

Results

比賽賽果



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2022-23 Long Course Masters Swimming Competition (Part 3)

二零二二至二三年長池先進游泳比賽第三部份

12 June 2022 (Sun)

二零二二年六月十二日(日)

Sun Yat Sen Memorial Park Swimming Pool

中山紀念公園游泳池

Subvented by the LCSD



Long Course Masters Swimming Competition – Part 3
長池先進游泳比賽 – 第三部份

Date: 12-06-2022 (Sunday)

Venue: Sun Yat Sen Memorial Park Swimming Pool 中山紀念公園游泳池

Morning Warm up/熱身: 0830 – 0920 Hrs

Morning First Event/開始: 0930 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN				WOMEN	
1	100 M	Breaststroke	蛙泳	2	
3	50 M	Freestyle	自由泳	4	
5	50 M	Backstroke	背泳	6	
7	100 M	Freestyle	自由泳	8	
Lunch Break 午膳時間					
9	4 x 50 M	Freestyle Relay	自由接力	10	
11	50 M	Breaststroke	蛙泳	12	
13	4 x 50 M	Mixed Medley Relay	男女混合四式接力		
14	400 M	Freestyle	自由泳	15	

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 1 Men 18-24 100 LC Meter Breaststroke****MSR: 1:08.54 M**

	ID#	Name	Age	Team	Seed Time	Finals Time
1	24279 IAZ	Au, Chung Yin	22	KTS	1:12.00	1:12.48
2	28567 #IAZ	Tam, Wang Yin	22	NWC	1:20.00	1:19.41
3	48045 IAZ	Lo, Tsz Wang	19	KTS	1:20.00	1:20.88
4	15390 B	Lau, Yat Fung	23	#DB	1:20.00	1:23.52

Event 1 Men 25-29 100 LC Meter Breaststroke**MSR: 1:09.75 M**

1	05642 IBZ	Lok, Ho Chun	28	HKP	1:18.09	1:16.23
2	24728 IAZ	Chan, Wing Fa	25	EWS	1:10.00	1:24.24
3	10083 IAZ	Chan, Chun Yin Wilson	28	HKP	1:30.00	1:25.64

Event 1 Men 30-34 100 LC Meter Breaststroke**MSR: 1:09.75 M**

1	02591	Luk, Wing Kin Andy	33	KHC	1:11.00	1:15.73
2	04877 IBZ	Ng, Yu Ting	31	SFC	1:25.00	1:21.60
3	10683 IBZ	Lee, Tsun Sang	30	#GD	1:30.00	1:27.36
4	23960 IAZ	Kong, Ka Wai	34	KTS	1:30.00	1:30.27
5	05730 IAZ	Wong, Tsz Wa	32	KHC	1:25.00	1:34.79
6	09136 IAZ	Tsang, Chun Kin	34	NWC	1:50.00	1:38.38

Event 1 Men 35-39 100 LC Meter Breaststroke**MSR: 1:10.50 M**

---	24266 IAZ	Ma, Ling Ho Herwin	39	HKP	1:26.20	NS
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Event 1 Men 40-44 100 LC Meter Breaststroke**MSR: 1:15.87 M**

1	40834 IAZ	Chang, Hsi Tse JosephJeremy	43	#DB	1:47.00	1:22.88
2	01465 ICZ	Chiang, Filomeno	40	HKP	1:29.50	1:25.42
3	18880 IAZ	Chan, Ho Wai Howard	41	SYS	1:50.00	1:33.48
4	01948 ICZ	Tang, Ho Yuen	40	#DB	1:52.00	1:34.99
5	16467	Chak, Pui Ching	44	WDS	1:50.00	1:50.98
6	23119 IAZ	Chan, Ying Tsung Bosco	41	SFC	2:15.00	2:07.46
---	45574 IAZ	Ng, Siu Kwong	40	SFC	1:45.00	DQ

Event 1 Men 45-49 100 LC Meter Breaststroke**MSR: 1:15.29 M**

1	05160	Chan, Ka Wo	45	#DB	1:40.00	1:21.78
2	42737 IAZ	So, Ma Loi	46	SFC	1:32.00	1:30.88
3	47461 IAZ	Tse, Ka Fai	48	NWC	1:50.00	1:49.87
4	48593 IAZ	Cheng, Wai Leung	45	SFC	1:40.00	1:54.74
---	21008 IAZ	Cheung, Chun Kwan Michael	49	WDS	1:30.00	SCR

Event 1 Men 50-54 100 LC Meter Breaststroke**MSR: 1:13.66 M**

1	25592 IAZ	Cheung, Wai Kei	50	FFA	1:30.00	1:27.85
2	26317 IAZN	Tung, Shang Wei Timothy	52	KTS	1:35.00	1:33.40
3	42085 IAZ	Lee, Hon Lun Philip	50	SFC	1:40.00	1:39.60
4	48592 @IAW	Kwok, Wah Lun	52	SFC	1:45.00	1:41.92
5	15166	Leung, Chi Keung	50	SYS	1:50.00	1:42.54
6	42364 IAZ	Lau, Yip Kwong Francis	53	#DB	1:50.00	1:46.78
7	38127 IAZ	Leung, Cheung Wai Ricky	54	SFC	1:50.00	1:50.99

Event 1 Men 55-59 100 LC Meter Breaststroke**MSR: 1:21.91 M**

1	18856 IAZ	Au, Mun Shing	57	SFC	1:30.00	1:26.89
2	38291 IAZ	Liu, Chun Sing	56	SFC	1:45.00	1:44.48

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****(Event 1 Men 55-59 100 LC Meter Breaststroke)**

3	40592 IAZ	Fo, Pui Keung	58	HKP	1:43.90	1:45.97
4	05139	Lin, Fulung	55	FFA	NT	1:46.73
5	22433 IAZ	Lui, Man Pong	57	NWC	1:55.00	1:46.83
6	27869 IAZ	Lee, Kam Cheong	58	SFC	1:50.00	1:51.28

Event 1 Men 60-64 100 LC Meter Breaststroke**MSR: 1:24.95 M**

1	05191	Koo, Yu Fat Marcus	60	FFA	1:26.00	1:24.69 M
2	15528	Tsui, Tak Shing Dominic	60	#FL	1:35.00	1:41.55
3	31475 IAZ	Kwan, Chi Yin	61	NWC	1:55.00	1:54.70
4	25226 IAZ	Choi, Tai Wing	61	SFC	1:55.00	1:55.73
5	07802	Chau, Kam Tim	62	SGC	1:50.00	1:56.05

Event 1 Men 65-69 100 LC Meter Breaststroke**MSR: 1:26.42 M**

1	06176	Wong, Kung Wan	66	SGC	1:50.00	1:36.98
2	06281	Fung, Kam Tai	67	SFC	1:30.00	1:55.77
3	11563	Lee, Kwok Hung	69	SFC	1:50.00	2:01.23

Event 1 Men 70-74 100 LC Meter Breaststroke**MSR: 1:34.27 M**

1	06382	Chan, Kam Por	70	SFC	1:35.00	1:34.48
2	06243	Koo, Choi Fat	72	WDS	1:53.00	1:47.06
3	23123 IAZ	Poon, Wai	70	SFC	1:38.00	2:42.14

Event 1 Men 75-79 100 LC Meter Breaststroke**MSR: 1:55.28 M**

1	09891	Wong, Chiu Shun	75	SFC	2:10.00	1:55.28 M
2	10274	Lau, Chun Nung	76	LTS	2:10.00	1:56.71
3	14029	Jeong, Vun Fai	76	SFC	2:15.00	2:36.01

Event 1 Men 80-84 100 LC Meter Breaststroke**MSR: 2:08.90 M**

1	06270	Lam, Luk Kan	81	SFC	2:15.00	2:35.79
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Event 1 Men 85-89 100 LC Meter Breaststroke**MSR: 2:42.22 M**

1	17832 IAX	Chan, Sau	85	SFC	3:20.00	3:27.89
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Event 2 Women 18-24 100 LC Meter Breaststroke**MSR: 1:13.79 M**

1	23688 IAZ	Mok, Ka Ka Janis	22	#FL	1:35.00	1:25.64
2	20969 IAZ	Lui, Wing Lam	20	KTS	1:35.00	1:37.35
3	27291 @P	Lau, Sze Wan	19	KTS	1:35.00	1:42.48

Event 2 Women 25-29 100 LC Meter Breaststroke**MSR: 1:22.65 M**

1	09971 IAZ	Kam, Wing Lam Lucinda	26	TSA	1:35.00	1:26.29
2	11418 #P	Chan, Yuan Ting Janet	27	#FL	1:40.00	1:27.94
3	46331 @ICO	Brueck, Hannah Madeleine	26	#FL	1:40.00	1:31.55
4	04236 B	Ngan, Tsz Lam	27	HKP	1:45.00	1:40.33

Event 2 Women 30-34 100 LC Meter Breaststroke**MSR: 1:18.68 M**

1	06577 IBZ	Leung, Wei Yan	32	SFC	1:37.00	1:39.67
2	46294 ICX	Lin, Shengzhu	34	NWC	2:00.00	1:49.78

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 2 Women 35-39 100 LC Meter Breaststroke****MSR: 1:20.17 M**

1	30316 IAZ	Ng, Yee Lam	37	HKP	1:45.00	1:54.24
2	13384 ICZ	Lee, May Sze Mei	35	NWC	2:20.00	2:10.23

