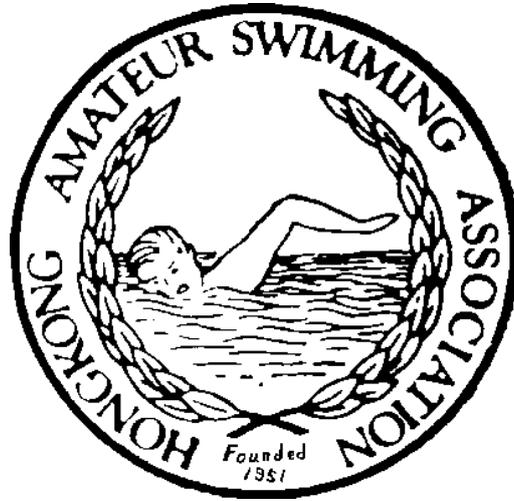


Programme

比賽賽程



HONG KONG AMATEUR SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2018-19 Long Course Masters Swimming Competition (Part 1)

二零一八至一九年長池先進游泳比賽第一部份

24 March 2019 (Sun)

二零一九年三月二十四日(日)

Sun Yat Sen Memorial Park Swimming Pool

中山紀念公園游泳池

Subvented by the LCSD



2018-2019 MSLCP1 - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 50 Freestyle	119
2	Women 50 Freestyle	67
3	Men 200 Breaststroke	67
4	Women 200 Breaststroke	42
5	Men 200 IM	70
6	Women 200 IM	31
7	Men 50 Backstroke	72
8	Women 50 Backstroke	50
9	Men 100 Butterfly	62
10	Women 100 Butterfly	24
11	Men 200 Medley Relay	43
12	Women 200 Medley Relay	30
13	Men 50 Breaststroke	114
14	Women 50 Breaststroke	62
15	Men 100 Freestyle	97
16	Women 100 Freestyle	58
17	Men 200 Freestyle Relay	43
18	Women 200 Freestyle Relay	29
19	Men 800 Freestyle	77
20	Women 800 Freestyle	38

Total

1195

Entry information by Day		
Day / Session	No. of Entries	Total
A.M.	518	1195
P.M.	677	

Long Course Masters Swimming Competition – Part 1

長池先進游泳比賽 – 第一部份

Date: 24-03-2019 (Sunday)

Venue: Sun Yat Sen Memorial Park Swimming Pool 中山紀念公園游泳池

Morning Warm up/熱身: 0830 – 0920 Hrs

Morning First Event/開始: 0930 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN			WOMEN	
1	50 M	Freestyle	自由泳	2
3	200 M	Breaststroke	蛙泳	4
5	200 M	Individual Medley	個人四式	6
7	50 M	Backstroke	背泳	8
Lunch Break 午膳時間				
9	100 M	Butterfly	蝶泳	10
11	4 x 50 M	Medley Relay	四式接力	12
13	50 M	Breaststroke	蛙泳	14
15	100 M	Freestyle	自由泳	16
17	4 x 50 M	Freestyle Relay	自由接力	18
19	800 M	Freestyle	自由泳	20

二零一八至一九年香港先進游泳比賽系列

比賽規程

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2018-2019 年度先進組別泳員。2018-19 年註冊費為港幣\$100 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 長池比賽：每名泳員可參加不多於 3 項個人項目。 ◇ 短池比賽：每名泳員可參加不多於 3+1 項個人項目。（其中一項必須為二十五米個人項目） ◇ 每項報名費為港幣\$12 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每項報名費為港幣\$20 元正。 <p>支票請劃線，抬頭寫 HKASA。</p>
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於 比賽截止報名 21 日 前辦妥。(以泳總的公佈為準)
項目：	請參閱項目表。 所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 接力名單須於每節開賽前遞交。 ◇ 每次“缺席”的罰款為港幣\$10 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。
線道安排：	<ul style="list-style-type: none"> ◇ 如有需要，不同的年齡及性別亦會安排一起以免剩餘一人作賽。
獎項：	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ *個人項目前八名可分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分 ◇ *接力首八名得分為 18,14, 12, 10, 8, 6, 4, 2。(年齡 18-24 組除外) ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。
規則：	<ul style="list-style-type: none"> ◇ 比賽採用國際泳聯的規則。 ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF”(未能完成比賽)。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。

	<p>◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下：</p> <p><u>第一次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。</p> <p><u>第二次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。</p> <p><u>第三次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。</p> <p><u>違規記錄於一個財政年度清算(由4月1日起至3月31日)</u></p>
上訴：	<p>◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的30分鐘內，連同上訴費港幣\$200元遞交予總裁判。</p> <p>◇ 上訴會交由該比賽之上訴委員會作決定。</p> <p>◇ 若上訴被駁回，已繳費用概不發還。</p>

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2018-19

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ All competitors must be 2018-19 registered masters (MS) swimmers of HKASA (2018-19 Registration Fee: HK\$100 per swimmer) ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2017-18 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKASA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ Each swimmer is limited to no more than 3 individual events for Long Course Competitions ※ Each swimmer is limited to no more than 3+1 individual events for Short Course Competitions (At least ONE 25m individual event is required) ※ HK\$12 per individual event <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ HK\$20 per team per relay event. <p>Paid by cheque. Crossed cheque made payable to 'HKASA'.</p>
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKASA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKASA)
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<ul style="list-style-type: none"> ※ Age is calculated as at 31 December of the year of the competition. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399

Scratches	<ul style="list-style-type: none"> ※ Scratches must be submitted 30 minutes before the scheduled start time of each session. ※ Relay entry form must be submitted before the scheduled start time of each session. ※ A fine of \$10 will be charged for each "no show". Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.
Seeding	<ul style="list-style-type: none"> ※ When necessary, different age will be seeded together so that no one will swim alone.
Awards	<ul style="list-style-type: none"> ※ Medals will be awarded to 1st, 2nd and 3rd places. ※ *Point score for first 8 places respectively (exclude Age 18-24 Group): Individual: 9 7 6 5 4 3 2 1 Relay: 18 14 12 10 8 6 4 2 ※ *Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.
Rules	<ul style="list-style-type: none"> ※ FINA rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish). ※ Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards. ※ Swimmers shall not replace the swimmers on the swimmers list without HKASA's permission, represented clubs will be punished as follows:- <u>First time of violation</u> A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given. <u>Second time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women's relay events will not be given. <u>Third time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events

	<p>during the competition will not be given and respective club shall be suspended from the next competition.</p> <p><i><u>Violation would be counted within one financial year, i.e. (starting from 1st April and ending 31st March)</u></i></p>
Protest	<ul style="list-style-type: none"> ※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※ If the protest is rejected, the fee paid will be forfeited to the HKASA.

* Not apply to Overseas Competitors.

Hong Kong Masters Swimming Competition Series 2018-19

Rules & Regulations for Overseas Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2018-2019 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKASA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ Each swimmer is limited to no more than 3 individual events for Long Course Competitions ※ Each swimmer is limited to no more than 3+1 individual events for Short Course Competitions (At least ONE 25m individual event is required) ※ HK\$20.00 per individual event <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ HK\$30.00 per team per relay event. <p>Paid by cheque ONLY. Crossed cheque made payable to 'HKASA'.</p>
Closing Date for Entries	1 month before the 1 st date of competition of each meet.
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<ul style="list-style-type: none"> ※ Age is calculated as at 31 December of the year of the competition. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399

Scratches	<ul style="list-style-type: none"> ※ Scratches must be submitted 30 minutes before the scheduled start time of each session. ※ Relay entry form must be submitted before the scheduled start time of each session.
Seeding	<ul style="list-style-type: none"> ※ When necessary, different age will be seeded together so that no one will swim alone.
Awards	<ul style="list-style-type: none"> ※ Medals will be awarded to 1st, 2nd and 3rd places. Separate medals will be awarded to overseas swimmers.
Rules	<ul style="list-style-type: none"> ※ FINA rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as “DNF” (Did not Finish).
Protest	<ul style="list-style-type: none"> ※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※ If the protest is rejected, the fee paid will be forfeited to the HKASA.

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN))

MEN 50M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	0:46.70	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
LEE MING	SFC	80-84	0:41.01	Spring Masters Swimming Championships 2010	06-Mar-10
FU TAI CHUN	KTS	75-79	0:33.94	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
TIN SHEUNG KWAI	NWC	70-74	0:30.07	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
TIN SHEUNG KWAI	KTS	65-69	0:29.72	Annual Long Course Masters Swimming Championships	23-Nov-14
FU TAI CHUN	KTS	60-64	0:27.95	Summer Masters Swimming Championships 1999	19-Jun-99
FU TAI CHUN	KTS	55-59	0:28.02	Spring Masters Swimming Championships 1997	22-Mar-97
RUST STEFAN ROBERT	LRC	50-54	0:25.80	FINA World Masters Championships 2017	17-Aug-17
RUST STEFAN ROBERT	LRC	45-49	0:26.47	FINA World Masters Championships 2014	10-Aug-14
NORTJE, CRAIG ANDREW	CKW	40-44	0:25.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WONG KWOK WAH	SCA	35-39	0:24.80	Summer Masters Swimming Championships 2000	27-May-00
FU WING HARBETH	KTS	30-34	0:24.31	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
CHUNG LAI YEUNG	#DB	25-29	0:23.92	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
CHANG GERRY JIUN YIH	KTS	18-24	0:24:17	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	0:52.94	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
OTSUKA YUKO	SGC	75-79	0:42.67	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
SUEN MING CHU	SFC	70-74	0:42.42	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
WANG LI	*WA	65-69	0:37.61	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17
TSEUNG NGA WAH	SFC	60-64	0:34.51	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>0:32.17</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>15-Jul-18</u>
COGGINS LYNDA ANNE	LRC	50-54	0:30.65	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
<u>YAMAGUCHI MIKA</u>	<u>PSC</u>	<u>45-49</u>	<u>0:30.12</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>15-Jul-18</u>
KELSEY JANE MACFARLAND	LRC	40-44	0:28.88	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	0:28.65	FINA World Masters Championships 2014	10-Aug-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:28.96	16th FINA World Masters Championships 2015 in Kazan	14-Aug-15
SETO WING YAN	NWC	25-29	0:29.28	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
AU HIU PUI	*GW	18-24	0:28.20	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

MEN 100M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:49.14	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
LEE MING	SFC	80-84	1:38.42	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
TZENG TEH REN	SGC	75-79	1:23.46	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	1:14.18	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
FU TAI CHUN	KTS	65-69	1:08.31	Annual Masters Swimming Championships 2002	31-Aug-02
FU TAI CHUN	KTS	60-64	1:04.39	Spring Masters Swimming Championships 1998	21-Mar-98
MA ETIENNE	YMC	55-59	1:03.62	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
RUST STEFAN ROBERT	LRC	50-54	0:58.29	FINA World Masters Championships 2017	15-Aug-17
RUST STEFAN ROBERT	LRC	45-49	0:59.62	FINA World Masters Championships 2014	10-Aug-14
NORTJE, CRAIG ANDREW	#FB	40-44	0:57.76	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
NORTJE CRAIG ANDREW	VRC	35-39	0:56.13	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
BEAHAN, GRANT KENNETH	BSC	30-34	0:56.01	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
FU WING HARBETH	KTS	25-29	0:54.16	Annual Masters Swimming Championships 2006	26-Aug-06
KONG CHUN YIN	HVA	18-24	0:54.18	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

WOMEN 100M FREESTYLE

				NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	80-84	2:23.43	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
WONG, JIM	SFC	75-79	1:54.16	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
SUEN MING CHU	SFC	70-74	1:39.80	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
SUEN MING CHU	SFC	65-69	1:37.41	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
TSEUNG NGA WAH	SFC	60-64	1:22.04	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>1:14.96</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>14-Jul-18</u>
COGGINS LYNDA ANNE	LRC	50-54	1:10.99	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
<u>YAMAGUCHI MIKA</u>	<u>PSC</u>	<u>45-49</u>	<u>1:07.30</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>14-Jul-18</u>
KELSEY JANE MACFARLAND	LRC	40-44	1:01.45	16th FINA World Masters Championships 2015 in Kazan	11-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	1:01.54	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	1:04.36	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NG KA MAN	KTS	25-29	1:02.46	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
NG KA MAN	KTS	18-24	1:02.73	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN))

MEN 200M FREESTYLE	NAME OF MEET				DATE ACHIEVED
LEE MING	SFC	80-84	3:46.70	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
YANG YEE ZEI	NWC	75-79	3:38.31	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
POLSON IAN HASTINGS	LRC	70-74	3:07.65	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
CHAN KAM POR	SFC	65-69	2:43.01	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
CAMPBELL JOHN REID	SFC	60-64	2:40.82	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
HO ROBERT YAU CHUNG	LRC	55-59	2:24.07	FINA World Masters Championships 2014	10-Aug-14
JOHNSON ERIC ANDREW	LRC	50-54	2:14.33	FINA World Masters Championships 2014	10-Aug-14
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	2:13.09	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	2:08.51	FINA World Masters Championships 2017	16-Aug-17
NORTJE CRAIG ANDREW	VRC	35-39	2:05.90	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
WANG TIMOTHY JONG	LRC	30-34	2:05.11	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
LI KA HO	LRC	25-29	2:13.52	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
HUI CHUN HIN	EWS	18-24	2:06.87	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12

WOMEN 200M FREESTYLE	NAME OF MEET				DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	9:35.55	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
WONG JIM	SFC	75-79	4:51.46	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
SUEN MING CHU	SFC	70-74	3:36.37	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
SUEN MING CHU	SGC	65-69	3:27.53	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
TSEUNG NGA WAH	SFC	60-64	3:12.00	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
KIRKWOOD, TAIN MHAIRA	LRC	55-59	2:50.45	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
COGGINS LYNDA ANNE	LRC	50-54	2:32.26	FINA World Masters Championships 2014	10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:28.14	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:13.70	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	2:13.59	FINA World Masters Championships 2014	10-Aug-14
MORRISON RUTH	LRC	30-34	2:25.29	FINA World Masters Championships 2010	31-Jul-10
NG KA MAN	KTS	25-29	2:18.17	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
LAMB ENEKA MARIE	HIS	18-24	2:16.66	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 400M FREESTYLE	NAME OF MEET				DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	8:21.67	2016-17 Long Course Masters Swimming Competitoin - Part 3	12-Jun-16
POLSON IAN HASTINGS	LRC	70-74	6:57.41	2016-17 Long Course Masters Swimming Competitoin - Part 3	12-Jun-16
CHAN KAM POR	SFC	65-69	6:00.83	2017-18 Long Course Masters Swimming Competitoin - Part 3	13-Aug-17
HO, ROBERT YAU CHUNG	LRC	60-64	5:34.43	2018-19 Long Course Masters Swimming Competitoin - Part 3	24-Jun-18
HO ROBERT YAU CHUNG	LRC	55-59	5:11.90	FINA World Masters Championships 2014	10-Aug-14
MA ETIENNE	YMC	50-54	5:13.38	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11
<u>LILJESTROEM LENNART, PETER FREDRIC</u>	<u>LRC</u>	<u>45-49</u>	<u>4:31.75</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>12-Jul-18</u>
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	4:35.39	FINA World Masters Championships 2017	17-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	4:33.35	FINA World Masters Championships 2012	16-Jun-12
CHOW KEVIN TZE HO	SCA	30-34	4:49.42	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11
BELECANECH, MATTHEW JOSEPH	#FB	25-29	4:33.91	2018-19 Long Course Masters Swimming Competitoin - Part 3	24-Jun-18
LI CHUN HONG	HTA	18-24	4:25.08	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

WOMEN 400M FREESTYLE	NAME OF MEET				DATE ACHIEVED
NG YUNG HO	SGC	70-74	9:10.85	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14
SUEN MING CHU	SGC	65-69	7:13.63	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
SUEN MING CHU	SGC	60-64	7:02.63	Long Course Masters Swimming Competition - Part 3 2011	18-Sep-11
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>6:02.65</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>12-Jul-18</u>
COGGINS LYNDA ANNE	LRC	50-54	5:25.06	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
PAZOS CHRISTENA MARIA	LRC	45-49	5:30.02	2016-17 Long Course Masters Swimming Competitoin - Part 3	12-Jun-16
KELSEY JANE MACFARLAND	LRC	40-44	4:44.60	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	4:41.52	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	5:04.92	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
CARPENTER LINH THUC LUONG	LRC	25-29	5:12.71	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
MAU LOK YAN EUNICE	CUC	18-24	5:06.39	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN))

MEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	16:56.67	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
POLSON IAN HASTINGS	LRC	70-74	14:07.92	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
CHAN KAM POR	SFC	65-69	12:39.07	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CAMPBELL, JOHN REID	SFC	60-64	12:25.78	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	55-59	10:38.21	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SAKA TOSHIYUKI	SGC	50-54	10:41.17	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	9:47.75	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	9:30.23	FINA World Masters Championships 2017	14-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	9:28.64	FINA World Masters Championships 2012	10-Jun-12
WANG TIMOTHY JONG	LRC	30-34	9:43.41	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG HO LONG	NWC	25-29	10:19.48	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TSE HON TING	LWS	18-24	8:53.89	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

WOMEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEUNG MABEL YUEN YING	SFC	75-79	21:40.55	2016-17 Long Course Masters Swimming Competition Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	16:02.36	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SFC	65-69	13:11.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
SUEN MING CHU	SGC	60-64	14:45.72	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	12:32.89	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	11:48.01	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KWOH DICK YUEN MARY	FFA	45-49	10:54.55	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KELSEY JANE MACFARLAND	LRC	40-44	9:42.82	16th FINA World Masters Championships 2015 in Kazan	10-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	9:48.87	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	10:53.53	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
CARPENTER LINH THUC LUONG	LRC	25-29	10:50.58	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
LAU SZE WING	HTA	18-24	10:22.03	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

MEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
MAK HEI CHI	SGC	85-89	1:05.35	2012-13 Long Course Masters Swimming Competition - Part 3	19-Aug-12
CHEUNG TSAN	SFC	80-84	0:56.40	Annual Long Course Masters Swimming Championships	23-Nov-14
TZENG TEH REN	SGC	75-79	0:43.53	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	0:38.52	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
TIN SHEUNG KWAI	SFC	65-69	0:35.70	FINA World Masters Championships 2014	10-Aug-14
HO ROBERT YAU CHUNG	LRC	60-64	0:34.40	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
<u>HO ROBERT YAU CHUNG</u>	<u>LRC</u>	<u>60-64</u>	<u>0:34.68</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>14-Jul-18</u>
HO ROBERT YAU CHUNG	LRC	55-59	0:32.57	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	0:30.97	FINA World Masters Championships 2017	20-Aug-17
SAKA TAIHEI	SGC	45-49	0:30.37	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
NORTJE CRAIG ANDREW	#FB	40-44	0:30.30	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
NORTJE CRAIG ANDREW	VRC	35-39	0:30.38	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
BRADFORD LORD DILY	HMA	30-34	0:29.89	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
CHUNG LAI YEUNG	#DB	25-29	0:28.12	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
KONG CHUN YIN	HVA	18-24	0:28.97	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	1:09.10	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
WONG JIM	SFC	75-79	0:55.07	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
WONG JIM	KTS	70-74	0:54.72	Annual Long Course Masters Swimming Championships	23-Nov-14
CHENG MIN	SFC	65-69	0:50.29	Spring Masters Swimming Championships 2006	25-Mar-06
TSEUNG NGA WAH	SFC	60-64	0:47.25	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
YEUNG HIU WA	SFC	55-59	0:44.27	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
COGGINS LYNDA ANNE	LRC	50-54	0:35.58	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
LAKE AMBER ROBYN	LRC	45-49	0:35.08	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
LAKE AMBER ROBYN	LRC	40-44	0:35.33	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	0:34.04	Annual Long Course Masters Swimming Championships	23-Nov-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.81	FINA World Masters Championships 2014	10-Aug-14
CARPENTER LINH THUC LUONG	LRC	25-29	0:33.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
AU HIU PUI	*GW	18-24	0:31.58	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN))

MEN 100M BACKSTROKE	NAME OF MEET				DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	2:21.27	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
LAM LIT KWAN	SFC	75-79	1:56.76	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
TIN SHEUNG KWAI	NWC	70-74	1:35.27	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
TIN SHEUNG KWAI	SFC	65-69	1:23.65	FINA World Masters Championships 2014	10-Aug-14
<u>HO ROBERT YAU CHUNG</u>	<u>LRC</u>	<u>60-64</u>	<u>1:16.06</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>13-Jul-18</u>
HO ROBERT YAU CHUNG	LRC	55-59	1:11.73	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	1:08.09	FINA World Masters Championships 2017	19-Aug-17
<u>LILJESTROEM LENNART, PETER FREDRIC</u>	<u>LRC</u>	<u>45-49</u>	<u>1:09.39</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>13-Jul-18</u>
NORTJE, CRAIG ANDREW	#FB	40-44	1:07.73	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
NORTJE, CRAIG ANDREW	VRC	35-39	1:06.66	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
SUN FAT YEE DAVID	FWC	30-34	1:09.95	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12
WANG HU	*WA	25-29	1:06.32	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
CHOI DERRICK CHRISTOPHER	LRC	18-24	1:02.10	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13

WOMEN 100M BACKSTROKE	NAME OF MEET				DATE ACHIEVED
WONG JIM	SFC	75-79	2:13.75	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
WONG JIM	KTS	70-74	2:12.88	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11
SUEN MING CHU	SFC	65-69	1:53.27	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
LO LAI YUNG	NWC	60-64	1:45.15	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
BAI XIUFEN	*WA	55-59	1:36.84	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
COGGINS LYNDA ANNE	LRC	50-54	1:17.38	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
LAKE AMBER ROBYN	LRC	45-49	1:19.43	FINA World Masters Championships 2017	19-Aug-17
KELSEY JANE MACFARLAND	LRC	40-44	1:13.75	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	1:14.06	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
CARPENTER LINH THUC LUONG	LRC	30-34	1:11.37	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
CARPENTER LINH THUC LUONG	LRC	25-29	1:14.07	FINA World Masters Championships 2012	15-Jun-12
LAMB ENEKA MARIE	HIS	18-24	1:11.36	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 50M BREASTSTROKE	NAME OF MEET				DATE ACHIEVED
LEE MING	SFC	85-89	1:06.71	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHAN KAM	SFC	80-84	0:54.52	Annual Masters Swimming Championships 2009	18-Oct-09
FU TAI CHUN	KTS	75-79	0:49.01	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12
TIN SHEUNG KWAI	NWC	70-74	0:42.33	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
YONG KHIN SYN	SFC	65-69	0:37.84	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
FU TAI CHUN	KTS	60-64	0:36.61	Annual Masters Swimming Championships 1998	12-Sep-98
WONG LUN KWOK	SFC	55-59	0:35.10	Annual Masters Swimming Championships 2002	31-Aug-02
WAN LAP SUN	FWC	50-54	0:34.83	2015-16 Long Course Masters Swimming Competition Part 1	20-Mar-16
COOPER, KENNETH ALLEN	PSC	45-49	0:32.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WAN LAP SUN	FWC	40-44	0:33.00	Spring Masters Swimming Championships 2006	25-Mar-06
<u>LO JONATHAN KA YAN</u>	<u>LRC</u>	<u>35-39</u>	<u>0:31.14</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>14-Jul-18</u>
WAN LAP SUN	KTS	30-34	0:31.11	Summer Masters Swimming Championships 1998	13-Jun-98
GLASSMAN ZACHARY	LRC	25-29	0:30.66	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
YUEN MARCUS	PSC	18-24	0:30.47	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17

WOMEN 50M BREASTSTROKE	NAME OF MEET				DATE ACHIEVED
HO PO YEE	LTS	80-84	1:24.02	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
OTSUKA TUKO	SGC	75-79	0:56.26	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
SUEN, MING CHU	SFC	70-74	0:53.36	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:50.56	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	0:47.46	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
LEUNG WAI FAN	KTS	55-59	0:38.73	2017-18 Long Course Masters Swimming Competition - Part 2	14-May-17
LEUNG WAI FAN	KTS	50-54	0:37.63	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
LEUNG WAI FAN	KTS	45-49	0:39.03	Annual Masters Swimming Championships 2007	21-Jul-07
LEUNG WAI FAN	KTS	40-44	0:38.79	Spring Masters Swimming Championships 2004	13-Mar-04
NG KAM FUNG	SFC	35-39	0:34.71	Summer Masters Swimming Championships 2000	27-May-00
BARNES RUTH	LRC	30-34	0:35.23	Annual Masters Swimming Championships 2013	24-Nov-13
LEE WAI SZE	NWC	25-29	0:36.34	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
LI TSZ YIU	HFS	18-24	0:35.53	Annual Masters Swimming Championships 2013	24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN))

MEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:42.22	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
MAK HEI CHI	SGC	80-84	2:08.90	Annual Masters Swimming Championships 2008	06-Sep-08
CHAN KAM	SFC	75-79	1:55.28	Summer Masters Swimming Championships 2005	04-Jun-05
TIN SHEUNG KWAI	NWC	70-74	1:39.72	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
CHAN KAM POR	SFC	65-69	1:26.42	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
CHAN KAM POR	SGC	60-64	1:24.95	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12
CHAN KAM POR	*HN	55-59	1:21.91	Summer Masters Swimming Championships 2008	14-Jun-08
CHAN KAM POR	KTS	50-54	1:17.66	Annual Masters Swimming Championships 2002	31-Aug-02
COOPER, KENNETH ALLEN	PSC	45-49	1:15.29	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
WAN LAP SUN	FWC	40-44	1:15.87	Winter Masters Swimming Championships 2008	22-Nov-08
<u>LO JONATHAN KA YAN</u>	<u>LRC</u>	<u>35-39</u>	<u>1:10.50</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>15-Jul-18</u>
JACOBS DAMIAN KARL	LRC	30-34	1:14.34	FINA World Masters Championships 2014	10-Aug-14
LUK WING KIN ANDY	KHC	25-29	1:10.16	Annual Long Course Masters Swimming Championships	23-Nov-14
YUEN MARCUS	PSC	18-24	1:08.54	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17

WOMEN 100M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	2:44.43	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
WONG JIM	SFC	75-79	2:09.00	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
SUEN MING CHU	SFC	70-74	1:53.65	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SUEN MING CHU	KTS	65-69	1:51.76	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
SUEN MING CHU	SCA	60-64	1:46.35	Annual Masters Swimming Championships 2008	06-Sep-08
KIRKWOOD, TAIN MHAIRA	LRC	55-59	1:35.97	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
COGGINS LYNDA ANNE	LRC	50-54	1:29.58	Annual Long Course Masters Swimming Championships	23-Nov-14
WONG FUNG YEE	KTS	45-49	1:26.75	Summer Masters Swimming Championships 2009	06-Jun-09
LEUNG WAI FAN	KTS	40-44	1:27.30	Spring Masters Swimming Championships 2002	16-Mar-02
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:20.17	FINA World Masters Championships 2012	11-Jun-12
BARNES RUTH	LRC	30-34	1:18.68	FINA World Masters Championships 2012	11-Jun-12
LIU KA LEI	KTS	25-29	1:22.65	Spring Masters Swimming Championships 2010	06-Mar-10
KONG YVETTE MAN YI	SCA	18-24	1:13.79	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14

MEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	5:10.49	Masters Long Course Swimming Competition Part 1	26-Jan-14
LAM LIT KWAN	LTS	75-79	4:33.83	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
TIN SHEUNG KWAI	NWC	70-74	3:55.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SFC	65-69	3:19.33	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SGC	60-64	3:07.34	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	55-59	2:59.17	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	50-54	2:50.25	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	45-49	2:49.64	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
STAMENOVIC, IVAN	LRC	40-44	3:02.25	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LO JONATHAN KA YAN	LRC	35-39	2:47.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
VENDT ERIK KARL	LRC	30-34	2:42.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
GLASSMAN ZACHARY	LRC	25-29	2:23.47	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
YUEN MARCUS	PSC	18-24	2:38.14	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18

WOMEN 200M BREASTSTROKE

				NAME OF MEET	DATE ACHIEVED
WONG SUI YING	SFC	80-84	9:51.71	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
OTSUKA YUKO	SGC	75-79	4:39.40	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	4:01.57	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	3:58.01	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
SUEN MING CHU	SCA	60-64	3:54.41	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	3:31.49	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	3:09.55	FINA World Masters Championships 2014	10-Aug-14
COGGINS LYNDA ANNE	LRC	45-49	3:14.74	FINA World Masters Championships 2012	15-Jun-12
LAKE AMBER ROBYN	LRC	40-44	3:31.46	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
NEEDHAM SUZANNE HEIZER	LRC	35-39	2:56.78	FINA World Masters Championships 2012	15-Jun-12
MORRISON RUTH	LRC	30-34	2:53.80	FINA World Masters Championships 2010	31-Jul-10
LIU KA LEI	KTS	25-29	3:05.17	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
PANG HIU KWAN	JHC	18-24	3:13.71	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN))

MEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:11.44	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
MAK HEI CHI	SGC	80-84	0:58.81	Winter Masters Swimming Championships 2008	22-Nov-08
LEE CHE KWOK	SFC	75-79	0:53.57	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
FU TAI CHUN	KTS	70-74	0:37.28	Spring Masters Swimming Championships 2007	24-Mar-07
FU TAI CHUN	KTS	65-69	0:33.66	Annual Masters Swimming Championships 2002	31-Aug-02
FU TAI CHUN	KTS	60-64	0:30.60	Summer Masters Swimming Championships 1999	19-Jun-99
HO ROBERT YAU CHUNG	LRC	55-59	0:30.04	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
WONG KWOK WAH	KHC	50-54	0:27.94	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WOODRING DOUGLAS	BSC	45-49	0:27.47	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NORTJE, CRAIG ANDREW	#FB	40-44	0:26.98	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
NORTJE CRAIG ANDREW	CKW	35-39	0:26.70	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
BEAHAN, GRANT KENNETH	BSC	30-34	0:26.54	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:26.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHEUNG YAU MING	#DB	18-24	0:26.27	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

WOMEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	1:00.33	2016-17 Long Course Masters Swimming Competition - Part 2	24-Apr-16
SUEN MING CHU	SFC	70-74	0:48.54	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SUEN MING CHU	SGC	65-69	0:45.64	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
TSEUNG NGA WAH	SFC	60-64	0:39.95	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
KIRKWOOD, TAIN MHAIRA	LRC	55-59	0:36.39	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>0:36.47</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>13-Jul-18</u>
<u>LEE TANYA DIANE</u>	<u>PSC</u>	<u>50-54</u>	<u>0:32.53</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>13-Jul-18</u>
PAZOS CHRISTENA MARIA	LRC	45-49	0:32.96	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
KELSEY JANE MACFARLAND	LRC	40-44	0:33.10	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
KELSEY JANE MACFARLAND	LRC	35-39	0:32.49	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
<u>CHAN WING SUET</u>	<u>PSC</u>	<u>30-34</u>	<u>0:30.75</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>13-Jul-18</u>
NG KA MAN	KTS	25-29	0:29.30	Annual Long Course Masters Swimming Championships	23-Nov-14
WONG YEE CHING	SGC	18-24	0:30.27	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

MEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	2:35.84	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
LAW KWAI FONG	SFC	75-79	2:13.21	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
WONG TAT CHOI	SFC	70-74	2:16.70	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
YONG KHIN SYN	SFC	65-69	1:41.99	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
YONG KHIN SYN	KTS	60-64	1:30.85	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KOO YU FAT MARCUS	FFA	55-59	1:11.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
JOHNSON ERIC ANDREW	LRC	50-54	1:04.49	FINA World Masters Championships 2014	10-Aug-14
SAKA TAIHEI	SGC	45-49	1:00.90	2013-14 Long Course Masters Swimming Competition - Part 1	04-Mar-12
NORTJE, CRAIG ANDREW	CKW	40-44	1:00.36	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CRAIG ANDREW NORTJE	VRG	35-39	0:59.58	FINA World Masters Championships 2014	10-Aug-14
BEAHAN, GRANT KENNETH	BSC	30-34	0:58.66	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WANG TIMOTHY JONG	LRC	25-29	0:59.57	FINA World Masters Championships 2012	13-Jun-12
TSANG RONNIE	SFC	18-24	1:03.24	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15

WOMEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	1:56.01	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	1:48.29	Masters Long Course Swimming Competition Part 1	26-Jan-14
SUEN MING CHU	SCA	60-64	1:49.51	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	1:31.44	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
<u>LEE TANYA DIANE</u>	<u>PSC</u>	<u>50-54</u>	<u>1:14.85</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>16-Jul-18</u>
PAZOS CHRISTENA MARIA	LRC	45-49	1:12.50	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	1:13.55	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	1:13.49	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
<u>CHAN WING SUET</u>	<u>PSC</u>	<u>30-34</u>	<u>1:10.44</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>16-Jul-18</u>
CHAN WING SUET	LRC	25-29	1:08.66	FINA World Masters Championships 2014	10-Aug-14
MAU LOK YAN EUNICE	CUC	18-24	1:13.91	Masters Long Course Swimming Competition Part 1	26-Jan-14

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN))

MEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
LAW KWAI FONG	SFC	80-84	5:10.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WONG SHIU MING	SFC	75-79	4:24.87	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	3:38.48	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHAN KAM POR	SFC	65-69	3:04.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
HO ROBERT YAU CHUNG	LRC	60-64	2:58.40	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SAKA TOSHIYUKI	SGC	55-59	2:45.82	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CHAN KAM POR	KTS	50-54	2:26.14	Summer Masters Swimming Championships 2004	12-Jun-04
SAKA TAIHEI	SGC	45-49	2:23.04	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
NORTJE, CRAIG ANDREW	CKW	40-44	2:24.19	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
NORTJE, CRAIG ANDREW	VRC	35-39	2:20.07	FINA World Masters Championships 2014	10-Aug-14
JACOBS DAMIAN CHARLES	LRC	30-34	2:25.69	FINA World Masters Championships 2014	10-Aug-14
GLASSMAN ZACHARY	LRC	25-29	2:13.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
WONG SING TSUM DEREK	CUC	18-24	2:21.50	Annual Long Course Masters Swimming Champions 2013	24-Nov-13

WOMEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	5:35.17	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG JIM	SFC	75-79	4:49.42	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
SUEN MING CHU	SFC	70-74	3:49.34	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
SUEN MING CHU	SGC	65-69	3:47.99	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
SUEN MING CHU	SCA	60-64	3:37.27	Winter Masters Swimming Championships 2007	27-Jan-08
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>3:16.65</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>12-Jul-18</u>
COGGINS LYNDA ANNE	LRC	50-54	2:55.65	FINA World Masters Championships 2014	10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:46.91	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:41.17	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	2:37.75	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
<u>CHAN WING SUET</u>	<u>PSC</u>	<u>30-34</u>	<u>2:38.52</u>	<u>The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)</u>	<u>12-Jul-18</u>
CHAN WING SUET	LRC	25-29	2:36.59	FINA World Masters Championships 2014	10-Aug-14
CHARTER ROBYN JUDY	SFC	18-24	2:42.84	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

MEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:23.05	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
NEW WATER POLO CLUB	NWC	280+	2:18.05	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
SWORD FISH CLUB	SFC	240+	2:02.09	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SEA GREEN SWIMMING & LIFE SAVING CLUB	SGC	200+	1:52.52	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
LADIES' RECREATION CLUB	LRC	160+	1:41.91	FINA World Masters Championships 2017	18-Aug-17
NEW WATER POLO CLUB	NWC	120+	1:40.03	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
KWAN HUNG SWIMMING CLUB	KHC	100+	1:41.92	Annual Long Course Masters Swimming Championships 2016	18-Dec-16

WOMEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:08.62	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17
SWORD FISH CLUB	SFC	240+	2:34.06	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	2:12.67	FINA World Masters Championships 2012	14-Jun-12
LADIES' RECREATION CLUB	LRC	160+	1:58.32	16th FINA World Masters Championships 2015 in Kazan	14-Aug-15
LADIES' RECREATION CLUB	LRC	120+	1:55.57	FINA World Masters Championships 2012	14-Jun-12
KWUN TONG SWIMMING CLUB	KTS	100+	2:02.27	Winter Masters Swimming Championships 1995	09-Dec-95

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN))

MEN 4 X 50M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:30.63	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SWORD FISH CLUB	SFC	280+	2:40.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SWORD FISH CLUB	SFC	240+	2:19.80	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
THE HONG KONG JOCKEY CLUB	HJC	200+	2:03.19	Winter Masters Swimming Championships 1993	11-Dec-93
YMCA OF HONG KONG	YMC	160+	1:53.94	Summer Masters Swimming Championships 1996	22-Jun-96
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	120+	1:54.83	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
YMCA OF HONG KONG	YMC	100+	1:51.11	Spring Masters Swimming Championships 1999	20-Mar-99

WOMEN 4 X 50M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:21.30	1st Asian Masters Swimming Championships 1996	14-Sep-96
SWORD FISH CLUB	SFC	240+	2:48.90	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:32.48	2016-17 Long Course Master Swimming Competition - Part 2	24-Apr-16
LADIES' RECREATION CLUB	LRC	160+	2:10.35	Annual Masters Swimming Championships 1994	17-Sep-94
LADIES' RECREATION CLUB	LRC	120+	2:10.92	FINA World Masters Championships 2012	14-Jun-12
NEW WATER POLO CLUB	NWC	100+	2:19.21	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18

MIXED 4 X 50M FREESTYLE RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:38.22	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SWORD FISH CLUB	SFC	280+	2:42.24	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
SWORD FISH CLUB	SFC	240+	2:15.69	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	1:55.82	FINA World Masters Championships 2017	18-Aug-17
LADIES' RECREATION CLUB	LRC	160+	1:52.54	FINA World Masters Championships 2017	18-Aug-17
LADIES' RECREATION CLUB	LRC	120+	1:51.40	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
NEW WATER POLO CLUB	NWC	100+	1:51.20	Annual Long Course Masters Swimming Championships 2017	25-Nov-17

2018-2019 MASTERS SWIMMING COMPETITION 400m and 800m Freestyle Standard Time

二零一八至二零一九年先進游泳比賽四百米及八百米自由泳標準時間

Male 男子	Master Age Group	<u>18-24</u>	<u>25-29</u>	<u>30-34</u>	<u>35-39</u>	<u>40-44</u>	<u>45-49</u>	<u>50-54</u>	<u>55-59</u>	<u>60-64</u>	<u>65-69</u>	<u>70 Over</u>
	400m	6:46	6:46	6:54	7:00	7:09	7:28	7:42	7:57	8:26	9:22	10:22
	800m	14:25	14:25	14:33	14:42	14:54	15:31	15:54	16:52	18:11	19:26	21:23

Female 女子	Master Age Group	<u>18-24</u>	<u>25-29</u>	<u>30-34</u>	<u>35-39</u>	<u>40-44</u>	<u>45-49</u>	<u>50-54</u>	<u>55-59</u>	<u>60-64</u>	<u>65-69</u>	<u>70 Over</u>
	400m	7:30	7:30	7:40	8:00	8:22	9:01	9:23	9:55	10:33	11:29	12:24
	800m	16:21	16:21	16:23	16:49	17:46	19:16	19:47	20:49	22:13	23:49	25:45

Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did Not Finish).

