

Programme

比賽賽程



HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF WORLD AQUATICS)
(AFFILIATED TO THE SPORTS FEDERATION AND
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

2023-24 Long Course Masters Swimming Competition (Part 1)

二零二三至二四年長池先進游泳比賽第一部份

3 March 2023 (Sun)

二零二四年三月三日(日)

Tung Chung Swimming Pool

東涌游泳池

Subvented by the LCSD



2023-2024 MSLCP1 - Entry Information

No. of Entries by Event

Event #	Event Name	Entries
1	Men 200 Breaststroke	45
2	Women 200 Breaststroke	19
3	Men 50 Freestyle	99
4	Women 50 Freestyle	56
5	Men 100 Butterfly	49
6	Women 100 Butterfly	21
7	Men 50 Breaststroke	86
8	Women 50 Breaststroke	38
9	Men 4x50 Freestyle Relay	24
10	Women 4x50 Freestyle Relay	12
11	Men 800 Freestyle	45
12	Women 800 Freestyle	17

Total

511

Entry information by Day

Day / Session	No. of Entries	Total
AM	413	511
PM	98	

Long Course Masters Swimming Competition – Part 1

長池先進游泳比賽 – 第一部份

Date: 03-03-2024 (Sunday)

Venue: Tung Chung Swimming Pool 東涌游泳池

Morning Warm up/
熱身: 0900 – 0950 Hrs

Morning First Event/
開始: 1000 Hrs

Afternoon Warm up/
熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

MEN				WOMEN	
1	200 M	Breaststroke	蛙泳	2	
3	50 M	Freestyle	自由泳	4	
5	100 M	Butterfly	蝶泳	6	
7	50 M	Breaststroke	蛙泳	8	
Lunch Break 午膳時間					
9	4 x 50 M	Freestyle Relay	自由接力	10	
11	800 M	Freestyle	自由泳	12	

二零二三至二四年香港先進游泳比賽系列

比賽規程

日期/時間：	請參閱比賽年表及項目表。
地點：	請參閱比賽年表。
報名條件：	<ul style="list-style-type: none"> ◇ 所有參賽者必須為游泳總會正式註冊的 2023-2024 年度先進組別泳員。2023-24 年註冊費為港幣\$100 元正。 ◇ 年滿 18 歲或以上。 ◇ 外隊參賽：所有參賽者必須為該國總會先進游泳組別的正式註冊泳員。
報名：	<ul style="list-style-type: none"> ◇ 必須以報名總表報名，不正確及未填妥的報名總表，將不獲受理，報名費概不發還。 <p>個人項目</p> <ul style="list-style-type: none"> ◇ 每名泳員可參加不多於 3 項個人項目。 ◇ 每項報名費為港幣\$15 元正。 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 接力採取會際形式。 ◇ 每個屬會最多可派出一隊參加每個年齡組別之接力項目。接力項目可不填寫最佳時間。 ◇ 所有參賽泳員須年滿 25 歲或以上。 ◇ 每位泳員於每項接力項目只能參加一個年齡組別。如泳員參加多於一個年齡組別，該泳員所參與的接力項目成績將會被取消。 ◇ 各隊所有運動員需依照所屬屬會提交的接力表上次序比賽，如運動員沒有依照接力表上的次序比賽，該隊成績將會被取消。 ◇ 每項報名費為港幣\$15 元正。 <p>支票請劃線，抬頭寫 HKGSA。</p>
截止報名：	報名須於首日比賽 21 日前辦妥。(以泳總的公佈為準)
截止註冊：	註冊須於比賽截止報名 21 日前辦妥。(以泳總的公佈為準) *(包括轉會註冊)
項目：	請參閱項目表。 所有賽事均以時間決定名次，不設初賽。
年齡組：	<p>年齡以比賽年 12 月 31 日計算。</p> <p>個人項目</p> <ul style="list-style-type: none"> ◇ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 或以上 <p>接力項目</p> <ul style="list-style-type: none"> ◇ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399
接力：	◇ 接力名單須於 比賽日 12 時前遞交 。
棄權：	<ul style="list-style-type: none"> ◇ 棄權須於每節開賽 30 分鐘前遞交。 ◇ 每次“缺席”的罰款為港幣\$30 元正。罰款須於下次比賽截止報名前付清，否則將不獲接受報名。
線道安排：	◇ 所有參加者，將不按年齡，而是跟據其提交的報名時間作編組，唯成績將按泳員所屬的組別分別處理。
獎項：	<ul style="list-style-type: none"> ◇ 首三名將分別獲頒發獎牌。 ◇ *個人項目前八名可分別獲得 9, 7, 6, 5, 4, 3, 2 及 1 分 ◇ *接力首八名得分為 18, 14, 12, 10, 8, 6, 4, 2。(年齡 18-24 組除外) ◇ *團體獎項：男子 / 女子組全場冠、亞及季軍。
規則：	◇ 比賽採用世界泳聯的規則。

	<ul style="list-style-type: none"> ◇ 如參加 400m 或 800m 自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為“DNF”（未能完成比賽）。 ◇ 男女混合自由接力的隊伍必須由兩男兩女的泳員組成，其成員均為 25 歲或以上，而取得首 8 名的隊伍將獲得 9, 7, 6, 5, 4, 3, 2 及 1 分，該得分將計算在男子及女子的團體分內。 ◇ 泳會必須按照接力名單上填寫的運動員出賽，如被發現有冒認選手或頂包行為，泳會將被嚴厲處分。詳細罰則如下： <ul style="list-style-type: none"> <u>第一次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事成員在該次比賽中的所有接力項目成績將不會計算在屬會總分內。 <u>第二次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在該次比賽中的所有接力項目成績將不會計算在屬會總分內(包括男、女子)。 <u>第三次違規</u> 有關屬會須就每個違規項目繳交\$1,000 罰款，另外涉事屬會在當天比賽的所有項目將不會計算在屬會總分內和於下次比賽時不得參與任何接力項目(包括男、女子)。 <p style="text-align: center;"><u>違規記錄於一個財政年度清算(由 4 月 1 日起至 3 月 31 日)</u></p>												
<p>工作人員安排：</p>	<ul style="list-style-type: none"> ◇ 各參賽屬會需派出以下工作人員數量： <table border="1" data-bbox="270 885 919 1193" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="padding: 5px;">參賽人數</th> <th style="padding: 5px;">需要提供工作人員數量</th> <th style="padding: 5px;">最多可派出工作人員數量</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">5 至 14 人</td> <td style="padding: 5px;">1</td> <td style="padding: 5px;">4</td> </tr> <tr> <td style="padding: 5px;">15 至 24 人</td> <td style="padding: 5px;">2</td> <td style="padding: 5px;">4</td> </tr> <tr> <td style="padding: 5px;">25 人或以上</td> <td style="padding: 5px;">3</td> <td style="padding: 5px;">4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ◇ 如屬會不能提供所需工作人員數量，有關屬會將於下個比賽被罰停賽一次。 	參賽人數	需要提供工作人員數量	最多可派出工作人員數量	5 至 14 人	1	4	15 至 24 人	2	4	25 人或以上	3	4
參賽人數	需要提供工作人員數量	最多可派出工作人員數量											
5 至 14 人	1	4											
15 至 24 人	2	4											
25 人或以上	3	4											
<p>上訴：</p>	<ul style="list-style-type: none"> ◇ 任何上訴須以書面提出，並須在該項目比賽結果公佈後的 30 分鐘內，連同上訴費港幣\$200 元遞交予總裁判。 ◇ 上訴會交由該比賽之上訴委員會作決定。 ◇ 若上訴被駁回，已繳費用概不發還。 												

*海外參賽者並不適用。

Hong Kong Masters Swimming Competition Series 2023-24

Rules & Regulations for Local Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ All competitors must be 2023-24 registered masters (MS) swimmers of HKGSA (2023-24 Registration Fee: HK\$100 per swimmer) ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2023-24 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <p><u>Individual Events</u></p> <ul style="list-style-type: none"> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$15 per individual event <p><u>Relay Events</u></p> <ul style="list-style-type: none"> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ Each swimmer is only allowed to participate in one age group of each relay event. If swimmer race in two or more age group relay, concerned team result shall be disqualified. ※ The composition of a relay team must be the same order to the submitted relay form. Any club failed to follow the same order will result in disqualified. ※ HK\$15 per team per relay event. <p>Paid by cheque. Crossed cheque made <u>payable to 'HKGSA'</u>.</p>
Closing Date for Entries	21 days prior to the date of competition. (Subject to the announcement of the HKGSA)
Closing Date for Registration	21 days prior to the <u>closing date of entries</u> . (Subject to the announcement of the HKGSA) *(Including Transfer Registration)
Event list	Please see attached event lists. Events will be run as timed finals.

Age Group	<p>※ Age is calculated as at 31 December of the year of the competition.</p> <p><u>Individual Events</u> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over</p> <p><u>Relay Events</u> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399</p>																		
Relay	<p>※ Relay entry form must be submitted before 1200hours on the competition day.</p>																		
Scratches	<p>※ Scratches must be submitted 30 minutes before the scheduled start time of each session.</p> <p>※ A fine of \$30 will be charged for each "no show". Fine payment should be settled before the next competition entry deadline. Otherwise, entry will not be accepted.</p>																		
Seeding	<p>※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.</p>																		
Awards	<p>※ Medals will be awarded to 1st, 2nd and 3rd places.</p> <p>※ *Point score for first 8 places respectively (exclude Age 18-24 Group):</p> <table border="1" data-bbox="301 1028 951 1109"> <tr> <td>Individual</td> <td>9</td> <td>7</td> <td>6</td> <td>5</td> <td>4</td> <td>3</td> <td>2</td> <td>1</td> </tr> <tr> <td>Relay</td> <td>18</td> <td>14</td> <td>12</td> <td>10</td> <td>8</td> <td>6</td> <td>4</td> <td>2</td> </tr> </table> <p>※ *Awards for Clubs: Trophies will be awarded to 1st, 2nd, and 3rd places of Men Overall and Women Overall.</p>	Individual	9	7	6	5	4	3	2	1	Relay	18	14	12	10	8	6	4	2
Individual	9	7	6	5	4	3	2	1											
Relay	18	14	12	10	8	6	4	2											

<p>Rules</p>	<ul style="list-style-type: none"> ※ World Aquatic rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish). ※ Mixed Freestyle Relay must include 2 Male and 2 Female who are all Age 25 or above. The point scores for first 8 place are: 9,7,6,5,4,3,2,1. The points will be calculated in both Men and Women overall awards. ※ Swimmers shall not replace the swimmers on the swimmers list without HKASA's permission, represented clubs will be punished as follows: <ul style="list-style-type: none"> <u>First time of violation</u> A fine of \$1000 per violated entry will be penalized to the respective club and all the point scores attained by the violator(s) in relay events will not be given. <u>Second time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in both men and women's relay events will not be given. <u>Third time of violation</u> A fine of \$1000 per violated entry will be penalized to the club and all the point scores attained by the respective club in all events during the competition will not be given and respective club shall be suspended from the next competition. <p><u>Violation would be counted within one financial year, i.e. (starting from 1st April and ending 31st March)</u></p>												
<p>Official Arrangement</p>	<ul style="list-style-type: none"> ※ Clubs would need to provide the below number of officials for the competition: <table border="1" data-bbox="298 1377 954 1708"> <thead> <tr> <th>Swimmer(s) attend the competition</th> <th>Minimum Numbers of Official need to provide</th> <th>Maximum Numbers of Official could be provided</th> </tr> </thead> <tbody> <tr> <td>5-14</td> <td>1</td> <td>4</td> </tr> <tr> <td>15-24</td> <td>2</td> <td>4</td> </tr> <tr> <td>25 or more</td> <td>3</td> <td>4</td> </tr> </tbody> </table> <ul style="list-style-type: none"> ※ Clubs will be suspended from the next competition if failed to fulfil the requirement. 	Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided	5-14	1	4	15-24	2	4	25 or more	3	4
Swimmer(s) attend the competition	Minimum Numbers of Official need to provide	Maximum Numbers of Official could be provided											
5-14	1	4											
15-24	2	4											
25 or more	3	4											

Protest	<ul style="list-style-type: none">※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200.※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final.※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.
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* Not apply to Overseas Competitors.

Hong Kong Masters Swimming Competition Series 2023-24

Rules & Regulations for Overseas Competitors

Date / Time	Please see attached event calendar and event list.
Venue	Please see attached event calendar.
Entry Conditions	<ul style="list-style-type: none"> ※ Age 18 or above. ※ <u>Overseas Teams: All Overseas competitors must be 2023-2024 registered masters swimmers of their respective National Swimming Federation.</u>
Entries	<ul style="list-style-type: none"> ※ Entries must be submitted with HKGSA master entry form. Incomplete/incorrect master entry form will be rejected and fees paid will not be refunded. <u>Individual Events</u> ※ Each swimmer is limited to no more than 3 individual events. ※ HK\$20.00 per individual event <u>Relay Events</u> ※ Relays will be run on a club basis. ※ Each club may enter no more than one team in one age group of each relay event. ※ All swimmers must be aged 25 or above. ※ HK\$30.00 per team per relay event. <p>Paid by cheque ONLY. Crossed cheque made <u>payable to 'HKGSA'</u>.</p>
Closing Date for Entries	<u>1 month</u> before the 1 st date of competition of each meet.
Event list	Please see attached event lists. Events will be run as timed finals.
Age Group	<ul style="list-style-type: none"> ※ Age is calculated as at 31 December of the year of the competition. <u>Individual Events</u> ※ 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90 & over <u>Relay Events</u> ※ 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399

Relay	<ul style="list-style-type: none"> ※ Relay entry form must be submitted before 1200hours on the competition day.
Scratches	<ul style="list-style-type: none"> ※ Scratches must be submitted 30 minutes before the scheduled start time of each session. ※ Relay entry form must be submitted before 1200hours on the competition day.
Seeding	<ul style="list-style-type: none"> ※ All competitors will be seeded according to the submitted times, regardless of age, but result will be processed according to their own respective age group.
Awards	<ul style="list-style-type: none"> ※ Medals will be awarded to 1st, 2nd and 3rd places. Separate medals will be awarded to overseas swimmers.
Rules	<ul style="list-style-type: none"> ※ World Aquatic rules will be applied. ※ Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did not Finish).
Protest	<ul style="list-style-type: none"> ※ Any protest shall be made in writing to the referee within 30 minutes following the result announcement of the respective event with a protest fee of HK\$200. ※ Protest will be forwarded to the Appeal Board of such competition for decision. The decision of Appeal Board shall be final. ※ If the protest is rejected, the fee paid will be forfeited to the HKGSA.