Event 2 Women 40-44 100 LC Meter Breaststroke**MSR: 1:21.94 M**

1	46247 @IAO	Krkalo, Shauna Kathleen	44	LRC	1:21.94	1:21.23 M
2	06304 ICZ	Cheung, Man Yiu	43	SGC	1:50.00	1:35.55
3	30072 ICW	Chao, Man Chi	43	NWC	2:00.00	1:42.01

Event 2 Women 50-54 100 LC Meter Breaststroke**MSR: 1:29.58 M**

1	35772 IAX	Ban, Xianhai	50	NWC	2:00.00	1:50.22
2	27463 IAX	Chen, Yugen	51	NWC	1:50.00	1:51.00
3	06349	Ip, Oi Wa Wendy	50	SFC	1:59.00	1:55.02
4	40912 IAZ	Ng, Yee Ling	51	THS	1:50.00	2:08.90
5	44304 IAX	Choi, Shan Shan	50	SFC	2:15.00	2:12.56
6	45745 IAZ	Liu, Pui Ha	50	SFC	2:35.00	2:23.30
---	23588 IAZ	Lee, Ying Chi	54	TSA	1:55.00	SCR

Event 2 Women 55-59 100 LC Meter Breaststroke**MSR: 1:35.97 M**

1	40907 IAZ	Lai, Shui Nin Ingrid	55	YMC	1:55.00	1:51.29
---	38289 IAZ	Ng, Wai Lin Angie	58	SFC	2:15.00	SCR

Event 2 Women 60-64 100 LC Meter Breaststroke**MSR: 1:46.35 M**

1	02711	Fok, Wai Fung	64	WDS	2:00.00	2:12.73
2	24216 IAZ	Li, Chuk Ping	60	SFC	1:58.00	2:16.27
3	21006 IAZ	Chan, Kin Ming Carrie	60	SFC	2:15.00	2:22.69
4	16533	Wong, Shun Ying	63	SGC	1:50.00	2:39.24

Event 2 Women 65-69 100 LC Meter Breaststroke**MSR: 1:51.76 M**

1	06356 IAZN	Lo Yeung, Sau Han	69	KTS	2:10.00	2:12.53
2	14007	Ho, Yuk Ling	65	TSA	2:15.00	2:12.73
3	06127	Lau, Wai Lin	66	NWC	2:15.00	2:20.86
4	23957 IAX	Yeung, Tun Lim Lily	65	SFC	2:40.00	2:30.89

Event 2 Women 70-74 100 LC Meter Breaststroke**MSR: 1:53.65 M**

1	06147	Leung Wong, Yin Har Hayley	70	SGC	2:30.00	2:05.87
2	06212	Lo, Yeuk Shuen	73	WDS	2:40.00	2:43.65

Event 2 Women 75-79 100 LC Meter Breaststroke**MSR: 2:09.00 M**

1	08936	Leong, Kuai Heng	76	NWC	3:42.79	4:13.61
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Event 2 Women 80-84 100 LC Meter Breaststroke**MSR: 2:31.67 M**

1	06374	Wong, Jim	81	SFC	3:00.00	2:38.99
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Event 3 Men 25-29 50 LC Meter Freestyle**MSR: 23.92 M**

1	09964 IAZ	Lau, Chak Lam Nicholas	27	#DB	26.00	26.11
2	16201 B	Kwok, Yuk Hang	26	KTS	27.50	27.54
3	12001 IB	Li, Chung Yin	29	HKP	27.16	27.65
4	05296 B	Hui, Chun Hin	29	NWC	27.00	27.75

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****(Event 3 Men 25-29 50 LC Meter Freestyle)**

5	40333 IAZ	Lam, Pak Lai	25	FFA	28.00	28.06
6	08608 IAZ	Lau, Wang Chi	26	HKP	28.50	28.69
7	48637 IAZ	Leung, Shu Wing	29	NWC	38.00	35.10
8	46301 IAZ	Lai, Siu In	29	NWC	35.00	35.24
---	33918 IAZ	Chan, Ming Hin	27	HKP	27.76	SCR

Event 3 Men 30-34 50 LC Meter Freestyle**MSR: 24.31 M**

1	00557 #	Chow, Sik Hang	34	KTS	25.00	25.37
2	01582 IBZ	Siu, Kevin	34	KTS	26.00	26.73
3	27874 IAZ	Chan, Cheuk Man	34	NWC	27.00	27.32
4	03667 IBZ	Wong, Sai Man Sherman	33	NWC	26.00	27.70
5	14527 IBZ	Ho, Chun Ting Timothy	33	NWC	34.00	28.22
6	14526 IBZ	Ho, Chun Sum Samuel	33	NWC	34.00	28.72
7	00385	Cheng, Pong Man Reuben	33	FFA	29.00	29.37
8	02040	Yei, Tak Sau	33	FFA	29.00	30.24
9	48029 IAZ	Lee, Ka Hung	32	HKP	29.99	31.95
10	23960 IAZ	Kong, Ka Wai	34	KTS	29.00	32.35
11	09136 IAZ	Tsang, Chun Kin	34	NWC	40.00	36.22
---	05730 IAZ	Wong, Tsz Wa	32	KHC	30.00	SCR
---	01433	Tai, Hilary Francis	32	#DB	26.00	SCR
---	01772	Pang, Hin Sing	31	HKP	27.87	SCR

Event 3 Men 35-39 50 LC Meter Freestyle**MSR: 24.80 M**

1	42367 IAO	Chow, Chun Yin	36	#DB	26.00	27.61
2	09165	Cheung, Siu Fung	39	LTS	35.00	30.31
3	46504 @IAO	Coe, Jason George	38	#FL	30.50	31.17
4	32424 IAZ	Law, Tin Yiu	37	HKP	29.99	32.03
5	23298 IAZ	Li, Cheuk Bun	37	WDS	33.00	32.17
---	24266 IAZ	Ma, Ling Ho Herwin	39	HKP	29.50	NS
---	00444	Lam, Yau Sun Dickson	37	#DB	30.00	SCR
---	35767 ICO	Pilloni, Iosto	36	NWC	31.00	SCR
---	09143 ICZ	Chow, Wang Kei	38	FFA	29.21	SCR

Event 3 Men 40-44 50 LC Meter Freestyle**MSR: 25.24 M**

1	46248 @ICO	O' Neill, Donal Thomas	42	LRC	NT	26.47
2	40107 IAZ	Chan, Falcon	43	LTS	30.00	30.01
3	40841 IAX	Tsang, Kwok Tung	43	#DB	30.00	31.04
4	03095	Lau, Ko Chun	40	HKP	32.41	31.64
5	03793 ICZ	Po, Tik San	40	NWC	35.00	32.51
6	18880 IAZ	Chan, Ho Wai Howard	41	SYS	33.00	32.60
7	40558 IAZ	Law, Sai Wo	43	THS	32.09	33.43
8	29261 IAZ	Lai, Ka Wai	44	*TM	NT	40.50
9	23119 IAZ	Chan, Ying Tsung Bosco	41	SFC	1:10.00	48.33

Event 3 Men 45-49 50 LC Meter Freestyle**MSR: 26.47 M**

1	06316	Chan, Sze Tat	47	HKP	29.50	29.82
2	11569	Wong, Lok Shun	45	FFA	29.00	30.96
3	42737 IAZ	So, Ma Loi	46	SFC	32.00	31.35
4	48665 IAZ	Law, Kwai Sun	47	NWC	39.00	33.69
5	48593 IAZ	Cheng, Wai Leung	45	SFC	40.00	43.17
---	21008 IAZ	Cheung, Chun Kwan Michael	49	WDS	33.00	SCR

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 3 Men 50-54 50 LC Meter Freestyle****MSR: 25.80 M**

1	48285 IAZ	Wan, Hong Yin Edmund	51	#FB	30.00	29.40
2	46434 IAZ	Tse, Chee Ho Bruce	52	SFC	33.00	35.19
3	17701 IAZ	Lee, Chor Fu	53	WDS	34.00	36.55
4	35711 IAX	Wong, Fuk Kei	53	SFC	48.00	45.72
---	04184	Woo, Siu Ming William	51	SFC	50.00	SCR

Event 3 Men 55-59 50 LC Meter Freestyle**MSR: 28.02 M**

1	40592 IAZ	Fo, Pui Keung	58	HKP	31.07	33.48
2	21023 IAZ	Ho, Kwong Ngai Eric	59	SFC	36.00	33.98
3	26261 IAZ	Tsun, Chung Wa Jode	58	HKP	34.81	35.76
4	46973 IAZ	Leung, Wai Ming	56	NWC	37.00	36.56
5	39982 IAZ	Chow, Wing Chun	58	SFC	38.00	36.64
6	40861 IAZ	Cheung, Chi Ming Rover	59	SFC	37.00	36.74
7	40839 IAZ	Leung, Wing Hang Michael	57	#DB	37.00	37.88
8	19802 IAO	Farrands, Sam	57	LRC	NT	39.75
9	44868 IAZ	Leung, Cheong Chau Stephen	57	#DB	37.00	44.40

Event 3 Men 60-64 50 LC Meter Freestyle**MSR: 27.95 M**

1	06256	Chan, Kwong Peter	61	SGC	31.00	30.87
2	41007 IAZ	So, Man Sing	61	SGC	39.00	33.36
3	46092 @IAO	Munro, Gavin Malcolm	62	LRC	34.27	34.35
4	05071	Choi, Tony	64	LRC	31.85	34.90
5	07802	Chau, Kam Tim	62	SGC	40.00	35.99
6	28339 IAZ	Yim, Chi Yiu	62	NWC	40.00	39.44
7	20636 IAZ	Pang, Seung Chiu	63	LTS	44.00	42.78

