

TKO Water Polo Development Program 2026 (TKOSP)

Training Timetable - September 2026

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sep			1	2 TKOSP Pool: 1800-1900	3	4 TKOSP Pool: 1800-1900	5 TKOSP Pool: 1200-1300
	6	7	8	9 TKOSP Pool: 1800-1900	10	11 TKOSP Pool: 1800-1900	12 TKOSP Pool: 1200-1300
	13	14	15	16 TKOSP Pool: 1800-1900	17	18 TKOSP Pool: 1800-1900	19 TKOSP Pool: 1200-1300
	20	21	22	23 TKOSP Pool: 1800-1900	24	25	26
	27	28	29	30 TKOSP Pool: 1800-1900			

Training Timetable - October 2026

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Oct					1	2 TKOSP Pool: 1800-1900	3 TKOSP Pool: 1200-1300
	4	5	6	7 TKOSP Pool: 1800-1900	8	9 TKOSP Pool: 1800-1900	10 TKOSP Pool: 1200-1300
	11	12	13	14 TKOSP Pool: 1800-1900	15	16 TKOSP Pool: 1800-1900	17 TKOSP Pool: 1200-1300
	18	19	20	21 TKOSP Pool: 1800-1900	22	23 TKOSP Pool: 1800-1900	24 TKOSP Pool: 1200-1300
	25	26	27	28 TKOSP Pool: 1800-1900	29	30 TKOSP Pool: 1800-1900	31 TKOSP Pool: 1200-1300