

Result 比賽賽果



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2022-23 Long Course Masters Swimming Competition (Part 2)

二零二二至二三年長池先進游泳比賽第二部份

15 January 2023 (Sun)

二零二三年一月十五日(日)

Sun Yat Sen Memorial Park Swimming Pool

中山紀念公園游泳池

Subvented by the LCSD



Long Course Masters Swimming Competition – Part 2
長池先進游泳比賽 – 第二部份

Date: 15-01-2023 (Sunday)

Venue: Sun Yat Sen Memorial Park Swimming Pool 中山紀念公園游泳池

Morning Warm up/熱身: 0900 – 0950 Hrs

Morning First Event/開始: 1000 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN				WOMEN
1	200 M	Individual Medley	個人四式	2
3	100 M	Breaststroke	蛙泳	4
5	50 M	Freestyle	自由泳	6
7	100 M	Backstroke	背泳	8
Lunch Break 午膳時間				
9	200 M	Freestyle	自由泳	10
11	50 M	Butterfly	蝶泳	12
13	4 x 50 M	Medley Relay	四式接力	14
15	50 M	Breaststroke	蛙泳	16
17	4 x 50 M	Mixed Freestyle Relay	男女混合自由接力	

Long Course MS Swimming Competition Part 2 - 15/01/2023

Results

Event 1 Men 18-24 200 LC Meter IM

MSR: 2:21.50 M

	ID#	Name	Age	Team	Seed Time	Finals Time
1	20997 B	Yung, Cheuk Long Charlie	24	KHC	2:40.00	2:43.86
2	19383 B	Lee, Man Kit	24	KHC	2:40.00	2:47.20
3	41451 IAZ	Kwan, Wing Hin	19	#CR	NT	3:04.19

Event 1 Men 25-29 200 LC Meter IM

MSR: 2:13.80 M

1	08404 #IAZ	Yeung, Sze Chai	27	#CR	2:45.00	2:45.44
2	21343 IAZ	Yu, Man Hin	27	SGC	3:50.00	3:03.09
3	47043 IAZ	Lam, Pak Lun	29	FFA	3:15.00	3:09.01

Event 1 Men 30-34 200 LC Meter IM

MSR: 2:25.69 M

1	02591	Luk, Wing Kin Andy	34	KHC	2:30.00	2:34.16
2	05296 B	Hui, Chun Hin	30	NWC	2:35.00	2:34.36
3	06886 B	Li, Chin Long	33	EWS	3:00.00	2:37.91
4	10683 IBZ	Lee, Tsun Sang	31	#GD	2:40.00	2:47.43
5	05050 IBZ	Wong, Chak Pang Benson	33	DWA	NT	2:55.96
6	02040	Yei, Tak Sau	34	FFA	2:55.00	2:57.70
7	04604 IBZ	Kwong, Chun Hung	34	SGC	3:50.00	3:00.07
8	33387 IAO	Wu, Kenneth Yee Lok	32	SFC	2:59.00	3:03.86

Event 1 Men 35-39 200 LC Meter IM

MSR: 2:20.07 M

1	02938 IBZ	Wong, Lit Ken	37	DWA	NT	2:35.96
2	03713 IBZ	Tang, Chee Kit	37	#DB	4:00.00	3:08.52
3	38303 IAZ	Ng, Ho Yin	38	SYS	4:00.00	3:49.02
---		Wan, Watt Wai Kowng	38	OTS	2:27.35	X2:28.64

Event 1 Men 40-44 200 LC Meter IM

MSR: 2:19.17 M

1	01591 ICZ	Fu, Wing Harbeth	43	KTS	2:30.00	2:40.85
2	18880 IAZ	Chan, Ho Wai Howard	42	SYS	5:00.00	3:06.79
3	01948 ICZ	Tang, Ho Yuen	41	#DB	4:00.00	3:16.60
---	01012 ICZ	Fong, Lik Sun	43	#FB	2:23.36	SCR

Event 1 Men 45-49 200 LC Meter IM

MSR: 2:23.04 M

1	05160	Chan, Ka Wo	46	#DB	4:00.00	2:51.27
2	24603 IAZ	Hung, Ka Ming	48	YMC	3:10.00	3:16.45
3	16451	Cheng, Ngai Bun	45	KTS	3:05.00	3:32.27
---	47461 IAZ	Tse, Ka Fai	49	NWC	4:10.00	DQ
---	37671 @ICO	Stamenovic, Ivan	47	LRC	2:28.90	SCR

Event 1 Men 50-54 200 LC Meter IM

MSR: 2:26.14 M

1	25592 IAZ	Cheung, Wai Kei	51	FFA	3:00.27	3:05.70
2	15166	Leung, Chi Keung	51	SYS	4:00.00	3:47.37
3	17701 IAZ	Lee, Chor Fu	54	WDS	4:30.00	4:38.67

Event 1 Men 55-59 200 LC Meter IM

MSR: 2:45.82 M

1	18856 IAZ	Au, Mun Shing	58	SFC	6:00.00	3:23.14
2	38127 IAZ	Leung, Cheung Wai Ricky	55	SFC	3:57.00	3:58.39
3	26594 IAZ	Ching, Wai Kin	59	SFC	3:58.67	4:02.39
---	41548 IAZ	Ip, Ka Keung Patrick	55	#FB	3:10.00	SCR
---	35313 IAZ	Pong, Chiu Yee Dario	55	LRC	2:50.78	SCR

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****Event 1 Men 60-64 200 LC Meter IM****MSR: 2:49.64 M**

1	06256	Chan, Kwong Peter	62	SGC	3:49.00	3:08.88
2	24256	IAW Lok, Wai Man	60	NWC	4:00.00	3:40.38
3	32108	IAX Chan, Kiu	61	SFC	3:50.00	3:42.92
4	13979	Lee, Sing Tim	62	LTS	4:30.00	4:12.13

Event 1 Men 65-69 200 LC Meter IM**MSR: 3:04.42 M**

1	06237	Mok, Chu Piu	66	LTS	3:32.00	3:36.27
2	06176	Wong, Kung Wan	67	SGC	3:50.00	3:45.63

Event 1 Men 70-74 200 LC Meter IM**MSR: 3:17.13 M**

1	06243	Koo, Choi Fat	73	WDS	4:50.00	4:19.57
2	22182	IAZ Ngai, Yin Leung	74	SFC	4:39.00	4:46.01
3	11563	Lee, Kwok Hung	70	SFC	5:00.00	4:50.13
---	33115	IAX Ng, Kan Sing	70	SFC	3:59.00	SCR

Event 1 Men 75-79 200 LC Meter IM**MSR: 4:08.70 M**

1	09891	Wong, Chiu Shun	76	SFC	4:20.00	4:03.11 M
2	06274	Wong, Yau Chuen	77	SFC	5:08.00	5:50.76

Event 2 Women 18-24 200 LC Meter IM**MSR: 2:42.84 M**

1	26669	P Mak, Ho Yan	20	EWS	2:30.00	2:53.79
2	26980	IAZ Wong, Suet Wing	24	DWA	NT	2:57.28
3	27376	IAZ Lee, Wai Ki	23	KHC	3:00.00	3:06.70

Event 2 Women 25-29 200 LC Meter IM**MSR: 2:36.59 M**

1	49513	IAZ To, Yan Wing	27	#CR	4:00.00	3:36.71
2	12724	IAZ Wan, Tsz Huen Alexsandra	26	#CR	NT	4:02.37
---	47460	IAZ Mak, Cheuk Lam	28	NWC	4:00.00	SCR

Event 2 Women 30-34 200 LC Meter IM**MSR: 2:38.52 M**

1	06608	B Shek, Yan Sin	30	NWC	3:55.00	3:19.79
2	06577	IBZ Leung, Wei Yan	33	SFC	3:10.00	3:32.63
---	01441	Yeung, Hiu Ching Judy	32	NWC	3:45.00	SCR

Event 2 Women 35-39 200 LC Meter IM**MSR: 2:37.75 M**

1	26745	ICX Chen, Yangyang	38	LRC	2:50.68	2:58.66
2	42712	IAZ Chan, Hiu Ying	39	RKC	4:00.00	3:12.29
3	46104	@ICO Sheridan, Kaitlyn Rose	36	#FL	3:15.00	3:15.72
4	35921	IAZ Lui, Yick Ling	37	KRS	3:33.26	3:29.55

Event 2 Women 40-44 200 LC Meter IM**MSR: 2:41.17 M**

1	45041	IAZ Fung, Cheuk Ching Candy	41	HFS	3:45.85	3:50.11
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Event 2 Women 45-49 200 LC Meter IM**MSR: 2:46.91 M**

1	36785	IAZ Inglis, Alexandra Sinead	48	LRC	3:44.42	3:49.66
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***Spilt Time**

Long Course MS Swimming Competition Part 2 - 15/01/2023

Results

Event 2 Women 55-59 200 LC Meter IM

MSR: 3:16.65 M

1	40575 IAO	Chan, San Ngah	55	#FL	4:10.00	4:15.77
2	06337	Tse, Yee Wah	57	YMC	4:20.00	4:24.45

Event 2 Women 60-64 200 LC Meter IM

MSR: 3:37.27 M

1	16533	Wong, Shun Ying	64	SGC	5:18.00	5:16.82
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Event 2 Women 65-69 200 LC Meter IM

MSR: 3:47.99 M

1	06355	Lo, Lai Yung	68	NWC	4:30.00	4:11.18
2	03503	Castka, Gillian Hancer	67	SFC	4:40.00	4:49.31
3	23957 IAX	Yeung, Tun Lim Lily	66	SFC	5:20.00	5:17.53

Event 2 Women 75-79 200 LC Meter IM

MSR: 4:49.42 M

1	08936	Leong, Kuai Heng	77	NWC	7:30.38	7:36.02
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Event 3 Men 18-24 100 LC Meter Breaststroke

MSR: 1:08.54 M

1	23150 B	Yoshida, Satoshi	24	#FL	1:16.00	1:18.65
2	15351 IAZ	Chang, Jaw Ting	22	PSC	1:30.00	1:28.37
3	25258 IAZ	Chik, Shun Hei	22	CUC	1:25.00	1:28.79
---	27803 B	Fan, Ka Ming	24	CUC	1:35.00	SCR

Event 3 Men 25-29 100 LC Meter Breaststroke

MSR: 1:09.75 M

1	40333 IAZ	Lam, Pak Lai	26	FFA	1:30.00	1:29.57
2	49927 @IAZ	Tang, Yue Yau	27	#CR	NT	1:55.74
---	08246 IAZ	Kwok, Chun Lok	29	KHC	1:26.00	SCR

Event 3 Men 30-34 100 LC Meter Breaststroke

MSR: 1:09.75 M

1	02591	Luk, Wing Kin Andy	34	KHC	1:12.00	1:17.26
2	05050 IBZ	Wong, Chak Pang Benson	33	DWA	NT	1:25.73

Event 3 Men 35-39 100 LC Meter Breaststroke

MSR: 1:10.50 M

1	00590 IBZ	Kwok, Ho Tin	36	NWC	1:10.00	1:11.67
2	00093	Tam, Tak Ching	36	DWA	NT	1:20.45
3	44298 IAZ	Tong, Lik Lam	39	PSC	NT	1:22.76
4	09136 IAZ	Tsang, Chun Kin	35	NWC	1:50.00	1:37.32
5	49812 IAZ	Kam, Lik Hang Leonard	36	NWC	1:30.00	1:37.51
6	38303 IAZ	Ng, Ho Yin	38	SYS	1:45.00	1:48.24
---	04706 IBZ	Hui, Cheung Hin Raymond	39	DWA	NT	NS

Event 3 Men 40-44 100 LC Meter Breaststroke

MSR: 1:15.87 M

1	35790 ICO	Launay, Thomas	44	LRC	1:17.37	1:19.99
2	40834 IAZ	Chang, Hsi Tse JosephJeremy	44	#DB	1:40.00	1:24.27
3	40558 IAZ	Law, Sai Wo	44	THS	1:35.00	1:33.76
4	45574 IAZ	Ng, Siu Kwong	41	SFC	1:50.00	1:34.02
5	18880 IAZ	Chan, Ho Wai Howard	42	SYS	1:40.00	1:35.99
6	01948 ICZ	Tang, Ho Yuen	41	#DB	1:40.00	1:38.83
7	03793 ICZ	Po, Tik San	41	NWC	1:50.00	1:40.91
8	38035 IAZ	Mok, Kin Fan	43	THS	1:40.00	1:50.93
9	23119 IAZ	Chan, Ying Tsung Bosco	42	SFC	1:54.00	1:54.54

