

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION II (PART 1)

2023-2024 第二組短池分齡游泳比賽第一節

Date: 25 November 2023 (Saturday)

Venue:

Shing Mun Valley Swimming Pc 城門谷游泳池

Morning Warm up: 0900 - 0945 hours

Morning Session First Event:

1000 hours

Afternoon Warm Up: 1300 - 1345 hours

Afternoon Session First Event:

1400 hours

GIRLS 女

BOYS 男

1	13 & 14 YRS	100M	BACKSTROKE	背泳	2
3	15 -17 YRS	100M	BACKSTROKE	背泳	4
5	8 YRS & UNDER	100M	BACKSTROKE	背泳	6
7	13 & 14 YRS	50M	BREASTSTROKE	蛙泳	8
9	15 -17 YRS	50M	BREASTSTROKE	蛙泳	10
11	8 YRS & UNDER	50M	BREASTSTROKE	蛙泳	12
13	13 & 14 YRS	50M	BUTTERFLY	蝶泳	14
15	15 -17 YRS	50M	BUTTERFLY	蝶泳	16
17	8 YRS & UNDER	50M	BUTTERFLY	蝶泳	18
LUNCH BREAK 午膳時間					
19	9 & 10 YRS	100M	BACKSTROKE	背泳	20
21	11 & 12 YRS	100M	BACKSTROKE	背泳	22
23	9 & 10 YRS	50M	BREASTSTROKE	蛙泳	24
25	11 & 12 YRS	50M	BREASTSTROKE	蛙泳	26
27	9 & 10 YRS	50M	BUTTERFLY	蝶泳	28
29	11 & 12 YRS	50M	BUTTERFLY	蝶泳	30
31	9 & 10 YRS	200M	FREESTYLE	自由泳	32
33	11 & 12 YRS	200M	FREESTYLE	自由泳	34

截止註冊日期

CLOSING DATE FOR REGISTRATION:

13 October 2023 (1700 hours)

截止報名日期

CLOSING DATE FOR ENTRIES:

3 November 2023 (1700 hours)

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION II (PART 2)

2023 - 2024 第二組短池分齡游泳比賽第二節

Date:	13 January 2024 (Saturday)	Venue:	Shing Mun Valley Swimming Pool	城門谷游泳池
Morning Warm up:	0900 - 0945 hours	Morning Session First Event:	1000 hours	
Afternoon Warm Up	1300 - 1345 hours	Afternoon Session First Event:	1400 hours	

GIRLS 女					BOYS 男	
1	13 & 14 YRS	100M	BUTTERFLY	蝶泳	2	
3	15 -17 YRS	100M	BUTTERFLY	蝶泳	4	
5	8 YRS & UNDER	100M	BUTTERFLY	蝶泳	6	
7	13 & 14 YRS	50M	BACKSTROKE	背泳	8	
9	15 -17 YRS	50M	BACKSTROKE	背泳	10	
11	8 YRS & UNDER	50M	BACKSTROKE	背泳	12	
13	13 & 14 YRS	100M	FREESTYLE	自由泳	14	
15	15 -17 YRS	100M	FREESTYLE	自由泳	16	
17	8 YRS & UNDER	100M	FREESTYLE	自由泳	18	
LUNCH BREAK 午膳時間						
19	11 &12 YRS	100M	BUTTERFLY	蝶泳	20	
21	9 & 10 YRS	100M	BUTTERFLY	蝶泳	22	
23	11 &12 YRS	50M	BACKSTROKE	背泳	24	
25	9 & 10 YRS	50M	BACKSTROKE	背泳	26	
27	11 &12 YRS	100M	FREESTYLE	自由泳	28	
29	9 & 10 YRS	100M	FREESTYLE	自由泳	30	
31	11 &12 YRS	200M	BREASTSTROKE	蛙泳	32	

截止註冊日期	CLOSING DATE FOR REGISTRATION:	1 December 2023 (1700 hours)
截止報名日期	CLOSING DATE FOR ENTRIES:	22 December 2023 (1700 hours)

2023 - 2024 AGE GROUP SHORT COURSE SWIMMING COMPETITION – DIVISION II (PART 3)

2023 - 2024 第二組短池分齡游泳比賽第三節

Date: 2 March 2024 (Saturday)

Morning Warm up: 0900 - 0945 hours

Afternoon Warm Up: 1300 - 1345 hours

Venue: Shing Mun Valley Swimming Pool 城門谷游泳池

Morning Session First Event: 1000 hours

Afternoon Session First Event: 1400 hours

GIRLS 女					BOYS 男	
1	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	2	
3	15 -17 YRS	100M	BREASTSTROKE	蛙泳	4	
5	8 YRS & UNDER	100M	BREASTSTROKE	蛙泳	6	
7	13 & 14 YRS	50M	FREESTYLE	自由泳	8	
9	15 -17 YRS	50M	FREESTYLE	自由泳	10	
11	8 YRS & UNDER	50M	FREESTYLE	自由泳	12	
13	13 & 14 YRS	100M	IND. MEDLEY	個人四式	14	
15	15 -17 YRS	100M	IND. MEDLEY	個人四式	16	
17	8 YRS & UNDER	100M	IND. MEDLEY	個人四式	18	
LUNCH BREAK 午餐時間						
19	11 &12 YRS	100M	BREASTSTROKE	蛙泳	20	
21	9 & 10 YRS	100M	BREASTSTROKE	蛙泳	22	
23	11 &12 YRS	50M	FREESTYLE	自由泳	24	
25	9 & 10 YRS	50M	FREESTYLE	自由泳	26	
27	11 &12 YRS	100M	IND. MEDLEY	個人四式	28	
29	9 & 10 YRS	100M	IND. MEDLEY	個人四式	30	
31	11 &12 YRS	200M	BACKSTROKE	背泳	32	

截止註冊日期 CLOSING DATE FOR REGISTRATION: 19 January 2024 (1700 hours)

截止報名日期 CLOSING DATE FOR ENTRIES: 9 February 2024 (1700 hours)