HONG KONG MASTERS SWIMMING RECORDS

LONG COURSE

(Update to World Aquatics Masters World Championships 2023 - Kyushu)

MEN 50M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	0:46.70	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
LEE MING	SFC	80-84	0:41.01	Spring Masters Swimming Championships 2010		06-Mar-10
TIN SHEUNG KWAI	NWC	75-79	0:31.30	2022-23 Long Course Masters Swimming Competition - Part 1		26-Mar-23
TIN SHEUNG KWAI	NWC	70-74	0:30.07	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
TIN SHEUNG KWAI	KTS	65-69	0:29.72	Annual Long Course Masters Swimming Championships		23-Nov-14
FU TAI CHUN	KTS	60-64	0:27.95	Summer Masters Swimming Championships 1999		19-Jun-99
FU TAI CHUN	KTS	55-59	0:28.02	Spring Masters Swimming Championships 1997		22-Mar-97
RUST STEFAN ROBERT	LRC	50-54	0:25.80	FINA World Masters Championships 2017		17-Aug-17
NORTJE CRAIG ANDREW	#FB	45-49	0:26.47	2022-23 Long Course Masters Swimming Competition - Part 1		26-Mar-23
FU WING HARBETH	KTS	40-44	0:25.15	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:24.35	World Aquatics Masters World Championships 2023 - Kyushu		07-Aug-23
FU WING HARBETH	KTS	30-34	0:24.31	Annual Long Course Masters Swimming Championships 2011		11-Dec-11
CHUNG LAI YEUNG	#DB	25-29	0:23.92	2018-19 Annual Long Course Masters Swimming Championships		25-Nov-18
CHANG GERRY JUUN YIH	KTS	18-24	0:24:17	Long Course Masters Swimming Competition - Part 3 2013		11-Aug-13

WOMEN 50M FREESTYLE					NAME OF MEET	DATE ACHIEVED
MAK SUET MAN	SGC	85-89	1:08.53	2022-23 Long Course Masters Swimming Competition - Part 1		26-Mar-23
TAI LI HUA	SFC	80-84	0:43.31	2021-22 Long Course Masters Swimming Competition - Part 3		20-Jun-21
OTSUKA YUKO	SGC	75-79	0:42.67	2014-15 Long Course Masters Swimming Competition - Part 1		22-Mar-15
WANG LI	*WA	70-74	0:38.75	Annual Long Course Masters Swimming Championships 2019		01-Dec-19
TSEUNG NGA WAH	SFC	65-69	0:35.01	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:33.85	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:32.17	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		15-Jul-18
YAMAGUCHI MIKA	*FL	50-54	0:29.35	World Aquatics Masters World Championships 2023 - Kyushu		08-Aug-23
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:27.65	World Aquatics Masters World Championships 2023 - Kyushu		08-Aug-23
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:28.17	Annual Long Course Masters Swimming Championships 2022		27-Nov-22
YIP WING YAN	DWA	35-39	0:28.10	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
ZHANG XIAO TONG ISABELLA	*FL	30-34	0:27.80	World Aquatics Masters World Championships 2023 - Kyushu		08-Aug-23
MOK HOI MAN SHERON	PSC	25-29	0:27.70	Annual Long Course Masters Swimming Championships 2022		27-Nov-22
AU HIU PUI	*GW	18-24	0:28.20	2018-19 Annual Long Course Masters Swimming Championships		25-Nov-18

MEN 100M FREESTYLE					NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	1:49.14	2015-16 Long Course Masters Swimming Competition - Part 3		26-Jul-15
LEE MING	SFC	80-84	1:38.42	Annual Long Course Masters Swimming Championships 2011		11-Dec-11
TZENG TEH REN	SGC	75-79	1:23.46	2016-17 Long Course Masters Swimming Competition - Part 1		26-Mar-17
TSE KWOK PIU	SFC	70-74	1:13.75	2022-23 Long Course Masters Swimming Competition - Part 3		12-Jun-22
FU TAI CHUN	KTS	65-69	1:08.31	Annual Masters Swimming Championships 2002		31-Aug-02
MA ETIENNE	YMC			Annual Long Course Masters Swimming Championships 2022		27-Nov-22
FU TAI CHUN	KTS	60-64	1:04.39	Spring Masters Swimming Championships 1998		21-Mar-98
MA ETIENNE	YMC	55-59	1:03.62	2011-12 Long Course Masters Swimming Competition - Part 1		04-Mar-12
RUST STEFAN ROBERT	LRC	50-54	0:58.29	FINA World Masters Championships 2017		15-Aug-17
*NORTJE CRAIG ANDREW	#FB	45-49	0:58.48	Annual Long Course Masters Swimming Championships 2023		03-Dec-23
O'NEILL DONAL THOMAS	LRC	40-44	0:56.60	2021-22 Long Course Masters Swimming Competition - Part 3		20-Jun-21
SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:54.66	World Aquatics Masters World Championships 2023 - Kyushu		06-Aug-23
BEAHAN, GRANT KENNETH	BSC	30-34	0:56.01	Annual Long Course Masters Swimming Championships 2017		25-Nov-17
FU WING HARBETH	KTS	25-29	0:54.16	Annual Masters Swimming Championships 2006		26-Aug-06
*LEE MAN TIM	HTA			World Aquatics Masters World Championships 2023 - Kyushu		06-Aug-23
KONG CHUN YIN	HVA	18-24	0:54.18	Annual Long Course Masters Swimming Championships 2013		24-Nov-13

WOMEN 100M FREESTYLE					NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:10.64	2021-22 Long Course Masters Swimming Competition - Part 3		20-Jun-21
WONG JIM	SFC	75-79	1:54.16	2018-19 Long Course Masters Swimming Competition - Part 3		24-Jun-18
SUEN MING CHU	SFC	70-74	1:39.80	2018-19 Long Course Masters Swimming Competition - Part 3		24-Jun-18
TSEUNG NGA WAH	SFC	65-69	1:28.57	2022-23 Long Course Masters Swimming Competition - Part 3		12-Jun-22
*KIRKWOOD TAIN MHAIRA	LRC	60-64	1:17.42	Annual Long Course Masters Swimming Championships 2023		03-Dec-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:14.96	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		14-Jul-18
YAMAGUCHI MIKA	*FL	50-54	1:05.38	World Aquatics Masters World Championships 2023 - Kyushu		06-Aug-23
KRKALO SHAUNA KATHLEEN	LRC	45-49	1:03.33	World Aquatics Masters World Championships 2023 - Kyushu		06-Aug-23
KELSEY JANE MACFARLAND	LRC	40-44	1:01.45	16th FINA World Masters Championships 2015 in Kazan		11-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	1:01.54	FINA World Masters Championships 2014		10-Aug-14
ZHANG XIAO TONG ISABELLA	*FL	30-34	1:01.79	World Aquatics Masters World Championships 2023 - Kyushu		06-Aug-23
MOK HOI MAN SHERON	KTS	25-29	1:01.02	Annual Long Course Masters Swimming Championships 2022		27-Nov-22
*CHAN TSZ CHING	#FL	18-24	1:00.76	Annual Long Course Masters Swimming Championships 2023		03-Dec-23

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MEN 200M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	3:46.70	2010-11 Long Course Masters Swimming Championships - Part 2	20-Jun-10
YANG YEE ZEI	NWC	75-79	3:38.31	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
TSE KWOK PIU	SFC	70-74	2:47.81	2021-22 Long Course Masters Swimming Competition - Part 2	09-May-21
MA ETIENNE	YMC	65-69	2:36.59	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
HO ROBERT YAU CHUNG	LRC	60-64	2:32.99	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
HO ROBERT YAU CHUNG	LRC	55-59	2:24.07	FINA World Masters Championships 2014	10-Aug-14
JOHNSON ERIC ANDREW	LRC	50-54	2:14.33	FINA World Masters Championships 2014	10-Aug-14
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	2:10.21	FINA World Masters Championships 2019 - Gwangju	14-Aug-19
STAMENOVIC IVAN	LRC	40-44	2:07.89	FINA World Masters Championships 2019 - Gwangju	14-Aug-19
NORTJE CRAIG ANDREW	VRC	35-39	2:05.90	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
WANG TIMOTHY JONG	LRC	30-34	2:05.11	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	2:05.18	FINA World Masters Championships 2019 - Gwangju	14-Aug-19
HUI CHUN HIN	EWS	18-24	2:06.87	2012-13 Long Course Masters Swimming Competition - Part 2	17-Jun-12

WOMEN 200M FREESTYLE				NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	80-84	9:35.55	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
WONG JIM	SFC	75-79	4:51.46	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
SUEN MING CHU	SFC	70-74	3:36.37	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
SUEN MING CHU	SGC	65-69	3:27.53	2014-15 Long Course Masters Swimming Competition Part 2	29-Jun-14
TSEUNG NGA WAH	SFC	60-64	3:08.53	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
KIRKWOOD TAIN MHAIRA	LRC	55-59	2:50.45	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
COGGINS LYNDA ANNE	LRC	50-54	2:32.26	FINA World Masters Championships 2014	10-Aug-14
PAZOS CHRISTENA MARIA	LRC	45-49	2:28.14	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	2:13.70	16th FINA World Masters Championships 2015 in Kazan	12-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	2:13.59	FINA World Masters Championships 2014	10-Aug-14
ZHANG XIAO TONG ISABELLA	*FL	30-34	2:23.47	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
MOK HOI MAN SHERON	NWC	25-29	2:16.55	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
LAMB ENEKA MARIE	HIS	18-24	2:16.66	2011-12 Long Course Masters Swimming Competition - Part 2	19-Jun-11

MEN 400M FREESTYLE				NAME OF MEET	DATE ACHIEVED
LAM LIT KWAN	LTS	75-79	8:21.67	2016-17 Long Course Masters Swimming Competition - Part 3	12-Jun-16
CHAN KAM POR	SFC	70-74	6:25.09	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
CHAN KAM POR	SFC	65-69	6:00.83	2017-18 Long Course Masters Swimming Competition - Part 3	13-Aug-17
HO ROBERT YAU CHUNG	LRC	60-64	5:24.54	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	5:11.90	FINA World Masters Championships 2014	10-Aug-14
LETCHER, RICHARD ROY	LRC	50-54	5:02.73	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
LILJESTROEM LENNART, PETER FREDRIC	LRC	45-49	4:31.75	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
LILJESTROEM LENNART, PETER FREDRIC	LRC	40-44	4:35.39	FINA World Masters Championships 2017	17-Aug-17
CAGGIO ANTONINO	LRC	35-39	4:29.74	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
LEE, YEUNG DARWIN	FWC	30-34	4:46.54	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
SOUTOUL DAVID VINCENT OTMAN	#FL	25-29	4:32.86	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
LI CHUN HONG	HTA	18-24	4:25.08	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

WOMEN 400M FREESTYLE				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	7:46.69	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
SUEN MING CHU	SGC	65-69	7:13.63	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
SUEN MING CHU	SGC	60-64	7:02.63	Long Course Masters Swimming Competition - Part 3 2011	18-Sep-11
KIRKWOOD, TAIN MHAIRA	LRC	55-59	6:02.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	5:25.06	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
COLEY ALLISON LEIGH	#FL	45-49	5:24.04	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
KELSEY JANE MACFARLAND	LRC	40-44	4:44.60	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	4:41.52	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	5:04.92	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
CARPENTER LINH THUC LUONG	LRC	25-29	5:12.71	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
MAU LOK YAN EUNICE	CUC	18-24	5:06.39	2011-12 Long Course Masters Swimming Competition - Part 3	18-Sep-11

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MEN 800M FREESTYLE	NAME OF MEET				DATE ACHIEVED
POLSON IAN HASTINGS	LRC	75-79	16:05.75	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
CHAN KAM POR	SFC	70-74	13:28.85	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	12:19.01	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
HO ROBERT YAU CHUNG	LRC	60-64	11:32.69	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
LANZONE FRANCESCO	BSC	55-59	10:37.84	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
LI KAI YIEN ARTHUR ALBERT	#FB	50-54	10:19.44	World Aquatics Masters World Championships 2023 - Kyushu	05-Aug-23
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	9:28.79	FINA World Masters Championships 2019 - Gwangju	12-Aug-19
LILJESTROEM LENNART PETER FREDRIC	LRC	40-44	9:30.23	FINA World Masters Championships 2017	14-Aug-17
CUMMINGS RICHARD MARK	LRC	35-39	9:28.64	FINA World Masters Championships 2012	10-Jun-12
WANG TIMOTHY JONG	LRC	30-34	9:43.41	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
YUEN MARCUS	LRC	25-29	10:07.05	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
TSE HON TING	LWS	18-24	8:53.89	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

