

Programme

比賽賽程



HONG KONG AMATEUR SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2018-19 Long Course Masters Swimming Competition (Part 3)

二零一八至一九年長池先進游泳比賽第三部份

24 June 2018 (Sun)

二零一八年六月二十四日(日)

Sun Yat Sen Memorial Park Swimming Pool

中山紀念公園游泳池

Subvented by the LCSD



2018-2019 MSLCP3 - Entry Information

No. of Entries by Event		
Event #	Event Name	Entries
1	Men 50 Freestyle	126
2	Women 50 Freestyle	63
3	Men 100 Breaststroke	79
4	Women 100 Breaststroke	43
5	Men 50 Backstroke	91
6	Women 50 Backstroke	51
7	Men 400 Freestyle	90
8	Women 400 Freestyle	40
9	Men 50 Butterfly	99
10	Women 50 Butterfly	50
11	Men 200 Medley Relay	52
12	Women 200 Medley Relay	30
13	Men 50 Breaststroke	104
14	Women 50 Breaststroke	62
15	Men 100 Freestyle	109
16	Women 100 Freestyle	50
17	Men 200 Freestyle Relay	51
18	Women 200 Freestyle Relay	29

Total

1219

Entry information by Day		
Day / Session	No. of Entries	Total
A.M.	583	1219
P.M.	636	

Long Course Masters Swimming Competition – Part 3
長池先進游泳比賽 - 第三部份

Date: 24-06-2018 (Sunday)

Venue: Sun Yat Sen Memorial Park Swimming Pool 中山紀念公園游泳池

Morning Warm up/熱身: 0830 – 0920 Hrs

Morning First Event/開始: 0930 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN				WOMEN	
1	50 M	Freestyle	自由泳	2	
3	100 M	Breaststroke	蛙泳	4	
5	50 M	Backstroke	背泳	6	
7	400 M	Freestyle	自由泳	8	
Lunch Break 午膳時間					
9	50 M	Butterfly	蝶泳	10	
11	4 x 50 M	Medley Relay	四式接力	12	
13	50 M	Breaststroke	蛙泳	14	
15	100 M	Freestyle	自由泳	16	
17	4 x 50 M	Freestyle Relay	自由接力	18	

二零一八至一九年香港先進游泳比賽系列

比賽規程

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2018-2019 年度先進組別泳員。2018-19 年註冊費為港幣\$100 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 長池比賽：每名泳員可參加不多於 3 項個人項目。 ◇ 短池比賽：每名泳員可參加不多於 3+1 項個人項目。（其中一項必須為二十五米個人項目） ◇ 每項報名費為港幣\$12 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每項報名費為港幣\$20 元正。 <p>支票請劃線，抬頭寫 HKASA。</p>
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於 比賽截止報名 21 日前辦妥。(以泳總的公佈為準)
項目：	請參閱項目表。 所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 接力名單須於每節開賽前遞交。 ◇ 每次“缺席”的罰款為港幣\$10 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。
線道安排：	◇ 如有需要，不同的年齡及性別亦會安排一起以免剩餘一人作賽。
獎項：	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ *個人項目前八名可分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分 ◇ *接力首八名得分為 18,14, 12, 10, 8, 6, 4, 2。(年齡 18-24 組除外) ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。
規則：	<ul style="list-style-type: none"> ◇ 比賽採用國際泳聯的規則。 ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF”(未能完成比賽)。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。

	<p>◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下：</p> <p><u>第一次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。</p> <p><u>第二次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。</p> <p><u>第三次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。</p> <p><u>違規記錄於一個財政年度清算(由4月1日起至3月31日)</u></p>
上訴：	<p>◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的30分鐘內，連同上訴費港幣\$200元遞交予總裁判。</p> <p>◇ 上訴會交由該比賽之上訴委員會作決定。</p> <p>◇ 若上訴被駁回，已繳費用概不發還。</p>

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2018-19

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ All competitors must be 2018-19 registered masters (MS) swimmers of HKASA (2018-19 Registration Fee: HK\$100 per swimmer) ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2017-18 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKASA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ Each swimmer is limited to no more than 3 individual events for Long Course Competitions ※ Each swimmer is limited to no more than 3+1 individual events for Short Course Competitions (At least ONE 25m individual event is required) ※ HK\$12 per individual event <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ HK\$20 per team per relay event. <p>Paid by cheque. Crossed cheque made payable to 'HKASA'.</p>
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKASA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKASA)
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<ul style="list-style-type: none"> ※ Age is calculated as at 31 December of the year of the competition. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399

Scratches	<ul style="list-style-type: none"> ※ Scratches must be submitted 30 minutes before the scheduled start time of each session. ※ Relay entry form must be submitted before the scheduled start time of each session. ※ A fine of \$10 will be charged for each "no show". Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.
Seeding	<ul style="list-style-type: none"> ※ When necessary, different age will be seeded together so that no one will swim alone.
Awards	<ul style="list-style-type: none"> ※ Medals will be awarded to 1st, 2nd and 3rd places. ※ *Point score for first 8 places respectively (exclude Age 18-24 Group): Individual: 9 7 6 5 4 3 2 1 Relay: 18 14 12 10 8 6 4 2 ※ *Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.
Rules	<ul style="list-style-type: none"> ※ FINA rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish). ※ Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards. ※ Swimmers shall not replace the swimmers on the swimmers list without HKASA's permission, represented clubs will be punished as follows:- <u>First time of violation</u> A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given. <u>Second time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women's relay events will not be given. <u>Third time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events

	<p>during the competition will not be given and respective club shall be suspended from the next competition.</p> <p><i><u>Violation would be counted within one financial year, i.e. (starting from 1st April and ending 31st March)</u></i></p>
<p>Protest</p>	<ul style="list-style-type: none"> ※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※ If the protest is rejected, the fee paid will be forfeited to the HKASA.

* Not apply to Overseas Competitors.

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 2 - 6/5/2018)

MEN 50M FREESTYLE	NAME OF MEET				DATE ACHIEVED
LEE MING	SFC	85-89	0:46.70	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
LEE MING	SFC	80-84	0:41.01	Spring Masters Swimming Championships 2010	06-Mar-10
FU TAI CHUN	KTS	75-79	0:33.94	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
TIN SHEUNG KWAI	NWC	70-74	0:30.07	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
TIN SHEUNG KWAI	KTS	65-69	0:29.72	Annual Long Course Masters Swimming Championships	23-Nov-14
FU TAI CHUN	KTS	60-64	0:27.95	Summer Masters Swimming Championships 1999	19-Jun-99
FU TAI CHUN	KTS	55-59	0:28.02	Spring Masters Swimming Championships 1997	22-Mar-97
RUST STEFAN ROBERT	LRC	50-54	0:25.80	FINA World Masters Championships 2017	17-Aug-17
RUST STEFAN ROBERT	LRC	45-49	0:26.47	FINA World Masters Championships 2014	10-Aug-14
NORTJE, CRAIG ANDREW	CKW	40-44	0:25.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WONG KWOK WAH	SCA	35-39	0:24.80	Summer Masters Swimming Championships 2000	27-May-00
FU WING HARBETH	KTS	30-34	0:24.31	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
KONG CHUN YIN	FWC	25-29	0:24:11	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
CHANG GERRY JIUN YIH	KTS	18-24	0:24:17	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M FREESTYLE	NAME OF MEET				DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	0:52.94	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
OTSUKA YUKO	SGC	75-79	0:42.67	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
SUEN MING CHU	SFC	70-74	0:42.42	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
WANG LI	*WA	65-69	0:37.61	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17
TSEUNG NGA WAH	SFC	60-64	0:34.51	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
TSEUNG NGA WAH	SGC	55-59	0:34.71	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
COGGINS LYNDA ANNE	LRC	50-54	0:30.65	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
YAMAGUCHI MIKA	PSC	45-49	0:30.14	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
KELSEY JANE MACFARLAND	LRC	40-44	0:28.88	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	0:28.65	FINA World Masters Championships 2014	10-Aug-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:28.96	16th FINA World Masters Championships 2015 in Kazan	14-Aug-15
SETO WING YAN	NWC	25-29	0:29.28	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
YUEN SHUK WAI	SFC	18-24	0:28.52	Annual Long Course Masters Swimming Championships	23-Nov-14

MEN 100M FREESTYLE	NAME OF MEET				DATE ACHIEVED
LEE MING	SFC	85-89	1:49.14	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
LEE MING	SFC	80-84	1:38.42	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
TZENG TEH REN	SGC	75-79	1:23.46	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	1:14.18	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
FU TAI CHUN	KTS	65-69	1:08.31	Annual Masters Swimming Championships 2002	31-Aug-02
FU TAI CHUN	KTS	60-64	1:04.39	Spring Masters Swimming Championships 1998	21-Mar-98
MA ETIENNE	YMC	55-59	1:03.62	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
RUST STEFAN ROBERT	LRC	50-54	0:58.29	FINA World Masters Championships 2017	15-Aug-17
RUST STEFAN ROBERT	LRC	45-49	0:59.62	FINA World Masters Championships 2014	10-Aug-14
WOODRING DOUGLAS	CPS	40-44	0:58.99	Annual Masters Swimming Championships 2005	27-Aug-05
NORTJE CRAIG ANDREW	VRC	35-39	0:56.13	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
BEAHAN, GRANT KENNETH	BSC	30-34	0:56.01	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
FU WING HARBETH	KTS	25-29	0:54.16	Annual Masters Swimming Championships 2006	26-Aug-06
KONG CHUN YIN	HVA	18-24	0:54.18	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

WOMEN 100M FREESTYLE	NAME OF MEET				DATE ACHIEVED
MAK SUET MAN	SGC	80-84	2:23.43	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
WONG JIM	SFC	75-79	1:58.17	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
WONG JIM	KTS	70-74	1:49:60	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11
SUEN MING CHU	SFC	65-69	1:37.41	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
TSEUNG NGA WAH	SFC	60-64	1:22.04	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
ICHIKI MAMIKO	SGC	55-59	1:20.24	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
COGGINS LYNDA ANNE	LRC	50-54	1:10.99	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
YAMAGUCHI MIKA	PSC	45-49	1:07.73	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
KELSEY JANE MACFARLAND	LRC	40-44	1:01.45	16th FINA World Masters Championships 2015 in Kazan	11-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	1:01.54	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	1:04.36	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NG KA MAN	KTS	25-29	1:02.46	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
NG KA MAN	KTS	18-24	1:02.73	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 2 - 6/5/2018)

MEN 200M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	3:46.70	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
YANG YEE ZEI	NWC	75-79	3:38.31	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
POLSON IAN HASTINGS	LRC	70-74	3:07.65	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
CHAN KAM POR	SFC	65-69	2:43.01	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
CAMPBELL JOHN REID	SFC	60-64	2:40.82	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
HO ROBERT YAU CHUNG	LRC	55-59	2:24.07	FINA World Masters Championships 2014	10-Aug-14
JOHNSON ERIC ANDREW	LRC	50-54	2:14.33	FINA World Masters Championships 2014	10-Aug-14
<u>LILJESTROEM LENNART, PETER FREDRIC</u>	<u>LRC</u>	<u>45-49</u>	<u>2:13.09</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	2:08.51	FINA World Masters Championships 2017	16-Aug-17
NORTJE CRAIG ANDREW	VRC	35-39	2:05.90	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
WANG TIMOTHY JONG	LRC	30-34	2:05.11	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
<u>LI KA HO</u>	<u>LRC</u>	<u>25-29</u>	<u>2:13.52</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
HUI CHUN HIN	EWS	18-24	2:06.87	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12

WOMEN 200M FREESTYLE				NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	9:35.55	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
<u>WONG JIM</u>	<u>SFC</u>	<u>75-79</u>	<u>4:51.46</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
<u>SUEN MING CHU</u>	<u>SFC</u>	<u>70-74</u>	<u>3:36.37</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
SUEN MING CHU	SGC	65-69	3:27.53	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
TSEUNG NGA WAH	SFC	60-64	3:12.00	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>2:50.45</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
COGGINS LYNDA ANNE	LRC	50-54	2:32.26	FINA World Masters Championships 2014	10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:28.14	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:13.70	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	2:13.59	FINA World Masters Championships 2014	10-Aug-14
MORRISON RUTH	LRC	30-34	2:25.29	FINA World Masters Championships 2010	31-Jul-10
NG KA MAN	KTS	25-29	2:18.17	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
LAMB ENEKA MARIE	HIS	18-24	2:16.66	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 400M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	8:21.67	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
POLSON IAN HASTINGS	LRC	70-74	6:57.41	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
CHAN KAM POR	SFC	65-69	6:00.83	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17
CAMPBELL JOHN REID	SFC	60-64	5:54.18	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
HO ROBERT YAU CHUNG	LRC	55-59	5:11.90	FINA World Masters Championships 2014	10-Aug-14
MA ETIENNE	YMC	50-54	5:13.38	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11
LETCHER RICHARD ROY	LRC	45-49	4:57.32	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	4:35.39	FINA World Masters Championships 2017	17-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	4:33.35	FINA World Masters Championships 2012	16-Jun-12
CHOW KEVIN TZE HO	SCA	30-34	4:49.42	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11
MATTHEW JOSEPH BELECANECH	CKW	25-29	4:46.11	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17
LI CHUN HONG	HTA	18-24	4:25:08	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

WOMEN 400M FREESTYLE				NAME OF MEET	DATE ACHIEVED
NG YUNG HO	SGC	70-74	9:10.85	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14
SUEN MING CHU	SGC	65-69	7:13.63	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
SUEN MING CHU	SGC	60-64	7:02.63	Long Course Masters Swimming Competition - Part 3 2011	18-Sep-11
CASTKA GILLIAN HANCER	SFC	55-59	7:07:92	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
COGGINS LYNDA ANNE	LRC	50-54	5:25.06	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
PAZOS CHRISTENA MARIA	LRC	45-49	5:30.02	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
KELSEY JANE MACFARLAND	LRC	40-44	4:44.60	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	4:41.52	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	5:04.92	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
CARPENTER LINH THUC LUONG	LRC	25-29	5:12.71	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
MAU LOK YAN EUNICE	CUC	18-24	5:06.39	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 2 - 6/5/2018)

MEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	16:56.67	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
POLSON IAN HASTINGS	LRC	70-74	14:07.92	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
CHAN KAM POR	SFC	65-69	12:39.07	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CAMPBELL, JOHN REID	SFC	60-64	12:25.78	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	55-59	10:38.21	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SAKA TOSHIYUKI	SGC	50-54	10:41.17	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	9:47.75	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	9:30.23	FINA World Masters Championships 2017	14-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	9:28.64	FINA World Masters Championships 2012	10-Jun-12
WANG TIMOTHY JONG	LRC	30-34	9:43.41	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG HO LONG	NWC	25-29	10:19.48	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TSE HON TING	LWS	18-24	8:53.89	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

WOMEN 800M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEUNG MABEL YUEN YING	SFC	75-79	21:40.55	2016-17 Long Course Masters Swimming Competition Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	16:02.36	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SFC	65-69	13:11.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
SUEN MING CHU	SGC	60-64	14:45.72	Annual Long Course Masters Swimming Championships 2011	11-Dec-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	12:32.89	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	11:48.01	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KWOH DICK YUEN MARY	FFA	45-49	10:54.55	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KELSEY JANE MACFARLAND	LRC	40-44	9:42.82	16th FINA World Masters Championships 2015 in Kazan	10-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	9:48.87	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	10:53.53	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
CARPENTER LINH THUC LUONG	LRC	25-29	10:50.58	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
LAU SZE WING	HTA	18-24	10:22.03	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

MEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
MAK HEI CHI	SGC	85-89	1:05.35	2012-13 Long Course Masters Swimming Competition - Part 3	19-Aug-12
CHEUNG TSAN	SFC	80-84	0:56.40	Annual Long Course Masters Swimming Championships	23-Nov-14
TZENG TEH REN	SGC	75-79	0:43.53	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	0:38.52	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
TIN SHEUNG KWAI	SFC	65-69	0:35.70	FINA World Masters Championships 2014	10-Aug-14
WONG KEUNG LAP	KRS	60-64	0:34.93	Annual Masters Swimming Championships 1997	13-Sep-97
HO ROBERT YAU CHUNG	LRC	55-59	0:32.57	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	0:30.97	FINA World Masters Championships 2017	20-Aug-17
SAKA TAIHEI	SGC	45-49	0:30.37	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	0:32.00	FINA World Masters Championships 2017	18-Aug-17
NORTJE CRAIG ANDREW	VRC	35-39	0:30.38	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
BRADFORD LORD DILY	HMA	30-34	0:29.89	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SIU WAI WAN DEREK	KHC	25-29	0:29.76	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
KONG CHUN YIN	HVA	18-24	0:28.97	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	1:09.10	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
WONG JIM	SFC	75-79	0:55.07	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
WONG JIM	KTS	70-74	0:54.72	Annual Long Course Masters Swimming Championships	23-Nov-14
CHENG MIN	SFC	65-69	0:50.29	Spring Masters Swimming Championships 2006	25-Mar-06
LO LAI YING	NWC	60-64	0:48.32	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TSEUNG NGA WAH	SFC	55-59	0:45:08	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
COGGINS LYNDA ANNE	LRC	50-54	0:35.58	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
LAKE AMBER ROBYN	LRC	45-49	0:35.08	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
LAKE AMBER ROBYN	LRC	40-44	0:35.33	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	0:34.04	Annual Long Course Masters Swimming Championships	23-Nov-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.81	FINA World Masters Championships 2014	10-Aug-14
CARPENTER LINH THUC LUONG	LRC	25-29	0:33.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG YEE CHING	SLA	18-24	0:33.45	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 2 - 6/5/2018)

MEN 100M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	2:21.27	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
LAM LIT KWAN	SFC	75-79	1:56.76	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
<u>TIN SHEUNG KWAI</u>	<u>NWC</u>	<u>70-74</u>	<u>1:35.27</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
TIN SHEUNG KWAI	SFC	65-69	1:23.65	FINA World Masters Championships 2014	10-Aug-14
CHAN KAM POR	SFC	60-64	1:30.98	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
HO ROBERT YAU CHUNG	LRC	55-59	1:11.73	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	1:08.09	FINA World Masters Championships 2017	19-Aug-17
RUST STEFAN ROBERT	LRC	45-49	1:10.24	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
<u>NORTJE, CRAIG ANDREW</u>	<u>#FB</u>	<u>40-44</u>	<u>1:07.73</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
NORTJE, CRAIG ANDREW	VRC	35-39	1:06.66	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
SUN FAT YEE DAVID	FWC	30-34	1:09.95	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12
WANG HU	*WA	25-29	1:06.32	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
CHOI DERRICK CHRISTOPHER	LRC	18-24	1:02.10	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13