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023

Results

(Event 3 Men 40-44 100 LC Meter Breaststroke)

10	46808 IAZ	Leung, Wang Chi	44	CUC	1:55.00	1:57.37
11	12262	Ma, Chin Ho	43	WDS	1:50.00	2:03.65

Event 3 Men 45-49 100 LC Meter Breaststroke**MSR: 1:15.29 M**

1	05160	Chan, Ka Wo	46	#DB	1:34.00	1:19.78
2	42737 IAZ	So, Ma Loi	47	SFC	1:32.00	1:33.62
3	16451	Cheng, Ngai Bun	45	KTS	1:40.00	1:35.95
---	17961 ICO	Jones, Simon	47	LRC	1:17.18	SCR

Event 3 Men 50-54 100 LC Meter Breaststroke**MSR: 1:13.66 M**

1	26317 IAZN	Tung, Shang Wei Timothy	53	KTS	1:35.00	1:30.12
2	27868 IAZ	Chan, Chi Wah Ringo	51	SFC	1:35.00	1:35.20
3	28518 IAZ	Yau, Wo Fung	51	KTS	1:35.00	1:35.43
4	15166	Leung, Chi Keung	51	SYS	1:45.00	1:44.98
5	42364 IAZ	Lau, Yip Kwong Francis	54	#DB	1:42.00	1:45.00
---	17701 IAZ	Lee, Chor Fu	54	WDS	36.00	SCR
---	35711 IAX	Wong, Fuk Kei	54	SFC	1:53.00	SCR
---	21008 IAZ	Cheung, Chun Kwan Michael	50	WDS	1:40.00	SCR

Event 3 Men 55-59 100 LC Meter Breaststroke**MSR: 1:21.91 M**

1	18856 IAZ	Au, Mun Shing	58	SFC	1:29.00	1:29.12
2	38291 IAZ	Liu, Chun Sing	57	SFC	1:50.00	1:44.04

Event 3 Men 60-64 100 LC Meter Breaststroke**MSR: 1:24.69 M**

1	45198 IAZN	Lam, Tsz Kiu Goldie	61	SGC	1:50.00	1:36.73
2	15528	Tsui, Tak Shing Dominic	61	#FL	1:35.00	1:40.12
3	32108 IAX	Chan, Kiu	61	SFC	1:42.00	1:45.68
4	26176 IAX	Ho, Chung Man	60	LTS	1:47.00	1:47.51
5	27460 IAZ	Chan, Ying Chiu Johnson	60	LTS	1:41.00	1:47.71
6	25226 IAZ	Choi, Tai Wing	62	SFC	1:55.00	1:57.95
---	07802	Chau, Kam Tim	63	SGC	1:50.00	SCR

Event 3 Men 65-69 100 LC Meter Breaststroke**MSR: 1:26.42 M**

1	06176	Wong, Kung Wan	67	SGC	1:45.00	1:34.98
2	49915 @IAX	Tai, Yu Chung	65	NWC	1:40.00	1:36.99
3	25228 IAZ	Chan, Fai Ming	69	LTS	1:50.00	1:50.77
4	06281	Fung, Kam Tai	68	SFC	2:00.00	2:00.91
---	40705 IAZ	Lai, Chung Fat Paulus	67	WDS	1:36.00	SCR

Event 3 Men 70-74 100 LC Meter Breaststroke**MSR: 1:34.27 M**

1	06382	Chan, Kam Por	71	SFC	1:40.00	1:34.90
2	06243	Koo, Choi Fat	73	WDS	1:50.00	1:47.05
3	05917	Yong, Khin Syn	74	SFC	1:44.00	1:48.27
4	04504 IAO	Yura, Tadami	71	SFC	1:54.97	1:52.92
5	11563	Lee, Kwok Hung	70	SFC	2:10.00	2:00.15
6	06192	Chu, Shui Yi	72	SGC	1:56.00	2:01.60
---	23123 IAZ	Poon, Wai	71	SFC	1:58.00	SCR

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023

Results

Event 3 Men 75-79 100 LC Meter Breaststroke

MSR: 1:52.09 M

---	14029	leong, Vun Fai	77	SFC	2:30.00	SCR
---	10274	Lau, Chun Nung	77	LTS	2:00.00	SCR

Event 3 Men 80-84 100 LC Meter Breaststroke

MSR: 2:08.90 M

---	23959	IAZ Chiu, Chin Hung	83	KRS	3:04.83	SCR
---	06270	Lam, Luk Kan	82	SFC	2:50.00	SCR

Event 3 Men 85-89 100 LC Meter Breaststroke

MSR: 2:42.22 M

1	17832	IAX Chan, Sau	86	SFC	3:20.00	3:39.12
2	16471	Wong, Yuen Ying	87	KRS	4:18.12	4:33.48

Event 4 Women 18-24 100 LC Meter Breaststroke

MSR: 1:13.79 M

1	39029	IAZ Fung, Yin Ching	21	*HN	1:30.00	1:30.13
2	20969	IAZ Lui, Wing Lam	21	KTS	1:27.00	1:37.16

Event 4 Women 25-29 100 LC Meter Breaststroke

MSR: 1:22.65 M

1	08727	B Hung Yuen Ching, Moose Cull	27	NWC	2:00.00	1:32.20
2	20401	IAZ Leung, Wan Ki	25	KHC	1:39.92	1:40.52
3	49513	IAZ To, Yan Wing	27	#CR	1:44.00	1:42.96
4	12724	IAZ Wan, Tsz Huen Alexsandra	26	#CR	1:46.00	1:45.38
5	31023	IAZ Cheung, Ka Yu	26	NWC	1:50.00	1:48.77
6	43533	IAZ Wong, Yu Tung	25	NWC	1:55.00	2:16.44

Event 4 Women 30-34 100 LC Meter Breaststroke

MSR: 1:18.68 M

1	06577	IBZ Leung, Wei Yan	33	SFC	1:36.00	1:43.04
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Event 4 Women 35-39 100 LC Meter Breaststroke

MSR: 1:20.17 M

1	49329	#@IAO Ng, Carmen C M	39	PSC	1:36.00	1:37.13
2	46294	ICX Lin, Shengzhu	35	NWC	2:15.00	1:43.47
3	35921	IAZ Lui, Yick Ling	37	KRS	1:43.07	1:45.72
4	13384	ICZ Lee, May Sze Mei	36	NWC	2:28.00	2:07.60

Event 4 Women 40-44 100 LC Meter Breaststroke

MSR: 1:21.23 M

1	06304	ICZ Cheung, Man Yiu	44	SGC	1:33.00	1:34.07
2	45041	IAZ Fung, Cheuk Ching Candy	41	HFS	1:43.07	1:46.63
3	02727	ICZ Lui, Wing Yee	40	HTA	2:00.00	1:55.53

Event 4 Women 45-49 100 LC Meter Breaststroke

MSR: 1:26.75 M

1	33017	IAZ Ngan, Oi Sze	46	SFC	1:52.00	1:57.71
2	49205	IAX Li, Donghui	49	SGC	1:50.00	2:04.89
3	06224	Lee, Suk King	47	WDS	2:00.00	2:08.01
---	33036	ICO Coleman, Claire Michelle	45	#FL	1:35.00	SCR

Event 4 Women 50-54 100 LC Meter Breaststroke

MSR: 1:29.58 M

1	06349	Ip, Oi Wa Wendy	51	SFC	1:50.00	1:49.17
2	44304	IAX Choi, Shan Shan	51	SFC	1:59.00	2:03.45
3	48201	IAZ Poon, Nga Yi	50	THS	2:00.00	2:06.67
4	49204	IAZ Cheng, Wai Man	52	SGC	2:00.00	2:09.30

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****(Event 4 Women 50-54 100 LC Meter Breaststroke)**

5	43063 @IAO	Wong, Rose	53	LRC	2:14.18	2:10.59
6	40937 IAZ	Leung, Wai Fan Fanny	53	NWC	3:30.00	2:31.56

Event 4 Women 55-59 100 LC Meter Breaststroke**MSR: 1:35.97 M**

1	38289 IAZ	Ng, Wai Lin Angie	59	SFC	2:20.00	2:10.57
2	29831 IAZ	Lowe, Yeuk Ling Dilys	59	SFC	2:49.00	2:23.85
3	38460 IAZ	Tang, Kit Fong Yvonne	59	NWC	2:38.00	2:44.67

Event 4 Women 60-64 100 LC Meter Breaststroke**MSR: 1:46.35 M**

1	45187 IAX	Chan, On Mei	60	SFC	1:58.00	2:17.85
2	24216 IAZ	Li, Chuk Ping	61	SFC	2:00.00	2:20.75
3	16533	Wong, Shun Ying	64	SGC	2:30.00	2:25.91
4	37056 IAZ	Wong, Hoi Ping Carol	63	*TM	NT	2:26.29

Event 4 Women 65-69 100 LC Meter Breaststroke**MSR: 1:51.76 M**

1	06127	Lau, Wai Lin	67	NWC	2:30.00	2:18.61
2	23957 IAX	Yeung, Tun Lim Lily	66	SFC	2:15.00	2:28.67

Event 4 Women 70-74 100 LC Meter Breaststroke**MSR: 1:53.65 M**

1	06147	Leung Wong, Yin Har Hayley	71	SGC	2:30.00	2:06.78
2	06356 IAZN	Lo Yeung, Sau Han	70	KTS	2:10.00	2:17.92
3	06212	Lo, Yeuk Shuen	74	WDS	2:50.00	2:44.36

Event 4 Women 75-79 100 LC Meter Breaststroke**MSR: 2:09.00 M**

1	08936	Leong, Kuai Heng	77	NWC	4:27.28	4:18.38
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Event 4 Women 80-84 100 LC Meter Breaststroke**MSR: 2:31.67 M**

1	06374	Wong, Jim	82	SFC	2:30.00	2:33.28
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Event 5 Men 18-24 50 LC Meter Freestyle**MSR: 24.17 M**

1	29520 IAZ	Chui, Yu Hin	23	PSC	28.00	25.95
2	19383 B	Lee, Man Kit	24	KHC	25.50	26.31
3	22513 IAZ	Tang, Cheuk Yan	23	KTS	27.00	26.39
4	20997 B	Yung, Cheuk Long Charlie	24	KHC	26.50	26.53
5	23150 B	Yoshida, Satoshi	24	#FL	28.00	27.76
6	49792 @ICO	Phu, Alex	23	CUC	27.60	27.84
7	15351 IAZ	Chang, Jaw Ting	22	PSC	30.00	28.86
8	25258 IAZ	Chik, Shun Hei	22	CUC	28.49	29.59
9	41451 IAZ	Kwan, Wing Hin	19	#CR	27.00	29.83
---	27803 B	Fan, Ka Ming	24	CUC	33.39	SCR

Event 5 Men 25-29 50 LC Meter Freestyle**MSR: 23.92 M**

1	16201 B	Kwok, Yuk Hang	27	KTS	27.00	27.05
2	15815	Lo, Ting Kin	27	SGC	35.00	27.08
3	40333 IAZ	Lam, Pak Lai	26	FFA	28.00	28.01
4	21343 IAZ	Yu, Man Hin	27	SGC	33.00	28.44
5	42362 IAZ	Leung, Kung Ming	27	YMC	29.00	30.48
6	08003 B	Lam, Chun Kit	28	*TM	31.00	31.30
7	50010 IAZ	Yao, Hiu Tsun Nelson	29	#FL	40.00	31.90

***Spilt Time**

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****(Event 5 Men 25-29 50 LC Meter Freestyle)**

8	47585 IAZ	Kwok, Hon Chun	26	#CR	30.00	34.62
---	12759 IAZ	Yue, Suen Yin	29	SGC	33.00	NS
---	02884 IAZ	Lui, Sheung Chung Billy	28	CUC	30.00	SCR
---	08246 IAZ	Kwok, Chun Lok	29	KHC	30.00	SCR