WOMEN 800M FREESTYLE	NAME OF MEET				DATE ACHIEVED
SUEN MING CHU	SFC	75-79	17:34.92	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
SUEN MING CHU	SFC	70-74	16:02.36	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SFC	65-69	13:11.38	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
CASTKA GILLIAN HANCER	SFC	60-64	14:45.69	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
KIRKWOOD TAIN MHAIRA	LRC	55-59	12:32.89	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	11:48.01	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KWOH DICK YUEN MARY	FFA	45-49	10:54.55	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
KELSEY JANE MACFARLAND	LRC	40-44	9:42.82	16th FINA World Masters Championships 2015 in Kazan	10-Aug-15
KELSEY JANE MACFARLAND	LRC	35-39	9:48.87	FINA World Masters Championships 2014	10-Aug-14
BARNES RUTH	LRC	30-34	10:53.53	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
CARPENTER LINH THUC LUONG	LRC	25-29	10:50.58	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
LAU SZE WING	HTA	18-24	10:22.03	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17

MEN 50M BACKSTROKE	NAME OF MEET				DATE ACHIEVED
LEE SHE KWOK	SFC	85-89	0:57.83	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHEUNG TSAN	SFC	80-84	0:56.40	Annual Long Course Masters Swimming Championships	23-Nov-14
TIN SHEUNG KWAI	NWC	75-79	0:38.96	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
TIN SHEUNG KWAI	NWC	70-74	0:37.82	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
TIN SHEUNG KWAI	SFC	65-69	0:35.70	FINA World Masters Championships 2014	10-Aug-14
HO ROBERT YAU CHUNG	LRC	60-64	0:33.94	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	0:32.57	FINA World Masters Championships 2014	10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	0:30.97	FINA World Masters Championships 2017	20-Aug-17
SAKA TAIHEI	SGC	45-49	0:30.37	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
O'NEILL DONAL THOMAS	LRC	40-44	0:29.16	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
NORTJE CRAIG ANDREW	VRC	35-39	0:30.38	2015-16 Long Course Masters Swimming Competition - Part 3	26-Jul-15
LAM YAU SUN DICKSON	#DB	30-34	0:29.77	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
LAU SHIU YUE	#DB	25-29	0:27.65	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHEUNG YAU MING	#DB	18-24	0:28.26	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 50M BACKSTROKE	NAME OF MEET				DATE ACHIEVED
*MAK SUET MAN	SGC	85-89	1:46.02	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
MAK SUET MAN	SFC	80-84	0:53.45	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
WONG JIM	SFC	75-79	0:55.07	2015-16 Long Course Masters Swimming Competition - Part 1	20-Mar-16
BAI XINFEN	SFC	70-74	0:44.75	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
BAI XINFEN	SFC	65-69	0:42.89	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
*NG YEE MAN	SFC	60-64	0:45.62	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
*LAI SHUI NIN INGRID	YMC	55-59	0:41.05	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
COGGINS LYNDA ANNE	LRC	50-54	0:35.58	16th FINA World Masters Championships 2015 in Kazan	16-Aug-15
TAM LAI LING ALISON	*FL	45-49	0:34.75	World Aquatics Masters World Championships 2023 - Kyushu	11-Aug-23
TAM MAI LING ALISON	#FL	40-44	0:34.40	FINA World Masters Championships 2019 - Gwangju	18-Aug-19
KELSEY JANE MACFARLAND	LRC	35-39	0:34.04	Annual Long Course Masters Swimming Championships	23-Nov-14
CARPENTER LINH THUC LUONG	LRC	30-34	0:32.81	FINA World Masters Championships 2014	10-Aug-14
*MAK HOI MAN SHERON	#FB	25-29	0:31.91	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
AU HIU PUI	*GW	18-24	0:31.58	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

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MEN 100M BACKSTROKE					NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	2:21.27	2017-18 Long Course Masters Swimming Competition Part 2		14-May-17
LIU WING CHIU	*TM	75-79	1:52.21	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
TIN SHEUNG KWAI	NWC	70-74	1:35.27	2018-19 Long Course Masters Swimming Competition - Part 2		06-May-18
HO ROBERT YAU CHUNG	LRC	65-69	1:18.71	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
HO ROBERT YAU CHUNG	LRC	60-64	1:13.98	FINA World Masters Championships 2019 - Gwangju		17-Aug-19
HO ROBERT YAU CHUNG	LRC	55-59	1:11.73	FINA World Masters Championships 2014		10-Aug-14
RUST STEFAN ROBERT	LRC	50-54	1:08.09	FINA World Masters Championships 2017		19-Aug-17
LILJESTROEM LENNART PETER FREDRIC	LRC	45-49	1:09.39	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		13-Jul-18
O'NEILL DONAL THOMAS	LRC	40-44	1:04.49	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
NORTJE CRAIG ANDREW	VRC	35-39	1:06.66	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
LAM YAU SUN DICKSON	#DB	30-34	1:07.94	2019-20 Long Course Masters Swimming Competition - Part 2		05-May-19
CHEUNG YAU MING	#DB	25-29	1:02.70	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
CHOI DERRICK CHRISTOPHER	LRC	18-24	1:02.10	2013-14 Long Course Masters Swimming Competition - Part 2		23-Jun-13

WOMEN 100M BACKSTROKE					NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	75-79	2:13.75	2016-17 Long Course Masters Swimming Competition Part 2		24-Apr-16
BAI XIUFEN	SFC	70-74	1:40.55	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
LO LAI YUNG	NWC	65-69	1:50.32	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
NG YEE MAN	NWC	60-64	1:43.42	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
LAI SHUI NIN INGRID	YMC	55-59	1:32.18	World Aquatics Masters World Championships 2023 - Kyushu		10-Aug-23
COGGINS LYNDA ANNE	LRC	50-54	1:17.38	16th FINA World Masters Championships 2015 in Kazan		15-Aug-15
TAM ALISON MAI LING	#FL	45-49	1:15.99	2022-23 Long Course Masters Swimming Competition - Part 2		15-Jan-23
KELSEY JANE MACFARLAND	LRC	40-44	1:13.75	2015-16 Long Course Masters Swimming Competition - Part 2		31-May-15
KELSEY JANE MACFARLAND	LRC	35-39	1:14.06	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
CARPENTER LINH THUC LUONG	LRC	30-34	1:11.37	16th FINA World Masters Championships 2015 in Kazan		15-Aug-15
MOK HOI MAN SHERON	NWC	25-29	1:13.30	2023-24 Long Course Masters Swimming Competition - Part 2		30-Apr-23
LAMB ENEKA MARIE	HIS	18-24	1:11.36	2011-12 Long Course Masters Swimming Competition - Part 2		19-Jun-11

MEN 50M BREASTSTROKE					NAME OF MEET	DATE ACHIEVED
CHI LIEH YUNG	SFC	85-89	1:02.32	Annual Long Course Masters Swimming Championships 2019		01-Dec-19
CHAN KAM	SFC	80-84	0:54.52	Annual Masters Swimming Championships 2009		18-Oct-09
TIN SHEUNG KWAI	NWC	75-79	0:41.67	2023-24 Long Course Masters Swimming Competition - Part 3		18-Jun-23
TIN SHEUNG KWAI	NWC	70-74	0:39.27	2019-20 Long Course Masters Swimming Competition - Part 2		05-May-19
YONG KHIN SYN	SFC	65-69	0:37.84	2014-15 Long Course Masters Swimming Competition Part 2		29-Jun-14
FU TAI CHUN	KTS	60-64	0:36.61	Annual Masters Swimming Championships 1998		12-Sep-98
WONG LUN KWOK	SFC	55-59	0:35.10	Annual Masters Swimming Championships 2002		31-Aug-02
SIEH TIEN YU	KTS	50-54	0:34.48	2018-19 Long Course Masters Swimming Competition - Part 1		24-Mar-19
COOPER KENNETH ALLEN	PSC	45-49	0:32.70	2017-18 Long Course Masters Swimming Competition - Part 1		25-Mar-18
WAN LAP SUN	FWC	40-44	0:33.00	Spring Masters Swimming Championships 2006		25-Mar-06
LO JONATHAN KA YAN	LRC	35-39	0:31.14	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)		14-Jul-18
WAN LAP SUN	KTS	30-34	0:31.11	Summer Masters Swimming Championships 1998		13-Jun-98
GLASSMAN ZACHARY	LRC	25-29	0:30.66	2011-12 Long Course Masters Swimming Competition - Part 1		04-Mar-12
*CHEUNG CHI KIT NICHOLAS	WDS	18-24	0:28.53	Annual Long Course Masters Swimming Championships 2023		03-Dec-23

WOMEN 50M BREASTSTROKE					NAME OF MEET	DATE ACHIEVED
CHAN WAI KIANG	KTS	85-89	2:23.87	Annual Long Course Masters Swimming Championships 2019		01-Dec-19
TAI LI HUA	SFC	80-84	0:52.77	Annual Long Course Masters Swimming Championships 2019		01-Dec-19
OTSUKA TUKO	SGC	75-79	0:56.26	2014-15 Long Course Masters Swimming Competition - Part 1		22-Mar-15
SUEN MING CHU	SFC	70-74	0:53.36	2018-19 Long Course Masters Swimming Competition - Part 3		24-Jun-18
LEUNG WONG YIN HAR HAYLEY	SGC	65-69	0:50.56	2017-18 Long Course Masters Swimming Competition - Part 1		25-Mar-18
*KIRKWOOD TAIN MHAIRA	LRC	60-64	0:46.97	Annual Long Course Masters Swimming Championships 2023		03-Dec-23
LEUNG WAI FAN	KTS	55-59	0:38.73	2017-18 Long Course Masters Swimming Competition - Part 2		14-May-17
LEUNG WAI FAN	KTS	50-54	0:37.63	Annual Long Course Masters Swimming Championships 2015		20-Dec-15
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:34.47	World Aquatics Masters World Championships 2023 - Kyushu		06-Aug-23
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:34.74	2022-23 Long Course Masters Swimming Competition - Part 3		12-Jun-22
NG KAM FUNG	SFC	35-39	0:34.71	Summer Masters Swimming Championships 2000		27-May-00
BARNES RUTH	LRC	30-34	0:35.23	Annual Masters Swimming Championships 2013		24-Nov-13
IP RAINBOW	FFA	25-29	0:36.06	2022-23 Long Course Masters Swimming Competition - Part 3		12-Jun-22
LI TSZ YIU	HFS	18-24	0:35.53	Annual Masters Swimming Championships 2013		24-Nov-13

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MEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	85-89	2:42.22	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
MAK HEI CHI	SGC	80-84	2:08.90	Annual Masters Swimming Championships 2008	06-Sep-08
WONG CHIU SHUN	SFC	75-79	1:52.09	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
YONG KHIN SYN	SFC	70-74	1:34.27	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHAN KAM POR	SFC	65-69	1:26.42	2017-18 Long Course Masters Swimming Competition Part 2	14-May-17
KOO YU FAT MARCUS	FFA	60-64	1:24.69	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
CHAN KAM POR	*HN	55-59	1:21.91	Summer Masters Swimming Championships 2008	14-Jun-08
WATT KAM SHING MICHAEL	*FL			World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23
COOPER KENNETH ALLEN	#FL	50-54	1:13.66	FINA World Masters Championships 2019 - Gwangju	13-Aug-19
COOPER KENNETH ALLEN	PSC	45-49	1:15.29	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
*FONG LIK SUN	#FB	40-44	1:10.45	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
LO JONATHAN KA YAN	LRC	35-39	1:10.50	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	15-Jul-18
KWOK HO TIN	NWC	30-34	1:09.75	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
CHEUNG KAM KWAN RONALD	LRC	25-29	1:07.53	World Aquatics Masters World Championships 2023 - Kyushu	06-Aug-23
*CHEUNG CHI KIT NICHOLAS	WDS	18-24	1:03.39	Annual Long Course Masters Swimming Championships 2023	03-Dec-23

WOMEN 100M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	2:31.67	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
*SUEN MING CHU	SFC	75-79	2:02.61	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
SUEN MING CHU	SFC	70-74	1:53.65	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SUEN MING CHU	KTS	65-69	1:51.76	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:39.76	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:35.97	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
*YAMAGUCHI MIKA	*FL	50-54	1:28.87	Annual Long Course Masters Swimming Championships 2023	03-Dec-23
KRKALO SHAUNA KATHLEEN	LRC	45-49	1:19.99	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KRKALO SHAUNA KATHLEEN	LRC	40-44	1:21.23	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
NEEDHAM SUZANNE HEIZER	LRC	35-39	1:20.17	FINA World Masters Championships 2012	11-Jun-12
BARNES RUTH	LRC	30-34	1:18.68	FINA World Masters Championships 2012	11-Jun-12
LIU KA LEI	KTS	25-29	1:22.65	Spring Masters Swimming Championships 2010	06-Mar-10
KONG YVETTE MAN YI	SCA	18-24	1:13.79	2014-15 Long Course Masters Swimming Competition - Part 3	10-Aug-14

MEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
CHEUNG TSAN	SFC	80-84	5:10.49	Masters Long Course Swimming Competition Part 1	26-Jan-14
LAU CHUN NUNG	LTS	75-79	4:33.83	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	70-74	3:34.76	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN KAM POR	SFC	65-69	3:19.33	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHAN KAM POR	SGC	60-64	3:07.34	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	55-59	2:59.17	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SAKA TOSHIYUKI	SGC	50-54	2:50.25	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
SAKA TOSHIYUKI	SGC	45-49	2:49.64	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
FONG LIK SUN	#FB	40-44	2:38.70	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
KWOK HO TIN	NWC	35-39	2:42.08	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
LUK WING KIN ANDY	KHC	30-34	2:36.71	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
GLASSMAN ZACHARY	LRC	25-29	2:23.47	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
YUEN MARCUS	PSC	18-24	2:38.14	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18

WOMEN 200M BREASTSTROKE				NAME OF MEET	DATE ACHIEVED
WONG JIM	SFC	80-84	5:53.00	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
OTSUKA YUKO	SGC	75-79	4:39.40	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
SUEN MING CHU	SFC	70-74	4:01.57	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	3:58.01	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
SUEN MING CHU	SCA	60-64	3:54.41	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:31.49	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
COGGINS LYNDA ANNE	LRC	50-54	3:09.55	FINA World Masters Championships 2014	10-Aug-14
COGGINS LYNDA ANNE	LRC	45-49	3:14.74	FINA World Masters Championships 2012	15-Jun-12
CHEUNG MAN YIU	SGC	40-44	3:19.49	World Aquatics Masters World Championships 2023 - Kyushu	10-Aug-23
NEEDHAM SUZANNE HEIZER	LRC	35-39	2:56.78	FINA World Masters Championships 2012	15-Jun-12
MORRISON RUTH	LRC	30-34	2:53.80	FINA World Masters Championships 2010	31-Jul-10
LIU KA LEI	KTS	25-29	3:05.17	2013-14 Long Course Masters Swimming Competition - Part 1	03-Mar-13
PANG HIU KWAN	JHC	18-24	3:13.71	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12

HONG KONG MASTERS SWIMMING RECORDS

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(Update to World Aquatics Masters World Championships 2023 - Kyushu)

MEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
YIM KAM WING	SFC	85-89	1:10.42	2019-20 Long Course Masters Swimming Competition - Part 2	05-May-19
MAK HEI CHI	SGC	80-84	0:58.81	Winter Masters Swimming Championships 2008	22-Nov-08
TIN SHEUNG KWAI	NWC	75-79	0:41.68	Annual Masters Swimming Championships 2022	27-Nov-22
CHAN KAM POR	SFC	70-74	0:36.76	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
HO ROBERT YAU CHUNG	LRC	65-69	0:33.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
FU TAI CHUN	KTS	60-64	0:30.60	Summer Masters Swimming Championships 1999	19-Jun-99
HO ROBERT YAU CHUNG	LRC	55-59	0:30.04	Annual Long Course Masters Swimming Championships 2015	20-Dec-15
WONG KWOK WAH	KHC	50-54	0:27.94	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WOODRING DOUGLAS	BSC	45-49	0:27.47	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
NORTJE CRAIG ANDREW	#FL	40-44	0:26.85	FINA World Masters Championship 2019 - Gwangju	14-Aug-19
SMIT MARCEL PIETER ARNOLD	*FL	35-39	0:26.46	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23
BEAHAN GRANT KENNETH	BSC	30-34	0:26.54	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
LAU CHUN LEUNG JOHNNY	KHC	25-29	0:26.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
CHEUNG YAU MING	#DB	18-24	0:26.27	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

WOMEN 50M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	75-79	0:52.07	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
SUEN MING CHU	SFC	70-74	0:48.26	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
TSEUNG NGA WAH	SFC	65-69	0:41.78	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	60-64	0:37.47	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	0:36.39	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LEE TANYA DIANE	PSC	50-54	0:32.53	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	13-Jul-18
KRKALO SHAUNA KATHLEEN	LRC	45-49	0:29.99	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23
KRKALO SHAUNA KATHLEEN	LRC	40-44	0:30.39	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
YIP WING YAN	DWA	35-39	0:30.58	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
ZHANG XIAO TONG ISABELLA	*FL	30-34	0:30.25	World Aquatics Masters World Championships 2023 - Kyushu	07-Aug-23
NG KA MAN	KTS	25-29	0:29.30	Annual Long Course Masters Swimming Championships	23-Nov-14
CHAN TSZ CHING	*FL	18-24	0:29.61	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23

MEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
LEE MING	SFC	80-84	2:35.84	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
CHAN SHING CHI	LTS	75-79	2:02.41	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHAN SHING CHI	LTS	70-74	1:56.24	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
LEUNG YIU CHUEN	SYS	65-69	1:40.79	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
HO ROBERT YAU CHUNG	LRC	60-64	1:15.51	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
KOO YU FAT MARCUS	FFA	55-59	1:11.94	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
JOHNSON ERIC ANDREW	LRC	50-54	1:04.49	FINA World Masters Championships 2014	10-Aug-14
SAKA TAIHEI	SGC	45-49	1:00.90	2013-14 Long Course Masters Swimming Competition - Part 1	04-Mar-12
NORTJE CRAIG ANDREW	#FL	40-44	0:59.49	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
CRAIG ANDREW NORTJE	VRC	35-39	0:59.58	FINA World Masters Championships 2014	10-Aug-14
BEAHAN GRANT KENNETH	BSC	30-34	0:58.66	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
CHEUNG YAU MING	#DB	25-29	0:58.94	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
CHEUNG YAU MING	#DB	18-24	0:59.53	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 100M BUTTERFLY				NAME OF MEET	DATE ACHIEVED
SUEN MING CHU	SFC	70-74	1:56.01	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
SUEN MING CHU	SGC	65-69	1:48.29	Masters Long Course Swimming Competition Part 1	26-Jan-14
KIRKWOOD TAIN MHAIRA	LRC	60-64	1:39.42	2022-23 Long Course Masters Swimming Competition - Part 1	26-Mar-23
KIRKWOOD TAIN MHAIRA	LRC	55-59	1:31.44	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
LEE TANYA DIANE	PSC	50-54	1:14.85	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	16-Jul-18
PAZOS CHRISTENA MARIA	LRC	45-49	1:12.50	16th FINA World Masters Championships 2015 in Kazan	13-Aug-15
KELSEY JANE MACFARLAND	LRC	40-44	1:13.55	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	1:13.49	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
CHAN WING SUET	PSC	30-34	1:10.44	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	16-Jul-18
CHAN WING SUET	LRC	25-29	1:08.66	FINA World Masters Championships 2014	10-Aug-14
MAU LOK YAN EUNICE	CUC	18-24	1:13.91	Masters Long Course Swimming Competition Part 1	26-Jan-14

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(Update to World Aquatics Masters World Championships 2023 - Kyushu)

MEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
LAW KWAI FONG	SFC	80-84	5:10.21	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
WONG CHIU SHUN	SFC	75-79	4:03.11	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
CHAN KAM POR	SFC	70-74	3:17.13	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
CHAN KAM POR	SFC	65-69	3:04.42	2017-18 Long Course Masters Swimming Competition - Part 1	25-Mar-18
KOO YU FAT MARCUS	FFA	60-64	2:49.64	Annual Long Course Masters Swimming Championships 2022	27-Nov-22
SAKA TOSHIYUKI	SGC	55-59	2:45.82	2016-17 Long Course Masters Swimming Competition - Part 1	26-Mar-17
CHAN KAM POR	KTS	50-54	2:26.14	Summer Masters Swimming Championships 2004	12-Jun-04
SAKA TAIHEI	SGC	45-49	2:23.04	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
NORTJE CRAIG ANDREW	#FL	40-44	2:19.17	FINA World Masters Championships 2019 - Gwangju	15-Aug-19
NORTJE CRAIG ANDREW	VRC	35-39	2:20.07	FINA World Masters Championships 2014	10-Aug-14
JACOBS DAMIAN CHARLES	LRC	30-34	2:25.69	FINA World Masters Championships 2014	10-Aug-14
GLASSMAN ZACHARY	LRC	25-29	2:13.80	2011-12 Long Course Masters Swimming Competition - Part 1	04-Mar-12
WONG SING TSUM DEREK	CUC	18-24	2:21.50	Annual Long Course Masters Swimming Champions 2013	24-Nov-13

WOMEN 200M INDIVIDUAL MEDLEY				NAME OF MEET	DATE ACHIEVED
SHUM CHING FONG	HFS	80-84	5:35.17	Annual Long Course Masters Swimming Championships 2013	24-Nov-13
<u>*SUEN MING CHU</u>	<u>SFC</u>	<u>75-79</u>	<u>4:06.12</u>	<u>Annual Long Course Masters Swimming Championships 2023</u>	<u>03-Dec-23</u>
SUEN MING CHU	SFC	70-74	3:49.34	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
SUEN MING CHU	SGC	65-69	3:47.99	2013-14 Long Course Masters Swimming Competition - Part 2	23-Jun-13
<u>*KIRKWOOD TAIN MHAIRA</u>	<u>LRC</u>	<u>60-64</u>	<u>3:25.62</u>	<u>Annual Long Course Masters Swimming Championships 2023</u>	<u>03-Dec-23</u>
KIRKWOOD TAIN MHAIRA	LRC	55-59	3:16.65	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
COGGINS LYNDA ANNE	LRC	50-54	2:55.65	FINA World Masters Championships 2014	10-Aug-14
TAM MEI LING ALISON	*FL	45-49	2:45.26	World Aquatics Masters World Championships 2023 - Kyushu	08-Aug-23
KELSEY JANE MACFARLAND	LRC	40-44	2:41.17	2014-15 Long Course Masters Swimming Competition - Part 1	22-Mar-15
KELSEY JANE MACFARLAND	LRC	35-39	2:37.75	Annual Long Course Masters Swimming Champions 2013	24-Nov-13
CHAN WING SUET	PSC	30-34	2:38.52	The 1st Asian Masters Swimming Championships 2018 NAGOYA (JPN)	12-Jul-18
CHAN WING SUET	LRC	25-29	2:36.59	FINA World Masters Championships 2014	10-Aug-14
CHARTER ROBYN JUDY	SFC	18-24	2:42.84	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18

MEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:09.80	2019-20 Long Course Masters Swimming Competition - Part 3	23-Jun-19
NEW WATER POLO CLUB	NWC	280+	2:18.05	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
SWORD FISH CLUB	SFC	240+	2:02.09	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SEA GREEN SWIMMING & LIFE SAVING CLUB	SGC	200+	1:52.52	2010-11 Long Course Masters Swimming Championships - Part 1	20-Mar-11
HONG KONG FOOTBALL CLUB	#FB	160+	1:40.73	World Aquatics Masters World Championships 2023 - Kyushu	05-Aug-23
NEW WATER POLO CLUB	NWC	120+	1:40.03	2018-19 Long Course Masters Swimming Competition - Part 3	24-Jun-18
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:36.96	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19

WOMEN 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	2:42.61	Annual Long Course Masters Swimming Championships 2019	01-Dec-19
SWORD FISH CLUB	SFC	240+	2:34.06	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	2:12.67	FINA World Masters Championships 2012	14-Jun-12
FASTLANE SWIMMING	*FL	160+	1:54.74	World Aquatics Masters World Championships 2023 - Kyushu	09-Aug-23
LADIES' RECREATION CLUB	LRC	120+	1:55.57	FINA World Masters Championships 2012	14-Jun-12
HONG KONG FLYING FISH ATHLETIC ASSOCIATION	FFA	100+	1:58.55	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22

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MEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:30.63	Annual Long Course Masters Swimming Championships 2012	09-Dec-12
SWORD FISH CLUB	SFC	280+	2:36.85	2023-24 Long Course Masters Swimming Competition - Part 2	30-Apr-23
SWORD FISH CLUB	SFC	240+	2:19.80	Long Course Masters Swimming Competition - Part 3 2013	11-Aug-13
THE HONG KONG JOCKEY CLUB	HJC	200+	2:03.19	Winter Masters Swimming Championships 1993	11-Dec-93
YMCA OF HONG KONG	YMC	160+	1:53.94	Summer Masters Swimming Championships 1996	22-Jun-96
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	120+	1:54.76	2018-19 Long Course Masters Swimming Competition - Part 1	24-Mar-19
DIOCESAN SCHOOL OLD BOY'S ASSOCIATION LTD	#DB	100+	1:49.32	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
WOMEN 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	280+	3:21.30	1st Asian Masters Swimming Championships 1996	14-Sep-96
SWORD FISH CLUB	SFC	240+	2:48.90	2017-18 Long Course Masters Swimming Competition Part 1	25-Mar-18
LADIES' RECREATION CLUB	LRC	200+	2:32.48	2016-17 Long Course Master Swimming Competition - Part 2	24-Apr-16
LADIES' RECREATION CLUB	LRC	160+	2:10.35	Annual Masters Swimming Championships 1994	17-Sep-94
LADIES' RECREATION CLUB	LRC	120+	2:10.92	FINA World Masters Championships 2012	14-Jun-12
NEW WATER POLO CLUB	NWC	100+	2:19.21	2018-19 Long Course Masters Swimming Competition - Part 2	06-May-18
MIXED 4 X 50M FREESTYLE RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	3:38.22	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
SWORD FISH CLUB	SFC	280+	2:25.20	2022-23 Long Course Masters Swimming Competition - Part 2	15-Jan-23
SWORD FISH CLUB	SFC	240+	2:15.69	2018-19 Annual Long Course Masters Swimming Championships	25-Nov-18
LADIES' RECREATION CLUB	LRC	200+	1:55.82	FINA World Masters Championships 2017	18-Aug-17
FASTLANE SWIMMING	*FL	160+	1:46.49	World Aquatics Masters World Championships 2023 - Kyushu	09-Aug-23
FASTLANE SWIMMING CO. LTD	#FL	120+	1:48.72	FINA World Masters Championships 2019 - Gwangju	19-Aug-19
NEW WATER POLO CLUB	NWC	100+	1:51.20	Annual Long Course Masters Swimming Championships 2017	25-Nov-17
MIXED 4 X 50M MEDLEY RELAY				NAME OF MEET	DATE ACHIEVED
SWORD FISH CLUB	SFC	320+	4:35.50	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22
SWORD FISH CLUB	SFC	280+	2:47.88	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
SWORD FISH CLUB	SFC	240+	2:49.16	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
FASTLANE SWIMMING	*FL	200+	2:20.04	World Aquatics Masters World Championships 2023 - Kyushu	09-Aug-23
FASTLANE SWIMMING	*FL	160+	2:00.48	World Aquatics Masters World Championships 2023 - Kyushu	09-Aug-23
LADIES' RECREATION CLUB	LRC	120+	2:05.95	2021-22 Long Course Masters Swimming Competition - Part 3	20-Jun-21
HONG KONG FLYING FISH ATHLETIC ASSOCIATION	FFA	100+	2:11.65	2022-23 Long Course Masters Swimming Competition - Part 3	12-Jun-22

