

Programme

比賽賽程



HONG KONG AMATEUR SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2021-22 Long Course Masters Swimming Competition (Part 2)

二零二一至二二年長池先進游泳比賽第二部份

9 May 2021 (Sun)

二零二一年五月九日(日)

Tung Chung Swimming Pool

東涌游泳池

Subvented by the LCSD



2021-2022 MSLCP2 - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 200 IM	18
2	Women 200 IM	11
3	Men 100 Breaststroke	17
4	Women 100 Breaststroke	11
5	Men 50 Freestyle	26
6	Women 50 Freestyle	20
7	Men 100 Backstroke	25
8	Women 100 Backstroke	8
9	Men 200 Freestyle	19
10	Women 200 Freestyle	5
11	Men 50 Butterfly	17
12	Women 50 Butterfly	15
13	Men 4x50 Medley Relay	12
14	Women 4x50 Medley Relay	9
15	Men 50 Breaststroke	21
16	Women 50 Breaststroke	21
17	Mixed 4x50 Medley Relay	13
Total		268

Entry information by Day		
Day / Session	No. of Entries	Total
A.M.	136	268
P.M.	132	

Long Course Masters Swimming Competition – Part 2

長池先進游泳比賽 – 第二部份

Date: 09-05-2021 (Sunday) **Venue:** Tung Chung Swimming Pool 東涌游泳池

Morning Warm up/熱身: 0900 – 0950 Hrs

Morning First Event/開始: 1015 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1415 Hrs

MEN				WOMEN	
1	200 M	Individual Medley	個人四式	2	
3	100 M	Breaststroke	蛙泳	4	
5	50 M	Freestyle	自由泳	6	
7	100 M	Backstroke	背泳	8	
Lunch Break 午膳時間					
9	200 M	Freestyle	自由泳	10	
11	50 M	Butterfly	蝶泳	12	
13	4 x 50 M	Medley Relay	四式接力	14	
15	50 M	Breaststroke	蛙泳	16	
17	4 x 50 M	Mixed Freestyle Relay	男女混合自由接力		

二零二一至二二年香港先進游泳比賽系列
比賽規程

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2021-2022 年度先進組別泳員。2021-22 年註冊費為港幣\$70 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 每名泳員可參加不多於 3 項個人項目。 ◇ 每項報名費為港幣\$15 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每位泳員於每項接力項目只能參加一個年齡組別。如泳員參加多於一個年齡組別，該泳員所參與的接力項目成績將會被取消。 ◇ 各隊所有運動員需依照所屬屬會提交的接力表上次序比賽，如運動員沒有依照接力表上的次序比賽，該隊成績將會被取消。 ◇ 每項報名費為港幣\$15 元正。 <p>支票請劃線，抬頭寫 HKASA。</p>
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於比賽截止報名 21 日前辦妥。(以泳總的公佈為準)*(包括轉會註冊)
項目：	請參閱項目表。所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 接力名單須於比賽日 12 時前遞交。 ◇ 每次“缺席”的罰款為港幣\$30 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。
線道安排：	<ul style="list-style-type: none"> ◇ 所有參加者，將不按年齡，而是跟據其提交的報名時間作編組，唯成績將按泳員所屬的組別分別處理

獎項：	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ 前八名可分別獲得分數 (年齡 18-24 組除外): <table border="1" data-bbox="427 192 1211 293" style="margin-left: 20px;"> <tr> <td>個人項目</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>接力</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。 	個人項目	9	7	6	5	4	3	2	1	接力	18	14	12	10	8	6	4	2
個人項目	9	7	6	5	4	3	2	1											
接力	18	14	12	10	8	6	4	2											
規則：	<ul style="list-style-type: none"> ◇ 比賽採用國際泳聯的規則。 ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF”(未能完成比賽)。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。 ◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下： <p>第一次違規</p> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。 <p>第二次違規</p> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。 <p>第三次違規</p> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。 <p>違規記錄於一個財政年度清算(由 4 月 1 日起至 3 月 31 日)</p> 																		
工作人員安排：	<ul style="list-style-type: none"> ◇ 各參賽屬會需派出以下工作人員數量： <table border="1" data-bbox="384 1346 1326 1574" style="margin-left: 20px;"> <thead> <tr> <th>參賽人數</th> <th>需要提供工作人員數量</th> <th>最多可派出工作人員數量</th> </tr> </thead> <tbody> <tr> <td>5 至 14 人</td> <td>1</td> <td>4</td> </tr> <tr> <td>15 至 24 人</td> <td>2</td> <td>4</td> </tr> <tr> <td>25 人或以上</td> <td>3</td> <td>4</td> </tr> </tbody> </table> ◇ 如屬會不能提供所需工作人員數量，有關屬會將於下個比賽被罰停賽一次。 	參賽人數	需要提供工作人員數量	最多可派出工作人員數量	5 至 14 人	1	4	15 至 24 人	2	4	25 人或以上	3	4						
參賽人數	需要提供工作人員數量	最多可派出工作人員數量																	
5 至 14 人	1	4																	
15 至 24 人	2	4																	
25 人或以上	3	4																	
上訴：	<ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的 30 分鐘內，連同上訴費港幣\$200 元遞交予總裁判。 ◇ 上訴會交由該比賽之上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。 																		

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2021-22

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<p>※All competitors must be 2021-22 registered masters (MS) swimmers of HKASA (2021-22 Registration Fee: HK\$70 per swimmer)</p> <p>※Age 18 or above.</p> <p>※<u>Overseas Teams: All Overseas competitors must be 2021-22 registered masters swimmers of their respective National Swimming Federation.</u></p>
Entries	<p>※Entries must be submitted with HKASA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded.</p> <p><u>Individual Events</u></p> <p>※Each swimmer is limited to no more than 3 individual events</p> <p>※HK\$15 per individual event</p> <p><u>Relay Events</u></p> <p>※Relays will be run on a club basis.</p> <p>※Each club may enter no more than one team in one age group of each relay event.</p> <p>※All swimmers must be aged 25 or above.</p> <p>※Each swimmer is only allowed to participate in one age group of each relay event. If swimmer race in two or more age group relay, concerned team result shall be disqualified.</p> <p>※The composition of a relay team must be the same order to the submitted relay form. Any club failed to follow the same order will result in disqualified.</p> <p>※HK\$15 per team per relay event.</p> <p>Paid by cheque. Crossed cheque made <u>payable to 'HKASA'</u>.</p>
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKASA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKASA) *(Including Transfer Registration)
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<p>※Age is calculated as at 31 December of the year of the competition.</p> <p><u>Individual Events</u></p> <p>※18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over</p> <p><u>Relay Events</u></p> <p>※100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</p>
Scratches	<p>※Scratches must be submitted 30 minutes before the scheduled start time of each session.</p> <p>※Relay entry form must be submitted before 1200hours of each competition.</p>

	<p>※A fine of \$30 will be charged for each “no show”. Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.</p>																		
Seeding	<p>※All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.</p>																		
Awards	<p>※Medals will be awarded to 1st, 2nd and 3rd places.</p> <p>※*Point score for first 8 places respectively (exclude Age 18-24 Group):</p> <table border="1"> <tr> <td>Individual</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>Relay</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <p>※*Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.</p>	Individual	9	7	6	5	4	3	2	1	Relay	18	14	12	10	8	6	4	2
Individual	9	7	6	5	4	3	2	1											
Relay	18	14	12	10	8	6	4	2											
Rules	<p>※FINA rules will be applied.</p> <p>※Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Event. Their results will be recorded as “DNF” (Did not Finish).</p> <p>※Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards.</p> <p>※Swimmers shall not replace the swimmers on the swimmers list without HKASA’s permission, represented clubs will be punished as follows:</p> <p><u>First time of violation</u></p> <p>※A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given.</p> <p><u>Second time of violation</u></p> <p>※A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women’s relay events will not be given.</p> <p><u>Third time of violation</u></p> <p>※A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events during the competition will not be given and respective club shall be suspended from the next competition.</p> <p>Violation would be counted within one financial year (i.e. starting from 1st April and ending 31st March)</p>																		

Official Arrangement	※Clubs would need to provide the below number of officials for the competition:		
	Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided
	5-14	1	4
	15-24	2	4
	25 or more	3	4
	※Clubs will be suspended from the next competition if failed to fulfil the requirement.		
Protest	※Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※If the protest is rejected, the fee paid will be forfeited to the HKASA.		