Event 3 Men 65-69 50 LC Meter Freestyle**MSR: 29.72 M**

1	06398	Cho, Wai Sun	69	#FL	34.00	33.84
2	06389	Chan, Hong Wah	69	NWC	40.00	34.96
3	33115 IAX	Ng, Kan Sing	69	SFC	39.00	36.61
4	06184	Ng, Pak Chiu	68	SGC	40.00	38.23
5	06388	Lau, Man Kin	68	SFC	40.00	42.52
6	41739 IAZ	Ng, Chin Wing	67	SGC	50.00	46.01
7	11563	Lee, Kwok Hung	69	SFC	50.00	47.24
---	06331 ICZ	Ma, Etienne	65	YMC	30.00	NS

Event 3 Men 70-74 50 LC Meter Freestyle**MSR: 30.07 M**

1	06268	Tse, Kwok Piu	71	SFC	34.00	33.21
2	41729 IAZ	Ko, Leung Hung Alex	70	#DB	36.00	37.72
3	23297 IAZ	Chan, Shing Chi	74	LTS	45.00	39.37
4	44756 IAZ	Lo, Che Hung	74	LTS	42.00	40.21
5	05917	Yong, Khin Syn	73	SFC	40.00	40.45
6	45624 IAZ	Mok, Hin Ming	72	LTS	47.00	42.15
7	23123 IAZ	Poon, Wai	70	SFC	40.00	47.35

Event 3 Men 75-79 50 LC Meter Freestyle**MSR: 33.94 M**

1	03845	Tin, Sheung Kwai	75	NWC	35.13	31.79 M
2	09171	Chan, Ying Chi	76	SFC	48.00	49.23
---	38301 IAX	Cheung, Hao Yen	79	LTS	52.00	NS

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 3 Men 80-84 50 LC Meter Freestyle****MSR: 41.01 M**

1	28522 IAX	Wong, Tat Choi	81	SFC	50.00	57.30
2	05407	Lee, She Kwok	84	SFC	52.00	1:09.24

Event 3 Men 85-89 50 LC Meter Freestyle**MSR: 46.70 M**

1	15490	Law, Kwai Fong	86	SFC	1:00.00	1:02.34
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Event 4 Women 18-24 50 LC Meter Freestyle**MSR: 28.20 M**

1	27291 @P	Lau, Sze Wan	19	KTS	33.00	31.38
2	46326 IAZ	Kwok, Yu Yan	23	NWC	43.00	40.94

Event 4 Women 25-29 50 LC Meter Freestyle**MSR: 29.28 M**

1	12653 B	Ching, Cho Miu	25	FFA	30.00	30.20
2	11797 B	Ip, Rainbow	25	FFA	30.00	30.26
3	29564 IAZ	Ng, Wai Ying Megan	26	FFA	30.00	30.28
4	08238 B	Li, Tsz Yu	28	NWC	29.00	30.60
5	11418 #P	Chan, Yuan Ting Janet	27	#FL	33.00	30.92
6	12361 B	Fok, Sen Yin Stephanie	25	FFA	30.00	31.21
7	09971 IAZ	Kam, Wing Lam Lucinda	26	TSA	33.00	31.67
8	06608 B	Shek, Yan Sin	29	NWC	35.00	33.04
9	48638 IAZ	Chen, Hei Ching	28	NWC	55.00	42.96

Event 4 Women 30-34 50 LC Meter Freestyle**MSR: 28.96 M**

1	17382 #IAZ	Tsui, Man Hei	31	NWC	29.00	30.45
2	01513 IAZ	Ngai, Sze Long	34	HKP	33.41	33.90
3	47085 @ICO	Reinfrank, Alkira Lee	30	BSC	29.00	34.53
4	47086 @ICX	Miao, Amy	33	BSC	30.00	35.79
---	39995 IAS	Cheong, Sut Ieng	30	SFC	34.00	SCR

Event 4 Women 35-39 50 LC Meter Freestyle**MSR: 28.65 M**

1	03070	Tu, Pui Yee	38	HKP	30.88	30.97
2	14023	Wu, Pui Yan Natalie	37	HKP	33.00	36.57
3	30316 IAZ	Ng, Yee Lam	37	HKP	36.00	38.11
4	47561 IAZ	Leung, Tin Ho	38	FFA	45.00	43.14

Event 4 Women 40-44 50 LC Meter Freestyle**MSR: 28.87 M**

1	46247 @IAO	Krkalo, Shauna Kathleen	44	LRC	28.87	28.80 M
2	40853 @IAO	Tam, Alison Mai Ling	44	#FL	31.00	30.32
3	47028 @ICO	Wittke, Alexandra Maria	40	#FL	39.00	35.93
4	06304 ICZ	Cheung, Man Yiu	43	SGC	45.00	39.29
5	30072 ICW	Chao, Man Chi	43	NWC	1:00.00	41.43
6	34679 IAZ	Lam, Kai Yan	41	SGC	45.00	45.61
7	25238 IAZ	Yip, Po Man	42	NWC	41.00	46.08

Event 4 Women 50-54 50 LC Meter Freestyle**MSR: 30.65 M**

1	28770 IAZ	Cromwell, Nicole Samantha	50	LRC	32.91	34.90
2	27463 IAX	Chen, Yugen	51	NWC	45.00	38.70
3	36840 IAZ	Chung, Ching Han Anna	50	SGC	49.00	45.31
4	06349	Ip, Oi Wa Wendy	50	SFC	48.00	47.25
5	44304 IAX	Choi, Shan Shan	50	SFC	1:10.00	55.54

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 4 Women 55-59 50 LC Meter Freestyle****MSR: 32.17 M**

1	48634 IAZ	Cheung, Wing Yee	56	NWC	43.00	45.57
2	17890 IAZ	Lee, Mo Kee Cillia	57	SFC	50.00	51.63
3	44303 IAZ	Lam, Man Lai	56	SFC	1:10.00	1:05.20
---	26254 IAX	Ng, Kong Ching	57	NWC	50.00	NS
---	45065 @IAZ	Lo, Fung Po Jennifer	59	LRC	44.53	SCR
---	29831 IAZ	Lowe, Yeuk Ling Dilys	58	SFC	55.00	SCR

Event 4 Women 60-64 50 LC Meter Freestyle**MSR: 34.16 M**

1	41423 IAZ	Chiu, Pauline	60	TSA	40.00	41.85
2	20640 IAZ	Wong, Fung Yee	62	SFC	44.00	51.41
3	02711	Fok, Wai Fung	64	WDS	50.58	54.49
4	16533	Wong, Shun Ying	63	SGC	49.00	56.40
5	21006 IAZ	Chan, Kin Ming Carrie	60	SFC	1:10.00	57.46
---	36225 IAX	Li, Wai Kam	60	SGC	50.00	SCR

Event 4 Women 65-69 50 LC Meter Freestyle**MSR: 37.61 M**

1	19290 IAX	Tseung, Nga Wah	65	SFC	40.00	35.31 M
2	03503	Castka, Gillian Hancer	66	SFC	40.00	41.63
3	06356 IAZN	Lo Yeung, Sau Han	69	KTS	1:08.00	52.73
4	06127	Lau, Wai Lin	66	NWC	1:10.00	56.57
5	06213	Mo, Mei Ling	68	WDS	1:02.00	1:06.13

Event 4 Women 70-74 50 LC Meter Freestyle**MSR: 38.75 M**

1	22852 ICX	Bai, Xiufen	71	SFC	37.00	41.69
2	06212	Lo, Yeuk Shuen	73	WDS	1:10.00	1:02.29

Event 4 Women 75-79 50 LC Meter Freestyle**MSR: 42.67 M**

1	32571 IAZ	Chan, Pui Yee	78	SFC	1:10.00	1:00.74
2	08936	Leong, Kuai Heng	76	NWC	1:07.09	1:20.08

Event 4 Women 80-84 50 LC Meter Freestyle**MSR: 43.31 M**

1	06372 IAZ	Leung, Mabel Yuen Ying	80	SFC	1:00.00	1:00.51
---	38059 IAX	Tai, Li Hua	83	SFC	48.00	SCR

Event 5 Men 18-24 50 LC Meter Backstroke**MSR: 28.26 M**

1	48045 IAZ	Lo, Tsz Wang	19	KTS	35.00	36.34
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Event 5 Men 25-29 50 LC Meter Backstroke**MSR: 28.12 M**

1	16201 B	Kwok, Yuk Hang	26	KTS	33.00	31.95
2	05567 B	Yeung, Sze Hon	29	FFA	36.00	34.38
3	47043 IAZ	Lam, Pak Lun	28	FFA	35.00	35.83

Event 5 Men 30-34 50 LC Meter Backstroke**MSR: 29.77 M**

1	06092 #IAZ	Ng, Yan Ho	32	HKP	30.00	31.32
2	06886 B	Li, Chin Long	32	EWS	45.00	34.06
3	10683 IBZ	Lee, Tsun Sang	30	#GD	34.00	34.51
4	14526 IBZ	Ho, Chun Sum Samuel	33	NWC	34.00	35.18
5	10686	Chan, Ching	31	#GD	35.00	39.69

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****(Event 5 Men 30-34 50 LC Meter Backstroke)**

6	48029 IAZ	Lee, Ka Hung	32	HKP	35.00	45.63
---	01772	Pang, Hin Sing	31	HKP	33.50	SCR

Event 5 Men 35-39 50 LC Meter Backstroke**MSR: 30.38 M**

1	19334 IAZ	Lee, Chun Lim Michael	37	HKP	33.50	35.09
---	00444	Lam, Yau Sun Dickson	37	#DB	32.00	SCR

