

# Programme



## **HONG KONG CHINA SWIMMING ASSOCIATION**

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)  
(AFFILIATED TO THE SPORTS FEDERATION &  
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

## **Artistic Swimming Age Group Competition 2025**

**2<sup>nd</sup> March 2025 (Sunday)**

**Kowloon Park Swimming Pool – Diving Pool**

Subvented By:



中國香港游泳總會  
**HONG KONG CHINA SWIMMING ASSOCIATION**  
 二零二五年香港韻律泳分齡比賽  
**Artistic Swimming Age Group Competition 2025**

日期/Date: 二零二五年三月二日 (星期日) 2<sup>nd</sup> March 2025 (Sunday)  
 地點/Venue: 九龍公園游泳池 (跳水池) Kowloon Park Swimming Pool (Diving Pool)

**程序/Schedule**

日期 / Date	時間 / Time	項目 / Event
02/03/2025 (星期日 Sunday)	08:30 – 9:45	熱身 Warm up
	09:00 – 10:00	裁判會議 Judges Meeting
	9:45 – 10:00	召集 Marshal
	10:00 – 11:00	必做動作 (集體自選) (香港隊) Required Elements (Free Team) (National Squad)
	11:00 – 12:00	必做動作 (集體自選) (香港青年隊) Required Elements (Free Team) (National Squad Junior)
	12:00 – 13:30	必做動作 (集體自選) (地區青年隊) Required Elements (Free Team) (Regional Squad)
	13:30 – 14:30	午膳 Lunch
	13:30 – 14:30	熱身 Warm up
	14:30 – 14:45	裁判會議 Judges Meeting
	14:30 – 14:45	召集 Marshal
	14:45 – 15:15	必做動作 (集體自選) (青年隊) Required Elements (Free Team) (Junior Squad)
	15:15 – 15:30	集體技術自選比賽 (公開組) Team Technical Competition (Open Group)
	15:30 – 16:00	集體技術自選比賽 (15-18 歲組別) Team Technical Competition (Age 15 - 18)
	16:00 – 17:00	規定動作比賽 (所有組別) Figure Competition (All Age Group)
	17:10 – 18:00	節奏游 (所有組別) Sequence Swim (All Age Group)
	18:00 – 18:30	頒獎典禮 Prize Presentation



# Artistic Swimming Age Group Competition 2025

## Required Elements (Free Team) (National Squad)

### Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

Start Time: 10:00

Start	Name	中文姓名	Age
1	Lam Nok Yan Lauren	藍諾恩	19
2	Lai Hiu Yin	賴曉妍	17
3	Lee Chi Yin	李姿賢	20
4	Wong Wing Ka	黃穎嘉	18
5	Chu Ka Wing Katherine	朱家泳	20
6	Wu Kiu Lok	胡翹洛	18
7	Lam Azland Chi Yeung	林資洋	17
8	Hung Sze Ching	熊詩晴	18
9	Zhao Meyako	趙詩韻	17
10	Yang Zi Hua	楊姿華	17

\* 如出現相同分數，將以最高有效分決定最終名次。

\* In case of same total score, final ranking would be counted by highest score.



# Artistic Swimming Age Group Competition 2025

## Required Elements (Free Team) (National Squad Junior)

### Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

Start Time: 11:00

Start	Name	中文姓名	Age
1	Kok Man Hei	谷旻熹	16
2	Leung Ka Yeung	梁嘉洋	16
3	Feng Wai Huen Gigi	馮懷萱	17
4	Wong Yuen Kiu	黃沅喬	16
5	Cheung Hoi Yin	張鎧妍	16
6	Cheng Jasmine	鄭梓翎	17
7	Cheung Sum Yuet	張心悅	17
8	Mak Sin Yu Floris	麥倩瑜	17
9	Joanna Ng	吳頤頌	16
10	Cameron Jiang	曾天韻	16
11	Chan Ka Yan	陳加恩	17

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# Artistic Swimming Age Group Competition 2025

## Required Elements (Free Team) (Regional Squad)

### Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

Start Time: 12:00

Start	Name	中文姓名	Age
1	Dora Yang	楊晴	14
2	Chan Chi Ching	陳紆澄	15
3	Zhang Yuxin	張予心	15
4	Kay Yan Mei	紀茵薇	15
5	Qiao Zi Ling	喬子凌	14
6	Li Lung Yee Zoe	李龍怡	15
7	Chan Anna Brontie	陳思全	14
8	Zhou Elliott	周璿亦	13
9	Jing Xiya Seven	荊熙雅	14
10	Leung Tze Yan	梁芷愨	13
11	Lam Ho Huen	林皓綸	14
12	Cheung Marie Cheuk Sum	張綽琛	15
13	Kwan Tsz Kiu	關芷翹	15
14	Lau Lok Yi	劉樂意	14
15	Chan Wan Chi	陳蘊之	13
16	Ivey Cao Aiwei	曹艾唯	14
17	Chan Sheung Yan	陳上恩	14
18	Yu Chloe Ziyu	于子玉	15

