



Panasonic

2019 Hong Kong Marathon Swimming cum Open Water Swimming Competition Series (Part 1) 2019/20

Date: 12th May 2019 (Sunday)

Alternative Race Date: 18th May 2019 (Saturday)

(Only applicable to 10 km event)

Time: 08:30 a.m. – 01:30 p.m. (Details per attached schedule)

Venue: Open Water Swimming along the Dam of the Plover Cove Reservoir,
Tai Mei Tuk, Tai Po, Hong Kong

Group & Event:

Event No.	Gender	Distance (approx.)	Group	Age
1, 2	M / F	1.7 km	Junior Group D	Age 12 – 13
3, 4	M / F	1.7 km	Junior Group C	Age 9 – 11
5, 6	M / F	1.7 km	Masters Group E	Age 25 – 29
7, 8	M / F	1.7 km	Masters Group F	Age 30 – 34
9, 10	M / F	1.7 km	Masters Group G	Age 35 – 39
11, 12	M / F	1.7 km	Masters Group H	Age 40 – 44
13, 14	M / F	1.7 km	Masters Group J	Age 45 – 49
15, 16	M / F	1.7 km	Masters Group K	Age 50 – 54
17, 18	M / F	1.7 km	Masters Group X	Age 55 – 59
19, 20	M / F	1.7 km	Masters Group Y	Age 60 – 64
21, 22	M / F	1.7 km	Masters Group Z	Age 65 or above
23, 24	M / F	1.7 km	Senior Group A	Age 14 – 17
25, 26	M / F	1.7 km	Senior Group B	Age 18 – 24

(For Junior and Senior Groups: Age is calculated as at the date of competition)

(For Masters Groups: Age is calculated as at 31st Dec 2019)

(Group No.: **Male** groups will be in **Odd** Event No. and **Female** groups will be in **Even** Event No.)

1.7 km Event Entry Eligibilities:

1. Age 9 years or above; And
2. Physically Fit; And
3. Participated in open water swimming competition or open water swimming training before; And
4. Able to swim over the required distance of the proposed event; And
5. Declaration of Responsibility is required for all swimmers; And
6. Medical Certificate is required for swimmers with age 60 & Over



Event No.	Gender	Distance (approx.)	Group	Age
27, 28	M / F	10 km	Open Group	Age 14 or above

(Group No.: **Male** groups will be in **Odd** Event No. and **Female** groups will be in **Even** Event No.)
(Age is calculated as at 31st Dec 2019)

10 km Event Entry Eligibilities:

1. Age 14 years or above; And
2. Physically Fit; And
3. Participation in FINA 10km Marathon Swimming World Cup – Hong Kong (Repulse Bay) 10 km from 2016 to 2017 or
Participation in Hong Kong Open Water Swimming Competition Series (Tai Mei Tuk) 1.7 km / 2 km / 10 km from 2016 to 2018 or
Participation in Hong Kong Open Water Swimming Competition Series (Golden Beach) 5 km from 2017 to 2019; And
4. Declaration of Responsibility is required for all swimmers; And
5. Medical Certificate is required for swimmers with age 60 & Over

Format: Timed-final shall apply. Ranking will be determined by the positions and time that swimmers achieved.

Entry Fee: 1.7 km Event (Event No. 1-26):

- i) HKASA Registered Individuals (All Disciplines): HK\$100 / Entry
- ii) Non-HKASA Registered Individuals: HK\$150 / Entry

10 km Event (Event No. 27-28):

- i) HKASA Registered Individuals (All Disciplines): HK\$100 / Entry
- ii) Non-HKASA Registered Individuals: HK\$200 / Entry

***Swimmers can only enter one of the events (1.7 km or 10 km).**

Entry & Registration Deadline

24th April 2019 (Wednesday) at 5:00 p.m.

- Entries later than 24th April 2019 **will not be accepted.**



- Awards:**
- 1) Certificate will be awarded to race finishers.
 - 2) Individual Event – Gold, Silver and Bronze Medals will be awarded to the first 3 places of Male and Female swimmers in each Group.
1.7 km Event: Medals will be awarded to 4th – 10th places of Male and Female Swimmers (for age groups in excess of 30 entries only).
 - 3) Team Event – #Trophies will be awarded to the first three Clubs with highest points (for HKASA Clubs only)

Team Event (for HKASA Clubs Only):

- i) Open Team
 - ii) Senior Team (A-B)
 - iii) Junior Team (C-D)
 - iv) Masters Overall Trophy (E-H, J, K & X-Z)
 - v) HKASA Age Group Overall Trophy* (Age 9 – 24)
 - vi) Most Supportive Club
- ◆ Club should submit the master entry form and application forms for their competing swimmers in order to gain score in team events. Any registered members applying in person will be considered as individual entry and their score will not be counted in team events.
 - ◆ For Junior Group, C & D will be combined to ONE group only.
 - ◆ For Senior Group, A & B will be combined to ONE group only.
 - ◆ For Masters Group, E-H, J, K and X-Z will be combined to ONE group only.
 - ◆ *For HKASA Age Group Overall Trophy, calculation will be based on the overall accumulated scores acquired by Clubs in Age 9-24 group (Open Group and Masters Groups are not included). Trophies will be awarded to the first 3 Clubs with the highest scores. (Please refer to the point score table below).
 - ◆ #Only Champion Team will be awarded Trophy if less than 3 Clubs participated.
 - ◆ Most Supportive Club – (1 Trophy) will be awarded to the Club with the most swimmers participating in the competition

Point Score Table:

Placing	1	2	3	4	5	6	7	8	9	10
Score	20	18	16	14	12	10	8	6	4	3

Reporting Time & Competition Route:

See attached Timetable and Competition Route Map.



