HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to 2026-27 Masters Long Course Swimming Competition - Part 3)

MEN 50M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	0:46.70	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
LEE MING	SFC	80-84	0:41.01	Spring Masters Swimming Championships 2010	06-Mar-10
TIN SHEUNG KWAI	NWC	75-79	0:31.30	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
TIN SHEUNG KWAI	NWC	70-74	0:30.07	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
TIN SHEUNG KWAI	KTS	65-69	0:29.72	Annual Long Course Masters Swimming Championships	23-Nov-14
WONG KWOK WAH	#RF	60-64	0:27.09	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
FAIOLA JEFF ALAN	HIS	55-59	0:27.36	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
RUST STEFAN ROBERT	LRC	50-54	0:25.80	FINA World Masters Championships 2017	17-Aug-17
NORTJE CRAIG ANDREW	#FB	45-49	0:26.19	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24
YAN HO CHUN	#DB	40-44	0:25.14	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:23.96	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
FU WING HARBETH	KTS	30-34	0:24.31	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
CHUNG LAI YEUNG	#DB	25-29	0:23.92	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
TING ADRIAN	***FL**	**18-24**	**0:23.34**	**Hong Kong Open Swimming Championships 2026**	**09-Aug-26**

WOMEN 50M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	85-89	0:43.22	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
TAI LI HUA	SFC	80-84	0:43.31	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
BAI XIUFEN	SFC	75-79	0:42.07	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26
WANG LI	*WA	70-74	0:38.75	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
TSEUNG NGA WAH	SFC	65-69	0:35.01	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:33.14	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:32.17	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	15-Jul-18
YAMAGUCHI MIKA	*FL	50-54	0:29.35	World Aquatics Masters World Championships 2023 - Kyushu	08-Aug-23
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:26.07	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:28.17	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
SZE HANG YU	*FL	35-39	0:27.63	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
ZHANG XIAO TONG ISABELLA	*FL	30-34	0:27.80	World Aquatics Masters World Championships 2023 - Kyushu	08-Aug-23
MOK HOI MAN SHERON	NWC	25-29	0:27.70	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
FUNG SUET YING CHLOE	*FL	18-24	0:28.08	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26

MEN 100M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:49.14	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
LEE MING	SFC	80-84	1:38.42	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
TSE KWOK PIU	**SFC**	**75-79**	**1:19.50**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
TSE KWOK PIU	SFC	70-74	1:13.39	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
FU TAI CHUN	KTS	65-69	1:08.31	Annual Masters Swimming Championships 2002	31-Aug-02
MA ETIENNE	YMC			Annual Long Course Masters Swimming Championships 2022	27-Nov-22
WOODRING MERRITT DOUGLAS	AVO	60-64	1:03.94	World Aquatics Masters Championships – Singapore 2025	08-Aug-25
FAIOLA JEFF ALAN	**HIS**	**55-59**	**1:02.43**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
RUST STEFAN ROBERT	LRC	50-54	0:58.29	FINA World Masters Championships 2017	15-Aug-17
NORTJE CRAIG ANDREW	#RF	45-49	0:58.32	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
O'NEILL DONAL THOMAS	LRC	40-44	0:56.60	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
SMIT MARCEL PIETER ARNOLD	#FB	35-39	0:53.36	World Aquatics Masters Championships – Singapore 2025	08-Aug-25
LEE MAN TIM	**KHC**	**30-34**	**0:55.02**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
FU WING HARBETH	KTS	25-29	0:54.16	Annual Masters Swimming Championships 2006	26-Aug-06
LEE MAN TIM	HTA			World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23
KONG CHUN YIN	HVA	18-24	0:54.18	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

WOMEN 100M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:10.64	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
SUEN MING CHU	SFC	75-79	1:47.51	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
U DIANE TSAN MING	***FL**	**70-74**	**1:38.01**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
TSEUNG NGA WAH	SFC	65-69	1:28.57	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:17.42	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:14.96	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	14-Jul-18
YAMAGUCHI MIKA	*FL	50-54	1:05.38	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23
KRKALO SHAUNA KATHLEEN	LRC	45-49	1:00.74	World Aquatics Masters Championships – Singapore 2025	08-Aug-25
MASTER FARAH JIMMY	***FB**	**40-44**	**1:01.23**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
SZE HANG YU	*FL	35-39	1:01.38	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
ZHANG XIAO TONG ISABELLA	*FL	30-34	1:01.79	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23
CHAN TSZ CHING	*FL	25-29	0:59.96	Annual Long Course Masters Swimming Championships 2025	01-Feb-26
CHAN TSZ CHING	*FL	18-24	1:00.63	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24