如參加四百米或八百米自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為"DNF" (未能完成比賽)。

Long Course Masters Swimming Competition Part 1

Reject List as at 8-3-2019

No.	Name	Event	Club	Remarks
1	Lee King Wong	1, 9, 15	*HN	No Reg.

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19
Psych Sheet

Event 1 Men 50 LC Meter Freestyle

18-24 MS: 24.17
25-29 MS: 23.92
30-34 MS: 24.31
35-39 MS: 24.80
40-44 MS: 25.42
45-49 MS: 26.47
50-54 MS: 25.80
55-59 MS: 28.02
60-64 MS: 27.95
65-69 MS: 29.72

	ID#	Name	Age	Team	Seed Time
18-24					
1	28192 IAZ	Choi, Chun Lok	20	Sun Yip	27.00
2	28567 IAZ	Tam, Wang Yin	19	Hoi Ngai	29.00
3	27803 B	Fan, Ka Ming	20	Current Club Ltd	29.23
4	18198 IAZ	Lee, Chun Yin	22	Hoi Ngai	30.00
5	42362 IAZ	Leung, Kung Ming	23	YMCA OF Hong Kong	30.00
6	25491 B	Ng, Wai Lam	19	Golden Dolphin	32.00
7	20836 B	Chan, Kevin	22	Eastern Winter	33.00
8	13624 B	Tang, Kwok Wai	23	Kwun Tong	33.00
9	26173 B	Lam, Hin Shun Thoms	22	Blue Whale	35.00
10	41411 IAZ	Mok, Chun Wai	20	Sword Fish Club	38.00
25-29					
1	01018	Tam, Wing Chung	27	Kwun Tong	26.00
2	43276 ICO	Gattegno, Julien	27	Pacific	26.00
3	43275 IAON	Walsh, Alexander James	27	Pacific	27.80
4	10683 IBZ	Lee, Tsun Sang	27	Golden Dolphin	31.00
5	10686	Chan, Ching	28	Golden Dolphin	32.00
6	11990 IBZ	Que, Lung Hin Clark	28	City East	32.00
7	40921 IAZ	Chan, Cho Yiu	26	Golden Dolphin	33.00
8	38437 IAZ	Poon, Yat Lam	28	Sword Fish Club	34.00
9	35718 IAZ	Wong, Hon Leung	25	Tuen Mun S.T.	35.00
30-34					
1	00464 IA	Paul, Jonathan Matthew	34	Diocesan School	26.00
2	27874 #IAZ	Chan, Cheuk Man	31	New Water Polo	26.80
3	05990 #IAZ	Ho, Ka Chun	33	New Water Polo	27.50
4	00557 #	Chow, Sik Hang	31	New Water Polo	28.00
5	43032 IAZ	Chan, King Chung Derwin	34	Diocesan School	28.20
6	42363 ICO	Gromak, Andrey	32	Sword Fish Club	29.00
7	35767 #ICO	Pilloni, Iosto	33	New Water Polo	30.00
8	27996 IAZ	Peck, Marcus De Quan	30	Hoi Fung	33.33
35-39					
1	05145	Lo, Jonathan Ka Yan	36	LRC	25.67
2	39981 IAZ	Mui, Ho Chuen	39	Sword Fish Club	28.00
3	40843 IAZ	Lo, Kin Ngok	35	Diocesan School	28.50
4	41147 IAZ	Mok, Lai Yeung Jason	35	Diocesan School	28.50
5	26045	Lui, Ming Chun Pierre	35	Kwun Tong	29.00
6	40002 IAZ	Tsang, Yik Chiu	38	Kwun Tong	29.00
7	03796 ICZ	Chan, Pui Kei	38	New Water Polo	29.00
8	11587	Ng, Yu Hon	36	Sea Green	29.00
9	42024 IAZ	Tang, Cheuk Hang	35	Current Club Ltd	29.30
10	26592 IAZ	Ma, Kai Hong	36	Current Club Ltd	29.69

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

35-39... (Event 1 Men 50 LC Meter Freestyle)

11	03793 ICZ	Po, Tik San	37	New Water Polo	30.00
12	18880 IAZ	Chan, Ho Wai Howard	38	Happy Valley	33.00
13	40927 IAZ	Chu, Chun Sing	36	Golden Dolphin	35.00
14	40001 IAZ	Yip, Ka Ho Tonie	37	Kwun Tong	44.00

40-44					
1	04238	Woo, Chun Kuen Douglas	41	LRC	26.21
2	35791 IAO	Lewis, Gareth Rhys	40	LRC	26.54
3	40846 IAZ	Cheung, Chin Ho	44	Diocesan School	27.60
4	34315 #IAZ	Yip, Chi Yan Christopher	44	Diocesan School	28.00
5	37739 #IAZ	Mi, Hau Fung	42	Current Club Ltd	29.70
6	42737 IAZ	So, Ma Loi	43	Sword Fish Club	30.05
7	16451	Cheng, Ngai Bun	41	Kwun Tong	31.00
8	40107 IAZ	Chan, Falcon	40	Lai Tsun	31.00
9	40925 IAZ	Chan, Kam Hang	41	Golden Dolphin	32.00
10	40923 IAZ	Yip, Kam Wing	42	Golden Dolphin	33.00
11	38262 IAZ	Law, Chun Sing	40	Tuen Mun S.T.	35.00
12	29261 IAZ	Lai, Ka Wai	41	Tuen Mun	36.65
13	41730 IAO	Hui, Peter	44	Diocesan School	38.00

45-49					
1	31857 IAZ	Au, Andrew	45	Pacific	27.80
2	35237 #ICW	Lam, Veng Vai	46	Current Club Ltd	28.90
3	02366	Li, Ka Wing	45	Kwun Tong	29.00
4	27451 IAZ	Yip, Kin Man Stephen	49	Kwun Tong	29.00
5	31054 IAO	Stimson, Mark Grant	48	Pacific	29.50
6	36962 IAZ	Leung, Yung Yu	47	Kwun Tong	30.00
7	43203	Ou, Chu Qin	48	Sword Fish Club	30.00
8	40844 IAZ	Lee, Hoi Wang Gary	45	Diocesan School	33.00
9	40835 IAZ	Leung, Wing Hong Alvin	45	Diocesan School	33.00
10	41715 IAZ	Chan, Yip Hung	49	Lai Tsun	33.00
11	38788 IAZ	Lee, Kin Fai	46	Flying Fish	35.27
12	04184	Woo, Siu Ming William	48	Sword Fish Club	1:04.00

50-54					
1	04166	Rust, Stefan Robert	52	LRC	25.81
2	02570 IAX	Wong, Kwok Wah	54	Kwan Hung	26.00
3	37693 IAO	Sieh, Tien Yu	50	Kwun Tong	27.00
4		Yi, Choulijun	51	Swimplim	X28.99
5	35677 IAZ	Choy, Kwok Ping	51	Kwun Tong	29.00
6	43144	Xiao, Donghong	53	New Water Polo	31.00
7		Lee, Yongheui	52	Swimplim	X31.95
8	22433 IAZ	Lui, Man Pong	54	New Water Polo	32.00
9	06175	Lo, King Man	52	Sea Green	32.00
10	41145 IAZ	Lam, Tzit Yuen David	53	Diocesan School	33.00
11	17701 IAZ	Lee, Chor Fu	50	Wong Tai Sin	34.00
12	43158 IAZ	Chan, Tin Lung	50	Tolo Harbour	34.01
13	40924 IAZ	Chan, Man Ko	54	Golden Dolphin	40.00
14	08901	Koh, Kee Haw	51	Sword Fish Club	45.00

55-59					
1	16470	Sha, Yu Kwan	56	Kornhill	26.10
2	06256	Chan, Kwong Peter	58	Sea Green	30.00
3	07802	Chau, Kam Tim	59	Sea Green	32.00
4	41007 IAZ	So, Man Sing	58	Sea Green	32.00
5	30267 IAZ	Leung, Hong Shun Alexan	56	Hoi Fung	33.33
6	40592 IAZ	Fo, Pui Keung	55	Hong Kong Police	34.67
7	40942 P	He, Gaoxiong	57	New Water Polo	35.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

55-59... (Event 1 Men 50 LC Meter Freestyle)

8	37048 IAZ	Cheung, Wai Chuen Jimmy	56	Sword Fish Club	35.00
9	24256 IAW	Lok, Wai Man	56	New Water Polo	36.00
10	32108 IAX	Chan, Kiu	57	Sword Fish Club	36.00
11	40861 IAZ	Cheung, Chi Ming Rover	56	Sword Fish Club	36.00
12	29485 IAZ	Tang, Cheuk Wa	59	Kwun Tong	37.00
13	19324 IAZ	Lau, Chun Ching	56	Kwun Tong	38.00
14	20247 ICX	Wai, Chris Tak Wing	59	New Water Polo	59.00

60-64					
1	14555	Tang, Kon Leong	63	Sword Fish Club	32.00
2	05071	Choi, Tony	61	LRC	34.00
3	31217 IAX	Wong, Siu Man	63	Sword Fish Club	36.00
4	19327 IAZ	Yu, Kwok Chuen	64	Sword Fish Club	38.00
5	20636 IAZ	Pang, Seung Chiu	60	Lai Tsun	39.00
6	36725 IAZ	Yau, Wai	60	Sea Green	49.00

65-69					
1	06268	Tse, Kwok Piu	68	Sword Fish Club	32.00
2	06389	Chan, Hong Wah	66	New Water Polo	36.00
3	06184	Ng, Pak Chiu	65	Sea Green	36.00
4	41729 IAZ	Ko, Leung Hung Alex	67	Diocesan School	37.00
5	06192	Chu, Shui Yi	68	Sea Green	39.00
6	23123 IAZ	Poon, Wai	67	Sword Fish Club	41.00
7	35236 IAZ	Chan, Pui Ming Sunny	65	Sword Fish Club	44.00
8	11563	Lee, Kwok Hung	66	Sword Fish Club	46.00
9	41059 IAX	Ng, Kau Yuen	66	Sword Fish Club	54.00

70-74					
1	23297 IAZ	Chan, Shing Chi	71	Lai Tsun	36.00
2	09171	Chan, Ying Chi	73	Sword Fish Club	42.00
3	24246 IAX	Yip, Chi Shing	74	Sword Fish Club	46.00

75-79					
1	27135 IAX	Lam, Lit Kwan	78	Lai Tsun	42.00
2	28522 IAX	Wong, Tat Choi	78	Sword Fish Club	48.00
3	38301 IAX	Cheung, Hao Yen	76	Lai Tsun	52.00

80-84					
1	05407	Lee, She Kwok	81	Sword Fish Club	47.00
2	17964 IAZ	Kan, Ping Chu	81	Sea Green	59.00

85-89					
1	06238	Lee, Ming	89	Sword Fish Club	46.00
2	02987	Cheung, Tsan	85	Sword Fish Club	54.00

Event 2 Women 50 LC Meter Freestyle

18-24 MS:	28.20
25-29 MS:	29.28
30-34 MS:	28.96
35-39 MS:	28.65
40-44 MS:	28.88
45-49 MS:	30.12
50-54 MS:	30.65
55-59 MS:	32.17
60-64 MS:	34.51
65-69 MS:	37.61

	ID#	Name	Age	Team	Seed Time
18-24					
1	10974 IAZ	Au, Hiu Pui	23	Giant Whale	28.00
2	14748 IAZ	Yue, Wing Suet	20	Golden Dolphin	29.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19**Psych Sheet****18-24... (Event 2 Women 50 LC Meter Freestyle)**

3	19495 IAZ	Lai, Oi Hin	23	Golden Dolphin	33.00
4	41512 IAZ	Liu, Long Yan Sedna	20	Current Club Ltd	34.92
5	43083 ICO	Allard, Christine Skowron	23	South China	37.00
6	39587 IAZ	Wong, Hoi Ching	23	Tuen Mun	37.38
7	35147 IAZ	To, Sze Wai Amy	22	Blue Whale	38.00
25-29					
1	38653 #IAZ	Sin, Wai Ting	25	Golden Dolphin	40.00
2	16027 IBZ	Yeung, Yan Wing	29	Kwan Hung	40.00
3	28004 IAZ	Kwan, Ka Wan	26	Happy Valley	45.00
30-34					
1	26745 #ICX	Chen, Yangyang	34	LRC	30.48
2	01305 IBZ	Liu, Ka Lei	34	Kwun Tong	31.00
3	00754 #IAZ	Yam, Shu Jun	32	Current Club Ltd	33.65
4	13384 ICZ	Lee, May Sze Mei	32	New Water Polo	1:00.00
35-39					
1	38440 ICO	Johnson, Melissa Ann	36	Pacific	29.25
40-44					
1	43344 P	Kihara, Izumi	44	Sea Green	29.00
2	33036 ICO	Coleman, Claire Michelle	41	Pacific	31.81
3	42785 ICO	Coughlin, Joni Payne	40	LRC	32.78
4	40675 IAON	James, Georgina Frances	44	LRC	35.40
5	36517 #IAZ	Li, Ho Suet	43	Current Club Ltd	40.88
6	39979 IAZ	Lam, Ling Wai Jessica	40	Lai Tsun	44.00
7	41149 IAZ	Yeung, Oi Mei	42	New Water Polo	44.50
45-49					
1	33517 IAO	Yamaguchi, Mika	47	Pacific	30.14
2	36434 IAZ	Lam, Wing Yan Jada	45	Pacific	34.00
3	39310 IAZ	Au-Yeung, Sze	46	Lai Tsun	38.00
4	36034 IAZ	Kwok, Kin Yee	46	Flying Fish	40.00
5		Lee, Mihyun	48	Swimplim	X41.95
6	43145	Sha, Youjin	49	New Water Polo	45.00
7	41717 IAX	Shek, Man	48	Tuen Mun S.T.	1:30.00
50-54					
1	23323 IAZ	Tam, Choi Ping Scalene	54	New Water Polo	37.00
2	40575 #IAO	Chan, San Ngah	51	Pacific	37.28
3	40929 IAZ	Sin, Yuet Ching	52	Golden Dolphin	40.00
4	43346 P	Sasaki, Mariko	51	Sea Green	40.00
5	36045 IAZN	Hsu, Ava	52	LRC	44.04
6	16303	Rana, Naomi	53	LRC	46.87
7	43225 IAZN	Chan, Yuet Mei Carol	50	South China	48.00
8	37012 IAZ	Lun, Yau Chun Nara	51	New Water Polo	50.00
9	43226 IAZ	Yuen, Lai Ping Anna	53	South China	50.00
10	37623 IAZ	Au, Wing Sze Grace	51	Sword Fish Club	50.00
11	43190 IAZ	Li, Hau Yi Dora	50	Eastern Winter	1:00.00
55-59					
1	43348 P	Hoshino, Hiromi	57	Sea Green	35.00
2	43178 ICW	Hoi, Fong Mei	55	Sword Fish Club	40.00
3	43342 P	Matsuda, Satomi	59	Sea Green	41.00
4	43234	Li, Xue Yan	56	New Water Polo	42.00
5	32025 IAZ	Sin, Lai Wan Vicky	59	Kwun Tong	43.00
6	20001 IAZ	Leung, Siu Ling	59	Kwun Tong	45.00
7	07469	Devereux, Anne Gillian	56	LRC	46.06
8	21006 IAZ	Chan, Kin Ming Carrie	57	Sword Fish Club	57.00
9	29831 #IAZ	Lowe, Yeuk Ling Dilys	55	Sword Fish Club	58.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19**Psych Sheet****60-64... (Event 2 Women 50 LC Meter Freestyle)**

1	03503	Castka, Gillian Hancer	63	Sword Fish Club	37.00
2	07474	Shing, Mei San	63	South China	45.00
3	43146	Liang, Yueping	61	New Water Polo	47.00
4	06214 IAZN	Lui, Yuen Mei Mitra	62	Sword Fish Club	47.00
5	06127	Lau, Wai Lin	63	New Water Polo	1:10.00

65-69

1	43343 P	Yoshino, Haruko	65	Sea Green	40.00
2	05412	Chu, Lui Kwong	68	Sword Fish Club	45.00

70-74

1	39991 IAS	Sam, Choi Lin	71	Sword Fish Club	50.00
2	17480 IAZ	Chow, Pui Han Angela	73	Lai Tsun	54.00
3	07446	Lo, Kuk Chun	71	Sword Fish Club	55.00
4	08936	Leong, Kuai Heng	73	New Water Polo	1:07.00
5	06156	Wong, May Chu	71	Tuen Mun S.T.	1:25.00

75-79

1	06374	Wong, Jim	78	Sword Fish Club	45.00
2	06372 IAZ	Leung, Mabel Yuen Ying	77	Sword Fish Club	50.00
3	43347 P	Inomichi, Naoyo	77	Sea Green	55.00
4	24970 P	Ninomiya, Akiko	78	Sea Green	1:00.00
5	13262	Kwong, Shuet Hing	79	Wong Tai Sin	1:12.20