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to FINA World Masters Championships 2019 - Gwangju)

MEN 50M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	0:46.70	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
LEE MING	SFC	80-84	0:41.01	Spring Masters Swimming Championships 2010		6-Mar-10
FU TAI CHUN	KTS	75-79	0:33.94	2011-12 Long Course Masters Swimming Competition - Part 1		4-Mar-12
TIN SHEUNG KWAI	NWC	70-74	0:30.07	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
TIN SHEUNG KWAI	KTS	65-69	0:29.72	Annual Long Course Masters Swimming Championships		23-Nov-14
FU TAI CHUN	KTS	60-64	0:27.95	Summer Masters Swimming Championships 1999		19-Jun-99
FU TAI CHUN	KTS	55-59	0:28.02	Spring Masters Swimming Championships 1997		22-Mar-97
RUST STEFAN ROBERT	LRC	50-54	0:25.80	FINA World Masters Championships 2017		17-Aug-17
RUST STEFAN ROBERT	LRC	45-49	0:26.47	FINA World Masters Championships 2014		10-Aug-14
NORTJE, CRAIG ANDREW	CKW	40-44	0:25.42	2017-18 Long Course Masters Swimming Competition - Part 1		25-Mar-18
WONG KWOK WAH	SCA	35-39	0:24.80	Summer Masters Swimming Championships 2000		27-May-00
FU WING HARBETH	KTS	30-34	0:24.31	Annual Long Course Masters Swimming Championships 2011		11-Dec-11
CHUNG LAI YEUNG	#DB	25-29	0:23.92	2018-19 Annual Long Course Masters Swimming Championships		25-Nov-18
CHANG GERRY JIUN YIH	KTS	18-24	0:24:17	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13

WOMEN 50M FREESTYLE					NAME OF MEET	DATE ACHIEVED
<u>CHAN WAI KIANG</u>	<u>KTS</u>	<u>85-89</u>	<u>2:44.85</u>	<u>Annual Long Course Masters Swimming Championships 2019</u>		<u>1-Dec-19</u>
<u>TAI LI HUA</u>	<u>SFC</u>	<u>80-84</u>	<u>0:46.64</u>	<u>Annual Long Course Masters Swimming Championships 2019</u>		<u>1-Dec-19</u>
OTSUKA YUKO	SGC	75-79	0:42.67	2014-15 Long Course Masters Swimming Competition - Part 1		22-Mar-15
<u>WANG LI</u>	<u>*WA</u>	<u>70-74</u>	<u>0:38.75</u>	<u>Annual Long Course Masters Swimming Championships 2019</u>		<u>1-Dec-19</u>
WANG LI	*WA	65-69	0:37.61	2017-18 Long Course Masters Swimming Competition Part 3		13-Aug-17
TSEUNG NGA WAH	SFC	60-64	0:34.16	2019-20 Long Course Masters Swimming Competition - Part 2		5-May-19
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:32.17	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		15-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	0:30.65	2014-15 Long Course Masters Swimming Competition - Part 1		22-Mar-15
YAMAGUCHI MIKA	PSC	45-49	0:30.12	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		15-Jul-18
KELSEY JANE MACFARLAND	LRC	40-44	0:28.88	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	0:28.65	FINA World Masters Championships 2014		10-Aug-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:28.96	16th FINA World Masters Championships 2015 in Kazan		14-Aug-15
SETO WING YAN	NWC	25-29	0:29.28	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
AU HIU PUI	*GW	18-24	0:28.20	2018-19 Annual Long Course Masters Swimming Championships		25-Nov-18

MEN 100M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:49.14	2015-16 Long Course Masters Swimming Competition - Part 3		26-Jul-15
LEE MING	SFC	80-84	1:38.42	Annual Long Course Masters Swimming Championships 2011		11-Dec-11
TZENG TEH REN	SGC	75-79	1:23.46	2016-17 Long Course Masters Swimming Competition - Part 1		26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	1:14.18	Annual Long Course Masters Swimming Championships 2017		25-Nov-17
FU TAI CHUN	KTS	65-69	1:08.31	Annual Masters Swimming Championships 2002		31-Aug-02
FU TAI CHUN	KTS	60-64	1:04.39	Spring Masters Swimming Championships 1998		21-Mar-98
MA ETIENNE	YMC	55-59	1:03.62	2011-12 Long Course Masters Swimming Competition - Part 1		4-Mar-12
RUST STEFAN ROBERT	LRC	50-54	0:58.29	FINA World Masters Championships 2017		15-Aug-17
RUST STEFAN ROBERT	LRC	45-49	0:59.62	FINA World Masters Championships 2014		10-Aug-14
NORTJE, CRAIG ANDREW	#FB	40-44	0:57.76	2018-19 Long Course Masters Swimming Competition - Part 3		24-Jun-18
NORTJE CRAIG ANDREW	VRC	35-39	0:56.13	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
BEAHAN, GRANT KENNETH	BSC	30-34	0:56.01	Annual Long Course Masters Swimming Championships 2017		25-Nov-17
FU WING HARBETH	KTS	25-29	0:54.16	Annual Masters Swimming Championships 2006		26-Aug-06
KONG CHUN YIN	HVA	18-24	0:54.18	Annual Long Course Masters Swimming Championships 2013		24-Nov-13

WOMEN 100M FREESTYLE					NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	80-84	2:23.43	2016-17 Long Course Masters Swimming Competition - Part 1		26-Mar-17
WONG, JIM	SFC	75-79	1:54.16	2018-19 Long Course Masters Swimming Competition - Part 3		24-Jun-18
SUEN MING CHU	SFC	70-74	1:39.80	2018-19 Long Course Masters Swimming Competition - Part 3		24-Jun-18
SUEN MING CHU	SFC	65-69	1:37.41	Annual Long Course Masters Swimming Championships 2014		23-Nov-14
TSEUNG NGA WAH	SFC	60-64	1:22.04	2017-18 Long Course Masters Swimming Competition - Part 1		25-Mar-18
KIRKWOOD, TAIN MHAIRA	LRC	55-59	1:14.96	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		14-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	1:10.99	Annual Long Course Masters Swimming Championships 2014		23-Nov-14
YAMAGUCHI MIKA	#FL	45-49	1:07.17	FINA World Masters Championships 2019 - Gwangju		13-Aug-19
KELSEY JANE MACFARLAND	LRC	40-44	1:01.45	16th FINA World Masters Championships 2015 in Kazan		11-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	1:01.54	FINA World Masters Championships 2014		10-Aug-14
BARNES RUTH	LRC	30-34	1:04.36	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
NG KA MAN	KTS	25-29	1:02.46	Annual Long Course Masters Swimming Championships 2014		23-Nov-14
NG KA MAN	KTS	18-24	1:02.73	Annual Long Course Masters Swimming Championships 2013		24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to FINA World Masters Championships 2019 - Gwangju)

MEN 200M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	3:46.70	2010-11 Long Course Masters Swimming Championships - Part 2		20-Jun-10
YANG YEE ZEI	NWC	75-79	3:38.31	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
POLSON IAN HASTINGS	LRC	70-74	3:07.65	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
CHAN KAM POR	SFC	65-69	2:43.01	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
HO ROBERT YAU CHUNG	LRC	60-64	2:32.99	2019-20 Long Course Masters Swimming Competition - Part 2		5-May-19
HO ROBERT YAU CHUNG	LRC	55-59	2:24.07	FINA World Masters Championships 2014		10-Aug-14
JOHNSON ERIC ANDREW	LRC	50-54	2:14.33	FINA World Masters Championships 2014		10-Aug-14
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	2:10.21	FINA World Masters Championships 2019 - Gwangju		14-Aug-19
STAMENOVIC IVAN	LRC	40-44	2:07.89	FINA World Masters Championships 2019 - Gwangju		14-Aug-19
NORTJE CRAIG ANDREW	VRC	35-39	2:05.90	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13
WANG TIMOTHY JONG	LRC	30-34	2:05.11	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	2:05.18	FINA World Masters Championships 2019 - Gwangju		14-Aug-19
HUI CHUN HIN	EWS	18-24	2:06.87	2012-13 Long Course Masters Swimming Competition - Part 2		17-Jun-12

WOMEN 200M FREESTYLE					NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	9:35.55	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
WONG JIM	SFC	75-79	4:51.46	2018-19 Long Course Masters Swimming Competition - Part 2		6-May-18
SUEN MING CHU	SFC	70-74	3:36.37	2018-19 Long Course Masters Swimming Competition - Part 2		6-May-18
SUEN MING CHU	SGC	65-69	3:27.53	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
TSEUNG NGA WAH	SFC	60-64	3:08.53	2019-20 Long Course Masters Swimming Competition - Part 2		5-May-19
KIRKWOOD, TAIN MHAIRA	LRC	55-59	2:50.45	2018-19 Long Course Masters Swimming Competition - Part 2		6-May-18
COGGINS LYNDA ANNE	LRC	50-54	2:32.26	FINA World Masters Championships 2014		10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:28.14	16th FINA World Masters Championships 2015 in Kazan		12-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:13.70	16th FINA World Masters Championships 2015 in Kazan		12-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	2:13.59	FINA World Masters Championships 2014		10-Aug-14
MORRISON RUTH	LRC	30-34	2:25.29	FINA World Masters Championships 2010		31-Jul-10
NG KA MAN	KTS	25-29	2:18.17	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
LAMB ENEKA MARIE	HIS	18-24	2:16.66	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11

MEN 400M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	8:21.67	2016-17 Long Course Masters Swimming Competitoin - Part 3		12-Jun-16
POLSON IAN HASTINGS	LRC	70-74	6:57.41	2016-17 Long Course Masters Swimming Competitoin - Part 3		12-Jun-16
CHAN KAM POR	SFC	65-69	6:00.83	2017-18 Long Course Masters Swimming Competitoin - Part 3		13-Aug-17
HO ROBERT YAU CHUNG	LRC	60-64	5:24.54	FINA World Masters Championships 2019 - Gwangju		18-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	5:11.90	FINA World Masters Championships 2014		10-Aug-14
LETCHER, RICHARD ROY	LRC	50-54	5:02.73	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	4:31.75	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		12-Jul-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	4:35.39	FINA World Masters Championships 2017		17-Aug-17
CAGGIO, ANTONINO	LRC	35-39	4:29.74	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
LEE, YEUNG DARWIN	FWC	30-34	4:46.54	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	4:32.86	FINA World Masters Championships 2019 - Gwangju		18-Aug-19
LI CHUN HONG	HTA	18-24	4:25.08	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11