Event 5 Men 30-34 50 LC Meter Freestyle**MSR: 24.31 M**

1	04637 IBZ	Kwan, Yui Hang	30	CUC	24.78	26.32
2	05296 B	Hui, Chun Hin	30	NWC	27.00	27.84
3	01433	Tai, Hilary Francis	33	#DB	27.00	27.86
4	10683 IBZ	Lee, Tsun Sang	31	#GD	29.00	28.42
5	04604 IBZ	Kwong, Chun Hung	34	SGC	31.00	29.64
6	05050 IBZ	Wong, Chak Pang Benson	33	DWA	NT	30.71
7	48637 IAZ	Leung, Shu Wing	30	NWC	35.00	32.69
8	10686	Chan, Ching	32	#GD	30.00	32.75
9	49516 @IAX	Chan, Cheuk Wai	31	#CR	35.00	34.70

Event 5 Men 35-39 50 LC Meter Freestyle**MSR: 24.80 M**

1	47580 @IAO	Poon, Derrick Gene-ming	35	#FL	26.40	25.85
2	22420 IAZ	Chan, Chi Ming	37	KTS	27.00	26.64
3	27874 IAZ	Chan, Cheuk Man	35	NWC	27.00	26.98
4	02938 IBZ	Wong, Lit Ken	37	DWA	NT	27.27
5	00093	Tam, Tak Ching	36	DWA	NT	27.96
6	46504 @IAO	Coe, Jason George	39	#FL	29.40	29.71
7	09143 ICZ	Chow, Wang Kei	39	FFA	28.00	29.92
8	23298 IAZ	Li, Cheuk Bun	38	WDS	30.00	31.24
9	03713 IBZ	Tang, Chee Kit	37	#DB	30.00	31.35
10	09136 IAZ	Tsang, Chun Kin	35	NWC	36.00	35.72
---	49120 IAZ	Tsang, Sau Fung	37	JHC	27.97	NS
---	00234 IBZ	Lau, Tsun Ting	36	KTS	28.00	SCR
---	48667 @IRO	Wong, Dominic Clayton Joe	35	#FL	33.00	SCR

Event 5 Men 40-44 50 LC Meter Freestyle**MSR: 25.24 M**

1	01591 ICZ	Fu, Wing Harbeth	43	KTS	25.00	25.15 M
2	49497 @ICO	Macceod, Andrew Ian	44	LRC	28.33	28.29
3	49498 @IAO	Dunwoody, Ross William	42	LRC	28.53	28.59
4	38121 IAZ	Cheung, Chi Yan Clifford	43	SGC	30.00	29.08
5	09165	Cheung, Siu Fung	40	LTS	32.00	30.11
6	40107 IAZ	Chan, Falcon	44	LTS	30.00	30.80
7	40841 IAX	Tsang, Kwok Tung	44	#DB	32.00	30.89
8	11587	Ng, Yu Hon	40	SGC	30.00	31.06
9	49027 IAZ	Ng, Fung Kei	43	SFC	33.00	31.84
10	03793 ICZ	Po, Tik San	41	NWC	35.00	31.90
11	47525 IAZ	Wu, Wing Fung	42	WDS	33.00	32.94
12	38035 IAZ	Mok, Kin Fan	43	THS	42.00	40.75
13	46808 IAZ	Leung, Wang Chi	44	CUC	41.78	40.97
14	49852 @IAX	Wu, Yongjian	41	CYM	48.00	44.37
15	23119 IAZ	Chan, Ying Tsung Bosco	42	SFC	49.01	44.89
---	49496 @ICO	Growney, Christopher	43	SFC	38.00	SCR

Event 5 Men 45-49 50 LC Meter Freestyle**MSR: 26.47 M**

1	42737 IAZ	So, Ma Loi	47	SFC	31.00	30.53
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***Spilt Time**

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****(Event 5 Men 45-49 50 LC Meter Freestyle)**

2	38958 #IAZ	Lai, Yiu Kuen	48	CYM	34.00	31.06
3	02366	Li, Ka Wing	49	KTS	30.00	31.15
4	11569	Wong, Lok Shun	46	FFA	29.00	31.67
5	16451	Cheng, Ngai Bun	45	KTS	31.00	33.05
6	37739 #IAZ	Mi, Hau Fung	46	CYM	34.00	33.09
7	48665 IAZ	Law, Kwai Sun	48	NWC	35.00	34.32
8	40923 IAZ	Yip, Kam Wing	46	SGC	39.00	35.03
9	48593 IAZ	Cheng, Wai Leung	46	SFC	37.00	38.43
10	48939 IAZ	Ho, Lik Shan	49	PSC	NT	41.06
11	29261 IAZ	Lai, Ka Wai	45	*TM	40.00	41.81

Event 5 Men 50-54 50 LC Meter Freestyle**MSR: 25.80 M**

1	48285 IAZ	Wan, Hong Yin Edmund	52	#FB	29.40	29.39
2	06711	Leung, Tsz Kin	51	NWC	30.30	31.01
3	21814 ICO	Mattoli, Enrico Andrea	53	LRC	33.61	33.67
4	43158 IAZ	Chan, Tin Lung	54	LTS	34.00	34.45
5	42085 IAZ	Lee, Hon Lun Philip	51	SFC	36.00	34.90
6	22419 IAZ	Fok, Kai Yuen	50	SFC	34.00	40.31
7	47465 IAZ	Wong, Ka Po Dick	50	NWC	45.00	42.65
---	46434 IAZ	Tse, Chee Ho Bruce	53	SFC	33.00	SCR

Event 5 Men 55-59 50 LC Meter Freestyle**MSR: 28.02 M**

1	13992	Yim, Chung Chee	58	YMC	34.00	31.79
2	22433 IAZ	Lui, Man Pong	58	NWC	36.00	34.72
3	46973 IAZ	Leung, Wai Ming	57	NWC	36.00	35.53
4	40839 IAZ	Leung, Wing Hang Michael	58	#DB	33.00	38.04
5	39982 IAZ	Chow, Wing Chun	59	SFC	36.00	38.14
6	48938 IAZ	Ng, Kim Hung Justin	58	PSC	NT	39.24
7	44868 IAZ	Leung, Cheong Chau Stephen	58	#DB	40.00	44.39
---	45582 @IAO	Reeve, Blair	55	LRC	38.03	SCR
---	02570 IAX	Wong, Kwok Wah	58	KHC	26.40	SCR
---	24602 IAZ	Li, Ka Wing Peter	58	SGC	39.00	SCR

Event 5 Men 60-64 50 LC Meter Freestyle**MSR: 27.95 M**

1	06256	Chan, Kwong Peter	62	SGC	35.00	30.65
2	15528	Tsui, Tak Shing Dominic	61	#FL	32.00	32.70
3	41007 IAZ	So, Man Sing	62	SGC	35.00	33.52
4	37048 IAZ	Cheung, Wai Chuen Jimmy	60	SFC	36.00	34.13
5	40861 IAZ	Cheung, Chi Ming Rover	60	SFC	37.00	36.56
6	28339 IAZ	Yim, Chi Yiu	63	NWC	39.00	36.81
7	32108 IAX	Chan, Kiu	61	SFC	36.00	37.08
8	18872 IAZ	Chan, Kin Chung	62	WDS	45.00	41.42
9	41426 IAZ	Tang, Yu Hang Francis	62	TSA	50.00	52.19

Event 5 Men 65-69 50 LC Meter Freestyle**MSR: 29.72 M**

1	26591 IAO	Ho, Robert Yau Chung	65	LRC	28.77	30.43
2	05071	Choi, Tony	65	LRC	33.25	35.71
3	06184	Ng, Pak Chiu	69	SGC	45.00	37.19
4	06281	Fung, Kam Tai	68	SFC	45.00	42.52
5	44839 IAXN	Hou, Ting Fun Stephen	69	HTA	50.00	54.41
6	19292 IAX	Leung, Fu Keung	69	SGC	51.00	54.69

***Spilt Time**

Long Course MS Swimming Competition Part 2 - 15/01/2023

Results

(Event 5 Men 65-69 50 LC Meter Freestyle)

---	41739 IAZ	Ng, Chin Wing	68	SGC	50.00	SCR
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Event 5 Men 70-74 50 LC Meter Freestyle

MSR: 30.07 M

1	06268	Tse, Kwok Piu	72	SFC	36.00	33.02
2	06398	Cho, Wai Sun	70	#FL	33.30	33.80
3	06389	Chan, Hong Wah	70	NWC	39.00	35.37
4	45624 IAZ	Mok, Hin Ming	73	LTS	50.00	39.30
5	41729 IAZ	Ko, Leung Hung Alex	71	#DB	40.00	40.61
6	05917	Yong, Khin Syn	74	SFC	41.00	44.19
7	11563	Lee, Kwok Hung	70	SFC	48.00	47.41
---	23123 IAZ	Poon, Wai	71	SFC	47.25	SCR
---	33115 IAX	Ng, Kan Sing	70	SFC	36.53	SCR

Event 5 Men 75-79 50 LC Meter Freestyle

MSR: 31.79 M

1	23297 IAZ	Chan, Shing Chi	75	LTS	39.00	38.02
2	09171	Chan, Ying Chi	77	SFC	49.00	46.50

Event 5 Men 80-84 50 LC Meter Freestyle

MSR: 41.01 M

1	38301 IAX	Cheung, Hao Yen	80	LTS	52.00	1:00.85
---	23959 IAZ	Chiu, Chin Hung	83	KRS	1:08.76	SCR

Event 5 Men 85-89 50 LC Meter Freestyle

MSR: 46.70 M

1	05407	Lee, She Kwok	85	SFC	54.00	49.49
2	15490	Law, Kwai Fong	87	SFC	1:03.00	1:04.48

Event 6 Women 18-24 50 LC Meter Freestyle

MSR: 28.20 M

1	23105 IAZ	Ho, Cheuk Wai	22	DWA	NT	29.60
2	27376 IAZ	Lee, Wai Ki	23	KHC	32.00	31.85
3	24555 IAO	Ho, Nicola Gabrielle	24	#FL	32.00	32.78
4	16159 IAZ	Cheng, Megan Tszyeuk	24	HFS	33.60	33.19
5	49846 IAZ	Li, Hong Yu Kanas	20	PSC	36.00	34.00
6	49847 IAZ	Li, Ka Yu Karen	21	PSC	36.00	34.75
---	49026 IAZ	Lee, Wing Tung	24	NWC	40.00	SCR

Event 6 Women 25-29 50 LC Meter Freestyle

MSR: 27.70 M

1	08727 B	Hung Yuen Ching, Moose Cull	27	NWC	35.00	32.98
2	49513 IAZ	To, Yan Wing	27	#CR	38.00	34.69
3	20401 IAZ	Leung, Wan Ki	25	KHC	35.00	34.81
4	31023 IAZ	Cheung, Ka Yu	26	NWC	37.00	36.93
5	43533 IAZ	Wong, Yu Tung	25	NWC	50.00	47.74
---	49510 IAZ	Chan, Lok Wing	26	PSC	NT	NS
---	49399 @^ICO	Trujillo, Sarah Marie	27	#FL	35.00	SCR

Event 6 Women 30-34 50 LC Meter Freestyle

MSR: 28.58 M

1	06608 B	Shek, Yan Sin	30	NWC	35.00	32.95
---	01441	Yeung, Hiu Ching Judy	32	NWC	35.00	SCR
---	17382 #IAZ	Tsui, Man Hei	32	NWC	30.00	SCR

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023

Results

Event 6 Women 35-39 50 LC Meter Freestyle

MSR: 28.65 M

1	00288 IBZ	Yip, Wing Yan	35	DWA	NT	28.72
2	49524 @IAO	Lau, Maggie Y	36	FFA	32.00	32.80
3	35921 IAZ	Lui, Yick Ling	37	KRS	36.48	37.07
4	47561 IAZ	Leung, Tin Ho	39	FFA	41.00	40.88
---	43390 ICO	Wong, Sook Leng	35	HFS	36.43	NS

Event 6 Women 40-44 50 LC Meter Freestyle

MSR: 28.17 M

---	45779 #IAZ	Wong, Ka Sin	42	NWC	45.00	SCR
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Event 6 Women 45-49 50 LC Meter Freestyle

MSR: 30.12 M

1	46247 @IAO	Krkalo, Shauna Kathleen	45	LRC	28.17	28.18 M
---	33036 ICO	Coleman, Claire Michelle	45	#FL	34.00	SCR

Event 6 Women 50-54 50 LC Meter Freestyle

MSR: 30.07 M

1	33517 IAO	Yamaguchi, Mika	51	#FL	30.00	29.99 M
2	47040 @IAX	Zou, Shengling	52	TSA	48.00	45.44
3	49206 IAX	Yang, Daokui	50	SGC	50.00	50.18
4	44304 IAX	Choi, Shan Shan	51	SFC	1:00.00	55.36
5	40937 IAZ	Leung, Wai Fan Fanny	53	NWC	1:30.00	58.20

