Hoi Tin	27.64	QT
5	53688 IAZ	Dai, Fu Yan	16	Chi Pui	28.44	QT
6	36592 B	Lau, Ka Long	17	Hoi Tin	28.71	QT
7	40532 B	Dong, Xueyou Derek	17	Win Tin	29.73	QT
8	42686 B	Zhan, Wei Feng James	16	Kowloon City	30.30	QT
9	46409 IAZ	Wang, Zi Ran	16	Island Stingrays	30.85	QT

## Heat 5 of 6 Prelims

0	36826 B	Wan, Tsz Shan Shawn	16	Win Tin	30.54	QT
1	41024 B	Li, Matthew	17	HK Sportworld	29.92	QT
2	33495 IAZ	Wan, Siu Chun	21	Tai PO	29.03	QT
3	36314 IAZ	Mok, Long Sum	17	Lai WA	28.51	QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	20	Win Tin	27.46	QT
5		Chao, Man Hou	30	Macau China	X28.23	QT
6	30592 IAZ	Sin, Yau Cheung	22	Sea Lion	28.65	QT
7	33716 B	Chan, Ngai Cheung	21	Tuen Mun	29.43	QT
8	38206 IAZ	Cheung, Pang Cho	18	Kwun Tong	30.11	QT
9	45311 B	Tsui, Yuen Ying Max	14	Tai PO	30.84	QT

## Heat 6 of 6 Prelims

0	41023 #B	Wan, Ho Long	17	Kwun Tong	30.39	QT
1	45634 IAZ	Chan, Cheuk Hin	17	Marlins	29.75	QT
2	31822 B	Lau, Ming Yui	20	Lai WA	28.82	QT
3	29699 IAZ	Fong, Ka Yu	24	White Dolphin	28.45	QT
4	22413 IAZ	Lee, Shing Yan	23	Hoi Tin	27.38	QT
5	45703 IAZ	Tsui, Yik Ki	18	Pacific	27.76	QT
6	32738 IAZ	Man, Ho Him	20	Lai WA	28.64	QT
7	42025 IAO	Luk, Arnold Bingtse	29	South China	29.11	QT
8	36805 B	Chan, Leong To	16	Hoi Tin	30.10	QT
9	47073 @IAX	Yuen, Sze Chai Spenser	14	Winner	30.82	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Event 4 Women 100 LC Meter Breaststroke

HKR: 1:05.92 HAUGHEY Siobhan Bernadette SCA

JR: 1:09.38

WCA: 1:06.87

WCB: 1:09.21

1:23.48 QT Qualifying Time

Meet Qualifying: 1:23.48

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>					
1	46377 B	Tseung, Wing Man	13	Win Tin	1:23.48 QT
2	54016 #IAZ	Cheng, Hoi Man	21	Keung Sung	1:21.98 QT
3	50712 IAZ	Yau, Lok Yan Kessie	13	South China	1:21.30 QT
4	42665 #B	Siu, Annabelle Tsz Huen	12	Kwun Tong	1:21.00 QT
5	44902 IAZ	Tong, Wing Yau	14	Dali Swimming Club	1:21.05 QT
6	47579 @P	Furuta, Lia	14	Island Stingrays	1:21.63 QT
7	52334 @P	Dormond, Emily	12	South China	1:22.61 QT
8	48102 @P	Wong, Megan Min Mei	15	South China	1:23.48 QT
<b>Heat 2 of 4 Prelims</b>					
0	47157 IAZ	Wong, Pui Yiu	13	Tuen Mun	1:18.01 QT
1	30417 #B	Lowery, Jo Jo	21	YMCA OF Hong Kong	1:16.23 QT
2	43099 IAZ	Ng, Hoi Ching	16	Win Tin	1:14.23 QT
3		Chen, Pui Lam	18	Macau China	X1:11.75 QT
4	33742 IAZ	Lam, Chelsie	17	Dali Swimming Club	1:08.18 QT
5	48950 P	Gao, Jialian Candice	14	Chi Pui	1:09.03 QT
6	33979 IAZ	Liu, Hei Yu	15	White Dolphin	1:13.72 QT
7	38808 IAZ	Chan, Wing Hei	16	Pacific	1:14.59 QT
8	47395 IAZ	Yu, Yik Huen	14	Win Tin	1:17.63 QT
9	42046 IAZ	Chan, Sze Wing Nicole	16	LRC	1:20.08 QT
<b>Heat 3 of 4 Prelims</b>					
0	46244 B	Li, Man Wai Mavis	12	HK Sportworld	1:17.94 QT
1	48367 @P	Jin, Yunle	12	Chi Pui	1:15.62 QT
2	40306 IAZ	Chi, Yi Lam	15	Jockey Club	1:13.92 QT
3	46308 IAZ	So, Hei Shun	14	Kwun Tong	1:10.26 QT
4	39179 B	Man, Wui Kiu	16	Chi Pui	1:07.94 QT
5	35670 B	Cheung, Wing Yi Claire	17	Jockey Club	1:08.73 QT
6	38297 IAX	Cheung, Hau Wing	18	Lai WA	1:13.61 QT
7	43137 IAZ	Yiu, Sum Yin	15	Win Tin	1:14.55 QT
8	46111 B	Chau, Pak Yu	13	Tai PO	1:17.21 QT
9	48101 B	Tam, Xin Yau Cayenne	14	YMCA OF Hong Kong	1:18.95 QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 4 Prelims... (Event 4 Women 100 LC Meter Breaststroke)

0	50702 #@P	Chen, Claire	13	Chi Pui	1:17.74	QT
1		Kuok, Karis Hei Cheng	13	Macau China	X1:15.30	QT
2	50134 IAZN	Wu, Melody	17	South China	1:13.90	QT
3	39432 IAZ	Leung, Sze Ki Safira	16	Marlins	1:09.64	QT
4	38537 B	Chung, Wing Sum Hazel	16	HK Sportworld	1:07.54	QT
5	29060 IAZ	Lam, Hoi Kiu	22	Hoi Tin	1:08.37	QT
6	38528 B	Lam, Tsz Ying	15	Hoi Tin	1:12.18	QT
7	39149 IAZ	Xing, Yina	14	Happy Valley	1:14.51	QT
8	49708 B	Chan, Wing Vanessa	12	Tai PO	1:16.86	QT
9	47072 IAZ	Foo, Hoi Yu	15	Tai PO	1:18.76	QT

## Event 5 Men 400 LC Meter IM

HKR: 4:26.54

WHITTINGTON, Peter Harry, DLS

JR: 4:32.42

WCA: 4:17.48

WCB: 4:26.49

5:19.19

QT Qualifying Time

Meet Qualifying: 5:19.19

Lane	ID#	Name	Age	Team	Seed Time	
<b>Heat 1 of 3 Prelims</b>						
0	48542 B	Wang, Wallace	12	Win Tin	5:19.19	QT
1	46149 @IAX	Yeung, Ching Hong Henry	13	Dali Swimming Club	5:19.19	QT
2	43394 IAZ	Lam, Cheuk Yin	14	Hoi Tin	4:59.16	QT
3	40122 B	Kor, Pak Yin	14	South China	4:55.73	QT
4	44270 IAZ	Luk, Chun Yu	13	Hoi Tin	4:54.16	QT
5	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	4:54.91	QT
6		Fok, Cheng Tong	14	Macau China	X4:58.12	QT
7	42517 B	Poon, Lai Man	15	Happy Valley	5:04.79	QT
8	50306 #B	Kau, Kwan Yat Jayden	12	Kwan Hung	5:19.19	QT
9	43009 B	Wong, Ho Long	14	Dik Wing	5:19.19	QT
<b>Heat 2 of 3 Prelims</b>						
0	44966 IAZ	Kwok, Long Yin Elden	13	Chi Pui	4:50.78	QT
1	47416 IAZ	Yip, Wing Hang	14	Chi Pui	4:46.99	QT
2	36895 B	Lo, Kei Hon Andre	17	Hoi Tin	4:41.23	QT
3	37574 P	Chen, Eric Q	16	Island Stingrays	4:33.17	QT
4	48237 IAZ	Wang, Yi Shun	17	Chi Pui	4:17.78	QT
5	40455 IAZ	Lam, Wai Lok	17	Sun Yip	4:31.40	QT
6	39277 B	Fung, Ho Chun	17	Chi Pui	4:38.29	QT
7	44682 IAZ	Wan, Wui Bun	13	Pacific	4:45.22	QT
8	50683 #@IAX	Leng, Chon Kuo	14	Hoi Tin	4:50.16	QT
9	38496 IAZ	Lam, Lang Kai	17	Chi Pui	4:52.11	QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 3 Prelims... (Event 5 Men 400 LC Meter IM)

0	44269 B	Sum, Wai Chong	14	Hoi Tin	4:50.62	QT
1	40882 B	Lee, Chung Hei Aiden	15	Hoi Tin	4:45.88	QT
2	40460 IAZ	Zhao, Oscar	16	Hoi Tin	4:38.94	QT
3	36547 IAZ	Wong, Yik Yan Sean	18	South China	4:32.98	QT
4	38227 IAZ	Lo, Tsz Lam	18	Win Tin	4:13.25	QT
5	40879 IAZ	Chen, Zheng Xuan Jason	14	Hoi Tin	4:23.86	QT
6	34714 B	Chan, Chi Kit Javen	17	Win Tin	4:37.22	QT
7	48681 #IAZ	Ho, James On	16	Chi Pui	4:41.41	QT
8	43578 IAZ	Lam, Tsz Sum Karl	13	Chi Pui	4:48.02	QT
9	39532 B	Lam, Ho Lam	13	Win Tin	4:50.78	QT

Event 6 Women 100 LC Meter Butterfly

HKR: 58.12 HAUGHEY Siobhan Bernadette SCA

JR: 1:00.54

WCA: 58.33

WCB: 1:00.37

1:13.26 QT Qualifying Time

Meet Qualifying: 1:13.26

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>					
3	51620 B	Dong, Chao Ran Eve	12	Win Tin	1:13.26 QT
4	49872 IAZ	Tong, Ching Hei Heidi	11	Tai PO	1:12.69 QT
5	49107 @IM	Dong, Zichun	14	South China	1:13.11 QT
<b>Heat 2 of 4 Prelims</b>					
0		Law, Sat Lam	14	Macau China	X1:10.15 QT
1	38054 IAZ	Yeung, Pui Lam	15	Kwun Tong	1:08.28 QT
2		Cheang, Weng Chi	19	Macau China	X1:04.81 QT
3	45894 #IAZ	Yu, Kok Yiu Khloe	15	Kwun Tong	1:03.22 QT
4	43424 IAZ	Mathis, Mya Lynn	16	Tai PO	1:00.19 QT
5	55502 #@IM	Lin, Jiaqin	14	Chi Pui	1:01.41 QT
6	42151 IAZ	Lai, Cheuk Ling Maris	14	Happy Valley	1:03.58 QT
7	47584 B	Cheung, Sum Yu	12	Flying Fish	1:06.79 QT
8	41875 IAZ	Li, Hei Man	15	Sword Fish Club	1:09.04 QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 3 Prelims... (Event 6 Women 100 LC Meter Butterfly)

0	45715 IAZ	Book, Sze Yan	13	Lai WA	1:09.90	QT
1	42458 IAZ	Hon, Tsz Tung	15	Hoi Tin	1:07.79	QT
2	51429 IAZ	Hao, Merlynn	13	Tai PO	1:04.73	QT
3	45531 IAZ	Zhong, Sin Yiu	14	Marlins	1:02.40	QT
4	20540 IAZ	Kan, Cheuk Tung Natalie	23	Hoi Tin	59.74	QT
5	29449 B	Leung, Wing Tsun Rachel	19	Win Tin	1:00.68	QT
6	36827 IAZ	Wong, Anthea Ching Wun	23	Island Stingrays	1:03.32	QT
7	44140 IAZ	Tong, Youjia	13	Dik Wing	1:05.00	QT
8	46070 IAZN	Lee, Long Ching Sunshine	12	Pacific	1:08.84	QT
9	48396 #IAZ	Chan, Sum Yin Kasey	12	Kwun Tong	1:10.84	QT

Heat 4 of 4 Prelims

0	46150 B	Huang, Zhong Hui Zhi Sofia	12	Pacific	1:09.38	QT
1	44740 IAZ	Ma, Yat Yin	13	Hoi Tin	1:07.52	QT
2	48088 IAZ	Wang, Ching Yee	13	Happy Valley	1:04.10	QT
3	53037 @ICX	Sun, Qimiao	15	Chi Pui	1:01.83	QT
4	40655 IAZ	Ma, Malia	18	Hoi Tin	58.91	QT
5	35932 B	Wong, Sze Laam Serena	16	Win Tin	1:00.45	QT
6	28108 B	Seeto, Wai Ching	21	Keung Sung	1:03.22	QT
7	47038 IAZ	Kwok, You YoYo	13	Hoi Tin	1:04.99	QT
8	47272 #IAZ	Man, Harmony Valentina	14	Win Tin	1:08.73	QT
9	51789 @P	Hao, Ailynn	11	Tai PO	1:10.68	QT

Event 7 Men 100 LC Meter Backstroke

HKR: 55.51 KWAN Hayden, PSC

JR: 57.73

WCA: 53.94

WCB: 55.83

1:07.39 QT Qualifying Time

Meet Qualifying: 1:07.39

Lane	ID#	Name	Age	Team	Seed	Time
<b>Heat 1 of 4 Prelims</b>						
0	51368 @^IM	Liu, Yinan	15	Win Tin	1:07.39	QT
1	46777 B	Lee, Cheuk Fung	13	Sun Yip	1:07.39	QT
2	47596 B	Ng, Ka Po	13	Sea Lion	1:05.54	QT
3	39332 B	Wu, Yik Hei	16	HK Sportworld	1:05.02	QT
4	48167 B	Cheung, Tsz Hin	13	Tai PO	1:04.81	QT
5	40236 B	Lam, Cho Hang	16	Keung Sung	1:04.83	QT
6	37513 IAZ	Wan, Lok Him	16	Win Tin	1:05.38	QT
7	44646 @IAX	Cheng, Chi Shing	12	Win Tin	1:06.94	QT
8	45797 B	Liu, Ho Lun	12	Long Fame	1:07.39	QT
9	47887 B	Wong, Chi Hang	13	Dali Swimming Club	1:07.39	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 2 Prelims... (Event 7 Men 100 LC Meter Backstroke)

0	50319 @IAX	Ng, Hoi Yeung	13	Chi Pui	1:03.29	QT
1	56882 IAX	Man, Pui Chun	13	Chi Pui	1:01.25	QT
2	39071 B	Luk, Man Him	17	Win Tin	59.92	QT
3	40104 B	Cheung, Yung	15	White Dolphin	57.67	QT
4	28636 B	Chan, Tsz Chiu	22	Keung Sung	55.07	QT
5	37159 IAZ	Andiappan, Ethan Siddha Hsu	16	LRC	56.18	QT
6	15423 IAZ	Cheung, Yau Ming	28	Hoi Tin	59.02	QT
7	36852 IAZ	Chau, Houston	16	Tai PO	1:00.86	QT
8	38737 B	Mak, King Lam Matthew	17	Win Tin	1:01.70	QT
9		Ng, Mou Tong	14	Macau China	X1:04.47	QT