*: Pending for Masters Swimming Committee's Ratification

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to 2026-27 Masters Long Course Swimming Competition - Part 3)

MEN 200M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	3:46.70	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
TSE KWOK PIU	SFC	75-79	3:06.64	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
TSE KWOK PIU	SFC	70-74	2:47.81	2021-22 Long Course Masters Swimming Competition - Part 2	09-May-21
MA ETIENNE	YMC	65-69	2:36.13	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
HO ROBERT YAU CHUNG	LRC	60-64	2:32.99	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
FAIOLA JEFF ALAN	HIS	55-59	2:19.34	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
JOHNSON ERIC ANDREW	LRC	50-54	2:14.33	FINA World Masters Championships 2014	10-Aug-14
NORTJE CRAIG ANDREW	#FB	45-49	2:08.80	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
FONG LIK SUN	#FB	40-44	2:07.25	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
SMIT MARCEL PIETER ARNOLD	#FB	35-39	2:02.50	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
LEE MAN TIM	KHC	30-34	2:04.40	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	2:05.18	FINA World Masters Championships 2019 - Gwangju	14-Aug-19
HUI CHUN HIN	EWS	18-24	2:06.87	2012-13 Long Course Masters Swimming Competition – Part 2	17-Jun-12

WOMEN 200M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	9:35.55	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
SUEN MING CHU	SFC	75-79	3:59.73	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
SUEN MING CHU	SFC	70-74	3:36.37	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
TSEUNG NGA WAH	SFC	65-69	3:26.68	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	2:55.64	World Aquatics Masters Championships – Doha 2024	03-Mar-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	2:50.45	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
COGGINS LYNDA ANNE	LRC	50-54	2:32.26	FINA World Masters Championships 2014	10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:28.14	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:13.70	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	2:13.59	FINA World Masters Championships 2014	10-Aug-14
ZHANG XIAO TONG ISABELLA	*FL	30-34	2:23.47	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
MOK HOI MAN SHERON	NWC	25-29	2:14.58	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
LAMB ENEKA MARIE	HIS	18-24	2:16.66	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 400M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
TSE KWOK PIU	**SFC**	**75-79**	**6:57.42**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
TSE KWOK PIU	SFC	70-74	6:23.03	2024-25 Long Courser Masters Swimming Competition - Part 3	23-Jun-24
CHAN KAM POR	SFC	65-69	6:00.83	2017-18 Long Course Masters Swimming Competitoin - Part 3	13-Aug-17
HO ROBERT YAU CHUNG	LRC	60-64	5:24.54	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
FAIOLA JEFF ALAN	**HIS**	**55-59**	**5:01.61**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
WATERS ANDREW ALLAN	**AVO**	**50-54**	**4:51.64**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	4:31.75	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	4:35.39	FINA World Masters Championships 2017	17-Aug-17
CAGGIO ANTONINO	LRC	35-39	4:29.74	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
LEE MAN TIM	KHC	30-34	4:33.40	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	4:32.86	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
LI CHUN HONG	HTA	18-24	4:25.08	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

WOMEN 400M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	7:46.69	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
NG YEE MAN	NWC	65-69	6:59.90	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	6:05.89	World Aquatics Masters Championships – Doha 2024	28-Feb-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	6:02.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	5:25.06	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
CHAN YUK MAN PHOEBE	SFC	45-49	5:15.20	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
KELSEY JANE MACFARLAND	LRC	40-44	4:44.60	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	4:41.52	FINA World Masters Championships 2014	10-Aug-14
MOK HOI MAN SHERON	NWC	30-34	4:50.34	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
MOK HOI MAN SHERON	NWC	25-29	4:56.10	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
MAU LOK YAN EUNICE	CUC	18-24	5:06.39	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

*: Pending for Masters Swimming Committee's Ratification

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to 2026-27 Masters Long Course Swimming Competition - Part 3)