WOMEN 400M FREESTYLE					NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	7:46.69	2019-20 Long Course Masters Swimming Competition - Part 3		23-Jun-19
SUEN MING CHU	SGC	65-69	7:13.63	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
SUEN MING CHU	SGC	60-64	7:02.63	Long Course Masters Swimming Competition - Part 3 2011		18-Sep-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	6:02.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	5:25.06	16th FINA World Masters Championships 2015 in Kazan		16-Aug-15
PAZOS CHRISTENA MARIA	LRC	45-49	5:30.02	2016-17 Long Course Masters Swimming Competitoin - Part 3		12-Jun-16
KELSEY JANE MACFARLAND	LRC	40-44	4:44.60	16th FINA World Masters Championships 2015 in Kazan		16-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	4:41.52	FINA World Masters Championships 2014		10-Aug-14
BARNES RUTH	LRC	30-34	5:04.92	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
CARPENTER LINH THUC LUONG	LRC	25-29	5:12.71	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13
MAU LOK YAN EUNICE	CUC	18-24	5:06.39	2011-12 Long Course Masters Swimming Competition - Part 3		18-Sep-11

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MEN 800M FREESTYLE	NAME OF MEET				DATE ACHIEVED
POLSON IAN HASTINGS	LRC	75-79	16:05.75	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
POLSON IAN HASTINGS	LRC	70-74	14:07.92	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
CHAN KAM POR	SFC	65-69	12:19.01	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
HO ROBERT YAU CHUNG	LRC	60-64	11:32.69	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
SAKA TOSHIYUKI	SGC	55-59	10:38.21	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LETCHER RICHARD ROY	LRC	50-54	10:22.08	FINA World Masters Championships 2019 - Gwangju	12-Aug-19
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	9:28.79	FINA World Masters Championships 2019 - Gwangju	12-Aug-19
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	9:30.23	FINA World Masters Championships 2017	14-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	9:28.64	FINA World Masters Championships 2012	10-Jun-12
WANG TIMOTHY JONG	LRC	30-34	9:43.41	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
YUEN MARCUS	LRC	25-29	10:07.05	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
TSE HON TING	LWS	18-24	8:53.89	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

WOMEN 800M FREESTYLE	NAME OF MEET				DATE ACHIEVED
LEUNG MABEL YUEN YING	SFC	75-79	21:40.55	2016-17 Long Course Masters Swimming Competition Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	16:02.36	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SFC	65-69	13:11.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
CASTKA GILLIAN HANCER	SFC	60-64	14:45.69	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
KIRKWOOD, TAIN MHAIRA	LRC	55-59	12:32.89	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	11:48.01	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KWOH DICK YUEN MARY	FFA	45-49	10:54.55	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KELSEY JANE MACFARLAND	LRC	40-44	9:42.82	16th FINA World Masters Championships 2015 in Kazan	10-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	9:48.87	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	10:53.53	Annual Long Course Masters Swimming Championships 2012	9-Dec-12
CARPENTER LINH THUC LUONG	LRC	25-29	10:50.58	Annual Long Course Masters Swimming Championships 2012	9-Dec-12
LAU SZE WING	HTA	18-24	10:22.03	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

MEN 50M BACKSTROKE	NAME OF MEET				DATE ACHIEVED
MAK HEI CHI	SGC	85-89	1:05.35	2012-13 Long Course Masters Swimming Competition - Part 3	19-Aug-12
CHEUNG TSAN	SFC	80-84	0:56.40	Annual Long Course Masters Swimming Championships	23-Nov-14
TZENG TEH REN	SGC	75-79	0:43.53	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	0:37.82	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
TIN SHEUNG KWAI	SFC	65-69	0:36.00	FINA World Masters Championships 2014	10-Aug-14
HO ROBERT YAU CHUNG	LRC	60-64	0:33.94	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	0:32.57	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	0:30.97	FINA World Masters Championships 2017	20-Aug-17
SAKA TAIHEI	SGC	45-49	0:30.37	2011-12 Long Course Masters Swimming Competition - Part 1	4-Mar-12
NORTJE CRAIG ANDREW	#FB	40-44	0:30.30	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
NORTJE CRAIG ANDREW	VRC	35-39	0:30.38	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
LAM YAU SUN DICKSON	#DB	30-34	0:29.77	Annual Long Course Masters Swimming Championships 2019	1-Dec-19
CHUNG LAI YEUNG	#DB	25-29	0:28.12	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
CHEUNG YAU MING	#DB	18-24	0:28.26	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 50M BACKSTROKE	NAME OF MEET				DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	1:09.10	2013-14 Long Course Masters Swimming Competition - Part 1	3-Mar-13
WONG JIM	SFC	75-79	0:55.07	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
WONG JIM	KTS	70-74	0:54.72	Annual Long Course Masters Swimming Championships	23-Nov-14
BAI XINFEN	SFC	65-69	0:42.89	Annual Long Course Masters Swimming Championships 2019	1-Dec-19
TSEUNG NGA WAH	SFC	60-64	0:46.26	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
CHOW YEE HEUNG LIZA	LTS	55-59	0:43.53	Annual Long Course Masters Swimming Championships 2019	1-Dec-19
COGGINS LYNDA ANNE	LRC	50-54	0:35.58	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
LAKE AMBER ROBYN	LRC	45-49	0:35.08	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
TAM MAI LING ALISON	#FL	40-44	0:34.40	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
KELSEY JANE MACFARLAND	LRC	35-39	0:34.04	Annual Long Course Masters Swimming Championships	23-Nov-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.81	FINA World Masters Championships 2014	10-Aug-14
CARPENTER LINH THUC LUONG	LRC	25-29	0:33.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
AU HIU PUI	*GW	18-24	0:31.58	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

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MEN 100M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	2:21.27	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
LAM LIT KWAN	SFC	75-79	1:56.76	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
TIN SHEUNG KWAI	NWC	70-74	1:35.27	2018-19 Long Course Masters Swimming Competition - Part 2	6-May-18
TIN SHEUNG KWAI	SFC	65-69	1:23.65	FINA World Masters Championships 2014	10-Aug-14
HO ROBERT YAU CHUNG	LRC	60-64	1:13.98	FINA World Masters Championships 2019 - Gwangju	17-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	1:11.73	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	1:08.09	FINA World Masters Championships 2017	19-Aug-17
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	1:09.39	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	13-Jul-18
NORTJE, CRAIG ANDREW	#FB	40-44	1:07.73	2018-19 Long Course Masters Swimming Competition - Part 2	6-May-18
NORTJE, CRAIG ANDREW	VRC	35-39	1:06.66	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
LAM YAU SUN DICKSON	#DB	30-34	1:07.94	2019-20 Long Course Masters Swimming Competition - Part 2	5-May-19
WANG HU	*WA	25-29	1:06.32	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
CHOI DERRICK CHRISTOPHER	LRC	18-24	1:02.10	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13

WOMEN 100M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:13.75	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
SUEN MING CHU	SFC	70-74	1:59.12	2019-20 Long Course Masters Swimming Competition - Part 2	5-May-19
SUEN MING CHU	SFC	65-69	1:53.27	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
LO LAI YUNG	NWC	60-64	1:45.15	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
BAI XIUFEN	*WA	55-59	1:36.84	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
COGGINS LYNDA ANNE	LRC	50-54	1:17.38	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
LAKE AMBER ROBYN	LRC	45-49	1:19.43	FINA World Masters Championships 2017	19-Aug-17
KELSEY JANE MACFARLAND	LRC	40-44	1:13.75	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	1:14.06	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
CARPENTER LINH THUC LUONG	LRC	30-34	1:11.37	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
CARPENTER LINH THUC LUONG	LRC	25-29	1:14.07	FINA World Masters Championships 2012	15-Jun-12
LAMB ENEKA MARIE	HIS	18-24	1:11.36	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 50M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
<u>CHI LIEH YUNG</u>	<u>SFC</u>	<u>85-89</u>	<u>1:02.32</u>	<u>Annual Long Course Masters Swimming Championships 2019</u>	<u>1-Dec-19</u>
CHAN KAM	SFC	80-84	0:54.52	Annual Masters Swimming Championships 2009	18-Oct-09
FU TAI CHUN	KTS	75-79	0:49.01	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12
TIN SHEUNG KWAI	NWC	70-74	0:39.27	2019-20 Long Course Masters Swimming Competition - Part 2	5-May-19
YONG KHIN SYN	SFC	65-69	0:37.84	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
FU TAI CHUN	KTS	60-64	0:36.61	Annual Masters Swimming Championships 1998	12-Sep-98
WONG LUN KWOK	SFC	55-59	0:35.10	Annual Masters Swimming Championships 2002	31-Aug-02
SIEH TIEN YU	KTS	50-54	0:34.48	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
COOPER, KENNETH ALLEN	PSC	45-49	0:32.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WAN LAP SUN	FWC	40-44	0:33.00	Spring Masters Swimming Championships 2006	25-Mar-06
LO JONATHAN KA YAN	LRC	35-39	0:31.14	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	14-Jul-18
WAN LAP SUN	KTS	30-34	0:31.11	Summer Masters Swimming Championships 1998	13-Jun-98
GLASSMAN ZACHARY	LRC	25-29	0:30.66	2011-12 Long Course Masters Swimming Competition - Part 1	4-Mar-12
YUEN MARCUS	PSC	18-24	0:30.47	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17

WOMEN 50M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
<u>CHAN WAI KIANG</u>	<u>KTS</u>	<u>85-89</u>	<u>2:23.87</u>	<u>Annual Long Course Masters Swimming Championships 2019</u>	<u>1-Dec-19</u>
<u>TAI LI HUA</u>	<u>SFC</u>	<u>80-84</u>	<u>0:52.77</u>	<u>Annual Long Course Masters Swimming Championships 2019</u>	<u>1-Dec-19</u>
OTSUKA TUKO	SGC	75-79	0:56.26	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
SUEN, MING CHU	SFC	70-74	0:53.36	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:50.56	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	0:47.46	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
LEUNG WAI FAN	KTS	55-59	0:38.73	2017-18 Long Course Masters Swimming Competition - Part 2	14-May-17
LEUNG WAI FAN	KTS	50-54	0:37.63	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
LEUNG WAI FAN	KTS	45-49	0:39.03	Annual Masters Swimming Championships 2007	21-Jul-07
LEUNG WAI FAN	KTS	40-44	0:38.79	Spring Masters Swimming Championships 2004	13-Mar-04
NG KAM FUNG	SFC	35-39	0:34.71	Summer Masters Swimming Championships 2000	27-May-00
BARNES RUTH	LRC	30-34	0:35.23	Annual Masters Swimming Championships 2013	24-Nov-13
LEE WAI SZE	NWC	25-29	0:36.34	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
LI TSZ YIU	HFS	18-24	0:35.53	Annual Masters Swimming Championships 2013	24-Nov-13

