

# Result 比賽賽果



## HONG KONG CHINA SWIMMING ASSOCIATION

(MEMBER OF THE FEDERATION INTERNATIONALE DE NATATION)

(AFFILIATED TO THE SPORTS FEDERATION AND  
OLYMPIC COMMITTEE OF HONG KONG, CHINA)

**2022-23 Long Course Masters Swimming Competition (Part 1)**

**二零二二至二三年長池先進游泳比賽第一部份**

**26 March 2023 (Sun)**

**二零二三年三月二十六日(日)**

**Sun Yat Sen Memorial Park Swimming Pool**

**中山紀念公園游泳池**

**Subvented by the LCSD**



# Long Course Masters Swimming Competition – Part 1

## 長池先進游泳比賽 – 第一部份

**Date:** 26-03-2023 (Sunday)

**Venue:** Sun Yat Sen Memorial Park Swimming Pool 中山紀念公園游泳池

Morning Warm up/熱身: 0830 – 0920 Hrs

Morning First Event/開始: 0930 Hrs

Afternoon Warm up/熱身: 1300 – 1350 Hrs

Afternoon First Event/開始: 1400 Hrs

<b>MEN</b>			<b>WOMEN</b>	
1	200 M	Breaststroke	蛙泳	2
3	50 M	Freestyle	自由泳	4
5	100 M	Butterfly	蝶泳	6
7	50 M	Backstroke	背泳	8
Lunch Break 午膳時間				
9	4 x 50 M	Freestyle Relay	自由接力	10
11	800 M	Freestyle	自由泳	12

## Long Course MS Swimming Competition Part 1 - 26/Mar/2023

## Results

## Event 1 Men 18-24 200 LC Meter Breaststroke

MSR: 2:38.14 M

ID#	Name	Age	Team	Seed Time	Finals Time
1	27803 B Fan, Ka Ming	24	CUC	3:20.00	3:54.40

## Event 1 Men 25-29 200 LC Meter Breaststroke

MSR: 2:23.47 M

---	08003 B Lam, Chun Kit	28	*TM	3:40.00	SCR
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## Event 1 Men 30-34 200 LC Meter Breaststroke

MSR: 2:36.71 M

1	03978 Lau, Chun Sing	31	HMA	NT	2:46.31
2	49546 @ICO Ly, Jonathan	31	KTS	3:30.00	3:00.51
3	33387 IAO Wu, Kenneth Yee Lok	32	SFC	3:08.00	3:34.25
---	42728 P Febo, Christopher Vincenzo	30	SFC	2:42.00	SCR

## Event 1 Men 35-39 200 LC Meter Breaststroke

MSR: 2:47.70 M

1	00590 IBZ Kwok, Ho Tin	36	NWC	2:36.00	2:42.08 M
2	44298 IAZ Tong, Lik Lam	39	PSC	3:00.00	3:04.51
3	00444 Lam, Yau Sun Dickson	38	#DB	5:00.00	3:19.33
4	41147 IAZ Mok, Lai Yeung Jason	39	#DB	5:00.00	3:26.84
5	09136 IAZ Tsang, Chun Kin	35	NWC	3:30.00	3:37.27

## Event 1 Men 40-44 200 LC Meter Breaststroke

MSR: 3:02.25 M

1	01012 ICZ Fong, Lik Sun	43	#FB	3:00.00	2:38.70 M
2	05155 Chan, Albert Kam Ming	42	#DB	4:00.00	3:08.72
3	40834 IAZ Chang, Hsi Tse JosephJeremy	44	#DB	3:40.00	3:15.68
4	45574 IAZ Ng, Siu Kwong	41	SFC	4:00.00	3:20.98
5	50107 @ICO Hamar, Gabor	42	KTS	3:40.00	3:25.04
6	42708 IAZ Tang, Wing Chung Jonathan	41	HFS	3:45.00	3:26.87
7	24266 IAZ Ma, Ling Ho Herwin	40	HKP	3:15.00	3:35.65
8	49658 IAZ Wong, Ming Yeung Anthony	44	LTS	NT	3:35.94
9	18880 IAZ Chan, Ho Wai Howard	42	SYS	4:30.00	3:36.57
---	35790 ICO Launay, Thomas	44	LRC	2:51.66	SCR
---	01948 ICZ Tang, Ho Yuen	41	#DB	5:00.00	SCR

## Event 1 Men 45-49 200 LC Meter Breaststroke

MSR: 2:49.64 M

1	17961 ICO Jones, Simon	47	LRC	3:02.50	2:49.75
2	05160 Chan, Ka Wo	46	#DB	3:40.00	2:55.41
3	24603 IAZ Hung, Ka Ming	48	YMC	3:40.00	3:37.88
4	48593 IAZ Cheng, Wai Leung	46	SFC	3:55.00	3:47.82
5	41730 IAO Hui, Peter	48	#DB	5:15.00	3:55.54
6	40835 IAZ Leung, Wing Hong Alvin	49	#DB	5:00.00	4:05.65
---	06227 Wong, Kam Tat	49	SGC	3:50.00	NS
---	37671 @ICO Stamenovic, Ivan	47	LRC	2:47.66	SCR

## Event 1 Men 50-54 200 LC Meter Breaststroke

MSR: 2:50.25 M

1	26317 IAZN Tung, Shang Wei Timothy	53	KTS	3:30.00	3:30.44
2	35849 IAX Ku, Kin Hing	50	HFS	3:50.25	3:48.69
3	42364 IAZ Lau, Yip Kwong Francis	54	#DB	5:00.00	3:48.79
4	35711 IAX Wong, Fuk Kei	54	SFC	4:00.00	4:00.61
5	06310 Chan, Fung Sun	50	KTS	3:20.00	4:01.87
---	21008 IAZ Cheung, Chun Kwan Michael	50	WDS	3:30.00	SCR
---	25592 IAZ Cheung, Wai Kei	51	FFA	3:06.00	SCR

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****(Event 1 Men 50-54 200 LC Meter Breaststroke)**

---	27868 IAZ	Chan, Chi Wah Ringo	51	SFC	3:40.00	SCR
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**Event 1 Men 55-59 200 LC Meter Breaststroke****MSR: 2:59.17 M**

1	18856 IAZ	Au, Mun Shing	58	SFC	3:30.00	3:09.41
2	10135 IAZ	Mo, Kim Fung Bosco	59	KTS	3:40.00	3:43.36
3	38291 IAZ	Liu, Chun Sing	57	SFC	4:00.00	3:46.62
4	40840 IAZ	Ng, Ka Yiu Karl	59	#DB	NT	3:58.98
5	40839 IAZ	Leung, Wing Hang Michael	58	#DB	5:00.00	4:31.09

**Event 1 Men 60-64 200 LC Meter Breaststroke****MSR: 3:07.34 M**

1	06256	Chan, Kwong Peter	62	SGC	3:50.00	3:29.91
2	45930 IAZ	Lo, Wing Kwong	62	SYS	4:50.00	3:56.47
3	32108 IAX	Chan, Kiu	61	SFC	4:00.00	3:58.77
4	26176 IAX	Ho, Chung Man	60	LTS	3:44.00	4:05.15
5	25226 IAZ	Choi, Tai Wing	62	SFC	3:55.00	4:07.72
6	50093 IAZ	Chu, Wan Fuk	63	NWC	4:20.00	4:17.94
7	36725 IAZ	Yau, Wai	64	SGC	3:55.00	4:34.06
8	44359 IAZ	Lee, Chi Wai	64	KRS	4:30.00	5:06.25
---	05191	Koo, Yu Fat Marcus	61	FFA	3:10.00	SCR
---	45198 IAZN	Lam, Tsz Kiu Goldie	61	SGC	3:55.00	SCR

**Event 1 Men 65-69 200 LC Meter Breaststroke****MSR: 3:19.33 M**

1	49915 @IAX	Tai, Yu Chung	65	NWC	4:30.00	3:38.63
2	06176	Wong, Kung Wan	67	SGC	4:00.00	3:39.20
3	06281	Fung, Kam Tai	68	SFC	3:40.00	4:27.71

**Event 1 Men 70-74 200 LC Meter Breaststroke****MSR: 3:37.34 M**

1	06382	Chan, Kam Por	71	SFC	3:35.00	3:34.76 M
2	06243	Koo, Choi Fat	73	WDS	4:15.00	4:00.68
3	11563	Lee, Kwok Hung	70	SFC	4:30.00	4:27.85
4	06192	Chu, Shui Yi	72	SGC	3:56.00	4:40.04
5	22182 IAZ	Ngai, Yin Leung	74	SFC	4:46.00	4:55.60
---	04504 IAO	Yura, Tadami	71	SFC	4:12.00	DQ

**Event 1 Men 75-79 200 LC Meter Breaststroke****MSR: 4:33.83 M**

1	10274	Lau, Chun Nung	77	LTS	4:30.00	4:14.55 M
2	09891	Wong, Chiu Shun	76	SFC	5:00.00	4:16.52 M
3	40518 IAZ	Liu, Wing Chiu	75	*TM	4:15.00	4:37.64
4	44793 IAZ	Iu, Pui To	76	#DB	5:15.00	5:06.61

**Event 1 Men 80-84 200 LC Meter Breaststroke****MSR: 5:10.49 M**

---	06270	Lam, Luk Kan	82	SFC	4:30.00	SCR
---	23959 IAZ	Chiu, Chin Hung	83	KRS	5:57.13	SCR

**Event 2 Women 18-24 200 LC Meter Breaststroke****MSR: 3:13.71 M**

---	38175 IAZ	Leung, Ka Yi	19	THS	3:15.00	SCR
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**Event 2 Women 25-29 200 LC Meter Breaststroke****MSR: 3:05.17 M**

1	47460 IAZ	Mak, Cheuk Lam	28	NWC	4:00.00	3:51.06
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**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****(Event 2 Women 25-29 200 LC Meter Breaststroke)**

2	49513 IAZ	To, Yan Wing	27	#CR	3:50.00	3:52.02
3	12724 IAZ	Wan, Tsz Huen Alexsandra	26	#CR	4:00.00	4:00.43

**Event 2 Women 30-34 200 LC Meter Breaststroke****MSR: 2:53.80 M**

1	06577 IBZ	Leung, Wei Yan	33	SFC	3:55.00	3:37.71
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**Event 2 Women 35-39 200 LC Meter Breaststroke****MSR: 2:56.78 M**