Long Course Masters Swimming Competition Part 1

Reject List as at 28-2-2024

No.	Name	Event	Club	Remarks
1	Law Tin Ching	1, 11	EWS	No Swimming Record
2	Reeve Blair	11	LRC	No Swimming Record

2023-2024 MASTERS SWIMMING COMPETITION 400m and 800m Freestyle Standard Time

二零二三至二零二四年先進游泳比賽四百米及八百米自由泳標準時間

Male 男子	Master Age Group	<u>18-24</u>	<u>25-29</u>	<u>30-34</u>	<u>35-39</u>	<u>40-44</u>	<u>45-49</u>	<u>50-54</u>	<u>55-59</u>	<u>60-64</u>	<u>65-69</u>	<u>70 Over</u>
	400m	6:46	6:46	6:54	7:00	7:09	7:28	7:42	7:57	8:26	9:22	10:22
	800m	14:25	14:25	14:33	14:42	14:54	15:31	15:54	16:52	18:11	19:26	21:23

Female 女子	Master Age Group	<u>18-24</u>	<u>25-29</u>	<u>30-34</u>	<u>35-39</u>	<u>40-44</u>	<u>45-49</u>	<u>50-54</u>	<u>55-59</u>	<u>60-64</u>	<u>65-69</u>	<u>70 Over</u>
	400m	7:30	7:30	7:40	8:00	8:22	9:01	9:23	9:55	10:33	11:29	12:24
	800m	16:21	16:21	16:23	16:49	17:46	19:16	19:47	20:49	22:13	23:49	25:45

Referee may request swimmers to leave the water if they could not complete the race within the Master Swimming Competition Series standard times for 400m and 800m Freestyle Events. Their results will be recorded as "DNF" (Did Not Finish).

如參加四百米或八百米自由泳的泳員未能於先進游泳比賽的標準時間內游畢全程，裁判有權要求其泳員離開比賽線道，而其成績會記錄為"DNF" (未能完成比賽)。

LC Master Swimming Competition Part 1 23-24 - 03/03/2024

Psych Sheet

Event 1 Men 200 LC Meter Breaststroke

- 18-24 MSR: 2:38.14
- 25-29 MSR: 2:23.47
- 30-34 MSR: 2:36.71
- 35-39 MSR: 2:42.08
- 40-44 MSR: 2:38.70
- 45-49 MSR: 2:49.64
- 50-54 MSR: 2:50.25
- 55-59 MSR: 2:59.17
- 60-64 MSR: 3:07.34
- 65-69 MSR: 3:19.33

	ID#	Name	Age	Team	Seed Time
18-24					
1	30694 #IAZ	Cheung, Chi Kit Nicholas	19	Wong Tai Sin	2:20.00
2	15351 IAZ	Chang, Jaw Ting	23	Pacific	3:00.00
3	18027 B	Leung, Lok Hang	24	Pacific	3:00.00
4	25611 B	Chu, Kin Shing	20	Creative Youth	3:30.00
5	40140 IAZ	Li, Wing Yin	20	Creative Youth	3:30.00
25-29					
1	24728 IAZ	Chan, Wing Fa	27	Eastern Winter	2:40.00
2	23835 IAZ	Cheuk, Long Hin	26	Juan Hua Club	3:00.00
3	15423 IAZ	Cheung, Yau Ming	27	Diocesan School	3:30.00
30-34					
1	49546 @ICO	Ly, Jonathan	32	Kwun Tong	3:00.51
2	14158 IAZ	Li, Hok Yee Terence	31	New Water Polo	3:30.00
35-39					
1	02591	Luk, Wing Kin Andy	35	Kwan Hung	2:32.00
2	52309 @^IM	Shi, Liang	39	Flying Dragon	2:50.00
3	00444	Lam, Yau Sun Dickson	39	Diocesan School	3:30.00
40-44					
1	44298 IAZ	Tong, Lik Lam	40	Pacific	3:04.51
2	03796 ICZ	Chan, Pui Kei	43	New Water Polo	3:10.00
3	42708 IAZ	Tang, Wing Chung Jonathan	42	Hoi Fung	3:29.00
4	03409	Ho, Kin Kan Adrian	41	Barracuda	3:30.00
5	45574 IAZ	Ng, Siu Kwong	42	Sword Fish Club	3:40.00
6	01948 ICZ	Tang, Ho Yuen	42	Diocesan School	3:45.00
7	48856 @IAO	Gallearchie, Jeewantha Madu	40	Fastlane Swimming	3:45.00
8	38035 IAZ	Mok, Kin Fan	44	Tolo Harbour	3:45.00
45-49					
1	40834 IAZ	Chang, Hsi Tse JosephJeremy	45	Diocesan School	3:27.00
2	40558 IAZ	Law, Sai Wo	45	Tolo Harbour	3:40.00
3	24603 IAZ	Hung, Ka Ming	49	YMCA OF Hong Kong	3:40.00
4	05160	Chan, Ka Wo	47	Diocesan School	3:44.00
5	42737 IAZ	So, Ma Loi	48	Sword Fish Club	3:45.00
50-54					
1	26317 IAZN	Tung, Shang Wei Timothy	54	Kwun Tong	3:14.46
2	27459 IAZ	Lui, Wing Tak Victor	50	Diocesan School	3:30.00
3	27868 IAZ	Chan, Chi Wah Ringo	52	Sword Fish Club	3:40.00
4	21008 IAZ	Cheung, Chun Kwan Michael	51	Wong Tai Sin	3:45.00
55-59					
1	18856 IAZ	Au, Mun Shing	59	Sword Fish Club	3:12.00
60-64					
1	10135 #IAZ	Mo, Kim Fung Bosco	60	Diocesan School	3:43.36

LC Master Swimming Competition Part 1 23-24 - 03/03/2024

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60-64... (Event 1 Men 200 LC Meter Breaststroke)

2	27869 IAZ	Lee, Kam Cheong	60	Sword Fish Club	3:50.00
3	50782 @IAZ	Pang, Shu Ming	63	Sea Green	3:50.00
4	32108 IAZ	Chan, Kiu	62	Sword Fish Club	4:00.00
5	25226 IAZ	Choi, Tai Wing	63	Sword Fish Club	4:00.00

65-69

1	49915 @IAZ	Tai, Yu Chung	66	New Water Polo	3:35.00
2	43205 #	Zhou, Jin Jia	69	New Water Polo	3:40.00
3	50662 @^P	Zong, Cheng	66	Sword Fish Club	3:50.00
4	06176	Wong, Kung Wan	68	Sea Green	3:55.00
5	36725 IAZ	Yau, Wai	65	Sea Green	4:00.00

70-74

1	25228 IAZ	Chan, Fai Ming	70	Lai Tsun	4:00.00
2	06192	Chu, Shui Yi	73	Sea Green	4:00.00

75-79

1	44793 IAZ	Iu, Pui To	77	Diocesan School	4:00.00
2	22182 IAZ	Ngai, Yin Leung	75	Sword Fish Club	4:00.00

Event 2 Women 200 LC Meter Breaststroke

18-24 MSR: 3:13.71
 25-29 MSR: 3:05.17
 30-34 MSR: 2:53.80
 35-39 MSR: 2:56.78
 40-44 MSR: 3:19.49
 45-49 MSR: 3:14.74
 50-54 MSR: 3:09.55
 55-59 MSR: 3:31.49
 60-64 MSR: 3:54.41
 65-69 MSR: 3:58.01

	ID#	Name	Age	Team	Seed Time
18-24					
1	31444 IAX	Tang, Hiu Tung	23	Pacific	3:02.92
25-29					
1	20401 #IAZ	Leung, Wan Ki	26	Pacific	3:30.00
30-34					
1	38653 IAZ	Sin, Wai Ting	30	Golden Dolphin	3:40.00
40-44					
1	52169 @^IM	Li, Zhijia	40	New Water Polo	3:30.00
2	50515 IAZ	Cheung, Hiu Yan	42	Sword Fish Club	3:50.00
3	45041 IAZ	Fung, Cheuk Ching Candy	42	Hoi Fung	3:55.00
45-49					
1	06304 ICZ	Cheung, Man Yiu	45	Sea Green	3:30.00
2	40853 @IAO	Tam, Alison Mai Ling	46	Fastlane Swimming	3:55.00
3	08977	Ho, Yee Yun Rosalind	45	Current Club Ltd	3:55.00
4	33017 IAZ	Ngan, Oi Sze	47	Sword Fish Club	4:10.00
50-54					
1	35969 IAX	Wang, Ying Lian	52	Tung Sing	3:52.00
2	45917 #@^IM	Huang, Caifang	50	New Water Polo	4:10.00
3	44304 IAX	Choi, Shan Shan	52	Sword Fish Club	4:10.00
55-59					
1	43102 ICO	Roberts, Tonya Leanne	56	LRC	3:55.00
2	43977	Lin, Zihe	55	New Water Polo	3:55.00
3	23588 IAZ	Lee, Ying Chi	56	Tung Sing	3:55.00
65-69					
1	06127	Lau, Wai Lin	68	New Water Polo	4:10.00

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Psych Sheet

65-69... (Event 2 Women 200 LC Meter Breaststroke)

2	14007	Ho, Yuk Ling	67	Tung Sing	4:10.00
3	02711	Fok, Wai Fung	66	Wong Tai Sin	4:10.00

Event 3 Men 50 LC Meter Freestyle

18-24 MSR:	24.17
25-29 MSR:	23.92
30-34 MSR:	24.31
35-39 MSR:	24.35
40-44 MSR:	25.15
45-49 MSR:	26.47
50-54 MSR:	25.80
55-59 MSR:	28.02
60-64 MSR:	27.95
65-69 MSR:	29.72

	ID#	Name	Age	Team	Seed Time
18-24					
1	17615 IAZ	Kong, Man Pok	24	Tolo Harbour	25.50
2	22532 #IAZ	Ma, Chun Pong Angus	24	Diocesan School	26.00
3	33220 B	Yim, Wai Shing	19	Sword Fish Club	28.00
4	30694 #IAZ	Cheung, Chi Kit Nicholas	19	Wong Tai Sin	28.00
5	37171 IAZ	Wong, Wai Cheung	19	Current Club Ltd	29.68
6	28567 IAZ	Tam, Wang Yin	24	New Water Polo	30.00
7	33176 P	Fung, Chi Kit	19	Pacific	30.00
8	22513 IAZ	Tang, Cheuk Yan	24	Kwun Tong	40.00
9	30966 B	Ng, Yat Hei	19	New Water Polo	50.00
10	40140 IAZ	Li, Wing Yin	20	Creative Youth	NT
25-29					
1	10409 IAZ	Lam, Chin Chun	27	Tolo Harbour	25.50
2	28300 IAZ	Luk, Ho Man	28	Tolo Harbour	25.50
3	28554 IAZ	Yeung, Ka Ho Henry	27	Tolo Harbour	25.50
4	10096 B	Ko, Ka Chun	28	Kwan Hung	26.00
5	10220 B	Tam, Ka Ming	27	Kwan Hung	26.00
6	23835 IAZ	Cheuk, Long Hin	26	Juan Hua Club	27.60
7	15390 B	Lau, Yat Fung	25	Diocesan School	28.00
8	15815	Lo, Ting Kin	28	Sea Green	28.00
9	16830 IAM	Yip, Ming Hei	28	New Water Polo	34.50
30-34					
1	04637 IBZ	Kwan, Yui Hang	31	Current Club Ltd	24.94
2	07071 B	Chung, Lai Yeung	32	Diocesan School	25.00
3	00749 B	Cheng, Ka Ki Kelvin	32	Kwan Hung	26.00
4	35851 IAZ	Chow, Yin Leung	30	Sun Yip	28.00
5	05296 B	Hui, Chun Hin	31	New Water Polo	30.00
6	52752 @ICO	Hardy-Lachance, Thierry	32	Fastlane Swimming	35.00
7	51281 IAZ	Hui, Ka Yin	31	Lai Tsun	36.00
8	52763 IAZ	Yip, Wai Ching	33	Crest Ray	NT
9	40635 IAO	Yu, Lok Kwan	30	Crest Ray	NT
10	04070 B	Poon, Ho Him	32	Kwan Hung	NT
35-39					
1	22420 IAZ	Chan, Chi Ming	38	Kwun Tong	27.00
2	00444	Lam, Yau Sun Dickson	39	Diocesan School	28.00
3	50488 @^IM	Huang, Ziwei	35	Sword Fish Club	28.00
4	52309 @^IM	Shi, Liang	39	Flying Dragon	29.00
5	48667 @IRO	Wong, Dominic Clayton Joe	36	Fastlane Swimming	30.00
6	01621 IBZ	So, Man Hon	36	Fastlane Swimming	32.00