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MEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:42.22	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
MAK HEI CHI	SGC	80-84	2:08.90	Annual Masters Swimming Championships 2008	6-Sep-08
CHAN KAM	SFC	75-79	1:55.28	Summer Masters Swimming Championships 2005	4-Jun-05
YONG KHIN SYN	SFC	70-74	1:34.27	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHAN KAM POR	SFC	65-69	1:26.42	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
CHAN KAM POR	SGC	60-64	1:24.95	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12
CHAN KAM POR	*HN	55-59	1:21.91	Summer Masters Swimming Championships 2008	14-Jun-08
COOPER KENNETH ALLEN	#FL	50-54	1:13.66	FINA World Masters Championships 2019 - Gwangju	13-Aug-19
COOPER KENNETH ALLEN	PSC	45-49	1:15.29	2018-19 Long Course Masters Swimming Competition - Part 2	6-May-18
WAN LAP SUN	FWC	40-44	1:15.87	Winter Masters Swimming Championships 2008	22-Nov-08
LO JONATHAN KA YAN	LRC	35-39	1:10.50	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	15-Jul-18
KWOK HO TIN	NWC	30-34	1:09.75	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
<u>YUEN MARCUS</u>	<u>LRC</u>	<u>25-29</u>	<u>1:09.75</u>	<u>Annual Long Course Masters Swimming Championships 2019</u>	<u>1-Dec-19</u>
YUEN MARCUS	PSC	18-24	1:08.54	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17

WOMEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	2:44.43	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
WONG JIM	SFC	75-79	2:09.00	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
YONG KHIN SYN	SFC	70-74	1:53.65	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SUEN MING CHU	KTS	65-69	1:51.76	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
SUEN MING CHU	SCA	60-64	1:46.35	Annual Masters Swimming Championships 2008	6-Sep-08
KIRKWOOD, TAIN MHAIRA	LRC	55-59	1:35.97	2018-19 Long Course Masters Swimming Competition - Part 2	6-May-18
COGGINS LYNDA ANNE	LRC	50-54	1:29.58	Annual Long Course Masters Swimming Championships	23-Nov-14
WONG FUNG YEE	KTS	45-49	1:26.75	Summer Masters Swimming Championships 2009	6-Jun-09
LEUNG WAI FAN	KTS	40-44	1:27.30	Spring Masters Swimming Championships 2002	16-Mar-02
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:20.17	FINA World Masters Championships 2012	11-Jun-12
BARNES RUTH	LRC	30-34	1:18.68	FINA World Masters Championships 2012	11-Jun-12
LIU KA LEI	KTS	25-29	1:22.65	Spring Masters Swimming Championships 2010	6-Mar-10
KONG YVETTE MAN YI	SCA	18-24	1:13.79	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14

MEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	5:10.49	Masters Long Course Swimming Competition Part 1	26-Jan-14
LAM LIT KWAN	LTS	75-79	4:33.83	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
YONG KHIN SYN	SFC	70-74	3:37.34	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
CHAN KAM POR	SFC	65-69	3:19.33	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SGC	60-64	3:07.34	2011-12 Long Course Masters Swimming Competition - Part 1	4-Mar-12
SAKA TOSHIYUKI	SGC	55-59	2:59.17	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	50-54	2:50.25	2011-12 Long Course Masters Swimming Competition - Part 1	4-Mar-12
SAKA TOSHIYUKI	SGC	45-49	2:49.64	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
STAMENOVIC, IVAN	LRC	40-44	3:02.25	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LO JONATHAN KA YAN	LRC	35-39	2:47.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LUK WING KIN ANDY	KHC	30-34	2:36.71	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
GLASSMAN ZACHARY	LRC	25-29	2:23.47	2011-12 Long Course Masters Swimming Competition - Part 1	4-Mar-12
YUEN MARCUS	PSC	18-24	2:38.14	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18

WOMEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG SUI YING	SFC	80-84	9:51.71	2013-14 Long Course Masters Swimming Competition - Part 1	3-Mar-13
OTSUKA YUKO	SGC	75-79	4:39.40	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	4:01.57	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	3:58.01	2013-14 Long Course Masters Swimming Competition - Part 1	3-Mar-13
SUEN MING CHU	SCA	60-64	3:54.41	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	3:31.49	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	3:09.55	FINA World Masters Championships 2014	10-Aug-14
COGGINS LYNDA ANNE	LRC	45-49	3:14.74	FINA World Masters Championships 2012	15-Jun-12
LAKE AMBER ROBYN	LRC	40-44	3:31.46	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
NEEDHAM SUZANNE HEIZER	LRC	35-39	2:56.78	FINA World Masters Championships 2012	15-Jun-12
MORRISON RUTH	LRC	30-34	2:53.80	FINA World Masters Championships 2010	31-Jul-10
LIU KA LEI	KTS	25-29	3:05.17	2013-14 Long Course Masters Swimming Competition - Part 1	3-Mar-13
PANG HIU KWAN	JHC	18-24	3:13.71	2011-12 Long Course Masters Swimming Competition - Part 1	4-Mar-12

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MEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
YIM KAM WING	SFC	85-89	1:10.42	2019-20 Long Course Masters Swimming Competition - Part 2	5-May-19
MAK HEI CHI	SGC	80-84	0:58.81	Winter Masters Swimming Championships 2008	22-Nov-08
LEE CHE KWOK	SFC	75-79	0:53.57	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
FU TAI CHUN	KTS	70-74	0:37.28	Spring Masters Swimming Championships 2007	24-Mar-07
FU TAI CHUN	KTS	65-69	0:33.66	Annual Masters Swimming Championships 2002	31-Aug-02
FU TAI CHUN	KTS	60-64	0:30.60	Summer Masters Swimming Championships 1999	19-Jun-99
HO ROBERT YAU CHUNG	LRC	55-59	0:30.04	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
WONG KWOK WAH	KHC	50-54	0:27.94	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WOODRING DOUGLAS	BSC	45-49	0:27.47	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NORTJE, CRAIG ANDREW	#FL	40-44	0:26.85	FINA World Masters Championship 2019 - Gwangju	14-Aug-19
NORTJE CRAIG ANDREW	CKW	35-39	0:26.70	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
BEAHAN, GRANT KENNETH	BSC	30-34	0:26.54	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:26.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHEUNG YAU MING	#DB	18-24	0:26.27	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

WOMEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	1:00.33	2016-17 Long Course Masters Swimming Competition - Part 2	24-Apr-16
<u>SUEN MING CHU</u>	<u>SFC</u>	<u>70-74</u>	<u>0:48.26</u>	<u>Annual Long Course Masters Swimming Championships 2019</u>	<u>1-Dec-19</u>
SUEN MING CHU	SGC	65-69	0:45.64	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
TSEUNG NGA WAH	SFC	60-64	0:39.95	2018-19 Long Course Masters Swimming Competition - Part 2	6-May-18
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:36.39	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LEE TANYA DIANE	PSC	50-54	0:32.53	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	13-Jul-18
PAZOS CHRISTENA MARIA	LRC	45-49	0:32.96	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
TAM MAI LING ALISON	#FL	40-44	0:32.51	FINA World Masters Championships 2019 - Gwangju	14-Aug-19
KELSEY JANE MACFARLAND	LRC	35-39	0:32.49	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
CHAN WING SUET	PSC	30-34	0:30.75	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	13-Jul-18
NG KA MAN	KTS	25-29	0:29.30	Annual Long Course Masters Swimming Championships	23-Nov-14
WONG YEE CHING	SGC	18-24	0:30.27	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

MEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	2:35.84	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
LAW KWAI FONG	SFC	75-79	2:13.21	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
CHAN SHING CHI	LTS	70-74	1:56.24	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
YONG KHIN SYN	SFC	65-69	1:41.99	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
HO ROBERT YAU CHUNG	LRC	60-64	1:15.51	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
KOO YU FAT MARCUS	FFA	55-59	1:11.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
JOHNSON ERIC ANDREW	LRC	50-54	1:04.49	FINA World Masters Championships 2014	10-Aug-14
SAKA TAIHEI	SGC	45-49	1:00.90	2013-14 Long Course Masters Swimming Competition - Part 1	4-Mar-12
NORTJE, CRAIG ANDREW	#FL	40-44	0:59.49	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
CRAIG ANDREW NORTJE	VRC	35-39	0:59.58	FINA World Masters Championships 2014	10-Aug-14
BEAHAN, GRANT KENNETH	BSC	30-34	0:58.66	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:59.26	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
CHEUNG YAU MING	#DB	18-24	0:59.53	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	1:56.01	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	1:48.29	Masters Long Course Swimming Competition Part 1	26-Jan-14
SUEN MING CHU	SCA	60-64	1:49.51	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	1:31.44	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEE TANYA DIANE	PSC	50-54	1:14.85	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	16-Jul-18
PAZOS CHRISTENA MARIA	LRC	45-49	1:12.50	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	1:13.55	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	1:13.49	2011-12 Long Course Masters Swimming Competition - Part 1	4-Mar-12
CHAN WING SUET	PSC	30-34	1:10.44	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	16-Jul-18
CHAN WING SUET	LRC	25-29	1:08.66	FINA World Masters Championships 2014	10-Aug-14
MAU LOK YAN EUNICE	CUC	18-24	1:13.91	Masters Long Course Swimming Competition Part 1	26-Jan-14