MEN 800M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
TSE KWOK PIU	SFC	75-79	14:33.18	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26
CHAN KAM POR	SFC	70-74	13:28.85	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	12:19.01	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
HO ROBERT YAU CHUNG	LRC	60-64	11:32.69	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
LANZONE FRANCESCO	BSC	55-59	10:34.14	World Aquatics Masters Championships – Doha 2024	26-Feb-24
WATERS ANDREW ALLAN	AVO	50-54	10:10.61	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	9:28.79	FINA World Masters Championships 2019 - Gwangju	12-Aug-19
LILJESTROEM LENNART PETER FREDRIC	LRC	40-44	9:30.23	FINA World Masters Championships 2017	14-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	9:28.64	FINA World Masters Championships 2012	10-Jun-12
WANG TIMOTHY JONG	LRC	30-34	9:43.41	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
YUEN MARCUS	LRC	25-29	10:07.05	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
LO TSZ LAM	#DB	18-24	8:45.50	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26

WOMEN 800M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	75-79	17:34.92	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
LO LAI YUNG	NWC	70-74	15:46.86	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
SUEN MING CHU	SFC	65-69	13:11.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KIRKWOOD TAIN MHAIRA	LRC	60-64	13:07.73	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
KIRKWOOD TAIN MHAIRA	LRC	55-59	12:32.89	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	11:48.01	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
CHAN YUK MAN PHOEBE	SFC	45-49	10:52.16	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
KELSEY JANE MACFARLAND	LRC	40-44	9:42.82	16th FINA World Masters Championships 2015 in Kazan	10-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	9:48.87	FINA World Masters Championships 2014	10-Aug-14
MOK HOI MAN SHERON	NWC	30-34	10:15.91	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
IODA ALIAKSANDRA	LRC	25-29	10:40.01	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26
LAU SZE WING	HTA	18-24	10:22.03	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

MEN 50M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
LEE SHE KWOK	SFC	85-89	0:57.83	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
TSUI YAU HO	SFC	80-84	0:54.86	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
TIN SHEUNG KWAI	NWC	75-79	0:38.96	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
TIN SHEUNG KWAI	NWC	70-74	0:37.82	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
TIN SHEUNG KWAI	SFC	65-69	0:35.70	FINA World Masters Championships 2014	10-Aug-14
HO ROBERT YAU CHUNG	LRC	60-64	0:33.94	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	0:32.57	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	0:30.97	FINA World Masters Championships 2017	20-Aug-17
FONG LIK SUN	#RF	45-49	0:29.47	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
O'NEILL DONAL THOMAS	LRC	40-44	0:28.69	World Aquatics Masters Championships – Doha 2024	01-Mar-24
TSAI CHUN YU GARY	#DB	35-39	0:30.27	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
SIU WAI WANG DEREK	KHC	30-34	0:28.60	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
LAU SHIU YUE	#DB	25-29	0:27.65	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHONG MICHAEL YAT TSUN	SFC	18-24	0:28.19	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25

WOMEN 50M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	85-89	0:52.03	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
TAI LI HUA	SFC	80-84	0:53.45	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
BAI XIUFEN	**SFC**	**75-79**	**0:46.94**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
BAI XINFEN	SFC	70-74	0:44.75	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
BAI XINFEN	SFC	65-69	0:42.89	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
NG YEE MAN	SFC	60-64	0:45.62	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
LAI SHUI NIN INGRID	HFS	55-59	0:40.63	Annual Long Course Masters Swimming Championships 2025	01-Feb-26
COGGINS LYNDA ANNE	LRC	50-54	0:35.58	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
KRKALO SHAUNA KATHLEEN	**LRC**	**45-49**	**0:33.34**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
CHAN YANYAN	*FL	40-44	0:32.59	Annual Long Course Masters Swimming Championships 2025	01-Feb-26
SZE HANG YU	*FL	35-39	0:31.53	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.81	FINA World Masters Championships 2014	10-Aug-14
MAK HOI MAN SHERON	#FB	25-29	0:31.91	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
FUNG SUET YING CHLOE	KTC	18-24	0:31.34	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25

*: Pending for Masters Swimming Committee's Ratification

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to 2026-27 Masters Long Course Swimming Competition - Part 3)

