



**2019/20 Hong Kong Open Water Swimming
Competition Series (Part 2)**

Date: 5th January 2020 (Sunday)

Venue: Golden Beach, Tuen Mun, Hong Kong (Open Water inside Protection Net)

Time: 9:00 am – 1:00 pm (Details per attached schedule)

Category & Event:

Event No.	Gender	Distance (approx.)	Group	Age
1 & 2	M / F	600m	Junior Group A	Age 12 – 13
3 & 4	M / F	600m	Junior Group B	Age 14 – 17
5 & 6	M / F	600m	Masters Group X	Age 18 – 34
7 & 8	M / F	600m	Masters Group Y	Age 35 – 59
9 & 10	M / F	600m	Masters Group Z	Age 60 or above
11 & 12	M / F	600m	Children Group	Age 11 or under

(Children and Junior Groups:

Age is calculated as at the date of competition)

(For Masters Groups:

Age is calculated as at 31st Dec 2020)

(For Group No.: **Male** groups will be in **Odd** Event No. and **Female** groups will be in **Even** Event No.)

600m Event Entry Eligibilities:

1. Physically Fit; And
2. Participated in open water swimming competition or open water swimming training before; And
3. Able to swim over the required distance of the proposed event; And
4. Declaration of Responsibility is required for all swimmers; And
5. Medical Certificate is required for Age 60 or above

Event No.	Gender	Distance (approx.)	Group	Age
13 & 14	M / F	5 km	Open Group	Age 14 or above

(For Group No.: **Male** groups will be in **Odd** Event No. and **Female** groups will be in **Even** Event No.)

(Age is calculated as at 31st Dec 2020)

5 km Event Entry Eligibilities:

1. Age 14 or above (Born in or before 2006); And
2. Physically Fit; And
3. Provide qualified records obtained from any 800m or 1500m swimming competitions organized or sanctioned by HKASA in swimming pool setting from 12th Dec 2018 to 11th Dec 2019, with the result achieving a minimum of 70 points in LC/SC Swimming Point Score; And



4. Participated in open water swimming competition or open water swimming training before; And
5. Able to swim over the required distance of the proposed event; And
6. Declaration of Responsibility is required for all swimmers
7. Medical Certificate is required for swimmers with age 60 or above

Format: Timed-final shall apply. Ranking will be determined by the positions and time that swimmers achieve.

Entry Fee: 600m Event (Event No. 1-12)

- i) HKASA Registered Individuals (All Disciplines): HK\$80.00 / Entry
- ii) Non-HKASA Registered Individuals: HK\$160.00 / Entry

5 km Event (Event No. 13-14)

- i) HKASA Registered Individuals (All Disciplines): HK\$100.00 / Entry
- ii) Non-HKASA Registered Individuals: HK\$200.00 / Entry

***Swimmers can only enter one of the events (600m or 5 km).**

**Entry &
Registration
Deadline**

11th December 2019 (Wednesday) at 5:00 p.m.

- Entries later than 11th December 2019 **will not be accepted.**

Awards:

- 1) Certificate will be awarded to race finishers.
- 2) Individual Event – Gold, Silver and Bronze Medals will be awarded to the first 3 places of Male and Female swimmers in each Group.
600m Event: Medals will be awarded to the 4th – 10th places of Male and Female Swimmers (for age groups in excess of 30 entries only).
- 3) Team Event – #Trophies will be awarded to the first three Clubs with highest points (for HKASA Clubs only)

Team Event (for HKASA Clubs Only):

- i) Junior Team (A – B)
- ii) Masters Team (X – Z)
- iii) Children Team
- iv) HKASA Overall Club Trophy*
- v) Most Supportive Club

- ◆ Club should submit the master entry form and application forms for their competition swimmers in order to gain score in team events. Any registered members applying in individual will be considered as individual entry and their score will not be counted in team events.



- ◆ For Junior Group, A & B will be combined to ONE group only.
- ◆ For Masters Group, X to Z will be combined to ONE group only.
- ◆ *For HKASA Overall Club Trophy, calculation will be based on the overall accumulated scores acquired by Clubs in all age groups (Masters groups and 5 km events are not included). Trophies will be awarded to the first 3 Clubs with the highest scores (Please refer to point score table below).
- ◆ #Only Champion Team will be awarded Trophy if less than 3 Clubs participated.
- ◆ Most Supportive Club – (1 Trophy) will be awarded to the Club with the most swimmers participating in the competition

Point Score Table:

Placing	1	2	3	4	5	6	7	8	9	10
Score	20	18	16	14	12	10	8	6	4	3

Reporting Time & Competition Route:

See attached Timetable and Competition Route Map.