## Heat 3 of 4 Prelims

0	51867 IAZ	Ng, Tsz Ching	14	Sun Yip	1:03.04	QT
1	43164 B	Lee, Pak Kiu	15	Dik Wing	1:01.18	QT
2	43427 IAZ	Lam, Kayden	14	Chi Pui	59.87	QT
3	33504 IAZ	Leung, Lok Hei	20	North Sports	57.63	QT
4	12117 IAZ	Lau, Shiu Yue	28	Hoi Tin	54.06	QT
5	27239 B	Chan, Sheung Kwan	23	Keung Sung	55.68	QT
6	17709 B	Whittington, Ryan Michael	25	South China	58.94	QT
7	34715 B	Chan, Chi Ho Steven	17	Win Tin	1:00.63	QT
8	37746 @P	Qiu, Junhao	17	Island Stingrays	1:01.63	QT
9	45893 IAZ	Choi, Kayleb Pui-Lok	15	YMCA OF Hong Kong	1:03.81	QT

## Heat 4 of 4 Prelims

0	44781 IAX	Wong, Kwong Wa Donald	16	Lai WA	1:02.71	QT
1	40881 IAZN	Ray-smith, Henry Joseph Evel	15	Hoi Tin	1:00.99	QT
2	41457 IAZ	Leung, Hoi Chun	17	Kwun Tong	59.64	QT
3	36737 B	Chan, Wang Hei Terence	19	Tai PO	56.82	QT
4	35292 P	Yu, Dongqi	18	Hoi Tin	53.11	QT
5	36902 IAO	Kwan, Hayden	23	Pacific	55.51	QT
6	33758 IAZ	Leung, Tsz Wo	18	Hoi Tin	58.35	QT
7	30198 B	Lam, Cheuk Fung	19	Tai PO	1:00.60	QT
8	35949 B	Lo, Sui Hong	16	Dali Swimming Club	1:01.48	QT
9	44561 B	Lai, Yan Lok Sherlock	15	Win Tin	1:03.66	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Event 8 Women 50 LC Meter Backstroke

HKR: 27.98 AU Hoi Shun Stephanie, DWA  
 JR: 29.12  
 WCA: 28.22  
 WCB: 29.21  
 33.77 QT Qualifying Time

Meet Qualifying: 33.77

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Prelims</b>					
1	57353 IAZ	Lam, Wing Tung	12	Superstar	33.77 QT
2	47038 IAZ	Kwok, You YoYo	13	Hoi Tin	33.77 QT
3	37001 IAZ	Chan, Oi Yin	17	Superstar	33.77 QT
4	48083 #IAZ	Wan, Hei Yeen Hailey	12	Pacific	33.47 QT
5	50013 IAZ	Lui, Yat Hei Hailey	11	Hoi Tin	33.74 QT
6	40655 IAZ	Ma, Malia	18	Hoi Tin	33.77 QT
7	47970 B	Yip, Wan Tsz Anisa	11	Hoi Tin	33.77 QT
8	51677 #IAZ	Fong, Yen En	13	Happy Valley	33.77 QT
<b>Heat 2 of 5 Prelims</b>					
0	49492 B	Au, Wing Cing	12	Tai PO	33.23 QT
1		Leong, Man Io	16	Macau China	X32.97 QT
2	51413 B	Liu, Xiaohui Roanna	12	White Dolphin	32.76 QT
3	47344 B	Ng, Cheuk Yee	15	HK Sportworld	32.52 QT
4	44473 IAZ	Chow, Tsz Tung	13	Tolo Harbour	32.35 QT
5	46200 IAZ	Kwong, Hoi Yee Phoebe	12	Tai PO	32.50 QT
6	46570 IAO	Yu, Charlotte Rose	13	Hoi Tin	32.62 QT
7	51635 B	Sin, Sze Yan Hailey	13	HK Sportworld	32.92 QT
8	42705 P	Krkalo, Eva Katarina	17	Island Stingrays	33.02 QT
9	47328 P	Yick, Simone Amelie	15	Island Stingrays	33.29 QT
<b>Heat 3 of 5 Prelims</b>					
0	49112 B	Yu, Ho Ching	12	Hoi Tin	32.07 QT
1	46514 #IAZ	Leung, Ka Tung Bessica	12	Pacific	31.28 QT
2	46175 IAZ	Tang, Sum Wing Gladys	13	Dik Wing	30.76 QT
3	39706 B	Yip, Tsz Laam	16	White Dolphin	29.56 QT
4	31597 B	Ng, Cheuk Yan	19	Hoi Tin	27.86 QT
5	25098 #B	Fung, Suet Ying Chloe	21	Tai PO	29.26 QT
6	46124 IAZ	Mathis, Kayla J	15	Tai PO	30.11 QT
7	43817 IAZ	Kwok, Hoi Ching	15	Tai PO	30.89 QT
8	45484 B	Tang, Hai Ting Prudence	14	YMCA OF Hong Kong	31.62 QT
9	47163 B	Lung, Pak Jing	14	Pacific	32.19 QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 4 Prelims... (Event 8 Women 50 LC Meter Backstroke)

0	45558 IAZ	Wan, Pisces	14	Dali Swimming Club	31.92	QT
1		Wong, Un Iao	16	Macau China	X31.09	QT
2	38528 B	Lam, Tsz Ying	15	Hoi Tin	30.74	QT
3	35752 B	Li, Cheuk Yiu	16	Hoi Tin	29.55	QT
4	36321 B	Cheung, Sum Yuet Cindy	19	Tai PO	27.79	QT
5	55502 #@IM	Lin, Jiaqin	14	Chi Pui	29.18	QT
6	38055 #B	Ho, Tsz Tung	15	Eastern Winter	29.87	QT
7	48850 B	Lam, Tsz Kei	13	Tai PO	30.85	QT
8	46136 @IAX	Lee, Tsz Yui	14	Hoi Tin	31.46	QT
9	38535 B	Chan, Jiselle	16	Pacific	32.18	QT

Heat 5 of 5 Prelims

0		Chan, Mei Yan	16	Macau China	X31.84	QT
1	40768 IAZ	Fung, Hoi Lui	15	Pacific	30.91	QT
2	46287 @P	Lu, Chang	15	South China	30.67	QT
3	28897 IAZ	Loo, Tsz Ki Cherrie	21	Dik Wing	29.34	QT
4	46816 IAZ	Chan, Tsz Yu Ashley	14	Hoi Tin	27.64	QT
5	35345 B	Ho, Tin Wing	16	Hoi Tin	29.15	QT
6	36936 IAZ	Ho, Pui Yan	16	Win Tin	29.76	QT
7	42270 B	Wong, Hei Tung	14	Tai PO	30.84	QT
8	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	14	Jockey Club	31.35	QT
9	46111 B	Chau, Pak Yu	13	Tai PO	32.15	QT

Event 9 Men 200 LC Meter Butterfly

HKR:	2:00.43	LIM Nicholas Owen Zhaoguang, L
JR:	2:01.23	
WCA:	1:56.51	
WCB:	2:00.59	
	2:25.98	QT Qualifying Time

Meet Qualifying: 2:25.98

Lane	ID#	Name	Age	Team	Seed Time	
<b>Heat 1 of 3 Prelims</b>						
1	38496 IAZ	Lam, Lang Kai	17	Chi Pui	2:25.57	QT
2	41225 B	Yen, Ka Hang	14	Win Tin	2:18.96	QT
3	44142IAZ	Yau, Cheuk Hin	14	Kwun Tong	2:09.31	QT
4	49179 @ICX	Zhu, Xiuping	17	Pacific	2:02.91	QT
5	43245 B	Wong, Pak Dick	15	Tuen Mun	2:06.77	QT
6	42571 IAZ	Li, Yue Kun	14	Hoi Tin	2:12.53	QT
7	39262 B	Ma, Tsz Ho	15	Win Tin	2:21.93	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 2 Prelims... (Event 9 Men 200 LC Meter Butterfly)

1	45994 IAZ	Wong, Hayden	13 Pacific	2:23.91	QT
2	44135 B	So, Chun Hei	16 Kwun Tong	2:15.13	QT
3	22961 B	Chan, Tsun Hin	21 White Dolphin	2:08.94	QT
4	33935 B	Yau, Pak Ho	18 Chi Pui	2:01.08	QT
5	30444 IAZ	Ho, Chung Lun	22 Pacific	2:03.36	QT
6	43174 B	Lam, Chun Hin	15 Sun Yip	2:12.51	QT
7	44968 B	Li, Lok Chi Adrian	13 Hoi Tin	2:20.10	QT
8	50683 #@IAX	Leng, Chon Kuo	14 Hoi Tin	2:25.98	QT

## Heat 3 of 3 Prelims

1	39500 IAZ	Lau, Tin Long	17 Kwun Tong	2:22.09	QT
2	48157 B	Yiu, Chi Him	15 Win Tin	2:13.61	QT
3	35931 B	Lam, Marcus Pak Hei	16 Win Tin	2:06.91	QT
4	33755 IAZ	Lau, Kin Hei James	17 Hoi Tin	1:59.16	QT
5	41422 B	Yick, Sum Kiu	15 Sea Lion	2:02.99	QT
6	44269 B	Sum, Wai Chong	14 Hoi Tin	2:11.63	QT
7	46780 IAZ	Tang, Jing Yun	15 Sun Yip	2:19.04	QT
8	43009 B	Wong, Ho Long	14 Dik Wing	2:25.98	QT

## Event 10 Women 200 LC Meter IM

HKR:	2:12.10	HAUGHEY Siobhan Bernadette SCA
JR:	2:13.35	
WCA:	2:12.83	
WCB:	4:52.97	
	2:38.84	QT Qualifying Time

Meet Qualifying: 2:38.84

Lane	ID#	Name	Age	Team	Seed	Time
<b>Heat 1 of 3 Prelims</b>						
1	44369 B	Cheung, Chi Ching Clara	14	Win Tin	2:32.94	QT
2	42270 B	Wong, Hei Tung	14	Tai PO	2:27.10	QT
3		Cheang, Weng Chi	19	Macau China	X2:23.98	QT
4	48950 P	Gao, Jialian Candice	14	Chi Pui	2:14.15	QT
5	48088 IAZ	Wang, Ching Yee	13	Happy Valley	2:22.71	QT
6	33715 IAZ	Ma, Gilaine	17	Tai PO	2:25.52	QT
7	41875 IAZ	Li, Hei Man	15	Sword Fish Club	2:29.60	QT
8	42665 #B	Siu, Annabelle Tsz Huen	12	Kwun Tong	2:36.80	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 2 Prelims... (Event 10 Women 200 LC Meter IM)

1	44473 IAZ	Chow, Tsz Tung	13	Tolo Harbour	2:32.43	QT
2	41485 IAZ	Tang, Lok Yin	14	Happy Valley	2:27.07	QT
3	43137 IAZ	Yiu, Sum Yin	15	Win Tin	2:23.89	QT
4	39179 B	Man, Wui Kiu	16	Chi Pui	2:13.99	QT
5	39531 B	Lee, Hoi Lam	15	Win Tin	2:20.71	QT
6	31301 IAZ	To, Wing Yan	19	Happy Valley	2:25.11	QT
7	53991 IAZ	Li, Zimo	13	Chi Pui	2:28.70	QT
8	47484 IAZ	Bao, Sum Yi Lucinda	14	Win Tin	2:35.58	QT

## Heat 3 of 3 Prelims

0	47272 #IAZ	Man, Harmony Valentina	14	Win Tin	2:38.84	QT
1	48850 B	Lam, Tsz Kei	13	Tai PO	2:32.21	QT
2	44554 B	Lee, Wing Sze	15	Hoi Tin	2:26.96	QT
3	39905 IAZ	Lan, Jasmine Lauren	16	Jockey Club	2:23.62	QT
4	42490	Wang, Xin Tong	17	Win Tin	2:13.31	QT
5	31841 IAZ	Ng, Lai Wa	20	Hoi Tin	2:16.30	QT
6	35932 B	Wong, Sze Laam Serena	16	Win Tin	2:24.40	QT
7	51429 IAZ	Hao, Merlynn	13	Tai PO	2:27.91	QT
8	51789 @P	Hao, Ailynn	11	Tai PO	2:34.56	QT

## Event 11 Men 400 LC Meter Freestyle

HKR: 3:50.53 CHEUK Ming Ho, CPS

JR: 3:57.77

WCA: 3:48.15

WCB: 3:56.14

4:34.03 QT Qualifying Time

## Meet Qualifying: 4:34.03

Lane	ID#	Name	Age	Team	Seed	Time
<b>Heat 1 of 5 Prelims</b>						
3	50306 #B	Kau, Kwan Yat Jayden	12	Kwan Hung	4:34.03	QT
4	46523 #IAZ	Tse, Ching Long Deron	16	Happy Valley	4:34.03	QT
5	57938 ICX	Li, HongCai	12	Pacific	4:34.03	QT
<b>Heat 2 of 5 Prelims</b>						
0	43847 IAZ	Mak, Tsz Chun	13	Pacific	4:34.03	QT
1	46053 IAZ	Chan, Oi Hei	12	Superstar	4:34.03	QT
2	57334 @IAX	Xu, ZhExi	13	Win Tin	4:29.99	QT
3	46068 B	Akande, Asher Oloruntoba	16	Win Tin	4:24.44	QT
4	48157 B	Yiu, Chi Him	15	Win Tin	4:23.20	QT
5	42051 B	Chung, Jose Tian Lang	14	Win Tin	4:24.22	QT
6	42517 B	Poon, Lai Man	15	Happy Valley	4:26.09	QT
7	43393 IAZ	Lam, Cheuk Hang	14	Hoi Tin	4:32.59	QT
8	40739 IAZ	Yu, Tsz Hei	16	White Dolphin	4:34.03	QT
9	46464 IAZ	Tse, Shing Yu	14	Pacific	4:34.03	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 3 Prelims... (Event 11 Men 400 LC Meter Freestyle)

0	38725 B	Hong, Yan Shek	15 Pacific	4:22.44	QT
1	46435 B	Chong, Cheuk Yin	14 Tai PO	4:21.45	QT
2	41189 B	Wong, Yat Long Isaac	16 Kwun Tong	4:15.29	QT
3	42625 B	He, Yu Hao	15 Chi Pui	4:13.81	QT
4	46564 IAZ	Hon, Man Sing	14 Hoi Tin	4:13.07	QT
5	37746 @P	Qiu, Junhao	17 Island Stingrays	4:13.42	QT
6	43919 IAZ	Chui, Hoi Haang	17 White Dolphin	4:13.93	QT
7	44966 IAZ	Kwok, Long Yin Elden	13 Chi Pui	4:16.89	QT
8	47596 B	Ng, Ka Po	13 Sea Lion	4:22.21	QT
9	54617 @IM	Wu, Zelei	11 Win Tin	4:22.92	QT