MEN 100M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
TSUI YAU HO	SFC	80-84	2:04.86	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
WU SHU SUN	NWC	75-79	1:46.32	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
TIN SHEUNG KWAI	NWC	70-74	1:35.27	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
HO ROBERT YAU CHUNG	LRC	65-69	1:18.71	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
HO ROBERT YAU CHUNG	LRC	60-64	1:13.98	FINA World Masters Championships 2019 - Gwangju	17-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	1:11.73	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	1:08.09	FINA World Masters Championships 2017	19-Aug-17
FONG LIK SUN	#RF	45-49	1:02.60	World Aquatics Masters Championships – Singapore 2025	12-Aug-25
O' NEILL DONAL THOMAS	LRC	40-44	1:01.05	World Aquatics Masters Championships 2024 - Doha	28-Feb-24
SIU WAI WANG DEREK	KHC	35-39	1:05.72	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
SIU WAI WANG DEREK	KHC	30-34	1:04.83	World Aquatics Masters Championships – Singapore 2025	12-Aug-25
CHEUNG YAU MING	#DB	25-29	1:02.70	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
CHOI DERRICK CHRISTOPHER	LRC	18-24	1:02.10	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13

WOMEN 100M BACKSTROKE

				NAME OF MEET	DATE ACHIEVED
BAI XIUFEN	SFC	75-79	1:47.49	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
BAI XIUFEN	SFC	70-74	1:40.55	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
NG YEE MAN	NWC	65-69	1:37.51	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
NG YEE MAN	NWC	60-64	1:43.42	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
LAI SHUI NIN INGRID	YMC	55-59	1:32.18	World Aquatics Masters World Championships 2023 - Kyushu	10-Aug-23
COGGINS LYNDA ANNE	LRC	50-54	1:17.38	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
TAM ALISON MAI LING	#FL	45-49	1:15.99	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHEN YANYAN	*FL	40-44	1:13.46	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
SZE HANG YU	*FL	35-39	1:11.91	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
CARPENTER LINH THUC LUONG	LRC	30-34	1:11.37	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
MOK HOI MAN SHERON	NWC	25-29	1:10.14	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
FUNG SUET YING CHLOE	*FL	18-24	1:08.11	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26

MEN 50M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
CHI LIEH YUNG	SFC	90-94	1:13.06	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
CHI LIEH YUNG	SFC	85-89	1:02.32	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
CHAN KAM	SFC	80-84	0:54.52	Annual Masters Swimming Championships 2009	18-Oct-09
TIN SHEUNG KWAI	NWC	75-79	0:41.67	2023-24 Long Course Masters Swimming Competition - Part 3	18-Jun-23
TIN SHEUNG KWAI	NWC	70-74	0:39.27	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
YONG KHIN SYN	SFC	65-69	0:37.84	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
NG WAI FUNG	SFC	60-64	0:35.58	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
WONG LUN KWOK	SFC	55-59	0:35.10	Annual Masters Swimming Championships 2002	31-Aug-02
SIEH TIEN YU	KTS	50-54	0:34.48	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
COOPER KENNETH ALLEN	PSC	45-49	0:32.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHIU KELVIN HO YIN	#FB	40-44	0:32.01	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
LO JONATHAN KA YAN	LRC	35-39	0:31.14	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	14-Jul-18
WAN LAP SUN	KTS	30-34	0:31.11	Summer Masters Swimming Championships 1998	13-Jun-98
WONG HO KIU	#RF	25-29	0:30.24	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
CHEUNG CHI KIT NICHOLAS	WDS	18-24	0:27.81	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26

WOMEN 50M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
TAI LI HUA	SFC	85-89	0:51.78	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
***LAU CHUN NUNG**	**LTS**	**80-84**	**0:51.95**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
OTSUKA TUKO	SGC	75-79	0:56.26	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
FONG CHOI YING	FFA	70-74	0:53.33	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
NG YEE MAN	NWC	65-69	0:47.48	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:45.63	Annual Long Course Masters Swimming Championships 2025	01-Feb-26
LEUNG WAI FAN	KTS	55-59	0:38.73	2017-18 Long Course Masters Swimming Competition - Part 2	14-May-17
LEUNG WAI FAN	KTS	50-54	0:37.63	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:32.47	World Aquatics Masters Championships – Singapore 2025	13-Aug-25
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:34.74	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
NG KAM FUNG	SFC	35-39	0:34.71	Summer Masters Swimming Championships 2000	27-May-00
BARNES RUTH	LRC	30-34	0:35.23	Annual Masters Swimming Championships 2013	24-Nov-13
CHAN WAI TUNG JOCELYN	**DWA**	**25-29**	**0:35.22**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
LI TSZ YIU	HFS	18-24	0:35.53	Annual Masters Swimming Championships 2013	24-Nov-13

*: Pending for Masters Swimming Committee's Ratification

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to 2026-27 Masters Long Course Swimming Competition - Part 3)

MEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
CHI LIEH YUNG	SFC	90-94	2:50.51	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
LEE MING	SFC	85-89	2:42.22	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
***LAU CHUN NUNG**	**LTS**	**80-84**	**1:59.51**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
***KOO CHOI FAT**	**WTS**	**75-79**	**1:51.74**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
YONG KHIN SYN	SFC	70-74	1:34.27	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHAN KAM POR	SFC	65-69	1:26.42	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
KOO YU FAT MARCUS	FFA	60-64	1:24.69	2022-23 Long Course Masters Swimming Competition – Part 3	12-Jun-22
WATT KAM SING MICHAEL	*FL	55-59	1:21.41	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
COOPER KENNETH ALLEN	#FL	50-54	1:13.66	FINA World Masters Championships 2019 - Gwangju	13-Aug-19
FONG LIK SUN	#RF	45-49	1:11.37	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
FONG LIK SUN	#FB	40-44	1:10.45	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
LO JONATHAN KA YAN	LRC	35-39	1:10.50	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	15-Jul-18
KWOK HO TIN	NWC	30-34	1:09.75	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHEUNG KAM KWAN RONALD	LRC	25-29	1:07.53	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23
CHEUNG CHI KIT NICHOLAS	WDS	18-24	1:01.45	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25

WOMEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:31.67	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
SUEN MING CHU	SFC	75-79	2:02.61	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
SUEN MING CHU	SFC	70-74	1:53.65	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
NG YEE MAN	NWC	65-69	1:42.94	2024-25 Long Course Masters Swimming Competition - Part 3	23-Jun-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:39.76	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:35.97	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
YAMAGUCHI MIKA	#RF	50-54	1:26.15	World Aquatics Masters Championships – Singapore 2025	08-Aug-25
KRKALO SHAUNA KATHLEEN	LRC	45-49	1:16.14	World Aquatics Masters Championships – Singapore 2025	08-Aug-25
KRKALO SHAUNA KATHLEEN	LRC	40-44	1:21.23	2022-23 Long Course Masters Swimming Competition – Part 3	12-Jun-22
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:20.17	FINA World Masters Championships 2012	11-Jun-12
BARNES RUTH	LRC	30-34	1:18.68	FINA World Masters Championships 2012	11-Jun-12
CHAN WAI TUNG JOCELYN	**DWA**	**25-29**	**1:17.71**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
KONG YVETTE MAN YI	SCA	18-24	1:13.79	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14

MEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	5:10.49	Masters Long Course Swimming Competition Part 1	26-Jan-14
KOO CHOI FAT	WDS	75-79	4:11.87	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
CHAN KAM POR	SFC	70-74	3:34.76	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	3:19.33	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SGC	60-64	3:07.34	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	55-59	2:59.17	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	50-54	2:50.25	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	45-49	2:49.64	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
FONG LIK SUN	#FB	40-44	2:38.70	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
LUK WING KIN ANDY	KHC	35-39	2:33.87	9th Hong Kong Games Swimming Competition	02-Jun-24
LUK WING KIN ANDY	KHC	30-34	2:36.71	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
GLASSMAN ZACHARY	LRC	25-29	2:23.47	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
CHEUNG CHI KIT NICHOLAS	WDS	18-24	2:16.99	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25

WOMEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	5:53.00	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
OTSUKA YUKO	SGC	75-79	4:39.40	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	4:01.57	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	3:58.01	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
KIRKWOOD TAIN MHAIRA	LRC	60-64	3:43.21	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:31.49	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	3:09.55	FINA World Masters Championships 2014	10-Aug-14
CHAN YUK MAN PHOEBE	SFC	45-49	3:09.76	World Aquatics Masters Championships – Singapore 2025	12-Aug-25
MASTER FARAH JIMMY	*FB	40-44	3:00.49	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26
NEEDHAM SUZANNE HEIZER	LRC	35-39	2:56.78	FINA World Masters Championships 2012	15-Jun-12
HUGHES CHRISTINE VIRGINIA	LRC	30-34	2:52.97	World Aquatics Masters Championships – Doha 2024	02-Mar-24
CHAN WAI TUNG JOCELYN	DWA	25-29	'2:51.98	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26
FUNG SUET YING CHLOE	*FL	18-24	'3:01.37	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26

*: Pending for Masters Swimming Committee's Ratification

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to 2026-27 Masters Long Course Swimming Competition - Part 3)