WOMEN 100M BACKSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:13.75	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
WONG JIM	KTS	70-74	2:12.88	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11
SUEN MING CHU	SFC	65-69	1:53.27	2016-17 Long Course Masters Swimming Competition Part 2	24-Apr-16
LO LAI YUNG	NWC	60-64	1:45.15	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
BAI XIUFEN	*WA	55-59	1:36.84	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
COGGINS LYNDA ANNE	LRC	50-54	1:17.38	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
LAKE AMBER ROBYN	LRC	45-49	1:19.43	FINA World Masters Championships 2017	19-Aug-17
KELSEY JANE MACFARLAND	LRC	40-44	1:13.75	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	1:14.06	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
CARPENTER LINH THUC LUONG	LRC	30-34	1:11.37	16th FINA World Masters Championships 2015 in Kazan	15-Aug-15
CARPENTER LINH THUC LUONG	LRC	25-29	1:14.07	FINA World Masters Championships 2012	15-Jun-12
LAMB ENEKA MARIE	HIS	18-24	1:11.36	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 50M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:06.71	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHAN KAM	SFC	80-84	0:54.52	Annual Masters Swimming Championships 2009	18-Oct-09
FU TAI CHUN	KTS	75-79	0:49.01	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12
TIN SHEUNG KWAI	NWC	70-74	0:42.33	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
YONG KHIN SYN	SFC	65-69	0:37.84	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
FU TAI CHUN	KTS	60-64	0:36.61	Annual Masters Swimming Championships 1998	12-Sep-98
WONG LUN KWOK	SFC	55-59	0:35.10	Annual Masters Swimming Championships 2002	31-Aug-02
WAN LAP SUN	FWC	50-54	0:34.83	2015-16 Long Course Masters Swimming Competition Part 1	20-Mar-16
COOPER, KENNETH ALLEN	PSC	45-49	0:32.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WAN LAP SUN	FWC	40-44	0:33.00	Spring Masters Swimming Championships 2006	25-Mar-06
LO JONATHAN KA YAN	LRC	35-39	0:31.56	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WAN LAP SUN	KTS	30-34	0:31.11	Summer Masters Swimming Championships 1998	13-Jun-98
GLASSMAN ZACHARY	LRC	25-29	0:30.66	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
YUEN MARCUS	PSC	18-24	0:30.47	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17

WOMEN 50M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
HO PO YEE	LTS	80-84	1:24.02	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
OTSUKA TUKO	SGC	75-79	0:56.26	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
WONG JIM	KTS	70-74	0:56.59	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:50.56	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEUNG WONG YIN HAR HAYLEY	SGC	60-64	0:47.46	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
LEUNG WAI FAN	KTS	55-59	0:38.73	2017-18 Long Course Masters Swimming Competition - Part 2	14-May-17
LEUNG WAI FAN	KTS	50-54	0:37.63	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
LEUNG WAI FAN	KTS	45-49	0:39.03	Annual Masters Swimming Championships 2007	21-Jul-07
LEUNG WAI FAN	KTS	40-44	0:38.79	Spring Masters Swimming Championships 2004	13-Mar-04
NG KAM FUNG	SFC	35-39	0:34.71	Summer Masters Swimming Championships 2000	27-May-00
BARNES RUTH	LRC	30-34	0:35.23	Annual Masters Swimming Championships 2013	24-Nov-13
LEE WAI SZE	NWC	25-29	0:36.34	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
LI TSZ YIU	HFS	18-24	0:35:53	Annual Masters Swimming Championships 2013	24-Nov-13

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 2 - 6/5/2018)

MEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:42.22	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
MAK HEI CHI	SGC	80-84	2:08.90	Annual Masters Swimming Championships 2008	06-Sep-08
CHAN KAM	SFC	75-79	1:55.28	Summer Masters Swimming Championships 2005	04-Jun-05
TIN SHEUNG KWAI	NWC	70-74	1:44.53	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17
CHAN KAM POR	SFC	65-69	1:26.42	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
CHAN KAM POR	SGC	60-64	1:24.95	2012-13 Long Course Masters Swimming Competition – Part 2	17-Jun-12
CHAN KAM POR	*HN	55-59	1:21.91	Summer Masters Swimming Championships 2008	14-Jun-08
CHAN KAM POR	KTS	50-54	1:17.66	Annual Masters Swimming Championships 2002	31-Aug-02
<u>COOPER, KENNETH ALLEN</u>	<u>PSC</u>	<u>45-49</u>	<u>1:15.29</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
WAN LAP SUN	FWC	40-44	1:15.87	Winter Masters Swimming Championships 2008	22-Nov-08
WAN LAP SUN	FWC	35-39	1:14.78		09-Oct-02
JACOBS DAMIAN KARL	LRC	30-34	1:14.34	FINA World Masters Championships 2014	10-Aug-14
LUK WING KIN ANDY	KHC	25-29	1:10.16	Annual Long Course Masters Swimming Championships	23-Nov-14
YUEN MARCUS	PSC	18-24	1:08.54	2017-18 Long Course Masters Swimming Competition Part 3	13-Aug-17

WOMEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	2:44.43	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
WONG JIM	SFC	75-79	2:09.00	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
WONG JIM	KTS	70-74	2:08.80	2012-13 Long Course Masters Swimming Competition - Part 3	19-Aug-12
SUEN MING CHU	KTS	65-69	1:51.76	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
SUEN MING CHU	SCA	60-64	1:46.35	Annual Masters Swimming Championships 2008	06-Sep-08
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>1:35.97</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
COGGINS LYNDA ANNE	LRC	50-54	1:29.58	Annual Long Course Masters Swimming Championships	23-Nov-14
WONG FUNG YEE	KTS	45-49	1:26.75	Summer Masters Swimming Championships 2009	06-Jun-09
LEUNG WAI FAN	KTS	40-44	1:27.30	Spring Masters Swimming Championships 2002	16-Mar-02
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:20.17	FINA World Masters Championships 2012	11-Jun-12
BARNES RUTH	LRC	30-34	1:18.68	FINA World Masters Championships 2012	11-Jun-12
LIU KA LEI	KTS	25-29	1:22.65	Spring Masters Swimming Championships 2010	06-Mar-10
KONG YVETTE MAN YI	SCA	18-24	1:13.79	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14

MEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	5:10.49	Masters Long Course Swimming Competition Part 1	26-Jan-14
LAM LIT KWAN	LTS	75-79	4:33.83	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
TIN SHEUNG KWAI	NWC	70-74	3:55.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SFC	65-69	3:19.33	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SGC	60-64	3:07.34	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	55-59	2:59.17	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	50-54	2:50.25	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	45-49	2:49.64	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
STAMENOVIC, IVAN	LRC	40-44	3:02.25	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LO JONATHAN KA YAN	LRC	35-39	2:47.70	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
VENDT ERIK KARL	LRC	30-34	2:42.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
GLASSMAN ZACHARY	LRC	25-29	2:23.47	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
YUEN MARCUS	PSC	18-24	2:38.14	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18

WOMEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG SUI YING	SFC	80-84	9:51.71	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
OTSUKA YUKO	SGC	75-79	4:39.40	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	4:01.57	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	3:58.01	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
SUEN MING CHU	SCA	60-64	3:54.41	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	3:31.49	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	3:09.55	FINA World Masters Championships 2014	10-Aug-14
COGGINS LYNDA ANNE	LRC	45-49	3:14.74	FINA World Masters Championships 2012	15-Jun-12
LAKE AMBER ROBYN	LRC	40-44	3:31.46	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
NEEDHAM SUZANNE HEIZER	LRC	35-39	2:56.78	FINA World Masters Championships 2012	15-Jun-12
MORRISON RUTH	LRC	30-34	2:53.80	FINA World Masters Championships 2010	31-Jul-10
LIU KA LEI	KTS	25-29	3:05.17	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
PANG HIU KWAN	JHC	18-24	3:13.71	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 2 - 6/5/2018)

MEN 50M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:11.44	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
MAK HEI CHI	SGC	80-84	0:58.81	Winter Masters Swimming Championships 2008	22-Nov-08
LEE CHE KWOK	SFC	75-79	0:53.57	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
FU TAI CHUN	KTS	70-74	0:37.28	Spring Masters Swimming Championships 2007	24-Mar-07
FU TAI CHUN	KTS	65-69	0:33.66	Annual Masters Swimming Championships 2002	31-Aug-02
FU TAI CHUN	KTS	60-64	0:30.60	Summer Masters Swimming Championships 1999	19-Jun-99
HO ROBERT YAU CHUNG	LRC	55-59	0:30.04	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
WONG KWOK WAH	KHC	50-54	0:27.94	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WOODRING DOUGLAS	BSC	45-49	0:27.47	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
<u>NORTJE, CRAIG ANDREW</u>	<u>#FB</u>	<u>40-44</u>	<u>0:26.98</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
NORTJE CRAIG ANDREW	CKW	35-39	0:26.70	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
BEAHAN, GRANT KENNETH	BSC	30-34	0:26.54	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:26.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
KONG CHUN YIN	CUC	18-24	0:26.49	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13

WOMEN 50M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	1:00.33	2016-17 Long Course Masters Swimming Competition - Part 2	24-Apr-16
WONG JIM	KTS	70-74	0:54.44	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11
SUEN MING CHU	SGC	65-69	0:45.64	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
<u>TSEUNG NGA WAH</u>	<u>SFC</u>	<u>60-64</u>	<u>0:39.95</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
<u>KIRKWOOD, TAIN MHAIRA</u>	<u>LRC</u>	<u>55-59</u>	<u>0:37.01</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
LEE TANYA DIANE	PSC	50-54	0:33.74	2015-16 Long Course Masters Swimming Competition - Part 2	31-May-15
PAZOS CHRISTENA MARIA	LRC	45-49	0:32.96	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
KELSEY JANE MACFARLAND	LRC	40-44	0:33.10	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
KELSEY JANE MACFARLAND	LRC	35-39	0:32.49	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
CHAN WING SUET	CKW	30-34	0:31.26	2016-17 Long Course Masters Swimming Competition - Part 2	24-Apr-16
NG KA MAN	KTS	25-29	0:29.30	Annual Long Course Masters Swimming Championships	23-Nov-14
WONG YEE CHING	SGC	18-24	0:30.27	Annual Long Course Masters Swimming Championships 2013	24-Nov-13

MEN 100M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	2:35.84	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
LAW KWAI FONG	SFC	75-79	2:13.21	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
WONG TAT CHOI	SFC	70-74	2:16.70	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
YONG KHIN SYN	SFC	65-69	1:41.99	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
YONG KHIN SYN	KTS	60-64	1:30.85	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KOO YU FAT MARCUS	FFA	55-59	1:11.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
JOHNSON ERIC ANDREW	LRC	50-54	1:04.49	FINA World Masters Championships 2014	10-Aug-14
SAKA TAIHEI	SGC	45-49	1:00.90	2013-14 Long Course Masters Swimming Competition - Part 1	04-Mar-12
NORTJE, CRAIG ANDREW	CKW	40-44	1:00.36	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CRAIG ANDREW NORTJE	VRC	35-39	0:59.58	FINA World Masters Championships 2014	10-Aug-14
BEAHAN, GRANT KENNETH	BSC	30-34	0:58.66	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
WANG TIMOTHY JONG	LRC	25-29	0:59.57	FINA World Masters Championships 2012	13-Jun-12
TSANG RONNIE	SFC	18-24	1:03.24	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15

WOMEN 100M BUTTERFLY

				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	1:56.01	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	1:48.29	Masters Long Course Swimming Competition Part 1	26-Jan-14
SUEN MING CHU	SCA	60-64	1:49.51	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	1:31.44	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEE TANYA DIANE	PSC	50-54	1:18.52	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
PAZOS CHRISTENA MARIA	LRC	45-49	1:12.50	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	1:13.55	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	1:13.49	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
CHAN WING SUET	CKW	30-34	1:11.93	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN WING SUET	LRC	25-29	1:08.66	FINA World Masters Championships 2014	10-Aug-14
MAU LOK YAN EUNICE	CUC	18-24	1:13.91	Masters Long Course Swimming Competition Part 1	26-Jan-14

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 2 - 6/5/2018)

MEN 200M INDIVIDUAL MEDLEY	NAME OF MEET				DATE ACHIEVED
LAW KWAI FONG	SFC	80-84	5:10.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WONG SHIU MING	SFC	75-79	4:24.87	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
TIN SHEUNG KWAI	NWC	70-74	3:38.48	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHAN KAM POR	SFC	65-69	3:04.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	KTS	60-64	3:01.62	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SAKA TOSHIYUKI	SGC	55-59	2:45.82	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CHAN KAM POR	KTS	50-54	2:26.14	Summer Masters Swimming Championships 2004	12-Jun-04
SAKA TAIHEI	SGC	45-49	2:23.04	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
NORTJE, CRAIG ANDREW	CKW	40-44	2:24.19	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
NORTJE CRAIG ANDREW	VRC	35-39	2:20.07	FINA World Masters Championships 2014	10-Aug-14
JACOBS DAMIAN CHARLES	LRC	30-34	2:25.69	FINA World Masters Championships 2014	10-Aug-14
GLASSMAN ZACHARY	LRC	25-29	2:13.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
WONG SING TSUM DEREK	CUC	18-24	2:21.50	Annual Long Course Masters Swimming Champions 2013	24-Nov-13

WOMEN 200M INDIVIDUAL MEDLEY	NAME OF MEET				DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	5:35.17	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
WONG JIM	SFC	75-79	4:49.42	Annual Long Course Masters Swimming Championships 2016	18-Dec-16
<u>SUEN MING CHU</u>	<u>SFC</u>	<u>70-74</u>	<u>3:49.34</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
SUEN MING CHU	SGC	65-69	3:47.99	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
SUEN MING CHU	SCA	60-64	3:37.27	Winter Masters Swimming Championships 2007	27-Jan-08
ICHIKI MAMIKO	SGC	55-59	3:24.42	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
COGGINS LYNDA ANNE	LRC	50-54	2:55.65	FINA World Masters Championships 2014	10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:46.91	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:41.17	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	2:37.75	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
BARNES RUTH	LRC	30-34	2:43.55	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
CHAN WING SUET	LRC	25-29	2:36.59	FINA World Masters Championships 2014	10-Aug-14
SETO WING YAN	NWC	18-24	2:42.87	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 4 X 50M FREESTYLE RELAY	NAME OF MEET				DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:23.05	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SWORD FISH CLUB	SFC	280+	2:27.16	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
<u>NEW WATER POLO CLUB</u>	<u>NWC</u>	<u>240+</u>	<u>2:03.84</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
SEA GREEN SWIMMING & LIFE SAVING CLUB	SGC	200+	1:52.52	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
LADIES' RECREATION CLUB	LRC	160+	1:41.91	FINA World Masters Championships 2017	18-Aug-17
<u>NEW WATER POLO CLUB</u>	<u>NWC</u>	<u>120+</u>	<u>1:44.04</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>
KWAN HUNG SWIMMING CLUB	KHC	100+	1:41.92	Annual Long Course Masters Swimming Championships 2016	18-Dec-16

WOMEN 4 X 50M FREESTYLE RELAY	NAME OF MEET				DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:08.62	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17
SWORD FISH CLUB	SFC	240+	2:35.65	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:12.67	FINA World Masters Championships 2012	14-Jun-12
LADIES' RECREATION CLUB	LRC	160+	1:58.32	16th FINA World Masters Championships 2015 in Kazan	14-Aug-15
LADIES' RECREATION CLUB	LRC	120+	1:55.57	FINA World Masters Championships 2012	14-Jun-12
KWUN TONG SWIMMING CLUB	KTS	100+	2:02.27	Winter Masters Swimming Championships 1995	09-Dec-95

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to Long Course Masters Swimming Competition Part 2 - 6/5/2018)

MEN 4 X 50M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:30.63	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SWORD FISH CLUB	SFC	280+	2:40.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SWORD FISH CLUB	SFC	240+	2:19.80	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
THE HONG KONG JOCKEY CLUB	HJC	200+	2:03.19	Winter Masters Swimming Championships 1993	11-Dec-93
YMCA OF HONG KONG	YMC	160+	1:53.94	Summer Masters Swimming Championships 1996	22-Jun-96
KWAN HUNG SWIMMING CLUB	KHC	120+	1:56.00	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17
YMCA OF HONG KONG	YMC	100+	1:51.11	Spring Masters Swimming Championships 1999	20-Mar-99

WOMEN 4 X 50M MEDLEY RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:21.30	1st Asian Masters Swimming Championships 1996	14-Sep-96
SWORD FISH CLUB	SFC	240+	2:48.90	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:32.48	2016-17 Long Course Master Swimming Competition - Part 2	24-Apr-16
LADIES' RECREATION CLUB	LRC	160+	2:10.35	Annual Masters Swimming Championships 1994	17-Sep-94
LADIES' RECREATION CLUB	LRC	120+	2:10.92	FINA World Masters Championships 2012	14-Jun-12
<u>NEW WATER POLO CLUB</u>	<u>NWC</u>	<u>100+</u>	<u>2:19.21</u>	<u>2018-19 Long Course Masters Swimming Competition - Part 2</u>	<u>06-May-18</u>

MIXED 4 X 50M FREESTYLE RELAY

				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	2:42.24	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
LADIES' RECREATION CLUB	LRC	240+	2:16.41	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
LADIES' RECREATION CLUB	LRC	200+	1:55.82	FINA World Masters Championships 2017	18-Aug-17
LADIES' RECREATION CLUB	LRC	160+	1:52.54	FINA World Masters Championships 2017	18-Aug-17
LADIES' RECREATION CLUB	LRC	120+	1:51.40	Annual Long Course Masters Swimming Championships 2014	23-Nov-14
NEW WATER POLO CLUB	NWC	100+	1:51.20	Annual Long Course Masters Swimming Championships 2017	25-Nov-17

2018-2019 MASTERS SWIMMING COMPETITION 400m and 800m Freestyle Standard Time

二零一八至二零一九年先進游泳比賽四百米及八百米自由泳標準時間

Male 男子	Master Age Group	<u>18-24</u>	<u>25-29</u>	<u>30-34</u>	<u>35-39</u>	<u>40-44</u>	<u>45-49</u>	<u>50-54</u>	<u>55-59</u>	<u>60-64</u>	<u>65-69</u>	<u>70 Over</u>
	400m	6:46	6:46	6:54	7:00	7:09	7:28	7:42	7:57	8:26	9:22	10:22
	800m	14:25	14:25	14:33	14:42	14:54	15:31	15:54	16:52	18:11	19:26	21:23

Female 女子	Master Age Group	<u>18-24</u>	<u>25-29</u>	<u>30-34</u>	<u>35-39</u>	<u>40-44</u>	<u>45-49</u>	<u>50-54</u>	<u>55-59</u>	<u>60-64</u>	<u>65-69</u>	<u>70 Over</u>
	400m	7:30	7:30	7:40	8:00	8:22	9:01	9:23	9:55	10:33	11:29	12:24
	800m	16:21	16:21	16:23	16:49	17:46	19:16	19:47	20:49	22:13	23:49	25:45

Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did Not Finish).

