

TKO Water Polo Development Program 2026 (TKOSP)

Training Timetable - July 2026

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
July				1	2	3 TKOSP Pool: 1800-1900	4 TKOSP Pool: 1200-1300
	5	6	7	8 TKOSP Pool: 1800-1900	9	10 TKOSP Pool: 1800-1900	11 TKOSP Pool: 1200-1300
	12	13	14	15 TKOSP Pool: 1800-1900	16	17 TKOSP Pool: 1800-1900	18 TKOSP Pool: 1200-1300
	19	20	21	22 TKOSP Pool: 1800-1900	23	24 TKOSP Pool: 1800-1900	25 TKOSP Pool: 1200-1300
	26	27	28	29 TKOSP Pool: 1800-1900	30	31 TKOSP Pool: 1800-1900	

Training Timetable - August 2026

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Aug							1 TKOSP Pool: 1200-1300
	2	3	4	5 TKOSP Pool: 1800-1900	6	7 TKOSP Pool: 1800-1900	8 TKOSP Pool: 1200-1300
	9	10	11	12 TKOSP Pool: 1800-1900	13	14 TKOSP Pool: 1800-1900	15 TKOSP Pool: 1200-1300
	16	17	18	19 TKOSP Pool: 1800-1900	20	21 TKOSP Pool: 1800-1900	22 TKOSP Pool: 1200-1300
	23	24	25	26 TKOSP Pool: 1800-1900	27	28 TKOSP Pool: 1800-1900	29 TKOSP Pool: 1200-1300
	30	31					