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Psych Sheet

35-39... (Event 3 Men 50 LC Meter Freestyle)

7	49926 IAZ	Au, Siu Ting	35	Crest Ray	NT
8	49512 IAZ	Ho, Chung	35	Crest Ray	NT

40-44

1	42708 IAZ	Tang, Wing Chung Jonathan	42	Hoi Fung	29.00
2	48856 @IAO	Gallearachie, Jeewantha Madu	40	Fastlane Swimming	30.00
3	52800 IAZ	Lam, Kun Lei	42	Juan Hua Club	30.00
4	03796 ICZ	Chan, Pui Kei	43	New Water Polo	30.00
5	52550 IAZ	Chiu, Kelvin Ho Yin	42	Pacific	30.00
6	42024 IAZ	Tang, Cheuk Hang	40	Current Club Ltd	30.40
7	01948 ICZ	Tang, Ho Yuen	42	Diocesan School	33.00
8	03793 ICZ	Po, Tik San	42	New Water Polo	35.00
9	45574 IAZ	Ng, Siu Kwong	42	Sword Fish Club	35.00
10	23119 IAZ	Chan, Ying Tsung Bosco	43	Sword Fish Club	46.00

45-49

1	27471 ICO	Nortje, Craig Andrew	46	HK Football Club	26.00
2	28849 IAZ	Chan, Chun Kuen	49	Sword Fish Club	30.00
3	42737 IAZ	So, Ma Loi	48	Sword Fish Club	32.00
4	52883 IAZ	Lo, Fu Fui Frankie	49	Win Tin	32.29
5	29261 IAZ	Lai, Ka Wai	46	Tuen Mun	41.66
6	51192 IAZ	Lo, Yui Man	47	Flying Fish	NT

50-54

1	39203 IAX	Lau, Hang	50	Sword Fish Club	29.00
2	02366	Li, Ka Wing	50	Kwun Tong	30.00
3	27868 IAZ	Chan, Chi Wah Ringo	52	Sword Fish Club	32.00
4	40835 IAZ	Leung, Wing Hong Alvin	50	Diocesan School	34.00
5	49545 @IAO	Anderson, Anthony Craig	52	Kwun Tong	35.00
6	49010 @IAON	Cheung, Stephen Wen Ping	53	Kwun Tong	35.00
7	52639 @ICO	Cordina, David Henri	51	Kwun Tong	35.00
8	49443 IAZN	Siu, Cheuk Kuen	52	Sword Fish Club	36.00
9	50404 @IAO	Livotto, Andrea	50	Fastlane Swimming	42.00
10	47461 IAZ	Tse, Ka Fai	50	New Water Polo	48.00
11	04184	Woo, Siu Ming William	53	Sword Fish Club	48.00

55-59

1	22512 ICO	Kehoe, Andrew John	59	LRC	25.27
2	43144	Xiao, Donghong	58	New Water Polo	31.00
3	44678 IAZ	Hung, Tin Wai Robert	58	Pacific	33.80
4	43158 IAZ	Chan, Tin Lung	55	Lai Tsun	35.00
5	45582 @IAO	Reeve, Blair	56	LRC	40.62

60-64

1	06256	Chan, Kwong Peter	63	Sea Green	31.00
2	50485 #@^IM	Chen, Shuquan	61	New Water Polo	33.00
3	41007 IAZ	So, Man Sing	63	Sea Green	35.00
4	40861 IAZ	Cheung, Chi Ming Rover	61	Sword Fish Club	37.00
5	10135 #IAZ	Mo, Kim Fung Bosco	60	Diocesan School	40.00
6	40840 IAZ	Ng, Ka Yiu Karl	60	Diocesan School	40.00
7	39982 IAZ	Chow, Wing Chun	60	Sword Fish Club	40.00
8	51276 @^IM	Chen, Zhihe	64	New Water Polo	45.00
9	07802	Chau, Kam Tim	64	Sea Green	55.00

65-69

1	14555 @IAX	Tang, Kon Leong	68	Sword Fish Club	35.00
2	50662 @^P	Zong, Cheng	66	Sword Fish Club	35.00
3	45199 #IAZ	Fok, Siu Por	66	New Water Polo	35.34
4	50493 #@^IM	Kong, Lingxiong	65	New Water Polo	41.00
5	41739 IAZ	Ng, Chin Wing	69	Sea Green	45.00

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65-69... (Event 3 Men 50 LC Meter Freestyle)

6	19327 IAZ	Yu, Kwok Chuen	69	Sword Fish Club	48.00
7	52766 IAO	Dundon, Christopher John	66	LRC	49.00

70-74

1	06268	Tse, Kwok Piu	73	Sword Fish Club	32.00
2	52549 IAZ	Lam, Tak On	70	Sword Fish Club	38.00
3	06389	Chan, Hong Wah	71	New Water Polo	39.00
4	41729 IAZ	Ko, Leung Hung Alex	72	Diocesan School	40.00
5	51797 @^IM	Kong, Fanqiang	72	New Water Polo	55.00

75-79

1	23297 IAZ	Chan, Shing Chi	76	Lai Tsun	40.00
2	44756 IAZ	Lo, Che Hung	76	Lai Tsun	42.00
3	49541 @IAXN	Yang, Victor	79	Diocesan School	55.00
4	44788 IAZ	Chui, Hong Sheung	75	Diocesan School	56.00

80-84

1	38301 IAX	Cheung, Hao Yen	81	Lai Tsun	54.00
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85-89

1	05407	Lee, She Kwok	86	Sword Fish Club	54.00
2	17832 IAX	Chan, Sau	87	Sword Fish Club	1:03.00
3	15490	Law, Kwai Fong	88	Sword Fish Club	1:50.00

Event 4 Women 50 LC Meter Freestyle

18-24 MSR:	28.20
25-29 MSR:	27.70
30-34 MSR:	27.80
35-39 MSR:	28.10
40-44 MSR:	28.17
45-49 MSR:	27.65
50-54 MSR:	29.35
55-59 MSR:	32.17
60-64 MSR:	33.85
65-69 MSR:	35.01

	ID#	Name	Age	Team	Seed Time
18-24					
1	21953 B	Chan, Tsz Ching	24	Fastlane Swimming	27.60
2	31206 B	Wong, Hor Kiu	19	Sword Fish Club	29.00
3	25461 B	Wong, Tsz Wan	21	Compass	33.02
4	50384 IAZ	Hao, Chaohui Suzukitomoe	19	Current Club Ltd	37.98
25-29					
1	11864 B	Chow, Tsz Hei	27	Crest Ray	27.50
2	16514 IAZ	Li, Alexandra	27	Tolo Harbour	30.00
3	49513 IAZ	To, Yan Wing	28	Crest Ray	34.00
4	20401 #IAZ	Leung, Wan Ki	26	Pacific	35.00
5	52696 @ICX	Wen, Zhibin	26	Tung Sing	42.00
30-34					
1	01262	Mau, Lok Yan Eunice	31	Current Club Ltd	28.21
2	03391 IBZ	Chow, Sin Hang	32	Kwan Hung	32.00
3	02489 IB	Lai, Vivian Hiu Tung	32	Kwan Hung	32.00
4	03730 IBZ	Li, Jamie	32	Kwan Hung	32.00
5	01271 IAZ	Lo, Yan Yin	32	Current Club Ltd	34.70
6	05670 B	Lam, Tsz Kwan	31	Tolo Harbour	35.00
7	38653 IAZ	Sin, Wai Ting	30	Golden Dolphin	40.00
35-39					
1	01552 #IBZ	Lai, Hiu Ling	35	Pacific	35.00
2	43607 #@^IM	Feng, Yuxi	38	New Water Polo	37.00

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35-39... (Event 4 Women 50 LC Meter Freestyle)

3	13384 ICZ	Lee, May Sze Mei	37 New Water Polo	50.00
4	52770 IAO	Sjoholm, Ingrid Christina	38 HK Football Club	NT
40-44				
1	52816 IAZ	Leung, Siu Wan	43 Kornhill	38.00
2	50515 IAZ	Cheung, Hiu Yan	42 Sword Fish Club	48.00
45-49				
1	08977	Ho, Yee Yun Rosalind	45 Current Club Ltd	36.79
2	52214 @^IM	Yu, Lang	45 New Water Polo	51.00
50-54				
1	50110 IAZ	Chow, Yin Wei Nora	52 New Water Polo	34.50
2	35969 IAX	Wang, Ying Lian	52 Tung Sing	40.90
3	40912 IAZ	Ng, Yee Ling	53 Tolo Harbour	41.00
4	47040 @IAX	Zou, Shengling	53 Tung Sing	44.00
5	43063 @IAO	Wong, Rose	54 LRC	48.03
6	51785 IAX	Shum, Yim	53 Current Club Ltd	50.00
7	44641 IAZ	Chan, Suk Yin	52 Sword Fish Club	55.00
55-59				
1	40907 IAZ	Lai, Shui Nin Ingrid	57 YMCA OF Hong Kong	33.00
2	43977	Lin, Zihe	55 New Water Polo	34.00
3	26254 IAX	Ng, Kong Ching	59 New Water Polo	40.00
4	36045 IAZN	Hsu, Ava	57 LRC	43.84
5	29505 IAZ	Lai, Wai Man	59 New Water Polo	1:00.00
6	43102 ICO	Roberts, Tonya Leanne	56 LRC	NT
60-64				
1	51787 @^IM	Li, Weiwei	63 Sword Fish Club	46.00
2	50893 @^P	Niu, Zili	60 New Water Polo	48.00
3	36225 IAX	Li, Wai Kam	62 Sea Green	55.00
65-69				
1	03503	Castka, Gillian Hancer	68 Sword Fish Club	40.00
2	51786 @^IM	Chen, Junying	66 Sword Fish Club	44.00
3	06355	Lo, Lai Yung	69 New Water Polo	52.00
4	02711	Fok, Wai Fung	66 Wong Tai Sin	54.24
5	49428 IAX	Leong, Sao Fan	67 New Water Polo	58.00
6	06127	Lau, Wai Lin	68 New Water Polo	1:00.00
7	14007	Ho, Yuk Ling	67 Tung Sing	1:00.00
70-74				
1	52146 @^IM	Li, Lianzhi	72 Sword Fish Club	45.00
2	06356 IAZN	Lo Yeung, Sau Han	71 Kwun Tong	54.00
3	46236 #IAZ	Fok, Miu Han	71 New Water Polo	54.27
4	50480 @^ICX	Lam, Lai Mui	73 Sword Fish Club	1:13.00
75-79				
1	06357	Suen, Ming Chu	76 Sword Fish Club	50.00
2	02365	Chow, So Kam	79 Kwun Tong	1:20.00
3	06212	Lo, Yeuk Shuen	75 Wong Tai Sin	1:20.00
80-84				
1	32571 IAZ	Chan, Pui Yee	80 Sword Fish Club	1:00.00
2	13262	Kwong, Shuet Hing	84 Wong Tai Sin	1:12.20

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Event 5 Men 100 LC Meter Butterfly

- 18-24 MSR: 59.53
- 25-29 MSR: 58.94
- 30-34 MSR: 58.66
- 35-39 MSR: 59.58
- 40-44 MSR: 59.49
- 45-49 MSR: 1:00.90
- 50-54 MSR: 1:04.49
- 55-59 MSR: 1:11.94
- 60-64 MSR: 1:15.51
- 65-69 MSR: 1:40.79

ID#	Name	Age	Team	Seed Time
18-24... (Event 5 Men 100 LC Meter Butterfly)				
1	22276 B	Chong, Michael Yat Tsun	23 Sword Fish Club	59.00
2	30966 B	Ng, Yat Hei	19 New Water Polo	1:04.00
3	33220 B	Yim, Wai Shing	19 Sword Fish Club	1:04.00
4	25611 B	Chu, Kin Shing	20 Creative Youth	1:09.99
5	37171 IAZ	Wong, Wai Cheung	19 Current Club Ltd	1:20.00
6	33176 P	Fung, Chi Kit	19 Pacific	1:20.00
25-29				
1	04579 IAO	Cheng, Chris	27 HK Football Club	59.00
2	21618 IAZ	Law, Tin Ching	28 Eastern Winter	1:10.00
3	16830 IAM	Yip, Ming Hei	28 New Water Polo	1:10.00
30-34				
1	02021 IBZ	Chow, Man Ho	34 Kwan Hung	1:06.48
2	03455 IBZ	Lam, Yik Yu Derek	32 Diocesan School	1:10.00
3	14158 IAZ	Li, Hok Yee Terence	31 New Water Polo	1:20.00
4	04637 IBZ	Kwan, Yui Hang	31 Current Club Ltd	1:32.00
5	52752 @ICO	Hardy-Lachance, Thierry	32 Fastlane Swimming	1:40.00
35-39				
1	52226 @^IM	Huang, Shengjie	37 New Water Polo	1:02.00
2	01621 IBZ	So, Man Hon	36 Fastlane Swimming	1:06.00
3	50488 @^IM	Huang, Ziwei	35 Sword Fish Club	1:15.00
40-44				
1	10317	Ng, Ka Wing	44 Diocesan School	1:25.00
45-49				
1	27471 ICO	Nortje, Craig Andrew	46 HK Football Club	1:02.00
2	50510 @^IM	Ye, Qiang	49 Sword Fish Club	1:19.00
3	41887 IAZ	Woo, Cheuk Yiu Jeffrey	49 YMCA OF Hong Kong	2:00.00
50-54				
1	03372	Lau, Allan	51 Sword Fish Club	1:20.00
2	06338 IAZ	Wong, Ka Fai	50 Sword Fish Club	1:30.00
3	21008 IAZ	Cheung, Chun Kwan Michael	51 Wong Tai Sin	2:00.00
4	52710 IAZN	Yip, Kai Kut Kenneth	50 Hilltop	2:05.00
55-59				
1	43198 #	Huang, Jin Liang	59 New Water Polo	1:25.00
2	38127 IAZ	Leung, Cheung Wai Ricky	56 Sword Fish Club	1:55.00
60-64				
1	05191	Koo, Yu Fat Marcus	62 Flying Fish	1:20.00
2	50485 #@^IM	Chen, Shuquan	61 New Water Polo	1:35.00
3	06256	Chan, Kwong Peter	63 Sea Green	1:35.00
4	24256 IAW	Lok, Wai Man	61 New Water Polo	1:41.00
5	26594 IAZ	Ching, Wai Kin	60 Sword Fish Club	1:46.47