如參加四百米或八百米自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF” (未能完成比賽)。

Long Course Masters Swimming Competition Part 3

Reject List as at 6-6-2018

No.	Name	Event	Club	Remarks
1	Tsang Yik Chiu	1, 3, 13	KTS	No Reg.

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18
Psych Sheet

Event 1 Men 50 LC Meter Freestyle

18-24 MS:	24.17
25-29 MS:	24.11
30-34 MS:	24.31
35-39 MS:	24.80
40-44 MS:	25.42
45-49 MS:	26.47
50-54 MS:	25.80
55-59 MS:	28.02
60-64 MS:	27.95
65-69 MS:	29.72

	ID#	Name	Age	Team	Seed Time
18-24					
1	16201 B	Kwok, Yuk Hang	22	Kwun Tong	25.00
2	40333 IAZ	Lam, Pak Lai	21	Flying Fish	27.00
3	04683	Au, Ching Hong	24	Hong Kong Police	27.00
4	13240 IBZ	Chung, Ping San	23	Hong Kong Police	27.00
5	19810 IAZ	Lau, Ka Chun	22	Hong Kong Police	27.35
6	13477 B	Wong, Kwun Wa	22	Flying Fish	28.00
7	33918 IAZ	Chan, Ming Hin	23	Hong Kong Police	28.51
8	27803 B	Fan, Ka Ming	19	Current Club Ltd	29.23
9	35718 IAZ	Wong, Hon Leung	24	Tuen Mun S.T.	29.87
10	11659 B	Wu, Wing Hei Boris	22	Kwun Tong	30.00
11	41716 IAZ	Chow, Nok Man	18	Tuen Mun S.T.	32.30
12	41411 IAZ	Mok, Chun Wai	19	Sword Fish Club	40.00
13	26173 B	Lam, Hin Shun Thoms	21	Blue Whale	41.00
25-29					
1	14158 IAZ	Li, Hok Yee Terence	25	Flying Fish	25.50
2	06602 IBZ	Yam, Chi Ching	29	Fire Services	26.00
3	01038 IBZ	Leung, Tsz Chun	29	Diocesan School	26.00
4	05004 B	Leung, Ka Ming	27	Hong Kong Police	26.85
5	41694 IAZ	Tang, Toa	27	Hong Kong Police	27.00
6	01772	Pang, Hin Sing	27	Hong Kong Police	27.50
7	04048 IBZ	Cheung, Siu Long	27	Hong Kong Police	27.69
8	07559 IAZ	Wong, Man Hin	25	Pacific	27.80
9	07931 IBZ	Luk, Hiu Tsun	27	Hong Kong Police	28.19
10	40921 IAZ	Chan, Cho Yiu	25	Golden Dolphin	28.50
11	38144 IAZ	Li, Chung Wa	25	Hong Kong Police	29.00
12	17362 IAZ	Tsoi, Wai Kin	27	Flying Fish	29.99
13	41150 IAZ	Poon, Chun Yat	26	New Water Polo	31.00
14	10686	Chan, Ching	27	Golden Dolphin	32.00
15	08215 IBZ	Chan, Chin Lung	29	Sword Fish Club	32.00
16	38437 IAZ	Poon, Yat Lam	27	Sword Fish Club	33.00
30-34					
1	00557 #	Chow, Sik Hang	30	New Water Polo	25.00
2	39154 ICO	Beahan, Grant Kenneth	31	Barracuda	25.44
3	22420 IAZ	Chan, Chi Ming	32	Kwun Tong	26.00
4	27874 #IAZ	Chan, Cheuk Man	30	New Water Polo	27.00
5	05990 #IAZ	Ho, Ka Chun	32	New Water Polo	27.50
6	21013 IAZ	Wu, Sai Yiu	33	Hong Kong Police	31.06
7	02809 IAZ	Wong, Chi Kin Bioni	30	Sword Fish Club	32.00
35-39					
1	35791 IAO	Lewis, Gareth Rhys	39	LRC	26.54

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****35-39... (Event 1 Men 50 LC Meter Freestyle)**

2	35790 ICO	Launay, Thomas	39 LRC	28.00
3	38121 IAZ	Cheung, Chi Yan Clifford	38 Happy Valley	28.25
4	11587	Ng, Yu Hon	35 Sea Green	28.25
5	26592 IAZ	Ma, Kai Hong	35 Current Club Ltd	28.69
6	03796 ICZ	Chan, Pui Kei	37 New Water Polo	29.00
7	40841 IAX	Tsang, Kwok Tung	39 Diocesan School	29.90
8	32462 IAZ	Tang, Yin Hong	35 YMCA OF Hong Kong	30.00
9	12176 ICZ	Ng, Siu Yu	36 Hong Kong Police	30.38
10	07550 ICZ	Lee, Tsz Hong	37 Fire Services	33.00
11	38633 IAZ	Wong, Chun Yu	39 Lai Tsun	40.00
12	38035 IAZ	Mok, Kin Fan	38 Tolo Harbour	42.00
13	40001 IAZ	Yip, Ka Ho Tonie	36 Kwun Tong	47.81

40-44

1	27471 #ICO	Nortje, Craig Andrew	40 Hong Kong Footba	25.10
2	04238	Woo, Chun Kuen Douglas	40 LRC	26.21
3	40846 IAZ	Cheung, Chin Ho	43 Diocesan School	27.70
4	37671 ICO	Stamenovic, Ivan	42 LRC	27.77
5	34315 #IAZ	Yip, Chi Yan Christopher	43 Diocesan School	28.50
6	08930	So, Wai Yiu	42 Fire Services	30.00
7	02366	Li, Ka Wing	44 Kwun Tong	30.00
8	33299 IAZ	Chan, Tsz Cheung	40 Juan Hua Club	30.18
9	26077 IAZ	Tsui, Chun Wai	41 Hong Kong Police	30.29
10	16451	Cheng, Ngai Bun	40 Kwun Tong	31.00
11	36554 #ICO	Wolfers, Lachlan Robert	44 Hong Kong Footba	32.12
12	40844 IAZ	Lee, Hoi Wang Gary	44 Diocesan School	35.00
13	41342 IAZ	Fung, Nicholas Siu Kay	42 Tuen Mun	35.00
14	36146 IAZ	Cheng, Ka Chun	40 Happy Valley	35.00
15	31615 IAZ	Ho, Wai Hung	43 Current Club Ltd	38.17

45-49

1	37693 IAO	Sieh, Tien Yu	49 Kwun Tong	27.00
2	35237 #ICW	Lam, Veng Vai	45 Current Club Ltd	28.96
3	31054 IAO	Stimson, Mark Grant	47 Pacific	29.50
4	25112 IAO	Cheung Alexander, Howart	47 LRC	29.83
5	36962 IAZ	Leung, Yung Yu	46 Kwun Tong	30.00
6	40216 #ICO	Weller, Simon James	45 Hong Kong Footba	33.00
7	28892 #IAZ	Ho, Man Bo	45 New Water Polo	33.00
8	41758 IAO	Graham, Kym Alexander	45 Pacific	33.00
9	41731 IAO	Fong, Ryan Yen-hwung	46 Diocesan School	34.00
10	17701 #IAZ	Lee, Chor Fu	49 Wong Tai Sin	34.00
11	40633 IAON	Adams, Anthony Hayward	48 Pacific	35.58
12	35711 IAX	Wong, Fuk Kei	49 Sword Fish Club	43.00
13	04184	Woo, Siu Ming William	47 Sword Fish Club	1:05.00
14	06309	Wong, To	48 Fire Services	1:28.00
15	41715 IAZ	Chan, Yip Hung	48 Lai Tsun	NT

50-54

1	04166	Rust, Stefan Robert	51 LRC	25.81
2	02570 IAX	Wong, Kwok Wah	53 Kwan Hung	26.00
3	39940 #ICO	Ducanois, Jerome Louis Pi	52 Barracuda	28.50
4	35677 IAZ	Choy, Kwok Ping	50 Kwun Tong	29.00
5	41548 IAZ	Ip, Ka Keung Patrick	50 Hong Kong Footba	32.00
6	22433 #IAZ	Lui, Man Pong	53 New Water Polo	32.00
7	40592 IAZ	Fo, Pui Keung	54 Hong Kong Police	34.95
8	26594 IAZ	Ching, Wai Kin	54 Sword Fish Club	35.00
9	26261 IAZ	Tsun, Chung Wa Jode	54 Hong Kong Police	36.73

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****50-54... (Event 1 Men 50 LC Meter Freestyle)**

10	27869 IAZ	Lee, Kam Cheong	54	Sword Fish Club	37.00
11	38127 IAZ	Leung, Cheung Wai Ricky	50	Sword Fish Club	38.00
12	35238 #IAZ	Yuen, Chak Hay	50	Current Club Ltd	38.48
13	40836 IAZ	Ho, Kwok Chung Anthony	53	Diocesan School	40.00
14	40845 IAZ	Pang, Wai Man Billy	53	Diocesan School	1:05.00

55-59

1	15528	Tsui, Tak Shing Dominic	56	Pacific	30.85
2	26249 IAZ	Cheung, Yun Fai	58	Lai Tsun	33.00
3	07802	Chau, Kam Tim	58	Sea Green	33.00
4	17893 IAZ	Chan, Man Tin	59	Lai Tsun	35.00
5	32108 IAX	Chan, Kiu	56	Sword Fish Club	35.00
6	27465 IAZ	Ling, Kam Wah Kelvin	58	Lai Tsun	36.00
7	29485 IAZ	Tang, Cheuk Wa	58	Kwun Tong	37.00
8	20636 IAZ	Pang, Seung Chiu	59	Lai Tsun	39.00
9	19324 IAZ	Lau, Chun Ching	55	Kwun Tong	40.00
10	32520 IAX	Lam, Hoi	59	New Water Polo	41.00
11	40861 IAZ	Cheung, Chi Ming Rover	55	Sword Fish Club	45.00
12	20247 ICX	Wai, Chris Tak Wing	58	New Water Polo	59.00

60-64

1	14555	Tang, Kon Leong	62	Sword Fish Club	32.00
2	05071	Choi, Tony	60	LRC	32.78
3	06184	Ng, Pak Chiu	64	Sea Green	34.00
4	31217 IAX	Wong, Siu Man	62	Sword Fish Club	36.00
5	19327 IAZ	Yu, Kwok Chuen	63	Sword Fish Club	37.05
6	41383 IAZ	Keung, Sik Wing	62	Lai Tsun	42.00
7	25228 IAZ	Chan, Fai Ming	64	Lai Tsun	49.00

65-69

1	06268	Tse, Kwok Piu	67	Sword Fish Club	31.00
2	06398	Cho, Wai Sun	65	Kwun Tong	33.00
3	41729 IAZ	Ko, Leung Hung Alex	66	Diocesan School	50.00

70-74

1	23297 IAZ	Chan, Shing Chi	70	Lai Tsun	36.00
2	09171	Chan, Ying Chi	72	Sword Fish Club	42.00
3	24246 IAX	Yip, Chi Shing	73	Sword Fish Club	48.00

75-79

1	27135 IAX	Lam, Lit Kwan	77	Lai Tsun	41.00
2	28522 IAX	Wong, Tat Choi	77	Sword Fish Club	46.00
3	38301 IAX	Cheung, Hao Yen	75	Lai Tsun	52.00

80-84

1	05407	Lee, She Kwok	80	Sword Fish Club	48.00
2	15490	Law, Kwai Fong	82	Sword Fish Club	53.00
3	02987	Cheung, Tsan	84	Sword Fish Club	54.00
4	17964 IAZ	Kan, Ping Chu	80	Sea Green	55.00

85-89

1	06238	Lee, Ming	88	Sword Fish Club	46.00
---	-------	-----------	----	-----------------	-------

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18
Psych Sheet

Event 2 Women 50 LC Meter Freestyle

18-24 MS:	28.52
25-29 MS:	29.28
30-34 MS:	28.96
35-39 MS:	28.65
40-44 MS:	28.88
45-49 MS:	30.14
50-54 MS:	30.65
55-59 MS:	34.71
60-64 MS:	34.51
65-69 MS:	37.61

	ID#	Name	Age	Team	Seed Time
18-24...	(Event 2 Women 50 LC Meter Freestyle)				
1	05769 B	Kot, Chung Ling	24	Hong Kong Police	30.50
2	24882 IAZ	Cho, Pan Lam	20	Kwun Tong	32.00
3	19495 IAZ	Lai, Oi Hin	22	Golden Dolphin	33.00
4	35147 IAZ	To, Sze Wai Amy	21	Blue Whale	37.00
5	31023 IAZ	Cheung, Ka Yu	21	New Water Polo	40.00
6	41512 IAZ	Liu, Long Yan Sedna	19	Current Club Ltd	42.00
25-29					
1	03724 B	Chan, Ka Ka	26	Hong Kong Police	30.50
2	04049 IBZ	Fung, Yuen Tsz	28	Lai Tsun	36.00
3	28004 IAZ	Kwan, Ka Wan	25	Happy Valley	40.00
30-34					
1	39155 ICO	Beahan, Nicole Delyse	30	Barracuda	31.00
2	01305 IBZ	Liu, Ka Lei	33	Kwun Tong	31.00
3	00754 #IAZ	Yam, Shu Jun	31	Current Club Ltd	34.58
4	07651 IBZ	Yu, Sze Wai Joyce	30	Hong Kong Police	34.67
5	03183	Wong, Tsz Ting	31	Hong Kong Police	34.91
6	14023	Wu, Pui Yan Natalie	33	Hong Kong Police	34.95
7	40851 IAZ	Mak, Chung Kiu Joanna	32	Pacific	37.80
8	38425 IAZ	Lai, Kit Sum	31	Csu	40.00
35-39					
1	38440 ICO	Johnson, Melissa Ann	35	Pacific	29.25
2	40743 IAZ	Chiu, Hoi Yung	35	Lai Tsun	36.00
3	33300 IAZ	Cheng, Ka Kee	38	Juan Hua Club	38.28
4	38503 ICX	Pu, Shu	38	Barracuda	43.00
5	34701 IAZ	Au, Hoi Ying	35	Flying Fish	44.21
6	06732 IAZ	Chan, Sin Jon Kimmy	39	Sword Fish Club	48.00
40-44					
1	36434 #IAZ	Lam, Wing Yan Jada	44	Pacific	34.00
2	40675 IAON	James, Georgina Frances	43	LRC	36.51
3	27128 IAZ	Lau, Yan Yan	44	Flying Fish	38.82
4	41149 IAZ	Yeung, Oi Mei	41	New Water Polo	45.00
45-49					
1	28770 IAZ	Cromwell, Nicole Samanth	46	LRC	32.91
2	04986	Pun, Kok Ching	45	Fire Services	33.00
3	27463 IAX	Chen, Yugen	47	New Water Polo	40.00
4	36034 IAZ	Kwok, Kin Yee	45	Flying Fish	45.00
5	35969 IAX	Wang, Ying Lian	46	Happy Valley	45.00
6	36840 IAZ	Chung, Ching Han Anna	46	Sea Green	45.00
7	41717 IAX	Shek, Man	47	Tuen Mun S.T.	1:10.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****50-54... (Event 2 Women 50 LC Meter Freestyle)**

1	08917	Chang, Lai Shan Eliza	50 Kwun Tong	34.00
2	40907 IAZ	Lai, Shui Nin Ingrid	51 YMCA OF Hong Kong	34.00
3	06352	Liang, Wei Qiong	53 Sword Fish Club	35.00
4	29752 IAZ	Chow, Yee Heung Liza	54 Lai Tsun	36.00
5	23323 IAZ	Tam, Choi Ping Scalene	53 New Water Polo	37.00
6	26590 ICO	Bahr Fleming, Heidi	52 LRC	39.36
7	38981 ICO	Wright, Andrea Lee	53 Barracuda	40.56
8	37623 IAZ	Au, Wing Sze Grace	50 Sword Fish Club	42.00
9	40575 IAO	Chan, San Ngah	50 Sword Fish Club	42.00
10	36045 IAZN	Hsu, Ava	51 LRC	51.97

55-59

1	26049 IAZ	Kirkwood, Tain Mhaira	55 LRC	32.91
2	32025 IAZ	Sin, Lai Wan Vicky	58 Kwun Tong	43.00
3	20001 IAZ	Leung, Siu Ling	58 Kwun Tong	45.00

60-64

1	03503	Castka, Gillian Hancer	62 Sword Fish Club	37.00
2	06355	Lo, Lai Yung	63 New Water Polo	42.00
3	06214 IAZN	Lui, Yuen Mei Mitra	61 Sword Fish Club	48.00
4	06127	Lau, Wai Lin	62 New Water Polo	1:10.00
5	06772	Miao, Yun Yim Connie	62 Tuen Mun S.T.	1:45.00
6	02711 #	Fok, Wai Fung	60 Wong Tai Sin	NT

65-69

1	05412	Chu, Lui Kwong	67 Sword Fish Club	49.00
---	-------	----------------	--------------------	-------

70-74

1	30506 IAX	Li, Hoi Ying	70 Sword Fish Club	46.00
2	07446	Lo, Kuk Chun	70 Sword Fish Club	52.00
3	32571 IAZ	Chan, Pui Yee	74 Sword Fish Club	55.00
4	08936	Leong, Kuai Heng	72 New Water Polo	1:07.00
5	02365	Chow, So Kam	73 Kwun Tong	2:05.00

75-79

1	06372 IAZ	Leung, Mabel Yuen Ying	76 Sword Fish Club	50.00
2	13262 #	Kwong, Shuet Hing	78 Wong Tai Sin	1:12.21

80-84

1	06144	Mak, Suet Man	81 Sea Green	1:15.00
---	-------	---------------	--------------	---------

85-89

1	06375	Chan, Wai Kiang	85 Kwun Tong	1:05.00
---	-------	-----------------	--------------	---------

Event 3 Men 100 LC Meter Breaststroke

18-24 MS: 1:08.54

25-29 MS: 1:10.16

30-34 MS: 1:14.34

35-39 MS: 1:14.78

40-44 MS: 1:15.87

45-49 MS: 1:15.29

50-54 MS: 1:17.66

55-59 MS: 1:21.91

60-64 MS: 1:24.95

65-69 MS: 1:26.42

	ID#	Name	Age Team	Seed Time
18-24				
1	29046 IAZ	Chan, Hei Yin Bryan	20 Kornhill	1:11.57
2	27803 B	Fan, Ka Ming	19 Current Club Ltd	1:24.40
3	26173 B	Lam, Hin Shun Thoms	21 Blue Whale	1:40.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****25-29... (Event 3 Men 100 LC Meter Breaststroke)**