80-84

1	06144	Mak, Suet Man	82	Sea Green	1:00.00
---	-------	---------------	----	-----------	---------

Event 3 Men 200 LC Meter Breaststroke

18-24 MS: 2:38.14

25-29 MS: 2:23.47

30-34 MS: 2:42.80

35-39 MS: 2:47.70

40-44 MS: 3:02.25

45-49 MS: 2:49.64

50-54 MS: 2:50.25

55-59 MS: 2:59.17

60-64 MS: 2:07.34

65-69 MS: 3:19.33

	ID#	Name	Age	Team	Seed Time
18-24					
1	18563 B	Lee, Tik Wang	20	Sword Fish Club	3:00.00
2	25491 B	Ng, Wai Lam	19	Golden Dolphin	3:15.00
3	24728 IAZ	Chan, Wing Fa	22	Eastern Winter	3:30.00
4	26173 B	Lam, Hin Shun Thoms	22	Blue Whale	3:40.00
5	18198 IAZ	Lee, Chun Yin	22	Hoi Ngai	3:54.00
25-29					
1	42728 P	Febo, Christopher Vincen:	26	Sword Fish Club	2:38.00
2	02700 IB	Chong, Jeffrey	28	Kwan Hung	2:40.00
3	01381 IB	Hon, Ian Tin Yeung	29	Kwan Hung	2:45.00
4	10686	Chan, Ching	28	Golden Dolphin	3:00.00
5	10683 IBZ	Lee, Tsun Sang	27	Golden Dolphin	3:00.00
6	40921 IAZ	Chan, Cho Yiu	26	Golden Dolphin	3:15.00
7	11990 IBZ	Que, Lung Hin Clark	28	City East	3:30.00
30-34					
1	02591	Luk, Wing Kin Andy	30	Kwan Hung	2:24.67
2	00095	Wan, Tsz Pat	32	Current Club Ltd	2:56.82
3	43032 IAZ	Chan, King Chung Derwin	34	Diocesan School	3:20.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

30-34... (Event 3 Men 200 LC Meter Breaststroke)

4	38303 IAZ	Ng, Ho Yin	34	Happy Valley	3:40.00
35-39					
1	40927 IAZ	Chu, Chun Sing	36	Golden Dolphin	3:20.00
2	40002 IAZ	Tsang, Yik Chiu	38	Kwun Tong	3:20.00
3	18880 IAZ	Chan, Ho Wai Howard	38	Happy Valley	3:30.00
40-44					
1	04238	Woo, Chun Kuen Douglas	41	LRC	3:10.00
2	40834 IAZ	Chang, Hsi Tse JosephJere	40	Diocesan School	3:20.00
3	40925 IAZ	Chan, Kam Hang	41	Golden Dolphin	3:30.00
4	40923 IAZ	Yip, Kam Wing	42	Golden Dolphin	3:30.00
5	24603 IAZ	Hung, Ka Ming	44	YMCA OF Hong Kong	3:30.00
6	41889 IAZ	Leung, Ki Chi James	43	City East	4:00.00
7	05160	Chan, Ka Wo	42	Diocesan School	4:59.00
45-49					
1	22422 IAZ	Tung, Ching Ho	48	YMCA OF Hong Kong	3:08.00
2	05273	Poon, Ho Keung Danny	49	Hong Kong Police	3:15.00
3	25112 IAO	Cheung Alexander, Howar	48	LRC	3:15.00
4	26317 IAZN	Tung, Shang Wei Timothy	49	Kwun Tong	3:25.00
5	35237 #ICW	Lam, Veng Vai	46	Current Club Ltd	3:30.00
6	20243 IAZ	Lo, Moon Kei	49	Sea Green	3:30.00
7	21008 IAZ	Cheung, Chun Kwan Michi	46	Wong Tai Sin	3:30.00
8	06227 #	Wong, Kam Tat	45	Sea Green	4:30.00
50-54					
1	32253 IAZ	Watt, Kam Sing Michael	52	Kowloon Tong Club	2:50.00
2	35677 IAZ	Choy, Kwok Ping	51	Kwun Tong	3:00.00
3	18856 IAZ	Au, Mun Shing	54	Sword Fish Club	3:03.00
4	38991 IAZ	Tong, Wing Kin	53	City East	3:42.00
5	40924 IAZ	Chan, Man Ko	54	Golden Dolphin	4:00.00
6	40845 IAZ	Pang, Wai Man Billy	54	Diocesan School	4:30.00
55-59					
1	32108 IAX	Chan, Kiu	57	Sword Fish Club	3:20.00
2	26250 IAZ	Lau, Cho Tak	56	Lai Tsun	3:30.00
3	06256	Chan, Kwong Peter	58	Sea Green	3:30.00
4	19347 IAZ	Wun, Chun Leung	56	Hong Kong Police	3:34.79
5	26176 IAX	Ho, Chung Man	56	Lai Tsun	3:44.00
6	27869 IAZ	Lee, Kam Cheong	55	Sword Fish Club	3:54.00
7	43199	Chen, Zhong Qiu	57	Sword Fish Club	3:55.00
8	20247 ICX	Wai, Chris Tak Wing	59	New Water Polo	3:59.00
9	31475 IAZ	Kwan, Chi Yin	58	New Water Polo	4:01.00
10	06119	Tsang, Yiu Nam	59	Blue Whale	4:05.00
60-64					
1	31252 IAZ	Chan, Wo Tung	62	Riverside	3:30.00
2	06176	Wong, Kung Wan	63	Sea Green	3:30.00
3	03762	Ha, Chi Ming	60	Flying Fish	3:35.00
4	43205	Zhou, Jin Jia	64	Sword Fish Club	3:38.00
65-69					
1	17897 IAX	Shum, Mau Yau	65	Kornhill	3:42.13
2	04504	Yura, Tadami	67	Sword Fish Club	3:47.00
3	06243	Koo, Choi Fat	69	Wong Tai Sin	3:56.00
4	11563	Lee, Kwok Hung	66	Sword Fish Club	4:19.00
5	35236 IAZ	Chan, Pui Ming Sunny	65	Sword Fish Club	4:20.00
6	14035	Wong, Shing Kuen	66	Lai Tsun	4:35.00
70-74					
1	06383	Dew, Yuk Kwei	72	Kwun Tong	3:35.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19**Psych Sheet****70-74... (Event 3 Men 200 LC Meter Breaststroke)**

2	05917	Yong, Khin Syn	70	Sword Fish Club	3:40.00
3	10274	Lau, Chun Nung	73	Lai Tsun	4:00.00
4	14029	Ieong, Vun Fai	73	Sword Fish Club	4:55.00

75-79					
1	23959 IAZ	Chiu, Chin Hung	79	Kornhill	5:10.00

80-84					
1	17832 IAX	Chan, Sau	82	Sword Fish Club	6:00.00
2	16471	Wong, Yuen Ying	83	Kornhill	6:04.73

Event 4 Women 200 LC Meter Breaststroke

18-24 MS: 3:13.71

25-29 MS: 3:05.17

30-34 MS: 2:53.80

35-39 MS: 2:56.78

40-44 MS: 3:31.46

45-49 MS: 3:14.74

50-54 MS: 3:09.55

55-59 MS: 3:31.49

60-64 MS: 3:54.41

65-69 MS: 3:58.01

	ID#	Name	Age	Team	Seed Time
18-24					
1	14748 IAZ	Yue, Wing Suet	20	Golden Dolphin	3:00.00
2	19495 IAZ	Lai, Oi Hin	23	Golden Dolphin	3:30.00
3	20401 IAZ	Leung, Wan Ki	21	Kwan Hung	3:30.00
4	35147 IAZ	To, Sze Wai Amy	22	Blue Whale	3:50.00
25-29					
1	06577 IBZ	Leung, Wei Yan	29	Sword Fish Club	3:35.00
2	28004 IAZ	Kwan, Ka Wan	26	Happy Valley	3:40.00
3	38653 #IAZ	Sin, Wai Ting	25	Golden Dolphin	3:50.00
30-34					
1	03791 IBZ	Leung, Shu Hang	32	Current Club Ltd	3:04.14
2		Lee, Soyoun	33	Swimplim	X3:30.00
3	42081 IAZ	Lee, Chui Man	31	Sword Fish Club	4:45.00
4	00777 IBZ	Tse, Yu Ting	33	New Water Polo	6:00.00
40-44					
1	42785 ICO	Coughlin, Joni Payne	40	LRC	3:25.00
2	06304 ICZ	Cheung, Man Yiu	40	Sea Green	3:30.00
3	39979 IAZ	Lam, Ling Wai Jessica	40	Lai Tsun	4:00.00
4	41149 IAZ	Yeung, Oi Mei	42	New Water Polo	4:00.00
5	33017 IAZ	Ngan, Oi Sze	42	Sword Fish Club	4:00.00
6	06732 IAZ	Chan, Sin Jon Kimmy	40	Sword Fish Club	4:18.00
45-49					
1	06349	Ip, Oi Wa Wendy	47	Sword Fish Club	4:00.00
2	36431 P	Buchta, Katrin	49	Sword Fish Club	4:30.00
3	40937 IAZ	Leung, Wai Fan Fanny	49	New Water Polo	5:00.00
50-54					
1	40929 IAZ	Sin, Yuet Ching	52	Golden Dolphin	3:30.00
2	16303	Rana, Naomi	53	LRC	3:30.00
3	39092 I	Chan, Chok Wa	52	Sword Fish Club	3:32.00
4	23588 IAZ	Lee, Ying Chi	51	Happy Valley	3:55.00
5	43190 IAZ	Li, Hau Yi Dora	50	Eastern Winter	4:00.00
6	37012 IAZ	Lun, Yau Chun Nara	51	New Water Polo	4:30.00
7	37134 IAZ	Lam, Mei Kuen Ricki	54	Tuen Mun	4:35.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19**Psych Sheet****50-54... (Event 4 Women 200 LC Meter Breaststroke)**

8	41911 IAZN	Ng, Kit Man Joanna	54	New Water Polo	5:00.00
55-59					
1	34668 IAZ	Tang, Pik Ha	59	New Water Polo	4:10.00
2	20001 IAZ	Leung, Siu Ling	59	Kwun Tong	4:20.00
3	24216 IAZ	Li, Chuk Ping	57	Sword Fish Club	5:00.00
4	21006 IAZ	Chan, Kin Ming Carrie	57	Sword Fish Club	5:16.00
60-64					
1	43146	Liang, Yueping	61	New Water Polo	3:50.00
2	14020	Poon, Wai Fun	62	Sea Green	3:55.00
3	16533	Wong, Shun Ying	60	Sea Green	3:55.00
4	06127	Lau, Wai Lin	63	New Water Polo	5:00.00
5	23957 IAX	Yeung, Tun Lim Lily	62	Sword Fish Club	5:00.00
65-69					
1	06147	Leung Wong, Yin Har Hay	67	Sea Green	4:07.00
2	06150	Ho, Po Chu	68	South China	4:30.00
70-74					
1	30506 IAX	Li, Hoi Ying	71	Sword Fish Club	5:10.00
2	08936	Leong, Kuai Heng	73	New Water Polo	7:00.00
75-79					
1	32571 IAZ	Chan, Pui Yee	75	Sword Fish Club	6:10.00

Event 5 Men 200 LC Meter IM

18-24 MS:	2:21.50
25-29 MS:	2:13.80
30-34 MS:	2:25.69
35-39 MS:	2:20.07
40-44 MS:	2:24.19
45-49 MS:	2:23.04
50-54 MS:	2:26.14
55-59 MS:	2:45.82
60-64 MS:	2:58.40
65-69 MS:	3:04.42

	ID#	Name	Age	Team	Seed Time
18-24					
1	28192 IAZ	Choi, Chun Lok	20	Sun Yip	2:30.00
2	28567 IAZ	Tam, Wang Yin	19	Hoi Ngai	2:59.00
3	27803 B	Fan, Ka Ming	20	Current Club Ltd	2:59.52
4	25491 B	Ng, Wai Lam	19	Golden Dolphin	3:15.00
5	21618 IAZ	Law, Tin Ching	23	Eastern Winter	3:30.30
6	26173 B	Lam, Hin Shun Thoms	22	Blue Whale	3:59.00
25-29					
1	43276 ICO	Gattegno, Julien	27	Pacific	2:36.00
2	01018	Tam, Wing Chung	27	Kwun Tong	2:40.00
3	29833 IAZ	Chow, Chun Pui	28	Sea Green	2:50.00
4	10686	Chan, Ching	28	Golden Dolphin	3:00.00
5	10683 IBZ	Lee, Tsun Sang	27	Golden Dolphin	3:00.00
6	06886 B	Li, Chin Long	29	Eastern Winter	3:00.00
7	13715 IBZ	Chan, Paak Hang	28	New Water Polo	3:00.00
8	40921 IAZ	Chan, Cho Yiu	26	Golden Dolphin	3:15.00
9	35718 IAZ	Wong, Hon Leung	25	Tuen Mun S.T.	3:30.00
10	11990 IBZ	Que, Lung Hin Clark	28	City East	4:00.00
30-34					
1	02591	Luk, Wing Kin Andy	30	Kwan Hung	2:25.00
2	00095	Wan, Tsz Pat	32	Current Club Ltd	2:39.09

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

30-34... (Event 5 Men 200 LC Meter IM)

3	27874 #IAZ	Chan, Cheuk Man	31	New Water Polo	2:50.00
4	27873 #IAZ	Ko, King Hei	31	New Water Polo	2:50.00
5	01862 ICZ	Kwan, Hei Yan	34	Diocesan School	3:40.00

35-39

1	05145	Lo, Jonathan Ka Yan	36	LRC	2:15.00
2	42766 ICO	Dahlmann, Sven Christop	39	Pacific	2:35.00
3	39981 IAZ	Mui, Ho Chuen	39	Sword Fish Club	2:55.00
4	42215	He, Qihui	39	Sword Fish Club	2:58.00
5	03796 ICZ	Chan, Pui Kei	38	New Water Polo	3:00.00
6	40927 IAZ	Chu, Chun Sing	36	Golden Dolphin	3:20.00
7	01948 #ICZ	Tang, Ho Yuen	37	Diocesan School	3:30.00
8	27133 IAZ	Poon, Man Chun	38	Wong Tai Sin	3:54.52

40-44

1	27471 #ICO	Nortje, Craig Andrew	41	Hong Kong Footba	2:24.19
2	37671 ICO	Stamenovic, Ivan	43	LRC	2:28.90
3	05160	Chan, Ka Wo	42	Diocesan School	2:59.00
4	28849 IAZ	Chan, Chun Kuen	44	Sword Fish Club	3:00.00
5	16451	Cheng, Ngai Bun	41	Kwun Tong	3:15.00
6	40925 IAZ	Chan, Kam Hang	41	Golden Dolphin	3:30.00
7	40923 IAZ	Yip, Kam Wing	42	Golden Dolphin	3:30.00

45-49

1	30710 IAZ	Lai, Kin Sun	49	Flying Fish	2:58.00
2	27451 IAZ	Yip, Kin Man Stephen	49	Kwun Tong	3:08.00
3	28518 IAZ	Yau, Wo Fung	47	Kwun Tong	3:10.00
4	40922 IAZ	Ngan, Chun Keung	48	Golden Dolphin	4:00.00
5	06227 #	Wong, Kam Tat	45	Sea Green	4:50.00

50-54

1	32253 IAZ	Watt, Kam Sing Michael	52	Kowloon Tong Club	2:50.00
2	35313 IAZ	Pong, Chiu Yee Dario	51	LRC	2:50.78
3	42216	Guan, Jianxiong	52	Sword Fish Club	2:56.00
4		Chang, Yongsung	53	Swimplim	X3:13.00
5	39091 IAZ	Luk, Kai Ming Stephen	52	Sword Fish Club	3:27.00
6	35238 #IAZ	Yuen, Chak Hay	51	Current Club Ltd	3:45.00
7	35711 IAX	Wong, Fuk Kei	50	Sword Fish Club	3:50.00
8	40924 IAZ	Chan, Man Ko	54	Golden Dolphin	4:00.00
9	38991 IAZ	Tong, Wing Kin	53	City East	4:10.00

55-59

1	43349 P	Saka, Taihei	55	Sea Green	2:26.00
2	05191	Koo, Yu Fat Marcus	57	Flying Fish	2:45.00
3	40942 P	He, Gaoxiong	57	New Water Polo	3:40.00
4	32108 IAX	Chan, Kiu	57	Sword Fish Club	3:40.00
5	39982 IAZ	Chow, Wing Chun	55	Sword Fish Club	3:40.00
6	27869 IAZ	Lee, Kam Cheong	55	Sword Fish Club	3:54.00
7	06119	Tsang, Yiu Nam	59	Blue Whale	3:58.00

60-64

1	24640 ICO	Campbell, John Reid	64	Sword Fish Club	3:00.00
2	06237	Mok, Chu Piu	62	Lai Tsun	3:25.00
3	03762	Ha, Chi Ming	60	Flying Fish	3:45.00
4	04500	Cheung, Ip Chor	64	Sword Fish Club	4:24.00

65-69

1	33115 IAX	Ng, Kan Sing	66	Sword Fish Club	3:36.00
2	06388	Lau, Man Kin	65	Sword Fish Club	4:00.00
3	06243	Koo, Choi Fat	69	Wong Tai Sin	4:12.00
4	26318	Suen, Chi Wing	65	Sword Fish Club	4:20.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19**Psych Sheet****65-69... (Event 5 Men 200 LC Meter IM)**

5	11563	Lee, Kwok Hung	66	Sword Fish Club	5:00.00
70-74					
1	22182 IAZ	Ngai, Yin Leung	70	Sword Fish Club	4:44.00
2	06274	Wong, Yau Chuen	73	Sword Fish Club	5:15.00
75-79					
1	10279	Wong, Shiu Ming	77	Sword Fish Club	4:26.00
2	28522 IAX	Wong, Tat Choi	78	Sword Fish Club	5:15.00

Event 6 Women 200 LC Meter IM

18-24 MS: 2:42.84
25-29 MS: 2:36.59
30-34 MS: 2:38.52
35-39 MS: 2:37.75
40-44 MS: 2:41.17
45-49 MS: 2:46.91
50-54 MS: 2:55.65
55-59 MS: 3:16.65
60-64 MS: 3:37.27
65-69 MS: 3:47.99