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60-64... (Event 5 Men 100 LC Meter Butterfly)

6	51956 @IM	Bai, Xiang	62	New Water Polo	2:00.00
7	40840 IAZ	Ng, Ka Yiu Karl	60	Diocesan School	2:15.00
8	32108 IAX	Chan, Kiu	62	Sword Fish Club	2:20.00
9	07802	Chau, Kam Tim	64	Sea Green	2:20.00

65-69

1	06331 ICZ	Ma, Etienne	67	YMCA OF Hong Kong	1:35.00
2	03215 IAZ	Leung, Yiu Chuen	66	Sun Yip	1:40.79
3	43205 #	Zhou, Jin Jia	69	New Water Polo	1:50.00
4	43598 #@^IM	Chen, Weicai	67	New Water Polo	2:00.00
5	06239	Chan, King Yuen	69	Lai Tsun	2:10.00
6	06176	Wong, Kung Wan	68	Sea Green	2:10.00
7	15527	Zhou, Hao	66	Tung Sing	2:10.00
8	52225 @^IM	Chen, Shengyou	68	New Water Polo	2:15.00
9	48753 IAX	Fung, Sik Tong	68	Sea Green	2:20.00
10	06187	Kan, Kai Kwong	69	Sea Green	2:20.00

70-74

1	20634 IAZ	Wu, Shu Sun	74	New Water Polo	2:20.00
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75-79

1	22182 IAZ	Ngai, Yin Leung	75	Sword Fish Club	2:15.00
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Event 6 Women 100 LC Meter Butterfly

18-24 MSR:	1:13.91
25-29 MSR:	1:08.66
30-34 MSR:	1:10.44
35-39 MSR:	1:13.49
40-44 MSR:	1:13.55
45-49 MSR:	1:12.50
50-54 MSR:	1:14.85
55-59 MSR:	1:31.44
60-64 MSR:	1:39.42
65-69 MSR:	1:48.29

	ID#	Name	Age	Team	Seed Time
18-24					
1	21953 B	Chan, Tsz Ching	24	Fastlane Swimming	1:05.20
2	31444 IAX	Tang, Hiu Tung	23	Pacific	1:09.35
3	31206 B	Wong, Hor Kiu	19	Sword Fish Club	1:16.00
4	25461 B	Wong, Tsz Wan	21	Compass	1:30.00
5	20969 IAZ	Lui, Wing Lam	22	Kwun Tong	1:30.00
25-29					
1	16514 IAZ	Li, Alexandra	27	Tolo Harbour	1:20.00
2	08727 B	Hung Yuen Ching, Moose Culle	28	New Water Polo	1:45.00
30-34					
1	01262	Mau, Lok Yan Eunice	31	Current Club Ltd	1:16.02
2	38653 IAZ	Sin, Wai Ting	30	Golden Dolphin	1:55.00
3	52066 @^IM	Liang, Biyu	30	New Water Polo	2:00.00
35-39					
1	43607 #@^IM	Feng, Yuxi	38	New Water Polo	1:50.00
40-44					
1	52169 @^IM	Li, Zhijia	40	New Water Polo	1:45.00
2	52816 IAZ	Leung, Siu Wan	43	Kornhill	2:00.00
45-49					
1	40853 @IAO	Tam, Alison Mai Ling	46	Fastlane Swimming	1:20.00
50-54					
1	40912 IAZ	Ng, Yee Ling	53	Tolo Harbour	2:15.00

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50-54... (Event 6 Women 100 LC Meter Butterfly)

2	45917 #@^IM	Huang, Caifang	50	New Water Polo	2:20.00
60-64					
1	45187 IAX	Chan, On Mei	61	Sword Fish Club	2:25.00
2	36225 IAX	Li, Wai Kam	62	Sea Green	2:30.00
65-69					
1	06355	Lo, Lai Yung	69	New Water Polo	2:28.00
70-74					
1	06356 IAZN	Lo Yeung, Sau Han	71	Kwun Tong	1:05.00
2	52146 @^IM	Li, Lianzhi	72	Sword Fish Club	2:00.00

Event 7 Men 50 LC Meter Breaststroke

18-24 MSR: 28.53

25-29 MSR: 30.66

30-34 MSR: 31.11

35-39 MSR: 31.14

40-44 MSR: 33.00

45-49 MSR: 32.70

50-54 MSR: 34.48

55-59 MSR: 35.10

60-64 MSR: 36.61

65-69 MSR: 37.84

	ID#	Name	Age	Team	Seed Time
18-24					
1	30694 #IAZ	Cheung, Chi Kit Nicholas	19	Wong Tai Sin	30.00
2	22513 IAZ	Tang, Cheuk Yan	24	Kwun Tong	32.00
3	40140 IAZ	Li, Wing Yin	20	Creative Youth	32.99
4	18027 B	Leung, Lok Hang	24	Pacific	33.62
5	17615 IAZ	Kong, Man Pok	24	Tolo Harbour	35.00
6	33220 B	Yim, Wai Shing	19	Sword Fish Club	36.00
7	15351 IAZ	Chang, Jaw Ting	23	Pacific	36.49
8	22532 #IAZ	Ma, Chun Pong Angus	24	Diocesan School	40.00
9	28567 IAZ	Tam, Wang Yin	24	New Water Polo	40.00
25-29					
1	10096 B	Ko, Ka Chun	28	Kwan Hung	32.00
2	10220 B	Tam, Ka Ming	27	Kwan Hung	32.00
3	10409 IAZ	Lam, Chin Chun	27	Tolo Harbour	35.00
4	28300 IAZ	Luk, Ho Man	28	Tolo Harbour	35.00
5	28554 IAZ	Yeung, Ka Ho Henry	27	Tolo Harbour	35.00
6	23835 IAZ	Cheuk, Long Hin	26	Juan Hua Club	36.07
7	15390 B	Lau, Yat Fung	25	Diocesan School	37.00
8	15423 IAZ	Cheung, Yau Ming	27	Diocesan School	38.00
9	15815	Lo, Ting Kin	28	Sea Green	38.00
30-34					
1	07071 B	Chung, Lai Yeung	32	Diocesan School	35.00
2	49546 @ICO	Ly, Jonathan	32	Kwun Tong	35.00
3	48262 IAZ	Quan, Wing Yeung Marwick	34	Sword Fish Club	39.50
4	51281 IAZ	Hui, Ka Yin	31	Lai Tsun	41.00
5	40635 IAO	Yu, Lok Kwan	30	Crest Ray	NT
6	03978	Lau, Chun Sing	32	Marlins	NT
35-39					
1	02591	Luk, Wing Kin Andy	35	Kwan Hung	31.00
2	42367 IAO	Chow, Chun Yin	38	Diocesan School	32.50
3	22420 IAZ	Chan, Chi Ming	38	Kwun Tong	34.00
4	00385	Cheng, Pong Man Reuben	35	Flying Fish	35.00

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35-39... (Event 7 Men 50 LC Meter Breaststroke)

5	00099 IAZ	Wong, Cheuk Wai	36	New Water Polo	36.00
6	52309 @^IM	Shi, Liang	39	Flying Dragon	36.50
7	48667 @IRO	Wong, Dominic Clayton Joe	36	Fastlane Swimming	41.00

40-44

1	52550 IAZ	Chiu, Kelvin Ho Yin	42	Pacific	35.00
2	48856 @IAO	Gallearchie, Jeewantha Madu	40	Fastlane Swimming	38.00
3	42708 IAZ	Tang, Wing Chung Jonathan	42	Hoi Fung	39.00
4	01948 ICZ	Tang, Ho Yuen	42	Diocesan School	42.00
5	10317	Ng, Ka Wing	44	Diocesan School	44.00
6	03409	Ho, Kin Kan Adrian	41	Barracuda	45.00
7	03793 ICZ	Po, Tik San	42	New Water Polo	45.00
8	45574 IAZ	Ng, Siu Kwong	42	Sword Fish Club	45.00
9	23119 IAZ	Chan, Ying Tsung Bosco	43	Sword Fish Club	58.00
10	44298 IAZ	Tong, Lik Lam	40	Pacific	NT

45-49

1	40834 IAZ	Chang, Hsi Tse JosephJeremy	45	Diocesan School	37.00
2	42737 IAZ	So, Ma Loi	48	Sword Fish Club	41.00
3	28849 IAZ	Chan, Chun Kuen	49	Sword Fish Club	42.00
4	51192 IAZ	Lo, Yui Man	47	Flying Fish	42.17

50-54

1	27459 IAZ	Lui, Wing Tak Victor	50	Diocesan School	39.00
2	26317 IAZN	Tung, Shang Wei Timothy	54	Kwun Tong	39.00
3	21008 IAZ	Cheung, Chun Kwan Michael	51	Wong Tai Sin	40.00
4	02366	Li, Ka Wing	50	Kwun Tong	42.00
5	40835 IAZ	Leung, Wing Hong Alvin	50	Diocesan School	44.00
6	49010 @IAON	Cheung, Stephen Wen Ping	53	Kwun Tong	45.00
7	52639 @ICO	Cordina, David Henri	51	Kwun Tong	45.00
8	06338 IAZ	Wong, Ka Fai	50	Sword Fish Club	45.00
9	52710 IAZN	Yip, Kai Kut Kenneth	50	Hilltop	50.00
10	47461 IAZ	Tse, Ka Fai	50	New Water Polo	55.00
11	04184	Woo, Siu Ming William	53	Sword Fish Club	55.00

55-59

1	32253 IAZ	Watt, Kam Sing Michael	57	Fastlane Swimming	35.50
2	18856 IAZ	Au, Mun Shing	59	Sword Fish Club	38.00
3	43144	Xiao, Donghong	58	New Water Polo	39.00
4	43158 IAZ	Chan, Tin Lung	55	Lai Tsun	42.00
5	38127 IAZ	Leung, Cheung Wai Ricky	56	Sword Fish Club	47.00

60-64

1	10135 #IAZ	Mo, Kim Fung Bosco	60	Diocesan School	45.00
2	26176 IAX	Ho, Chung Man	61	Lai Tsun	45.00
3	40840 IAZ	Ng, Ka Yiu Karl	60	Diocesan School	48.00
4	27869 IAZ	Lee, Kam Cheong	60	Sword Fish Club	48.00
5	50782 @IAX	Pang, Shu Ming	63	Sea Green	48.00
6	40861 IAZ	Cheung, Chi Ming Rover	61	Sword Fish Club	50.00
7	39982 IAZ	Chow, Wing Chun	60	Sword Fish Club	50.00
8	25226 IAZ	Choi, Tai Wing	63	Sword Fish Club	55.00

65-69

1	50662 @^P	Zong, Cheng	66	Sword Fish Club	39.00
2	49915 @IAX	Tai, Yu Chung	66	New Water Polo	40.00
3	43205 #	Zhou, Jin Jia	69	New Water Polo	42.00
4	14555 @IAX	Tang, Kon Leong	68	Sword Fish Club	42.00
5	50493 #@^IM	Kong, Lingxiong	65	New Water Polo	48.00
6	50436 IAZ	Lam, Tak Choi	69	Tung Sing	53.00
7	19327 IAZ	Yu, Kwok Chuen	69	Sword Fish Club	55.00

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70-74... (Event 7 Men 50 LC Meter Breaststroke)

1	51797 @^IM	Kong, Fanqiang	72	New Water Polo	41.00
2	20634 IAZ	Wu, Shu Sun	74	New Water Polo	50.00
3	41729 IAZ	Ko, Leung Hung Alex	72	Diocesan School	1:00.00

75-79

1	49541 @IAXN	Yang, Victor	79	Diocesan School	56.00
2	22182 IAZ	Ngai, Yin Leung	75	Sword Fish Club	57.00
3	44788 IAZ	Chui, Hong Sheung	75	Diocesan School	59.00
4	06242	Lau, Heung Wing	75	Wong Tai Sin	1:10.00
5	14029	Ieong, Vun Fai	78	Sword Fish Club	1:14.00

80-84

1	06270	Lam, Luk Kan	83	Sword Fish Club	52.00
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85-89