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# Artistic Swimming Age Group Competition 2025

## Required Elements (Free Team) (Junior Squad)

### Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

Start Time: 14:45

Start	Name	中文姓名	Age
1	Ko Allison	高在望	12
2	Chan Hei Lam	陳浣琳	10
3	Wang Laura Chin Nok	王阡諾	11
4	Elizabeth Vivian Howell	侯伊莉	10
5	Wang Wanxuan	王莞萱	12
6	Cheung Xingchen	張星辰	12
7	Choi Sheung Yu	蔡雙如	11
8	Liu Yi Ming	劉怡銘	12

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# Artistic Swimming Age Group Competition 2025

## Team Technical (Open)

### Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

Start Time: 15:15

Start	Name	中文姓名	Age
1	Wu Kiu Lok	胡翹洛	18
2	Chu Ka Wing Katherine	朱家泳	20
3	Lam Nok Yan Lauren	藍諾恩	19
4	Lee Chi Yin	李姿賢	20
5	Wong Yat Tsun	黃洸濠	19

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# Artistic Swimming Age Group Competition 2025

Team Technical (Age 15 - 18)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

Start Time: 15:30

Start	Name	中文姓名	Age
1	Lai Hiu Yin	賴曉妍	17
2	Feng Wai Huen Gigi	馮懷萱	17
3	Wong Yuen Kiu	黃沅喬	16
4	Hung Sze Ching	熊詩晴	18
5	Cheung Sum Yuet	張心悅	17
6	Joanna Ng	吳頤頌	16
7	Wong Wing Ka	黃穎嘉	18
8	Kok Man Hei	谷旻熹	16
9	Cheung Hoi Yin	張鎧妍	16
10	Zhao Meyako	趙詩韻	17
11	Tong Isabelle	唐樂恩	17
12	Cameron Jiang	曾天韻	16
13	Chan Ka Yan	陳加恩	17
14	Yang Zi Hua	楊姿華	17

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# Artistic Swimming Age Group Competition 2025

## Figure - Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

\* Figure Events Participants are required to wear black swimsuit, black goggles and white swim cap

\*規定動作參加者必須穿著黑色泳衣、黑色潛鏡及白色泳帽

Start Time: 16:00

<b>Group A: Age 10 &amp; under</b>		
	<b><u>Compulsory:</u></b> <b>106 Straight Ballet Leg (DD 1.6)</b> <b>301 Barracuda (DD 1.8)</b>	<b><u>Optional - Group 1</u></b> <b>359 Front Ariana (DD 2.2)</b> <b>348 Tower (DD 1.9)</b>
<b>Start</b>	<b>Name</b>	<b>Chi Name</b>
1	Chan Cheuk Nam	陳芍嵐
2	Chan Hei Lam	陳浣琳
3	WeiKai Kenneth Yan	嚴唯開
4	Elizabeth Vivian Howell	侯伊莉
5	Lin Chi Lok	林之樂
6	Wang Wanyin	王婉茵
7	Ho Koey	何蕙



# Artistic Swimming Age Group Competition 2025

## Figure - Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

\* Figure Events Participants are required to wear black swimsuit, black goggles and white swim cap

\*規定動作參加者必須穿著黑色泳衣、黑色潛鏡及白色泳帽

Start Time: 16:00

<b>Group B: Age 11 - 12</b>		
	<b><u>Compulsory:</u></b>	<b><u>Optional - Group 1</u></b>
	<b>106 Straight Ballet Leg (DD 1.6)</b>	<b>359 Front Ariana (DD 2.2)</b>
	<b>301 Barracuda (DD 1.8)</b>	<b>348 Tower (DD 1.9)</b>
<b>Start</b>	<b>Name</b>	<b>Chi Name</b>
1	Zhang Sum Yu	張心語
2	Li Raina	李雨霏
3	Ng Kai Ching Sandy	吳佳晴
4	Huang Yuwei	黃語葳
5	Wang Laura Chin Nok	王阡諾
6	Bak Tin Yu Lily	白天予
7	Wang Wanxuan	王莞萱
8	Ren Yufei	任妤霏
9	Fung Lok Yan	馮樂恩
10	Chan Sum Yee	陳心頤
11	Cheung Xingchen	張星辰
12	Wong Wing Yeung	黃穎洋
13	Choi Sheung Yu	蔡雙如
14	Liu Yi Ming	劉怡銘
15	Sophie Jennifer Shek	石琳
16	Ko Allison	高在望