1	49329 #@IAO	Ng, Carmen C	39	PSC	3:20.00	3:27.27
2	35921 IAZ	Lui, Yick Ling	37	KRS	3:25.00	3:40.45
3	46294 ICX	Lin, Shengzhu	35	NWC	4:10.00	3:42.82
4	41684 IAZ	Leung, Wing Yin Winnie	39	HFS	3:55.40	3:44.43

**Event 2 Women 40-44 200 LC Meter Breaststroke****MSR: 3:31.46 M**

1	06304 ICZ	Cheung, Man Yiu	44	SGC	3:31.00	3:27.90 M
2	30072 ICW	Chao, Man Chi	44	NWC	4:00.00	3:41.57
3	45041 IAZ	Fung, Cheuk Ching Candy	41	HFS	3:57.20	3:46.82
4	39979 IAZ	Lam, Ling Wai Jessica	44	LTS	4:00.00	4:07.72
5	08977	Ho, Yee Yun Rosalind	44	CUC	4:20.00	4:13.42
6	02727 ICZ	Lui, Wing Yee	40	HTA	4:00.00	4:30.25

**Event 2 Women 45-49 200 LC Meter Breaststroke****MSR: 3:14.74 M**

1	46181 IAZ	Ng, Yan Yan Bandy	47	TSA	4:00.00	4:12.51
2	49205 IAX	Li, Donghui	49	SGC	4:00.00	4:14.87

**Event 2 Women 50-54 200 LC Meter Breaststroke****MSR: 3:09.55 M**

1	35969 IAX	Wang, Ying Lian	51	TSA	3:50.00	3:57.77
2	06349	Ip, Oi Wa Wendy	51	SFC	4:00.00	4:02.52
3	35772 IAX	Ban, Xianhai	51	NWC	4:00.00	4:03.50
4	44304 IAX	Choi, Shan Shan	51	SFC	4:39.00	4:13.62
5	49204 IAZ	Cheng, Wai Man	52	SGC	4:00.00	4:19.26
6	48393 IAZ	Leung, Lin Pik Stella	52	HFS	4:10.00	4:54.06
7	43063 @IAO	Wong, Rose	53	LRC	4:48.55	5:03.30
---	48201 IAZ	Poon, Nga Yi	50	THS	4:30.00	SCR

**Event 2 Women 55-59 200 LC Meter Breaststroke****MSR: 3:31.49 M**

1	43083 ICO	Allard, Christine Skowronski	57	HFS	4:16.64	3:45.74
2	12894	Lee, Wai Yee Stella	57	HFS	3:55.20	3:54.11

**Event 2 Women 60-64 200 LC Meter Breaststroke****MSR: 3:54.41 M**

1	34668 IAZ	Tang, Pik Ha	63	NWC	4:20.00	4:36.01
2	22428 IAZ	Lau, Yuk Lin Rocky	61	SGC	4:00.00	4:48.14
3	45187 IAX	Chan, On Mei	60	SFC	4:00.00	4:50.25
4	24216 IAZ	Li, Chuk Ping	61	SFC	4:48.00	4:56.87
5	16533	Wong, Shun Ying	64	SGC	4:53.00	5:39.26

**Event 2 Women 65-69 200 LC Meter Breaststroke****MSR: 3:58.01 M**

1	06127	Lau, Wai Lin	67	NWC	4:38.00	4:46.65
2	02711	Fok, Wai Fung	65	WDS	5:15.00	4:59.05
3	26079 IAZN	Fan, Wan Kei	66	HFS	4:30.27	5:44.28

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****Event 2 Women 70-74 200 LC Meter Breaststroke****MSR: 4:01.57 M**

---	06147	Leung Wong, Yin Har Hayley	71	SGC	4:50.00	SCR
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**Event 2 Women 75-79 200 LC Meter Breaststroke****MSR: 4:39.40 M**

1	32571 IAZ	Chan, Pui Yee	79	SFC	6:00.00	7:37.13
2	08936	Leong, Kuai Heng	77	NWC	8:44.00	9:33.70

**Event 2 Women 80-84 200 LC Meter Breaststroke****MSR: 9:51.71 M**

1	06374	Wong, Jim	82	SFC	5:20.00	5:53.00 M
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**Event 3 Men 18-24 50 LC Meter Freestyle****MSR: 24.17 M**

1	29508 IAZ	Tsang, Pak Ho	20	THS	25.00	25.62
2	20968 B	Ho, Sze Ming	22	#DB	25.00	25.63
3	29520 IAZ	Chui, Yu Hin	23	PSC	29.50	25.71
4	22513 IAZ	Tang, Cheuk Yan	23	KTS	35.00	26.21
5	48045 IAZ	Lo, Tsz Wang	20	KTS	28.00	26.65
6	38185 IAZ	Chen, Yuk	19	THS	26.00	26.70
7	15390 B	Lau, Yat Fung	24	#DB	27.00	26.96
8	19383 B	Lee, Man Kit	24	KHC	30.00	27.09
9	17615 IAZ	Kong, Man Pok	23	THS	25.00	27.26
10	50181 @^ICO	Zheng, Jiale	19	KTS	28.00	27.40
11	24279 IAZ	Au, Chung Yin	23	KTS	28.00	27.53
12	19958 IAZ	Wong, Ting Toh	24	KHC	35.00	28.47
13	15351 IAZ	Chang, Jaw Ting	22	PSC	29.50	28.78
14	41451 IAZ	Kwan, Wing Hin	19	#CR	NT	29.18
15	29946 B	Yip, Shun Kit	21	CUC	30.86	31.12
16	39019 IAX	Hung, Ling Cheung	24	*HN	40.00	31.73
---	27803 B	Fan, Ka Ming	24	CUC	33.39	SCR
---	28439 IAZ	Cheng, Kam Fung	19	CUC	26.50	SCR

**Event 3 Men 25-29 50 LC Meter Freestyle****MSR: 23.92 M**

1	10409 IAZ	Lam, Chin Chun	26	THS	25.00	26.67
2	23365 IAZ	Chan, Wai Kwan	25	THS	25.00	26.80
3	16201 B	Kwok, Yuk Hang	27	KTS	29.00	27.62
4	28554 IAZ	Yeung, Ka Ho Henry	26	THS	25.00	27.85
5	42362 IAZ	Leung, Kung Ming	27	YMC	29.00	29.95
---	12759 IAZ	Yue, Suen Yin	29	SGC	35.00	NS
---	08003 B	Lam, Chun Kit	28	*TM	32.00	SCR
---	10096 #B	Ko, Ka Chun	27	KHC	25.00	SCR
---	10220 B	Tam, Ka Ming	26	KHC	25.00	SCR
---	02884 IAZ	Lui, Sheung Chung Billy	28	CUC	30.00	SCR
---	15262 B	Cheng, Yuan Andrew	26	KTS	27.00	SCR
---	08246 IAZ	Kwok, Chun Lok	29	KHC	30.00	SCR

**Event 3 Men 30-34 50 LC Meter Freestyle****MSR: 24.31 M**

1	04637 IBZ	Kwan, Yui Hang	30	CUC	24.78	26.70
2	05854 IAZ	Cho, Wai Ching	32	FFA	27.50	27.79
3	01433	Tai, Hilary Francis	33	#DB	28.00	27.92
4	50188 @^P	Chu, Yuan Hun	34	#FL	29.00	28.46
5	43276 ICO	Gattegno, Julien	31	#FL	27.00	29.31
6	02726 IAZ	Hsieh, Ernie Yat Yeung	30	#DB	NT	29.74

## Long Course MS Swimming Competition Part 1 - 26/Mar/2023

## Results

**(Event 3 Men 30-34 50 LC Meter Freestyle)**

7	48029 IAZ	Lee, Ka Hung	33	HKP	32.00	35.23
8	49951 IAZ	Fung, Chi Wing Ryan	31	PSC	35.00	36.93
---	19408 IAZ	Chan, Yue Yat	30	SFC	27.00	NS
---	49516 @IAZ	Chan, Cheuk Wai	31	#CR	NT	NS
---	14158 #IAZ	Li, Hok Yee Terence	30	NWC	27.50	SCR
---	49512 IAZ	Ho, Chung	34	#CR	NT	SCR

**Event 3 Men 35-39 50 LC Meter Freestyle**

MSR: 24.80 M

1	22420 IAZ	Chan, Chi Ming	37	KTS	27.00	26.74
2	44302 ICO	Boas, Michael Joel	38	#FL	29.00	28.33
3	49017 @ICO	McInnes, Christopher Peter	38	KTS	29.00	28.82
4	41147 IAZ	Mok, Lai Yeung Jason	39	#DB	29.00	28.90
5	00234 IBZ	Lau, Tsun Ting	36	KTS	28.00	29.76
6	09143 ICZ	Chow, Wang Kei	39	FFA	32.00	30.20
7	47039 IAZ	Ng, Chor Sum Sam	38	SYS	30.00	31.09
8	48158 IAZ	Lee, Sung Hai Hysan	39	#DB	35.00	32.32
9	09136 IAZ	Tsang, Chun Kin	35	NWC	38.00	34.87
---	23298 IAZ	Li, Cheuk Bun	38	WDS	31.00	SCR

**Event 3 Men 40-44 50 LC Meter Freestyle**

MSR: 25.15 M

1	46248 @ICO	O' Neill, Donal Thomas	43	LRC	26.07	26.20
2	09165	Cheung, Siu Fung	40	LTS	29.00	29.83
3	12176 ICZ	Ng, Siu Yu	41	SFC	30.00	30.75
4	42708 IAZ	Tang, Wing Chung Jonathan	41	HFS	32.00	31.31
5	42222 IAZ	Yick, Tsip Lam	40	SFC	31.00	31.81
6	03793 ICZ	Po, Tik San	41	NWC	35.00	32.20
7	49027 IAZ	Ng, Fung Kei	43	SFC	32.00	32.91
8	47525 IAZ	Wu, Wing Fung	42	WDS	33.00	33.62
9	50090 @IAO	Motoyama, Taichiro	43	PSC	35.00	35.83
10	49658 IAZ	Wong, Ming Yeung Anthony	44	LTS	NT	38.48
11	23119 IAZ	Chan, Ying Tsung Bosco	42	SFC	52.00	47.70
---	49498 @IAO	Dunwoody, Ross William	42	LRC	28.53	SCR
---	39981 IAZ	Mui, Ho Chuen	43	SFC	27.92	SCR
---	40107 IAZ	Chan, Falcon	44	LTS	30.00	SCR