## Heat 4 of 5 Prelims

0	44682 IAZ	Wan, Wui Bun	13 Pacific	4:11.34	QT
1	37663 IAZ	Yan, Kyle	17 Hoi Tin	4:06.78	QT
2	37083 P	Kwan, Nicholas	18 Tai PO	4:03.74	QT
3	32095 B	Lau, Chor Tik	16 Win Tin	3:59.46	QT
4	29257 B	He, Shing Ip	20 Chi Pui	3:51.68	QT
5	30733 IAZ	Lai, King Wo Barry	19 Win Tin	3:54.63	QT
6	35648 IAZ	Lau, Tsz Pok	18 Pacific	4:01.65	QT
7	43918 @IAZ	Chui, Ue Haang	15 White Dolphin	4:06.08	QT
8	37574 P	Chen, Eric Q	16 Island Stingrays	4:09.95	QT
9	44270 IAZ	Luk, Chun Yu	13 Hoi Tin	4:12.92	QT

## Heat 5 of 5 Prelims

0	22961 B	Chan, Tsun Hin	21 White Dolphin	4:10.18	QT
1	45472 B	Yeung, Tsz Ho	14 HK Sportworld	4:06.25	QT
2	48418 IAZ	Liao, Zitong	15 Chi Pui	4:02.38	QT
3	35022 IAZ	Ip, Ali	18 Tai PO	3:56.56	QT
4	33922 P	So, Kwun Wa	18 White Dolphin	3:49.56	QT
5	38227 IAZ	Lo, Tsz Lam	18 Win Tin	3:51.83	QT
6	43212 B	Tsang, Pak Kiu	16 Sun Yip	3:59.84	QT
7	41900 B	Han, Pak Kiu	16 Hoi Tin	4:04.72	QT
8	48681 #IAZ	Ho, James On	16 Chi Pui	4:07.37	QT
9	40076 #B	Chan, Ho Him Dickson	14 South China	4:11.80	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Event 12 Women 50 LC Meter Freestyle

HKR: 24.30 HAUGHEY Siobhan Bernadette SCA  
 JR: 25.03  
 WCA: 24.86  
 WCB: 25.73  
 28.83 QT Qualifying Time

Meet Qualifying: 28.83

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Prelims</b>					
3	57087 @IAX	Ho, Lok Yee Grace	13	Pacific	28.83 QT
4	47250 IAZ	Fong, Wing Tung	12	Long Fame	28.83 QT
5	46136 @IAX	Lee, Tsz Yui	14	Hoi Tin	28.83 QT
<b>Heat 2 of 5 Prelims</b>					
0	50013 IAZ	Lui, Yat Hei Hailey	11	Hoi Tin	28.83 QT
1	57353 IAZ	Lam, Wing Tung	12	Superstar	28.83 QT
2	52767 IAZ	Chu, Man Yin Vera	13	Kwun Tong	28.83 QT
3	14159 B	Cheng, Camille Lily Mei	32	Hoi Tin	28.83 QT
4	44089 B	Yeung, Lei Wah	13	Hoi Tin	28.78 QT
5	46778 IAZ	Yeung, Jina Hoi-ching	15	Happy Valley	28.83 QT
6	49492 B	Au, Wing Cing	12	Tai PO	28.83 QT
7	46174 IAZ	Au, Hoi Ching Abby	14	Kwan Hung	28.83 QT
8	49112 B	Yu, Ho Ching	12	Hoi Tin	28.83 QT
9	34853 B	Uhi, Viviana Marise	18	Happy Valley	28.83 QT
<b>Heat 3 of 5 Prelims</b>					
0	42705 P	Krkalo, Eva Katarina	17	Island Stingrays	28.41 QT
1	50701 IAZ	Pang, Tsz Yeuk Yolanda	13	Chi Pui	27.56 QT
2	33979 IAZ	Liu, Hei Yu	15	White Dolphin	27.12 QT
3	46253 #@P	Lutz, Gabriella Chelsea	14	Win Tin	26.46 QT
4	35455 B	Poon, Lok Yan	18	Chi Pui	26.06 QT
5	39432 IAZ	Leung, Sze Ki Safira	16	Marlins	26.34 QT
6	38422 B	Wang, Long Yee	16	Happy Valley	26.81 QT
7	43574 P	Au, Tsz Yu Chloe	15	Hoi Tin	27.23 QT
8	53991 IAZ	Li, Zimo	13	Chi Pui	28.23 QT
9	40768 IAZ	Fung, Hoi Lui	15	Pacific	28.76 QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 4 Prelims... (Event 12 Women 50 LC Meter Freestyle)

0	41031 IAZ	Tsang, Tsz Tung	12	Dik Wing	28.31	QT
1	38544 B	Kan, Ka Ching Artemis	15	Lai WA	27.45	QT
2	28897 IAZ	Loo, Tsz Ki Cherrie	21	Dik Wing	26.90	QT
3	36011 B	Law, Hang Ue Anastasia	20	Hoi Tin	26.44	QT
4	20540 IAZ	Kan, Cheuk Tung Natalie	23	Hoi Tin	25.83	QT
5	44386	Li, Yu Qing	16	Win Tin	26.22	QT
6	38029 B	Leung, Evita Yan	15	Tai PO	26.56	QT
7	46175 IAZ	Tang, Sum Wing Gladys	13	Dik Wing	27.20	QT
8	50134 IAZN	Wu, Melody	17	South China	28.22	QT
9	45888 IAZ	Lie Ken Jie, Sophie Hoi Hei	14	Jockey Club	28.65	QT

Heat 5 of 5 Prelims

0	46111 B	Chau, Pak Yu	13	Tai PO	28.24	QT
1	44674 B	Wan, Ching Yiu Iris	13	Tai PO	27.33	QT
2	28108 B	Seeto, Wai Ching	21	Keung Sung	26.88	QT
3		Chen, Pui Lam	18	Macau China	X26.36	QT
4	40738 B	Li, Sum Yiu	16	White Dolphin	24.47	QT
5	09959 IAZ	Mok, Hoi Man Sheron	30	Pacific	26.18	QT
6	53037 @ICX	Sun, Qimiao	15	Chi Pui	26.50	QT
7	40602 P	Kwon, Sowon	17	Island Stingrays	27.18	QT
8	51429 IAZ	Hao, Merlynn	13	Tai PO	27.90	QT
9	38808 IAZ	Chan, Wing Hei	16	Pacific	28.53	QT

Event 13 Men 200 LC Meter Breaststroke

HKR:	2:09.93	MAK Sai Ting Adam, HTA
JR:	2:14.41	
WCA:	2:10.32	
WCB:	2:14.88	
	2:41.90	QT Qualifying Time

Meet Qualifying: 2:41.90

Lane	ID#	Name	Age	Team	Seed Time	
<b>Heat 1 of 4 Prelims</b>						
0	52094 IAZ	Hung, Ka Chun	12	Lai WA	2:41.90	QT
1	45225 IAZ	Leung, Evan Kam Yin	14	Tai PO	2:41.90	QT
2	51640 IAZ	Cheung, Tsz Ho Ryan	13	HK Sportworld	2:38.50	QT
3	50612 IAZ	Tang, Bradley	12	Kwun Tong	2:36.53	QT
4	46149 @IAX	Yeung, Ching Hong Henry	13	Dali Swimming Club	2:36.00	QT
5	51343 IAZ	Wan, Long Hin	13	Dali Swimming Club	2:36.27	QT
6	41519 B	Mo, Hong Pok Ayden	14	Hoi Tin	2:37.59	QT
7	45833 B	Cheng, Tsun Yu	13	Sun Yip	2:40.33	QT
8	47883 B	Wan, Chun Man	13	Win Tin	2:41.90	QT
9	51424 #IAZ	Li, Kai Yuet	12	Chi Pui	2:41.90	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 2 Prelims... (Event 13 Men 200 LC Meter Breaststroke)

0	54266 B	Lau, Lok Kei	13	Win Tin	2:33.36	QT
1	36826 B	Wan, Tsz Shan Shawn	16	Win Tin	2:29.79	QT
2	47073 @IAZ	Yuen, Sze Chai Spenser	14	Winner	2:25.13	QT
3	40879 IAZ	Chen, Zheng Xuan Jason	14	Hoi Tin	2:18.94	QT
4	22994 B	Wong, Benson	23	Dali Swimming Club	2:13.65	QT
5	36314 IAZ	Mok, Long Sum	17	Lai WA	2:15.73	QT
6	33716 B	Chan, Ngai Cheung	21	Tuen Mun	2:20.43	QT
7	36895 B	Lo, Kei Hon Andre	17	Hoi Tin	2:26.90	QT
8	40882 B	Lee, Chung Hei Aiden	15	Hoi Tin	2:30.88	QT
9	44230 B	Chung, Ho Ching	14	Hoi Tin	2:35.19	QT

## Heat 3 of 4 Prelims

0	46193 B	Chan, Tsz Long Veslie	14	Tai PO	2:33.09	QT
1	45993 IAZ	Au Yeung, Blake	13	Hoi Tin	2:29.46	QT
2	40532 B	Dong, Xueyou Derek	17	Win Tin	2:22.02	QT
3	34714 B	Chan, Chi Kit Javen	17	Win Tin	2:18.19	QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	20	Win Tin	2:09.90	QT
5	53036 IAZ	Chen, Kevin	15	Chi Pui	2:14.75	QT
6	45634 IAZ	Chan, Cheuk Hin	17	Marlins	2:20.43	QT
7	38206 IAZ	Cheung, Pang Cho	18	Kwun Tong	2:26.50	QT
8	43925 B	Lam, Ka Yeung	14	Pacific	2:30.21	QT
9	51826 B	Yang, Hon Kwan	13	HK Sportworld	2:34.84	QT

## Heat 4 of 4 Prelims

0	47416 IAZ	Yip, Wing Hang	14	Chi Pui	2:31.21	QT
1	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	2:27.99	QT
2	39277 B	Fung, Ho Chun	17	Chi Pui	2:21.30	QT
3	36592 B	Lau, Ka Long	17	Hoi Tin	2:16.42	QT
4	25379 B	Mak, Sai Ting Adam	19	Hoi Tin	2:07.96	QT
5	45922 ICX	Fu, Enze	16	Chi Pui	2:14.12	QT
6	41024 B	Li, Matthew	17	HK Sportworld	2:19.41	QT
7	43578 IAZ	Lam, Tsz Sum Karl	13	Chi Pui	2:25.65	QT
8	44196 B	Wong, Sze Kwan Quintus	14	Win Tin	2:29.91	QT
9	53242 IAZ	Lau, Chi Hang Ian	17	Selective	2:33.50	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Event 14 Women 800 LC Meter Freestyle

HKR: 8:39.93 HAUGHEY Siobhan Bernadette SCA

JR: 8:50.21

WCA: 8:34.62

WCB: 8:52.63

9:50.29 QT Qualifying Time

Meet Qualifying: 9:50.29

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 3 Timed Finals</b>					
3	37001 IAZ	Chan, Oi Yin	17	Superstar	9:50.29 QT
4	40768 IAZ	Fung, Hoi Lui	15	Pacific	9:50.29 QT
5	47395 IAZ	Yu, Yik Huen	14	Win Tin	9:50.29 QT
<b>Heat 2 of 3 Timed Finals</b>					
0	44740 IAZ	Ma, Yat Yin	13	Hoi Tin	9:38.32 QT
1	40426 B	Fong, Sin Ka	15	Long Fame	9:13.68 QT
2	37874 IAZ	Choi, Hiu Ying	16	Hoi Tin	9:10.03 QT
3	31657 IAZ	Chan, Lok Mei	18	Hoi Tin	9:06.10 QT
4	40963 IAZ	Chung, Wing Yee Sessie	15	Hoi Tin	9:01.88 QT
5	19207 B	Nip, Tsz Yin	26	Eastern Winter	9:05.08 QT
6	29902 B	Lam, Cheuk Ue Natalie	21	Happy Valley	9:09.39 QT
7	38394 B	Yeung, Tin Wing	14	Hoi Tin	9:10.58 QT
8	38217 IAZ	Yan, Ellie	16	Hoi Tin	9:14.46 QT
9	45986 IAZ	Wong, Cheuk Ying Siena	14	Win Tin	9:44.81 QT
<b>Fastest Heat Swims in PM Sessions</b>					
1	44140 IAZ	Tong, Youjia	13	Dik Wing	8:57.44 QT
2	40949 #B	Sum, Yi Man	14	Hoi Tin	8:56.61 QT
3	42490	Wang, Xin Tong	17	Win Tin	8:53.11 QT
4	48950 P	Gao, Jialian Candice	14	Chi Pui	8:47.00 QT
5	36944 B	Chan, Yi Lok	15	Win Tin	8:52.43 QT
6	18545 IAZ	Lam, Pac Tung Nikita	25	Happy Valley	8:55.09 QT
7	45628 IAZ	Chan, Pui Ka	14	White Dolphin	8:56.66 QT
8	44386	Li, Yu Qing	16	Win Tin	9:00.51 QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Event 15 Men 50 LC Meter Butterfly

HKR: 23.97 NG Cheuk Yin, TPS  
 JR: 24.74  
 WCA: 23.36  
 WCB: 24.18  
 28.10 QT Qualifying Time

Meet Qualifying: 28.10

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Prelims</b>					
2	46226 B	Chan, Yu Pak	13	Win Tin	28.10 QT
3	47389 IAZ	Wan, Kin Wah Lawrence	14	Win Tin	28.10 QT
4	46034 B	Ma, Chun Ho Hercules	13	Win Tin	28.10 QT
5	45898 IAZ	Fung, Pak Woon	14	Sun Yip	28.10 QT
6	40532 B	Dong, Xueyou Derek	17	Win Tin	28.10 QT
7	34756 IAZ	Hofstede, Adam Marcel	19	Dik Wing	28.10 QT
<b>Heat 2 of 5 Prelims</b>					
0	45934 B	Lo, Hoi Chuen	13	Win Tin	28.10 QT
1	48220 IAZ	Mau, Kit Chi	16	Keung Sung	28.10 QT
2	56882 IAX	Man, Pui Chun	13	Chi Pui	28.09 QT
3	41225 B	Yen, Ka Hang	14	Win Tin	28.02 QT
4	44377 B	Ip, Shing Yau	14	Lai WA	27.96 QT
5	36897 IAZ	Han, Hao	16	Kwun Tong	28.01 QT
6	44125 IAZ	Liu, Chun Hay Hayden	15	Pacific	28.04 QT
7	49867 IAZ	Chan, Zachary Winston	12	Tai PO	28.10 QT
8	54266 B	Lau, Lok Kei	13	Win Tin	28.10 QT
9	50305 IAZ	Chan, Chun Destin	12	Sun Yip	28.10 QT
<b>Heat 3 of 5 Prelims</b>					
0	50884 IAZ	Ayhan, Atlas	13	Kowloon City	27.48 QT
1	42547 IAX	Chow, Ho Yin	15	Tolo Harbour	26.56 QT
2	42549 B	Kirk, Ian James	17	Lai WA	26.00 QT
3	54700 B	Li, Adam Onyu	17	Chi Pui	24.85 QT
4	06697 B	Koo, Ralph Yat Ho	28	Hoi Tin	24.04 QT
5	42311 IAZ	Yu, Chi Lung	18	Pacific	24.73 QT
6	41422 B	Yick, Sum Kiu	15	Sea Lion	25.28 QT
7	33758 IAZ	Leung, Tsz Wo	18	Hoi Tin	26.32 QT
8		Ip, Cheok Him	16	Macau China	X26.90 QT
9	46182 B	Sung, Pak Kiu	15	Sun Yip	27.70 QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 4 Prelims... (Event 15 Men 50 LC Meter Butterfly)