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MEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
LAW KWAI FONG	SFC	80-84	5:10.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WONG SHIU MING	SFC	75-79	4:24.87	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	3:38.48	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHAN KAM POR	SFC	65-69	3:04.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
HO ROBERT YAU CHUNG	LRC	60-64	2:58.40	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SAKA TOSHIYUKI	SGC	55-59	2:45.82	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CHAN KAM POR	KTS	50-54	2:26.14	Summer Masters Swimming Championships 2004	12-Jun-04
SAKA TAIHEI	SGC	45-49	2:23.04	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
NORTJE, CRAIG ANDREW	#FL	40-44	2:19.17	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
NORTJE, CRAIG ANDREW	VRC	35-39	2:20.07	FINA World Masters Championships 2014	10-Aug-14
JACOBS DAMIAN CHARLES	LRC	30-34	2:25.69	FINA World Masters Championships 2014	10-Aug-14
GLASSMAN ZACHARY	LRC	25-29	2:13.80	2011-12 Long Course Masters Swimming Competition - Part 1	4-Mar-12
WONG SING TSUM DEREK	CUC	18-24	2:21.50	Annual Long Course Masters Swimming Champions 2013	24-Nov-13

WOMEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	5:35.17	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG JIM	SFC	75-79	4:49.42	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
SUEN MING CHU	SFC	70-74	3:49.34	2018-19 Long Course Masters Swimming Competition - Part 2	6-May-18
SUEN MING CHU	SGC	65-69	3:47.99	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
SUEN MING CHU	SCA	60-64	3:37.27	Winter Masters Swimming Championships 2007	27-Jan-08
KIRKWOOD, TAIN MHAIRA	LRC	55-59	3:16.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	2:55.65	FINA World Masters Championships 2014	10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:46.91	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:41.17	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	2:37.75	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
CHAN WING SUET	PSC	30-34	2:38.52	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
CHAN WING SUET	LRC	25-29	2:36.59	FINA World Masters Championships 2014	10-Aug-14
CHARTER ROBYN JUDY	SFC	18-24	2:42.84	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

MEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:09.80	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
NEW WATER POLO CLUB	NWC	280+	2:18.05	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
SWORD FISH CLUB	SFC	240+	2:02.09	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SEA GREEN SWIMMING & LIFE SAVING CLUB	SGC	200+	1:52.52	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
LADIES' RECREATION CLUB	LRC	160+	1:41.91	FINA World Masters Championships 2017	18-Aug-17
NEW WATER POLO CLUB	NWC	120+	1:40.03	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:36.96	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
<u>SWORD FISH CLUB</u>	<u>SFC</u>	<u>280+</u>	<u>2:42.61</u>	<u>Annual Long Course Masters Swimming Championships 2019</u>	<u>1-Dec-19</u>
SWORD FISH CLUB	SFC	240+	2:34.06	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	2:12.67	FINA World Masters Championships 2012	14-Jun-12
LADIES' RECREATION CLUB	LRC	160+	1:58.32	16th FINA World Masters Championships 2015 in Kazan	14-Aug-15
LADIES' RECREATION CLUB	LRC	120+	1:55.57	FINA World Masters Championships 2012	14-Jun-12
KWUN TONG SWIMMING CLUB	KTS	100+	2:02.27	Winter Masters Swimming Championships 1995	9-Dec-95

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MEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:30.63	Annual Long Course Masters Swimming Championships 2012	9-Dec-12
SWORD FISH CLUB	SFC	280+	2:40.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SWORD FISH CLUB	SFC	240+	2:19.80	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
THE HONG KONG JOCKEY CLUB	HJC	200+	2:03.19	Winter Masters Swimming Championships 1993	11-Dec-93
YMCA OF HONG KONG	YMC	160+	1:53.94	Summer Masters Swimming Championships 1996	22-Jun-96
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	120+	1:54.76	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
YMCA OF HONG KONG	YMC	100+	1:51.11	Spring Masters Swimming Championships 1999	20-Mar-99
WOMEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:21.30	1st Asian Masters Swimming Championships 1996	14-Sep-96
SWORD FISH CLUB	SFC	240+	2:48.90	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:32.48	2016-17 Long Course Master Swimming Competition - Part 2	24-Apr-16
LADIES' RECREATION CLUB	LRC	160+	2:10.35	Annual Masters Swimming Championships 1994	17-Sep-94
LADIES' RECREATION CLUB	LRC	120+	2:10.92	FINA World Masters Championships 2012	14-Jun-12
NEW WATER POLO CLUB	NWC	100+	2:19.21	2018-19 Long Course Masters Swimming Competition - Part 2	6-May-18
MIXED 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:38.22	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SWORD FISH CLUB	SFC	280+	2:42.24	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
SWORD FISH CLUB	SFC	240+	2:15.69	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	1:55.82	FINA World Masters Championships 2017	18-Aug-17
LADIES' RECREATION CLUB	LRC	160+	1:52.54	FINA World Masters Championships 2017	18-Aug-17
FASTLANE SWIMMING CO. LTD	#FL	120+	1:48.72	FINA World Masters Championships 2019 - Gwangju	19-Aug-19
NEW WATER POLO CLUB	NWC	100+	1:51.20	Annual Long Course Masters Swimming Championships 2017	25-Nov-17

2021-22 Long Course Masters Swimming Comp P2 - 09-May-21

Psych Sheet

Event 1 Men 200 LC Meter IM

18-24 MSR: 2:21.50
 25-29 MSR: 2:13.80
 30-34 MSR: 2:25.69
 35-39 MSR: 2:20.07
 40-44 MSR: 2:19.17
 45-49 MSR: 2:23.04
 50-54 MSR: 2:26.14
 55-59 MSR: 2:45.82
 60-64 MSR: 2:58.40
 65-69 MSR: 3:04.42

	ID#	Name	Age	Team	Seed Time
30-34					
1	33387 IAO	Wu, Kenneth Yee Lok	30	Sword Fish Club	2:59.00
2	14526 IBZ	Ho, Chun Sum Samuel	32	New Water Polo	3:00.00
3	14527 IBZ	Ho, Chun Ting Timothy	32	New Water Polo	3:00.00
4	00557	Chow, Sik Hang	33	New Water Polo	3:00.00
40-44					
1	42766 ICO	Dahlmann, Sven Christoph	41	Fastlane Swimmin	2:50.00
45-49					
1	28849 IAZ	Chan, Chun Kuen	46	Sword Fish Club	3:00.00
2	36554 ICO	Wolfers, Lachlan Robert	47	Hong Kong Footba	3:10.00
3	42085 IAZ	Lee, Hon Lun Philip	49	Sword Fish Club	3:50.00
50-54					
1	41757 IAO	Stamper, Mark	50	Fastlane Swimmin	2:45.00
2	39091 IAZ	Luk, Kai Ming Stephen	54	Sword Fish Club	4:00.00
3	38127 IAZ	Leung, Cheung Wai Ricky	53	Sword Fish Club	4:15.00
55-59					
1	26594 IAZ	Ching, Wai Kin	57	Sword Fish Club	3:58.00
2	24256 IAW	Lok, Wai Man	58	New Water Polo	4:00.00
3	22433 IAZ	Lui, Man Pong	56	New Water Polo	4:00.00
4	32108 IAX	Chan, Kiu	59	Sword Fish Club	4:00.00
65-69					
1	04500	Cheung, Ip Chor	66	Sword Fish Club	3:50.00
70-74					
1	22182 IAZ	Ngai, Yin Leung	72	Sword Fish Club	4:00.00
75-79					
1	06274	Wong, Yau Chuen	75	Sword Fish Club	4:40.00

Event 2 Women 200 LC Meter IM

18-24 MSR: 2:42.84
 25-29 MSR: 2:36.59
 30-34 MSR: 2:38.52
 35-39 MSR: 2:37.75
 40-44 MSR: 2:41.17
 45-49 MSR: 2:46.91
 50-54 MSR: 2:55.65
 55-59 MSR: 3:16.65
 60-64 MSR: 3:37.27
 65-69 MSR: 3:47.99

	ID#	Name	Age	Team	Seed Time
25-29					
1	07797 IBZ	Wong, Ka Yan	26	New Water Polo	3:00.00

2021-22 Long Course Masters Swimming Comp P2 - 09-May-21

Psych Sheet

30-34... (Event 2 Women 200 LC Meter IM)

1	46104 @ICO	Sheridan, Kaitlyn Rose	34	Fastlane Swimmin	3:15.00
40-44					
1	40853 IAO	Tam, Alison Mai Ling	43	Fastlane Swimmin	2:50.00
2	40702 IAX	Kar, Ka	44	New Water Polo	3:00.00
3	37127 IAO	Sen, Catherine	44	Hong Kong Footba	3:15.00
45-49					
1	35772 IAX	Ban, Xianhai	49	New Water Polo	3:58.00
50-54					
1	40575 IAO	Chan, San Ngah	53	Fastlane Swimmin	4:12.00
60-64					
1	23957 IAX	Yeung, Tun Lim Lily	64	Sword Fish Club	5:03.00
65-69					
1	06355	Lo, Lai Yung	66	New Water Polo	5:00.00
70-74					
1	06357	Suen, Ming Chu	73	Sword Fish Club	4:00.00
75-79					
1	08936	Leong, Kuai Heng	75	New Water Polo	5:58.00