	ID#	Name	Age	Team	Seed Time
18-24					
1	14748 IAZ	Yue, Wing Suet	20	Golden Dolphin	3:00.00
2	43083 ICO	Allard, Christine Skowron	23	South China	3:00.00
3	19495 IAZ	Lai, Oi Hin	23	Golden Dolphin	3:30.00
25-29					
1	42080 ICFO	Charter, Robyn Judy	25	Sword Fish Club	2:42.84
2	06577 IBZ	Leung, Wei Yan	29	Sword Fish Club	3:05.00
3		Yi, Chaehyeon	26	Swimplim	X3:10.00
4	38653 #IAZ	Sin, Wai Ting	25	Golden Dolphin	3:50.00
30-34					
1	01305 IBZ	Liu, Ka Lei	34	Kwun Tong	2:50.00
2	03791 IBZ	Leung, Shu Hang	32	Current Club Ltd	2:52.36
3		Ryu, Hyelim	34	Swimplim	X3:25.00
35-39					
1	34701 IAZ	Au, Hoi Ying	36	Flying Fish	4:13.70
40-44					
1	40853 IAO	Tam, Alison Mai Ling	41	Pacific	2:46.00
2	06304 ICZ	Cheung, Man Yiu	40	Sea Green	3:40.00
3		Jung, Hyewon	40	Swimplim	X3:59.00
4	36785 IAZ	Inglis, Alexandra Sinead	44	LRC	4:00.00
45-49					
1	33517 IAO	Yamaguchi, Mika	47	Pacific	2:50.00
2	39310 IAZ	Au-Yeung, Sze	46	Lai Tsun	3:50.00
3	27128 IAZ	Lau, Yan Yan	45	Flying Fish	3:53.88
50-54					
1	40929 IAZ	Sin, Yuet Ching	52	Golden Dolphin	3:30.00
55-59					
1	26049 IAZ	Kirkwood, Tain Mhaira	56	LRC	3:16.65
2	43177 P	Kawasaki, Takako	58	Sword Fish Club	4:18.00
60-64					
1	16533	Wong, Shun Ying	60	Sea Green	3:50.00
2	14007	Ho, Yuk Ling	62	Happy Valley	4:34.00
3	06355	Lo, Lai Yung	64	New Water Polo	5:00.00
4	06214 IAZN	Lui, Yuen Mei Mitra	62	Sword Fish Club	5:00.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

60-64... (Event 6 Women 200 LC Meter IM)

5	23957 IAX	Yeung, Tun Lim Lily	62	Sword Fish Club	5:30.00
65-69					
1	06147	Leung Wong, Yin Har Hay	67	Sea Green	4:10.00
2	39357	Mak, Sok Iun	69	Sword Fish Club	5:00.00
70-74					
1	02365	Chow, So Kam	74	Kwun Tong	4:20.00
2	30506 IAX	Li, Hoi Ying	71	Sword Fish Club	5:00.00
3	08936	Leong, Kuai Heng	73	New Water Polo	7:00.00

Event 7 Men 50 LC Meter Backstroke

18-24 MS:	28.97
25-29 MS:	28.12
30-34 MS:	29.89
35-39 MS:	30.38
40-44 MS:	30.30
45-49 MS:	30.37
50-54 MS:	30.97
55-59 MS:	32.57
60-64 MS:	34.40
65-69 MS:	35.70

	ID#	Name	Age	Team	Seed Time
18-24					
1	15423 IAZ	Cheung, Yau Ming	22	Diocesan School	26.00
2	13240 IBZ	Chung, Ping San	24	Hong Kong Police	33.82
3	27803 B	Fan, Ka Ming	20	Current Club Ltd	34.96
25-29					
1	07071 B	Chung, Lai Yeung	27	Diocesan School	26.00
2	39988 IASM	Leung, Ka Chon	28	Sword Fish Club	32.00
3	35718 IAZ	Wong, Hon Leung	25	Tuen Mun S.T.	36.00
4	06886 B	Li, Chin Long	29	Eastern Winter	40.00
5	41150 IAZ	Poon, Chun Yat	27	New Water Polo	40.00
30-34					
1	00444	Lam, Yau Sun Dickson	34	Diocesan School	30.00
2	42367 IAO	Chow, Chun Yin	33	Diocesan School	32.00
3	38356 ICO	Drake, Hector Donald Artl	33	LRC	32.00
4	02047 #IBZ	Li, Ka Ho	30	LRC	32.00
5	42030 IAZ	Ng, Ming Hung	33	City East	45.00
6	27996 IAZ	Peck, Marcus De Quan	30	Hoi Fung	45.33
35-39					
1	42766 ICO	Dahlmann, Sven Christopl	39	Pacific	31.00
2	26045	Lui, Ming Chun Pierre	35	Kwun Tong	36.00
3	42215	He, Qihui	39	Sword Fish Club	36.00
4	40843 IAZ	Lo, Kin Ngok	35	Diocesan School	37.00
5	01948 #ICZ	Tang, Ho Yuen	37	Diocesan School	37.00
6	11587	Ng, Yu Hon	36	Sea Green	37.00
7	08964	Yeung, Wai Kam William	36	Happy Valley	38.00
8	03793 ICZ	Po, Tik San	37	New Water Polo	40.00
40-44					
1	34315 #IAZ	Yip, Chi Yan Christopher	44	Diocesan School	34.00
2	28849 IAZ	Chan, Chun Kuen	44	Sword Fish Club	37.00
3	40846 IAZ	Cheung, Chin Ho	44	Diocesan School	38.00
4	16451	Cheng, Ngai Bun	41	Kwun Tong	40.00
5	24603 IAZ	Hung, Ka Ming	44	YMCA OF Hong Kong	40.00
6	37739 #IAZ	Mi, Hau Fung	42	Current Club Ltd	42.58

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19**Psych Sheet****40-44... (Event 7 Men 50 LC Meter Backstroke)**

7	40107 IAZ	Chan, Falcon	40	Lai Tsun	NT
45-49					
1	06711	Leung, Tsz Kin	47	New Water Polo	34.00
2	27451 IAZ	Yip, Kin Man Stephen	49	Kwun Tong	39.00
3	36962 IAZ	Leung, Yung Yu	47	Kwun Tong	41.00
4	40844 IAZ	Lee, Hoi Wang Gary	45	Diocesan School	48.00
50-54					
1	04166	Rust, Stefan Robert	52	LRC	30.97
2	35313 IAZ	Pong, Chiu Yee Dario	51	LRC	38.00
3		Chang, Yongsung	53	Swimplim	X40.99
4	06175	Lo, King Man	52	Sea Green	42.00
5	22433 IAZ	Lui, Man Pong	54	New Water Polo	43.00
6	23495 IAZ	Lam, Ping Fai Randy	51	Kwun Tong	44.00
7	35711 IAX	Wong, Fuk Kei	50	Sword Fish Club	55.49
8	40845 IAZ	Pang, Wai Man Billy	54	Diocesan School	59.00
9	08901	Koh, Kee Haw	51	Sword Fish Club	1:04.00
10	41548 IAZ	Ip, Ka Keung Patrick	51	Hong Kong Footba	NT
55-59					
1	22591 P	Saka, Toshiyuki	57	Sea Green	34.50
2	26250 IAZ	Lau, Cho Tak	56	Lai Tsun	40.00
3	15528	Tsui, Tak Shing Dominic	57	Pacific	41.00
4	41007 IAZ	So, Man Sing	58	Sea Green	42.00
5	24256 IAW	Lok, Wai Man	56	New Water Polo	47.00
6	37048 IAZ	Cheung, Wai Chuen Jimmy	56	Sword Fish Club	48.00
7	06119	Tsang, Yiu Nam	59	Blue Whale	58.00
60-64					
1	06187	Kan, Kai Kwong	64	Sea Green	43.00
2	31252 IAZ	Chan, Wo Tung	62	Riverside	50.00
3	04500	Cheung, Ip Chor	64	Sword Fish Club	53.08
65-69					
1	36553 #IAO	Inglis, Peter	65	Hong Kong Footba	39.91
2	06388	Lau, Man Kin	65	Sword Fish Club	46.00
3	06192	Chu, Shui Yi	68	Sea Green	46.00
4	06124	Szeto, Kwan Yin	66	New Water Polo	47.00
5	20634 IAZ	Wu, Shu Sun	69	New Water Polo	50.00
6	38699 IAZ	Tse, Siu Hei	69	Kornhill	53.63
7	35236 IAZ	Chan, Pui Ming Sunny	65	Sword Fish Club	54.00
8	06389	Chan, Hong Wah	66	New Water Polo	57.00
9	41059 IAX	Ng, Kau Yuen	66	Sword Fish Club	1:03.00
10	23123 IAZ	Poon, Wai	67	Sword Fish Club	1:13.00
70-74					
1	10274	Lau, Chun Nung	73	Lai Tsun	50.00
2	06274	Wong, Yau Chuen	73	Sword Fish Club	58.00
3	24246 IAX	Yip, Chi Shing	74	Sword Fish Club	1:03.00
4	09171	Chan, Ying Chi	73	Sword Fish Club	1:16.00
75-79					
1	10279	Wong, Shiu Ming	77	Sword Fish Club	50.00
2	38301 IAX	Cheung, Hao Yen	76	Lai Tsun	NT
80-84					
1	05407	Lee, She Kwok	81	Sword Fish Club	58.00
2	17832 IAX	Chan, Sau	82	Sword Fish Club	1:20.00
85-89					
1	02987	Cheung, Tsan	85	Sword Fish Club	1:06.00

**2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19
Psych Sheet**

Event 8 Women 50 LC Meter Backstroke

18-24 MS: 31.58
25-29 MS: 33.38
30-34 MS: 32.81
35-39 MS: 34.04
40-44 MS: 35.33
45-49 MS: 35.08
50-54 MS: 35.58
55-59 MS: 44.27
60-64 MS: 47.25
65-69 MS: 50.29

	ID#	Name	Age	Team	Seed Time
18-24... (Event 8 Women 50 LC Meter Backstroke)					
1	10974 IAZ	Au, Hiu Pui	23	Giant Whale	31.00
2	41512 IAZ	Liu, Long Yan Sedna	20	Current Club Ltd	44.26
25-29					
1	42080 ICFO	Charter, Robyn Judy	25	Sword Fish Club	33.67
2		Yi, Chaehyeon	26	Swimplim	X37.99
3	28004 IAZ	Kwan, Ka Wan	26	Happy Valley	45.00
30-34					
1	01666 #IBZ	Chan, Wing Suet	33	Hong Kong Footba	34.22
2	03791 IBZ	Leung, Shu Hang	32	Current Club Ltd	38.59
3	13384 ICZ	Lee, May Sze Mei	32	New Water Polo	1:20.00
35-39					
1	34701 IAZ	Au, Hoi Ying	36	Flying Fish	56.00
40-44					
1	40853 IAO	Tam, Alison Mai Ling	41	Pacific	36.00
2	42785 ICO	Coughlin, Joni Payne	40	LRC	40.00
3	40702 IAX	Kar, Ka	42	New Water Polo	41.00
4	36517 #IAZ	Li, Ho Suet	43	Current Club Ltd	53.00
45-49					
1	36434 IAZ	Lam, Wing Yan Jada	45	Pacific	50.00
2	43145	Sha, Youjin	49	New Water Polo	58.00
50-54					
1	40907 IAZ	Lai, Shui Nin Ingrid	52	YMCA OF Hong Kong	44.00
2	26254 IAX	Ng, Kong Ching	54	New Water Polo	47.00
3	40575 #IAO	Chan, San Ngah	51	Pacific	51.04
4	43225 IAZN	Chan, Yuet Mei Carol	50	South China	55.00
5	06337	Tse, Yee Wah	53	YMCA OF Hong Kong	55.00
55-59					
1	43348 P	Hoshino, Hiromi	57	Sea Green	38.00
2	43342 P	Matsuda, Satomi	59	Sea Green	47.00
3	32025 IAZ	Sin, Lai Wan Vicky	59	Kwun Tong	50.00
4	43234	Li, Xue Yan	56	New Water Polo	53.00
5	07469	Devereux, Anne Gillian	56	LRC	57.00
6	20001 IAZ	Leung, Siu Ling	59	Kwun Tong	1:00.00
7	37056 IAZ	Wong, Hoi Ping Carol	59	Tuen Mun	1:07.81
8	21006 IAZ	Chan, Kin Ming Carrie	57	Sword Fish Club	1:32.00
9	29831 #IAZ	Lowe, Yeuk Ling Dilys	55	Sword Fish Club	1:35.00
60-64					
1	19290 IAX	Tseung, Nga Wah	62	Sword Fish Club	48.00
2	06355	Lo, Lai Yung	64	New Water Polo	50.00
3	07474	Shing, Mei San	63	South China	50.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

60-64... (Event 8 Women 50 LC Meter Backstroke)

4	14020	Poon, Wai Fun	62	Sea Green	51.00
5	14007	Ho, Yuk Ling	62	Happy Valley	57.00
6	23957 IAX	Yeung, Tun Lim Lily	62	Sword Fish Club	1:15.00

65-69					
1	43343 P	Yoshino, Haruko	65	Sea Green	46.00
2	06150	Ho, Po Chu	68	South China	55.00
3	39357	Mak, Sok Iun	69	Sword Fish Club	1:05.00
4	07432	Leung, May Kam	67	Tuen Mun S.T.	1:20.00
5	05409	Wan, Yim Fong	67	Sword Fish Club	1:38.00

70-74					
1	39991 IAS	Sam, Choi Lin	71	Sword Fish Club	57.00
2	07446	Lo, Kuk Chun	71	Sword Fish Club	1:04.00
3	17480 IAZ	Chow, Pui Han Angela	73	Lai Tsun	1:10.00

75-79					
1	06374	Wong, Jim	78	Sword Fish Club	58.00
2	32571 IAZ	Chan, Pui Yee	75	Sword Fish Club	1:05.00
3	06372 IAZ	Leung, Mabel Yuen Ying	77	Sword Fish Club	1:10.00
4	24970 P	Ninomiya, Akiko	78	Sea Green	1:15.00
5	13262	Kwong, Shuet Hing	79	Wong Tai Sin	1:43.08
6	06218	Sin, Lai Kwan	79	Wong Tai Sin	2:10.08

80-84					
1	06144	Mak, Suet Man	82	Sea Green	1:10.00

Event 9 Men 100 LC Meter Butterfly

18-24 MS: 1:03.24

25-29 MS: 59.57

30-34 MS: 58.66

35-39 MS: 59.58

40-44 MS: 1:00.36

45-49 MS: 1:00.90

50-54 MS: 1:04.49

55-59 MS: 1:11.94

60-64 MS: 1:30.85

65-69 MS: 1:41.99

	ID#	Name	Age	Team	Seed Time
18-24					
1	15423 IAZ	Cheung, Yau Ming	22	Diocesan School	57.00
2	40333 IAZ	Lam, Pak Lai	22	Flying Fish	1:20.00
3	18563 B	Lee, Tik Wang	20	Sword Fish Club	1:25.00
25-29					
1	02580	Lau, Chun Leung Johnny	28	Kwan Hung	57.00
2	03377 #B	Cheng, Ka Chun	27	Diocesan School	1:05.00
3	33387 IAO	Wu, Kenneth Yee Lok	28	Sword Fish Club	1:12.00
4	13715 IBZ	Chan, Paak Hang	28	New Water Polo	1:15.00
5	29833 IAZ	Chow, Chun Pui	28	Sea Green	1:15.00
30-34					
1	00464 IA	Paul, Jonathan Matthew	34	Diocesan School	1:06.00
2	03667 IBZ	Wong, Sai Man Sherman	30	New Water Polo	1:07.00
3	00557 #	Chow, Sik Hang	31	New Water Polo	1:08.00
4	38356 ICO	Drake, Hector Donald Artl	33	LRC	1:15.00
5	02047 #IBZ	Li, Ka Ho	30	LRC	1:15.00
6	39190 IAZ	Lee, Ka Lun	30	New Water Polo	1:20.00
35-39					
1	42766 ICO	Dahlmann, Sven Christop	39	Pacific	1:10.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19**Psych Sheet****35-39... (Event 9 Men 100 LC Meter Butterfly)**

2	26045	Lui, Ming Chun Pierre	35	Kwun Tong	1:19.00
3	10317	Ng, Ka Wing	39	Diocesan School	1:23.00
4	01948 #ICZ	Tang, Ho Yuen	37	Diocesan School	1:30.00
5	27133 IAZ	Poon, Man Chun	38	Wong Tai Sin	1:52.63
40-44					
1	27471 #ICO	Nortje, Craig Andrew	41	Hong Kong Footba	1:00.36
2	35791 IAO	Lewis, Gareth Rhys	40	LRC	1:06.12
3	35790 ICO	Launay, Thomas	40	LRC	1:23.89
4	37781 #IAZ	Lo, Kar Lai Gary	41	New Water Polo	1:40.00
5	41889 IAZ	Leung, Ki Chi James	43	City East	2:00.00
45-49					
1	40216 #ICO	Weller, Simon James	46	Hong Kong Footba	1:15.00
2	41757 IAO	Stamper, Mark	48	Pacific	1:18.00
3	06310	Chan, Fung Sun	46	Kwun Tong	1:20.00
4	41898 IAO	Austin, Gregory Charles	48	Pacific	1:20.00
5	28518 IAZ	Yau, Wo Fung	47	Kwun Tong	1:25.00
6	36554 #ICO	Wolfers, Lachlan Robert	45	Hong Kong Footba	1:28.87
7	21008 IAZ	Cheung, Chun Kwan Michi	46	Wong Tai Sin	1:30.00
8	42085 IAZ	Lee, Hon Lun Philip	47	Sword Fish Club	1:43.00
9	41715 IAZ	Chan, Yip Hung	49	Lai Tsun	NT
50-54					
1	37693 IAO	Sieh, Tien Yu	50	Kwun Tong	1:09.00
2	30568 #IAZ	Tang, Tai Wa	54	Real Kinetic	1:10.00
3	35313 IAZ	Pong, Chiu Yee Dario	51	LRC	1:22.00
4	43376 ICO	Cowen, Nathan Bernard	50	LRC	1:25.00
5	35238 #IAZ	Yuen, Chak Hay	51	Current Club Ltd	1:32.00
6	39091 IAZ	Luk, Kai Ming Stephen	52	Sword Fish Club	1:35.00
7	17701 IAZ	Lee, Chor Fu	50	Wong Tai Sin	1:44.00
8	38991 IAZ	Tong, Wing Kin	53	City East	1:52.00
9	32253 IAZ	Watt, Kam Sing Michael	52	Kowloon Tong Club	2:00.00
10	38127 IAZ	Leung, Cheung Wai Ricky	51	Sword Fish Club	2:11.00
11	41548 IAZ	Ip, Ka Keung Patrick	51	Hong Kong Footba	NT
55-59					
1	06256	Chan, Kwong Peter	58	Sea Green	1:30.00
2	26250 IAZ	Lau, Cho Tak	56	Lai Tsun	1:31.00
3	07802	Chau, Kam Tim	59	Sea Green	1:35.00
4	41007 IAZ	So, Man Sing	58	Sea Green	1:45.00
5	39982 IAZ	Chow, Wing Chun	55	Sword Fish Club	1:55.00
6	26594 IAZ	Ching, Wai Kin	55	Sword Fish Club	2:01.00
60-64					
1	03215	Leung, Yiu Chuen	61	Happy Valley	1:12.00
2	26591 IAO	Ho, Robert Yau Chung	61	LRC	1:14.28
3	24640 ICO	Campbell, John Reid	64	Sword Fish Club	1:30.00
4	06187	Kan, Kai Kwong	64	Sea Green	1:45.00
5	06176	Wong, Kung Wan	63	Sea Green	1:55.00
6	32520 IAX	Lam, Hoi	60	New Water Polo	1:59.00
7	06239	Chan, King Yuen	64	Lai Tsun	2:01.00
65-69					
1	06388	Lau, Man Kin	65	Sword Fish Club	1:50.00
2	21729 IAX	Chan, Ping Chiu	68	New Water Polo	2:30.00
70-74					
1	22182 IAZ	Ngai, Yin Leung	70	Sword Fish Club	2:05.00
2	23297 IAZ	Chan, Shing Chi	71	Lai Tsun	2:15.00
3	09171	Chan, Ying Chi	73	Sword Fish Club	2:20.00