0		Sun, Chong Ian	15	Macau China	X27.38	QT
1	40095 IAZ	Chow, Ngai Fun	17	Kwun Tong	26.38	QT
2	37083 P	Kwan, Nicholas	18	Tai PO	25.50	QT
3	33755 IAZ	Lau, Kin Hei James	17	Hoi Tin	24.82	QT
4		Ng, Chi Hin	20	Macau China	X23.94	QT
5	33935 B	Yau, Pak Ho	18	Chi Pui	24.71	QT
6	55037 IAX	Man, Pui Yin	16	Chi Pui	25.25	QT
7	32426 IAZ	Lam, Tsz Yeung YY	18	Dik Wing	26.27	QT
8	48157 B	Yiu, Chi Him	15	Win Tin	26.73	QT
9	49108 @ICX	Lau, Kin Nok	15	YMCA OF Hong Kong	27.69	QT

Heat 5 of 5 Prelims

0	35900 IAZ	Lee, On Kit	17	North Sports	26.94	QT
1	38026 IAZ	Wu, Yik Ham	17	HK Sportworld	26.37	QT
2	22533 IAZ	Ng, Cheuk Yin	23	Tai PO	25.45	QT
3	49179 @ICX	Zhu, Xiuping	17	Pacific	24.82	QT
4	32248 B	Li, Sing Hoi	21	Win Tin	23.35	QT
5	44135 B	So, Chun Hei	16	Kwun Tong	24.70	QT
6	32463 IAZ	Chan, Austin	20	Dik Wing	25.00	QT
7	43245 B	Wong, Pak Dick	15	Tuen Mun	26.11	QT
8	40651 P	Leung, Tsz Ming	16	White Dolphin	26.58	QT
9	39500 IAZ	Lau, Tin Long	17	Kwun Tong	27.59	QT

Event 16 Women 200 LC Meter Backstroke

HKR:	2:09.33	LAU Yin Yan Claudia, DLS
JR:	2:15.96	
WCA:	2:11.08	
WCB:	2:15.67	
	2:37.67	QT Qualifying Time

Meet Qualifying: 2:37.67

Lane	ID#	Name	Age	Team	Seed Time	
<b>Heat 1 of 3 Prelims</b>						
0	51677 #IAZ	Fong, Yen En	13	Happy Valley	2:36.87	QT
1		Chan, Mei Yan	16	Macau China	X2:29.22	QT
2	47038 IAZ	Kwok, You YoYo	13	Hoi Tin	2:26.09	QT
3	39531 B	Lee, Hoi Lam	15	Win Tin	2:21.17	QT
4	36936 IAZ	Ho, Pui Yan	16	Win Tin	2:14.52	QT
5	55502 #@IM	Lin, Jiaqin	14	Chi Pui	2:17.62	QT
6	51413 B	Liu, Xiaohui Roanna	12	White Dolphin	2:24.58	QT
7	45531 IAZ	Zhong, Sin Yiu	14	Marlins	2:28.38	QT
8	47579 @P	Furuta, Lia	14	Island Stingrays	2:34.34	QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 2 Prelims... (Event 16 Women 200 LC Meter Backstroke)

0	47970 B	Yip, Wan Tsz Anisa	11	Hoi Tin	2:36.38	QT
1	42704 @P	Krkalo, Mila Sofia	15	Island Stingrays	2:28.85	QT
2	46514 #IAZ	Leung, Ka Tung Bessica	12	Pacific	2:24.61	QT
3	46124 IAZ	Mathis, Kayla J	15	Tai PO	2:20.46	QT
4	46816 IAZ	Chan, Tsz Yu Ashley	14	Hoi Tin	2:14.25	QT
5	35455 B	Poon, Lok Yan	18	Chi Pui	2:16.22	QT
6	48850 B	Lam, Tsz Kei	13	Tai PO	2:22.25	QT
7	46200 IAZ	Kwong, Hoi Yee Phoebe	12	Tai PO	2:27.27	QT
8	50013 IAZ	Lui, Yat Hei Hailey	11	Hoi Tin	2:31.62	QT

Heat 3 of 3 Prelims

0	47328 P	Yick, Simone Amelie	15	Island Stingrays	2:35.91	QT
1	46570 IAO	Yu, Charlotte Rose	13	Hoi Tin	2:28.58	QT
2	39706 B	Yip, Tsz Laam	16	White Dolphin	2:24.59	QT
3	35345 B	Ho, Tin Wing	16	Hoi Tin	2:17.94	QT
4	36321 B	Cheung, Sum Yuet Cindy	19	Tai PO	2:06.54	QT
5	35752 B	Li, Cheuk Yiu	16	Hoi Tin	2:16.17	QT
6	38967 B	Gao, Elva	16	Hoi Tin	2:21.53	QT
7	42270 B	Wong, Hei Tung	14	Tai PO	2:26.74	QT
8	38535 B	Chan, Jiselle	16	Pacific	2:31.37	QT
9	49597 B	Chow, Ava	12	Win Tin	2:37.67	QT

Event 17 Men 800 LC Meter Freestyle

HKR:	8:03.41	CHEUK Ming Ho, CPS
JR:	8:18.64	
WCA:	7:48.66	
WCB:	8:05.06	
	9:30.00	QT Qualifying Time

Meet Qualifying: 9:30.00

Lane	ID#	Name	Age	Team	Seed	Time
<b>Heat 1 of 5 Timed Finals</b>						
1	52645 #IAZ	Tang, Pak San	13	Pacific	9:30.00	QT
2	43257 B	Yau, Lik Hang	15	Tuen Mun	9:30.00	QT
3	45994 IAZ	Wong, Hayden	13	Pacific	9:30.00	QT
4	34488 B	Lau, Chi Shun	16	Pacific	9:30.00	QT
5	41764 #IAZ	Chow, Yu Chak	18	Superstar	9:30.00	QT
6	50274 IAZ	Chong, Tik Long Dave	13	Pacific	9:30.00	QT
7	45934 B	Lo, Hoi Chuen	13	Win Tin	9:30.00	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

**Heat 2 Timed Finals... (Event 17 Men 800 LC Meter Freestyle)**

0	47106 B	Tang, Giles James	15	Keung Sung	9:23.09	QT
1	43009 B	Wong, Ho Long	14	Dik Wing	9:09.85	QT
2	40111 B	Wong, Yik Man Mike	14	South China	9:06.63	QT
3	42281 #IAZ	Tsang, Lok Him Casper	14	Kwun Tong	9:02.30	QT
4	41189 B	Wong, Yat Long Isaac	16	Kwun Tong	8:58.95	QT
5	50683 #@IAX	Leng, Chon Kuo	14	Hoi Tin	8:59.99	QT
6	44196 B	Wong, Sze Kwan Quintus	14	Win Tin	9:05.87	QT
7	44146 B	Gao, William	15	Chi Pui	9:09.11	QT
8	32426 IAZ	Lam, Tsz Yeung YY	18	Dik Wing	9:12.20	QT
9	38881 B	Chong, Tik Hei Dick	16	Pacific	9:30.00	QT

**Heat 3 of 5 Timed Finals**

0	43919 IAZ	Chui, Hoi Haang	17	White Dolphin	8:50.55	QT
1	42571 IAZ	Li, Yue Kun	14	Hoi Tin	8:48.55	QT
2	39576 B	Chan, Pak Yu	15	Chi Pui	8:45.41	QT
3	39571 IAZ	Cheung, Chi Daniel	17	Sun Yip	8:41.15	QT
4	47679 B	Tsui, Ka Hei	14	Sun Yip	8:37.47	QT
5	44270 IAZ	Luk, Chun Yu	13	Hoi Tin	8:40.68	QT
6	44966 IAZ	Kwok, Long Yin Elden	13	Chi Pui	8:43.62	QT
7	42625 B	He, Yu Hao	15	Chi Pui	8:45.48	QT
8	42051 B	Chung, Jose Tian Lang	14	Win Tin	8:49.42	QT
9	48956 IAZ	Lam, Cheuk Fung	13	Chi Pui	8:57.95	QT

**Heat 4 of 5 Timed Finals**

0	40460 IAZ	Zhao, Oscar	16	Hoi Tin	8:36.79	QT
1	39573 B	Lee, Chak Fung Jaiden	16	Hoi Tin	8:32.08	QT
2	43918 @IAX	Chui, Ue Haang	15	White Dolphin	8:29.49	QT
3	03439 IAZ	Sin, Chin Ting Keith	31	South China	8:28.56	QT
4	39574 B	Lau, Yi Fung	16	Sun Yip	8:26.97	QT
5	35648 IAZ	Lau, Tsz Pok	18	Pacific	8:27.42	QT
6	22961 B	Chan, Tsun Hin	21	White Dolphin	8:28.99	QT
7	45472 B	Yeung, Tsz Ho	14	HK Sportworld	8:31.32	QT
8	38725 B	Hong, Yan Shek	15	Pacific	8:33.83	QT
9	46564 IAZ	Hon, Man Sing	14	Hoi Tin	8:37.02	QT

**Fastest Heat Swims in PM Sessions**

1	38496 IAZ	Lam, Lang Kai	17	Chi Pui	8:25.40	QT
2	35022 IAZ	Ip, Ali	18	Tai PO	8:21.38	QT
3	29257 B	He, Shing Ip	20	Chi Pui	7:59.71	QT
4	33922 P	So, Kwun Wa	18	White Dolphin	7:57.33	QT
5	48237 IAZ	Wang, Yi Shun	17	Chi Pui	7:58.07	QT
6	37663 IAZ	Yan, Kyle	17	Hoi Tin	8:12.86	QT
7	48681 #IAZ	Ho, James On	16	Chi Pui	8:23.80	QT
8	35931 B	Lam, Marcus Pak Hei	16	Win Tin	8:25.75	QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Event 18 Women 1500 LC Meter Freestyle

HKR: 16:51.05 HO Nam Wai, WTS

JR: 16:58.79

WCA: 16:24.56

WCB: 16:59.02

19:20.00 QT Qualifying Time

Meet Qualifying: 19:20.00

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Timed Finals</b>					
1	47395 IAZ	Yu, Yik Huen	14	Win Tin	18:56.56 QT
2	41875 IAZ	Li, Hei Man	15	Sword Fish Club	18:44.89 QT
3	44386	Li, Yu Qing	16	Win Tin	17:33.35 QT
4	44674 B	Wan, Ching Yiu Iris	13	Tai PO	17:14.30 QT
5	31657 IAZ	Chan, Lok Mei	18	Hoi Tin	17:22.44 QT
6	40426 B	Fong, Sin Ka	15	Long Fame	17:44.19 QT
7	45537 IAZ	Yeung, Cheuk Yiu	14	Happy Valley	18:48.46 QT
8	51933 @P	Frescucci, Alice	13	South China	19:19.18 QT

**Fastest Heat Swims in PM Sessions**

1	18545 IAZ	Lam, Pac Tung Nikita	25	Happy Valley	17:05.77 QT
2	40949 #B	Sum, Yi Man	14	Hoi Tin	17:03.91 QT
3	44140 IAZ	Tong, Youjia	13	Dik Wing	16:54.82 QT
4	19207 B	Nip, Tsz Yin	26	Eastern Winter	16:49.05 QT
5	36944 B	Chan, Yi Lok	15	Win Tin	16:51.88 QT
6	37874 IAZ	Choi, Hiu Ying	16	Hoi Tin	17:02.04 QT
7	29902 B	Lam, Cheuk Ue Natalie	21	Happy Valley	17:04.91 QT
8	40963 IAZ	Chung, Wing Yee Sessie	15	Hoi Tin	17:11.65 QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Event 19 Men 200 LC Meter Freestyle

HKR: 1:47.46 CHEUK Ming Ho, CPS

JR: 1:52.59

WCA: 1:46.70

WCB: 1:50.43

2:08.25 QT Qualifying Time

Meet Qualifying: 2:08.25

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Prelims</b>					
0	57334 @IAX	Xu, ZhExi	13	Win Tin	2:08.25 QT
1	48906 IAZ	Wai, Aidan Kwan Hon	15	South China	2:08.25 QT
2	46780 IAZ	Tang, Jing Yun	15	Sun Yip	2:08.25 QT
3	40095 IAZ	Chow, Ngai Fun	17	Kwun Tong	2:06.49 QT
4	43578 IAZ	Lam, Tsz Sum Karl	13	Chi Pui	2:04.50 QT
5	54617 @IM	Wu, Zelei	11	Win Tin	2:05.67 QT
6	46068 B	Akande, Asher Oloruntoba	16	Win Tin	2:08.25 QT
7	46523 #IAZ	Tse, Ching Long Deron	16	Happy Valley	2:08.25 QT
8	50571 B	Chung, Ka Yeung Karston	11	Hoi Tin	2:08.25 QT
9	58435 @IAX	Chen, Pengxu	16	Win Tin	2:08.25 QT
<b>Heat 2 of 5 Prelims</b>					
0	44142IAZ	Yau, Cheuk Hin	14	Kwun Tong	2:03.85 QT
1	46435 B	Chong, Cheuk Yin	14	Tai PO	2:02.50 QT
2	38737 B	Mak, King Lam Matthew	17	Win Tin	2:01.95 QT
3	39532 B	Lam, Ho Lam	13	Win Tin	2:01.67 QT
4		Fok, Cheng Tong	14	Macau China	X2:01.41 QT
5	42051 B	Chung, Jose Tian Lang	14	Win Tin	2:01.66 QT
6	38496 IAZ	Lam, Lang Kai	17	Chi Pui	2:01.92 QT
7	48157 B	Yiu, Chi Him	15	Win Tin	2:02.49 QT
8	42517 B	Poon, Lai Man	15	Happy Valley	2:03.24 QT
9	43164 B	Lee, Pak Kiu	15	Dik Wing	2:04.04 QT
<b>Heat 3 of 5 Prelims</b>					
0	40076 #B	Chan, Ho Him Dickson	14	South China	1:59.75 QT
1	45472 B	Yeung, Tsz Ho	14	HK Sportworld	1:58.61 QT
2	39571 IAZ	Cheung, Chi Daniel	17	Sun Yip	1:54.88 QT
3	32095 B	Lau, Chor Tik	16	Win Tin	1:50.80 QT
4	41900 B	Han, Pak Kiu	16	Hoi Tin	1:48.86 QT
5	48237 IAZ	Wang, Yi Shun	17	Chi Pui	1:50.43 QT
6	35648 IAZ	Lau, Tsz Pok	18	Pacific	1:53.63 QT
7	35258 B	Cheung, Man Ho	15	Sea Lion	1:57.29 QT
8	42571 IAZ	Li, Yue Kun	14	Hoi Tin	1:59.19 QT
9	46182 B	Sung, Pak Kiu	15	Sun Yip	2:01.11 QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 4 Prelims... (Event 19 Men 200 LC Meter Freestyle)