**Event 3 Men 45-49 50 LC Meter Freestyle**

MSR: 26.47 M

1	27471 ICO	Nortje, Craig Andrew	45	#FB	26.00	26.24 M
2	46474 @ICO	Dynon, James Francis	47	LRC	28.85	29.80
3	37032 IAZ	Wu, Kai Wing	47	WDS	30.00	30.08
4	02366	Li, Ka Wing	49	KTS	29.00	31.56
5	40835 IAZ	Leung, Wing Hong Alvin	49	#DB	34.00	33.97
6	40923 IAZ	Yip, Kam Wing	46	SGC	39.00	35.17
7	48593 IAZ	Cheng, Wai Leung	46	SFC	39.00	38.61
8	29261 IAZ	Lai, Ka Wai	45	*TM	42.00	41.66
---	36554 ICO	Wolfers, Lachlan Robert	49	#FB	31.00	NS
---	39203 IAX	Lau, Hang	49	SFC	28.00	SCR
---	42737 IAZ	So, Ma Loi	47	SFC	31.00	SCR

**Event 3 Men 50-54 50 LC Meter Freestyle**

MSR: 25.80 M

1	27451 IAZ	Yip, Kin Man Stephen	53	KTS	29.00	29.79
2	48285 IAZ	Wan, Hong Yin Edmund	52	#FB	29.39	29.99

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****(Event 3 Men 50-54 50 LC Meter Freestyle)**

3	05273	Poon, Ho Keung Danny	53	FFA	30.17	30.09
4	06711	Leung, Tsz Kin	51	NWC	58.00	30.44
5	28518 IAZ	Yau, Wo Fung	51	KTS	31.00	32.17
6	21814 ICO	Mattoli, Enrico Andrea	53	LRC	33.61	34.58
7	49545 @IAO	Anderson, Anthony Craig	51	KTS	38.00	35.35
8	35849 IAX	Ku, Kin Hing	50	HFS	38.18	37.53
9	04184	Woo, Siu Ming William	52	SFC	50.00	1:08.43
---		Chua, Anthony	54	VAS	38.99	X35.01
---	43158 IAZ	Chan, Tin Lung	54	LTS	34.00	DQ
---	42085 IAZ	Lee, Hon Lun Philip	51	SFC	36.00	SCR

**Event 3 Men 55-59 50 LC Meter Freestyle****MSR: 28.02 M**

1	43144	Xiao, Donghong	57	NWC	31.00	30.79
2	06175	Lo, King Man	56	SGC	40.00	32.41
3	05139	Lin, Fulong	56	FFA	NT	36.94
4	39982 IAZ	Chow, Wing Chun	59	SFC	37.00	37.28
5	38127 IAZ	Leung, Cheung Wai Ricky	55	SFC	37.00	37.98
6	10135 IAZ	Mo, Kim Fung Bosco	59	KTS	39.00	41.24
7	44868 IAZ	Leung, Cheong Chau Stephen	58	#DB	41.00	45.71

**Event 3 Men 60-64 50 LC Meter Freestyle****MSR: 27.95 M**

1	06256	Chan, Kwong Peter	62	SGC	33.00	31.68
2	41007 IAZ	So, Man Sing	62	SGC	39.00	33.51
3	37048 IAZ	Cheung, Wai Chuen Jimmy	60	SFC	36.00	34.47
4	07802	Chau, Kam Tim	63	SGC	35.00	34.63
*5	45198 IAZN	Lam, Tsz Kiu Goldie	61	SGC	38.00	34.86
*5	21023 IAZ	Ho, Kwong Ngai Eric	60	SFC	36.00	34.86
7	45930 IAZ	Lo, Wing Kwong	62	SYS	38.00	35.14
8	28339 IAZ	Yim, Chi Yiu	63	NWC	38.00	37.01
9	40861 IAZ	Cheung, Chi Ming Rover	60	SFC	37.00	37.33
10	32108 IAX	Chan, Kiu	61	SFC	36.00	37.92
11	20636 IAZ	Pang, Seung Chiu	64	LTS	44.00	44.84
12	41426 IAZ	Tang, Yu Hang Francis	62	TSA	52.00	51.80
13	44359 IAZ	Lee, Chi Wai	64	KRS	52.24	57.27

**Event 3 Men 65-69 50 LC Meter Freestyle****MSR: 29.72 M**

1	14555 @IAX	Tang, Kon Leong	67	SFC	32.00	34.23
2	45199 IAZ	Fok, Siu Por	65	JHC	37.74	36.46
3	05071	Choi, Tony	65	LRC	33.90	36.93
4	06281	Fung, Kam Tai	68	SFC	39.00	43.88
5	06388	Lau, Man Kin	69	SFC	40.00	46.35
6	48753 IAX	Fung, Sik Tong	67	SGC	50.00	51.28
---	19292 IAX	Leung, Fu Keung	69	SGC	49.00	DQ
---	06187	Kan, Kai Kwong	68	SGC	49.00	SCR

**Event 3 Men 70-74 50 LC Meter Freestyle****MSR: 30.07 M**

1	06268	Tse, Kwok Piu	72	SFC	34.00	32.63
2	06389	Chan, Hong Wah	70	NWC	39.00	35.75
3	41729 IAZ	Ko, Leung Hung Alex	71	#DB	38.00	39.92
4	45624 IAZ	Mok, Hin Ming	73	LTS	39.00	40.98
5	05917	Yong, Khin Syn	74	SFC	44.00	42.14

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****(Event 3 Men 70-74 50 LC Meter Freestyle)**

6	06192	Chu, Shui Yi	72	SGC	45.00	46.91
7	11563	Lee, Kwok Hung	70	SFC	50.00	47.36
8	44788	IAZ Chui, Hong Sheung	74	#DB	46.00	49.66
9	04504	IAO Yura, Tadami	71	SFC	56.00	51.46

**Event 3 Men 75-79 50 LC Meter Freestyle****MSR: 31.79 M**

1	03845	Tin, Sheung Kwai	76	NWC	58.01	31.30 M
2	44756	IAZ Lo, Che Hung	75	LTS	42.00	41.68
3	09891	Wong, Chiu Shun	76	SFC	50.00	42.69
4	09171	Chan, Ying Chi	77	SFC	47.00	47.62
5	49541	@IAXN Yang, Victor	78	#DB	NT	52.33

**Event 3 Men 80-84 50 LC Meter Freestyle****MSR: 41.01 M**

1	23959	IAZ Chiu, Chin Hung	83	KRS	1:08.76	1:00.62
2	38301	IAX Cheung, Hao Yen	80	LTS	54.00	1:02.64

**Event 3 Men 85-89 50 LC Meter Freestyle****MSR: 46.70 M**

1	05407	Lee, She Kwok	85	SFC	49.00	48.59
2	15490	Law, Kwai Fong	87	SFC	1:03.00	1:03.79

**Event 4 Women 18-24 50 LC Meter Freestyle****MSR: 28.20 M**

1	22604	#IAZ Ng, Yuen Ying	24	KHC	35.00	31.21
2	27376	IAZ Lee, Wai Ki	23	KHC	35.00	31.55
3	49846	IAZ Li, Hong Yu Kanas	20	PSC	35.00	33.96
4	49847	IAZ Li, Ka Yu Karen	21	PSC	35.00	34.24
5	49026	IAZ Lee, Wing Tung Ita	24	NWC	40.00	35.56
---	42441	IAZ Pang, Sze Wing	19	KHC	35.00	SCR

**Event 4 Women 25-29 50 LC Meter Freestyle****MSR: 27.70 M**

1	11864	B Chow, Tsz Hei	26	#CR	28.00	28.49
2	09413	B Fang, Ka Ying	28	EWS	33.00	30.93
3	46331	@ICO Brueck, Hannah Madeleine	27	#FL	30.50	31.06

**Event 4 Women 30-34 50 LC Meter Freestyle****MSR: 28.58 M**

1	39995	IAS Cheong, Sut Ieng	31	SFC	34.00	33.63
2	50163	IAZ Yim, Man Ting	34	FFA	39.00	39.91
---	28004	IAZ Kwan, Ka Wan	30	TSA	45.00	SCR
---	03730	IBZ Li, Jamie	31	KHC	31.00	SCR
---	01441	Yeung, Hiu Ching Judy	32	NWC	35.00	SCR

**Event 4 Women 35-39 50 LC Meter Freestyle****MSR: 28.65 M**

1	50102	IAO Li, Jacqueline Hsuanying	36	#FL	34.50	35.89
2	43390	ICO Wong, Sook Leng	35	HFS	36.54	36.02
3	35921	IAZ Lui, Yick Ling	37	KRS	37.07	36.27
4	43489	@IAXN Wehl Kwok, Hiu Chin June	37	LRC	37.40	37.93
5	13384	ICZ Lee, May Sze Mei	36	NWC	58.00	44.94
---	00777	IBZ Tse, Yu Ting	37	NWC	58.00	NS
---	03399	ICZ Suen, Ka Yi	36	NWC	33.00	SCR
---	02131	Tsang, Ting Yan Tania	37	LRC	31.12	SCR

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****Event 4 Women 40-44 50 LC Meter Freestyle****MSR: 28.17 M**

1	05101	Li, Hiu Fai	41	SFC	42.00	35.68
2	44676	IAZ Lam, Sze Wai Jacqueline	43	HJC	35.00	35.87
3	08977	Ho, Yee Yun Rosalind	44	CUC	33.92	36.79
4	39979	IAZ Lam, Ling Wai Jessica	44	LTS	43.00	43.26

**Event 4 Women 45-49 50 LC Meter Freestyle****MSR: 30.12 M**

1	46247	@IAO Krkalo, Shauna Kathleen	45	LRC	28.17	27.72 M
2	36434	IAZ Lam, Wing Yan Jada	49	HJC	34.00	35.09

**Event 4 Women 50-54 50 LC Meter Freestyle****MSR: 29.99 M**

1	33517	IAO Yamaguchi, Mika	51	#FL	30.00	29.68 M
2	50110	IAZ Chow, Yin Wei Nora	51	NWC	37.00	35.92
3	49429	IAZ Choy, Yee Ling Elina Elain	54	NWC	41.00	38.63
4	35969	IAX Wang, Ying Lian	51	TSA	40.27	39.49
5	31395	IAZ Chan, Pui Ling	53	FFA	41.00	43.04
6	47040	@IAX Zou, Shengling	52	TSA	44.00	43.81
7	06349	Ip, Oi Wa Wendy	51	SFC	50.00	44.75
8	43063	@IAO Wong, Rose	53	LRC	48.03	49.08
9	44304	IAX Choi, Shan Shan	51	SFC	1:00.00	52.42
10	50159	@IAX Yang, Meng Fei	50	SFC	55.00	1:01.75
---	48201	IAZ Poon, Nga Yi	50	THS	50.00	SCR