**2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19
Psych Sheet**

Event 10 Women 100 LC Meter Butterfly

18-24 MS: 1:13.91
 25-29 MS: 1:08.66
 30-34 MS: 1:10.44
 35-39 MS: 1:13.49
 40-44 MS: 1:13.55
 45-49 MS: 1:12.50
 50-54 MS: 1:14.85
 55-59 MS: 1:31.44
 60-64 MS: 1:49.51
 65-69 MS: 1:48.29

	ID#	Name	Age	Team	Seed Time
25-29... (Event 10 Women 100 LC Meter Butterfly)					
1	01262	Mau, Lok Yan Eunice	26	Current Club Ltd	1:12.17
2		Yi, Chaehyeon	26	Swimplim	X1:20.00
30-34					
1	01666 #IBZ	Chan, Wing Suet	33	Hong Kong Footba	1:10.44
2	26745 #ICX	Chen, Yangyang	34	LRC	1:15.00
3	35921 IAZ	Lui, Yick Ling	33	Kornhill	1:25.00
4		Ryu, Hyeelim	34	Swimplim	X1:27.00
5	00754 #IAZ	Yam, Shu Jun	32	Current Club Ltd	1:34.52
35-39					
1	42712 IAZ	Chan, Hiu Ying	35	Real Kinetic	1:30.00
2	34701 IAZ	Au, Hoi Ying	36	Flying Fish	1:57.06
40-44					
1	40853 IAO	Tam, Alison Mai Ling	41	Pacific	1:20.00
2	36785 IAZ	Inglis, Alexandra Sinead	44	LRC	1:30.00
3	06304 ICZ	Cheung, Man Yiu	40	Sea Green	1:45.00
45-49					
1	27128 IAZ	Lau, Yan Yan	45	Flying Fish	1:47.23
2	35772 IAX	Ban, Xianhai	47	New Water Polo	2:00.00
3	35969 IAX	Wang, Ying Lian	47	Happy Valley	2:00.73
4	27463 IAX	Chen, Yugen	48	New Water Polo	2:10.00
5	06349	Ip, Oi Wa Wendy	47	Sword Fish Club	3:00.00
55-59					
1	26049 IAZ	Kirkwood, Tain Mhaira	56	LRC	1:31.35
60-64					
1	16533	Wong, Shun Ying	60	Sea Green	1:59.00
2	14007	Ho, Yuk Ling	62	Happy Valley	2:30.00
3	06214 IAZN	Lui, Yuen Mei Mitra	62	Sword Fish Club	2:30.00
65-69					
1	39357	Mak, Sok Iun	69	Sword Fish Club	2:10.00
2	07763	Chow, Kit Bing	68	Sword Fish Club	4:00.00
70-74					
1	02365	Chow, So Kam	74	Kwun Tong	2:30.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19
Psych Sheet

Event 11 Men 200 LC Meter Medley Relay

100-119 MS: 1:51.11
120-159 MS: 1:54.83
160-199 MS: 1:53.94
200-239 MS: 2:03.19
240-279 MS: 2:19.80
280-319 MS: 2:40.94
320-359 MS: 3:30.63

	Team	Relay	Seed Time
100-119... (Event 11 Men 200 LC Meter Medley Relay)			
1	Diocesan School Old Boys	M100 A	1:57.09
2	Sword Fish Club	M100 A	2:20.00
3	Kwun Tong Swimming Club	M100 A	NT
4	New Water Polo Club	M100 A	NT
120-159			
1	Diocesan School Old Boys	M120 A	1:54.83
2	Sword Fish Club	M120 A	2:20.00
3	Kwun Tong Swimming Club	M120 A	NT
4	Ladies' Recreation Club	M120 A	NT
5	New Water Polo Club	M120 A	NT
6	Pacific Swimming Club	M120 A	NT
7	Sea Green Swimming & M	M120 A	NT
8	Hong Kong Football Club	M120 A	NT
160-199			
1	Kowloon Tong Club	M160 A	2:08.00
2	Diocesan School Old Boys	M160 A	2:08.22
3	Sword Fish Club	M160 A	2:25.00
4	Wong Tai Sin District L.S.	M160 A	4:00.00
5	Swimplim	M160 A	XNT
6	Kwun Tong Swimming Club	M160 A	NT
7	Ladies' Recreation Club	M160 A	NT
8	New Water Polo Club	M160 A	NT
9	Pacific Swimming Club	M160 A	NT
10	Sea Green Swimming & M	M160 A	NT
11	Hong Kong Football Club	M160 A	NT
200-239			
1	Sword Fish Club	M200 A	2:30.00
2	Diocesan School Old Boys	M200 A	2:51.15
3	Kwun Tong Swimming Club	M200 A	NT
4	Ladies' Recreation Club	M200 A	NT
5	Lai Tsun Swimming Soc	M200 A	NT
6	New Water Polo Club	M200 A	NT
7	Pacific Swimming Club	M200 A	NT
8	Sea Green Swimming & M	M200 A	NT
9	Hong Kong Football Club	M200 A	NT
240-279			
1	Sword Fish Club	M240 A	2:40.00
2	Wong Tai Sin District L.S.	M240 A	4:00.00
3	Ladies' Recreation Club	M240 A	NT
4	Lai Tsun Swimming Soc	M240 A	NT
5	New Water Polo Club	M240 A	NT
6	Sea Green Swimming & M	M240 A	NT

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

280-319... (Event 11 Men 200 LC Meter Medley Relay)

1	Sword Fish Club	M280	A	2:50.00
2	Kornhill Recreation Club	M280	A	NT
3	Lai Tsun Swimming Soc	M280	A	NT
4	New Water Polo Club	M280	A	NT

320-359

1	Sword Fish Club	M320	A	3:45.00
---	-----------------	------	---	---------

Event 12 Women 200 LC Meter Medley Relay

100-119 MS: 2:19.21

120-159 MS: 2:10.92

160-199 MS: 2:10.35

200-239 MS: 2:32.48

240-279 MS: 2:48.90

280-319 MS: 3:21.30

	Team	Relay	Seed Time
100-119			
1	Sword Fish Club	W100 A	2:50.00
120-159			
1	Sword Fish Club	W120 A	2:50.00
2	Swimplim	W120 A	XNT
3	Ladies' Recreation Club	W120 A	NT
4	New Water Polo Club	W120 A	NT
5	Pacific Swimming Club	W120 A	NT
6	Hong Kong Football Club	W120 A	NT
160-199			
1	Happy Valley Athletic Assn	W160 A	2:18.00
2	Sword Fish Club	W160 A	2:55.00
3	Ladies' Recreation Club	W160 A	NT
4	Lai Tsun Swimming Soc	W160 A	NT
5	New Water Polo Club	W160 A	NT
6	Pacific Swimming Club	W160 A	NT
7	Sea Green Swimming & W	W160 A	NT
8	Hong Kong Football Club	W160 A	NT
200-239			
1	Happy Valley Athletic Assn	W200 A	2:18.00
2	Sword Fish Club	W200 A	2:55.00
3	South China Athletic Assn	W200 A	4:00.00
4	Kwun Tong Swimming Club	W200 A	NT
5	Ladies' Recreation Club	W200 A	NT
6	Lai Tsun Swimming Soc	W200 A	NT
7	New Water Polo Club	W200 A	NT
8	Sea Green Swimming & W	W200 A	NT
240-279			
1	Sword Fish Club	W240 A	2:55.00
2	Wong Tai Sin District L.S	W240 A	5:00.00
3	Ladies' Recreation Club	W240 A	NT
4	New Water Polo Club	W240 A	NT
5	Sea Green Swimming & W	W240 A	NT
280-319			
1	Sword Fish Club	W280 A	4:00.00
2	Sea Green Swimming & W	W280 A	NT

**2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19
Psych Sheet**

Event 13 Men 50 LC Meter Breaststroke

18-24 MS: 30.47
 25-29 MS: 30.66
 30-34 MS: 31.11
 35-39 MS: 31.14
 40-44 MS: 33.00
 45-49 MS: 32.70
 50-54 MS: 34.83
 55-59 MS: 35.10
 60-64 MS: 36.61
 65-69 MS: 37.84

	ID#	Name	Age	Team	Seed Time
18-24... (Event 13 Men 50 LC Meter Breaststroke)					
1	19598 IAZ	Wu, Chun Ho Andy	20	Happy Valley	34.00
2	08003 B	Lam, Chun Kit	24	Tuen Mun	34.44
3	08334 IAZ	Lee, Satchel Alisdair	24	Kwan Hung	36.39
4	18198 IAZ	Lee, Chun Yin	22	Hoi Ngai	40.00
25-29					
1	04959 IBZ	Ma, Chi Wang Damien	25	Diocesan School	31.00
2	05577 #IBZ	Yuen, Marcus	25	LRC	31.64
3	42728 P	Febo, Christopher Vincen:	26	Sword Fish Club	32.00
4	01593	Lau, Jeffrey	29	Diocesan School	33.00
5	01784 #B	Tso, Hiu Fung	28	Diocesan School	33.00
6	01018	Tam, Wing Chung	27	Kwun Tong	34.00
7	08246 IAZ	Kwok, Chun Lok	25	Kwan Hung	36.71
8	39988 IASM	Leung, Ka Chon	28	Sword Fish Club	39.00
9	41150 IAZ	Poon, Chun Yat	27	New Water Polo	40.00
30-34					
1	02591	Luk, Wing Kin Andy	30	Kwan Hung	31.00
2	42367 IAO	Chow, Chun Yin	33	Diocesan School	33.00
3	04867 IBZ	Wong, Ho Long	30	New Water Polo	33.00
4	27873 #IAZ	Ko, King Hei	31	New Water Polo	35.00
5	00385	Cheng, Pong Man Reuben	30	Flying Fish	36.00
6	23960 IAZ	Kong, Ka Wai	31	Kwun Tong	38.00
7	06926 B	Tse, Cheuk Pan	30	Sea Green	38.00
8	39190 IAZ	Lee, Ka Lun	30	New Water Polo	40.00
9	05990 #IAZ	Ho, Ka Chun	33	New Water Polo	40.00
35-39					
1	41147 IAZ	Mok, Lai Yeung Jason	35	Diocesan School	37.00
2	08964	Yeung, Wai Kam William	36	Happy Valley	38.00
3	10317	Ng, Ka Wing	39	Diocesan School	39.00
4	11587	Ng, Yu Hon	36	Sea Green	39.00
5	23119 IAZ	Chan, Ying Tsung Bosco	38	Sword Fish Club	47.00
40-44					
1	35791 IAO	Lewis, Gareth Rhys	40	LRC	33.58
2	06154	Leung, Siu Kin Philip	44	Lai Tsun	33.99
3	05160	Chan, Ka Wo	42	Diocesan School	35.00
4	33299 IAZ	Chan, Tsz Cheung	41	Juan Hua Club	36.15
5	40834 IAZ	Chang, Hsi Tse JosephJere	40	Diocesan School	37.00
6	40838 IAZ	Wong, Tat Shing Joe	42	Diocesan School	38.00
7	35790 ICO	Launay, Thomas	40	LRC	38.00
8	42737 IAZ	So, Ma Loi	43	Sword Fish Club	39.98
9	40846 IAZ	Cheung, Chin Ho	44	Diocesan School	40.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

40-44... (Event 13 Men 50 LC Meter Breaststroke)

10	40558 IAZ	Law, Sai Wo	40	Tolo Harbour	40.00
11	41889 IAZ	Leung, Ki Chi James	43	City East	42.00
12	39151 #ICO	Wyborn, Christian David	43	Hong Kong Footba	47.68

45-49

1	25112 IAO	Cheung Alexander, Howa	48	LRC	35.30
2	33179 #IAX	Chu, Lui	47	Hong Kong Footba	37.00
3	05398	Lau, Ting Kwong	48	Happy Valley	37.00
4	43203	Ou, Chu Qin	48	Sword Fish Club	37.00
5	21008 IAZ	Cheung, Chun Kwan Mich	46	Wong Tai Sin	38.00
6	26317 IAZN	Tung, Shang Wei Timothy	49	Kwun Tong	39.00
7	41898 IAO	Austin, Gregory Charles	48	Pacific	39.00
8	06395	Cheung, Ting Fan	48	Kwun Tong	40.00
9	36962 IAZ	Leung, Yung Yu	47	Kwun Tong	40.00
10	41757 IAO	Stamper, Mark	48	Pacific	40.00
11	42085 IAZ	Lee, Hon Lun Philip	47	Sword Fish Club	43.00
12	40835 IAZ	Leung, Wing Hong Alvin	45	Diocesan School	44.00
13	40844 IAZ	Lee, Hoi Wang Gary	45	Diocesan School	45.00
14	04184	Woo, Siu Ming William	48	Sword Fish Club	1:12.00

50-54

1	37693 IAO	Sieh, Tien Yu	50	Kwun Tong	34.00
2	02570 IAX	Wong, Kwok Wah	54	Kwan Hung	35.00
3	42216	Guan, Jianxiong	52	Sword Fish Club	36.00
4	18856 IAZ	Au, Mun Shing	54	Sword Fish Club	37.00
5		Lee, Yongheui	52	Swimplim	X38.01
6	21736 IAM	Lo, Lai Tou	51	Sword Fish Club	39.00
7	39940 #ICO	Ducanois, Jerome Louis P	53	Barracuda	40.00
8		Yi, Choulijun	51	Swimplim	X40.01
9	42364 IAZ	Lau, Yip Kwong Francis	50	Diocesan School	44.00
10	23495 IAZ	Lam, Ping Fai Randy	51	Kwun Tong	48.00
11	38127 IAZ	Leung, Cheung Wai Ricky	51	Sword Fish Club	48.00
12	41146 IAZ	Yiu, Ka Fung Vincent	50	Diocesan School	50.00

55-59

1	05191	Koo, Yu Fat Marcus	57	Flying Fish	38.00
2	15528	Tsui, Tak Shing Dominic	57	Pacific	41.00
3	06390	Ho, Siu Fung	57	Kwun Tong	43.00
4	40592 IAZ	Fo, Pui Keung	55	Hong Kong Police	43.98
5	26176 IAX	Ho, Chung Man	56	Lai Tsun	44.00
6	19324 IAZ	Lau, Chun Ching	56	Kwun Tong	45.00
7	03849	Kwok, Hak Man Johnny	59	Lai Tsun	45.00
8	43199	Chen, Zhong Qiu	57	Sword Fish Club	45.00
9	19347 IAZ	Wun, Chun Leung	56	Hong Kong Police	46.05
10	31475 IAZ	Kwan, Chi Yin	58	New Water Polo	50.00
11	18872 #IAZ	Chan, Kin Chung	58	Wong Tai Sin	50.00
12	20247 ICX	Wai, Chris Tak Wing	59	New Water Polo	1:20.00

60-64

1	03847	Cheung, Kwok Yu	63	Happy Valley	38.00
2	14555	Tang, Kon Leong	63	Sword Fish Club	39.00
3	03215	Leung, Yiu Chuen	61	Happy Valley	40.00
4	31217 IAX	Wong, Siu Man	63	Sword Fish Club	41.00
5	43205	Zhou, Jin Jia	64	Sword Fish Club	42.00
6	06281	Fung, Kam Tai	64	Sword Fish Club	43.00
7	31252 IAZ	Chan, Wo Tung	62	Riverside	45.00
8	26245 IAZ	Choi, Hei Shing	60	Kwun Tong	47.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19**Psych Sheet****65-69... (Event 13 Men 50 LC Meter Breaststroke)**

1	36553 #IAO	Inglis, Peter	65	Hong Kong Footba	39.00
2	06382	Chan, Kam Por	67	Sword Fish Club	43.00
3	05237	Wong, Pit Wang Philip	66	Kwun Tong	44.00
4	14035	Wong, Shing Kuen	66	Lai Tsun	45.00
5	20634 IAZ	Wu, Shu Sun	69	New Water Polo	45.00
6	04504	Yura, Tadami	67	Sword Fish Club	45.00
7	06184	Ng, Pak Chiu	65	Sea Green	45.00
8	06243	Koo, Choi Fat	69	Wong Tai Sin	46.74
9	06389	Chan, Hong Wah	66	New Water Polo	48.00
10	31570 IAZ	Cheung, Ka Keung Spence	65	Sword Fish Club	55.00
11	41059 IAX	Ng, Kau Yuen	66	Sword Fish Club	1:06.00

70-74

1	05917	Yong, Khin Syn	70	Sword Fish Club	41.00
2	37341 IAZ	Tang, Shan	70	Sword Fish Club	45.00
3	11562	Leckie, Stuart	74	LRC	45.60
4	06383	Dew, Yuk Kwei	72	Kwun Tong	46.00
5	10274	Lau, Chun Nung	73	Lai Tsun	48.00
6	14029	Ieong, Vun Fai	73	Sword Fish Club	55.00
7	24246 IAX	Yip, Chi Shing	74	Sword Fish Club	57.00

75-79

1	06270	Lam, Luk Kan	78	Sword Fish Club	48.00
2	27135 IAX	Lam, Lit Kwan	78	Lai Tsun	52.00
3	39054 IAZ	Lai, Kerwin	79	Sea Green	55.00
4	10279	Wong, Shiu Ming	77	Sword Fish Club	58.00
5	23959 IAZ	Chiu, Chin Hung	79	Kornhill	1:04.96
6	06379	Kwong, Chi Hung	79	Sword Fish Club	1:10.00

80-84

1	06246	Ling, Wang Yam	82	Wong Tai Sin	1:00.56
2	23927 IAZ	Ho, Shui On	83	Kornhill	1:00.63
3	17964 IAZ	Kan, Ping Chu	81	Sea Green	1:02.00