0	44135 B	So, Chun Hei	16	Kwun Tong	1:59.74	QT
1	46564 IAZ	Hon, Man Sing	14	Hoi Tin	1:58.43	QT
2	43918 @IAX	Chui, Ue Haang	15	White Dolphin	1:54.73	QT
3	30733 IAZ	Lai, King Wo Barry	19	Win Tin	1:50.63	QT
4	29257 B	He, Shing Ip	20	Chi Pui	1:48.02	QT
5	35022 IAZ	Ip, Ali	18	Tai PO	1:50.13	QT
6	37083 P	Kwan, Nicholas	18	Tai PO	1:51.90	QT
7	35931 B	Lam, Marcus Pak Hei	16	Win Tin	1:56.70	QT
8	42625 B	He, Yu Hao	15	Chi Pui	1:59.11	QT
9	43919 IAZ	Chui, Hoi Haang	17	White Dolphin	2:00.04	QT

Heat 5 of 5 Prelims

0	41189 B	Wong, Yat Long Isaac	16	Kwun Tong	1:59.39	QT
1	36897 IAZ	Han, Hao	16	Kwun Tong	1:58.12	QT
2	50162 IAZ	Kim, Yo Hann	15	Chi Pui	1:54.13	QT
3	33608 IAZN	Wan, Chun Lim	19	Pacific	1:50.52	QT
4	38227 IAZ	Lo, Tsz Lam	18	Win Tin	1:46.97	QT
5	33922 P	So, Kwun Wa	18	White Dolphin	1:49.46	QT
6	43212 B	Tsang, Pak Kiu	16	Sun Yip	1:51.69	QT
7	37663 IAZ	Yan, Kyle	17	Hoi Tin	1:56.40	QT
8	40460 IAZ	Zhao, Oscar	16	Hoi Tin	1:58.97	QT
9	38725 B	Hong, Yan Shek	15	Pacific	1:59.80	QT

Event 20 Women 100 LC Meter Freestyle

HKR: 52.02 HAUGHEY Siobhan Bernadette SCA

JR: 54.47

WCA: 54.25

WCB: 56.15

1:02.90 QT Qualifying Time

Meet Qualifying: 1:02.90

Lane	ID#	Name	Age	Team	Seed	Time
<b>Heat 1 of 4 Prelims</b>						
0	47250 IAZ	Fong, Wing Tung	12	Long Fame	1:02.90	QT
1	52767 IAZ	Chu, Man Yin Vera	13	Kwun Tong	1:02.90	QT
2	46136 @IAX	Lee, Tsz Yui	14	Hoi Tin	1:02.90	QT
3	57353 IAZ	Lam, Wing Tung	12	Superstar	1:02.90	QT
4	38808 IAZ	Chan, Wing Hei	16	Pacific	1:01.22	QT
5	46174 IAZ	Au, Hoi Ching Abby	14	Kwan Hung	1:02.71	QT
6	46200 IAZ	Kwong, Hoi Yee Phoebe	12	Tai PO	1:02.90	QT
7	51620 B	Dong, Chao Ran Eve	12	Win Tin	1:02.90	QT
8	34853 B	Uhi, Viviana Marise	18	Happy Valley	1:02.90	QT
9	50013 IAZ	Lui, Yat Hei Hailey	11	Hoi Tin	1:02.90	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 2 Prelims... (Event 20 Women 100 LC Meter Freestyle)

0	42458 IAZ	Hon, Tsz Tung	15	Hoi Tin	1:00.90	QT
1	46175 IAZ	Tang, Sum Wing Gladys	13	Dik Wing	59.78	QT
2	33979 IAZ	Liu, Hei Yu	15	White Dolphin	58.88	QT
3	09959 IAZ	Mok, Hoi Man Sheron	30	Pacific	57.36	QT
4	44386	Li, Yu Qing	16	Win Tin	55.47	QT
5	29449 B	Leung, Wing Tsun Rachel	19	Win Tin	56.06	QT
6	18545 IAZ	Lam, Pac Tung Nikita	25	Happy Valley	58.18	QT
7	36936 IAZ	Ho, Pui Yan	16	Win Tin	59.45	QT
8	43660 B	Chong, Ailis Ho Qiu	13	Hoi Tin	1:00.51	QT
9		Chan, Mei Yan	16	Macau China	X1:01.04	QT

## Heat 3 of 4 Prelims

0	42151 IAZ	Lai, Cheuk Ling Maris	14	Happy Valley	1:00.82	QT
1	38544 B	Kan, Ka Ching Artemis	15	Lai WA	59.54	QT
2	38029 B	Leung, Evita Yan	15	Tai PO	58.43	QT
3	54556 ICX	Liu, Yu Han	16	Chi Pui	57.21	QT
4	33715 IAZ	Ma, Gilaine	17	Tai PO	54.07	QT
5	40949 #B	Sum, Yi Man	14	Hoi Tin	56.03	QT
6	38813 IAZN	Wong, Yuen Ching	15	Hoi Tin	57.92	QT
7	53037 @ICX	Sun, Qimiao	15	Chi Pui	58.98	QT
8	40602 P	Kwon, Sowon	17	Island Stingrays	1:00.19	QT
9	39905 IAZ	Lan, Jasmine Lauren	16	Jockey Club	1:00.94	QT

## Heat 4 of 4 Prelims

0	43574 P	Au, Tsz Yu Chloe	15	Hoi Tin	1:00.66	QT
1	38217 IAZ	Yan, Ellie	16	Hoi Tin	59.48	QT
2		Wong, Un Iao	16	Macau China	X58.28	QT
3	46253 #@P	Lutz, Gabriella Chelsea	14	Win Tin	57.12	QT
4	40738 B	Li, Sum Yiu	16	White Dolphin	53.99	QT
5	35455 B	Poon, Lok Yan	18	Chi Pui	56.01	QT
6	36011 B	Law, Hang Ue Anastasia	20	Hoi Tin	57.48	QT
7	38422 B	Wang, Long Yee	16	Happy Valley	58.90	QT
8	51429 IAZ	Hao, Merlynn	13	Tai PO	1:00.05	QT
9	45628 IAZ	Chan, Pui Ka	14	White Dolphin	1:00.92	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Event 21 Men 100 LC Meter Breaststroke

HKR: 1:00.37 CHEUNG Chi Kit Nicholas, WTS

JR: 1:03.01

WCA: 59.75

WCB: 1:01.84

1:11.64 QT Qualifying Time

Meet Qualifying: 1:11.64

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 5 Prelims</b>					
1	45898 IAZ	Fung, Pak Woon	14	Sun Yip	1:11.64 QT
2	51424 #IAZ	Li, Kai Yuet	12	Chi Pui	1:11.64 QT
3	52094 IAZ	Hung, Ka Chun	12	Lai WA	1:11.64 QT
4	47416 IAZ	Yip, Wing Hang	14	Chi Pui	1:10.82 QT
5	50612 IAZ	Tang, Bradley	12	Kwun Tong	1:10.92 QT
6	51343 IAZ	Wan, Long Hin	13	Dali Swimming Club	1:11.64 QT
7	51826 B	Yang, Hon Kwan	13	HK Sportworld	1:11.64 QT
<b>Heat 2 of 5 Prelims</b>					
0	41023 #B	Wan, Ho Long	17	Kwun Tong	1:10.23 QT
1	46193 B	Chan, Tsz Long Veslie	14	Tai PO	1:09.57 QT
2	54266 B	Lau, Lok Kei	13	Win Tin	1:09.27 QT
3	44230 B	Chung, Ho Ching	14	Hoi Tin	1:09.14 QT
4	42686 B	Zhan, Wei Feng James	16	Kowloon City	1:08.78 QT
5	45311 B	Tsui, Yuen Ying Max	14	Tai PO	1:09.02 QT
6	50693 IAZ	Chong, Chi Chian Nicholas	16	South China	1:09.20 QT
7	47455 IAZ	Pan, Yu Lam	19	Lai WA	1:09.46 QT
8	43396 IAZ	Chan, Kin Ching	16	Jockey Club	1:09.62 QT
9	45474 B	Shek, Tsz Hang Jason	15	HK Sportworld	1:10.30 QT
<b>Heat 3 of 5 Prelims</b>					
0	52361 IAZ	Zhang, David	15	Pacific	1:07.31 QT
1	36826 B	Wan, Tsz Shan Shawn	16	Win Tin	1:06.16 QT
2	40532 B	Dong, Xueyou Derek	17	Win Tin	1:04.93 QT
3	53036 IAZ	Chen, Kevin	15	Chi Pui	1:02.47 QT
4	36314 IAZ	Mok, Long Sum	17	Lai WA	1:00.32 QT
5	45703 IAZ	Tsui, Yik Ki	18	Pacific	1:02.09 QT
6	31822 B	Lau, Ming Yui	20	Lai WA	1:03.75 QT
7	39277 B	Fung, Ho Chun	17	Chi Pui	1:05.88 QT
8	34714 B	Chan, Chi Kit Javen	17	Win Tin	1:06.88 QT
9	46409 IAZ	Wang, Zi Ran	16	Island Stingrays	1:08.65 QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 4 Prelims... (Event 21 Men 100 LC Meter Breaststroke)

0	53242 IAZ	Lau, Chi Hang Ian	17	Selective	1:07.17	QT
1	42025 IAO	Luk, Arnold Bingtse	29	South China	1:05.99	QT
2	33495 IAZ	Wan, Siu Chun	21	Tai PO	1:04.59	QT
3	53688 IAZ	Dai, Fu Yan	16	Chi Pui	1:02.32	QT
4	30694 IAZ	Cheung, Chi Kit Nicholas	20	Win Tin	59.73	QT
5	32738 IAZ	Man, Ho Him	20	Lai WA	1:01.92	QT
6	33716 B	Chan, Ngai Cheung	21	Tuen Mun	1:03.03	QT
7	41024 B	Li, Matthew	17	HK Sportworld	1:05.16	QT
8	46466 IAZ	Tsui, Yik Shun	14	Pacific	1:06.87	QT
9	47878 IAZ	Mak, Ching Kiu	14	Win Tin	1:08.51	QT

## Heat 5 of 5 Prelims

0	38206 IAZ	Cheung, Pang Cho	18	Kwun Tong	1:06.97	QT
1	39500 IAZ	Lau, Tin Long	17	Kwun Tong	1:05.92	QT
2	36592 B	Lau, Ka Long	17	Hoi Tin	1:03.90	QT
3	22994 B	Wong, Benson	23	Dali Swimming Club	1:02.27	QT
4	25379 B	Mak, Sai Ting Adam	19	Hoi Tin	58.88	QT
5	22413 IAZ	Lee, Shing Yan	23	Hoi Tin	1:01.31	QT
6	45922 ICX	Fu, Enze	16	Chi Pui	1:02.67	QT
7	45634 IAZ	Chan, Cheuk Hin	17	Marlins	1:05.13	QT
8	47073 @IAX	Yuen, Sze Chai Spenser	14	Winner	1:06.25	QT
9	43578 IAZ	Lam, Tsz Sum Karl	13	Chi Pui	1:07.34	QT

## Event 22 Women 50 LC Meter Breaststroke

HKR: 30.36 HAUGHEY Siobhan Bernadette SCA

JR: 31.54

WCA: 30.75

WCB: 31.83

37.66 QT Qualifying Time

## Meet Qualifying: 37.66

Lane	ID#	Name	Age	Team	Seed Time	
<b>Heat 1 of 5 Prelims</b>						
3	50324 @IAO	Berko, Anicka	10	Hoi Tin	37.66	QT
4	46778 IAZ	Yeung, Jina Hoi-ching	15	Happy Valley	37.66	QT
5	47970 B	Yip, Wan Tsz Anisa	11	Hoi Tin	37.66	QT
<b>Heat 2 of 5 Prelims</b>						
1	11920 B	Tam, Hoi Lam	27	Current Club Ltd	37.66	QT
2	48905 IAZ	Yau, Lok Kay Leanne	15	South China	37.66	QT
3	45558 IAZ	Wan, Pisces	14	Dali Swimming Club	37.66	QT
4	54362 #IAZ	Luk, Suzanne	12	HK Sportworld	37.52	QT
5	49325 IAZ	Lai, Tsz Tung	11	Hoi Tin	37.61	QT
6	48102 @P	Wong, Megan Min Mei	15	South China	37.66	QT
7	46377 B	Tseung, Wing Man	13	Win Tin	37.66	QT
8	49985 B	Tsoi, Ho Lam	11	Win Tin	37.66	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 3 Prelims... (Event 22 Women 50 LC Meter Breaststroke)

0	49708 B	Chan, Wing Vanessa	12 Tai PO	36.00	QT
1	42270 B	Wong, Hei Tung	14 Tai PO	35.20	QT
2	48850 B	Lam, Tsz Kei	13 Tai PO	34.15	QT
3	50134 IAZN	Wu, Melody	17 South China	33.78	QT
4	38537 B	Chung, Wing Sum Hazel	16 HK Sportworld	31.74	QT
5	39432 IAZ	Leung, Sze Ki Safira	16 Marlins	32.12	QT
6	40306 IAZ	Chi, Yi Lam	15 Jockey Club	33.83	QT
7	30417 #B	Lowery, Jo Jo	21 YMCA OF Hong Kong	35.06	QT
8	46111 B	Chau, Pak Yu	13 Tai PO	35.78	QT
9	49634 B	Yau, Hoi Ching	12 Win Tin	37.42	QT

## Heat 4 of 5 Prelims

0	48101 B	Tam, Xin Yau Cayenne	14 YMCA OF Hong Kong	35.88	QT
1		Kuok, Karis Hei Cheng	13 Macau China	X35.19	QT
2	33979 IAZ	Liu, Hei Yu	15 White Dolphin	34.06	QT
3	38297 IAX	Cheung, Hau Wing	18 Lai WA	33.47	QT
4	35670 B	Cheung, Wing Yi Claire	17 Jockey Club	31.65	QT
5		Chen, Pui Lam	18 Macau China	X32.03	QT
6	34853 B	Uhi, Viviana Marise	18 Happy Valley	33.80	QT
7	43099 IAZ	Ng, Hoi Ching	16 Win Tin	34.57	QT
8	46244 B	Li, Man Wai Mavis	12 HK Sportworld	35.55	QT
9	49002 B	Tong, Yu Yam	13 Happy Valley	37.35	QT

## Heat 5 of 5 Prelims

0	48367 @P	Jin, Yunle	12 Chi Pui	35.86	QT
1	50702 #@P	Chen, Claire	13 Chi Pui	35.07	QT
2	39149 IAZ	Xing, Yina	14 Happy Valley	33.92	QT
3	46253 #@P	Lutz, Gabriella Chelsea	14 Win Tin	32.72	QT
4	39179 B	Man, Wui Kiu	16 Chi Pui	31.60	QT
5	46308 IAZ	So, Hei Shun	14 Kwun Tong	31.93	QT
6	38528 B	Lam, Tsz Ying	15 Hoi Tin	33.79	QT
7	38808 IAZ	Chan, Wing Hei	16 Pacific	34.33	QT
8	47157 IAZ	Wong, Pui Yiu	13 Tuen Mun	35.52	QT
9	47072 IAZ	Foo, Hoi Yu	15 Tai PO	36.23	QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Event 23 Men 100 LC Meter Butterfly