Event 5 Men 40-44 50 LC Meter Backstroke**MSR: 29.81 M**

1	46248 @ICO	O' Neill, Donal Thomas	42	LRC	29.81	29.49 M
2	01948 ICZ	Tang, Ho Yuen	40	#DB	42.00	37.80
3	40841 IAX	Tsang, Kwok Tung	43	#DB	39.00	40.57
4	03793 ICZ	Po, Tik San	40	NWC	45.00	44.06
5	23119 IAZ	Chan, Ying Tsung Bosco	41	SFC	1:30.00	1:07.06

Event 5 Men 50-54 50 LC Meter Backstroke**MSR: 30.97 M**

1	06711	Leung, Tsz Kin	50	NWC	39.03	37.15
2	48285 IAZ	Wan, Hong Yin Edmund	51	#FB	38.00	39.64
3	21814 ICO	Mattoli, Enrico Andrea	52	LRC	44.00	43.23
4	21736 IAM	Lo, Lai Tou	54	SFC	48.00	43.54
5	15166	Leung, Chi Keung	50	SYS	1:00.00	52.02
---	41548 IAZ	Ip, Ka Keung Patrick	54	#FB	40.00	SCR

Event 5 Men 55-59 50 LC Meter Backstroke**MSR: 32.57 M**

1	21023 IAZ	Ho, Kwong Ngai Eric	59	SFC	48.00	42.70
2	05139	Lin, Fulung	55	FFA	NT	43.08
3	18856 IAZ	Au, Mun Shing	57	SFC	45.00	43.33
4	37048 IAZ	Cheung, Wai Chuen Jimmy	59	SFC	48.00	47.67
5	29472 IAZN	Choi, Kwok Man Tony	56	SFC	55.00	49.10
6	39982 IAZ	Chow, Wing Chun	58	SFC	50.00	49.51
7	27869 IAZ	Lee, Kam Cheong	58	SFC	50.00	50.17
8	22433 IAZ	Lui, Man Pong	57	NWC	45.00	51.34

Event 5 Men 60-64 50 LC Meter Backstroke**MSR: 33.94 M**

1	03215 IAZ	Leung, Yiu Chuen	64	SYS	42.00	39.85
2	46092 @IAO	Munro, Gavin Malcolm	62	LRC	NT	44.88
3	41007 IAZ	So, Man Sing	61	SGC	45.00	46.78
4	25226 IAZ	Choi, Tai Wing	61	SFC	55.00	55.49
---	06256	Chan, Kwong Peter	61	SGC	40.00	NS

Event 5 Men 65-69 50 LC Meter Backstroke**MSR: 35.70 M**

1	06398	Cho, Wai Sun	69	#FL	44.00	46.70
2	06187	Kan, Kai Kwong	67	SGC	50.00	48.08
3	06281	Fung, Kam Tai	67	SFC	42.00	48.52
4	06388	Lau, Man Kin	68	SFC	48.00	50.35
5	28893 IAZ	Au, King Tong	65	SYS	45.00	51.31
6	11563	Lee, Kwok Hung	69	SFC	58.00	1:11.99
---	26318	Suen, Chi Wing	68	SFC	55.00	SCR

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 5 Men 70-74 50 LC Meter Backstroke****MSR: 37.82 M**

1	40518 IAZ	Liu, Wing Chiu	74	*TM	1:00.00	52.09
2	22182 IAZ	Ngai, Yin Leung	73	SFC	57.62	56.46
3	23123 IAZ	Poon, Wai	70	SFC	54.00	1:13.12
---	20634 IAZ	Wu, Shu Sun	72	NWC	1:00.00	NS

Event 5 Men 75-79 50 LC Meter Backstroke**MSR: 43.53 M**

1	09891	Wong, Chiu Shun	75	SFC	1:11.00	54.71
2	06274	Wong, Yau Chuen	76	SFC	1:10.00	1:03.26
---	38301 IAX	Cheung, Hao Yen	79	LTS	1:08.00	NS

Event 5 Men 80-84 50 LC Meter Backstroke**MSR: 56.40 M**

1	05407	Lee, She Kwok	84	SFC	1:00.00	1:01.71
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Event 5 Men 85-89 50 LC Meter Backstroke**MSR: 1:05.35 M**

1	17832 IAX	Chan, Sau	85	SFC	1:15.00	1:39.62
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Event 6 Women 18-24 50 LC Meter Backstroke**MSR: 31.58 M**

1	20969 IAZ	Lui, Wing Lam	20	KTS	38.00	38.48
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Event 6 Women 25-29 50 LC Meter Backstroke**MSR: 32.98 M**

1	06608 B	Shek, Yan Sin	29	NWC	40.00	40.56
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Event 6 Women 30-34 50 LC Meter Backstroke**MSR: 32.81 M**

1	05347	Chui, Kit Man	32	HKP	40.09	37.89
2	40936 IAZ	Chan, Po Yan	32	NWC	50.00	53.28
---	39995 IAS	Cheong, Sut Ieng	30	SFC	42.00	SCR

Event 6 Women 40-44 50 LC Meter Backstroke**MSR: 34.40 M**

1	40853 @IAO	Tam, Alison Mai Ling	44	#FL	35.00	35.01
2	06304 ICZ	Cheung, Man Yiu	43	SGC	55.00	49.13
3	25238 IAZ	Yip, Po Man	42	NWC	50.00	54.44

Event 6 Women 50-54 50 LC Meter Backstroke**MSR: 35.58 M**

1	28770 IAZ	Cromwell, Nicole Samantha	50	LRC	42.32	43.05
2	35772 IAX	Ban, Xianhai	50	NWC	1:00.00	49.65
3	40575 IAO	Chan, San Ngah	54	#FL	1:00.00	55.90

Event 6 Women 55-59 50 LC Meter Backstroke**MSR: 43.53 M**

1	40907 IAZ	Lai, Shui Nin Ingrid	55	YMC	44.00	43.90
2	06337	Tse, Yee Wah	56	YMC	55.00	55.39
3	12233	Hung, Isabel	56	SFC	56.00	55.78
4	26254 IAX	Ng, Kong Ching	57	NWC	50.00	56.78
5	17890 IAZ	Lee, Mo Kee Cillia	57	SFC	55.00	1:05.96
6	45187 IAX	Chan, On Mei	59	SFC	1:05.00	1:09.01
---	29831 IAZ	Lowe, Yeuk Ling Dilys	58	SFC	1:08.00	SCR

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 6 Women 60-64 50 LC Meter Backstroke****MSR: 46.26 M**

1	41423 IAZ	Chiu, Pauline	60	TSA	53.00	54.06
2	20640 IAZ	Wong, Fung Yee	62	SFC	59.00	59.70
3	02711	Fok, Wai Fung	64	WDS	1:20.00	1:09.24
4	21006 IAZ	Chan, Kin Ming Carrie	60	SFC	1:30.00	1:18.99

Event 6 Women 65-69 50 LC Meter Backstroke**MSR: 42.89 M**

1	06355	Lo, Lai Yung	67	NWC	58.00	50.50
2	14007	Ho, Yuk Ling	65	TSA	1:15.00	1:03.25
3	23957 IAX	Yeung, Tun Lim Lily	65	SFC	1:15.00	1:04.93
4	06356 IAZN	Lo Yeung, Sau Han	69	KTS	1:05.06	1:08.24
5	06127	Lau, Wai Lin	66	NWC	1:20.00	1:10.07
6	06213	Mo, Mei Ling	68	WDS	1:12.00	1:27.61

Event 6 Women 70-74 50 LC Meter Backstroke**MSR: 44.75 M**

1	22852 ICX	Bai, Xiufen	71	SFC	47.00	45.94
2	06147	Leung Wong, Yin Har Hayley	70	SGC	1:20.00	1:02.80
3	07440	Yip, Lai Kuen	71	LTS	1:13.00	1:13.92

Event 6 Women 75-79 50 LC Meter Backstroke**MSR: 55.07 M**

1	32571 IAZ	Chan, Pui Yee	78	SFC	1:20.00	1:13.51
2	08936	Leong, Kuai Heng	76	NWC	1:11.87	1:32.75

Event 6 Women 80-84 50 LC Meter Backstroke**MSR: 53.45 M**

1	06374	Wong, Jim	81	SFC	1:00.00	1:05.74
---	06218	Sin, Lai Kwan	82	WDS	1:30.00	SCR

Event 7 Men 18-24 100 LC Meter Freestyle**MSR: 54.18 M**

1	28567 #IAZ	Tam, Wang Yin	22	NWC	1:05.00	59.08
2	24279 IAZ	Au, Chung Yin	22	KTS	1:05.00	59.12

Event 7 Men 25-29 100 LC Meter Freestyle**MSR: 54.16 M**

1	05296 B	Hui, Chun Hin	29	NWC	59.00	59.62
2	12001 IB	Li, Chung Yin	29	HKP	1:02.95	1:02.44
3	24728 IAZ	Chan, Wing Fa	25	EWS	1:00.00	1:02.97
4	16201 B	Kwok, Yuk Hang	26	KTS	1:02.00	1:07.61
5	48637 IAZ	Leung, Shu Wing	29	NWC	1:40.00	1:18.75
6	46301 IAZ	Lai, Siu In	29	NWC	1:40.00	1:21.45