**Event 4 Women 55-59 50 LC Meter Freestyle****MSR: 32.17 M**

1	40907	IAZ Lai, Shui Nin Ingrid	56	YMC	33.00	33.96
2	23323	IAZ Tam, Choi Ping Scalene	58	NWC	59.00	37.46
3	40575	IAO Chan, San Ngah	55	#FL	39.00	41.18
4	26254	IAX Ng, Kong Ching	58	NWC	40.00	44.42
5	16303	Rana, Naomi	57	LRC	43.48	45.11
6	29831	IAZ Lowe, Yeuk Ling Dilys	59	SFC	55.00	55.72
7	44303	IAZ Lam, Man Lai	57	SFC	1:10.00	1:10.25
---	48634	IAZ Cheung, Wing Yee	57	NWC	42.00	SCR
---	06350	Fu, Mui	55	KTS	35.00	SCR

**Event 4 Women 60-64 50 LC Meter Freestyle****MSR: 34.16 M**

1	41423	IAZ Chiu, Pauline	61	TSA	40.00	41.06
2	05190	Ho, Wan Sai Rita	61	FFA	39.50	41.82
3	22428	IAZ Lau, Yuk Lin Rocky	61	SGC	50.00	47.02
4	20640	IAZ Wong, Fung Yee	63	SFC	52.00	48.92
5	34668	IAZ Tang, Pik Ha	63	NWC	50.00	50.34
6	17891	IAZ Chan, Siu Ying	62	SFC	1:02.00	53.64

**Event 4 Women 65-69 50 LC Meter Freestyle****MSR: 35.01 M**

1	03503	Castka, Gillian Hancer	67	SFC	40.00	42.58
2	02711	Fok, Wai Fung	65	WDS	52.10	50.70
3	43980	Zhang, Jun	65	NWC	59.00	52.42
4	06127	Lau, Wai Lin	67	NWC	1:05.00	54.52
5	23957	IAX Yeung, Tun Lim Lily	66	SFC	1:05.00	1:00.22
6	26079	IAZN Fan, Wan Kei	66	HFS	1:11.00	1:04.46
7	49428	IAX Leong, Sao Fan	66	NWC	1:10.00	1:08.76

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****Event 4 Women 70-74 50 LC Meter Freestyle****MSR: 38.75 M**

1	22852 ICX	Bai, Xiufen	72	SFC	40.00	39.99
2	07440	Yip, Lai Kuen	72	LTS	59.80	56.76

**Event 4 Women 75-79 50 LC Meter Freestyle****MSR: 42.67 M**

1	02365	Chow, So Kam	78	KTS	1:10.00	56.49
2	32571 IAZ	Chan, Pui Yee	79	SFC	1:00.00	58.37
3	08936	Leong, Kuai Heng	77	NWC	1:12.00	1:22.33

**Event 4 Women 80-84 50 LC Meter Freestyle****MSR: 43.31 M**

1	06372 IAZ	Leung, Mabel Yuen Ying	81	SFC	53.00	53.56
2	13262	Kwong, Shuet Hing	83	WDS	1:12.20	1:21.31

**Event 4 Women 85-89 50 LC Meter Freestyle****MSR: 1:09.78 M**

1	06144	Mak, Suet Man	86	SGC	1:10.00	1:08.53 M
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**Event 5 Men 18-24 100 LC Meter Butterfly****MSR: 59.53 M**

1	24279 IAZ	Au, Chung Yin	23	KTS	1:08.00	1:05.69
2	20997 B	Yung, Cheuk Long Charlie	24	KHC	1:30.00	1:12.42
3	41451 IAZ	Kwan, Wing Hin	19	#CR	NT	1:18.73
4	19958 IAZ	Wong, Ting Toh	24	KHC	1:30.00	1:22.52
---	50181 @^ICO	Zheng, Jiale	19	KTS	1:06.00	NS
---	28439 IAZ	Cheng, Kam Fung	19	CUC	59.28	SCR
---	49792 @ICO	Phu, Alex	23	CUC	1:10.00	SCR

**Event 5 Men 25-29 100 LC Meter Butterfly****MSR: 59.26 M**

1	15423 IAZ	Cheung, Yau Ming	26	#DB	57.00	58.94 M
2	15262 B	Cheng, Yuan Andrew	26	KTS	1:12.00	1:03.94
3	16201 B	Kwok, Yuk Hang	27	KTS	1:12.00	1:05.34
4	19797 IAZ	So, Pak Hin Nico	26	FFA	1:04.00	1:07.11

**Event 5 Men 30-34 100 LC Meter Butterfly****MSR: 58.66 M**

1	02021 IBZ	Chow, Man Ho	33	KHC	1:10.00	1:06.48
2	06886 B	Li, Chin Long	33	EWS	1:20.00	1:10.23
3	00385	Cheng, Pong Man Reuben	34	FFA	1:13.00	1:13.06
4	10028 IBZ	Tsien, Hanson	30	#CR	NT	1:13.33
5	02133 IAZ	Turner, Sebastian	32	KTS	1:25.00	1:13.76
6	02040	Yei, Tak Sau	34	FFA	1:15.00	1:16.92
7	43276 ICO	Gattegno, Julien	31	#FL	1:10.00	1:18.93
8	48262 IAZ	Quan, Wing Yeung Marwick	33	SFC	1:30.00	1:19.55
9	33387 IAO	Wu, Kenneth Yee Lok	32	SFC	1:22.00	1:22.47
---	49512 IAZ	Ho, Chung	34	#CR	NT	SCR
---	04048 IBZ	Cheung, Siu Long	32	HKP	1:15.00	SCR
---	14158 #IAZ	Li, Hok Yee Terence	30	NWC	1:20.00	SCR

**Event 5 Men 35-39 100 LC Meter Butterfly****MSR: 59.58 M**

1	22420 IAZ	Chan, Chi Ming	37	KTS	1:20.00	1:14.07
2	03017 ICZ	Chan, Yau Chuen	37	HKP	1:15.00	1:15.02
3	44302 ICO	Boas, Michael Joel	38	#FL	1:11.29	1:19.05
4	03713 IBZ	Tang, Chee Kit	37	#DB	1:35.00	1:24.69

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****Event 5 Men 40-44 100 LC Meter Butterfly****MSR: 59.49 M**

1	46248 @ICO	O' Neill, Donal Thomas	43	LRC	1:04.00	1:01.09
2	44769 ICO	Sharp, Braedon	40	#FB	1:07.00	1:03.81
3	49497 @ICO	Macceod, Andrew Ian	44	LRC	1:16.20	1:13.36
4	16711 IAZ	Leung, Cheuk Yin Kenny	43	#DB	1:35.00	1:17.34
5	10317	Ng, Ka Wing	43	#DB	1:35.00	1:21.29
6	18880 IAZ	Chan, Ho Wai Howard	42	SYS	2:00.00	1:28.84
---	35790 ICO	Launay, Thomas	44	LRC	1:15.60	SCR
---	01948 ICZ	Tang, Ho Yuen	41	#DB	1:57.00	SCR

**Event 5 Men 45-49 100 LC Meter Butterfly****MSR: 1:00.90 M**

1	27471 ICO	Nortje, Craig Andrew	45	#FB	1:00.00	1:02.51
2	05160	Chan, Ka Wo	46	#DB	1:40.00	1:21.36
3	46505 IAZ	Chang, Lambert Jen Hsiung	48	#FL	1:28.00	1:23.07
4	24603 IAZ	Hung, Ka Ming	48	YMC	1:45.00	1:34.79
5	02366	Li, Ka Wing	49	KTS	1:20.00	1:38.94

**Event 5 Men 50-54 100 LC Meter Butterfly****MSR: 1:04.49 M**

1	25592 IAZ	Cheung, Wai Kei	51	FFA	1:26.00	1:24.71
2	06310	Chan, Fung Sun	50	KTS	1:20.00	1:34.45
3	15166	Leung, Chi Keung	51	SYS	2:00.00	1:48.96
4	17701 IAZ	Lee, Chor Fu	54	WDS	3:00.00	2:08.91
---	21008 IAZ	Cheung, Chun Kwan Michael	50	WDS	1:30.00	SCR
---	42085 IAZ	Lee, Hon Lun Philip	51	SFC	1:45.00	SCR

**Event 5 Men 55-59 100 LC Meter Butterfly****MSR: 1:11.94 M**

1	35313 IAZ	Pong, Chiu Yee Dario	55	LRC	1:40.00	1:26.71
2	39982 IAZ	Chow, Wing Chun	59	SFC	1:50.00	1:49.44
3	05139	Lin, Fulong	56	FFA	NT	1:55.28
4	31109 IAZ	Chan, Ping Yan Bryan	57	HFS	2:10.15	1:56.15
5	26594 IAZ	Ching, Wai Kin	59	SFC	1:46.67	1:58.08
6	38127 IAZ	Leung, Cheung Wai Ricky	55	SFC	1:56.00	1:58.66
7	22433 IAZ	Lui, Man Pong	58	NWC	1:50.00	2:04.62
---	24602 IAZ	Li, Ka Wing Peter	58	SGC	1:51.00	SCR
---	38291 IAZ	Liu, Chun Sing	57	SFC	2:00.00	SCR

**Event 5 Men 60-64 100 LC Meter Butterfly****MSR: 1:15.51 M**

1	05191	Koo, Yu Fat Marcus	61	FFA	1:15.00	1:20.70
2	06336	Tse, Siu Kin	61	SFC	1:26.00	1:38.22
3	07802	Chau, Kam Tim	63	SGC	3:50.00	1:55.52
4	32520 IAX	Lam, Hoi	64	NWC	2:00.00	1:56.09
5	13979	Lee, Sing Tim	62	LTS	2:12.00	2:11.11

**Event 5 Men 65-69 100 LC Meter Butterfly****MSR: 1:41.99 M**

1	03215 IAZ	Leung, Yiu Chuen	65	SYS	1:25.00	1:40.79M
2	06176	Wong, Kung Wan	67	SGC	2:00.00	1:47.39
3	06239	Chan, King Yuen	68	LTS	2:10.00	1:52.33
4	44839 IAXN	Hou, Ting Fun Stephen	69	HTA	5:00.00	3:46.02
---	06331 ICZ	Ma, Etienne	66	YMC	1:35.00	SCR
---	17956 IAZ	Chau, Kim Fai	66	SFC	1:45.00	SCR
---	06187	Kan, Kai Kwong	68	SGC	3:50.00	SCR