1	02591	Luk, Wing Kin Andy	29	Kwan Hung	1:07.38
2	02700 IB	Chong, Jeffrey	27	Kwan Hung	1:13.00
3	13715 #IBZ	Chan, Paak Hang	27	New Water Polo	1:30.00
4	33387 #IAO	Wu, Kenneth Yee Lok	27	Sword Fish Club	1:30.00
5	06926 B	Tse, Cheuk Pan	29	Sea Green	1:30.00
6	08215 IBZ	Chan, Chin Lung	29	Sword Fish Club	1:35.00
7	40921 IAZ	Chan, Cho Yiu	25	Golden Dolphin	1:37.00
8	29833 IAZ	Chow, Chun Pui	27	Sea Green	1:38.00
30-34					
1	27873 #IAZ	Ko, King Hei	30	New Water Polo	1:20.00
2	00095	Wan, Tsz Pat	31	Current Club Ltd	1:21.37
3	26045	Lui, Ming Chun Pierre	34	Kwun Tong	1:30.00
4	02809 IAZ	Wong, Chi Kin Bioni	30	Sword Fish Club	1:35.00
35-39					
1	05145	Lo, Jonathan Ka Yan	35	LRC	1:10.62
2	24266 IAZ	Ma, Ling Ho Herwin	35	Hong Kong Police	1:26.00
3	01465 ICZ	Chiang, Filomeno	36	Hong Kong Police	1:28.00
4	19336 IAZ	Ma, Ling Kei Kelvin	36	Hong Kong Police	1:28.00
5	03796 ICZ	Chan, Pui Kei	37	New Water Polo	1:30.00
6	32462 IAZ	Tang, Yin Hong	35	YMCA OF Hong Kong	1:30.00
7	18880 IAZ	Chan, Ho Wai Howard	37	Happy Valley	1:35.00
8	12262 #	Ma, Chin Ho	38	Wong Tai Sin	1:40.00
9	05155	Chan, Albert Kam Ming	37	Diocesan School	1:40.00
10	40834 IAZ	Chang, His Tse JosephJer	39	Diocesan School	1:45.00
11	38433 IAZ	Chi, Siu Kei	35	Sea Green	1:49.00
40-44					
1	35310 IAZ	Kan, Hok Lun Alan	41	Kowloon Tong Club	1:25.00
2	04238	Woo, Chun Kuen Douglas	40	LRC	1:25.00
3	33299 IAZ	Chan, Tsz Cheung	40	Juan Hua Club	1:26.05
4	24603 IAZ	Hung, Ka Ming	43	YMCA OF Hong Kong	1:35.00
5	16451	Cheng, Ngai Bun	40	Kwun Tong	1:40.00
6	34688 IAZ	Cheung, Chung Lok	40	Lai Tsun	1:45.00
7	40835 IAZ	Leung, Wing Hong Alvin	44	Diocesan School	1:48.00
8	41342 IAZ	Fung, Nicholas Siu Kay	42	Tuen Mun	1:50.00
9	40837 IAZ	Lau, Wai Kin Kelvin	43	Diocesan School	1:53.00
10	40838 IAZ	Wong, Tat Shing Joe	41	Diocesan School	1:53.00
45-49					
1	25112 IAO	Cheung Alexander, Howart	47	LRC	1:21.00
2	37693 IAO	Sieh, Tien Yu	49	Kwun Tong	1:26.00
3	26317 IAZN	Tung, Shang Wei Timothy	48	Kwun Tong	1:28.00
4	28518 IAZ	Yau, Wo Fung	46	Kwun Tong	1:30.00
5	21008 #IAZ	Cheung, Chun Kwan Mich:	45	Wong Tai Sin	1:30.00
6	21025 IAX	Yue, Ngai Ho	48	Happy Valley	1:33.00
7	38212 IAO	Scherrer, Michael	46	Pacific	1:40.00
8	20243 IAZ	Lo, Moon Kei	48	Sea Green	1:45.00
9	41731 IAO	Fong, Ryan Yen-hwung	46	Diocesan School	1:50.00
50-54					
1	18856 IAZ	Au, Mun Shing	53	Sword Fish Club	1:22.00
2	35677 IAZ	Choy, Kwok Ping	50	Kwun Tong	1:24.00
3	39940 #ICO	Ducanois, Jerome Louis Pi	52	Barracuda	1:25.00
4	05138 #	Lanzone, Francesco	50	Barracuda	1:26.00
5	40591 IAZ	Chan, Man Cheung Lauren	51	Hong Kong Police	1:37.58
6	38991 IAZ	Tong, Wing Kin	52	City East	1:38.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****50-54... (Event 3 Men 100 LC Meter Breaststroke)**

7	27869 IAZ	Lee, Kam Cheong	54	Sword Fish Club	1:46.00
8	40839 IAZ	Leung, Wing Hang Michae	53	Diocesan School	1:47.00
9	38127 IAZ	Leung, Cheung Wai Ricky	50	Sword Fish Club	1:50.00
10	40845 IAZ	Pang, Wai Man Billy	53	Diocesan School	2:40.00
55-59					
1	05191	Koo, Yu Fat Marcus	56	Flying Fish	1:23.00
2	32108 IAX	Chan, Kiu	56	Sword Fish Club	1:35.00
3	07802	Chau, Kam Tim	58	Sea Green	1:39.00
4	19347 IAZ	Wun, Chun Leung	55	Hong Kong Police	1:39.23
5	26176 IAX	Ho, Chung Man	55	Lai Tsun	1:42.00
6	06119	Tsang, Yiu Nam	58	Blue Whale	1:50.00
7	32520 IAX	Lam, Hoi	59	New Water Polo	1:50.00
8	25226 IAZ	Choi, Tai Wing	57	Sword Fish Club	1:55.00
9	20247 ICX	Wai, Chris Tak Wing	58	New Water Polo	2:59.00
60-64					
1	14555	Tang, Kon Leong	62	Sword Fish Club	1:32.00
2	31217 IAX	Wong, Siu Man	62	Sword Fish Club	1:35.00
3	06176	Wong, Kung Wan	62	Sea Green	1:35.00
4	25228 IAZ	Chan, Fai Ming	64	Lai Tsun	1:45.00
5	15527	Zhou, Hao	60	Happy Valley	1:48.00
6	35236 IAZ	Chan, Pui Ming Sunny	64	Sword Fish Club	2:00.00
65-69					
1	05917	Yong, Khin Syn	69	Sword Fish Club	1:38.00
2	14035	Wong, Shing Kuen	65	Lai Tsun	1:46.00
70-74					
1	06383	Dew, Yuk Kwei	71	Kwun Tong	1:41.00
2	10274	Lau, Chun Nung	72	Lai Tsun	1:50.00
3	40518 IAZ	Liu, Wing Chiu	70	Tuen Mun	2:00.00
4	14029	Ieong, Vun Fai	72	Sword Fish Club	2:02.00
75-79					
1	23959 IAZ	Chiu, Chin Hung	78	Kornhill	2:19.51
80-84					
1	16471	Wong, Yuen Ying	82	Kornhill	2:49.12
2	17832 IAX	Chan, Sau	81	Sword Fish Club	3:15.00

Event 4 Women 100 LC Meter Breaststroke

18-24 MS:	1:13.79
25-29 MS:	1:22.65
30-34 MS:	1:18.68
35-39 MS:	1:20.17
40-44 MS:	1:27.30
45-49 MS:	1:26.75
50-54 MS:	1:29.58
55-59 MS:	1:35.97
60-64 MS:	1:46.35
65-69 MS:	1:51.76

	ID#	Name	Age	Team	Seed Time
18-24					
1	11646 IAZ	Lau, Ying Ki Yuki	22	Pacific	1:35.00
2	35147 IAZ	To, Sze Wai Amy	21	Blue Whale	1:42.00
3	17820 IAZ	Tam, Wing Lam	23	Sea Green	1:45.00
4	08727 #B	Hung Yuen Ching, Moose (22	New Water Polo	1:50.00
5	31023 IAZ	Cheung, Ka Yu	21	New Water Polo	1:55.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****25-29... (Event 4 Women 100 LC Meter Breaststroke)**

1	28004 IAZ	Kwan, Ka Wan	25 Happy Valley	1:40.00
2	38431 IAZ	Tsang, Hiu Ching	26 Hong Kong Police	1:41.46
3	17819 IAZ	Tam, Wing Shan	26 Sea Green	1:50.00
4	40936 IAZ	Chan, Po Yan	28 New Water Polo	2:00.00
30-34				
1	03791 IBZ	Leung, Shu Hang	31 Current Club Ltd	1:23.94
2	01305 IBZ	Liu, Ka Lei	33 Kwun Tong	1:25.00
3	00777 IBZ	Tse, Yu Ting	32 New Water Polo	1:58.00
4	13384 ICZ	Lee, May Sze Mei	31 New Water Polo	2:15.00
35-39				
1	40632 ICO	Baaklini, Cynthia	38 Pacific	1:41.03
2	39979 IAZ	Lam, Ling Wai Jessica	39 Lai Tsun	1:53.15
3	06732 IAZ	Chan, Sin Jon Kimmy	39 Sword Fish Club	1:58.00
4	40743 IAZ	Chiu, Hoi Yung	35 Lai Tsun	NT
40-44				
1	35765 IAZ	Wong, See Ming	40 Hong Kong Police	1:35.81
45-49				
1	35969 IAX	Wang, Ying Lian	46 Happy Valley	1:48.00
2	35772 IAX	Ban, Xianhai	46 New Water Polo	1:50.00
3	36840 IAZ	Chung, Ching Han Anna	46 Sea Green	1:50.00
4	06349	Ip, Oi Wa Wendy	46 Sword Fish Club	1:56.00
50-54				
1	39092 I	Chan, Chok Wa	51 Sword Fish Club	1:32.00
2	16303	Rana, Naomi	52 LRC	1:52.99
3	33084 IAZ	Mau, Chi Chiu Brenda	50 Kwun Tong	2:00.00
55-59				
1	16533	Wong, Shun Ying	59 Sea Green	1:58.00
2	20001 IAZ	Leung, Siu Ling	58 Kwun Tong	2:00.00
3	34668 IAZ	Tang, Pik Ha	58 New Water Polo	2:07.00
4	20640 IAZ	Wong, Fung Yee	58 Sword Fish Club	2:15.00
5	24216 IAZ	Li, Chuk Ping	56 Sword Fish Club	2:30.00
6	26257 IAX	Lo, Shuk Ling	58 Sword Fish Club	2:30.00
60-64				
1	14020	Poon, Wai Fun	61 Sea Green	1:55.00
2	02711 #	Fok, Wai Fung	60 Wong Tai Sin	1:59.00
3	23957 IAX	Yeung, Tun Lim Lily	61 Sword Fish Club	2:10.00
4	06355	Lo, Lai Yung	63 New Water Polo	2:16.00
5	14007	Ho, Yuk Ling	61 Happy Valley	2:21.00
6	06127	Lau, Wai Lin	62 New Water Polo	3:00.00
65-69				
1	39357	Mak, Sok Iun	68 Sword Fish Club	1:50.00
2	06147	Leung Wong, Yin Har Hayl	66 Sea Green	1:54.00
3	38462 IAZN	Shum, Shuk Wah Nora	66 Sword Fish Club	2:08.00
70-74				
1	30506 IAX	Li, Hoi Ying	70 Sword Fish Club	2:20.00
2	08936	Leong, Kuai Heng	72 New Water Polo	3:40.00
85-89				
1	06375	Chan, Wai Kiang	85 Kwun Tong	2:46.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18
Psych Sheet

Event 5 Men 50 LC Meter Backstroke

18-24 MS:	28.97
25-29 MS:	29.76
30-34 MS:	29.89
35-39 MS:	30.38
40-44 MS:	32.00
45-49 MS:	30.37
50-54 MS:	30.97
55-59 MS:	32.57
60-64 MS:	34.93
65-69 MS:	35.70

	ID#	Name	Age	Team	Seed Time
18-24... (Event 5 Men 50 LC Meter Backstroke)					
1	16201 B	Kwok, Yuk Hang	22	Kwun Tong	30.00
2	13240 IBZ	Chung, Ping San	23	Hong Kong Police	32.50
3	19810 IAZ	Lau, Ka Chun	22	Hong Kong Police	32.62
4	27803 B	Fan, Ka Ming	19	Current Club Ltd	32.88
5	10294 B	Cheng, Hei Chun	22	Diocesan School	33.00
6	11659 B	Wu, Wing Hei Boris	22	Kwun Tong	35.00
7	35718 IAZ	Wong, Hon Leung	24	Tuen Mun S.T.	38.00
8	26173 B	Lam, Hin Shun Thoms	21	Blue Whale	45.00
25-29					
1	05004 B	Leung, Ka Ming	27	Hong Kong Police	32.50
2	01772	Pang, Hin Sing	27	Hong Kong Police	33.50
3	38144 IAZ	Li, Chung Wa	25	Hong Kong Police	34.00
4	05854 IAZ	Cho, Wai Ching	27	Flying Fish	36.00
5	10686	Chan, Ching	27	Golden Dolphin	38.00
6	33387 #IAO	Wu, Kenneth Yee Lok	27	Sword Fish Club	39.00
7	40921 IAZ	Chan, Cho Yiu	25	Golden Dolphin	40.00
8	41150 IAZ	Poon, Chun Yat	26	New Water Polo	40.00
9	38437 IAZ	Poon, Yat Lam	27	Sword Fish Club	43.00
10	08215 IBZ	Chan, Chin Lung	29	Sword Fish Club	45.00
30-34					
1	21013 IAZ	Wu, Sai Yiu	33	Hong Kong Police	36.79
2	26045	Lui, Ming Chun Pierre	34	Kwun Tong	37.00
3	02087	Chan, Chuk On	32	Diocesan School	40.00
4	00603	Hui, Ting Yiu	33	Sword Fish Club	45.00
5	02809 IAZ	Wong, Chi Kin Bioni	30	Sword Fish Club	45.00
35-39					
1	01948 #ICZ	Tang, Ho Yuen	36	Diocesan School	38.00
2	07550 ICZ	Lee, Tsz Hong	37	Fire Services	38.00
3	26592 IAZ	Ma, Kai Hong	35	Current Club Ltd	40.00
4	38121 IAZ	Cheung, Chi Yan Clifford	38	Happy Valley	40.25
5	11587	Ng, Yu Hon	35	Sea Green	40.25
6	40841 IAX	Tsang, Kwok Tung	39	Diocesan School	42.00
7	03796 ICZ	Chan, Pui Kei	37	New Water Polo	50.00
40-44					
1	27471 #ICO	Nortje, Craig Andrew	40	Hong Kong Footba	30.95
2	04238	Woo, Chun Kuen Douglas	40	LRC	32.00
3	34315 #IAZ	Yip, Chi Yan Christopher	43	Diocesan School	35.00
4	40846 IAZ	Cheung, Chin Ho	43	Diocesan School	38.00
5	36554 #ICO	Wolfers, Lachlan Robert	44	Hong Kong Footba	38.36
6	31573 ICO	Barnes, Simon Andrew	43	LRC	38.37

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18

Psych Sheet

40-44... (Event 5 Men 50 LC Meter Backstroke)

7	36146 IAZ	Cheng, Ka Chun	40 Happy Valley	40.00
8	24603 IAZ	Hung, Ka Ming	43 YMCA OF Hong Kong	40.00
9	34688 IAZ	Cheung, Chung Lok	40 Lai Tsun	45.00
10	26077 IAZ	Tsui, Chun Wai	41 Hong Kong Police	45.04
11	28993 IAX	Tung, Tin	41 Happy Valley	48.00
12	31615 IAZ	Ho, Wai Hung	43 Current Club Ltd	57.75
45-49				
1	34619 P	Liljestroem Lennart, Peter	45 LRC	32.37
2	36962 IAZ	Leung, Yung Yu	46 Kwun Tong	34.00
3	06711	Leung, Tsz Kin	46 New Water Polo	34.00
4	06309	Wong, To	48 Fire Services	36.00
5	37693 IAO	Sieh, Tien Yu	49 Kwun Tong	36.00
6	31054 IAO	Stimson, Mark Grant	47 Pacific	38.00
7	41758 IAO	Graham, Kym Alexander	45 Pacific	46.00
8	40633 IAON	Adams, Anthony Hayward	48 Pacific	46.50
9	35711 IAX	Wong, Fuk Kei	49 Sword Fish Club	1:09.00
50-54				
1	04166	Rust, Stefan Robert	51 LRC	30.97
2	41548 IAZ	Ip, Ka Keung Patrick	50 Hong Kong Footba	40.00
3	32253 IAZ	Watt, Kam Sing Michael	51 Kowloon Tong Club	40.00
4	22433 #IAZ	Lui, Man Pong	53 New Water Polo	40.00
5	21736 IAM	Lo, Lai Tou	50 Sword Fish Club	45.00
6	40840 IAZ	Ng, Ka Yiu Karl	54 Diocesan School	45.00
7	23495 IAZ	Lam, Ping Fai Randy	50 Kwun Tong	50.00
8	40845 IAZ	Pang, Wai Man Billy	53 Diocesan School	55.00
9	35238 #IAZ	Yuen, Chak Hay	50 Current Club Ltd	55.10
10	38991 IAZ	Tong, Wing Kin	52 City East	1:00.00
55-59				
1	41007 IAZ	So, Man Sing	57 Sea Green	40.00
2	26250 IAZ	Lau, Cho Tak	55 Lai Tsun	41.00
3	17893 IAZ	Chan, Man Tin	59 Lai Tsun	46.00
4	27465 IAZ	Ling, Kam Wah Kelvin	58 Lai Tsun	52.00
5	26245 IAZ	Choi, Hei Shing	59 Kwun Tong	54.00
6	06119	Tsang, Yiu Nam	58 Blue Whale	55.00
7	25226 IAZ	Choi, Tai Wing	57 Sword Fish Club	55.00
8	19324 IAZ	Lau, Chun Ching	55 Kwun Tong	57.00
60-64				
1	06187	Kan, Kai Kwong	63 Sea Green	39.00
2	36553 #IAO	Inglis, Peter	64 Hong Kong Footba	39.91
3	41383 IAZ	Keung, Sik Wing	62 Lai Tsun	46.00
4	31217 IAX	Wong, Siu Man	62 Sword Fish Club	46.00
5	06388	Lau, Man Kin	64 Sword Fish Club	48.00
6	06176	Wong, Kung Wan	62 Sea Green	49.00
7	15527	Zhou, Hao	60 Happy Valley	50.00
8	04500	Cheung, Ip Chor	63 Sword Fish Club	53.00
9	35236 IAZ	Chan, Pui Ming Sunny	64 Sword Fish Club	54.00
10	06239	Chan, King Yuen	63 Lai Tsun	NT
65-69				
1	06398	Cho, Wai Sun	65 Kwun Tong	41.00
2	06124	Szeto, Kwan Yin	65 New Water Polo	48.00
3	16472	Au, Po Lam	65 Kornhill	48.89
4	38699 IAZ	Tse, Siu Hei	68 Kornhill	52.17
5	22182 IAZ	Ngai, Yin Leung	69 Sword Fish Club	59.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****70-74... (Event 5 Men 50 LC Meter Backstroke)**