85-89

1	06238	Lee, Ming	89	Sword Fish Club	1:06.00
2	31988 IAO	Wilson, John Simon	87	New Water Polo	1:25.00

Event 14 Women 50 LC Meter Breaststroke

18-24 MS:	35.53
25-29 MS:	36.34
30-34 MS:	35.23
35-39 MS:	34.71
40-44 MS:	38.79
45-49 MS:	39.03
50-54 MS:	37.63
55-59 MS:	38.73
60-64 MS:	47.46
65-69 MS:	50.56

	ID#	Name	Age	Team	Seed Time
18-24					
1	29564 IAZ	Ng, Wai Ying Megan	23	Flying Fish	40.00
2	11646 IAZ	Lau, Ying Ki Yuki	23	Pacific	42.00
3	31023 IAZ	Cheung, Ka Yu	22	New Water Polo	45.00
25-29					
1	19753 IAZ	Pang, Hiu Kwan	25	Juan Hua Club	42.20
2	16027 IBZ	Yeung, Yan Wing	29	Kwan Hung	50.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

30-34... (Event 14 Women 50 LC Meter Breaststroke)

1	35921 IAZ	Lui, Yick Ling	33 Kornhill	47.43
2	01552 #IBZ	Lai, Hiu Ling	30 New Water Polo	50.00
3	00777 IBZ	Tse, Yu Ting	33 New Water Polo	50.00
4	39980 IAZ	Yau, Lik Man	32 Sword Fish Club	51.00

35-39				
1	38430 #ICO	Millson, Nicole Elizabeth	36 Hong Kong Footba	41.38
2	38290 IAZ	Wong, Ting Chi Vanessa	39 Sword Fish Club	42.00
3	42712 IAZ	Chan, Hiu Ying	35 Real Kinetic	45.00
4	26803 IAZ	Yung, Hoi Ying	39 New Water Polo	50.00

40-44				
1	19565 ICF	Barnes, Ruth	40 LRC	40.00
2	33036 ICO	Coleman, Claire Michelle	41 Pacific	42.10
3	43157 ICO	Lee, Chew Ling	42 LRC	44.00
4	39979 IAZ	Lam, Ling Wai Jessica	40 Lai Tsun	47.00
5	42480 IAZN	Chu, Ka Yin Renese	43 Hoi Fung	48.04
6	33017 IAZ	Ngan, Oi Sze	42 Sword Fish Club	1:00.00
7	31534 IAZ	Mo, Wing Yee	43 Wong Tai Sin	1:10.00

45-49				
1	35969 IAX	Wang, Ying Lian	47 Happy Valley	46.80
2	27463 IAX	Chen, Yugen	48 New Water Polo	50.00
3	38299 ICO	Mcmahon, Nicole Kirsty	47 LRC	50.94
4		Lee, Mihyun	48 Swimplim	X53.95
5	06349	Ip, Oi Wa Wendy	47 Sword Fish Club	54.00
6	36840 IAZ	Chung, Ching Han Anna	47 Sea Green	55.00
7	36431 P	Buchta, Katrin	49 Sword Fish Club	1:00.00
8	40937 IAZ	Leung, Wai Fan Fanny	49 New Water Polo	1:20.00

50-54				
1	39092 I	Chan, Chok Wa	52 Sword Fish Club	42.00
2	43102 ICO	Roberts, Tonya Leanne	51 LRC	44.00
3	40907 IAZ	Lai, Shui Nin Ingrid	52 YMCA OF Hong Kong	46.00
4	36655 #IAZ	Wong, Olivia Ka Ying	53 Hong Kong Footba	50.00
5	40575 #IAO	Chan, San Ngah	51 Pacific	51.32
6	16303	Rana, Naomi	53 LRC	52.86
7	37012 IAZ	Lun, Yau Chun Nara	51 New Water Polo	55.00
8	26254 IAX	Ng, Kong Ching	54 New Water Polo	59.00
9	43225 IAZN	Chan, Yuet Mei Carol	50 South China	1:00.00

55-59				
1	06353	Leung, Wai Fan	57 Kwun Tong	38.00
2	32025 IAZ	Sin, Lai Wan Vicky	59 Kwun Tong	53.00
3	43178 ICW	Hoi, Fong Mei	55 Sword Fish Club	54.00
4	34668 IAZ	Tang, Pik Ha	59 New Water Polo	55.55
5	27141 IAZ	Wong, Kit Man Kitty	58 Happy Valley	58.00
6	07469	Devereux, Anne Gillian	56 LRC	1:00.00
7	38460 IAZ	Tang, Kit Fong Yvonne	55 New Water Polo	1:20.00

60-64				
1	14020	Poon, Wai Fun	62 Sea Green	49.00
2	43146	Liang, Yueping	61 New Water Polo	52.00
3	06127	Lau, Wai Lin	63 New Water Polo	1:10.00
4	42162 IAZ	Wat, Wai Bing Isabella	64 Sea Green	1:10.00

65-69				
1	06147	Leung Wong, Yin Har Hay	67 Sea Green	54.28
2	07432	Leung, May Kam	67 Tuen Mun S.T.	1:10.45
3	05409	Wan, Yim Fong	67 Sword Fish Club	1:24.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

65-69... (Event 14 Women 50 LC Meter Breaststroke)

4	07763	Chow, Kit Bing	68	Sword Fish Club	1:52.00
70-74					
1	02365	Chow, So Kam	74	Kwun Tong	53.00
2	17480 IAZ	Chow, Pui Han Angela	73	Lai Tsun	1:04.00
3	30506 IAX	Li, Hoi Ying	71	Sword Fish Club	1:06.00
4	06212	Lo, Yeuk Shuen	70	Wong Tai Sin	1:12.00
5	30248 IAZ	Chan, Lai King	72	Wong Tai Sin	1:30.00
75-79					
1	06374	Wong, Jim	78	Sword Fish Club	1:00.00
2	32571 IAZ	Chan, Pui Yee	75	Sword Fish Club	1:10.00
3	06218	Sin, Lai Kwan	79	Wong Tai Sin	1:28.00
80-84					
1	06210	Ho, Po Yee	83	Wong Tai Sin	1:36.00
85-89					
1	06375	Chan, Wai Kiang	86	Kwun Tong	1:30.00

Event 15 Men 100 LC Meter Freestyle

18-24 MS:	54.18
25-29 MS:	54.16
30-34 MS:	56.01
35-39 MS:	56.13
40-44 MS:	57.76
45-49 MS:	59.62
50-54 MS:	58.29
55-59 MS:	1:03.62
60-64 MS:	1:04.39
65-69 MS:	1:08.31

	ID#	Name	Age	Team	Seed Time
18-24					
1	28567 IAZ	Tam, Wang Yin	19	Hoi Ngai	1:00.00
2	09419 B	Lau, Ka Ming	22	New Water Polo	1:00.00
3	40333 IAZ	Lam, Pak Lai	22	Flying Fish	1:05.00
4	43341 IAZ	Liu, Chung Yau	21	New Water Polo	1:05.00
5	08003 B	Lam, Chun Kit	24	Tuen Mun	1:06.00
25-29					
1	39152 #ICO	Belecanech, Matthew Jose	27	Hong Kong Footba	55.42
2	02700 IB	Chong, Jeffrey	28	Kwan Hung	1:00.00
3	39988 IASM	Leung, Ka Chon	28	Sword Fish Club	1:00.00
4	35851 IAZ	Chow, Yin Leung	25	Happy Valley	1:05.00
5	08246 IAZ	Kwok, Chun Lok	25	Kwan Hung	1:05.00
6	43275 IAON	Walsh, Alexander James	27	Pacific	1:05.00
7	17362 IAZ	Tsoi, Wai Kin	28	Flying Fish	1:06.00
8	33387 IAO	Wu, Kenneth Yee Lok	28	Sword Fish Club	1:09.00
9	25589 IAZ	Ng, Kai Chung	29	Kwun Tong	1:10.00
30-34					
1	00464 IA	Paul, Jonathan Matthew	34	Diocesan School	59.00
2	00557 #	Chow, Sik Hang	31	New Water Polo	1:00.00
3	27874 #IAZ	Chan, Cheuk Man	31	New Water Polo	1:00.00
4	04867 IBZ	Wong, Ho Long	30	New Water Polo	1:00.00
5	03667 IBZ	Wong, Sai Man Sherman	30	New Water Polo	1:03.00
6	27873 #IAZ	Ko, King Hei	31	New Water Polo	1:05.00
7	42363 ICO	Gromak, Andrey	32	Sword Fish Club	1:07.00
8	06926 B	Tse, Cheuk Pan	30	Sea Green	1:07.00
9	23960 IAZ	Kong, Ka Wai	31	Kwun Tong	1:10.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

30-34... (Event 15 Men 100 LC Meter Freestyle)

10	23298 IAZ	Li, Cheuk Bun	34	Wong Tai Sin	1:22.00
35-39					
1	05145	Lo, Jonathan Ka Yan	36	LRC	58.21
2	34367 #ICO	Van Der Flier, Melvin Sure	37	Hong Kong Footba	1:00.00
3	38121 IAZ	Cheung, Chi Yan Clifford	39	Happy Valley	1:03.00
4	10317	Ng, Ka Wing	39	Diocesan School	1:18.00
5	38035 IAZ	Mok, Kin Fan	39	Tolo Harbour	1:34.38
6	23119 IAZ	Chan, Ying Tsung Bosco	38	Sword Fish Club	1:48.00
40-44					
1	27471 #ICO	Nortje, Craig Andrew	41	Hong Kong Footba	56.31
2	37671 ICO	Stamenovic, Ivan	43	LRC	58.55
3	04238	Woo, Chun Kuen Douglas	41	LRC	59.27
4	31573 ICO	Barnes, Simon Andrew	44	LRC	1:05.65
5	28849 IAZ	Chan, Chun Kuen	44	Sword Fish Club	1:07.00
6	35790 ICO	Launay, Thomas	40	LRC	1:07.14
7	32283 #IAO	Brewster, Simon Grant	42	Hong Kong Footba	1:07.41
8	40712 ICO	Holliday, Simon Gareth	41	Pacific	1:09.00
9	42737 IAZ	So, Ma Loi	43	Sword Fish Club	1:11.98
10	39987 IAS	Chu, Tong Man	43	Sword Fish Club	1:12.00
11	40107 IAZ	Chan, Falcon	40	Lai Tsun	1:15.00
12	39151 #ICO	Wyborn, Christian David	43	Hong Kong Footba	1:19.06
13	37781 #IAZ	Lo, Kar Lai Gary	41	New Water Polo	1:30.00
45-49					
1	10264 #	Faiola, Jeff Alan	48	Barracuda	1:03.00
2	33179 #IAX	Chu, Lui	47	Hong Kong Footba	1:03.84
3	31857 IAZ	Au, Andrew	45	Pacific	1:05.00
4	31054 IAO	Stimson, Mark Grant	48	Pacific	1:05.00
5	25112 IAO	Cheung Alexander, Howar	48	LRC	1:05.48
6	41898 IAO	Austin, Gregory Charles	48	Pacific	1:07.00
7	35237 #ICW	Lam, Veng Vai	46	Current Club Ltd	1:07.76
8	02366	Li, Ka Wing	45	Kwun Tong	1:08.00
9	27868 IAZ	Chan, Chi Wah Ringo	47	Sword Fish Club	1:08.00
10	36554 #ICO	Wolfers, Lachlan Robert	45	Hong Kong Footba	1:09.70
11	06711	Leung, Tsz Kin	47	New Water Polo	1:10.00
12	38212 IAO	Scherrer, Michael	47	Pacific	1:13.00
13	06227 #	Wong, Kam Tat	45	Sea Green	1:40.00
14	04184	Woo, Siu Ming William	48	Sword Fish Club	2:40.00
50-54					
1	04166	Rust, Stefan Robert	52	LRC	58.29
2	39940 #ICO	Ducanois, Jerome Louis P	53	Barracuda	1:05.00
3	30568 #IAZ	Tang, Tai Wa	54	Real Kinetic	1:06.00
4	43144	Xiao, Donghong	53	New Water Polo	1:10.00
5	22512 ICO	Kehoe, Andrew John	54	LRC	1:12.85
6	43158 IAZ	Chan, Tin Lung	50	Tolo Harbour	1:20.00
7	17701 IAZ	Lee, Chor Fu	50	Wong Tai Sin	1:28.00
8	22433 IAZ	Lui, Man Pong	54	New Water Polo	1:30.00
9	38127 IAZ	Leung, Cheung Wai Ricky	51	Sword Fish Club	1:36.00
55-59					
1	16470	Sha, Yu Kwan	56	Kornhill	53.01
2	22591 P	Saka, Toshiyuki	57	Sea Green	1:06.00
3	15528	Tsui, Tak Shing Dominic	57	Pacific	1:10.00
4	27460 IAZ	Chan, Ying Chiu Johnson	56	Lai Tsun	1:15.00
5	26594 IAZ	Ching, Wai Kin	55	Sword Fish Club	1:19.00
6	24256 IAW	Lok, Wai Man	56	New Water Polo	1:22.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

55-59... (Event 15 Men 100 LC Meter Freestyle)

7	13979	Lee, Sing Tim	58	Lai Tsun	1:23.00
8	39982 IAZ	Chow, Wing Chun	55	Sword Fish Club	1:25.00
9	40861 IAZ	Cheung, Chi Ming Rover	56	Sword Fish Club	1:27.00
10	36475 #IAZ	Morton, Peter Douglas	56	Hong Kong Footba	1:31.67

60-64					
1	26591 IAO	Ho, Robert Yau Chung	61	LRC	1:04.90
2	05071	Choi, Tony	61	LRC	1:20.00
3	14555	Tang, Kon Leong	63	Sword Fish Club	1:22.00
4	06239	Chan, King Yuen	64	Lai Tsun	1:27.00
5	31217 IAX	Wong, Siu Man	63	Sword Fish Club	1:27.00
6	21548 IAZ	Ku, Chi Ming John	60	Lai Tsun	1:30.00
7	19327 IAZ	Yu, Kwok Chuen	64	Sword Fish Club	1:40.00
8	36725 IAZ	Yau, Wai	60	Sea Green	1:45.00
9	41739 IAZ	Ng, Chin Wing	64	Sea Green	1:49.00

65-69					
1	06268	Tse, Kwok Piu	68	Sword Fish Club	1:12.00
2	36553 #IAO	Inglis, Peter	65	Hong Kong Footba	1:13.00
3	33115 IAX	Ng, Kan Sing	66	Sword Fish Club	1:20.00
4	38699 IAZ	Tse, Siu Hei	69	Kornhill	1:28.00
5	26318	Suen, Chi Wing	65	Sword Fish Club	1:32.00
6	31570 IAZ	Cheung, Ka Keung Spence	65	Sword Fish Club	1:38.00

70-74					
1	06242	Lau, Heung Wing	70	Wong Tai Sin	2:16.00

75-79					
1	17620 IAO	Polson, Ian Hastings	75	LRC	1:28.95
2	06379	Kwong, Chi Hung	79	Sword Fish Club	2:05.00

80-84					
1	05407	Lee, She Kwok	81	Sword Fish Club	2:22.00
2	17832 IAX	Chan, Sau	82	Sword Fish Club	2:30.00

85-89					
1	06238	Lee, Ming	89	Sword Fish Club	1:56.00

Event 16 Women 100 LC Meter Freestyle

18-24 MS: 1:02.73

25-29 MS: 1:02.46

30-34 MS: 1:04.36

35-39 MS: 1:01.54

40-44 MS: 1:01.45

45-49 MS: 1:07.30

50-54 MS: 1:10.99

55-59 MS: 1:14.96

60-64 MS: 1:22.04

65-69 MS: 1:37.41

	ID#	Name	Age	Team	Seed Time
18-24					
1	10974 IAZ	Au, Hiu Pui	23	Giant Whale	1:01.00
2	29564 IAZ	Ng, Wai Ying Megan	23	Flying Fish	1:08.00
3	24882 IAZ	Cho, Pan Lam	21	Kwun Tong	1:20.00
4	20104 IAZ	Koo, Man Yan	20	Kwun Tong	1:20.00
5	43083 ICO	Allard, Christine Skowron	23	South China	1:30.00
6	31023 IAZ	Cheung, Ka Yu	22	New Water Polo	1:30.00
25-29					
1	01262	Mau, Lok Yan Eunice	26	Current Club Ltd	1:01.93
2	42080 ICFO	Charter, Robyn Judy	25	Sword Fish Club	1:04.61

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

25-29... (Event 16 Women 100 LC Meter Freestyle)

3	19753 IAZ	Pang, Hiu Kwan	25	Juan Hua Club	1:10.20
30-34					
1	01666 #IBZ	Chan, Wing Suet	33	Hong Kong Footba	1:05.74
2	02685 #ICZ	Master, Farah Jimmy	34	Hong Kong Footba	1:09.67
3	01305 IBZ	Liu, Ka Lei	34	Kwun Tong	1:10.00
4		Ryu, Hyelim	34	Swimplim	X1:16.00
5	00754 #IAZ	Yam, Shu Jun	32	Current Club Ltd	1:17.85
6	00914	Lai, Godina Yun Zhi	33	Kornhill	1:18.44
7	40851 IAZ	Mak, Chung Kiu Joanna	33	Pacific	1:28.00
8	35921 IAZ	Lui, Yick Ling	33	Kornhill	1:29.65
9	39980 IAZ	Yau, Lik Man	32	Sword Fish Club	1:37.00
10	13384 ICZ	Lee, May Sze Mei	32	New Water Polo	2:10.00
35-39					
1	38440 ICO	Johnson, Melissa Ann	36	Pacific	1:05.72
2	38430 #ICO	Millson, Nicole Elizabeth	36	Hong Kong Footba	1:12.00
3	34679 IAZ	Lam, Kai Yan	38	Sea Green	1:50.00
4	38502 ICO	Alfheim, Mai-britt	37	Barracuda	NT
40-44					
1	43344 P	Kihara, Izumi	44	Sea Green	1:00.00
2	33036 ICO	Coleman, Claire Michelle	41	Pacific	1:08.82
3	35314 #IAO	Gentle, Sally Kate	40	Hong Kong Footba	1:15.26
4	37127 #IAO	Sen, Catherine	42	Hong Kong Footba	1:16.21
5	40675 IAON	James, Georgina Frances	44	LRC	1:22.12
6	43157 ICO	Lee, Chew Ling	42	LRC	1:40.00
45-49					
1	33517 IAO	Yamaguchi, Mika	47	Pacific	1:07.30
2	36434 IAZ	Lam, Wing Yan Jada	45	Pacific	1:20.00
3	38299 ICO	Mcmahon, Nicole Kirsty	47	LRC	1:23.31
4		Lee, Mihyun	48	Swimplim	X1:35.00
5	36840 IAZ	Chung, Ching Han Anna	47	Sea Green	1:49.00
50-54					
1	36655 #IAZ	Wong, Olivia Ka Ying	53	Hong Kong Footba	1:25.00
2	23323 IAZ	Tam, Choi Ping Scalene	54	New Water Polo	1:35.00
3	43102 ICO	Roberts, Tonya Leanne	51	LRC	1:40.00
4	36045 IAZN	Hsu, Ava	52	LRC	1:46.29
5	26254 IAX	Ng, Kong Ching	54	New Water Polo	1:50.00
6	41911 IAZN	Ng, Kit Man Joanna	54	New Water Polo	2:15.00
55-59					
1	43178 ICW	Hoi, Fong Mei	55	Sword Fish Club	1:40.00
2	27141 IAZ	Wong, Kit Man Kitty	58	Happy Valley	1:50.00
60-64					
1	19290 IAX	Tseung, Nga Wah	62	Sword Fish Club	1:26.00
2	03503	Castka, Gillian Hancer	63	Sword Fish Club	1:30.00
3	06355	Lo, Lai Yung	64	New Water Polo	1:50.00
65-69					
1	05412	Chu, Lui Kwong	68	Sword Fish Club	1:54.00
2	06150	Ho, Po Chu	68	South China	2:15.00
3	07763	Chow, Kit Bing	68	Sword Fish Club	3:00.00
4	07432	Leung, May Kam	67	Tuen Mun S.T.	3:40.26
70-74					
1	32572 IAO	Chan, Sui Kin	71	Sword Fish Club	2:00.00
2	39991 IAS	Sam, Choi Lin	71	Sword Fish Club	2:00.00
3	06212	Lo, Yeuk Shuen	70	Wong Tai Sin	2:20.00
4	30248 IAZ	Chan, Lai King	72	Wong Tai Sin	2:48.49