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****Event 5 Men 70-74 100 LC Meter Butterfly****MSR: 1:56.24 M**

1	06243	Koo, Choi Fat	73	WDS	2:25.00	2:00.48
2	43979	Qi, Songhe	74	NWC	1:59.00	2:11.84
3	22182 IAZ	Ngai, Yin Leung	74	SFC	2:07.00	2:15.96
4	11563	Lee, Kwok Hung	70	SFC	2:30.00	2:38.19

**Event 5 Men 75-79 100 LC Meter Butterfly****MSR: 2:13.21 M**

1	23297 IAZ	Chan, Shing Chi	75	LTS	2:10.00	2:02.41M
2	06274	Wong, Yau Chuen	77	SFC	2:30.00	4:18.91

**Event 6 Women 18-24 100 LC Meter Butterfly****MSR: 1:13.91 M**

1	20969 IAZ	Lui, Wing Lam	21	KTS	1:28.00	1:24.56
---	38175 IAZ	Leung, Ka Yi	19	THS	1:35.00	SCR

**Event 6 Women 25-29 100 LC Meter Butterfly****MSR: 1:08.66 M**

1	09413 B	Fang, Ka Ying	28	EWS	1:17.00	1:17.70
2	08727 B	Hung Yuen Ching, Moose Cull	27	NWC	2:00.00	1:26.23

**Event 6 Women 30-34 100 LC Meter Butterfly****MSR: 1:10.44 M**

1	01262	Mau, Lok Yan Eunice	30	CUC	1:20.00	1:16.02
2	06577 IBZ	Leung, Wei Yan	33	SFC	1:39.00	1:37.47
---	28004 IAZ	Kwan, Ka Wan	30	TSA	2:00.00	SCR
---	01441	Yeung, Hiu Ching Judy	32	NWC	1:20.00	SCR

**Event 6 Women 35-39 100 LC Meter Butterfly****MSR: 1:13.49 M**

1	42712 IAZ	Chan, Hiu Ying	39	RKC	1:40.00	1:23.89
2	35921 IAZ	Lui, Yick Ling	37	KRS	1:41.88	1:36.71
---	41684 IAZ	Leung, Wing Yin Winnie	39	HFS	1:55.26	DQ
---	01652 IBZ	Lau, Hok Lam	36	PSC	1:20.00	SCR

**Event 6 Women 40-44 100 LC Meter Butterfly****MSR: 1:13.55 M**

1	49442 IAZ	Chan, Yuk Man Phoebe	44	SFC	1:20.00	1:25.62
2	06304 ICZ	Cheung, Man Yiu	44	SGC	2:15.00	1:43.54
3	30072 ICW	Chao, Man Chi	44	NWC	2:00.00	1:43.98
4	45041 IAZ	Fung, Cheuk Ching Candy	41	HFS	2:10.40	1:49.44

**Event 6 Women 55-59 100 LC Meter Butterfly****MSR: 1:31.44 M**

1	12894	Lee, Wai Yee Stella	57	HFS	1:57.30	1:49.78
2	23323 IAZ	Tam, Choi Ping Scalene	58	NWC	1:59.00	2:03.36
3	40575 IAO	Chan, San Ngah	55	#FL	2:30.00	2:10.13

**Event 6 Women 60-64 100 LC Meter Butterfly****MSR: 1:49.51 M**

1	26049 IAZ	Kirkwood, Tain Mhaira	60	LRC	1:40.00	1:39.42M
2	16533	Wong, Shun Ying	64	SGC	3:05.00	2:53.00
---	45187 IAX	Chan, On Mei	60	SFC	2:21.00	DQ

**Event 6 Women 65-69 100 LC Meter Butterfly****MSR: 1:48.29 M**

1	06355	Lo, Lai Yung	68	NWC	2:40.00	2:06.19
2	23957 IAX	Yeung, Tun Lim Lily	66	SFC	3:40.00	3:45.78

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****Event 6 Women 75-79 100 LC Meter Butterfly**

1	02365	Chow, So Kam	78	KTS	3:00.00	3:40.60
2	08936	Leong, Kuai Heng	77	NWC	3:39.00	4:12.30

**Event 7 Men 18-24 50 LC Meter Backstroke****MSR: 28.26 M**

1	20968 B	Ho, Sze Ming	22	#DB	29.00	30.69
2	22513 IAZ	Tang, Cheuk Yan	23	KTS	32.00	30.78
3	29508 IAZ	Tsang, Pak Ho	20	THS	32.00	30.88
4	38185 IAZ	Chen, Yuk	19	THS	30.00	31.84
5	29520 IAZ	Chui, Yu Hin	23	PSC	38.50	33.65
6	17615 IAZ	Kong, Man Pok	23	THS	32.00	33.99
7	48045 IAZ	Lo, Tsz Wang	20	KTS	35.00	34.58
8	29946 B	Yip, Shun Kit	21	CUC	35.18	34.75
9	15351 IAZ	Chang, Jaw Ting	22	PSC	38.50	36.88
---	28439 IAZ	Cheng, Kam Fung	19	CUC	28.52	SCR
---	27803 B	Fan, Ka Ming	24	CUC	37.65	SCR

**Event 7 Men 25-29 50 LC Meter Backstroke****MSR: 27.65 M**

1	15262 B	Cheng, Yuan Andrew	26	KTS	33.00	31.37
2	16201 B	Kwok, Yuk Hang	27	KTS	35.00	32.41
3	10409 IAZ	Lam, Chin Chun	26	THS	32.00	32.62
4	23365 IAZ	Chan, Wai Kwan	25	THS	32.00	33.56
5	24728 IAZ	Chan, Wing Fa	26	EWS	33.00	33.82
---	15423 IAZ	Cheung, Yau Ming	26	#DB	27.00	NS
---	08246 IAZ	Kwok, Chun Lok	29	KHC	36.00	SCR

**Event 7 Men 30-34 50 LC Meter Backstroke****MSR: 29.77 M**

1	06886 B	Li, Chin Long	33	EWS	34.00	34.04
2	05567 #B	Yeung, Sze Hon	30	#CR	34.00	34.37
3	05854 IAZ	Cho, Wai Ching	32	FFA	NT	34.74
4	48262 IAZ	Quan, Wing Yeung Marwick	33	SFC	37.00	35.18
5	33387 IAO	Wu, Kenneth Yee Lok	32	SFC	39.00	40.27
6	49546 @ICO	Ly, Jonathan	31	KTS	40.00	40.53
7	02726 IAZ	Hsieh, Ernie Yat Yeung	30	#DB	NT	42.02
---	19408 IAZ	Chan, Yue Yat	30	SFC	35.00	NS
---	04048 IBZ	Cheung, Siu Long	32	HKP	38.00	SCR

**Event 7 Men 35-39 50 LC Meter Backstroke****MSR: 30.38 M**

1	00444	Lam, Yau Sun Dickson	38	#DB	30.00	30.93
2	42367 IAO	Chow, Chun Yin	37	#DB	35.00	34.10
3	03713 IBZ	Tang, Chee Kit	37	#DB	34.00	36.20
4	48158 IAZ	Lee, Sung Hai Hysan	39	#DB	38.00	40.21
---	23298 IAZ	Li, Cheuk Bun	38	WDS	45.00	SCR

**Event 7 Men 40-44 50 LC Meter Backstroke****MSR: 29.49 M**

1	46248 @ICO	O' Neill, Donal Thomas	43	LRC	28.14	29.16M
2	44769 ICO	Sharp, Braedon	40	#FB	33.00	32.13
3	49497 @ICO	Macceod, Andrew Ian	44	LRC	35.51	35.75
4	49027 IAZ	Ng, Fung Kei	43	SFC	42.00	41.83
5	42222 IAZ	Yick, Tsip Lam	40	SFC	45.00	43.00
6	09165	Cheung, Siu Fung	40	LTS	36.00	43.67
7	12176 ICZ	Ng, Siu Yu	41	SFC	42.00	44.52

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****(Event 7 Men 40-44 50 LC Meter Backstroke)**

8	10317	Ng, Ka Wing	43	#DB	45.00	44.79
9	50090 @IAO	Motoyama, Taichiro	43	PSC	38.50	45.26
10	03793 ICZ	Po, Tik San	41	NWC	45.00	47.11
11	23119 IAZ	Chan, Ying Tsung Bosco	42	SFC	1:00.00	1:05.61
---	01948 ICZ	Tang, Ho Yuen	41	#DB	41.00	SCR
---	40107 IAZ	Chan, Falcon	44	LTS	40.00	SCR
---	49498 @IAO	Dunwoody, Ross William	42	LRC	33.86	SCR

**Event 7 Men 45-49 50 LC Meter Backstroke****MSR: 30.37 M**

1	27471 ICO	Nortje, Craig Andrew	45	#FB	32.00	33.00
2	28860 IEX	Lin, Qingzhan	49	SFC	34.00	33.98
3	46474 @ICO	Dynon, James Francis	47	LRC	35.27	36.99
4	05160	Chan, Ka Wo	46	#DB	40.00	38.55
5	24603 IAZ	Hung, Ka Ming	48	YMC	45.00	43.49
6	02366	Li, Ka Wing	49	KTS	40.00	47.81
7	48593 IAZ	Cheng, Wai Leung	46	SFC	49.00	51.04
---	36554 ICO	Wolfers, Lachlan Robert	49	#FB	38.00	NS
---	06227	Wong, Kam Tat	49	SGC	45.00	NS
---	37671 @ICO	Stamenovic, Ivan	47	LRC	35.76	SCR
---	42737 IAZ	So, Ma Loi	47	SFC	44.00	SCR

**Event 7 Men 50-54 50 LC Meter Backstroke****MSR: 30.97 M**

1	06711	Leung, Tsz Kin	51	NWC	37.81	37.10
2	27451 IAZ	Yip, Kin Man Stephen	53	KTS	38.00	38.26
3	30710 IAZ	Lai, Kin Sun	53	FFA	39.00	38.90
4	48285 IAZ	Wan, Hong Yin Edmund	52	#FB	39.64	40.02
5	05273	Poon, Ho Keung Danny	53	FFA	40.23	40.52
6	28518 IAZ	Yau, Wo Fung	51	KTS	40.00	41.06
7	43158 IAZ	Chan, Tin Lung	54	LTS	43.00	48.84
8	35711 IAX	Wong, Fuk Kei	54	SFC	55.00	53.13
---		Chua, Anthony	54	VAS	49.99	X47.57
---	27868 IAZ	Chan, Chi Wah Ringo	51	SFC	45.00	SCR
---	21008 IAZ	Cheung, Chun Kwan Michael	50	WDS	50.00	SCR