1	10274	Lau, Chun Nung	72	Lai Tsun	48.00
2	24246 IAX	Yip, Chi Shing	73	Sword Fish Club	1:02.00
3	06274	Wong, Yau Chuen	72	Sword Fish Club	1:04.00
4	09171	Chan, Ying Chi	72	Sword Fish Club	1:20.00

75-79

1	10279	Wong, Shiu Ming	76	Sword Fish Club	50.00
---	-------	-----------------	----	-----------------	-------

80-84

1	05407	Lee, She Kwok	80	Sword Fish Club	58.00
2	02987	Cheung, Tsan	84	Sword Fish Club	1:06.00

Event 6 Women 50 LC Meter Backstroke**18-24 MS: 33.45****25-29 MS: 33.38****30-34 MS: 32.81****35-39 MS: 34.04****40-44 MS: 35.33****45-49 MS: 35.08****50-54 MS: 35.58****55-59 MS: 45.08****60-64 MS: 48.32****65-69 MS: 50.29**

	ID#	Name	Age	Team	Seed Time
18-24					
1	24951 IAZ	Yam, Bo Yee	19	Kwun Tong	34.00
2	05769 B	Kot, Chung Ling	24	Hong Kong Police	38.00
3	41512 IAZ	Liu, Long Yan Sedna	19	Current Club Ltd	45.00
4	31023 IAZ	Cheung, Ka Yu	21	New Water Polo	48.00
25-29					
1	02455 IAZ	Yu, Hoi Yung April	27	Pacific	36.00
2	03724 B	Chan, Ka Ka	26	Hong Kong Police	37.00
3	28004 IAZ	Kwan, Ka Wan	25	Happy Valley	45.00
4	40936 IAZ	Chan, Po Yan	28	New Water Polo	1:00.00
30-34					
1	03183	Wong, Tsz Ting	31	Hong Kong Police	40.00
2	38425 IAZ	Lai, Kit Sum	31	Csu	45.00
3	00754 #IAZ	Yam, Shu Jun	31	Current Club Ltd	53.00
4	13384 ICZ	Lee, May Sze Mei	31	New Water Polo	1:00.00
35-39					
1	33300 IAZ	Cheng, Ka Kee	38	Juan Hua Club	49.94
40-44					
1	35765 IAZ	Wong, See Ming	40	Hong Kong Police	41.00
2	40853 IAO	Tam, Alison Mai Ling	40	Pacific	42.00
3	06315	Chan, Sui Yee	42	LRC	45.17
4	36961 IAZ	Tung, Fung	41	Kwun Tong	53.00
45-49					
1	04986	Pun, Kok Ching	45	Fire Services	39.00
2	28770 IAZ	Cromwell, Nicole Samanth	46	LRC	42.88
3	35772 IAX	Ban, Xianhai	46	New Water Polo	48.00
4	27463 IAX	Chen, Yugen	47	New Water Polo	50.00
5	39310 IAZ	Au-Yeung, Sze	45	Lai Tsun	55.18
50-54					
1	29752 IAZ	Chow, Yee Heung Liza	54	Lai Tsun	41.00
2	06352	Liang, Wei Qiong	53	Sword Fish Club	43.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****50-54... (Event 6 Women 50 LC Meter Backstroke)**

3	08917	Chang, Lai Shan Eliza	50	Kwun Tong	45.00
4	26254 IAX	Ng, Kong Ching	53	New Water Polo	46.00
5	36045 IAZN	Hsu, Ava	51	LRC	55.00
6	06337	Tse, Yee Wah	52	YMCA OF Hong Kong	55.00
7	16303	Rana, Naomi	52	LRC	56.08

55-59

1	26049 IAZ	Kirkwood, Tain Mhaira	55	LRC	44.10
2	32025 IAZ	Sin, Lai Wan Vicky	58	Kwun Tong	49.00
3	37056 IAZ	Wong, Hoi Ping Carol	58	Tuen Mun	50.00
4	20640 IAZ	Wong, Fung Yee	58	Sword Fish Club	57.00
5	20001 IAZ	Leung, Siu Ling	58	Kwun Tong	1:00.00
6	09184	Ng, Yau Lan	56	Sword Fish Club	1:05.00

60-64

1	14020	Poon, Wai Fun	61	Sea Green	50.00
2	06355	Lo, Lai Yung	63	New Water Polo	50.28
3	14007	Ho, Yuk Ling	61	Happy Valley	1:00.17
4	23957 IAX	Yeung, Tun Lim Lily	61	Sword Fish Club	1:02.00
5	02711 #	Fok, Wai Fung	60	Wong Tai Sin	1:07.00
6	06772	Miao, Yun Yim Connie	62	Tuen Mun S.T.	1:50.69

65-69

1	39357	Mak, Sok Iun	68	Sword Fish Club	53.00
2	07440	Yip, Lai Kuen	67	Lai Tsun	1:10.00

70-74

1	17480 IAZ	Chow, Pui Han Angela	72	Lai Tsun	1:05.00
2	32571 IAZ	Chan, Pui Yee	74	Sword Fish Club	1:05.00
3	07446	Lo, Kuk Chun	70	Sword Fish Club	1:08.00
4	08936	Leong, Kuai Heng	72	New Water Polo	1:25.00

75-79

1	06374	Wong, Jim	77	Sword Fish Club	57.00
2	13262 #	Kwong, Shuet Hing	78	Wong Tai Sin	1:32.87
3	06218 #	Sin, Lai Kwan	78	Wong Tai Sin	1:40.00

80-84

1	06144	Mak, Suet Man	81	Sea Green	1:20.00
---	-------	---------------	----	-----------	---------

Event 7 Men 400 LC Meter Freestyle

18-24 MS: 4:25.08

25-29 MS: 4:46.11

30-34 MS: 4:49.42

35-39 MS: 4:33.35

40-44 MS: 4:35.39

45-49 MS: 4:57.32

50-54 MS: 5:13.38

55-59 MS: 5:11.90

60-64 MS: 5:54.18

65-69 MS: 6:00.83

	ID#	Name	Age	Team	Seed Time
18-24					
1	10294 B	Cheng, Hei Chun	22	Diocesan School	4:40.00
25-29					
1	39152 #ICO	Belecanech, Matthew Josep	26	Hong Kong Footba	4:46.11
2	04048 IBZ	Cheung, Siu Long	27	Hong Kong Police	4:50.00
3	06602 IBZ	Yam, Chi Ching	29	Fire Services	5:00.00
4	11213 IBZ	Yuen, Wai Hang	29	Kwun Tong	5:06.00
5	14526 IBZ	Ho, Chun Sum Samuel	29	New Water Polo	5:15.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18

Psych Sheet

25-29... (Event 7 Men 400 LC Meter Freestyle)

6	29833 IAZ	Chow, Chun Pui	27	Sea Green	5:50.00
7	17362 IAZ	Tsoi, Wai Kin	27	Flying Fish	5:59.99
8	33387 #IAO	Wu, Kenneth Yee Lok	27	Sword Fish Club	6:10.00
9	01728	Cheung, Wai Lun William	27	Diocesan School	6:30.00
10	13715 #IBZ	Chan, Paak Hang	27	New Water Polo	7:00.00
11	06886 B	Li, Chin Long	28	Eastern Winter	NT

30-34

1	38356 #ICO	Drake, Hector Donald Arth	32	LRC	4:30.00
2	34366 #ICO	Maury, Matthieu Bernard	30	Hong Kong Footba	5:00.00
3	39945 ICO	Geiger, Wolfgang Christop	30	Barracuda	5:00.00
4	28529 IAO	Wright, Henry Tomas	31	Barracuda	5:00.00
5	00091	Chan, Lok Yan	34	Current Club Ltd	5:11.72
6	00095	Wan, Tsz Pat	31	Current Club Ltd	5:15.36
7	26045	Lui, Ming Chun Pierre	34	Kwun Tong	5:20.00
8	27469 IAX	Lam, Kin Wang	33	Hong Kong Police	5:30.00
9	02087	Chan, Chuk On	32	Diocesan School	6:00.00
10	40843 IAZ	Lo, Kin Ngok	34	Diocesan School	6:54.00

35-39

1	41151 ICO	Caggio, Antonino	36	New Water Polo	4:45.00
2	01465 ICZ	Chiang, Filomeno	36	Hong Kong Police	5:20.00
3	35790 ICO	Launay, Thomas	39	LRC	5:30.03
4	39588 #IAZ	Lo, Ho Wai Joe	38	Diocesan School	6:40.00
5	01948 #ICZ	Tang, Ho Yuen	36	Diocesan School	6:40.00
6	40841 IAX	Tsang, Kwok Tung	39	Diocesan School	6:40.00
7	05155	Chan, Albert Kam Ming	37	Diocesan School	6:45.00
8	18880 IAZ	Chan, Ho Wai Howard	37	Happy Valley	7:00.00
9	27144 IAZ	Chee, Man Heng	36	Happy Valley	7:00.00
10	38035 IAZ	Mok, Kin Fan	38	Tolo Harbour	7:52.00
11	41148 IAZ	Tang, Kee Wai	38	New Water Polo	8:00.00

40-44

1	37671 ICO	Stamenovic, Ivan	42	LRC	4:50.72
2	32283 #IAO	Brewster, Simon Grant	41	Hong Kong Footba	5:25.22
3	36554 #ICO	Wolfers, Lachlan Robert	44	Hong Kong Footba	5:40.00
4	16451	Cheng, Ngai Bun	40	Kwun Tong	5:50.00
5	02366	Li, Ka Wing	44	Kwun Tong	5:50.00
6	39094 ICO	Pharoah, Gregory Craig	42	Sword Fish Club	6:00.00
7	24603 IAZ	Hung, Ka Ming	43	YMCA OF Hong Kong	6:00.00
8	28993 IAX	Tung, Tin	41	Happy Valley	6:50.00
9	34688 IAZ	Cheung, Chung Lok	40	Lai Tsun	6:50.00
10	27791 IAZ	Wong, Shing Wai Horace	44	Sword Fish Club	7:15.00

45-49

1	34619 P	Liljestroem Lennart, Peter	45	LRC	4:35.39
2	38191 ICO	Baillet, Olivier Pierre Rene	48	Pacific	5:15.00
3	40216 #ICO	Weller, Simon James	45	Hong Kong Footba	5:35.00
4	30710 IAZ	Lai, Kin Sun	48	Flying Fish	5:35.00
5	34692 #ICO	Puels, Rupert Edgerton	47	Hong Kong Footba	5:44.88
6	06310	Chan, Fung Sun	45	Kwun Tong	5:49.00
7	40704 IAX	Yeung, Chu Kwong	47	Lai Tsun	5:55.00
8	27868 IAZ	Chan, Chi Wah Ringo	46	Sword Fish Club	6:00.00
9	22422 IAZ	Tung, Ching Ho	47	YMCA OF Hong Kong	6:10.00
10	26053 IAZ	Wong, Yee Keung	47	Flying Fish	6:30.00
11	28518 IAZ	Yau, Wo Fung	46	Kwun Tong	6:30.00
12	41758 IAO	Graham, Kym Alexander	45	Pacific	7:00.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****50-54... (Event 7 Men 400 LC Meter Freestyle)**

1	35313 IAZ	Pong, Chiu Yee Dario	50 LRC	5:27.07
2	05138 #	Lanzone, Francesco	50 Barracuda	5:30.00
3	39153 #IAO	Mitchell, Anthony David	52 Hong Kong Footba	5:35.00
4	41548 IAZ	Ip, Ka Keung Patrick	50 Hong Kong Footba	5:45.00
5	26594 IAZ	Ching, Wai Kin	54 Sword Fish Club	6:48.00
6	29472 IAZN	Choi, Kwok Man Tony	52 Sword Fish Club	7:30.00
7	41145 IAZ	Lam, Tzit Yuen David	52 Diocesan School	7:40.00
55-59				
1	05191	Koo, Yu Fat Marcus	56 Flying Fish	5:20.00
2	41007 IAZ	So, Man Sing	57 Sea Green	5:58.00
3	15528	Tsui, Tak Shing Dominic	56 Pacific	6:00.00
4	40942 P	He, Gaoxiong	56 New Water Polo	6:15.00
5	32108 IAX	Chan, Kiu	56 Sword Fish Club	6:15.00
6	36475 #IAZ	Morton, Peter Douglas	55 Hong Kong Footba	6:31.67
7	21023 IAZ	Ho, Kwong Ngai Eric	55 Sword Fish Club	7:10.00
8	13979	Lee, Sing Tim	57 Lai Tsun	7:11.00
9	29485 IAZ	Tang, Cheuk Wa	58 Kwun Tong	7:15.00
10	40861 IAZ	Cheung, Chi Ming Rover	55 Sword Fish Club	7:40.00
11	25226 IAZ	Choi, Tai Wing	57 Sword Fish Club	7:57.00
12	26176 IAX	Ho, Chung Man	55 Lai Tsun	NT
60-64				
1	26591 IAO	Ho, Robert Yau Chung	60 LRC	5:25.13
2	24640 ICO	Campbell, John Reid	63 Sword Fish Club	5:30.00
3	06237	Mok, Chu Piu	61 Lai Tsun	6:00.00
4	17956 #IAZ	Chau, Kim Fai	61 Sword Fish Club	6:15.00
5	04500	Cheung, Ip Chor	63 Sword Fish Club	7:10.00
6	26318	Suen, Chi Wing	64 Sword Fish Club	7:10.00
7	06239	Chan, King Yuen	63 Lai Tsun	7:25.00
8	15527	Zhou, Hao	60 Happy Valley	7:30.00
9	19327 IAZ	Yu, Kwok Chuen	63 Sword Fish Club	8:10.00
10	41739 IAZ	Ng, Chin Wing	63 Sea Green	8:20.00
65-69				
1	06268	Tse, Kwok Piu	67 Sword Fish Club	6:08.00
2	33115 IAX	Ng, Kan Sing	65 Sword Fish Club	6:15.00
70-74				
1	40518 IAZ	Liu, Wing Chiu	70 Tuen Mun	7:45.00
2	06274	Wong, Yau Chuen	72 Sword Fish Club	9:06.00
75-79				
1	10279	Wong, Shiu Ming	76 Sword Fish Club	8:00.00
2	27135 IAX	Lam, Lit Kwan	77 Lai Tsun	8:20.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18
Psych Sheet

Event 8 Women 400 LC Meter Freestyle

18-24 MS: 5:06.39
 25-29 MS: 5:12.71
 30-34 MS: 5:04.92
 35-39 MS: 4:41.52
 40-44 MS: 4:44.60
 45-49 MS: 5:30.02
 50-54 MS: 5:25.06
 55-59 MS: 7:07.92
 60-64 MS: 7:02.63
 65-69 MS: 7:13.63

	ID#	Name	Age	Team	Seed Time
18-24... (Event 8 Women 400 LC Meter Freestyle)					
1	29564 IAZ	Ng, Wai Ying Megan	22	Flying Fish	5:50.00
2	17820 IAZ	Tam, Wing Lam	23	Sea Green	6:50.00
25-29					
1	04049 IBZ	Fung, Yuen Tsz	28	Lai Tsun	6:50.00
2	17819 IAZ	Tam, Wing Shan	26	Sea Green	7:00.00
3	06577 IBZ	Leung, Wei Yan	28	Sword Fish Club	7:20.00
4	37050 IAZ	Yung, Shuk Lai Celia	25	Sword Fish Club	7:30.00
30-34					
1	03791 IBZ	Leung, Shu Hang	31	Current Club Ltd	5:03.17
2	37200 #IAZ	Chan, Wing Lam	34	Pacific	6:12.00
3	39204 ICO	Bae, Do Ran	32	Pacific	6:15.00
4	07651 IBZ	Yu, Sze Wai Joyce	30	Hong Kong Police	7:18.89
5	40851 IAZ	Mak, Chung Kiu Joanna	32	Pacific	7:35.00
35-39					
1	38440 ICO	Johnson, Melissa Ann	35	Pacific	5:26.40
2	35314 #IAO	Gentle, Sally Kate	39	Hong Kong Footba	6:00.00
3	38957 ICO	Alfheim, Olivia June	39	Barracuda	6:51.00
4	38502 ICO	Alfheim, Mai-britt	36	Barracuda	6:51.38
5	38503 ICX	Pu, Shu	38	Barracuda	7:38.00
6	34701 IAZ	Au, Hoi Ying	35	Flying Fish	8:15.00
40-44					
1	06315	Chan, Sui Yee	42	LRC	6:37.36
2	27128 IAZ	Lau, Yan Yan	44	Flying Fish	7:10.00
3	39095 ICO	Pharoah, Carina	40	Sword Fish Club	8:00.00
45-49					
1	28770 IAZ	Cromwell, Nicole Samanth	46	LRC	5:30.00
2	38302 IAZ	Cheung, Man Ling Melody	46	Lai Tsun	6:38.00
3	35969 IAX	Wang, Ying Lian	46	Happy Valley	7:10.00
4	40912 IAZ	Ng, Yee Ling	47	Tolo Harbour	9:00.00
5	39310 IAZ	Au-Yeung, Sze	45	Lai Tsun	NT
50-54					
1	32334 #IAON	Mccarroll, Jessica Lee Ter	53	Hong Kong Footba	5:49.79
2	08917	Chang, Lai Shan Eliza	50	Kwun Tong	6:00.00
3	38981 ICO	Wright, Andrea Lee	53	Barracuda	7:02.57
4	40907 IAZ	Lai, Shui Nin Ingrid	51	YMCA OF Hong Kong	7:16.00
5	37623 IAZ	Au, Wing Sze Grace	50	Sword Fish Club	8:25.00
6	40575 IAO	Chan, San Ngah	50	Sword Fish Club	8:25.00
55-59					
1	26049 IAZ	Kirkwood, Tain Mhaira	55	LRC	5:55.09
2	31755 IAZ	Woo, Wing Fong Cinderell	59	Lai Tsun	7:47.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****55-59... (Event 8 Women 400 LC Meter Freestyle)**

3	31750 IAZ	Cheung, Lai Ying Anita	55	Lai Tsun	7:51.00
4	36225 IAX	Li, Wai Kam	56	Sea Green	8:50.00
5	16533	Wong, Shun Ying	59	Sea Green	9:00.00

60-64

1	06214 IAZN	Lui, Yuen Mei Mitra	61	Sword Fish Club	9:00.00
2	23957 IAX	Yeung, Tun Lim Lily	61	Sword Fish Club	10:03.00