HKR: 53.36 HO Ian Yentou, SCA  
 JR: 54.42  
 WCA: 51.77  
 WCB: 53.58

1:04.75 QT Qualifying Time

Meet Qualifying: 1:04.75

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>					
3	50305 IAZ	Chan, Chun Destin	12	Sun Yip	1:04.75 QT
4	58435 @IAZ	Chen, Pengxu	16	Win Tin	1:04.75 QT
5	44968 B	Li, Lok Chi Adrian	13	Hoi Tin	1:04.75 QT
6	49867 IAZ	Chan, Zachary Winston	12	Tai PO	1:04.75 QT
<b>Heat 2 of 4 Prelims</b>					
0	43174 B	Lam, Chun Hin	15	Sun Yip	1:02.33 QT
1	48395 #IAZ	Lee, Chi Pan Wilson	14	Lai WA	1:01.00 QT
2	44142IAZ	Yau, Cheuk Hin	14	Kwun Tong	58.78 QT
3	41422 B	Yick, Sum Kiu	15	Sea Lion	56.93 QT
4	33755 IAZ	Lau, Kin Hei James	17	Hoi Tin	53.59 QT
5	44135 B	So, Chun Hei	16	Kwun Tong	54.38 QT
6	35931 B	Lam, Marcus Pak Hei	16	Win Tin	58.34 QT
7	48157 B	Yiu, Chi Him	15	Win Tin	59.76 QT
8	41225 B	Yen, Ka Hang	14	Win Tin	1:02.11 QT
9	46151 IAZ	Yang, Rui Xuan Ethan	15	Hoi Tin	1:04.64 QT
<b>Heat 3 of 4 Prelims</b>					
0	46780 IAZ	Tang, Jing Yun	15	Sun Yip	1:02.19 QT
1	47389 IAZ	Wan, Kin Wah Lawrence	14	Win Tin	1:00.94 QT
2	43009 B	Wong, Ho Long	14	Dik Wing	58.65 QT
3	30444 IAZ	Ho, Chung Lun	22	Pacific	56.44 QT
4	06697 B	Koo, Ralph Yat Ho	28	Hoi Tin	52.89 QT
5	33935 B	Yau, Pak Ho	18	Chi Pui	54.33 QT
6	42547 IAZ	Chow, Ho Yin	15	Tolo Harbour	58.15 QT
7	35949 B	Lo, Sui Hong	16	Dali Swimming Club	59.33 QT
8	39500 IAZ	Lau, Tin Long	17	Kwun Tong	1:01.82 QT
9	45934 B	Lo, Hoi Chuen	13	Win Tin	1:03.99 QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 4 Prelims... (Event 23 Men 100 LC Meter Butterfly)

0		Chau, Hou Cheng	17	Macau China	X1:02.14	QT
1		Sun, Chong Ian	15	Macau China	X1:00.61	QT
2	36897 IAZ	Han, Hao	16	Kwun Tong	58.59	QT
3	55037 IAX	Man, Pui Yin	16	Chi Pui	56.19	QT
4	32248 B	Li, Sing Hoi	21	Win Tin	52.27	QT
5	49179 @ICX	Zhu, Xiuping	17	Pacific	54.01	QT
6	43245 B	Wong, Pak Dick	15	Tuen Mun	57.87	QT
7	38026 IAZ	Wu, Yik Ham	17	HK Sportworld	58.85	QT
8	44377 B	Ip, Shing Yau	14	Lai WA	1:01.69	QT
9	50683 #@IAX	Leng, Chon Kuo	14	Hoi Tin	1:03.42	QT

Event 24 Women 400 LC Meter IM

HKR:	4:48.58	CHENG Chloe, PSC
JR:	4:51.30	
WCA:	4:43.06	
WCB:	4:52.97	
	5:38.68	QT Qualifying Time

Meet Qualifying: 5:38.68

Lane	ID#	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Prelims</b>						
2	44369 B	Cheung, Chi Ching Clara	14	Win Tin	5:19.63	QT
3	35932 B	Wong, Sze Laam Serena	16	Win Tin	5:03.64	QT
4	31841 IAZ	Ng, Lai Wa	20	Hoi Tin	4:44.45	QT
5	39531 B	Lee, Hoi Lam	15	Win Tin	5:02.12	QT
6	44554 B	Lee, Wing Sze	15	Hoi Tin	5:11.61	QT
7	41875 IAZ	Li, Hei Man	15	Sword Fish Club	5:24.05	QT
<b>Heat 2 of 2 Prelims</b>						
2	45628 IAZ	Chan, Pui Ka	14	White Dolphin	5:13.75	QT
3	31301 IAZ	To, Wing Yan	19	Happy Valley	5:02.43	QT
4	48950 P	Gao, Jialian Candice	14	Chi Pui	4:43.01	QT
5	42490	Wang, Xin Tong	17	Win Tin	4:46.87	QT
6	41485 IAZ	Tang, Lok Yin	14	Happy Valley	5:06.96	QT
7	47484 IAZ	Bao, Sum Yi Lucinda	14	Win Tin	5:21.06	QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Event 25 Men 50 LC Meter Backstroke

HKR: 26.00 LAU Shiu Yue, HTA  
 JR: 26.81  
 WCA: 25.11  
 WCB: 25.99  
 30.58 QT Qualifying Time

Meet Qualifying: 30.58

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>					
1	43557 P	Wong, Pak Him	14	Win Tin	30.53 QT
2	47596 B	Ng, Ka Po	13	Sea Lion	30.38 QT
3	47652 IAZ	Lui, Lok Chun Titus	14	Dali Swimming Club	29.85 QT
4	44125 IAZ	Liu, Chun Hay Hayden	15	Pacific	29.59 QT
5	39332 B	Wu, Yik Hei	16	HK Sportworld	29.72 QT
6	46226 B	Chan, Yu Pak	13	Win Tin	30.27 QT
7	51368 @^IM	Liu, Yinan	15	Win Tin	30.43 QT
8	44646 @IAX	Cheng, Chi Shing	12	Win Tin	30.58 QT
<b>Heat 2 of 4 Prelims</b>					
0	46337 B	Chan, Jayvee Ying Lok	14	Pacific	28.55 QT
1	34715 B	Chan, Chi Ho Steven	17	Win Tin	28.13 QT
2	15423 IAZ	Cheung, Yau Ming	28	Hoi Tin	27.55 QT
3	22533 IAZ	Ng, Cheuk Yin	23	Tai PO	26.26 QT
4	12117 IAZ	Lau, Shiu Yue	28	Hoi Tin	24.89 QT
5	42311 IAZ	Yu, Chi Lung	18	Pacific	25.57 QT
6	36902 IAO	Kwan, Hayden	23	Pacific	26.47 QT
7	45893 IAZ	Choi, Kayleb Pui-Lok	15	YMCA OF Hong Kong	27.90 QT
8	38737 B	Mak, King Lam Matthew	17	Win Tin	28.35 QT
9		Ng, Mou Tong	14	Macau China	X29.49 QT
<b>Heat 3 of 4 Prelims</b>					
0	43427 IAZ	Lam, Kayden	14	Chi Pui	28.46 QT
1	56882 IAX	Man, Pui Chun	13	Chi Pui	27.98 QT
2	33758 IAZ	Leung, Tsz Wo	18	Hoi Tin	27.53 QT
3	36737 B	Chan, Wang Hei Terence	19	Tai PO	25.81 QT
4	35292 P	Yu, Dongqi	18	Hoi Tin	24.68 QT
5	37159 IAZ	Andiappan, Ethan Siddha Hsu	16	LRC	25.43 QT
6	27239 B	Chan, Sheung Kwan	23	Keung Sung	26.45 QT
7	40881 IAZN	Ray-smith, Henry Joseph Evel	15	Hoi Tin	27.80 QT
8	51867 IAZ	Ng, Tsz Ching	14	Sun Yip	28.22 QT
9	37746 @P	Qiu, Junhao	17	Island Stingrays	29.37 QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 4 Prelims... (Event 25 Men 50 LC Meter Backstroke)

0	41457 IAZ	Leung, Hoi Chun	17	Kwun Tong	28.37	QT
1	39071 B	Luk, Man Him	17	Win Tin	27.94	QT
2	32457 B	Lau, Chi To	19	Happy Valley	26.50	QT
3	55037 IAX	Man, Pui Yin	16	Chi Pui	25.77	QT
4	28636 B	Chan, Tsz Chiu	22	Keung Sung	24.47	QT
5	34756 IAZ	Hofstede, Adam Marcel	19	Dik Wing	24.99	QT
6	33504 IAZ	Leung, Lok Hei	20	North Sports	26.31	QT
7	43164 B	Lee, Pak Kiu	15	Dik Wing	27.63	QT
8	36852 IAZ	Chau, Houston	16	Tai PO	28.16	QT
9	49108 @ICX	Lau, Kin Nok	15	YMCA OF Hong Kong	28.83	QT

## Event 26 Women 100 LC Meter Backstroke

HKR: 1:00.22 AU Hoi Shun Stephanie, DWA

JR: 1:02.70

WCA: 1:00.46

WCB: 1:02.58

1:15.80 QT Qualifying Time

Meet Qualifying: 1:15.80

Lane	ID#	Name	Age	Team	Seed	Time
<b>Heat 1 of 5 Prelims</b>						
1	48024 IAZ	Wong, Skylar Adrienne	12	Dali Swimming Club	1:15.73	QT
2	37001 IAZ	Chan, Oi Yin	17	Superstar	1:15.23	QT
3	43483 IAZ	Poon, Natalie Hailey	16	LRC	1:14.90	QT
4	49597 B	Chow, Ava	12	Win Tin	1:13.96	QT
5	46001 IAZ	Mak, Tsz Wing	12	Pacific	1:14.02	QT
6	55680 IAZ	Chan, Sze Wing Crystal	11	Tai PO	1:15.22	QT
7	49775 IAZ	Ng, Chi Ching	15	Lai WA	1:15.36	QT
8	42922 B	Mak, Ching Yi	11	Win Tin	1:15.80	QT
<b>Heat 2 of 5 Prelims</b>						
0	48902 IAZ	Wei, Kate	12	South China	1:13.88	QT
1	42705 P	Krkalo, Eva Katarina	17	Island Stingrays	1:13.52	QT
2	47970 B	Yip, Wan Tsz Anisa	11	Hoi Tin	1:12.82	QT
3	50013 IAZ	Lui, Yat Hei Hailey	11	Hoi Tin	1:12.59	QT
4	51635 B	Sin, Sze Yan Hailey	13	HK Sportworld	1:11.33	QT
5	35798 IAZ	Wong, Hin Yan	16	Hoi Tin	1:12.39	QT
6		Leong, Man Io	16	Macau China	X1:12.65	QT
7	47328 P	Yick, Simone Amelie	15	Island Stingrays	1:12.90	QT
8	51677 #IAZ	Fong, Yen En	13	Happy Valley	1:13.68	QT
9	47579 @P	Furuta, Lia	14	Island Stingrays	1:13.95	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 3 Prelims... (Event 26 Women 100 LC Meter Backstroke)

0	46175 IAZ	Tang, Sum Wing Gladys	13	Dik Wing	1:09.59	QT
1	44473 IAZ	Chow, Tsz Tung	13	Tolo Harbour	1:08.56	QT
2	46287 @P	Lu, Chang	15	South China	1:07.19	QT
3	46124 IAZ	Mathis, Kayla J	15	Tai PO	1:03.91	QT
4	55502 #@IM	Lin, Jiaqin	14	Chi Pui	1:02.02	QT
5	25098 #B	Fung, Suet Ying Chloe	21	Tai PO	1:03.38	QT
6	45531 IAZ	Zhong, Sin Yiu	14	Marlins	1:05.76	QT
7	40768 IAZ	Fung, Hoi Lui	15	Pacific	1:07.98	QT
8	43137 IAZ	Yiu, Sum Yin	15	Win Tin	1:09.12	QT
9	45484 B	Tang, Hai Ting Prudence	14	YMCA OF Hong Kong	1:11.23	QT

## Heat 4 of 5 Prelims

0	38535 B	Chan, Jiselle	16	Pacific	1:09.58	QT
1	46200 IAZ	Kwong, Hoi Yee Phoebe	12	Tai PO	1:08.33	QT
2	43817 IAZ	Kwok, Hoi Ching	15	Tai PO	1:07.03	QT
3	35752 B	Li, Cheuk Yiu	16	Hoi Tin	1:03.84	QT
4	46816 IAZ	Chan, Tsz Yu Ashley	14	Hoi Tin	59.46	QT
5	31597 B	Ng, Cheuk Yan	19	Hoi Tin	1:02.84	QT
6	39706 B	Yip, Tsz Laam	16	White Dolphin	1:05.72	QT
7	47038 IAZ	Kwok, You YoYo	13	Hoi Tin	1:07.78	QT
8	47344 B	Ng, Cheuk Yee	15	HK Sportworld	1:09.06	QT
9	46570 IAO	Yu, Charlotte Rose	13	Hoi Tin	1:10.58	QT

## Heat 5 of 5 Prelims

0	51413 B	Liu, Xiaohui Roanna	12	White Dolphin	1:09.47	QT
1	48850 B	Lam, Tsz Kei	13	Tai PO	1:08.03	QT
2	39531 B	Lee, Hoi Lam	15	Win Tin	1:06.91	QT
3	35345 B	Ho, Tin Wing	16	Hoi Tin	1:03.70	QT
4	36321 B	Cheung, Sum Yuet Cindy	19	Tai PO	59.01	QT
5	36936 IAZ	Ho, Pui Yan	16	Win Tin	1:02.59	QT
6	38055 #B	Ho, Tsz Tung	15	Eastern Winter	1:04.00	QT
7	42270 B	Wong, Hei Tung	14	Tai PO	1:07.40	QT
8		Chan, Mei Yan	16	Macau China	X1:08.90	QT
9	42704 @P	Krkalo, Mila Sofia	15	Island Stingrays	1:10.43	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Event 27 Men 200 LC Meter IM