MEN 50M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
YIM KAM WING	SFC	85-89	1:10.42	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
MAK HEI CHI	SGC	80-84	0:58.81	Winter Masters Swimming Championships 2008	22-Nov-08
TIN SHEUNG KWAI	NWC	75-79	0:41.68	Annual Masters Swimming Championships 2022	27-Nov-22
INGLIS PETER	#FB	70-74	0:36.36	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
HO ROBERT YAU CHUNG	LRC	65-69	0:33.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
WOODRING MERRITT DOUGLAS	AVO	60-64	0:29.64	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
FAIOLA JEFF ALAN	HIS	55-59	0:29.02	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
WONG KWOK WAH	KHC	50-54	0:27.94	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WOODRING MERRITT DOUGLAS	BSC	45-49	0:27.47	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NORTJE CRAIG ANDREW	#FL	40-44	0:26.85	FINA World Masters Championship 2019 - Gwangju	14-Aug-19
SMIT MARCEL PIETER ARNOLD	#FB	35-39	0:25.93	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
BEAHAN GRANT KENNETH	BSC	30-34	0:26.54	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:26.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHEUNG YAU MING	#DB	18-24	0:26.27	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

WOMEN 50M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
LEUNG MABEL YUEN YING	SFC	80-84	1:25.26	World Aquatics Masters Championships – Doha 2024	03-Mar-24
SUEN MING CHU	SFC	75-79	0:49.88	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
ZHENG KEXIN	NWC	70-74	0:46.62	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
TSEUNG NGA WAH	SFC	65-69	0:41.67	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:37.04	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:36.39	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
YAMAGUCHI MIKA	#RF	50-54	0:31.86	2025-26 Long Course Masters Swimming Competition - Part 2	27-Apr-25
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:28.70	World Aquatics Masters Championships – Singapore 2025	10-Aug-25
MASTER FARAH JIMMY	*FB	40-44	0:29.81	Annual Long Course Masters Swimming Championships 2025	01-Feb-26
SZE HANG YU	*FL	35-39	0:29.77	Annual Long Course Masters Swimming Championships 2025	01-Feb-26
ZHANG XIAO TONG ISABELLA	*FL	30-34	0:30.25	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23
NG KA MAN	KTS	25-29	0:29.30	Annual Long Course Masters Swimming Championships	23-Nov-14
FUNG SUET YING CHLOE	*FL	18-24	0:28.49	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26

MEN 100M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	2:35.84	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
WU SHU SUN	NWC	75-79	2:01.65	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
CHAN KAM POR	SFC	70-74	1:33.36	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
MA ETIENNE	YMC	65-69	1:32.97	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24
HO ROBERT YAU CHUNG	LRC	60-64	1:15.51	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
FAIOLA JEFF ALAN	HIS	55-59	1:08.14	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26
JOHNSON ERIC ANDREW	LRC	50-54	1:04.49	FINA World Masters Championships 2014	10-Aug-14
SAKA TAIHEI	SGC	45-49	1:00.90	2013-14 Long Course Masters Swimming Competition - Part 1	04-Mar-12
O'NEILL DONAL THOMAS	LRC	40-44	0:59.06	World Aquatics Masters Championships 2024 - Doha	29-Feb-24
SMIT MARCEL PIETER ARNOLD	#FB	35-39	0:57.83	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
BEAHAN GRANT KENNETH	BSC	30-34	0:58.66	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHEUNG YAU MING	#DB	25-29	0:58.94	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
YAU PAK HO	#DB	18-24	0:58.44	2025-26 Long Course Masters Swimming Competition - Part 1	22-Mar-26

WOMEN 100M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	75-79	1:59.45	2024-25 Long Course Masters Swimming Competition - Part 1	23-Mar-25
SUEN MING CHU	SFC	70-74	1:56.01	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	1:48.29	Masters Long Course Swimming Competition Part 1	26-Jan-14
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:36.26	World Aquatics Masters Championships – Doha 2024	29-Feb-24
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:31.44	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEE TANYA DIANE	PSC	50-54	1:14.85	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	16-Jul-18
PAZOS CHRISTENA MARIA	LRC	45-49	1:12.50	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
MASTER FARAH JIMMY	#FB	40-44	1:07.66	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
KELSEY JANE MACFARLAND	LRC	35-39	1:13.49	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
HUGHES CHRISTINE VIRGINIA	LRC	30-34	1:10.18	World Aquatics Masters Championships – Doha 2024	29-Feb-24
CHAN WING SUET	LRC	25-29	1:08.66	FINA World Masters Championships 2014	10-Aug-14
CHAN TSZ CHING	*FL	18-24	1:07.41	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24