65-69

1	06147	Leung Wong, Yin Har Hayl	66	Sea Green	8:30.00
2	07440	Yip, Lai Kuen	67	Lai Tsun	NT

Event 9 Men 50 LC Meter Butterfly

18-24 MS: 26.49

25-29 MS: 26.21

30-34 MS: 26.54

35-39 MS: 26.70

40-44 MS: 26.98

45-49 MS: 27.47

50-54 MS: 27.94

55-59 MS: 30.04

60-64 MS: 30.60

65-69 MS: 33.66

	ID#	Name	Age	Team	Seed Time
18-24					
1	16201 B	Kwok, Yuk Hang	22	Kwun Tong	27.00
2	04683	Au, Ching Hong	24	Hong Kong Police	29.00
3	29046 IAZ	Chan, Hei Yin Bryan	20	Kornhill	29.00
4	10294 B	Cheng, Hei Chun	22	Diocesan School	30.00
5	27537 #IAZ	Kwong, Ching Tin Justin	18	Flying Fish	30.50
6	35851 IAZ	Chow, Yin Leung	24	Happy Valley	32.00
7	35718 IAZ	Wong, Hon Leung	24	Tuen Mun S.T.	35.00
25-29					
1	03907 IBZ	Kong, Chun Yin	29	Fire Services	26.00
2	14158 IAZ	Li, Hok Yee Terence	25	Flying Fish	27.50
3	03667 IBZ	Wong, Sai Man Sherman	29	New Water Polo	28.00
4	01772	Pang, Hin Sing	27	Hong Kong Police	29.53
5	05854 IAZ	Cho, Wai Ching	27	Flying Fish	30.00
6	02766 IBZ	Ma, Siu Chun Jason	27	Flying Fish	32.00
7	29833 IAZ	Chow, Chun Pui	27	Sea Green	34.00
8	10686	Chan, Ching	27	Golden Dolphin	35.00
30-34					
1	03716 ICZ	Yan, Ho Chun	33	New Water Polo	26.00
2	39154 ICO	Beahan, Grant Kenneth	31	Barracuda	26.54
3	00100	Cheung, Siu Laam	30	Current Club Ltd	27.98
4	00091	Chan, Lok Yan	34	Current Club Ltd	28.36
5	00557 #	Chow, Sik Hang	30	New Water Polo	29.00
6	28529 IAO	Wright, Henry Tomas	31	Barracuda	29.00
7	27874 #IAZ	Chan, Cheuk Man	30	New Water Polo	29.00
8	39945 ICO	Geiger, Wolfgang Christop	30	Barracuda	30.00
9	02087	Chan, Chuk On	32	Diocesan School	32.00
10	38356 #ICO	Drake, Hector Donald Arth	32	LRC	32.00
11	05990 #IAZ	Ho, Ka Chun	32	New Water Polo	32.00
12	23298 #IAZ	Li, Cheuk Bun	33	Wong Tai Sin	36.00
13	38303 IAZ	Ng, Ho Yin	33	Happy Valley	42.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****35-39... (Event 9 Men 50 LC Meter Butterfly)**

1	05145	Lo, Jonathan Ka Yan	35 LRC	27.89
2	35791 IAO	Lewis, Gareth Rhys	39 LRC	28.72
3	05253 ICZ	Sun, Fat Yee David	39 Fire Services	29.00
4	37058 #ICO	O'Brien, David Ian	35 Hong Kong Footba	29.19
5	11544	Fan, Yiu Wing	37 Flying Fish	29.50
6	07550 ICZ	Lee, Tsz Hong	37 Fire Services	31.00
7	39981 IAZ	Mui, Ho Chuen	38 Sword Fish Club	31.00
8	10317	Ng, Ka Wing	38 Diocesan School	32.00
9	03095	Lau, Ko Chun	36 Hong Kong Police	32.00
10	18880 IAZ	Chan, Ho Wai Howard	37 Happy Valley	35.00
11	40558 IAZ	Law, Sai Wo	39 Tolo Harbour	36.78
12	32462 IAZ	Tang, Yin Hong	35 YMCA OF Hong Kong	38.00
13	23119 IAZ	Chan, Ying Tsung Bosco	37 Sword Fish Club	55.00

40-44

1	25114 ICO	Barry, Matthieu Marie	44 LRC	31.53
2	40846 IAZ	Cheung, Chin Ho	43 Diocesan School	34.00
3	37781 #IAZ	Lo, Kar Lai Gary	40 New Water Polo	38.00
4	26790 ICO	Green, Malcolm John	42 Chi Kin	47.00

45-49

1	06711	Leung, Tsz Kin	46 New Water Polo	29.50
2	06310	Chan, Fung Sun	45 Kwun Tong	31.00
3	21008 #IAZ	Cheung, Chun Kwan Michi	45 Wong Tai Sin	32.00
4	30710 IAZ	Lai, Kin Sun	48 Flying Fish	34.00
5	06395	Cheung, Ting Fan	47 Kwun Tong	34.00
6	28518 IAZ	Yau, Wo Fung	46 Kwun Tong	34.00
7	34692 #ICO	Puels, Rupert Edgerton	47 Hong Kong Footba	35.00
8	27868 IAZ	Chan, Chi Wah Ringo	46 Sword Fish Club	38.00
9	41757 IAO	Stamper, Mark	47 Pacific	38.00
10	26053 IAZ	Wong, Yee Keung	47 Flying Fish	40.00
11	17701 #IAZ	Lee, Chor Fu	49 Wong Tai Sin	41.00
12	35711 IAX	Wong, Fuk Kei	49 Sword Fish Club	45.00
13	38451 #IAZ	Chong, Ming Hing	46 Current Club Ltd	52.00
14	35797 IAZ	Wong, Chi Wai	49 Flying Fish	55.00

50-54

1	35313 IAZ	Pong, Chiu Yee Dario	50 LRC	33.92
2	39982 IAZ	Chow, Wing Chun	54 Sword Fish Club	39.00
3	39091 IAZ	Luk, Kai Ming Stephen	51 Sword Fish Club	39.00
4	29472 IAZN	Choi, Kwok Man Tony	52 Sword Fish Club	45.00
5	38991 IAZ	Tong, Wing Kin	52 City East	46.00
6	35238 #IAZ	Yuen, Chak Hay	50 Current Club Ltd	46.09
7	08901	Koh, Kee Haw	50 Sword Fish Club	50.00

55-59

1	06256	Chan, Kwong Peter	57 Sea Green	33.00
2	26250 IAZ	Lau, Cho Tak	55 Lai Tsun	35.00
3	06202	Lau, Kim Wah	59 Fire Services	38.00
4	19347 IAZ	Wun, Chun Leung	55 Hong Kong Police	38.00
5	21023 IAZ	Ho, Kwong Ngai Eric	55 Sword Fish Club	38.00
6	21548 IAZ	Ku, Chi Ming John	59 Lai Tsun	46.58
7	03849	Kwok, Hak Man Johnny	58 Lai Tsun	50.00
8	37963 IAZ	Chan, Yiu Ming	58 CYM	1:10.00

60-64

1	26591 IAO	Ho, Robert Yau Chung	60 LRC	31.00
2	03215	Leung, Yiu Chuen	60 Happy Valley	34.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****60-64... (Event 9 Men 50 LC Meter Butterfly)**

3	36553 #IAO	Inglis, Peter	64	Hong Kong Footba	34.65
4	06184	Ng, Pak Chiu	64	Sea Green	36.00
5	17956 #IAZ	Chau, Kim Fai	61	Sword Fish Club	37.00
6	06187	Kan, Kai Kwong	63	Sea Green	37.00
7	06207	Lau, Kim Man	62	Fire Services	38.00
8	06281	Fung, Kam Tai	63	Sword Fish Club	38.00
9	06176	Wong, Kung Wan	62	Sea Green	39.00
10	17725 IAZ	Ng, Yu Hung	60	Sword Fish Club	39.08

65-69

1	06398	Cho, Wai Sun	65	Kwun Tong	36.00
2	06382	Chan, Kam Por	66	Sword Fish Club	36.00
3	33115 IAX	Ng, Kan Sing	65	Sword Fish Club	39.00
4	22182 IAZ	Ngai, Yin Leung	69	Sword Fish Club	56.00
5	23123 IAZ	Poon, Wai	66	Sword Fish Club	59.00
6	06242 #	Lau, Heung Wing	69	Wong Tai Sin	1:11.00

70-74

1	17620 IAO	Polson, Ian Hastings	74	LRC	41.26
2	23297 IAZ	Chan, Shing Chi	70	Lai Tsun	48.00
3	09171	Chan, Ying Chi	72	Sword Fish Club	54.00
4	39305 IAON	Abbott, Jonothan Lewis	73	Flying Fish	NT

75-79

1	10279	Wong, Shiu Ming	76	Sword Fish Club	48.00
2	28522 IAX	Wong, Tat Choi	77	Sword Fish Club	1:03.00

80-84

1	02987	Cheung, Tsan	84	Sword Fish Club	1:16.00
2	15490	Law, Kwai Fong	82	Sword Fish Club	1:18.00
3	05407	Lee, She Kwok	80	Sword Fish Club	1:38.00

Event 10 Women 50 LC Meter Butterfly

18-24 MS:	30.27
25-29 MS:	29.30
30-34 MS:	31.26
35-39 MS:	32.49
40-44 MS:	33.10
45-49 MS:	32.96
50-54 MS:	33.74
55-59 MS:	37.01
60-64 MS:	39.95
65-69 MS:	45.64

	ID#	Name	Age	Team	Seed Time
18-24					
1	29564 IAZ	Ng, Wai Ying Megan	22	Flying Fish	33.50
2	08727 #B	Hung Yuen Ching, Moose (22	New Water Polo	40.00
25-29					
1	27146 ICX	Hu, Zhijun	28	Happy Valley	33.00
2	03724 B	Chan, Ka Ka	26	Hong Kong Police	33.63
3	02455 IAZ	Yu, Hoi Yung April	27	Pacific	34.00
4	06577 IBZ	Leung, Wei Yan	28	Sword Fish Club	42.00
5	26889 IAZ	Chan, Hei Ting	26	Sword Fish Club	48.00
6	38294 IAZ	Chan, Lok Yung	25	Sword Fish Club	50.00
7	40936 IAZ	Chan, Po Yan	28	New Water Polo	1:00.00
30-34					
1	01305 IBZ	Liu, Ka Lei	33	Kwun Tong	33.00
2	37200 #IAZ	Chan, Wing Lam	34	Pacific	36.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****30-34... (Event 10 Women 50 LC Meter Butterfly)**

3	35921 IAZ	Lui, Yick Ling	32 Kornhill	42.02
4	38292 IAZ	Chan, Hoi Ki	34 Sword Fish Club	49.00
5	00777 IBZ	Tse, Yu Ting	32 New Water Polo	59.00
35-39				
1	24859 IAO	Macdonald, Elizabeth Ann	39 LRC	33.20
2	35314 #IAO	Gentle, Sally Kate	39 Hong Kong Footba	36.00
3	38430 #ICO	Millson, Nicole Elizabeth	35 Hong Kong Footba	37.00
4	38502 ICO	Alfheim, Mai-britt	36 Barracuda	43.05
5	34701 IAZ	Au, Hoi Ying	35 Flying Fish	48.03
40-44				
1	36434 #IAZ	Lam, Wing Yan Jada	44 Pacific	38.00
2	40853 IAO	Tam, Alison Mai Ling	40 Pacific	38.50
3	19353 IAZ	Poon, Yee Jane	40 Hong Kong Police	39.00
4	27128 IAZ	Lau, Yan Yan	44 Flying Fish	42.42
45-49				
1	39120 IAON	Ware, Julianne	45 Barracuda	41.39
2	35772 IAX	Ban, Xianhai	46 New Water Polo	46.00
3	38302 IAZ	Cheung, Man Ling Melody	46 Lai Tsun	46.90
4	16535	Yuen, Yuk Kuen	46 Sea Green	50.00
5	06349	Ip, Oi Wa Wendy	46 Sword Fish Club	1:06.00
6	40912 IAZ	Ng, Yee Ling	47 Tolo Harbour	1:10.00
50-54				
1	32334 #IAON	Mccarroll, Jessica Lee Ter	53 Hong Kong Footba	34.42
2	06352	Liang, Wei Qiong	53 Sword Fish Club	38.00
3	29752 IAZ	Chow, Yee Heung Liza	54 Lai Tsun	40.00
4	23323 IAZ	Tam, Choi Ping Scalene	53 New Water Polo	47.00
5	16303	Rana, Naomi	52 LRC	49.41
6	26254 IAX	Ng, Kong Ching	53 New Water Polo	50.00
55-59				
1	19859	Long, Marcy Trent	56 LRC	45.55
2	09184	Ng, Yau Lan	56 Sword Fish Club	53.00
3	36225 IAX	Li, Wai Kam	56 Sea Green	58.00
4	16533	Wong, Shun Ying	59 Sea Green	58.00
5	37056 IAZ	Wong, Hoi Ping Carol	58 Tuen Mun	58.46
60-64				
1	03503	Castka, Gillian Hancer	62 Sword Fish Club	51.00
2	06214 IAZN	Lui, Yuen Mei Mitra	61 Sword Fish Club	1:00.00
3	14007	Ho, Yuk Ling	61 Happy Valley	1:00.16
65-69				
1	39357	Mak, Sok Iun	68 Sword Fish Club	51.00
2	07763	Chow, Kit Bing	67 Sword Fish Club	2:00.00
70-74				
1	06357	Suen, Ming Chu	70 Sword Fish Club	48.00
2	32572 IAO	Chan, Sui Kin	70 Sword Fish Club	1:05.00
3	02365	Chow, So Kam	73 Kwun Tong	1:25.00
75-79				
1	05241	Ng, Yung Ho	75 Sea Green	1:00.00
2	06372 IAZ	Leung, Mabel Yuen Ying	76 Sword Fish Club	1:07.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18

Psych Sheet

Event 11 Men 200 LC Meter Medley Relay

100-119 MS: 1:51.11

120-159 MS: 1:56.00

160-199 MS: 1:53.94

200-239 MS: 2:03.19

240-279 MS: 2:19.80

280-319 MS: 2:40.94

320-359 MS: 3:30.63

	Team	Relay	Seed Time
100-119... (Event 11 Men 200 LC Meter Medley Relay)			
1	Diocesan School Old Boys	M100 A	2:02.46
2	Hong Kong Police Swimming	M100 A	2:06.15
3	Sword Fish Club	M100 A	2:15.00
4	HK Flying Fish Athletic Club	M100 A	NT
5	Kwun Tong Swimming Club	M100 A	NT
6	New Water Polo Club	M100 A	NT
120-159			
1	Kwan Hung Swimming Club	M120 A	1:57.00
2	Chi Kin Winter Swimming	M120 A	2:01.94
3	HK Fire Services S. & W	M120 A	2:10.00
4	Diocesan School Old Boys	M120 A	2:17.33
5	Hong Kong Police Swimming	M120 A	2:19.94
6	Sword Fish Club	M120 A	2:20.00
7	Current Club Ltd	M120 A	NT
8	HK Flying Fish Athletic Club	M120 A	NT
9	Kwun Tong Swimming Club	M120 A	NT
10	Ladies' Recreation Club	M120 A	NT
11	New Water Polo Club	M120 A	NT
12	Sea Green Swimming & M	M120 A	NT
13	Hong Kong Football Club	M120 A	NT
160-199			
1	HK Fire Services S. & W	M160 A	2:10.00
2	Hong Kong Police Swimming	M160 A	2:15.23
3	Sword Fish Club	M160 A	2:25.00
4	Diocesan School Old Boys	M160 A	2:46.30
5	Barracuda Swimming Club	M160 A	NT
6	Kwun Tong Swimming Club	M160 A	NT
7	Ladies' Recreation Club	M160 A	NT
8	New Water Polo Club	M160 A	NT
9	Pacific Swimming Club	M160 A	NT
10	Sea Green Swimming & M	M160 A	NT
11	YMCA OF Hong Kong	M160 A	NT
200-239			
1	Happy Valley Athletic Assn	M200 A	2:18.00
2	Hong Kong Police Swimming	M200 A	2:20.00
3	Sword Fish Club	M200 A	2:30.00
4	HK Fire Services S. & W	M200 A	2:40.00
5	Lai Tsun Swimming Society	M200 A	2:40.00
6	Diocesan School Old Boys	M200 A	2:53.31
7	Kwun Tong Swimming Club	M200 A	NT
8	Ladies' Recreation Club	M200 A	NT
9	New Water Polo Club	M200 A	NT
10	Sea Green Swimming & M	M200 A	NT

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18

Psych Sheet

200-239... (Event 11 Men 200 LC Meter Medley Relay)

11	Wong Tai Sin District L.	SM200	A	NT
12	YMCA OF Hong Kong	M200	A	NT
240-279				
1	Sword Fish Club	M240	A	2:40.00
2	Lai Tsun Swimming Soci	M240	A	2:46.00
3	Kwun Tong Swimming Cl	M240	A	NT
4	New Water Polo Club	M240	A	NT
5	Sea Green Swimming &	M240	A	NT
280-319				
1	Sword Fish Club	M280	A	2:50.00
2	Lai Tsun Swimming Soci	M280	A	3:13.00
3	Kornhill Recreation Club	M280	A	NT
4	New Water Polo Club	M280	A	NT
320-359				
1	Sword Fish Club	M320	A	3:45.00

Event 12 Women 200 LC Meter Medley Relay

100-119 MS:	2:19.21
120-159 MS:	2:10.92
160-199 MS:	2:10.35
200-239 MS:	2:32.48
240-279 MS:	2:48.90
280-319 MS:	3:21.30

	Team	Relay	Seed Time
100-119			
1	Hong Kong Police Swim	W100 A	2:43.56
2	Sword Fish Club	W100 A	2:50.00
120-159			
1	Hong Kong Police Swim	W120 A	2:50.00
2	Sword Fish Club	W120 A	2:50.00
3	Barracuda Swimming Cl	W120 A	NT
4	Kwun Tong Swimming Cl	W120 A	NT
5	New Water Polo Club	W120 A	NT
6	Pacific Swimming Club	W120 A	NT
7	Hong Kong Football Cl	W120 A	NT
160-199			
1	Lai Tsun Swimming Soci	W160 A	2:46.00
2	Happy Valley Athletic Ass	W160 A	2:50.00
3	Sword Fish Club	W160 A	2:55.00
4	Kwun Tong Swimming Cl	W160 A	NT
5	Ladies' Recreation Club	W160 A	NT
6	New Water Polo Club	W160 A	NT
7	Sea Green Swimming &	W160 A	NT
200-239			
1	Sword Fish Club	W200 A	2:55.00
2	Lai Tsun Swimming Soci	W200 A	3:50.00
3	Kwun Tong Swimming Cl	W200 A	NT
4	Ladies' Recreation Club	W200 A	NT
5	New Water Polo Club	W200 A	NT
6	Sea Green Swimming &	W200 A	NT
240-279			
1	Sword Fish Club	W240 A	2:55.00
2	Lai Tsun Swimming Soci	W240 A	3:46.00
3	Kwun Tong Swimming Cl	W240 A	NT