**Event 7 Men 55-59 50 LC Meter Backstroke****MSR: 32.57 M**

1	35313 IAZ	Pong, Chiu Yee Dario	55	LRC	37.29	39.03
2	41548 IAZ	Ip, Ka Keung Patrick	55	#FB	39.00	39.37
3	06175	Lo, King Man	56	SGC	49.00	42.03
4	18856 IAZ	Au, Mun Shing	58	SFC	44.00	43.42
5	05139	Lin, Fulong	56	FFA	43.08	43.75
6	21736 IAM	Lo, Lai Tou	55	SFC	46.00	43.90
7	43144	Xiao, Donghong	57	NWC	42.00	44.63
8	22433 IAZ	Lui, Man Pong	58	NWC	45.00	45.91
9	29472 IAZN	Choi, Kwok Man Tony	57	SFC	48.00	47.21
10	40840 IAZ	Ng, Ka Yiu Karl	59	#DB	NT	48.34
11	39982 IAZ	Chow, Wing Chun	59	SFC	48.00	50.28
12	38127 IAZ	Leung, Cheung Wai Ricky	55	SFC	59.00	53.90
---	25579 IAZ	Leung, Tak Sing	57	HFS	46.30	SCR

**Event 7 Men 60-64 50 LC Meter Backstroke****MSR: 33.94 M**

1	06336	Tse, Siu Kin	61	SFC	38.00	42.19
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**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****(Event 7 Men 60-64 50 LC Meter Backstroke)**

2	21023 IAZ	Ho, Kwong Ngai Eric	60	SFC	44.00	44.25
3	37048 IAZ	Cheung, Wai Chuen Jimmy	60	SFC	47.00	45.63
4	40942 P	He, Gaoxiong	61	NWC	48.00	50.05
5	07802	Chau, Kam Tim	63	SGC	49.00	55.70
6	40861 IAZ	Cheung, Chi Ming Rover	60	SFC	55.00	1:05.41
---	25226 IAZ	Choi, Tai Wing	62	SFC	55.00	SCR

**Event 7 Men 65-69 50 LC Meter Backstroke****MSR: 35.70 M**

1	03215 IAZ	Leung, Yiu Chuen	65	SYS	38.00	40.92
2	49915 @IAZ	Tai, Yu Chung	65	NWC	50.00	42.28
3	14555 @IAZ	Tang, Kon Leong	67	SFC	43.00	44.88
4	06281	Fung, Kam Tai	68	SFC	46.00	47.53
5	06388	Lau, Man Kin	69	SFC	49.00	52.69
6	48753 IAZ	Fung, Sik Tong	67	SGC	55.00	1:06.11
---	26318	Suen, Chi Wing	69	SFC	51.00	SCR
---	06187	Kan, Kai Kwong	68	SGC	50.00	SCR

**Event 7 Men 70-74 50 LC Meter Backstroke****MSR: 37.82 M**

1	06389	Chan, Hong Wah	70	NWC	55.00	53.24
2	06192	Chu, Shui Yi	72	SGC	49.00	53.58
3	44788 IAZ	Chui, Hong Sheung	74	#DB	1:00.00	1:03.38

**Event 7 Men 75-79 50 LC Meter Backstroke****MSR: 38.96 M**

1	03845	Tin, Sheung Kwai	76	NWC	37.82	39.56
2	10274	Lau, Chun Nung	77	LTS	1:10.00	53.78
3	44756 IAZ	Lo, Che Hung	75	LTS	50.00	53.92
4	06274	Wong, Yau Chuen	77	SFC	1:08.00	1:04.80

**Event 7 Men 80-84 50 LC Meter Backstroke****MSR: 56.40 M**

1	38301 IAZ	Cheung, Hao Yen	80	LTS	1:11.00	1:22.98
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**Event 7 Men 85-89 50 LC Meter Backstroke****MSR: 1:05.35 M**

1	05407	Lee, She Kwok	85	SFC	1:00.00	57.83 M
2	15490	Law, Kwai Fong	87	SFC	1:20.00	1:10.96

**Event 8 Women 18-24 50 LC Meter Backstroke****MSR: 31.58 M**

1	17201 B	Tse, Hiu Tung	24	KHC	35.00	36.08
2	49846 IAZ	Li, Hong Yu Kanas	20	PSC	39.00	41.38
3	20969 IAZ	Lui, Wing Lam	21	KTS	38.00	42.28
4	49847 IAZ	Li, Ka Yu Karen	21	PSC	45.00	50.41
---	42441 IAZ	Pang, Sze Wing	19	KHC	35.00	SCR

**Event 8 Women 30-34 50 LC Meter Backstroke****MSR: 32.81 M**

1	01262	Mau, Lok Yan Eunice	30	CUC	34.15	37.83
---	28004 IAZ	Kwan, Ka Wan	30	TSA	48.00	SCR
---	01441	Yeung, Hiu Ching Judy	32	NWC	35.00	SCR

**Event 8 Women 35-39 50 LC Meter Backstroke****MSR: 34.04 M**

1	02131	Tsang, Ting Yan Tania	37	LRC	35.79	35.98
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## Long Course MS Swimming Competition Part 1 - 26/Mar/2023

## Results

**(Event 8 Women 35-39 50 LC Meter Backstroke)**

2	42712 IAZ	Chan, Hiu Ying	39	RKC	49.00	43.42
3	43390 ICO	Wong, Sook Leng	35	HFS	55.12	49.21
4	13384 ICZ	Lee, May Sze Mei	36	NWC	1:05.00	51.63
5	41684 IAZ	Leung, Wing Yin Winnie	39	HFS	56.20	54.81
---	03399 ICZ	Suen, Ka Yi	36	NWC	40.00	SCR

**Event 8 Women 40-44 50 LC Meter Backstroke**

MSR: 34.40 M

1	05101	Li, Hiu Fai	41	SFC	44.00	44.90
2	44676 IAZ	Lam, Sze Wai Jacqueline	43	HJC	45.00	45.69
3	08977	Ho, Yee Yun Rosalind	44	CUC	45.69	48.58
4	30072 ICW	Chao, Man Chi	44	NWC	1:00.00	49.25

**Event 8 Women 45-49 50 LC Meter Backstroke**

MSR: 35.08 M

1	46247 @IAO	Krkalo, Shauna Kathleen	45	LRC	34.94	34.79 M
2	06315	Chan, Sui Yee	47	LRC	44.18	47.55
3	46181 IAZ	Ng, Yan Yan Bandy	47	TSA	1:00.00	1:03.84
---	36434 IAZ	Lam, Wing Yan Jada	49	HJC	45.00	NS
---	45139 IAZ	Tai, Kwan Yee	46	HFS	51.00	SCR

**Event 8 Women 50-54 50 LC Meter Backstroke**

MSR: 35.58 M

1	35772 IAX	Ban, Xianhai	51	NWC	1:00.00	46.83
2	49429 IAZ	Choy, Yee Ling Elina Elain	54	NWC	50.00	50.54
3	47040 @IAX	Zou, Shengling	52	TSA	55.00	57.34
4	31395 IAZ	Chan, Pui Ling	53	FFA	58.00	1:01.82
5	48393 IAZ	Leung, Lin Pik Stella	52	HFS	1:05.00	1:09.82
---	38302 IAZ	Cheung, Man Ling Melody	51	LTS	55.00	NS

**Event 8 Women 55-59 50 LC Meter Backstroke**

MSR: 43.53 M

1	40907 IAZ	Lai, Shui Nin Ingrid	56	YMC	43.00	43.15 M
2	43083 ICO	Allard, Christine Skowronski	57	HFS	55.25	50.38
3	06337	Tse, Yee Wah	57	YMC	55.00	53.05
4	26254 IAX	Ng, Kong Ching	58	NWC	48.00	56.29
5	40575 IAO	Chan, San Ngah	55	#FL	49.50	57.57
6	16303	Rana, Naomi	57	LRC	54.46	57.71
7	29831 IAZ	Lowe, Yeuk Ling Dilys	59	SFC	1:10.00	1:14.88
---	06350	Fu, Mui	55	KTS	45.00	SCR

**Event 8 Women 60-64 50 LC Meter Backstroke**

MSR: 46.26 M

1	05190	Ho, Wan Sai Rita	61	FFA	49.09	51.85
2	20640 IAZ	Wong, Fung Yee	63	SFC	1:00.00	58.27
3	34668 IAZ	Tang, Pik Ha	63	NWC	50.00	1:09.58
---	16533	Wong, Shun Ying	64	SGC	1:17.00	SCR

**Event 8 Women 65-69 50 LC Meter Backstroke**

MSR: 42.89 M

1	19290 IAX	Tseung, Nga Wah	66	SFC	50.00	45.93
2	06355	Lo, Lai Yung	68	NWC	55.00	49.82
3	23957 IAX	Yeung, Tun Lim Lily	66	SFC	1:10.00	1:03.23
4	02711	Fok, Wai Fung	65	WDS	1:15.00	1:04.63
5	03503	Castka, Gillian Hancer	67	SFC	1:00.00	1:05.18
6	06127	Lau, Wai Lin	67	NWC	1:10.00	1:09.24

## Long Course MS Swimming Competition Part 1 - 26/Mar/2023

## Results

**(Event 8 Women 65-69 50 LC Meter Backstroke)**

7	43980	Zhang, Jun	65	NWC	1:28.00	1:12.81
8	26079	IAZN Fan, Wan Kei	66	HFS	1:12.00	1:22.46
9	49428	IAX Leong, Sao Fan	66	NWC	1:20.00	1:25.23

**Event 8 Women 70-74 50 LC Meter Backstroke**

MSR: 44.75 M

1	22852	ICX Bai, Xiufen	72	SFC	44.00	45.22
2	07440	Yip, Lai Kuen	72	LTS	1:13.00	1:14.89

**Event 8 Women 75-79 50 LC Meter Backstroke**

MSR: 55.07 M

1	06357	Suen, Ming Chu	75	SFC	1:20.00	1:00.15
2	32571	IAZ Chan, Pui Yee	79	SFC	1:20.00	1:09.69
3	02365	Chow, So Kam	78	KTS	1:10.00	1:21.33