*: Pending for Masters Swimming Committee's Ratification

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to 2026-27 Masters Long Course Swimming Competition - Part 3)

MEN 200M INDIVIDUAL MEDLEY

				NAME OF MEET	DATE ACHIEVED
LAW KWAI FONG	SFC	80-84	5:10.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WONG CHIU SHUN	SFC	75-79	4:03.11	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHAN KAM POR	SFC	70-74	3:17.13	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
CHAN KAM POR	SFC	65-69	3:04.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WOODRING MERRITT DOUGLAS	AVO	60-64	2:47.55	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
SAKA TOSHIYUKI	SGC	55-59	2:45.82	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CHAN KAM POR	KTS	50-54	2:26.14	Summer Masters Swimming Championships 2004	12-Jun-04
FONG LIK SUN	#RF	45-49	2:16.50	World Aquatics Masters Championships – Singapore 2025	11-Aug-25
FONG LIK SUN	#FB	40-44	2:17.83	World Aquatics Masters Championships – Doha 2024	29-Feb-24
NORTJE CRAIG ANDREW	VRC	35-39	2:20.07	FINA World Masters Championships 2014	10-Aug-14
JACOBS DAMIAN CHARLES	LRC	30-34	2:25.69	FINA World Masters Championships 2014	10-Aug-14
GLASSMAN ZACHARY	LRC	25-29	2:13.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
WONG SING TSUM DEREK	CUC	18-24	2:21.50	Annual Long Course Masters Swimming Champions 2013	24-Nov-13

WOMEN 200M INDIVIDUAL MEDLEY

				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	5:35.17	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
SUEN MING CHU	SFC	75-79	4:06.12	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
SUEN MING CHU	SFC	70-74	3:49.34	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
NG YEE MAN	NWC	65-69	3:36.79	2024-25 Long Course Masters Swimming Competition - Part 2	28-Apr-24
KIRKWOOD TAIN MHAIRA	LRC	60-64	3:25.62	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:16.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	2:55.65	FINA World Masters Championships 2014	10-Aug-14
TAM MEI LING ALISON	*FL	45-49	2:45.26	World Aquatics Masters World Championships 2023 - Kyushu	08-Aug-23
KELSEY JANE MACFARLAND	LRC	40-44	2:41.17	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	2:37.75	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
HUGHES CHRISTINE VIRGINIA	LRC	30-34	2:37.93	World Aquatics Masters Championships – Doha 2024	29-Feb-24
CHAN WING SUET	LRC	25-29	2:36.59	FINA World Masters Championships 2014	10-Aug-14
FUNG SUET YING CHLOE	*FL	18-24	2:35.23	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26

MEN 4 X 50M FREESTYLE RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:09.80	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
NEW WATER POLO CLUB	NWC	280+	2:13.41	2023-24 Long Course Masters Swimming Competition - Part 1	03-Mar-24
SWORD FISH CLUB	SFC	240+	2:01.55	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SEA GREEN SWIMMING & LIFE SAVING CLUB	SGC	200+	1:52.52	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
HONG KONG FOOTBALL CLUB	#FB	160+	1:40.73	World Aquatics Masters World Championships 2023 - Kyushu	05-Aug-23
NEW WATER POLO CLUB	NWC	120+	1:40.03	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:36.96	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 4 X 50M FREESTYLE RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:43.13	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SWORD FISH CLUB	SFC	280+	2:42.61	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
SWORD FISH CLUB	SFC	240+	2:34.06	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	2:02.69	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
KRKALO SHAUNA KATHLEEN, TSANG TING YAN TANIA, KIRKWOOD TAIN MHAIRA, SCHONING NAUJOKS MIRJAM BEATRICE					
HONG KONG FOOTBALL CLUB	#FB	160+	1:54.00	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
EICHELBERGER MELISSA, SJOHOLM CHRISTINA, TAM ALISON MAI LING, MASTER FARAH JIMMY					
FASTLANE SWIMMING CO LIMITED	*FL	120+	1:52.19	2025-26 Long Course Masters Swimming Competition - Part 3	15-Jun-25
CHAN TSZ CHING, LEUNG HO CHING, CHEN YANYAN, SZE HANG YU					
HONG KONG FLYING FISH ATHLETIC ASSOCIATION	FFA	100+	1:58.55	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22