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18

Psych Sheet

240-279... (Event 12 Women 200 LC Meter Medley Relay)

4	New Water Polo Club	W240	A	NT
5	Sea Green Swimming &	W240	A	NT
6	Wong Tai Sin District L.	SW240	A	NT

280-319

1	Sword Fish Club	W280	A	4:00.00
2	Sea Green Swimming &	W280	A	NT

Event 13 Men 50 LC Meter Breaststroke

18-24 MS:	30.47
25-29 MS:	30.66
30-34 MS:	31.11
35-39 MS:	31.56
40-44 MS:	33.00
45-49 MS:	32.70
50-54 MS:	34.83
55-59 MS:	35.10
60-64 MS:	36.61
65-69 MS:	37.84

	ID#	Name	Age	Team	Seed Time
18-24					
1	05577 IBZ	Yuen, Marcus	24	Pacific	31.00
2	27537 #IAZ	Kwong, Ching Tin Justin	18	Flying Fish	33.00
3	29046 IAZ	Chan, Hei Yin Bryan	20	Kornhill	33.04
4	33918 IAZ	Chan, Ming Hin	23	Hong Kong Police	33.75
5	08246 IAZ	Kwok, Chun Lok	24	Kwan Hung	36.00
25-29					
1	02591	Luk, Wing Kin Andy	29	Kwan Hung	31.23
2	01728	Cheung, Wai Lun William	27	Diocesan School	34.00
3	02766 IBZ	Ma, Siu Chun Jason	27	Flying Fish	35.00
4	06602 IBZ	Yam, Chi Ching	29	Fire Services	35.00
5	00529 B	Wong, Lok Sum	25	Kwun Tong	35.00
6	41694 IAZ	Tang, Toa	27	Hong Kong Police	36.00
7	05429 B	Chung, Ho Yin Keith	29	New Water Polo	38.00
8	06926 B	Tse, Cheuk Pan	29	Sea Green	39.00
9	41150 IAZ	Poon, Chun Yat	26	New Water Polo	41.00
30-34					
1	03716 ICZ	Yan, Ho Chun	33	New Water Polo	30.00
2	00091	Chan, Lok Yan	34	Current Club Ltd	32.02
3	00314 IBZ	Mok, Hon Hei	30	Hong Kong Police	32.37
4	01326 IBZ	Cheng, Yuen Henry	30	Kwun Tong	35.00
5	27873 #IAZ	Ko, King Hei	30	New Water Polo	35.00
6	27469 IAX	Lam, Kin Wang	33	Hong Kong Police	39.71
7	40584 ICO	Robertson, Benjamin Jame	32	Chi Kin	45.00
8	38303 IAZ	Ng, Ho Yin	33	Happy Valley	45.00
9	22420 IAZ	Chan, Chi Ming	32	Kwun Tong	59.00
35-39					
1	05145	Lo, Jonathan Ka Yan	35	LRC	31.56
2	35791 IAO	Lewis, Gareth Rhys	39	LRC	33.58
3	39588 #IAZ	Lo, Ho Wai Joe	38	Diocesan School	35.00
4	01465 ICZ	Chiang, Filomeno	36	Hong Kong Police	35.50
5	24266 IAZ	Ma, Ling Ho Herwin	35	Hong Kong Police	36.00
6	19336 IAZ	Ma, Ling Kei Kelvin	36	Hong Kong Police	36.00
7	10317	Ng, Ka Wing	38	Diocesan School	40.00
8	11587	Ng, Yu Hon	35	Sea Green	40.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****35-39... (Event 13 Men 50 LC Meter Breaststroke)**

9	40558 IAZ	Law, Sai Wo	39 Tolo Harbour	40.00
10	40834 IAZ	Chang, His Tse JosephJere	39 Diocesan School	42.00
11	24965 IAZ	Leung, Yuk Ki	38 Hong Kong Police	42.21
12	12260	Chen, Chi Yung	36 Blue Whale	45.00
13	40001 IAZ	Yip, Ka Ho Tonie	36 Kwun Tong	48.03
14	23119 IAZ	Chan, Ying Tsung Bosco	37 Sword Fish Club	49.00

40-44

1	05160	Chan, Ka Wo	41 Diocesan School	35.00
2	33299 IAZ	Chan, Tsz Cheung	40 Juan Hua Club	35.93
3	06122 ICZ	Fung, Mervyn Kui Hei	41 Kwan Hung	38.00
4	40847 IAZ	Chan, Wing To	44 Diocesan School	45.00
5	26790 ICO	Green, Malcolm John	42 Chi Kin	45.00
6	39094 ICO	Pharoah, Gregory Craig	42 Sword Fish Club	45.00
7	40835 IAZ	Leung, Wing Hong Alvin	44 Diocesan School	46.00
8	40838 IAZ	Wong, Tat Shing Joe	41 Diocesan School	46.00

45-49

1	05398	Lau, Ting Kwong	47 Happy Valley	37.00
2	21008 #IAZ	Cheung, Chun Kwan Mich:	45 Wong Tai Sin	37.00
3	36962 IAZ	Leung, Yung Yu	46 Kwun Tong	38.00
4	06395	Cheung, Ting Fan	47 Kwun Tong	39.00
5	26317 IAZN	Tung, Shang Wei Timothy	48 Kwun Tong	39.00
6	41731 IAO	Fong, Ryan Yen-hwung	46 Diocesan School	40.00
7	41757 IAO	Stamper, Mark	47 Pacific	42.00
8	38212 IAO	Scherrer, Michael	46 Pacific	45.00
9	38451 #IAZ	Chong, Ming Hing	46 Current Club Ltd	47.97
10	04184	Woo, Siu Ming William	47 Sword Fish Club	1:20.00

50-54

1	18856 IAZ	Au, Mun Shing	53 Sword Fish Club	36.00
2	05138 #	Lanzone, Francesco	50 Barracuda	39.00
3	21736 IAM	Lo, Lai Tou	50 Sword Fish Club	42.00
4	40591 IAZ	Chan, Man Cheung Lauren	51 Hong Kong Police	43.24
5	40592 IAZ	Fo, Pui Keung	54 Hong Kong Police	43.52
6	40836 IAZ	Ho, Kwok Chung Anthony	53 Diocesan School	45.00
7	40839 IAZ	Leung, Wing Hang Michae	53 Diocesan School	45.00
8	39982 IAZ	Chow, Wing Chun	54 Sword Fish Club	45.00
9	40840 IAZ	Ng, Ka Yiu Karl	54 Diocesan School	45.00
10	23495 IAZ	Lam, Ping Fai Randy	50 Kwun Tong	46.00
11	26261 IAZ	Tsun, Chung Wa Jode	54 Hong Kong Police	47.33
12	33085 IAZ	Pang, Yu Man Manson	52 Fire Services	2:40.00

55-59

1	06256	Chan, Kwong Peter	57 Sea Green	39.00
2	26250 IAZ	Lau, Cho Tak	55 Lai Tsun	41.00
3	06202	Lau, Kim Wah	59 Fire Services	42.00
4	41007 IAZ	So, Man Sing	57 Sea Green	42.00
5	19347 IAZ	Wun, Chun Leung	55 Hong Kong Police	42.69
6	19866 IAZ	Wong, Tak Choi Paul	55 Hong Kong Police	43.00
7	26176 IAX	Ho, Chung Man	55 Lai Tsun	44.00
8	36183 #IAO	McCarroll, Adrian James	55 Hong Kong Footba	44.76
9	03849	Kwok, Hak Man Johnny	58 Lai Tsun	45.00
10	26245 IAZ	Choi, Hei Shing	59 Kwun Tong	47.00
11	27465 IAZ	Ling, Kam Wah Kelvin	58 Lai Tsun	48.00
12	20247 ICX	Wai, Chris Tak Wing	58 New Water Polo	1:19.00

60-64

1	03847	Cheung, Kwok Yu	62 Happy Valley	39.00
---	-------	-----------------	-----------------	-------

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****60-64... (Event 13 Men 50 LC Meter Breaststroke)**

2	03215	Leung, Yiu Chuen	60	Happy Valley	39.00
3	17725 IAZ	Ng, Yu Hung	60	Sword Fish Club	39.08
4	14555	Tang, Kon Leong	62	Sword Fish Club	40.00
5	06281	Fung, Kam Tai	63	Sword Fish Club	41.00
6	06207	Lau, Kim Man	62	Fire Services	42.00
7	19350 IAZ	Leung, Chi Wah	61	Hong Kong Police	46.93
8	35236 IAZ	Chan, Pui Ming Sunny	64	Sword Fish Club	51.00
9	31570 IAZ	Cheung, Ka Keung Spence	64	Sword Fish Club	55.00

65-69

1	06382	Chan, Kam Por	66	Sword Fish Club	43.00
2	14035	Wong, Shing Kuen	65	Lai Tsun	45.00
3	20634 IAZ	Wu, Shu Sun	68	New Water Polo	45.00
4	23123 IAZ	Poon, Wai	66	Sword Fish Club	55.00

70-74

1	06383	Dew, Yuk Kwei	71	Kwun Tong	46.00
2	10274	Lau, Chun Nung	72	Lai Tsun	47.00
3	17620 IAO	Polson, Ian Hastings	74	LRC	48.98
4	24246 IAX	Yip, Chi Shing	73	Sword Fish Club	51.00
5	14029	Jeong, Vun Fai	72	Sword Fish Club	52.00

75-79

1	23959 IAZ	Chiu, Chin Hung	78	Kornhill	59.42
2	06379	Kwong, Chi Hung	78	Sword Fish Club	1:10.00

80-84

1	06246 #	Ling, Wang Yam	81	Wong Tai Sin	58.57
2	23927 IAZ	Ho, Shui On	82	Kornhill	59.20
3	17964 IAZ	Kan, Ping Chu	80	Sea Green	1:03.00

85-89

1	06238	Lee, Ming	88	Sword Fish Club	1:06.00
2	31988 IAO	Wilson, John Simon	86	New Water Polo	1:20.00

Event 14 Women 50 LC Meter Breaststroke

18-24 MS:	35.53
25-29 MS:	36.34
30-34 MS:	35.23
35-39 MS:	34.71
40-44 MS:	38.79
45-49 MS:	39.03
50-54 MS:	37.63
55-59 MS:	38.73
60-64 MS:	47.46
65-69 MS:	50.56

	ID#	Name	Age	Team	Seed Time
18-24					
1	05769 B	Kot, Chung Ling	24	Hong Kong Police	40.00
2	19495 IAZ	Lai, Oi Hin	22	Golden Dolphin	46.00
3	08727 #B	Hung Yuen Ching, Moose (22	New Water Polo	50.00
25-29					
1	27146 ICX	Hu, Zhijun	28	Happy Valley	37.00
2	38126 IAZ	Lee, Wai Sze	29	New Water Polo	39.00
3	04849 B	Chow, Tsz Yan	25	Kwun Tong	41.00
4	38431 IAZ	Tsang, Hiu Ching	26	Hong Kong Police	45.76
5	26889 IAZ	Chan, Hei Ting	26	Sword Fish Club	53.00
6	38294 IAZ	Chan, Lok Yung	25	Sword Fish Club	54.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****30-34... (Event 14 Women 50 LC Meter Breaststroke)**

1	35921 IAZ	Lui, Yick Ling	32 Kornhill	42.02
2	01683	Lam, Ka Yuk Ellen	31 Sword Fish Club	43.00
3	00777 IBZ	Tse, Yu Ting	32 New Water Polo	43.00
4	07651 IBZ	Yu, Sze Wai Joyce	30 Hong Kong Police	44.46
5	03183	Wong, Tsz Ting	31 Hong Kong Police	44.50
6	38292 IAZ	Chan, Hoi Ki	34 Sword Fish Club	49.00
35-39				
1	38430 #ICO	Millson, Nicole Elizabeth	35 Hong Kong Footba	41.38
2	24859 IAO	Macdonald, Elizabeth Ann	39 LRC	41.41
3	40632 ICO	Baaklini, Cynthia	38 Pacific	46.30
4	40743 IAZ	Chiu, Hoi Yung	35 Lai Tsun	48.00
5	26803 IAZ	Yung, Hoi Ying	38 New Water Polo	48.00
6	38502 ICO	Alfheim, Mai-britt	36 Barracuda	48.08
7	38503 ICX	Pu, Shu	38 Barracuda	49.00
8	39979 IAZ	Lam, Ling Wai Jessica	39 Lai Tsun	50.40
40-44				
1	35765 IAZ	Wong, See Ming	40 Hong Kong Police	42.82
2	36434 #IAZ	Lam, Wing Yan Jada	44 Pacific	45.00
3	32298 IAZ	Han, Wing Yee	40 Kwun Tong	52.00
4	36961 IAZ	Tung, Fung	41 Kwun Tong	53.00
5	06224	Lee, Suk King	42 Wong Tai Sin	54.98
6	39437 IAZ	Chau, Cheuk Man	40 Barracuda	1:00.00
7	38362 IAZ	Cheng, Siu Lai	41 Kwun Tong	1:04.00
8	31534 #IAZ	Mo, Wing Yee	42 Wong Tai Sin	1:08.00
9	40477 #IAO	Hanley, Deborah Lauren	40 Hong Kong Footba	NT
45-49				
1	39120 IAON	Ware, Julianne	45 Barracuda	43.72
2	16535	Yuen, Yuk Kuen	46 Sea Green	49.00
3	06349	Ip, Oi Wa Wendy	46 Sword Fish Club	54.00
4	39310 IAZ	Au-Yeung, Sze	45 Lai Tsun	54.61
5	35801 IAZ	Ho, Yuk Yi Carol	49 Flying Fish	1:00.00
50-54				
1	39092 I	Chan, Chok Wa	51 Sword Fish Club	41.00
2	26254 IAX	Ng, Kong Ching	53 New Water Polo	54.00
3	37012 IAZ	Lun, Yau Chun Nara	50 New Water Polo	55.00
4	38460 IAZ	Tang, Kit Fong Yvonne	54 New Water Polo	1:20.00
55-59				
1	06353	Leung, Wai Fan	56 Kwun Tong	38.00
2	32025 IAZ	Sin, Lai Wan Vicky	58 Kwun Tong	53.00
3	09184	Ng, Yau Lan	56 Sword Fish Club	53.00
4	19859	Long, Marcy Trent	56 LRC	55.00
5	34668 IAZ	Tang, Pik Ha	58 New Water Polo	57.29
6	26257 IAX	Lo, Shuk Ling	58 Sword Fish Club	1:10.00
60-64				
1	14020	Poon, Wai Fun	61 Sea Green	50.00
2	06127	Lau, Wai Lin	62 New Water Polo	1:20.00
65-69				
1	06147	Leung Wong, Yin Har Hayl	66 Sea Green	50.56
2	38462 IAZN	Shum, Shuk Wah Nora	66 Sword Fish Club	58.00
3	07763	Chow, Kit Bing	67 Sword Fish Club	1:05.00
4	06212 #	Lo, Yeuk Shuen	69 Wong Tai Sin	1:12.00
70-74				
1	06357	Suen, Ming Chu	70 Sword Fish Club	54.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18

Psych Sheet

70-74... (Event 14 Women 50 LC Meter Breaststroke)

2	17480 IAZ	Chow, Pui Han Angela	72	Lai Tsun	58.00
3	30506 IAX	Li, Hoi Ying	70	Sword Fish Club	1:06.00
4	32571 IAZ	Chan, Pui Yee	74	Sword Fish Club	1:15.00
5	02365	Chow, So Kam	73	Kwun Tong	1:20.00

75-79

1	05241	Ng, Yung Ho	75	Sea Green	1:00.00
2	06218 #	Sin, Lai Kwan	78	Wong Tai Sin	1:28.00

80-84

1	06210 #	Ho, Po Yee	82	Wong Tai Sin	1:35.00
---	---------	------------	----	--------------	---------

85-89

1	06375	Chan, Wai Kiang	85	Kwun Tong	1:20.00
---	-------	-----------------	----	-----------	---------

Event 15 Men 100 LC Meter Freestyle

18-24 MS: 54.18

25-29 MS: 54.16

30-34 MS: 56.01

35-39 MS: 56.13

40-44 MS: 58.99

45-49 MS: 59.62

50-54 MS: 58.29

55-59 MS: 1:03.62

60-64 MS: 1:04.39

65-69 MS: 1:08.31

	ID#	Name	Age	Team	Seed Time
18-24					
1	05577 IBZ	Yuen, Marcus	24	Pacific	58.00
2	27537 #IAZ	Kwong, Ching Tin Justin	18	Flying Fish	1:00.00
3	35851 IAZ	Chow, Yin Leung	24	Happy Valley	1:05.00
4	08246 IAZ	Kwok, Chun Lok	24	Kwan Hung	1:06.00
5	41716 IAZ	Chow, Nok Man	18	Tuen Mun S.T.	1:20.00
25-29					
1	03907 IBZ	Kong, Chun Yin	29	Fire Services	54.00
2	39152 #ICO	Belecanech, Matthew Josep	26	Hong Kong Footba	55.42
3	14158 IAZ	Li, Hok Yee Terence	25	Flying Fish	57.00
4	02021 IBZ	Chow, Man Ho Kevin	28	Kwan Hung	1:00.00
5	11213 IBZ	Yuen, Wai Hang	29	Kwun Tong	1:00.00
6	14527 IBZ	Ho, Chun Ting Timothy	29	New Water Polo	1:01.00
7	03667 IBZ	Wong, Sai Man Sherman	29	New Water Polo	1:01.00
8	04048 IBZ	Cheung, Siu Long	27	Hong Kong Police	1:02.57
9	02700 IB	Chong, Jeffrey	27	Kwan Hung	1:03.00
10	01038 IBZ	Leung, Tsz Chun	29	Diocesan School	1:05.00
11	06926 B	Tse, Cheuk Pan	29	Sea Green	1:08.00
30-34					
1	22420 IAZ	Chan, Chi Ming	32	Kwun Tong	33.00
2	39154 ICO	Beahan, Grant Kenneth	31	Barracuda	56.01
3	00100	Cheung, Siu Laam	30	Current Club Ltd	1:00.00
4	27874 #IAZ	Chan, Cheuk Man	30	New Water Polo	1:00.00
5	00095	Wan, Tsz Pat	31	Current Club Ltd	1:00.31
6	38356 #ICO	Drake, Hector Donald Arth	32	LRC	1:03.12
7	28529 IAO	Wright, Henry Tomas	31	Barracuda	1:04.00
8	27873 #IAZ	Ko, King Hei	30	New Water Polo	1:05.00
9	32343 IAZ	Tsang, Ka Lok	30	Hong Kong Police	1:08.13
10	40843 IAZ	Lo, Kin Ngok	34	Diocesan School	1:15.00
11	23298 #IAZ	Li, Cheuk Bun	33	Wong Tai Sin	1:20.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****35-39... (Event 15 Men 100 LC Meter Freestyle)**

