

2022 - 2023 AGE GROUP LONG COURSE SWIMMING COMPETITION – DIVISION II (PART 2)

2022 - 2023 第二組長池分齡游泳比賽第二節

Date: 18 June 2022 (Saturday)

Venue: Sun Yat Sen Memorial Park Sw. Pool
中山紀念公園泳池

Morning Warm up	No warm up session
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Afternoon Warm Up	No warm up session
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Age 8 & under & Age 15-17 Morning Session First Event	08:30 hours
Age 13-14 Morning Session First Event	10:45 hours
Age 9-10 Afternoon Session First Event	14:00 hours
Age 11-12 Afternoon Session First Event	16:00 hours

GIRLS 女

BOYS 男

8 歲或以下組及15-17 歲組登記入場：8時 開始 Registration starts for Age 8 & under and Age 15-17 at around 08:00am					
8 歲或以下組及15-17 歲組比賽開始：上午8:30 Age 8 & under and Age 15-17 First Event starts at around 8:30 am					

3	15 - 17 YRS	200M	IND. MEDLEY	個人四式	4
7	15 - 17 YRS	50M	BACKSTROKE	背泳	8
13	15 - 17 YRS	100M	FREESTYLE	自由泳	14
19	15 - 17 YRS	50M	BREASTSTROKE	蛙泳	20
9	8 YRS & UNDER	50M	BACKSTROKE	背泳	10
15	8 YRS & UNDER	100M	FREESTYLE	自由泳	16
21	8 YRS & UNDER	50M	BREASTSTROKE	蛙泳	22

13-14 歲組登記入場：上午10時15分 開始 Registration starts for Age 13-14 at around 10:15 am					
13-14 歲組比賽開始：上午10時45分 Age 13-14 First Event starts at around 10:45 am					

1	13 & 14 YRS	200M	IND. MEDLEY	個人四式	2
5	13 & 14 YRS	50M	BACKSTROKE	背泳	6
11	13 & 14 YRS	100M	FREESTYLE	自由泳	12
17	13 & 14 YRS	50M	BREASTSTROKE	蛙泳	18

午膳時間 Lunch Break

9&10歲組登記入場：約下午1時30分開始 Registration starts for Age 9&10 at around 1:30pm					
9&10歲組比賽開始：約下午2時 Age 9&10 First Event starts at around 2:00 pm					

23	9 & 10 YRS	200M	IND. MEDLEY	個人四式	24
27	9 & 10 YRS	50M	BACKSTROKE	背泳	28
31	9 & 10 YRS	100M	FREESTYLE	自由泳	32
35	9 & 10 YRS	50M	BREASTSTROKE	蛙泳	36

11-12歲組登記入場：約下午3時半開始 Registration starts for Age 11-12 at around 3:30pm					
11&12歲組比賽開始：約下午4時 11&12 First Event starts at around 4 pm					

25	11 & 12 YRS	200M	IND. MEDLEY	個人四式	26
29	11 & 12 YRS	50M	BACKSTROKE	背泳	30
33	11 & 12 YRS	100M	FREESTYLE	自由泳	34
37	11 & 12 YRS	50M	BREASTSTROKE	蛙泳	38

截止註冊日期 CLOSING DATE FOR REGISTRATION:

6 May 2022 (1700 hours)

截止報名日期 CLOSING DATE FOR ENTRIES:

27 May 2022 (1700 hours)