*: Pending for Masters Swimming Committee's Ratification

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to 2026-27 Masters Long Course Swimming Competition - Part 3)

MEN 4 X 50M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:30.63	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
NEW WATER POLO CLUB	NWC	280+	2:31.67	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
TIN SHEUNG KWAI, KONG FANQIANG, LEUNG TSZ KIN, CHAN HONG WAH					
SWORD FISH CLUB	SFC	240+	2:19.80	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
THE HONG KONG JOCKEY CLUB	HJC	200+	2:03.19	Winter Masters Swimming Championships 1993	11-Dec-93
YMCA OF HONG KONG	YMC	160+	1:53.94	Summer Masters Swimming Championships 1996	22-Jun-96
KWAN HUNG SWIMMING CLUB	KHC	120+	1:51.13	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
SIU WAI WANG DEREK, POON DERRICK FENE-MING, LAU CHUN LEUNG JOHNNY, LEE MAN TIM					
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:49.32	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23

WOMEN 4 X 50M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	4:37.13	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SWORD FISH CLUB	SFC	280+	3:06.66	Annual Long Course Masters Swimming Championships 2024	01-Dec-24
SWORD FISH CLUB	SFC	240+	2:48.90	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:19.23	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
TSANG TING YAN TANIA, KRKALO SHAUNA KATHLEEN, KIRKWOOD TAIN MHAIRA, SCHONING NAUJOKS MIRJAM BEATRICE					
LADIES' RECREATION CLUB	LRC	160+	2:10.35	Annual Masters Swimming Championships 1994	17-Sep-94
HONG KONG FOOTBALL CLUB	#FB	120+	2:07.83	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
SJOHOLM CHRISTINA, BARTON LUCY, MASTER FARAH JIMMY, EICHELBERGER MELISSA					
NEW WATER POLO CLUB	NWC	100+	2:19.21	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18

MIXED 4 X 50M FREESTYLE RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:28.10	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
LEE SHE KWOK, TSUI YAU HO, SUEN MING CHU, SAM CHOI LIN					
SWORD FISH CLUB	SFC	280+	2:25.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
SWORD FISH CLUB	SFC	240+	2:15.69	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	1:51.91	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
KRKALO SHAUNA KATHLEEN, KIRKWOOD TAIN MHAIRA, WOO CHUN KUEN DOUGLAS, STAMENOVIC IVAN					
FASTLANE SWIMMING CO LIMITED	*FL	160+	1:46.49	World Aquatics Masters World Championships 2023 - Kyushu	09-Aug-23
HONG KONG FOOTBALL CLUB	*FB	120+	1:47.18	2026-27 Long Course Masters Swimming Competition - Part 2	26-Apr-26
SMIT MARCEL PIETER ARNOLD, SO MAN HON, MASTER FARAH JIMMY, SJOHOLN INGRID CHRISTINA					
NEW WATER POLO CLUB	NWC	100+	1:51.20	Annual Long Course Masters Swimming Championships 2017	25-Nov-17

MIXED 4 X 50M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	4:35.50	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
SWORD FISH CLUB	SFC	280+	2:47.88	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
HOI FUNG SWIMMING CLUB	**HFS**	**240+**	**2:41.70**	**2026-27 Long Course Masters Swimming Competition – Part 3**	**07-Jun-26**
LAI SHUI NIN INGRID, CHAN SHU HANG, CHAN PING YAN BRYAN, LEE WAI YEE STELLA					
LADIES' RECREATION CLUB	LRC	200+	2:08.05	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
STAMENOVIC IVAN, KRKALO SHAUNA KATHLEEN, WOO CHUN KUEN DOUGLAS, KIRKWOOD TAIN MHAIRA					
HONG KONG FOOTBALL CLUB	#FB	160+	1:59.67	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
SJOHOLM CHRISTINA, CHIU KELVIN HO YIN, SO MAN HON, EICHELBERGER MELISSA					
LADIES' RECREATION CLUB	LRC	120+	2:02.78	World Aquatics Masters Championships – Singapore 2025	14-Aug-25
TSANG TING YAN TANIA, YUEN MARCUS YAT HO, LI PATRICK GUO CHUN, CHEN YANGYANG					
HONG KONG POLICE SWIMMING CLUB	HKP	100+	2:09.75	2023-24 Long Course Masters Swimming Competition - Part 3	18-Jun-23

*: Pending for Masters Swimming Committee's Ratification