Event 7 Men 30-34 100 LC Meter Freestyle**MSR: 56.01 M**

1	03667 IBZ	Wong, Sai Man Sherman	33	NWC	1:00.00	1:01.64
2	27874 IAZ	Chan, Cheuk Man	34	NWC	1:00.00	1:02.17
3	14527 IBZ	Ho, Chun Ting Timothy	33	NWC	1:00.00	1:02.68
4	33387 IAO	Wu, Kenneth Yee Lok	31	SFC	1:06.08	1:08.76
5	10686	Chan, Ching	31	#GD	1:10.00	1:13.03
6	23960 IAZ	Kong, Ka Wai	34	KTS	1:04.00	1:19.21
---	39152 ICO	Belecanech, Matthew Joseph	30	#FB	58.00	SCR

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 7 Men 35-39 100 LC Meter Freestyle****MSR: 56.13 M**

1	46504 @IAO	Coe, Jason George	38 #FL	1:10.00	1:09.25
2	03713 IBZ	Tang, Chee Kit	36 #DB	1:08.00	1:10.04

Event 7 Men 40-44 100 LC Meter Freestyle**MSR: 56.60 M**

1	40107 IAZ	Chan, Falcon	43 LTS	1:12.00	1:08.20
2	18880 IAZ	Chan, Ho Wai Howard	41 SYS	1:45.00	1:16.83

Event 7 Men 45-49 100 LC Meter Freestyle**MSR: 59.62 M**

1	46505 IAZ	Chang, Lambert Jen Hsiung	47 #FL	1:10.00	1:06.32
2	28849 IAZ	Chan, Chun Kuen	47 SFC	1:07.00	1:07.16
3	11569	Wong, Lok Shun	45 FFA	1:12.00	1:13.46
4	48665 IAZ	Law, Kwai Sun	47 NWC	1:46.00	1:20.93

Event 7 Men 50-54 100 LC Meter Freestyle**MSR: 58.29 M**

1	21814 ICO	Mattoli, Enrico Andrea	52 LRC	1:14.55	1:16.48
2	42085 IAZ	Lee, Hon Lun Philip	50 SFC	1:25.00	1:23.85
3	38127 IAZ	Leung, Cheung Wai Ricky	54 SFC	1:28.00	1:30.38
4	17701 IAZ	Lee, Chor Fu	53 WDS	1:34.00	1:32.29
---	25592 IAZ	Cheung, Wai Kei	50 FFA	1:13.00	SCR
---	07427	Wong, Ho Ming Edwin	53 BSC	1:15.00	SCR
---	30710 IAZ	Lai, Kin Sun	52 FFA	1:07.00	SCR

Event 7 Men 55-59 100 LC Meter Freestyle**MSR: 1:03.62 M**

1	13992	Yim, Chung Chee	57 YMC	1:15.00	1:15.84
2	05139	Lin, Fulung	55 FFA	NT	1:24.41
3	21023 IAZ	Ho, Kwong Ngai Eric	59 SFC	1:30.00	1:24.87
4	19802 IAO	Farrands, Sam	57 LRC	NT	1:26.37
5	37048 IAZ	Cheung, Wai Chuen Jimmy	59 SFC	1:30.00	1:26.45
6	39982 IAZ	Chow, Wing Chun	58 SFC	1:40.00	1:29.54
7	22433 IAZ	Lui, Man Pong	57 NWC	1:30.00	1:29.90
8	26594 IAZ	Ching, Wai Kin	58 SFC	1:19.98	1:30.06
9	40861 IAZ	Cheung, Chi Ming Rover	59 SFC	1:30.00	1:31.98

Event 7 Men 60-64 100 LC Meter Freestyle**MSR: 1:04.39 M**

1	15528	Tsui, Tak Shing Dominic	60 #FL	1:12.00	1:17.89
2	46092 @IAO	Munro, Gavin Malcolm	62 LRC	1:17.34	1:18.73
3	41007 IAZ	So, Man Sing	61 SGC	1:39.00	1:21.38
4	45199 #IAZ	Fok, Siu Por	64 JHC	1:29.58	1:24.04
5	05071	Choi, Tony	64 LRC	1:14.47	1:25.64
6	07802	Chau, Kam Tim	62 SGC	1:45.00	1:29.39
7	13979	Lee, Sing Tim	61 LTS	1:45.00	1:31.49

Event 7 Men 65-69 100 LC Meter Freestyle**MSR: 1:08.31 M**

1	06331 ICZ	Ma, Etienne	65 YMC	1:10.00	1:09.18
2	33115 IAX	Ng, Kan Sing	69 SFC	1:22.00	1:28.29
3	06239	Chan, King Yuen	67 LTS	1:42.00	1:30.06
4	06176	Wong, Kung Wan	66 SGC	1:49.00	1:34.57
5	26318	Suen, Chi Wing	68 SFC	1:45.00	1:39.84
6	41739 IAZ	Ng, Chin Wing	67 SGC	1:55.00	1:41.09

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****(Event 7 Men 65-69 100 LC Meter Freestyle)**

7	06184	Ng, Pak Chiu	68	SGC	1:50.00	1:41.68
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Event 7 Men 70-74 100 LC Meter Freestyle**MSR: 1:13.99 M**

1	06268	Tse, Kwok Piu	71	SFC	1:14.00	1:13.75 M
2	06382	Chan, Kam Por	70	SFC	1:18.00	1:19.66
3	22182 IAZ	Ngai, Yin Leung	73	SFC	1:57.00	2:02.96

Event 7 Men 75-79 100 LC Meter Freestyle**MSR: 1:23.46 M**

1	06274	Wong, Yau Chuen	76	SFC	2:10.00	1:58.60
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Event 7 Men 80-84 100 LC Meter Freestyle**MSR: 1:38.42 M**

1	28522 IAX	Wong, Tat Choi	81	SFC	2:00.00	2:28.09
2	05407	Lee, She Kwok	84	SFC	2:22.00	2:28.39

Event 7 Men 85-89 100 LC Meter Freestyle**MSR: 1:49.14 M**

1	17832 IAX	Chan, Sau	85	SFC	2:40.00	3:00.67
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Event 8 Women 18-24 100 LC Meter Freestyle**MSR: 1:02.73 M**

1	27291 @P	Lau, Sze Wan	19	KTS	1:10.00	1:07.71
2	20969 IAZ	Lui, Wing Lam	20	KTS	1:10.00	1:16.27
3	46326 IAZ	Kwok, Yu Yan	23	NWC	1:45.00	1:36.71

Event 8 Women 25-29 100 LC Meter Freestyle**MSR: 1:02.46 M**

1	09413 B	Fang, Ka Ying	27	EWS	1:10.00	1:06.33
2	12361 B	Fok, Sen Yin Stephanie	25	FFA	1:05.00	1:06.86
3	46331 @ICO	Brueck, Hannah Madeleine	26	#FL	1:15.00	1:08.45
4	09971 IAZ	Kam, Wing Lam Lucinda	26	TSA	1:15.00	1:13.19

Event 8 Women 30-34 100 LC Meter Freestyle**MSR: 1:03.43 M**

1	47086 @ICX	Miao, Amy	33	BSC	1:35.00	1:22.14
2	01513 IAZ	Ngai, Sze Long	34	HKP	1:18.65	1:22.44

Event 8 Women 35-39 100 LC Meter Freestyle**MSR: 1:01.54 M**

1	14023	Wu, Pui Yan Natalie	37	HKP	1:18.00	1:29.23
2	13384 ICZ	Lee, May Sze Mei	35	NWC	2:10.00	1:50.48

Event 8 Women 40-44 100 LC Meter Freestyle**MSR: 1:01.45 M**

1	47028 @ICO	Wittke, Alexandra Maria	40	#FL	1:29.50	1:22.74
2	34679 IAZ	Lam, Kai Yan	41	SGC	1:45.00	1:47.02

Event 8 Women 45-49 100 LC Meter Freestyle**MSR: 1:07.17 M**

1	07784 #IAZ	Tang, Mei Yin	45	KTS	1:12.00	1:26.06
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Event 8 Women 50-54 100 LC Meter Freestyle**MSR: 1:10.99 M**

1	38295 IAZ	Liu, Wai Fun	52	BSC	1:40.00	1:32.72
2	27463 IAX	Chen, Yugen	51	NWC	1:40.00	1:33.51
3	40912 IAZ	Ng, Yee Ling	51	THS	1:50.00	1:50.99

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****(Event 8 Women 50-54 100 LC Meter Freestyle)**

4	45745 IAZ	Liu, Pui Ha	50	SFC	2:15.00	2:23.90
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Event 8 Women 55-59 100 LC Meter Freestyle**MSR: 1:14.96 M**

1	48634 IAZ	Cheung, Wing Yee	56	NWC	1:59.00	1:46.69
2	31750 IAZ	Cheung, Lai Ying Anita	59	LTS	1:54.00	1:51.99
3	45187 IAX	Chan, On Mei	59	SFC	1:38.00	2:01.67

Event 8 Women 60-64 100 LC Meter Freestyle**MSR: 1:22.04 M**

1	10289	Chan, Wai Yee	64	LTS	2:00.00	2:13.10
2	16533	Wong, Shun Ying	63	SGC	1:50.00	2:21.98
---	36225 IAX	Li, Wai Kam	60	SGC	1:55.00	SCR

Event 8 Women 65-69 100 LC Meter Freestyle**MSR: 1:36.66 M**

1	19290 IAX	Tseung, Nga Wah	65	SFC	1:40.00	1:28.57 M
2	03503	Castka, Gillian Hancer	66	SFC	1:40.00	1:40.52
3	06355	Lo, Lai Yung	67	NWC	1:55.00	1:44.76
4	14007	Ho, Yuk Ling	65	TSA	2:15.00	2:01.08
5	23957 IAX	Yeung, Tun Lim Lily	65	SFC	2:10.00	2:17.78