Event 6 Women 55-59 50 LC Meter Freestyle

MSR: 32.17 M

1	12894	Lee, Wai Yee Stella	57	HFS	35.20	36.32
2	23323 IAZ	Tam, Choi Ping Scalene	58	NWC	38.00	37.93
3	48634 IAZ	Cheung, Wing Yee	57	NWC	46.00	42.17
4	26254 IAX	Ng, Kong Ching	58	NWC	40.00	44.03
5	38289 IAZ	Ng, Wai Lin Angie	59	SFC	1:00.00	46.01
6	36045 IAZN	Hsu, Ava	56	LRC	44.04	46.58
7	29831 IAZ	Lowe, Yeuk Ling Dilys	59	SFC	56.00	54.81
8	38460 IAZ	Tang, Kit Fong Yvonne	59	NWC	1:05.00	1:02.26
9	44303 IAZ	Lam, Man Lai	57	SFC	1:07.00	1:03.27
---	40907 IAZ	Lai, Shui Nin Ingrid	56	YMC	35.50	SCR

Event 6 Women 60-64 50 LC Meter Freestyle

MSR: 34.16 M

1	49914 @IAXB	Ng, Yee Man	64	NWC	40.00	39.60
2	20640 IAZ	Wong, Fung Yee	63	SFC	52.00	52.32
---	36225 IAX	Li, Wai Kam	61	SGC	1:00.00	SCR

Event 6 Women 65-69 50 LC Meter Freestyle

MSR: 35.31 M

1	19290 IAX	Tseung, Nga Wah	66	SFC	38.00	35.01 M
2	03503	Castka, Gillian Hancer	67	SFC	41.00	40.85
3	06127	Lau, Wai Lin	67	NWC	1:00.00	54.98
4	06213	Mo, Mei Ling	69	WDS	1:00.00	1:07.67

Event 6 Women 70-74 50 LC Meter Freestyle

MSR: 38.75 M

1	22852 ICX	Bai, Xiufen	72	SFC	39.00	39.35
2	06356 IAZN	Lo Yeung, Sau Han	70	KTS	53.00	52.15
3	06212	Lo, Yeuk Shuen	74	WDS	1:10.00	59.72

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****Event 6 Women 75-79 50 LC Meter Freestyle****MSR: 42.67 M**

1	32571 IAZ	Chan, Pui Yee	79	SFC	1:00.00	57.91
2	17480 IAZ	Chow, Pui Han Angela	77	LTS	1:05.00	1:00.18
3	08936	Leong, Kuai Heng	77	NWC	1:17.25	1:17.51

Event 6 Women 80-84 50 LC Meter Freestyle**MSR: 43.31 M**

---	06372 IAZ	Leung, Mabel Yuen Ying	81	SFC	53.00	SCR
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Event 6 Women 85-89 50 LC Meter Freestyle**MSR: 1:10.14 M**

1	06144	Mak, Suet Man	86	SGC	1:10.00	1:09.78 M
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Event 7 Men 18-24 100 LC Meter Backstroke**MSR: 1:02.10 M**

1	28439 IAZ	Cheng, Kam Fung	19	CUC	1:00.73	1:06.67
2	29946 B	Yip, Shung Kit	21	CUC	1:20.00	1:19.37
3	27803 B	Fan, Ka Ming	24	CUC	1:30.00	1:27.53

Event 7 Men 25-29 100 LC Meter Backstroke**MSR: 1:06.32 M**

1	16201 B	Kwok, Yuk Hang	27	KTS	1:13.00	1:11.35
2	47043 IAZ	Lam, Pak Lun	29	FFA	1:15.00	1:26.60
3	08003 B	Lam, Chun Kit	28	*TM	1:40.00	1:36.02

Event 7 Men 30-34 100 LC Meter Backstroke**MSR: 1:07.94 M**

1	06886 B	Li, Chin Long	33	EWS	1:30.00	1:14.68
2	48262 IAZ	Quan, Wing Yeung Marwick	33	SFC	1:22.00	1:19.04
3	05567 #B	Yeung, Sze Hon	30	#CR	1:20.00	1:19.77
4	49924 @ICO	Lemaire, Thibaud Christophe	31	FFA	1:20.00	1:24.54

Event 7 Men 35-39 100 LC Meter Backstroke**MSR: 1:06.66 M**

1	00444	Lam, Yau Sun Dickson	38	#DB	1:07.00	1:08.79
---		Wan, Watt Wai Kowng	38	OTS	1:07.57	X1:08.72
---	02938 IBZ	Wong, Lit Ken	37	DWA	NT	SCR

Event 7 Men 40-44 100 LC Meter Backstroke**MSR: 1:04.62 M**

1	49498 @IAO	Dunwoody, Ross William	42	LRC	1:10.00	1:16.52
2	49497 @ICO	Macceod, Andrew Ian	44	LRC	1:16.45	1:17.75
3	01948 ICZ	Tang, Ho Yuen	41	#DB	1:40.00	1:25.28
4	49027 IAZ	Ng, Fung Kei	43	SFC	1:40.00	1:30.32
5	40841 IAX	Tsang, Kwok Tung	44	#DB	1:40.00	1:32.21
---	35790 ICO	Launay, Thomas	44	LRC	1:20.00	NS

Event 7 Men 45-49 100 LC Meter Backstroke**MSR: 1:09.39 M**

1	05160	Chan, Ka Wo	46	#DB	1:40.00	1:23.13
2	28849 IAZ	Chan, Chun Kuen	48	SFC	1:29.00	1:29.33
3	24603 IAZ	Hung, Ka Ming	48	YMC	1:30.00	1:34.07
---	37671 @ICO	Stamenovic, Ivan	47	LRC	1:18.00	SCR

Event 7 Men 50-54 100 LC Meter Backstroke**MSR: 1:08.09 M**

1	06711	Leung, Tsz Kin	51	NWC	1:20.21	1:23.93
2	30710 IAZ	Lai, Kin Sun	53	FFA	1:26.00	1:25.81

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023

Results

(Event 7 Men 50-54 100 LC Meter Backstroke)

3	05273	Poon, Ho Keung Danny	53	FFA	1:35.00	1:26.72
4	48285 IAZ	Wan, Hong Yin Edmund	52	#FB	1:30.00	1:29.03
5	25592 IAZ	Cheung, Wai Kei	51	FFA	1:35.00	1:29.83
6	28518 IAZ	Yau, Wo Fung	51	KTS	1:30.00	1:32.34
---	35711 IAX	Wong, Fuk Kei	54	SFC	2:00.00	SCR

Event 7 Men 55-59 100 LC Meter Backstroke

MSR: 1:11.73 M

1	22433 IAZ	Lui, Man Pong	58	NWC	1:55.00	1:39.44
2	05139	Lin, Fulong	56	FFA	NT	1:45.62
3	39982 IAZ	Chow, Wing Chun	59	SFC	1:46.00	1:52.99
4	29472 IAZN	Choi, Kwok Man Tony	57	SFC	1:55.00	1:53.92
5	40840 IAZ	Ng, Ka Yiu Karl	59	#DB	2:00.00	2:00.78
6	25579 IAZ	Leung, Tak Sing	57	HFS	1:36.30	2:02.77
7	26594 IAZ	Ching, Wai Kin	59	SFC	2:06.31	2:03.57
---	41548 IAZ	Ip, Ka Keung Patrick	55	#FB	1:28.00	SCR
---	35313 IAZ	Pong, Chiu Yee Dario	55	LRC	1:26.32	SCR
---	38291 IAZ	Liu, Chun Sing	57	SFC	2:00.00	SCR

Event 7 Men 60-64 100 LC Meter Backstroke

MSR: 1:13.98 M

1	27460 IAZ	Chan, Ying Chiu Johnson	60	LTS	NT	1:33.38
2	41007 IAZ	So, Man Sing	62	SGC	1:50.00	1:44.68
3	24256 IAW	Lok, Wai Man	60	NWC	2:00.00	1:46.22
4	25226 IAZ	Choi, Tai Wing	62	SFC	2:00.00	2:18.31
---	03849	Kwok, Hak Man Johnny	63	LTS	NT	NS
---	07802	Chau, Kam Tim	63	SGC	1:55.00	SCR

Event 7 Men 65-69 100 LC Meter Backstroke

MSR: 1:23.65 M

1	26591 IAO	Ho, Robert Yau Chung	65	LRC	1:14.67	1:18.71 M
2	03215 IAZ	Leung, Yiu Chuen	65	SYS	1:38.00	1:38.58
3	06237	Mok, Chu Piu	66	LTS	1:41.00	1:39.98
4	06388	Lau, Man Kin	69	SFC	1:50.00	1:47.03
5	26318	Suen, Chi Wing	69	SFC	1:53.00	1:51.24
6	06187	Kan, Kai Kwong	68	SGC	1:59.00	1:56.82
7	06281	Fung, Kam Tai	68	SFC	2:10.00	2:03.45

Event 7 Men 70-74 100 LC Meter Backstroke

MSR: 1:35.27 M

1	20634 IAZ	Wu, Shu Sun	73	NWC	2:00.00	1:42.60
2	06192	Chu, Shui Yi	72	SGC	1:59.00	1:57.07
3	22182 IAZ	Ngai, Yin Leung	74	SFC	2:18.00	2:09.80

Event 7 Men 75-79 100 LC Meter Backstroke

MSR: 1:56.76 M

1	40518 IAZ	Liu, Wing Chiu	75	*TM	2:00.00	1:52.21 M
2	09891	Wong, Chiu Shun	76	SFC	2:20.00	2:01.00
3	06274	Wong, Yau Chuen	77	SFC	2:10.00	2:18.54

Event 7 Men 80-84 100 LC Meter Backstroke

MSR: 2:21.27 M

1	38301 IAX	Cheung, Hao Yen	80	LTS	NT	3:15.06
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Event 7 Men 85-89 100 LC Meter Backstroke

1	16471	Wong, Yuen Ying	87	KRS	3:20.00	3:38.99
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*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****(Event 7 Men 85-89 100 LC Meter Backstroke)**

2	17832 IAX	Chan, Sau	86	SFC	3:10.00	3:39.42
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Event 8 Women 18-24 100 LC Meter Backstroke**MSR: 1:11.36 M**

1	20969 IAZ	Lui, Wing Lam	21	KTS	1:22.00	1:25.16
2	26669 P	Mak, Ho Yan	20	EWS	1:10.00	1:26.26
3	39029 IAZ	Fung, Yin Ching	21	*HN	1:50.00	1:31.36

Event 8 Women 25-29 100 LC Meter Backstroke**MSR: 1:14.07 M**

1	47460 IAZ	Mak, Cheuk Lam	28	NWC	2:00.00	1:43.68
---	09959 #IAZ	Mok, Hoi Man Sheron	28	NWC	NT	SCR

Event 8 Women 30-34 100 LC Meter Backstroke**MSR: 1:11.37 M**

---	28004 IAZ	Kwan, Ka Wan	30	TSA	1:48.00	SCR
---	01441	Yeung, Hiu Ching Judy	32	NWC	1:20.00	SCR

Event 8 Women 35-39 100 LC Meter Backstroke**MSR: 1:14.06 M**

1	26745 ICX	Chen, Yangyang	38	LRC	1:20.00	1:21.19
2	46104 @ICO	Sheridan, Kaitlyn Rose	36	#FL	1:45.00	1:31.92
---	43390 ICO	Wong, Sook Leng	35	HFS	1:50.12	NS
---	13384 ICZ	Lee, May Sze Mei	36	NWC	2:38.00	SCR

Event 8 Women 40-44 100 LC Meter Backstroke**MSR: 1:13.75 M**

1	02727 ICZ	Lui, Wing Yee	40	HTA	2:00.00	1:47.01
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Event 8 Women 45-49 100 LC Meter Backstroke**MSR: 1:19.43 M**

1	40853 @IAO	Tam, Alison Mai Ling	45	#FL	1:20.00	1:15.99 M
2	06315	Chan, Sui Yee	47	LRC	1:38.71	1:43.12
3	36785 IAZ	Inglis, Alexandra Sinead	48	LRC	1:45.85	1:44.89
---	45139 IAZ	Tai, Kwan Yee	46	HFS	1:52.00	NS