**Event 8 Women 80-84 50 LC Meter Backstroke**

MSR: 53.45 M

1	06374	Wong, Jim	82	SFC	1:10.00	1:06.71
2	06372	IAZ Leung, Mabel Yuen Ying	81	SFC	1:16.00	1:16.43
3	13262	Kwong, Shuet Hing	83	WDS	1:43.08	1:42.37

**Event 8 Women 85-89 50 LC Meter Backstroke**

1	06144	Mak, Suet Man	86	SGC	1:19.00	1:38.69
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**Event 9 Men 100-119 4x50 LC Meter Freestyle Relay**

MSR: 1:36.96 M

1		HK Flying Fish Athletic Assn	A	NT		1:52.60
---		Diocesan School Old Boys' As	A	NT		SCR

**Event 9 Men 120-159 4x50 LC Meter Freestyle Relay**

MSR: 1:40.03 M

1		Kwun Tong Swimming Club	A	1:50.00		1:48.54
2		Diocesan School Old Boys' As	A	NT		1:50.55
3		Crest Ray Recreation and Spc	A	NT		2:00.39
4		Sword Fish Club	A	2:15.00		2:01.32
5		New Water Polo Club	A	NT		2:10.73

**Event 9 Men 160-199 4x50 LC Meter Freestyle Relay**

MSR: 1:41.91 M

1		Ladies' Recreation Club	A	NT		1:47.27
2		Kwun Tong Swimming Club	A	2:10.00		2:04.12
3		Diocesan School Old Boys' As	A	NT		2:05.72
4		Sword Fish Club	A	2:30.00		2:09.96
5		New Water Polo Club	A	NT		2:16.51
---		Hong Kong Football Club	A	NT		SCR
---		Wong Tai Sin District L.S. S.	A	2:10.00		SCR

**Event 9 Men 200-239 4x50 LC Meter Freestyle Relay**

MSR: 1:52.52 M

1		Sun Yip Swimming Club	A	2:02.00		2:15.07
2		Hoi Fung Swimming Club	A	2:16.00		2:24.35
3		Sword Fish Club	A	2:45.00		2:32.46
---		Ladies' Recreation Club	A	NT		NS
---		Sea Green Swimming & L.S. C	A	NT		SCR
---		Diocesan School Old Boys' As	A	NT		SCR
---		Lai Tsun Swimming Society	A	NT		SCR
---		New Water Polo Club	A	NT		SCR

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****Event 9 Men 240-279 4x50 LC Meter Freestyle Relay****MSR: 2:02.09 M**

1	Sea Green Swimming & L.S. C	A	NT	2:11.16
2	New Water Polo Club	A	NT	2:17.22
3	Sword Fish Club	A	3:00.00	2:18.10
4	Lai Tsun Swimming Society	A	NT	2:29.75
5	Diocesan School Old Boys' As	A	NT	2:49.94
---	Ladies' Recreation Club	A	NT	NS

**Event 9 Men 280-319 4x50 LC Meter Freestyle Relay****MSR: 2:18.05 M**

1	New Water Polo Club	A	NT	2:28.82
2	Sword Fish Club	A	3:30.00	2:39.76
3	Lai Tsun Swimming Society	A	NT	2:41.99
4	Diocesan School Old Boys' As	A	NT	3:28.60

**Event 9 Men 320-359 4x50 LC Meter Freestyle Relay****MSR: 3:09.80 M**

1	Sword Fish Club	A	4:15.00	3:28.40
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**Event 10 Women 100-119 4x50 LC Meter Freestyle Relay****MSR: 1:58.55 M**

1	Crest Ray Recreation and Spc	A	NT	2:03.22
2	New Water Polo Club	A	NT	2:09.83

**Event 10 Women 120-159 4x50 LC Meter Freestyle Relay****MSR: 1:55.57 M**

1	New Water Polo Club	A	NT	2:55.87
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**Event 10 Women 160-199 4x50 LC Meter Freestyle Relay****MSR: 1:58.32 M**

1	Ladies' Recreation Club	A	NT	2:08.30
2	Sword Fish Club	A	2:45.00	2:26.11
3	New Water Polo Club	A	NT	2:33.36

**Event 10 Women 200-239 4x50 LC Meter Freestyle Relay****MSR: 2:12.67 M**

1	Ladies' Recreation Club	A	NT	2:41.96
2	New Water Polo Club	A	NT	2:47.99
3	Hoi Fung Swimming Club	A	2:27.40	2:49.71
4	Tung Sing Athletic Associatio	A	NT	2:49.86
5	Lai Tsun Swimming Society	A	NT	3:10.35
6	Sword Fish Club	A	3:15.00	3:16.78

**Event 10 Women 240-279 4x50 LC Meter Freestyle Relay****MSR: 2:34.06 M**

1	Sword Fish Club	A	3:30.00	2:42.07
2	New Water Polo Club	A	NT	4:05.59
---	Ladies' Recreation Club	A	NT	NS

**Event 10 Women 280-319 4x50 LC Meter Freestyle Relay****MSR: 2:42.61 M**

1	Sword Fish Club	A	3:45.00	3:40.78
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**Event 11 Men 18-24 800 LC Meter Freestyle****MSR: 8:53.89 M**

1	23031 IAZ Lam, Man Hin Andrew	22	PSC	NT	11:07.40
2	23030 IAZ Lam, Ho Hin Vincent	22	PSC	NT	11:07.45
3	38185 IAZ Chen, Yuk	19	THS	12:50.00	12:29.53

## Long Course MS Swimming Competition Part 1 - 26/Mar/2023

## Results

**(Event 11 Men 18-24 800 LC Meter Freestyle)**

---	49792 @ICO	Phu, Alex	23	CUC	10:30.00	SCR
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**Event 11 Men 25-29 800 LC Meter Freestyle**

MSR: 10:07.05 M

1	24728 IAZ	Chan, Wing Fa	26	EWS	14:25.00	10:36.84
2	28554 IAZ	Yeung, Ka Ho Henry	26	THS	13:00.00	10:51.79
3	08404 #IAZ	Yeung, Sze Chai	27	#CR	12:00.00	10:54.46
4	40333 IAZ	Lam, Pak Lai	26	FFA	NT	13:06.46
5	47043 IAZ	Lam, Pak Lun	29	FFA	NT	15:17.34

**Event 11 Men 30-34 800 LC Meter Freestyle**

MSR: 9:43.41 M

1	05296 B	Hui, Chun Hin	30	NWC	9:00.00	10:34.29
2	02021 IBZ	Chow, Man Ho	33	KHC	NT	10:35.61
3	10309 #IBZ	Leung, Chin Fung	34	NWC	11:00.00	10:48.65
4	02040	Yei, Tak Sau	34	FFA	NT	11:23.01
5	49924 @ICO	Lemaire, Thibaud Christophe	31	FFA	NT	11:28.49
6	10028 IBZ	Tsien, Hanson	30	#CR	13:00.00	12:01.78
7	09319 IBZ	Chan, Chun Wing	31	NWC	14:33.00	12:47.02
8	46301 IAZ	Lai, Siu In	30	NWC	16:16.00	14:54.09
---	04048 IBZ	Cheung, Siu Long	32	HKP	12:30.00	SCR
---	39190 IAZ	Lee, Ka Lun	34	NWC	11:30.00	SCR

**Event 11 Men 35-39 800 LC Meter Freestyle**

MSR: 9:28.64 M

1	00091	Chan, Lok Yan	39	NWC	13:00.00	11:24.42
2	03017 ICZ	Chan, Yau Chuen	37	HKP	13:00.00	12:57.24
3	38303 IAZ	Ng, Ho Yin	38	SYS	16:00.00	15:22.72
4	49427 IAZ	Wong, Man Chun	39	NWC	16:16.00	16:55.77
---	28529 IAO	Wright, Henry Tomas	36	BSC	10:40.00	NS

**Event 11 Men 40-44 800 LC Meter Freestyle**

MSR: 9:30.23 M

1	44769 ICO	Sharp, Braedon	40	#FB	11:00.00	10:04.58
2	49497 @ICO	Macceod, Andrew Ian	44	LRC	10:40.00	11:10.23
3	03409	Ho, Kin Kan	40	BSC	10:40.00	11:37.40
4	30399 IAZ	Lam, Shu Wing	40	FFA	NT	11:52.24
5	42222 IAZ	Yick, Tsip Lam	40	SFC	13:30.00	13:11.72
6	09165	Cheung, Siu Fung	40	LTS	13:00.00	13:11.77
7	42708 IAZ	Tang, Wing Chung Jonathan	41	HFS	15:32.00	13:47.01
8	45574 IAZ	Ng, Siu Kwong	41	SFC	14:00.00	14:51.44
9	27133 IAZ	Poon, Man Chun	42	WDS	14:45.53	15:03.68
10	49027 IAZ	Ng, Fung Kei	43	SFC	14:50.00	15:20.48
11	47042 IAZ	Ho, Kin Man	42	SFC	14:00.00	15:23.10
12	38035 IAZ	Mok, Kin Fan	43	THS	18:18.40	15:55.41
---	48858 @IAO	Kwok, Kendrick Wing-kay	41	#FL	12:50.00	SCR
---	40558 IAZ	Law, Sai Wo	44	THS	18:18.00	SCR

**Event 11 Men 45-49 800 LC Meter Freestyle**

MSR: 9:28.79 M

1	37671 @ICO	Stamenovic, Ivan	47	LRC	9:48.53	10:20.14
2	46165 @ICO	Waters, Andrew Allan	49	AVO	10:50.00	10:20.79
3	17961 ICO	Jones, Simon	47	LRC	10:40.00	10:57.71
4	04238	Woo, Chun Kuen Douglas	45	LRC	11:05.10	11:17.88
5	40712 ICO	Holliday, Simon Gareth	45	#FB	11:45.00	11:23.25
6	32283 IAO	Brewster, Simon Grant	46	#FB	12:30.00	11:52.48

## Long Course MS Swimming Competition Part 1 - 26/Mar/2023

## Results

**(Event 11 Men 45-49 800 LC Meter Freestyle)**

7	16451	Cheng, Ngai Bun	45	KTS	NT	12:50.55
8	47461	IAZ Tse, Ka Fai	49	NWC	16:00.00	16:13.01
9	48665	IAZ Law, Kwai Sun	48	NWC	16:16.00	16:22.17
---	36554	ICO Wolfers, Lachlan Robert	49	#FB	12:45.00	NS
---	46103	@ICO Vavrek, Egon	47	#FL	11:45.00	NS
---	47136	@IAO Williams, Geoff	48	LRC	NT	NS
---	06338	IAZ Wong, Ka Fai	49	SFC	12:00.00	NS
---	46505	IAZ Chang, Lambert Jen Hsiung	48	#FL	11:30.00	SCR