Event 8 Women 70-74 100 LC Meter Freestyle**MSR: 1:39.80 M**

1	06212	Lo, Yeuk Shuen	73	WDS	2:20.00	1:59.60
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Event 8 Women 80-84 100 LC Meter Freestyle**MSR: 2:10.64 M**

1	06372 IAZ	Leung, Mabel Yuen Ying	80	SFC	2:30.00	2:30.70
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Event 9 Men 100-119 4x50 LC Meter Freestyle Relay**MSR: 1:36.96 M**

1		Hong Kong Police Swimming	A	1:50.72	1:56.46
---		Diocesan School Old Boys' As	A	NT	SCR

Event 9 Men 120-159 4x50 LC Meter Freestyle Relay**MSR: 1:40.03 M**

1		Diocesan School Old Boys' As	A	NT	1:43.99
2		Hong Kong Police Swimming	A	1:57.68	1:57.03
3		New Water Polo Club	A	NT	1:57.24
---		Fastlane Swimming	A	NT	NS
---		Sword Fish Club	A	NT	SCR

Event 9 Men 160-199 4x50 LC Meter Freestyle Relay**MSR: 1:41.91 M**

1		Fastlane Swimming	A	NT	1:52.72
2		Diocesan School Old Boys' As	A	NT	2:00.06
3		HK Flying Fish Athletic Assn	A	NT	2:00.81
4		Sword Fish Club	A	NT	2:06.34
5		New Water Polo Club	A	NT	2:36.85
---		Barracuda Swimming Club	A	NT	DQ
---		Hong Kong Football Club	A	NT	SCR
---		Sun Yip Swimming Club	A	NT	SCR
---		Hong Kong Police Swimming	A	1:57.96	SCR

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 9 Men 200-239 4x50 LC Meter Freestyle Relay****MSR: 1:52.52 M**

1	Hong Kong Police Swimming	A	2:15.94	2:14.46
2	Diocesan School Old Boys' As	A	NT	2:18.02
3	Sword Fish Club	A	NT	2:26.59
4	Wong Tai Sin District L.S. S.	A	2:30.00	2:38.81
---	Fastlane Swimming	A	NT	NS
---	Kwun Tong Swimming Club	A	NT	SCR
---	HK Flying Fish Athletic Assn	A	NT	SCR
---	New Water Polo Club	A	NT	SCR
---	Lai Tsun Swimming Society	A	NT	SCR

Event 9 Men 240-279 4x50 LC Meter Freestyle Relay**MSR: 2:02.09 M**

1	Sea Green Swimming & L.S. C	A	NT	2:17.53
2	Sword Fish Club	A	NT	2:22.13
3	New Water Polo Club	A	NT	2:27.69
4	Lai Tsun Swimming Society	A	NT	2:28.13

Event 9 Men 280-319 4x50 LC Meter Freestyle Relay**MSR: 2:18.05 M**

1	New Water Polo Club	A	NT	2:24.46
2	Sword Fish Club	A	NT	2:33.81
3	Lai Tsun Swimming Society	A	NT	2:59.24

Event 9 Men 320-359 4x50 LC Meter Freestyle Relay**MSR: 3:09.80 M**

1	Sword Fish Club	A	NT	4:00.63
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Event 10 Women 100-119 4x50 LC Meter Freestyle Relay**MSR: 2:02.27 M**

1	HK Flying Fish Athletic Assn	A	NT	1:58.55 M
2	Fastlane Swimming	A	NT	2:04.17
3	New Water Polo Club	A	NT	2:10.65
4	Hong Kong Police Swimming	A	2:20.92	2:13.19

Event 10 Women 120-159 4x50 LC Meter Freestyle Relay**MSR: 1:55.57 M**

1	Hong Kong Police Swimming	A	2:30.00	2:17.62
2	New Water Polo Club	A	NT	2:36.55
---	Barracuda Swimming Club	A	NT	DQ
---	Fastlane Swimming	A	NT	NS
---	Sword Fish Club	A	NT	SCR

Event 10 Women 160-199 4x50 LC Meter Freestyle Relay**MSR: 1:58.32 M**

1	Fastlane Swimming	A	NT	2:01.54
2	New Water Polo Club	A	NT	3:01.59
---	Sword Fish Club	A	NT	SCR

Event 10 Women 200-239 4x50 LC Meter Freestyle Relay**MSR: 2:12.67 M**

1	Sword Fish Club	A	NT	2:44.57
2	Lai Tsun Swimming Society	A	NT	2:47.16
3	New Water Polo Club	A	NT	2:55.59

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 10 Women 240-279 4x50 LC Meter Freestyle Relay****MSR: 2:34.06 M**

1	Sword Fish Club	A	NT	2:55.57
2	New Water Polo Club	A	NT	4:39.09
---	Lai Tsun Swimming Society	A	NT	SCR

Event 10 Women 280-319 4x50 LC Meter Freestyle Relay**MSR: 2:42.61 M**

1	Lai Tsun Swimming Society	A	NT	3:45.91
2	Sword Fish Club	A	NT	3:55.00

Event 10 Women 320-359 4x50 LC Meter Freestyle Relay

---	Sword Fish Club	A	NT	SCR
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Event 11 Men 18-24 50 LC Meter Breaststroke**MSR: 30.47 M**

1	15390 B Lau, Yat Fung	23	#DB	37.00	35.64
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Event 11 Men 25-29 50 LC Meter Breaststroke**MSR: 30.66 M**

1	05577 IBZ Yuen, Marcus	28	LRC	30.81	31.22
2	05642 IBZ Lok, Ho Chun	28	HKP	33.42	33.12
---	33918 IAZ Chan, Ming Hin	27	HKP	34.46	SCR

Event 11 Men 30-34 50 LC Meter Breaststroke**MSR: 31.11 M**

1	02591 Luk, Wing Kin Andy	33	KHC	31.00	33.61
2	10221 IBZ Tam, Ka Ho Ricky	31	HKP	32.27	34.27
3	01784 B Tso, Hiu Fung	31	#DB	34.00	34.87
4	01728 Cheung, Wai Lun William	31	#DB	34.00	34.98
5	27873 IAZ Ko, King Hei	34	NWC	35.00	36.53
6	04070 B Poon, Ho Him	30	KHC	40.00	41.43
7	33387 IAO Wu, Kenneth Yee Lok	31	SFC	39.00	42.27
8	09136 IAZ Tsang, Chun Kin	34	NWC	45.00	42.57
---	00314 IBZ Mok, Hon Hei	34	HKP	32.96	NS

Event 11 Men 35-39 50 LC Meter Breaststroke**MSR: 31.14 M**

1	00590 IBZ Kwok, Ho Tin	35	NWC	31.50	32.03
2	42367 IAO Chow, Chun Yin	36	#DB	33.00	33.71
3	27469 IAX Lam, Kin Wang	37	HKP	38.12	39.18
4	09165 Cheung, Siu Fung	39	LTS	50.00	45.86
---	08964 IAZ Yeung, Wai Kam William	39	SYS	39.00	SCR

Event 11 Men 40-44 50 LC Meter Breaststroke**MSR: 33.00 M**

1	01465 ICZ Chiang, Filomeno	40	HKP	35.50	35.19
2	46248 @ICO O' Neill, Donal Thomas	42	LRC	NT	36.28
3	40558 IAZ Law, Sai Wo	43	THS	38.08	38.82
4	40107 IAZ Chan, Falcon	43	LTS	42.00	41.43
5	45574 IAZ Ng, Siu Kwong	40	SFC	50.00	42.95
6	38035 IAZ Mok, Kin Fan	42	THS	48.00	45.43
---	10317 Ng, Ka Wing	42	#DB	40.00	SCR
---	40834 IAZ Chang, Hsi Tse JosephJeremy	43	#DB	40.00	SCR
---	29261 IAZ Lai, Ka Wai	44	*TM	NT	SCR

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 11 Men 45-49 50 LC Meter Breaststroke****MSR: 32.70 M**

1	06154	Leung, Siu Kin Philip	47	LTS	35.00	35.68
2	06316	Chan, Sze Tat	47	HKP	36.00	37.38
3	46505 IAZ	Chang, Lambert Jen Hsiung	47	#FL	40.00	37.60
4	34315 IAZ	Yip, Chi Yan Christopher	47	#DB	42.00	40.00
5	23497 IAZ	Au Yeung, Wai Kit	48	KTS	35.00	41.13
6	32473 IAZ	Chan, Yiu Chung	45	HKP	39.03	41.15
7	47463 IAZ	Kwong, Hoi Tik	46	NWC	50.00	41.66
8	40835 IAZ	Leung, Wing Hong Alvin	48	#DB	43.00	42.73
9	47461 IAZ	Tse, Ka Fai	48	NWC	50.00	51.22
---	21008 IAZ	Cheung, Chun Kwan Michael	49	WDS	39.00	SCR
---	28993 IAX	Tung, Tin	45	SYS	45.00	SCR
---	42737 IAZ	So, Ma Loi	46	SFC	42.00	SCR

Event 11 Men 50-54 50 LC Meter Breaststroke**MSR: 34.48 M**

1	05273	Poon, Ho Keung Danny	52	FFA	39.00	38.82
2	26317 IAZN	Tung, Shang Wei Timothy	52	KTS	39.00	39.88
3	21736 IAM	Lo, Lai Tou	54	SFC	42.00	41.00
4	42085 IAZ	Lee, Hon Lun Philip	50	SFC	43.00	42.76
5	38127 IAZ	Leung, Cheung Wai Ricky	54	SFC	47.00	49.37
6	35711 IAX	Wong, Fuk Kei	53	SFC	50.00	50.32
---	07427	Wong, Ho Ming Edwin	53	BSC	35.00	SCR
---	04184	Woo, Siu Ming William	51	SFC	59.00	SCR