Event 8 Women 50-54 100 LC Meter Backstroke**MSR: 1:17.38 M**

1	47040 @IAX	Zou, Shengling	52	TSA	1:50.00	2:01.67
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Event 8 Women 55-59 100 LC Meter Backstroke**MSR: 1:36.84 M**

1	29752 IAZ	Chow, Yee Heung Liza	59	LTS	1:45.00	1:44.16
2	06337	Tse, Yee Wah	57	YMC	2:05.00	1:57.14
3	40575 IAO	Chan, San Ngah	55	#FL	2:04.00	2:01.15
4	26254 IAX	Ng, Kong Ching	58	NWC	1:40.00	2:08.56
---	40907 IAZ	Lai, Shui Nin Ingrid	56	YMC	1:50.50	SCR

Event 8 Women 60-64 100 LC Meter Backstroke**MSR: 1:45.15 M**

1	49914 @IAXB	Ng, Yee Man	64	NWC	2:00.00	1:43.42 M
2	20640 IAZ	Wong, Fung Yee	63	SFC	2:48.00	2:06.18
3	37056 IAZ	Wong, Hoi Ping Carol	63	*TM	NT	2:26.03

Event 8 Women 65-69 100 LC Meter Backstroke**MSR: 1:52.49 M**

1	06355	Lo, Lai Yung	68	NWC	2:10.00	1:50.32 M
2	23957 IAX	Yeung, Tun Lim Lily	66	SFC	2:15.00	2:21.88

***Spilt Time**

Long Course MS Swimming Competition Part 2 - 15/01/2023

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Event 8 Women 70-74 100 LC Meter Backstroke

MSR: 1:59.12 M

1	22852 ICX	Bai, Xiufen	72	SFC	1:40.00	1:40.55 M
2	06212	Lo, Yeuk Shuen	74	WDS	4:00.00	2:09.74

Event 8 Women 75-79 100 LC Meter Backstroke

MSR: 2:13.75 M

1	32571 IAZ	Chan, Pui Yee	79	SFC	3:00.00	2:43.67
2	17480 IAZ	Chow, Pui Han Angela	77	LTS	2:26.00	2:45.73

Event 8 Women 80-84 100 LC Meter Backstroke

1	06374	Wong, Jim	82	SFC	3:00.00	2:32.78
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Event 8 Women 85-89 100 LC Meter Backstroke

1	06144	Mak, Suet Man	86	SGC	3:20.00	3:32.92
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Event 9 Men 18-24 200 LC Meter Freestyle

MSR: 2:06.87 M

1	29946 B	Yip, Shung Kit	21	CUC	2:50.00	2:29.39
---	28567 #IAZ	Tam, Wang Yin	23	NWC	2:20.00	SCR
---	27205 P	Chan, Yan Shing	21	CUC	2:30.00	SCR

Event 9 Men 25-29 200 LC Meter Freestyle

MSR: 2:05.18 M

1	15815	Lo, Ting Kin	27	SGC	2:59.00	2:21.60
2	16830 #IAM	Yip, Ming Hei	27	NWC	2:40.00	2:22.98
3	13072 IAZ	Mo, Tsun Hei	27	KHC	2:40.00	2:30.12

Event 9 Men 30-34 200 LC Meter Freestyle

MSR: 2:05.11 M

1	05296 B	Hui, Chun Hin	30	NWC	2:20.00	2:14.66
2	02580	Lau, Chun Leung Johnny	32	KHC	2:06.00	2:19.81
3	09319 IBZ	Chan, Chun Wing	31	NWC	4:00.00	2:31.88
4	49924 @ICO	Lemaire, Thibaud Christophe	31	FFA	2:20.00	2:32.11
5	01938 IBZ	Lam, Yun Hei	34	NWC	2:45.00	2:34.73
6	33387 IAO	Wu, Kenneth Yee Lok	32	SFC	2:33.02	2:35.08
7	48637 IAZ	Leung, Shu Wing	30	NWC	3:40.00	3:13.18
---	46301 IAZ	Lai, Siu In	30	NWC	4:00.00	SCR

Event 9 Men 35-39 200 LC Meter Freestyle

MSR: 2:05.90 M

1	47580 @IAO	Poon, Derrick Gene-ming	35	#FL	2:12.00	2:13.03
2	00091	Chan, Lok Yan	39	NWC	2:20.00	2:21.17
3	22420 IAZ	Chan, Chi Ming	37	KTS	2:30.00	2:21.46
4	46504 @IAO	Coe, Jason George	39	#FL	2:38.00	2:32.50
---	05179 #ICZ	Wan, Chun Pong Michael	39	#FL	2:35.00	SCR
---	04706 IBZ	Hui, Cheung Hin Raymond	39	DWA	NT	SCR
---	03713 IBZ	Tang, Chee Kit	37	#DB	3:20.00	SCR

Event 9 Men 40-44 200 LC Meter Freestyle

MSR: 2:07.89 M

1	30399 IAZ	Lam, Shu Wing	40	FFA	2:28.00	2:36.72
2	38121 IAZ	Cheung, Chi Yan Clifford	43	SGC	2:40.00	2:42.58
3	42708 IAZ	Tang, Wing Chung Jonathan	41	HFS	2:50.02	2:59.46
4	27133 IAZ	Poon, Man Chun	42	WDS	2:56.29	3:17.12
5	38035 IAZ	Mok, Kin Fan	43	THS	3:40.00	3:44.30
---	40841 IAX	Tsang, Kwok Tung	44	#DB	3:20.00	SCR
---	10317	Ng, Ka Wing	43	#DB	3:20.00	SCR

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****Event 9 Men 45-49 200 LC Meter Freestyle****MSR: 2:10.21 M**

1	46505 IAZ	Chang, Lambert Jen Hsiung	48	#FL	2:38.00	2:28.01
2	28849 IAZ	Chan, Chun Kuen	48	SFC	2:33.00	2:35.52
3	02366	Li, Ka Wing	49	KTS	2:50.00	3:04.79
4	48665 IAZ	Law, Kwai Sun	48	NWC	3:40.00	3:22.18
5	47463 IAZ	Kwong, Hoi Tik	47	NWC	3:40.00	3:29.67
---	37671 @ICO	Stamenovic, Ivan	47	LRC	2:06.76	SCR

Event 9 Men 50-54 200 LC Meter Freestyle**MSR: 2:14.33 M**

1	27868 IAZ	Chan, Chi Wah Ringo	51	SFC	2:40.00	2:40.21
2	27451 IAZ	Yip, Kin Man Stephen	53	KTS	3:00.00	2:48.35
3	25592 IAZ	Cheung, Wai Kei	51	FFA	2:45.00	2:48.52
4	28518 IAZ	Yau, Wo Fung	51	KTS	3:00.00	3:01.78
5	47465 IAZ	Wong, Ka Po Dick	50	NWC	4:30.00	3:48.54
6	17701 IAZ	Lee, Chor Fu	54	WDS	3:30.00	3:50.56
---	09558 IAO	Li, Kai Yien Authur	51	#FB	2:15.00	SCR
---	21814 ICO	Mattoli, Enrico Andrea	53	LRC	2:56.90	SCR

Event 9 Men 55-59 200 LC Meter Freestyle**MSR: 2:24.07 M**

1	24602 IAZ	Li, Ka Wing Peter	58	SGC	2:50.00	2:51.36
2	26594 IAZ	Ching, Wai Kin	59	SFC	3:02.01	3:15.33
3	21024 IAZ	Chan, Wai Man Kelvin	59	NWC	3:50.00	3:20.49
4	05139	Lin, Fulong	56	FFA	NT	3:27.91
5	29472 IAZN	Choi, Kwok Man Tony	57	SFC	3:57.00	3:39.41

Event 9 Men 60-64 200 LC Meter Freestyle**MSR: 2:32.99 M**

1	05191	Koo, Yu Fat Marcus	61	FFA	2:35.00	2:33.27
2	04512	Wong, Shek Ming	63	NWC	4:15.00	3:07.10
3	40861 IAZ	Cheung, Chi Ming Rover	60	SFC	3:30.00	3:25.23
4	13979	Lee, Sing Tim	62	LTS	3:30.00	3:25.41
---	47656 IAZ	Lau, Che Hung	61	KHC	2:20.00	SCR

Event 9 Men 65-69 200 LC Meter Freestyle**MSR: 2:43.01 M**

1	06331 ICZ	Ma, Etienne	66	YMC	2:38.00	2:37.58 M
2	06237	Mok, Chu Piu	66	LTS	3:00.00	3:03.43
3	06239	Chan, King Yuen	68	LTS	3:32.00	3:21.43
4	26318	Suen, Chi Wing	69	SFC	3:45.00	3:39.63
---	41739 IAZ	Ng, Chin Wing	68	SGC	2:59.00	SCR

Event 9 Men 70-74 200 LC Meter Freestyle**MSR: 2:47.81 M**

1	06268	Tse, Kwok Piu	72	SFC	2:50.00	2:53.17
---	33115 IAX	Ng, Kan Sing	70	SFC	2:44.00	SCR

Event 9 Men 75-79 200 LC Meter Freestyle**MSR: 3:38.31 M**

1	40518 IAZ	Liu, Wing Chiu	75	*TM	4:00.00	3:45.31
2	09891	Wong, Chiu Shun	76	SFC	4:10.00	3:48.89
3	06274	Wong, Yau Chuen	77	SFC	4:03.00	4:26.98

Event 9 Men 85-89 200 LC Meter Freestyle

1	17832 IAX	Chan, Sau	86	SFC	5:00.00	5:20.86
2	15490	Law, Kwai Fong	87	SFC	5:00.00	5:34.09

***Spilt Time**

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****Event 10 Women 18-24 200 LC Meter Freestyle****MSR: 2:16.66 M**

1	27291 #@P	Lau, Sze Wan	20	KTS	2:35.00	2:21.83
2	26980 IAZ	Wong, Suet Wing	24	DWA	NT	2:33.64
3	26669 P	Mak, Ho Yan	20	EWS	2:20.00	2:39.79
---	20969 IAZ	Lui, Wing Lam	21	KTS	2:35.00	NS

Event 10 Women 25-29 200 LC Meter Freestyle**MSR: 2:18.17 M**

1	09959 #IAZ	Mok, Hoi Man Sheron	28	NWC	NT	2:16.55 M
2	08727 B	Hung Yuen Ching, Moose Cull	27	NWC	2:25.00	2:45.04
---	49510 IAZ	Chan, Lok Wing	26	PSC	NT	NS

Event 10 Women 30-34 200 LC Meter Freestyle**MSR: 2:25.29 M**

1	38126 IAZ	Lee, Wai Sze	34	NWC	2:30.00	2:30.37
2	06577 IBZ	Leung, Wei Yan	33	SFC	2:47.00	3:12.08

Event 10 Women 35-39 200 LC Meter Freestyle**MSR: 2:13.59 M**

1	00288 IBZ	Yip, Wing Yan	35	DWA	NT	2:29.61
2	46294 ICX	Lin, Shengzhu	35	NWC	3:10.00	3:01.54
3	47057 IAZ	Chan, Sze Wing	36	PSC	NT	3:05.01
---	43390 ICO	Wong, Sook Leng	35	HFS	3:20.12	SCR

Event 10 Women 40-44 200 LC Meter Freestyle**MSR: 2:13.70 M**

1	49442 IAZ	Chan, Yuk Man Phoebe	44	SFC	2:40.00	2:40.10
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Event 10 Women 45-49 200 LC Meter Freestyle**MSR: 2:28.14 M**

1	40853 @IAO	Tam, Alison Mai Ling	45	#FL	2:30.00	2:30.05
2	06315	Chan, Sui Yee	47	LRC	2:52.00	3:27.30
3	48942 IAZ	Wong, Wing Sze Sesy	47	PSC	NT	3:31.94

Event 10 Women 50-54 200 LC Meter Freestyle**MSR: 2:32.26 M**

1	35969 IAX	Wang, Ying Lian	51	TSA	3:40.00	3:25.19
2	31395 IAZ	Chan, Pui Ling	53	FFA	3:20.00	3:39.39
3	40912 IAZ	Ng, Yee Ling	52	THS	3:20.00	3:43.43
4	47040 @IAZ	Zou, Shengling	52	TSA	4:10.00	3:48.37
5	06349	Ip, Oi Wa Wendy	51	SFC	4:00.00	3:48.79
6	48201 IAZ	Poon, Nga Yi	50	THS	4:00.00	4:30.01