Event 3 Men 100 LC Meter Breaststroke

18-24 MSR: 1:08.54

25-29 MSR: 1:09.75

30-34 MSR: 1:09.75

35-39 MSR: 1:10.50

40-44 MSR: 1:15.87

45-49 MSR: 1:15.29

50-54 MSR: 1:13.66

55-59 MSR: 1:21.91

60-64 MSR: 1:24.95

65-69 MSR: 1:26.42

	ID#	Name	Age	Team	Seed Time
30-34					
1	00590 IBZ	Kwok, Ho Tin	34	New Water Polo	1:10.00
2	27873 IAZ	Ko, King Hei	33	New Water Polo	1:20.00
3	06886 B	Li, Chin Long	31	Eastern Winter	1:30.00
4	14526 IBZ	Ho, Chun Sum Samuel	32	New Water Polo	2:00.00
45-49					
1	42737 IAZ	So, Ma Loi	45	Sword Fish Club	1:34.00
55-59					
1	18856 IAZ	Au, Mun Shing	56	Sword Fish Club	1:30.00
2	32108 IAX	Chan, Kiu	59	Sword Fish Club	1:40.00
3	38291 IAZ	Liu, Chun Sing	55	Sword Fish Club	1:40.00
60-64					
1	25226 IAZ	Choi, Tai Wing	60	Sword Fish Club	1:55.00
65-69					
1	06281	Fung, Kam Tai	66	Sword Fish Club	1:22.00
2	23123 IAZ	Poon, Wai	69	Sword Fish Club	1:28.00
3	06382	Chan, Kam Por	69	Sword Fish Club	1:35.00
4	11563	Lee, Kwok Hung	68	Sword Fish Club	1:40.00
5	41059 IAX	Ng, Kau Yuen	68	Sword Fish Club	2:20.00
75-79					
1	14029	Ieong, Vun Fai	75	Sword Fish Club	2:45.00
80-84					
1	06270	Lam, Luk Kan	80	Sword Fish Club	2:10.00

2021-22 Long Course Masters Swimming Comp P2 - 09-May-21

Psych Sheet

80-84... (Event 3 Men 100 LC Meter Breaststroke)

2	17832 IAX	Chan, Sau	84	Sword Fish Club	3:20.00
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Event 4 Women 100 LC Meter Breaststroke

18-24 MSR: 1:13.79

25-29 MSR: 1:22.65

30-34 MSR: 1:18.68

35-39 MSR: 1:20.17

40-44 MSR: 1:27.30

45-49 MSR: 1:26.75

50-54 MSR: 1:29.58

55-59 MSR: 1:35.97

60-64 MSR: 1:46.35

65-69 MSR: 1:51.76

	ID#	Name	Age	Team	Seed Time
18-24					
1	43533 IAZ	Wong, Yu Tung	23	New Water Polo	2:30.00
40-44					
1	30072 ICW	Chao, Man Chi	42	New Water Polo	2:50.00
45-49					
1	35772 IAX	Ban, Xianhai	49	New Water Polo	1:59.00
2	06349	Ip, Oi Wa Wendy	49	Sword Fish Club	2:00.00
3	44304 IAX	Choi, Shan Shan	49	Sword Fish Club	2:20.00
50-54					
1	37012 IAZ	Lun, Yau Chun Nara	53	New Water Polo	2:15.00
55-59					
1	24216 IAZ	Li, Chuk Ping	59	Sword Fish Club	1:52.00
60-64					
1	23957 IAX	Yeung, Tun Lim Lily	64	Sword Fish Club	2:25.00
65-69					
1	06127	Lau, Wai Lin	65	New Water Polo	2:50.00
70-74					
1	06357	Suen, Ming Chu	73	Sword Fish Club	2:00.00
80-84					
1	06374	Wong, Jim	80	Sword Fish Club	2:20.00

Event 5 Men 50 LC Meter Freestyle

18-24 MSR: 24.17

25-29 MSR: 23.92

30-34 MSR: 24.31

35-39 MSR: 24.80

40-44 MSR: 25.42

45-49 MSR: 26.47

50-54 MSR: 25.80

55-59 MSR: 28.02

60-64 MSR: 27.95

65-69 MSR: 29.72

	ID#	Name	Age	Team	Seed Time
25-29					
1	44549 ICX	Zhang, Yage	27	Fastlane Swimmin	30.00
30-34					
1	27874 IAZ	Chan, Cheuk Man	33	New Water Polo	27.00
2	00557	Chow, Sik Hang	33	New Water Polo	27.00
35-39					
1	35767 ICO	Pilloni, Iosto	35	New Water Polo	34.00

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40-44... (Event 5 Men 50 LC Meter Freestyle)

1	39981 IAZ	Mui, Ho Chuen	41	Sword Fish Club	27.92
45-49					
1	36554 ICO	Wolfers, Lachlan Robert	47	Hong Kong Footba	31.02
2	42737 IAZ	So, Ma Loi	45	Sword Fish Club	32.00
50-54					
1	41757 IAO	Stamper, Mark	50	Fastlane Swimmin	27.50
2	31054 IAO	Stimson, Mark Grant	50	Fastlane Swimmin	31.00
3	23587 IAZ	Au, Wing Sum	54	New Water Polo	40.00
4	35711 IAX	Wong, Fuk Kei	52	Sword Fish Club	45.08
5	04184	Woo, Siu Ming William	50	Sword Fish Club	1:10.00
55-59					
1	37048 IAZ	Cheung, Wai Chuen Jimmy	58	Sword Fish Club	36.00
2	21023 IAZ	Ho, Kwong Ngai Eric	58	Sword Fish Club	36.00
3	40861 IAZ	Cheung, Chi Ming Rover	58	Sword Fish Club	37.00
4	24256 IAW	Lok, Wai Man	58	New Water Polo	42.00
5	32108 IAX	Chan, Kiu	59	Sword Fish Club	46.00
65-69					
1	06398	Cho, Wai Sun	68	Fastlane Swimmin	33.00
2	06389	Chan, Hong Wah	68	New Water Polo	39.00
3	23123 IAZ	Poon, Wai	69	Sword Fish Club	42.00
4	11563	Lee, Kwok Hung	68	Sword Fish Club	48.00
70-74					
1	06268	Tse, Kwok Piu	70	Sword Fish Club	33.00
2	03845	Tin, Sheung Kwai	74	New Water Polo	34.00
75-79					
1	10279	Wong, Shiu Ming	79	Sword Fish Club	52.00
80-84					
1	28522 IAX	Wong, Tat Choi	80	Sword Fish Club	50.00
85-89					
1	15490	Law, Kwai Fong	85	Sword Fish Club	54.00

Event 6 Women 50 LC Meter Freestyle

18-24 MSR:	28.20
25-29 MSR:	29.28
30-34 MSR:	28.96
35-39 MSR:	28.65
40-44 MSR:	28.88
45-49 MSR:	30.12
50-54 MSR:	30.65
55-59 MSR:	32.17
60-64 MSR:	34.16
65-69 MSR:	37.61

	ID#	Name	Age	Team	Seed Time
18-24					
1	43533 IAZ	Wong, Yu Tung	23	New Water Polo	58.00
25-29					
1	07797 IBZ	Wong, Ka Yan	26	New Water Polo	28.00
40-44					
1	40702 IAX	Kar, Ka	44	New Water Polo	33.00
2	37127 IAO	Sen, Catherine	44	Hong Kong Footba	34.00
45-49					
1	33517 IAO	Yamaguchi, Mika	49	Fastlane Swimmin	30.50
2	44641 IAZ	Chan, Suk Yin	49	Sword Fish Club	55.00

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Psych Sheet

45-49... (Event 6 Women 50 LC Meter Freestyle)

3	06349	Ip, Oi Wa Wendy	49	Sword Fish Club	1:00.00
50-54					
1	37012 IAZ	Lun, Yau Chun Nara	53	New Water Polo	1:10.00
55-59					
1	26254 IAX	Ng, Kong Ching	56	New Water Polo	40.00
2	44303 IAZ	Lam, Man Lai	55	Sword Fish Club	58.00
3	24216 IAZ	Li, Chuk Ping	59	Sword Fish Club	1:10.00
60-64					
1	19290 IAX	Tseung, Nga Wah	64	Sword Fish Club	38.00
2	20640 IAZ	Wong, Fung Yee	61	Sword Fish Club	48.00
3	26257 IAX	Lo, Shuk Ling	61	Sword Fish Club	1:03.00
65-69					
1	03503	Castka, Gillian Hancer	65	Sword Fish Club	38.00
2	06127	Lau, Wai Lin	65	New Water Polo	1:10.00
70-74					
1	05412	Chu, Lui Kwong	70	Sword Fish Club	55.00
75-79					
1	08936	Leong, Kuai Heng	75	New Water Polo	1:10.00
2	06372 IAZ	Leung, Mabel Yuen Ying	79	Sword Fish Club	1:10.00
80-84					
1	38059 IAX	Tai, Li Hua	82	Sword Fish Club	48.00