Event 11 Men 55-59 50 LC Meter Breaststroke**MSR: 35.10 M**

1	18856 IAZ	Au, Mun Shing	57	SFC	39.00	38.35
2	13992	Yim, Chung Chee	57	YMC	45.00	43.33
3	40592 IAZ	Fo, Pui Keung	58	HKP	41.46	46.39
4	46973 IAZ	Leung, Wai Ming	56	NWC	42.00	46.85
5	26176 IAX	Ho, Chung Man	59	LTS	45.00	47.95
6	26261 IAZ	Tsun, Chung Wa Jode	58	HKP	51.50	50.57
---	40839 IAZ	Leung, Wing Hang Michael	57	#DB	45.00	NS
---	19866 IAZ	Wong, Tak Choi Paul	59	HKP	51.00	SCR
---	26594 IAZ	Ching, Wai Kin	58	SFC	44.02	SCR

Event 11 Men 60-64 50 LC Meter Breaststroke**MSR: 36.61 M**

1	03215 IAZ	Leung, Yiu Chuen	64	SYS	41.00	40.85
2	06256	Chan, Kwong Peter	61	SGC	40.00	41.73
3	36725 IAZ	Yau, Wai	63	SGC	55.00	54.03
4	25226 IAZ	Choi, Tai Wing	61	SFC	50.00	54.13
5	41426 IAZ	Tang, Yu Hang Francis	61	TSA	54.00	55.02
---	17725 IAZ	Ng, Yu Hung	64	SFC	41.08	SCR
---	32108 IAX	Chan, Kiu	60	SFC	56.00	SCR

Event 11 Men 65-69 50 LC Meter Breaststroke**MSR: 37.84 M**

1	03847	Cheung, Kwok Yu	66	SYS	39.00	41.01
2	06176	Wong, Kung Wan	66	SGC	45.00	42.44
3	19350 IAZ	Leung, Chi Wah	65	HKP	46.14	46.47
4	06389	Chan, Hong Wah	69	NWC	58.00	47.12
5	06187	Kan, Kai Kwong	67	SGC	55.00	53.17

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 11 Men 70-74 50 LC Meter Breaststroke****MSR: 39.27 M**

1	20634 IAZ	Wu, Shu Sun	72	NWC	1:00.00	45.68
2	06243	Koo, Choi Fat	72	WDS	48.00	46.54
3	05917	Yong, Khin Syn	73	SFC	43.00	46.60

Event 11 Men 75-79 50 LC Meter Breaststroke**MSR: 49.01 M**

1	09891	Wong, Chiu Shun	75	SFC	1:00.00	51.71
2	10274	Lau, Chun Nung	76	LTS	1:05.00	54.06
3	14029	Ieong, Vun Fai	76	SFC	1:00.00	1:03.54
4	48664 IAX	Shiu, Wai Yiu	75	KTS	55.00	1:12.64

Event 11 Men 80-84 50 LC Meter Breaststroke**MSR: 54.52 M**

1	06270	Lam, Luk Kan	81	SFC	56.00	1:08.62
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Event 11 Men 85-89 50 LC Meter Breaststroke**MSR: 1:02.32 M**

1	06246	Ling, Wang Yam	85	WDS	NT	1:10.27
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Event 12 Women 18-24 50 LC Meter Breaststroke**MSR: 35.53 M**

1	43533 IAZ	Wong, Yu Tung	24	NWC	1:10.00	59.89
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Event 12 Women 25-29 50 LC Meter Breaststroke**MSR: 36.34 M**

1	11797 B	Ip, Rainbow	25	FFA	38.00	36.06 M
2	08238 B	Li, Tsz Yu	28	NWC	35.00	36.95
3	11418 #P	Chan, Yuan Ting Janet	27	#FL	45.00	38.40
4	05722 B	Lam, Hoi Ying	28	HKP	39.00	44.49
5	04236 B	Ngan, Tsz Lam	27	HKP	45.00	44.74
---	31023 IAZ	Cheung, Ka Yu	25	NWC	50.00	NS

Event 12 Women 30-34 50 LC Meter Breaststroke**MSR: 35.23 M**

1	00313 IBZ	Mok, Hon Ching	33	HKP	38.50	40.18
2	06577 IBZ	Leung, Wei Yan	32	SFC	44.00	42.87
3	01552 IBZ	Lai, Hiu Ling	33	NWC	59.00	43.24
4	03731 IBZ	Li, Joanne	30	KHC	40.00	43.65
5	07651 IBZ	Yu, Sze Wai Joyce	34	HKP	44.55	48.12
---	38431 IAZ	Tsang, Hiu Ching	30	HKP	46.28	SCR

Event 12 Women 35-39 50 LC Meter Breaststroke**MSR: 34.71 M**

1	03070	Tu, Pui Yee	38	HKP	38.17	41.11
2	47561 IAZ	Leung, Tin Ho	38	FFA	55.00	48.62
3	00777 IBZ	Tse, Yu Ting	36	NWC	59.00	49.03

Event 12 Women 40-44 50 LC Meter Breaststroke**MSR: 35.85 M**

1	46247 @IAO	Krkalo, Shauna Kathleen	44	LRC	35.85	34.74 M
2	33036 ICO	Coleman, Claire Michelle	44	#FL	43.00	42.32
3	40853 @IAO	Tam, Alison Mai Ling	44	#FL	42.00	42.64
4	30072 ICW	Chao, Man Chi	43	NWC	1:00.00	45.75
5	39979 IAZ	Lam, Ling Wai Jessica	43	LTS	50.00	47.45

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 12 Women 45-49 50 LC Meter Breaststroke****MSR: 39.03 M**

1	46181 IAZ	Ng, Yan Yan Bandy	46	TSA	1:00.00	51.56
2	06209	Lam, Yuet Tung	46	HKP	54.48	55.85

Event 12 Women 50-54 50 LC Meter Breaststroke**MSR: 37.63 M**

1	31395 IAZ	Chan, Pui Ling	52	FFA	51.00	49.05
2	06349	Ip, Oi Wa Wendy	50	SFC	54.00	50.70
3	37012 IAZ	Lun, Yau Chun Nara	54	NWC	1:10.00	55.46
4	36840 IAZ	Chung, Ching Han Anna	50	SGC	58.00	57.72
5	44304 IAX	Choi, Shan Shan	50	SFC	1:10.00	1:00.34
---	35969 IAX	Wang, Ying Lian	50	TSA	48.00	NS
---	40575 IAO	Chan, San Ngah	54	#FL	1:15.00	SCR

Event 12 Women 55-59 50 LC Meter Breaststroke**MSR: 38.73 M**

1	40907 IAZ	Lai, Shui Nin Ingrid	55	YMC	47.00	46.88
2	38460 IAZ	Tang, Kit Fong Yvonne	58	NWC	1:15.00	1:04.19
3	26254 IAX	Ng, Kong Ching	57	NWC	1:00.00	1:08.61
4	41911 IAZN	Ng, Kit Man Joanna	57	NWC	1:30.00	1:32.62
---	45065 @IAZ	Lo, Fung Po Jennifer	59	LRC	53.41	SCR
---	29064 IAZ	Ho, Bun Yee	55	TSA	59.00	SCR
---	38289 IAZ	Ng, Wai Lin Angie	58	SFC	55.00	SCR

Event 12 Women 60-64 50 LC Meter Breaststroke**MSR: 47.46 M**

1	20640 IAZ	Wong, Fung Yee	62	SFC	57.00	1:07.21
---	28891 IAZ	Wan, Chui Wah	61	LTS	NT	SCR

Event 12 Women 65-69 50 LC Meter Breaststroke**MSR: 50.56 M**

1	06213	Mo, Mei Ling	68	WDS	1:06.00	1:11.53
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Event 12 Women 70-74 50 LC Meter Breaststroke**MSR: 53.36 M**

1	06147	Leung Wong, Yin Har Hayley	70	SGC	1:15.00	55.24
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Event 12 Women 75-79 50 LC Meter Breaststroke**MSR: 56.26 M**

1	17480 IAZ	Chow, Pui Han Angela	76	LTS	1:11.00	1:11.46
2	32571 IAZ	Chan, Pui Yee	78	SFC	1:30.00	1:27.65

Event 12 Women 80-84 50 LC Meter Breaststroke**MSR: 52.77 M**

---	06218	Sin, Lai Kwan	82	WDS	1:30.00	SCR
---	38059 IAX	Tai, Li Hua	83	SFC	58.00	SCR

Event 13 Mixed 100-119 4x50 LC Meter Medley Relay**MSR: 2:28.20 M**

1	HK Flying Fish Athletic Assn	A	NT	2:11.65 M
2	Hong Kong Police Swimming	A	2:28.20	2:21.99 M
3	New Water Polo Club	A	NT	2:38.24
---	Fastlane Swimming	A	NT	NS

Event 13 Mixed 120-159 4x50 LC Meter Medley Relay**MSR: 2:05.95 M**

1	New Water Polo Club	A	NT	2:09.77
2	Kwan Hung Swimming Club	A	2:20.00	2:14.05

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****(Event 13 Mixed 120-159 4x50 LC Meter Medley Relay)**