# Artistic Swimming Age Group Competition 2025

## Figure - Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

\* Figure Events Participants are required to wear black swimsuit, black goggles and white swim cap

\*規定動作參加者必須穿著黑色泳衣、黑色潛鏡及白色泳帽

Start time: 16:00

<b>Group C: Age 13 - 15</b>		
	<b>Section A</b>	<b>Section A</b>
	<b>307e Flying Fish Spinning 360° (DD 2.9)</b> <b>437 Cyclone, Open 180° (DD 2.6)</b>	<b>308h Barracuda Airborne Split Spin Up 180° (DD 2.9)</b> <b>407 Swordfish Straight Leg Ariana Rotation (DD 2.6)</b>
<b>Start</b>	<b>Name</b>	<b>Chi Name</b>
1	Chan Chi Ching	陳鈺澄
2	Zhang Yuxin	張予心
3	Qiao Zi Ling	喬子凌
4	Li Lung Yee Zoe	李龍怡
5	Ng Kai Yee Kelly	吳佳儀
6	Liang Luotian Angel	梁洛甜
7	Ren Yulin	任妤霖
8	Chan Anna Brontie	陳思全
9	Zhou Elliott	周璿亦
10	Jing Xiya Seven	荆熙雅
11	Leung Tze Yan	梁芷愨
12	Kay Yan Mei	紀茵薇
13	Cheung Marie Cheuk Sum	張綽琛
14	Zhuang Oi Yui	莊瓊睿
15	Zhuang Oi Chi	莊瓊慈
16	Zhou Yutong	周語桐
17	Kwan Tsz Kiu	關芷翹
18	Lau Lok Yi	劉樂意
19	Zhao Jiaqi	趙嘉琪
20	Lam Ho Huen	林皓綸
21	Chan Sheung Yan	陳上恩
22	Xu Ka Hei	許嘉晞
23	Dora Yang	楊晴
24	Ivey Cao Aiwei	曹艾唯
25	Yu Chloe Ziyu	于子玉



# Artistic Swimming Age Group Competition 2025

## Sequence Swim (Age 13 or above)

### Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

Start Time: 17:10

Start	Name	中文姓名	Age
1	Poon Sze Wing	潘施泳	13
2	Zhuang Oi Yui	莊瓊睿	13
3	Zhuang Oi Chi	莊瓊慈	13
4	Zhou Yutong	周語桐	13
5	Ren Yulin	任妤霖	13
6	Zhao Jiaqi	趙嘉琪	14

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# Artistic Swimming Age Group Competition 2025

Sequence Swim (Age 11 - 12)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

Start Time: 17:10

Start	Name	中文姓名	Age
1	Zhang Sum Yu	張心語	12
2	Li Raina	李雨霏	11
3	Huang Yuwei	黃語葳	11
4	Bak Tin Yu Lily	白天予	12
5	Ren Yufei	任妤霏	11
6	Fung Lok Yan	馮樂恩	12
7	Chan Sum Yee	陳心頤	11
8	Zhu Jin Sa	祝瑾颯	12
9	Sophie Jennifer Shek	石琳	11
10	Cynthia Siya Zhang	張思雅	11

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# Artistic Swimming Age Group Competition 2025

Sequence Swim (Age 9 - 10)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

Start Time: 17:10

Start	Name	中文姓名	Age
1	WeiKai Kenneth Yan	嚴唯開	10
2	Wei Xinhe	魏心禾	10
3	Ho Koey	何蕙	9
4	Pak Sophie Lulloc	白珞珞	10
5	Chan Cheuk Nam	陳芍嵐	9
6	Zhou Si Qiao	周思喬	9
7	Zhu Sophie Yan Yiu	朱欣瑤	9
8	Victoria Alexander	白芻束	9

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# Artistic Swimming Age Group Competition 2025

Sequence Swim (Age 6 - 8)

## Start List

Venue: Kowloon Park Swimming Pool - Diving Pool

Date: Sunday, 2 March 2025

Start Time: 17:10

Start	Name	中文姓名	Age
1	Grace Lam	林希妍	8
2	Wan Pui Ka	尹珮嘉	8
3	Zhu Jin Shang	祝瑾尚	8
4	Guo Ailsa	郭芷鈺	8

\* 如出現相同分數，將以最高有效分決定最終名次。

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