Regulations:

1. FINA rules and HKASA rules will apply.
2. Swimmers MUST wear swimming caps provided by the HKASA during the competition.
3. Swimmer MUST present a valid Race Card issued by the HKASA at the Registration Counter / Area at the Competition Venue.
4. Swimmers who cannot show the Race Card will not be allowed to race.
5. Swimmers MUST report to the Finishing Centre immediately after the race.
6. Official may request swimmers to **leave water** if swimmers are unable to finish the race within the times as follows:
 - For 600m event: within 20 minutes after event starts;**
 - For 5 km event: 15 minutes from the finish time of the first swimmer.**

These swimmers MUST also report to the Finishing Center as soon as possible.
7. Swimmers are prohibited from using any devices that may be an aid to their speed or endurance.
8. HKASA has its sole discretion to reject any entries.
9. In case of Swimmer Club transfer, the 'HKASA Transfer Rule' will apply.
10. HKASA has the final decision over all matters not assigned by the rules.



11. For the Swimwear requirements please refer to FINA Rules By Law (BL 8).

For 600m event:

- With water temperature between 16°C and 20°C, wetsuits are optional.
- With water temperature over 20°C, wetsuits are not allowed.

For 5 km event:

- With water temperature below 18°C, the use of wetsuits is mandatory.
- With water temperature between 18°C and 20°C, wetsuits are optional.
- With water temperature over 20°C, wetsuits are not allowed.

Race Card & Swim Cap:

Race Card will be issued after completion of application procedure. HKASA Affiliated Clubs and swimmers who submit entry applications to HKASA office in person can pick up the Race Card at HKASA office about 1 week before the competition day. For entries submitted by mail, Race cards will be received by mail to the self-address about 3 days before the competition day. Swimmer must bring the Race Card to the Registration Counter on the competition day. Swim cap will be given after reporting on the competition day and swimmers must report to the Finishing Centre after the race.

Belongings:

Swimmers may store their belongings at the "Personal Belongings" in the venue. However, HKASA will not be responsible for any loss whatsoever incurred at the venue or during the competition.

Safety:

- 1) Safety boats and/or canoes shall patrol along the competition route.
- 2) If participants feel exhausted or are affected by cramp during the race, **please raise hand and call for help immediately.**

Responsibility:

HKASA shall try its best to ensure the safety of all swimmers during the competition. However, HKASA and its officials will not be responsible for any injuries and accidents incurred during the competition for whatsoever reasons.

Special Arrangement:

The Competition will be cancelled for any of the following conditions:

- ◆ Typhoon Signal **No. 3** or above, hoisted before 6:00 a.m. on the competition date;
- ◆ Red or black rainstorm signal;
- ◆ The sight of red tide, Shark flag or red flag is hoisted at the venue.
- ◆ If any social activities occur, event will be cancelled and the announcement will be made at the HKASA website. Please refer to the HKASA website.

Remarks:

Hong Kong Amateur Swimming Association would disclose participants' age in all materials, including but not limited to Competition Programmes and Results issued from time to time.



Entry Procedures:

1. HKASA Registered Swimmers

➤ **Through HKASA Affiliated Clubs***

Clubs may submit the Master Entry Forms as usual, together with duly signed Declaration Form by each participant.

Incomplete form and Declaration will not be accepted and fee paid is not refundable.

Entry fee in crossed-cheque made payable to "HKASA", with club's name and contact telephone no. at the back of the cheque. **Cash will not be accepted.**

➤ **Not through HKASA Affiliated Clubs**

Please submit the Individual Entry Form, Individual Declaration Form, a self-addressed envelope with stamp and Entry Fee (crossed-cheque) in person or by mail to HKASA office.

2. Individual Swimmers (Non-HKASA Registered Members)

Individuals may submit the followings to the HKASA office **in person**:

➤ Completed Individual Entry Form

➤ A photocopy of H.K.I.D. card / Identification document OR Birth Certificate (for Children group)

➤ Duly signed Declaration Form

➤ Entry fee in crossed-cheque made payable to "HKASA", please write down the applicant's name and contact telephone no. at the back of the cheque. **Cash will not be accepted.**

By Mail:

Please post the followings to the HKASA Office (Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon):

➤ Completed Individual Entry Form

➤ A photocopy of H.K.I.D. card / Identification document OR birth certificate (for Children group)

➤ Duly signed Declaration Form

➤ Entry Fee in crossed-cheque made payable to "HKASA", please write down the applicant's name and contact telephone no. at the back of the cheque.

➤ A self-addressed envelope with stamp (for returning receipt and Race Card.) **Entry Form without self-addressed and stamped envelope will not be entertained.**

*Information of HKASA Affiliated Clubs can be found at the HKASA website.

Application Forms can be downloaded at the HKASA website: **www.hkasa.org.hk**

Enquiry Telephone No.: 2572 8594

E-mail: hkasa@hkasa.org.hk

HKASA Office Address:

Unit L, 9/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon

Office Hours:

Monday to Friday from 10:00 a.m. – 1:00 p.m.; 2:00p.m. – 5:00p.m.

~ HKASA reserves the rights to amend the above information with or without notification and the authority for final interpretation ~