3	Hong Kong Police Swimming	A	2:28.42	2:27.75
---	Fastlane Swimming	A	NT	NS
---	Sword Fish Club	A	NT	SCR

Event 13 Mixed 160-199 4x50 LC Meter Medley Relay**MSR: 2:06.82 M**

1	Fastlane Swimming	A	NT	2:12.79
2	Hong Kong Police Swimming	A	2:40.00	2:44.16
3	Barracuda Swimming Club	A	NT	2:46.33
4	New Water Polo Club	A	NT	2:48.32
---	Sword Fish Club	A	NT	SCR
---	Kwun Tong Swimming Club	A	NT	SCR

Event 13 Mixed 200-239 4x50 LC Meter Medley Relay**MSR: 2:34.70 M**

1	HK Flying Fish Athletic Assn	A	NT	2:42.26
2	Lai Tsun Swimming Society	A	NT	2:53.73
3	Hong Kong Police Swimming	A	3:10.08	3:02.24
4	Sword Fish Club	A	NT	3:15.69
---	New Water Polo Club	A	NT	DQ

Event 13 Mixed 240-279 4x50 LC Meter Medley Relay**MSR: 2:49.16 M**

1	New Water Polo Club	A	NT	2:52.91
2	Sea Green Swimming & L.S. C	A	NT	3:00.47
3	Sword Fish Club	A	NT	3:08.03
4	Lai Tsun Swimming Society	A	NT	3:36.15
---	Sun Yip Swimming Club	A	NT	NS

Event 13 Mixed 280-319 4x50 LC Meter Medley Relay**MSR: 2:47.88 M**

1	Sword Fish Club	A	NT	2:58.30
2	Lai Tsun Swimming Society	A	NT	3:54.00
3	New Water Polo Club	A	NT	4:16.54

Event 13 Mixed 320-359 4x50 LC Meter Medley Relay

1	Sword Fish Club	A	NT	4:35.50
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Event 14 Men 25-29 400 LC Meter Freestyle**MSR: 4:32.86 M**

1	05296 B Hui, Chun Hin	29	NWC	4:40.00	4:40.62
2	46301 IAZ Lai, Siu In	29	NWC	8:00.00	7:08.22

Event 14 Men 30-34 400 LC Meter Freestyle**MSR: 4:46.54 M**

1	04048 IBZ Cheung, Siu Long	31	HKP	6:00.00	5:45.56
2	33387 IAO Wu, Kenneth Yee Lok	31	SFC	5:48.00	6:08.70

Event 14 Men 35-39 400 LC Meter Freestyle**MSR: 4:29.74 M**

1	05179 ICZ Wan, Chun Pong Michael	38	CUC	NT	5:41.23
2	46504 @IAO Coe, Jason George	38	#FL	5:59.00	5:42.60
3	03409 Ho, Kin Kan	39	BSC	5:00.00	6:00.65
4	09165 Cheung, Siu Fung	39	LTS	8:00.00	6:19.26
---	28529 #IAO Wright, Henry Tomas	35	BSC	5:00.00	SCR

2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 14 Men 40-44 400 LC Meter Freestyle****MSR: 4:35.39 M**

1	12176 ICZ	Ng, Siu Yu	40	SFC	5:48.00	6:01.48
2	01465 ICZ	Chiang, Filomeno	40	HKP	6:53.50	6:14.74
3	47042 IAZ	Ho, Kin Man	41	SFC	6:30.00	6:43.12
4	27133 IAZ	Poon, Man Chun	41	WDS	6:27.79	7:05.73
5	38035 IAZ	Mok, Kin Fan	42	THS	8:20.00	7:37.74

Event 14 Men 45-49 400 LC Meter Freestyle**MSR: 4:31.75 M**

1	46505 IAZ	Chang, Lambert Jen Hsiung	47	#FL	5:55.00	5:27.27
2	28849 IAZ	Chan, Chun Kuen	47	SFC	5:48.00	5:43.28
---	28993 IAX	Tung, Tin	45	SYS	6:40.00	SCR
---	46103 @ICO	Vavrek, Egon	46	#FL	5:40.00	SCR

Event 14 Men 50-54 400 LC Meter Freestyle**MSR: 5:02.73 M**

1	05138 #	Lanzone, Francesco	54	BSC	5:20.00	5:11.96
2	05273	Poon, Ho Keung Danny	52	FFA	5:40.00	5:40.49
3	21814 ICO	Mattoli, Enrico Andrea	52	LRC	6:30.28	6:11.45
4	17701 IAZ	Lee, Chor Fu	53	WDS	NT	9:05.11
---	07427	Wong, Ho Ming Edwin	53	BSC	5:20.00	SCR
---	41548 IAZ	Ip, Ka Keung Patrick	54	#FB	6:00.00	SCR

Event 14 Men 55-59 400 LC Meter Freestyle**MSR: 5:11.90 M**

1	19802 IAO	Farrands, Sam	57	LRC	6:43.39	6:40.37
2	26594 IAZ	Ching, Wai Kin	58	SFC	6:44.28	7:22.32
3	40861 IAZ	Cheung, Chi Ming Rover	59	SFC	7:30.00	7:58.43
4	29472 IAZN	Choi, Kwok Man Tony	56	SFC	7:59.00	8:03.61

Event 14 Men 60-64 400 LC Meter Freestyle**MSR: 5:24.54 M**

1	05191	Koo, Yu Fat Marcus	60	FFA	5:30.00	5:39.65
2	15528	Tsui, Tak Shing Dominic	60	#FL	6:12.00	6:12.05
3	32520 IAX	Lam, Hoi	63	NWC	8:51.00	6:50.49
4	13979	Lee, Sing Tim	61	LTS	9:00.00	8:03.08
5	36725 IAZ	Yau, Wai	63	SGC	7:30.00	9:18.42
---	32108 IAX	Chan, Kiu	60	SFC	7:00.00	SCR

Event 14 Men 65-69 400 LC Meter Freestyle**MSR: 6:00.83 M**

1	33115 IAX	Ng, Kan Sing	69	SFC	5:58.00	7:14.20
2	17956 IAZ	Chau, Kim Fai	65	SFC	6:55.00	7:21.30
3	06239	Chan, King Yuen	67	LTS	8:40.00	7:45.04
4	26318	Suen, Chi Wing	68	SFC	8:00.00	7:47.05

Event 14 Men 70-74 400 LC Meter Freestyle**MSR: 6:41.35 M**

1	06382	Chan, Kam Por	70	SFC	6:22.00	6:25.09 M
2	06268	Tse, Kwok Piu	71	SFC	5:40.00	6:31.14 M
3	22182 IAZ	Ngai, Yin Leung	73	SFC	9:06.00	9:40.33

Event 14 Men 75-79 400 LC Meter Freestyle**MSR: 8:21.67 M**

1	06274	Wong, Yau Chuen	76	SFC	8:30.00	10:49.17
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2022-23 Long Course Masters Swimming Comp P3 - 12-Jun-22**Results****Event 15 Women 18-24 400 LC Meter Freestyle****MSR: 5:06.39 M**

1	23688 IAZ	Mok, Ka Ka Janis	22	#FL	5:55.00	5:32.29
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Event 15 Women 30-34 400 LC Meter Freestyle**MSR: 5:04.92 M**

1	44667 IAO	Chang, Charlotte Chi-lok	33	#FL	5:55.00	5:57.46
2	47085 @ICO	Reinfrank, Alkira Lee	30	BSC	6:50.00	6:15.59
3	06577 IBZ	Leung, Wei Yan	32	SFC	6:47.00	6:29.14
4	46294 ICX	Lin, Shengzhu	34	NWC	8:00.00	6:43.34
5	07651 IBZ	Yu, Sze Wai Joyce	34	HKP	7:30.00	7:12.88

Event 15 Women 35-39 400 LC Meter Freestyle**MSR: 4:41.52 M**

1	14023	Wu, Pui Yan Natalie	37	HKP	6:45.23	7:01.87
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Event 15 Women 40-44 400 LC Meter Freestyle**MSR: 4:44.60 M**

1	47028 @ICO	Wittke, Alexandra Maria	40	#FL	7:10.00	6:45.85
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Event 15 Women 50-54 400 LC Meter Freestyle**MSR: 5:25.06 M**

1	38302 IAZ	Cheung, Man Ling Melody	50	LTS	7:00.00	6:38.05
2	35772 IAX	Ban, Xianhai	50	NWC	7:30.00	7:02.55
3	38295 IAZ	Liu, Wai Fun	52	BSC	8:00.00	7:20.76
4	31395 IAZ	Chan, Pui Ling	52	FFA	7:30.00	7:29.90
5	35969 IAX	Wang, Ying Lian	50	TSA	7:30.00	7:46.38
6	43190 IAZ	Li, Hau Yi Dora	53	EWS	9:00.00	9:09.91

Event 15 Women 55-59 400 LC Meter Freestyle**MSR: 6:02.65 M**

1	31750 IAZ	Cheung, Lai Ying Anita	59	LTS	8:31.00	8:50.58
2	45187 IAX	Chan, On Mei	59	SFC	7:20.00	9:01.68

Event 15 Women 60-64 400 LC Meter Freestyle**MSR: 7:02.63 M**

1	10289	Chan, Wai Yee	64	LTS	10:00.00	9:23.88
---	36225 IAX	Li, Wai Kam	60	SGC	7:55.00	SCR

Event 15 Women 65-69 400 LC Meter Freestyle**MSR: 7:13.63 M**

1	03503	Castka, Gillian Hancer	66	SFC	8:00.00	7:35.42
2	06355	Lo, Lai Yung	67	NWC	8:50.00	7:58.93

Event 15 Women 80-84 400 LC Meter Freestyle

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