Event 10 Women 55-59 200 LC Meter Freestyle**MSR: 2:50.45 M**

1	23323 IAZ	Tam, Choi Ping Scalene	58	NWC	4:55.00	3:46.17
2	36045 IAZN	Hsu, Ava	56	LRC	4:00.00	3:59.91
3	41911 IAZN	Ng, Kit Man Joanna	58	NWC	6:02.00	5:29.73

Event 10 Women 60-64 200 LC Meter Freestyle**MSR: 3:08.53 M**

1	31750 IAZ	Cheung, Lai Ying Anita	60	LTS	4:02.00	4:09.36
2	45187 IAX	Chan, On Mei	60	SFC	3:54.00	4:12.93
---	36225 IAX	Li, Wai Kam	61	SGC	3:59.00	SCR

Event 10 Women 65-69 200 LC Meter Freestyle**MSR: 3:27.53 M**

1	03503	Castka, Gillian Hancer	67	SFC	3:40.00	3:33.98
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***Spilt Time**

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****Event 11 Men 18-24 50 LC Meter Butterfly****MSR: 26.27 M**

1	28439 IAZ	Cheng, Kam Fung	19	CUC	26.12	27.17
2	49792 @ICO	Phu, Alex	23	CUC	27.60	28.04
3	28567 #IAZ	Tam, Wang Yin	23	NWC	30.00	29.49
4	29520 IAZ	Chui, Yu Hin	23	PSC	30.00	29.52
5	48045 IAZ	Lo, Tsz Wang	20	KTS	28.00	31.41
6	41451 IAZ	Kwan, Wing Hin	19	#CR	31.00	34.10
---	30675 B	Chan, Wai Tsun	20	CUC	30.00	NS
---	27205 P	Chan, Yan Shing	21	CUC	30.00	SCR

Event 11 Men 25-29 50 LC Meter Butterfly**MSR: 26.21 M**

1	16201 B	Kwok, Yuk Hang	27	KTS	28.00	28.72
2	05577 IBZ	Yuen, Marcus	29	LRC	28.01	29.15
3	13072 IAZ	Mo, Tsun Hei	27	KHC	30.00	30.27
4	16830 #IAM	Yip, Ming Hei	27	NWC	29.00	31.39
5	21343 IAZ	Yu, Man Hin	27	SGC	35.00	32.16
---	24728 IAZ	Chan, Wing Fa	26	EWS	32.00	SCR

Event 11 Men 30-34 50 LC Meter Butterfly**MSR: 26.54 M**

1	14158 #IAZ	Li, Hok Yee Terence	30	NWC	29.00	29.06
2	03978	Lau, Chun Sing	31	HMA	NT	29.78
3	01433	Tai, Hilary Francis	33	#DB	27.00	31.18
4	02040	Yei, Tak Sau	34	FFA	32.00	33.25
5	33387 IAO	Wu, Kenneth Yee Lok	32	SFC	34.00	33.28
6	04604 IBZ	Kwong, Chun Hung	34	SGC	35.00	34.29
7	10686	Chan, Ching	32	#GD	35.00	35.75
---	00529 B	Wong, Lok Sum	30	KTS	35.00	SCR

Event 11 Men 35-39 50 LC Meter Butterfly**MSR: 26.70 M**

1	27874 IAZ	Chan, Cheuk Man	35	NWC	29.00	29.56
2	00091	Chan, Lok Yan	39	NWC	30.00	30.00
3	23298 IAZ	Li, Cheuk Bun	38	WDS	33.00	34.30
---	49120 IAZ	Tsang, Sau Fung	37	JHC	30.45	NS
---	05179 #ICZ	Wan, Chun Pong Michael	39	#FL	31.00	SCR
---	46504 @IAO	Coe, Jason George	39	#FL	39.98	SCR
---	00234 IBZ	Lau, Tsun Ting	36	KTS	30.00	SCR

Event 11 Men 40-44 50 LC Meter Butterfly**MSR: 26.85 M**

1	05145	Lo, Jonathan Ka Yan	40	LRC	27.95	28.96
2	15530 IAZ	Lam, Matthew Ming Lok	41	NWC	30.00	29.70
3	49498 @IAO	Dunwoody, Ross William	42	LRC	33.31	32.18
4	10317	Ng, Ka Wing	43	#DB	33.00	32.97
5	03793 ICZ	Po, Tik San	41	NWC	40.00	35.87
6	40558 IAZ	Law, Sai Wo	44	THS	37.00	41.74
---	49497 @ICO	Macceod, Andrew Ian	44	LRC	30.30	DQ
---	40107 IAZ	Chan, Falcon	44	LTS	36.00	NS

Event 11 Men 45-49 50 LC Meter Butterfly**MSR: 27.47 M**

1	28860 IEX	Lin, Qingzhan	49	SFC	31.00	30.01
2	42737 IAZ	So, Ma Loi	47	SFC	39.00	37.00
3	02366	Li, Ka Wing	49	KTS	34.00	38.12

***Spilt Time**

Long Course MS Swimming Competition Part 2 - 15/01/2023

Results

(Event 11 Men 45-49 50 LC Meter Butterfly)

4	11569	Wong, Lok Shun	46	FFA	34.00	40.69
---	37739 #IAZ	Mi, Hau Fung	46	CYM	38.00	NS
---	41887 IAZ	Woo, Cheuk Yiu Jeffrey	48	YMC	50.00	SCR

Event 11 Men 50-54 50 LC Meter Butterfly**MSR: 27.94 M**

1	05273	Poon, Ho Keung Danny	53	FFA	32.82	32.71
2	06711	Leung, Tsz Kin	51	NWC	31.78	33.42
3	27451 IAZ	Yip, Kin Man Stephen	53	KTS	35.00	35.21
4	27868 IAZ	Chan, Chi Wah Ringo	51	SFC	40.00	37.81
5	26053 IAZ	Wong, Yee Keung	52	FFA	34.00	38.94
6	42085 IAZ	Lee, Hon Lun Philip	51	SFC	40.00	39.90
---	21008 IAZ	Cheung, Chun Kwan Michael	50	WDS	34.00	SCR
---	35711 IAX	Wong, Fuk Kei	54	SFC	45.00	SCR

Event 11 Men 55-59 50 LC Meter Butterfly**MSR: 30.04 M**

1	13992	Yim, Chung Chee	58	YMC	35.00	37.87
2	31109 IAZ	Chan, Ping Yan Bryan	57	HFS	39.64	38.75
3	25579 IAZ	Leung, Tak Sing	57	HFS	36.25	40.76
4	39982 IAZ	Chow, Wing Chun	59	SFC	39.00	41.83
5	21024 IAZ	Chan, Wai Man Kelvin	59	NWC	39.00	42.05
6	05139	Lin, Fulong	56	FFA	NT	44.42
7	38127 IAZ	Leung, Cheung Wai Ricky	55	SFC	42.00	48.43
---	40840 IAZ	Ng, Ka Yiu Karl	59	#DB	50.00	SCR
---	41548 IAZ	Ip, Ka Keung Patrick	55	#FB	37.00	SCR
---	02570 IAX	Wong, Kwok Wah	58	KHC	27.00	SCR
---	22433 IAZ	Lui, Man Pong	58	NWC	43.00	SCR

Event 11 Men 60-64 50 LC Meter Butterfly**MSR: 30.60 M**

1	05191	Koo, Yu Fat Marcus	61	FFA	32.00	32.85
2	06256	Chan, Kwong Peter	62	SGC	35.00	34.36
3	41007 IAZ	So, Man Sing	62	SGC	40.00	36.05
4	15528	Tsui, Tak Shing Dominic	61	#FL	36.00	40.62
---	45198 IAZN	Lam, Tsz Kiu Goldie	61	SGC	50.00	DQ

Did not finish

Event 11 Men 65-69 50 LC Meter Butterfly**MSR: 33.66 M**

1	26591 IAO	Ho, Robert Yau Chung	65	LRC	30.21	33.20 M
2	03215 IAZ	Leung, Yiu Chuen	65	SYS	35.00	38.92
3	49915 @IAX	Tai, Yu Chung	65	NWC	50.00	39.22
4	06187	Kan, Kai Kwong	68	SGC	49.00	43.19
5	06184	Ng, Pak Chiu	69	SGC	49.00	45.39
6	06388	Lau, Man Kin	69	SFC	50.00	1:10.02

Event 11 Men 70-74 50 LC Meter Butterfly**MSR: 37.28 M**

1	06382	Chan, Kam Por	71	SFC	38.00	37.60
2	06398	Cho, Wai Sun	70	#FL	38.00	42.77
3	45624 IAZ	Mok, Hin Ming	73	LTS	NT	54.77
4	22182 IAZ	Ngai, Yin Leung	74	SFC	55.36	58.94
5	06242	Lau, Heung Wing	74	WDS	1:20.00	1:25.60

*Spilt Time

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Event 11 Men 75-79 50 LC Meter Butterfly

MSR: 41.68 M

1	23297 IAZ	Chan, Shing Chi	75	LTS	52.00	50.62
---	03845	Tin, Sheung Kwai	76	NWC	41.91	SCR

Event 11 Men 80-84 50 LC Meter Butterfly

MSR: 58.81 M

---	38301 IAX	Cheung, Hao Yen	80	LTS	NT	NS
---	06270	Lam, Luk Kan	82	SFC	1:40.00	SCR

Event 12 Women 18-24 50 LC Meter Butterfly

MSR: 30.27 M

1	17201 B	Tse, Hiu Tung	24	KHC	40.00	32.37
2	23105 IAZ	Ho, Cheuk Wai	22	DWA	NT	33.34
3	16159 IAZ	Cheng, Megan Tszyeuk	24	HFS	36.39	36.28
4	24555 IAO	Ho, Nicola Gabrielle	24	#FL	37.00	36.30

Event 12 Women 25-29 50 LC Meter Butterfly

MSR: 29.30 M

1	09959 #IAZ	Mok, Hoi Man Sheron	28	NWC	31.00	31.13
---	49510 IAZ	Chan, Lok Wing	26	PSC	NT	NS

Event 12 Women 30-34 50 LC Meter Butterfly

MSR: 30.75 M

1	01262	Mau, Lok Yan Eunice	30	CUC	30.73	31.99
2	03730 IBZ	Li, Jamie	31	KHC	35.00	35.88
3	28004 IAZ	Kwan, Ka Wan	30	TSA	46.00	53.78

Event 12 Women 35-39 50 LC Meter Butterfly

MSR: 32.49 M

1	01652 IBZ	Lau, Hok Lam	36	PSC	NT	32.32 M
2	01305 IBZ	Liu, Ka Lei	38	KTS	36.00	35.78
3	49524 @IAO	Lau, Maggie Y	36	FFA	35.00	36.61
4	01624 IBZ	Wong, Yin Yue Olivia	36	LTS	42.00	38.32
5	42712 IAZ	Chan, Hiu Ying	39	RKC	40.00	38.39
6	46104 @ICO	Sheridan, Kaitlyn Rose	36	#FL	42.00	42.58
7	41684 IAZ	Leung, Wing Yin Winnie	39	HFS	45.40	43.05
8	47561 IAZ	Leung, Tin Ho	39	FFA	47.00	47.91

Event 12 Women 40-44 50 LC Meter Butterfly

MSR: 30.39 M

1	31022 IAZ	Lai, Pan Yin	40	*TM	NT	43.13
2	08977	Ho, Yee Yun Rosalind	44	CUC	40.00	43.67

Event 12 Women 45-49 50 LC Meter Butterfly

MSR: 32.96 M

1	46247 @IAO	Krkalo, Shauna Kathleen	45	LRC	30.39	30.39 M
2	40853 @IAO	Tam, Alison Mai Ling	45	#FL	33.27	33.57
---	33036 ICO	Coleman, Claire Michelle	45	#FL	38.00	SCR

Event 12 Women 50-54 50 LC Meter Butterfly

MSR: 32.53 M

1	33517 IAO	Yamaguchi, Mika	51	#FL	33.50	33.87
2	35969 IAX	Wang, Ying Lian	51	TSA	48.00	50.41
3	31395 IAZ	Chan, Pui Ling	53	FFA	52.71	53.78
4	49206 IAX	Yang, Daokui	50	SGC	55.00	1:04.89
5	40912 IAZ	Ng, Yee Ling	52	THS	58.00	1:05.24