Event 7 Men 100 LC Meter Backstroke

18-24 MSR: 1:02.10

25-29 MSR: 1:06.32

30-34 MSR: 1:07.94

35-39 MSR: 1:06.66

40-44 MSR: 1:07.73

45-49 MSR: 1:09.39

50-54 MSR: 1:08.09

55-59 MSR: 1:11.73

60-64 MSR: 1:13.98

65-69 MSR: 1:23.65

	ID#	Name	Age	Team	Seed Time
30-34					
1	06886 B	Li, Chin Long	31	Eastern Winter	1:10.00
2	33387 IAO	Wu, Kenneth Yee Lok	30	Sword Fish Club	1:28.00
40-44					
1	01012 ICZ	Fong, Lik Sun	41	Hong Kong Footba	1:08.00
2	42766 ICO	Dahlmann, Sven Christoph	41	Fastlane Swimmin	1:15.00
45-49					
1	36554 ICO	Wolfers, Lachlan Robert	47	Hong Kong Footba	1:20.00
2	28849 IAZ	Chan, Chun Kuen	46	Sword Fish Club	1:30.00
50-54					
1	39091 IAZ	Luk, Kai Ming Stephen	54	Sword Fish Club	1:50.00
2	35711 IAX	Wong, Fuk Kei	52	Sword Fish Club	2:05.00
55-59					
1	22433 IAZ	Lui, Man Pong	56	New Water Polo	1:50.00
2	29472 IAZN	Choi, Kwok Man Tony	55	Sword Fish Club	1:50.00
3	38291 IAZ	Liu, Chun Sing	55	Sword Fish Club	1:50.00
4	21023 IAZ	Ho, Kwong Ngai Eric	58	Sword Fish Club	2:00.00
5	26594 IAZ	Ching, Wai Kin	57	Sword Fish Club	2:02.00
60-64					
1	17725 IAZ	Ng, Yu Hung	63	Sword Fish Club	1:38.00

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60-64... (Event 7 Men 100 LC Meter Backstroke)

2	25226 IAZ	Choi, Tai Wing	60	Sword Fish Club	2:00.00
65-69					
1	06281	Fung, Kam Tai	66	Sword Fish Club	1:36.00
2	04500	Cheung, Ip Chor	66	Sword Fish Club	1:40.00
3	06388	Lau, Man Kin	67	Sword Fish Club	1:40.00
4	26318	Suen, Chi Wing	67	Sword Fish Club	2:00.00
70-74					
1	06268	Tse, Kwok Piu	70	Sword Fish Club	1:40.00
2	22182 IAZ	Ngai, Yin Leung	72	Sword Fish Club	2:08.00
75-79					
1	06274	Wong, Yau Chuen	75	Sword Fish Club	1:40.00
2	10279	Wong, Shiu Ming	79	Sword Fish Club	2:00.00
80-84					
1	17832 IAX	Chan, Sau	84	Sword Fish Club	2:30.00
85-89					
1	02987	Cheung, Tsan	87	Sword Fish Club	2:40.00

Event 8 Women 100 LC Meter Backstroke

18-24 MSR: 1:11.36

25-29 MSR: 1:14.07

30-34 MSR: 1:11.37

35-39 MSR: 1:14.06

40-44 MSR: 1:13.75

45-49 MSR: 1:19.43

50-54 MSR: 1:17.38

55-59 MSR: 1:36.84

60-64 MSR: 1:45.15

65-69 MSR: 1:53.27

	ID#	Name	Age	Team	Seed Time
30-34					
1	46104 @ICO	Sheridan, Kaitlyn Rose	34	Fastlane Swimmin	1:28.00
40-44					
1	40853 IAO	Tam, Alison Mai Ling	43	Fastlane Swimmin	1:15.00
45-49					
1	44641 IAZ	Chan, Suk Yin	49	Sword Fish Club	2:40.00
50-54					
1	40575 IAO	Chan, San Ngah	53	Fastlane Swimmin	1:50.00
60-64					
1	23957 IAX	Yeung, Tun Lim Lily	64	Sword Fish Club	2:15.00
65-69					
1	06355	Lo, Lai Yung	66	New Water Polo	2:10.00
70-74					
1	22852 ICX	Bai, Xiufen	70	Sword Fish Club	1:32.00
75-79					
1	08936	Leong, Kuai Heng	75	New Water Polo	3:38.00

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Psych Sheet

Event 9 Men 200 LC Meter Freestyle

18-24 MSR: 2:06.87

25-29 MSR: 2:05.18

30-34 MSR: 2:05.11

35-39 MSR: 2:05.90

40-44 MSR: 2:07.89

45-49 MSR: 2:10.21

50-54 MSR: 2:14.33

55-59 MSR: 2:24.07

60-64 MSR: 2:32.99

65-69 MSR: 2:43.01

	ID#	Name	Age	Team	Seed Time
18-24...	(Event 9 Men 200 LC Meter Freestyle)				
1	24728 IAZ	Chan, Wing Fa	24	Eastern Winter	2:30.00
30-34					
1	33387 IAO	Wu, Kenneth Yee Lok	30	Sword Fish Club	2:33.00
35-39					
1	12176 ICZ	Ng, Siu Yu	39	Sword Fish Club	2:33.00
40-44					
1	23119 IAZ	Chan, Ying Tsung Bosco	40	Sword Fish Club	3:48.00
45-49					
1	28849 IAZ	Chan, Chun Kuen	46	Sword Fish Club	2:33.00
50-54					
1	41757 IAO	Stamper, Mark	50	Fastlane Swimmin	2:20.00
2	39091 IAZ	Luk, Kai Ming Stephen	54	Sword Fish Club	3:00.00
55-59					
1	26594 IAZ	Ching, Wai Kin	57	Sword Fish Club	3:02.00
2	39982 IAZ	Chow, Wing Chun	57	Sword Fish Club	3:30.00
3	40861 IAZ	Cheung, Chi Ming Rover	58	Sword Fish Club	3:40.00
4	29472 IAZN	Choi, Kwok Man Tony	55	Sword Fish Club	3:50.00
65-69					
1	06382	Chan, Kam Por	69	Sword Fish Club	2:55.00
2	04500	Cheung, Ip Chor	66	Sword Fish Club	3:20.00
3	26318	Suen, Chi Wing	67	Sword Fish Club	3:40.00
70-74					
1	06268	Tse, Kwok Piu	70	Sword Fish Club	2:45.00
2	22182 IAZ	Ngai, Yin Leung	72	Sword Fish Club	3:32.00
75-79					
1	06274	Wong, Yau Chuen	75	Sword Fish Club	4:20.00
80-84					
1	28522 IAX	Wong, Tat Choi	80	Sword Fish Club	3:10.00
2	17832 IAX	Chan, Sau	84	Sword Fish Club	5:40.00

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Psych Sheet

Event 10 Women 200 LC Meter Freestyle

18-24 MSR: 2:16.66
 25-29 MSR: 2:18.17
 30-34 MSR: 2:25.29
 35-39 MSR: 2:13.59
 40-44 MSR: 2:13.70
 45-49 MSR: 2:28.14
 50-54 MSR: 2:32.26
 55-59 MSR: 2:50.45
 60-64 MSR: 3:08.53
 65-69 MSR: 3:27.53

	ID#	Name	Age	Team	Seed Time
25-29... (Event 10 Women 200 LC Meter Freestyle)					
1	09413 B	Fang, Ka Ying	26	Eastern Winter	2:30.00
30-34					
1	46104 @ICO	Sheridan, Kaitlyn Rose	34	Fastlane Swimmin	2:50.00
40-44					
1	41149 IAZ	Yeung, Oi Mei	44	New Water Polo	4:00.00
45-49					
1	35772 IAX	Ban, Xianhai	49	New Water Polo	3:48.00
65-69					
1	03503	Castka, Gillian Hancer	65	Sword Fish Club	3:30.00

Event 11 Men 50 LC Meter Butterfly

18-24 MSR: 26.27
 25-29 MSR: 26.21
 30-34 MSR: 26.54
 35-39 MSR: 26.70
 40-44 MSR: 26.85
 45-49 MSR: 27.47
 50-54 MSR: 27.94
 55-59 MSR: 30.04
 60-64 MSR: 30.60
 65-69 MSR: 33.66

	ID#	Name	Age	Team	Seed Time
18-24					
1	24728 IAZ	Chan, Wing Fa	24	Eastern Winter	30.00
25-29					
1	44549 ICX	Zhang, Yage	27	Fastlane Swimmin	33.00
2	09319 IBZ	Chan, Chun Wing	29	New Water Polo	35.00
30-34					
1	27874 IAZ	Chan, Cheuk Man	33	New Water Polo	29.00
2	00557	Chow, Sik Hang	33	New Water Polo	29.00
40-44					
1	39981 IAZ	Mui, Ho Chuen	41	Sword Fish Club	30.34
2	42766 ICO	Dahlmann, Sven Christoph	41	Fastlane Swimmin	33.00
3	23119 IAZ	Chan, Ying Tsung Bosco	40	Sword Fish Club	1:00.00
45-49					
1	06711	Leung, Tsz Kin	49	New Water Polo	38.00
2	42085 IAZ	Lee, Hon Lun Philip	49	Sword Fish Club	40.00
50-54					
1	38127 IAZ	Leung, Cheung Wai Ricky	53	Sword Fish Club	42.00
2	23587 IAZ	Au, Wing Sum	54	New Water Polo	50.00

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Psych Sheet

55-59... (Event 11 Men 50 LC Meter Butterfly)

1	15528 #	Tsui, Tak Shing Dominic	59	Fastlane Swimmin	37.00
2	39982 IAZ	Chow, Wing Chun	57	Sword Fish Club	42.00

65-69

1	06398	Cho, Wai Sun	68	Fastlane Swimmin	36.00
2	06382	Chan, Kam Por	69	Sword Fish Club	38.00

80-84

1	06270	Lam, Luk Kan	80	Sword Fish Club	1:15.00
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Event 12 Women 50 LC Meter Butterfly