1	05253 ICZ	Sun, Fat Yee David	39 Fire Services	57.00
2	11544	Fan, Yiu Wing	37 Flying Fish	1:00.00
3	24266 IAZ	Ma, Ling Ho Herwin	35 Hong Kong Police	1:00.95
4	38121 IAZ	Cheung, Chi Yan Clifford	38 Happy Valley	1:03.00
5	12873	Wan, Ka Fai	36 Sea Green	1:03.00
6	39981 IAZ	Mui, Ho Chuen	38 Sword Fish Club	1:09.00
7	10317	Ng, Ka Wing	38 Diocesan School	1:15.00
8	41148 IAZ	Tang, Kee Wai	38 New Water Polo	1:40.00
9	23119 IAZ	Chan, Ying Tsung Bosco	37 Sword Fish Club	1:46.00
10	37058 #ICO	O'Brien, David Ian	35 Hong Kong Footba	1:50.00

40-44

1	27471 #ICO	Nortje, Craig Andrew	40 Hong Kong Footba	56.31
2	37671 ICO	Stamenovic, Ivan	42 LRC	59.55
3	25114 ICO	Barry, Matthieu Marie	44 LRC	1:01.52
4	06122 ICZ	Fung, Mervyn Kui Hei	41 Kwan Hung	1:05.00
5	31573 ICO	Barnes, Simon Andrew	43 LRC	1:05.65
6	02366	Li, Ka Wing	44 Kwun Tong	1:08.00
7	28849 IAZ	Chan, Chun Kuen	43 Sword Fish Club	1:08.00
8	39094 ICO	Pharoah, Gregory Craig	42 Sword Fish Club	1:10.00
9	37781 #IAZ	Lo, Kar Lai Gary	40 New Water Polo	1:30.00
10	31615 IAZ	Ho, Wai Hung	43 Current Club Ltd	1:36.35

45-49

1	06310	Chan, Fung Sun	45 Kwun Tong	1:00.00
2	06309	Wong, To	48 Fire Services	1:05.00
3	34692 #ICO	Puels, Rupert Edgerton	47 Hong Kong Footba	1:08.00
4	30710 IAZ	Lai, Kin Sun	48 Flying Fish	1:08.00
5	27868 IAZ	Chan, Chi Wah Ringo	46 Sword Fish Club	1:10.00
6	41757 IAO	Stamper, Mark	47 Pacific	1:10.00
7	22422 IAZ	Tung, Ching Ho	47 YMCA OF Hong Kong	1:13.00
8	26053 IAZ	Wong, Yee Keung	47 Flying Fish	1:14.00
9	38212 IAO	Scherrer, Michael	46 Pacific	1:15.00
10	40633 IAON	Adams, Anthony Hayward	48 Pacific	1:16.00
11	17701 #IAZ	Lee, Chor Fu	49 Wong Tai Sin	1:30.00
12	35797 IAZ	Wong, Chi Wai	49 Flying Fish	1:50.00
13	31054 IAO	Stimson, Mark Grant	47 Pacific	1:55.00
14	04184	Woo, Siu Ming William	47 Sword Fish Club	2:40.00

50-54

1	04166	Rust, Stefan Robert	51 LRC	58.29
2	39940 #ICO	Ducanois, Jerome Louis Pi	52 Barracuda	1:05.00
3	26794 ICO	Bridge, Justin Timothy	51 LRC	1:09.04
4	27470 IAZ	Chan, Tin Hung	50 Hong Kong Police	1:14.42
5	26594 IAZ	Ching, Wai Kin	54 Sword Fish Club	1:19.08
6	39091 IAZ	Luk, Kai Ming Stephen	51 Sword Fish Club	1:20.00
7	29472 IAZN	Choi, Kwok Man Tony	52 Sword Fish Club	1:25.00
8	32342 IAZ	Li, Ka Hong	52 Hong Kong Police	1:26.91
9	39982 IAZ	Chow, Wing Chun	54 Sword Fish Club	1:30.00
10	40836 IAZ	Ho, Kwok Chung Anthony	53 Diocesan School	1:40.00
11	08901	Koh, Kee Haw	50 Sword Fish Club	1:40.00
12	40840 IAZ	Ng, Ka Yiu Karl	54 Diocesan School	1:40.00

55-59

1	05191	Koo, Yu Fat Marcus	56 Flying Fish	1:04.00
2	06256	Chan, Kwong Peter	57 Sea Green	1:09.00
3	15528	Tsui, Tak Shing Dominic	56 Pacific	1:10.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****55-59... (Event 15 Men 100 LC Meter Freestyle)**

4	06336	Tse, Siu Kin	56	Sword Fish Club	1:10.00
5	07802	Chau, Kam Tim	58	Sea Green	1:19.00
6	21023 IAZ	Ho, Kwong Ngai Eric	55	Sword Fish Club	1:20.00
7	13979	Lee, Sing Tim	57	Lai Tsun	1:23.00
8	36183 #IAO	McCarroll, Adrian James	55	Hong Kong Footba	1:25.92
9	29485 IAZ	Tang, Cheuk Wa	58	Kwun Tong	1:30.00
10	21548 IAZ	Ku, Chi Ming John	59	Lai Tsun	1:36.00
11	40861 IAZ	Cheung, Chi Ming Rover	55	Sword Fish Club	1:45.00
12	36475 #IAZ	Morton, Peter Douglas	55	Hong Kong Footba	NT

60-64

1	26591 IAO	Ho, Robert Yau Chung	60	LRC	1:04.08
2	06331 ICZ	Ma, Etienne	61	YMCA OF Hong Kong	1:07.00
3	24640 ICO	Campbell, John Reid	63	Sword Fish Club	1:15.00
4	05071	Choi, Tony	60	LRC	1:18.20
5	06239	Chan, King Yuen	63	Lai Tsun	1:25.00
6	04500	Cheung, Ip Chor	63	Sword Fish Club	1:27.00
7	26318	Suen, Chi Wing	64	Sword Fish Club	1:30.00
8	19327 IAZ	Yu, Kwok Chuen	63	Sword Fish Club	1:32.00
9	31570 IAZ	Cheung, Ka Keung Spence	64	Sword Fish Club	1:38.00
10	36553 #IAO	Inglis, Peter	64	Hong Kong Footba	NT

65-69

1	06268	Tse, Kwok Piu	67	Sword Fish Club	1:12.00
2	06382	Chan, Kam Por	66	Sword Fish Club	1:18.00
3	33115 IAX	Ng, Kan Sing	65	Sword Fish Club	1:18.00
4	23123 IAZ	Poon, Wai	66	Sword Fish Club	1:40.00
5	22182 IAZ	Ngai, Yin Leung	69	Sword Fish Club	1:50.00

70-74

1	03845	Tin, Sheung Kwai	71	New Water Polo	1:13.91
2	17620 IAO	Polson, Ian Hastings	74	LRC	1:20.81
3	06274	Wong, Yau Chuen	72	Sword Fish Club	1:55.00
4	39305 IAON	Abbott, Jonothan Lewis	73	Flying Fish	NT

75-79

1	06379	Kwong, Chi Hung	78	Sword Fish Club	1:50.00
2	28522 IAX	Wong, Tat Choi	77	Sword Fish Club	2:00.00

80-84

1	15490	Law, Kwai Fong	82	Sword Fish Club	2:00.00
2	17832 IAX	Chan, Sau	81	Sword Fish Club	2:30.00

85-89

1	06238	Lee, Ming	88	Sword Fish Club	2:04.00
---	-------	-----------	----	-----------------	---------

Event 16 Women 100 LC Meter Freestyle

18-24 MS:	1:02.73
25-29 MS:	1:02.46
30-34 MS:	1:04.36
35-39 MS:	1:01.54
40-44 MS:	1:01.45
45-49 MS:	1:07.73
50-54 MS:	1:10.99
55-59 MS:	1:20.24
60-64 MS:	1:22.04
65-69 MS:	1:37.41

	ID#	Name	Age	Team	Seed Time
18-24					
1	24951 IAZ	Yam, Bo Yee	19	Kwun Tong	1:08.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****18-24... (Event 16 Women 100 LC Meter Freestyle)**

2	24882 IAZ	Cho, Pan Lam	20	Kwun Tong	1:10.00
3	19495 IAZ	Lai, Oi Hin	22	Golden Dolphin	1:20.00
4	17820 IAZ	Tam, Wing Lam	23	Sea Green	1:23.00
25-29					
1	02455 IAZ	Yu, Hoi Yung April	27	Pacific	1:08.00
2	38126 IAZ	Lee, Wai Sze	29	New Water Polo	1:10.00
3	06577 IBZ	Leung, Wei Yan	28	Sword Fish Club	1:20.00
4	17819 IAZ	Tam, Wing Shan	26	Sea Green	1:25.00
5	26889 IAZ	Chan, Hei Ting	26	Sword Fish Club	1:56.00
30-34					
1	39155 ICO	Beahan, Nicole Delyse	30	Barracuda	1:09.00
2	01624 IBZ	Wong, Yin Yue Olivia	31	Dik Wing	1:10.00
3	00754 #IAZ	Yam, Shu Jun	31	Current Club Ltd	1:18.54
4	14023	Wu, Pui Yan Natalie	33	Hong Kong Police	1:24.43
5	35921 IAZ	Lui, Yick Ling	32	Kornhill	1:32.91
6	40851 IAZ	Mak, Chung Kiu Joanna	32	Pacific	1:35.00
7	13384 ICZ	Lee, May Sze Mei	31	New Water Polo	1:56.00
35-39					
1	24859 IAO	Macdonald, Elizabeth Ann	39	LRC	1:11.16
2	35314 #IAO	Gentle, Sally Kate	39	Hong Kong Footba	1:15.26
3	38957 ICO	Alfheim, Olivia June	39	Barracuda	1:30.00
4	40632 ICO	Baaklini, Cynthia	38	Pacific	1:40.00
40-44					
1	40853 IAO	Tam, Alison Mai Ling	40	Pacific	1:12.00
2	39095 ICO	Pharoah, Carina	40	Sword Fish Club	1:20.00
3	19353 IAZ	Poon, Yee Jane	40	Hong Kong Police	1:24.64
4	39437 IAZ	Chau, Cheuk Man	40	Barracuda	1:40.00
5	40477 #IAO	Hanley, Deborah Lauren	40	Hong Kong Footba	NT
45-49					
1	39120 IAON	Ware, Julianne	45	Barracuda	1:17.88
2	38302 IAZ	Cheung, Man Ling Melody	46	Lai Tsun	1:24.00
3	35801 IAZ	Ho, Yuk Yi Carol	49	Flying Fish	1:50.00
4	36034 IAZ	Kwok, Kin Yee	45	Flying Fish	1:50.00
5	16535	Yuen, Yuk Kuen	46	Sea Green	1:55.00
50-54					
1	32334 #IAON	Mccarroll, Jessica Lee Ter	53	Hong Kong Footba	1:13.92
2	40575 IAO	Chan, San Ngah	50	Sword Fish Club	1:37.00
3	36045 IAZN	Hsu, Ava	51	LRC	1:45.00
4	23323 IAZ	Tam, Choi Ping Scalene	53	New Water Polo	1:47.00
55-59					
1	19859	Long, Marcy Trent	56	LRC	1:23.87
2	37056 IAZ	Wong, Hoi Ping Carol	58	Tuen Mun	1:59.44
3	36225 IAX	Li, Wai Kam	56	Sea Green	2:00.00
4	26257 IAX	Lo, Shuk Ling	58	Sword Fish Club	2:15.00
60-64					
1	03503	Castka, Gillian Hancer	62	Sword Fish Club	1:30.00
65-69					
1	05412	Chu, Lui Kwong	67	Sword Fish Club	2:00.00
2	06212 #	Lo, Yeuk Shuen	69	Wong Tai Sin	2:20.44
3	07763	Chow, Kit Bing	67	Sword Fish Club	3:00.00
70-74					
1	06357	Suen, Ming Chu	70	Sword Fish Club	1:34.00
2	32572 IAO	Chan, Sui Kin	70	Sword Fish Club	1:58.00
3	07446	Lo, Kuk Chun	70	Sword Fish Club	2:03.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18

Psych Sheet

70-74... (Event 16 Women 100 LC Meter Freestyle)

4	06156	Wong, May Chu	70	Tuen Mun S.T.	2:40.00
---	-------	---------------	----	---------------	---------

75-79

1	06374	Wong, Jim	77	Sword Fish Club	2:00.00
---	-------	-----------	----	-----------------	---------

2	05241	Ng, Yung Ho	75	Sea Green	2:00.00
---	-------	-------------	----	-----------	---------

3	06372 IAZ	Leung, Mabel Yuen Ying	76	Sword Fish Club	2:07.00
---	-----------	------------------------	----	-----------------	---------

4	13262 #	Kwong, Shuet Hing	78	Wong Tai Sin	2:20.00
---	---------	-------------------	----	--------------	---------

Event 17 Men 200 LC Meter Freestyle Relay

100-119 MS: 1:41.92

120-159 MS: 1:44.04

160-199 MS: 1:41.91

200-239 MS: 1:52.52

240-279 MS: 2:03.84

280-319 MS: 2:27.16

320-359 MS: 3:23.05

	Team	Relay	Seed Time
100-119			
1	Diocesan School Old Boys	M100 A	1:48.90
2	Hong Kong Police Swimming	M100 A	1:54.30
3	Sword Fish Club	M100 A	2:00.00
4	HK Flying Fish Athletic Club	M100 A	NT
5	Kwun Tong Swimming Club	M100 A	NT
6	New Water Polo Club	M100 A	NT
120-159			
1	Kwan Hung Swimming Club	M120 A	1:46.00
2	HK Fire Services S. & W	M120 A	1:50.00
3	Hong Kong Police Swimming	M120 A	1:56.55
4	Diocesan School Old Boys	M120 A	2:03.21
5	Sword Fish Club	M120 A	2:05.00
6	Chi Kin Winter Swimming	M120 A	2:53.00
7	Current Club Ltd	M120 A	NT
8	HK Flying Fish Athletic Club	M120 A	NT
9	Kwun Tong Swimming Club	M120 A	NT
10	Ladies' Recreation Club	M120 A	NT
11	New Water Polo Club	M120 A	NT
12	Pacific Swimming Club	M120 A	NT
13	Sea Green Swimming & M	M120 A	NT
14	Hong Kong Football Club	M120 A	NT
160-199			
1	HK Fire Services S. & W	M160 A	1:50.00
2	Hong Kong Police Swimming	M160 A	1:58.01
3	Happy Valley Athletic As	M160 A	2:03.00
4	Sword Fish Club	M160 A	2:10.00
5	Diocesan School Old Boys	M160 A	2:25.20
6	Barracuda Swimming Club	M160 A	NT
7	Kwun Tong Swimming Club	M160 A	NT
8	Ladies' Recreation Club	M160 A	NT
9	New Water Polo Club	M160 A	NT
10	Sea Green Swimming & M	M160 A	NT
11	YMCA OF Hong Kong	M160 A	NT
200-239			
1	Hong Kong Police Swimming	M200 A	2:05.00
2	HK Fire Services S. & W	M200 A	2:10.00
3	Sword Fish Club	M200 A	2:15.00

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18

Psych Sheet

200-239... (Event 17 Men 200 LC Meter Freestyle Relay)

4	Lai Tsun Swimming Soci	M200 A	2:20.00
5	Diocesan School Old Boy	M200 A	3:18.33
6	Kwun Tong Swimming Cl	M200 A	NT
7	Ladies' Recreation Club	M200 A	NT
8	New Water Polo Club	M200 A	NT
9	Sea Green Swimming &	M200 A	NT
10	Wong Tai Sin District L.	M200 A	NT
11	YMCA OF Hong Kong	M200 A	NT

240-279

1	Sword Fish Club	M240 A	2:20.00
2	Lai Tsun Swimming Soci	M240 A	2:23.00
3	Kwun Tong Swimming Cl	M240 A	NT
4	New Water Polo Club	M240 A	NT
5	Sea Green Swimming &	M240 A	NT

280-319

1	Sword Fish Club	M280 A	2:40.00
2	Lai Tsun Swimming Soci	M280 A	3:07.00
3	New Water Polo Club	M280 A	NT

320-359

1	Sword Fish Club	M320 A	3:45.00
---	-----------------	--------	---------

Event 18 Women 200 LC Meter Freestyle Relay

100-119 MS: 2:02.27

120-159 MS: 1:55.57

160-199 MS: 1:58.32

200-239 MS: 2:12.67

240-279 MS: 2:35.65

280-319 MS: 3:08.62

	Team	Relay	Seed Time
100-119			
1	Hong Kong Police Swim	W100 A	2:17.61
2	Sword Fish Club	W100 A	2:30.00
120-159			
1	Hong Kong Police Swim	W120 A	2:25.00
2	Sword Fish Club	W120 A	2:30.00
3	Barracuda Swimming Club	W120 A	NT
4	Kwun Tong Swimming Cl	W120 A	NT
5	New Water Polo Club	W120 A	NT
6	Hong Kong Football Club	W120 A	NT
160-199			
1	Ladies' Recreation Club	W160 A	2:12.96
2	Lai Tsun Swimming Soci	W160 A	2:23.00
3	Sword Fish Club	W160 A	2:40.00
4	Kwun Tong Swimming Cl	W160 A	NT
5	New Water Polo Club	W160 A	NT
6	Pacific Swimming Club	W160 A	NT
7	Sea Green Swimming &	W160 A	NT
200-239			
1	Sword Fish Club	W200 A	2:40.00
2	Lai Tsun Swimming Soci	W200 A	2:46.00
3	Kwun Tong Swimming Cl	W200 A	NT
4	Ladies' Recreation Club	W200 A	NT
5	New Water Polo Club	W200 A	NT
6	Sea Green Swimming &	W200 A	NT

2018-19 Long Course Masters Swimming Comp P3 - 24-Jun-18**Psych Sheet****240-279... (Event 18 Women 200 LC Meter Freestyle Relay)**

1	Sword Fish Club	W240	A	2:40.00
2	Lai Tsun Swimming Soci	W240	A	3:20.00
3	Kwun Tong Swimming C	W240	A	NT
4	New Water Polo Club	W240	A	NT
5	Sea Green Swimming &	W240	A	NT

280-319

1	Sword Fish Club	W280	A	3:30.00
2	Sea Green Swimming &	W280	A	NT
3	Wong Tai Sin District L.	SW280	A	NT