Hong Kong Aqua Ball Course (Kowloon Park Swimming Pool)

Training Timetable - December 2026

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dec			1	2 KPSP Pool: 1600-1800	3	4	5
	6	7 KPSP Pool: 1600-1800	8	9 KPSP Pool: 1600-1800	10	11	12
	13	14 KPSP Pool: 1600-1800	15	16 KPSP Pool: 1700-1800	17	18	19
	20	21 KPSP Pool: 1600-1800	22	23 KPSP Pool: 1600-1800	24	25	26
	27	28 KPSP Pool: 1600-1800	29	30 KPSP Pool: 1600-1800	31		