



HONG KONG CHINA SWIMMING ASSOCIATION

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By Email

To: All Full Members and Affiliate Members

Dear All,

Anti-Doping Information – The 2022 Prohibited List

The Hong Kong Anti-Doping Committee (HKADC) has recently produced a pocket-sized 2022 Prohibited List and the World Anti-Doping Agency (WADA) has published the 2022 Prohibited List (the List), which will become effective on 1 January 2022. The 2022 List can be downloaded here:

https://www.antidoping.hk/wp-content/uploads/2021/10/2022list_final_en.pdf

Athletes and athlete support personnel are strongly advised to familiarize themselves with the List and the attached major modifications. One of the important changes is all injectable routes of administration are prohibited for glucocorticoids during the In-Competition period starting from 1 January 2022. Since glucocorticoids are often used in sports medicine, athletes, coaches and medical professionals should be aware of this change. For details, please refer to the attached Glucocorticoids Factsheet published by WADA.

Please remind your athletes to bring along the latest Prohibited List and show it to physicians during their medical consultations. If any athlete needs to use a prohibited substance/prohibited method on the List to treat a medical condition, he/she must apply for a Therapeutic Use Exemption (TUE) before use. Details for applying a TUE can be found here:

<https://www.antidoping.hk/substances-2/therapeutic-use-exemption/criteria-for-granting-a-tue/>

Should you have any enquiries regarding the Anti-doping rules, please feel free to contact HKADC office at 2890 3644 or antidoping@hkolympic.org. Thank you for your kind attention.

Yours sincerely,

Wilson Kam Tat YEUNG
Hon. Secretary

c.c. President / Vice Presidents/ Hon. Treasurer / Asst. Hon. Sec./
Executive Committee / Disciplines Chairmen, Vice Chairmen & Hon. Secretary