Regulations:

1. FINA rules and HKASA rules will apply.
2. Swimmers must wear swimming caps provided by the HKASA during the competition.
3. Swimmer MUST present a valid Race Card issued by the HKASA at the Registration Counter / Area at the Competition Venue.
4. Swimmers who cannot show the Race Card will not be allowed to race.
5. Swimmers MUST report to the Finishing Centre immediately after the race.
6. Official may request swimmers to **leave water** if swimmers are unable to finish the race within the times as follows:

For 1.7 km event: **within 45 minutes after event starts;**

For 10 km event: **30 minutes from the finish time of the first swimmer.**

These swimmers MUST also report to the Finishing Center as soon as possible.

7. Swimmers are prohibited from using any device that may be an aid to their speed or endurance.
8. HKASA has its sole discretion to reject any entry.
9. In case of Swimmer Club transfer, the 'HKASA Transfer Rule' will apply.
10. HKASA has the final decision over all matters not assigned by the rules.
11. For the Swimwear requirements please refer to FINA Rules By Law (BL 8).

For 1.7 km event:

- With water temperature between 16°C and 20°C, wetsuits are optional.
- With water temperature over 20°C, wetsuits are not allowed.

For 10 km event:

- With water temperature below 18°C, the use of wetsuits is mandatory.
- With water temperature between 18°C and 20°C, wetsuits are optional.
- With water temperature over 20°C, wetsuits are not allowed.

12. Feeding Boat arrangement in 10 km event:

(See attached Competition Route Map)

- 12a) HKASA Registered Individuals: Each HKASA Affiliated Club is allowed to send a maximum of two HKASA Registered Coaches 2019/20 to feed their respective swimmers on the "Feeding Boat". If there are more than 3 swimmers from their clubs participating in the 10 km event, two HKASA Registered Coaches 2019/20 are allowed on the Feeding Boat.



- 12b) Non-HKASA Registered Individuals: If swimmer requires to appoint others for feeding on the "Feeding Boat" during the 10 km event, please provide the handler's name and contact number in the application form.

Race Card & Swim Cap:

Race Card will be issued after completion of application procedure. HKASA Affiliated Clubs and swimmers who submit entry applications to HKASA office in person can pick up the Race Card at HKASA office about 1 week before the competition day. For entries submitted by mail, Race cards will be received by mail to the self-address about 3 days before the competition day. Swimmer must bring the Race Card to the Registration Counter on the competition day. Swim cap will be given after reporting on the competition day and swimmers must report to the Finishing Centre after the race.

Belongings:

Swimmers may store their belongings at the "Personal Belongings" in the Venue. However, HKASA will not be responsible for any loss whatsoever incurred at the venue or during the competition.

Safety:

- 1) Safety boats and/or canoes shall patrol along the competition route.
- 2) If participants feel exhausted or are affected by cramp during the race, **please raise hand and call for help immediately.**

Responsibility:

HKASA shall try the best to ensure the safety of all swimmers during the competition. However, HKASA and its officials will not be responsible for any injuries and accidents incurred during the competition for whatsoever reasons.

Inclement Weather Arrangement:

- The Competition will be cancelled for any of the following conditions:
- ◆ Typhoon Signal **No. 3** or above, hoisted before 6:00 a.m. on the competition date;
 - ◆ Red or black rainstorm signal; hoisted before 6:00 a.m. on the competition date;
 - ◆ The sight of red tide, Shark flag or red flag is hoisted at the venue.

Remarks:

Hong Kong Amateur Swimming Association would disclose participants' age in all materials, including but not limited to Competition Programmes and Results issued from time to time.



Entry Procedures:

1. HKASA Registered Swimmers

➤ **Through HKASA Affiliated Clubs***

Clubs may submit the Master Entry Forms as usual, together with duly signed Declaration Form by each participant.

(Incomplete form and Declaration will not be accepted and fee paid not refundable)

Entry fee in crossed-cheque made payable to "HKASA", with club's name and contact telephone no. at the back of the cheque. **Cash will not be accepted.**

➤ **Not through HKASA Affiliated Clubs**

Please submit the Individual Entry Form, Individual Declaration Form, a self-addressed envelope with stamp and Entry Fee (crossed-cheque) in person or by mail to HKASA office.

2. Individual Swimmers (Non-HKASA Registered Members)

Individuals may submit the followings to the HKASA office **in person:**

- Completed Individual Entry Form
- A photocopy of H.K.I.D. Card / Identification document OR Birth Certificate (for Children group)
- Duly signed Declaration Form
- Entry fee in crossed-cheque made payable to "HKASA", please write down the applicant's name and contact telephone no. at the back of the cheque. **Cash will not be accepted.**

By Mail:

Please post the followings to the HKASA Office (Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon):

- Completed Individual Entry Form
- A photocopy of H.K.I.D. Card / Identification document OR Birth Certificate (for Children group)
- Duly signed Declaration Form
- Entry Fee in crossed-cheque made payable to "HKASA", please write down the applicant's name and contact telephone no. at the back of the cheque.
- A self-addressed envelope with stamp (for returning receipt and Race Card.) **Entry Form without self-addressed and stamped envelope will not be entertained.**

*Information of HKASA Affiliated Clubs can be found in the HKASA website.

Application Forms can be downloaded at the HKASA website: **www.hkasa.org.hk**

Enquiry Telephone No.: 2572 8594

E-mail: hkasa@hkasa.org.hk

HKASA Office Address:

Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon

Office Hours:

Monday to Friday from 10:00 a.m. – 1:00 p.m.; 2:00p.m. – 5:00p.m.

~ HKASA reserves the rights to amend the above information with or without notification and the authority for final interpretation~