HKR: 2:01.37

TO Kenneth King Him, LWS

JR: 2:05.10

WCA: 1:59.05

WCB: 2:03.22

2:24.55 QT Qualifying Time

Meet Qualifying: 2:24.55

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>					
0	41519 B	Mo, Hong Pok Ayden	14	Hoi Tin	2:24.55 QT
1	35292 P	Yu, Dongqi	18	Hoi Tin	2:24.55 QT
2	46226 B	Chan, Yu Pak	13	Win Tin	2:24.55 QT
3	46149 @IAX	Yeung, Ching Hong Henry	13	Dali Swimming Club	2:24.55 QT
4	50683 #@IAX	Leng, Chon Kuo	14	Hoi Tin	2:19.86 QT
5	46523 #IAZ	Tse, Ching Long Deron	16	Happy Valley	2:24.55 QT
6	48220 IAZ	Mau, Kit Chi	16	Keung Sung	2:24.55 QT
7	47073 @IAX	Yuen, Sze Chai Spenser	14	Winner	2:24.55 QT
8	40532 B	Dong, Xueyou Derek	17	Win Tin	2:24.55 QT
<b>Heat 2 of 4 Prelims</b>					
0	43578 IAZ	Lam, Tsz Sum Karl	13	Chi Pui	2:17.18 QT
1	50319 @IAX	Ng, Hoi Yeung	13	Chi Pui	2:15.71 QT
2	43427 IAZ	Lam, Kayden	14	Chi Pui	2:13.23 QT
3	41422 B	Yick, Sum Kiu	15	Sea Lion	2:07.31 QT
4	44135 B	So, Chun Hei	16	Kwun Tong	2:04.16 QT
5	40455 IAZ	Lam, Wai Lok	17	Sun Yip	2:06.59 QT
6	34714 B	Chan, Chi Kit Javen	17	Win Tin	2:10.14 QT
7	39500 IAZ	Lau, Tin Long	17	Kwun Tong	2:14.75 QT
8	40882 B	Lee, Chung Hei Aiden	15	Hoi Tin	2:16.38 QT
9	47416 IAZ	Yip, Wing Hang	14	Chi Pui	2:17.63 QT
<b>Heat 3 of 4 Prelims</b>					
0		Fok, Cheng Tong	14	Macau China	X2:17.13 QT
1	48157 B	Yiu, Chi Him	15	Win Tin	2:15.63 QT
2	45472 B	Yeung, Tsz Ho	14	HK Sportworld	2:12.48 QT
3	36547 IAZ	Wong, Yik Yan Sean	18	South China	2:07.00 QT
4	33755 IAZ	Lau, Kin Hei James	17	Hoi Tin	2:04.09 QT
5	21248 B	Lau, Ping Chi	23	Hoi Tin	2:05.33 QT
6	39277 B	Fung, Ho Chun	17	Chi Pui	2:10.09 QT
7	36897 IAZ	Han, Hao	16	Kwun Tong	2:14.65 QT
8	40122 B	Kor, Pak Yin	14	South China	2:16.14 QT
9	44487 IAZN	Harward, Maxim William Patri	16	South China	2:17.35 QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 4 Prelims... (Event 27 Men 200 LC Meter IM)

0	38206 IAZ	Cheung, Pang Cho	18	Kwun Tong	2:16.75	QT
1	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	2:14.76	QT
2	45634 IAZ	Chan, Cheuk Hin	17	Marlins	2:10.62	QT
3	40879 IAZ	Chen, Zheng Xuan Jason	14	Hoi Tin	2:06.64	QT
4	38227 IAZ	Lo, Tsz Lam	18	Win Tin	1:57.79	QT
5	25379 B	Mak, Sai Ting Adam	19	Hoi Tin	2:04.94	QT
6	30444 IAZ	Ho, Chung Lun	22	Pacific	2:09.45	QT
7	43245 B	Wong, Pak Dick	15	Tuen Mun	2:13.77	QT
8	36895 B	Lo, Kei Hon Andre	17	Hoi Tin	2:15.84	QT
9	44966 IAZ	Kwok, Long Yin Elden	13	Chi Pui	2:17.22	QT

Event 28 Women 200 LC Meter Butterfly

HKR:	2:10.63	YEUNG Hoi Ching, TPS
JR:	2:14.06	
WCA:	2:09.21	
WCB:	2:13.73	
	2:31.17	QT Qualifying Time

Meet Qualifying: 2:31.17

Lane	ID#	Name	Age	Team	Seed Time	
<b>Heat 1 of 2 Prelims</b>						
2	46150 B	Huang, Zhong Hui Zhi Sofia	12	Pacific	2:30.38	QT
3	29902 B	Lam, Cheuk Ue Natalie	21	Happy Valley	2:17.35	QT
4	43424 IAZ	Mathis, Mya Lynn	16	Tai PO	2:12.84	QT
5	31841 IAZ	Ng, Lai Wa	20	Hoi Tin	2:14.71	QT
6	45531 IAZ	Zhong, Sin Yiu	14	Marlins	2:23.39	QT
7	38054 IAZ	Yeung, Pui Lam	15	Kwun Tong	2:31.17	QT
<b>Heat 2 of 2 Prelims</b>						
2	47038 IAZ	Kwok, You YoYo	13	Hoi Tin	2:24.85	QT
3	35932 B	Wong, Sze Laam Serena	16	Win Tin	2:16.02	QT
4	40655 IAZ	Ma, Malia	18	Hoi Tin	2:10.16	QT
5	29449 B	Leung, Wing Tsun Rachel	19	Win Tin	2:14.07	QT
6	48088 IAZ	Wang, Ching Yee	13	Happy Valley	2:19.24	QT
7	47272 #IAZ	Man, Harmony Valentina	14	Win Tin	2:31.14	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Event 29 Men 50 LC Meter Freestyle

HKR: 21.71 HO Ian Yentou, SCA  
 JR: 23.65  
 WCA: 22.05  
 WCB: 22.82  
 25.97 QT Qualifying Time

Meet Qualifying: 25.97

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Prelims</b>					
1	51893 IAZ	Lam, Yu Ching Eugene	14	Sun Yip	25.97 QT
2	46226 B	Chan, Yu Pak	13	Win Tin	25.97 QT
3	44125 IAZ	Liu, Chun Hay Hayden	15	Pacific	25.97 QT
4	45934 B	Lo, Hoi Chuen	13	Win Tin	25.97 QT
5	45898 IAZ	Fung, Pak Woon	14	Sun Yip	25.97 QT
6	44377 B	Ip, Shing Yau	14	Lai WA	25.97 QT
7	51421 @^IM	Xu, Yufeng	13	Chi Pui	25.97 QT
<b>Heat 2 of 6 Prelims</b>					
0	50571 B	Chung, Ka Yeung Karston	11	Hoi Tin	25.97 QT
1	45606 B	Chan, Wai Chun	13	Sea Lion	25.96 QT
2	46409 IAZ	Wang, Zi Ran	16	Island Stingrays	25.67 QT
3	32095 B	Lau, Chor Tik	16	Win Tin	25.60 QT
4	45474 B	Shek, Tsz Hang Jason	15	HK Sportworld	25.37 QT
5	40780 IAZ	Chen, Yat Kai	15	Lai WA	25.38 QT
6	48065 @P	Rinaldi, Antonio	15	Esf	25.62 QT
7	51983 IAZ	Kokora, Carter Lynn	15	South China	25.71 QT
8	50884 IAZ	Ayhan, Atlas	13	Kowloon City	25.97 QT
9	56882 IAX	Man, Pui Chun	13	Chi Pui	25.97 QT
<b>Heat 3 of 6 Prelims</b>					
0	41189 B	Wong, Yat Long Isaac	16	Kwun Tong	25.30 QT
1	46182 B	Sung, Pak Kiu	15	Sun Yip	25.26 QT
2	46435 B	Chong, Cheuk Yin	14	Tai PO	25.14 QT
3	40095 IAZ	Chow, Ngai Fun	17	Kwun Tong	25.08 QT
4	32426 IAZ	Lam, Tsz Yeung YY	18	Dik Wing	24.88 QT
5		Ip, Cheok Him	16	Macau China	X25.05 QT
6	46574 IAZ	Fong, Pak Yin	15	Hoi Tin	25.12 QT
7	44230 B	Chung, Ho Ching	14	Hoi Tin	25.18 QT
8	46034 B	Ma, Chun Ho Hercules	13	Win Tin	25.27 QT
9	51501 IAZ	Chan, Tsz Nok	15	Tai PO	25.36 QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 4 Prelims... (Event 29 Men 50 LC Meter Freestyle)

0	38026 IAZ	Wu, Yik Ham	17	HK Sportworld	24.73	QT
1	43593 IAZ	Yeung, Yannick Lok-Jun	17	Pacific	24.12	QT
2	22413 IAZ	Lee, Shing Yan	23	Hoi Tin	23.59	QT
3	33435 IAZ	Siu, To	19	Dali Swimming Club	23.22	QT
4		Ng, Chi Hin	20	Macau China	X22.54	QT
5	49455 IAZ	Cai, Qi Hong	19	Chi Pui	22.82	QT
6	37083 P	Kwan, Nicholas	18	Tai PO	23.43	QT
7	37159 IAZ	Andiappan, Ethan Siddha Hsu	16	LRC	23.84	QT
8	35900 IAZ	Lee, On Kit	17	North Sports	24.51	QT
9	41064 IAZ	Sze, Hoi Ching	16	CYM	24.85	QT

## Heat 5 of 6 Prelims

0	33505 B	Hung, Chin Long	19	Sha Mei 318	24.66	QT
1	50808 #@P	Cheung, Martin Cheuk-Yue	24	South China	23.95	QT
2	34488 B	Lau, Chi Shun	16	Pacific	23.55	QT
3	33608 IAZN	Wan, Chun Lim	19	Pacific	23.05	QT
4	34756 IAZ	Hofstede, Adam Marcel	19	Dik Wing	22.41	QT
5	42311 IAZ	Yu, Chi Lung	18	Pacific	22.81	QT
6	35258 B	Cheung, Man Ho	15	Sea Lion	23.35	QT
7	39279 B	Shum, Chun Hei	16	White Dolphin	23.79	QT
8	40651 P	Leung, Tsz Ming	16	White Dolphin	24.34	QT
9	42547 IAX	Chow, Ho Yin	15	Tolo Harbour	24.83	QT

## Heat 6 of 6 Prelims

0	40485 B	Lam, Cheuk Ting	16	Chi Pui	24.52	QT
1	41529 IAZ	Chan, Yat Fung Evan	16	South China	23.88	QT
2	53688 IAZ	Dai, Fu Yan	16	Chi Pui	23.45	QT
3	54700 B	Li, Adam Onyu	17	Chi Pui	22.98	QT
4	30499 IAO	Chan, Nathan	22	Dik Wing	22.26	QT
5	22824 IAZ	Wong, Lok Kan	22	Hoi Tin	22.80	QT
6	55037 IAX	Man, Pui Yin	16	Chi Pui	23.32	QT
7		Chao, Man Hou	30	Macau China	X23.67	QT
8	32463 IAZ	Chan, Austin	20	Dik Wing	24.30	QT
9	33791 B	Tang, Kak Shing	17	Tai PO	24.78	QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Event 30 Women 400 LC Meter Freestyle

HKR: 4:05.30 HAUGHEY Siobhan Bernadette SCA

JR: 4:13.81

WCA: 4:10.23

WCB: 4:18.99

4:52.07 QT Qualifying Time

Meet Qualifying: 4:52.07

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>					
3	50768 #@IM	Chen, Yifei	12	Hoi Tin	4:52.07 QT
4	37001 IAZ	Chan, Oi Yin	17	Superstar	4:52.07 QT
5	46519 IAZ	Courtney, Sarah Margaret	12	South China	4:52.07 QT
<b>Heat 2 of 4 Prelims</b>					
0	46070 IAZN	Lee, Long Ching Sunshine	12	Pacific	4:52.07 QT
1	48083 #IAZ	Wan, Hei Yeen Hailey	12	Pacific	4:52.07 QT
2	47157 IAZ	Wong, Pui Yiu	13	Tuen Mun	4:52.07 QT
3	42665 #B	Siu, Annabelle Tsz Huen	12	Kwun Tong	4:48.38 QT
4	44740 IAZ	Ma, Yat Yin	13	Hoi Tin	4:47.95 QT
5	46001 IAZ	Mak, Tsz Wing	12	Pacific	4:48.24 QT
6	47395 IAZ	Yu, Yik Huen	14	Win Tin	4:50.51 QT
7	51429 IAZ	Hao, Merlynn	13	Tai PO	4:52.07 QT
8	53991 IAZ	Li, Zimo	13	Chi Pui	4:52.07 QT
<b>Heat 3 of 4 Prelims</b>					
0	41031 IAZ	Tsang, Tsz Tung	12	Dik Wing	4:45.20 QT
1	40426 B	Fong, Sin Ka	15	Long Fame	4:38.24 QT
2	44140 IAZ	Tong, Youjia	13	Dik Wing	4:27.34 QT
3	45628 IAZ	Chan, Pui Ka	14	White Dolphin	4:22.52 QT
4	42490	Wang, Xin Tong	17	Win Tin	4:13.32 QT
5	36944 B	Chan, Yi Lok	15	Win Tin	4:19.62 QT
6	37874 IAZ	Choi, Hiu Ying	16	Hoi Tin	4:25.07 QT
7	43660 B	Chong, Ailis Ho Qiu	13	Hoi Tin	4:35.79 QT
8	46200 IAZ	Kwong, Hoi Yee Phoebe	12	Tai PO	4:41.96 QT
9	47392 @IAON	Wu, Anna	11	Win Tin	4:47.92 QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 4 Prelims... (Event 30 Women 400 LC Meter Freestyle)

0	42458 IAZ	Hon, Tsz Tung	15	Hoi Tin	4:43.11	QT
1	42704 @P	Krkalo, Mila Sofia	15	Island Stingrays	4:35.82	QT
2	38217 IAZ	Yan, Ellie	16	Hoi Tin	4:25.10	QT
3	40949 #B	Sum, Yi Man	14	Hoi Tin	4:19.89	QT
4	33715 IAZ	Ma, Gilaine	17	Tai PO	4:09.47	QT
5	44386	Li, Yu Qing	16	Win Tin	4:18.54	QT
6	39179 B	Man, Wui Kiu	16	Chi Pui	4:22.93	QT
7		Wong, Un Iao	16	Macau China	X4:33.19	QT
8	48951 IAZN	Wu, Ruoyu Zoe	14	Tai PO	4:41.30	QT
9	46174 IAZ	Au, Hoi Ching Abby	14	Kwan Hung	4:47.70	QT

Event 31 Men 1500 LC Meter Freestyle

HKR: 15:38.76 CHEUK Ming Ho, CPS

JR: 16:00.66

WCA: 15:01.89

WCB: 15:33.46

18:20.31 QT Qualifying Time

Meet Qualifying: 18:20.31

Lane	ID#	Name	Age	Team	Seed	Time
<b>Heat 1 of 5 Timed Finals</b>						
2	46149 @IAX	Yeung, Ching Hong Henry	13	Dali Swimming Club	18:20.31	QT
3	41764 #IAZ	Chow, Yu Chak	18	Superstar	18:20.31	QT
4	54761 @^P	Zhao, Zixuan	14	Current Club Ltd	18:20.31	QT
5	57334 @IAX	Xu, ZhExi	13	Win Tin	18:20.31	QT
6	47106 B	Tang, Giles James	15	Keung Sung	18:20.31	QT
<b>Heat 2 of 5 Timed Finals</b>						
0	33716 B	Chan, Ngai Cheung	21	Tuen Mun	18:11.18	QT
1	40739 IAZ	Yu, Tsz Hei	16	White Dolphin	17:37.72	QT
2	50683 #@IAX	Leng, Chon Kuo	14	Hoi Tin	17:31.51	QT
3	44146 B	Gao, William	15	Chi Pui	17:17.72	QT
4	43394 IAZ	Lam, Cheuk Yin	14	Hoi Tin	17:03.70	QT
5	42281 #IAZ	Tsang, Lok Him Casper	14	Kwun Tong	17:11.04	QT
6	43393 IAZ	Lam, Cheuk Hang	14	Hoi Tin	17:27.82	QT
7	40111 B	Wong, Yik Man Mike	14	South China	17:35.33	QT
8	45225 IAZ	Leung, Evan Kam Yin	14	Tai PO	17:57.08	QT
9	46068 B	Akande, Asher Oloruntoba	16	Win Tin	18:12.91	QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 3 Timed Finals... (Event 31 Men 1500 LC Meter Freestyle)