*Spilt Time

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Event 12 Women 55-59 50 LC Meter Butterfly

MSR: 36.39 M

1	29752 IAZ	Chow, Yee Heung Liza	59	LTS	47.33	47.14
2	37012 IAZ	Lun, Yau Chun Nara	55	NWC	1:00.00	52.27
3	23323 IAZ	Tam, Choi Ping Scalene	58	NWC	46.00	52.34
4	40575 IAO	Chan, San Ngah	55	#FL	53.00	53.16
5	26254 IAX	Ng, Kong Ching	58	NWC	55.00	58.90

Event 12 Women 60-64 50 LC Meter Butterfly

MSR: 39.95 M

1	49914 @IAXB	Ng, Yee Man	64	NWC	45.00	45.18
2	41423 IAZ	Chiu, Pauline	61	TSA	50.00	49.34
3	37056 IAZ	Wong, Hoi Ping Carol	63	*TM	NT	1:05.80
4	16533	Wong, Shun Ying	64	SGC	1:08.00	1:07.74
5	22428 IAZ	Lau, Yuk Lin Rocky	61	SGC	58.00	1:10.48
---	36225 IAX	Li, Wai Kam	61	SGC	1:00.00	SCR

Event 12 Women 65-69 50 LC Meter Butterfly

MSR: 42.05 M

1	19290 IAX	Tseung, Nga Wah	66	SFC	48.00	42.01 M
2	06355	Lo, Lai Yung	68	NWC	52.00	50.19

Event 12 Women 75-79 50 LC Meter Butterfly

MSR: 1:00.33 M

1	02365	Chow, So Kam	78	KTS	1:20.00	1:16.94
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Event 12 Women 80-84 50 LC Meter Butterfly

---	06372 IAZ	Leung, Mabel Yuen Ying	81	SFC	1:12.00	SCR
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Event 13 Men 100-119 4x50 LC Meter Medley Relay

MSR: 1:51.11 M

1		Diocesan School Old Boys' As	A	NT	1:49.32 M
	27.65	1:49.32			
2		Sea Green Swimming & L.S. C	A	NT	2:15.32
3		New Water Polo Club	A	NT	2:29.03

Event 13 Men 120-159 4x50 LC Meter Medley Relay

MSR: 1:54.76 M

1		Kwan Hung Swimming Club	A	1:54.00	1:57.94
2		Kwun Tong Swimming Club	A	2:10.00	2:10.45
3		New Water Polo Club	A	NT	2:11.54
---		Fastlane Swimming	A	NT	NS
---		Diocesan School Old Boys' As	A	NT	NS
---		Pacific Swimming Club	A	NT	NS
---		Sword Fish Club	A	2:30.00	SCR
---		Sea Green Swimming & L.S. C	A	NT	SCR

Event 13 Men 160-199 4x50 LC Meter Medley Relay

MSR: 1:53.94 M

1		Ladies' Recreation Club	A	NT	2:05.85
2		Diocesan School Old Boys' As	A	NT	2:11.55
3		Sword Fish Club	A	2:30.00	2:19.10
4		HK Flying Fish Athletic Assn	A	2:15.00	2:21.97
5		New Water Polo Club	A	NT	2:28.08
---		Pacific Swimming Club	A	NT	DQ
---		Kwun Tong Swimming Club	A	2:13.00	NS
---		Fastlane Swimming	A	NT	NS
---		Sun Yip Swimming Club	A	2:30.00	SCR

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023

Results

Event 13 Men 200-239 4x50 LC Meter Medley Relay

MSR: 2:03.19 M

1	HK Flying Fish Athletic Assn	A	2:19.00	2:25.86
2	Kwun Tong Swimming Club	A	2:15.00	2:28.62
3	Sea Green Swimming & L.S. C	A	NT	2:32.94
4	Fastlane Swimming	A	NT	2:34.26
5	Sword Fish Club	A	2:30.00	2:48.51
6	Diocesan School Old Boys' As	A	NT	2:49.02
---	Hoi Fung Swimming Club	A	3:12.48	NS
---	Ladies' Recreation Club	A	NT	NS
---	Hong Kong Football Club	A	NT	SCR
---	New Water Polo Club	A	NT	SCR
---	Lai Tsun Swimming Society	A	NT	SCR
---	Wong Tai Sin District L.S. S.	A	3:00.00	SCR

Event 13 Men 240-279 4x50 LC Meter Medley Relay

MSR: 2:19.80 M

1	Sea Green Swimming & L.S. C	A	NT	2:31.27
2	New Water Polo Club	A	NT	2:33.92
3	Sword Fish Club	A	2:45.00	2:38.52
4	Lai Tsun Swimming Society	A	NT	3:12.54
---	Diocesan School Old Boys' As	A	NT	SCR

Event 13 Men 280-319 4x50 LC Meter Medley Relay

MSR: 2:39.12 M

1	Sword Fish Club	A	3:00.00	2:51.78
2	New Water Polo Club	A	NT	3:04.81
3	Lai Tsun Swimming Society	A	NT	3:31.03
---	Diocesan School Old Boys' As	A	NT	SCR

Event 13 Men 320-359 4x50 LC Meter Medley Relay

MSR: 3:30.63 M

1	Sword Fish Club	A	3:45.00	4:26.77
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Event 14 Women 100-119 4x50 LC Meter Medley Relay

MSR: 2:19.21 M

1	New Water Polo Club	A	NT	2:36.51
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Event 14 Women 120-159 4x50 LC Meter Medley Relay

MSR: 2:10.92 M

1	Pacific Swimming Club	A	NT	2:40.37
2	New Water Polo Club	A	NT	2:55.36
---	Fastlane Swimming	A	NT	NS

Event 14 Women 160-199 4x50 LC Meter Medley Relay

MSR: 2:10.35 M

1	Sword Fish Club	A	2:35.00	3:18.84
2	New Water Polo Club	A	NT	3:49.40
---	Hoi Fung Swimming Club	A	2:47.27	NS
---	Fastlane Swimming	A	NT	NS
---	Ladies' Recreation Club	A	NT	NS

Event 14 Women 200-239 4x50 LC Meter Medley Relay

MSR: 2:32.48 M

1	New Water Polo Club	A	NT	2:53.25
2	Ladies' Recreation Club	A	NT	3:05.23
3	Tung Sing Athletic Associatio	A	3:10.00	3:23.59
---	Sword Fish Club	A	2:55.00	SCR

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****(Event 14 Women 200-239 4x50 LC Meter Medley Relay)**

---	Sea Green Swimming & L.S. C	A	NT	SCR
---	Lai Tsun Swimming Society	A	NT	SCR
---	Kwun Tong Swimming Club	A	2:45.00	SCR

Event 14 Women 240-279 4x50 LC Meter Medley Relay**MSR: 2:48.90 M**

1	Sword Fish Club	A	3:05.00	3:05.20
2	Lai Tsun Swimming Society	A	NT	3:35.34
3	Sea Green Swimming & L.S. C	A	NT	3:35.91
4	New Water Polo Club	A	NT	5:21.43

Event 14 Women 280-319 4x50 LC Meter Medley Relay**MSR: 3:21.30 M**

1	Sword Fish Club	A	3:45.00	4:12.06
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Event 15 Men 18-24 50 LC Meter Breaststroke**MSR: 30.47 M**

1	22513 IAZ Tang, Cheuk Yan	23 KTS	34.00	33.39
2	28439 IAZ Cheng, Kam Fung	19 CUC	33.05	34.16
3	48045 IAZ Lo, Tsz Wang	20 KTS	34.00	36.37
4	15351 IAZ Chang, Jaw Ting	22 PSC	37.00	37.04
---	27205 P Chan, Yan Shing	21 CUC	31.51	SCR

Event 15 Men 25-29 50 LC Meter Breaststroke**MSR: 30.66 M**

1	05577 IBZ Yuen, Marcus	29 LRC	30.81	31.87
2	23081 IAZ Loo, Chun Hei	25 DWA	NT	36.80

Event 15 Men 30-34 50 LC Meter Breaststroke**MSR: 31.11 M**

1	02591 Luk, Wing Kin Andy	34 KHC	32.00	33.58
2	03978 Lau, Chun Sing	31 HMA	NT	33.80
3	09319 IBZ Chan, Chun Wing	31 NWC	35.00	34.15
4	02040 Yei, Tak Sau	34 FFA	39.00	39.68
5	12294 IBZ Chung, Fu Shing	32 FFA	32.00	40.02
---	00529 B Wong, Lok Sum	30 KTS	37.00	SCR
---	00243 Li, Wing Fai	32 DWA	NT	SCR

Event 15 Men 35-39 50 LC Meter Breaststroke**MSR: 31.14 M**

1	47580 @IAO Poon, Derrick Gene-ming	35 #FL	32.85	32.63
2	42367 IAO Chow, Chun Yin	37 #DB	35.00	33.75
3	00091 Chan, Lok Yan	39 NWC	35.00	34.70
4	44298 IAZ Tong, Lik Lam	39 PSC	NT	36.03
5	27873 IAZ Ko, King Hei	35 NWC	37.00	37.05
6	23298 IAZ Li, Cheuk Bun	38 WDS	45.00	49.46
---	Wan, Watt Wai Kowng	38 OTS	32.92	X33.86
---	49812 IAZ Kam, Lik Hang Leonard	36 NWC	45.00	SCR

Event 15 Men 40-44 50 LC Meter Breaststroke**MSR: 33.00 M**

1	05145 Lo, Jonathan Ka Yan	40 LRC	31.14	33.13
2	08964 IAZ Yeung, Wai Kam William	40 SYS	40.00	39.88
3	10317 Ng, Ka Wing	43 #DB	42.00	41.88
4	11587 Ng, Yu Hon	40 SGC	41.00	42.02
5	42708 IAZ Tang, Wing Chung Jonathan	41 HFS	41.52	42.31

***Spilt Time**

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****(Event 15 Men 40-44 50 LC Meter Breaststroke)**

6	40107 IAZ	Chan, Falcon	44	LTS	39.00	43.06
7	50012 @IAO	Griffiths, Evan Paul	43	#FL	38.59	43.67
8	49027 IAZ	Ng, Fung Kei	43	SFC	44.00	44.28
---	35790 ICO	Launay, Thomas	44	LRC	34.59	SCR
---	45574 IAZ	Ng, Siu Kwong	41	SFC	50.00	SCR

Event 15 Men 45-49 50 LC Meter Breaststroke**MSR: 32.70 M**

1	46505 IAZ	Chang, Lambert Jen Hsiung	48	#FL	38.00	37.89
2	38958 #IAZ	Lai, Yiu Kuen	48	CYM	41.00	41.85
3	11569	Wong, Lok Shun	46	FFA	40.00	42.88
4	47463 IAZ	Kwong, Hoi Tik	47	NWC	40.00	43.11
5	48593 IAZ	Cheng, Wai Leung	46	SFC	44.00	45.61
6	48939 IAZ	Ho, Lik Shan	49	PSC	NT	50.35
7	48665 IAZ	Law, Kwai Sun	48	NWC	48.00	50.58
---	41887 IAZ	Woo, Cheuk Yiu Jeffrey	48	YMC	1:00.00	SCR
---	17961 ICO	Jones, Simon	47	LRC	34.43	SCR
---	06154	Leung, Siu Kin Philip	48	LTS	38.88	SCR
---	41730 IAO	Hui, Peter	48	#DB	48.00	SCR

Event 15 Men 50-54 50 LC Meter Breaststroke**MSR: 34.48 M**

1	26317 IAZN	Tung, Shang Wei Timothy	53	KTS	39.00	40.55
2	42085 IAZ	Lee, Hon Lun Philip	51	SFC	42.00	42.51
3	49957 @IAO	Matsuzawa, Atsushi	52	#FL	45.00	43.59
4	26053 IAZ	Wong, Yee Keung	52	FFA	40.00	43.67
5	42364 IAZ	Lau, Yip Kwong Francis	54	#DB	44.00	44.92
6	22419 IAZ	Fok, Kai Yuen	50	SFC	46.00	46.15
---	05273	Poon, Ho Keung Danny	53	FFA	38.92	SCR
---	21008 IAZ	Cheung, Chun Kwan Michael	50	WDS	40.00	SCR