1	05407	Lee, She Kwok	86	Sword Fish Club	1:05.00
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Event 8 Women 50 LC Meter Breaststroke

18-24 MSR:	35.53
25-29 MSR:	36.06
30-34 MSR:	35.23
35-39 MSR:	34.71
40-44 MSR:	34.74
45-49 MSR:	34.47
50-54 MSR:	37.63
55-59 MSR:	38.73
60-64 MSR:	46.97
65-69 MSR:	50.56

	ID#	Name	Age	Team	Seed Time
18-24					
1	31206 B	Wong, Hor Kiu	19	Sword Fish Club	40.00
2	25461 B	Wong, Tsz Wan	21	Compass	41.63
3	20969 IAZ	Lui, Wing Lam	22	Kwun Tong	44.00
4	50384 IAZ	Hao, Chaohui Suzukitomoe	19	Current Club Ltd	55.00
25-29					
1	52768 @^ICO	Barton, Lucy Rebecca	27	HK Football Club	36.00
2	49513 IAZ	To, Yan Wing	28	Crest Ray	45.00
3	52696 @ICX	Wen, Zhibin	26	Tung Sing	49.00
30-34					
1	01262	Mau, Lok Yan Eunice	31	Current Club Ltd	36.41
35-39					
1	01552 #IBZ	Lai, Hiu Ling	35	Pacific	42.00
2	43607 #@^IM	Feng, Yuxi	38	New Water Polo	46.00
3	13384 ICZ	Lee, May Sze Mei	37	New Water Polo	55.00
4	52770 IAO	Sjoholm, Ingrid Christina	38	HK Football Club	NT
40-44					
1	52169 @^IM	Li, Zhijia	40	New Water Polo	42.00
2	45041 IAZ	Fung, Cheuk Ching Candy	42	Hoi Fung	50.00
3	50515 IAZ	Cheung, Hiu Yan	42	Sword Fish Club	52.00
45-49					
1	06304 ICZ	Cheung, Man Yiu	45	Sea Green	45.00
2	08977	Ho, Yee Yun Rosalind	45	Current Club Ltd	47.09
3	52278 @^IM	Mo, Yanfei	48	Sword Fish Club	1:00.00
50-54					
1	50110 IAZ	Chow, Yin Wei Nora	52	New Water Polo	47.00
2	43063 @IAO	Wong, Rose	54	LRC	57.89

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55-59... (Event 8 Women 50 LC Meter Breaststroke)

1	40907 IAZ	Lai, Shui Nin Ingrid	57 YMCA OF Hong Kong	43.50
2	43102 ICO	Roberts, Tonya Leanne	56 LRC	52.13
3	26254 IAX	Ng, Kong Ching	59 New Water Polo	58.00
4	29505 IAZ	Lai, Wai Man	59 New Water Polo	1:01.00
5	44303 IAZ	Lam, Man Lai	58 Sword Fish Club	1:16.00

60-64

1	51787 @^IM	Li, Weiwei	63 Sword Fish Club	53.00
2	45187 IAX	Chan, On Mei	61 Sword Fish Club	1:12.00

65-69

1	51786 @^IM	Chen, Junying	66 Sword Fish Club	52.00
2	51785 @^IM	Li, Yuemei	68 Sword Fish Club	58.00
3	02711	Fok, Wai Fung	66 Wong Tai Sin	59.10
4	06127	Lau, Wai Lin	68 New Water Polo	1:00.00
5	49428 IAX	Leong, Sao Fan	67 New Water Polo	1:02.00
6	06355	Lo, Lai Yung	69 New Water Polo	1:10.00

70-74

1	50480 @^ICX	Lam, Lai Mui	73 Sword Fish Club	1:11.00
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75-79

1	06357	Suen, Ming Chu	76 Sword Fish Club	1:10.00
2	02365	Chow, So Kam	79 Kwun Tong	1:20.00
3	06212	Lo, Yeuk Shuen	75 Wong Tai Sin	1:30.00

80-84

1	32571 IAZ	Chan, Pui Yee	80 Sword Fish Club	1:20.00
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Event 9 Men 4x50 LC Meter Freestyle Relay

- 100-119 MSR: 1:36.96
- 120-159 MSR: 1:40.03
- 160-199 MSR: 1:40.73
- 200-239 MSR: 1:52.52
- 240-279 MSR: 2:02.09
- 280-319 MSR: 2:18.05
- 320-359 MSR: 3:09.80

	Team	Relay	Seed Time
100-119			
1	Diocesan School Old Boys' Assn	M100 A	NT
120-159			
1	Kwan Hung Swimming Club	M120 A	NT
2	New Water Polo Club	M120 A	NT
3	Sword Fish Club	M120 A	NT
4	Diocesan School Old Boys' Assn	M120 A	NT
160-199			
1	Kwun Tong Swimming Club	M160 A	NT
2	New Water Polo Club	M160 A	NT
3	Sword Fish Club	M160 A	NT
4	Diocesan School Old Boys' Assn	M160 A	NT
200-239			
1	New Water Polo Club	M200 A	NT
2	Sword Fish Club	M200 A	NT
3	Diocesan School Old Boys' Assn	M200 A	NT
4	Ladies' Recreation Club	M200 A	NT
240-279			
1	Lai Tsun Swimming Society	M240 A	NT
2	New Water Polo Club	M240 A	NT

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240-279... (Event 9 Men 4x50 LC Meter Freestyle Relay)

3	Sword Fish Club	M240	A	NT
4	Diocesan School Old Boys' Assn	M240	A	NT
5	Ladies' Recreation Club	M240	A	NT
6	Sea Green Swimming & L.S. Club	M240	A	NT

280-319

1	Lai Tsun Swimming Society	M280	A	NT
2	New Water Polo Club	M280	A	NT
3	Sword Fish Club	M280	A	NT
4	Diocesan School Old Boys' Assn	M280	A	NT

320-359

1	Sword Fish Club	M320	A	NT
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Event 10 Women 4x50 LC Meter Freestyle Relay

- 100-119 MSR: 1:58.55
- 120-159 MSR: 1:55.57
- 160-199 MSR: 1:54.74
- 200-239 MSR: 2:12.67
- 240-279 MSR: 2:34.06
- 280-319 MSR: 2:42.61

	Team	Relay	Seed Time
120-159			
1	New Water Polo Club	W120 A	NT
2	Sword Fish Club	W120 A	NT
3	Hong Kong Football Club	W120 A	NT
160-199			
1	New Water Polo Club	W160 A	NT
2	Sword Fish Club	W160 A	NT
200-239			
1	New Water Polo Club	W200 A	NT
2	Sword Fish Club	W200 A	NT
3	Ladies' Recreation Club	W200 A	NT
240-279			
1	New Water Polo Club	W240 A	NT
2	Sword Fish Club	W240 A	NT
3	Ladies' Recreation Club	W240 A	NT
280-319			
1	Sword Fish Club	W280 A	NT

Event 11 Men 800 LC Meter Freestyle

- 18-24 MSR: 8:53.89
- 25-29 MSR: 10:07.05
- 30-34 MSR: 9:43.41
- 35-39 MSR: 9:28.64
- 40-44 MSR: 9:30.23
- 45-49 MSR: 9:28.79
- 50-54 MSR: 10:19.44
- 55-59 MSR: 10:37.84
- 60-64 MSR: 11:32.69
- 65-69 MSR: 12:19.01

	ID#	Name	Age	Team	Seed Time
18-24					
1	15351 IAZ	Chang, Jaw Ting	23	Pacific	12:00.00
2	34058 B	Chow, Hong-Yo Sandy	20	Pacific	12:00.00
3	18027 B	Leung, Lok Hang	24	Pacific	12:00.00
4	25611 B	Chu, Kin Shing	20	Creative Youth	NT

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25-29... (Event 11 Men 800 LC Meter Freestyle)

1	09964 IAZ	Lau, Chak Lam Nicholas	29	Diocesan School	10:30.00
2	24728 IAZ	Chan, Wing Fa	27	Eastern Winter	10:36.84
3	08404 IAZ	Yeung, Sze Chai	28	Crest Ray	11:00.00
4	23695 IAZ	Lee, Michael Le Jin	29	Current Club Ltd	NT
30-34					
1	06886 B	Li, Chin Long	34	Eastern Winter	10:40.00
2	33387 IAO	Wu, Kenneth Yee Lok	33	Sword Fish Club	12:00.00
3	05296 B	Hui, Chun Hin	31	New Water Polo	NT
35-39					
1	48933 IAO	Leung, Ryan Chun Hay	35	Pacific	12:00.00
2	02591	Luk, Wing Kin Andy	35	Kwan Hung	NT
3	10309 IBZ	Leung, Chin Fung	35	New Water Polo	NT
40-44					
1	44769 ICO	Sharp, Braedon	41	HK Football Club	10:03.00
2	27133 IAZ	Poon, Man Chun	43	Wong Tai Sin	15:03.68
3	30399 IAZ	Lam, Shu Wing	41	Flying Fish	NT
45-49					
1	27471 ICO	Nortje, Craig Andrew	46	HK Football Club	10:00.00
2	16451	Cheng, Ngai Bun	46	Kwun Tong	12:50.55
3	50510 @^IM	Ye, Qiang	49	Sword Fish Club	16:00.00
4	11569	Wong, Lok Shun	47	Flying Fish	NT
50-54					
1	46165 @ICO	Waters, Andrew Allan	50	AVO	10:50.00
2	27868 IAZ	Chan, Chi Wah Ringo	52	Sword Fish Club	13:40.00
3	25592 IAZ	Cheung, Wai Kei	52	Flying Fish	NT
4	30710 IAZ	Lai, Kin Sun	54	Flying Fish	NT
5	24606 IAZ	Tsang, Hin Lap	53	Flying Fish	NT
6	26053 IAZ	Wong, Yee Keung	53	Flying Fish	NT
55-59					
1	43198 #	Huang, Jin Liang	59	New Water Polo	12:30.00
2	22512 ICO	Kehoe, Andrew John	59	LRC	16:52.00
3	29472 IAZN	Choi, Kwok Man Tony	58	Sword Fish Club	17:00.00
60-64					
1	26594 IAZ	Ching, Wai Kin	60	Sword Fish Club	13:54.49
2	06256	Chan, Kwong Peter	63	Sea Green	14:00.00
3	40942 P	He, Gaoxiong	62	New Water Polo	14:45.00
4	37048 IAZ	Cheung, Wai Chuen Jimmy	61	Sword Fish Club	15:00.00
5	40861 IAZ	Cheung, Chi Ming Rover	61	Sword Fish Club	15:30.00
6	13979	Lee, Sing Tim	63	Lai Tsun	16:00.00
7	32108 IAX	Chan, Kiu	62	Sword Fish Club	16:30.00
8	47656 IAZ	Lau, Che Hung	62	Kwan Hung	NT
65-69					
1	06237	Mok, Chu Piu	67	Lai Tsun	13:20.00
2	06239	Chan, King Yuen	69	Lai Tsun	15:50.00
3	52225 @^IM	Chen, Shengyou	68	New Water Polo	16:18.00
4	15527	Zhou, Hao	66	Tung Sing	18:00.00
70-74					
1	06268	Tse, Kwok Piu	73	Sword Fish Club	14:00.00
2	26318	Suen, Chi Wing	70	Sword Fish Club	16:00.00
75-79					
1	40518 IAZ	Liu, Wing Chiu	76	Tuen Mun	16:46.33

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Event 12 Women 800 LC Meter Freestyle

18-24 MSR: 10:22.03

25-29 MSR: 10:50.58

30-34 MSR: 10:53.53

35-39 MSR: 9:48.87

40-44 MSR: 9:42.82

45-49 MSR: 10:54.55

50-54 MSR: 11:48.01

55-59 MSR: 12:32.89

60-64 MSR: 14:45.69

65-69 MSR: 13:11.38

	ID#	Name	Age	Team	Seed Time
18-24...	(Event 12 Women 800 LC Meter Freestyle)				
1	31444 IAX	Tang, Hiu Tung	23	Pacific	12:00.00
25-29					
1	09413 B	Fang, Ka Ying	29	Eastern Winter	10:40.00
2	08727 B	Hung Yuen Ching, Moose Culle	28	New Water Polo	13:00.00
30-34					
1	01441	Yeung, Hiu Ching Judy	33	New Water Polo	13:00.00
35-39					
1	02685 ICZ	Master, Farah Jimmy	39	HK Football Club	NT
45-49					
1	06315	Chan, Sui Yee	48	LRC	14:46.17
2	49442 IAZ	Chan, Yuk Man Phoebe	45	Sword Fish Club	17:00.00
50-54					
1	28770 IAZ	Cromwell, Nicole Samantha	52	LRC	12:45.35
2	38302 IAZ	Cheung, Man Ling Melody	52	Lai Tsun	14:00.00
3	35969 IAX	Wang, Ying Lian	52	Tung Sing	16:32.00
4	40912 IAZ	Ng, Yee Ling	53	Tolo Harbour	19:00.00
5	31395 IAZ	Chan, Pui Ling	54	Flying Fish	NT
55-59					
1	36045 IAZN	Hsu, Ava	57	LRC	15:49.19
2	40907 IAZ	Lai, Shui Nin Ingrid	57	YMCA OF Hong Kong	NT
60-64					
1	36225 IAX	Li, Wai Kam	62	Sea Green	19:50.00
2	51780 IAZ	Chan, Kei Tsz	60	New Water Polo	NT
65-69					
1	03503	Castka, Gillian Hancer	68	Sword Fish Club	15:10.00