18-24 MSR: 30.27

25-29 MSR: 29.30

30-34 MSR: 30.75

35-39 MSR: 32.49

40-44 MSR: 32.51

45-49 MSR: 32.96

50-54 MSR: 32.53

55-59 MSR: 36.39

60-64 MSR: 39.95

65-69 MSR: 45.64

	ID#	Name	Age	Team	Seed Time
25-29					
1	09413 B	Fang, Ka Ying	26	Eastern Winter	30.00
2	08238 B	Li, Tsz Yu	27	New Water Polo	35.00
3	08727 B	Hung Yuen Ching, Moose Culle	25	New Water Polo	1:00.00
30-34					
1	01929 IBZ	Ng, Ka Man	32	New Water Polo	30.00
40-44					
1	40853 IAO	Tam, Alison Mai Ling	43	Fastlane Swimmin	33.00
2	30072 ICW	Chao, Man Chi	42	New Water Polo	59.00
45-49					
1	33517 IAO	Yamaguchi, Mika	49	Fastlane Swimmin	34.00
50-54					
1	40575 IAO	Chan, San Ngah	53	Fastlane Swimmin	44.94
2	27463 IAX	Chen, Yugen	50	New Water Polo	55.00
3	37012 IAZ	Lun, Yau Chun Nara	53	New Water Polo	1:20.00
55-59					
1	26254 IAX	Ng, Kong Ching	56	New Water Polo	55.00
60-64					
1	25237 IAZ	Yu, Chi Seung	63	New Water Polo	1:00.00
65-69					
1	03503	Castka, Gillian Hancer	65	Sword Fish Club	1:00.00
70-74					
1	06357	Suen, Ming Chu	73	Sword Fish Club	50.00
75-79					
1	06372 IAZ	Leung, Mabel Yuen Ying	79	Sword Fish Club	1:20.00

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Psych Sheet

Event 13 Men 4x50 LC Meter Medley Relay

100-119 MSR: 1:51.11
 120-159 MSR: 1:54.76
 160-199 MSR: 1:53.94
 200-239 MSR: 2:03.19
 240-279 MSR: 2:19.80
 280-319 MSR: 2:40.94
 320-359 MSR: 3:30.63

	Team	Relay	Seed Time
120-159... (Event 13 Men 4x50 LC Meter Medley Relay)			
1	New Water Polo Club	M120 A	NT
160-199			
1	Fastlane Swimming Co Limited	M160 A	NT
2	Sword Fish Club	M160 A	NT
3	New Water Polo Club	M160 A	NT
200-239			
1	Fastlane Swimming Co Limited	M200 A	NT
2	Sword Fish Club	M200 A	NT
3	New Water Polo Club	M200 A	NT
240-279			
1	Sword Fish Club	M240 A	NT
2	New Water Polo Club	M240 A	NT
280-319			
1	Sword Fish Club	M280 A	NT
2	New Water Polo Club	M280 A	NT
320-359			
1	Sword Fish Club	M320 A	NT

Event 14 Women 4x50 LC Meter Medley Relay

100-119 MSR: 2:19.21
 120-159 MSR: 2:10.92
 160-199 MSR: 2:10.35
 200-239 MSR: 2:32.48
 240-279 MSR: 2:48.90
 280-319 MSR: 3:21.30

	Team	Relay	Seed Time
120-159			
1	New Water Polo Club	W120 A	NT
160-199			
1	Fastlane Swimming Co Limited	W160 A	NT
2	Sword Fish Club	W160 A	NT
3	New Water Polo Club	W160 A	NT
200-239			
1	Sword Fish Club	W200 A	NT
2	New Water Polo Club	W200 A	NT
240-279			
1	Sword Fish Club	W240 A	NT
2	New Water Polo Club	W240 A	NT
280-319			
1	Sword Fish Club	W280 A	NT

2021-22 Long Course Masters Swimming Comp P2 - 09-May-21

Psych Sheet

Event 15 Men 50 LC Meter Breaststroke

18-24 MSR:	30.47
25-29 MSR:	30.66
30-34 MSR:	31.11
35-39 MSR:	31.14
40-44 MSR:	33.00
45-49 MSR:	32.70
50-54 MSR:	34.48
55-59 MSR:	35.10
60-64 MSR:	36.61
65-69 MSR:	37.84

	ID#	Name	Age	Team	Seed Time
25-29... (Event 15 Men 50 LC Meter Breaststroke)					
1	44549 ICX	Zhang, Yage	27	Fastlane Swimmin	36.00
2	09319 IBZ	Chan, Chun Wing	29	New Water Polo	40.00
30-34					
1	27874 IAZ	Chan, Cheuk Man	33	New Water Polo	37.00
2	27873 IAZ	Ko, King Hei	33	New Water Polo	50.00
40-44					
1	23119 IAZ	Chan, Ying Tsung Bosco	40	Sword Fish Club	52.00
45-49					
1	42085 IAZ	Lee, Hon Lun Philip	49	Sword Fish Club	40.00
2	42737 IAZ	So, Ma Loi	45	Sword Fish Club	42.00
50-54					
1	38127 IAZ	Leung, Cheung Wai Ricky	53	Sword Fish Club	47.00
2	04184	Woo, Siu Ming William	50	Sword Fish Club	1:40.00
55-59					
1	18856 IAZ	Au, Mun Shing	56	Sword Fish Club	39.00
2	15528 #	Tsui, Tak Shing Dominic	59	Fastlane Swimmin	41.00
3	37048 IAZ	Cheung, Wai Chuen Jimmy	58	Sword Fish Club	46.00
4	39982 IAZ	Chow, Wing Chun	57	Sword Fish Club	48.00
5	40861 IAZ	Cheung, Chi Ming Rover	58	Sword Fish Club	50.00
60-64					
1	17725 IAZ	Ng, Yu Hung	63	Sword Fish Club	42.08
2	25226 IAZ	Choi, Tai Wing	60	Sword Fish Club	55.00
70-74					
1	05917	Yong, Khin Syn	72	Sword Fish Club	43.00
2	03845	Tin, Sheung Kwai	74	New Water Polo	44.00
75-79					
1	14029	Ieong, Vun Fai	75	Sword Fish Club	57.00
80-84					
1	06270	Lam, Luk Kan	80	Sword Fish Club	1:00.00
85-89					
1	38060 IAZ	Chi, Lieh Yung	87	Sword Fish Club	1:05.00

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Psych Sheet

Event 16 Women 50 LC Meter Breaststroke

18-24 MSR:	35.53
25-29 MSR:	36.34
30-34 MSR:	35.23
35-39 MSR:	34.71
40-44 MSR:	38.79
45-49 MSR:	39.03
50-54 MSR:	37.63
55-59 MSR:	38.73
60-64 MSR:	47.46
65-69 MSR:	50.56

	ID#	Name	Age	Team	Seed Time
18-24...	(Event 16 Women 50 LC Meter Breaststroke)				
1	43533 IAZ	Wong, Yu Tung	23	New Water Polo	55.00
25-29					
1	08238 B	Li, Tsz Yu	27	New Water Polo	39.00
2	07028 B	Fong, Sin Yi	28	New Water Polo	50.00
3	08727 B	Hung Yuen Ching, Moose Culle	25	New Water Polo	1:00.00
30-34					
1	01552 #IBZ	Lai, Hiu Ling	32	New Water Polo	55.00
35-39					
1	00777 IBZ	Tse, Yu Ting	35	New Water Polo	55.00
40-44					
1	26803 IAZ	Yung, Hoi Ying	41	New Water Polo	55.00
2	30072 ICW	Chao, Man Chi	42	New Water Polo	59.00
45-49					
1	33517 IAO	Yamaguchi, Mika	49	Fastlane Swimmin	40.00
2	06349	Ip, Oi Wa Wendy	49	Sword Fish Club	1:00.00
3	44304 IAX	Choi, Shan Shan	49	Sword Fish Club	1:10.00
50-54					
1	27463 IAX	Chen, Yugen	50	New Water Polo	58.00
2	40937 IAZ	Leung, Wai Fan Fanny	51	New Water Polo	1:10.00
55-59					
1	26254 IAX	Ng, Kong Ching	56	New Water Polo	58.00
2	38289 IAZ	Ng, Wai Lin Angie	57	Sword Fish Club	59.00
3	41911 IAZN	Ng, Kit Man Joanna	56	New Water Polo	1:10.00
60-64					
1	19290 IAX	Tseung, Nga Wah	64	Sword Fish Club	1:00.00
65-69					
1	05409	Wan, Yim Fong	69	Sword Fish Club	1:10.00
2	06127	Lau, Wai Lin	65	New Water Polo	1:20.00
70-74					
1	05412	Chu, Lui Kwong	70	Sword Fish Club	59.00
80-84					
1	38059 IAX	Tai, Li Hua	82	Sword Fish Club	1:05.00

**2021-22 Long Course Masters Swimming Comp P2 - 09-May-21
Psych Sheet**

Event 17 Mixed 4x50 LC Meter Freestyle Relay

- 100-119 MSR: 1:51.20
- 120-159 MSR: 1:48.72
- 160-199 MSR: 1:52.54
- 200-239 MSR: 1:55.82
- 240-279 MSR: 2:15.69
- 280-319 MSR: 2:42.24
- 320-359 MSR: 3:38.22

	Team	Relay	Seed Time
X120-159... (Event 17 Mixed 4x50 LC Meter Freestyle Relay)			
1	Fastlane Swimming Co Limited	X120 A	NT
2	New Water Polo Club	X120 A	NT
X160-199			
1	Fastlane Swimming Co Limited	X160 A	NT
2	Sword Fish Club	X160 A	NT
3	New Water Polo Club	X160 A	NT
X200-239			
1	Fastlane Swimming Co Limited	X200 A	NT
2	Sword Fish Club	X200 A	NT
3	New Water Polo Club	X200 A	NT
X240-279			
1	Sword Fish Club	X240 A	NT
2	New Water Polo Club	X240 A	NT
X280-319			
1	Sword Fish Club	X280 A	NT
2	New Water Polo Club	X280 A	NT
X320-359			
1	Sword Fish Club	X320 A	NT