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

75-79... (Event 16 Women 100 LC Meter Freestyle)

1	06372 IAZ	Leung, Mabel Yuen Ying	77	Sword Fish Club	2:10.00
2	43347 P	Inomichi, Naoyo	77	Sea Green	2:15.00
3	24970 P	Ninomiya, Akiko	78	Sea Green	2:20.00
4	13262	Kwong, Shuet Hing	79	Wong Tai Sin	2:48.49

85-89					
1	06375	Chan, Wai Kiang	86	Kwun Tong	2:40.00

Event 17 Men 200 LC Meter Freestyle Relay

100-119 MS:	1:41.92
120-159 MS:	1:40.03
160-199 MS:	1:41.91
200-239 MS:	1:52.52
240-279 MS:	2:02.09
280-319 MS:	2:18.05
320-359 MS:	3:23.05

	Team	Relay	Seed Time
100-119			
1	Diocesan School Old Boys	M100 A	1:48.04
2	Sword Fish Club	M100 A	2:05.00
3	Kwun Tong Swimming Club	M100 A	NT
4	New Water Polo Club	M100 A	NT
120-159			
1	Diocesan School Old Boys	M120 A	1:48.13
2	Sword Fish Club	M120 A	2:05.00
3	Kwun Tong Swimming Club	M120 A	NT
4	Ladies' Recreation Club	M120 A	NT
5	New Water Polo Club	M120 A	NT
6	Pacific Swimming Club	M120 A	NT
7	Sea Green Swimming & Diving	M120 A	NT
8	Hong Kong Football Club	M120 A	NT
160-199			
1	Diocesan School Old Boys	M160 A	1:51.66
2	Sword Fish Club	M160 A	2:10.00
3	South China Athletic Association	M160 A	2:20.00
4	Wong Tai Sin District L.S.	M160 A	4:55.00
5	Swimplim	M160 A	XNT
6	Kwun Tong Swimming Club	M160 A	NT
7	Ladies' Recreation Club	M160 A	NT
8	New Water Polo Club	M160 A	NT
9	Pacific Swimming Club	M160 A	NT
10	Sea Green Swimming & Diving	M160 A	NT
11	Hong Kong Football Club	M160 A	NT
200-239			
1	Diocesan School Old Boys	M200 A	2:06.97
2	Sword Fish Club	M200 A	2:15.00
3	Kwun Tong Swimming Club	M200 A	NT
4	Ladies' Recreation Club	M200 A	NT
5	Lai Tsun Swimming Society	M200 A	NT
6	New Water Polo Club	M200 A	NT
7	Pacific Swimming Club	M200 A	NT
8	Sea Green Swimming & Diving	M200 A	NT
9	Hong Kong Football Club	M200 A	NT

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

240-279... (Event 17 Men 200 LC Meter Freestyle Relay)

1	Sword Fish Club	M240	A	2:20.00
2	Wong Tai Sin District L.S.	M240	A	4:55.00
3	Ladies' Recreation Club	M240	A	NT
4	Lai Tsun Swimming Soc	M240	A	NT
5	New Water Polo Club	M240	A	NT
6	Sea Green Swimming &	M240	A	NT

280-319

1	Sword Fish Club	M280	A	2:40.00
2	Kornhill Recreation Club	M280	A	NT
3	Lai Tsun Swimming Soc	M280	A	NT
4	New Water Polo Club	M280	A	NT

320-359

1	Sword Fish Club	M320	A	3:30.00
---	-----------------	------	---	---------

Event 18 Women 200 LC Meter Freestyle Relay

100-119 MS:	2:02.27
120-159 MS:	1:55.57
160-199 MS:	1:58.32
200-239 MS:	2:12.67
240-279 MS:	2:34.06
280-319 MS:	3:08.62

	Team	Relay	Seed Time
100-119			
1	Sword Fish Club	W100 A	2:30.00
120-159			
1	Sword Fish Club	W120 A	2:30.00
2	Swimplim	W120 A	XNT
3	Ladies' Recreation Club	W120 A	NT
4	New Water Polo Club	W120 A	NT
5	Pacific Swimming Club	W120 A	NT
6	Hong Kong Football Club	W120 A	NT
160-199			
1	Happy Valley Athletic Assn	W160 A	1:58.00
2	Sword Fish Club	W160 A	2:40.00
3	Ladies' Recreation Club	W160 A	NT
4	Lai Tsun Swimming Soc	W160 A	NT
5	New Water Polo Club	W160 A	NT
6	Pacific Swimming Club	W160 A	NT
7	Sea Green Swimming &	W160 A	NT
8	Hong Kong Football Club	W160 A	NT
200-239			
1	Happy Valley Athletic Assn	W200 A	2:03.00
2	Sword Fish Club	W200 A	2:40.00
3	Kwun Tong Swimming Club	W200 A	NT
4	Ladies' Recreation Club	W200 A	NT
5	Lai Tsun Swimming Soc	W200 A	NT
6	New Water Polo Club	W200 A	NT
7	Sea Green Swimming &	W200 A	NT
240-279			
1	Sword Fish Club	W240 A	2:40.00
2	Ladies' Recreation Club	W240 A	NT
3	New Water Polo Club	W240 A	NT
4	Sea Green Swimming &	W240 A	NT

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

280-319... (Event 18 Women 200 LC Meter Freestyle Relay)

1	Sword Fish Club	W280 A	3:30.00
2	Wong Tai Sin District L.	W280 A	5:00.00
3	Sea Green Swimming &	W280 A	NT

Event 19 Men 800 LC Meter Freestyle

18-24 MS: 8:53.89

25-29 MS: 10:19.48

30-34 MS: 9:43.41

35-39 MS: 9:28.64

40-44 MS: 9:30.23

45-49 MS: 9:47.75

50-54 MS: 10:41.17

55-59 MS: 10:38.21

60-64 MS: 12:25.78

65-69 MS: 12:39.07

	ID#	Name	Age	Team	Seed Time
18-24					
1	43341 IAZ	Liu, Chung Yau	21	New Water Polo	11:00.00
2	09419 B	Lau, Ka Ming	22	New Water Polo	11:00.00
25-29					
1	05577 #IBZ	Yuen, Marcus	25	LRC	9:57.00
2	43093 IAZ	Man, Ho Yin	29	New Water Polo	11:00.00
3	17362 IAZ	Tsoi, Wai Kin	28	Flying Fish	12:00.00
4	29833 IAZ	Chow, Chun Pui	28	Sea Green	12:00.00
5	33387 IAO	Wu, Kenneth Yee Lok	28	Sword Fish Club	12:18.00
6	13715 IBZ	Chan, Paak Hang	28	New Water Polo	14:00.00
7	01728	Cheung, Wai Lun William	28	Diocesan School	14:25.00
30-34					
1	38356 ICO	Drake, Hector Donald Artl	33	LRC	10:57.84
2	34366 #ICO	Mauray, Matthieu Bernard	31	Hong Kong Footba	11:00.00
3	02047 #IBZ	Li, Ka Ho	30	LRC	11:00.00
4	39190 IAZ	Lee, Ka Lun	30	New Water Polo	11:00.00
5	00095	Wan, Tsz Pat	32	Current Club Ltd	11:15.00
6	42363 ICO	Gromak, Andrey	32	Sword Fish Club	12:00.00
7	23960 IAZ	Kong, Ka Wai	31	Kwun Tong	13:20.00
35-39					
1	41151 ICO	Caggio, Antonino	37	New Water Polo	9:10.00
2	27144 IAZ	Chee, Man Heng	37	Happy Valley	15:00.00
3	38035 IAZ	Mok, Kin Fan	39	Tolo Harbour	15:58.21
4	23119 IAZ	Chan, Ying Tsung Bosco	38	Sword Fish Club	17:37.00
5	27133 IAZ	Poon, Man Chun	38	Wong Tai Sin	NT
40-44					
1	37671 ICO	Stamenovic, Ivan	43	LRC	10:26.79
2	32283 #IAO	Brewster, Simon Grant	42	Hong Kong Footba	11:26.82
3	40712 ICO	Holliday, Simon Gareth	41	Pacific	11:40.00
4	36644 IAZ	Chong, Chi Hang Ivan	43	Kwan Hung	12:00.00
5	24603 IAZ	Hung, Ka Ming	44	YMCA OF Hong Kong	12:10.00
6	39987 IAS	Chu, Tong Man	43	Sword Fish Club	13:27.00
45-49					
1	34619 P	Liljestroem Lennart, Peter	46	LRC	9:30.23
2	10264 #	Faiola, Jeff Alan	48	Barracuda	11:00.00
3	41757 IAO	Stamper, Mark	48	Pacific	11:40.00
4	30710 IAZ	Lai, Kin Sun	49	Flying Fish	11:50.00

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19

Psych Sheet

45-49... (Event 19 Men 800 LC Meter Freestyle)

5	31054 IAO	Stimson, Mark Grant	48 Pacific	11:50.00
6	22422 IAZ	Tung, Ching Ho	48 YMCA OF Hong Kong	12:00.00
7	40704 IAX	Yeung, Chu Kwong	48 Lai Tsun	12:22.89
8	36554 #ICO	Wolfers, Lachlan Robert	45 Hong Kong Footba	12:30.00
9	06310	Chan, Fung Sun	46 Kwun Tong	13:20.00
10	02366	Li, Ka Wing	45 Kwun Tong	13:20.00
11	28518 IAZ	Yau, Wo Fung	47 Kwun Tong	14:00.00
12	40922 IAZ	Ngan, Chun Keung	48 Golden Dolphin	16:00.00

50-54				
1	20239 IAO	Letcher, Richard Roy	50 LRC	10:04.00
2	39940 #ICO	Ducanois, Jerome Louis P	53 Barracuda	11:20.00
3	05138 #	Lanzone, Francesco	51 Barracuda	11:20.00
4	30568 #IAZ	Tang, Tai Wa	54 Real Kinetic	11:30.00
5	22512 ICO	Kehoe, Andrew John	54 LRC	12:00.48
6		Chang, Yongsung	53 Swimplim	X12:50.00
7	42216	Guan, Jianxiong	52 Sword Fish Club	13:00.00
8	43352 IAX	Li, Kin Pan	51 Sword Fish Club	15:00.00
9	41548 IAZ	Ip, Ka Keung Patrick	51 Hong Kong Footba	NT

55-59				
1	22591 P	Saka, Toshiyuki	57 Sea Green	11:00.00
2	05191	Koo, Yu Fat Marcus	57 Flying Fish	11:30.00
3	34317 IAO	Stuart, Alexander Mair	55 Pacific	12:50.00
4	36183 #IAO	McCarroll, Adrian James	56 Hong Kong Footba	13:53.40
5	40942 P	He, Gaoxiong	57 New Water Polo	14:00.00
6	36475 #IAZ	Morton, Peter Douglas	56 Hong Kong Footba	14:30.00
7	15170	Mok, Wai Chung David	59 South China	14:30.00
8	26594 IAZ	Ching, Wai Kin	55 Sword Fish Club	14:42.00
9	19347 IAZ	Wun, Chun Leung	56 Hong Kong Police	15:00.00
10	29485 IAZ	Tang, Cheuk Wa	59 Kwun Tong	15:00.00
11	40861 IAZ	Cheung, Chi Ming Rover	56 Sword Fish Club	15:30.00
12	13979	Lee, Sing Tim	58 Lai Tsun	15:47.00

60-64				
1	26591 IAO	Ho, Robert Yau Chung	61 LRC	10:35.00
2	24640 ICO	Campbell, John Reid	64 Sword Fish Club	12:00.00
3	03762	Ha, Chi Ming	60 Flying Fish	13:40.00
4	06237	Mok, Chu Piu	62 Lai Tsun	13:40.00
5	17956 #IAZ	Chau, Kim Fai	62 Sword Fish Club	14:27.97
6	06239	Chan, King Yuen	64 Lai Tsun	15:26.00
7	34146 IAZ	Cheung, Fuk Cheong	61 Sword Fish Club	15:30.00
8	04500	Cheung, Ip Chor	64 Sword Fish Club	16:34.00
9	41739 IAZ	Ng, Chin Wing	64 Sea Green	17:00.00
10	19327 IAZ	Yu, Kwok Chuen	64 Sword Fish Club	17:48.00

65-69				
1	06382	Chan, Kam Por	67 Sword Fish Club	12:25.00
2	33115 IAX	Ng, Kan Sing	66 Sword Fish Club	13:23.00
3	06268	Tse, Kwok Piu	68 Sword Fish Club	13:55.00
4	26318	Suen, Chi Wing	65 Sword Fish Club	15:20.00
5	04504	Yura, Tadami	67 Sword Fish Club	16:52.00

70-74				
1	06274	Wong, Yau Chuen	73 Sword Fish Club	17:19.00

75-79				
1	17620 IAO	Polson, Ian Hastings	75 LRC	15:00.77

**2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19
Psych Sheet**

Event 20 Women 800 LC Meter Freestyle

18-24 MS: 10:22.03
 25-29 MS: 10:50.58
 30-34 MS: 10:53.53
 35-39 MS: 9:48.87
 40-44 MS: 9:42.82
 45-49 MS: 10:54.55
 50-54 MS: 11:48.01
 55-59 MS: 12:32.89
 60-64 MS: 14:45.72
 65-69 MS: 13:11.38

	ID#	Name	Age	Team	Seed Time
18-24...	(Event 20 Women 800 LC Meter Freestyle)				
1	39587 IAZ	Wong, Hoi Ching	23	Tuen Mun	11:00.00
25-29					
1	01262	Mau, Lok Yan Eunice	26	Current Club Ltd	10:30.00
2	05636 B	Chan, Yau Shan Zoe	28	Current Club Ltd	12:00.00
3	19753 IAZ	Pang, Hiu Kwan	25	Juan Hua Club	12:01.00
4	06577 IBZ	Leung, Wei Yan	29	Sword Fish Club	12:15.00
5	01436	Yeung, Hui Wei Hervien	26	Pacific	12:32.00
30-34					
1	00914	Lai, Godina Yun Zhi	33	Kornhill	13:50.75
2	40851 IAZ	Mak, Chung Kiu Joanna	33	Pacific	14:00.00
3		Lee, Soyoun	33	Swimplim	X14:20.00
4	38126 IAZ	Lee, Wai Sze	30	New Water Polo	16:00.00
35-39					
1	41888 IAZ	Kwok, Sau Kam	35	City East	30:00.00
40-44					
1	35314 #IAO	Gentle, Sally Kate	40	Hong Kong Footba	12:30.00
2	40702 IAX	Kar, Ka	42	New Water Polo	12:40.00
3	43344 P	Kihara, Izumi	44	Sea Green	12:40.00
4		Jung, Hyewon	40	Swimplim	X14:59.00
5	36785 IAZ	Inglis, Alexandra Sinead	44	LRC	15:30.00
6	33017 IAZ	Ngan, Oi Sze	42	Sword Fish Club	17:00.00
45-49					
1	39310 IAZ	Au-Yeung, Sze	46	Lai Tsun	14:12.00
2	27128 IAZ	Lau, Yan Yan	45	Flying Fish	14:50.00
3	36431 P	Buchta, Katrin	49	Sword Fish Club	16:00.00
4	35969 IAX	Wang, Ying Lian	47	Happy Valley	16:22.29
50-54					
1	32334 #IAON	Mccarroll, Jessica Lee Ten	54	Hong Kong Footba	12:38.97
2	40907 IAZ	Lai, Shui Nin Ingrid	52	YMCA OF Hong Kong	14:40.00
3	36045 IAZN	Hsu, Ava	52	LRC	15:50.00
4	23323 IAZ	Tam, Choi Ping Scalene	54	New Water Polo	16:00.00
5	43346 P	Sasaki, Mariko	51	Sea Green	16:00.00
55-59					
1	26049 IAZ	Kirkwood, Tain Mhaira	56	LRC	12:32.89
2	06113	Dudok Van Heel, Jane	58	LRC	14:30.00
3	27141 IAZ	Wong, Kit Man Kitty	58	Happy Valley	16:00.00
4	43234	Li, Xue Yan	56	New Water Polo	16:00.00
5	43177 P	Kawasaki, Takako	58	Sword Fish Club	16:12.00
6	36225 IAX	Li, Wai Kam	57	Sea Green	20:00.00
7	37056 IAZ	Wong, Hoi Ping Carol	59	Tuen Mun	22:06.41

2018-19 Long Course Masters Swimming Comp P1 - 24-Mar-19**Psych Sheet****60-64... (Event 20 Women 800 LC Meter Freestyle)**

1	03503	Castka, Gillian Hancer	63	Sword Fish Club	15:10.00
2	43345 P	Imoto, Toyoko	61	Sea Green	16:00.00
3	08948	Young, Eve	62	Flying Fish	17:07.00
65-69					
1	07440	Yip, Lai Kuen	68	Lai Tsun	NT
70-74					
1	32572 IAO	Chan, Sui Kin	71	Sword Fish Club	20:05.00