**Event 11 Men 50-54 800 LC Meter Freestyle**

MSR: 10:22.08 M

1	30710	IAZ Lai, Kin Sun	53	FFA	NT	12:09.28
2	25592	IAZ Cheung, Wai Kei	51	FFA	NT	12:29.81
3	21814	ICO Mattoli, Enrico Andrea	53	LRC	13:20.35	13:06.95
4	06310	Chan, Fung Sun	50	KTS	NT	13:46.69
5	28518	IAZ Yau, Wo Fung	51	KTS	NT	14:35.39
6	26821	IAZ Chan, Kwok Chi	52	SFC	12:00.00	15:08.32
7	03372	Lau, Allan	50	SFC	12:00.00	15:21.24
8	35849	IAX Ku, Kin Hing	50	HFS	16:12.00	16:52.94
9	15166	Leung, Chi Keung	51	SYS	21:00.00	17:03.75
10	47465	IAZ Wong, Ka Po Dick	50	NWC	15:54.00	17:51.47
---	27868	IAZ Chan, Chi Wah Ringo	51	SFC	13:20.00	SCR

**Event 11 Men 55-59 800 LC Meter Freestyle**

MSR: 10:38.21 M

1	05138	Lanzone, Francesco	55	BSC	10:40.00	10:37.84 M
2	41548	IAZ Ip, Ka Keung Patrick	55	#FB	12:30.00	12:11.51
3	22512	ICO Kehoe, Andrew John	58	LRC	12:00.48	12:16.30
4	26594	IAZ Ching, Wai Kin	59	SFC	13:54.49	14:35.67
5	29472	IAZN Choi, Kwok Man Tony	57	SFC	16:15.00	16:15.57
6	40840	IAZ Ng, Ka Yiu Karl	59	#DB	NT	18:20.58
---	38291	IAZ Liu, Chun Sing	57	SFC	17:00.00	SCR

**Event 11 Men 60-64 800 LC Meter Freestyle**

MSR: 11:32.69 M

1	47656	IAZ Lau, Che Hung	61	KHC	NT	11:51.87
2	05191	Koo, Yu Fat Marcus	61	FFA	NT	12:06.66
3	06256	Chan, Kwong Peter	62	SGC	13:55.00	13:48.29
4	40942	P He, Gaoxiong	61	NWC	15:12.00	14:36.87
5	21023	IAZ Ho, Kwong Ngai Eric	60	SFC	18:00.00	14:37.64
6	37048	IAZ Cheung, Wai Chuen Jimmy	60	SFC	18:00.00	14:49.59
7	40861	IAZ Cheung, Chi Ming Rover	60	SFC	15:45.00	15:32.23
8	13979	Lee, Sing Tim	62	LTS	16:00.00	16:03.49
---	36183	IAO McCarroll, Adrian James	60	#FB	NT	NS
---	44359	IAZ Lee, Chi Wai	64	KRS	16:30.00	SCR
---	32108	IAX Chan, Kiu	61	SFC	18:00.00	SCR

**Event 11 Men 65-69 800 LC Meter Freestyle**

MSR: 12:19.01 M

1	06237	Mok, Chu Piu	66	LTS	15:00.00	13:20.00
2	06239	Chan, King Yuen	68	LTS	16:10.00	15:30.45
3	41739	IAZ Ng, Chin Wing	68	SGC	15:00.00	16:15.73
---	17956	IAZ Chau, Kim Fai	66	SFC	14:12.00	SCR
---	44839	IAXN Hou, Ting Fun Stephen	69	HTA	25:00.00	SCR
---	26318	Suen, Chi Wing	69	SFC	16:30.00	SCR

**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****Event 11 Men 70-74 800 LC Meter Freestyle****MSR: 14:07.92 M**

1	06382	Chan, Kam Por	71	SFC	14:30.00	13:28.85 M
2	06268	Tse, Kwok Piu	72	SFC	13:32.00	14:07.93
3	43979	Qi, Songhe	74	NWC	15:00.00	14:53.09
4	33115 IAX	Ng, Kan Sing	70	SFC	13:13.00	15:50.43
5	04504 IAO	Yura, Tadami	71	SFC	16:52.00	18:18.66
6	22182 IAZ	Ngai, Yin Leung	74	SFC	17:00.00	21:09.47
---	05917	Yong, Khin Syn	74	SFC	20:00.00	SCR

**Event 11 Men 75-79 800 LC Meter Freestyle****MSR: 16:05.75 M**

1	40518 IAZ	Liu, Wing Chiu	75	*TM	16:15.00	16:46.33
2	23297 IAZ	Chan, Shing Chi	75	LTS	18:00.00	18:01.12
3	09891	Wong, Chiu Shun	76	SFC	21:00.00	18:56.95
4	06274	Wong, Yau Chuen	77	SFC	17:36.00	19:57.42

**Event 12 Women 18-24 800 LC Meter Freestyle****MSR: 10:22.03 M**

---	38175 IAZ	Leung, Ka Yi	19	THS	14:00.00	SCR
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**Event 12 Women 25-29 800 LC Meter Freestyle****MSR: 10:50.58 M**

1	08727 B	Hung Yuen Ching, Moose Cull	27	NWC	13:00.00	12:14.41
2	29564 IAZ	Ng, Wai Ying Megan	27	FFA	NT	13:20.25
3	49513 IAZ	To, Yan Wing	27	#CR	16:00.00	13:38.03
4	47460 IAZ	Mak, Cheuk Lam	28	NWC	16:00.00	14:48.39

**Event 12 Women 30-34 800 LC Meter Freestyle****MSR: 10:53.53 M**

1	38126 IAZ	Lee, Wai Sze	34	NWC	11:30.00	10:57.92
2	06577 IBZ	Leung, Wei Yan	33	SFC	14:10.00	13:14.80
3	06608 B	Shek, Yan Sin	30	NWC	16:00.00	13:40.73

**Event 12 Women 35-39 800 LC Meter Freestyle****MSR: 9:48.87 M**

1	50189 @ICO	Yung, Li Ling	38	#FL	12:10.00	12:07.19
2	46294 ICX	Lin, Shengzhu	35	NWC	16:00.00	13:34.15
3	07651 IBZ	Yu, Sze Wai Joyce	35	HKP	14:00.00	14:15.74
4	43489 @IAXN	Wehl Kwok, Hiu Chin June	37	LRC	15:20.00	14:54.28

**Event 12 Women 40-44 800 LC Meter Freestyle****MSR: 9:42.82 M**

1	49442 IAZ	Chan, Yuk Man Phoebe	44	SFC	17:40.00	11:29.37
2	45041 IAZ	Fung, Cheuk Ching Candy	41	HFS	16:10.30	16:12.15
3	49790 IAZ	Chan, Wing Sze Vincy	40	PSC	16:00.00	19:29.60

**Event 12 Women 45-49 800 LC Meter Freestyle****MSR: 10:54.55 M**

1	46247 @IAO	Krkalo, Shauna Kathleen	45	LRC	12:00.00	11:13.80
2	06315	Chan, Sui Yee	47	LRC	14:32.04	14:46.17
3	19353 IAZ	Poon, Yee Jane	45	HKP	14:30.00	15:58.16
4	33017 IAZ	Ngan, Oi Sze	46	SFC	19:16.00	17:34.76
---	45139 IAZ	Tai, Kwan Yee	46	HFS	16:02.00	SCR

**Event 12 Women 50-54 800 LC Meter Freestyle****MSR: 11:48.01 M**

1	28770 IAZ	Cromwell, Nicole Samantha	51	LRC	NT	12:45.35
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**Long Course MS Swimming Competition Part 1 - 26/Mar/2023****Results****(Event 12 Women 50-54 800 LC Meter Freestyle)**

2	38302 IAZ	Cheung, Man Ling Melody	51	LTS	15:00.00	13:38.17
3	31395 IAZ	Chan, Pui Ling	53	FFA	NT	15:00.93
4	35969 IAX	Wang, Ying Lian	51	TSA	17:00.00	16:03.84
5	40912 IAZ	Ng, Yee Ling	52	THS	18:19.00	16:14.56
6	06349	Ip, Oi Wa Wendy	51	SFC	19:00.00	16:34.92
---	48201 IAZ	Poon, Nga Yi	50	THS	20:30.00	SCR

**Event 12 Women 55-59 800 LC Meter Freestyle****MSR: 12:32.89 M**

1	43083 ICO	Allard, Christine Skowronski	57	HFS	16:12.00	13:04.31
2	40907 IAZ	Lai, Shui Nin Ingrid	56	YMC	NT	13:23.64
3	12894	Lee, Wai Yee Stella	57	HFS	16:02.00	15:04.95
4	23323 IAZ	Tam, Choi Ping Scalene	58	NWC	20:59.00	15:44.00
5	36045 IAZN	Hsu, Ava	56	LRC	16:30.00	15:49.19
6	41911 IAZN	Ng, Kit Man Joanna	58	NWC	20:48.00	22:43.95
---	32334 IAON	Mccarroll, Jessica Lee Templ	58	#FB	NT	NS

**Event 12 Women 60-64 800 LC Meter Freestyle****MSR: 14:45.69 M**

1	06113	Dudok Van Heel, Jane	62	LRC	14:02.80	15:06.16
2	36225 IAX	Li, Wai Kam	61	SGC	16:00.00	15:39.88
3	31750 IAZ	Cheung, Lai Ying Anita	60	LTS	21:00.00	17:18.13
---	26049 IAZ	Kirkwood, Tain Mhaira	60	LRC	13:00.00	NS
---	20640 IAZ	Wong, Fung Yee	63	SFC	20:00.00	SCR

**Event 12 Women 65-69 800 LC Meter Freestyle****MSR: 13:11.38 M**

1	03503	Castka, Gillian Hancer	67	SFC	15:30.00	15:21.15
2	19290 IAX	Tseung, Nga Wah	66	SFC	19:16.00	15:45.71
3	06355	Lo, Lai Yung	68	NWC	19:30.00	15:52.21
4	43980	Zhang, Jun	65	NWC	20:59.00	20:24.83

**Event 12 Women 75-79 800 LC Meter Freestyle****MSR: 21:40.55 M**

1	06357	Suen, Ming Chu	75	SFC	22:00.00	17:34.92 M
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