0	43919 IAZ	Chui, Hoi Haang	17 White Dolphin	16:54.01	QT
1	42571 IAZ	Li, Yue Kun	14 Hoi Tin	16:49.14	QT
2	39576 B	Chan, Pak Yu	15 Chi Pui	16:44.67	QT
3	43918 @IAZ	Chui, Ue Haang	15 White Dolphin	16:43.59	QT
4	46564 IAZ	Hon, Man Sing	14 Hoi Tin	16:36.19	QT
5	38496 IAZ	Lam, Lang Kai	17 Chi Pui	16:41.57	QT
6	44966 IAZ	Kwok, Long Yin Elden	13 Chi Pui	16:43.85	QT
7	43164 B	Lee, Pak Kiu	15 Dik Wing	16:47.99	QT
8	42051 B	Chung, Jose Tian Lang	14 Win Tin	16:53.94	QT
9	44270 IAZ	Luk, Chun Yu	13 Hoi Tin	16:57.55	QT

Heat 4 of 5 Timed Finals

0	42625 B	He, Yu Hao	15 Chi Pui	16:28.12	QT
1	45472 B	Yeung, Tsz Ho	14 HK Sportworld	16:24.88	QT
2	35022 IAZ	Ip, Ali	18 Tai PO	16:18.81	QT
3	39574 B	Lau, Yi Fung	16 Sun Yip	16:14.24	QT
4	48681 #IAZ	Ho, James On	16 Chi Pui	16:08.71	QT
5	37663 IAZ	Yan, Kyle	17 Hoi Tin	16:09.56	QT
6	03439 IAZ	Sin, Chin Ting Keith	31 South China	16:18.72	QT
7	40460 IAZ	Zhao, Oscar	16 Hoi Tin	16:19.40	QT
8	39573 B	Lee, Chak Fung Jaiden	16 Hoi Tin	16:26.01	QT
9	47679 B	Tsui, Ka Hei	14 Sun Yip	16:29.40	QT

Fastest Heat Swims in PM Sessions

1	37574 P	Chen, Eric Q	16 Island Stingrays	15:59.83	QT
2	48418 IAZ	Liao, Zitong	15 Chi Pui	15:47.85	QT
3	33922 P	So, Kwun Wa	18 White Dolphin	15:41.16	QT
4	29257 B	He, Shing Ip	20 Chi Pui	15:20.59	QT
5	48237 IAZ	Wang, Yi Shun	17 Chi Pui	15:22.37	QT
6	30733 IAZ	Lai, King Wo Barry	19 Win Tin	15:45.71	QT
7	35648 IAZ	Lau, Tsz Pok	18 Pacific	15:56.94	QT
8	22961 B	Chan, Tsun Hin	21 White Dolphin	16:04.71	QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Event 32 Women 200 LC Meter Breaststroke

HKR: 2:27.96 KONG Yvette Man Yi, SCA  
 JR: 2:29.94  
 WCA: 2:25.91  
 WCB: 2:31.02  
 3:02.68 QT Qualifying Time

Meet Qualifying: 3:02.68

Lane	ID#	Name	Age	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>					
1	52334 @P	Dormond, Emily	12	South China	3:00.45 QT
2	54016 #IAZ	Cheng, Hoi Man	21	Keung Sung	2:59.41 QT
3	44902 IAZ	Tong, Wing Yau	14	Dali Swimming Club	2:58.02 QT
4	50712 IAZ	Yau, Lok Yan Kessie	13	South China	2:57.16 QT
5	55861 IC0	Estrada, Crishnea Cielo	13	South China	2:57.64 QT
6	46377 B	Tseung, Wing Man	13	Win Tin	2:58.91 QT
7	48102 @P	Wong, Megan Min Mei	15	South China	3:00.29 QT
<b>Heat 2 of 4 Prelims</b>					
0	49107 @IM	Dong, Zichun	14	South China	2:54.83 QT
1	50702 #@P	Chen, Claire	13	Chi Pui	2:48.66 QT
2	47395 IAZ	Yu, Yik Huen	14	Win Tin	2:44.49 QT
3		Chen, Pui Lam	18	Macau China	X2:36.03 QT
4	33742 IAZ	Lam, Chelsie	17	Dali Swimming Club	2:28.10 QT
5	35670 B	Cheung, Wing Yi Claire	17	Jockey Club	2:31.78 QT
6	46111 B	Chau, Pak Yu	13	Tai PO	2:43.24 QT
7	48367 @P	Jin, Yunle	12	Chi Pui	2:46.24 QT
8	46244 B	Li, Man Wai Mavis	12	HK Sportworld	2:50.77 QT
9	49325 IAZ	Lai, Tsz Tung	11	Hoi Tin	2:56.68 QT
<b>Heat 3 of 4 Prelims</b>					
0	47072 IAZ	Foo, Hoi Yu	15	Tai PO	2:52.56 QT
1	48170 IAZ	Choi, Hei Yi	14	Tai PO	2:47.57 QT
2	47157 IAZ	Wong, Pui Yiu	13	Tuen Mun	2:43.70 QT
3	38528 B	Lam, Tsz Ying	15	Hoi Tin	2:32.69 QT
4	29060 IAZ	Lam, Hoi Kiu	22	Hoi Tin	2:27.05 QT
5	39432 IAZ	Leung, Sze Ki Safira	16	Marlins	2:31.69 QT
6	43099 IAZ	Ng, Hoi Ching	16	Win Tin	2:40.03 QT
7	50134 IAZN	Wu, Melody	17	South China	2:45.10 QT
8	47579 @P	Furuta, Lia	14	Island Stingrays	2:50.26 QT
9	43397 IAZ	Lan, Jacey Laura	14	Jockey Club	2:56.49 QT



69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

Meet Program

Heat 4 Prelims... (Event 32 Women 200 LC Meter Breaststroke)

0	42665 #B	Siu, Annabelle Tsz Huen	12	Kwun Tong	2:51.84	QT
1	40306 IAZ	Chi, Yi Lam	15	Jockey Club	2:46.97	QT
2	43137 IAZ	Yiu, Sum Yin	15	Win Tin	2:43.33	QT
3	46308 IAZ	So, Hei Shun	14	Kwun Tong	2:31.91	QT
4	48950 P	Gao, Jialian Candice	14	Chi Pui	2:23.70	QT
5	38537 B	Chung, Wing Sum Hazel	16	HK Sportworld	2:31.22	QT
6	49708 B	Chan, Wing Vanessa	12	Tai PO	2:37.74	QT
7	53991 IAZ	Li, Zimo	13	Chi Pui	2:45.09	QT
8	44674 B	Wan, Ching Yiu Iris	13	Tai PO	2:49.21	QT
9	49634 B	Yau, Hoi Ching	12	Win Tin	2:55.61	QT

Event 33 Men 200 LC Meter Backstroke

HKR: 2:00.22 KWAN Hayden, PSC

JR: 2:06.34

WCA: 1:58.07

WCB: 2:02.20

2:28.79 QT Qualifying Time

Meet Qualifying: 2:28.79

Lane	ID#	Name	Age	Team	Seed	Time
<b>Heat 1 of 4 Prelims</b>						
2	45934 B	Lo, Hoi Chuen	13	Win Tin	2:28.79	QT
3	43557 P	Wong, Pak Him	14	Win Tin	2:27.93	QT
4	44646 @IAX	Cheng, Chi Shing	12	Win Tin	2:25.61	QT
5	40131 IAZ	Chiu, Marc Jayden	15	South China	2:26.04	QT
6	46777 B	Lee, Cheuk Fung	13	Sun Yip	2:28.11	QT
7	47887 B	Wong, Chi Hang	13	Dali Swimming Club	2:28.79	QT
<b>Heat 2 of 4 Prelims</b>						
0	43847 IAZ	Mak, Tsz Chun	13	Pacific	2:24.02	QT
1	56882 IAX	Man, Pui Chun	13	Chi Pui	2:16.93	QT
2	37746 @P	Qiu, Junhao	17	Island Stingrays	2:12.72	QT
3	33758 IAZ	Leung, Tsz Wo	18	Hoi Tin	2:06.60	QT
4	36902 IAO	Kwan, Hayden	23	Pacific	2:01.18	QT
5	33504 IAZ	Leung, Lok Hei	20	North Sports	2:04.98	QT
6	44682 IAZ	Wan, Wui Bun	13	Pacific	2:10.17	QT
7	40882 B	Lee, Chung Hei Aiden	15	Hoi Tin	2:14.67	QT
8	48167 B	Cheung, Tsz Hin	13	Tai PO	2:20.94	QT
9	40132 IAZ	Chiu, Jag Brayden	15	South China	2:25.41	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 3 Prelims... (Event 33 Men 200 LC Meter Backstroke)

0	37513 IAZ	Wan, Lok Him	16	Win Tin	2:23.62	QT
1	46299 IAZ	Lo, Kei Yan Ian	13	Hoi Tin	2:14.98	QT
2	43427 IAZ	Lam, Kayden	14	Chi Pui	2:12.55	QT
3	15423 IAZ	Cheung, Yau Ming	28	Hoi Tin	2:06.28	QT
4	35292 P	Yu, Dongqi	18	Hoi Tin	2:00.67	QT
5	40104 B	Cheung, Yung	15	White Dolphin	2:04.54	QT
6	17709 B	Whittington, Ryan Michael	25	South China	2:08.16	QT
7	39071 B	Luk, Man Him	17	Win Tin	2:13.74	QT
8	36895 B	Lo, Kei Hon Andre	17	Hoi Tin	2:20.20	QT
9	47652 IAZ	Lui, Lok Chun Titus	14	Dali Swimming Club	2:24.94	QT

## Heat 4 of 4 Prelims

0	44781 IAX	Wong, Kwong Wa Donald	16	Lai WA	2:22.23	QT
1	38737 B	Mak, King Lam Matthew	17	Win Tin	2:14.91	QT
2	34715 B	Chan, Chi Ho Steven	17	Win Tin	2:11.46	QT
3	27239 B	Chan, Sheung Kwan	23	Keung Sung	2:05.32	QT
4	28636 B	Chan, Tsz Chiu	22	Keung Sung	1:59.72	QT
5	40879 IAZ	Chen, Zheng Xuan Jason	14	Hoi Tin	2:03.34	QT
6	41457 IAZ	Leung, Hoi Chun	17	Kwun Tong	2:07.59	QT
7	50319 @IAZ	Ng, Hoi Yeung	13	Chi Pui	2:13.51	QT
8	39532 B	Lam, Ho Lam	13	Win Tin	2:19.82	QT
9	40236 B	Lam, Cho Hang	16	Keung Sung	2:24.67	QT

## Event 34 Women 50 LC Meter Butterfly

HKR: 26.55 TAM Hoi Lam, CUC

JR: 27.45

WCA: 26.23

WCB: 27.15

32.16 QT Qualifying Time

## Meet Qualifying: 32.16

Lane	ID#	Name	Age	Team	Seed Time	
<b>Heat 1 of 4 Prelims</b>						
0	41671 IAZ	Ma, Wai Yan	17	Csu	32.16	QT
1	45715 IAZ	Book, Sze Yan	13	Lai WA	32.16	QT
2	47038 IAZ	Kwok, You YoYo	13	Hoi Tin	32.16	QT
3	47272 #IAZ	Man, Harmony Valentina	14	Win Tin	31.90	QT
4		Law, Sat Lam	14	Macau China	X31.43	QT
5	53991 IAZ	Li, Zimo	13	Chi Pui	31.83	QT
6	57353 IAZ	Lam, Wing Tung	12	Superstar	32.16	QT
7	55680 IAZ	Chan, Sze Wing Crystal	11	Tai PO	32.16	QT
8	43666 B	Ng, Cheuk Lam Jolie	14	Win Tin	32.16	QT
9	51620 B	Dong, Chao Ran Eve	12	Win Tin	32.16	QT



## 69th Festival of Sport LC Time Trial - 11/04/2026 to 12/04/2026

## Meet Program

## Heat 2 Prelims... (Event 34 Women 50 LC Meter Butterfly)

0	40602 P	Kwon, Sowon	17	Island Stingrays	30.39	QT
1	14069 IAZ	Yuen, Sin Ling	29	White Dolphin	29.43	QT
2	45894 #IAZ	Yu, Kok Yiu Khloe	15	Kwun Tong	28.26	QT
3	53037 @ICX	Sun, Qimiao	15	Chi Pui	27.83	QT
4	20540 IAZ	Kan, Cheuk Tung Natalie	23	Hoi Tin	26.67	QT
5	35932 B	Wong, Sze Laam Serena	16	Win Tin	27.58	QT
6	36827 IAZ	Wong, Anthea Ching Wun	23	Island Stingrays	28.08	QT
7		Cheang, Weng Chi	19	Macau China	X29.14	QT
8	46124 IAZ	Mathis, Kayla J	15	Tai PO	29.88	QT
9	46150 B	Huang, Zhong Hui Zhi Sofia	12	Pacific	31.40	QT

## Heat 3 of 4 Prelims

0	45558 IAZ	Wan, Pisces	14	Dali Swimming Club	30.17	QT
1	46175 IAZ	Tang, Sum Wing Gladys	13	Dik Wing	29.33	QT
2	51429 IAZ	Hao, Merlynn	13	Tai PO	28.20	QT
3	18783 IAZ	Wong, Wai Nam	24	White Dolphin	27.78	QT
4	31437 B	Yeung, Hoi Ching	19	Tai PO	26.49	QT
5	40655 IAZ	Ma, Malia	18	Hoi Tin	27.57	QT
6	43424 IAZ	Mathis, Mya Lynn	16	Tai PO	27.95	QT
7	25098 #B	Fung, Suet Ying Chloe	21	Tai PO	28.65	QT
8	46136 @IAX	Lee, Tsz Yui	14	Hoi Tin	29.84	QT
9	44089 B	Yeung, Lei Wah	13	Hoi Tin	31.35	QT

## Heat 4 of 4 Prelims

0	47584 B	Cheung, Sum Yu	12	Flying Fish	30.12	QT
1	39706 B	Yip, Tsz Laam	16	White Dolphin	29.21	QT
2	55502 #@IM	Lin, Jiaqin	14	Chi Pui	28.16	QT
3	29449 B	Leung, Wing Tsun Rachel	19	Win Tin	27.76	QT
4	11920 B	Tam, Hoi Lam	27	Current Club Ltd	25.98	QT
5	40738 B	Li, Sum Yiu	16	White Dolphin	27.31	QT
6	35455 B	Poon, Lok Yan	18	Chi Pui	27.87	QT
7	46253 #@P	Lutz, Gabriella Chelsea	14	Win Tin	28.30	QT
8	50701 IAZ	Pang, Tsz Yeuk Yolanda	13	Chi Pui	29.57	QT
9	42705 P	Krkalo, Eva Katarina	17	Island Stingrays	31.04	QT