Event 15 Men 55-59 50 LC Meter Breaststroke**MSR: 35.10 M**

1	18856 IAZ	Au, Mun Shing	58	SFC	39.00	38.81
2	25579 IAZ	Leung, Tak Sing	57	HFS	40.25	40.29
3	13992	Yim, Chung Chee	58	YMC	45.00	44.14
4	48938 IAZ	Ng, Kim Hung Justin	58	PSC	NT	47.31
5	40839 IAZ	Leung, Wing Hang Michael	58	#DB	46.00	47.81
6	24602 IAZ	Li, Ka Wing Peter	58	SGC	45.00	47.91
7	38127 IAZ	Leung, Cheung Wai Ricky	55	SFC	47.00	48.40
8	40840 IAZ	Ng, Ka Yiu Karl	59	#DB	48.00	49.13
---	38291 IAZ	Liu, Chun Sing	57	SFC	50.00	SCR

Event 15 Men 60-64 50 LC Meter Breaststroke**MSR: 36.61 M**

1	45198 IAZN	Lam, Tsz Kiu Goldie	61	SGC	45.00	42.30
2	37048 IAZ	Cheung, Wai Chuen Jimmy	60	SFC	48.00	45.21
3	04512	Wong, Shek Ming	63	NWC	1:10.00	47.83
4	26176 IAX	Ho, Chung Man	60	LTS	47.00	47.90
5	40861 IAZ	Cheung, Chi Ming Rover	60	SFC	51.00	48.51
6	41426 IAZ	Tang, Yu Hang Francis	62	TSA	53.00	57.90
7	44359 IAZ	Lee, Chi Wai	64	KRS	59.67	58.51
---	03849	Kwok, Hak Man Johnny	63	LTS	47.00	NS
---	25226 IAZ	Choi, Tai Wing	62	SFC	55.00	SCR
---	07802	Chau, Kam Tim	63	SGC	47.00	SCR

***Spilt Time**

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****Event 15 Men 65-69 50 LC Meter Breaststroke****MSR: 37.84 M**

1	03847	Cheung, Kwok Yu	67	SYS	42.00	40.81
2	03215 IAZ	Leung, Yiu Chuen	65	SYS	40.00	41.69
3	49915 @IAZ	Tai, Yu Chung	65	NWC	45.00	42.04
4	06388	Lau, Man Kin	69	SFC	55.00	57.31
5	19292 IAX	Leung, Fu Keung	69	SGC	59.00	57.53
---	17725 IAZ	Ng, Yu Hung	65	SFC	43.00	SCR

Event 15 Men 70-74 50 LC Meter Breaststroke**MSR: 39.27 M**

1	20634 IAZ	Wu, Shu Sun	73	NWC	50.00	44.77
2	05917	Yong, Khin Syn	74	SFC	45.00	47.24
3	06389	Chan, Hong Wah	70	NWC	55.00	47.43
4	06243	Koo, Choi Fat	73	WDS	50.00	47.45

Event 15 Men 75-79 50 LC Meter Breaststroke**MSR: 43.11 M**

---	03845	Tin, Sheung Kwai	76	NWC	43.11	SCR
---	14029	Ieong, Vun Fai	77	SFC	1:06.00	SCR
---	10274	Lau, Chun Nung	77	LTS	1:00.00	SCR

Event 15 Men 80-84 50 LC Meter Breaststroke**MSR: 54.52 M**

---	06270	Lam, Luk Kan	82	SFC	1:50.00	SCR
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Event 15 Men 85-89 50 LC Meter Breaststroke**MSR: 1:02.32 M**

1	05407	Lee, She Kwok	85	SFC	1:20.00	1:07.68
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Event 16 Women 18-24 50 LC Meter Breaststroke**MSR: 35.53 M**

1	23105 IAZ	Ho, Cheuk Wai	22	DWA	NT	39.84
2	17201 B	Tse, Hiu Tung	24	KHC	46.00	40.97
3	39029 IAZ	Fung, Yin Ching	21	*HN	45.00	41.81
4	16159 IAZ	Cheng, Megan Tszyeuk	24	HFS	44.01	43.29
5	26980 IAZ	Wong, Suet Wing	24	DWA	NT	43.36

Event 16 Women 25-29 50 LC Meter Breaststroke**MSR: 36.06 M**

1	47460 IAZ	Mak, Cheuk Lam	28	NWC	1:00.00	44.64
2	43533 IAZ	Wong, Yu Tung	25	NWC	55.00	1:01.22
---	08238 B	Li, Tsz Yu	29	NWC	35.50	SCR

Event 16 Women 30-34 50 LC Meter Breaststroke**MSR: 35.23 M**

1	02295 IBZ	Tao, Wai Kiu	30	PSC	37.00	38.20
2	01262	Mau, Lok Yan Eunice	30	CUC	36.64	39.09
3	38126 IAZ	Lee, Wai Sze	34	NWC	40.00	40.36
4	28004 IAZ	Kwan, Ka Wan	30	TSA	52.00	1:01.54

Event 16 Women 35-39 50 LC Meter Breaststroke**MSR: 34.71 M**

1	03399 ICZ	Suen, Ka Yi	36	NWC	37.00	40.16
2	00288 IBZ	Yip, Wing Yan	35	DWA	NT	40.59
3	01305 IBZ	Liu, Ka Lei	38	KTS	40.00	41.85
4	49329 #@IAO	Ng, Carmen C M	39	PSC	40.00	43.29
5	41684 IAZ	Leung, Wing Yin Winnie	39	HFS	55.26	48.66

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023

Results

(Event 16 Women 35-39 50 LC Meter Breaststroke)

6	47561 IAZ	Leung, Tin Ho	39	FFA	50.00	51.37
---	13384 ICZ	Lee, May Sze Mei	36	NWC	1:05.00	SCR

Event 16 Women 40-44 50 LC Meter Breaststroke

MSR: 34.74 M

1	06304 ICZ	Cheung, Man Yiu	44	SGC	43.00	44.88
2	49442 IAZ	Chan, Yuk Man Phoebe	44	SFC	48.00	44.91
3	45041 IAZ	Fung, Cheuk Ching Candy	41	HFS	44.30	47.33
4	08977	Ho, Yee Yun Rosalind	44	CUC	47.99	50.26
---	45779 #IAZ	Wong, Ka Sin	42	NWC	53.00	SCR

Event 16 Women 45-49 50 LC Meter Breaststroke

MSR: 39.03 M

1	46247 @IAO	Krkalo, Shauna Kathleen	45	LRC	35.44	34.72 M
2	46181 IAZ	Ng, Yan Yan Bandy	47	TSA	50.00	52.17
3	49205 IAX	Li, Donghui	49	SGC	50.00	55.99
---	50015 @IAX	Du, Shengqiong	48	NWC	1:30.00	SCR

Event 16 Women 50-54 50 LC Meter Breaststroke

MSR: 37.63 M

1	06349	Ip, Oi Wa Wendy	51	SFC	50.00	50.39
2	31395 IAZ	Chan, Pui Ling	53	FFA	49.05	50.87
3	35969 IAX	Wang, Ying Lian	51	TSA	48.00	52.75
4	49204 IAZ	Cheng, Wai Man	52	SGC	59.00	57.50
5	44304 IAX	Choi, Shan Shan	51	SFC	1:00.00	58.56
6	43063 @IAO	Wong, Rose	53	LRC	58.33	59.01
7	48201 IAZ	Poon, Nga Yi	50	THS	1:00.00	1:00.17
8	40912 IAZ	Ng, Yee Ling	52	THS	59.00	1:01.36

Event 16 Women 55-59 50 LC Meter Breaststroke

MSR: 38.73 M

1	29752 IAZ	Chow, Yee Heung Liza	59	LTS	48.91	48.87
2	37012 IAZ	Lun, Yau Chun Nara	55	NWC	1:10.00	53.21
3	38289 IAZ	Ng, Wai Lin Angie	59	SFC	1:02.00	55.68
4	48634 IAZ	Cheung, Wing Yee	57	NWC	55.00	1:00.28
5	44303 IAZ	Lam, Man Lai	57	SFC	1:24.00	1:22.72
6	41911 IAZN	Ng, Kit Man Joanna	58	NWC	1:28.00	1:27.77

Event 16 Women 60-64 50 LC Meter Breaststroke

MSR: 47.46 M

1	41423 IAZ	Chiu, Pauline	61	TSA	51.00	52.17
2	22428 IAZ	Lau, Yuk Lin Rocky	61	SGC	59.00	1:00.60
3	20640 IAZ	Wong, Fung Yee	63	SFC	1:04.00	1:02.65
4	45187 IAX	Chan, On Mei	60	SFC	52.00	1:05.34

Event 16 Women 65-69 50 LC Meter Breaststroke

MSR: 50.56 M

1	19290 IAX	Tseung, Nga Wah	66	SFC	1:05.00	54.01
2	06127	Lau, Wai Lin	67	NWC	1:10.00	1:06.30
3	49428 IAX	Leong, Sao Fan	66	NWC	1:20.00	1:13.92

Event 16 Women 70-74 50 LC Meter Breaststroke

MSR: 53.36 M

1	06147	Leung Wong, Yin Har Hayley	71	SGC	1:30.00	57.24
2	06356 IAZN	Lo Yeung, Sau Han	70	KTS	1:08.00	1:04.21

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****Event 16 Women 75-79 50 LC Meter Breaststroke****MSR: 56.26 M**

1	02365	Chow, So Kam	78	KTS	1:20.00	1:13.64
2	17480	IAZ Chow, Pui Han Angela	77	LTS	1:12.00	1:16.66
3	32571	IAZ Chan, Pui Yee	79	SFC	1:22.00	1:18.64

Event 16 Women 80-84 50 LC Meter Breaststroke**MSR: 52.77 M**

---	06372	IAZ Leung, Mabel Yuen Ying	81	SFC	1:10.00	SCR
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Event 17 Mixed 100-119 4x50 LC Meter Freestyle Relay**MSR: 1:51.20 M**

1		Kwan Hung Swimming Club	A	1:56.00	1:59.26
2		New Water Polo Club	A	NT	2:13.35

Event 17 Mixed 120-159 4x50 LC Meter Freestyle Relay**MSR: 1:48.72 M**

1		New Water Polo Club	A	NT	1:57.04
2		Sword Fish Club	A	2:25.00	2:08.32
---		Pacific Swimming Club	A	NT	DQ
---		Fastlane Swimming	A	NT	NS
---		Kwun Tong Swimming Club	A	1:55.00	SCR

Event 17 Mixed 160-199 4x50 LC Meter Freestyle Relay**MSR: 1:52.54 M**

1		Fastlane Swimming	A	NT	2:02.02
2		New Water Polo Club	A	NT	2:14.55
3		HK Flying Fish Athletic Assn	A	2:13.00	2:16.03
4		Pacific Swimming Club	A	NT	2:33.43
5		Tolo Harbour Swimming T. S.	A	NT	2:49.55
---		Ladies' Recreation Club	A	NT	NS
---		Hoi Fung Swimming Club	A	2:22.36	NS
---		Kwun Tong Swimming Club	A	2:10.00	SCR
---		Sword Fish Club	A	2:25.00	SCR

Event 17 Mixed 200-239 4x50 LC Meter Freestyle Relay**MSR: 1:55.82 M**

1		Ladies' Recreation Club	A	NT	2:08.37
2		New Water Polo Club	A	NT	2:18.93
3		Lai Tsun Swimming Society	A	NT	2:26.99
4		Kwun Tong Swimming Club	A	2:15.00	2:46.46
5		Sword Fish Club	A	2:35.00	2:48.38
6		Tuen Mun Swimming Association	A	NT	2:49.93
---		Fastlane Swimming	A	NT	NS
---		Hoi Fung Swimming Club	A	2:16.26	NS

Event 17 Mixed 240-279 4x50 LC Meter Freestyle Relay**MSR: 2:15.69 M**

1		Sword Fish Club	A	2:45.00	2:24.77
2		New Water Polo Club	A	NT	2:26.83
---		Lai Tsun Swimming Society	A	NT	SCR

Event 17 Mixed 280-319 4x50 LC Meter Freestyle Relay**MSR: 2:34.42 M**

1		Sword Fish Club	A	3:05.00	2:25.20 M
2		Lai Tsun Swimming Society	A	NT	3:04.42
3		New Water Polo Club	A	NT	3:36.33

*Spilt Time

Long Course MS Swimming Competition Part 2 - 15/01/2023**Results****Event 17 Mixed 320-359 4x50 LC Meter Freestyle Relay****MSR: 3:38.22 M**

1	Sword Fish Club	A	3:45.00	3:55.66
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*Spilt Time